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yeMfundvo yeSisekelo

Letincwadzi tekusebentela tikhicitelwe bantfwana baseNingizimu Afrika ngekuholwa yinDvuna yeTemfundvo yeSisekelo.

Nkhskt Angie Motshekga akanye neLiphini lakhe uMnu Enver Suryt.

LeTincwadzi Tekusebentela takaRainbow tiyincenye yemitamo yaleLitiko leTemfundvo yeSisekelo yekutfutfukisa bafundzi baseNingizimu Afrika emabangeni ekucala lasitfupha ekufundza. Njengalomunye wemigomo lehamba embili eLuhlelweni IweKusebenta IwaHulumende. Iomsebenti ukhokhelwe ngesihle Silulu seTimali saVelonkhe. Ngena yalokusekelwa ngetimali, leLitiko leTemfundvo liphumelele kwakha letincwadzi ngato tonkhe letilwimi letisemtsetfweni kulelive.

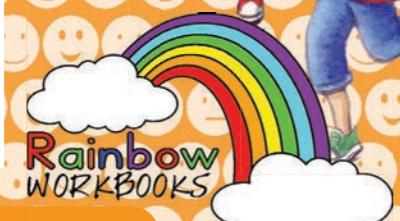
Siyetseomba kutsi bothishela batatitfola tilusito kakhulu letincwadzi tekusebentela basafundiza malanga onkhe kute bafundzi bakhone kucedza luhlelo lwabo lwekufundza. Setame. ngekucohelela lokukhulu, kusita thishela kuleyo naleyo nceny eymsebenti. ngekusebentisa timphawu letitifombe kukhombisa umfundzi loko lokumele akwente.

Siyetseomba bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhula nekufundza; nekutsi bothishela batawufokota kanye nabo.

Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.

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LIFE SKILLS IN SISWATI
GRADE 3 – BOOK 2
TERMS 3 & 4

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Kufundza ngeMtsetfo Sisekelo weNingizimu Afrika (1996)

UMtsetfo-sisekelo waseNingizimu Afrika (1996) ucuketse imitsetfo lesetulu yelive. Lemitsetfo ingetulu ngisho kwamengameli welite, tinkantolo kanye nahulumende. Ichaza kutsi bantfu belive kumele baphatsane njani, nekutsi ayini emalungelo abo kanye nemitfwalo labanayo ngalabanye. UMtsetfo Sisekelo welite ukhonela kusivikela sonkhe nyalo kanye nebantfwabetfu ngakusa.

**Kufute sati
ngelimuva
letfu**

**Asingawaphindzi
emaphutsa
ayitolo.**

**uMtsetfo Sisekelo usisita
kutsi sicabange futsi sakhe
likusasa lelihle lakhe
wonkhe umuntufu.**

Tsine, bantfu baseNingizimu Afrika; Siyakubona kungabi khona kwebulungiswa esikhatsini lesengcile; Setfulela sigcoko labo labahlukunyetwa kuze sitfole bulungiswa nenkhululeko eveni letfu; Sihlonipha labo labasebentile kwakha nekutfutfukisa live letfu; Siyakholwa futsi kutsi iNingizimu Afrika yabo bonkhe labahlala kuyo, sihangene ngekwehlukahlkana kwetu.

Ngaloko-ke, ngetifunywa lesitkhetsela tona ngenkhululeko, siyawemukela loMtsetfo-sisekelo njengemtsetfo lophakeme kunayo yonkhe eRiphahulikhki kuze— Kupheliswe kwehlukana kwayitolu futsi kwakhie umphakatsi losekelwe yintsandvo yelinyenti, bulungiswa ekuphileni kanye nemalungelo-sisekelo ebuntu; Kubekwe sisekelo sempakatsi wentsandvo yelinyenti, longenamfiho lapho khona hulumende abekwe ngetifiso tebantu futsi sonkhe sakhamuti ngalokulinganako sivikelwe ngumtsetfo;

Kwentiwe ncono lizinga lemphilo yetakhamuti tonkhe futsi kukhululwe emakhono emuntfu ngamunye; futsi

Kwakhiwe iNingizimu Afrika lehlangene futsi yentsandvo yelinyenti lekwati kutsatsa indzawo yayo leyiyifanele njengelive lelitibusako njengawo onkhe emave latibusako.

**Tsatsa lilungelo
lakho njengemntfu
waseNingizimu Afrika
bese utsatsa sigaba sakho
kuvikela emalungelo
alabanye.**

**Wati uMtsetfo
Hlongotwako
wemalungelo akho kanye
neMtsetfo Hlongotwako
weMtfwalo lobhekene
nemuntfu.**

Nkulunkulu akabusise bantfu bakitsi
Nkosi Sikele' i-Afrika. Morena boloka setjhaba sa heso.
God seen Suid-Afrika. God bless South Africa.
Mudzimu fhatutshedza Afurika. Hosanna Afrika.

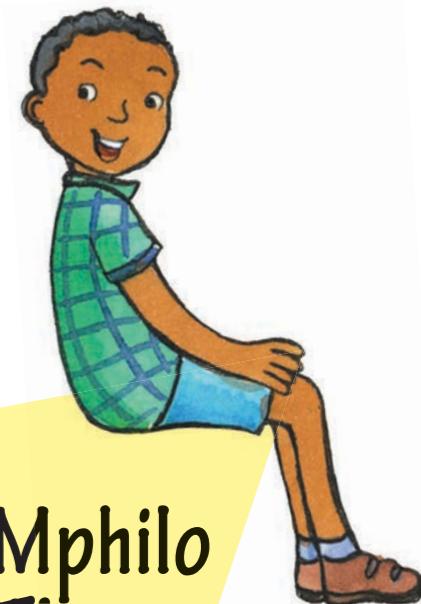
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Libanga

3



Emakhono eMphilo SISWATI Incwadzi 2 Emathemu 3&4



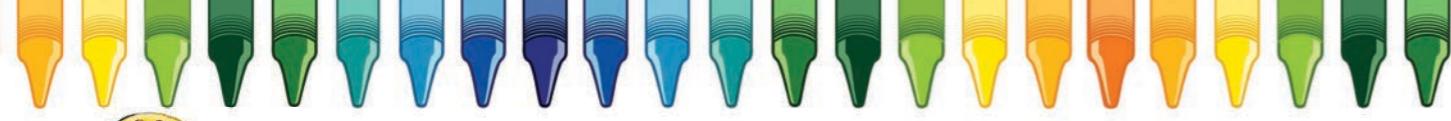
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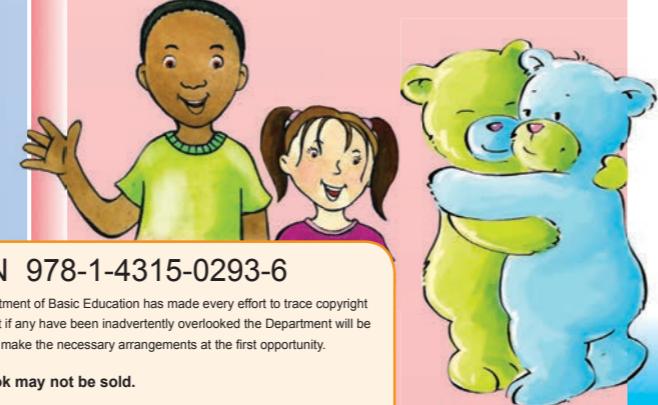
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Ukhetsekile.

Umtimba wakho wonkhe ungulokhetsekile.

Umtimba wakho, wakho wedvwa!



KUTE
lokumele
akutsintse titfo
temtimba
letifhlekile.

Kumele utjele lomunye nangabe kukhona lokutsintsa titfo temtimba wakho letifhlekile.

Kumele utjele lomunye nangabe kukhona lokwentisa tintfo longatitsandzi.

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Libanga

3

Emakhono eMphilo
ngeSISWATI
Incwadzi 2

Lencwadzi ya:





33 Tindzawo lokuyingoti kudlalela kuto

1 - Liviki

2 - Itihemu



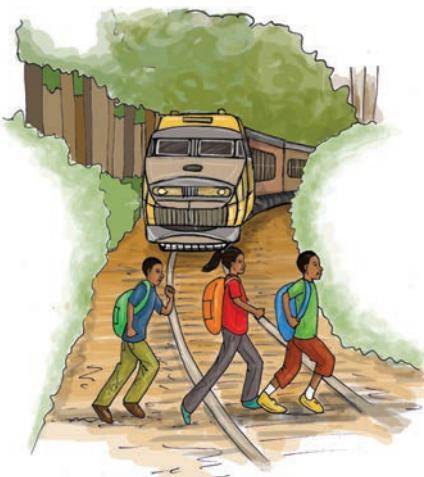
Ase sifundze

Utivela wemukelekile etindzaweni letiphephile njenge likilasi lakho. Leti tindzawo lapho kufute utivele kutsi ungakhona kubuyela kuto. Kute umuntfu lokufute akuhlukubete noma akulimate nawulapho. Kute longakuvisa buhlungu noma akulimate lapho. Indzawo lephephile kubantfu ngulapho wonkhe umuntfu emukelekile. Kute loba sengotini yekulimala lapho. "Kuphepha emmangweni" kusho kutsi wonkhe muntfu unelilungelo kuphepha etindzaweni letivulekele ummango, njengetitimela, ematekisi nelugu lwelwandle.

Asikhulume

Buka letitfombe ucocisane nemngani wakho ngato.

Cocisana nemngani wakho nisho kutsi kuyingoti ngani kudlala kuletindzawo.





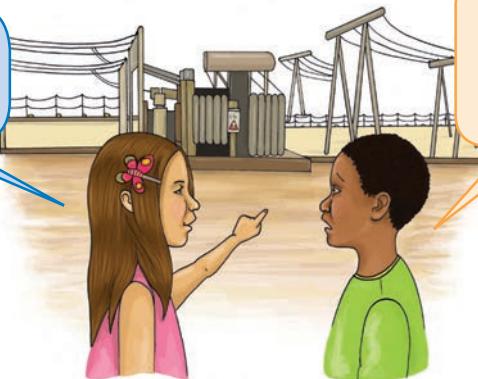
Asibhale

Umntfwana longesekudla esitfombeni ngasinye kumele ente sincumo.

Msite kutsi agcwali emagwebu-nkhulomo akhe.

Hhay'bo, landza ibhola
wena! Wesabani?

Eyi, angeke mine,
ngingahle ngi _____



Hhay' suka fana! Tsani
gaja nje kancane!
Kubukeka kukahle.
Wesabani?

Cha angeke, ngingahle
ngi _____



Asikhulume

Cocani ekilasini ngalemibuto.

- Yini tintfo letiyingoti lettingahle tibe sendzaweni yekulahla tibi?
- Yini bantfwana batsandze kudlala endlini legugile?
- Yabobani imphilo leba sengotini nangabe bantfwana badlala emgwacweni lophitsitelako?
- Ngutiphi timphawu letecwayisa ngekudlala esipolweni sesitimela?
- Tiyini tingoti tekudlala ngaphalafini?



Asibhale

Khetsa sitfombe sinye ekhansi 2 njalo, bese ubhala timphendvulo talemibuto.

- Sikutjelani lesitfombe?
-

- Ungati kanjani kutsi akukaphephi kudlala lapho?
-





Asibhale

Buka letitfombe.

Chubeka ukhetse munye umlayeto ngaphasi kwesitfombe ngasinye.

Phalafini angabhamma ente emalangabi nakasesandleni semuntfu.

Labantfwana bangafa babulawe kunatsa shevu.

Labantfwana bangafa babulawe kutsi abakhoni kuphefumula.

Umntfwana angadlutfulwa ngugezi.

Ungacali usebentise gezi nemanti.

Emanti labilako kanye nesitim
kungamshisa umntfwana.



Umlayeto: _____



Umlayeto: _____



Umlayeto: _____



Umlayeto: _____



Umlayeto: _____



Umlayeto: _____

Lusuku:.....



Asente loku

Dvweba sitfombe sakho nemngani wakho nidlala ngekuphepha epaki.
Nitawudlala ngani? Cabanga tibonelo tekutsi ningamdlala njani mjikeni.
Cala usebentise ikhokhi pheni noma ipeniseli kwenta luhlaka lapho sitfombe
sakho sitawuhamba khona. Manje sifake umbala ngemakhilayoni noma iphasteli.



Asente loku

Tifutfumete: Nyakatisa titfo takho temtimba letehlukene ngasikhatsi sinye.
Sibonelo, yenta umnyakato wekushwilanisa tihlakala kanye nelukhalo lwakho
noma ushwilanise emahlombe akho kanye nemacakala ngasikhatsi sinye.

Umshukumo Ngoo: Kusimama

- Hamba mantontolwane ubuye uhambe ngetitsendze.
- Khasa ngetandla nangemadvolo.
- Sima uhambe uye embili uphindse uye emuva endophini lephasi. Tama
kukwenta loku ucimetile.
- Mani ngetandla, ngenhloko, uguce emadvolo angatisintsi phansi.

Tiphotise: Tinwebe kancane uphumute titfo temtimba letehlukene. Nakwenteka
ungakwenta loku ulalele umculo loshayela phasi.



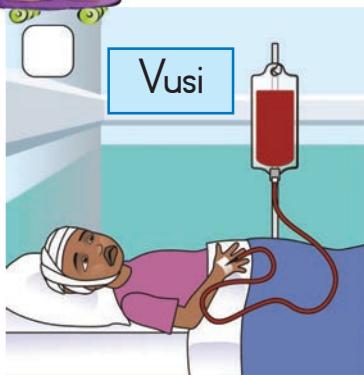
35 Kusebentisa ematekisi netitimela ngekuphepha

Ithemu 3 – Liviki 2



Asente loku

Beka tinombolo kuletifombe ngekulandzelana tikhombise kutsi kwentekani kuVusi.



Asikhulume

Buka letifombe taboVusi futsi ucoce nemngani wakho ngato.

- Liphutsa labani kutsi kwehle ingoti?
- Ngabe bentani nje boVusi nenina?



Asikhulume

Buka letifombe letilandzelako bese ucoca nemngani wakho ngato. Yini labangayenti kahle labantfu?



Asibhale

Bala inchaza sitfombe yesitfombe ngasinye usho kutsi labagibeli yini lokumele bangayenti.



Timphawu letecwayisa ngengoti



Ase sifundze

Timphawu temgwaco netesitimela tentelwe kuphepha kwetfu.

Letinye timphawu tekusivikela. Tisecwayisa ngengoti.

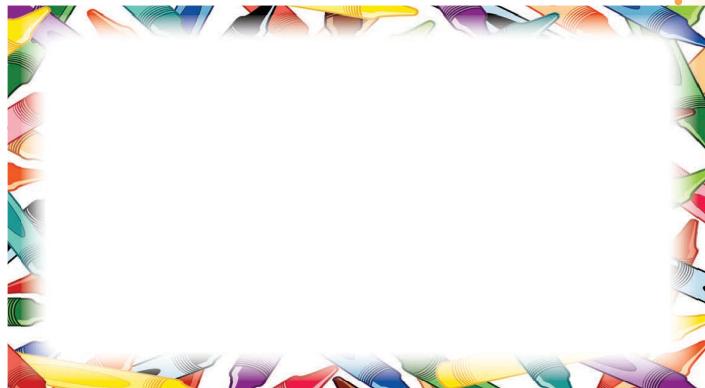
Timphawu tekwecwayisa emgwacweni njalo nje tiba nemugca lobovu lotigegile.

Letinye timphawu tisitjela kutsi kufute sitiphatse kanjani uma sisemgwacweni lonetimoto noma tisinikete lwatiso.



Asente loku

Kujika tintfo
usesitimeleni
kungalimata labanye
bantfu noma tilwane sisahamba sitimela. Camba
udvwebe lumphawu lolutsi bantfu bangalahli tintfo
ngemafasitelo esitimela.



Asente loku

Buka letifombe. Sika kahle timphawu ekkhasini lekwekusikwa ngemuva
encwadzini bese utinamatsisela etifombeni letifanele.



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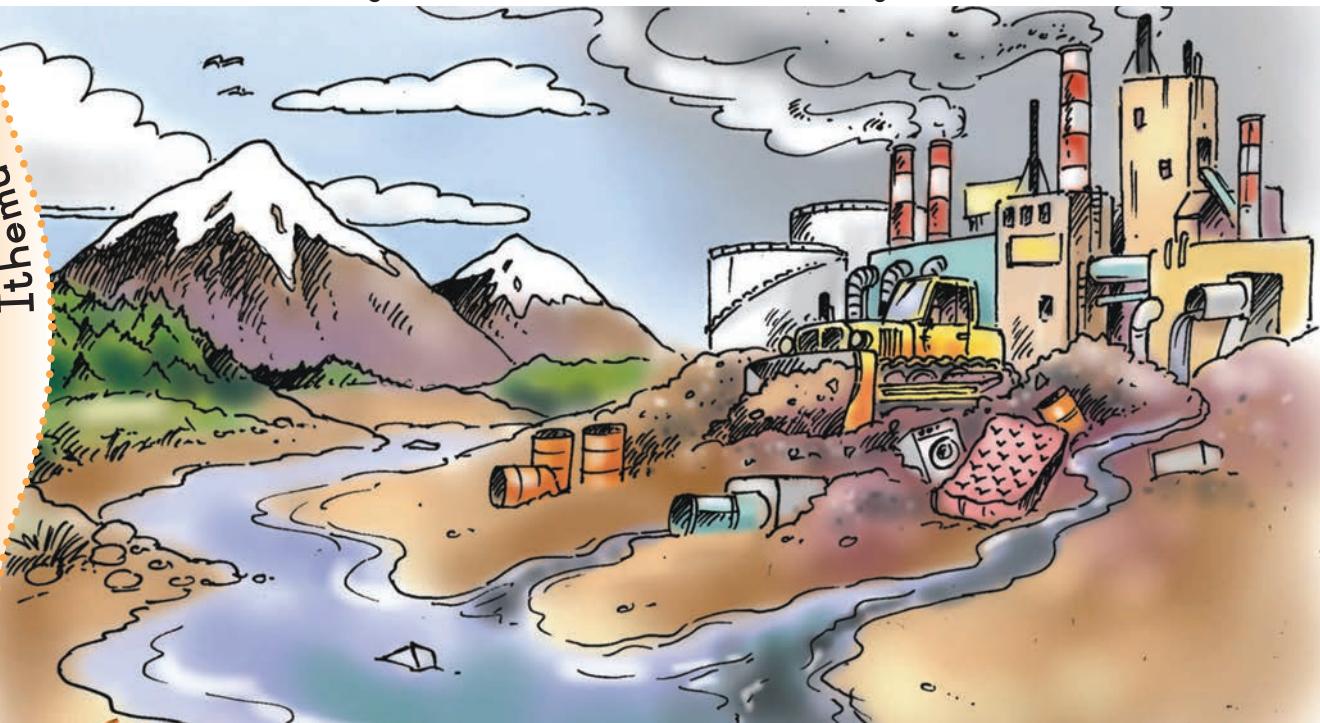
36 Singcoliso: Siyini vele?

Ithemu 3 – Liviki 3



Asikhulume

Buka lesitfombe bese ucocisana nemngani wakho ngaso. Kukhona yini kulesitfombe lowake wakubona ngaphambilini? Ngutiphi tintfo kulesitfombe letibukeka tingakafaneli noma letimbi? Yini tibukeke kanjalo?



Ase sifundze

Yini kungcola

Singcoliso sidaleka nasingcolisa umhlaba wetfu. Nasingcolisa umoya, emanti nemhlabatsi wetfu, sikufaka singcoliso.

Singcoliso lesibangwa ngitsi simbi mbamba etimphilweni tetfu, futsi asikatilungeli tilwane letinye nendalo. Siphatfwa kugula, kantsi tintfo tiyema kukhula futsi tingafa nekufa. Kwengeta kuloko, singcoliso senta simondalo setfu sibe sibi kabi.

Umoya, emanti nelilanga konkhe kusista kutsi sihlante singcoliso. Kodvwa uma sisinyenti kakhulu kabi singcoliso, umhlaba uyehluleka kutihlanta.



**Asente loku**

Sebentani ngemacembu alabasihlalu.

Thishela wenu utakunika licembu ngalinye sihloko salo lelitawusebentela kuso. Emalunga lamane ecenjini ngalinye atawutfolo tibonelo tekungcola emagcekeni esikolo. Lilunga lesihlanu lona litawubhala konkhe lokutfolwe balingani balo. Linye lilunga aligcine imininingwane etafuleni ngekufaka luphawu (✓) konkhe lokutfolwako. Nase niwucedzile umsebenti wenu, thishela utawenta sifinyeto saloko lenikutfolile. Ngabe emagceke esikolo senu anemphilo lenganani vele?

**Asibhale**

Bhala tintfo letisi-5 letilahliwe lenititfolile emagcekeni esikolo.



I.	
2.	
3.	
4.	
5.	



Beka luphawu (✓) eceleni kwetibi kuloluhla lwaloko lokungaphindze kusebente ngalenyen indlela. Beka luphawu lwasiphambano (✗) eceleni kwetibi eluhleni lwetintfo letingalimata tilwane.

**Asikhulume**

Yakhani emacembu lasi-7

Nitawudlala timo letehlukene: umhlabo, emanti, sihlabatsi, umoya, sihlahla, silwane kanye nemuntfu. Balingisi bekucala labasifupha kumele batjele bantfu kutsi kungcolisa kungabalinata kanjani. Umuntfu kumele aphendvule umlingisi ngamunye. Hlanganisani imicondvo niphume nesincumo sekutsi kumele nente njani ngaletinkinga. Nangabe utivela unesibindzi ngesimo losilingiselako, ungawenta lomdlalo embi kwelikilasi lonkhe.



Tinhlobo letehlukene tesingcolisa-ndalo



Ase sifundze

Kungcola kwemoya

Uma tsine singcolisa umoya, kufana nekutsi siwufaka shevu. Singcolisa umoya ngekushisa kakhulu emalahle, idizili, phethiloli, gezi netinkhuni.

Intfutfu lephuma kuletintfo inemimoya lengenamphilo, kanyenti lekhuphuka iye etulu emoyeni.

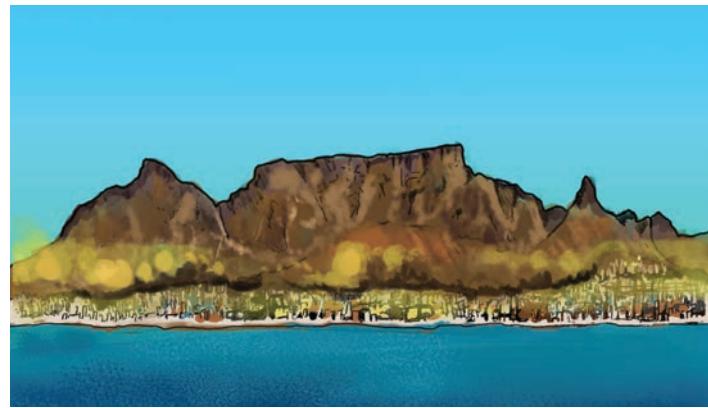
Ngisho netinkhomo tiyasifaka sandla ekwenteni umoya ungcole!

Tihlahla tisisita kususa umoya lonashevu kulomoya lesiwuphefumulako tenete umoya lohlobile.

Nasigeca tihlahla letinyenti, umoya lonashevu usala emoyeni bese kuba nalomncane umoya lohlobile lokhuphukako.

Sidzinga kuhogela umoya lohlobile kute sibe nemphilo.

Kuphefumula umoya longcolile kungasinika tifo temphimbo kanye nemaphaphu.



Timoto, emafemu nekubasa etindlini ngikona kuyinhloko ekudaleni kungcola kwemoya eDolobheni iKapa.



Kunetindzawo emhlabeni lapho bantfu bafaka tifonyo ebusweni nabaphumela ngephandle, ngoba umoya longaphandle ungcole kakhulu.

Ngako-ke i-esidi lenyenti emoyeni, lefucuka emafemini, ingabanga imvula lelumelako ye-esidi, lebulala tilwane ilimate netakhiwo.

Kungcola kwemhlabatsi

Singcoliso-mhlabala sidaleka uma kunemakhemikhali lamanyenti layingoti emhlabeni. Singcoliso-mhlabala singadalwa natimfucuta letibuya emafekitri nasemigodzini yemayini. Imfucuta yetibi lebuya emakhaya etfu, etikolweni, etibhedlela nasemahhovisi igcitjwa emhlabatsini emigodzini lemikhulu. Lemfucuta ingcolisa umhlabatsi. Singcolisa-mhlabala singafaka shevu emantini labese afaka shevu ekudleni lokudliwa bantfu netilwane.



Kungcola kwemanti

Singcolisa-manti sifaka shevu emantini langephasi kwemhlaba, emifuleni, eticojeni nasemadanyini. Loku kwenteka nangabe imboni (ifektri) ikhiphela emanti ayo langcolile emifuleni lehlobile. Kuphindze kwenteke nangabe emanti eswilishi avutela edamini noma emgodzini logcitjiwe. Emanti langcolile angenta bantfu kutsi bagule aphindze abulale tinhlanti naletinye tilwane. Tihlahla letisedvute nalamanti langcolile nato tiyafa.



Kungcola kwemsindvo

Kungcola kwemsindvo kubangwa timoto letinkhulu njengemaloli; kuhutha kwetimoto, ematekisi, imishini yasefektri, umculo lonemsindvo kanye netintfo lokwakhiwa ngato tindlu nemigwaco. Umsindvo lomkhulu ungakwenta kutsi uvaleke tindlebe ungabe useva.

Teacher:
Sign:
Date:



38 Umtselela wekungcola

Ithemu 3 – Liviki 4

Asikhulume

Buka lesitfombe bese ucoca ngaso nemngani wakho.



Asibhale

Bangatsini labantfu naletilwane ngesingcolisa-ndalo? Cedzela lomusho kulelo nalelo gwebu nkhulumo ngentasi.

"Singcolisa-ndalo asikangilungeli mine ngoba..."



Asente loku

Nyalo tfola lisondvo lehula-huphu udlale.

Wena nemngani wakho kufute niniketane ematfuba kuhamba nijube kulehula-huphu, kwekucala ngetinyawo bese nihamba ngetandla.

Sale ubamba lelisondvo lime mpo umngani wakho akhase aphume kulo.

Niketanani ematfuba kwenta loku. Chubeka utjekise lelisondvo lekudlala wente kutsi kube lukhunyana kukhasa uphumele ngale kwalo.

Siyachubeka ngekungcola kwemoya



Asente loku

Sewuke wafundza ngekungcola emagecekeni esikolo sakini.
Naningesake nibutse lokutibi, tibuseni nyalo. Thishela utaninika
tikhwama nemagilavu elipulasitiki kute nivikele tandla tenu.

Sebentisa labobunjwa udizayine umphetfo wephosita yakho.

Coca ngalitimiso tekudizayina iphosita yakho letilandzelako nemngani wakho:

- kungafani
- bungako
- kugcizelela
- kusimama



Teacher:
Sign:
Date:



39 Bantfu bebaphila njani endvulo

3 – Liviki 5

Ithemu 3 – Liviki 5



Asikhulume

Tintfo lesitentako nendlela lesitenta ngayo tiyagucugucuka ngekuhamba kwesikhatsi. Buka letifombe.



Ase sifundze

Endvulo, bantfu bebahlala edvute netintfo labatidzingako, njenekudla nemanti. Nalamuhla sisatidzinga leto tintfo, kepha tebuchwepheshe bethekhinoloji tisisondzetela kudla, emanti kanye nagesi, sesikutfola kalula.

14



Cocisana nemngani wakho ngekutsi yini legucukile. Cabanga ngetinhlobo temsebenti lebetentiwa bantfu kulesitfombe sekucala; kutsi bebasebentaphi nekutsi bebagcoka timphahla letinjani. Bebahlala khashane kanganani nemakhaya abo. Ucabanga kutsi bebadla kudla lokunjani? Bebefika njani emisebentini yabo?

Nyalo-ke bukisia lesitfombe ngesancele bese nicocasana ngetintfo letifanako? Imishini bantfu labayisebentisako seyigucukile yini? Uma kunjalo, igucuke njani?





Asibhale

Lusuku:

Nangu umugca-sikhatsi lotawusebentisa usafundza kutsi bebaphila njani endvulo.
Bhala lusuku lowatalwa ngalo neligama lakho kulomugca-sikhatsi.



15 000
tigidzi-minyaka
letengca:
UMhlaba
wabunjwa



2.5
tigidzi-minyaka letengca:
Tilwane tekucala leticala
kufana nebantfu



100 000
tigidzi-minyaka
letengca:
Bantfu bekucala



40 000
tigidzi-minyaka
letengca:
BaTfwa



2015 eminyakeni leyengcile:
Ekusukeni kweMkhakha
waWonkhe-wonkhe



1814

Sitimela semalahle sekucala



1652

Belungu baseYurophi
befika eNingizimu
Afrika



1200
Kwakhiwa iMaphunguphwe
eLimpopo

1876

Kusungulwa
lucingo lwasimanye



1879

Kusungulwa
emalambu agezi

1885

Imoto yekucala
yesimanye



1895

Umsakato wekucala



1903

Indizamshini
yekucala



20
Lusuku lwakho
lwekalwa

1994

Nelson Mandela uba
nguMengameli wetfu



1975

Kucala kwabongcondvo-
mshini bebantfu



1973

Makhalekhikhini
wekucala



1969

Umuntfu unyatsela
enyangeni





40 Bantfu bebaphila njani endvulo



Asibhale

Nyalo gwälisa lamagama netinsuku tekutalwa tebatali bakho nabokhokho kulesihlahla semndeni.

Thishela wakho utakucela kutsi ucocisane nebantfu labadzala emndenini wakho ekhaya noma umeme emalunga lamadzala emmangweni kutsi bavakashele likilasi lakho. Nguyiphi imibuto longababuta yona ngemphilo yabo?

Ligama lamkhulu:

Lusuku lwekutalwa:

Ligama lababe:

Lusuku lwekutalwa:

Ligama lamkhulu:

Lusuku lwekutalwa:

Ligama lagogo:

Lusuku lwekutalwa:

Ligama lamake

Lusuku lwekutalwa:

Ligama lamkhulu:

Lusuku lwekutalwa:

Ligama lami:

Lusuku lwekutalwa:

Buta batali bakho imibuto lesi-5 ngebelusendvo lwakini lase balala. Sebentisa lamagama lalandzelako emibutweni yakho: **Nini, kuphi, ini, kungani, njani.**



Ase sifundze

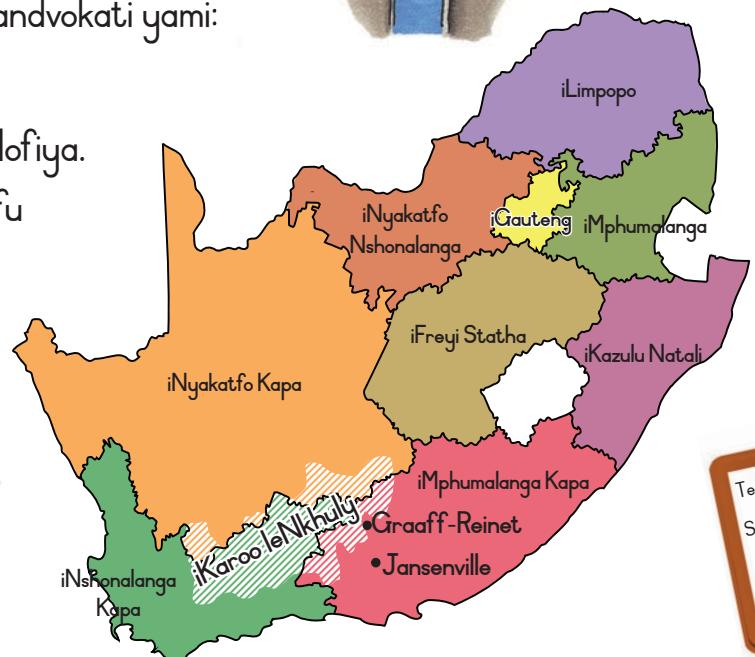
Ngatalwa mhlaka 7 kuKholwane nga-1922
 epulazini leKaroo lokutsiwa yiGannaslaagte.
 Babe wami bekasebenta epulazini kantsi make
 yena bekasebenta endlini yalapho epulazini. Njalo
 ngaboLwesihlanu besitfola inyama ibuya kusopulazi.
 Sasiyipheka ngetimphelasontfo. Noko besite
 kahle tindlela tekuyigcina ibandza. Ngako-ke
 sasivamise kucedza emaviki lamanyenti site inyama.
 Emahlandlana lambalwa sasiba nenyama leyenele
 kwenta umncweba, kakhulukati uma sopulazi
 atingele wabulala impunzi noma imphala. Imvamisa
 sasidla ummbila lesiwugaye waba yimphuphu noma
 sidle emabhontjisi lomile – loku besitsi ngumngqushu.
 Babe wami bekavamise kuta nafulawa wesinkhwa
 lohhayekile lobekaphuma emasondvweni etigayo
 taseJansenville. Ngekucophelela lokukhulu, make
 bekabhaka sinkhwa ngelibhodo lensimbi lelesindzako
 alitsi hlisi emalahleni ngoba phela besite sitofu.
 Ngalesinye sikhatsi bekabhaka intsandvokati yami:
 emacebelengwana.

Lawa-ke besiwadla ngeluju lwemadolofiya.
 Emaswidi etfu-ke bekuba ngumtfotfu
 lophuma etihlahleni temanyeva.



Lusuku:

Nangabe thishela angakhoni
 kumema lomunye umuntfu
 kutsi ete esikolweni senu,
 ningasebentisa indzaba
 yeMnumzane Johannes Maart.



Teacher:
 Sign:
 Date:

Bekumnandzi yini kuba ngumntfwana emandvulo?



Asibhale

Buka intfo ngayinje etitfombeni bese uyasho kutsi yalesikhatsi sanyalo noma lesengca. Bhala "Mandvulo" noma "Manje" ngaphasi kwesitfombe ngasinye. Beka umbala ebbokisini lesitfombe sesikhatsi "sandvulo" locabanga kutsi sikhomba lobekunelisasasa kakhulu esikhatsini lesengcile. Sebentisa umbala lowutsandza kakhulu.



Asente loku

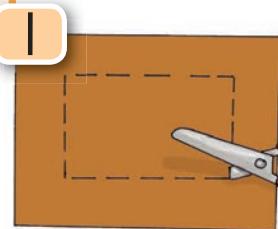
Yakha ifulemu yetitfombe.

Utawudzinga:

- Emashidi mamaphili emaphethini ekhadibhodi lanembala.
- Pendi longemanti lonembala; imibala yehlukahlukane.
- Tintfo letehlukene taloko lobekungalahliwa, utowakha emaphethini sibonelo: ematolishi akotini, likhokho lekuvala libhodlela; tivimbo temabhodlela; lusiba nalokunye.

Umyalo wathishela:

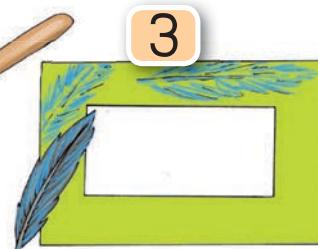
Tinengi tindlela lesingacina ngato tintfo letiligugu tasendvulo. Lenye kutsi sibeke titfombe kufulemu.



1. Sika sikwele
noma calandez
ekhadibhodini wente
ifulemu yetitfombe.



2. Penda ngephasi
loko lofuna kube
yiphethini yakho.



3. Hlobisa ifulemu
ngekucindzetela
luhlangotsi lolupendiwe
ekhadibhodini.



4. Naseyomile ifulemu, faka
sitfombe sagogo wakho noma
mkhulu wakho bese usinika
make wakho noma babe wakho
njengesipho.



Ase sifundze

Lusuku:

Umnumzane Maart uvakashela sikolo kwesibili.

Uchubeka nendzaba yakhe.

Besingakavami kubona bantfu labanengi. Bobabe namake bebasebenta matima kani basebenta ema-awa lamanengi. NgemaSontfo besivakashela bangani betfu kulamanye emapulazi. Sasihamba ngenkalishi. Besikutsandza loku ngoba besitakudlala nebangani betfu.

Besitsandza kndlala ngematsambo, lubumba, emabhontjisi esihlahla semanyeva noma ematje edanyini lelikhulu leliseceleni kwendlu yakitsi noma emfuleni. Dzadzewetfu nemngani wakhe bebat sandza kwakha bomdoli ngelubumba. Ticatfulo ngatitfola sengineminyaka leli-12. Babe watakha ngesikhumba senkhomo. Kwaba kuhle kutsi ngingabe loku ngikhaphana nemanyeva labengihlabu etinyaweni noma kubulawa kugula kwesitfwatfwa lebese sente tintwane tami "tintwane-lichwa" ekuseni ngesitfwatfwa sasebusika.



Asikhulume

Coca nemngani wakho ngekutsi ucabanga kutsi bekumnandzi noma cha kuba ngumntfwana endvulo.

Bekuncono yini kune kuba
ngumntfwana kulesikhatsi samanje?
Ungacabanga ngemathulusi netinsita
letinye lesinato lamuhla nekutsi tenta
umsebenti siwente ngekushesha
nakahle yini.

Asishukume

Tetayeten i loku lokulandzelako ngamunye noma ngabili.

- Kuma ngetandla
- Kuma ngenhloko
- Kugicika uye emuva noma embili
- Kugicika ngetandla njengelisondvo



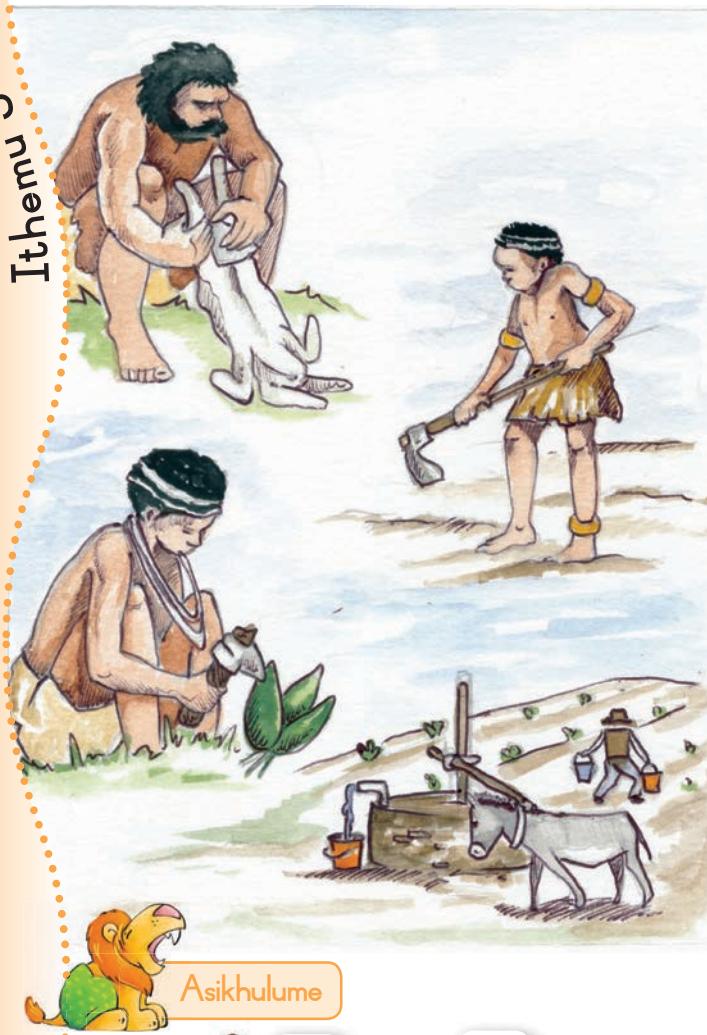


42 Emathulusi nemishini

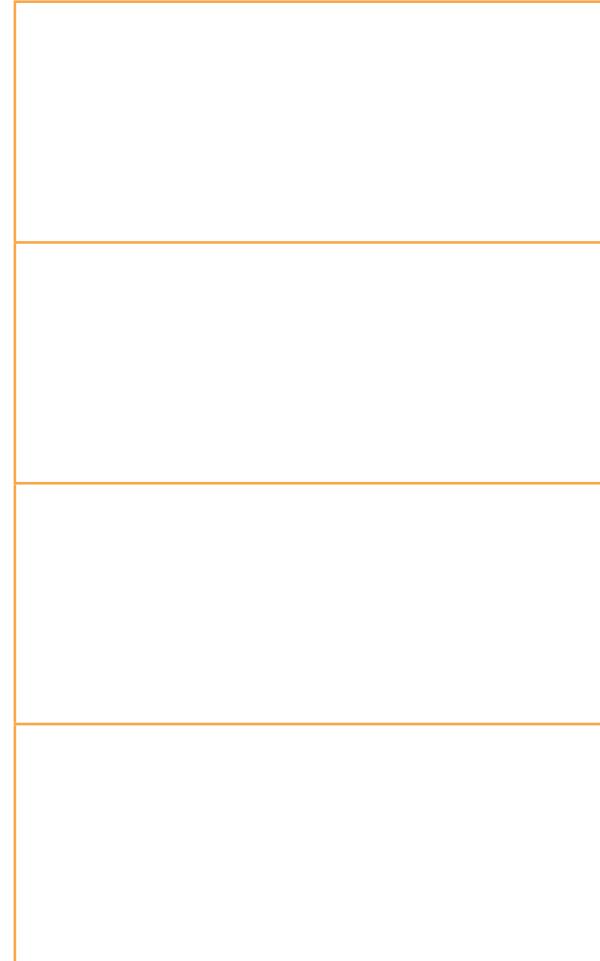
Ithemu 3 – Liviki 6

Asente loku

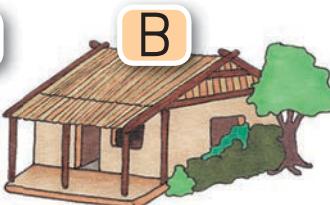
Buka letifombe, ngesancele, semathulusi asendvulo. Eluhlwini
lwangesekudla, dwewba noma ujube titfombe temathulusi lesiwasebentisa
kulesikhatsi sanyalo.



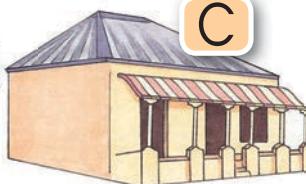
Asikhulume



A



B



C



D

Indlu kusukela eminyakeni Indlu kusukela eminyakeni
lengema-300 leyengcile lengema-200 leyengcile

Indlu yabo-150
weminyaka leyengca

Indlu yesimanje

Tindlu tigucuke kanjani ngekuchubeka kweminyaka?

Tentiwa yini kutsi tigucuke?

Basebentisa tintfo tini kwakha letindlu?

Tintfo tini lotatitfola endlini D lebetingekho endlini A?



Asente loku

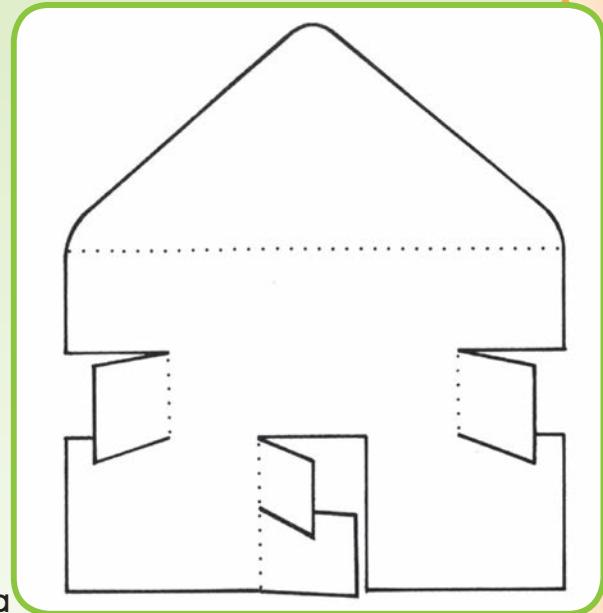
Lusuku:

Sewufundzile kutsi tindlu tigucuke taphindze tatfutfuka njani ngekuhamba kweminyaka. Kuleli lase Ningizimu Afrika letinye tindlu tihlotjiswa kahle kakhulu, njengetindlu tebantfu baka Ndebele nje. Letindlu tidvume kakhulu ngemibala leminengi leyakhiwe ngemaphethini ebuciko lobusetulu. Ase wente sengatsi ungu Mndebele, kanjalo ubhekene nekuhlobisa tindvonga temuti wakini.

Utawudzinga:

- Liphepha lelinemibala
- Imvilopho lemhophe
- Sikelo
- Emakhilayoni
- Umtfofi weglu

1. Sika umnyango nemafasitelo kulemvilopho yakho, njengoba ukhonjisiwe kulesibonelo.
2. Vula lumphiko lwemvilopho utowenta lumphahla.
3. Manje sebentisa emaphethini lahlukene, bobunjwa, imigca kanye nemibala legcamile kuhlobisa indlu-mvilopho yakho.
4. Cela thishela wakho kutsi achaze ngebumcoka bekusebentisa bobunjwa nemaphethini.
5. Namatsisela indlu yakho kulelishadi leliphepha lelinemibala.
6. Sebentisa titfombe lotifole kumagazini kuhlobisa emaceleni kwalendlu.



Asente loku



Yenta shengatsi usaha sigodvo utowakha indlu. Fuca uphindze udvonse umkhono wakho wangesekudla, ntjintjela esandleni sesancele.

- Mani eceleni kwemlingani wakho.
Hhuka umkhono wakho wangesekudla kuloyo wangesancele. Wena nemlingani wakho yentani sengatsi niphakamisa lisaka lemmbila lelisindzako ngekutsi nitjekele eluhlangotsini lwangesancele. Phindzani nitjekele eluhlangotsini lwangesekudla.
- Yenta sengatsi usihlahla. Phakamisa umkhono wengce inhloko yakho.
Goca sibhakela bese wenta sengatsi singumanafu kulesihlahla. Umngani wakho yena utawukha manafu esihlahleni wena ube ume unganyakati.
- Gibela libhayisikili: lala ngemhlane eceleni kwemlingani wakho.
Goba emadvolo bese ubeka tinyawo takho kuleto tamata wakho. Cala ushove libhayisikili ngemilente.





Ase sifundze

Lolu lusuku lwesitsatfu uMnumzane Maart avakashela sikolo. Usenetindzaba letinengi angaticoca.

Besinembayela epulazini.

Besiyisebentisa kwakha noma kukhandza emathulusi lephukile.

Nangineminyaka leli-10 sahlaselwa somiso lesibi kakhulu. Kwaba matima kutfola kudla. Noko sajabula sajakadvula nasiphela somiso kufika timvula.



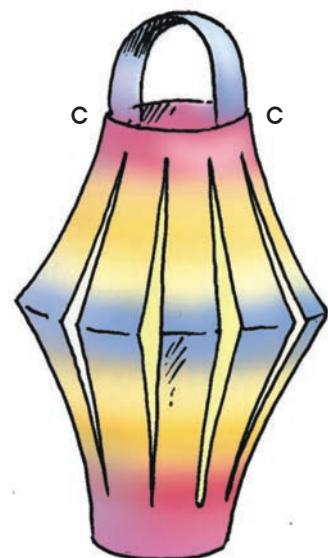
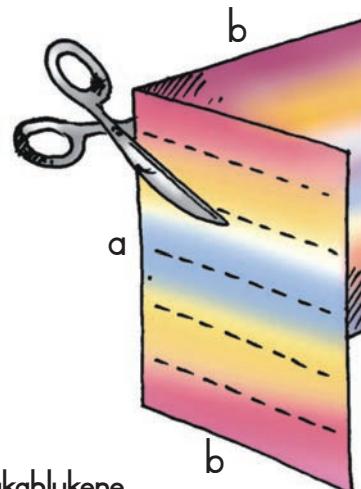
Asente loku

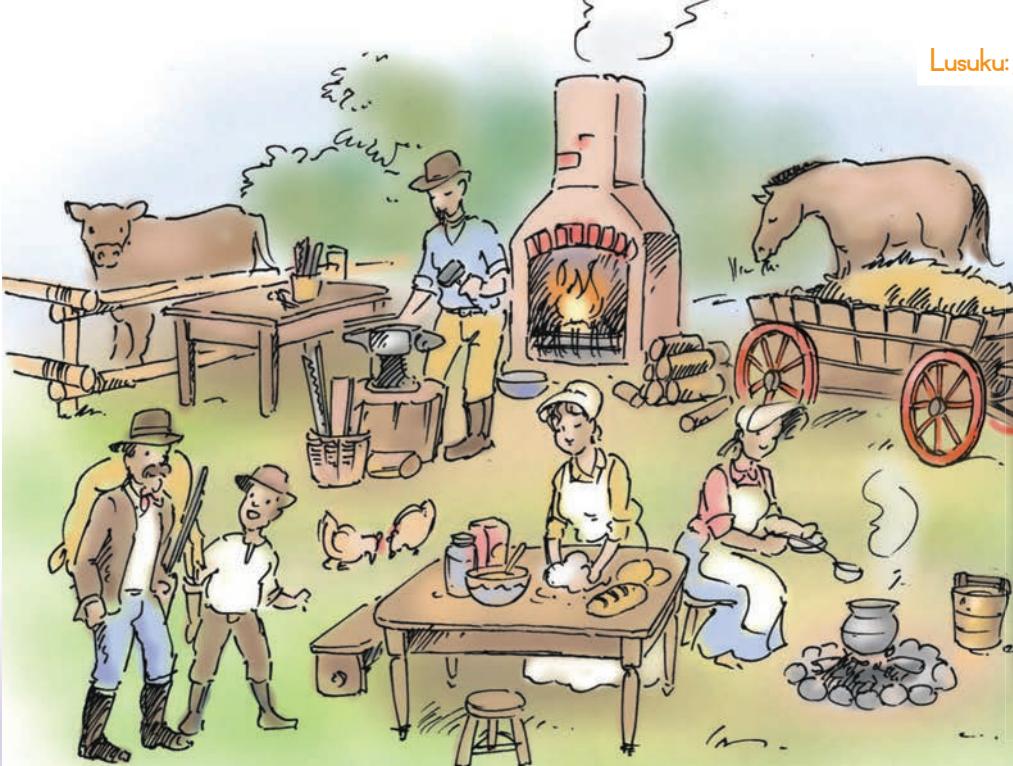
Yakha sibane sasendvulo.

Utawudzinga loku:

- sikwele seliphepha shadi lelimhlophe
- pendi longemanti lonemibala leyehlukene
- libhulashi lekupenda
- irula, ipeniseli nesikelo
- umtfofi weglu

1. Hlobisa liphepha lakho ngemibala leyehlukahlukene.
2. Goba liphepha emkhatsini libe nguhafu.
3. Dvweba imigca ephepheni ishiyane ngemasentimitha lama-3.
4. Sika ulandzele emalayini, kepha ungefiki emphetfweni.
5. Goba liphepha ulivule bese unamatsisela ngesinamatselisi emacala omabili eliphepha.
6. Sebentisa umucu weliphepha kwakha sibambo ngetulu.





Buka lesitfombe lesiphatselene nemphilo epulazini eminyakeni lengaba ngema-200 lengcile. Cocisana nemngani wakho ngetinfo lebetinelasasa ngaleso sikhatsi. Buka, njengesibonelo, timphahla tekugcoka, emathulusi netindlela tekutfutsa. Emuva kwaloko tjela thishela wakho nelikilasi kutsi



Condzanisa sisusa sekukhanya nesitfombe lesingiso. Bhala phasi libito lesisusa sekukhanya nesitfombe. Khetsa kulamagama: lithoshi, igilobhu, likhandlela, lillambu.

lithoshi



igilobhu



likhandlela



siphefu



Teacher:
Sign:
Date:

Kukhokha intsego yetintfo



Asibhale

Bantfu bebatikhokhela njani tintfo labatidzingako kadzeni? Sebentisa linye lalamagama kucedzela lendzaba yemali lengentasi. Sinikete tinhlavu tekucala temgama kukusita.

bhadala

lugwayi

dla

isiliva

buhlalu

imali-buhhēhlū

igolide

kwenanisa

tikhumba
tesilwaneimali
lemaphepha

Endvulo bantfu bebangasebentisi imali- _____ nemali
 lemaph _____ kutfola tintfo. Kuleto tinsuku, bebasebentisa
 kwena _____ njengendlela yekuntjintjisa tintfo. Nakwenteka
 bantfu babe nelug _____, kodvwa bebangenako kudla lokwenele
 kwekubha _____, bekumele batfole umuntfu longabantjintjisela
 kudla ngelugwayi. Tintfo letifana nebuhl _____ luswayi,
 tinkhomo kanye nelugwayi bekwenaniswa. Ngekuhamba kwesikhatsi bacala
 bantfu basebentisa igo _____ nesi _____
 kubhadalela tintfo. Ngekwengca kwesikhatsi futsi bantfu bacala
 basebentisa insimbi kwakha _____. Lamuhla sisebentisa
 imali lengema _____ kanye naleyo _____ noma
 emakhredithi khadi kubhadalela tintfo.



Asente loku



- Beka emahuphu esiyilweni noma udvwebe tindilinga esihlabatsini.
- Thishela nakatsi zuba, zuba ungene endilingeni ngato totimbili ttinyawo.
- Uma thishela atsi zuba, zuba uphumé endilingeni ngalunyawo lunye.
- Dlala mkoko.
- Sebentisa ishoki kudvweba tindilinga netikwele phansi.





Ase sifundze

Wayiphetsa kanje uMnumzane Maart indzaba yakhe nakavakashela bafundzi kwekugcina:

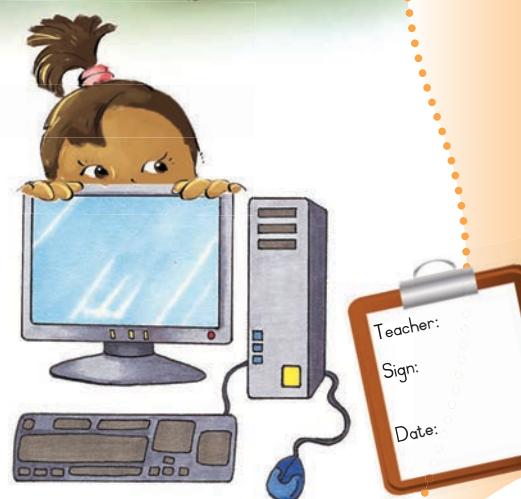
Manje sengikumhlala-phansi, ngiphila imphilo lepholile lapha edolobheni iGraff-Reinet. Sengingacabanga emuva ngemphilo lebeyimatima kepha iyinhle. Ngiyatikhohlwa tikhatsi tebumatima. Lokunengi sekwagucuka-sekunagesi waka-'Eskom, wonkhe muntfu unelucingo Iwamakhalekhukhwini, indlu lendzala yasepulazini seyakhiwe kabusha seyifana nendlu yasedolobheni. Kepha lokunengi solo kusenjalo. Timvu tisabukeka tiphindze tikhale ngendlela lefana neyakudzala. Njalo kusihlwa sinye sisibenti solo sitsatsa lubisi lolusha ehhokweni lwelubisi silujise ekhishini. Bojakalazi netimphungushe solo babamba timvu.



Asikhulume

Nilikilasi khulumani ngetintfo lenicabanga kutsi tigucukile kusukela natalwa.

Manje khulumani ngetintfo lenicabanga kutsi atikagucuki kuyo yonkhe leminyaka.



Umhlabo ubukeka kanje nawusemkhatsini



Umhlabo uyibhola lenkhulu noma indilinga lesiphila kuyo. Konkhe lokusondzele kulomhlabo sikubita ngekutsi ngumkhatsi. Kwengce nje iminyaka lengema-50 kuphela solo sacala kubuka umhlabo sisemkhatsini. Buka letitfombe temhlaba ngesekudla. Uyabona live, lwandle nemafu. Coca nemngani wakho ngekutsi ngutiphi ticu tesitfombe letikhombisa live, ngutiphi letikhombisa lwandle nekutsi ngutiphi letikhombisa emafu.



Bona umhlabo wetfu lomuhle, likhaya letfu.



Kulelibalave, landzelela sitfunti setincenyenye longabuye utibone nakugilobhu. Sebentisa emakhilayoni lehlukene kuhlobisa tincenyenye letehlukene.



Bhala phansi emagama aletincenyenye.



Umhlabo uneludvwadviasi lwengubo lowulwembetse. Silubita ngekutsi ngumkhatsi. Ungawubona umkhatsi kulesitfombe?

Tichingi-mhlaba kanye nalo lonkhe Luhlelo Langa



Ase sifundze

Umkhatsi wemhlaba yingubo legocotele umhlaba.

Lengubo ingu 120 km bucatsa. Nawuhamba wengca 120 km kusuka emkhatsini wemhlaba, sewuwushiyile umhlaba. Lapho-ke utfola bomakhelwane bemhlaba: letinye tichingi mhlaba netinkhanyeti.



Asikhulume

Ngale kwemkhatsi moyo wemhlaba kute imini – busuku kuphela.
Tjela umngani wakho kutsi ngabe kwentiwa yini loku.

Bomakhelwane betfu labasedvute bonkhe baku Mkhatsi-lilanga munye.

Lilanga: Ibhola levutsa bhe yagesi. Ekhatsi emajukujukwini elilanga kunesivutsevutse sekushisa kangangoba imimoya yemagesi ayancibilika. Lokuncibilika noma kuLangana kwemimoya kunika emandla umhlaba. Lilanga nalo yinkhanyeti lefana naletinye lesingatibona ngenhlavu yeliso ebusuku.

Tichingi-mhlaba: Sinetichingi-mhlaba letisiphohlongo lokufaka ekhatsi umhlaba.

Inyanga: Litje lelibandzako lelisigadla lesifile selidvwala lesilutfuli lolugicika lugege umhlaba. Lincane ngalokuphindvwe ka-4 emhlabeni.

Umtsala: Leti ticheke tematje. Titsi natishayisa kumoya-mkhatsi wetfu, tishise bhe. Loku-ke bese kwakha umushi lomanyatelako esibhakabhakeni sebusuku. Loku sitsi "ludvweshu lwenkhanyeti". Uma tifika ebusweni bemhlaba, sitsi "ngumtsala".

Emakhomethi: wona atigadla telichwa-litje nemoya lokuhamba ngemikhondvo lemikhulukati kuLuhlelo Langa. Kuvamise kusondzela dvutane kakhulu nelilanga.



Ase sifundze



Tichingi-mhlaba



Inyanga



Umtsala



Emakhomethi



Tinkhanyeti



Umhlaba wetfu unabomakhelwane labanyenti labanelisasa. Ufundzile kancane ngalabanye balabomakhelwane. Ngubaphi longatsandza kwati kabanti ngabo? Bhala labo lobacokile ngephasi. Nika tizatfu tibe timbili kutsi ukhetseleli laba.

Sincomo sami:

Tizatfu tami letimbili:



Ase sifundze

Nasengca tichingi-mhlaba letitichwe sesisukile **kuMkhatsi-langa**. Nyalo sisekhatsi emajukujukwini emkhatsini longephandle kwalona wetfu. Lapha sitfola loku lokulandzelako.

Tinkhanyeti: emabhola agesi lohsisa kakhulu, njengelilanga, kepha akhashane natsi. Kunetigidzigidzi taletinkhanyeti-ankeke sikwati kutibhala tonkhe ngalokuphelele. Tinkhanyeti tehlukana kanengi ngebukhulu.

Luhlelo-mkhatsi lwemhlaba wetfu sitsi ngumkhatsi longaphandle. Phela umkhatsi mkhulu ngiko konkhe lokudaliwe, kepha kuncane kabi lesikwatiko ngawo. Ucabanga kutsi tikhona letinye tindzawo letifana nemhlabo wetfu le kumkhatsi mkhulu? Kukhona lokuphilako lapho?



Asente loku loku

- Lalela umculo waseNingizimu Afrika thishela latawudlala.
- Ecenjini lakho yakhani umdlalo leningawefula ngalengoma.
- Ecenjini lakho cambani nibhale ingoma lesematseni bese niyetfulela liklilasi. Asidla
- Thishela utawehlukanisa liklilasi libe ngemacembu lamibili. Dlalani umdlalo webhola yetinyawo lomfisha.

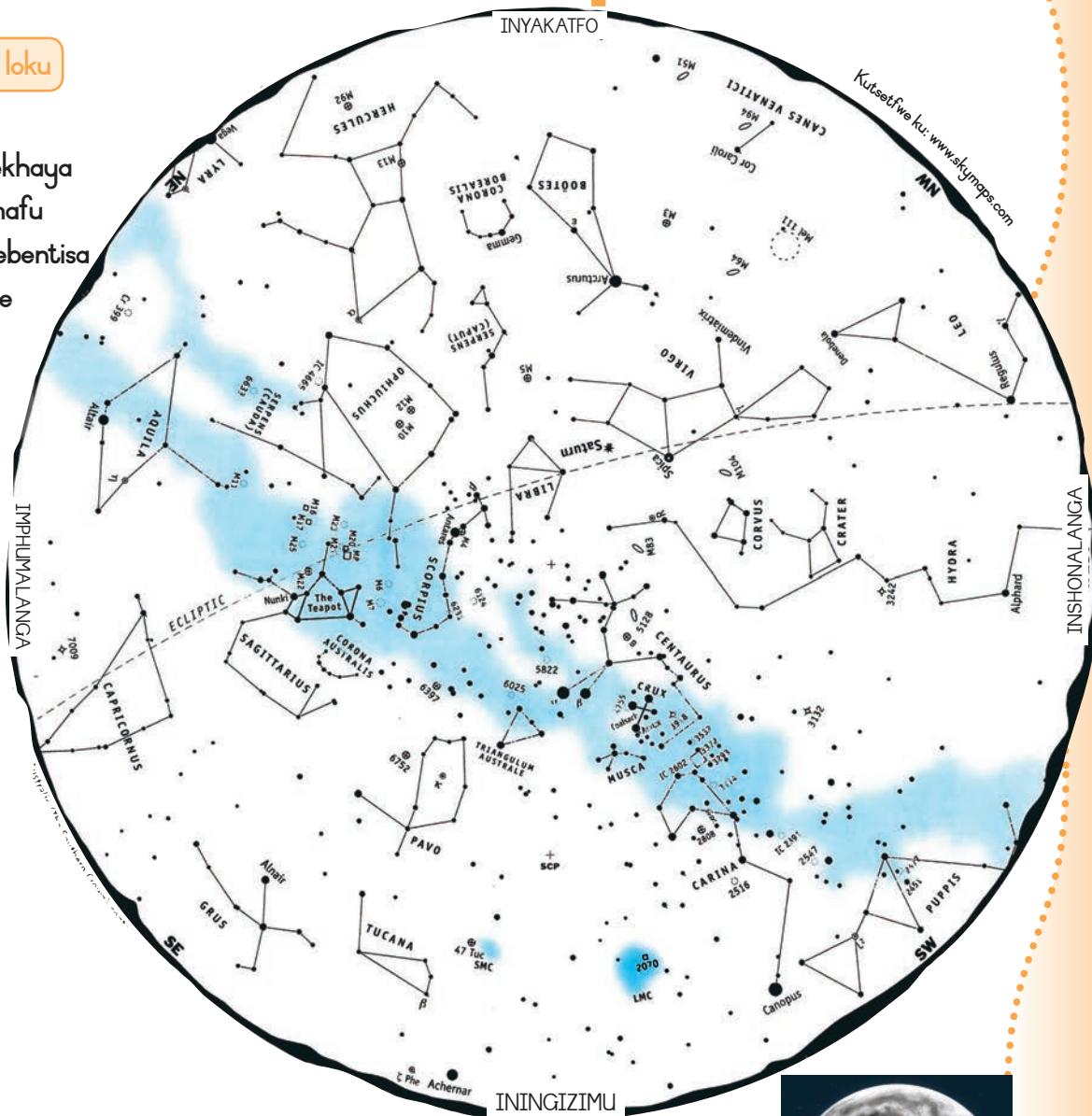


Ematheleskophu



Yenta lomsebenti ekhaya
kusihlwa nakute emafu
esibhakabhakeni, sebentisa
tinkhanyeti wetame
kutfola ticheme
tetinkhanyeti
esibhakabhakeni.
Beka lumphawu
(✓) kulive mabala
letinkhanyeti
ngentasi. Luboke
lumphawu eceleni
kwato tonkhe
tinkhanyeti
lotibonako.

Asente loku



Ase sifundze

Bantfu labafundza tebucwephese bemkhatsi babitwa ngekutsi tati-mkhatsi ema-astronomia. Basebentisa tibukakudze ematheleskophu kuciphiya tinkhanyeti. Emyyakeni letako, sibukakudze semsakato lesikhulukati sitakwakhiwa madvute nase Carnarvon, eNyakatfo Kapa.

Lamuhla sinematheleskophu lasisita kutsi sibone khashane le emkhatsini; ngeke sikwente loku ngemehlo etfu kuphela. Sibonelo yiHubble theleskophu, lesiletsela titfombe letinhle kakhulu tisuka emkhatsini. Live lase Ningizimu Afrika latakhela layo itheleskophu eceleni kwe Sutherland lena eNyakatfo Kapa.



Inyanga uma ubuka
kutheleskophu

Teacher:	
Sign:	
Date:	



47

Kuhamba kwemkhatsi

Ase sifundze

Bonkhe labantfu bebangemahlahla-ndlela kutekuhamba emkhatsini.

Ithemu 3 – Liviki 9



Yuri Gagarin waseRashiya, waba ngumuntfu wekucala kutungeleta umhlaba ahamba ngencola makhumbi yemkhatsi (mhlaka 12, Mabasa 1961).



Neil Armstrong waseMelika waba ngumuntfu wekucala kubeka lunyawo eme enyangeni (mhlaka 20 Kholwane 1969).



Mark Shuttleworth ngumuntfu wekucala eNingizimu Afrika kugega umhlaba (Mabasa 2002).



Christa McAuliffe waba nguthishela wekucala kuba ngumntjuzi-mkhatsi, i-astronothi. Kodwa noko washona ngesikhatsi indiza-mkhatsi, iChallenger ichuma isha ingcongca (mhlaka 28 Bhimbidvwane 1986).

Bewati nje? Mandla Maseko lovela eSoshanguve eGauteng, utakuba wekucala lonsundvu weNingizimu Afrika kuya emkhatsini ngencola-mkahtsi iLynx Mark II Shuttle nga 2015.



Asikhulumo

Khuluma nemngani wakho kutsi nitawuvakashela yiphi inkhanyeti mhlabo.

Nitawufika njani kulenkhanayeti mhlabo?

Ngubani noma yini leningahamba nayo?

Ningatsandza kuhlala sikhatsi

lesinganani khona?

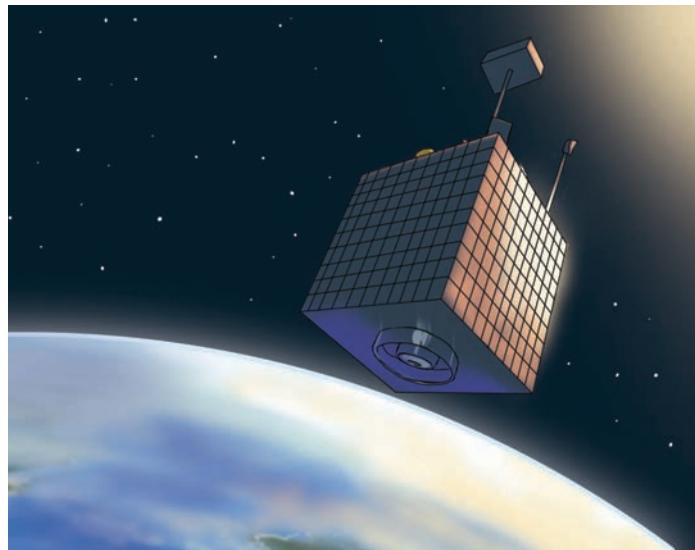


Emasathelayithi - Bomagega



Ase sifundze

Bewati nje kutsi inyanga ihamba itungelete umhlaba? Intfo lehamba itungelete lenye siyibita ngekutsi ngumagega, isathelayithi. Ngaloko-ke inyanga yisathelayithi yemhlaba. Umvila lapho kuhamba khona isathelayithi sitsi yi-obhithi. Manyenti emasathelayithi mbumbulu latfunyelwe bantfu kutsi ahambé ku-obhithi. Yekucala yaya emkhatsini ngemnyaka wa 1957. Mabukakudze weHubble ngulenyé yemasathelayithi mbumbulu. INyuvesi yase Stellenbosch yakha isathelayithi yekucala eNingizimu Afrika, iSunSat. Yaphakanyiswa ngeNdlovana ngemnyaka wa 1999. Tinyenti tinhlobo temasathelayithi. Lamanye abutsanisa lwati ngemkhatsi, lamanye abukene nesimo selitulu kani lamanye ngekuchumana. Lawa atfumela titfombe nelwati kusuka kulolunye luLangotsi lwemhlaba kuya kulolunye. Isathelayithi lenkhulu yi-*International Space Station*, labo bososayensi benta lucwaningo baphindze bahlolisise labakutfolako.



Asikhulume

Coca nemngani wakho ngalemibuto. Emva kwaloko sewungacocela likilasi imicabango yakho.

- Timoto letinyenti tinabohogela bemasathelayithi. Basebenta njani labohogela?
- Ucabanga kutsi lwati luni balimi labangalutfola kusathelayithi?
- Ungatisho nje tindlela letinsha tekusebenta kwemilandzela-langa?



Asishukume

Thisela wakho utakufundzisa kudlala uVolli Bholi nemdlalo waKatineligundvwane.



Emalanga lakhetsekile

Ase sifundze

Lamanye alamatanga enkholelo aba ngetinsuku letehlukile umnyaka ngemnyaka. Tfola kutsi itobe ikuphi lemmdlalo kulomnyaka bese ugcwalisa tinsuku esikhale ni lesiniketiwe.

Emanotsi athishela. Lamalanga enkholelo nalakhetsekile aba ngethemu yesitsatfu. Kufute nisebentise lama-awa lamatsatfu ngalethemu kukhuluma ngalamalanga. Loko lenikwentako njengelikilasi kutawuya ngekutsi emacembu emasiko netenkholelo ebafundzi ekilasini lakho eme karjani kanye nekulawulwa yinchubomgomu yesikolo. Lamaholide esive lamabili kufute ahlonishwe ngibo bonkhe baseNingizimu Afrika.

Ithemu 3 – Liviki 10

21 Kholwane: (uma inyeti lensha seyibhalashile) kuba kucala kwenyanga yeRamadani – lokulilanga lenkholelo yesi-Izlamu. IRamadani sikhatsi sekuzila kudla, kuhambe nemikhuleko lekhetsekile nekufundvwa kweKhur'an.

Lusuku:

19 iNgci: (uma inyeti lensha seyibhalashile): Umgubho we-Eid-ul-Fitr wenkholelo yesi-Izlamu. Lona ngumgubho wenjabulo kodywa lonesizotsa ekupheleni kwekuzila inyanga yonkhe kweRamadani. Kulilanga lendvumiso, kunakekela timphofana nekuvakashela tihlobo nebangani. Lusuku:

Kholwane noma iNgci: Raksha Bandhan ngumgubho wesiHindu. EmaHindu agubha budlelwane emkhatsini webanaka nabodzadze. Dzadze ubopha irakhi (lucotfo lolungcwele) esihlakaleni semnakabo kukhombisa lutsandvo nemikhuleko lanayo ngemnakabo, kanye nesetsembiso sangunaphakadze semnakabo kumvikela dzadzewabo.

Lusuku:



INgci noma iNyoni: IKrishna Janmashtami ingumgubho wesiHindu. Kutalwa kwaKrishna Janmashtami kugujwa ngekuzila. Krishna ngumhlonishwa lomcoka webuHindu. Ngalelilanga bantfwana bavamise kwetfula imidlalo lesuselwe emphilweni yaKrishna. Lusuku:



INyoni: IPitr Paksha ngulomunye umgubho wenkholelo yesiHindu. EmaHindu ahlonipha emadloti awo (ema“pitrs”), kakhlukati ngeminikelo yekudla.

Lusuku:



Kholwane noma iNgci: ITisha B'av lilanga lenkholelo yesiJuda. EmaJuda azilela kulilela kubhujiswa kweLithempeli leKucala neLesibili eJerusalem, abuye akhumbule naletinye tinsizi netigemegeme letehla ngalelilanga. Lolusuku lubitwa ngekutsi "lusuku lolumunyu dlutfu emlandvweni wesiJuda". Lusuku:



INyoni: IRosh Hashanah nguMnyaka loMusha wesiJuda. Bantfu bashaya lophonvvo lwemu (lubitwa ngekutsi yishofar) kugubha lolusuku. Badla kudla lokunjengemahhabhula lenjiwe elujwini kukhombisa kutsi banenshisekelo yemphilo lemmandzi emnyakeni longenako.

Lusuku: ()

INyoni noma iMphala: IYom Kippur ifika emva kwemalanga lalishumi yengcile iRosh Hashanah. Lolu lusuku lolungcwele kakhulu etinsukwini tenkholelo yemaJuda.

Lusuku: ()

9 iNgci: Lusuku Lwesive IwaBomake – Liholide Lesive. Mhlaka 9 iNgci 1956, 20 000 webafati bashuca bacondza eTindlini Tembuso teNyonyane ePitoli balwa nekutsi laBansundvu kufute batfwalane nencwajana ya "dompasi". Lendzima yebafati emmangweni waseNingizimu Afrika igujwa ngalelilanga.

I-7 iNyoni: Liviki Lesive leSihlahla i-Abha. Bantfu bayakhutsatwa kuhlanyela tihlahla.

8 iNyoni: Lilanga laMhlabawonkhe leKufundza. Lelilanga ligcamisa bumcoka bekukwati kufundza.

24 iNyoni: Lilanga leMasiko – Liholide Lesive. Bonkhe bantfu baseNingizimu Afrika bangawagubha emasiko abo kanye newalabanye.



Teacher:	Sign:
Date:	



49 Titjalo-lesikutfola kuto

Ithemu L - Liviki I



Ase sifundze

Umhlaba ugcwele tintfo letiphilako. Kunetilwane, bantfu, timvu, emahhwabayi, nalokumilako njengemmbila, tihlahla temnyezane kanye nebuhlalu bemacoco.



Titjalo tivame kuba nemagala, emacembe, ticu kanye netimphandze. Titjalo timbali, titselo kanye nembewu. Linengi lato linemacembe lanembala loluhlata.



Asikhulume

Kubuyaphi kudla kwetfu?

Buka letitfombe ucoce nemngani wakho ngato. Kulelikhasi lelilandzelako kuneluhla lwekulda. Kubili kwako akuphumu kuletitfombe lotibonako. Ngutiphi letintfo letimbili?



Sewufundzile ngekutsi kudla kwetfu kubuyaphi. Ase sibone kutsi ukhumbulani.





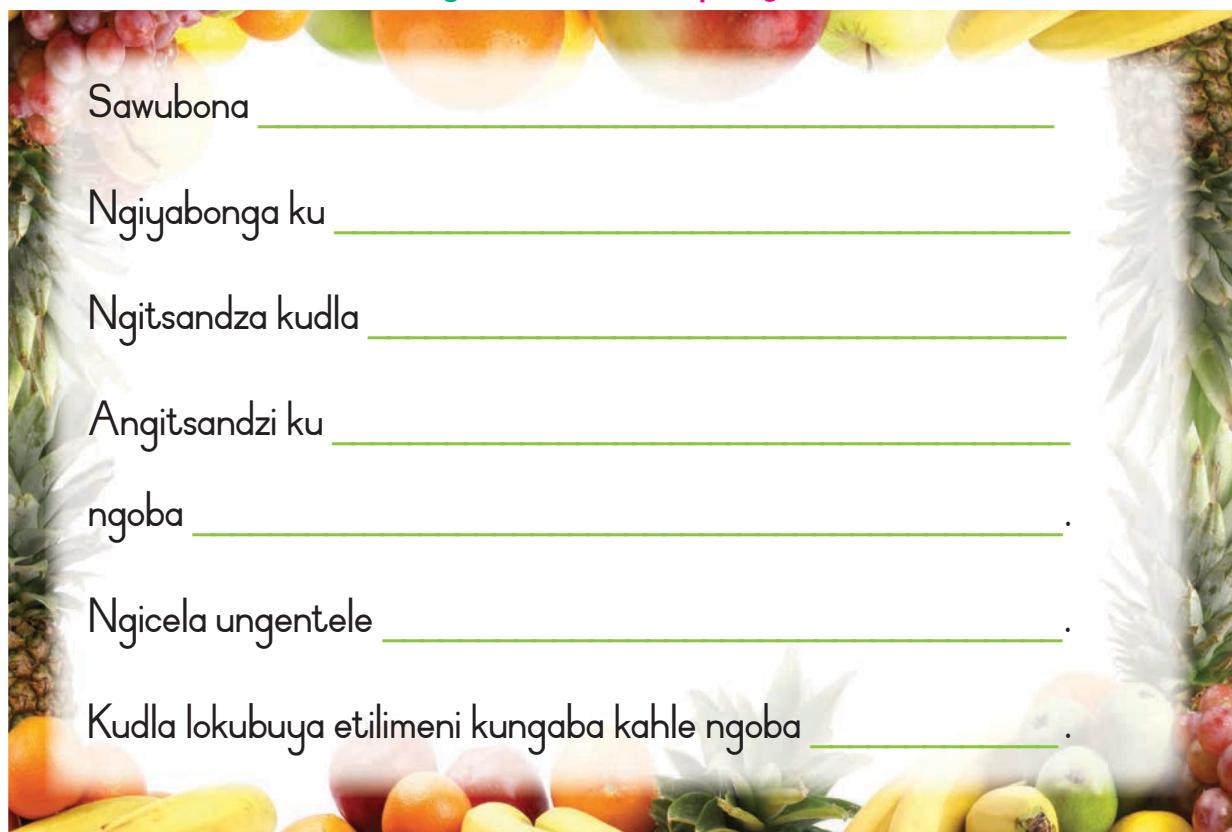
Titjalo tisinika tinhlobo letehlukene tekudla. Tonkhe tibhidvo, titselo nemantongomane kubuya etihlahleni. Tisisita kutsi sihlale siphilile ngoba tinemavithamini, luswayi, takhamtimba, bo-oyili kanye nalokwenta kudla esiswini kugayeke kahle. Neshokolethi nayo ibuya emantongomaneni.



Bhala incwadzi ubhalele umuntfu lovame kukulungisela kudla.

Sebentisa loluhlaka. Gcwalisa ngemagama laseluhlwini.

imphuphu liphalishi litsanga lizambane sicadze bhotela wemantongomane sinkhwa likhekhe isaladi yelethisi emampentjisi emahhabhula luhwabha



Sawubona _____

Ngiyabonga ku _____

Ngitsandza kudla _____

Angitsandzi ku _____

ngoba _____.

Ngicela ungentele _____.

Kudla lokubuya etilimeni kungaba kahle ngoba _____.



Bukisia letitfombe bese ucoca nemngani wakho ngendlela lesakhiwo lesingabukeka ngayo.

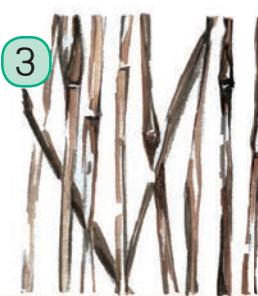
1



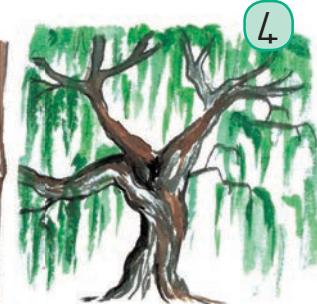
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3



4





50 Tilimo: kusuka emobeni kuya kushukela

Ithemu L - Liviki I



Ase sifundze

Shukela ngulenyе yetinhlobo tekudla lesiyidzingako kuhlala siphilile. Kunetinhlobo letehlukene tashukela. Shukela simtfola etitselweni. Sitfombe lesingemuva lapha ngentasi sikukhombisa imihhalo yemasimi emoba aKaZulu-Natali.



Ase sifundze

Umoba ulusito lolukhulu.

Umoba silimo lesidze lesibukeka njengabhambuli. Simila endzaweni leutfumele lenemvula lenengi.

Umoba udzinga lilanga kakhulu kanye nemvula. ENingizimu Afrika sifundza sakaZulu-Natali sikulungele kakhulu kuhlanyela umoba.



Asente loku

1. Buka letifombe tetintfo tekudlala ingoma thishela wakho latakutjengisa tona.
 2. Lalela tindlela tetingoma letehlukene taseNingizimu Afrika thishela latatidlala. Cocisanani ngaloku lokulandzelako:
 - Sigi setingoma
 - Ngabe siyaphangisa noma sishaya kancane
 - Livi lengoma likahle yini
 - Ikwenta kutsi utivele unjani ingoma. Ngutiphi tintfo tekudlala ingoma longatikhomba etingomeni Asishukume
- Cedezelwa umvila thishela wakho lawakhile. Thishela wakho utakukhombisa kutsi ungawudlala njani umcudzelwano wamilente ntsatfu.

Buka lesitfombe semoba. Naka loku sicut sicu lesidze lesiligidole; emacembe lancama lamadze lokuhlabanako esicwini; Sikhehle setimphandze emhlabatsini.

Umoba udzinga kukhula ttinyanga letili-14 kuya kuma-24 kute kutsiwe sewulungele kuvunwa. Tico tinashukela-luju lolunafunako-lolungafani sanhlobo nje nashukela lesimsebentisa emakhaya etfu!



Asibhale

Faka inombolo kuletitfombe ngekulandzelana kahle kukhombisa kutsi shukela ukhicitwa kanjani.



Emahlumela emoba ayahlanyela.

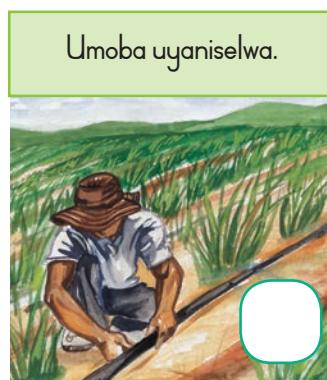


Esigayweni umoba uyavovwa bese luju lwashukela luyaputjutwa lumphume.

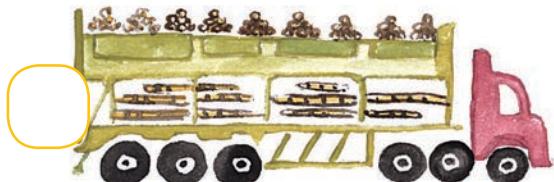
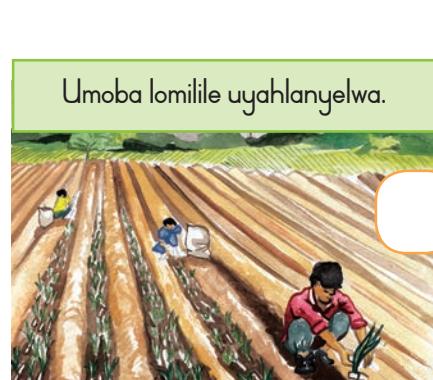
Shukela ubese uyagezwa ahlungwe kahle sesingawutsenga-ke.



Umoba uyavunwa uboshwe ngetinyandza.



Umoba lomilile uyahlanyela.



Umoba umikiswa emshinini wekuwugaya.



Umoba uyafika emshinini.

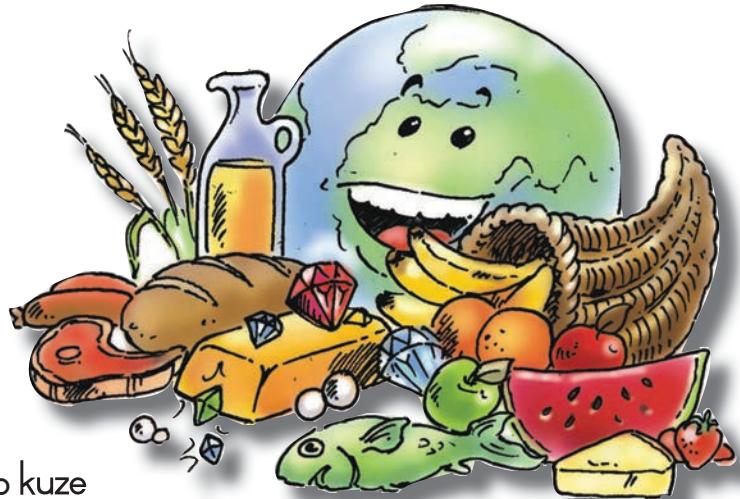
Teacher:
Sign:
Date:

Ase sifundze

Ethemini lephelile ufundze ngemhlabab. Lesi sicingimhlabab lesihlala kuso. Umhlabab usinika konkhe lesikudzingako kute siphile. Kugega umhlababukhona ludvadvwasi loluncane lwemoya. Lucuketse umoya lesiwuphefumulako lesiwudzingako kuze siphile. Loludvadvwasi loluncama lwemhlabab lesihlala kuwo nalesilubita ngekutsi "sikhokho" semhlababunemhlabatsi longetulu lesingawusebentisa kulima kudla.

Loludvadvwasi Iwekulala lwemhlabab luhindze lube nelidvwala lelicinile njengetintsaba. Kuloludvadvwasi sitfola luswayi, ligolide, emadayimane nemafutsa, kanjalo futsi nemalahle.

Siphindze sitfole lwandle kuloludvadvwasi loluncama lwelidvwala. Elwandle sitfola kudla lokunjengenhlanti. Lwandle nalo lumcoka ngoba imikhumbi leminengi yetfwala imitfwalo nebantfu labagibebe kuyo.



Asente lokhu



Sebentisa lolwati lolungenhla kudvweba sitfombe semhlabab.

Sebentisa tinsita letinengi njengepeniseli, emakhilayoni, tinamat selisi, inki, pendi. Buye ucabange ngekweneta letinye tintfo longatisebentisa njengemaphepha, emakinobho, tigubhu temnenkhe, emacembe netimbali letomisiwe. Sebentisa tinsita longakaze watisebentisa nomake usebentise tinsita letinsha kuwe.





Asikhulume

Ufundzile kutsi kudla kubuyaphi. Usebenta nemngani wakho beka lumphawu (✓)
kuloko kudla lokuphuma emhlabatsini.

emahhabhula	
inyama yengulube	
shizi	
inyama yemvu	
emacandza	
litsanga lelincane leliluhlata	
emasi	
umbhidvo	
liwolintji	
limpentjisi	
emaphizi	



Asishukume

- Phuphutsela ligwebu ebhakedeni lemanti
- Beka buso bakho emantini imizuzwana lemi 3 ungaphef umuli, vula emakhala nemehlo.

Yenta shengatsi uyabhukusha

- Lala ngemhlane ukhahlele ngemilente
- Lala ngesisu ukhahlele imilente
- Mani uhambise imikhono kungatsi uyabhukusha ugenukile
- Nyalo hambisa imikhono shengatsi ubhukusha ngesifuba ubhabhalele.

Dweba umugca kusuka egameni
ngalinye kuye esitfombeni salo.
Lukutjelani loluhla lwakho?



Asibhale

Bhala indzima ubhalele umhlaba kuwubonga ngalosipha kona. Yengeta munye umusho lapho wetsembisa khona kusita kuwunakekela.

Mhlaba Lotsandzekako

Ngiyabonga ku _____



Ngiyetsembisa kutsi ngitawu _____



Umhlabab: kusuka elubumbeni kuya esitinini



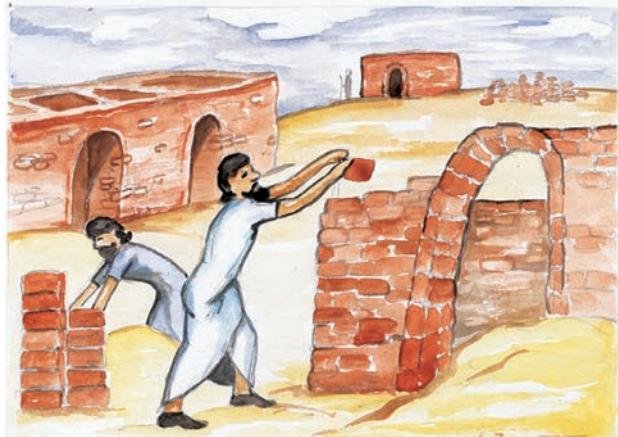
Ase sifundze

Umhlabab unetinhlobo letinengi
letehlukene temihlabab.
Lubumba ngulenyeye yaletinhlobo.
Etinkhulungwaneni teminyaka
bantfu balusebentisile lubumba
kubumba titini tekwakha.



Asente loku

Dwweba tintfo letimbili
lesingatakha ngetitini
bese utinika sihloko.



Asibhale

Phendvula lemibuto.

Kwentiwa yini kutsi titini tingabi ngumbala munye?

Titini takhiwa ngelubumba kuphela yini?





Asibhale

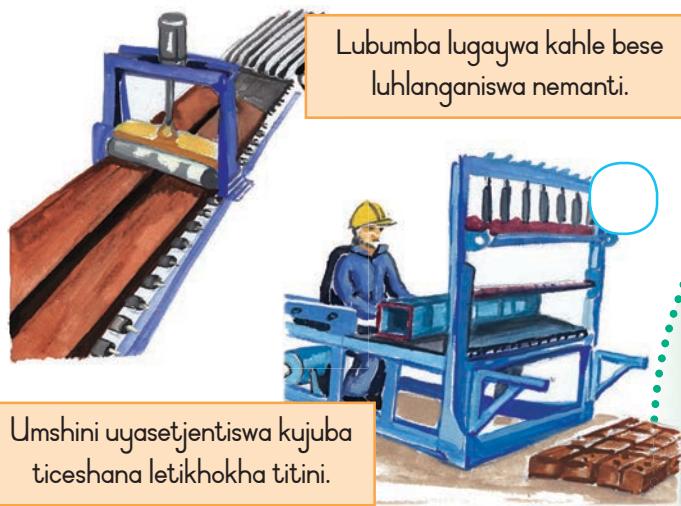
Buka letitfombe bese utjela umngani wakho kutsi kwentekani
kusitfombe ngasinye.



Kugujwa lubumba



Umshini ucoba lengcubevange
yelubumba uyenta tintsambo.



Lubumba lugaywa kahle bese
luhlanganiswa nemanti.



Tincetu letomile telubumba
tiyabhakwa emshinini
wekubhaka titini.



Uma ngabe letitini setikhishiwe
kulefolomu yekutibhaka, tiyahlungwa.



Titini tipakishwa etikwaletinye tentiwa
indvundvuma. Tilungela kutsengiswa.

Niketa lemisho tinombolo ngekulandzelana kukhombisa kutsi sitenta njani titini.

	Nase tisusiwe titini efolomini tiyahlungwa.
	Luyagaywa lubumba kahle bese luhlanganiswa nemanti.
	Umshini uyasetjentiswa kujuba ticeshana letikhokha titini.
	Lubumba luyatatjwa.
	Titini tipakishwe taba tindvundvuma setilungele kutsengiswa.
	Tincetu letomile telubumba tiyabhakwa emshinini wekubhaka titini.
	Lubumba lolubhiciwe luyajutjwa ngemishini lube ticeshana.
	Titini telubumba tiyomiswa.





53 Tinhlekelele nalokufanele sikhwente – tinhlobo tetinhlekele: tikhukhula

Liviki 3

Ithemu



Ase sifundze

Tinhlekelele

Sehlakalo simo lesenteka
ngekuphutfuma singakabhekeki.
Kusimo lesimatima ngekutsi sitsintsa
bantfu nemvelo. Sehlakalo singabanga
kutsi kufe bantfu labanyenti
siphindze sente umonakalo lomkhulu.
Tehlakalo letinyenti tibangwa yimvelo
njengemoya noma imvula.

Sibonelo kungaba simo ngemuva
kwemvula lenkhulu. Nebantfu
bangasibanga sehlakalo. Sibonelo,
kushiya likhandlela livutsa ebusuku
kungabanga umlilo.



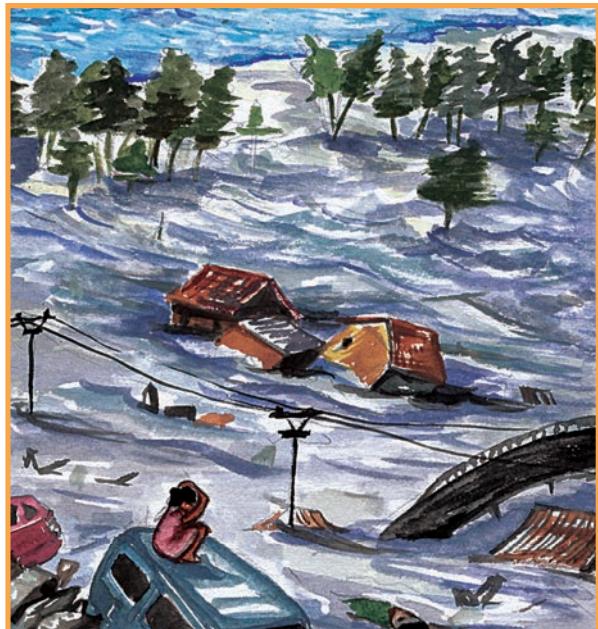
Asikhulume

Buka letitfombe ucoce
nemngani wakho ngaso.

Coca ngaloko lokubonako esitfombeni
ngasinye. Shano kutsi sitfombe ngasinye
sikhomba luhlobo luni lwesehlakalo.

Thishela wenu utakwenta luhla lwato
tonkhe timphendvulo tenu ebhodini.

Ngeta timphendvulo letingafani
netakho kuloluhla lwakho.





Ase sifundze

Fundza lendzaba yeliphephandzaba lelandzelako ngenhlekelele yetikhukhula. Cale utifundzele wena. Sale uhlala nemngani wakho niyifundze kuvakale. Niketanani ematfuba. Fundza indzima yinye, bese uniketa umngani wakho ufundza lenye.

Tikhukhula letinemandla tibanga umonakalo lomkhulu

KuseSchmidtsburg

ngeMgcibelo

14 ngaBhimbidvwane 2011

*Bantfu labalishumi nakubili bafile kantsi
labangemashumi lamane nesihlanu betfulwa
etihlahleni nasetu kwetindlu kuleNyakatfo
neLidolobha iKapa.*

Lenhlekelele yenteka nje emva kwetimvulakati ngaLesihlanu. Line kwengca lobekubhekekile.

Kube yimvula lenkhulu naembikati lidolobha lesolo layigcina nga 1985.

Bantfu lababili bafile nabetama kwewela libhuloho edolobheni ngemoto, timoto tabo takhukhuleka.

Tekuphalala lokuphutfumako emaphoyiseni, neticimamlilo netekuphepha kutemphi tisindzise bantfu. Asafuna nalamuhla emaphoyisa kutsi labahlangana nalenhlekelele batfolakala bonkhe yini.

Bantfu labanengi edolobheni balahlekelwe nguko konkhe labanako emakhaya. Tindlu letakhiwe etigodzini noma etindzaweni letiseceleni kwemifula taba nemonakalo lomkhulu kakhulu.



Labanye labahlangabetana nalenhlekelele abazange bayilalele imiyalo yemaphoyisa.

Linengi lebantu lite kudla netimpahahl. Sebahlala emahholeni, emasontfo kumbe nebangani babo noma beminden yabo.

Kutawutsatsa tinyanga letisitfupha kulungisa konkhe lokonakele. Sodolobha ucele bonkhe bantfu kutsi babambane.



Asibhale

Phindza ufundze lendzaba yeliphepha, bese uphendvula lemibuto.

Inhlekelele yetikhukhula yenteka kusiphi sifundza?

Yacala nini imvula?

Livamise kuna kakhulu yini kulelidolobha?

Kungani bantfu labanengi bete kudla?



Ase sifundze

Umlilo wenteka nakuhlangana tintfo letintsatfu.

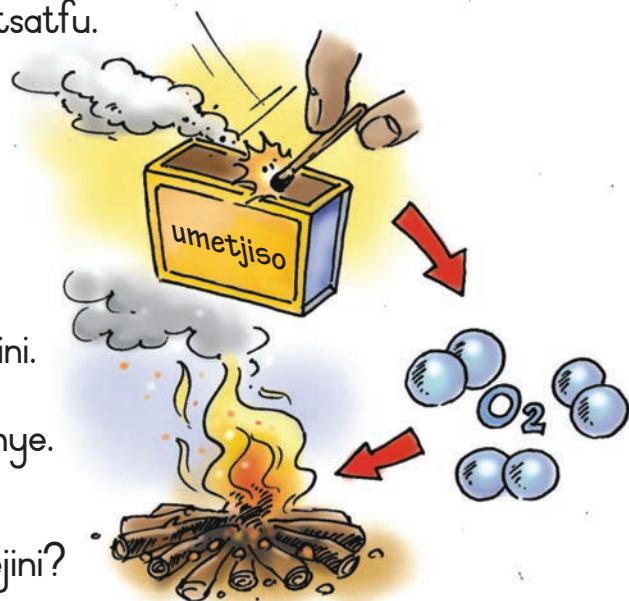
Letintfo letintsatfu nguleti:

- kwekushisa lokunjengelukhuni
- kushisa lokufana nelilangabi lelibuya kulesikukhanyisako noma umetjiso
- gesi losemoyeni lobitwa ngekutsi yi-oksijini.

Kokutsatfu kumele kube khona kanye kanye.

Bewati nje kutsi umlilo ngeke uchubeke

uvutse nakute umoya weluhlobo lwe-okisejini?



Asibhale

Thisela wakho utawulumeka likhandlela bese ubeka ingilazi lete lutfo ekhatsi etu kwelikhandlela. Buka kutsi kwentekani.



Kwentiwa yini loku?
Bhala umusho ube munye encwadzini yakho yekubhalela.



Asikhulume

Unemngani wakho tfolani timphendvulo talemibuto:

Kucisheleni kukhanya ekhandleleni?

Kumele wati imphendvulo yalombuto nakumele ucime umlilo. Sisho ngani?

Utawulalela tonkhe timphendvulo thisela wenu bese uyakhetsa kutsi ngutiphi letincono kakhulu.



Asikhulume

Sebentani njengelikilasi. Cocani ngekutsi ngutiphi tintfo letishako. Ngutiphi tintfo leningatitfola emakhaya kini? Kulokucocisana kwenu, ngumuphi umlayeto longawumikisa ekhaya ngekuphepha emlilweni?



Asibhale

Bhala timphendvulo kuletikhala ethelbulini lelilandzelako:



Umcoka ngani umlilo kitsi

Lesikunikwa ngumlilo:	Singawusebentisa njani:
kushisa	Imphendvulo yakho
kukhanya	Imphendvulo yakho



Ase sifundze

Niketa thishela libhuku lakho kutsi
abuke timphendvulo takho.

Tinhlekelele temililo nato tingajinge tiwubange
umonakalo lomubi kanye nembubhane yekufa.

Imililo yematsafa mihle mibi; ngoba isita
tihlahla netjani lobusha kukhula. Kodvwa imililo
lehheha esigangeni mibi ngoba ingabhubhisa
lokuhlumako netilwane. Imililo yekubabela
ibuye idale kugedvuka kwemhlaba kanye
nesingcolisa-moya. Kuyadvumata kutsi bantfu
labanganakeleli njibo labadala cishe i-9
eshumini yemililo lubhubhane (lokungu-90%).

Tsine sonkhe kufute sifundze kutsi sitivikela
kanjani tinhlekelele temililo nekutsi kufute
senteni uma kunemlilo lohhehhako wengoti.

Ngabe ngoti yini lengehlela lomfana
longesekudla? Yini layente kabi?



- Asente loku loku
- Sika sitfombe sebantfu kumagazini.
 - Yakha inhlanganisela yesitfombe lapho ticu temitimba yebantfu telakanyana khona.

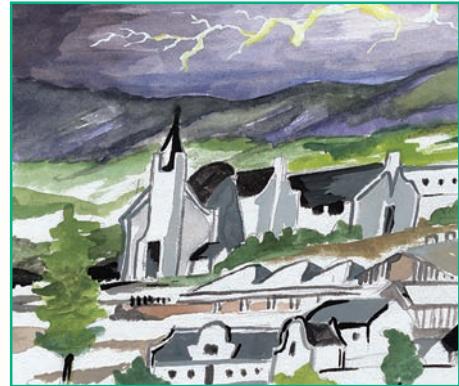


Umbane

Ase sifundze

Liviki 4
Ithemu 4

Kulesinye sikhatsi nawutsintsa intfo letsite leyakhiwe ngensimbi, njengensika yemnyango, uva kuahlaba lokuvevetelako uve shengatsi uyazintileka. Loku kwentiwa kutsi kunemlilo wagezi lowakheka emtimbeni wakho. Lomlilo ungendlulela etintfweni letakhiwe ngensimbi nawutitsintsa.



Imibane lesiyibonako nalidvuma iyafana nje. Emandla agezi ayakhula efini, abese "engciselwa" kulelinye lifu (sitfombe ngetulu) noma emhlabeni (sitfombe ngesancele).

Kushaya kwemsindvo lomkhulu lotakuva emuva kwembane kuyafana nalokuhlaba lokuphangisako nawutsintsa intfo leyinsimbi, kodwva kona kunemsindvo. Minyaka yonkhe bantfu labangetulu kwema-30 babulawa ngumbane eNingizimu Afrika.



Nayi imitsetfo lemitsatfu yekuphepha nakudvuma litulu.

Uma uvinjetelwe litulu lekudvuma, khumbula:

- Ungacali ume ngaphasi kwesihlahla noma eceleni kwafenisi lowakhiwe ngensimbi.
- Ungabraci emgodzini emhlabatsini.
- Nawusemfuleni, edamini noma uyabhukusha, phuma masinyane!





Asikhulume

Coca nemngani wakho ngalesitfombe.
Shano kutsi ngakunye kuyingoti ngani
kubakuko nalidvuma ligcoba.



Asente loku

Phindza ubuke lemitsetfo
lemitsetfu yekuphepha
etulwini nekudvuma.
Khetsa munye wayo.



Yakha iphosita lengasetjentiswa kwatisa bantfu ngekuphepha embaneni nekudvuma.
Kuphosita yakho kufanele:

- kube nemagama
- yakhiwe lokungenani ngetintfo letimbili letehlukene.
- kube malula kuyicondza ngekuphangisa.



- Usebentisa umtimba wakho lingisela tinhlobo tembane esitfombeni lesisekhasini 40. Bamba lokuphumula imizuzwana leli-10.
- Ntjjintjela kulokunye kulingisela "umbane" phumula imizuzwana lengema-20. Kopa yonkhe lemisukumo kube ngatsi usesibukweni.
- Timele wena futsi.
- Nyalo hambisan iimitimba masinyane shengatsi niyimibane leshaya ngemandla niphindze leminyakato.



Asikhulume

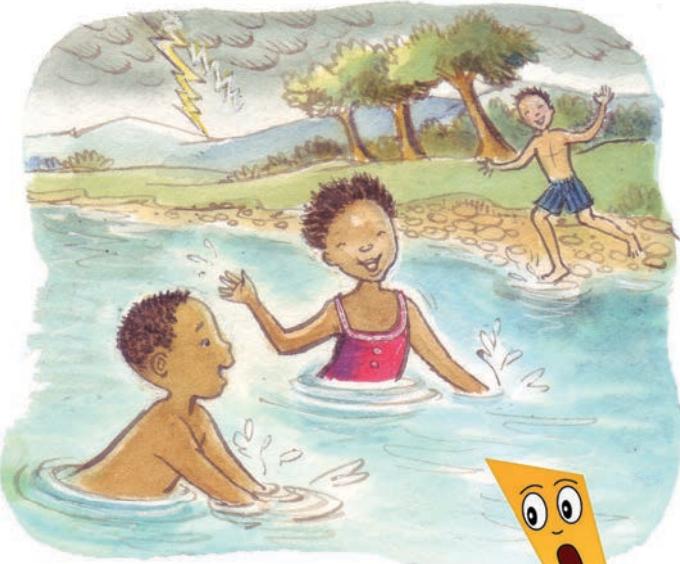
Nyalo tijisbulise ngemdlalo webhola yemphebeto usebentisa kushaya uye embili uphindze ushaye uye emumuva.

Ungaba ngulophephile yini emotweni
nakunesangcotfo kudvuma litulu?

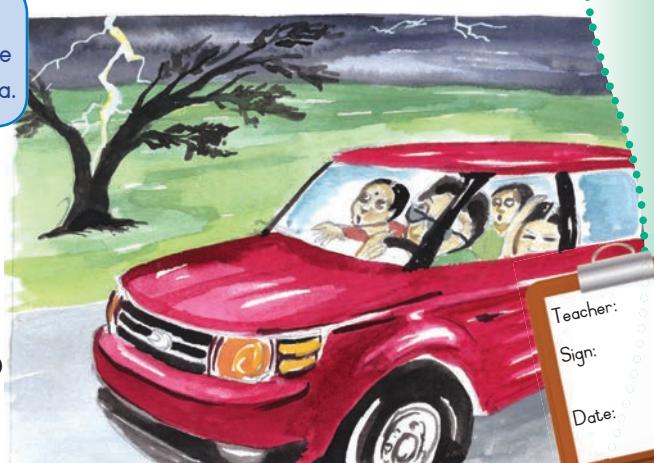
Coca ngemngani wakho ngaloku.

Umbane ungashaya kibili yini endzaweni yinye?

Cocani ngalemibuto ekilasini lakho.



Asente loku



Teacher:
Sign:
Date:



Tangcotfo netiphepho



Ase sifundze

Fundza indzaba yaBusile ngesangcotfo lesikhulu.

Inhlekelele lengingayikhohlwa

Emafu lesabekako lamnyama bekasongana abutseka lusuku lonkhe. Babe walalela tindzaba emsakatweni wemoya. Umsakato bewubelesele usecwayisa ngemoya lomkhulu kanye nemvula lenkhulu. Emaphoyisa eta kutowubona kutsi siphephile yini aphindze asecwayisa ngekutsi senteni nakufika sangcotfo.

Babe wafaka lithoshi lakhe, umsakato lomncane nemadokethe etfu lamcoka esikhwameni seliplasitiki. Make wapakisha timphahla tetfu ngamunye temalanga lamabili esikhwameni. Gogo wafaka emaphilisi akhe esikhwameni lesincane. Setsa emanti emabhodleleni lebesingawatfwala.

Babe ujube ligala lelikhulu lesihlahla lebesilengela endlini yakitsi. Savala emafasitelo. Babe wafaka ithephu lenamatselako etingilazini temafasitelo wase ushayela emapulango emafasitelweni.

Nakuchubeka kuba mnyama kakhulu, lacala kuna ngemandla. Umoya wavunguta kakhulu ubanga nemsindvo.

Kwatsi emanti nakengca ngemdumo embi kwendlu yakitsi, bakamasipala



baletsa emasaka netikhwama letimnyama
kutsi sente emajazi emvula.

Besetfuke kakhulu. Lumphahla lwendlu
lwavevetela kungatsi lutakuwa, nemanti
avuta yonkhe indzawo. Njalo emva
kwemizuzu lembalwa kukhona bekudzilika
eluphahleni.

Kwaba nemsindvo lomkhulu uvala tindlebe.
Hhawu, indlu yakitsi yabe seyite lumphahla!

Sadvonsa tikhwama sambonya tinhloko sabaleka endlini. Kwadzingeka sivike
tintfo letipheshulwa ngumoya kutsi tingasilitati. Sibhakabhaka besikhanyiswa
yimidvwa yembane.

Sagijima, sihlaphuta ludzaka sibange ehholeni yemmango. Labanengi bantfu
bese bavele babutsene lapho.

Ngakusasa ekuseni, sabona umonakalo lomkhulu lobangwe litulu. Tinkhukhu
takitsi tingasabonwa nangelukhalo kantsi nenkhomati yetfu yase ibalekile.

Sangcotfo saba yinhlakelele leyesabekako, sabanga umonakalo lomkhulu
nasemadolobheni labomakhelwane. Sinenhlanhla kutsi sisaphila.



Asente lokhu

Yentani umdlalo malingisa ngalendzaba.

Lamagama lalandzelako achaza timo telitulu letehlukene:

Sishingishane: ngumoya lomkhulu lodvudvula wente umonakalo lomkhulu.

Sivunguvungu: umoya uvunguta ngekushaya siguco.

Sishwingiliti: ngumoya lonemandla ushwilana uye etulu endzaweni lencane.

Ngusiphi simo selitulu locabanga kutsi sahlasela lomndeni?

Wentani lomndeni kutsi utivikele kulesangcotfo?



57 Kugidzitela kwemhlaba

Liviki 5

Ithemu

Ase sifundze

Kugidzitela kwemhlaba kwenteka ngesikhatsi lucwecwe lwemhlaba lusuka lukhwesha noma lunyakata kakhulu noma luveva.

Kunyakata lokuphutfumako kwakha umoya losamagagasi ugijime kulolucwecwe lwemhlaba. Lamagagasi atamatamisa umhlaba netintfo letinengi letikuwo – ngiko loku lesikuvako noma sikubone.

Kutamatama kwemhlaba kungabanga kufa nekulimala kwalabanengi, kuhindze kwente umonakalo lomubi etakhiweni.



Ase sifundze

Naku lokunakekako ngekutamatama kwemhlaba.

Hhalani ngemacembu nibe bane. Niketanani ematfuba ekufundza kakhulu.

- Bantfu cishe labati-10 000 bafa nakutamatama umhlaba yonkhe iminyaka.
- Kutamatama lokusi-8 kulokuli-10 kwenteka elwandlekati iPhasifikasi.
- Kutamatama kwemhlaba ngephasi esiyilweni selwandle kulesinye sikhatsi kwenta emagagasi lanemandla ematsunami.
- Ematsunami ahamba ngetulu kwelwandle ngesivinini lesikhulu. Lamanye ashaya emakhilomitha langema-960 ngeli-awa.
- Lamanye ematsunami afika e-15 wemamitha budze.
- Lenkhulukati itsunami yenteka mhlaka 26 ngeNgongoni 2004
- Yatsikameta emave lali-II madvute neLwandlekati lweNdiya.
- Kufa kungavikeleka nangabe bantfu bahlelela kuvikela sehlakalo sekutamatama kwemhlaba.



- Bangakha takhiwo tetindlu letijikitako tiye emaceleni nakunekutamatama kwemhlaba, kunekutsi tivele nje tidzilike.
- Mhlaka 29 iNyoni nga 1969 kutamatama kwemhlaba lokukhulu kwenteka eCeres, eTulbagh naseWolseley eNshonalanga Kapa.
- Kutamatama kwemhlaba lokunemandla kangaka akukavami eNingizimu Afrika.
- LiTheku, uMgungundlovu neLidolobha iKapa ngemadolobha eNingizimu Afrika lasengotini yekuba nekutamatama kwemhlaba.
- Kusukela ngeNdlovana 2010 indzawo yase-Augrabies eNyakatfo Kapa ibe nemahlandla lamanyentana ekutamatama kwemhlaba lokuncane.



Asente loku

Lusuku:

Buka lelibalave lemhlaba. Yenta lumphawu noma ubhale loku lokulandzelako kulo:

1 Lwandlekati lapho kutamatama kwemhlaba lokunengi kwenteka khona.

2 Indzawo lapho kwaba netsunami lenkhulukati ngeNgongoni 2004.

3 Live lapho kwashaya itsunami khona mhlaka II iNdlovulenkhulu 2011.

4 Lidolobhakhulu eNshonalanga Kapa lelinekuba nekutamatama kwemhlaba.

5 Lelinye lemadolobha aKaZulu Natali lelinekuba nekutamatama kwemhlaba.

6 Indzawo eNyakatfo Kapa lehlaselwa kuvevetela kwemhlaba.

Ungafaka umbala ngakhilayoni kulo lonkhe libalave.



Tilwane letisisitako: singeniso

Liviki 6



Asikhulume

Buka letifombe taletilwane. Njengelikilasi cocani ngekutsi letilwane tisisita ngani.

Ithemu 4 - Liviki 6

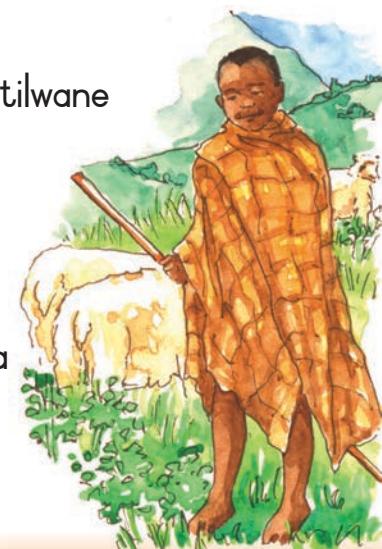


Ase sifundze

Kudzala, emandvulo bantfu bacala basebentisa tikhumba tetilwane kutivikela emoyeni nasemakhateni.



Ngekuhamba kwesikhatsi bantfu base bayabona kutsi bangasebentisa volo wetimvu naletinye tilwane njengetikhumba telama kwenta timphahla. Letimphahla betilula futsi tincono kunetikhumba nje.



Sisebentisa tikhumba tetilwane kwenta tintfo letehlukene letinengi njengetikhwama, tipatji, neticatfulo.



Eminyakeni letinkhulgwane leyengcile, tonkhe tilwane betihlala endle. Eminyakeni leminengi tilwane letifana netinja, bokati, timvu, emahhashi kanye netinkhomo tabe setiyafuywa. Lamuhla, sesifuya tilwane kutfola tintfo letehlukene.



Etibungwini tesilika sitfola isilika lesenta ngayo timphahla letinhle letintofontofo.



Teacher:
Sign:
Date:

Tilwane letisinika kudla nekwembatsa: tinyosi

Livi ki 6



Ase sifundze

Ithemu 4



Tinyosi takha emakhekheba neluju phindze tisite balimi kukhicitatitselo. Tinyosi tiphila emimmangweni lebitwa ngekutsi tideke. Letinye tinyosi tiyaphuma tiyobutsa vovovo nenkhovi yetimbali. Tibuyela nako loku emuva esidlekeni. Vovovo wondla tinyosi letisetincane, inkhovi yona iguculwa ibe luju kutsi yondle tinyosi lesetikhulile.

Tinyosi tigcina luju nepholeni ekhekhebeni letinyosi.

Lelikhekheba lakhiwa ngamanafu lophuma emtimbeni wetinyosi.



Balimi betinyosi bacongelela luju lolungakasetjentisa tinyosi. Luju kudla lokunemphilo, siyaludla nesinkhwa noma nendengane.

Siphindze sisebentise manafu wetinyosi kwenta tintfo letinyenti letehlukene letifana naloku:



- emakhandlela
- insipho
- emakhilayoni
- ipholishi yefenisha
- emafutsa ekugcobisa umlomo netimonyo tekutilolonga
- kuvikela emanti kulokwakhwiwe ngesikhumba
- ipholishi yetintfo letakhwiwe ngesikhumba njengeticatfulo

Tinyosi timcoka kakhulu kitsi, ngoba tisita tilimo letinyenti letilinywa balimi kutsi takhe inhlanyelo lokuphuma kuyo tilimo. Tikwenta loku ngekutsi tendlale vovovo kuleso naleso sihlahla natisa butsa vovovo kanye nenkhovi.

Lokunye kulokutsatfu kwekulda lesikudlako kuyasitakala ngepholeni yetinyosi. Kepha-ke setincane tinyosi nyalo kunakucala ngendzaba yetifo nekusetjentiswa kwemitsi emasimini.

Caphela ngetinyosi. Natikusutela kuba buhlungu kakhulu.



Asibhale

Lemisho iliciniso noma ngemanga? Beka lumphawu (✓) ebhokisini.

	Liciniso	Akusilo
Akubuhlungu kusutelwa yinyosi.		
Tinyosi tilahla sishakato tisandiza tiya esidlekeni sato.		
Balimi bemuka tinyosi luju lolukuphela kwalo.		
Tinyosi teluju setetayele kuhlala nebantfu.		
Luju lunashevu nalusetjentiswe ekudleni.		
Umtfwebeba ungasisita kutsi sipholishe ticatfulo tesikhumba tize timanye.		
Umtfwebeba wetinyosi awukwati kwenta emanti angangeni esicatfulweni sesikhumba.		
Luju luyababa		
Linani letinyosi liyakhula.		
Tinyosi tidla luju.		





60 Tilwane letisinika kudla nekwembatsa

- Liviki 6

Ithemu



Ase sifundze

Tinkhuku tisecenjini letilwane lesitibita ngekutsi tinyoni. Tilwane letitalelako tinyoni lesitetayele kuhlala nebantfu. Sitfola emacandza, inyama, tinsiba kuletinyoni. Loku kufaka ekhatsi tinkhukhu, emahansi, ematuba, imithintangwe, emaphengwini kanye nematuba nemakewu.

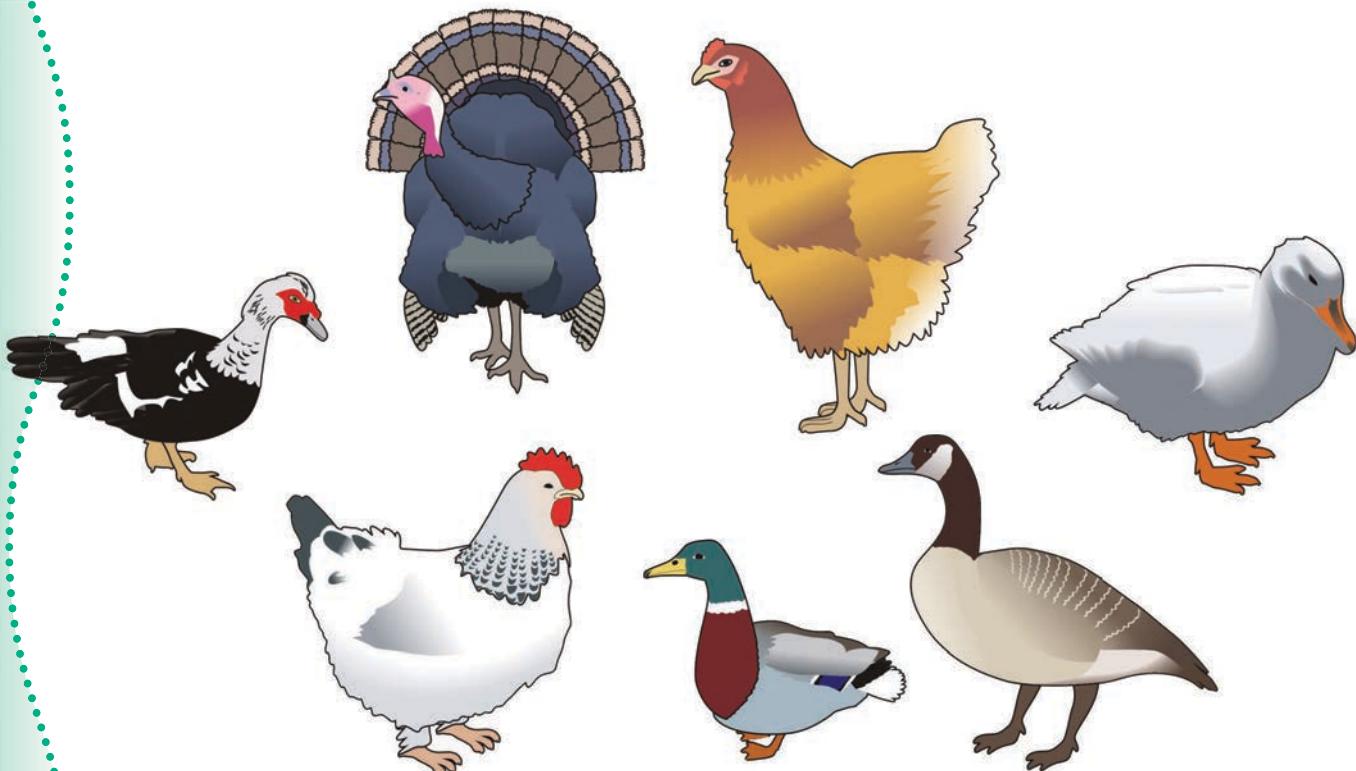


Eningizimu Afrika kufuywa tinkhukhu letingaba tigidzi letingema -950 ngemnyaka. Tifuyelwa emacandza nenyama. Bantswana labafundza Libanga 3 eNingizimu Afrika bangaphindwa cishe kali-1000 kwenta inombolo yaletilwane letitalelako.



Asikhulume

Buka letitfombe bese ucoca nemngani wakho ngato. Ngutiphi letisinika emacandza ladliwa bantfu labanyenti?



Lusuku:



Asibhale

Buka letifombe bese ubeka indilinga kuko konkhe kudla lesikutfola enkhukhwini.
Manje buka kudla lokusele bese usho tilwane lokuphuma kuto.

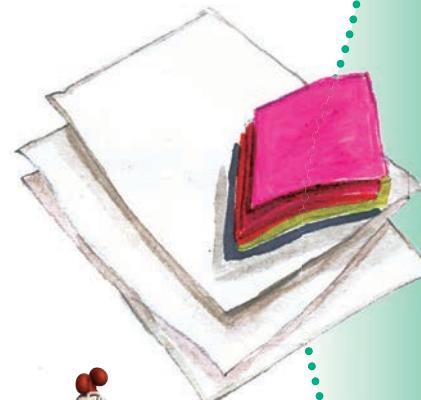


Asente loku

Khetsa luhlobo lwenyoni lefuywako longayakha ngeliphepha lelimako. Buka lemibala leyehlukahlukene nekubunjwa kwaletinsiba. Phindza ubuke umtimba netitfo temtimba letehlukene taletinyoni. Khetsa loko lofuna kukugcizelela.



Asente loku



- Telule ngendlela licudze lelitelula ngayo nalitawukhala.
- Gwabbutisa imikhono yakho njengemaphiko ulingise ttinyoni letifuywako letehlukene.
- Hamba njengetinyoni letifuywako letehlukene.
- Sima njengenyoni kufenisi.
- Hlukanani nibe ticheme letimbili.



Sicheme sinye sitawuba bolohheya. Labakuletinye ticheme batawuba mantjwele. Bolohheya bagijima nemikhono levuleke njengetimphiko, bacosha emantjwele bazama kuwabamba. Emantjwele agijima ayobhaca kunina sikhukhukati. Tjintjani badlali labanye ababe mantjwele labanye babe bolohheya.

Teacher:
Sign:
Date:



Ase sifundze

Luphumaphi lubisi lwetfu?

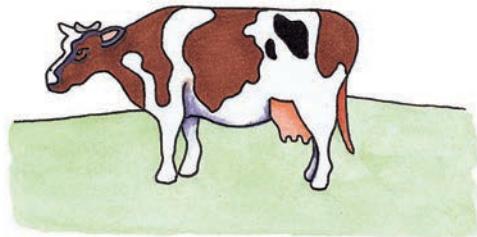
Uyati yini kutsi lubisi lufika kanjani kitsi emakhaya?

Ase sifundze kabanti ngaloku.

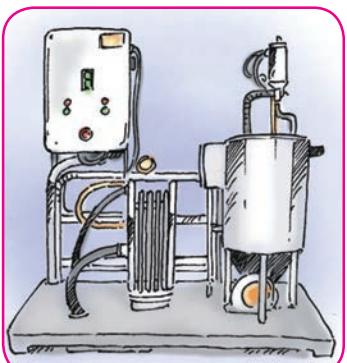
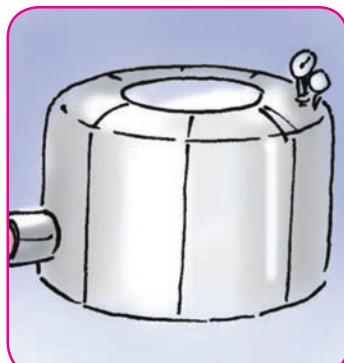
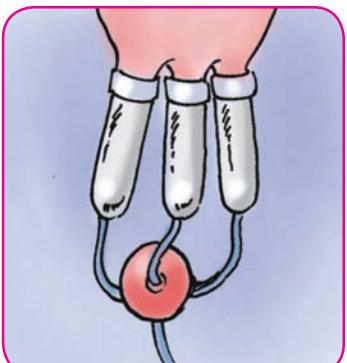
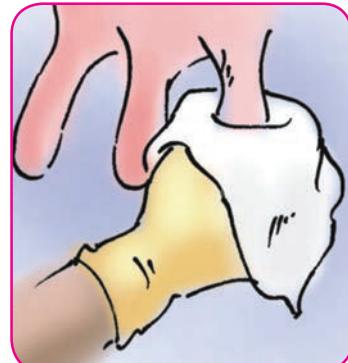
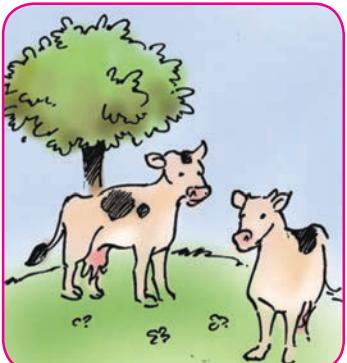


Asikhulume

Buka letitfombe ucoce ngato nemngani wakho.



Silutfola kanjani lubisi



Lusuku:



Asikhulumé

Akusilo lodvwa lubisi lesilutfola enkhomeni. Yini lokunye lesikutfola enkhomeni? Yabelana nelikilasi luhla lolwentile.



Asente loku

Kuleyo naleyo fulemu, dvweba intfo lesiyitsfola elubisini. Bhala libito lento ngephasi kwesitfombe ngasinye losidvwebako.





Tilwane letisinika kudla noma kwembatsa: timvu



Ase sifundze

Ithemu

Volo

Ekupheleni kwebusika, timvu atiwasweli emabhantji ato avolo locatsa kutsi tifutfumale. Ngako lesi sikhatsi lesifanele kutsi tihhule!

Sisebentisa volo kwenta tintfo letinyenti letehlukene. Singakha emajezi ngensontfo, noma seluke noma yini lecatsa.

Kunetimvu letehlukene tavolo eNingizimu Afrika. Letivamile nguleti: emaMerino, iBlinkhaar-ronderib Afrikaner, iDorper kanye neDormer. Letifombe letikulelikhasi tikutjengisa kutsi tibukeka njani letimvu.



IMerino iluhlobo lemvu lenkhulukati eNingizimu Afrika.



iBlinkhaar-ronderib Afrikaner iluhlobo lwaseNingizimu Afrika. Icinile kani iphila kahle noma simo simatima.



iDorper yimvu letfolakala kakhulukati eNingizimu Afrika.

IDormer nayo iyafuywa eNingizimu Afrika. Inavolo lohhayekile.



Simtfola kanjani volo?

I. Sopulazi nebasebenti
bakhe bagundza
timvu ngesandla
noma ngemshini.



2. Volo ubekwa
etafuleni ahlungwe
ngetigaba tekutsi
tebudze nelizinga.



3. Volo ucindzetzela
entiwe emabhele
bese uyatsengiswa.



4. Manje volo
uyagezwa
ahlobe.



5. Volo uboshwa
tinkhatsa
alungiselwe
kuyewugaywa.



6. Nakugaywa volo,
uyelulwa achinwe.



7. Volo sewulungele
kutfungwa.



8. Lokulandzelako,
insontfo
ifakwa umbala
wemphendvuli.



9. Insontfo inithwa
yentiwe
emajezi.



10. Emajezi atsengiswa
esitolo.



Asikhulume

Khuluma nemngani wakho. Ngutiphi letinye
tindlela timvu letingaba lusito ngalo kubantfu?

Asidiale

- Thishela wakho utakufundzisa
kutsi iddalwa njani ikhilikitsi
lencane.

Teacher:	Sign:
Date:	



Tilwane letisisebentelako: tinja



Siyacatsanisa

Tinja letinengi tilwane tekufuya futsi tihlala natsi emakhaya etfu.
Kodwva tibuye tente imisebenti lemnyentti lemcoka.



Tinja temaphoyisa noma
teluhala tisita emaphoyisa
kutfola tidzakamiva noma
kutfola umkhondvo wetigebengu.



Tinja letiholako tisita bantfu
labangaboni kutsi batfole kutsi
bayaphi.



Tinja tekutingela
tisita batingeli kutsi
batfole tinyoni
noma tinyamatane
labatidubulile.

Tinja letigadzako tisivikela kutsi
singahlaselwa tigebengu

Tinja tetimvu tenta sicciseko sekutsi
umhlambi uhlala ndzawonye.



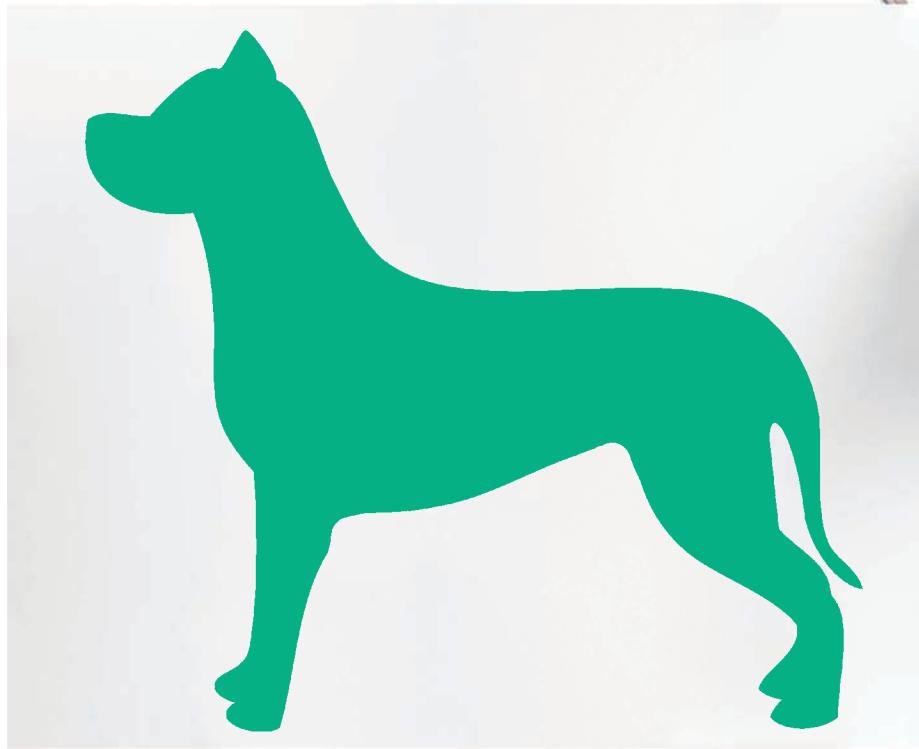


Asente loku

Yakha sitfombe sitfunti semngani lomkhulu wemuntfu: injá.

Udzinga loku:

- liphepha lelinemibala lemibili leyehlukene
- sikelo
- ipeniseli
- umtfofi weglu



- Dvweba injá lenkhulu kulinye liphepha.
Yenta sicingiseko sekutsi umdvwebo uvala lonkhe liphepha.
- Manje sika kahle injá yakho.
- Namatsisela injá loyisikile kuleli lelinskye liphepha.
- Dvweba emehlo, likhala, umlomo lonematinyo enjeni yakho.
- Hlobisa sitfombe sakho ngendlela loyitsandzako. Khumbula kutsi imibala lefana nalomyama kanye naloliphati ise benta kahle kwakha sitfombe sesitfunti.





64 Tilwane letisisebentelako: timbongolo

– Liviki 8



Ase sifundze

Ithemu

Timbongolo tisite bantfu iminyaka letinkhulgwane letisi-6. Betitfwala bantfu nemitfwalo yabo lesindzako emihlane yato, tilima emasimu etfu tiphindze tisitfwalele emanti. Tonkhe letintfo tisenteka nalamuhla. Kunetimbongolo letilinganiselwa etigidzini tetigidzi lettingema-4 l emhlabeni wonkhe. Loku kusho kutsi wonkhe umntfwana wesikolo eNingizimu Afrika angaba netimbongolo leti-3.



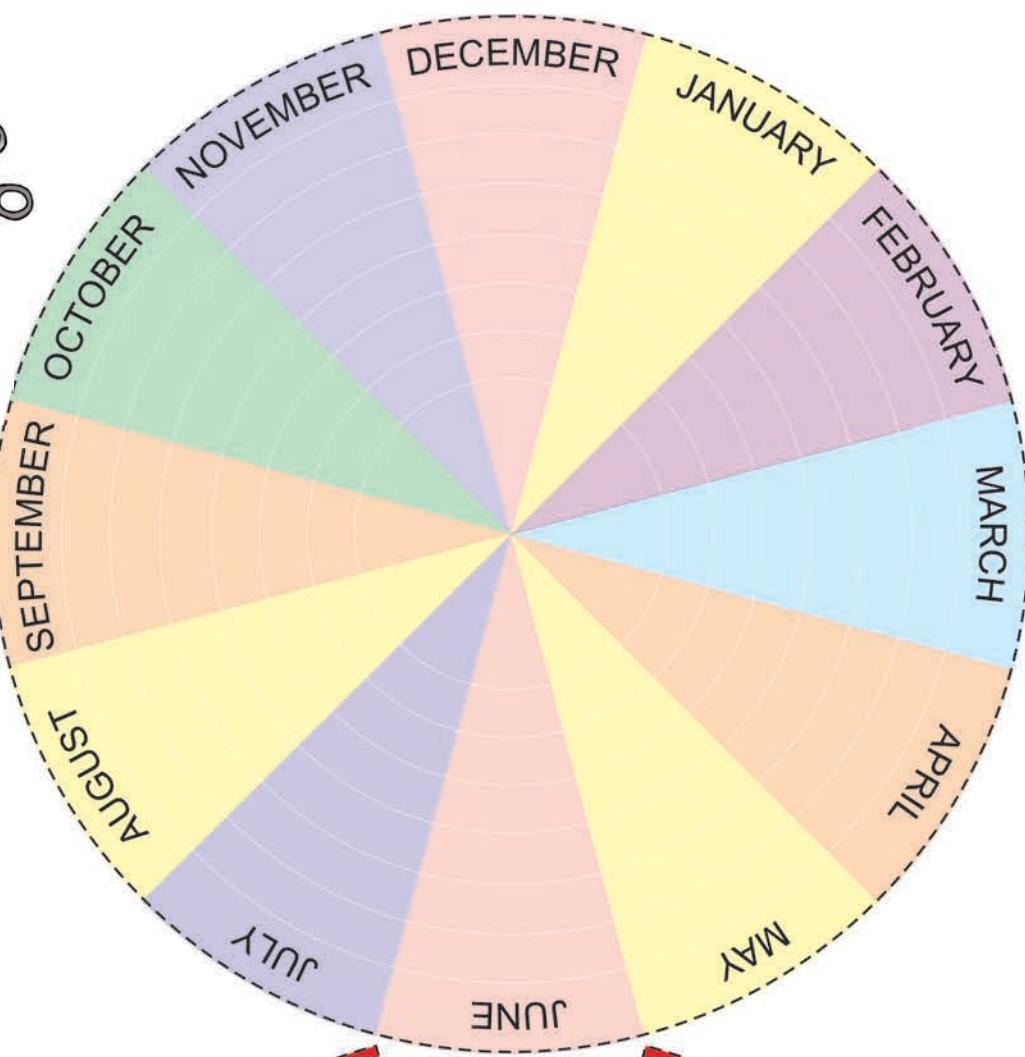
Asibhale

Buka letitfombe bese ubhala umusho ube munye ngesitfombe ngasinye. Shano kutsi imbongolo iseomba njani.

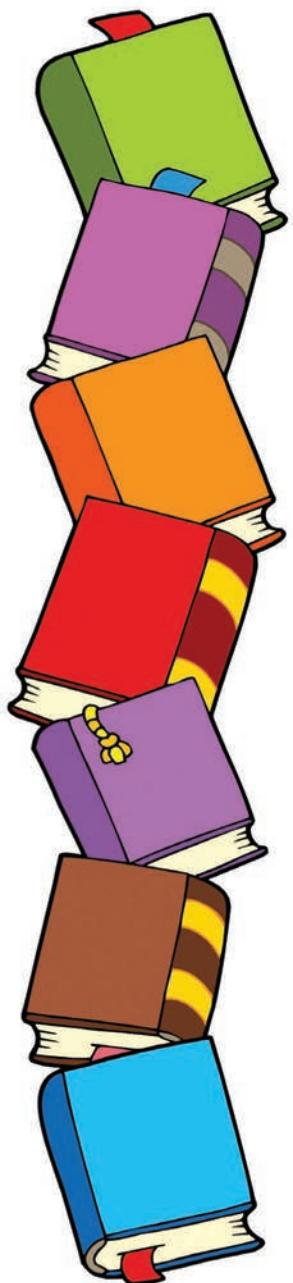
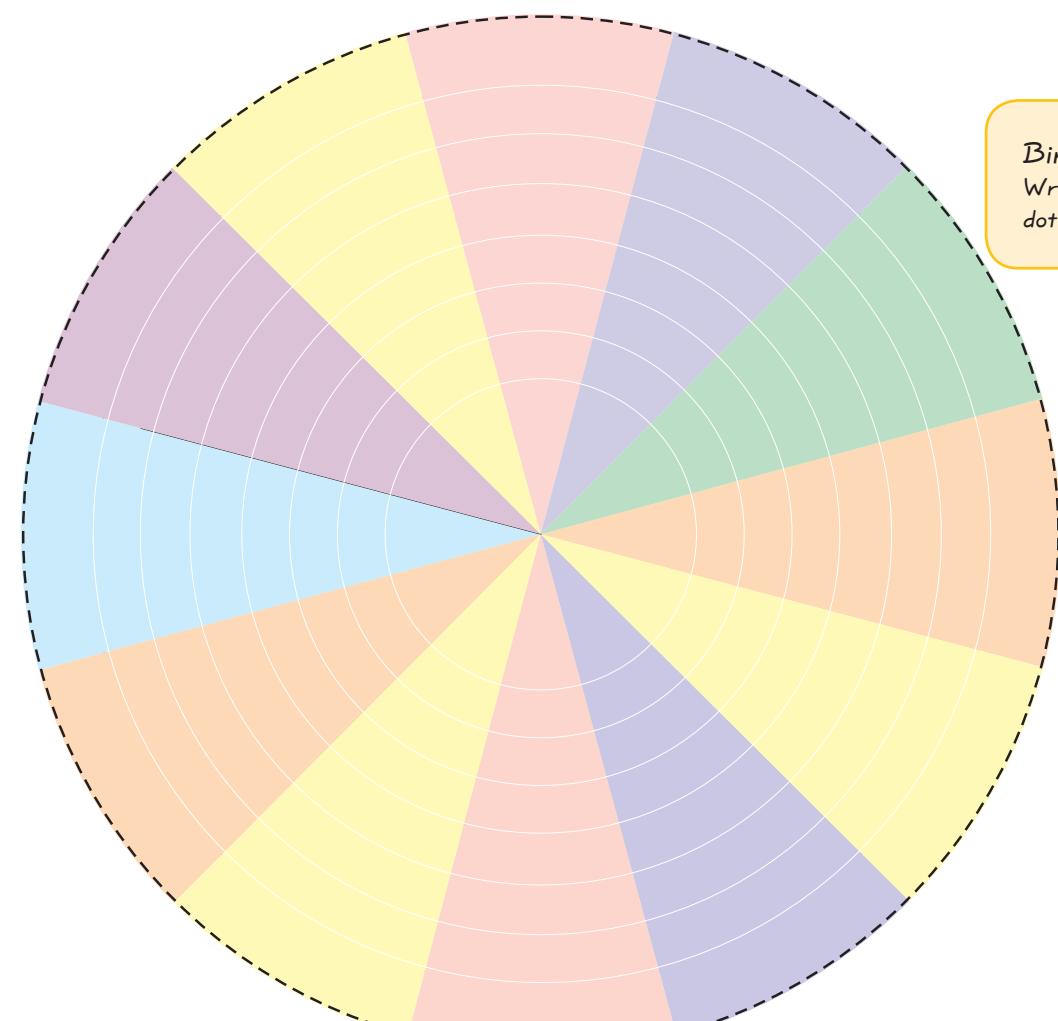




Birthday Wheel:
Cut out the two circles and the wedge shape. Put the top and bottom together using a split pin. Write the birthdays of your family and friends in the correct months on the birthday wheel.
On the back you can write the months in your first language.



Birthday Wheel:
Write the 12 months on the
dotted white line.



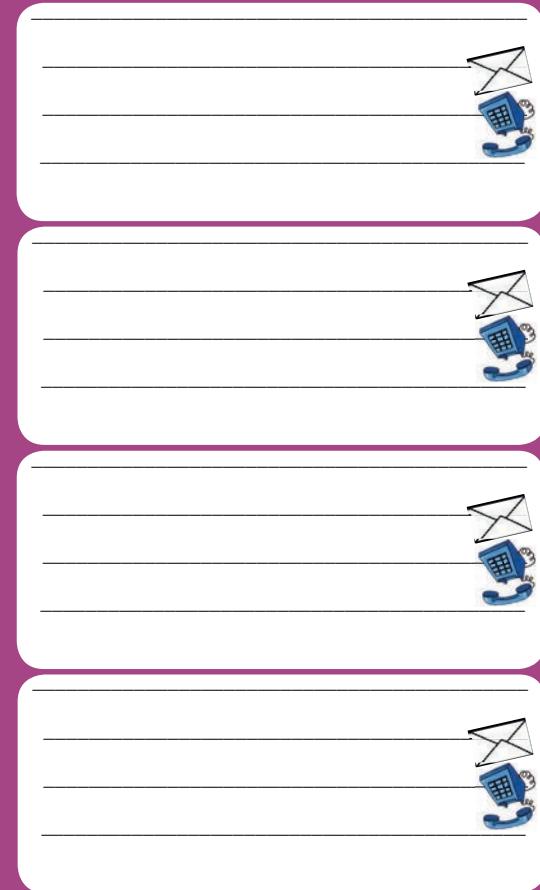
Step 1: Cut all around on the black line

DEF

ABC

OPQR

STUV

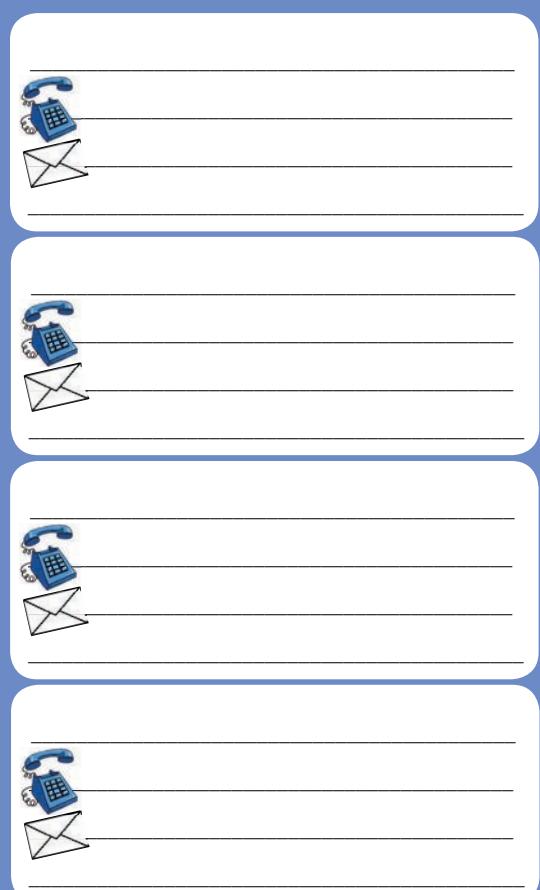
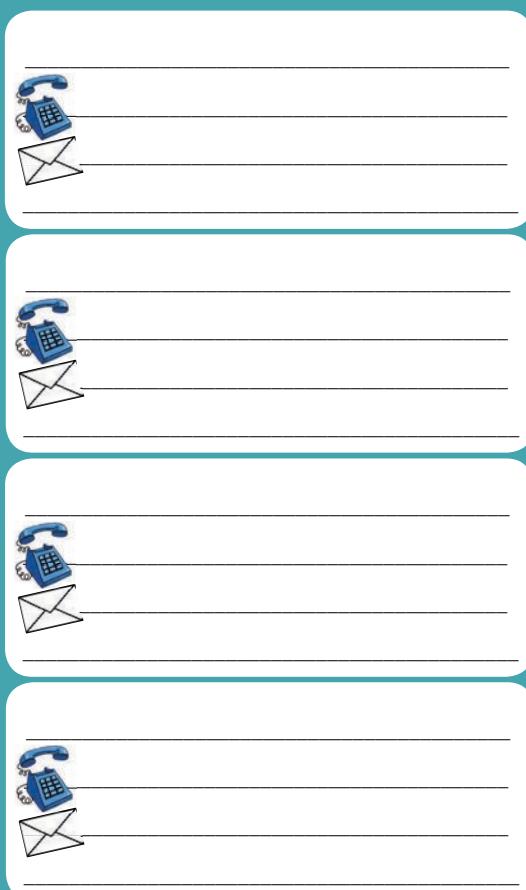
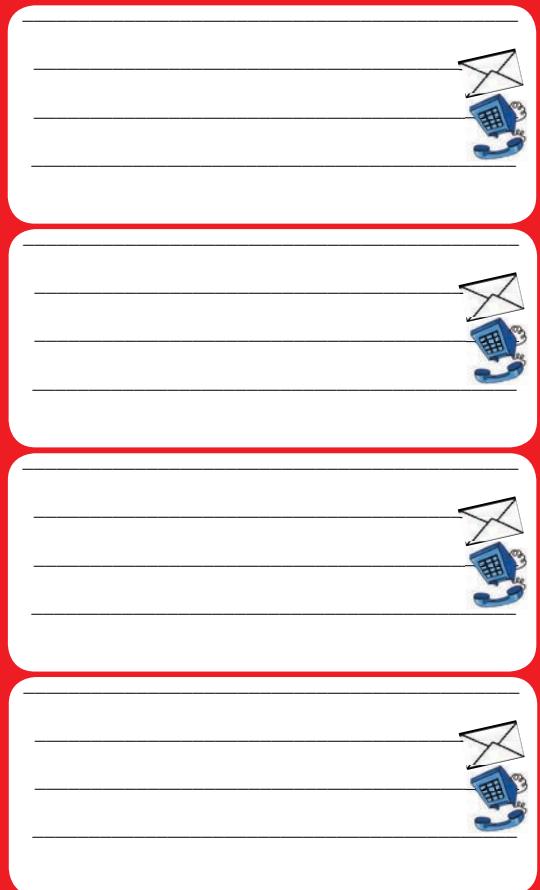


Step 3: Fold on the dotted line

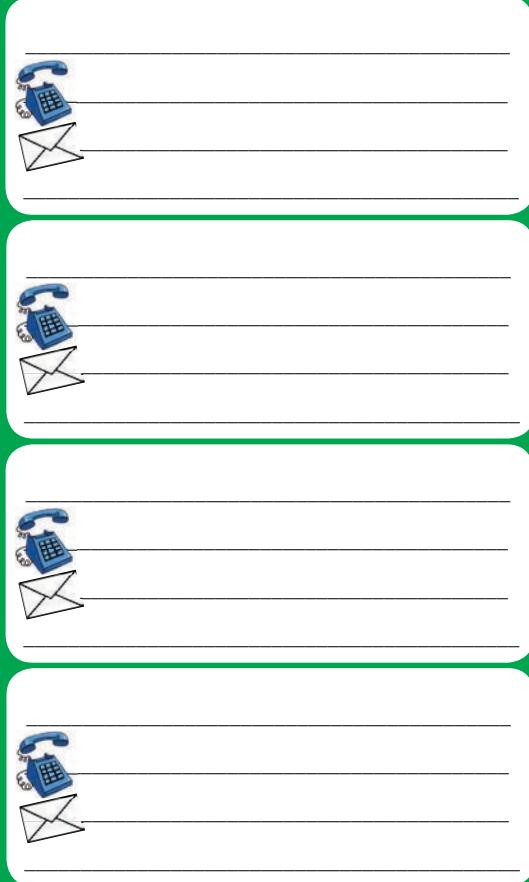
Step 5: Cut off on the yellow line

Step 2: Fold on the dotted line

Step 7: staple your book in the middle



KLMN



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My Telephone and Address Book



This book belongs to: