



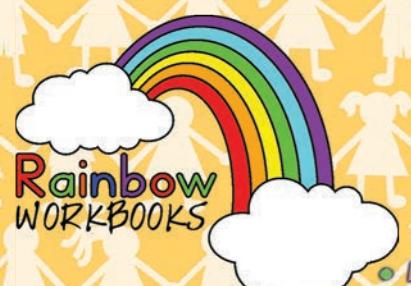
Ezi ncwadi zilungiselelwe abantwana baseMzantsi Afrika phantsi kwephiko loMphathiswa weMfundu esisiSeko uNksk. Angie Motshekga kunya noSekela Mphathiswa weMfundu esisiSeko uMnu. Enver Surty.

UNksk. Angie Motshekga,  
uMphathiswa wemfundu  
esisiSeko



UMnu. Enver Surty,  
uSekela Mphathiswa  
wemfundu esisiSeko

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LIFESKILLS IN ISIXHOSA

GRADE 1 – BOOK 1

TERMS 1 & 2

ISBN 978-1-4315-0232-5

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neCAPS

## Ibanga loku-



# Izakhono zoBomi NGESIXHOZA

Incwadi yoku-  
Ikota 1&2



Incwadi zokusebenzela ezifumaneka kolu  
thotho lweencwadi:

- Ilitherasi/Uliwimi Lweenkobe Amabanga 1 – 6  
(Ngazo zonke iilwimi ezisemthethweni)
- IMathematika Amabanga 1 – 3  
(Ngazo zonke iilwimi ezisemthethweni)
- IMathematika Amabanga 4 – 9  
(NgesiNgesi nesiAfrikaans)
- Izakhono zoBomi Amabanga 1 – 3  
(Ngazo zonke iilwimi ezisemthethweni)

Igama:

Iklasi:



**basic education**

Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA



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Iholide kaZweloneke yeloMzantsi Afrika:

Usuku olubarulekileyo lokukhumbuza amaJuda:

Usuku olubarulekileyo lokukhumbuza ama-Islam:

Usuku olubarulekileyo lokukhumbuza ama Bahá'í:

Iintsuku zeHlabathi jikele zaMazwe Amanyeneyo:

# Ibanga loku-

1

Izakhono zoBomi  
**NGESIXHOSA**  
Incwadi yoku-I



Le ncwadi yeka:

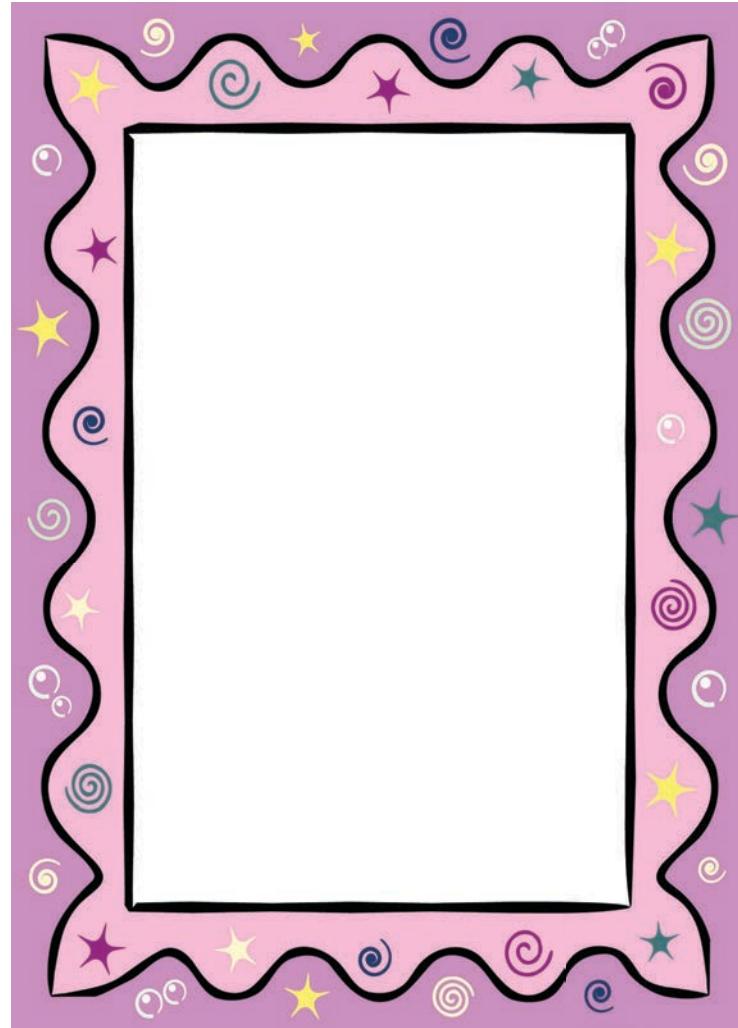


# Malunga nam

Ikota yoku- - I'veki yoku- - Iphoepha lomsebenzi loku-



Ncamathelisa ifoto yakho  
okanye zizobe apha.



Idilesi yasekhaya:

---



---



---

Ndiyalwazi usuku lwam lokuzalwa.

ewe	andiqinisekanga	hayi
-----	-----------------	------



Igama lam ndingu



Ifani yam ngu

Ndineminyaka e \_\_\_\_\_  
ubudala.

Siba \_\_\_\_\_ ekhaya.

Inombolo yefowuni  
yasekhaya ngu:

---





Masizobe



UJoo uyincutshe kwibhola ekhatywayo.



Zoba into oyincutshe kuyo.



Xeleta abahlobo bakho ukuba uyincutshe entweni.  
Emva koko fakela umbala kwinkwenkwezi ekwibhokisi  
echanekileyo ubonise into okwaziyo ukuyenza.

Masithethe



Ndiyakwazi ukufunda.



Ndiyakwazi ukuzinxibisa.



Ndiyakwazi ukubhala  
igama lam.



Ndiyakwazi ukujayiva.



Ndiyakwazi ukwenza iti.



Ndiyakwazi ukuxukuxa  
amazinyo am.

Teacher:  
Sign:  
Date:

# Imibala nokujayiva

Ikota yoku - I veiki yoku - I - Iphephä lomsebenzi lesi -



Masenze

Uyayazi le mibala?  
Xeleta umhlobo wakho  
amagama ale mibala.



Fakela umfanekiso ngamnye umbala ochanekileyo.

Ibhanana emthubi	Iapile elibomvu	Ijezi ezuba
Isambrela esimibalabala	Iorenji eorenji	Igqabi eliluhlaza



Masishukume

Phambi kokuba nenze umsebenzi phandle, zoluleni okwekat. Oku kuza kwenza ukuba imizimba yenu ishukume lula. Kufuneka nizolule kwakhona emva komsebenzi ukuze nizipholise nomzimba ukhululeke. Oku kuya kunceda umzimba wakho ungabi nemikhinkqi. Linganisa aba bantwana ke ngoku.



Cula ingoma ethi "Intloko namagxa" ngeli xa:

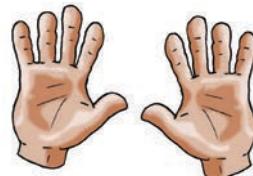
- wenza ngathi udlala igubu.
- wenza ngathi udlala ikatari.





Masonwabe

Qhwaba izandla kwezi patheni.



# Qhwaba Qhwaba Qhwaba Qhwaba



## Qhwaba

## Qhwaba

## Qhwaba



# Qhwaba Qhwaba Qhwaba Qhwaba

## Qhwaba

## Qhwaba

## Qhwaba



Masenze

Uyakwazi ukwenza ezi zinto? Bonisa abahlobo bakho.

Ndiyakwazi ukubaleka ndiye kumacala ahlukeneyo ndingakhange ndigile mntu.			
Ndiyakwazi ukutsiba ugqaphu.			
Ndiyakwazi ukuqengqela umhlobo wam ibhola enkulu.			



# Sonke sibalulekile



Jonga umfanekiso uze uxelele  
umhlobo wakho malunga nomahluko  
ophakathi kwaba bantwana.



## Enkulu nencinci

Abanye bethu bakhulu, abanye bethu bancinci.

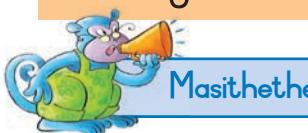
Abanye bethu bade, abanye bafutshane.

Abanye bethu bayakwazi ukutsiba abanye bakwazi ukucula.

Sonke kukho into esikwazi ukuyenza kakuhle.

Yintoni okwazi ukuyenza kakuhle?

Abanye bethu bakhulu.



Xeleta umhlobo wakho ukuba waziva njani  
ngosuku lwakho lokuqala esikolweni.



wawonwabile	wawulusizi	wawuchwayitile	wawunomsindo	wawuneentloni



Zoba umfanekiso ubonise **indlela onokuziva ngayo** xa umntu ekupha into yokudlala entsha. Bhala indlela oziva ngayo kwisithuba esingezantsi.



## Masithethethe

Xeleta umhlolo wakho okwenzeka kumfanekiso ngamnye.

Chaza ukuba ubunokuziva njani ukuba ezi zinto bezinokwenzeka kuwe?

Phawula ubuso obuchanekileyo.



Inkwenkwe endala  
ithatha izinto zakho.

wonwabile	uchwayitile	ulusizi

Wena nomhlolo wakho  
nidlala kunye.

unomsindo	wonwabile	uyoyika



Uvula isipho.

uyoyika	uchwayitile	uneentloni

Umnakwenu okanye  
udade wenu waphula  
into yakho yokudlala  
oyithandayo.

uneentloni	uyavuya	unomsindo



## Masenze

Gximfiza umnwe wakho kwibhokisi yokuqala, yitsho kumhlolo wakho  
agximfize owakhe umnwe kwenye ibhokisi.

Ubusazi ukuba akukho namnye ehlabathini  
onomnwe ofana nowakho? Ubaluleke  
kangangokuba mnye kuphela **uwena**  
ehlabathini. Namawele akanaminwe ifanayo.

--	--

Uyabona ukuba imigximfizo  
yeminwe yahlukile?



# Sonke sahlukile

Ikota yoku-1 – Iweki yesi-2 – Iphepha lomsebenzi lesi



Jonga aba bantwana.  
Bafana njani?  
Bahluke njani?



Jonga umfanekiso uze ucinge ngokuba ezi ngxelo **ziyinyani** na okanye **aziyonyani**.  
**Izivakalisi eziyinyani zifake umbala oluhlaza.**  
**Izivakalisi ezingeyonyani zifake umbala obomvu.**



Bonke baneengalo ezi-2  
nemilenze emi-2.



Bonke  
ngamantombazana.

Bonke banxibe izihlangu.



Bonke banxibe iibhulukhwe.

Bonke ngabantwana.



Bonke baneenwele ezinde.



Masizobe

Zizobe kwisikhewu sokuqala. Zoba umhlobo wakho osenyongweni. Wakuggiba jonga imifanekiso uze uchaze ukuba wahluke njani kumhlobo wakho.

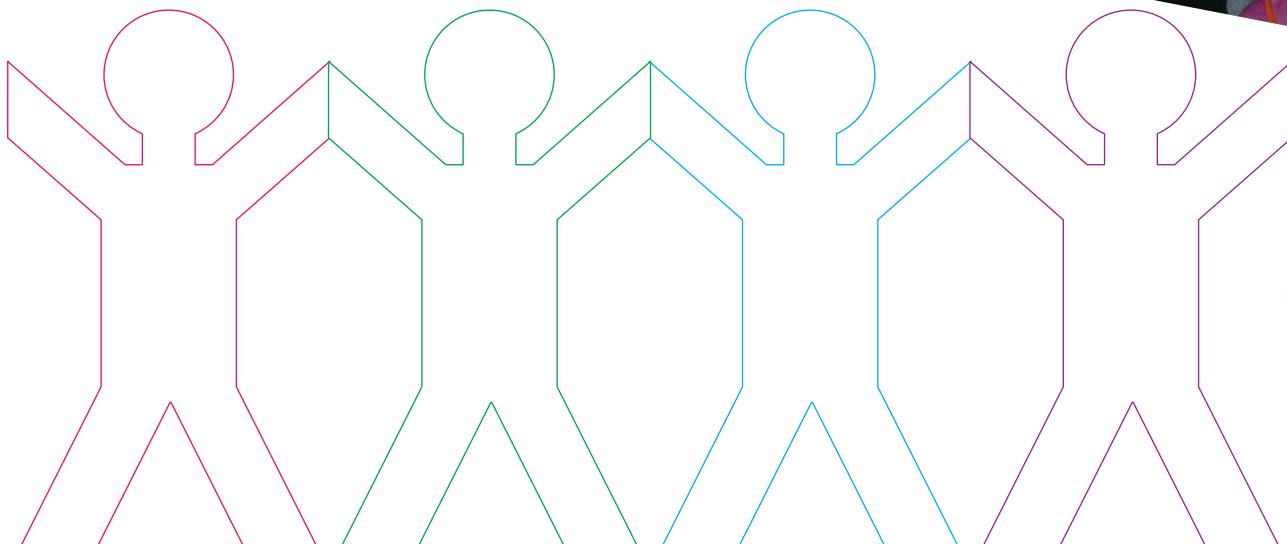


Mna	Umhlobo wam



Masenze

Jonga umfanekiso uchaze ukuba wena nomhlobo wakho nifana njani kwaye nahluke njani. Faka imibala kweli tyathanga lobuhlobo ubonise ukuba umuntu ngamnye wahlukile. Wakuggiba ungalisika eli tyathanga kwicandelo lemisiko elikule ncwadi uze ulihombise.



Teacher:  
Sign:  
Date:

# Masicengceleze

Ikota yoku - I - Iweki yesi - 3 - Iphepha lomsebenzi lesi

Masenze

Phambi kokuba wenze isicengcelezo, yenza le mithambo.  
Bizela umphefumlo kakhulu uze uwukhuphe kancinci. Yenza  
ngathi uvuthela amakhandlela ekeyiki yosuku lokuzalwa kwakho.  
Yenza ngathi uyagodola, uze uthi "Brrrrrrrrrrrr"



## Iinkawana ezintlanu

Iinkawu ezintlanu zakhwel' ebhedini,  
Yawa enye yathi ngqu ngentloko,  
Mama biz' ugqirha, wathi ugqirha  
"Hay' hay' hayi, iinkawu azikhwel' ebhedini!"

Iinkawu ezine zakhwel' ebhedini,  
Yawa enye yathi ngqu ngentloko,  
Mama biz' ugqirha, wathi ugqirha,  
"Hay' hay' hayi, iinkawu azikhwel' ebhedini!"

Iinkawu ezintathu zakhwel' ebhedini,  
Yawa enye yathi ngqu ngentloko,  
Mama biz' ugqirha, wathi ugqirha,  
"Hay' hay' hayi, iinkawu azikhwel' ebhedini!"

Iinkawu ezimbini zakhwel' ebhedini,  
Yawa enye yathi ngqu ngentloko,  
Mama biz' ugqirha, wathi ugqirha  
"Hay' hay' hayi, iinkawu azikhwel' ebhedini!"

Inkawu enye yakhwel' ebhedini,  
Yaw' ebhedini yathi ngqu ngentloko,  
Mama biz' ugqirha, wathi ugqirha,  
"Hay' hay' hayi, iinkawu azikhwel' ebhedini!"



### Masizobe

Zoba ubuso bakho.

Bonisa amehlo, iindlebe, impumlo, umlomo kunye neenwele.

Xeleta umhlobo wakho indlela okhangeleka ngayo.



### Masishukume

Yenza ibala lemiqobo  
elifana neli ngaphandle  
eklasini yakho uncediswa  
ngutishala.

Tsiba usuke esitulweni  
uye kwesinye.

Khasa phantsi kweetafile.



Teacher:
Sign:
Date:

# Ndiyazingca ngesikolo sam

Ikota yoku - I - Iweki yesi - 4 - Iphēpha lomsebenzi lesi -



Masenze

Zizobe unxibe iyunifomu  
yesikolo. Bhala iimpendulo  
ezishiyiwego.

Ndifunda kwisikolo

i \_\_\_\_\_.

Igama likatitshala wam

ngu \_\_\_\_\_.

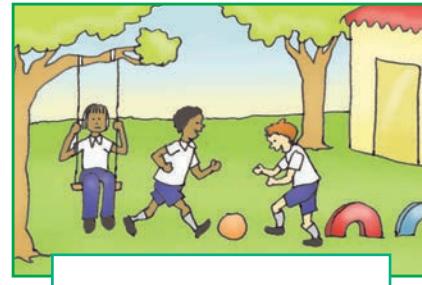
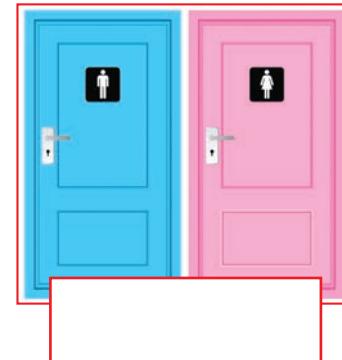
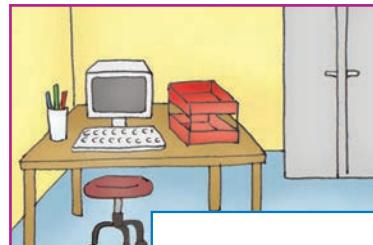
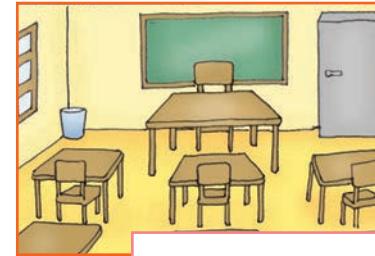
Inqununu yesikolo

ngu \_\_\_\_\_.



Masibhale

Jonga le mifanekiso.  
Sika ke ngoku igama  
elichanekileyo  
lomfanekiso ngamnye  
uze ulincamathele  
ecaleni komfanekiso.



igumbi  
lempahla

ibala lokudlala

iklasi

iofisi

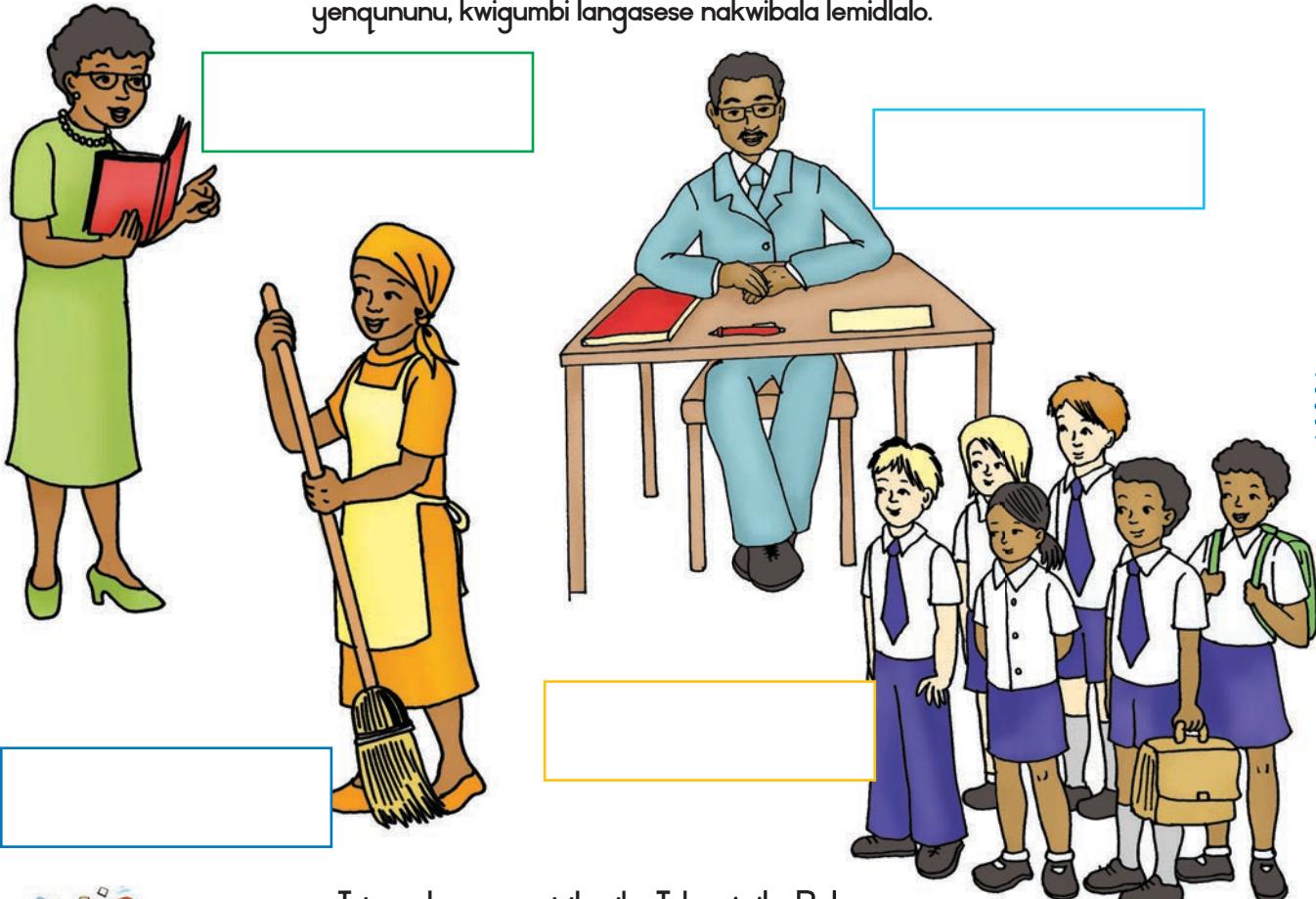
unobhala





### Masibhale

Ngoobani abantu abohlukeneyo abakhoyo esikolweni? Jonga emfanekisweni uze uthethe malunga nokuba bangoobani na nokuba benza ntoni na. Wakugqiba sika igama elichanekileyo elisezantsi ephepheni uze ulincamathelese ecaleni komfanekiso ngamnye. Chazela umhlobo wakho indlela eya kwiofisi yenqununu, kwigumbi langasese nakwibala lemidlalo.



### Masonwabe

Isingxobo seepenisile zika John siwile. Bala ukuba uneekhrayoni ezingaphi, uze ubhale elo nani ebhokisini. Kwpiphepha elilodwa, zoba umfanekiso usebenzise imibala eqaqambileyo, ubonise indlela enidlala ngayo nomhlobo wakho. Yenza isakhelo esijikeleze umfanekiso.



abantwana

umcoci

utitshala

inqununu

Teacher:	<input type="text"/>
Sign:	<input type="text"/>
Date:	<input type="text"/>

# lindawo ezahlukeneyo

Ikota yoku-! – I'veki yesi-4 – Iphephä lomsebenzi lesi-



Masenze

Bonisa umhlobo wakho ukuba uyakwazi:

Ukuzimela phantsi kwento.



Ndizimele phantsi kwetafile.



Ukuzimela emva kwento.



Ukuma ecaleni kwento.

Ukuma phezu kwento.



Masishukume

Sebenzisa ibhola. Yiphose phezulu uyigange. Yibeke entloko uyingcekelele uhambe kancinci. Ngcekelela incwadi uhambe phezu kwepali okanye emgceni ophansi.

Ndiyakwazi ukuphosa.



Ndiyakwazi ukuganga.



Ndiyakwazi ukungcekelela into entloko.





Masishukume

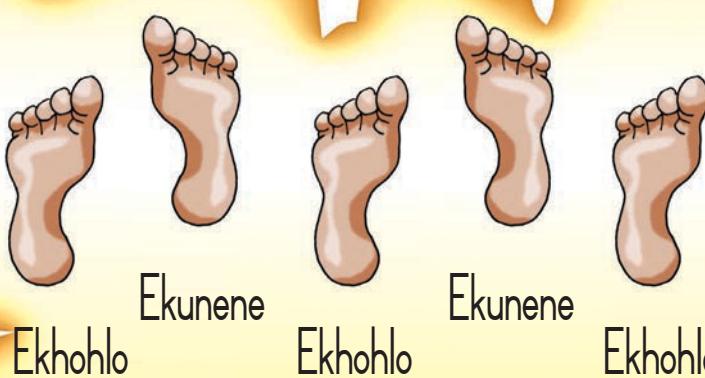
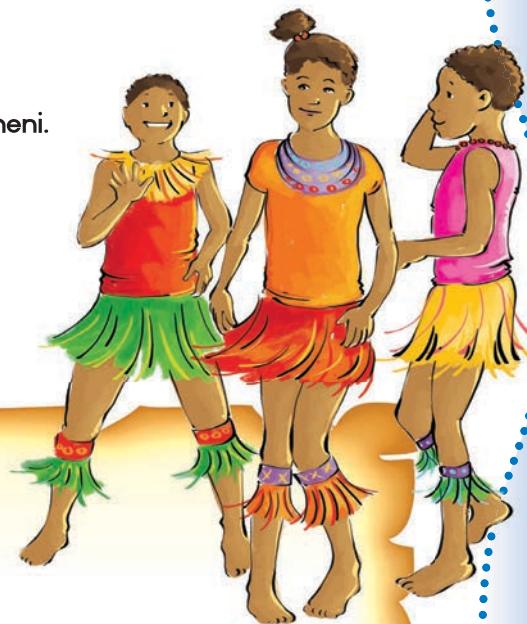
Ngqisha ngeenyawo usebenzisa ezi patheni.



Ekhohlo



Ekunene

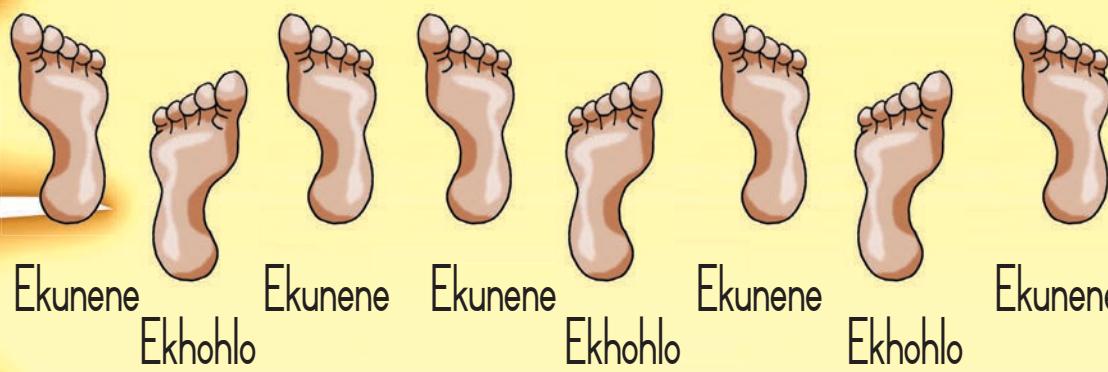


Ekhohlo Ekunene

Ekhohlo

Ekunene

Ekhohlo



Ekunene

Ekhohlo

Ekunene

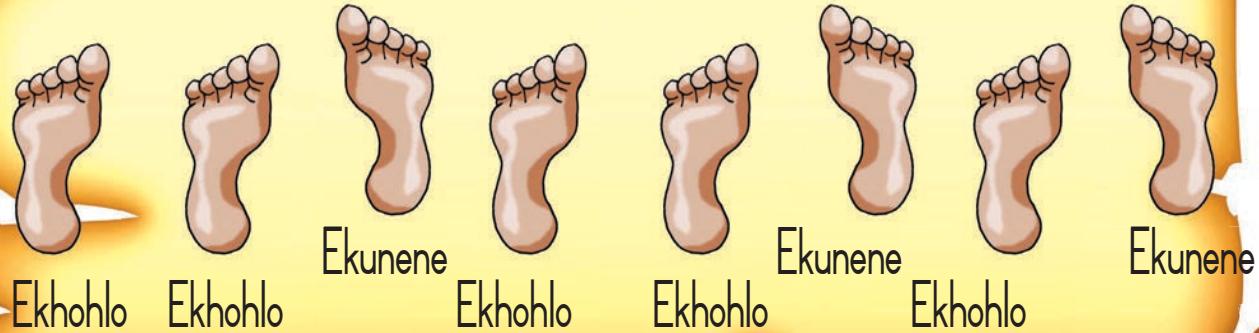
Ekunene

Ekhohlo

Ekunene

Ekhohlo

Ekunene



Ekhohlo

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Teacher:
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Date:

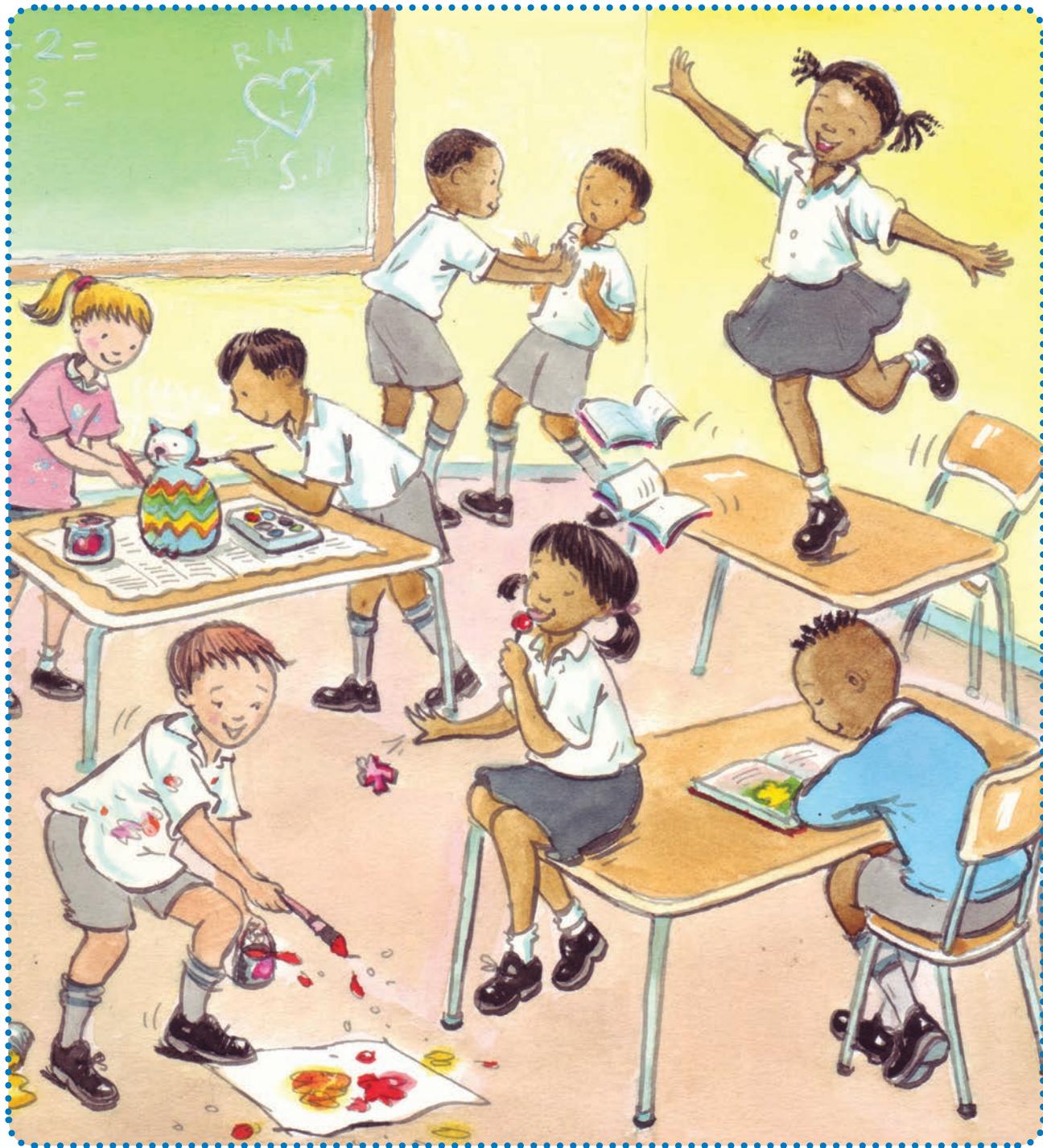
# Igumbi lokufundela



Masithethe

Jongisia lo mfanekiso uze uthethe ngokubonayo.

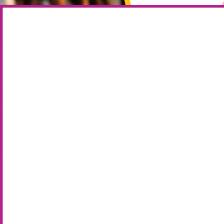
Kule klasi kwenzeka izinto ezintle nezimbi. Ngowuphi umkhwa olungileyo owubonayo? Ngowuphi umkhwa ombi okanye ongalunganga owubonayo?





Masithethe

Yenza uphawu ✓ ecaleni kwayo yonke imikhwa elungileyo no-✗  
ecaleni kwaleyo ingalunganga esenokwenzeka esikolweni.

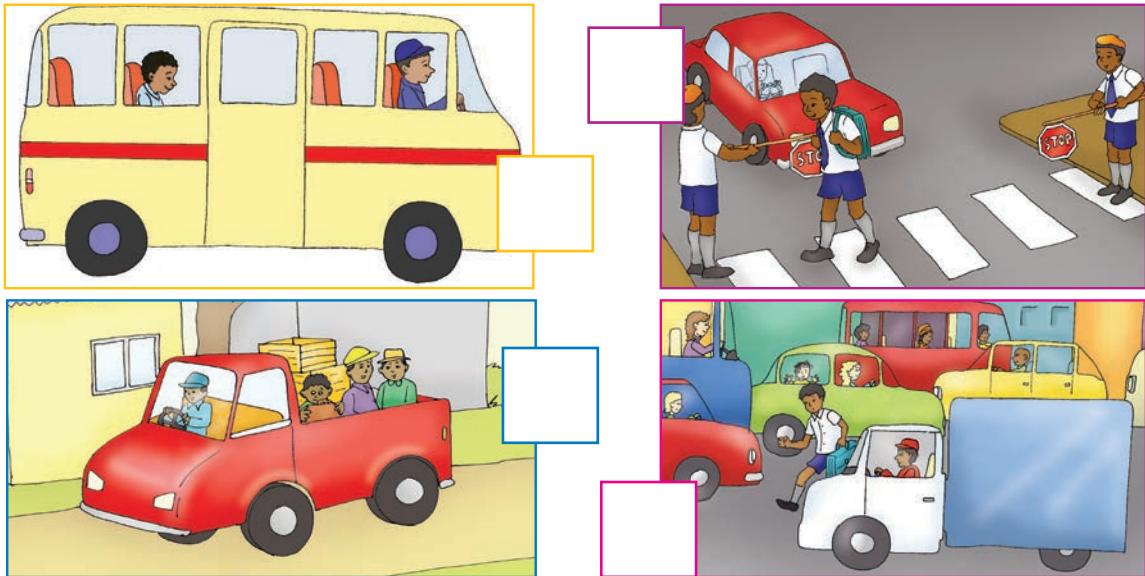


# Indlela esiya ngayo esikolweni



Masithethethe

Uya njani esikolweni ngosuku ngalunye? Ingaba ukhuselekile? Zikhona iindlela ezingakhuselekanga ozaziyo? Ncokola nomhlolo wakho malunga nendlela abaya ngayo esikolweni aba bantwana. Phawula ezo zikhuselekileyo nge ✓ ezingakhuselekanga ngo ✗.



Uya njani esikolweni kusasa?



Masenzenze

Buza abahlolo bakho aba-5 ukuba baya njani esikolweni ngosuku ngalunye. Phawula kule tshathi.

ngeenyawo



ngebhasi



ngemoto



Amagama abahlolo



1

2

3

4

5



Masishukume

Ndiyakwazi ukubaleka goso-goso.

Ewe

Hayi

Ndiyakwazi ukutshintsha indlela xa ndibaleka xa ndiyalelwu ngutitshala ukuba ndenze njalo.

Umhla: .....



Masenze

Zoba umfanekiso obonisa ukuba uya njani esikolweni.



Masishukume

Mamela umculo oza kuwudlalelw ngutitshala.

Shukumisa umzimba uhambelane nesinqi somculo.

Goba amadolo uze wolule imilenze.

Goba amagxa uwahlise uwanyusa.

Jikelezisa izihlahla ziye ekhohlo nasekunene.



Masishukume

Wena nomhlobo wakho phosani ibhola niyigange. Sebenzisa ingalo yakho ebuthathaka xa uphosa ibhola.

Ingaba ndikwazile na ukuphosa ibhola ngengalo yam ebuthathaka?



Masishukume

Dlalani ukuba yikiriva neqabane lakho ofunda nalo.



# Ndizigcina ndicocekile



Kubalulekile ukufunda imikhwa elungileyo usemncinci. Nazi ezinye izinto ekufuneka uzenze ukuze uzigcine ucocekile kwaye usempilweni. Thetha ngomfanekiso ngamnye.



Ndixukuxe.



Ndihlambe izandla emva kokusebenzisa indlu yangasese.



Ndihlambe rhoqo.

## Kufuneka



Ndicoce iinzipho.



Ndosule emva kokusebenzisa indlu yangasese.



Ndihlambe iziqhamo phambi kokuzitya.



Ndisebenzise itshefu xa ndithimla okanye ndifinya.

Umhla: .....



Masibhale

Zeziphi kwezi zinto ezifunekayo ukuze uzigcine ucoekile? Fakela umbala kwiinkwenkwezi ubonise izinto ozisebenzisayo ukuze uzigcine ucoekile. Xela ukuba uyisebenzisa njani into nganye ukuze uzigcine ucoekile.



Phawula nge ✓ ubonise ukuba uyakwazi ukwenza ezi zinto:	ewe	hayi
Ndiyakwazi ukukhwela ileli ekwibala lokudlala.		
Ndiyakwazi ukusebenzisa iindawo zokubambelela ukuze ndiye phambili.		
Ndiyakwazi ukukhasa kwibala lokudlala.		





Ikota yoku-1 – I veiki yesi-6 – Iphepha lomsebenzi le-

# Imikhwa elungileyo



Masifunde

Imikhwa elungileyo yokusebenzisa  
indlu yangasese.

**Khumbula**



Ukuba uyingcolisile indlu yangasese,  
khumbula ukuba uyicoce.



Khumbula ukugungxula  
wakugqiba.



Luvale ucango ngalo lonke ixesha  
usendlwini yangasese.



Musa ukusebenzisa iphepha elininzi.



Hlamba izandla zakho rhoqo emva  
kokusebenzisa indlu yangasese.



Masibhale

Biyela ngesangqa amagama achanekileyo asixeleta ukuba kufuneka sizenze kangaphi ezi zinto zilandelayo.

## Ukuhlamba iinwele zakho.



yonke imihla

kusasa nasebusuku

kabini ngeveki

kanye ngeveki

## Ukuxukuxa.



yonke imihla

kusasa nasebusuku

kabini ngeveki

kanye ngeveki

## Ukuhlamba umzimba wakho.



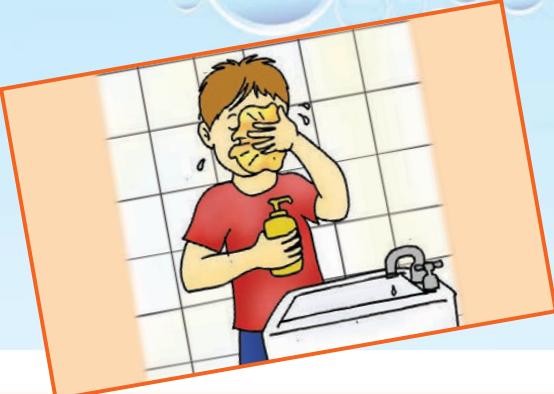
yonke imihla

kusasa nasebusuku

kabini ngeveki

kanye ngeveki

## Ukuhlamba ubuso bakho.



yonke imihla

kusasa nasebusuku

kabini ngeveki

kanye ngeveki

Teacher:	Sign:
Date:	(Signature)

# Ndicocekile

Dlala umdlalo othi "uSimon uthi" kunye notitshala wakho. Funa indawo yakho uhambe ungakhange ugile mntu.  
uSimon uthi "**bamba intloko yakho.**"

Masishukume

Masibonise

Bonisa umhlobo wakho indlela ...

Hlamba izandla zakho.

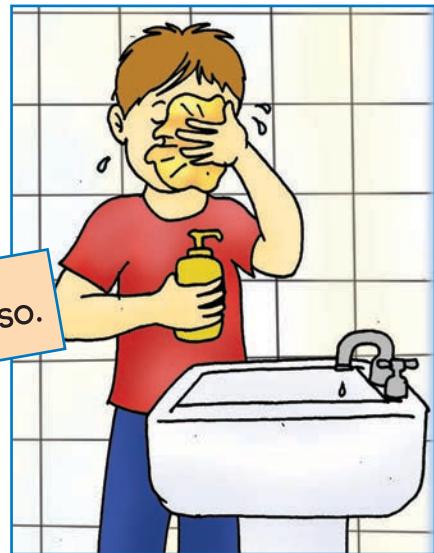


Ozikama ngayo iinwele.



Oxukuxa ngayo.

Ohlamba ngayo ubuso.





# Ndiyakwazi ukuqhwaba izandla

# ndize ndingqishe ngeenyawo

# Ndiyakwazi ukunqwala intloko yam

# ndize ndijiwulise iingalo

# kwaye ndibambe impumlo yam.



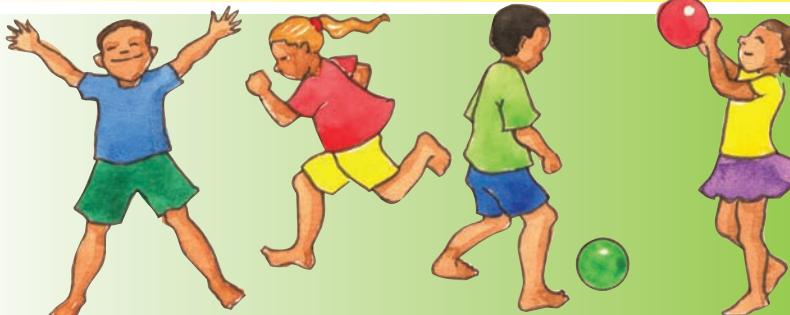
# Imikhwa enempilo



Masifunde

Sifuna ntoni ukuze sihlale siphilile!

**Ukutya  
okunempilo**



**Imithambo  
eyaneleyo**

**Ukuzigcina  
sicocekile**



**Ukuba  
semoyeni  
omtsha**

**Ukulala okwaneleyo  
nokungabukeli  
kakhulu umabonakude!**





Masibhale

Phawula nge ✓ imikhwa enempilo nango ✗ engenampilo.



Teacher:	.....
Sign:	.....
Date:	.....

# Ukucoceka

Ikota yoku-l – Iweki yesi-7 – Iphephä lomsebenzi le-



Masenze

Bonisa indlela ozisebenzisa  
ngayo ezi zinto.



ibrashi yamazinyo



isepha



amafutha ezandla



intlama yamazinyo



ishampu



ikama



ibrashi



ibrashi yeenzipho



iklipa yeenzipho



Masishukume

Bambanani ngezandla nenze isangqa esikhulu.

Phoselanani ngebhola esangqeni.

Yongeza enye ibhola niyiphose nayo.

Yongeza enye ibhola kwakhona niphoselane ngeebhola ezintathu.



Masithetho

Yintoni engacocekanga kweli gumbi?

Kufuneka wenze ntoni ukucoca igumbi?

Benza ntoni abantwana? Kufuneka benze ntoni?



Teacher:	.....
Sign:	.....
Date:	.....

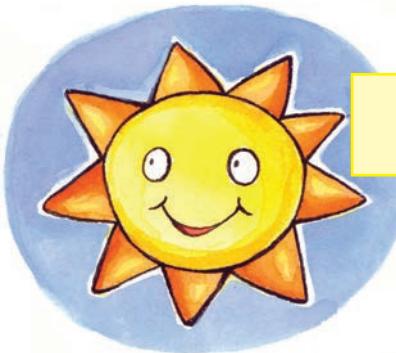
# 15 Imozulu endiyithandayo

Ikota yoku - I - Iweki yesi - 8 - Iphepha lomsebenzi le -

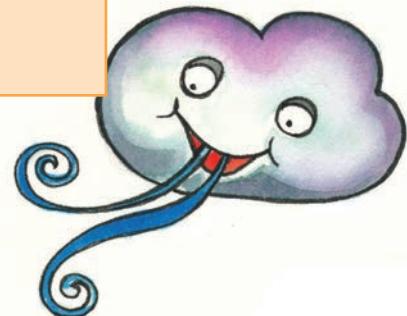


Jonga iintlobo ezahlukeneyo zemozulu uze uchazele umhlobo wakho ukuba yeyiphi eyona mozulu uyithandayo.

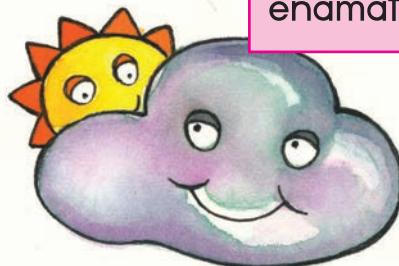
enomoya



enelanga



enemvula



enamafu nebandayo



Kwezinye iindawo kwilizwe lethu kubanda kakhulu kude kuwe ikhephu.

Maxa wambi kubakho umoya omkhulu.

Umoya onamadla kakhulu kuthiwa yinkanyama.



Zizobe usemvuleneni okanye ekhephini.

Zizobe kwiphepha elikhulu ngeekhrayoni zamafutha.

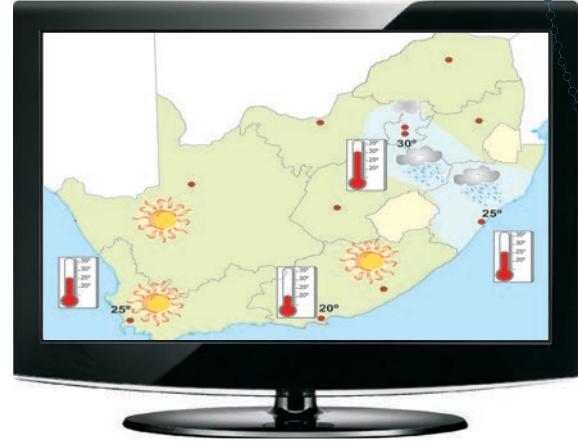
Xuba into yokujika umbala wokutya ezuba namanzi uze ulipeyinte lonke iphepha.

Chithela ipeyinti emhlophe phezu komfanekiso.

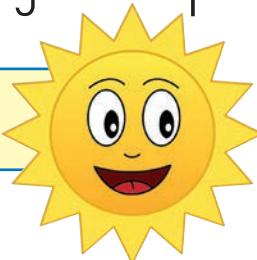


Masifunde

Sisebenzisa itshathi yemozulu ukubonisa ukuba injani na imozulu. Sisebenzisa iimpawu ezithile xa sibonisa iindidi ezahlukeneyo zemozulu. Nazi ezinye zezo mpawu.



enelanga



enenvula



enamafu



enekhephu



Masithethi

Xeleta umhlobo wakho ukuba unxiba iimpahla ezinjani kuhlobo ngalunye lwemozulu.



Masenze

Zoba iimpawu zemozulu uzenzele eyakho itshathi yemozulu yeveki.

Mvulo

Lwesibini

Lwesithathu

Lwesine

Lwesihlanu



Masibhale

Ibinjani imozulu kule veki?  
Fakela amagama angekhoyo.

Namhlanje ku \_\_\_\_\_.

Izolo beku \_\_\_\_\_.

Ndiyathemba ngomso kuza \_\_\_\_\_.

Teacher:
Sign:
Date:

# Imozulu



Masenze

Linganisa iimeko zemozulu ezahlukeneyo.



Vula iingalo zakho phezu kwentloko wenze ngathi ulilifu elikhulu.



Unesambreli sokukukhusela elangeni.



Wangawangisa okomthi uvuthuzwa ngumoya.



Bamba isambreli sakho usiqinise ukuze singemki nomoya ovuthuzayo.



Yenza ingxolo  
yamachaphaza emvula  
esiwa phezu kwendlu.

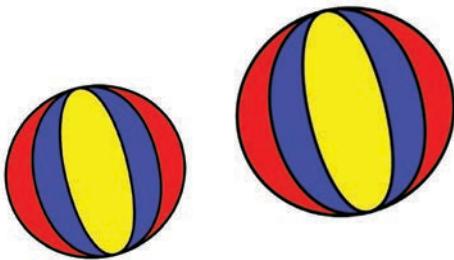




Masishukume

Bambanani ngezandla nenze isangqa esikhulu.

Phoselanani ngeebhola nizigange.



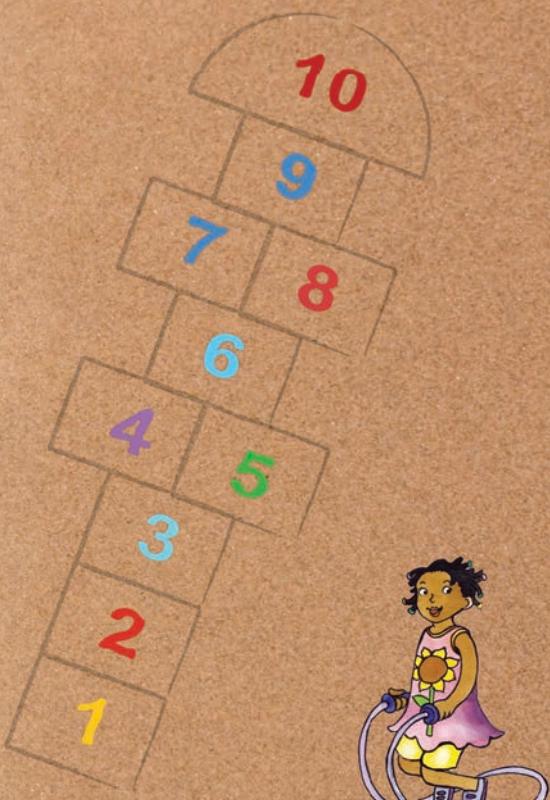
Cinga ngeendlela ezahlukileyo  
zokuhamba phezu kwepali okanye  
ecingweni. Khawubone ukuba  
ungahamba ngendlela eyahlukileyo  
na kunaleyoye yabanye abantwana.



Masonwabe

Dlalani unochesi.

Zoba iibloko kanye  
nezangqa emhlaben.



Masishukume

- Bonisa umhlobo wakho indlela owusebenzisa ngayo ugqaphu.
- Utitshala wakho uza kukubonisa indlela ekudllalwa ngayo imidlalo yemveli.



# Usapho Iwasekhaya



Masithethe

Ubusazi na ukuba iintsapho zahlukile?

Ezinye iintsapho zinkulu ezinye zincinci. Ezinye zinoomama nootata ezinye azinabo. Ezinye iintsapho zihlala noomakhulu nootatomkhulu, oomalume, oomalumekazi kune nabaza.



Jonga le mifanekiso uze uchazele umhlobo wakho indlela ezahluke ngayo ezi ntsapho.

Sebenzisa amagama asebhokisini.

umama

utata

udade

utatomkhulu

umnakwethu

usana

umakhulu

usapho

Ikota yesi-2 – Iweki yoku-l – Iphepha lomsebenzi le-





**Masibhale**

Uhlala nabani kokwenu?



Uhlala nabani kokwenu?

Ekhaya kukho abantu aba \_\_\_\_\_.

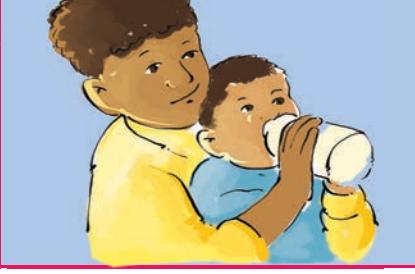
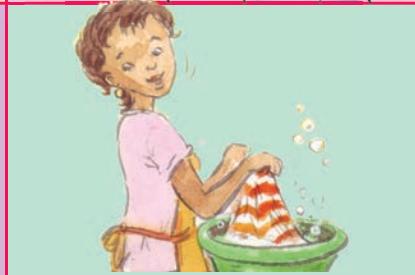
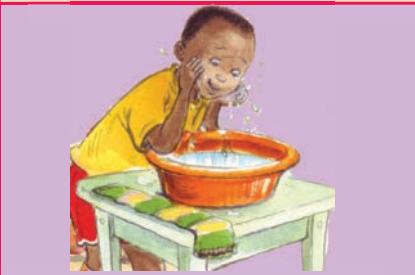
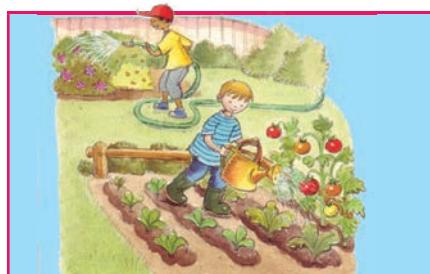
Ngubani oyena mncinci kokwenu? \_\_\_\_\_.

Ngubani oyena mdala kokwenu? \_\_\_\_\_.



**Masithethe**

Sonke sinemisebenzi esiyenzayo emakhaya. Jonga le mifanekiso uze uxele ukuba ngubani owenza le misebenzi kokwenu.



Bhala isivakalisi sibe sinye ngomsebenzi owenze izolo.



# Usapho Iwasekhaya



Masonwabe

Zoba umfanekiso wento eniyenza kunye nilusapho. Xela ukuba ngubani na lowo. Sebenzisa la magama akuncede.

umama

utata

udade wethu

utatomkhulu

umnakwethu

usana

umakhulu

usapho



# Siyakhathalelane



Masifunde

abantu bekhaya elinye bafanele ukuthandana bakhathalelane.  
Ukuthandana sikubonisa ngokwangana, ngokuncedana  
nangokuhlonelana. Kufuneka ...

- sincedane.
- sihloniphane (ngakumbi abantu abadala).
- senze imisebenzi yethu ngexesha.
- sithembeke.



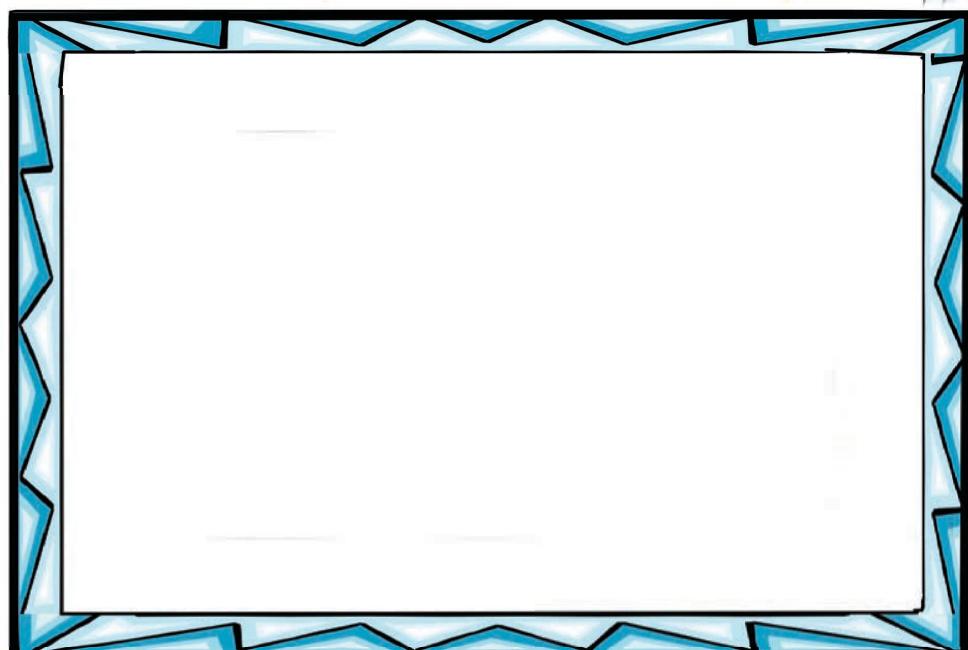
Masithethe

Jonga le mifanekiso uze uxele ukuba aba bantwana babalonisa njani abantu bakwamawabo ukuba babakhathale. Yenza umdlalo ubonise ukuba kwenzeka ntoni kumfanekiso ngamnye.



Masenze

Zoba umfanekiso obonisa ukuba ulukhathalele usapho lwakho. Chazela umhlobo wakho into oyizobileyo.



Teacher:
Sign:
Date:

# Ukubonisa inkathalo

Ikota yesi-2 – Iweki yesi-2 – Iphepha lomsebenzi lama –

Masithethe

Ncokola ngendlela olucedana ngayo olu sapho. Nombola imifanekiso uqale ku-1 uye ku-4 ubonise ukulandelelana kwayo.



Masifunde

Imisebenzi yethu yangokuhlwa.

Umama upheka ukutya.

Utata uhlamba iimbiza.

Mna nomnakwethu sincedisa umama notata.

Sincedisaka kakhulu.

Siqoqosha ubisi nesonka.

Emva koko silungela ukuya kulala.

Utata usibalisela ibali lokulala!





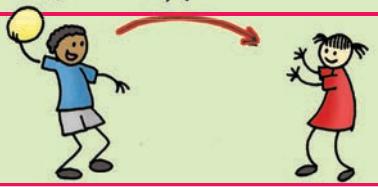
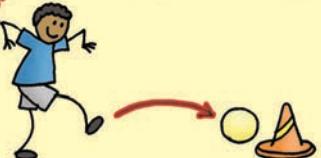
Masenze

Yenzela umntu okukhathalelayo ikhadi. Zoba umfanekiso uze ubhale igama laloo mntu.



Masenze

Ungakwenza oku?

	uyakwazi ukuphosa ibhola ngokuyigqampisela kwiqabane lakho.	ewe	hayi
	uyakwazi ukuphosela iqabane lakho ngesandla.	ewe	hayi
	uyakwazi ukugqampisa ibhola ngamadolo.	ewe	hayi
	uyakwazi ukubetha ibhola iye ngakwibhakana.	ewe	hayi
	ungayikhaba ibhola ubaleka phakathi kwezinto ezibekiweyo.	ewe	hayi
	ungayikhabela kwibhakana ibhola iyibethe.	ewe	hayi



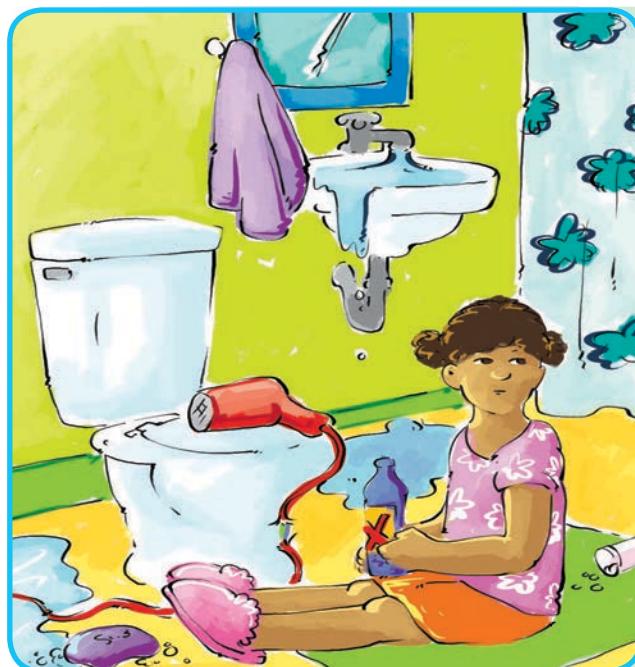
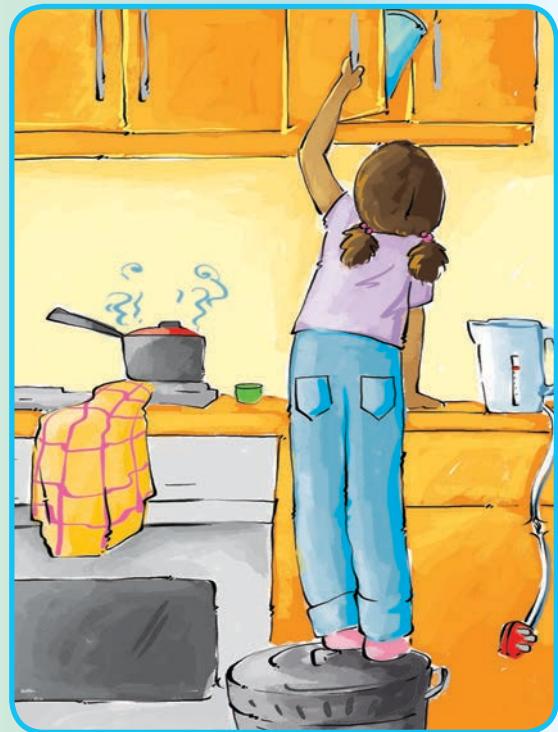
# Ukhuseleko ekhaya nakwindawo elingqongileyo



Kufuneka sizive sikhuselekile ngalo lonke ixesha sisekhaya. Kodwa kukho iingozi ezininzi emakhayeni nakwiindawo eziwangqongileyo. Jonga umfanekiso, uze uncokole nomhlobo wakho ngezinye zeengozi.

## Ekhitshini

- Jika imiphambo yeembiza iijonge ngemva esitovini.
- Musa ukushiya iimela ezibukhali zithe saa.
- Tshixela ipalafini namayeza kwindawo ekhuselekileyo.
- Musa ukushiya izinto zokudlala zithe saa.



## Kwigumbi lokuhlambela

- Musa ukusebenzisa izinto zombane ecaleni kwamanzi.
- Musa ukuzishiya kufutshane namanzi.
- Izikere nezinye izinto ezibukhali zifake ekhabbhathini.
- Sukusebenzisa ibrashi yakho yamazinyo kune nomnye umntu.



## Isichotho nombane

- Ungaze ume phantsi komthi xa kukho isichotho.
- Ungaze ufake nto kwimingxuma yombane esedongeni. Cela umntu omdala akuncede.

## Ngaphandle kwekhaya

- Izinto ezinobungozi ezifana neengceba zebhotile zilahle emgqomeni.
- Musa ukudlala kufutshane nedama lamanzi ngaphandle kokuba kukho umntu omdala.



## Ngaphakathi ekhaya

- Musa ukushiya izinto zokudlala kunye nezinye izinto zithe saa.
- Musa ukudlala ngeparafini okanye ngezinto zokucoca ezinetyhefu.
- Ukuba uqaphele ukuba intambo yeayini okanye yeketile ityekile, cela umama okanye utata wakho ayilungise.





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# Ukhuseleko ngaphakathi nangaphandle ekhaya (2)

Masithethe

Ukuzigcina ukhuselekile

Jonga imifanekiso uze uxele ukuba yeyiphi ebonisa iimeko ezikhuselekileyo iyeyiphi engazibonisiyo. Phawula nge ✓ ezo zibonisa imeko ekhuselekileyo uze uphawule ngo ✗ ezo zibonisa imeko engakhuselekanga. Chaza ukuba kutheni ucinga ukuba bakhuselekile okanye abakhuselekanga.





### Masithethé

Zikhona izinto eziyingozi kokwenu? Ungenza ntoni ngaloo nto? Iityhefu, amayeza nezinto zokucoca ziyingozi kakhulu. Ungaze usele nantoni xa ungayazi ukuba yintoni.



Olu phawu luthetha ukuba kukho into enetyhefu phakathi ebhotileni, ebhokisini okanye etotini. Wakhe walubona olu phawu ngaphambili?



### Masenze

Utitshala wakho uza kukudlalela umculo.



- Shukuma ngokwesingqi somculo.
- Khetha inkokheli. Le nkokheli kufuneka ishukume ngokwesingqi somculo. Abanye mabalinganise le nto yenziwa yinkokheli.
- Yima ngomlenze omnye.
- Yima ngomnye umlenze.
- Ngowuphi umlenze owomeleleyo.
- Beka intambo ende emgangathweni okanye ukrwele umgca. Hamba phezu kwale ntambo okanye emgceni ungaphumi endleleni.
- Tshintsha ke ngoku ukumila kwentambo okanye umgca uze uhambe ecaleni kwawo ungaphumi endleleni.



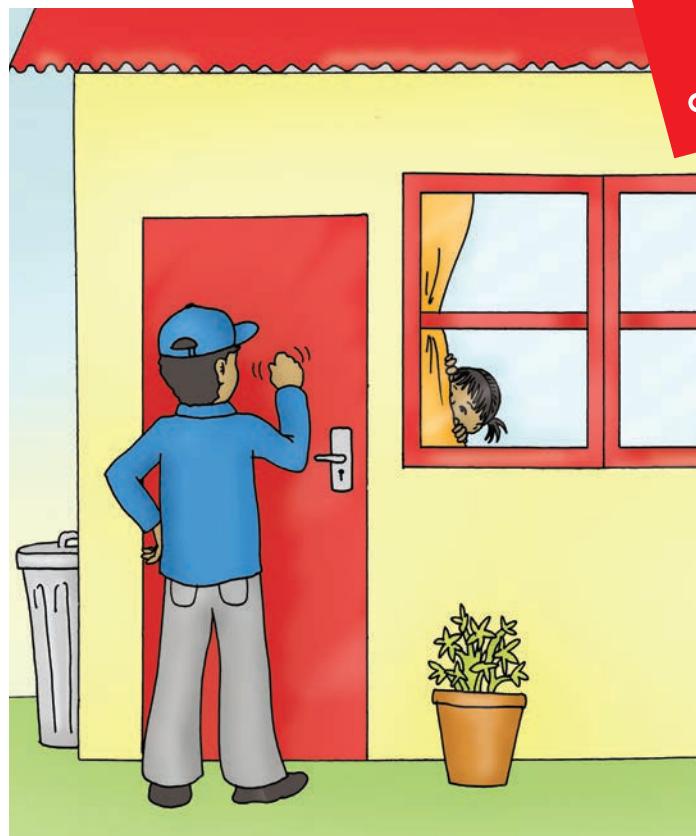
# Ukhuseleko xa ndindodwa ekhaya



Masithethe

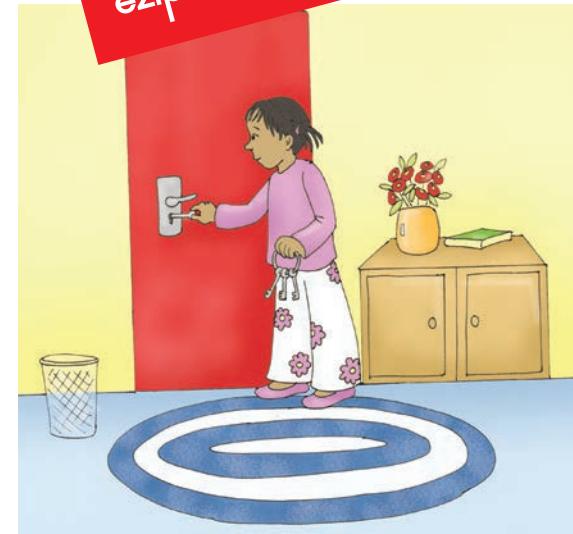
Ufundu ngezinto ezinokwenzakalisa ekhaya nakwindawo ekufuphi. Ungazigcina njani ukhuselekile xa uwedwa ekhaya?

Xa uwedwa ekhaya ungenza ezi zinto ukuze uhlale ukhuselekile.



Musa ukuvulela abantu ongabaziyo.

Tshixa zonke iingcango eziphumela ngaphandle.



- Qinisekisa ukuba uyzazi iinombolo zefowuni zabazali bakho kanye nabantu abahlala kufuphi nani.
- Bhala iinombolo ezibalulekileyo ulungiselele umhla ngengxaki.



**Masibhale**

Zenzele olwakho uluhlu lweenombolo ezibalulekileyo.

Amapolisa:



Abacimi-mlilo:



Iambulensi:



Inombolo yeselula kamama:

Inombolo yeselula katata:

Ngubani omnye umntu onokumfowunela xa ufunu uncedo?

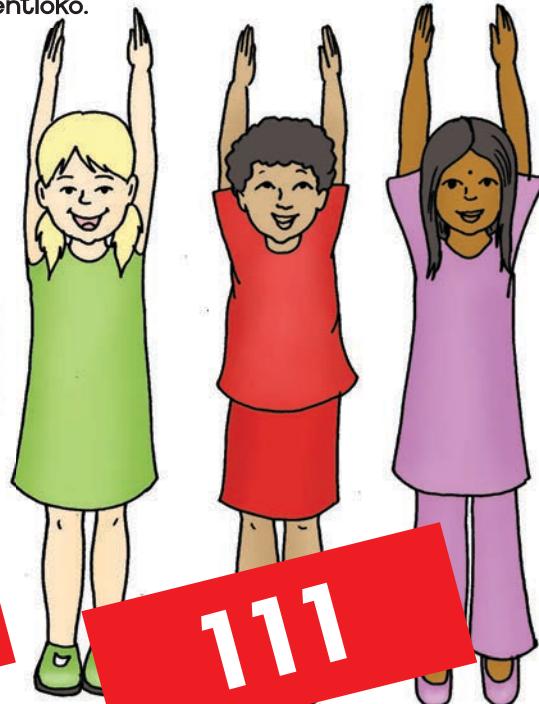
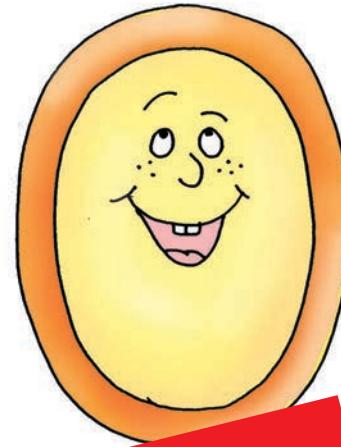




24  
Ikota yesi-2 - Iyeki yesi-4 - Iphepha lomsebenzi lama -  
Masithethe

# Enye into onokuyikhumbula

Nantsi indlela elula yokukhumbula inombolo yefowuni yamapolisa.  
Jonga umfanekiso uze uxelele umhlolo wakho ukuba ikunceda njani  
imifanekiso ekukhumbuleni iiinombolo. 10111 yinombolo yamapolisa.  
Yibize amatyeli ambalwa de uyazi ngentloko.



1

0

111



Masishukume

Bonisa ukuba ubuya kuthini ukuba ubungumntwana okule mifanekiso.



Ubuya kwenza ntoni  
ukuba ubuleqwa ngumntu  
ongamaziyo?



Ubungathini ukuba  
ubuncedisa umama wakho  
ukwenza ikeyiki?



Ubuya kuthini ukuba  
ubumi phezu kweglasi  
eyaphukileyo?



Masenze

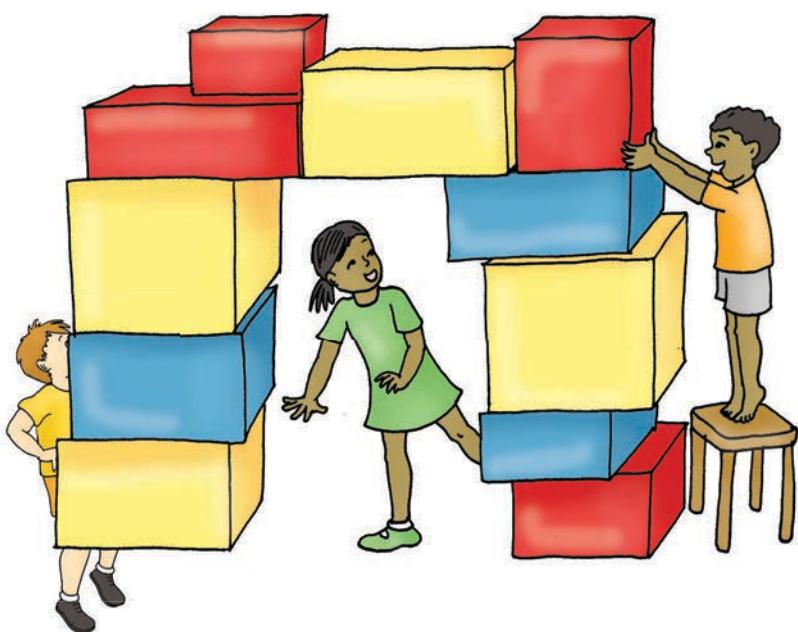
Zama ukuzakhela  
eyakho indlu.

- Funa iibhokisi zekhadibhodi ezindala uze uzakhele iindonga kunye nophahla.
- Dibanisa iibhokisi ngesinamathelisi.  
Wakube uyigqibile indlu yakho, yiheyinte.
- Ukuba akuyifumani ikhadibhodi, sebenzisa enye into kodwa ungasebenzisi iglasi okanye itoti okanye nantoni na enokukwenzakalisa.



Masishukume

Phosa ibhola emoyeni  
uze uyibambe ngesandla  
sakho esibuthathaka.



Ncedisa utitshala wakho  
nikhuphele ngaphandle kweklasi  
izitulo, iitafile kunye neebhokisi.

Khwela ezitulweni, ezitafileni  
nasezibhokisini, khasa  
ngaphantsi kwazo uphinde  
utsibe phezu kwazo.

Khawuzame ukuma  
ngonyawo olunye esitulweni.



Teacher:  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_



# Umzimba wam



Masibhale

Bhala amagama kwizikhewu ezichanekileyo.

umlenze

isandla

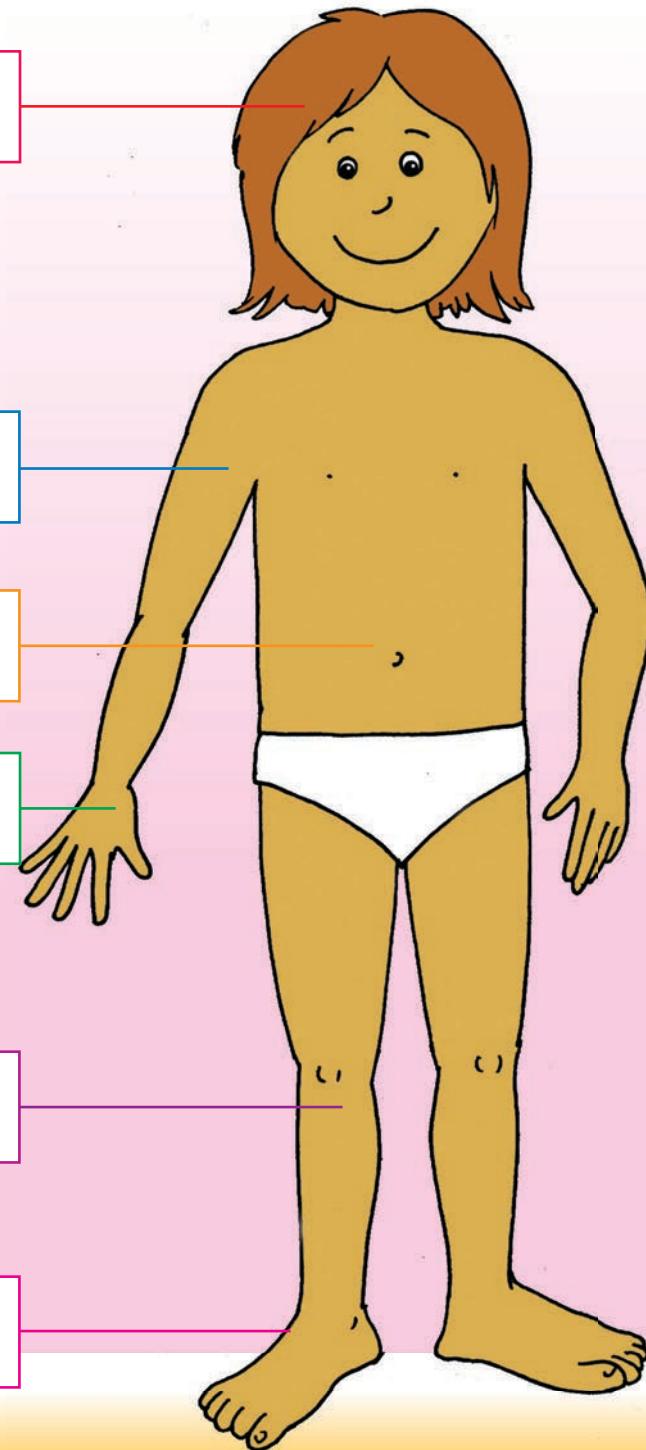
intloko

isisu

unyawo

ingalo

Ikota yesi-2 - Iyeki yesi-5 - Iphepha lomsebenzi lama-





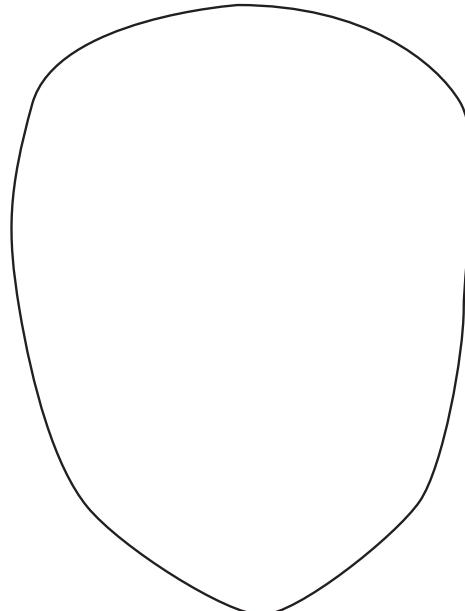
Masizobe

Gqibezela obu buso.

Zoba iinwele. Khuphela obakho ubuso.

Ukuba unamehlo abhrawuni, zoba  
amehlo abhrawuni. Ukuba uneenwele  
ezimnyama zoba iinwele ezimnyama.

Zoba iintshiyi, impumlo nomlomo.



Ubuso lilungu elibalulekileyo lomzimba wakho.

Sonke sinamehlo ama-2.



Sonke sineendlebe ezi-2.



Sonke sinempumlo e-l.



Sonke sinomlomo.



Masicule

Culani ingoma. Bamba ilungu lomzimba wakho njengokuba  
nicula igama lalo.

## Intloko namagxa

**Intloko namagxa, amadolo neenzwane, amadolo  
neenzwane**

**Intloko namagxa, amadolo neenzwane**

**Intloko namagxa, amadolo neenzwane, amadolo  
neenzwane, amadolo neenzwane**



Masishukume

Dlalani umdlalo othi 'USimon uthi...'

Teacher:	Sign:
Date:	

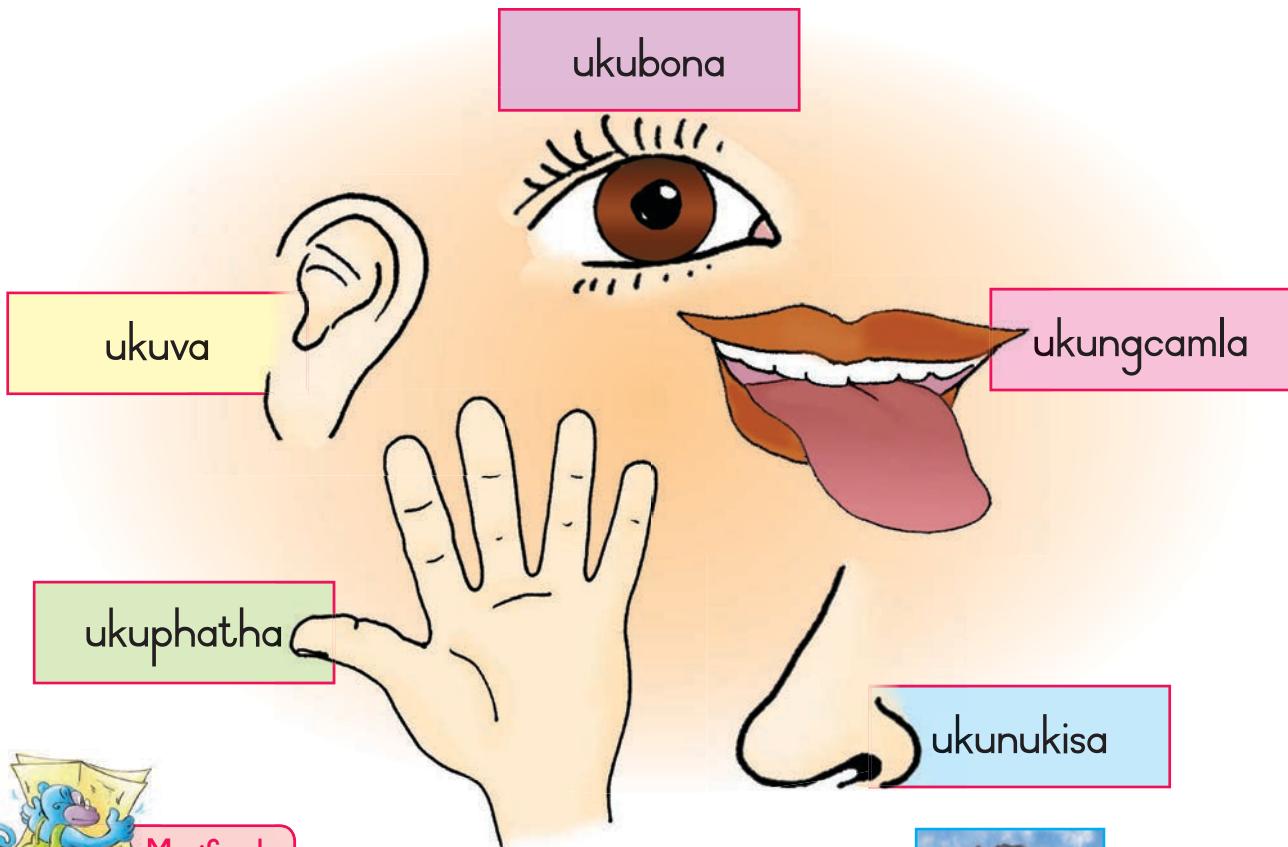
# Izivo zam

Ikota yesi-2 - Ivelki yesi-6 - Iphepha lomsebenzi lama -



Masithetho

Jonga izivo ezahlukeneyo uze uxele ukuba sizisebenzisela ntoni.



Masifunde

Sisebenzisa izivo zethu yonke imihla.

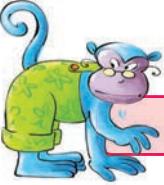
Ukutya siyakunukisa sikungcamle.

Siyakwazi ukuva ukuba luthambe  
kangakanani usiba. Siyasibona  
isibhakabhaka esizuba ehlotyeni.

Siphulaphula umculo.

Izivo zethu zisigcina sikhuselekile. Siyeva xa  
kukho umlilo. Siyeva ukuba isitovu sishushu  
kakhulu. Siyabona xa kungakhuselekanga  
ukunqumla indlela. Siyasiva isandi setsimbi.





Masenze

Ukukhathalela amehlo kunye  
neendlebe zethu.

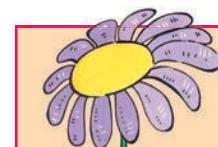
Kufuneka sizikhathalele izivo zethu.

Nazi iindlela ezimbini zokukhathalela  
amehlo kunye neendlebe.



Masibhale

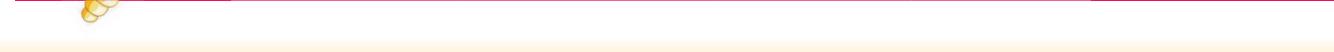
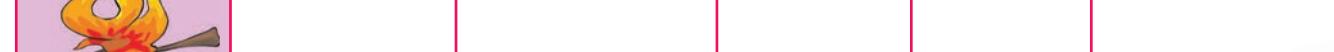
Jonga itheyibhile engezantsi uze uphawule kumga ngamnye isivo okanye  
izivo ozisebenzisayo. Ungaphawula nokuba zingaphi.



ukunukisa	ukungcamla	ukubona	ukuva	ukuphatha



Teacher:  
Sign:  
Date:





Ikota yesi-2 - Iweki yesi-6 - Iphepha lomsebenzi lama-

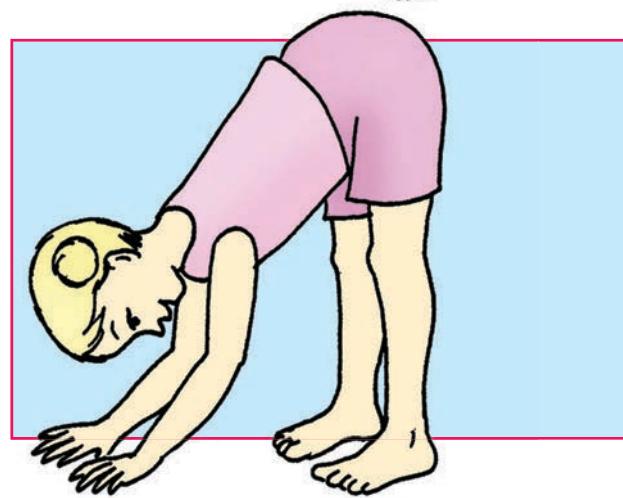


Masithethe

# Ukushukumisa umzimba

Jonga imifanekiso. Kumfanekiso ngamnye xela ilungu lomzimba nokuba likunceda entweni.

Imizimba yethu siyisebenzisela ukushukuma.



Masibhale

Phendula le mibuzo kunye nomhlolo wakho. Emva koko bhala iimpendulo encwadini yakho phantsi kwemibuzo.

Ngawaphi amalungu omzimba owasebenzisa xa uhamba?



Ngawaphi amalungu omzimba owasebenzisayo xa uchola into?



Yenzele phandle

Utitshala wakho uza kukubonisa ukuba idlalwa njani 'impuku nekati'.

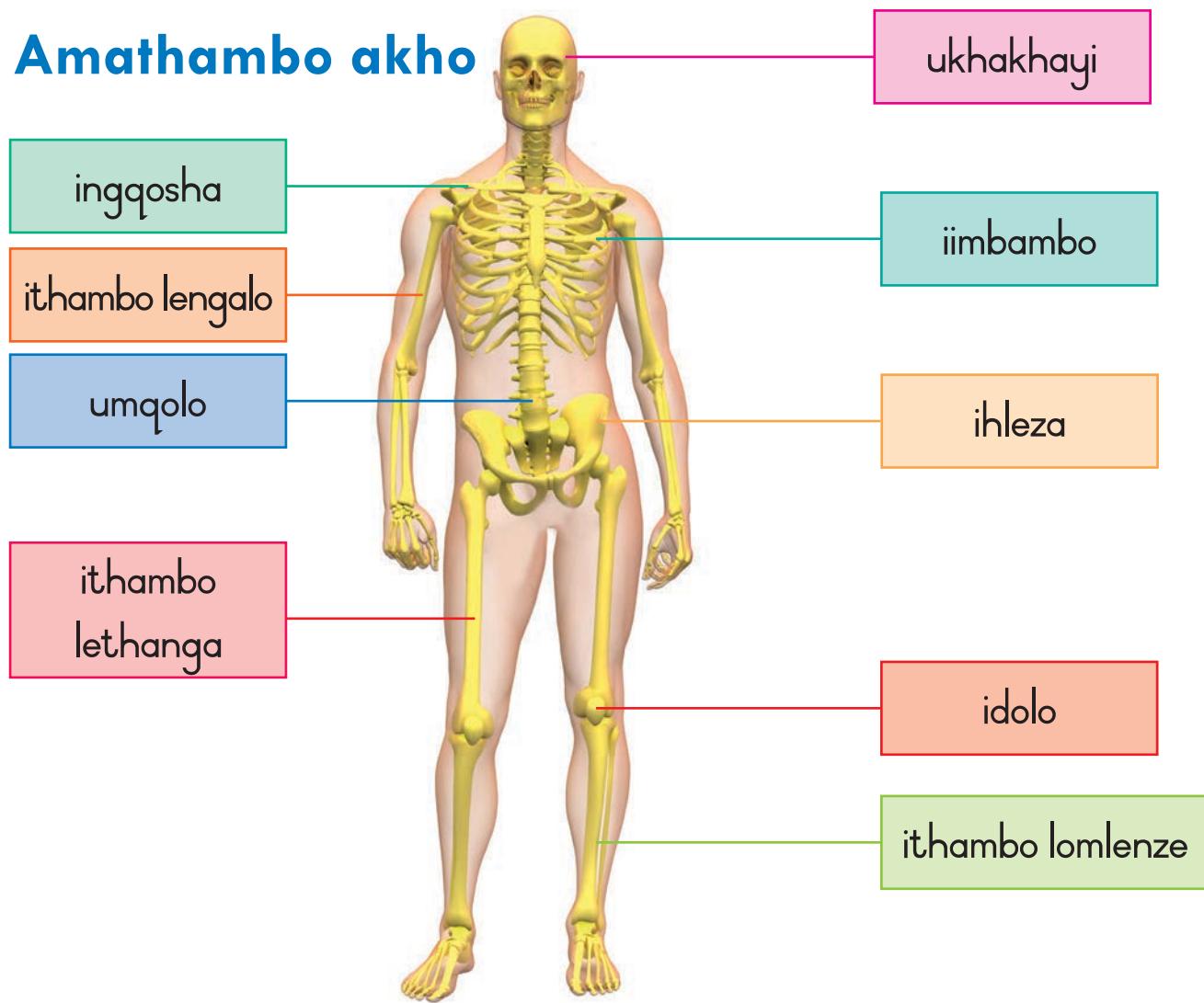




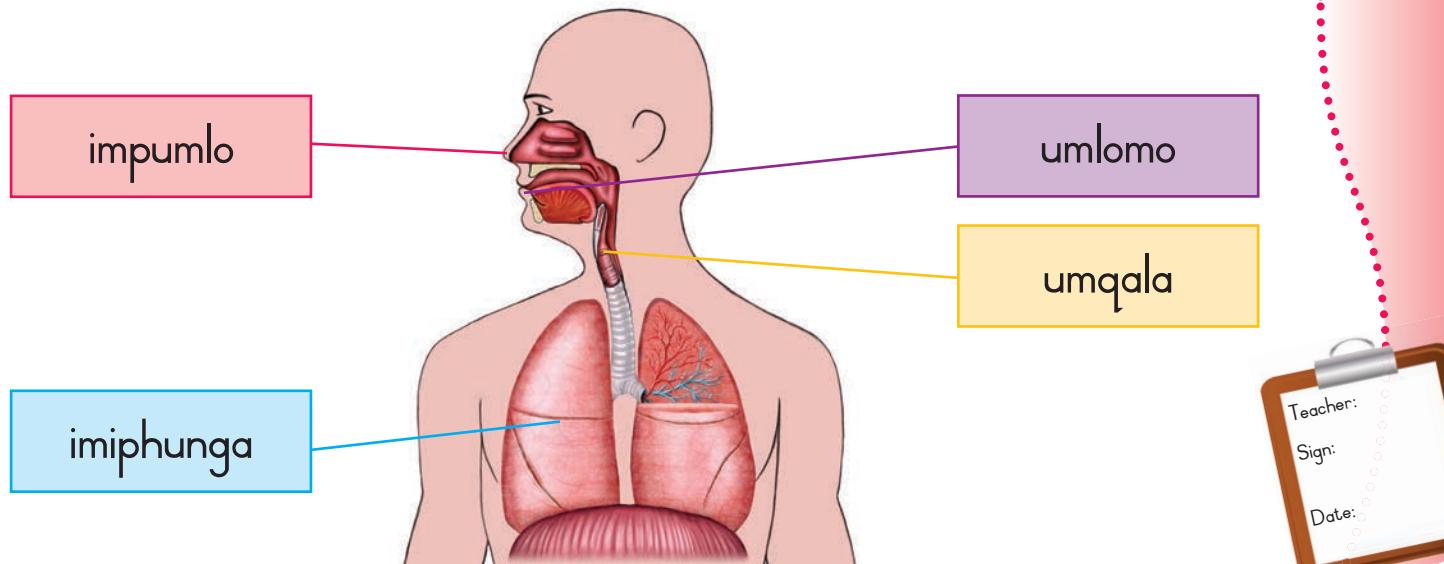
Masifunde

Kukho amalungu omzimba ongakwaziyo ukuwabona.  
Onke ayasebenzisana ukukugcina uphilile.

## Amathambo akho



## Amalungu omzimba akunceda ukuba uphefumle



# Cinga ngokhuseleko

Ikota yesi-2 – Iyeki yesi-6 – Iphepha lomsebenzi lama-



Masithethe

Jonga imifanekiso engezantsi uze uncokole nomhlobo wakho ngenikubonayo.  
Kumfanekiso ngamnye yitsho ukuba ungahlala njani ukhuselekile.



Ubona umhlobo wakho ngapha kwendlela.



Ulinde wedwa esitopini sebhasi.

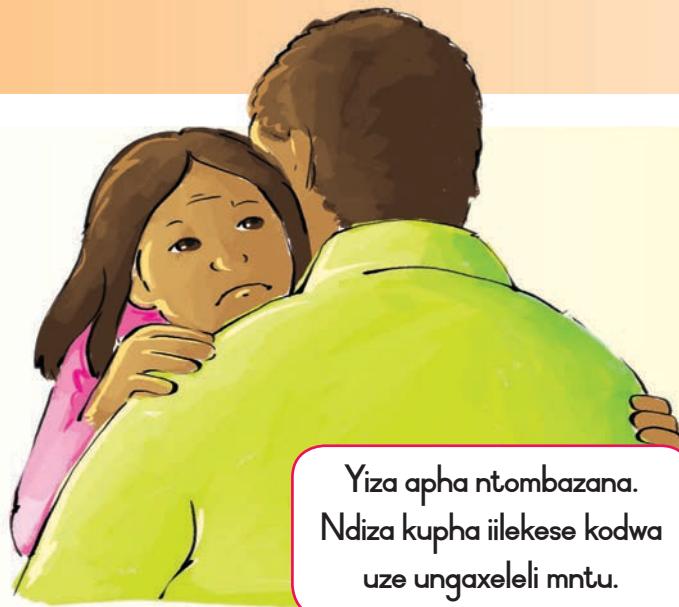
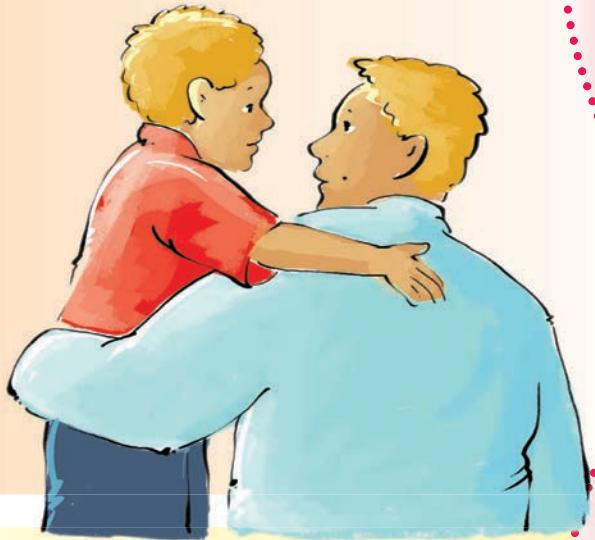


Ucelwa ngumntu ongamaziyo ukuba  
uhambe naye.



Ulahleka ezivenkileni.

Sineemvakalelo zika "ewe" xa umntu  
esanga ngendlela elungleleyo. Kuba mnandi  
xa usangiwa ngobubele nangendlela  
enenkathalo ngumntu omthandayo.



Yiza apha ntombazana.  
Ndiza kupha iilekese kodwa  
uze unqaxeleli mntu.

Sibaneemvakalelo zika "hayi"  
xa umntu esiphatha ngendlela  
esenza soyike okanye sicaphuke.  
Xa siziva sikhathazekile okanye  
singakhuselekanga sineemvakalelo  
zika "hayi".

Umzimba wakho ubalulekile kwaye ngowakho kuphela. Ungathi "ewé" ukuba KULUNGILE ukuba umntu akuphathe, kwaye ungathi "hayí" ukuba AKULUNGANGA.



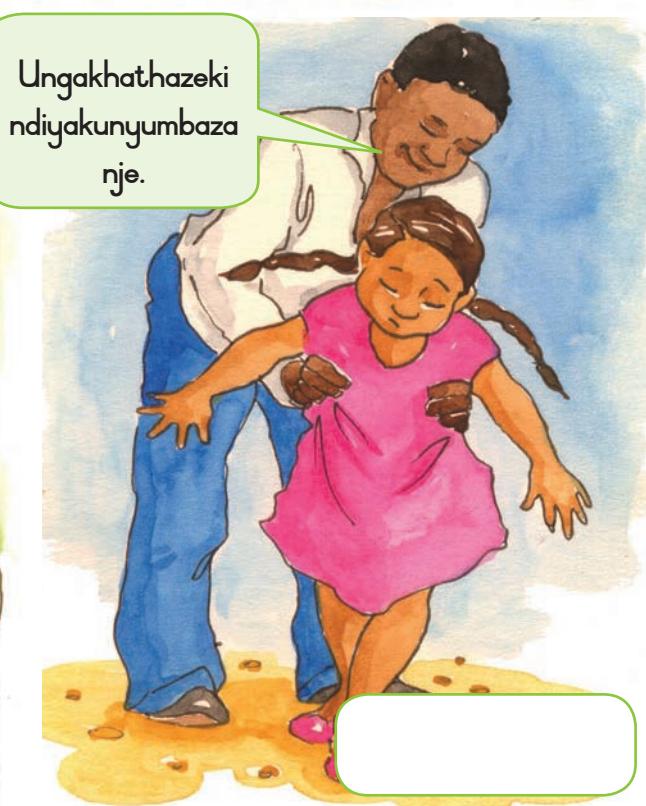
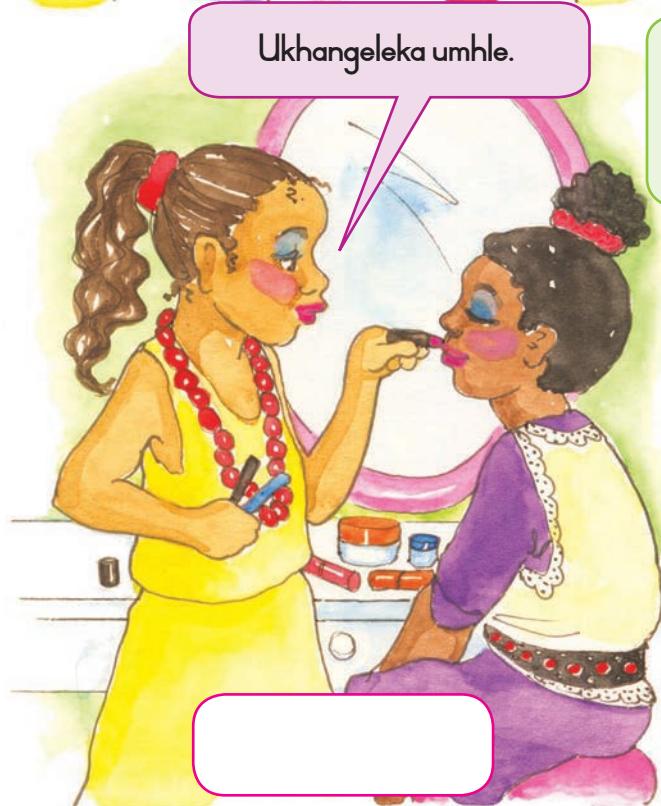
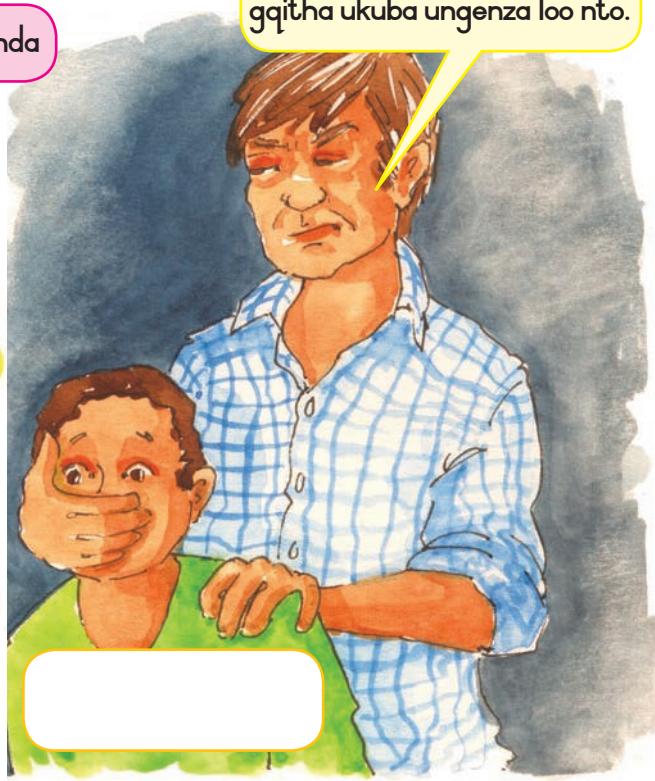
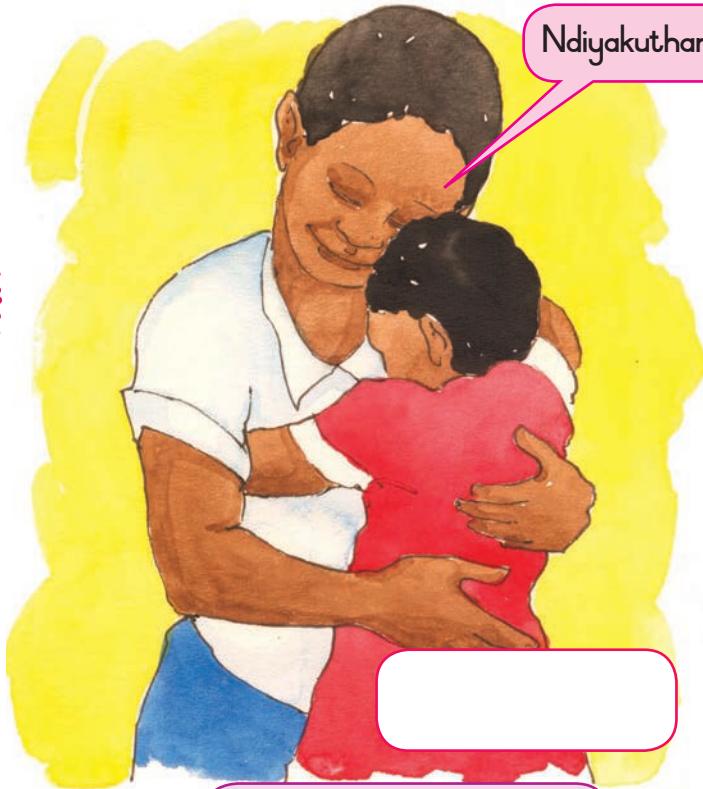
# 29 Ukuzigcina ukhuselekile

Ikota yesi-2 - Iweki yesi-7 - Iphepha lomsebenzi lama -

Masibhale

Jonga imifanekiso engezantsi uze ubhale EWE kwimvakalelo ka "ewe" kуне noHayi kwimvakalelo ka "hayi" kwezi bloko.

Yeka ukungxola! Umkhulu gqitha ukuba ungenza loo nto.





Masenze

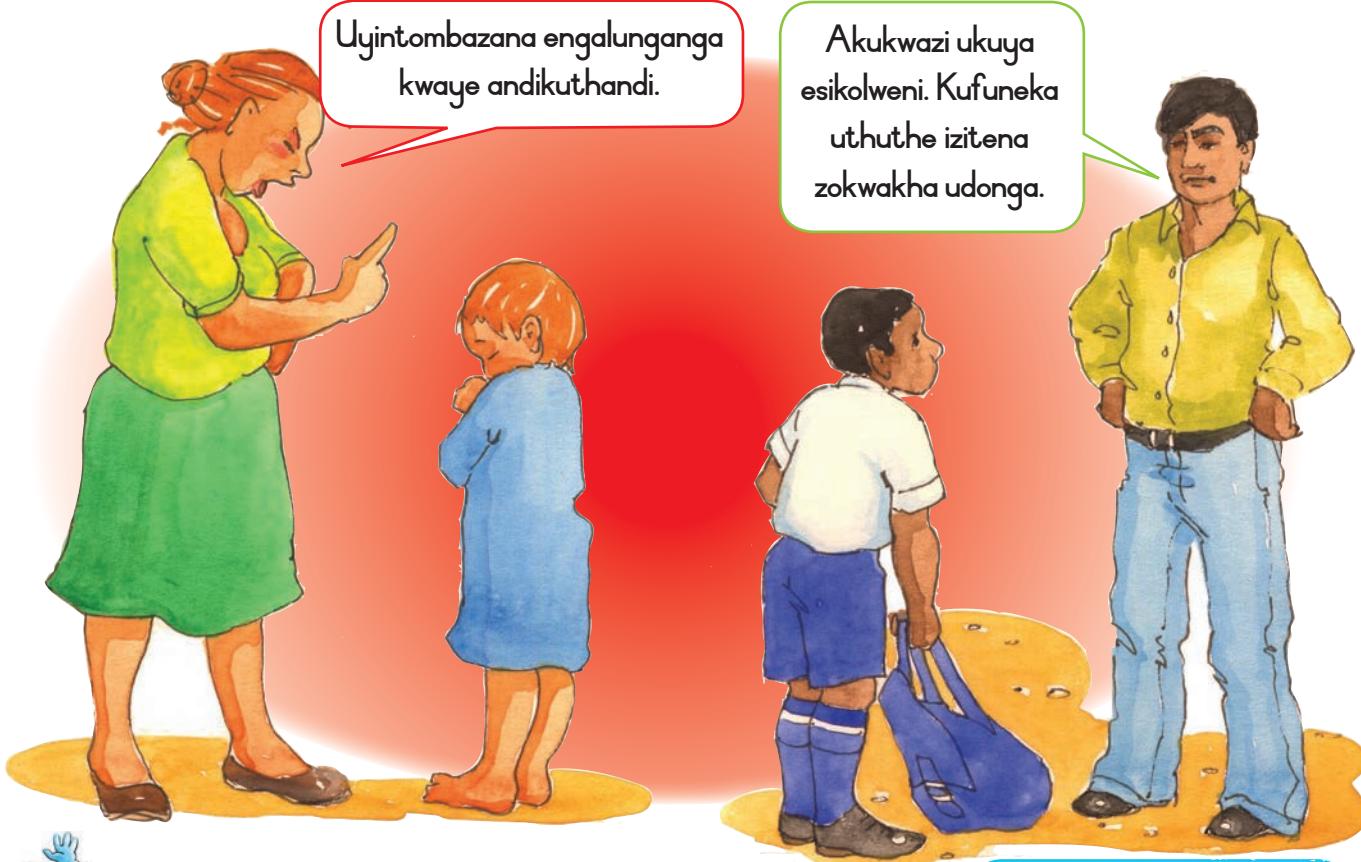
Ziqhelise ukuthi "hayi".

Yila umdlalo apho umntu ongamaziyo afuna ukuthaththa umntwana amfake emotweni yakhe okanye ufunu ukuphatha-phatha umntwana. Umntwana uthi "hayi".



Masithethethe

Abanye abantwana bahlala emakhayeni angabakhathalelanga. Jonga imifanekiso. Ncokola ngendlela onokuziva ngayo ukuba ubungumntwana okuloo mifanekiso. Chaza ukuba ubuya kwenza ntoni.



Masishukume

Dlala umdlalo othi "yima".

Yenza nantoni na, xa utitshala evuthela  
impempe yima bhuxe ngaloo ndlela kuloo ndawo.  
Akufuneki ushukume tu de kutsho utitshala.  
Ungakwazi ukuxhathisa? Hamba phezu kwepali  
okanye phezu kwentambo ende ebekwe phantsi.





# Ndizigcina ndisempilweni



Masifunde

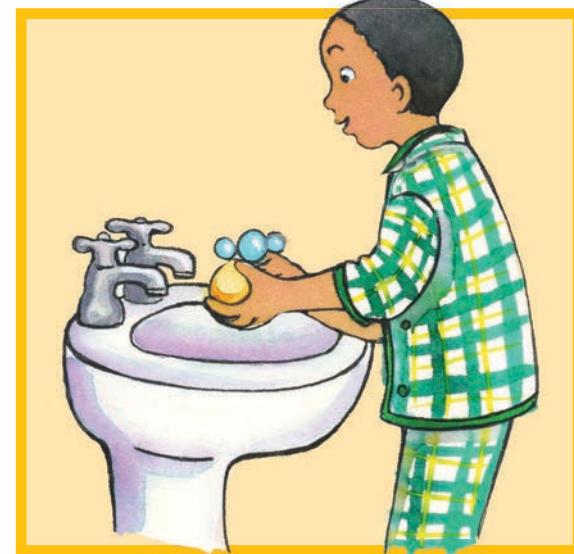


Zininzi iindlela esinokugula ngazo. Amaxesha amaninzi siguliswa ziintsholongwane. Zincinci kangangokuba asikwazi ukuzibona. Zingena emizimbeni yethu zisigulise. Zingangena emizimbeni yethu zisigulise.



Masithethe

Benza ntoni abantwana abasemifanekisweni ukuzigcina besempilweni. Kungenzeka ntoni ukuba abanakuzenza ezi zinto?





Masithethe

Thetha ngale mifanekiso. Yenza u ✓ ukubonisa indlela onokuhlala ngayo usempilweni. Faka u ✗ kwimifanekiso enokubangela ukuba ugule.



Teacher: Sign:	Date: / /
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# Ndizigcina ndisempilweni



Masithethe

Ubusazi ukuba kukho iindlela ezahlukeneyo zokucoca amanzi?

Ubusazi na ukuba amanye amanzi acoekile amanye amdaka? Ungenza njani ukuqinisekisa ukuba amanzi acoekile kwaye angaselwa?

Ungabilisa amanzi amdaka eketileni ukuze ubulale iintsholongwane.



Ungawahlaza amanzi amdaka.  
Utitshala wakho uya kukubonisa ukuba wenza njani.

Ungagalela itisipuni yejikhi kwiemele yamanzi omlambo angangeelitha ezingama-20. Yivale iemele ingangenwa ziimpukane. Wayeke amanzi ahlale iiyure ezingama-28 phambi kokuba uwasele.





Masithethe

Jonga imifanekiso uze  
uthethe ngezinto ezenziwa  
ngabantwana ukuze bahlale  
besempilweni.

Lahla ithisiyu kwindlu  
yangasese okanye emqomeni.



Hlamba izandla  
wakugqiba  
ukusebenzisa  
indlu yangasese.



Ukuba uncolisile kwindlu  
yangasese, kucoce oko kungcola  
uze uhlambe izandla emva koko.



Gquma umlomo xa ukhohlela  
okanye uthimla.



Hlamba izandla zakho  
phambi kokuba utye.



# Siyaqondisisa



Masithethe

Xoxa ngokufundileyo  
kwezi kota zimbini  
zidlulileyo.



Ndiyakwazi ukuthetha ngosapho lwasekhaya.

Ndiyakwazi ukuhamba emgceni obhityileyo.

Ndiyayazi inombolo yefowuni yamapolisa.

Ndiyazi malunga neemvakalelo zika "ewe" no "hayi".

Ndiyakwazi ukubamba ibhola.

Ndiyakwazi ukuhlala ndikhuselekile ekhaya.

Ndiyakwazi ukuzikhathalela xa ndisele  
ndodwa ekhaya.

Ndiyalunceda usapho lwam.

Ndiyakwazi ukuzihambela esikolweni sam.

Ndiyakwazi ukuzigcina ndisempilweni.

Ndiyazi ukuba mandenze ntoni ngazo zonke izinto  
ezikwibhegi yam yesikolo.

Ndiyazi malunga neentsapho ezahlukeneyo.

Ndifunde lukhulu kwizifundo zeZakhono zoBomi.

# Isichazi-magama sam

A

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B

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C

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D

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J

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E

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K

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# Isichazi-magama sam

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P  
p

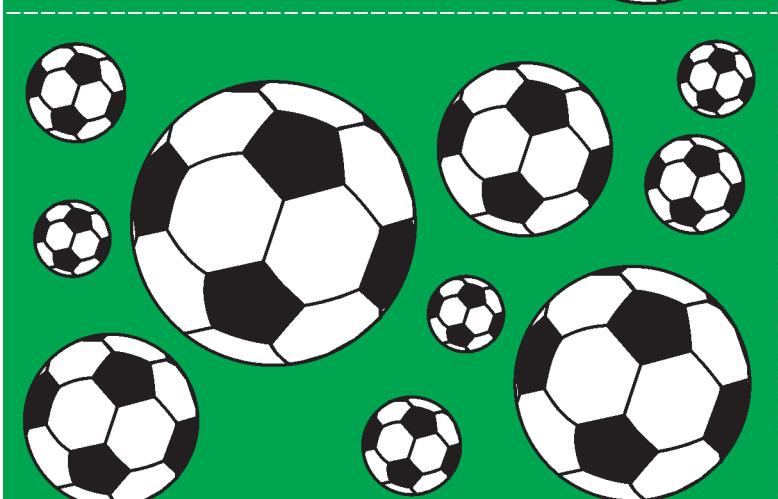
V  
v

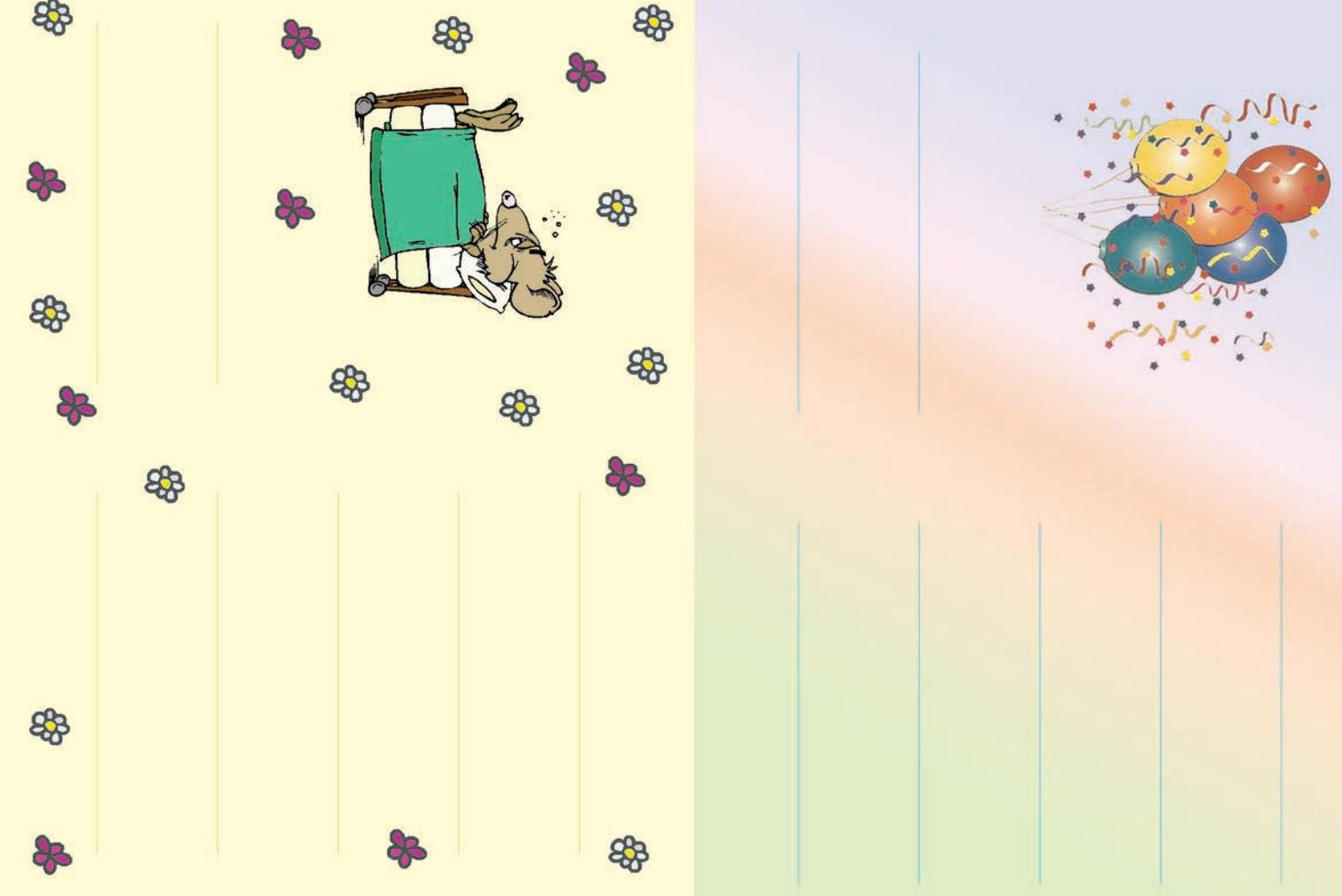
Q  
q

W  
w

R  
r

X - Z  
x - z





## Masks

Cut out on  
the outside  
black line.

Tie a string  
into the holes  
to make a  
face mask.

