



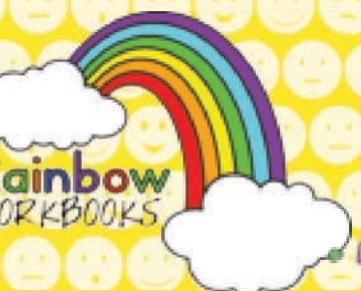
E thabolotswe e  
bile e tsamaelana  
le PPKT

Mophato

3



ISBN 978-1-4315-0281-3



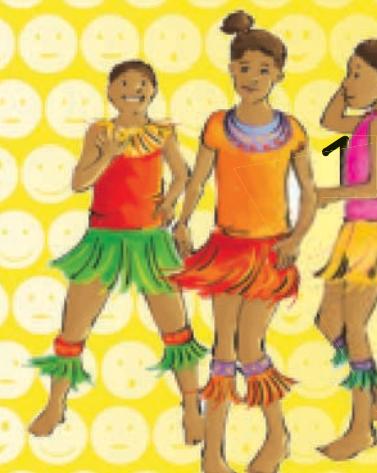
LIFE SKILLS IN SETSWANA  
GRADE 3 – BOOK 1  
TERMS 1 & 2  
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## Dikgono tsa Botshelo ka SETSWANA

Buka 1

Kgweditharo 1&2



Leina:

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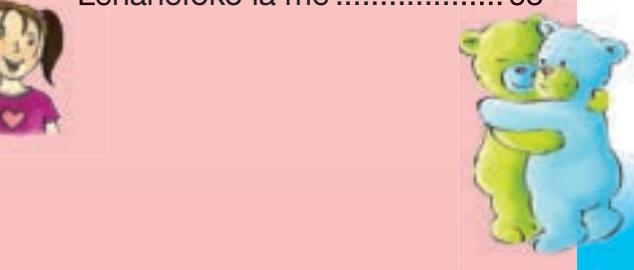
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Mme Angie Motshekga,  
Tona ya Lefapha la Thutotheo



Ng. Reginah Mhaule,  
Motlatsatona wa Lefapha la Thutotheo

Dibukatiro tse di kwaletswe bana ba Aforikaborwa ka fa tlase ga boeteledipele jwa Tona ya Lefapha la Thutotheo. Mme Angie Motshekga le Motlatsatona wa Lefapha la Thutotheo. Ng. Reginah Mhaule.

Dibukatiro tsa Rainbow ke phitlhelalo nngwe ya Lefapha la Thutotheo e e lebisitsweng mo go tokafatseng bokgoni jwa barutwana ba Aforikaborwa ba mephato e merataro ya ntla jaaka e le maikaelelolagolo a Lenaneotiro la Puso. Porojeke e, e etleeditswe ke Lefapha la matlotlo la Bosetshaba. Ketleetso e, e kgontshitse Lefapha go kwala le go rebola dibukatiro tse mo dipuong tsotlhe tsa semmuso kwa ntle go tuelo epe.

Re solo fela gore dibukatiro tse di tlaa tswela barutabana mosola mo go ruteng ga bona ga letsatsi le letsatsi, le mo go netefatseng gore barutwana ba digela kharikhulamo ya bona. Re netefaditse gore re kaela morutabana sentle mo tirong nngwe le nngwe ka go tsenyeletsa mesupatsela go bontsha gore ke eng se morutwana a tshwanetseng go se dira.

Re solo fela gore bana ba tlaa itumelela go dira mo bukeng e fa ba ntse ba gola e bile ba ithuta, le gore wena jaaka morutabana, o tlaa abelana le bona boitumelo jwa bona o tlaa e itumelela mmogo le bona.

Re go eleletsa katlego e kgolo mo tirisong ya dibukatiro tse, wena le barutwana ba gago.

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# Mophato

3



Dikgono tsa Botshelo  
ka **Setswana**  
Buka I



Buka e, ke ya ga:





1

Kgweditsharo I – Bekel – Papetlanatiro



A re kwaleng

# Ka ga me

Mongwe le mongwe wa rona o farologane e bile rotlhe re kgethegile.  
Tlatsa lokwaloitshupo le le fa tlase ka ga gago. Tlhama setempe  
sa lokwaloitshupo. Fa o sena go dira jalo, bontsha tsala ya gago  
lokwaloitshupo la gago.

Wena le tsala ya gago le tshwana le go  
farologana ka eng?



## Lokwaloitshupo

Leina:

Dingwaga:

Letlha la Botsalo:

ngwaga kgwedi letsatsi

Lefelo la botsalo:

Mosetsana kgotsa mosimane:

Puogae:

Mmala wa moriri:

Bogodimo: \_\_\_\_\_ cm

Mmala wa mathlo:

Tshaeno

Letlha:



Thala setshwantsho sa gago.

2



A re bueng

Jaanong akanya ka ga botshelo jwa gago go fitlha fa.

O kgora go gakologelwa bokgakaleng jo  
bokae kwa morago?

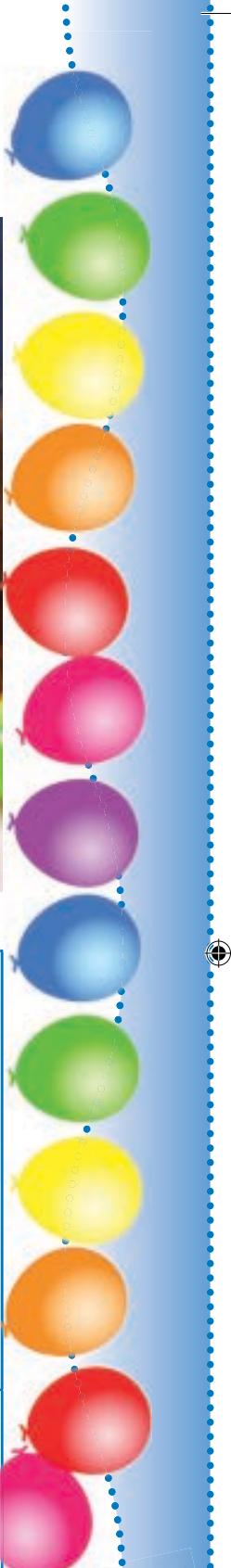
A o kgora go gakologelwa ngwaga wa  
bobedi wa botsalo?

A o kgora go gakologelwa gore o  
simolotse sekolo leng?



A re kwaleng

Tlatsa molanako o ka ga  
botshelo jwa gago.



Ke belegwe ka kgwedi	Ke simolotse go bua ka	Ke simolotse sekolo ka	Ke dirile Mophato wa boraro ka
ngwaga			
20 _____	20 _____	20 _____	20 _____





2

Kgweditħar o I – Beke I – Papetlanatiro

# Sekolo sa me



A re kwaleng

Morutabana wa gago o tlaa go thusa go thalela sekolo sa gago molanako. Re go simololetse ona. Morutabana wa gago o tlaa go bolelela ditiragalo tse dingwe tsa botlhokwa tse o ka tlatsang ka tsona.

Sekolo sa gago se butswe ka ngwaga ofe?	Mogokgo wa gago o tlile mo sekolong ka ngwaga ofe?		



A re kwaleng

Hisetori ya sekolo sa gago ke eng? Bona dikarabo mme o di kwale mo diphatleng tsa kholomo ya ntlha. Morago o thale ditshwantsho go bontsha hisetori.

Sekolo se butswe ka ngwaga ofe?	Thala setshwantsho sa sekolo sa gago.
Mogokgo wa ntlha e ne e le mang?	

Letlha: .....

4



Seikao sa sekolo ke eng? A se  
santse se tshwana le gompieno?

---

---

Thala betšhe ya sekolo.

Kaela ka ga sengwe se se botlhokwa  
ka ga sekolo. (Gongwe go ne go na  
le morutwana kgotsa boiphitlhelo  
bongwe jo bo kgethegileng.)

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Thala setshwantsho go bontsha  
sengwe se se kgethegileng ka ga  
sekolo.

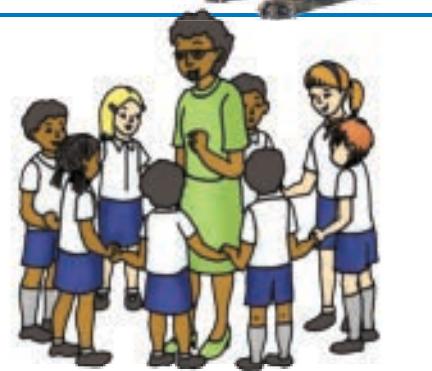


A re diragatseng

Pele o ka dira tirwana kwa ntle, ikotlolole jaaka katse. Seno  
se tlaa kgontsha mmele wa gago go tshikinyega. Gape, o  
ikotlolole morago ga tirwana go repisa le goikhutsisa  
mmele wa gago. Seno se tlaa go thusa gore o se nne le  
mesifa e e bothhoko. Jaanong dira se bana ba,  
ba se dirang.



Morutabana wa gago o tlaa bitsa leina  
la gago mme a go latlhelo bolo. O kape  
bolo pele e ka wela fa fatshe.



Jaanong leka go kapa bolo ka kgetsana fa  
tsala ya gago e e go latlhelo.



Latlhelo tsala ya gago bolo mme o bone  
gore a o tlaa kgona go e kapa  
ka kgetsana.

Phutholola mmele wa gago jaaka  
katse e itshidila.





3

Kgweditharo I – Beka 2 – Papetlanatiro

# Gotlhe ka ga me



A re bueng

Akanya ka ga sengwe se se itumedisang se se go diragaletseng  
mo bogologolong mme o tlottlele tsala ya gago gore a tle a go  
tlhaloganye botoka.

Fa ke ne ke le  
dingwaga di le tlhano  
ke ne ka ya kwa  
lewatleng.

Fa ke ne ke le dingwaga  
di le nne ke ne ka wa go  
tswa mo leboteng.



A re bueng

Bolelela tsala ya gago ka moo motho yo a fetogileng go tswa mo go  
nneng lesea go ya kwa go nneng motsofe.



lesea



lesea le le gagabang



ngwana wa sekolo



mošwa



mogolo



motsofe

Letlha: .....

6



A re opeleng



Dirang ka setlhophpha. Itlhameleeng pina le bine.

Mo setlhopheng sa gago, kwalang mafoko a pina mo phatlheng  
e e fa tlase. Morago le bontsheng phaposi ya lona gore le opela  
pina jang le ntse le bina.



Morutabana:  
Saena fa:  
Letlha:





4

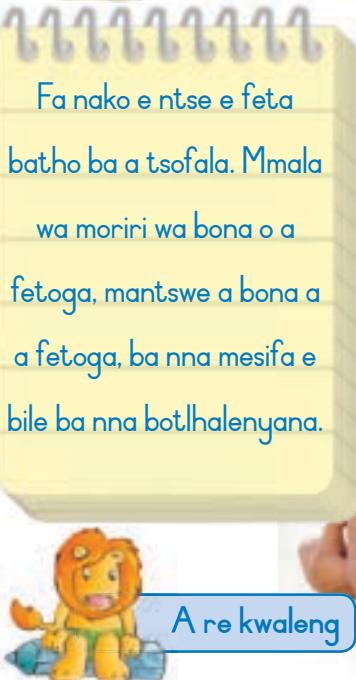
# Kgolwane le bogolwane

Kgweditharo I – Beke 2 – Papetlanatiro



A re bueng

Bua gore bana ba bagolwane le batsadi ba  
bagolwane ba farologana le wena jang.



Fa nako e ntse e feta  
batho ba a tsofala. Mmala  
wa moriri wa bona o a  
fetoga, mantswe a bona a  
a fetoga, ba nna mesifa e  
bile ba nna botlhelenyana.



A re kwaleng

Batho ba fetoga jang fa ba tsofala?



Ke dife tsa dilo tse, tse o di dirang go farologana  
le ka moo batsadi ba gago ba di dirang ka teng?  
Tshwaya (✓) sefatlhego se se nepagetseng.

	Nna	Batsadi ba me
Taboga ntle le go lapa.		
Tlola kgati.		
Buisa lekwalodikgang.		
Kgweetsa koloi.		
Tshameka mo setlhareng.		

Letlha: .....



A re opeleng

A re ipaakanyetseng go opela.

Dirang medumo e.

Modumo o o bonako jaaka saerini ya emelense.

Modumo o o bonya jaaka pina e e robatsang lesea.

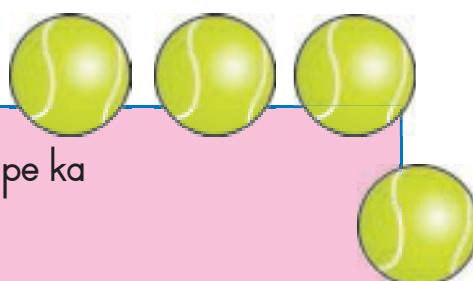
Modumo o o kwa godimo jaaka wa dinonyane di opela.

Modumo o o kwa tlase jaaka wa tau e rora.



A re ikatiseng

A o kgona go kapa bolo?



Latlhela bolo ya thenese mo moweng mme o e kape ka matsogo a mabedi.

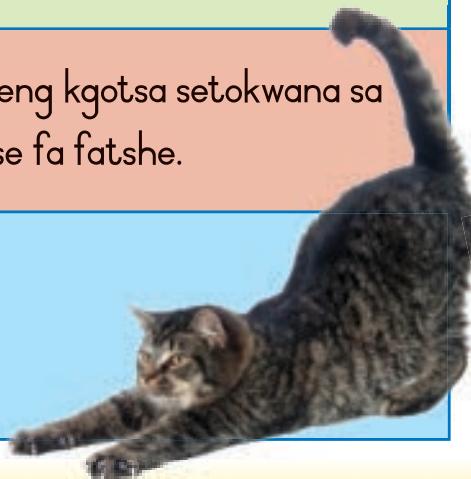
E latlhela kwa godimo mme morago o ope diatla tsa gago pele o kapa bolo ya thenese.

Betsabetsa bolo ya thenese fa fatshe.



Jaanong dira bête o dirisa pampiri e e menilweng kgotsa setokwana sa legong. E dirise go betsabetsa bolo ya thenese fa fatshe.

Jaanong phutholola mmele wa gago jaaka katse.



q



5

## Kgweditharo I – Bekø 3 – Papetlanatiro

## Maikutlo



A re bueng

Lebelela ditshwantsho tse mme o bue ka moo bana ba ba ikutlwang ka teng.

A o setse o kile wa ikutlwang jaana? Tlatsa gore ngwana mongwe le mongwe o ikutlwang jang. Dirisa mafoko a go go thusa.

lela

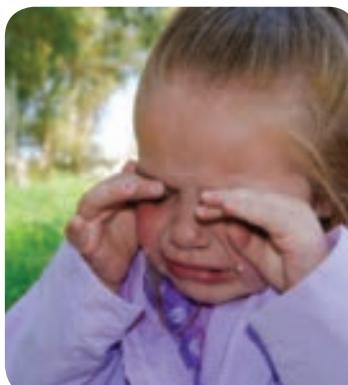
itumetse

ikwatlhaya

tshogile

motlotlo

tenegile



A re diragatseng

Tshameka motshameko wa thenese o ikatisetsa go konopela kwa pele le kwa morago.



10

Letlha: .....



A re bueng

Ke eng se se go itumedisang?

Ke eng se se go hutsafatsang?



A re kwaleng

Ke eng se se go tshosang?

Ke eng se se go tenang?



Kwala mo bukanatsatsing ka ga letsatsi le o neng o itumetse. Tlhalosa gore o ne wa diragalelwaa ke eng.

### Bukanatsatsi e e rategang

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Kwala mo bukanatsatsing ka ga letsatsi le o neng o hutsafetse. Bua gore o ne o hutsafaditswe ke eng.

### Bukanatsatsi e e rategang

---

---

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---



Morutabana:

Saena fa:

Letlhha:

# Dilo tse ke di ratang

Kgweditharo I – Beko 3 – Papetlanatiro



A re kwaleng

Bolelela setlhophha sa gago gore ke ditirwana dife tse o ratang go di dira segolo. Morago o kwale maina a ditirwana tseo mo diphatlhaneng tse di mo mmapeng wa dikakanyo.





**SE KE  
ITUMELE-  
LANG GO  
SE DIRA**






Letlha: .....



A re thaleng

Jaanong dirisa mmepekakangwa wa gago go kwala temana ka ga  
se o itumelelang go se dira le gore goreng o itumelela ditirwana  
tseno.

### Se ke se itumelelang go feta



A re direng

Dirisa tege ya go tshameka go  
bopa sefatlhego se se itumetseng  
le se se tlhontseng.



A re bueng

Botsa ditsala di le tlhano gore di rata go dira eng. Khalara mmala  
mo bolokong e le nngwe fa ba rata tirwana.



5					
4					
3					
2					
1					
	go opela	go buisa	go penta	motshameko	Dipalo

Ke tirwana efe e e rategang?





7

# Kgweditharo I – Beko 4 – Papetlanatiro

# Maikutlo



A re bueng

Lebelela sengwe le sengwe sa ditshwantsho tse mme o bue ka moo o ka thusang bana ba go dira selo se se siameng. Tshwaya karabo e e nepagetseng.

	A ga o kgone go lebelela kwa o yang teng!	
	Ooo, intshwarele! E re ke go thuse go sela dilo tse!	
	Uuu! Bolo ya gago ke e.	
	Uuu! Tsamaya o ye go tshameka felo gongwe!	
	Ke ya me mme o ka se ka wa bona sepe.	
	Tlaya, a re kgaogane ditshokolete.	



A re kwaleng

Ditsala tse di siameng di dira eng?



Fa ke dirile sengwe  
se se sa siamang, ke  
ikopa maitshwarelo.



Fa ke bona tsala  
ya me e palelwa,  
ke a e thusa.

Letlha: .....



Kwala dilo di le nne gape tse ditsala tse di siameng di di dirang.



A re bueng

Lebelela ditshwantsho tse. Bua gore o bona eng mo go sengwe le sengwe. Morago tsaya setshwantsho se le sengwe mme le diragatse motshameko ka ga sona. Nayang kgang ya lona bokhutlo.



Jaanong kwala tiragatso ka ga setshwantsho se o se tlhophileng. Tlatsa maina a badiragatsi mo kholomong ya ntsha.




A re ikatiseng

Leka go dira dilo tse.

- Taboga go dikologa patlelo. Fa morutabana wa gago a re, "fetola" o tshwanetse go retologa mme o tabogele kwa gongwe.
- Jaanong betsabetsa bolo mme o tsamaele kwa pele ka nako e le nngwe.





8

## Kgweditharo I – Beko 4 – Papetlanatiro

## Go tlhola fela



A re kwaleng

Itlhole



Ke tsala e e siameng.

Ke kgathalela ditsala tsa me.

Ke botsalano mo baneng ba phaposi ya me.

Bana ba bantsi ba a nthata.

Ke aga ke le bonolo mo bathong.



A re kwaleng

Direla mongwe yo o mo ratang karata. Thala setshwantsho ka fa pele mme morago o kwale molaetsa o o kgethegileng ka fa gare.



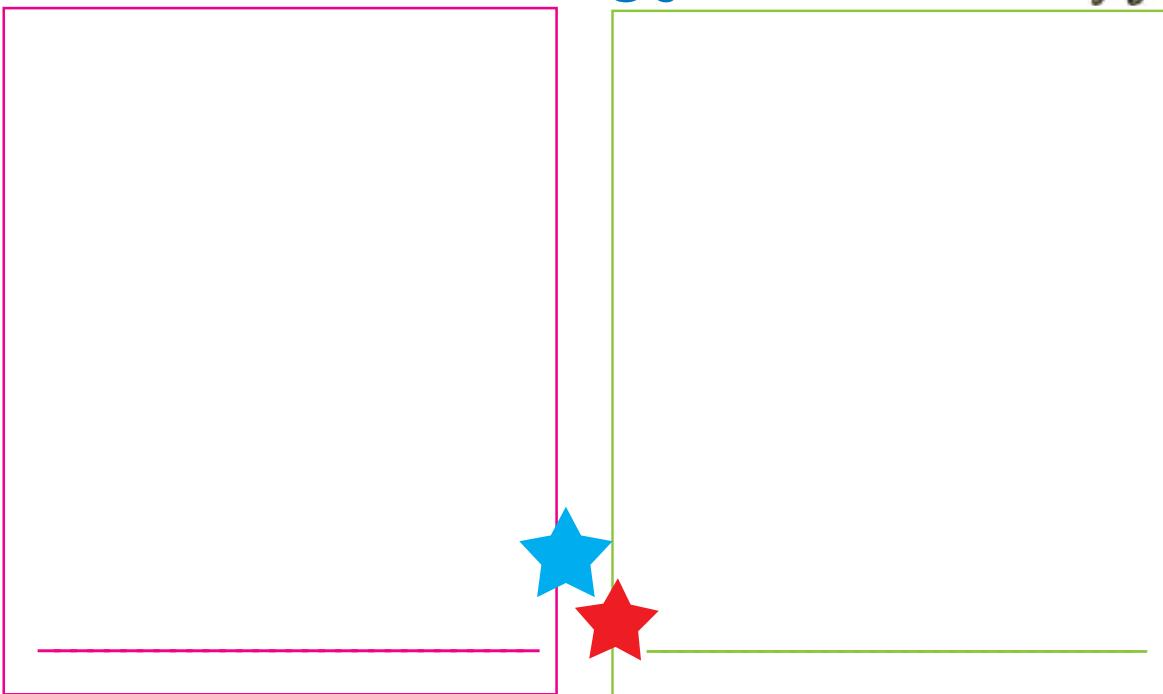

Letlha: .....



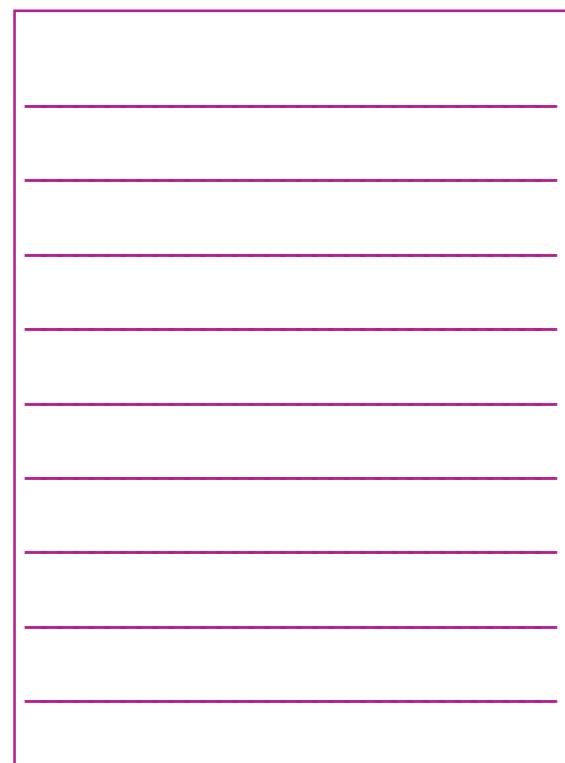
## A re kwaleng

Thala setshwantsho sa ditsala, kgotsa morutabana wa gago,  
kgotsa ditokololo tsa lelapa la gaeno ba ba kgethegileng mo go  
wena. Kwala maina a bona.

# Batho ba ba kgethegileng mo botshelong jwa me



Jaanong kwala ditlhaloso ka ga batho bano le gore goreng ba kgethegile jaana.





A re bueng

Bua gore go diragala eng  
mo setshwantshong se.



A o setse o kile wa tswa mokola?

O tshwanetse go dira eng fa o tswa mokola?

## O tshwanetse go dira eng fa o tswa mokola



1 Nnela kwa pele o inamisitse tlhogo ya  
gago.



2 Tswala nko ya gago ka menwana  
sebaka sa metsotso e le mebedi mme o  
heme ka molomo.



3 Baya sengwe se se tsididi ka fa morago  
ga molala wa gago se se tshwanang le  
toulo e e metsi kgotsa dikgapetlana  
tse di phuthetsweng ka toulo.



4 O se ka wa ethimola morago ga gore  
mokola o emise.



5 Fa go tswa ga madi go sa emise morago  
ga metsotso e le sometlhano, bona  
ngaka kgotsa mooki.

Letlha: .....

A o its'e gore lebokoso la sekolo  
sa lona la Thusopotlako le fa  
kae? Bua gore le fa kae. Le mo

---

Ritibala maikutlo.  
Gantsi ga go na lebaka la go  
tshoga. Gakologelwa gore o se  
ka wa tshwara madi a motho yo  
mongwe.





# Go alafa go kgoboga kana go segega



A re buiseng

Ga re kgone go bona megare mme e gotlhe. Fa re itshega re tshwanetse go tshola ntho e le phepa gore re se ka ra tshelwa ke megare.



A re bueng

Tlhalosetsa ditsala tsa gago gore mosego o phepfadiwa jang. Bontsha gore o tshwanetse go dira eng.

## Ka moo o ka emisang go dutla ga madi go tswa mo mosegong

O se ka wa ama madi a motho yo mongwe.

Fa o thusa motho o rwala ditlelafo kana diatlana ka dinako tsotlhe.

Emisa go tswa ga madi ka go tsholeletsa ntho kwa godimo ga pelo.

Leka go emisa go tswa ga madi ka go gatelela sebofadintho se se phepa mo nthong.

Fa ntho e le boteng mme e tswelela go tswa madi, bona ngaka kgotsa o ye kwa tleiniking.

Batlisia gore ke mogala ofe wa tshoganyetso o o ka o leletsang. Mogala:



# Go ſa

Fa o tshwara selo se se mogote, o ya go iphisia.  
O tshwanetse go dira eng fa mongwe a ſele?

**1** Tshela ntho ya molelo ka metsi a a tsididi sebaka sa metsotso e le lesome. Se se thusa go tsidifatsa letlalo.

**2** Tlosa seaparo mo karolong e e ſeleng. Fa seaparo se kgomaretse mo letlalong, o se ka wa se tlosa.

**3** Tlogela ntho ya molelo e bulegile mme o tlhokomele gore e se ka ya etegela.

**4** Fa karolo e e ſweleng e le boteng kgotsa e le kgolwane go na le bogare jwa seatla sa gago, bona ngaka ka bonako.



A re ikatiseng

Dira tlolotele.

Tsaya dithobane di le tharo kgotsa ditokana di le tharo tsa mogala. Morago ga go tlola fa gare ga tsona, di katolose go feta mme o bone yo o tlaa tlololang kgakajana go feta.

Tshwaya gore o ka tlola  
bokgakala jo bo kae.

Bona gore a tsala ya gago e  
ka tlolela kgakala go go gaisa.



A re ikatiseng

Dira kiribane.

Refosana le tsala ya  
gago go nna kiribane.



Morago le refosaneleng go  
dikolosa kgati gore tsala  
ya lona e kgone go tlola.

Letlha: .....



A re bueng

Go diragala eng mo ditshwantshong tse?  
Batho ba ka ša jang gape?



Kwala melao e e botlhokwa go gopolwa fa o tlhoka go thusa ka:

Mokola

(Three empty lines for writing)

Mesego

(Two empty lines for writing)



Dintho tsa go ša

(Two empty lines for writing)





11

Kgweditharo I – Beko b – Papetlanatiro

# Go tshola mmele wa me o babalesegile



A re bueng

Re tshwanetse go tlhokomela mebele ya rona.

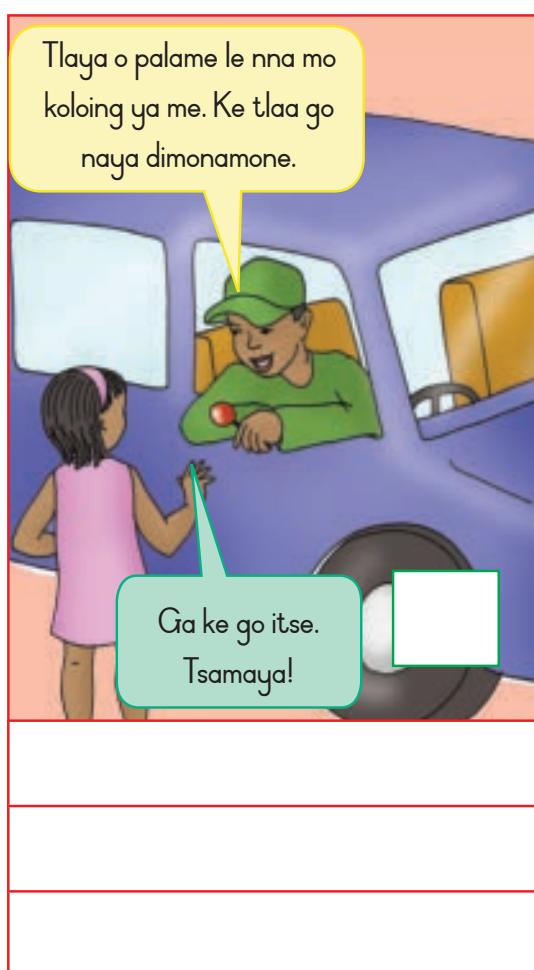
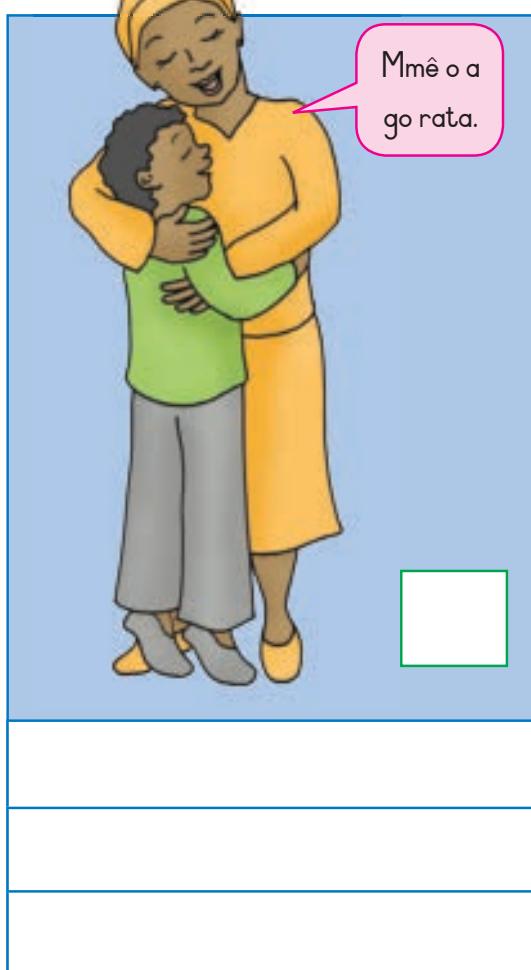
Re nna le maikutlo a siameng fa re rata  
sengwe mme re rata gore se tswelele pele.

Re nna le maikutlo a sa siamang fa selo se sa  
re kgotsofatse mme re batla gore se se ka sa  
tswelela pele.



A re kwaleng

Tshwaya (✓) fa setshwantso se bontsha tirwana e e bolokegileng  
kgotsa ka (✗) fa se bontsha tirwana e e sa bolokegang. Morago  
o kwale polelo fa tlase ga setshwantsho sengwe le sengwe go bua  
gore goreng o nagana gore se bolokegile kgotsa ga se a bolokega.





Ga ke go rate.



Jaanong o montle.



## Go re nnyaya

Ga go bonolo go aga o re nnyaya, mme gona o tshwanetse go re nnyaya fa mongwe a dira gore o se ka wa ikutlwa sentle.

Fa mongwe a dira gore o nne le maikutlo a a sa siamang mme a dira gore o se ka wa ikutlwa sentle, bolelela mogolo yo o mo tshepang.



A re kwaleng

Tlhophapha batho ba le bararo ba o ba tshepang mme o tlhalose gore goreng o ba tshepa.



Kwala gore o ka begajang maitemogelo a a maswe go mongwe yo o mo tshepang.





12

Kgweditharo I – Bekə b – Papetlanatiro

# Go itlhokomela



A re bueng

Lebelela ditshwantsho tse ka kelotlhoko. Bona gore a o ka se ka wa tlotla kgang ka ga tsona. Tlatsa pudula ya bofelo.



Nnyaya, ntlogele!



Go diragetseng?

Tlotla ka moo mosetsana a ikutlwileng ka teng, seo a se dirileng le seo o ka se dirang mo maemong a a tshwanang le a.



A re bueng

24

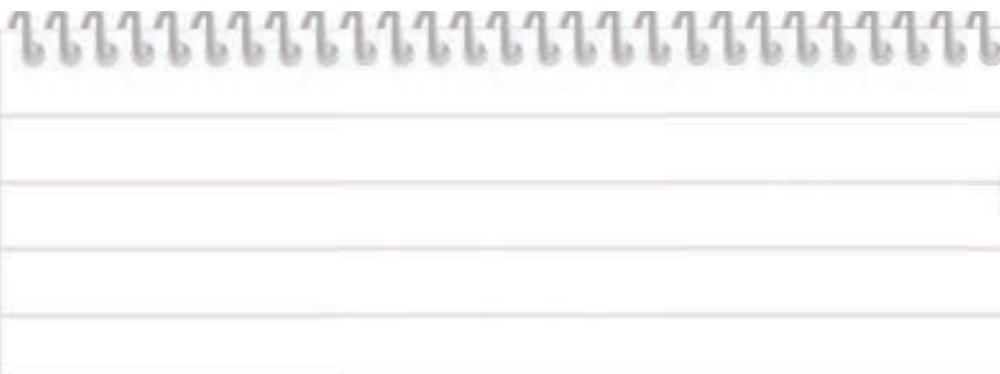
Letlha: .....



A re kwaleng

Kwala melawana e le metlhano ya pabalesego.  
Simolola mongwe le mongwe ka:

Bana ga ba a tshwanela go ...



A re direng

Dira maseke go bontsha maikutlo.



Swetsa gore ke maikutlo afe a o batlang gore maseke wa gago o a bontshe.

E thale mo pampiring e e magwata.

E sege.

Sega matlho.

E kgabise ka pampiri ya mebala.



A re ikatiseng

Ipaakanyetse go taboga.



Ema ka maemo a a nepagetseng a go simolola.

Reetsa morutabana wa gago a re:

"Tlhomang ka menwana! Ipaakanyeng! Ragogang!"

Morago lo dire leparego.





13

# Go tshola mmele wa me o

Kgweditharo I – Beko 1 – Papetlanatiro



A re bueng

Rotlhe re na le maikarabelo a go tshola mebele ya rona e itekanetse.  
Ke eng se bana ba ba se dirang se se siametseng mebele ya bona?



## Ke dilo dingwe dife tse di sa itekanelang tse batho ba di dirang?

A o ntse o itse gore go goga ga go a siamela mebele ya rona?

A o ntse o itse gore ga go a siama gore motho a goge gaufi le wena?

Go goga go senya mebele ya rona jang?



A re kwaleng

Tshwaya (✓) kgotsa (✗) mopolelong nngwe le nngwe go supa  
gore a ke **nnete** kgotsa **ga se nnete**.

	Disakarete di latswega monate.
	Go dula gaufi le motho yo o gogang go ka koafatsa mmele wa me.
	Go goga go dira meno serolwana.
	Go goga go baka malwetse a molomo.
	O kgona go gotlhola botlhoko ka ntsha ya go goga.
	Go goga go baka kankere.

Letlha: .....



# Melawana ya boitekanelo



Ke tshwanetse go gotlha meno a me morago ga go ja le pele ke ya go robala. Ke tshwanetse go kama moriri wa me pele ke ya kwa sekolong. Ke tshwanetse go phimola dinala tsa me morago ga go tshamekela mo motlhabeng. Ke tshwanetse go tshola dinala tsa me di le dikhutshwane e bile di le phepa. Ke tshwanetse go tlhapa diatla tsa me morago ga go ya kwa ntlwanaboithusetsong le pele ke tshwara dijo. Ke tshwanetse go latlhela thišu ya me ka fa motomong wa matlakala.



Boithabiso

Ba tshwanetse go apara eng go nna ba babalesegile? Golaganya ditshwantsho ka go thala mola go tloga mo ditshwantshong tse di ka fa molemeng go ya kwa ditshwantshong tse di ka fa mojeng.



Nna matlhagathaga mme o tshameke motshameko wa kherikete.

Boithabiso

Morutabana wa gago o tlaa tshameka mminonyana. O reetse mme morago ga moo o tshameke moribo wa mmino o ka menwana ya gago mo tafoleng ya gago.





14

Kgweditharo I – Beko 8 – Papetlanatiro

# Ditshwanelo le maikarabelo



Nako nngwe bana ba tshwanetse go thusa malapa a bona ka ditiro.

Mme bana ga ba a tshwanelo go dira jaaka bagolo.

Bana ba tshwanetse go nna le nako ya go tshameka le ya go ya kwa sekolong.



Lebelela ditshwantsho tse. Tshwaya (✓) ditiro tse di siametseng bana. Kwala polelo fa tlase ga setshwantsho gore ke goreng o re ditiro di siame kgotsa ga di a siama

	<input type="checkbox"/>		<input type="checkbox"/>
Anna o rekisa merogo letsatsi lotlhе mme ka jalo ga a kgone go ya kwa sekolong.		Lisa o nosetsa tshingwana ya merogo fa sekolo se dule.	

Letlha: .....



Pule o rwala ditena gonne o direla  
moagi.

Jabu le Bongi ba thusa ka  
go tlhatswa.



A re bueng

Ke ditiro dife tse o di dirang kwa gae?

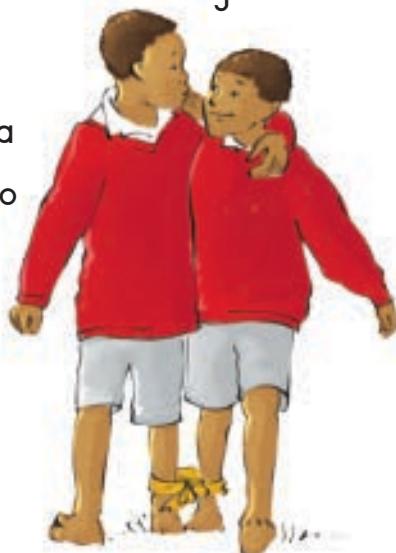
Ke ditiro dife tse o di dirang kwa sekolong go thusa  
morutabana wa gago?



A re ikatiseng

Itire yo o dirang ditiro tse di farologaneng.  
Setlhophpha sa gago se tshwanetse go fopholetsa  
gore o dira ditiro tse dife?

Bofang  
maoto a lona  
mme morago  
le taboge.



Ikatise go raga kgwele  
ya dinao. Bona gore  
o ka ragela bolo kwa  
bokgakaleng jo bo kae.





15

Kgweditharo I – Bekø 8 – Papetlanatiro

# Ditshwanelo le maikarabelo

A re bueng

Bolelela tsala ya gago gore bana ba,  
ba roba melawana efe.

Sekolo sengwe le sengwe  
se na le melawana gore se  
kgone go tsamaisiwa sentle.  
Phaposiborutelo nngwe le  
nngwe le yona e na le melawana  
e re tshwanetseng go e sala  
morago.



30

Letlha: .....



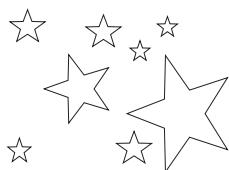
A re kwaleng

Kwalela phaposi ya gago  
melawana e le mene.



A re bueng

Buisa ditshwanelo tse, le maikarabelo a, mme o bue le tsala  
ya gago gore nngwe le nngwe e kaya eng.



## MAIKARABELO A BAŞWA BA AFORIKABORWA



<b>Tekatekano</b>  Tshola motho mongwe le mongwe sentle le ka go lekalekana. O se ka wa kgetholola.	<b>Seriti sa botho</b>  Tlotla mongwe le mongwe. Nna bonolo le pelonomi.	<b>Botshelo</b>  Botshelo jotlhe bo bothokwa. Tlotla botshelo bongwe le bongwe.	<b>Lelapa</b>  Tlotla batsadi ba gago. Nna bonolo le boikanyego mo lelapeng la gago.
<b>Thuto</b>  Tsena sekolo, o ithute mme o dire ka natla. Obamela melao ya sekolo.	<b>Tiro</b>  Thusa lelapa la gago ka tiro kwa gae. Bana ba se ka ba patelediwa go batla tiro.	<b>Kgololosego le pabalesego</b>  O se ka wa gobatsa, wa dipisa kgotsa wa tshosetsa ba bangwe, gape o se ka wa letla ba bangwe go dira jalo. Rababolola go tihoka kutwisisano ka mokgwa wa kgagiso.	<b>Dithoto</b>  Tlotla dithoto tsa batho ba bangwe. O se ka wa senya dithoto e bile o se ka wa utswa.
<b>Bodumedi. Tumelo le Dikakanyo</b>  Tlotla ditumelo le dikakanyo tsa batho ba bangwe.	<b>Tshireletsego</b>  Thokomela lefatshe. O se ka wa senya metsi le motlakase. Thokomela diphologolo le dijwalo. Tshola legae le tikologo ya gago di le phepa e bile di babalesegile.	<b>Boagi</b>  Nna Moafrikaborwa yo siameng e bile a le boikanyego. Obamela melao, mme o netefatse gore batho ba bangwe ba dira jalo le bona.	<b>Kgololosego ya puo</b>  O se ka wa gasagasa maaka le letlhoo. Netefatsa gore batho ba bangwe ga ba rogakiwe e bile ga ba utlwisive bothhoko.





# Malatsi a sedumedi le a a kgethegileng



Tlhophha nngwe ya ditumelo tseno. Batlisisa go le gontsi ka ga tsona.  
Baakanya pontsho mo phaposing. Leka go tla ka dibuka kgotsa  
ditshwantsho go tlhalosa pontsho ya gago.)



Sehindu



Seiselamo



Sejuta



Sekeresete

Re tshwanetse go tlotla batho ba ditumelo tsotlhe.

Tumelo ya gago ke efe?

Tumelo ya tsala ya gago ya botlhokwa ke efe?

Letlha: .....



# Go tlhola fela



A re kwaleng

Tlatsa karata e ka ga gago.

16b

Kgweditharo I – Beke 8 – Papet/anatiro

Leina la me \_\_\_\_\_

Sefane sa me \_\_\_\_\_

Letsatsi la me la botsalo \_\_\_\_\_

Mophato wa me \_\_\_\_\_

Sekolo sa me \_\_\_\_\_

Nomore ya me ya mogala \_\_\_\_\_

Aterese ya me \_\_\_\_\_

Nomore ya tshoganyetso \_\_\_\_\_

Motshameko wa me o ke o ratang \_\_\_\_\_

Mmala wa me o ke o ratang \_\_\_\_\_

Tsala ya me ya botlhokwa \_\_\_\_\_

Ke eng se se intumedisang \_\_\_\_\_

Ke eng se se dirang gore ke nne ke tlhontse \_\_\_\_\_

Ke eng se se ntenang \_\_\_\_\_

Se ke se kgonang \_\_\_\_\_



# Mekgwa e e itekanetseng ya go ja



A re bueng

Lebelela setlhophpha sengwe le sengwe sa dijo mme o bue le tsala ya gago ka ga: Ke dijo dife tse di mo setlhophpheng sengwe le sengwe? Ke goreng setlhophpha sengwe le sengwe se re siametse?

## Diporoteine

Diporoteine di aga disele tse dišwa gore mebele ya rona e gole.



## Divithamini

Divithamini le dimineral di thusa mebele ya rona go lwantsha malwetse le go nna e itekanetse.



A re ikatiseng

Kopa morutabana wa gago gore a go bontshe ka moo o ka tshamekang "founu e robegile" ka teng. Morago ga moo ikatise go latlhela bolo.

Letlha: .....



# Dikhabohaeterereiti

Dijo tse di re naya maatla.



A re kwaleng

Dira lenaane la dijo tse o di jeleng maabane. Mo kholomong ya bofelo, bua gore a dijo ke poroteine, khabohaeterereite, maungo kgotsa merogo.



## Dikungo tsa maši

Dijo tsa maši di tiisa marapo a rona, bogolosegolo fa re sa ntse re le bašwa mme marapo a sa ntse a gola.

Dijo tse ke di jeleng maabane	Mofuta wa dijo





18

Kgweditharo 2 – Bekerl – Papetlanatiro

# Mekgwa ya rona ya go ja



A re bueng

Botsa ditsala di le nne gore ba rata go ja eng. Lebelela dijo tse di farologaneng mme o tshwaye (✓) fa o rata dijo tseo, o bo o tshwaya (✗) fa o sa rate dijo tseo.

Tlatsa maina a ditsala  
tsa gago.




A re kwaleng

Lebelela theibole e o e tladitseng mme morago o arabe dipotso tse.

Ke dijo dife tse ditsala tsa gago di sa di rateng thata?

A o akanya gore ditsala tsa gago ba na le mekgwa e e itekanetseng ya go ja?

Ke eng o akanya jalo?



Boithabiso

Kopa morutabana wa gago gore a go bontshe ka moo o ka tshamekang founu e robegile ka teng.



Letlha: .....



A re kwaleng

Dira lenaane la mefuta ya dijo tse re  
tshwanetseng go di ja letsatsi lengwe  
le lengwe.



Handwriting practice lines for the story text.



A re kwaleng

Kwala risepe ya dijo tse o di ratang.



Risepe ya \_\_\_\_\_

Ke tlhoka ditsompelo dife?	
Ke dirise mokgwa ofe?	

Morutabana:  
Saena fa:  
Letlha:



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# Mekgwa e e itekanetseng ya go ja



## A re kwaleng

Thabo le Nomsa ba mo tseleng ya go ya kwa lebenkeleng la Sunshine. Ba batla go reka dijo dingwe go apeela dilalelo. Ba thusue qo dira lenaane la dijo tse di siamenq.



A re ikatiseng

Refosanelang go betsa kgati gore tsala  
ya lona e kgone go tlola.



Letlha: .....



A re kwaleng

Kwala dijo tse ba tshwanetseng go di reka le ditlhhotlhwa tsa tsona mo lenaneothekong le le fa tlase. Thabo le Nomsa ba dueletse dijo tse ba di rekileng bokae?

LENANEOTHEKO

TLHOTLHWA



A re kwaleng

Mekgwa ya gago ya go ja e itekanetseng go le go kae? Khalara sefatlhego se se tshegang go lebagana le mokgwa o o itekanetseng.

Mekgwa ya me ya go ja

Ee	Nnyaya
----	--------

Go le gantsi ke ja ke bogetse thelebišene.



Ke rata maungo le merogo.



Ke rata dijo tse di mafura di tshwana le ditšhipisi.



Ga ke rate metsi, ke rata dinotsididi.



Ga ke je merogo.



Ke tshotlhha dijo tsa me sentle.



Ke ja difitlholo tsa sa me pele ke ya kwa sekolong.



Bala gore o khalarile difatlhego tse di tshegang di le kae.



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Kgweditharo 2 – Beke 2 – Papetlanatiro

# Go ja sentle



A re kwaleng

Thala kgotsa o kgomaretse ditshwantsho tsa dijo go bontsha dijo tse di itekanetseng.

40

Letlha: .....



# Melawana ya go ja sentle



A re buiseng

Tlhapa diatla tsa gago ka dinako tsotlhe pele  
o tshwara dijo.

O se ka wa tlogela dijo di sa khurumelwa.

O se ka wa ja dijo tse di bodileng kgotsa tsa  
bogologolo.

Dirisa matlapi a merogo go direla  
tshingwana motshotelo.

Ijalele merogo.



A re direng

Thala setshwantsho go bontsha mongwe wa melawana e.





21

Kgweditharo 2 – Beke 3 – Papetlanatiro

# Ditshenekegi



A re bueng

Bua ka ga dikarolo tse di farologaneng tsa mmele wa tshenekegi.

Ditshenekegi di na le dikarolo di le tharo tsa mmele:  
tlhogo, mmele o o kwa godimo le mmele o o kwa tlase.

Gape di na le maoto a le marataro le  
dinakana tse pedi.



A re kwaleng

Tsenya maina a dikarolo tsa  
tshenekegi. Thala mola go  
tswa mo leineng go ya kwa  
karolong e e nepagetseng  
ya tshenekegi.

lenakana

mmele o o kwa  
godimo

leitlho

tlhogo

mmele o o kwa  
tlase

leoto



A re ikatiseng

Bobora jaaka notshe, fofa jaaka serurbele mme morago o tlole  
jaaka tsie.

Jaanong a o ipaakanyeditse motshameko wa kgwele ya dinao?

Letlha: .....



A re kwaleng

Thala mola go golaganya leina lengwe le lengwe le tshenekegi e e nepagetseng. Bua gore ke ditshenekegi dife tse di kotsi le gore ke dife tse di thusang.



notshe



monang



ntsi



tshoswane



tsie



serurubele



ntsi ya moretologa



mota



A re kwaleng

Jaanong tlatsa mafoko a a tlogetsweng.

e dira tswina.

se talafatsa ditšheše.

o phatlalatsa malaria.

e phatlalatsa malwetse.

e ja dijalo tsa borapolasa.



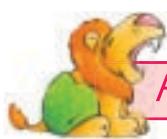
Morutabana:  
Saena fa:  
Letlha:



22

Kgweditharo 2 – Beke 3 – Papetlanatiro

# Go gongwe ka ga ditshenekegi



A re bueng

Lebelela ditshwantsho tse mme o bolelele tsala ya gago gore ke eng dinotshe di le mosola mo go rona.



Dinotshe di phatlalatsa mmudula. Se se botlhokwa gore maungo a tlhoge.



Dinotshe di ntsha tswina.



e tsuntsunyetsa  
matute go tswa mo ditšešeng.



e na le maoto a  
kwa morago a a maatla go tlola.

Letlha: .....



dirisa manakana

a tsona go buisana.



se phatlalatsa mmudula go  
tswa mo sejwalong go ya go  
se sengwe.

e phatlalatsa megare.



A re direng

Dira gore tshenekogi e tsamaye.

- Tlisa hangere go tswa kwa gae.
- Seg a ditshenekegi go tswa mo tsebeng ya tse di segilweng kwa morago ga buka.
- Di kgwagetse mo hangareng ya dibaki.





23

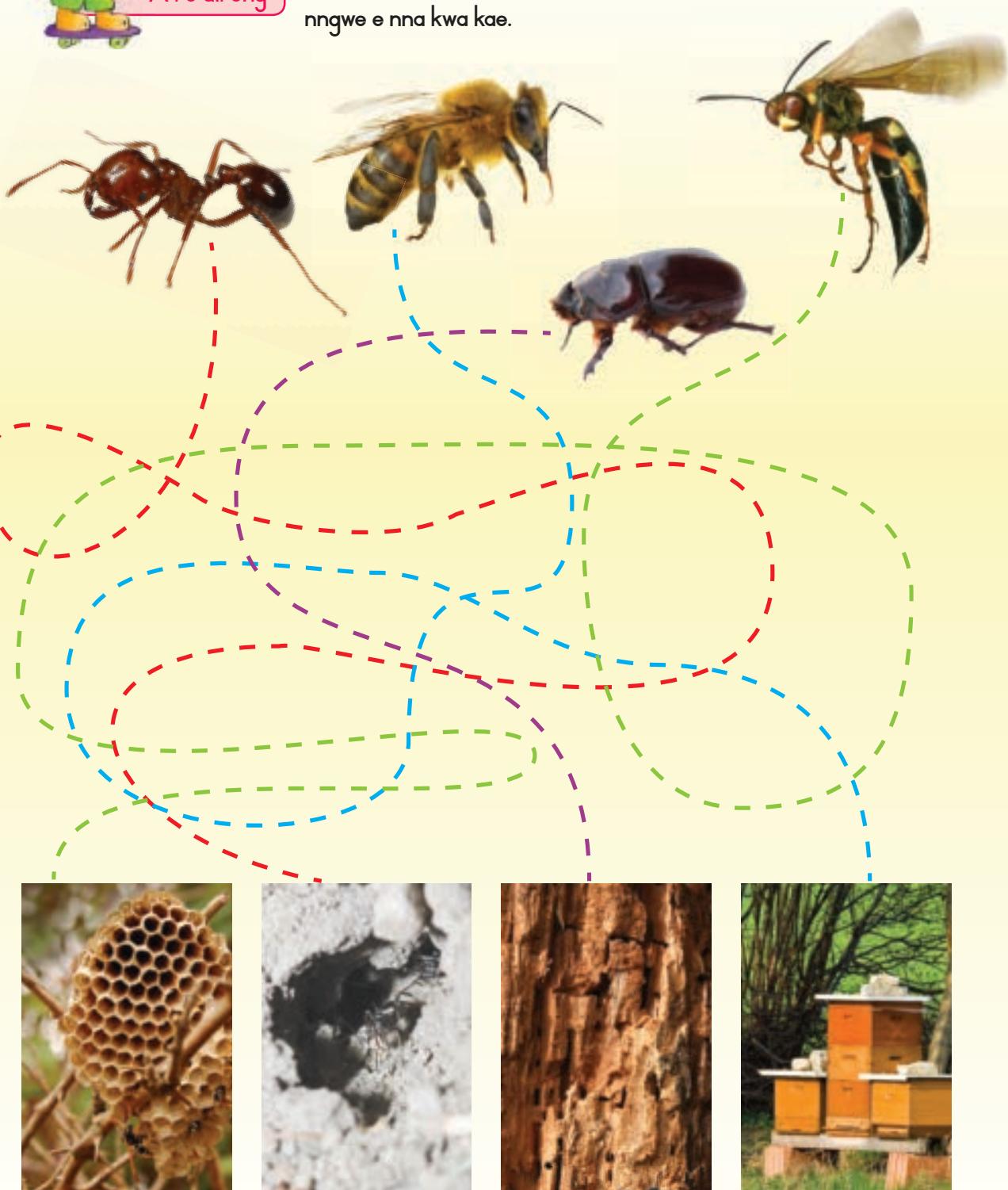
# Magae a ditshenekegi



A re direng

Sala mogala morago go bona gore tshenekegi nngwe le  
nngwe e nna kwa kae.

Kgweditharo 2 – Beke 4 – Papetlanatiro



46

Letlha:





A re direng



A re kwaleng

Tsamaya mo patlelong ya sekolo gore o tle o bone  
gore o ka bona mefuta e mekae ya ditshenekegi.



O bone ditshenekegi dife kwa ntle? Tlhophha e le nngwe mme o kwale  
leina la yona fa.



Tshenekegi e, e ja dijo tsa mofuta ofe?

A tshenekegi ya gago e tsamaya ka bonya kgotsa ka bonako?

A tshenekegi ya gago e mosola? Ke goreng o rialo?

Tshenekegi ya gago e kotsi ka mokgwa ofe? o ka dira eng fa e go gobatsa?



Boitumediso



Jaanong tlhama  
o bo o thale  
tshenekegi ya  
gago mme o e  
neye leina.





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# Bontsha boithamedi jwa gago



A re direng

## Itirele serurubele

Kgwedithano 2 - Beke 4 - Papetlanatiro

O tlaa tlhoka:

Pampiri ya A4

Dikheraejone tsa mafura

Sekere

Sekgomaretsi

Sephepafatsi sa  
diphaepe

Rolo e e fedileng ya pampiri ya ntlwanaboithusetso



Thala serurubele, mme o bontshe mmele wa sona o moleele, le diphuka tse pedi. Kgabisa diphuka tsa serurubele sa gago ka dipaterone tsa mebala e e farologaneng. Netefatsa gore diphuka tse pedi di a tshwana. Seg a serurubele.

Kgomaretsa mmele wa serurubele mo rolong ya ntlwanaboithusetso. Mena

sephepafatsi sa diphaepe gabedi go dira dinaka. Di kgomaretse mo tlhogong ya serurubele.



Letlha: .....



A re diragatseng

Leka go tshameka metshameko e.



### Setešene 1:

**Baseketebolo:** Betsabetsa kgwele o ntse o taboga ka mokgwa wa manyokenyoke.



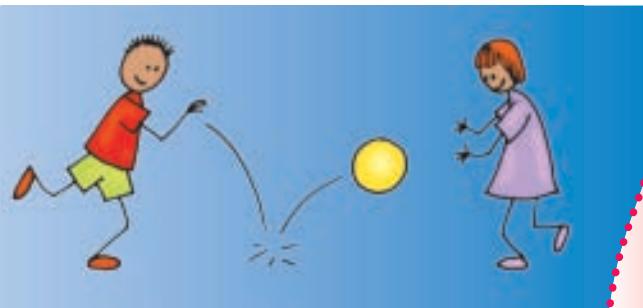
### Setešene 2:

**Hoki:** Dirisa thobane ya hoki go tsamaisetsa bolo kwa dinong.



### Setešene 3:

**Bolotloa:** Beletsa bolo kwa tsaleng ya gago o ntse o taboga.



### Setešene 4:

**Rakabi:** Taboga ka bolo mme o e fetise.



### Setešene 5:

**Kgwele ya dinao:** Tiribola bolo kwa dinong.





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Kgweditharo 2 – Beke 5 – Papetlanatiro



A re bueng

# Tshekatshelo

Tshekatshelo e bontsha dikgato tse di farologaneng tsa kgolo. Dikgato di sala tatelano e e rileng. Lebelela tshekatshelelo ya segwagwa le serurubele mme le bue ka dikgato tse di farologaneng.

## Tshekatshelo ya segwagwa



A re bueng

Lebelela ditshwantsho mme o bolelele tsala ya gago ka moo segwagwa se fetogang ka teng mo tshekatshelelo ya sona.

- 1** Digwagwa tse pedi di a feka gore di nontshe mae.
- 2** Segwagwa sa mosadi se beela mae.
- 3** Koduntwane e na le serwe sa go hema se se kwa ntle le mogatla wa motsu.
- 4** Koduntwane e tlhoga maoto.
- 5** Mogatla o simolola go nyelela.
- 6** Segwagwa se segolo se nna le makgwafo e bile se latlhiegelwa ke dihuba.

Letlha: .....

50



A re direng

Jaanong lebelela tshekatshele ya serurubele.

Tlatsa se se diragalang mo kqatong nngwe le nngwe ya  
tshekatshele. Re go thusitse ka dikgato di le pedi.



## Tshekatshelo ya serurubele



1

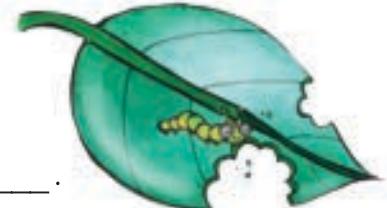
2



1

Serurubele se beela mae.

2



3



b

↑

3

4

5

Seboko se bopa kwena.

b



5



Morutabana:  
Saena fa:  
Letlha:

# Tshekatshelo

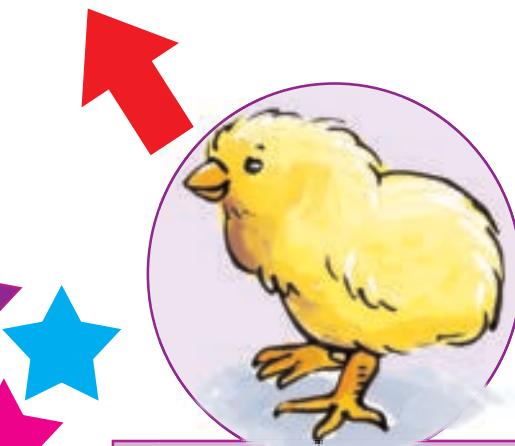
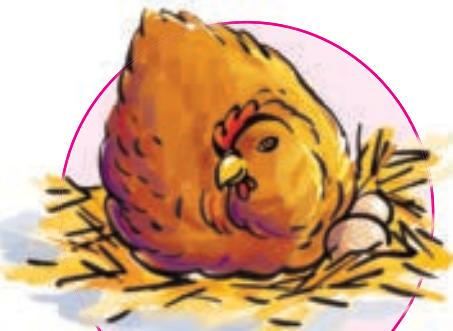
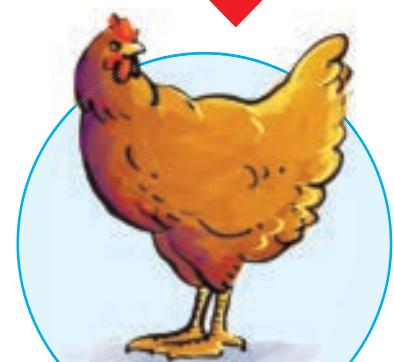
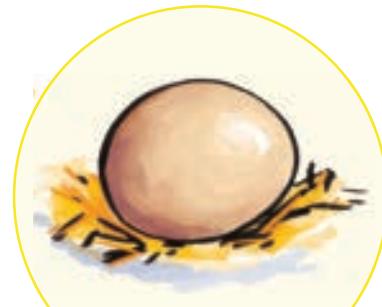


A re bueng

Lebelela ditshwantsho mme o bue le tsala ya gago ka ga tshekatchelo ya kgogo. Morago kwala se se diragalang mo kgatong nngwe le nngwe.

## Tshekatshelo ya kgogo

Kgweditharo 2 – Beke 5 – Papetlanatiro





A re kwaleng

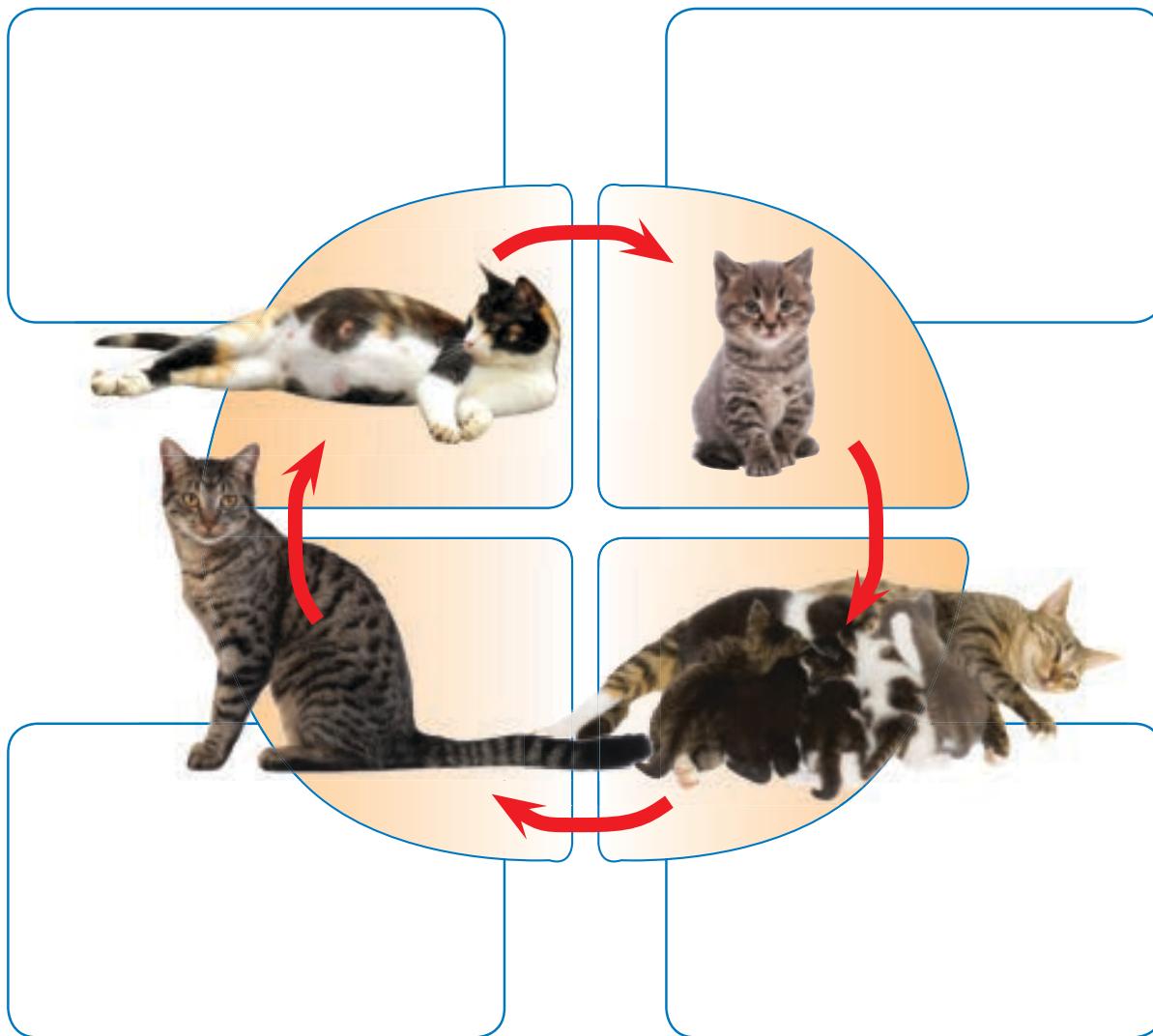
Jaanong itlhamele tshekatshe lo ya gago.

Neela setshwantsho sengwe le sengwe se se mo leotwaneng la kgang leina go bontsha tshekatshe lo ya katse. Dirisa ditlhogo tse di fa tlase go go thusa.

Kwala dikgato ka go latelana go tswa go nngwe go fitlha go nne mme o di dirise mo leotwaneng la kgang ya gago.

	Katsana e tsetswe.		Katse e e godileng.
	Mmaagwe katse o imile dibeke di le robongwe.		Mmaagwe katse o amusa dikatsana tsa gagwe.

## Tshekatshe lo ya katse



# Seotlwana sa me



A re direng

Dira maseke wa seotlwana.

O tlaa tlhoka: pampiri ya A4

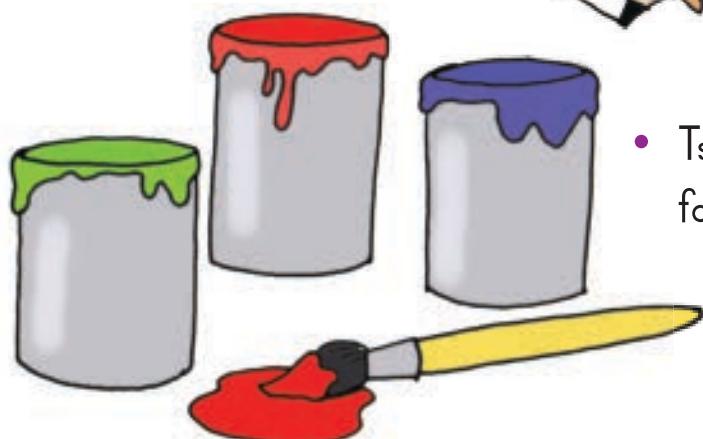
phensele

pente ya lerole le metsi

matseta a ditsebe



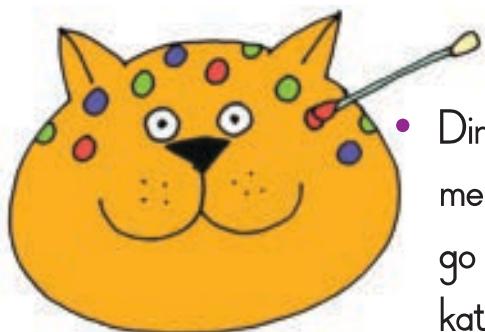
- Thalela bokwantle jwa sefatlhego sa katse mo pampiring.



- Tswaka pente go dira mebala e e farologaneng e le meraro.



- Dirisa letseta la ditsebe mo mmaleng mongwe le mongwe.



- Dira maronthorontho a mebala e e farologaneng go kgabisa sefatlhego sa katse.



Letlha: .....



A re bueng

Bolelela tsala ya gago ka ga seotlwana sa gago  
kgotsa seotlwana sa mongwe yo o mo itseng  
Bua ka moo o ratang go se tlhokomela ka teng.



A re kwaleng

Thala dilo di le nne tse o tshwanetseng go di  
dira go tlhokomela seotlwana sa gago. Morago  
o kwale setlhogo ka fa tlase ga setshwantsho  
sengwe le sengwe.





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Kgweditharo 2 – Bekə b – Papetlanatiro

# Go tlhokomela tikologo ya rona



A re bueng

Lebelela diphousetara tse mme o bue le tsala ya gago ka ga gore di re bolelela eng.



Lebelela letshwao la poeletso-tiriso (risaekela).

O kile wa bona letshwao le la poeletso-tiriso kwa kae?

## Re diriseng sešwa tsweetswee!



A re ikatiseng

A o kgona go dira mmino o dirisa dihupu le diribone?



Letlha: .....



A re buiseng

Re ka thusa jang go tshola tikologo e le phepa?



Re tshwanetse go gakologelwa ditlhaka **FDD**:

**Fokotsa:** re tshwanetse go fokotsa go gasagasa matlakala.

**Dirisa gantsinyana:** re tshwanetse go dirisa dilo tse dintsi gantsinyana

pele re ka di latlha.

**Boeletsa tiriso:** re tshwanetse go batla mekgwa ya go dirisa pampiri,

mabotlolo le dithini.



A re kwaleng

Kwala maina a dilwana tse di ka boeletswang go dirisiwa theiboleng e e fa tlase. Re go simololetse lenaneo lengwe le lengwe.



Dirisa galase gape	Dirisa polasetiki gape	Dirisa pampiri gape	Dira motshetelo
Mabotlolo a a dirileng	Dikgetsana tsa polasetiki	Makwalodikgang	Matlapi a merogo





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Kgweditharo 2 – Beke 1 – Papetlanatiro



A re kwaleng

# Poeletso-tiriso

Thala mola go tswa mo selong sengwe le sengwe se se ka fa molemeng go ya kwa selong se se ka fa mojeng go bontsha gore se ka dirisiwa sentle jang.



Jaanong bopa sengwe se o ka se dirang o dirisa dilo tse di kileng tsa dirisiwa mme o se neye leina.

Leina la selo

Thala setshwantsho sa sengwe sa gago.

Se dirilwe go tswa go

Letlha: .....



A re kwaleng

Akanya ka ga dilo tse di ka dirang motshetelo o montle. Kwala lengwe le lengwe la mafoko a a fa tlase mo kholomong e e nepagetseng go feleletsa theibole. O ka nna wa akanya ka ga dilwana dingwe tsa gago mme o di rulaganye go ya ka dikholomo tse di nepagetseng.

dikgetsana tsa polasetiki

matlapi a merogo

dipekere

meteme ya dinotsididi

dikgapetla tsa mae

Dilo tse di ka se boleng

Dilo tse di ka bolang



A re direng

Dira phousetara  
ya go thibela go  
leswafatsa. Thala  
setswantsho mme o  
kwale molaetsa.

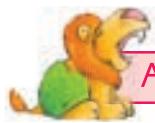




30

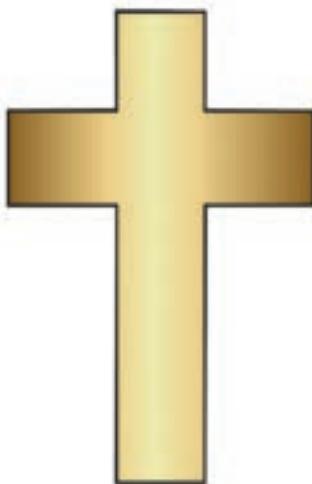
# Malatsi a bodumedi le a mangwe a a kgethegileng

Kgweditharo 2 – Beke 1 – Papetlanatiro



A re bueng

Bua le tsala ya gago ka ga gore ke ditumelo dife tse di dirisang matshwao a. Bua gore ke lefe le e leng la tumelo ya gago. Fa o sa bone letshwao la gago, le thalele tsala ya gago.



Sefapaano ke letshwao la Sekeresete.

Ngwedi o o lengete le naledi di bopa letshwao la Iselamo.



Letshwao la Sejuta ke Naledi ya ga Tafite. Kgosi Tafite e ne e le kgosi ya Baiseraele.

Letshwao la Sehindu le kwadilwe ka puo ya Devanagari ya Intia.

Letlha: .....

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# Mafelo a a farologaneng a kobamelo

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A re direng

Thala mola go golaganya tumelo nngwe le nngwe le lefelo la yona la kobamelo. Kwala leina la kago ka fa tlase ga setshwantsho sengwe le sengwe.

tempele

senagogue

mmoseke

kereke

Bodumedi

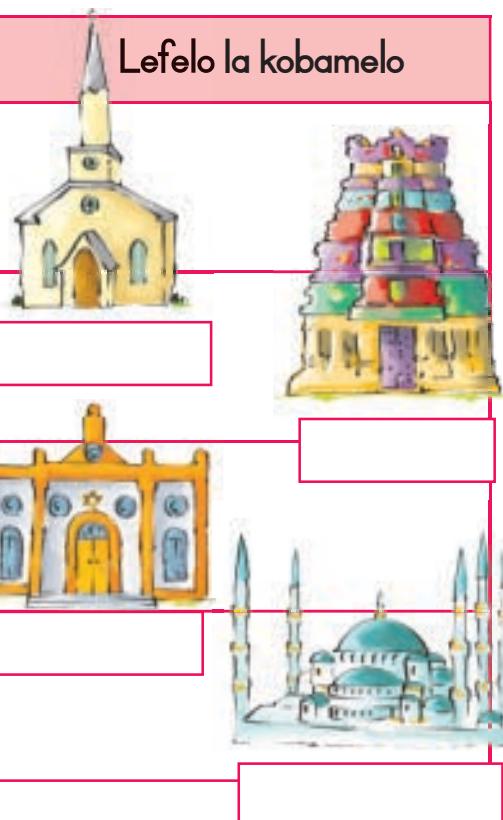
I selamo

Sehindu

Bokeresete

Sejuta

Lefelo la kobamelo



A re direng

Botsa ditsala di le nne gore ke letshwao lefe le le bontshang bodumedi jwa bona.

Leina la tsala	Matshwao a bona



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# SETIFIKEITI

**Sa go digela Mophato 3**

**Dikgono tsa Botshelo**

**se neelwa**

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Tlatsa leina la gago

Letlha \_\_\_\_\_

Morutabana \_\_\_\_\_



# Lenaanefoko la me

A  
a

G  
g

B  
b

H  
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C  
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J  
j

E  
e

K  
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l



# Lenaanefoko la me

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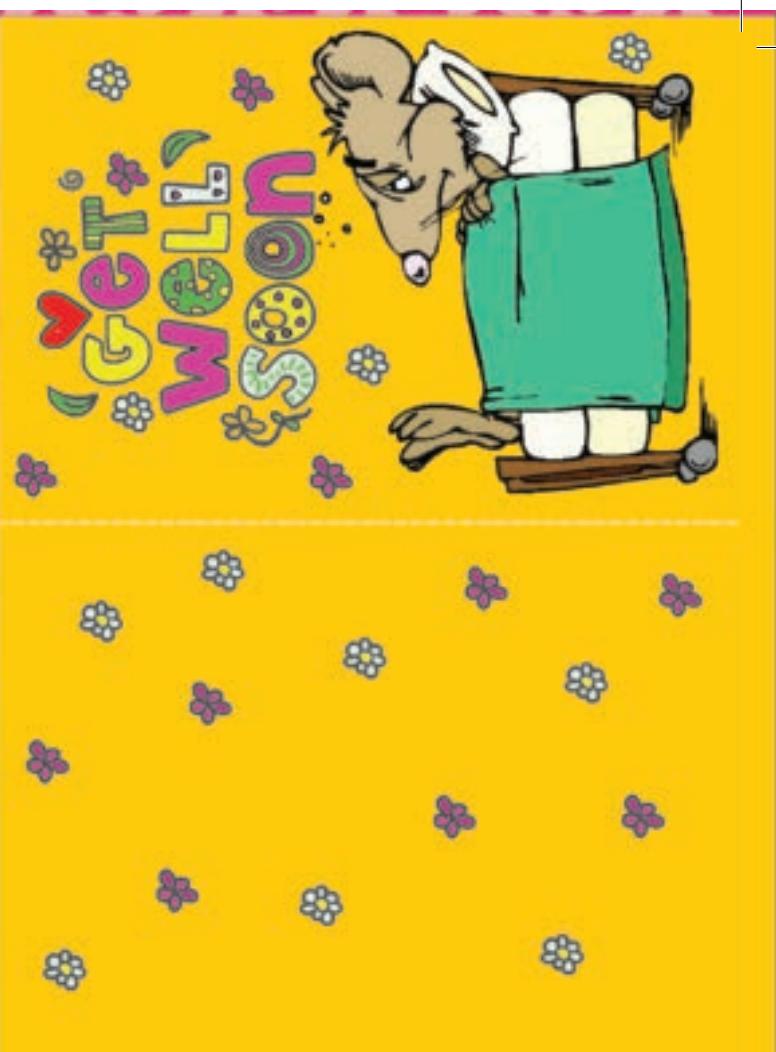
v

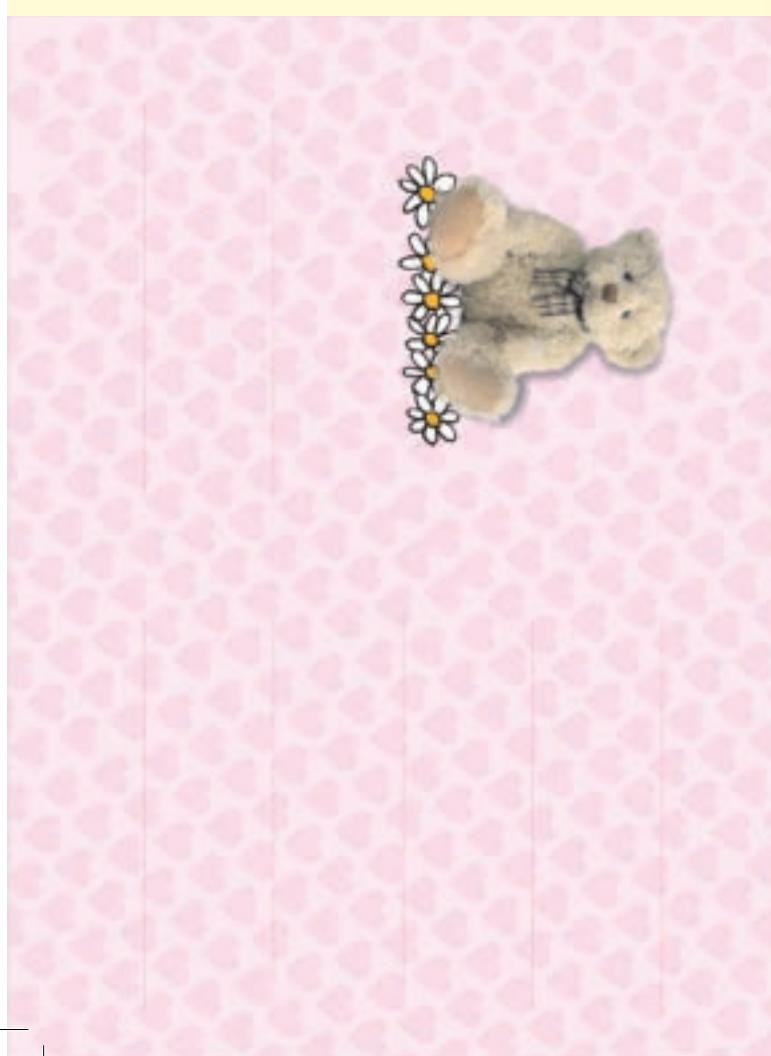
W

w

X - Z

x - z





P.45

