

B u g u y a

Gireidi R ya

HO VANGANYWA

- Luambo
- Mbalo
- Zwikili zwa Vhutshilo

nga Tshivenda

1	Ndi n̄ne nnyi	2
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Ndaela dza zwigeriwa dzi wanala
murahu ha bugu.



Kha Mudededzi/Mugudisi:

Vhagudi vha tea u ita ndowendowe ya mushumo wavho musi vha sa
athu ita nyito dzi re buguni dza mishumo dzavho. Sa tsumbo:

- Musi vhagudi vha tshi tea u tangedzela phindulo yone, kha vha ri vha
thome nga u ita luswayo kha phindulo iyi i re yone. Vhagudi vha tea u
thoma vha pfa kha mudededzi uri phindulo ndi yone vha sa athu u
rwala buguni dzavho.
- Musi nyito i tshi lila uri vhagudi vha tevhedzele tshithu, kha vha ri vha
thome nga u tevhedzela nga minwe vha sa athu zwi ita buguni dzavho.



Kha vha vhe na nzhele: Vhagudi vha vha vhe kha zwikhala zwo fhambanaho
zwa nyaluwo. Arali vha tshi vhona uri vha iwe vha vhagudi vha kha di lila
nyaluso ya vhutsimbidzamirađo (fine motor skills), kha vha tende vha tshi ita
ndowendowe dza mushumo wavho buguni ya ndowedzo i re na mitaladzi u swika u
difulufhela ha u rwala buguni dza mishumo ho no fhatela.

TSHVENDA

Bugu ya

I

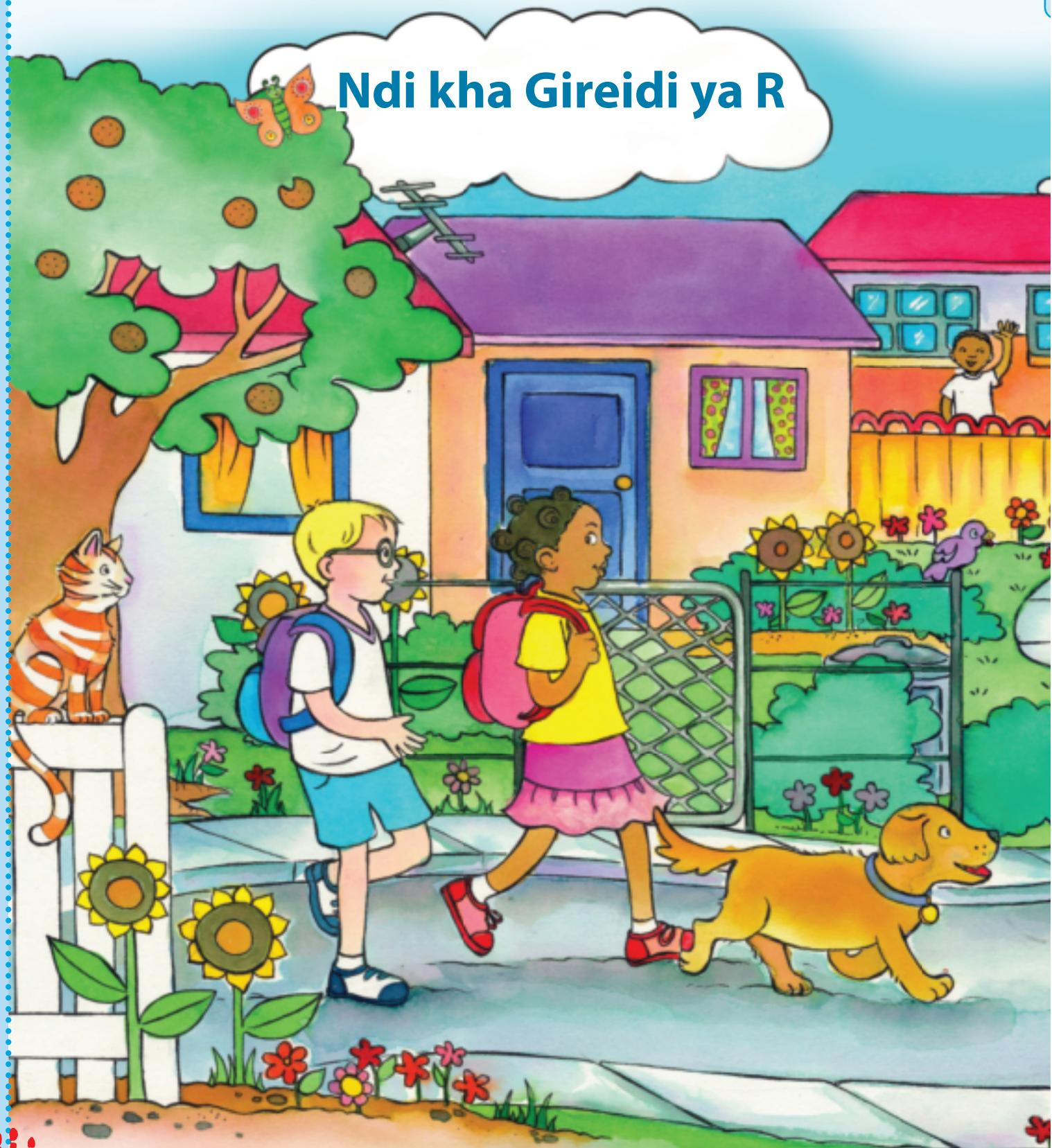
Themo ya !



Ndi nñe nnyi



Ndi kha Gireidi ya R





Dzina langa ndi:



Ndi

mutukana

mutukana



musidzana

Ndi

musidzana

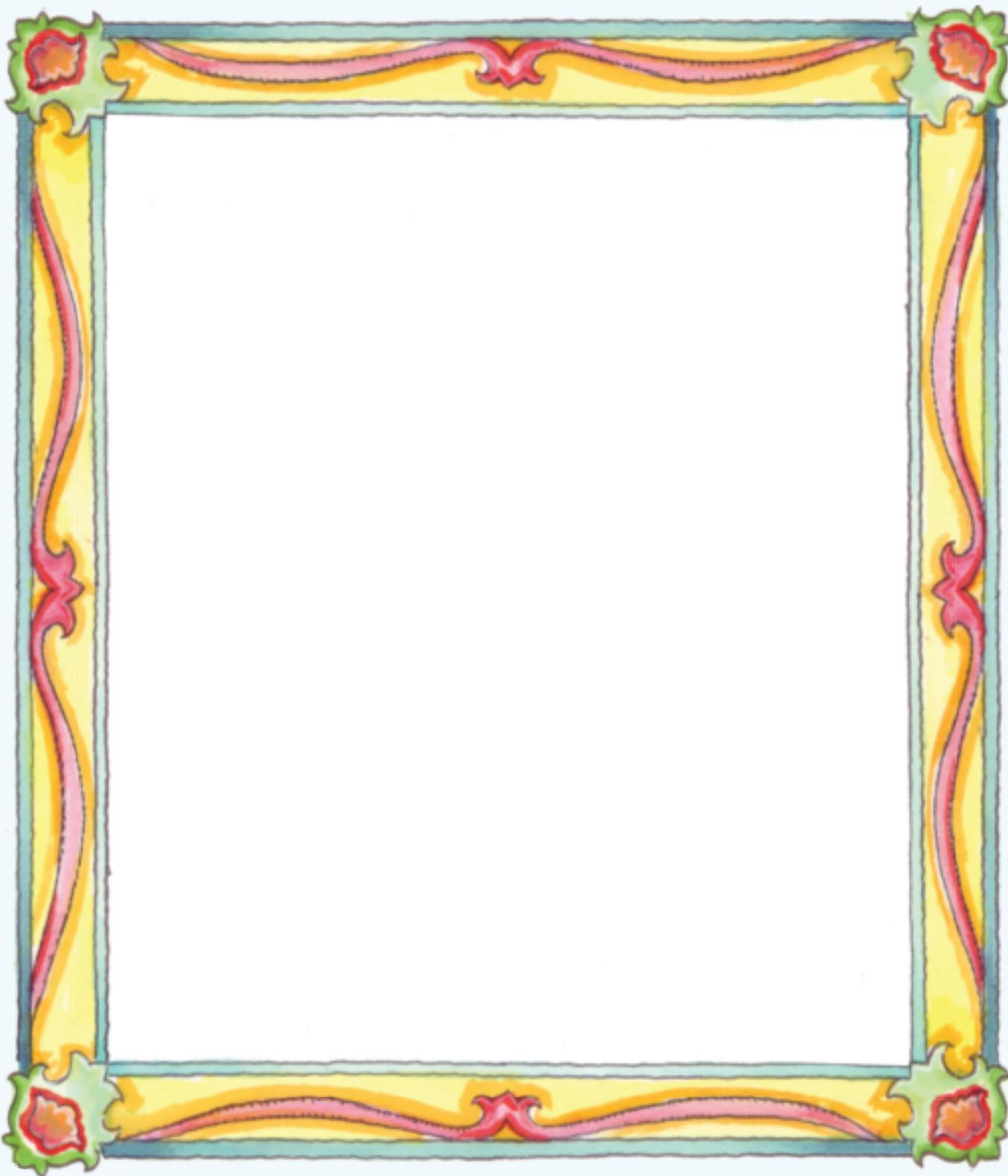
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Date





Kha ri ite nyito Dioleni tshifanyiso.



1.2



Dzina langa ndi:



Kha ri ite nyito

Khalaranî tshivhalo tsho teaho tsha makhandela ni tshi sumbedza miñwaha yanu.



Ndi na miñwaha ya

5

6

7

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Themo ya 1 - Vhege dza 1-5

I.3



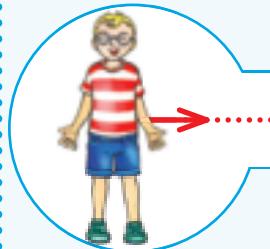
Kha ri nwale

Nambatedzani zwitikara fhethu ho teaho. Ni kone u tevhedzela mitaladzi nga munwe ni tevhedzele hafhu na nga penisela.

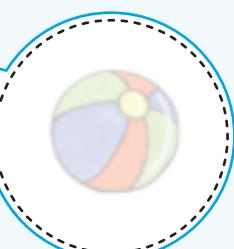
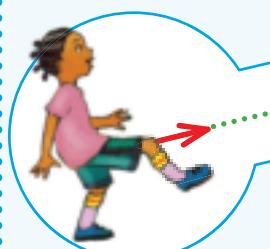
Nambatedzani zwitikara fhethu ho teaho.



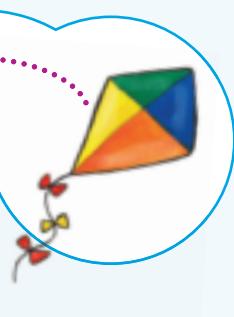
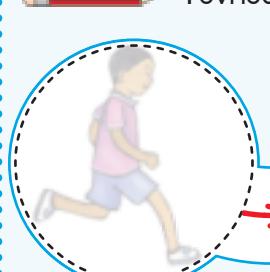
Thusani mutukana uri a wane baisigiri yawe.



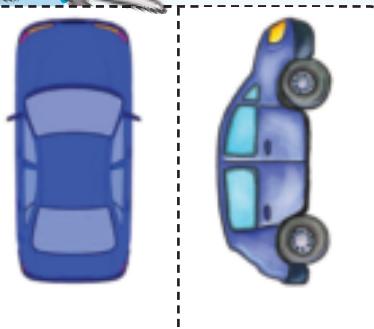
Thusani musidzana uri a wane bola yawe.



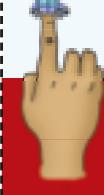
Tevhedzelani lutambo u vhuya u swika kha khaithi.



Reilani modoro u tshi ya tshikoloni na u vhuya hayani hafhu.



U itela ndowendowe dziñwe hafhu, kha vha tendele vhabudi vha tshi tevhedzela mitaladzi lu re na tshivhalo vha tshi shumisa mivhala yo fhambananaho.



1.4



Ndi lemela vhugai?

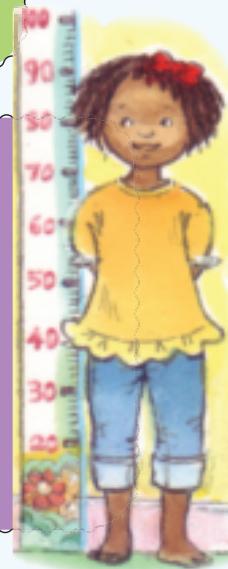
Kha ri nwale



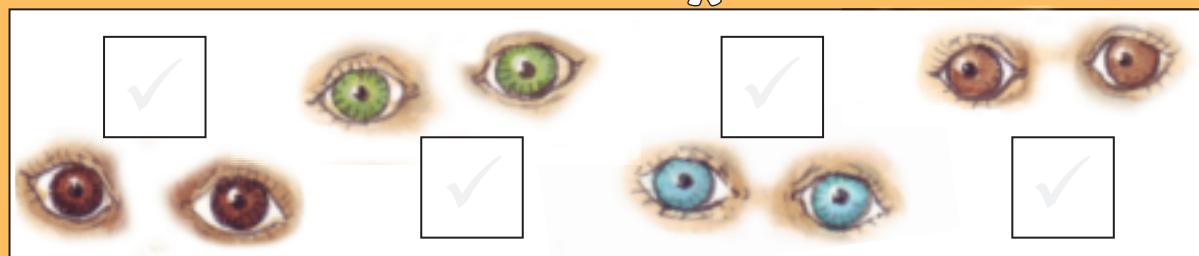
kg

Ndo lapfa zwingafhani?

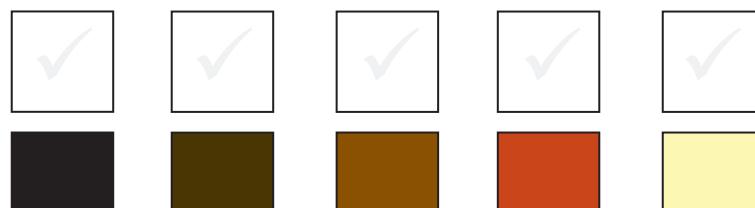
cm



Muvhala wa maño anga



Muvhala wa mavhudzi anga



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1.5



Kha ni ite nyito

Nambatedzani tshitikara tsha naledzi ni tshi sumbedza zwine na takalela u ita.

Nambatedzani
zwitikara
fhethu ho
teaho.

Ndi takalela u:

tshina



vhala tshitiori



tamba na khonani dzanga



tamba nga bola



fhatā nga zwibuloko



imba



1.6



Kha ri nwale

Olani tshifanyiso tsha zwine na takalela u ita.



Dzina langa ndi:

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1.7

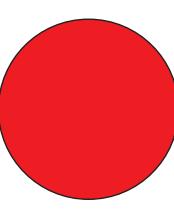
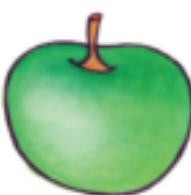
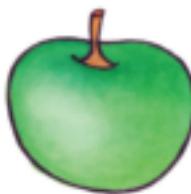
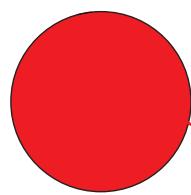


Dzina ḥanga ndi:



Kha ri ንwale

Livhanyani zwifanyiso.



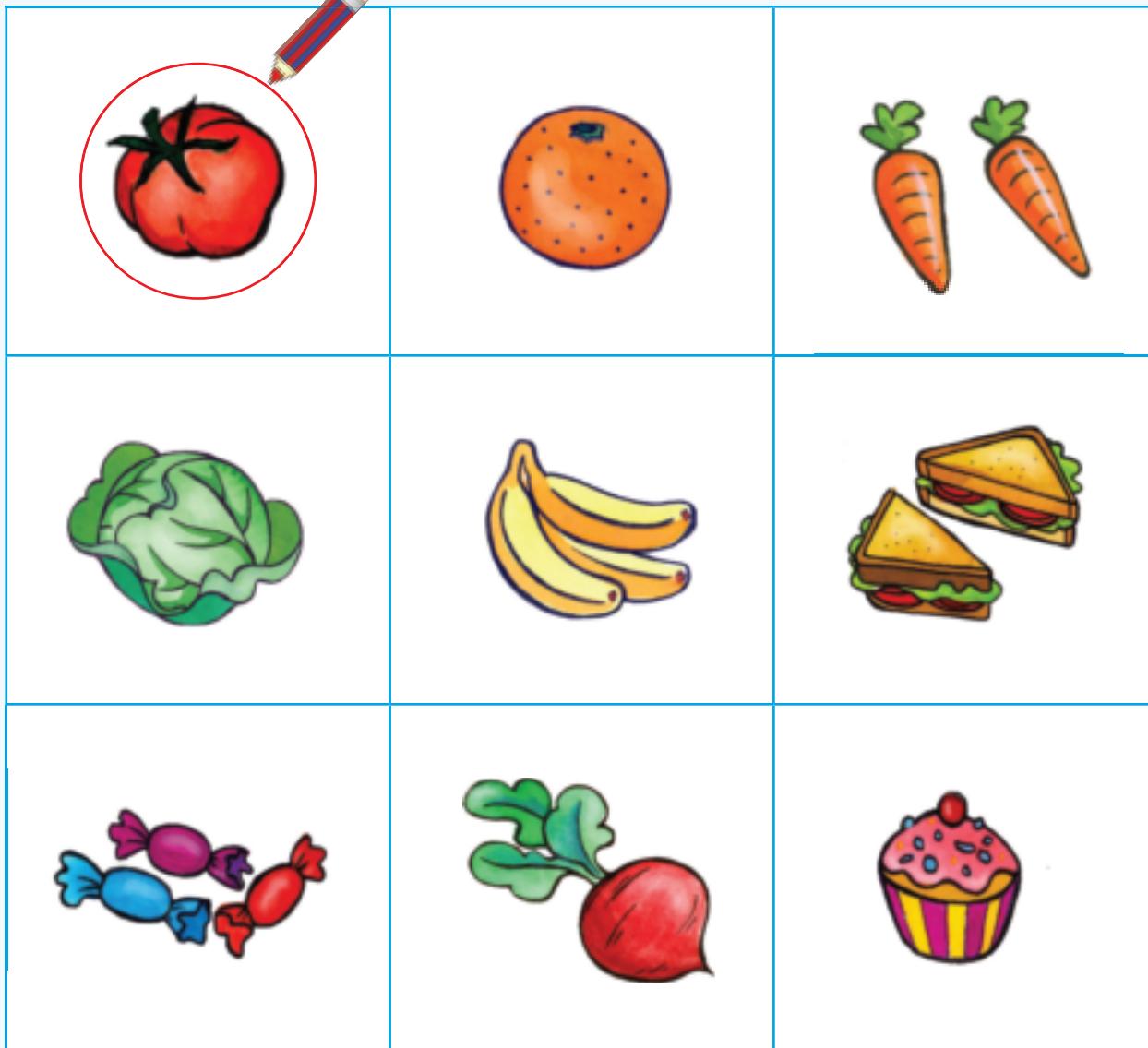
1.8



Vha ri vhalele

Swayani zwibulo^{ko} zwi re na tshithu tshithihi.

Vhandani zwanda luthihi musi ni tshi vhona tshithu tshithihi.

Itani n^dowend^ow^e ya nomboro.

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2

Kilasini

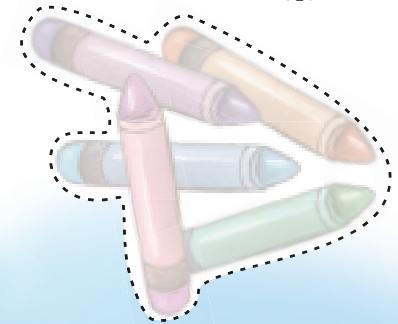


Kha ri nwale



Lavhelesani tshifanyiso ni ambe nga zwine
vhana vha khou ita.
Ni takalela u ita mini?

Nambatedzani
zwitikara
fhethu ho
teaho.





Dzina langa ndi:



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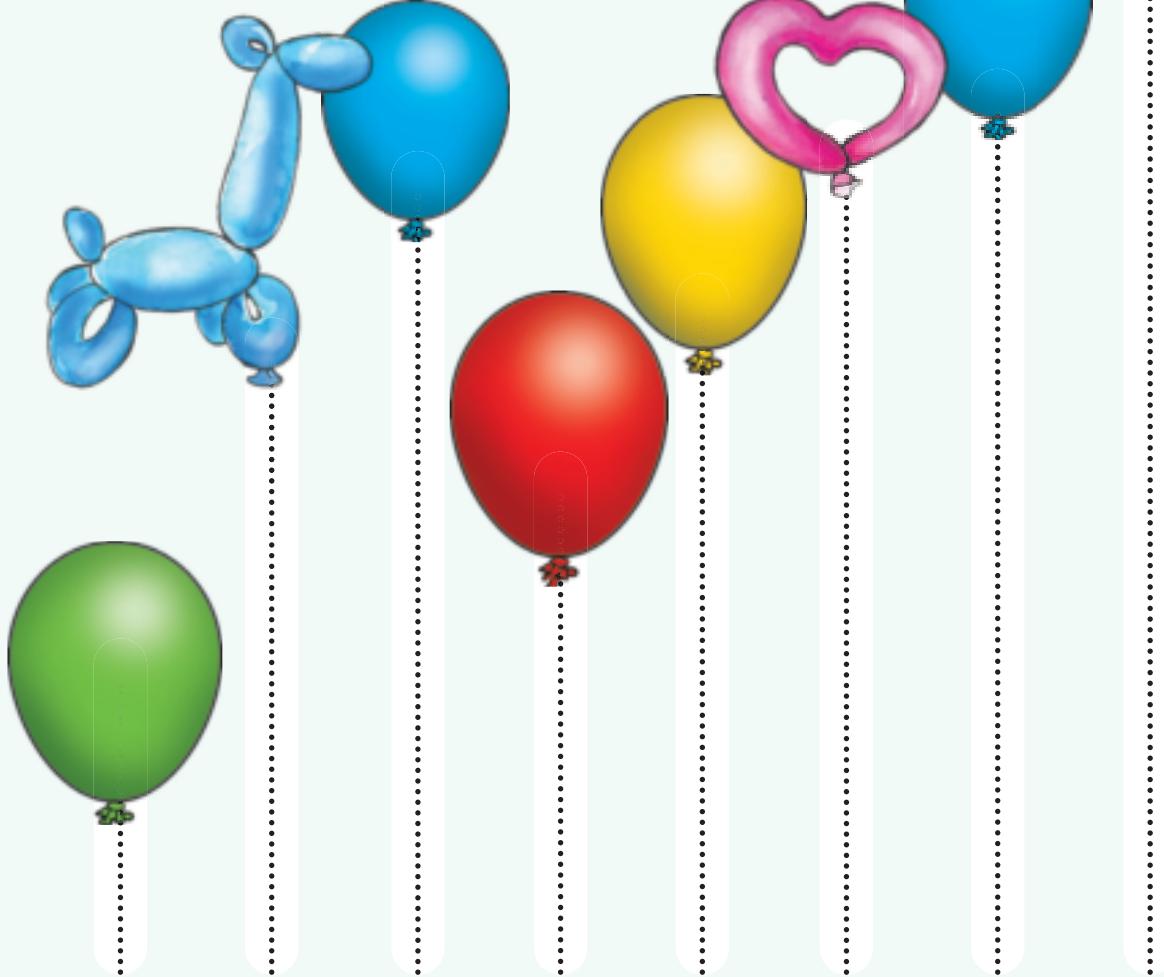
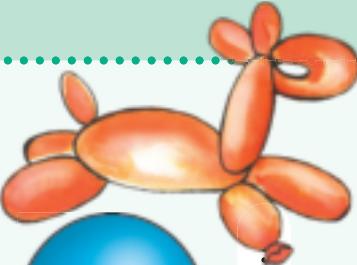


2.I

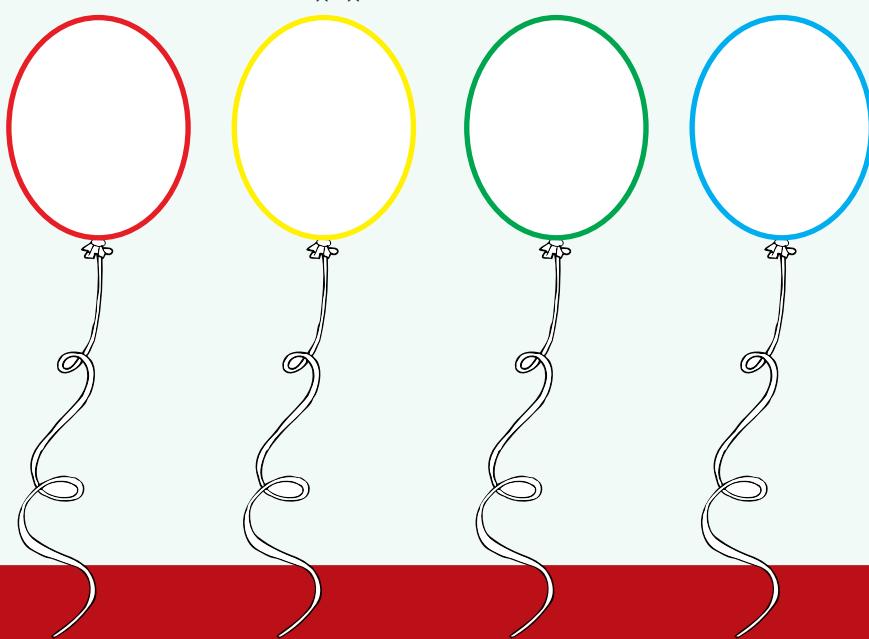


Kha ri nwale

Olani vhatambo ha mabaloni.
Ndi baloni lifhio li re na lutambo lupfufhisa?
Ndi baloni lifhio li re na lutambo
lulapfulapfu?



Khalaran i mabaloni nga muvhala mutswuku, wa tada, mudala na wa lutombo.



2.2



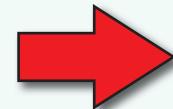
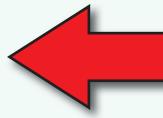
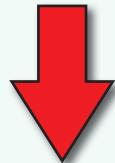
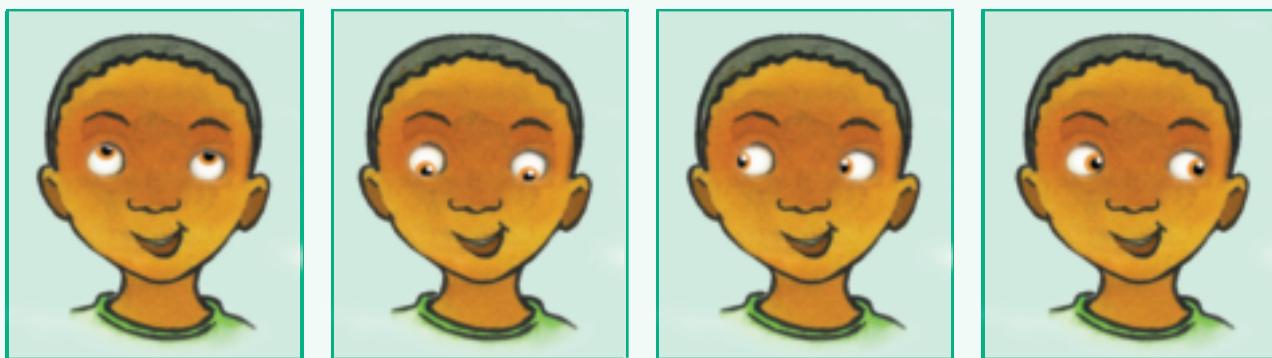
Kha ri ñwale

Wanani zwifhatuwo zwi no sumbedza vhudipfi hu no fana na hu re kha tshifanyiso tsha u thoma.



Kha ri ite nyito

Avha vhana vho lavhelesa ngafhi? Ni sa tshimbidzi t̄hoho yanu, tshimbidzani maṭo anu uri ni sedze he mutukana a lavhelesa hone.



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2.3

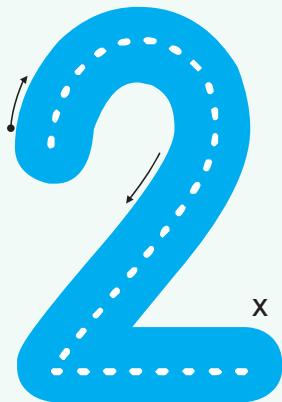
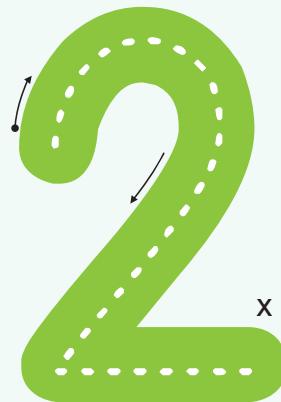
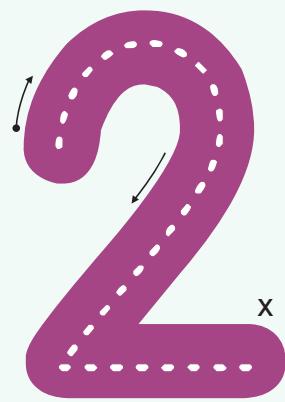


Vha ri vhalele

Tangedzelani zwibułoko zwine zwa vha na zwithu zwivhili (2) ngomu.
Vhandani zwanda luvhili musi ni tshi vhona zwithu zwivhili (2).



Itani ndowendowe ya nomboro.

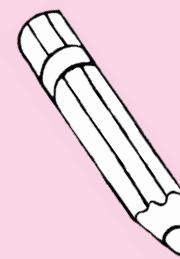
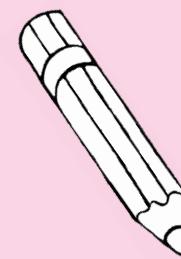
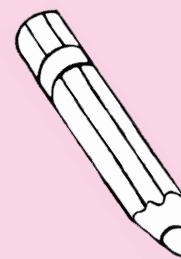
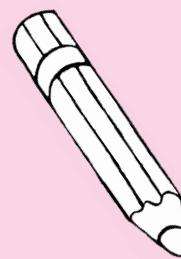
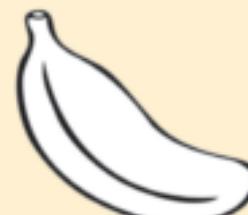
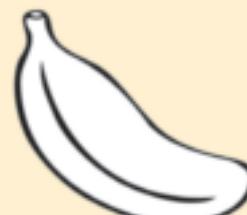
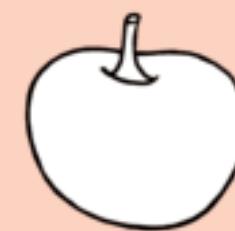
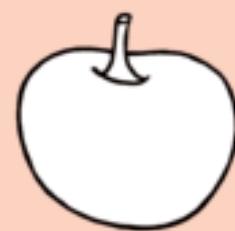
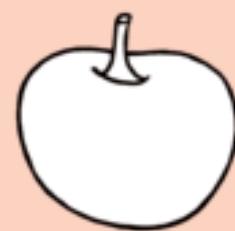
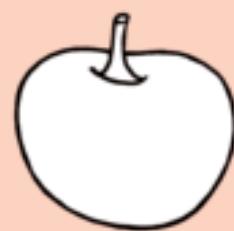


2.4



Kha ri nwale

Khalaranzi zwithu zwivhili kha muduba muñwe na muñwe.



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2.5



Kha ri ite nyito

Begeni yanu ya tshikolo hu na mini?
Nambatedzani zwičikara ni tshi paka bege.



raba



tshivhadí



Kha ri nwale

Nwalani dzina
janu kha bege
yanu ya tshikolo.

Dzina ḥanga ndi:



2.6

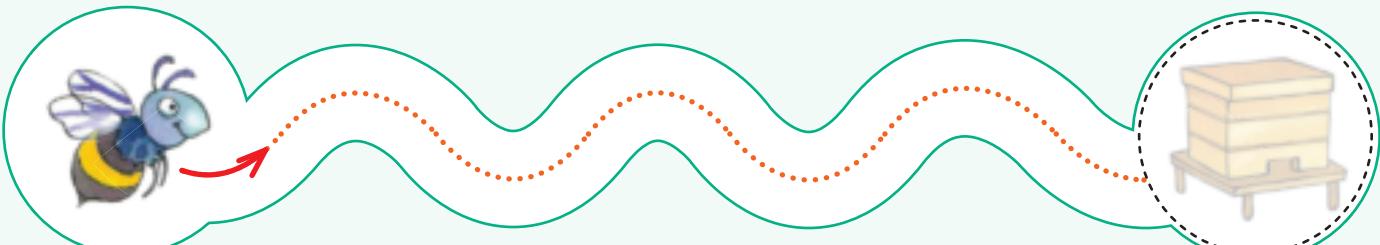


Kha ri nwale

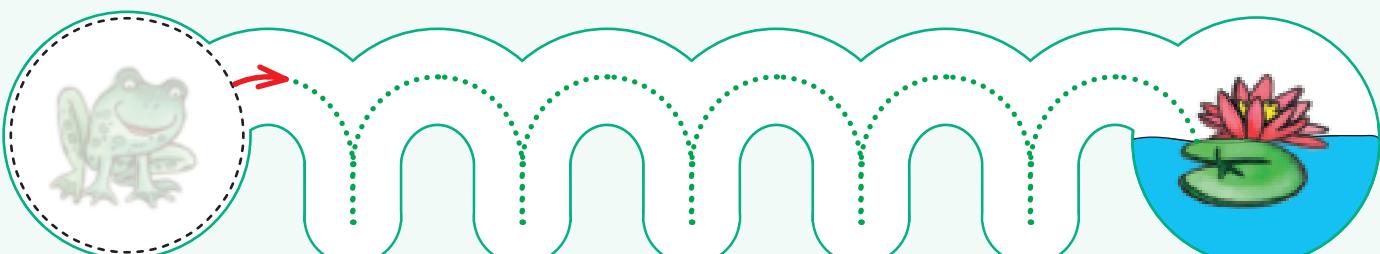
Nambatedzani zwitikara fhethu ho teaho. Ni kone u tevhedzela mitaladzi nga munwe ni tevhedzele hafhu na nga penisela.

Nambatedzani
zwitikara
fhethu ho
teaho.

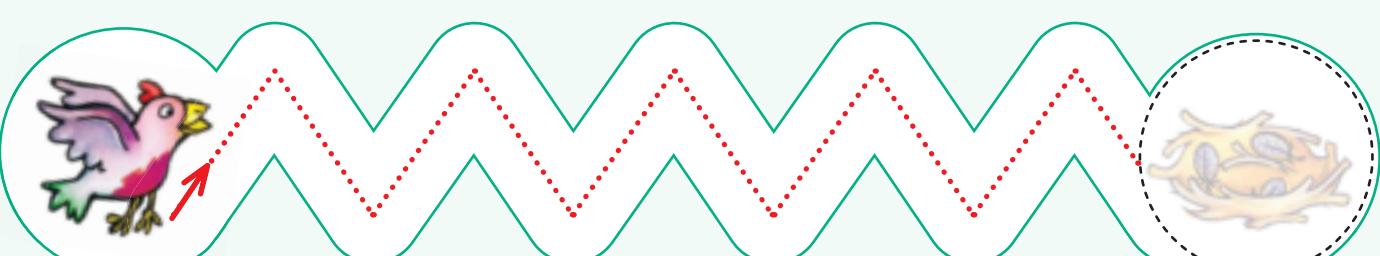
Thusani n̄otshi uri i wane phakho yayo.



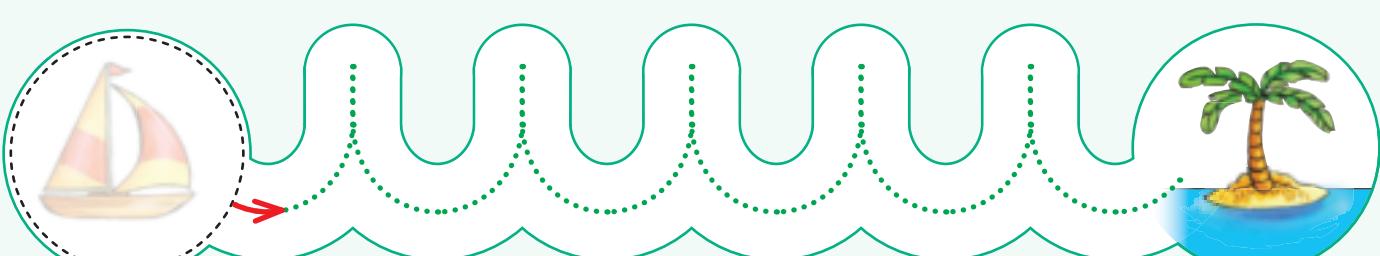
Thusani tshidula uri tshi wane kutivha.



Thusani tshinoni uri tshi wane tshitaha tshatsho.



Thusani gungwa uri li wane tshitangadzime.



U itela n̄dowendwe dziñwe hafhu, kha vha
tendele vhagudi vha tshi tevhedzela mitaladzi lu re na
tshivhalo vha tshi shumisa mivhala yo fhambananaho.

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2.7

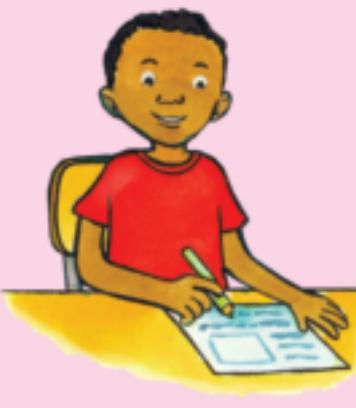


Kha ri ite nyito

Nambatedzani tshitikara tsha naledzi ni tshi sumbedza zwine na takalela u ita tshikoloni.

Nambatedzani
zvitikara
fhethu ho
teaho.

Ndi takalela:

<p>u ola nga pennde</p>  <p></p>	<p>u ola</p>  <p></p>
<p>u tshimbila na khonani ri tshi ya tshikoloni</p>  <p></p>	<p>u vhala tshitori</p>  <p></p>
<p>u vhala</p>  <p></p>	<p>u gera zwifanyiso</p>  <p></p>

2.8



Kha ri nwale

Olani tshifanyiso tsha zwine na takalela u ita tshikoloni.



Dzina langa nadi:

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3

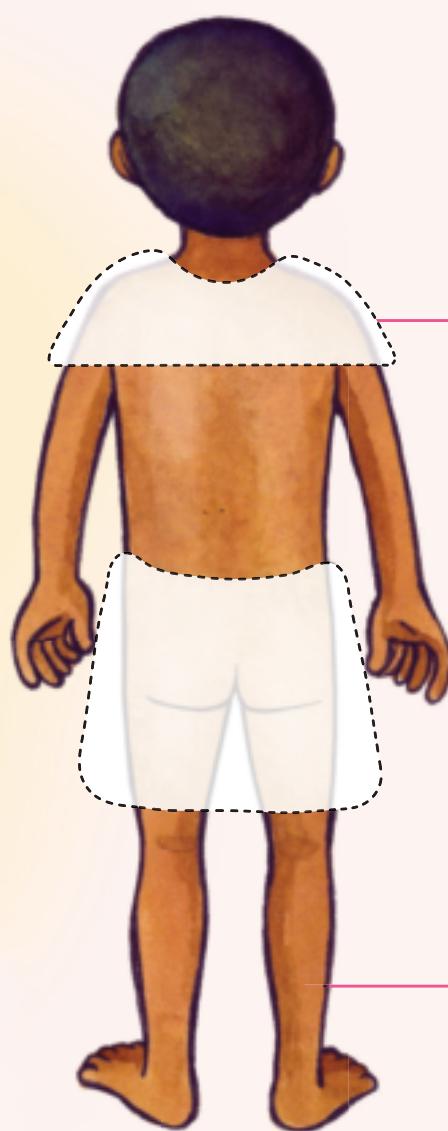
Muvhili wanga



Kha ri ambe

Lavhelesani tshifanyiso ni ambe nga zwine
vhana vha khou ita.





thoho

mahada

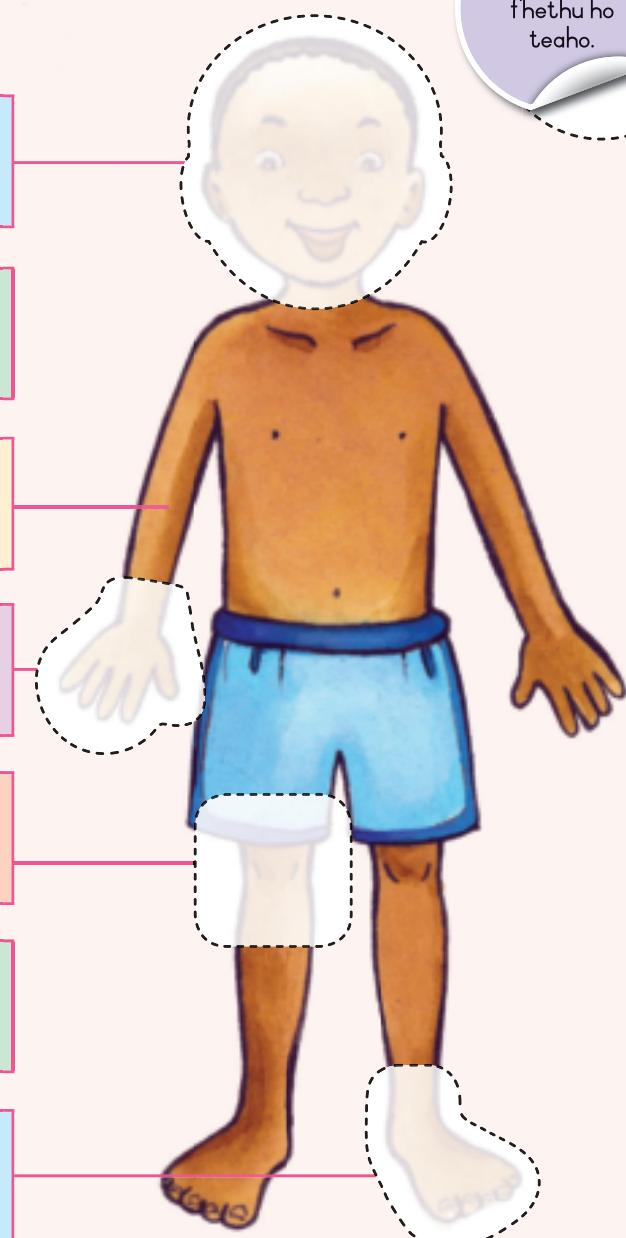
tshishasha

tshanda

gona

mulenzhe

lwayo



Nambatedzani
zwitikara
fhethu ho
teaho.



Kha ri ambe

Ni a ɖivha hune thoho yanu, mahada, magona na
zvikunwane zwa wanala hone?

Sielisanani na khonani yanu u sumba zwipiða zwa muvhili ni mu vhudze
uri tshipiða itsho tshi pfí mini.

Ndi zwipiða zwifhio zwa muvhili zwine na vha na tshithihi tshazwo?

Ndi zwipiða zwifhio zwa muvhili zwine na vha na zwivhili zwazwo?

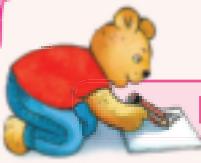


Dzina langa ndi:

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3.I



Kha ri nwale

Sumbani t̄hoho, zwanda, milenzhe na muvhili. Dioleni.

7



Nwalani dzina l̄anu ni vhandelele mudivhitho.



Dzina l̄anga ndi:

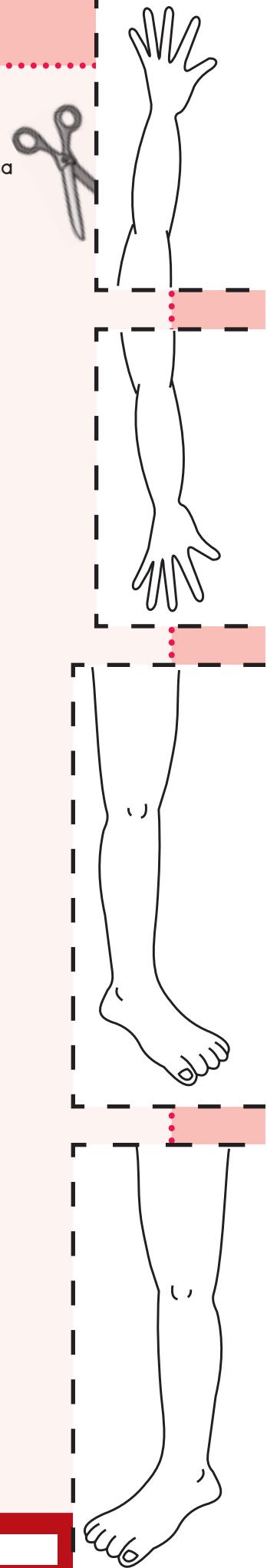


3.2



Kha ri nwale

Gerani ni nambatedze zwanda na milenzhe u itela u fhedzisa tshifanyiso itshi. Ni kone u khalara tshifanyiso itshi.



Kha ri imbe



Thoho, mahada,
magona na zwikunwane,
magona zwikunwane.
Thoho, mahada,
magona na zwikunwane,
magona zwikunwane.
Ma^{lo} na ndevhe na
mulomo na ning.
Thoho, mahada,
magona na zwikunwane,
magona zwikunwane.



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3.3



Kha ri ite nyito

Imani u fana na mutukana na musidzana vha re zwifanyisoni izwi.

Sumbedzani tshanda tshala ni tevhedze nga tsha monde.

Ginndani nga mulenzhe wala wa tsha ula ni tevhedze nga wa monde.

mutukana

tshanda
tsha mondetshanda
tsha ula

nga murahu

mulenzhe
wa mondemulenzhe wa
tsha ula

3.4



Dzina langa ndi:

musidzana

nga phanda



tshanda
tsha u la



tshanda tsha
monde



mulenzhe
wa tsha u la



mulenzhe
wa monde

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3.5



Kha ri nwale

Nambatedzani zwičikara fhethu ho teaho. Ni kone u tevhedzela mutaladzi nga munwe ni tevhedzele hafhu na nga penisela.

Nambatedzani
zwičikara
fhethu ho
teaho.



Thusani nwana uri a wane thedibee yawe.



Thusani mmbwa uri i wane shambo layo.



Thusani Ann uri a wane bugu yawe.



Thusani nwana uri a swende a tshi ya ha mme awe.



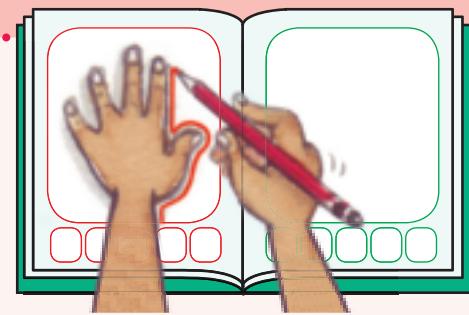
U itela ndowendowe dzirwe hafhu, kha vha tendele vhagudi vha tshi tevhedzela mitaladzi lu re na tshivhalo vha tshi shumisa mivhala yo fhambananaho.

3.6



Kha ri nwale

Tevhedzelani tshanda tshine na si
tshi shumisese ni vhale minwe yanu.



Ni kone u shumisa lipisitiki kana pennde kha u dzenisa khanndiso dza minwe yanu.

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3.7



Kha ri ite nyito

Edziselani zwine avha vhana vha khou ita.

zwanda kha
khundu



kwamani magona
aṇu



kwamani lwayo
luṇwe



kwamani shada
liṇwe



petani zwanda



kwamani thumbu



kwamani ningo



kwamani zwikunwe



imisani zwanda



kwamani ṭhoho



kwamani mahada



ṭharamudzani
tshanda



3.8

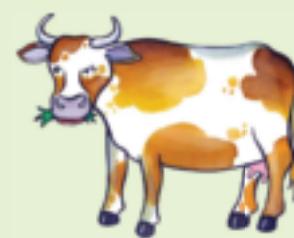
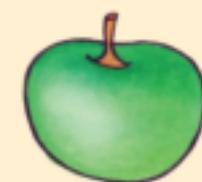
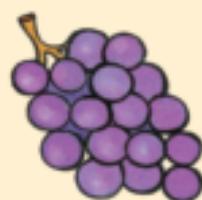


Dzina langa ndi:



Kha ri nwale

Tangedzelani tshifanyiso tshi sa yelani na zwiñwe kha muduba muñwe na muñwe. Talutshedzani khonani yañu uri ndi ngani tshifanyiso itshi tshi sa yelani na zwiñwe.

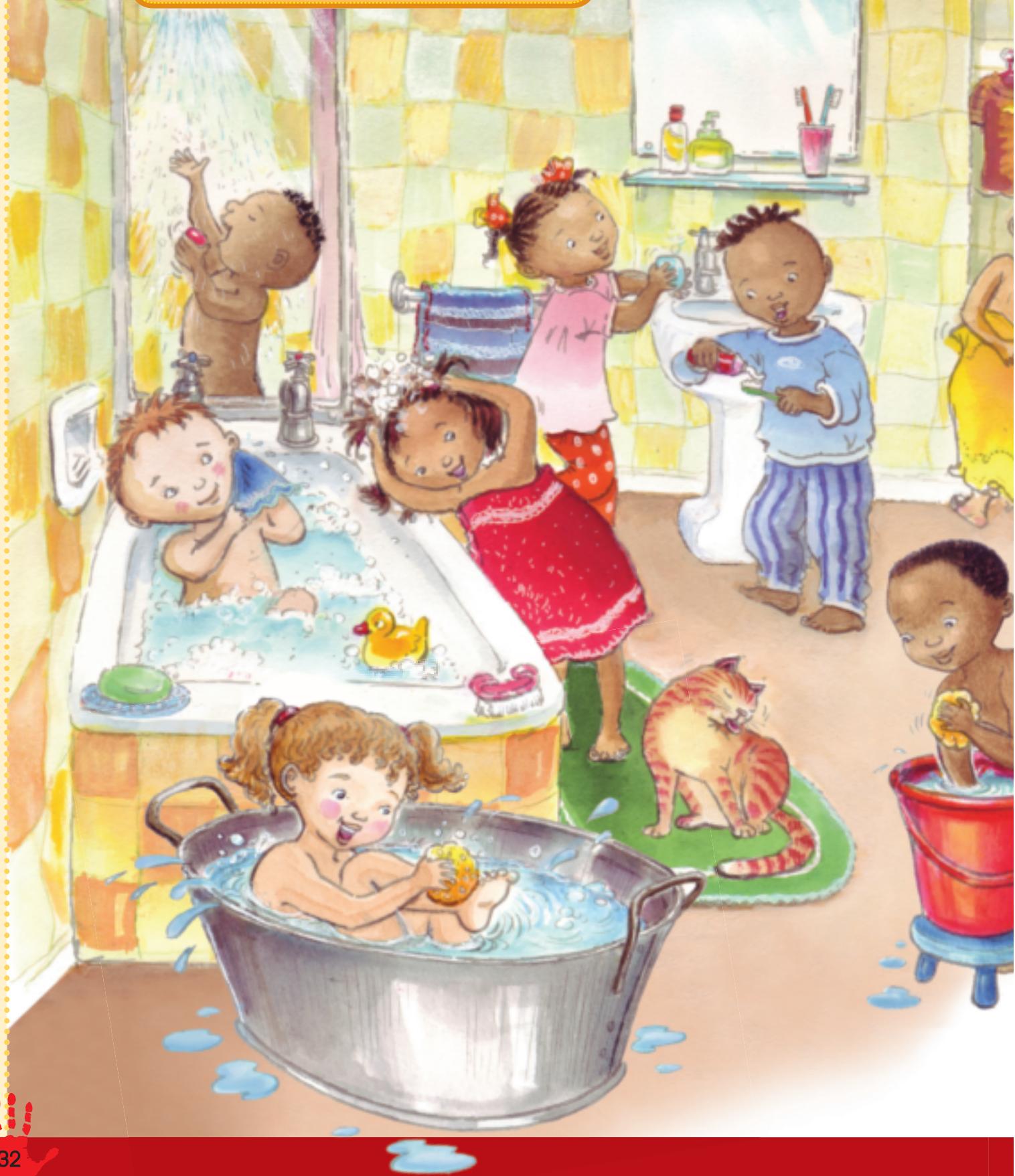


TEACHER: Sign

Date

Kutshilele ku re na mutakalo

Nambatedzani zwitikara fhethu ho teaho.





Kha ri ambe

Lavhelesani tshifanyiso ni ambe uri የው኏ muñwe na
muñwe u khou ita mini uri a vhonale o kuna.



Dzina እንደኛውን
langa ndi:



TEACHER: Sign

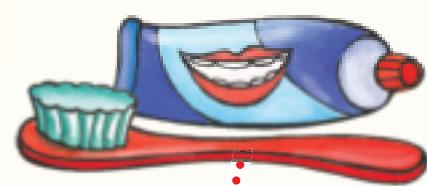
Date

4!



Kha ri nwale

Tevhedzelani mutaladzi uri ni wane uri avha
vhana vha ita mini uri vha dzule vho kuna.



4.2



Kha ri nwale

Olani tshifanyiso tsha zwine na ita uri ni dzule no kuna.



Dzina langa ndi:

TEACHER: Sign

Date

4.3

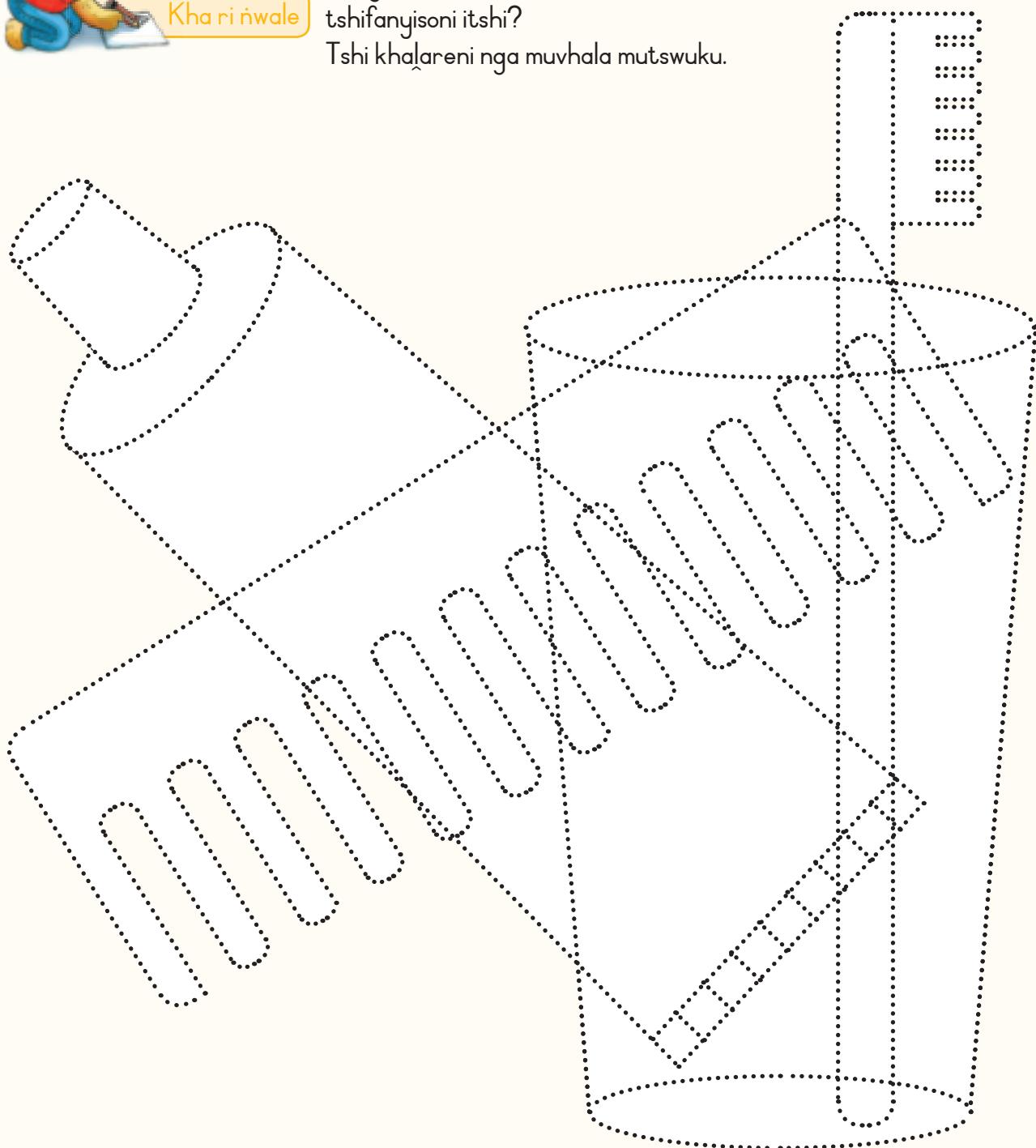


Dzina langa ndi:



Kha ri nwale

Ni nga kona u wana tshisibe tsha mano
tshifanyisoni itshi?
Tshi khalaeni nga muvhala mutswuku.



4.4



Kha ri nwale

Gerani phazili ni dovhe ni i t̄umekanye nga huswa.





4.5



4.6



Kha ri ite nyito

Gerani zwifanyiso izwi kha mitaladzi yo ṭhukhukanyiwaho ni zwi dubekanye.



4.7



Dzina langa ndi:



Kha ri ite nyito

Dubekanyani nomboro idzi.

N

N

M

M

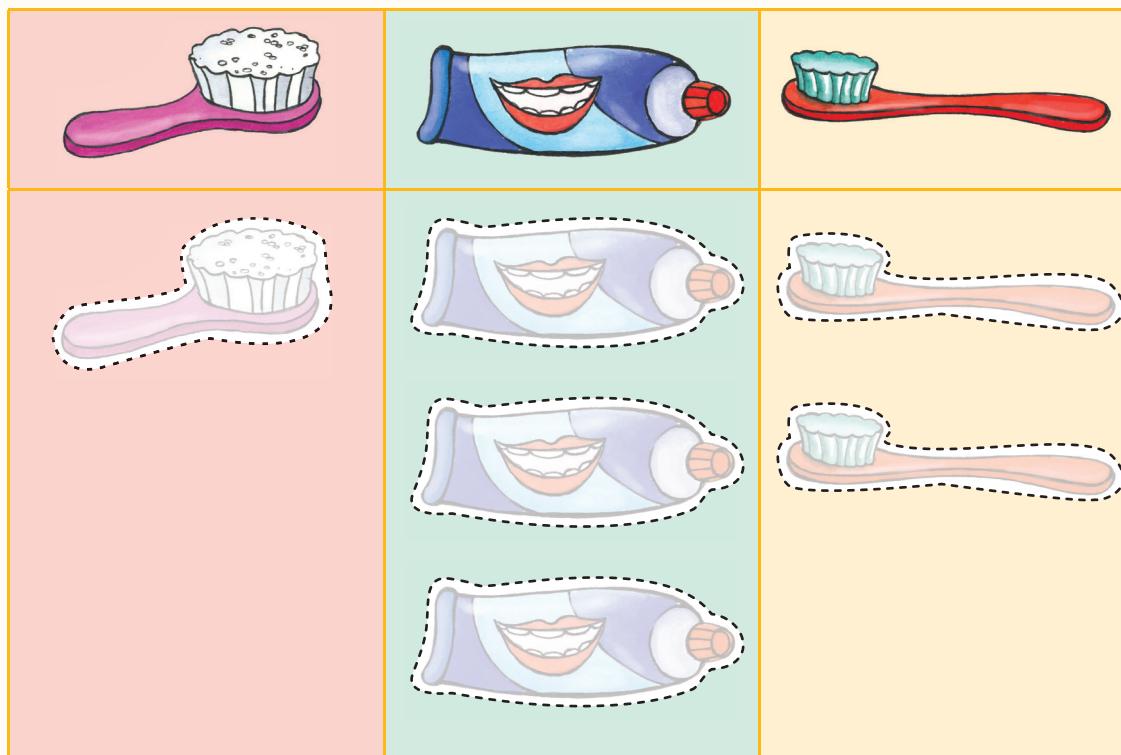
4.8



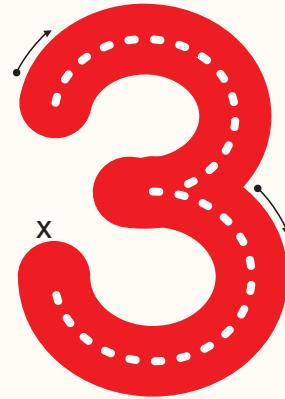
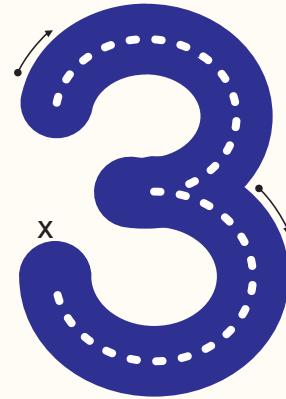
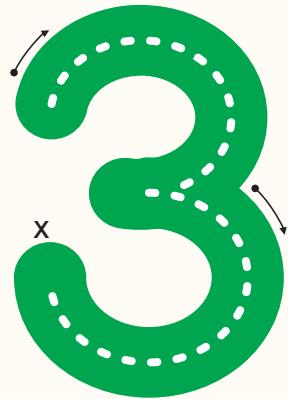
Vha ri vhalele

Nambatedzani zwitikara fhethu ho teaho. Vhalani
uri hu na zwingana zwa tshithu tshiñwe na tshiñwe.

Nambatedzani
zwitikara
fhethu ho
teaho.



Itani ndowendowe ya nomboro 3.



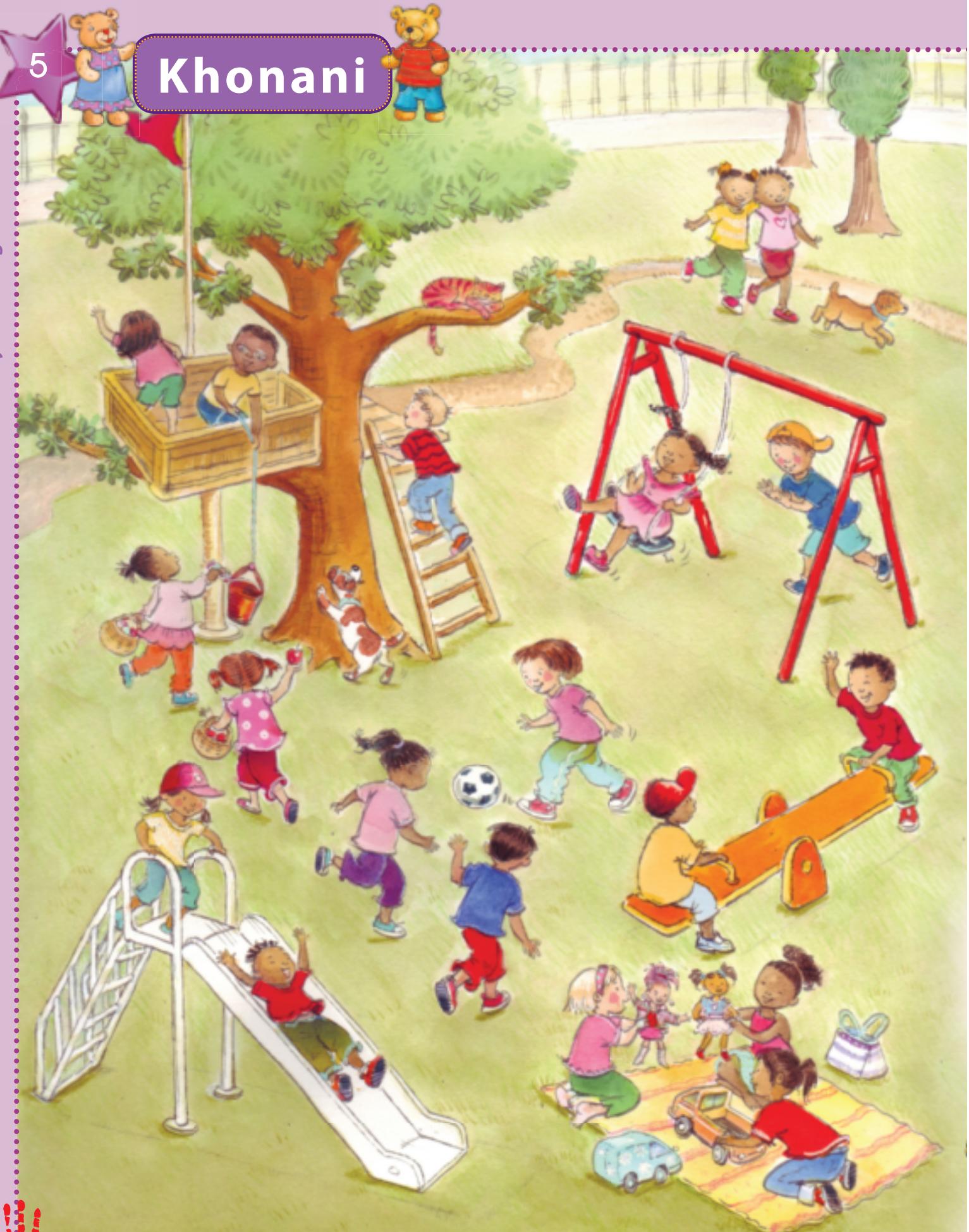
TEACHER: Sign

Date



5

Khonani



Nambatedzani
zwitikara
fhethu ho
teaho.



Kha ri ambe

Ni na khonani vhukuma?
Khonani vhukuma ndi muthude?
Ni tamba mini na khonani yanu?



Dzina langa ndi:

TEACHER: Sign

Date

5.I



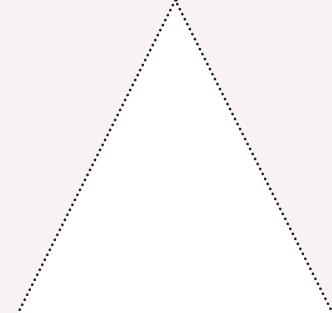
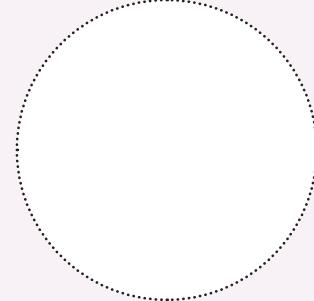
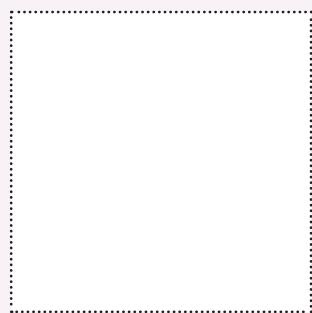
Kha ri nwale

Tangedzelani tshifanyiso tshi no fana na tsha u thoma kha muduba muñwe na muñwe.



Kha ri nwale

Tevhedzelani zwivhumbeo ni zwi khalare u fana na izwi zwifanyiso.



5.2



Kha ri ite nyito

Itani zwine vhana vha khou ita.

u dzula



u fhufha khadi



u gidima



u thamuwa



u tshina



tshifindinkodo



u tshimbila



TEACHER: Sign

Date

5.3



Kha ri nwale

Khalarani tshifanyiso.
Edziselani mivhala i
re kha tshifanyiso
tshituku.

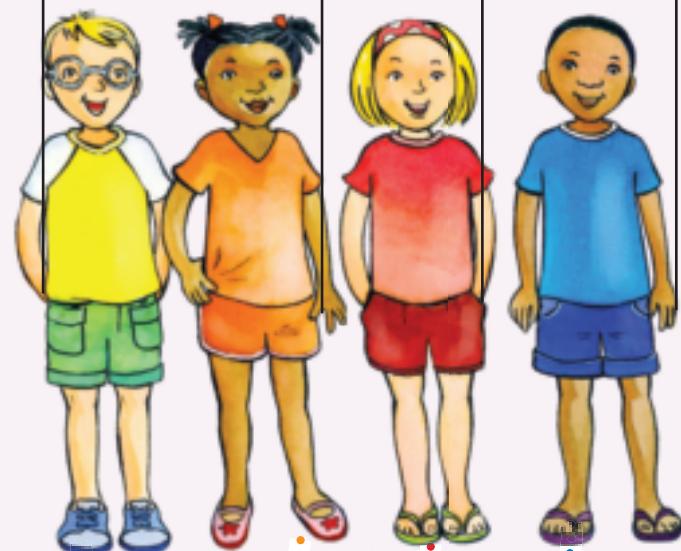
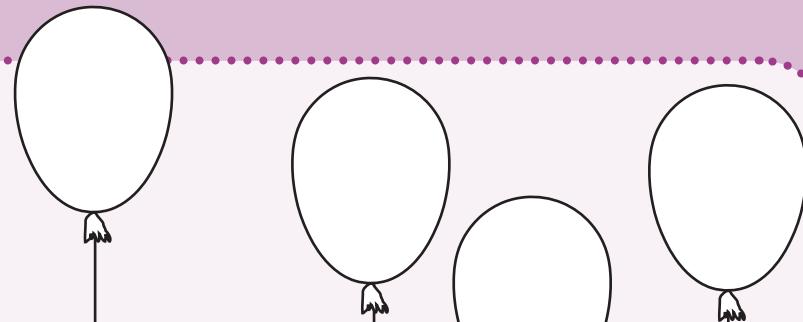


5.4



Kha ri ite nyito

Tevhedzelani mitaladzi uri ni
wane zwiambaro zwine vhana
vha zwi funesa ni kone u
khalara mabaloni uri zwi fane
(zwi metshe).



Dzina langa ndi:

TEACHER: Sign

Date

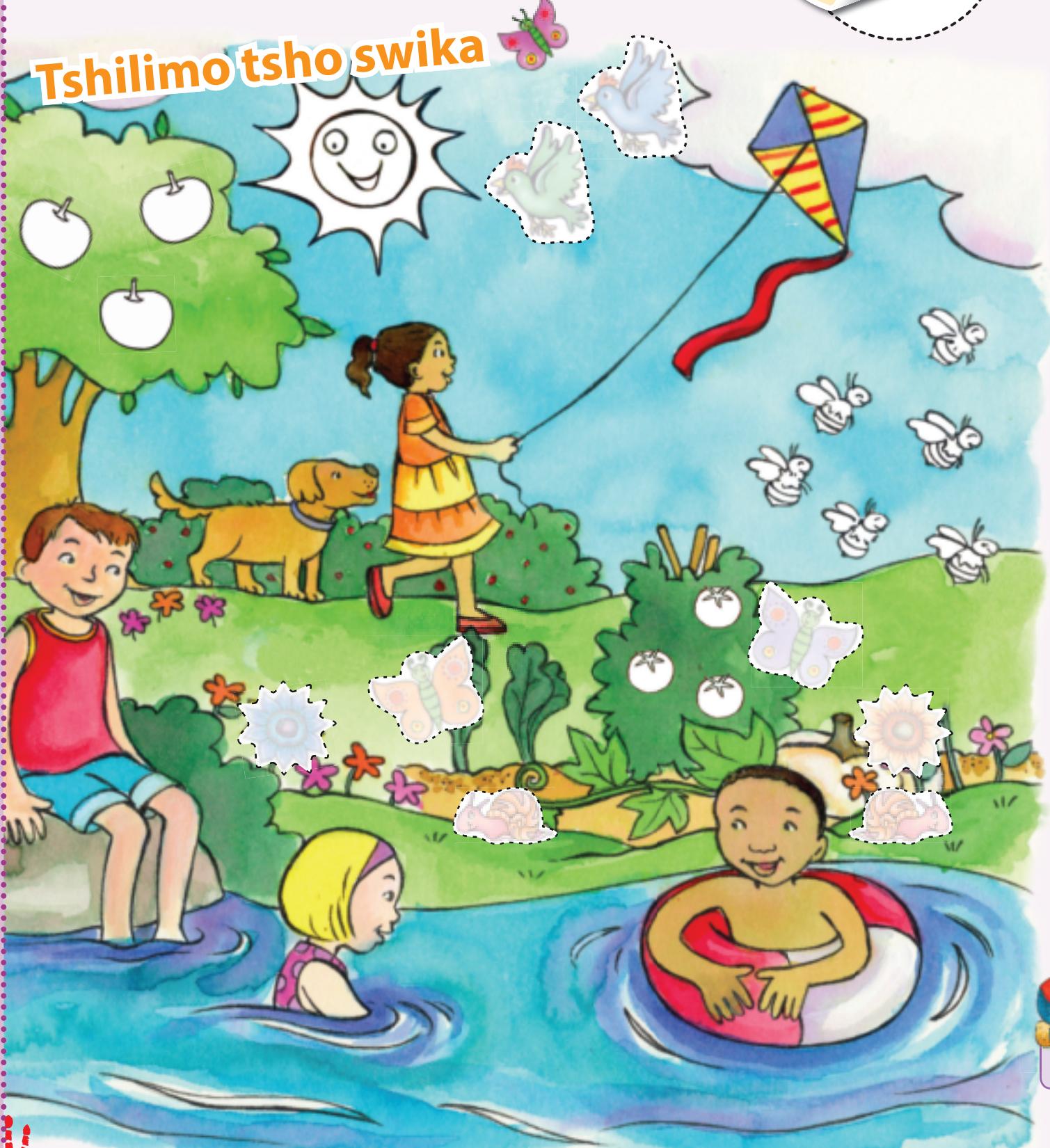
5.5



Kha ri ambe

Ni takalela u ita mini tshilimo?
Ni ambara mini musi hu tshi fhisa?

Nambatedzani
zwitikara fhethu
ho teaho. Khalarani
maapula mararu, n̄otshi
tharu, mat̄amat̄isi
mararu na duvhā.



5.b



Kha ri ንwale

Tangedzelani zwifanyiso zwi no sumbedza zwine na takalela tshilimo.



Ǹwalani dzina ወንደለለ mudivhitho.



Dzina ወንጂ ndi:

TEACHER: Sign

Date

5.7



Kha ri ite nyito

Lavhelesani zwifanyiso ni ambe nga u fhambana ha mutsho. Bulani uri vhana vha khou ita mini na uri vho ambara mini.

Nambatedzani
zwitikara
fhethu ho
teaho.

u fhisa

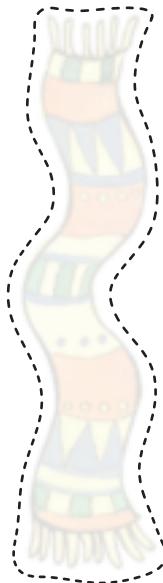


5.8

Kha ri ite nyito

Tangedzelani nga muvhala mutswuku zwiambaro zwine
na ambara musi hu tshi fhisa, ni tangedzele nga muvhala
mudala zwiambaro zwa musi hu tshi rothola.

u rothola



TEACHER: Sign

Date



Zwigeriwa



Phaphethe dza minwe:

Nangani tshipuka tshithihi ni ñwale ledere ja u thoma ja dzina janu kha tshikhipha tshatsho. Zwino ñwalani maledere a u thoma a madzina a khonani dzanu kha zwikhipha zwiñwe.



Phazili dza nomboro:

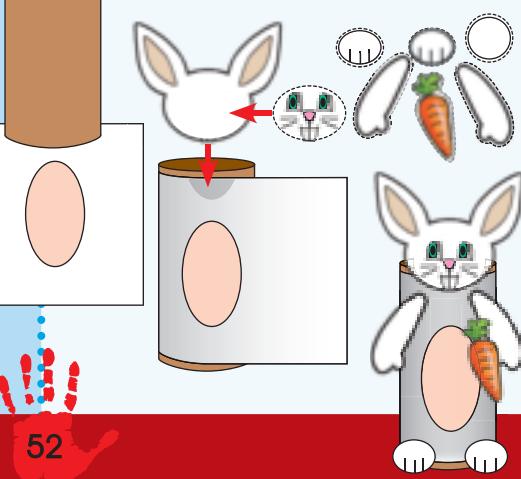
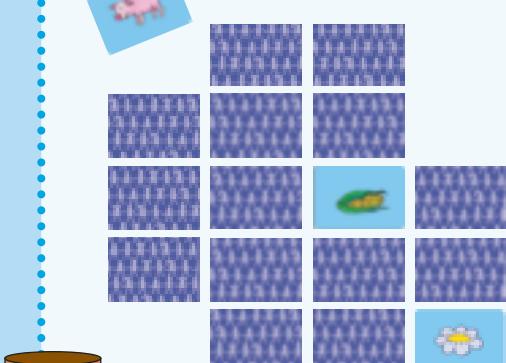
Gerani kha mitaladzi yo tħukhukanyiwaho ni ite garaṭa dza u livhanya nomboro. Ni kone u livhanya zwifanyiso na nomboro dzi re dzone, kana ni zwi livhanye na tshivhalo tsha zwithoma tshi re tshore. Ni nga shumisa zwivhumbeo uri zwi ni thuse.

Mutambo wa nyelelwa:

Gerani magaraṭa kha mitaladzi mitswu yo tħukhukanyiwaho. Tshovani magaraṭa aya ni a pake nt̄ha ha tħafula o sedza fhasi. Zwino rembulusani magaraṭa nga mavhili nga mavhili a tshi sielisana. Arali a tshi yelana (metsha) ni a vhetshela dabo. Wanani uri ndi nnyi ane a do vha wa u thoma u vhetshela magaraṭa oħhe dabo. Shumisani magaraṭa anu a nyelelwa ni tambe mutambo wa zwinepe na khonani yanu.

Zwipuka zwa zwikanda zwa thoiletherolo:

Wanani zwikanda zwo fħelaho zwa thoiletherolo. Gerani zwigeriwa zwa rekħiħiengħe ni zwi nambatedze u mona na zwikanda zwa thoiletherolo ni tshi thivha mabuli. Zwino gerani tħohoh ni dzi tħome tħodzini dza zwikanda. Shumisani zwiżikara zwa zwipuka ni nambatedze zwifha fu kha dzitħohu u ja nga hune na funa. Nambatedzani milenzhe na mutshila zwa tshipuka nga tshithihi nga tshithihi afha kha zwikanda. Ni nga kha di tou ola zwipuka zwañu kana na tou zwi vhumba.



Itani bugu dza masongesonge (zigzag).
Petani kha mitalo yo fhelelaho ni gere kha
mitalo yo t̄hukhukanywaho.

3

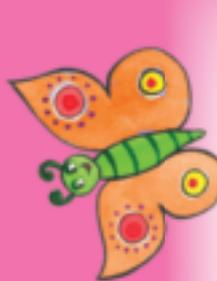


raru



khovhe

2



mbili



tshimange

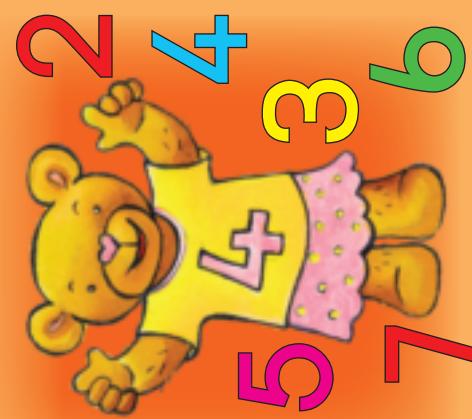


thiji



mmbowwa

Nomboro



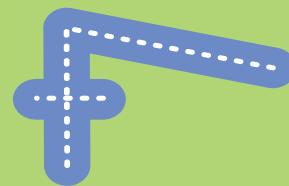
Zwifuwohaya



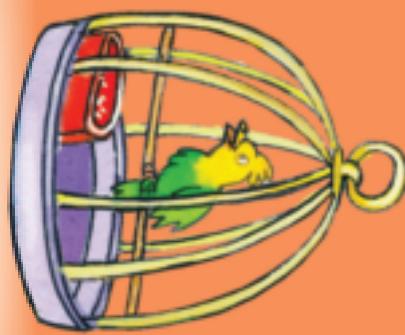
tswina



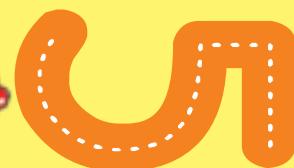
iŋa



tshinoni



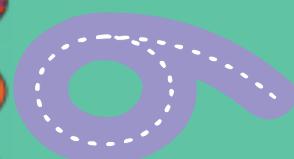
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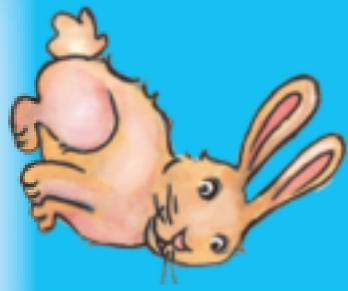
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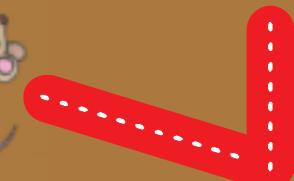
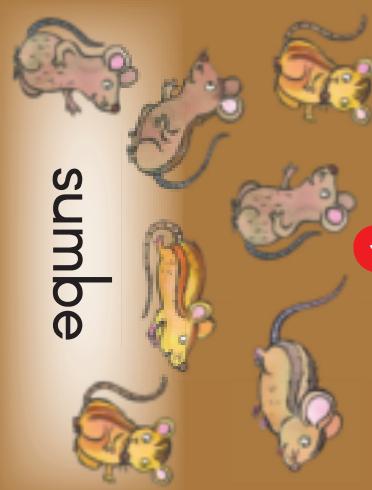
rathi



muvhudə



sumbe



ZWIGERIWA ZWANGA



Kha ri ite nyito

Gerani siatari kha mutalo wo tshukhukanyiwaho ni
nambatedze siatari kha gwati la murahu uri ni ite
tshikwama. Pangani zwigeriwa zwanu henefha uri zwi si xele.

NAMBATEDZANI HAFHA

NAMBATEDZANI HAFHA

NAMBATEDZANI HAFHA

NAMBATEDZANI HAFHA

Yo
vusuludzwa,
i tevhedza
CAPS

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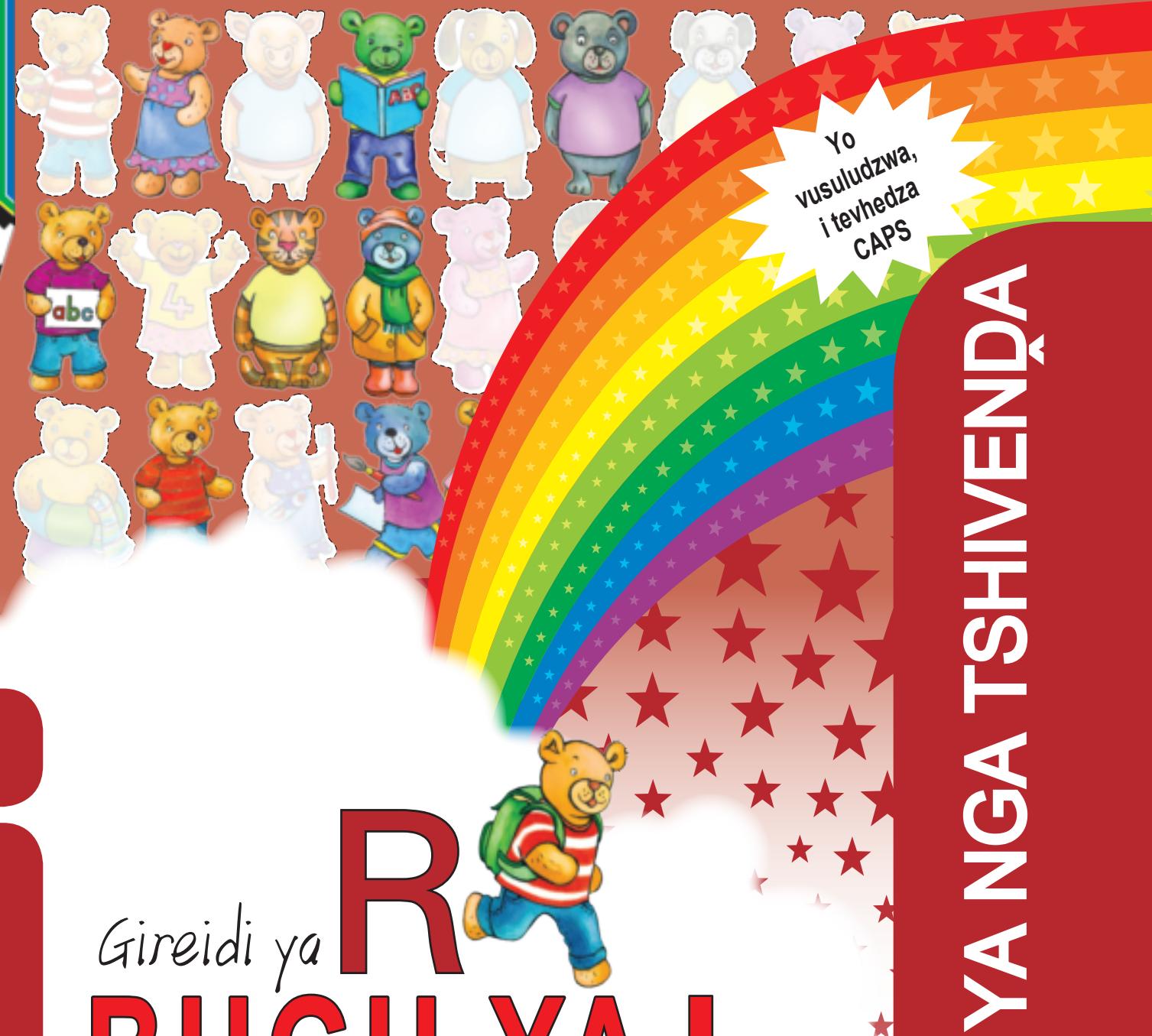
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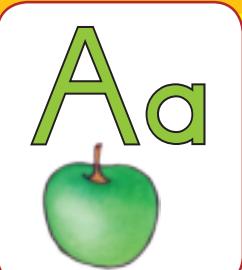
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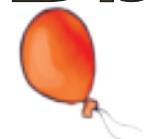


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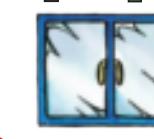
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Uu



Vv



Ww



Xx



Yy



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