

Ihlaziwe yaze
yalungelelaniswa
neCAPS

Ibanga loku-

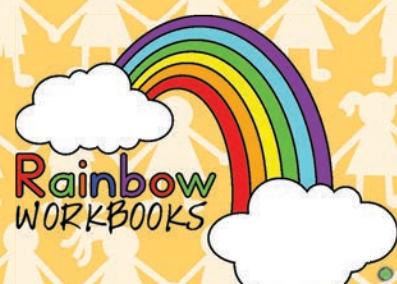


Izakhono zoBomi ngesiXHOSA

Inwadi yoku-
Ikota 1&2



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LIFESKILLS IN ISIXHOSA
GRADE 1 – BOOK 1

TERMS 1 & 2

ISBN 978-1-4315-0232-5

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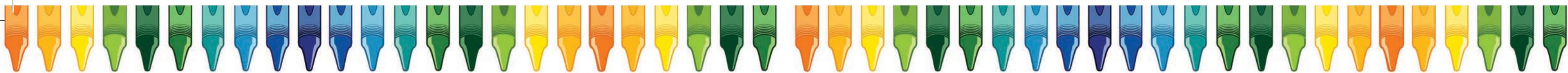
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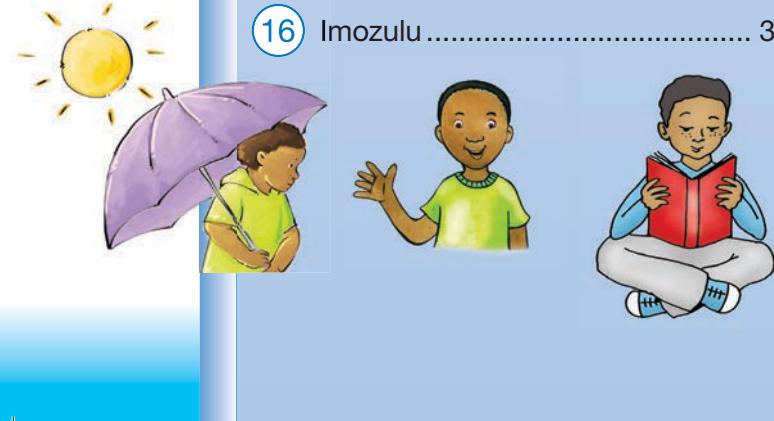


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UNksk. Angie Motshekga,
uMphathiswa weMfundu
esisiSeko



UMnu. Enver Surty,
uSekela Mphathiswa
weMfundu esisiSeko

Ezi ncwadi zilungiselelwe abantwana baseMzantsi Afrika phantsi kwephiko loMphathiswa weMfundu esisiSeko uNksk. Angie Motshekga kunye noSekela Mphathiswa weMfundu esisiSeko uMnu. Enver Surty.

Ezi ncwadi zokusebenzela, iRainbow Workbooks, lelinye lamalinge ongenelelo eSebe leMfundu esisiSeko ajolise ekuphuculeni umgangatho wabafundi beloMzantsi Afrika abakumabanga amathandathu okuqala. Njengomnye wemiba ephambili yoMkhomba-ndlela kaRhulumente, eli phulo libe nempumelelo ngenxa yenxaso-mali evela kuVimba weSizwe. Oku kuye kwenza ukuba iSebe likwazi ukavelisa ezi ncwadi, zifumanekе ngazo zonke iilwimi ezisemthethweni ngexabiso eliphantsi.

Sinethemba lokuba ootitshala baya kuzifumana ezi ncwadi zokusebenzela ziluncedo kakhulu kwimfundu yemihla ngemihla, nasekuqinisekiseni ukuba abafundi bayifikelela yonke ikharityhulam. Ukuqinisekisa ukuba utitshala uyakhokelwa kuyo yonke imisetyenzana, sisebenzise izalathisi ezibonisa oko kufanele ukwenziwa ngumfundi.

Sinethemba lokwenene lokuba abantwana baya kukonwabela ukusebenza kwezi ncwadi ekukhuleni nasekufundeni kwabo, kwanokuba nawe titshala uya kwabelana nabo kolu yolo.

Sinqwenela ukuba nibe nempumelelo ekusebenziseni ezi ncwadi.



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Ibanga loku-

1



Izakhono zoBomi
NGESIXHOSA
Incwadi yoku-I



Le ncwadi yeka:



Malunga nam

Ikota yoku - I - Iweki yoku - I - Iphepha lomsebenzi loku -



Ncamathelisa ifoto yakho
okanye zizobe apha.



Idilesi yasekhaya:

Ndiyalwazi usuku lwam lokuzalwa.

ewe	andiqinisekanga	hayi
-----	-----------------	------



Igama lam ndingu

Ifani yam ngu

Ndinemyaka e _____
ubudala.

Siba _____ ekhaya.

Inombolo yefowuni
yasekhaya ngu:





Masizobe



Ujoe uyincutshe kwibhola ekhatywayo.

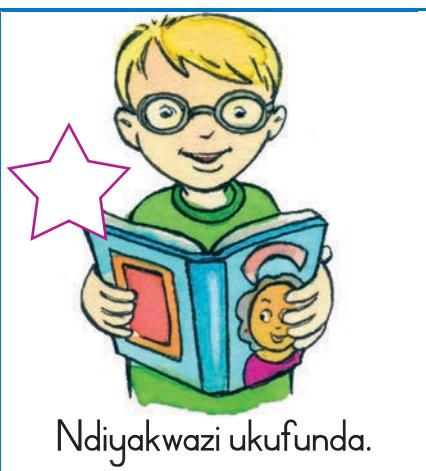
Zoba into oyincutshe kuyo.



Xeleta abahlobo bakho ukuba uyincutshe entweni.
Emva koko fakela umbala kwinkwenkwezi ekwibhokisi
echanekileyo ubonise into okwaziyo ukuyenza.



Masithethe



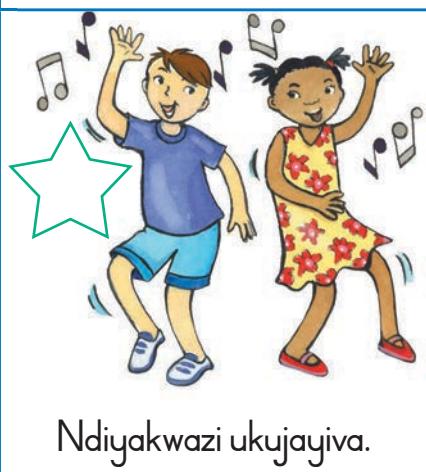
Ndiyakwazi ukufunda.



Ndiyakwazi ukuzinxibisa.



Ndiyakwazi ukubhala
igama lam.



Ndiyakwazi ukujayiva.



Ndiyakwazi ukwenza iti.



Ndiyakwazi ukuxukuxa
amazinyo am.



Imibala nokujayiva

Ikota yoku-! – I'veki yoku-! – Iphephä lomsebenzi lesi-



Uyayazi le mibala?
Xeleta umhlobo wakho
amagama ale mibala.



Fakela umfanekiso ngamnye umbala ochanekileyo.

Ibhanana emthubi	Iapile elibomvu	Ijezi ezuba
Isambrela esimibalabala	Iorenji eorenji	Igqabi eliluhlaza



Phambi kokuba nenze umsebenzi phandle, zolulen iokwekati. Oku kuza kwenza ukuba imizimba yenu ishukume lula. Kufuneka nizolule kwakhona emva komsebenzi ukuze nizipholise nomzimba ukhululeke. Oku kuya kunceda umzimba wakho ungabi nemikhinkqi. Linganisa aba bantwana ke ngoku.



Cula ingoma ethi "Intloko namagxa" ngeli xa:

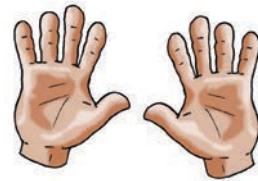
- wenza ngathi udlala igubu.
- wenza ngathi udlala ikatari.





Masonwabe

Qhwaba izandla kwezi patheni.



Qhwaba Qhwaba Qhwaba Qhwaba



Qhwaba

Qhwaba

Qhwaba



Qhwaba Qhwaba Qhwaba Qhwaba

Qhwaba

Qhwaba

Qhwaba



Masenze

Uyakwazi ukwenza ezi zinto? Bonisa abahlobo bakho.

Ndiyakwazi ukubaleka ndiye kumacala ahlukeneyo ndingakhange ndigile mntu.			
Ndiyakwazi ukutsiba ugqaphu.			
Ndiyakwazi ukuqengqela umhlobo wam ibhola enkulu.			



Sonke sibalulekile



Masithethethe

Jonga umfanekiso uze uxelele
umhlobo wakho malunga nomahluko
ophakathi kwaba bantwana.



Enkulu nencinci

Abanye bethu bakhulu, abanye bethu bancinci.

Abanye bethu bade, abanye bafutshane.

Abanye bethu bayakwazi ukutsiba abanye bakwazi ukucula.

Sonke kukho into esikwazi ukuyenza kakuhle.

Yintoni okwazi ukuyenza kakuhle?

Abanye bethu bakhulu.



Masithethethe

Xeleta umhlobo wakho ukuba waziva njani
ngosuku lwakho lokuqala esikolweni.



wawonwabile	wawulusizi	wawuchwayitile	wawunomsindo	wawuneentloni



Masizobobe

Zoba umfanekiso ubonise **indlela onokuziva ngayo** xa umntu ekupha into yokudlala entsha. Bhala indlela oziva ngayo kwisithuba esingezantsi.

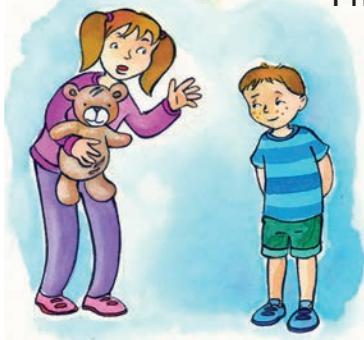


Masithethethe

Xelela umhlobo wakho okwenzeka kumfanekiso ngamnye.

Chaza ukuba ubunokuziva njani ukuba ezi zinto bezinokwenzeka kuwe?

Phawula ubuso obuchanekileyo.



Inkwenkwe endala
ithatha izinto zakho.

wonwabile	uchwayitile	ulusizi

Wena nomhlobo wakho
nidlala kunye.

unomsindo	wonwabile	uyoyika



Uvula isipho.

uyoyika	uchwayitile	uneentloni

Umnakwenu okanye
udade wenu waphula
into yakho yokudlala
oyithandayo.

uneentloni	uyavuya	unomsindo



Masenze

Gximfiza umnwe wakho kwibhokisi yokuqala, yitscho kumhlobo wakho
agximfize owakhe umnwe kwenye ibhokisi.

Ubusazi ukuba akukho namnye ehlabathini
onomnwe ofana nowakho? Ubaluleke
kangangokuba mnye kuphela **uwena**
ehlabathini. Namawele akanaminwe ifanayo.

--	--

Uyabona ukuba imigximfizo
yeminwe yahlukile?



Sonke sahlukile

Ikota yoku-1 – Iyeku yesi-2 – Iphepha lomsebenzi lesi-



Jonga aba bantwana.
Bafana njani?
Bahluke njani?



Jonga umfanekiso uze ucinge ngokuba ezi ngxelo ziyinyani na okanye aziyonyani.
Izivakalisi eziyinyani zifake umbala oluhlaza.
Izivakalisi ezingeyonyani zifake umbala obomvu.



Bonke baneengalo ezi-2
nemilenze emi-2.



Bonke
ngamantombazana.

Bonke banxibe izihlangu.



Bonke banxibe iibhulukhwe.

Bonke ngabantwana.



Bonke baneenwele ezinde.



Masizobe

Zizobe kwisikhewu sokuqala. Zoba umhlobo wakho
osenyongweni. Wakugqiba jonga imifanekiso uze uchaze ukuba
wahluke njani kumhlobo wakho.

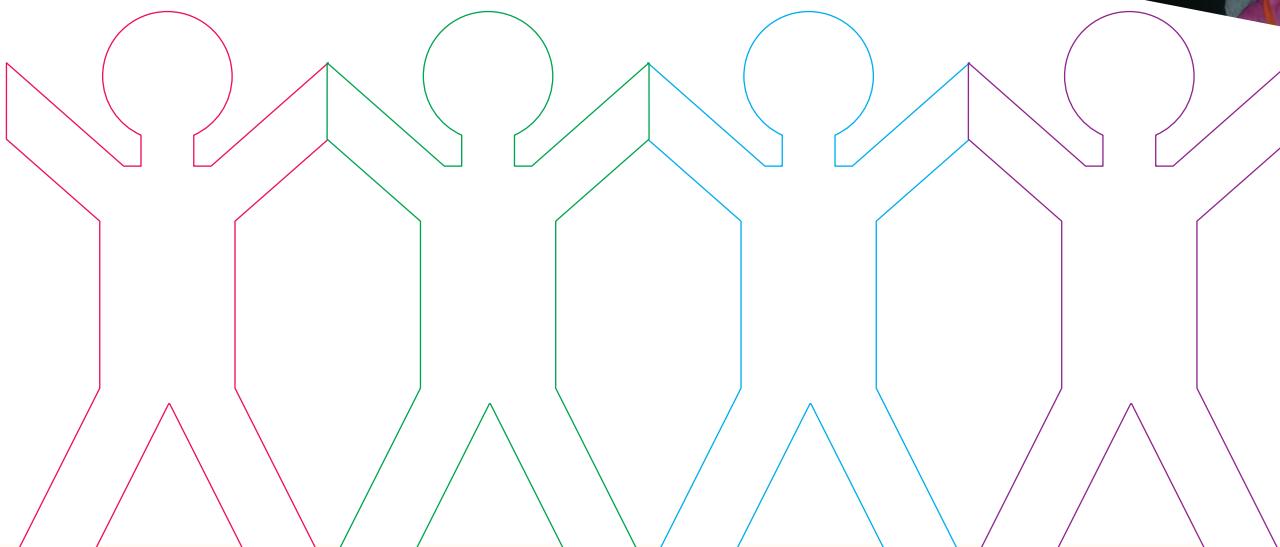


Mna	Umhlobo wam



Masenze

Jonga umfanekiso uchaze ukuba wena nomhlobo wakho
nifana njani kwaye nahluke njani. Faka imibala kweli
tyathanga lobuhlobo ubonise ukuba umntu ngamnye
wahlukile. Wakugqiba ungalisika eli tyathanga
kwicandelo lemisiko elikule ncwadi uze ulihombise.



Masicengceleze

Ikota yoku-1 – Iweki yesi-3 – Iphepha lomsebenzi lesi-

Masenze

Phambi kokuba wenze isicengcelezo, yenza le mithambo.
Bizela umphefumlo kakhulu uze uwukhuphe kancinci. Yenza
ngathi uvuthela amakhandlela ekeyiki yosuku lokuzalwa kwakho.
Yenza ngathi uyagodola, uze uthi "Brrrrrrrrrrrr"



Iinkawana ezintlanu

Iinkawu ezintlanu zakhwel' ebhedini,

Yawa enye yathi ngqu ngentloko,

Mama biz' ugqirha, wathi ugqirha

"Hay' hay' hayi, iinkawu azikhwel' ebhedini!"

Iinkawu ezine zakhwel' ebhedini,

Yawa enye yathi ngqu ngentloko,

Mama biz' ugqirha, wathi ugqirha,

"Hay' hay' hayi, iinkawu azikhwel' ebhedini!"

Iinkawu ezintathu zakhwel' ebhedini,

Yawa enye yathi ngqu ngentloko,

Mama biz' ugqirha, wathi ugqirha,

"Hay' hay' hayi, iinkawu azikhwel' ebhedini!"

Iinkawu ezimbini zakhwel' ebhedini,

Yawa enye yathi ngqu ngentloko,

Mama biz' ugqirha, wathi ugqirha

"Hay' hay' hayi, iinkawu azikhwel' ebhedini!"

Iinkawu enye yakhwel' ebhedini,

Yaw' ebhedini yathi ngqu ngentloko,

Mama biz' ugqirha, wathi ugqirha,

"Hay' hay' hayi, iinkawu azikhwel' ebhedini!"



Masizobe

Zoba ubuso bakho.

Bonisa amehlo, iindlebe, impumlo, umlomo kunye neenwele.

Xeleta umhlobo wakho indlela okhangeleka ngayo.



Masishukume

Yenza ibala lemiqobo
elifana neli ngaphandle
eklasini yakho uncediswa
ngutishala.

Tsiba usuke esitulweni
uye kwesinye.

Khasa phantsi kweetafile.



Ndiyazingca ngesikolo sam



Masenze

Zizobe unxibe iyunifomu
yesikolo. Bhala iiimpendulo
ezishiyiweyo.

Ndifunda kwisikolo

i _____.

Igama likatitshala wam

ngu _____.

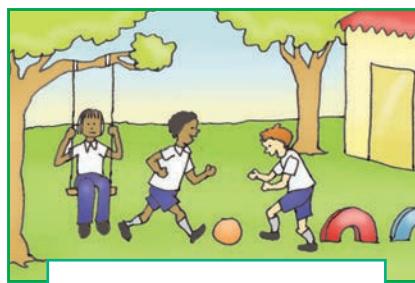
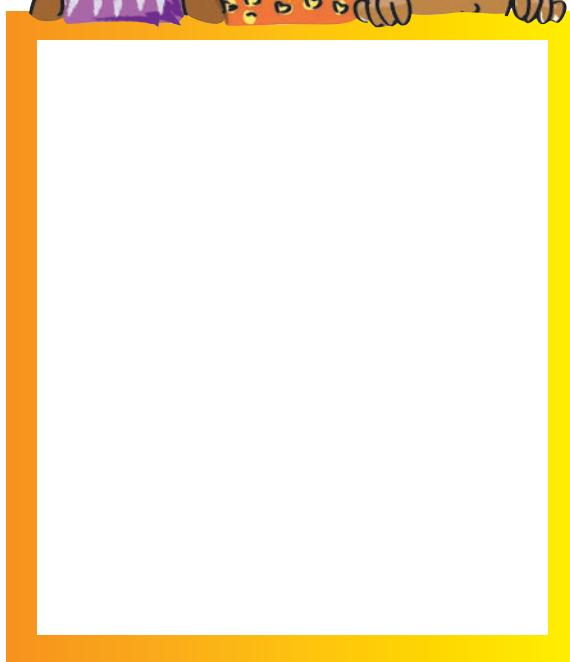
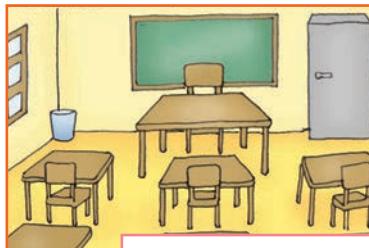
Inquununu yesikolo

ngu _____.



Masibhale

Jonga le mifanekiso.
Sika ke ngoku igama
elichanekileyo
lomfanekiso ngamnye
uze ulincamathele
ecaleni komfanekiso.



igumbi
lempahla

ibala lokudlala

iklasi

iofisi

unobhala

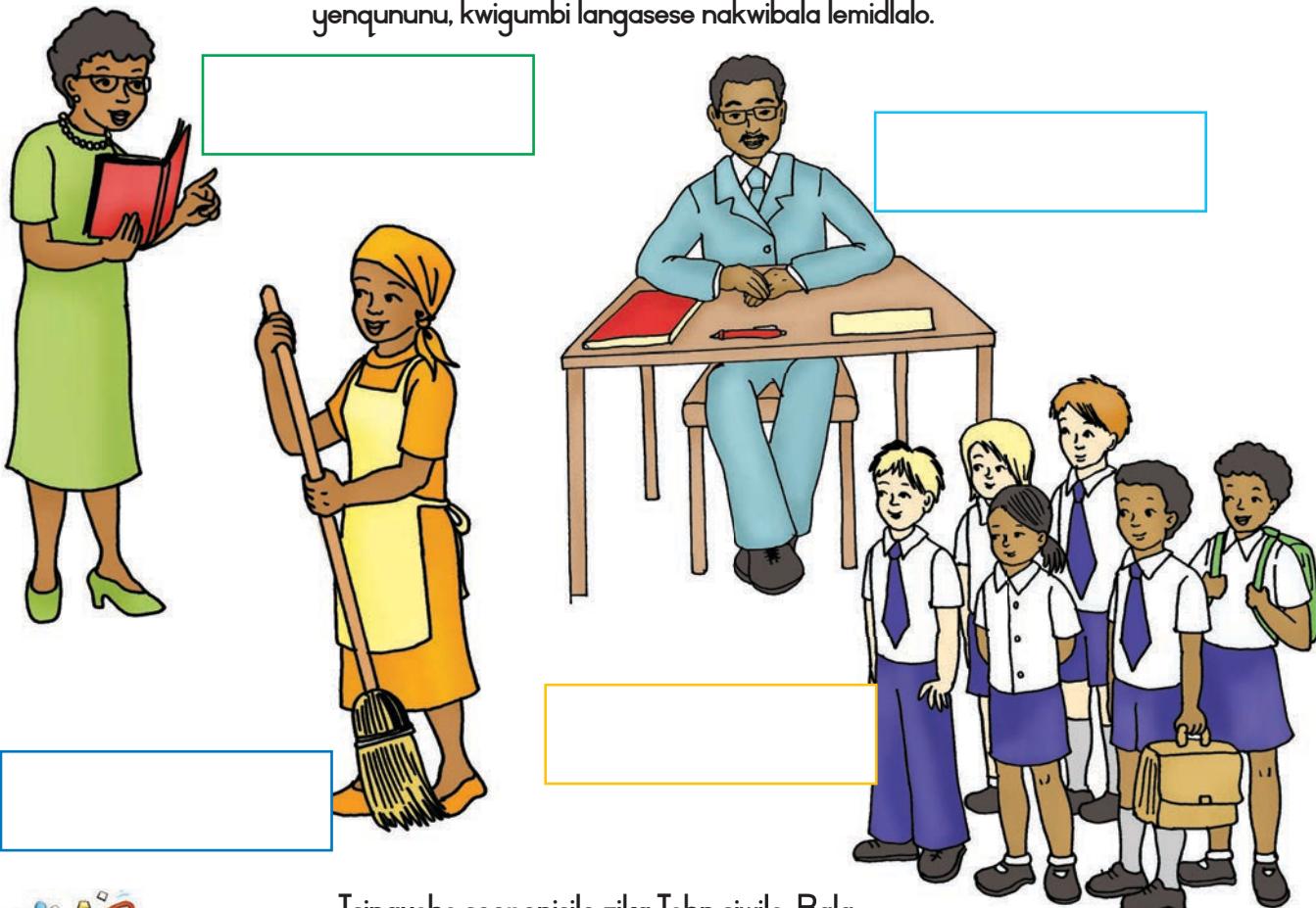


Gimnia:



Masibhale

Ngoobaniabantu abohlukeneyo abakhoyo esikolweni? Jonga emfanekisweni uze uthethe malunga nokuba bangoobani na nokuba benza ntoni na. Wakugqiba sika igama elichanekileyo elisezantsi ephepheni uze ulincamathelese ecaleni komfanekiso ngamnye. Chazela umhlobo wakho indlela eya kwofisi yenqununu, kwigumbi langasese nakwibala lemidlalo.



Masonwabe

Isingxobo seepenisile zika John siwile. Bala ukuba uneekhrayoni ezingaphi, uze ubhale elo nani ebhokisini. Kwphepha elilodwa, zoba umfanekiso usebenzise imibala eqaqambileyo, ubonise indlela enidlala ngayo nomhlobo wakho. Yenza isakhelo esijikeleze umfanekiso.



abantwana

umcoci

utitshala

inquununu

lindawo ezahlukeneyo

Ikota yoku - I - Iweki yesi - 4 - Iphepha lomsebenzi lesi -



Masenze

Bonisa umhlobo wakho ukuba uyakwazi:



Ndizimele phantsi kwetafile.

Ukuzimela phantsi kwento.



Ukuzimela emva kwento.



Ukuma ecaleni kwento.



Ukuma phezu kwento.



Masishukume

Sebenzisa ibhola. Yiphose phezulu uyigange. Yibeke entloko uyingcekelele uhambe kancinci. Ngcekelela incwadi uhambe phezu kwepali okanye emgceni ophantsi.

Ndiyakwazi ukuphosa.



Ndiyakwazi ukuganga.



Ndiyakwazi ukungcekelela into entloko.





Masishukume

Nggisha ngeenyawo usebenzisa ezi patheni.

Ekhohlo



Ekunene



Ekhohlo



Ekunene

Ekhohlo



Ekhohlo

Ekunene

Ekunene

Ekunene

Ekunene

Ekunene

Ekhohlo

Ekhohlo

Ekhohlo



Ekhohlo

Ekunene

Ekhohlo



Ekunene



Ekhohlo



Ekunene



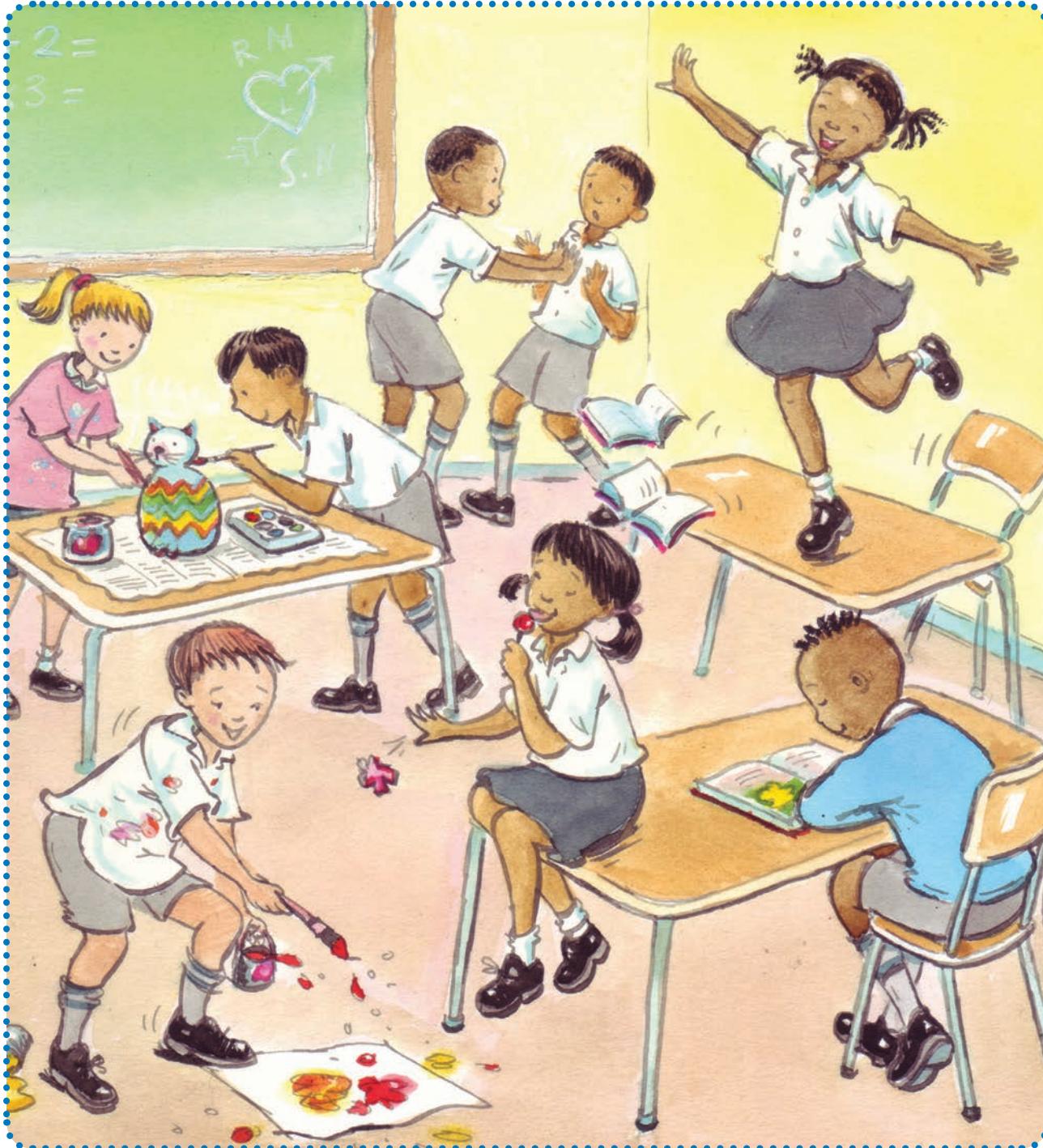
Igumbi lokufundela



Masithethe

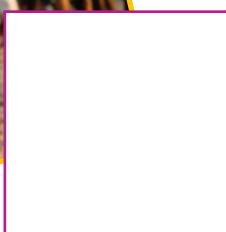
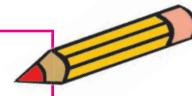
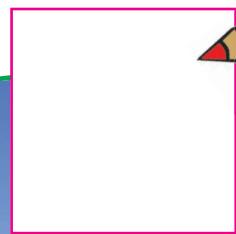
Jongisia lo mfanekiso uze uthethe ngokubonayo.

Kule klasi kwenzeka izinto ezintle nezimbi. Ngowuphi umkhwa olungileyo owubonayo? Ngowuphi umkhwa ombi okanye ongalunganga owubonayo?





Yenza uphawu ✓ ecaleni kwayo yonke imikhwa elungileyo no-X
ecaleni kwaleyo ingalunganga esenokwenzeka esikolweni.

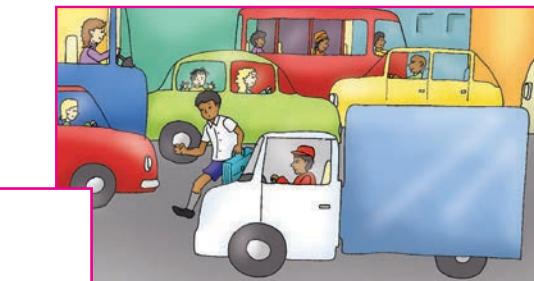
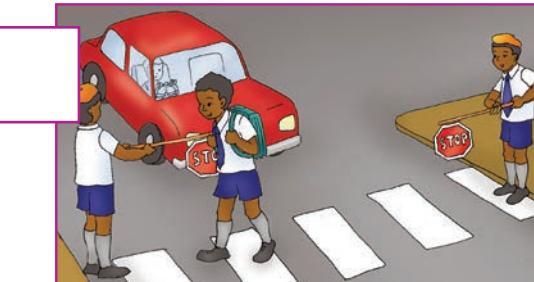
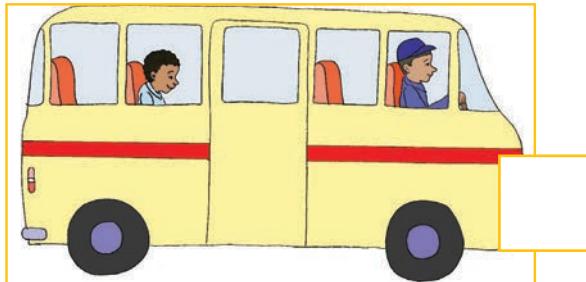


Indlela esiya ngayo esikolweni



Masithethe

Uya njani esikolweni ngosuku ngalunye? Ingaba ukhuselekile? Zikhona iindlela ezingakhuselekanga ozaziyo? Ncokola nomhlobo wakho malunga nendlela abaya ngayo esikolweni aba bantwana. Phawula ezo zikhuselekileyo nge ✓ ezingakhuselekanga ngo ✗.



Uya njani esikolweni kusasa?



Masenze

Buza abahlobo bakho aba-5 ukuba baya njani esikolweni ngosuku ngalunye. Phawula kule tshathi.

ngeenyawo



ngebhasi



ngemoto



Amagama abahlobo



1

2

3

4

5



Masishukume

Ndiyakwazi ukubaleka goso-goso.

Ewe

Hayi

Ndiyakwazi ukutshintsha indlela xa ndibaleka xa ndiyalelwa ngutitshala ukuba ndenze njalo.

Umhla:



Masenze

Zoba umfanekiso obonisa ukuba uya njani esikolweni.



Masishukume

Mamela umculo oza kuwudlalelw ngutitshala.

Shukumisa umzimba uhambelane nesinqi somculo.

Goba amadolo uze wolule imilenze.

Goba amagxa uwahlise uwanyusa.

Jikelezisa izihlahla ziye ekhohlo nasekunene.



Masishukume

Wena nomhlobo wakho phosani ibhola niyigange. Sebenzisa ingalo yakho ebuthathaka xa uphosa ibhola.

Ingaba ndikwazile na ukuphosa ibhola ngengalo yam ebuthathaka?



Masishukume

Dlalani ukuba yikiriva neqabane lakho ofunda nalo.



Ndizigcina ndicocekile

Ikota yoku-l – I veiki yesi-6 – Iphepha lomsebenzi le-



Kubalulekile ukufunda imikhwa elungileyo usemncinci. Nazi ezinye izinto ekufuneka uenze ukuze uzigcine ucocekile kwaye usempilweni. Thetha ngomfanekiso ngamnye.



Ndixukuxe.



Ndihlambe izandla emva kokusebenzisa indlu yangasese.



Ndihlambe rhoqo.

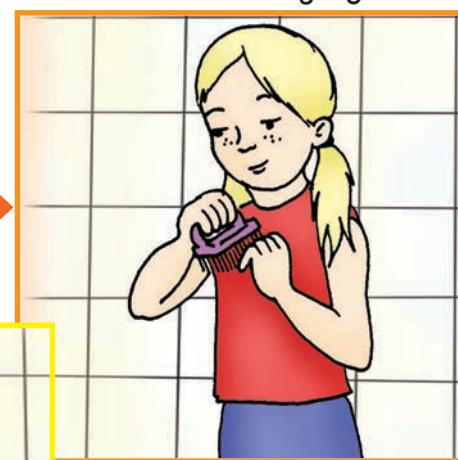
Kufuneka



Ndihlambe iziqhamo phambi kokuzitya.



Ndosule emva kokusebenzisa indlu yangasese.



Ndicoce iinzipho.



Ndisebenzise itshefu xa ndithimla okanye ndifinya.



Masibhale

Zeziphi kwezi zinto ezifunekayo ukuze uzigcine ucoekile? Fakela umbala kwiinkwenkwezi ubonise izinto ozisebenzisayo ukuze uzigcine ucoekile. Xela ukuba uyisebenzisa njani into nganye ukuze uzigcine ucoekile.



Phawula nge ✓ ubonise ukuba uyakwazi ukwenza ezi zinto:	ewe	hayi
Ndiyakwazi ukukhwela ileli ekwibala lokudlala.		
Ndiyakwazi ukusebenzisa iindawo zokubambelela ukuze ndiye phambili.		
Ndiyakwazi ukukhasa kwibala lokudlala.		



Imikhwa elungileyo

Ikota yoku-l – I'veki yesi-6 – Iphepha lomsebenzi le-



Masifunde

Imikhwa elungileyo yokusebenzisa
indlu yangasese.

Khumbula



Ukuba uyingcolisile indlu yangasese,
khumbula ukuba uyicoce.



Khumbula ukugungxula
wakugqiba.



Luvale ucango ngalo lonke ixesha
usendlwini yangasese.



Musa ukusebenzisa iphepha elininzi.



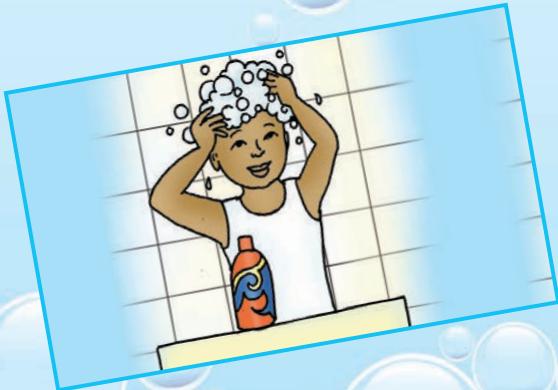
Hlamba izandla zakho rhoqo emva
kokusebenzisa indlu yangasese.



Masibhale

Biyela ngesangqa amagama achanekileyo asixeleta ukuba kufuneka sizenze kangaphi ezi zinto zilandelayo.

Ukuhlamba iinwele zakho.



yonke imihla

kusasa nasebusuku

kabini ngeveki

kanye ngeveki

Ukuxukuxa.



yonke imihla

kusasa nasebusuku

kabini ngeveki

kanye ngeveki

Ukuhlamba umzimba wakho.



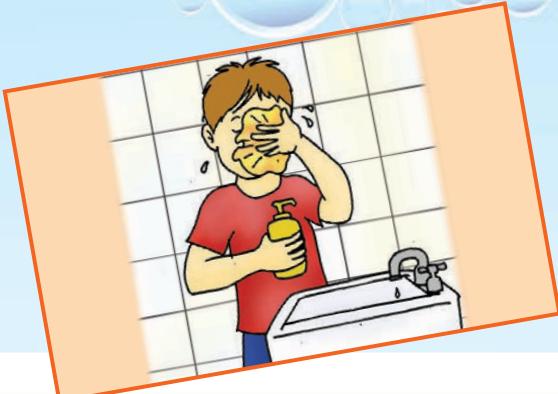
yonke imihla

kusasa nasebusuku

kabini ngeveki

kanye ngeveki

Ukuhlamba ubuso bakho.



yonke imihla

kusasa nasebusuku

kabini ngeveki

kanye ngeveki



Ndicocekile

Dlala umdlalo othi "uSimon uthi" kunye notitshala wakho. Funa indawo yakho uhambe ungakhange ugile mntu.
uSimon uthi "**bamba intloko yakho.**"



Masishukume



Masibonise

Bonisa umhlobo wakho indlela ...



Ozikama ngayo iinwele.



Oxukuxa ngayo.

Ohlamba ngayo ubuso.



Owosula ngayo izandla zakho.





Masishukume

Linganisa esi singqi.

Ndiyakwazi ukuqhwaba izandla

ndize ndingqishe ngeenyawo

**Ndiyakwazi ukunqwala
intloko yam**

ndize ndijiwulise iingalo

**Ndiyakwazi ukushukumisa
iinzwane zam**

**kwaye ndibambe
impumlo yam.**



Imikhwa enempilo

Ikota yoku-l – I veiki yesi-7 – I phephä lomsebenzi le-



Masifunde

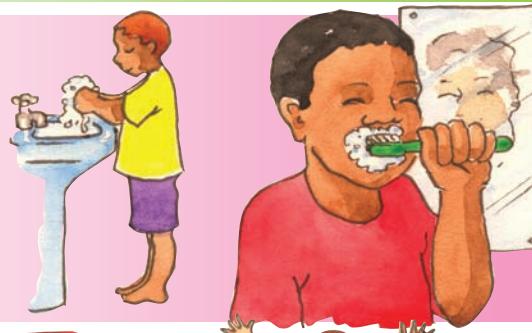
Sifuna ntoni ukuze sihlale siphilile!

**Ukuya
okunempilo**



**Imithambo
eyaneleyo**

**Ukuzigcina
sicocekile**



**Ukuba
semoyeni
omtsha**

**Ukulala okwaneleyo
nokungabukeli
kakhulu umabonakude!**





Masibhale

Phawula nge ✓ imikhwa enempilo nango ✗ engenampilo.



Teacher:
Sign:
Date:

Ukucoceka



Masenze

Bonisa indlela ozisebenzisa
ngayo ezi zinto.



ibrashi yamazinyo



intlama yamazinyo



isepha



amafutha ezandla



ishampu



ikama



ibrashi



ibrashi yeenzipho



iklipa yeenzipho



Masishukume

Bambanani ngezandla nenze isangqa esikhulu.

Phoselanani ngebhola esangqeni.

Yongeza enye ibhola niyiphose nayo.

Yongeza enye ibhola kwakhona niphoselane ngeebhola ezintathu.



Masithetho

Yintoni engacocekanga kweli gumbi?

Kufuneka wenze ntoni ukucoca igumbi?

Benza ntoni abantwana? Kufuneka benze ntoni?



Teacher:

Sign:

Date:

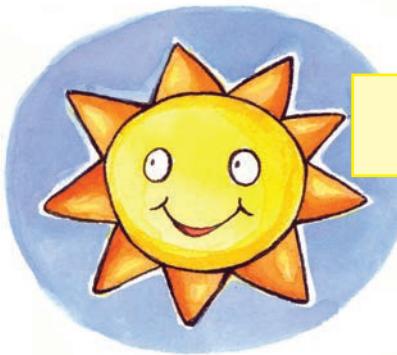
Imozulu endiyithandayo

Ikota yoku-l – Ivelki yesi-8 – Iphepha lomsebenzi | e-

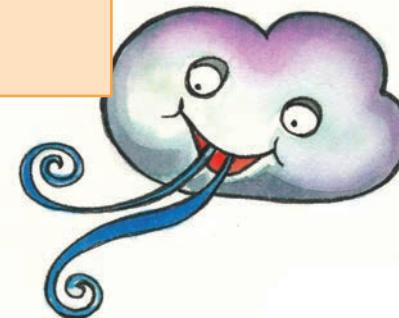
Masithethé

Jonga iintlobo ezahlukeneyo zemozulu uze uchazele umhloba wakho ukuba yeyiphi eyona mozulu ujithandayo.

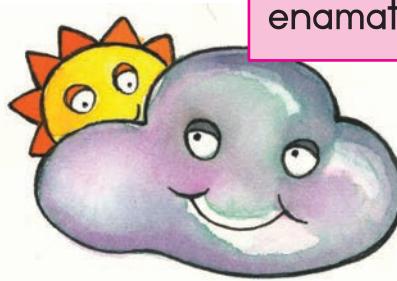
enomoya



enelanga



enemvula



enamafu nebandayo



Kwezinye iindawo kwilizwe lethu kubanda kakhulu kude kuwe ikhephu.

Maxa wambi kubakho umoya omkhulu.

Umoya onamadla kakhulu kuthiwa yinkanyama.



Zizobe usemvuleneni okanye ekhephini.

Zizobe kwiphepha elikhulu ngeekhrayoni zamafutha.

Xuba into yokujika umbala wokutya ezuba namanzi uze ulipeyinte lonke iphepha.

Chithela ipeyinti emhlophe phezu komfanekiso.



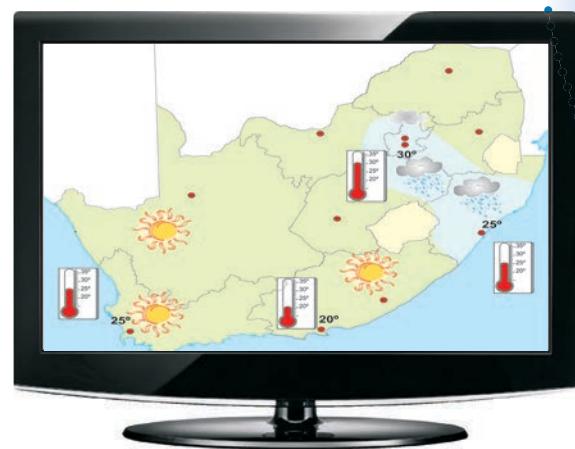
Masenze

Umhla:

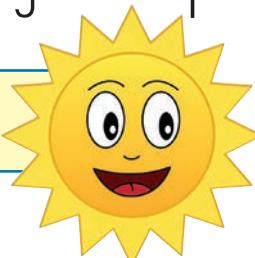


Masifunde

Sisebenzisa itshathi yemozulu ukubonisa ukuba injani na imozulu. Sisebenzisa iimpawu ezithile xa sibonisa iindidi ezahlukeneyo zemozulu. Nazi ezinye zezo mpawu.



enelanga



enemvula



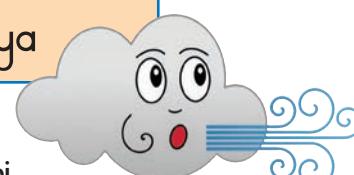
enamafu



enekhephu



enomoya



Masithetho

Xelela umhlobo wakho ukuba unxiba iimpahla ezinjani kuhlobo ngalunye lwemozulu.



Masenze

Zoba iimpawu zemozulu uzenzele eyakho itshathi yemozulu yeveki.

Mvulo

Lwesibini

Lwesithathu

Lwesine

Lwesihlanu



Masibhale

Ibinjani imozulu kule veki?
Fakela amagama angekhoyo.

Namhlanje ku _____.

Izolo beku _____.

Ndiyathemba ngomso kuza _____.





Masenze

Linganisa iimeko zemozulu ezahlukeneyo.



Vula iingalo zakho phezu kwentloko wenze ngathi ulilifu elikhulu.



Unesambreli sokukukhusela elangeni.



Wangawangisa okomthi uvuthuzwa ngumoya.



Bamba isambreli sakho usiqinise ukuze singemki nomoya ovuthuzayo.



Yenza ingxolo
yamachaphaza emvula
esiwa phezu kwendlu.

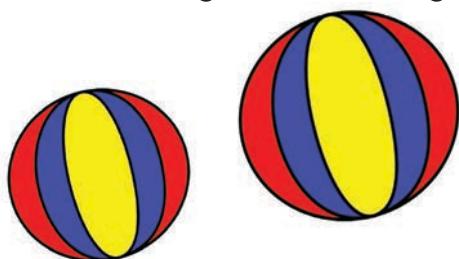




Masishukume

Bambanani ngezandla nenze isangqa esikhulu.

Phoselanani ngeebhola nizigange.



Cinga ngeendlela ezahlukileyo
zokuhamba phezu kwepali okanye
ecingweni. Khawubone ukuba
ungahamba ngendlela eyahlukileyo
na kunaleyoye yabanye abantwana.



Masonwabe

Dlalani unochesi.

Zoba iibloko kunye
nezangqa emhlabeni.



Masishukume

- Bonisa umhlobo wakho indlela owusebenzisa ngayo ugqaphu.
- Utitshala wakho uza kukubonisa indlela ekudlalwa ngayo imidlalo yemveli.



Usapho Iwasekhaya



Masithethe

Ubusazi na ukuba iintsapho zahlukile?

Ezinye iintsapho zinkulu ezinye zincinci. Ezinye zinoomama nootata ezinye azinabo. Ezinye iintsapho zihlala noomakhulu nootatomkhulu, oomalume, oomalumekazi kanye nabaza.



Jonga le mifanekiso uze uchazele umhlobo wakho indlela ezahluke ngayo ezi ntsapho. Sebenzisa amagama asebhokisini.

umama

utata

udade

utatomkhulu

umnakwethu

usana

umakhulu

usapho





Masibhale

Uhlala nabani kokwenu?



Uhlala nabani kokwenu? _____.

Ekhaya kukho abantu aba _____.

Ngubani oyena mncinci kokwenu? _____.

Ngubani oyena mdala kokwenu? _____.



Masithetho

Sonke sinemisebenzi esiyenzayo emakhaya. Jonga le mifanekiso uze uxele ukuba ngubani owenza le misebenzi kokwenu.



Bhala isivakalisi sibe sinye ngomsebenzi owenze izolo.



Usapho Iwasekhaya

Ikota yesi-2 – Ivelki yoku-I – Iphepha lomsebenzi le-



Masonwabe

Zoba umfanekiso wento eniyenza kunye nilusapho. Xela ukuba ngubani na lowo. Sebenzisa la magama akuncede.

umama

utata

udade wethu

utatomkhulu

umnakwethu

usana

umakhulu

usapho



Usapho Iwasekhaya



Siyakhathalelana



Masifunde

abantu bekhaya elinye bafanele ukuthandana bakhathalelane.
Ukuthandana sikubonisa ngokwangana, ngokuncedana
nangokuhlonelana. Kufuneka ...



- sincedane.
- sihloniphane (ngakumbi abantu abadala).
- senze imisebenzi yethu ngexesha.
- sithembeke.



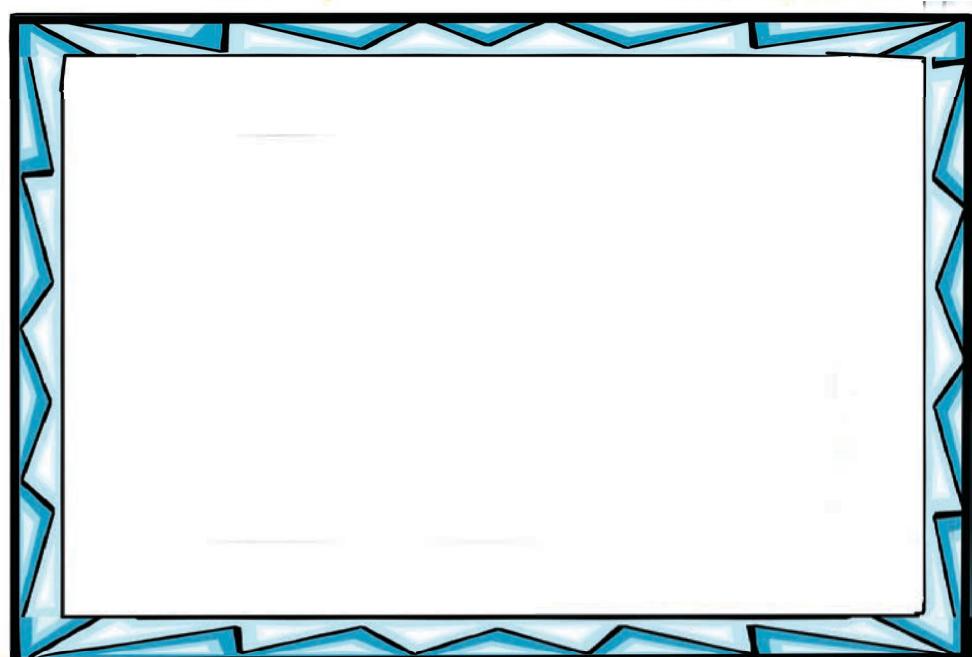
Masithetho

Jonga le mifanekiso uze uxele ukuba aba bantwana babalonisa njani abantu bakwamawabo ukuba babakhathale. Yenza umdlalo ubonise ukuba kwenze ka ntoni kumfanekiso ngamnye.



Masenze

Zoba umfanekiso obonisa ukuba ulukhathalele usapho lwakho. Chazela umhlobo wakho into oyizobileyo.



Ikota yesi-2 – Iweki yoku-1 – Iphepha lomsebenzi le-

Ukubonisa inkathalo

Ikota yesi-2 – Ivelki yesi-2 – Iphepha lomsebenzi lama-



Masithethe

Ncokola ngendlela olucedana ngayo olu sapho. Nombola imifanekiso uqale ku-1 uye ku-4 ubonise ukulandelelana kwayo.



Masifunde

Imisebenzi yethu yangokuhlwa.

Umama upheka ukutya.

Utata uhlamba iimbiza.

Mna nomnakwethu sincedisa umama notata.

Sincedisa kakhulu.

Siqoqosha ubisi nesonka.

Emva koko silungela ukuya kulala.

Utata usibalisela ibali lokulala!





Masenze

Yenzela umntu okukhathalelayo ikhadi. Zoba umfanekiso uze ubhale igama laloo mntu.



Masenze

Ungakwenza oku?

	uyakwazi ukuphosa ibhola ngokuyigqampisela kwiqabane lakho.	ewe	hayi
	uyakwazi ukuphosela iqabane lakho ngesandla.	ewe	hayi
	uyakwazi ukugqampisa ibhola ngamadolo.	ewe	hayi
	uyakwazi ukubetha ibhola iye ngakwibhakana.	ewe	hayi
	ungayikhaba ibhola ubaleka phakathi kwezinto ezibekiweyo.	ewe	hayi
	ungayikhabela kwibhakana ibhola iyibethe.	ewe	hayi



Ukhuseleko ekhaya nakwindawo elingqongileyo



Masithethi

Kufuneka sizive sikhuselekile ngalo lonke ixesha sisekhaya. Kodwa kukho iingozi ezininzi emakhayeni nakwiindawo eziwangqongileyo. Jonga umfanekiso, uze uncokole nomhlobo wakho ngezinye zeengozi.

Ekhitshini

- Jika imiphambo yeembiza ijonje ngemva esitovini.
- Musa ukushiya iimela ezibukhali zithe saa.
- Tshixela ipalafini namayeza kwindawo ekhuselekileyo.
- Musa ukushiya izinto zokudlala zithe saa.



Kwigumbi lokuhlambela

- Musa ukusebenzisa izinto zombane ecaleni kwamanzi.
- Musa ukuzishiya kufutshane namanzi.
- Izikere nezinye izinto ezibukhali zifake ekhabbhathini.
- Sukusebenzisa ibrashi yakho yamazinyo kunye nomnye umntu.



Isichotho nombane

- Ungaze ume phantsi komthi xa kukho isichotho.
- Ungaze ufake nto kwimingxuma yombane esedongeni. Cela umntu omdala akuncede.

Ngaphandle kwekhaya

- Izinto ezinobungozi ezifana neengceba zebhotile zilahle emgqomeni.
- Musa ukudlala kufutshane nedama lamanzi ngaphandle kokuba kukho umntu omdala.



Ngaphakathi ekhaya

- Musa ukushiya izinto zokudlala kunye nezinye izinto zithe saa.
- Musa ukudlala ngeparafini okanye ngezinto zokucoca ezinetyhefu.
- Ukuba uqaphele ukuba intambo yeayini okanye yeketile ityekile, cela umama okanye utata wakho ayilungise.



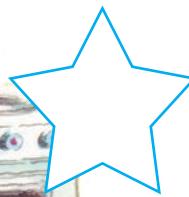


Masithethe



Ukuzigcina ukhuselekile

Jonga imifanekiso uze uxele ukuba yeyiphi ebonisa iimeko ezikhuselekileyo iyeyiphi engazibonisiyo. Phawula nge ✓ ezo zibonisa imeko ekhuselekileyo uze uphawule ngo ✗ ezo zibonisa imeko engakhuselekanga. Chaza ukuba kutheni ucinga ukuba bakhuselekile okanye abakhuselekanga.





Zikhona izinto eziyingozi kokwenu? Ungenza ntoni ngaloo nto? Iityhefu, amayeza nezinto zokucoca ziyingozi kakhulu. Ungaze usele nantoni xa ungayazi ukuba yintoni.



Olu phawu luthetha ukuba kukho into enetyhefu phakathi ebhotileni, ebhokisini okanye etotini. Wakhe walubona olu phawu ngaphambili?



Utitshala wakho uza kukudlalela umculo.



- Shukuma ngokwesingqi somculo.
- Khetha inkokheli. Le nkokheli kufuneka ishukume ngokwesingqi somculo. Abanye mabalinganise le nto yenziwa yinkokheli.
- Yima ngomlenze omnye.
- Yima ngomnye umlenze.
- Ngowuphi umlenze owomeleleyo.
- Beka intambo ende emgangathweni okanye ukrwele umgca. Hamba phezu kwale ntambo okanye emgceni ungaphumi endleleni.
- Tshintsha ke ngoku ukumila kwentambo okanye umgca uze uhambe ecaleni kwawo ungaphumi endleleni.



Ukhuseleko xa ndindodwa ekhaya



Masithethe

Ufunde ngezinto ezinokwenzakalisa ekhaya nakwindawo ekufuphi.
Ungazigcina njani ukhuselekile xa uwedwa ekhaya?

Xa uwedwa ekhaya ungenza ezi zinto ukuze uhlale ukhuselekile.



Musa ukuvulela
abantu ongabaziyo.

Tshixa zonke iingcango
eziphumela ngaphandle.



- Qinisekisa ukuba uyzazi iinombolo zefowuni zabazali bakho kanye nabantu abahlala kufuphi nani.
- Bhala iinombolo ezibalulekileyo ulungiselele umhla ngengxaki.



Masibhale

Zenzele olwakho uluhlu lweenombolo ezibalulekileyo.

Amapolisa:



Iambulensi:



Abacimi-mlilo:



Inombolo yeselula kamama:

Inombolo yeselula katata:

Ngubani omnye umntu onokumfowunela xa ufunu uncedo?



Enye into onokuyikhumbula

Ikota yesi-2 - Iweki yesi-4 - Iphepha lomsebenzi lama-

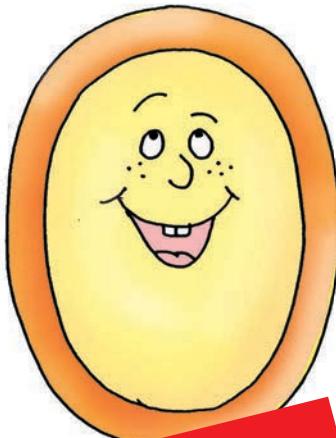


Masithethe

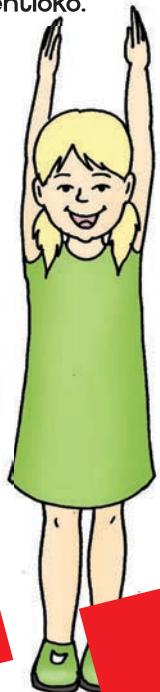
Nantsi indlela elula yokukhumbula inombolo yefowuni yamapolisa.
Jonga umfanekiso uze uxelele umhlobo wakho ukuba ikunceda njani
imifanekiso ekukhumbuleni iinombolo. 10111 yinombolo yamapolisa.
Yibize amatyeli ambalwa de uyazi ngentloko.



1



0



111



Masishukume

Bonisa ukuba ubuya kuthini ukuba ubungumntwana okule mifanekiso.



Ubuya kwenza ntoni
ukuba ubuleqwa ngumntu
ongamaziyo?



Ubungathini ukuba
ubuncedisa umama wakho
ukwenza ikeyiki?



Ubuya kuthini ukuba
ubumi phezu kweglassi
eyaphukileyo?



Masenze

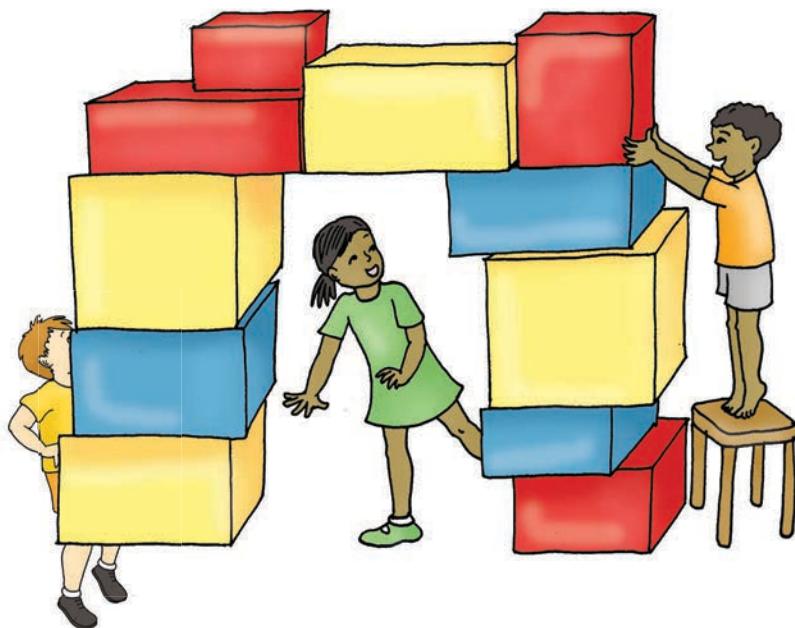
Zama ukuzakhela
eyakho indlu.

- Funa iibhokisi zekhadibhodi ezindala uze uzakhele iindonga kunye nophahla.
- Dibanisa iibhokisi ngesinamathelisi.
Wakube uyigqibile indlu yakho, yiheyinte.
- Ukuba akuyifuman ikhadibhodi, sebenzisa enye into kodwa ungasebenzisi iglasi okanye itoti okanye nantoni na enokukwenzakalisa.



Masishukume

Phosa ibhola emoyeni
uze uyibambe ngesandla
sakho esibuthathaka.



Ncedisa utitshala wakho
nikhuphele ngaphandle kweklasi
izitulo, iitafile kunye neebhokisi.

Khwela ezitulweni, ezitafileni
nasezibhokisini, khasa
ngaphantsi kwazo uphinde
utsibe phezu kwazo.

Khawuzame ukuma
ngonyawo olunye esitulweni.



Umzimba wam

Ikota yesi-2 - Iweki yesi-5 - Iphhepha lomsebenzi lama-



Masibhale

Bhala amagama kwizikhewu ezichanekileyo.

umlenze

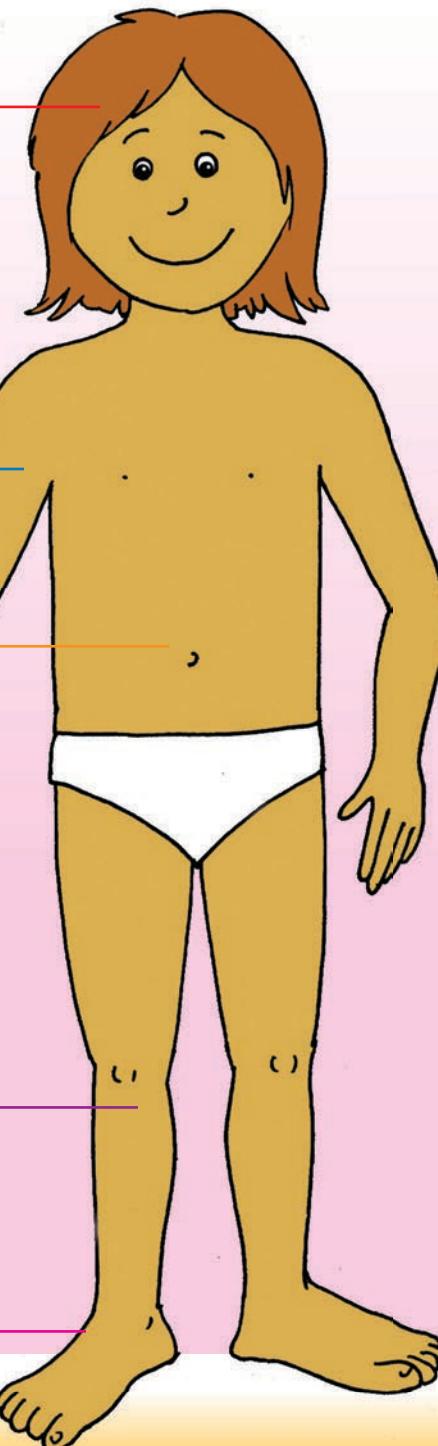
isandla

intloko

isisu

unyawo

ingalo





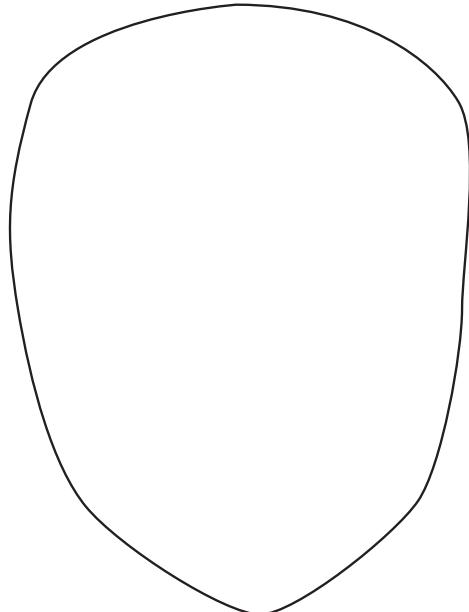
Masizobe

Gqibezela obu buso.

Zoba iinwele. Khuphela obakho ubuso.

Ukuba unamehlo abhrawuni, zoba
amehlo abhrawuni. Ukuba uneenwele
ezimnyama zoba iinwele ezimnyama.

Zoba iintshiyi, impumlo nomlomo.



Ubuso lilungu elibalulekileyo lomzimba wakho.

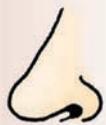
Sonke sinamehlo ama-2.



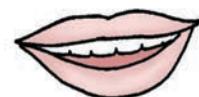
Sonke sineendlebe ezi-2.



Sonke sinempumlo e-l.



Sonke sinomlomo.



Masicule

Culani ingoma. Bamba ilungu lomzimba wakho njengokuba
nicula igama lalo.



Intloko namagxa

**Intloko namagxa, amadolo neenzwane, amadolo
neenzwane**

Intloko namagxa, amadolo neenzwane

**Intloko namagxa, amadolo neenzwane, amadolo
neenzwane, amadolo neenzwane**



Mashukume

Dlalani umdlalo othi 'USimon uthi...'

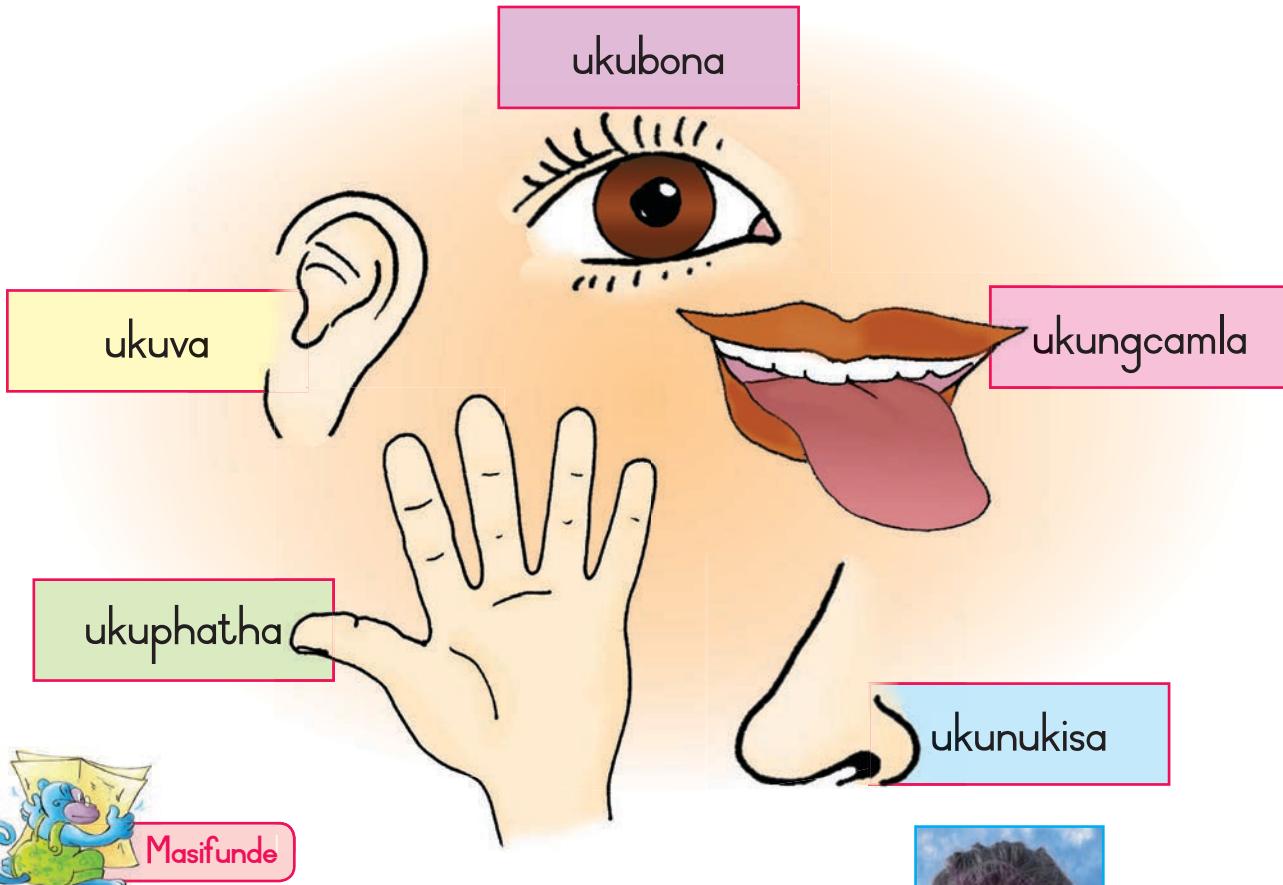


Izivo zam



Masithethé

Jonga izivo ezahlukeneyo uze uxele ukuba sizisebenzisela ntoni.



Masifunde

Sisebenzisa izivo zethu yonke imihla.

Ukutya siyakunukisa sikungcamle.

Siyakwazi ukuva ukuba luthambe kangakanani usiba. Siyasibona isibhakabhaka esizuba ehlotyeni.

Siphulaphula umculo.

Izivo zethu zisigcina sikhuselekile. Siyeva xa kukho umlilo. Siyeva ukuba isitovu sishushu kakhulu. Siyabona xa kungakhuselekanga ukunqumla indlela. Siyasiva isandi setsimbi.





Masenze

Ukukhathalela amehlo kanye
neendlebe zethu.

Kufuneka sizikhathalele izivo zethu.

Nazi iindlela ezimbini zokukhathalela
amehlo kanye neendlebe.



Khathalela iindlebe
zakho ngokungamameli
umculo ongxolayo.

Khathalela amehlo akho
ngokunxiba ikepusi okanye
iiglasi zelanga.
Musa ukujonga elangeni.



Masibhale

Jonga itheyibhile engezantsi uze uphawule kumgca ngamnye isivo okanye
izivo ozisebenzisayo. Ungaphawula nokuba zingaphi.

	ukunukisa	ukungcamla	ukubona	ukuva	ukuphatha



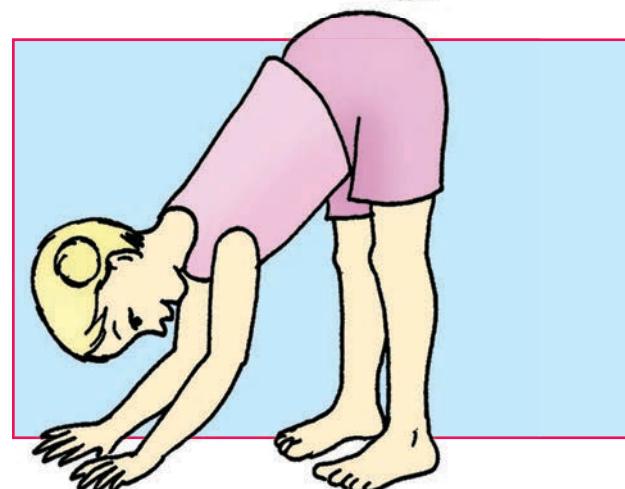
Ukushukumisa umzimba

Ikota yesi-2 - Iweki yesi-6 - Iphepha lomsebenzi lama -



Jonga imifanekiso. Kumfanekiso ngamnye xela ilungu lomzimba nokuba likunceda entweni.

Imizimba yethu siyisebenzisela ukushukuma.



Masibhale

Phendula le mibuzo kune nomhlobo wakho. Emva koko bhala iimpendulo encwadini yakho phantsi kwemibuzo.

Ngawaphi amalungu omzimba owasebenzisa xa uhamba?



Ngawaphi amalungu omzimba owasebenzisayo xa uchola into?



Yenzele phandle

Utitshala wakho uza kukubonisa ukuba idlalwa njani 'impuku nekati'.

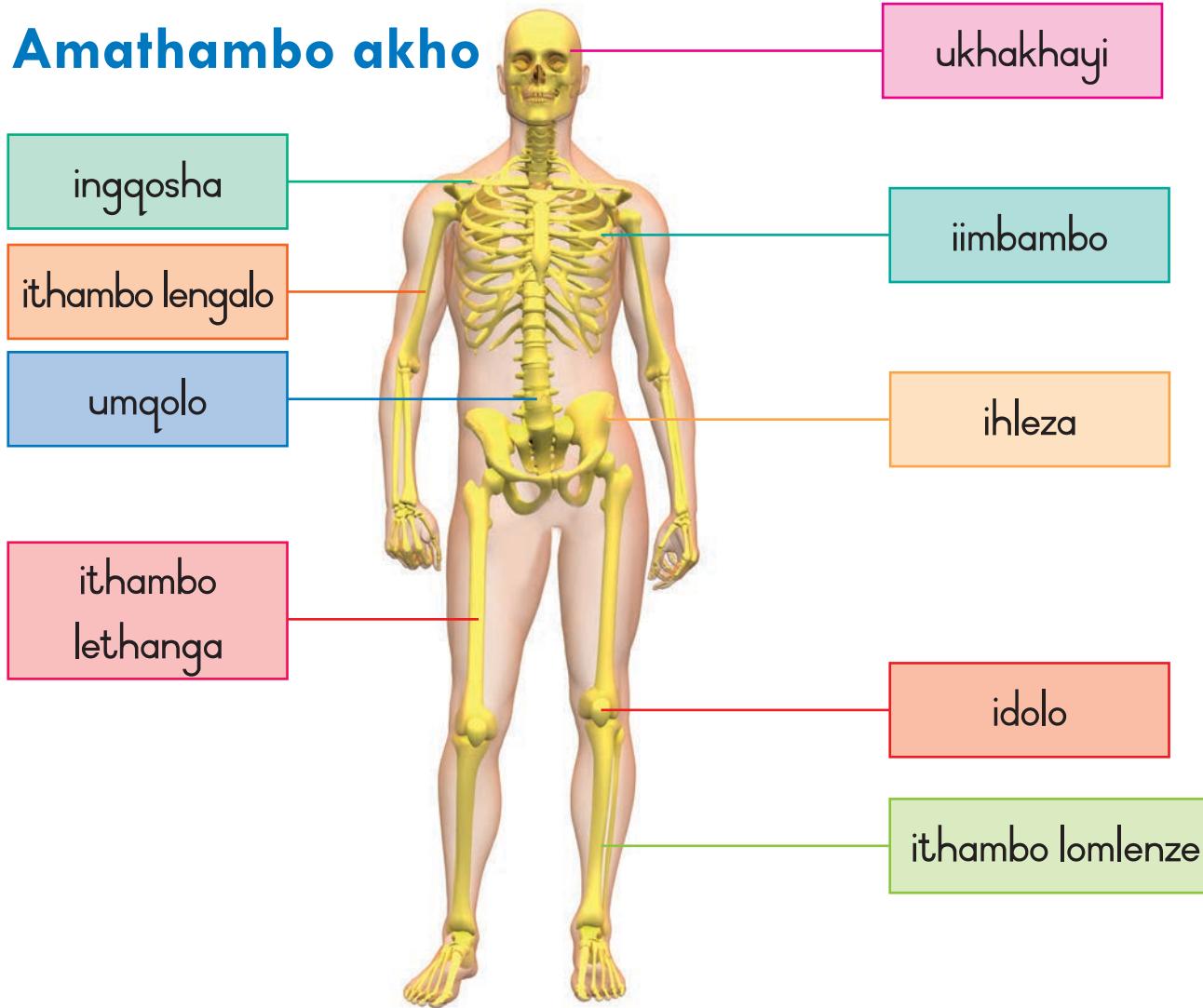




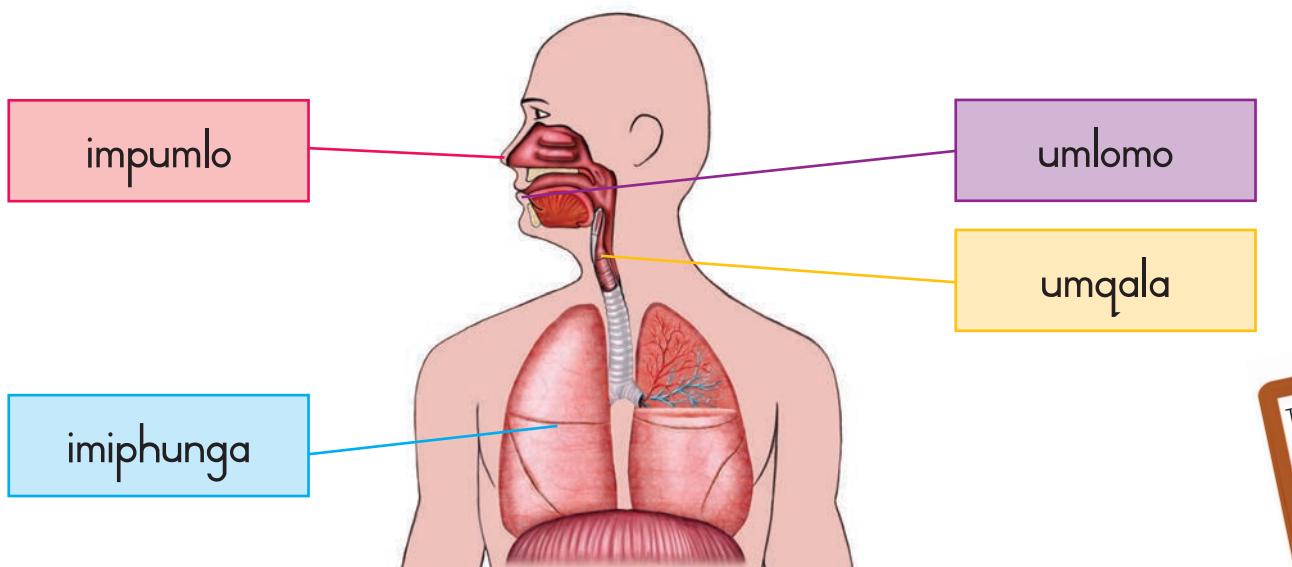
Masifunde

Kukho amalungu omzimba ongakwaziyo ukuwabona.
Onke ayasebenzisana ukukugcina uphilile.

Amathambo akho



Amalungu omzimba akunceda ukuba uphefumle

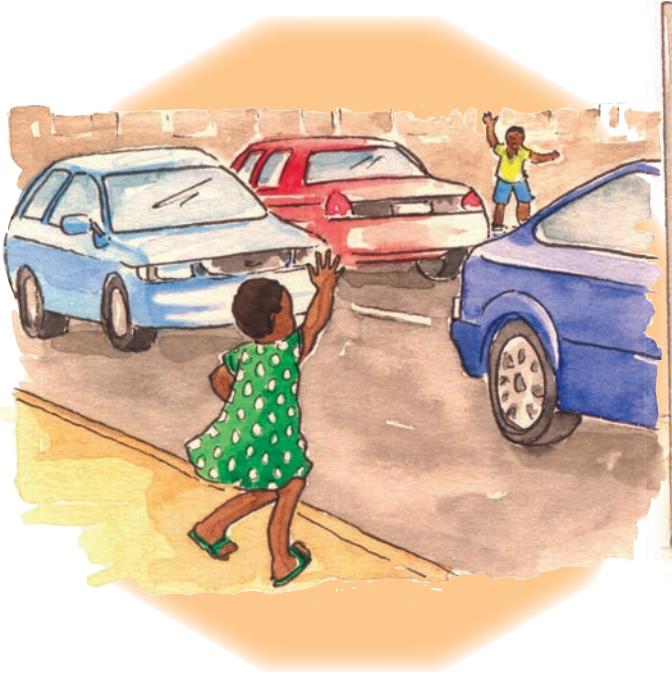


Cinga ngokhuseleko

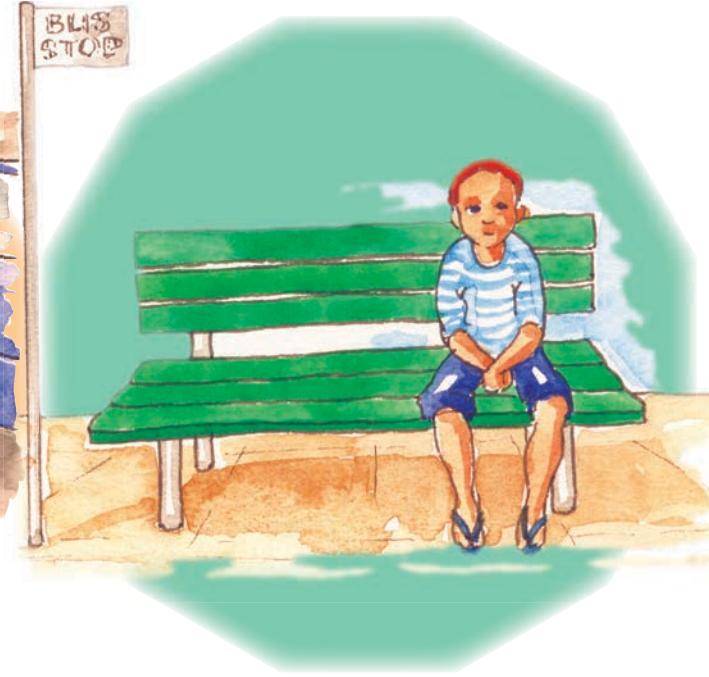
Ikota yesi-2 – Iweki yesi-6 – Iphepha lomsebenzi lama-



Jonga imifanekiso engezantsi uze uncokole nomhlobo wakho ngenikubonayo.
Kumfanekiso ngamnye yitsho ukuba ungaahlala njani ukhuselekile.



Ubona umhlobo wakho ngapha kwendlela.



Ulinde wedwa esitopini sebhasi.

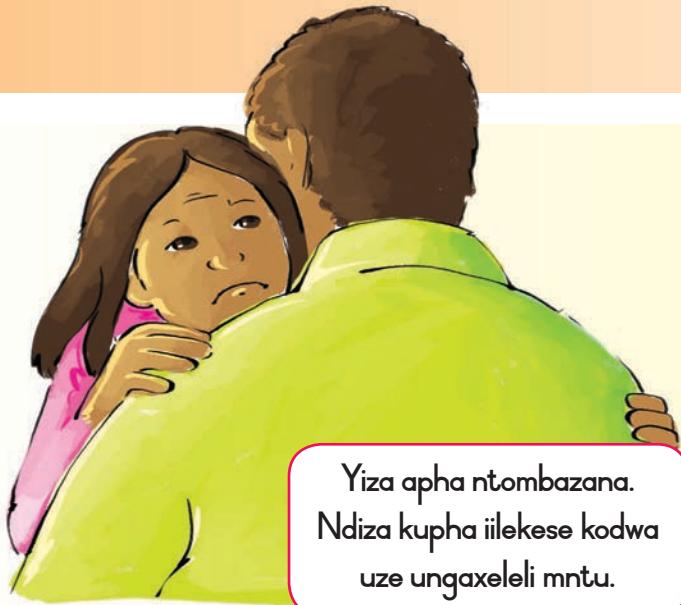
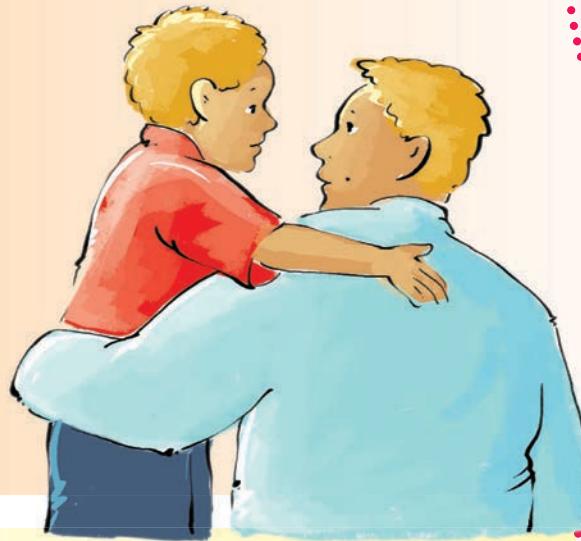


Ucelwa ngumntu ongamaziyo ukuba
uhambe naye.



Ulahleka ezivenkileni.

Sineemvakalelo zika "ewe" xa umntu esanga ngendlela elungileyo. Kuba mnandi xa usangiwa ngobubele nangendlela enenkathalo ngumntu omthandayo.



Sibaneemvakalelo zika "hayi" xa umntu esiphatha ngendlela esenza soyike okanye sicaphuke. Xa siziva sikhathazekile okanye singakhuselekanga sineemvakalelo zika "hayi".

Umzimba wakho ubalulekile kwaye ngowakho kuphela. Ungathi "ewe" ukuba **KULLUNGILE** ukuba umntu akuphathe, kwaye ungathi "hayi" ukuba **AKULUNGANGA**.



Ukuzigcina ukhuselekile

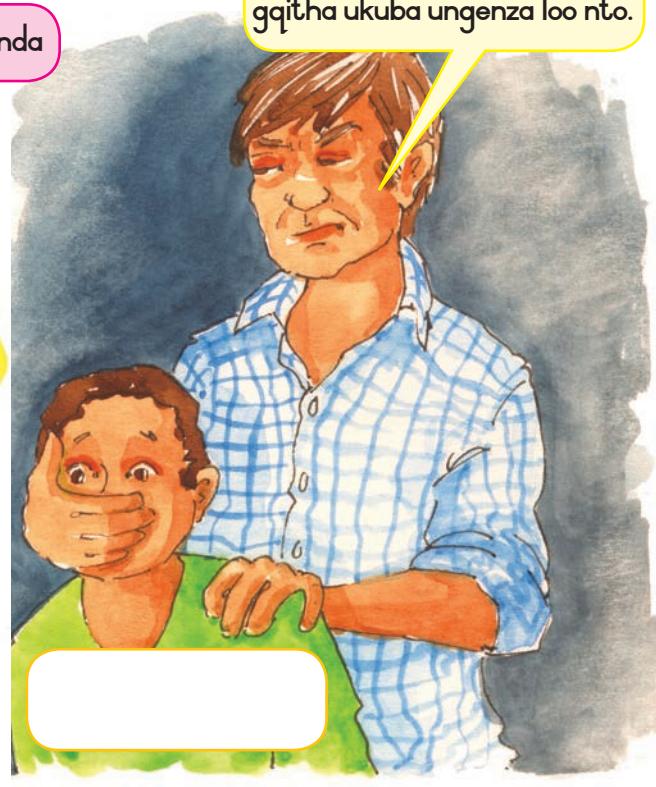
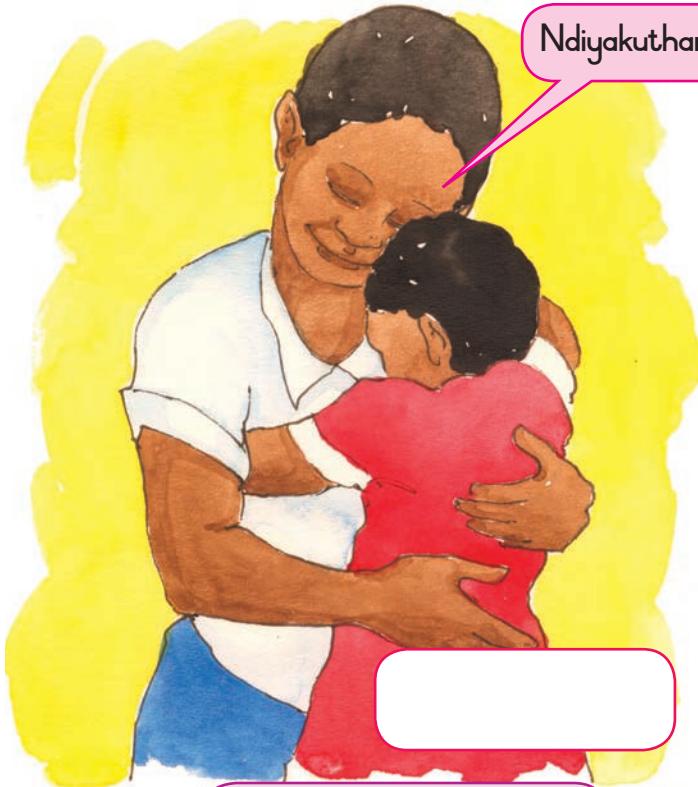
Ikota yesi-2 - Iweki yesi-7 - Iphepha lomsebenzi lama-

Masibhale

Jonga imifanekiso engezantsi uze ubhale EWE kwimvakalelo ka "ewe" kunye noHayi kwimvakalelo ka "hayi" kwezi bloko.

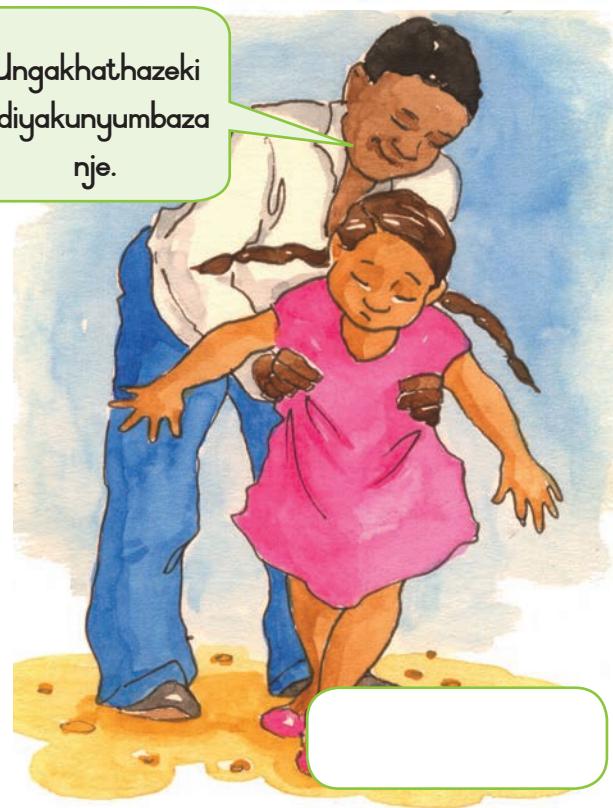
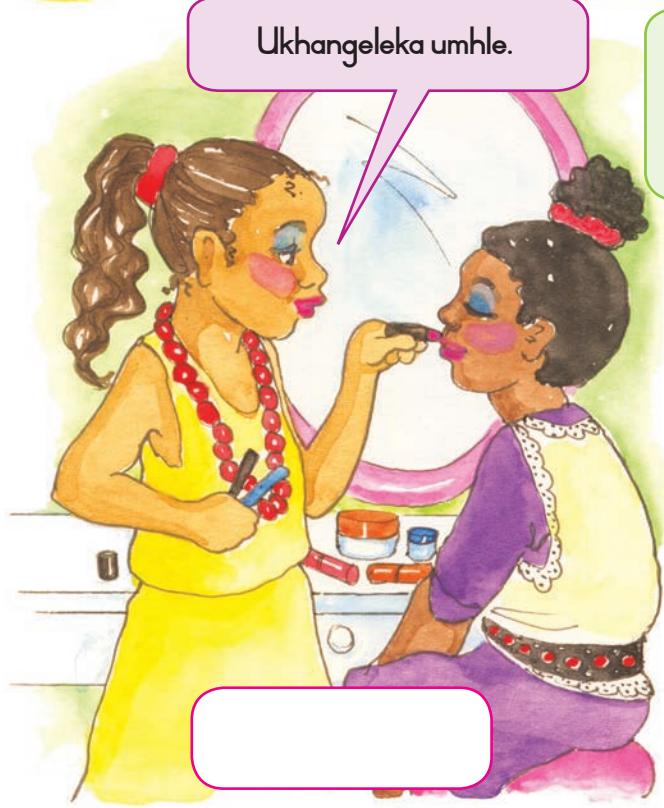
Yeka ukungxola! Umkhulu gqitha ukuba ungenza loo nto.

Ndiyakuthanda



Ukhanjeleka umhle.

Ungakhathazeki
ndiyakunyumbaza
nje.





Masenze

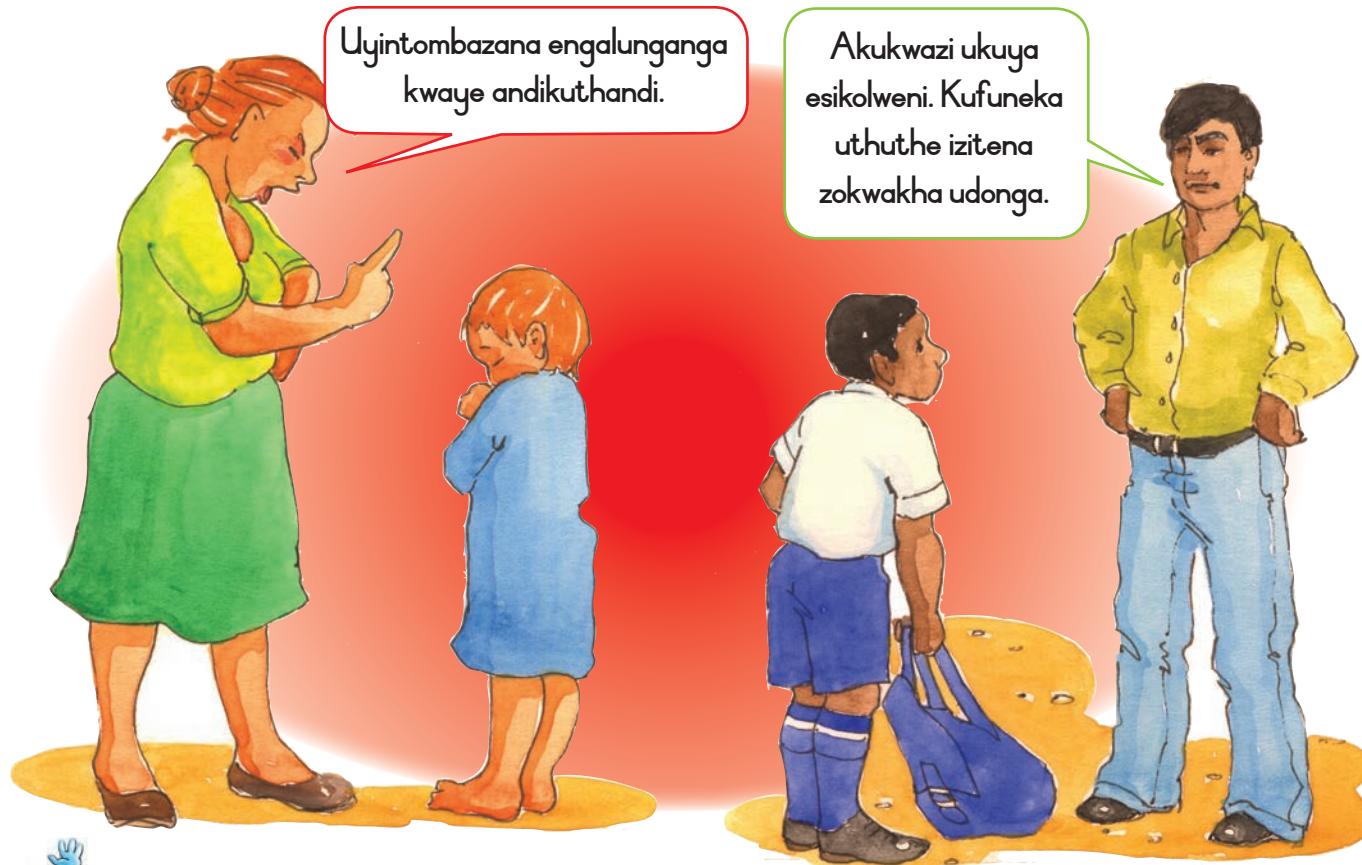
Ziqhelise ukuthi "hayi".

Yila umdlalo qpho umntu ongamaziyo afuna ukuthaththa umntwana amfake emotweni yakhe okanye ufunu ukuphatha-phatha umntwana. Umntwana uthi "hayi".



Masithetho

Abanye abantwana bahlala emakhayeni angabakhathalelanga. Jonga imifanekiso. Ncokola ngendlela onokuziva ngayo ukuba ubungumntwana okuloo mifanekiso. Chaza ukuba ubuya kwenza ntoni.



Masishukume

Dlala umdlalo othi "yima".

Yenza nantoni na, xa utitshala evuthela impempe yima bhuxe ngaloo ndlela kuloo ndawo. Akufuneki ushukume tu de kutsho utitshala. Ungakwazi ukuxhathisa? Hamba phezu kwepali okanye phezu kwentambo ende ebekwe phantsi.



Teacher: _____
Sign: _____
Date: _____

Ndizigcina ndisempilweni



Masifunde

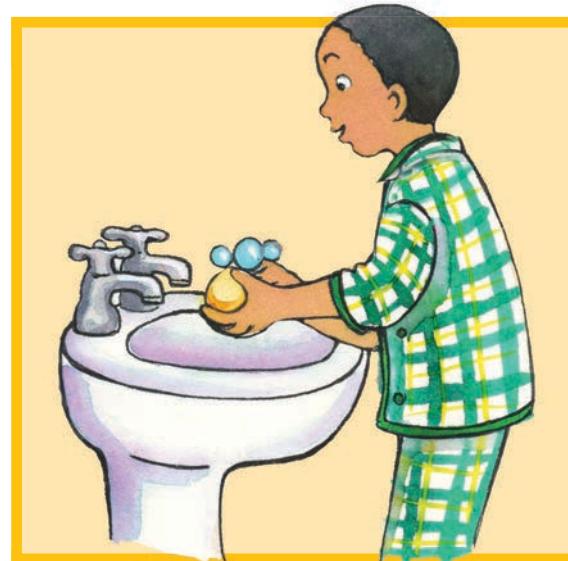


Zininzi iindlela esinokugula ngazo. Amaxesha amaninzi siguliswa ziintsholongwane. Zincinci kangangokuba asikwazi ukuzibona. Zingena emizimbeni yethu zisigulise. Zingangena emizimbeni yethu zisigulise.



Masithethe

Benza ntoni abantwana abasemifanekisweni ukuzigcina besempilweni. Kungenzeka ntoni ukuba abanakuzenza ezi zinto?





Masithethe

Thetha ngale mifanekiso. Yenza u ✓ ukubonisa indlela onokuhlala ngayo
usempilweni. Faka u ✗ kwimifanekiso enokubangela ukuba ugule.



Ndizigcina ndisempilweni



Masithethetho

Ubusazi ukuba kukho iindlela ezahlukeneyo zokucoca amanzi?

Ubusazi na ukuba amanye amanzi acocekile amanye amdaka? Ungenza njani ukuqinisekisa ukuba amanzi acocekile kwaye angaselwa?

**Ungabilisa amanzi amdaka eketileni
ukuze ubulale iintsholongwane.**



**Ungawahlusa amanzi amdaka.
Utitshala wakho uya kukubonisa
ukuba wenza njani.**

**Ungagalela itisipuni yejikhi kwiemele
yamanzi omlambo angangeelitha
ezingama-20. Yivale iemele
ingangenwa ziimpukane. Wayeke
amanzi ahlale iiyure ezingama-28
phambi kokuba uwasele.**





Masithethé

Jonga imifanekiso uze
uthethe ngezinto ezenziwa
ngabantwana ukuze bahlale
besempilweni.

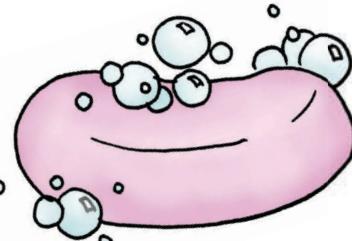
Lahla ithisiyu kwindlu
yangasese okanye emgqomeni.



Hlamba izandla
wakugqiba
ukusebenzisa
indlu yangasese.



Hlamba izandla zakho
phambi kokuba utye.



Ukuba ungcolisile kwindlu
yangasese, kucoce oko kungcola
uze uhlambe izandla emva koko.



Gquma umlomo xa ukhohlela
okanye uthimla.



Siyaqondisisa



Masithethe

Xoxa ngokufundileyo
kwezi kota zimbini
zidlulileyo.



Ndiyakwazi ukuthetha ngosapho lwasekhaya.

Ndiyakwazi ukuhamba emgceni obhityileyo.

Ndiyayazi inombolo yefowuni yamapolisa.

Ndiyazi malunga neemvakalelo zika "ewe" no "hayi".

Ndiyakwazi ukubamba ibhola.

Ndiyakwazi ukuhlala ndikhuselekile ekhaya.

Ndiyakwazi ukuzikhathalela xa ndisele
ndodwa ekhaya.

Ndiyalunceda usapho lwam.

Ndiyakwazi ukuzihambela esikolweni sam.

Ndiyakwazi ukuzigcina ndisempilweni.

Ndiyazi ukuba mandenze ntoni ngazo zonke izinto
ezikwibhegi yam yesikolo.

Ndiyazi malunga neentsapho ezahlukeneyo.

Ndifunde lukhulu kwizifundo zeZakhono zoBomi.

Isichazi-magama sam

A
a

G

B
b

H

C
c

I

D
d

J

E
e

K

F
f

L

Isichazi-magama sam

M
m

S
s

N
n

T
t

O
o

U
u

P
p

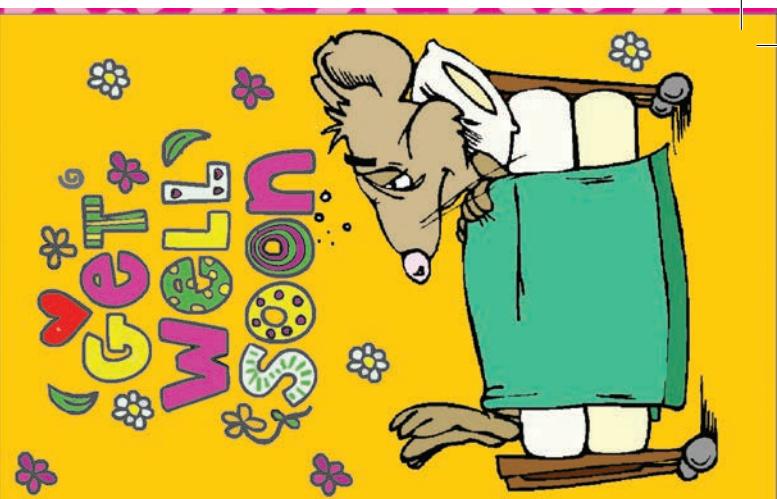
V
v

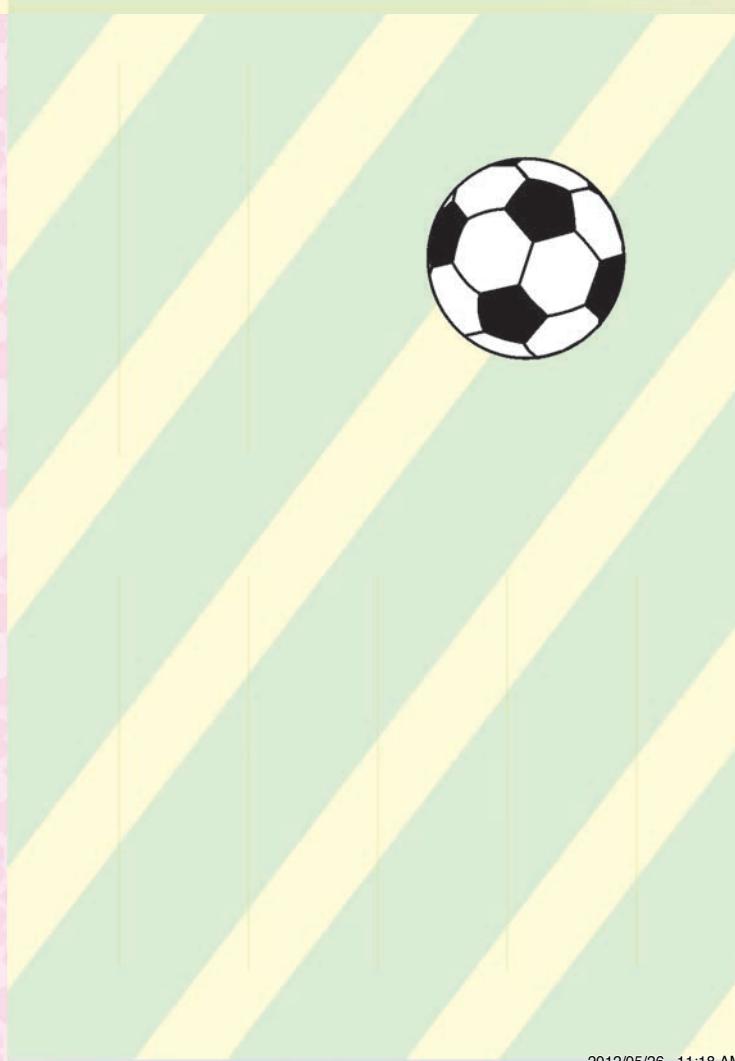
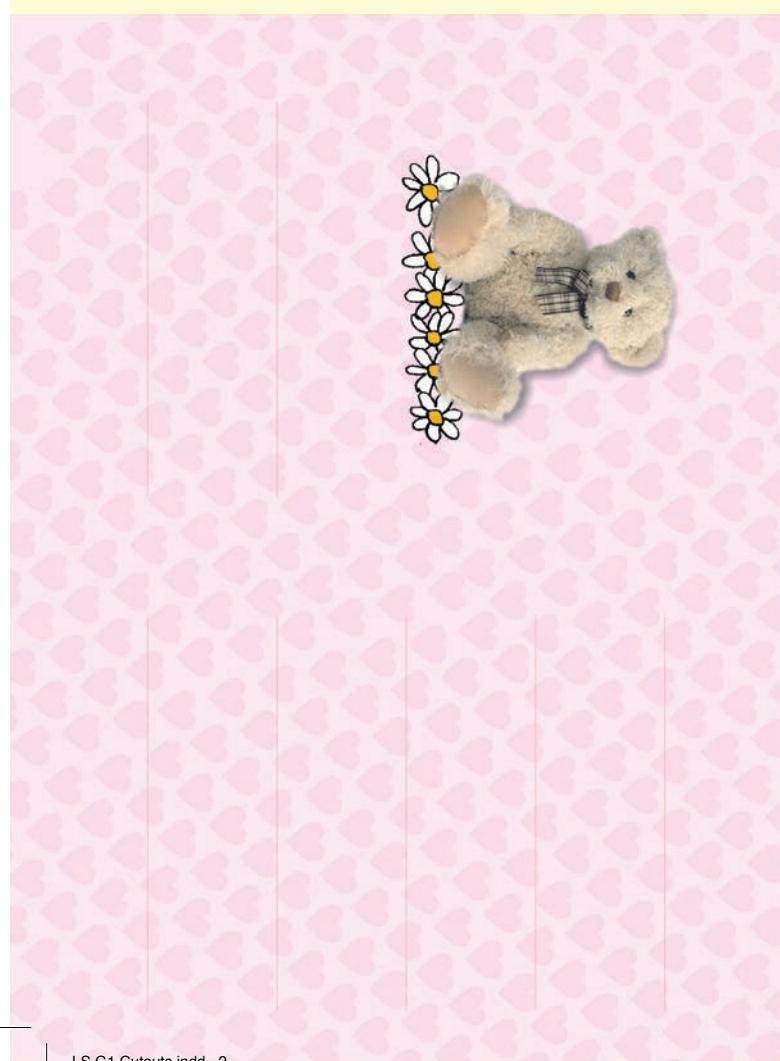
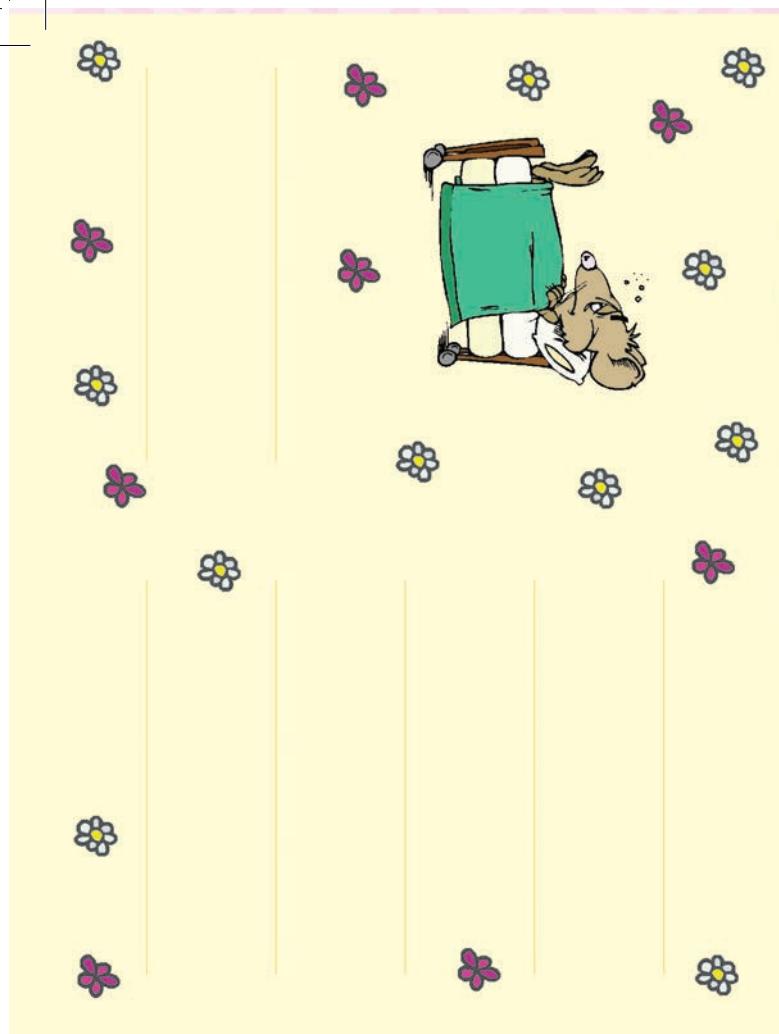
Q
q

W
w

R
r

X - Z
x - z





Masks

Cut out on
the outside
black line.
Tie a string
into the holes
to make a
face mask.

