

Rainbow WORKBOOKS

SESOTHO
GRADE R – BOOK 2
TERM 2
ISBN 978-1-4315-0706-1
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9th Edition



E hlophisitswe ho latela lenane thuto la CAPS

Kereiti R

BUKA YA 2

Lebitso:

Sehlopha:

basic education
Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

BUKA YA SESOTHO

Buka ya 2

Kotara 2



Mofumahadi Angie Motshekga, letona la Lafapha la Thuto ya Motheo



Mong. Enver Surty, Motlatsi wa Letona la Thuto ya Motheo

Selemong sena sa Kamohelo sa (Sehlopha sa R) Dibuka tsa Mookodi tsa Mosebetsi ke karolo ya matsapa a Lefapha la Thuto ya Motheo ho thusa le ho tshehetsa mosebetsi wa ngwana wa Moaforika. Diphuputso di bontshitse hore selemong se seng le se seng bana ba fumana mesebetsi e ba phephetsang pele ho Sehlopha sa 1, ba sebetsa hantle dithutong tsa bona dilemong tse latelang, dilemong tsa poraemari le nakong ya dithuto tsa sekontari. Ke ka hoo ba tshwanelang ho rutwa haholwanyane ha ba le Sehlopheng sa R.

Thutong ya Motheo kharikhulamo e lebeletse hore ngwana wa Sehlopha sa R a fumane monyetla wa ho ntshetsa pele ho bala, ho ngola le bokgoni ba ho sebetsa dipalo, ke hona mona moo ba hlokang ho tshehetswa haholo hore ba fumane motheo wa thuto hore ba tle ba fumane ho le bonolo ha ba fihla Sehlopheng sa R 1 le ho fetela dihlopheng tse ka hodimo.

Dibuka tsa Sehlopha sa R ka hoo maikemisetso a tsona ke ho thusa bana ho ntshetsa pele bokgoni bona le ho tseba dintlha tse ding tseo e leng motheo wa dithuto tsa bona. Ba na le menyetla e mengata eo ka yona bana ba ka ntshetsang le ho ikwetlisetsa bokgoni ba bona ho itokisetsa bakeng sa dikereiti tse latelang.

Pele bana ba ka ihuta ho bala ba tshwanela ho tseba hore ba tshwara buka jwang le ho phetla maqephe, le ho tseba hore buka e sebediswa jwang. Ba tshwanela ho utlwisisa kamano e teng dipakeng tsa mantswe le ditshwantsho tse hare ho buka le ho hlokomela hore mantswe a ka bukeng a bopilwe ka medumo e itseng mme a na le moelelo. Ho sa le jwalo, pele bana ba ithuta ho ngola, ba tshwanela ho ntshetsa pele bokgoni ba ho ngola le ho tshwara pene, ho bopa mantswe le dibopeho le ho tsamaisa pene meleng ho tereisa medumo. Bona ke bokgoni bo fumanwang ka hare ho dibuka tsena.

Re a tseba hore bana ha ba bale le ho utlwisisa ka ho tshwana. Dibuka tsa Sehlopha sa R di thusa matitjhere le bana ho sebetsa ka mokgwa o ikgethang oo ngwana ka mong a ka sebetsang ka sekgahla sa hae haeba ho hlokeha hore a etse jwalo, le ha ho hlokahala hore titjhere a ka kgutlela morao ho thusa ngwana moo a sa utlwisisang hantle ho latela maemo a kutlwisiso ya ngwana. Mesebetsi e tla thusa ngwana le titjhere ho bona moo ho nang le dikgwaello e le hore titjhere e tle e kgone ho thusa ho kwala dikgaello tseo pele ngwana a fetela dikereiting tse ka pele.

Dibuka tse kenyeletsang thuto ya ho tseba ho bala le ho ngola, thuto ya dipalo le bokgoni ho tsa bophelo tseo kaofela ha tsona ho nang le mokotaba e ka bang 20 e sebedisang mekgwa e fapaneng ya ho hohela maikutlo a moithuti. Re a tshepa hore baithuti ba tla thabela le ho ananela ho sebedisa mesebetsi e fumanwang ka hare ho dibuka tsa mofuta ona ha ba ntse ba tswela pele ka dithuto tsa bona, le hore wena jwalo ka titjhere o tla natefelwa le bona ho sebediseng dibuka tsena.

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Pretoria
South Africa

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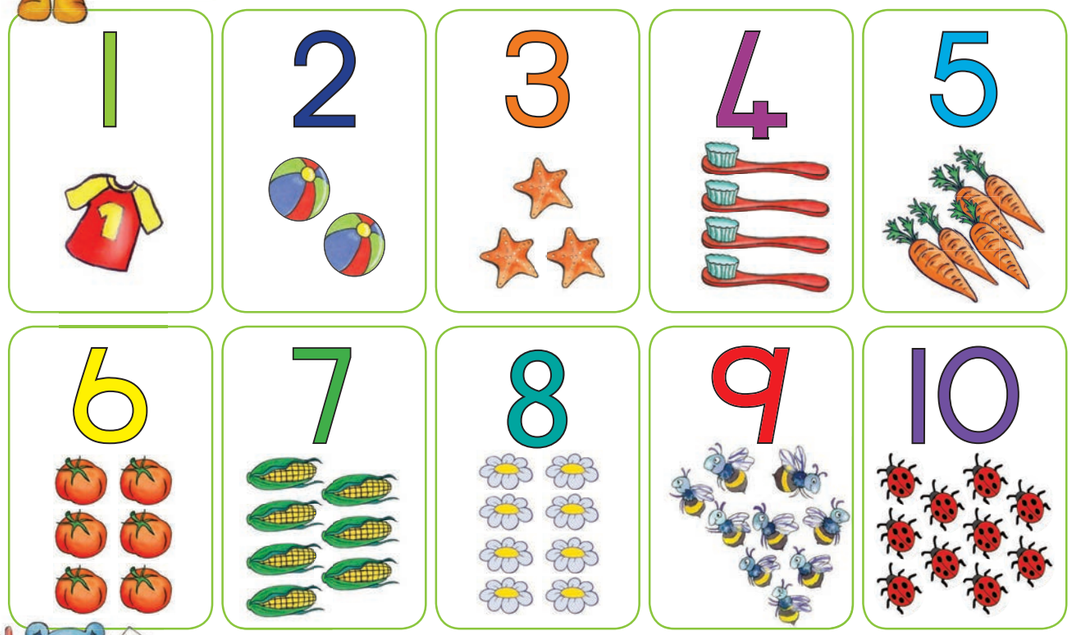
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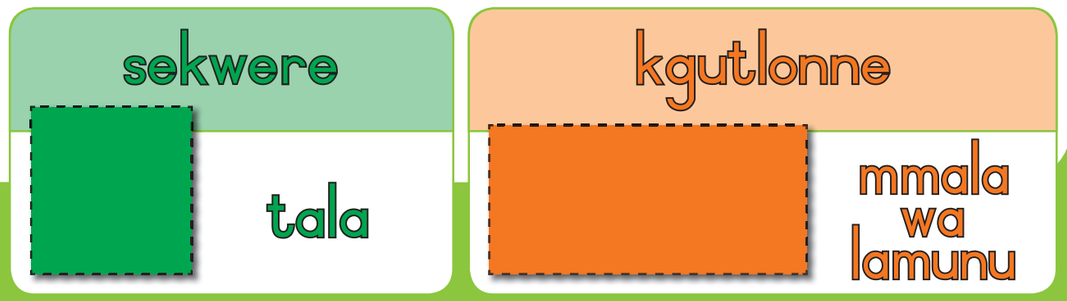
Dipalo





Dibopeho le mebala





Kereiti **R**

TSE KOPANENG

- Ho bala le ho ngola
- Dipalo
- Bokgoni ho tsa bophelo

Buka ya SESOTHO

1	Lehae leso	2
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5	Boemo ba lehodimo	42



Ditaelo tsa disehwa di qetellong ya buka.



Ho titjhere:

Barutwana ba tshwanele ho ikwetlisetsa mosebetsi wa bona pele ba leka ho o etsa dibukengtshebetso tsa bona. Mohlala:

- Ha barutwana ba tshwanela ho etsa letshwao la sedikadikwe karabong e nepahetseng, ha ba qale pele ka ho tshwaya karabo e nepahetseng. Ba tshwanela ho utlwa ho titjhere hore na e nepahetse e le ka nnete pele ba e ngola dibukeng tsa bona.
- Ha mosebetsi o batla hore barutwana ba thale ho hong, ha ba etse ka menwana pele ebe hona ban to ngola bukeng.





Ela hloko: Barutwana ba maemong a fapaneng a bokgoni. Ha o lemoha hore barutwana ba bang ba sa hloka thuso ho ikwetlisa bokgoni ba dithokutlo, barutwana ba ka ikwetlisetsa mosebetsi ya bona bukeng ya dihlakiso. Ba ka nka monyetla wa ho sebedisa mela e bukeng ho fihlela ba itshepa ho ka ngola dibukeng tsa bona tsa tshebetso.

SESOTHO

Buka 2

Kotara 2

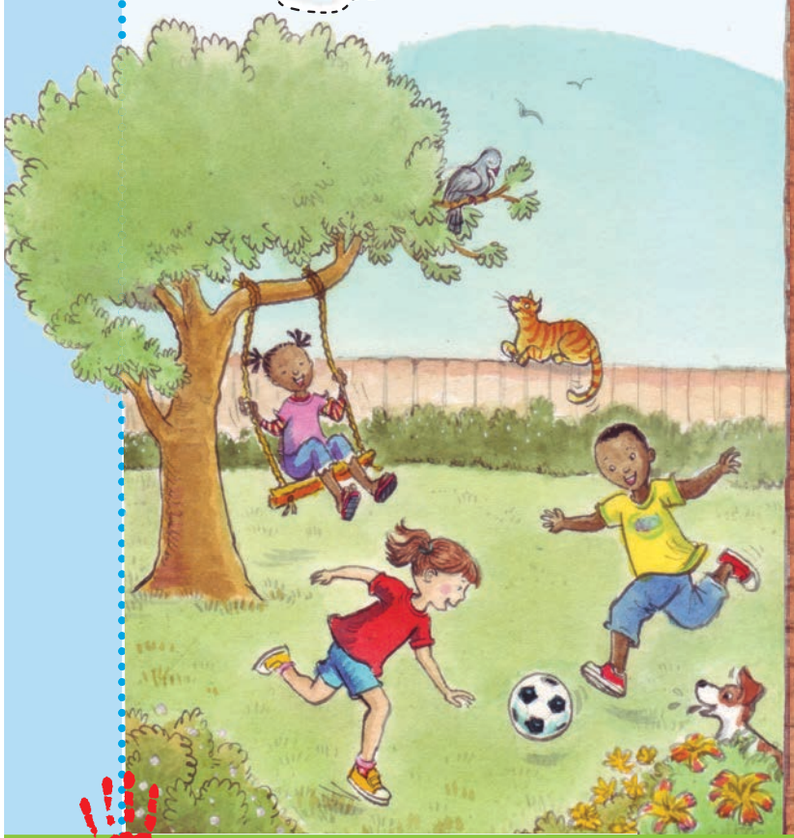
Lehae leso

Manamisa ditikara sebakeng se nepahetseng.

Ha re bueng

Mamaretsa ditikara mme o bue ka seo bana ba se etsang.
O thusa jwang lapeng?
O etsang lapeng e thabisang?







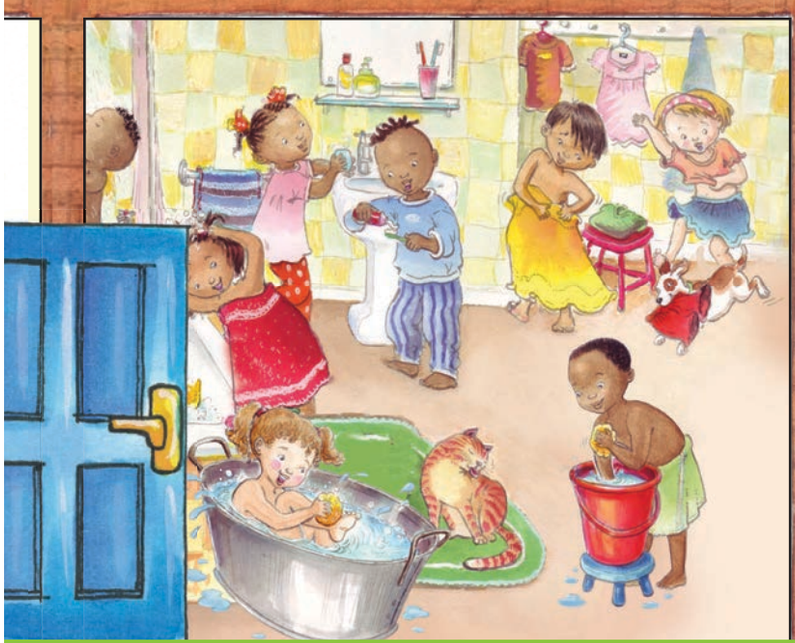
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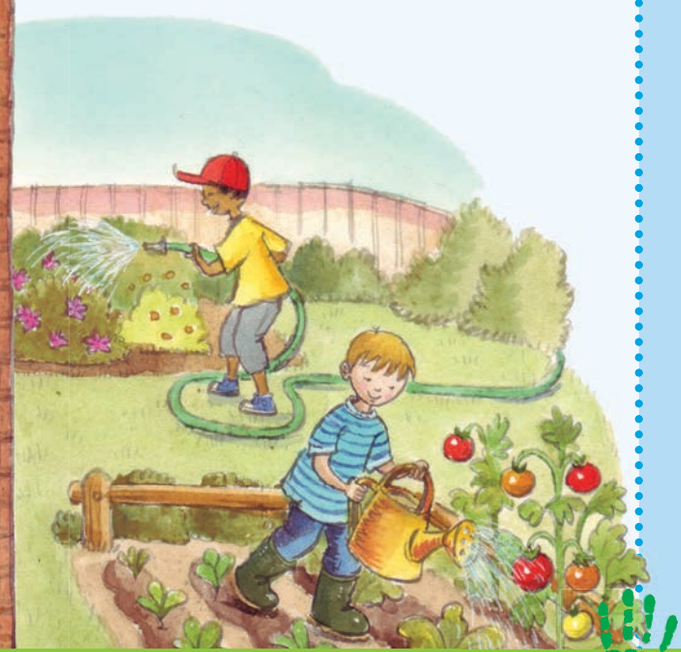
Lebitso la ka:











Titjhere: Saena _____ Letsatsi _____

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1.1

Ha re ngoleng

Hlwekisa phaposi ena. Sebedisa ditikara mme o behe dibapadiswa ka lebokoseng, diaparo ka khabotheng, dijo ka forijing. Re se re qadile ho o thusa empa o tshwanela ho pakela dintho tse setseng.

lebokose la dibapadiswa

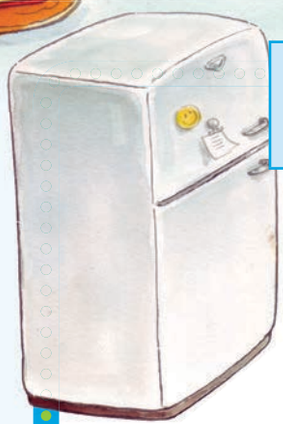


khabothe

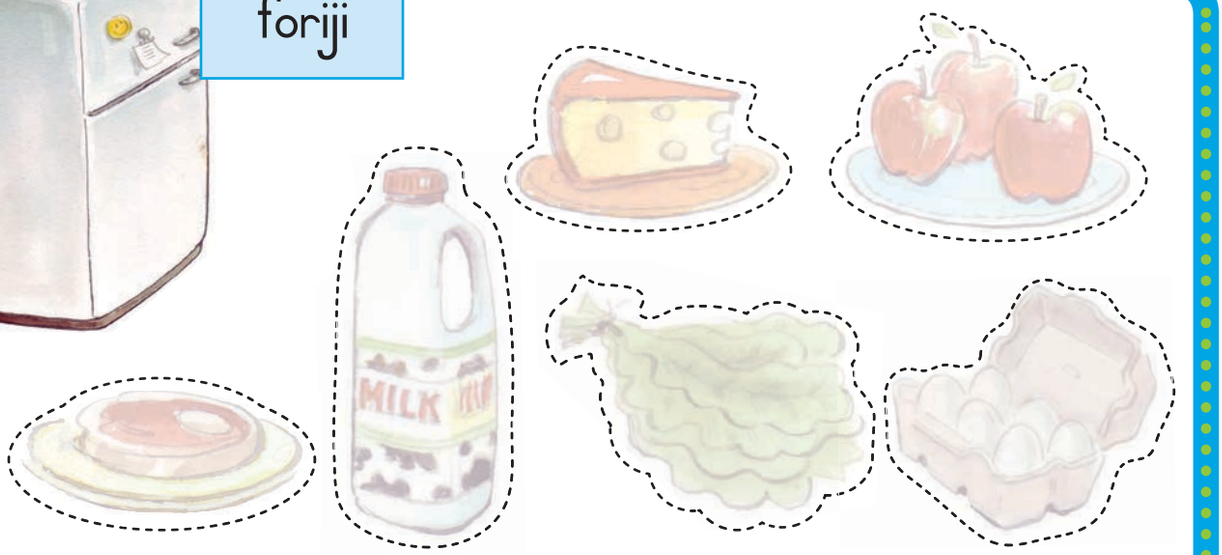
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Manamisa ditikara sebakeng se nepahetseng.





foriji



Titjhere: Saena _____ Letsatsi _____

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1.3



Ha re baleng

Bolela hore setshwantsho se seng le se seng ke sa eng. Mamela medumo mme o bolele hore ke hobaneng ha modumo wa ho qetela moleng o mong le o mong o fapane. Jwale seha ditshwantsho ho tswa leqepheng la ditshwantsho mme o di bapise.

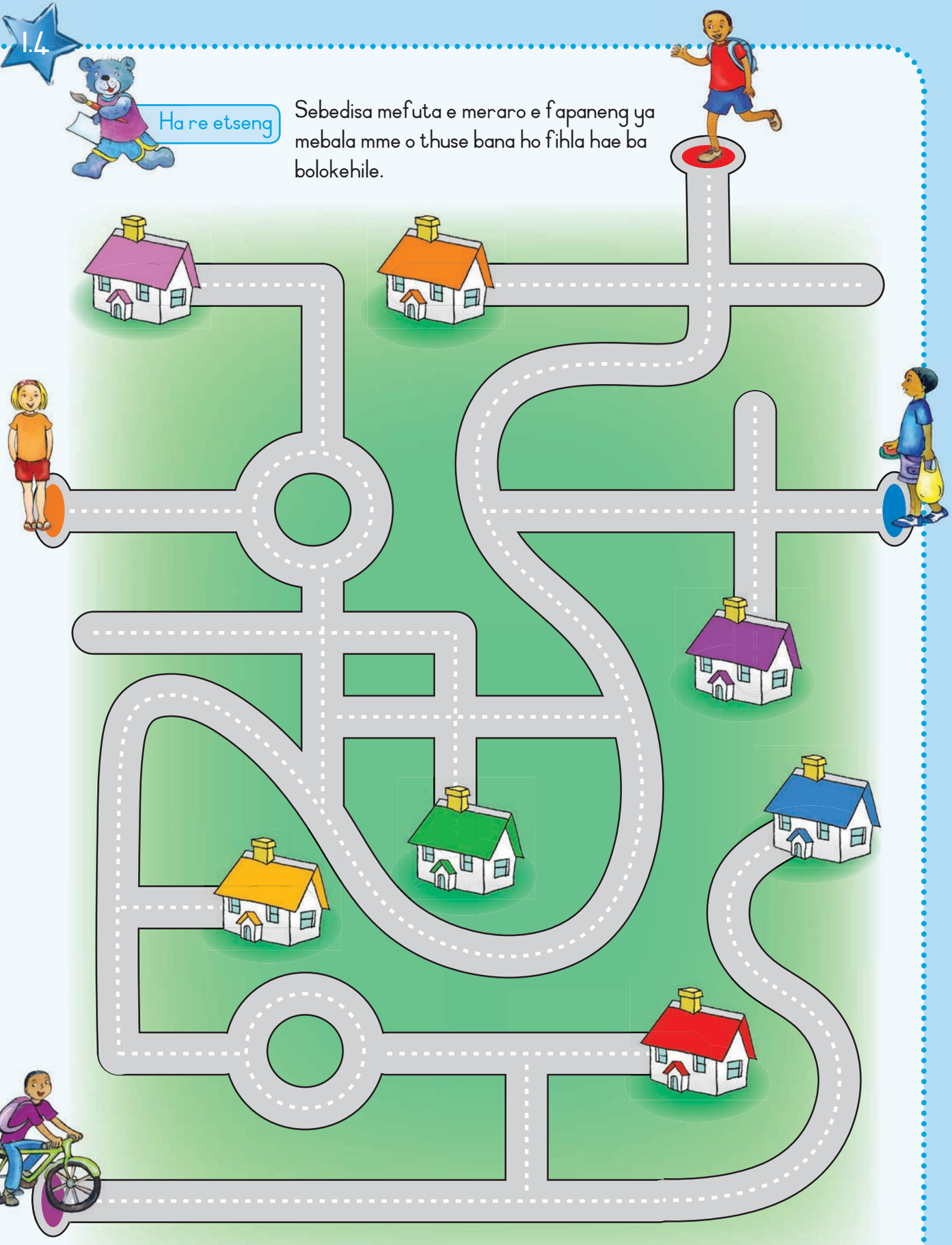


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1.4

Ha re etseng

Sebedisa mefuta e meraro e fapaneng ya mebala mme o thuse bana ho fihla hae ba bolokehile.



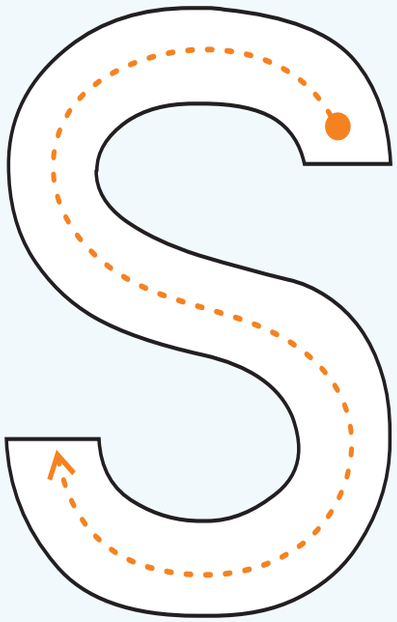
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Ha re ngoleng

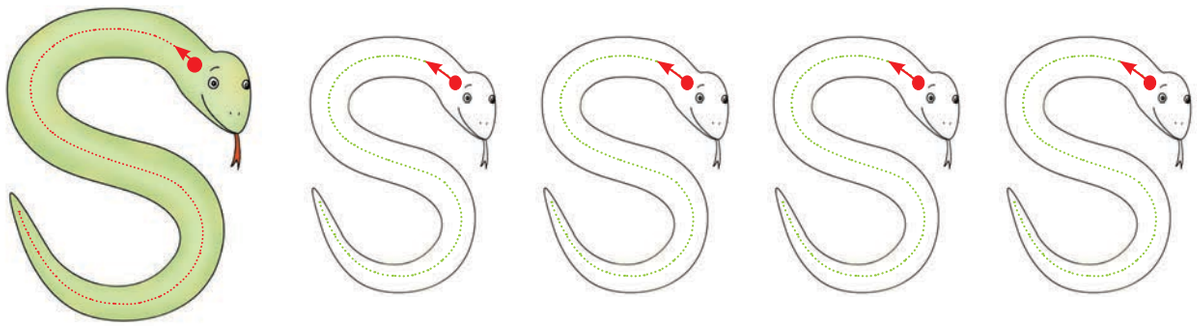
Tereisa letere ka monwana wa hao.
Qala mathebeng mme o tswele pele ho potoloha





serubele

Tereisa dinoha ho etsa letere ya **s**.



Ngola lebitso la hao mme o manehe setikara bakeng sa mosebetsi o motle.

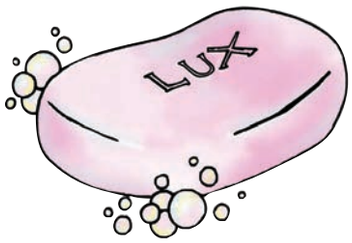
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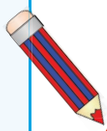
1.6



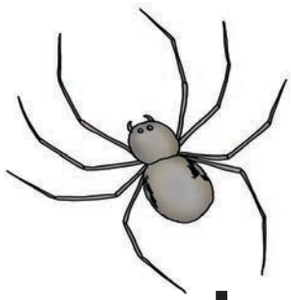
Ha re ngoleng

Fumana le ho etsa sedikadikwe ho potoloha modumo wa S ka lebokoseng





S e S epa



S ekgo



S eeta



S efate



S ekolo



S ediba

Titjhere: Saena _____ Letsatsi _____

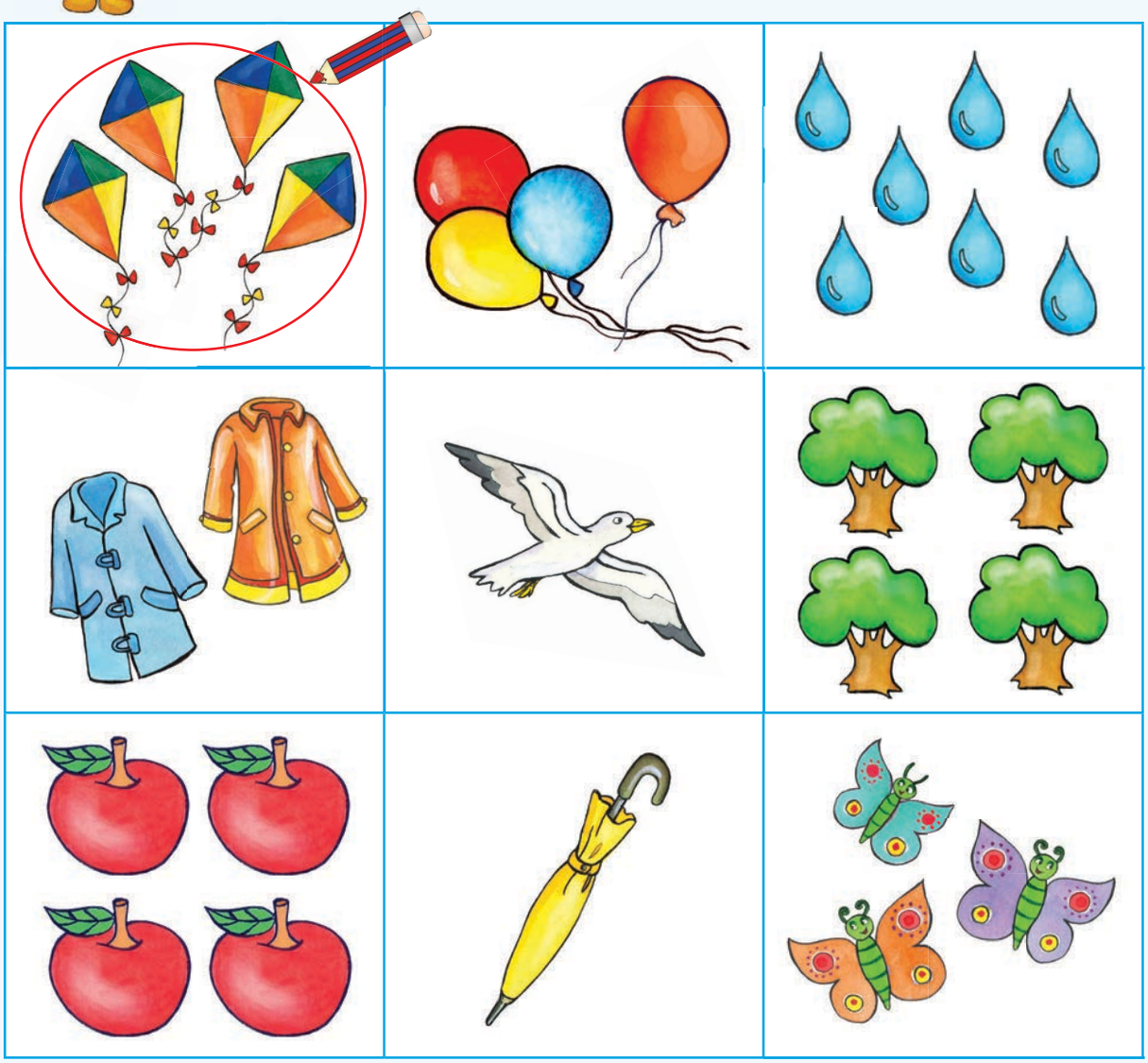
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1.7

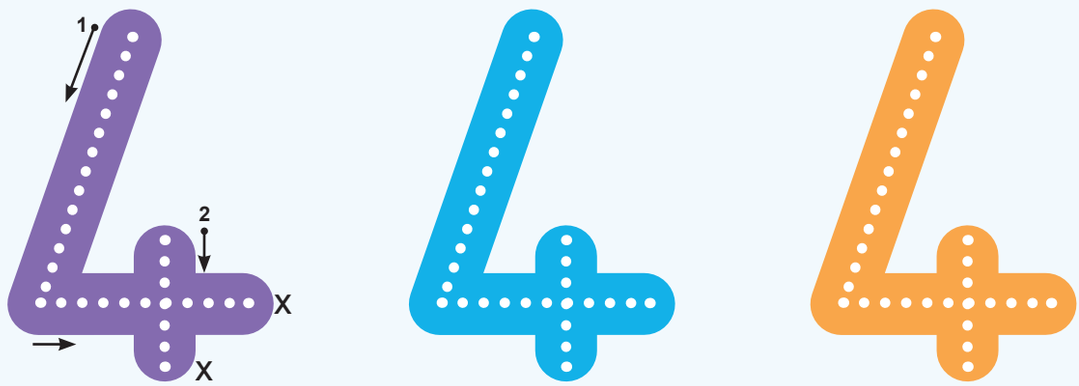


Ha re etseng

Tshwaya diboloko tse nang le dintho tse 4 ka hare.
Opa diatla tsa hao ha ho na le ntho eo o e bonang.



Ithute ho ngola dipalo tsena..



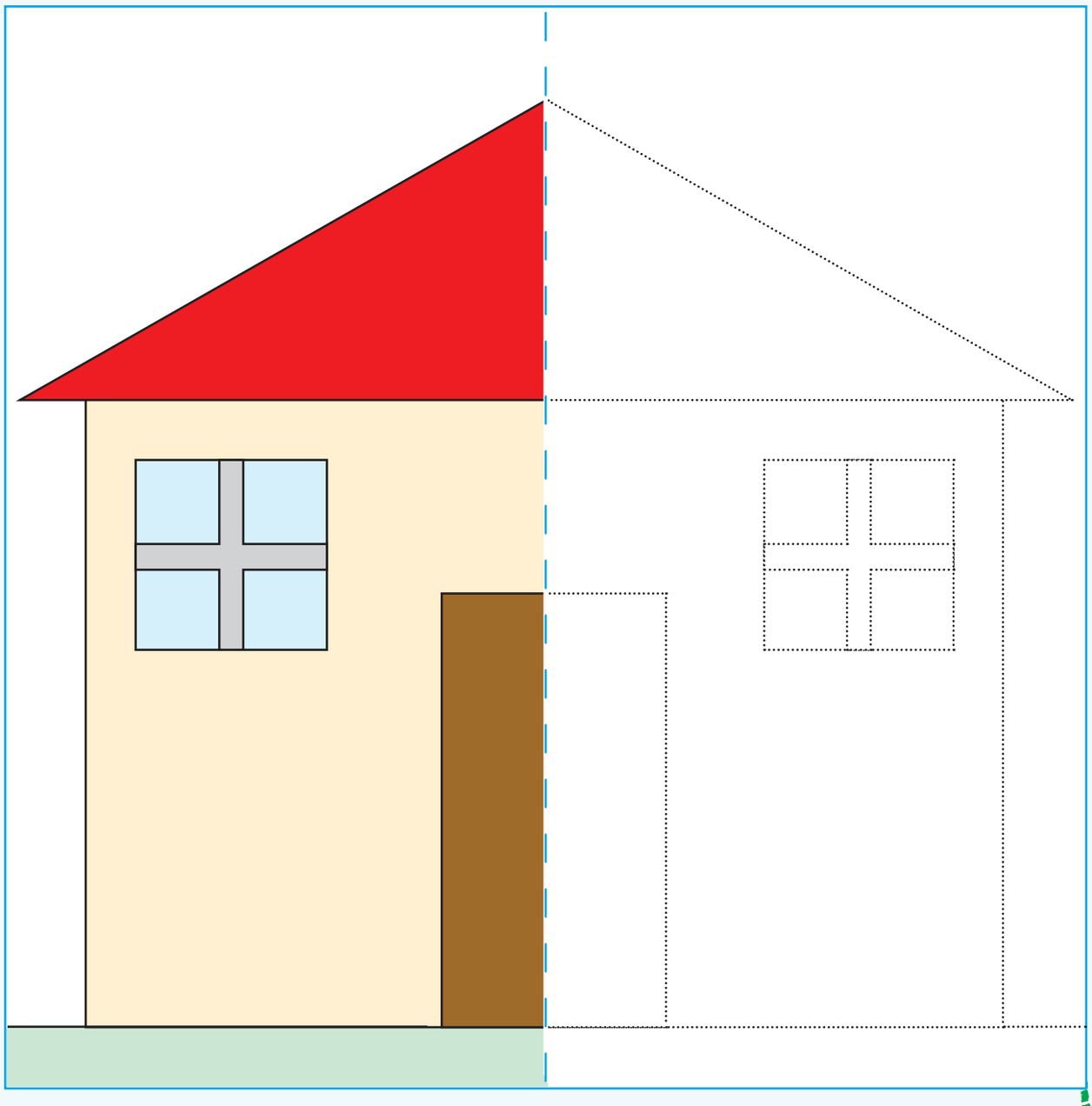
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1.8

Lebitso la ka:

Ha re ngoleng

Tereisa le ho khalara karolo e nngwe ya setshwantsho.



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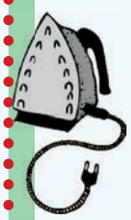
Ha re bineng

Ka tsela ena



Ke tsela eo re hlatswang diaparo tsa rona,
Hlatswa diaparo, hlatswa diaparo'
Ke tsela eo re hlatswang diaparo tsa rona,
Hlatswa diaparo,hlatswa diaparo,,
Hoseng Mantaha.





Ke tsela eo re otlollang diaparo tsa rona,
Otlolla diaparo,otlolla diaparo,
Ke tsela eo re otlollang diaparo tsa rona,
Otlolla diaparo, otlolla diaparo,
Hoseng Labobedi.



Ke tsela eo re fielang fatshe,re
fielang faatshe,
Fielang fatshe,fielang fatshe,
Hoseng Laboraro.
Ke tsela eo re hlatswang dipitsa,
Hlatswang dipitsa,hlatswang dipitsa,
Hoseng Labone.





Ke tsela eo re hlwekisang ntlo,
Hlwekisang ntlo,hlwekisang ntlo,
Hoseng Labohlano.
Ke tsela eo re bakang dikuku,
Bakang dikuku,bakang dikuku,
Hoseng Ka Moqebelo.



Ke tsela eo re yang ka yona kerekeng.
R yang kerekeng, re yang kerekeng,
Ke tsela eo re yang ka yona kerekeng,
Hoseng Sontaha.

Ha re bueng



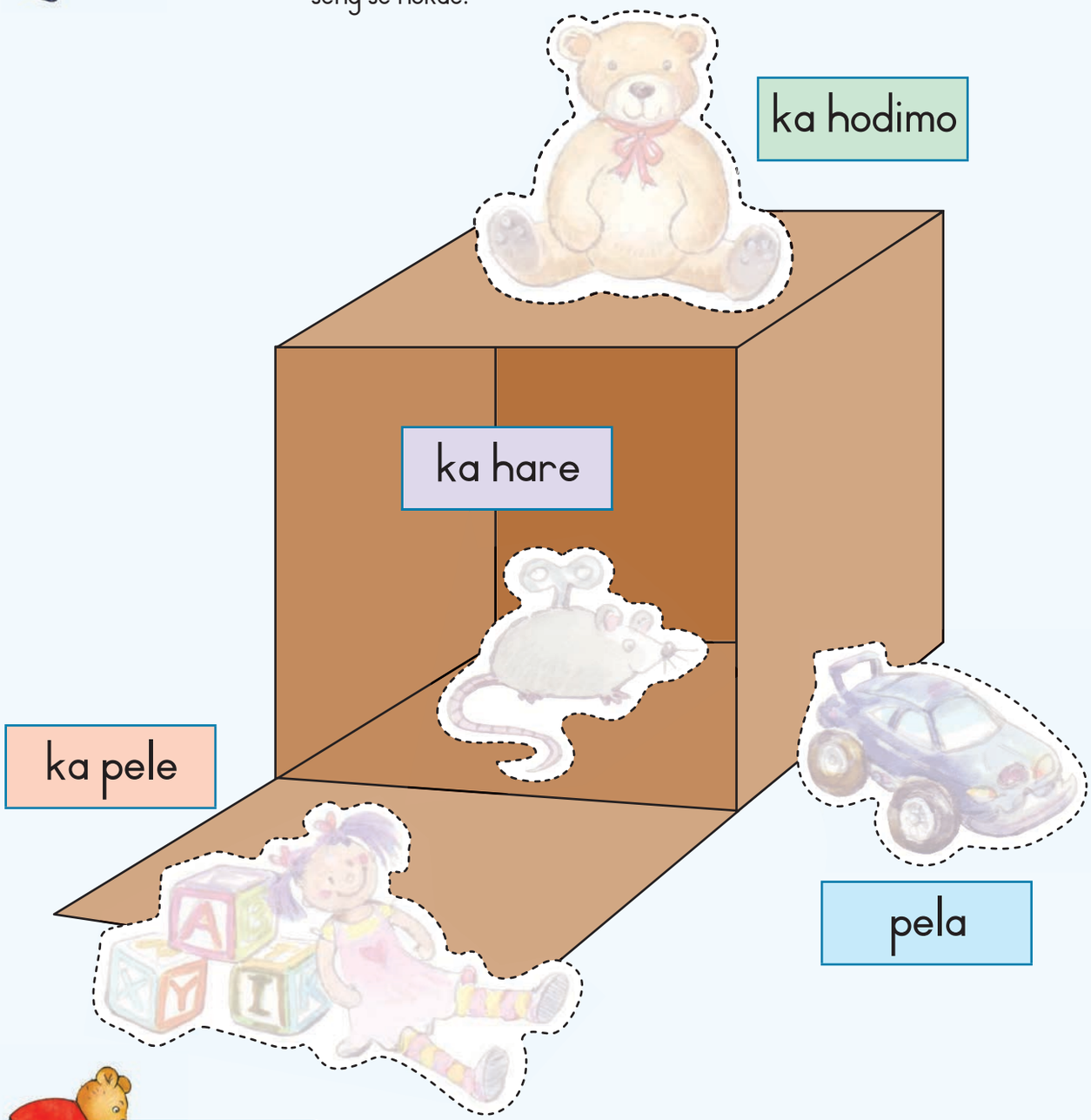
Bua ka mesebetsi eo o
e etsang lapeng

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Manamisa ditikara sebakeng se nepahetseng.

Ha re etseng

Manamisa ditikara dibakeng tse nepahetseng tse lebokoseng. Jwale bolela hore sebapadiswa se seng le se seng se hokae.



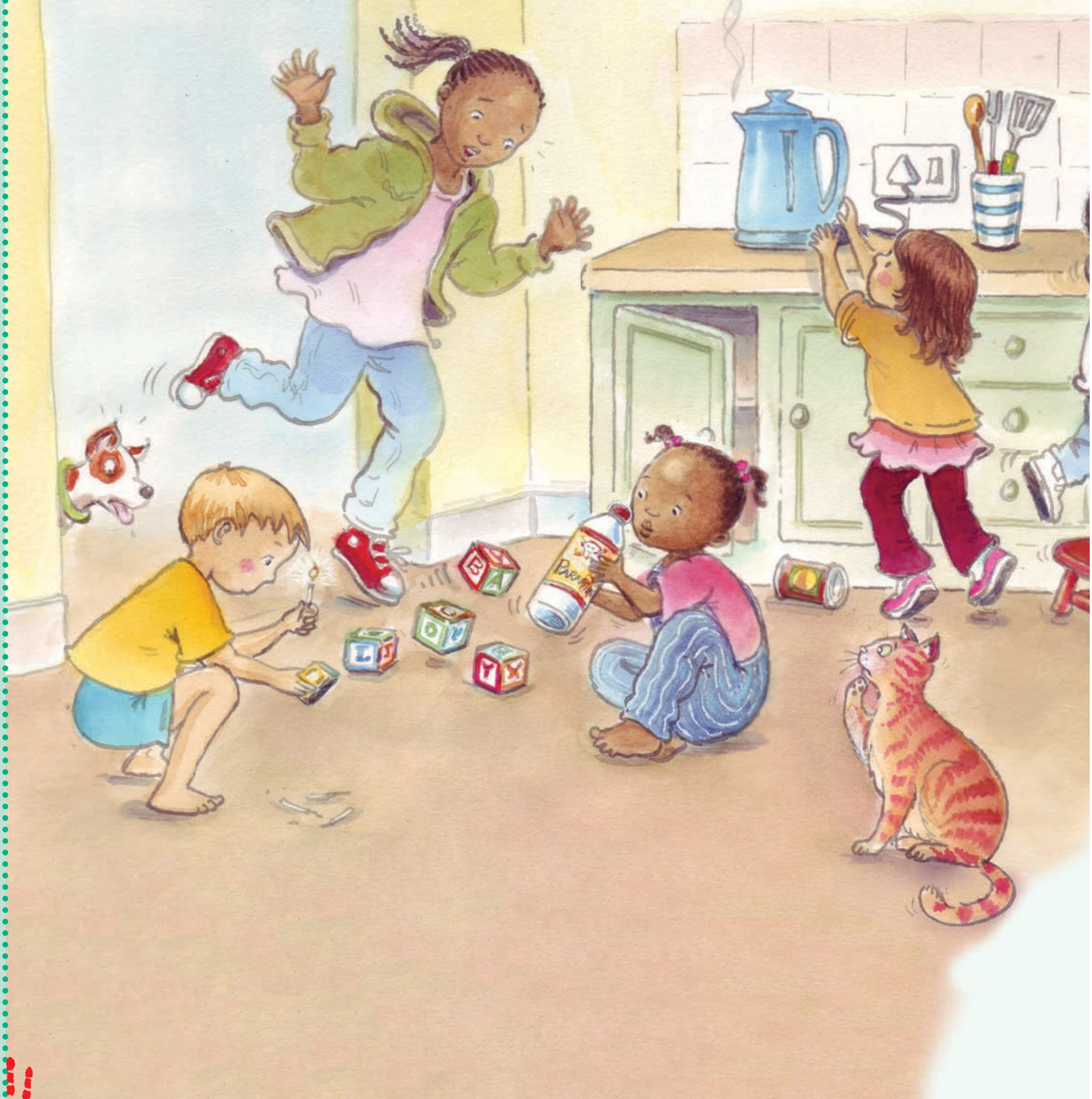
Lebitso la ka:

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2

Ho bolokeha

Boipaballo lapeng



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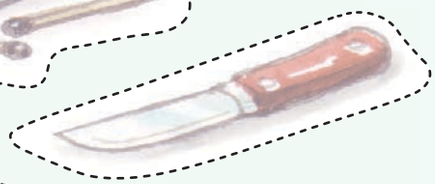


Ha re bueng

Sheba ditikara tsena mme o bolele hore o tshwanetse ho etsa jwang hore dintho tsena di dule di bolokehile.

Manamisa ditikara sebakeng se nepahetseng.

















Ha re bueng



Sheba setshwantsho mme o bolele hore bana bana ba etsa ntho efe e kotsi.
Beha setikara se sekgubedu ho bontsha seo ba se etsang se sa bolokehang.
Ke ntho efe eo o e etsang lapeng e sa bolokehang?
Ke ntho efe eo o e etsang e sa bolokehang ha o se lapeng ha o bapala?

Titjhere: Saena _____ Letsatsi _____

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2.1



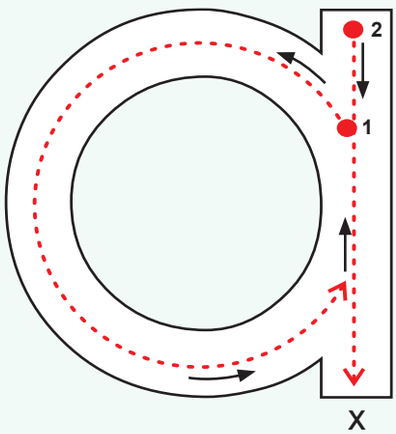
Ha re ngoleng

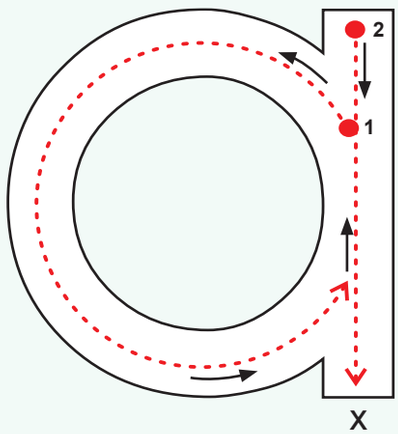
a



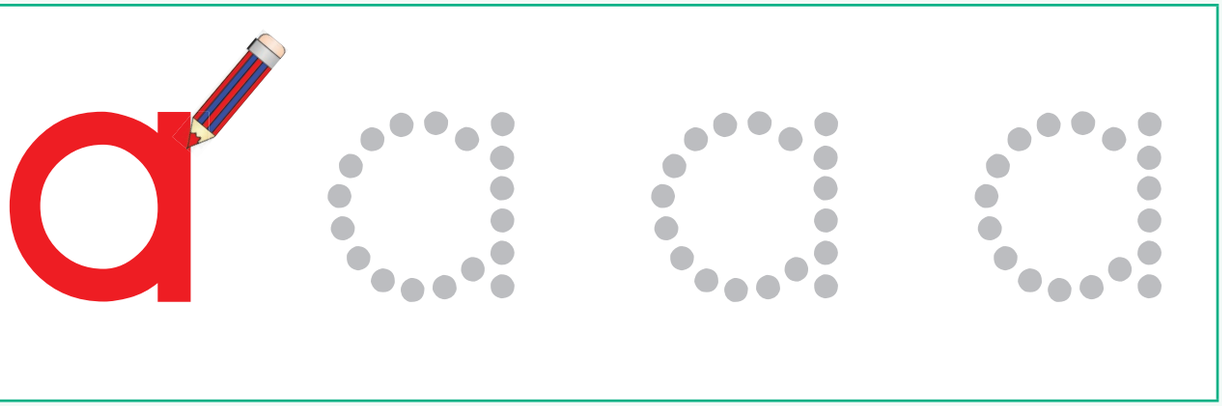
ahlama

Tereisa letere ka monwana wa hao.
Qala lethebeng mme o ya jwalo ho potoloha.





Latela nomoro.



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Ha re ngoleng

Tlatsa ka letere ya **a** mme o mamele modumo ha o ntse o bitsetsa mantswe hodimo.



a neh a



a l a



a l a m a



a m a



a pes a



a pole

Ngola lebitso la hao mme o manehe setikara bakeng sa mosebetsi o motle.

Titjhere: Saena _____ Letsatsi _____

Sesotho Lit GrR Book 2 NEW 2014.indd 17 2013-12-20 12:27:37 PM



Ha re etseng

Mebala ya roboto: Manamisa ditikara hodima roboto.





Ha re bueng

Tlotsa mebala e meng e setseng ya roboto ka mebala.

Sesotho Lit GrR Book 2 NEW 2014.indd 18 2013-12-20 12:27:42 PM

2.4



Ha re etseng

Titjhere ya hao e tla ngola nomoro ya founu ya batswadi ba hao sebakeng sena. Jwale tobetsa dinomoro founung.

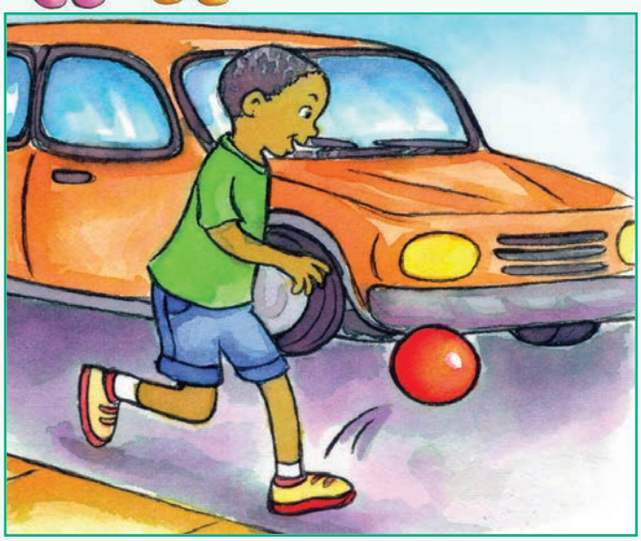


Boipaballo kantle



Ha re bueng

Bua ka hore hobaneng ho sa bolokeha ho bapala dibakeng tsena.









Titjhere: Saena _____ Letsatsi _____

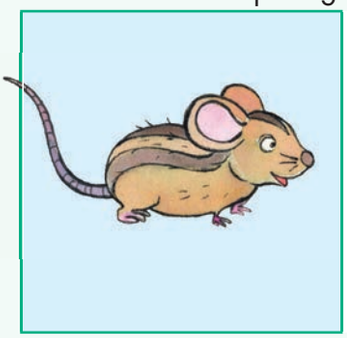
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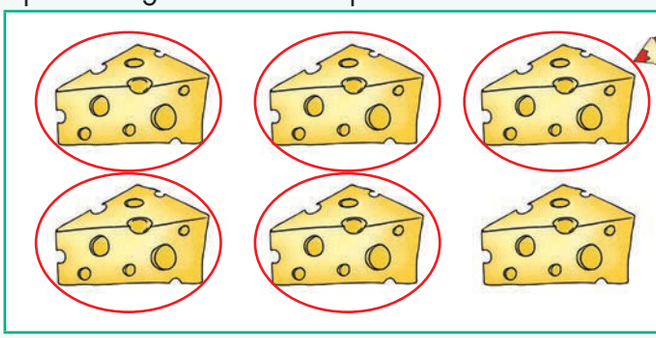
2.5



Ha re etseng

Tweba e batla dikotwana tse 5 tsa tjhisi.
Etsa sedikadikwe palong e nepahetseng mme o tereise palo.

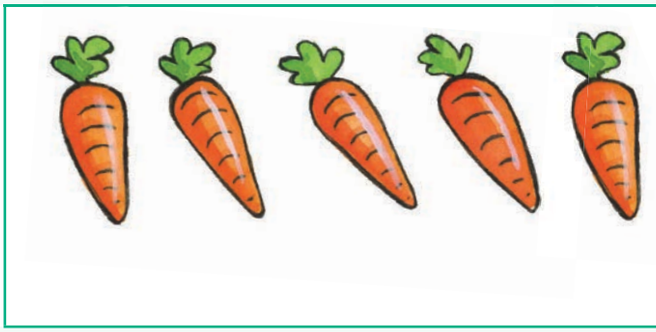




5

Mmutlanyana o batla dihwete tse 5. Etsa sedikadikwe ho potoloha palo mme o tereise palo.





5

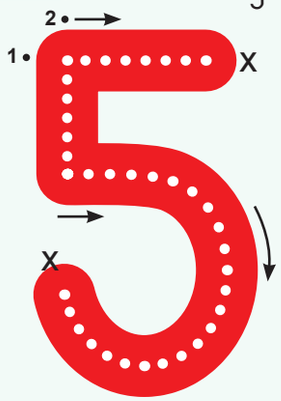
Ngwanana o batla dikuku tse 5. Etsa sedikadikwe ho potoloha palo mme o tereise palo.





5

Ithute ho ngola palo.



5

5

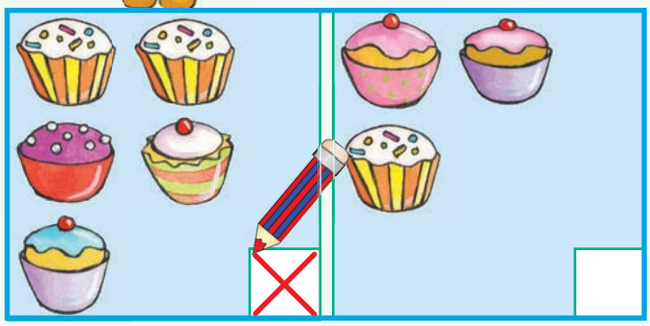
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2.6

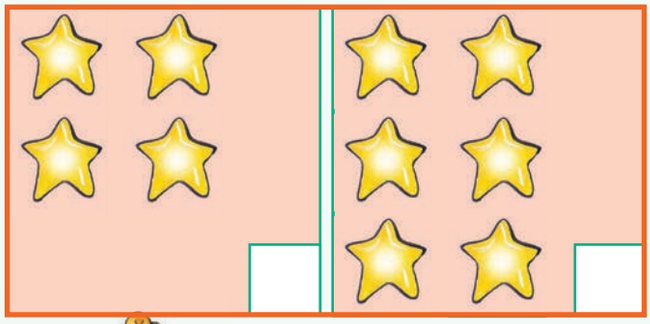


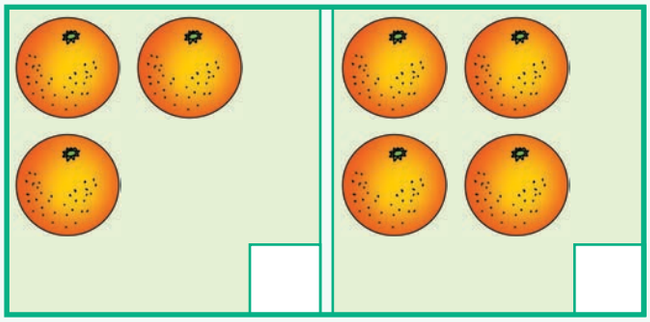
Ha re etseng

Bala dintho tse ka lebokoseng le leng le leleng.
Bolela hore ke lebokoseng lefe moo ho nang le tse ngata, le le leng le nang le tse nnyane.











Ha re ngoleng

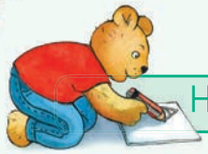
Fumana le ho etsa sedikadikwe ditshwantshong tse tshwanang le ditshwantsho tse lebokoseng la pele.



Titjhere: Saena _____ Letsatsi _____

Sesotho Lit GrR Book 2 NEW 2014.indd 21 2013-12-20 12:28:06 PM

2.7



Ha re ngoleng Tereisa **a** le **s**.

a a a a a

s s s s s s



Ha re ngoleng Na mantswe a qala ka **s** kapa ka **a**? Tereisa letere e napahetseng.



a s



a s



a s



a s



a s



a s



a s



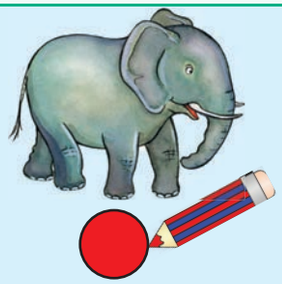
a s

Sesotho Lit GrR Book 2 NEW 2014.indd 22 2013-12-20 12:28:15 PM

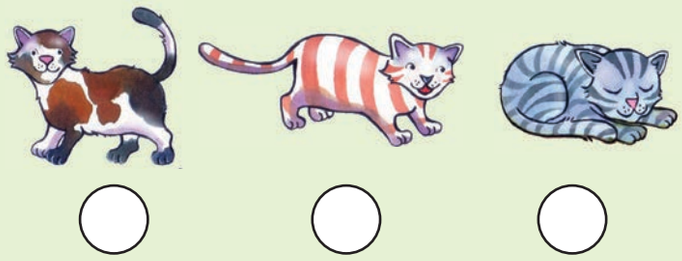
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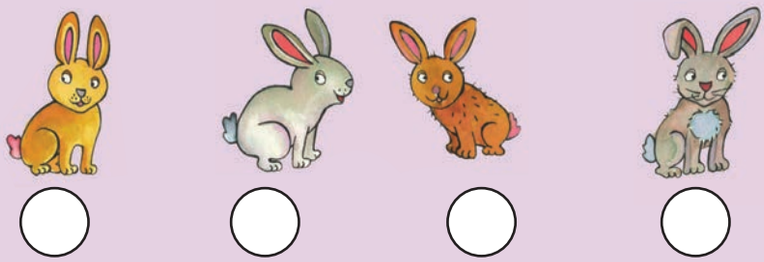
Ha re etseng

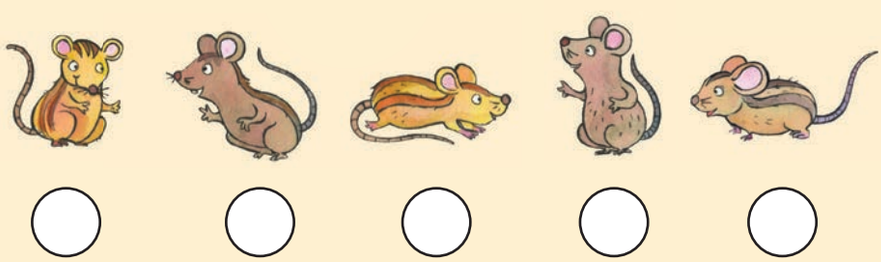
Bala ke diphoofolo tse kae moleng o le mong.
Jwale khalare matheba ka mmala mme o tereise palo.











Titjhere: Saena _____ Letsatsi _____

Sesotho Lit GrR Book 2 NEW 2014.indd 23 2013-12-20 12:28:22 PM

3

Lelapa la heso

Manamisa ditikara sebakeng se nepahetseng.



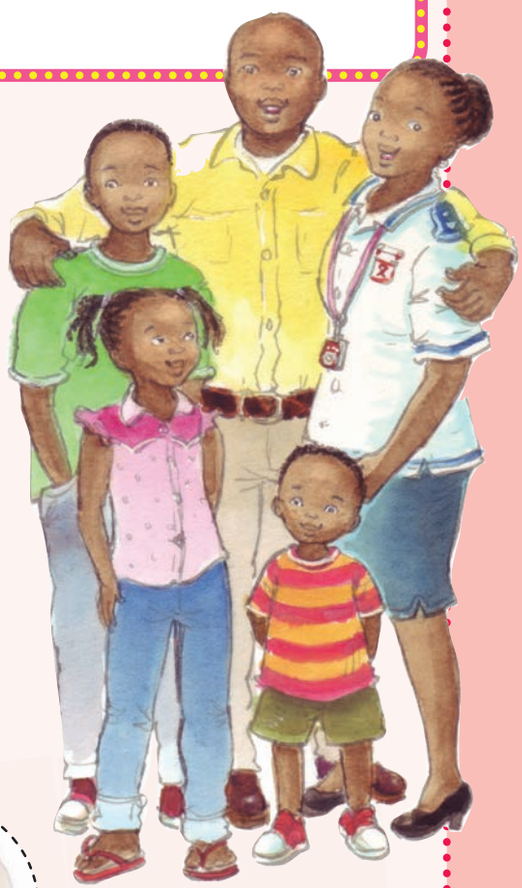
Sesotho Lit GrR Book 2 NEW 2014.indd 24 2013-12-20 12:28:38 PM

Lebitso la ka:

Ha re bueng

Tadima setshwantsho mme o bolele hore ke batho baf e ba lapeng lena.
Bua ka ba lelapa la hao.
O na le baena le dikgaitsedi tse kae?

















Titjhere: Saena _____ Letsatsi _____

Sesotho Lit GrR Book 2 NEW 2014.indd 25 2014-06-17 10:44:28 AM

3.1

Ha re etseng

Etsa setshwantsho sa lelapa la heno mme o bolelle motswalle wa hao hore batho ba setshwantshong ke bomang.



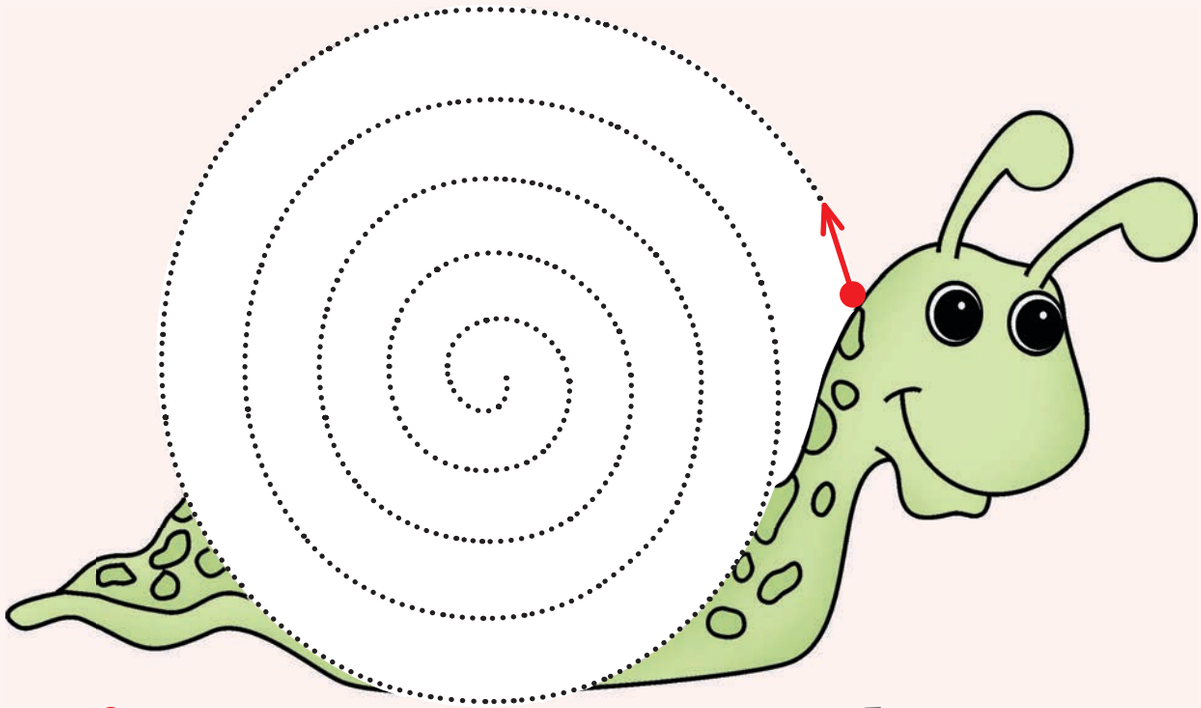
Lebitso la ka:

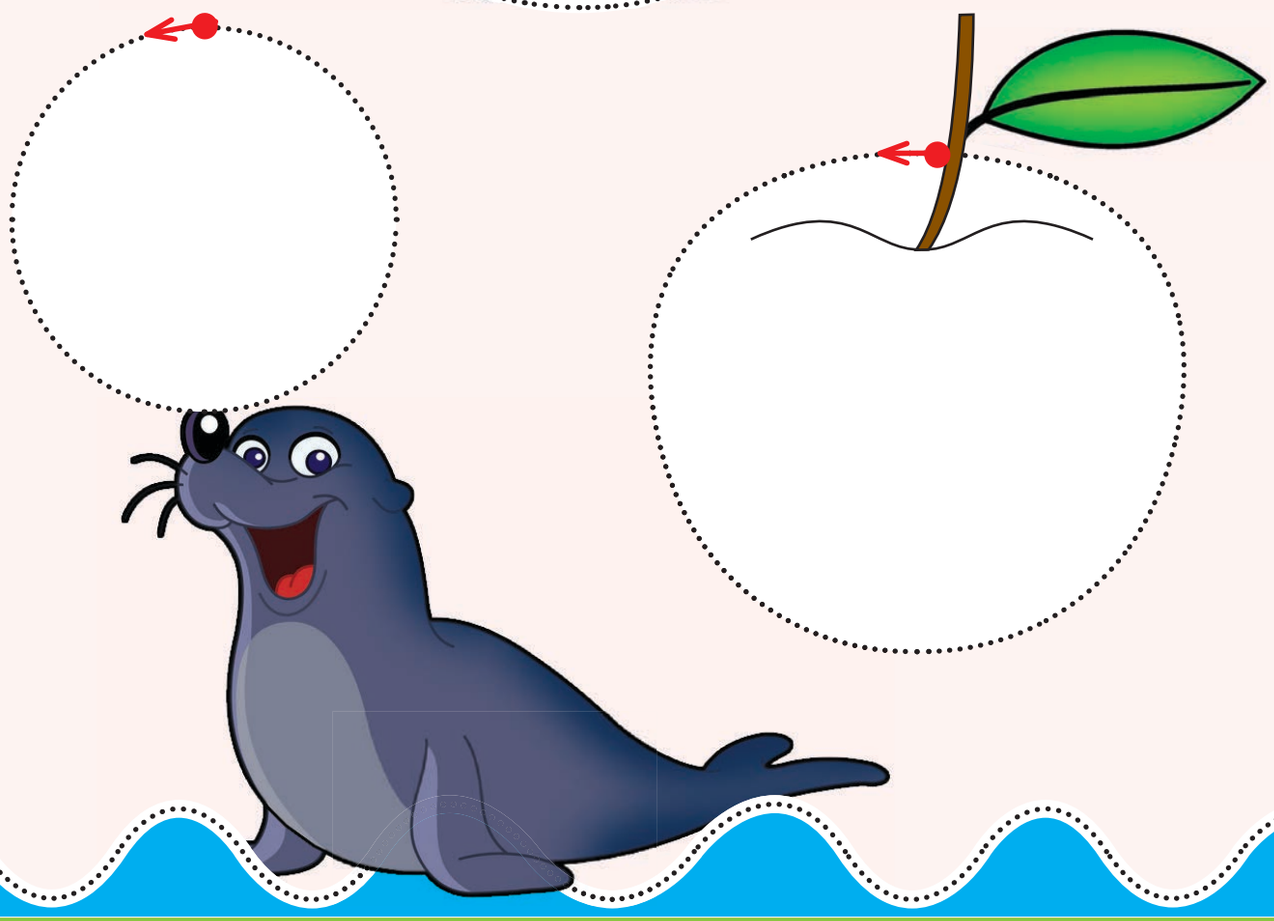
Sesotho Lit GrR Book 2 NEW 2014.indd 26 2013-12-20 12:28:53 PM

3.2

Ha re ngoleng

Kopanya matheba.Jwale tlotsa matheba ka mmala.





Titjhere: Saena _____ Letsatsi _____

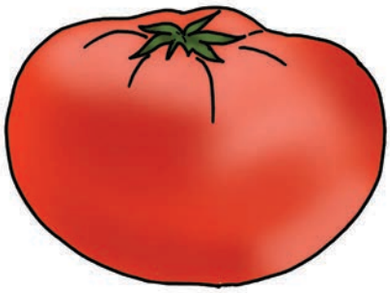
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3.3



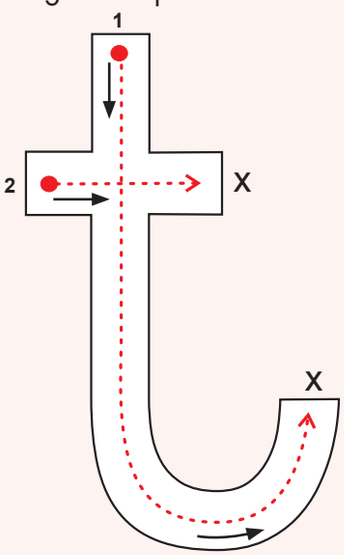
Ha re ngoleng

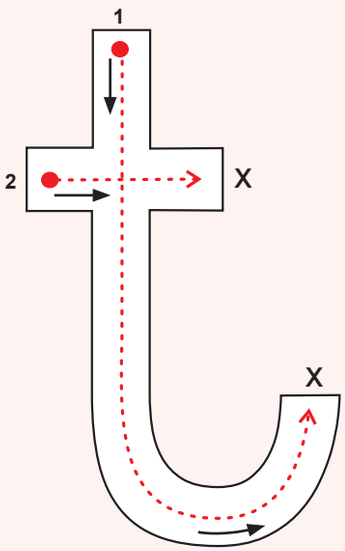
t



tamati

Tereisa letere ka monwana wa hao.
Qala lethebeng mme o potolohe.





Tereisa letere.

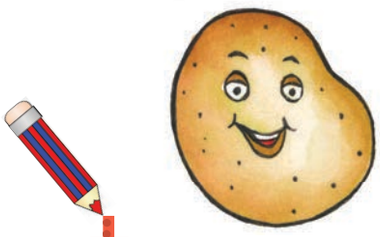
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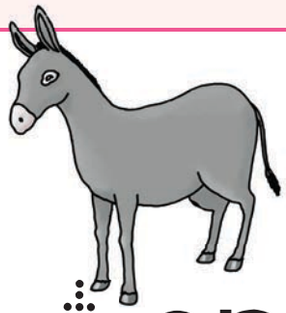


Ha re ngoleng

Tlatsa letere ya t mme o mamele modumo ha o ntse o bitsetsa mantswe hodimo



_t_apole



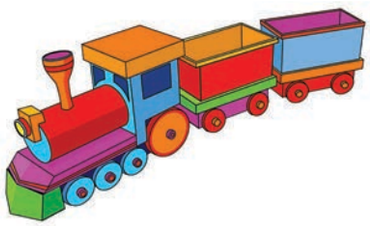
_t_onki



se_t_ulo



_t_ala



_t_erene



sefa_t_e

Ngola lebitso la hao mme o manehe setikara bakeng sa mosebetsi o motle.

Titjhere: Saena _____ Letsatsi _____

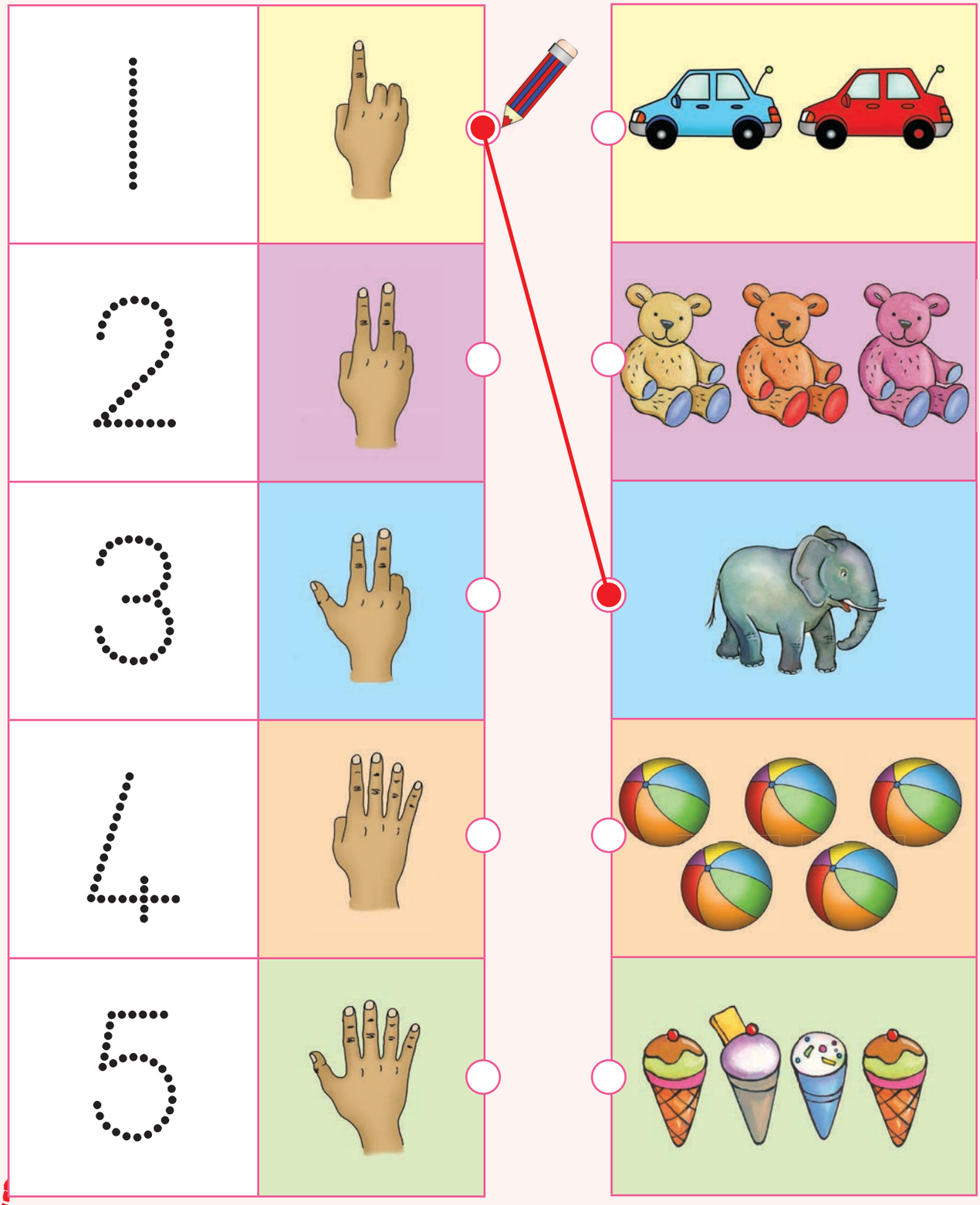
Sesotho Lit GrR Book 2 NEW 2014.indd 29 2013-12-20 12:29:28 PM

3.5



Ha re etseng

Bala dintho tsena mme o khalare palo e nepahetseng ya matheba ka mmala. Jwale tereisa palo e nepahetseng.



Sesotho Lit GrR Book 2 NEW 2014.indd 30 2013-12-20 12:29:43 PM

3.6

Ha re ngoleng

Seha phazele mme o leke ho e bopa hape.





Manamisa ditikara sebakeng se nepahetseng.

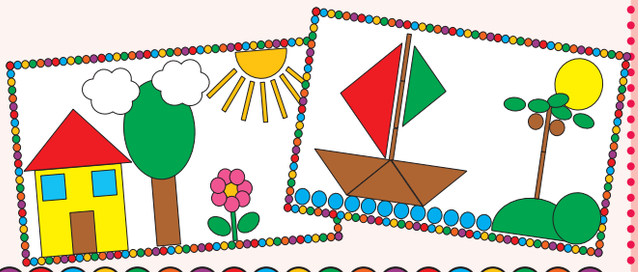
Ha re etseng

Palo le mmala:
Manamisa ditikara ho qetela kokobele ena.



Ha re ngoleng

Jwale sebedisa ditikara tsa dibopeho o etse setshwantsho sa hao.



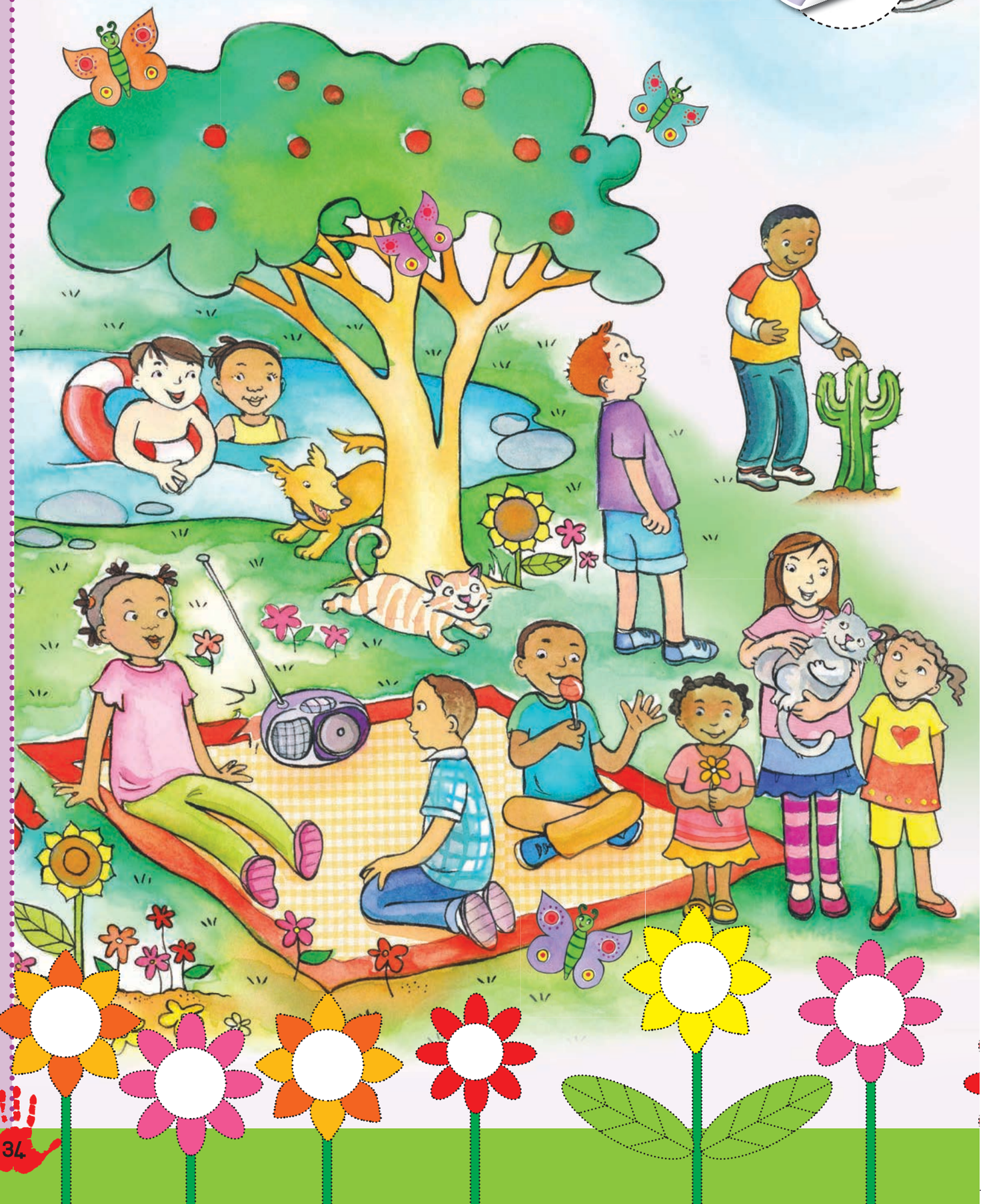
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Sesotho Lit GrR Book 2 NEW 2014.indd 33 2013-12-20 12:29:57 PM

4

Ditho tsa ka tsa kutlo

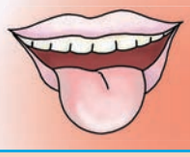
Manamisa ditikara sebakeng se nepahetseng.



Sesotho Lit GrR Book 2 NEW 2014.indd 34 2013-12-20 12:30:49 PM



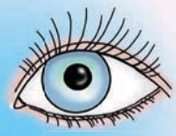




tatso







bona



monko





mamela







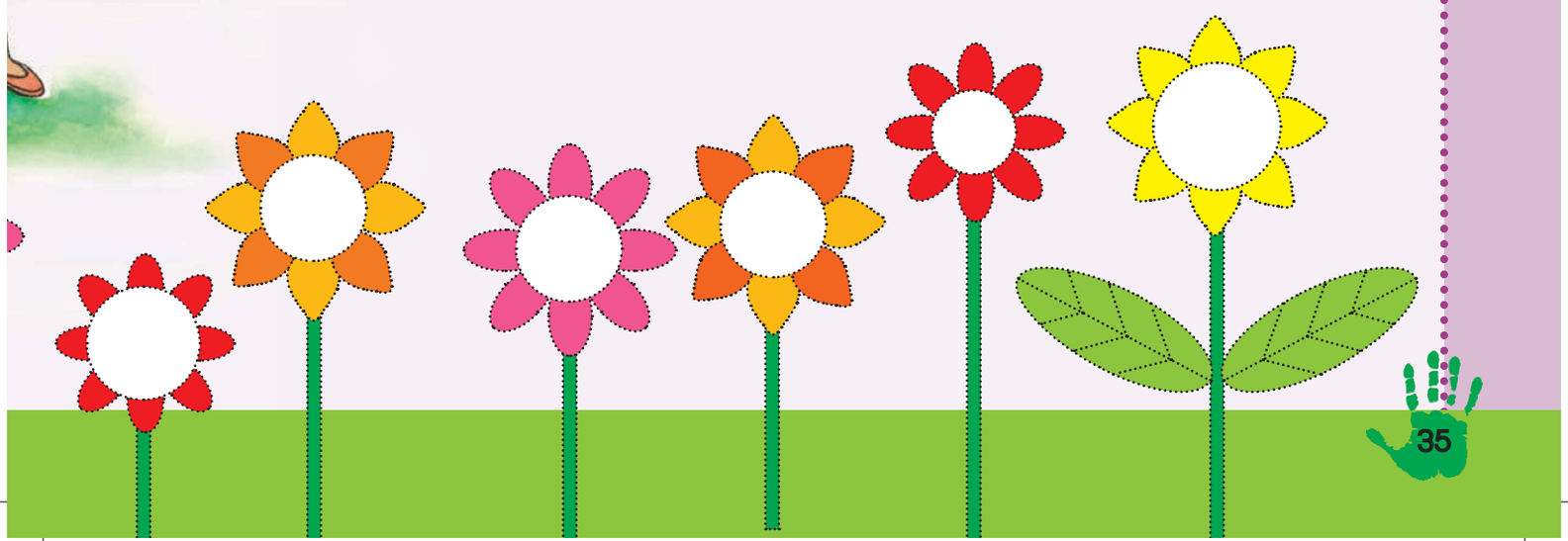
tshwara





Ha re ngoleng

Tadima setshwantsho mme o bue ka seo bana ba se etsang.
Supa bana ba fofonelang, mametseng, shebileng le ho latswa.

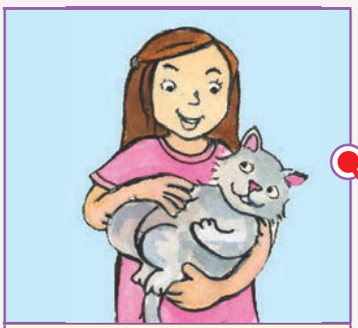


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4.1

Ha re ngoleng

Thala mola ho bapisa dithokutlo tseo o di sebedisang.

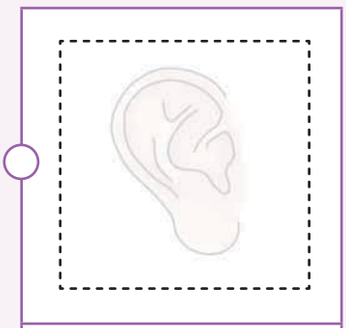


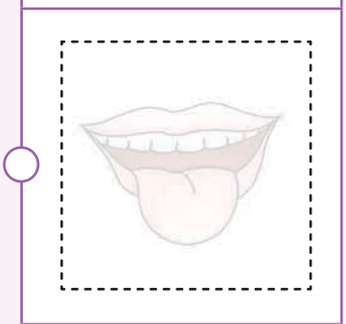


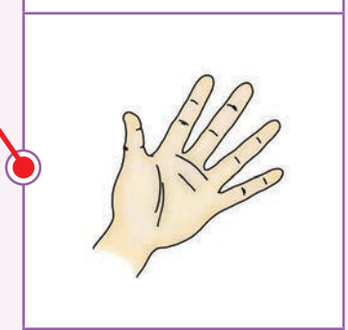


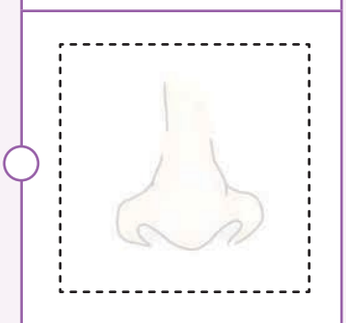


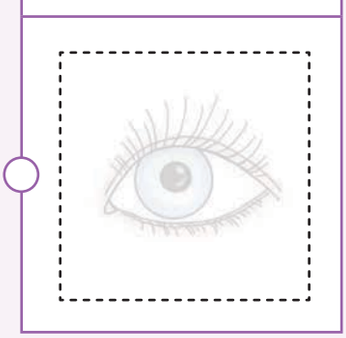












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4.2

Lebitso la ka:

Ha re etseng

E etsa modumo o jwang? Etsisa modumo oo mme o etse sedikadikwe ho potoloha dintho tse etsang modumo o moholo.



Titjhere: Saena _____ Letsatsi _____

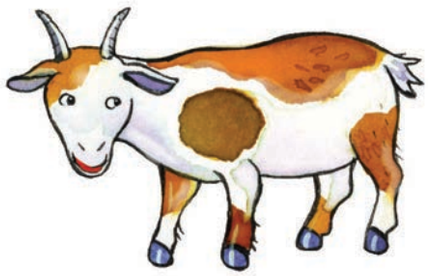
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4.3



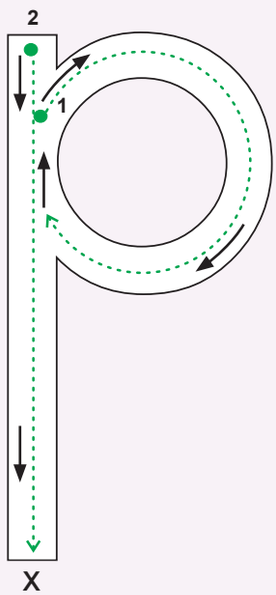
Ha re ngoleng

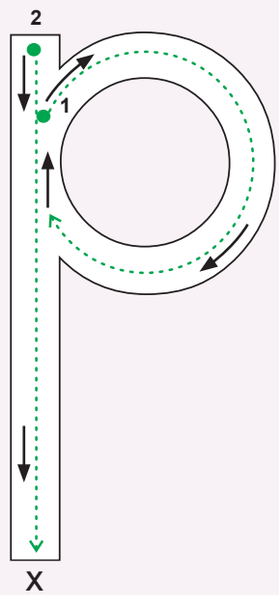
p



podi

Tereisa letere ka monwana wa hao.
Qala lethebeng mme o potolohe.





Tereisa letere.

p p p p

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4.4



Ha re ngoleng

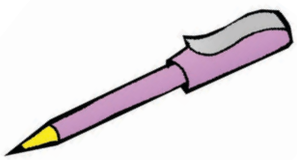
Tlatsa letere ya p mme o mamele modumo ha o ntse o bitsetsa mantswe hodimo



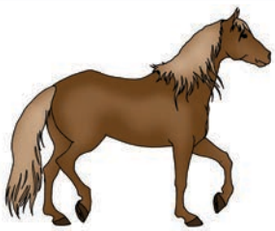
p ente



p ela



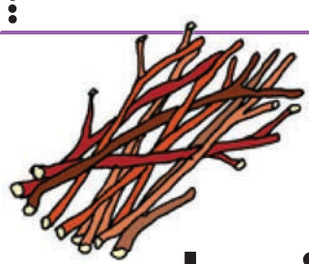
p ene



p ere



p oone



p atsi

Ngola lebitso la hao mme o manamise setikara bakeng sa mosebetsi o motle.

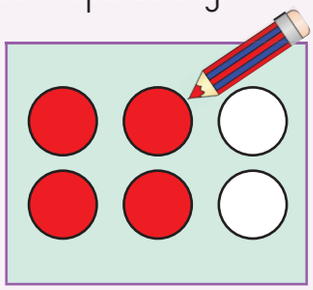
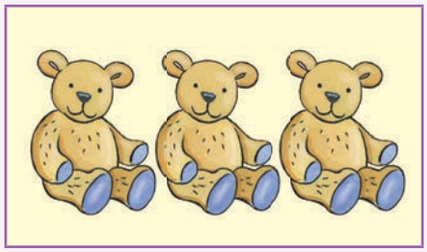
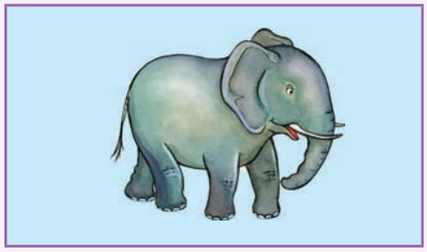
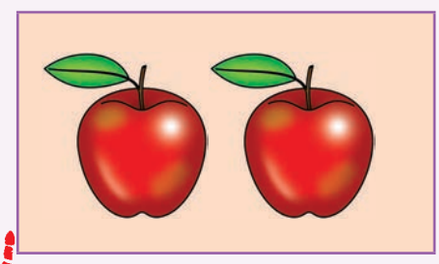
Titjhere: Saena _____ Letsatsi _____

Sesotho Lit GrR Book 2 NEW 2014.indd 39 2013-12-20 12:31:47 PM

4.5

Ha re etseng

Bala palo ya dintho tse ka lebokoseng le leng le le leng.Jwale tereisa palo e nepahetseng.

		3	4
		1	2
		2	3
		1	3
		3	2
		2	3

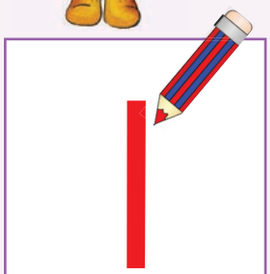
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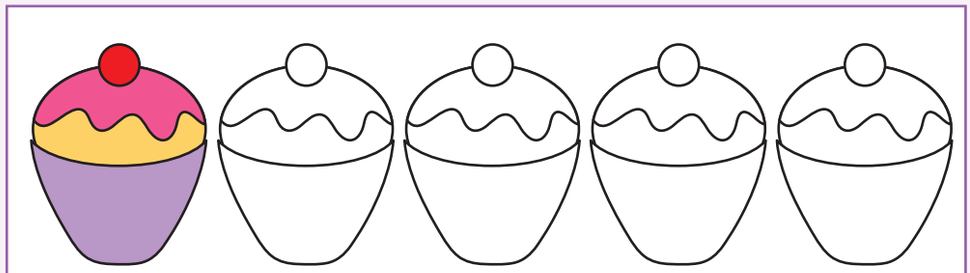
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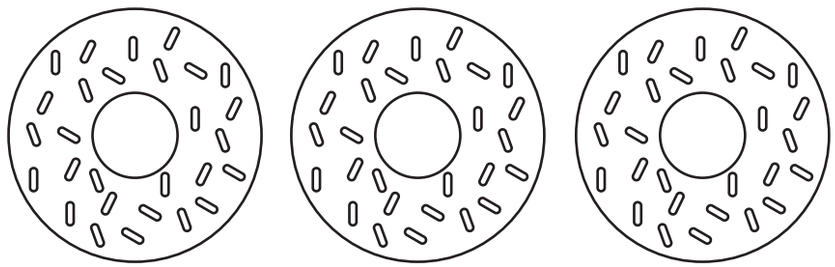
Ha re etseng

Tereisa palo.
Jwale tlotsa palo e nepahetseng ya dintho moleng o mong le o mong.

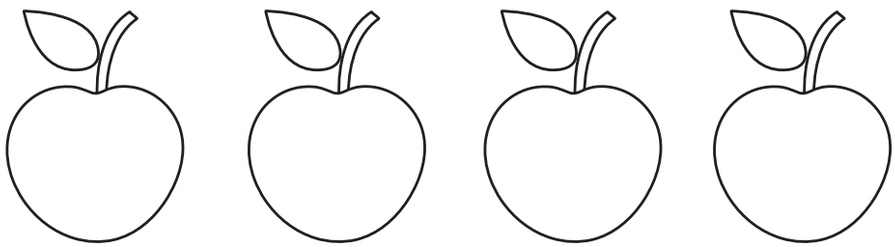




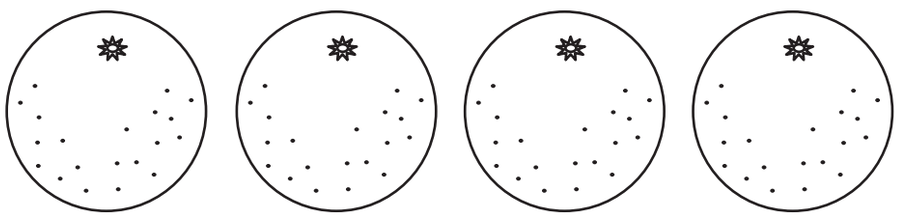
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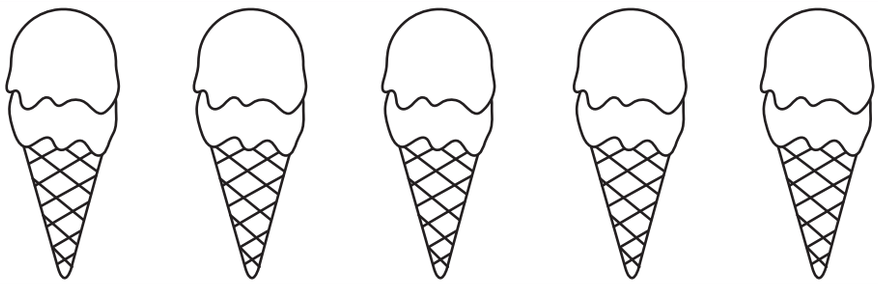
3



4



5





Titjhere: Saena _____ Letsatsi _____

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5

Boemo ba lehodimo

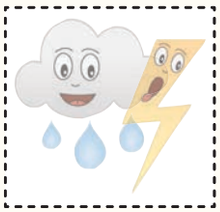
Sheba tsa boemo ba lehodimo setshwantshong se seng le se seng mme o kgethe ditikara tse nepahetseng ho bontsha seo o tshwanelang ho se apara ha boemo ba lehodimo bo le tjena.



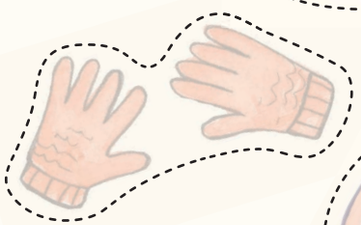






















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Manamisa ditikara sebakeng se nepahetseng.



Ha re etseng

Jwale manamisa setikara ho bontsha hore boemo ba lehodimo bo jwang setshwantshong se seng le se seng.

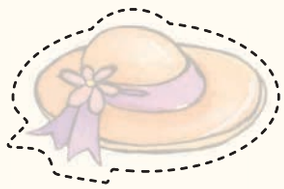


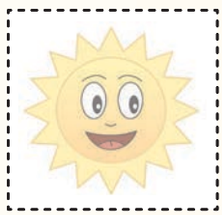


















Ha re bueng

Sheba ditshwantsho mme o buwe ka seo o se bonang.
Boemo ba lehodimo bo jwang setshwantshong se seng le se seng?
O nahana hore ngwanana ya puleng o ikutlwa jwang? Hobaneng?
Ke ditshwantshong dife tse bontshang boemo bo batang ba lehodimo?
Re apara eng ha ho bata?
Ke ngwana ofe ya thabileng?
Ke ngwana ofe ya bonahalang a tshohile?

Titjhere: Saena _____ Letsatsi _____

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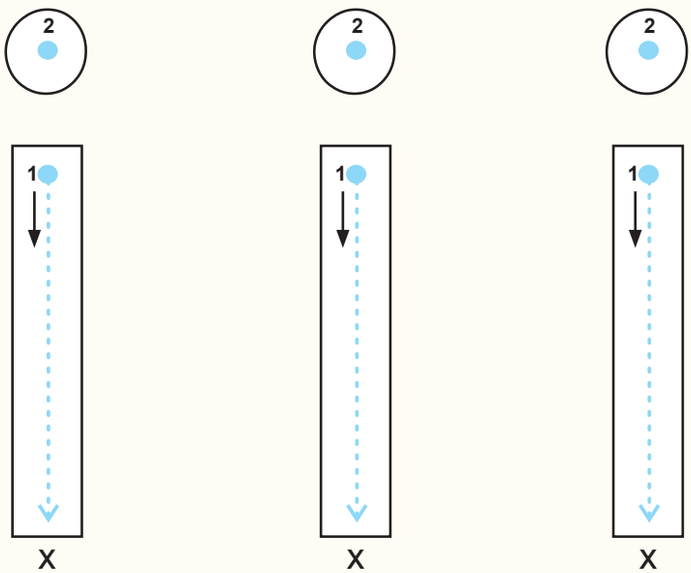
Ha re ngoleng

i

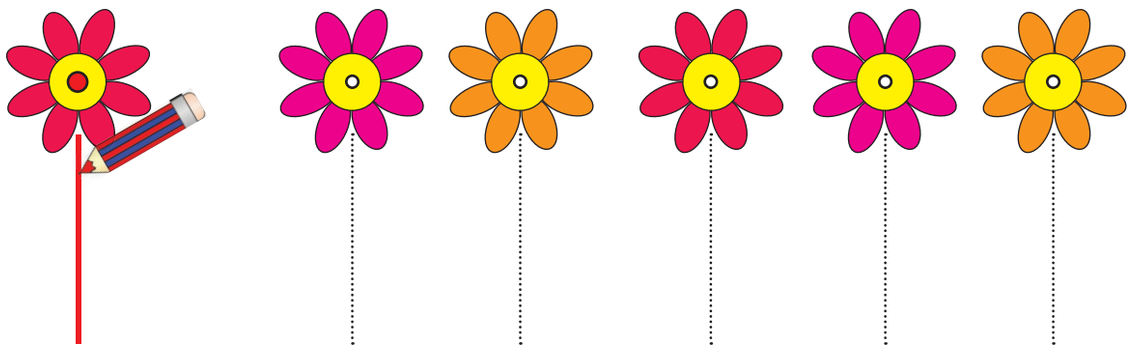


inama

Tereisa letere ka monwana wa hao. Qala lethebeng mme o potolohe.



Etsa setshwantsho sa kutu ya palesa.



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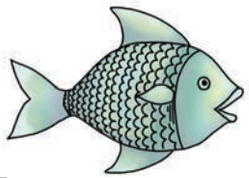
5.2



Ha re ngoleng Tlatsa letere ya **i** mme o mamele modumo ha o ntse o bitsetsa mantswe hodimo



z**i**p_



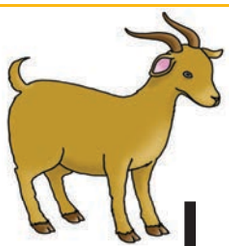
tlhap_



b_na



le_no



pod_



p_k_tla

Ngola lebitso la hao mme o manehe setikara bakeng sa mosebetsi o motle.

Titjhere: Saena _____ Letsatsi _____

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5.3



Lebitso la ka:



Ha re bineng



Ho binetswe pina
" Oho moratuwa, Clementine."

Manamisa ditikara sebakeng se nepahetseng.









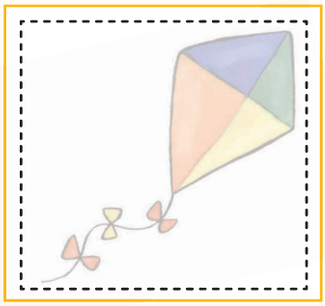
Pina ya boemo ba lehodimo

Boemo ba lehodimo bo jwang,
bo jwang,
bo jwang kajeno?

Re bolelle Joey, re bolelle Anna,
boemo ba lehodimo bo jwang
kajeno?
Ho maru?
Ho pula?
Na e ya na kajeno?
Ho moya?
Ho kgethehile?
Boemo ba lehodimo bo jwang
kajeno?

Le tjhabile? Le tjhabile?
Na ho letsatsi kajeno?
E, ho letsatsi, e ho letsatsi.
E, ho letsatsi kajeno.









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5.4

Manamisa ditikara sebakeng se nepahetseng.



Ha re ngoleng

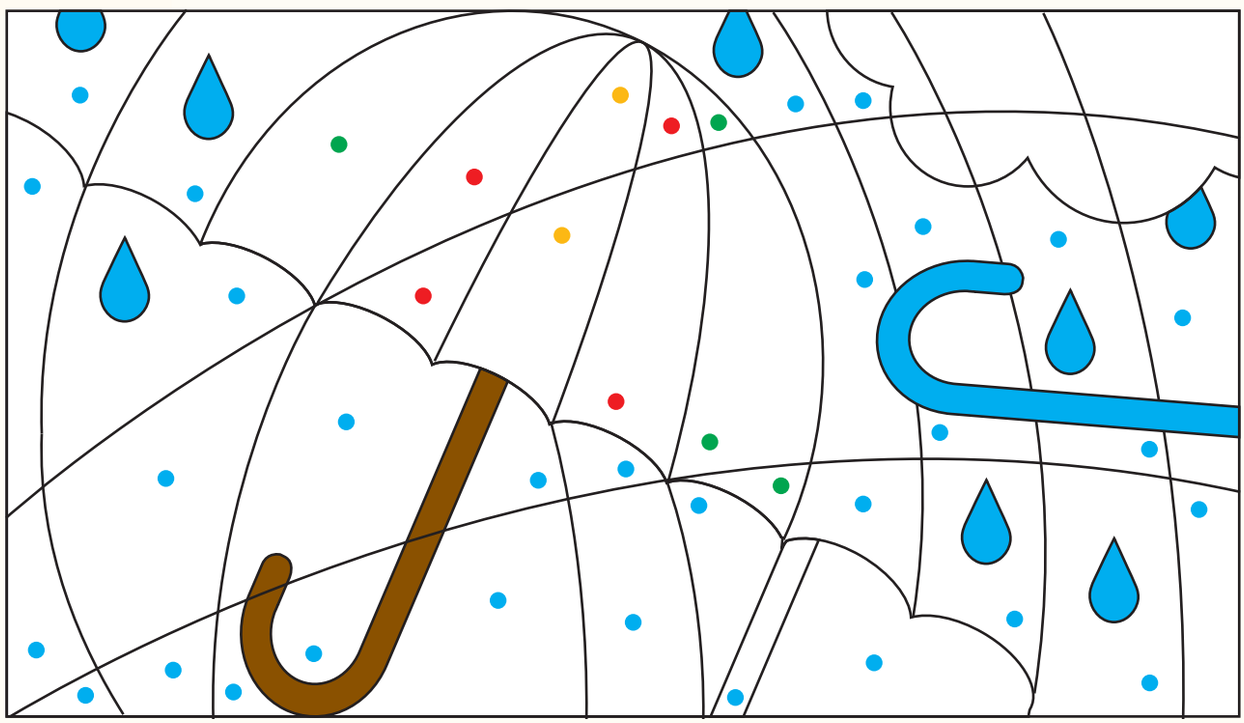
Boemo ba lehodimo bo jwang bekeng ena?
Manamisa setikara sebakeng se nepahetseng ho bontsha hore boemo ba lehodimo bo jwang bekeng ena.Manamisa sefahleho se bososelang ho bontsha boemo ba lehodimo boo o bo ratang kappa boo o sa bo batleng.

Mantaha	Labobedi	Laboraro	Labone	Labohlano



Ha re ngoleng

Tlotsa dibopeho ka mmala o tshwanang le wa matheba ho bontsha hore ke setshwantsho sa eng.



Titjhere: Saena _____ Letsatsi _____

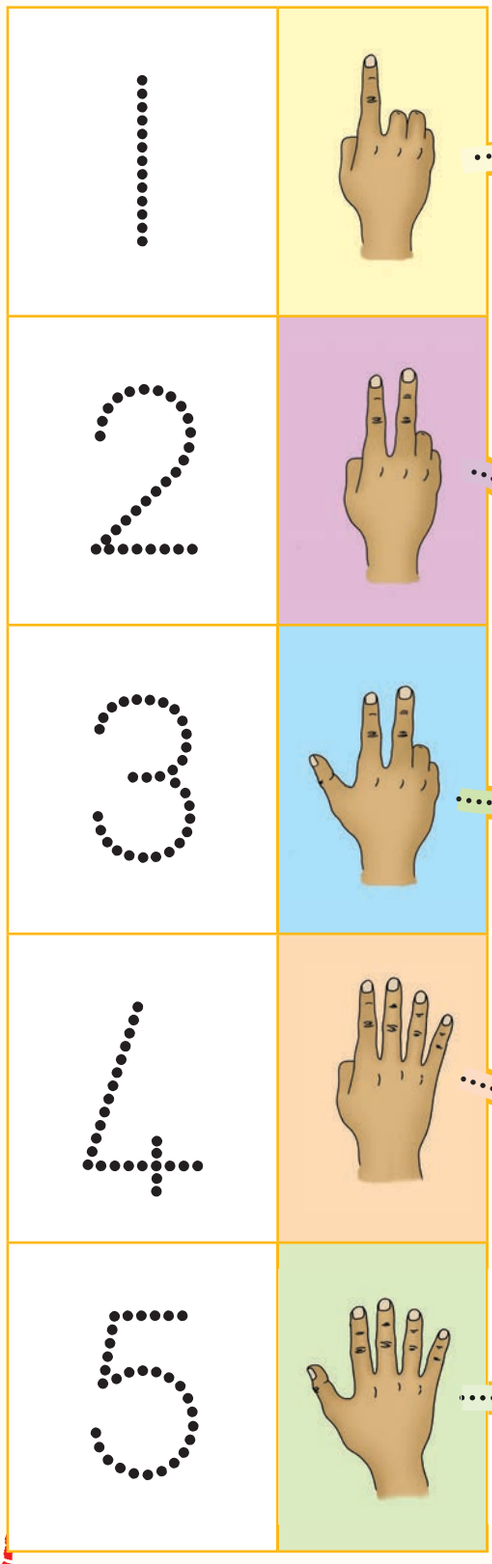
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5.5



Ha re etseng

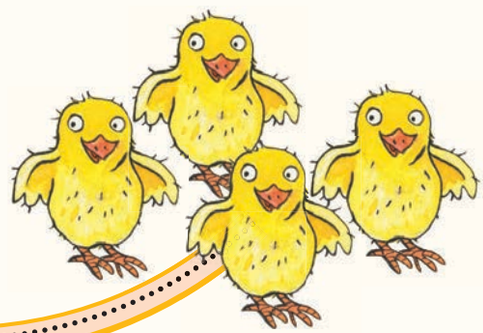
Tereisa palo. Sebedisa monwana ho bontsha palo ka nngwe ebe o latela mela ya matheba ho fumana palo e nepahetseng ya dintho.

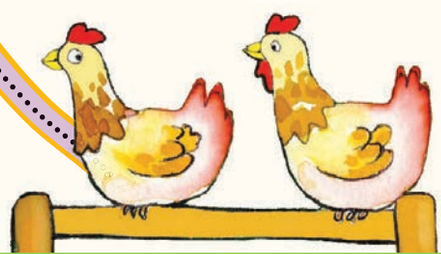












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5.6

Ha re baleng

Sheba ditshwantsho mme o bolele hore bana bana ba etsang mme o bolele hore ntho eo o e etsa motsheare kapa bosiu. Jwale tlotsa ka letsatsi la mmala haeba a e etsa motsheare, haeba a e etsa bosiu tlotsa kgwedi ka mmala

ho robala



ho emela bese



ngwanana o a sesa



ho sheba TV



ho bala



ho bapala bolo



hoseng

mantsiboya

bosiu

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5.7



Ha re bueng

Tadima setshwantsho mme o bue ka seo o se bonang.
Re tseba jwang hore ke selemo?

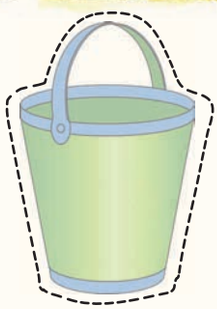
Manamisa ditikara sebakeng se nepahetseng.

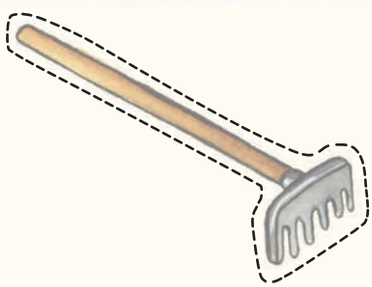
Ke selemo









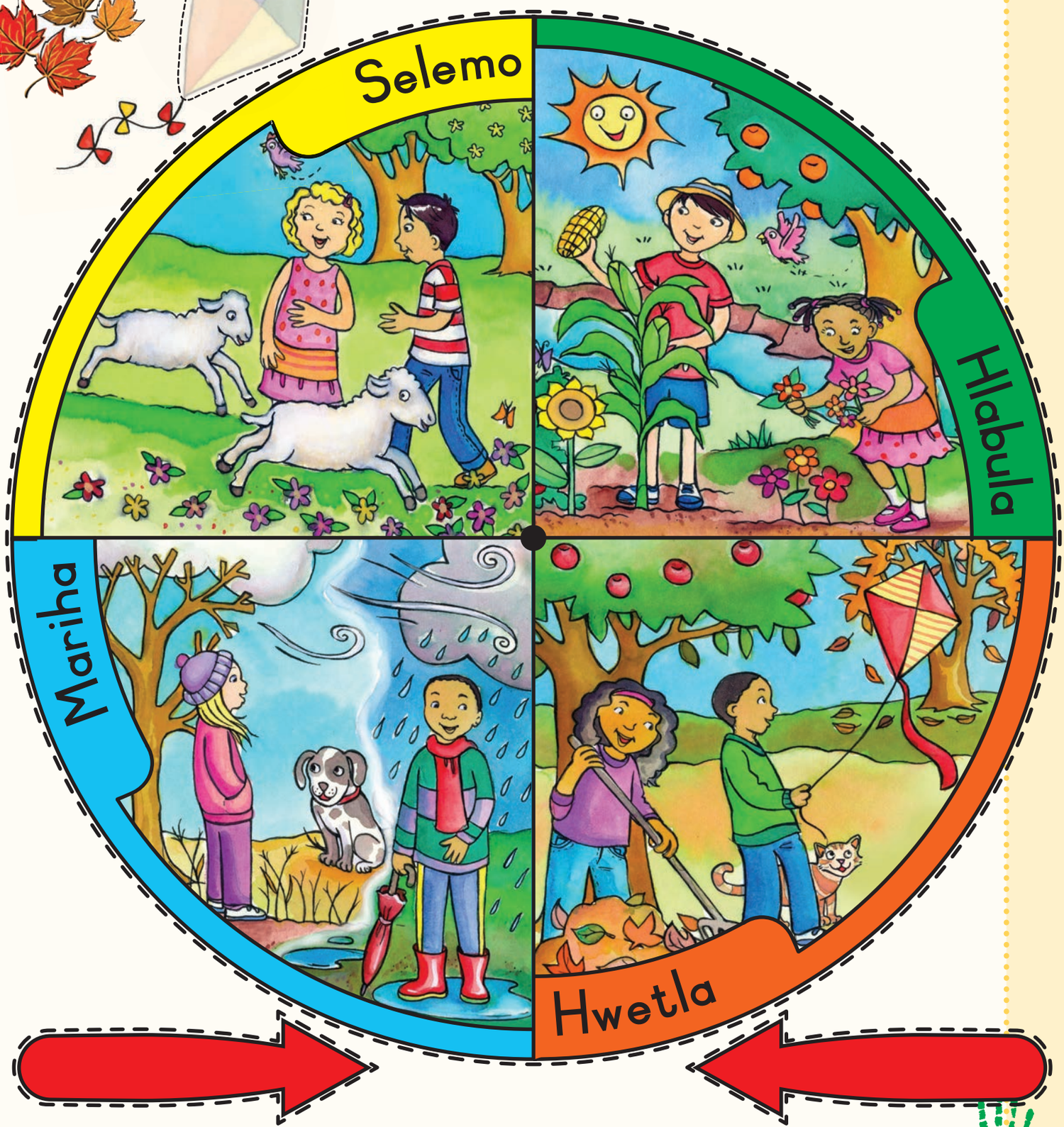


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5.8

Ha re ngoleng

Seha tjhate mme o kgomaretse lenaka.Bolella motswalle wa hao seo o se ratang ka sehla se seng le se seng sa selemo.



Titjhere: Saena _____ Letsatsi _____

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5.9

Ha re etseng

Seha tjhate mme o kgomaretse lenaka.
Jwale e fetole ho bontsha dinako tse fapaneng tsa letsatsi. Bolella motswalle wa hao hore o etsa eng ka nako eo.



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5.10

Manamisa ditikara sebakeng se nepahetseng.

Ha re ngoleng

Khalara setshwantsho mme o bolele hore ke nako ef'e ya selemo



Lebitso la ka:

Titjhere: Saena _____ Letsatsi _____

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Tse sehilweng



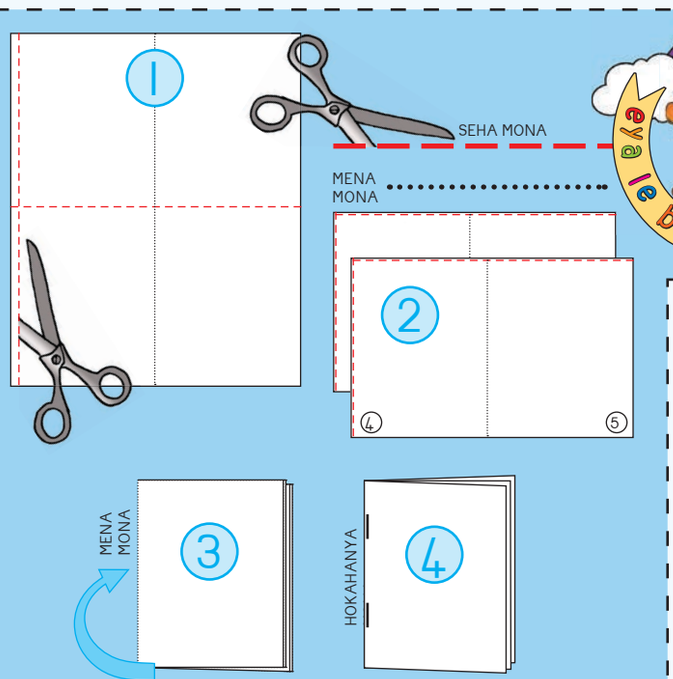
Ditshwantsho tsa dimmabole:
Seha dikarete meleng ya matheba a matsho mme o bapise dipalo le ditshwantsho tse nepahetseng.

Phazele:
Sebedisa bokamorao ba ditshwantsho tsa mataese mme o bope phazele. E thusa ho bopa lebota le ka morao pele.



Ho bapisa dikarete:
Seha dikarete moleng wa matheba a matsho mme o bapise dikarete le diboloko tse leqepheng la 14.

Papadi ya boikgopotso:
Seha dikarete meleng e metsho ya matheba. Tjhofa dikarete mme o di behe tafoleng di shebile fatshe. Jwale phetla dikarete tse pedi ka nako e le nngwe. Haeba di tshwana o ka di behella ka thoko. Shebang hore ke mang ya ka qetang pele ho bokella dikarete. Jwale sebedisa dikarete tsa hao tsa boikgopotso mme le bapale le metswalle wa hao.



Ho bala dibuka:
Latela ditaelo mme o etse buka e tshwanang le ena e sehuweng. E nkele hae mme o e balle metswalle ya hao le ba lelapa.

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TSE SEHILWENG



Ha re etseng

Seha leqephe moo ho nang le mola wa matheba mme o manamise leqephe khafareng e ka morao ho etsa phokhotho.Boloka tseo o di sehileng ka mona hore di se ke tsa lahleha.

MANAMISA MONA

MANAMISA MONA

MANAMISA MONA

MANAMISA MONA