

**NATIONAL  
SCHOOL SPORT  
CALENDAR  
2009**



**sport & recreation**

Department:  
Sport and Recreation South Africa  
**REPUBLIC OF SOUTH AFRICA**



**education**

Department:  
Education  
**REPUBLIC OF SOUTH AFRICA**

# FOREWORD

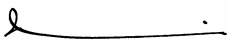
Sport forms an integral part of the school programme, and should be offered at all schools. Schools and parents should encourage every child to participate regularly in one or more sporting activities at their school.

There is ample evidence to show that participation in physical activity has significant advantages. Besides the obvious benefits to health, it is shown that participation in sport can contribute to improved academic performance, as well as to an improved self-image and sense of general well-being. For this reason, the Department of Education, together with Sports and Recreation South Africa, views school sport as an important vehicle for the promotion of social cohesion and transformation, the development of a sense of national identity, and for encouraging healthier lifestyles for our youth. The interaction with other learners during a game or event helps to break social barriers, and builds respect for authority and the “rules of the game”. We believe that if all schools were to offer a comprehensive programme of curricular and extra-curricular physical activities we would see a dramatic decline in the incidences of risky behaviours, including substance abuse, sexual activities and crime. Sport channels the enormous energies of our youth in positive directions.

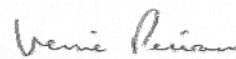
A well-organised and planned programme of school sport, including physical education during the school day, should facilitate the creation of safe and caring schools, and allow for quality teaching and learning to occur. The starting point is to ensure that besides the compulsory programme of physical education, every school introduces at least two sporting codes for each school term – for both boys and girls. These may be for recreational purposes, aimed at mass participation, as well as more competitive purposes, involving events with other schools. Through such activities, the key values of hard work, respect for authority, and team loyalty can be developed. To win and yet be modest; to lose but with dignity – these are some of the most important lessons of life, and they are best learnt on the sports field.

This national School Sports Calendar has been compiled to assist schools in planning their own programmes, and to ensure that teaching and learning are not disrupted by unplanned activities.

We wish you all the best for a sporting 2009, and urge you to ensure that we all play our part in building a winning nation.



**Mr D Hindle**  
**Director-General: Education**



**Mr V Petersen**  
**Director-General: Sport and Recreation**

# GETTING STARTED

## Offering Physical Education

The provision of Physical education is compulsory. It is a component of the Life Orientation curriculum which is a compulsory curricular offering for all learners in Grades R-12. Schools must offer a weekly Physical Education period as suggested in the Assessment Guidelines. This means providing 45 minutes per week for Grades 4-7 and 60 minutes per week for Grades 10-12. By exposing learners to basic motor skills, including games, loco -motor movement, rhythmic movement and fitness, they get an opportunity to identify the motor skills they are good at and develop the skills in a relatively relaxed setting. This creates in them the love for movement and the need to engage further as part of the School Sport programme offered by a school. For example, the basic soccer skills taught in a games setting with relaxed rules and a modified field and team during Physical Education can be extended into the more formal version of the code as part of the School Sport programme offered outside of contact time. Learner interest can be generated and learner participation encouraged in this way when introducing a new code at the school.

All movement activities should be developmentally appropriate for the particular age and grade group that is being targeted. This protects learners against injury and keeps them interested.

## Getting all learners to play

### ESTABLISHING LEAGUES

#### INTRA-SCHOOL LEAGUES

The most effective way in which to get all learners to participate in sport is through the establishment of intra-school leagues in the different School Sport codes. The best way to get the leagues up and running at a school is to organize the learners enrolled at the school in houses. This is done by allocating an equal number of learners to each house, making sure that each house includes the range of age groups and/or grades offered at the school. A league system is then created by getting the same age and/or grade groups from different houses in a code to play against each other in a weekly match on a Wednesday or Friday, for example. A Monday or Tuesday could be used to practice in preparation for weekly matches. Intra-school leagues are a great way to encourage mass participation and to allow learners who are not too sporty to participate in physical activity for fun and relaxation, and other health-related benefits. Points can be allocated to a house, depending on how they fare in a code and the number of learners participating, and these points can accumulate across a school term, sport season or year, with the winning house receiving the trophy

#### INTER-SCHOOL LEAGUES

Inter-school leagues can be established in a similar manner to that of intra-school leagues, except that in this instance the same age and/or grade groups from different schools play against each other in a code in a weekly match. Social leagues can be arranged to encourage mass participation and competitive leagues to cater for skilled athletes.

# CHOOSING SCHOOL SPORT CODES

The choice of which selection of School Sport codes to offer at a school is largely dependent on the resources – human and physical – available to sustain the offering of a particular code. Teacher interest and ability to offer a School Sport code will mainly determine the codes offered, along with the facilities and equipment available at the school or in the nearby community. The lack of the correct size field should not, however, put a school off wanting to offer soccer. Soccer can be just as much fun played according to modified rules and team sizes when an even playing surface of limited space is put to good use. A school could also twin with a neighbouring school where one school offers a code, for example netball, to the learners from both schools and the other school offers another code, for example cricket, to both schools. School Sport programmes can be initiated in several schools in close proximity in this manner.

Ultimately each school should offer learners a choice of at least two School Sport codes per school term.

## CODE SCHEDULE FOR NATIONAL CHAMPIONSHIPS

<b>NATIONAL CHAMPIONSHIPS</b>	<b>TIMEFRAME 2009</b>	<b>SCHOOL SPORT CODES</b>
<b>Autumn Games</b>	March – April	Athletics, Aquatics
<b>Winter Games</b>	June – July	Volleyball, Football, Rugby, Netball, Hockey, Tennis
<b>Spring Games</b>	September – October	Baton Twirling, Chess, Cross-Country, Gymnastics
<b>Summer Games</b>	December	Basketball, Table Tennis, Baseball, Cricket, Softball

## HOW TO READ THE SCHOOL SPORT CALENDAR

The events which feature on the calendar have been colour-coded according to the level at which the event is hosted, and a separate colour has been used to indicate the courses / workshops / meetings

### KEY TO EVENTS

	School and provincial events
	National events
	International events
	Courses / Workshops / Meetings

# NATIONAL SCHOOL SPORT CALENDAR 2009

## CODE: AQUATICS (Swimming, Diving, Synchronised Swimming)

### 1<sup>st</sup> QUARTER

January	Inter-school leagues
31 January	Inter-house swimming to be completed
07 February	District/Regional Championships to be completed
07-08 Feb	Midmar Mile (open water swimming. Individual and school team entries)
21 February	Provincial Championships / trials (including LSEN) to be completed
06-07 March	<b>National Aquatics Championships</b> (Diving, synchronized swimming, swimming, multi-disability swimming)
27 March	Inter-high / primary to be completed

### 2<sup>nd</sup> QUARTER

May – June	<b>Technical officials courses in provinces</b> <b>District, regional and provincial code AGMs</b>
May	<b>ISF Swim Cup (School based for secondary schools)</b>

### 3<sup>rd</sup> QUARTER

21 September	Provincial feedback to schools & planning for new season to be completed
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### 4<sup>th</sup> QUARTER

14 October	Inter-school leagues commence <b>Learn to swim, water competency courses in provinces</b>
16 October	Regional / District development trials for satellite swimming
31 October	Satellite development swimming (inclusive of multi-disability) & talent I.D. with federations (six satellites with cut-off times set)
07 November	Friendly galas
December	<b>ISF Gymnasiade (swimming), Qatar</b>

## CODE: ATHLETICS

### 1<sup>st</sup> QUARTER

January	Inter-House Eliminations
February	Circuit/District level inter-schools
13-14 March	<b>L.S.E.N. National Track &amp; Field Championships, Sasolburg</b>
21 March	Provincial Track & Field Championships to be completed
29-31 March	<b>S.A. Primary Schools Track &amp; Field Championships, Polokwane</b>

**2<sup>nd</sup> QUARTER**

<b>05-07 April</b>	<b>S.A. Secondary Schools Track &amp; Field Championships, Durban</b>
<b>01-03 May</b>	<b>COSSASA Track &amp; Field Championships, Lesotho</b>
<b>May – August</b>	<b>Schools Cross Country Leagues</b>
<b>25-30 June</b>	<b>ISF Track &amp; Field Championships, Estonia</b>

**3<sup>rd</sup> QUARTER**

<b>05 September</b>	<b>L.S.E.N. National Cross Country Championships, Limpopo</b>
<b>12 Sept</b>	<b>Provincial Cross Country Championships to be completed</b>
<b>25-26 Sept</b>	<b>S.A. Schools Cross Country Championships, Kimberly</b>

**4<sup>th</sup> QUARTER**

<b>December</b>	<b>ISF Gymnasiade, Track &amp; Field, Qatar</b>
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**CODE: BASEBALL****1<sup>st</sup> QUARTER**

<b>6 February</b>	<b>Team registration for April Inter-Regional Tournament (IRT) U10/U12/U14/U16/U18 B&amp;G</b>
<b>21-22 February</b>	<b>Capacity building course for Umpires/ Scorers/Coaches/Admin all Provinces</b>
<b>6 March</b>	<b>Player registration for April (IRT)</b>
<b>21 March</b>	<b>Code Meeting / Elections, Gauteng</b>

**2<sup>nd</sup> QUARTER**

<b>5-9 April</b>	<b>Annual Inter-Regional Tournament (IRT), Cape Town U10/U12/U14/U16/U18 B&amp;G</b>
<b>27-28 June</b>	<b>Advanced Technical Officials Courses for Umpires/Scorers/Coaches/Admin, Gauteng</b>

**3<sup>rd</sup> QUARTER**

<b>19 September</b>	<b>National PHR/Tee Ball/Coach Pitch/Day, All Schools, All Provinces</b>
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**4<sup>th</sup> QUARTER**

<b>October</b>	<b>Final selection of Summer Games' teams, All Schools, All Provinces</b>
<b>December</b>	<b>Summer Games Primary Schools U13 B&amp;G Summer Games Secondary Schools U15/U17 B&amp;G,</b>

## CODE: BASKETBALL

### 1<sup>st</sup> QUARTER

January	School Leagues Commence (U13/ U15/ U17)
<b>29-31 January</b>	<b>Mini-Basketball Coaching and Technical Clinic, Cape Town</b>
23 February	Mini-Basketball League Roll Out, All Provinces
<b>19-23 March</b>	<b>I.S.F (Turkey/Israel)</b>

### 2<sup>nd</sup> QUARTER

27 April-02 May	Mini-Basketball Provincial Championship
04 May	Provincial Inter-School League Championship U13/ U15/ U17

### 3<sup>rd</sup> QUARTER

24 August	2009/2010 Mini-Basketball League Commences
<b>27-29 August</b>	<b>U/15 Interschool National Championship, East London</b>
<b>3-5 September</b>	<b>COSSASA U/17</b>

### 4<sup>th</sup> QUARTER

10-13 December	Summer Games U/13, U/16 and U/18 Wheelchair
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## CODE: BATON TWIRLING

### 1<sup>st</sup> QUARTER

12-16 January	School Code committee elections
19-23 January	Cluster/ Club Code committee elections
26-30 January	District/ Regional Code committee elections
02- 06 February	Provincial code elections
	<b>Capacity building Programme for all satellites in Pretoria: Gauteng, Limpopo, Mpumalanga and North West</b>
<b>06-08 February</b>	<b>Athletes Training Programme in Durban: Free State, Kwa Zulu Natal, Northern Cape.</b>
<b>06-08 February</b>	<b>Coaches Training programme in Cape Town: Northern Cape, Eastern Cape, and Western Cape.</b>

**2<sup>nd</sup> QUARTER**

<b>8-12 April</b>	<b>Team South Africa Camp Training, Durban</b>
<b>01-03 May</b>	<b>School/clubs leagues for Solo, Pairs Inter cluster/ Clubs leagues for Solo, 2 Baton, 3 Baton and Pairs. All Provinces</b>
	<b>Nights of Nights Festival all Provinces, North West Rustenburg</b>
<b>08-10 May</b>	<b>Judges Master workshop, Port Elizabeth</b>
<b>23-27 June</b>	<b>Team South Africa Camp, Port Elizabeth</b>
<b>24-27 June</b>	<b>National Development Competition and Selection of Athletes for National Summer Games, Satellites Provinces</b>

**3<sup>rd</sup> QUARTER**

<b>25-31 July</b>	<b>Team South Africa Final Camp An departure to Sydney, Australia</b>
<b>01-02 August</b>	<b>Judges Master Workshop</b>
<b>06- 09 August</b>	<b>5<sup>th</sup> International Cup, Dunc Gray Velodrome, Australia, Sydney</b>
<b>14-15 August</b>	<b>Inter Regional Selection for Elite Athletes, All Provinces</b>
<b>21-22 August</b>	<b>Inter Provincial Selection for elite Athletes, All Provinces</b>
<b>28-29 August</b>	<b>Coaches and Judges Clinic Qualifying Selection, National – Pretoria</b>
<b>31 August</b>	<b>Presentation of Selected Provincial Teams Results/ Final Grading for Nationals</b>
<b>21-25 September</b>	<b>Baton Twirling South Africa Nationals (Selection for the World Baton Twirling Championships) Free State, Bloemfontein</b>

**CODE: CHESS****1<sup>st</sup> QUARTER**

<b>February</b>	<b>National Federation Council meeting, School's Chairperson and Secretary must attend</b>
<b>7-8 March</b>	<b>Development Course – Train the teachers Chess General Council Meeting</b>

**2<sup>nd</sup> QUARTER**

<b>13 April</b>	<b>Commencement of District Inter-schools Leagues</b>
<b>26 April- 04 May</b>	<b>International Chess in Schools Championships, Greece- Thessaloniki- Hosted by (ISCU)</b>
<b>29 June- 01 July</b>	<b>National Schools Chess Championships and National Executive Meeting</b>



**3<sup>rd</sup> QUARTER**

<b>July- August</b>	<b>School Leagues continues</b>
<b>August</b>	<b>National Federation Council Meeting, School's Chairperson and Secretary to attend</b>
<b>24- 26 September</b>	<b>National Top Schools Chess Championships, venue to be confirmed</b>

**4<sup>th</sup> QUARTER**

<b>October</b>	<b>General Council Meeting- Planning for 2010</b>
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**CODE: CRICKET****1<sup>st</sup> QUARTER**

<b>January</b>	<b>National U/17 Regional Week, Stellenbosch</b> <b>England U/19 Tour South Africa, Cape Town</b> <b>National Schools Tournament review Meeting , Johannesburg</b> <b>Inter-Schools' fixtures, Zonal/District fixtures commence</b>
<b>February</b>	<b>Inter-Schools' fixtures, Zonal/district fixtures continue, Nationally</b> <b>Bakers Mini Cricket Festival for KZN and KZN inland Cricket Union</b> <b>Bakers Provincial Tour</b>
<b>March</b>	<b>Bakers Mini Cricket Festival for Limpopo and Mpumalanga Cricket Unions</b>

**2<sup>nd</sup> QUARTER**

<b>April</b>	<b>Trial process in all age groups continues</b> <b>South African Schools Cricket Executive meeting, Cape Town</b> <b>South African Schools Cricket General Council meeting, Cape Town</b>
<b>June</b>	<b>U/15 and U/17 Regional Talent Camps</b> <b>U/19 Talent Acceleration Camps</b>

**3<sup>rd</sup> QUARTER**

<b>July</b>	<b>Bakers Mini Cricket Seminar for Boland, Gauteng, Northerns, and Western Province Cricket Associations</b>
<b>August</b>	<b>Bakers Mini Cricket Seminar for Border, Eastern, Eastern Province, Free State, Griqualand West, Kei, and South Western Districts Boards</b>

**September**                    **Bakers Mini Cricket Seminar for KZN, North West, Limpopo, KZN Inland Cricket Unions**  
**Bakers Mini Cricket Festival for Border, Eastern Province, Kei and South Western Districts Cricket unions**  
**Inter-Schools' weeks take place**  
**National U/19 Talent Acceleration Camp, Pretoria**

<b>4<sup>th</sup> QUARTER</b>
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**October**                    **Bakers Mini Cricket Seminar for Mpumalanga Cricket Union**  
**Bakers Mini Cricket Festival for Boland, Eastern, Free State, Griqualand West, North West and Western Province**

**November**                **Bakers Mini Cricket Festival for Gauteng Cricket Board**

**December**                **National Schools' Week:**  
**Standard Bank U/13, Cape Town**  
**PG Bison U/15, Pretoria,**  
**Rural Boys U/17, Worcester**  
**Boys U/17, Port Elizabeth / Girls U/19 East London**  
**Coca Cola Khaya Majola Boys U/19, Benoni**

**CODE: FOOTBALL**

<b>1<sup>st</sup> QUARTER</b>
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**23 January**                **Inter house selections**

**26 January**                **Coca Cola Football Stars Kickoff**

**20-23 March**                **National Schools' Confederations Cup Tournament**

**29 March-04 April**        **SAFA Metropolitan Provincial Trials**

<b>2<sup>nd</sup> QUARTER</b>
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**April - July**                **South African Schools' Football World Cup: District leagues / tournaments**

**20 April**                    **Girls Tournament kick off, All Provinces**

**30 April- 02 May**        **Coca Cola Football Stars National Finals**

**19-21 June**                **Girls National Finals**

**30 June- 03 July**        **Winter Ball Games**

**3<sup>rd</sup> QUARTER**

<b>July - September</b>	<b>South African Schools' Football World Cup: Provincial Finals</b>
<b>11-13 September</b>	<b>Milo U/13 National Finals</b>
<b>23-27 September</b>	<b>U/14 Cup National Finals</b>
<b>29 Sep-03 October</b>	<b>Vodacom National Finals</b>

**4<sup>th</sup> QUARTER**

<b>28 November</b>	<b>U/17 Youth Challenge, All Provinces</b>
<b>02 December</b>	<b>U/17 Youth Challenge, Provincial winners and runners up</b>
<b>10-12 December</b>	<b>National Schools Football Strategic Workshop – Nominated provincial delegates</b>

**CODE: GYMNASTICS****1<sup>st</sup> QUARTER**

<b>12-19 January</b>	<b>ACRO, FIG Academy, Portugal</b>
<b>26 Jan-01 February</b>	<b>MAG, WAG, RG African Championships, Cairo</b>
<b>10 February</b>	<b>RG Coaches clinic, Gauteng</b>
<b>20 February</b>	<b>SAGF Administration Workshop, Kempton Park</b>
<b>22-23 February</b>	<b>TRA Judges' Workshop on new code, Cape town</b>
<b>28 Feb-01 March</b>	<b>SAGF Ambassadors and World Games Camp, Pretoria</b>
<b>06-07 March</b>	<b>TRA Judges' Workshop on new code, Gauteng</b>
<b>21 March</b>	<b>TUM Aalsmeer Flower Cup, Aalsmeer, Netherlands</b>
<b>March</b>	<b>TRA FIG Academy, Pretoria</b>

**2<sup>nd</sup> QUARTER**

<b>02-03 April</b>	<b>TRA Test event and Trial – International Competitions, Pretoria</b>
<b>03-07 April</b>	<b>GFA Gymnastics Coaches Camp, Kimberly</b>
<b>04 April</b>	<b>TRA TOP- Ten Competition, Pretoria</b>
<b>06-08 April</b>	<b>TRA Training camp and course for coaches, Pretoria</b>
<b>9-10 May</b>	<b>AER World Series Competition, Chamberly, France</b>
<b>22 May</b>	<b>TUM 1<sup>st</sup> Trials WAGC/ Worlds, Pretoria</b>
<b>25-31 May</b>	<b>AER World Series Competitions, Mexico</b>
<b>20 June</b>	<b>SAGF Awards Evening, Kempton Park</b>
<b>24-29 June</b>	<b>GFA National Gym Festival, Norway</b>
<b>28 Jun-06 July</b>	<b>TRA and TU International Competitions and Training Camp, Pretoria</b>

**3<sup>rd</sup> QUARTER**

<b>01-11 July</b>	<b>RG, AER, ACR International Competition and training Camp, Durban</b>
<b>01-12 July</b>	<b>MAG&lt; WAG, RG Universaide, Belgrade</b>
<b>02-04 July</b>	<b>All USSA and SAGF Seniors, Cape Town (UCT)</b>
<b>17-25 July</b>	<b>World Games, Taiwan</b>
<b>07, 08, 10 August</b>	<b>TRA North Championship, Gauteng</b>
<b>08 August</b>	<b>TUM Gauteng Circle (East/ North/Central) Benoni</b>
<b>September</b>	<b>MAG, WAG, RG SA Games, Limpopo</b>
<b>09-13</b>	<b>RG World Champs, Mier</b>
<b>23-03 October</b>	<b>All SAGF Nationals, Venue to confirmed</b>

**4<sup>th</sup> QUARTER**

<b>01-03 October</b>	<b>TRA Training Camp-World champs competitors, Gauteng</b>
<b>07-15 October</b>	<b>TRA, TUM World champs, St Pietersburg</b>
<b>12-19 October</b>	<b>MAG, WAG World champs, London</b>
<b>14-22 October</b>	<b>TRA, TUM World Age Group, St Pietersburg</b>
<b>December</b>	<b>WAG, MAG, RHY, TRA, TUM, AER Zone 6, RSA</b>

**CODE: HOCKEY****2<sup>nd</sup> QUARTER**

<b>29 June- 03 July</b>	<b>Hockey Tournament Boys U/18, East London</b>
<b>29 June- 03 July</b>	<b>Hockey Tournament Girls U/18, Durban</b>

**3<sup>rd</sup> QUARTER**

<b>06- 10 July</b>	<b>Hockey Tournament Boys U/16, Potchefstroom</b>
<b>06- 10 July</b>	<b>Hockey Tournament Girls U/16, Durban</b>

**CODE: NETBALL****1<sup>st</sup> QUARTER**

<b>24 January</b>	<b>Road Show – Coaching Courses, Louis Trichardt</b>
<b>31 January</b>	<b>Road Show – Coaching Courses, Vryburg</b>
<b>07 February</b>	<b>Road Show – Coaching Courses, Vryheid</b>
<b>14 February</b>	<b>Road Show – Coaching Courses, Queenstown</b>
<b>March</b>	<b>Coaches, Administrators &amp; Technical Course, Johannesburg</b>
<b>01-04 April</b>	<b>Coaching Course, Pretoria</b>

**2<sup>nd</sup> QUARTER**

<b>29 Jun – 03 Jul</b>	<b>All Ages, Johannesburg</b>
<b>06 July</b>	<b>Satellites, Rustenburg/PE/Bloemfontein</b>
<b>06-10 July</b>	<b>Under 18, Kimberly</b>

**3<sup>rd</sup> QUARTER**

<b>30 Jul - 01 Aug</b>	<b>Schools, All Ages Festival, Johannesburg</b>
<b>26-30 August</b>	<b>COSSASA (Volleyball; Netball; Football; Basketball), Swaziland</b>

**4<sup>th</sup> QUARTER**

<b>06 October</b>	<b>Advanced Coaching Road Show, Nelspruit</b>
<b>08 October</b>	<b>Advanced Coaching Road Show, Rustenburg</b>
<b>13 October</b>	<b>Advanced Coaching Road Show, Centurion</b>
<b>15 October</b>	<b>Advanced Coaching Road Show, Bethlehem</b>
<b>17 October</b>	<b>Advanced Coaching Road Show, Cape Town</b>
<b>Nov – Dec</b>	<b>Under 18 Tour, International</b>

**CODE: RUGBY****1<sup>st</sup> QUARTER**

<b>March</b>	<b>Leagues and Team selections at school level</b>
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**2<sup>nd</sup> QUARTER**

<b>May</b>	<b>Trials start</b>
<b>June</b>	<b>Provinces finalise their Teams for the June – July Tournaments</b>
<b>June-July</b>	<b>Winter Games U/12 Primary Schools, U/15 and U/17 Secondary Schools</b> <b>Venue: TBC</b>
<b>29 June-02 July</b>	<b>National LSEN Week U/18, Welkom</b>
<b>29 June-02 July</b>	<b>National Academy Week U/18, Pretoria</b>
<b>29 June-03 July</b>	<b>Primary Schools Coca Cola Craven Week U/13, Kimberly</b>

**3<sup>rd</sup> QUARTER**

<b>06-09 July</b>	<b>Grant Khomo Week U/16, Riversdale</b>
<b>12-18 July</b>	<b>High Schools Coca Cola Craven Week U/18 East London</b>
<b>25 July</b>	<b>International game against Australia, Bloemfontein</b>

**4<sup>th</sup> QUARTER**

<b>03-04 October</b>	<b>Sevens National Rugby Tournament U/18, Venue to be confirmed</b>
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## CODE: SOFTBALL

1 <sup>ST</sup> QUARTER	
February	Annual General Meeting, Gauteng
2 <sup>ND</sup> QUARTER	
April	Executive Meeting, Gauteng
3 <sup>RD</sup> QUARTER	
July	Technical, Coaching Workshop, KZN
August	Girls U/16 Tournament, Prague (Not sponsored)
September	U/19 Boys and Girls Tournament, Eastern Cape
4 <sup>TH</sup> QUARTER	
October	General Council Meeting (Western Cape)
December	Summer Games U/13 B&G, U/15 B&G, U/17 B&G, KZN

## CODE: TABLE TENNIS

1 <sup>ST</sup> QUARTER	
24 January	General meeting Exco and Provinces, Bloemfontein
02 February	Coaching clinics in all provinces
20-22 February	ITTF level 1 coaching for all provinces, venue to be announced
2 <sup>ND</sup> QUARTER	
04 April	Provincial Coaching in all provinces
16 April	School Leagues start in all provinces
June	Provincial selections U/16 in all provinces
3 <sup>RD</sup> QUARTER	
July	School challenge U/16 all provinces
July	SATTB Junior Championships for provincial teams, venue to be announced
09 September	SATTB Senior Championships for provincial teams, venue to be announced
4 <sup>TH</sup> QUARTER	
09 October	LOC meeting for Summer Games, venue to be confirmed
11 December	Summer Games for Primary and Secondary schools

## CODE: TENNIS

1 <sup>ST</sup> QUARTER	
February	National Code Meeting
2 <sup>nd</sup> QUARTER	
June - July	International Tour – High Schools
3 <sup>rd</sup> QUARTER	
10-13 July	Winter Games – Primary Schools and High Schools
September	Executive Meeting
4 <sup>th</sup> QUARTER	
October	International Tour – Primary Schools, Mauritius / Reunion
December	International Tour – Primary Schools, Egypt

## CODE: VOLLEYBALL

1 <sup>ST</sup> QUARTER	
07- 08 March	Development Courses: Coaches and Referees, All Provinces
2 <sup>nd</sup> QUARTER	
06-08 April	Top Schools Championship: U 13 & U 17 (Qualifier for ISF School World Cup), Bloemfontein
13 April	Commencement of District Inter-School Leagues – all ages
01-02 May	Advanced Coaches/ Referees Course for Top Coaches and Referees
	Inter- School Leagues Continue – All Ages All Regions
26-29 June	Farm and Rural Schools Festival
	Inter-School Leagues – All Ages All Regions
3 <sup>rd</sup> QUARTER	
July	SA Schools Ball Games All Ages (U 13 & U 17)
August	Southern African Ball Games (COSSASSA) Swaziland
4 <sup>th</sup> QUARTER	
06-10 December	Summer Tournament: U 15
	Beach Volleyball – School development, Cape Town

# Indigenous Games

Many different cultural groups, each with distinctive legends, customs and beliefs, are found in contemporary South Africa. The motto of our new Coat of Arms !KE E: /XARRA //KE meaning “Unity in diversity” illustrates and justifies our being labeled the Rainbow Nation. A number of cultural groups are found in South Africa.

Each of these cultural groups has their own indigenous games that are practiced as part of part of their cultural heritage. Indigenous games include running, target, board, rope-jumping and coordination games.

Participation in indigenous games can benefit South Africans in many ways:

- It will educate people about other cultures and enhance cultural pride.
- It can offer opportunities for real communication between cultural groups, improving tolerance of other cultures.
- It provides new job opportunities and may boost international tourism.
- It preserves and revives an interest in our cultural heritage.
- It builds communities.
- It enhances a feeling of belonging to a group.
- It supplements and supports curricula in schools.
- It assists in developing social and interpersonal skills.

**As September is national heritage month, the national indigenous games championships will be hosted in September 2009.**

**Watch the press for details.**



## Is your school part of the “My School Adventure”?

If not, you are losing out on being part of a dynamic and exciting initiative organised by the Departments of Education and Sport & Recreation and the FIFA LOC.

**For further details on School Sport and My School Adventure, make contact with the provincial officials listed below.**

The objectives of My 2010 School Adventure are:

- a) To ensure the development and implementation of an integrated education campaign aimed at informing and educating learners and teachers on all aspects of the FIFA World Cup™ as well as participating countries;
- b) To ensure that adequate opportunities are created for capacity building amongst teachers and learners through the development and implementation of football development programmes at school level and the provision of sufficient physical infrastructure; and
- c) To ensure maximum exposure to and participation of learners, teachers and communities in stimulating and educational 2010 FIFA World Cup™ activities.

### My 2010 Dream

The South African Schools Football World Cup Competition runs from 2009 – 2010 and will mirror the format of the actual 2010 World Cup™. During the final round of the competition, 16 schools from the rest of Africa will be invited to be part of the final 32 schools that will participate. The participating schools will assume the identities of the qualifying 32 countries. By participating in the football competition, your school stands a chance of being at the 2010 FIFA World Cup™ Finals and winning other exciting prizes. If you proceed to the National Finals, your school will be called a “*Ke Nako Achiever*”.

Learners who enter the creative / artistic aspect of the competition stand the chance of a lifetime opportunity. Finalists will be invited to perform and/or display their work at 2010 FIFA World Cup™ Finals.

### How to register

Contact the following provincial officials:

#### EDUCATION

Province	Co-coordinator	Telephone	Fax	e-mail address
Eastern Cape	Mr M Ngoma	040-608 4266	040-608 4315	mpho.ngoma@edu.ecprov.gov.za
Free State	Mr KJ Mosoeu	051-404 8245	051-404 8245	mosoeukBedu.fs.gov.za
Gauteng	Mr L Makena	011-355 0357	011-355 0445	lucas.makena@gauteng.gov.za
KwaZulu-Natal	Mr G Ndlovu	033-355 2322	033-355 2112	nkululek@tiscali.co.za
Limpopo	Mr R Sekole	015-290 9436	051-297 4944	rallysekole@edu.limpopo.gov.za
Mpumalanga	Dr S Mandlazi	013-766 5860	013-766 5593	s.Mandlazi@education.mpu.gov.za
Northern Cape	Ms T Haupt	053-839 6596	053-839 6580	thaupt@per.ncape.gov.za
North West	Mr J Maila	018-389 8165	018-389 8245	jmaila@nwpg.gov.za
Western Cape	<i>See Sport and Recreation</i>			

## SPORT AND RECREATION

Province	Co-coordinator	Telephone	Fax	e-mail address
Eastern Cape	Mr BD Makubalo	043 604 4062	043 642 2033	<a href="mailto:Bafundi.Makubalo@srac.ecprov.gov.za">Bafundi.Makubalo@srac.ecprov.gov.za</a>
Free State	Ms K Thlakudi	051 430 0918	051 407 3521	<a href="mailto:kgomotso@sac.fs.gov.za">kgomotso@sac.fs.gov.za</a>
Gauteng	Mr B Baloyi	011 355 2547	011 355 2505	<a href="mailto:butib2@gpg.gov.za">butib2@gpg.gov.za</a>
KwaZulu-Natal	Mr Biyela	031 242 1746		<a href="mailto:Jomo.Biyela@kzndsr.gov.za">Jomo.Biyela@kzndsr.gov.za</a>
Limpopo	Mr C Malatji	015 299 7888	015 299 7811	<a href="mailto:malatjic@sac.norprov.gov.za">malatjic@sac.norprov.gov.za</a>
Mpumalanga	Mr B Gana	073 611 4448		<a href="mailto:bgana@mpg.gov.za">bgana@mpg.gov.za</a>
Northern Cape	Mr A Aysen	053 807 4700	053 807 4784	<a href="mailto:yaysen@bp.ncape.gov.za">yaysen@bp.ncape.gov.za</a>
North West	Ms M Komane	018 384 8900	018 384 8966	<a href="mailto:mkomane@nwpg.gov.za">mkomane@nwpg.gov.za</a>
Western Cape	Mr P Hendricks	021 483 9662	021 483 9661	<a href="mailto:phenric@pgwc.gov.za">phenric@pgwc.gov.za</a>



**sport & recreation**

Department:  
Sport and Recreation South Africa  
**REPUBLIC OF SOUTH AFRICA**



**education**

Department:  
Education  
**REPUBLIC OF SOUTH AFRICA**