

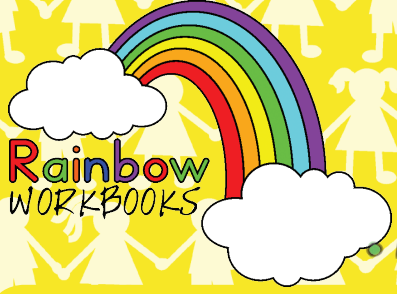


E tshabolotswe e
bile e tsamaelana
le KPKT

Mophato



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LIFE SKILLS IN SETSWANA
GRADE 1 – BOOK 1
TERMS 1 & 2

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Dikgono tsa Botshelo
ka SETSWANA

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Kgweditharo 1 & 2



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Diteng

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Mme Angie Motsheka,
Tonakgolo ya Thutotheo



Rre Enver Surty,
Motlatsatonakgolo ya
Thutotheo

Dibukatiro tse di kwaletswe barutwana ba Afrika Borwa ka fa tlase ga boeteledipele jwa ga Tonakgolo ya Lefapha la Thutotheo, Mme Angie Motshekga le Motlatsatonakgolo ya Lefapha la Thutotheo, Rre Enver Surty.

Dibukatiro tsa Rainbow ke karolo ya maiteko a mangwe a Lefapha la Thutotheo a a ikaeletsweng go tokafatsa bokgoni jwa barutwana kgotsa baithuti ba Afrika Borwa mo mephatong e merataro ya ntlha. Jaaka e le sengwe sa dilo tse di kwa godimo mo Lenaneotirong la Mmuso, porojeke e e etleediwa ke Letlotlo la Semmuso. Se se kgontshitse Lefapha go kwala dibukatiro tse ka dipuo tsotlhe tsa semmuso, mme ga di duelelwe.

Re solofela gore dibukatiro tse di tlaa tswela barutabana mosola mo go ruteng ga bona ga letsatsi le letsatsi, le mo go netefatseng gore barutwana ba digela kharikhulamo ya bona. Re netefaditse gore re kaela morutabana sentle mo tirong nngwe le nngwe ka go tsenyeletsa mesupatsela go bontsha gore ke eng se morutwana a tshwanetseng go se dira.

Re solofela gore bana ba tlaa itumelela go dira mo bukeng e fa ba ntse ba gola e bile ba ithuta, le gore wena jaaka morutabana, o tlaa abelana le bona boitumelo jwa bona.

Re go eleletsa katlego e kgolo mo tirisong ya dibukatiro tse, wena le barutwana ba gago.



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Mophato

1

Dikgono tsa Botshelo
ka **Setswana**
Buka I



Buka e ke ya ga:

Ka ga me



A re kwaleng

Kgomaretsa senepe sa gago
kgotsa thala setshwantsho sa
gago fa.



Leina la me ke



_____.

Sefane sa me ke

_____.

Ke na le dingwaga di le

_____.

Go na le batho ba le

_____ mo lelapeng la
gaetsho.

Mogala wa rona ke:

_____.

Aterese ya rona ke:



Ke itse gore letsatsi la me
la botsalo le leng.

ee

ga ke netefatse

nnyaya



A re kwaleng



Joe o itse go tshameka kgwele ya dinao.

Thala sengwe se o se kgonang thata.



Bolelela ditsala tsa gago gore ke eng se o se kgonang thata. Morago o tshase mmala mo naleding e e mo lebokosong le le nepagetseng go bontsha gore o ka dira eng.

A re bueng



Ke kgona go buisa.



Ke kgona go ikapesa.



Ke kgona go kwala.



Ke kgona go bina.



Ke kgona go dira tee.



Ke kgona go tlhapa meno a me.

Morutabana:
Saena fa:
Letlha:



Mebala le go ikatsa



A re kwaleng

A o itse mebala e? Bolelela tsala ya gago maina a mebala e. Jaanong khalaria setshwantsho sengwe le sengwe ka mmala o o siameng.



Panana e serolwana



Apole e khibidu



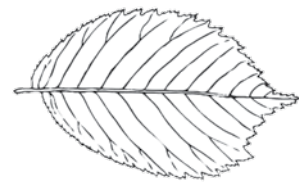
Jeresi e e botala jwa legodimo



Mokgele wa mebalabala



Namune e mmala wa namune



Letlhare botala jwa tlhaga



A re ikatiseng

Pele o ka dira tirwana kwantle, ikotlolole jaaka katse. Seno se tla kgontsha mmele wa gago go tshikinyega. Gape, o ikotlolole morago ga tirwana go repisa le go ikhutsisa mmele wa gago. Seno se tla go thusa gore o se nne le mesifa e e botlhoko. Jaanong dira se bana ba, ba se dirang.



Opela "motlhang ke phaphama ke tla lela jaaka katara, motlhang ke phaphama ke tla lela piano" fa o ntse o:

- itire o kare o tshameka piano kgotsa moropa.
- itire o kare o tshameka katara.





Boithabiso

Dirisang paterone e e latelang
go opa diatla.



A re direng

A o ka dira dilo tse? Bontsha ditsala tsa gago.

Ke kgona go tabogela kwa matlhakoreng otlhe ke sa thule ope.			
Ke kgona go tlola kgati.			
Ke kgona go kgokolosetsa bolo e kgolo kwa tsaleng ya me.			



Rotlhe re kgethegile



A re bueng

Lebelela setshwantsho mme o tlotlele
tsala ya gago ka ga pharologano fa gare
ga bana ba.



Bogolo le bonnye

Bangwe ba bagolo, mme bangwe ba rona ba bannye.

Bangwe ba rona re bakhutswane fa bangwe ba rona
re le baleele.

Bangwe ba rona ba kgona go tlola, mme bangwe
ba kgona go opela.

Rotlhe re kgona go dira sengwe ka manontlhotlho.

Ke eng se o kgonang go se dira ka manontlhotlho?



A re bueng

Tlotlela ditsala tsa gago gore o ne wa ikutlwa
jang ka letsatsi la gago la ntlha kwa sekolong.

itumetse	lela	itumetse thata	tenegile	ikgogona



A re thaleng

Thala setshwantsho go bontsha ka moo o **ka ikutlwang ka teng**
fa motho a go naya setshamekisi se sentshwa. Kwala maikutlo mo
phatlheng e e fa tlase.



Tlotlela tsala ya gago gore go diragala eng mo setshwantshong sengwe le sengwe. Bua gore o ka ikutlwa jang fa dilo tse di ka go diragalela. Tshwaya sefatlhego se se nepagetseng.



Mosetsana yo mogolo
o tsaya dilo tsa gago.

itumetse	itumetse thata	lela

Wena le tsala ya gago
le tshameka mmogo.

tenegile	itumetse	tshogile



O bula mpho.

tshogile	itumetse thata	ikgogona

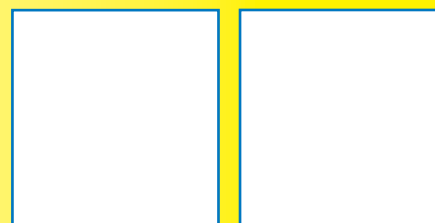
Ausi kgotsa abuti
wa gago o senya
setshamekisi sa gago.

ikgogona	thabile	tenegile

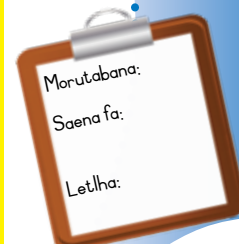


Gatisa monwana wa gago mo lebokosong la ntlha, mme o botse moithuti-ka-wena go gatisa monwana wa gagwe mo lebokosong la bobedi.

A o ntse o itse gore ga go ope mo lefatsheng yo o nang le setshwantsho sa menwana se se tshwanang le sa gago?
O kgethegile thata, gone na le dikgatiso tsa menwana tse di tshwanang di le nosi.
Le mawelana tota, ditshwantsho tsa menwana ya bona ga di tshwane.



A o kgona go bona gore ditshwantsho tsa menwana ga di tshwane?



Rotlhe re a farologana



A re bueng

Lebelela bana ba.
Ba tshwana ka eng?
Ba farologana ka eng?



A re direng

Lebelela setshwantsho mme morago o akanye gore a ditlhagiso tse ke **nnete** kgotsa **nnyaya**. **Khalara dipolelo tse ke nnete ka botala jwa tlhaga.** **Khalara dipolelo tse di sa bueng nnete ka bohhibidu.**



Botlhe ba na le matsogo a le 2
le maoto a le 2.



Botlhe ke basetsana.

Botlhe ba rwele ditlhako.



Botlhe ba apere marokgwe a
makhutshwane.

Botlhe ke bana.



Botlhe ba na le meriri e meleele.



A re thaleng

Thala setshwantsho sa gago mo phatlheng ya ntlha. Morago o thale setshwantsho sa tsala ya gago ya botlhokwa. Morago ga go dira jalo, lebelela setshwantsho mme o bue gore o farologana jang le tsala ya gago.

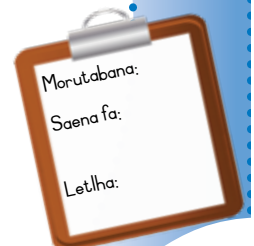
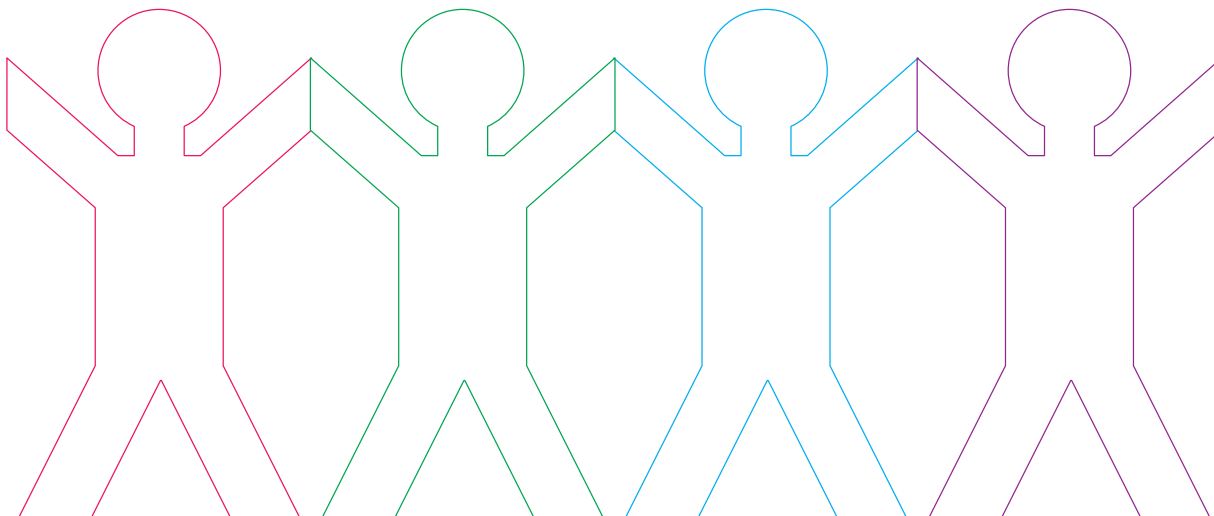


Nna	Tsala ya me



A re direng

Lebelela setshwantsho mme o bue ka moo wena le tsala ya gago le tshwanang ka teng le ka moo le farologanang ka teng. Khalara keetane e ya botsalano go bontsha gore mongwe le mongwe o a farologana. Fa o sena go dira se o ka nna wa sega o bo o kgabisa keetane ya botsalano mo karolong ya mesego ya buka e.



Morutabana:
Saena fa:
Letlha:



A re opeleng



Pele o opela, dira dithutiso tse.

Hemela kwa teng thata le kwa ntle ka iketlo. Itire o kare o tima dikerese tsa kuku ya gago ya botsalo. Itire o kare o gatsetse, mme o re "Brrrrrrrrrrrrrrrr".

Dikgabo di le tlhano

Dikgabo di le tlhano di tloatlola mo bolaong.

E nngwe ya wela fatshe, ya wa ka tlhogo.

Mme a bitsa ngaka mme yona ya re,
"Dikgabo ga di tlolatlole mo bolaong!"

Dikgabo di le nne di tloatlola mo bolaong.

E nngwe ya wela fatshe, ya wa ka tlhogo.

Mme a bitsa ngaka mme yona ya re,
"Dikgabo ga di tlolatlole mo bolaong!"

Dikgabo di le tharo di tlolatlola mo bolaong.

E nngwe ya wela fatshe, ya wa ka tlhogo.

Mme a bitsa ngaka mme yona ya re,
"Dikgabo ga di tlolatlole mo bolaong!"

Dikgabo di le pedi di tlolatlola mo bolaong.

E nngwe ya wela fatshe, ya wa ka tlhogo.

Mme a bitsa ngaka mme yona ya re,
"Dikgabo ga di tlolatlole mo bolaong!"

Kgabo e le nngwe e tloatlola mo bolaong.

Ya wela fatshe, ya wa ka tlhogo.

Mme a bitsa ngaka mme yona ya re,
"Dikgabo ga di tlolatlole mo bolaong!"





A re kwaleng

Thala sefatlhego sa gago.

Bontsha matlho a gago, ditsebe, nko, molomo le moriri.

Bolelela ditsala tsa gago gore o rata eng.

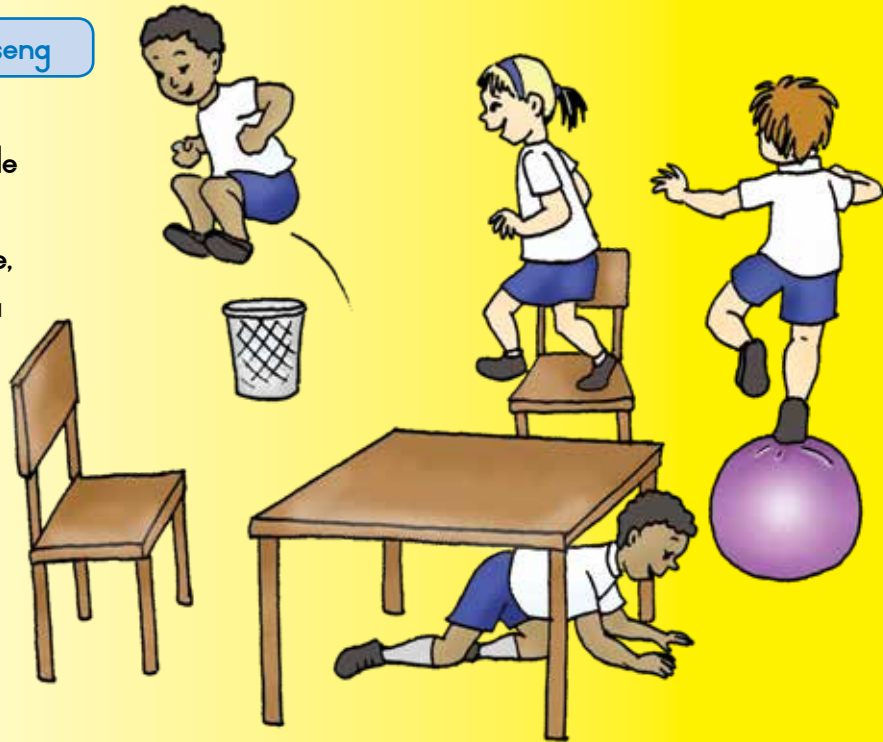


A re ikatiseng

Baya dikgoreletsi kwa ntle
ga phaposiborutelo ya
gago le le tshwanang le le,
o thusiwa ke morutabana
wa gago.

Tlola go tswa mo
tafoleng e nngwe go ya
kwa go e nngwe.

Gagaba ka fa tlase
ga ditafole.



Murutabana:
Saena fa:
Letlha:



Ke ikgantsha ka sekolo sa me



A re kwaleng

Thala setshwantsho sa gago o apere diaparo tsa sekolo. Morago o tlatse ka mafoko a a tlogetsweng.



Ke tsena sekolo sa

_____.

Leina la morutabana wa me ke

_____.

Mogokgo wa sekolo ke

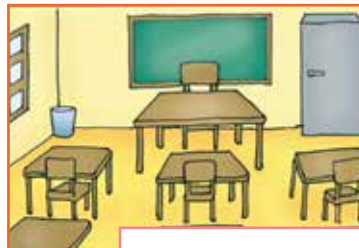
_____.



A re kwaleng

Lebelela ditshwantsho.

Morago o sege lefoko le le nepagetseng la setshwantsho sengwe le sengwe mme o le kgomaretse mo phatlheng e e fa tlase ga setshwantsho seo.











lepatlelo la metshameko

phaposiborutelo

ofisi

mokwaledi

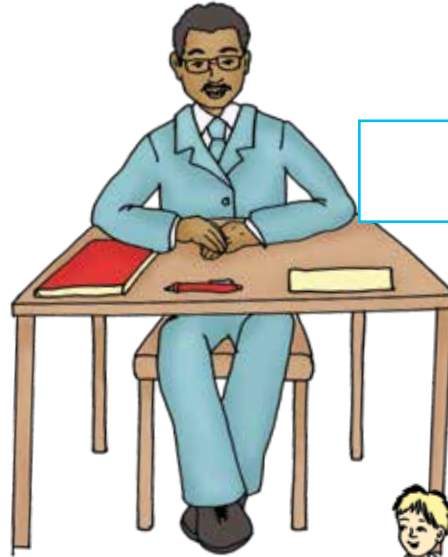
ntlwanaboithusetso





A re kwaleng

Batho ba ba farologaneng kwa sekolong ke bomang? Lebelela ditshwantsho mme o bue gore ke bomang le gore ba dira eng. Morago o sege lefoko le le nepagetseng go tswa kwa tlase mo tsebeng o be o le kgomaretsa fa thoko ga setshwantsho se se nepagetseng. Tlhalosetsa tsala ya gago gore o ya jang kwa ofising ya mogokgo, kwa ntlwaneng ya boithusetso le kwa lepatlelong la metshameko.



Boithabiso

Lebokoso la diphensele la ga John le wele. Bala gore o na le dikherayone tse kae, mme o kwale palo mo lebokosong. Morago kwathoko mo lenathwaneng la pampiri, thala setshwantsho o dirisa mebala e e bonagalang go bontsha ka moo wena le tsala ya gago le tshamekang mmogo ka teng. Direle setshwantsho foreimi.



bana

mophepafatsi

morutabana

mogokgo

Morutabana:
Saena fa:
Letlha:



7

Mafelo a a farologaneng

Kgweditsharo I – Beke 4 – Papetlanatiro



A re diragatseng

Bontsha ditsala tsa gago gore o kgona go:

Iphitlha ka fa tlase
ga sengwe.



Iphitlha ka fa morago ga
lebatl.



Ke iphitlha ka
fa tlase ga tafole.



Ema fa thoko ga sengwe.

Ema fa godimo ga setilo.



A re ikatiseng

Dirisa bolo kgotsa kgetsana ya dinawa. E latlhele kwa godimo
mme o e tshware. Tshegetsa kgetsana ya dinawa mo tlhogong ya
gago mme o tsamayetsamaye ka iketlo.
Jaanong tshegetsa kgetsana ya dinawa mo tlhogong o ntse o
tsamaya mo godimo ga thobane ya go tshegetsa kgotsa mo
godimo ga mola fa fatshe.

Ke kgona go latlhela.



Ke kgona go tshwara.



Ke kgona go tshegetsa kgetsana
ya dinawa mo tlhogong ya me.





A re ikatiseng

Kiba maoto a gago ka mekgwa e.

Mol = Molema



Moj = Moja



Mol Moj Mol Moj Mol

Moj Mol Moj Moj Mol Moj Mol Moj

Mol Mol Moj Mol Mol Moj Mol Moj

Morutabana:
Saena fa:
Letlha:





8

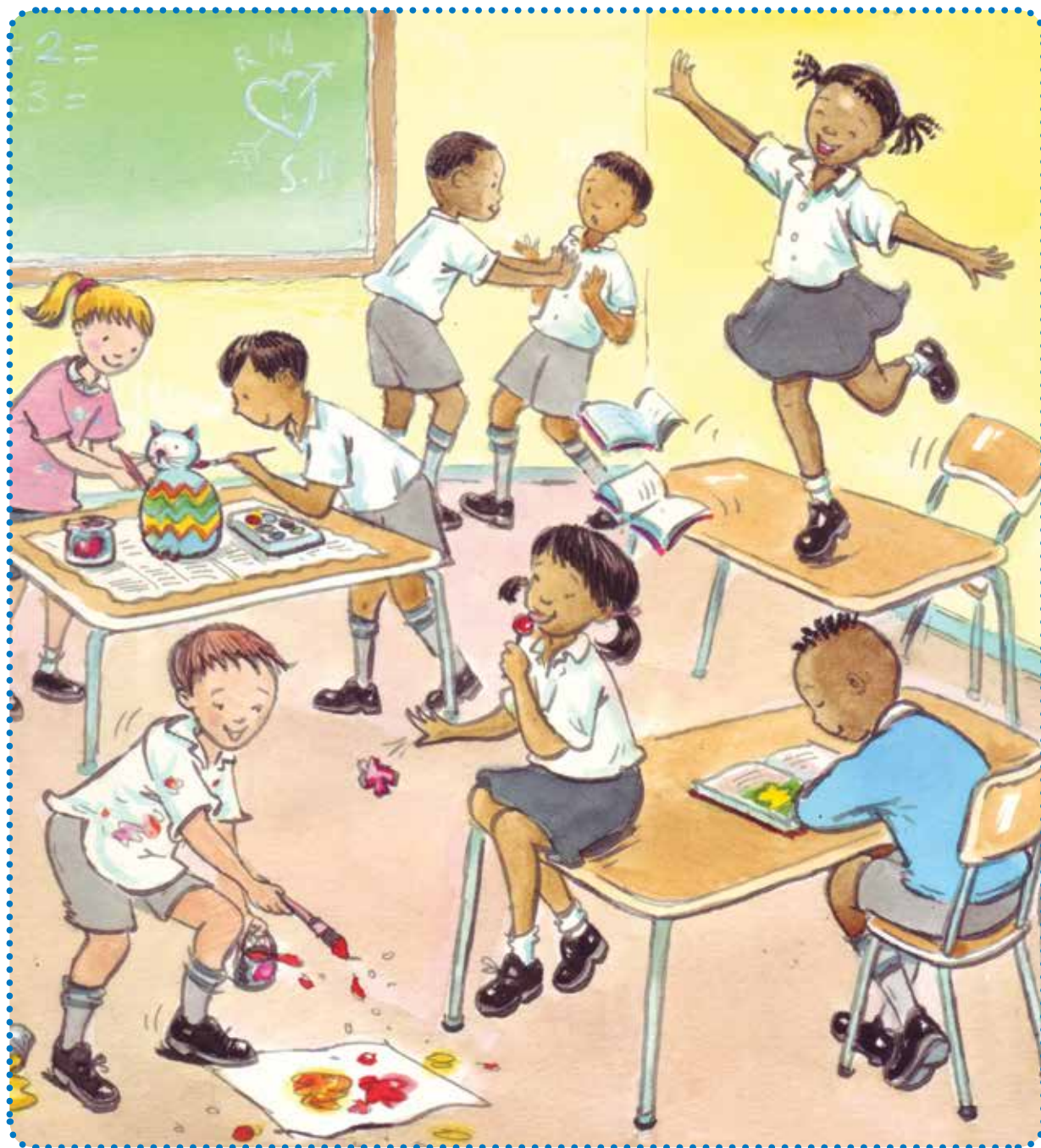
Phaposiborutelo ya me



A re bueng

Lebelela setshwantsho se ka kelotlhoko. O bona eng?

Mo phaposiborutelong e, go diragala dilo tse di siameng le tse di sa siamang. O kgona go bona maitsholo afe a a siameng? O kgona go bona maitsholo afe a a sa siamang?

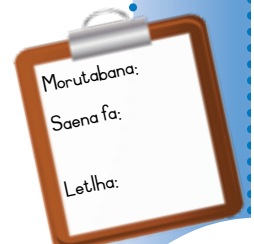
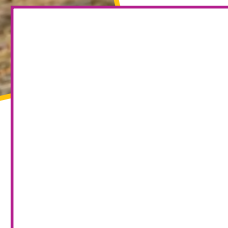
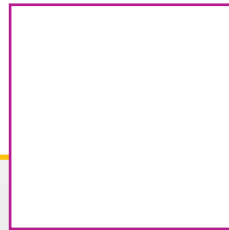
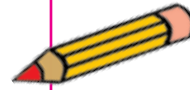
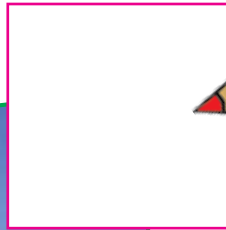


Kgweditharo I – Beke 5 – Papetlanatiro





Bolelela tsala ya gago gore go diragala eng mo setshwantshong sengwe le sengwe thala letshwao le ✓. Fa thoko ga maitsholo otlhe a a siameng mme o thale letshwao le ✗. Fa thoko ga maitsholo a a sa siamang a a ka diragalang kwa sekolong.



Re ya jang kwa sekolong?



A re bueng

O ya jang kwa sekolong? A o babalesegile? A o itse mekgwa e e sa babalesegang? Bua le tsala ya gago gore bana ba ya jang sekolong. Tshwaya ✓ mekgwa e e babalesegileng ya go ya kwa sekolong. Tshwaya ✗ mo go e e sa babalesegang.



O ya kwa sekolong jang mo mosong? _____



A re direng

Jaanong botsa ditsala di le 5 ka moo ba yang kwa sekolong ka teng letsatsi le letsatsi. Tshwaya dintlha tsa bona mo tšhateng e.

Maina a ditsala



	1	2	3	4	5
ka maoto 					
ka bese 					
ka koloi/vene 					
				Ee	Nnyaya

Ke kgona go taboga ke nyokanyokela.

Fa ke taboga, ke kgona go tabogela kwa ntlheng nngwe le nngwe e morutabana a ntaelang kwa go yone.



A re ikatiseng



A re kwaleng

Thala setshwantsho go bontsha gore o ya jang kwa sekolong.



A re ikatiseng

Reetsa mmino o morutabana a tlaa go tshamekelang ona.

Bina go tsamaelana le morethetho wa mmino.

Koba mangole a gago mme o phutholole maoto a gago.

Kuka o bo o dige magetla a gago.

Dikolosa mangwejana a matsogo a gago go ya kwa molemeng le go ya kwa mojeng.



A re ikatiseng

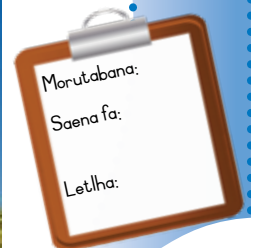
Wena le tsala ya gago le tshwanetse go latlhela le go tshwara bolo.
Dirisa letsogo la gago le le bokoa go latlhela bolo.

A ke ne ka kgona go latlhela bolo ka letsogo la me la moja?



A re ikatiseng

Tshwara tsala ya gago, o mo dire e kete ke keribana.



Ke itshola ke le phepa

A re bueng

Go botlhokwa go ithuta mekgwa e e siameng go tloga bonnyaneng jwa gago. Dilo dingwe tse o tshwanetseng go di dira go itshola o le phepa e bile o itekanetse, ke tse di latelang. Bua ka ga setshwantsho sengwe le sengwe.



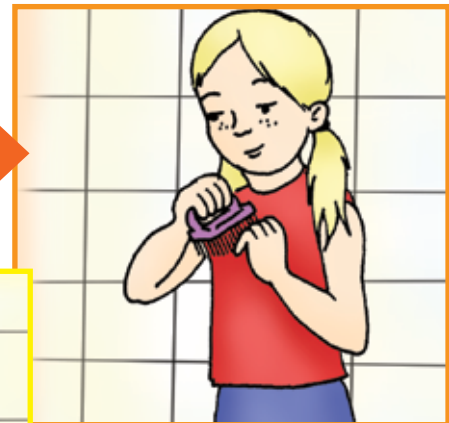
Tlhapa meno a me.



Tlhapa diatla tsa me morago ga go dirisa ntlwanaboithusetso.



Tlhapa ka metlha.



Tshola dinala tsa me di le phepa.



Dirisa ntlwanaboithusetso.



Tlhatswa maungo ka gale pele o ja.



Dirisa pampiri e e bolete fa ke ethimola kgotsa ke mina.

**Ke
tshwanetse
go**



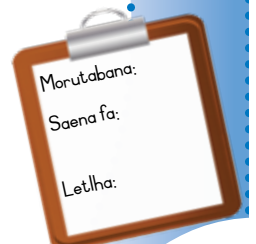
A re thaleng

Ke dife tsa dilo, tse o di tlhokang go itshola o le phepa?

Tshasa mmala mo dinaleding go bontsha gore ke dilwana dife tse o di dirisang go itshola o le phepa. Bolelela tsala ya gago gore o dirisa jang dilwana tsa go itshola o le phepa.



Tshwaya go bontsha gore o kgona go dira dilo tse di latelang:	ee	nnyaya
Nka palama llere mo jankele jiming.		
Nka kgona go tsetsepela ka diatla, ke tsamaela kwa pele.		
Nka kgona go gagaba go kgabaganya jankele jimi.		



Morutabana:
Saena fa:
Letlha:



Mekgwa mengwe e e siameng



A re buiseng

Mekgwa e e siameng ya go dirisa ntlwanaboithusetso.

Gakologelwa



Fa o ka kgotlhela ntlwanaboithusetso, o gakologelwe go e phepafatsa.



Gakologelwa go tsamaisa maswe fa o sena go dirisa ntlwanaboithusetso.



Ka dinako tsotlhe tswala lebatl la ntlwana boithusetso fa o e dirisa.



Dirisa ntlwanaboithusetso, go supa mekgwae e e siameng.



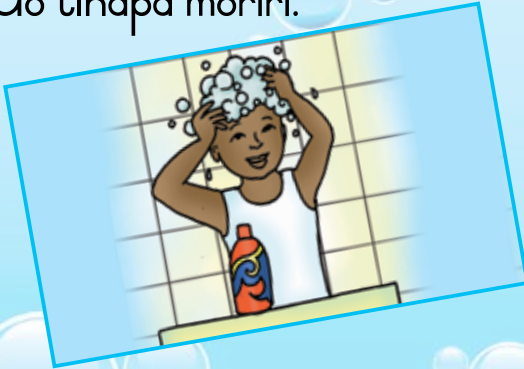
Gakologelwa go tlhapa diatla morago ga go dirisa ntlwanaboithusetso ka dinako tsotlhe.



A re kwalleng

Sekeletsa mafoko a a nepagetseng a a re bolelelang gore re tshwanetse go dirisa dilo tse di latelang gaka.

Go tlhapa moriri.



letsatsi lengwe le
lengwe

mo mosong le bosigo

gabedi ka beke

gangwe ka beke

Go tlhapa meno.



letsatsi lengwe le
lengwe

mo mosong le bosigo

gabedi ka beke

gangwe ka beke

Go tlhapa mmele.



letsatsi lengwe le
lengwe

mo mosong le bosigo

gabedi ka beke

gangwe ka beke

Go tlhapa sefatlhego.



letsatsi lengwe le
lengwe

mo mosong le bosigo

gabedi ka beke

gangwe ka beke

Morutabana:
Saena fa:
Letlha:



Ke phepa

Tshameka "Phaladi a re" le morutabana wa gago.

Ipatlele sebaka sa go tsamayatsamaya o sa kgope ope.

Phaladi a re, "**tshwara tlhogo ya gago**".

A re ikatiseng

A re diragatseng

Supetsa tsala ya gago ka moo o...

Tlhaping diatla tsa gago
ka teng.



Kamang moriri wa
gago ka teng.



Phimolang diatla tsa
gago ka teng.



Tlhaping meno a gago
ka teng.



Tlhaping sefatlhego
sa gago ka teng.





A re ikatiseng

Diragatsang leboko le.

Ke kgona go opa diatla

le go kiba ka maoto

Ke kgona go tshikinya tlhogo

le go dikolosa matsogo

Ke kgona go ema ka ditsetsekwane

le go tshwara nko ya me.



Mekgwa e e itekanetseng



A re buiseng

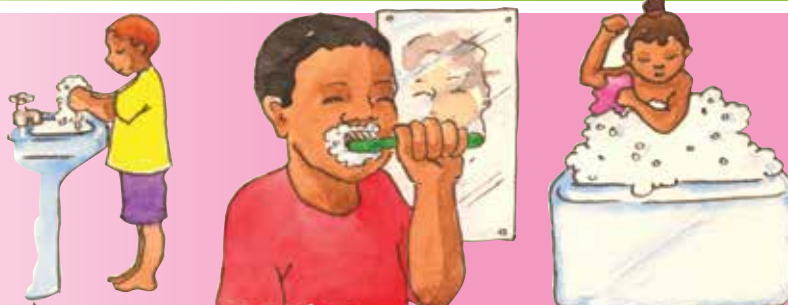
Re tlhoka eng go nna re itekanetse!

Dijo tse di
itekanetseng



Ikatiso e e
lekaneng

Go itshola
re le phepa



Go fitlhelela
mowa o o phepa



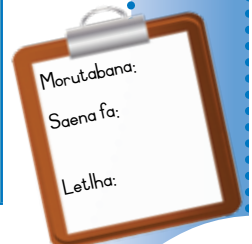
Boroko jo bo lekaneng
mme e seng go bogela
thelevišene thata!





A re kwaleng

Tshwaya ✓ mekgwa e e itekanetseng mme o tshwaye ka ✗ mekgwa e e sa itekanelang.



Bophepa



A re diragatseng

Bontsha ka moo o dirisang dilwana tse.



sesepe sa meno



borashe jwa meno

sesepe



setlolo sa matsogo

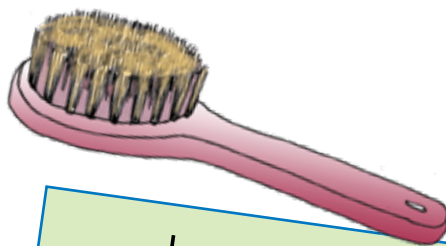


šampu

kamo



borashe



borashe jwa dinala



tlelipara ya dinala



A re ikatiseng

Tshwaraganang go dira mosako o mogolo.

Latlhelela mongwe le mongwe bolo mo mosakong.

Jaanong tlisang bolo e nngwe mme le e fetise.

Jaanong tlisang bolo e nngwe mme le leke go fetisa dibolo di le 3.



A re bueng

Ke eng se se maswe mo phaposing e?

O tshwanetse go dira eng go phepafatsa phaposi?

Bana ba dira eng? Ba tshwanetse go dira eng?



Morutabana:
Saena fa:
Letlha:



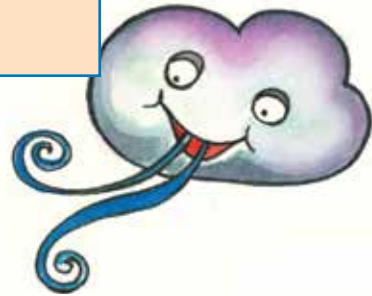


A re bueng

Maemo a bosa a ke a ratang

Lebelele mefuta e e farologaneng ya maemo a bosa mme o bolelele tsala ya gago gore o rata maemo a a ntseng jang a bosa.

go phefo



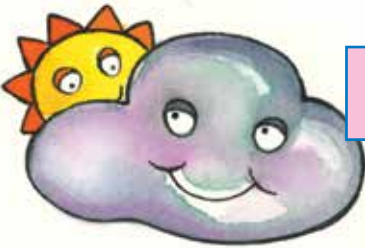
go letsatsi



pula e a ana



go maru e bile go tsididi



Mo dikarolong tse dingwe tsa lefatshe la rona, go nna tsididi thata gore segagane se bo se we. Nako nngwe maemo a bosa a tlala diphefo.

Diphefo tse di maatla, di bidiwa matlakadibe.



A re direng

Thala setshwantsho sa gago o le mo puleng kgotsa mo segaganeng. Thala setshwantsho sa gago mo pampiring e kgolo, o dirise dikherayone tsa mafura. Tswakanya pente ya dijo e e botala jwa legodimo le metsi, mme o pente mo letlhareng lotlhe, gasaganya pente e tshweu mo setshwantshong.

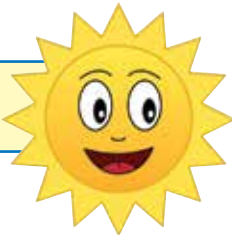


A re buiseng

Re dirisa karata ya maemo a bosa go bontsha gore bosa bo eme jang. Re dirisa matshwao go bontsha mefuta e e farologaneng ya bosa. Matshwao a mangwe ke a.



go letsatsi



pula e a na



go maru

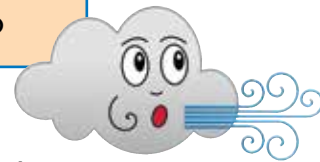


go maru fale le fale

go wa segagane



go phefo



A re bueng

Bolelela tsala ya gago gore o apara mefuta efe ya diaparo mo maemong a a farologaneng a bosa mo bekeng.



A re kwaleng

Thala matshwao a maemo a bosa go feleletsa karata ya bosa ya beke.

Mosupologo

Labobedi

Laboraro

Labone

Labotlhano



A re thaleng

Maemo a bosa a ne a ntse jang, mo bekeng. Tlatsa ka mafoko a a tlogetwena.

Gompieno go _____.

Maabane go ne go le _____.

Ke solofela gore ka moso go tlaa nna _____.

Morutabana:
Saena fa:
Letlha:

Maemo a bosa



A re diragatseng

Diragatsa ka mmele



Phuthololelang matsogo a lona mo godimo ga ditlhogo tsa lona mme le dire jaaka e kete ke maru a magolo.



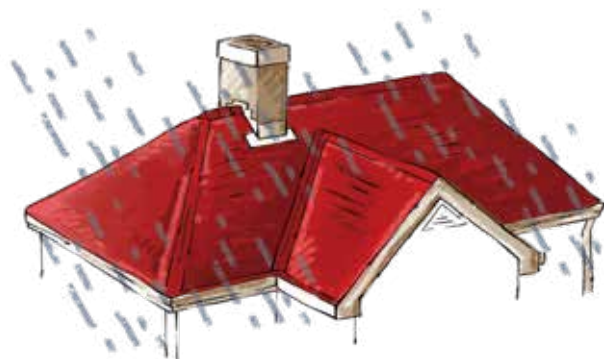
O na le mokgele go itshireletsa kgatlhanong le letsatsi.



Foka jaaka setlhare se fokiwa ke phefo.



Tshwara mokgele wa gago ka maatla gore o se ka wa phepheulwa ke phefo e e maatla.



Go rotharotha jaaka marothodi a pula a wela mo marulelong.





A re ikatiseng

Tshwaranang ka matsogo go dira mosako o mogolo.

Latlhelelanang dibolo le bo le di tshware.



Akanya ka ga mekgwa e e farologaneng ya go tsamaya mo godimo ga kota e e tshegeditsweng kgotsa mo godimo ga mogala. Bona gore a o ka akanya ka mokgwa o o ka tsamayang ka one go farologana le barutwana ba bangwe.



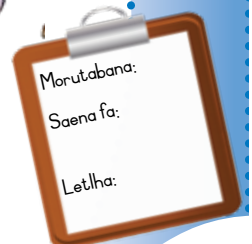
Boithabiso

Tshamekang sekotšhe sa go tlolatlola. Thala diboloko dingwe le dihalofo tsa ditshekeletsa fa fatshe.



A re ikatiseng

- Bontsha tsala ya gago ka moo o tlolang kgati ka teng.
- Morutabana wa gago o tlaa go supetsa ka moo o ka tshamekang metshameko ya setso ka teng.



Lelapa la gaetscho



A re bueng

A o ne o itse gore malapa otlhe ga a tshwane?

Malapa mangwe a magolo mme a mangwe a mannye. Mangwe a na le bomme le borre mme a mangwe ga a na ope. Malapa mangwe a na le bonkoko le bontatemogolo, bomalome, bommangwane, borakgadi le bontsala.



Lebelela ditshwantsho tse mme o bolelela tsala ya gago ka moo malapa a a farologanang ka teng. Dirisa mafoko go tswa mo mabokosong a a fa tlase.

mme

rre

ausi

ntatemogolo

abuti

lesea

nkoko

lelapa





A re kwaleng

O nna le mang kwa gae?

O nna le mang kwa gae?



Mo gae go na le batho ba le _____.

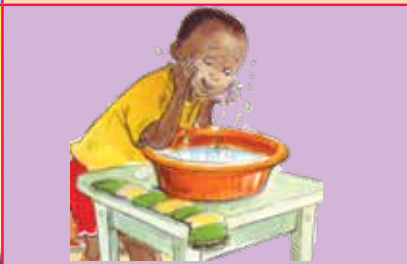
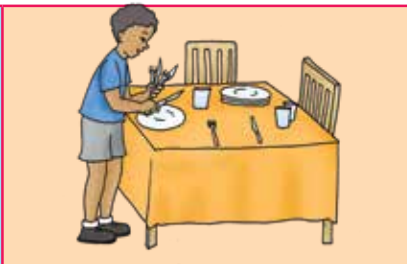
Ke mang yo monnye mo lelapeng la gaeno? _____.

Ke mang yo mogolo mo lelapeng la gaeno? _____.



A re bueng

Rotlhe re na le ditiro tse re di dirang mo magaeng a rona. Lebelela ditshwantsho tse, mme fa thoko ga sengwe le sengwe kwala leina la motho yo o dirang tiro e kwa gaeno.



Kwala polelo e le nngwe ka tiro e o e dirileng maabane kwa gae.

Morutabana:
Saena fa:
Letlha:





Boithabiso

Thala setshwantsho sa selo se wena le balelapa la gago le se dirang mmogo. Bua gore batho ba o ke bomang. Dirisa mafoko a go go thusa.

mme

rre

ausi

ntatemogolo

abuti

lesea

nkoko

lelapa



Lelapa la gaetsho



Re a tlhokomelana

19



A re buiseng

Balelapa ba tshwanetse go ratana le go tlhokomelana. Re supa go ratana ka go tlamparelana le ka go thusana le go tlotlana. Re tshwanetse go.

- thusana.
- ikokobeletsana (bogolosegolo mo bagolong).
- dira ditiro tsa rona ka nako.
- re nne le maikarabelo.



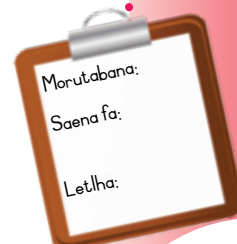
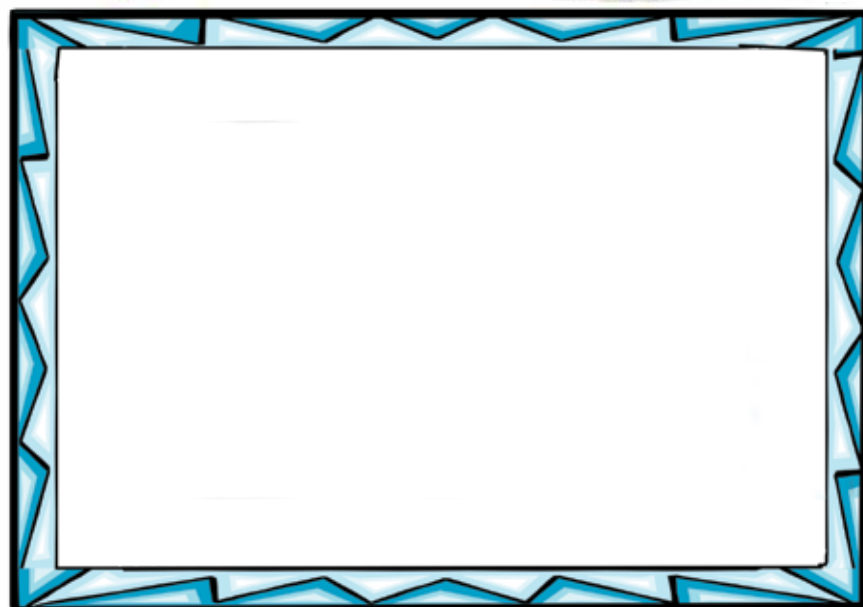
A re bueng

Lebelela ditshwantsho tse mme o bue gore bana ba ba bontsha jang ka fa ba tlhokomelang malapa a bone. Morago diragatsa go bontsha gore go diragala eng mo setshwantshong sengwe le sengwe.



A re direng

Thala setshwantsho sa gore o dira eng go bontsha lelapa la gaeno gore o a le tlhokomela. Tlotlela tsala ya gago gore o thadile eng.



Morutabana:
Saena fa:
Letlha:

Go bontsha gore o a kgathala



A re bueng

Bua ka moo batho ba lelapa ba thusanang ka teng. Baa ditshwantsho ka go latelana go tloga ka l go fitlha 4.



A re buiseng

Ditiro tsa rona tsa maitseboa

Mme o apaya dijo.
 Rre o tlhatswa dipitsa.
 Nna le abuti re thusa Mme le Rre.
 Re thusa thata.
 Re baya mašwi le senkgwe.
 Mme morago re ipaakanyetsa go ya go robala.
 Re tlotlele dinaane tsa naka ya go robala.
 tsweetswee!



Letlha:



A re diragatseng

Direla mongwe yo o go kgathalelang karata. Thala setshwantsho mme o kwale leina la motho yoo.



A re direng

A o kgona go dira tse di latelang?

	Latlhelela bolo kwa molekaneng wa gago ka go e beletse fa fatshe.	ee	nnyaya
	Latlhelela bolo kwa molekaneng wa gago ka go e latlhelela kwa godimo ga letsogo.	ee	nnyaya
	Ka go e raga ka longole.	ee	nnyaya
	Beletse bolo kwa khounung ka bete bolo.	ee	nnyaya
	Teribola bolo fa gare ga dikhounu..	ee	nnyaya
	Ragela bolo kwa khounung mme o e dige!	ee	nnyaya



Morutabana:
Saena fa:
Letlha:



Pabalesego ka mo gare le ka kwa ntle ga legae (1)

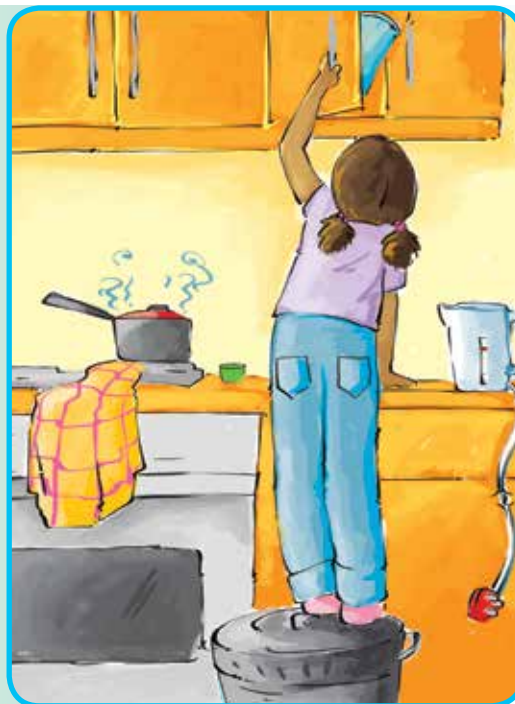


A re bueng

Re tshwanetse go aga re ikutlwa re babalesegile fa re le kwa gae. Mme go na le dikotsi tse dintsi mo magaeng le go dikologa magae a rona. Lebelela ditshwantsho, mme o bue ka ga dikotsi dingwe le tsala ya gago.

Mo phaposi boapeelong

- Dira gore matshwaro a dipitsa a lebe kwa morago mo setofong.
- O se ka wa tlogela dithipa tse di bogale gongwe le gongwe.
- Lotlelela parafene le melemo mo lefelong le le babalesegileng.
- O se ka wa tlogela ditshamekisi gongwe le gongwe.



Mo phaposibotlhapelong

- O se ka wa dirisa dilo tsa motlakase gaufi le metsi.
- O se ka wa di tlogela gaufi le metsi.
- Baya dikere le dilo tse di bogale mo rakeng.
- O se ka wa amogana boratshe jwa meno le motho yo mongwe.

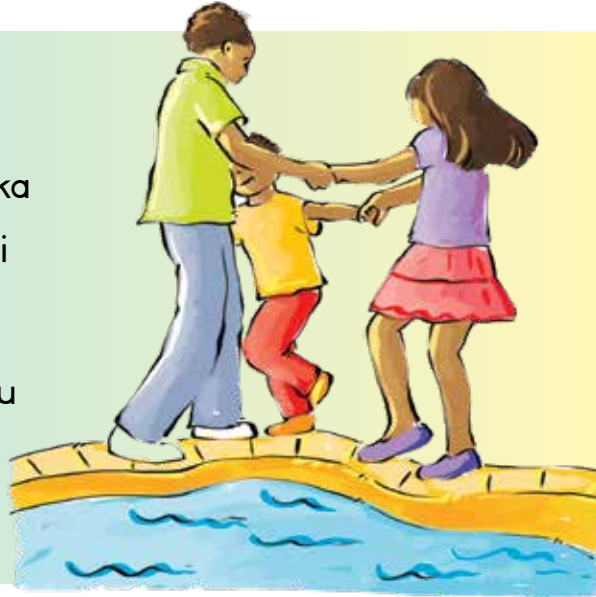


Dipula tsa matlakadibe, magadima le motlakase

- O se ka wa ema ka fa tlase ga setlhare fa go na pula ya matlakadibe.
- O se ka wa tsenya sepe mo phatlhaneng ya motlakase e e mo leboteng. Kopa mongwe yo mogolo go go thusa.

Kwa ntle ga legae

- Sela dilo tse di ka go gobatsang, jaaka digalase tse di thubegileng, mme o di tsenye mo kgamelong ya matlakala.
- O se ka wa tshamekela gaufi le phulu fa go se na motho yo mogolo gaufi.



Ka mo gare ga legae

- O se ka wa tlogela ditshamekisi le dilo tse dingwe gongwe le gongwe.
- O se ka wa tshameka ka parafene kgotsa diphepafatsi tse di botlhole.
- Fa o bona gore mogala o o yang kwa aeneng kgotsa ketleleng o senyegile kopa Mmaago kana Rraago go o baakanya.



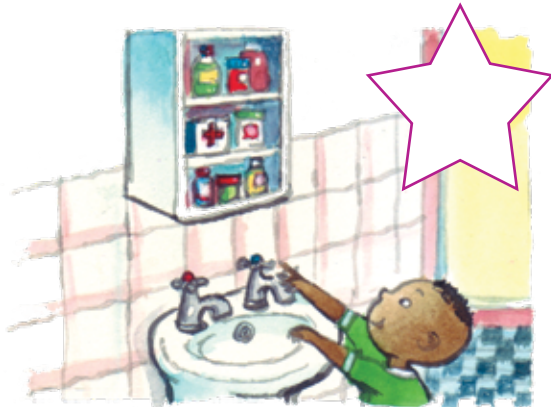
Pabalesego ka mo gare le ka kwa ntle ga legae (2)



A re bueng

Go nna o babalesegile

Lebelela ditshwantsho mme o bue gore ke ditshwantsho dife tse di bontshang maemo a a babalesegileng le tse di sa bontsheng maemo a a babalesegileng. Tshwaya tse di bontshang maemo a a babalesegileng ✓ mme o thale sekere ✗ mo go tse di bontshang maemo a a sa babalesegang. Bua gore ke eng o akanya gore di babalesegile kgotsa ga di a babalesega.





A re bueng

A go na le dilo tse di sa babalesegang kwa gaeno? O ka dira eng ka seno? Botlhole (tshefu), melemo le diedi dingwe tse di phepafatsang di kotsi thata. Ga o a tshwanela go nwa sepe se o sa netefatseng gore ke eng.



Matshwao a, a supa gore go na le sengwe se se botlhole mo lebotlolong, lebokosong kgotsa mo thining.

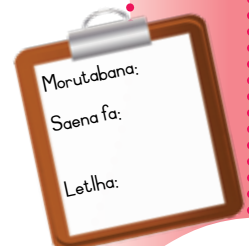
A o setse o kile wa bona matshwao a?



A re ikatiseng

Morutabana wa gago o tlaa go tshamekela mmino.

- Tsamaya go ya ka morethetho wa mmino.
- Tlhophang moeteledipele. Moeteledipele o tshwanetse go tsamaelana le morethetho wa mmino. Mongwe le mongwe a dire jaaka moeteledipele, a tsamaelane le ene.
- Ema ka leoto le lengwe.
- Jaanong ema ka leoto le lengwe
- Ke leoto lefe le le maatla go gaisa?
- Baya mogala o moleele fa fatshe kgotsa o thale mola.
- Tsamaya go bapa le mogala kgotsa mola, mme o ema o tshegeditse mmele.
- Jaanong fetola sebopego sa mogala kgotsa mola mme o tsamaye go bapa le ona o ntse o itshegeditse.



Pabalesego fa ke le esi kwa gae



A re bueng

O ithutile ka ga dilo tse di kgonang go go gobatsa kwa gae le go dikologa legae la gaeno. O ka itshola o babalesegile jang fa o le kwa gae o le esi?

Fa o le kwa gae o le esi, o ka dira dilo tse di latelang go nna o babalesegile.



O se ka wa bulela batho ba o sa ba itseng.



Lotlela mabati otlhe a a tswelang kwa ntle.



- Ntefatsa gore o itse dinomore tsa mogala tsa batsadi ba gago le tsa baagisani ba lona.
- Dira lenaneo la dinomore tsa botlhokwa, fa sengwe se ka senyega kana sa nna phoso.



A re kwaleng

Itirele lenaneo la dinomore tsa botlhokwa.

Sepodisi:



Koloi ya balwetse:



Setimamolelo:



Mogala wa letheka wa ga mme

Mogala wa letheka wa ga rre

Ke mang gape yo o ka mo leletsang fa o tlhoka thuso?

Morutabana:
Saena fa:
Letlha:



Se sengwe se o ka se gakologelwang

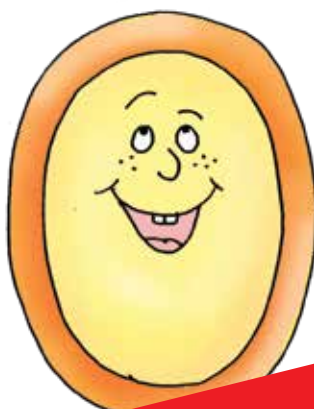


A re bueng

Mokgwa o o bonolo wa go gakologelwa dinomore tsa mogala tsa sepodisi ke o. Lebelela setshwantsho mme o bolelele tsala ya gago ka moo ditshwantsho di go thusang go gakologelwa dinomore ka teng. 10111 ke nomore ya sepodisi. E bue makgetlo a le mmalwa go fitlha e nna mo tlhogong ya gago.



1



0



111



A re ikatiseng

Bontsha ka moo o ne o ka tsamaya ka teng fa o ne o le ngwana yo o mo go sengwe le sengwe sa ditshwantsho tse.



O ne o ka tsamaya jang fa o ne o lelekesiwa ke motho yo o sa mo itseng?



O ne o ka tsamaya jang fa o ne o thusa mmaago go duba kuku?



O ne o ka tsamaya jang fa o ne o eme fa godimo ga galase e e thubegileng?

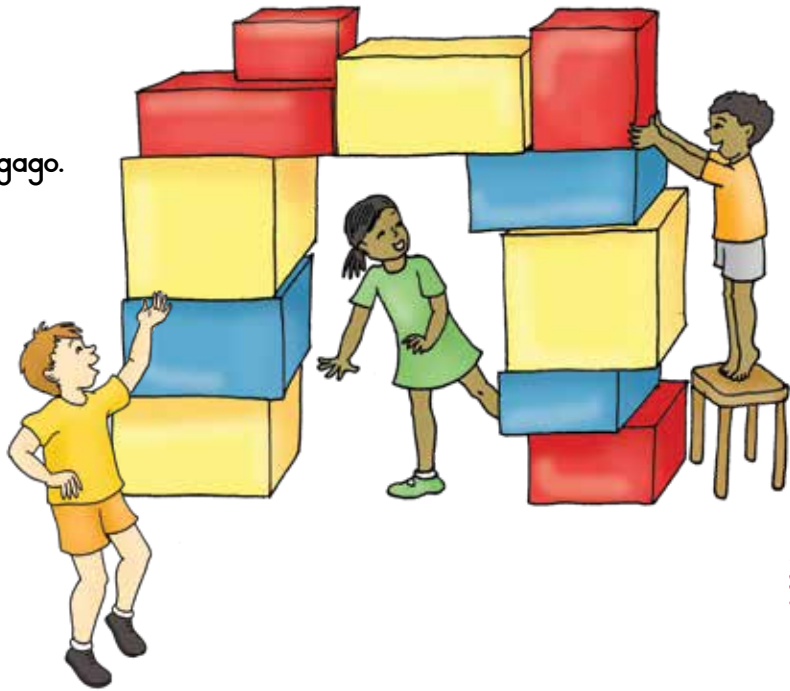




A re diragatseng

Bona gore a o ka kgona go aga ntlo ya gago.

- Batla dikhateboto tsa bogologolo mme o age mabota le marulelo.
- O ka nna wa kgomaretsa mabokoso mmogo. Fa ntlo e fedile, o ka nna wa e penta.
- Fa o sa kgona go bona khateboto, dirisa sengwe fela, mme o se ka wa dirisa galase kgotsa thini kgotsa sengwe fela se se ka go gobatsang.



A re ikatiseng

Latlhela kgetsana ya dinawa kgotsa bolo mo moweng mme o e tshware ka letsogo la gago le le bokoa.

.....

Thusa morutabana wa gago go ntshetsa ditilo, ditafole le dibokoso kwa ntle ga phaposi.

Palama mo godimo ga ditulo, ditafole le mabokoso, gogoba ka fa tlase ga tsona morago o tlolele fa fatshe go tswa mo go tsona.

Leka go itshegetsa ka leoto le le lengwe mo setulong.





Mmele wa me



A re kwaleng

Kwala mafoko mo diphatlheng tse di nepagetseng.

leoto

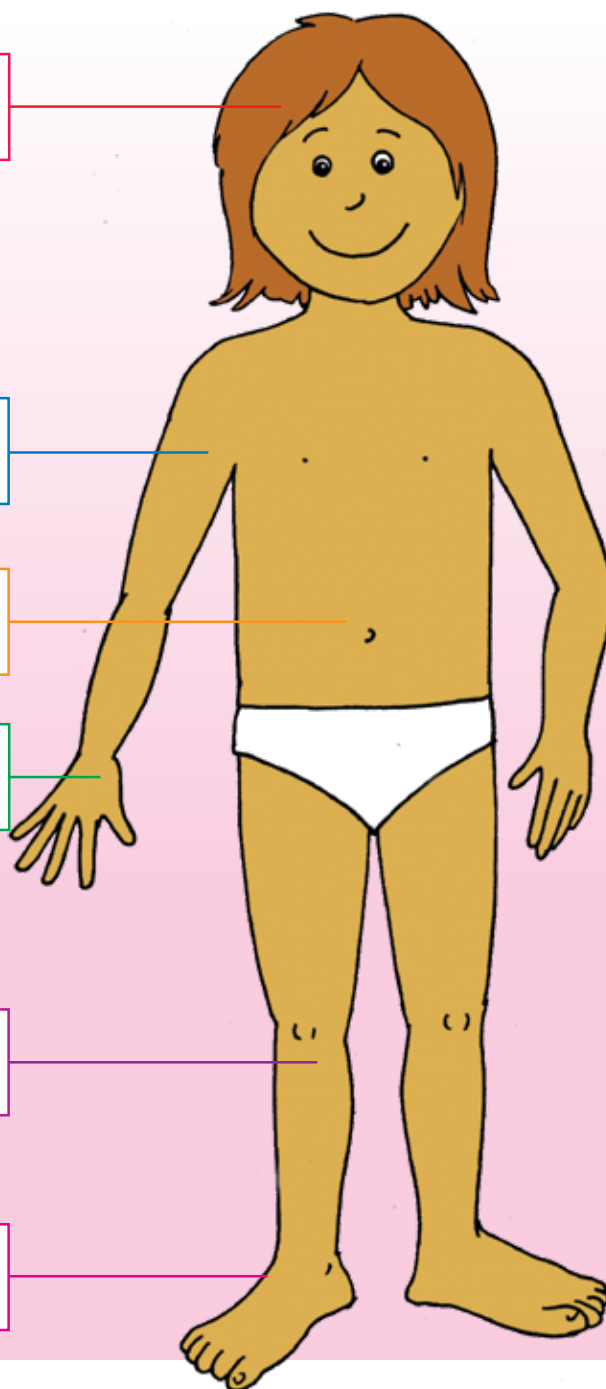
seatla

tlhogo

dimpa

leoto

letsogo





A re kwaleng

Feleletsa setshwantsho se sa sefatlhogo.

Thala moriri. Leka go kopisa sefatlhogo sa gago. Fa o na le matlho a a borokwa, thala matlho a a borokwa. Fa o na le moriri o montsho, thala moriri o montsho.

Thala dintshi tsa gago, nko ya gago le molomo wa gago.

Sefatlhego sa gago ke karolo ya botlhokwa ya mmele wa gago.

Mongwe le mongwe o na le matlho a 2.



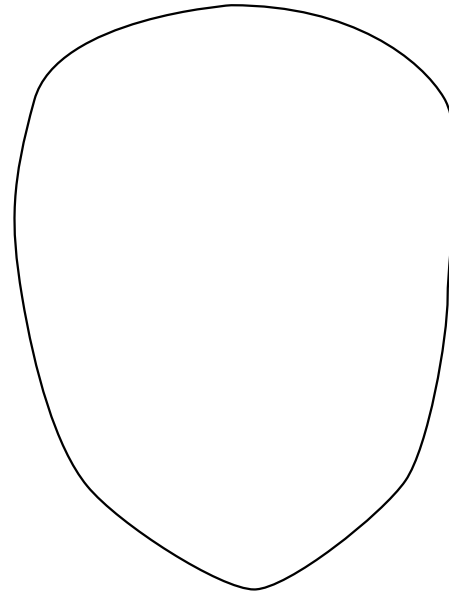
Mongwe le mongwe o na le ditsebe tse 2.



Mongwe le mongwe o na le nko e le 1.



Mongwe le mongwe o na le molomo.



A re opeleng

Opela pina e. Tshwara karolo ya mmele fa o ntse o opela leina la yona.

Tlhogo, magetla

Tlhogo, magetla, mangole le menwana, mangole le menwana

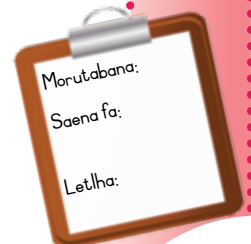
Tlhogo, magetla, mangole le menwana

Tlhogo, magetla, mangole le menwana, mangole le menwana, mangole le menwana



A re ikatiseng

Tshameka 'Phaladi a re ...'



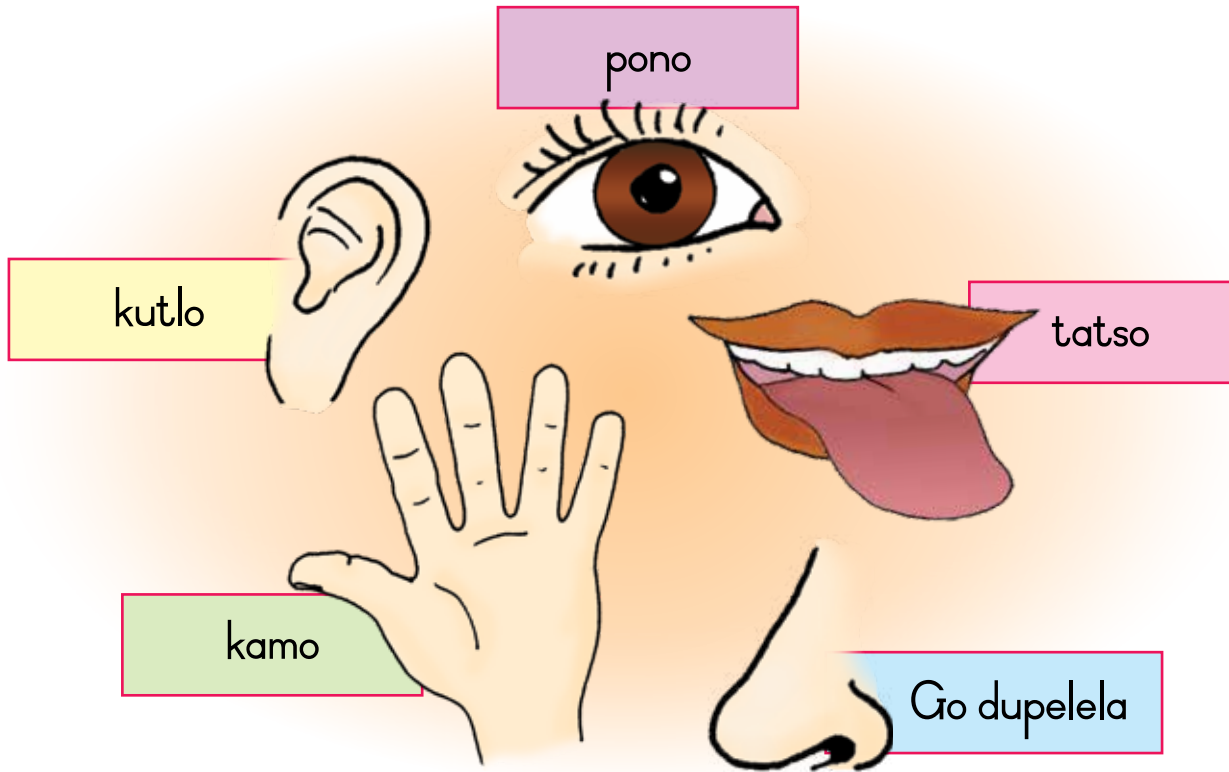
Morutabana:
Saena fa:
Letlha:



Ditemosi

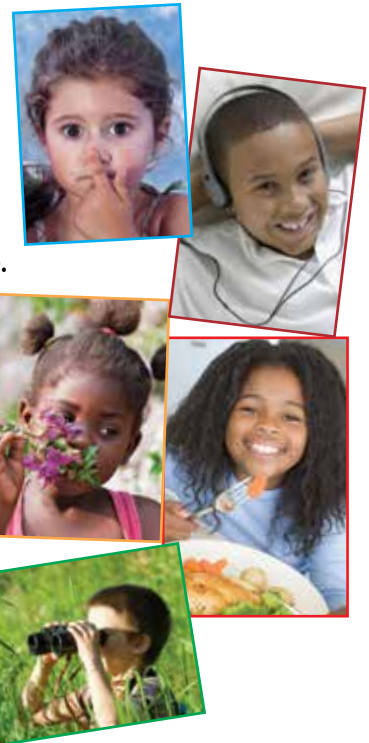
A re bueng

Lebelela ditemosi tse di farologaneng mme o bue gore di dirisetswa eng.



A re buiseng

Re dirisa ditemosi tsa rona letsatsi le letsatsi.
 Re nkgelela le go utlwelela tatso ya dijo.
 Re kgona go utlwa ka moo lefofa le leng boleta ka teng.
 Re bona ka moo legodimo le leng letala ka teng ka selemo.
 Re ka kgona go reetsa mmimo.
 Ditemosi kutlo tsa rona gape di a re sireletsa.
 Re kgona go nkgelela gore a go na le molelo.
 Re kgona go utlwa fa letsatsi le le mogote thata.
 Re ka kgona go bona fa go sa babalesega go kgabaganya tsela.
 Re kgona go utlwa modumo wa alamo.





A re bueng

Go tlhokomela matlho le ditsebe tsa rona.

Re tshwanetse go tlhokomela ditemosi tsa rona.
Re tshwanetse go tlhokomela matlho le ditsebe ke e.



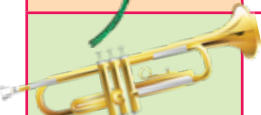
Tlhokomela ditsebe tsa gago
ka go se reetse mmino o o
kwa godimo thata.

Tlhokomela matlho a gago
ka go rwala hutshe kgotsa
diporele tsa letsatsi. O se
ka wa lebelela letsatsi.



A re kwalleng

Lebelela tafole e e fa tlase, mme mo moleng mongwe le mongwe o
tshwaye temosi kana ditemosi tse o ka di dirisang ✓ O ka nna wa
tshwaya go feta bongwe.

	 monkgo	 tatso	 pono	 kutlo	 kamo
					
					
					
					
					





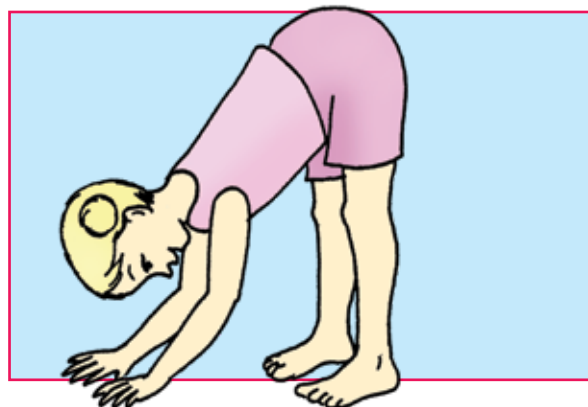
Go tsamaisa mmele wa me



A re bueng

Lebelele ditshwantsho. Mo go sengwe le sengwe, bua dikarolo tsa mmele mme o bue gore di go thusa go dira eng.

Re dirisa mebele ya rona go itshikinya.



A re kwaleng

Araba dipotso tse le tsala ya gago. Morago o kwale dikarabo mo bukeng ya gago, ka fa tlase ga dipotso.

Ke dikarolo dife tsa mmele tse o di dirisang go tsamaya?

_____.

Ke dikarolo dife tsa mmele wa gago tse o di dirisang go sela sengwe?

_____.



A re ikatiseng

Morutabana wa gago o tlaa go bontsha ka moo le ka tshamekang motshameko 'katse le peba' ka teng.

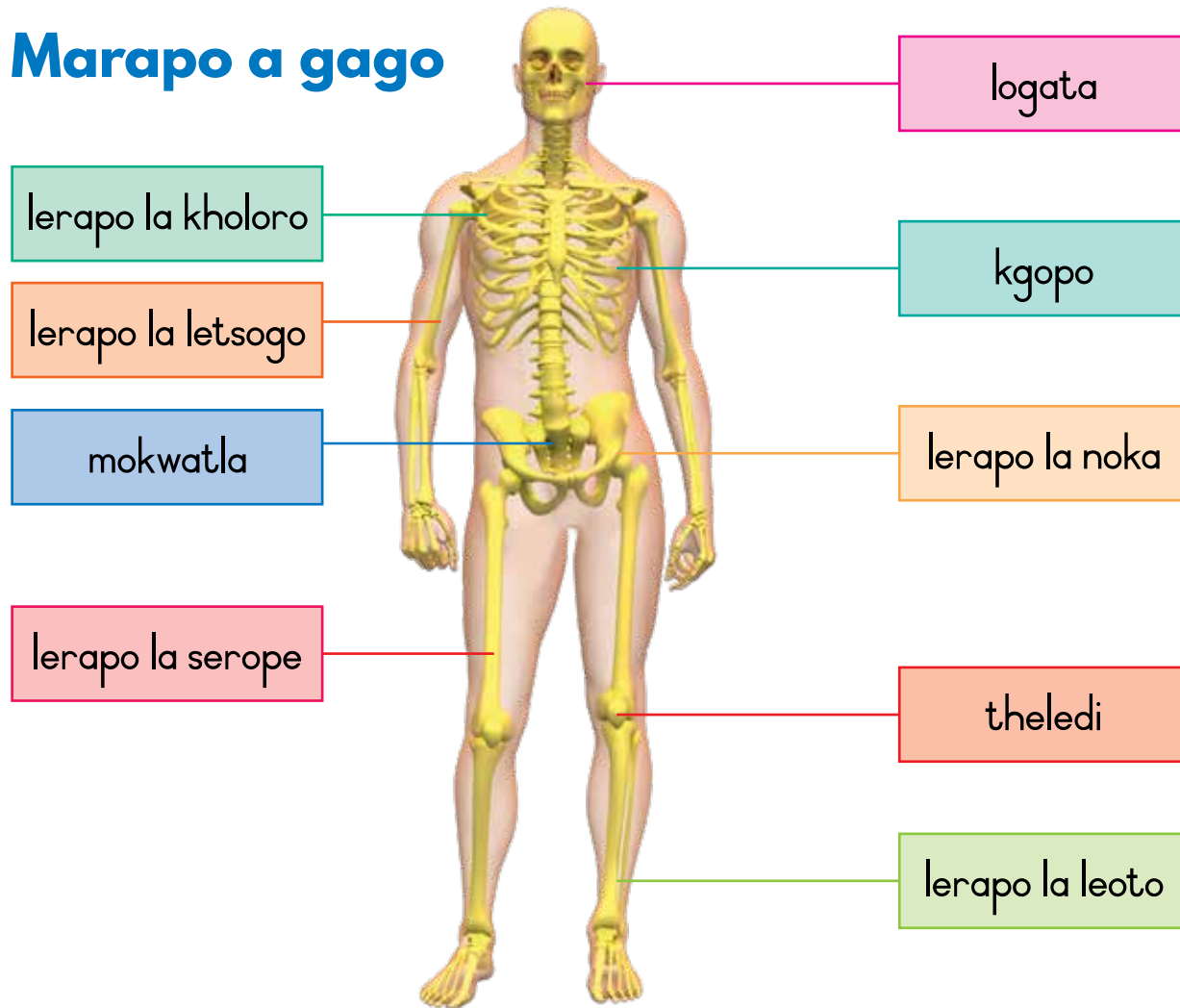




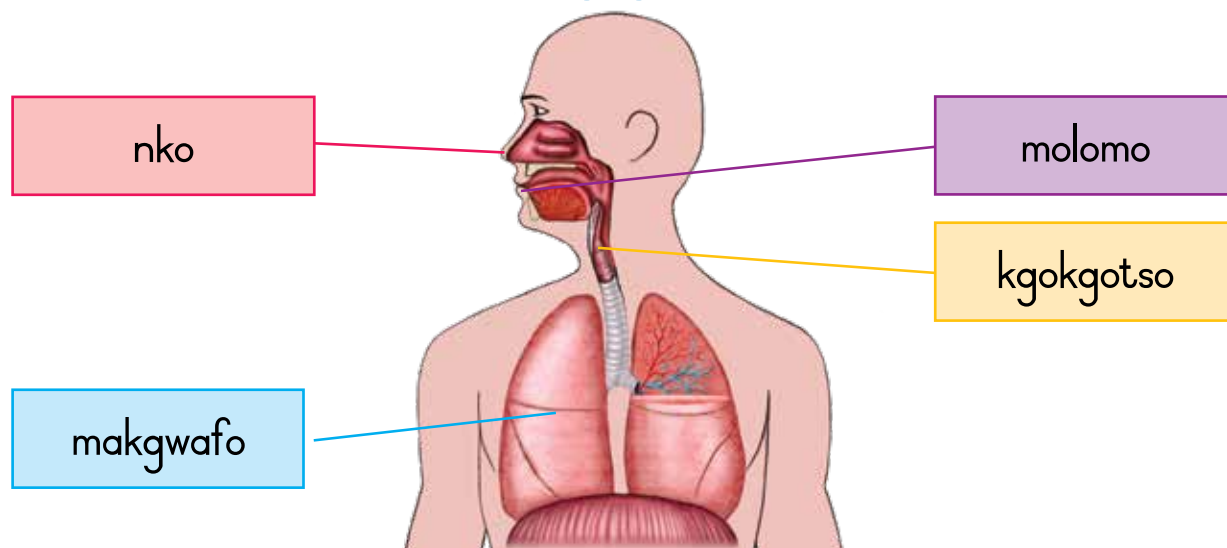
A re buiseng

Go na gape le dikarolo tsa mmele wa gago tse o sa kgoneng go di bona. Tsotlhe di dira mmogo go go tshola o tshela.

Marapo a gago



Dikarolo tsa mmele wa gago tse di go thusang go hema



Morutabana:
Saena fa:
Letlha:



Go akanya ka ga pabalesego



A re bueng

Lebelela ditshwantsho tse di fa tlase, mme o bue le tsala ya gago ka ga se o se boneng. Mo setshwantshong sengwe le sengwe, bua gore o ka nna o babalesegile jang.



O bona tsala ya gago ka kwa ga mmila.



O eme o le esi kwa boemelabeseng.



Motho yo o sa mo itseng o go kopa go tsamaya le ena felo gongwe.



O timetse o le kwa tikwatikweng ya mabenkele.



Re na le maikutlo a a siameng fa mongwe
a re tlamparela ka mokgwa o o re
itumedisang. Go monate go tlamparelwa
ka mokgwa o o botsalano le ka mokgwa o
o tlhokomelwang ka ona ke motho yo o
mo ratang.



Tlaa kwano mosetsanyana.
Ke tlaa go naya dimonamone
mme o se ka wa bolelela ope.

Ga re na maikutlo a a siameng
fa mongwe a re tlamparela ka
mokgwa o o re tshosang kgotsa
o o tenang.

Fa o ikutlwa o tenegile kgotsa
o sa babalesega ga o nne le
maikutlo a a siameng.

Mmele wa gago o kgethegile thata. O ka kgona go
re "Ee" fa go siame gore motho a go ame kana a go
tshware, gape o ka kgona go re "Nnyaya" fa go sa siama.



Morutabana:
Saena fa:
Letlha:

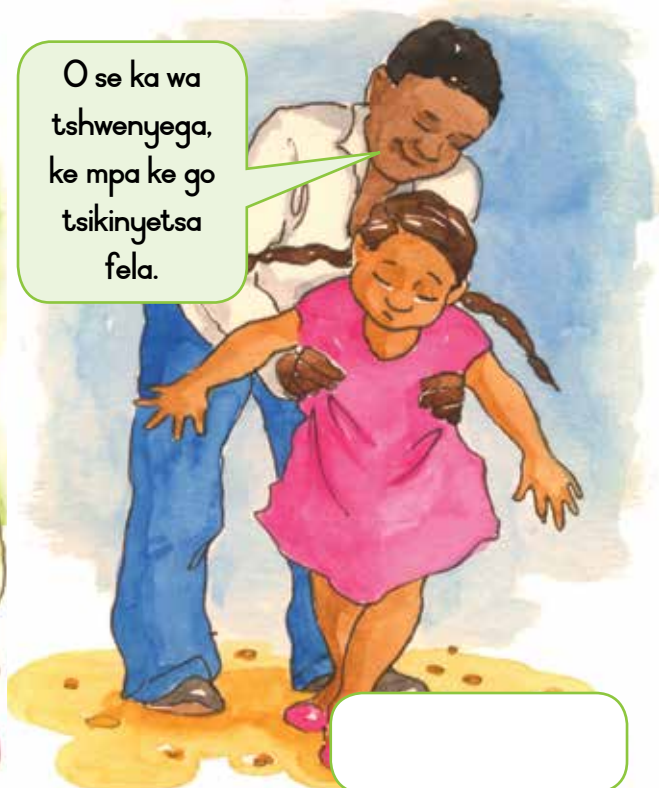
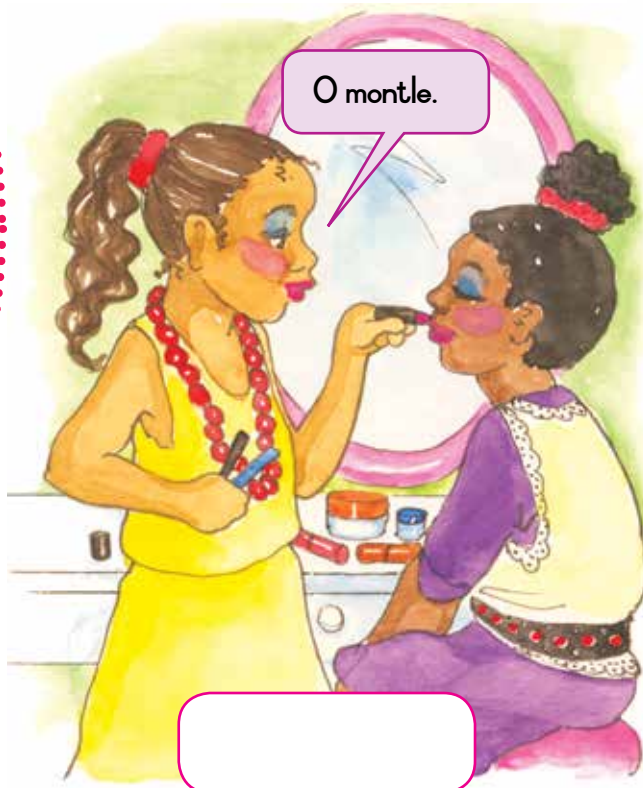


Go nna o babalesegile



A re kwaleng

Lebelela ditshwantsho tse di fa tlase mme o kwale "Ee" mo maikutlong a a siamang le "Nnyana" mo maikutlong a a sa siamang mo dibolokong.





A re diragetseng

Ithute go re "Nnyaya".

Diragatsang motshameko o mo go ona motho yo o sa mo itseng a batlang go pega ngwana mo koloing ya gagwe kgotsa a batlang go ama ngwana. Mme ngwana a gane a r e' Nnyaya.



A re bueng

Bana bangwe ba tshela mo magaeng a ba sa tlhokomelweng mo go ona. Lebelela ditshwantsho. Bua gore o ka ikutlwa jang fa o ne o le ngwana yo o mo ditshwantshong. Bua gore o ne o ka dira eng.



O mosetsana yo o bosula e bile ga ke go rate.

Ga o ka ke wa ya kwa sekolong. O tshwanetse go thota ditena go aga lebota.



A re ikatiseng

Tshameka motshameko wa "go ema".

Tsamaela gongwe le gongwe kwa o batlang, mme fa morutabana wa gago a letsa phala, o "Eme" fa o leng teng.

Ga o a tshwanela go tsamaya go fitlha morutabana a re o ka nna wa tsamaya.

A o kgona go itshegetsatsentle?

Tsamaya mo koteng ya go itshegetsatsentle kgotsa mo mogaleng o moleele o o beilweng fa fatshe.



Murutabana:
Saena fa:
Letlha:



Go tshola mmele wa me o itekanetse



A re buiseng



Go na le mekgwa e mentsi e re ka lwalang ka yona. Bontsi jwa nako, re lwala ka ntlha ya megare le dibaketeria. Di dinnye thata mo re sa kgoneng go di bona. Di tsena mo mebeleng ya rona mme di re lwatse.



A re bueng

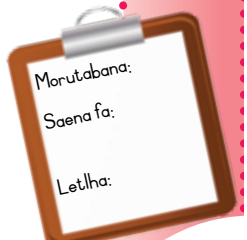
Bana ba ba mo ditshwantshong ba dira eng go itshola ba itekanetse? Go ne go ka diragala eng fa ba ne ba ka se ka ba dira dilo tse?





A re bueng

Jaanong bua ka ga ditshwantsho tse. Dira ✓ go bontsha ka moo o ka nnang o itekanetse ka teng. Tsenya ✗ mo ditshwantshong tse di ka dirang gore o lwale.



Go tshola mmele wa me o itekanetse



A re bueng

A o itse gore go na le mekgwa e e farologaneng ya go phepafatsa metsi?

A o ne o itse gore metsi a mangwe a phepa fa a mangwe a le maswe? O ka netefatsa jang gore metsi a phepa e bile a siametse go nowa?

O kgona go bedisa metsi a a maswe mo ketleleng go bolaya megare.



O kgona go sefa metsi a maswe. Morutabana wa gago o tlaa go supetse.



Dirisa leswana la tee le le lengwe la bolitshi mo kgamelong ya metsi a noka a dilitara di le 20. Tswala kgamelo gore dintsi di se ka tsa wela mo metsing. Tlogela metsi sebaka sa diura di le 28 pele o a nwa.



Letlha:



Lebelele ditshwantsho tse mme
o bue ka ga se bana ba ba se
dirang go nna ba itekanetse.

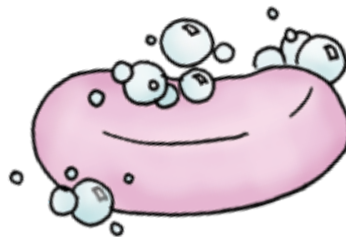
Dipampiri tse di bolete.



Tlhapa diatla tsa
gago pele o ja.



Fa o kgotlhetse ntlwanaboithusetso,
phimola maswe a gago mme o tlhape
diatla tsa gago.



Tlhapa diatla tsa gago morago
ga go dirisa ntlwanaboithusetso.



Thiba molomo wa gago fa o
gotlholo kana o ethimola.



A re itlhatlhobeng



A re bueng

Tlotla ka ga se o se ithutileng mo dikgweditharong tse pedi tse di fetileng.



	✓	✗
Ke kgona go bua ka ga lelapa la gaetsho.		
Ke kgona go tsamaya mo moleng o mosesane.		
Ke itse nomore ya mogala ya sepodisi.		
Ke itse go dumela le go gana.		
Ke kgona go tshwara bolo.		
Ke kgona go nna ke babalesegile kwa gae.		
Ke kgona go itlhokomela fa ke le esi kwa gae.		
Ke thusa lelapa la gaetsho.		
Ke itse tsela ya me ya kwa sekolong.		
Ke itse go itshola ke itekanetse.		
Ke itse gore ke tshwanetse go dira eng ka dilo tsotlhe tse di mo kgetsaneng ya me ya sekolo.		
Ke itse ka ga mefuta e e farologaneng ya malapa.		
Ke ithutile go le gontsi ka ga dikgono tsa botshela Botshelo.		



Thanodi ya me

A
a

Handwriting practice lines for uppercase A and lowercase a.

G
g

Handwriting practice lines for uppercase G and lowercase g.

B
b

Handwriting practice lines for uppercase B and lowercase b.

H
h

Handwriting practice lines for uppercase H and lowercase h.

C
c

Handwriting practice lines for uppercase C and lowercase c.

I
i

Handwriting practice lines for uppercase I and lowercase i.

D
d

Handwriting practice lines for uppercase D and lowercase d.

J
j

Handwriting practice lines for uppercase J and lowercase j.

E
e

Handwriting practice lines for uppercase E and lowercase e.

K
k

Handwriting practice lines for uppercase K and lowercase k.

F
f

Handwriting practice lines for uppercase F and lowercase f.

L
l

Handwriting practice lines for uppercase L and lowercase l.





Thanodi ya me

M
m

Handwriting practice lines for the letter M.

S
s

Handwriting practice lines for the letter S.

N
n

Handwriting practice lines for the letter N.

T
t

Handwriting practice lines for the letter T.

O
o

Handwriting practice lines for the letter O.

U
u

Handwriting practice lines for the letter U.

P
p

Handwriting practice lines for the letter P.

V
v

Handwriting practice lines for the letter V.

Q
q

Handwriting practice lines for the letter Q.

W
w

Handwriting practice lines for the letter W.

R
r

Handwriting practice lines for the letter R.

X-Z
x-z

Handwriting practice lines for the letters X, Y, and Z.

