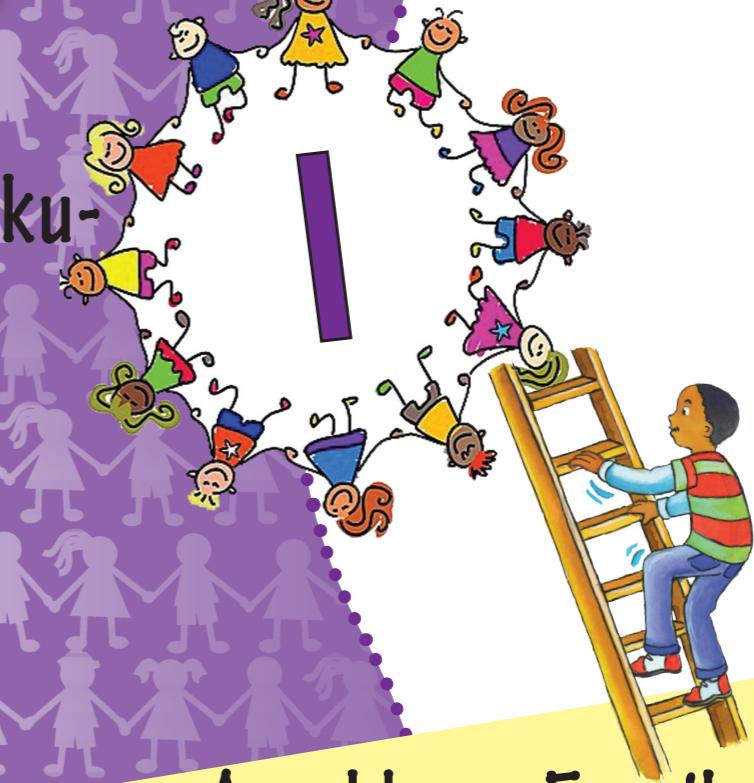


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Ihambisana  
ne-CAPS

Ibanga loku-



Amakhono Empilo  
ngesizULU  
Incwadi yesi-2  
Ithemu 3 & 4

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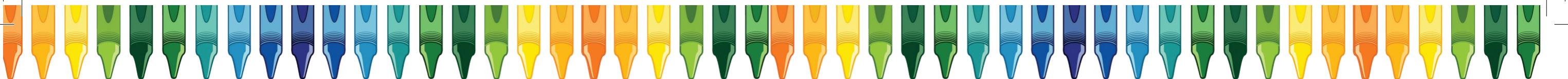
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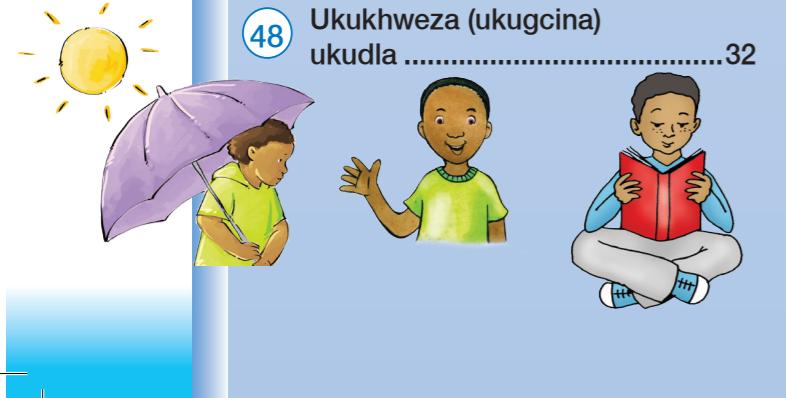


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UNkk Angie Motshekga,  
uNgqongqoshe weMfund  
eyiSesekelo.



UMnu Enver Surty,  
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Lezi zincwadi zokusebenzela zenzelwe abantwana baseNingizimu Afrika ngaphansi kwesandla sikaNgqongqoshe weMfund  
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Sinethemba lokuthi othisha bazozithanda basebenze kangcono  
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eziluqukethe, bese kuthi wena njengothisha wabo uthokoze kanye  
nabo ekugcineni.

Sifisela wena nomfundisayo impumelelo ngenkathi  
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# Ibanga loku-

1

Amakhono Empilo  
**NGESIZULU**  
Incwadi yesi-2

Le ncwadi ngeka-:

# Izindawo zomphakathi wakithi

IThemu 3 – Amasonto /

Masifunde

Cabanga ngabo bonke  
abantu obabonayo  
futhi okhuluma nabo  
zonke izinsuku – laba  
bantu bangumphakathi  
wakho. Kungaba  
abantu  
abasemgwaqweni  
noma abantu  
abangomakhelwane  
bakho. Kungaba  
abantu basesontweni  
lakho noma ofunda  
nabo, amaphoyisa  
alapho uhlala khona,  
odokotela kanye  
nabanye abaningi.

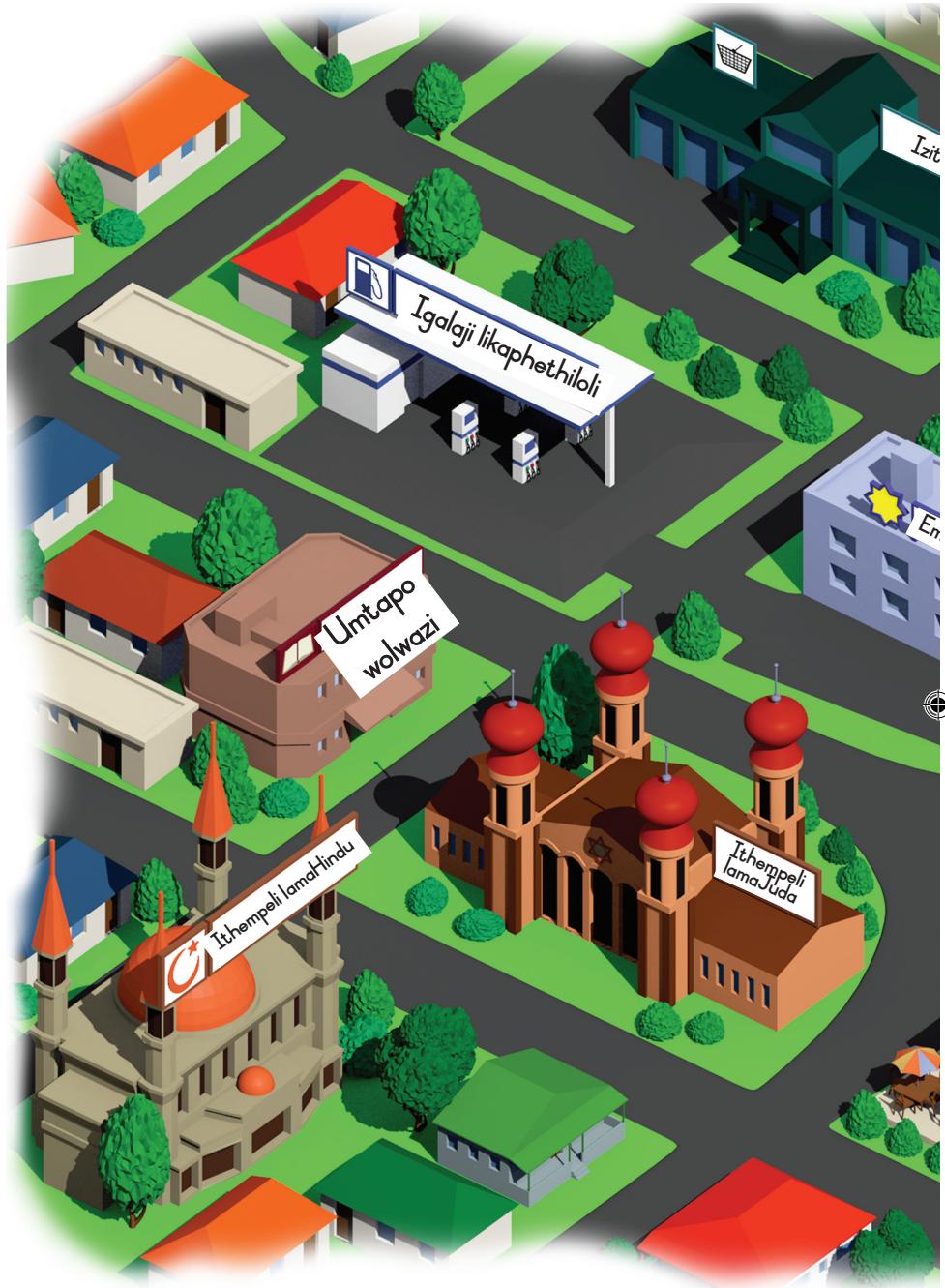


Masikhulume

Xoxa nomngani wakho ngesithombe esikulamakhasi amibili.

Yiziphi izindawo ozaziyo kulezi zindawo ezisesithombeni?

Abantu bahlanganelu kuphi kulezi zindawo ezisesithombeni?





Masenzeni lokhu

Usuku: .....

Yiziphi izindawo oke wazivakashela kulezi zindawo ezisesithombeni? Dweba ngekhrayoni uzungeze imingcele yazo.



Masikhulume

Xoxela umngani wakho ukuthi wawunobani ngenkathi uvakashela lezi zindawo usho ukuthi ngabe wawuwedwa yini. Shono ukuthi kungani wazivakashela.

Ingabe ucabanga ukuthi izindawo ozivakashele abantu abakhubazekile bayakwazi ukufinyelela kuzo?

Teacher:  
Sign:  
Date:

# Ukunakekelwa kwezinto zomphakathi



Amasonto /  
Ithemu 3 -

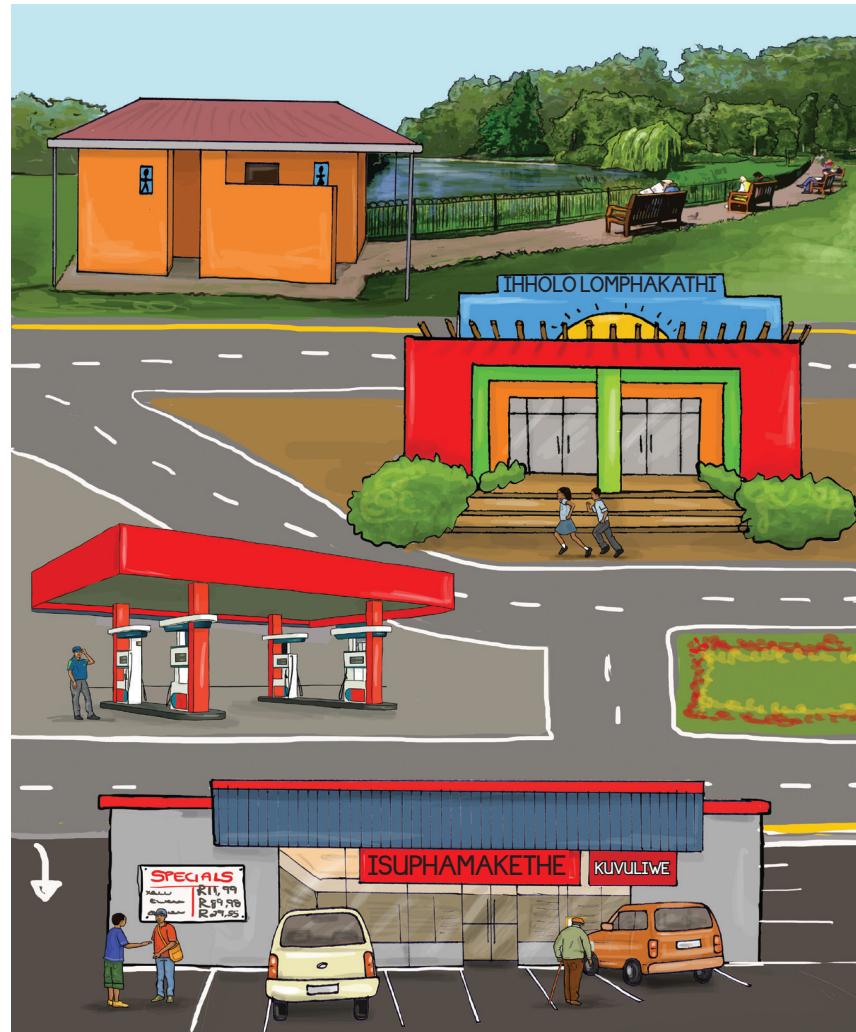


Masikhulume

Izindawo ezesemiphakathini  
yethu zinezinsiza  
ezingasetshenziswa  
yibo bonke abantu.  
Imitholampilo, izikole,  
izinkundla zezemidlalo kanye  
nezibhedelela yizindawo  
esizisebenzisayo.

Kumele sizinakekele kakhulu  
lezi zindawo zemiphakathi  
yakithi.

Sidinga ukugcina izindawo  
zethu zihlanzekile ukuze  
kuthokoze wonke umuntu  
ngazo.



Masikhulume

Xoxa nomngani wakho ngalesi sithombe.

- Ngokwakho abantu bayathanda yini ukuhlala kule ndawo?
- Ukucatshangiswa yini lokho?
- Yini engenziwa ukuze umphakathi wakini nendawo yangakini kube ngcono?



### Masenzeni lokhu

Dweba isithombe sakho  
esimibalabala esiveza wena  
usebenzisa izinto zokuthutha  
umphakathi njengesitimela,  
ibhasi noma itekisi. Veza  
ukuhlukahlukana kwabantu  
ngobukhulu – abanye bahlezi  
phansi, abanye bagobile,  
basemqgeni noma balele phansi,  
abanye babheke emuva, abanye  
bakhulu abanye bancane.

Usuku: .....



### Masiqhubeke



### Ukuzifudumeza

- Ungazifudumeza ngokuhamba uye phambili ngamazonzwane.
- Hamba uhlehle unyathela ngezithende.
- Hamba uye phambili ngamazonzwane.
- Hamba uhlehle ngamazonzwane.



### Yakha izinhlamvu

Sebenzisani imizimba yenu ukwakha izinhlamvu.

Yima uncike ngodonga noma ulale phansi.

Thola ukuthi wena nomngani wakho niyakwazi  
yini ukwakha uhlamvu abangakakwazi abanye  
ukulwakha.



35

# Kulungile noma cha

2

IThemu 3 - Amazono 2

Masikhulume

Buka lezi zithombe.

Yizinto zokwenzani zonke lezi? Chazela umngani wakho ukuthi iyiphi indlela efanele yokusebenzisa lokhu ngakunye.





### Masenzeni lokhu

Yenza umfanekiso  
wesakhiwo ongasakha  
ngokusebenzisa izinto  
ezakhiwe kabusha.  
Ungakha umtholampilo,  
umtapo wezincwadi noma  
isakhiwo nje somphakathi  
wangakini. Hlobisa  
isakhiwo sakho ngendlela  
ezokhombisa ukuthi  
luhlobo luni lwesakhiwo lolu  
olwakhile. Ningasebenza  
ngamaqembu.

Usuku: .....



### Masiqhubeke

- Hlela amathayi ame enze umugqa.
- Gaqa ngamadolo uphume phansi kwawo wonke.
- Wabeke phansi enhlabathini uwalalise.
- Yima ngezinyawo zombili phezulu kwethayi.
- Yima ngomlenze owodwa-ke phezu kwethayi ungawi.
- Sebenzisa amathayi wenze eminye imidlalo ngawo.

**Qaphela ungalimali.**



Teacher:
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Date:

# Abantu emphakathini wakithi

IThemu 3 – Amasondo 2



Masibhale

Buka lezi zithombe. Emabhokisini angakwesokudla, khetha igama elifanele isithombe ngasinye. Libhale phansi ngezansi kwesithombe ngasinye.



Umuntu osiza ukuthela uphethiloli



Umthengisi wezimbali

Umhlengikazi



Umshayeli wethekisi

Iphoyisa lomgwaqo

Udokotela

Umthengisi wezithelo

Umcishimlilo

Iphoyisa



Masikhulume

Buka lezi zithombe uzinike amagama bese uxoxa nomngani ngazo.

Ngabe ngobani abenza imisebenzi emphakathini wakini?

Ngubani osebenza okunye emphakathini ngaphandle kwalaba?

Bayasizana yini abantu emphakathini wangakini? Basizana ngokwenzani?



**Masibhale**

Dweba umugqa usuke ekuqaleni komusho ngamunye  
ngakwesokunxele uwuqondanise namagama avela ngakwesokudla.

Usuku: .....



**Umcishimlilo**

**Iphoyisa lomthetho**

**Udkotela**

**Umthengisi wezithelo**

**Osiza ukuthela uphethiloli**

**libamba izigebengu.**

**uthengisa izithelo.**

**uthela uphethiloli.**

**ucisha umlilo.**

**uyaselapha.**



**Masibhale**

Buka lezi zithombe. Emagameni angezansi khetha igama elifanele  
isithombe ngasinye. Bhala incazelo ngezansi kwegama elifanele.  
Qhathanisa izimpendulo zakho nezomngani wakho.

**Isicishamlilo**



**Igalaji likaphethiloli**



**Isibhedlela**



**Isiteshi samaphoyisa**

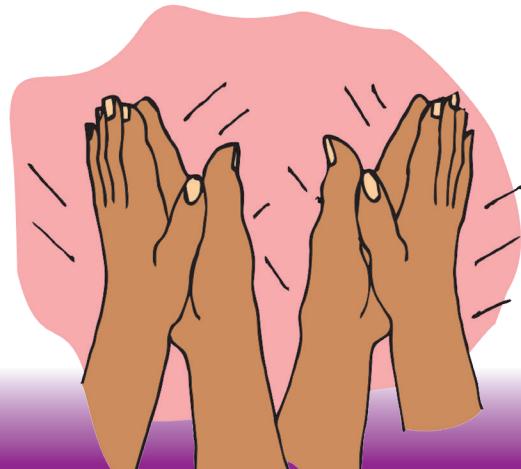


**Masiqhubeke**

Shaya izandla uhambisane  
nesigqi osizwayo.

- Lalela uzwe uma isigqi sesiguquka.
- Kwenze lokhu ulandele izinhlobo ezingafani zomculo, usuke emculweni wamakhwaya uye kowomdanso.
- Shaya izandla masinyane noma ngokunensa uma kudingeka, kodwa ukhumbule ukulandela isigqi.

Okumele ukwensiwa nguthisha:  
Lalela umculo nesigqi okudlalwa  
nguthisha.



Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_

# Izilwane ezingabangani bethu

**Masifunde**

Abanye bethu banezilwane ezingabangani. Lesi silwane usinakekela ngaphezu kwezinye usihlalise eduze kwakho njalo – kwesinye isikhathi size sihlale endlini noma endaweni oyakhele sona.



**Masikhulume**

Buka lesi sithombe. Xoxa nomngani wakho ngaso. Kokelezela zonke izilwane eziyaye zibe ngabangani babantu ngekhayoni. Zingaki izilwane ozibonayo? Tshela uthisha wakho ngazo.

- Unaso isilwane esingumngani wakho? Uma unaso, xoxela umngani wakho ngaso.
- Uma ungenaso, tshela umngani wakho ukuthi yisiphi isilwane ongathanda ukuthi sibe ngumngani wakho.



**Masibhale**

Sebenzisanani nonke eklasini nibhale phansi uhla lwezilwane ezingaba ngabangani babantu ezingaveli esithombeni. Zikopisheni lapha ngenkathi uthisha ezibhala ebhodini.

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Usuku: .....



### Masenzeni lokhu

Dweba noma yisiphi  
isilwane esingumngani.



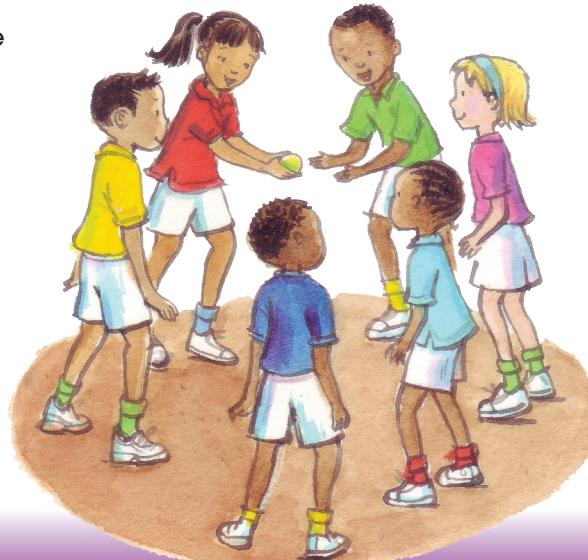
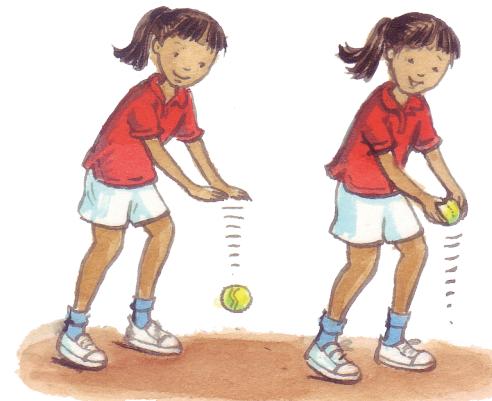
### Masiqhubeke

Zijwayeze ukuphonsa uphinde unqake  
ibhola.

- Jikijela phezulu ibhola lethenisi ngazo zombili izandla. Phinda ulibambe ngazo zombili izandla uma libuya.
- Lijikijele phezulu manje ngesandla esisodwa ulibambe ngesandla oljikijele ngaso.
- Jikijela ibhola lethenisi ngesinye owejwayele ukusisebenzisa liye emoyeni ulibambe ngesandla oljikijele ngaso.
- Bhampisa ibhola lethenisi enhlabathini ngazo zombili izandla uphinde ulibambe ngazo zombili futhi.
- Libhampise ngesinye isandla uphinde ulibambe ngaso.
- Libhampise ngesandla esisodwa uphinde ulibambe ngaso.
- Yimani isiyungi wena bese udlulisa ibhola lethenisi ngezandla zombili lisuke kuwe liye koseduze kwakho.
- Lidlulise lisuke kuwe liye komunye umuntu ngesandla esisodwa.
- Sebenzisa esinye isandla ukudlulisa ibhola liye kumuntu okulandelayo okolunye uhlangothi.

### Uthi bewazi?

Cishe zonke izinja ziyathanda ukudlala ngebholo. Kodwa zidinga umuntu ogijimayo ngoba ziyathanda ukubaleka nalo ziliphetho ngomlomo.



Teacher:  
Sign:  
Date:

# Sinakekela izilwane ezingabangani

Masikhulume

Kubalulekile ukunakekela izilwane ezingabangani bethu.

Amasondo 3



Xoxa nomngani wakho mayelana nezidingo zesilwane esingumngani wakho. Ake uthathe sengathi nguwe lesi silwane esidwetshwe ekhasini le-II. Yisho izintoocabanga ukuthi ungazidinga. Yisho ukudla ongakuthanda kanye nokuthi ungathanda ukulala kuphi. Tshela umngani wakho ngakho konke lokho. Xoxa futhi ngokuthi kumele umngani enzeni uma isilwane esingumngani wakhe sigula.

IThemu 3



Masibhale

Thikha (✓) eduze kwazo zonke izinto ezidlingwa yisilwane esingumngani wabantu.

Ukudla

Amanzi

Umuthi wokuxubha

Indawo yokulala efudumele eyomileyo

Udokotela wezilwane

Iholide



Masenzeni lokhu

Dweba zonke izindawo zokuhlala ezidlingwa yizilwane ezingabangani babantu.  
Bese ubhala igama esilisebenzisa uma sibhekise ebantwaneni baleso silwane.

Isilwane	Indawo yokuhlala	Igama lomntwana wesilwane
		_____
		_____
		_____

Usuku: .....



### Masenzeni lokhu

Funda umusho ngamunye bese ucabanga ukuthi ungaphatheka kanjani nokuthi ufunu ukuthini uphinde wenzeni emva kwalokho. Manje khombisa iklesi lakho. Uthisha uzokutshela ukuthi yenza kuphi.

- Uma uthola isilwane esisha esizoba ngumngani wakho.
- Uma kulahleke ikati.
- Uma injá yakho ilume ithoyisi lakho olithandayo.
- Uma umngani wakho egcona injá yakho.
- Uma ubona injá ivalelwé emotweni evalwe yonke iminyango namafasitela.



### Masiqhubeke

Lalela isigqi esinhlobonhlobo esidlalwa nguthisha wakho. Yenza sengathi uyisilwane esidansela leso sigqi somculo.



Uma umculo usholo phansi, ndiza njengovemvane.



Uma umculo uhamba kancane, hamba njengofudu.



### Masikhulume

Funda okubhalwe ngaphansi kwemifanekiso emibili yokuqala. Emva kwalokho tshela umngani wakho okuphawulekayo ngamakati.

Unogwaja uwuhlobo lwegundane. Amazinyo egundane awayeki ukukhula.	Unyaka owodwa wobudala bomuntu ulingana neminyaka eyisikhombisa yobudala benja. Uma injá ineminyaka emi-3, kumele sithi ineminyaka engama-21.	Uma ikati lijabule lithi nyawu.



### Dlala

"Ikati negundane". Uthisha wakho uzosho ukuthi ngubani okumele abe yikati, ngubani okumele abe yigundane. Shintshanani kube ngabanye ababa yilezi zilwane emva kwesikhashana. Abanye mabame isiyungi babambane ngezandla.

Teacher:  
Sign:  
Date:



# Ukuphatha abanye ngenhlonipho izinqumo (1)



La mazwi akhombisa ukuziphatha ngenhlonipho. Indlela esiziphatha ngayo yile esiyikhombisa uma sikhuluma nabanyeabantu. Yiyo ekhombisa ukuthi sibahlonipha kangakanani abanyeabantu.

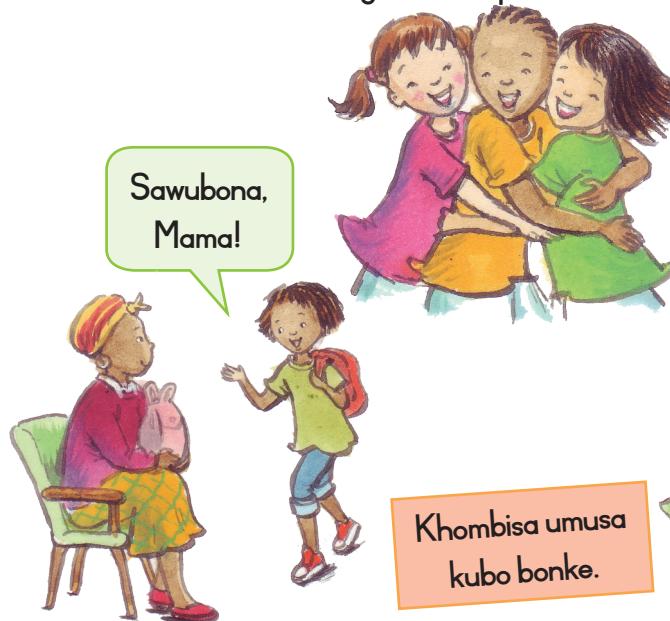
Kumnandi ukukhuluma nomuntu onenhlonipho. Kumnandi futhi ukuba ngumngani womuntu onenhlonipho.

Yisibopho sethu ukuhlonipha nokuphatha abanyeabantu kahle. Yikho sonke ngamunye ngamunye kumele siziphathethe ngenhlonipho.

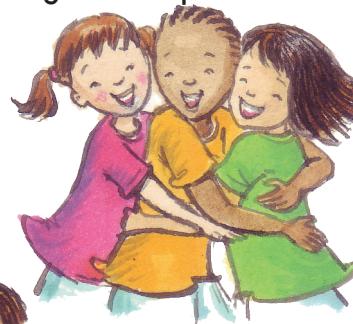
Usuku: .....



Buka izithombe. Manje funda amagama asemabhokisini. Xoxa nomngani wakho ngalezi zithombe. Khuluma ngemikhuba ekhonjiswa ngabantwana enenhlonipho nengenahlonipho.



Hlanganyela nabanye abantu ezintweni.



Ushiye amasemishi akho ekhaya? Thatha kwawami.



Khombisa umusa kubo bonke.



Linda kufike isikhathi sakho.

Sawubona, Mashu, ngithole isikhwama sakho sisele emnyango. Ngethemba ukuthi akukho muntu ontshontshe amakhayoni akho.



Ngiyaxolisa, Mama, bengithi ngibuka isitsha sakho sezimbali ngasiwisa. Sifile!



Hlonipha abanye abantu.

Hlonipha izinto zabanye abantu.

Bingelela abantu obaziyo nalabo ongabazi.

Teacher:  
Sign:  
Date:

# Ukuphatha abanye ngenhlonipho nezinqumo (2)

IThemu 3 - Amasonto 4

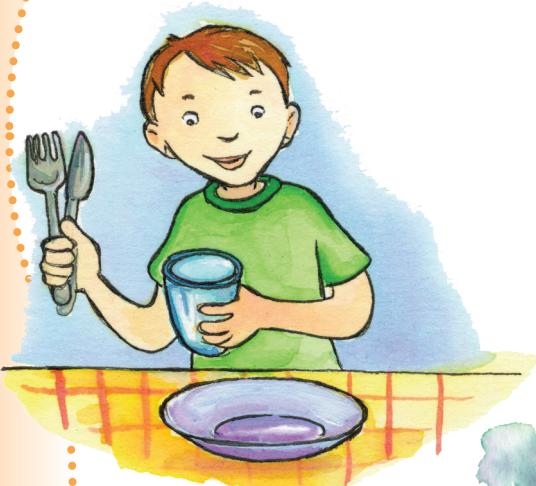


Masibhale

Buka lezi zithombe bese ufunda imisho esemabhokisini. Dweba umugga usuke entweni eyjisibopho ehambisana nesithombe.



Mina ngelekelela ekhaya  
ukuhlanza indlu.



Ngingumngani omuhle osiza  
bonke abantu.



Ngiyawukhombisa umndeni  
wami ukuthi ngiyawuthanda.

Ngidlala kahle ngamathoyisi  
abangani bami.

Ngiyazinakekela mina kanye  
nezinto zami.

Ngisiza ukwendlala itafula.



Usuku: .....

Dlalani umdlalo okhombisa ukuphatha abanye ngenhlonipho nokwazisa izibopho ngokuthi:

- nibingelele abantu enibaziyo neningabazi
- noma nilinde ukunikwa ithuba nani
- noma nilalele kahle uma umuntu ekhulumu nani
- noma wena wabelane nabanye abantu
- noma wena ube nomusa kwabanye abantu
- noma wethembeke ngakho konke
- noma ukhombise ukuhlonipha izinto zabanye abantu
- noma uhloniphe abanye abantu.

Dlalani ngamaqembu umdlalo wokuzihlonipha nokuzibophezela kulokhu okulandelayo:

- emndenini
- noma emsebenzini wesikole
- noma emsebenzini yasekhaya
- noma ngokudla okunikwa zonke izinsuku
- noma izingubo ozigqokayo
- noma amathoyisi akho
- noma abangani bakho



Dweba isithombe  
sakho ubonakala  
ukhombisa ubungani  
kwabanye abantu.



Lalelisia uma uthisha ekutshela ukuthi gxuma, gjijima noma gaqa.  
Uthisha uzoshaya impempe ngaphambi kokukhipha umyalelo  
ngamunye. Nyakaza masinya noma kancane njengokusho kukathisha.



Dlala u-abha-sikotshi ngomlenze ongavamile ukwenza izinto ngawo.

Yiziphi izindlela zokuzihlonipha ezibalulekile uma udlala u-abha-sikotshi?



# Kungani sizidingga izitshalo?

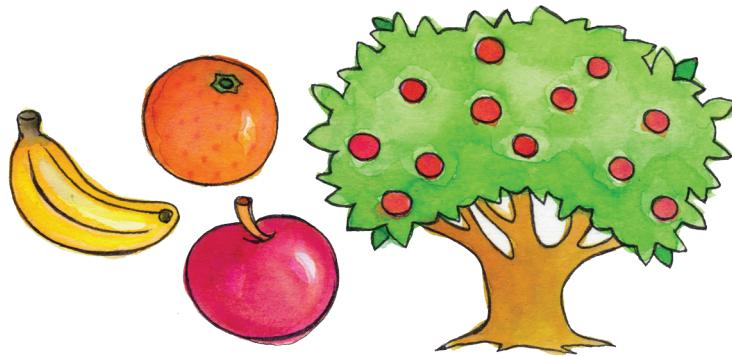
IThemu 3 – Amasondo 5



Buka izinto eziseduze kwakho. Yizini ozibonayo ezivela ezitshalweni? Xoxa nomngani wakho uthole ukuthi nicabanga ezingaki. Tshela uthisha wakho ukuthi yiziphi ezinye izitshalo enizicabangile.



Ezinye izitshalo nezihlahla zisinika umthunzi.



Ezinye izitshalo zisinika ijusi nokudla.



Ezinye izitshalo nezihlahla zinika izilwane umthunzi.



Ezinye izitshalo zisinika izimbali esihlobisa ngazo emakhaya.



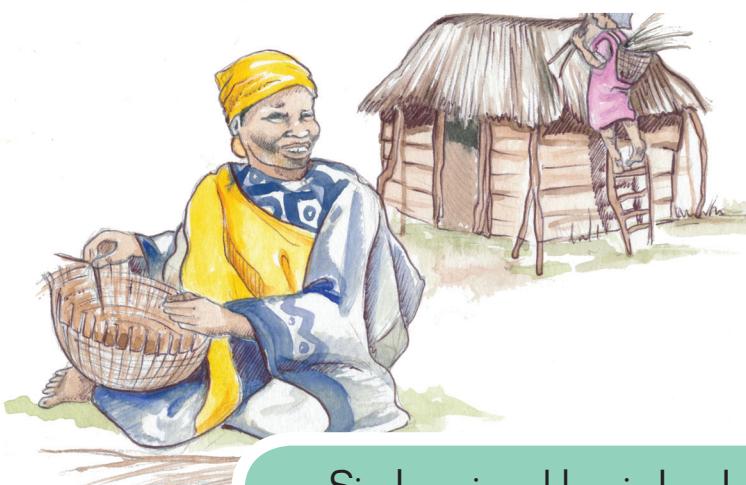
Usuku: .....



Siyabudinga utshani  
ezinkundleni zemidlalo.



Sisebenzisa ukotini  
ukwenza izingubo.



Sisebenzisa umhlanga ukwenza  
obhasikidi nokufulela uphahlala.



Sisebenzisa ukhuni oluvela  
emithini ukwenza ifenisha.



Wena nomngani wakho khethani izindlela  
ezintathu ezibaluleke kunazo zonke esisebenzisa ngazo  
izitshalo.

Kungenzeka yini sizishabalalise izitshalo uma sizisebenzisa  
kakhulu? Xoxani eklasini ngalokhu.



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# Izitshalo zibukeka kanjani?

Izitshalo zakheke zaba nezingxene ezahlukene. Sebenzisa amagama asemabhokisini ukukusiza ukuthi ulebule izitshalo. Qhathanisa okushiwo nguwe nokushiwo ngumngani wakho.

izimpande

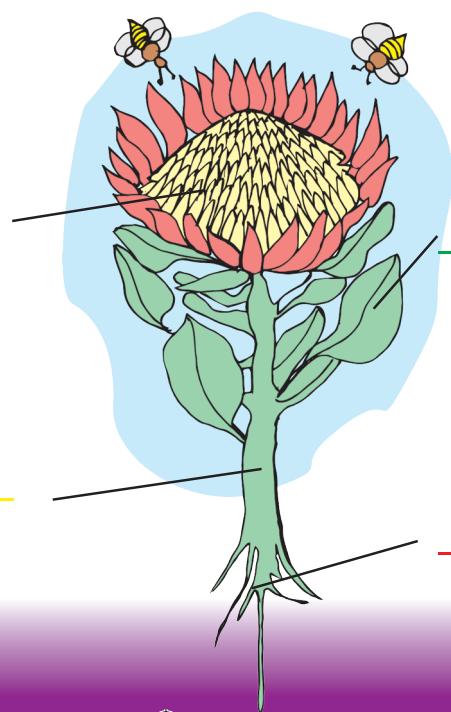
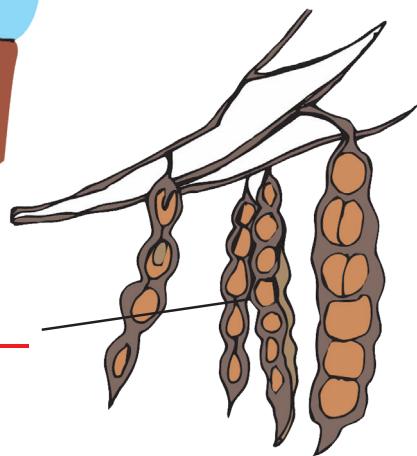
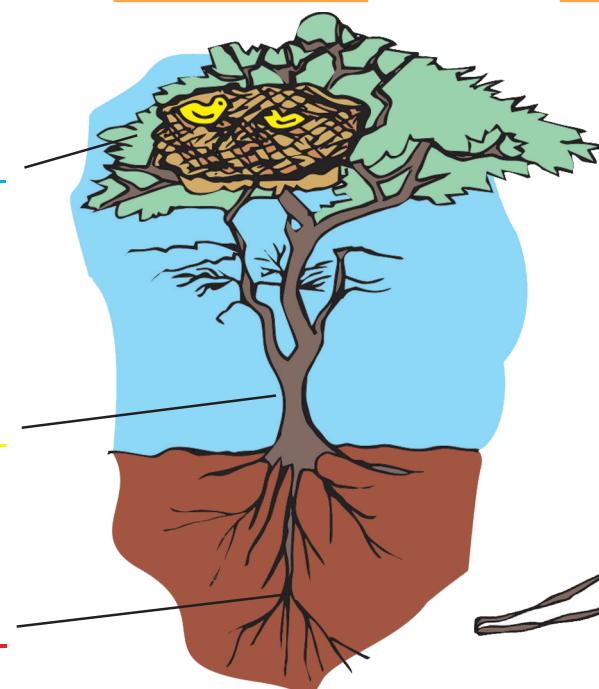
imbali

isiqu

umdumba

ikhasi

uthi



5



IThemu 3 - Amasonto 5



Masiqhubeka

Usuku: .....

Hlukanisa iklasi libe ngamabhungezi asengadini  
kanye nabasebenzi basengadini.

- Abasebenzi basengadini mabazame ukubamba amabhungezi ahlu pha engadini.
- Shintshanani emva kwemizuzu emi-2.
- Phindaphindani nidiale lo mdlalo izikhashana ezimbalwa.



Masidhaleni

Dlalani umacashelana.

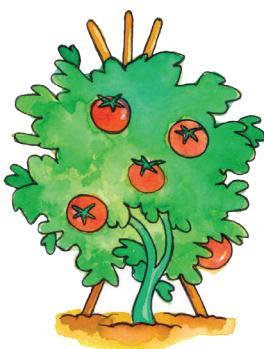


Amabhungezi acashe ngaphansi noma ngemva kwezitshalo bese kuthi  
abasebenzi bazame ukuwathola ngaphambi kokuthi adle zonke izitshalo.



Masikhulume

Izitshalo eza hlukahlukene azibukeki ngokufana. Kodwa zinokufana ngezindlela  
eziningi. Buka lezi zithombe. Xoxa nomngani wakho ngezitshalo. Yini efanayo,  
yini engafaniyo?



Masenzeni lokhu

Dweba noma upende  
isinambuzane noma isilwane  
esifuna ukudla ubhontshisi.  
Akudingeki ukuthi kube  
yisinambuzane noma isilwane  
sangempela. Cabanga noma  
yisiphi isilwane. Dweba noma  
usidwebe ngemigqa ecacile  
naso ukuze usicacise impela.



Teacher:  
Sign:  
Date:

# Imbewu nalapho ivela khona



Amasonto 6

IThemu 3

Masifunde

Ezinye izitshalo zinembewu ecashe ezimbalini noma ezithelweni. Siyakwazi ukuyitshala enye yale mbewu ukuthola izitshalo ezintsha.

Imbewu kumele iwe ezitshalweni ukuze imile ibe yizitshalo ezintsha. Enye imbewu isakazwa wumoya noma ngabantu, izinambuzane kanye nezilwane.

Enye imbewu idliwa yizinyoni bese kuthi ingxenyę yayo elukhuni iphume nendle. Imbewu esakazeka ngale ndlela iwela kwezinyę izindawo imile khona.



Masikhulume

Imbewu esithombeni ngasinye isabalala kanjeni? Ukuze isabalale ngale ndlela imbewu ngayinye kumele ibe njani? Xoxa nomngani wakho.



Uma ufunu ukuzitshalela izitshalo zakho ngembewu ungasebenzisa imbewu esengadini. Kokunye uyithenge esitolo bese ujitshala.





Masikhulume

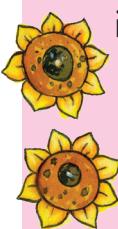
Funda le nkondlo neminyakazo.

Usuku: .....

## Impilo yesitshalo

Lena yimbewu encane:  
masiyitshaleni masinya enhlabathini!

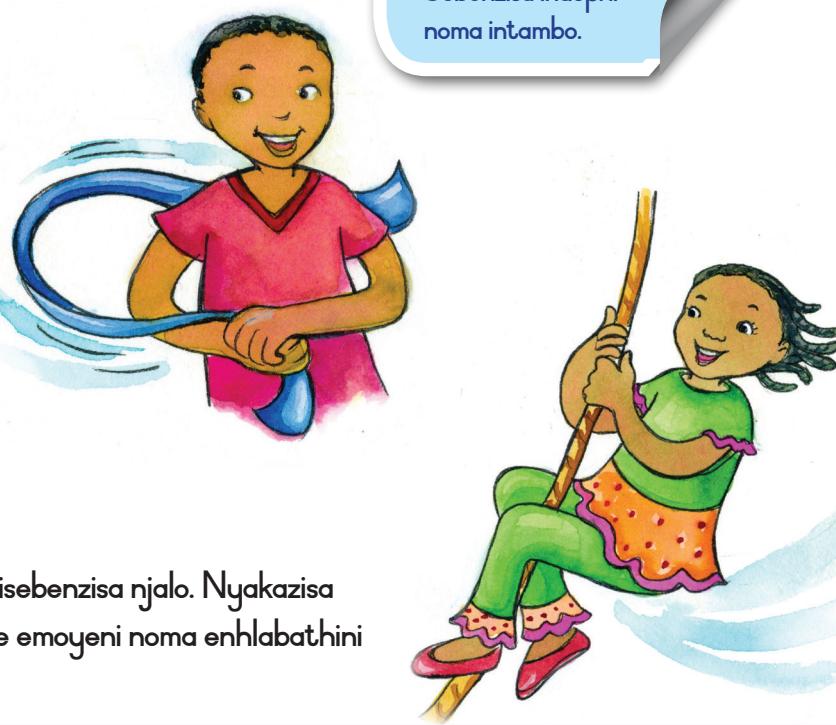
Imila ibe nothi olunembali  
ikhipha iphunga elimnandi njalo.  
Izinyosi ziphuma zingena kuyo  
Masinya imbali enhle seyifile.



Masiqhubeke

Khombisa ukuyijabulela le  
minyakazo  
Uma kunesihlahla endaweni  
enhle, bheka ukuthi ngeke yini  
sidlale kuso. Bambelela entanjeni  
eboshelwe kuso ujikele. Qala  
ngokubambelela ngezandla  
zombili, bese kuba yisandla  
ovame ukusisebezisa, kugcine  
ongavamile ukusisebenzisa.

Bamba okusantambo ngesandla osisebenzisa njalo. Nyakazisa  
ingalo wenze amaphethini ahlukenemoyeni noma enhlabathini  
ngentambo leyo.



Okumele ukwenziva  
nguthisha:  
Sebenzisa indophi  
noma intambo.

Teacher:  
Sign:  
Date:

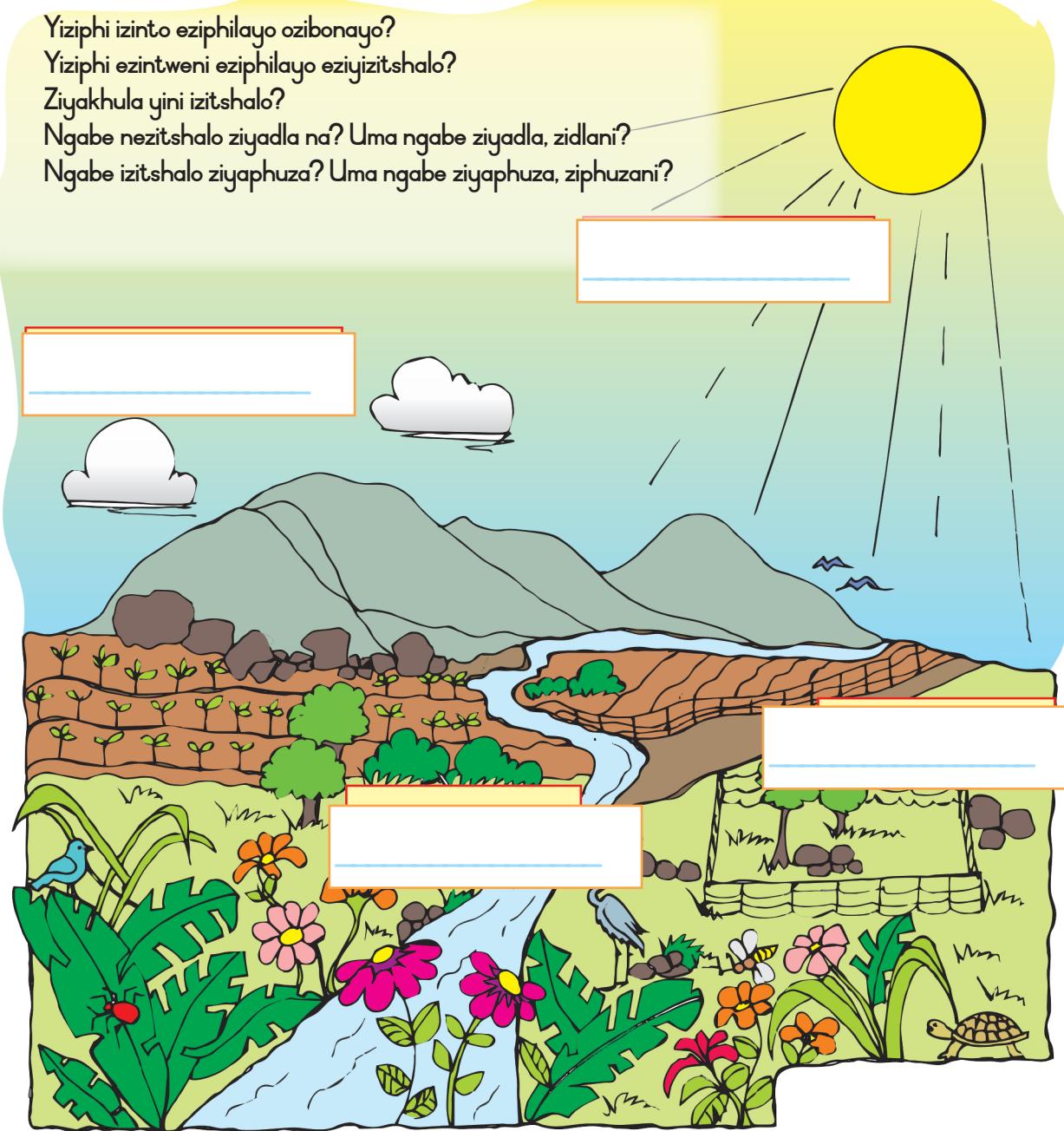
# Okudingwa yizitshalo ukuze zikhule



Masikhulume

Buka lesi sithombe. Kuyaphila konke okukuso?

Yiziphi izinto eziphilayo ozibonayo?  
 Yiziphi ezintweni eziphilayo eziyizitshalo?  
 Ziyakhula yini izitshalo?  
 Ngabe nezitshalo ziyadla na? Uma ngabe ziyadla, zidlani?  
 Ngabe izitshalo ziyaphuza? Uma ngabe ziyaphuza, ziphuzani?



Masibhale

Bhala lawa magama-ke manje emabhokisini angenalutho esithombeni esingenhla ukukhombisa okudingwa yizitshalo ukuze zikhule. Khombisa uthisha okubhalile.

ukukhanya  
kwelanga

amanzi

umsoco

umoya



Masenzeni lokhu

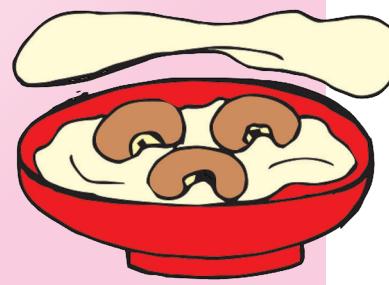
Kulula ukutshala ezakho izitshalo.  
Uzotshala ubhontshisi-ke manje.

Usuku: .....

Funda nazi izinyathelo ongazilandela:

Isinyathelo soku-1:

Uzokwemboza izinhlamvu  
ezi-3 zikabhontshisi phakathi  
kovolo ababili. Zibeke  
esosweni elingenalutho noma  
esitsheni.



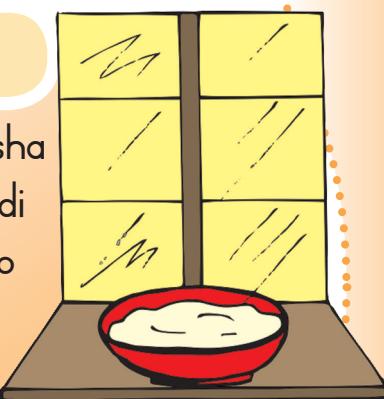
Isinyathelo sesi-2:

Uzothela amanzi  
kuvolo uqiniseke  
ukuthi uba manzi.



Isinyathelo sesi-3:

Beka isoso noma isitsha  
onqenqemeni lwewindi  
noma endaweni lapho  
kunelanga elanele  
khona.



Isinyathelo sesi-4:

Emva kwezinsuku  
ezimbalwa bheka  
ukuthi sikhula kanjani  
isitshalo sakho. Sinisele  
kanye ngesonto ukuze  
ube nomswakama  
uvolo.



Isinyathelo sesi-5:

Uma kuvela izimpande  
esitshalweni sakho  
sewungasisusa  
uyositshala enhlabathini  
ethambile.



Isinyathelo sesi-6:

Nisela isitshalo sakho njalo ukuze  
inhlabathi ihlale iswakeme. Emva  
kwamasondo ambalwa uzobe sewukwazi  
ukuvuna ubhontshisi wakho.

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# Ukudla esikudlayo

IThemu 3 - Amazonu 7

Masifunde

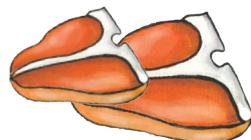
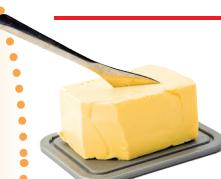
Ukudla okuhle kwenza sibe namandla okwenza zonke izinto.

Sidinga ukudla okunempilo ukuze sikwazi ukwenza kahle izinto esidinga ukuzenza. Ukudla okunempilo kusinika amandla kusisize ukuze sikhule.



Masibhale

Buka lezi zithombe. Bhala igama lokudla ngakunye ngezansi kwesithombe ngasinye.



Yini othanda kakhulu ukuyidla? Yikuphi ukudla ongakuthandisi kahle? Bhala phansi uhla lwalezi zinto ngaphansi kwesihloko esifanele. Khetha ezithombeni ezingenhla.

Ukudla engikuthandayo

Ukudla engingakuthandi

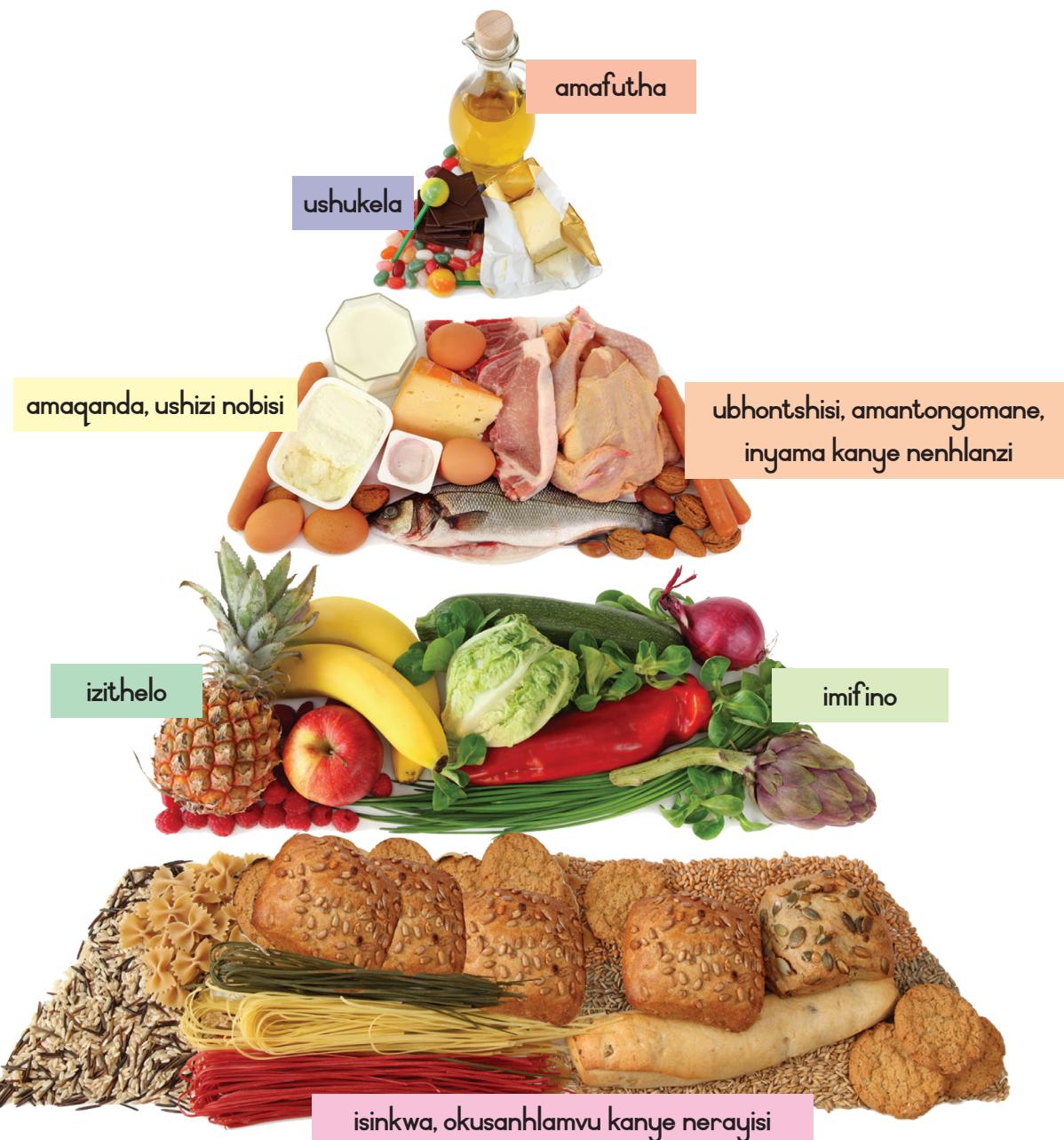
Usuku: .....



Masifunde

Singakuhlukanisa amaqoqo ayisi-7 lokhu kudla.

Kumele udle ukudla okusezansi nesithombe njalo nje. Ungakudla nalokho okungenhla, kodwa ungakudli njalo.



Masikhulume

Xoxani njengetkasi.

Kungani sifanele ukudla kancane ukudla okusesithombeni esingenhla futhi sidle kancane ekudleni okungezansi kwesithombe?

Teacher:
Sign:
Date:

# Kuvelaphi ukudla okwahlukahluken?

Masifunde

Abalimi batshala izinto bafuye izilwane ukuze sithole ukudla. Singakupheka ukudla. Singazixuba futhi izinhlobo ezahlukene zokudla.



Isinkwa namasiriyeli kuvela kukolweni.



Sithola amaqanda ezinkukhwini.



Sithola ubisi ezinkomeni kanye nenyama kuzo izinkomo futhi.  
Senza iyogathi noshizi ngobisi.



Izithelo zimila ezihlahleni kanye nasezitshalweni.



Sisebenzisa ummbila ukwenza impuphu.

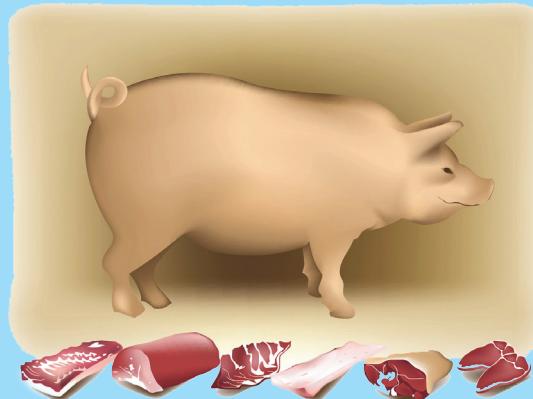
Usuku: .....



Uju luvela ezinyosini.



Ushukela wenziwa ngomoba.



Sithola ihemu nobhekeni ezingulubeni.

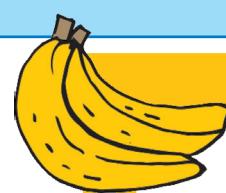


Sikwazi ukutshala izitshalo engadini.



Masenzeni lokhu

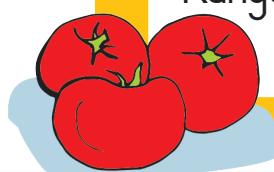
Culaní leli culo  
kanye nothisha.



Ama-aphula, ugwava, ubhbanana,  
Ubhontshisi, uphizi, namazambane.

Konke lokhu kwenza imizimba yethu iqine.  
Kusenza silungele ukusebenza.

Ngidla kuphela ukudla okunempilo!  
Kungenza ngibe namandla, ngibe qatha.



# Ukudla okunempilo nokungenayo

Amasonto 8  
Ithemu 3 -



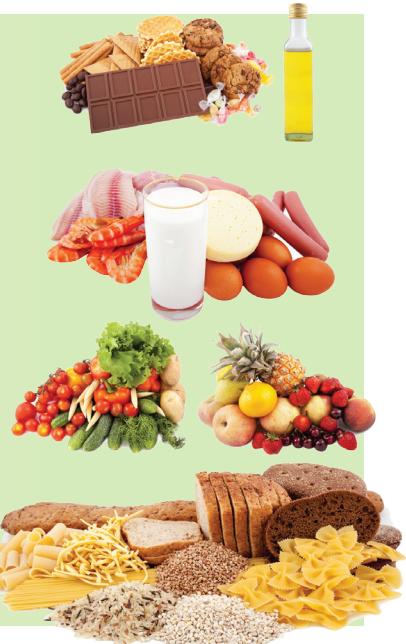
Masifunde

Ukudla esikuthandayo akuvamile ukuthi konke kube nempilo. Ngesinye isikhathi singakuthanda ukudla kodwa kungabi nayo impilo. Kwesinye isikhathi futhi siyaye singakuthandi ukudla kutholakale ukuthi kunempilo lokho kudla.

Kodwa ukudla okuningi kakhulu kohlobo olulodwa akuvamile ukuthi kube kuhle empilweni yethu.

Akulungile ukukudla kakhulu. Idla uzwe ukuthi usuthi.

Ungaqhubezi nokudla nje ngoba lokho kudla ukuthanda.



Masenzeni lokhu

Sika izithombe zokudla okunempilo kanye nokudla okungenayo impilo emaphephabhuwini ukunamathisele emathinini afanele. Uma ungazitholi izithombe ozidingayo vele ukudwebe lokho kudla.



Ukudla okunempilo



Ukudla okungenayo impilo



Masibhale

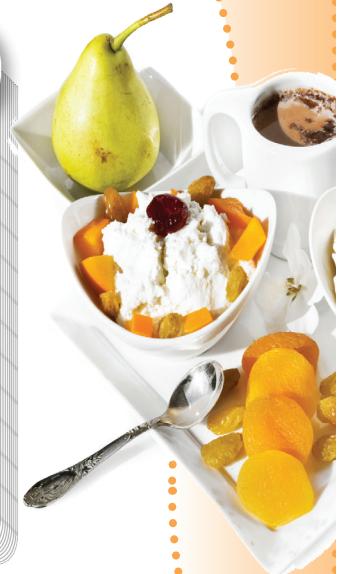
Sebenzisa izinto ozifundile ngokudla ukubhalala uhla lwakho lokudla.

Usuku: .....

Kwasekuseni

Kwasemini

Kwakusihlwa



Masenzeni lokhu

Manje ake senzeni isaladi yezithelo. Landela le miyalelo engezansi.



Uzodinga lokhu:

- Izithelo eziyizinhlobo ezahlukene
- Ummese nesipunu
- Indishi enkulu

Landela lezi zinyathelo:

- Washa izithelo.
- Susa isikhumba sesithelo (njengamawolintshi).
- Sika isithelo sibe yizingcezu ezincane.  
(Cela umuntu omdala akusize).
- Hlanganisa izithelo endishini.
- Kudle kunjalo ukuthokozele.



# Ukukhweza (ukugcina) ukudla

IThemu 3 - Amasondo 9

Masifunde

Buka lezi zithombe.



Masikhulume

Yini oyiphawulayo ngalezi zinsuku?

Uthi sisengakudla lokhu kudla?

Ucabanga ukuthi kwenzekeni kulokhu kudla?



Masifunde

Ukudla akuhlali kukuhle sonke isikhathi. Ezinye izithelo nemifino kuyaye kuqale ukubuna kubole. Inyama, inhlanzi kanye nemikhiqizo yobisi kuyonakala. Emva kwalokho asikwazi ukukudla. Kumele senzeni ukugcina ukudla kusebenziseka? Indawo ephephile enhle yokugcina ukudla yisiqandisi. Kodwa ukudla kuyonakala uma kubekwe esiqandisini isikhathi eside. Zikhona ezinye izindlela zokugcina ukudla kusebenziseka.



### Masikhulume

Buka lezi zithombe.

Xoxisana nomngani wakho ngazo. Yiziphi izindlela ezahlukene zokugcina ukudla kusesimeni esihle?

Zikhona ezinye izindlela ozicabangayo? Xoxa nomngani wakho ngalokhu. Chazela iklasi ngezibonelo onazo.



Usuku: .....



### Masibhale

Buka izithombe ezingezansi bese ufunda amagama asemabhokisini. Manje bhala elilodwa lalawa magama ngezansi kwesithombe ngasinye esihambisana negama.

Kusesimeni esihle

Ukukugcina emathinini

Ukukomisa

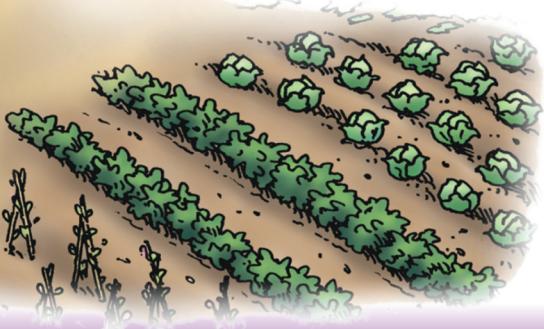
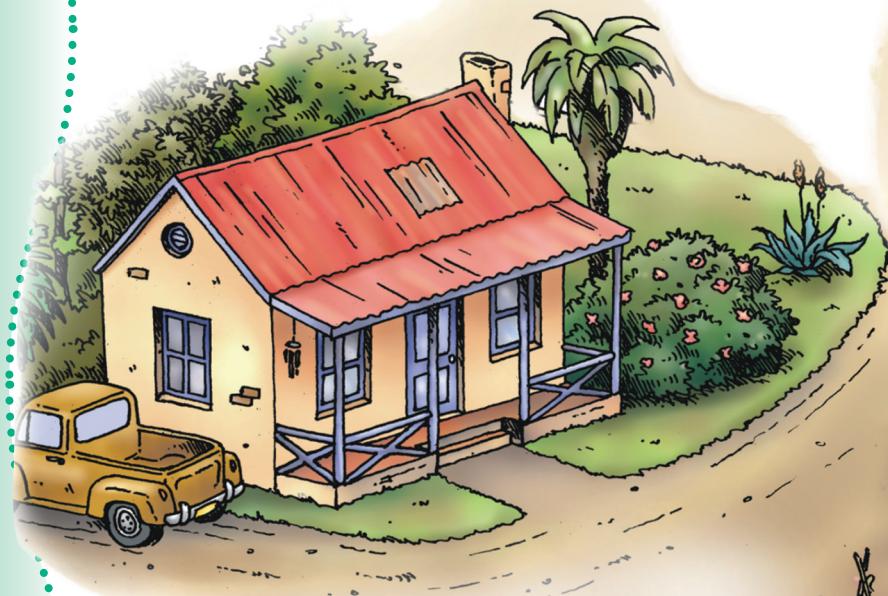
Ukuquqandisa



Teacher: \_\_\_\_\_  
 Sign: \_\_\_\_\_  
 Date: \_\_\_\_\_



Ikhaya lakho yindawo ohlala  
kuyo. Abantu baseNingizimu  
Afrika bahlala ezindaweni eziningi  
ezingamakhaya ahlukahlukene.  
Kukuphi  
lapho ungathola khona  
la makhaya?

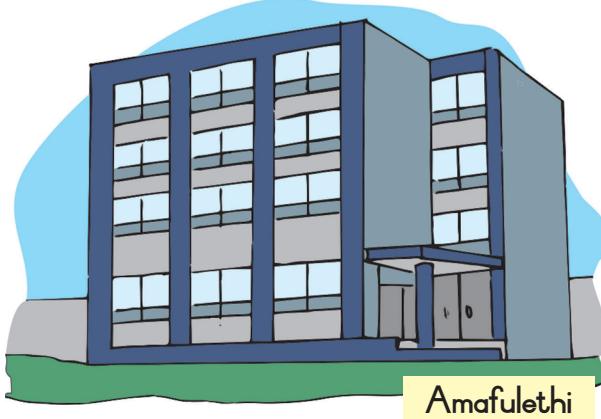


Usuku: .....



Masikhulume

Buka lezi zithombe. Xoxa nomngani wakho ngezinto ezifanayo ezikhona emizini eminingi eyahlukene. Khuluma futhi ngezinto ezingafani emakhaya. Yikuphi okuningi? Kungabe ngokufanayo noma ngokungafani?



Amafulethi



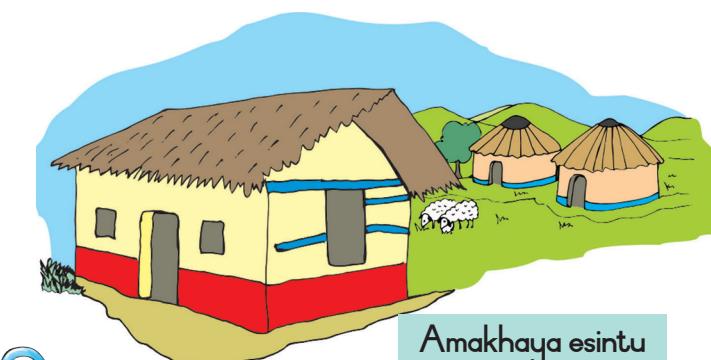
Izindlu ezinezitezi ezimbili



Amakharavani namatende



Izindlu zasemijondolo



Amakhaya esintu



Masenzeni lokhu



Izindlu ezinezitezi esisodwa

Sebenzani ngamaqembu. Tholani ibhokisi lezicathulo, noma elinye nje ibhokisi. Lipendeni lifane nekhaya. Zibumbe wena ngobumba lokudlala, wenza okuthile ngaphandle kwaleli khaya.



Teacher:

Sign:

Date:

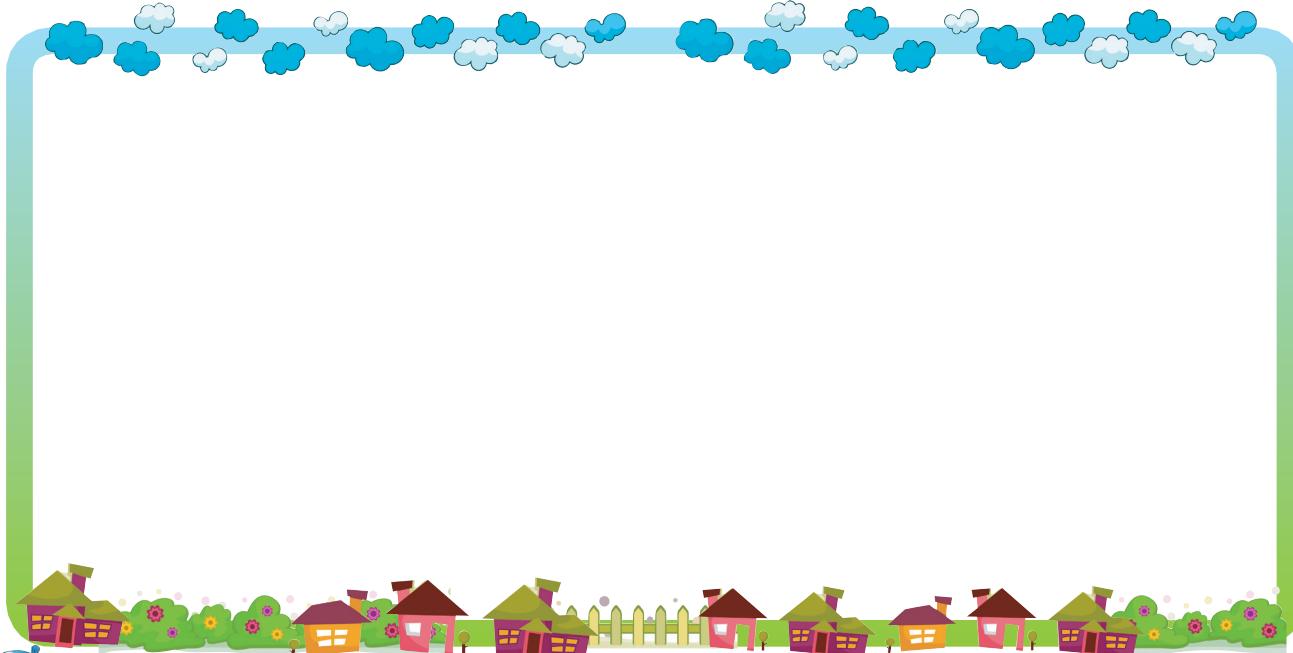
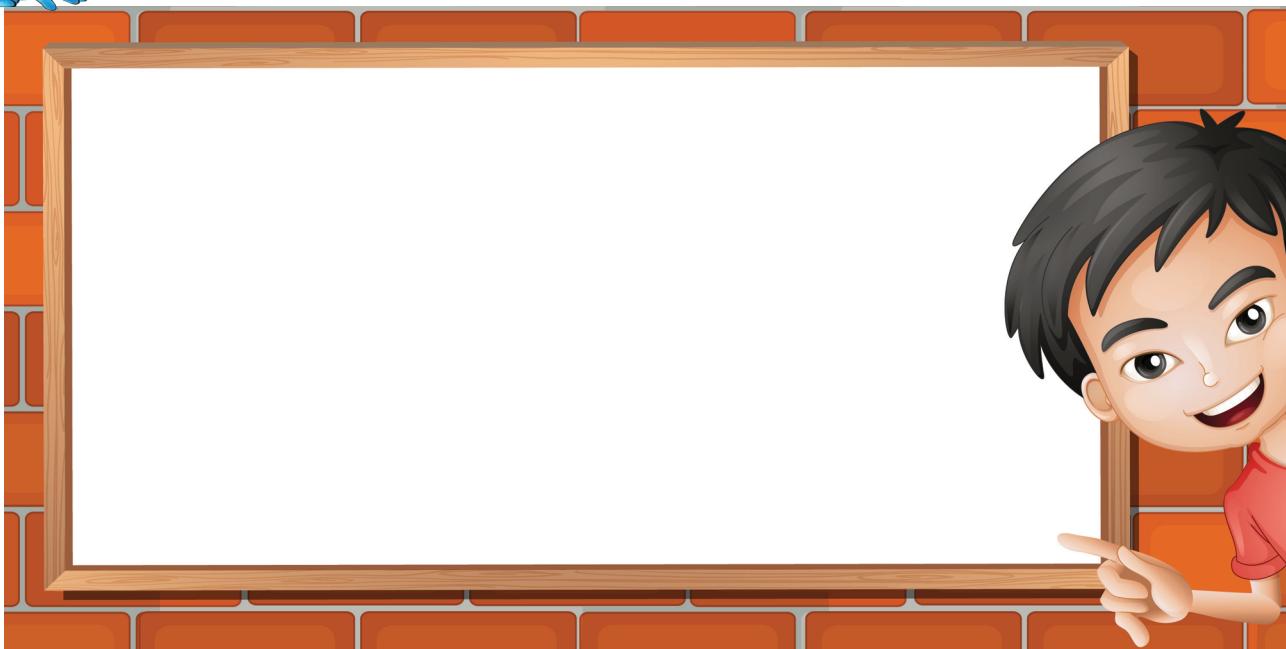
50

# Izinhlobo zamakhaya (2)

IThemu L - Amasono /

Masenzeni lokhu

Ake ucabange amakhaya ahlukahlukene osuke wawabona. Dweba izithombe zamakhaya amabili angafani oke wawabona.



Masikhulumu

Uma ikhaya lakhwi kahle asigodoli noma kushise kakhulu uma sihlezi kulo. Asiyizwa nemvula noma umoya omkhulu. Akubona bonke abantu abavikeleke kanjena.

Okumele ukwenziwa nguthisha:  
Uthisha wenu uzonilalela uma  
nethula imibono.



Xoxa nomngani wakho mayelana namasu enziwa abantu ukuzivikela uma bengahlali ezindlini.



Masiqhubeke

Usuku: .....

- Yelula izandla uziphakamise ukupenda uphahla lwendlu yakini.
- Guqa enhlabathini ukutshala izitshalo zasengadini.
- Yelula izingalo uvule amafasitela endlu yakho, bese uvala wonke amafasitela.
- Goba ususe ukhula engadini
- Shanelia phansi ngomshanelo omude.
- Washa amafasitela ngendwangu.



Okumele ukwenziwa nguthisha:

Lalela isigqi sesigubhu esidhalwa nguthisha wenu. Hambisana nesigqi. Uma uthisha eququla isigqi, guqula ijubane lendlela onyakaza ngayo. Lalelisisa!



Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_

# Izinto okwakhiwa ngazo amakhaya ahlukahlukene

Amasondo 2  
IThemba



Masikhulume

Sisebenzisa izinto ezahlukene ukwakha izindlu.

Bheka izithombe ngezansi.



izitini



amathayili



uthayela



usimende



utshani bokufulela/  
umhlanga



ingilazi



izigxobo



ukhuni



amatshe



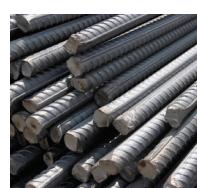
okokwakha amatende



iplastiki



ubumba/udaka



insimbi



izikhumba



isihlabathi



Xoxa nomngani wakho ngezinto ezahlukene zokwakha izindlu.

Yikuphi okuqhamuka efemini?

Zivelaphi ezinye izinto?

Tshela iklasi ukuthi izindlu ozibone uza esikoleni zakhiwe ngani.

Okumele ukwenziwa nguthisha:  
Uthisha wenu uzokwenza uhlu  
ebhodini.





Masenzeni lokhu

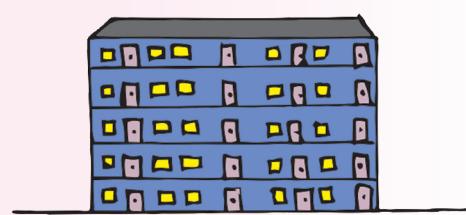
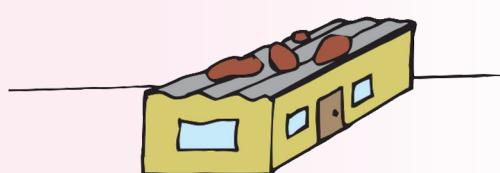
Dweba umugqa usuke endlini ngayinye  
uye entweni eyakhiwe ngayo.

Usuku: .....

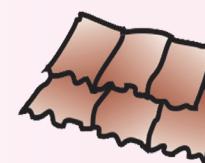
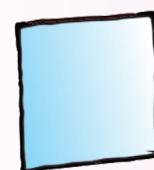
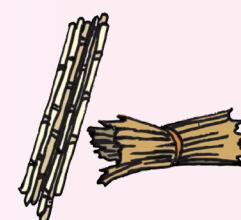
Okumele ukwenziwa nguthisha;  
Uthisha wenu uzothatha izincwadi  
eniphendulele kuzo azihlole.



Uhlobo lwendlu



Izinto zokwakha



Teacher:  
Sign:  
Date:

# Amakhaya nesimo sezulu



Masifunde

Amakhaya avikelaabantu ezimeni ezahlukene zezulu. Asivikela emisebenzini eshisayo yelanga. Asivikela emakhazeni, emoyeni kanye nasemvuleni.



Uthi bewazi ukuthi abantu abahlala ezindaweni ezibandayo banendlela engajwayelekile abakha ngayo amakhaya abo? Bakha izindlu ezifudumalayo uma likhithika.

Leli yibalazwe lezwe lase Greenland, okuyizwe elibanda kakhulu.



Abanye babantu ababizwa ngama-Inuit abahlala e-Arctic elineqhwaeliningi bakha izindlu ngalo. Iqhwa livimba amakhaza. Lezi zindlu zibizwa ngama-igloo.



Masenzeni lokhu

Usuku: .....

Eqenjini lenu dlalani umdlalo wokukhombisa ukuthi  
ningayakha kanjani indlu.

Khethani ukuthi luhlobo luni lwendlu enizolwakha.

amafulethi

Zinto zini enizozisebeniza?

izindlu zesintu

Ubani ozokwenzani?

izindlu ezinesitezi esisodwa  
noma eziningi

Yini enizoqala ngayo?

izindlu zaseKapa

Niyogcina ngani? Sebenzisa lawa magama alandelayo:

izitini

udonga

upende

umnyango

uphahla

ushimula

ifasitela

usimende



Masifunde

Yisho le nkondlo ibe  
yingxene yomdlalo wenu:



Yakha, yakha indlu yakho entsha sha!

Letha izitini, kala lolo donga

Shayela isipikili, phendula isikulufu –

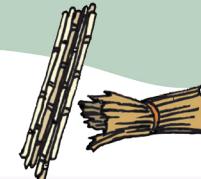
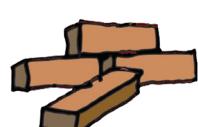
Yenza umpheme wokuvimba ilanga.

Yakha, yakha indlu yakho entsha sha!

Letha isihlabathi nezivalo namathayili

Letha amanzi, xova usimende –

Yenza umpheme wokuvimba imvula.



53

# Sizithola kanjani izindawo nezinto? (1)

Amanonto 3

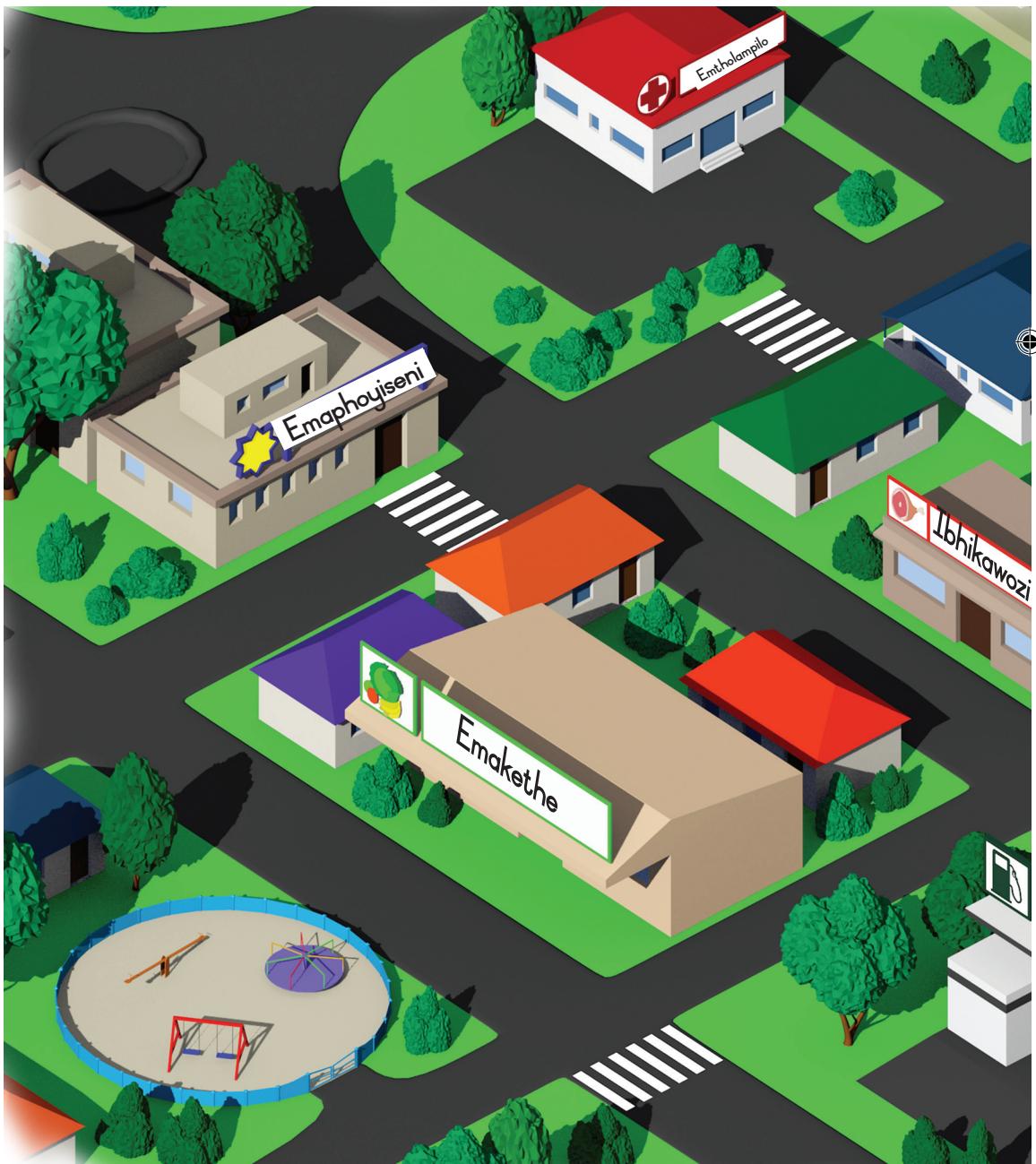


Masifunde

Kunezinhlobo ezahlukene zamabalazwe. Ukukhetha ibalazwe elifanele kumele wazi ukuthi kungani ufunza ukusebenzisa ibalazwe.

Amabalazwe akhombisa imigwaqo asisiza ukuthola izindawo nemigwaqo emadolobheni.

Abalimi bathanda amabalazwe akhombisa izinto ezinjengamadamu, imifula kanye nezintaba.



Usuku: .....



Masenzeni lokhu

Xoxa ngale mibuzo nomngani wakho. Kokelezela izindawo ezithile  
ezisesithombeni emakhasini amabili alandelayo.

Uzozitholaphi izincwadi odinga ukuzifunda?

Uzolubika kuphi udaba lokwebelwa?

Ungaya kuphi uma ugula?

Ukuthengaphi ukudla?

Ulimela kuphi ibhasi?

Uuwela kuphi umgwaqo lapho kuphephe khona?

Okumele ukwenziwa nguthisha:  
Uthisha uzofunda lokhu  
ngakunye, wena uzofuna  
izimpendulo uzithole.



Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_



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# Sizithola kanjani izindawo nezinto? (2)

Amasonto 3  
IThemba Lwandle

Masikhulume

Buka indlela elandelwa ngu Jason esuka ekhaya lakhe eya esikoleni.

Chazela umngani wakho ukuthi u Jason ulandela yiphi indlela. Sebenzisa amanye alawa magama:

phezulu

udlule

ukuhamba njalo

ngaleya

ngaphansi

Yilaphi lapho u Jayson engawela khona  
umgwaqo ngokuphepha?





## Masiqhubeka

- Beka kahle intambo enhlabathini.
- Uwena ozohamba kule ntambo.
- Hamba uye phambili, uhlehle uphinde uye ngapha nangapha ulandele intambo.
- Hamba uye phambili ulandele intambo izandla uzibeke ekhanda.
- Hamba uhlehle ulandele intambo, izandla uzibeke emhlane wakho.
- Hamba uye le nale ulandele intambo, ubekе izandla ezinqulwini.

Usuku: .....



## Masifunde

Wenze kahle kanjani? Uma kungukuthi ukwazile ukukwenza konke kahle, faka umbala ebusweni obumamathekayo. Uma kungukuthi awukwazanga ukwenza kahle, faka umbala ebusweni obuswacile. Uma ukwaze ukwenza okumbalwa kahle, faka umbala ebusweni obuphakathi nendawo.



Ngikwazile ukuhamba ngiye emuva naphambili ngilandela intambo.

Ngikwazile ukuhamba ngiye ngapha nangapha ngilandela intambo.

Ngikwazile ukuhamba ngiye phambili ngilandela intambo ngibeke izandla ekhanda.

Ngikwazile ukuhamba ngihlehle ngilandela intambo ngibeke izandla ngemuva.

Ngikwazile ukuhamba ngiye ngapha nangapha ngilandela intambo ngibeke izandla ezinqulwini.



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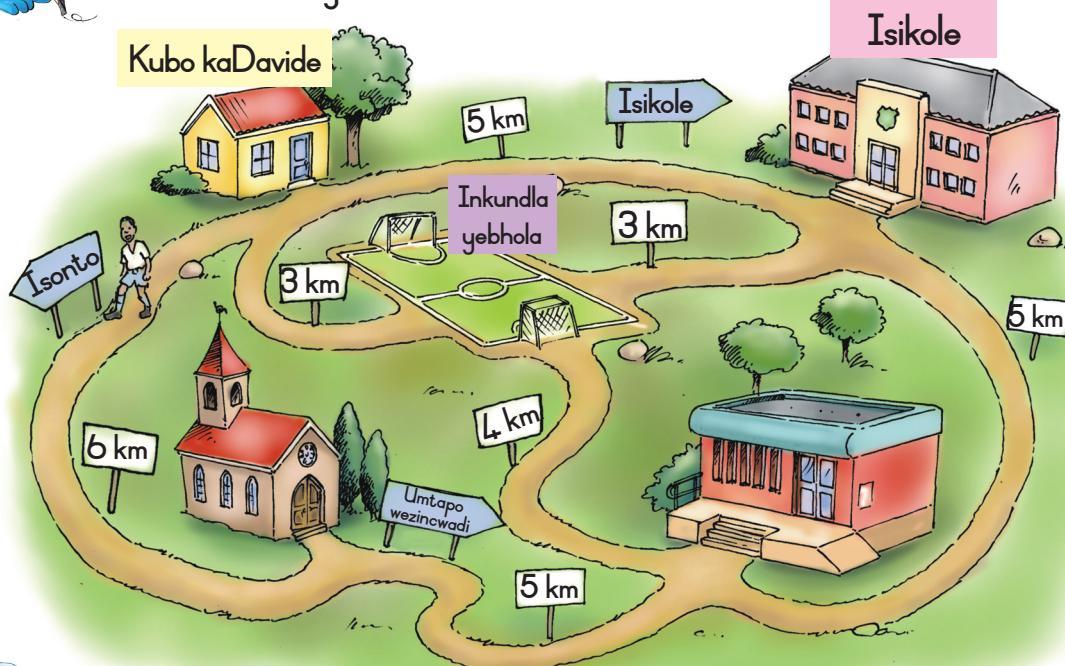
# Ukuthola indlela

Amabalo  
Amabalo  
Amabalo  
Amabalo



Masibhale

Amabalazwe anezithombe asisiza ukubona ukuthi izindawo zigzagqene kangakanani. Buka leli balazwe.



Masibhale

Phendula le mibuzo. Ungamcela nomngani wakho akusize.

Yenza isiyungi lapho kukhona khona i-km.

Ugcine uneziyungi ezingaki?

UDavide uyahamba ukuya  
emtatsheni wezincwadi.

Yini ayibona eduze komtapo wezincwadi?

Zimpawu zini azibona endleleni?

Uhambe ibanga elingakanani uDavide?

Yisiphi isakhiwo uDavide asibona engaphambi komtapo wezincwadi?

UDavide ulambile. Ufuna ukuya ekhaya. Thola umgwaqo omfushane kunayo yonke oya ekhaya.

Kungabe inkundla yebhola iseduze kwasekhaya lakhe?

Okumele ukwenziwa nguthisha:  
Uthisha uzonitshela ukuthi  
indawo eyikhilomitha elilodwa  
iqhelelene kangakakani  
nesikole. Lokho sikubhalala  
kanje: 1 km.

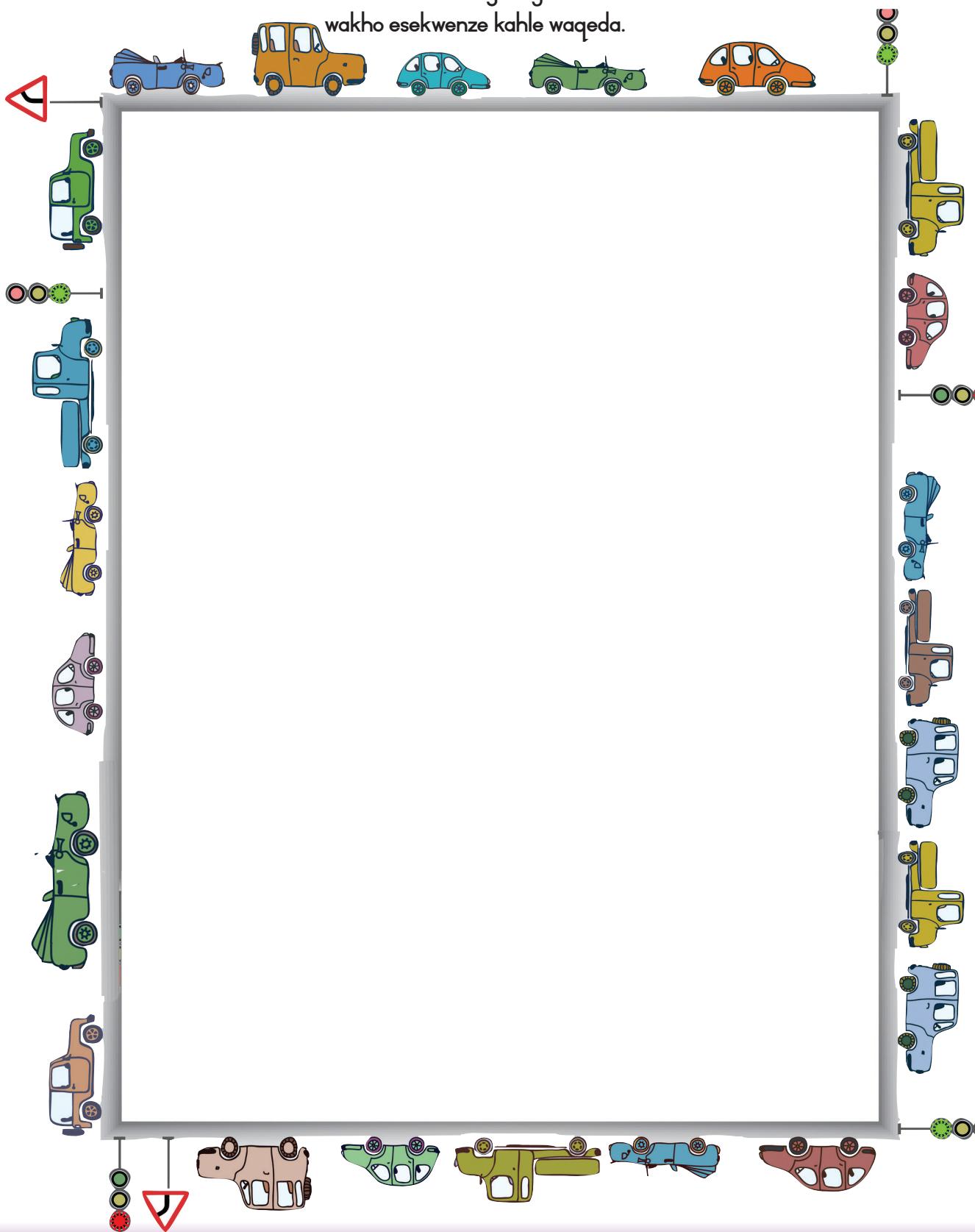




## Masenzeni lokhu

Usuku: .....

Dweba isithombe sakho sebalazwe sendlela ephakathi kwezindawo ezimbili. Khetha noma yiziphi izindawo ezimbili. Uma sewuqedile, ungakhombisa abangani bakho ibalazwe. Khombisa umngani wakho ibalazwe bese umcela achaze ukuthi uhamba kanjani ngokwebalazwe omkhombise lona. Qiniseka ukuthi ukwenza ngokuyikho ukuchaza kwakhe. Tshela uthisha uma umngani wakho esekwenze kahle waqeda.



Teacher:
Sign:
Date:

# Ukuthola izehlakalo endabeni

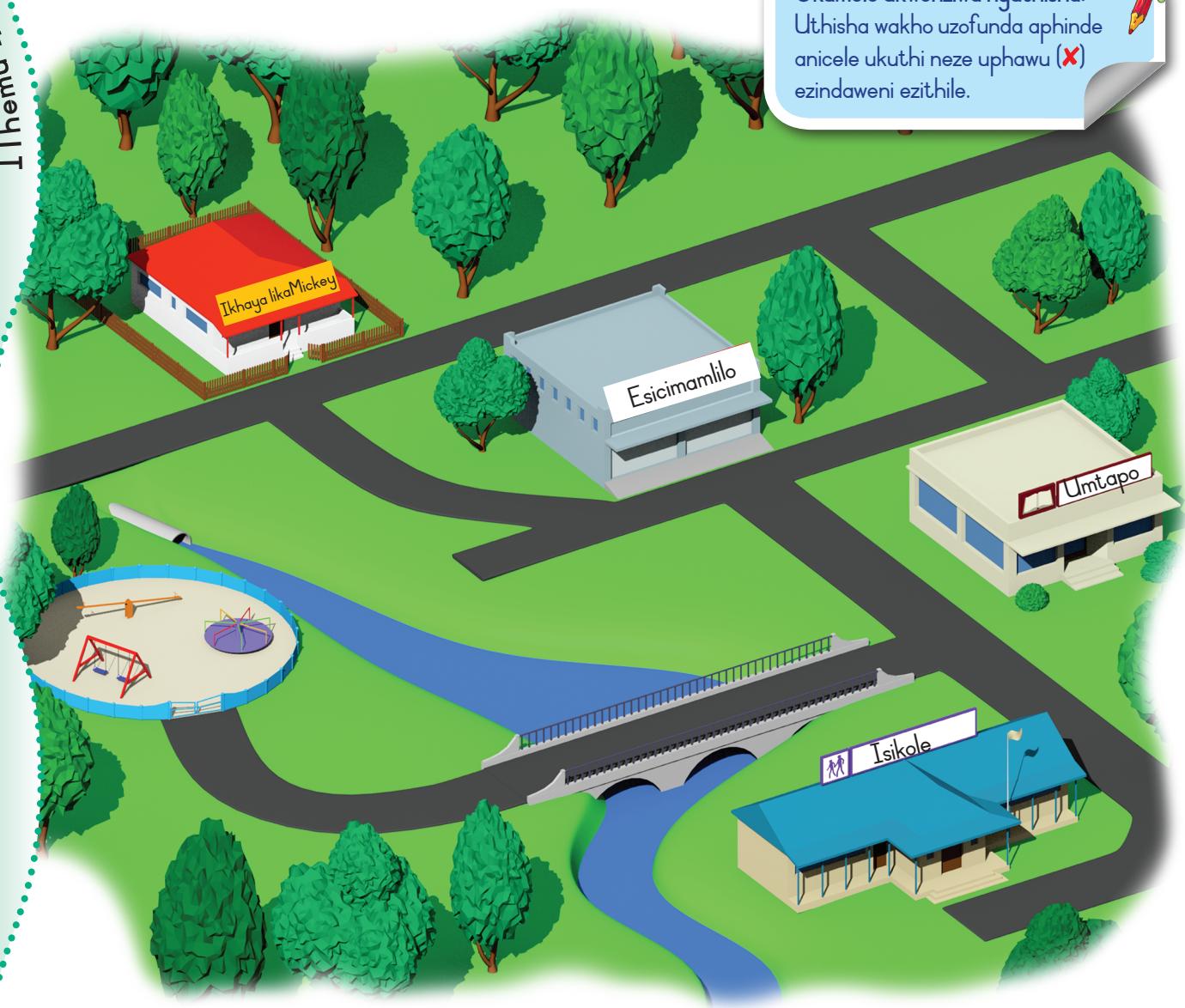
IThemba 4 – Amasonto 4



Masenzeni lokhu

Uthisha wakho uzofunda indaba ekhulumu ngoMicky.  
Lalelisisa. Landela indlela esebalazweni elisencwadini yakho.

Okumele ukwenziwa nguthisha:  
Uthisha wakho uzofunda aphinde  
anicele ukuthi neze uphawu (X)  
ezindaweni ezithile.



NgeMiggibelo uMicky uyaye adlale nabangani bakhe epaki (X).

Ekuseni ngelinye ilanga unina wamucela unina wathi: "Ugogo uyagula. Ngicela umhambisele ukudla."

uMicky uthatha isikhwama esikhulu sokudla. Kodwa uma eseyophuma ngesango (X) uhlangana nendoda ethile. Ikhulumu ngezwi elimahhadlahhadla ithi, "A, uthwele ukudla. Okukagogo, angithi?" Kwamethusa uMicky lokhu.

Wahamba washesha ebheke ezansi nomgwaqo ngasesiteshini sabacishimlilo.

Uma efika lapho wajika waya ngakwesokunxele (X). Kuthe uma ebheka emuva emgwaqweni, wabona yona leyo ndoda imlandela.

uMicky unquma ukuyofuna usizo kubangani bakhe epaki.

Uma efika emtatsheni wezincwadi, uya ngakwesokudla bese eqhubekela phambili (X). Kwesokunxele wabona ukuthi kunesikole wasidlula (X).

Kuthulile lapha, emigwaqweni yonke. uMicky washesha manje emgwaqweni (X).

Walibona ipaki ekugcineni. Wawela ibhuloho (X) waya wayofinyelela kubangani bakhe esangweni! (X)



Masiqhubeke

Sizoddala umdlalo wokunikezelana.

- Bekani izihlalo zenu zibe yisiyingi. Dlalani umdlalo othi "izihlalo zokucula" – lo mdlalo udinga nthole indlela emfushane kunazo zonke ukufinyelela esihlalweni.



Teacher:	
Sign:	
Date:	



# Indlela esisebenzisa ngayo amanzi emakhaya nasesikoleni

5

Amanzi - IThemu L - Amanzi onto 5



Masibhale

Sisebenzisa amanzi zonke izinsuku. Bona izindlela ezahlukene esisebenzisa ngazo amanzi. Bhala ngezansi kwesithombe usho ukuthi amanzi assetshenziselwani. Sebenzisa lezi zihloko.

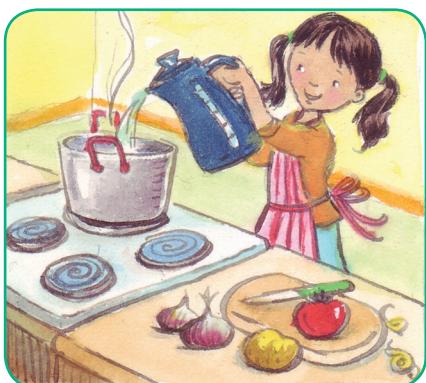
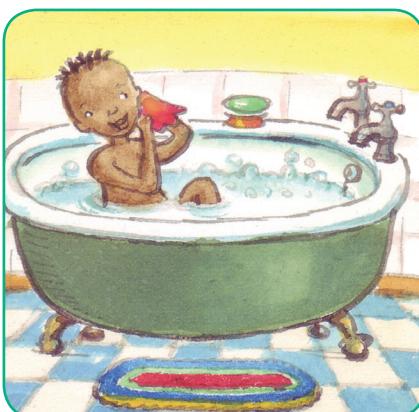
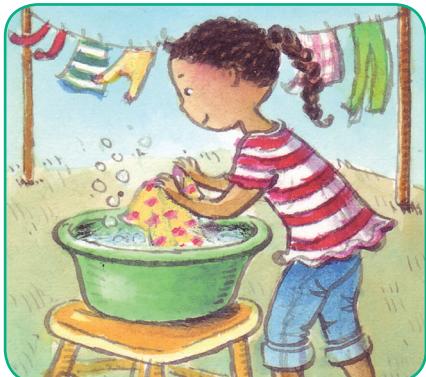
Ukucisha umlilo

Ukuzigiza thina

Ukusiza izitshalo zikwazi  
ukukhula

Ukuwashsha izingubo nezitsha

Ukupheka ukudla

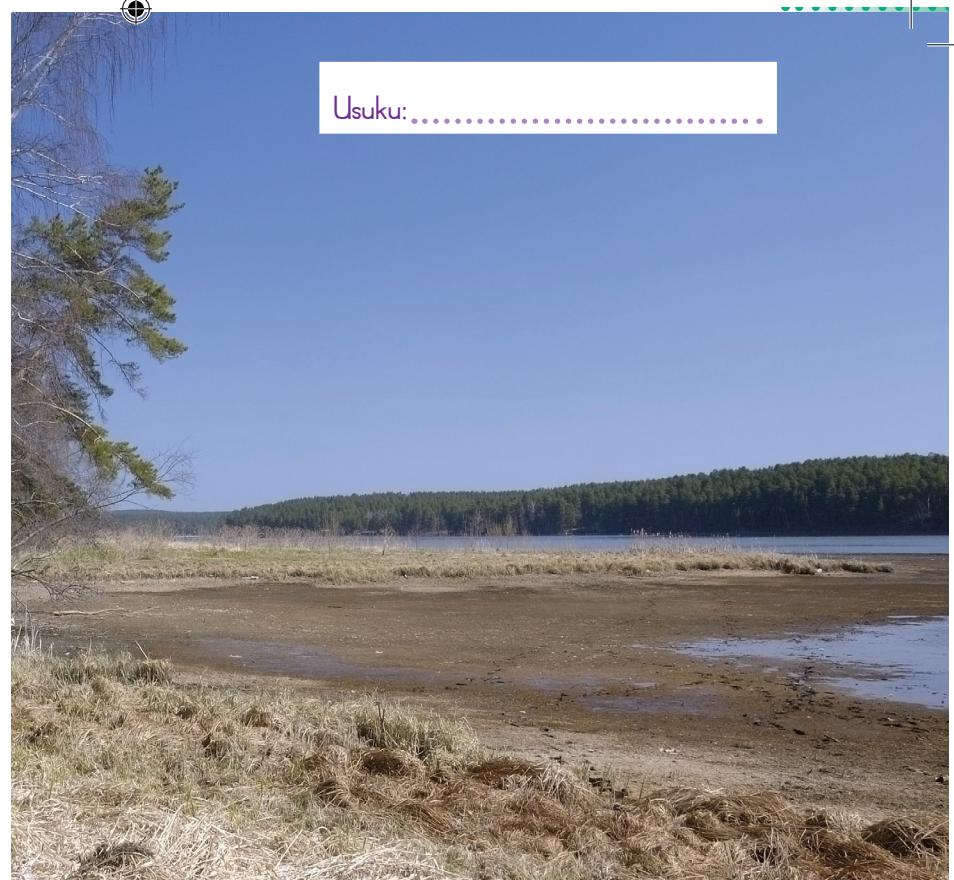




### Masikhulume

Khuluma ngezindlela eziningi esisebenzisa ngazo amanzi.

Ake uchaze ezinye izinto esizisebenzisela amanzi. Amanzi ayisidingo. Xoxa ngokuthi siwamosha kanjani. Yini engenzeka uma engaphela nje nya?  
Yethula imibono yakho eklasini.

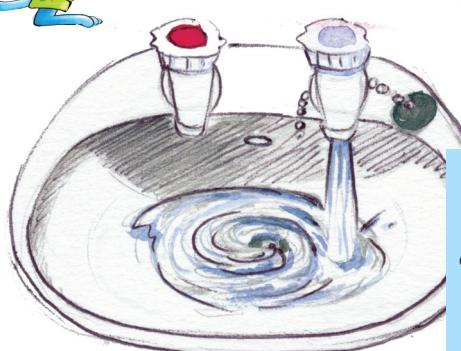


Usuku: .....



### Masiqhubeke

Lingisela lokhu okulandelayo:



Umpompi ovuliwe,  
amanzi ageleza angene  
endishini enkulu.



Amafú ayahlangana,  
lina kakhulu emva  
kwalokho, bese kuthi  
ekugcineni anyamalale.



Umfula uyagobhoza  
emadwaleni wedlulela  
endaweni enesihlabathi.



### Masiddaleni

- Dlalani umdlalo othi "Amabhakede namaconsi amanzi".

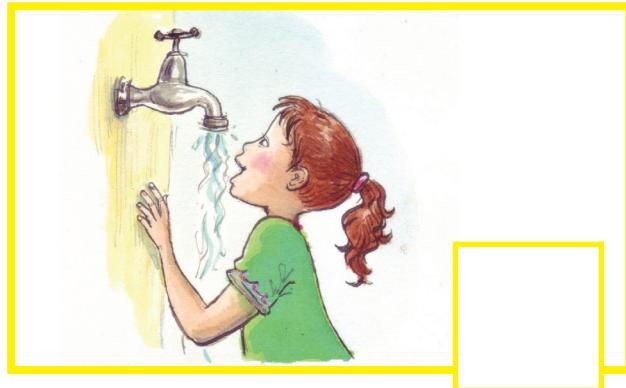
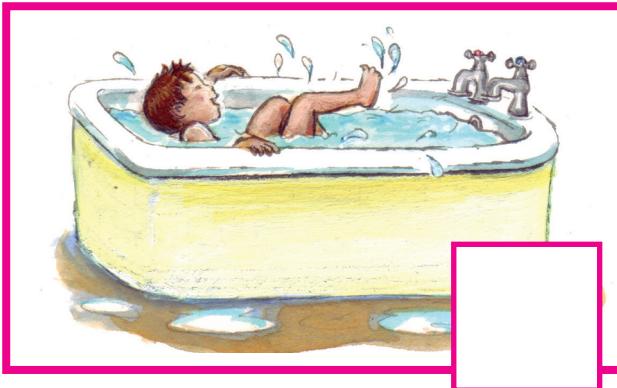
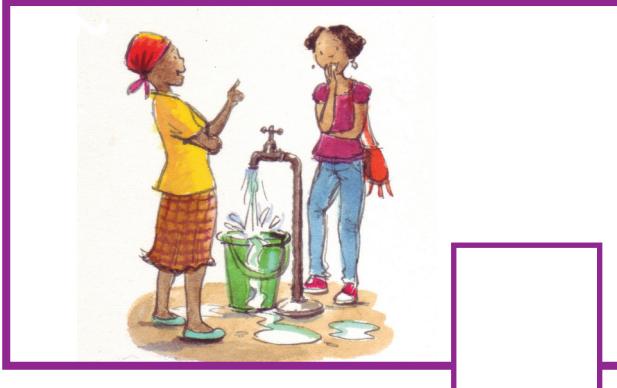
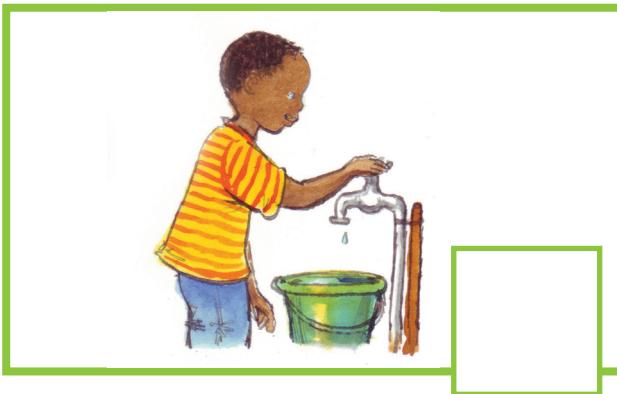
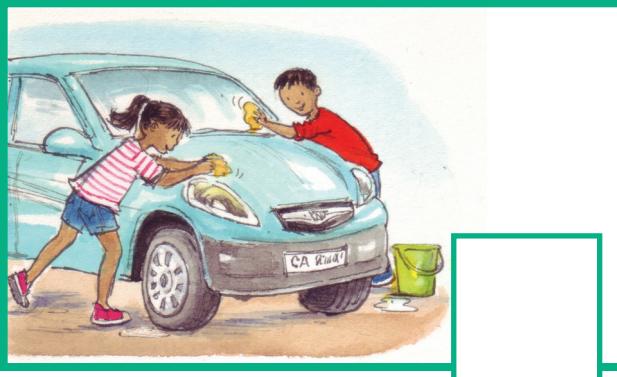
Teacher:  
Sign:  
Date:

# 58 Indlela amanzi amosheka ngayo

IThemul - Amazonto 5



Buka lezi zithombe. Beka uphawu lokuthikha (✓) eduze kwesithombe esiveza ukugcineka kwamanzi, ubeke isiphambano (✗) eduze kwesithombe esiveza ukumosheka kwamanzi.



Usuku: .....



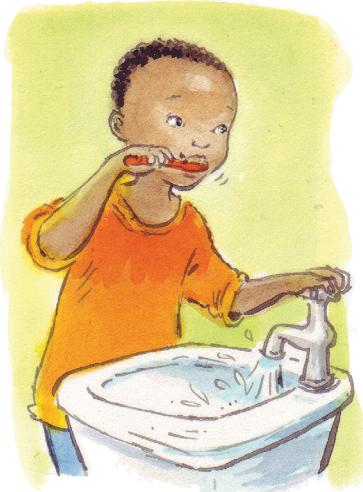
### Masikhulume

Buka izithombe ezinesiphambano. Xoxisana neklasi mayelana nokuthi abantu kulezi zithombe benzani. Xoxa ngokuthi bangawasebenzisa kanjani ngokuwonga amanzi.

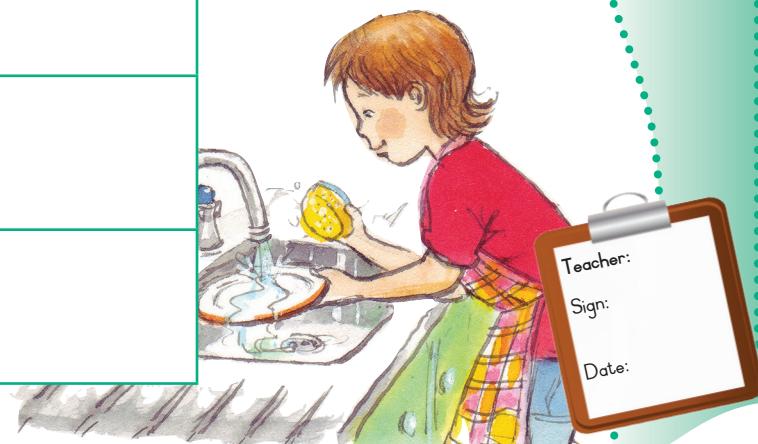


### Masibhale

Buka izithombe. Funda umusho ongezansi. Faka uphawu lokuthikha (✓) esenzweni ngasinye sokonga amanzi, ufake isiphambano (✗) esenzweni ngasinye esingukumosha amanzi.



	✓ noma ✗
Ngidedela amanzi aphume empompini ngenkathi ngixubha amazinyo.	
Angiwachithi amanzi ebengizeza ngawo, kunalokho ngichelela ngawo engadini.	
Ngigeza ngamanzi agcwele ubhavu njalo ebusuku.	
Ngiyawuvalisia umpompi uma ngiwubona uconsa amanzi.	
Sigeza izitsha ngamanzi aphuma angayeki empompini.	





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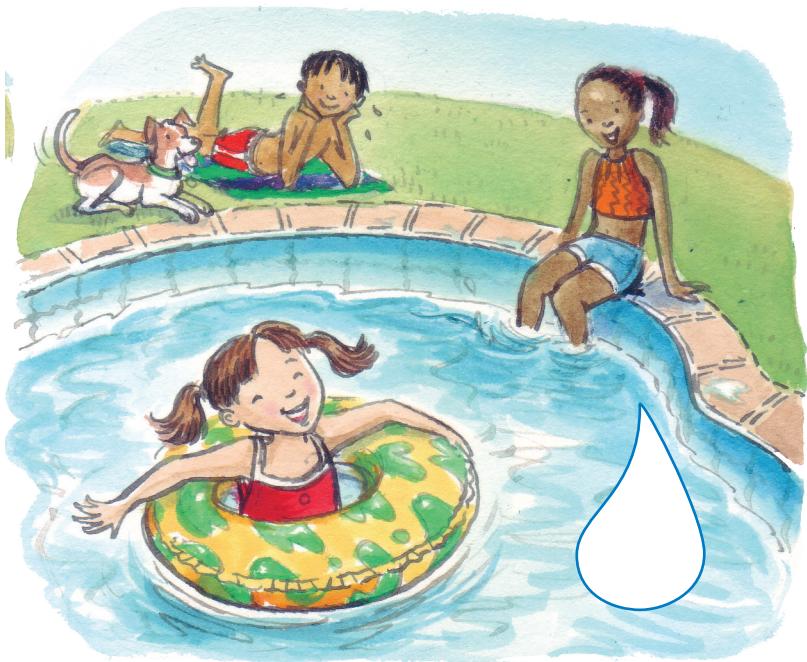
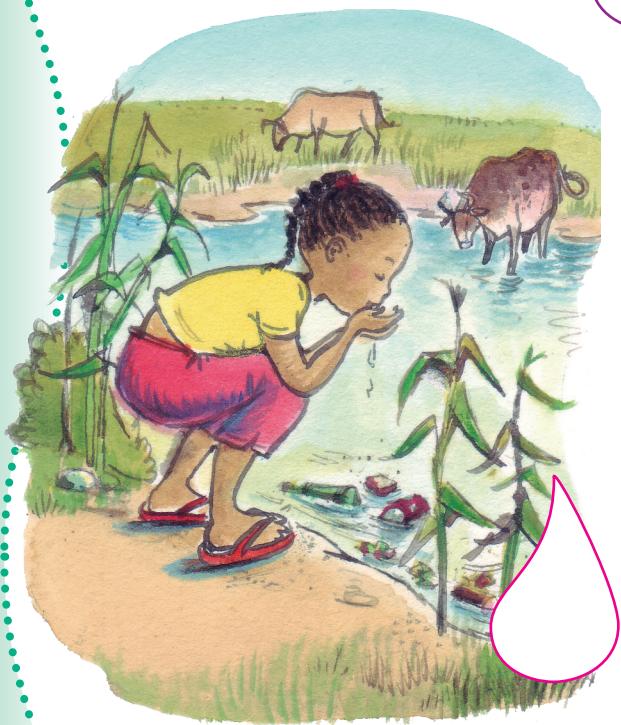
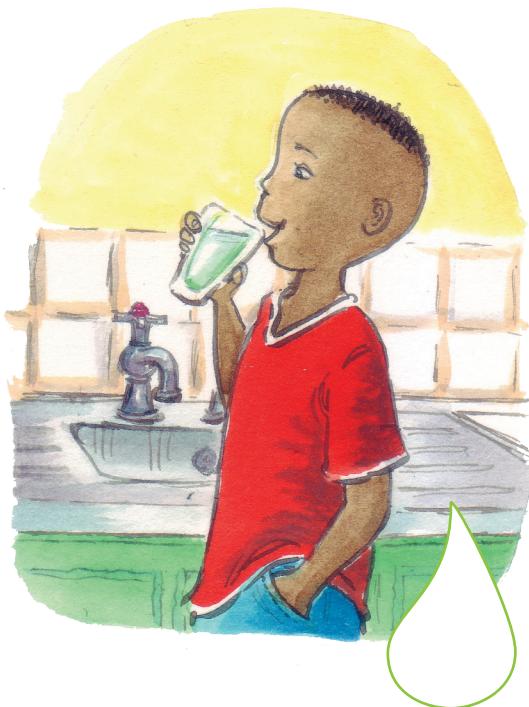
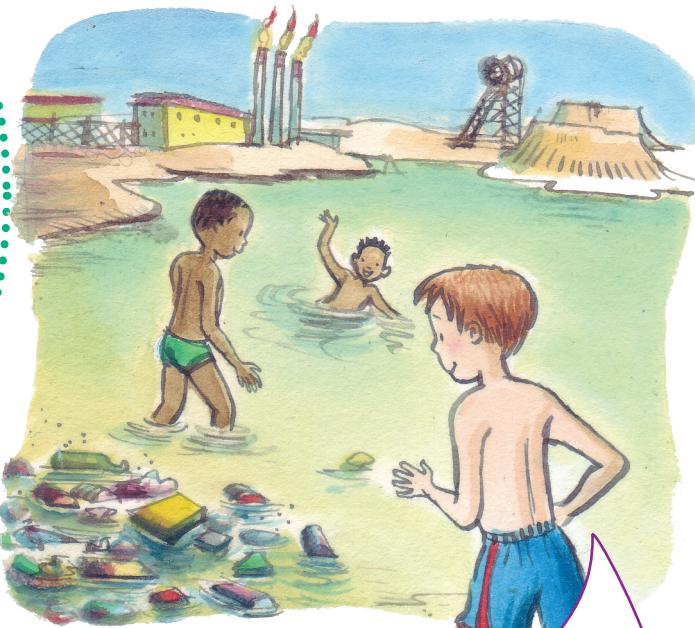
# Amanzi okuphuza aphephile nangaphephile

Amanzonto 6



Masibhale

Buka lezi zithombe. Beka uphawu lokuthikha (✓) eduze kwesithombe esiveza ukwenza izinto eziphephile. Beka isiphambano (✗) eduze kwesithombe esikhombisa ukwenza izinto ezingaphephile.





Usuku: .....

Bhala igama "**kuphephile**" noma "**akuphephile**".  
ukuqedela umusho ngamunye. Sikwenzele okokuqala.

**Ukuphuza amanzi angcolile akuphephile.**

Ukubhukuda emanzini angcolile \_\_\_\_\_.

Ukuphuza amanzi abilisiwe \_\_\_\_\_.

Ukuphuza amanzi aphuma emfuleni ongcolile \_\_\_\_\_.

Ukuphuza amanzi ahlanzekile aphuma empompini \_\_\_\_\_.



**Dlala lo mdlalo nabanye ababili.**

- Shayani izandla nilandele isigqi sokuconsa kwamanzi:
  - aconsa kancane empompini
  - aconsa masinya empompini
  - aphuma ngekubaza wonke.
  
- Dlalani noma yimuphi omunye umdlalo lapho nizoshaya khona izandla.



- Gxuma njengesele liphuma emanzini angcolile.
  - Gxuma njengesele lingene emanzini ahlanzekile.
  - Gijima njengehhishi elomile liya emanzini agelezayo liyophuza.
  - Gijima kakhulu ubalekele imvula ena ngamandla.
  - Gxuma ematsheni uwele umfula. Siza nalabo abangakwazi ukuhamba ukuthi bawele nabo.
  - Phenduphenduka endaweni eyodwa ulingise amanzi ephuma ebhavini (ube wedwa noma ube nomngani).
  - Uthisha uzosho uma esefuna niguqukele kwenye into.
- Lulaleleni uphawu alwenzayo.



# 60

# Ukugcina amanzi ehlanzekile

Amanzonto 6



Masifunde

Kumele siphuze amanzi ahlanzekile.

Kumele siwagcine ngendlela ezokwenza  
ahlale ehlanzekile.



IThemeu 4

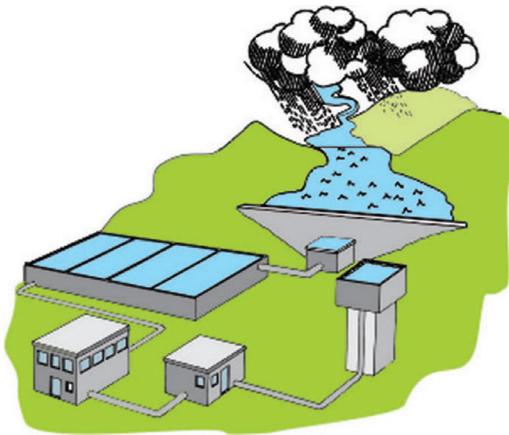


Masikhulume

Buka lezi zithombe. Xoxa nomngani wakho ngokuthi avela kuphi amanzi  
ahlanzekile. Xoxela iklasi ukuthi ubona ukuthi avela kuphi. Ngokuwahlanza  
siwenza aphephe ukuba angaphuzwa, siwenza ahlanzeke ukuze sikwazi  
ukuaphuza.



Sivumelekile ukuphuza amanzi emvula asuka  
phezu kwendlu angene ethangeni.



Umasipala uyawahlanza amanzi awagcine enzele  
ukuthi sikwazi ukuaphuza.



Thina simele ukuwabilisa amanzi uma  
sifuna ukuwahlanza.



Singakwazi futhi ukuwasefa ukuze ahlanzeke.



Masenzeni lokhu

Usuku: .....

Cela uthisha anichazele ukuthi senziwa kanjani isisefo samanzi.

Nazi izinto ozozidinga:

Ibhodlela leplastiki elingamalitha ama-2

Isihlabathi esihlanzekile esicolisekile

Isihlabathi esihlanzekile esimahhadlahhadla

Amatshana amancane ahlanzekile

Ummese obukhali

Uvolo ohlanzekile



Masiqhubeke

- Sebenzisa isaka likabhontshisi nensimbi eyindilinga. Beka insimbi eyindilinga enhlabathini ngenkathi abafundi bemi umugqa osemamitheni ama-5 kude nensimbi leyo. Ungasebenzisa ibholo lensimbi lomnqakiswano kulokhu.
- Umfundsi ngamunye makathole ithuba lokuphonsa isaka likabhontshisi lingene ensimbini eyindilinga.



Teacher:
Sign:
Date:



# Ukushintsha kwemini iba wubusuku



Imini nobusuku kwehlukene.

Kubukeka kwehlukene, akunayo imisindo efanayo, kwenziwa izinto ezingafani kukho kokubili.

Emini kubonakala ukukhanya kwelanga. Ilanga lisinika ukukhanya nokushisa.

Bayasebenza abantu abaningi emini, thina bese siya esikoleni.



Masibhale

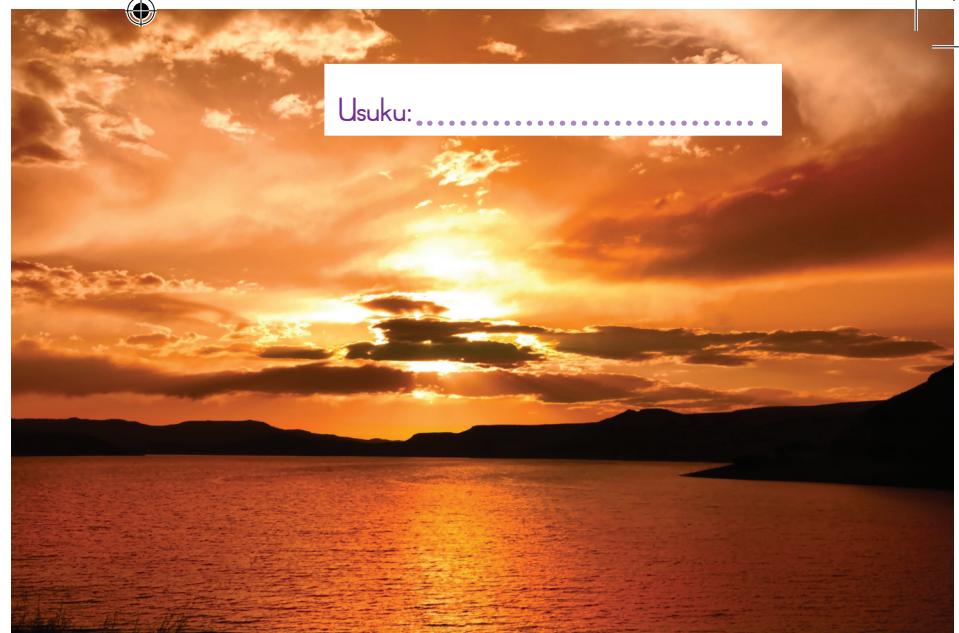
Buka izithombe bese uxoxa nomngani wakho ngazo. Kungabe yizithombe zemini noma ngezobusuku? Zihlukene ngani? Bhala "Imini" noma "Ubusuku" ngaphezu kwasithombe ngasinye.



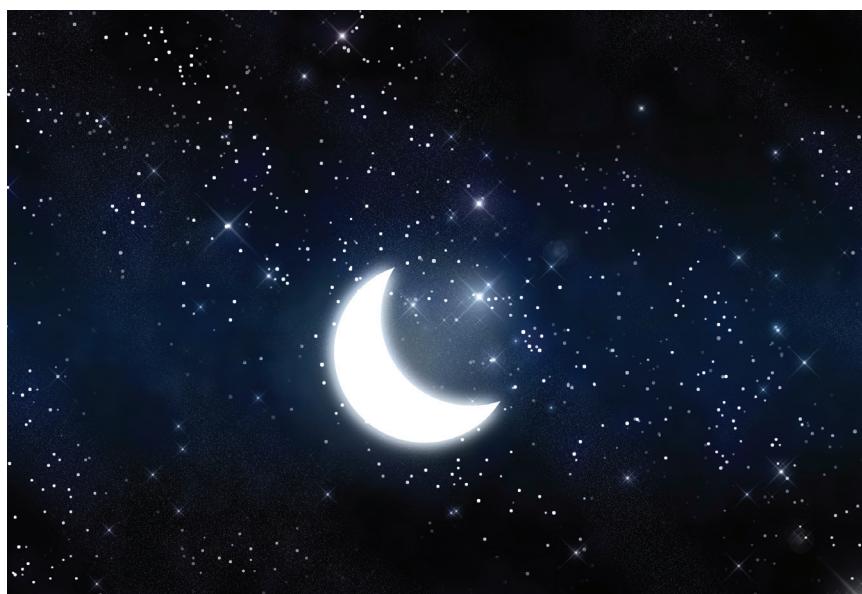


Masifunde

Ntambama ilanga liyashona.  
Kuba mnyama bese kuphuma  
inyanga nezinkanyezi.  
Sisebenzisa izibani ukuze sibone  
ukuthi senzani.



Usuku: .....



Masiqhubeke

- Sebenzisa amapali ebbola (noma amakhoni abekwa emgwaqweni uma wakhiwa) nebholo.
- Beka amapali noma amakhoni kube ngamamitha ambalwa kude nabafundi.
- Sebenzisa ibhola elikhulu elilingana nelezinyawo.
- Khahlelela ibhola emapalini lawa owabekile.
- Qala ukhahlele ngonyawo lwasokudla bese ukhahlela ngolwesobunxele.
- Ufake amagoli amangaki?





Masifunde

Emini sivame ukubona isibhakabhaka esiluhlaza  
kanye namafu. Okusemqoka, sibona ilanga.



Ebusuku kunenyanga nezinkanyezi  
eziningi. Kukhona namanye amaplanethi  
anjengezinkanyezi.



Ngesinye isikhathi inyanga iba  
sesibhakabhakeni noma kusemini. Asiyiboni  
kahle ngoba ilanga lisuke lisixhophe. Zama  
ukuthola ukuthi inyanga ikuphi kusemini.



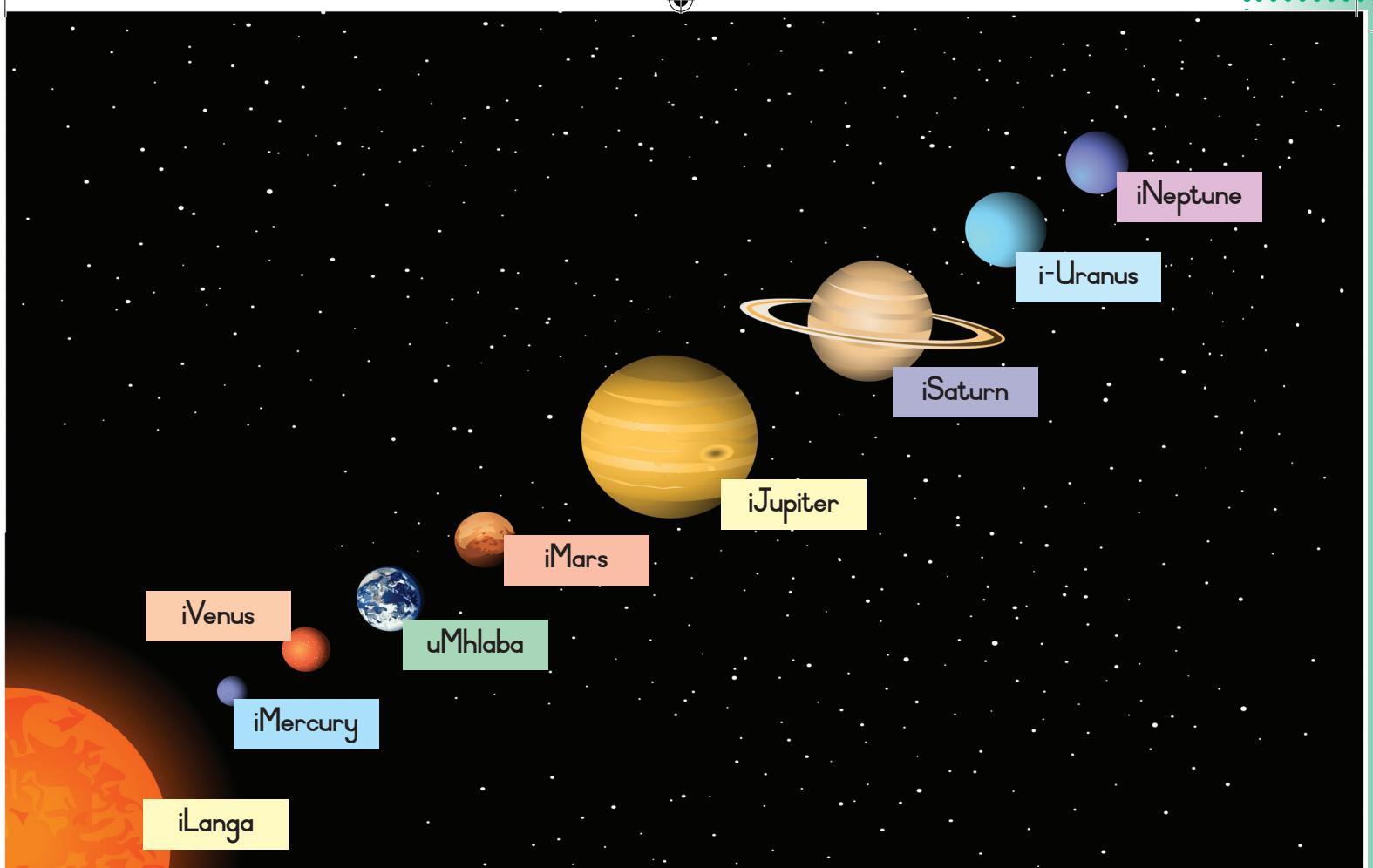
Masenzeni lokhu

Inyanga ayifani ngalobo nalobo busuku.  
Phuma uyibuke ebusuku obuhlanu lapho izoveza khona izimo ezingafani.  
Ebhokisini elingezi dweba izinhlobo zenyanga ozibonile.

Ubusuku bokugala

Ubusuku besithathu

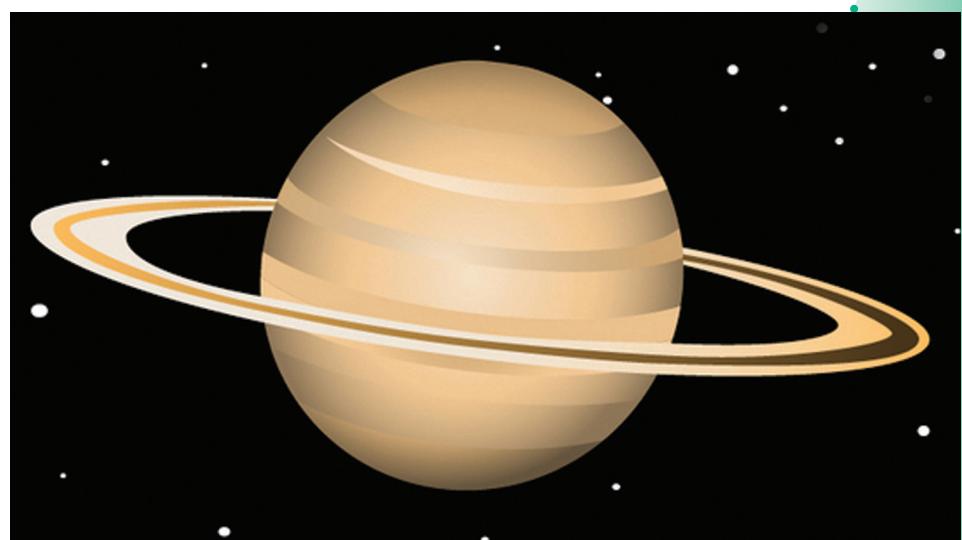
Ubusuku besihlanu



Leli yilanga kanye namaplanethi esemkhathini – ngomakhelwane bethu laba abasemkhathini.  
(Ilanga namaplanethi akudwetshiwe ngokulandela ubukhulu bakho bangempela.)



Lesi yisithombe seSaturn.  
Ihlukile yona kuwo wonke  
amaplanethi ngoba inamarangi  
ayizungezile. Uyawabona  
amabala amhlophe  
esithombeni? Ucabanga  
ukuthi ayini? Buka isithombe  
esikhulu esingenhla. Kungabe  
iSaturn yinkulu noma yjincane kunomhlabo?  
Iyiphi iplanethi enkulu kuneSaturn?



# Ilanga nenyanga

IThemu L - Amasondo 8

Masikhulumu

Buka lezi zithombe.



Xoxa nomngani wakho. Izithombe zisikhombisani? Yisho noma yini oyicabangayo.



Masifunde

Okumele ukwenziwa nguthisha:  
Uthisha wakho uzoyilalela yonke imibono bese esho ukuthi yini eningakhulumanga ngayo.



Ilanga liyinkanyezi. Liyibhola elikhulu lomlilo elithumela ukushisa kuzo zonke izinhlangothi zalo. Ilanga likhulu kakhulu kunomhlaba.

Inyanga iyibhola elikhulu eliyidwala elinothuli elingenakushisa. Inyanga ayikhanyi ngokwayo, ikhanyiswa yimisebe yelanga bese yenza njengesibuko ngokuthumela ukukhanya kithina emhlabeni. Yona yincane kunomhlaba.



Masikhulumu

Xoxa nomngani wakho mayelana nokuguquguquka kwenyanga ebusuku obuhlanu. Bese nibuka lezi zithombe.

Inyanga iyafana nalokhu enikubona ezithombeni?



Inyanga igcwele



Inyanga iyisigamu



Inyanga entsha



# Izinkanyezi



Masifunde

Ilanga iyona nkanyezi eseduzane kakhulu kwethu. Ezinye izinkanyezi zikude kakhulu impela nje.

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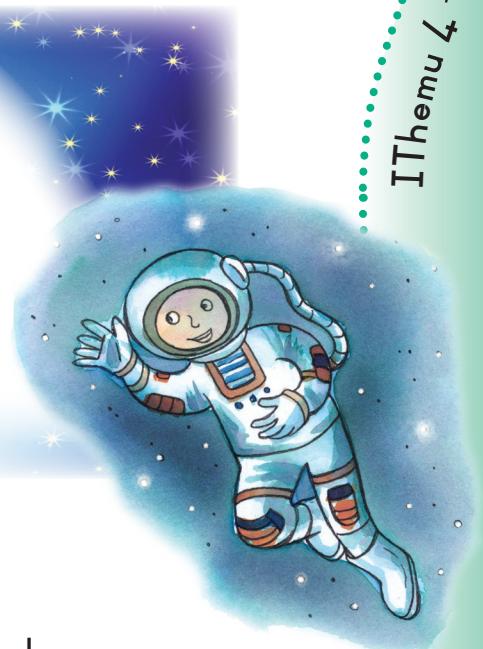
IThemu 4 – Amasondo 8



Masikhulume

Benye benye benye benye  
Inkanyezana encane.

Nasi isimanga  
Esabonwa yinkanyezi,  
Nasi isimanga esabonwa yinkanyezi,  
Inkanyezana encane!



Masifunde

Leli culo labhalwa eminyakeni eminingi eyadlula. Abantu ngaleso sikhathi babengakazi kangako ngezinkanyezi. Namuhla sinolwazi oluningi. Ososayensi sebeye kaningi emkhathini ngemikhumbimbkhathi bafunda okuningi ngezinkanyezi. Uma beya emkhathini bagqoka amasudi akhiwe ngokwehlukile. Uma ososayensi beya emkhathini bagqoka izingubo ezihlukile.

Ngenxa yabantu abanesibindi futhi abahlakaniphile abakwazi ukuthumela ososayensi emkhathini, sesifunde izinto eziningi ngezinkanyezi.



Masikhulume



Kungabe kuhle yini ukufunda izinto eziningi kangaka ngezinkanyezi? Xoxa nomngani wakho ngalokhu.



Wena ubalulekile.  
Umzimba wakho  
wonke ubalulekile.



Umzimba wakho ungowakho!



AKEKHO  
UMUNTU  
okufanele athinte  
izitho zakho  
zangasese.

Kufanele kubekhona umuntu omtshelayo  
uma kukhona umuntu othinta izitho zakho  
zangasese.

Kufanele kubekhona umuntu  
omtshelayo uma kukhona umuntu  
okwenzisa izinto ongazifuni.

Lapho ungashayela khona  
ucingo uma udinga usizo:

Child Line: 0800 05 55 55

SAPS Crime Stop: 086 00 10111

SAPS Emergency Number: 10111

Life Line: 0861 322 322

Child Protection Unit: 012 393 2359/2362/2363



**Make a placemat**  
Cut out the pictures you like and  
paste them on to the opposite page to  
make yourself a two-sided placemat.  
Cover or laminate the placemat with  
plastic and use it when you eat.





