

Ukubuyekeza,  
ihlaliswe  
ngokwesitatimende  
seKharukhulamu  
nomThethomgomo  
wokuhlola

IGreyidi

3



AmaKghono wepilo  
ngesiNdebele

Incwadi  
Ithemu 1 & 2

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basic education

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UKkz. Angie Motshekga.  
nguNgqongqotjhe  
weFundo-Sisekelo



UNom. Enver Surty.  
liSekela lakaNgqongqotjhe  
weFundo-Sisekelo

*Iincwadi lezi zenzelwe abentwana beSewula Afrika ngaphasi koburholi bakaNgqongqotjhe wezeFundo-Sisekelo, uMma u-Angie Motshekga kanye neSekela lakaNgqongqotjhe wezeFundo-Sisekelo, uNom. Enver Surty.*

*Iincwadi zokuSebenzela zakwaRainbow ziyingcenyeyeendlela ezinengi zomNyango wezeFundo-Sisekelo wokungenelela onqophe ukuthuthukisa ukusebenza ngcono kwabafundi beSewula Afrika kumagreyidi wokuthoma asithandathu. Njengamanye wamaHlelo womBuso aphuma phambili, iphrojekthi le isekelwe ngeemali ezibuya esiKhwameni seeMali seLizweloke. Lokhu kusize umNyango ukukhupha iincwadi zokusebenzela lezi ngawo woke amalimi asemthethweni ngaphandle kweendleko. Siyathemba kobana nizokufunyanisa iincwadi zokusebenzela lezi ziliziso khulu ekufundiseni kwenu kwangamalanga kanye nokuqinisekisa kobana abafundi benu bayayiqeda ikharikhyulamu.*

*Sitjheje khudlwana ukuhlahla abotitjhere komunye nomunye umsebenzi ngokusebenzisa iinthombe ezitjengisako bona ngikuphi umfundi amele akwenze.*

*Siyathemba kobana abentwana bazokuthabela ukusebenzisa iincwadi lezi njengombana bakhula bebefunda nje begodu wena titjhere uzokwabelana nabo ithabo lokufunda.*

*Sinifisela ipumelelo ekusebenziseni iincwadi lezi.*



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# IGreyidi

# 3



AmaKghono wePilo  
ngesiNdebele  
Incwadi-I



Incwadi le ngeyaka:

# Mayelana nami

Soke nasinje sehlukile begodu siqakathekile

Qedelela incwadi yokuzazisa le emayelana nawe. Yenza istempe sakamazisi.

Nasele ukwenzile lokho, tjengisa umngani wakho ikarada.



Asitlole

Yini okufanako begodu yini umehluko hlangana  
nawe kanye nomngani wakho?



## Ukuzazisa

Ibizo: \_\_\_\_\_

Iminyaka: \_\_\_\_\_

Ilanga lamabeletho:

\_\_\_\_\_ umnyaka \_\_\_\_\_ inyanga \_\_\_\_\_ ilanga

Indawo lapho wabelethelwa khona:

Umntazana nanyana umsana:

Ilimi lekhaya:

Umbala weenhluthu:

Ubude: \_\_\_\_\_ cm

Umbala wamehlo:

Ukutlikitla

Gwala isithombe sakho.



Ithemu-1 - Iveke-1 - Iphepha lokusebenzela



Asikhulume

Kwanje cabanga ngepilo yakho bekube nje.

Ungakhumbula bekufike kuphi?

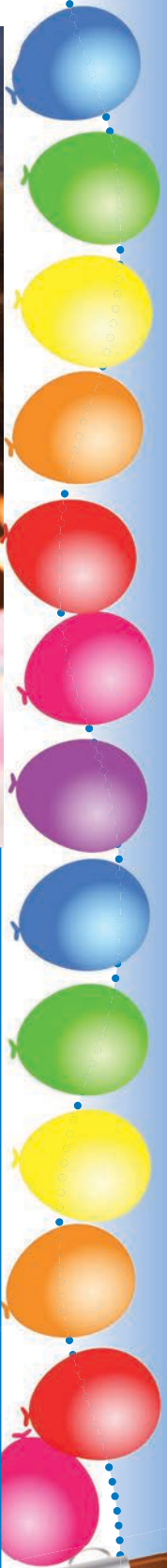
Ungakwazi ukukhumbula isikhathi lapho bewugidinga khona kwesibili ilanga lakho lamabeletho.

Uyakhumbula lokha nawusathoma ukungena isikolo?



Asitlola

Zalisa ngeenkxhathi ezimayelana nawe.



Ngabelethwa ngomnyaka ka-

Ngathoma ukukhuluma ngomnyaka ka-

Ngithome isikolo ngomnyaka ka-

Ngithome ukufunda igreyidi 3 ngomnyaka ka-

inyanga

umnyaka

20 \_\_\_\_\_

20 \_\_\_\_\_

20 \_\_\_\_\_

20 \_\_\_\_\_



# 2

# Isikolo sethu

Ithemu - I - Iveke - I - Iphepha lokusebenzela



Asenzi lokhu

Utijhere wenu uzonisiza kobana nitlole iinkhathi zesikolo senu.

Sele sikuthomele lokho enizokuthoma ngakho.

Utijhere wenu uzonitjela ezinye izehlakalo ekumele ningezelele ngazo.

Isikolo senu sathoma ngamuphi umnyaka?	Principali wenu wafika ngamuphi umnyaka esikolweni lesi?	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____



Asitlole

Uthini umlando wesikolo sakho? Thola iimpendulo zemibuzo bese uzitlola esikhaleni ngaphakathi kwekholomu lokuthoma. Gwala isithombe utjengise umlando.

Isikolo sakho savulwa ngawuphi umnyaka? _____	Gwala isithombe sesikolo sakho.
Kwabe kungubani prinsipali wokuthoma? _____	

Yini isiqubulo sesikolo senu?  
Ingabe isese ngiso lesa?

---

---

Grwala ibheji yesikolo senu.

Bala okhunye okuqakathekileko ngesikolo senu. (Mhlamunye njengomfundi okhethekileko nanyana owafunyana unongorwana okhethekileko )

---

---

---

Grwala isithombe ukutjengisa okhunye okuthileko okuqakathekileko ngesikolo senu.



Asiphumele ngaphandle

Ngaphambi kobana nenze umsebenzana ngaphandle, kokuthoma ziluleni njengokatsu. Lokhu kuzokwenza imizimba yenu kobana iluleke beyinyakaze kuhle. Begodu nasele niqedile ukwenza umsebenzana lowo, zeluleni ukuze niledlthe benipholise imizimba. Lokhu kuzonisiza kobana ningezwa ubuhlungu bemisipha. Kwanje yenzani lokhu abentwana laba abakwenzako.

Utijhere wakho uzokubiza ibizo lakho bese uphosela ibholo phezulu. Wena kumele uyibambe ngaphambi kobana iwele phasi.

Kwanje linga ukubamba ibholo ngesikhwama lokha umngani wakho nakayiphosela kuwe.

Phosela umngani wakho ibholo ingesikhwameni ubone kobana uzoyibamba ngesikhwama na.

Zelule njengokatsu ubuye uledlthe.



Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_

# Koke ngami

Ithemu-1 - Iveke-2 - Iphepha lokusebenzela



Asikhulume

Cabanga ngokuthileko okukarisako okwakuvelela kade bese utjela umngani wakho ukuze akwazi ngcono.









Lokha nanginemyaka emihlanu, ngaya elwandle.

Lokha nanginemyaka e-4 ngawa ebodeni.



Asikhulume

Cocela umngani wakho kobana umuntu lo utjhuguluke njani ukusuka esaneni bewaba silukazi esilupheleko.

 <p>isana</p>	 <p>umntwana</p>	 <p>umntwana wesikolo</p>
 <p>udade</p>	 <p>umuntu omdala</p>	 <p>umuntu olupheleko</p>





## Asivumeni

Sebenzani ngesiqhema. Zitlameleni ingoma bese niyagida.  
Eenqhemeni zenu, tlolani phasi amagama wengoma esikhaleni esilandelako.  
Ngemva kwalapho, tjelani itlasi kobana ingoma ivunywa njani bese niyagida.



A large, empty rectangular box with a purple border, intended for students to write their answers to the questions above.



Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_

# 4

# Okukhulu kanye nokudala

Ithemu-1 - Iveke-2 - Iphepha lokusebenzela



Asikhulume

Khulumani ngomehluko wobudala okhona ebantwaneni kanye nabanye abantu abadala.

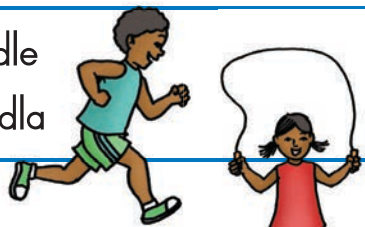




Ekukhambeni kwesikhathi,  
abantu bayakhula. Umbala  
wenhluthu zabo uyatjhuguluka,  
iphimbo labo liyatjhuguluka,  
bathola amandla angezeleleweko  
begodu babanelwazi nelemuko.

Abantu batjhuguluka njani lokha nabakhulako?



Asitlole

Ngiziphi izinto ozenza ngokwehlukileko kubabelethi bakho kilezi ezingenzasi.

	Mina		Ababelethi bami	
Gijima ngaphandle kokuphela amandla 				
Yeqa intambo 				
Funda iphephandaba 				
Tjhayela ikoloyi 				
Khwelani emthini 				



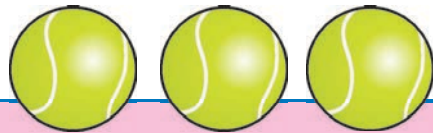
Asivumeni

Asilungeleni ukuvuma.  
Lingisa amatjhada alandelako.

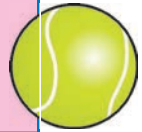


Asiphumele ngaphandle

Ungauyigame ibholo?



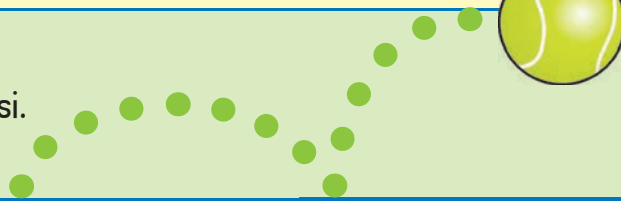
Phosela ibholo yetenisi phezulu bese uyibambe ngezandla zombili.



Phosela ibholo yetenisi phezulu bese uphaphatha izandla ngaphambi kobana uyibambe.



Betha ibholo yetenisi phasi.



Kwanje ibhethi/isigodo sokubetha usebenzisa amaphepha asongiweko nanyana isiqetjhana sesigodo. Isebenzise ukubhambhisa ibholo phasi.

Kwanje zelule njengokatsu.



Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_



Asikhulume

# Imizwa

Qala iinthombe ezilandelako bese uyatjho kobana abentwana bazizwa njani. Ingabe nawe khewazizwa unjalo? Zalisa utjho kobana umntwana ngamunye uzizwa njani. Sebenzisa amagama alandelako azokusiza.

dana

thaba

zisole

yesaba

zikhakhazise

silingeka















Asiphumele ngaphandle

Dlala umdlalo wokuzijayeza umdlalo wetenisi, nemijikijelo yangemuva.





Asikhulume

Yini lokho okukuthabisako?

Yini lokho okukwenza udane?

Yini lokho okukwenza wesabe?



Asitlale

Yini lokho okukwenza uthukuthele?



Tlola idayari yelanga mhlana owabe uthabile. Hlathulula kobana kwenzeka ini.

*Dayari ethandekako*

Handwriting practice lines for the first section.

Tlola idayari yelanga mhlana owabe udanile. Hlathulula kobana kwenzeka ini.

*Dayari ethandekako*

Handwriting practice lines for the second section.



# 6

# Izinto engizithandako

Ithemu-1 - Iveke-3 - Iphepha lokusebenzela



Asitlola

Kwanje sebenzisa umebhenqgondo ukutlola isigatjana ngemisebenzi owayithabelako nokobana kungani wayithabela.

Blank pink notepad with two horizontal lines.



Blank yellow notepad with two horizontal lines.



LOKHO



ENGAKUTHABELAKO

Blank purple notepad with two horizontal lines.

Blank green notepad with two horizontal lines.



Blank teal notepad with two horizontal lines.

Blank light blue notepad with two horizontal lines.



Asigwaleni

Kwanjisi sebenzisa umebhengcondo wakho utlole indinyana ngalokho okuthabelako begodu utjho kobana kubayini uyithabela imisebenzi le.

Engikuthabelako




Asenzeni lokhu

Sebenzisa idaka lakho ubumbe ubuso obuthabileko nobuso obudanileko.



Asikhulume

Zalisa ngemisebenzi ehlukehlukeneko emudeni ongenzasi. Buza abangani aba-5 ngalokho abathanda ukwenza. Penda ibhlogo ngalinye lomsebenzi abawuthandako.



5					
4					
3					
2					
1					
	Ukuvuma	Ukufunda	Ukupenda	Umdlalo	Iimbalo



Ngimuphi umsebenzi othandwa khulu?

Teacher: \_\_\_\_\_  
 Sign: \_\_\_\_\_  
 Date: \_\_\_\_\_

# Imizwa

Qala esinye nesinye isithombe kezilandelako bese ukhuluma kobana ungabasiza njani abantwana ukwenza okufaneleko. Tshwaya ipendulo ekungiyiyo.

Ithemu-1 – Iveke-4 – Iphepha lokusebenzela



Asikhulume

	Angekhe wabona lapha unephoso khona!	
	Awa, ngiyancancabeza! Ithi ngikusize sidobhe lokhu.	
	Ngilibalela! Nasi ibholo yakho.	
	Ngilibalela! Khamba uyokudlalela engcenyeni!	
	Ngeyami begodu angekhe ngikunikele.	
	Yiza, asabelane itjhokoleli.	



Asitlale

Ingabe abangani abazwanako benza ini?



Nangabe kunelitho elimbi engilenzileko, ngiyancancabeza.



Nangabe ngibona umngani wami atlhaga ngokuthileko, ngiyamsiza.



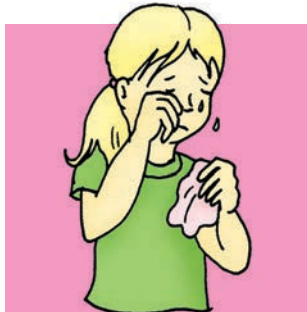
Tlola ezinye izinto 4 abangani abazwanako abazenza ndawonye.






**Asikhulume**

Qala iinthombe ezilandelako. Khulamani ngalokho enikubonako esithombeni ngasinye. Thathani isithombe esisodwa bese niyalinganisa. Nikelani isithombe senu isiphetho esinembako.



Tlola umdlalo wokulingisa. Zalisa amabizo wabalingisi ngaphakathi kwekhohomu yokuthoma.




**Asiphumele ngaphandle**

Linga ukwenza izinto ezilandelako.

- Gijijima ekundleni yezemidlalo. Utitjhere wenu nakathi "tjhugulukani" kumele niphenduke bese nigijima niqale ngakelinye ihlangothi.
- Kwanje betha phasi ibholo bese uya phambili.







Asitlola

Gwala isithombe sabangani bakho nanyana sakatitjhere wakho nanyana samalunga womndenu wakwenu owathandako. Tlola amabizo wakho.



# Abantu engibathandako nabakhethekileko epilweni yami



Kwanje tlola ihlathululo yabantu abalandelako nokobana kungani bakhetheke kangako.

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Teacher: \_\_\_\_\_

Sign: \_\_\_\_\_

Date: \_\_\_\_\_

# 9

# Zepilo nesizo lokuthoma

Asikhulume



Khulumani ngalokho ekwenzeka esithombeni.

Ingabe khewaphuma umongola nanyana ukhe waphophoza?

Ngikuphi ekumele ukwenze nawuthoma ukuphuma umongola?

Uthi uyazi kobana ibhoksi lakho lesikolo lesizo lokuthoma likuphi? Yitjho kobana likuphi. Lise

Hlala uthuliseke. Akusilo ibanga lokuthi ungangahlangana. Khumbula ungathinti iingazi zomunye umuntu.

## Ofanele ukukwenza nawuphophozako/nawuphuma umongola

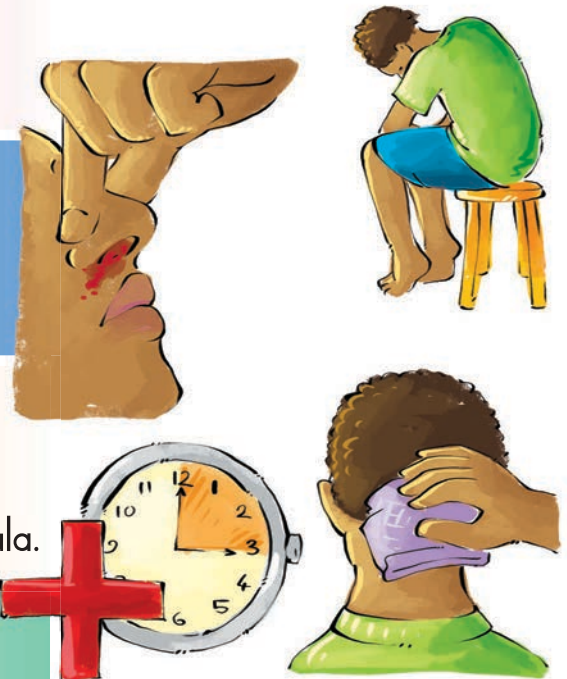
**1** Hlala phasi bese welulela ihloko yakho phambili uqale phasi.

**2** Vala ipumulo ephuma umongola imizuzu emibili bese uphefumula ngomlomo.

**3** Beka okuthileko okumakhaza ngemva kwentamo okufana nethawula emanzi nanyana ama-ayisi aphuthelwe ngethawula.

**4** Ungafinyi ngemva kokuphuma umongola.

**5** Nangabe ummongo uragela phambili ngemva kwemizuzu eli-15, bonana nodorhodere nanyana inese.



Ithemu-1 - Iveke-5 - Iphepha lokusebenzela

# Ukuphathwa kwamanceba



Asifunde

Asikwazi ukuyibona imilwana kodwana ikhona nanyana kukuphi. Nangabe ulimele, kumele ugcine isilonda sakho sihlanzekile ukuze singangeni imilwana.



Asikhulume

Hlathululela abangani bakho kobana isilonda sihlanzwa nanyana siphathwa njani. Tjengisa lokho okufanele ukwenze.

## Ungaqeda njani ukuphuma kweengazi encebani lokusikwa

Ungathomi uthinte iingazi zomunye umuntu.

Nangabe usiza omunye umuntu, kuhle kobana wembathe amadlhavu ngaso soke isikhathi.

Yenza kobana inceba lingasophi iingazi ngokuliphakamisela ngehla kweleveli yehliziyo.

Linga ukuqeda ummongo ngokuthi ugandelele itjhila elihlanzekileko phezu kwenceba.

Nangabe inceba likhulu, vakatjhela udorhodere nanyana uvakatjhele itlinigi.

Thola kobana ngiziphi iinomboro zomtato ezirhabako ongazidosela. Umtato: \_\_\_\_\_



# Ukutjha



Asifundeni

Nangabe uthinta into etjhisako, uzokutjha.

Kumele wenze ini nangabe omunye uyatjha?



Faka isitho esitjhileko somzimba ngemanzini imizuzu engaba li-10. Lokho kwenzelwa ukupholisa isikhumba.



Nangabe itjhila linamathele esikhunjani sakho, ungalisusi ngamandla.



Bethisa inceba lokutjha ngommoya uyelele kobana alirageli phambili.



Nangabe inceba lokutjha liyatjhinga nanyana likhulu ukudlula intende yesandla sakho, bonana nodorhoderana msinya.



Asiphumele ngaphandle

Yeqani ibanga elide. Thatha amaswazi amathathu nanyana iinqetjhana ezintathu zerobho. Ngemva kokweqa hlangana nazo, zisuse uzibekwe keliyane ibanga elibanzi ngokwehlukana ukubona kobana ngubani ongeqa nazibekwe kude.

Meda kobana ungeqa ufike kude kangangani.

Ingabe umngani wakho yena angeqa afike kude kangangani?



Asiphumele ngaphandle

Lingisani ukuba yikirivayi.

Dlhegana nomngani wakho ngokuba yikirivayi.



Dlheganani ukujuguja intambo ukuze umngani wakho akwazi ukweqa entanjeni.



### Asikhulume

Kwenzeka ini eentombeni ezilandelako?  
Abantu bangatjha ngaziphi iindlela?



Tlola imithetho okufanele uyikhumbule lokha nakufanele usize ngalokhu okulandelako:

Ipumulo ephuma iingazi

Ukusikeka

Ukutjha



# Ukugcina umzimba wami uphephile

Ithemu-1 - Iveke-6 - Iphepha lokusebenzela



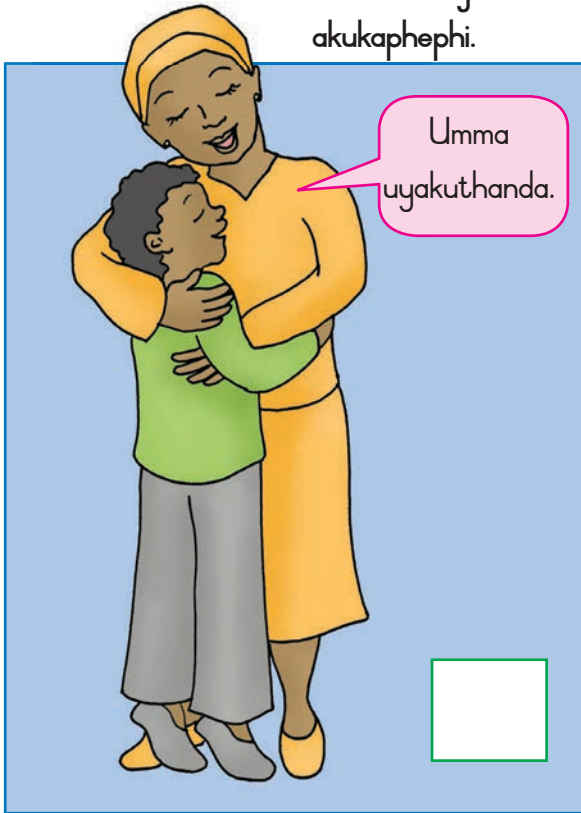
**Asikhulume**

Kumele siyitlhogomele imizimba yethu. Sifunyana umuzwa wokobana "kuhle" lokha nasithanda okuthileko begodu sizizwa kwangathi singaragela phambili. Sifunyana umuzwa wokobana "awa" lokha nasithola okuthileko okungasiphathi kuhle begodu sizizwa kwangathi singalisa ukuragela phambili.



**Asitlale**

Zalisa ngetshwayo lokha ✓ nangabe isithombe sitjengisa ukuphepha nanyana nge X lokha isithombe nasitjengisa okungakaphephi. Tlola umutjho ngaphasi kesinye nesinye isithombe utjho kobana kubayini uti kuphephile nanyana akukaphephi.

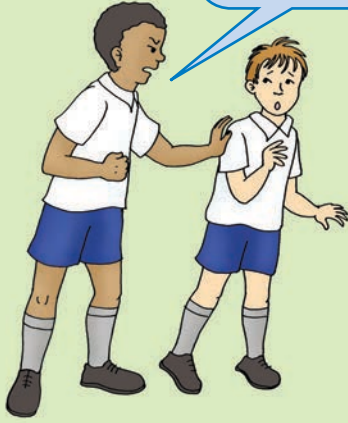








Angikuthandi



Kwanje ubonakala umuhle.



## Ukwala uthi angifuni

Kanengi akusilula ukuthi awa, kodwana kumele utjho kobana awa nangabe into ayikuphathi kuhle.

Nangabe omunye umuntu ukunikela umuzwa othi "awa" bese wena uzizwa ungakaphatheki kuhle, coca nomuntu omdala ngalokho.



Asitole

Khetha abantu babebathathu obathembako bewutjho kobana kubayini ubathemba.



Three horizontal lines for writing.



Tlola kobana ungambikela njani umuntu omthembako ngelemuko onalo ngokuthileko okungakalungi.



Three horizontal lines for writing.





12

# Ukuzitjheja/ Ukuzinakekela

Ithemu-1 - Iveke-6 - Iphepha lokusebenzela



Asikhulume

Qalani iinthombe ezilandelako ngokuyelela okukhulu. Ingabe ungacoca indatjana ngazo? Qedelela amabhamuza wekulume.

Yiza. Ngizokuphekelela esitolo.



Hayi, ngilisa mina!

Kwenzeka ini?



Blank writing area with horizontal lines.



Asikhulume

Hlathulula kobana umntazinyana wazizwa njani, wenzani nokuthi wena nabekunguwe uqalene nobujamo obunje, bewungenzani?



Asitlola

Tlola phasi imithetho emihlanu emayelana nokuphepha.

Abentwana abakafaneli uku-

Handwriting practice area with a spiral binding at the top and several horizontal lines for writing.



Asiphumele ngaphandle

Yenza imaski ukutjengisa ukuphakama kwemizwa.

Qunta kobana kuphakama kwemizwa okunjani ongathanda kobana imaski yakho ikutjengise.

Gwala ukuphakama komuzwa lowo utlhatlhabeje ephepheni.

Sika.

Sika amehlo.

Kghabisa ngephepha elinombala.



Asiphumele ngaphandle

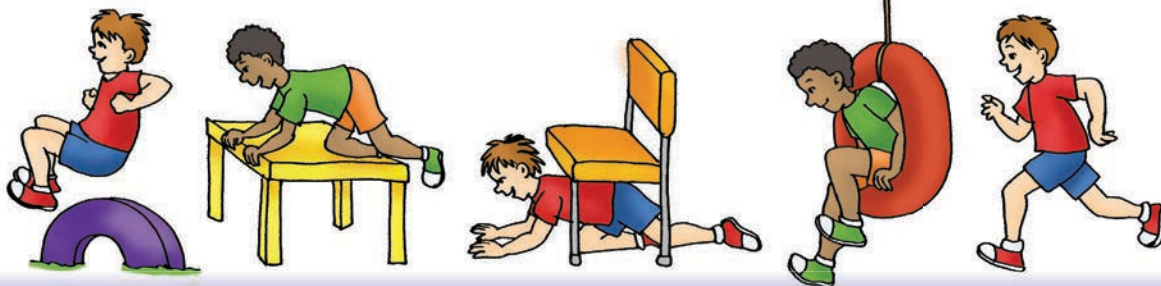
Zilungiselele umgijimo.

Guqa endaweni yokuthoma efaneleko.

Lalela utitjhere wakho nakathi:

"Emudeni! Zilungisele! Gijima!"

Yenza isiqabo.





# Ukugcina umzimba wami uphephile



Asikhulume

Soke sinesibopho sokugcina imizimba yethu inepilo.

Abentwana abalandelako benza ini ukugcina imizimba yabo kobana ihlale inepilo?



## Ngiziphi ezinye izinto ezinganapilo abanye abantu abazenzako?

Ingabe bewazi kobana ukubhema akuyifaneli imizimba yethu?

Ingabe bewazi kobana umuntu nakabhemela eduze kwakho, lokho kuyingozi?

Ingabe ukubhema kuyona njani imizimba yethu?



Asitlole

Tshwaya esinye nesinye isitatimende ngethiki nanyana ngesiphambano ukutjho kobana **siliqiniso** nanyana **simamala**.

Isegerede sizwakala simnandi.
Nangabe ngihlezi eqadi komunye obhemako, lokho kungalimaza oseduze kwakho.
Ukubhema kungatjhugulula amazinyo wakhe abe sarulani.
Ukubhema kungakubangela amalwele womlomo.
Ukubhema kungenza kobana ukhohlele kumbi.
Ukubhema kungakubangela ubulwele bekankere.



# Imithetho emayelana nezepilo.



Kufanele ngihlambe amazinyo wami ngemva kokudla nangaphambili kokuyokulala. Kumele ngikame iinhluthu zami ngaphambi kobana ngiye esikolweni. Ngifanele ngibulunge iinzipho zami zihlale ziquntive begodu zihlwengekile. Ngifanele ngihlambe izandla zami ngemva kokusebenzisa indlu yokuzithumela nangaphambili kokuthi ngingathinta ukudla. Ngimele ngifake amathitjhu ebengifinya ngawo ngemqonyini weenzibi.



Ukuzithabisa

Umele wembathe ini ukuze uphephe? Madanisa iinthombe ngokuthala umuda osuka esithombeni esisereyini elingehla uye esithombeni esisereyini elingenzasi.



Ukuzithabisa



Zibandakanye udlale umdlalo wekhrikhethe.

Utijtjhere wakho uzokudlala umvumo. Lalelisisa bese ngemva kwalapho ubethe ngesandla sakho igido elikhambisana nomvumo phezu kwedeske lakho.





# Amalungelo kanye neembopho



## Asifunde

Ngesinye isikhathi abentwana bafanele ukusiza ababelethi babo ngomsebenzi.

Kodwana abentwana akukameli kobana basebenze khulu njengabantu abadala.

Abentwana kumele babe nesikhathi sokudlala kanye nesikhathi sokuya esikolweni.



Qala iinthombe ezilandelako. Tshwaya imisebenzi elungele ukwenziwa bentwana.



Bese utlola umutjho ngaphasi kwesithombe ngasinye utjho kobana kubayini uthi umsebenzi lo ulungele abentwana nanyana kubayini uthi awukalungeli abentwana.



UNomakhuwa uthengisa imirorho ilanga loke begodu akakwazi ukuya esikolweni.



Ngemva kokuphuma kwesikolo, uSandile uthelelela esivandeni.


 <div data-bbox="614 290 736 399" style="border: 1px solid green; width: 70px; height: 48px; margin-left: 20px;"></div> <p data-bbox="218 573 760 682">UDumi uthwala iintina ngombana usebenza nomakhi.</p>	 <div data-bbox="1274 290 1395 399" style="border: 1px solid green; width: 70px; height: 48px; margin-left: 20px;"></div> <p data-bbox="864 573 1399 682">UJabu noBongi basiza ukuhlanza izembatho ezivaswako.</p>



**Asikhulume**

Ngijiphi imisebenzi oyenza ekhaya?

Ngijiphi imisebenzi oyenza esikolweni ukusiza utitjhere wakho?



**Asiphumele ngaphandle**

Lingisa imisebenzi ehlukahlukene. Isiqhema sakho asiqagele kobana wenza muphi umsebenzi.



Bophelela inyawo lakho komunye bese niyagjijima.



Zijayeze ukukhahlela ibholo bese uyabona kobana ungayikhahlelela kude kangangani.

Teacher: \_\_\_\_\_  
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 Date: \_\_\_\_\_



Ithemu-1 – Iveke-8 – Iphepha lokusebenzela

# Amalungelo kanye neembopho



Asikhulume

Tjela umngani wakho kobana abafundi laba ingabe bephula muphi umthetho?

Esinye nesinye isikolo  
sinemithetho ukuze  
kube khona ukuphatha  
okufaneleko. Enye nenye  
itlasi nayo inemithetho  
ekumele abafundi  
bayilandele.







Asitlola

Tlola imithetho emine  
yangetlasini lenu.















A large spiral-bound notebook with several blank lines for writing.



Asikhulume

Funda amalungelo neembopho ezilandelako bese ucoca nomngani  
wakho kobana isibopho nelungelo ngalinye litjho ukuthini.

# IIMBOPHO ZELUTJHA LESEWULA AFRIKA

<p><b>Ukulingalingana</b></p> <p>Phatha omunye nomunye umuntu ngokulingalingana begodu ngendlela efaneleko. Ungabandlululi.</p> 	<p><b>Isithunzi somuntu</b></p> <p>Hlonipha nanyana ngubani. Yiba nomusa bewuthogomele.</p> 	<p><b>Ipilo</b></p> <p>Enye neny e ipilo iligugu. Phatha ipilo ngehlonipho.</p> 	<p><b>Umndeni</b></p> <p>Yazisa bewuhloniphe ababelethi bakho. Yiba nomusa bewuthembeke emndenini wakwenu.</p> 
<p><b>Ifundo</b></p> <p>Iya esikolweni, funda bewusebenze ngamandla. Namathela emithethweni yesikolo.</p> 	<p><b>Sebenza</b></p> <p>Siza ekhaya lokha nakwenziwa eminye imisebenzi ekhaya. Abentwana akukameli kobana bakatelelwe ukufunyana umsebenzi.</p> 	<p><b>Ikululeko kanye nokuphepha</b></p> <p>Ungalimazi, uthelise nanyana wethusele abanye begodu ungavumeli abanye kobana bakwenze lokho. Rarululani ukungavumelani ngendlela enokuthula.</p> 	<p><b>Ipahla</b></p> <p>Hlonipha ipahla yomunye umuntu. Ungayoni ipahla begodu ungebi.</p> 
<p><b>Ikolo, ikolelo kanye nombono</b></p> <p>Hlonipha ikolelo kanye nombono wabanye abantu.</p> 	<p><b>Ukuphepha</b></p> <p>Tlhogomela iphasi/inarha. Ungawoni amanzi kanye negezi. Tlhogomela iinlwana kanye neentjalo. Gcina ikhaya lakwenu kanye nomphakathi ohlala kiwo uhlanzekile begodu uphephile.</p> 	<p><b>Ubulunga belizwe</b></p> <p>Yiba sisakhamuzi esihle nesihlobileko seSewula Afrika. Lalela imithetho bese uqinisekisa nokobana abanye bayayilandela.</p> 	<p><b>Ikululeko yokuveza umbono</b></p> <p>Ungakhambi urhatjha amala kanye nezondo. Qinisekisa kobana abanye abathukwa nanyana abalimali imizwa.</p> 

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# linkolo kanye namanye amalanga akhethekileko

Ithemu-1 - Iveke-8 - Iphepha lokusebenzela



Asikhulume

Khetha enye yekolo kilezi ezilandelako. Funyana elinye ilwazi elingezelwako ngekolo leyo. Lungiselela kobana ilwazi olifunyeneko uzoletshulela njani abafundi betlasi yakho. Linga ukufunyana iinthombe nanyana iincwadi ukutjengisa ilwazi olifunyeneko.



yesiHindu



yesi-Islam



yesiJuda



yesiKrestu

Sifanele sihloniphe abantu beenkolo ezahlukeneko.

Ukholelwa kiyiphi ikolo? \_\_\_\_\_

Ngiyiphi ikolo yeqiniso? \_\_\_\_\_

# Akhe sihlolisise



Asitlola

Qedelela ikarada elilandelako mayelana nawe.

Ibizo lami \_\_\_\_\_

Isibongo sami \_\_\_\_\_

Ilanga lami lamabeletho \_\_\_\_\_

Igreyidi engilifundako \_\_\_\_\_

Isikolo sami \_\_\_\_\_

Inomboro yakwethu yomtato \_\_\_\_\_

Isiphande \_\_\_\_\_

Inomboro yobujamo oburhabekileko \_\_\_\_\_

Umdlalo engiwuthandako \_\_\_\_\_

Umbala engiwuthandako \_\_\_\_\_

Umngani wami omkhulu. \_\_\_\_\_

Ngikuphi okungithabisako \_\_\_\_\_

Ngikuphi okungenza ngidane \_\_\_\_\_

Ngikuphi okungithukuthelisako \_\_\_\_\_

Ngenza ini kwanje \_\_\_\_\_

Ithemu-1 – Iveke-8 – Iphepha lokusebenzela

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Ithemu-2 – Iveke-1 – Iphepha lokusebenzela

# Imikghwa emihle yokudla



Asikhulume

Qalani imikhakha yokudla okulandelako bese wena nomngani wakho nikhulume ngayo: Kukudla okunjani okusemkhakheni ngamunye? Kungani umkhakha ngamunye ulungele umzimba wakho?

## Amaphrotheyini

Amaphrotheyini akha amaseli amatjha ukuze imizimba yethu ikhule.



## Amavithamini

Amavithamini namaminirali asiza imizimba yethu kobana ikwazi ukulwa nokutshwayeleka ngamalwelwe bese sihlala siphilile.



Asiphumele ngaphandle

Bawa utitjhere wakho kobana ungadlala njani umdlalo "womtato ophukileko". Ngemva kwalapho zijayeze ukuphosa ibholo.

# Amakhabhohayidredi

Ukudla lokhu kusinikela amandla nomfutho.



## Idayari

Ukudla kwemikhiqizo yebisi kuqinisa amathambo wethu, ikakhulu lokha nasisebancani namathambo wethu asakhula.



Asitlolo

Yenza irhelo lokudla okudle ngayizolo. Ngekholomeni yokugcina, yitjho kobana ukudla kumaphrotheyini, amakhabhohayidredi, iinthelo nanyana imirorho.

Ukudla engikudle izolo	Umhlobo wokudla

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Ithemu-2 – Iveke-1 – Iphepha lokusebenzela

# 18 Imikghwa yethu yokudla



**Asikhulume**

Buza abangani abane kobana bathanda ukudla ini. Qala ukudla okwahlukeneko bese ubeka itshwayo (✓) nangabe uyakuthanda ukudla lokho begodu ubeke isiphambano (✗) nangabe awukuthandi ukudla lokho.

Qedelela ngokuzalisa amabizo wabangani bakho






**Asitlole**

Qala amatheyibula owazalisileko bese uphendula imibuzo elandelako.

Ngikuphi ukudla abangani bakho abakuthande kancani?

Ucabanga kobana abangani bakho balandela imikghwa emihle yokudla?

Kungani ucabanga njalo?



**Ukuzithabisa**

Bawa utitjhere wakho akutjengise kobana ungalala njani umdlalo womtato ophukileko.





Asitlola

Tlola irhelo lomhlobo wokudla ekufanele  
siwudle qobe lilanga.


Ngikuphi ekufanele sikukhandele?

Itswayi elinengi ngombana  
lingasibangela ukugula  
kweengazi nasele sikhulileko.  
Itjhukela enengi ngombana  
ingasibangela ukugula  
kwetjhukela nasele sikhulileko.  
Itjhukela enengi ibanga  
ukukhuluphala. Iinselo  
ezimakhaza ezinetjhukela  
namakhekhe kunye  
namatjhipsi.



Asitlola

Tlola iresephi yokudla okuthandako.



Iresephi \_\_\_\_\_

Ngitlhoga iintlabagelo ziphi?


Ngiziphi iindlela ekufanele ngizilandele?

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# Imikghwa emihle yokudla



Asitlolo

UThabo kanye noNomusa baya eKhefini lakwaSunshine. Kumele bathenge ukudla abazokupheka ngesidlo santambama. Basize ukuze bapheke ukudla okunepilo nokufaneleko.



Asiphumele ngaphandle

Dlheganani ukujuguya intambo ukuze umngani akwazi ukweqa entanjeni.







Asitole

Tlola izinto abafanele bazithenge kanye nenani lazo erhelweni lezinto eziyokuthengwa elingenzasi. UThabo noNomusa basebenzise imali engangani ezintweni abazithengileko?

### IRHELO LEZINTO EZIYOKUTHENGWA INANI




Asitole

Ingabe ulandela imikhuba yokudla efaneleko kangangani? Penda/Faka umbala ubuso obuthabileko emukghweni ngamunye ofaneleko.

### Imikghwa yami yokudla

	Iye	Awa
Ngivame ukudla ngibukele i-umabonwakude.		
Ngithanda iinthelo kanye nemirrorho.		
Ngithanda ukudla okunamafutha okufana namatjhipsi.		
Angiwathandi amanzi, ngithanda iinselo ezimakhaza.		
Angiyidli imirrorho.		
Ngiyakuhlafunyisisa ukudla kwami.		
Ngidla ukudla kwekuseni ngaphambi kokuya esikolweni.		

Bala kobana ukhalare ubuso obuthabileko obungaki. \_\_\_\_\_

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# Ukudla ngefanelo

Ithemu-2 – Iveke-2 – Iphepha lokusebenzela



Asenzeni lokhu

Gwala nanyana unamathisele iinthombe zokudla evilini ukutjengisa ukudla okunepilo.



Asifunde

## Imithetho yokudla okufaneleko

Vama ukuhlamba izandla zakho ngaphambi  
kokuthinta ukudla.

Ungatjhiyi ukudla kungakasibekelwa.  
Ungadli ukudla okudala nanyana okubolileko.  
Sebenzisa amakari wemirrorho ukwenza  
ivundiso.

Tjala yakho imirrorho.



Asenzeni lokhu

Gwala isithombe ukutjengisa owodwa wemithetho elandelako.

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# Iinunwana

Ithemu-2 - Iveke-3 - Iphepha lokusebenzela

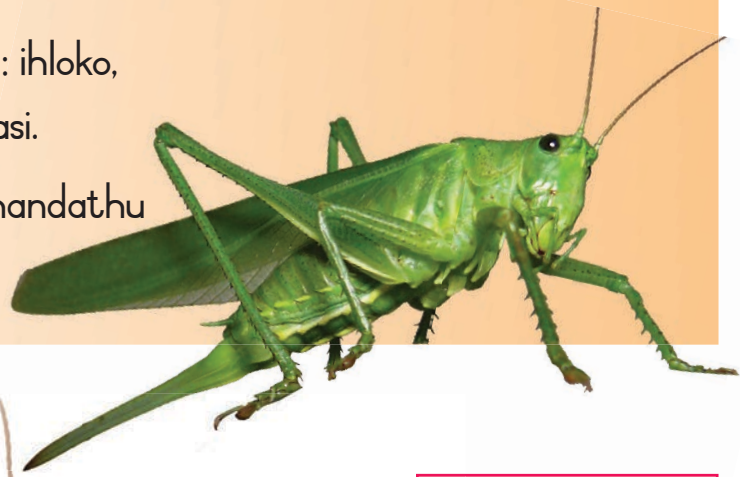


**Asikhulume**

Khulumani ngeengcenywe ezahlukeneko zomzimba weenunwana.

Iinunwana zineengcenywe ezintathu: ihloko, umzimba wangaphezulu nowangaphasi.

Begodu iinunwana zinemilenze esithandathu kanye neempondo ezimbili.



**Asenzeni lokhu**

Leyibula iinunwana. Gwala umuda osuka eleyibuleni ngayinye ukuya engcenyeni ekungiyi yenunwana.

Ihloko

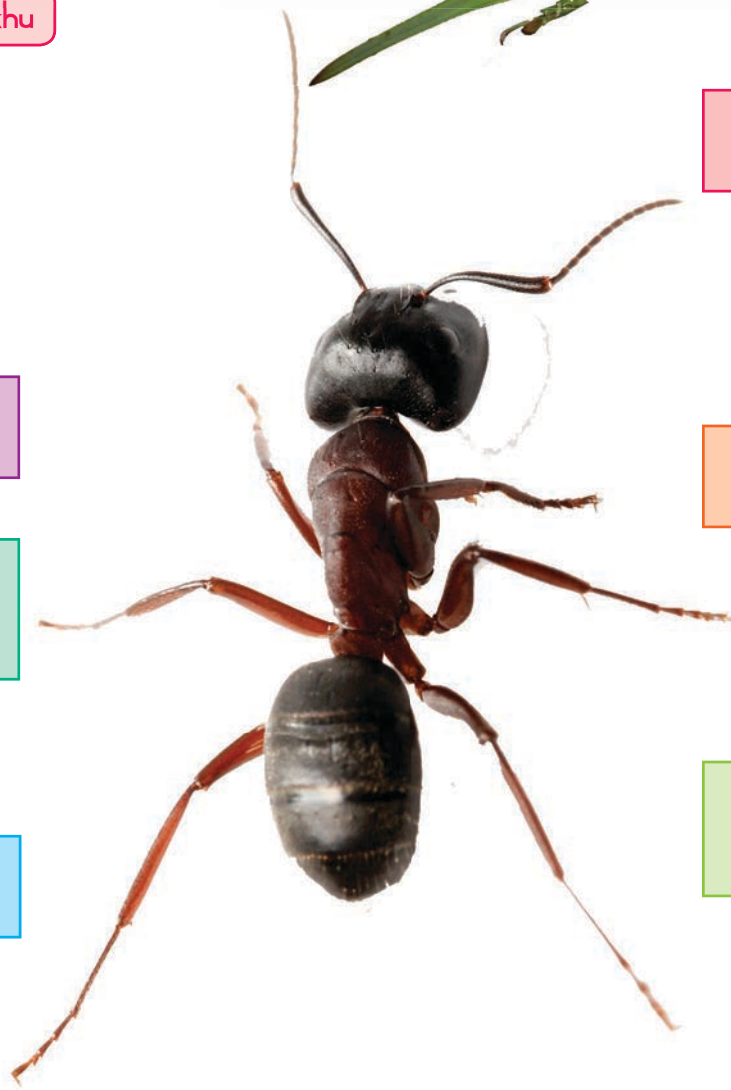
Uzimba wangaphezulu

Inyawo

Iphondo

Ilihlo

Uzimba wangaphasi



**Asiphumele ngaphandle**

Lila njengenoyosi, phapha njengeviyaviyani bese weqa njengentethe. Kwanje sele ulungele umdlalo webholo erarhwako!



Asitlole

Grwala umuda ukumadanisa elinye nelinye igama nenunwana. Yitjho kobana ngiziphi iinunwana eziyingozi begodu ngiziphi iinunwana ezilisizo kithi.



Inyosi



Unompopoloza



Ipukani



Ubutjhontjhwani

Intethe



Iviyaviyani



Unomabhonjwana



Iviyaviyani  
eliphapha  
ebusuku



Asitlole

Kwanje zalisa iinkhala ngamagama atlhayelako.

\_\_\_\_\_ yenza iliju.

\_\_\_\_\_ yenza ipholeni yamathuthumbo.

\_\_\_\_\_ bandisa imalariya.

\_\_\_\_\_ yandisa amalwele.

\_\_\_\_\_ idla iintjalo zabalimi.



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# Okhunye okunengi ngeenunwana

Ithemu-2 – Iveke-3 – Iphepha lokusebenzela



Asikhulume

Qalani iinthombe ezilandelako bese ukhuluma nomngani wakho utjho kobana iinyosi zilisizo njani ebantwini.



Iinyosi zirhatjha ipholeni. Lokhu kunomphumela omuhle eentelweni ukuze zikhule.



Iinyosi zikhiqiza iliju.



Asitlola

Tlola elinye nelinye ibizo lenunwana esikhaleni esitjhiyiweko ukuze umutjho unembe.



\_\_\_\_\_ imunya amanzana aneswigirana ethuthumbeni.



\_\_\_\_\_ inemilenze eqinileko yangemva enza kobana yeqe ngepumelelo.



\_\_\_\_\_ zisebenzisa iimpondo zazo ukukhulumisana nezinye iinunwana.



\_\_\_\_\_ irhatjha ipholeni ukusuka kesinye isitjalo kujiwe kesinye.



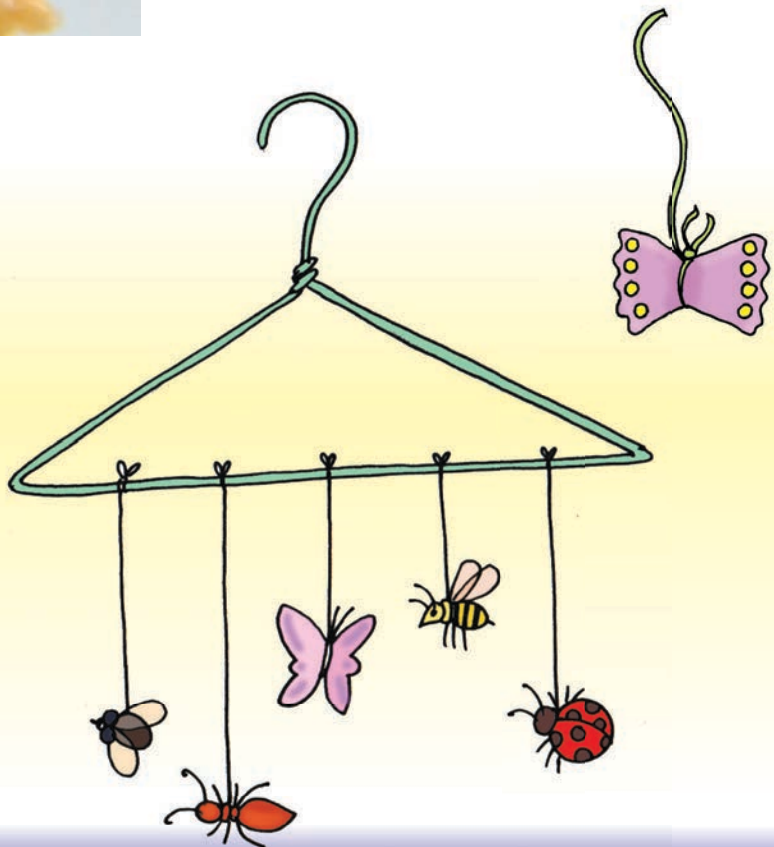
\_\_\_\_\_ irhatjha imilwana.



### Asenzeni lokhu

Yenza kobana inunwana yakho ikwazi ukukhamba.

- Sika iinunwana ekhasini labosika ekugcineni kwencwadi yakho.
- Zibeke ehangereni yejasi.





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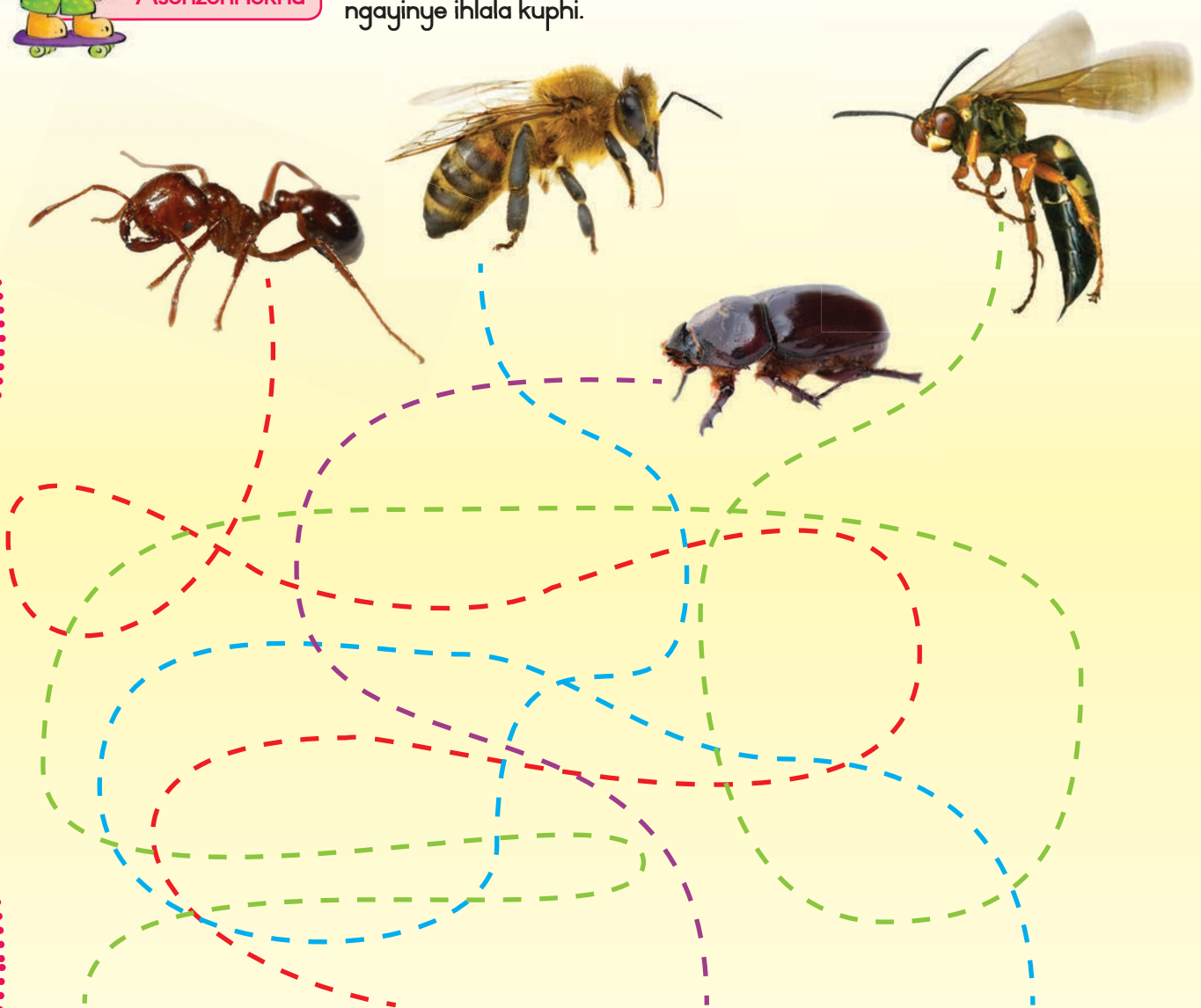
# Amakhaya weenunwana

Ithemu-2 - Iveke-4 - Iphepha lokusebenzela



Asenzeni lokhu

Gadangisa phezu kompletlana ubone kobana inunwana ngayinye ihlala kuphi.







Aenzeni lokhu

Khambakhambani ngejaradeni lesikolo ukubona kobana nizokufunyana iinunwana ezingaki.



Asitlola

Ubone iinunwana ziphi ngaphandle? Khetha inunwana eyodwa bese utlola ibizo layo ngenzasi lapha.



Inunwana le idla ukudla okunjani?



Ingabe inunwana yakho iyakhambisa nanyana ikhamba kabuthaka?

Ingabe inunwana yakho ilisizo? Kubayini utjho njalo?

Ngiziphi iindlela ngathi inunwana yakho iyingozi? Ungenzani nangabe ikulimaza?



Ukuzithabisa

Kwanje dezayina inunwana engeyakho bese uyinikela ibizo.



Clipboard with fields for Teacher, Sign, and Date.

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# Tjengisa ngobukghwari bakho

## Gwala lakho iviyaviyani

Asenzeni lokhu



Uzokutlhoga okulandelako:

Iphepha eliyi-A4.

Amakhrayoni wamafutha

Isikere

Idlhu

Iphayiphi lokuhlwegisa

Irolo engenalitho yephepha elisetjenziswa ethoyilede



Gwala iviyaviyani elitjengisa umzimba walo omude, omatsikani begodu neempiko zalo ezimbili. Kghabisa iimpiko zeviyaviyani ngamaphetheni anemibala eyahlukeneko.

Qinisekisa kobana iimpiko zombili ziyafana. Sika iviyaviyani. Namathisela umzimba weviyaviyani phezu kwerolo yephepha elingenalitho elisetjenziswa ngethoyilede. Kwanje yenza iimpondo usebenzisa iphayiphi lokuhlwegisa elibhincwe kabili. Linamathisele ehloko yeviyaviyani.



Ithemu-2 - Iveke-4 - Iphepha lokusebenzela



Asiphumele ngaphandle Langa imidlalo elandelako.



### Isitetjhi 1:

#### Umdlalo webhasketbhola:

Betha phasi ibhola lokha nawugijima ngephetheni mazombezombe.



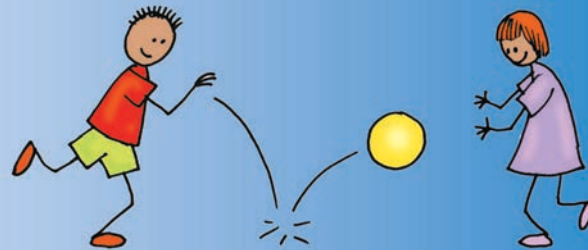
### Isitetjhi 2:

Ihokhi: Sebenzisa isigojwana sokudlala ihokhi ukusunduzela ibhola emapaleni.



### Isitetjhi 3:

Inetbhola: Betha phasi ibhola iye kumngani wakho lokha wena nawugijimako.



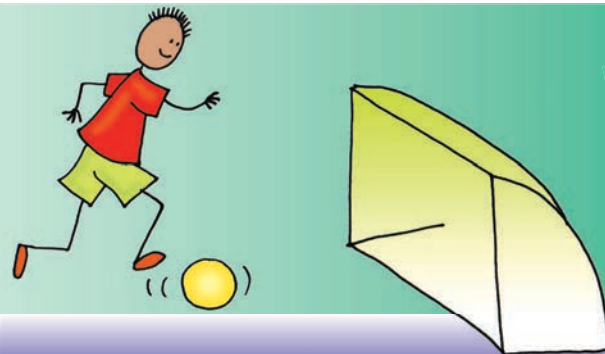
### Isitetjhi 4:

Iragbhi: Gijima nebhola bese uyidlulisela phambili.



### Isitetjhi 5:

Ibhola erarhwako: Dribula ibhola iye emapaleni.



# Imizombe yepilo

Umzombe wepilo utjengisa iingaba ezahlukeneko zokukhula. Iingaba zilamana ngendlela ethileko. Qala umzombe wepilo yesirhwarhwa neweviyaviyani bese nicoca ngeengaba lezi ezihlukeneko.

## Umzombe wepilo yesirhwarhwa



Asikhulume

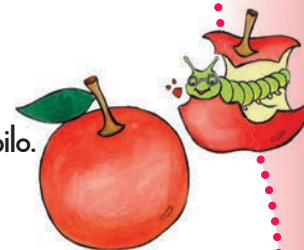
Qala iinthombe bese utjela umngani wakho kobana isirhwarhwa sitjhuguluke njani emzombeni waso wepilo.

- 1 Iinrhwarhwa ezimbili ziyahlangana ukunothisa amaqanda.
- 2 Isirhwarhwa esisikazi sibekela amaqanda.
- 3 Ikolobejani encani enezitho zokuphefumula ezingaphandle nomsila osasigwedlo.
- 4 Ikolobejani ikhula imilenzana.
- 5 Umsila uyanyamalala.
- 6 Isirhwarhwa esikhulileko siba namaphaphu namajili amanengi.



Asenzeni lokhu

Kwanje qalisisa umzombe weviyaviyani  
Qedelela kobana kwenzeka ini emgwalweni womzombe wepilo.  
Sesikusizile ngeengaba ezimbili.



# Umzombe wepilo weviyaviyani



1 Iviyaviyani libekela amaqanda.

2 \_\_\_\_\_

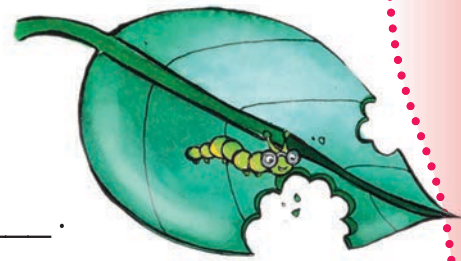
3 \_\_\_\_\_

4 \_\_\_\_\_



5 Isibungu nephupha

6 \_\_\_\_\_



Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_

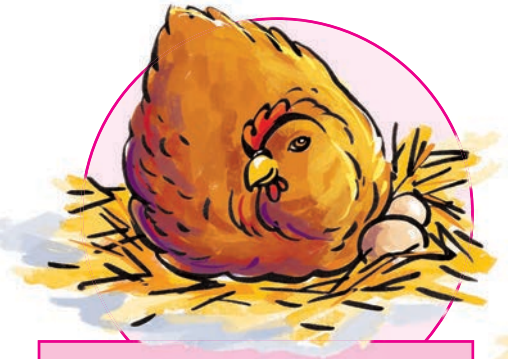
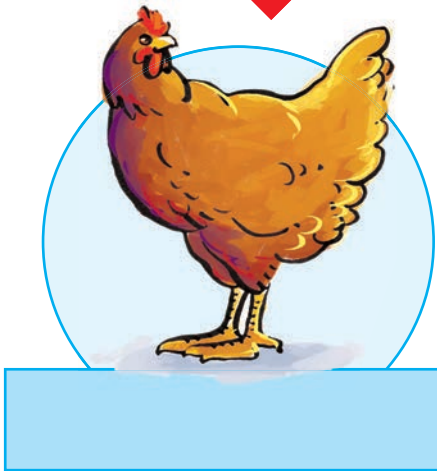
# Imizombe yepilo

Qalani iinthombe bese ukhuluma nomngani wakho ngomzombe wekukhu. Ngemva kwalapho tlola kobana kwenzeka ini esigabeni ngasinye.

Asikhulume

## Umzombe wepilo yekukhu

Ithemu-2 - Iveke-5 - Iphepha lokusebenzela





### Asenzeni lokhu

Kwanje zenzele wakho umzombe wepilo.

Leyibula esinye nesinye isithombe endatjaneni esevilini elingenzasi ukutjengisa umzombe wepilo wakakatsu. Sebenzisa iinhlokwana ezingenzasi zizokusiza.

Nombora iingaba kusuka ku-1 kuye ku-4 bese uzisebenzisa endatjaneni yakho yevili.

Ukatswana uyabelethwa	Ukatswana okhulileko
Umma, unina lakatswana uba sidisi iimveke ezibunane (9)	Unina labokatswana akhotha abokatswana bakhe.

## Umzombe wepilo wakakatsu

Teacher: \_\_\_\_\_  
 Sign: \_\_\_\_\_  
 Date: \_\_\_\_\_

# Ifuyosithandwa yami



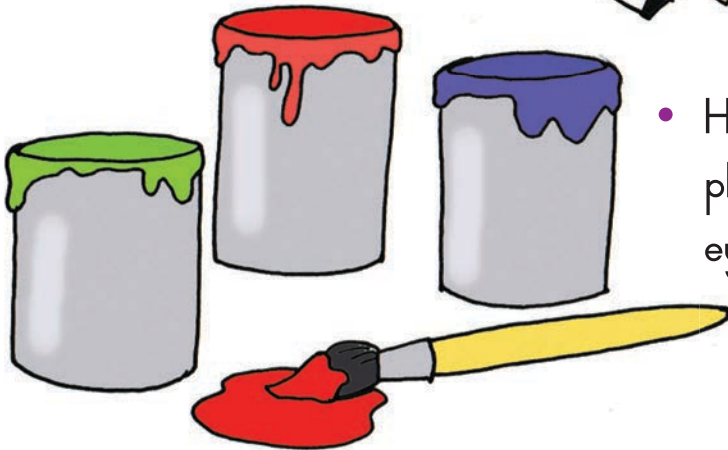
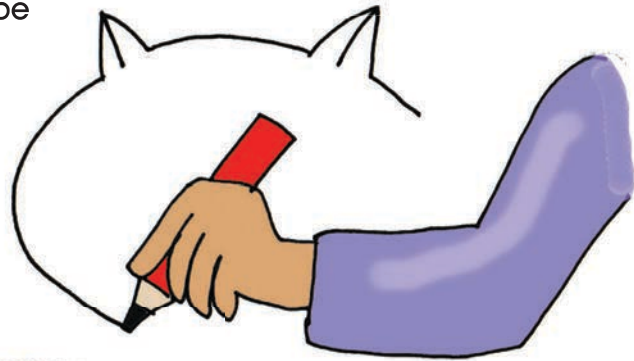
**Asenzi lokhu**

Yenza imaski yefuyosithandwa.

Ozokutlhogga ngilokhu:  
Iphepha elinobukhulu obuyi-A4  
Ipensela  
Ipende eyipuyere namanzi  
Iingojwana zokukotakota iindlebe

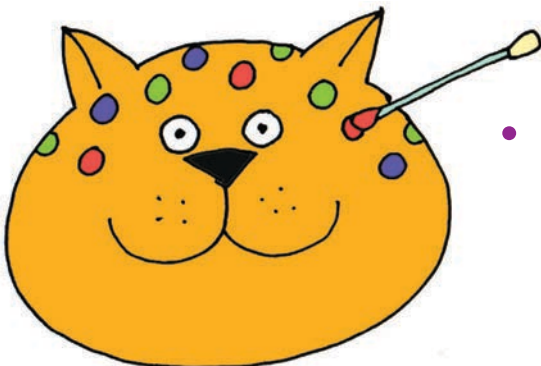


- Gwala umqoqo wobuso bakakatsu ephepheni.



- Hlanganisa ipende ukwenza pheze imibala emithathu eyehlukeneko.

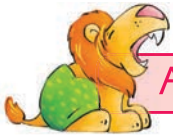
- Sebenzisa isigojwana sokuzikotakota ependeni ngayinye.



- Kghabisa ubuso bakakatsu ngamacaphazi ahlukene.







**Asikhulume**

Cocela umngani wakho ngefuyosithandwa yakho nanyana yomunye umuntu omaziko. Yitjho kobana uzoyitlhogomela njani.



**Asenzeni lokhu**

Gwala izinto ezi-4 ozozitlhoga ukutjheja ifuyosithandwa yakho. Bese utlola ihlathululo ngaphasi kwesinye nesinye isihlokwana.

Empty rectangular box with a pink border and a horizontal line at the bottom.

Empty rectangular box with a green border and a horizontal line at the bottom.

Empty rectangular box with an orange border and a horizontal line at the bottom.

Empty rectangular box with a purple border and a horizontal line at the bottom.



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Date:



# Ukuthogomela ibhoduluko



Asikhulume

Qala amaphosta alandelako bese ucoca nomngani wakho kobana amaphosta la atjho ukuthini.



Qala isiqubulo sokwenza kabutjha. Ukhe wasibona kuphi isiqubulo esifana nalesi?



Asiphumele ngaphandle

Ungakghona ukusungula umdanso usebenzise amahupsi neenribhoni?





### Asifundeni

Ibhoduluko singaligcina njani lihlanzekile?

Kumele sikhumbule u-**PSS**.



**Phungula:** Kumele siphungule ukusilaphazeka.

**Sebenzisa godu:** Sizisebenzise godu izinto kanengi ngaphambi kobana sizilahle.

**Sebenzisa kabutjha:** Sitlhoga ukufunyana iindlela zokusebenzisa iphepha,  
amakotikoti kanye namabhodlelo.



### Asitlale

Etheyibuleni elilandelako, tlola amabizo wezinto ezingasetjenziswa kabutjha. Unikelwe erhelweni ngalinye lokho ozokuthoma ngakho.



Sebenzisa kabutjha amarhalasi	Sebenzisa kabutjha amaplastiki	Sebenzisa kabutjha amaphepha	Yenza ivundiso
Amabhodlelo wakade	Imigodlana yamaplastiki	Amaphephandaba	Amakelo wemirorho



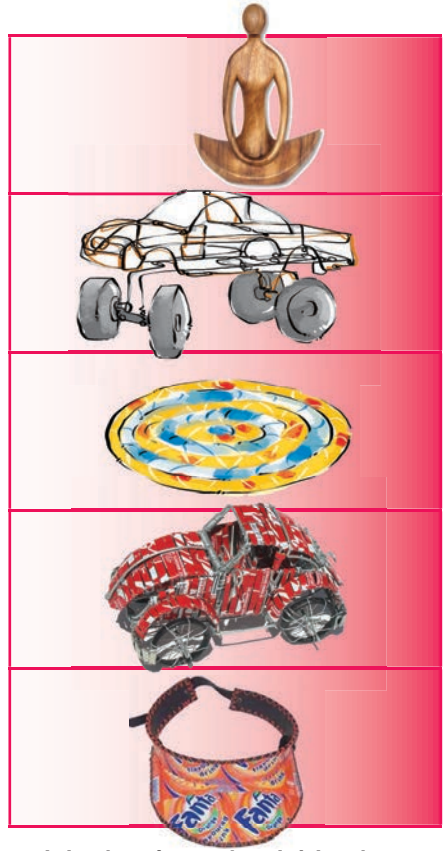
# Ukwenza kabutjha

Ithemu-2 – Iveke-7 – Iphepha lokusebenzela



Asitlolo

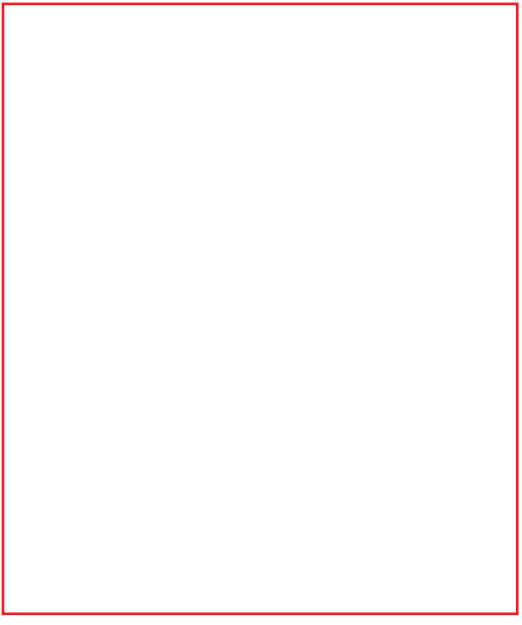
Gwala umuda osuka ezintweni ezingesandleni sesincele uye ngesandleni sokudla, ukutjengisa kobana zingasetjenziswa njani ukwenza izinto ezinye ezingasetjenziswa kuhle.



Kwanje dizayina bewuleyibule into ongayenza usebenzise izinto ezibuyelelweko ebegade zilahliweko.

Ibizo lento
Yenziwe

Gwala isithombe sento yakho.





### Asitole

Izinto ezingenza ivundiso ehle. Tlola elinye nelinye igama kalandela ngenzasi endaweni yalo efaneleko ukuqedelela itheyibula. Kumele ucabange nangezinye izinto ozaziko bese uyazihlela uzibeka ngemakholomini afaneleko.

iinkhwanyana zamaplastiki

amakari wemirorho

amazipho

amakotikoti weenselo

amaqephe wamaqanda

Izinto ezingekhe zabola

Izinto ezingabola



### Asenzeni lokhu

Gwala iphosta  
ubawe abantu  
kobana  
bangasasilaphaza.  
Gwala isithombe  
bewutlole nomyalezo.



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30

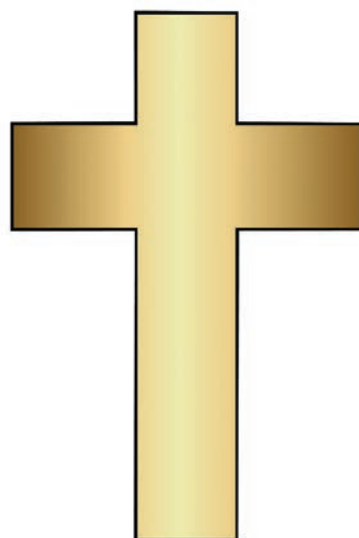
# linkolo kanye namanye amalanga akhethekileko

Ithemu-2 – Iveke-7 – Iphepha lokusebenzela



Asikhulume

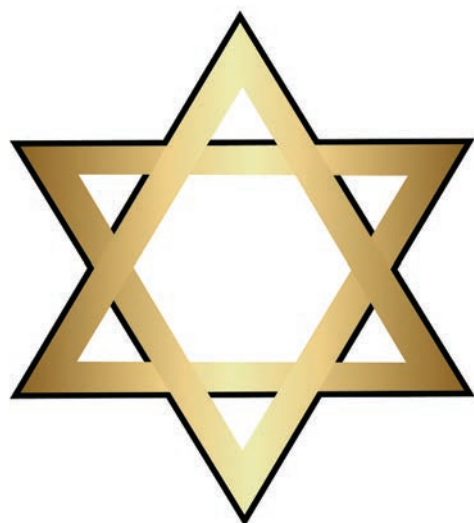
Khuluma nomngani wakho ngamatshwayo wekolo. Yitjho kobana ikolo yakho isebenzisa liphi itshwayo. Nawungaliboniko itshwayo lekolo yakho, ligwale ukuze umngani wakho alazi.



Isiphambano litshwayo lamaKrestu.



Inyanya eyihlenda nekwekwezi zakha itshwayo lama-Islamu.



Itshwayo lamaJuda yiKwekwezi yakaDavida. IKosi uDavida yabe iyikosi yama-Israyeli.



Itshwayo lamaHindu litshwayo u-om, elitlolwa ngelimi lamaSanskrit we-Indiya



# Iindawo ezahlukeneko lapha kudunyiswa khona


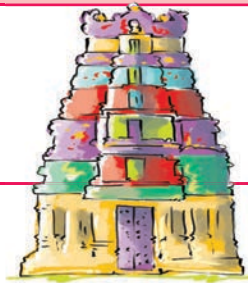

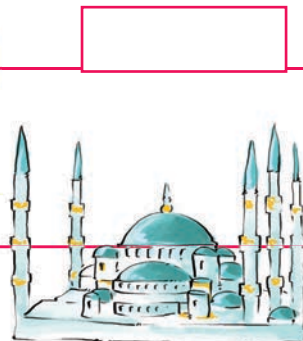
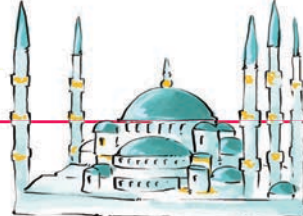
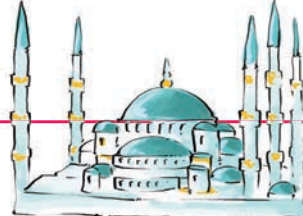


**Aenzeni lokhu**

Gwala umuda ukuhlanganisa ikolo ngayinye nendawo lapha kuhlanganyelwa khona nakudunyiswako. Tlola ibizo lomakhiwo ngaphasi kwesithombe ngasinye.

itempeli	isinagogo	indlu yesondo labakholelwa kuMahomede	isondo
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Ikolo	Indawo yokukhonza
Ama-Islamu	 
AmaHindu	 
AmaKrestu	
Abakholelwa kuJudayizimu	



**Aenzeni lokhu**

Buza abangani abane (4) kobana ngimaphi amatshwayo atjengisa ikolo yabo. Buyelela utlole amatshwayo lawo eduze kwamabizo wabo.

Ibizo lomngami	Itshwayo labo



Ithemu-2 – Iveke-8 – Iphepha lokusebenzela



# ISITIFIKEYIDI!

**Sokuphumelela iGreyidi lesi-3**  
**AmaKghono wezepilo incwadi yoku-1**  
**sinikelwa u-**

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Tlola ibizo lakho.

Ilanga \_\_\_\_\_

Utijhere \_\_\_\_\_



# Isihlathululi-magama sami

A  
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# Isihlathululi-magama sami

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X-Z  
x-z

