

Ihlaziwe yaze  
yalungelelaniswa  
neCAPS

Ibanga lesi-

3

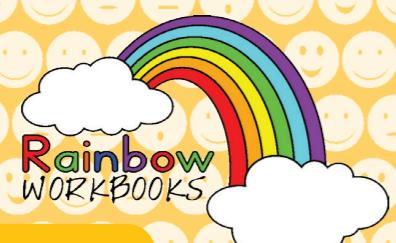


Izakhono zoBomi  
ngesixHOSA

Incwadi yesi-2  
Ikota 3 & 4



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LIFE SKILLS IN ISIXHOSA  
GRADE 3 – BOOK 2  
TERMS 3 & 4

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8th Edition

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(Ngazo zonke iilwimi ezisemthethweni)
- ULwimi Lokuqala Olongeziweyo Amabanga 4–6  
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UNksk. Angie  
Motshekga,  
uMphathiswa  
wemfundo esisiSeko



UMnu. Enver Surty  
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ngenxa yenxaso-mali evela kuVimba weSizwe. Oku kuye kwenza  
ukuba iSebe likwazi ukuvelisa ezi ncwadi, zifumanekе ngazo zonke  
iilwimi ezisemthethweni ngexabiso eliphantsi.

Sinethemba lokuba ootitshala bay a kuzifumana ezi ncwadi  
zokusebenzela ziluncedo kakhulu kwimfundu yemihla ngemihla.  
nasekuqinisekiseni ukuba abafundi bayifikelela yonke  
ikharityhulam. Ukuqinisekisa ukuba utitshala uyakhokelwa kuyo  
yonke imisetyenzana, sisebenzise izalathisi ezibonisa oko kufanele  
ukwenziwa ngumfundu.

Sinethemba lokwenene lokuba abantwana bay a kukonwabela  
ukusebenza kwezi ncwadi ekukhuleni nasekufundeni kwabo,  
kwanokuba nawe titshala uya kwabelana nabo kolu yolo.

Sinqwenela ukuba nibe nempumelelo ekusebenziseni ezi ncwadi.



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# Ibangalesi -

3

Izakhono zoBomi  
**NGESIXHOZA**  
Incwadi yesi-2



Le ncwadi yeka:-



# lindawo zokudlala eziyingozi



Masifunde

Uziva wamkelekile kwiindawo ezikhuselekileyo ezifana negumbi lakho lokufundela. Tindawo ezifana nezi ziindawo ekufuneka uhive ufunu ukubuyela kuzo lonke ixesha. Akukho mntu ufanele ukukonzakalisa okanye akuvise kabuhlungu kuzo.

Indawo kawonke-wonke enokhuseleko yileyo wonke umntu aziva amkelekile kuyo.

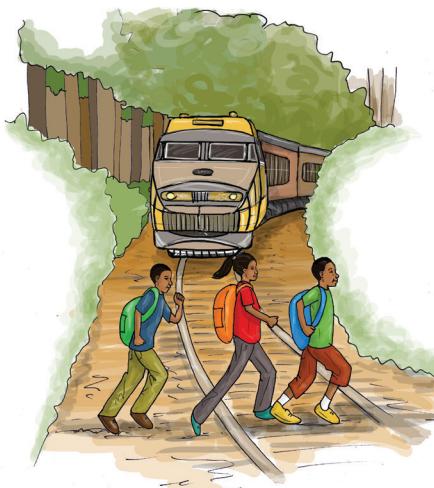
Akukho mntu uza kuviswa ubuhlungu okanye onzakaliswe aphi. "Ukhuseleko lukawonke-wonke" luthetha ukuba wonke umntu unelungelo lokukhuseleka kwiindawo ezipuleleke kumntu wonke ezifana noololiwe, iitekisi namanxweme olwandle.



Masithethe

Jonga imifanekiso uze uthetha nomhlobo wakho ngayo.

Thetha nomhlobo wakho malunga nokuba kutheni kuyingozi ukudlala kwiindawo ezingakhuselekanga.





Masibhale

Umntwana ongasekunene emfanekisweni ngamnye kufuneka akhethe.  
Bancede ngokuzalisa amaqamza entetho.

Umhla: .....

Yiza, landa ibhola!  
Woyika ntoni?

Hayi, andicingi, kungenzeka



Yiza, rhabula kube kanye!  
Ingathi IMNANDI.  
Woyika ntoni?

Hayi, andicingi, kungenzeka



Masithethe

Thetha eklasini ngale mibuzo.

- Zeziphi izinto ezinokuthi saa etiphini yenkunkuma?
- Kutheni abantwana bethanda ukudlala emabholiweni ezindalu ezindala?
- Bubomi boobani obubekwa esichengeni xa abantwana bedlala endleleni ephithizelayo?
- Uyingozi njani umbane?
- Yeyiphi imiqondiso esilumkisa ukuba singadlali kumzila kaloliwe?
- Zeziphi iingozi zolwelo olufana nepalafini?



Masibhale

Khetha umfanekiso ubo mnye kwiphepha lesi-2 kwakhona uze ubhale iimpendulo  
zale mibuzo.

- Ukuxelela ntoni lo mfanekiso?

\_\_\_\_\_

- Ungazi njani ukuba akukhuselekanga ukudlala apha?

\_\_\_\_\_



# lindawo zokudlala eziyingozi



Jonga imifanekiso.

Ngoku khetha enye yezi nkcazelo ukuze uyibhale ngezantsi komfanekiso ngamnye.

Ipalafini ingadubula ibe ngamadangatye esandleni sendoda.

Abantwana bangasweleka ngenxa yokusela ityhefu.

Abantwana bangasweleka ngenxa yokungakwazi ukuphefumla.

Umntwana unokuxhuzulwa ngumbane.

Ungaze usebenzise umbane ecaleni kwamanzi.

Amanzi abilayo kunye nomphunga  
zinokumbulala umntwana.



Inkcazelo: \_\_\_\_\_



Inkcazelo: \_\_\_\_\_

## ITYHEFU



Inkcazelo: \_\_\_\_\_



Inkcazelo: \_\_\_\_\_



Inkcazelo: \_\_\_\_\_



Inkcazelo: \_\_\_\_\_



Masenze

Zizobe wena nabahlobo bakho nidlala ngokukhuselekileyo epakini. Niza kndlala ngantoni? Cinga ngokuba ningadlala njani ujingi. Qala ngokusebenzisa ipeni yekoki okanye ipenisile wenze imigca yemida yomzobo. Ngoku, faka umbala usebenzise iipasiteli okanye iikhrayoni.

Umhla: .....

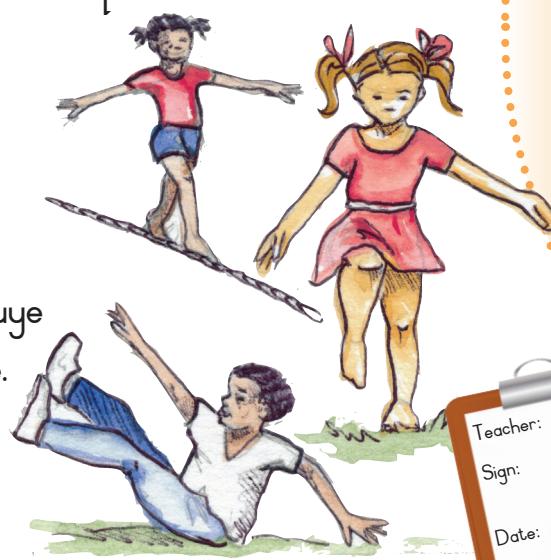


Masishukume

**Ukuzifudumeza:** Shukumisa amalungu ahluka-hlukileyo omzimba wakho ngaxeshanye. Umzekelo, unga jikelezisa izihlahla zakho nesinqe ngaxeshanye okanye ushukumise amagxa namaqatha.

**Intshukumo ephambili:** Ukuxhathisa

- Hamba ngeenzwane uze uphinde uhambe ngezithende.
- Khasa ngamadolo ubambelele ngezandla.
- Ncekelela uhambe phezulu kwentambo ebekwe phantsi uye phambili uphinde ubuye umva. Linga ukwenza oku ucimele.
- Yima ngezandla, uphinde ume ngentloko.



Teacher:  
Sign:  
Date:

**Zipholise:** Yolula iingalo nemilenze ngokucotha.

Ukuba unakho, yenza le nto ngomculo ocothayo nozolileyo.

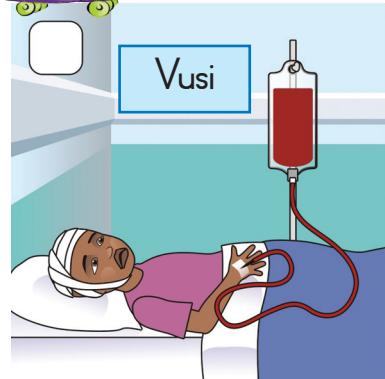
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# Ukhuseleko ezitekisini nakoololiwe

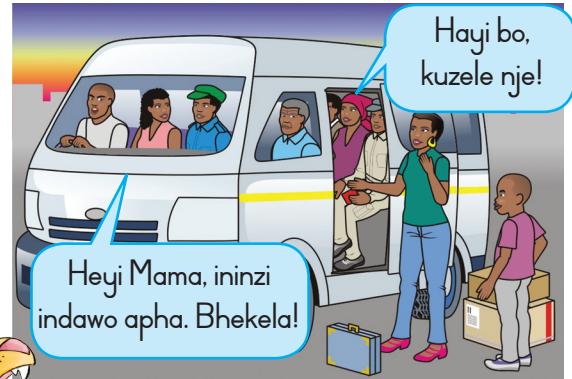
Ikotu 3 – Iiveki 2



Masenze



Faka iinombolo emifanekisweni ebonisa okwenzeke kuVusi ubonise ulandelelwano oluchanekileyo.



Masithethethe

Jonga le mifanekiso kaVusi kwakhona uze uthethe nomhlobo wakho ngayo.

- Ibiyimpazamo kabani eyenze ingozi?
- Ebefanele ukwenza ntoni uVusi nomama wakhe?



Masithethethe

Jonga le mifanekiso ilandelayo uze uncokole nomhlobo wakho ngayo.  
Yintoni engalunganga eyenziwa ngaba bantu?



Masibhale

Bhala isihloko kumfanekiso ngamnye esixela ukuba yintoni engafanelanga ukwenziwa ngaba bakhweli.



Umhla: .....

# Imiqondiso esilumkisa engozini



Imiqondiso yendlela neyesiporo yenzelwe ukhuseleko lwethu.

Eminye imiqondiso isinceda ukuba sikhuseleke. Isilumkisa ngengozi.

Imiqondiso yezilumkiso endleleni isoloko inomgca obomvu oyiji kelezileyo.

Ezinye iimpawu zisixeleta iindlela emasiziphatho ngayo xa sisendleleni okanye zisinika ulwazi.



Ukuphosa izinto ungaphakathi kuloliwe ohambayo kungonzakalisa abantu okanye izilwanyana xa egqitha uloliwe. Yila umqondiso oyalela abantu ukuba bayeke ukuphosa izinto ngefesitile kaloliwe.



Jonga le mifanekiso uze uzobe umqondiso ochanekileyo.



Bonisa utitshala wakho xa ugqibile.



# Ungcoliseko: Yintoni?



Masithethe

Jonga umfanekiso uze uthethe ngawo nomhlobo wakho. Ngaba ikhona into esemfanekisweni okhe wayibona kwithuba langaphambili? Zeziphi izinto ezisemfanekisweni ezibonakala zingalunganga okanye zimbi kuwe? Kutheni zikhangeleka zingalunganga?



Masifunde

## Yintoni ungciliseko?

Ungcoliseko esilwenzayo alusilungelanga kwaye aluzilungelanga nezinye izilwanyana nezityalo. Siyagula, izinto ziyayeka ukukhula kwaye zingade zife. Ngaphezu koko, ungciliseko lwenza indawo esinqongileyo ibe mbi.

Ungcoliseko lwenzeka xa singcolisa umhlaba wethu. Kuxa singcolisa umoya, amanzi kunye nomhlaba. Umoya, amanzi nelanga zonke ezi zinto zinceda ekucoceni ungciliseko. Kodwa xa kukho ungciliseko oluninzi, umhlaba awukwazi ukuzicoca kwakhona.



Umhla: .....



Masenze

Sebenzani ngokwamaqela ezihlanu.

Utitsala wakho uza kunika iqela ngalinye isihloko emalisebenze ngaso. Amalungu amane kwiqela ngalinye aza kukhangela imizekelo yongcoliseko esikolweni. Ilungu lesihlanu maligcine ingxelo ngento nganye efunyanwa liqela. Ilungu eliseleyo liza kubhala ze ligcine ingxelo kwitheyibhile ngokwenza uphawu (✓) kwinto nganye efunyenweyo. Nakugqiba ukwenza umsebenzi wenu, utitsala angenza isishwankathelo sezinto enizifumeneyo. Isikolo sakho sisempilweni entle kangakanani?



Ungalibali ukuhlamba  
izandla zakho emva  
koku.



Masibhale

Bhala izinto zibe-5 eziyinkunkuma ozifumene emabaleneni esikolo.

1.	
2.	
3.	
4.	
5.	



Yenza uphawu lokukorekisha (✓) ecaleni kwezinto eziyinkunkuma nezinokuhlaziya ezikuludwe lwakho. Yenza ungxabalaza (✗) ecaleni kwezinto eziyinkunkuma ezikuludwe nezinokwenzakalisa izilwanyana.



Masithethe

Yenzani amaqela ezi-7.

Kuza kudlalwa iindima ezahluka-hlukileyo: ihlabathi, amanzi, umhlabi, umoya, isityalo, isilwanyana nomntu. Abalinganiswa bokujala abathandathu mabaxelete umntu into eyenziwa lungcoliseko kubo. Umntu makaphendule umdlali ngamnye. Nonke yenzani isiqqibo ngento enokwenziwa ngezi ngxaki. Ukuba niziva nizithembile ngendima yenu, ninako ukubonisa iklasi.



# lindidi ezahlukeneyo zongcoliseko



Masifunde

## Ungcoliseko lomoya

Xa singcolisa umoya, singawutuhefa. Singcolisa umoya ngokubasa amalahle amaninzi, idizili, ipetroli, irhasi kanye neenkuni. Umsi esiwufumana kwezi zinto uneegesi ezingenampilo, ezithi zibe semoyeni.

Umoya nawo ungcoliswa luthuli, yisanti, luthuthu, ngumi nangumungu. Imithi inceda ngokuthatha igesi enetyhefu emoyeni ize ifake ioksijini endaweni yayo. Ukuba sigawula imithi emininzi kakhulu, igesi enetyhefu ihlala emoyeni ze loo nto yenze ukuba ibe ncinci ioksijini esemoyeni.

Kufuneka siphefumle umoya omtsha ukuze sihlale siphilile. Ukuphefumla umoya onongcoliseko kusinika izifo zomqala nezemiphunga. Kukho iindawo ezithile ehlabathini apho abantu kunyanzeleka ukuba banxibe iimaskhi ebusweni babo xa bephumela phandle,



kuba umoya abawuphefumlayo ungcoliseke kakhulu. Ungcoliseko lomoya lukwatshabalalisa umaleko weozoni okhusela ubomi obusemhlabeni kwimitha yelanga enobungozi. Tasidi eninzi emoyeni ingadala imvula eneasidi, nto leyo ebulala izityalo kwaye yonakalisa nezakhiwo.



Timoto, imizi-mveliso kanye nezibaso ezitshiswa ezindlwini zingunobangela wongcoliseko lomoya eKapa.

Umhla: .....

## Ungcoliseko lomhlaba

Ungcoliseko lomhlaba lwenzeka xa kukho iikhemikhali ezininzi emhlabeni. Ungcoliseko lomhlaba lungadalwa yinkunkuma evela kwimizi-mveliso nasemigodini. Inkunkuma evela emakhayeni ethu, ezikolweni, ezibhedlele nasezi-ofisini iyathathwa ize igrunjelwe igalelw etiphini. Le nkunkuma ingcolisa umhlabo. Ungcoliseko lomhlaba lungatyhefa amanzi esiwaselayo athi wona atyhefe ukutya okutyiwa ngabantu nazizilwanyana.



## Ungcoliseko lwamanzi

Ungcoliseko lwamanzi lutyhefa amanzi aphantsi komhlaba namanzi asemilanjeni, emachwebeni nasemadamini. Oku kwenzeka xa umzi-mveliso umpompela amanzi angcolileyo emlanjeni ococekileyo. Oku kuyenze ka naxa imibhobho yelindle ivuzela echibini. Amanzi anongcoliseko anokubagulisa kakhulu abantu aze abulale iintlanzi nezinye izilwanyana. Izityalo ezikufutshane kuloo manzi nazo zingafa.



Teacher:  
Sign:  
Date:

## Ingxolo

Ungcoliseko olwenziwa yingxolo lwenziwa zizithuthi ezikhulu ezifana nezigadla, ukupopoza kweemoto neetekisi, oomatshini bemizi-mveliso, umculo ophezulu, kunye nezixhobo zokwakha ezisetyenziswa kwiziza zokwakha nezokwakha iindlala. Ingxolo eninzi kakhulu inako ukwenza ukuba ubo sisithulu.

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# Iziphumo zongcoliseko

Ikota 3 – Iiveki 4



Masithethe

Jonga lo mfanekiso uze uthethe nomhlobo wakho ngawo:

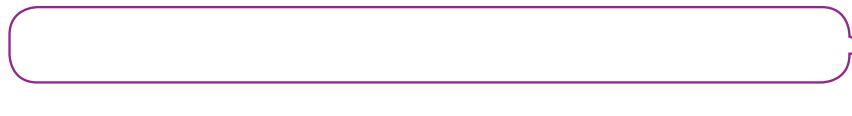
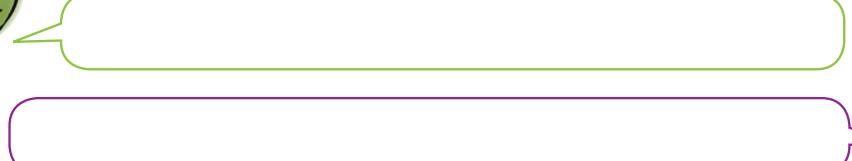


Masibhale

Ingaba aba bantu nezi zilwanyana bebeya kuthini ngongcoliseko?

Gqibezela esi sivakalisi kwiqamza ngalinye lentetho elingeantsi.

"Ungcoliseko alundilungelanga kwaphela kuba ..."



Masishukume



Yiza neringi enkulu yokudlala niza kudlala ngayo.

Tshintshiselanani nomhlobo wakho ngokuhamba ninquimle le ringi, ngeenyawo kuqala nize nilandele ngezandla.

Yibambeni iringi ime ngeli xesha umhlobo wakho akhasa aphumele kuyo.

Tshintshiselanani. Kekelisa isazinge ukuze wenze kube nzima ukukhosa uphumele kuso.

Umhla: .....

# Okunye ngongcoliseko



Masenze

Uqale ngokukhangela ungciliseko olusesikolweni sakho. Ukuba khange ujichole inkunkuma ngoko, yichole ngoku. Utitshala wenu uya kulinika iingxowa neeglavu zeplasitikhi ukuze nikhusela izandla zenu.

Yila ipowusta ukhuthaze abantu ukuba bazihlaziye izinto ukuze kuthintelwe ungciliseko lokusingqongileyo.

Sebenzisa iimilo uze uyile umhombiso ojikeleza iphowusta yakho. Xoxa ngezi ntlobonokwane zokuyila iphowusta yakho nomhlobo wakho:

- uthelekiso
- ugxininiso
- unqinelwano



Teacher:  
Sign:  
Date:

# Indlela ababephila ngayoabantu kudala



Masithethe

Izinto esizenzayo nendlela esizenza ngayo ziyaguquka ngokuhamba kwexesha. Jonga le mifanekiso.



Masifunde

abantu bakudala babehlala kufutshane nezinto ezaziyimfuneko, umzekelo ukutya namanzi. Namhlanje nathi sisaswele kwa ezo zinto, kodwa ngenxa yezifundo zobugcisa sinako ukufumana ukutya, amanzi nombane lula kwezo ndawo zifuneka kuzo.



Thetha nomhlobo wakho ngezinto eziguqukileyo. Cinga ngeentlobo zemisebenzi ebisenziwa ngabantu abasemfanekisweni wokuqala, apho bebesebenza khona neempahla abebezinxiba. Ucinga ukuba babesebenza kude kangakanani namakhaya abo? Ucinga ukuba bebesitya ukutya okunjani? Babesiya njani emisebenzini yabo? Jonga umfanekiso ongasekhohlo uze uthethe kwangezo zinto. Ingaba oomatshini ababebasebenzisa batshintsha? Ukuba kunjalo, batshintsha njani?



Masibhale

Umhla: .....

Nalu uluhlu lweziganele oza kusebenzela phezu kwalo xa ufunda ngendlela ababephila ngayoabantu kudala.



Kwiminyaka ezingidi engama-15 000 eyadlulayo: Kwenziwa umhlabo



Kwiminyaka engange-2,5 yezigidi eyadlulayo: Izidalwa zokuqala ezaqala zafana nabantu



Kwiminyaka engama-100 000 eyadlulayo: Abantu bokuqala



Kwiminyaka engama-40 000 eyadlulayo: amaSan

Kwiminyaka engama-2015 eyadlulayo: Ukuqala kweminyaka eqhelekileyo



Ngowe-1814  
Uloliwe wokuqala ohamba ngomphunga

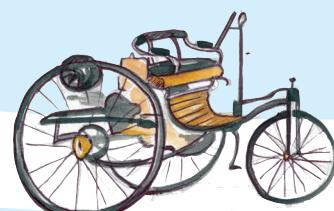


Ngowe-1652  
AbaMhlophe bafika eMzantsi Afrika



Ngowe-1200  
Kwabakho iMapungubwe eLimpopo

Ngowe-1876  
Kwenziwa ifowuni yexesha lempucuko



Ngowe-1879  
Kwenziwa izibane zombane

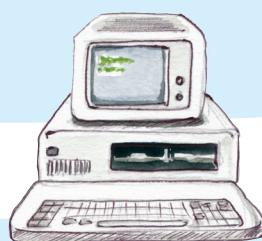


Ngowe-1903  
Inqwelo-moya yokuqala



Ngowe-1885  
Imoto zokuqala zale mihla

Ngowe-1895  
Kwabakho irediyo yokuqala



20  
Umhla wokuzalwa kwakho

Ngowe-1994  
UNelson Mandela waba ngumongameli wethu

Ngowe-1975  
Ikhompiyutha yokuqala

Ngowe-1973  
Iselula yokuqala

Ngowe-1969  
Abantu bokuqala ukuya enyangeni

Teacher:  
Sign:  
Date:

# Abantu bakudala



Masibhale

Bhala amagama kanye nemihla yokuzalwa kwabazali bakho kanye neyootatomkhulu bakho kulo mthi womnombo.

Utitshala wakho uza kukucela ukuba uthethe nabantu abadala bosapho ekhaya, okanye uya kucela abantu abadala eluntwini ukuba bandwendwele iklasi yakho. Yeyiphi imibuzo onqwenela ukubabuza yona malunga nobomi babo?

Igama likatatomkhulu:

Umhla wokuzalwa:

Igama likatata:

Umhla wokuzalwa:

Igama likatatomkhulu:

Umhla wokuzalwa:

Igama likamakhulu:

Umhla wokuzalwa:

Igama likamama:

Umhla wokuzalwa:

Igama likamakhulu:

Umhla wokuzalwa:

Igama lam:

Umhla wokuzalwa:

Buza abazali bakho imibuzo emi-5 malunga nezinyanya zakho. Sebenzisa la magama alandelayo: **nini, phi, ntoni, kutheni, njani**.




## Masifunde

Abafundu besikolo sedolophu yaseKaroo eGraaff-Reinet bameme uMnu Johannes Maart ukuba athethe nabo.

Nali ibali lakhe:

Ndazalwa ngomhla wesi-7 kuJulayi 1922 kwifama yaseKaroo ebizwa ngokuba yiGannaslaagte. Ubawo wayengumsebenzi wasezifama ngeli xa umama yena wayesebenza emzini womfama lowo. Sasifumana inyama rhoqo ngoLwesihlanu esasiyipheka ngempelaveki. Sasingenazindlela ziphucukileyo zokuyigcina ibanda.

Ngoko ke sasingabi nanyama phakathi evekini. Kumaxesha ambalwa besiba nayo inyama yokuba sikwazi ukwenza umqwayito, ngakumbi ukuba umfama uye wadubula iqhude okanye inyamakazi.

Amaxesha amaninzi sasisitya umbona ukwimo yomgubo wombona okanye udityaniswe neembotyi ezomisiweyo – oku besikubiza ngokuba ngumngquho. Utata wayedla ngokufumana umgubo wesonka ongacolekanga owawufumaneka ematyeni eJansenville. Ngomondekazi, umama wayebhaka isonka ngembiza yokubhaka yesiXhosa awayeyibeka phezu kwamalahle kuba sasingenositovu. Maxa wambi wayedla ngokwenza iirositile endandizithanda kakhulu.

Ezi zonkana sasisitya ngencindi yetolofiya. Iilekese zethu yayiba ziziqwenga zentlaka eyayifumaneka kuphela kwimithi yomnga.



Umhla: .....

Ukuba utitshala wakho akakwazanga kumema mntu eze eklasini yakho, ningasebenzisa ibali likaMnu Johannes Maart.



Teacher:
Sign:
Date:

# Kwakumnandi ukuba ngumntwana ngezo mini?

Ikota 3 - Iiveki 6



Masibhale

Qwalasela into nganye esemfanekisweni uze uxele ukuba yeyexesha langoku okanye elidlulileyo na. Bhala "Ngoku" (xa iyeyangoku) okanye "Kudala" (xa iyeyakudala) ngezantsi komfanekiso ngamnye. Emva koko faka umbala kwibhokisi "yéXesha elidlulileyo" yomfanekiso ocinga ukuba ubonisa eyona nto inomdla kakhulu yexesha elidlulileyo. Sebenzisa owona mbala uwuthandayo.



Masenze

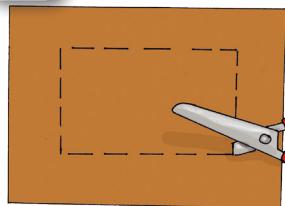
Yenza isakhelo somfanekiso.



## Uya kudinga:

- Amaphepha amabini aqinileyo anombala
- Ipeyinti ejiyileyo yamanzi yemibala eyahluka-hlukileyo
- Izinto ezahluka-hlukileyo ezhlaziyiweyo zokwenza iipatheni, umzekelo ibhobhile yerhali ephelileyo, isivingco sekhokho, usiba lwentaka kunye nezivingco ezahluka-hlukaneyo zeebhotile okanye iziciko.

1



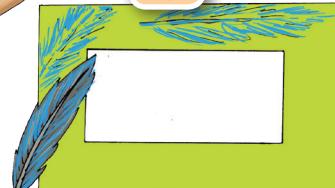
1. Sika isikwere okanye uxande kwikhadibhodi ukuze uyyike ibe yifreyimu yomfanekiso.

2



2. Peyinta icala elingaphantsi lento ofuna ukuyisebenzisela ipatheni yakho.

3



3. Hombisa ifreyimu yakho ngokucinezela icala elipeyintiwego lento yakho kwikhadibhodi.

4



4. Xa yomile ifreyimu, fakela umfanekiso wosapho lwakho uze unike umakhulu wakho okanye utatomkhulu wakho njengesipho.



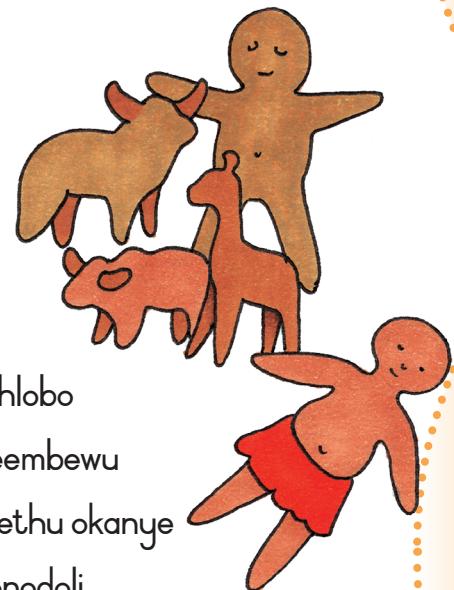
### Masifunde

UMnu Maart uphinde watyelela isikolo  
okwesibini. Uqhubile ngebali lakhe.

jo"

Asibonanga bantu baninzi. Utata wam nomama babesebenza  
nzima kakhulu iiyure ezinde. Sasityelela abahlolo bethu  
abakwezinye iifama kuphela emva kwemini ngeeCawe. Maxa  
wambi sasisebenzisa inqwelo yeenkabi ukuya apha.

Umhla: .....



Sasikuthanda kakhulu oku kuba sasifumana ithuba lokudlala nabahlobo  
bethu. Sasithanda ukudlala ngamathambo, udongwe, imidumba yeembewu  
zemithi yeminga namatye ngasedamini elikhulu kufuphi nekhaya lethu okanye  
emlanjeni. Udadewethu nabahlobo bakhe babetanda ukwenza oonodoli  
bodongwe.



Izihlangu ndizinxibe ndakuba neminyaka eli-12. Utata wandenzela ngofele  
olusukiweyo lwenkomo. Ndandikuvuyela ukusinda ekubanguleni ameva  
ezinyaweni zam okanye ukuqaqanjelwa ziinzthane ngenxa yengqe yeqabaka  
eyayisifumana ngeentsasa zasebusika.



### Masithethe

Thetha nomhlolo wakho malunga nokuba ngaba  
ucinga ukuba abantwana bebephila kamnandi na  
kwixesha elidlulileyo.

Kwakubhetele ngoko ukuba ngumntwana  
kunakule miha? Xela ukuba kutheni.

Cinga ngezixhobo zokusebenza esinazo  
namhla, ezenza sibe nako ukwenza izinto  
ngokukhawuleza naphucukileyo.

### Masishukume

Ziqheliseni oku kulandelayo umntu ngamnye okanye  
nizizibini.

- Ukuma ngezandla
- Ukuma ngentloko
- Ukuziqengqa uye phambili uphinde  
uziqengqe ubuye umva.
- Uqikilibhode



42

# Izixhobo zokusebenza

Ikota 3 – Iiveki 6



Masenze

Jonga imifanekiso esekhohlo yezixhobo zokusebenza ezazisetyenziswa kudala. Kwicala elisekunene, zoba uze usike imifanekiso yezixhobo zokusebenza esizisebenzisa namhla.



Masithetho




A

Indlu ukususela  
kwiminyaka engama-300 kwiminyaka engama-200  
eyadlulayo eyadlulayo



B



C

Indlu kwiminyaka eli-150  
eyadlulayo



D

Indlu yexesha langoku

Zitshintshe njani izindlu ngokuhamba kweminyaka?

Kutheni zitshintshile nje?

Kwakusetyenziswa eziphi izinto zokwakha ezi zindlu?

Zeziphi izinto oza kuzifumana kwindlu engu-D ezazingekho kwindlu engu-A?

Umhla: .....



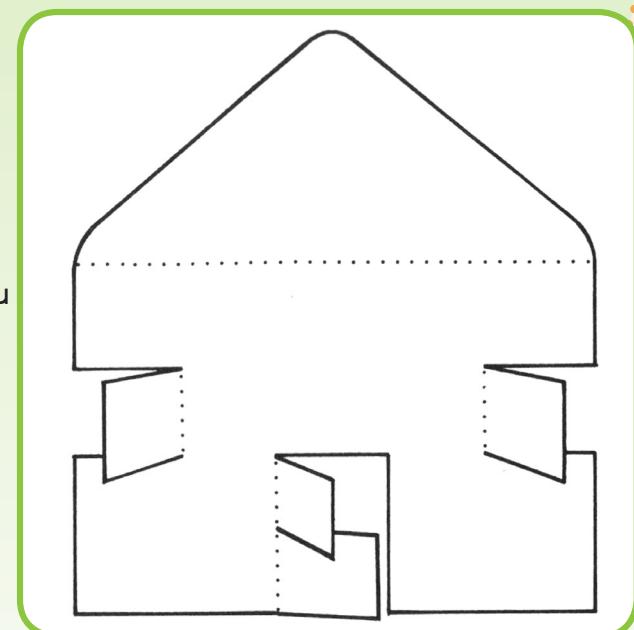
Masenze

Ufunde ngendlela eziguquke ngayo izindlu nokuphuhla kwazo kwiminyaka ngeminyaka. EMzantsi Afrika ezinye izindlu zihonjiswe kakuhle kakhulu, njengezindlu zabantu abangamaNdebele. Zidume ngemihombiso yazo emibala-bala neyensiwe ngobuchule ezindongeni. Yenza ngathi ungumNdebele kwaye luxanduva lwakho ukuhombisa iindonga zekhaya lakho.

**Uya kufuna oku:**

- iphepha elinombala • imvulophu emhlophe • isikere • iikhrayoni • iglu

1. Sika umnyango neefesitile emvulophini yakho njengoko uboniswe kumzekelo.
2. Goba isivalo ukuze wenze uphahla.
3. Ngoku sebenzisa iipatheni ezahlukeneyo, iimilo nemigca nemibala eqaqambileyo ukuhombisa indlu yakho yemvulophu.
4. Cela utitshala wakho akuchazele isizathu sokubaluleka kokusebenzisa iimilo neepatheni zejometri.
5. Ncamathelisa indlu yakho ephepheni elinemibala.
6. Sebenzisa imifanekiso oyifumana kwiimagazini uhombise okungqonge umfanekiso.



Mashukume



- Yenza ngathi usarha iinkuni zokwakha indlu. Tyhala uphinde utsale ngesandla sakho sasekunene, emva koko tshintshela kwesasekhohlo.
- Yima ecaleni komhlolo wakho. Gwegwa ingalo yakho yasekunene kweyakhe yasekhohlo. Wena nomhlolo wakho yenzani ngathi niphakamisa ingxowa yombona enzima ngokukekelela ngasekhohlo. Emva koko kekelelani ngasekunene.
- Yenza ngathi ungumthi. Phakamisa ingalo enye phezu kwentloko yakho. Yenza inqindi wenze ngathi liyintwana yentlaka esexolweni lomthi. Umhlobo wakho makazame ukutsala intlaka emthini logama wena uybambé endaweni yayo.
- Khwela ibhayisekile: ngqengqa ngomqolo ecaleni elijongene nelomhlolo wakho. Goba amadolo akho uze ubeke iinyawo zakho kwezomhlolo wakho. Nyova ibhayisekile ngemilenze yakho.



# Okunye ngobomi bakudala

Masifunde

Olu lusuku lwestithathu uMnu Maart etyelela  
isikolo. Ebesaqhuba ngokubalisa:

Sasineziko lesinyithi apho efama.  
Sasilisebenzisela ukwenza izixhobo  
zokusebenza okanye ukulungisa ezo  
zaphukileyo.

Sasisenza nezihlangu zentsimbi  
zamahashe kanye namavili eenqwelo.

Ndathi xa ndineminyaka eli-10 ubudala,  
safunyanwa yimbalela saze asabinakutya  
kwaneleyo. Savuya kakhulu yakuna  
kwakhona imvula.



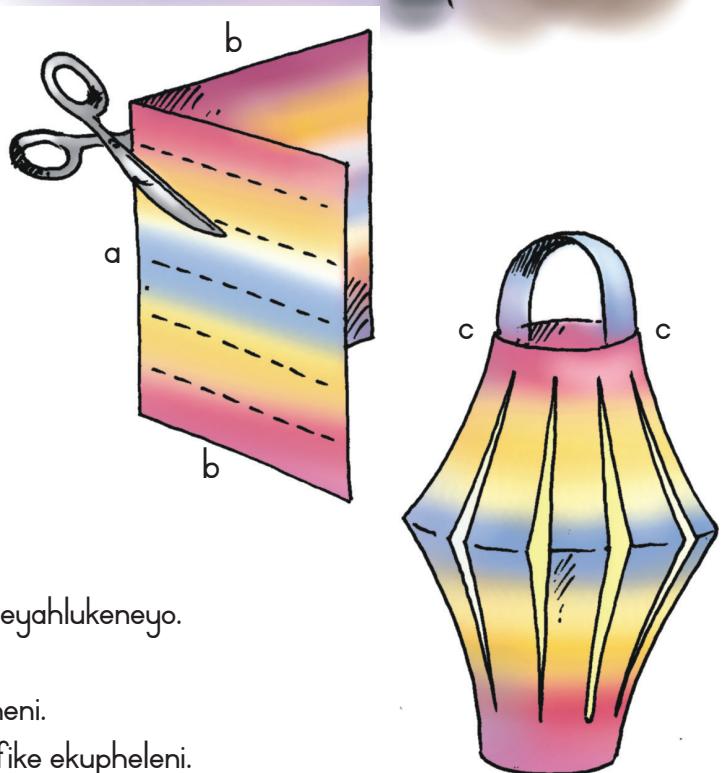
Masenze

Yenza ilanteni yakudala.

## Uya kufuna oku:

- Iphepha elisikwere elikhulu elimhlophe
- Ipejinti yamanzi ibe nemibala ngemibala eyahluka-hlukileyo
- Ibrashi yepeyinti
- Irula, ipenisile, isikere
- Iglu

1. Hombisa iphepha lakho ngeemilo nemibala eyahlukeneyo.
2. Ligobe iphepha phakathi.
3. Krwela imigca eqelelene nge-3 cm ephepheni.
4. Sika ngokulandela imigca, kodwa ungabe ufile ekupheleni.
5. Liqobe ngoku lisikekile iphepha livuleke uze uwancamathele omabini amacala ngeglu.
6. Sebenzisa umcu wepheda uze wenze ngaphezulu.





Umhla: .....



### Masithethethe

Jonga lo mfanekiso ungobomi basefama kwiminyaka engama-200 edlulileyo. Thetha nomhlobo wakho ngezinto ezitsala umdla wakho. Umzekelo, jonga impahla yokunxiba, izixhobo zokusebenza neendlela zothutho. Emva koko xeleta uitishala wakho neklasi ngengxoxo yakho nomhlobo wakho.



### Masibhale

Tshatisa isixhobo ngasinye sokukhanyisa nomfanekiso ochanekileyo. Kwakhona bhala igama lesixhobo ngasinye sokukhanyisa ngezantsi komfanekiso. Khetha kula magama:

ithotshi



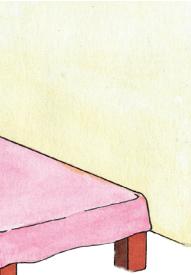
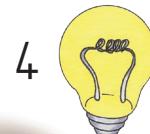
iglowubhu



ikhandlela



isibane



Teacher:  
Sign:  
Date:

# Ukuhlawulela izinto



Masibhale

Kudala abantu bebezhlawulela ngantoni izinto abazifunayo?

Sebenzisa elinye lala magama ugqibezele ibali lemali elingezantsi.

Sikunike oonobumba ababini kwigama ngalinye ukukuncedisa.

iinkozo zemali

igolide

izikhumba  
zezilwanyanaimali  
engamaphepha

ukunanisa

ukuhlawula

icuba

ukutya

isilivere

amaso

Kudala-dala, abantu babengasebenzisi ii \_\_\_\_\_ nemali

engamaphepha uku \_\_\_\_\_ izinto. Kwezo ntsuku, bebesebenzisa

ukun \_\_\_\_\_ njengendlela yokutshintshiselana ngempahla. Xa abantu

benec \_\_\_\_\_ elininzi, kodwa kunganelanga, ukut \_\_\_\_\_,

bekufuneka bekhangale umntu abanokutshintshiselana naye ngecuba. Izinto ezifana

nama \_\_\_\_\_, ityuwa, izi \_\_\_\_\_ iinkomo necuba

kwakutshintshiselwana ngazo. Emva kwexesha abantu baqala ukusebenzisa amaqhekeza

eg \_\_\_\_\_ nes \_\_\_\_\_ ukuhlawula impahla. Ethubeni,

amaqhekeza ezimbiwa asetyenziselwa ukwenza \_\_\_\_\_. Namhlanje, sisebenzisa

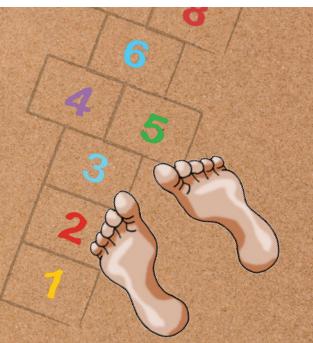
im \_\_\_\_\_ neenk \_\_\_\_\_ okanye amakhadi okuthenga

ngetyala ukuhlawula impahla.



Masishukume

- Beka iiringi zokudlala phantsi okanye ukrwele izangqa emhlabeni.
- Xa utitshala wakho esithi tsiba, tsibela ngaphakathi kwesangqa ngeenyawo zombini.
- Xa utitshala esithi tsiba, tsibela ngaphandle kwesangqa ngonyawo olunye.
- Dlalani unochesi. Sebenzisa itshokhwe ukukrwela izangqa nezikwere emhlabeni.





### Masifunde

Le yindlela uMnu Maart aqukumbele ngayo ibali lakhe kutyelelo  
lwakhe lokugqibela:

Umhla: .....

Njengokuba ndithathethe umhlala-phantsi kwaye ndiphila ubomi obuzolileyo kule dolophu yaseRhafu (Graaff-Reinet), ndihlala ndikhumbula ubomi obabunzima kodwa bumnandi. Ndiyazilibala iintsuku zobunzima.

Izinto ezininzi azisafani nakuqala – kukho umbane ka-Eskom, wonke umntu uneselula. Laa ndlu indala yasefama iphinde yakhiwa ngokutsha ngoku ikhangeleka njengendlu yasedolophini.

Kodwa ziseninzi izinto ezingatshintshanga. Iigusha zisakhangeleka njengoko zazinjalo kwaye zisavakala kwangaloo ndlela kanti ukutshona kwelanga umsebenzi useza nobisi olutsha ekhitshini ukusuka eshedini yokusenga. Udyakalashe nengqawa zisabamba igusha.



### Masithetho

Njeneklasi, thethani ngazo zonke izinto ocinga ukuba zitshintshile oko nazalwa. Ngoku thethani ngezinto enicinga ukuba zihlala zinjalo kwiminyaka emininzi.



# Umhlabxa ujlongwe emajukujukwini



Masifunde

Ihlabathi yibhola enkulu okanye yingqukumba esiphila kuyo.  
Konke okulijikelezileyo sikubiza ngokuba ngamajukujuku,  
okanye yintungelwano yendalo yonke.

Kukwiminyaka engama-50 edlulileyo kuphela apha sithe  
sakwazi ukujonga ihlabathi sisemajukujukwini. Jonga ifoto  
yehlabathi ngasekunene.

Unako ukubona umhlabxa, ulwandle namafu. Thetha nomhlobo  
wakho ngokuthi zeziphi iindawo  
zefoto ezibonisa umhlabxa,  
izeziphi ezelulwandle izeziphi  
ezingamafu.



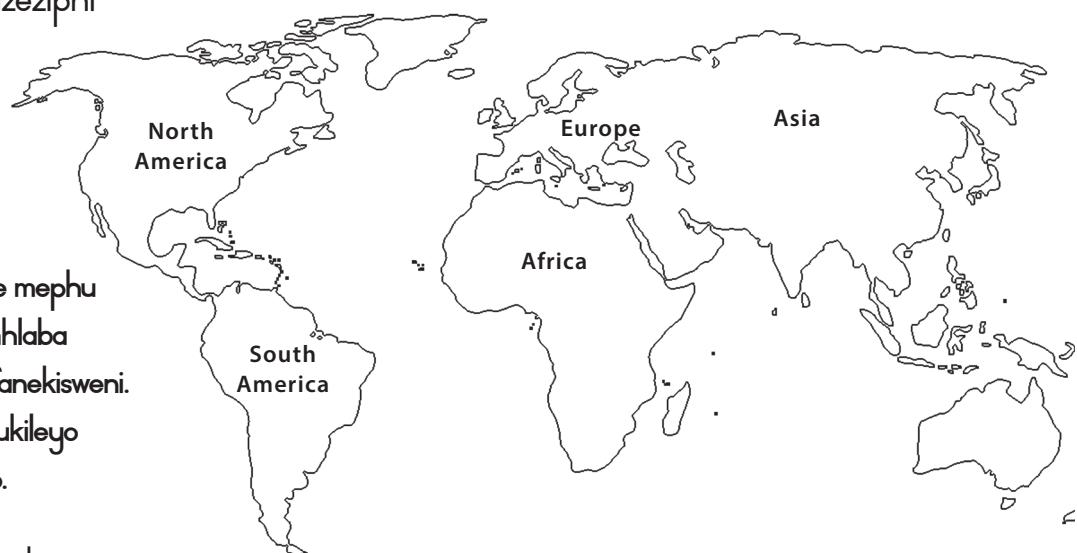
Masenze

Landela umphandle wale mephu  
ucinezele kwiindawo zomhlabxa  
okwaziyo ukuzibona emfanekisweni.  
Sebenzisa imibala eyahlukileyo  
kwiindawo ezahlukeneyo.

Bhala amagama ezi ndawo.



Imbonakalo entle yomhlabxa, ikhaya  
lethu, lijongelwe phezulu.



Masifunde

Ihlabathi linomaleko womoya olingqongileyo.  
Siwubiza ngokuba yi-atmosfera. Uyawubona lo moyo efotweni?

# Iiplanethi nezinye ezikwisixokelelwano selanga



Masifunde

Umoya ongqonge ihlabathi ngumaleko olingqongileyo nothatha ibanga elingange-120 km. Ukuba uhamba umgama ongaphezulu kune-120 km ukusuka kumphezulu womhlaba, ukwisithuba sasemajukujukwini esingaphandle. Kulapho sifumana khona abamelwane beplanethi elihlabathi: abamelwane abazezinye iiplanethi neenkwenkwezi.



Masithethethe

Emajukujukwini akukho mini – bubusuku kuphela. Thetha nomhlobo wakho malunga nokuba kutheni kunjalo.

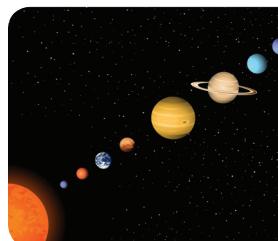
Masifunde

Abamelwane abakufuphi kuthi bonke baphakathi kwesixokelelwano esaziwa ngokuba seselanga nezijikelezi zalo.



Ilanga

**Ilanga:** Liyibhola yeegesi eshushu ngokugqithisileyo. Enzulwini phakathi elangeni kushushu ngokugqithisileyo kangangokuba iigesi "zinyibilika" zidibane. Yile nkqubo "yokunyibilika" esinika ukukhanya, ubushushu namandla emhlabeni. Ilanga likwayinkwenkwezi nalo. Ilanga yinkwenkwezi kwaye isembindini wesi sixokelelwano.



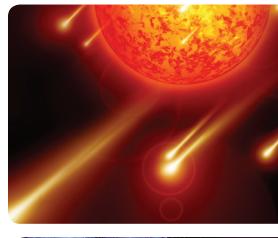
Iiplanethi

**Iiplanethi:** Xa kuqukwa nomhlabo, zisi-8 iiplanethi ezikhoyo.



Inyanga

**Inyanga:** Yibhola ebandayo, efileyo yeliwa nothuli ejikeleza umhlabo. Incinane ngokuphinda-phindwe kane kunomhlabo.

Iinkwenkwezi  
ezintshotsholozi  
(iimithiyo)

**Iinkwenkwezi ezintshotsholozi (iimithiyo):** Ezi zizigaqa zamaye. Xa zifika kwiatmosfera yethu ziba shushu ngokugqithisileyo. Oku kwenza umgca oqaqbileyo onqumleza isibhakabhaka ebusuku. Sizibiza ngokuba "ziinkwenkwezi ezibinzayo". Xa zifika zibethe umphezulu womhlaba sizibiza ngokuba "ziimithiyorayithi" amatye awa esibhakabhakeni.



Ikhomethi

**Ikhomethi:** ngamaqhekeza omkhenkce negesi athi ahambe kwii-obhithi ezinkulu kwesi sixokelelwano selanga. Zidla ngokusondela kakhulu elangeni.

Teacher:  
Sign:  
Date:

# linkwenkwezi



Masibhale

Ihlabathi lethu linabamelwane abaninzi abatsala umdla kwisixokelelwano selanga nezijikelezi zalo. Ufunde okuncinane ngabanye baba bamelwane. Ngabaphi onqwenela ukwazi banzi ngabo? Bhala okukhethayo ngezantsi. Nika izizathu ezibini ngempendulo yakho.

Ndikhetha:

Izizathu zam ezibini:



Masifunde

Xa sigqitha kwiiplanethi ezincinanana sishiya **iLanga nezijikelezi zalo**. Ngoku sisenzulwini yasemajukujukwini. Apha sifumana oku: **Linkwenkwezi** ziigesi zeebhola ezishushu kakhulu, ezifana nelanga, kodwa zikude kakhulu kuthi. Kukho amawaka-waka ezigidi zeenkwenkwezi – asinakuze sikwazi ukuzibala zonke. Iinkwenkwezi ziyashiyana ngobukhulu – ilanga lethu likhulu kangangenkwenkwezi ephakathi ngobukhulu.

Isixokelelwano selanga nezijikelezi zaso sidibene  
nendawo esemajukujukwini sisibiza ngokuba  
lihlabathi nendalo iphelele. Ihlabathi nendalo  
iphelele yiyo yonke into ekhoyo kanti kuncinane  
kakhulu esikwazi ngayo. Ucinga ukuba zikhona  
ezinye iindawo ezifana nehlabathi lethu kwindalo  
iphelele, apha kukho ubomi khona?



## Masenze

- Mamela ingoma yase Mzantsi Afrika oza kuyindlalelwana ngutitshala wakho.
- Sebenzisanani negela lakho nize nicinge umdlalo eningawenza ngale ngoma. Cingani nize nibhale "ingoma edumileyo yomculo werephu" nakuggiba niyicule eklassini.

## Masidlale

- Utitshala wakho uza kuyohlula iklasi ibe ngamaqela amabini.
- Ndlalani ibhola ekhatywayo.

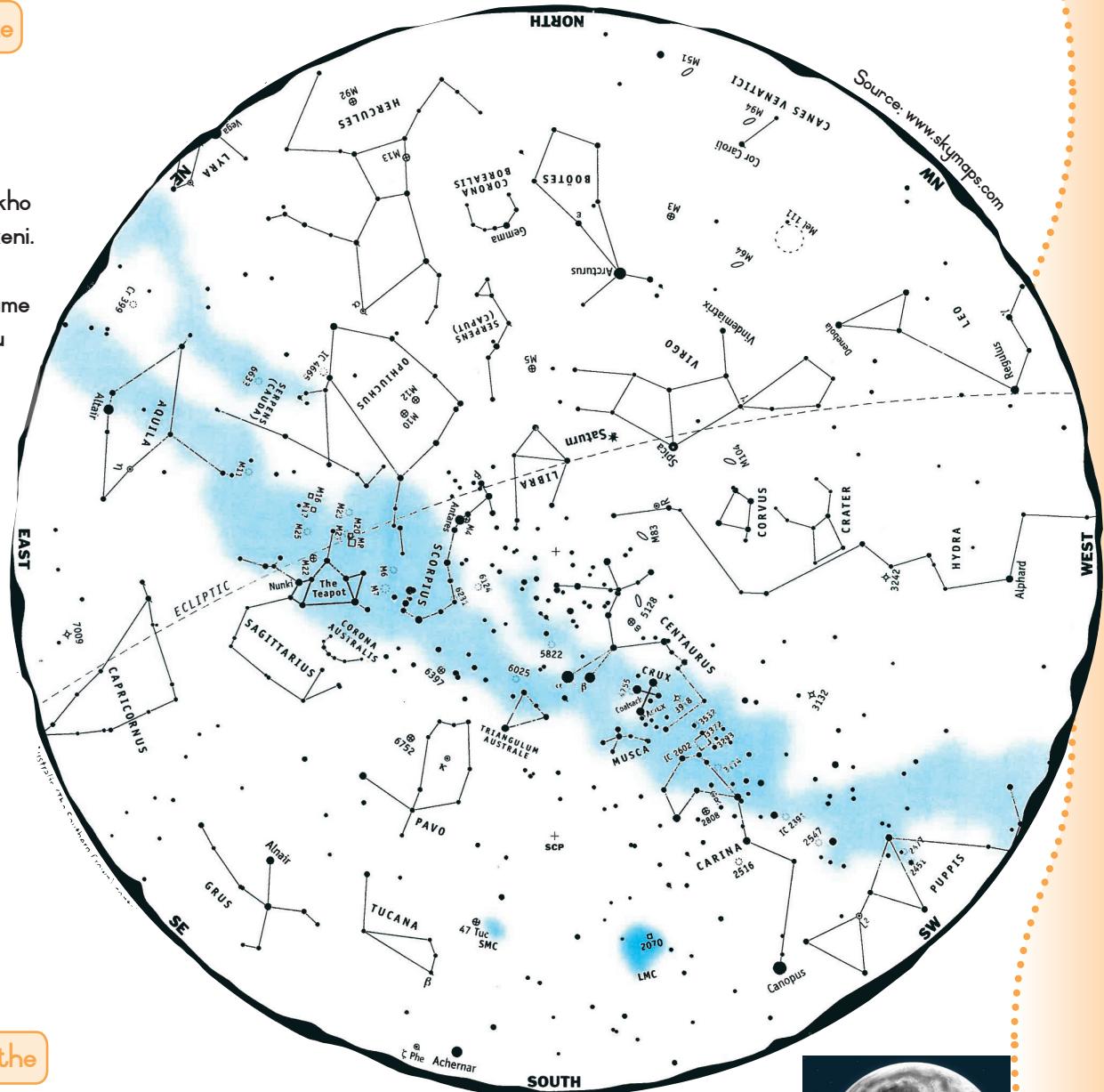


Umhla: .....

# lithelesikophu



Yenza lo msebenzi  
ekhaya ukutshona  
kwelanga xa kungekho  
maf u esibhakabhakeni.  
Sebenzisa imephu  
yeenkwenkwezi uzame  
ukukhangela izicuku  
zeenkwenkwezi.  
Yenza uphawu  
lokukorekisha  
(✓) kwimephu  
yeenkwenkwezi  
engezantsi ecaleni  
kwazo zonke  
iinkwenkwezi  
okwaziyo ukuzibona



abantu abafunda ngothungelwano lweenkwenkwezi kuthiwa zizazi-nkwenkwezi.  
Izazi-nkwenkwezi zisebenzisa iithelesikophu ukuze zibe nako ukufunda  
ngeenkwenkwezi. Kwindinyaka ezayo kuza kwakhiwa eyona thelesikophu  
yerediyo yakhe yankulu kufuphi neCarnarvon kwiphondo loMntla-Koloni.  
Namhlanje sineethelesikophu ezikude emajukujukwini ezinokusibonisa imifanekiso  
yezinto ezikwiindawo ezikude kakhulu zehlabathi nendalo iphelele esingakwaziyo  
ukuzibona sisemhlaben. Umzekelo yithelesikophu ye-Hubble, ethumela imifanekiso emihle  
evela emajukujukwini. UMzantsi Afrika wakhe ithelesikophu enkulu eyiyeyawo kufuphi  
neSutherland eMntla-Koloni.



Inyanga  
njengoko siyibona

Teacher:  
Sign:  
Date:

# Utyelelo emajukujukwini

Masifunde

Aba bantu babengoovulindlela kuhambo lwasemajukujukwini.



UmRashiya, uYuri Gagarin, waba ngumntu wokuqala owajikeleza ihlabathi kwindawo yalo yomjikelo ekhwele isiphekepheke (ngomhla we-12 Epreli 1961).



UNeil Armstrong waseMelika waba ngumntu wokuqala ukuma phezu kwenyanga (ngomhla wama-20 kuJulayi 1969).



UMark Shuttleworth waba ngumntu wokuqala eMzantsi Afrika ukujikeleza umhlaba (Epreli 2002).



UChrista McAuliffe wayengutitshala wokuqala ukuba ngusomajukujuku, kodwa wasweleka kwintlekele yokudubula kwesiphekepheke, iChallenge (28 Janyuwari 1986).



Masithethe

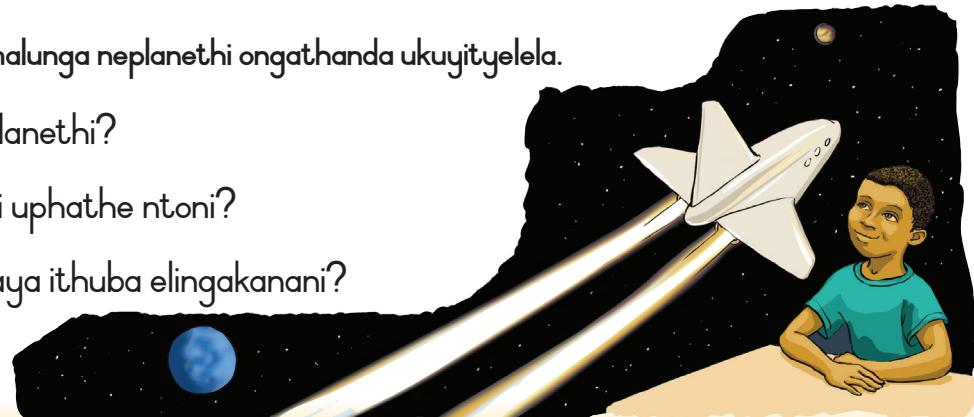
Thetha nomhlobo wakho malunga neplanethi ongathanda ukuyityelela.

Ubungaya njani kuloo planethi?

Ubuya kuhamba nabani uphathe ntoni?

Ungathanda ukuba phaya ithuba elingakanani?

Ubusazi? UMandla Maseko waseSoshanguve eGauteng uza kuba ngumntu omnyama wokuqala ukuntingela emajukujukwini ngeLynx Mark II isiphekepheke ngonyaka wama-2015.



# lisathelayithi



## Masifunde

Ubusazi na ukuba inyanga jjikeleza ihlabathi? Into ejikeleza enye into ibizwa ngokuba yisathelayithi, ngoko ke inyanga yisathelayithi yehlabathi. Indledlana yesathelayithi ibizwa ngokuba yiobhithi. Zininzi iisathelayithi ezenziwe ngabantu esezithunyelwe ngabantu nezjjikeleza ihlabathi kwiobhithi.

Isathelayithi yokuqala eyenziwe ngumntu iye emajukujukwini ngonyaka we-1957. Ithelesikophu ye-Hubble yenyenye yezi sathelayithi. IYunivesithi yaseStellenbosch yenza isathelayithi yokuqala yaseMzantsi Afrika, i-SunSat.

Yandululwa ngoFebhuwari ngowe-1999. Zininzi iintloblo ezahluka-hlukileyo zeesathelayithi. Ezinye zezokuqokelela iinkcukacha ngokuphathelene nasemajukujukwini, kanti ezinye zezemozulu ukuze zibekho ezonxibelevano ezithumela imifanekiso nolwazi ukusuka kwindawo ethile kumahlabathi akhoyo ukuya kwenye. Isathelayithi enkulu ekhoyo yaziwa ngokuba sisikhululo sasemaJukujukwini seHlabathi, apho kwenziwa khona iimvavanyo neengqwalasel aezininzi ngenzululwazi.



## Masithethi

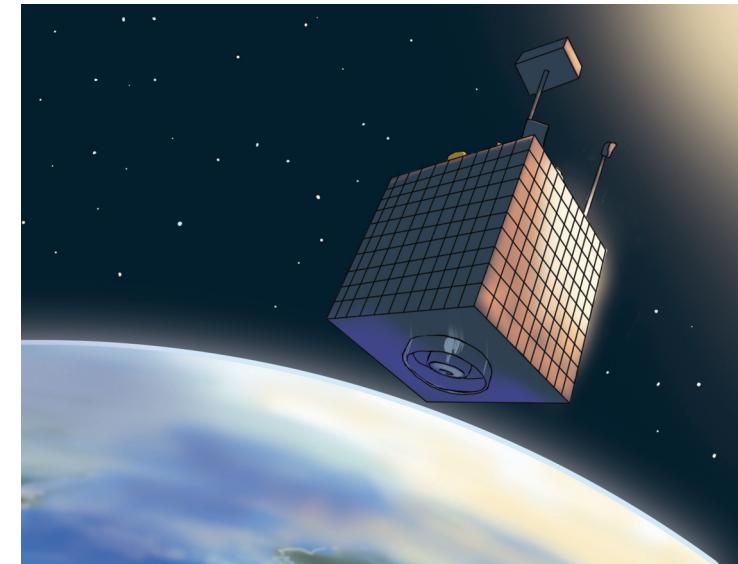
Wena nomhlubo wakho xoxani ngale mibuzo. Emva koko xeletani iklasi ngenikucingileyo.

- Izithuthi ezininzi zineenkqubo zokulanda umkhondo weesathelayithi ukuthintela ukubiwa kwazo ngabantu. Zisebenza njani ezi nkqubo?
- Ucinga ukuba abalimi bafumana eziphi iinkcukacha kwiisathelayithi?
- Ungakwazi ukucinga ngemisebenzi emitsha yeesathelayithi?



## Masishukume

Utitshala wakho uza kukufundisa indlela yokudlala umdlalo weVolibholi nomdlalo weMpuku neKati



Teacher:
Sign:
Date:

## Masifunde

Phawula ezi ntsuku kwikhalenda yakho. Fumanisa ukuba le mibhiyozo iza kuba nini kulo nyaka uze ubhale imihla yayo kwizithuba ozinikiwego.

## Inqaku likatitshala

Ezi ntsuku zeenkolu nezinye ezibalulekileyo zifumaneka kwikota yesithathu. Kufuneka usebenzise iiyure ezintathu kule kota ukuze uthethe negezi ntsuku. Enikwenzayo niyiklasi kwakuxhomekeka kwiinkolo zabantwana beklasi yakho nakumgaqo-nkqubo wesikolo sakho. Iiholide zikawonke-wonke ezimbini kufuneka zihlonitshwe ngabo bonke abemi belo Mzantsi Afrika.



**21 Julayi:** (ukuba ibonakele inyanga efileyo): Ukuqala kwenyanga ye Ramadaan – usuku lwenkolo yama-Islam. IRamadaan lixesha lokuzila, nemithandazo eyodwa nokufundwa kwe Qur'an. Umhla: [ ]

**19 Agasti:** (ukuba ibonakele inyanga efileyo): I-Eid-ul-Fitr ngumbhiyozo wenkolo yama-Islam. Ngumbhiyozo wolonwabo kodwa onondiliseko ekupheleni kokuzila ithuba elingangenyanga iRamadaan. Lusuku lokudumisa, kunikwe inkxaso kwabasweleyo, kutyelwelwe abahlobo neentsapho. Umhla: [ ]

**NgoJulayi okanye ngoAgasti:** I- Raksha Bandhan – umbhiyozo wamaHindu. AmaHindu abhiyozela ubudlelwane phakathi koobhuti nodade. Uddade ubopha i-rakhi (umtya ongcwalisiwego) esihlahleni sikabhuti wakhe ukubonisa uthando lwakhe nemithandazo ngobhuti wakhe, nesithembiso sokumkhusela ngalo lonke ixesha lobomi bakhe. Umhla: [ ]



**NgoAgasti okanye ngoSeptemba:** I-Krishna Janmashtami – umbhiyozo wenkolo yamaHindu. Ukuwalwa kuka Krishna Janmashtami kubhiyozelwa ngokuzila. UKrishna usesizikithini senkolo yamaHindu. Ngale mini abantwana bakhola ukubonisa izicaphulo ezithile ebomini buka Krishna.



Umhla: [ ]

**NgoSeptemba:** I-Pitr Paksha – ngomnye umbhiyozo wenkolo yamaHindu. AmaHindu azukisa izinyanya zavo ("ii-pitrs"), ngakumbi ngokunikela ngokutya.



Umhla: [ ]



Umhla: .....

**NgoJulayi okanye ngoAgasti:** I-Tisha B'av – Lusuku lwenkolo yamaJuda. AmaJuda azilela ukukhalela ukutshatyalalisa kwetempile yokuqala neyesibini eJerusalem, nokukhumbula ezinye iintlekele zamaJuda ezenzeka ngolu suku. Olu suku lwaziwa ngokuba "lolona suku lulusizi kwimbali yamaJuda".

Umhla:

**NgoSeptemba:** I-Rosh Hashanah yiNyibidyla okanye unyaka omtsha wamaJuda. Abantu bakhala uphondo lwenkunzi yegusha (lubizwa ngokuba yi-shofar) ukubhiiyozela le mini. Batya ukutya okufana nama-apile athiwe nkxu ebusini ukubonisa ukuba banethembba lobomi obumnandi kunyaka omtsha. Umhla:



**NgoSeptemba okanye ngo-Okthobha:** I-Yom Kippur iza kwiintsuku ezilishumi emva kwe-Rosh Hashanah. Olu suku lolona suku lungcwele lwamaJuda.

Umhla:



**9 Agasti:** Usuku lwamakhosikazi lwesizwe – iHolide kawonke-wonke. Ngomhla we-9 Agasti 1956 amakhosikazi angama-20 000 aqhankqalaza kwizakhiwo iUnion Building ePitoli echasa ukuphathwa "kwamapasi" ngabantu abantsundu. Indima yamakhosikazi kuluntu lwaseMzantsi Afrika ibhiyozelwa ngolu suku rhoqo ngonyaka.



**I-7 Septemba:** Iveki yokutyalwa kwemithi yesizwe. Kukhuthazwa abantu ukuba batyale imithi.



**8 Septemba:** Usuku lokufunda nokubhala lwehlabathi. Olu suku lugxininisa ukabaluleka kokufunda ukufunda.

**24 Septemba:** Usuku lwenkcubeko namafa – iHolide kaWonke-wonke. Bonke abemi baseMzantsi Afrika banokubhiiyozela iinkcubeko zabo kunye nezabanye.





Masifunde

# Izityalo – izinto esizifumana kuzo

Umhlaba uzaliswe zizinto eziphilayo. Kukho izilwanyana, abantu, iigusha neenkomo kanye nezityalo ezifana nombona kanye nemithi yemingcunube nezidalwana zomngundo, ezifana neenkowane.



Izityalo ziba namasebe, amagqabi, iziqu kanye neengambu. Ziba neentyantyambo, iziqhamo kanye neembewu. Uninzi lwazo lunamagqabi aluhlaza.



Masithetho

Kuvela phi ukutya kwethu?



Sowuf undile malunga nokuba kuvela phi na ukutya. Masikhangele ukuba usakhumbula na.





### Masifunde

Umhla: .....

Izityalo zisinika iindidi ezininzi zokutya. Yonke imifuno, iziqhamo kanye namandongomani ivela kwizityalo. Ezi zinto zisigcina sisempilweni kuba zineevithamini, iiminerali, iiprotheni, iikhahohayidreyithi, ioyile kanye nefayibha. Netshokoleti ivela kumandongomani.



### Masibhale

Bhala ilet a eya kulo mntu udla ngokukwenzela ukutya.  
Sebenzisa esi sakhelo. Sebenzisa amagama akolu luhlu:

umgubo wombona    isipeke    ithanga    itapile    umnqathe    ibhotolo yamandongomani  
isonka    ikeyiki    ilethasi    inyama yenkomu    iipesika    ama-apile    iivatala



Enkosi kakhulu ngoku \_\_\_\_\_.

Ndiyakuthanda ukutya \_\_\_\_\_.

Andiyithandi \_\_\_\_\_ kuba \_\_\_\_\_.

Ndicela undenzele \_\_\_\_\_.

Ukutya okuvela kwizityalo kulungile kuba \_\_\_\_\_.



### Masithethi

Jonga le mifanekiso uze uthethe nomhlobo wakho ngeemilo zezityalo.

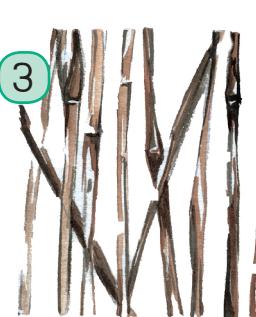
1



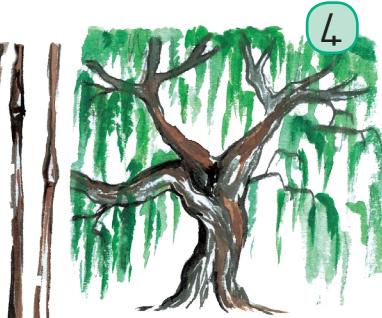
2



3



4





50

Ikotla L - Iiveki I



Masifunde

# Izityalo – Ukusuka kwizele ukuya eswekileni

Iswekile yenze yeendidi zokutya okuyimfuneko ukuze sibe sempilweni. Kukho iindidi ngeendidi zeswekile. Iswekile siyifumana kwiziqhamo. Ubisi nalo lunayo iswekile. Umfanekiso obonakala ngasemva ongasezantsi ubonisa amasimi amakhulu eswekile aKwaZulu-Natal.



Masifunde

Iswekile iluncedo.

Izele leswekile sisityalo eside esikhangeleka ngathi yingcongolo. Likhula kwimozulu yetropiki. Izele leswekile lifuna ilanga elininzi nemvula eninzi. Apha eMzantsi Afrika iphondo laKwaZulu-Natal lilo ellungele ukutyala esi sityalo.



Masenze

1. Jonga imifanekiso yezixhobo zomculo oza kujiboniswa ngutitshala wakho.
2. Mamela iintlobo ezahlukeneyo zomculo weli loMzantsi Afrika oza kuzidlalewa ngutitshala wakho. Xoxani ngezi zihloko zilandelayo:
  - Isinqi sezi ngoma
  - Ingaba siyacotha okanye siyakhawuleza?
  - Ingaba lo mcupo ukwenza uhive njani?
  - Sesiphi isixhobo somculo osivayo kwezi ngoma?

Masishukume

Gqibezela ibala lemiqobo akwakhele lona utitshala wakho.



Umhla: .....

Jonga umfanekiso wezele leswekile. Qaphela ezi ndawo zilandelayo zesityalo: Isiqu eside esibugolide, amagqabi abhityileyo amade, iindibano-malungu esiqwini, ihlathi leengcambu emhlabeni.

Izele leswekile kufuneka likhule kangangeenyanga ezili-14 ukuya kwezingama-24 phambi kokuba lilungele ukuvunwa. Iziqu zineswekile – isiraphu enebala elimdaka encangathi – engafani kwaphela neswekile esiyisebenzisa emakhayeni ethu!



Masibhale

Fakela iinombolo kule mifanekiso ilandeelane kakuhle ubonise indlela eyenziwa ngayo iswekile.



Iiteletele zilima umhlaba.



Efektri amazele ayacolwa ze kukhutshwe isiraphu. Kuocwa iswekile icokiswe ukuze ilungele ukuthengiswa.



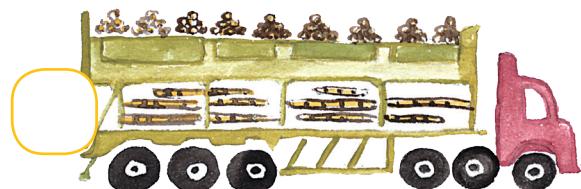
Kuvunwa amazele eswekile aze abotshwe abe ziinyanda.



Ukunkcenkceshela ukuze izele leswekile likhule.



Kulinywa izithole zezele leswekile.



Izele lisiwa efektri liyokusilwa.



Amazele eswekile afika efektri.





Masifunde

Kwikota edlulileyo ufunde ngomhlaba.

Yile planethi sihlala kuyo. Umhlaba usinika yonke into eyimfuneko ukuze siphile. Umhlaba usinika phantse konke esikufunayo ukuze siphile. Lo moyaneoksijini esiyifunayo ukuze siphile.

Umaleko obhityileyo womhlaba esihlala kuwo nesiwubiza ngokuba "luqweqwe," unomhlaba ongaphezulu esiwusebenzisela ukutyla ukutya.

Lo maleko wokuqala womhlaba nawo unelitye eliqine ngathi ziintaba. Kulo maleko sifumana izimbiwa ezifana negolide, iidayimani kanye nepetroliyam kwakunye namalahle.

Sikwafumana neelwandle kulo maleko ubhityileyo welitye. Elwandle sifumana ukutya okufana neentlanzi. Ulwandle lubalulekile kuba iinqanawa ezininzi ezithwala iimpahla nabantu zihamba khona.



Masenze



Sebenzisa olu lwazi lungentla uzobe umfanekiso womhlaba. Sebenzisa nantoni na enokunceda uphuhlise izimvo zakho – ipenisile, iikhrayoni, iipasteli, i-inki kanye nepeyinti. Ungacinga nangokwangeza izinto ezifana nephepha, amaqhosha, oonokrwece, amagqabi neentyatyambo ezomileyo. Sebenzisa izinto ongazange wazisebenzisa ngaphambili, okanye sebenzisa izinto onazo ngendlela ongazange wazisebenzisa ngayo ngaphambili.



### Masithethe

Umhla: .....

Nifundile ngokuba kuvela phi na ukutya. Wena nomhlobo wakho fakani uphawu lokukorekisha (✓) kwiintlobo zokutya ezivela ngqo emhlabeni:

ama-apile	
isipeke	
itshizi	
iziqa zenyama	
amaqanda	
isikwashi	
amasi	
umphokoqo	
iiorenji	
iipesika	
iierityisi	



### Masishukume

- Vuthela amaqamza kwi emele enamanzi.
- Faka ubuso bakho emanzini imizuzwana emithathu uwubambe umphef'umlo, ungawavali amehlo neempulo zakho.

### Yenza ngathi uyaqubha

- Lala ngesisu ukhabalazise imilenze yakho.
- Yima ngenyawo uze ushukumise iingalo zakho ngokungathi uqubha ngomqolo.
- Ngoku shukumisa iingalo zakho wenze ngathi uqubha ngesifuba.



Krwela umgca osuka kwigama ngalinye uye kumfanekiso walo. Lukuxelala ntoni uluhlu lwakho?



### Masibhale

Bhalela umhlaba umhlathi uwubulele ngezinto osinika zona. Bhala esinye isivakalisi uthembise ukuba uya kuncedisa ekuwunonopheleni.

Mhlaba othandekayo

Ndiyabulela ngo \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Ndiyathembisa ukuba \_\_\_\_\_



Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_

# Umhlabo – ukusuka kudongwe ukuya kwisitena



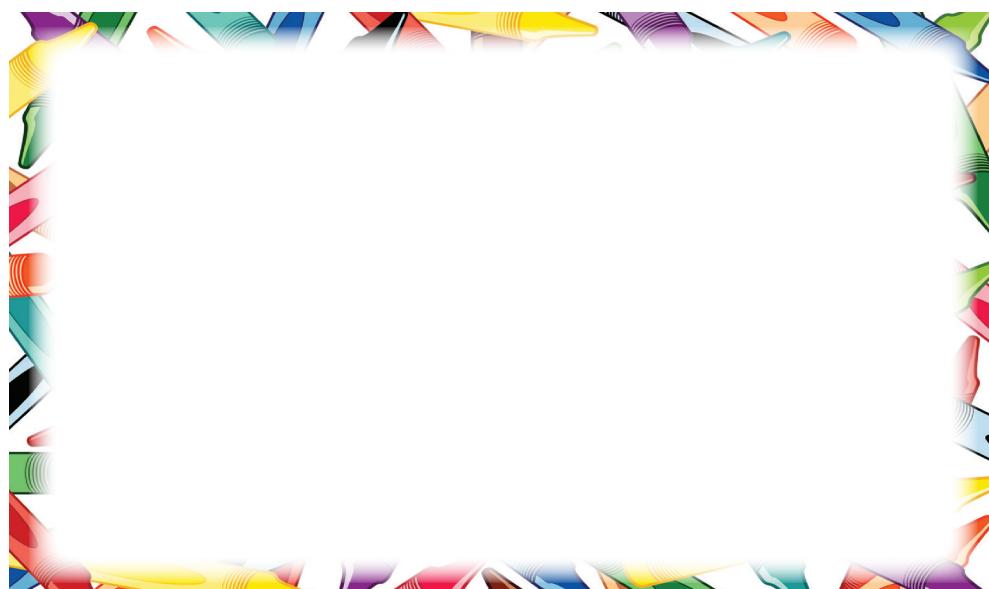
Masifunde

Umhlabo uneendidi ezininzi ezahlukileyo zomhlabo. Udongwe lolunye lwezo ndidi. Iminyaka emininzi abantu babesebenzisa udongwe xa besenza izitena zokwakha.



Masenze

Zoba izinto ezimbini esinokuzakha ngezitena uze ufake inkcazo emfutshane kumzobo ngamnye.



Masibhale

Phendula le mibuzo.

Kutheni izitena zingenambala ufanayo zonke?

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Ingaba izitena zenziwa ngodongwe kuphela?

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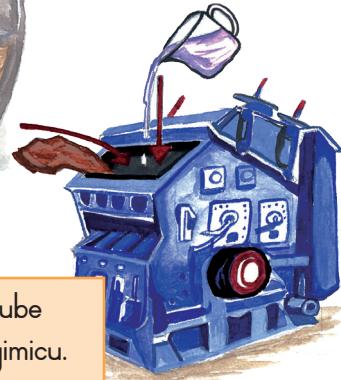
Masibhale

Umhla: .....

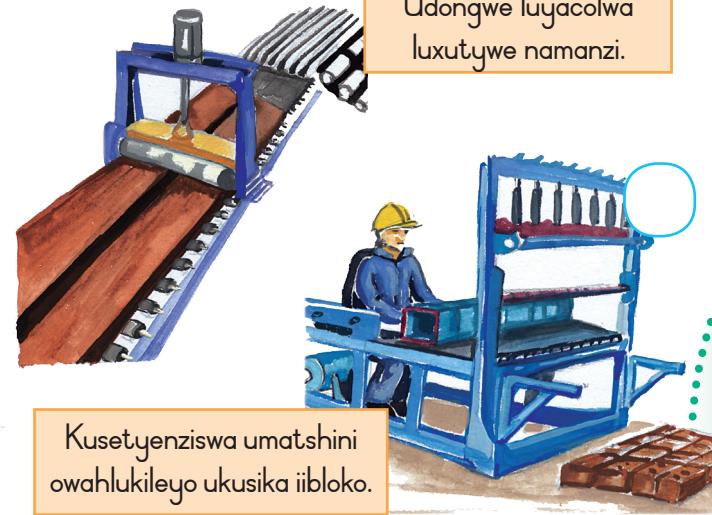
Jonga le mifanekiso uze uxelele umhlobo wakho ukuba kwenzeka ntoni kumfanekiso ngamnye.



Kwembiba udongwe.



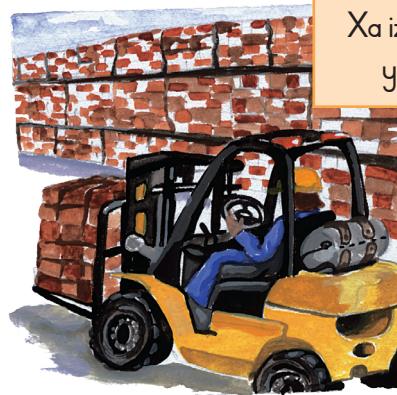
Umatshini usika umxube wodongwe ukuze ube yimicu.



Kusetyenziswa umatshini owahlukileyo ukusika iibloko.



Iibloko zodongwe ziyomiswa. Iziqwenga ezomileyo zibhakwa eontini enkulu yezitena.



Xa izitena zisusiwe eontini yezitena ziyahlelwa.



Izitena zibekelawa ezinye phezu kwezinye ukuze zibe ziimfumba kwaye zilungele ukuthengiswa.

Faka iinombolo kwezi zivakalisi ngokulandelelana kwazo ubonise indlela esenza ngayo izitena.

	Xa izitena zisusiwe eontini yezitena ziyahlelwa.
	Udongwe luyacolwa luze luxutywe namanzi.
	Kusetyenziswa umatshini ukusika iibloko.
	Xa kugrunjwa udongwe kusetyenziswa oomatshini abakhulu.
	Izitena zifunjwe zaziimfumba kwaye zilungele ukuthengiswa.
	Iziqwenga zodongwe ezomileyo zibhakwa eontini yezitena.
	Umxube wodongwe usikwa ube ziziqwenga ngoomatshini.
	Iibloko zodongwe ziyomiswa.





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Ikota L - Iiveki 3

# Intlekele nesifanele ukukwenza



Masifunde

Intlekele

Intlekele yinto eyenzeka ngesiquphe kanti ineziphumo ezixhalabisayo ebantwini nakwindalo. Intlekele inokubangela ukufa kwabantu abaninzi nomonakalo omkhulu.

Iziganeko zeentlekele ezininzi zenziwa zizinto eziyindalo ezifana nomoya nemvula. Umzekelo woku zizikhukula emva kweemvula ezinkulu.

Abantu nabo banganganobangela weentlekele. Umzekelo, ukuyeka ikhandlela livutha ubusuku bonke kunokubangela umlilo.



Masithethethe

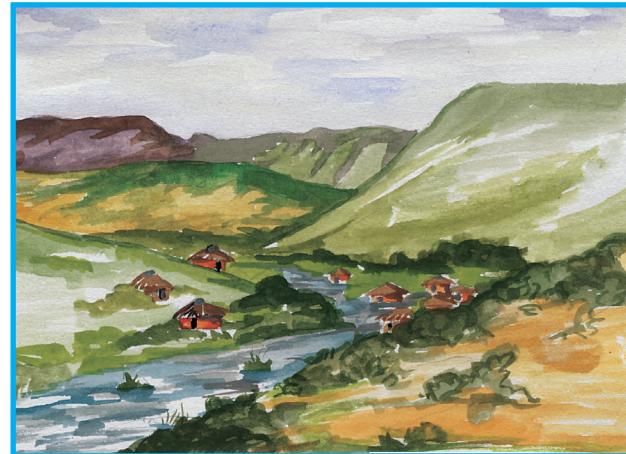
Jonga le mifanekiso uze uthethe ngazo kune nomhlobo wakho.

Thetha ngento oyibona kumfanekiso ngamnye. Xela ukuba loluphi uhlobo lwentlekele oluboniswa ngumfanekiso ngamnye.

Bhala phantsi iingcinga zakho.

Utitshala wakho uza kubhala uluhlu lweempendulo zomntu wonke ebhodini.

Kuludwe lwakho fakela iimpendulo ezahlukileyo kwezakho.





Masifunde

Umhla: .....  
 Funda eli nqaku lephephandaba elingentlekele yezikhukula. Qala uzifundele ngokwakho. Emva koko hlala nomhlobo wakho uze ufunde ukhwaze. Tshintshiselanani. Funda umhlathi ubo mnye aze umhlobo wakho afunde olandelayo.

# Isikhukula sephanyazo sidale intlekele

ESchmidtsburg ngoMgqibelo

14 kuJanyuwari 2011

– Balishumi elinambini abantu ababhubhileyo baza bangamashumi amane anesihlanu abasindiswe besemithini naphezu kwezindlu kwidolophu yoMntla Koloni.

Le ntlekele yenzeke emva kokuba kune izandyondyo zemvula ngoLwesihlanu. Yana ixesha elide kunelo belilindelekile.

Yayisesona sichothono sibi sakhe sakho kule dolophu ukusukela ngowe-1985.

Kubhubhe abantu ababini xa bebezama ukuwela ibhulorho zaze iimoto zabo zemka namanzi. Abezonxunguphalo basemapoliseni, abacimimlilo kunya namajoni banceda abantu abaninzi. Amapolisa asakhangela ukuba ingaba afumanekе onke na amaxhoba. Abantu abaninzi abasedolophini balahlekelwe yinto yonke emakhayen iabo. Izindlu ezikwimimandla esezantsi nezikufuphi emlanjeni bezonakele ngaphezu kwazo zonke ezinye.

Amanye amaxhoba akakhange aziphulaphule



izilumkiso ezivela emapoliseni. Abantu abaninzi bashiyekе bengenakutya nazimpahla. Ngoku bahlala kumaholo eecawe okanye bahlala nabahlobo neentsapho zabo.

Kuya kuthatha iinyanga ezintandathu ukulungisa okanye ukwakha yonke into kwakhona. USodolophu ucele bonke abantu ukuba babambisane.



Masibhale

Funda eli nqaku lephephandaba kwakhona. Emva koko phendula le mibuzo.

Yenzeka kweliphi iphondo le ntlekele?

Yaqala nini ukuna imvula?

Ingaba iqhele ukuna kakhulu imvula kule dolophu?

Kutheni abantu abaninzi bengenakutya nje?



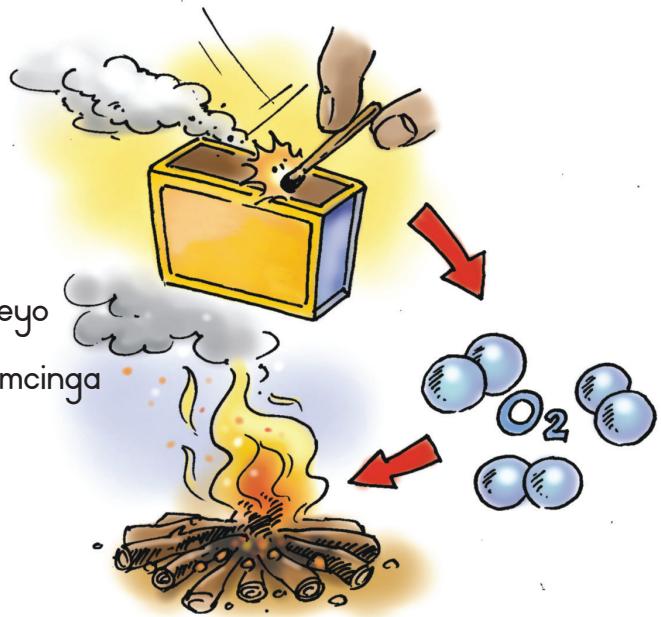
## Masifunde

## Umlilo

Umlilo ubakho xa kudibene izinto ezintathu.

Ezi zinto zezi:

- isibaso esinokutsha, esifana nomthi owomileyo
- ubushushu obufana nelangatye elisuka kumcinga wematsishi okanye into yokuntumeka
- igesi esemoyeni ekuthiwa yioksijini



Ezi zinto zintathu kufuneka zibekho zonke ngaxeshanye.

Ubusazi ukuba umlilo awunakuqhuba ngokuvutha xa ingekho ioksijini?



## Masibhale

Utitshala wakho uza kulajita ikhandlela aze aqubude iglasi engenanto phezu kwalo. Jonga into eyenzekayo.



Kutheni kwenzeke le nto nje?

Bhala isivakalisi sibe sinye encwadini yakho yemisebenzi.



## Masithethé

Xoxa nomhlolo wakho nifune iimpendulo zale mibuzo:

Kutheni lfile ilangatye leli khandlela?

Kuza kufuneka ukuba uyazi impendulo yalo mbuzo ukuze ukwazi ukucima umlilo.

Kutheni?

Utitshala wakho uza kumamela zonke iimpendulo aze agqibe ukuba zeziphi ezinezona zichanekileyo.



## Masithethé

Niyiklasi, xoxani ngokuba zeziphi izinto ezikwaziyo ukuvutha. Emva koko xoxani ngokuba zeziphi kwezi zinto eninokuzifumana kumakhaya enu. Kwingxoxo yenu, nifumana myalezo mni malunga nokhuseleko emlilweni?



### Masibhale

Bhala iimpendulo zakho kwizikhewu ezikule theyibhile.

Umhla: .....



### Kutheni umlilo ubalulekile kuthi

Usinika ntoni umlilo	Indlela yokuwusebenzisa
Ubushushu	Iimpendulo yakho
Ukukhanya	Iimpendulo yakho



### Masifunde

Nika utitshala wakho incwadi yakho ukuze qjunge iimpendulo zakho.



Iintlekele zemililo zingenza umonakalo omkhulu zidale nokufa okuninzi.

Imililo yamadlelo ilungile maxa wambi kuba yenzo ukuba kukhule izityalo ezitsha. Kodwa imililo engalunganga ingatshabalalisa izityalo nezilwanyana. Kwakhona ikhokelela kukhukuliseko lomhlaba nakungcoliseko lomoya.

Kuyinto embi kakhulu ukuba abantu abangenankathalo bangunobangela wemililo eli-9 kweli-10 (ngaphaya kwama-90%).

Kufuneka sonke sifunde indlela yokuthintela iintlekele zemililo nesinokukwenza xa kukho umlilo ombi. Isesichengeni sayiphi ingozi inkwenkwe engasekunene? Yenze ntoni engalunganga?



### Masenze

- Sika imifanekiso yabantu kwimagazini.
- Yakha ingqokelela yemifanekiso qpho amalungu omzimba abantu eqabelene.



Teacher:  
Sign:

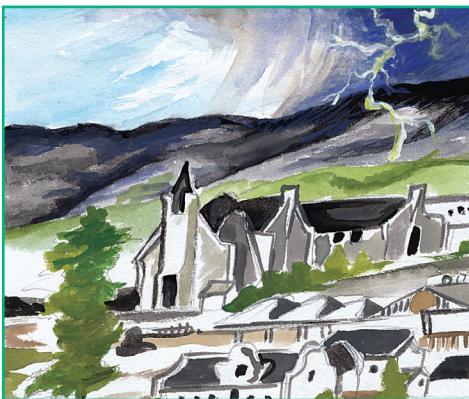
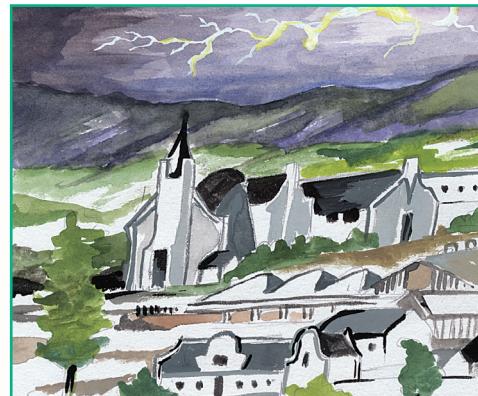
Date:

# Umbane

Masifunde



Maxa wambi xa ubamba into eyenziwe ngentsimbi efana nomgubasi wocango, uva isandi esifutshane esibukhali kwaye uziva wothukile kancinci. Oku kwenziwa kukuba umbane uqokelelene emzimbeni wakho ukuze ugqithele kwizinto zentsimbi okanye zemethali xa uzichukumisa.



Ukulenyenza esikubonayo xa kubaneka kukwanjalo. Kubakho umbane kwilifu elithile uze "ugqithiselwe" kwelinye ilifu (umfanekiso ongentla) okanye emhlabeni (umfanekiso ongasekhohlo).

Isithonga osivayo emva kokulenyenza siyafana nesandi esibukhali osiva xa uphattha into yentsimbi kodwa sona siyangxola kunaso. Minyaka le, bangaphaya kwama-30 abantu ababulawa ngumbane eMzantsi Afrika.



**Le yimithetho emithathu yokhuseleko xa kukho sisiphango.**

Ukuba ufunyenwe sisiphango khumbula:

- Musa ukuzimela phantsi komthi okanye ecaleni kocingo olwenziwe ngemethali okanye ngentsimbi.
- Musa ukuzimela emngxunyeni osemhlabeni okanye ulale emhlabeni.
- Ukuba usemlanjeni, edamini okanye echibini lokuqubha, phuma msinyane kangangoko unako!





### Masithethethe

Thetha nomhlobo wakho malunga nomfanekiso. Xela ukuba kutheni le ndawo inobungozi xa kukho isiphango.



### Masenze



Phinda ujunge le mithetho mithathu yokhuseleko kwisiphango. Khetha ube mnye.



Yenza ipowusta exelela abantu ngokhuseleko xa kukho isiphango.

Ipowusta yakho kufuneka:

- ibe namagama
- ivakale ngeendlela ezahlukileyo wakuyibamba
- kube lula ukuyiqonda



- Linganisa ngomzimba wakho ukulenyeza kombane. Maxa wambi ulenyeza okomga ojikojiko ze maxa wambi kube mhlophe kwindawo yonke. Yima ngolo hlobo kangangemizuwana eli-10.
- Tshintsha ume ngenye indlela "yombane" ume ngolo hlobo imizuzwana engama-20. Yima nomhlobo wakho nijongane, aze yena atshintshe ngendlela ecothayo ame ngenye indlela "yombane". Zilinganise zonke ezi ntshukumo ngokungathi usesipilini.
- Zimele uwedwa kwakhona.
- Shukumisa umzimba wakho ngokukhawuleza ngokungathi ungumbane. Ziphinde ezi ntshukmo.



### Masithethethe

*Ngoku yonwabela umdlalo wentenetya uyibethe ngomphambili uphinde uyibethe ngomva ibhola.*

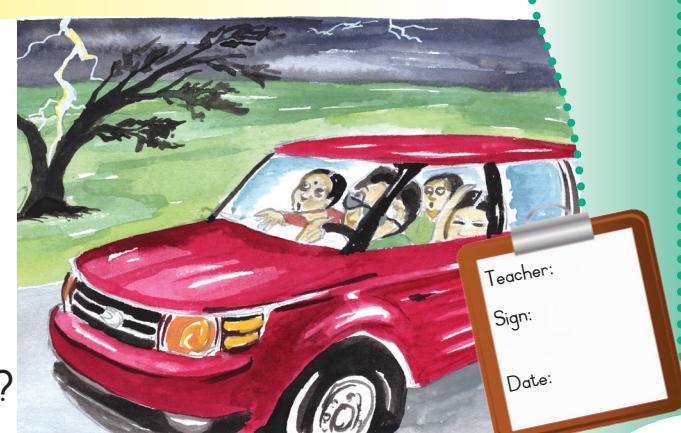
Ingaba ungakhuseleka emotweni xa kukho isiphango?

Thetha nomhlobo wakho ngoku.

Ingaba umbane uyakwazi ukubetha kabini endaweni enye?

Xoxani ngale mibuzo eklassini.

Umhla:



Teacher:  
Sign:  
Date:



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# Iziphango nezaqhwithi

Ikota L - Iiveki 4



Masifunde

Funda ibali lika Maisy elingesiphango esibi.

## Awona mava mabi

Amafu amnyama amakhulu aqokelelana imini yonke. Utata wamamela iindaba kwirediyo eyayihleli isilumkisa ngesaqhwithi nemvula enku. Kwafika amapolisa ezokujonga ukuba sihleli kakuhle na aze asixelala ukuba maze sithini na xa kukho isiphango.

Utata wafaka itotshi, irediyo ephathwayo kune namaxwebhu akhe kwisingxobo seplasitiki. Umama wapakisha iimpahla zeentsuku ezimbini zomntu ngamnye ebhegini. Umakhulu wafaka iipilisi zakhe kwibhegana encinci asoloko eyigcine esinqeni sakhe. Sazalisa iibhotile zamanzi esinokukwazi ukuziphatha.

UTata ugawule isebe elikhulu lomthi ebelijinga phezu kwendlu yethu. Savala iifesitile saza sancamathisela iteyiphu eglasini yefesitile waza wabethelela namaplanga phezu kwazo.

Kwathi ngokuya kusiba mnyama, yaqala yana ngamandla imvula. Kwavuthuza umoyakazi ngamandla.



Umhla: .....

Kwathi xa kuqala ukuhla amanzi phambi komnyango wangaphambili, abasebenzi bakwamasipala basiphathela iiplasitiki zesanti nezimnyama ukuze sizisebenzise njengeebhatyi zemvula.

Sasisoyika. Uphahla lwaqhaqhaqazela amanzi avuza indawo yonke. Kumzuzu ngamnye kwakukho isithonga esitsho phezu kwendlu.

Kwabakho isandi sokukrazuka nesithonga esivala iindlebe. Indlu yasekhaya yayimke uphahla!

Safaka ezo plasitiki zimnyama entloko saza sabaleka sayishiya indlu. Kwafuneka siphephe izinto ezaziphaphatheka ecaleni kwethu. Isibhakabhaka sasikhanyiswa ngumbane olenyezayo.

Sabaleka ukuya kwiziko loluntu. Kwakusekuzele ngabanye abantu apha.

Ngentsasa elandelayo sabona umonakalo omkhulu owenziwa seso siphango. Iinkukhu zasekhaya zazingabonakali ndawo nosizana lwenkomo lwalubalekile.

Esi siphango sasiyintlekele kwaye sabangela umonakalo nakwiidolophu ezikufuphi. Sasinethamsanqa ukuba sibe sisaphila.



Masithethethe

Makudlalwe iindima zeli bali.

La magama achaza iindidi ezaahlukaneyo zezaqhwithi:

Isivuthuvuthu: umoya onamandla owenza umonakalo omkhulu

Inkanyamba: imimoya ejikeleza indawo ezolileyo

Isaqhwithi: umoya ondlongondlongo okwindawo encinci

Ngowuphi kule mimoya ocinga ukuba wafumana olu sapho?

Lwenza ntoni olu sapho ukuzikhuela phambi kwesiphango?





## Masifunde

## Iinyikima

Iinyikima yenzeka xa kuthe kwashukuma ngesiquphe inxalenyenyoqweqwe lomhlaba.

Intshukumo yesiquphe ikhokelela kumaza ahamba kolu qweqwe lomhlaba. La maza ashukumisa umhlaba nezinto ezininzi ezikuwo – oku kushukuma yinyikima esiyivayo nesiyibonayo.

Iinyikima zingabangela ukufa kune nomonzakalo kwakune nomonakalo omkhulu kwizakhwiwo.



## Masifunde

Nazi ezinye iinyani ezinika umdla malunga neenyikima. Hlalani nibe ngamaqela ezine. Tshintshisanani ngokufunda nikhwaze.

- Bamalunga ne-10 000 abantu abasweleka kwiinyikima qho ngonyaka.
- Ziinyikima ezisibhozo kwezilishumi ezenzeka ngakuLwandlekazi IwePasifikasi.
- Iinyikima ezenzeka ngaphantsi kolwandlekazi zibangela amaza olwandle amakhulu ekuthiwa ziitsunami.
- Iitsunami zihamba zinqumle ilwandlekazi ngesantya esiphezulu. Ezinye zide ziphakame kangangeekhilomitha ezingama-960 ngeyure.
- Ezinye iitsunami ziphakama kangangeemitha ezili-15.
- Eyona tsunami inkulu eyakhe yakho yabakho ngowama-26 Disemba 2004. Le tsunami yachaphazela amazwe ali-11 akufuphi nolwandlekazi IweIndiya.
- Kwabakho enye itsunami embi ngowe-11 Matshi 2011 eJapan.



- Kungathintelwa iziganeko ezininzi zokufa xa abantu bebenokuzilungiselela iitlekele zenyikima. Banokwakha izakhiwo ezijikela ngasemacaleni ngexesha lenyikima, endaweni yokuqhekeka.
- Ngowama-29 Septemba 1969 kwabakho inyikima eyashukumisa eCeres, eTulbagh naseWolseley kwiphondo laseNtshona Koloni.
- Iinyikima ezinamandla kangako azifane zibekho eMzantsi Afrika.
- IThekwini noMgungundlovu kune neKapa zizixeko zaseMzantsi Afrika ezikhe zibe neenyikima ngamanye amaxesha.
- Ukusukela ngoFebhuwari 2010 ummandla weAugrabies kwiphondo laseMntla Koloni wafumana iqela leenyikima ezincinci.
- Kukho izikhululo ezingama-26 eMzantsi Afrika ezisilumkisa ngeengozi zenyikima.



Masenze

Umhla: .....  
Jonga le mephu uze ufakele iinombolo kwiindawo ezichanekileyo ubonise oku kulandelayo.

- 1 Ulwandlekazi apho zenzeka khona iinyikima ezininzi.
- 2 Ummandla apho kwakukho eyona tsunami inkulu ngoDisemba 2004.
- 3 Ilizwe elahlaselwa yitsunami ngowe-11 Matshi 2011.
- 4 Isixeko saseNtshona Koloni esikhe sihlaselwe yinyikima maxa wambi.
- 5 Esinye sezixeko zaKwaZulu-Natal esikhe sihlaselwe yinyikima maxa wambi.
- 6 Indawo ekwiphondo laseMntla Koloni eneenyikima ezincinci eziliqela.

Ungafakela imibala ngeekhrayoni kwimephu yonke.





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Ikota L - Liveki 6



Masithethe

# Izilwanyana ezisincedayo

Jonga ezi foto. Xoxani niyiklasi malunga nokuba zisinceda njani na ezi zilwanyana.

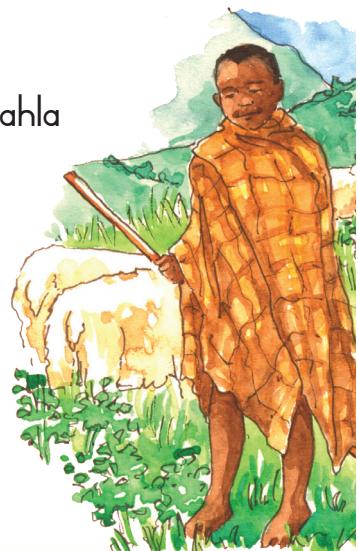


Masifunde

Kudala abantu baqala ukusebenzisa izikhumba zezilwanyana njengempahla ukuzikhusela emoyeni nasengqeleni.



Ekuhambeni kwexesha abantu bafumanisa ukuba bangakwazi ukusebenzisa uboya obuvela egusheni nakwezinye izilwanyana ezifana nellamas ukwenza impahla. Ezi mpahla zazikhaphu-khaphu kwaye zifudumele kunezikhumba.



Umhla: .....

Sisebenzisa izikhumba zezilwanyana ukuze senze iimveliso ezahlukeneyo zothwathwa ezifana neebhegi zamanenekazi, izipaji kunye nezhlangu. Nathi sifumana inyama ezilwanyaneni. Kodwa baninzi abantu abangayityiyo inyama ngenxa yenkolo yabo okanye kuba becinga ukuba oko akulunganga.



Kwiminyaka engamawaka eyadlulayo, zonke izilwanyana zazizezasendle zinoburhalarhume. Kwathi kwiminyaka emininzi kamva izilwanyana ezifana nezinja, iikati, iigusha, amahashe kunye neenkomo zalulama. Namhlanje sinezilwanyana ezhhlala emakhaya nasezifama ezisinika izinto ezahlukeneyo.



Embungwini yesilika sifumana isilika esiyisebenzisela ukwenza amalaphu agude nathambe kakhulu.



Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_



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# Izilwanyana ezisinika ukutya okanye iimpahla: iinyosi

Ikota L - Liveki 6



Masifunde



Iinyosi zenza ubusi namakhambi anyityilikisiweyo kwaye zinceda amafama ngokuvelisa iziqhamo. Iinyosi zihlala njengamaqela abahlali ezindlwini zazo (okanye kwiindlwane). Ezinye iinyosi ziyaphuma ziye kulanda umungu nencindi yeentyatyambo. Zithatha ezi zinto zizise endlwini yazo. Umungu kondliwa ngawo iinyosi ezsakhulayo, ukuze incindi ijikwe ibe bubusi bokondla iinyosi ezindala. Iinyosi zigcina ubusi nomungu kuvimba obizwa ngokuba likhaphela. Ikhaphela lenziwe ngamafutha akhutshwa ziinyosi emizimbeni yazo.



Amafama eenyosi aphakula ubusi obungazi kusetyenziswa ziinyosi njengokutya. Ubusi kukutya okunempilo kakhulu, kanti sikhola ukubutya ngokubuqaba esonkeni sibutye nangesidudu.



Siphinda sisebenzise amakhambi anyityilikisiweyo ukwenza zonke iintlobo zemveliso, ezifana nezi:

- amakhandlela
- iikhrayoni
- isepha
- ipolishi yefanitshala.
- amafutha emilebe neziqholo zomzimba
- isithinteli-manzi sothwathwa
- ipolishi yeemveliso zothwathwa ezifana nezhlangu

Umhla: .....

Iinyosi nazo zibaluleke kakhulu kuthi, kuba zinceda izityalo ezininzi ezityalwa ngabalimi ekwenzeni iimbewu nasekukhuleni kweziqhamo ekuthi kuzo kakhule izityalo ezitsha. Iinyosi zikwenza oku ngokusasaza umungu ukusuka kwisityalo esithile ukuya kwesinye logama zithatha umungu nencindi.

Kumalunga nesinye esithathwini ukutya esikutyayo okufumana inzuso ngokumvumvuzelwa ziinyosi nezinye izinambuzane. Kodwa kukho iinyosi ezimbalwa ngoku kunakwixesha langaphambili ngenxa yezifo nokusetyenziswa kwemichiza yokutshabalalisa izinambuzane ezonakalisa izityalo. Zilumkele iinyosi. Xa zikuhlaba kuba buhlungu kakhulu.



Masibhale

Ingaba ezi ngxelo ziyinyani okanye aziyonyani?

Phawula ibhokisi echanekileyo (✓). Utitshala wakho uza kukunika iimpendulo.

	Yinyani	Asiyonyani
Ukuhlatywa yinyosi akubuhlungwanga.		
Iinyosi ziyawulahla umungu xa zibhabhela ezindlwini zazo.		
Amafama aphangela iinyosi ubusi bazo obukuphela kwabo obukhoyo.		
Iinyosi zobusi zikuqheliile ukuhlala nabantu.		
Ubusi bunetyhefu xa busetyenziswa ekutyeni okushushu.		
Amakhambi obusi angasinceda ukwenza izihlangu zothwathwa zikhazimle.		
Amakhambi anyityilikisiweyo akakwazi ukwenza amanzi angangeni kwizihlangu zothwathwa.		
Ubusi bukrakra.		
Inani leenyosi liyenysuka.		
Iinyosi zisebenzisa ubusi njengokutya kwazo.		





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# Izilwanyana ezisinika ukutya okanye iiimpahla: iinkuku

Ikota L - Iiveki 6



Masifunde

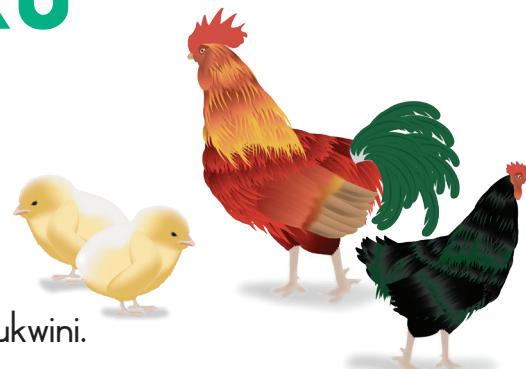
Iinkuku zikwiqela lezilwanyana ekuthiya yipoltri.

Iinkuku ziintaka ezibaqheliyeo abantu.

Sifumana amaqanda, inyama kune neentsiba ezinkukwini.

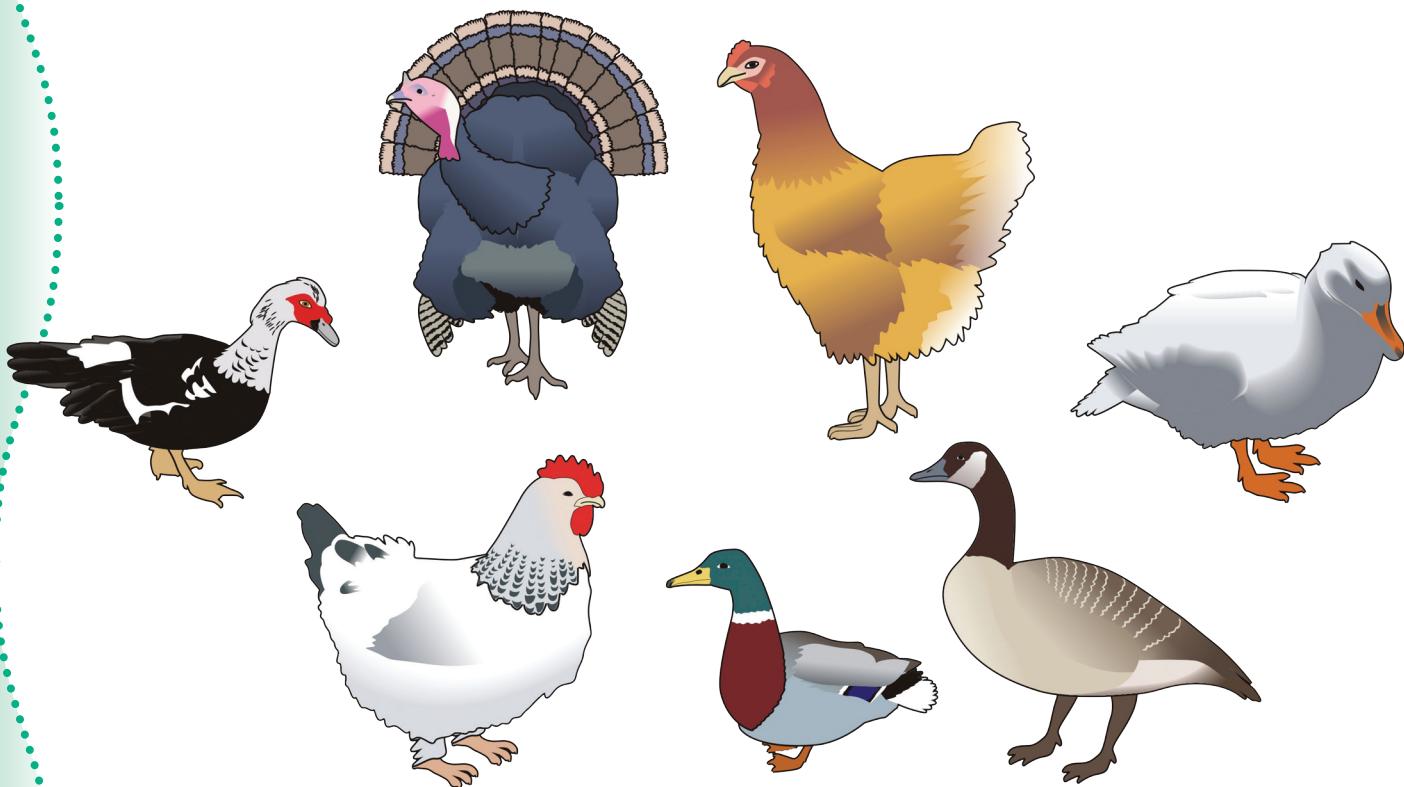
Ipoltri ibandakanya iinkuku, iikalakuni namahobe, iinkwali kune neentaka zamanzi amadada namarhanisi.

EMzantsi Afrika zimalunga nama-950 izigidi zeenkuku ezifuyelwa amaqanda nenyama minyaka le. Eli nani liphantse libe liphindwe kali-100 kunenani labafundi beBanga lesi-3 eMzantsi Afrika.



Masithethe

Jonga le mifanekiso uze uthethe nomhlobo wakho ngayo.  
Zeziphi ezisinika amaqanda atyiwa ngabaninzi bethu?





Masibhale

Umhla: .....

Jonga imifanekiso uze wenze isangqa ekutyeni esikufumana ezinkukwini. Emva koko jonga ukutya okushiyekileyo uze uxele ukuba kuvela kweziphi izilwanyana.



Masenze

Khetha intaka yepoltri onokuyibumba ngentlama yephepha.

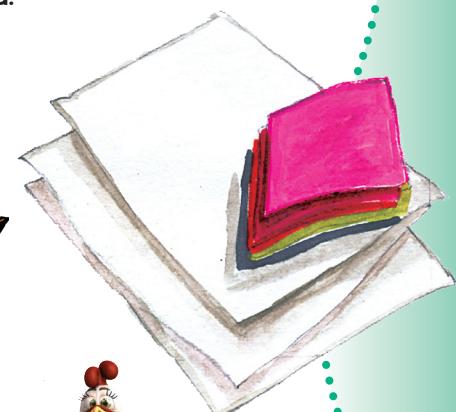
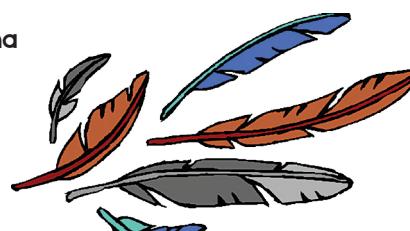
Jonga imibala eyahluka-hlukileyo neemilo zeentsiba zayo.

Kwakhona jonga umzimba wayo namalungu  
ahluka-hlukileyo omzimba.

Yenza isigqibo ngento ofuna  
ukuyigxininisa.



Masishukume



- Zolule ngendlela owenza ngayo umqhagi phambi kokuba ukhonye.
- Qhwaba izandla uze ubhakuzise iingalo zakho njengeentlobo ezahluka-hlukileyo zeentaka zepoltri.
- Hamba njengeentlobo ezahluka-hlukileyo zeentaka zepoltri.
- Xhathisa njengentaka ehamba phezu kocingo.
- Yahlula abafundi ngokwamaqela amabini. Elinye iqela lelookhetshe ukuze elinye libe lelamantshontsho enku. Ookhetshe babaleka ngezangqa ezipuleke kakhulu ngokukhawuleza bolule iingalo, bezama ukubamba amantshontsho. Amantshontsho abalekela kunina ukuze akhuseleke. Tshintshiselanani ngeendima.

Teacher:  
Sign:  
Date:



# Izilwanyana ezisinika ukutya okanye iimpahla: iinkomo



Masifunde

Luvela phi ubisi lwethu?

Uyazi na ukuba ubisi lufikelela njani emakhayeni ethu?

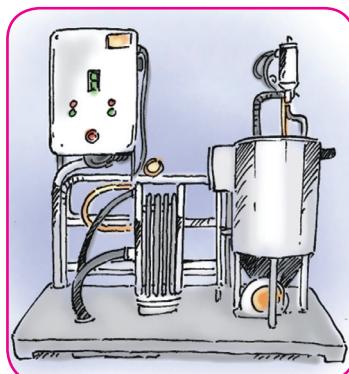
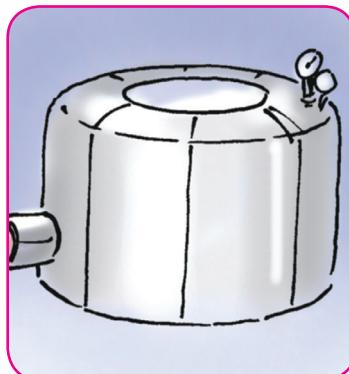
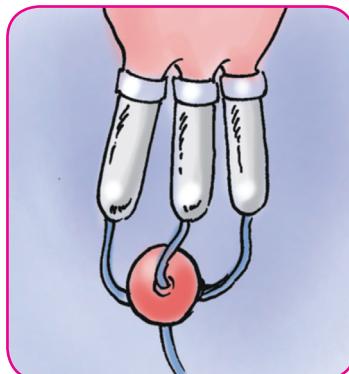
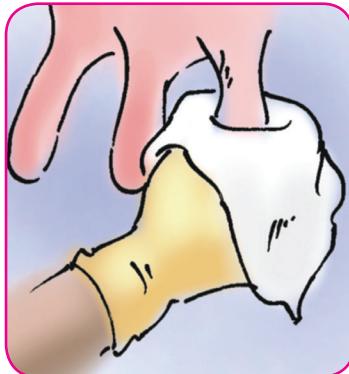
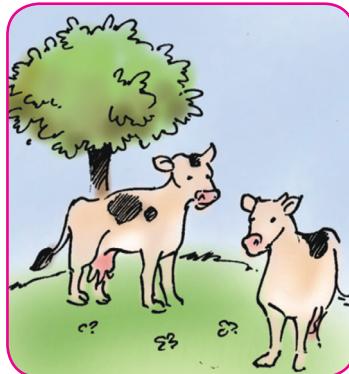
Masifunde kabanzi ngoku.



Masithethe

Jonga le mifanekiso uze uthethe ngayo nomhlobo wakho.

## Indlela esilufumana ngayo ubisi





Masithethé

Asilobisi kuphela esilufumana ezinkomeni. Yintoni enye esiyifumana kuzo?

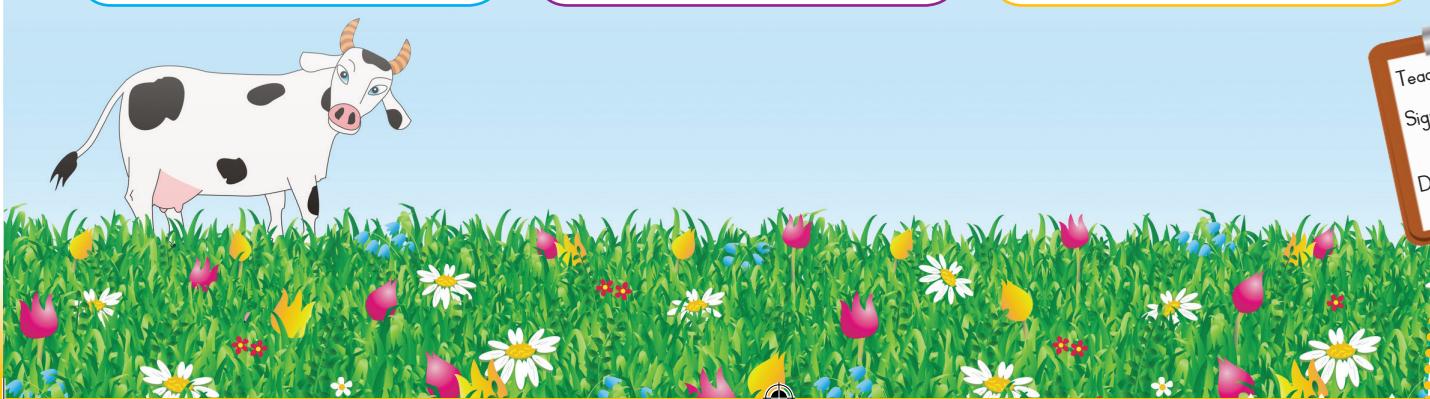
Yabelana neklasi ngoluhlu lwakho olubhalileyo.

Umhla: .....



Masenze

Kwisakhelo ngasinye, zoba imveliso eyenziwa ngobisi. Bhala igama  
lemveliso leyo ngezantsi komfanekiso ngamnye owuzobileyo.





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Ikota L4 - Iiveki 7



Masifunde

### Uboya

Ekupheleni kobusika, iigusha azizifuni nganto iidysasi zazo zoboya obuninzi obebuzifudumeza. Ngoko ke eli lixesha elilelona lilungele ukuphungulwa koboya bazo! Oku kubizwa ngokuba kukucheba. Uboya beegusha sibusebenzisa kwintlobo ezininzi zeempahla ukuze sizifudumeze.

Sinako ukunitha ijjezi ngewulu, kanti siyakwazi nokuluka iwulu ukuze senze ezinye izinto ezithambileyo ezifudumeleyo.

Uboya begusha bufumaneka ngeentloba ezahlukeneyo. EMzantsi Afrika, ezona zixhaphakileyo ziMerino, iiBlinkhaar-ronderib Afrikaner, iiDorper neeDormer. Iifoto ezikweli phepha zikubonisa ukuba zikhangeleka njani.



IMerino lolona hlobo luninzi eMzantsi Afrika.



# Izilwanyana ezisinika ukutya okanye iiimpahla: iigusha



I-Blinkhaar-ronderib Afrikaner luhlobo lwaseMzantsi Afrika. Ihlala yomelele kwaye isempilweni entle nakwiimeko ezinzima.



Iigusha zeDorper zifunyanwa eMzantsi Afrika kuphela.

Kanti neDormer iluhlobo lwaseMzantsi Afrika. Uboya bayo burhabaxa.



# Siyifumana njani iwulu

1. Umlimi nabancedisi bakhe bacheba iigusha ngesandla okanye ngomatshini.



2. Uboya bubekwa etafileni yokuhlela apho buza kuhlelwa khona ngokwekhwaliti nobude babo.



3. Uboya buhlohlwa kumabhali ze buthengiswe.



4. Ngoku uboya buyahlanjwa ukuze bucoceke.



5. Uboya buyahlanjwa kulungiselelwa ukusontwa.



6. Ngexesha lenkqubo yokusontwa, kolulwa uboya ze bulukwe ibe ngumsonto wewulu.



7. Iwulu ngoku ilungele ukulukwa.



8. Okulandelayo, iwulu ifakwa idayi.



9. Iwulu isetyenziselwa ukunitha ijezi.



10. Ijezi iyathengiswa evenkileni.



Masithethethe

Thetha nomhlobo wakho. Zeziphi ezinye iindlela ezingaluncedo ngazo iigusha ebantwini?

Masidla

- Utitshala wakho uza kukufundisa indlela yokudlala umdlalwana weqakamba.

Teacher:
Sign:
Date:



Ikota L - Liveki 8

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Masitshatise



Izinja ezingoogada zisinceda ngokusikhuela kwizaphuli-mthetho.

# Izilwanyana ezisisebenzelayo: izinja

Izinja ezininzi zizilo-qabane kwaye zihlala nathi emakhaya. Kananjalo zenza imisebenzi ebalulekileyo eliqela. Krwela umgca otshatisa injazomniniyo.



Izinja ezikhokelayo zinceda abantu abaziimfama bafumane indlela.



Izinja ezincedisa ukwalusa iigusha ziqinisekisa ukuba umhlambi uhlala ndawonye.



Izinja zamapolisa zinceda amapolisa ekufumaneni izaphuli-mthetho.

Izinja ezizingelayo zincedisa abazingeli bafumane iintaka okanye izilwanyana abazidubuleyo.





Masenze

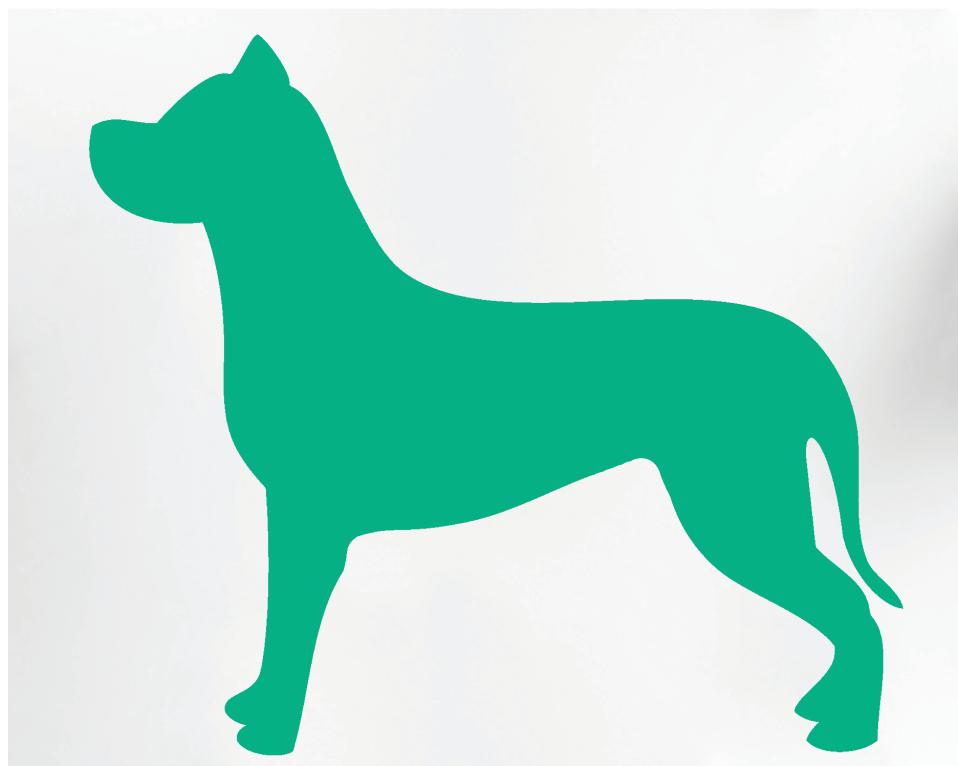
Yenza umfanekiso wesithunzi sowona mhlobo womntu: inja.



Umhla:

### Uza kufuna oku:

- amaphepha amabini anemibala eyahlukileyo
- isikere
- ipenisile
- iglu



- Zoba inja enkulu kwelinye iphepha. Qiniseka ukuba ulisebenzisa lonke iphepha.
- Sika ke ngoku inja yakho ngobunono.
- Ncamathelisa inja yakho oyisikileyo kwelinye iphepha.
- Zoba impumlo kunye nomlomo onamazinyo kwinja yakho.
- Hombisa umfanekiso wakho ngendlela othanda ngayo. Khumbula ukuba imibala efana nombala omnyama ohleli phezu ko-orenji, engathi iyaphikisana ngobuhle, yeyona ilungileyo ekwenzeni imifanekiso yesithunzi.



# Izilwanyana ezisisebenzelayo: iidonki



Masifunde

Iidonki zincede abantu kangangeminyaka engama-6000.

Zisithwele zaze zasithwalela nemithwalo yethu enzima kuloo miqolo yazo, zasilimela iintsimi zethu zaze zasimpompela amanzi.

Zonke ezi zinto zisenzeka nanamhlanje. Kukho iidonki ezimalunga nezigidi ezingama-4.1 kwihlabathi liphela. Oku kuthetha ukuba umntwana ngamnye wesikolo eMzantsi Afrika anganeedonki ezintathu.



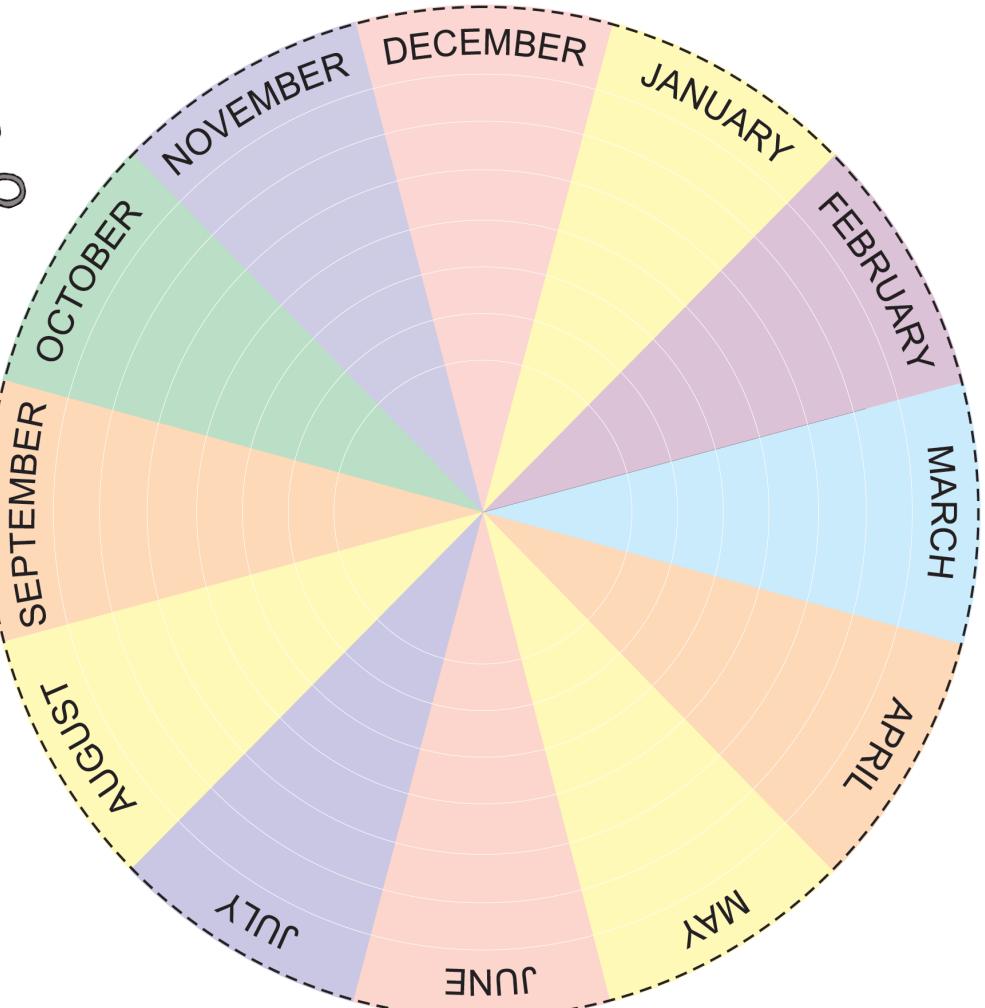
Masibhale

Jonga imifanekiso uze ubhale isivakalisi ngomfanekiso ngamnye ngendlela esetyenziswa ngayo idonki.

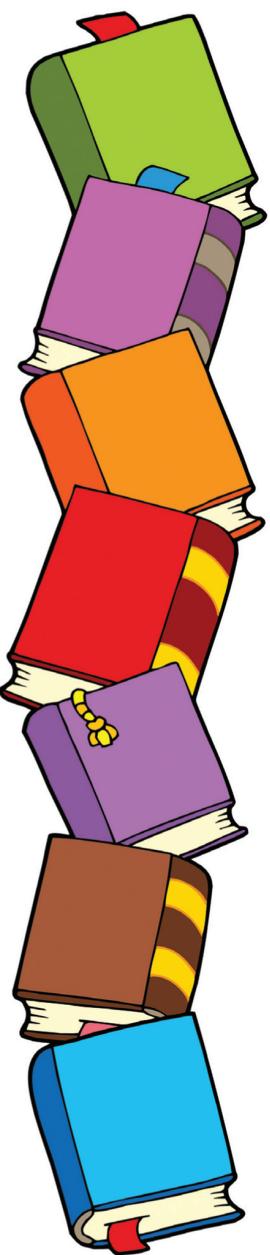
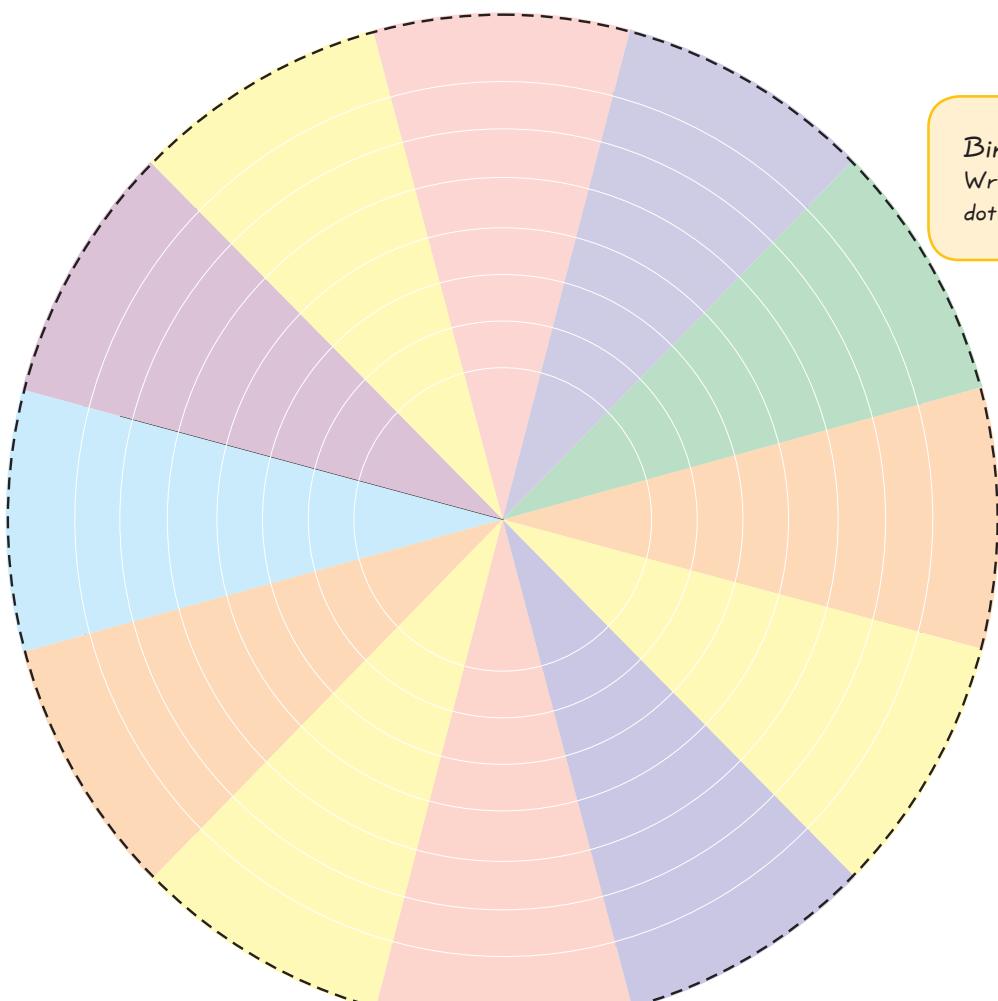




**Birthday Wheel:**  
Cut out the two circles and the wedge shape. Put the top and bottom together using a split pin. Write the birthdays of your family and friends in the correct months on the birthday wheel.  
On the back you can write the months in your first language.



**Birthday Wheel:**  
Write the 12 months on the  
dotted white line.

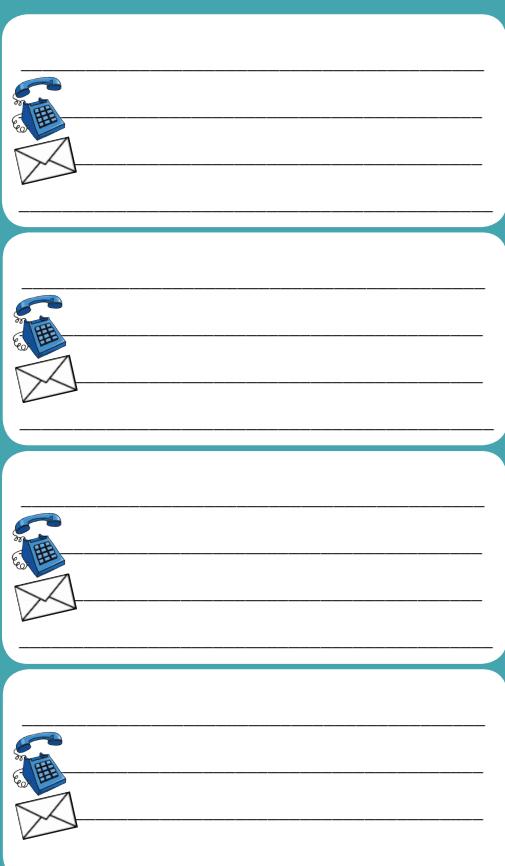


Step 1: Cut all around on the black line

DEF



ABC



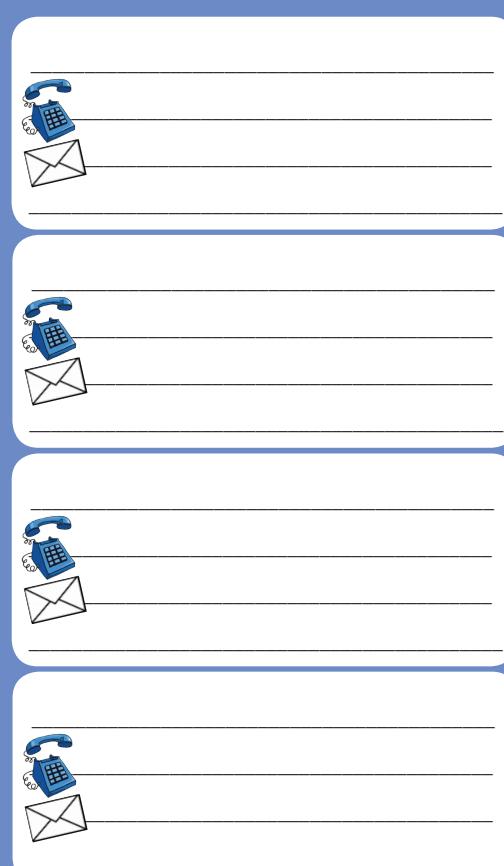
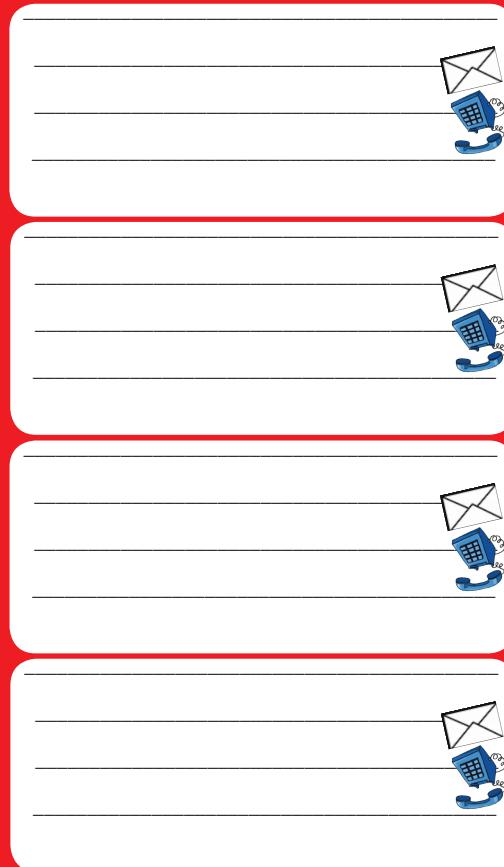
Step 3: Fold on the dotted line

Step 5: Cut off on the yellow line

Step 4: staple your book in the middle

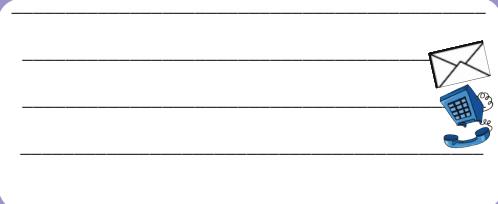
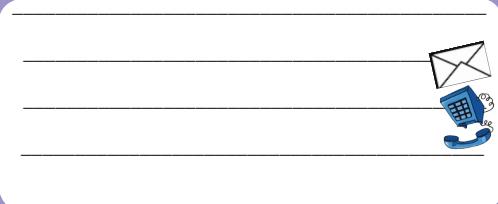
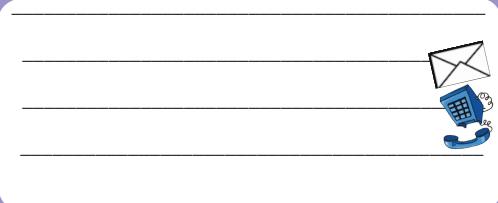
Step 2: Fold on the dotted line

OPQR

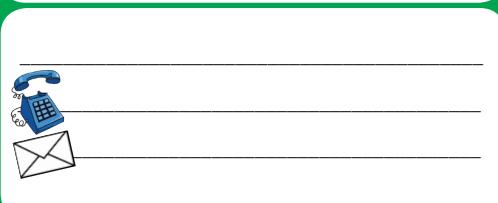
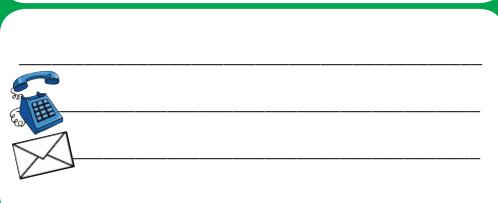
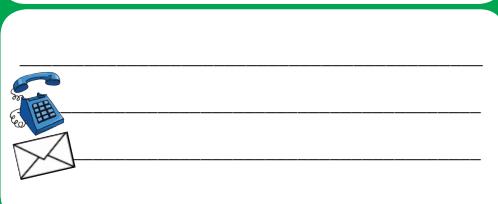


STUV

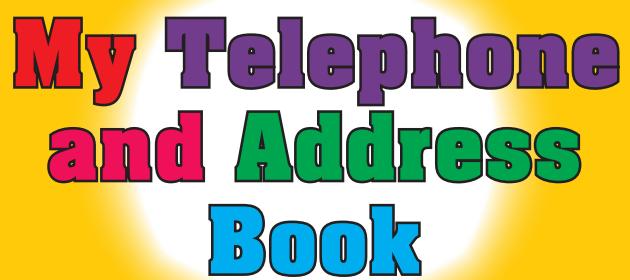
KLMN



WXXW



GHI



This book belongs to: