This question paper consists of 11 pages.
INSTRUCTIONS AND INFORMATION

1. There are 15 questions in this question paper. ALL the questions must be answered.

2. This question paper consists of THREE sections:
   - SECTION A: Dance History and Theory
   - SECTION B: Music Theory
   - SECTION C: Anatomy and Health Care

3. Read through the whole paper carefully before you start answering it.

4. Number the answers correctly according to the numbering system used in this question paper.

5. Start EACH section on a NEW page.

6. Leave THREE lines after EACH answer.

7. Draw a line through any questions you do not want marked.

8. Check whether you have answered ALL the questions.

9. *Explain/Describe in detail* means you must provide as much information as possible.

10. Write neatly and legibly.
SECTION A: DANCE HISTORY AND THEORY

QUESTION 1

1.1 Name FOUR functions of dance in society. (2)

1.2 Write a short note to your local politician clearly explaining why he/she should support the establishment of a community dance centre in your area. Include THREE reasons to support your motivation. (3)(5)

QUESTION 2

Select ONE international dance work you have studied from the prescribed list below. Answer the questions that follow.

<table>
<thead>
<tr>
<th>INTERNATIONAL CHOREOGRAPHERS</th>
<th>DANCE WORKS</th>
</tr>
</thead>
<tbody>
<tr>
<td>George Balanchine</td>
<td>Apollo or Agon</td>
</tr>
<tr>
<td>Alvin Ailey</td>
<td>Revelations</td>
</tr>
<tr>
<td>Martha Graham</td>
<td>Appalachian Spring or Lamentation</td>
</tr>
<tr>
<td>Christopher Bruce</td>
<td>Ghost Dancers or Rooster</td>
</tr>
<tr>
<td>Marius Petipa and Lev Ivanov</td>
<td>Swan Lake</td>
</tr>
<tr>
<td>Vaslav Nijinsky</td>
<td>Le Sacre du Printemps</td>
</tr>
<tr>
<td>Paul Taylor</td>
<td>Esplanade</td>
</tr>
</tbody>
</table>

2.1 Name the dance work that you have selected. (2)

2.2 Is it a narrative or abstract dance work? Briefly explain the difference between narrative and abstract. (2)

2.3 Describe in detail the synopsis/theme/intention. (3)

2.4 Analyse the style, the use of space/patterning and the movement vocabulary used in this dance work. Include specific examples to substantiate your answer. (5)

2.5 Describe in detail the production elements used and their symbolic value. (6)

2.6 Comment on how effective the production elements were in enhancing this dance work. Include specific examples to substantiate your answer. (4)(20)
QUESTION 3

Choose ONE of the South African choreographers that you have studied this year from the prescribed list below. Write a speech for a dance award ceremony honouring him/her.

<table>
<thead>
<tr>
<th>SOUTH AFRICAN CHOREOGRAPHERS</th>
<th>DANCE WORKS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Veronica Paeper</td>
<td>Orpheus in the Underworld</td>
</tr>
<tr>
<td>Vincent Mantsoe</td>
<td>Gula Matari</td>
</tr>
<tr>
<td>Alfred Hinkel</td>
<td>Last Dance (Bolero)</td>
</tr>
<tr>
<td>Sylvia Glasser</td>
<td>Tranceformations</td>
</tr>
<tr>
<td>Gary Gordon</td>
<td>Bessie's Head</td>
</tr>
<tr>
<td>Mavis Becker</td>
<td>Flamenco de Africa</td>
</tr>
<tr>
<td>Hazel Acosta</td>
<td>Blood Wedding</td>
</tr>
<tr>
<td>Carolyn Holden</td>
<td>Imagenes/Blood Wedding</td>
</tr>
</tbody>
</table>

Give the following information in the speech:

3.1 Introduce the choreographer and give his/her background. (1)

3.2 State the training and influences that led him/her to become a recognised choreographer in South Africa. (4)

3.3 Name the dance style(s) and recognisable features/themes this choreographer uses in his/her dance works. (4)

3.4 State the professional career of this choreographer. (3)

3.5 In your conclusion, motivate why he/she should receive this award. Include his/her achievements, awards, outreach programmes, development and contribution to dance in South Africa, etc. (3)

[15]
QUESTION 4

Indigenous African classic ceremonial ritual dances are an important part of South African heritage and culture.

4.1 Name the dance you have learnt this year that is part of an indigenous African classic ceremonial ritual. (1)

4.2 State where it originates from. (5)

4.3 Explain the ritual ceremony in detail, namely the process, purpose, participants, where and when it takes place. (2)

4.4 What costumes/outfits would be worn by the participants? (2)

4.5 Describe the music/accompaniment used in this ceremony. (4)

4.6 Explain in detail the symbolism in this dance. (2)

4.7 Do you think learning indigenous ceremonial ritual dances contributes towards your understanding of the preservation of our heritage? Motivate your answer. (16)

QUESTION 5

5.1 Describe SEVEN unique stylistic characteristics of your dance major. (Name the dance major you are describing.) (7)

5.2 In Grade 12 you were required to choreograph a group dance.
   • Briefly describe your choreography (idea/intent/theme). (3)
   • Discuss the steps you took to prepare for your choreography.

5.3 Describe the choreographic processes, elements and structures you used and explain why. (4)

TOTAL SECTION A: 70
SECTION B: MUSIC THEORY

QUESTION 6

Select ONE picture (A to F) below that depicts each musical instrument category in QUESTIONS 6.1 to 6.4. Write down only the question number (6.1–6.4) and the letter (A–F) in your ANSWER BOOK.

6.1 Chordophones
6.2 Idiophones
6.3 Aerophones
6.4 Membranophones
QUESTION 7

Choose ONE of the South African prescribed dance works listed below and answer the questions that follow.

<table>
<thead>
<tr>
<th>SOUTH AFRICAN CHOREOGRAPHERS</th>
<th>DANCE WORKS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Veronica Paeper</td>
<td>Orpheus in the Underworld</td>
</tr>
<tr>
<td>Vincent Mantsoe</td>
<td>Gula Matari</td>
</tr>
<tr>
<td>Alfred Hinkel</td>
<td>Last Dance (Bolero)</td>
</tr>
<tr>
<td>Sylvia Glasser</td>
<td>Tranceformations</td>
</tr>
<tr>
<td>Gary Gordon</td>
<td>Bessie's Head</td>
</tr>
<tr>
<td>Mavis Becker</td>
<td>Flamenco de Africa</td>
</tr>
<tr>
<td>Hazel Acosta</td>
<td>Blood Wedding</td>
</tr>
<tr>
<td>Carolyn Holden</td>
<td>Imgenes/Blood Wedding</td>
</tr>
</tbody>
</table>

7.1 Name the South African dance work that you chose.

7.2 Identify the music instruments/accompaniment used in this work. (2)

7.3 Name the style or genre of music/accompaniment used in this work. (1)

7.4 How did the music/accompaniment enhance this dance work? Give detailed explanations to support your answer. (4)

QUESTION 8

Draw ONE note for each of the following:

8.1 Minim (1)

8.2 Quaver (1)

8.3 Semiquaver (1)

8.4 Crotchet (1)

QUESTION 9

Dance is strongly influenced by music.

Explain in detail how each of the music elements listed below can influence your dancing.

• TEMPO
• DYNAMICS
• RHYTHM
• TIMBRE
• PHRASING

[5]

TOTAL SECTION B: 20
SECTION C: ANATOMY AND HEALTH CARE

QUESTION 10

Answer the following dance quiz:

10.1 TRUE OR FALSE? The spine is made up of 33 vertebrae. (1)
10.2 Name the longest bone in the body. (1)
10.3 TRUE OR FALSE? The axial skeleton consists of the arms and legs. (1)
10.4 Name ONE anatomical action the ankle joint can perform. (1)
10.5 What does good posture mean? (2)[6]

QUESTION 11

11.1 List the FIVE main food groups a balanced diet contains. Explain how each food group will add to a healthy strong dance body and enhance a dancer's performance. (5)
11.2 What may be the dangers for dancers if they do not drink sufficient water? (3)[8]

QUESTION 12

12.1 Dancing on an incorrect floor can cause injuries. Give FOUR examples of incorrect floors and the types of injuries they could cause. (4)
12.2 List FOUR factors that can contribute to poor dance technique. Explain how each factor can lead to an injury. (4)
12.3 What would the immediate treatment be if a dancer pulled a muscle during a dance class? Explain in detail. (4)
12.4 What are the general complications that may occur following an injury? Explain in detail how this affects a dancer's training. Give FOUR examples. (4)[16]
QUESTION 13

The photograph below is a good example of endurance. Answer the questions that follow.

[April, Lois Greenfield, www.hasselblad.com]

13.1 Give a brief definition of endurance. (1)

13.2 Explain what cardiorespiratory endurance involves. (2)

13.3 Explain what muscular endurance involves. (2)

13.4 Recommend what could be done to develop and improve both cardiorespiratory and muscular endurance. Give at least THREE examples. (3)

13.5 Name the other FOUR components of fitness not listed above that dancers need to include in their training programme. Define each of the components. (8)

[16]
QUESTION 14

Label the muscles marked A to F below.
QUESTION 15

Study the photograph below and answer the questions that follow.

15.1 What type of joint is the hip joint? (1)

15.2 Name the TWO anatomical actions occurring in the right hip. (2)

15.3 Name the TWO anatomical actions occurring in the left hip. (2)

15.4 What type of joint is the knee joint? (1)

15.5 Name the anatomical action occurring in the right knee. (1)

15.6 Name the anatomical action occurring in the left knee. (1)

[8]

TOTAL SECTION C: 60
GRAND TOTAL: 150