



E boeleditšwe
ebile e sepelelana
le CAPS

Mphato wa



Mabokgoni a Bophelo ka SEPEDI

Puku ya 1
Kotara ya 1 & 2



ISBN 978-1-4315-0235-6



- Workbooks available in this series:
- Grade R
(in all official Languages);
 - Literacy/Home Language Grades 1 to 6
(in all 11 official Languages);
 - Mathematics Grades 1 to 3
(in all 11 official Languages);
 - Mathematics Grades 4 to 9
(in Afrikaans and English);
 - Life Skills Grades 1 to 3
(in all 11 official Languages); and
 - Grades 1 to 6 English First Additional Language.



**LIFE SKILLS IN SEPEDI
GRADE 1 – BOOK 1
TERMS 1 & 2
ISBN 978-1-4315-0235-6
THIS BOOK MAY NOT BE SOLD.
10th Edition**

Leina:

Phapoši:

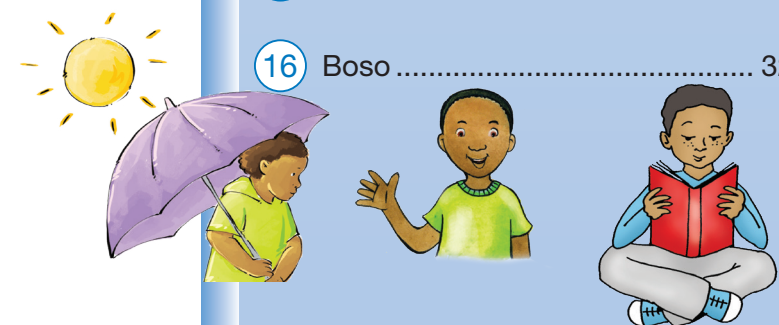


basic education
Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

Diteng

Kotara ya 1 Letlakala

- 1 Ka ga Nna..... 2
- 2 Mebala le Dibini..... 4
- 3 Ka moka re ba bohlokwa..... 6
- 4 Ga re swane 8
- 5 Opela koša10
- 6 Ke ikgantšha ka sekolo sa rena12
- 7 Mafelo a go fapana.....14
- 8 Phapoši ya ka16
- 9 Mokgwa wo re ya go sekolong ka wona18
- 10 Ke phela ke hlwekile 20
- 11 Maitshwaro a mabotse..... 22
- 12 Ke hlwekile24
- 13 Ditlwaedi tše botse tša bophelo 26
- 14 Go hlweka le bothakga..... 28
- 15 Boso bjo ke bo ratago..... 30
- 16 Boso 32



Kotara ya 2 Letlakala

- 17 Balapa la gešo..... 34
- 18 Balapa la gešo..... 36
- 19 Re a hlokomelana.....37
- 20 Go laetša gore o na le pabalelo..... 38
- 21 Polokego ka gae le tikologo ya gona (1) 40
- 22 Polokego ka gae le tikologo ya gona (2)..... 42
- 23 Polokego ge ke le noši ka gae..... 44
- 24 Se sengwe gape seo o swanetšego go se gopola 46
- 25 Mmele wa ka 48
- 26 Dikwi 50
- 27 Go šidulla mmele 52
- 28 Go gopola ka polokego 54
- 29 Go dula o bolokegile 56
- 30 Go swara mmele wa ka o phetše gabotse..... 58
- 31 Go swara mmele wa ka o phetše gabotse..... 60
- 32 Ke no lekola..... 62
- Pukuntšu ya ka 63



Mdi Angie Motshekga,
Tona ya Thuto ya Motheo



Mna Enver Surty,
Motlatša-Tona ya Thuto ya Motheo

Dipukutšhomo tše di tšweleditšwe go thuša bana ba Afrika Borwa ka tlase ga boetapele bja Tona ya Thuto ya Motheo, Mdi Angie Motshekga, le Motlatša-Tona wa Thuto ya Motheo, Mna Enver Surty.

Rainbow Workbooks di bopa karolo ya mohlwaela wa tsenogare woo maikemišetšo a wona e lego go kaonafatša mošomo wa barutwana ba Afrika Borwa bao ba lego mephatong ye tshela ya mathomo. Projeke ye, bjalo ka ge e le ye nngwe ya dinepokgolo tša Dithulaganyo tša go Diragatša tša Mmušo, e kgonne go diragala ka thekgo ya mašeleng a go tšwa, ka ntle le go kgokgona go Sešegotlotlo sa Bosetšhaba. Se se kgontšhitše Kgoro go dira dipukutšhomo tše, ka maleme ka moka a semmušo, ka ntle ga gore Kgoro e lefe.

Re hutša gore barutiši ba tla holega ka dipuku tše mošomong wa bona wa tšatši ka tšatši wa go ruta, le go kgonthiša gore barutwana ba kgona go fetša lenanethuto. Re hlokometše gore re hlahle barutiši ditirong ka moka ka go tsenya maswao a ditaetši ao a laetšago seo morutwana a swanetšego go se dira.

Re tloga re hutša gore bana ba tla ipshina ka go dira mešomo ye e lego ka mo dipukwaneng tše ge ba dutše ba gola, ba ithuta, le gore wena, morutiši, o tla ipshina le bona mo lethabong la go ithuta.

Re kganyogela lena, barutiši, le barutwana ba lena, katlego, ka tšhomišo ya dipukutšhomo tše.



Published by the Department of Basic Education
222 Struben Street
Pretoria
South Africa

© Department of Basic Education
Tenth edition 2020

ISBN 978-1-4315-0235-6

This book may not be sold.

The Department of Basic Education has made every effort to trace copyright holders but if any have been inadvertently overlooked the Department will be pleased to make the necessary arrangements at the first opportunity.



Mphato wa

1



Mabokgoni a Bophelo
SEPEDI
Puku ya I



Puku ye ke ya:





Ka ga Nna

Mamaretša seswantšho sa gago goba o thale seswantšho sa gago mo.



A re direng

Kotara ya I – Beke ya I – Lephephetšhomo



Leina la ka ke



_____.

Sefane sa ka ke

_____.

Ke na le mengwaga ye

_____.

Balapa la gešo ke ba

_____ ka palo.

Nomoro ya gešo ya mogala ke:

_____.

Aterese ya rena ke:



Ke tseba gore letšatši la matswalo a ka le neng.

ee	ga ke na nnete	aowa
----	----------------	------





A re thaleng



Tšhego o kgona kgwele ya maoto kudu.

Thala selo seo o se kgonago kudu.



Anegela bagwera ba gago ka ga seo o kgonago go se dira gabotse.

A re boleleng



Ke kgona go bala.



Ke kgona go ikapeša.



Ke kgona go ngwala leina la ka.



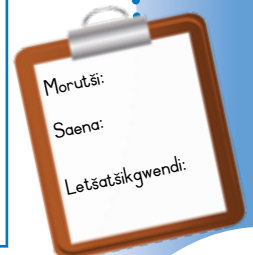
Ke kgona go bina.



Ke kgona go dira teye.



Ke kgona go hlapa meno a ka.



Mebala le Dibini



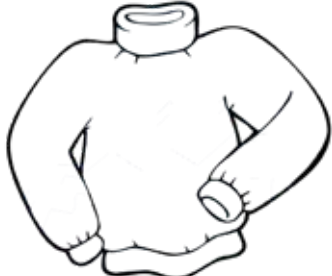


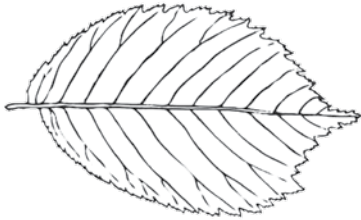


A re direng

Na o tseba mebala ye?
Botša mogwera wa gago
maina a mebala ye.

Khalara seswantšho se sengwe le se
sengwe ka mmala wa maleba.



		
Panana ye serolwane	Apola ye khubedu	Jeresi ye talalerata
		
Samporele sa mebalabala	Mmala wa namune	Letlakala le letalamorogo



A re itšhidulleng

Pele o dira mošongwana ka ntle, thoma ka go itšhidulla bjalo ka katse. Se se tla dira gore go be bobebe gore mmele wa gago o šuthe. Gape, itšhidolle ka morago ga mošongwana gore o iketle gore mmele o fole. Se se tla go thuša gore o se ke wa ba le dihlabi mo digobeng tša gago. Bjale dira se bana ba ba se dirago.

Opela "Hlogo magetla" o dutše:

- dira se nkego o letša moropa.
- dira se nkego o bapala katara.

Letšatšikgwe:





Lapologa

Phaphatha diatla go ya ka dipatrone tše.



Opapa Opapa Opapa Opapa

Opapa Opapa Opapa Opapa

Opapa Opapa Opapa Opapa

Opapa Opapa Opapa Opapa

Opapa Opapa Opapa Opapa

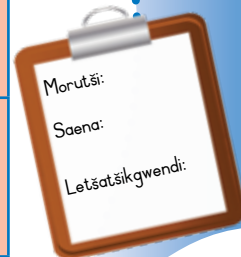
Opapa Opapa Opapa Opapa



A re direng

Na o ka kgona go dira dilo tše? Bontšha bagwera ba gago.

Ke kgona go kitimela mathokong a go fapana ka ntle le go thula batho.			
Ke kgona go tshela kgati.			
Ke kgona go kgokološetša bolo ye kgolo go mogwera wa ka.			



Morutši:
Saena:
Letšatšikgwendi:





A re boleleng

Lebelela seswantšho gomme o botše mogwera wa gago ka ga phapano magareng ga bana ba.



Bogolo le bonnyane

Ba bangwe ba rena ke ba bagolo, ba bangwe ba rena ke ba bannyane.

Ba bangwe ba rena ke ba bakopana, ba bangwe ke ba batelele.

Ba bangwe ba rena re kgona go tshela, ba bangwe ba rena re kgona go opela.

Ka moka re kgona go dira selo sengwe gabotse.

Na ke eng seo o kgonago go se dira gabotse?



A re boleleng

Anegela bagwera ba gago gore o ile wa ikwa bjang ka letšatši la gago la mathomo kua sekolong.

ke thabile	ke nyamile	ke thakgetše	ke selekegile	ke na le dihlong



A re thaleng

Thala seswantšho sa go laetša gore o tla ikwa bjang ge motho a ka go fa mpopo wo mofsa. Ngwala maikutlo a gago mo sekgaleng se sa mo tlase.

Letšatšikgweni:



A re boleleng

Anegela mogwera wa gago gore go direga eng mo seswantšhong se sengwe le se sengwe. Bolela gore o be o tla ikwa bjang ge nkabe dilo tše di diragala go wena.



Mosetsana yo mogolo o tšea dilo tša gago.

thabile	thakgetše	nyamile

Wena le mogwera wa gago le bapala mmogo.			
	befetšwe	thabile	boifa



O bula mpho.

boifa	thakgetše	dihlong

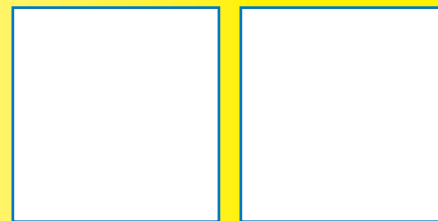
Butiago goba sesiago o senya sebakadišwa sa gago se o se ratago.			
	dihlong	thabile	befetšwe



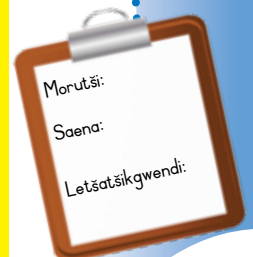
A re direng

Gatiša monwana wa gago ka lepokising la mathomo. Kgopela mogwera go gatiša monwana wa gagwe ka lepokising le le latelago.

Na o be o tseba gore ga go motho yo a nago le kgatišo ya menwana ye e swanago le ya gago lefase ka bophara? O kgethegile, ka ge go se na yo a swanago le **wena** lefase ka bophara. Le mafahla ga a na dikgatišomenwana tša go swana.



Na o kgona go bona gore dikgatišomenwana di a fapana?



Morutši:
Saena:
Letšatšikgwendi:



Ga re swane



A re bolelang

Lebelela bana ba.
Na ba swana bjang?
Na ba fapana bjang?



A re direng

Lebelela seswantšho gomme o bolele gore dipego tše ke nnete
goba ke maaka.
Khalara lefoko la maleba ka talamorogo.
Khalara lefoko le e sego la
maleba ka bohurbedu.



Ka moka ba na le matsogo a 2 le
maoto a 2.



Ka moka ke basetsana.

Ka moka ba apere dieta.



Ka moka ba apere marokgo.

Ka moka ke bana.



Ka moka ba na le meriri ye metelele.



A re thaleng

Thala seswantšho sa gago mo sekgobeng sa mathomo. Ke moka, o thale seswantšho sa mogwera wa gago yo bohlokwa. Ge o dirile se, lebelela seswantšho sa gago gomme o bolele gore o fapana bjang le mogwera wa gago.

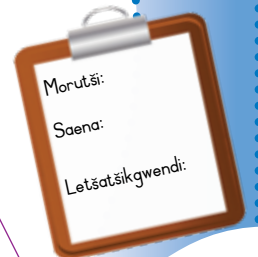
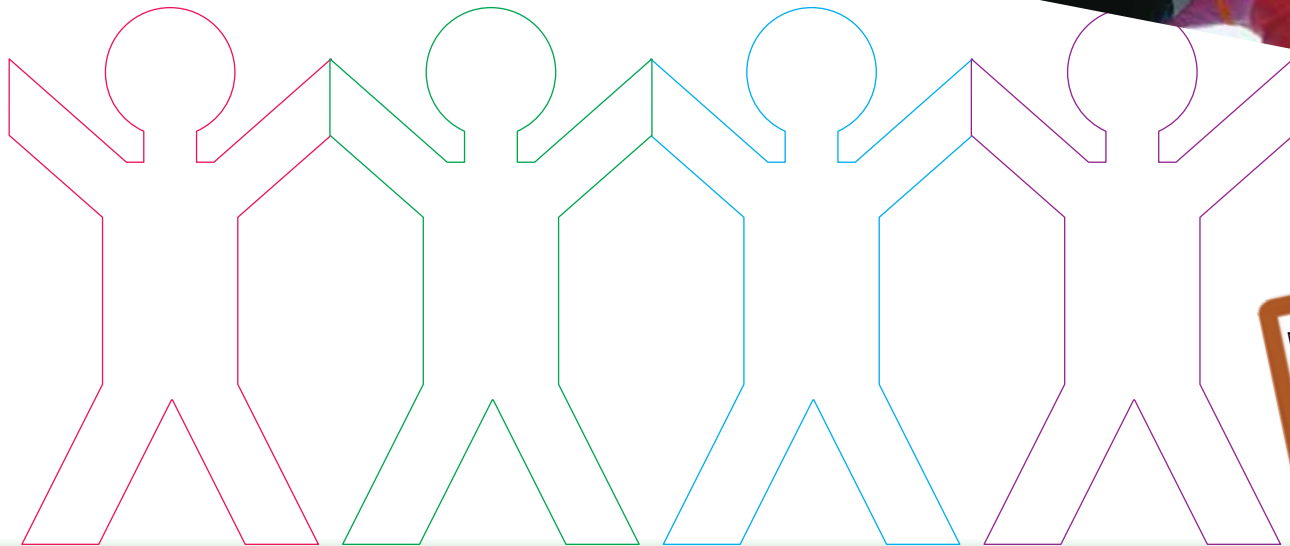


Nna	Mogwera wa ka



A re direng

Khalara ketane ye ya segwera go laetša gore batho ba a fapana. Ge o dirile bjalo o ka di sega wa kgabiša ka ketane ya segwera yeo e lego mo karolong ya disegwa tša puku ye.





A re direng

Opela koša

Dira di thobollo tše pele o opela:

- Hemela ka gare ka maatla gomme ka morago o hemele ka ntle ka go iketla.
- Dira eke o tima dikerese godimo ga khekhe ya matswalo.
- Dira eke o kwa phefo, gomme o re “Brrrrrrrrrrrrrrrrrrrrrrr”.



Dikgabjana tše hlano

Dikgabjana tše hlano di taboga mpeteng.

E tee ya wa ya thulantšha hlogo ya yona.

Mme a bitša ngaka, gomme ngaka ya re,

“Ga ke sa nyaka dikgabjana di taboga mpeteng!”

Dikgabjana tše nne di taboga mpeteng.

E tee ya wa ya thulantšha hlogo ya yona.

Mme a bitša ngaka, gomme ngaka ya re,

“Ga ke sa nyaka dikgabjana di taboga mpeteng.”

Dikgabjana tše tharo di taboga mpeteng.

E tee ya wa ya thulantšha hlogo ya yona.

Mme a bitša ngaka, gomme ngaka ya re,

“Ga ke sa nyaka dikgabjana di taboga mpeteng.”

Dikgabjana tše pedi di taboga mpeteng.

E tee ya wa ya thulantšha hlogo ya yona.

Mme a bitša ngaka, gomme ngaka ya re,

“Ga ke sa nyaka dikgabjana di taboga mpeteng”.

Kgabjana e tee e taboga mpeteng.

Ya wa ya thulantšha hlogo ya yona.

Mme a bitša ngaka, gomme ngaka ya re,

“Ga ke sa nyaka dikgabjana di taboga mpeteng.”





A re thaleng

Thala sefahlego sa gago.
Laetša mahlo, ditsebe, nko, molomo le moriri.

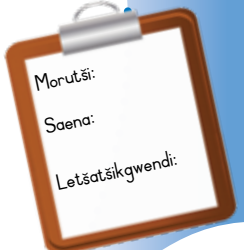


A re itšhidulleng

Dira lefelwana la ditšhitišo go swana le le, ka ntle ga phapoši ya lena ka thušo ya morutiši.

Fofa go tloga go setulo se go ya go se se latelago.

Abula ka tlase ga ditafola.





6

Ke ikgantšha ka sekolo sa rena

Kotara ya 1 – Beke ya 4 – Lephephetšhomo



A re direng

Thala seswantšho sa gago o apere yunifomo ya sekolo. Ngwala dikarabo tše di tlogetšwego.



Ke tsena sekolong sa _____.

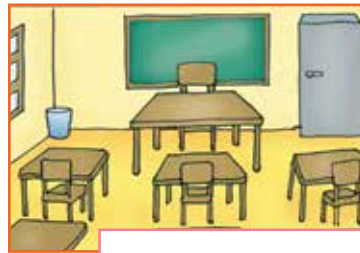
Leina la morutiši wa ka ke _____.

Hlogo ya sekolo ke _____.



A re ngwaleng

Lebelela diswantšho. Morago ga fao, sega lentšu la maleba la go sepelelana le seswantšho se sengwe le se sengwe gomme o le mamarētšhe kgauswi le seswantšho seo.



ntlwana ya go ithomela

phapoši

lepatlelo

ofisi

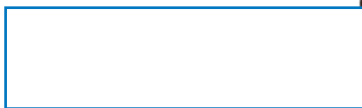
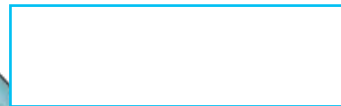
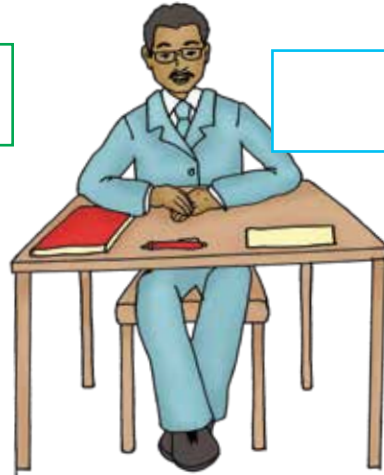
mongwaledi





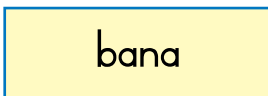
A re ngwaleng

Batho ba go fapana ba ba lego gona sekolong ke bomang? Lebelela diswantšho gomme o bolele ka ga gore ke bomang le gore ba dira eng. Ka morago sega lentšu la maleba go tšwa go botlase bja letlakala gomme o le mamaretše kgauswi le seswantšho sa maleba. Hlalošetša mogwera wa gago gore o ya bjang ofising ya hlogo ya sekolo, le ntlwaneng le lepatlelong la go ralokela.



Lapologa

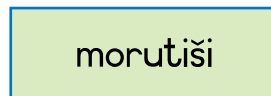
Lepokisi la dipene la Tšhego le wele. Bala gore o na le dikrayone tše kae gomme o ngwale nomoro yeo ka lepokising. Morago ga fao o thale seswantšho mo pampiring ye nngwe o šomiša mebala ya go taga e le go bontšha ka mo wena le bagwera ba gago le ralokago mmogo. Thala freime go dikologa seswantšho sa gago.



bana



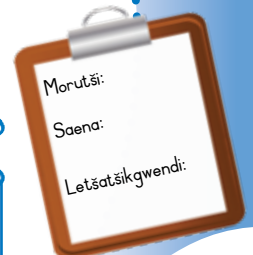
mohlwekiši



morutiši



hlogo



Morutiši:

Saena:

Letšatšikgwendi:





7

Mafelo a go fapana

Kotara ya 1 – Beke ya 4 – Lephephetšhomo



A re direng

Laetša mogwera wa gago gore o ka kgona go.

Iphihla ka tlase ga selo se sengwe.



Ke iphohlile ka tlase ga tafola.



Iphihla ka morago ga selo se sengwe.



Ema godimo ga selo se sengwe.



Ema kgauswi le selo se sengwe.



A re itšhidulleng

Šomiša bolo goba mokotlanawa. E fošetše godimo gomme o kabe. Bjale tokaetša/thekanetša mokotlana wa dinawa hlogong gomme o sepele hleng le thapo ye e bofilwego goba mo mothalong wo o lego mo lebatong.

Ke kgona go betša.				
Ke kgona go kaba.				
Ke kgona go thekanetša mokotlanawa godimo ga hlog.				





A re itšhidolleng

Kibakiba maoto a gago ka dipatrone tše.

N = Nngele 

M = Mmagoja 



Activity area with a yellow background and footprints:

- Row 1:     
N M N M N
- Row 2:        
M N M M N M N M
- Row 3:        
NN M NN M N M

Morutši:
 Saena:
 Letšatšikgwendi:





8

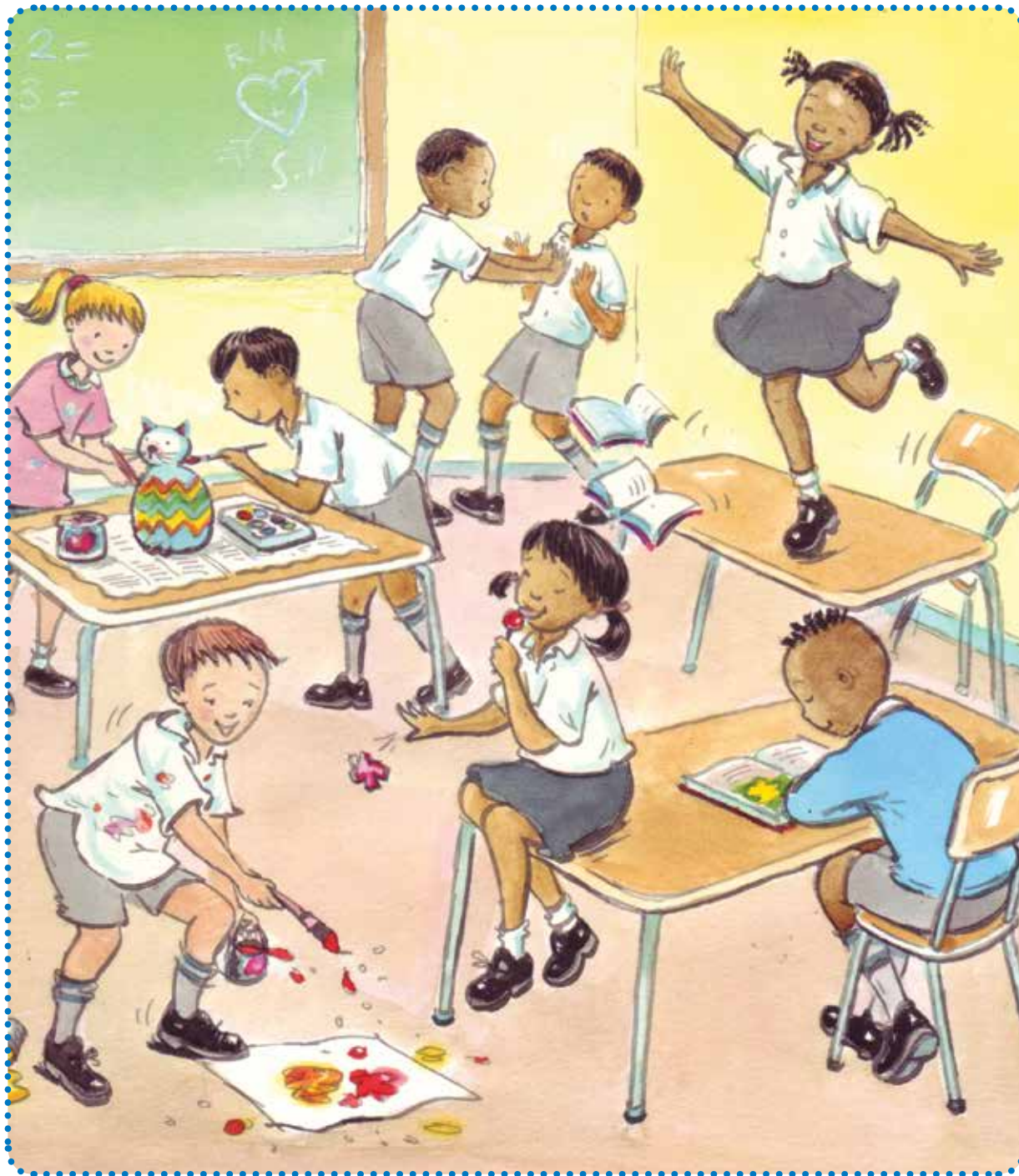
Phapoši ya ka

Kotara ya 1 – Beke ya 5 – Lephephetshomo

A re bolelang

Lebelela seswantšho se ka kelohloko gomme o bolele ka seo o se bonago.

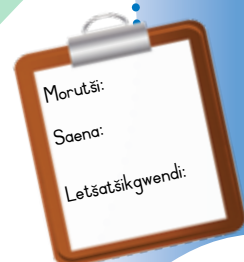
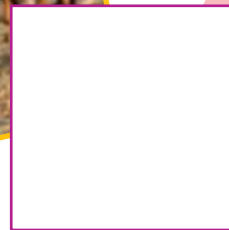
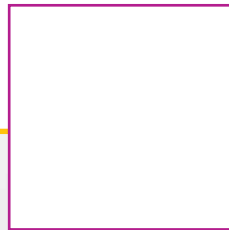
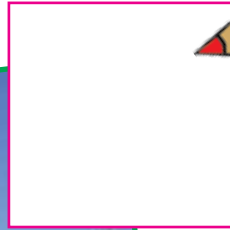
Ke maitshwaro afe a mabotse ao o a bonago? Ke maitshwaro afe a mabe ao o a bonago?





A re boleleng

Thala leswao le ✓ kgauswi le maitshwaro ka moka a mabotse, gomme o thale leswao le ✗ kgauswi le maitshwaro ka moka a mabe ao a ka diragalago sekolong.



Morutši:
Saena:
Letšatsikgwendi:



Mokgwa wo re ya go sekolong ka wona

Kotara ya 1 – Beke ya 5 – Lephephetshomo



A re boleleng

Na o ya bjang sekolong letšatši le lengwe le le lengwe? Na o bolokegile? Na o tseba mekgwa ye mengwe ya go ya sekolong yeo e sa bolokegago? Bolela le mogwera wa gago gore bana ba ba ya sekolong bjang. Swaya mekgwa yeo e bolokegilego ya go ya sekolong ka ✓. Swaya ✗ go mekgwa yeo e sa bolokegago.



O ya sekolong bjang mesong? _____






A re direng

Bjale botšiša bagwera ba 5 gore ba tla sekolong ka eng letšatši le lengwe le le lengwe. E swaye mo papetleng ye.

Bagwera



	1	2	3	4	5
ka maoto 					
ka pese 					
ka sefatanaga 					



A re itšhidulleng

Ke kgona go kitima ka manyokenyoke.

Ke kgona go kitima le go fetola ditšhupetšo ge morutiši a re ke dire bjalo.

Ee	Aowa
Ee	Aowa

Letšatšikgwe:



A re direng

Thala seswantšho sa go laetša gore o tla bjang sekolong.

Large empty rounded rectangular box for drawing or writing.



A re itšhidulleng

Theeletša mmino wo morutiši a tlogo go le bapalela wona.

Sepediša mmele wa gago ka go latela morethetho wa mmino.

Koba mangwele gomme o otlolle maoto a gago.

Iša magetla godimo le tlase.

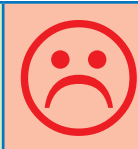
Dikološa manakaila a gago go ya go la ngele le go ya go la mmagoja.



A re itšhidulleng

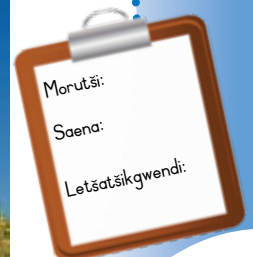
Wena le mogwera wa gago le swanetše go betša kgwele gomme le e kabe. Šomiša letsogo la gago la go fokola go beletša kgwele morago.

Na ke kgonne go betša kgwele ka letsogo la ka la go fokola?



A re itšhidulleng

Sepediša mogwera wa gago bjalo ka kiribane.



Ke phela ke hlwekile

Kotara ya 1 – Beke ya 6 – Lephephetšhomo



A re boleleng

Go bohlokwa go ithuta mekgwa ye mebotse o sa le yo monnyane.
Go latela dilo tše o ka di dirago gore o phele gabotse o hlwekile.
Bolela ka seswantšho se sengwe le se sengwe.



hlapa meno.

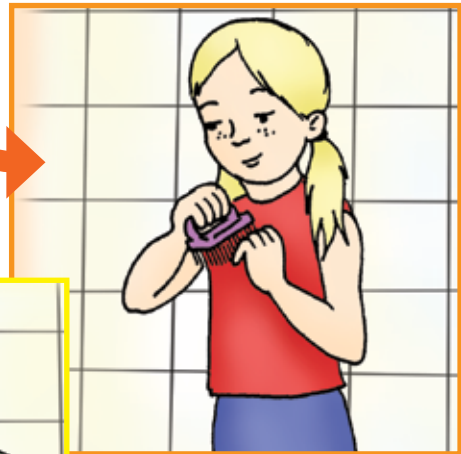


hlapa diatla ge ke etšwa ntlwaneng ya boithomelo.

Ke swanetše go



hlapa mmele ka mehla.



swara manala a ka a hlwekile.



hlatswa seenywa pele ke se ja.



šomiša ntlwana ya boithomelo.



šomiša sakatuku ge ke ethimola le ge ke ntšha mamila.

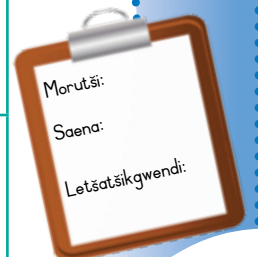


A re ngwaleng

Na ke dilo dife tša tše di latelago tše o swanetšego go ba le tšona gore o dule o hlwekile? Khalara dinaledi go laetša dilo tše o di dirišago gore o dule o hlwekile. Gape, bolela gore o diriša bjang dilo tše o gore o dule o hlwekile.



Swaya go bontšha ge e ka ba o ka kgona tše di latelago:	ee	aowa
Ke kgona go namela llere go seitšhidulli sa go raragana (tšankeletšimi)		
Nka kgona go sepela ka matsogo ke lekeletše ka go itshwareletša.		
Nka kgona go abula go seitšhidulli sa go raragana (tšankeletšimi).		





A re baleng

Mekgwa ya go šomiša ntlwana ya boithomelo ka mokgwa wa maleba.

Gopola



Ge o ka kgamathetša boithomelo, gopola go bo hlwekiša pele o etšwa.



Gopola go goga pele o etšwa.



Tswalela lebati la ntlwana ya boithomelo ge o e šomiša.



Ke mokgwa wo mabotse go šomiša pampiri ya boithomelo.



O swanetše go hlapa diatla ge o etšwa ka ntlwaneng ya boithomelo.



A re ngwaleng

Dira sediko go mantšu ao a re botšago gore re swanetše go dira dilo tše di latelago neng.

Go hlapa moriri wa gago.



letšatši le lengwe le le lengwe

mo mesong le mantšiboa

gabedi ka beke

gatee ka beke

Go hlapa meno.



letšatši le lengwe le le lengwe

mo mesong le mantšiboa

gabedi ka beke

gatee ka beke

Go hlapa mmele.



letšatši le lengwe le le lengwe

mo mesong le mantšiboa

gabedi ka beke

gatee ka beke

Go hlapa sefahlego.

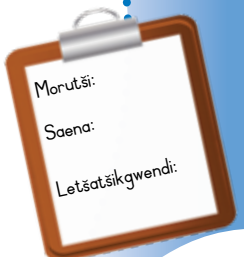


letšatši le lengwe le le lengwe

mo mesong le mantšiboa

gabedi ka beke

gatee ka beke



Ke hlwekile



A re itshidulleng

Bapala "Pulane o re" le morutiši wa gago. Nyaka sekgoba sa gago gomme o sepele ka ntle le go thulana le bangwe. Pulane o re "swara hlogo ya gago".



A re bontsheng

Laetša mogwera wa gago o ka re o ...

Hlapa mmele wa gago.



Kama meriri ya gago.



Phumola diatla tša gago.



Hlapa meno a gago.



Hlapa sefahlego sa gago.

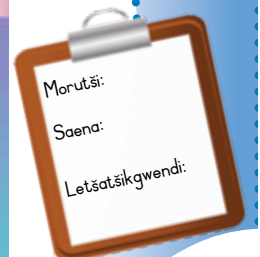




A re itšhidulleng

Diragatša seretwana se.

Ke kgona go opa diatla
Le go kibakiba ka maoto,
Ke kgona go dumela
ka hlogo
Le go dikološa matsogo,
Ke kgona go sepediša
menwana
Le go kgwatha nko.



Ditlwaedi tše botse tša bophelo



A re baleng

Re swanetše go dira eng gore re dule re phetše gabotse.

Dijo tša phepobotse



Go itšhidulla mo go lekanego

Go itshwara re hlwekile



Go ba mo go lego moya wo mobosana

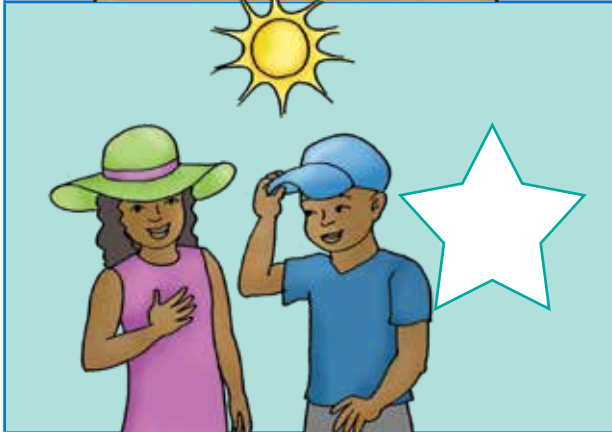
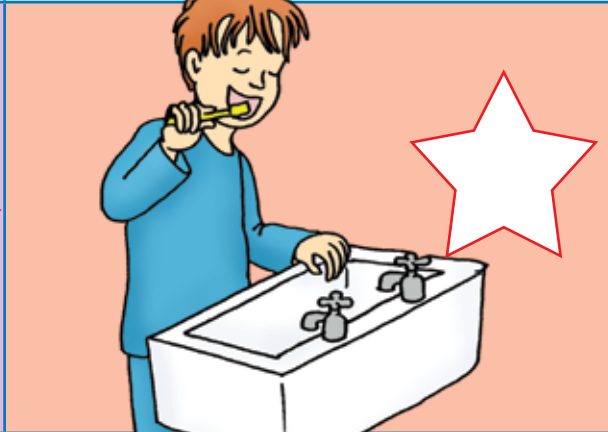
Boroko bjo bo lekanego, gape o se dulele thelebišene!





A re ngwaleng

Thala leswao le (✓) go ditlwaedi tša bophelo bjo bobotse gomme o thale leswao le (✗) go ditlwaedi tša bophelo bjo bo sego botse.



Morutši:
 Saena:
 Letšatšikgwendi:



Go hlweka le bothakga

Kotara ya 1 - Beke ya 7 - Lephephetshomo



A re direng

Laetša gore o šomiša bjang dilo tše di latelago.



sesepe sa meno



poraše ya meno

sesepe



sesepe sa moriri



setlolo sa diatla



kamo



poraše



poraše ya manala



seripamanala



A re itšhidulleng

Swaranang ka matsogo le dire lešaka le legolo.

Bjale fošetšanang bolo moo lešakeng.

Bjale lokela bolo ya bobedi, o e fošetše pele.

Lokela bolo ya boraro o leke go di fošetša pele di šalane morago.

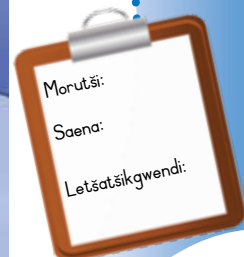


A re boleleng

Na ke eng sa bošaedi ka mo phapošing ye?

Na o swanetše go dira eng go hlwekiša phapoši ye?

Bana ba dira eng? Na ba swanetše go dira eng?



Boso bjo ke bo ratago

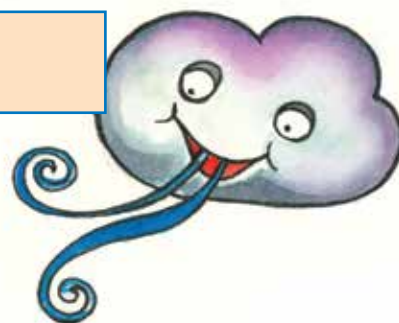
A re boleleng

Lebelela mehuta ye e fapanego ya boso gomme o botšhe mogwera wa gago gore ke boso bofe bjo o bo ratago go feta.



letšatši

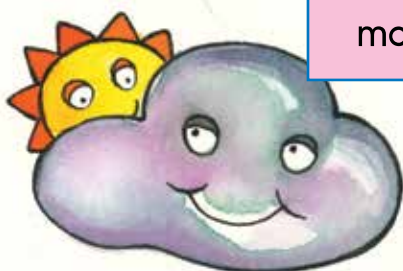
phefo



pula



maru le go tonya



Mafelong a mangwe a naga, ka nako go tonya kudu moo go bilego go ewa lehlwa. Ka nako boso e ba bja madimo.

Diphefo tšhe maatla kudu di bitšwa sefefo.



A re direng

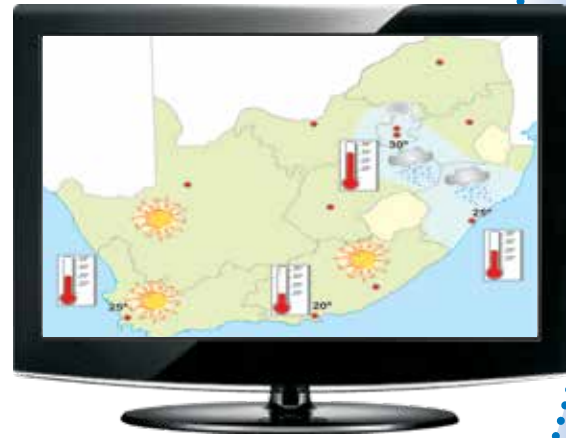
Thala seswantšho sa gago o le mo puleng goba lehlweng.
Se thale mo papetleng ya pampiri ye kgolo o šomiša dikherayone tsa makhura.
Hlakanya lerole la pente ye talalerata ka meetse o pente papetla ka moka.
Bjale, gaša pente ye tšhweu mo seswantšhong gore go bonagale e k eke pula goba lehlwa.

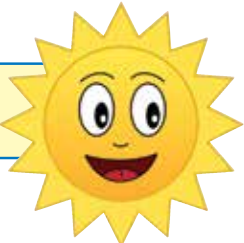





Letšatšikgwe:



A re baleng

Re šomiša papetla ya tša boso go bontšha gore boso ke bjo bobjang. Re šomiša dika go bontšha mehuta ye e fapanego ya boso. Tše dingwe tša dika tšeo šedi.



letšatši 	pula 
 maru	 maru gannyane
lehlwa 	phefo 



A re boleleng

Botša mogwera wa gago gore o apara diaparo tše bjang mo go mohuta wo mongwe le wo mongwe wa boso.



A re direng

Thala dika tša boso gore o feleletše papetla ya boso ya beke.

Mošupologo	Labobedi	Laboraro	Labone	Labohlano
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>



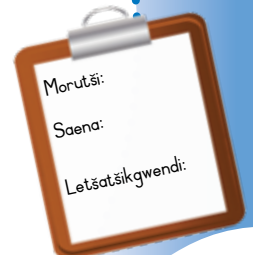
A re ngwaleng

Na boso bo be bo le bjang beke ye? Ngwala mantšu ao a tlogetšwego.

Lehono go a _____ .

Maabane go be go _____ .

Ke holofela gore gosasa go tla _____ .



Boso



A re direng

Ekiša maemo ao a fapanego a boso.



Phuolla matsogo a gago ka godimo ga hlogo ya gago gomme o itire se ekego ke wena leru le legolo.



O swere samporele sa go go šireletša gore o se fišwe ke letšatši.



Tekuma bjalo ka mohlare wo o fokwago ke phefo.



Swara samporele sa gago o se tiše gore se se tšewe ke phefo ye maatla.



Phaphapha bjalo ka marothodi a pula a rothela godimo ga tlhaka.



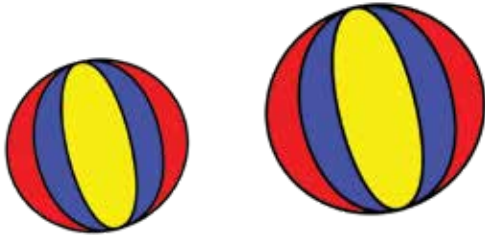
Letšatšikgweri:



A re itšhidulleng

Swaranang ka matsogo le dire lešaka le legolo.

Fošetšanang dibolo gomme le di kabe.



Naganang ka mekgwa ye e fapanego ya go sepela godimo ga lepheko goba godimo ga mothalo wa thapo. Bona ge eba o ka gopola ka mokgwa wo o fapanago wa go šutela go baihutammogo ba gago.



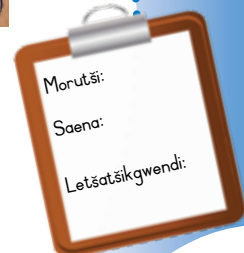
Lapologa

Raloka papadi ya tsheretshere. Thala dipoloko le didiko mo santeng goba mo mobung.



A re itšhidulleng

- Laetša mogwera wa gago gore o kgona go tshela kgati bjang.
- Morutiši wa lena o tla le laetša gore dipapadi tša setšo di ralokwa bjang.



Balapa la gešo

A re boleleng Na o be o tseba gore ba meloko ka moka ga ba swane?

Malapa a mangwe ke a palo ye kgolo, a mangwe ke a palo ye nnyane. A mangwe a na le bomme le botate, a mangwe ga a nabo. Malapa a mangwe a dula le bomakgoloabona le borakgoloabona, bomalome, borakgadi le bomotswala.

Lebelela diswantšho tše gomme o botše bagwera ba gago ka fao malapa a sa swanego. Šomiša mantšu ao a lego ka mo lepokising.

mme	tate	sesi
rakgolo	buti	lesea
makgolo		balapa





A re ngwaleng

Na o dula le bomang ka gae?



Na o dula le bomang ka gae?

Ka gešo re ba ba _____ ka palo.

Yo monnyane go bohle ka geno ke mang? _____

Yo mogolo go bohle ke mang? _____



A re boleleng

Ka moka re na le mešongwana ye re e dirago magae a rena. Lebelela diswantšho tše gomme o bolele maina a batho bao ba dirago mešomo ya gae ka geno.



Ngwala lefoko le le bolelago ka ga mošomo wo o o dirilego maabane.





18

Balapa la gešo

Kotara ya 2 – Beke ya 1 – Lephephetšhomo



Lapologa

Thala seswantšho seo se laetšago seo le se dirago mmogo. Bolela gore motho yoo ke mang. Šomiša mantšu a, gore a go thuše.

mme	tate	sesi
rakgolo	buti	lesea
makgolo	balapa	

Balapa la gešo



Re a hlokomelana

19



A re baleng

Maloko a lapa a swanetše go ratana gomme a hlokomelane. Re bontšha gore re a ratana ka go atlana, gape le go thušana, le go hlompšana. Re swanetše go ...

- thušana.
- bontšhana tlhompho.
- dira mošomo wa rena ka nako.
- ba le maikarabelo.



A re boleleng

Lebelela diswantšho tše gomme o bolele gore bana ba laetša bjang ba malapa a bona gore ba a ba rata. Ka morago ekiša seo se diragalago mo seswantšhong se sengwe le se sengwe.



A re direng

Thala seswantšho sa gore o dira eng go laetša balapa leno gore o a ba rata. Botšha mogwera wa gago gore o thadile eng.

Morutši:
Saena:
Letšatšikgwendi:

37

Kotara ya 2 – Beke ya 2 – Lephephetšhomo

Go laetša gore o na le pabalelo



A re boleleng

Bolela ka fao maloko a lapa a thušanago. Nomora diswantšho go tloga go l go ya go 4, go laetša tatelano ya maleba.



A re baleng

Mešomo ya rena ya mantšiboa.

Mme o apea dijo.
 Tate o hlatswa dipitša.
 Nna le sesi/buti re thuša
 Mme le Tate.
 Re thuša kudu.
 Re bea maswi le borotho moo di dulago.
 Ka morago re itokišetša go ya go robala.
 Hle, re botše nonwane pele re robala!



Letšatšikgwe:



A re direng

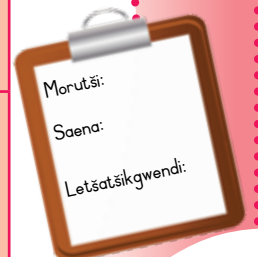
Direla motho yo a go babalelago karata. Thala seswantšho gomme o ngwale leina la motho yoo.



A re direng

Na o ka kgonaga go dira tšhe di latelago?

	fetiša bolo ka go e bethabethiša mo fase go mogwera wa gago.	Ee	Aowa
	fetiša bolo ka go e tshediša matsogo ya fetela go molekane wa gago.	Ee	Aowa
	bethabethišetša bolo go tloga matolong a gago.	Ee	Aowa
	ka bethela bolo khounung.	Ee	Aowa
	ka tilatilela bolo makgathe ga dithibedi.	Ee	Aowa
	ka ragela bolo selong, wa se itia.	Ee	Aowa



Polokego ka gae le tikologo ya gona (1)

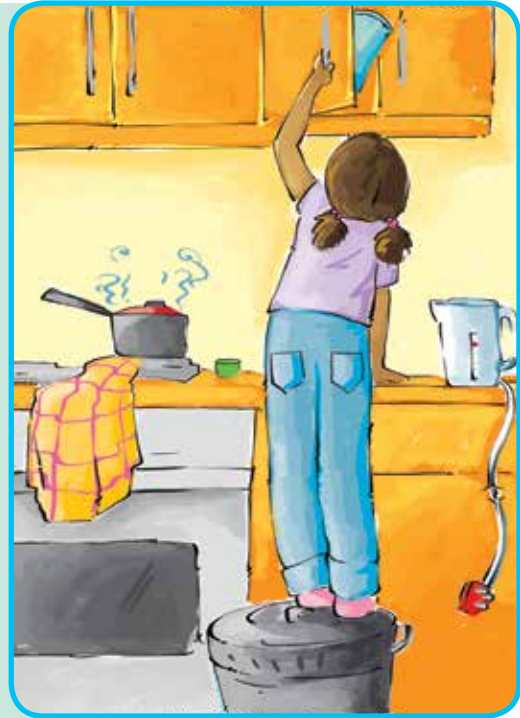


A re boleleng

Re swanetše go dula re ikwa re bolokegile ge re le gae. Eupša go na le dikotsi ka gare, gape le tikologong ya malapeng a rena. Lebelela seswantšho gomme o bolele le mogwera wa gago ka ga tše dingwe tša dikotsi.

Ka khitšhing

- Sokološetša mekgoko ya dipitša le dipane di lebelele bomorago bja setofo.
- O se tlogele dithipa tše bogale molaleng.
- Notlelela pharafene le dihlare mo lefelong le le bolokegilego.
- O se tlogele dibapadišwa di phatlaletše mo gohle.



Ka bohlapelong

- O se šomiše dilo tše di nyakago mohlagase kgauswi le meetse.
- Boloka dikero le dilo tše dingwe tše bogale ka khabotong.
- O se ke wa adimana le motho poraše ya gago ya go hlapa meno.



Madimo, legadima le mohlagase

- O se ke wa ema ka tlase ga mohlare ge go na le ledimo.
- O se ke wa tsenya selo ka gare ga mašobana a sekopanyadithapo sa mo lebotong. Kgopela motho yo mogolo gore a go thuše.

Ka ntle ga legae

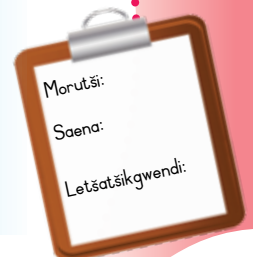
- Topa dilo tše di kago go go gobatša, bjalo ka digalase tše di pšhatlegilego, gomme, o di lokele ka gare ga setšhelamatlakala.
- O se ke wa bapala kgauswi le letangwana, ka ntle ga ge go na le motho yo mogolo kgauswi le wena.



Ka ngwakong



- O se ke wa tlogela dibapadišwa le dilo tše dingwe di phatlaletše.
- O se ke wa bapala ka pharafene goba dilo tša go hlwekiša tša go ba le mpholo.
- Ge o bona gore thapo ye e yago aeneng goba ketleleng e hlarologile, kgopela Mme goba Tate gore a e lokiše.



Polokego ka gae le tikologo ya gona (2)



A re boleleleng

Go dula o bolokegile.

Lebelela diswantšho gomme o bolele gore ke dife tšeo di laetšago maemo a tšhireletšo le ao a sego bjalo. Swaya ka ✓ go tšeo di laetšago maemo a tšhireletšo, le ka ✗ go tšeo di sa laetšego maemo a tšhireletšo. Bolela gore ke ka lebaka la eng o re go bolokegile goba ga go a bolokega.





A re boleleng

Na go na le dilo tše di sa bolokegago ka geno? Na o ka dira eng ka taba yeo? Mpholo, dihlare le dilo tša go hlwekiša di kotsi kudu. O se ke wa nwa selo se o se nago le nnete ya gore ke eng.



Seka se se laetša gore go na le selo se sengwe seo se nago le mpholo ka mo lebotlelong, ka lepokising goba ka tshitswaneng. Na o šetše o kile wa bona seka sa mohuta wo?



A re direng

Morutiši wa gago o tllile go go bapalela mmino wo o itšego.

- Eya kua le kua, o latela morethetho wa koša yeo.
- Kgethang moetapele. Moetapele o swanetše go bina, a eya le morethetho wa koša. Ba bangwe ka moka ba swanetše go ekiša moetapele.
- Ema ka leoto le tee.
- Bjale, ema ka leoto le lengwe.
- Ke lefe leoto leo le nago le maatla?
- Otlolla thapo ye telele lebatong goba thala mothalo lebatong.
- Sepela go hlehla le thapo goba mothalo, gomme o hlokomele gore o se ke wa wa.



Polokego ge ke le noši ka gae



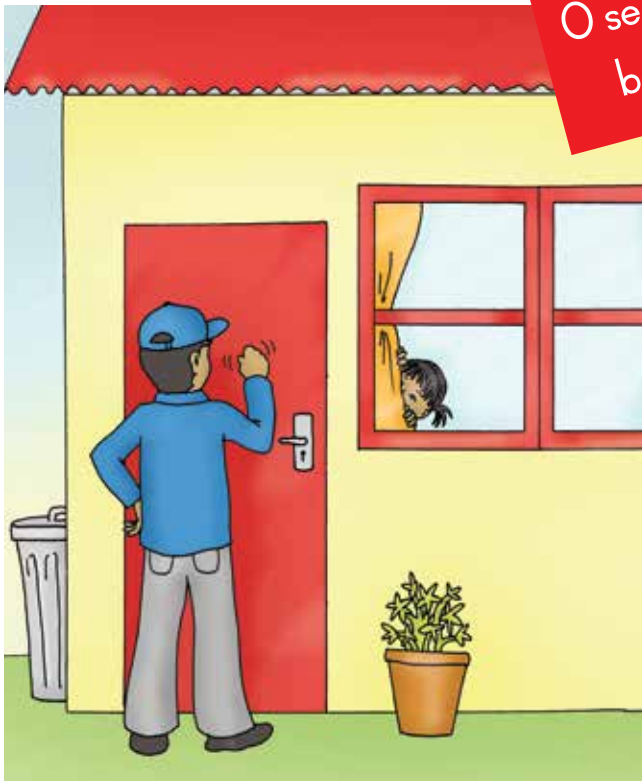
A re boleleng

O ithutile ka ga dilo tšeo di ka go gobatšago ka mo gae. Na o ka dira bjang gore o bolokege ge o nnoši ka gae?

Ge o le gae o le nnoši, o ka dira dilo tše gore o šireletšege.



O se ke wa bulela batho ba o sa ba tsebego.



Notlela mabati ka moka ao a tšwelago ka ntle.






- Kgonthiša gore o tseba dinomoro tša mogala tša batswadi ba gago le tša baagišani.
- Kgonthiša gore o tseba dinomoro tša tšhoganetšo tše o ka di šomišago seemong sa tšhoganetšo.



A re ngwaleng

Itirele lenaneo la dinomoro tše bohlokwa.



Maphodisa:



Ambulanse:

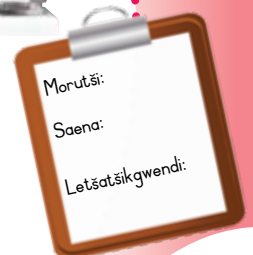


Borasetimamollo:

Selefounu ya mma:

Selefounu ya tate:

Na o leletša mang gape ge o nyaka thušo?





24

Se sengwe gape seo o swanetšego go se gopola

Kotara ya 2 – Beke ya 4 – Lephephetšhomo

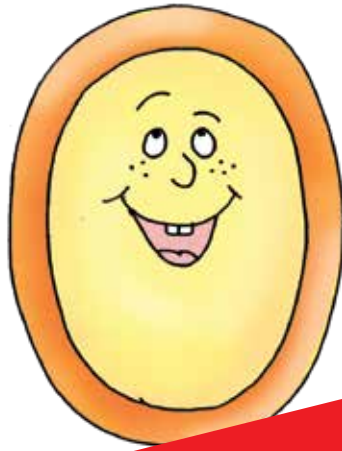


A re boleleng

Mokgwa wo bonolo wa go gopola dinomoro tša maphodisa šo. Lebelela seswantšho gomme o botše mogwera wa gago ka fao diswantšho di go thušago go gopola dinomoro tše. 10111 ke nomoro ya maphodisa. E bolele gammalwa go fihla ge o e tseba ka hlogo.



1



0



111



A re itšhudulleng

Laetša ka fao o tla go dira ge o be o le ngwana mo go se sengwe le se sengwe sa diswantšho tše:



O be o tla dira eng ge o lelekišwa ke motho yo o sa mo tsebego?



O be o tla dira eng ge o thuša mmago go paka khhekhe?



O be o tla tloga bjang ge o eme godimo ga digalase tše di pšhatlegilego?

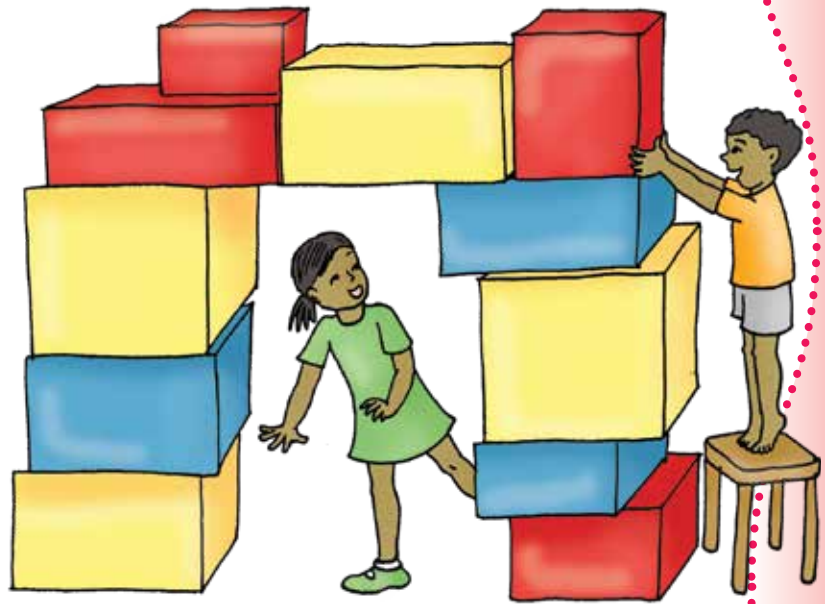




A re direng

Leka go bona gore a o ka ikagela ntlo.

- Nyaka dikhatapokisi tša kgale gomme o age maboto le tlhaka.
- O ka kgomaretša mapokisi mmogo. Ge ntlo e fedile o ka e penta.
- Ge o sa hwetše khatapokisi, bona gore o ka šomiša eng, eupša o se ke wa šomiša galase goba tshitswana goba eng goba eng ye e ka go gobatšago.

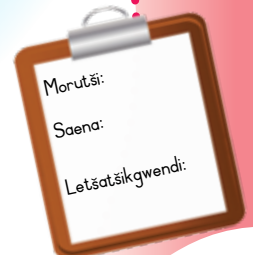


A re itšhudulleng

Lahlala mokotlanawa goba kgwele, godimo, gomme o e kabe ka letsogo leo le se nago maatla.

Thuša morutiši wa gago go ntšhetša ditulo, ditafola le mapokisi ka ntle ga phapošiborutelo.

Namela ditulo, ditafola le mapokisi: di huhumele, gape, phurunkela fase. Leka go ema ka leoto le tee mo setulong.





25

Mmele wa ka

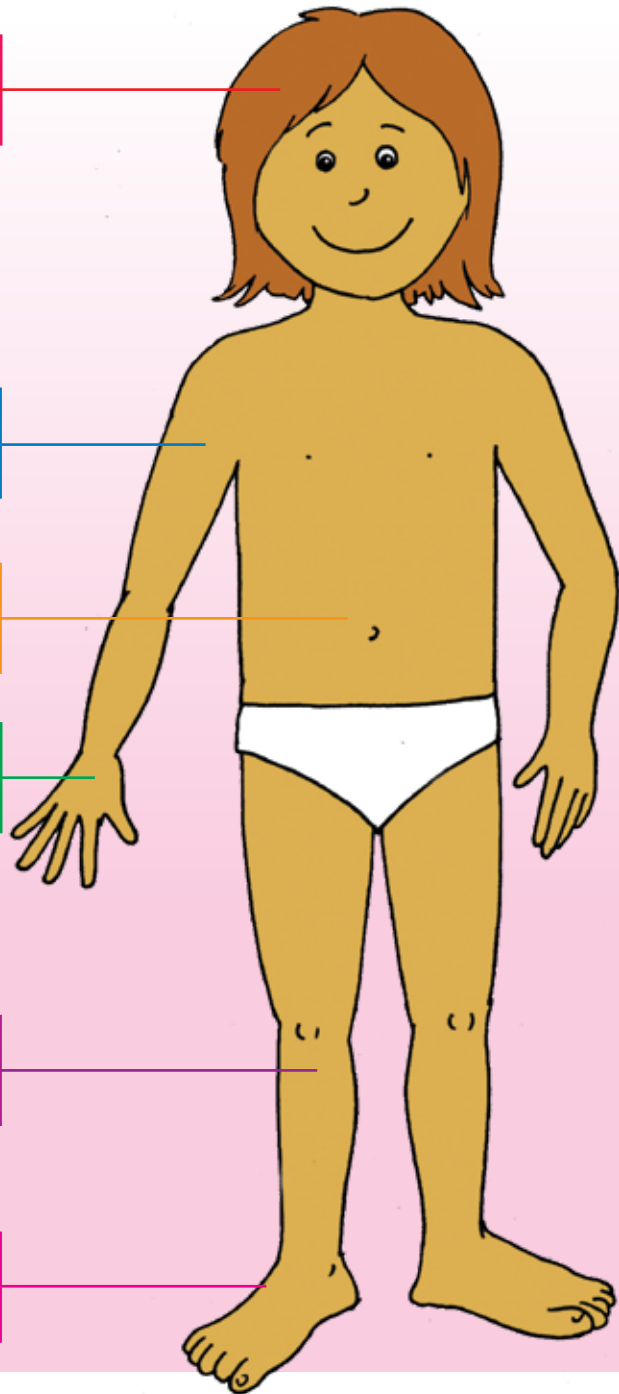
Kotara ya 2 – Beke ya 5 – Lephepheshomo



A re ngwaleng

Ngwala mantšu mo dikgobeng tša maleba.

leoto	seatla	hlogo
mpa	lenao	letsogo





A re thaleng

Feleletša sethalwa se sa sefahlego.

Thala moriri. Leka go kopiša sefahlego sa gago. Ge o na le mahlo a maphiswa, thala mahlo a maphiswa. Ge o na le moriri wo moso, thala moriri wo moso.

Thala dintšhi tša gago, nko ya gago le molomo wa gago.

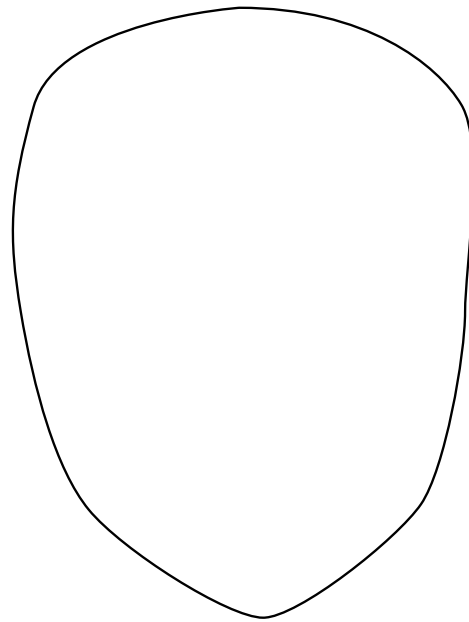
Sefahlego sa gago ke setho se bohlokwa sa mmele wa gago.

Bohle re na le mahlo a 2.  Bohle re na le ditsebe tše 2.

Bohle re na le nko e 1.



Bohle re na le molomo o 1.



A re opeleng

Opela koša ye. Kgwatha setho sa mmele ge o opela leina la sona.

Hlogo le magetla

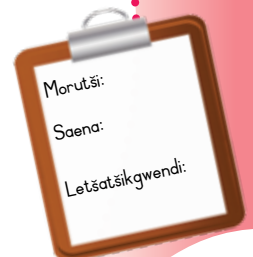
Hlogo, magetla, sehuba le letheka, mangwele le menwana, mangwele le menwana.

Hlogo, magetla, sehuba le letheka, mangwele le menwana, mangwele le menwana. Hlogo, magetla, sehuba le letheka, mangwele le menwana, mangwele le menwana, mangwele le menwana.



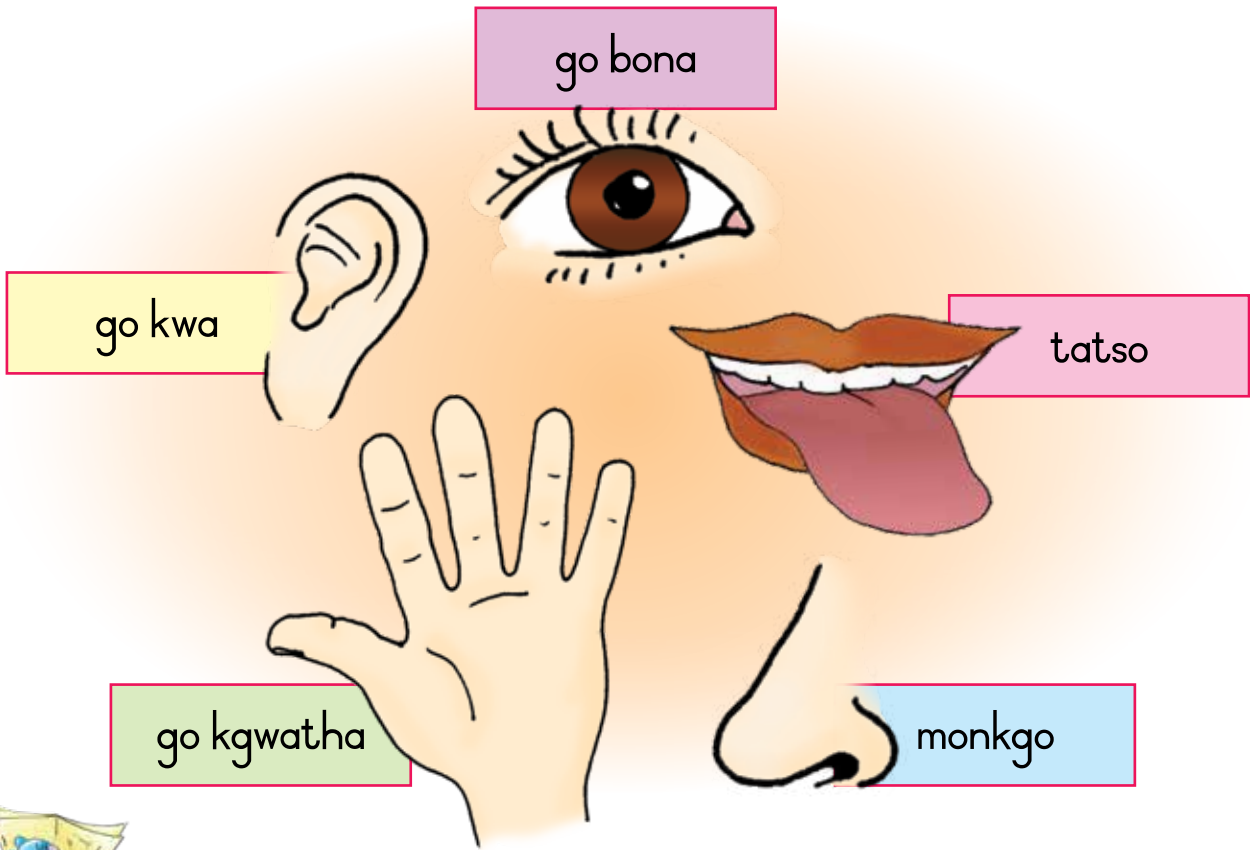
A re itšhidolleng

Raloka 'Pulane o re ...'



A re boleleng

Lebelela dikwi tše di fapanego gomme o bolele gore re di šomišetša eng.



go kwa

go bona

tatso

go kgwatha

monkgo

A re baleng

Re šomiša dikwi tša rena ka mehla.

Re a dupelela ra be ra kwa tatso ya dijo tša rena. Re kgona go kwa boleta bja lefofa. Re bona botalalerata bja legodimo selemo. Re kwa mmimo.

Gape, ka dikwi tša rena re a bolokega. Re dupelela ge go eswa. Re a kwa ge setofo se fiša kudu. Re a bona ge go sa bolokega go tshela mmila. Re kgona go kwa lešata la sehlabamokgoši (alamo).





A re direng

Go hlokomela mahlo le ditsebe tša rena.

Re swanelwa ke go hlokomela dikwi tša rena.

Ditsela tše pedi šedi, tša go hlokomela mahlo le ditsebe tša rena.








Hlokomela ditsebe tša gago ka go se theeletše mmimo wa lešata.

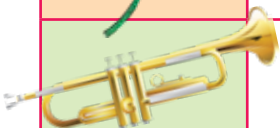
Hlokomela mahlo a gago ka go rwala kepisi goba diporele tša letšatši.



A re ngwaleng

Lebelela lenaneo la ka fase, mo go lona swaya ka leswao le ✓ sekwi goba dikwi tšeo o ka di šomišago. O ka swaya go feta sekwi se tee.

 Monkgo	 Tatso	 Go bona	 Go kwa	 Go kgwatha
---	--	---	---	---







27

Go šidulla mmele

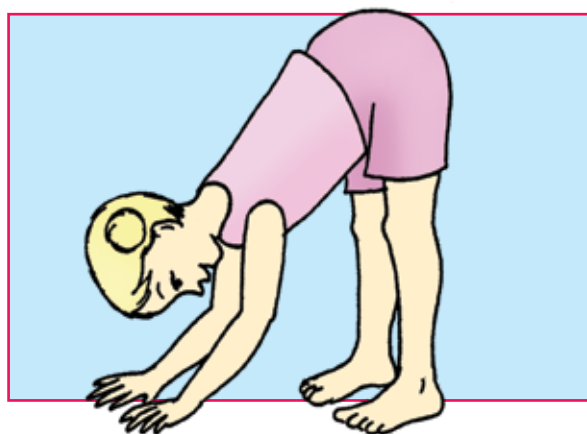
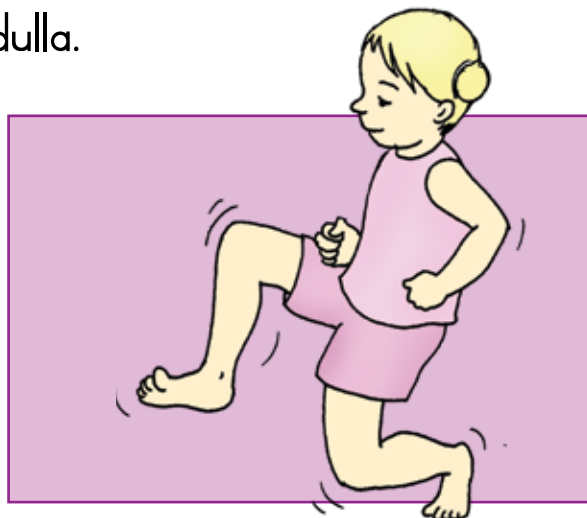
Kotara ya 2 – Beke ya b – Lephephetšhomo



A re boleleng

Lebelela diswantšho. Mo go se sengwe le se sengwe, bolela setho sa mmele o be o bolele gore se go thuša go dira eng.

Re šomiša ditho tša mmele go itšhidulla.



A re ngwaleng

Araba dipotšišo tše o na le mogwera wa gago. Ka morago, ngwala dikarabo ka pukung ya gago, ka fase ga dipotšišo tše.

O šomiša ditho dife tša mmele wa gago gore o kgone go sepela?

O šomiša dikaralo dife tša mmele go topa selo?



A re itšhidulleng

Morutiši o tla le ruta gore le raloka bjang papadi ya go kitimišana ya 'katse le legotlo'.

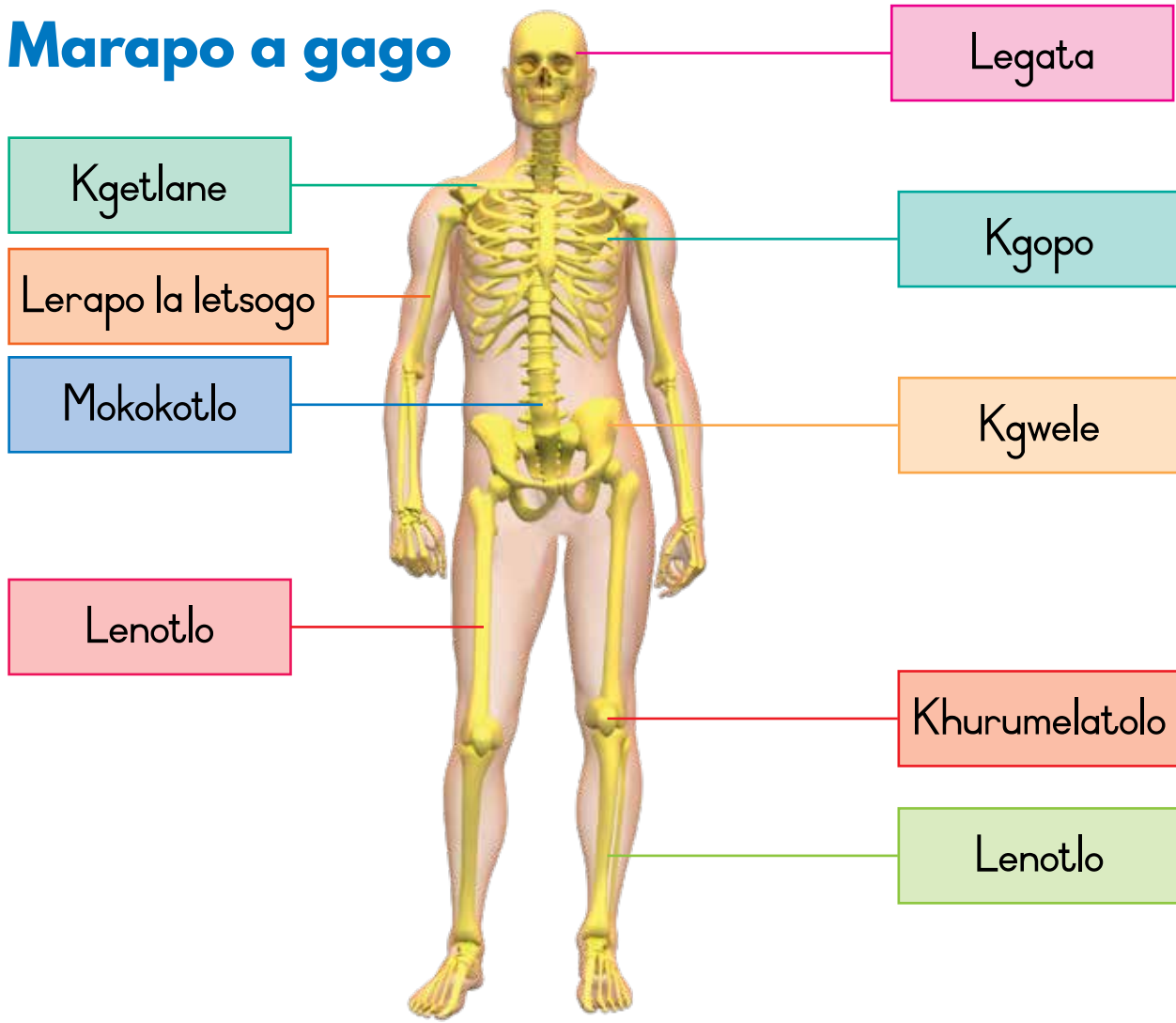




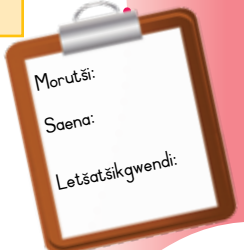
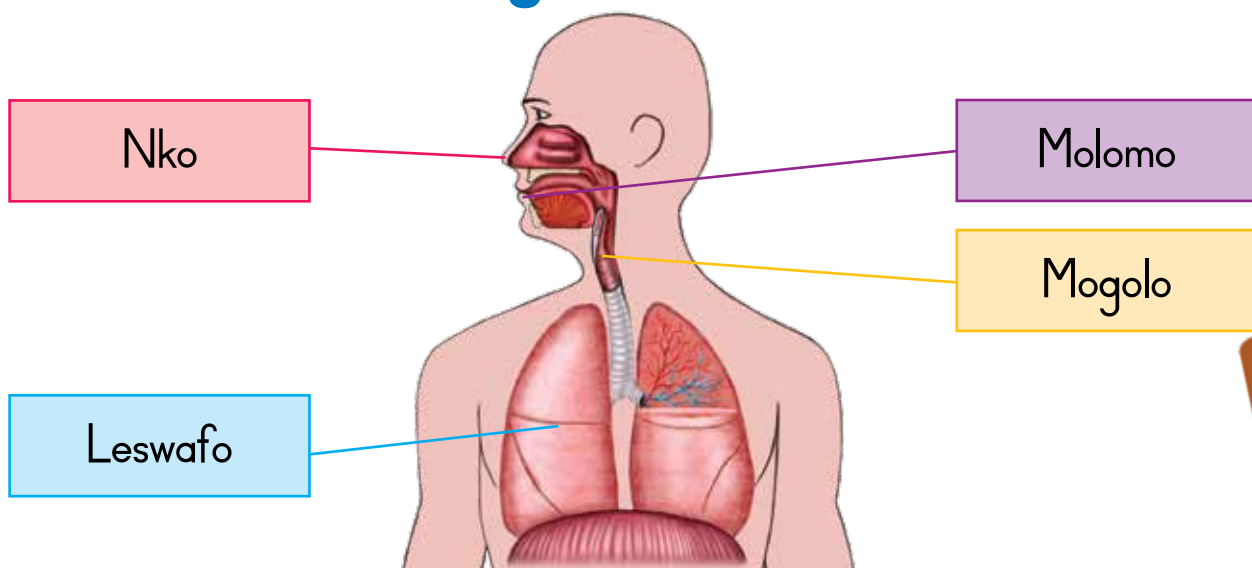
A re baleng

Grape, go na le ditho tša mmele tšeo o sa kgonego go di bona.
Ditho ka moka di a šomišwa, gore o dule o phela.

Marapo a gago



Ditho tša mmele tšeo di go thušago go hema





A re boleleng

Lebelela diswantšho tša tša ka fase gomme o bolele le mogwera wa gago ka seo o se bonago. Seswantšhong se sengwe le se sengwe, bolela gore o ka dula bjang o bolokegile.



O bona mogwera wa gago ka thoko yela ya mmila.



O letile o le noši boemapse.

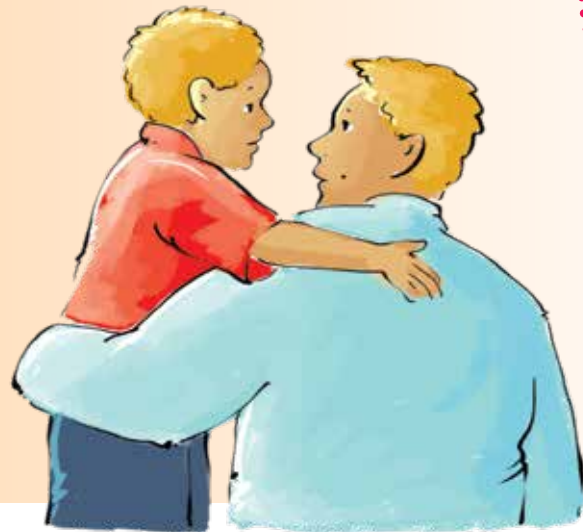


Motho yo o sa mo tsebego o go kgopela gore o ye le yena felotsoko.



O timetše o le mabenkeleng.

Re na le maikutlo a go dumela ge
yo mongwe a go gokarela gabotse.
Go kwagala e le mo go botse ge motho
yo a go ratago a go gokara.



Tlaa mo ngwanenyana wa ka. Ke tla go fa
malekere, eupša o se ke wa botša motho.

Re na le maikutlo a gore "gana" ge
motho yo mongwe a re kgwatha
ka mokgwa wo o re dirago gore re
tšhoge goba re gakanegile. Ge re ikwa
re gakanegile goba re sa bolokega, re
ba le maikutlo a go "gana".

Mmele wa gago ke selo se se kgethegilego, gomme ke wa gago.
O ka re "ee" ge o kgwathwa ka mokgwa wa maleba, gape o ka re
"aowa" ge o kgwathwa ka mokgwa wo e sego wa maleba.



Morutši:
Saena:
Letšatšikgweni:

Go dula o bolokegile

Kotara ya 2 – Beke ya b – Lephephetshomo



A re ngwaleng

Lebelela diswantšho tša ka fase gomme o ngwale "Ee" legatong la maikutlo a "go dumela" le "Aowa" legatong la maikutlo a "go gana" ka mo dipolokong.



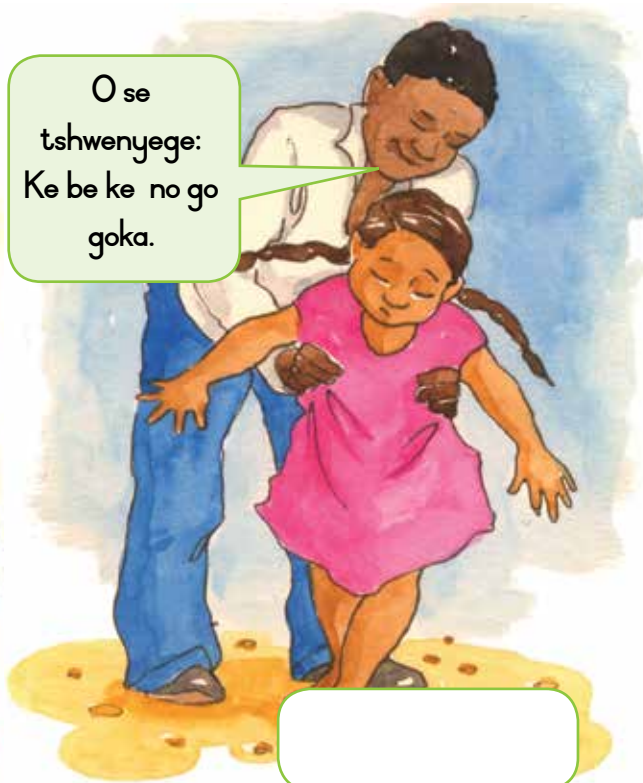
Ke a go rata.



Tlogela go goelela! O yo mogolo go hlwa o dira seo.



O yo mobotsana.



O se tshwenyega: Ke be ke no go goka.



A re direng

Itlwaetše gore "aowa".

Hlama tiragatšo moo motho o šele a nyakago go tšea ngwana ka sefatanaga sa gagwe goba a rata go swaraswara ngwana. Ngwana o araba o re "aowa".



A re boleleng

Bana ba bangwe ba dula ka malapeng ao ba sa hlokomelwego. Lebelela diswantšho. Bolela ka ga maikutlo a gago a ge o ka be o le ngwana yo a lego mo diswantšhong. Bolela gore o be o ka dira eng.

Ke wena mosetsana wa go se loke, gomme ga ke go rate.

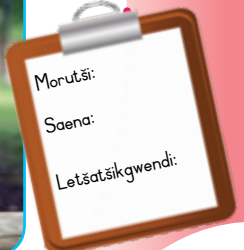
Ga o ye sekolong. O swanetše go rwala ditena tša go aga lebotu.



A re itšhidulleng

Raloka papadi ya go "go ema tsi!"

Sepela thoko ye o ratago, gomme ge morutiši wa gago a letša nakana, ema tsi! Ka mokgwa wo o lego. O se ke wa šutha le gatee go fihla ge morutiši wa gago a re o ka šutha. Na o kgona bjang go sepela ka tekanyetšo? Sepela godimo ga lepheko la tlase goba thapo ye telele yeo e adilwego mo fase.



Go swara mmele o phetše gabotse



A re baleng



Go na le ditsela tše dintši tšeo di ka re bakelago malwetši. Gantši re lwatšwa ke ditwatši le dipakteria. Ke tše dinnyane moo re ka se kgonego go di bona. Di tseno ka mebeleng ya rena gomme tša re lwatša.



A re boleleng

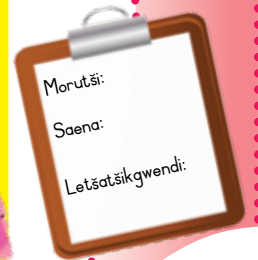
Bana ba ba lego mo diswantšhong ba dira eng gore ba dule ba phetše gabotse? Go be go ka direga eng ge ba ka be ba sa dira dilo tše?





A re boleleng

Bolela ka diswantšho tšhe. Ka mapokisaneng, ngwala leswao le ✓ go laetša ka fao o ka dulago o phetše gabotse goba leswao le ✗ go laetša dilo tšeo di ka dirago gore o lwale.



Go swara mmele o phetše gabotse



A re boleleng

Na o be o tseba gore go na le mekgwa ye e fapanego ya go hlwekiša meetse?

Na o a tseba gore meetse a mangwe a hlwekile gomme a mangwe a ditšhila? O ka kgonthišiša bjang gore meetse a hlwekile e bile bile a loketše go nwewa?

O ka bediša meetse a ditšhila ka ketleleng go bolaya ditwatši.



O ka sefa meetse a ditšhila.

Morutiši o tla le laetša gore tše di dirwa bjang.

O ka tšhela lelepola la teye la sešweufatši (bjalo ka jik) ka kgamelong ya dilitara tše 20 tša meetse a noka. Khurumela kgamelo gore dintši di se wele. E re go fete diiri tše 24 pele o ka nwa meetse ao.



Letšatšikgweedi:



A re boleleng

Lebelela diswantšho tše gomme o bolele ka ga se bana ba ba se dirago gore ba dule ba phetše gabotse.

Lahlela dithišu tše di šomilego ka gare ga ntlwana ya boithomelo goba ka gare ga seolelatlakala.



Hlapa diatla pele o eja.



Hlapa diatla ka morago ga go šomiša ntlwana ya boithomelo.



Ge o ka kgamathetša boithomelo, hlwekiša mo o kgamatheditšego, ka morago o hlape diatla.



Pipa molomo wa gago ge o gohlola goba o ethimola.



Morutši:
Saena:
Letšatšikgwendi:



Ke no lekola



A re boleleng

Boledišanang ka tše
le ithutilego tšona mo
dikotareng tše pedi
tše di fetilego.



Nka bolela ka ga balapa lešo.		
Nka sepela godimo ga mothalo wo mosesane.		
Ke tseba nomoro ya mogala wa maphodisa.		
Ke tseba ka ga maikutlo a go re "ee" le go re "aowa."		
Nka kaba bolo.		
Nka dula ka gešo ke bolokegile.		
Nka kgona go itlhokomela ge ke le gae ke le noši.		
Ke thuša balapa.		
Ke tseba tsela ya go ya sekolong seo ke se tsenago.		
Ke tseba mokgwa wa go itshwara ke phetše gabotse.		
Ke tseba ka ga mehuta ye e fapanego ya malapa.		
Ke ithutile kudu ka tša Mabokgoni a Bophelo.		





Pukuntšu ya ka

A
a

G
g

B
b

H
h

C
c

I
i

D
d

J
j

E
e

K
k

F
f

L
l





Pukuntšu ya ka

M
m

S
s

N
n

T
t

O
o

U
u

P
p

V
v

Q
q

W
w

R
r

X-Z
x-z

