Leyi pfuxetiweke hi xiCAPS

Giredi ya 3



Swikili swa vutomi hi XITSONGA

Buku ya 1
Tikotara ta 1 na 2

Vito:

Tlilasi:

ISBN 978-1-4315-0284-4

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GRADE 3 – BOOK 1
TERMS 1 & 2
ISBN 978-1-4315-0284-4
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Manana Angie Motshekga, Holobye wa Dyondzo ya Masungulo



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Tibuku leti to tirhela ti endleriwe vana va Afrika-Dzonga ehansi ka vurhangeri bya Holobye wa Dyondzo ya Masungulo, Manana Angie Motshekga na Xandla xa Holobye wa Dyondzo ya Masungulo, Dkd. Reginah Mhaule.

Tibuku to tirhela ta Rainbow ti vumba xiyenge xin'wana xa ntlawa wa migingiriko ya Ndzawulo ya Dyondzo ya Masungulo leyi kongomisiweke eka ku antswisa matirhelo ya vadyondzi va Vaafrika-Dzonga eka tigiredi ta ntsevu to sungula. Tanihi xin'wana xa swilo leswi nga swirhangana eka nkunguhato wa matirhelo ya mfumo, phurojeke leyi yi humelerile hi ku seketeriwa hi timali hi Nkwama wa Timali ta Tiko. Leswi swi endlile leswaku Ndzawulo yi swi kota ku endla leswaku tibuku leti to tirhela, ti kumeka hi tindzimi hinkwato ta ximfumo handle ko hakeleriwa.

Hi tshemba leswaku tibuku leti ti ta pfuna vadyondzisi eka migingiriko ya vona yo dyondzisa ya masiku hinkwawo no tiyisisa leswaku vadyondzi va vona va kota ku heta kharikhulamu. Hi tiyisise leswaku hi letela mudyondzisi eka nghingiriko wun'wana na wun'wana hi ku katsa mifungho leyi kombisaka leswi mudyondzi a faneleke ku endla swona.

Hi ni ntshembo wa leswaku vana va ta tiphina no tsakela ku tirha migingiriko leyi nga ebukwini loko va ri karhi va ya emahlweni no dyondza, na leswaku wena, mudyondzisi, u ta tsaka swin'we na vona.

Hi mi navelela ku humelela, wena na vadyondzi va wena eku tirhiseni tibuku leti to tirhela.

Published by the Department of Basic Education
222 Struben Street
Pretoria
South Africa

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Eleventh edition 2021

ISBN 978-1-4315-0284-4

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Giredi ya 3



Swikili swa vutomi hi XITSONGA

Buku ya I



Buku leyi i ya:

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Mina

A hi tsaleni

Un'wana na un'wana wa hina u hambana na van'wana kasi hinkwerhu hi hlawulekile. Tata xibukwana xa vutitivisi mayelana na wena. Endla xitempe xa ID. Loko u endlile sweswo, kombisa khadi eka munghana wena.

Hi swihi leswi fanaka na leswi hambanaka exikarhi ka wena na munghana wa wena?



Xibukwana xa vutitivisi

Vito: _____

Malembe: _____.

Siku ra ku velekiwa:

_____ _____ _____

lembe n'hweti siku

Ndhawu ya laha u nga velekiwa kona:

_____

Nhwanyana kumbe mufana:

_____.

Ririmi ra le kaya:

_____.

Muhlovo wa misisi:

_____.

Ku leha: _____cm

Muhlovo wa mahlo:

_____.

_____

Nsayino



Dirowa xifaniso xa wena.

Siku: .....

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A hi vulavuleni

Sweswi ehleketa hi vutomi bya wena ku suka loko wa ha ri ricece ku fika sweswi.

Xana u tsundzuka swa le ndzhaku ku fika kwihi? Xana wa ha tsundzuka ku tlangela ka vumbirhi ka siku ra wena ra ku velekiwa? Xana wa ha tsundzuka loko u sungula ku nghena xikolo?



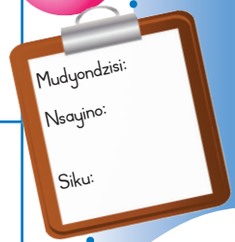




A hi tsaleni

Tsala ku landzelelana ka nkarhi mayelana na vutomi bya wena.

			
Ndzi velekiwe hi	Ndzi sungule ku vulavula hi	Ndzi sungule ku nghena xikolo hi	Ndzi fike eka Giredi ya 3 hi
n'hweti			
lembe 20_____	20_____	20_____	20_____



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Xikolo xa hina

A hi endleni

Mudyondzisi wa n'wina u ta ku pfuna ku tsala ndzandzelelano wa nkarhi wa swiendleko swa xikolo xa n'wina. Hi ku sungulele wona. Mudyondzisi wa wena u ta ku tivisa hi swiendleko swin'wana swa nkoka leswi u nga swi engetelaka.

Xana xikolo xa n'wina xi sungule hi lembe rihi?	Xana nhloko ya xikolo u tile hi lembe rihi exikolweni?		



A hi tsaleni

Hi wahi matimu ya xikolo xa n'wina? Kuma tinhlamulo ta swivutiso kutani u ti tsala eswivandleni leswi nga eka kholomu yo sungula. Dirowa swifaniso ku kombisa matimu ya xona.

Xana xikolo xa n'wina xi sungule hi lembe rihi?	Dirowa xifaniso xa xikolo xa n'wina.
Xana i mani loyi a ri nhloko ya xikolo yo sungula?	

Siku: .....

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Xana xihlambanyo xa xikolo a xi ri xihi? Xa ha ri tano na namuntlha? _____ _____	Dirowa xifaniso xa beji ya xikolo.
Vula xin'wana xo hlawuleka hi xikolo xa n'wina. (Kumbexana ku vile na mudyondzi wo hlawuleka kumbe xiendleko xo hlawuleka.) _____ _____ _____	Dirowa xifaniso ku kombisa nchumu wo hlawuleka hi xikolo xa n'wina.



Humelani ehandle

Mi nga si endla nghingiriko ehandle, ololoxani swirho tanihi ximanga. Leswi swi ta olovisela miri wa n'wina ku kota ku fambafamba. Tlhela u ololoxa swirho endzhaku ka nghingiriko leswaku u kota ku wisa. Leswi swi ta pfuna leswaku u nga twi ku vava emisiheni ya wena. Sweswi endla leswi vana lava va swi endlaka.



Mudyondzisi wa n'wina u ta vitana vito ra wena kutani a ku hoxela bolo. Khoma bolo yi nga si wela ehansi.	
Sweswi ringeta ku khoma bolo leyi nga endzeni ka nkwama loko munghana wa wena a ku hoxela yona.	
Hoxela munghana wa wena bolo kutani u xiya loko a swi kota ku yi khoma loko yi ri endzeni ka nkwama.	
Ololoxa swirho tanihi ximanga leswaku u ta kota ku wisa.	



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3

Hinkwaswo mayelana na mina

A hi vulavuleni

Ehleketa hi nchumu wo tsakisa lowu wu ku humeleleke eka nkarhi lowu nga hundza kutani u byela vanghana leswaku va ta kota ku ku tiva swinene.



A hi vulavuleni

Byela munghana wa wena hi leswi munhu loyi a cinciseke xiswona ku suka eka xiyimo xa n'wana ku fika eka xiyimo xa mukhegula.

 n'wana	 ndzumulo	 n'wana wa xikolo
 xiyimo xa kondlo a dzi dyi	 ntswatsi	 mukhegula

Siku: .....

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A hi vulavuleni



Tirhani hi ntlawa. Qambhani risimu mi tlhela mi cina.
Entlaweni wa n'wina, tsalani marito ya risimu eka xivandla lexi nga laha hansi. Kutani kombisani tlilasi leswi mi yimbelerisaka no cinisa xiswona.

Mudyondzisi:

Nsayino:

Siku:

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Vukulu na vukhale

A hi vulavuleni

Vulavula hi leswi vana lavakulunyana na vanhu lavakulu va hambanisaka xiswona na wena.

Xana vanhu va cinca hi ndlela yihi loko va ri karhi va kula?

Loko nkarhi wu famba, vanhu va dyuhala. Muhlovo wa misisi wa cinca, marito ya cinca, va kuma mipfimbi va tlhela va va na vutlhari.



A hi tsaleni

Hi swihi leswi u swi endlaka hi ndlela leyi hambanaka na leyi vatswari va wena va endlaka hayona. Gwajula (✔) xikandza lexi faneleke.

	Mina		Vatswari va mina	
Ku tsutsuma u nga karhali.	☺	☹	☺	☹
Ku tlula.	☺	☹	☺	☹
Ku hlaya nyuziphepha.	☺	☹	☺	☹
Ku chayela movha.	☺	☹	☺	☹
Ku tlanga emurhini.	☺	☹	☺	☹

Siku: .....

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A hi yimbeleleni

A hi tilulamiseleni ku yimbelela.
Endlani mipfumawulo leyi.

Mpfumawulo wa xihatla wo tanihi sayirini ya ambulense.

Mpfumawulo wo nonoka wo tanihi risimu ro etlerisa n'wana.

Mpfumawulo wa le henhla wo tanihi ku yimbelela ka swinyenyana.

Mpfumawulo wa le hansi wo tanihi ku bonga ka nghala.

Humelani ehandle

Xana u nga kota ku quavulela bolo?

Hoxela thenisi emoyeni kutani u yi khoma hi mavoko mambirhi.

Yi hoxele ehenhla kutani u phokotela mavoko u nga si yi khoma.

Bambisa bolo ya thenisi ehansi.

Sweswi endla bete u tirhisa phepha leri songiweke kumbe mhandze.
Yi tirhise ku bambisa bolo ehansi.

Sweswi ololoxa swirho tanihi ximanga.



Mudyondzisi:

Nsayino:

Siku:

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Matitwelo

A hi vulavuleni

Languta swifaniso leswi kutani u hlamusela leswi vana lava va titwisaka xiswona. Xana u tshama u titwa hi ndlela leyi? Tatisa leswi n'wana un'wana na un'wana a titwisaka xiswona. Tirhisa marito lama ku ku pfuna.

ku tsana	ku tsaka	ku tisola	ku tinyungubyisa
	ku chava	ku hlundzuka	













Humelani ehandle

Tlangani ntlangu wa thenisi ya lavatsongo mi titoloveta ku ba bolo hi le mahlweni ka xandla kumbe hi le ndzhaku ka xandla.



Siku: .....

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A hi vulavuleni

Xana hi swihi leswi ku tsakisaka?

Xana hi swihi leswi ku tsanisaka?

Xana hi swihi leswi ku chavisaka?





A hi tsaleni

Xana hi swihi leswi ku hlundzukisaka?

Tsala eka dayari mayelana na siku leri a wu tsakile swinene. Hlamusela leswi humeleleke.

Eka Dayari

Tsala eka dayari mayelana na siku leri a wu tsanile swinene. Hlamusela leswi humeleleke.

Eka Dayari



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6

Swilo leswi ndzi swi rhandzaka

A hi tsaleni

Byela ntlawa wa wena leswaku hi yihi migingiriko leyi u tsakelaka ku yi endla. Kutani tsala mavito ya migingiriko eswivandleni swa mepe wa miehleketo.







LESWI NDZI TSAKELAKA KU SWI ENDLA







Siku: .....

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A hi diroweni

Tirhisa mepe wa miehleketo ku tsala ndzimana hi leswi u tsakelaka ku swi endla na leswaku hikwalaho ka yini u tsakela migingiriko leyi.



Leswi ndzi tsakelaka ku swi endla





A hi endleni

Tirhisa dowu ya wena yo tlangisa ku endla xikandza xa ntsako kumbe xikandza xo tsana.











A hi vulavuleni

Vutisa vanghana va ntlhanu hi swilo leswi va rhandzaka ku swi endla. Khalara buloko yin'we nkarhi wun'wana na wun'wana loko va tsakela nghingiriko.



5					
4					
3					
2					
1					
	Ku yimbelela	Ku hlaya	Ku penda	Mintlangu	Matematiki









Hi wihi nghingiriko lowu rhandziwaka swinene?

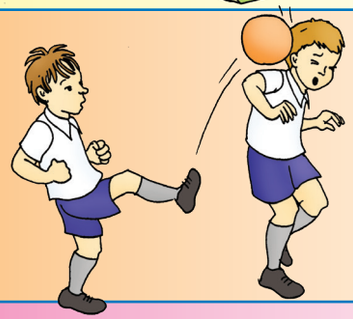
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Matitwelo

A hi vulavuleni

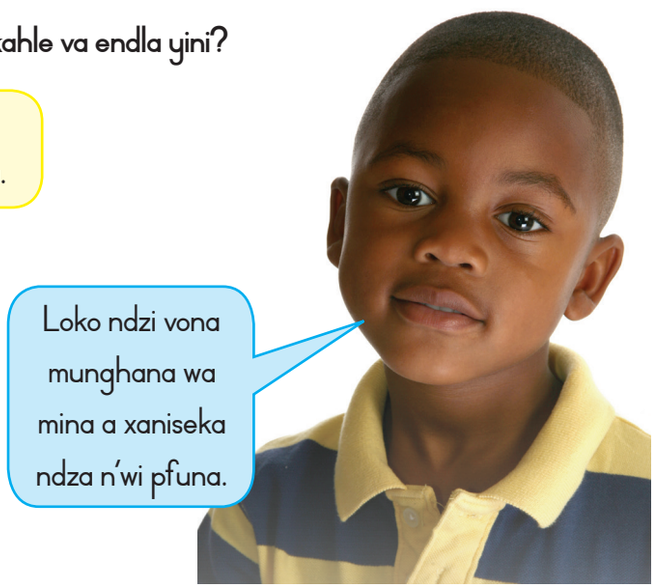
Languta swifaniso leswi kutani u vulavula hi leswi u nga pfunisaka xiswona vana lava ku endla swilo leswi faneleke. Gwajula nhlamulo leyi faneleke.

	Xana a wu voni laha u yaka kona?	
	Ndzi khomele! Ndzi pfumelele ndzi ku pfuna ku rholela swilo leswi!	
	Yoo! Hi leyi bolo ya wena.	
	Yoo! Famba u ya tlangela kun'wana!	
	I ya mina naswona a ndzi nga ku pfumeleli leswaku u yi teka.	
	Tana, a hi avelane chokoleti.	

A hi tsaleni

Xana vanghana va kahle va endla yini?





Siku: .....

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Tsala 4 wa swilo leswi vanghana lavanene va endlaka swona.



A hi vulavuleni

Languta swifaniso leswi. Vulavula hi leswi u swi vonaka eka xin'wana na xin'wana xa swona. Kutani hlawula xifaniso xin'we u xi encenyeta. Nyika xitori xa wena mahetelelo.






Sweswi tsala hi ku encenyeta ka wena hi xifaniso lexi u xi hlawuleke. Tatisa mavito ya swimunhuhatwa eka kholomu yo sungula.

Humelani ehandle

Ringeta ku endla swilo leswi landzelaka.

- Tsutsuma u rhendzeleka na rivala. Loko mudyondzisi a ku "cinca" u fanele ku hundzuluka kutani u tsutsumela eka tlhelo lerin'wana.
- Sweswi bambisa bolo no famba u ya emahlweni hi nkarhi wun'we.



Mudyondzisi:

Nsayino:

Siku:

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8

Ku kambisisa



A hi tsaleni

Tikambisise	✔	✘
Ndzi munghana wa kahle.		
Ndzi hlayisa vanghana va mina.		
Ndzi kombisa vunghana eka vana va tlilasi ya hina.		
Vunyingi bya vana etlilasini ya hina va ndzi tsakela.		
Ndza titsongahata eka vanhu van'wana.		



A hi endleni

Endlela munhu un'wana loyi u n'wi tsakelaka khadi. Dirowa xifaniso emahlweni kutani u tsala mahungu yo hlawuleka endzeni ka khadi.





Siku: .....

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A hi tsaleni

Dirowa xifaniso xa vanghana, mudyondzisi kumbe swirho swa ndyangu leswi nga hlawuleka eka wena. Tsala mavito ya swona.



Vanhu vo hlawuleka evuton'wini bya mina



Tsala nhlamuselo ya vanhu lava landzelaka na leswaku hikwalaho ka yini va ri vanhu vo hlawuleka.

Mudyondzisi:

Nsayino:

Siku:

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Rihanyu na xilamulela-mhangu

A hi vulavuleni

Vulavula hi leswi humelelaka exifanisweni lexi.



Xana u tshama u huma mongolo?

Xana u fanele ku endla yini loko u sungula ku huma mongolo?

Xana u tiva laha bokisi ra xilamulela-mhangu ra xikolo xa n'wina ri nga kona? Vula leswaku hi kwihi.

E_____

Rhula.
A wu fanelangi ku chuhwa.
Tsundzuka leswaku a wu fanelangi ku khoma ngati ya munhu un'wana.

Leswi faneleke ku endliwa loko u huma mongolo

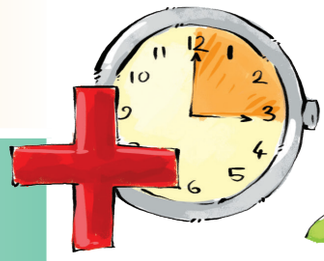
1. Tshama u korhamela emahlweni, nhloko ya wena yi langute ehansi.





2. Pfala nhompfu 2 wa timinete u hefemula hi nomo.

3. Veka nchumu lowu titimelaka wo fana na thawula leri tsakamaka kumbe tiayisi leti phutseriweke hi thawula endzhaku ka nhamu ya wena.





4. U nga rhimili endzhaku ka loko mongolo wu yimile.

5. Loko mongolo wu nga yimi endzhaku ka 15 wa timinete, famba u ya vona dokodela kumbe muongori.



Siku: .....

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Ku ongola timbanga





A hi hlayeni

A hi swi koti ku vona switsongwatsongwana kambe swi kumeka hinkwako. Loko hi titsema hi fanela ku hlayisa mbanga yi tshama yi basile leswaku yi nga ngheniwi hi switsongwatsongwana.

A hi vulavuleni

Hlamusela vanghana va wena hi mahlantswelo ya xilondza. Kombisa leswi u faneleke ku endla swona.

Mayimiselo ya ngati laha ku tsemiweke



U nga tshuki u khumba ngati ya munhu un'wana.

Ambala magilavhu nkarhi hinkwawo loko u pfuna munhu un'wana.

Yimisa ku huma ka ngati hi ku tlakusela mbanga yi va ehenhla ka levhele ya mbilu.



Ringeta ku yimisa ngati hi ku tshikelela bandichi leyi nga basa embangeni.

Loko mbanga yi entile naswona yi ya emahlweni no huma ngati, vona dokodela kumbe u ya etliliniki.



Kuma leswaku i nomboro yihi ya xihatla leyi u nga yi fonelaka. Riqingho:

_____

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10

Swilondza swa ndzilo



A hi hlayeni

Loko u khoma nchumu lowu hisaka u ta tshwa.

Xana u fanele ku endla yini loko munhu un'wana a tshwa?

1. Chela mati yo titimela laha u nga tshwa kona ku ringana 10 wa timinete. Leswi swi pfuneta ku titimeta nhlonge.
2. Pfula mbanga yi va erivaleni.
   U nga hluvuli swiambalo loko swi damarhelane na nhlonge.
3. Tshika laha u nga tshwa kona ku pfulekile kutani u xiya loko ku nga nyanyi.
4. Loko xilondza xi entile kumbe xi ri xikulu ku tlula xandla, famba u ya vona dokodela hi xihatla.



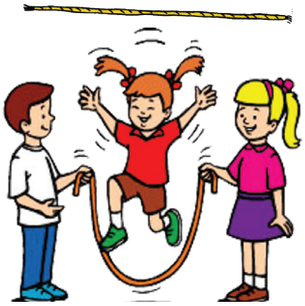
Humelani ehandle

Tlulani. Tekani tinhonga tinharhu kumbe tingoti tinharhu. Endzhaku ko tlula exikarhi ka tona, swi tsalanganiseni ku vona leswaku i mani loyi a nga ta tlula swinene ku tlula van'wana.



Fungha u kombisa laha u nga tlulaka u fika kona.

Vona loko munghana wa wena a nga tlula ku hundza laha wena u fikeke kona.





Humelani ehandle



Endlani ngholovhana.

Nyiketanani na munghana wa wena ku va ngholovhana.

Nyiketanani ku ba khadi leswaku vanghana va n'wina va kota ku tlula.

Siku: .....

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A hi vulavuleni

Xana ku humelela yini eswifanisweni leswi?
Xana vanhu va nga tshwa hi ndlela yihi yin'wana?







Tsala milawu ya nkoka leyi u faneleke ku yi tsundzuka loko u lava ku pfuniwa hi:

Ku huma mongolo

Swilondza

Swilondza swa ndzilo



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Ku hlayisa miri wa mina

A hi vulavuleni

Hi fanele ku hlayisa miri wa hina.

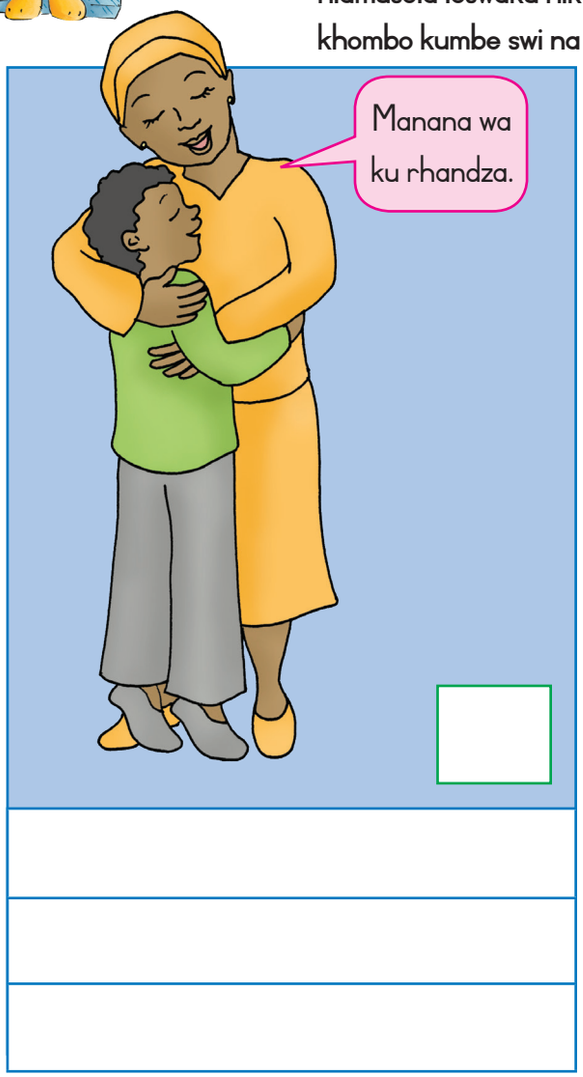
Hi kuma matitwelo ya "Ina" loko hi tsakela xanchumu hi tlhela hi lava ku ya emahlweni na xona.

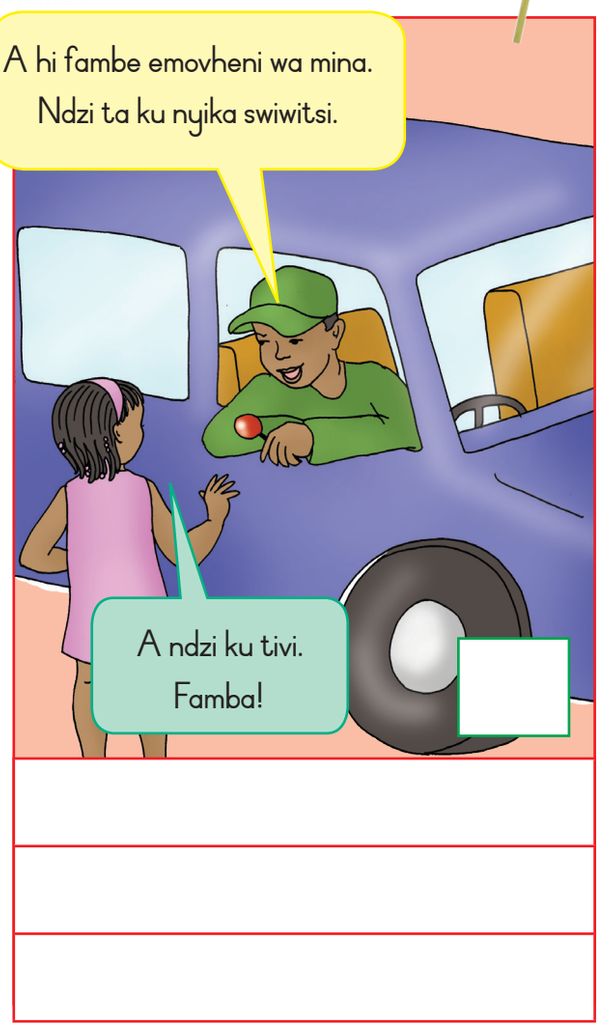
Hi kuma matitwelo ya "E-e" loko xanchumu xi endla leswaku hi titwa hi nga tshamisekangi naswona hi lava no xi yimisa.



A hi tsaleni

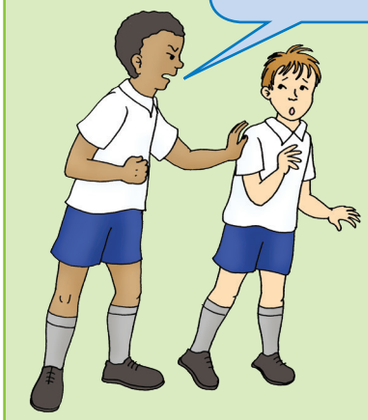
Tsala mfungho wo gwajula ✓ loko xifaniso xi kombisa xiendleko lexi nga riki na khombo kumbe ✗ loko xi ri na khombo. Kutani tsala xivulwa ehansi ka xifaniso xin'wana na xin'wana ku hlamusela leswaku hikwalaho ka yini u ehleketa leswaku swi hava khombo kumbe swi na khombo.





Siku: .....

XIT LS Gr3 B1_inside.indd 22 2018/11/23 12:47





Ku vula e-e

A swi olovi ku vula e-e kambe u fanele ku hlamula e-e loko munhu a endla leswaku u titwa u nga tshamisekangi.

Loko munhu a ku nyika matitwelo ya "e-e" naswona a endla leswaku u titwa u nga tshamisekangi, vulavula hi swona na munhu lonkulu loyi u n'wi tshembaka.



A hi tsaleni

Hlawula vanhu vanharhu lava u va tshembaka kutani u hlamusela leswaku hikwalaho ka yini u va tshemba.



Hlamusela leswaku u ta vikisa ku yini swilo swo biha eka munhu loyi u n'wi tshembaka.



XIT LS Gr3 B1_inside.indd 23 2018/11/23 12:47

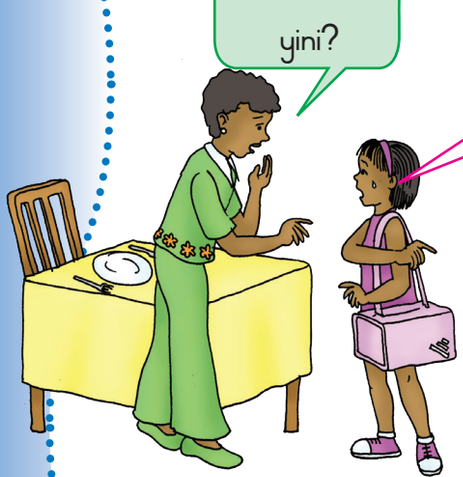
12

Ku tihlayisa

A hi vulavuleni

Xiyisisa swifaniso leswi. Vona loko u nga swi kota ku hlamusela xitori. Tata ximbyarumbyaru xo hetelela.





A hi vulavuleni

Bulani hi leswi nhwanyana a titwiseke xiswona, leswi a endleke swona na leswi a wu ta endla swona loko u ri eka xiyimo lexi fanaka na lexi.

Siku: .....

XIT LS Gr3 B1_inside.indd 24 2018/11/23 12:48

A hi tsaleni

Tsala milawu ya ntlhanu ya vuhlayiseki.
Sungula wun'wana na wun'wana hi:

Vana a va fanelangi ku...



A hi endleni

Endla xipfalanghohe ku kombisa nyanyuko.

Hlawula nyanyuko lowu u tsakelaka ku wu kombisa hi xipfalanghohe.

Xi dirowe eka phepha ro pfampfarhutela.

Xi tseme.

Tsema mahlo.

Xi khavise hi phepha ra mihlovohlovo.



Humelani ehandle

Tilunghisele mphikizano wo tsutsuma.

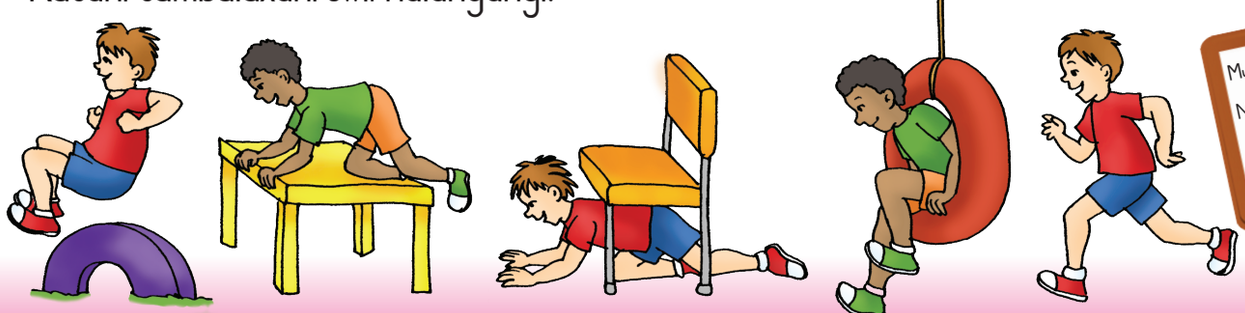
Tluntlama laha ku sunguriwaka kona.

Yingisela mudyondzisi loko a ku:

" Emifunghweni ya n'wina! Lunghekani! Tsutsumani!

Kutani tumbuluxani swirhalanganyi.







XIT LS Gr3 B1_inside.indd 25 2018/11/23 12:48

13

Ku hlayisa miri wa mina

A hi vulavuleni

Hinkwerhu hi na vutihlamuleri byo hlayisa miri wa hina leswaku yi tshama yi hanye kahle. Xana vana lava va endla yini leswi lulameleke miri wa vona?






Swin'wana swa swilo swo kala swi nga ri swa rihanyu lerinene leswi vanhu va swi endlaka hi swihi?

Xana a wu swi tiva leswaku ku dzaha a ku lulamelangi miri wa hina?

Xana a wu swi tiva leswaku loko munhu a dzahela ekusuhi na wena u endla swilo swo biha eka miri wa wena?

Xana ku dzaha ku onha miri wa hina hi ndlela yihi?



A hi tsaleni

Fungha nhlamuselo yin'wana na yin'wana hi mfungho wa gwaju ✓ kumbe wa xihambano ✗ ku kombisa leswaku hi swona kumbe a hi swona.

	Tisigarete ti na nantswo wa kahle.
	Loko ndzi tshama ekusuhi na munhu loyi a dzahaka swi nga onha miri wa mina.
	Ku dzaha ku nga endla meno ya wena ya va ya xitshopana.
	Ku dzaha ku vanga mavabyi ya milomo.
	U nga kuma mukhuhlwana hikwalaho ko dzaha.
	Ku dzaha ku vanga mfukuzana.

Siku: .....

XIT LS Gr3 B1_inside.indd 26 2018/11/23 12:48

Milawu ya mahanyelo lamanene



Ndzi fanele ku hlamba meno endzhaku ko dya na loko ndzi nga si ya eku etleleni. Ndzi fanele ku buracha misisi ya mina ndzi nga si ya exikolweni.



Ndzi fanele ku buracha min'wala ya mina endzhaku ko tlangela esaveni.

Ndzi fanele ku hlamba meno endzhaku ko dya na loko ndzi nga si ya eku etleleni. Ndzi fanele ku hlayisa min'wala ya mina yi tshama yi komile no basa.

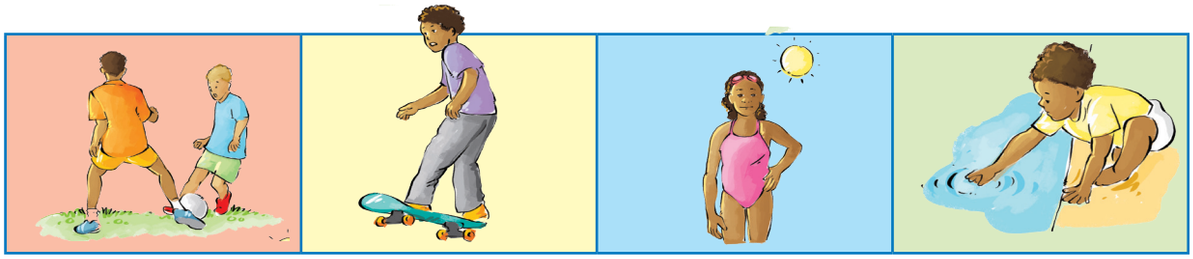
Ndzi fanele ku hlamba mavoko loko ndzi huma exihambukelweni na loko ndzi nga se khoma swakudya.



A hi hungaseni

Xana va fanele ku ambala yini leswaku va tshama va hlayisekile? Pananisa swifaniso hi ku ba ntila ku suka eka swifaniso swa rixaxa ra le henhla ku ya eka swifaniso leswi faneleke eka rixaxa ra le hansi.







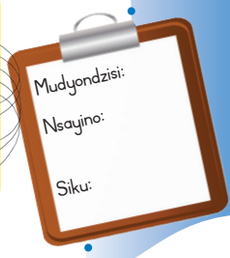
A hi hungaseni



Gingirika u tlanga ntlangu wa khirikhete ya lavatsongo.



Mudyondzisi u ta mi chayela risimu. Ri yingiseleni endzhaku mi ba desika hi tintiho ku ya hi chuni ya risimu.



XIT LS Gr3 B1_inside.indd 27 2018/11/23 12:48

14

Timfanelo na vutihlamuleri

A hi hlayeni

Nkarhi wun'wana vana va fanele ku pfuna vatswari va vona hi mintirho.

Vana a va fanelangi ku tirha swinene tanihi vanhu lavakulu.

Vana va fanele ku va na nkarhi wo tlanga na wo ya exikolweni.



Languta swifaniso leswi landzelaka. Gwajula mitirho leyi faneleke ku tirhiwa hi vana. Kutani tsala xivulwa ehansi ka xifaniso xin'wana na xin'wana ku hlamusela leswaku hikwalaho ka yini yi fanerile kumbe yi nga fanelangi ku tirhiwa hi vana.

 Anna u xavisa matsavu siku hinkwaro kutani a nga swi koti ku ya exikolweni.	 Loko xikolo xi humile, Lisa u cheleta xirhapa xa matsavu.

Siku: .....

XIT LS Gr3 B1_inside.indd 28 2018/11/23 12:48

 Peter u rhwala switina hikuva u tirhela muaki.	 Jabu na Bongi va pfuna ku hlantswa swibye.



A hi vulavuleni

Xana u endla mintirho yihi ekaya?

Xana u endla yini exikolweni ku pfuna mudyondzisi wa n'wina?





Humelani ehandle

Encenyeta mintirho yo hambana. Ntlawa wa wena wu fanele ku bvumba leswaku i mintirho yihi leyi u yi endlaka.

Bohani milenge ya n'wina swin'we kutani mi phikizana hi ku tsutsuma.





Kutani titolovete ku raha bolo u tlhela u xiya leswaku u nga yi raha yi fika kwihi.

Mudyondzisi:

Nsayino:

Siku:

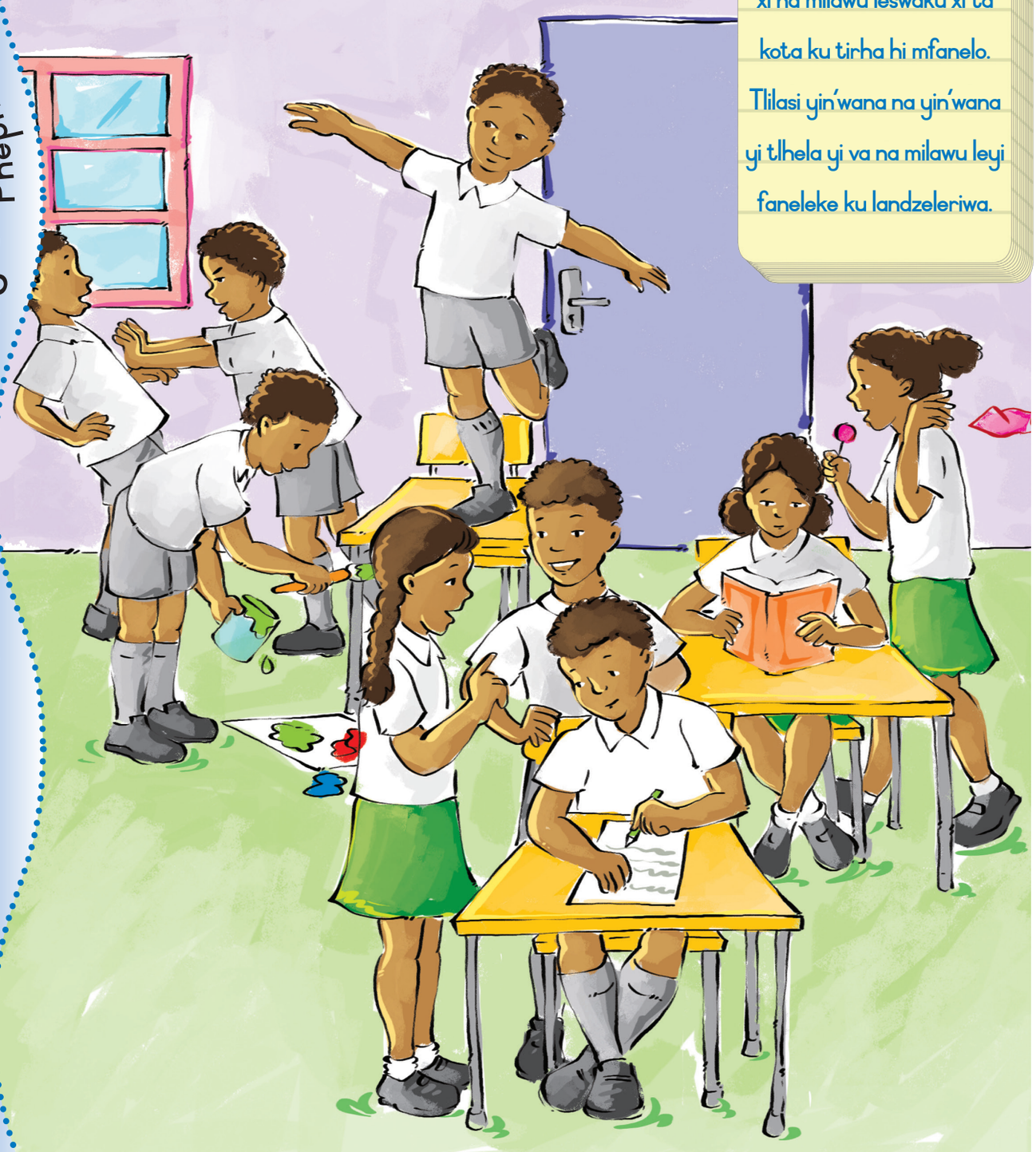
XIT LS Gr3 B1_inside.indd 29 2018/11/23 12:48

Timfanelo na vutihlamuleri

A hi vulavuleni

Hlamusela munghana wa wena leswaku hi yihi milawu leyi tshoviwaka hi vana lava.

Xikolo xin'wana na xin'wana xi na milawu leswaku xi ta kota ku tirha hi mfanelo. Tlilasi yin'wana na yin'wana yi tlhela yi va na milawu leyi faneleke ku landzeleriwa.



Siku: .....

XIT LS Gr3 B1_inside.indd 30 2018/11/23 12:48



A hi tsaleni

Tsala 4 wa milawu ya tlilasi ya n'wina.









A hi vulavuleni

Hlaya timfanelo na vutihlamuleri lebyi kutani u bula na munghana wa wena hi leswi yin'wana na yin'wana yi vulaka swona.

VUTIHLAMULERI BYA VANTSHWA VA AFRIKA-DZONGA

Ku ringana

Khoma munhu un'wana na un'wana hi ku ringana na hi mfanelo.
U nga vi na xihlawuhlawu.



Ndzhuti wa ximunhu

Xixima munhu un'wana na un'wana.
Kombisa tintswalo no hlayisa.



Vutomi

Swilo leswi hanyaka hinkwaswo swi na nkoka.
Khoma swilo leswi hanyaka hinkwaswo hi xichavo.



Ndyangu

Xixima vatswari va wena.
Kombisa tintswalo no tshembeka eka vandyangu wa ka n'wina.



Dyondzo

Nghena xikolo, dyondza u tlhela u tirha swinene.
Landzelela milawu ya xikolo.



Ntirho

Pfuna va ndyangu wa ka n'wina hi mitirho ya le kaya.
Vana a va fanelangi ku sindzisiwa ku lava ntirho.



Ntshunxeko na vuhlayiseki

U nga tshuki u vavisa, u karhata kumbe u chaviseta van'wana naswona u nga pfumeleli van'wana ku endla sweswo.
Herisa ku hambana ka mavonele hi ndlela yo rhula.



Nhundzu

Xixima nhundzu ya vanhu van'wana.
U nga onhi nhundzu naswona u nga yivi.



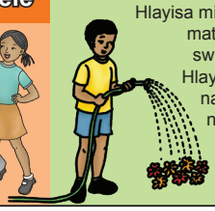
Vukhongeri, swikholwa-kholwana na mavonele

Xixima swikholwakholwana na mavonele ya vanhu van'wana.



Vuhlayiseki

Hlayisa misava. U nga onhi mati na gezi. Hlayisa swiharhi na swimila.
Hlayisa kaya ra wena na muganga wa ka n'wina swi tshama swi basile no va swi hlayisekile.



Vuakatiko

U va muakatiko wa Afrika-Dzonga wo lulama no tshembeka.
Hlayisa milawu no tiyisisa leswaku van'wana vanhu va endla sweswo na vona.



Ntshunxeko wo humesa mavonele

U nga hangalasi vunwa na rivengo. Tiyisisa leswaku vanhu van'wana a va rhukaniwi kumbe va twisiwa ku vava.





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16a

Masiku ya swa vukhongeri na man'wana yo hlawuleka

A hi vulavuleni

Hlawula vukhongeri byin'we eka lebyi landzelaka. Kuma swo tala mayelana na byona. Lulamisa leswi u nga ta swi vikela tlilasi. Ringeta ku ta na tibuku kumbe swifaniso swo kombisa xiviko xa wena.



Xihindu



Islam



Xiyuda



Xikriste

Hi fanele ku xixima vanhu va tinxaka hinkwato ta vukhongeri.

Xana vukhongeri bya wena hi byihi? _____

Vukhongeri bya munghana wa wena wa xiviri hi byihi? _____

Siku: .....

XIT LS Gr3 B1_inside.indd 32 2018/11/23 12:48

Ku kambisisa

16b



A hi tsaleni

Tatisa khadi leri mayelana na wena.

Vito ra mina _____

Xivongo xa mina _____

Siku ra mina ro velekiwa _____

Giredi ya mina _____

Xikolo xa mina _____

Nomboro ya riqingho ra mina _____

Adirese ya mina _____

_____

_____

_____

Nomboro ya xihatla _____

Ntlangu lowu ndzi wu tsakelaka swinene _____

Muhlovo lowu ndzi wu tsakelaka swinene _____

Munghana wa mina wa xiviri _____

Leswi ndzi tsakisaka _____

Leswi ndzi khunguvanyisaka _____

Leswi ndzi hlundzukisaka _____

Leswi ndzi nga na vuswikoti eka swona _____

Mudyondzisi:

Nsayino:

Siku:

XIT LS Gr3 B1_inside.indd 33 2018/11/23 12:48

17

Madyelo lamanene

A hi vulavuleni

Languta mintlawa ya swakudya kutani u vulavula na munghana wa wena hi:
Swakudya leswi nga eka ntlawa wun'wana na wun'wana.
Hikwalaho ka yini ntlawa wun'wana na wun'wana wu ri kahle eka hina?

Tiphuroteyini

Tiphuroteyini ti aka tisele letintshwa leswaku miri wa hina wu kota ku kula.





Tivhitamini

Tivhitamini na timinerali swi pfuna miri wa hina ku lwa na mavabyi na leswaku wu tshama wu hanye kahle.



Humelani ehandle

Kombelani mudyondzisi wa n'wina leswaku a mi komba matlangelo ya ntlangu wa "riqingho ro tshoveka". Endzhaku ka sweswo titoloveteni ku hoxa bolo.

Siku: .....

XIT LS Gr3 B1_inside.indd 34 2018/11/23 12:48

Tikhabohayidireti

Swakudya leswi swi hi nyika matimba.





Deri

Swakudya swa ximasi swi endla leswaku marhambu ya hina ya tiyela, ngopfungopfu loko ha ha ri vatsongo naswona loko marhambu ya hina ya ha kula.



A hi tsaleni Endla nxaxameto wa swakudya leswi u swi dyeke tolo. Eka kholomu yo hetelela, vula loko swakudya sweswo swi ri tiphuroteyini, tikhabohayidireti, mihandzu kumbe matsavu.

Swakudya leswi ndzi swi dyeke tolo	Rixaka ra swakudya

Mudyondzisi:

Nsayino:

Siku:

XIT LS Gr3 B1_inside.indd 35 2018/11/23 12:48



Madyelo ya hina

A hi vulavuleni

Vutisa vanghana va mune hi leswi va rhandzaka ku dya swona. Languta swakudya swo hambana kutani u engetela mfungho wo gwajula (✔) loko u rhandza swakudya sweswo, xihambano (✘) loko u nga swi tsakeli swakudya sweswo.

Tsala mavito ya vanghana va wena.



A hi tsaleni

Languta tafula leri u ri tsaleke kutani u hlamula swivutiso leswi landzelaka.

Hi swihi swakudya leswi vanghana va wena va nga swi tsakeriki?

Xana u ehleketa leswaku vanghana va wena va na madyelo lamanene?

Hikwalaho ka yini u ehleketa hi ndlela yoleyo?

A hi hungaseni

Kombelani mudyondzisi wa n'wina leswaku a mi komba leswi ntlangu wa riqingho ro tshoveka' wu tlangisiwaka xiswona.



Siku: .....

XIT LS Gr3 B1_inside.indd 36 2018/11/23 12:48



A hi tsaleni

Endla nxaxameto wa tinxaka ta swakudya leswi hi faneleke ku swi dya siku rin'wana na rin'wana.

Hi swihi leswi hi faneleke ku swi papalata?

Munyu wo tala hikuva wu nga hi vangela ngati ya ntshikelelo lowukulu loko hi kurile.

Chukele ro tala hikuva ri nga hi vangela dayibetisi loko hi kurile.

Chukele ro tala ri tlhela ri nyuherisa ku tlula mpimo.

Tinamuneti to tala, makhekhe na machipisi.



A hi tsaleni

Tsala rhesipi ya swakudya leswi u swi rhandzaka swinene.



Rhesipi ya _____

Hi swihi swichelachelani leswi ndzi faneleke ku va na swona?	
Ndzi fanele ku landzelela maendlelo wahi?	

Mudyondzisi:

Nsayino:

Siku:

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Madyelo lamanene

A hi tsaleni

Thabo na Nomsa va ya ekhefini ya Sunshine. Va fanele ku xava leswi va nga ta swi sweka swi va swakudya swo lalela. Va pfune ku endla menyu wa swakudya leswinene.





Humelani ehandle

Nyiketanani ku ba khadi leswaku munghana va n'wina a kota ku tlula.



Siku: .....

XIT LS Gr3 B1_inside.indd 38 2018/11/23 12:48



A hi tsaleni

Tsala swilo leswi va faneleke ku swi xava na minxavo ya swona eka nxaxameto wo xava lowu nga laha hansi. Xana Thabo na Nomsa va hakele mali muni ya swilo leswi va swi xaveke?

NXAXAMETO WO XAVA	NXAVO





A hi tsaleni

Xana madyelo ya wena ya lulamile hi ndlela yihi? Khalara xikandza lexi n'wayitelaka eka madyelo man'wana na man'wana lama faneleke.

Madyele ya mina

	Ina	E-e
Hakanyingi ndzi dya ndzi hlalerile TV.	☺	☹
Ndzi rhandza mihandzu na matsavu.	☺	☹
Ndzi rhandza swakudya swa mafurha swo tanihi machipisi.	☺	☹
A ndzi rhandzi mati, ndzi tsakela tinamuneti.	☺	☹
A ndzi dyi matsavu.	☺	☹
Ndzi cakunya swakudya swa mina hi mfanelo.	☺	☹
Ndzi dya swakudya swo fihlula ndzi nga si ya exikolweni.	☺	☹

Mudyondzisi:

Nsayino:

Siku:

Hlayela leswaku i swikandza leswi n'wayitelaka swingani leswi u swi khalareke.

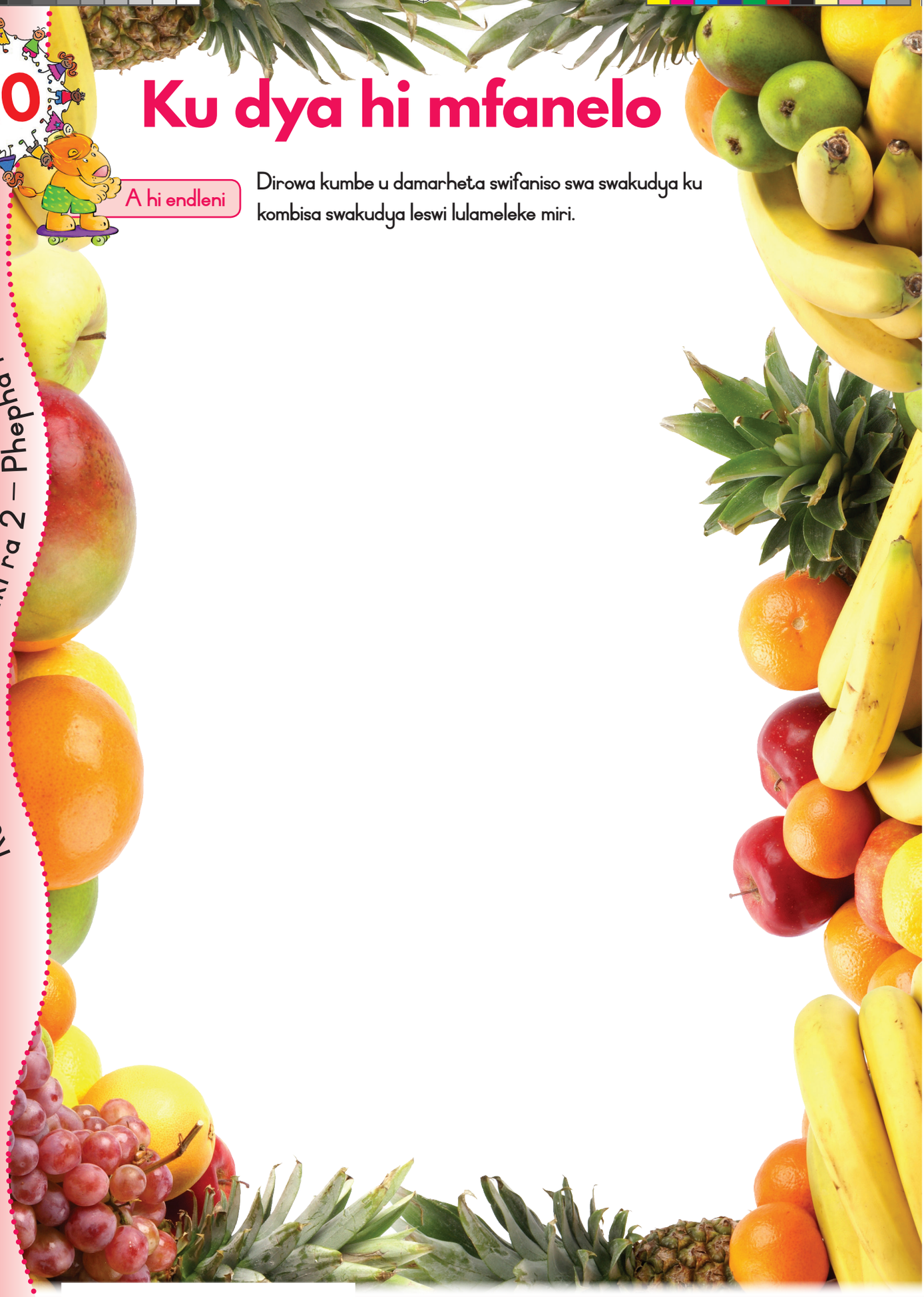
XIT LS Gr3 B1_inside.indd 39 2018/11/23 12:48

20

Ku dya hi mfanelo

A hi endleni

Dirowa kumbe u damarheta swifaniso swa swakudya ku kombisa swakudya leswi lulameleke miri.



Siku: .....

XIT LS Gr3 B1_inside.indd 40 2018/11/23 12:48

A hi hlayeni

Milawu ya madyelo lamanene

Minkarhi hinkwayo hlamba mavoko u nga si khoma swakudya.

U nga siyi swakudya u nga swi pfalangi.

U nga dyi swakudya swa khale kumbe leswi nga bola.

Tirhisa makamba ya matsavu ku endla khomposi ya xirhapa.

Byala matsavu ya wena.



A hi endleni

Dirowa xifaniso ku kombisa wun'wana wa milawu leyi.

Mudyondzisi:

Nsayino:

Siku:

XIT LS Gr3 B1_inside.indd 41 2018/11/23 12:48

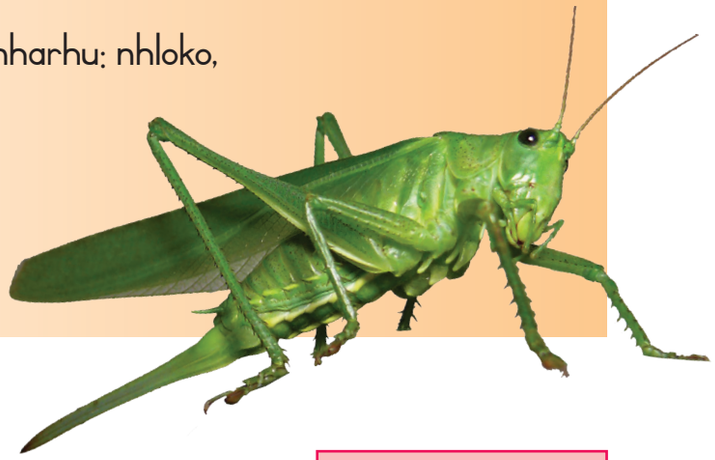


Switsotso

A hi vulavuleni Vulavula hi swirho swo hambana swa miri wa switsotso.

Switsotso swi na swiphemu swa miri swinharhu: nhloko, xiyenge xa miri xa le henhla na xiyenge xa miri xa le hansi.

Swi na milenge ya tsevu na swiambamberi swimbirhi.



A hi endleni

Tsala mavito ya swirho swa xitsotso lexi. Dirowa ntila ku suka eka vito rin'wana na rin'wana ku ya eka xirho lexi faneleke xa xitsotso.

Nenge

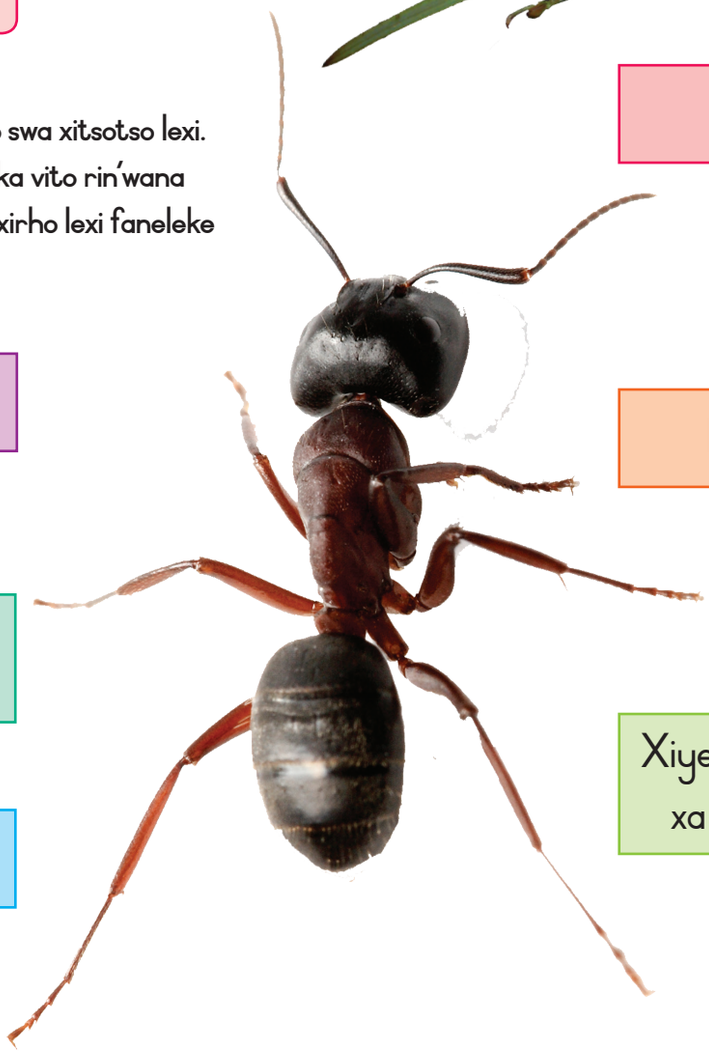
Tihlo

Nhloko

Xiyenge xa miri xa le hansi

Xiyenge xa miri xa le henhla

Xiambamberi



Humelani ehandle Bvonga tanihi nyoxi, haha tanihi phaphatana u tlhela u tlula tanihi njiya. Sweswi u lulamele ntlangu wa bolo ya milenge!

Siku: .....

XIT LS Gr3 B1_inside.indd 42 2018/11/23 12:48

A hi tsaleni

Dirowa ntila ku yelanisa vito rin'wana na rin'wana na xitsotso lexi faneleke.

Vula leswaku i switsotswana swihi swi onhaka na leswaku hi swihi swi hi pfunaka.









Nyoxi

Nsuna

Nhongana

Risokoti

Njiya

Phaphatana

Xifufunhunu

Nsumba









A hi tsaleni

Sweswi tsala marito lama siyiweke.



_____ ti endla vulombe.

_____ ya sindzahata swiluva.

_____ ti hangalasa vuvabyi bya dari.

_____ ti hangalasa vuvabyi.

_____ ti dya swimilana emasin'wini.

Mudyondzisi:

Nsayino:

Siku:

XIT LS Gr3 B1_inside.indd 43 2018/11/23 12:49

22

Swo tala hi switsotso

A hi vulavuleni Languta swifaniso leswi kutani u byela munghana wa wena leswaku hikwalaho ka yini tinyoxi ti ri na nkoka eka hina.



Tinyoxi ti hangalasa nsindza. Leswi swa fanela leswaku mihandzu yi ta kota ku va kona.



Tinyoxi ti endla vulombe.

A hi tsaleni Tsala vito ra xitsotso xin'wana na xin'wana exivandleni lexi nyikiweke.



_____ yi tswonga vulombe bya xiluva.



_____ yi na milenge ya le ndzhaku leyi nga na matimba leswaku yi kota ku tlula.

Siku: .....

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_____ byi tirhisa swiambamberi ku vulavurisana.



_____ ri hangalasa nsindza ku suka eka ximilana xin'we ku ya eka xin'wana.

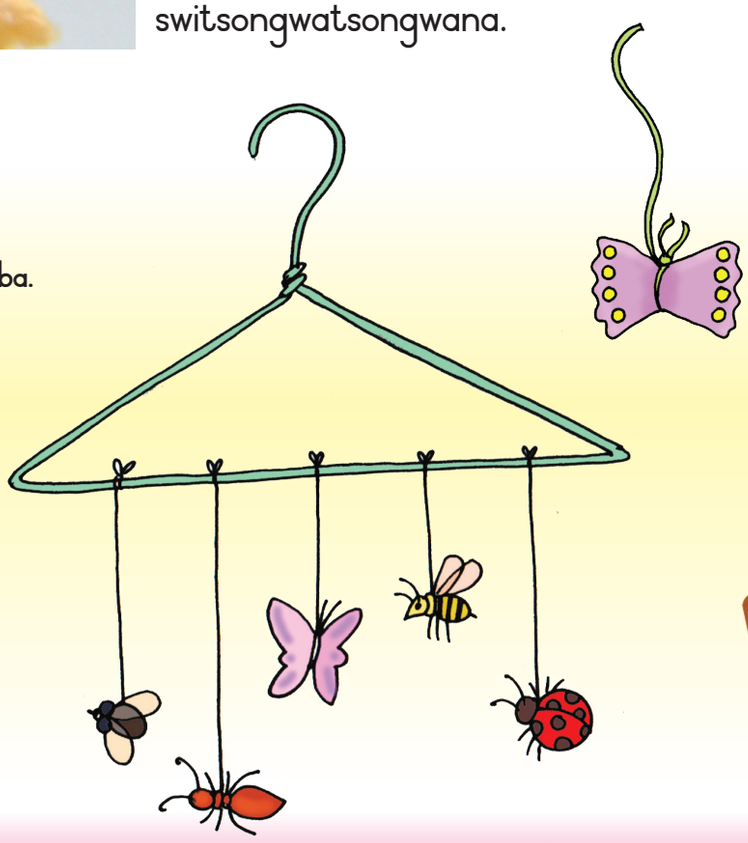
_____ yi hangalasa switsongwatsongwana.



A hi endleni

Endla xitsotso xi kota ku fambafamba.

- Tsema switsotso eka pheji ra switsemiwa emakumu ka buku ya wena.
- Swi hayeke ehan'areni.



Mudyondzisi:

Nsayino:

Siku:

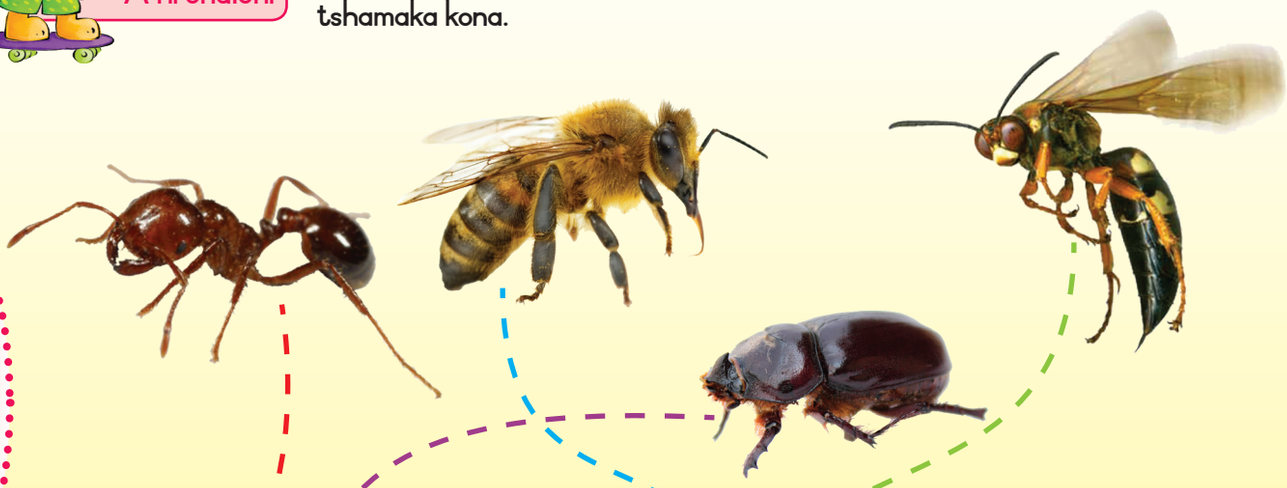
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Makaya ya switsotso

A hi endleni

Landzelerisa ngoti ku kuma laha xitsotso xin'wana na xin'wana xi tshamaka kona.







Siku: .....

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A hi endleni

Fambafamba erivaleni ra mintlangu exikolweni ku vona leswaku i tinxaka tingani ta switsotso leswi u nga ta swi kuma.





A hi tsaleni



Xana u vone switsotso swa njhani ehandle? Hlawula xin'we kutani u tsala vito ra xona laha.

Xana xitsotso lexi xi dya swakudya muni?



Xana xitsotso xa wena xi famba hi ku hatlisa kumbe hi ku nonoka?

Xana xitsotso xa wena xa pfuna? Hikwalaho ka yini u vula sweswo?

Xitsotso xa wena xi na khombo hi ndlela yihi? U nga endla yini loko xo ku vavisa?

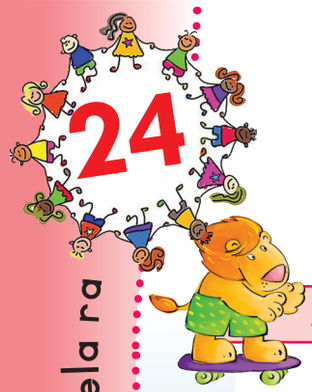


A hi hungaseni

Sweswi endla u tlhela u dirowa xitsotso xa wena, tlhela u xi nyika vito.



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Kombisa vutshila bya wena

A hi endleni

Endla phaphatana ra wena

Ku ta laveka:

- Phepha ra A4
- Tikhirayoni
- Xikero
- Xidamarheti
- Xibasisi xa phayiphi
- Rholo ya phepha ra xihambukelo leyi nga riki na nchumu



Dirowa phaphatana, u kombisa miri wa rona wo leha no lala na timpapa timbirhi. Sasekisa timpapa ta phaphatana ra wena hi tipatironi ta mihlovo yo hambana.

Tiyisisa leswaku timpapa hinkwato ta fana. Tsema phaphatana ra wena. Namarheta miri wa phaphatana eka rholo ya phepha ra xihambukelo. Sweswi endla swiambamberi u tirhisa xibasisi xa phayiphi lexi petsiweke kambirhi. Swi namarhete enhlokweni ya phaphatana.



Siku: .....

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Humelani ehandle Ringeta mintlangu leyi.



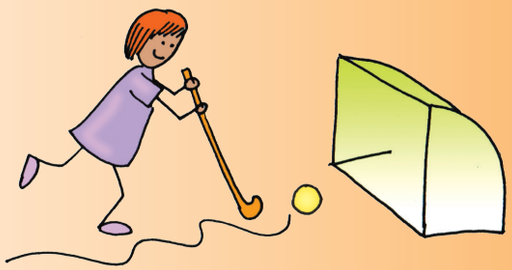
Xitichi xa 1:

Basikiti bolo: Bambisa bolo loko u ri karhi u tsutsuma hi patironi yo jikajika.



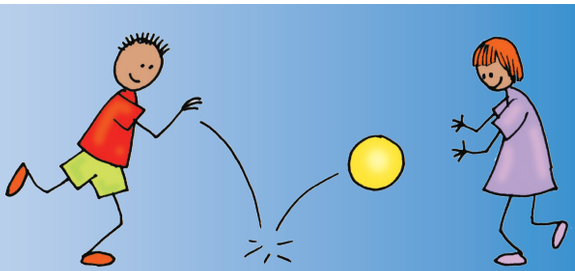
Xitichi xa 2:

Hoki: Tirhisa nhonga ya hoki ku fambisa bolo ku ya etipaleni.



Xitichi xa 3:

Netibolo: Bambisa bolo yi ya eka munghana wa wena loko u ri karhi u tsutsuma.



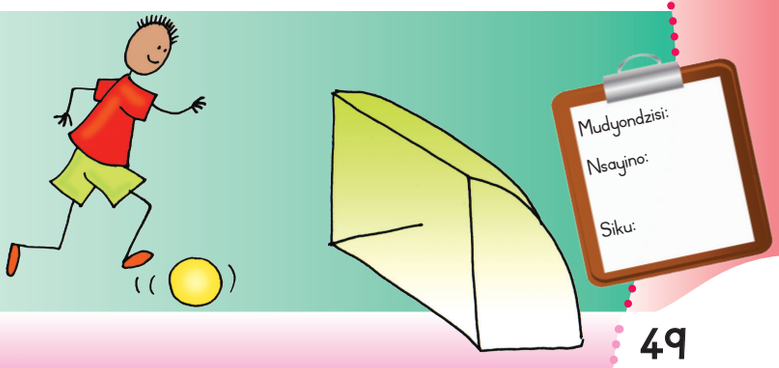
Xitichi xa 4:

Rhagibi: Tsutsuma na bolo kutani u yi hoxela van'wana.



Xitichi xa 5:

Bolo ya milenge: Dirivula bolo u kongome etipaleni.



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Ndzhendzeleko wa vutomi

Ndzhendzeleko wa vutomi wu komba swiyimo swo hambana-hambana swa ku kula. Swiyimo leswi swi landzelela nongoloko wo karhi. Languta ndzhendzeleko wa vutomi bya chela na bya phaphatana kutani u bula hi swiyimo leswi swo hambana-hambana.

Ndzhendzeleko wa vutomi bya chela



A hi vulavuleni Languta swifaniso kutani u hlamusela munghana wa wena leswi chela ri cincisaka xiswona eka ndzhendzeleko wa vutomi bya rona.

1. Machela mambirhi ya hlangana leswaku ku ta tshikeriwa matandza.
2. Chela ra xisati ri tshikela matandza.
3. Vuluvulu leritsongo leri nga na malaka ya le handle na xicapila xa ncila.
4. Vuluvulu ri va na milenge.
5. Ncila wu ta nyamalala.
6. Chela leri nga kula ri na mahahu naswona a ra ha ri na malaka.

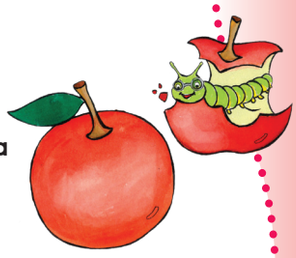
Siku: .....

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A hi endleni

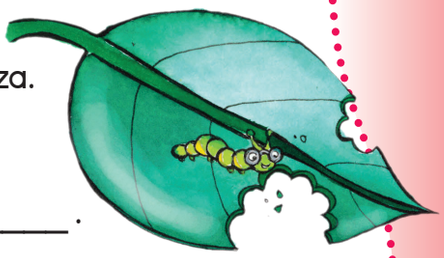
Languta ndzhendzeleko wa vutomi bya phaphatana.
Tatisa leswi humelelaka eka xivumbeko xin'wana na xin'wana xa ndzhendzeleko wa vutomi. Hi ku pfunile hi swiyimo swimbirhi.



Ndzhendzeleko wa vutomi bya phaphatana







1 Phaphatana ri tshikela matandza.

2 _____.

3 _____.

4 _____.



5 Xivungu xi hundzuka n'wampfokoro.

6 _____.





Mudyondzisi:

Nsayino:

Siku:

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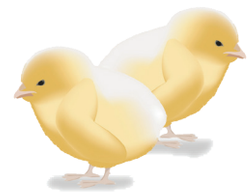
26

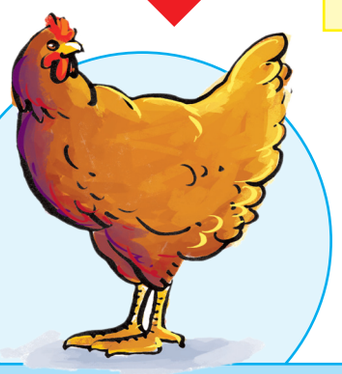
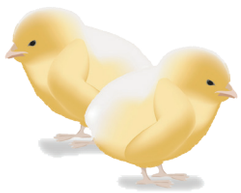
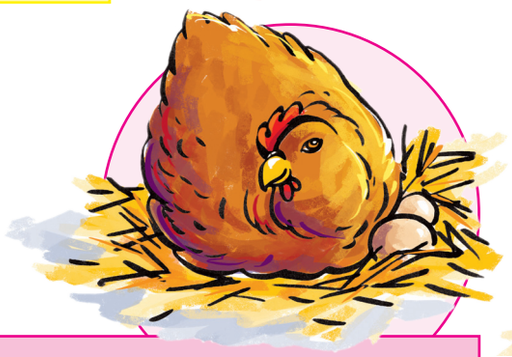
Mindzhendzeleko ya vutomi

A hi vulavuleni

Languta swifaniso kutani u bula na munghana wa wena hi ndzhendzeleko wa vutomi bya huku. Kutani tsala leswi humelelaka eka xiyimo xin'wana na xin'wana.

Ndzhendzeleko wa vutomi bya huku





Siku: .....

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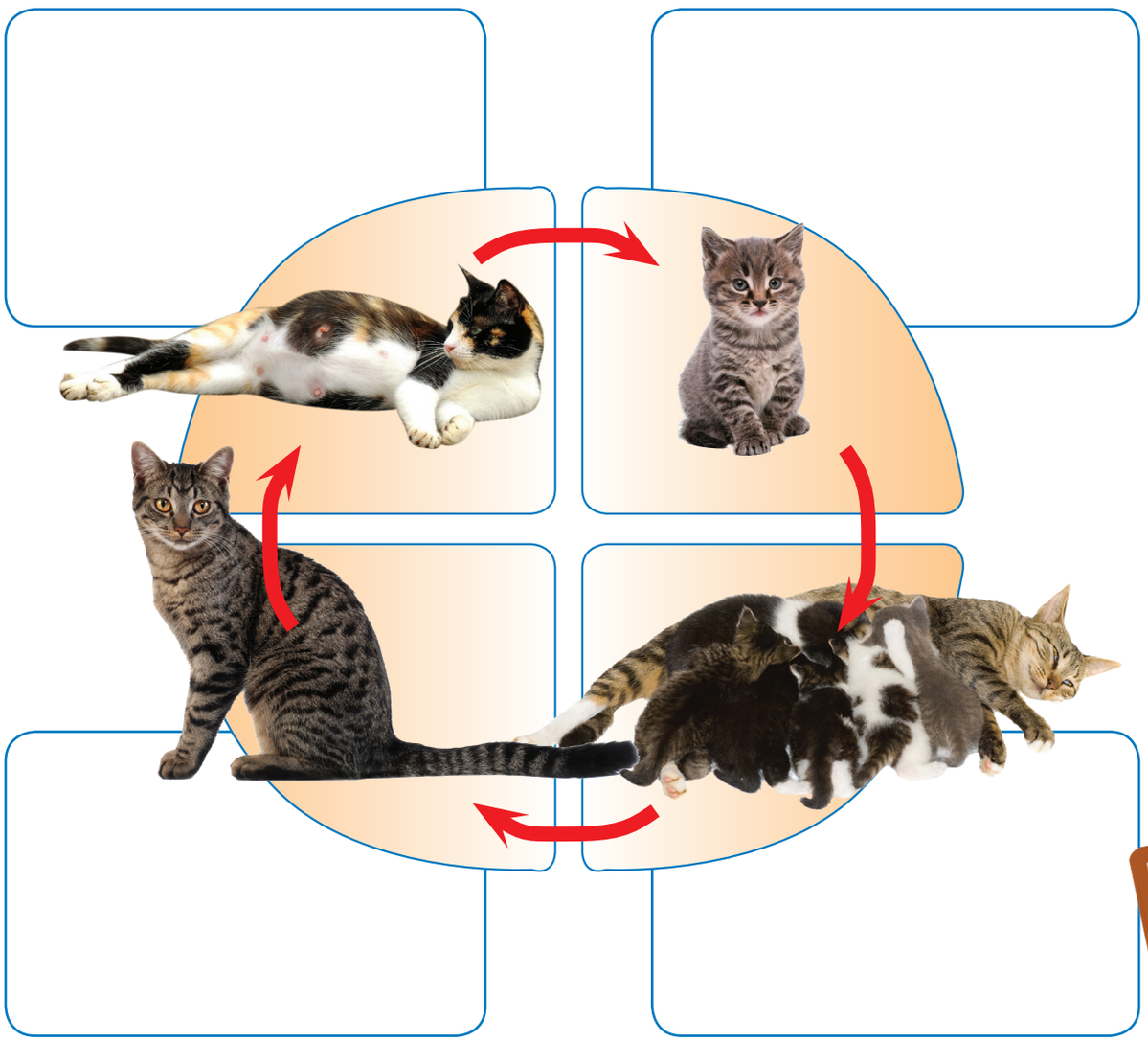
A hi endleni

Sweswi tumbuluxa ndzhendzeleko wa vutomi. Lebula xifaniso xin'wana na xin'wana evhilweni ra xitori ku kombisa ndzhendzeleko wa vutomi bya ximanga. Tirhisa tinhlokomhaka leti nga laha hansi ku ku pfuna.

Nambara swiyimo hi 1 – 4 kutani u swi tirhisa eka vhilwa ra xitori xa wena.

	Ku hlantiwa ximanganyana.		Ximanga lexi nga kula.
	Manana ximanga xi tika 9 wa mavhiki.		Manana ximanga xi mamisa swimanganyana.

Ndzhendzeleko wa vutomi bya ximanga



Mudyondzisi:

Nsayino:

Siku:

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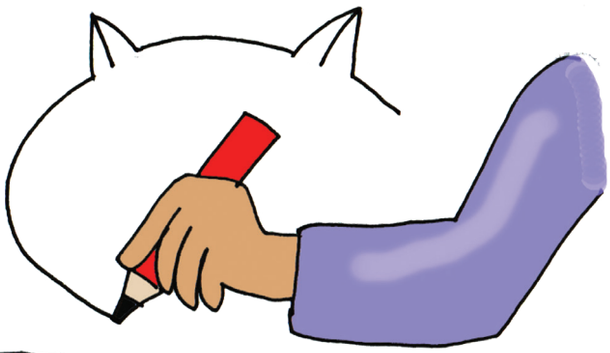
27

Xifuwana xa mina

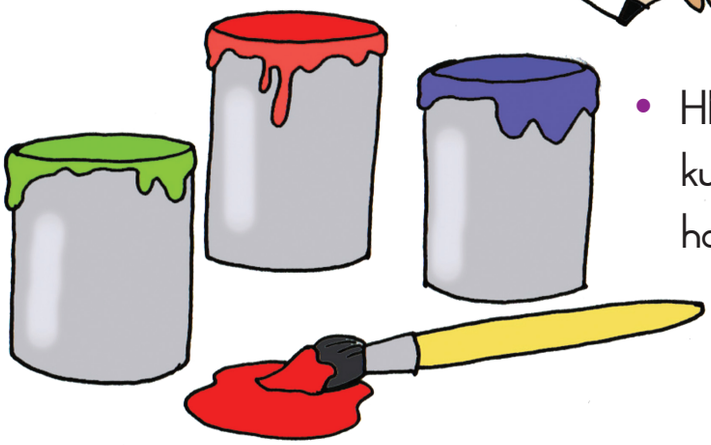


A hi endleni Endla xipfalanghohe ya xifuwana.

Ku laveka: Phepha ra A4
Pensele
Pende ya phawudara na mati
Swinhongana swo nwaya tindleve



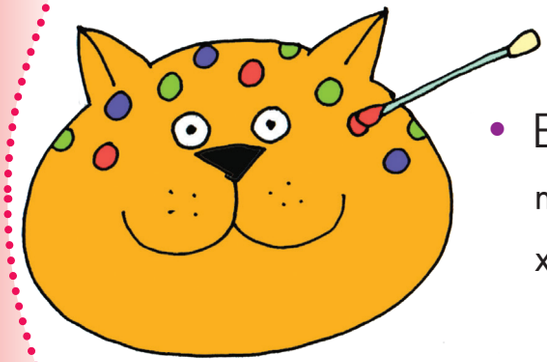
- Dirowa mpfapfarhuto wa xikandza xa ximanga ephepheni.



- Hlanganisa pende ku kota ku endla 3 wa mihlovo yo hambana.



- Tirhisa xinhongana xo nwaya tindleve eka muhlovo wun'wana na wun'wana.



- Endla mathonsi ya mihlovo ku sasekisa xikandza xa ximanga.



Siku: .....

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A hi vulavuleni

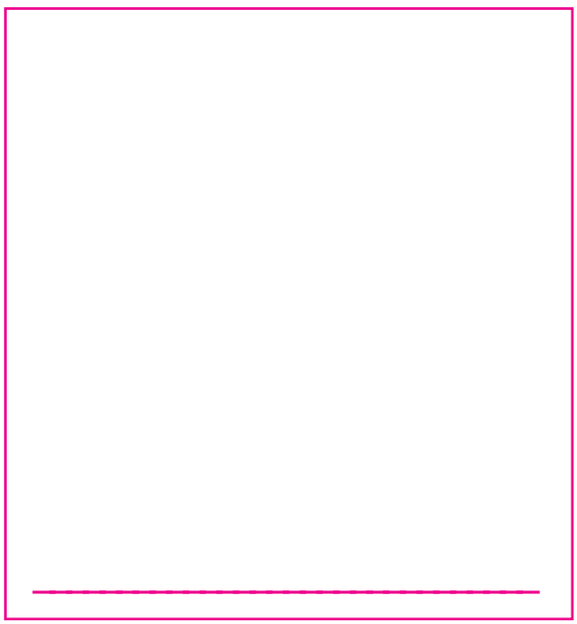
Byela munghana wa wena hi xifuwana xa wena kumbe xifuwana xa munhu un'wana loyi u n'wi tivaka. Hlamusela leswi u faneleke ku xi hlayisisa xiswona.

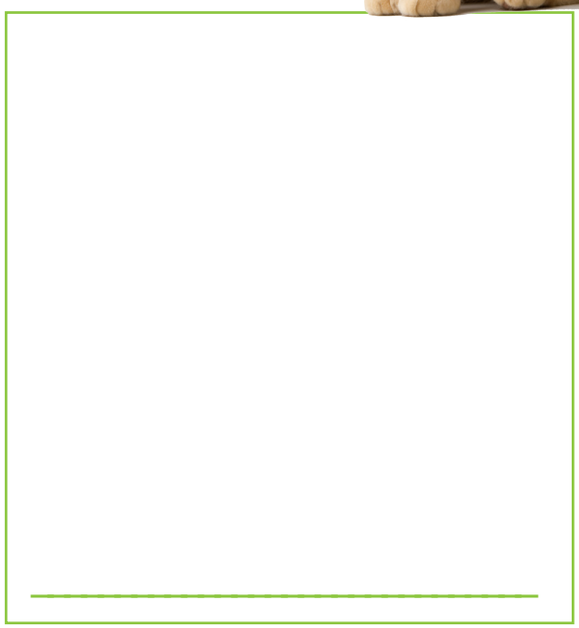


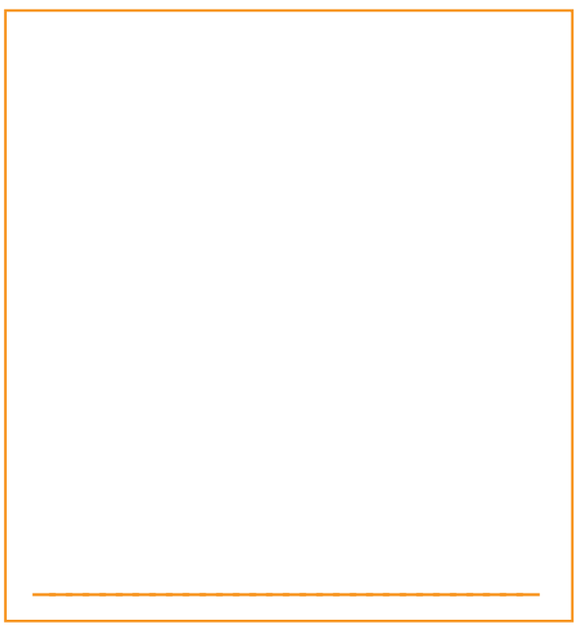


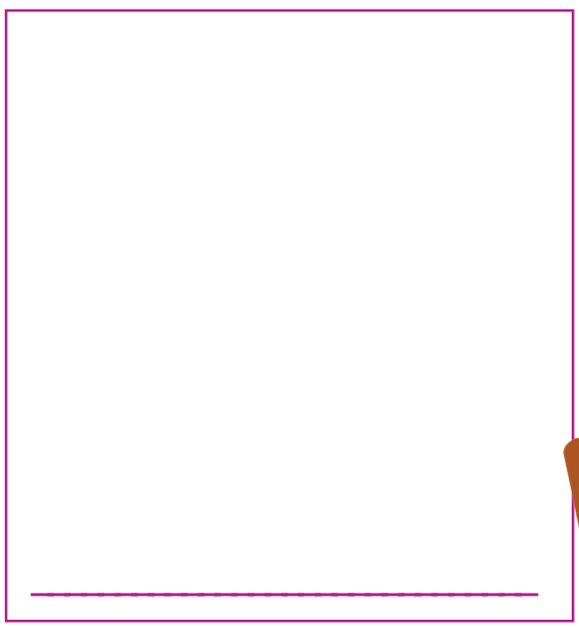
A hi endleni

Dirowa 4 wa swilo leswi u faneleke ku swi endla ku kota ku hlayisa xifuwana xa wena. Kutani tsala nhlokomhaka ehansi ka xifaniso xin'wana na xin'wana.









Mudyondzisi:

Nsayino:

Siku:

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Ku hlayisa mbangu wa hina

A hi vulavuleni

Languta tiphositara leti kutani u bula na vanghana va wena hi leswi ti hi byelaka swona.

Xiya logo yo rhisayikila.

Xana u yi vone kwihi logo yo fana na leyi?



Hi kombela mi hi rhisayikila!



Humelani ehandle

Xana u nga tumbuluxa ncino u tirhisa tihupu na tirhiboni?



Siku: .....

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A hi hlayeni

Xana hi nga hlayisa njhani mbangu wa hina wu tshama wu basile?

Hi fanele ku tsundzuka H, T na R

Hunguta: Hi fanele ku hunguta ku thyakisa ka hina.

Tlhela u tirhisa: Hi fanele ku tlhela hi tirhisa swilo leswi tirhisiweke hi nga si swi cukumeta.

Rhisayikila: Hi fanele ku kuma tindlela to tlhela hi tirhisa phepha, mabodhlela na swithinana.



A hi tsaleni

Etafuleni leri nga laha hansi, tsala mavito ya swilo leswi nga rhisayikiliwaka. Hi ku sungulele nxaxameto wun'wana na wun'wana.

Rhisayikila nghilazi	Rhisayikila pulasitiki	Rhisayikila phepha	Endla khomposi
Mabodhlela ya khale	Minkwama ya tipulasitiki	Tinyuziphepha	Makamba ya matsavu

Mudyondzisi:

Nsayino:

Siku:

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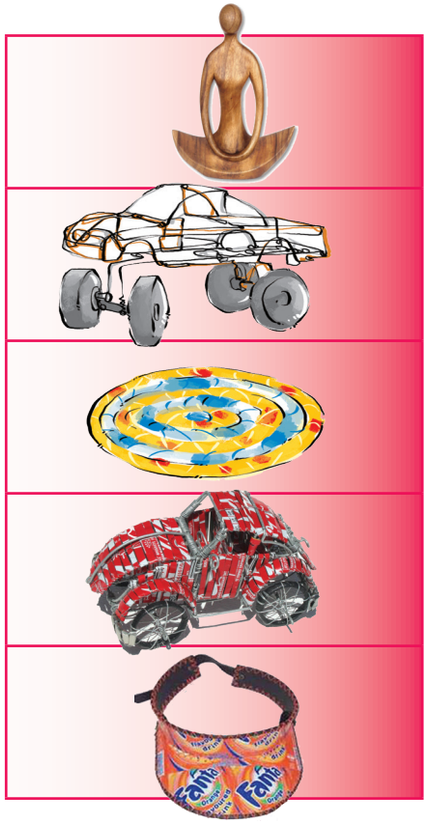
29

A hi tsaleni

Ku rhisayikila

Dirowa ntila ku suka eka xilo xin'wana na xin'wana eximatsini ku ya eka xilo lexi nga exineneni ku kombisa lexi xi nga tlhelaka xi tirhisiwa ku endla swilo leswi pfunaka.





Sweswi endla u tlhela u lebula xanchumu lexi u nga xi endlaka hi ku tirhisa swilo leswi rhisayikiliweke.

Vito ra xanchumu
Swilo leswi tirhisiweke

Dirowa xifaniso xanchumu wa wena.

Siku: .....

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A hi tsaleni

Ehleketa hi swilo leswi nga endlaka khomposi ya kahle. Tsala rito rin'wana na rin'wana leri nga laha hansi eka kholomu leyi faneleke ku hetisa tafula. U nga tlhela u anakanya hi swin'wana swa swilo swa wena u tlhela u swi longoloxa eka tikholomu leti faneleke.

minkwama ya tipulasitiki

makamba ya matsavu

swipikiri

swithinana swa namuneti

swiphambasi swa matandza

Swilo leswi nga boliki	Swilo leswi bolaka



A hi endleni

Endla phositara yo herisa ku thyakisa. Dirowa xifaniso kutani u tsala mahungu.

Mudyondzisi:

Nsayino:

Siku:

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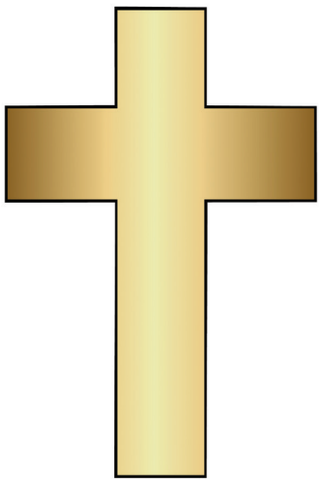
30

Masiku ya swa vukhongeri na man'wana yo hlawuleka

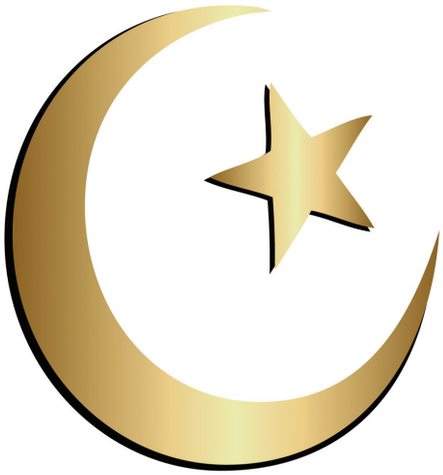


A hi vulavuleni

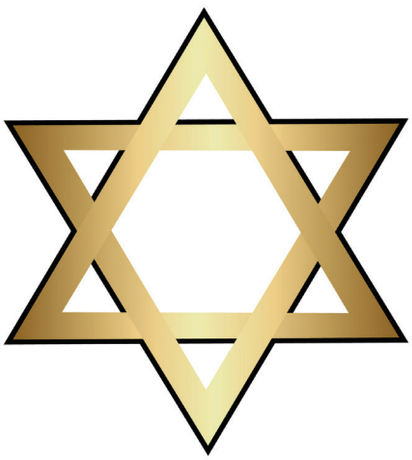
Vulavula na munghana wa wena leswaku i vukhongeri byihi lebyi tirhisaka mifungho leyi. Vula leswaku hi wihi lowu nga wa vukhongeri bya wena. Loko u nga wu voni, wu dirowele munghana wa wena.



Xihambano i mfungho wa Vukriste. Yesu, N'wana wa Xikwembu, u file exihambanweni a fela swidyoho swa hina.



Xin'wetana na nyeleti swi vumba mfungho wa Islam. Masurumani va khongela ka ntlhanu siku rin'wana na rin'wana.



Mfungho wa Xiyuda i Nyeleti ya Davida. Hosi Davida a a ri hosi ya Vaisrayele.



Mfungho wa Xihindu wu tsariwile hi ririmi ra khale ra Sanskrit ra le Indiya.

Siku: .....

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Tindhawu to hambana to gandzela

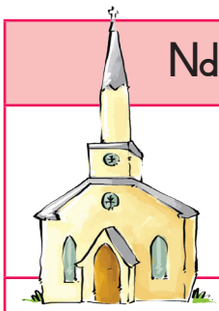
31

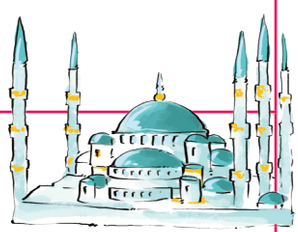
A hi endleni

Dirowa ntila ku hlanganisa vukhongeri byin'wana na byin'wana na ndhawu ya byona yo gandzela. Tsala vito ra muako ehansi ka xifaniso xin'wana na xin'wana.

tempele	sinagogo	kereke ya masurumani	kereke

Vukhongeri
Vukhongeri bya Islam
Vukhongeri bya Xihindu
Vukhongeri bya Xikriste
Vukhongeri bya Xiyuda

Ndhawu yo gandzela


A hi endleni

Vutisa 4 wa vanghana va wena leswaku hi yihi mifungho leyi kombisaka vukhongeri bya vona. Yi kopunule ekusuhi na mavito ya vona.

Vito ra munghana	Mfungho wa yena

Mudyondzisi:

Nsayino:

Siku:

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SETIFIKHETI

yo heta buku ya 1 ya

Swikili swa vutomi

ya Giredi ya 3 yi nyikiwa

_____

Tsala vito ra wena

Siku _____

Mudyondzisi _____

Siku: .....

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Dikixinari ya mina



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Dikixinari ya mina

M m

S s

N n

T t

O o

U u

P p

V v

Q q

W w

R r

X-Z x-z

Siku: .....

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