

E tshabolotswe e
bile e tsamaelana
le KPKT

Mophato



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LIFE SKILLS IN SETSWANA
GRADE 1 – BOOK 1
TERMS 1 & 2

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8th Edition

Dibukatiro tse di fitlhelwang mo
metseletseleng e, ke:

- Puogae ya Setswana Mephato 1 – 6
(Ka dipuo tsotlhe tsa semmuso)
- Matesisi (Mmetshe) Mephato 1 – 3
(Ka dipuo tsotlhe tsa semmuso)
- Matesisi (Mmetshe) Mephato 4 – 9
(Ka Seesimane le Seaforikanse)
- Bokgoni jwa Botshelo Mephato 1 – 3
(Ka dipuo tsotlhe tsa semmuso)



Bokgoni jwa Botshelo
ka SETSWANA

Buka 1
Kgweditsharo 1 & 2



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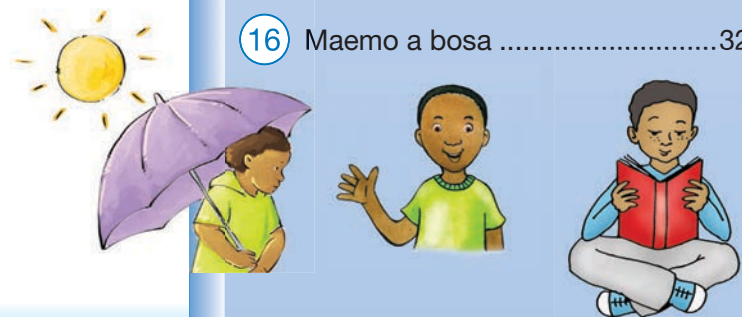


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Mme Angie Motsheka,
Tonakgolo ya Thutotheo



Rre Enver Surty,
Motlatsatonakgolo ya
Thutotheo

Dibukatiro tse di kwaletswa barutwana ba Afrika Borwa ka fa tlase ga boeteledipele jwa ga Tonakgolo ya Lefapha la Thutotheo, Mme Angie Motshekga le Motlatsatonakgolo ya Lefapha la Thutotheo, Rre Enver Surty.

Dibukatiro tsa Rainbow ke karolo ya maiteko a mangwe a Lefapha la Thutotheo a a ikaeletsweng go tokafatsa bokgoni jwa barutwana kgotsa baithuti ba Afrika Borwa mo mephatong e merataro ya ntlha. Jaaka e le sengwe sa dilo tse di kwa godimo mo Lenaneotirong la Mmuso, porojeke e e etleediwa ke Letlotlo la Semmuso. Se se kgontshitse Lefapha go kwala dibukatiro tse ka dipuo tsotlhe tsa semmuso, mme ga di duelelwe.

Re solofela gore dibukatiro tse di tlaa tswela barutabana mosola mo go ruteng ga bona ga letsatsi le letsatsi, le mo go netefatseng gore barutwana ba digela kharikhulamo ya bona. Re netefaditse gore re kaela morutabana sentle mo tirong nngwe le nngwe ka go tsenyeletsa mesupatsela go bontsha gore ke eng se morutwana a tshwanetseng go se dira.

Re solofela gore bana ba tlaa itumelela go dira mo bukeng e fa ba ntse ba gola e bile ba ithuta, le gore wena jaaka morutabana, o tlaa abelana le bona boitumelo jwa bona.

Re go eleletsa katlego e kgolo mo tirisong ya dibukatiro tse, wena le barutwana ba gago.



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Mophato

1



Bokgoni jwa Botshelo
ka **Setswana**
Buka I



Buka e ke ya ga:

Ka ga me

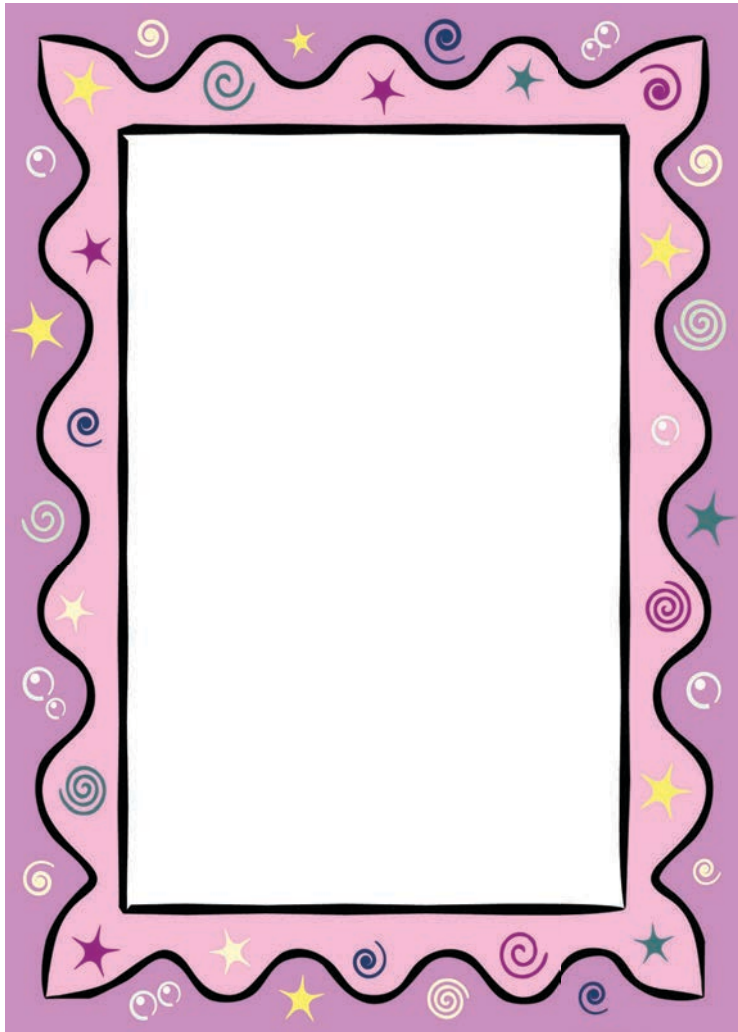


Kgweditsharo I – Beke I – Papetlanatiro



A re direng

Kgomaretsa senepe sa gago
kgotsa o itshwantshe fa.



Leina la me ke



_____.

Sefane sa me ke

_____.

Ke na le dingwaga di le

_____.

Go na le batho ba le

_____ mo lelapeng la
gaetsho.

Mogala wa rona ke:

_____.

Aterese ya rona ke:



Ke itse gore letsatsi la me la
botsalo le leng.

ee

ga ke
netefatse

nnyaya



A re thaleng



Joe o itse go tshameka kgwele ya dinao.

Thala sengwe se o se kgonang thata.



Bolelela ditsala tsa gago gore ke eng se o se kgonang thata.



Morago o tshase mmala mo naleding e e mo lebokosong le le nepagetseng go bontsha gore o ka dira eng.

A re bueng



Ke kgona go buisa.



Ke kgona go ikapesa.



Ke kgona go kwala.



Ke kgona go bina.



Ke kgona go dira mogodungwana.



Ke kgona go tlhapa meno a me.

Teacher: _____
Sign: _____
Date: _____

Mebala le mmino



A re direng

A o itse mebala e? Bolelela tsala ya gago maina a mebala e.



Jaanong khalaria setshwantsho sengwe le sengwe ka mmala o o siameng.



Panana e e serolwana



Apole e khibidu



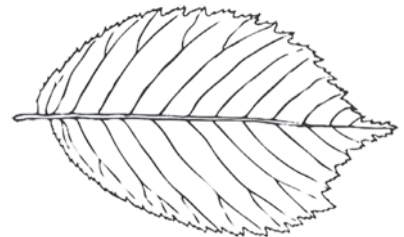
Jeresi e e botala jwa legodimo



Mokgele wa mebalabala



Namune e e mmala wa namune



Letlhare le letala



A re ikatiseng

Pele o ka dira tirwana kwantle, ikotlolole jaaka katse. Seno se tla kgontsha mmele wa gago go tshikhinyega. Gape, o ikotlolole morago ga tirwana go repisa le go ikhutsisa mmele wa gago. Seno se tla go thusa gore o se nne le mesifa e e botlhoko. Jaanong dira se bana bano ba se dirang.



Opela "Tlhogo, magetla" fa o ntse o:

- itire o kare o tshameka piano kgotsa moropa.
- itire o kare o tshameka katara.





Op

Op

Op

Opa

Op

Op

Op

Op

Op

Op

Op

Op

Op

Op

Op

Op



A re direng

Ke kgona go tabogela kwa matlhakoreng
otlhe ke sa thule ope.



Ke kgona go tlola ka mogala wa kgati.



Ke kgona go dikoloseisa bolo e kgolo kwa tsaleng ya me.



Teacher:

Sign:

Date:

Rotlhe re kgethegile



A re bueng

Lebelela setshwantsho mme o tlotlele
tsala ya gago ka ga pharologano fa
gare ga bana ba.



Bogolo le bonnye

Bangwe ba bagolo, mme bangwe ba rona ba bannye.

Bangwe ba rona re bakhutswane fa bangwe ba rona
re le baleele.

Bangwe ba rona ba kgona go tlola, mme bangwe
ba kgona go opela.

Rotlhe re kgona go dira sengwe ka manontlhotlho.

Ke eng se o kgonang go se dira ka manontlhotlho?



A re bueng

Tlotlela ditsala tsa gago gore o ne wa ikutlwa
jang ka letsatsi la gago la ntlha kwa sekolong.

itumetse	lela	itumetse thata	tenegile	ikgogona



A re thaleng

Thala setshwantsho go bontsha ka moo o **ka ikutlwang ka teng** fa motho a
go naya setshamekisi se sentshwa. Kwala maikutlo mo phatlheng fa tlase.



Tlotelela tsala ya gago gore go diragala eng mo setshwantshong sengwe le sengwe. Bua gore o ka ikutlwa jang fa dilo tse di ka go diragalela. Tshwaya sefatihego se se nepagetseng.



Mosimane yo mogolo o tsaya dilo tsa gago.

itumetse	itumetse thata	tlhontse

Wena le tsala ya gago le tshameka mmogo.

tenegile	itumetse	tshogile



O bula mpho.

tshogile	itumetse thata	ikgogona

Ausi kgotsa abutiago o senya setshamekisi sa gago.

ikgogona	thabile	tenegile



Dira setshwantsho sa monwana wa gago mo lebokosong la ntlha, mme o botse moithuti-ka-wena go dira setshwantsho sa monwana wa gagwe mo lebokosong la bobedi.

A o ntse o itse gore ga go ope mo lefatsheng yo o nang le setshwantsho sa menwana se se tshwanang le sa gago? O kgethegile thata, gonne o mongwe mo lefatsheng. Le mafatla tota, ditshwantsho tsa menwana ya bona ga di tshwane.

--	--

A o kgona go bona gore ditshwantsho tsa menwana ga di tshwane?

Teacher: _____
Sign: _____
Date: _____

Rotlhe re a farologana



A re bueng

Lebelela bana ba.
Ba tshwana ka eng?
Ba farologana ka eng?



A re direng

Lebelela setshwantsho mme morago o akanye ka ga gore a ditlhagiso tse di
bua **nnete** kgotsa **nnyaya**. **Khalara dipolelo tse di nnete ka botala jwa tlhaga.**
Khalara dipolelo tse di sa bueng nnete ka bohhibidu.



Botlhe ba na le matsogo a le 2 le
maoto a le 2.



Botlhe ke basetsana.

Botlhe ba rwele ditlhako.



Botlhe ba apere marokgwe a
makhutshwane.

Botlhe ke bana.



Botlhe ba na le meriri e
meleele.



A re thaleng

Thala setshwantsho sa gago mo phatlheng ya ntlha. Morago o thale setshwantsho sa tsala ya gago ya botlhokwa. Morago ga go dira jalo, lebelela setshwantsho mme o bue gore o farologana jang le tsala ya gago.



Nna	Tsala ya me



A re direng

Lebelela setshwantsho mme o bue ka moo wena le tsala ya gago le tshwanang ka teng le ka moo le farologanang ka teng. Khalara keetane e ya botsalano go bontsha gore mongwe le mongwe o a farologana. Fa o sena go dira se o ka nna wa sega o bo o kgabisa keetane ya botsalano mo karolong ya mesego ya buka e.



Teacher: _____
Sign: _____
Date: _____

A re opeleng

Hemela kwa teng thata le kwa ntle ka iketlo. Itire o kare o tima
dikerese tsa kuku ya gago ya botsalo. Itire o kare o gatsetse, mme o re
“Brrrrrrrrrrrrrrrrrrrr”.

Dil
E

ng.
o.

A stylized illustration of a purple cat with a long, curved tail, jumping or falling. The cat is positioned upside down, with its front paws extended downwards and its hind legs bent. There are green and blue motion lines around the cat, suggesting movement. The cat has a pink nose and a small pink patch on its chest.

A purple cat is shown in mid-jump, with its body arched and its long tail extended upwards. The cat has a white patch on its chest and a small pink bow on its head. There are green and blue motion lines around the cat, indicating movement.

Dikgabo di le nne di tloatlola mo bolaong.



"Dikgabo ga di tloatlole mo bolaong!"

A cartoon illustration of a purple monkey with a long tail, jumping or running towards the left. There are green motion lines around it to indicate movement.

Mme a bitsa ngaka mme yona ya re,

Dikgabo di le pedi di tloatlola mo bolaong.

Mme a bitsa ngaka mme yona ya re,

"Dikgabo ga di tlolatlole mo bolaong!"

A cartoon illustration of a blue monkey with a white belly and a pink nose, jumping or falling with its arms outstretched. There are green motion lines around it.

A cartoon illustration of a purple monkey jumping. The monkey is shown in mid-air, with its arms and legs extended. There are blue and green curved lines around the monkey, suggesting motion or a breeze. The monkey has a pink nose and a small pink mouth.

A simple illustration of a bed with a green frame, a purple blanket, and two yellow pillows with green patterns. The bed is positioned in the lower half of the page.

"Dikgabo ga di tlolatlole mo bolaong!"



A re thaleng

Thala sefatlhego sa gago.

Bontsha matlho a gago, ditsebe, nko, molomo le moriri.

Bolelela ditsala tsa gago gore o rata eng.

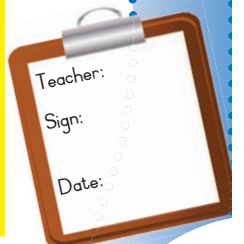
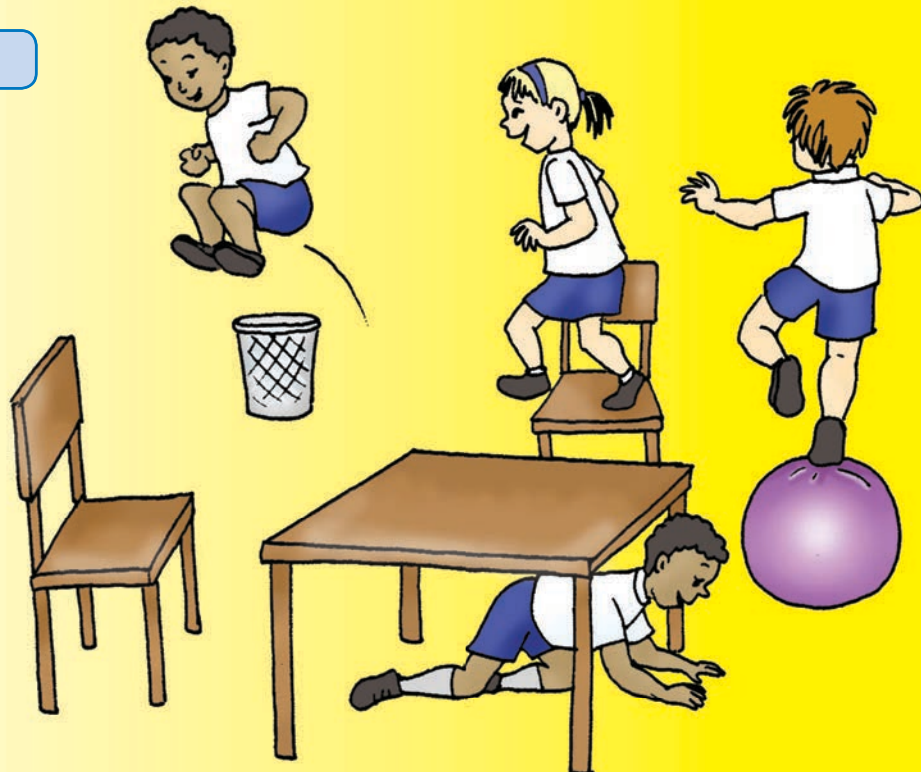


A re ikatiseng

Dira leparego kwa ntle ga phaposiborutelo ya gago le le tshwanang le le, o thusiwa ke morutabana wa gago.

Tlola go tswa mo tafoleng e nngwe go ya kwa go e nngwe.

Khukhutha ka fa tlase ga ditafole.



Ke ikgantsha ka sekolo sa me



A re direng

Thala setshwantsho sa gago mo diaparong tsa gago tsa sekolo. Morago o tlatse ka mafoko a a tlogetsweng.

Ke tsena sekolo sa

_____.

Leina la morutabana wa me ke

_____.

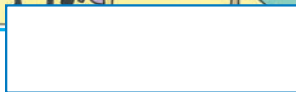
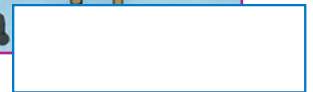
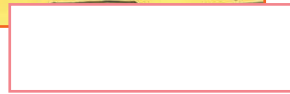
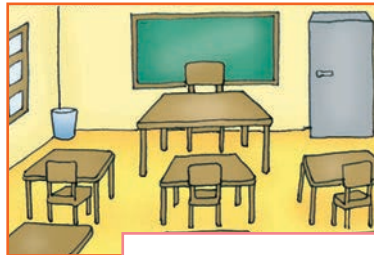
Mogokgo wa sekolo ke

_____.



A re kwalleng

Lebelela ditshwantsho. Morago o kgaole lefoko le le nepagetseng la setshwantsho sengwe le sengwe mme o le kgomaretse fa thoko ga setshwantsho seo.



lepatlelo

phaposiborutelo

ofisi

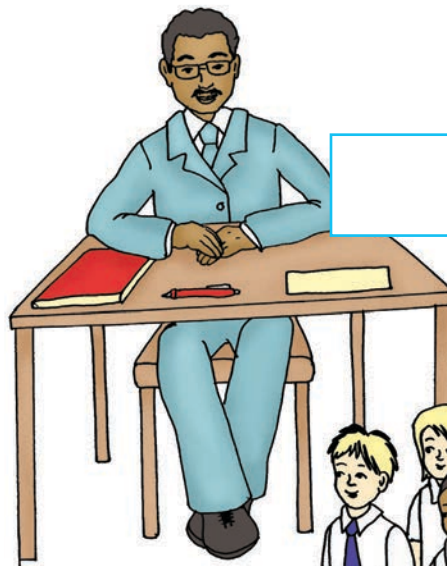
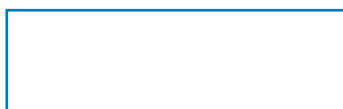
mokwaledi

ntlwanaboithusetso



A re thaleng

Batho ba ba farologaneng kwa sekolong ke bomang? Lebelela ditshwantsho mme o bue gore ke bomang le gore ba dira eng. Morago o kgaole lefoko le le nepagetseng go tswa kwa tlase mo tsebeng o be o le kgomaretsa fa thoko ga setshwantsho se se nepagetseng. Tlhalosetsa tsala ya gago ka moo o yang kwa ofising ya mogokgo ka teng, ntlwanaboithusetsong le lepatlelong la metshameko.



Boithabiso

Lebokoso la diphensele la ga John le wele. Bala gore o na le dikheraeyone tse kae, mme o kwale palo mo lebokosong. Morago mo lenathwaneng la pampiri le le kwa thoko, thala setshwantsho o dirisa mebala e e phatsimang go bontsha ka moo wena le tsala ya gago le tshamekang mmogo ka teng. thala foreimi go dikologa setshwantsho.



bana

mophepafatsi

morutabana

mogokgo





7

Mafelo a a farologaneng

Kgweditsharo I – Beke 4 – Papetlanatiro



A re direng

Bontsha ditsala tsa gago gore o kgona go:

Iphitlha ka fa tlase ga sengwe.



Ema mo godimo ga sengwe.



Ke iphitlhile ka fa tlase ga tafole.



Ema fa thoko ga sengwe.



Ema fa thoko ga sengwe.



A re ikatiseng

Dirisa bolo kgotsa kgetsana ya dinawa. E latlhele kwa godimo mme o e kape. Tshegetsa kgetsana ya dinawa mo tlhogong ya gago mme o tsamayetsamaye ka iketlo.

Jaanong tshegetsa kgetsana ya dinawa mo tlhogong o ntse o tsamaya mo godimo ga thobane ya go tshegetsa kgotsa mo godimo ga mola fa fatshe.

Ke kgona go latlhela.



Ke kgona go kapa.



Ke kgona go tshegetsa kgetsana ya dinawa mo tlhogong ya me.





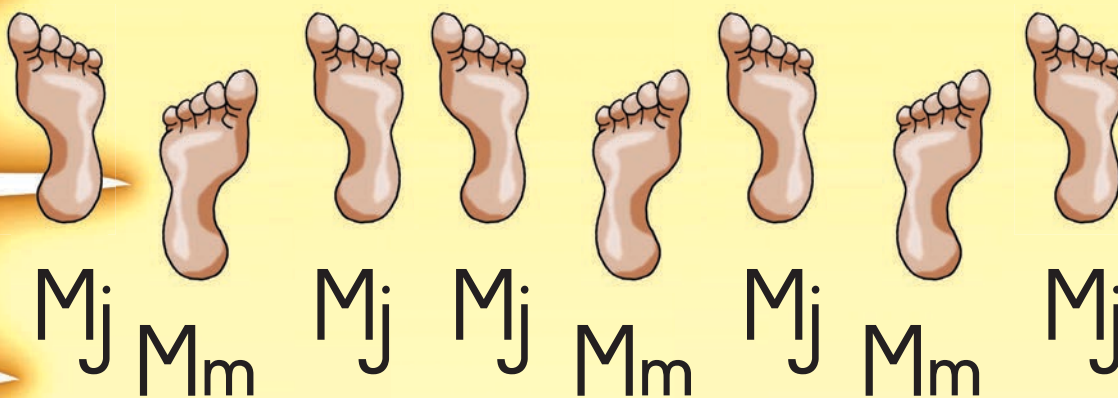
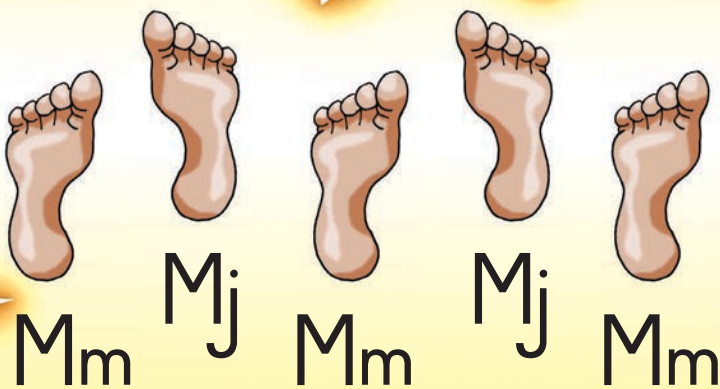
A re ikatiseng

Tiba maoto a gago ka mekgwa e.

Mm = Molema



Mj = Moja



Teacher: _____
Sign: _____
Date: _____

Phaposiborutelo ya me



Lebelele setshwantsho se ka kelotlhoko. O bona eng?

Mo phaposiborutelong e, go diragala dilo tse di siameng le tse di sa siamang. O kgona go bona maitsholo afe a a siameng? O kgona go bona maitsholo afe a a sa siamang?





Thala ✓ letshwao fa thoko ga maitsholo otlhe a a siameng mme
o thale sefapano ✗ fa thoko ga maitsholo a a sa siamang a a ka
diragalang kwa sekolong.

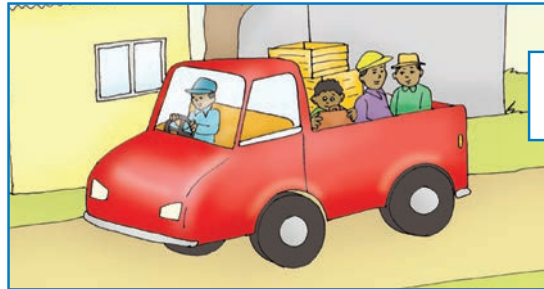
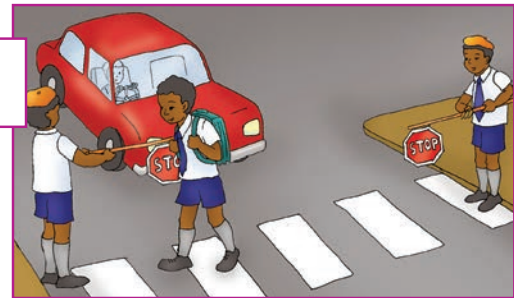


Ka moo re yang sekolong ka teng



A re bueng

O ya kwa sekolong letsatsi lengwe le lengwe jang? A o babalesegile? A o itse mekgwa e e sa babalesegang? Bua le tsala ya gago ka ga ka moo bana ba ba yang kwa sekolong ka teng. Tshwaya ✓ mekgwa e e babalesegileng ya go ya kwa sekolong. Thala sekere ✗ mo go e e sa babalesegang.



O ya kwa sekolong jang mo mosong? _____



A re direng

Jaamong botsa ditsala di le 5 ka moo ba yang kwa sekolong ka teng letsatsi le letsatsi. Tshwaya dintlha tsa bona mo tshateng e.

Maina a ditsala



	1	2	3	4	5
ka maoto 					
ka bese 					
ka koloi/vene 					
				Ee	Nnyaya

Ke kgona go taboga ke nyokanyokela.

Fa ke taboga, ke kgona go fetola dikaelo fa morutabana a bua jalo.

Letlha:



A re direng

Thala setshwantsho go bontsha gore o ya jang kwa sekolong.



A re ikatiseng

Reetsa mmimo o morutabana a tlaa go tshamekelang ona.

Bina go tsamaelana le morethetho wa mmimo.

Koba mangole a gago mme o phutholole maoto a gago.

Kuka o bo o dige magetla a gago.

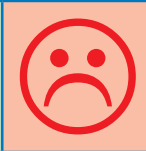
Dikolosa matsogo a gago go ya kwa molemeng le go ya kwa mojeng.



A re ikatiseng

Wena le tsala ya gago le tshwanetse go kolopa le bo le kape bolo. Dirisa letsogo la gago le le bokoa go latlhela bolo.

A ke ne ka kgona go latlhela bolo ka letsogo la me la moja?



A re ikatiseng

Tsamayang jaaka keribaa, wena le tsala ya gago.





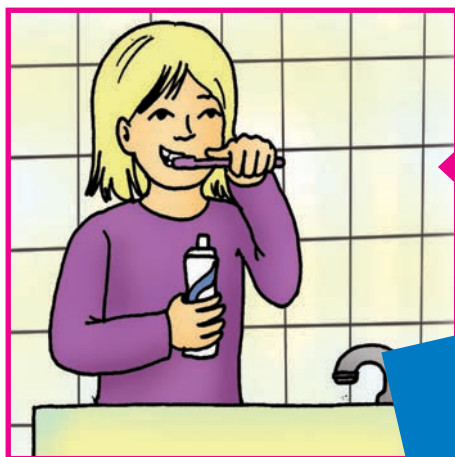
10

Kgweditsharo I – Beke b – Papetlanatiro



Ke itshola ke le phepa

Gio botlhokwa go ithuta mekgwa e e siameng go tloga bonnyaneng jwa gago. Dilo dingwe tse o tshwanetseng go di dira go itshola o le phepa e bile o itekanetse, ke tse. Bua ka ga setshwantsho sengwe le sengwe.



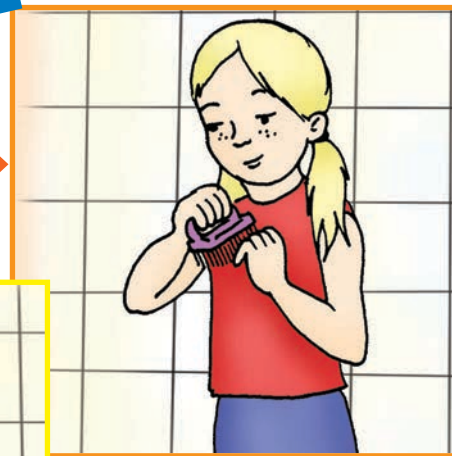
Tlhapa meno a me.



Tlhapa diatla tsa me morago ga go dirisa ntlwanaboithusetso.



Tlhapa kgabetsakgabetsa.



Tshola dinala tsa me di le phepa.



Dirisa ntlwanaboithusetso.



Tlatswa maungo pele ke a a ja.



Dirisa tišu fa ke ethimola kgotsa ke mina.

Ke
tshwanetse
go



A re thaleng

Ke dife tsa dilo tse, tse o di tlhokang go itshola o le phepa?

Tshasa mmala mo dinaleding go bontsha gore ke dilwana dife tse o di dirisang go itshola o le phepa. Gape bua ka moo o dirisang selo sengwe le sengwe go itshola o le phepa.



Tshwaya go bontsha gore o kgona go dira dilo tse di latelang:	ee	nnyaya
Ke ka palama mo llereng mo boikatisetsong jwa dikgwa.		
Ke kgona go dirisa diatlana go tsamaela kwa pele.		
Ke kgona go gagaba mo gare ga boikatiso jwa mo sekgweng.		



Teacher:
Sign:
Date:



Mekgwa mengwe e e siameng



A re buiseng

Mekgwa e mengwe e mentle ya go dirisa ntlwanaboithusetso sentle.

Gakologelwa



Fa o ka kgamathetsa ntlwanaboithusetso, o gakologelwe go e phepafatsa.



Gakologelwa go bulela metsi a ntlwanaboithusetso.



Ka dinako tsotlhe o tswale lebatl la ntlwanaboithusetso fa o dirisa ntlwanaboithusetso.



O se ka wa dirisa pampiri e ntsi ya ntlwanaboithusetso.



Gakologelwa go tlhapa diatla morago ga go dirisa ntlwanaboithusetso ka dinako tsotlhe.



A re thaleng

Sekeletsa mafoko a a nepagetseng a a re bolelelang gore re tshwanetse go dirisa dilo tse di latelang gaka.

Go tlhapa moriri wa gago.



letsatsi lengwe le
lengwe

mo mosong le bosigo

gabedi ka beke

gangwe ka beke

Go tlhapa meno a gago.



letsatsi lengwe le
lengwe

mo mosong le bosigo

gabedi ka beke

gangwe ka beke

Go tlhapa mmele wa gago.



letsatsi lengwe le
lengwe

mo mosong le bosigo

gabedi ka beke

gangwe ka beke

Go tlhapa sefatlhego sa gago.

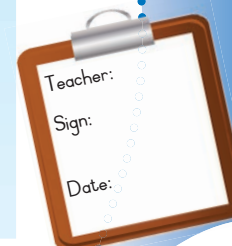


letsatsi lengwe le
lengwe

mo mosong le bosigo

gabedi ka beke

gangwe ka beke



Teacher:

Sign:

Date:



Ke phepa



A re ikatiseng



A re bontsheng

Tshameka "Phaladi a re" le morutabana wa gago.
Batla phatlha ya gago mme le tsamaye ntle le go thulana.
Phaladi a re, "tshwara tlhogo ya gago".

Bontsha tsala ya gago ka moo o...

Tlhapa diatla tsa gago.



Tlhapang moriri wa gago ka teng.



Phimolang diatla tsa gago ka teng.



Tlhapang meno a gago ka teng.



Tlhapang sefatlhego sa gago ka teng.





A re ikatiseng

Diragatsang leboko le.

**Ke kgona go opa diatla
le go tiba ka maoto
Ke kgona go tshikinya tlhogo
le go dikolosa matsogo
Ke kgona go ama menwana
ya maoto
le go tshwara nko ya me.**





13

Kgweditsharo I – Beke 7 – Papetlanatiro

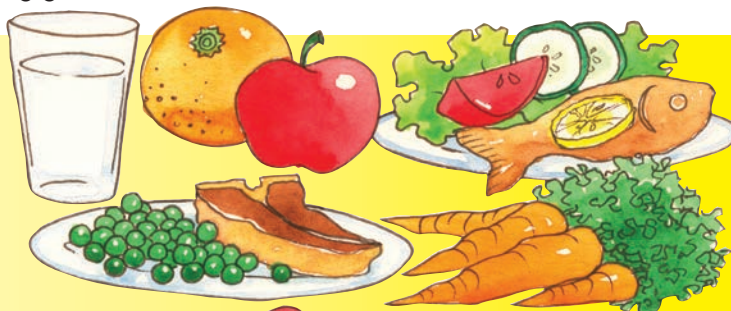


A re buiseng

Mekgwa e e itekanetseng

Re tlhoka eng go nna re itekanetse!

Dijo tse di itekanetseng



Ikatiso e e lekaneng

Go itshola re le phepa



Go nna mo mweng o o phepa

Boroko jo bo lekaneng mme e seng go bogela thelevišene thata!





A re thaleng

Tshwaya ✓ mekgwa e e itekanetseng mme o thale sekere ✗ mekgwa e e sa itekanelang.



Teacher: _____
Sign: _____
Date: _____



Bophepa



A re direng

Bontsha ka moo o dirisang
dilwana tse.



sesepe sa meno



borat he jwa meno

sesepe



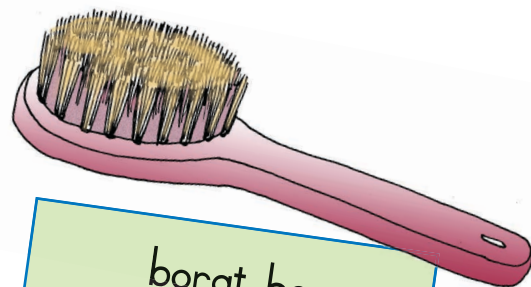
setlolo



ampu



kamo



borat he



borat he jwa dinala



tlelipara ya dinala



A re ikatiseng

Tshwaraganya diatla go bopa tshekeletsa e kgolo.

Jaanong fetisetsang bolo go mongwe le mongwe mo tshekeletseng.

Morago tsenyang bolo e nngwe mme le e fetise.

Morago tsenyang bolo e nngwe mme le leke go fetisa dibolo di le 3.



A re bueng

Ke eng se seng phepa mo phaposeng e?

O tshwanetse go dira eng go phepafatsa phaposi?

Bana ba dira eng? Ba tshwanetse go dira eng?





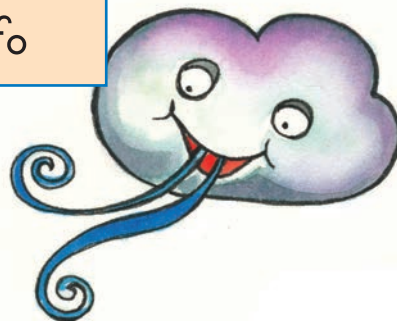
Maemo a bosa a ke a ratang



A re bueng

Lebelele mefuta e e farologaneng ya maemo a bosa mme o bolelele tsala ya gago gore o rata maemo a a ntseng jang a bosa.

fa go le phefo



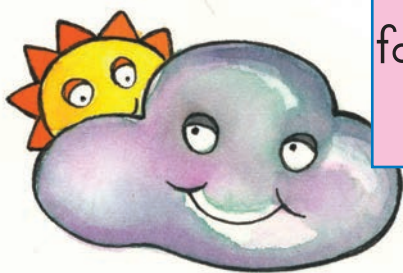
fa go le letsatsi



fa go le maru e bile
go le tsididi



fa go le maru e bile go
le tsididi



Mo dikarolong tse dingwe tsa lefatshe la rona, go nna tsididi thata gore segagane se bo se we. Nako nngwe maemo a bosa a tlala diphefo.

Diphefo tse di maatla, di bidiwa matlakadibe.



A re direng

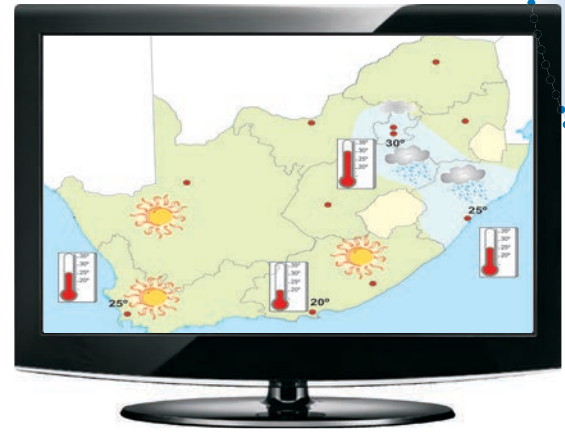
Thala setshwantsho sa gago o le mo puleng kgotsa mo monyong.
thala setshwantsho sa gago o le mo pampiring e kgolo, o dirisa kheraeyone ya mafura.
Tswakanya mmala o o botala jwa legodimo le metsi le pente mo tsebeng yotlhe.
gasaganya pente e tshweu o setshwantshong.



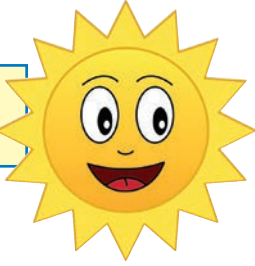


A re buiseng

Re dirisa tšhate ya bosa go bontsha gore bosa bo eme jang. Re dirisa disimbolo go bontsha mefuta e e farologaneng ya bosa. Disimbolo tse dingwe ke tse.



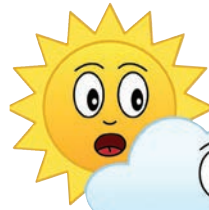
fa go le letsatsi



pula e a na



go maru

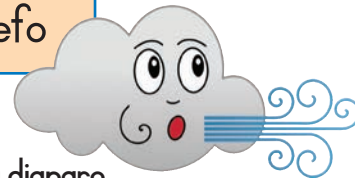


go maru fale le fale

go wa segagane



fa go le phefo



A re bueng

Bolelela tsala ya gago gore o apara mefuta efe ya diaparo mo mofuteng mongwe le mongwe wa maemo a bosa.



A re direng

Thala disimbolo tsa bosa go feleletsa tšhate ya gago ya bosa ya beke.

Mosupologo

Labobedi

Laboraro

Labone

Labotlhano



A re thaleng

Maemo a bosa a ne a eme jang mo bekeng e?
Tlatsa ka mafoko a a tlogetsweng.

Gompieno go _____.

Maabane go ne go le _____.

Ke solofela gore ka moso go tlaa nna _____.



Teacher: _____
Sign: _____
Date: _____



Maemo a bosa



A re ikatiseng

Mumuretsang maemo a a farologaneng a bosa.



Phuthololelang matsogo a lona mo godimo ga ditlhogo tsa lona mme le dire jaaka e kete ke maru a magolo.



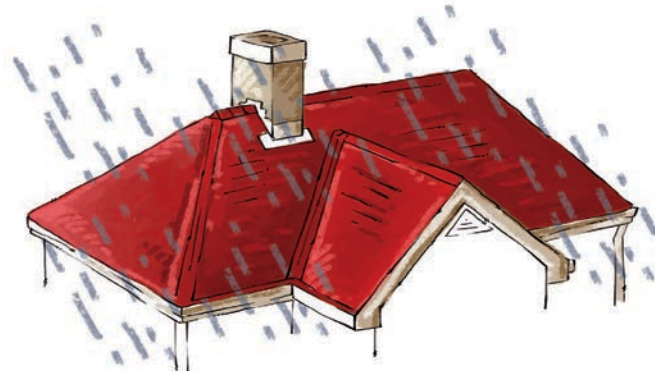
O na le mokgele go itshireletsa kgatlhanong le letsatsi.



Tshikinyega jaaka setlhare se tshikingwa ke phefo.



Tshwara mokgele wa gago ka maatla gore o se ka wa phepheulwa ke phefo e e maatla.



Rotharotha jaaka marothodi a pula fa a wela mo marulelong.

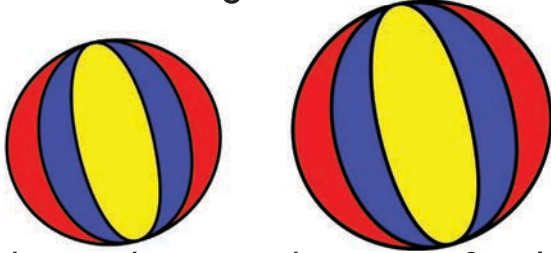




A re ikatiseng

Tshwaranang ka matsogo go bopa tshekeletsa e kgolo.

Latlhelelanang dibolo le bo le di kape.

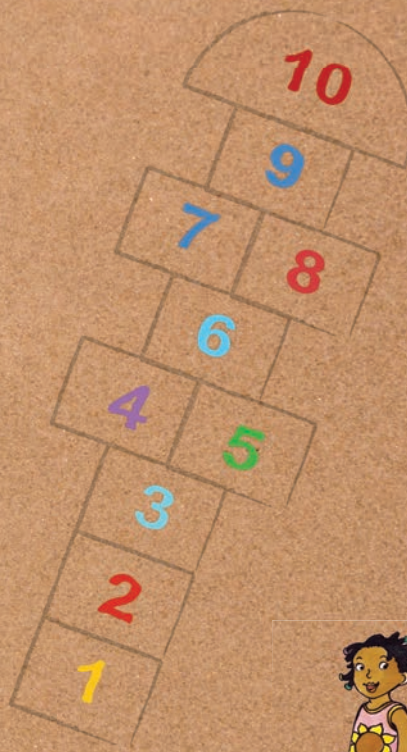


Akanya ka ga mekgwa e e farologaneng ya go tsamaya mo godimo ga kota e e tshegeditsweng kgotsa mo godimo ga mogala. Bona gore a o ka akanya ka mokgwa o o ka tsamayang go farologana le barutwana ba bangwe.



Boithabiso

Tshamekang sekotšhe sa go tlolatlola. Thala diboloko le ditshekeletsa mo motlhabeng.



A re ikatiseng

- Bontsha tsala ya gago ka moo o tlolatlolang fa o dirisa mogala wa go tlola ka teng.
- Morutabana wa gago o tlaa go bontsha ka moo o ka tshamekang metshameko ya setso ka teng.





Lelapa la gaetsho



A re bueng

A o ne o itse gore malapa otlhe ga a tshwane?

Malapa mangwe a magolo mme a mangwe a mannye. Mangwe a na le bomme le borre mme a mangwe ga a na. Malapa mangwe a na le bonkoko le bontatemogolo, bomalome, bommangwane, borakgadi le bontsala.



Lebelela ditshwantsho tse mme o tlotlele tsala ya gago ka moo malapa a a farologanang ka teng. Dirisa mafoko go tswa mo lebokosong le la mafoko.

mme

rre

ausi

ntatemogolo

abuti

leseae

nkoko

lelapa





A re kwaleng

Ke mang yo le nnang le ena mo gae?



Ke mang yo le nnang le ena mo gae?

Mo gae go na le batho ba le _____.

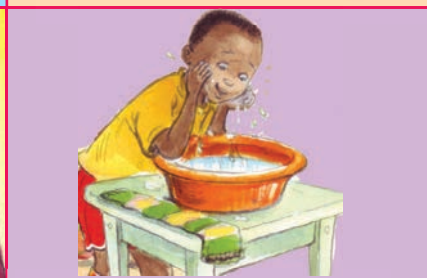
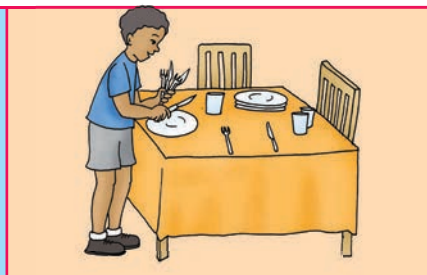
Ke mang yo monnye mo legang la lona? _____.

Ke mang yo mogolo thata mo legang la lona? _____.



A re bueng

Rotlhe re na le ditiro tse re di dirang mo magaeng a rona. Lebelela ditshwantsho tse, mme fa thoko ga sengwe le sengwe kwala leina la motho yo o dirang tiro e kwa ga lona.



Ka moo ke thusang ka teng mo gae.

Teacher:

Sign:

Date:



Lelapa la gaetsho



Boithabiso

Thala setshwantsho sa selo se wena le balelapa la gaeno le se dirang mmogo.
Bua gore motho yoo ke mang. Dirisa mafoko a go go thusa.

mme	rre	ausi
ntatemogolo	abuti	leseae
nkoko	lelapa	



Lelapa la gaetsho

Re a tlhokomelana



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A re buiseng

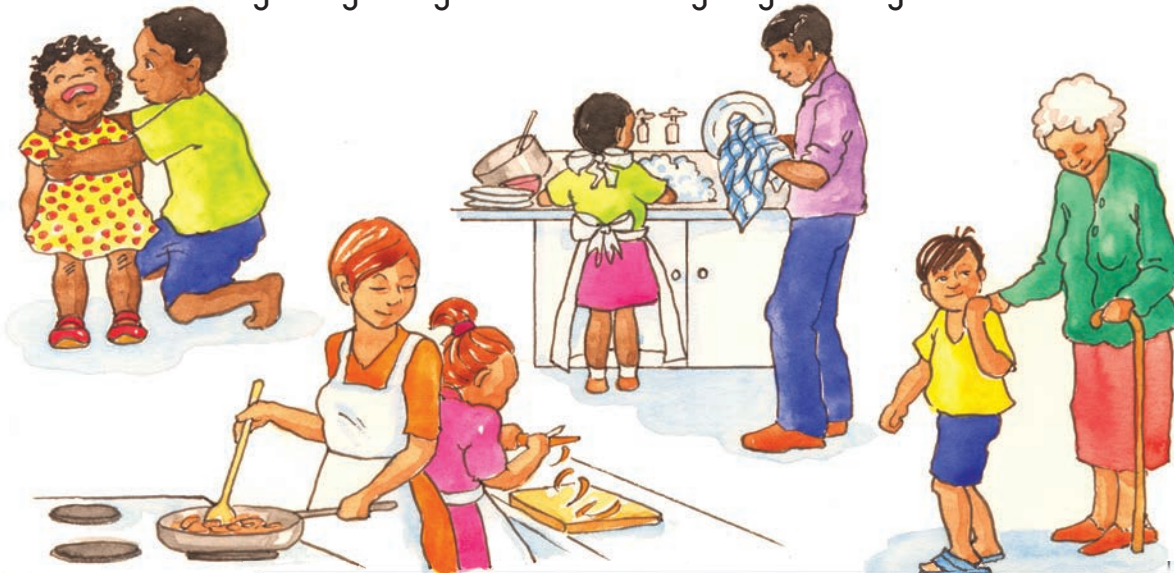
Balelapa ba tshwanetse go ratana le go tlhokomelana. Re bontsha go ratana ka go tlamparelana le ka go thusana le go tlotlana. Re tshwanetse go.

- thusana.
- ikokobeletsana (bogolosegolo mo bagolong).
- dira ditiro tsa rona ka nako.
- re nne maikarabelo.



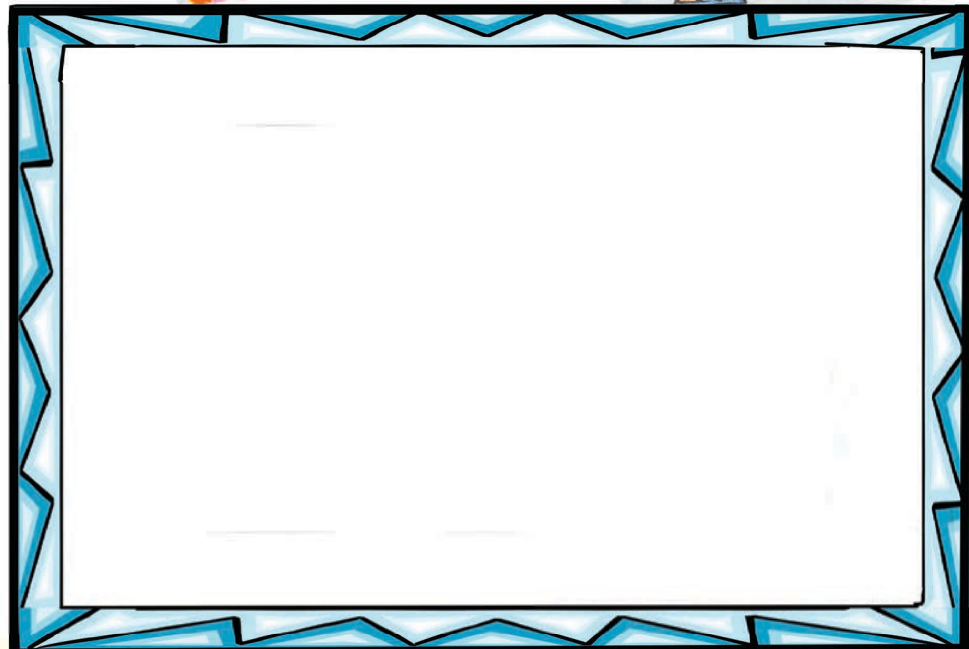
A re bueng

Lebelela ditshwantsho tse mme o bue gore ke bana bafe ba ba bontshang malapa gore ba a kgathalela. Morago o dire tiragatso ya go bontsha gore go diragala eng mo setshwantshong sengwe le sengwe.



A re direng

Thala setshwantsho sa gore o dira eng go bontsha lelapa la gaeno gore o a le kgathalela. Tlotlela tsala ya gago gore o thadile eng.





Go bontsha gore o a kgathala



A re bueng

Bua ka moo batho ba malapa a ba thusanang ka teng. Nomora ditshwantsho go tloga ka l go fitlha 4 go bontsha tatelano e e siameng.



A re buiseng

Ditiro tsa rona tsa maitseboa

Mme o apaya dijo.

Rre o tlhatswa dipitsa.

Nna le abuti re thusa Mme le Rre.

Re thusa thata.

Re baya mašwi le senkgwe.

Mme morago re ipaakanyetsa go ya go robala.

Re tlotlele dinaane tsa kwa leisong tsweetswee!





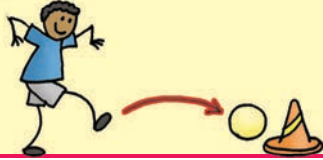
A re direng

Direla mongwe yo o go kgathalelang karata. Thala setshwantsho mme o kwale leina la motho yoo.



A re direng

A o kgona go dira tse di latelang?

	kgona go fetisetsa bolo kwa molekaneng wa gago ka go e tampisa.	ee	nnyaya
	kgona go fetisetsa bolo kwa molekaneng wa gago ka go e latlhela mo godimo ga letsogo.	ee	nnyaya
	kgona go tampisa bolo go tswa mo mangoleng a gago.	ee	nnyaya
	kgona go otlela bolo kwa khounung.	ee	nnyaya
	kgona go teribola bolo fa gare ga batshameki ba bangwe.	ee	nnyaya
	kgona go ragela bolo kwa go sengwe mme o se otle.	ee	nnyaya

Teacher: _____
 Sign: _____
 Date: _____



21 Pabalesego ka mo gare le ka kwa ntle ga legae (1)



A re bueng

Re tshwanetse go aga re ikutlwa re babalesegile fa re le kwa gae. Mme go na le dikotsi tse dintsi mo magaeng le go dikologa magae a rona. Lebelela setshwantsho, mme o bue ka ga dikotsi dingwe le tsala ya gago.

Mo phaposi boapeelong

- Retololela matshwaro a dipitsa le dipane kwa morago ga setofo.
- O se ka wa tlogela dithipa tse di bogale gongwe le gongwe.
- Lotlelela parafene le melemo mo lefelong le le babalesegileng.
- O se ka wa tlogela ditshamekisi gongwe le gongwe.



Mo phaposibotlhapelong

- O se ka wa dirisa dilo tsa motlakase gaufi le metsi.
- O se ka wa di tlogela gaufi le metsi.
- Baya dikere le dilo tse di bogale mo rakeng.
- O se ka wa amogana boratshe jwa meno le motho yo mongwe.

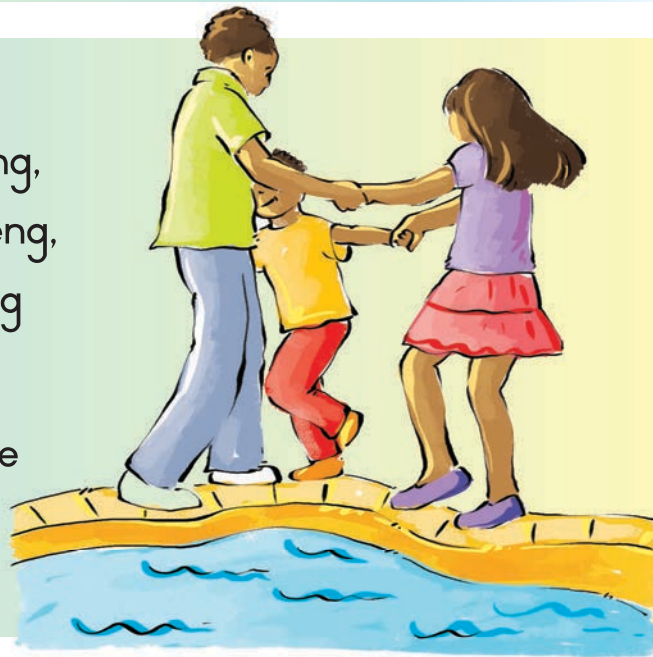


Dipula tsa matlakadibe, magadima le motlakase

- O se ka wa ema ka fa tlase ga setlhare fa go na pula ya matlakadibe.
- O se ka wa baya sepe mo phatlhaneng ya motlakase e e mo leboteng. Kopa mongwe yo mogolo go go thusa.

Kwa ntle ga legae

- Sela dilo tse di ka go gobatsang, jaaka digalase tse di thubegileng, mme o di tsenye mo kgamelong ya matlakala.
- O se ka wa tshamekela gaufi le phulu fa go se na motho yo mogolo gaufi.



Ka mo gare ga legae



- O se ka wa tlogela ditshamekisi le dilo tse dingwe di gasagane.
- O se ka wa tshameka ka parafene kgotsa diphepafatsi tse di botlhole.
- Fa o bona gore mogala o o yang kwa aeneng kgotsa ketleleng o senyegile kopa Mmaago kana Rraago go o baakanya.





22 Pabalesego ka mo gare le ka kwa ntle ga legae (2)



A re bueng

Gio nna o babalesegile

Lebelela ditshwantsho mme o bue gore ke ditshwantsho dife tse di bontshang maemo a a babalesegileng le tse di sa bontsheng maemo a a babalesegileng. Tshwaya tse di bontshang maemo a a babalesegileng ✓ mme o thale sekere ✗ mo go tse di bontshang maemo a a sa babalesegang. Bua gore ke eng o akanya gore di babalesegile kgotsa ga di a babalesega.





A re bueng



A go na le dilo tse di sa babalesegang kwa gaeno? o ka dira eng ka seno? Botlhole (tshefu), melemo le diedi dingwe di phepafatsang di kotsi thata. Ga o a tshwanela go nwa sepe se o sa netefatseng gore ke eng.

Letshwao le le bontsha gore go na le sengwe se se botlhole mo lebotlolong, lebokosong kgotsa thining.

A o setse o kile wa bona letshwao le?



A re ikatiseng

Morutabana wa gago o tlaa go bontsha ka moo le ka tshamekang



- Tsamaya go ya ka morethetho wa mmimo.
- Tlhophang moeteledipele. Moeteledipele o tshwanetse go tsamaelana le morethetho wa mmimo. Ema ka leoto le le lengwe.
- Jaanong ema ka leoto le lengwe.
- Ke leoto lefe le le maatla go gaisa?
- Baya mogala o moleele fa fatshe kgotsa o thale mola.
- Tsamaya go bapa le mogala kgotsa mola, mme o ema o tshegeditse mmele.
- Jaanong fetola sebopego sa mogala kgotsa mola mme o tsamaye go bapa le ona o ntse o itshegeditse.





Pabalesego fa ke le esi kwa gae



A re bueng

O ithutile ka ga dilo tse di kgonang go go gobatsa kwa gae le go dikologa legae la gaeno. O ka itshola o babalesegile jang fa o le kwa gae o le esi?

Fa o le kwa gae o le esi, o ka dira dilo tse di latelang go nna o babalesegile.



O se ka wa bulela batho ba o sa ba itseng lebatl.

Lotlela mabatl otlhe a a tswelang kwa ntle.



- Netefatsa gore o itse dinomore tsa mogala tsa batsadi ba gago le tsa baagisani ba lona.
- Dira lenaneo la dinomore tsa botlhokwa, fa sengwe se ka senyega kana sa nna phoso.



A re kwaleng

Itirele lenaneo la dinomore tsa botlhokwa.

 Sepodisi:	 Koloi ya balwetse:
 Setimamolelo:	Mogala wa letheka wa ga Mme Mogala wa letheka wa ga Mme

Ke mang gape yo o ka mo leletsang fa o tlhoka thuso?

Teacher: _____

Sign: _____

Date: _____



Se sengwe se o ka se gakologelwang

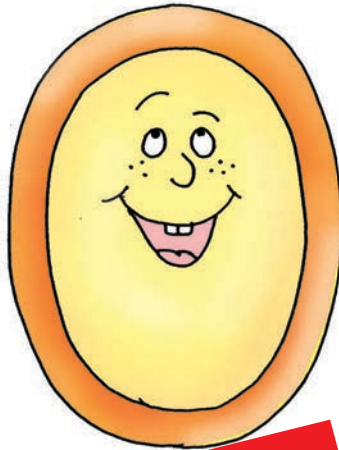


A re bueng

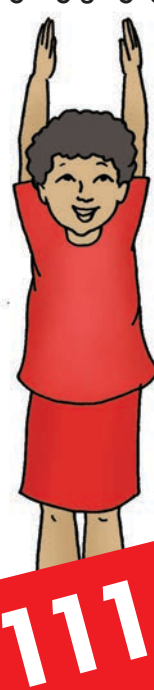
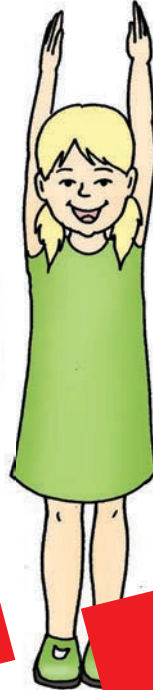
Mokgwa o o bonolo wa go gakologelwa dinomore tsa mogala tsa sepodisi ke o. Lebelela setshwantsho mme o bolelele tsala ya gago ka moo ditshwantsho di go thusang go gakologelwa dinomore ka teng. 10111 ke nomore ya sepodisi. E bue makgetlo a le mmalwa go fitlha e nna mo tlhogong ya gago.



1



0



111



A re ikatiseng

Bontsha ka moo o ne o ka tsamaya ka teng fa o ne o le ngwana yo o mo go sengwe le sengwe sa ditshwantsho tse.



O ne o ka tsamaya jang fa o ne o tebisitswe ke motho yo o sa mo itseng?



O ne o ka tsamaya jang fa o ne o thusa mmaago go duba kuku?



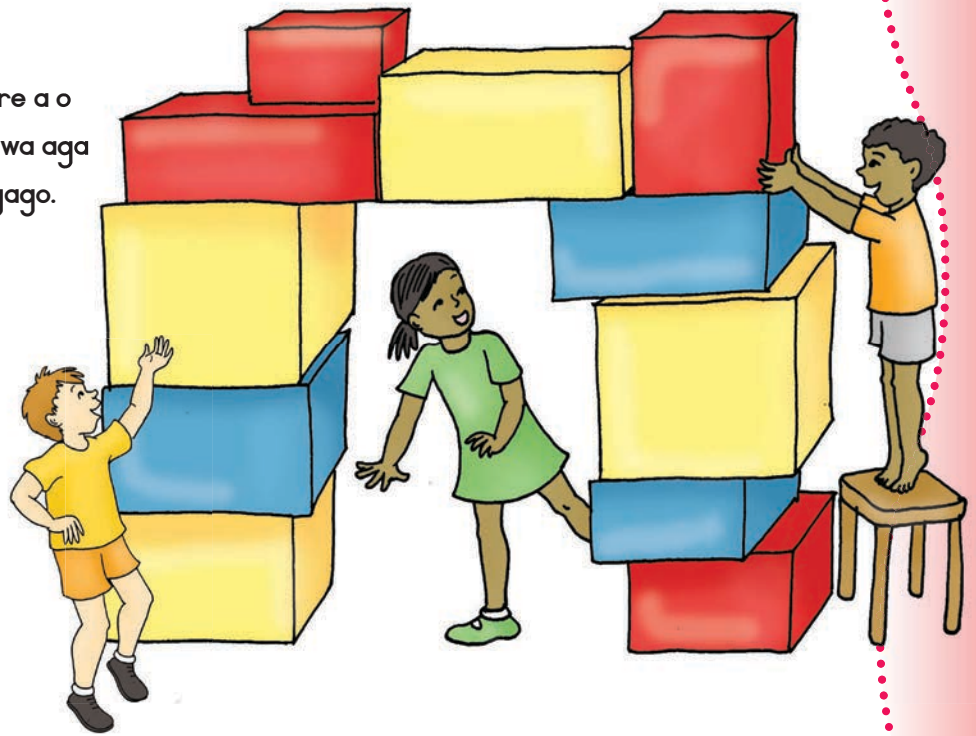
O ne o ka tsamaya jang fa o ne o eme mo godimo ga galase e e thubegileng?



A re direng

Bona gore a o
ka se ka wa aga
ntlo ya gago.

- Batla dikhateboto tsa bogologolo mme o age mabota le marulelo.
- O ka nna wa kgomaretsa mabokoso mmogo. fa ntlo e fedile, o ka nna wa e penta.
- Fa o sa kgona go bona khateboto, dirisa sengwe fela, mme o se ka wa dirisa galase kgotsa thini kgotsa sengwe fela se se ka go gobatsang.



A re ikatiseng

Latlhela kgetsana ya
dinawa kgotsa bolo
mo moweng mme o e
tshware ka letsogo la
gago la molema.

Thusa morutabana wa gago go
ntshetsa ditilo, ditafole le dibokoso
kwa ntle ga phaposi.

Palama mo godimo ga
ditulo, ditafole le mabokoso,
gogoba ka fa tlase ga tsona
morago o tlolele fa fatshe
go tswa mo go tsona.

Leka go itshegetska ka leoto
le le lengwe mo setulong.





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Kgweditharo 2 – Beke 5 – Papetlanatiro



A re kwaleng

Kwala mafoko mo diphatlheng tse di nepagetseng.

Mmele wa me

leoto

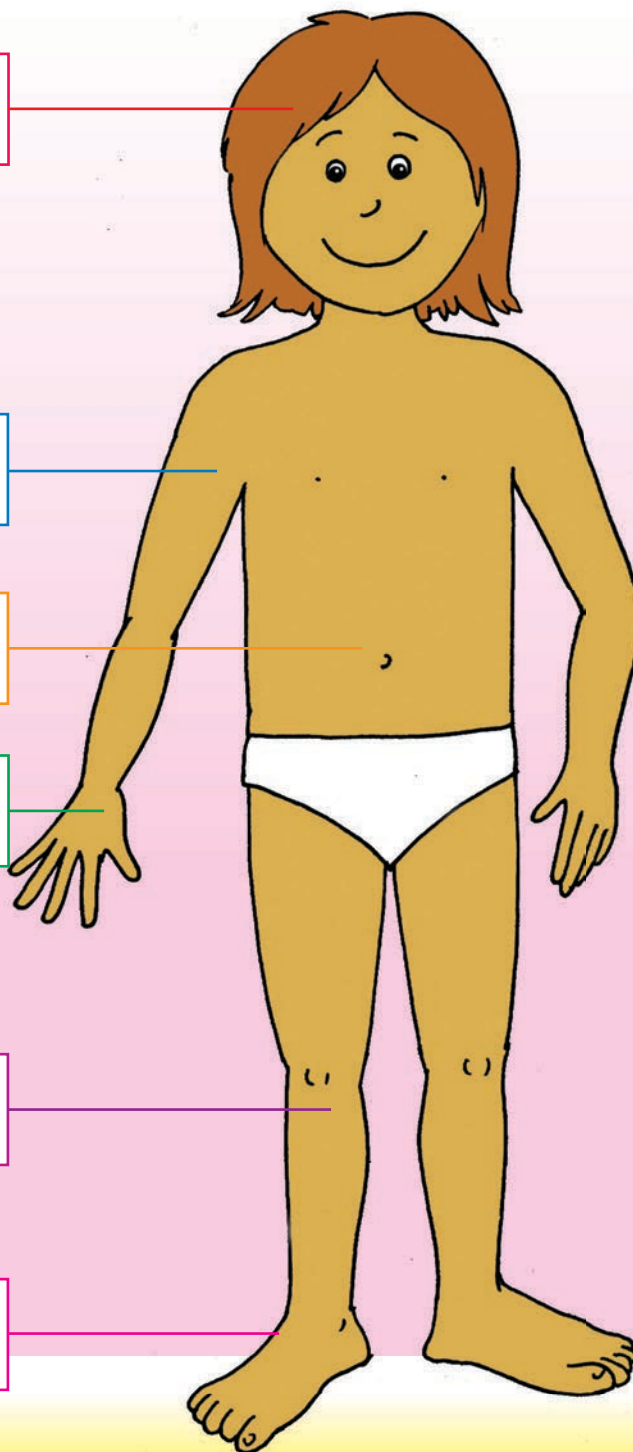
seatla

tlhogo

dimpa

leoto

letsogo





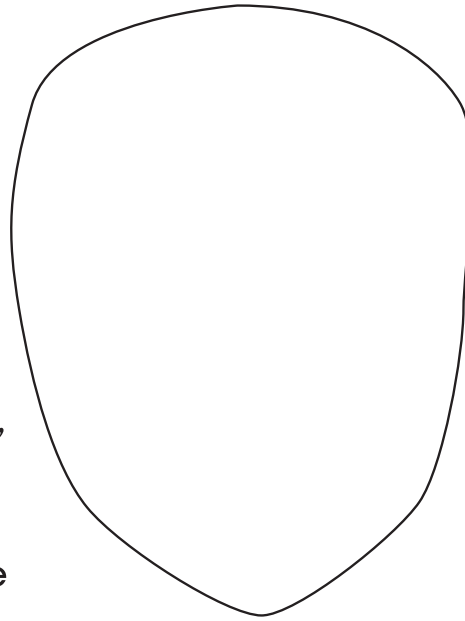
A re kwaleng

Feleletsa setshwantsho se sa sefatlhogo.

Thala moriri. Leka go kopisa sefatlhogo sa gago. Fa o na le matlho a a mahunou, thala matlho a mahunou. Fa o na le moriri o montsho, thala moriri o montsho.

Thala dintshi tsa gago, nko ya gago le molomo wa gago.

Sefatlhego sa gago ke karolo ya botlhokwa ya mmele wa gago.



Mongwe le mongwe o na le matlho a 2.



Mongwe le mongwe o na le ditsebe tse 2.



Mongwe le mongwe o na le nko e le 1.



Mongwe le mongwe o na le molomo.



A re bueng

Opela pina e. Tshwara karolo ya mmele fa o ntse o opela leina la yona.

Tlhogo, magetla

Tlhogo, magetla, mangole le menwana, mangole le menwana

Tlhogo, magetla, mangole le menwana

Tlhogo, magetla, mangole le menwana, mangole le menwana, mangole le menwana



A re ikatiseng

Tshameka 'Simone a re ...'



Teacher:
Sign:
Date:

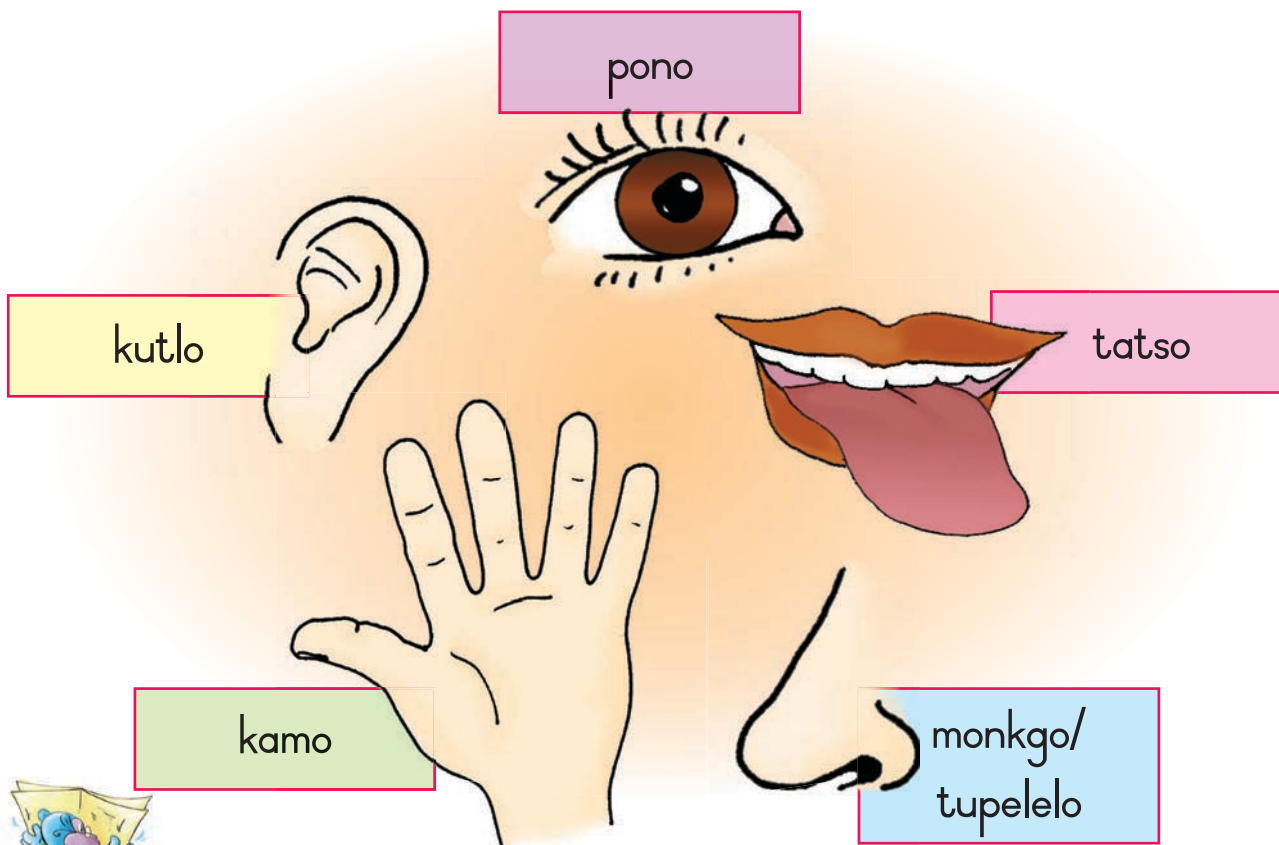


Dirwe tsa me



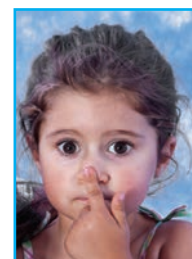
A re bueng

Lebelela dirwekutlo tse di farologaneng mme o bue gore re di dirisetsa eng.



A re buiseng

- Re dirisa dirwekutlo tsa rona letsatsi le letsatsi.
- Re nkgelela le go latswa dijo tsa rona.
- Re kgona go utlwa ka moo lefofa le leng boleta ka teng.
- Re bona kamoo legodimo le leng botala jwa legodimo ka teng ka selemo.
- Re reetsa mmimo.
- Dirwekutlo tsa rona gape di a re sireletsa.
- Re kgona go nkgelela gore a go na le molelo.
- Re kgona go utlwa fa letsatsi le le mogote thata.
- Re kgona go bona fa go sa babalesega go kgabaganya tsela.
- Re kgona go utlwa modumo wa alamo.





A re direng

Go tlhokomela matlho le ditsebe tsa rona.

Re tshwanetse go tlhokomela dirwekutlo tsa rona.

Mekgwa e mebedi ya go tlhokomela matlho le ditsebe ke e.



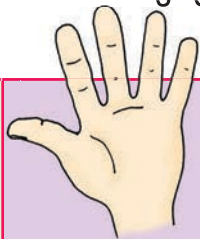
Tlhokomela matlho a gago ka go rwala hutshe kgotsa diporele tsa letsatsi. O se ka wa lebelela letsatsi.

Tlhokomela ditsebe tsa gago ka go se reetse mmino o o kwa godimo thata.



A re kwalleng

Lebelela theibole e e fa tlase, mme mo moleng mongwe le mongwe o tshwaye serwekutlo kana dirwekutlo tse o ka di dirisang ✓ O ka nna wa tshwaya go feta bongwe.

	 monkgo	 tatso	 pono	 kutlo	 kamo
					
					
					
					
					



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Date:



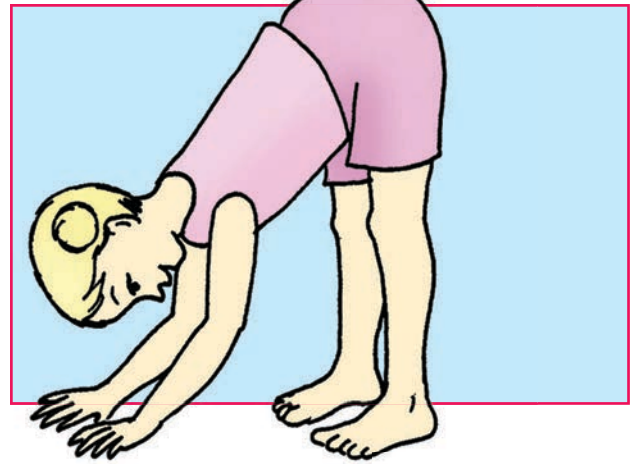
Go tsamaisa mmele wa me



A re bueng

Lebelele ditshwantsho. Mo go sengwe le sengwe, bua dikarolo tsa mmele mme o bue gore di go thusa go dira eng.

Re dirisa mebele ya rona go tsamaya.



A re kwaleng

Araba dipotso tse le tsala ya gago. Morago o kwale dikarabo mo bukeng ya gago, ka fa tlase ga dipotso.

Ke dikarolo dife tsa mmele tse o di dirisang go tsamaya?

Ke dikarolo dife tsa mmele wa gago tse o di dirisang go sela sengwe?



A re ikatiseng

Morutabana wa gago o tlaa go bontsha ka moo le ka tshamekag 'katse le peba' ka teng.

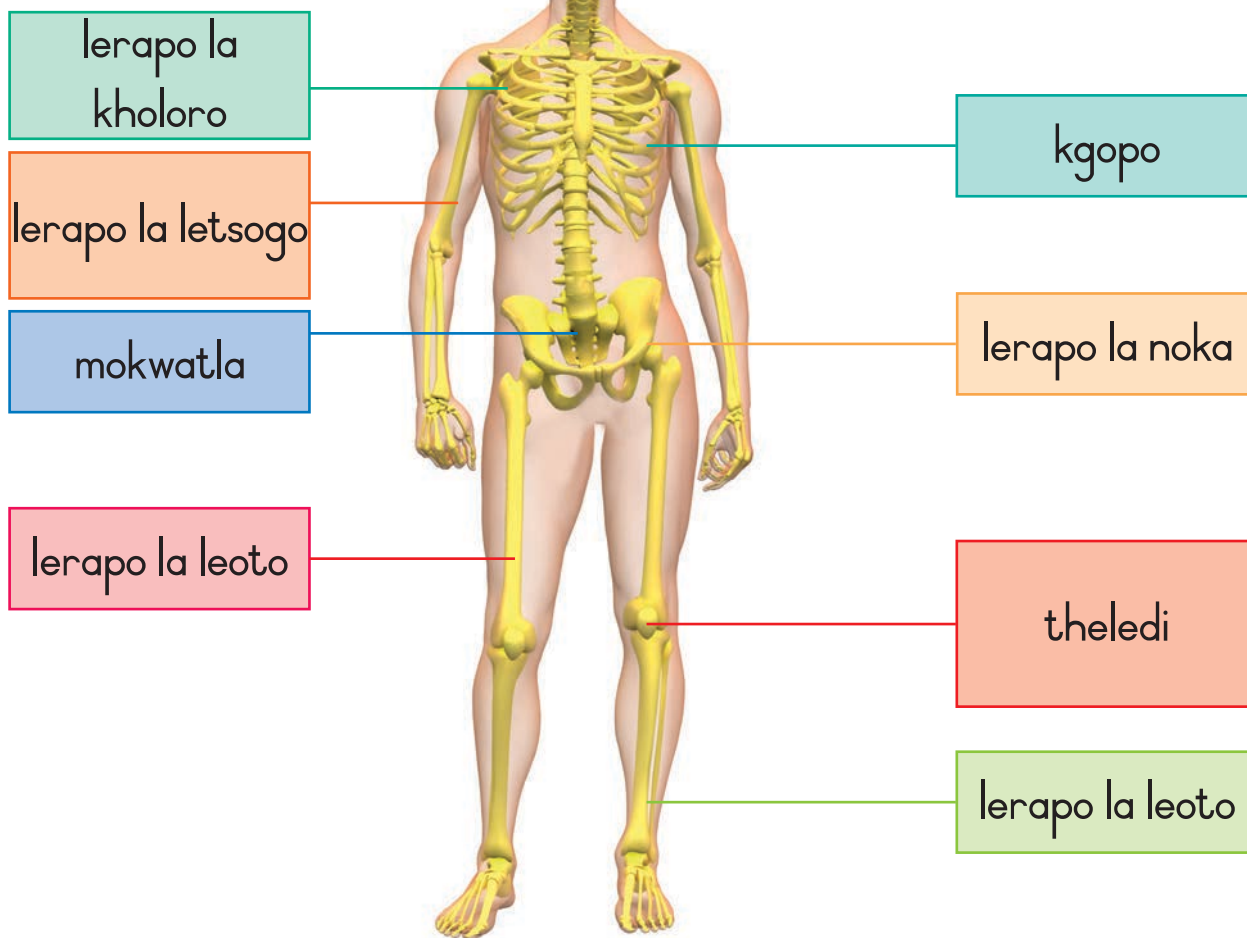




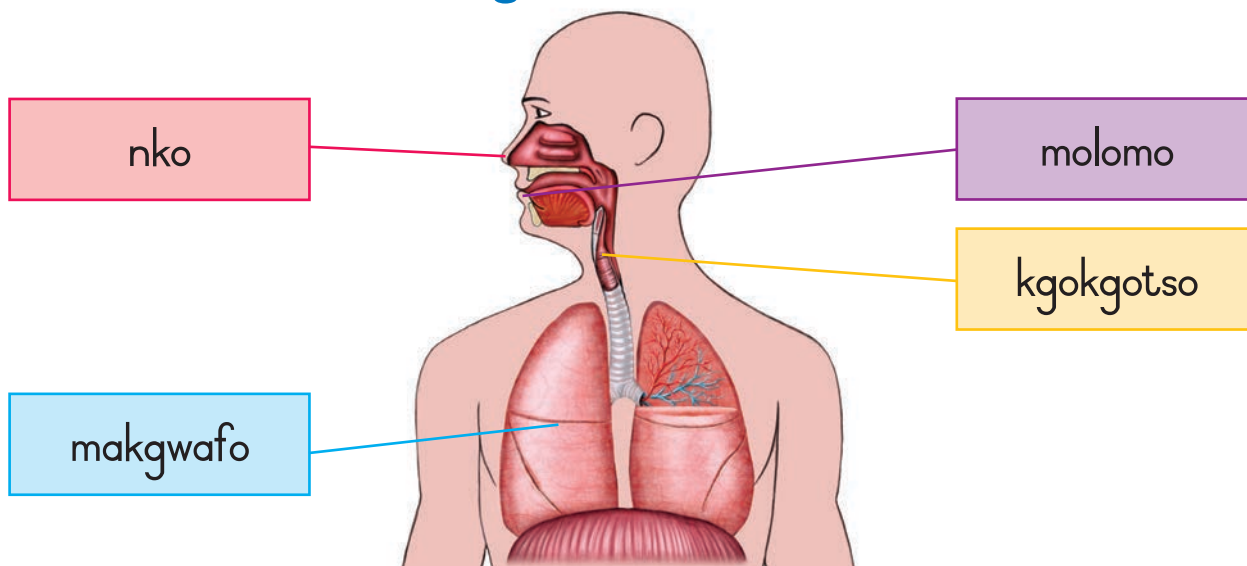
A re buiseng

Gape go na le dikarolo tsa mmele wa gago tse o sa kgoneng go di bona. Tsotlhe di dira mmogo go go tshola o tshela.

Marapo a gago



Dikarolo tsa mmele wa gago tse di go thusang go hema



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Go akanya ka ga pabalesego



A re bueng

Lebelela ditshwantsho tse di fa tlase, mme o bue le tsala ya gago ka ga se o se boneng. Mo setshwantshong sengwe le sengwe, bua gore o ka nna o babalesegile jang.



O bona tsala ya gago ka kwa ga mmila.



O eme o le esi kwa boemelabeseng.



Motho yo o sa mo itseng o go kopa go tsamaya le ena felo aonawe.



O timetse o le kwa tikwatikweng ya mabenkele.

Re na le maikutlo a "Ee" fa mongwe a re tlamparela ka mokgwa o o re o itumelelang. go monate go tlamparelwa ka mokgwa o o botsalano le ka mokgwa o o tlhokomelwang ka ona ke motho yo o mo ratang.



Tlanya kwano mosetsanyana.
Ke tlaa go naya dimonamone
mme o se ka wa bolelela ope.

Re na le maikutlo a "Nnyaya" fa mongwe a re tlamparela ka mokgwa o o re tshosang kgotsa o o tenang.

Fa o ikutlwa o tenegile kgotsa o sa babalesega o nna le maikutlo a "Nnyaya".

Mmele wa gago o kgethegile thata mme ke wa gago. O ka kgona go re "Ee" fa go siame gore motho a go ame kana a go tshware, gape o ka kgona go re "Nnyaya" fa go sa siama.



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A re kwaleng

Go nna o babalesegile

Lebelela ditshwantsho tse di fa tlase mme o kwale "Ee" mabapi le maikutlo a "Ee" le "Nnyaya" mabapi le maikutlo a "Nnyaya" mo dibolokong.





A re direng

Ikatise go re "Nnyaya".

Diragatsang motshameko o mo go ona motho yo o sa mo itseng a tsenyang ngwana mo koloing ya gagwe kgotsa a batlang go ama ngwana. Ngwana o araba ka go re, "Nnyaya".



A re bueng

Bana bangwe ba tshela mo magaeng a ba sa tlhokomelweng mo go ona. Lebelela ditshwantsho. Bua gore o ka ikutlwa jang fa o ne o le ngwana yo o mo ditshwantshong. Bua gore o ne o ka dira eng.



O mosetsana yo o bosula e bile ga ke go rate.

Ga o ka ke wa ya kwa sekolong. O tshwanetse go thota ditena go aga lebota.



A re ikatiseng

Tshameka motshameko wa "go tsigama".

Tsamaela gongwe le gongwe kwa o go batlang, mme fa morutabana wa gago a letsa phala, o "tsigame" teng fa o leng teng.

Ga o a tshwanela go tsamaya go fitlha morutabana a re o ka nna wa tsamaya.

A o kgona go itshegetsatsa sentle?

Tsamaya mo koteng ya go itshegetsatsa kgotsa mo mogaleng o moleele o o beilweng fa fatshe.



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A re buiseng

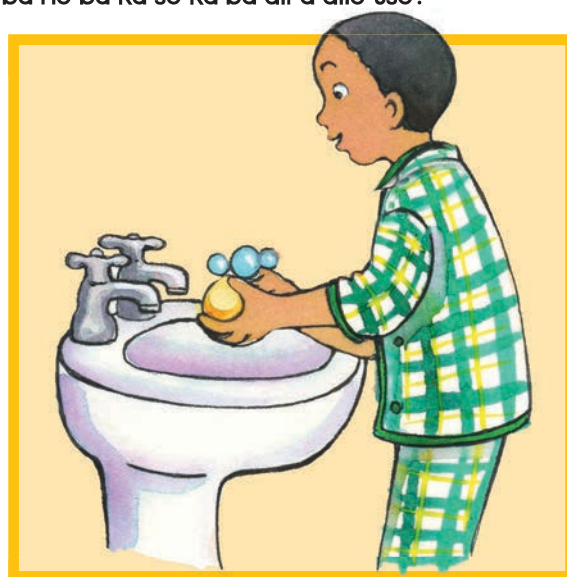


Go na le mekgwa e mentsi e re ka lwalang ka yona. Bontsi jwa nako, re lwala ka ntlha ya megare le dibaketeria. Di dinnye thata mo re sa kgoneng go di bona. Di tsena mo mebeleng ya rona mme di re lwatse.



A re bueng

Bana ba ba mo ditshwantshong ba dira eng go itshola ba itekanetse? Go ne go ka diragala eng fa ba ne ba ka se ka ba dira dilo tse?





A re bueng

Jaanong bua ka ga ditshwantsho tse. Dira ✓ go bontsha ka moo o ka nnang o itekanetse ka teng. Tsenya ✗ mo ditshwantshong tse di ka dirang gore o lwale.



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Go tshola mmele wa me o itekanetse



A re bueng

Mokgwa wa go itshola o itekanetse.

Go ne go ka diragala eng fa ba ne ba ka se ka ba dira dilo tse?

A o ne o itse gore metsi a mangwe a phepa fa a mangwe a le maswe? O ka netefatsa jang gore metsi a phepa e bile a siametse go nowa?

O kgona go bedisa metsi a a maswe mo ketleleng go bolaya megare.



O kgona go sefa metsi a maswe. Morutabana wa gago o tlaa go bontsha.

Dirisa leswana la tee le le lengwe la bolitshi mo kgamelong ya metsi a noka a dilitara di le 20. Tswala kgamelo gore dintsi di se ka tsa wela mo metsing. Tlogela metsi sebaka sa diura di le 28 pele o a nwa.





A re bueng

Lebelele ditshwantsho tse mme
o bue ka ga se bana ba ba se
dirang go nna ba itekanetse.

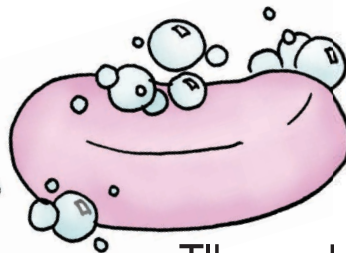
Latlhela ditišu tse di dirisitsweng
mo ntlwanaboithusetsong kgotsa
mo serotong sa matlakala.



Tlhapa diatla tsa
gago pele o ja.



Fa o kgamathetsa
ntlwanaboithusetso, phimola maswe a
gago mme o tlhape diatla tsa gago.



Tlhapa diatla tsa gago morago ga
go dirisa ntlwanaboithusetso.



Thiba molomo wa gago fa o
gotlholo kana o ethimola.



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32 Ke mpa ke tlhola fela



A re bueng

Tlotla ka ga se o se ithutileng mo dikgweditharong tse pedi tse di fetileng.



	✓	✗
Ke kgona go bua ka ga lelapa la gaetscho.		
Ke kgona go tsamaya mo moleng o mosesane.		
Ke itse nomore ya mogala ya sepodisi.		
Ke itse ka ga maikutlo a "Ee" le a "Nnyaya".		
Ke kgona go tshwara bolo.		
Ke kgona go nna ke babalesegile kwa gae.		
Ke kgona go itlhokomela fa ke le esi kwa gae.		
Ke thusa lelapa la gaetscho.		
Ke itse tsela ya me ya kwa sekolong.		
Ke itse go itshola ke itekanetse.		
Ke itse gore ke tshwanetse go dira eng ka dilo tsotlhe tse di mo kgetsaneng ya me ya sekolo.		
Ke itse ka ga mefuta e e farologaneng ya malapa.		
Ke ithutile go le gontsi ka ga Bokgoni jwa Botshelo.		

Thanodi ya me

A
a

Handwriting practice lines for uppercase A and lowercase a.

G
g

Handwriting practice lines for uppercase G and lowercase g.

B
b

Handwriting practice lines for uppercase B and lowercase b.

H
h

Handwriting practice lines for uppercase H and lowercase h.

C
c

Handwriting practice lines for uppercase C and lowercase c.

I
i

Handwriting practice lines for uppercase I and lowercase i.

D
d

Handwriting practice lines for uppercase D and lowercase d.

J
j

Handwriting practice lines for uppercase J and lowercase j.

E
e

Handwriting practice lines for uppercase E and lowercase e.

K
k

Handwriting practice lines for uppercase K and lowercase k.

F
f

Handwriting practice lines for uppercase F and lowercase f.

L
l

Handwriting practice lines for uppercase L and lowercase l.

Thanodi ya me

M
m

Handwriting practice lines for the letter M.

S
s

Handwriting practice lines for the letter S.

N
n

Handwriting practice lines for the letter N.

T
t

Handwriting practice lines for the letter T.

O
o

Handwriting practice lines for the letter O.

U
u

Handwriting practice lines for the letter U.

P
p

Handwriting practice lines for the letter P.

V
v

Handwriting practice lines for the letter V.

Q
q

Handwriting practice lines for the letter Q.

W
w

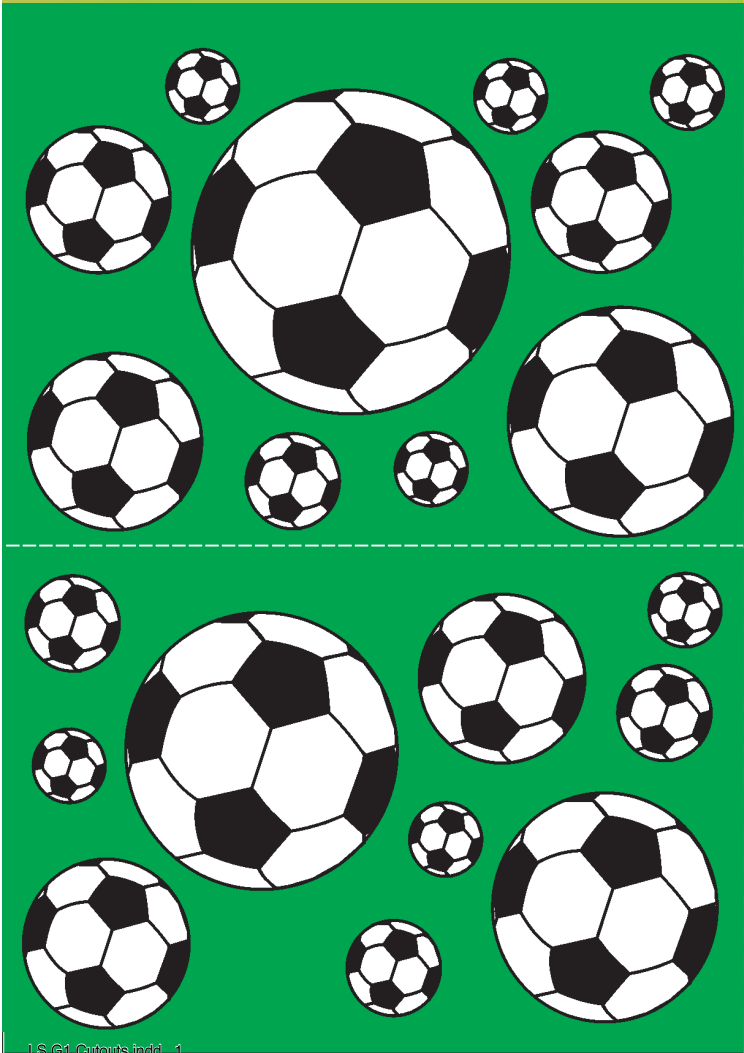
Handwriting practice lines for the letter W.

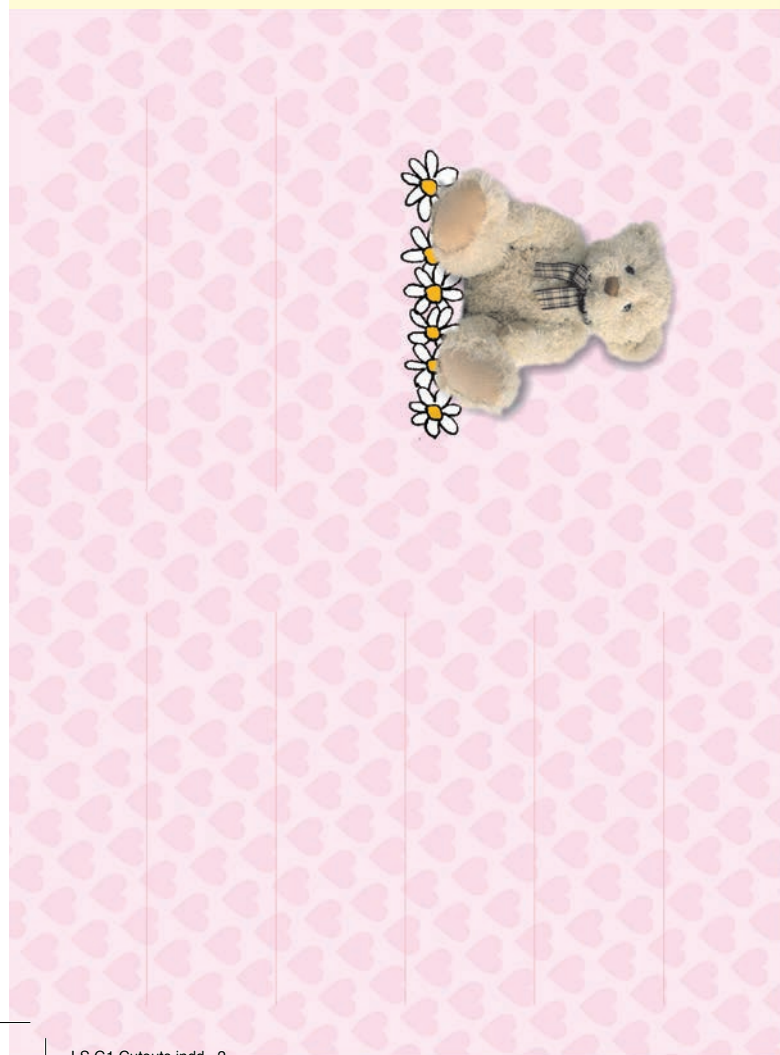
R
r

Handwriting practice lines for the letter R.

X-Z
x-z

Handwriting practice lines for the letters X, Y, and Z.





Masks

Cut out on
the outside
black line.
Tie a string
into the holes
to make a
face mask.

