



Letincwadzi tekusebentela tikhicitelwe bantfwana baseNingizimu Afrika ngekuholwa yiNdvuna yeTemfundvo yeSisekelo. Nkhskt Angie Motshetka akanye neLiphini lakhe uMnu Enver Surty.

LeTincwadzi Tekusebentela takaRainbow tiyincenye yemitamo yaleLitiko leTemfundvo yeSisekelo yekutfutfukisa bafundzi baseNingizimu Afrika emabangeni ekucala lasitfupha ekufundza. Njengalomunye wemigomo lehamba embili eLuhlelweni IweKusebenta IwaHulumende, lomsebenti ukhokhelwe ngesihle Silulu seTimali saVelonkhe. Ngenca yalokusekelwa ngetimali, leLitiko leTemfundvo liphumelele kwakha letincwadzi ngato tonkhe letilwimi letisemtsetfweni kulelive.

Siyetsema kutsi bothishela batatitfola tilusito kakhulu letincwadzi tekusebentela basafundzisa malanga onkhe kute bafundzi bakhone kucedza luhlelo lwabo lwekufundza. Setame, ngekucophelela lokukhulu, kusita thishela kuleyo naleyo ncenye yemsebenti, ngekusebentisa timphawu letitifombe kukhombisa umfundzi loko lokumele akwente.

Siyetsema bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhula nekufundza, nekutsi bothishela batawutfokota kanye nabo.

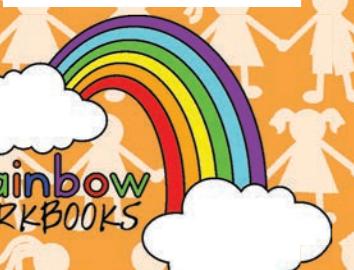
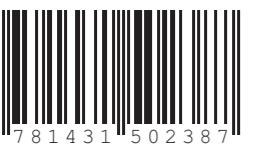
Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.

Nkhskt. Angie Motshetka,
iNdvuna yeMfundvo
yeSisekelo



UMnu Enver Surty,
Liphini leNdvuna
yeMfundvo yeSisekelo

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LIFE SKILLS IN SISWATI
GRADE 1 – BOOK 1
TERMS 1 & 2

ISBN 978-1-4315-0238-7

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futsi kwahleenjiswa
ngekwema-CAPS

Libanga



Emakhono eMphilo SISWATI

Incwadzi 1
Emathemu 1 & 2



Tincwadzi letitfolakala kulelimfomfo:

- Kufundza/Luwimi Lwasekhaya Emabanga 1 – 6
(Ngato tonkhe tilwimi letisemtsetfweni)
- Tibalo Emabanga 1 – 3
(Ngato tonkhe tilwimi letisemtsetfweni)
- Tibalo Emabanga 4 – 9
(NgesiNgisi nesiBhunu)
- Emakhono eMphilo Emabanga 1 – 3
(Ngato tonkhe tilwimi letisemtsetfweni)

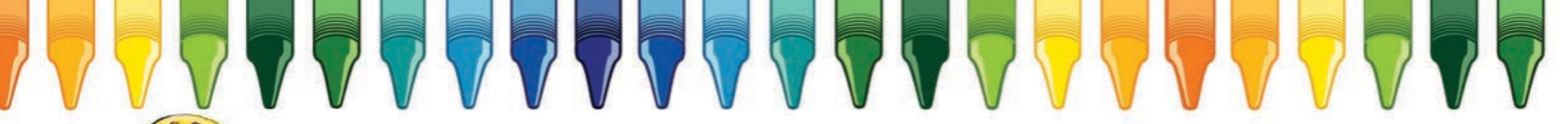
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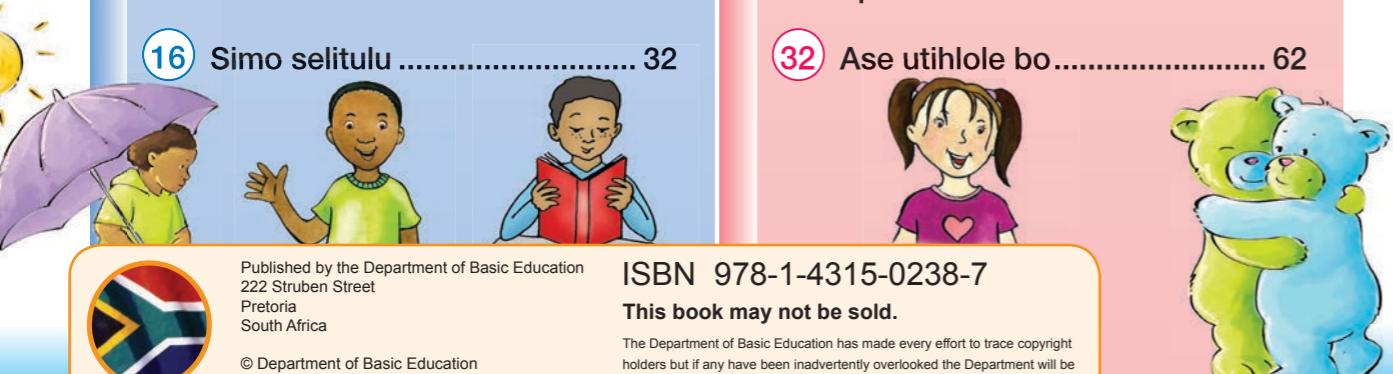
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Liholide Lesive leNingizimu Afrika:

Lusuku Lolumcoka Lwesikhumbuto sebuJuda:

Lusuku Lolumcoka Lwesikhumbuto sebuMozilemu:

Lusuku Lolumcoka Lwesikhumbuto sebuBhahayi:

Tinsuku Temhlabawonke takaMhlabuhlangene:



Libanga

1

Emakhono eMphilo
SISWATI
Incwadzi I



Lencwadzi ya:



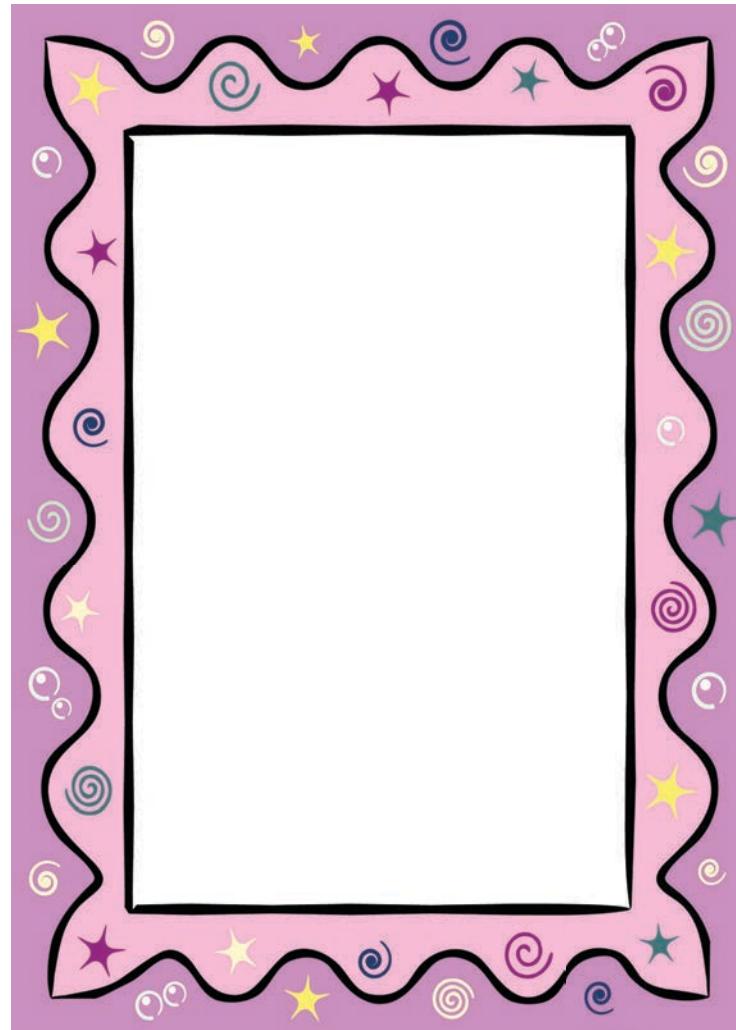
Sikhuluma ngami

Ithemu I – Liviki I – Lishadi lekusebentela



Asente loku

Nameka sitfombe sakho noma
utidvwebe lapha.



Likheli lakitsi litsi:

Ngiyalwati kutsi lunini lusuku
Iwami Iwekutalwa.

yebo

angati
kahle

cha

Lusuku:



Ligama lami ngu



Sibongo ngiwaka

Ngineminyaka le _____
budzala.

Emalunga emndeni wakitsi

Lucingo lwasekhaya lutsi:





Asidvwebe



Jabu usihlabani ebholeni.

Dvweba loko losihlabani kuko.



Cocela bangani bakho ngaloko losihlabani kuko.

Chubeka, ufake umbala enkhanyetini ebhokisini
lelingilo kukhombisa kutsi ukhona kwenta ini.



Asikhulume



Ngiyakhona kufundza.



Ngiyakhona kutigcokisa.



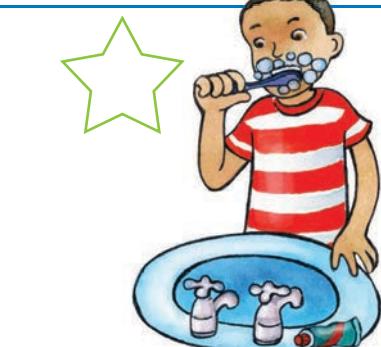
Ngiyakhona kubhala
ligama lami.



Ngiyakhona kudansa.



Ngiyakhona kwenta litiya.



Ngiyakhona kuucubha
ematinyo ami.



Imibala nekudansa

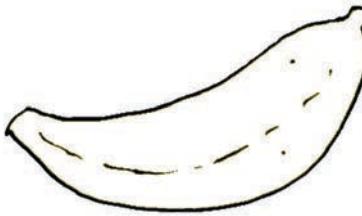
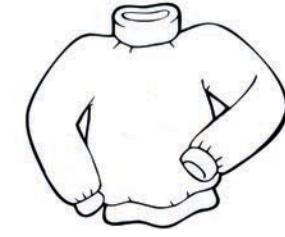
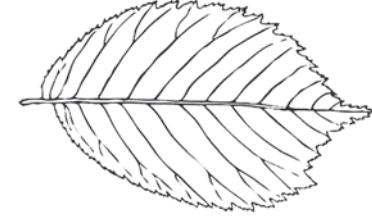


Asente loku

Uyayati lemibala? Tjela umngani wakho emagama alemibala.



Nyalo-ke faka umbala lofanele esitfombeni ngasinye.

 <p>Bhanana lomtfubi</p>	 <p>Lihhabhula lelibovu</p>	 <p>Leluhlata sasibhakabhaka Asinyakate</p>
 <p>Sambulelo semibalabala</p>	 <p>Liwolintji leliliphuti</p>	 <p>Licembe leliluhlata</p>



Asinyakate

Embi kwekutsi wente noma ngukuphi kushukuma kwemtimba umshukumo wemtimba ngaphandle, cale utelule njengelikati. Loku kutakwenta kuba

lula kutsi umtimba wakho unyakate. Phindza utenwebe emva kwekushukuma kuphotisa umtimba uthulele.

Loku kutakusita kutsi ungahlaselwa buhlungu bemisipha. Nyalo-ke yenta loku lokwentiwa ngulabantfwana.



Hlabela ingoma "Inhloko nemahlombe" usenta loku:

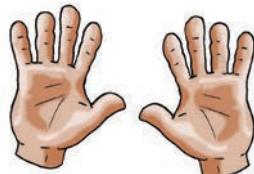
- yenta shengatsi udlala sigubhu.
- yenta shengatsi ushaya lugatali.





Asitijabulise

Shaya tandla takho
ngalendlela.



Shaya Shaya Shaya Shaya



Shaya

Shaya

Shaya



Shaya Shaya Shaya Shaya

Shaya Shaya Shaya Shaya



Asente loku

Ungakwenta loku? Khombisa bangani bakho.

Ngiyakhona kugijima ngiye etindzaweni letehlukene ngingashayisani namuntfu.			
Ngiyakhona kuzuba ngishaye incatfu.			
Ngiyakhona kugicitela kumngani wami ibhola lenkhulu.			



Sikhetsekile



Asikhulume

Buka lesitfombe bese ucocela umngani wakho ngemehluko lokhona emkhatsini walabantfwana.



Lokukhulu nalokuncane

Labanye betfu bakhulu, labanye bancane.

Labanye betfu badze, labanye bafisha.

Labanye betfu bangazuba, labanye bangahlabela.

Sonkhe kukhona lesingakwenta kahle.

Wena yini lokhona kuyenta kahle?



Asikhulume

Cocela bangani bakho kutsi wativa njani ngelilanga lakkho lekucala esikolweni.



ujabulile	udvumele	utsakasile	utfukutsele	unemahloni



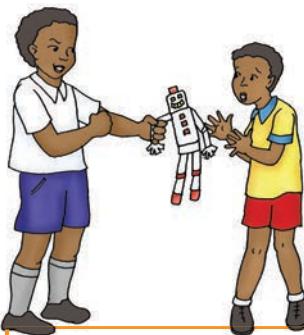
Asidvwebe

Dwewba sitfombe kukhombisa kutsi **ungativa njani** uma kukhona lokupha lithoyisi lelisha? Bhala ligama lemuvo **esikhali** lesingentasi.



Asikhulume

Cocela umngani wakho kutsi kwentekani kulesitfombe. Shano kutsi ungativa njani uma loku bekungenteka kuwe? Faka luphawu (✓) ebusweni lobufanele.



Sikhwahla semfana
lomkhulu sikhwemuka
tintfo takho, ungativa.

ujabula	utsakasa	udvumala

Uma wena nemngani
wakho nidllala
ndzawonye, ungativa:

utfukutsele	ujabulile	wesaba



Uma uvula sipho,
ungativa:

wetfukile	utsakasile	unemahloni

Umnakenu kumbe dzadzewenu
wephula lithoyisi lakho
lolitsandza kakhulu, ungativa:

unemahloni	ujabulile	utfukutsele



Asente loku

Takhele sakakho sitfombe semigca yeminwe ebhokisini lekucala,
bese ucela lenifundza naye ekilasini kutsi yena akhe seminwe
yakhe ebhokisini lelilandzelako.

Bewati nje kutsi kute namunye umuntfu
emhlabeni lonemidvwa-minwe lefanana
neyakho? Ukhetsekile, munye vo umuntfu
longuwe lapha emhlabeni. Ngisho nemaphahla
lombala, ate imidvwa-minwe lefananako.

--	--

Uyabona nje kutsi
imidvwa-minwe kayifanani?



Sehlukene sonkhe



Ase ubuke labantfwana.
Bafana ngani?
Behlukene ngani?



Asente loku

Buka lesitfombe bese uyasho kutsi ngabe lemisho lena **iliciniso** yini
noma **ngemanga**.

Faka umbala loluhlata emishweni leliciniso.

**Faka umbala lobovu emishweni
lengasilo liciniso.**



Bonkhe banemikhono lemi-2
kanye nemilente lemi-2.

Bonkhe bangemantfombatana.



Bonkhe bagcoke ticatfulo.



Bonkhe bagcoke emabhuluko.

Bonkhe babantfwana.



Bonkhe banetinwele letindze.



Asidvwebe

Dvweba sitfombe sakho esikhaleni sekucala. Chubeka udvwebe sitfombe semngani wakho lomkhulu. Nase ukwentile loku, bukisia lomdvwebo bese uyasho kutsi wena wehluke ngani kumngani wakho.

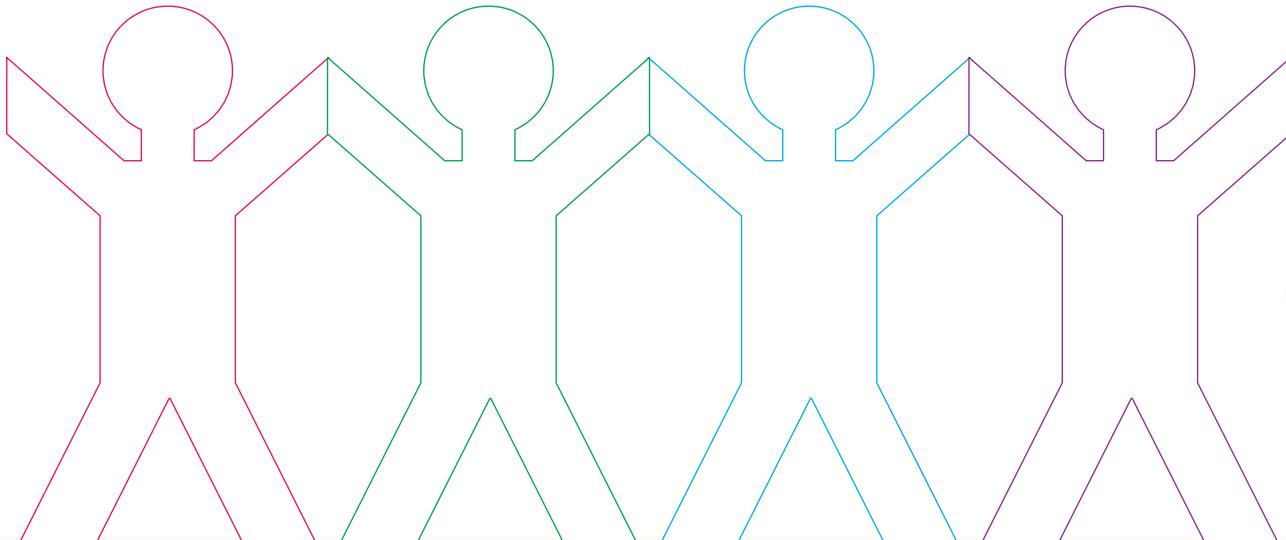


Mine	Umngani wami



Asente loku

Faka umbala kuloluchunge lwebangani
kukhombisa kutsi wonkhe umuntfu wehlukile.
Nase ukwentile loku sewungasika kahle futsi
uhlobise luchunge lwakho lwebungani esikhaleni
salokusikiwe ngemuva kulencwadzi.



Teacher:
Sign:
Date:

Ngiyahlabelela

Ithemu I – Liviki 3 – Lishadi lekusebentela



Asente loku

Ungakahlabeli, tishukumise kanjena:
Dvonsa umoya kakhulu ubese uyawukhipha
kancane-kancane. Yenta shengatsi ucima emakhandlela
elikhekhe lekutalwa. Yenta shengatsi uva emakhata,
bese utsi "Brrrrrrrrrrrrrr".



Sihlanu setingobiyane letincane

Sihlanu setingobiyane letincane,
tizubazuba embhedzeni.

Yinye yawa, gunklu inhlokwana.

Make watsintsa dokotela, dokotela watsi,

"Akuphele kutsi nya, kuzubazuba embhedzeni!"

Tine tingobiyane letincane, tizubazuba embhedzeni.

Yinye yawa, gunklu inhlokwana.

Make watsintsa dokotela, dokotela watsi,

"Akuphele kutsi nya, kuzubazuba embhedzeni!"

Tintsatfu tingobiyane letincane,
tizubazuba embhedzeni.

Yinye yawa, gunklu inhlokwana.

Make watsintsa dokotela, dokotela watsi,

"Akuphele kutsi nya, kuzubazuba embhedzeni!"

Timbili tingobiyane letincane, tizubazuba embhedzeni.

Yinye yawa, gunklu inhlokwana.

Make watsintsa dokotela, dokotela watsi,

"Akuphele kutsi nya, kuzubazuba embhedzeni!"

Yinye ingobiyane lencane izubazuba embhedzeni.

Yavele yawa, gunklu inhlokwana.

Make watsintsa dokotela, dokotela watsi,

"Akuphele kutsi nya,
kuzubazuba embhedzeni!"



Asidvwebe

Dvweba buso bakho.

Khombisa emehlo, tindlebe, imphumulo, umlomo netinwele takho.

Cocela bangani bakho kutsi wena ubukeka njani.



Asinyakate

Yentani titsiyo

Ngaphandle kweliklasi
tibe njengaleti. Thishela
wenu utanisita.

Gacuma kusuka

esitulweni sinye kuye
kulesilandzelako.

Khasa ngaphansi
kwematafula.



Teacher:
Sign:
Date:

Ngiyatigcabha ngesikolo sami



Asente loku

Sikolo sami

Dvweba sitfombe sakho
ugcoke tembatfo tesikolo.
Chubeka ugcwalise
timphendvulo letishiyiwe.



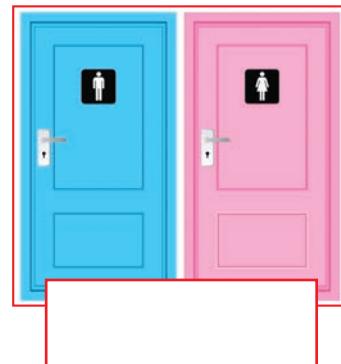
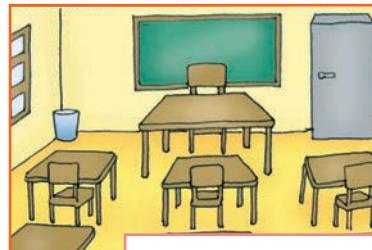
Ligama lathishela wami ngu

Umphatsisikolo ngu



Asibhale

Bukisia letitfombe.
Chubeka usike emagama
lefanele sitfombe ngasinye
bese uwanamatsisel
edvute naleso sitfombe.



libala lekudlala

Liklasi

lihhovisi

mabhalane

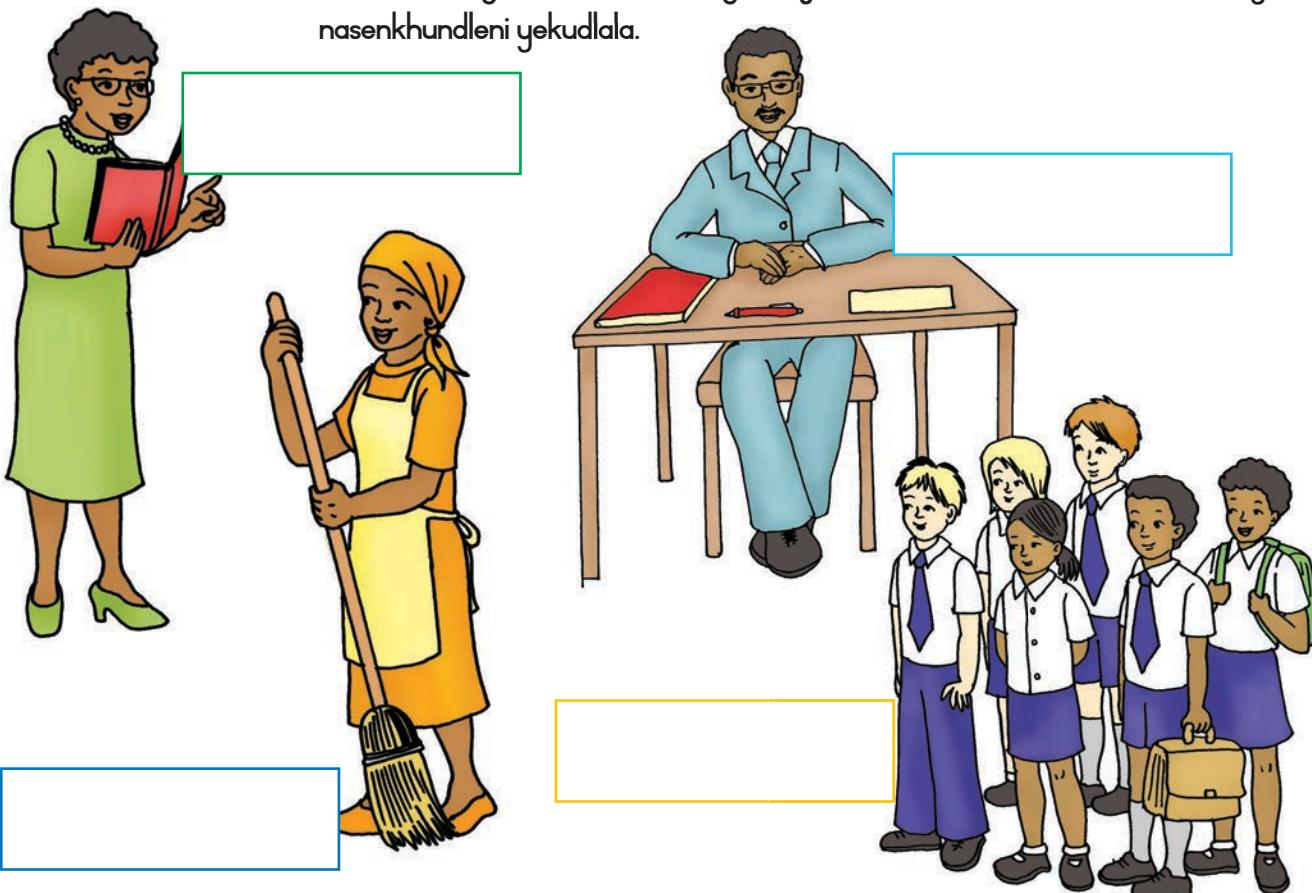
umthoyi





Asibhale

Bobani labantfu labehlukene esikolweni? Bukisia lesitfombe bese ucoca ngekutsi babobani nekutsi bentani. Chubeka usike ligama lelifanele entasi emaphetselweni alelikhasi bese ulinamatsisela eceleni kwesitfombe lesifanele. Chazela umngani wakho kutsi angfika njani ehhovisi lathishelanhloko, emthoyi nasenkhundleni yekudlala.



Asitijabulise

Libhokisi lemapeniseli aJohani liwile. Bala kutsi mangakhi emakhirayoni lanawo, bese ubhala inombolo ebhokisini. Besek, ephepheni lelisha, udvwebe sitfombe ngemibala legcamile lekhangako, kukhombisa kutsi wena nemngani wakho nidlala njani ninobabili. Dvweba umgega-sitfombe ugegelete umdvwebo wakho.



bantfwana

lokolobhako

thishela

umphatsisikolo



Tindzawo letehlukene



Asente loku

Khombisa umngani wakho kutsi wena ungakhona ku ...

bhaca ngaphansi
kwanobe yini.



Bhaca emva kwanobe yini.



Ngibhace ngephansi
kwelitafula.



Mani edvute kwanobe yini.



Mani etu kwanobe yini.



Asinyakate

Sebentisa ibhola noma sikhwama-bhontjisi lesikhulu sekuhlala. Kujike etulu ukugendze. Nyalo-ke simamisa kahle lesikhwama-bhontjisi enhloko yakho uhambahambe kancane. Nyalo-ke simamisa lesikhwama-bhontjisi enhloko yakho usahamba emkhondweni wemushi wekukhanya nobe wemugca nje esiyilweni.

Ngiyakhona kujika.



Ngiyakhona kugendza.



Ngiyakhona kusimamisa
sikhwama-bhontjisi enhloko yami.





Asinyakate

Gidzisa tinyawo takho ulandzele loluhlelo.

Snc = Sancele



Skdl = Sekudla



Snc Skdl Snc Skdl Snc



Skdl Snc Skdl Skdl Snc Skdl Snc Skdl



Snc Snc Skdl Snc Snc Skdl Snc Skdl

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Date:

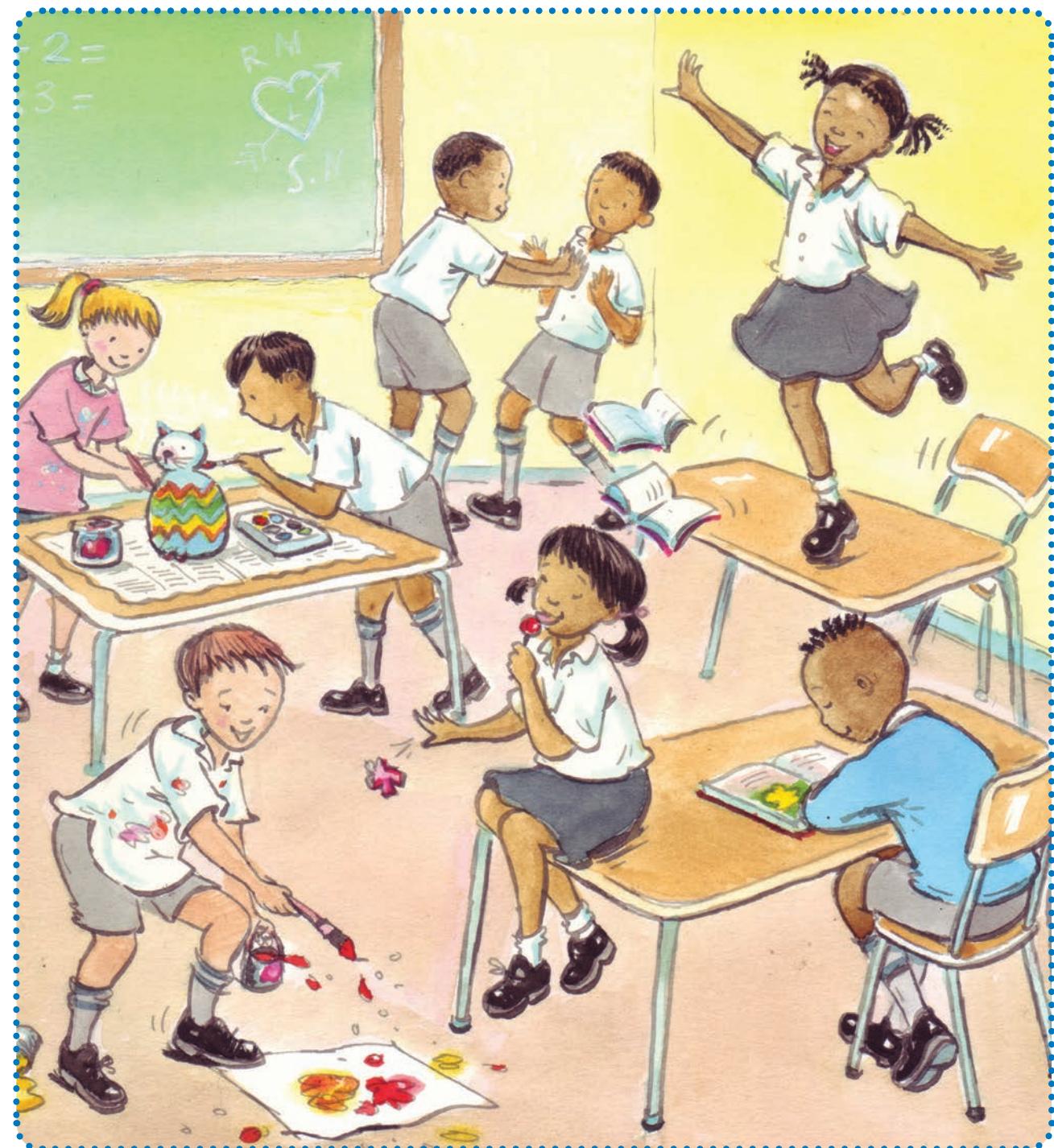
Liklasi lami



Asikhulume

Bukisia lesitfombe bese ukhuluma ngalokubonako.

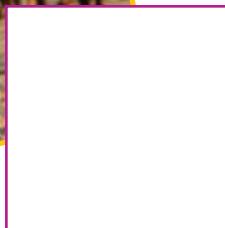
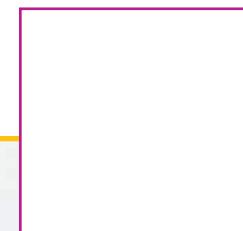
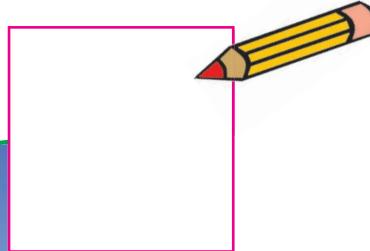
Kuleliklasi, tintfo letimbi naletinhle tiyenteka. Ubona yiphi indlela lenhle yekutiphatsa? Ubona yiphi indlela lembi yekutiphatsa?





Asikhulume

Faka ✓ eceleni kwekutiphatsa kahle bese ufaka siphambano ✗
eceleni kwato tonkhe tindlela tekutiphatsa kabi letingenteka
esikolweni.

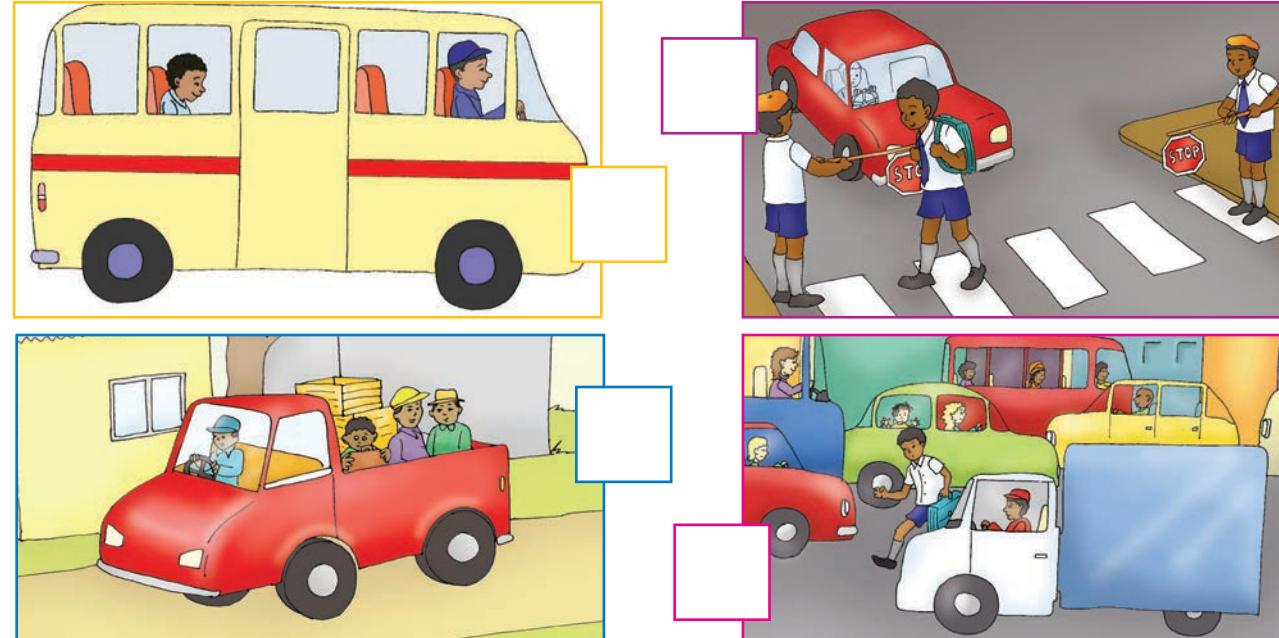


Teacher:	Sign:
Date:	(Handwriting practice area)

9 Sifika njani esikolweni

Ufika njani esikolweni emalanga onkhe? Uphephile? Uyatati tindlela letingakapheli? Coca nemngani wakho ngekutsi bantfwana bayo njani esikolweni. Faka lumphawu ✓ kuleto tindlela letiphephile kuya esikolweni. Faka ✗ kuleto letingakapheli.

Ithemu 1 – Liviki 5 – Lishadi lekusibentela



Ufika njani esikolweni ekuseni?



Nyalo-ke bita-5 sebangani bakho kutsi
befika njani esikolweni emalanga onkhe
Faka lumphawu (✓) kulelishadi.



Emagama ebangani

	1	2	3	4	5
ngelunyawo					
ngebhasi					
ngemoto/ngebhakhi					



Asinyakate

Ngingagijima gwinji gwenje.

Yebo Cha

Nagiqijima, ngiyakhona kugucula
umkhondvo lapho thishela wami angitjela kutsi ngente loko.



Asente loku

Dvweba sitfombe kukhombisa kutsi uta kanjani esikolweni.



Asinyakate

Lalela lengoma thishela wenu latanidlalela yona.

Shukumisa umtimba wakho ulandzele sigci sengoma.

Goba emadvolo akho uchubeke welule imilente yakho.

Gungubalisa emahlombe ehle enyuke.

Shwila emacakala akho aye ngesencele abuye
aye ngesekudla.



Asinyakate

Wena nemngani wakho kufute nijikelane nibuye nigendze ibhola.
Sebentisa umkhono wakho lobutsakatsaka kujika ibhola ibuyele emuva.

Ngikhonile yini kujika ibhola ngesandla sami
lesibutsakatsaka?



Asinyakate

Yenta kuhamba njengelibhala
nemlingani wakho lomunye
eklasini.



Ngitigcina ngihlobile

Ithemu I – Liviki b – Lishadi lekusebentela



Kumcoka kufundza imikhuba lemhile kusukela ebuncaneni.
Nati letinye tintfo lokufute utente kuhlala uhlobile futsi uphilile.
Khuluma ngesitfombe ngasinye.



cubhe ematinyo ami.



geze tandla tami emva
kwekusebentisa umthoyi.



geze kanyentana.



gcine tingalo tami tihlobile.



sebentise umthoyi.



geze sitselo ngingakasidli.



sebentise ithishu nangitsimula
noma ngifinya.





Asibhale

Ngutiphi kuletintfo lotidzingako kutigcina uhlobile? Faka umbala kuletinkhanyeti kukhombisa kutsi ngutiphi tintfo lotisebentisako kuhlala uhlobile. Phindza usho kutsi uyisebentisa njani intfo ngayinje kutigcina uhlobile.



Faka lumphawu ✓ nawukhona kwenta loku lokulandzelako:	yebo	cha
Ngiyakhona kucanca liladi endzaweni esakhiweni sekudlala.		
Ngiyakhona kunkonkoshela ngeminwe ngiye embili.		
Ngiyakhona kukhosa ngiphumele ngale kwesakhiwo sekudlala.		





Imikhuba lemihle

Ithemu I – Liviki b – Lishadi lekusebentela

Asifundze

Leminye imikhuba
lemihle yekusebentisa
kahle umthoyi.

Khumbula



Nawungcolisile emthoyi,
khumbula kuwugeza uhlobe.



Khumbula kufulasha umthoyi.



Njalo nje vala sivalo semthoyi
nawusebentisa umthoyi.



Musa kusebentisa liphepha
lemthoyi lelinyenti kakhulu.



Njalo-nje geza tandla takho emva
kwekusebentisa umthoyi.



Asibhale

Kipilitela emagama langiwo lasitjela kutsi sidzinga kutenta emahlandla lamangakhi letintfo letilandzelako.

Kugeza tinwele takho.



onkhe emalanga

ekuseni nakusihlwa

kabili ngeliviki

kanye ngeliviki

Kucubha ematinyo akho.



onkhe emalanga

ekuseni nakusihlwa

kabili ngeliviki

kanye ngeliviki

Kugeza umtimba wakho.



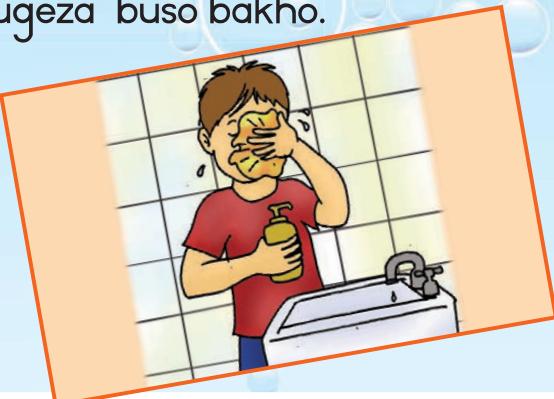
onkhe emalanga

ekuseni nakusihlwa

kabili ngeliviki

kanye ngeliviki

Kugeza buso bakho.



onkhe emalanga

ekuseni nakusihlwa

kabili ngeliviki

kanye ngeliviki

Teacher:	Sign:
Date:	(Signature)

Umtimba wami

Ithemu I – Liviki b – Lishadi lekusebentela



Dlalani "Simoni utsi" nathishela wenu.

Tfola indzawo yakakho wetame kuhamba ungashayisi labanye.

Simoni utsi "**tsintsa inhloko yakho.**"



Asinyakate

Ase sikhombise

Khombisa umngani wakho
kutsi ukwenta njani loku:



Kugeza tandla takho.



Kwesula tandla takho.



Kukama tinwele takho.



Kucubha ematinyo akho.



Kugeza buso bakho.





Asinyakate

Khombisa lesilandzelo ngemnyakato.

Ngiyakhona kushaya tandla tami

ngigidze ngetinyawo tami

**Ngiyakhona kuvuma
ngenhloko yami**

ngijikitise imikhono yami

**Ngiyakhona kushwilana
ngetintwane tami**

ngitsintse imphumulo yami.



Imikhuba lenemphilo

Ithemu 1 – Liviki 7 – Lishadi leku se benta la



Asifundze

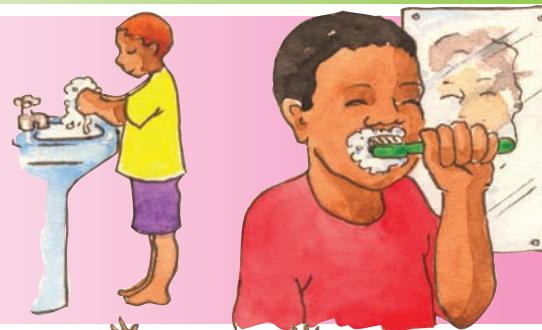
Sidzingani kuhlala siphilile!

**Luhlelo-kudla
lolunemphilo**



**Kushukuma
kwemtimba
lokwenele**

**Kutigcina
sihlobile**



**Kuba ngephandle
emoyeni lohlobile**

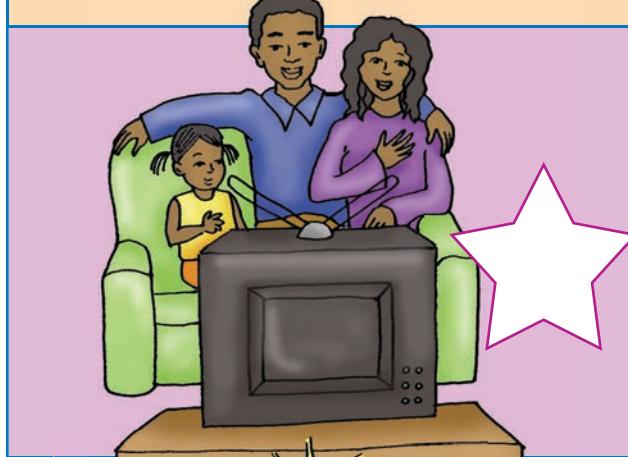
**Kulala ngalokwenele
singabukeli mabonakudze
ngalokwecile!**





Asibhale

Faka lumphawu ✓ emikhutjeni lenemphilo ubhale ✗ emikhutjeni lete imphilo.



Teacher:
Sign:
Date:

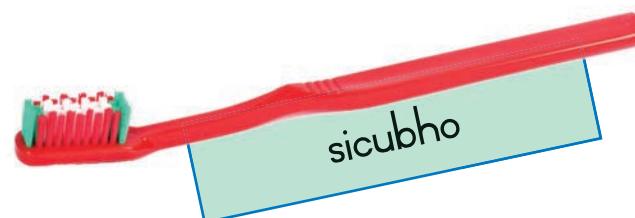
Kuhloba nebunaka

Ithemu I – Liviki 7 – Lishadi lekusebentela



Asente loku

Khombisa kutsi utisebentisa
njani letintfo.



sicubho



insipho



emaftusa etandla



inhlama yekucubha



ishampu



likamo



libhulashi



libhulashi letingalo



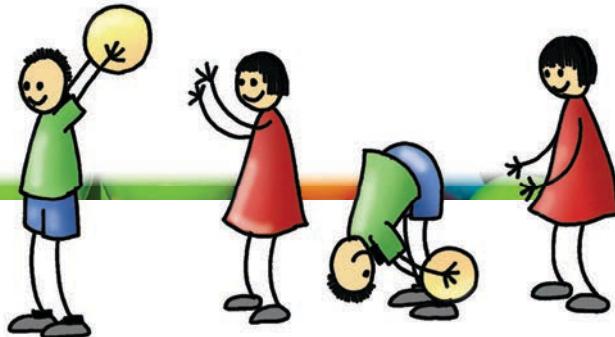
kwekujuba tingalo



Asinyakate

Bambanani ngetandla kwakha indilinga lenkhulu.

Nyalo-ke jikelanani ibhola lomunye kulomunye kulendilinga.
 Chubekani nengete lenye ibhola nayo nijikelane ngayo futsi.
 Chubekani nengete lenye futsi ibhola netame kujikelana lawo
 mabhola lamatsatfu (3).



Asikhulume

Yiniletse hlikilili kulendlu?

Yini lokufute uyente kute indlu ihlobe?

Bentani labantfwana? Yini lokufute bayente?



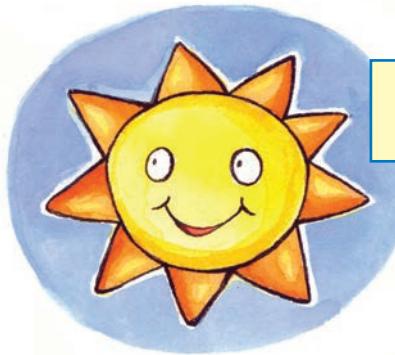
Teacher:
Sign:
Date:

Simo selitulu

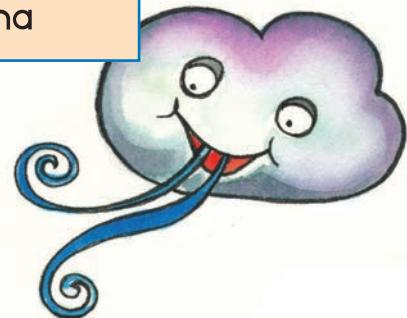


Ase ubuke letinhlobo letehlukene tesimo selitulu bese ucocela umngani wakho kutsi utsanza luphi luhlobo kakhulu kuto tonkhe.

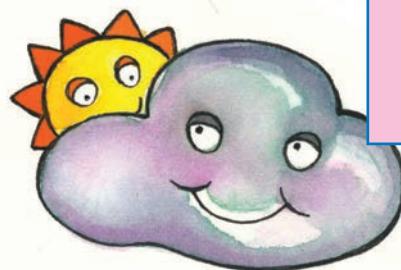
liyahhusha



libalele



liyana



lisibekele futsi
liyabandza



Kuletinye tincenye telive letfu, kulesinye sikhatsi kuyabandza kangangoba kukhitsika lichwa lambayiyane. Kulokunye simo selitulu siba netimvula.

Umoya lonemandla, kutsiwa sishingishane.



Asente loku

Tidwebe sitfombe sakho usemvuleneni noma echweni.

Tidwebe sitfombe sakho ephepheni lelikhulukati, usebentisa emakilayoni lamakhulu.

Didiyela umphendvuli-mbala lolinganane emantini upende likhasi lonkhe.

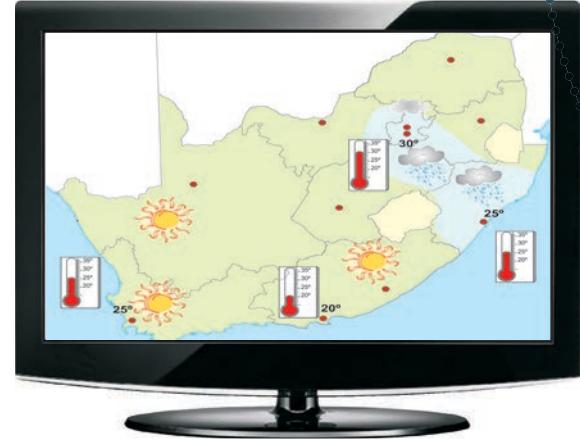
Fafata pendi lomhlophe esitfombeni sonkhe.



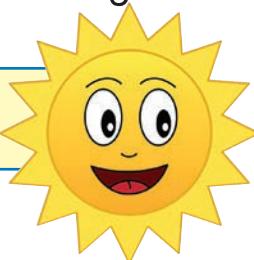


Asifundze

Sisebentisa lishadi lesimo selitulu kukhombisa kutsi simo selitulu sinjani. Sisebentisa timphawu kukhomba tinhlobo letehlukene tesimo selitulu. Nati letinye taletimphawu.



libalele



liyana



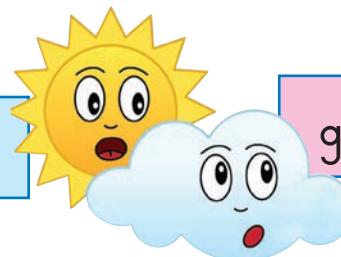
lisibekele



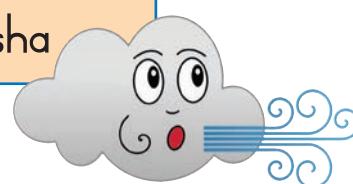
mbayiyane



gcwa-gcwa emafu



liyahhusha



Cocela umngani wakho kutsi ugcoka tembatfo tini esimeni selitulu ngasinye.



Asente loku

Dvweba timphawu tesimo selitulu kucedzela lishadi lakho lesimo selitulu saleliviki.

uMsombuluko

Lesibili

Lesitsatfu

Lesine

Lesihlanu



Asibhale

Besinjani simo selitulu kuleliviki?
Gewalisu emagama lashiyiwe.

Lamuhla li

Itolo beli

Ngiyetsema kusasa litakube li

Teacher: _____
Sign: _____
Date: _____

Simo selitulu



Asente loku

Lingisela ngeminyakato timo letehlukene telitulu.



Yendlala imikhono yakho ivuleke kakhulu
ngetulu kwenhloko yakho wente shengatsi
ilifu lelikhulukati.



Unesambulelo sekukuvikela elangeni.



Nyakatisa imikhono njengemoya lohhushako.



Bamba sambulelo sakho sicine kusivikela
singapheshulwa ngumoya lomkhulu.



Lusuku:

Tsani chapha-chapha
njengematfonsi
envula anela etu
kweluphahla lwendlu.

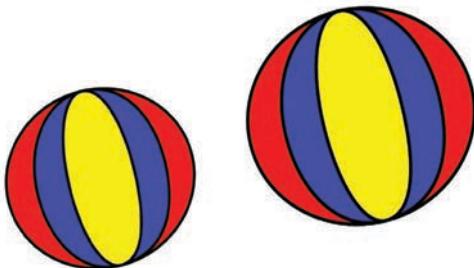




Asinyakate

Bambanani ngetandla kwakha indilinga lenkhulu.

Jikelanani nibuye nigendze ibhola.



Cabangani ngetindlela letehlukene tekunyakata nekuviya ningawi nanihamba etu kwentsambo. Bona kutsi wena ungacabanga yini ngendlela yekuhamba leyehlukile kubalingani bakho eklasini.



Asitijabulise

Dlalani mkoko. Dvwebani letinye tibaya netindilinga esihlabatsini.



Asinyakate

- Khombisa umngani wakho kutsi wena uzuba njani usebentisa incatfu.
- Thishela wakho utakukhombisa indlela yekudlala leminye imidlalo yedzabuko.



Umndeni wami



Asikhulume

Bewati nje kutsi iminden'i kayifani yonkhe?

Leminye iminden'i mikhulu kantsi leminye mincane. Leminye inabomake nabobabe kantsi leminye ite. Leminye iminden'i ihlala nagogo namkhulu, bomalume, bomamncane nabomzala.



Ase ubuke leti titfombe bese ucocela umngani wakho kutsi leminden'i yehluka njani munye kuleminye. Sebentisa lamagama lakusilulumagama.

make

babe

dzadze

mikhulu

umnaketfu

nana

gogo

umndeni





Asibhale

Ngubani lenihlala naye ekhaya kini?



Ngubani lenihlala naye ekhaya kini?

Ekhaya kini kunebantfu la _____ linani.

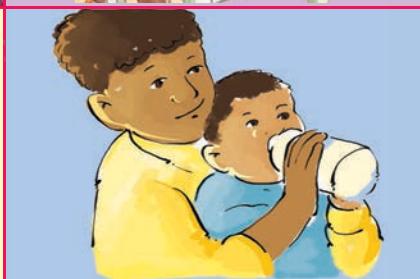
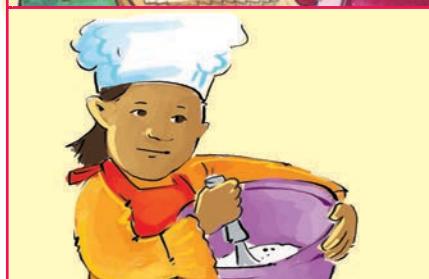
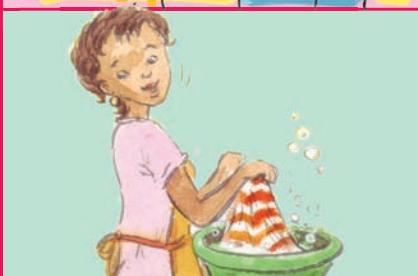
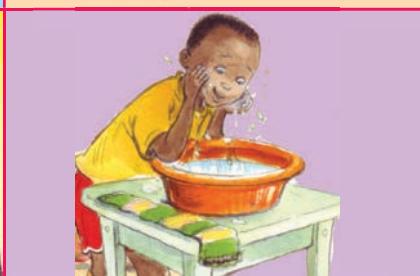
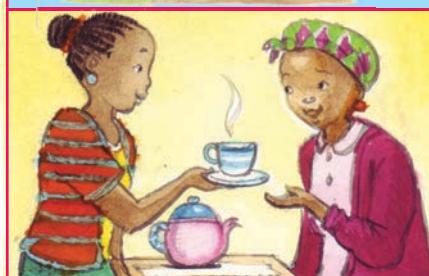
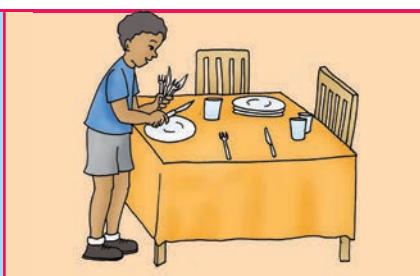
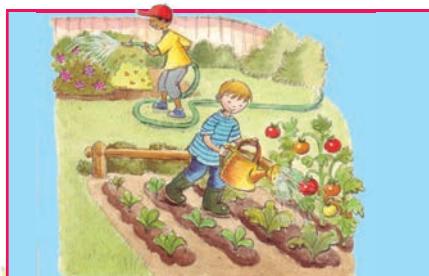
Ngubani lomncane kini nonkhe ekhaya kini? _____.

Ngubani lomdzala kini nonkhe ekhaya kini? _____.



Asikhulume

Sonkhe sinemisebenti lesiyenta emakhaya etfu. Bukisia letitfombe bese usho ligama lemuntfu lowenta lemisebenti ekhaya kini.



Bhala umusho munye ngemsebenti lowente itolo.

Teacher:
Sign:
Date:

Umndeni wami

Asitijabulise

Dvweba sitfombe sanobe yini wena nemndeni wakho lenikwenta ndzawonye.
Shano kutsi ngubani lowo muntfu. Sebentisa lamagama kukusita.

make

babe

dzadze

mkhulu

umnaketfu

nana

gogo

umndeni



Umndeni wami

Siyanakekelana



Asifundze

Emalunga emndeni kufute atsandzane futsi anakekelane. Sikhombisa kutsi siyatsandzana ngekubambana tandla nekusitana sibuye sihloniphane. Sidzinga...

- kusitana.
- kuphatsana ngenhloniphon (kakhulu kubantfu labadzala).
- kwenta imisebenti yetfu ngesikhatsi.
- kwetsembeka kulesikwentako.



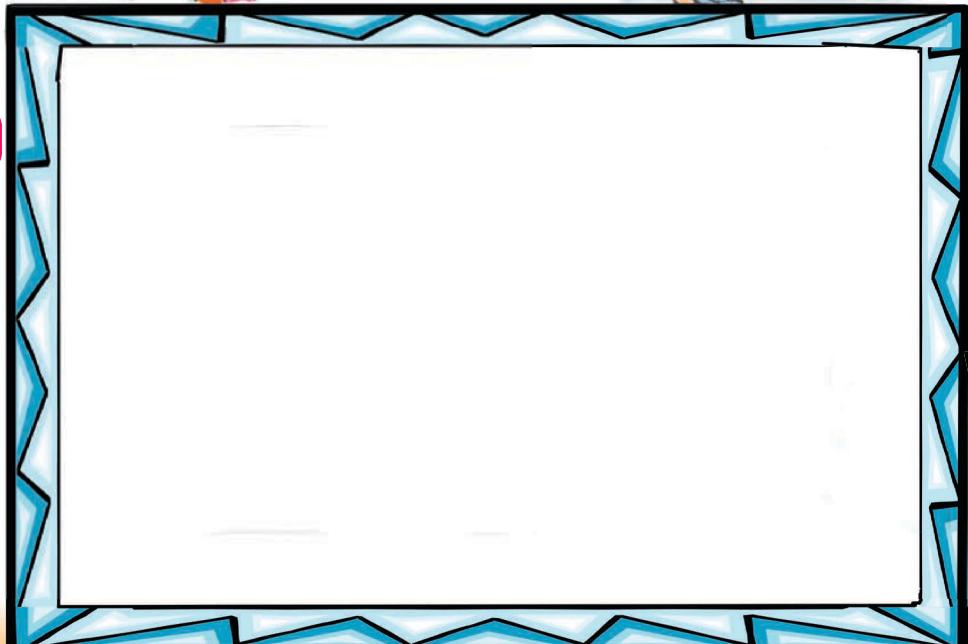
Asikhulume

Ase ubuke leti titfombe bese uyasho kutsi labantfwana bayikhombisa njani iminden yabo kutsi bayayikhatsalela. Nyalo-ke yenta silinganiso mdlalo kukhombisa kutsi kwentekani esitfombeni ngasinye.



Asente loku

Dvweba sitfombe
saloko lokwentako
kukhombisa umndeni
wakho kutsi
uyawukhatsalela.
Cocela umngani wakho
ngaloko lokudvwebile.



Teacher:
Sign:
Date:

Kukhombisa kutsi uyakhatsalela



Asikhulumbe

Khuluma ngekutsi uwabona asitana njani lama lunga eminden. Faka tinombolo kuletitfombe kusuka ku l kuya ku 4 kukhombisa kulandzelana ngendlela.



Asifundze

Imisebenti yetfu yakusihlwa.

Make upheka kudla.

Babe ugeza emabhodo.

Mine nemnaketfu sisita make nababe.

Sisita kakhulu.

Sibeka kahle lubisi nesinkhwa.

Bese silungela kuyowulala.

Ase usitekele inganekwane
yakusihlwa tsine!





Asente loku

Yenta likhadi wakhele umuntfu lokunakekelako. Dwewba sitfombe ubhale ligama lalomuntfu.



Asente loku

Ungakwenta loku lokulandzelako?

	ungayendlulisa ibhola ngekuyigcumisa phasi iye kumlingani wakho.	yebo	cha
	ungayendlulisa ibhola ngekuyijika ngesandla iye kumlingani wakho.	yebo	cha
	ungayigcumisa ibhola ngemadvolo akho.	yebo	cha
	ungayishaya ibhola iye kukhoni.	yebo	cha
	ungaveyisa ngebhola emkhatsini walabamakako.	yebo	cha
	ungayikhahlela ibhola iye nobe kuphi ubuye uyishaye.	yebo	cha



Kuphepha ekhaya nemaphetselo (1)

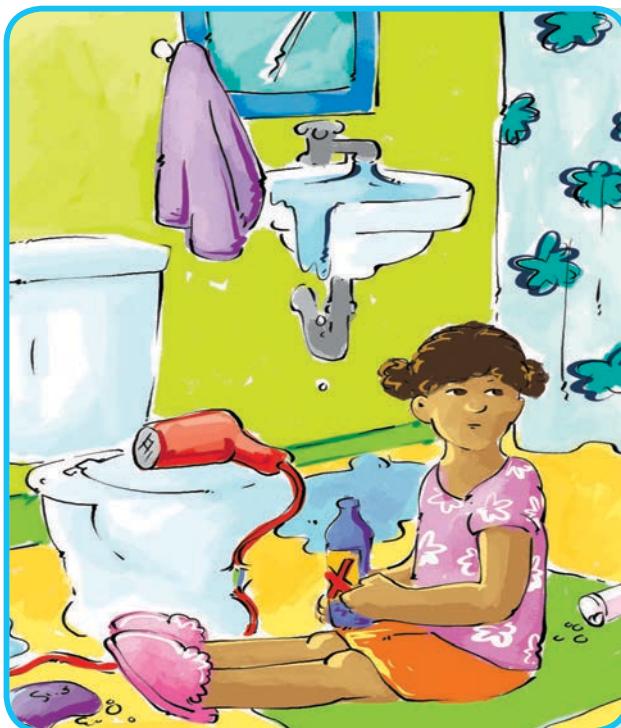
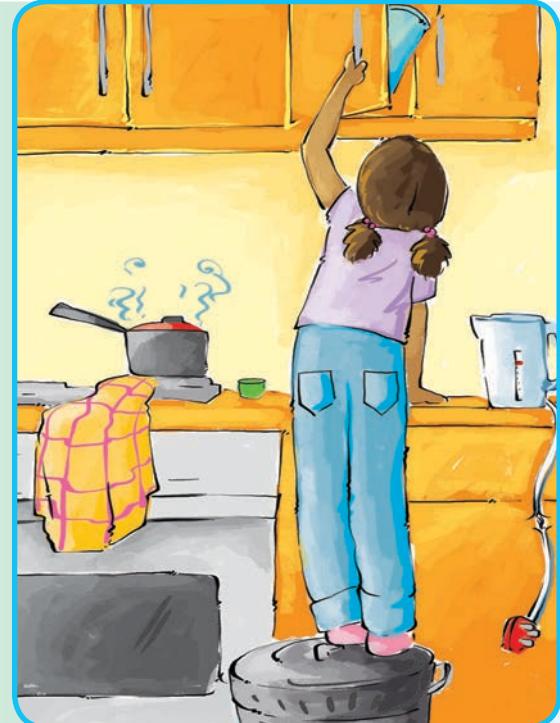


Asikhulume

Njalo-nje kufute sitivele siphephile uma sisekhaya. Kodvwa tinyenti tingoti ngekhatsi nasemaphetselweni emakhaya etfu. Ase ubuke lesitfombe, bese ukhuluma ngaletinye tetingoti nemngani wakho.

Ekhishini

- Gucula tibambo temabhodo nemapani tibheke emuva nesitofu.
- Ungashiyi imikhwa lekhaliphile noma kuphi nje.
- Khiyela bopharafini nemitsi endzaweni lephephile.
- Ungashiyi emathoyisi atse citsi saka.



Endlini yekugezelə

- Ungasebentisi tintfo letidzinga gezi madvutane nemanti.
- Musa kutishiya madvute nemanti.
- Beka tikelo naletinye tintfo leticijile naletikhaliphile khashane le ekhabetheni.
- Ungabolekisi sicubho sakho kulomunye umuntfu.

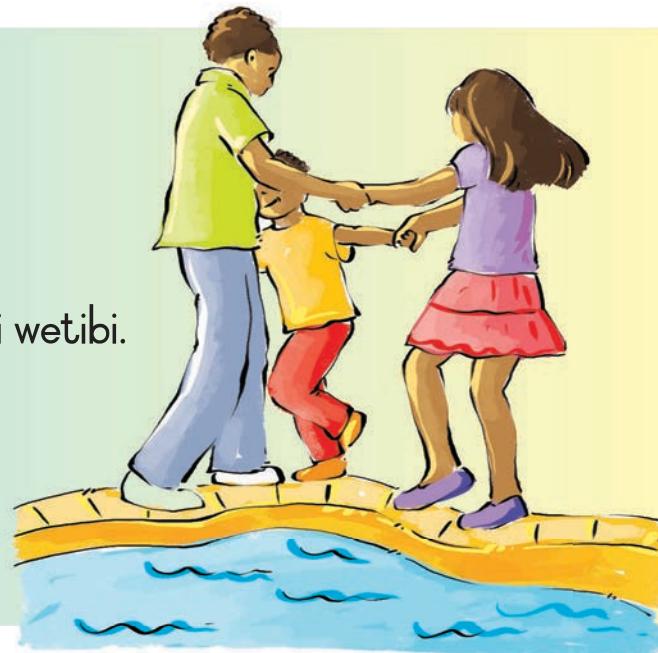


Kudvuma, kumanyata nagezi.

- Ungacali ume ngaphansi kwesihlahla nalidvuma.
- Ungase nje uke ufake lutfo embotjeni yagezi eludvongeni. Cela lomunye lomdzala kuwe akusite.

Ngephandle nelikhaya

- Cobonga ugcogce tintfo letingakulimata, njengengilazi leyephukile. Kufake emgconyeni wetibi.
- Musa kudlala madvute nesitiba, ngaphandle nangabe unemuntfu lomdzala.



Ngekhatsi ekhaya

- Musa kushiya emathoyisi naletinye tintfo kutse citsi saka.
- Musa kudlala ngapharafini noma tintfo tekugezisa letinashev.
- Uma ubona kutsi intsambo yagezi ye-ayini noma yeligidlela seyivitsikile, cela make noma babe wakho ayilungise.





Kuphepha ekhaya nemaphetselo (2)



Kuhlala uphephile

Ase ubuke lesitfombe bese uyasho kutsi ngutiphi titfombe letikhombisa timo letiphephile natiphi lettingakukhombi loko. Faka lumphawu (✓) kuleto letikhombisa simo lesiphephile ufake siphambano (✗) kuleto letikhombisa simo lesingakaphephi. Shano kutsi kungani ucabanga kutsi letimo tiphephile noma atikaphephi.





Asikhulume

Kukhona tintfo letingakaphephi ekhaya kini? Yini longayenta ngaloku? Boshev, imitsi netintfo tekugeza lokutsite tiyingoti lembi. Ungacali nje unatse noma yini uma ungati kutsi kuyini.



Loluphawu lusho kutsi nobe yini lengekhatsi kulelibhokisi kumbe sikotela ingushev.

Uke watibona letimphawu ngaphambilini?



Asente loku

Thishela wenu utanidlalela ingoma letsite.



- Nyakatani ngesigci sengoma.
- Khetsani umholi. Umholi kufute anyakate ngesigci sengoma. Wonkhe-wonkhe kufute ente njengemholi anyakate ngendlela lefana neyakhe.
- Simama ngamlente munye.
- Nyalo-ke simama ngalona lomunye umlente.
- Ngumuphi umlente lonemandla?
- Beka indophi lendze phasi esiyilweni nobe udvwebe umugca. Hamba madvute nelucu nobe umugca, uhlale usimeme.
- Nyalo-ke gucula sakhiwo selucu nobe umugca bese uhamba madvute nawo uhlale usimeme.



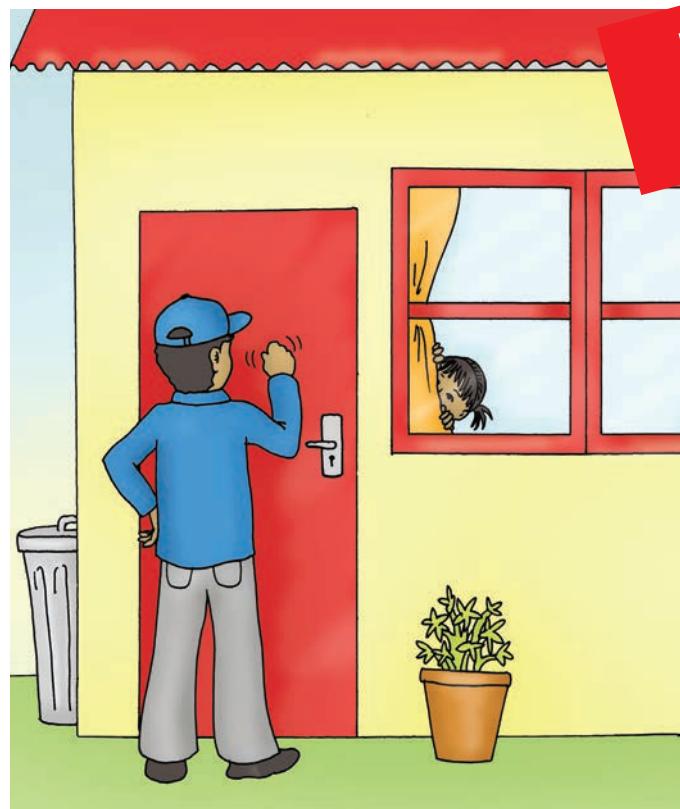
Kuphepha nangingedvwa ekhaya



Asikhulume

Sewufundzile ngetintfo
letingakulimata ekhaya
nemaphetselweni.
Ungatigcina kanjani
uphephile nawusele wedvwa
ekhaya?

Nawusele wedvwa
ekhaya, ungenta loku
kuhlala uphephile.



Musa kuvulela
tihambi sivalo.



Khiya tonkhe
tivalo letiphumela
ngephandle.

- Cinisekisa kutsi uyatati tinombolo telucingo lwebatali bakho nebantfu labahlala madvute nawe, bomakhelwane.
- Yenta luhla lwetinombolo letimcoka, nakwenteka kuba khona lokuphutfumako.



Asibhale

Yenta lwakakho luhlu lwetinombolo letimcoka.

Emaphoyisa:



I-ambulensi:



Bosocimamlilo:



Makhal'ekhikhini wamake:

Makhal'ekhikhini wababe:

Ngubani lomunye longamshayela lucingo nawudzinga lusito?

Teacher:
Sign:
Date:



24

Ithemu 2 – Liviki 4 – Lishadi lekusebentela

Lokunye kwekukhunjulwa

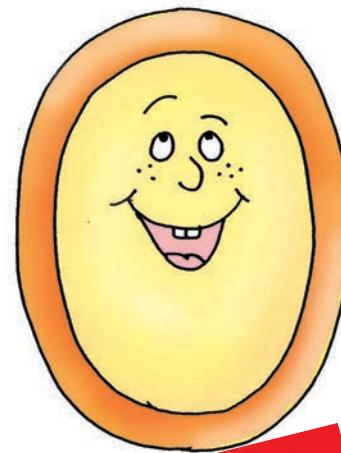


Asikhulume

Nansi indlela lemalula yekukhumbula inombolo yelucingo yemaphoyisa. Buka letitfombe bese ucocela umngani wakho kutsi letitfombe tikusita njani kukhumbula tinombolo. Inombolo 10111 yemaphoyisa. Yisho emahlandla lambadlwana ute uyati ngenhloko.



1



0



111



Asinyakate

Khombisa kutsi bewungahamba njani kube bewungulomntfwana losesitfombeni ngasinye.



Ungahamba njani
nawucoshwa ngumuntfu
longamati?



Ungahamba njani nawusita
make wakho kubhaka
likhekhe?

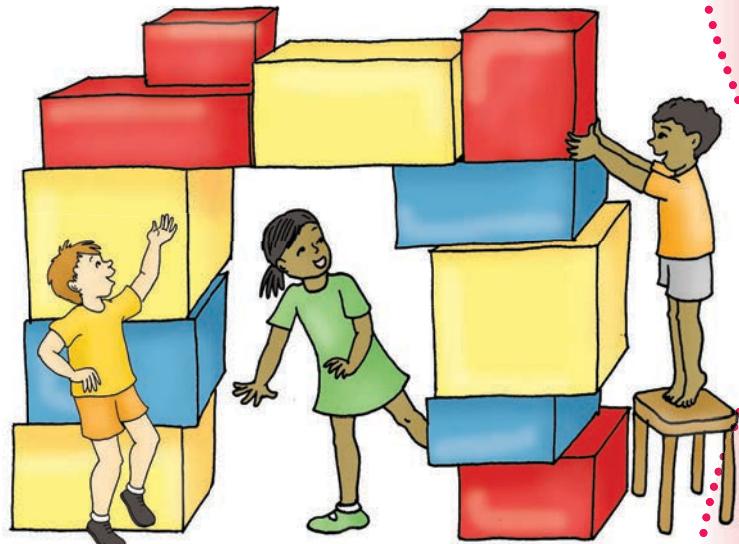
Ungahamba njani uma
ungema etu kwemabhodlela
lephukile?



Asente loku

Ase ubone kutsi ungayakha yini yakho indlu.

- Tfola emakhadibhodi lamadzala wakhe tindvonga neluphahla.
- Unganamatsisela emabhokisi ndzawonye ngesinamat selisi. Nase iphelile indlu, ungabese uyayipenda.
- Nawungalitfoli likhadibhodi, sebentisa nobe yini lenye, kodvwa musa kusebentisa ingilazi nemabhodlela kumbe kumbe loko lokungakulimata.



Asinyakate

Jika sikhwanyana nobe ibhola emoyeni bese uyayigendza ngesandla sakho lesibutsakatsaka.

Sita thishela wakho kukhiphela ngephandle kwelikilasi titulo, ematafula nemabhokisi.

Canca etu kwetitulo, ematafula nemabhokisi, khasa ngaphansi kwematafula uzube wehle kuwo.

Yetama kusimama nganyawo lunye esitulweni.



Teacher:	Sign:
Date:



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Umtimba wami

Ithemu 2 – Liviki 5 – Lishadi lekusibentela



Asibhale

Bhala emagama etikhaleni letifanele.

umlente

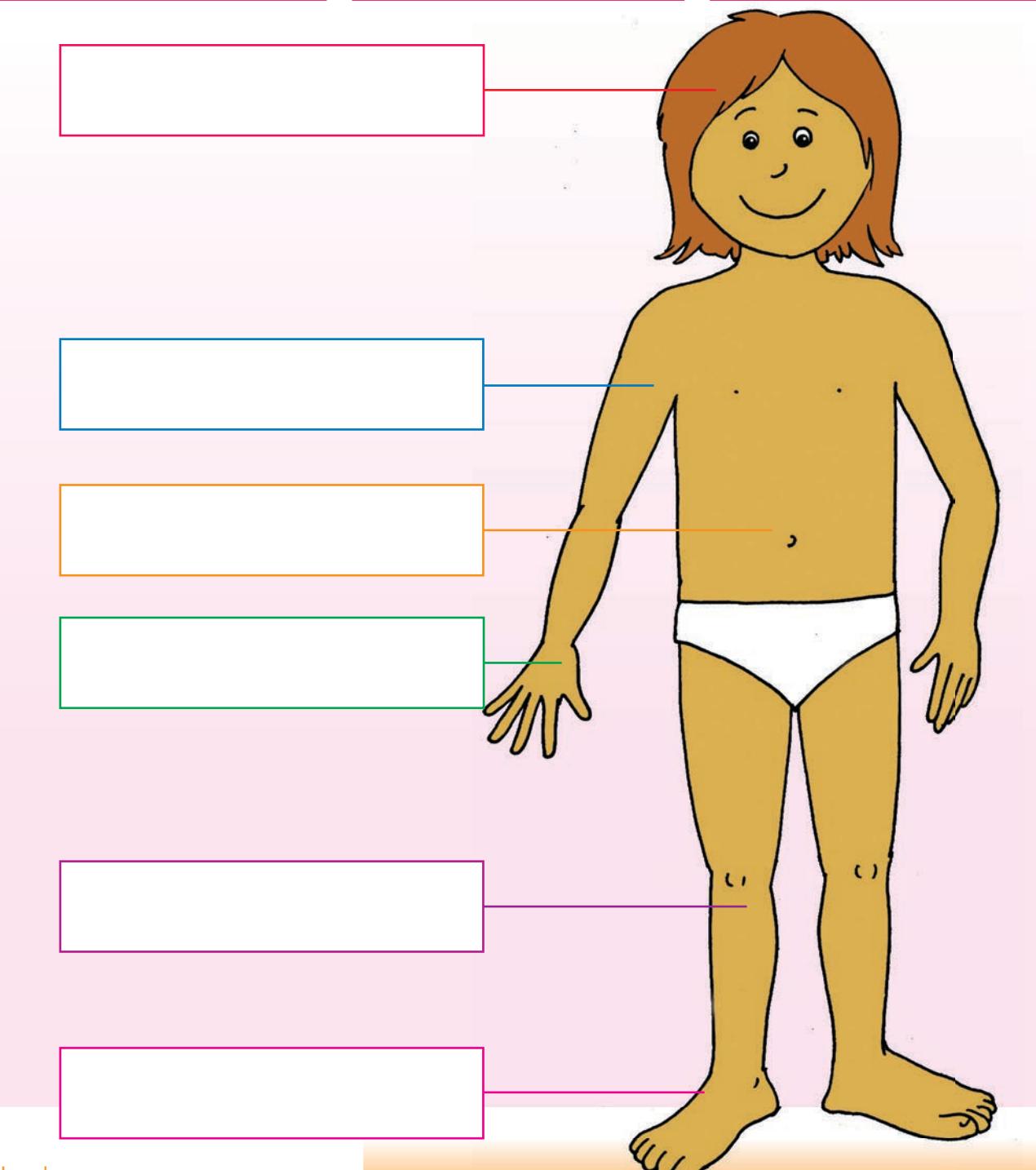
sandla

inhloko

sisu

lunyawo

umkhono



Lusuku:



Asidvwebe

Cedzela lomdvwebo webuso.

Dvweba tinwele. Yetama kukopa
buso bakho. Uma unemehlo
labubendze, dvweba emehlo
labubendze. Uma unetinwele
letintima, dvweba tinwele letintima.

Dvweba emashiya akho, likhala
nemlomo wakho.

Buso bakho buyinceny lemcoka yemtimba wakho.

Ngamunye sinama-2 emehlo. Ngamunye sinati-2 tindlebe.

Ngamunye sinali-1 likhala. Ngamunye sinamu-1 umlomo.



Ase sihlabele

Hlabela lengoma. Tsintsia inceny yemtimba
wakho usahlabela ligama laleyo nceny.

Inhloko nemahlombe

**Inhloko nemahlombe, sifuba nelukhalo,
emadvolo netintwane, emadvolo netintwane**

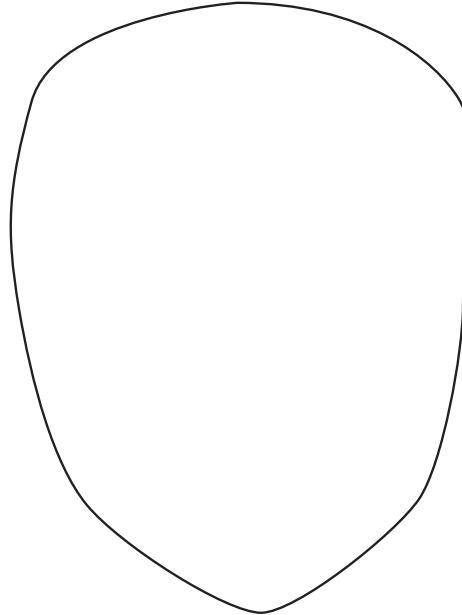
Inhloko nemahlombe, emadvolo netintwane

**Inhloko nemahlombe, madvolo netintwane, emadvolo netintwane,
emadvolo netintwane**



Asinyakate

Simon utsi ...

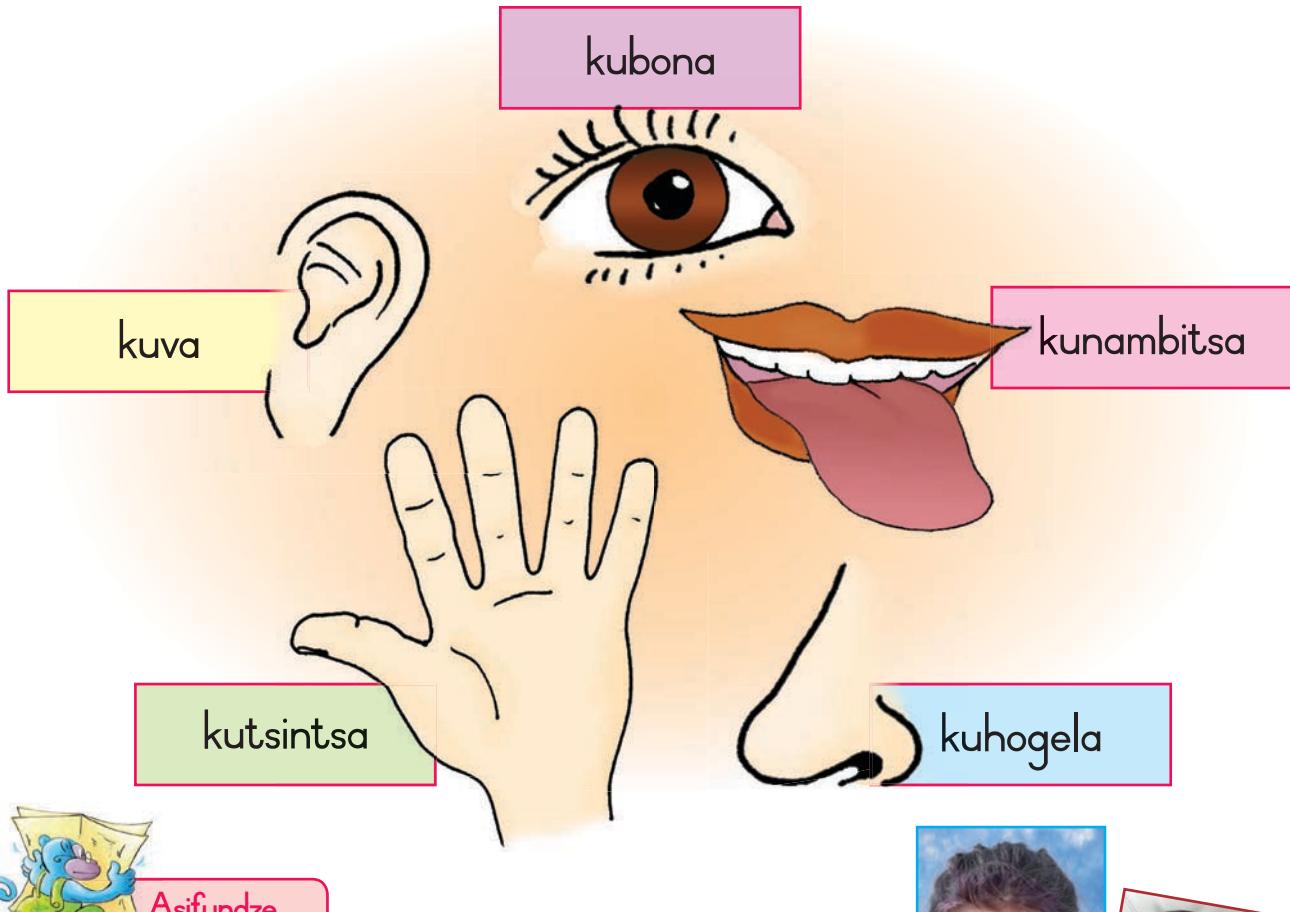


Imivo yami



Asikhulume

Ase ubuke letinhlobo letehlukene temivo bese uyasho kutsi yini lesiyisibentisela kona.



Asifundze

Sisebentisa imivo yetfu onkhe emalanga. Sihogela sinambitse kudla kwetfu. Singeva kutsi lusiba lufotjotela kanganani. Siyabona kutsi sibhakhabhaka siba luhlata kwani ehlobo. Siyayiva ingoma.

Imivo yetfu isigcina siphephile. Singahogela nakunemlilo. Singasiva sitofu kutsi sishisa kakhlulu. Singabona nakungakaphephi kwewela umgwaco. Singawuva umsindvo wesenwayiso.





Asente loku

Kunakekela emehlo netindlebe tetfu.

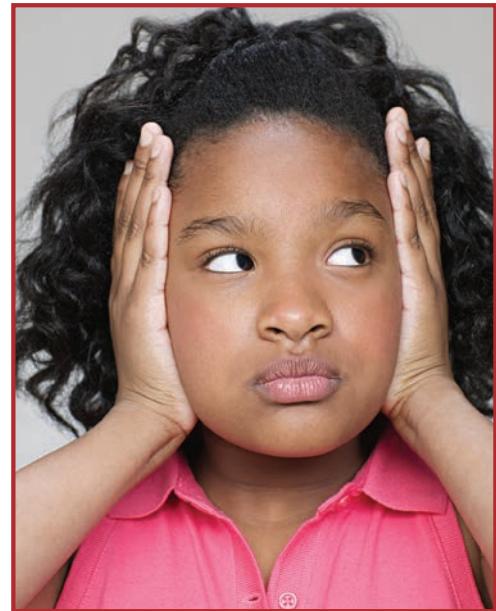
Sidzinga kunakekela imivo yetfu.

Nati tindlela letimbili tekunakekela emehlo
akho netindlebe takho.



Nakekela tindlebe takho
ngekungalaleli umsindvo
losetulu kakhulu.

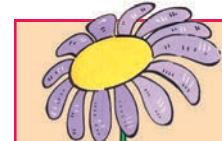
Nakekela emehlo akho
ngekugcoka likepisi nobe tibuko
telilanga. Musa kubuka ngco
lilanga.



Asibhale

Ase ubuke lelithebula lelingentasi, bese emgceni ngamunye ufaka luphawu ✓
kulowo muvo kumbe imivo longayisebentisa. Ungakhomba imivo ibe minyenti.

	kuhogela	kunambitsa	kubona	kuva	kutsintsa



Teacher:
Sign:
Date:

Kunyakatisa umtimba wami

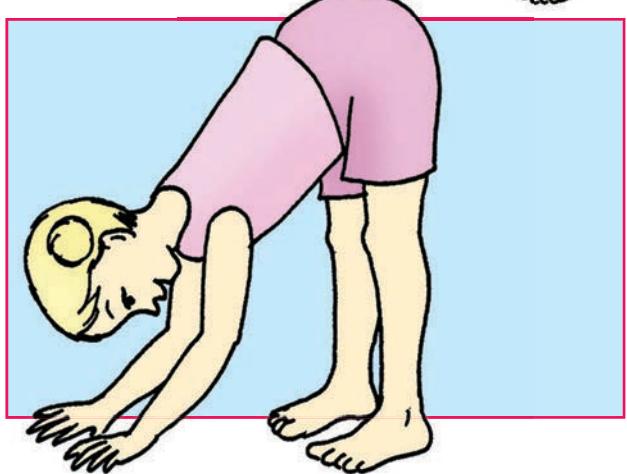
Ithemu 2 – Liviki 6 – Lishadi lekusebentela



Asikhulume

Ase ubuke letitfombe. Esitfombeni ngasinye, shano titfo temtimba bese uyasho kutsi yini letikusita kutsi uyente.

Sisebentisa imitimba yetfu kunyakata.



Asibhale

Phendvula lemibuto nemlingani wakho. Chubeka ubhale timphendvulo encwadzini yakho, ngaphansi kwemibuto.

Ngutiphi titfo temtimba wakho lotisebentisa kuhamba?



Ngutiphi tincenye temtimba wakho lotisebentisako nawucukula intfo?



Asinyakate

Thishela wakho utakukhombisa kudlalwa kwemdlalo lotsi "likati neligundvwane".

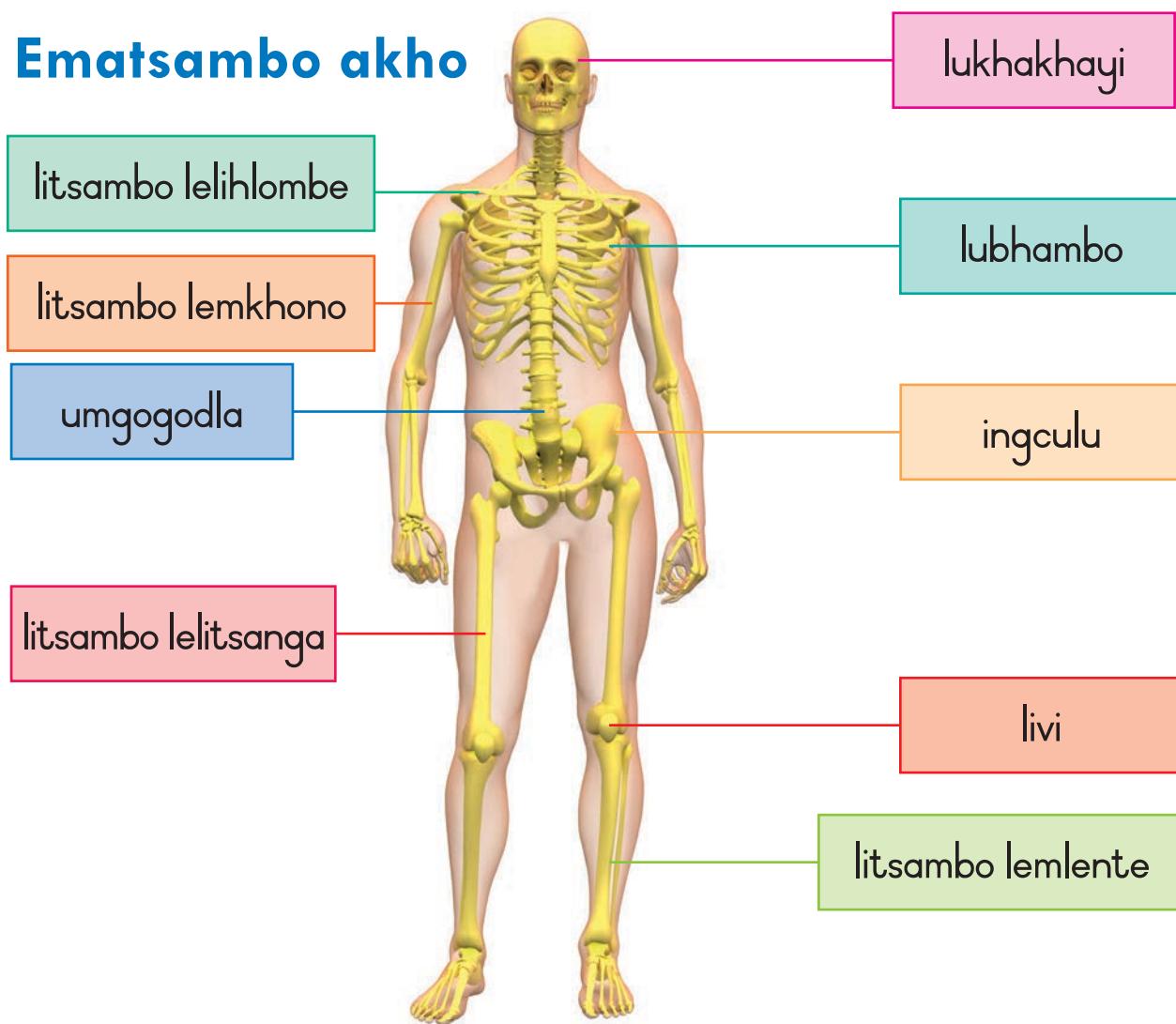




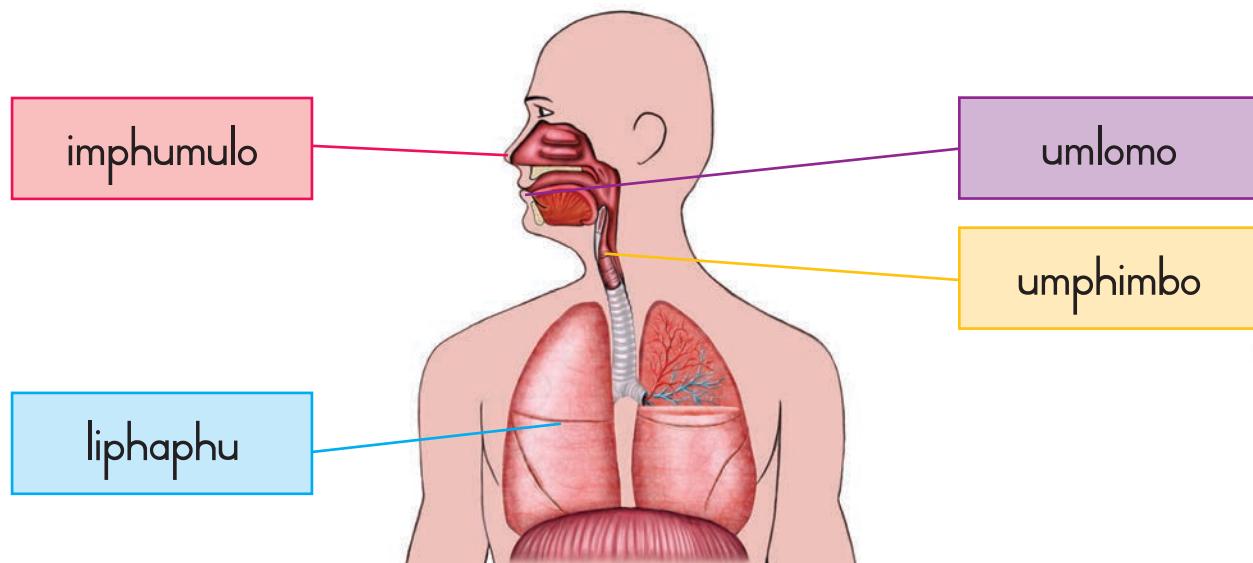
Asifundze

Kubuye kube khona titfo temtimba wakho longatiboni.
Tisebenta kanye kanye kukugcina uphila.

Ematsambo akho



Titfo temtimba wakho letikusita kutsi uphefumule





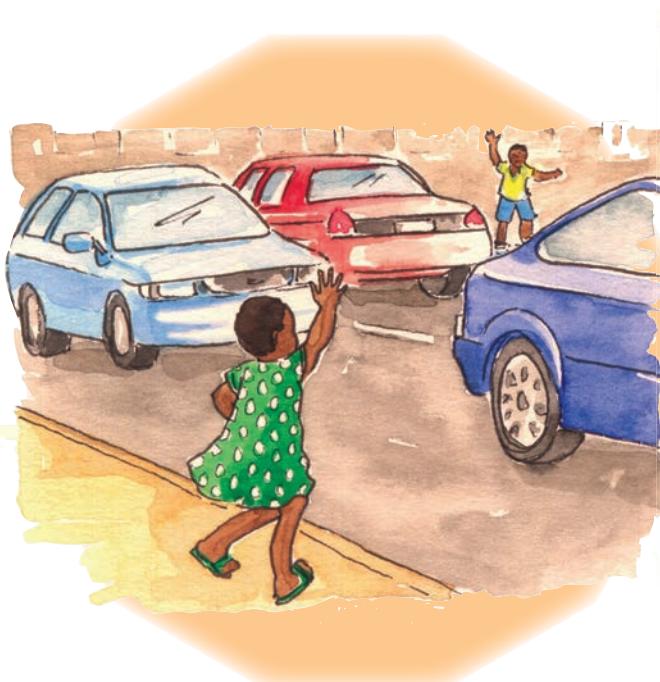
28 Sicabanga ngekuphepha

Ithemu 2 – Liviki 6 – Lishadi lekusebentela



Asikhulume

Ase ubuke letitfombe ngentasi, bese ucocisana nemlingani wakho ngaloko lenikubonako. Esitfombeni ngasinye, shano kutsi unghalala njani uphephile.



Ubona umngani wakho ngesheya kwemgwalo.



Ume wedvwa esiteshini sebhasi.



Sihambi sikucela kutsi uhambe naso niye endzaweni letsite.



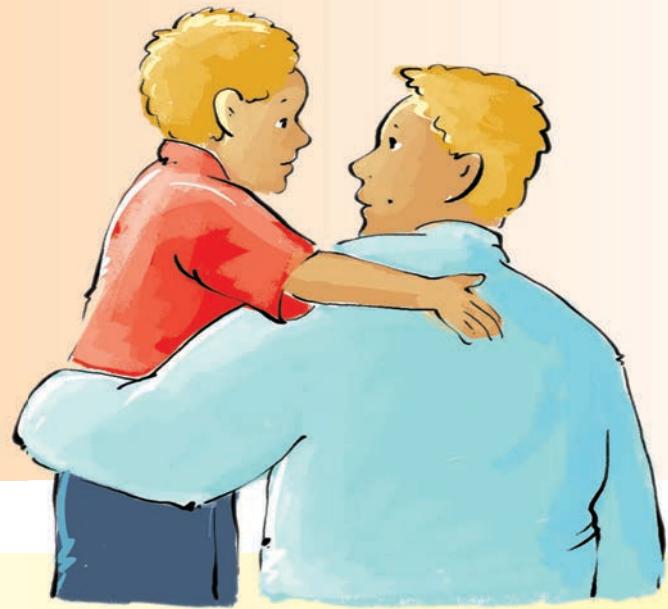
Ulahlekile etitolo.

Sinemivo ya "yebo" uma kukhona
losigonako futsi siva kulungile loko.

Kuvakala kulungile kugonwa
ngumuntfu lomtsandzako ngendlela
lenebungani nalenekunakekela .



Wota lapha sisana. Ngitakupha
emaswidi kodvwa ungtjeli muntfu.



Siba nemivo lets "cha"
nakukhona lositsintsia ngendlela
lesenta sive sesaba noma
sicansuka. Uma siva sicansuka
kumbe singakaphephi siba
nemivo lets "cha".

Umtimba wakho ukhetsekile futsi wakho wedvwa.
Uvumelekile kutsi "yebo" uma kulungile kutsi umuntfu
akutsintse, ubuye utsi "cha" uma kungakalungi.

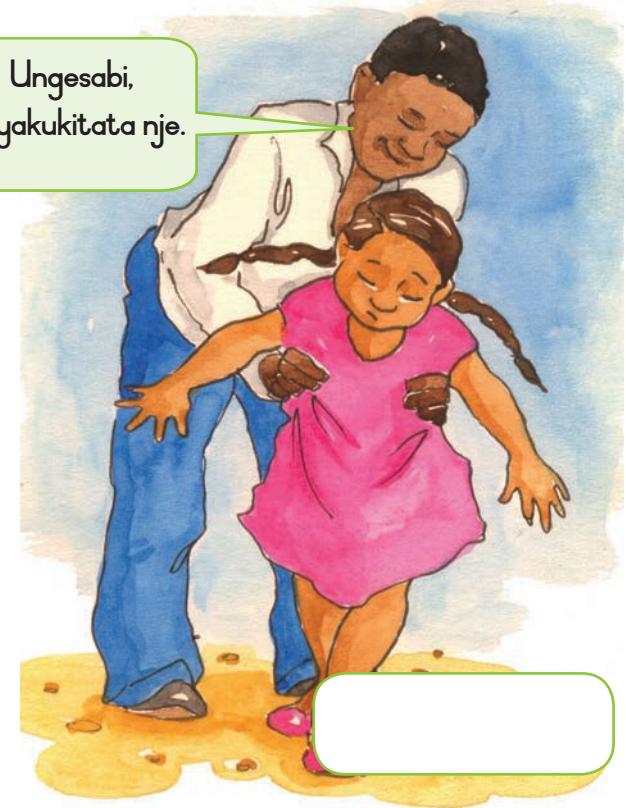
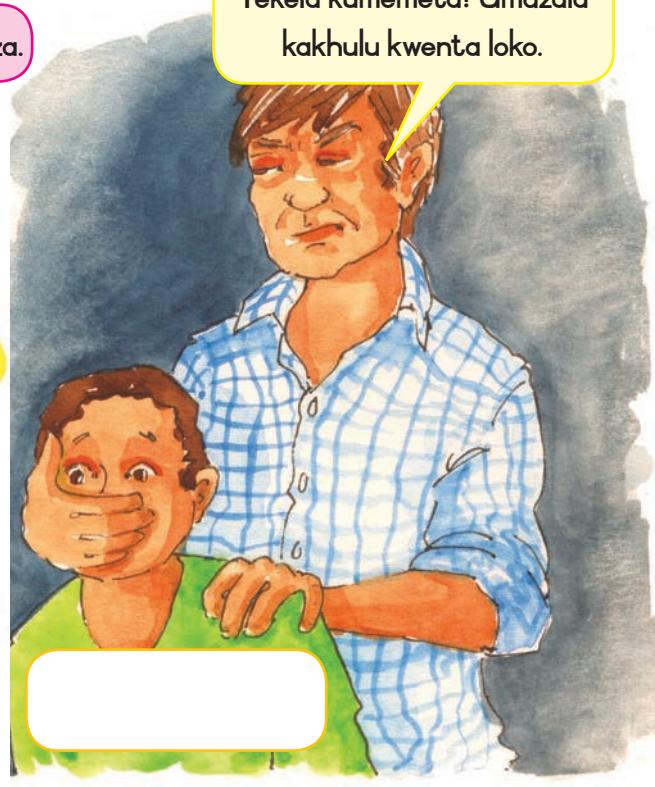
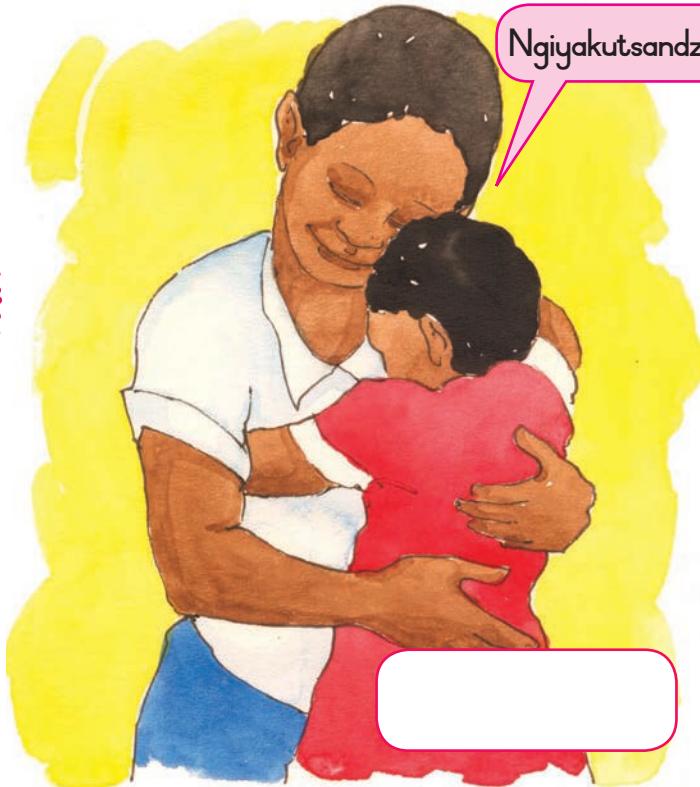


Kuhlala siphephile



Asibhale

Ase ubuke letifombe ngentasi bese ubhala Yebo emiveni lengu "yebo" na Cha kuleyo lengu "cha" kuletibaya.





Asente loku

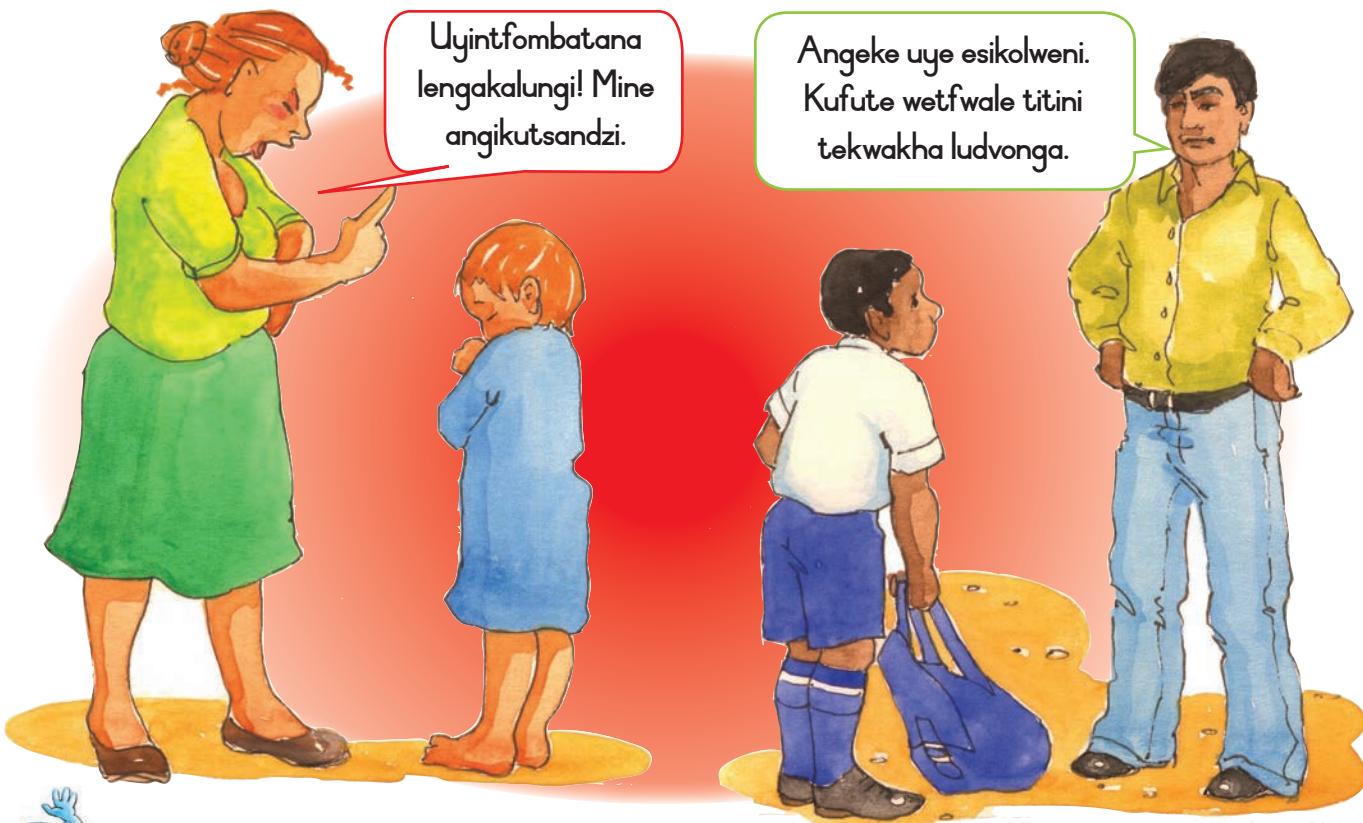
Tifundzise kutsi "cha".

Yentani silinganiso semdlalo lapho khona sihambi sifuna kutsatsa umntfwana ngemoto yaso kumbe sifuna kutsantsa umntfwana. Umntfwana utsi "cha".



Asikhulume

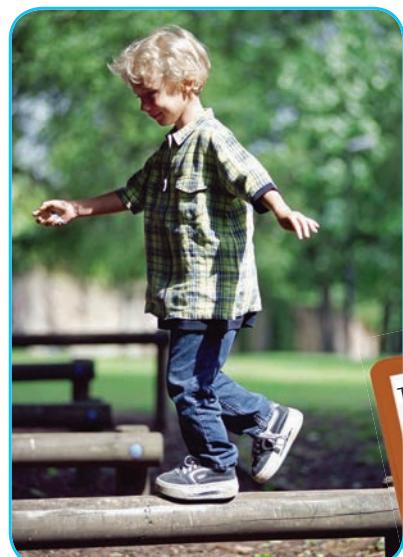
Labanye bantfwana bahlala emakhaya lapho bangakanakekelwa khona.
Ase ubuke letitfombe. Khuluma ngekutsi bewungativa njani kube
bewungulomntfwana kuletitfombe. Shano kutsi yini lobewungayenta.



Asinyakate

Dlalani umdlalo lotsi "mani-nsi".

Nyakata ngendlela loyitsandzako, uma thishela ashaya indweba, mani-nsi kuleso simo. Kufute unganyakati nakancane ate thishela akutjеле kutsi sewunganyakata. Ungakhona nje kusimama? Hamba ngaphansi kwemushi wekukhanya lophansi impela kumbe madvute nelucu lolubekwe phansi esiyilweni.



Teacher:
Sign:
Date:



Kugcina umtimba wami upholile



Asifundze

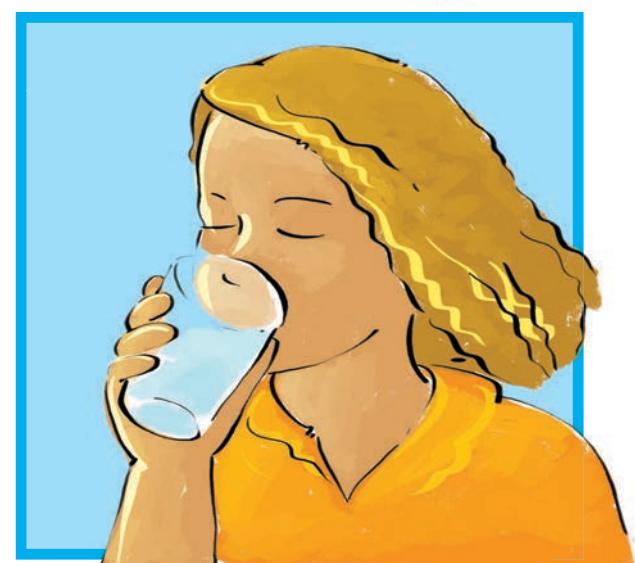
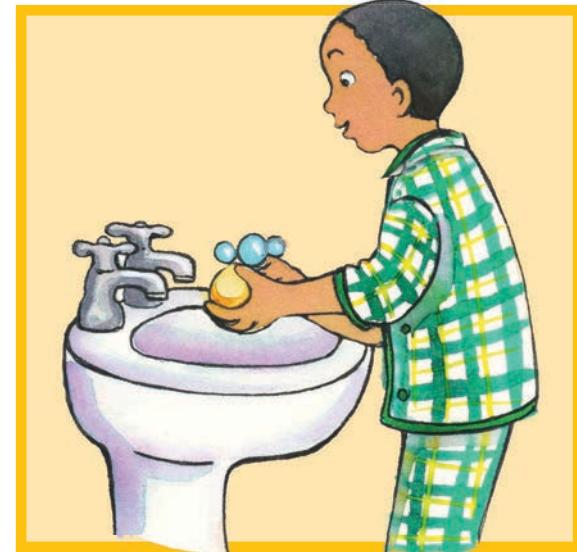


Tinyenti tindlela lesingatfola ngato kugula. Esikhatsini lesinyenti, siguliswa ngemagciwane netilokatana. Mancane kakhulu singeke sesiwabone emagciwane. Angangena emitimbeni yetfu asibangele kugula.



Asikhulume

Yini labantfwana labasetitfombeni labayentako kutigcina baphephile?
Yini lengenteka uma bangete batenta letintfo?





Asikhulume

Nyalo cocani ngaletitfombe. Faka ✓ kulokukhomba kutsi ningahlala njani niphilile. Bhala ✗ etukwe titfombe letingakugulisa.



Kugcina umtimba wami upholile



Asikhulume

Yini labayentako labantfana labasetitfombeni kutigcina baphephile? Yini lengenteka uma banete batenta letintfo?

Bewati nje kutsi lamanye emanti ahlobile kantsi lamanye angcolile?
Ungacinisekisa kanjani kutsi emanti ahlobile futsi alungele kunatfwa?

Ungawabilisa emanti langcolile ngeligidlala kubulala emagciwane.



Ungacenga emanti langcolile. Tishela wakho utakukhombisa kutsi kanjani.

Ungatsela ithesipuni yi-l yemhlobisi (njenge Jikhi) ebhakedeni lemanti emfula lelingema-20 emalitha. Mbonya libhakede kuvimbela kungena kwetimphungane. Yekela emanti ahlale ema-awa langema-28 embi kwekuwanatsa.





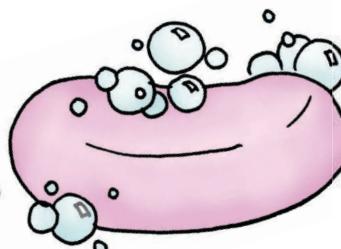
Asikhulume

Ase ubuke leti titfombe bese
ukhuluma ngekutsi yini labantfwana
labayentako kuhlala baphilile.

Lahla emathishu
lasebentile emthoyi
nobe emgconyen
wetibi.



Geza tandla takho
emva kwekusebentisa
umthoyi.



Nawungcolisile emthoyi, susa
kungcola kwakho bese ugeza
tandla takho.



Vala umlomo wakho
nawukhwelhela nobe utsimula.

Teacher:
Sign:
Date:

Ase utihlole bo



Asikhulume

Cocani ngaloko
lenikufundzile
kulamathemu lamabili
lengcile.



Ngiyakhona kukhuluma ngemndeni wami.



Ngiyakhona kuhamba emgceni lomncane.

Ngiyayati inombolo yelucingo lwemaphoyisa.

Ngiyati ngemivo yabo "yebo" na "cha".

Ngiyakhona kugendza ibhola.

Ngiyakhona kuhlala ngiphephile ekhaya.

Ngiyakhona kutinakekela uma ngingedvwa ekhaya.

Ngisita umndeni wami.

Ngiyakwati kutihambela ngedvwa esikolweni sami.

Ngiyakwati kutigcina ngiphilile.

Ngiyati kufute ngenteni ngato tonkhe tintfo
letisesikhwameni sami.

Ngati ngetinhlobo letehlukene temindeni.

Ngifundze lokunyenti ngeMakhono eMphilo.

Sichazamagama sami

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Sichazamagama sami

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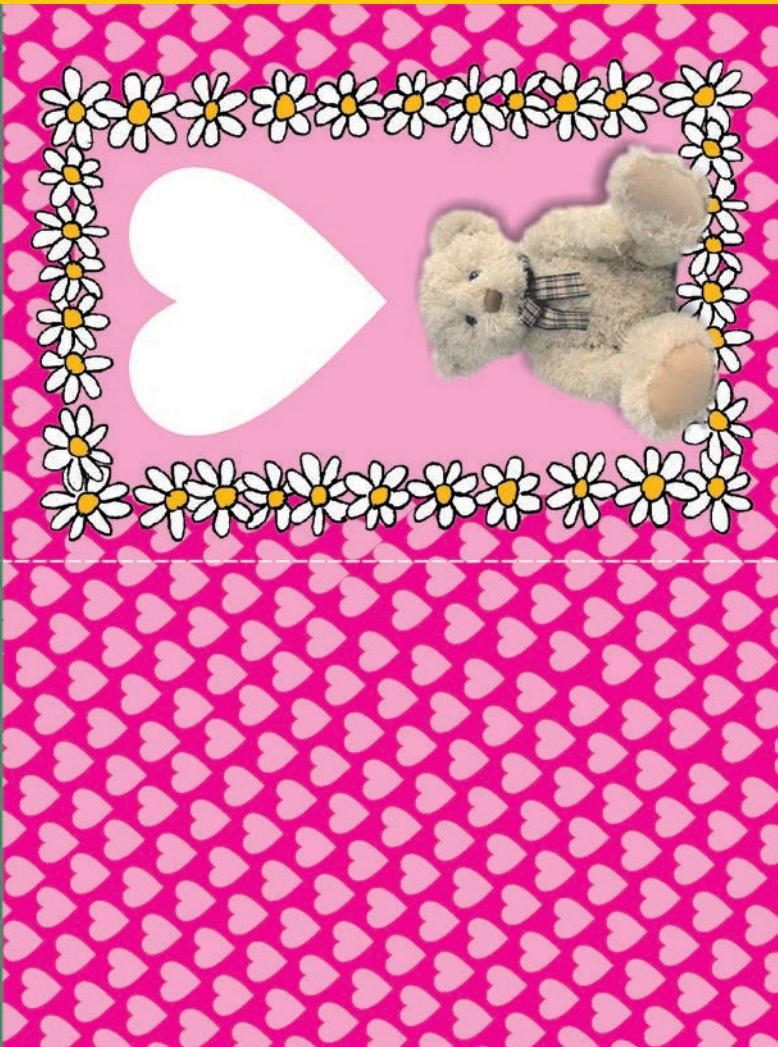
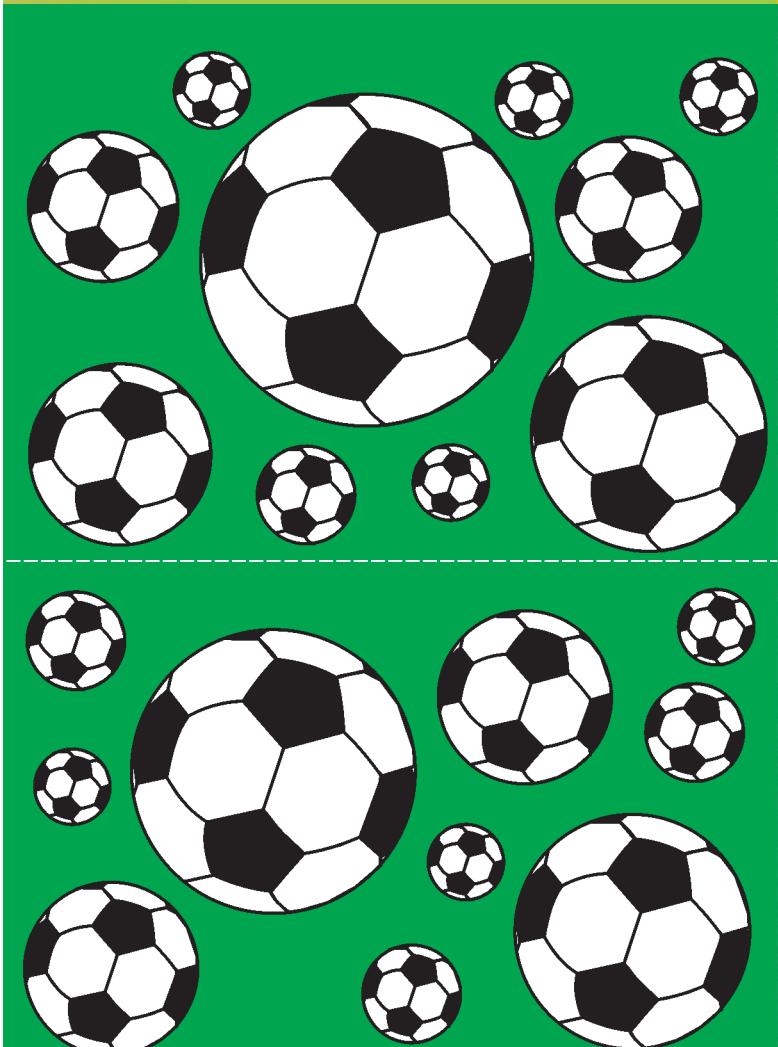
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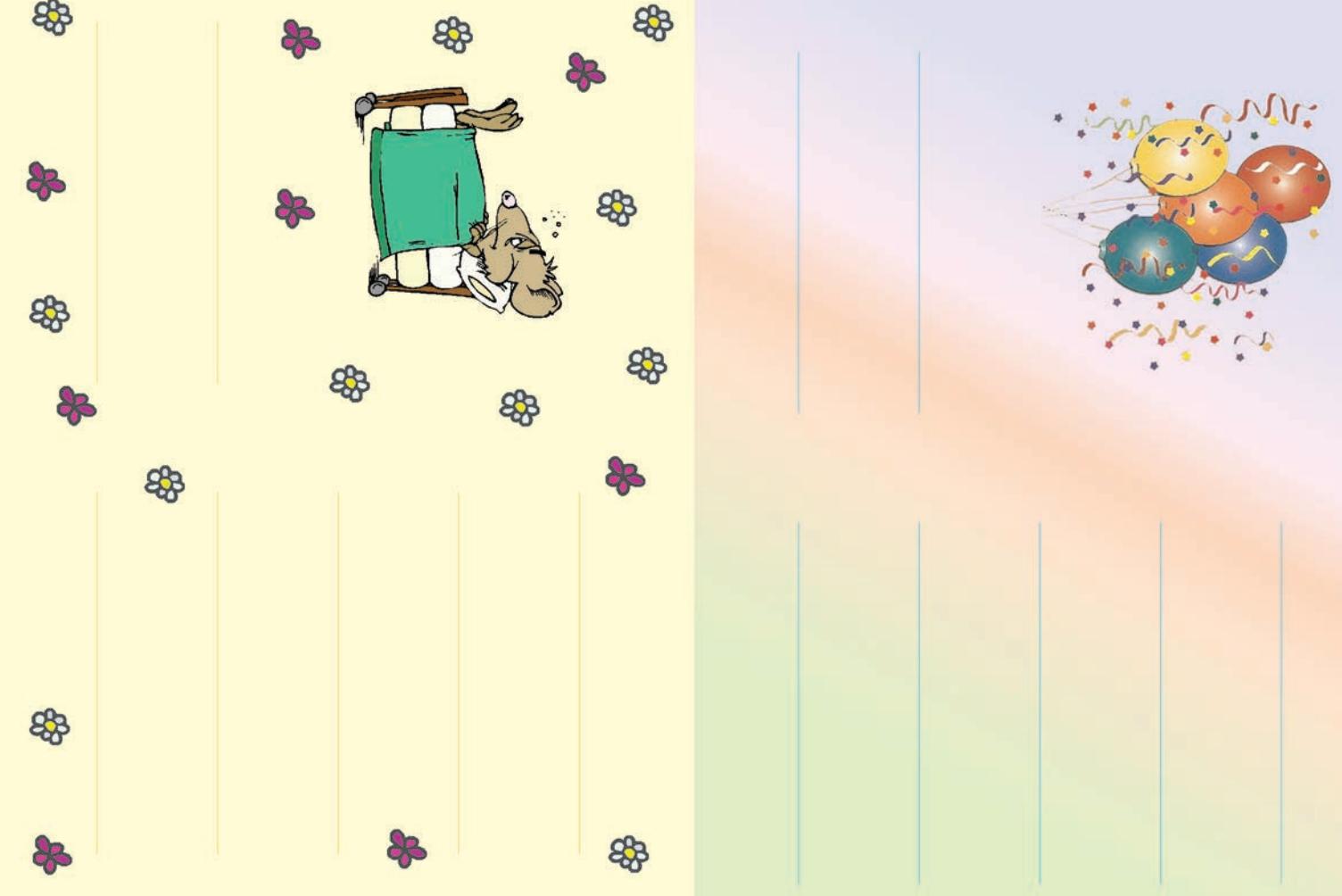
Q
q

W
w

R
r

X - Z
x - z





Masks

Cut out on
the outside
black line.
Tie a string
into the holes
to make a
face mask.

