



UKz. Angie
Motshetka,
nguNgqonqotjhe
weFundo-Sisekelo



UNom. Enver Suryt,
liSekela
lakaNgqonqotjhe
weFundo-Sisekelo

Iincwadi lezi zenzelwe abentwana beSewula Afrika ngaphasi koburholi bakaNgqonqotjhe wezeFundo-Sisekelo. uMma u-Angie Motshetka kanye neSekela lakaNgqonqotjhe wezeFundo-Sisekelo. uNom. Enver Suryt.

Iincwadi zokuSebenzela zakwaRainbow ziyingceny yeendlela ezinengi zomNyango wezeFundo-Sisekelo wokungelela onqopho ukuthuthukisa ukusebenza ngcono kwabafundi beSewula Afrika kumagreyidi wokuthoma asithandathu. Njengamanye wamaHlelo womBuso aphuma phambili. iprojekthi le isekelwe ngeemali ezibuya esikhwameni seeMali seLizwelo. Lokhu kusize umNyango ukukhupa iincwadi zokusebenzela lezi ngawo woke amalimi asemthethweni ngaphandle kweendleko. Siyathemba kobana nizokufunyana iincwadi zokusebenzela lezi zilisizo khulu ekufundiseni kwenu kwangamalanga kanye nokuqinisekisa kobana abafundi benu bayayiqeda ikharikhyulamu.

Sitjheje khudlwana ukuhlala abotijhere komunye nomunye umsebenzi ngokusebeniza iinthombe ezitjengisako bona ngikuphi umfundu amele akwenze.

Siyathemba kobana abentwana bazokuthabela ukusebeniza iincwadi lezi njengombana bakhula bebefunda nje begodu wena titjhore uzokwabelana nabo ithabo lokufunda.

Sinifisela ipumelelo ekusebenziseni iincwadi lezi.

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Rainbow
WORKBOOKS

LIFE SKILLS IN ISINDEBELE

GRADE 1 – BOOK 2

TERMS 3 & 4

ISBN 978-1-4315-0245-5

THIS BOOK MAY
NOT BE SOLD.

Ukufunda ngoMthethosisekelo weRiphablik yeSewula (1996)

UMthethosisekelo weSewula Afrika (1996) umumethe imithetho yenara eseqophelweni eliphezulu. Imithetho le kumele ilandelwe ngumongameli wenarha, abaphathi beenkundla zemithetho kanye nalabo abasembusweni.

Imithetho le ihlathulula kobana abantu benarha bafenele baphathane njani, nokuthi ngimaphi amalungelo wabo nokuthi ngiziphi iimbopho abanazo. UMthethosisekelo wenzelwe ukusivikela soke thina kanye nabentwana bethu ngomuso.

Kuqakathkile ukwazi izehlakalo zesikhathini esidlulileko.

Asingabuyeeli iimphoso zangesikhathi esidlulileko.

UMthethosisekelo usisiza ukucabanga nokwakha ilingomuso elingcono lethu soke.

Thina, abantu beSewula Afrika;

Siyakwazi ukungaphathei kwethu ngokomthetho esikhathini esadlulako;

Siphathela phezulu abahlukunyeza ngebanglo lokobana kubenokulunga begodu nekululeko enarheni yekhethu;

Sihlonipha labo abasebenze ekwakheni begodu nekuthuthukiseni iphasi lekhethu; begodu

Bakholelwa bonyana iSewula Afrika ngeyabo boke abahlala kiyo, sibambene ngokwahluhluhlu kana kwethu.

Ngalakhoke, ngabajameli bethu abakhethwe ngokukhululekileko; samukela uMthetho-sisekelo lo njengoMthetho wokuthoma weRiphablik oza—

Kuqedu ukwahluhlu kana okwadlulako begodu sakhe umphakathi ozokudzimelela kuminqopho yentando yenengi ubulungiswa begodu namalungelo wangokomthetho wobuntu.

Ukubeka isisekelo sentando yenengi begodu nomphakathi onzinzileko lapho umbuso unzinze khona phezu kwentando yesitjhaba begodu lapho zoke izakhamuzi zivikelwe khona ngokomthetho.

Ukwenza ncono izinga lepilo yazo zoke izakhamuzi begodu nokuvezwa kwekgono lawo woke umuntu;

Ukwakha, iSewula Afrika ebumbeneko begodu nenentando yenengi ezokwazi ukuthatha indawo yayo njengenerha ejizameleko emndenini weentjhatabhaba.

Funa ngekani amalungelo wakho njengesakhamuzi seSewula Afrika bewube nesibopho sokuvikela amalungelo wabanye abantu.

Ukwazi umThethomlingwa wamalungelo Kany nomThethomlingwa weembopho.

UZimu akavikele abantu behethu.

Nkosi Sikele! Afrika. Morena boloka setjhaba sa heso.

God seën Suid-Afrika. God bless South Africa.

Mudzimu fhatutshedza Afurika. Hosi katekisa Afrika.

Ukubuyekeza,
ihlaliswe
ngokwesiTatimende
sekharikhyulamu
nomThethomgomo
wokuhola

iGreyidi



Amakghono wezePilo ngesiINDEBELE

Incwadi 2 Ithemu 3 & 4



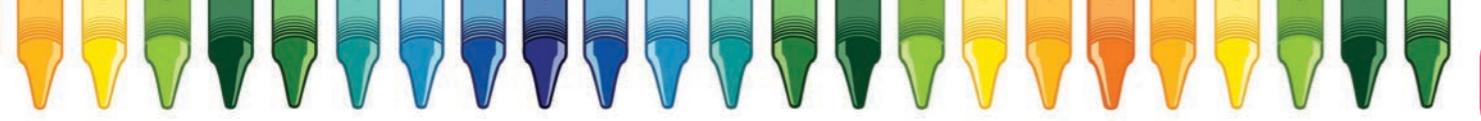
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basic education

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Okumumethweko

Ithemu 3

Ikhasi

- (33) lindawo emphakathini wekhethu 2
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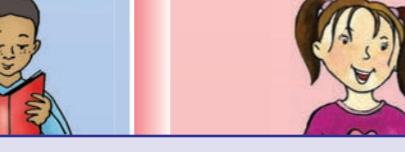
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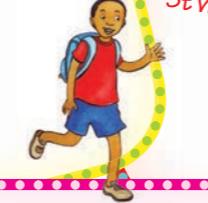


Amalanga aqakathekileko ngo-2015

UTjhirkhweni

Mhla li-1 kuTjhirkhweni lilanga lomNyaka omuTjha

Mhla ama-31 kuTjhirkhweni liLanga labenTwana beenTradeni St Valentine



UMhholanja

Mhla ama-2 kuMhholanja liLanga lePhasi lamaChaphozi

Mhla ali-14 kuMhholanja, liLanga le-



UNtaka

Mhla ama-5 kuNtaka, lilanga lePurim

Mhla ama-21 kuNtaka, liLanga lamaLungelo wobuNtu

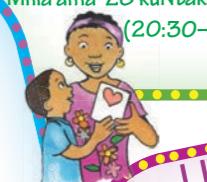
Mhla ama-21 kuNtaka, liLanga leeNtjhabetjhaba lamaHlathi kanye nemithi

Mhla ama-20-21 kuNtaka, liLanga

lomNyaka omutjha wamaBahá'í

Mhla ama-22 kuNtaka, liLanga lePhasi laManzi

Mhla ama-28 kuNtaka: li-Iri leHlabathi (20:30-21:30 (ngesikhathi sendawo yekhethu))



USihlabantangana

Mhla ama-3 kuSihlabantangana, liLanga leGudi

Mhla ama-4 kufika mhla ali-11 kuSihlabantangana, leleNyuko

Mhla ama-5 kuSihlabantangana, lilanga lomkhosi wokuVukav

Mhla asi-6 kuSihlabantangana, liLanga lomNdeni

Mhla ama-7 kuSihlabantangana, liLanga lePhasi lezePilo

Mhla ama-22 kuSihlabantangana, liLanga leenTjhabetjhaba laboMma emHlabeni

Mhla ama-27 kuSihlabantangana, liLanga leKululeko

UMrhayili

Mhla li-1 kuMrhayili, liLanga lezabaSebenzi

Mhla ali-10 kuMrhayili, liLanga laboMma

Mhla ali-15 kuMrhayili, liLanga leenTjhabetjhaba lezemindeni

UMgwengweni

Mhla li-01 kuMgwengweni, lilanga labaBelethi iPhasiloke

Mhla ama-4 kuMrhayili, liLanga leentjhabetjhaba labenTwana abalAhlekalo

Mhla ama-5 kuMgwengweni, liLanga lePhasiloke lezeBhoduluko

Mhla abu-8 kuMgwengweni, liLanga lePhasiloke lamalWandekazi

Mhla ali-12 kuMgwengweni, liLanga lePhasiloke lokungasSetjenziswa kwabentwana kabuDisi

Mhla ali-16 kuMgwengweni, kuthoma kwamalanga weRamadan

Mhla ama-21 kuMgwengweni, liLanga laboBaba

UVelabahlinze

Mhla ali-17 kuVelabahlinze, yi-Eid-Ul-Fitr (kuphela kwamalanga weRamadan)

Mhla ali-18 kuVelabahlinze, liLanga leenTjhabetjhaba lakaNelson Mandela

Mhla ama-30 kuVelabahlinze, liLanga leenTjhabetjhaba lobuNgani

URhoboyi

Mhla ali-9 kuRhoboyi, liLanga laboMma

Mhla ali-13 kuRhoboyi, liLanga leenTjhabetjhaba labantu abasebenzisa izandla zangesinceleni



uKhukhulamungu

Mhla ali-13 bekube mhla ali-15 kuKhukhulamungu, lilanga leRosh Hashanah

Mhla ama-21 kuKhukhulamungu, liLanga leenTjhabetjhaba lokuThula

Mhla ama-23 bekube malanga weYom Kippur

Mhla ama-24 kuKhukhulamungu, liLanga lezamaGugu



Usewula

Mhla ama-2 kuSewula, liLanga leenTjhabetjhaba lokuNgabineturhu

Mhla ama-5 kuSewula, liLanga lePhasiloke laboTitjhre

Mhla ali-11 kuSewula, liLanga leenTjhabetjhaba lomNtwana womNtazana

Mhla ali-14 kuSewula, liLanga le-Al-Hijira (umNyaka omuTjha wama-Islamu)

Mhla ali-15 kuSewula, liLanga leenTjhabetjhaba laboMma bezAbelweni

16: World Food Day



USikinyikhaba

Mhla ali-11 kuSikinyikhaba, lilanga leDeepavali (iDiwali)

Mhla ali-12 kuSikinyikhaba, lilanga leVikram (UmNyaka omuTjha we-20'72)

Mhla ama-20 kuSikinyikhaba, liLanga Zombelele

UNobayeni

Mhla li-01 kuNobayeni, Manga lePhasiloke leNtumbantonga

Mhla ama-3 kuNobayeni, liLanga leenTjhabetjhaba labanTu abaphila nokuKhubazeka

Mhla ali-5 kufika mhla ali-14 kuNobayeni lilanga leChanukah

Mhla ama-16 kuNobayeni, liLanga lokuBuyisana

Mhla ama-25 kuNobayeni, liLanga lakaKresimisi

Mhla ama-26 kuNobayeni, liLanga lokuLibalelana



AmaHolideyi weLizweloke weSewula Afrika:

Ilanga eliqakathekileko lesikhumbuzo samaJuda:

Ilanga eliqakathekileko lesikhumbuzo sama-Islamu:

Ilanga eliqakathekileko lesikhumbuzo sakaBahá'í:

AmaLanga weenTjhaba eziBumbeneko:

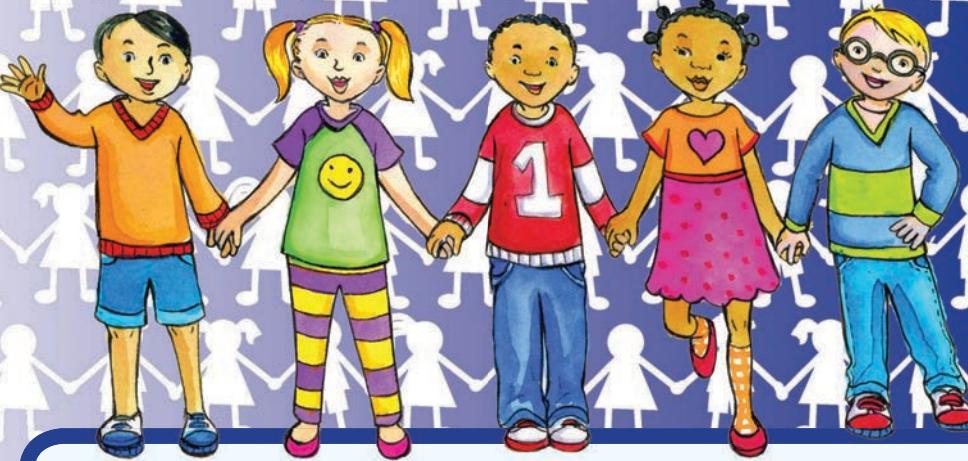


IGreyidi

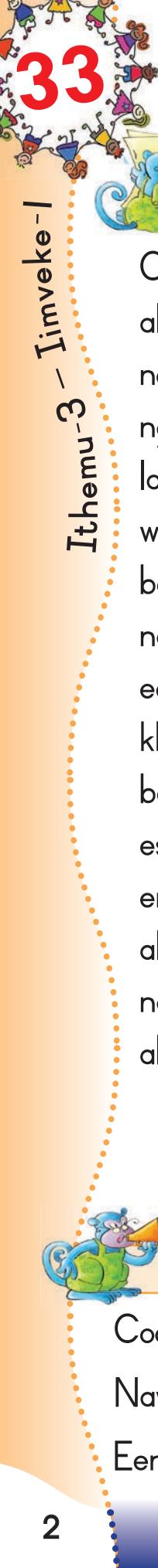
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AmaKghono
wezePilo

ngeSiNdebele
Incwadi 2



Incwadi le ngeyaka:-

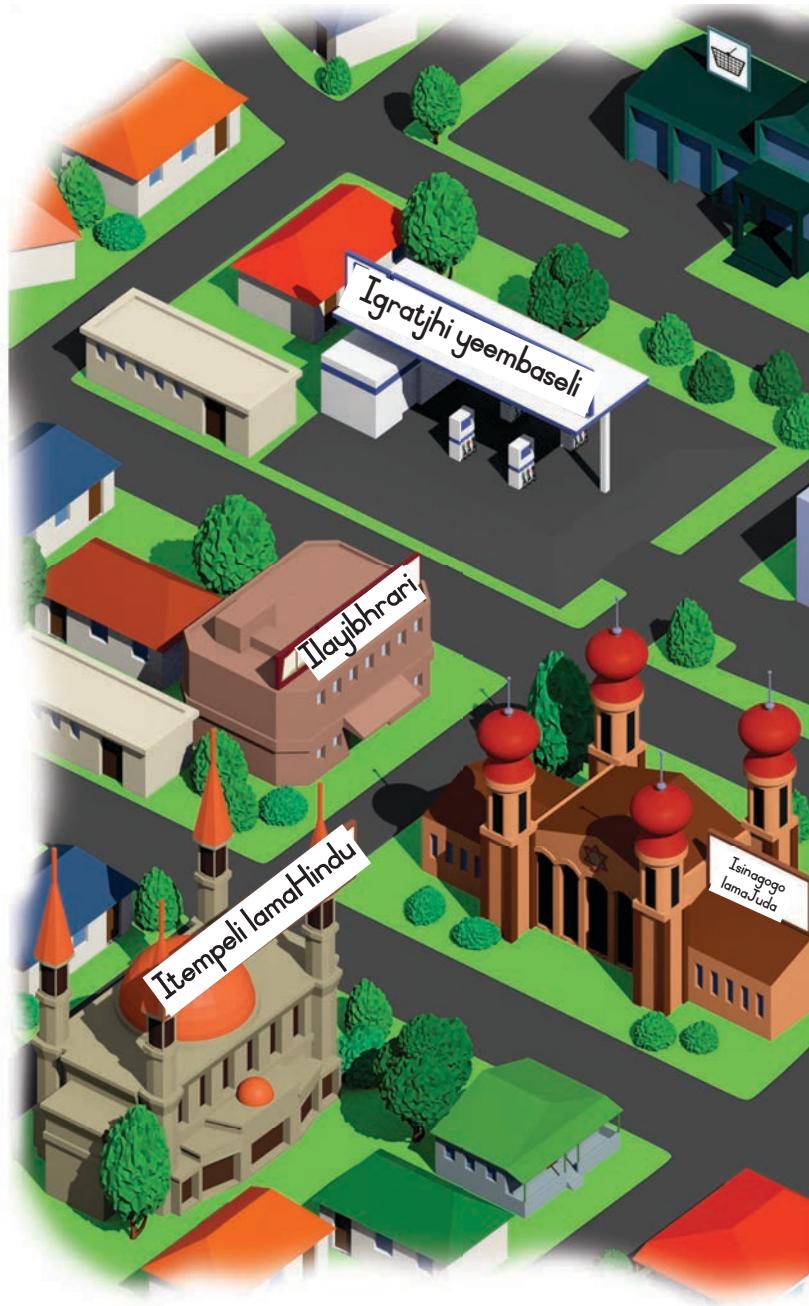


33 lindawo emphakathini wekhethu

Ithemu-3 - Timveke-1

Cabanga ngabo boke
abantu obabonako
nokhuluma nabo
ngamalanga. Abantu
labo bamalunga
womphakathi. Kungaba
abantu abaseentradeni
nanyana abahlala
eduze kwalapho uhlala
khona. Kungaba
abantu abasesondweni,
esikolweni, amapholisa
endaweni yangekhenu,
abodorhodere kanye
nabanye abantu
abanengi emphakathini.

Asifunde



Asikhulume

Cocisana nomngani wakho ngesithombe esisemakhasini amabili alandelako.
Nawuqala isithombe, ngiziphi iindawo ozikhumbulako?
Eendaweni lezi, kukuphi lapha abantu bahlanganyela khona.

Ilanga:.....



Asenzeni lokhu

Ngiziphi iindawo esithombeni esingenzasi ekhe
wazivakatjhela? Gadangisa umqoqo wazo ngamakhrayoni.



Asikhulume

Cocela umngani wakho kobana ukhe wavakatjhela
enye yeendawo lezi ukhamba nomunye nanyana ukhamba wedwa.
Kubayini wazivakatjhela? Ucabanga kobana iindawo ozivakatjheleko kulula
zivakatjhelwe nangani babantu abakhubazekileko?

Teacher:
Sign:
Date:



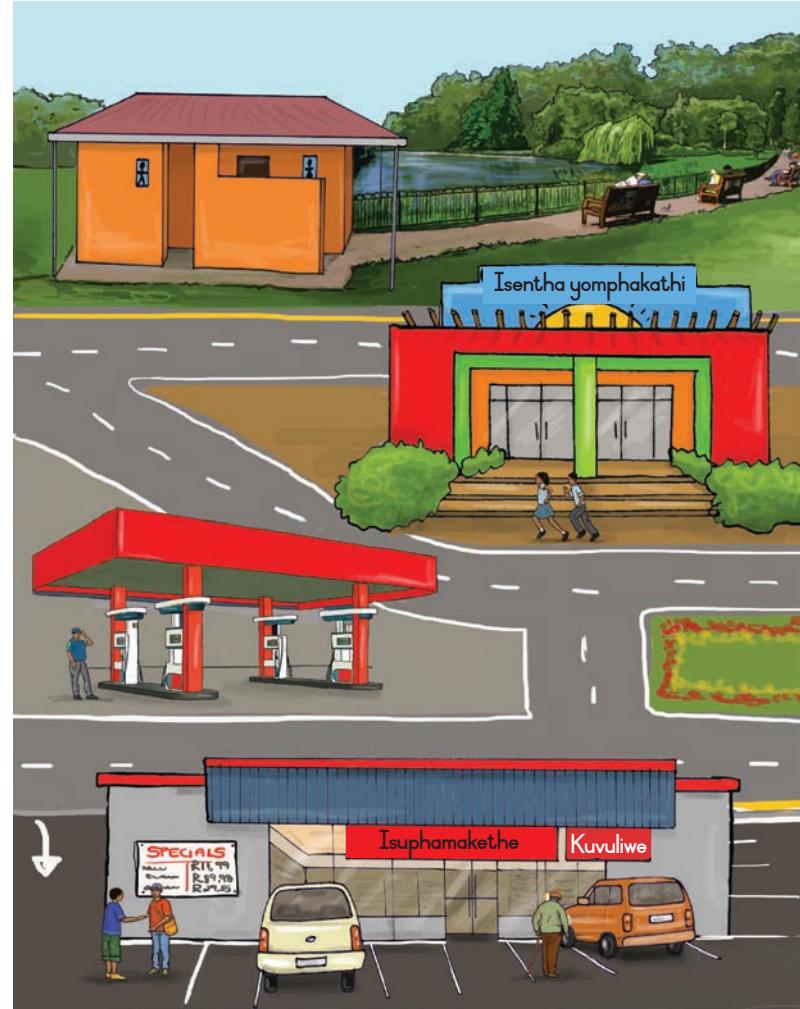
Asikhulume

Ukunakekela iinsetjenziswa emphakathini

Iindawo ezinengi
emiphakathini yangekhethu
zineensetjenziswa
ezihlukahlukenenko
ezingasetjenziswa nanyana
ngubani. Amatlinigi, iinkolo,
amatatawu wokudlalela
kunye neembhedlela,
ziinsetjenziswa soke
esizisebenzisako.

Kufanele sitlhogomele
iindawo emiphakathini
yangekhethu.

Kumele sizihloniphe
zoke iinsetjenziswa
ezisemphakathini wekhethu.
Begodu kumele sigcine
ibhoduluko lekhethu
lihlanzekile ukuze woke
umuntu akwazi ukuzithabisa.



Asikhulume

Cocisana nomngani wakho ngesithombe esingehla:

- Ucabanga kobana abantu bayathanda ukuhlala lapha?
- Kungani ucabange njalo?
- Imiphakathi kanye nebhoduluko kungenziwa njani ngcono?



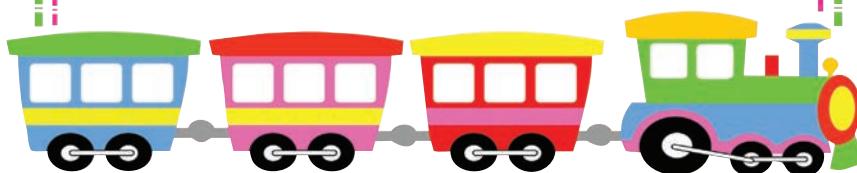
Asenzeni lokhu

Zenzele umgwalo omuhle wakho
usebenzisa ezinye zeenthuthi
zomphakathi, njengebhesi,
isitimela nanyana iteksi. Begodu
tjengisa nabantu beminyaka
eyahlukeneko kunawe – abanye
bahlezi kuhle, abanye bagugubele
phambili nanyana abanye balele
ngemigogodlha, abanye badala
abanye bancani.



Asikhambahambe

Ukuzithabulula



- Zithabululen i ngokuthi nikhambe ngamazwani niye phambili.
- Kwanje khambani ngeenthende niye emuva.
- Khambani ngeenthende niye phambili.
- Khambani ngamazwani niye emuva.



Yakhani amaledere

Hlukanani ngeenqhem zangababili. Sebenzisa umzimba wakho ukwakha amaledere. Ungajama weyame ngeboda nanyana ulale phasi. Abantu abasebenzela umasipala bazakuzisulela bona iboda lelo! Akhe uqale nange wena nomngani wakho ningakha iledere abanye abafundi abangakghoniko ukulakha.





35

Okulungileko nanyana awa

Asikhulume

Qala iinthombe ezilandelako.

Iimveke - 2

Ithemu - 3 -





Asenzeni lokhu

Yakhani imodlhela yomakhiwo usebenzise izinto ezisetjenziswe kabutjha. Ungakha itlinigi, ilayibhrari nanyana ngimuphi umakhiwo okhona emphakathini wangekhenu. Ungasebenza nabanye nibe ziinqhema ezahlukeneko. Kghabisani umakhiwo wenu ukuze kubonakale kobana mhlobo muphi womakhiwo.



Asikhambahambe



- Bekani amatayere ajame emudeni.
- Khasani ngaphakathi kwamatayere.
- Lalisanu amatayere phasi.
- Bhalansa ngeenyawo zombili phezu kwetayere.
- Jama ngeenyawo zombili phezulu kwetayere.
- Sebenzisani amatayere nenze umsikinyeko nanyana ngiwuphi womdlalo.

Tlhogomela ungazilimazi.



Teacher:
Sign:
Date:

Abantu emphakathini wekhethu

Ithemu - 3 - Limveke - 2



Asitlole

Qala iinthombe ezilandelako. Ebhoksini elingesandleni sokudla, khetha igama/amagama anemba isithombe ngasinye. Tlola igama nanyana amagama lawo ngaphasi kwesithombe.



Umuntu othela iimbaseli

Umthengisi wamathuthumbo

Inese/Umongikazi



Umtjhayeli weteksi

Isikhulu sezendlela

Udorhodera



Umuntu othengisa iinthelo endleleni

Umcimimlilo

Ipholisa



Asikhulume

Qala iinthombe bese ucocisana nomngani wakho ngazo.

Ingabe uyababona abantu laba eemphakathini wangekhenu?

Ngibaphi abanye abantu obabonako emphakathini wangekhenu?

abantu bomphakathi wangekhenu bayasizana? Basizana njani?



Asitlole

Ilanga:



Gwala umuda osuka ekuthomeni komutjho ngesandleni sangesinceleni
uyomadana negama elinembako ngesandleni sangesidleni.

Umuntu ocima umlilo

Ilunga lesisebenzi sezamapholisa weSewula Afrika

Udorhodere

Umuntu othengisa iinthelo endleleni

Umuntu othela iimbaseli

libamba iingebengu.

Uthengisa iinthelo.

Uthelela abantu iimbaseli.

Ucima umlilo.

Uyaselapha.



Asitlole

Qala iinthombe ezilandelako. Emagameni angenzasi, khetha igama
elinembako lesithombe ngasinye. Tlola ihlathululo leyo ngaphasi kwesinye
nesinye. Madanisa iimpendulo zakho nalezo zomngani wakho.

Ilori yesicimamlilo



Isitetjhi seembaseli



Isibhedlela



Isitetjhi samapholisa



Asikhambahambe

Betha izandla lokha nawuzwa
itjhuni ethileko.

- Lalelisisa kuhle lokha nakutjhuguluka itjhuni.
- Yenza lokhu ngeendlela ezihlukeneko zomvumo, kusukela
envumeni wetlasiki kuya envumeni we-pop.
- Betha izandla masinya nanyana kabuthaka
ukuze ukhambisane netjhuni.

Amanowuthi wakatijhere:
Lalela umvumo odalwa ngutitjhere
wakho nanyana igido utitjhere wakho
alibethako esigubheni nanyana
esililisweni somvumo.



Ifuyo-sithandwa

Limveke - 3

Ithemu - 3

Asifunde

Inengi lethu sinazo iinlwana esizifuyileko esizibiza ngeemfuyo-sithandwa. Ifuyo-sithandwa mngani wakho. Iyakutlhogomela begodu ihlala iseduze nawe – mhlawumbe uhlala nayo ngendlini eyodwa nangejaradeni eyodwa.



Asikhulume

Qala isithombe. Cocisana nomngani wakho ngaso. Ndulungela iinlwana esizibiza ngefuyo-sithandwa ozibonako ngekhrayoni. Ubale iinlwana ezingaki esizibiza ngefuyosithandwa? Tjela utitjhore wakho.

- Unayo ifuyo-sithandwa?
Nangabe unayo, tjela abangani bakho ngayo.
- Nangabe awunayo, tjela umngani wakho kobana ngyiphi ifuyo-sithandwa ofisa ukuba nayo nanyana kungani wena ungafuni ukuba nefuyo-sithandwa.



Asitlole

Njengalokhu itlasi lisazalisa inani lefuyosithandwa engabonakaliko esithombeni. Kopululela okutlolwa ngutitjhore wakho ebhodini lapha.



Asenzeni lokhu



Gwala nanyana ngiyiphi
ifuyo-sithandwa oyithandako
– ungacabanga godu nanyana
ngayiphi ifuyosithandwa
ongafisa ukuba nayo.

Sebenzisa umdaka
ukuzibumbela ifuyosithandwa.



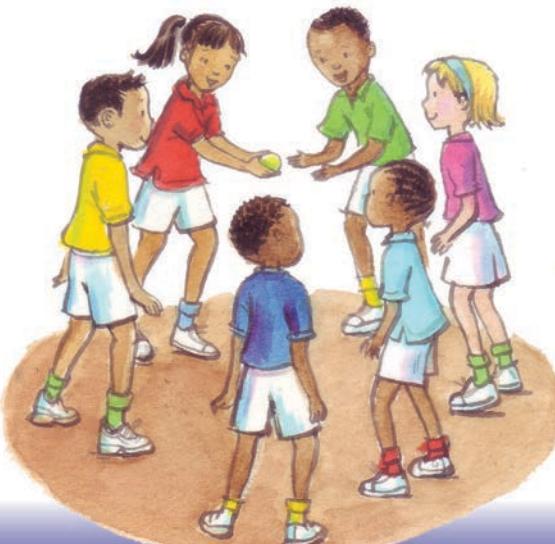
Asikhambahambe

Zijayeze ukuphosela ibholo phezulu
bewuyigame.

- Ngezandla ezimbili phosela ibholo eyitenisi phezulu emoyeni. Igane ngazo izandla ezimbili lezo.
- Phosela ibholo phezulu emoyeni ngesandla esinamandla khulu bese uyigama ngaso sona isandla leso.
- Phosela ibholo eyitenisi phezulu emoyeni ngesandla esinganamandla khulu bese uyayigama ngesandla esinganamandla khulu
- Phosela itenesi ngezandla zombili phasi bese uyayigenda ngezandla zombili.
- Iphosele phasi ngesandla esisodwa bese uyayigenda ngesandla esisodwa.
- Iphosele godu ngesinye isandla esisodwa bese uyayigenda ngesandla esisodwa.
- Jamani nenze izungu bese niphoselana ibholo ngezandla ezimbili beniyigede ngezandla ezimbili.
- Dlulisela ibholo kiloyo oseduze nawe usebenzise isandla esisodwa
- Sebenzisa esinye isandla udlulisela ibholo komunye oseduze nawe usebenzise esinye isandla.

Uthi bewazi?

Pheze zoke izinja ziyakuthanda ukudlala ngebholo. Kodwana-ke kumele kobana ube msinya ngombana izinja ziyathanda ukuhluthula ibholo msinya bese zigijime zibaleke nayo.



Teacher: _____
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Date: _____

38 Singazitlhogomela njani iinlwana ezifuywako

Asikhulume

Kuqakathekile kobana sizitlhogomele iinlwana esizifuyileko nesizithandako.

Cocisana nomngani wakho ngalokho ifuyo-sithandwa ekutlhogako. Cabanga sele uyifuyo-sithandwa umngani wakho ayitlole ekhasini le-II. Cabanga ngalokho ozokutlhoga. Ungacabanga ngezinto ezifana nokudla nokuthi uzokulala kuphi. Kwanje tjela umngani wakho. Begodu mtjèle kobana yini ekumele ayenze lokha nawugulako.

Asitlole

Faka itshwayo (✓) eduze kwalokho okutlhogwa yifuyo-sithandwa.

Ukudla



Amanzi



Isibha sokutlubha amazinyo



Indawo efuthumeleko,
eyomileko yokulala



Kumele sisiwe kudorhodera
weenlwana lokha nasigulako



Ukunikelwa iholideyi



Asenzeni lokhu

Gwala iindawo zokuhlala kanye nokudla iinlwana ezilandelako ezikutlhogako.
Begodu tlola nokobana umntwana wesilwana ngasinye ubizwa ini.

Isilwana	Indawo yokuhlala	Ukudla	Ibizo lomntwana

Ilanga:



Asenzeni lokhu

Funda umutjho owodwa utjho kobana ungazizwa
njani begodu ungathini bese wenzani.

- Uzidobhele ifuyo-sithandwa etja.
- Ukatsu wakho unyamalele.
- Inja idla isidlalisi sakho osithandako.
- Umngani wakho urhuga injia yakho.
- Ubona injia ivalelwe ngekloyini iqalaqala ngaphandle.



Asikhambakhambé

Lalela igido elahlukahlukeneko utitjhore azokudlalela lona.

Yenza kwangathi usilwana esikhamba ngegido lomvumo.

Akuthi umvumo nawudlala
msinya, nirholobhe
njengeempera.

Lokha umvumo
nawuphezulu, khamba
njengendlovu.

Asikhulume



Lokha umvumo
nawupholileko, phapha
njengeviyaviyani.

Lokha umvumo
nawudlalela phasi, khamba
njengekghuru.



Intenjetjha silwana
esiququda amazinyo.
Amazinyo wesilwana
esiququda amazinyo
akhula njalo.

Umnyaka owodwa womuntu ulingana
neminyaka yezinja ezelikhomba.
Lokha injia nayineminyaka emithathu
ubudala, umuntu yena usuke
aneminyaka ema-21.

Lokha ukatsu nakajabulileko
uthi nya-a-awu!



Ukuzithabisa

"Ukatsu nekhondlo". Utitjhore wakho uzokubuza kobana ngubani ukatsu
begodu ngubani ikhondlo. Abafundi abadlhiegane ngokuba ngukatsu
nokuba likhondlo isikhatjhana.



Imikghwa kanye neembopho

Asifunde



Amagama la atjengisa imikghwa emihle. Indlela esipphatha ngayo abantu itjengisa ukuziphatha kuhle. Imikghwa yethu itjengisa indlela esihlonipha ngayo abanye.

Siyakuthabela ukukhuluma nomuntu onemikghwa emihle. Kuhle kangangani ukuba nomngani nomuntu onemikghwa.

Sinesibopho sokupphatha abanye abantu kuhle. Kungakho-ke omunye nomunye wethu kufuze abe nemikghwa.

Ilanga:



Asikhulume

Qala iinthombe. Funda amagama angemabhoksini. Cocsana nomngani wakho ngeenthombe. Cocani ngokuziphatha okuhle nokumbi okwensiwa bentwana.



Tjengisa umusa.

Lindela idlhego lakho.



Ngilibalela mma,
bengifuna ukuqala
ngaphakathi
kwevasi yakho
yamathuthumbo
ngase
ngiyayithinta
yaphuka!

Thembeka



Ngiyathokoza
ukungilalela kuhle
kangaka.

Ukhohlwe amasametjisi
wakho? Ithi ngikuphe
isametjisi eyodwa yami.



Lalela abanye abantu.

Akhe ujame Maisy,
ngithole isikhwama
sakho seencwadi
sitjhiiywe ngaphandle.
Ngiyathembaba
kobana akekho owebe
amakhrayoni wakho.



Ukuhlonipha abanye abantu.

Hlonipha izinto zabanye.

Ukulotjhisa abantu obaziko kanye nongabaziko.

Teacher:
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Itthemu - 3 - Limveke - 4

limbopho

Asitole

Qala iinthombe bese ufunda imitjho ngaphakathi kwamabhoksi. Gwala umuda uye esibophweni esikhambisana nesithombe.



Ngiyasiza ukubulunga ikhaya lethu lihlale libuthekile.



Ngimngani omuhle osiza abanye abantu.

Ngiyawatjengisa amalunga womndeni wakwethu kobana ngiyawathanda.



Ngidlala kuhle ngeendlalisi zomngani wami.

Ngiyazithogomela mina kunye nezinto zami.

Ngiyamsiza ubaba ukulungisa itafula.



Asiddlaleni

Lingisani ukuba nemikghwa kanye neembopho ngalapha nihlala khona:

- lotjhisi abantu enibaziko nalabo eningabaziko
- nanyana dlheganani ngokukhuluma
- nanyana lalelisia omunye
- nanyana yabelana nomunye
- nanyana tjengisa umusa komunye
- nanyana yethembeka ngokuthileko
- nanyana hlonipha ipahla yabanye abantu
- nanyana yiba nehlonipho kabanye.



Ngeenqhemha, lingisani imikghwa emihle kanye neembopho:

- emndenini wakwenu
- emsebenzini wakho wesikolo
- emsebenzini wakho wekhaya owenza ngamalanga
- ekudleni okufunyana ngamalanga
- ezambathweni ozembathako
- iindlalisi
- abangani



Asenzeni lokhu

Gwala isithombe sakho esitjengisa ukuba nomusa kabanye.



Asikhambahambe

Lalela lokha utitjhere nakakutjela kobana weqe, ugijime nanyana ukhase ngamadolo. Utitjhere uzokubetha ifengwana ngaphambi kokuthi anikele umyalelo. Khamba masinyana nanyana kabuthaka lokha utitjhere wakho nakakutjela kobana wenze njalo.



Asiddlaleni

Dlala umdlalo wokweqayeqa ngenyawo elinganamandla khulu.

Mimikghwa miphi emihle eqakathekileko nawudlala umdlalo wehop-scotch.



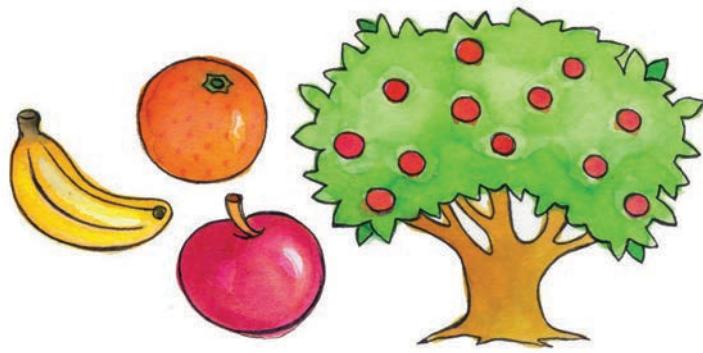
Kungani sitlhoga iintjalo

Limveke - 5



Ithemu - 3 -

Qala mahlangothi woke. Ngikuphi okubonako okubuya eentjalweni? Cocsana nomngani wakho ngazo benibone kobana ningacabanga ngezinto ezingaki. Tjelani utitjhore wenu kobana nicabange ngaziphi iintjalo?



Ezinye iintjalo kanye nemithi zisipha umthunzi.

Ezinye iintjalo senza ngazo ijuzi ezinye siyazidla.



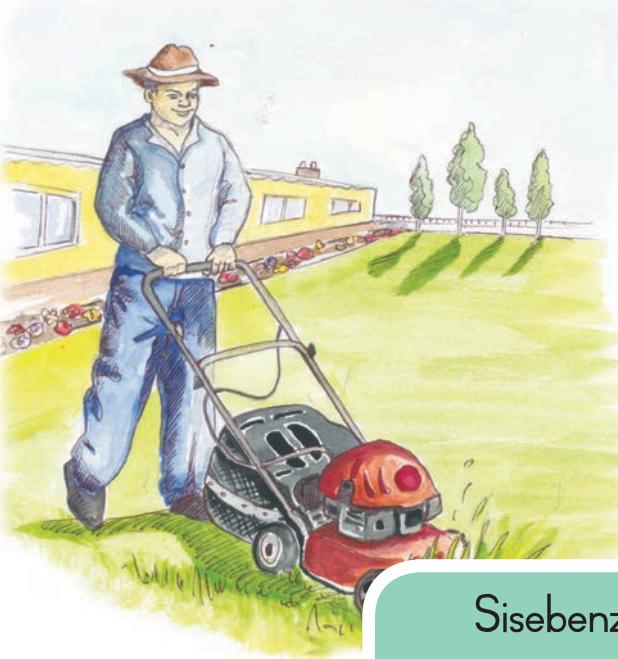
Ezinye iintjalo kanye nemithi ziba makhaya weenyamazana.



Ezinye iintjalo zenza amathuthumbo esikghabiswa ngawo emakhaya.



Ilanga:



Sitlhoga utjani ekundleni
yezemidlalo.



Sisebenzisa ikoteni
ukwenza izambatho.



Sisebenzisa umhlanga ukwenza
abomantji begodu siwubeka naphezulu
emfulelwini yemakhaya.



Sisebenzisa iintjalo kanye
nemithi ukubaza ifenitjhara.



Asikhulumo

Wena nomngani wakho, khethani iindlela ezintathu
eziqakatheke khulu zokusebenzisa iintjalo.

Ingabe singabulala iintjalo lokha nasizisebenzisa khulu?
Cocani ngombuzo njengetlasi.



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Ingabe iintjalo zinjani?

Asitlole

Iintjalo zensiwe ngamalunga ahlukene. Sebenzisa amagama angebhoksini ukuleyibula iintjalo ezilandelako. Madanisa iimpendulo zakho nezomngani wakho.

imirabhu

isiqu

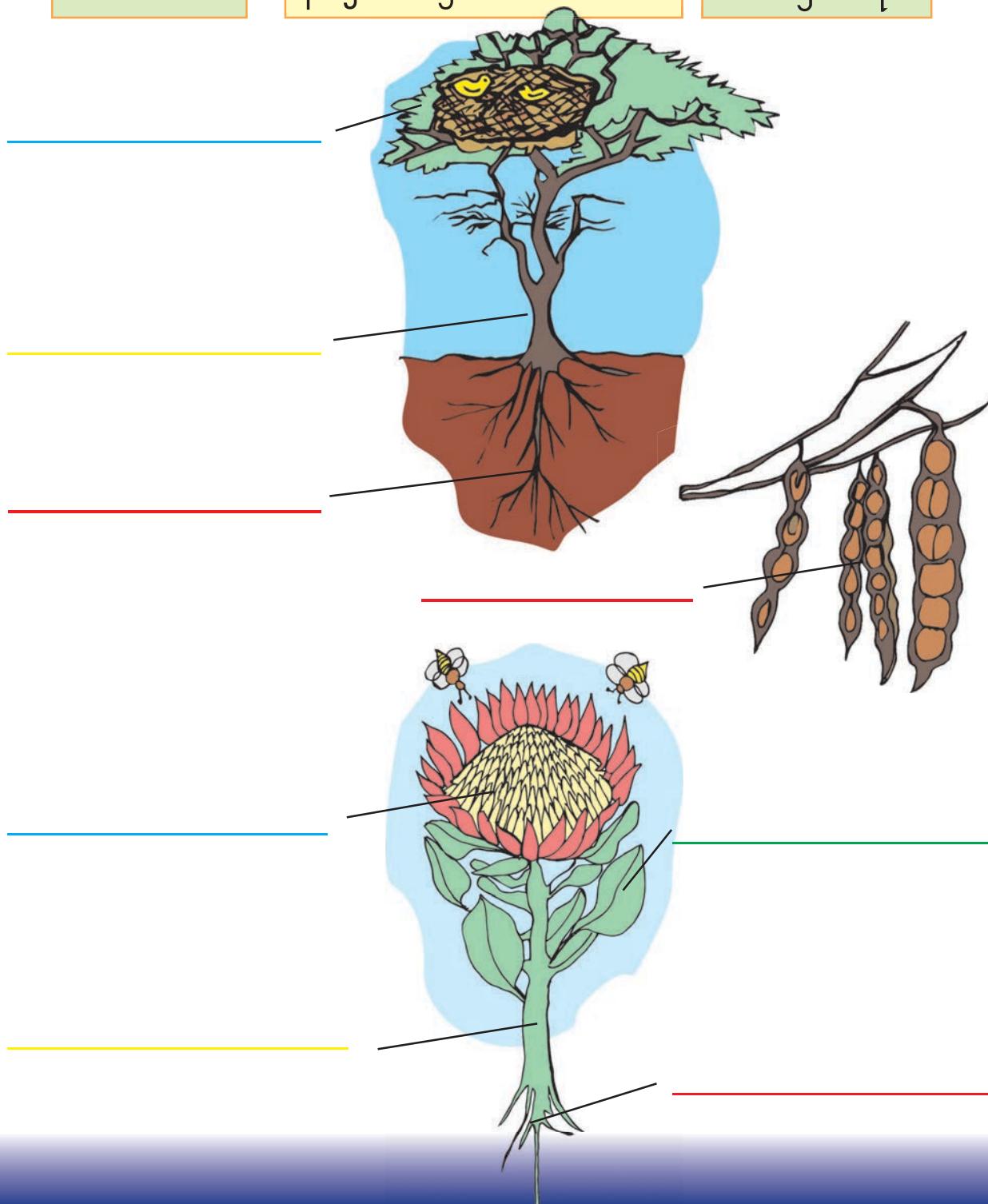
ikari

ithuthumbo

ipotjwana yamathuthumbo

ihlanga/isiqu

Ithemu - 3 - Limveke - 5





Asikhambahambe

Hlukanisa itłasi abanye abafundi babe ziinunwana
zesivandeni abanye babe basebenzi besivandeni.

- Abasebenzi besivandeni abalinge ukukhandela nanyana ukubamba iiunwana zesivandeni.
- Dlheganani ngemva kwemizuzu emibili ngokuba basebenzi kanye neenunwana zesivandeni.
- Buyelelani kambalwa.



Asidaleni

Dlalani umabhacelana.

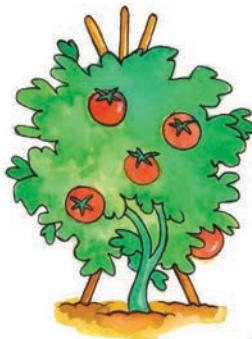


Iinunwana zizifihla ngaphasi nanyana ngemuva kwepotjwana yamathuthumbo,
abasebenzi kufanele bazithole ngaphambi kobana zibulale iintjalo.



Asikhulume

Imihlobohlobo yeentjalo ibonakala ihlukahlukene kodwana ziyafana.
Qala iinthombe. Coca nomngani wakho ngeentjalo.
Khuyini okufanako begodu khuyini okungafaniko?



Asenzeni lokhu

Gwala nanyana upende inunwana
nanyana isidalwa esifuna ukudla
iimbontjisi zakho.

Akukameli kobana kube
yinunwana yamambala. Cabanga
njé kwaphela. Gwala nanyana
upende ngemida ebonakala kuhle
kanye nesakhiwo esihle.



Teacher:

Sign:

Date:



Asifunde

Imbewu nalapha ibuya khona

Ezinye iintjalo zinembewu efihlwe mathuthumbo nanyana sithelo.

Begodu singatjala imbewu ukuze ikhiqize iintjalo ezitja. Imbewu ikhithika kusuka eentjalweni ukuyokuba sitjalo esitjha.

Enye imbewu irhatjhwa mumoya nanyana babantu, iinunwana kanye neenlwana. Enye imbewu idliwa ziinyoni bese enye-ke eqinileko engasileki lokha nayikakako. Imbewu erhatjheke ngaleygo indlela iwela nanyana kukuphi bese iyamila khona lapho.



Asikhulume

Imbewu le eseenthombni ezingenzasi irhatjheka njani? Imbewu eyodwa ifanele ukuba njani ukuze irhatjheke ngendlela le? Cocisana nomngani wakho.



Nangabe ufunu ukutjala isitjalo
ekungesakho ngembewu,
ungasebenzisa imbewu yeentjalo
esesivanden. Ungayithenga
esitolo imbewu nawuthandako.





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Okutlhogwa ziintjalo ukuze zikhule

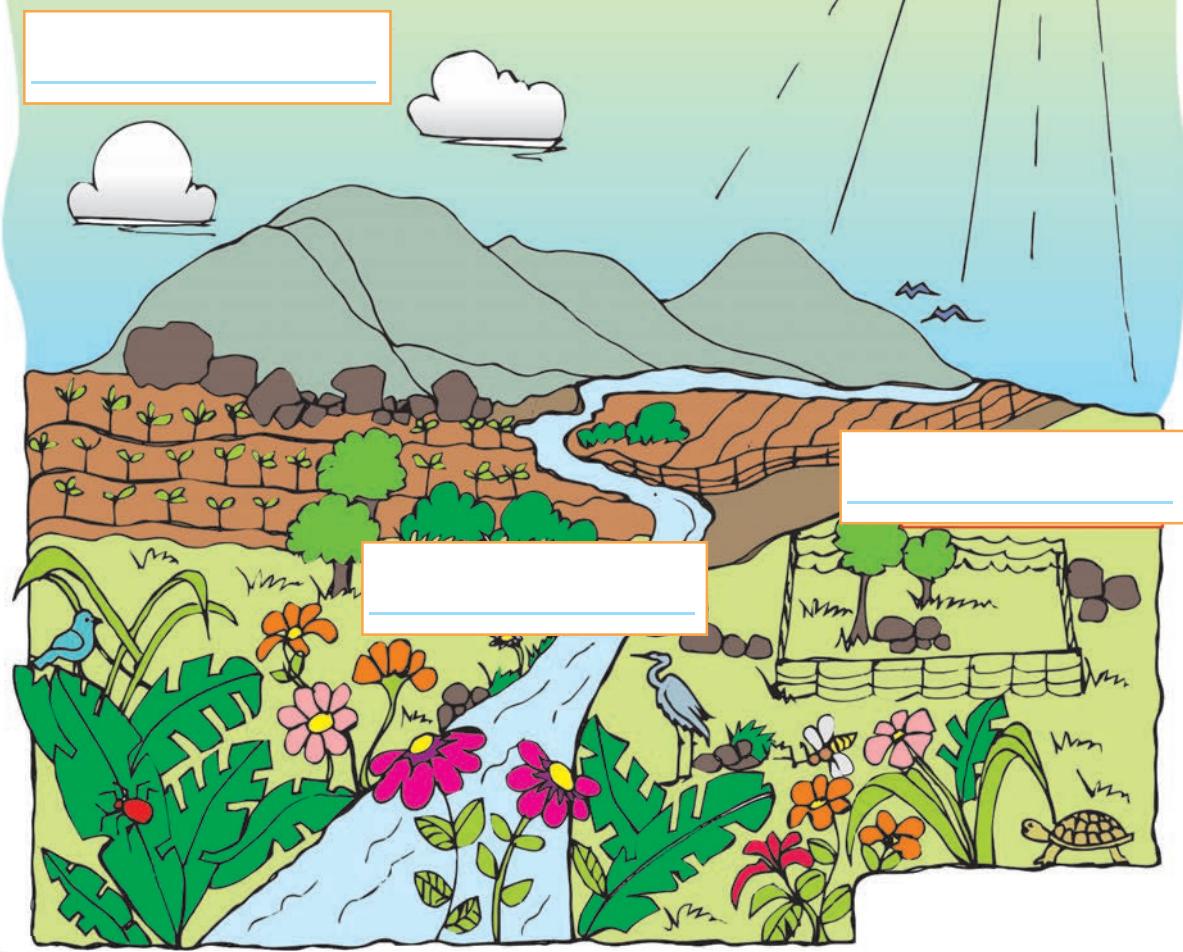
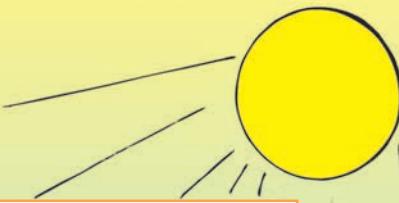
Ithemu -3 – Limveke -6



Asikhulume

Qala isithombe. Ingabe koke ekukiso kuyaphila?

Cocisana nomngani wakho ngaso: ngiziphi izinto eziphilako ongazibona? Ngiziphi izinto eziphilako ekuziintjalo. Ingabe iintjalo ziyakhula? Ingabe iintjalo ziayadla? Ingabe iintjalo nazo ziayadla? Nangabe kunjalo, zidla ini? Ingabe iintjalo ziayasela? Nangabe kunjalo, zisela ini?



Asitlole

Kwanje tlola elinye nelinye igama esithombeni esingehla ukutjengisa kobana ngikuphi okutlhogwa ziintjalo ukuze zikhule.

umkhanyo welanga

amanzi

amanyutriyensi

umoya



Asenzeni lokhu

Kulula ukutjala isitjalo ekungesakho.

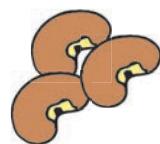
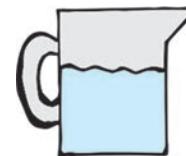
Ilanga:

Landela amagadango alandelako:

Igadango loku-1:

Gubuzesa iimbontjisi ezi-3

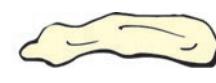
hlangana nekhothiniwulu emalarha
amabili. Zifake ngaphakathi
kwesimumathi esinganalitho
nanyana ibhawuli.



amanzi



ibhawula



ikhothiniwulu

Igadango lesi-2:

Thela amanzi phezu
kwekhothiniwulu
bese uqinisekisa
kobana ithambile.



Igadango lesi-3:

Beka isimumathi
nanyana ibhawuli
leyo phezu kwefesidere nanyana
endaweni lapho kunomkhanyo
welanga khona.



Igadango lesi-4:

Ngemva
kwamalangana, qala
ubone kobana isitjalo
sakho sikhula njani.
Sithelele kanye
ngeveke.

Ilanga-1



Ilanga-2



Ilanga-3



Ilanga-4

Igadango lesi-5:

Nasele isitjalo sakho
sinemirabhu,
ungasitjala-ke
ehlabathini ethambileko.



Igadango
le-6:

Thelelela isitjalo sakho njalo. Ngemva
kweemveke ezimbalwa, uzokwazi ukukha
zakho iimbontjisi ozitjalele wena ngokwakho.



Ukudla esikudlako



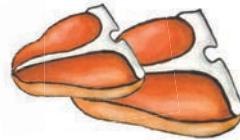
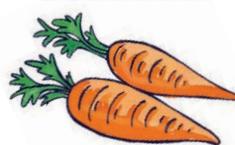
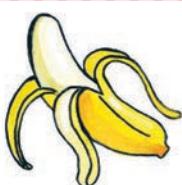
Asifunde

Ukudla okunepilo kusenza kobana sikhambé njengeembaseli nazenza ikoloyi kobana ikhambe. Sitlhoga ukudla okunepilo ukuze sikwazi ukwenza lokho esikufisako kanye nokukwenza kuhle. Ukudla okunepilo kusipha amandla begodu kwenza kobana sikhule.



Asenzeni lokhu

Qala iinthombe lezi. Tlola ibizo lokudla ngakunye ngaphasi kwesithombe ngasinye.



Asitlole

Uthanda ukudla okunjani? Ngikuphi ukudla ongakuthandi khulu? Tlola ukudla lokho ngaphasi kwesihloko esingenzasi. Khetha esithombeni esingehla iimpendulo zakho.

Ukudla engikuthandako

Ukudla engingakuthandiko



Asifunde

Ukudla singakwehlukanisa ngemikhakha eli-7. Ukudla okungenzasi kumele ukudle njalo.

Ungakudla ukudla okungehla kodwana ingasi ngamalanga.



Asikhulume

Cocisanani ngelasini.

Kungani kumele sikudle kancani ukudla okubekwe phezulu esithombeni esingehla begodu sidle okunengi okubekwe esithombeni esingenzas?

Teacher:	
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Ukudla okwehlukeneko kubuya kuphi?



Asifunde

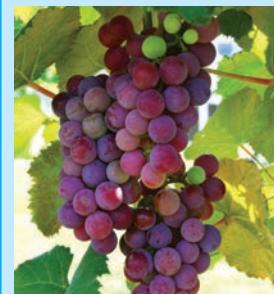
Ukudla okunengi kubuya emaplasini. Umkhiqizo osisekelo ukhiqizwa emaplasini bese uyasetjenziswa ukwenza eminye eminengi.



Uburotho namasiriyela kubuya ekoroyini.



Ekukhwini sithola amaqanda.



Iinthelo zikhula emithini kanye neentjalweni.



Ekomeni sithola ibisi nenyama. Senza iyogathi netjhizi ngebisi.



Sisebenzisa isiphila ukwenza ipuphu.

Ilanga:



Iliju libuya eenyosini.



Umoba senza ngawo itjhukela.



Engulubeni sifunyana inyama
kanye nebheyikhoni.

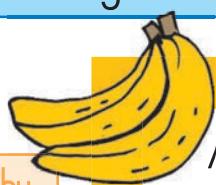


Sitjala besivune imirorho
eemvanden i zethu.



Asenzeni lokhu

Vumani ingoma elandelako
notitjhhere wenu.



Ama-apula, amagwava, amabhanana

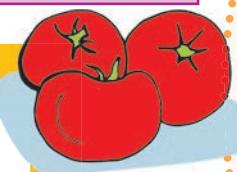
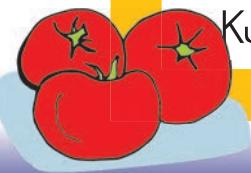
Imbontjisi ama-erekisi kanye namazambana

Koke kwenza kobana imizimba yethu
ikhule beyiqine.

Ingenza ngikwazi ukuqalana nomsebenzi

Ngidla kwaphela ukudla okunepilo!

Kungenza ngiphile bengibe namandla.





Asifunde

Ukudla okunepilo kanye nokudla okunganapilo

Kanengi ukudla esikuthandako akusikho ukudla okunepilo.

Ngesinye isikhathi sithanda ukudla okungakawulungeli umzimba wethu. Begodu ngesinye isikhathi asikuthandi khulu ukudla okuthileko okuwulungele khulu umzimba wethu.

Kuvamile-ke kobana into esiyidla ngobunengi khulu itholakale ingakalungi. Ngakho-ke ukudla ukudla okunengi khulu okumnandi akukalungi. Kungenzeka akunapilo ukudla ukudla okunengi khulu kwananyana yini. Yidla bewusuthe. Ungadli khulu ngesizathu sokuthi uthanda ukudla.



Asenzeni lokhu

Sika iinthombe zokudla okunepilo nezokudla okunganapilo kibomegazini bese uzinamathisele emakotikotini ekungiwo. Nawungakwaziko ukuthola isithombe, kugwale ukudla lokho.



Ukudla okunepilo

Ukudla okunganapilo

Ilanga:



Asitlole

Sebenzisa okufundileko ngokudla bese uzitlolela
yakho imenu.

Isidlo sekuseni

Isidlo semini

Isidlo santambama



Asenzeni lokhu

Siyokwenza isaladi yeenthelo. Landela imiyalo
engenzasi:

Uzokutlhoga lokhu:

- Iinthelo ezahlukahlukaneko
- Ijuzi yeenthelo
- Isikotlelo esikhulu esingumakupuru



Landela amagadango
alandelako:



- Hlanza iinthelo.
- Zikele lokha nakutlhogekako (njengama-orentji).
- Sika koke kube ziintokana ezincani (bawa omunye omdala akusize)
- Hlanganisela iinthelo ngaphakathi kwesikotlelo esingumakupuru.
- Thabela isaladi yakho nanyana ine-ayisikhrimu nanyana ikhrimu.



Ukugcina ukudla

Ithemu - 9

Ithemu - 3 - Iimveke - 9



Asifunde

Qala isithome bese uphendula imibuzo.



IKHALENDAA

UKhukhulamungu 2015

Mvl	Lsb	Lst	Lsn	Lsh	Mgq	Snd
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
			24	25	26	27



R1195



Asikhulume

Ngikuphi okuyelelako ngamadadamu?

Singakghona ukukudla ukudla lokho?

Ucabanga kobana kwenzekeni ngokudla lokhu?



Asifunde

Ukudla okutjha akuhlali kukutjha njalo. Okhunye ukudla okufana nemirorho kanye neenthelo kuyathoma kutjhwabe bese kugcine ngokuthi kubole. Inyama, ihlambi kanye nokhunye ukudla okutholakala ederini kuyakghora begodu angekhe sisakghona ukukudla. Singenza ini ukugcina ukudla isikhathi eside khulu? Indawo ephephileko yokugcina ukudla kukufaka ngefrijini. Kodwana okhunye ukudla kungonakala nangekuhlala kuqandisiwe isikhathi eside. Kuneendlela ezimbili zokugcina ukudla kukutjha.

Ilanga:



Asikhulume

Qala iinthombe ezilandelako.

Cocisana nomngani wakho ngazo. Ngiziphi iindlela ukudla ekugcinwa ngakho isikhathi eside?

Ungacabanga ngezinye iindlela ezingenza ukudla kobana kungaboli? Cocisana nomngani wakho ngazo.

Tjela itlasi iimbonelo zalokho.



Asitlole

Qala iinthombe ezingenzasi bese ufunda amagama angemabhoksini.

Ngemva kwalapho, tlola elinye lamagama alandelako ngaphasi kwesinye nesinye isithombe esikhambisana negama.

Okutjha



Okungemakotikotini



Okomisiweko

Okubekwa ngefrijini





49 Imihlubo yamakhaya (1)

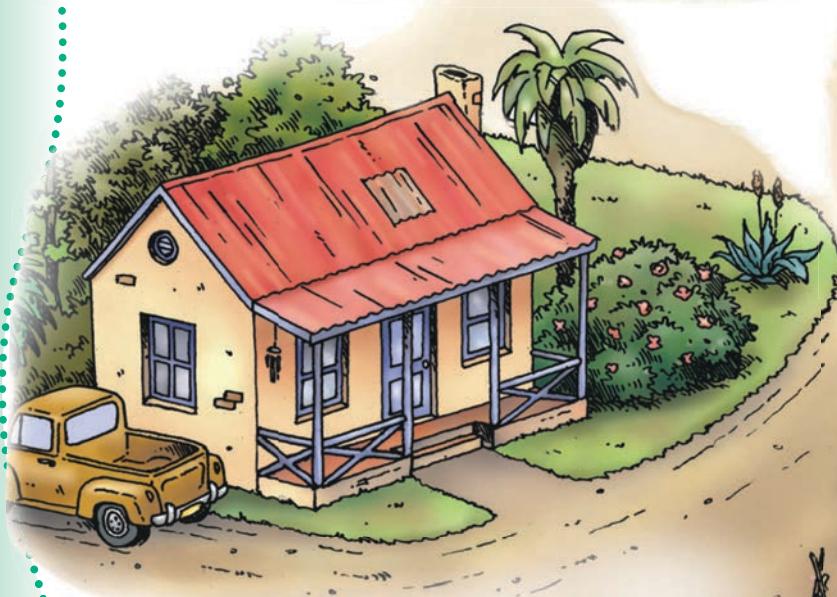
Timveke - I

Ithemu - L



Asikhulume

Ikhaya lakho kulapha
uhlala khona. Abantu
abahlala eSewula Afrika
banemihlubo eyahlukeneko
yezindlu abahlala kizo.
Ungawathola kuphi
amakhaya alandelako?

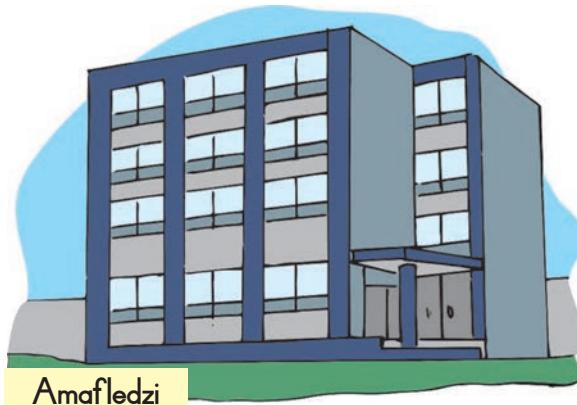


Ilanga:



Asikhulume

Qala iinthombe ezingenzasi. Cocisana nomngani wakho ngezinto ezifanako ezindlini zoke. Bese niyabuya nicocisana ngezinto ezingafaniko. Ngiziphi izinto ezinengi khulu ezifanako begodu ngiziphi izinto ezinengi khulu ezahlukileko.



Amafledzi



Izindlu ezinomqaqado owodwa nanyana emibili



Amakharavana kanye namatende



Amatjhede



Izindlu zemakhaya



Asenzeni lokhu



Izindlu ezaziwa ngamaCape-Dutch

Sebenzani ngeenqema. Thola ibhoksi lenyathelo nanyana elinye nelinye ibhoksi. Lipende ukuze liqaleke njengomuzi. Sebenzisa ibumba ubumbe isithombe sakho sibe ngaphandle kwendlu.



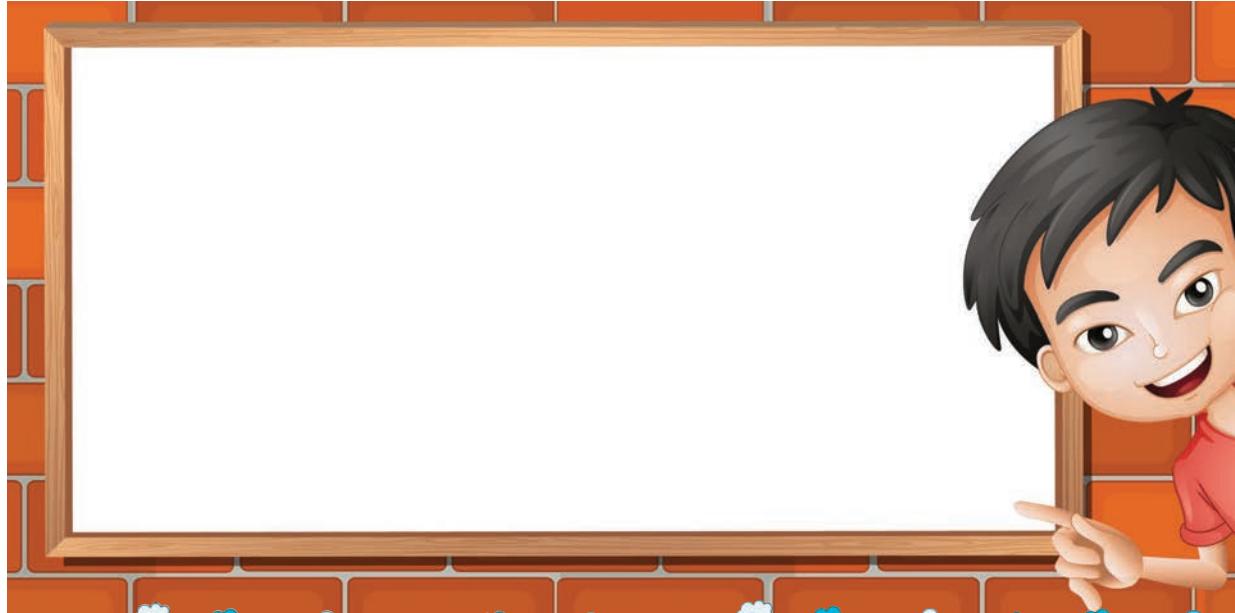
Imihlolo yezindlu (2)

Cabanga ngezindlu ezahlukeneko okhe wazibona endaweni ohlala kiyonanyana lapha ukhe wavakatjhela khona. Gwala iinthombe ezimbili zezindlu ezahlukeneko okhe wazibona.

Asenzeni lokhu

Iimveke - I

Ithemu - L



Asikhulume

Amanowuthi wakatitjhore:
Utijhere wakho uzokulalela
imibono yenu.

Nasingaphakathi kwendlu eyakhiwe kuhle, asitjhi khulu nanyana asigodoli khulu. Asinethwa begodu asiphetjhulwa mumoya.

abantu abanengi abakavikeleki ngendlela esikhuluma ngayo.

Coca nomngani wakho nikhulume ngendlela abantu abazivikela ngayo nabanganawo amakhaya.



Asikhambahambeni

Ilanga:

- Yelula isandla sakho ngendlela ongakghona ngayo uthinte indawo efulelweko yendlu yakwenu.
- Guqa phasi ngamadolo utjale iintjalo esivandeni.
- Lula izandla zakho khulu uvule amafesidere wendlu yakho. Bese ubuye uwavale.
- Kothama bese uhlawule endlini yakho.
- Thanyela phasi ngomthanyelo.
- Hlanza amafesidere ngetjhila.



Amanowuthi wakatitjhere:

Lalela igido utitjhore azokudlalela lona esigubheni asibethako. Khamba ngegido lelo. Lokha utitjhore nakatjhugulula igido, nawe tjhugulula ibelo lokukhamba/lokunyakaza kwakho.

Lalelisisa.



Teacher:
Sign:
Date:

Izinto zokwakha izindlu

Itthemu-4 - Timveke-2



Asikhulume

Sisebenzisa izinto ezahlukeneko ukwakha izindlu.
Qala iinthombe ezingenzasi.



iintina



amathayili



amasenge



isamende



umhlanga



irhalasi



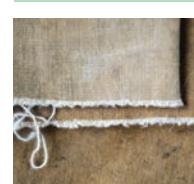
amapala /iingodo



ikhuni/amaplanka



amatje



amatende



iplastiki



umdaka/
ihlabathi



iinsimbi



iinkhumba



isanda



Cocisana nomngani wakho ngezinto ezahlukahlukeneko zokwakha izindlu.

Ngiziphi ezibuya efekthrini?

Ezinye izinto zibuya kuphi?

Tjela abentwana abanye kobana wena izindlu ozibonako nawuza esikolweni zakhiwe ngani.

Amanowuthi wakatitjhore:
Utitjhore angatlola
irherho lezinto
ebhodini.

Ilanga:



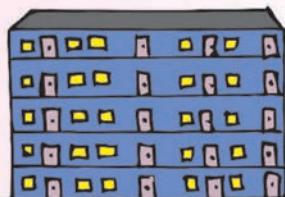
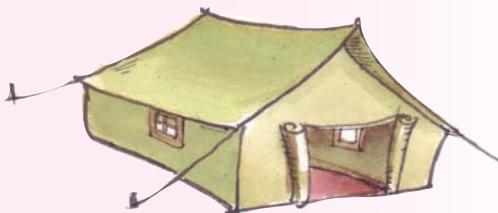
Asenzeni lokhu

Emhlobeni ngamunye wendlu, gwala umuda
uye kilokho eyenziwe ngakho.

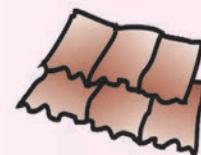
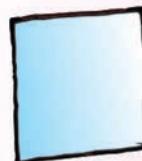
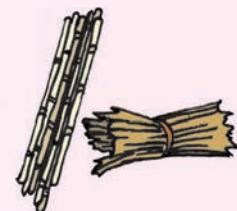
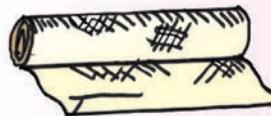
Amanowuthi wakatitjhore:
Utitjhore uzokuthatha iincwadi
zenu zokusebenzela ayozigala.



Imihlubo yezindlu



Izinto zokwakha



Teacher: _____
Sign: _____
Date: _____



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Izindlu ezizokujamelana nobujamo bezulu obahlukahlukene



Asifunde

Timveke - 2

Ithemu - 4

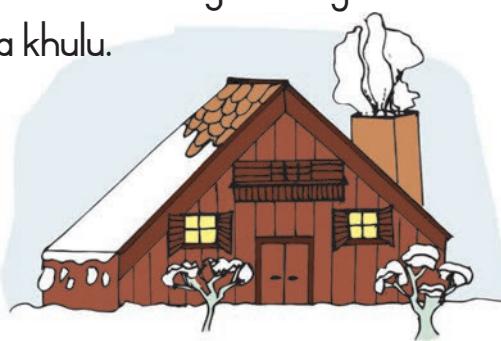
Izindlu zivikela abantu ebujameni obahlukahlukene bezulu. Zingasivikela emisebeni etjhisa khulu yelanga. Zingasivikela godu nakumakhaza, izulu nalinako nalokha kunomoya.



Bewazi kobana abantu abahlala eendaweni ezimakhaza kufanele bakhe izindlu zabo ngendalela ekhethekileko njengalezi ezingenzasi? Izindlu lezi kufanele zibabulunge bafuthumele lokha nakukhithika igabhogo.

Lo mumbhe wendawo ebizwa ngokuthi yi-Greenland.
Yindawo emakhaza khulu.

Le yi-gloo



abantu abahlala eplanedini ebizwa nge-Artic enerhwaba elinengi, bakha izindlu zabo ngerhwaba.

Igabhogo liqotha amakhaza. Izindlwana lezi zibizwa ngokuthi yi-gloo.

Ilanga:.....



Asenzeni lokhu

Ngeenqhemha, lingisani kobana ningakha njani indlu.

Zikhetheleni kobana nizokwakha indlu enjani.

Nizokusebenzisa izinto zokwakha ezinjani?

Yabelanani imisebenzi. Kuzokuzwakala
maphi amatjhada?

Sebenzisani amanye wamagama
alandelako.

umnyango/
umbadi

izindlu ezingakakhwa
ngeplani

izindlu ezilakanyeke
kanye nanyana kibili.

izindlu zemakhaya

izindlu zamaCape-Dutch

iintina

umthangala

ipende

amafledzi

amafulelo

itjhimela

ifesidiri

isamende



Asifunde

Yitjho ikondlo elandelako
njengengcenyę yakho yokulingisa:

Yakha, yakha indlu yakho etja!

Yiza neentina, meda iboda

Bethelela isipikiri leso, qinisa isikrufu leso –

Zivikele elangeni

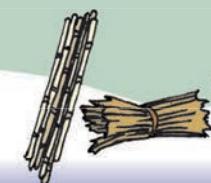


Yakha, yakha indlu yakho etja!

Yiza nesanda kanye neminyango
kanye namathayili.

Yiza namanzi, hlanganisa nesamende –

Zivikele ezulwini.



Teacher: _____
 Sign: _____
 Date: _____



Timveke - 3

Ithemu - 4

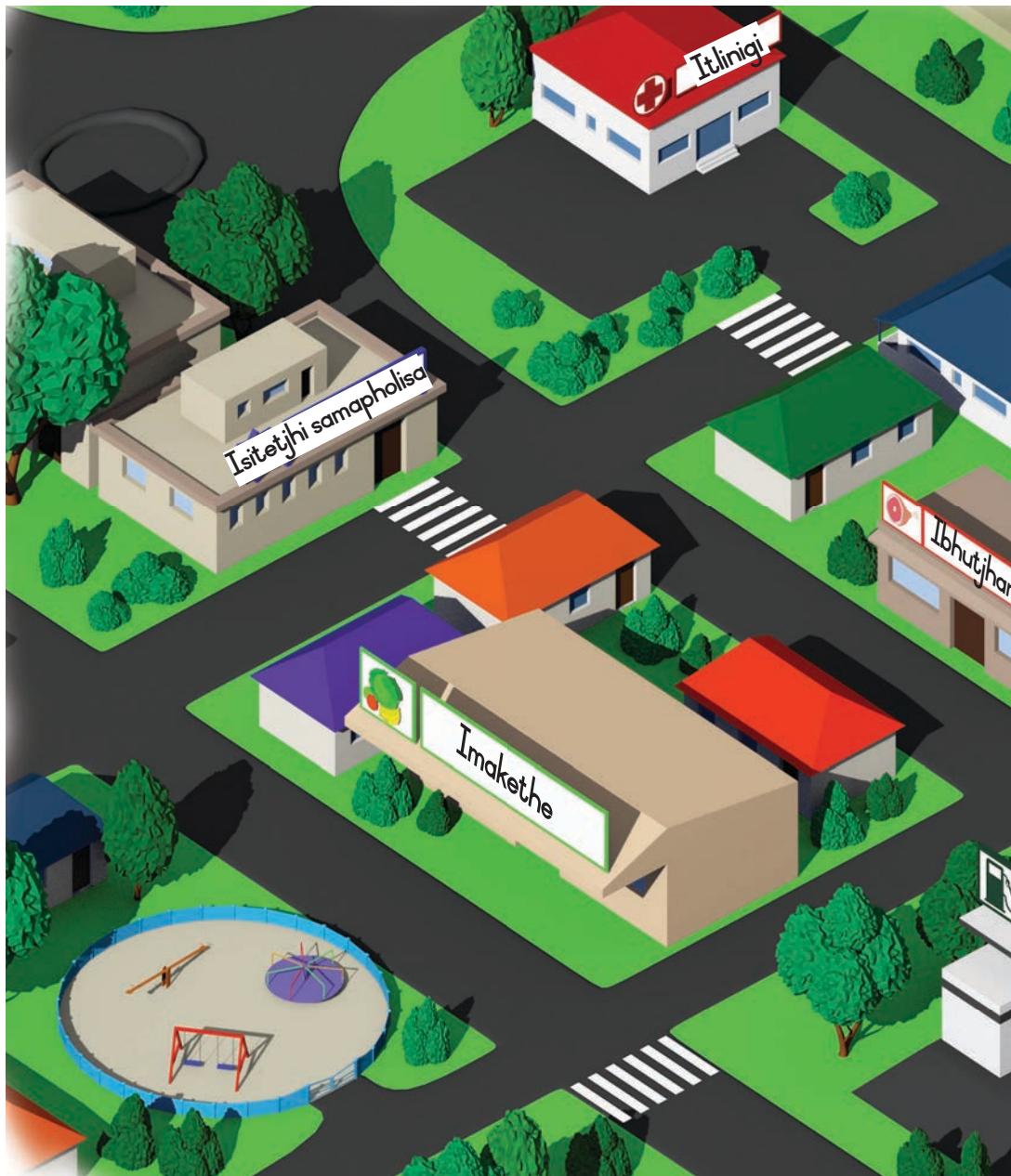
53

Ukuthola iindawo kanye nezinto (1)

Asifunde

Kunemebhe eyahlukahlukene. Ukukhetha umebhe wakho onembako, kumele sazi umebhe lowo uyowusebenzisela ukwenza ini. Umebhe weendlela ukusiza ukuthola iindlela/iintrada kanye neendawo edorobheni nanyana edorobhokazini.

Abalimi bathanda iindawo ezinomebhe otjengisa amadamu, imilambo kanye neentaba.





Asenzeni lokhu

Ilanga:

Wena nomngani wakho, cocani ngemibuzo elandelako. Gwala isiyingi undulungele iindawo esithombeni emakhasini amabili la.

Ungazithola kuphi iincwadi ongazifunda?

Ungalibika kuphi icala lokwetjiwa kokuthileko?

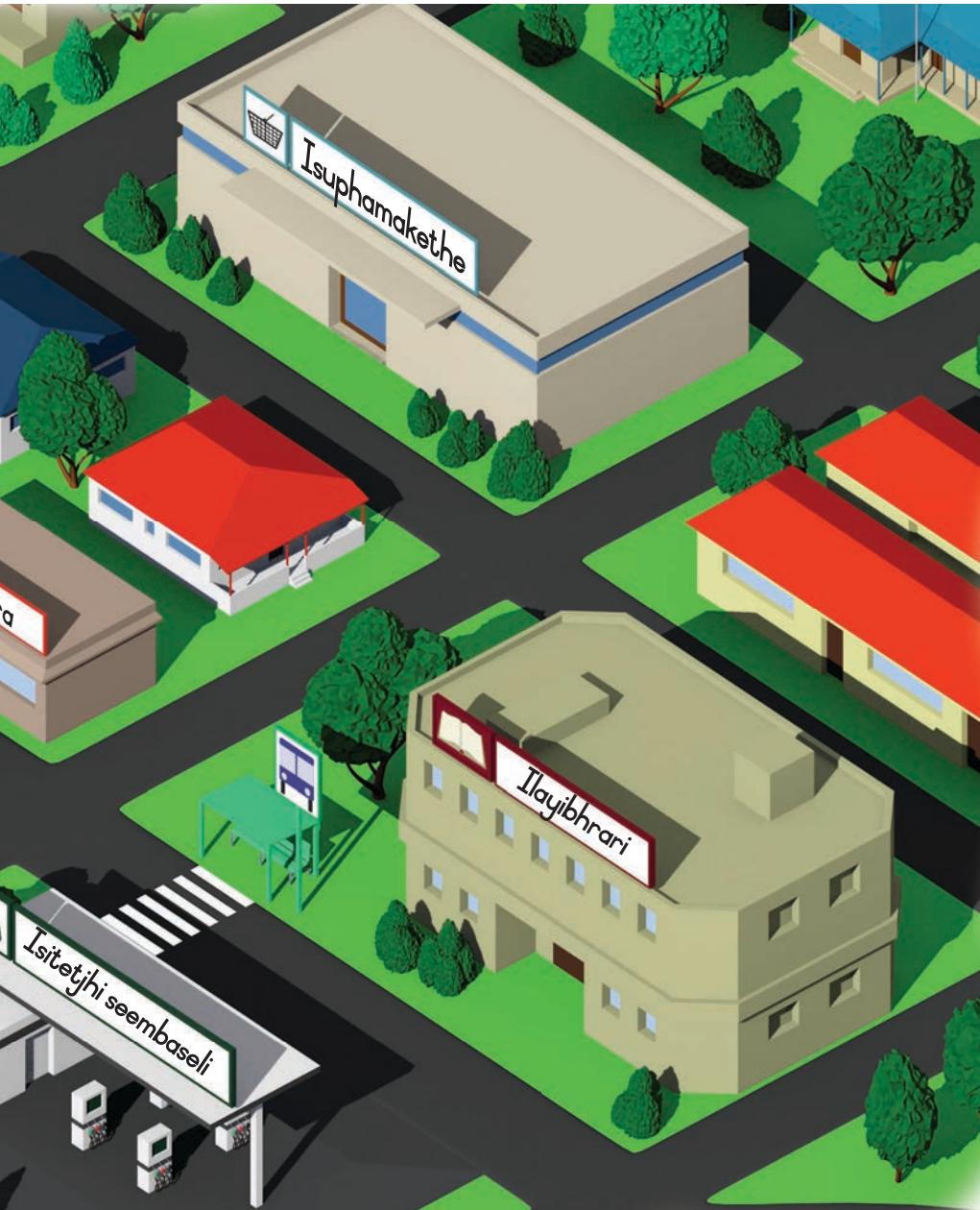
Ungaya kuphi lokha nawugulako?

Ukudla ungakuthenga kuphi?

Ungaya kuphi nawufuna ukujamela ibhesi?

Indlela yona ungayeqa kuphi lapha kuphephileko?

Amanowuthi wakatijhere:
Utitjhere wakho uzoyifunda ngayinje ngayinje, ngemva kwalapho ningafunyana iimpendulo.



Teacher: _____
Sign: _____
Date: _____

Ukuthola iindawo kanye nezinto (2)

Timveke - 3

Ithemu - 4



Asikhulume

Qala indlela emebheni wendlela uJason awulandelako ukusuka kwabo nakaya esikolweni.

Hlathululela umngani wakho kobana uJason indlela akayilandelako nakasuka ekhaya aya esikolweni. Naka amanye amagama ongawasebenzisa.

ngehla

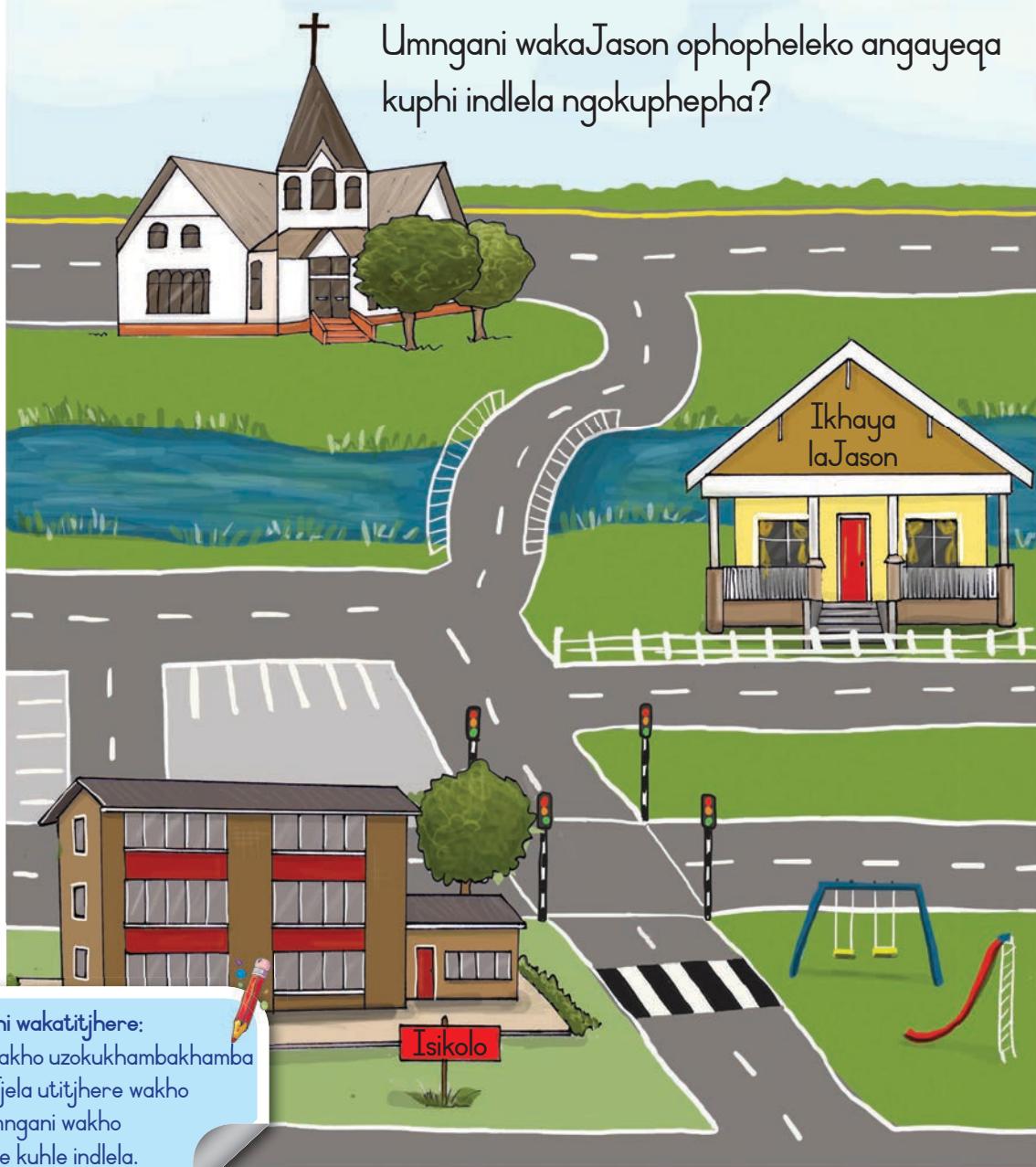
udlula

eqadi

ngaphezulu

ngaphasi

Umngani waka Jason ophopheleko angayeqa kuphi indlela ngokuphepha?



Amanowuthi wakatitjhere:

Utitjhore wakho uzokukhambakhamba ngetlasini. Tjela utitjhore wakho nangabe umngani wakho uyihlathulule kuhle indlela.



Asikhambahambe

- Yizani nerobho ede niyibeko phasi.
- Niyokukhamba "endleleni" le.
- Khambani niye phambili, emuva ngemaqadi ngokulinganisa nerobho.
- Khambani niye phambili nilinganise nerobho nithwеле izandla zenu ehloko.
- Khambani nibuyele emuva nilinganise nerobho nibeko izandla zenu ngemuva.
- Khambani nitjhinge ngemaqadi nilinganise nerobho, nibeko izandla zenu emadinini.

Ilanga:



Asifunde

Uyenze ngepumelelo engangani imisikinyeko engehla? Nangabe ungayenza kuhle yoke imisikinyeko, khalara ebusweni obumamathekako.

Nangabe awukaphumeleli ukuyenza yoke imisikinyeko, khalara ebusweni obudanileko. Nangabe ukghonile ukwenza eminye yemisikinyeko, khalara ebusweni obuphakathi.

Ngingakhamba ngitjhinge phambili nemuva ngilinganise nerobho.			
Ngingakhamba ngiye ngemaqadi ngilinganise nerobho.			
Ngingakhamba ngitjhinge phambili ngilinganise nerobho ngibeke izandla zami phezu kweloko.			
Ngingakhamba ngitjhinge phambili ngilinganise nerobho ngibeke izandla zami ngemuva.			
Ngingakhamba ngitjhinge ngemaqadi ngilinganise nerobho ngibeke izandla zami phezu kwedini.			



Ukufunyana indlela

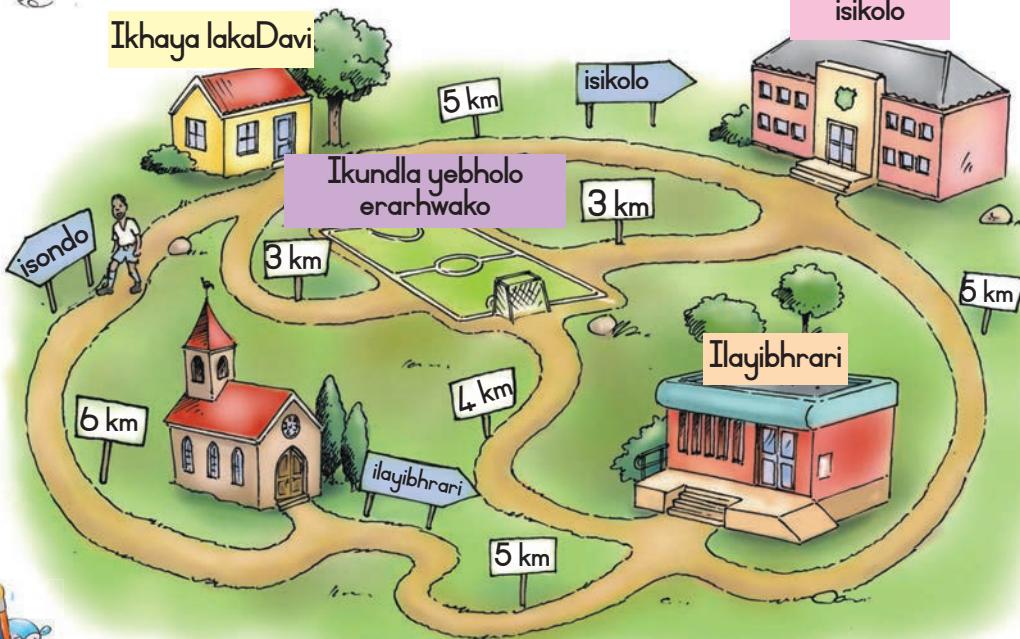


Asitlole

Imebhe enesithombe iyasisiza kobana iindawo zikude kangangani ukusuka kenyé uye kenyé. Qala umebhe olandelako.

Timveke - 4

Ithemu - 4



Asitlole

Phendula imibuzo elandelako. Ungabawa umngani wakho kobana akusize.

Gwala isiyungi nanyana indulunga lapha ubona kutlolwe **km**.

Uneeyungi ezingaki?

uDavi ukhamba kusuka esikolweni ukuya elayibhrari.

uDavi ubona ini eduze kwelayibhrari?

Ubone liphi itshwayo endleleni?

Ukhambe ibanga elide kangangani?

Nakajame emnyango wangaphambili welayibhrari, uDavi ubona muphi umakhiwo?

uDavi ulambil. Ufuna ukubuyela kwabo. Khalara indlela efitjhani khulu esuka elayibhrari eya kwabo.

Phendula ngo-Iye nanyana ngo-Awa:

Ingabe ikundla yebholo erarhwako iseduze khulu nakwabo?

Amanowuthi wakatitjhere:
Vama ukuqinisekisa kobana uqinisekile ukutjela utitjhere wakho lokha nawungaboni litho kuhle.

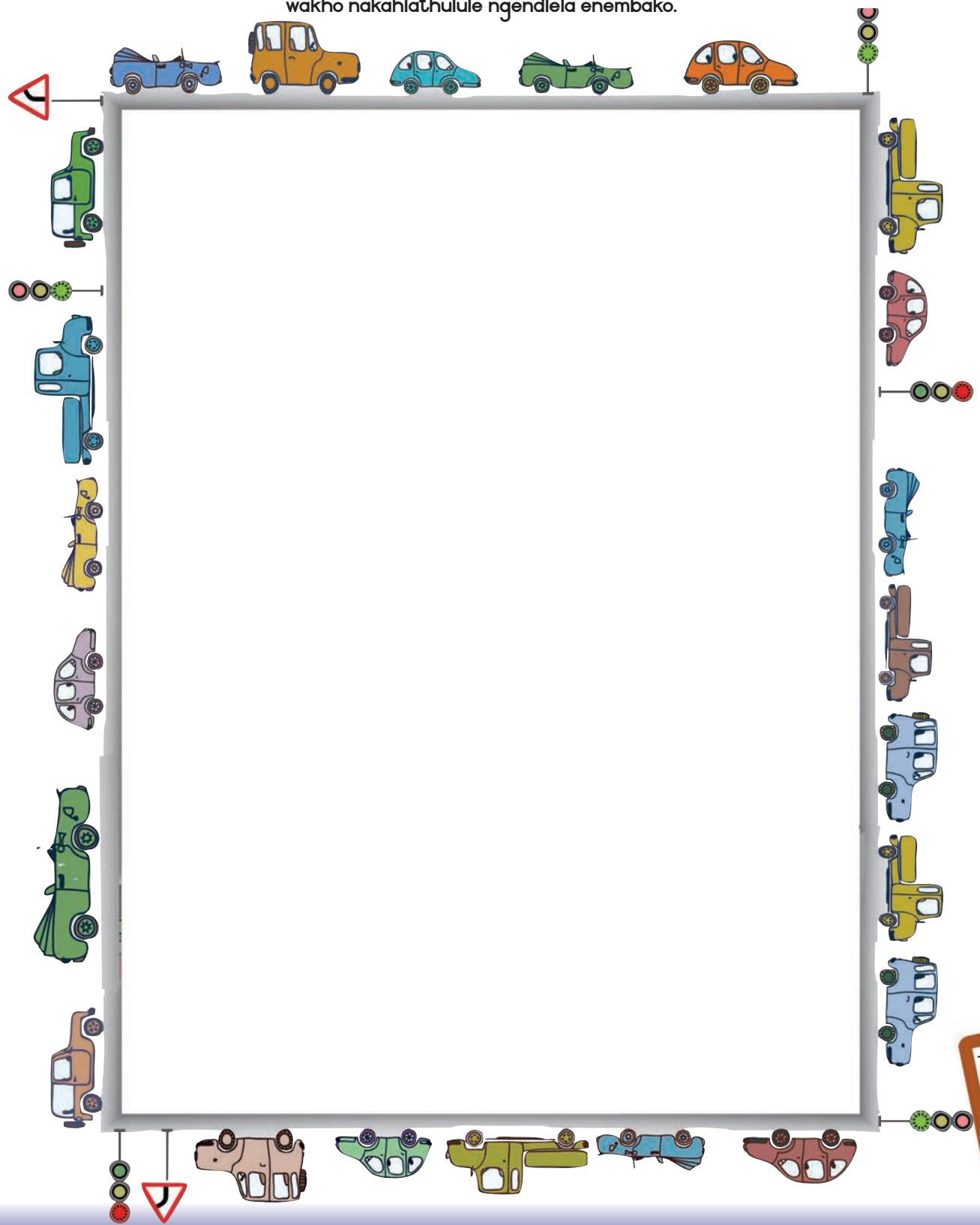


Ilanga:



Asenzeni lokhu

Gwala umebhe wakho wendlela oyilandelako hlangana neendawo ezimbili. Ungakhetha nanyana ngiziphi iindawo ezimbili. Nasele uqedile, unga tjemisa abangani bakho umebhe wakho. Nikela umngani wakho umebhe ukuze ahlathulule indlela ozoyikhamba. Yewutjheje nangabe uhlathulula ngendlela enembako. Tjela utitjhore wakho lokha umngani wakho naka hlathulule ngendlela enembako.

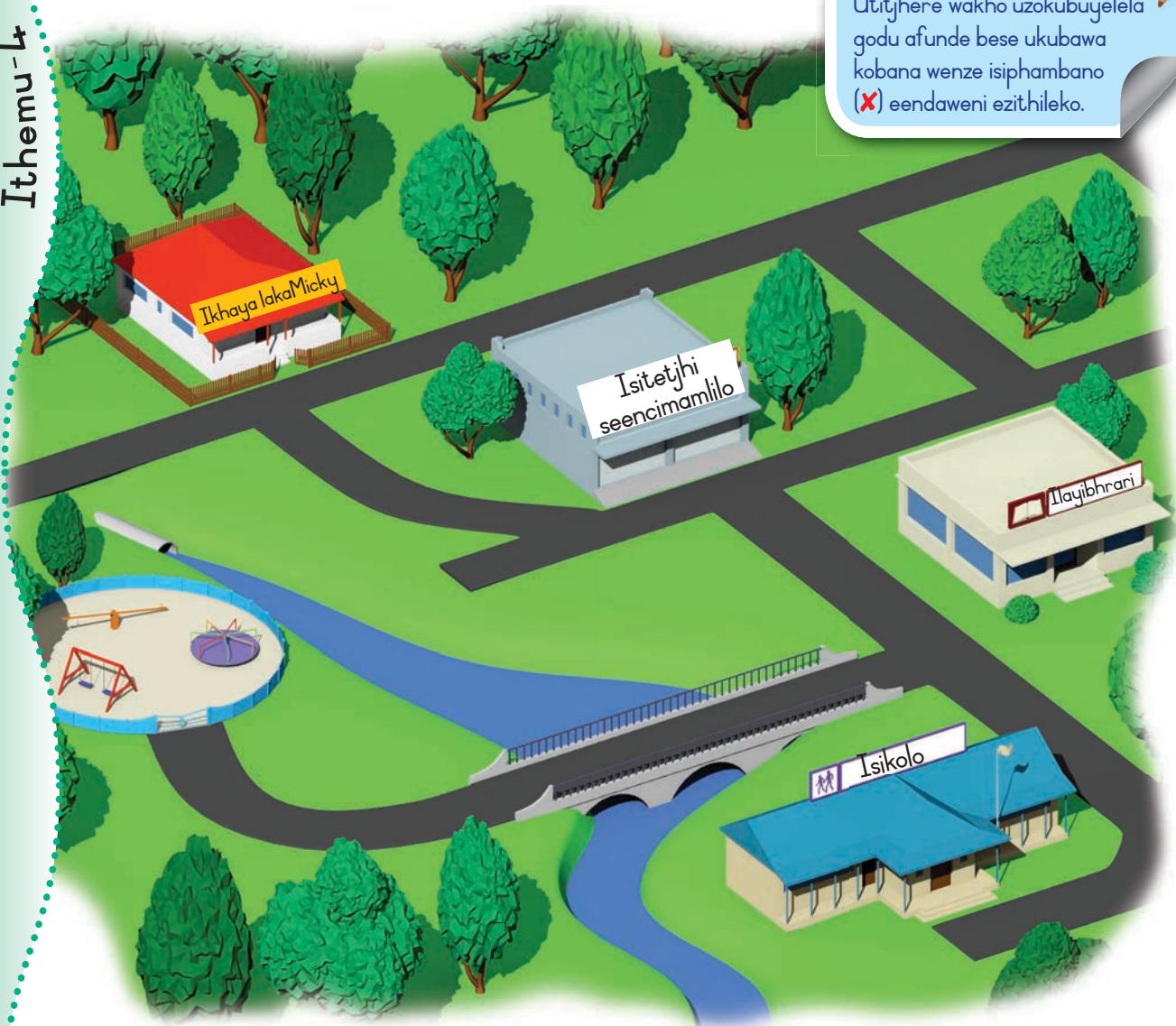


Ukuthola izehlakalo endatjaneni

Asenzeni lokhu

Utitjhore wakho uzokufunda indatjana ekhuluma ngoMicky.
Lalelisisa kuhle. Landela indledlana yakhe emebheni encwadini yakho.

Amanowuthi wakatitjhore:
Utitjhore wakho uzokubuyeleta
godu afunde bese ukubawa
kobana wenze isiphambano
(X) eendaweni ezithileko.



NgoMgqibelo uMicky udlala ephageni nabangani bakhe **(X)**.
Namhlanje ekuseni, unina umbuzile, "Ugogwakho uyagula, ngiyakubawa, akhe
uyomnikela ukudla lokhu?" UMicky uthatha isikhwama esikhulu esinokudla. Uthe
lokha nakaphuma esangweni wahlangana nendoda. Indoda yatjho ngephimbo

elimarhororhoro yathi, "Arha, ngyakubona uthwele ukudla. Upfathele ugogwakho angithi?" Lokho kwamethusa khulu uMicky. Wakhambisa khulu ehla ngendlela sele anqombe lapha kunesicimamlilo khona. Lapha ujikela ngesandleni sokudla (X).

Kodwana uthe nakaqala emuva, wabona indoda leya imlandela.

UMicky ukhetha ukuyokuthola isizo ebanganini bakhe ephageni. Uthe nakafika elayibhrari, utjhinge ngesidleni wangena. (X).

Ngesandleni sakhe sesincele wabona isikolo wabe wasidlula (X).

Iintrada zithule du. UMicky kwanje weqa indlela msinya (X).

Ekugcineni wabona iphaga. Wakhamba ngaphezu kwebhlorho (X) ukuyokuhlangana nabangani bakhe eyegeni! (X)



Asikhambahambeni

Kwanje siyokudlala umdlalo wokujjima umgijjimo werileyi.

- Kwanje bekani iinhlalo zenu zenze isiyungi. Dlalani "umvumo weenhlalo" – nimele nifunyane indlela efitjhani eya esihlalweni.



Teacher:
Sign:
Date:



Amanzi siwasebenzisa njani: emakhaya nesikolweni



Asitole

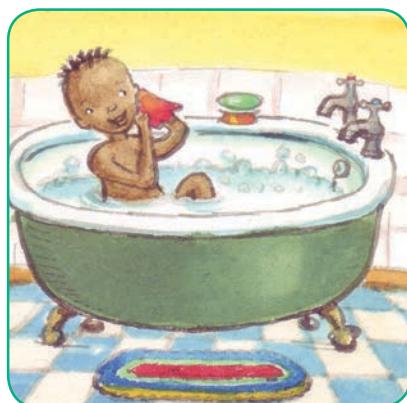
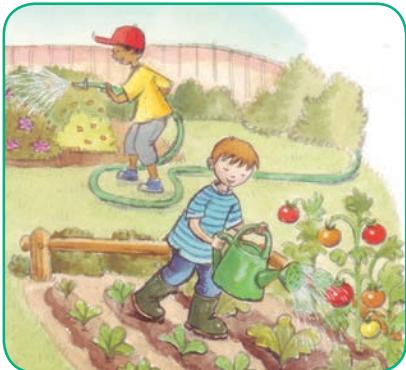
Amanzi siwasebenzisa pheze ngamalanga. Qala iindlela ezahlukeneko esizisebenzisela amanzi. Ngenzasi kwesinye nesinye isithombe, tlola kobana amanzi asetjenziselwa ukwenza ini. Sebenzisa iinhlokwana lezi.

Ukwenza umlilo.

Ukuhlanza imizimba yethu.

Ukusiza iintjalo zimile.

Ukuhlanza izembatho kanye nezitja.





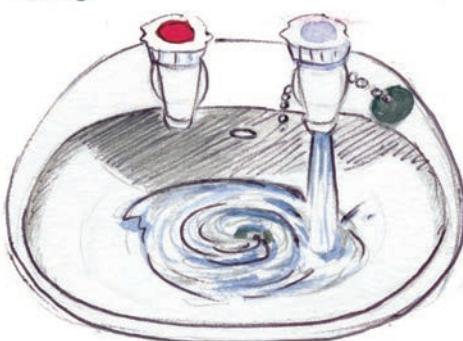
Asikhulume

Khuluma
 ngeendlela ezinye
 zokusebenzisa amanzi ngendlela eyongako.
 Amanzi ayakarisa! Singahlathulula
 izinto ezinengi ezenziwa ngamanzi.
 Cocisanani ngezinye iindlela lapha
 amanzi angasetjenziswa ngazo
 khona. Amanzi yinto eqakatheke
 khulu. Khulumani ngokuthi siwona
 njani amanzi. Kungenzekani lokha
 nasingenawo amanzi? Yabelana
 ngemibono nabanye abafundi.



Asikhambakhambeni

Lingisa okulandelako.



Amanzi aphuma
 epompeni
 athontela
 ngebheyzini.



Ilifu lezulu lakhekha,
 laba likhulu kuthi
 ekugcineni izulu
 line bese ilifu
 liyanyamalala.



Umlambo ogeleza kancani
 ematjeni nomlambo ogeleza
 phezu kwesanda.



Asiddlaleni

- Dlalani "Umgqomu namathosi wamanzi".

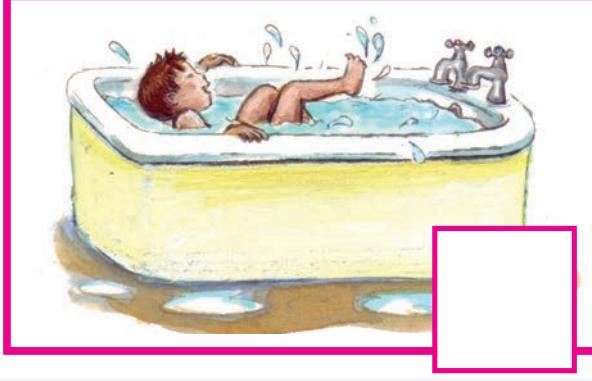
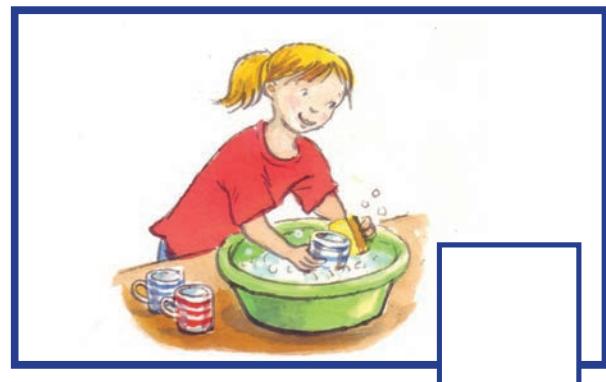
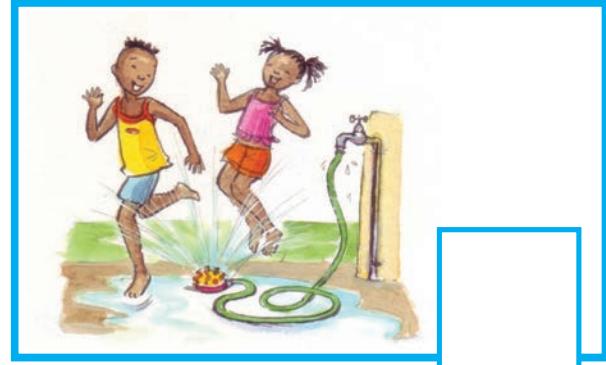




Asitlole

lindlela amanzi onakala ngayo

Qalani iinthombe ezilandelako. Tlola itshwayo (✓) eduze kwesithombe lapha amanzi ongeka khona bese utlola isiphambano (✗) lapha amanzi oniwa khona





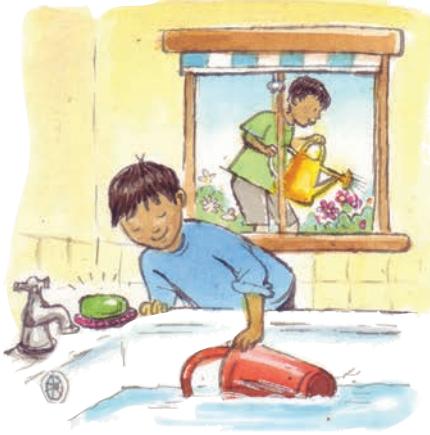
Asikhulume

Qala iinthombe lapha utlole khona isiphambano. Cocisanani ngazo ngetlasini niveze kobana esithombeni ngasinye benzani. Coca ngokuthi bangasebenzisa njani amanzi ngokuwonga.

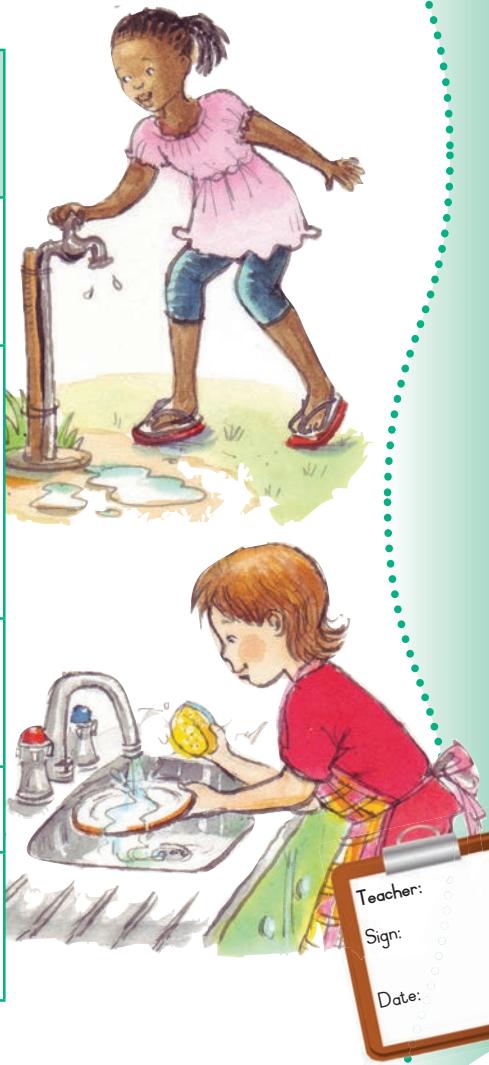


Asitlole

Qala iinthombe. Funda imitjho engenzasi. Faka itshwayo (✓) kesinye nesinye isenzo esingasisiza ukonga amanzi, bese ubeka isiphambano (✗) kesinye nesinye esingongi amanzi.



	✓ nanyana ✗
Ngivulela amanzi epompeni lokha nangitlubha amazinyo wami.	
Sisebenzisa isibha esingayoniko imvelo. Angiwathululi amanzi ebengihlamba ngawo kodwana ngithelelela ngawo esivanden.	
Njalo ebusuku ngihlamba umzimba ngamanzi azele swi ibhada.	
Nangibona ipompi ivuza, ngiyayivalisisa.	
Sihlanza izitja epompini ngaphandle lapha amanzi agijima khona.	

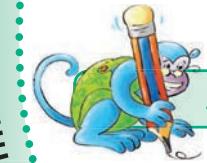




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Amanzi aphephileko wokusela nangakaphephi

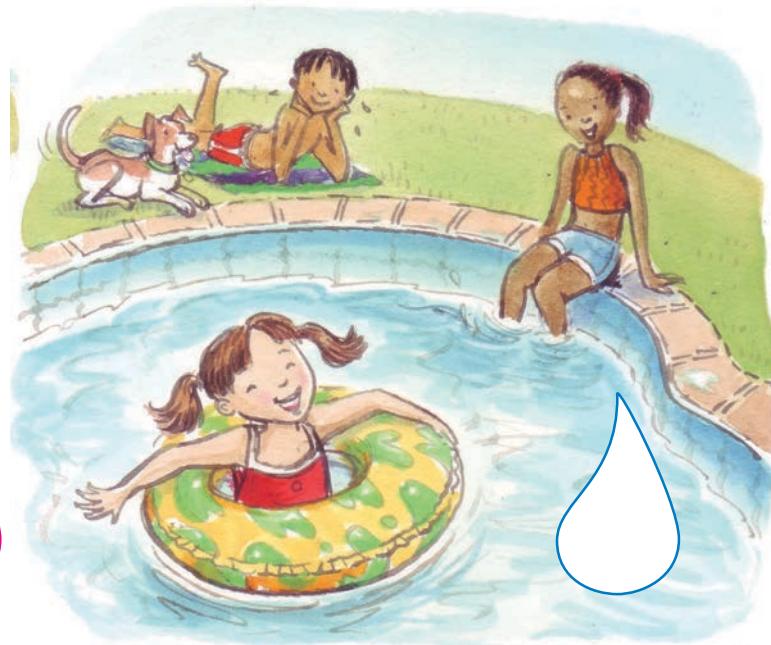
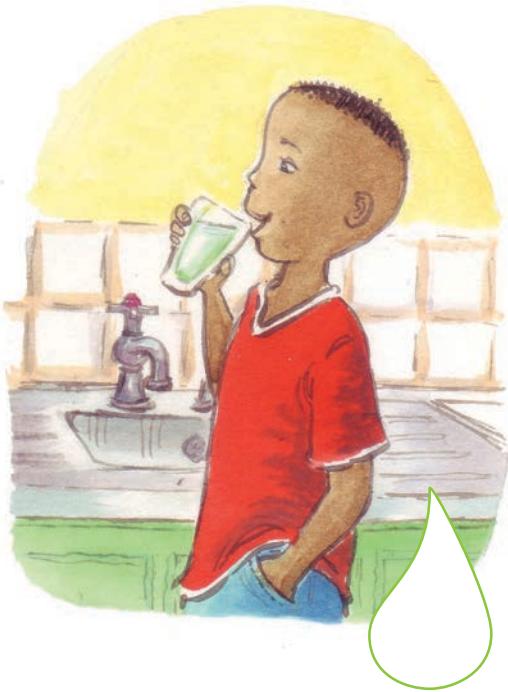
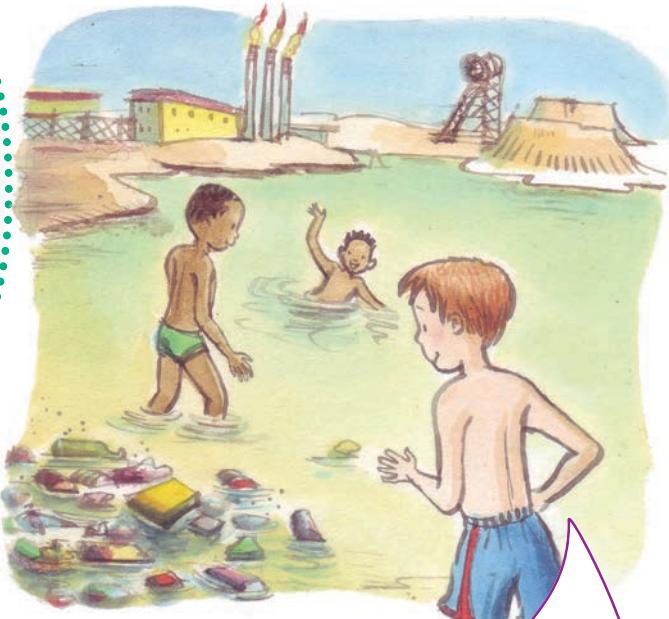
Limveke - 6



Asitole

Qala iinthombe lezi. Beka ithiki (✓) esithombeni otjengisa ukuphepha. Beka itshwayo isiphambano (✗) esithombeni esitjengisa ukungaphephi.

Ithemu - 4





Asitlole

Tlola igama "kuphephile" nanyana "akaphéphi" uqedelele umutjho ngamunye. Ipendulo yokuthoma inikelwe.

Ukusela amanzi asilaphazekileko akukaphéphi.

Ukududa emanzini aneensila _____.

Ukusela amanzi agcinwa ngemabhadlelweni _____.

Ukusela amanzi avela emlanjeni osilaphazekileko ku _____.

Ukusela amanzi ahlanzekileko abuya epompeni _____.



Asidlateni



Dlala nabanye ababili.

- Wahlani izandla zenu kanye kanye lokha ithosi lamanzi lehla:
 - kabuthaka epompeni yamanzi.
 - msinya epompeni yamanzi.
 - msinya khulu epompeni yamanzi
 - noke hlalani ngesikhathi esifanako.
- Dlalani omunye umdlalo wokuwahla izandla eniwaziko.



Asikhambahambeni

- Yeqa njengesirhwarrwa nasiphuma ngemanzini angcolileko.
- Yeqa njengesirhwarrwa naseqela emanzini ahlanzekileko.
- Rholobha njengepera eyomileko egijimela ukuyokusela amanzi.
- Gijima ngendlela ongakghona ngayo ubalekele izulu elina ngamandla khulu.
- Yeqa ukusuka kelinye ilitje uye kelinye lokha naweqa umlambo. Siza nabanye abangakghoniko ukukhamba.
- Jikajika njengamanzi aphuma ngebhadeni (uwedwa begodu unomngani).
- Utitjhore uzokutjho ngetshwayo nakumele wenze omunye umsikinyeko. Lalelisisa bewutjhejisise amatshwayo wakhe.





Ukubeka amanzi ahlanzekileko

Asifunde

Amanzi angcolileko ayasigulisa.

Simele sisele amanzi ahlanzekileko.

Simele siddale besidue emanzini ahlanzekileko.

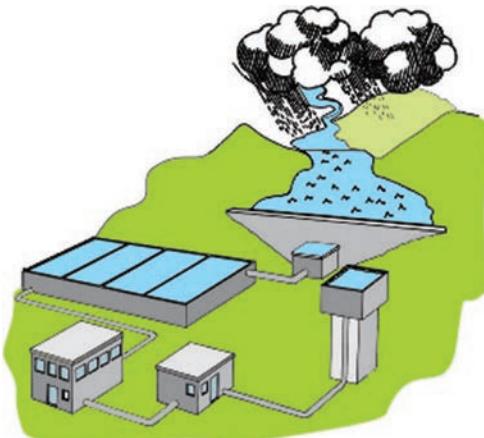


Asikhulume

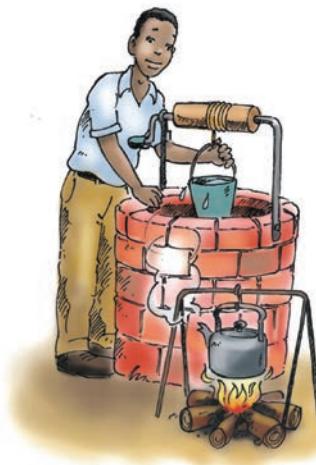
Qala iinthombe. Coca nomngani wakho kobana amanzi aphephileko abuya kuphi. Cocela itlasi kobana wena ucabanga ini. Nasahlwengisa amanzi siwenza bonyana ahlwengeke ukuze sikwazi ukusela amanzi aphephileko.



Singawesela amanzi wezulu abekelelweko nangabe phezulu emasengeni kuhlanzekile nalokha amatanka neenfaji esibekelélé ngazo zihlanzekile.



Umasipala uyawahlanza amanzi bekawabeke endaweni ephephileko ukuze siwasele.



Amanzi singawabilisa ukuze ahlanzeke



Singawasefa amanzi ukuze ahlanzeke.



Asenzeni lokhu

Bawa utitjhore wakho akutjengise kobana amanzi ahlanzwa njani.

Uzokutlhoga lokhu:

Ibhoddela leplastiki le-2 l

Isanda ehlwengileko

Amatjana ahlwengileko

Umukhwa obukhali

Iwulu ehlwengileko

Irhalasi lamanzi



Asikhambahambeni

- Sebenzisa umgodlana onamatjana kanye newulahuphu. Beka iwulahuphi phasi. Abafundi abajame umjeje ongaba mamitha ama-5 ukusuka ewulahuphini. Begodu ungasebenzisa iwulahuphi yonetbholo.
- Omunye nomunye umfundi uzokufunyana ithuba lokuphosela umgodlana wamatjana ngewulahuphini.



Ukutjhuguluka kusuka emini kuye ebusuku



Asifunde

Ubusuku nemini zizinto ezimbili ezingafaniko.

Ubusuku behlukile kunemini, sizwa amatjhada angafaniko begodu senza nezinto ezingafaniko.

Emini sibona ilanga elikhanyako. Ilanga lenza kobana kutjhise begodu liyasikhanyisela. Inengi labantu lisebenza emini. Thina bentwana siya esikolweni emini.



Asitole

Qala iinthombe bese ucocisana nomngani wakho ngazo. Ingabe lezi ziinthombe zemini nebusuku? Zehlukana njani? Tlola “**Emini**” nanyana “**Ebusuku**” eduze kwesinye nesinye isithombe.

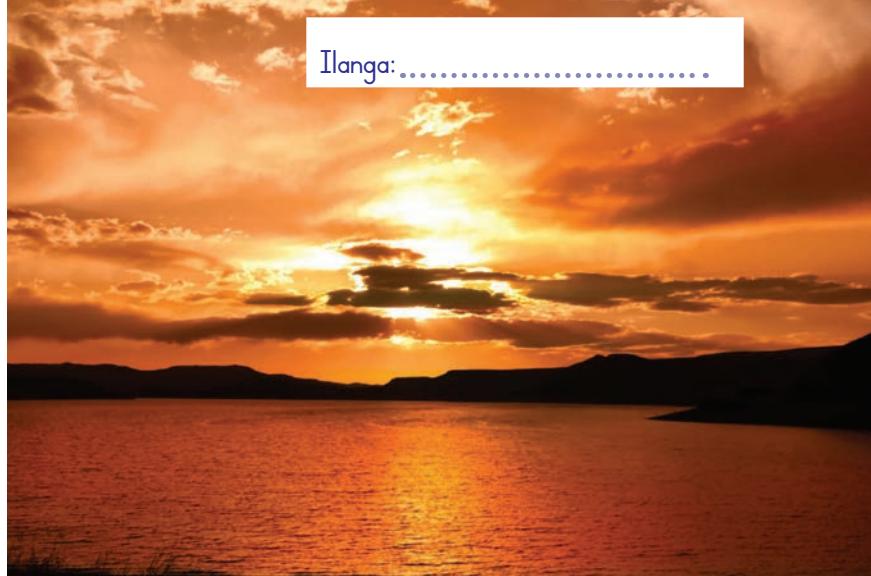




Asifunde

Ntambama ilanga liyatjhinga.
Kuba nzima begodu sikwazi
ukubona inyanga/inyezi kanye
neenkwekwezi. Ebusuku kumele
sikhanyise ukuze sibone kobana
senza ini.

Ilanga:.....



Asikhambahambeni

- Sebenzisa amapala nanyana amakhowuni kanye nebholo ekulu erarhwako.
- Beka amapala nanyana amakhowuni.
- Sebenzisa ibholo ekulu efana nebholo erarhwako.
- Rarhela ibholo hlangana namapala nanyana hlangana namakhowuni abekiweko.
- Kokuthoma rarha ngenyawo lakho langesidleni bese urarha ngenyawo langesinceleni.
- Nifake amagondelo amangaki?



Ubusuku bubonakala njengani?



Asifunde

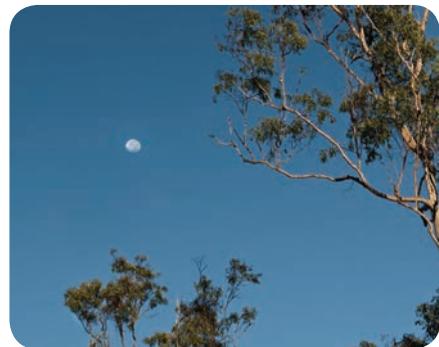
Emini, singabona umkayi ohlaza kwesibhakabhaka namafu. Khulukhulu sibona ilanga.



Ebusuku sibona ilanga kanye neenkwekwezi ezinengi. Kunamaplanedi abonakala njengeenkwekwezi. Kesinye isikhathi inyezi ibakhona nemini.



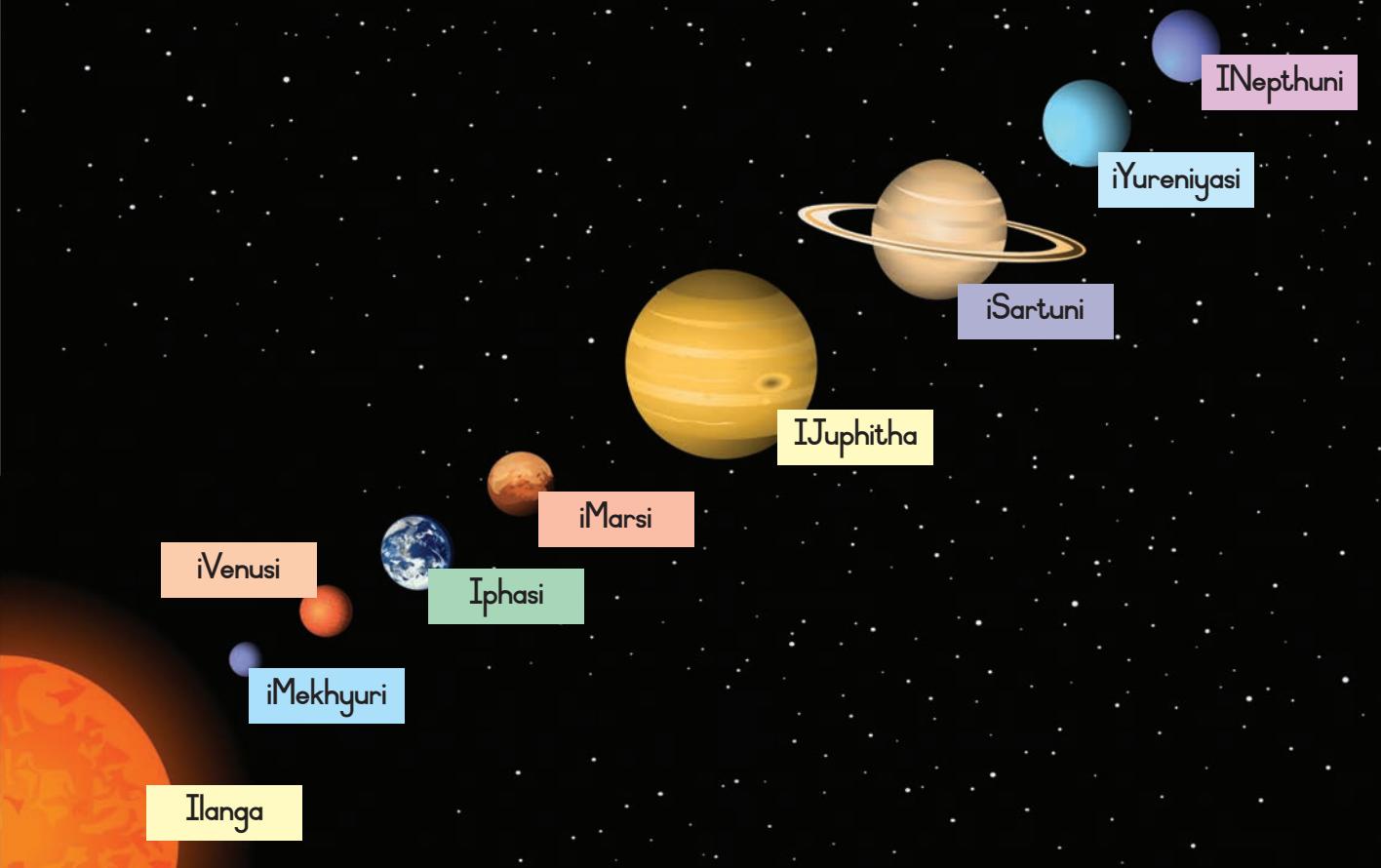
Angekhe sikwazi ukuyibona ngombana ilanga likhanya khulu. Linga ukubona inyezi emini.



Asenzeni lokhu

Inyanga ayihlali ifana njalo ngamalanga ebusuku. Bukela inyezi ngamalanga amahlanu alandelanako. Emabhoksini angenzasi la, gwala ubujamo benyanga obuhlukenecho.

Ubusuku bokuthoma	Ubusuku besithathu	Ubusuku besihlanu



Leli lilanga namaplanedi erhelweni elimayelana nelanga-Zibomakhelwane bethu bemkayini. (Ilanga namanye amaplanedi azikagwalwa ukuya ngesikeyili.)

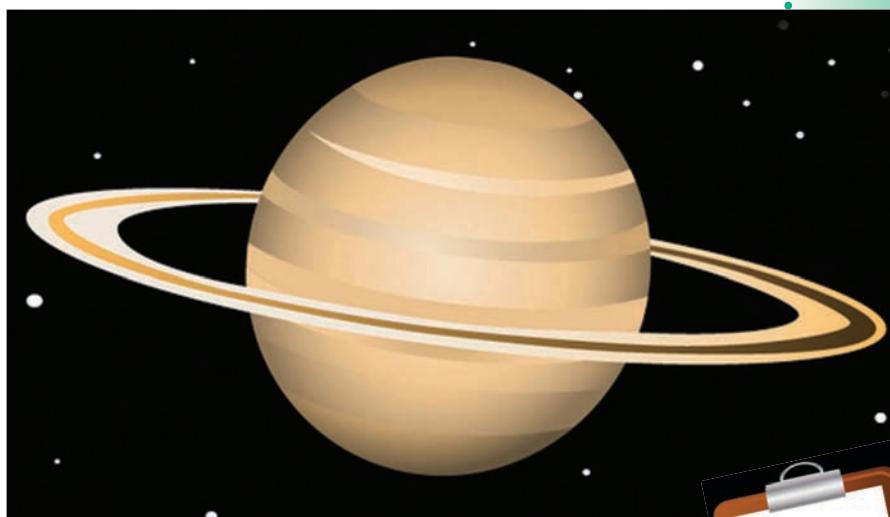


Asikhulume

Lesi sithombe se-Saturn.

Yehlukile kunamanye
amaplanedi ngombana
inendulunga eziyizombelezako.
Uyalibona ichaphazi
elimhlophesithombeni?
Ucabanga bonyana khuyini?

Qala isithombe esikhulu
ngehla. I-Saturn ingabe yikulu
nanyana yincani kunephasi? Ngiyiphi iplanedi ekulu kune-Saturn?



A clipboard with a white paper attached. The paper has "Teacher:" written on it, followed by a dotted line for a signature. Below that is another dotted line for a date.

Ilanga nenyеzi

Asikhulume

Qalani iirthobe ezilandelako.

Itthemu-l - Iimveke-8



Cocisana nomngani wakho. Zisitjela ini iinthombe?
Ungaveza nanyana ngiyiphi ipendulo efikako
engqondweni yakho.

Amanowuthi wakatijhere
Utijhere wenu uzokulalela imibono
yenu yoke abuye anitjele kobana
iinthombe zimayelana nani.



Asifunde

Ilanga liyikwekwezi. Lifana nebholo ekulu yomlilo ethumela umkhanyo mahlangothi woke. Ilanga likhulu ngokubuyeletwe ngeenkulungwana ukudlula iphasi. Inyezi yibholo ekulu emamatje nethuli engathumeli ukutjhisa. Inyezi ayinakho ukukhanya okungekwayo. Ifana nesiboniboni esibuyisela ukukhanya kwelanga kithi. Inyanga yincani kunephasi.



Asikhulume

Cocisana nomngani wakho ngokuthi inyanga itjhugutjhuguluka njani ebusukwini bamalanga amahlanu. Begodu ubuyelete uqale iinthombe. Ingabe inyanga yakho beyibonakala njengalokhu okulandelako?



Inyanga ezeleko



Inyanga elicephe



Inyanga eyihlendla



linkwekwezi

Ilanga:.....



Asifunde

Ilanga yikwekwezi eseduze nathi. Ezinye iinkwekwezi zikude khulu nathi. Nangekungenzeka ukhambele kizo iinkwekwezi lezi, kungakuthatha iminyaka eminengi khulu ukufika kizo.



Asikhulume

Benye, benye kwekwezana,
Ngiyamangala kobana uyini.
Phezulu ngaphezu kwephasi,
Njengedayimani emkayini.
Benye, benye kwekwezana,
Ngiyamangala kobana uyini!



Asifunde

Ingoma le yatlolwa eminyakeni eminengi eyadlulako. Ngesikhathi leso abantu bebanganalo ilwazi elaneleko ngeenkwekwezi. Namhlanje sinelwazi elinengi.

Abosolwazi ngeenkwekwezi baya emkayini ngamarokhethi akhethekileko ukuyokufunisa ngelwazi leenkwekwezi. Bathi nabavakatjhele emkayini, bambathe amasudu akhethekileko wemkayini.

Kungebangana lalabo abanesibindi nabahlakaniphileko abazibeka emkayini, sesifunde okunengi ngeenkwekwezi.



Asikhulume



Ingabe yinto ehle na kobana sesifunde okuthileko ngeenkwekwezi? Coca ngalokhu nabangani bakho.



64

Ithemu-4 - Iimveke-8



Ukhethekile.



Woke umzimba wakho ukhethekile.

Umzimba wakho ungewakho wedwa!



Ungavumeli
noyedwa umuntu
akuthinte ezithweni
ezifihlakeleko

Kufanele ubike nangabe kukhona umuntu okuthinta
ezithweni zakho ezifihlakeleko.

Kufanele ubike nangabe kukhona umuntu
okwenzisa izinto ongafuniko ukuzenza.

Inomboro ongazidosela ukufunyana isizo:

Ukubika izehlakalo ezithinta
abentwana: 0800 05 55 55

Inomboro yamapholisa yokuqedo
ubulelesi: 086 00 10111

Inomboro yamapholisa erhabekileko: 10111

Inomboro ephephisa ipilo yabentwana: 0861 322 322

Inomboro yeYunidi eqalene nokuVikelwa kwabeNtwana:
012 393 2359/2362/2363



Make a placemat
Cut out the pictures you like and
paste them on to the opposite page to
make yourself a two-sided placemat.
Cover or laminate the placemat with
plastic and use it when you eat.





