

Ukubuvekeza,  
ihaliswe  
ngokwesiTatimende  
sekharikhulamu  
nomThehomgom  
wokuhlola

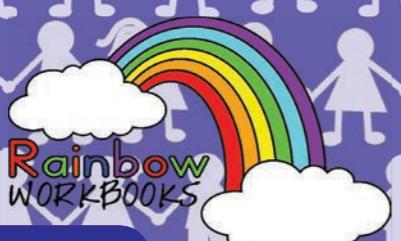
|Greyidi|



AmaKghono wepilo  
ngesiINDEBELE  
Incwadi 2  
Ithemu 3 & 4



ISBN 978-1-4315-0245-5



LIFE SKILLS IN ISINDEBELE  
GRADE 1 – BOOK 2  
TERMS 3 & 4

ISBN 978-1-4315-0245-5

THIS BOOK MAY NOT BE SOLD.

9th Edition

Workbooks available in this series:

- Grade R (in all official Languages);
- Literacy/Home Language Grades 1 to 6 (in all 11 official Languages);
- Mathematics Grades 1 to 3 (in all 11 official Languages);
- Mathematics Grades 4 to 9 (in Afrikaans and English);
- Life Skills Grades 1 to 3 (in all 11 official Languages); and
- Grades 1 to 6 English First Additional Language.

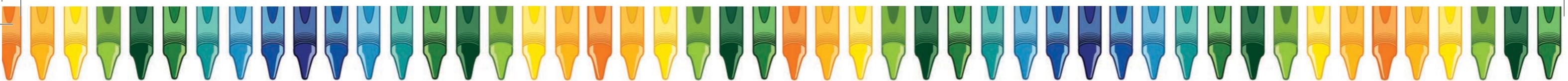
Ibizo:

Itlasi:



basic education

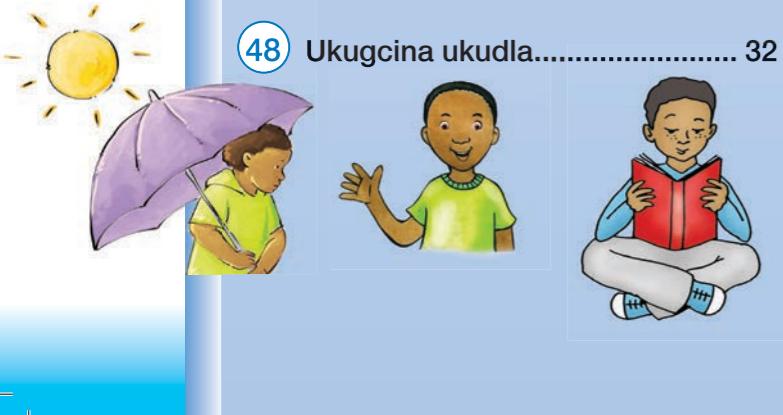
Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA



## Okumumethweko

### Ithemu 3 Ikhasi

33	lindawo emphakathini wekhethu .....	2
34	Ukunakekela iisetjenjiswa emphakathini.....	4
35	Okulungileko nanyana awa.....	6
36	abantu emphakathini wekhethu .....	8
37	Ifuyo-sithandwa.....	10
38	Singazithhogomela njani iinlwana ezifuywako .....	12
39	Imikghwa kanye neembopho.....	14
40	limbopho.....	16
41	Kungani sitlhoga iintjalo.....	18
42	Ingabe iintjalo zinjani?.....	20
43	Imbewu nalapha ibuya khona....	22
44	Okutlhogwa ziintjalo ukuze zikhule .....	24
45	Ukudla esikudlako .....	26
46	Ukudla okwehlukenenko kubuya kuphi? .....	28
47	Ukudla okunepilo kanye nokudla okunganapilo.....	30
48	Ukugcina ukudla.....	32



### Ithemu 4 Ikhasi

49	Imihlobo yamakhaya (1) .....	34
50	Imihlobo yezindlu (2) .....	36
51	Izinto zokwakha izindlu .....	38
52	Izindlu ezizokujamelana nobujamo bezulu obahlukahlukene .....	40
53	Ukuthola iindawo kanye nezinto (1).....	42
54	Ukuthola iindawo kanye nezinto (2) .....	44
55	Ukufunyana indlela.....	46
56	Ukuthola izehlakalo endatjaneni .....	48
57	Amanzi siwasebenzia njani: emakhaya nesikolweni .....	50
58	lindlela amanzi onakala ngayo .....	52
59	Amanzi aphephileko wokusela nangakaphephi .....	54
60	Ukubeka amanzi ahlanzekileko .....	56
61	Ukutjhuguluka kusuka emini kuye ebusuku .....	58
62	Ubusuku bubonakala njengani? .....	60
63	Ilanga nenyazi.....	62
64	linkwekwezi .....	63



UKkz. Angie  
Motshekga,  
nguNqgonqgotjhe  
weFundu-Sisekelo



UNom. Enver Surty,  
nguSekela  
kaNqgonqgotjhe  
weFundu-Sisekelo

Iincwadi lezi zenzelwe abentwana beSewula Afrika ngaphasi koburholi bakaNqgonqgotjhe wezeFundu-Sisekelo, uMma u-Angie Motshekga, kanye neSekela lakaNqgonqgotjhe wezeFundu-Sisekelo, uNom. Enver Surty.

Iincwadi zokuSebenzela zakwaRainbow ziyingceny yeendlela ezinengi zomNyango wezeFundu-Sisekelo wokungelela onqophe ukuthuthukisa ukusebenza ngcono kwabafundi beSewula Afrika kumagreyidi wokuthoma asithandathu. Njengamanye wamaHlelo womBuso aphuma phambili, iphrojekthi le isekelwe ngeemali ezibuya esiKhwameni seeMali seLizweloke. Lokhu kusize umNyango ukukhupha iincwadi zokusebenzela lezi ngawo woke amalimi asemthethweni ngaphandle kweendleko. Siyathemba kobana nizokufunyana iincwadi zokusebenzela lezi zilisizo khulu ekufundiseni kwenu kwangamalanga kanye nokuqinisekisa kobana abafundi benu bayaiqedu iharikhyulamu.

Sitjheje khudlwana ukuhlahla abotitjhore komunye nomunye umsebenzi ngokusebenzia iinthombe ezitjengisako bona ngikuphi umfundu ame akwenze.

Siyathemba kobana abentwana bazokuthabela ukusebenzia iincwadi lezi njengombana bakhula bebefunda nje begodu wena titjhore uzokwabelana nabo ithabo lokufunda.

Sinifisela ipumelelo ekusebenziseni iincwadi lezi.



Published by the Department of Basic Education  
222 Struben Street  
Pretoria  
South Africa  
© Department of Basic Education  
Ninth edition 2019

ISBN 978-1-4315-0245-5

This book may not be sold.

The Department of Basic Education has made every effort to trace copyright holders but if any have been inadvertently overlooked the Department will be pleased to make the necessary arrangements at the first opportunity.

# IGreyidi

1

AmaKghono  
Wepilo  
**ngesiNdebele**  
Incwadi 2



Incwadi le ngeyaka:-



33

# lindawo emphakathini wekhethu

Timveke-1

Ithemu-3

Cabanga ngabo boke  
abantu obabonako  
nokhuluma nabo  
ngamalanga. Abantu  
labo bamalunga  
womphakathi. Kungaba  
abantu abaseentradeni  
nanyana abahlala  
eduze kwalapho uhlala  
khona. Kungaba  
abantu abasesondweni,  
esikolweni, amapholisa  
endaweni yangekhenu,  
abodorhodere kanye  
nabanye abantu  
abanengi emphakathini.

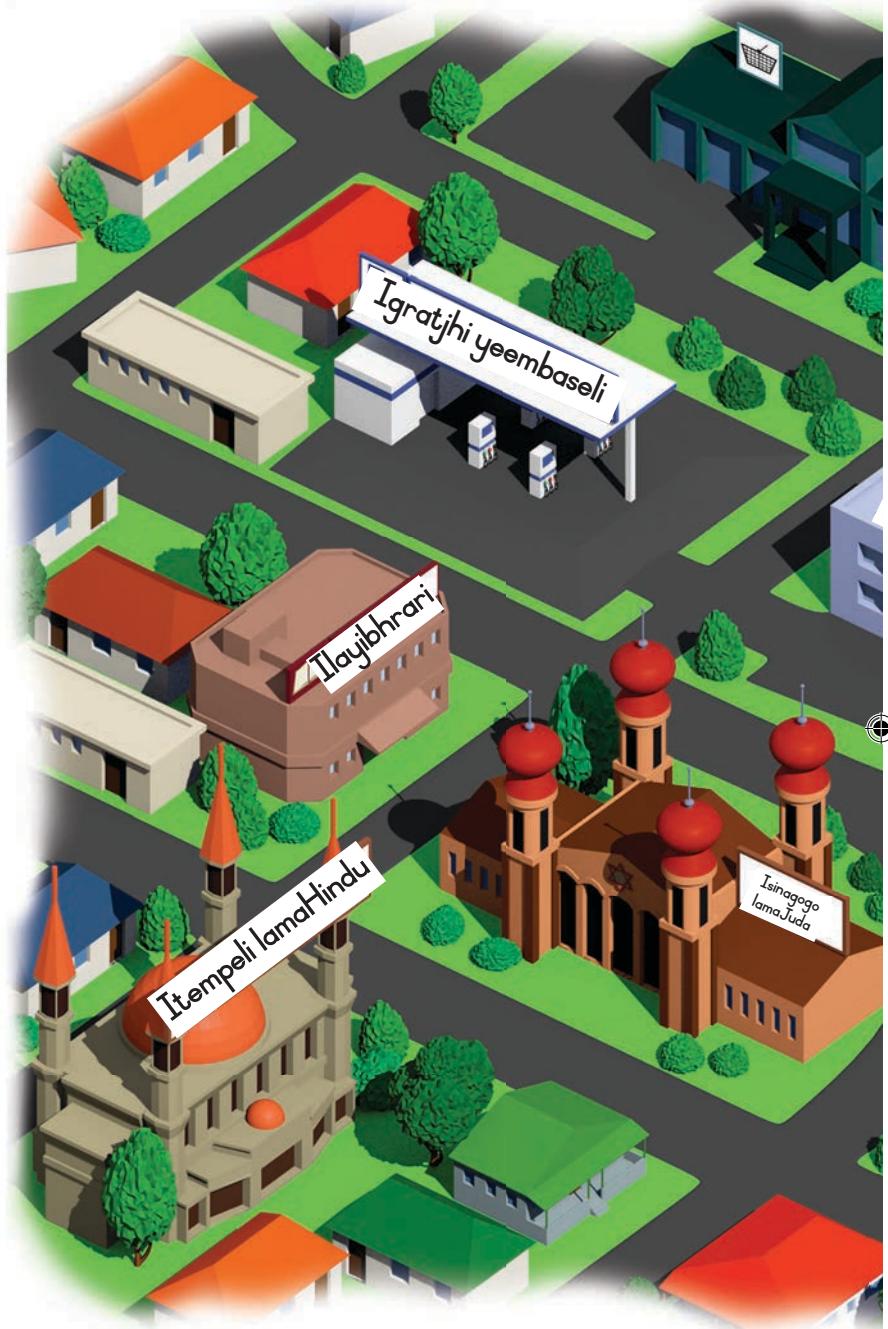
Asifunde

Asikhulume

Cocisana nomngani wakho ngesithombe esisemakhasini amabili alandelako.

Nawuqala isithombe, ngiziphi iindawo ozikhumbulako?

Eendaweni lezi, kukuphi lapha abantu bahlanganyela khona.





Asenzeni lokhu

Ilanga: .....

Ngiziphi iindawo esithombeni esingenzasi ekhe  
wazivakatjhela? Gadangisa umqoqo wazo ngamakhrayoni.



Asikhulume

Cocela umngani wakho kobana ukhe wavakatjhela  
enye yeendawo lezi ukhamba nomunye nanyana ukhamba wedwa.

Kubayini wazivakatjhela? Ucabanga kobana iindawo ozivakatjheleko kulula  
zivakatjhelwe nangani babantu abakhubazekileko?

Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_

# Ukunakekela iisetjenziswa emphakathini

Timveke - I

Ithemu - 3

Iindawo ezinengi  
emiphakathini yangekhethu  
zineensetjenziswa  
ezihlukahlukeneko  
ezingasetjenziswa nanyana  
ngubani. Amatlinigi, iinkolo,  
amatatawu wokudlalela  
kunye neembhedlela,  
ziisetjenziswa soke  
esizisebenzisako.

Kufanele sitlhogomele  
iindawo emiphakathini  
yangekhethu.

Kumele sizihloniphe  
zoke iisetjenziswa  
ezisemphakathini wekhethu.  
Begodu kumele sigcine  
ibhoduluko lekhethu  
lihlanzekile ukuze woke  
umuntu akwazi ukuzithabisa.

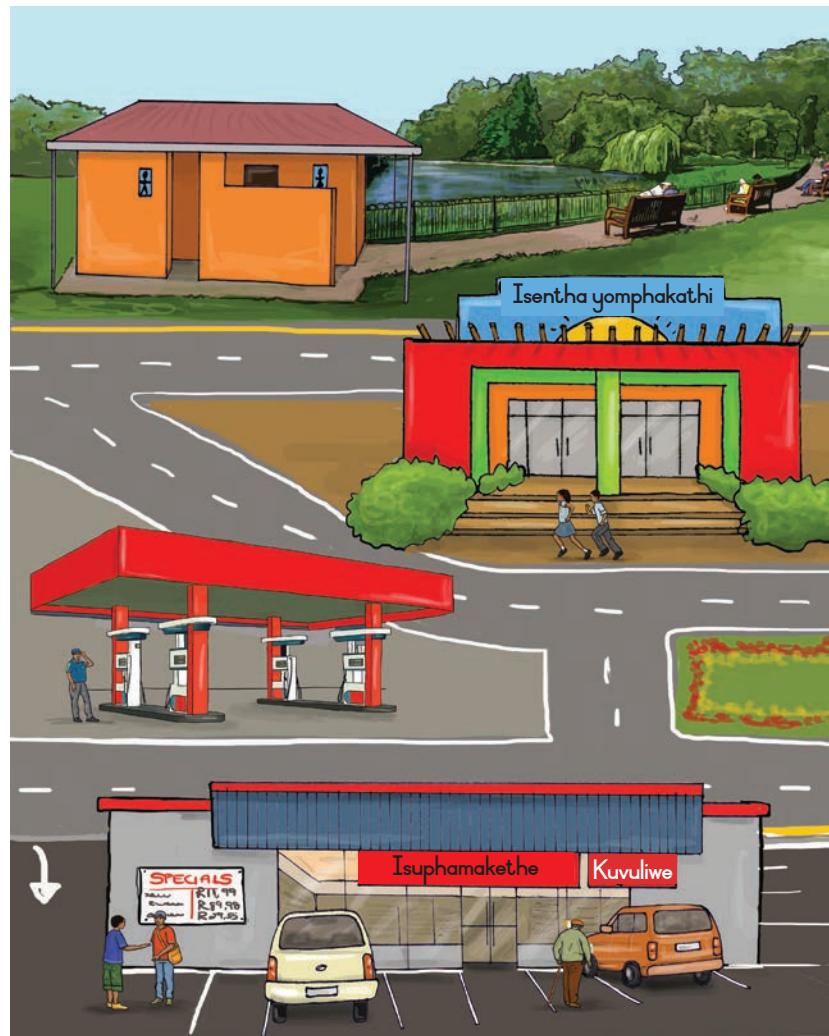
Asikhulume

Cocisana nomngani wakho ngesithombe esingehla:

- Ucabanga kobana abantu bayathanda ukuhlala lapha?
- Kungani ucabange njalo?
- Imiphakathi kanye nebhoduluko kungenziwa njani ngcono?



Asikhulume





### Asenzeni lokhu

Zenzele umgwalo omuhle wakho usebenzisa ezinye zeenthuthi zomphakathi, njengebhesi, isitimela nanyana iteksi. Begodu tjengisa nabantu beminyaka eyahlukenko kunawe – abanye bahlezi kuhle, abanye bagugubele phambili nanyana abanye balele ngemigogodlha, abanye badala abanye bancani.

Ilanga: .....

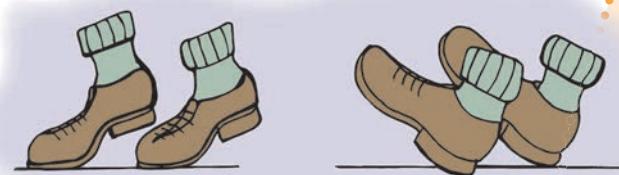


### Asikhambahambe

## Ukuzithabulula



- Zithabululeni ngokuthi nikhambe ngamazwani niye phambili.
- Kwanje khambani ngeenthende niye emuva.
- Khambani ngeenthende niye phambili.
- Khambani ngamazwani niye emuva.



## Yakhani amaledere

Hlukanani ngeenqhemza zangababili. Sebenzisa umzimba wakho ukwakha amaledere. Ungajama weyame ngeboda nanyana ulale phasi. Abantu abasebenzela umasipala bazakuzisulela bona iboda lelo! Akhe uqale nange wena nomngani wakho ningakha iledere abanye abafundi abangakghoniko ukulakha.



35

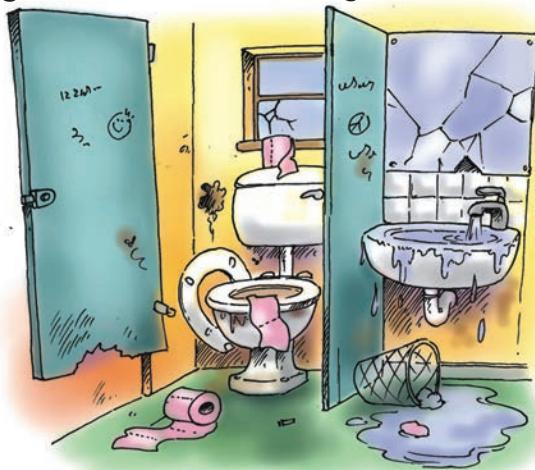
# Okulungileko nanyana awa

Timveke - 2  
Ithemu - 3

Asikhulume

Qala iinthombe ezilandelako.

Ziisetjenziswa ziphi lezi? Cocela umngani wakho indlela efaneleko yokusebenzisa isisetjenziswa ngasinye.



Ilanga: .....



### Asenzeni lokhu

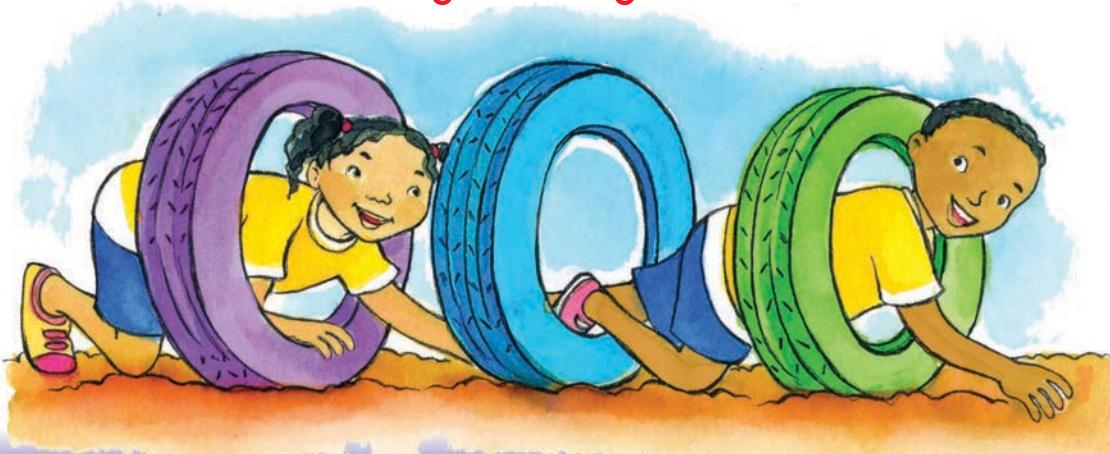
Yakhani imodlhela yomakhiwo usebenzise izinto ezisetjenziswe kabutjha. Ungakha itlinigi, ilayibhrari nanyana ngimuphi umakhiwo okhona emphakathini wangekhenu. Ungasebenza nabanye nibe ziinqhema ezahlukeneko. Kghabisani umakhiwo wenu ukuze kubonakale kobana mhlobo muphi womakhiwo.



### Asikhambahambe

- Bekani amatayere ajame emudeni.
- Khasani ngaphakathi kwamatayere.
- Lalisanu amatayere phasi.
- Bhalansa ngeenyawo zombili phezu kwetayere.
- Jama ngeenyawo zombili phezulu kwetayere.
- Sebenzisani amatayere nenze umsikinyeko nanyana ngiwuphi womdlalo.

Tlhogomela ungazilimazi.



Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_

36

# Abantu emphakathini wekhethu

Ithemu-3 – Timveke-2

Asitole

Qala iinthombe ezilandelako. Ebhoksini elingesandleni sokudla, khetha igama/amagama anemba isithombe ngasinye. Tlola igama nanyana amagama lawo ngaphasi kwesithombe.



Umntu othela iiimbaseli

Umthengisi wamathuthumbo

Inese/Umongikazi



Umtjhayeli weteksi

Isikhulu sezendlela

Udorhodera



Umntu othengisa iinthelo endleleni

Umcimimlilo

Ipholisa



Asikhulume

Qala iinthombe bese ucocisana nomngani wakho ngazo.

Ingabe uyababona abantu laba eemphakathini wangekhenu?

Ngibaphi abanye abantu obabonako emphakathini wangekhenu?

abantu bomphakathi wangekhenu bayasizana? Basizana njani?



Asitlolle

Gwala umuda osuka ekuthomeni komutjho ngsandleni sangesinceleni uyomadana negama elinembako ngesandleni.

Ilanga: .....



Umuntu ocima umlilo

Ilunga lesisebenzi sezamapholisa weSewula Afrika

Udorhodere

Umuntu othengisa iinthelo endleleni

Umuntu othela iimbaseli

libamba iingebengu.

Uthengisa iinthelo.

Uthelela abantu iimbaseli.

Ucima umlilo.

Uyaselapha.



Asitlolle

Qala iinthombe ezilandelako. Emagameni angenzasi, khetha igama elinembako lesithombe ngasinye. Tlola ihlathululo leyo ngaphasi kwesinye nesinye. Madanisa iimpendulo zakho nalezo zomngani wakho.

Ilori yesicimamlilo



Isitetjhi seembaseli



Isibhedlela



Isitetjhi samapholisa



Asikhambahambe

Betha izandla lokha nawuzwa itjhuni ethileko.

- Lalelisia kuhle lokha nakutjhuguluka itjhuni.
- Yenza lokhu ngeendlela ezihlukeneko zomvumo, kusukela emvumeni wetlasiki kuya emvumeni we-pop.
- Betha izandla masinya nanyana kabuthaka ukuze ukhambisane netjhuni.

Amanowuthi wakatitjhere:  
Lalela umvumo odlalwa ngutitjhere wakho nanyana igido utitjhere wakho alibethako esigubheni nanyana esililisweni somvumo.



# Ifuyo-sithandwa

Limveke - 3

Ithemu - 3



Asifunde

Inengi lethu sinazo iinlwana esizifuyileko esizibiza ngeemfuyo-sithandwa. Ifuyo-sithandwa mngani wakho. Iyakutlhogomela begodu ihlala iseduze nawe – mhlawumbe uhlala nayo ngendlini eyodwa nangejaradeni eyodwa.



Asikhulume

Qala isithombe. Cocisana nomngani wakho ngaso. Ndlungela iinlwana esizibiza ngefuyo-sithandwa ozibonako ngekhrayoni. Ubale iinlwana ezingaki esizibiza ngefuyosithandwa? Tjela utitjhore wakho.

- Unayo ifuyo-sithandwa?  
Nangabe unayo, tjela abangani bakho ngayo.
- Nangabe awunayo, tjela umngani wakho kobana ngiyiphi ifuyo-sithandwa ofisa ukuba nayo nanyana kungani wena ungafuni ukuba nefuyo-sithandwa.



Asitlole

Noke ngetlasi yenzani irherho layo yoke ifuyo-sithandwa engekho esithombeni. Kopa lokhu utitjhore wakho azokutlola etjokbhodi.

---



---



---



---





### Asenzeni lokhu

Gwala nanyana ngiyiphi  
ifuyo-sithandwa oyithandako  
— ungacabanga godu nanyana  
ngayiphi ifuyosithandwa  
ongafisa ukuba nayo.



Ilanga: .....

Sebenzisa umdaka  
ukuzibumbela ifuyosithandwa.



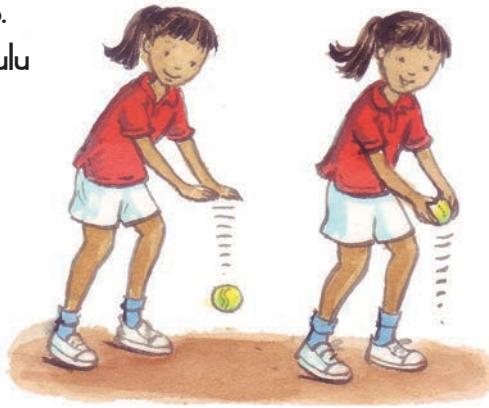
### Asikhambahambe

Zijayeze ukuphosela ibholo phezulu  
bewuyibambe.

- Ngezandla ezimbili phosela ibholo  
eyitenisi phezulu emoyeni. Ibambe ngazo izandla ezimbili lezo.
- Phosela ibholo phezulu emoyeni ngesandla esinamandla khulu  
bese uyibambe ngaso sona isandla leso.
- Phosela ibholo eyitenisi phezulu emoyeni ngesandla  
esinganamandla khulu bese uyayibambe ngesandla  
esinganamandla khulu
- Phosela itenesi ngezandla zombili phasi bese uyayigenda  
ngezandla zombili.
- Iphosele phasi ngesandla esisodwa bese uyayigenda ngesandla  
esisodwa.
- Iphosele godu ngesinye isandla esisodwa bese  
uyayigenda ngesandla esisodwa.
- Jamani nenze izungu bese niphoselana ibholo  
ngezandla ezimbili beniyigede ngezandla ezimbili.
- Dlulisela ibholo kiloyo oseduze nawe usebenzise  
isandla esisodwa
- Sebenzisa esinye isandla udlulisele ibholo komunye  
oseduze nawe usebenzise esinye isandla.

### Uthi bewazi?

Pheze zoke izinja ziyakuthanda ukudlala ngebholo.  
Kodwana-ke kumele kobana ube msinya ngombana  
izinja ziyathanda ukuhluthula ibholo msinya  
bese zigijime zibaleke nayo.



38

# Singazitlhogomela njani iinlwana ezifuywako

Timveke - 3

Ithemu - 3

Asikhulume

Kuqakathekile kobana sizitlhogomele iinlwana esizifuyileko nesizithandako.

Cocisana nomngani wakho ngalokho ifuyo-sithandwa ekutlhogako. Cabanga sele uyifuyo-sithandwa umngani wakho ayitlole ekhasini le-II. Cabanga ngalokho ozokutlhoga. Ungacabanga ngezinto ezifana nokudla nokuthi uzokulala kuphi. Kwanje tjela umngani wakho. Begodu mtjele kobana yini ekumele ayenze lokha nawugulako.



Asitlole

Faka itshwayo (✓) eduze kwalokho okutlhogwa yifuyo-sithandwa.

Ukudla

Amanzi

Isibha sokutlubha amazinyo

Indawo efuthumeleko,  
eyomileko yokulala
Kumele sisiwe kudorhodera  
weenlwana lokha nasigulako

Ukunikelwa iholideyi

Asenzeni lokhu

Gwala iindawo zokuhlala kanye nokudla iinlwana ezilandelako ezikutlhogako.  
Begodu tlola nokobana umntwana wesilwana ngasinye ubizwa ini.

Isilwana	Indawo yokuhlala	Ukudla	Ibizo lomntwana
			_____
			_____
			_____



### Asenzeni lokhu

Funda umutjho munye utjho kobana ungazizwa  
njani begodu ungathini bese wenzani.

Ilanga: .....

- Uzidobhele ifuyo-sithandwa etja.
- Ukatsu wakho unyamalele.
- Inja idla isidlalisi sakho osithandako.
- Umngani wakho urhuga inja yakho.
- Ubona inja ivalelwe ngekolojini iqalaqala ngaphandle.



### Asikhambahambe

Lalela igido elahlukahlukeneko utitjhere azokudlalela lona.

Yenza kwangathi usilwana esikhamba ngegido lomvumo.

Akuthi umvumo nawudlala  
msinya, nirholobhe  
njengeempera.



Lokha umvumo  
nawuphezulu, khamba  
njengendlovu.



Lokha umvumo  
nawupholileko, phapha  
njengeviyaviyani.



Lokha umvumo  
nawudlalela phasi, khamba  
njengekghuru.



### Asikhulume



Intenetjha silwana  
esiququda amazinyo.  
Amazinyo wesilwana  
esiququda amazinyo  
akhula njalo.

Umnyaka munye womuntu ulingana  
neminyaka yezinja ezilikhomba.  
Lokha inja nayineminyaka emithathu  
ubudala, umuntu yena usuke  
aneminyaka ema-21.

Lokha ukatsu nakajabulileko  
uthi nya-a-awu!



### Ukuzithabisa

"Ukatsu nekhondlo". Utitjhere wakho uzokubuza kobana ngubani ukatsu  
begodu ngubani ikhondlo. Abafundi abadlhiegane ngokuba ngukatsu  
nokuba likhondlo isikhatjhana.

Teacher:  
Sign:  
Date:

# Imikghwa kanye neembopho

Asifunde



Amagama la atjengisa imikghwa emihle. Indlela esiphatha ngayo abantu itjengisa ukuziphatha kuhle. Imikghwa yethu itjengisa indlela esihlonipha ngayo abanye.

Siyakuthabela ukukhulumu nomuntu onemikghwa emihle. Kuhle kangangani ukuba nomngani nomuntu onemikghwa.

Sinesibopho sokuphatha abanye abantu kuhle. Kungakho-ke omunye nomunye wethu kufuze abe nemikghwa.

Ilanga: .....



Asikhulume

Qala iinthombe. Funda amagama angemabhoksini. Cocsana nomngani wakho ngeenthombe. Cocani ngokuziphatha okuhle nokumbi okwenziwa bentwana.



Yetjhe  
Kosikazi!



Tjengisa umusa.

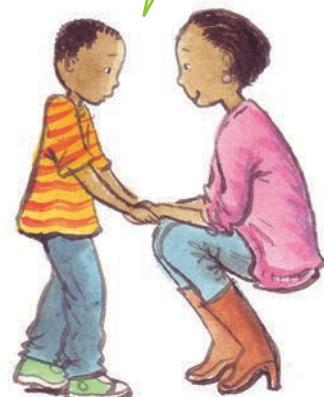


Yabelana  
Ngiyathokoza  
ukungilalela kuhle  
kangaka.

Ukhohlwe amasametjisi  
wakho? Ithi ngikuphe  
isametjisi eyodwa yami.



Ngilibalela mma,  
bengifuna ukuqala  
ngaphakathi  
kwevasi yakho  
yamathuthumbo  
ngase  
ngiyayithinta  
yaphuka!



Thembeka

Akhe ujame Maisy,  
ngithole isikhwama  
sakho seencwadi  
sitjhiywe ngaphandle.  
Ngiyathemba  
kobana akekho owebe  
amakhrayoni wakho.



Lalela abanye abantu.

Ukuhlonipha abanye abantu.

Ukulotjhisa abantu obaziko kanye nongabaziko.

Hlonipha izinto zabanye.

Teacher:  
Sign:  
Date:

# limbopho

Ithemu-3 - Limveke-4

Asitlole

Qala iinthombe bese ufunda imitjho ngaphakathi kwamabhoksi. Gwala umuda uye esibophweni esikhambisana nesithombe.



Ngiyasiza ukubulunga ikhaya  
lethu lihlale libuthekile.

Ngimngani omuhle osiza  
abanye abantu.

Ngiyawatjengisa amalunga  
womndeni wakwethu kobana  
ngiyawathanda.

Ngidlala kuhle ngeendlalisi  
zomngani wami.

Ngiyazitlhogomela mina  
kunye nezinto zami.

Ngiyamsiza ubaba  
ukulungisa itafula.



Ilanga: .....

Lingisani ukuba nemikghwa kanye neembopho ngalapha nihlala khona:

- lotjhisan abantu enibaziko nalabo eningabaziko
- nanyana dlheganani ngokukhuluma
- nanyana lalelisisa omunye
- nanyana yabelana nomunye
- nanyana tjengisa umusa komunye
- nanyana yethembeka ngokuthileko
- nanyana hlonipha ipahla yabanye abantu
- nanyana yiba nehlonipho kabanye.

Ngeenqhemha, lingisani imikghwa emihle kanye neembopho:

- emndenini wakwenu
- emsebenzini wakho wesikolo
- emsebenzini wakho wekhaya owenza ngamalanga
- ekudleni okufunyana ngamalanga
- ezambathweni ozembathako
- iindlalisi
- abangani



Asenzeni lokhu

Gwala isithombe sakho esitjengisa ukuba nomusa kabanye.



Asikhambahhambe

Lalela lokha utitjhere nakakutjela kobana weqe, ugijime nanyana ukhase ngamadolo. Utitjhere uzokubetha ifengwana ngaphambi kokuthi anikele umyalelo. Khamba masinyana nanyana kabuthaka lokha utitjhere wakho nakakutjela kobana wenze njalo.



Dlala umdlalo wokweqayeqa ngenyawo elinganamandla khulu.

Mimikghwa miphi emihle eqakathekileko nawudlala umdlalo wehop-scotch.



Teacher:  
Sign:  
Date:

41

# Kungani sitlhoga iintjalo

Iimveke - 5



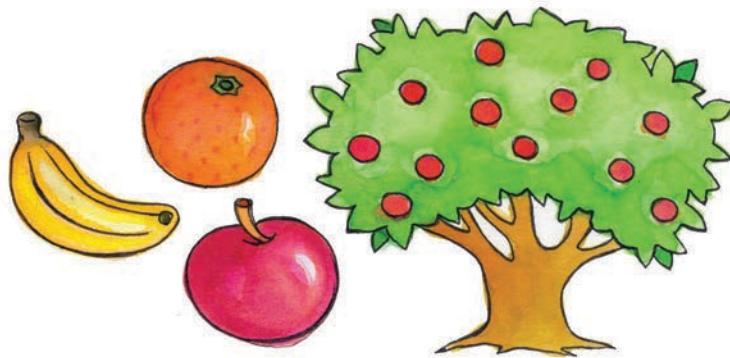
Asikhulume

Qala mahlangothi woke. Ngikuphi okubonako okubuya eentjalweni? Cocisana nomngani wakho ngazo benibone kobana ningacabanga ngezinto ezingaki. Tjelani utitjhore wenu kobana nicabange ngaziphi iintjalo?

Ithemu - 3



Ezinye iintjalo kanye nemithi zisipha umthunzi.



Ezinye iintjalo senza ngazo ijuzi ezinye siyazidla.

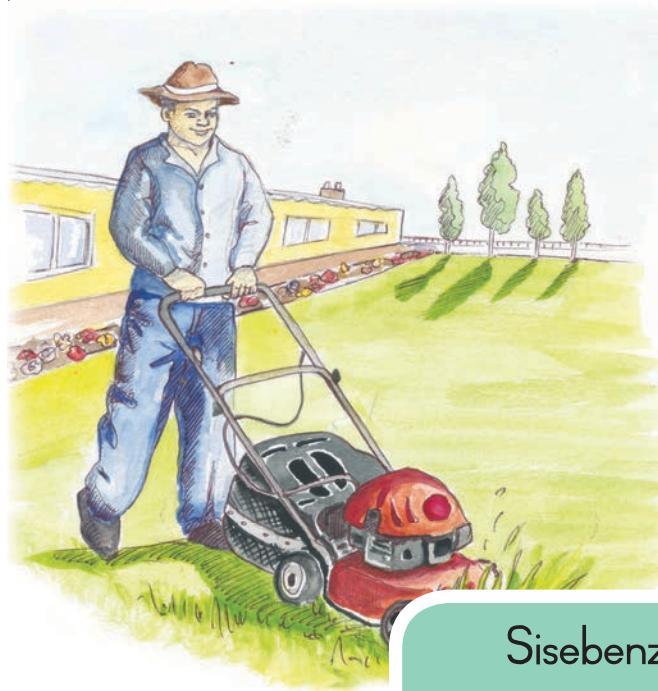


Ezinye iintjalo kanye nemithi ziba makhaya weenyamazana.



Ezinye iintjalo zenza amathuthumbo esikghabiswa ngawo emakhaya.

Ilanga: .....



Sitlhoga utjani ekundleni  
yezemidlalo.

Sisebenzisa ikoteni  
ukwenza izambatho.



Sisebenzisa umhlanga ukwenza  
abomantji begodu siwubeka naphezulu  
emfulelwini yemakhaya.



Sisebenzisa iintjalo kanye  
nemithi ukubaza ifenitjhara.



Asikhulume

Wena nomngani wakho, khethani iindlela ezintathu  
eziqakatheke khulu zokusebenzisa iintjalo.

Ingabe singabulala iintjalo lokha nasizisebenzisa khulu?  
Cocani ngombuzo njengetlasi.



42

# Ingabe iintjalo zinjani?

Ithemu-3 - Limveke-5

Asitbole

Iintjalo zensiwe ngamalunga ahlukaneko. Sebenzisa amagama angebhoksini ukuleyibula iintjalo ezilandelako. Madanisa iimpendulo zakho nezomngani wakho.

imirabhu

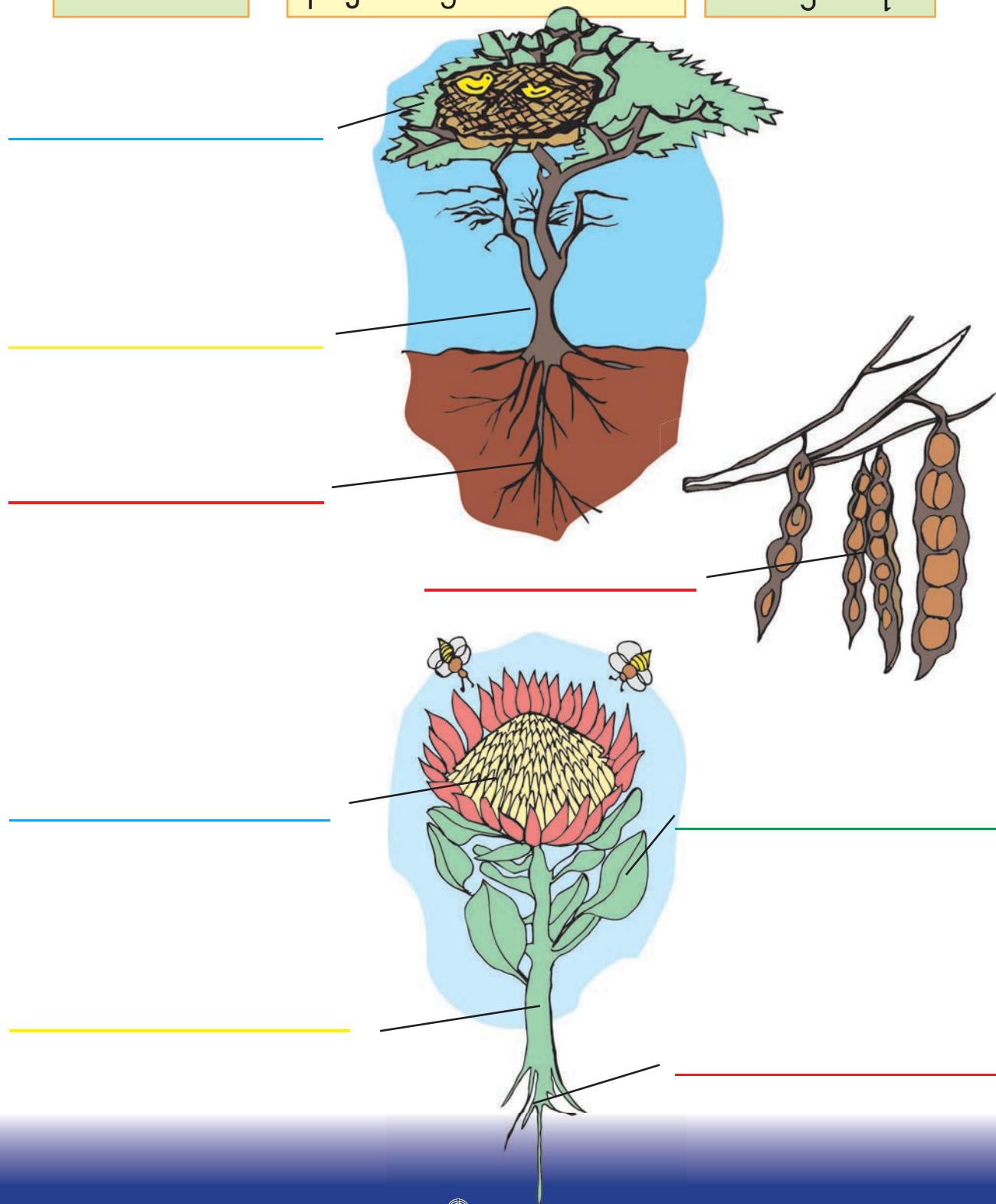
isiqu

ikari

ithuthumbo

ipotjwana yamathuthumbo

ihlanga/isiqu





Asikhambahambe

Ilanga: .....

Hlukanisa itlasi abanye abafundi babe ziinunwana  
zesivandeni abanye babe basebenzi besivandeni.

- Abasebenzi besivandeni abalinge ukukhandela nanyana ukubamba iinunwana zesivandeni.
- Dlheganani ngemva kwemizuzu emibili ngokuba basebenzi kanye neenunwana zesivandeni.
- Buyelelani kambalwa.



Asiddaleni

Dlalani umabhacelana.

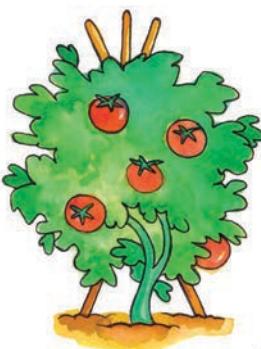


Iinunwana zesivandeni zizifihla kiyo yoke indawo ngaphasi nanyana ngemuva  
kweentjalo bese abasebenzi besivandeni balinga ngaphambi kobana zidle zoke iintjalo.



Asikhulume

Imihlobohlobo yeentjalo ibonakala ihlukahlukene kodwana ziyafana.  
Qala iinthombe. Coca nomngani wakho ngeentjalo.  
Khujini okufanako begodu khujini okungafaniko?



Asenzeni lokhu

Gwala nanyana upende inunwana  
nanyana isidalwa esifuna ukudla  
iimbontjisi zakho.

Akukameli kobana kube  
yinunwana yamambala. Cabanga  
nje kwaphela. Gwala nanyana  
upende ngemida ebonakala kuhle  
kanye nesakhiwo esihle.



Teacher:  
Sign:  
Date:

# Imbewu nalapha ibuya khona

Ithemu-3 - Limveke-6



Asifunde

Ezinye iintjalo zinembewu efihlwe mathuthumbo nanyana sithelo. Begodu singatjala imbewu ukuze ikhiqize iintjalo ezitja. Imbewu ikhithika kusuka eentjalweni ukuyokuba sitjalo esitjha.

Enye imbewu irhatjhwa mummoya nanyana babantu, iinunwana kanye neenlwana. Enye imbewu idliwa ziinyoni bese enye-ke eqinileko engasileki lokha nayikakako. Imbewu erhatjheke ngaleylo indlela iwela nanyana kukuphi bese iyamila khona lapho.



Asikhulume

Imbewu le eseenthombni ezingenzasi irhatjheka njani? Imbewu eyodwa ifanele ukuba njani ukuze irhatjheke ngendlela le? Cocisana nomngani wakho.



Nangabe ufunu ukutjala isitjalo  
ekungesakho ngembewu,  
ungasebenzisa imbewu yeentjalo  
esesivandeni. Ungayithenga  
esitolo imbewu nawuthandako.





Asikhulumo

Funda ikondlo le nemisikinyeko.

Ilanga: .....

## Ipilo ngemva kwesitjalo

Le yimbewu encancazana:

Asiyitjale msinya ngaphasi kwehlabathi!

Iyakhula ibe nesiqu kanye  
nethuthumbo

Inomnuko omnajana kiyo.

Inyosi etinyelako naso ethuthumbeni

Msinyana ithuthumbo elihle liyafa.

Kodwana ungtshwenyeka bewulile.



Qala, ayikho neyodwa kumvelo elilako.

Qalisisa, qala kwenze ka umkarisomraro:

Ithuthumbo lifile kodwana lirhatjheke  
iindawo zoke.

Esiqwini salo begodu ngaphasi  
kwamakari azotho.

Imbewu ephilako ilindile phasi!



Asikhambahambe

Phola bese wenza kwangathi usitjalo  
esincani khulu esikhula elangeni elitjhisa.

Kokuthoma isitjalo nanyana ithuthumbo  
liphilila belikhula linqombe phezulu. Ngemva  
kwalapho isitjalo nanyana ithuthumbo  
lithoma ukutjhwaba.

Ingabe kunomuthi oseduze.

Bona-ke kobana singadlala ngawo njani.

Jingani ngerobho ebotjhelelwé kiwo yaqina.

Kokuthoma jinga ubambelele ngezandla  
zombili, bese ujinga ngesandla sakho  
esinamandla ugcine ngokujinga ngesandla  
sakho esinganawo amandla.



Amanowuthi wakatijhere:  
Sebenzisa irobho, isetjhi  
kanye neribhoni.



# Okutlhogwa ziintjalo ukuze zikhule

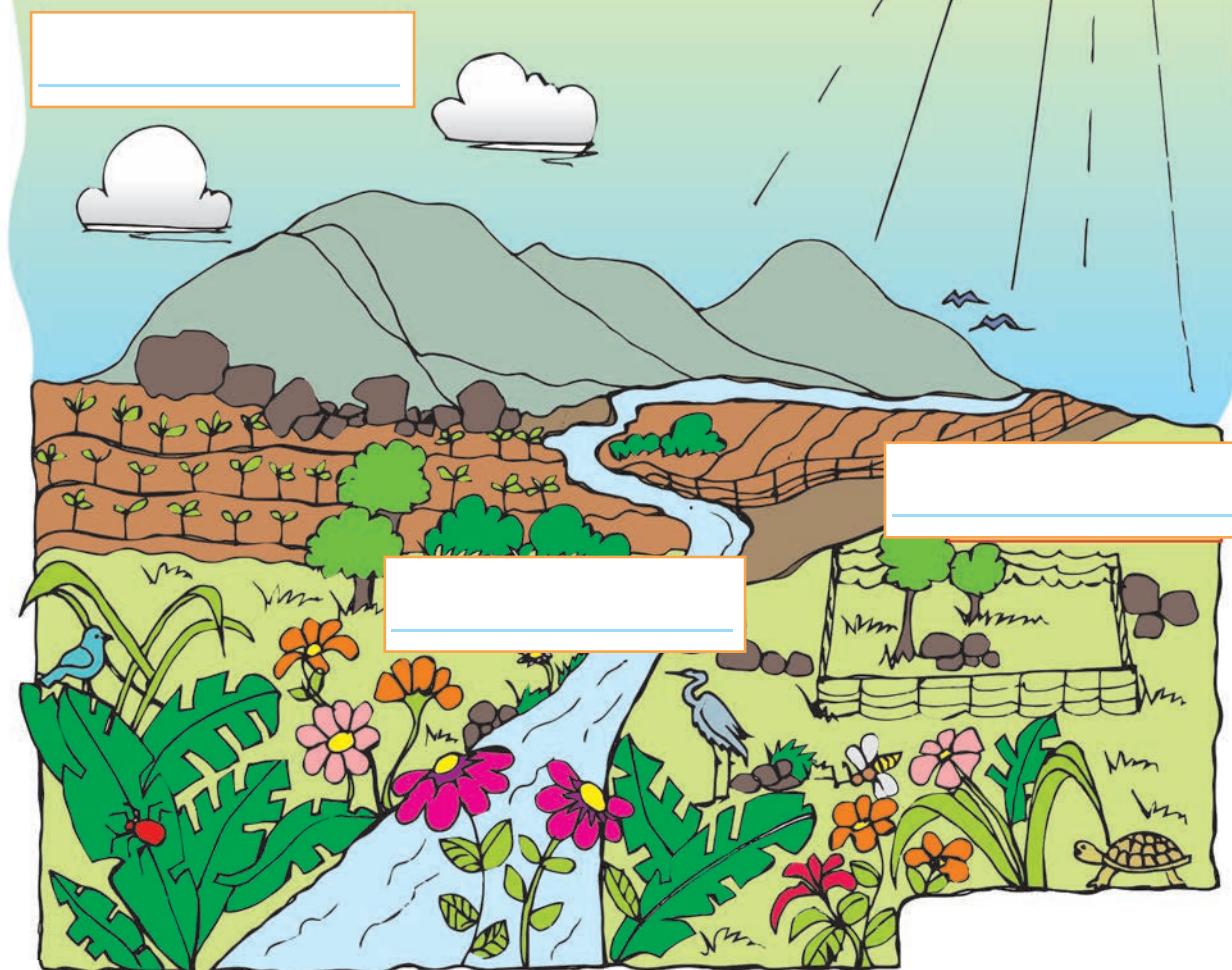
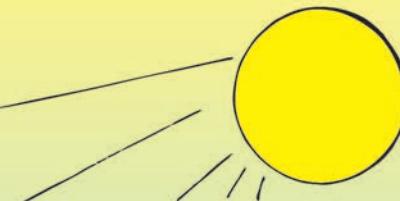
Ithemu-3 – Limveke-6



Asikhulume

Qala isithombe. Ingabe koke ekukiso kuyaphila?

Cocisana nomngani wakho ngaso: ngiziphi izinto eziphilako ongazibona? Ngiziphi izinto eziphilako ekuziintjalo. Ingabe iintjalo ziyakhula? Ingabe iintjalo ziayadla? Ingabe iintjalo nazo ziayadla? Nangabe kunjalo, zidla ini? Ingabe iintjalo ziayasela? Nangabe kunjalo, zisela ini?



Asitlole

Kwanje tlola elinye nelinye igama esithombeni esingehla ukutjengisa kobana ngikuphi okutlhogwa ziintjalo ukuze zikhule.

umkhanyo welanga

amanzi

amanyutriyensi

umoya



Asenzeni lokhu

Kulula ukutjala isitjalo ekungesakho.

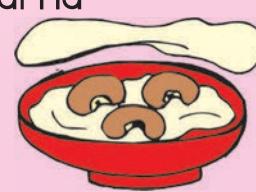
Ilanga: .....

Landela amagadango alandelako:

Igadango loku-l:

Gubuzesa iimbontjisi ezi-3

hlangana nekhotiniwulu emalarha  
amabili. Zifake ngaphakathi  
kwesimumathi esinganalitho  
nanyana ibhawuli.



Igadango lesi-2:

Thela amanzi phezu  
ivolo yekoten  
bese uqinisekisa  
kobana ithambile.



Igadango lesi-4:

Ngemva  
kwamalangana, qala  
ubone kobana isitjalo  
sakho sikhula njani.  
Sithelele kanye  
ngeveke.

Ilanga-1



Ilanga-2



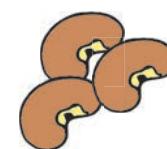
Ilanga-3



Ilanga-4



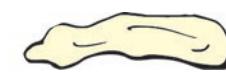
amanzi



iimbontjisi



ibhawula



ivolo yekoten

Igadango lesi-3:

Beka isimumathi  
nanyana ibhawuli  
leyo phezu kwefesidere nanyana  
endaweni lapho kunomkhanyo  
welanga khona.



Igadango lesi-5:

Nasele isitjalo sakho  
sinemirabhu,  
ungasitjala-ke  
ehlabathini ethambileko.



Igadango  
le-6:

Thelelela isitjalo sakho njalo. Ngemva  
kweemveke ezimbalwa, uzokwazi ukukha  
zakho iimbontjisi ozitjalele wena ngokwakho.



45

# Ukudla esikudlako

Timveke-7  
Ithemu-3 -



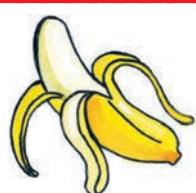
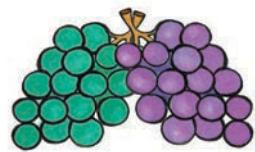
Asifunde

Ukudla okunepilo kusenza kobana sikhambé njengeembaselí nazenza ikoloyi kobana ikhambe. Sitlhoga ukudla okunepilo ukuze sikwazi ukwenza lokho esikufisako kanye nokukwenza kuhle. Ukudla okunepilo kusipha amandla begodu kwenza kobana sikhule.



Asenzeni lokhu

Qala iinthombe lezi. Tlola ibizo lokudla ngakunye ngaphasi kwesithombe ngasinye.



Asitlole

Uthanda ukudla okunjani? Ngikuphi ukudla ongakuthandi khulu? Tlola ukudla lokho ngaphasi kwesihloko esingenzasi. Khetha esithombeni esingeħla iimpendulo zakho.

Ukudla engikuthandako

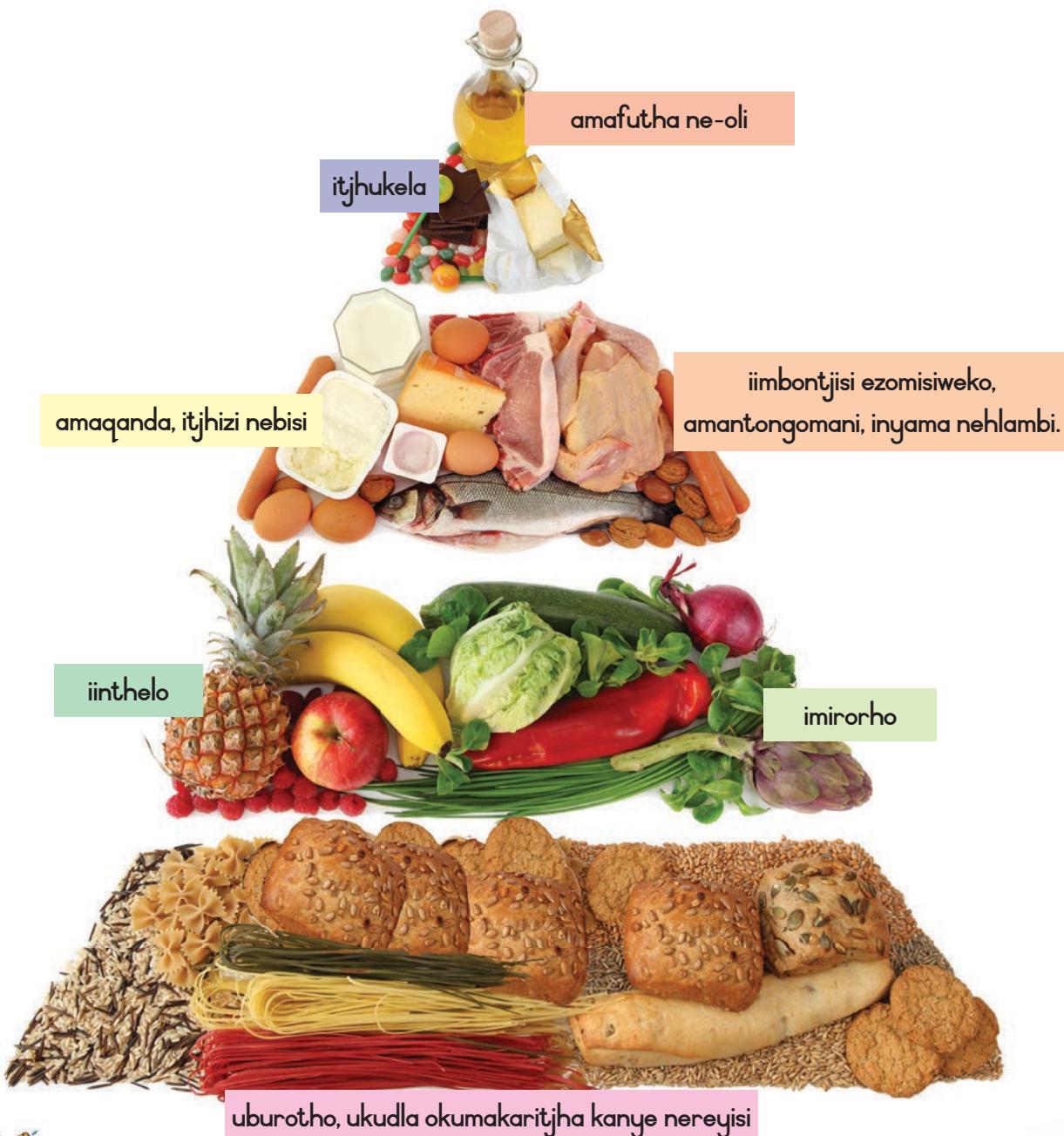
Ukudla engingakuthandiko



Asifunde

Ukudla singakwehlukanisa ngemikhakha eli-7. Ukudla okungenzasi kumele ukudle njalo.

Ungakudla ukudla okungehla kodwana ingasi ngamalanga.



Asikhulume

Cocisanani ngetlasini.

Kungani kumele sikudle kancani ukudla okubekwe phezulu esithombeni esingehla begodu sidle okunengi okubekwe esithombeni esingenzasi?

Teacher:	
Sign:	
Date:	

# Ukudla okwehlukeneko kubuya kuphi?

Ithemu-3 - Limveke-7



Asifunde

Ukudla okunengi kubuya emaplasini. Umkhiqizo osisekelo ukhiqizwa emaplasini bese uyasetjenziswa ukwenza eminye eminengi.



Uburotho namasiriyela kubuya ekoroyini.



Ekukhwini sithola amaqanda.



Iinthelo zikhula emithini kanye neentjalweni.



Ekomeni sithola ibisi nenyama. Senza iyogathi netjhizi ngebisi.



Sisebenzisa isiphila ukwenza ipuphu.

Ilanga: .....



Iliju libuya eenyosini.



Umoba senza ngawo itjhukela.



Enguluben i sifunyana inyama  
kanye nebheyikhoni.

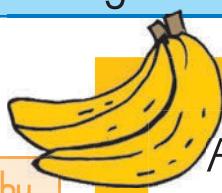


Sitjala besivune imirorho  
eemvandeni zethu.



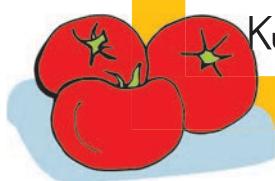
Asenzeni lokhu

Vumani ingoma elandelako  
notitjhore wenu.

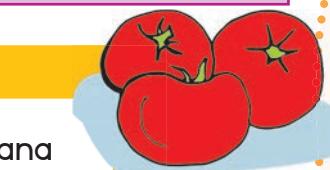


Ama-abhula, amagwava, amabhanana

Imbontjisi ama-erekisi kanye namazambana  
Koke kwenza kobana imizimba yethu  
ikhule beyiqine.



Ingenza ngikwazi ukuqalana nomsebenzi  
Ngidla kwaphela ukudla okunepilo!



Kungenza ngiphile bengibe namandla.



# Ukudla okunepilo kanye nokudla okunganapilo

Limveke - 8



Asifunde

Ithemu - 3

Kanengi ukudla esikuthandako akusikho ukudla okunepilo.

Ngesinye isikhathi sithanda ukudla okungakawulungeli umzimba wethu. Begodu ngesinye isikhathi asikuthandi khulu ukudla okuthileko okuwulungele khulu umzimba wethu.

Kuvamile-ke kobana into esiyidla ngobunengi khulu itholakale ingakalungi. Ngakho-ke ukudla ukudla okunengi khulu okumnandi akukalungi. Kungenze ka akunapilo ukudla ukudla okunengi khulu kwananyana yini. Yidla bewusuthe. Ungadli khulu ngesizathu sokuthi uthanda ukudla.



Asenzeni lokhu

Sika iinthombe zokudla okunepilo nezokudla okunganapilo kibomegazini bese uzinamathisele emakotikotini ekungiwo. Nawungakwaziko ukuthola isithombe, kugwale ukudla lokho.



Ukudla okunepilo



Ukudla okunganapilo



Asitlole

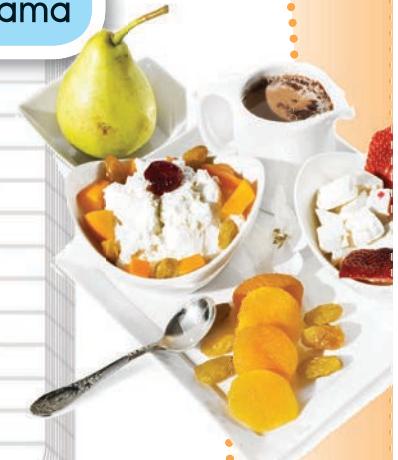
Ilanga: .....

Sebenzisa okufundileko ngokudla bese uzitlolela  
yakho imenu.

Isidlo sekuseni

Isidlo semini

Isidlo santambama



Asenzeni lokhu

Siyokwenza isoladi yeenthelo. Landela imiyalo  
engenzasi:



Uzokutlhoga lokhu:

- Iinthelo ezahlukahlukeneneko
- Ijuzi yeenthelo
- Isikotlelo esikhulu esingumakupuru

Landela amagadango  
alandelako:



- Hlanza iinthelo.
- Zikele lokha nakutlhogekako (njengama-orentji).
- Sika koke kube ziintokana ezincani (bawa omunye omdala akusize)
- Hlanganisela iinthelo ngaphakathi kwesikotlelo esingumakupuru.
- Thabela isoladi yakho nanyana ine-ayisikhrimu nanyana ikhrimu.



# Ukugcina ukudla

Ithemu-3 - Limveke-9

Qala isithome bese uphendula imibuzo.

Asifunde



Ngikuphi okuyelelako ngamadadamu?

Singakghona ukukudla ukudla lokho?

Ucabanga kobana kwenzekeni ngokudla lokhu?

Ukudla okutjha akuhlali kukutjha njalo. Okhunye

Asifunde ukudla okufana nemirorho kanye neenthelo kuyathoma

kutjhwabe bese kugcine ngokuthi kubole. Inyama, ihlambi kanye

nokhunye ukudla okutholakala ederini kuyakghora begodu angekhe

sisakghona ukukudla. Singenza ini ukugcina ukudla isikhathi eside

khulu? Indawo ephephileko yokugcina ukudla kukufaka ngesiqandisini.

Kodwana okhunye ukudla kungonakala nangekuhlala kuqandisiwe

isikhathi eside. Kuneendalela ezimbili zokugcina ukudla kukutjha.



Ilanga: .....



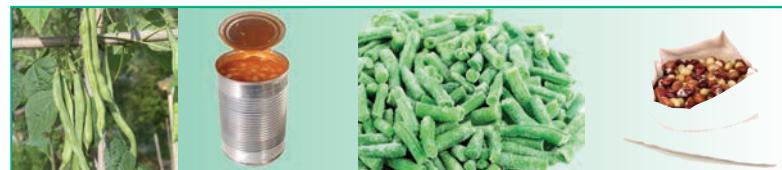
### Asikhulume

Qala iinthombe ezilandelako.

Cocisana nomngani wakho ngazo. Ngiziphi iindlela ukudla ekugcinwa ngakho isikhathi eside?

Ungacabanga ngezinye iindlela ezingenza ukudla kobana kungaboli? Cocisana nomngani wakho ngazo.

Tjela itlasi iimbonelo zalokho.



### Asitlole

Qala iinthombe ezingenzasi bese ufundu amagama angemabhoksini. Ngemva kwalapho, tlola elinye lamagama alandelako ngaphasi kwesinye nesinye isithombe esikhambisana negama.

### Okutjha



### Okungemakotikotini



### Okomisiweko



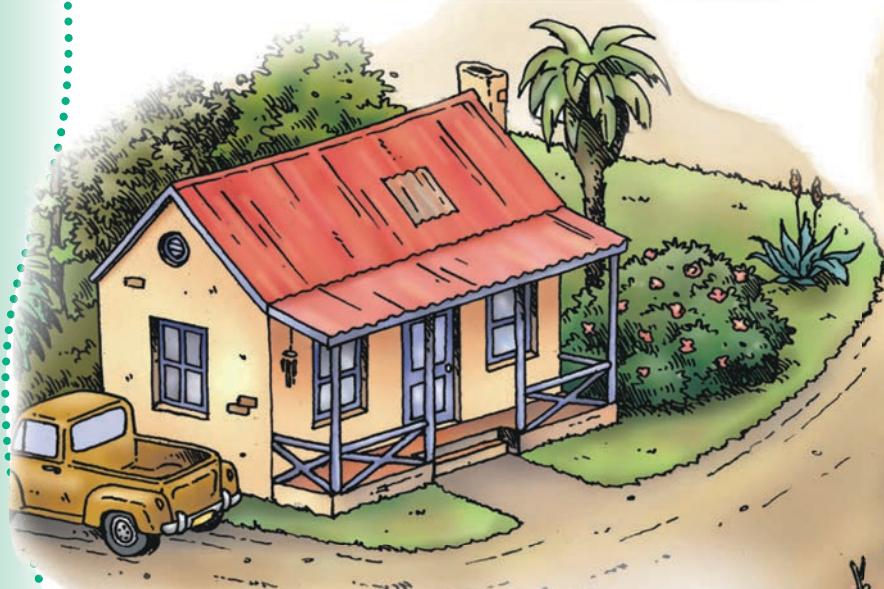
### Okubekwa ngefrijini





Asikhulume

Ikhaya lakho kulapha  
uhlala khona. Abantu  
abahlala eSewula Afrika  
banemihlobo eyahlukene  
yezindlu abahlala kizo.  
Ungawathola kuphi  
amakhaya alandelako?

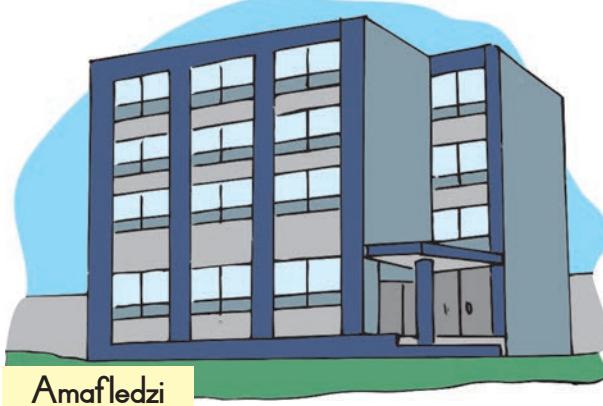




Asikhulume

Qala iirthombe ezingenzasi. Cocsana nomngani wakho ngezinto ezifanako ezindlini zoke. Bese niyabuya nicocisana ngezinto ezingafaniko. Ngiziphi izinto ezinengi khulu ezifanako begodu ngiziphi izinto ezinengi khulu ezahlukileko.

Ilanga: .....



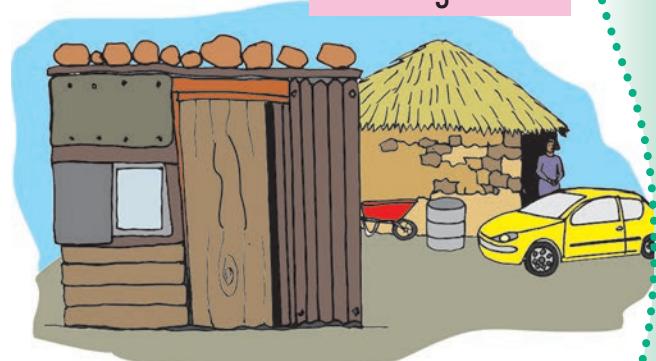
Amafledzi



Izindlu ezinomqaqado munye nanyana emibili



Amakharavana kanye namatende



Amatjhede



Izindlu zemakhaya



Asenzeni lokhu



Izindlu ezaziwa ngamaCape-Dutch

Sebenzani ngeenqema. Thola ibhoksi lenyathelo nanyana elinye nelinye ibhoksi. Lipende ukuze liqaleke njengomuzi. Sebenzisa ibumba ubumbe isithombe sakho sibe ngaphandle kwendlu.



50

# Imihlubo yezindlu (2)

Timveke -  
Ithemu -  
L -

Asenzeni lokhu

Cabanga ngezindlu ezahlukeneko okhe wazibona endaweni ohlala kyo  
nanyana lapha ukhe wavakatjhela khona. Gwala iinthombe ezimbili  
zezindlu ezahlukeneko okhe wazibona.



Asikhulume

Nasingaphakathi kwendlu eyakhiwe kuhle, asitjhi khulu nanyana  
asigodoli khulu. Asinethwa begodu asiphetjhulwa mummoya.

Abantu abanengi abakavikeleki ngendlela esikhuluma ngayo.

Coca nomngani wakho nikhulume ngendlela abantu abazivikela  
ngayo nabanganawo amakhaya.

Amanowuthi wakatijhere:  
Utitjhere wakho uzokulalela  
imibono yenu.



- Yelula isandla sakho ngendlela ongakghona ngayo uthinte indawo efulelweko yendlu yakwenu.
- Guqa phasi ngamadolo utjale iintjalo esivanden.
- Lula izandla zakho khulu uvule amafesidere wendlu yakho. Bese ubuye uwavale.
- Kothama bese uhlawule endlini yakho.
- Thanyela phasi ngomthanyelo.
- Hlanza amafesidere ngetjhila.



## Amanowuthi wakatitjhore:

Lalela igido utitjhore azokudlalela lona esigubheni asibethako. Khamba ngejido lelo. Lokha utitjhore nakatjhugulula igido, nawe tjhugulula ibelo lokukhamba/lokunyakaza kwakho.  
Lalelisisa.



Teacher:
Sign:
Date:

# Izinto zokwakha izindlu

Itthemu-4 – Timveke-2



Asikhulume

Sisebenzisa izinto ezahlukeneko ukwakha izindlu.

Qala iinthombe ezingenzasi.



iintina



amathayili



amasenge



isamende



umhlanga



irhalasi



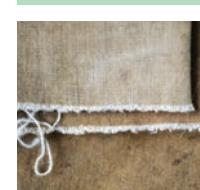
amapala /iingodo



ikhuni/amaplanka



amatje



amatende



iplastiki



umdaka/  
ihlabathi



iinsimbi



iinkhumba



isanda



Cocisana nomngani wakho ngezinto ezahlukahlukeneko zokwakha izindlu.

Ngiziphi ezibuya efekthrini?

Ezinye izinto zibuya kuphi?

Tjela abentwana abanye kobana wena izindlu ozibonako nawuza esikolweni zakhiwe ngani.

Amanowuthi wakatijhere:  
Utitjhere angatlola  
irherho lezinto  
ebhodini.



Asenzeni lokhu

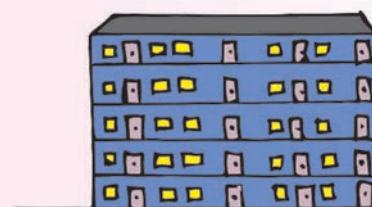
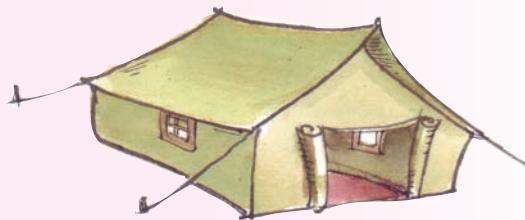
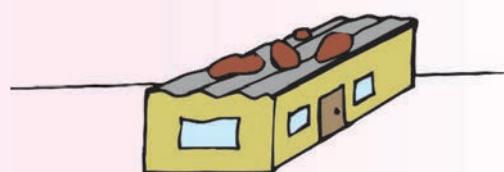
Emhlobeni ngamunye wendlu, gwala umuda  
uye kilokho eyenziwe ngakho.

Ilanga: .....

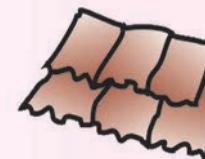
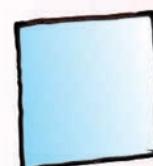
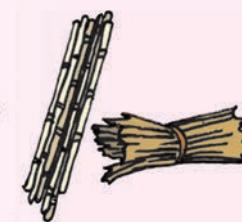
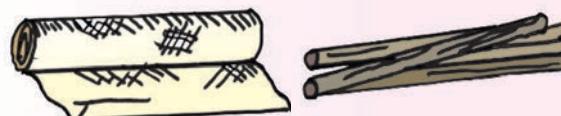
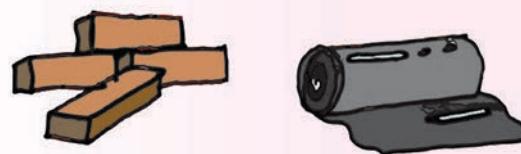
Amanowuthi wakatitjhore:  
Utitjhore uzokuthatha iincwadi  
zenu zokusebenzela ayoziqala.



Imihlubo yezindlu



Izinto zokwakha



# Izindlu ezizokujamelana nobujamo bezulu obahlukahlukene

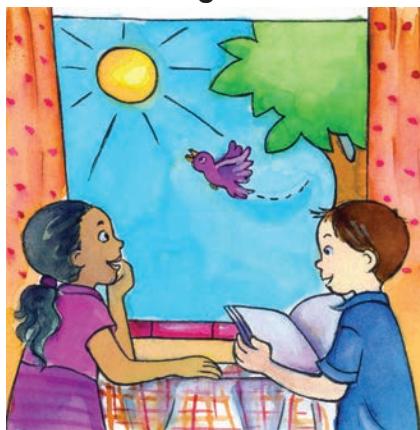
Timveke - 2

Itthemu - 4



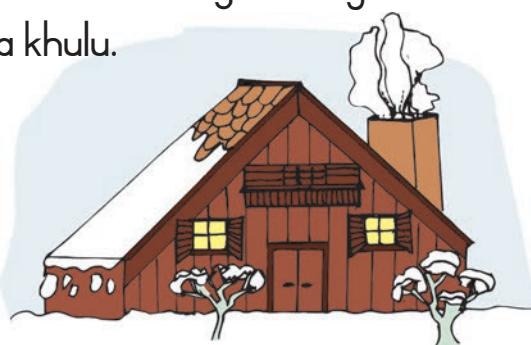
Asifunde

Izindlu zivikela abantu ebujameni obahlukahlukene bezulu. Zingasivikela emisebeni etjhisa khulu yelanga. Zingasivikela godu nakumakhaza, izulu nalinako nalokha kunomoya.



Bewazi kobana abantu abahlala eendaweni ezimakhaza kufanele bakhe izindlu zabo ngendalela ekhethekileko njengalezi ezingenzasi? Izindlu lezi kufanele zibabulunge bafuthumele lokha nakukhithika igabhogo.

Lo mumebhe wendawo ebizwa ngokuthi yi-Greenland.  
Yindawo emakhaza khulu.



Le yi-gloo



abantu abahlala eplanedini ebizwa nge-Artic enerhwaba elinengi, bakha izindlu zabo ngerhwaba.

Igabhogo liqotha amakhaza. Izindlwana lezi zibizwa ngokuthi yi-gloo.



Asenzeni lokhu

Ilanga: .....

Ngeenqhemha, lingisani kobana ningakha njani indlu.

Zikhetheleni kobana nizokwakha indlu enjani.

Nizokusebenzisa izinto zokwakha ezinjani?

Yabelanani imisebenzi. Kuzokuzwakala  
maphi amatjhada?

Sebenzisani amanye wamagama  
alandelako.

umnyango/  
umbadi

izindlu ezingakakhiwa  
ngeplani

izindlu zemakhaya

izindlu zamaCape-Dutch

iintina

umthangala

ipende

amafledzi

amafulelo

itjhimela

ifesidiri

isamende



Asifunde

Yitjho ikondlo elandelako  
njengengcenyé yakho yokulingisa:

Yakha, yakha indlu yakho etja!

Yiza neentina, meda iboda

Bethelela isipikiri leso, qinisa isikrufu leso –

Zivikele elangeni



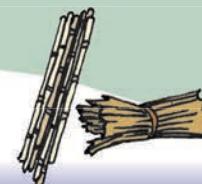
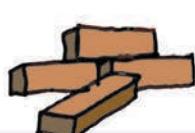
Yakha, yakha indlu yakho etja!

Yiza nesanda kanye neminyango

kanye namathayili.

Yiza namanzi, hlanganisa nesamende –

Zivikele ezulwini.



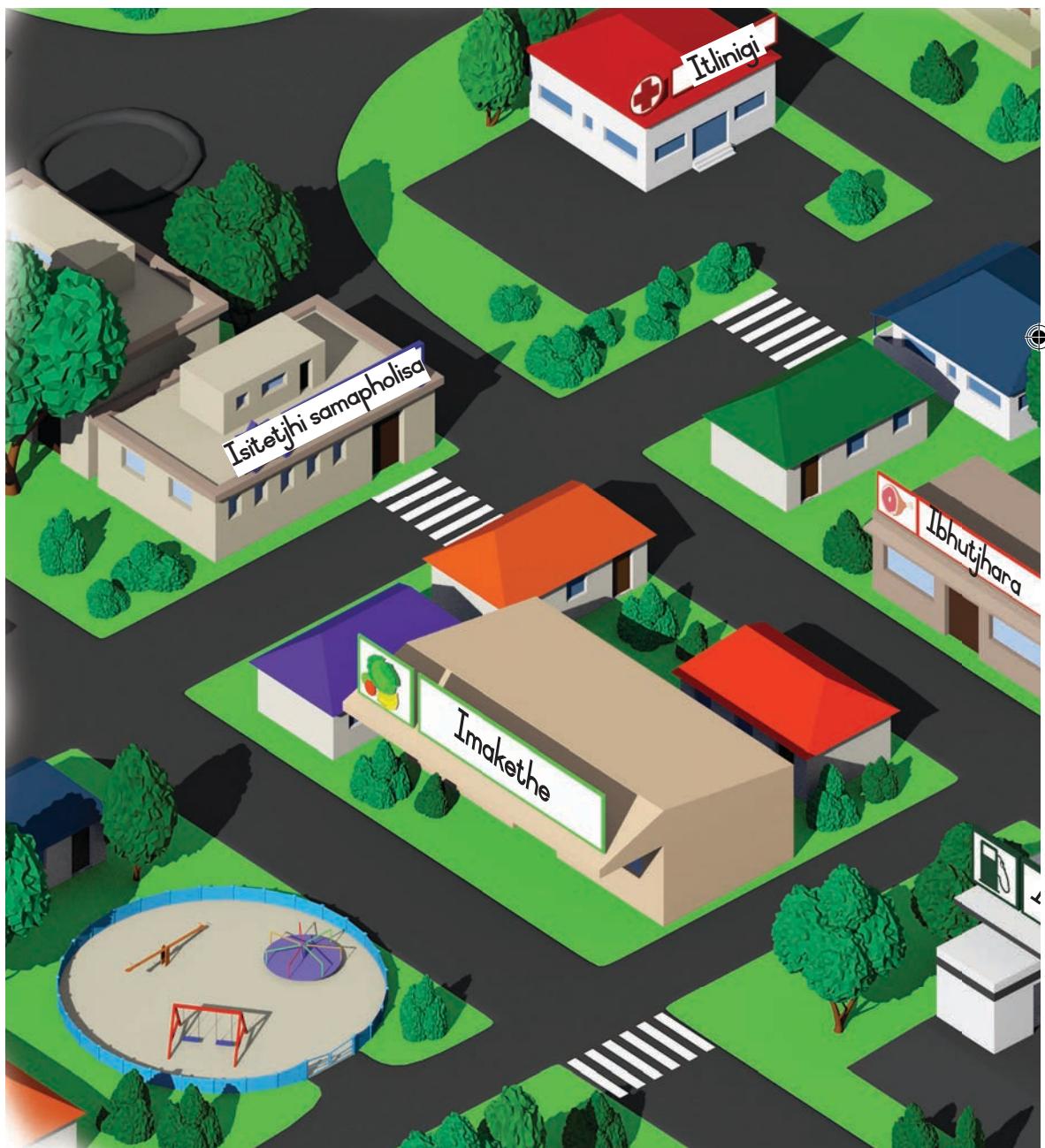
# Ukuthola iindawo kanye nezinto (1)

Asifunde

Timveke - 3  
Ithemu - 4

Kunemebhe eyahlukahlukaneko. Ukukhetha umebhe wakho onembako, kumele sazi umebhe lowo uyowusebenzisela ukwenza ini. Umebhe weendlela ukusiza ukuthola iindlela/iintrada kanye neendawo edorobheni nanyana edorobhokazini.

Abalimi bathanda iindawo ezinomebhe otjengisa amadamu, imilambo kanye neentaba.





Asenzeni lokhu

Ilanga: .....

Wena nomngani wakho, cocani ngemibuzo elandelako. Gwala isiyingi undulungele iindawo esithombeni emakhasini amabili la.

Ungazithola kuphi iincwadi ongazifunda?

Ungalibika kuphi icala lokwetjiwa kokuthileko?

Ungaya kuphi lokha nawugulako?

Ukudla ungakuthenga kuphi?

Ungaya kuphi nawufuna ukujamela ibhesi?

Indlela yona ungayeqa kuphi lapha kuphephileko?

Amanowuthi wakatitjhere:  
Utitjhere wakho uzoyifunda  
ngayinje ngayinje, ngemva  
kwalapho ningafunyana  
iimpendulo.



# Ukuthola iindawo kanye nezinto (2)

Timveke - 3  
Ithemu - 4



Asikhulume

Qala indlela emebheni wendlela uJason awulandelako ukusuka kwabo nakaya esikolweni.

Hlathululela umngani wakho kobana uJason indlela akayilandelako nakasuka ekhaya aya esikolweni. Naka amanye amagama ongawasebenzisa.

ngehla

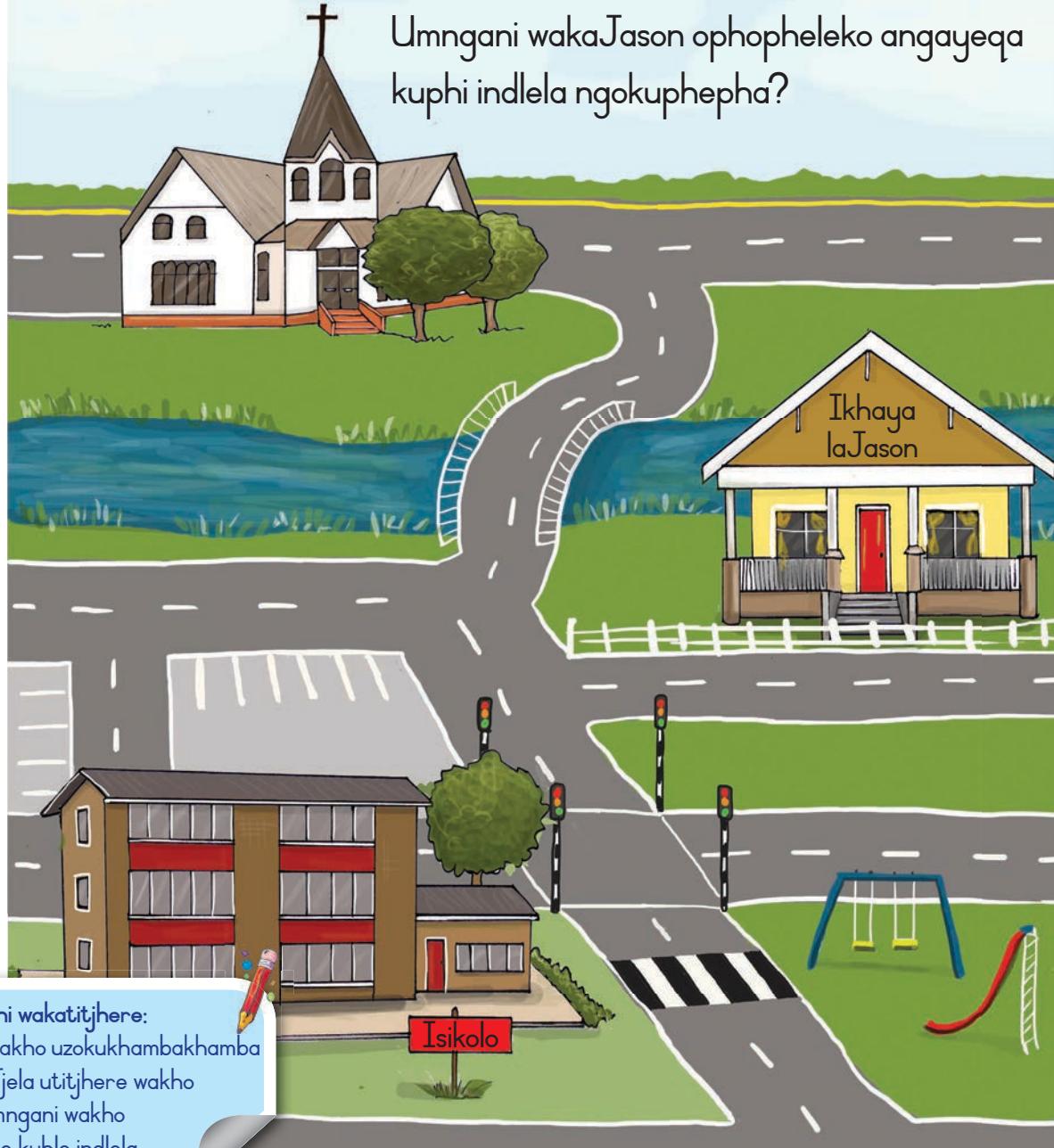
udlula

eqadi

ngaphezulu

ngaphasi

Umngani waka Jason ophophelko angayeqa kuphi indlela ngokuphepha?



Amanowuthi wakatijhere:  
Utijhere wakho uzokukhambakhamba  
ngetlasini. Tjela utijhere wakho  
nangabe umngani wakho  
uyihlathulule kuhle indlela.



### Asikhambahambe

- Yizani nerobho ede niyibeke phasi.
- Niyokukhamba "endleleni" le.
- Khambani niye phambili, emuva ngemaqadi ngokulinganisa nerobho.
- Khambani niye phambili nilinganise nerobho nthwele izandla zenu ehloko.
- Khambani nibuyelete emuva nilinganise nerobho nibeke izandla zenu ngemuva.
- Khambani nitjhinge ngemaqadi nilinganise nerobho, nibeke izandla zenu emadinini.

Ilanga: .....



### Asifunde

Uyenze ngepumelelo engangani imisikinyeko engehla? Nangabe ungayenza kuhle yoke imisikinyeko, penda ebusweni obumamathekako.

Nangabe awukaphumeleli ukuyenza yoke imisikinyeko, penda ebusweni obudanileko. Nangabe ukghonile ukwenza eminye yemisikinyeko, penda ebusweni obuphakathi.

Ngingakhamba ngitjhinge phambili nemuva ngilinganise nerobho.			
Ngingakhamba ngiye ngemaqadi ngilinganise nerobho.			
Ngingakhamba ngitjhinge phambili ngilinganise nerobho ngibeke izandla zami phezu kwehloko.			
Ngingakhamba ngitjhinge phambili ngilinganise nerobho ngibeke izandla zami ngemuva.			
Ngingakhamba ngitjhinge ngemaqadi ngilinganise nerobho ngibeke izandla zami phezu kwedini.			



55

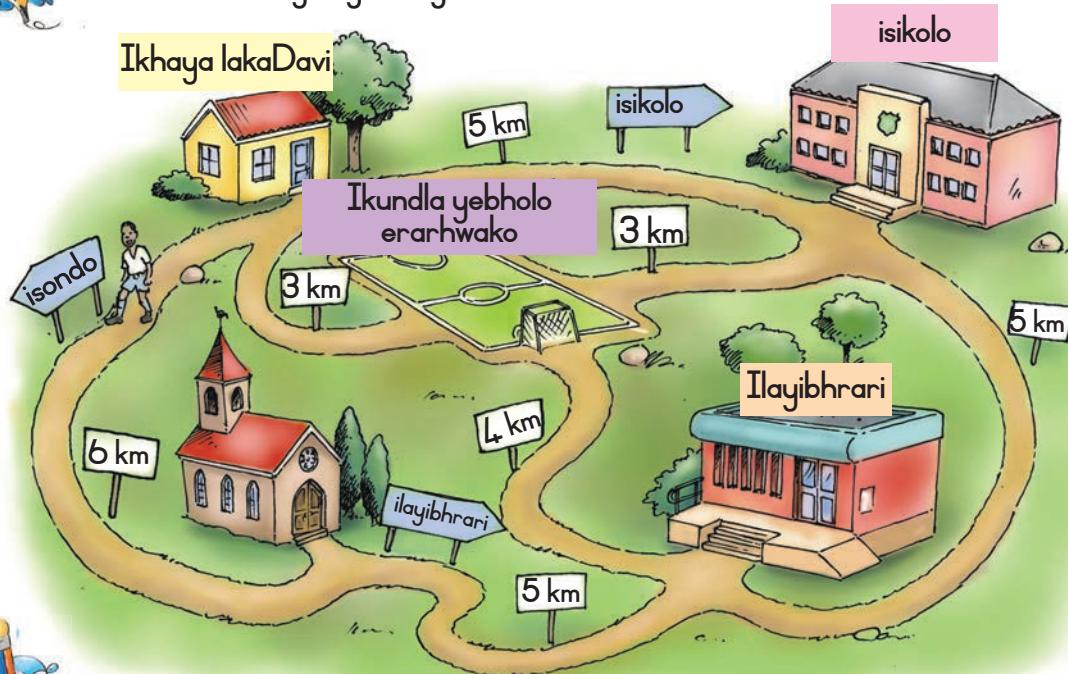
# Ukufunyana indlela

Imebhe enesithombe iyasisiza kobana iindawo zikude kangangani ukusuka kenyé uye kenyé. Qala umebhe olandelako.

Timveke - 4  
Ithemu - 4



Asitlole



Asitlole

Phendula imibuzo elandelako. Ungabawa umngani wakho kobana akusize.

Gwala isiyungi nanyana indulungu lapha ubona kutlolwe **km**.

Uneeyungi ezingaki?

UDavi ukhamba kusuka esikolweni ukuya elayibhrari.

UDavi ubona ini eduze kwelayibhrari?

Ubone liphi itswayo endleleni?

Ukhambe ibanga elide kangangani?

Nakajame emnyango wangaphambili welayibhrari, uDavi ubona muphi umakhiwo?

UDavi ulambilé. Ufuna ukubuyela kwabo. Penda indlela efithjani khulu esuka elayibhrari eya kwabo.

Phendula ngo-Iye nanyana ngo-Awa:

Ingabe ikundla yebholo erarhwako iseduze khulu nakwabo?

Amanowuthi wakatitjhore:  
Vama ukuqinisekisa kobana uqinisekile ukutjela utitjhore wakho lokha nawungaboni litho kuhle.

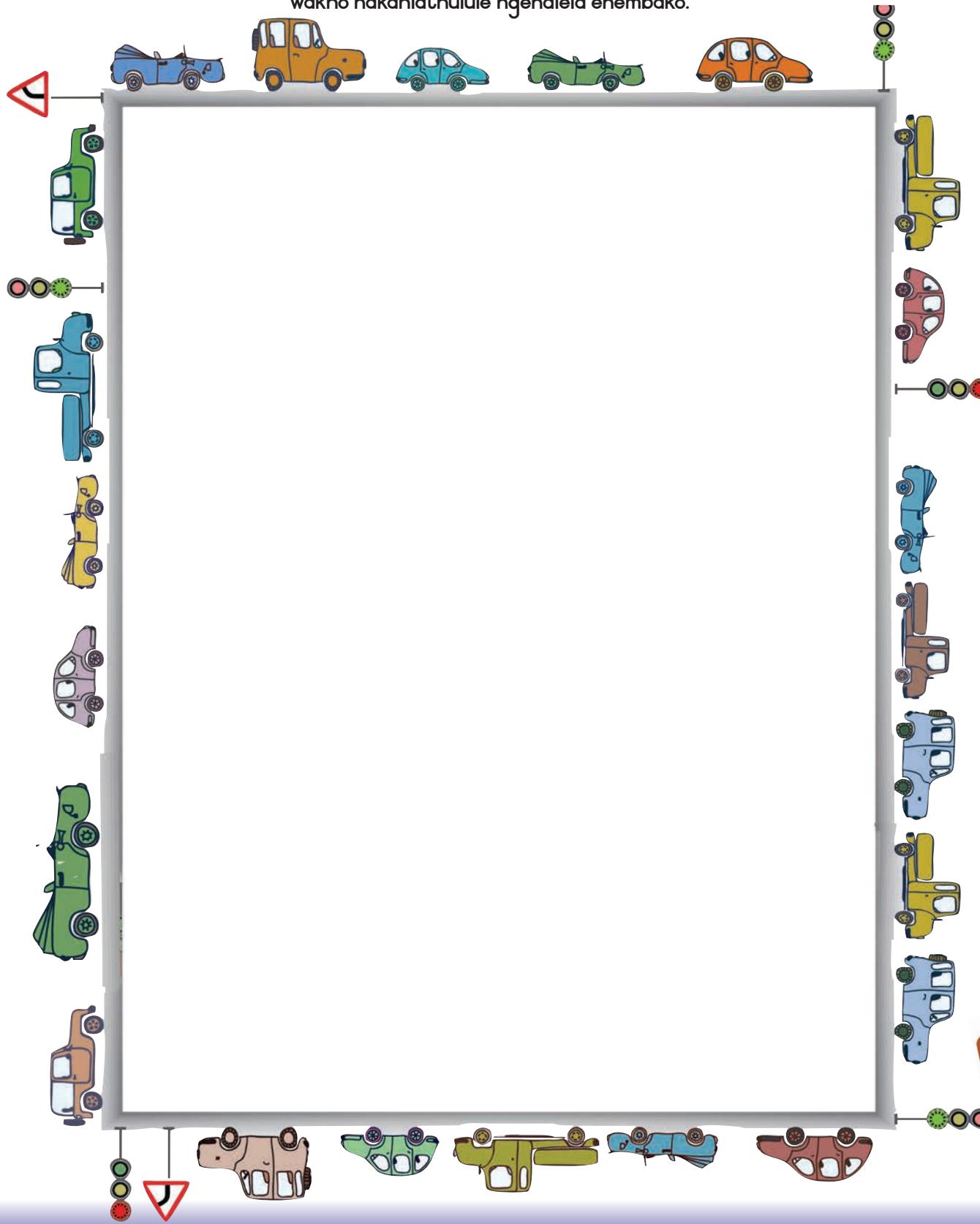




Asenzeni lokhu

Ilanga: .....

Gwala umebhe wakho wendlela oyilandelako hlangana neendawo ezimbili. Ungakhetha nanyana ngiziphi iindawo ezimbili. Nasele uqedile, unga tjemisa abangani bakho umebhe wakho. Nikela umngani wakho umebhe ukuze ahlathulule indlela ozoyikhamba. Yewutjheje nangabe uhlathulula ngendlela enembako. Tjela utitjhere wakho lokha umngani wakho nakahlathulule ngendlela enembako.



# Ukuthola izehlakalo endatjaneni

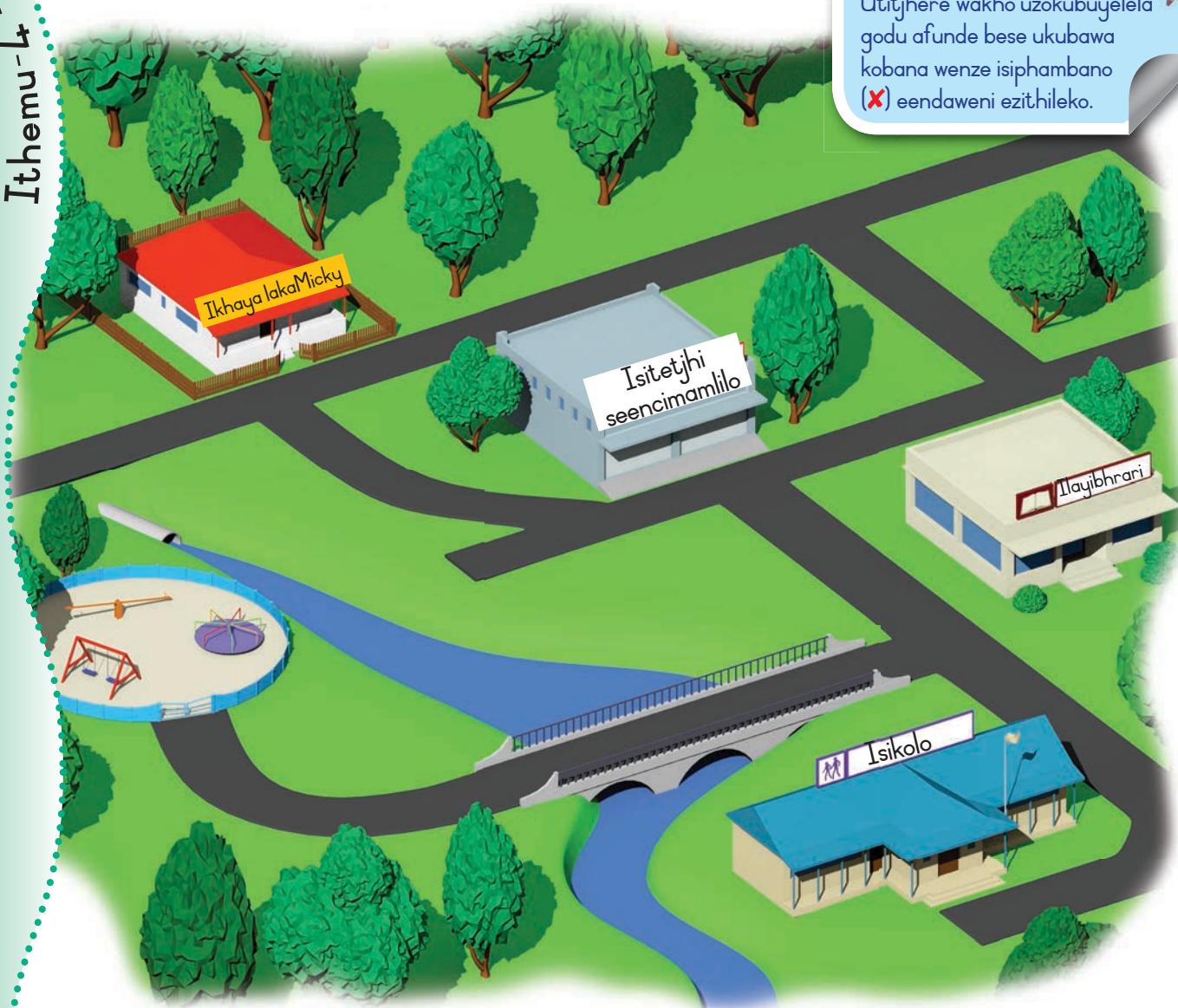
Timveke - 4  
Ithemu - 4



Asenzeni lokhu

Utitjhere wakho uzokufunda indatjana ekhulumu ngoMicky.  
Lalelisisa kuhle. Landela indledlana yakhe emebheni encwadini yakho.

Amanowuthi wakatitjhere:  
Utitjhere wakho uzokubuyelela  
godu afunde bese ukubawa  
kobana wenze isiphambano  
**(X)** eendaweni ezithileko.



NgoMgqibelo uMicky udlala ephageni nabangani bakhe **(X)**.

Namhlanje ekuseni, unina umbuzile, "Ugogwakho uyagula, ngiyakubawa, akhe uyomnikela ukudla lokhu?" UMicky uthatha isikhwama esikhulu esinokudla. Uthe lokha nakaphuma ehegeni wahlangana nendoda. Indoda yatjho ngephimbo

elimarhororhoro yathi, "Arha, ngiyakubona uthwele ukudla. Uphathele ugogwakho angithi?" Lokho kwamethusa khulu uMicky. Wakhambisa khulu ehla ngendlela sele anqombe lapha kunesicimamlilo khona. Lapha ujikela ngesandleni sokudla (X).

Kodwana uthe nakaqala emuva, wabona indoda leya imlandela.

UMicky ukhetha ukuyokuthola isizo ebanganini bakhe ephageni. Uthe nakafika elayibhrari, utjhinge ngesidleni wangena. (X).

Ngesandleni sakhe sesincele wabona isikolo wabe wasidlula (X).

Iintrada zithule du. UMicky kwanje weqa indlela msinya (X).

Ekugcineni wabona iphaga. Wakhamba ngaphezu kwebhlorho (X) ukuyokuhlangana nabangani bakhe ehegeni! (X)



### Asikhambahambeni

Kwanje siyokudlala umdlalo wokujjima umgijjimo werileyi.

- Kwanje bekani iinhlalo zenu zenze isiyingi. Dlalani "umvumo weenhlalo" – nimele nifunyane indlela efitjhani eya esihlalweni.



# Amanzi siwasebenzisa njani: emakhaya nesikolweni



Asitole

Amanzi siwasebenzisa pheze ngamalanga. Qala iindlela ezahlukeneko esizisebenzisela amanzi. Ngenzasi kwesinye nesinye isithombe, tlola kobana amanzi asetjenziselwa ukwenza ini. Sebenzisa iinhlokwana lezi.

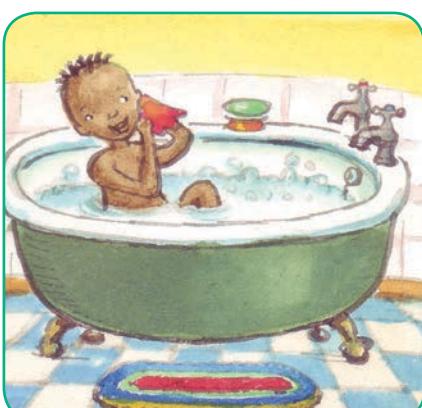
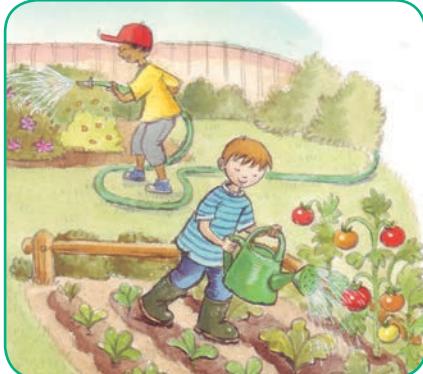
Ukwenza umlilo.

Ukuhlanza imizimba yethu.

Ukusiza iintjalo zimile.

Ukuhlanza izembatho kanye nezitja.

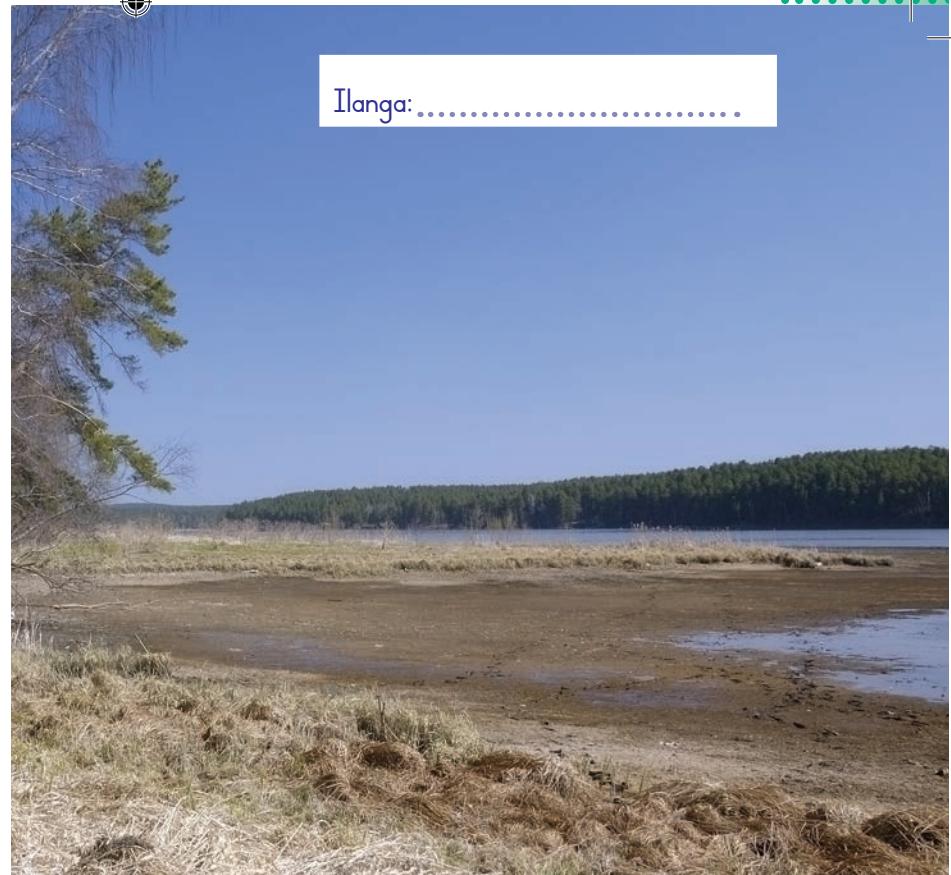
Ukupheka ukudla.





### Asikhulumé

**Khuluma**  
 ngeendlela ezinye  
 zokusebenzisa amanzi ngendlela eyongako.  
 Amanzi ayakarisa! Singahlathulula  
 izinto ezinengi ezenziwa ngamanzi.  
 Cocisanani ngezinye iindlela lapha  
 amanzi angasetjenziswa ngazo  
 khona. Amanzi yinto eqakatheke  
 khulu. Khulumani ngokuthi siwona  
 njani amanzi. Kungenzekani lokha  
 nasingenawo amanzi? Yabelana  
 ngemibono nabanye abafundi.

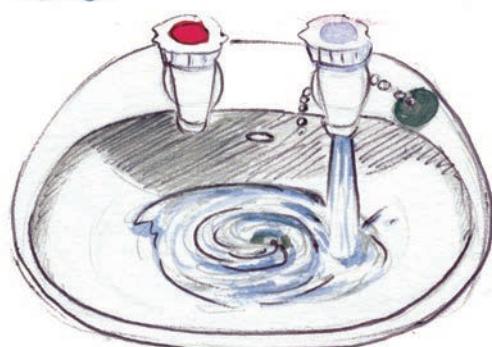


Ilanga: .....



### Asikhambahambeni

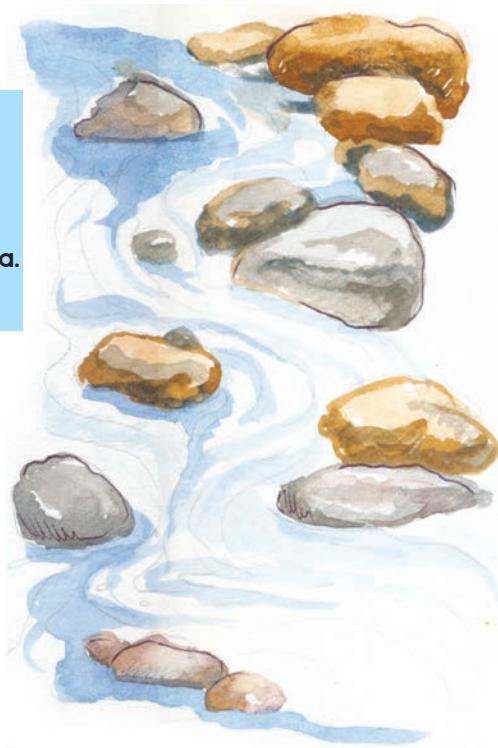
Lingisa okulandelako.



Amanzi aphuma  
 epompeni athontela  
 ngesitjeni sokuhlambela.



Ilifu lezulu lakhekha,  
 laba likhulu kuthi  
 ekugcineni izulu  
 line bese ilifu  
 liyanyamalala.



Umlambo ogeleza kancani  
 ematjeni nomlambo ogeleza  
 phezu kwesanda.



### Asidhaleni

- Dlalani "Umgqomu namathosi wamanzi".

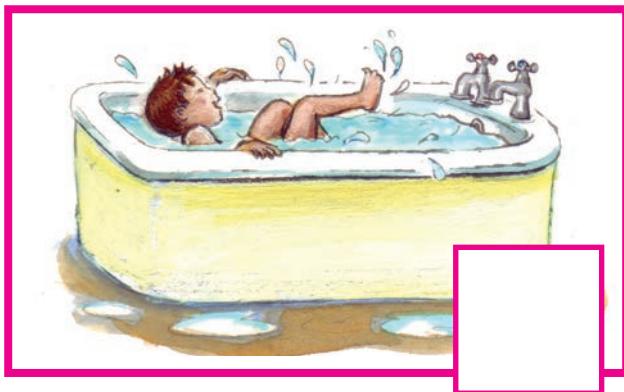
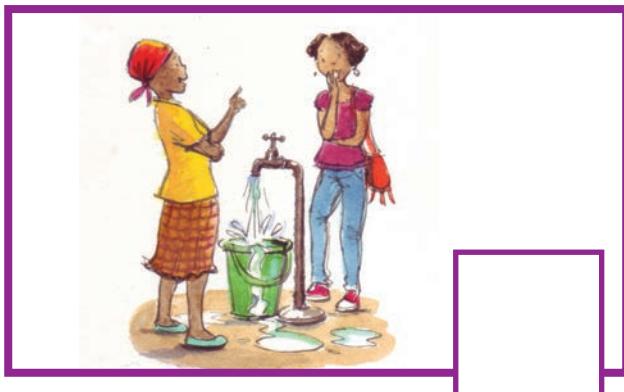
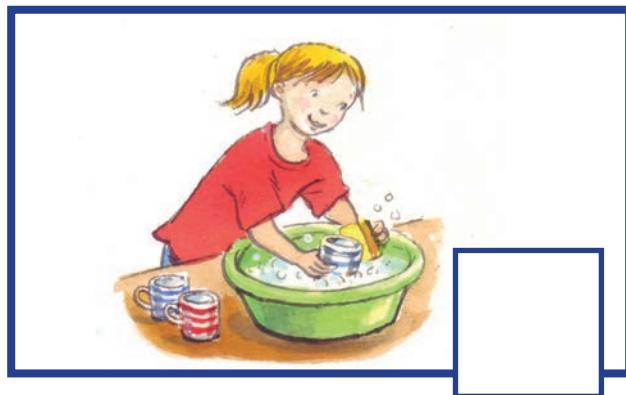
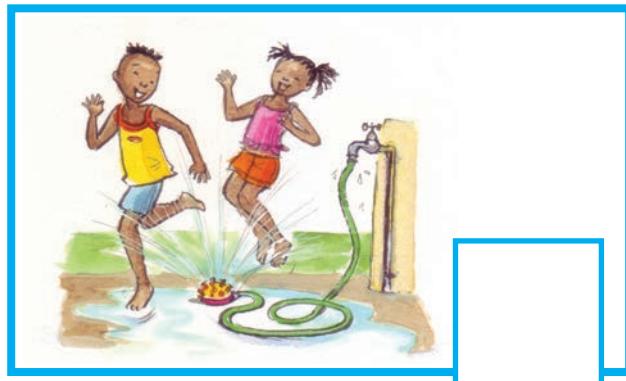
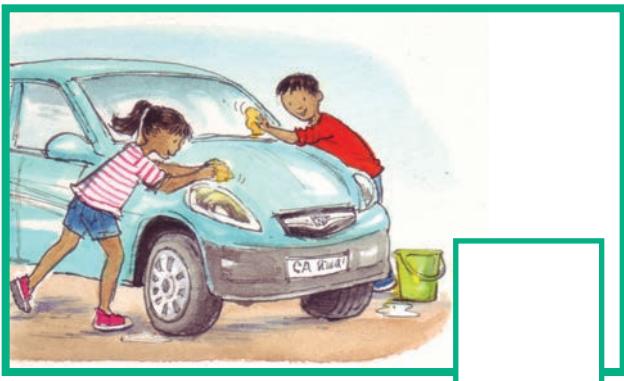




Asitlole

# lindlela amanzi onakala ngayo

Qalani iinthombe ezilandelako. Tlola itshwayo (✓) eduze kwesithombe lapha amanzi ongeka khona bese utlola isiphambano (✗) lapha amanzi oniwa khona



Ilanga: .....



Asikhulume

Qala iinthombe lapha utbole khona isiphambano. Coci sanani ngazo ngetlasini niveze kobana esithombeni ngasinye benzani. Coca ngokuthi bangasebenzisa njani amanzi ngokuwonga.

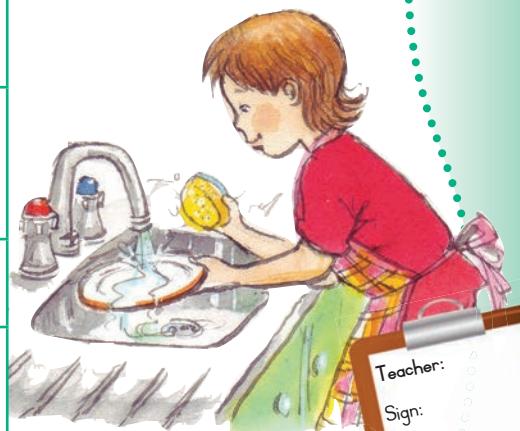


Asitlole

Qala iinthombe. Funda imitjho engenzasi. Faka itshwayo (✓) kesinye nesinye isenzo esingasisiza ukonga amanzi, bese ubeka isiphambano (✗) kesinye nesinye esingongi amanzi.



	✓ nanyana ✗
Ngivulela amanzi epompeni lokha nangitlubha amazinyo wami.	
Sisebenzisa isibha esingayoniko imvelo. Angiwathululi amanzi ebengahlamba ngawo kodwana ngithelelela ngawo esivandeni.	
Njalo ebusuku ngahlamba umzimba ngamanzi azele swi ibhada.	
Nangibona ipompi ivuza, ngiyayivalisisa.	
Sihlanza izitja epompini ngaphandle lapha amanzi agijima khona.	



Teacher:  
Sign:  
Date:

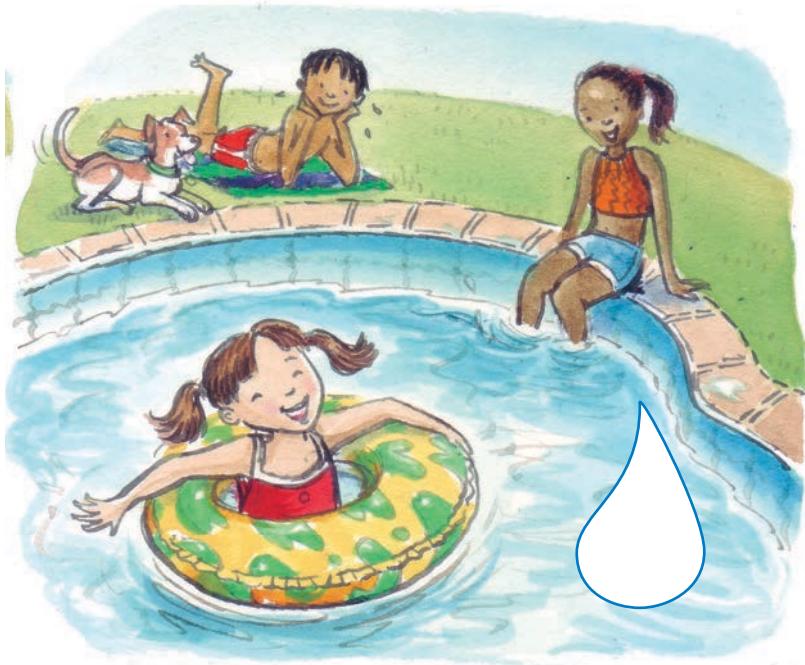
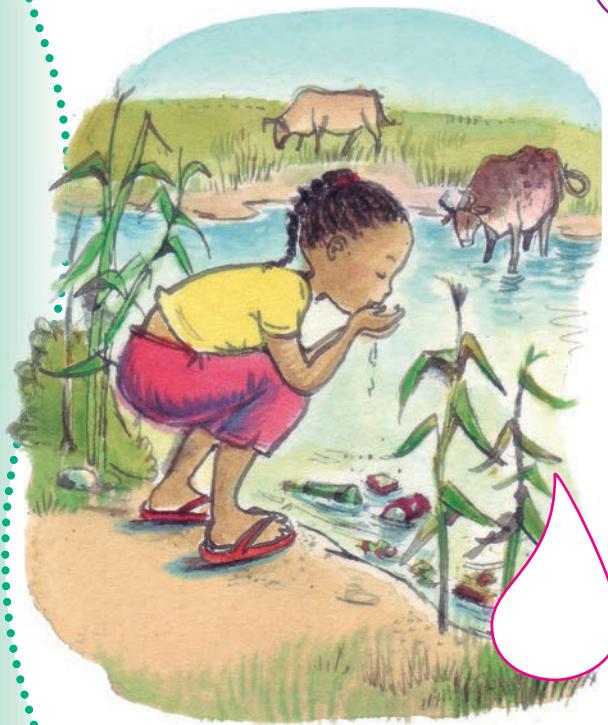
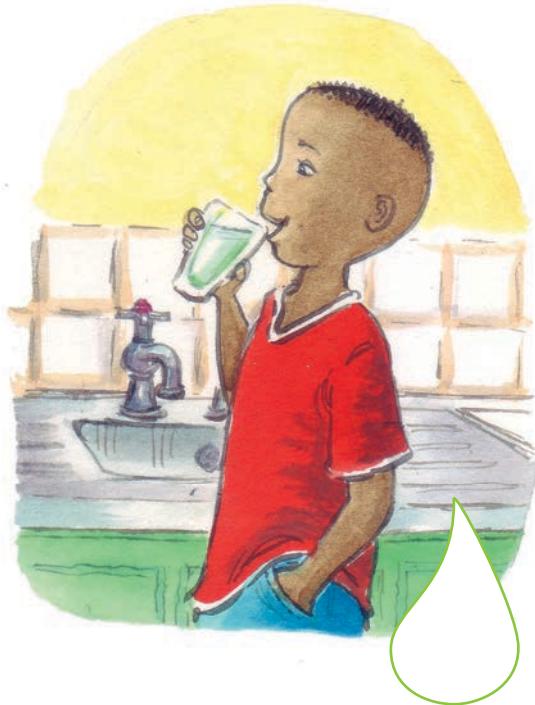
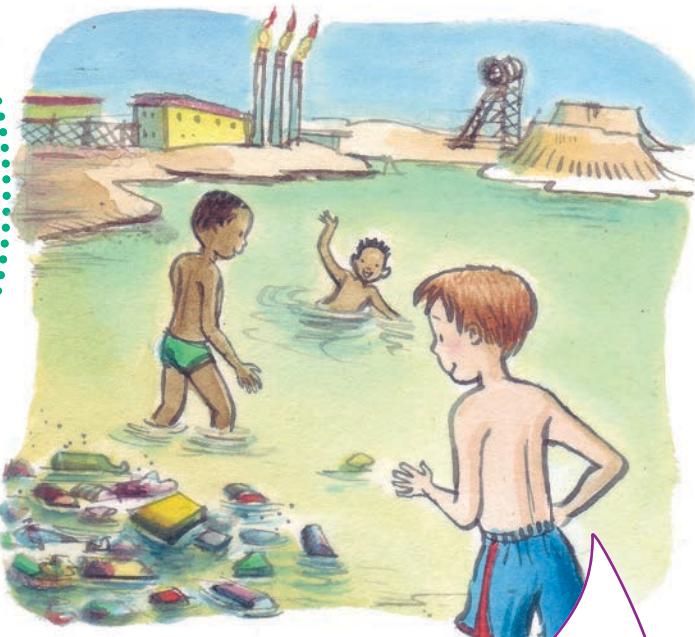
# Amanzi aphephileko wokusela nangakaphephi

Timveke - 6  
Ithemu - L -



Asitlole

Qala iinthombe lezi. Beka ithiki (✓) esithombeni otjengisa ukuphepha. Beka itshwayo isiphambano (✗) esithombeni esitjengisa ukungaphephi.





### Asitlole

Tlola igama "**kuphephile**" nanyana "**akaphephi**" uqedelele umutjho ngamunye.  
Ipendulo yokuthoma inikelwe.

Ilanga: .....

Ukusela amanzi asilaphazekileko **akukaphephi**.

Ukududa emanzini aneensila \_\_\_\_\_.

Ukusela amanzi agcinwa ngemabhodlelwani \_\_\_\_\_.

Ukusela amanzi avela emlanjeni osilaphazekileko ku \_\_\_\_\_.

Ukusela amanzi ahlanzekileko abuya epompeni \_\_\_\_\_.



### Asidlatleni



Dlala nabanye ababili.

- Wahlani izandla zenu kanye kanye lokha ithosi lamanzi lehla:
  - kabuthaka epompeni yamanzi.
  - msinya epompeni yamanzi.
  - msinya khulu epompeni yamanzi
  - noke hlalani ngesikhathi esifanako.
- Dlalani omunye umdlalo wokuwahla izandla eniwaziko.



### Asikhambahambeni



- Yeqa njengesirhwarhwa nasiphuma ngemanzini angcolileko.
- Yeqa njengesirhwarhwa naseqela emanzini ahlanzekileko.
- Rholobha njengepera eyomileko egijimela ukuyokusela amanzi.
- Gijima ngendlela ongakghona ngayo ubalekele izulu elina ngamandla khulu.
- Yeqa ukusuka kelinye ilitje uye kelinye lokha naweqa umlambo. Siza nabanye abangakghoniko ukukhamba.
- Jikajika njengamanzi aphuma ngebhadeni ( uwedwa begodu unomngani).
- Utitjhore uzokutjho ngetshwayo nakumele wenze omunye umsikinyeko. Lalelisisa bewutjhejisise amatshwayo wakhe.



# Ukubeka amanzi ahlanzekileko

Timveke - 6



Asifunde

Amanzi angcolileko ayasigulisa.

Simele sisele amanzi ahlanzekileko.

Simele sidlale besidue emanzini ahlanzekileko.



Ithemu - 4

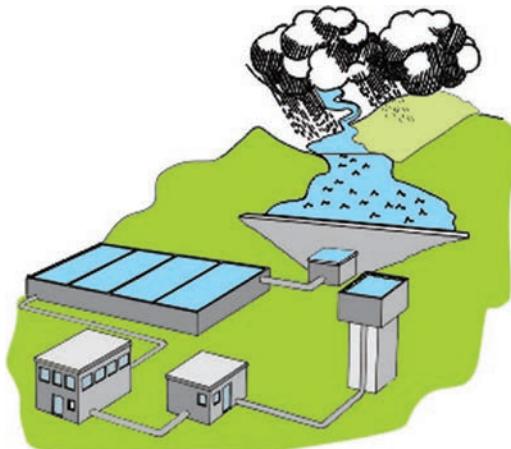


Asikhulume

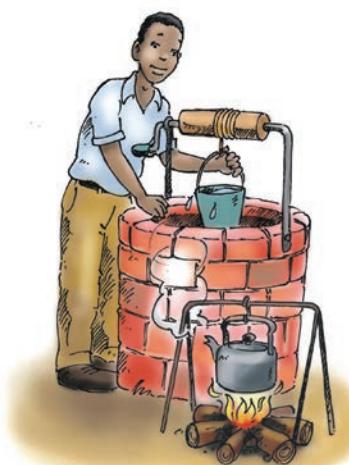
Qala iinthombe. Coca nomngani wakho kobana amanzi aphephileko abuya kuphi. Cocela itlasi kobana wena ucabanga ini. Nasihlwengisa amanzi siwenza bonyana ahlwengeke ukuze sikwazi ukusela amanzi aphephileko.



Singawasa amanzi wezulu abekelelweko nangabe phezulu emasengeni kuhlanzekile nalokha amatanka neenfaji esibekelélé ngazo zihlanzekile.



Umasipala uyawahlanza amanzi bekawabeke endaweni ephephileko ukuze siwasele.



Amanzi singawabilisa ukuze ahlanzeke



Singawasefa amanzi ukuze ahlanzeke.


**Asenzeni lokhu**

Bawa utitjhore wakho akutjengise kobana amanzi ahlanzwa njani.

**Uzokutlhoga lokhu:**

Ibhodlela leplastiki le-2 l

Isanda ehlwengileko

Amatjana ahlwengileko

Umukhwa obukhali

Iwulu ehlwengileko

Irhalasi lamanzi


**Asikhambahambeni**

- Sebenzisa umgodlana onamatjana kanye newulahuphu. Beka iwulahuphi phasi. Abafundi abajame umjeje ongaba mamitha ama-5 ukusuka ewulahuphini. Begodu ungasebenzisa iwulahuphi yenetbholo.
- Omunye nomunye umfundi uzokufunyana ithuba lokuphosela umgodlana wamatjana ngewulahuphini.



# Ukutjhuguluka kusuka emini kuye ebusuku



Ubusuku nemini zizinto ezimbili ezingafaniko.

Ubusuku behlukile kunemini, sizwa amatjhada angafaniko begodu senza nezinto ezingafaniko.

Emini sibona ilanga elikhanyako. Ilanga lenza kobana kutjhisse begodu liyasikhanyisela. Inengi labantu lisebenza emini. Thina bentwana siya esikolweni emini.



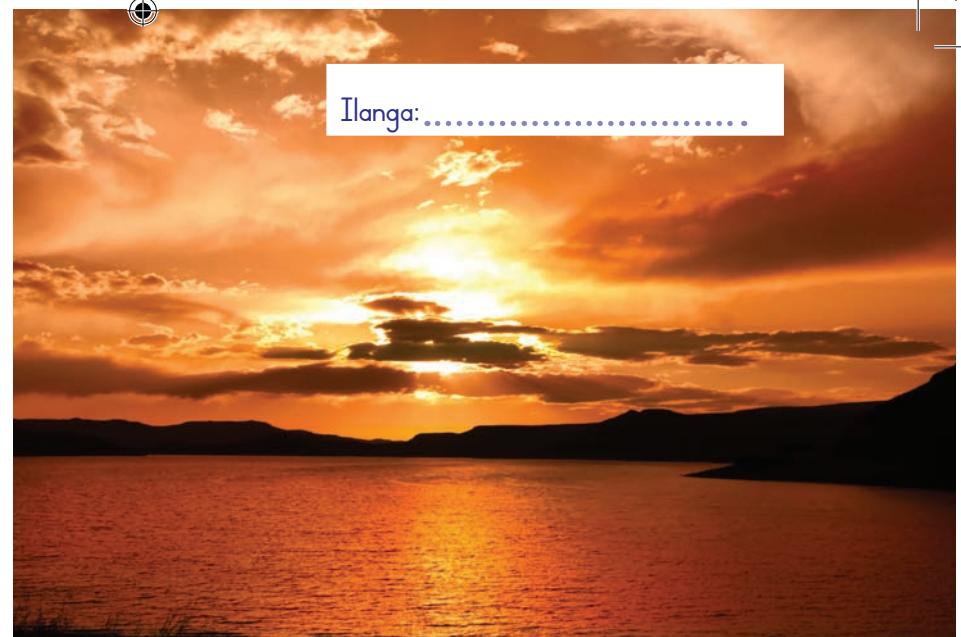
Qala iinthombe bese ucocisana nomngani wakho ngazo. Ingabe lezi ziinthombe zemini nebusuku? Zehlukana njani? Tlola "Emini" nanyana "Ebusuku" eduze kwesinye nesinye isithombe.





Asifunde

Ntambama ilanga liyatjhinga.  
Kuba nzima begodu sikwazi  
ukubona inyanga/inyezi kanye  
neenkwekwezi. Ebusuku kumele  
sikhanyise ukuze sibone kobana  
senza ini.



Ilanga: .....



Asikhambahambeni

- Sebenzisa amapala nanyana amakhowuni kanye nebhola ekulu erarhwako.
- Beka amapala nanyana amakhowuni.
- Sebenzisa ibholo ekulu efana nebhola erarhwako.
- Rarhela ibholo hlangana namapala nanyana hlangana namakhowuni abekiweko.
- Kokuthoma rarha ngenyawo lakho langesidleni bese urarha ngenyawo langesinceleni.
- Nifake amagondelo amangaki?



# Ubusuku bubonakala njengani?

Timveke-7  
Ithemu-Lt



Asifunde

Emini, singabona umkayi ohlaza kwesibhakabhaka namafu. Khulukhulu sibona ilanga.



Ebusuku sibona ilanga kanye neenkwekwezi ezinengi. Kunamaplanedi abonakala njengeenkwekwezi. Kesinye isikhathi inyezi ibakhona nemini.



Angekhe sikwazi ukuyibona ngombana ilanga likhanya khulu. Linga ukubona inyezi emini.



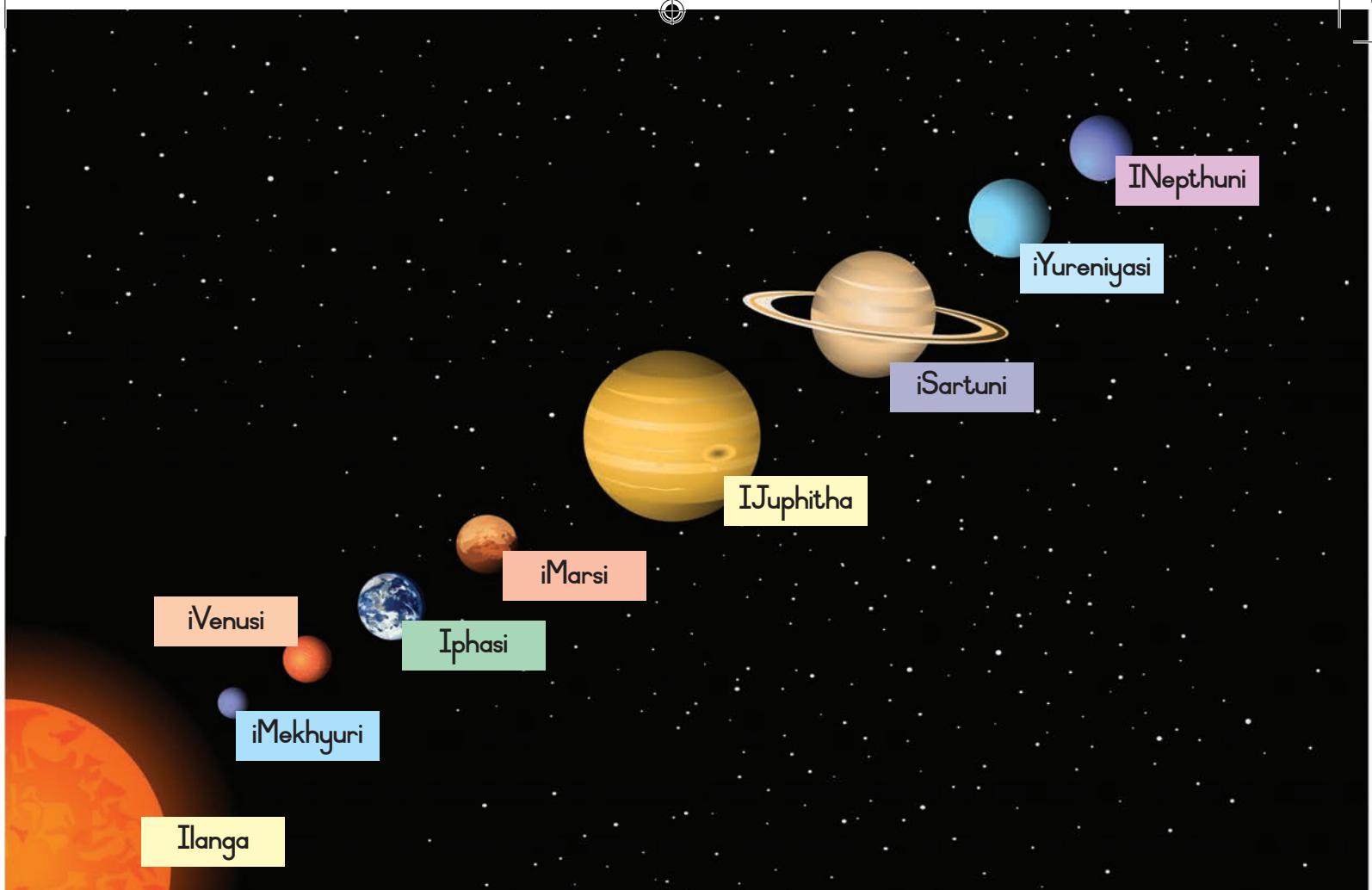
Asenzeni lokhu

Inyanga ayihlali ifana njalo ngamalanga ebusuku. Bukela inyezi ngamalanga amahlanu alandelanako. Emabhoksini angenzasi la, gwala ubujamo benyanga obuhlukenecho.

Ubusuku bokuthoma

Ubusuku besithathu

Ubusuku besihlanu

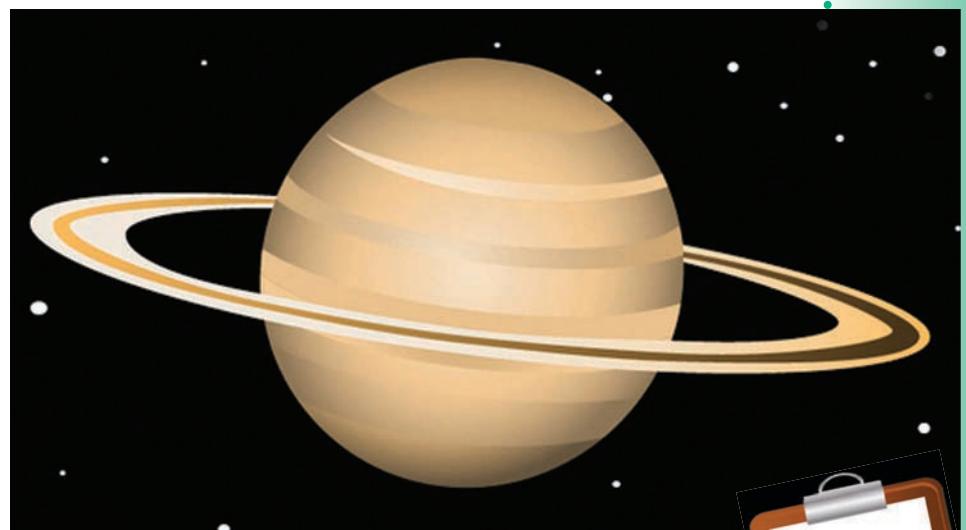


Leli lilanga namaplanedi erhelweni elimayelana nelanga-Zibomakhelwane bethu bemkayini. (Lilanga namanye amaplanedi azikagwalwa ukuya ngesikeyili.)



Lesi sithombe se-Saturn.

Yehlukile kunamanye  
amaplanedi ngombana  
inendulunga eziyizombelezako.  
Uyalibona ichaphazi  
elimhlophe esithombeni?  
Ucabanga bonyana khuyini?  
Qala isithombe esikhulu  
ngehla. I-Saturn ingabe yikulu  
nanyana yincani kune-phasi? Ngiyiphi iplanedi ekulu kune-Saturn?

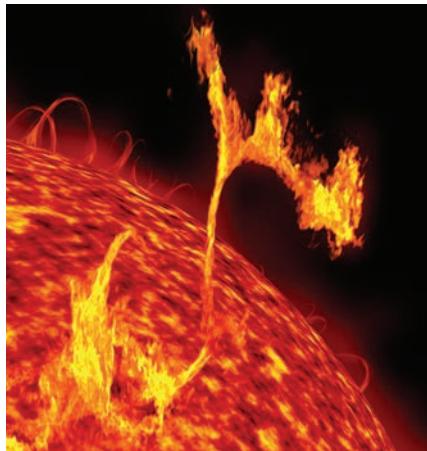


# Ilanga nenyеzi

It hemu - L - Timveke - 8

Asikhulume

Qalani iinthobe ezilandelako.



Cocisana nomngani wakho. Zisitjela ini iinthombe?  
Ungaveza nanyana ngiyiphi ipendulo efikako  
engqondweni yakho.

Amanowuthi wakatijhere  
Utijhere wenu uzokulalela imibono  
yenu yoke abuye anitjele kobana  
iinthombe zimayelana nani.



Asifunde

Ilanga liyikwekwezi. Lifana nebholo ekulu yomlilo ethumela umkhanyo mahlangothi woke. Ilanga likhulu ngokubuyeletwe ngeenkulungwana ukudlula iphasi. Inyezi yibholo ekulu emamatje nethuli engathumeli ukutjhisa. Inyezi ayinakho ukukhanya okungekwayo. Ifana nesiboniboni esibuyisela ukukhanya kwelanga kithi. Inyanga yincani kunephasi.



Asikhulume

Cocisana nomngani wakho ngokuthi inyanga itjhugutjhuguluka njani ebusukwini bamalanga amahlanu. Begodu ubuyeletele uqale iinthombe. Ingabe inyanga yakho beyibonakala njengalokhu okulandelako?



Inyanga ezeleko



Inyanga elicephe



Inyanga eyihlendla



# linkwekwezi



Asifunde

Ilanga yikwekwezi eseduze nathi. Ezinye iinkwekwezi zikude khulu nathi. Nangekungenzeka ukhambele kizo iinkwekwezi lezi, kungakuthatha iminyaka eminengi khulu ukufika kizo.



Asikhulume

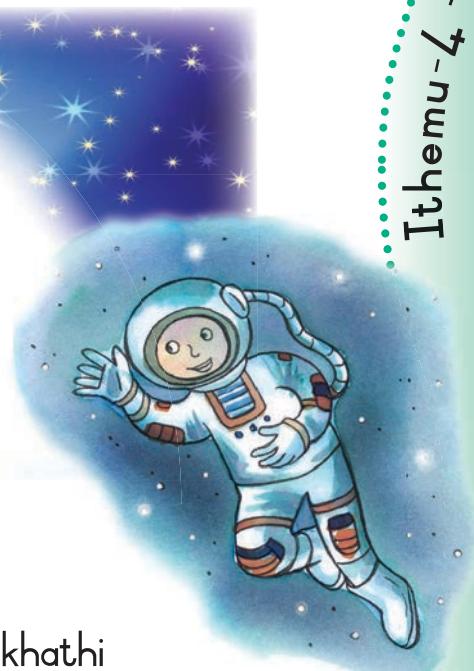
Benye, benye kwekwezana,  
Ngiyamangala kobana uyini.  
Phezulu ngaphezu kwephasi,  
Njengedayimani emkayini.  
Benye, benye kwekwezana,  
Ngiyamangala kobana uyini!



Ilanga:

64

Ithemu -4 – Iimveke -8



Asifunde

Ingoma le yatlolwa eminyakeni eminengi eyadlulako. Ngesikhathi leso abantu bebanganalo ilwazi elaneleko ngeenkwekwezi. Namhlanje sinelwazi elinengi.

Abosolwazi ngeenkwekwezi baya emkayini ngamarokhethi akhethekileko ukuyokufunisa ngelwazi leenkwekwezi. Bathi nabavakatjhele emkayini, bambathe amasudu akhethekileko wemkayini.

Kungebangana lalabo abanesibindi nabahlakaniphileko abazibeka emkayini, sesifunde okunengi ngeenkwekwezi.



Asikhulume



Ingabe yinto ehle na kobana sesifunde okuthileko ngeenkwekwezi? Coca ngalokhu nabangani bakho.



Teacher:  
Sign:  
Date:

# Ukhethekile.

## Woke umzimba wakho ukhethekile.

### Umzimba wakho ungewakho wedwa!



Ungavumeli  
noyedwa umuntu  
akuthinte ezithweni  
ezifihlakeleko

Kufanele ubike nangabe kukhona umuntu okuthinta  
ezithweni zakho ezifihlakeleko.

Kufanele ubike nangabe kukhona umuntu  
okwenzisa izinto ongafuniko ukuzenza.

Inomboro ongazidosela ukufunyana isizo:

Ukubika izehlakalo ezithinta  
abentwana: 0800 05 55 55

Inomboro yamapholisa yokuqedo  
ubulelesi: 086 00 10111

Inomboro yamapholisa erhabekileko: 10111

Inomboro ephephisa ipilo yabentwana: 0861 322 322

Inomboro yeYunidi eqalene nokuVikelwa kwabeNtwana:  
012 393 2359/2362/2363



**Make a placemat**  
Cut out the pictures you like and  
paste them on to the opposite page to  
make yourself a two-sided placemat.  
Cover or laminate the placemat with  
plastic and use it when you eat.





