



Ibuyekeziwe –
Ihambisana
ne-CAPS

Ibanga lesi-

2



Amakhono Empilo
ISIZULU

Incwadi yoku-
Ithemu 1 & 2



ISBN 978-1-4315-0255-4



LIFE SKILLS IN ISIZULU
GRADE 2 – BOOK 1
TERMS 1 & 2
ISBN 978-1-4315-0255-4
THIS BOOK MAY NOT BE SOLD.
10th Edition

Workbooks available in this series:

- Grade R
(in all official Languages);
- Literacy/Home Language Grades 1 to 6
(in all 11 official Languages);
- Mathematics Grades 1 to 3
(in all 11 official Languages);
- Mathematics Grades 4 to 9
(in Afrikaans and English);
- Life Skills Grades 1 to 3
(in all 11 official Languages); and
- Grades 1 to 6 English First Additional
Language.

Igama:

Iklasi:



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



Okukukethwe

Ithemu 1	ikhasi
1 Sidinga ukudla okunempilo ukuze siphile	2
2 Amanzi asinika impilo	4
3 Songa amanzi.....	6
4 Umoya ohlanzekile usinika amandla	8
5 Mina kanye nabanye.....	10
6 Abantu esiphila nabo.....	12
7 Akuphele ukuhlukumezana	14
8 Wonke umuntu ubalulekile	16
9 Indlela esizizwa ngayo.....	18
10 Abantu abakhubazekile.....	20
11 Bonke abantwana babalulekile	22
12 Amaqhawe ami.....	24
13 ukuhlanzwa kwamanzi	26
14 Ukuhlala uphilile	28
15 Ukudla okusheshayo nokungasheshi ukubola	30
16 Izinsuku zenkolo nezinye ezibalulekile	32



Ithemu 2	ikhasi
17 Izikhathi zonyaka	34
18 Izikhathi ezine zonyaka.....	36
19 Izikhathi zonyaka	38
20 Ukugqokela isimo sezulu.....	40
21 Imithelela yezikhathi zonyaka	42
22 Ukutshala ubhontshisi.....	44
23 Izilwane zasepulazini	46
24 Epulazini	48
25 Izilwane zasendle	50
26 Zicasha kanjani izilwane	52
27 Izilwane zasemanzini	54
28 Izilwane zasekujuleni kwamanzi	55
29 Ulwazi ngezilwane zasemanzini ..	56
30 Izilwane ezihamba nezindlu zazo	58
31 Izilwane ezizakhela indawo yokuhlala.....	60
32 Isichazamazwi sami	62



UNK Angie Motshekga,
uNgqongqoshe weMfundo
eyiSesekelo



UMnu Enver Surty,
iSekela loMnyango
weMfundo eyiSesekelo

Lezi zincwadi zokusebenzela zenzelwe abantwana baseNingizimu Afrika ngaphansi kwesandla sikaNgqongqoshe weMfundo eyiSesekelo, uNkk Angie Motshekga, neSekela likaNgqongqoshe weMfundo eyiSesekelo, uMnu Enver Surty.

Lezi zincwadi ezibizwa ngeRainbow Workbooks ziyingxenye yoMnyango weMfundo eyiSesekelo lapho uMnyango uzama khona ukungenelela ukuze kuthuthukiswe imfundo yabantwana bamabanga asuka kwelokuqala kuya kwelesithupha eNingizimu Afrika. UMnyango weZimali uxhase lo mkhankaso kaHulumeni njengento yokuqala uHulumeni azibekela yona ukuthi ayisukumele. Uxhaso loMnyango weZimali lusize uMnyango wezeMfundo ukuthi ukwazi ukukhiqiza uphinde usabalalise ngaphandle kwenkokhelo lezi zincwadi zokusebenzela ngazo zonke izilimi zaseNingizimu Afrika ezisemthethweni.

Sinethemba lokuthi othisha bazozithanda basebenze kangcono ngazo lezi zincwadi ekufundiseni kwabo kwansuku zonke, baphinde bathole futhi isiqiniseko sokuthi abafundi babo bafundiswa konke abamelwe ukufundiswa khona njengoba kuvela kusilabhasi yabo. Sizamile ukuqiniseka ukuthi sifaka izithonjana (ama-icon) emisebenzini yokwenziwa ukuze uthisha akuthole kulula ukuyilandela nokuqonda ukuthi umfundi yini alindeleke ukuyenza.

Sinethemba futhi lokuthi abantwana uqobo lwabo bazokujabulela ukusebenzisa lezi zincwadi ekukhuleni kwabo bakhule nolwazi ezilukethe, bese kuthi wena njengothisha wabo uthokoze kanye nabo ekugcineni.

Sifisela wena nomfundi omfundisayo impumelelo ngenkathi usebenzisa lezi zincwadi.



Published by the Department of Basic Education
222 Struben Street
Pretoria
South Africa

© Department of Basic Education
Tenth edition 2020

ISBN 978-1-4315-0255-4

This book may not be sold.

The Department of Basic Education has made every effort to trace copyright holders but if any have been inadvertently overlooked the Department will be pleased to make the necessary arrangements at the first opportunity.

I Banga lesi-

2



Amakhono Empilo
ISIZULU
Incwadi yoku-I



Le ncwadi ngeka-



Sidinga ukudla okunempilo ukuze siphile



Masifunde

Imizimba yethu idinga ukudla okunempilo ukuze sikhule ezinhlotsheni ezinhlanu zokudla zonke izinsuku. Sidinga ukudla ukudla okunempilo ukuze sikwazi ukuba namandla okwenza zonke izinto esidinga ukuzenza. Uma singadli ukudla okunempilo, singagula.

Izinhlobo ezinhlanu zokudla

Imikhiqizo yokusanhlamvu

Imifino nezithelo

Abanye abantu badla izitshalo kuphela. Lokhu kusho ukuthi abayidli inyama. Badla kakhulu kwizinhlobo ezine zokudla.

Inyama, inhlanzi, inkukhu, amantongomane kanye nobhontshisi

Okusamafutha

Imikhiqizo yobisi



Masenzeni lokhu

Xoxa nomngane wakho mayelana nokuthi yikuphi kwalokhu kudla okunempilo. Kukokelezele.



Bhala

Enza sengathi uya esuphamakethe nomama wakho, niyothenga ukudla okuzodliwa ntambama. Enza uhla lwezinto ezizothengwa eziwuhlobo lokudla okunempilo emndenini.

UHLA LWEZINTO EZIZOTHENGWA



Uthisha:
Sayina:
Usuku:



Amanzi asinika impilo

Masikhulume

Yini eyenza siwadinge amanzi?
Abantu, izitshalo kanye nezilwane
kuyawadinga amanzi. Abantu, izitshalo
kanye nezilwane kuyawadinga amanzi ukuze
kuhlale kuphilile. Amanzi yiwo azungelezisa
ukudla esikudlayo kuye ezingxenyeni
ezahlukene zemizimba yethu, yiwo futhi
asiza umzimba ukuthi ukwazi ukukhipha
izinto ezingadingeki emzimbeni.



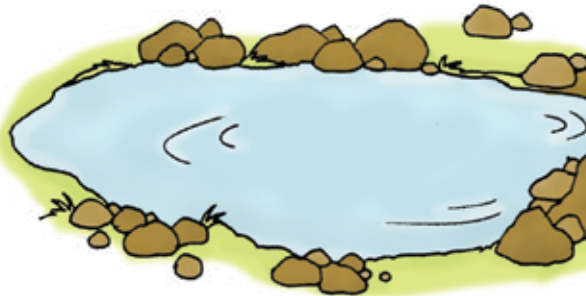
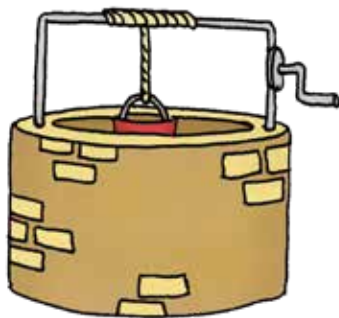
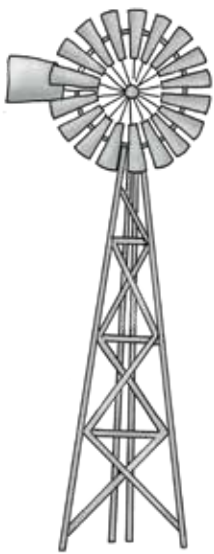
Masenzeni lokhu

Zonke izinsuku siyawasebenzisa amanzi emakhaya. Xoxela umngane wakho
ngezinto zonke ongazicabanga esisebenzisa amanzi kuzo. Emva kwalokho
udwebe izithombe ezi-4 ukukhombisa ukuthi siwasebenzisa kanjani amanzi
kulezo zinto. Bhala isihloko sesithombe ukuchaza ukuthi simayelana nani.



Bhala

Siwathola kuphi amanzi? Dweba umugqa uqondanise igama ngalinye nesithombe esifanele.



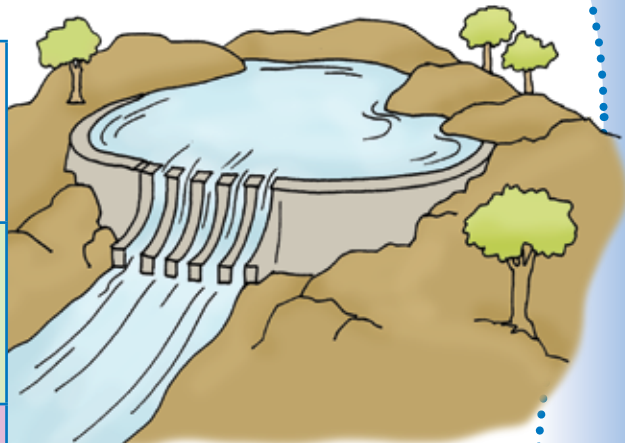
Isiphethu

iwindimili

umfula

idamu

umthombo
wamanzi



Masiphumele ngaphandle

Ngaphambi kokwenza noma yini ngaphandle, qala ngokuzelula njengekati. Lokhu kuzokwenza umzimba unyakaze kalula. Zelule nangemva kokwenza okuthile ngokuthi uphumule uphole. Lokhu khona kukusiza ukuthi ungabi nobuhlungu bezicubu.

- Gxuma njengesele. Yenza umsindo wamasele.
- Nqakisanani ngebhola noma ngesaka likabhontshisi. Libambeni.
- Manje phonsa ibhola noma isikhwama sikabhontshisi phezulu bese usinqaka.
- Thwala isaka likabhontshisi ugijimisane nomngane nithwele. Bheka ukuthi uzohamba ibanga elingakanani lingawile isaka olithwele.



Uthisha:
Sayina:
Usuku:



Songa amanzi



Masikhulume

Amanzi ayinto ebalulekile, kumele siwonge.
Xoxa nomngane wakho ngezindlela ezahlukene
esingazisebenzisa ukonga amanzi.



Bhala

Bhala ezikhaleni izindlela ezimbili esizisebenzisa
ukonga amanzi.

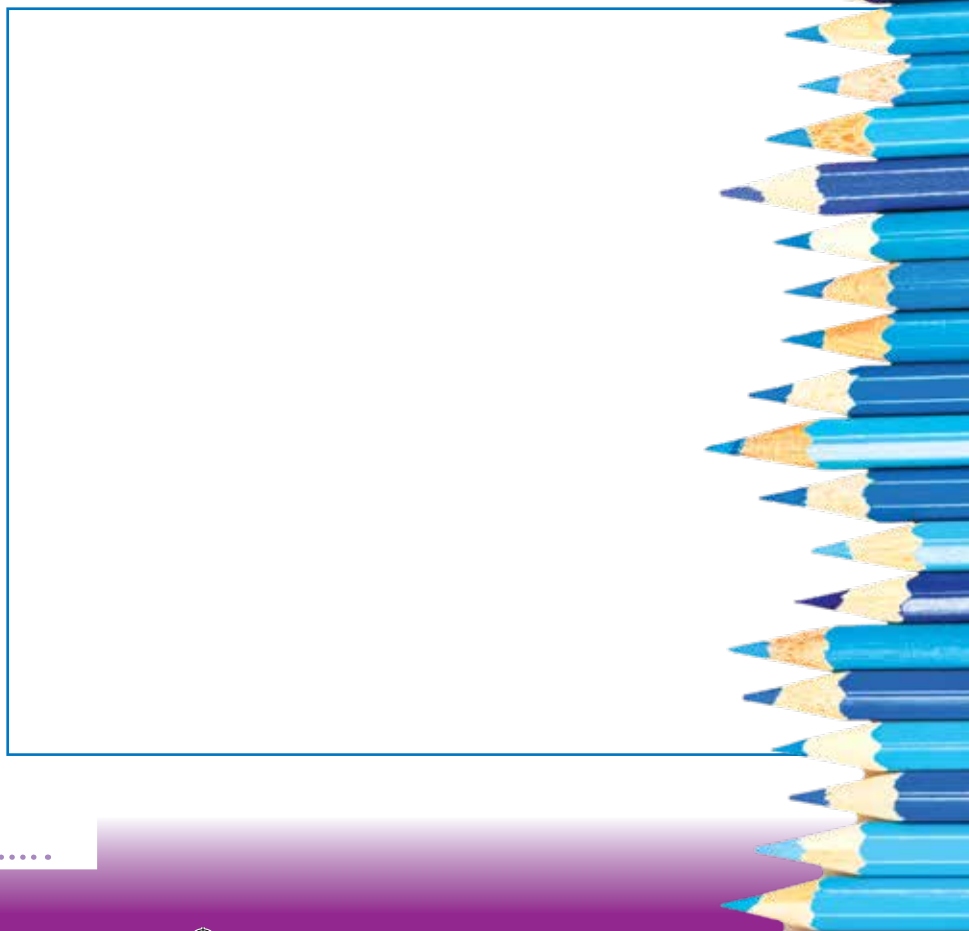
1.

2.



Masenzeni lokhu

Sebenzisa amakhilayoni
nopende wenze iphosta
enemibala ekhuluma
ngokongiwa kwamanzi.
Iphosta yakho kumele
igqugquzele abanye
ukuthi bongwe amanzi.
Uma sewuyiqedile khombisa
abangane bakho.





Masiphumele ngaphandle

Masidlaleni umdlalo othi "Sikhathi sini, Mnu Mpungushe?"

Oyedwa wenu makabe yimpungushe.

Buzani ngamunye nithi "Sikhathi sini, Mnu Mpungushe?"

Impungushe kumele isisho isikhathi uma ibuzwa. Kodwa uma ithi "yilantshi!" izosuka ngejubane inijahe. Kumele niyibalekele ingalinge inibambe.



Dlalani umdlalo wehulahuphi noma wentambo eyindilinga.

Wena nomngane wakho kumele nishintshane ngokuhamba phezu kwendilinga, nihambe ngezinyawo kuqala bese nihamba ngezandla.

Ningayibamba indilinga yenu eyintambo niyiphakamise, umngane achushe kuyo. Shintshanani ngokwenza lokhu.



Okokugcina, emaqoqweni anabantu aba-4, zilungiseleleni ukwethula umdanso waseNingizimu Afrika.

Uthisha:
Sayina:
Usuku:



Umoya ohlanzekile usinika amandla



Masifunde

Umoya esiwuphefumulayo une-oksijini. Usisiza ukuthi imizimba yethu ikwazi ukusebenzisa ukudla esikudlayo. Sibe sesithola amandla siphile.

Uma siphefumula umoya ongcolile, imizimba yethu iyehluleka ukusebenza.



Bhala

Hlala nomngane wakho. Gcwalisani izikhala ezingezansi nobabili

Ngidinga umoya ohlanzekile ngoba _____

Uma umoya ungcolile _____

Umoya uyangcola uma _____

Izinto esingazenza ukugcina umoya uhlanzekile:

1. _____

2. _____





Masifunde

Abantu badinga ukukhanya kwelanga ukuze baphile. Kusiza imizimba yethu ukuthi yakhe uVithamini D. Wona-ke siwudingela ukuba namathambo aqinile.

Ilanga uma selikhanya kakhulu libuye libe yinkinga. Liletha izinhlungu zokushiswa yilanga. Kufanele ugcoke ukhilimu wokuvikela ilanga, noma isigqoko selanga ukuvikela isikhumba sakho.



Bhala

Gcwalisa lezi zikhala ezingezansi:

Ngingavikeleka elangeni uma:

1. _____
2. _____
3. _____



Masicule

Cula leli culo futhi ushaye izandla zihambisane nalo.



Gcoba ukhilimu wokuvikela ilanga noma isigqoko selanga ukuze uzivikele emisebeni yelanga.



Wena ungukukhanya kwelanga lami ukuphela kokukhanya kwelanga lami.

Uyangijabulisa kakhulu uma isibhakabhaka semboze ngamafu. Awusoze wakwazi lokhu, sithandwa, Ukuthi ngikuthanda kangakanani. Ngiyakucela, ungangiphuci imisebe yami yelanga.



Mina kanye nabanye



Masikhulume

Sonke siyathanda ukuba nabangane beqiniso. Umbona kanjani umngane weqiniso?



Bhala

Bhala ezikhaleni ezingezansi uhla lwezinto ezenza umuntu abe ngumngane weqiniso.



1.

2.

3.

4.



Bhala

Bhekisisa le mibuzo bese ubhala izimpendulo zayo phansi.

Bangaki abangane onabo?

Ngubani igama lomngane wakho weqiniso?

Seninesikhathi esingakanani ningabangane?

Yini oyithanda kakhulu ngomngane wakho?



Masikhulume

Yiya kumngane wakho nihlale phansi nikhulume ngalawa mazwi.
Faka uphawu (✓) ebhokisini uma kuyiqiniso, ufake uphawu (✗) uma kuliphutha.

Uhla lokuhlola ubungane

	Bhala u ✓ noma i ✗
Umngane wami uyanginakekela.	
Umngane wami uyangisiza.	
Umngane wami uhlanganyela nami izinto eziningi.	
Umngane wami akalwi nakancane nami.	



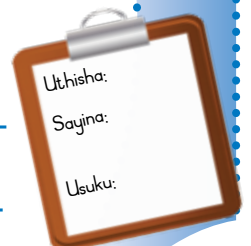
Masenzi lokhu

Yini ongayenza uma ufuna
ukukhombisa umngane
wakho ukuthi ubalulekile
kuwe? Dweba manje
isithombe esiveza lokhu
esikhaleni. Ubokhumbula
ukuhlobisa ifreyimi
yesithombe sakho. Uma
usukwenzile lokhu, khuluma
ngemibala ezothile kanye
nehehayo oyisebenzisile
kulesi sithombe.



Bhala

Bhala imisho emibili ngesithombe sakho.



Uthisha:
Sayina:
Usuku:



Abantu esiphila nabo



Masikhulume

Buka izithombe. Zama ukukhumbula ukuthi abangane beqiniso bayaye benzeni. Xoxa neqembu lakho ngalokhu. Zama ukukhumbula ukuthi abangane ababi bayaye benzeni. Beka uphawu (✓) esithombeni ngasinye ukukhombisa ubungane, nophawu (✗) kulabo abaveza ubungane obungalungile.





Masifunde

Funda umusho ngamunye bese ufaka umbala ebusweni obuthi Yebo 😊 noma ebusweni obuthi Cha ☹️.

Ngingumngane weqiniso.		
 Ngiyabanakekela abangane bami.		
Nginomusa kubafundi enginabo ekilasini.		
Abafundi enginabo ekilasini banomusa kimi.		
 Ngiyabahlonipha abantu engiphila kanye nabo.		



Masiphumele ngaphandle

Masidlaleni "Yima esithunzini sami".

Wena nabangane bakho zamani ukuma esithunzini somunye nomunye. Shintshanani nithole ukuthi zingaki izithunzi enikwazi ukuma kahle kuzo. Ningalokhu nigudlukelana ukuze ubalekele abangane bakho ukuthi bangami esithunzini sakho.



Uthisha:
Sayina:
Usuku:



Akuphele ukuhlukumezana esikoleni



Bhala

Buka isithombe ngasinye.

Yini ongayenza uma abanye abantwana bekuhlukumeza? Bhala umusho owodwa eduze kwesithombe usho ukuthi kumele abantu baphathane kanjani.









Masenzeni lokhu

Wena nomngane wakho dlalani ukuba yingane ehlukumeza enye. Emva kwalokho yishoni ukuthi yini engenziwa ukuvimbela ukuhlukumezana kwezingane.

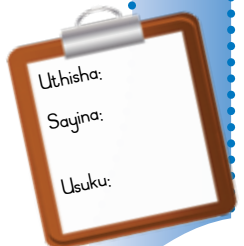


Masiphumela ngaphandle

Manini amaqoqo ahamba ngaba-5.

Yimani umugqa ninikezane ibhola ngamunye ngamunye nilandele umugqa. Bhokani ukuthi yiliphi iqembu elikwazi ukudlulisa ibhola lize liyofika ekugcineni ngesikhathi esifushane kakhulu. Uma niqeda, zamani ukudluliselana ibhola ngezindlela ezahlukahlukene.

- Dlulisa ibhola nilikhiphe phakathi kwemilenze liye kumngani ongemuva kwakho.
- Dlulisa ibhola uleqise ikhanda liye kumngane ongemuva kwakho.
- Dlulisa ibhola liye kwesokunxele somngane ongemuva kwakho.
- Dlulisa ibhola liye kwesokunxele somngane ongemuva kwakho.
- Manje phonselanani ibhola bese nibheka ukuthi ningalingqaka kangaki.





Masikhulume

Wonke umuntu ubalulekile

Buka izithombe usho ukuthi zifana ngani lezi zingane. Yisho futhi ukuthi zihlukene ngani.





Masifunde

Yenzani lokhu eqenjini lenu. Bukani bonke abantwana abakhona eklasini lenu. Bese nifunda la mazwi alandelayo. Uma okushiwoyo emazwini kuliqiniso faka uphawu (✓) ebhokisini elikwesokudla, uma amazwi eliphutha, faka uphawu (✗).

	Beka u ✓ Noma i ✗
Kungabe abafana bayafana namantombazane?	
Kungabe izinwele zabo bonke zinombala ofanayo?	
Kungabe bonke banombala ofanayo wamehlo?	
Kungabe bonke banezandla ezilinganayo?	
Kungabe bonke abantwana bade ngokulinganayo?	



Bhala



Masikhulume

Uyabona yini ukuthi asifani thina bantu?
Uyabona kodwa ukuthi siyafana ngenye indlela? Xoxa ngokuthi sifana kanjani.

Dweba isithombe sakho. Sebenzisa upende womlomo ukwenza imidwebo eseminweni yakho ingafani neyabanye abantwana. Beka umunwe wakho eduze kwesithombe esisesikhaleni.



Uthi bewazi ukuthi akekho umuntu emhlabeni onemidwebo eseminweni efana neyomunye?
Wena nje wehlukile kwabanye abantu futhi ubalulekile kakhulu!



Uthisha:
Sayina:
Usuku:



Indlela esizizwa ngayo



Masikhulume

Xoxani ngokuthi niphatheka kanjani uma kwenzeka into enhle. Bese nikhuluma ngokuthi niphatheka kanjani uma kwenzeka into embi. Lokhu sikubiza ngemizwa yomuntu. Bhala usho ukuthi baphatheke kanjani laba.











Bhala

Bhala izimpendulo zemibuzo elandelayo.

Yini ekwenza ujabule?

Yini ekwenza ukhathazeke?

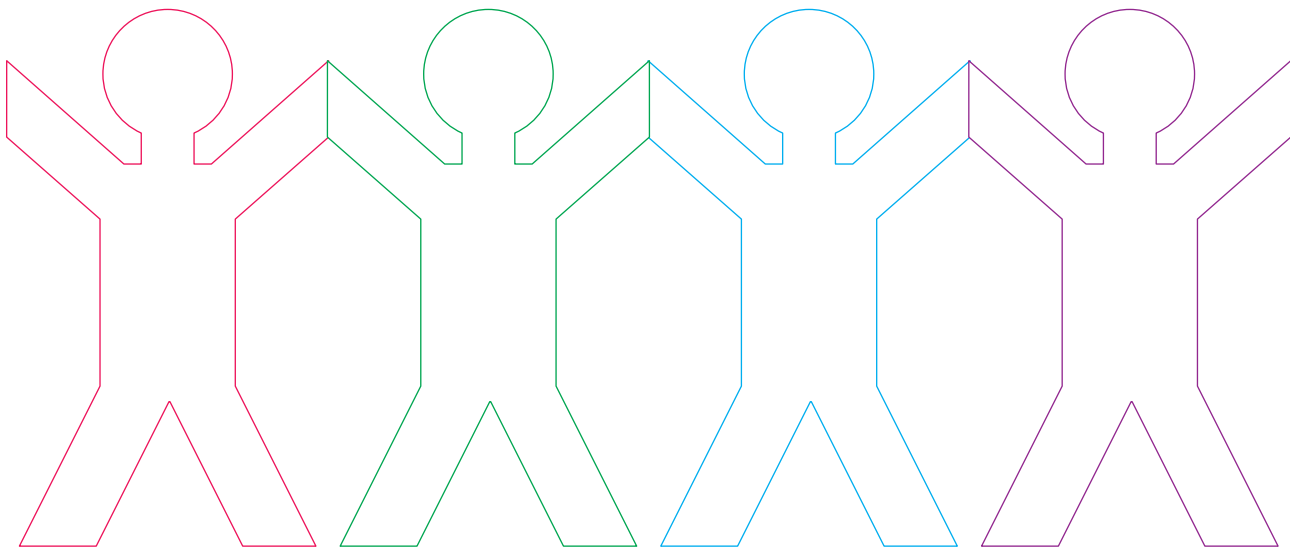
Yini ekwenza wesabe?

Yini ekwenza udinwe?



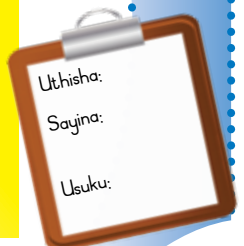
Masenzi lokhu

Dweba bese ufaka umbala iketanga lobungane. Zama ukwenza unodoli ngamunye abukeke ngendlela ehlukele ukukhombisa ukuthi abantu abafani. Uma usukwenzile lokhu ungasika iketanga lobungane ekhasini lokusika eliphakathi nendawo kuleli bhuku. Yenza unodoli ngamunye ehluke, benze bame kwetafula lakho ukuze bakukhumbuze ukuthi sonke singabantu sihlukile komunye nomunye.



Masiphumela ngaphandle

Khulisa umzimba wakho ube mkhulu impela.
Wunciphise ube mncane kakhulu.
Welule ube mude kakhulu.
Wenze ube mfushane kakhulu.



Abantu abakhubazekile



Masikhulume

Buka izithombe.

- Yiziphi izinhlobo zokukhubazeka ozibonayo?
- Zisebenzisani lezi zingane ozibonayo ukuze zisizakale?
- Yiziphi zini zezinkinga ezinazo nsuku zonke lezi zingane empilweni yazo?
- Yisho ukuthi singazisiza ngani.

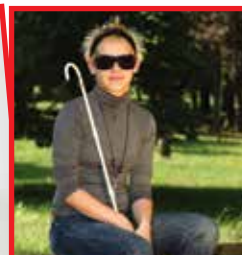
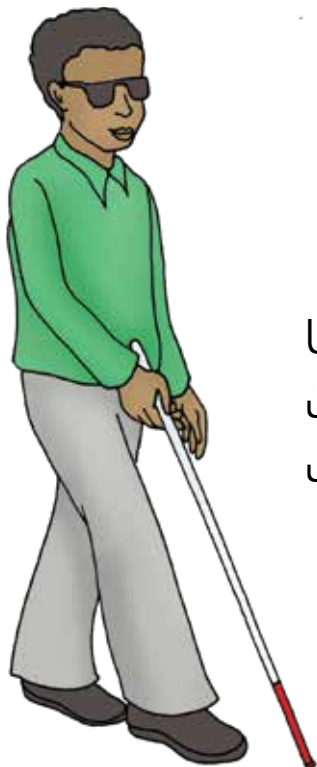


Bhala

Buka izithombe
Qedela le misho.

URosemary akakwazi ukuhamba.

Usebenzisa _____
ukuya le nale.



isihlalo Sabakhubazekile

UTHabo uyimpumputhe
usebenzisa _____
ukuthola lapho eya khona.

inja ehola abantu





izinsizakuzwa



UPele akezwa ezindlebeni

Usebenzisa _____
ukuze akwazi ukuzwa.



ulimi lwabangakhulumi



UJabu uyisimungulu.

Usebenzisa _____ ukuze
akwazi ukuxhumana nabantu.



izinduku zokuhamba
abakhubazekile

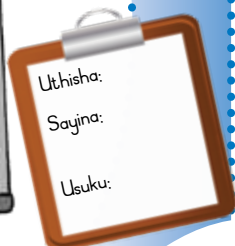
UNomsa usebenzisa

_____ ukuze akwazi
ukuzihambela.



Masenzeni lokhu

Sebenzisa ubumba noma inhlama
yokudlala ukubumba ivasi noma inkomishi.



Bonke abantwana babalulekile



Masikhulume

Bahluke ngani laba bantwana kuwe?
Bafana ngani nawe?



Masifunde

Abantu emhlabeni jikelele banamaholide athile abalulekile.

Sonke siyathanda ukudlala nokucula.

Sonke sidinga ukudla esizokudla.

Kumele sonke siye esikoleni.

Uma sigula sidinga ukuya kudokotela.

Kumele sonke sihlanzeke.

Akumele siqashwe.

Sonke singabantwana.





Bhala

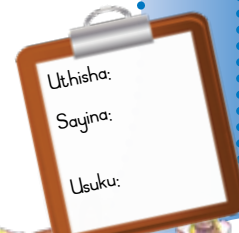
Buza abangane aba-3 le mibuzo. Gcwalisa izimpendulo ezikhaleni ezingezansi.

Bhala amagama abangane bakho.			
Ukhonza kuphi?			
Yiziphi izinsuku ezibalulekile enizibungazayo?			
Udlani?			
Yiziphi izimpahla ezikhethekile ozigqokayo?			
Ngubani enihlanganyela naye uma nibungaza?			



Masenzi lokhu

Buka isithombe.
Yibalazwe lomhlaba wethu. Umhlaba wethu unezwe kanye nolwandle. Faka umbala osasibhakabhaka olwandle. Faka umbala onsundu ezweni. Dweba izinhlanzi ezimbalwa olwandle.



Amaqhawwe ami



Masikhulume

Yisho ukuthi bakhona yini abantwana abakhubazekile esikoleni sakho.

Yini engenziwa yisikole ukubasiza esikoleni?

Bayakwazi ukuba ngompetha ezintweni ezithile abantu abakhubazekile?



Masifunde

Kunamaqhawe akhubazekile esiphila nawo. Lolu hlobo lwabantu luyisibonelo kithina. ENingizimu Afrika Kunamaqhawe ezemidlalo akhubazekile emzimbeni. Bakhona abantu obaziyo abanekhono kwezemidlalo?

UNatalie du Toit wanqamuka umlenze wesokunxele engozini yesithuthuthu. Uhamba ngomlenze wokwakhiwa kodwa uma ebhukuda usebenzisa umlenze owodwa.



Masikhulume

Xoxa ngabantu abakhubazekile abenza izinto ezimangalisayo. Cabanga ngalokhu.

- Abantu abayizimpumputhe abadlala izinsimbi zomculo. Ukhona onjalo omaziyo?
- Abantu abangezwa ababhala umculo kahle. Unaso isibonelo somuntu onjalo?



Bhala

Esikhaleni esilandelayo, nikeza imininingwane yeqhawe lakho noma umuntu ongathanda ukumlandela.

Iqhawe lami noma umuntu engithanda ukumlandela ngu:

Dweba isithombe seqhawe lakho noma umuntu ongathanda ukumlandela. Bhala amagama eduze nesithombe sakho amchazayo. Izibonelo: unobungane, uwusizo, unesibindi, unothando.

Ungaba kanjani yiqhawe? Xoxisana nomngane wakho ngalokhu. Bhala indaba lapho uzovela khona njengeqhawe. Cwatalisa ngezansi:

Ngolunye usuku

--

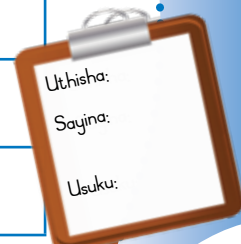
Ngakhetha

--

Nga

--

Ngaba yiqhawe ngaleyo ndlela-ke.



Ukuhlanzwa kwamanzi



Masifunde

Buka ingilazi yamanzi.

Ikhona into oyibonayo ngaphakathi kuyo?

Cha, awuboni lutho. Kodwa uyazi ukuthi kwenye inkathi kuba namagciwane emanzini? Lawa magciwane ayizinto ezincane ezingabonakali ngeso elejwayelekile. Uma ungake uphuze amanzi ngaphandle kokususa amagciwane, ungahle ugule. Sidinga ukuqiniseka ukuthi amanzi esiwaphuzayo ahlanzekile, awanalutho olubi kuwo.



Masikhulume

Xoxa ngokuthi yini engenzeka uma singaphuza amanzi angahlanzekile. Buka izithombe ezingezansi. Xoxa nomngane wakho ngezindlela ezahlukene esingazisebenzisa ukuhlanza amanzi.



Faka amaphilisi ekilorini emanzini.



Bilisa amanzi
isikhathi
esingangemizuzu
emi-5



Faka amakhemikhali.



Hluza amanzi.





Masikhulume

Yimaphi amanzi ocabanga ukuthi kuphephile ukuwaphuza? Faka umbala osasibhakabhaka econsini lamanzi uma ucabanga ukuthi liphephile.

Amanzi omfula



Amanzi adonswa phansi



Amanzi asempompini



Amanzi athengwe esebhodleleni



Amanzi olwandle



Amanzi abiliswe ngeketela



Masenzi lokhu

Sebenzani ngamaqembu bese nakha into yokusefa amanzi ukuze ahlanzeke. Lalelani ngokucophelela uma uthisha wenu echaza ukuthi nidinga ukwenzani nani.

Nazi izinto enizozidinga:

Ibhodlela leplastiki elingamalitha ama-2

Isihlabathi esicolisekile

Isihlabathi esimahhadlahhadla

Amatshana amancane awuhlwayi

Izikelo

uvolo



Bhala

Nikeza lezi zinyathelo izinombolo ukuze kulandelane kahle ukwakhiwa kwesisefo samanzi.

	Thela isihlabathi esicolisekile phezulu kukavolo.
	Phendula ibhodlela ulibhekise phansi.
	Faka isihlabathi esimahhadlahhadla.
	Sika ngokuqaphelisisa isinqe sebhodlela leplastiki.
	Thela amanzi anodaka phakathi.
	Faka amatshana awuhlwayi ebhodleleni.



Uthisha:
Sayina:
Usuku:





Masifunde

Ukuhlala uphilile

Funda ubone lezi zinto eziyimikhuba emihle nemibi. Uma ucabanga ukuthi wumkhuba omuhle, faka uphawu (✓), Uma ucabanga ukuthi wumkhuba omubi, faka uphawu (✗).

Imikhuba	Kuhle	Kubi
Uthisha usiza abantwana ukuthi bakwazi ukufunda.	✓	✗
Ngidla ukudla okunempilo.		
Ngilahla udoti ngefasitela lemoto noma letekisi.		
Ngigeza izinwele njalo.		
Ngidla amaswidi amaningi.		
Ngihlanza izinzipho nezindlebe.		
Ngixubha amazinyo kanye ngenyanga.		
Ngicosha udoti ngiwujikijele emgqonyeni wawo.		
Ngihlanza izandla njalo uma ngibuya endlini encane.		
Uma ngikhwehlela noma ngithimula ngibeka izandla emlonyeni.		
Ngiyazivocavoca njalo.		
Ngihlanza izandla ngaphambi kokuthi ngidle.		
Ngilala phambi kwethelevishini isikhathi eside.		
Ngihlala nabantu ababhemayo.		



Yenza iphosta mayelana nemikhuba emihle nemibi.

Masenzeni lokhu



Bhala

Yihlole iphosta yakho. Funda okushilo bese ubeka ubuso obumamathekayo eduze kwako uma kuyiqiniso, noma ubuso obuphatheke kabi uma lokho kungelona iqiniso.

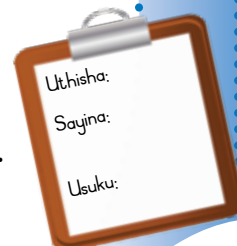


	Yebo 	Cha 
Iphosta yami inemibala futhi ihlanzekile.		
Ngikuthandile ukwenza iphosta		
Ngikuthole kunzima ukwenza iphosta		



Masiphumela ngaphandle

- Ucabanga ukuthi ungagxuma ufike kuphi? Sebenzisa imicwi emithathu yezintambo. Bese uyijomba. Ungalokhu uyigqagqanisa ukuze ubone ukuthi ungakwazi ukujomba ufike kuphi.
- Manje cela abangane bakho ababili ukuba bashwibe intambo ukuze uyijombe.
- Shintshanani ngokujomba intambo.



Uthisha:
Sayina:
Usuku:

Ukudla okusheshayo nokungasheshi ukubola

Masikhulume



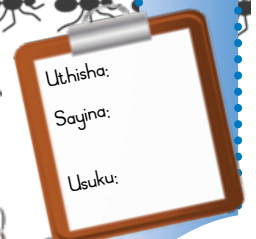
Khuluma ngokudla okudinga ukubekwa esiqandisini ukuze kungonakali. Khetha ukuthi yikuphi okungadingi ukubekwa endaweni ebandayo, okungahlala nasekhabetheni nje. Sika izithombe ekhasini lezinto ezisikwayo uzinamathisele esiqandisini noma ekhabetheni.





Masikhulume

Khuluma ngezindlela esingazisebenzisa ukuvikela ukudla ezinambuzaneni ezifana nezimpukane nezintuthwane.



Uthisha:
Sayina:
Usuku:



Izinsuku zenkolo nezinye ezibalulekile



Masifunde

Abantu emhlabeni wonke jikelele banezinsuku abazigubhayo. Yimaphi amaholide ozowagubha?

NgoKhisimuzi sithola izipho. Nathi sipha abantu izipho. Sipha namalungu omndeni izipho. Siyaye sibe nesihlahla sikaKhisimuzi ekhaya. Izipho sizibeka ngaphansi kwesihlahla sikaKhisimuzi. Siyasihlobisa isihlahla, sibeke inkanyezi phezu kwaso. NgoKhisimuzi sidla ukudla okuningi okumnandi. Ngokhisimuzi sichitha isikhathi esiningi nalabo esibathandayo.



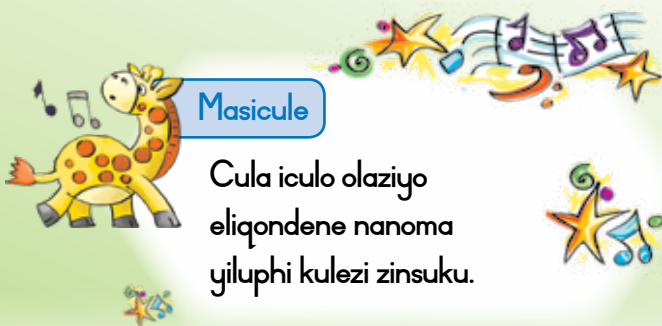
Silinde ngabomvu uDiwali. Yisikhathi lesi lapho sithola khona amaswidi amaningi nezipho. Siyaye siphathe ukudla okumnandi namaswidi sikufake emabhokisini siphe abantu abasivakasheleyo. Sikhanyisa amalambu amancane siwabeke eduze kwezindlu ekhaya.



Silinde ngabomvu iHanukkah.
Siyaye siphathe ukudla okumnandi.
Sidla amakhekhe namadonathi.
Siphiwa neziphho. Abazala bethu
bayaye beze basivakashele.
Siyaye sisizane sonke senze
ukudla bese sikhanyisa amakhandlela
endlini esikuyo.

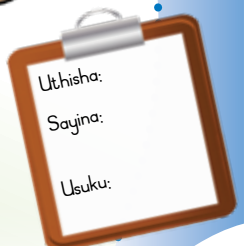


Kuzofika futhi isikhathi se-Eid.
Nalapho ngethemba ukuthi
sizophiwa iziphho. Sizonika abangane
bethu iziphho nathi. Sizoba
namakhekhe amaningi namaswidi,
sidle. Sazi ukuthi u-Eid uma inyanga
iyisimo esithile. Lokhu kwenzeka
ngezikhathi ezingafani onyakeni.



Masicule

Cula iculo olaziyo
eliqondene nanoma
yiluphi kulezi zinsuku.



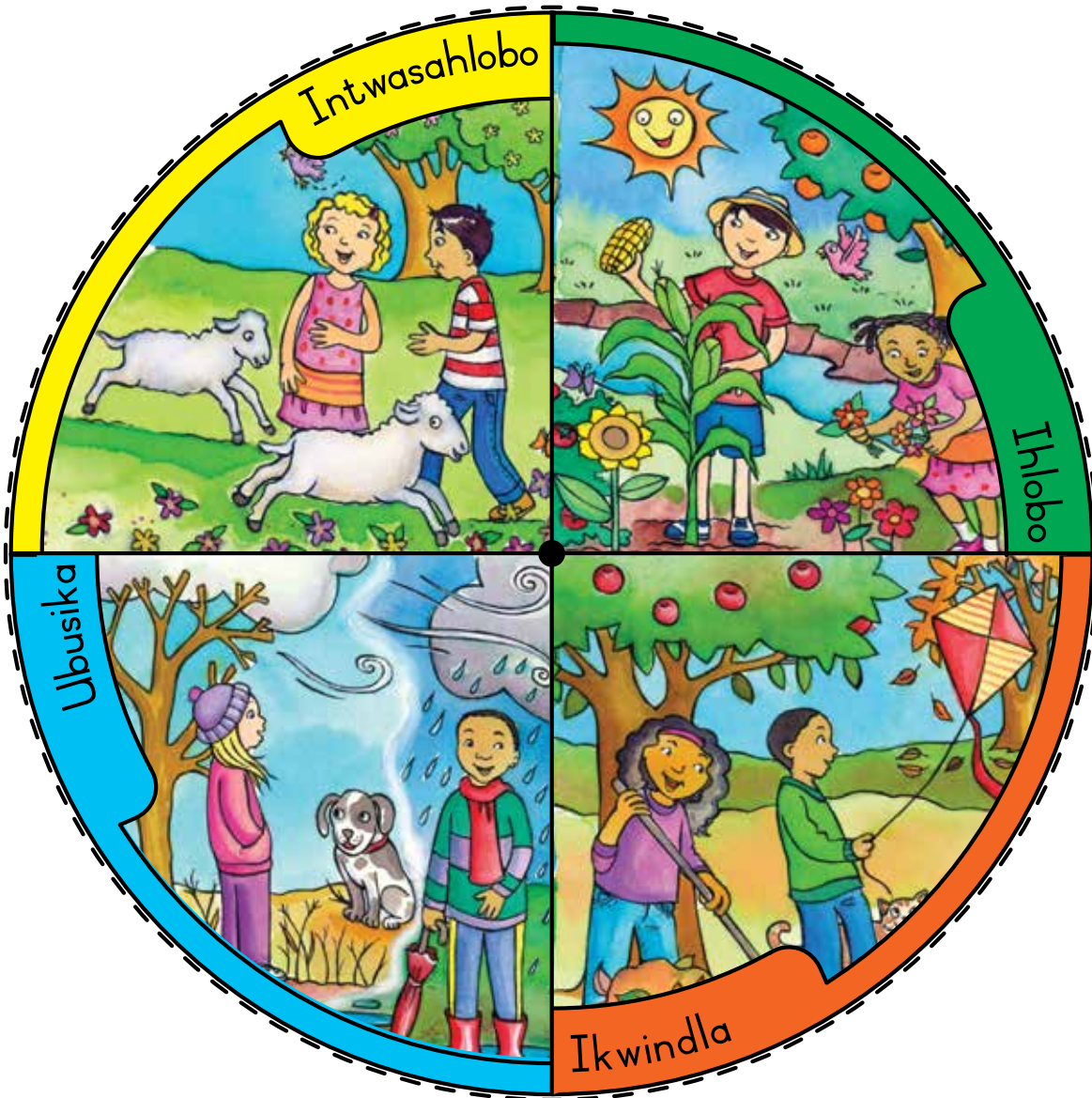
Uthisha:
Sayina:
Usuku:



Masikhulume

Izikhathi zonyaka

Buka izithombe zezikhathi ezine zonyaka. Tshela umngani wakho ukuthi ubonani esithombeni. Yisho ukuthi zehluka kanjani Izikhathi ezine zonyaka.



Yisiphi isikhathi sonyaka osithanda kakhulu? _____

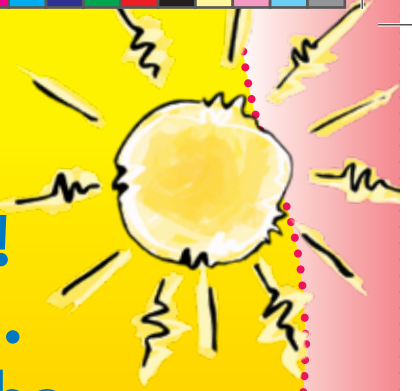
Kungani usithanda lesi sikhathi sonyaka? _____

Lungasiphi isikhathi sonyaka usuku lwakho lokuzalwa? _____



Masicule

Sawubona mnumzane Langa!
Usuku lwakho lusanda kuqala.
Ngithanda ukubona ubuso bakho
obukhazimulayo.
Sawubona mnumzane Langa!



Mvula mvula, hamba!
Abantwana abancane
bafuna ukudlala.
Buya ngelinye ilanga.
Hamba nje usuku olulodwa.



Uthisha:
Sayina:
Usuku:

Izikhathi ezine zonyaka

Masenzi lokhu

Sika izithombe zezikhathi zonyaka ekhasini elingemuva kwencwadi. Bese unamathisela isithombe ngasinye eceleni kwegama lesikhathi sonyaka.



uNhlangulana

uNtulikazi

uNcwaba

ubusika

uMandulo

uMfumfu

uLwezi

intwasahlobo





uZibandlela

uMasingane

uNhlolanja

ihlobo

uNdasa

uMbaso

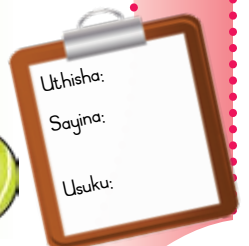
uNhlaba

ukwindla



Masiphumela ngaphandle

Lolonga ikhono lakho lokudlala ibhola.
Shaya ibhola odongeni.
Masha endaweni eyodwa ngenkathi ushaya ibhola phansi.
Manje gijima ugqome ibhola ube uzungeza.



Uthisha:
Sayina:
Usuku:



Izikhathi zonyaka

Masifunde



Ihlobo

Izulu liyabalela futhi lifudumale.

Izinsuku ziba zinde bese ubusuku buba bufushane.

Ikwindla

Isimo sezulu siyaphola.

Amahlamvu ajika umbala abesagolide bese evuthuka ezihlahleni.

Izinyoni zindizela ezindaweni ezifudumele.



Ubusika

Isimo sezulu siyabanda.

Kwezinye izindawo kuba neqhwa noma isithwathwa.

Izinsuku zibamfushane bese ubusuku buba bude.

Ezinye zezilwane ziyacasha ubusika bonke.

Intwasahlobo

Isimo sezulu sifudumele.

Izitshalo ziqala ukukhula nezihlahla ziqala ukuqhakaza.

Izinyoni ziqala ukwakha izidleke nokubeka amaqanda.





Masikhulume

Izinhlobo ezahlukahlukene zokudla zimila ngezikhathi ezahlukene zonyaka.
Bheka lokhu kudla kwasehlobo nokwasebusika. Xoxela umngani wakho
ukuthi uthanda ukudlani uma kushisa noma kubanda.



Utshisa:
Sayina:
Usuku:



Ukugqokela isimo sezulu



Masidwebe

Dweba umfana nentombazane. Umfana makagqoke izimpahla zobusika ezifudumele intombazane igqoke izimpahla zasehlobo ezipholile.



Umfana	Intombazane



Masiphumela ngaphandle

- Beka amashubhu ayizindingiliza phansi noma udwebe izindingiliza enhlabathini.
- Uma uthisha wakho ethi gxuma, gxumela ngaphakathi kwendingiliza ngezinyawo zombili.
- Uma uthisha wakho ethi gxuma, gxumela ngaphandle kwendingiliza ngonyawo olulodwa.
- Dlala u-gxa.
- Sebenzisa ushoki ukudweba izindingiliza nezikwele phansi.





Masicule

Xoxela umngani wakho ukuthi siqgoka izimpahla ezinjani ngesikhathi sonyaka ngasinye. Yiziphi izimpahla okhetha ukuziqgoka?

Dweba umugqa usuke encazelweni yezingubo esiziqgoka kulolo hlobo lwesimo sezulu, uya esithombeni sezingubo esihambisana nencazelo.

Bhala



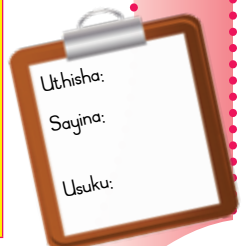
Ukuqgqokela isimo sezulu

Uma ilanga libalele kufanele sigqoke iziqgoko ukuzivikela elangeni.

Uma kushisa kufanele siqgoke izimpahla ezilula.

Uma kubanda emnyango kufanele sigqoke izimpahla zewuli ezifudumele.

Uma lina sidinga amajazi emvula nezambulela.



Uthisha:
Sayina:
Usuku:



Imithelela yezikhathi zonyaka



Masifunde



Intwasahlobo

Entwasahlobo imithi iqala ukuqhakaza.

Sibona izinyoni eziningi, izinyosi, izimbali kanye namaqabunga.

Izinyoni zakha izidleke zichamusele namaqanda.

Abalimi bagunda izimvu



Ihlobo

Ehlobo abalimi bavuna izithelo. Amazinyane ezilwane ayatshakadula/ayqjabula.

Ezindaweni eziningi izulu lina kakhulu futhi liyaduma libe nemibani.

Utshani, amahlathi nezimbali kukhula masinyane kucinane, izihlahla zona zikhula zibe zinde.





Ikwindla

Ezinye zezilwane zisebenza kakhulu ukuqoqa nokulondoloza ukudla zilungiselela ubusika.

Amahlamvu emithi aqala ukuba phuzi sagolide, abe nsundu, abebomvu noma abe sawolintshi.



Ubusika

Ezinye zezilwane ziyalala bonke ubusika ezinye izilwane ziyalala bonke ubusika sithi ziyacasha. Ziyafudumala ngoba uboya bazo buyakhula .



Bhala

Zenzani ezinye zizilwane ebusika? _____

Zizivikela kanjani ezinye zizilwane emakhazeni ebusika? _____

Izinyoni zibuyela nini emazweni afudumele ziyokwakhela? _____



Masenzeni lokhu

Udinga

- obohntshisi abayi-5
- isoso
- uvolo
- amanzi



Okufanele ukwenze

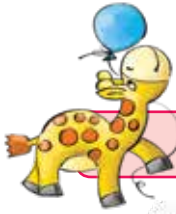
Beka ubhontshisi phezu kukavolo esosweni.

Lokhu kugcine kumanzi bese ubeka isoso ewindini lapho kunokukhanya khona. Hlola ubhontshisi njalo amasonto aze abe mabili. Bheka ukuthi ukhula kanjani.

Bheka lesi sithombe sesithombo sikabhontshisi.

Uma isithombo sakho sibukeka kanje, bhala usuku?

Usuku	Usuku	Usuku	Usuku
			



Masenzeni lokhu

Yenza umdlalo weshashalazi ngezilwane.

Ungakhombisa ibhele noma isinkwe siqoqa futhi silondoloza ukudla ebusika



Masiphumela ngaphandle

Huquzela njengenyoka
ifuna indawo efanele
ukucashela ubusika.



Ndiza njengelulwane uma
lindizela endaweni efudumele.



Uthisha:
Sayina:
Usuku:



Izilwane zasepulazini



Masicule

Buka isithombe bese uxoxa ngezilwane zasepulazini ezahlukenene ozibonayo.

Yisiphi isilwane osithanda kakhulu?

Yini esiyitholayo kulezi zilwane?





Bhala

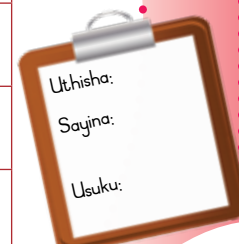
Faka izimpendulo ezifanele kulawa mathebhula.
Sikwenzele isibonelo.

	Eyesilisa	Inqama
	Eyesifazone	Imvu noma imbuzi yensikazi
	Ingane	Imvana
	Umsindo	Be...e
	Indawo ehlala kuyo	Isibaya

	Eyesilisa	
	Eyesifazone	
	Ingane	
	Umsindo	
	Indawo ehlala kuyo	

	Eyesilisa	
	Eyesifazone	
	Ingane	
	Umsindo	
	Indawo ehlala kuyo	

	Eyesilisa	
	Eyesifazone	
	Ingane	
	Umsindo	
	Indawo ehlala kuyo	



Epulazini



Masicule



Umkhulu uMadimadi unepulazi

Hi...! Hi! Hi! Hi!

Epulazini lakhe ubenezinkomo

Mo...o mo...o mo...o mo...o laphaya

Mo...o mo...o mo...o mo...o yonke indawo

Umkhulu uMadimadi
unepulazi

Hi...! Hi! Hi! Hi!





Masicule

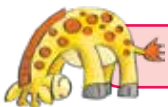
Qhubekani nokucula iculo sebenzisani lezi zilwane esikhundleni sezinkomo.



Epulazini lakhe
ubenezinja.

Epulazini lakhe
ubenamadada.

Epulazini lakhe
ubenamahhashi.



Masiphumela ngaphandle

- Hamba phezu kwensimbi ungabambeleli ndawo.
- Phosa ibhola emoyeni uphinde ulibambe ngaphandle ngokuthiliwe.
- Gxuma njengehhashi.
- Hamba njengedada.
- Hamba njengerobhothi



Uthisha:
Sayina:
Usuku:



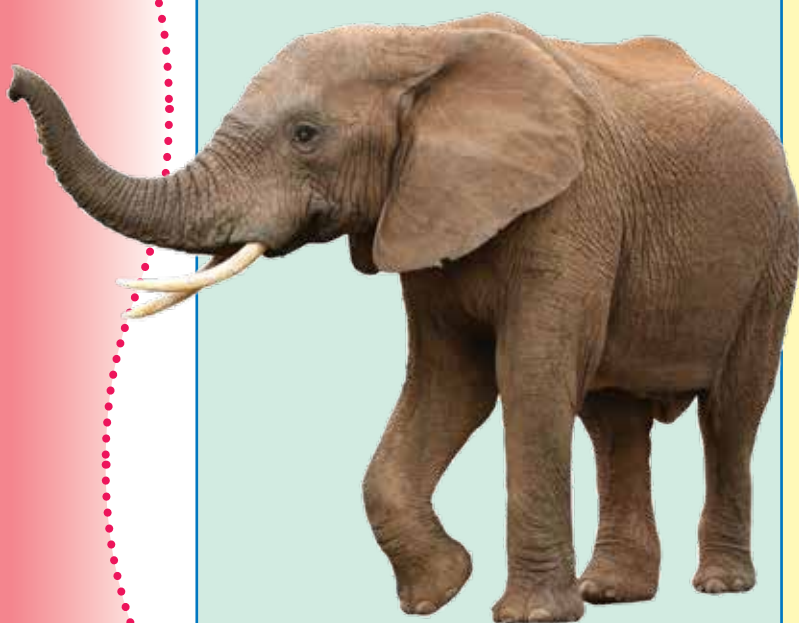


Masifunde

Izilwane zasendle



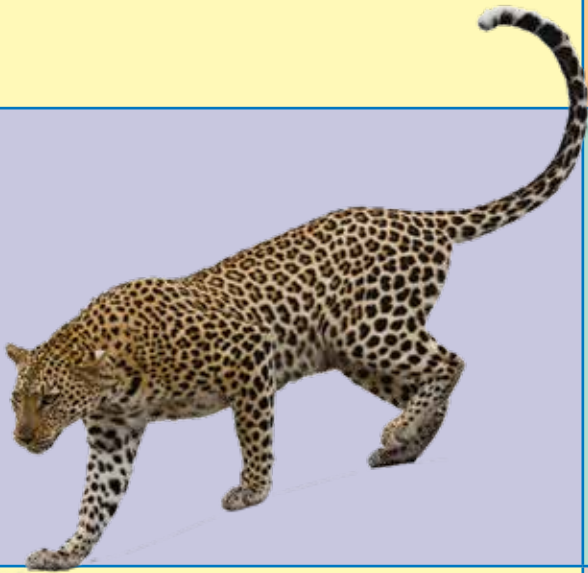
Amabhubesi awumndeni wamakati. Ibhubesi laziwa njengenkosi yezilwane. Amabhubesi azingela futhi abulale izilwane ezifana nezinyamazane kanye namadube. Amabhubesi ezinsikazi yiwona avame ukuzingela. Azingela ebusuku futhi ahamba ngamaqembu. Amabhubesi athanda ukuhlala ezigangeni ezinotshani. Amabhubesi abhonga kakhulu.



Izindlovu yizilwane ezinkulu ezweni. Zisengcupheni imihla ngemihla ngenxa yezigebengu ezifuna izimpondo. Imiboko yezindlovu ikhula impilo yazo yonke. Zikha ngayo izithelo futhi ziphuze ngayo amanzi. Zikwazi ukudla ukudla okuyisisindo esingamakhilogiremu angama-200 ngosuku ziphuze namanzi angamalitha ayi-190.



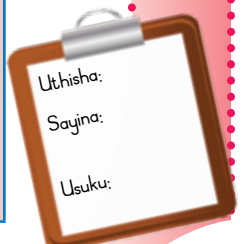
Kunezinhlobo ezimbili zikabhejane – kunobhejane omnyama kanye nomhlophe. Obhejane ababoni kahle, kodwa banemizwa yokunuka ebukhali. Obhejane babanzi futhi bangaba nesisindo samakhilogiremu ayi-2 500. Obhejane bavame ukuzingelwa yizigebengu ezifuna izimpondo zabo. Kufanele sibavikele obhejane ezigebengwini ezifuna izimpondo zabo.



Ingwe ekhulile ingakhula ize ibe ubude obungama mitha ama-2. Isikhumba sayo sinsundu sinamabala amnyama ayizindilinga. Ingwe iyakwazi ukugibela nokuzingela ezihlahleni.



Inyathi ihlala nemihlambi. Uma kuza ingozi, izinyathi namankonyane zibalekela phakathi komhlambi wezinkunzi. Ezinye izinyathi zikhula zize zifike ebudeni obuyi-1,7 m.



Zicasha kanjani izilwane



Masifunde



Ezinye zezilwane zizivikekela ngokushintsha umbala ufane nalokho okuseduze kwazo.

Unwabu luyakwazi ukuzishintsha umbala ufane nezihlahla oluzigibelayo.

Imigqa yedube yenza kube nzima ukulibona ehlathini.

Izikhumba noma izimpaphe zezinye izilwane zenziwe ngendlela eyenza kube nzima ukuzibona.

Lokhu sikubiza ngokuzifihla.

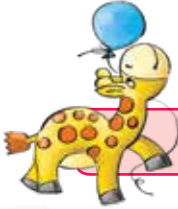
Cabanga ngezinye izilwane ezikwazi ukuzifihla.



Okokuzithokozisa

Uthisha wakho uzokufundisa ukudlala umdlalo wezihlalo zomculo.





Masenzeni lokhu

Dweba isilwane sasendle.

Bese uxoxela umngani wakho ukuthi lesi silwane sizifihla kanjani.





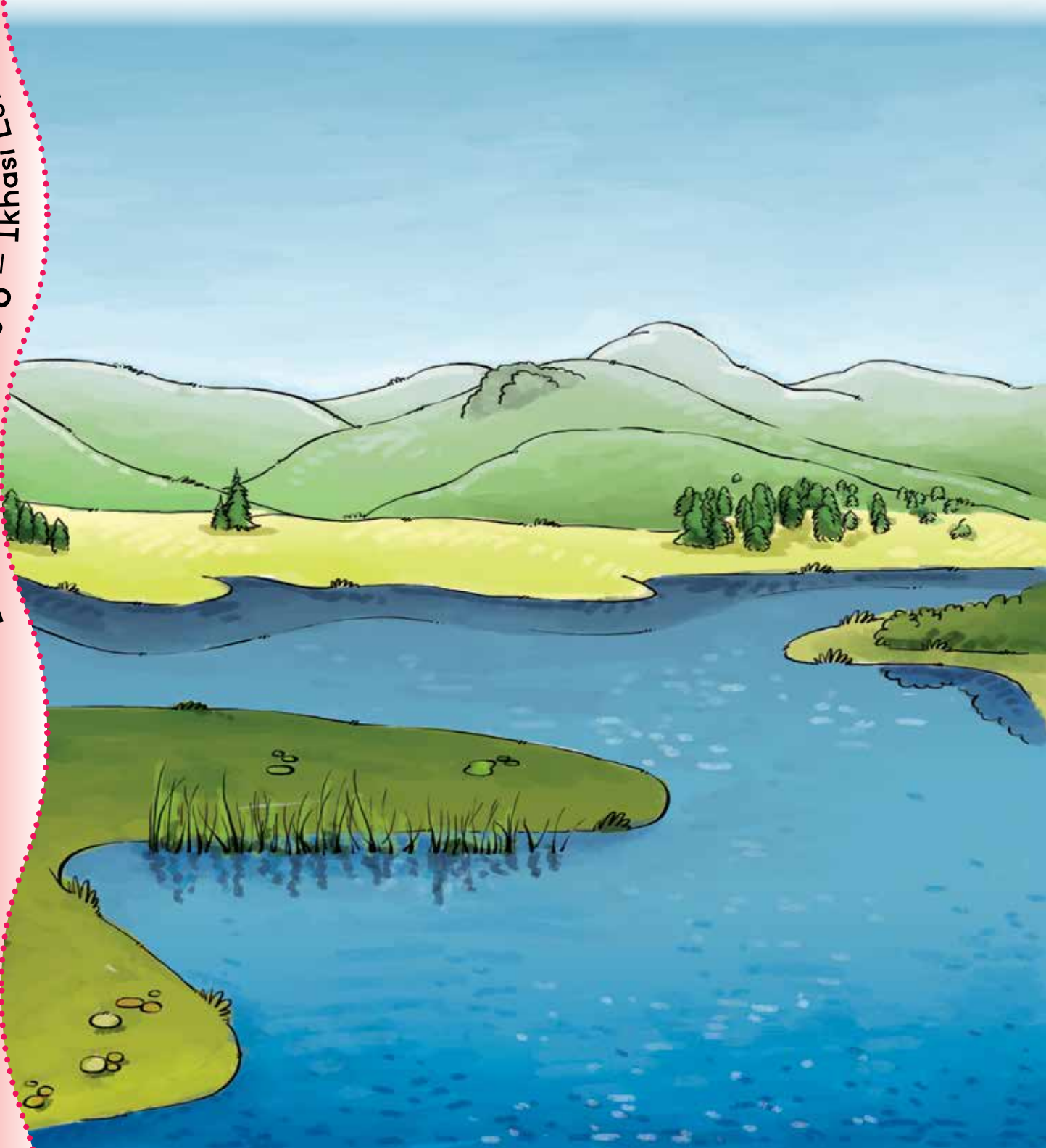
27

Izilwane zasemanzini

Masenzeni lokhu

Qedela isithombe ngokufaka imidwebo noma izithombe zezilwane ezihlala emfuleni.

IThemu 2 – ISonto 6 – Ikhasi Lokusebenzela



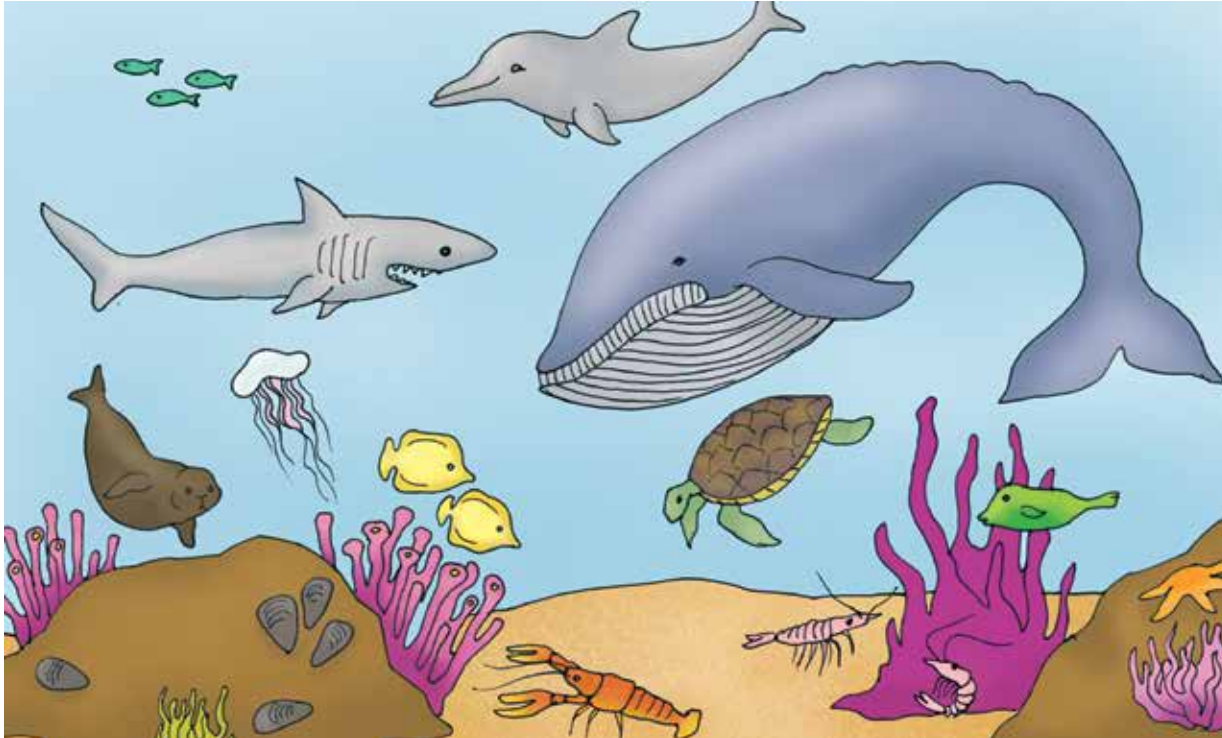


28

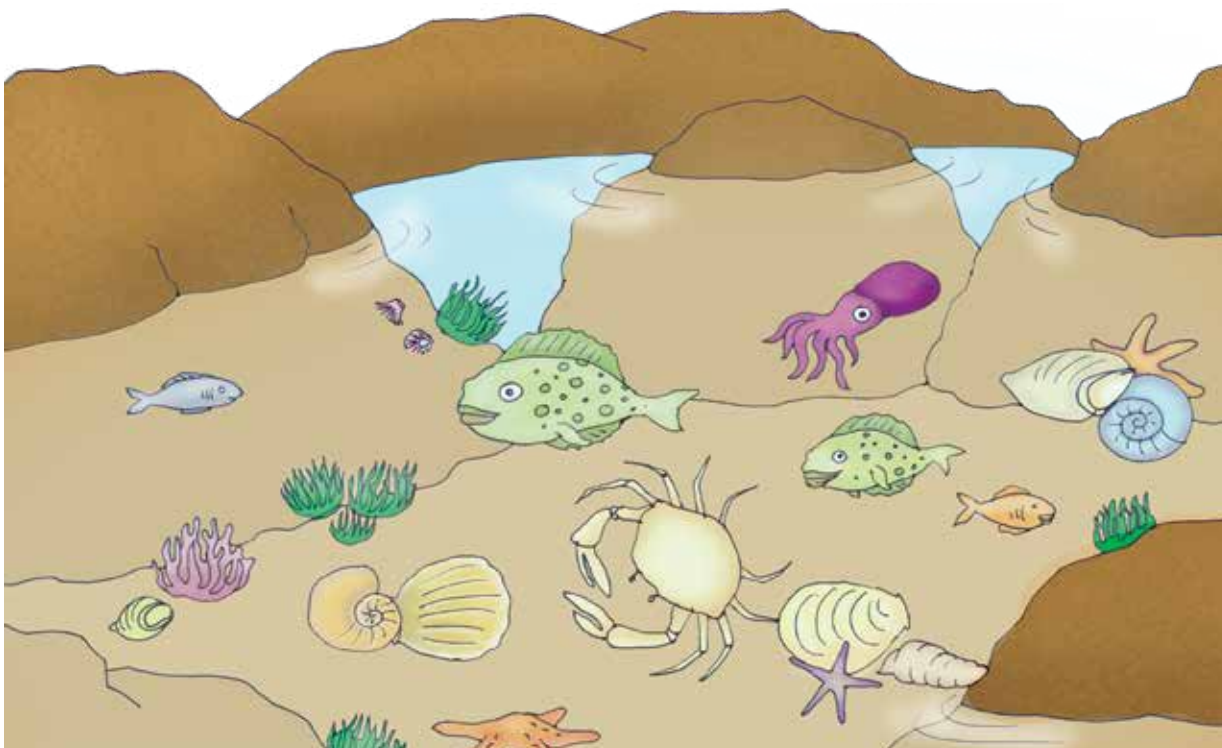


Masicule

Make sibheke zonke izilwane ezahlukahlukene ezihlala emanzini anosawoti.



Kunezinye futhi izilwane ezincane ezihlala, emadwaleni nasemanzini angajulile.

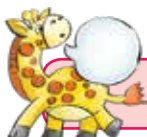


IThemu 2 – ISonto b – Ikhasi Lokusebenzela

Uthisha:
Sayina:
Usuku:



Ulwazi ngezilwane zasemanzini



Masikhulume

Xoxa ngazo zonke izilwane zasolwandle ezisekhasini lama - 55

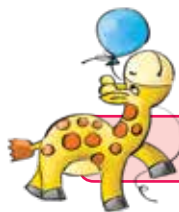
- Yiziphi kulezi zilwane zasolwandle ezingadliwa ngabantu?
- Yiziphi izilwane zasolwandle eziyingozi?
- Ingabe umzimba wenhlanzi wembozwe yini futhi uvikelwe yini?
- Yiziphi izindlela ezahlukahlukeni ezingangcolisa ulwandle?
- Ucabanga ukuthi kungenzekani uma ulwandle lungangcoliswa wudoti noma ushevu?



Bhala

Bhala amagama ezilwane ongazicabanga ezihlala emifuleni, emadamini noma olwandle kulamakhohlamu ethebula.

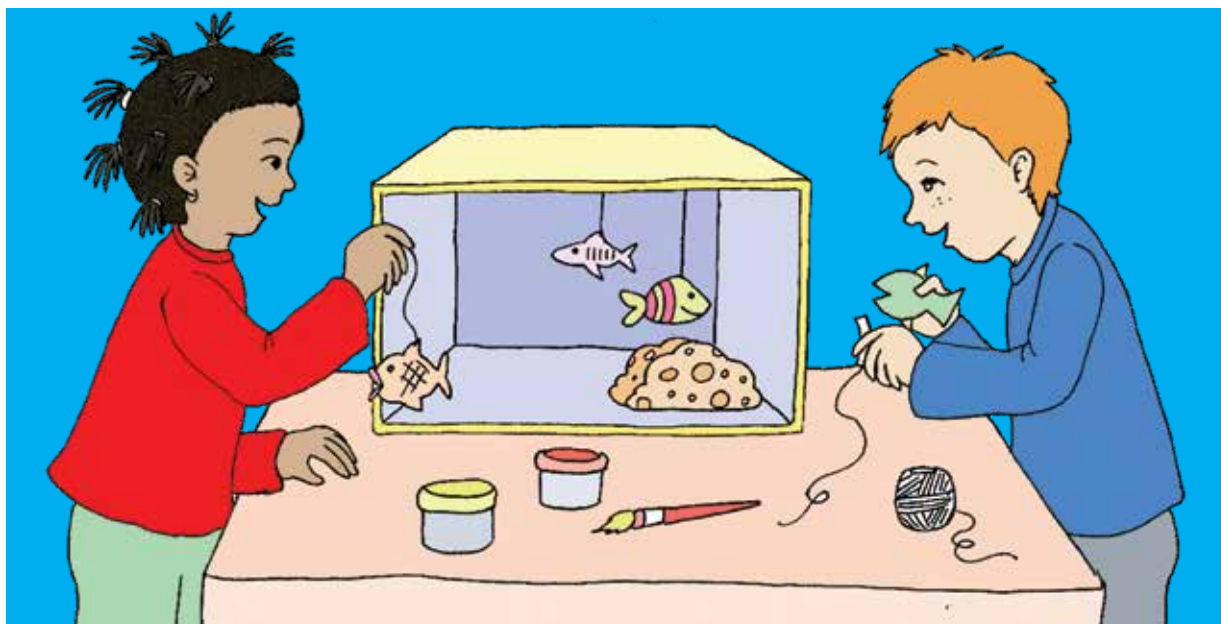
Umfula	Ulwandle	Idamu



Masenzeni lokhu

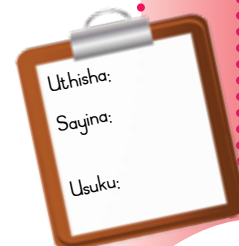
Ake uzenzele elakho ithange lezinhlanzi.

- Penda ingaphakathi lebhokisi lesicathulo ngombala oluhlaza sasibhakabhaka noluhlaza satshani bese uliphendula ngohlangothi lalo.
- Bese usika isithombe senhlanzi ngemuva kuleli bhuku.
- Namathisela ingaphezulu lebhokisi ngethephu enamathelayo kanye nentambo.



Masiphumela ngaphandle

- Ndiza njengenyoni ngesivinini esisheshayo nesihamba kancane.
- Dadlazela njengehlengethwa.
- Ndiza njengenyosi.
- Hamba njengenkankala.
- Bhukuda njengenhlanzi.
- Gxuma njengeselesele.
- Dlala umdlalo wokulandela umholi.
- Dlala umdlalo wekati negundane.

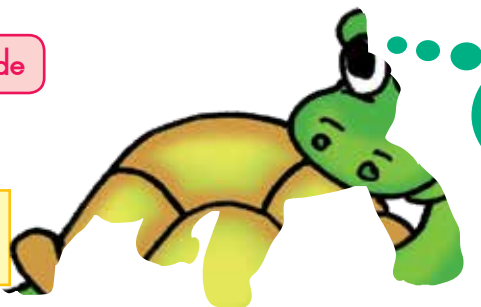


Izilwane ezihamba nezindlu zazo



Masifunde

Ufudu



Uthi bewazi?

Ngilingana kahle nje egobolondweni lami elincane. Alikaze libe lincane kimi

Ufudu yisilwane esihquzelayo esinezinyawo ezine ezimaholoholo kanye nomqala oshwabene kanye nekhandla. Luhamba kancane negobolondo eliyindlu yalo emhlane.

Zihlala kuphi lezi zilwane?



Ufudu lwamanzi:
Ngihlala olwande



Ufudu oluncane lwamanzi:
Ngihlala emaxhaphozini



Ufudu:
Ngihlala ezweni



Bhala

Phendula imibuzo elandelayo ngezimfudu ezihlala ezweni.

Ingabe igobolondo lofudu luqinile noma lithambile? _____

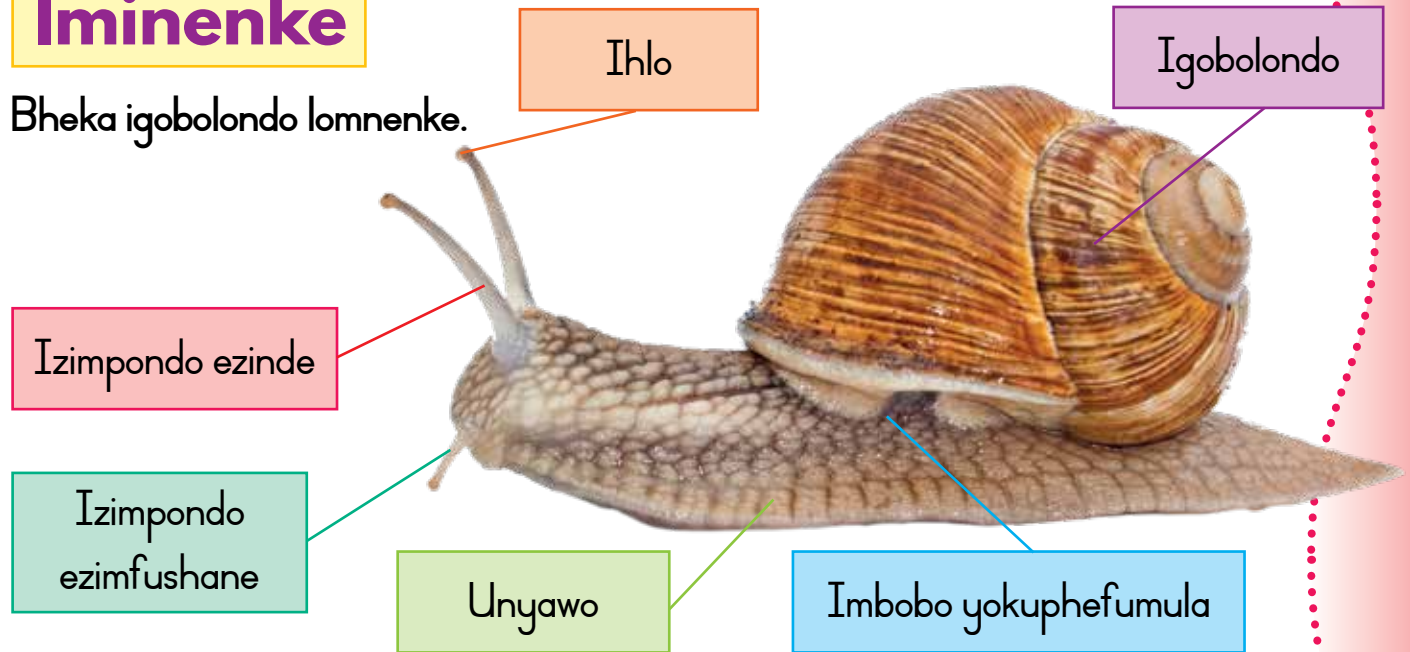
Ingabe igobolondo lofudu liluvikela kuziphi izinto? _____

Lwenzanjani ufudu uma lwethukile? _____

Zidla kudla kuni izimfudu? _____

Iminenke

Bheka igobolondo lomnenke.

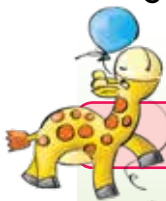


Uhamba kanjani umnenke? _____

Wake walithola igobolondo lomneke lingenalutho? Ucabanga ukuthi kusuke kwenzekeni ngomnenke? _____

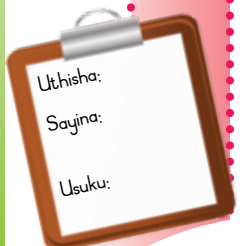
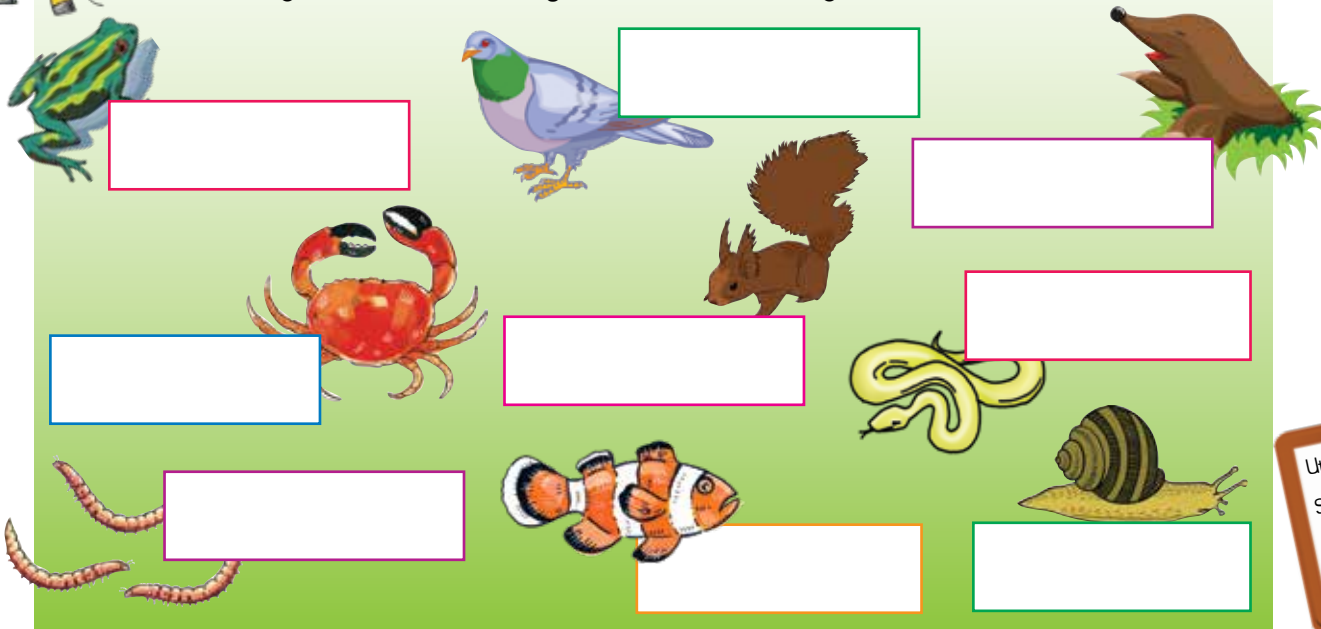
Ambala muni amagobolondo omnenke? _____

Kungani ucabanga ukuthi iminenke inamagobolondo? _____

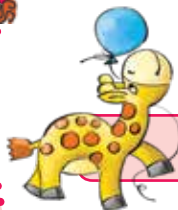


Bhala

Ucabanga ukuthi ngihlala kuphi? Eduze kwesithombe sami, bhala ukuthi ngikwazi ukwenza ikhaya lami esihlahleni, emgodini noma emanzini.



Izilwane ezizakhela indawo yokuhlala



Masenzeni lokhu

Hlanganisa izithombe zezilwane nezithombe zamakhaya azo.



Masifunde

Izinyosi

Izinyosi zihlala ezidlekeni zazo.
Zakha izidleke ngamafutha.
Zibeka ukudla kwazo ezidlekeni.





Izintuthwane

Izintuthwane zakha amakhaya okuhlala ahlukahlukene. Intuthwane encane iyakwazi ukuthwala into esisindo sayo siphindwe kane kuyo. Izintuthwane ziyakwazi ukuxhumana. Ziyaqwashisana uma kunengozi. Ziyatshelana futhi ukuthi ukudla kutholakalaphi.



Bhala

Ucabanga ukuthi kungani izintuthwane zizakhela izindawo zokuhlala?

Ubani isitha sentuthwane?

Zisebenzisani izintuthwane uma zakha indawo yokuhlala?



Masifunde

Izinyoni

Izinyoni zakha izidleke njengezindawo zokuhlala nezokuzalela amaqanda. Ubukhulu besidleke buncika ekuthini ingakanani inyoni. Zisebenzisani izinyoni uma zakha isidleke?

Yisiphi isilwane esiyisitha senyoni?



Uthisha:
Sayina:
Usuku:





Isichazamazwi sami

A
a

B
b

C
c

D
d

E
e

F
f

G
g

H
h

I
i

J
j

K
k

L
l

M
m

N
n

O
o

P
p

Q
q

R
r

S
s

T
t

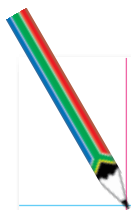
U
u

V
v

W
w

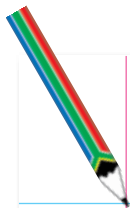
X-Z
x-z





A large rectangular area containing horizontal blue lines for writing, with a vertical red margin line on the left side.





A large rectangular area containing horizontal blue lines for writing, with a vertical red margin line on the left side.

