



# **basic education**

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Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

## **CONSUMER STUDIES (PRODUCTION OF CLOTHING ITEMS)**

### **GUIDELINES FOR PRACTICAL ASSESSMENT TASKS (REVISED)**

**GRADE 12**

**2020**

**These guidelines consist of 25 pages.**

## THE PRACTICAL ASSESSMENT TASK FOR CONSUMER STUDIES PRODUCTION OF CLOTHING ITEMS

### 1. INTRODUCTION

The 17 Curriculum and Assessment Policy Statement subjects which consists of practical component all include a practical assessment task (PAT). These subjects are:

- **AGRICULTURE:** Agricultural Management Practices, Agricultural Technology
- **ARTS:** Dance Studies, Design, Dramatic Arts, Music, Visual Arts
- **SCIENCES:** Computer Applications Technology, Information Technology; Technical Sciences
- **SERVICES:** Consumer Studies, Hospitality Studies, Tourism
- **TECHNOLOGY:** Civil Technology, Electrical Technology, Mechanical Technology and Engineering Graphics and Design

A practical assessment task (PAT) mark is a compulsory component of the final promotion mark for all candidates offering subjects that have a practical component and counts 25% (100 marks) of the end-of-the-year examination mark. The PAT is implemented up to the end of October. The PAT allows for learners to be assessed on skills that cannot be assessed in a written format, e.g. test or examination. It is therefore important that schools ensure that all learners complete the practical assessment tasks within the stipulated period to ensure that learners are resulted at the end of the school year. The planning and execution of the PAT differs from subject to subject.

- During the practical assessment task the learner must demonstrate his/her knowledge and practical ability/skills to produce garments/articles focusing on suitability for selling.
- The practical assessment task for Consumer Studies for Grade 12 consists of a layout and cutting session and a practical examination.
- Learners perform the PAT individually.
  - **Layout and cutting session – ONE HOUR session (prior to the practical examination)**
  - **Term 3/4: Practical examination**
  - Learners will start and complete the garment/article during the practical examination.

### 2. MARK ALLOCATION

- The PAT counts 100 marks. The mark for the final practical assessment task is indicated in the table below.

Layout and cutting	15
Practical examination	85
<b>Final mark for PAT</b>	<b>100</b>

- The PAT mark forms part of the end-of-the-year assessment.
- The province will provide two separate computerised mark sheets, one for SBA and one for the PAT.

### 3. REQUIREMENTS FOR THE PRACTICAL EXAMINATIONS

Consumer Studies is a choice subject with five practical options. If the school chooses to offer Consumer Studies as a subject and selects the clothing practical option, the equipment and funds necessary to conduct the PAT as well as the specified number of practical lessons is the responsibility of the school as specified in the CAPS document on page 10.

Ensure the following:

- A suitable classroom with the necessary equipment must be available: large tables for cutting out; a minimum of 12 sewing machines; 2 overlockers; 2 or more ironing boards and irons; cutting-out scissors (one for each learner); electricity and equipment for sewing and making garments.
- A minimum of R80 to a maximum of R150 per learner is required for the practical examination, besides the funding required for the SBA weekly practical lessons.
- Divide the learners into groups of a maximum of 12. Twenty four learners (two groups of 12 learners) can take the examination on the same day, e.g. from 08:00 to 11:00 and from 12:00 to 15:00.
- The teacher needs time between the two sessions to prepare the classroom for the following group.
- Schools with large numbers of learners will need more than one day to complete this examination.

### 4. REQUIRED TIME FRAME

- Layout and cutting is done beforehand in a ONE-HOUR PERIOD under examination conditions.
- A timeframe of THREE HOURS is required for the practical examination.

### 5. SETTING THE PRACTICAL EXAMINATION

#### Practical examination

- The examination will take place on a date agreed upon with the moderator.
- The production process, workmanship and saleability of the garment/article are important aspects of the practical examination.
- The teacher must buy a commercial pattern for a garment/article that can be completed in THREE HOURS with the skills learners acquired during the weekly practical lessons for SBA and the practical examinations in Grades 10 and 11.
- The techniques to be completed during the practical examination should have a total skills-code weighting of 50 points.
- Learners must complete the one-hour layout and cutting session under examination conditions prior to the practical examination.
- Learners must start and complete the garment/article during the practical examination.
- After three hours learners should hand in their garment/articles for assessment. After the assessment has been completed, the garments/articles are returned to learners for correction and finishing off, if necessary.
- The garments/articles will NOT be remarked after the corrections have been made.

## 6. PREPARING FOR THE EXAMINATION

### The teacher is responsible for the following:

- Set the dates for both examinations. Communicate these dates to the SMT of the school to ensure that these dates do not clash with other school activities.
- All the equipment must be in working order and the sewing machines have to be serviced and repaired before the start of the practical examination.
- Copy the pattern, illustration(s) and instruction sheet for each learner or buy a commercial pattern for each learner. It is compulsory for each learner to work from an instruction sheet.
- Complete the mark sheets provided with the learners' names and their examination numbers.
- Learners must receive the instructions **ONE WEEK (7 school days)** prior to the layout and cutting session so that they can prepare.
- Purchase the fabric and haberdashery, cut the fabric to the required size for each learner.
- Make up a 'kit' for each learner to include the following:
  - Fabric in the required size
  - The pattern and instruction sheet
  - The necessary haberdashery, such as a zip, buttons and pins.
- Divide learners into groups according to the number of sewing machines that are available.
- Thread all the sewing machines with the appropriate colour thread and test the tension beforehand.
- Prepare the classroom and ensure the availability of the following:
  - Electrical power points and extension cords for all irons and sewing machines
  - Irons and ironing boards
  - Large tables for the layout and cutting out of articles
  - Enough small equipment, such as scissors, needles, quick-unpicks, pins, thread, bobbins, extra sewing machine needles and sharp scissors

## 7. PERFORMING THE PRACTICAL EXAMINATION

### 7.1 Layout and cutting session: 1 hour prior to the practical examination)

- Hand out each learner's 'kit' with the fabric, pattern, instruction sheet and haberdashery, such as the zip.
- The teacher is NOT allowed to assist the learners at all during the cutting-out session.
- During the cutting-out session the teacher allocates marks.
- Learners may improve/correct the cut-out pattern pieces or cut out new pieces AFTER the cutting-out session is over and marks have been allocated, but this will NOT be remarked.
- The teacher then keeps all the learners' pattern pieces in a safe place until the day of the practical examination.

### 7.2 Practical examination in Term 3: 3 hours

- When learners enter the classroom hand them their 'kits' with the cut-out articles and extra scraps of fabric (to test the sewing machine, should they wish to).
- Enough scissors, pins and needles should be available.
- The sewing machines must be ready at the tables.
- Individual learners, under the supervision of the teacher, should perform the practical examination.
- The garment/article should be ready for assessment after THREE HOURS.
- Learners will lose **2 marks for every 5 minutes late** up to a maximum of 20 marks.
- Only the teacher, the moderator and the candidates may be in the room during the practical examination.
- The teacher must invigilate and assess the learners while they are performing the practical examination and he/she may NOT do any other work or assist the learners in any way.
- The teacher must mark the practical examination and record the marks. After the garment/article has been marked, the learners may correct mistakes, make improvements and complete the garment/article.
- The garment will NOT be remarked after the corrections have been made.
- After the corrections have been made, the garments/articles are kept in a safe place until the day of moderation.

## 8. EVALUATION

- The teacher and external moderator have 45 minutes to evaluate the final garments/articles, inspect the learners' workstations and complete the mark sheets.
- The learners should tidy their workstations on completion of the practical examination so that the teacher/moderator may inspect the workstations for the final allocation of marks.

## 9. MODERATION OF THE PRACTICAL EXAMINATION

### 9.1 BEFORE the practical examination:

The teacher must submit the following to the subject advisor for approval by the **end of June or earlier**, to ensure that the examination is of an appropriate standard:

- The garment/article selected indicating the skills-code weighting of the techniques
- A photocopy of the pattern envelope
- An illustration of the garment
- The list of fabrics, haberdashery, etc. to be purchased
- The estimated cost per learner
- The completed checklist, checked and signed by the principal
- An instruction page for the learners with the assessment criteria and mark allocation for the practical examination
- The mark sheet for the practical examination
- Planning for all sessions (layout and cutting out and the practical examination) indicating the total skills-code weighting of techniques

**The PAT cannot be done unless it has been approved by the subject advisor.**

### 9.2 ON THE DAY of the practical examination:

- During Term 3 a maximum of 12 learners will be externally moderated by the subject advisor while performing the practical examination at the school.
- The teacher must have the following available for the moderator on the day of moderation:
  - All the garments/articles that learners made during the weekly practical lessons for SBA (if not moderated during SBA moderation)
  - A copy of the completed mark sheet for practical lessons
  - The completed garments/articles (marked) of all the learners who have completed the practical examination already
  - The marks of all learners who have completed the examination already
  - A separate set of assessment tools for the moderator to use, with the names and examination numbers of the learners already on the mark sheet
- The moderator will select 6 candidates randomly and assess them independently while they are performing the examination, as well as the garments/articles produced by the learners selected.
- Afterwards the moderator will compare his/her assessment with the assessment of the teacher. If the moderator finds that the marks of the teacher differ more than 10% from his/her marks, a block adjustment should be made upwards or downwards, based on the difference.
- The computerised mark sheet must be completed on the day of moderation.
- The following table demonstrates how to determine the difference between the moderator's marks and teacher's marks to establish whether adjustment is needed and also the margin of adjustment required:

Learner Names					PAT	
					100	
					*T	*M
Learner A					84	69
Learner B					83	70
Learner C					68	53
Learner D					59	44
Learner E					49	40
Learner F					45	40
<b>TOTAL</b>					<b>388</b>	<b>316</b>
<b>AVERAGE MARK = TOTAL ÷ 6 (number of learners)</b>					<b>66</b>	<b>53</b>
<b>DIFFERENCE = 66 (*T) – 53 (*M)</b>					<b>13</b>	
<b>ADJUSTMENT</b>	<b>DOWNWARDS</b>	✓	<b>UPWARDS</b>		<b>- 3</b>	

**\*T = Teacher; \*M = Moderator**

- A block adjustment can also be made based on the professional judgement of the moderator if the practical examination of the school is not of the expected standard.
- The moderator will discuss the outcome and any adjustments with the teacher. The final moderated marks should be entered on the computerised mark sheet.
- The marks of all learners will be affected if an adjustment is made.
- The marks of all the learners need to be finalised and entered on the computerised mark sheet on the day of moderation.
- The mark sheet must be signed by the teacher, principal and moderator.

**SKILLS-CODE WEIGHTING OF TECHNIQUES USED IN CLOTHING PRODUCTION**

- Use the following skills-code weighting to choose a pattern for the PAT as well as for the weekly practical lessons.
- The skills code indicates the weighting for the techniques and NOT the mark allocation.
- The weighting for a specific technique should only be allocated ONCE.
- The teacher could add a technique not listed below, after discussing it with the subject advisor. The teacher and subject advisor should then decide on the weighting for the new technique.
- A weighting is allocated according to the degree of difficulty of the technique.
- The total weighting of the techniques in the pattern chosen for the practical examination in Grade 12 should add up to a minimum of 50 points.

<b>Layout and cut from commercial pattern</b> <ul style="list-style-type: none"> <li>• Fabric folded correctly</li> <li>• Pattern placed on straight grain of fabric</li> <li>• All relevant pieces placed on fold</li> <li>• Pattern pieces pinned correctly onto fabric</li> <li>• Straight cutting on cutting lines</li> <li>• Notches cut accurately</li> <li>• Pattern markings</li> </ul>	<b>10</b> 1 2 2 1 2 1 1	<b>Make and attach sleeves</b> <ul style="list-style-type: none"> <li>• Easing or gathers (3 rows) around top edge</li> <li>• Sleeves fit neatly into armhole</li> <li>• All seams and seam finishing neat</li> <li>• Sleeve hem</li> </ul>	<b>15</b> 3 5 4 3
<b>Darts</b> <ul style="list-style-type: none"> <li>• Stitch from wide to narrow</li> <li>• Straight stitching</li> <li>• Press downwards or towards the middle</li> <li>• Knot threads at narrow point and insert thread into the dart</li> </ul>	<b>10</b> 2 2 3 3	<b>Zip</b> <ul style="list-style-type: none"> <li>• Seam allowance correct and even width</li> <li>• Seam finishing</li> <li>• Insert zip: stitching straight, correct width from zip</li> <li>• Corners at bottom of zip neat and square</li> <li>• Corners at top of zip neat and square</li> </ul>	<b>15</b> 2 2 4 3 3
<b>Tacks/Top stitching</b> <ul style="list-style-type: none"> <li>• Marking transferred correctly</li> <li>• Evenly spaced</li> <li>• Straight sewing</li> <li>• Suited to item/material</li> </ul>	<b>10</b> 2 3 3 2	<b>Crossway binding</b> <ul style="list-style-type: none"> <li>• Cutting bias strips</li> <li>• Join bias strips               <ul style="list-style-type: none"> <li>○ Attach binding for edge finishing</li> <li>○ Correct and even width</li> <li>○ Lies flat and even</li> <li>○ Machine or hand-stitched</li> </ul> </li> </ul>	<b>20</b> 5 5 3 3 2 2
<b>Open or closed straight seams with a finish</b> <ul style="list-style-type: none"> <li>• Straight stitching/smooth curve/square corner</li> <li>• Seam allowance correct and even width</li> <li>• Seam finishing</li> </ul>	<b>10</b> 4 3 3	<b>Pleats</b> <ul style="list-style-type: none"> <li>• Pattern marking transferred correctly</li> <li>• Evenly spaced</li> <li>• Even width</li> <li>• Suited to material/pattern</li> <li>• Fold of pleats on straight grain of fabric</li> </ul>	<b>12</b> 2 2 3 2 3
<b>Fasteners: loop and hook/button</b> <ul style="list-style-type: none"> <li>• Same size</li> <li>• Spacing</li> <li>• Suitable for garment</li> <li>• Firmly stitched</li> </ul>	<b>5</b> 1 1 1 2	<b>Stitched-on pocket</b> <ul style="list-style-type: none"> <li>• Pocket shape, size, hem/seams</li> <li>• Correct position on garment</li> <li>• Stitching to attach pocket to item</li> </ul>	<b>10</b> 3 3 4
<b>Shaped facing (for openings such as armhole or neckline)</b> <ul style="list-style-type: none"> <li>• Prepare facing and baste to opening</li> <li>• Attach facing</li> <li>• Facing lies flat and fits neatly into opening</li> <li>• Seam allowance graded inside, understitching</li> <li>• Facing even width</li> <li>• Finishing off of facing edges</li> <li>• Facing attached to shoulder/side seams</li> </ul>	<b>20</b> 3 4 3 4 2 2 2	<b>Buttons and buttonholes</b> <ul style="list-style-type: none"> <li>• Buttonholes: even size (hand/machine)</li> <li>• Spacing</li> <li>• Appearance</li> <li>• Firmly stitched</li> </ul>	<b>10</b> 3 2 2 3
<b>Make and attach collar</b> <ul style="list-style-type: none"> <li>• Preparing the collar before stitching (stay-stitch and baste parts together)</li> <li>• Collar edge smoothly stitched, thus smooth curve and/or sharp corners</li> <li>• Both sides alike</li> <li>• Seam allowance inside collar graded and notched correctly</li> <li>• Edge of collar understitched, basted and ironed</li> <li>• Attach collar to garment: fits properly</li> <li>• Seam smoothly stitched, graded, seam finish</li> </ul>	<b>20</b> 5 4 2 2 3 2	<b>Narrow single hems</b> <ul style="list-style-type: none"> <li>• Even and correct width</li> <li>• Neatly overlocked</li> <li>• Folded over evenly</li> <li>• Neatly stitched</li> </ul>	<b>8</b> 2 2 2 2
<b>Attaching raglan sleeves</b> <ul style="list-style-type: none"> <li>• Stitching straight</li> <li>• Seam allowance correct and even width</li> </ul>	<b>5</b> 2 3	<b>Layout and cutting from measurements, no pattern</b> <ul style="list-style-type: none"> <li>• Fabric folded correctly</li> <li>• Measurements marked on fabric accurately</li> <li>• Straight grain of fabric used correctly</li> <li>• Straight cutting</li> </ul>	<b>15</b> 3 4 4 4
<b>Attaching raglan sleeves</b> <ul style="list-style-type: none"> <li>• Stitching straight</li> <li>• Seam allowance correct and even width</li> </ul>	<b>5</b> 2 3	<b>Front opening and neck band</b> <ul style="list-style-type: none"> <li>• Reinforced</li> <li>• Bands even width</li> <li>• Neck band fits properly</li> <li>• No pleats</li> <li>• Firmly stitched</li> </ul>	<b>15</b> 2 4 3 2 4



**TEACHER PLANNING:  
GRADE 12 PRACTICAL EXAMINATION**

*(To be submitted to the subject advisor for moderation at the end of June or earlier.)*

<b>Name of school:</b>
<b>Name of teacher:</b>
<b>Date and time of examination sessions:</b>

**TESTS FOR PAT GRADE 12  
(Attach copies of patterns and instruction sheets)**

<b>LAYOUT AND CUTTING</b>	
<b>TECHNIQUES</b>	<b>WEIGHTING</b>
<b>TOTAL</b>	

<b>PRACTICAL EXAMINATION</b>	
<b>TECHNIQUES</b>	<b>WEIGHTING</b>
<b>TOTAL</b>	

**EXAMPLE OF TEACHER PLANNING FOR PURCHASES***(To be submitted to subject advisor for moderation at the end of June or earlier.)*

Total number of learners	Groups	Number of learners per group	Dates	Time
25	1	8	10/09/2020	08:00–11:00
	2	8	10/09/2020	12:30–15:30
	3	9	11/09/2020	08:00–11:00

Requirements	Quantity required per learner	Number of learners	Total
Poly cotton	1 m	25	25 metres
Sewing thread	1 reel		25 reels
Pattern	1		25 patterns
Vilene	0,50 m		12,5 metres
Thread for basting	1		25 reels
Zip	1		25 zips

**TEACHER'S SHOPPING LIST**

Requirements	Amount	Approximate cost
Poly cotton	25 metres	
Sewing thread	25 reels	
Pattern	25 patterns	
Vilene	12,5 metres	
Thread for basting	25 reels	
Zip	25 zips	

**Approximate cost of shopping list:** .....

**ESTIMATED COST PER LEARNER:** .....

**TEACHER PLANNING FOR PURCHASES**

*(To be submitted to subject advisor for moderation at the end of June or earlier.)*

Total number of learners	Groups	Number of learners per group	Dates	Time

Requirements per learner	Quantity required per learner	Number of learners	Total

**TEACHER'S SHOPPING LIST**

Requirements	Amount	Approximate cost

**Approximate cost of shopping list: .....**

**ESTIMATED COST PER LEARNER: .....**

<b>CONSUMER STUDIES PRACTICAL ASSESSMENT TASK CLOTHING PRODUCTION CHECKLIST FOR PLANNING TO BE HANDED IN FOR MODERATION</b>
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<b>SCHOOL</b>		
<b>TEACHER</b>		
<b>PRINCIPAL</b>		
<b>DATE SUBMITTED</b>		
<b>Dates of all PAT sessions</b>	<b>Proposed moderation date</b>	<b>Approved moderation date</b>

CRITERIA	YES/NO	COMMENTS BY MODERATOR
<b>Garments/articles included for PAT</b>		
An illustration of the garment/photo copy of the pattern envelope		
Copy of the pattern instruction sheet to be provided to learners		
Completed list of techniques and skills-code weighting of article for practical examination		
Criteria for techniques used for garment		
List of purchases		
Estimated cost per learner		

**APPROVED/NOT APPROVED**

**RESUBMISSION DATE:** \_\_\_\_\_

**Signatures:**

**TEACHER:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**PRINCIPAL:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**MODERATOR:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**CRITERIA FOR TECHNIQUES USED:**

<b>Neatness of garment</b>	<ul style="list-style-type: none"> <li>No dirty marks/fabric clean</li> <li>No puckered seams</li> <li>No visible pattern markings</li> </ul>	<b>(10)</b>
<b>Prescribed techniques completed</b>	<ul style="list-style-type: none"> <li>All techniques successfully completed</li> </ul>	<b>(10)</b>
<b>Stitching</b>	<ul style="list-style-type: none"> <li>Narrow zigzag stitch/stretch stitch</li> <li>Colour of thread must match the colour of the material</li> <li>Stitch tension correct/supple enough to 'give' with the fabric (ball point/stretch needle in medium weight size to ensure correct stitching)</li> <li>Stitching must be securely ended off</li> <li>Overlocker – use three-thread overlock for major seams; use four-thread overlock for stress seams (crotch/armhole)</li> </ul>	<b>(10)</b>
<b>Construction</b>	<ul style="list-style-type: none"> <li>Seams all have the required/specified width</li> <li>Stripes/checks aligned at seams</li> <li>Seams (side and armhole) should match</li> <li>Neck band and front band should lie flat/no pleats/ not puckered</li> <li>Trim seams where relevant to reduce bulk, e.g. front band</li> </ul>	<b>(20)</b>
<b>Finishing</b>	<ul style="list-style-type: none"> <li>No loose threads</li> <li>No scorch marks</li> <li>Neatly ironed</li> </ul>	<b>(10)</b>

**Neatness of articles, prescribed techniques, stitching, construction and finishing:**

- 0–1 Unacceptable, does not meet the requirements, cannot sell  
 2–3 Poor, meets some requirements, will not sell  
 4–6 Average, meets most requirements, should sell  
 7–8 Good, meets all the requirements, should sell well  
 9–10 Excellent, exceeds all requirements, will sell very well

MARK SHEET FOR CLOTHING PRACTICAL EXAMINATION													
SCHOOL		NAMES OF LEARNERS											
		1	2	3	4	5	6	7	8	9	10	11	12
DATE													
EXAMINER													
<b>1</b>	<b>PRACTICAL SKILLS AND TECHNIQUES</b>												
	<b>Layout and cutting out of pattern</b>	<b>15</b>											
	Material folded correctly	2											
	Economical placing of pattern pieces	3											
	Pattern pieces on fold of material	2											
	Straight cutting	3											
	Follow pattern instructions	5											
	<b>Use of equipment</b>	<b>5</b>											
	Correct handling of small equipment, e.g. tape measure, scissors, needles	2											
	Correct handling of large equipment, e.g. sewing machine, overlocker, iron <i>(Machines correctly threaded and used, safe and correct use of equipment.)</i>	3											
<b>2</b>	<b>Sequence of work and efficient use of time</b>	<b>5</b>											
	Ability to follow given pattern instructions	3											
	Efficient use of time	2											
	<b>NEATNESS AND ECONOMIC USE OF RESOURCES</b>												
	<b>Organisation of workstation and equipment</b>	<b>5</b>											
	Workstation well organised	2											
	Small equipment not lying around	1											
	Handling of equipment after use, correct handling of off-cuts and waste <i>(Teacher observes each learner regularly during the exam to determine the final mark.)</i>	2											
	<b>Personal appearance</b>	<b>5</b>											
	Appropriately dressed (school uniform, clean hands)												
<b>3</b>	<b>Neatness of workstation after practical</b>	<b>5</b>											
	Equipment unplugged, cleaned and stored securely	2											
	Electrical power points switched off	2											
	Work area neat and clean	1											
	<b>SUITABILITY FOR SELLING:</b>												
	<b>General appearance</b>	<b>20</b>											
	Neatness of article	10											
	Prescribed techniques completed	10											
	<b>Workmanship</b>	<b>40</b>											
	Stitching	10											
Construction	20												
Finishing	10												
<b>TOTAL</b>	<b>100</b>												

**EXAMPLE OF A CLOTHING ITEM FOR THE PRACTICAL ASSESSMENT TASK**

**YOUNG ADULT'S KNIT TOP AND PANTS (Simplicity 1285)**



**WEIGHTING:** Select techniques to a weighting value of 50 skill-code points, e.g.

***Layout and cutting = 10; seams = 10; waistband with elastic = 20; leg bands = 10***

TECHNIQUE	WEIGHTING
Layout and cutting out	10
Open/closed seams and finishes	10
Raglan sleeves	5
Front opening and neck band	20
Hems	10
Stitched-on pocket	10
Fly opening	5
Waistband with elastic/leg band	20
Leg bands	10
<b>TOTAL:</b>	<b>100</b>

**REQUIREMENTS:**

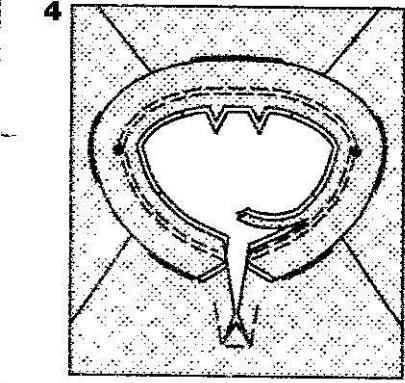
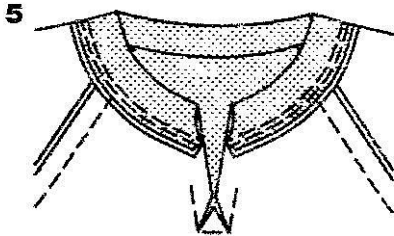
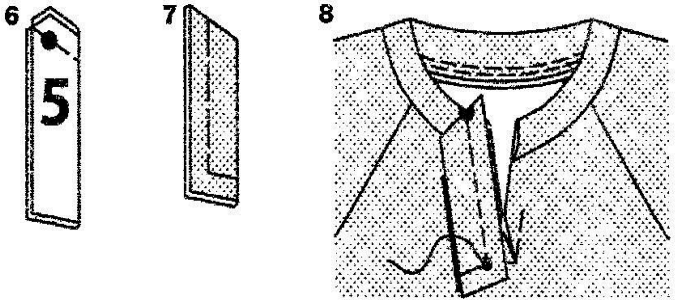
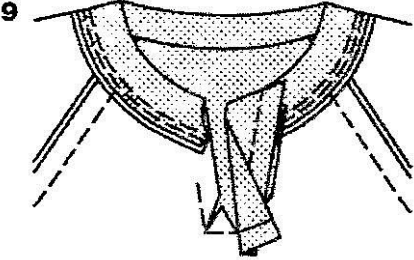
- 1,60 m stretch knit for top (size 87–92)
- 1,40 m stretch knit for pants (size 87–92)
- 1,10 m of 3,2 cm wide elastic
- Thread
- Ball point or stretch needles for sewing machine (medium weight size)
- Needles
- Pins
- Measuring tape
- Quick unpick (optional)
- Scissors (cutting out and utility)

**LAYOUT AND CUTTING OUT SESSION: (prior to practical examination)  
(Can choose to make the top OR the pants)**

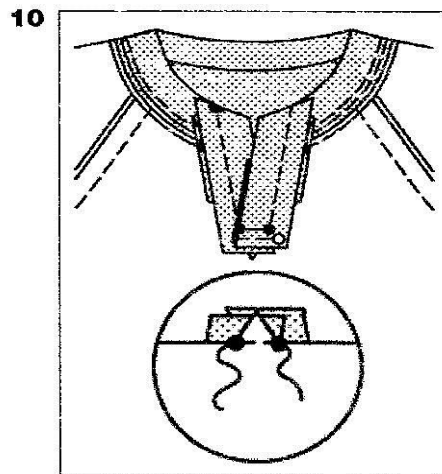
1. Lay the pattern pieces on the fabric, pin and cut out.
2. Transfer pattern markings, where applicable.
3. Fold all pattern pieces and extra fabric and submit to teacher for marking.
4. You may correct the cutting out AFTER the teacher has marked your work. NO marks will be awarded for redoing the cutting out.
5. All pattern pieces must be handed to the teacher for safekeeping until the day of the practical examination.

<b>PRACTICAL EXAMINATION: 3 HOURS</b>	
<b>INSTRUCTION</b>	<b>ILLUSTRATION</b>
<p>1. With right sides together and raw edges even, pin sleeve (2) to front (1) and back (3), matching small dots. Stitch or serge/overlock. Press seam towards sleeve. If stitched, finish raw edges.</p>	
<p>2. To reinforce front, stitch along stitching lines, as shown. Clip diagonally to small dots, being careful not to clip through stitching.</p>	
<p>3. Fold neck band (4) in half, lengthwise, with wrong sides together, matching centre back, small dots and notches; press. Pin.</p>	

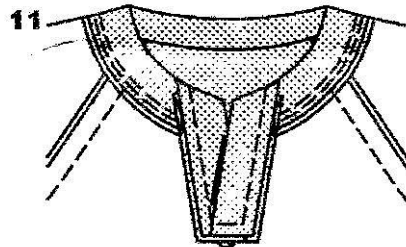


<p>4. On OUTSIDE, pin band to neck edge, matching centre back and small dots. Stitch or serge/over lock, stretching band to fit. <b>For conventional machine:</b> Stitch again 6 mm from first stitching within the seam allowance. Trim seam close to second stitching.</p>	
<p>5. Press seam down, pressing band out.</p>	
<p>6. Fold front band (5) in half, with right sides together, matching large dots. Stitch end with large dot. Trim seam.</p>	
<p>7. Turn band; press. Baste raw edges together.</p>	
<p>8. Working on one half of top at a time. On OUTSIDE, pin band to front opening edge, matching small and large dots. Stitch above small dot; back-stitch at small dot to reinforce seam. Trim seam.</p>	
<p>9. Press band out; pressing seam away from centre. Bring lower end to INSIDE over clipped edge.</p>	

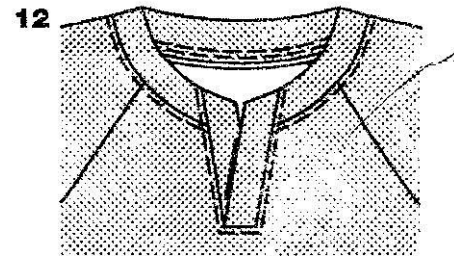
10. Apply remaining band to remaining front edge in same manner. On **INSIDE** lap **RIGHT** front band over **LEFT**, matching small dots. With **RIGHT** sides together, pin lower edge of band and clipped edge of front together, matching small dots; back-stitch at dots to reinforce seam.



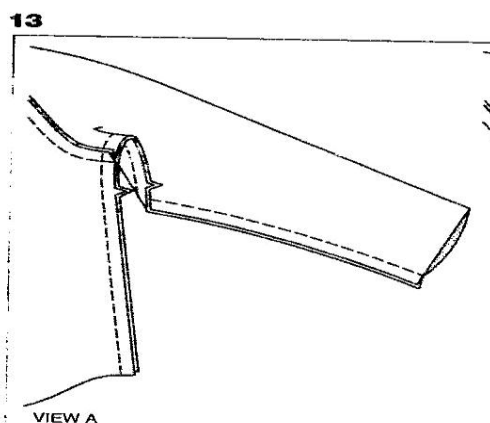
11. Serge/overlock band seam allowances.  
**For conventional machines:**  
 Trim seam allowance to within 6 mm of seam. Press seam down.

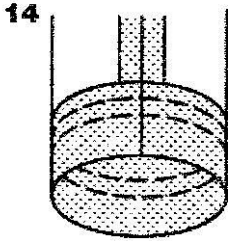
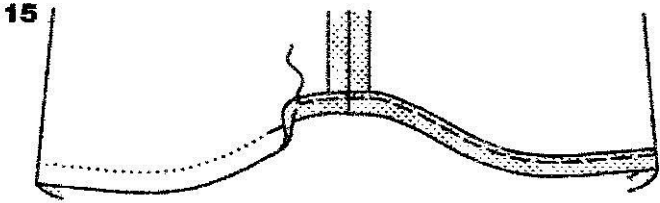
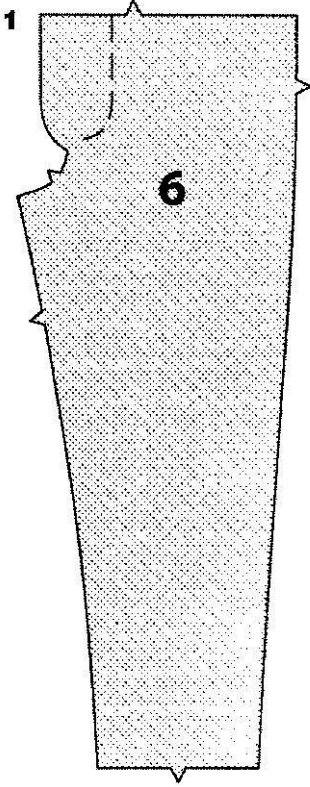
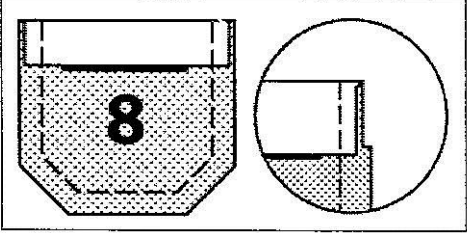


12. On **OUTSIDE**, stitch top close to neck-band seam between front band seams. Stitch top close to front band seam.

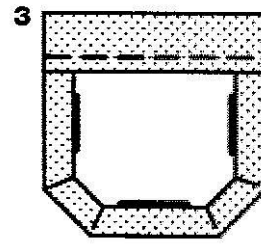


13. Stitch or serge/overlock front to back at entire under arm seam, matching armhole seam.

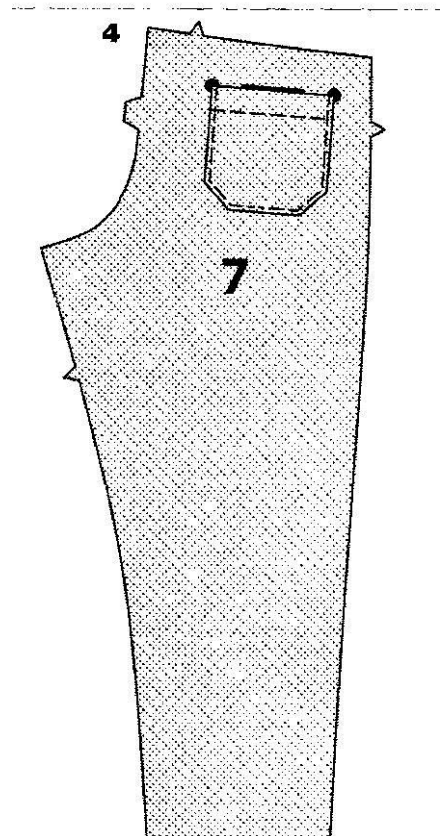


<p>14. Press up sleeve hem. Stitch or zigzag 6 mm from raw edge and 6 mm below first stitching.</p>	
<p>15. Press up hem on lower edge of top. Stitch or zigzag close to raw edge.</p>	
<p><b>PANTS</b></p>	
<p>1. Transfer stitching line on LEFT front (6) to OUTSIDE with hand-basting.</p>	
<p>2. Turn upper edge of pocket (8) to OUTSIDE along fold line, forming facing. Stitch along seam line on raw edges. Trim seam allowance in the facing area to 6 mm.</p>	

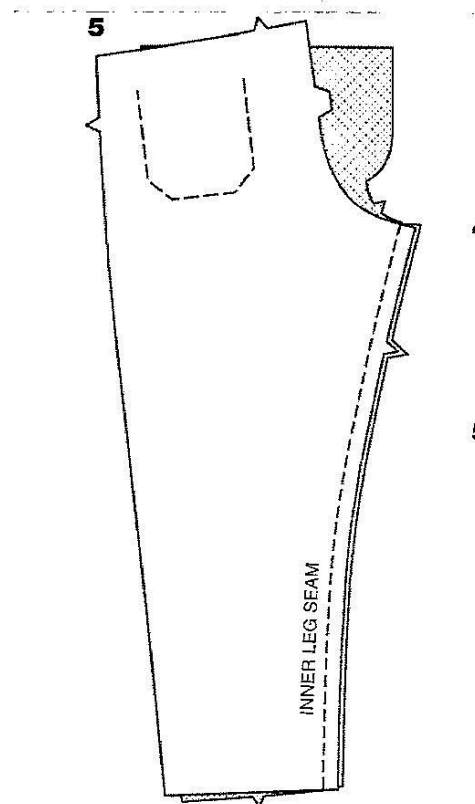
3. Turn corners **RIGHT** side out, turning facing to the **WRONG** side; press, pressing under raw edges along stitching. Stitch 6 mm from raw edge of facing.



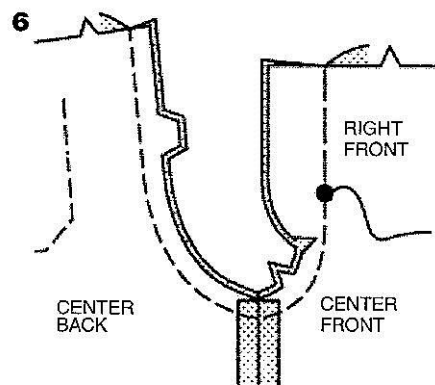
4. On **OUTSIDE**, pin pocket to **RIGHT** back (7), placing upper corners at large dots. Stitch close to side and lower edges.



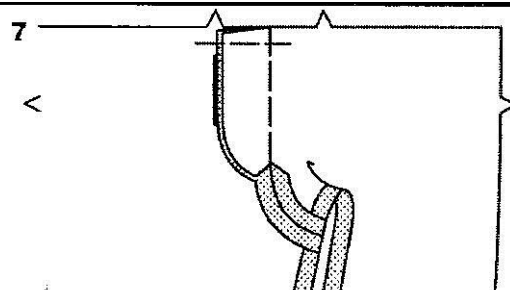
5. Stitch or serge/overlock front to back at inner leg seams.



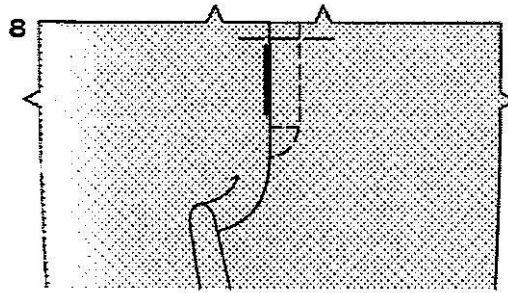
6. With RIGHT sides together, pin centre seam, matching centre front lines, inner leg seams, notches and large dots. Stitch along seam line and centre front line from upper edge in back to large dot. To reinforce seam, stitch again over first stitching. Machine-baste along centre front line from large dot to upper edge in front. Clip RIGHT front seam allowance to stitching at lower end of fly extension.



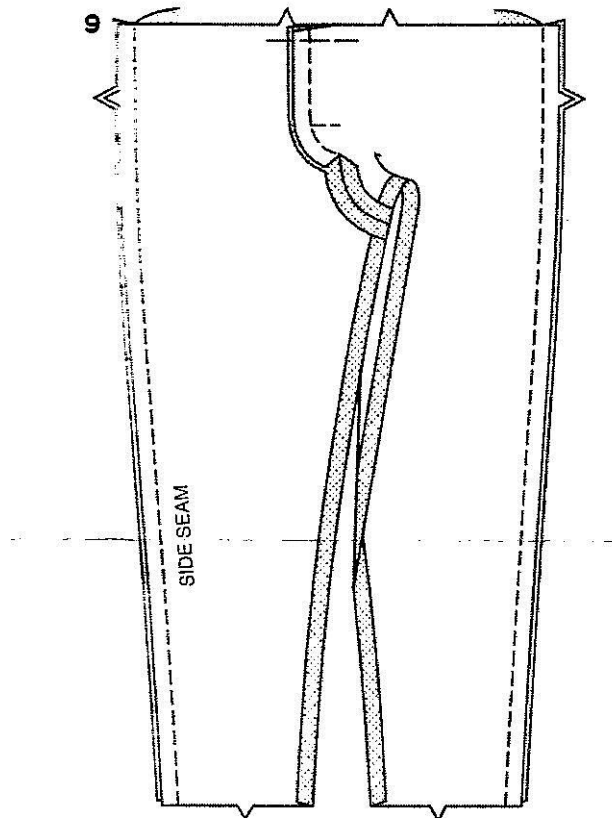
7. On INSIDE press fly extensions towards LEFT front. Baste across upper edge of fly.



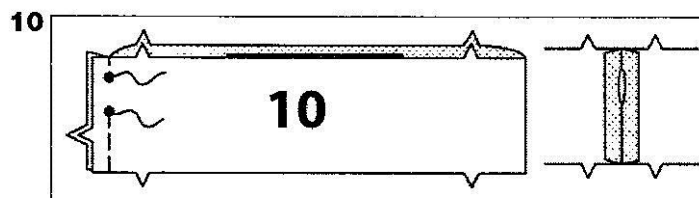
8. On OUTSIDE, pin LEFT front in place. Top stitch LEFT front along stitching line and across lower end. Remove centre front basting.

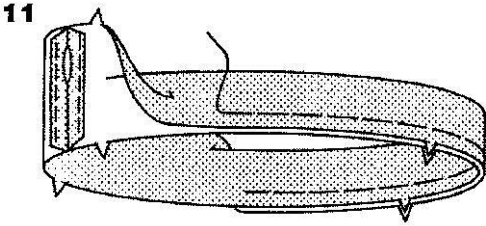
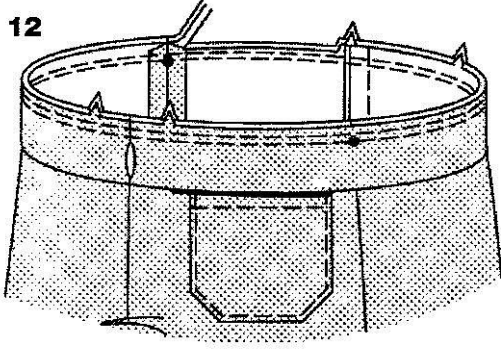
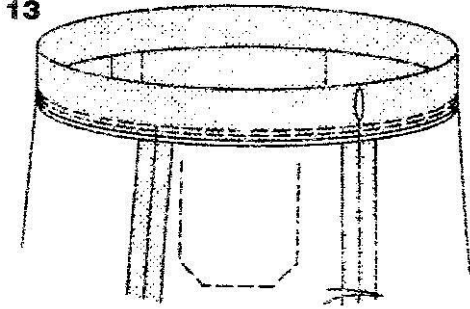


9. Stitch or serge/overlock front to back at side seams.

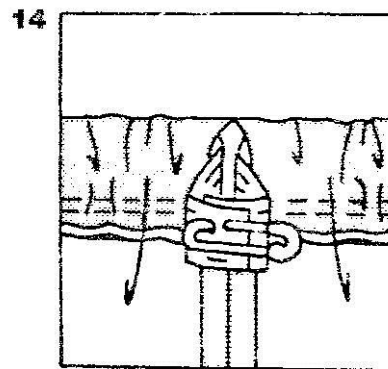


10. With RIGHT sides together, stitch centre back seam of casing (10), leaving an opening between small dots, as shown. Back stitch at small dots to reinforce seam. Press seam open.

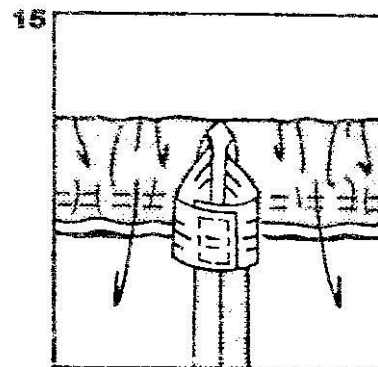


<p>11. To keep elastic from getting stuck in the seam allowance as it is inserted, use fusible web or machine-baste to anchor them to the casing. Be sure to remove basting after casing is finished. Fold casing in half, lengthwise, with WRONG sides together, having raw edges even. Baste raw edges together. The side with the opening is the underside of the casing.</p>	
<p>12. With the underside of the casing facing you, pin casing to pants, matching centres, placing small dots at side seams. Stitch or serge/over lock along seam line. <b>For conventional machine:</b> Stitch again 6 mm from first stitching within seam allowance. Trim close to 2<sup>nd</sup> stitching.</p>	
<p>13. Press seam towards garment, pressing casing out.</p>	

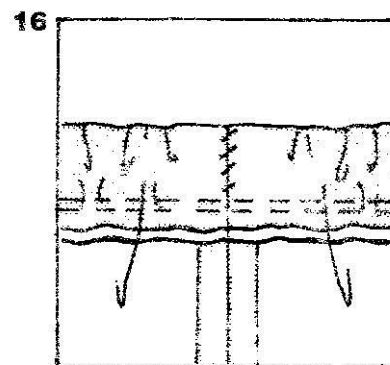
14. Cut elastic the length of the elastic guide (11), insert elastic through opening in casing. Overlap ends and hold in position with a safety pin.



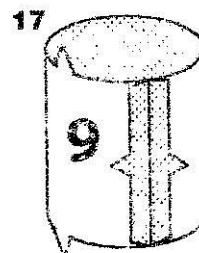
15. Stitch ends of elastic together securely.



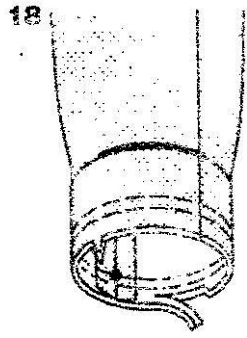
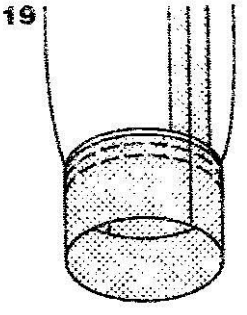
16. Slip-stitch opening edges of casing together. Distribute fullness evenly. Remove basting.



17. With RIGHT sides together, stitch notched ends of leg band (9).





<p>18. Fold leg band in half, with <b>WRONG</b> sides together and raw edges even; press. On <b>OUTSIDE</b>, pin band to leg edge, matching inner leg seams and placing small dot at side seam, having raw edges even. Stitch or serge/over lock, stretching band to fit.</p> <p><b>For conventional machine:</b> Stitch again 6 mm from first stitching within the seam allowance. Trim close to second stitching.</p>	
<p>19. Press seam towards pants, pressing band out.</p>	

**If the teacher uses a home-made pattern, a pattern instruction leaflet should be included.**