

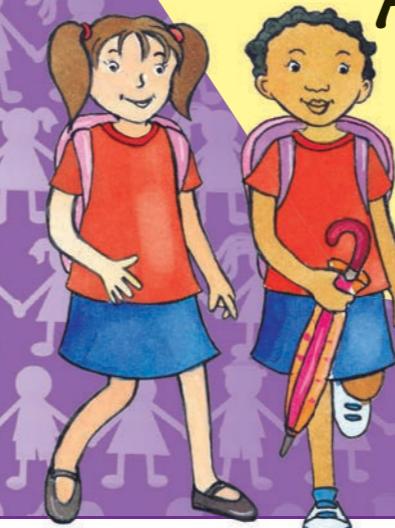
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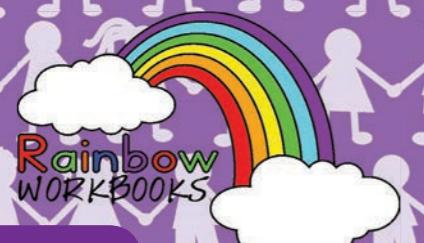


Amakhono Empilo ngesiZULU

Incwadi yesi-2
Ithemu 3 & 4



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LIFE SKILLS IN ISIZULU
GRADE 1 – BOOK 2

TERMS 3 & 4

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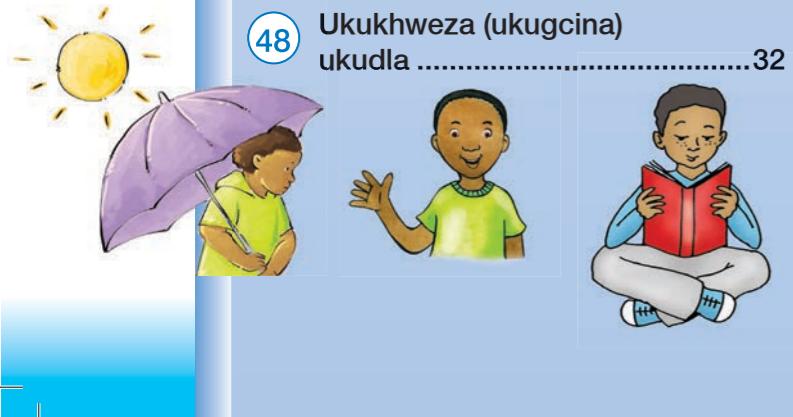
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Ishlalo sabakhubazekile



Ithemu 3 ikhasi

- | | |
|--|----|
| 33 Izindawo zomphakathi wakithi | 2 |
| 34 Ukunakekelwa kwezinto zomphakathi | 4 |
| 35 Kulungile noma cha..... | 6 |
| 36 Abantu emphakathini wakithi | 8 |
| 37 Izilwane ezingabangani bethu | 10 |
| 38 Sinakekela izilwane ezingabangani | 12 |
| 39 Ukuphatha abanye ngenhlonipho nezibopho (1) | 14 |
| 40 Ukuphatha abanye ngenhlonipho nezibopho (2) | 16 |
| 41 Kungani sizidinga izitshalo?..... | 18 |
| 42 Iztshalo zibukeka kanjani? | 20 |
| 43 Imbewu nalapho ivela khona..... | 22 |
| 44 Okudingwa yizitshalo ukuze zikhule | 24 |
| 45 Ukudla esikudlayo | 26 |
| 46 Kuvelaphi ukudla okwahlukahlukene..... | 28 |
| 47 Ukudla okunempilo nokungenayo | 30 |
| 48 Ukukhweza (ukugcina) ukudla | 32 |



Ithemu 4 ikhasi

- | | |
|--|----|
| 49 Izinhlobo zamakhaya (1)..... | 34 |
| 50 Izinhlobo zamakhaya (2)..... | 36 |
| 51 Izinto okwakhiwa ngazo amakhaya ahlukahlukene?..... | 38 |
| 52 Amakhaya nesimo sezulu | 40 |
| 53 Sizithola kanjani izindawo nezinto? (1)..... | 42 |
| 54 Sizithola kanjani izindawo nezinto? (2)..... | 44 |
| 55 Ukuthola indlela..... | 46 |
| 56 Ukuthola izehlakalo endabeni | 48 |
| 57 Indlela esisebenzisa ngayo amanzi emakhaya nasesikoleni | 50 |
| 58 Indlela amanzi amosheka ngayo | 52 |
| 59 Amanzi okuphuzwa aphephile nangaphephile | 54 |
| 60 Ukugcina amanzi ehlanzekile | 56 |
| 61 Ukushintsha kwemini iba wubusuku | 58 |
| 62 Indlela isibhakabhaka esibukeka ngayo ebusuku | 60 |
| 63 Inyanga nenyanga | 62 |
| 64 Izinkanyezi | 63 |



UNkk Angie Motshekga,
uNgqongqoshe weMfund
eyiSesekelo.



UMnu Enver Surty,
iSekela loMnyango
weMfund eyiSesekelo.

Lezi zincwadi zokusebenzela zenzelwe abantwana baseNingizimu Afrika ngaphansi kwesandla sikaNgqongqoshe weMfund
eyiSesekelo, uNkk Angie Motshekga, neSekela likaNgqongqoshe weMfund eyiSesekelo, uMnu Enver Surty.

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Sinethemba lokuthi othisha bazozithanda basebenze kangcono ngazo lezi zincwadi ekufundiseni kwabo kwansuku zonke, baphinde bathole futhi isiqiniseko sokuthi abafundi babo bafundiswa konke abamelwe ukufundiswa khona njengoba kuvela kusilabhasi yabo. Sizamile ukuqiniseka ukuthi sifaka izithonjana (am-icon) emisebenzini yokwenziwa ukuze uthisha akuthole kulula ukuyilandela nokuqonda ukuthi umfundi yini alindeleke ukuyenza.

Sinethemba futhi lokuthi abantwana uqobo lwabo bazokujabulela ukusebenzisa lezi zincwadi ekukhulen ikwabo bakhule nolwazi eziluqukethe, bese kuthi wena njengothisha wabo uthokoze kanye nabo ekugcineni.

Sifisela wena nomfundiso impumelelo ngenkathi usebenzisa lezi zincwadi.



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Ibanga loku-

1

Amakhono Empilo
NGESIZULU
Incwadi yesi-2

Le ncwadi ngeka-:



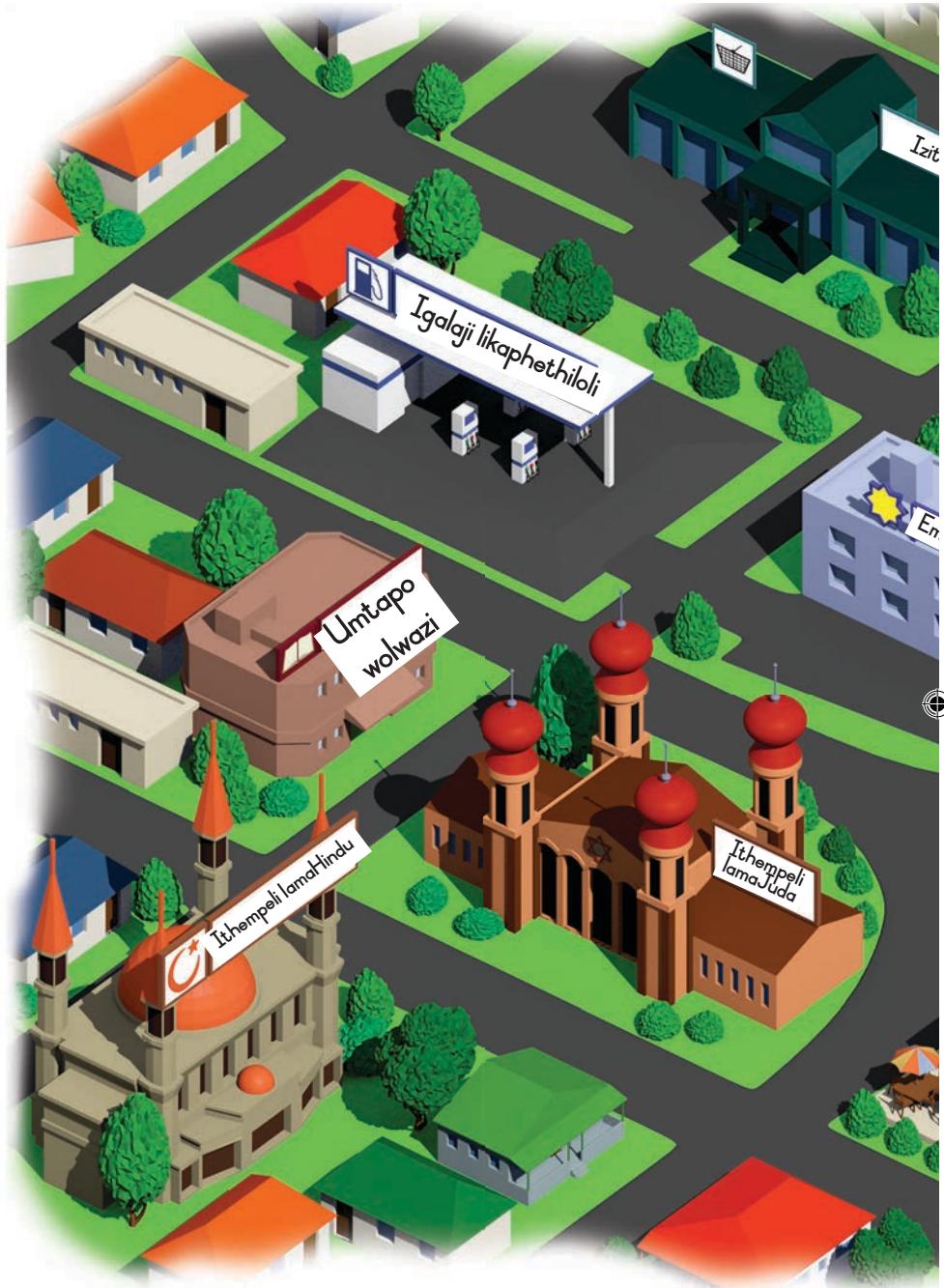
33

Izindawo zomphakathi wakithi

IThemu 3 – Amasonto /

Masifunde

Cabanga ngabo bonke
abantu obabonayo
futhi okhuluma nabo
zonke izinsuku – laba
bantu bangumphakathi
wakho. Kungaba
abantu
abasemgwaqweni
noma abantu
abangomakhelwane
bakho. Kungaba
abantu basesontweni
lakho noma ofunda
nabo, amaphoyisa
alapho uhlala khona,
odokotela kanye
nabanye abaningi.



Masikhulume

Xoxa nomngani wakho ngesithombe esikulamakhasi amabili.

Yiziphi izindawo ozaziyo kulezi zindawo ezisesithombeni?

Abantu bahlanganelo kuphi kulezi zindawo ezisesithombeni?



Masenzeni lokhu

Usuku:

Yiziphi izindawo oke wazivakashela kulezi zindawo
ezisesithombeni? Dweba ngekhrayoni uzungeze imingcele
yazo.



Xoxela umngani wakho ukuthi wawunobani ngenkathi uvakashela lezi zindawo usho ukuthi ngabe wawuwedwa yini. Shono ukuthi kungani wazivakashela.

Ingabe ucabanga ukuthi izindawo ozivakashele abantu abakhubazekile bayakwazi ukufinyelela kuzo?

Teacher:
Sign:
Date:

Ukunakekelwa kwezinto zomphakathi

Themu 3 - Amasonto /

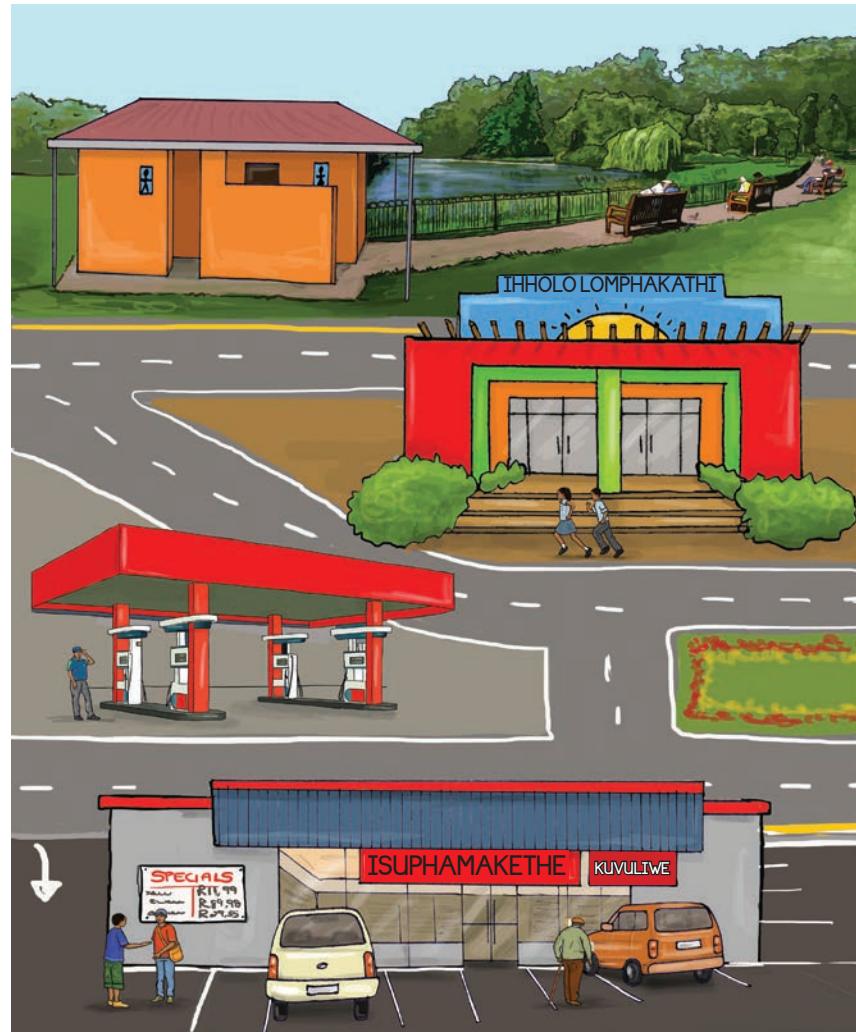


Masikhulume

Izindawo ezesemiphakathini
yethu zinezinsiza
ezingasetshenziswa
yibo bonke abantu.
Imitholampilo, izikole,
izinkundla zezemidlalo kanye
nezibhedelela yizindawo
esizisebenzisayo.

Kumele sizinakekele kakhulu
lezi zindawo zemiphakathi
yakithi.

Sidinga ukugcina izindawo
zethu zihlanzekile ukuze
kuthokoze wonke umuntu
ngazo.



Masikhulume

Xoxa nomngani wakho ngalesi sithombe.

- Ngokwakho abantu bayathanda yini ukuhlala kule ndawo?
- Ukucatshangiswa yini lokho?
- Yini engenziwa ukuze umphakathi wakini nendawo yangakini kube ngcono?



Masenzeni lokhu

Dweba isithombe sakho
esimibalabala esiveza wena
usebenzisa izinto zokuthutha
umphakathi njengesitimela,
ibhasi noma itekisi. Veza
ukuhlukahlukana kwabantu
ngobukhulu – abanye bahlezi
phansi, abanye bagobile,
basemqgeni noma balele phansi,
abanye babheke emuva, abanye
bakhulu abanye bancane.

Usuku:

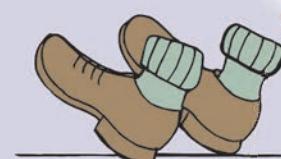


Masiqhubeke



Ukuzifudumeza

- Ungazifudumeza ngokuhamba uye phambili ngamazonzwane.
- Hamba uhlehle unyathela ngezithende.
- Hamba uye phambili ngamazonzwane.
- Hamba uhlehle ngamazonzwane.



Yakha izinhlamvu

Sebenzisani imizimba yenu ukwakha izinhlamvu.

Yima uncike ngodonga noma ulale phansi.

Thola ukuthi wena nomngani wakho niyakwazi
yini ukwakha uhlamvu abangakakwazi abanye
ukulwakha.



35

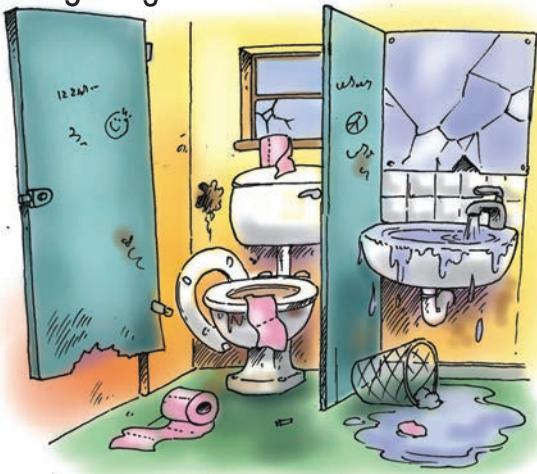
Kulungile noma cha

IThemu 2 – Amasondo 2

Masikhulume

Buka lezi zithombe.

Yizinto zokwenzani zonke lezi? Chazela umngani wakho ukuthi iyiphi indlela efanele yokusebenzisa lokhu ngakunye.





Masenzeni lokhu

Yenza umfanekiso
wesakhiwo ongasakha
ngokusebenzisa izinto
ezakhiwe kabusha.
Ungakha umtholampilo,
umtapo wezincwadi noma
isakhiwo nje somphakathi
wangakini. Hlobisa
isakhiwo sakho ngendlela
ezokhombisa ukuthi
luhlobo luni lwesakhiwo lolu
olwakhile. Ningasebenza
ngamaqembu.

Usuku:



Masiqhubeke

- Hlela amathayi ame enze umugqa.
- Gaqa ngamadolo uphume phansi kwawo wonke.
- Wabeke phansi enhlabathini uwalalise.
- Yima ngezinyawo zombili phezulu kwethayi.
- Yima ngomlenze owodwa-ke phezu kwethayi ungawi.
- Sebenzisa amathayi wenze eminye imidlalo ngawo.

Qaphela ungalimali.



Teacher:	
Sign:	
Date:	

36

Abantu emphakathini wakithi

IThemu 3 – Amasondo 2



Masibhale

Buka lezi zithombe. Emabhokisini angakwesokudla, khetha igama elifanele isithombe ngasinye. Libhale phansi ngezansi kwesithombe ngasinye.



Umuntu osiza ukuthela uphethiloli



Umthengisi wezimbali



Umshayeli wethekisi

Iphoyisa lomgwaqo

Udokotela

Umthengisi wezithelo

Umcishimlilo

Iphoyisa



Masikhulume

Buka lezi zithombe uzinike amagama bese uxoxa nomngani ngazo.

Ngabe ngobani abenza imisebenzi emphakathini wakini?

Ngubani osebenza okunye emphakathini ngaphandle kwalaba?

Bayasizana yini abantu emphakathini wangakini? Basizana ngokwenzani?



Masibhale

Dweba umugqa usuke ekuqaleni komusho ngamunye
ngakwesokunxele uwuqondanise namagama avela ngakwesokudla.

Usuku:



Umcishimlilo

Iphoyisa lomthetho

Udkotela

Umthengisi wezithelo

Osiza ukuthela uphethiloli

libamba izigebengu.

uthengisa izithelo.

uthela uphethiloli.

ucisha umlilo.

uyaselapha.



Masibhale

Buka lezi zithombe. Emagameni angezansi khetha igama elifanele
isithombe ngasinye. Bhala incazelo ngezansi kwegama elifanele.
Qhathanisa izimpendulo zakho nezomngani wakho.

Isicishamlilo



Igalaji likaphethiloli



Isibhedlela



Isiteshi samaphoyisa



Masiqhubeke

Shaya izandla uhambisane
nesigqi osizwayo.

- Lalela uzwe uma isigqi sesiguquka.
- Kwenze lokhu ulandele izinhlobo ezingafani zomculo, usuke emculweni wamakhwaya uye kowomdanso.
- Shaya izandla masinyane noma ngokunensa uma kudingeka, kodwa ukhumbule ukulandela isigqi.

Okumele ukwensiwa nguthisha:
Lalela umculo nesigqi okudlalwa
nguthisha.



Izilwane ezingabangani bethu



Masifunde

Abanye bethu banezilwane ezingabangani. Lesi silwane usinakekela ngaphezu kwezinye usihlalise eduze kwakho njalo – kwesinye isikhathi size sihlale endlini noma endaweni oyakhele sona.



Masikhulume

Buka lesi sithombe. Xoxa nomngani wakho ngaso. Kokelezela zonke izilwane eziyaye zibe ngabangani babantu ngekhayoni. Zingaki izilwane ozibonayo? Tshela uthisha wakho ngazo.

- Unaso isilwane esingumngani wakho? Uma unaso, xoxela umngani wakho ngaso.
- Uma ungenaso, tshela umngani wakho ukuthi yisiphi isilwane ongathanda ukuthi sibe ngumngani wakho.



Masibhale

Sebenzisanani nonke eklasini nibhale phansi uhla lwezilwane ezingaba ngabangani babantu ezingaveli esithombeni. Zikopisheni lapha ngenkathi uthisha ezibhala ebhodini.

Usuku:



Masenzeni lokhu

Dweba noma yisiphi
isilwane esingumngani.



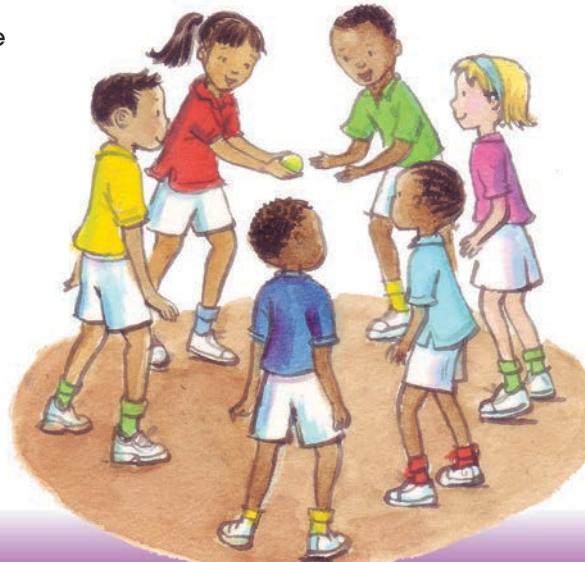
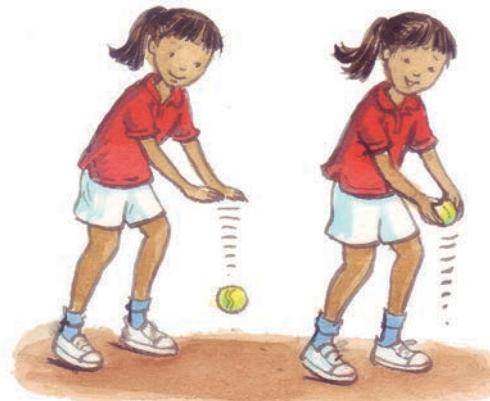
Masiqhubeke

Zijwayeze ukuphonsa uphinde unqake
ibhola.

- Jikijela phezulu ibhola lethenisi ngazo zombili izandla. Phinda ulibambe ngazo zombili izandla uma libuya.
- Lijikijele phezulu manje ngesandla esisodwa ulibambe ngesandla oljikijele ngaso.
- Jikijela ibhola lethenisi ngesinye owejwayele ukusisebenzisa liye emoyeni ulibambe ngesandla oljikijele ngaso.
- Bhampisa ibhola lethenisi enhlabathini ngazo zombili izandla uphinde ulibambe ngazo zombili futhi.
- Libhampise ngesinye isandla uphinde ulibambe ngaso.
- Libhampise ngesandla esisodwa uphinde ulibambe ngaso.
- Yimani isiyungi wena bese udlulisa ibhola lethenisi ngezandla zombili lisuke kuwe liye koseduze kwakho.
- Lidlulise lisuke kuwe liye komunye umuntu ngesandla esisodwa.
- Sebenzisa esinye isandla ukudlulisa ibhola liye kumuntu okulandelayo okolunye uhlangothi.

Uthi bewazi?

Cishe zonke izinja ziyathanda ukudlala ngebholo. Kodwa zidinga umuntu ogijimayo ngoba ziyathanda ukubaleka nalo ziliphetho ngomlomo.



Teacher:
Sign:
Date:

Sinakekela izilwane ezingabangani

Amasondo 3



Masikhulume

Kubalulekile ukunakekela izilwane ezingabangani bethu.

Xoxa nomngani wakho mayelana nezidingo zesilwane esingumngani wakho. Ake uthathe sengathi nguwe lesi silwane esidwetshwe ekhasini le-II. Yisho izintoocabanga ukuthi ungazidinga. Yisho ukudla ongakuthanda kanye nokuthi ungathanda ukulala kuphi. Tshela umngani wakho ngakho konke lokho. Xoxa futhi ngokuthi kumele umngani enzeni uma isilwane esingumngani wakhe sigula.



Masibhale

Thikha (✓) eduze kwazo zonke izinto ezidingwa yisilwane esingumngani wabantu.

Ukudla

Amanzi

Umuthi wokuxubha

Indawo yokulala efudumele eyomileyo

Udokotela wezilwane

Iholide



Masenzeni lokhu

Dweba zonke izindawo zokuhlala ezidingwa yizilwane ezingabangani babantu.
Bese ubhala igama esilisebenzisa uma sibhekise ebantwaneni baleso silwane.

Isilwane	Indawo yokuhlala	Igama lomntwana wesilwane

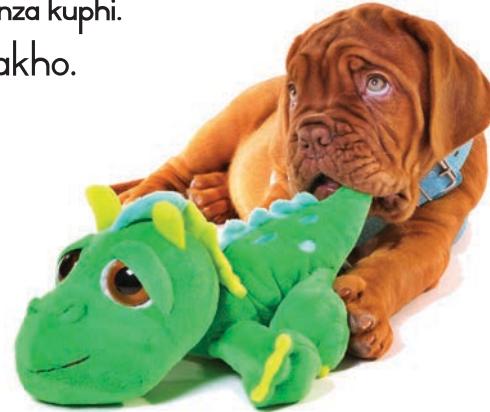
Usuku:



Masenzeni lokhu

Funda umusho ngamunye bese ucabanga ukuthi ungaphatheka kanjani nokuthi ufunu ukuthini uphinde wenzeni emva kwalokho. Manje khombisa iklesi lakho. Uthisha uzokutshela ukuthi yenza kuphi.

- Uma uthola isilwane esisha esizoba ngumngani wakho.
- Uma kulahleke ikati.
- Uma injá yakho ilume ithoyisi lakho olithandayo.
- Uma umngani wakho egcona injá yakho.
- Uma ubona injá ivalelwé emotweni evalwe yonke iminyango namafasitela.



Masiqhubeke

Lalela isigqi esinhlobonhlobo esidlalwa nguthisha wakho. Yenza sengathi uyisilwane esidansela leso sigqi somculo.



Uma umculo usholo phansi, ndiza njengovemvane.



Uma umculo uhamba kancane, hamba njengofudu.



Masikhulumé

Funda okubhalwe ngaphansi kwemifanekiso emibili yokuqala. Emva kwalokho tshela umngani wakho okuthile okuphawulekayo ngamakati.

Unogwaja uwuhlobo lwegundane. Amazinyo egundane awayeki ukukhula.	Unyaka owodwa wobudala bomuntu ulingana neminyaka eyisikhombisa yobudala benja. Uma injá ineminyaka emi-3, kumele sithi ineminyaka engama-21.	Uma ikati lijabule lithi nyawu.



Dlala

"Ikati negundane". Uthisha wakho uzosho ukuthi ngubani okumele abe yikati, ngubani okumele abe yigundane. Shintshanani kube ngabanye ababa yilezi zilwane emva kwesikhashana. Abanye mabame isiyungi babambane ngezandla.





Ukuphatha abanye ngenhlonipho izinqumo (1)



La mazwi akhombisa ukuziphatha ngenhlonipho. Indlela esizophatha ngayo yile esiyikhombisa uma sikhuluma nabanyeabantu. Yiyo ekhombisa ukuthi sibahlonipha kangakanani abanyeabantu.

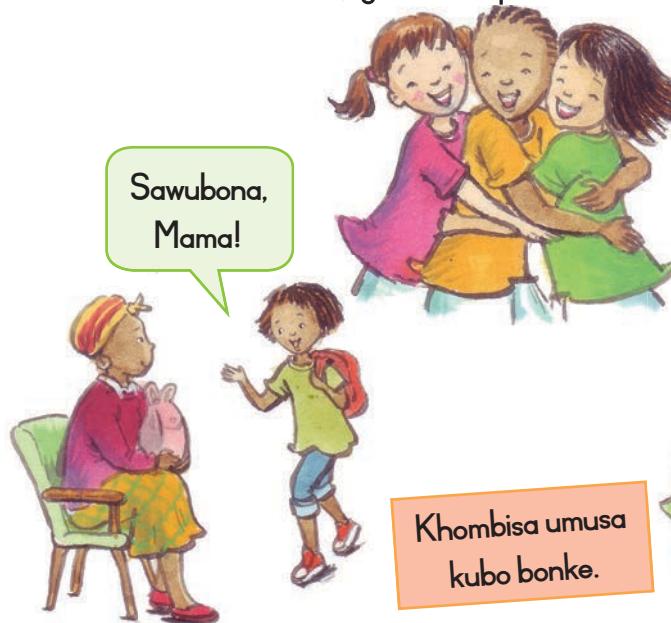
Kumnandi ukukhuluma nomuntu onenhlonipho. Kumnandi futhi ukuba ngumngani womuntu onenhlonipho.

Yisibopho sethu ukuhlonipha nokuphatha abanyeabantu kahle. Yikho sonke ngamunye ngamunye kumele siziphathethi ngenhlonipho.

Usuku:

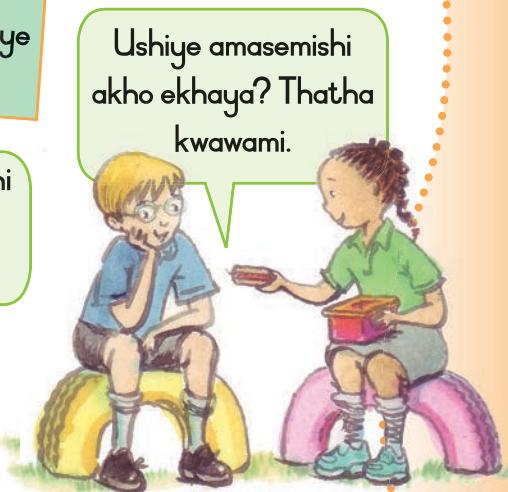


Buka izithombe. Manje funda amagama asemabhokisini. Xoxa nomngani wakho ngalezi zithombe. Khuluma ngemikhuba ekhonjiswa ngabantwana enenhlonipho nengenahlonipho.

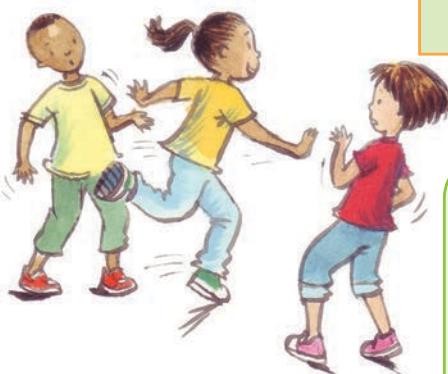


Hlanganyela nabanye abantu ezintweni.

Ngiyabonga ukuthi ningilalele kahle kangaka.



Khombisa umusa kubo bonke.



Linda kufike isikhathi sakho.

Ngiyaxolisa, Mama, bengithi ngibuka isitsha sakho sezimbalu ngasiwisa. Sifile!



Sawubona, Mashu, ngithole isikhwama sakho sisele emnyango. Ngethemba ukuthi akukho muntu ontshontshe amakhayoni akho.



Lalela bonke abantu uma behuluma nawe.



Hlonipha abanye abantu.

Bingelela abantu obaziyo nalabo ongabazi.

Hlonipha izinto zabanye abantu.



Ukuphatha abanye ngenhlonipho nezinqumo (2)

IThemu 3 - Amasondo 4



Masibhale

Buka lezi zithombe bese ufunda imisho esemabhokisini. Dweba umugga usuke entweni eyjisibopho ehambisana nesithombe.



Mina ngelekelela ekhaya
ukuhlanza indlu.



Ngingumngani omuhle osiza
bonke abantu.



Ngiyawukhombisa umndeni
wami ukuthi ngiyawuthanda.

Ngidlala kahle ngamathoyisi
abangani bami.

Ngiyazinakekela mina kanye
nezinto zami.

Ngisiza ukwendlala itafula.



Usuku:

Dlalani umdlalo okhombisa ukuphatha abanye ngenhlonipho nokwazisa izibopho ngokuthi:

- nibingelele abantu enibaziyo neningabazi
- noma nilinde ukunikwa ithuba nani
- noma nilalele kahle uma umuntu ekhulumu nani
- noma wena wabelane nabanye abantu
- noma wena ubo nomusa kwabanye abantu
- noma wethembeke ngakho konke
- noma ukhombise ukuhlonipha izinto zabanye abantu
- noma uhloniphe abanye abantu.

Dlalani ngamaqembu umdlalo wokuzihlonipha nokuziibophezela kulokhu okulandelayo:

- emndenini
- noma emsebenzini wesikole
- noma emisebenzini yasekhaya
- noma ngokudla okunikwa zonke izinsuku
- noma izingubo ozigqokayo
- noma amathoyisi akho
- noma abangani bakho



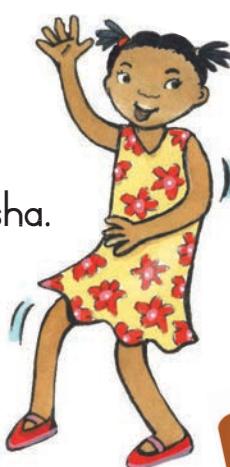
Masenzeni lokhu

Dweba isithombe
sakho ubonakala
ukhombisa ubungani
kwabanye abantu.



Masiqhubeke

Lalelisisa uma uthisha ekutshela ukuthi gxuma, gjijima noma gaqa.
Uthisha uzoshaya impempe ngaphambi kokukhipha umyalelo
ngamunye. Nyakaza masinya noma kancane njengokusho kukathisha.



Masidlaleni

Dlala u-abha-sikotshi ngomlenze ongavamile ukwenza izinto ngawo.

Yiziphi izindlela zokuzihlonipha ezibalulekile uma udlala u-abha-sikotshi?



Kungani sizidingga izitshalo?

IThemu 3 - Amasondo 5

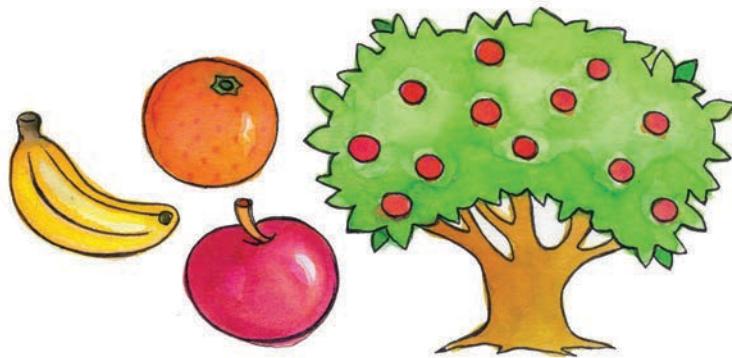


Masikhulume



Ezinye izitshalo nezihlahla zisinika umthunzi.

Buka izinto eziseduze kwakho. Yizini ozibonayo ezivela ezitshalweni? Xoxa nomngani wakho uthole ukuthi nicabanga ezingaki. Tshela uthisha wakho ukuthi yiziphi ezinye izitshalo enizicabangile.



Ezinye izitshalo zisinika ijusi nokudla.

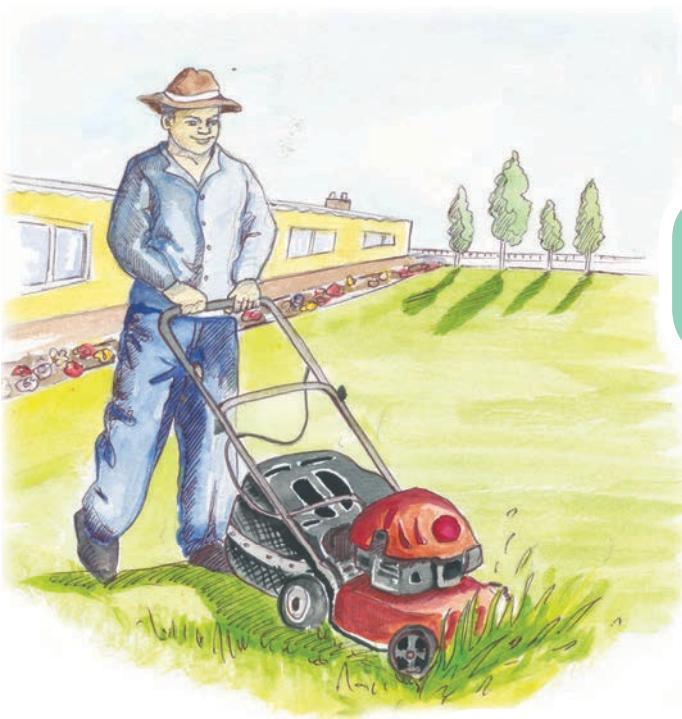


Ezinye izitshalo nezihlahla zinika izilwane umthunzi.



Ezinye izitshalo zisinika izimbali esihlobisa ngazo emakhaya.

Usuku:



Siyabudinga utshani
ezinkundleni zemidlalo.



Sisebenzisa ukotini
ukwenza izingubo.



Sisebenzisa umhlanga ukwenza
obhasikidi nokufulela uphahla.



Sisebenzisa ukhuni oluvela
emithini ukwenza ifenisha.



Wena nomngani wakho khethani izindlela
ezintathu ezibaluleke kunazo zonke esisebenzisa ngazo
izitshalo.

Kungenzeka yini sizishabalalise izitshalo uma sizisebenzisa
kakhulu? Xoxani eklasini ngalokhu.



Izitshalo zibukeka kanjani?

Izitshalo zakheke zaba nezingxene ezahlukene. Sebenzisa amagama asemabhokisini ukukusiza ukuthi ulebule izitshalo. Qhathanisa okushiwo nguwe nokushiwo ngumngani wakho.

izimpande

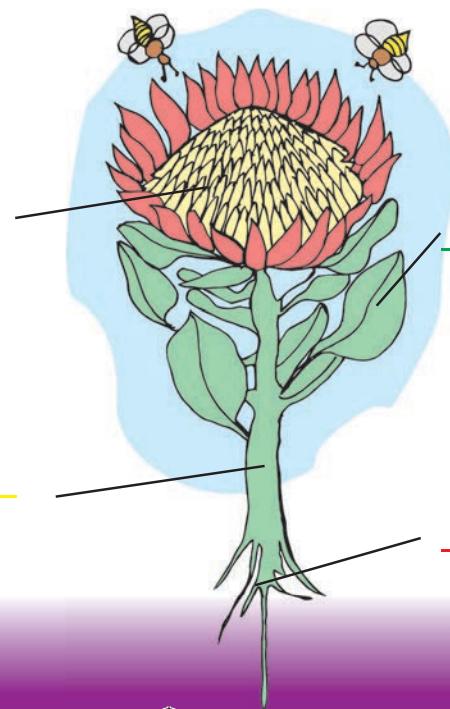
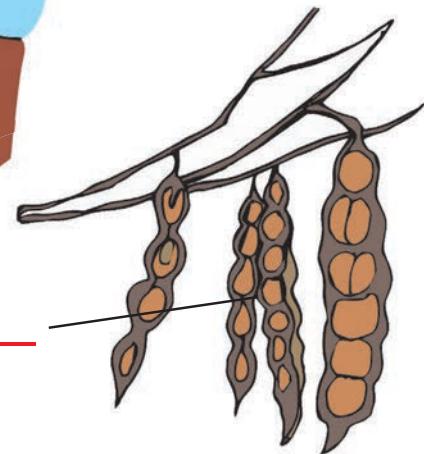
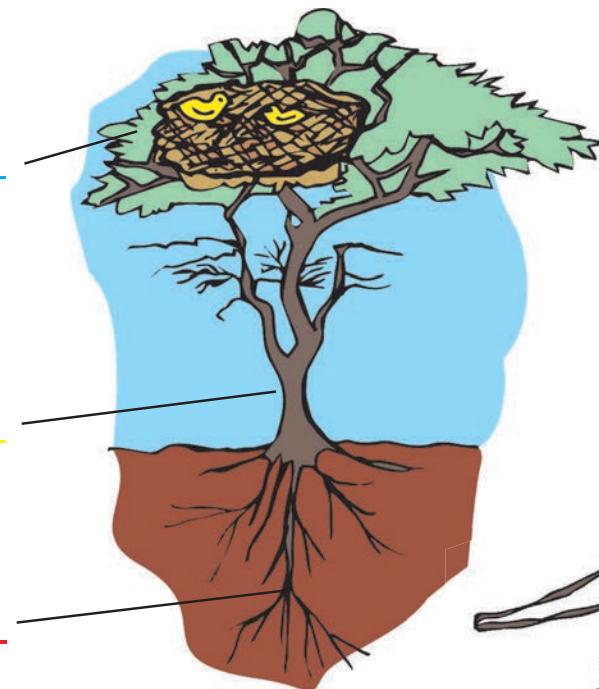
imbali

isiqu

umdumba

ikhasi

uthi





Masiqhubeke

Hlukanisa iklasi libe ngamabhungezi asengadini
kanye nabasebenzi basengadini.

Usuku:

- Abasebenzi basengadini mabazame ukubamba amabhungezi ahlu pha engadini.
- Shintshanani emva kwemizuzu emi-2.
- Phindaphindani nidiale lo mdlalo izikhashana ezimbalwa.



Masidhaleni

Dlalani umacashelana.

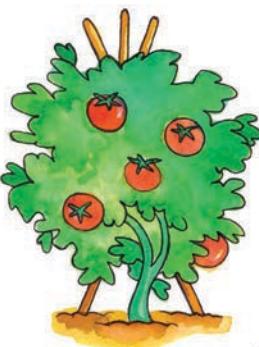


Amabhungezi acashe ngaphansi noma ngemva kwezitshalo bese kuthi
abasebenzi bazame ukuwathola ngaphambi kokuthi adle zonke izitshalo.



Masikhulume

Izitshalo eza hlukahlukene azibukeki ngokufana. Kodwa zinokufana ngezindlela
eziningi. Buka lezi zithombe. Xoxa nomngani wakho ngezitshalo. Yini efanayo,
yini engafaniyo?



Masenzeni lokhu

Dweba noma upende
isinambuzane noma isilwane
esifuna ukudla ubhontshisi.
Akudingeki ukuthi kube
yisinambuzane noma isilwane
sangempela. Cabanga noma
yisiphi isilwane. Dweba noma
usidwebe ngemigqa ecacile
naso ukuze usicacise impela.



Teacher:
Sign:
Date:

Imbewu nalapho ivela khona

Amasondo 6



Masifunde

Ezinye izitshalo zinembewu ecashe ezimbalini noma ezithelweni. Siyakwazi ukuyitshala enye yale mbewu ukuthola izitshalo ezintsha.

Imbewu kumele iwe ezitshalweni ukuze imile ibe yizitshalo ezintsha. Enye imbewu isakazwa wumoya noma ngabantu, izinambuzane kanye nezilwane.

Enye imbewu idliwa yizinyoni bese kuthi ingxenyę yayo elukhuni iphume nendle. Imbewu esakazeka ngale ndlela iwela kwezinyę izindawo imile khona.

IThemu 3



Masikhulume

Imbewu esithombeni ngasinye isabalala kanjeni? Ukuze isabalale ngale ndlela imbewu ngayinye kumele ibe njani? Xoxa nomngani wakho.



Uma ufunu ukuzitshalela izitshalo zakho ngembewu ungasebenzisa imbewu esengadini. Kokunye uyithenge esitolo bese ujitshala.





Masikhulume

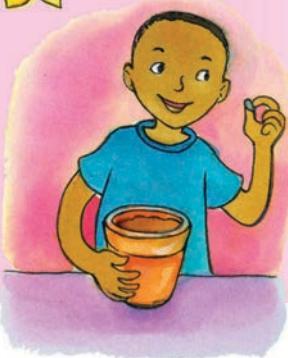
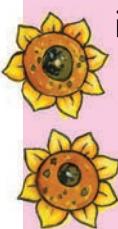
Funda le nkondlo neminyakazo.

Usuku:

Impilo yesitshalo

Lena yimbewu encane:
masiyitshaleni masinya enhlabathini!

Imila ibe nothi olunembali
ikhipha iphunga elimnandi njalo.
Izinyosi ziphuma zingena kuyo
Masinya imbali enhle seyifile.



Masiqhubeke

Khombisa ukuyijabulela le
minyakazo
Uma kunesihlahla endaweni
enhle, bheka ukuthi ngeke yini
sidlale kuso. Bambelela entanjeni
eboshelwe kuso ujikele. Qala
ngokubambelela ngezandla
zombili, bese kuba yisandla
ovame ukusisebezisa, kugcine
ongavamile ukusisebenzisa.

Bamba okusantambo ngesandla osisebenzisa njalo. Nyakazisa
ingalo wenze amaphethini ahlukenemoyeni noma enhlabathini
ngentambo leyo.



Okumele ukwenziva
nguthisha:
Sebenzisa indophi
noma intambo.



Teacher:

Sign:

Date:

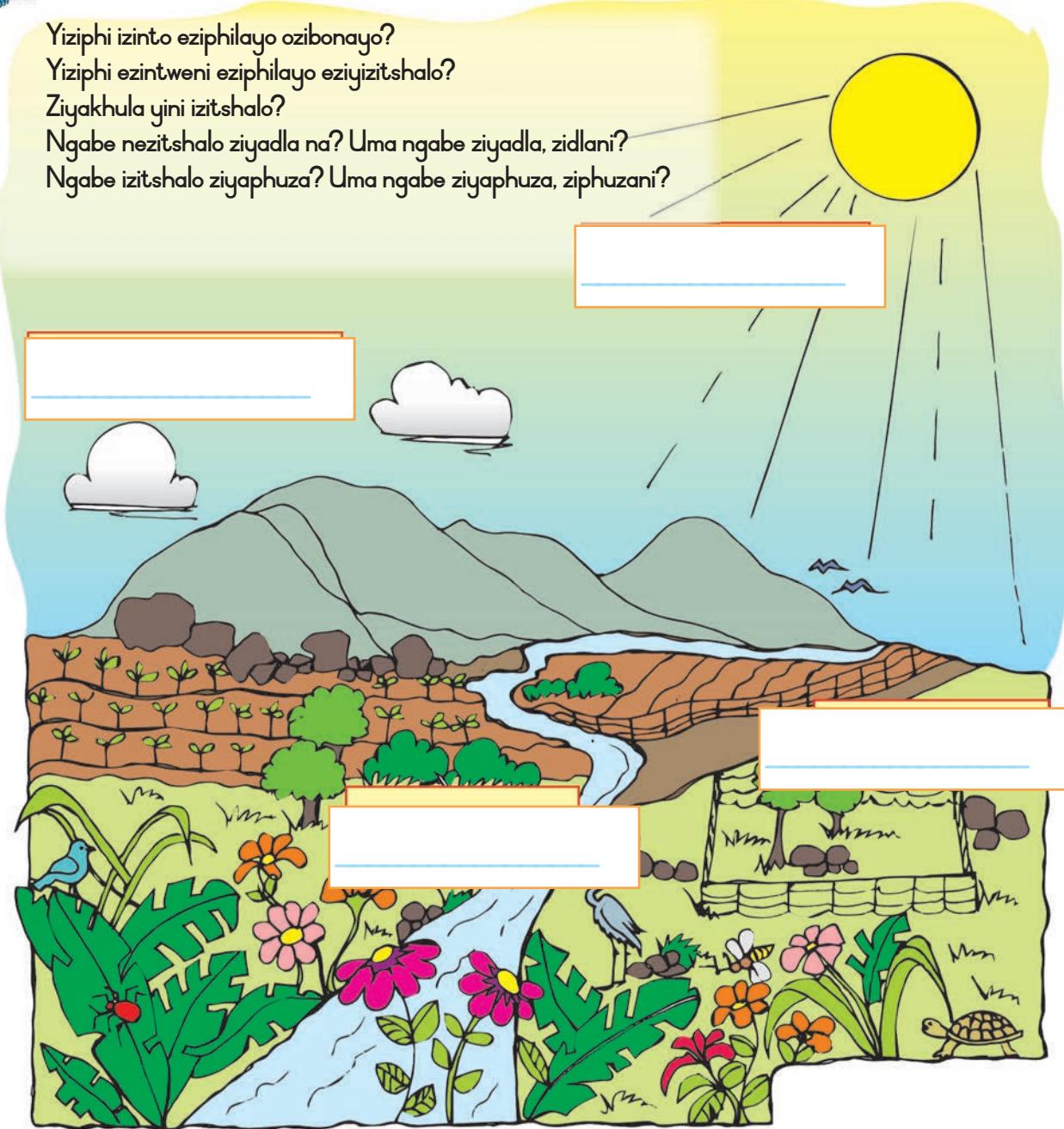
Okudingwa yizitshalo ukuze zikhule



Masikhulume

Buka lesi sithombe. Kuyaphila konke okukuso?

Yiziphi izinto eziphilayo ozibonayo?
 Yiziphi ezintweni eziphilayo eziyizitshalo?
 Ziyakhula yini izitshalo?
 Ngabe nezitshalo ziyadla na? Uma ngabe ziyadla, zidlani?
 Ngabe izitshalo ziaphuza? Uma ngabe ziaphuza, ziphuzani?



Masibhale

Bhala lawa magama-ke manje emabhokisini angenalutho esithombeni esingenhla ukukhombisa okudingwa yizitshalo ukuze zikhule. Khombisa uthisha okubhalile.

ukukhanya
kwelanga

amanzi

umsoco

umoya



Masenzeni lokhu

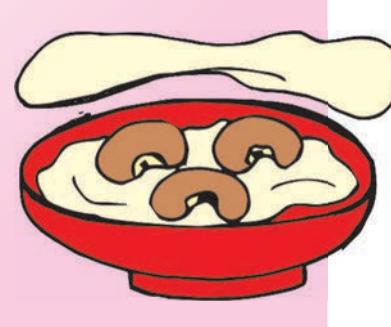
Kulula ukutshala ezakho izitshalo.
Uzotshala ubhontshisi-ke manje.

Usuku:

Funda nazi izinyathelo ongazilandela:

Isinyathelo soku-1:

Uzokwemboza izinhlamvu
ezi-3 zikabhontshisi phakathi
kovolo ababili. Zibeke
esosweni elingenalutho noma
esitsheni.



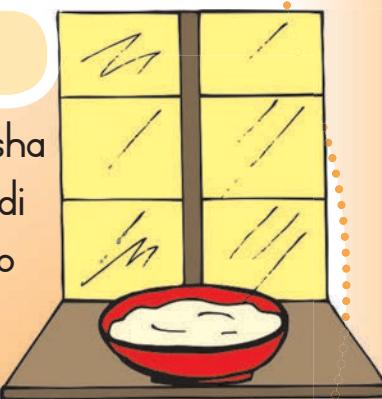
Isinyathelo sesi-2:

Uzothela amanzi
kuvolo uqiniseke
ukuthi uba manzi.



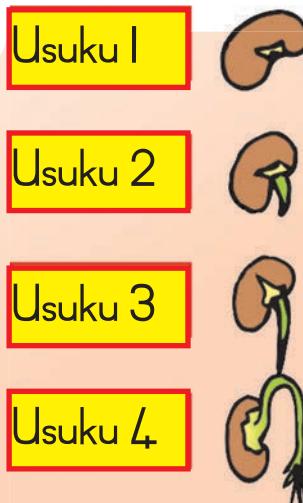
Isinyathelo sesi-3:

Beka isoso noma isitsha
onqenqemeni lwewindi
noma endaweni lapho
kunelanga elanele
khona.



Isinyathelo sesi-4:

Emva kwezinsuku
ezimbalwa bheka
ukuthi sikhula kanjani
isitshalo sakho. Sinisele
kanye ngesonto ukuze
ube nomswakama
uvolo.



Isinyathelo sesi-5:

Uma kuvela izimpande
esitshalweni sakho
sewungasisusa
uyositshala enhlabathini
ethambile.



Teacher:	Sign:
Date:	

Isinyathelo sesi-6:

Nisela isitshalo sakho njalo ukuze
inhlabathi ihlale iswakeme. Emva
kwamasondo ambalwa uzobe sewukwazi
ukuvuna ubhontshisi wakho.

45

Ukudla esikudlayo

IThemu 3 - Amazonu 7

Masifunde

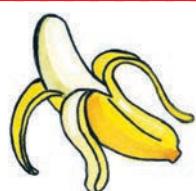
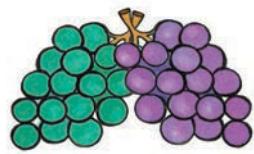
Ukudla okuhle kwenza sibe namandla okwenza zonke izinto.

Sidinga ukudla okunempilo ukuze sikwazi ukwenza kahle izinto esidinga ukuzenza. Ukudla okunempilo kusinika amandla kusisize ukuze sikhule.



Masibhale

Buka lezi zithombe. Bhala igama lokudla ngakunye ngezansi kwesithombe ngasinye.



Yini othanda kakhulu ukuyidla? Yikuphi ukudla ongakuthandisi kahle? Bhala phansi uhla lwalezi zinto ngaphansi kwesihloko esifanele. Khetha ezithombeni ezingenhla.

Ukudla engikuthandayo

Ukudla engingakuthandi

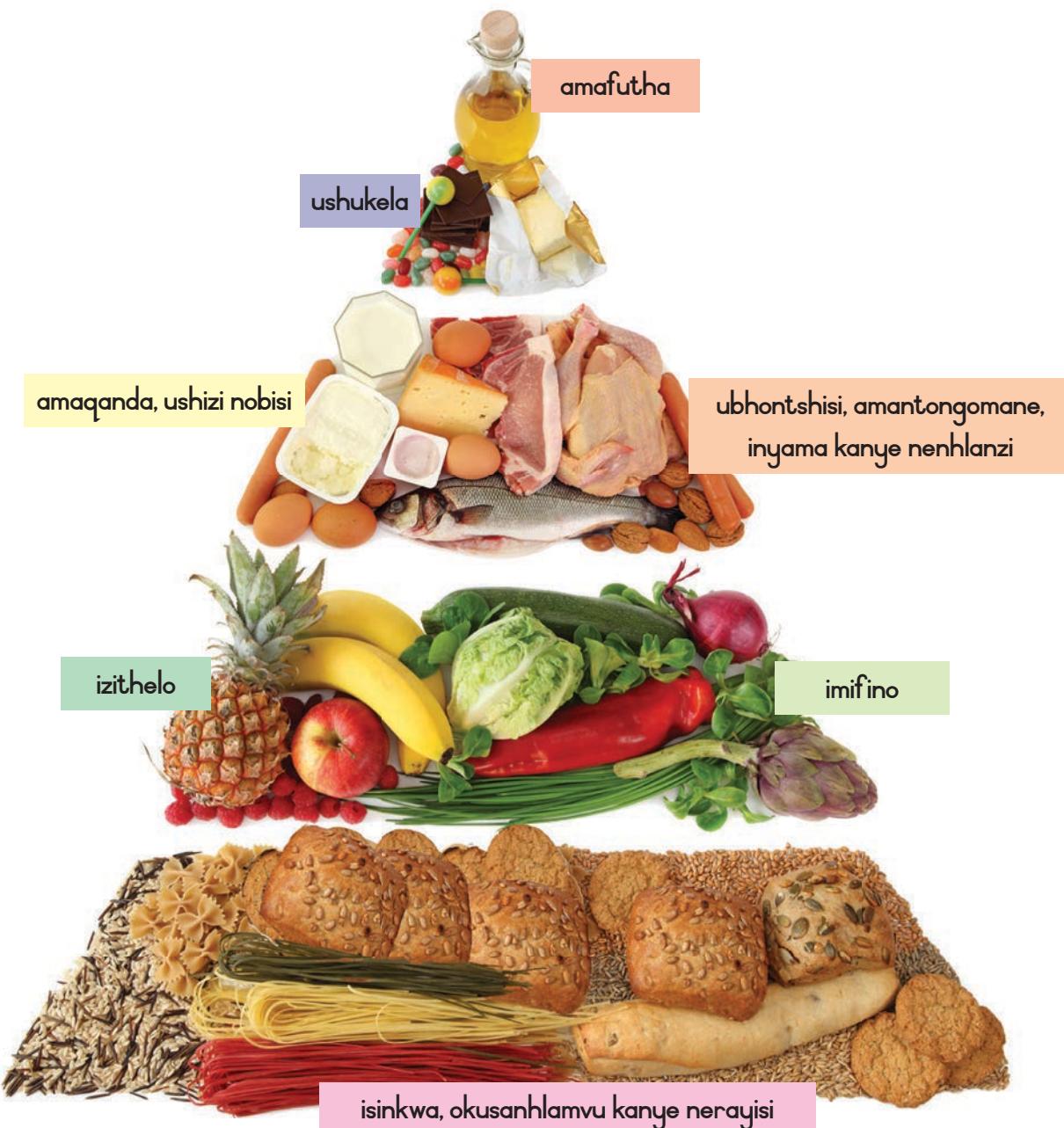
Usuku:



Masifunde

Singakuhlukanisa amaqoqo ayisi-7 lokhu kudla.

Kumele udle ukudla okusezansi nesithombe njalo nje. Ungakudla nalokho okungenhla, kodwa ungakudli njalo.



Masikhulume

Xoxani njengetkasi.

Kungani sifanele ukudla kancane ukudla okusesithombeni esingenhla futhi sidle kancane ekudleni okungezansi kwesithombe?

Teacher:
Sign:
Date:

Kuvelaphi ukudla okwahlukahlukene?

Masifunde

IThemu 3 - Amazono 7

Abalimi batshala izinto bafuye izilwane ukuze sithole ukudla. Singakupheka ukudla. Singazixuba futhi izinhlobo ezahlukene zokudla.



Isinkwa namasiriyeli kuvela
kukolweni.



Sithola amaqanda ezinkukhwini.



Sithola ubisi ezinkomeni kanye
nenyama kuzo izinkomo futhi.
Senza iyogathi noshizi ngobisi.



Izithelo zimila ezihlahleni kanye
nasezitshalweni.



Sisebenzisa ummbila
ukwenza impuphu.

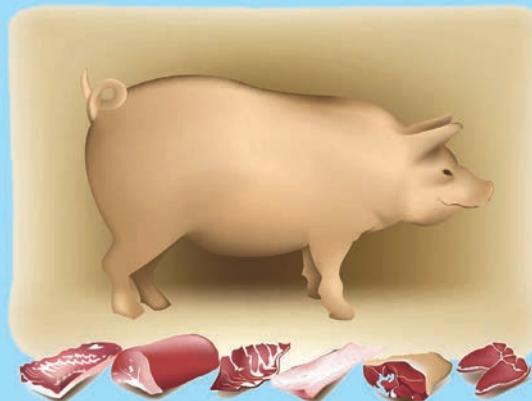
Usuku:



Uju luvela ezinyosini.



Ushukela wenziwa ngomoba.



Sithola ihemu nobhekeni ezingulubeni.

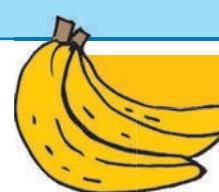


Sikwazi ukutshala izitshalo engadini.



Masenzeni lokhu

Culaní leli culo
kanye nothisha.



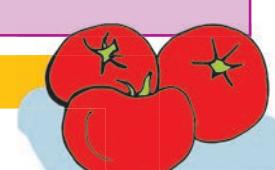
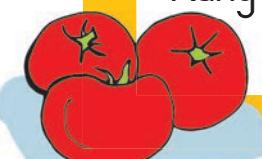
Ama-aphula, ugwava, ubhbanana,
Ubhontshisi, uphizi, namazambane.

Konke lokhu kwenza imizimba yethu iqine.

Kusenza silungele ukusebenza.

Ngidla kuphela ukudla okunempilo!

Kungenza ngibe namandla, ngibe qatha.



Ukudla okunempilo nokungenayo

Amasonto 8



Masifunde

Ukudla esikuthandayo akuvamile ukuthi konke kube nempilo. Ngesinye isikhathi singakuthanda ukudla kodwa kungabi nayo impilo. Kwesinye isikhathi futhi siyaye singakuthandi ukudla kutholakale ukuthi kunempilo lokho kudla.

Kodwa ukudla okuningi kakhulu kohlobo olulodwa akuvamile ukuthi kube kuhle empilweni yethu.

Akulungile ukukudla kakhulu. Idla uzwe ukuthi usuthi.

Ungaqhubezi nokudla nje ngoba lokho kudla ukuthanda.



Masenzeni lokhu

Sika izithombe zokudla okunempilo kanye nokudla okungenayo impilo emaphephabhuwini ukunamathisele emathinini afanele. Uma ungazitholi izithombe ozidingayo vele ukudwebe lokho kudla.



Ukudla okunempilo



Ukudla okungenayo impilo



Masibhale

Sebenzisa izinto ozifundile ngokudla ukubhalala uhla lwakho lokudla.

Usuku:

Kwasekuseni

Kwasemini

Kwakusihlwa



Masenzeni lokhu

Manje ake senzeni isaladi yezithelo. Landela le miyalelo engezansi.



Uzodinga lokhu:

- Izithelo eziyizinhlobo ezahlukene
- Ummese nesipunu
- Indishi enkulu

Landela lezi zinyathelo:

- Washa izithelo.
- Susa isikhumba sesithelo (njengamawolintshi).
- Sika isithelo sibe yizingcezu ezincane.
(Cela umuntu omdala akusize).
- Hlanganisa izithelo endishini.
- Kudle kunjalo ukuthokozele.



Ukukhweza (ukugcina) ukudla

Ithemu 3 - Amasondo 9

Masifunde

Buka lezi zithombe.



Masikhulume

Yini oyiphawulayo ngalezi zinsuku?

Uthi sisengakudla lokhu kudla?

Ucabanga ukuthi kwenzekeni kulokhu kudla?



Masifunde

Ukudla akuhlali kukuhle sonke isikhathi. Ezinye izithelo nemifino kuyaye kuqale ukubuna kubole. Inyama, inhlanzi kanye nemikhiqizo yobisi kuyonakala. Emva kwalokho asikwazi ukukudla. Kumele senzeni ukugcina ukudla kusebenziseka? Indawo ephephile enhle yokugcina ukudla yisiqandisi. Kodwa ukudla kuyonakala uma kubekwe esiqandisini isikhathi eside. Zikhona ezinye izindlela zokugcina ukudla kusebenziseka.



Masikhulume

Buka lezi zithombe.

Xoxisana nomngani wakho ngazo. Yiziphi izindlela ezahlukene zokugcina ukudla kusesimeni esihle?

Zikhona ezinye izindlela ozicabangayo? Xoxa nomngani wakho ngalokhu. Chazela iklasi ngezibonelo onazo.



Masibhale

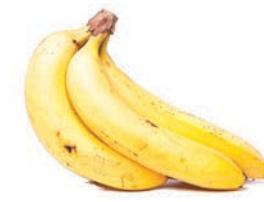
Buka izithombe ezingezansi bese ufunda amagama asemabhokisini. Manje bhala elilodwa lalawa magama ngezansi kwesithombe ngasinye esihambisana negama.

Kusesimeni esihle

Ukukugcina emathinini

Ukukomisa

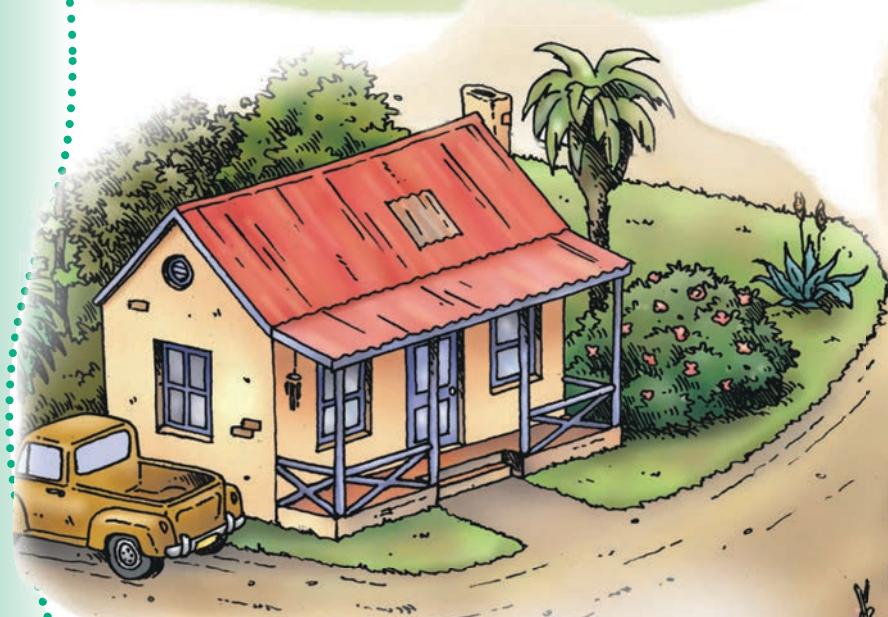
Ukuquqandisa



Teacher:
Sign:
Date:



Ikhaya lakho yindawo ohlala
kuyo. Abantu baseNingizimu
Afrika bahlala ezindaweni eziningi
ezingamakhaya ahlukahlukene.
Kukuphi
lapho ungathola khona
la makhaya?

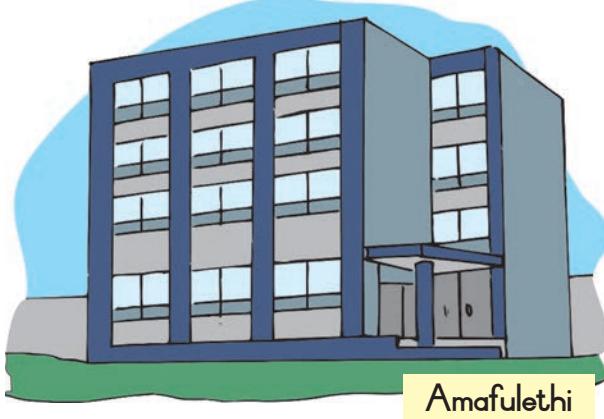




Masikhulume

Usuku:

Buka lezi zithombe. Xoxa nomngani wakho ngezinto ezifanayo ezikhona emizini eminingi eyahlukene. Khuluma futhi ngezinto ezingafani emakhaya. Yikuphi okuningi? Kungabe ngokufanayo noma ngokungafani?



Amafulethi



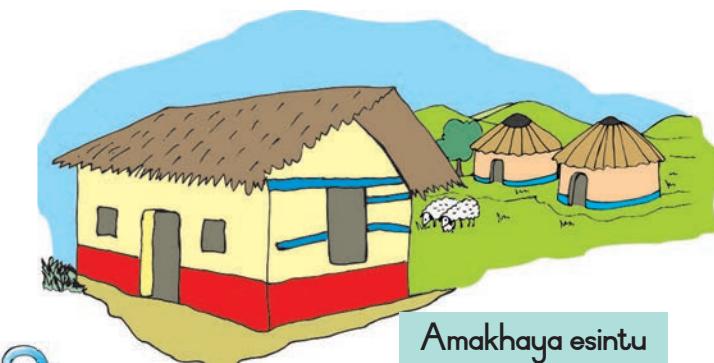
Izindlu ezinezitezi ezimbili



Amakharavani namatende



Izindlu zasemijondolo



Amakhaya esintu



Masenzeni lokhu



Izindlu ezinezitezi esisodwa

Sebenzani ngamaqembu. Tholani ibhokisi lezicathulo, noma elinye nje ibhokisi. Lipendeni lifane nekhaya. Zibumbe wena ngobumba lokudlala, wenza okuthile ngaphandle kwaleli khaya.



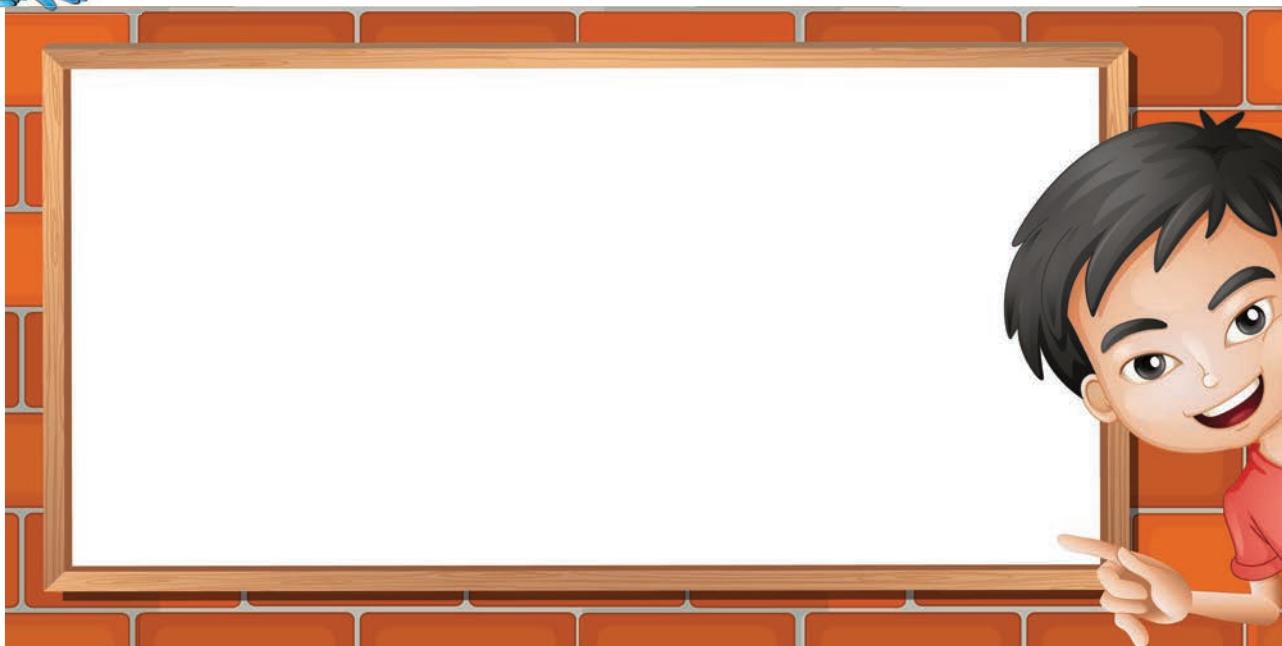
50

Izinhlobo zamakhaya (2)

IThemba - Amasonto /

Masenzeni lokhu

Ake ucabange amakhaya ahlukahlukene osuke wawabona. Dweba izithombe zamakhaya amabili angafani oke wawabona.



Masikhulumu

Uma ikhaya lakhwi kahle asigodoli noma kushise kakhulu uma sihlezi kulo. Asiyizwa nemvula noma umoya omkhulu. Akubona bonke abantu abavikeleke kanjena.

Okumele ukwenziwa nguthisha:
Uthisha wenu uzonilalela uma
nethula imibono.

Xoxa nomngani wakho mayelana namasu enziwa abantu ukuzivikela uma bengahlali ezindlini.



Masiqhubeke

- Yelula izandla uziphakamise ukupenda uphahla lwendlu yakini.
- Guqa enhlabathini ukutshala izitshalo zasengadini.
- Yelula izingalo uvule amafasitela endlu yakho, bese uvala wonke amafasitela.
- Goba ususe ukhula engadini
- Shanelia phansi ngomshanelo omude.
- Washa amafasitela ngendwangu.

Usuku:



Okumele ukwenziwa nguthisha:

Lalela isigqi sesigubhu esidhalwa nguthisha wenu. Hambisana nesigqi. Uma uthisha eququla isigqi, guqula i jubane lendlela onyakaza ngayo. Lalelisisa!



Teacher:
Sign:
Date:

Izinto okwakhiwa ngazo amakhaya ahlukahlukene



Masikhulume

Sisebenzisa izinto ezahlukene ukwakha izindlu.

Bheka izithombe ngezansi.



izitini



amathayili



uthayela



usimende

utshani bokufulela/
umhlanga

ingilazi



izigxobo



ukhuni



amatshe



okokwakha amatende



iplastiki



ubumba/udaka



insimbi



izikhumba



isihlabathi



Xoxa nomngani wakho ngezinto ezahlukene zokwakha izindlu.

Yikuphi okuqhamuka efemini?

Zivelaphi ezinye izinto?

Tshela iklasi ukuthi izindlu ozibone uza esikoleni zakhiwe ngani.

Okumele ukwenziwa nguthisha:
Uthisha wenu uzokwenza uhl
ebhodini.





Masenzeni lokhu

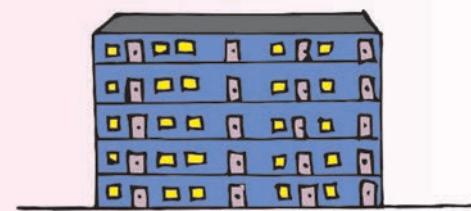
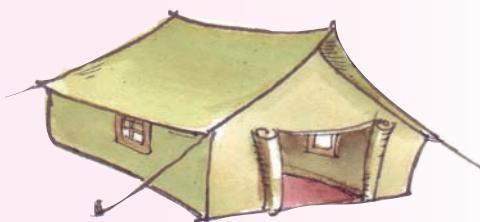
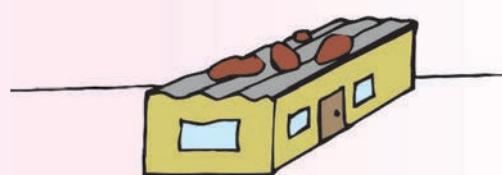
Dweba umugqa usuke endlini ngayinye
uye entweni eyakhiwe ngayo.

Usuku:

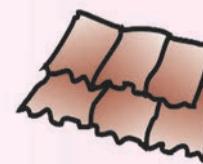
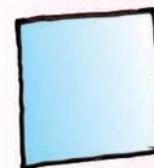
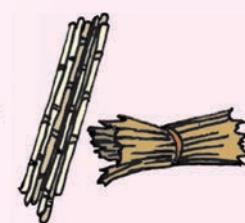
Okumele ukwenziwa nguthisha:
Uthisha wenu uzothatha izincwadi
eniphendulele kuzo azihlole.



Uhlobo lwendlu



Izinto zokwakha



Amakhaya nesimo sezulu



Masifunde

Amakhaya avikelaabantu ezimeni ezahlukene zezulu. Asivikela emisebenzini eshisayo yelanga. Asivikela emakhazeni, emoyeni kanye nasemvuleni.



Uthi bewazi ukuthi abantu abahlala ezindaweni ezibandayo banendlela engajwayelekile abakha ngayo amakhaya abo? Bakha izindlu ezifudumalayo uma likhithika.

Leli yibalazwe lezwe lase Greenland, okuyizwe elibanda kakhulu.



Lena
yi-igloo



Abanye babantu ababizwa ngama-Inuit abahlala e-Arctic elineqhwaeliningi bakha izindlu ngalo. Iqhwa livimba amakhaza. Lezi zindlu zibizwa ngama-igloo.



Masenzeni lokhu

Usuku:

Eqenjini lenu dlalani umdlalo wokukhombisa ukuthi
ningayakha kanjani indlu.

Khethani ukuthi luhlobo luni lwendlu enizolwakha.

amafulethi

Zinto zini enizozisebeniza?

izindlu zesintu

Ubani ozokwenzani?

izindlu ezinesitezi esisodwa
noma eziningi

Yini enizoqala ngayo?

izindlu zaseKapa

Niyogcina ngani? Sebenzisa lawa magama alandelayo:

izitini

udonga

upende

umnyango

uphahla

ushimula

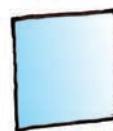
ifasitela

usimende



Masifunde

Yisho le nkondlo ibe
yinqxene yomdlalo wenu:



Yakha, yakha indlu yakho entsha sha!

Letha izitini, kala lolo donga

Shayela isipikili, phendula isikulufu –

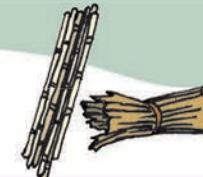
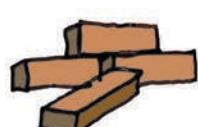
Yenza umpheme wokuvimba ilanga.

Yakha, yakha indlu yakho entsha sha!

Letha isihlabathi nezivalo namathayili

Letha amanzi, xova usimende –

Yenza umpheme wokuvimba imvula.



53

Sizithola kanjani izindawo nezinto? (1)

Amanonto 3

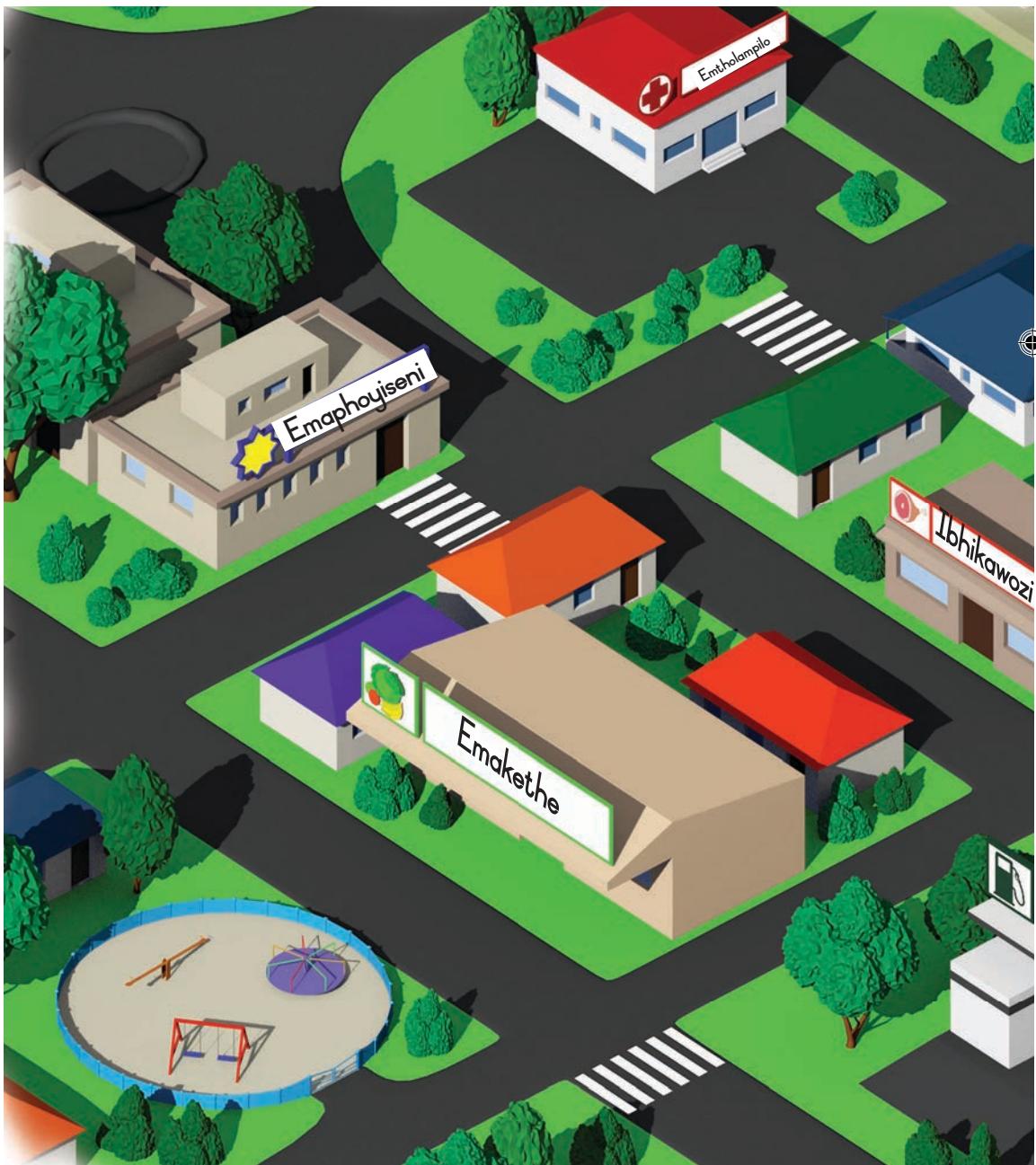


Masifunde

Kunezinhlobo ezahlukene zamabalazwe. Ukukhetha ibalazwe elifanele kumele wazi ukuthi kungani ufunu ukusebenzisa ibalazwe.

Amabalazwe akhombisa imigwaqo asisiza ukuthola izindawo nemigwaqo emadolobheni.

Abalimi bathanda amabalazwe akhombisa izinto ezinjengamadamu, imifula kanye nezintaba.



Usuku:



Masenzeni lokhu

Xoxa ngale mibuzo nomngani wakho. Kokelezela izindawo ezithile
ezisesithombeni emakhasini amabili alandelayo.

Uzozitholaphi izincwadi odinga ukuzifunda?

Uzolubika kuphi udaba lokwebelwa?

Ungaya kuphi uma ugula?

Ukuthengaphi ukudla?

Ulimela kuphi ibhasi?

Uuwela kuphi umgwaqo lapho kuphephe khona?

Okumele ukwenziwa nguthisha:
Uthisha uzofunda lokhu
ngakunye, wena uzofuna
izimpendulo uzithole.



Sizithola kanjani izindawo nezinto? (2)

Amasondo 3



Masikhulume

Buka indlela elandelwa ngu Jason esuka ekhaya lakhe eya esikoleni.

Chazela umngani wakho ukuthi u Jason ulandela yiphi indlela. Sebenzisa amanye alawa magama:

phezulu

udlule

ukuhamba njalo

ngaleya

ngaphansi

Yilaphi lapho u Jayson engawela khona
umgwaqo ngokuphepha?





Masiqhubekе

- Beka kahle intambo enhlabathini.
- Uwena ozohamba kule ntambo.
- Hamba uye phambili, uhlehle uphinde uye ngapha nangapha ulandele intambo.
- Hamba uye phambili ulandele intambo izandla uzibeke ekhanda.
- Hamba uhlehle ulandele intambo, izandla uzibeke emhlane wakho.
- Hamba uye le nale ulandele intambo, ubeke izandla ezinqulwini.

Usuku:



Masifunde

Wenze kahle kanjani? Uma kungukuthi ukwazile ukukwenza konke kahle, faka umbala ebusweni obumamathekayo. Uma kungukuthi awukwazanga ukwenza kahle, faka umbala ebusweni obuswacile. Uma ukwaze ukwenza okumbalwa kahle, faka umbala ebusweni obuphakathi nendawo.

Ngikwazile ukuhamba ngiye emuva naphambili ngilandela intambo.

Ngikwazile ukuhamba ngiye ngapha nangapha ngilandela intambo.

Ngikwazile ukuhamba ngiye phambili ngilandela intambo ngibeke izandla ekhanda.

Ngikwazile ukuhamba ngihlehle ngilandela intambo ngibeke izandla ngemuva.

Ngikwazile ukuhamba ngiye ngapha nangapha ngilandela intambo ngibeke izandla ezinqulwini.



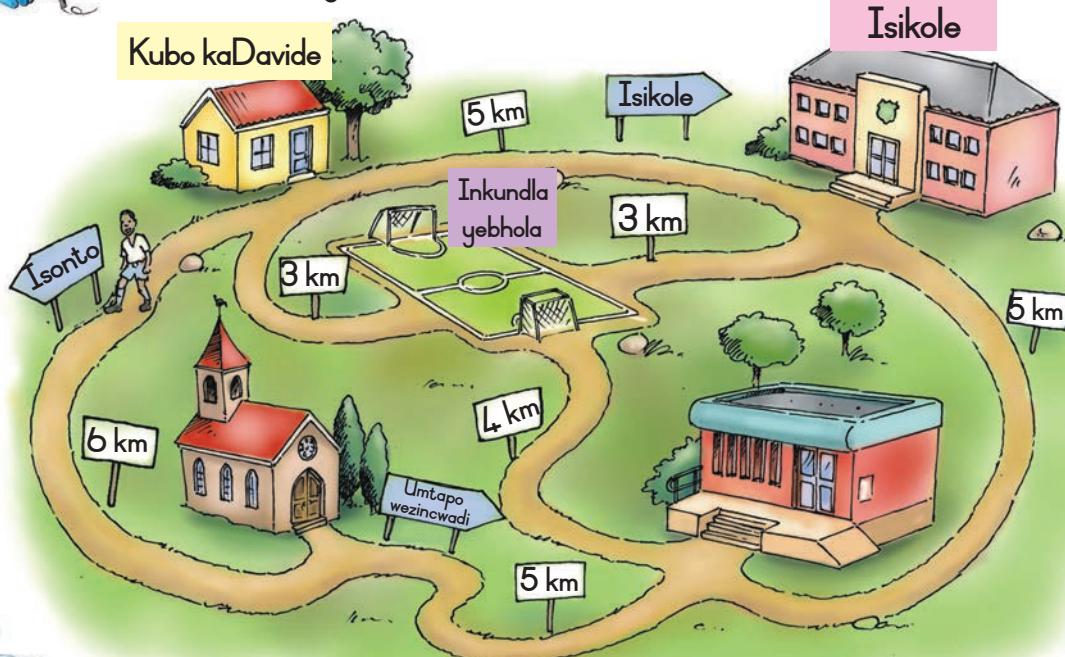
Ukuthola indlela

Amasondo 4

IThemu L

Masibhale

Amabalazwe anezithombe asisiza ukubona ukuthi izindawo zigzagqene kangakanani. Buka leli balazwe.



Masibhale

Phendula le mibuzo. Ungamcela nomngani wakho akusize.

Yenza isiyungi lapho kukhona khona **i-km**.

Ugcine uneziyungi ezingaki?

UDavide uyahamba ukuya
emtatsheni wezincwadi.

Yini ayibona eduze komtapo wezincwadi?

Zimpawu zini azibona endleleni?

Uhambe ibanga elingakanani uDavide?

Yisiphi isakhiwo uDavide asibona engaphambi komtapo wezincwadi?

UDavide ulambile. Ufuna ukuya ekhaya. Thola umgwaqo omfushane kunayo yonke oya ekhaya.

Kungabe inkundla yebhola iseduze kwasekhaya lakhe?

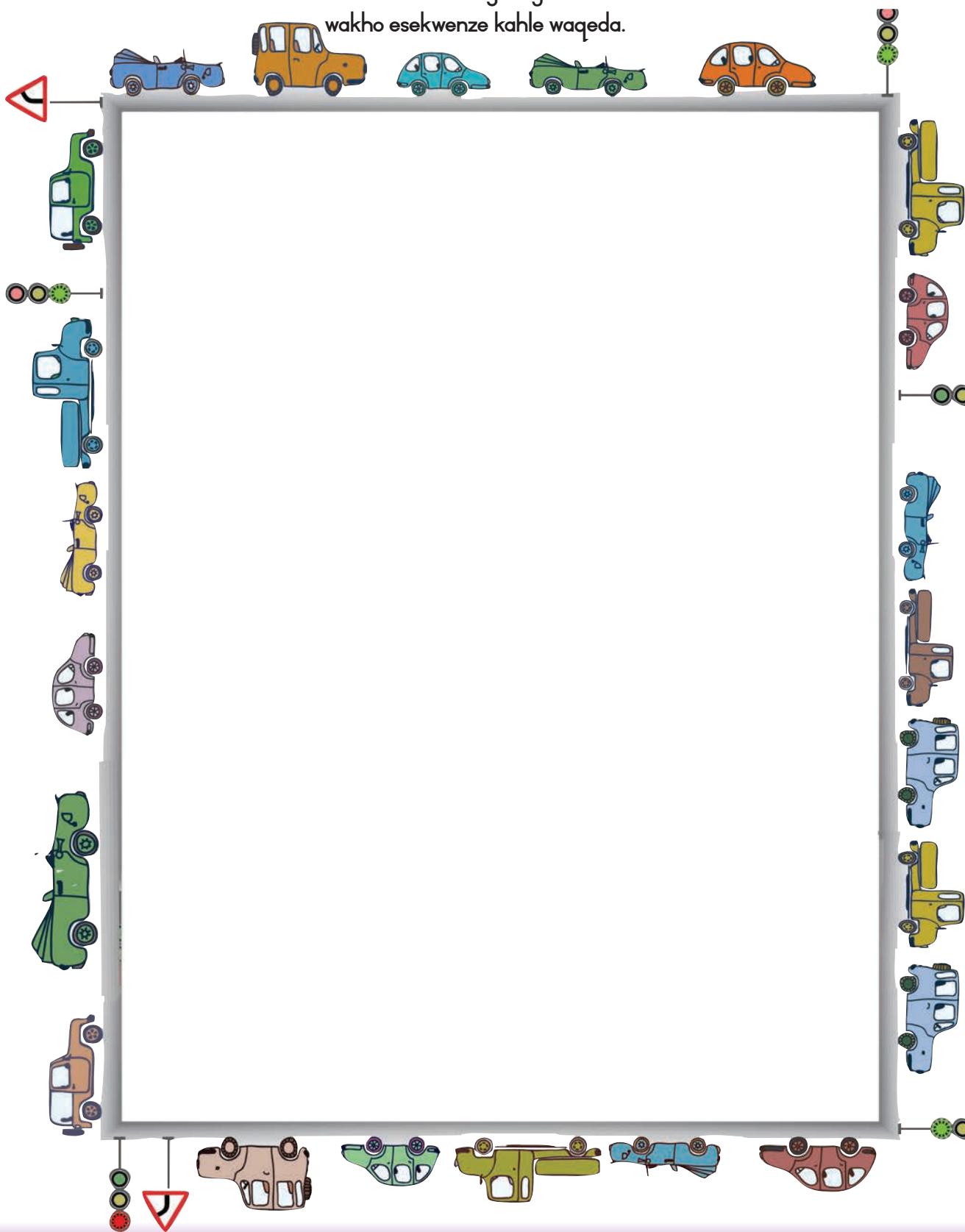
Okumele ukwenziwa nguthisha:
Uthisha uzonitshela ukuthi
indawo eyikhilomitha elilodwa
iqhelelene kangakakani
nesikole. Lokho sikubhalala
kanje: 1 km.



Masenzeni lokhu

Usuku:

Dweba isithombe sakho sebalazwe sendlela ephakathi kwezindawo ezimbili. Khetha noma yiziphi izindawo ezimbili. Uma sewuqedile, ungakhombisa abangani bakho ibalazwe. Khombisa umngani wakho ibalazwe bese umcela achaze ukuthi uhamba kanjani ngokwebalazwe omkhombise lona. Qiniseka ukuthi ukwenza ngokuyikho ukuchaza kwakhe. Tshela uthisha uma umngani wakho esekwenze kahle waqeda.



Ukuthola izehlakalo endabeni

Ithemu 4 – Amasonto 4



Masenzeni lokhu

Uthisha wakho uzofunda indaba ekhulumo ngoMicky.
Lalelisisa. Landela indlela esebalazweni elisencwadini yakho.

Okumele ukwenziwa nguthisha:
Uthisha wakho uzofunda aphinde
anicele ukuthi neze uphawu (X)
ezindaweni ezithile.



NgeMiggibelo uMicky uyaye adlale nabangani bakhe epaki (X).

Ekuseni ngelinye ilanga unina wamucela unina wathi: "Ugogo uyagula. Ngicela umhambisele ukudla."

UMicky uthatha isikhwama esikhulu sokudla. Kodwa uma eseyophuma ngesango (X) uhlangana nendoda ethile. Ikhulumu ngezwi elimahhadlahhadla ithi, "A, uthwele ukudla. Okukagogo, angithi?" Kwamethusa uMicky lokhu.

Wahamba washesha ebheke ezansi nomgwaqo ngasesiteshini sabacishimlilo.

Uma efika lapho wajika waya ngakwesokunxele (X). Kuthe uma ebheka emuva emgwaqweni, wabona yona leyo ndoda imlandela.

UMicky unquma ukuyofuna usizo kubangani bakhe epaki.

Uma efika emtatsheni wezincwadi, uya ngakwesokudla bese eqhubekela phambili (X). Kwesokunxele wabona ukuthi kunesikole wasidlula (X).

Kuthulile lapha, emigwaqweni yonke. UMicky washesha manje emgwaqweni (X).

Walibona ipaki ekugcineni. Wawela ibhuloho (X) waya wayofinyelela kubangani bakhe esangweni! (X)



Masiqhubeke

Sizoddala umdlalo wokunikezelana.

- Bekani izihlalo zenu zibe yisiyingi. Dlalani umdlalo othi "izihlalo zokucula" – lo mdlalo udinga nthole indlela emfushane kunazo zonke ukufinyelela esihlalweni.



Indlela esisebenzisa ngayo amanzi emakhaya nasesikoleni



Masibhale

Sisebenzisa amanzi zonke izinsuku. Bona izindlela ezahlukene esisebenzisa ngazo amanzi. Bhala ngezansi kwesithombe usho ukuthi amanzi asetshenziselwani. Sebenzisa lezi zihloko.

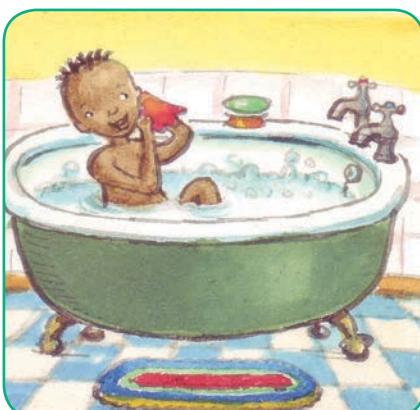
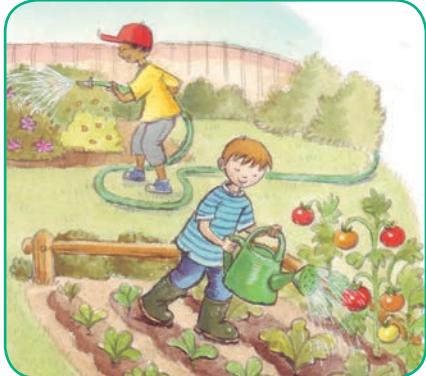
Ukucisha umlilo

Ukuzigiza thina

Ukusiza izitshalo zikwazi
ukukhula

Ukuwashsha izingubo nezitsha

Ukupheka ukudla

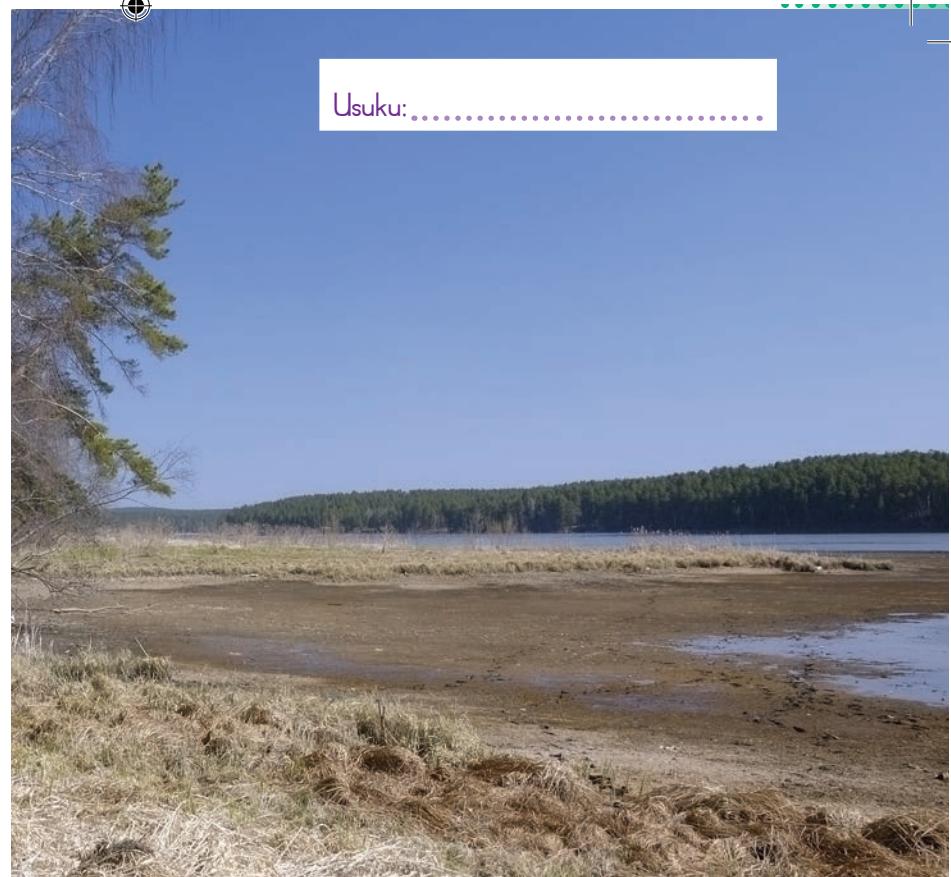




Masikhulumé

Khuluma ngezindlela eziningi esisebenzisa ngazo amanzi.

Ake uchaze ezinye izinto esizisebenzisela amanzi. Amanzi ayisidingo. Xoxa ngokuthi siwamosha kanjani. Yini engenzeka uma engaphela nje nya?
Yethula imibono yakho eklasini.

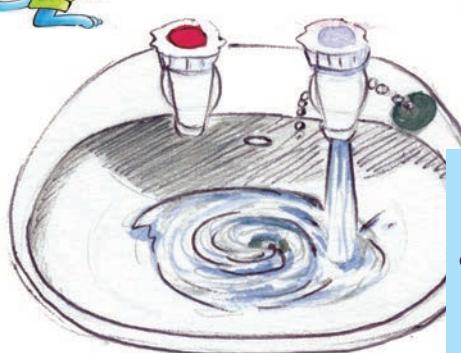


Usuku:



Masiqhubeke

Lingisela lokhu okulandelayo:



Umpompi ovuliwe,
amanzi ageleza angene
endishini enkulu.



Amafú ayahlangana,
lina kakhulu emva
kwalokho, bese kuthi
ekugcineni anyamalale.



Masiddaleni

- Dlalani umdlalo othi "Amabhakede namaconsi amanzi".



Umfula uyagobhoza
emadwaleni wedlulela
endaweni enesihlabathi.

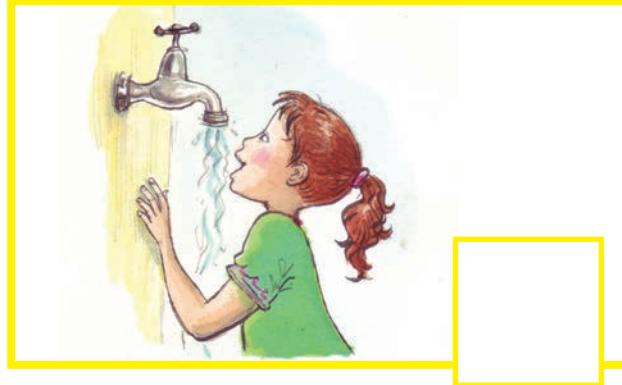
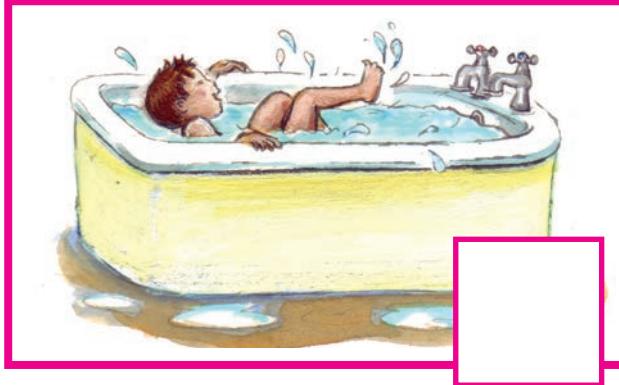
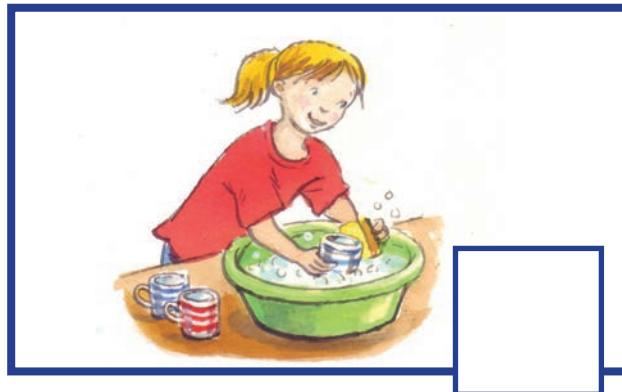
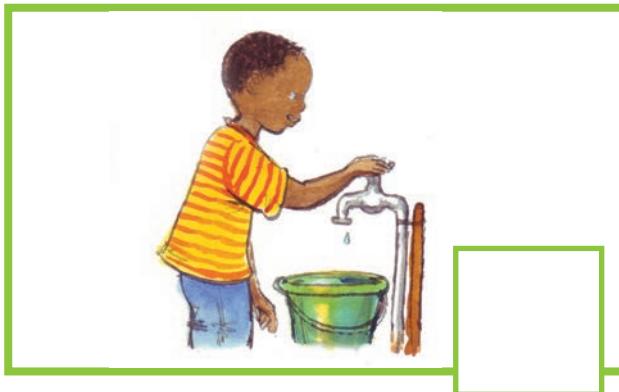
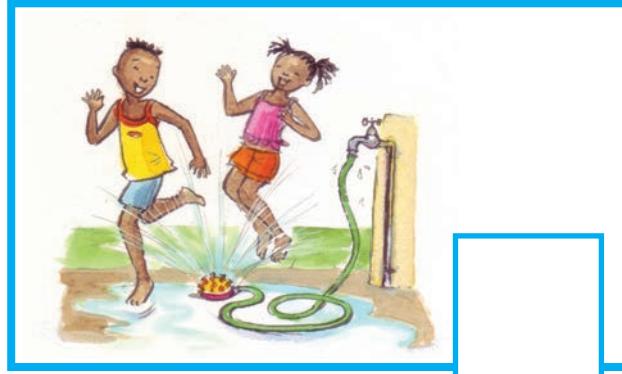


58 Indlela amanzi amosheka ngayo

IThemba - Amazonto 5



Buka lezi zithombe. Beka uphawu lokuthikha (✓) eduze kwesithombe esiveza ukugcineka kwamanzi, ubeke isiphambano (✗) eduze kwesithombe esiveza ukumosheka kwamanzi.



Usuku:



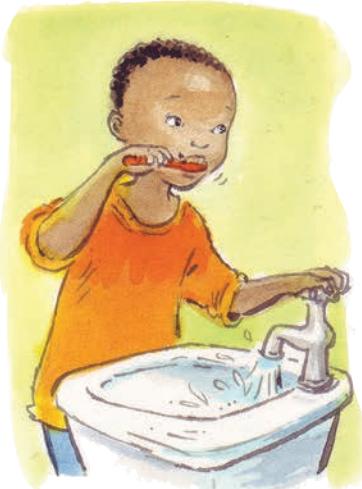
Masikhulume

Buka izithombe ezinesiphambano. Xoxisana neklasi mayelana nokuthi abantu kulezi zithombe benzani. Xoxa ngokuthi bangawasebenzisa kanjani ngokuwonga amanzi.

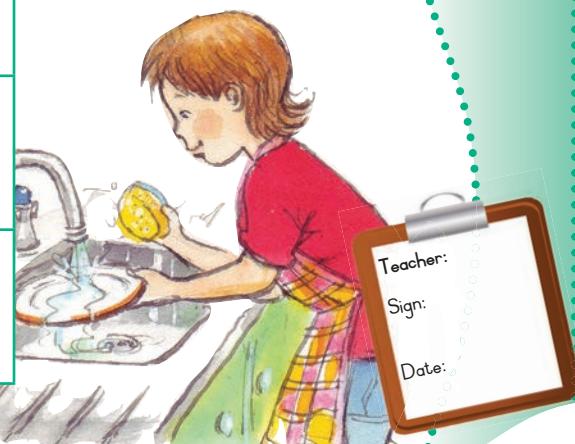


Masibhale

Buka izithombe. Funda umusho ongezansi. Faka uphawu lokuthikha (✓) esenzweni ngasinye sokonga amanzi, ufake isiphambano (✗) esenzweni ngasinye esingukumosha amanzi.



	✓ noma ✗
Ngidedela amanzi aphume empompini ngenkathi ngixubha amazinyo.	
Angiwachithi amanzi ebengizeza ngawo, kunalokho ngichelela ngawo engadini.	
Ngigeza ngamanzi agcwele ubhavu njalo ebusuku.	
Ngiyawuvalisia umpompi uma ngiwubona uconsa amanzi.	
Sigeza izitsha ngamanzi aphuma angayeki empompini.	





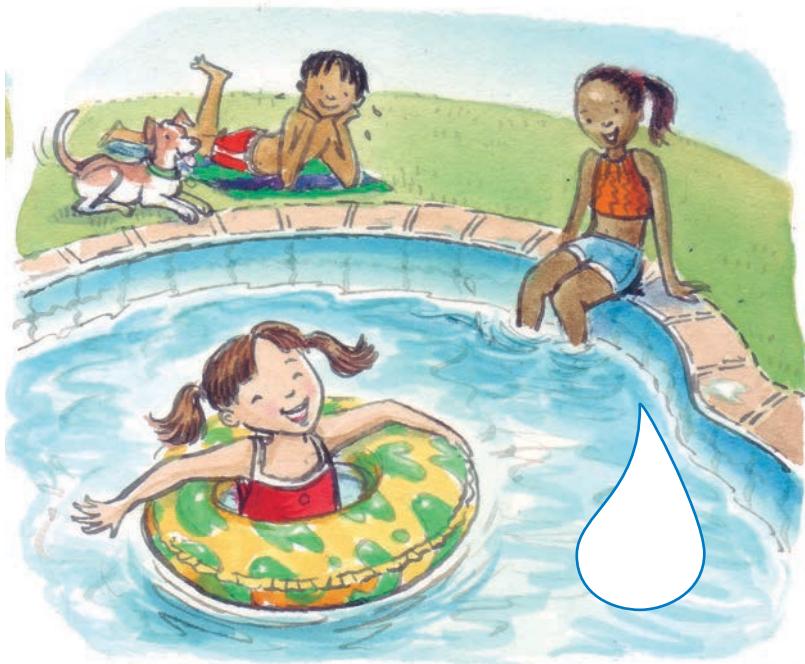
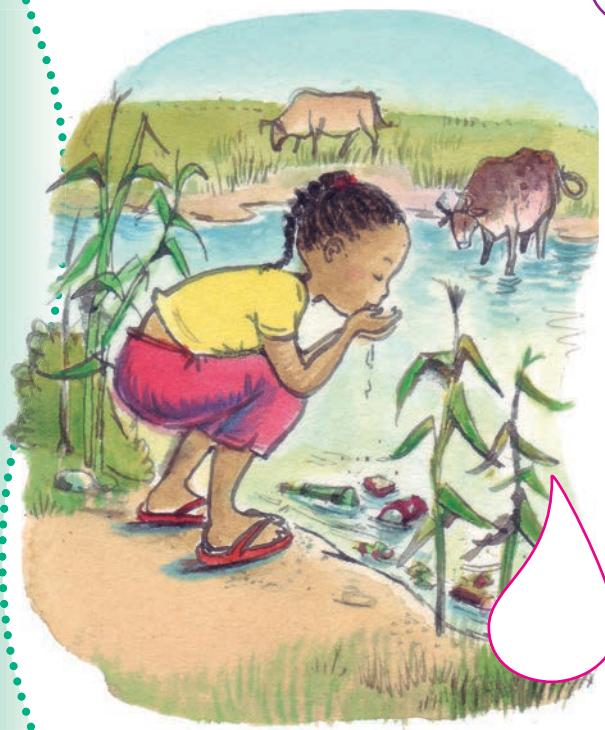
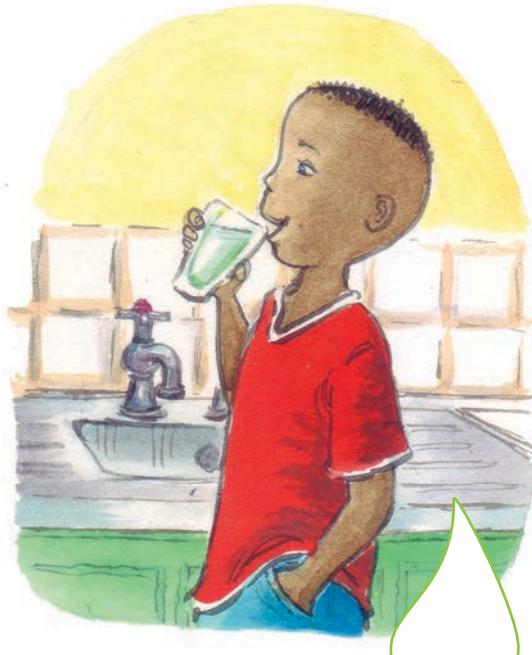
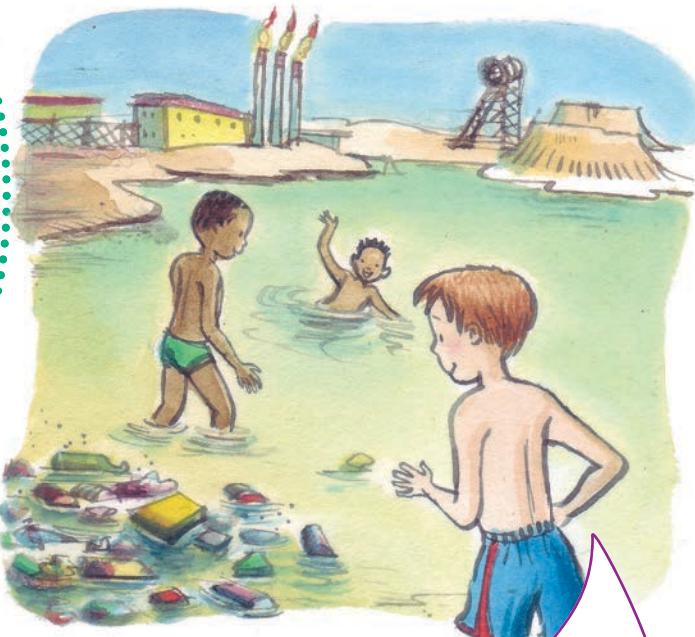
Amanzi okuphuza aphephile nangaphephile

Amanzo 6



Masibhale

Buka lezi zithombe. Beka uphawu lokuthikha (✓) eduze kwesithombe esiveza ukwenza izinto eziphephile. Beka isiphambano (✗) eduze kwesithombe esikhombisa ukwenza izinto ezingaphephile.





Usuku:

Bhala igama "**kuphephile**" noma "**akuphephile**".
ukuqedela umusho ngamunye. Sikwenzele okokuqala.

Ukuphuza amanzi **angcolile akuphephile**.

Ukubhukuda emanzini **angcolile** _____.

Ukuphuza amanzi **abilisiwe** _____.

Ukuphuza amanzi **aphuma emfuleni ongcolile** _____.

Ukuphuza amanzi **ahlanzekile aphuma empompini** _____.



Dlala lo mdlalo nabanye ababili.

- Shayani izandla nilandele isigqi sokuconsa kwamanzi:
 - aconsa kancane empompini
 - aconsa masinya empompini
 - aphuma ngekubaza wonke.
- Dlalani noma yimuphi omunye umdlalo lapho nizoshaya khona izandla.



- Gxuma njengesele liphuma emanzini angcolile.
- Gxuma njengesele lingene emanzini ahlanzekile.
- Gijima njengehhishi elomile liya emanzini agelezayo liyophuza.
- Gijima kakhulu ubalekele imvula ena ngamandla.
- Gxuma ematsheni uwele umfula. Siza nalabo abangakwazi ukuhamba ukuthi bawele nabo.
- Phenduphenduka endaweni eyodwa ulingise amanzi ephuma ebhavini (ube wedwa noma ube nomngani).
- Uthisha uzosho uma esefuna niguqukele kwenye into.

Lulaleleni uphawu alwenzayo.





Masifunde

Kumele siphuze amanzi ahlanzekile.

Kumele siwagcine ngendlela ezokwenza
ahlale ehlanzekile.

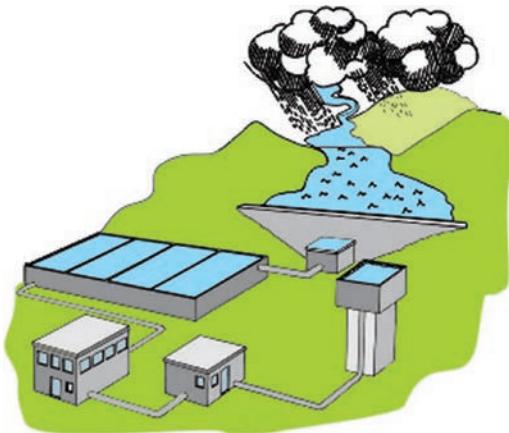


Masikhulume

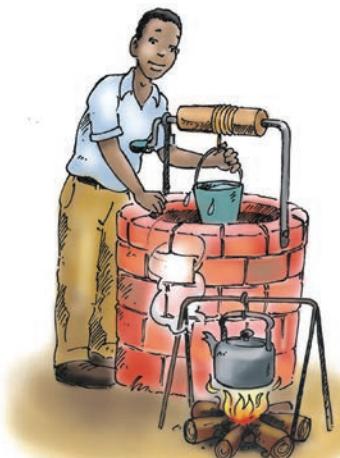
Buka lezi zithombe. Xoxa nomngani wakho ngokuthi avela kuphi amanzi
ahlanzekile. Xoxela iklasi ukuthi ubona ukuthi avela kuphi. Ngokuwahlanza
siwenza aphephe ukuba angaphuzwa, siwenza ahlanzeke ukuze sikwazi
ukuaphuza.



Sivumelekile ukuphuza amanzi emvula asuka
phezu kwendlu angene ethangeni.



Umasipala uyawahlanza amanzi awagcine enzele
ukuthi sikwazi ukuaphuza.



Thina simele ukuwabilisa amanzi uma
sifuna ukuwahlanza.



Singakwazi futhi ukuwasefa ukuze ahlanzeke.

Usuku:



Masenzeni lokhu

Cela uthisha anichazele ukuthi senziwa kanjani isisefo samanzi.

Nazi izinto ozozidinga:

Ibhodlela leplastiki elingamalitha ama-2

Isihlabathi esihlanzekile esicolisekile

Isihlabathi esihlanzekile esimahhadlahhadla

Amatshana amancane ahlanzekile

Ummese obukhali

Uvolo ohlanzekile



Masiqhubeke

- Sebenzisa isaka likabhontshisi nensimbi eyindilinga. Beka insimbi eyindilinga enhlabathini ngenkathi abafundi bemi umugqa osemamitheni ama-5 kude nensimbi leyo. Ungasebenzisa ibholo lensimbi lomnqakiswano kulokhu.
- Umfundu ngamunye makathole ithuba lokuphonsa isaka likabhontshisi lingene ensimbini eyindilinga.



Ukushintsha kwemini iba wubusuku



Masifunde

Imini nobusuku kwehlukene.

Kubukeka kwehlukene, akunayo imisindo efanayo, kwenziwa izinto ezingafani kukho kokubili.

Emini kubonakala ukukhanya kwelanga. Ilanga lisinika ukukhanya nokushisa.

Bayasebenza abantu abaningi emini, thina bese siya esikoleni.



Masibhale

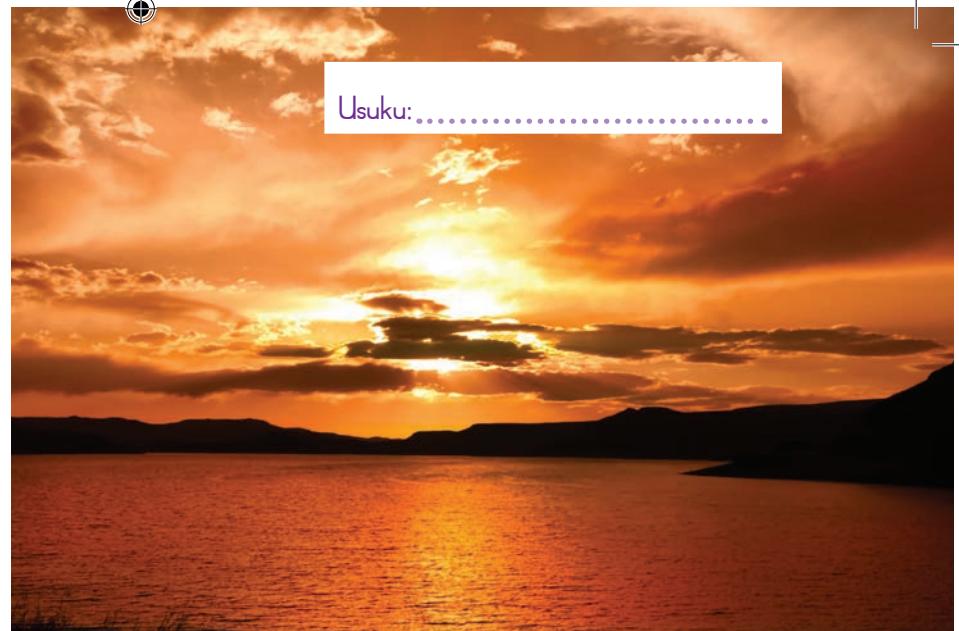
Buka izithombe bese uxoxa nomngani wakho ngazo. Kungabe yizithombe zemini noma ngezobusuku? Zihlukene ngani? Bhala "Imini" noma "Ubusuku" ngaphezu kwasithombe ngasinye.



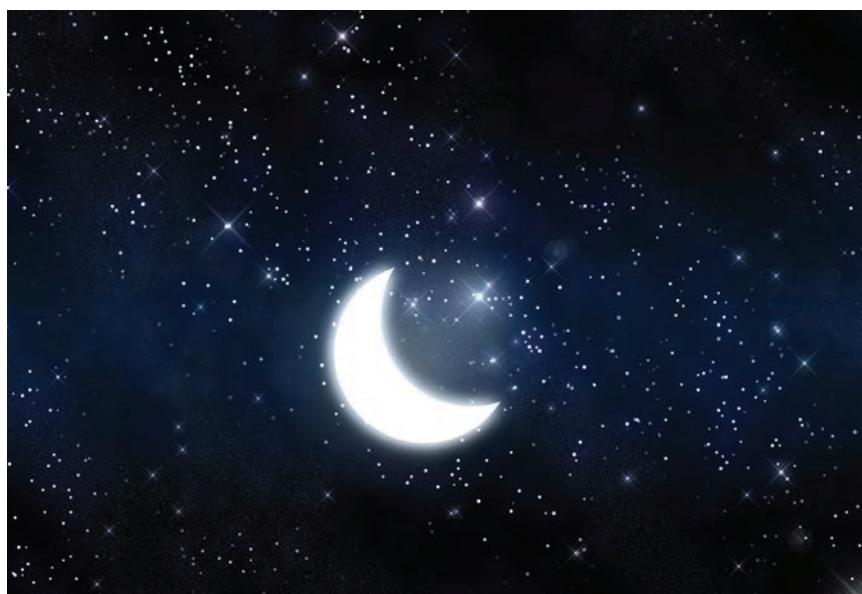


Masifunde

Ntambama ilanga liyashona.
 Kuba mnyama bese kuphuma
 inyanga nezinkanyezi.
 Sisebenzisa izibani ukuze sibone
 ukuthi senzani.



Usuku:



Masiqhubeke

- Sebenzisa amapali ebbola (noma amakhoni abekwa emgwaqweni uma wakhiwa) nebholo.
- Beka amapali noma amakhoni kube ngamamitha ambalwa kude nabafundi.
- Sebenzisa ibhola elikhulu elilingana nelezinyawo.
- Khahlelela ibhola emapalini lawa owabekile.
- Qala ukhahlele ngonyawo lwasokudla bese ukhahlela ngolwesobunxele.
- Ufake amagoli amangaki?



Indlela isibhakabhaka esibukeka ngayo ebusuku

Amasondo 7
IThemu 4



Masifunde

Emini sivame ukubona isibhakabhaka esiluhlaza
kanye namafu. Okusemqoka, sibona ilanga.



Ebusuku kunenyanga nezinkanyezi
eziningi. Kukhona namanye amaplanethi
anjengezinkanyezi.



Ngesinye isikhathi inyanga iba
sesibhakabhakeni noma kusemini. Asiyiboni
kahle ngoba ilanga lisuke lisixhophe. Zama
ukuthola ukuthi inyanga ikuphi kusemini.



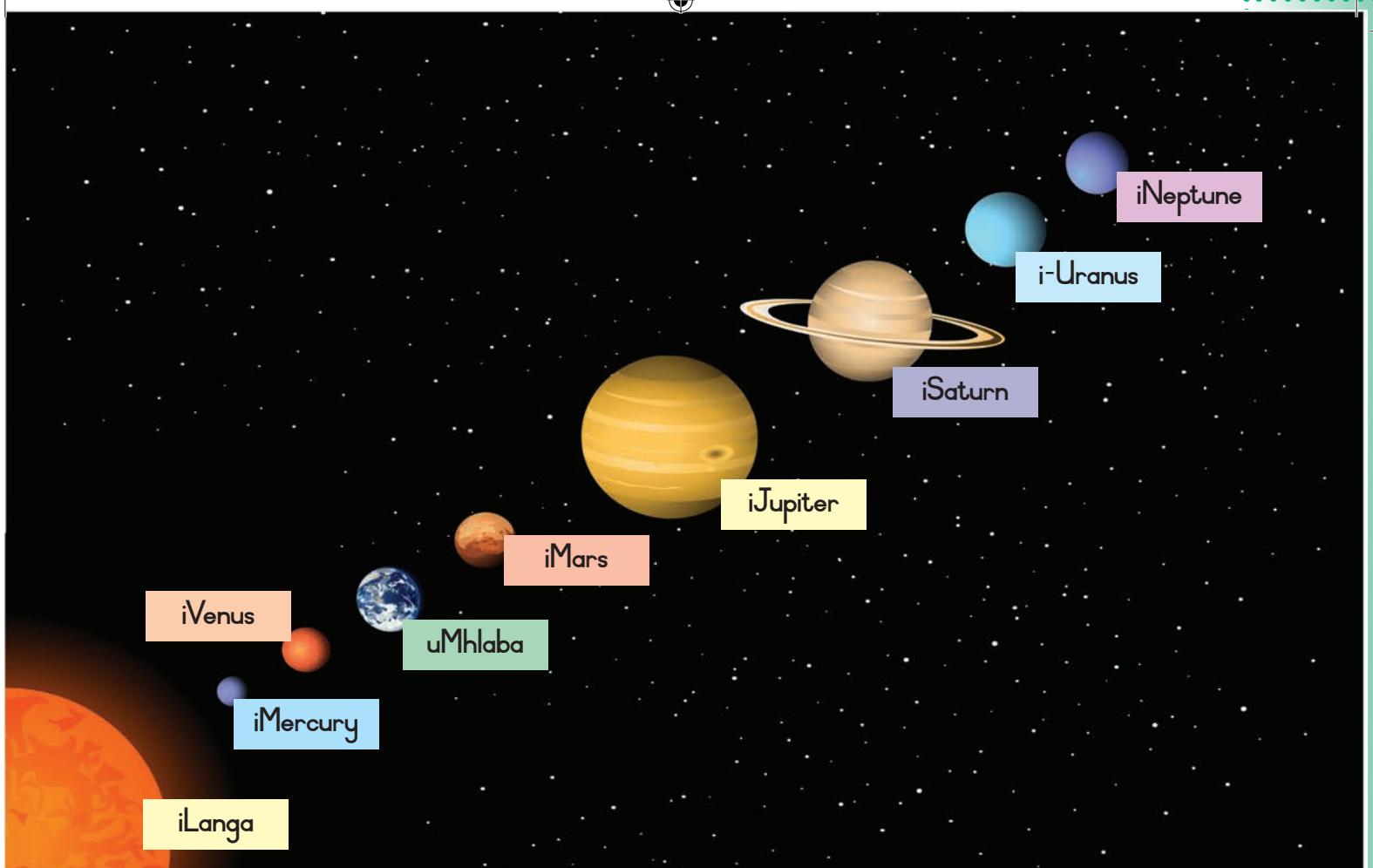
Masenzeni lokhu

Inyanga ayifani ngalobo nalobo busuku.
Phuma uyibuke ebusuku obuhlanu lapho izoveza khona izimo ezingafani.
Ebhokisini elingezi dweba izinhlobo zenyanga ozibonile.

Ubusuku bokugala

Ubusuku besithathu

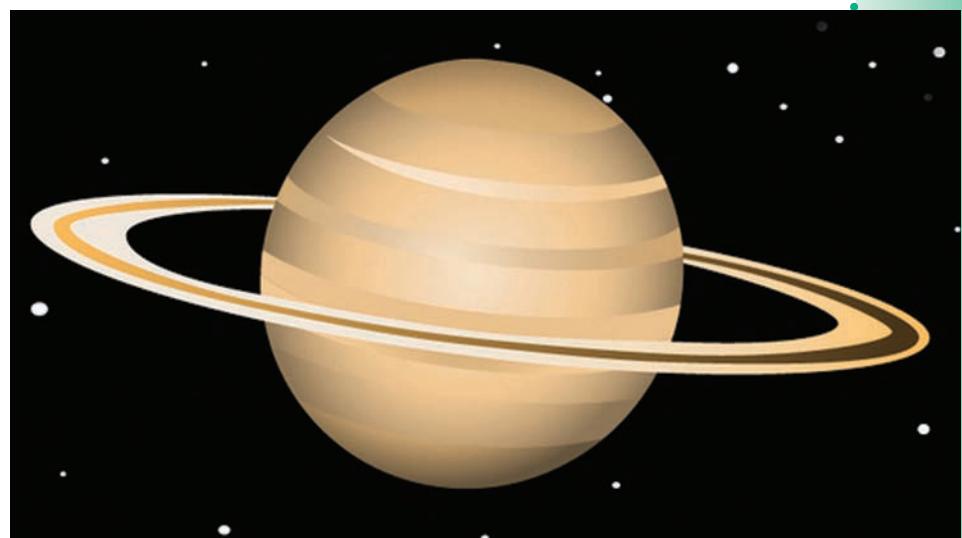
Ubusuku besihlanu



Leli yilanga kanye namaplanethi esemkhathini – ngomakhelwane bethu laba abasemkhathini.
(Ilanga namaplanethi akudwetshiwe ngokulandela ubukhulu bakho bangempela.)



Lesi yisithombe seSaturn.
Ihlukile yona kuwo wonke
amaplanethi ngoba inamarangi
ayizungezile. Uyawabona
amabala amhlophe
esithombeni? Ucabanga
ukuthi ayini? Buka isithombe
esikhulu esingenhla. Kungabe
iSaturn yinkulu noma yjincane kunomhlabo?
Iyiphi iplanethi enkulu kuneSaturn?



Ilanga nenyanga

IThemu L - Amasondo 8

Masikhulumu

Buka lezi zithombe.



Xoxa nomngani wakho. Izithombe zisikhombisani? Yisho noma yini oyicabangayo.



Masifunde

Okumele ukwenziwa nguthisha:
Uthisha wakho uzoyilalela yonke imibono bese esho ukuthi yini eningakhulumanga ngayo.



Ilanga liyinkanyezi. Liyibhola elikhulu lomlilo elithumela ukushisa kuzo zonke izinhlangothi zalo. Ilanga likhulu kakhulu kunomhlaba.

Inyanga iyibhola elikhulu eliyidwala elinothuli elingenakushisa. Inyanga ayikhanyi ngokwayo, ikhanyiswa yimisebe yelanga bese yenza njengesibuko ngokuthumela ukukhanya kithina emhlabeni. Yona yincane kunomhlaba.



Masikhulumu

Xoxa nomngani wakho mayelana nokuguquguquka kwenyanga ebusuku obuhlanu. Bese nibuka lezi zithombe.

Inyanga iyafana nalokhu enikubona ezithombeni?



Inyanga igcwele



Inyanga iyisigamu



Inyanga entsha



Izinkanyezi

Usuku:



Masifunde

Ilanga iyona nkanyezi eseduzane kakhulu kwethu. Ezinye izinkanyezi zikude kakhulu impela nje.



64

IThemu 4 – Amasondo 8



Masikhulume

Benye benye benye benye

Inkanyezana encane.

Nasi isimanga

Esabonwa yinkanyezi,

Nasi isimanga esabonwa yinkanyezi,

Inkanyezana encane!



Masifunde

Leli culo labhalwa eminyakeni eminingi eyadlula. Abantu ngaleso sikhathi babengakazi kangako ngezinkanyezi. Namuhla sinolwazi oluningi. Ososayensi sebeye kaningi emkhathini ngemikhumbimbkhathi bafunda okuningi ngezinkanyezi. Uma beya emkhathini bagqoka amasudi akhiwe ngokwehlukile. Uma ososayensi beya emkhathini bagqoka izingubo ezihlukile.

Ngenxa yabantu abanesibindi futhi abahlakaniphile abakwazi ukuthumela ososayensi emkhathini, sesifunde izinto eziningi ngezinkanyezi.



Masikhulume



Kungabe kuhle yini ukufunda izinto eziningi kangaka ngezinkanyezi? Xoxa nomngani wakho ngalokhu.

63

**Wena ubalulekile.
Umzimba wakho
wonke ubalulekile.**

Umzimba wakho ungowakho!



**AKEKHO
UMUNTU
okufanele athinte
izitho zakho
zangasese.**

**Kufanele kubekhona umuntu omtshelayo
uma kukhona umuntu othinta izitho zakho
zangasese.**

**Kufanele kubekhona umuntu
omtshelayo uma kukhona umuntu
okwenzisa izinto ongazifuni.**

**Lapho ungashayela khona
ucingo uma udinga usizo:**

Child Line: 0800 05 55 55

SAPS Crime Stop: 086 00 10111

SAPS Emergency Number: 10111

Life Line: 0861 322 322

Child Protection Unit: 012 393 2359/2362/2363



Make a placemat
Cut out the pictures you like and
paste them on to the opposite page to
make yourself a two-sided placemat.
Cover or laminate the placemat with
plastic and use it when you eat.





