



UKkz. Angie
Motshekga,
nguNgqonqotjhe
weFundo-Sisekelo



UNom. Enver Suryt.
lSekela
lakaNgqonqotjhe
weFundo-Sisekelo

Iincwadi lezi zenzelwe abentwana beSewula Afrika ngaphasi koburholi bakaNgqonqotjhe wezeFundo-Sisekelo, uMma u-Angie Motshekga kanye neSekela lakaNgqonqotjhe wezeFundo-Sisekelo, uNom. Enver Suryt.

Iincwadi zokuSebenzela zakwaRainbow ziyingceny yeendlela ezinengi zomNyango wezeFundo-Sisekelo wokungelela onqopho ukuthuthukisa ukusebenza ngocono kwabafundi beSewula Afrika kumagreyidi wokuthoma asithandathu. Njengamanye wamaHlelo womBuso aphuma phambili. iprojekthi le isekelwe ngeemali ezibuya esikhwameni seeMali seLizweloke. Lokhu kusize umNyango ukukhupha iincwadi zokusebenzela lezi ngawo woke amalimi asemthethweni ngaphandle kweendleko. Siyathemba kobana nizokufuryana iincwadi zokusebenzela lezi zilisizo khulu ekufundiseni kwenu kwangamalanga kanye nokuqinisekisa kobana abafundi benu bayayiqeda ikharikhyulamu.

Sitjheje khudlwana ukuhlala aboitjhre komunye nomunye umsebenzi ngokusebenzia iinthombe ezitjengisako bona ngikuphi umfundu amele akwenze.

Siyathemba kobana abentwana bazokuthabela ukusebeniza iincwadi lezi njengombana bakhula bebafundu nje begodu wena titjhre uzokwabelana nabo ithabo lokufunda.

Sinifisela ipumelelo ekusebenziseni iincwadi lezi.

ISBN 978-1-4315-0289-9



9 781431 502899

Rainbow
WORKBOOKS

LIFE SKILLS IN ISINDEBELE
GRADE 3 – BOOK 2
TERMS 3 & 4

ISBN 978-1-4315-0289-9

THIS BOOK MAY
NOT BE SOLD.

Ukufunda ngoMthethosisekelo weRiphabliko yeSewula (1996)

UMthethosisekelo weSewula Afrika (1996) umumetho imithetho yenara eseqophelweni eliphezulu. Imithetho le kumele ilandelwe ngumongameli wenarha, abaphathi beenkundla zemithetho kanye nalabo abasembusweni. Imithetho le ihlathulula kobana abantu benarha bafenele baphathane njani, nokuthi ngimaphi amalungelo wabo nokuthi ngiziphi iimbopho abanazo. UMthethosisekelo wenzelwe ukusivikela soke thina kanye nabentwana bethu ngomuso.

Kuqakathekile ukwazi izehlakalo zesikhathini esidlulileko.

Asingabuyeleli iimphoso zangesikhathini esidlulileko.

UMthethosisekelo usisiza ukucabanga nokwakha ilingomuso elingcono lethu soke.

Thina, abantu beSewula Afrika;

Siyakwazi ukungaphatheki kwethu ngokomthetho esikhathini esadlulako; Siphathela phezulu abahlukunyeza ngebanga lokobana kubenokulunga begodu nekululeko enarheni yekhethu;



Sihlonipha labo abasebenze ekwakheni begodu nekuthuthukiseni iphasi lekhethu; begodu Bakholewa bonyana iSewula Afrika ngeyabo boke abahlala kiyo, sibambene ngokwahlukahluvana kwethu.

Ngalakhoke, ngabajamel bethu abakhethwe ngokukhululekileko; samukela uMthetho-sisekelo lo njengoMthetho wokuthoma weRiphabliko oza—

Kuqeda ukwahluvana okwadlulako begodu sakhe umphakathi ozokudzimelela kuminopho yentando yenengi ubulungiswa begodu namalungelo wangokomthetho wobuntu.

Ukubeka isisekelo sentando yenengi begodu nomphakathi onzinzileko lapho umbuso unzinze khona phezu kwentando yesitjhaba begodu lapho zoke izakhamuzi zivikelwe khona ngokomthetho.

Ukwenza ncono izinga lepilo yazo zoke izakhamuzi begodu nokuvezwa kwekgono lawo woke umuntu;

Ukwakha, iSewula Afrika ebumbeneko begodu nenentando yenengi ezokwazi ukuthatha indawo yayo njengenerha ejijameleko emndenini weentjhbatjhaba.

Funa ngekani amalungelo wakho njengesakhamuzi seSewula Afrika bewube nesibopho sokuvikela amalungelo wabanye abantu.

Ukwazi umThethomlingwa wamalungelo KanyenomThethomlingwa weembopho.

UZimu akavikele abantu behethu.
Nkosi Sikele' iAfrika. Morena boloka setjhaba sa heso.
God seën Suid-Afrika. God bless South Africa.
Mudzimu fhatutshedza Afurika. Hosi katekisa Afrika.



Iincwadi zokusebenzela zikhona ngemilandelande elandelako:

- ILimi lokuThoma lokungezelela iGreyidi 1 – 6 (Ngamalimi woke asemthethweni)
- ILimi lokuThoma lokungezelela iGreyidi 4 – 6 (NgesiNgisi)
- ILimi lekhaya iGreyidi 1 – 6 (Ngamalimi woke asemthethweni)
- limbalo iGreyidi 1 – 3 (Ngamalimi woke asemthethweni)
- limbalo iGreyidi 4 – 9 (Ngelimi lesiNgisi nelimi lesiBhuru)
- Amakghono wezePilo iGreyidi 1 – 3 (Ngamalimi woke asemthethweni)

Ukubuyekeza,
ihlaliswe
ngokwesiTatimende
seKharikhyulamu
nomThethomgomu
wokuhlolola

iGreyidi

3



Amakghono wezePilo
ngesiINDEBELE
Incwadi 2
Ithemu 3&4

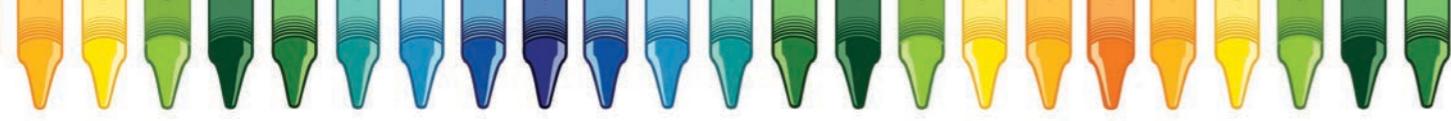
Ibizo:

Itlasi:



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



Okumumethweko

Ithemu 3

Ikhasi

- (33) lindawo eziyingozi ekudlalelw... 2
- (34) lindawo eziyingozi zokudlalela ... 4
- (35) linteksi neentimela kwezokuphepha ... 6
Amatshwayo asiyelisa ngengozi..... 7
- (36) Ukusilaphazeka: Yini ukusilaphazeka? 8
- (37) Ukusilaphazeka okwahlukahlukaneko..... 10
- (38) Ukusilaphazeka: Imithelela yakho.... 12
Okhunye ngokusilaphazeka 13
- (39) Abantu bebaphila njani ekadeni..... 14
- (40) Abantu bebaphila njani eminyakeni eyadlulako 16
- (41) Ingabe bekumnandi ukuba mntwana esikhathini esidlulileko? 18
- (42) Amathulusi neensemjenziswa..... 20
- (43) Okhunye godu ngokuthi izinto bezenziwa njani ekadeni 22
- (44) Ukubhadelela izinto..... 24
- (45) Umkayi – Iphasi kusuka emkayini 26
Amaplanedi kanye nalo loke irhelo eliphathelene nelanga 27
- (46) linkwekwezi 28
Amatheleskowuphu 29
- (47) Ukuhamba emkayini..... 30
Amasathalayidi..... 31
- (48) Amalanga akhethekileko 32



Ithemu 4

Ikhasi

- (49) lintjalo – Esikuthola kizo 34
- (50) lintjalo – Umoba ukuya etjhukeleni.... 36
- (51) Iphasi – Ukusuka ehlabathini ukuya esitineri..... 38
- (52) Iphasi – Ukusuka ehlabathini ukuya esitineri..... 40
- (53) Ihlekelele nalokho esifanele ukukwenza - iinkhukhula..... 42
- (54) Umlilo 44
- (55) Umbani 46
- (56) liwuruwuru nommoya..... 48
- (57) Ukusikinyeka kwephasi 50
- (58) linlwana ezisisizako: Isaziso 52
- (59) linlwana nezisinikela khona:
linyosi 54
- (60) linlwana nezisinikela khona:
linkukhu 56
- (61) linlwana nezisinikela khona:
linkomo 58
- (62) linlwana nezisinikela khona: Izimvu... 60
- (63) linlwana ezisisebenzelako: Izinja..... 62
- (64) linlwana ezisisebenzelako:
Abodumbana..... 64



Published by the Department of Basic Education
222 Struben Street
Pretoria
South Africa

ISBN 978-1-4315-0289-9

The Department of Basic Education has made every effort to trace copyright holders but if any have been inadvertently overlooked the Department will be pleased to make the necessary arrangements at the first opportunity.

This book may not be sold.

Ukhethekile.

Woke umzimba wakho ukhethekile.

Umzimba wakho ungewakho wedwa!



**Ungavumeli
noyedwa umuntu
akuthinte ezithweni
ezifihlakeleko**

**Kufanele ubike nangabe kukhona umuntu okuthinta
ezithweni zakho ezifihlakeleko.**

**Kufanele ubike nangabe kukhona umuntu
okwenzisa izinto ongafuniko ukuzenza.**



Inomboro ongazidosela ukufunyana isizo:

**Ukubika izehlakalo ezithinta
abentwana: 0800 05 55 55**



**Inomboro yamapholisa yokuqeda
ubulelesi: 086 00 10111**



Inomboro yamapholisa erhabekileko: 10111

Inomboro ephephisa ipilo yabentwana: 0861 322 322

**Inomboro yeYunidi eqalene nokuVikelwa kwabeNtwana:
012 393 2359/2362/2363**



IGreyidi

3

AmaKghono wezePilo
ngesiNdebele
Incwadi 2



Incwadi le ngeyaka:-



33

lindawo eziyingozi ekudlalelwa kizo

Ithemu 1 - Imveke!

Ithemu 3 -
Imveke!

Asitlole

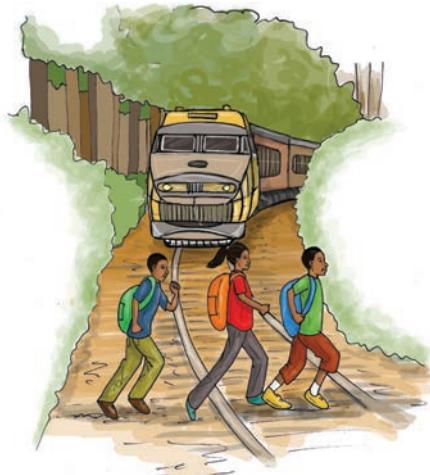
Uzizwa wamukelekile eendaweni eziphephileko ezifana nangetlasini. Lezi ziindawo ongathanda ukubuyela kizo. Akunamuntu ekumele akulimaze nanyana akuzwise ubuhlungu nawulapho. Indawo ephephileko emphakathini yindawo lapha nanyana ngubani azizwa amukelekile khona. Akunamuntu ozakulimala nanyana alinyazwe. Nasiqala "ukuphepha komphakathi" sitjho kobana woke umuntu unelungelo lokuphepha eendaweni ezivulekele woke umuntu, njengeentimeleni, emateksini nasemalwandle.



Asikhulume

Qala iinthombe ezilandelako bese ucocisana nomngani wakho ngazo.

Cocisana nomngani wakho ngokuthi kungani kungakaphephi ukudlalela eendaweni eziyingozi.



Ilanga:



Asitbole

Omunye nomunye umntwana ngesandleni sokudla kumele athathe isiqunto.

Basize ngokuthi baqedelele ikulomo engemabhamuzini wekulomo.

Yiza uzokuthatha ibholo
wena. Yini oyisabako!



Awa, angikameli ngikwenze, nginga

.....
.....

Yiza uzokusela kanye!
Kumnandi. Wesaba ini?



Awa, angikameli ngikwenze, nginga

.....
.....



Asikhulume

Cocani nabanye abafundi ngemibuzo elandelako.

- Ngikuphi okuyingozi ongakuthola ecucwini elahliweko?
- Kungani abentwana bathanda ukudlalela emakhiweni wendlu egirikako nanyana elirubhi?
- Yipilo yabobani esengozini lokha abentwana badlalela endleleni ekhamba iinkoloyi ezinengi?
- Ngimaphi amatshwayo asiyelatisa kobana singadlaleli eduze kwesiporo?
- Ngiyiphi ingozi engabangwa yigezi kanye netlelezi elifana nepharafeni.



Asitbole

Khetha isithombe esisodwa ekhasini lesi-2 bese utlolola iimpendulo zemibuzo elandelako.

- Sikutjela ini isithombe?
.....
- Ungabona ngani kobana indawo le ayikaphephi ukuze ungadlalela kiyo?
.....





lindawo eziyingozi zokudlalela



Asitbole

Qala iinthombe ezilandelako. Khetha sinye seenhlokwana usitbole ngaphasi kwesinye nesinye isithombe.

Ipharafeni ingavutha amalangabi esandleni sendoda.

Umntwana angafa ngemva kokusela itjhefu.

Abentwana bangafa ngombana abakwazi ukuphefumula.

Asikameli sisebenzise igezi endaweni
eseduze namanzi.

Umntwana angatjhiswa mamanzi abilako.



Tjela: _____



Tjela: _____



Tjela: _____



Tjela: _____



Tjela: _____



Tjela: _____

Ilanga:



Asenzeni lokhu

Gwala isithombe sakho nomngani wakho nidlalela endaweni ephephileko ephageni. Ningadlala ngani? Ngokwesibonelo, cabanga kobana ningadlala njani emjinkini. Kokuthoma sebenzisa amakhrayoni wamakoki nanyana ipensela ukwenza imiqoqo yomgwalo wakho. Khalara ngaphakathi kwemiqoqo leyo usebenzise amakhrayoni afana netjhogo nanyana amakhrayoni.



Asikhambakhambé

Ukuzithabulula: Hlanganisa izitho zomzimba, ngokwesibonelo yenza imisikinyeko yokuzigeda phasi ekhambisana kanye namahlakala kanye namadini. Isibonelo, khambani ngokugedeka begodu ngasikhathi sinye ngamahlakala kanye nangenyonga nanyana ngamahlombe kanye nangeengogoriyana.

Umsebenzi ekungiwo ophuma phambili: Ukubhalansa

- Khamba ngamazwani bese ukhambé ngeethente zakho.
- Khasa ngamadoló bese ubambelele ngezandla zakho phasi.
- Dzimelela lokha nawukhamba uya phambili nalokha nawubuyela emuva ukhamba phezu kwerobho ebekwe phasi. Linga godu ukukhamba phezu kwerobho ucimezile.
- Jama ngezandla, hloma ihloko phasi.

Ukuzipholisa: Yelula imikhono yakho kabuthaka.

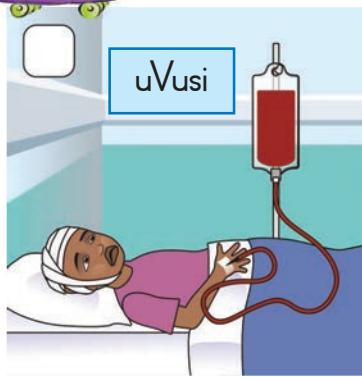
Nakukghonekako, lokho kwenze ulalele umvumo opholileko.



linteksi neentimela kwezokuphepha



Asenzeni lokhu



Beka iinthombe ezilandelako ngokulamana kwazo ngalokho okwavelela uVusi. Nombora iinthombe kusuka ku-l bekufike ku-4.



Asikhulume

Qala iinthombe zakaVusi godu bese ucocisana nomngani wakho ngazo:

- Ingozi yenzeke ngephoso yakabani?
- UVusi nonina bekumele ngabe benze ini?



Asikhulume

Qalisisa iinthombe ezilandelako bese ucoca nomngani wakho ngazo. Khuyini okwenziwa babantu laba okungakalungi?



Asitlole

Tlola isihloko sesinye nesinye isithombe utjho kobana abakhweli ngikuphi abangakafaneli ukukwenza.



Amatshwayo asiyelelisa ngengozi



Asifunde



Amatshwayo wendlela kanye namatshwayo wesiporweni enzelwe kobana asiphephise. Amanye amatshwayo enzelwe kobana asivikele. Asiyelelisa ngengozi. Amanye amatshwayo asitjela kobana simele siziphathethi njani hlangana neenkoloyi ezinengi nanyana asinikela ilwazi. Amatshwayo ayelelisako kanengi avame ukuba nombala obomvu owazombieko.



Asenzeni lokhu

Ukuphosa izinto ezibuya ngaphakathi kwesitimela esikhambako kungaba yingozi khulu. Izinto lezo zingalimaza abanyeabantu kanye neenlwana lokha isitimela nasidlulako. Zitlamele lakho itshwayo eliyelisa abantu kobana bangaphosi nanyana yini ngamafesidiri lokha isitimela nasikhambako.



Asenzeni lokhu

Qala iinthombe ezilandelako. Sika amatshwayo ekhasini labosika ngemuva ecwadini yakho bese uwanamathisela phezu kwesithombe esilandelako.



Tjengisa utijhere wakho nasele uqedile.



Teacher:
Sign:
Date:



36

Ukusilaphazeka: Yini ukusilaphazeka?

Timveke 3

Ithemu-3 – Ithemu-3



Asikhulume

Qala isithombe esilandelako. Qala isithombe bese ucocisana nomngani wakho ngaso. Ingabe ikhona into esesithombeni oyijayeleko? Ngikuphi esithombeni ekubonakala kungakalungi? Kungani kungakalungi?

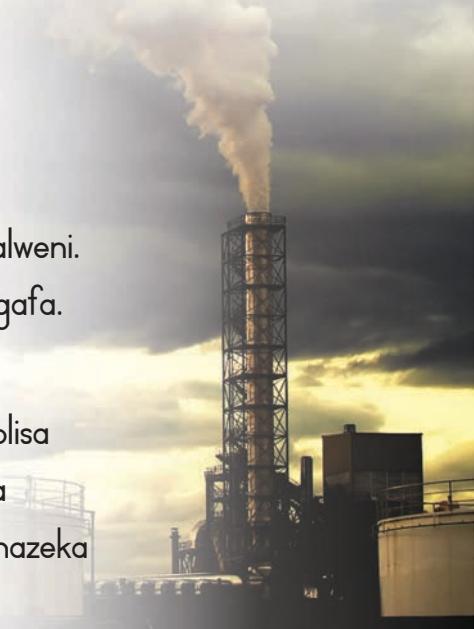


Asifunde

Kuyini ukusilaphazeka?

Ukusilaphazeka esikubangako kumbi khulu kithi begodu nakabanye. Ukusilaphazeka kumbi eenlwaneni kanye neentjalweni. Kusibangela ukugula begodu neentjalo azisakhuli begodu zingafa. Ukungezelela, ukusilaphazeka kungcolisa ibhoduluko lethu.

Ukusilaphazeka kwenzeka lokha nasingcolisa ihlabathi, singcolisa ummoya nalokha singcolisa amanzi. Ummoya, amanzi nelanga kuyasiza ukuhlanza ukusilaphazeka. Kodwana nakunokusilaphazeka okunengi khulu, iphasi angekhe lazihlwengisa ngokwalo.





Asenzeni lokhu

Sebenzani ngeenqhemza zabafundi abahlanu.

Isiqhema ngasinye sinikelwa ipprojekthi esifaneleko esimele siqalane nayo. Amalunga amane afuna iimbonelo zokusilaphazeka. Ilunga elilodwa ligcina ilwazi lalokhu okulandelako. Tlola kwaphela itshwayo (✓) nanyana ngayiphi into oyitholako ozoyifaka erhelweni. Utitjhere wenu uzokurhunyeza koke lokho enikufunyeneko. Ingabe itatawu lesikolo senu lihlanzeke kangangani?



Asitbole

Tlolani phasi izinto ezi-5 ezingcolileko enizifumene etatawini lesikolo.

*Khumbula
ukuhlamba izandla
zakho nawuqedeko.*

I.	
2.	
3.	
4.	
5.	



Tlola itshwayo (✓) eduze kokusilaphazeka okuserhelweni okungabuya kusetjenziswe kabutjha. Tlola itshwayo (✗) eduze kokusilaphazeka okuserhelweni okungaba nomthelela omumbi eenlwaneni.



Asikhulume

Sebenzani ngeenqhemza zabafundi abalikhomba.



Niyokudlala iindima ezahlukenenko nilingisa: iphasi, amanzi, ihlabathi neenlwana. Indima yekhomba kuyokuba ngeyabantu. Abadlali bokuthoma abathandathu ngamunye uyokutjela umuntu kobana ukusilaphazeka kwenza ini kuye. Umuntu uyokuphendula omunye nomunye umdlali. Ninike quntani kobana kungenziwa ini ngemiraro leyo. Qalani isithombe esingehla ukuze nifunyane imibono. Nangabe niyazethemba ngomdlalo wenu, ungabawa utitjhere kobana anivumele niwenzele abanye abafundi abangetlasini yenu.



Ukusilaphazeka okwahlukahlukaneko



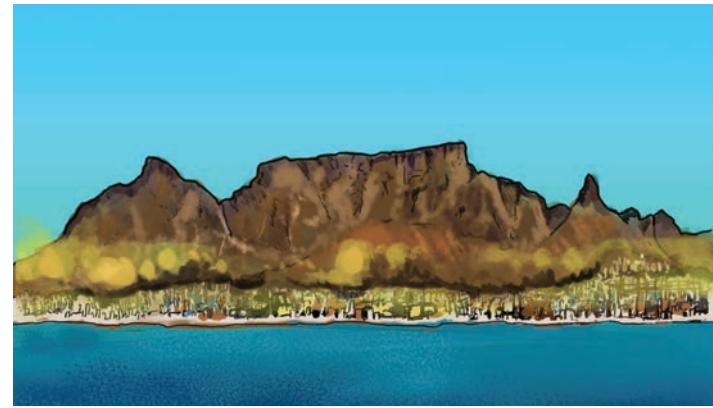
Asifunde

Ukusilaphazeka kommoya

Lokha nasisilaphaza ummoya,
singabuye siwufake itjhefu.
Sisilaphaza ummoya ngokutjhisa
amalahle amanengi, idizela, ipetroli,
irhasi kanye neenkuni. Intuthu
ephuma kilezi izinto inerhasi
engenapilo, kanengi eya phezulu emoyeni.

Ummoya ubuye usilaphazwe lithuli, isanda, umlotha, intuthu nepholeni. Umoya uba
netjhefu lokha nasigawula imithi eminengi. Imithi isiza ukususa irhasi ejingozi emmoyeni
bese ikhupha i-oksijini, okumummoya onepilo. Simele siphefumule ummoya ohlanzekileko
ukuze sihlale siphila.

Ummoya osilapheleko uyasigulisa, usibangela i-asma nobulwele bomphimbo namalwele
akhambisana namaphaphu.



Iinkoloyi amabubulo, iiimbaseli ezibuya emakhaya, zibangela
ukusilaphazeka kommoya eCape Town.



Ukusilaphazeka komoya begodu
kutjhabalalisa umoya omuhle
one-oksijini enengi ovikela ipilo
ePhasini emisebeni yelanga emimbi.
I-esidi enengi emoyeni engabuya
emabubulweni ingabangela izulu
le-esidi, elibulala iintjalo begodu
lone nemakhiwo.

Ilanga:

Ukusilaphazeka kwehlabathi

Ukusilaphazeka kwehlabathi kwenzeka lokha
nakunamakhemikhali amanengi ajingozi ehlabathini.
Ukusilaphazeka kwehlabathi kungabangwa zizibi
nanyana lokho okulahlwa mabubulo kanye namamayini.
Iinzibi ezibuya emakhaya, eenkolweni, eebhedlela
kanye nema-ofisini zigcineka ngaphasi kwehlabathi.
Iinzibi lezi zingcolisa ihlabathi. Ukusilaphazeka kwehlabathi kungangcolisa amanzi
ekungathi ngokukhamba kwesikhathi angcolise ukudla abantu neenlwana ezikudlako.



Ukusilaphazeka kwamanzi

Amanzi asilapheleko abanga itjhefu emanzini
angaphasi kwehlabathi nalawo angaphezu
kwehlabathi emilanjeni, emachibini kanye
nemadamini. Lokhu kwenzeka lokha amabubulo
nakapompela amanzi asilapheleko ngemilanjeni.
Begodu lokhu kwenzeka lokha amaphayiphi athwala
amangcoliso bese athontele ngemachibini nanyana
ukungcoliseka okubuya lapha kwenjelwe khona
icucu kufinyelela emanzini angaphasi kwehlabathi.

Amanzi angcolileko nanyana asilapheleko angagulisa abantu begodu angabulala iinlwana kanye
neenhlambi. Neentjalo eziseduze kwamanzi zingafa.

Ukusilaphazeka kwetjhada

Ukusilaphazeka kwetjhada kubangelwa
ziinkoloyi ezifana namatraga amakhulu
kanye neenkoloyi ezipopozako namateksi,
imitjhini emabubulweni, umvumo ophezulu
nalapha kwakhiwa khona imakhiwo
emikhulu. Itjhada eliphezulu khulu
lingakwenza kobana ugcine ungasezwu.



Teacher:
Sign:
Date:



Asikhulume

Qala isithombe esilandelako bese ucoca ngaso nomngani wakho.



Asitlole

abantu abalandelako neenlwana bazokuthini ngokusilaphazeka?

Qdedelala umutjho lo ngemabhamuzeni wekulomo angenzasi.

"Ukusilaphazeka . . . kumbi kimi ngombana . . ."

Tlola lokho omunye nomunye walezi zinto ezingehla azokutjho ngokusilaphazeka.

Asikhambakhambé



Kwanje zifunyanele iwulawubhu ozokudlala ngayo. Wena nomngani wakho kumele nidlhegane ukukhamba ngaphezu kwayo. Kokuthoma ngeenyawo bese kuthi kwesibili kube ngezandla. Ngemva kwalapho bamba iwulawubhu ijame ibe siyungi esiqale phezulu bese umngani wakho adlule ngaphakathi kwayo. Dlheganani ngokwenza lokho. Begodu tjkisa iwulawubhu ukwenza kobana kube budisi ukukhasa ngaphakathi kwayo.

Okhunye ngokusilaphazeka



Asenzeni lokhu

Amanowuthi wakatitjhere: Ngaphambilini nibone ukusilaphazeka etatawini lesikolo senu. Nangabe akhange nibuthe ukusilaphazeka enikubonileko, kwanje lithuba lokobana nenze njalo. Utitjhere wenu uzoninikela imigodlana yeemplastiki kanye namadlhlu weplastiki ukuze nivikele izandla zenu.

Sebenzisa amajamo wejiyomethri wakhe ilingaphandle lephosta. Cosisana nomngani wakho ngemithetho engalandelwa yokudizayina iphosta yakho:

- ukungafani
- ngokulingana ngobukhulu
- ukugandelela
- ukubhalansa



Teacher:
Sign:
Date:

Abantu bebaphila njani ekadeni



Izinto esizenzako nangendlela esizenza ngayo izinto lezo, kutjhuguluke khulu. Qala iirthombe ezilandelako:



Abantu ebebaphila ekadeni
bebaphila eduze kwezinto
ebebazisebenzia, isibonelo
ukudla namanzi. Nanamhlanje
sisazitlhoga izinto ezinjalo,
kodwana ngebanga
lethekhnoloji, sithola amanzi,
ukudla kanye negezi ngeendlela
ezilula.



Cocisana nomngani wakho ngalokho okutjhugulukileko nokuthi kutjhuguluke njani. Ungaqala nomhlolo womsebenzi abantu laba ebebawenza, lapha ebebawenza khona kanye nezambatho ebebazembatha. Ucabanga kobana bebasebenza kude nemakhaya kangangani? Kwanje buyelela uqale isithombe esingesinceleni bese ucoca ngezinto ezifanako. Ucabanga kobana bebadla ukudla okunjani? Bebakhamba ngani lokha nabebaya emsebenzini?





Asitlole

Ilanga:



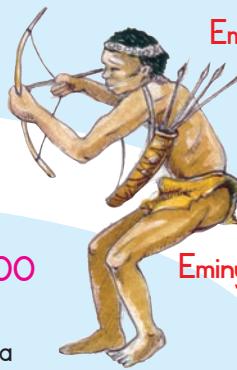
Iminyaka
eli-15 000
yamamiliyoni
eyadlulako:
Iphasi lakheka



Iminyaka emamiliyoni
ama-2,5 eyadlulako:
Iindalwa ezifana nalezi
zathoma ukukhamba



Ngeminyaka eli-100 000
eyadlulako:
Kwathoma ukubonakala
abantu bokuthoma



Eminyakeni ema-40 00
kwabonakala:
Abantu abama-San



Ngomnyaka we-1876
Kwatlanywa
umtato wokuthoma
wesimanjemanje



Ngomnyaka we-1879
Kwatlanywa ilampa
lokuthoma legezi



Ngomnyaka we-1885
Kwakhiwa ikoloyi
yokuthoma
yesimanjemanje



Ngomnyaka we-1903
Kwakhiwa isiphaphamtjhini
sokuthoma



Ngomnyaka we-1994
uNelson Mandela waba
ngumengameli wokuthoma
onzima eSewula Afrika



Ngomnyaka we-1975
Kwathonywa
ukusetjenziswa
ikhomphyutha



Ngomnyaka we-1973
Kwenziwa
ufunjathwako/iselula
yokuthoma



Ngomnyaka we-1969
Indoda yokuthoma
yakhamba enyangeni



40 Abantu bebaphila njani eminyakeni eyadlulako

Ithemu-3 – Iimveke 5



Asitbole

Kwanje qedelela ngamabizo,
amalanga wababelethi bakho kanye
nabokhokho bakho:

Ibizo lakabamkhulu ngu-:

Wabelethwa:

Ibizo lakababa ngu-:

Wabelethwa:

Ibizo lakabamkhulu ngu-:

Wabelethwa:

Ibizo lakagogo ngu-:

Wabelethwa:

Ibizo lakamma ngu-:

Wabelethwa:

Ibizo lakagogo ngu-:

Wabelethwa:

Ibizo lami ngingu-:

Ngabelethwa:

Buzani ababelethi benu imibuzo emi-5 ngabanye bekhabo abadala. Sebenzisani amagama alandelako: **Nini? Kuphi? Kungani? Begodu njani?**

Asifunde

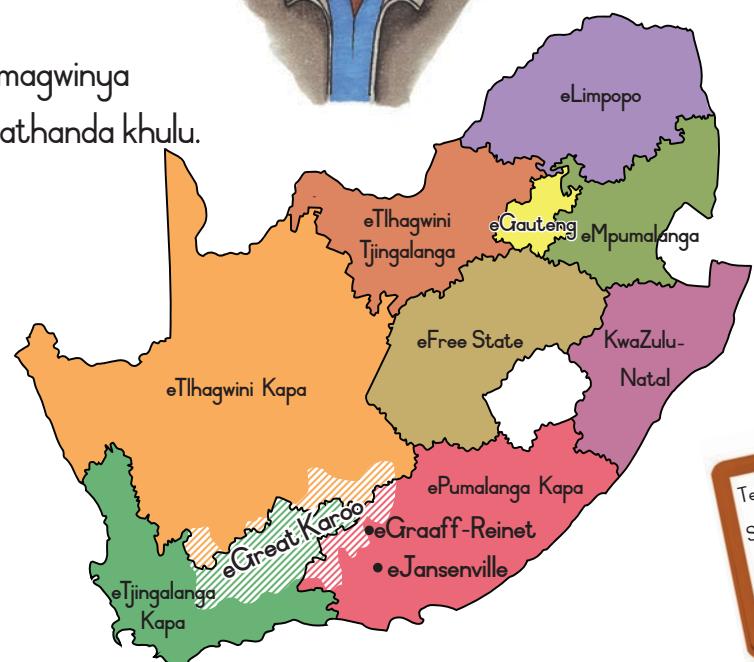
Abafundi besikolo esisedorobheni leKaroo, eGraaff-Reinet bamema uNomzana Johannes Maart ukuzokukhulumisana nabo. Nasi indatjana:

Ngabelethwa eplasini iKaroo, eGannaslaagte mhla ali-7 kuVelabahlinze ngomnyaka we-1922. Ubaba wabe asebenza eplasini begodu umma yena wabe asebenza endlini yomniniplasi. Njalo ngaboLwesihlanu, umlimi wabe asipha inyama, esabe siyipheka siyidle ngepelaveke. Sabe singanayo indlela efaneleko yokuyigcina imakhaza. Ngokunjalo-ke,sabe siqeda iveke yoke ngaphandle kokudla inyama. Ngesinye isikhathi sabe siba nenyama enengi besiyibenge imirhwabha, khulukhulu nangabe umlimi udumuze ikudu nanyana iqina. Kanengi sasivame ukudla isiphila, kusilwe nepuphu nanyana sihlanganiswe neembhontjisi – ukudla lokho bekwaziwa njengomgqushu. Kanengi ubaba bekafunyana iflowuru emakaritjha eyabe ibuya esigayweni seJansenville. Ngokuyeleta okukhulu, umma wabe asibhagela uburotho ngepani eyabe ibudisi kwamambala ayibeke phezu kwamalahle ngombana sabe singanaso isitofu.

Ngesinye isikhathi umma bekabhaga amagwinya nanyana amatjhatjhatjha engabe ngiwathanda khulu. Amagwinya la sabe siwadla ngeliju elabe lenjiwe ngedorofiya. Amaswidi wethu kwabe kubukghomu esabe sibukha emithini.



Amanowuthi wakatijhere; Nangabe utijhere akaghoni ukumema omunye/ abanye kobana beze ngetlasini yenu, ningasebenzisa indatjana kaNomzana Johannes Maart.



Teacher:
Sign:
Date:

Ingabe bekumnandi ukuba mntwana esikhathini esidlulileko?

Ithemu 6

Ithemu 3 – Ithemu 6

**Asitlole**

Qala enye nenyе into kilezi ezingenzasi bese uyatjho kobana ngeyakade nanyana ngeyanje. Tlola "Zanje" nanyana "Zakade" ngaphasi kwesinye nesinye isithombe. Bese ufaka umbala ngebhoksini elinezinto "Zakade" ezitjengisa izinto ezikarisa khulu ebezisetjenziswa esikhathini esedlulileko. Sebenzisa umbala owuthandako.

**Asenzeni lokhu**

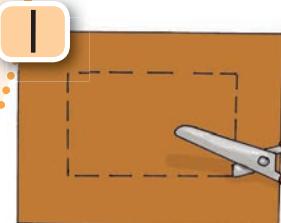
Yenza ifreyimu yesithombe.

Uzokuthlhoga lokhu:

- Amakhabhoksi wamaphepha amabili anemibala.
- Amakhrayoni wamanzi amabhombho anemibala eyahlukenecho
- Izinto ezahlukenecho ezingasetjenziswa kabutjha ongenza ngazo amaphetheni, isibonelo, itoliki yekoten, ikhokho, isiba kanye neemvalo ezahlukahlukenecho.

Amanowuthi wakatitjhore:

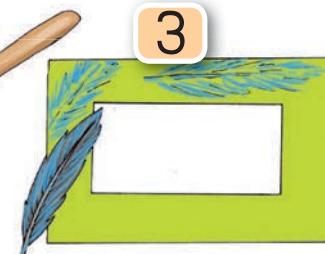
Kuneendlela ezinengi esingagcina ngazo izinto zakade ezilugu. Enye yeendlela lezo kufreyimela iinthombe.



1. Sika ikhabhoksi libe sikwere nanyana irekthengela ukulenza kobana libe yifreyimu yesithombe.



2. Penda ihangothi langenzasi lento ofuna ukuyisebenzisa ukwenza iphetheni.



3. Kghabisu ifreyimu yakho ngokuthi ugandelete ihlangothi lento oyipendileko phezu kwekhabhoksi.



4. Lokha ifreyimu yakho nasele yomile, faka isithombe somndeni wakho bese upha ugogo nanyana umkhulu wakho njengesiph.

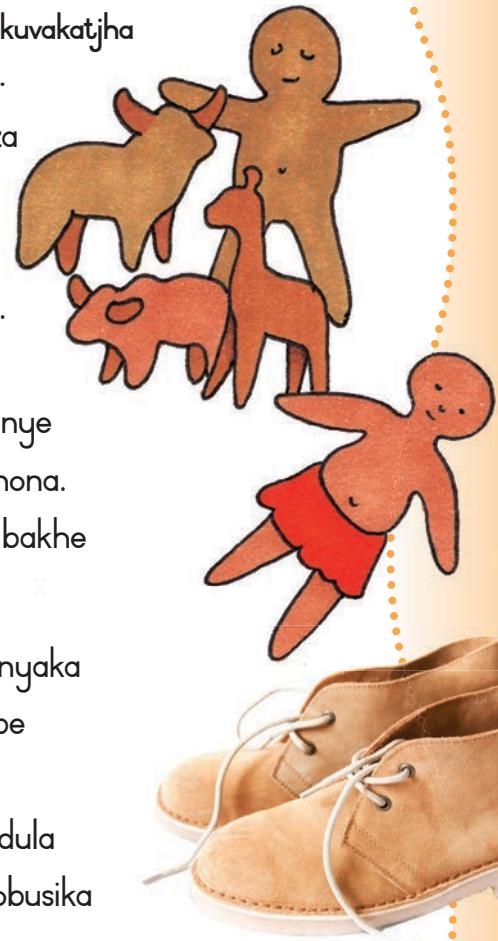


Asifunde

UNomzana Maart wabuya ngelanga lesibili wazokuvakatjha esikolweni. Waragela phambili nendatjana yakhe.

Sabe singabonani nabantu abanengi. Umma nobaba bebasebenza kabudisi begodu basebenza ama-iri amade. Ngabo Sondo sabe sivakatjhela abangani ebebahllala kamanye amaplaasi. Ngesinje isikhathi sabe sikhamba ngekolojana yeenkabi nasiyokuvakatjha. Sabe sikuthabela lokhu ngombana sabe sikwazi nokudlala ngamathambo, umdaka, amaqephe wembewu yemithi yameva kanye nangamatje edamini elabe liseduze nezindlu zalapha ebeshlhala khona. Ngesinje isikhathi besidlala ngemlanjeni. Udadwethu nabangani bakhe bona bebakuthanda ukubumba abonopopi bomdaka.

Amanyathelo wami wokuthoma ngawathola lokha nangiqeda iminyaka eli-12. Ubaba wangenzela wona ngesikhumba esitjhukiweko. Kwabe kumnandi ngombana ngabe ngingasabuzwa ubuhlungu engabe ngibuzwa lokha nagade ngihlatjwa mameva lokha nagade ngibhadula ngenyawo phasi nanyana ekuseni ngamalanga "ebekaneloth" wobusika ngigadanga irhwaba.



Asikhulume

Cocisana nomgani wakho ngokuthi ingabe kwabe kuyinto ehle ukuba mntwana eminyakeni eyadllulako.

Ingabe bekungcono ukuba mntwana eenkhathi zakade kuneenkathini zanje? Sekela ipendulo yakho. Ungacabanga ngezinye iisetjenziswa esinazo nje nokuthi ingabe zisenza kobana sikghone ukwenza izinto lula begodu ngcono?

Asikhambahambe

Zijayezeni okulandelako ngamunye nanyana ngeenqhemba zangababili.

- Ukujama ngezandla
- Ukujama ngehloko
- Ukgedekela phambili nemuva
- Ikoloyana yamavilo



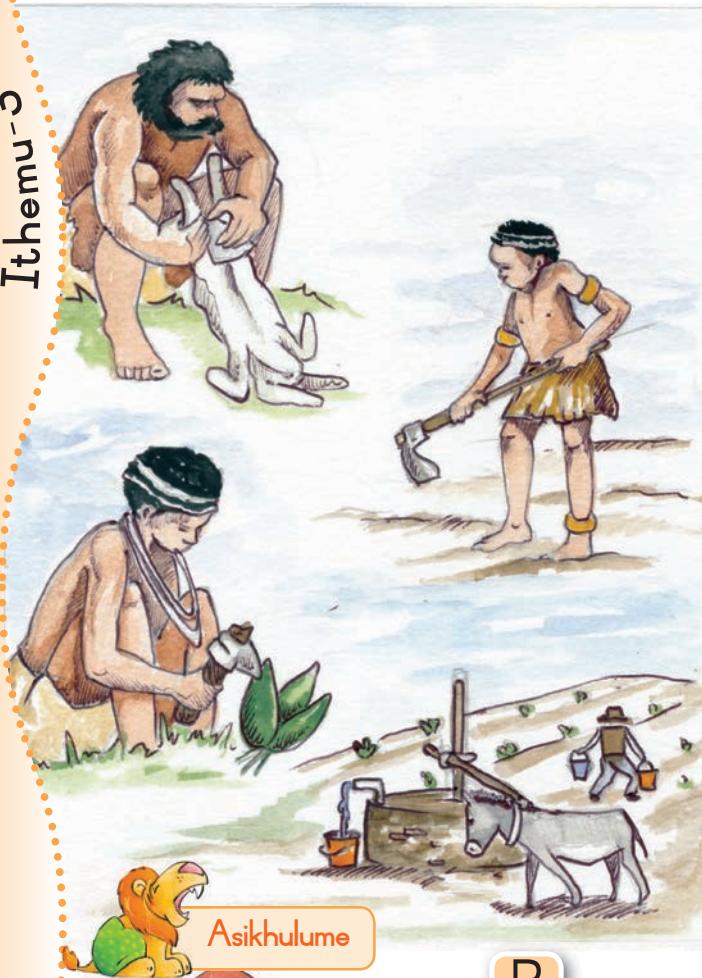


Amathulusi neensetjenziswa



Asenzeni lokhu

Qala iinthombe ezilandelako zeensetjenziswa ebezisetjenziswa kade ngesandleni sesincele. Ngekholumeni engesandleni sokudla, gwala iinthombe manyana usike iinthombe zeensetjenziswa ezisetjenziswa namhlanje.

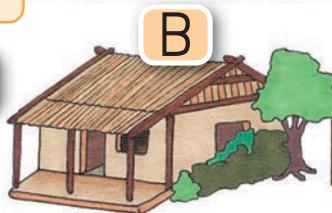


Asikhulumo



A

Indlu yeminyakeni pheze
ema-300 eyadlulako.



B

Indlu yeminyakeni pheze
ema-200 eyadlulako.



C

Indlu yeminyakeni
pheze eli-150
eyadlulako



D

Indlu yesikhathini
sanje

Izindlu lezi zitjhuguluke njani ngokukhamba kweminyaka?

Kungani zitjhugulukile?

Ngiziphi izinto ezisetjenzisiweko kilezi izindlu?

Ngiziphi izinto ozithola esithombeni D ezingekho esithombeni A?



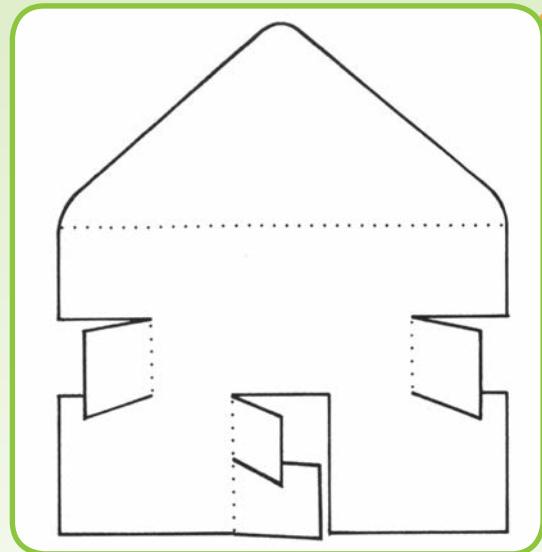
Asenzeni lokhu

Sesifundile kobana izindlu zatjhuguluka bezathuthuka njani ngokukhamba kwasikhathi/kweminyaka. ESewula Afrika, ezinye izindlu zikghatjiswe kuhle njengezindlu zesitjhaba samaNdebele. AmaNdebele aziwa khulu ngemibala yabo emihle nangendlela ebagwala ngayo izindlu zabo. Yenza kwangathi ulilunga lomndeni wesitjhaba samaNdebele begodu nguwe omele uqalane nomsebenzi wokugwala amaboda womndeni wakho.

Uzokutlhoga lokhu:

- Iphepha elinombala
- I-imvlobhu
- Isikere
- Amakhrayoni
- Idlhu/isinamatheheli

1. Sika iminyango kanye namafesidiri e-invlobhini yakho njengombana kutjengisiwe esibonelweni.
2. Vula lapha kunengcenyephephelako ukwakha umfulelo.
3. Kwanje sebenzisa amaphetheni ahlukahlukene, amabumbeko/amajamo nemida ubuye usebenzise imibala ekhanyako ukukghabisu indlu yakho ejame njenge-invlobhu.
4. Bawa utitjhere wakho akuhlathululele kobana kubayini kuqakathekile ukusebenzisa amabumbeko wejiyomethri namaphetheni.
5. Kwanje namathisela izindlu zakho phezu kwetjhidi lephepha elinombala.
6. Sebenzisa iinthombe ozifunyene kibomegazini ukukghabisu isizinda seenthombe.



Asikhambahambe



- Lingisa lokha nawakha indlu. Sunduza, udose ngesandla sakho sangesinceleni njengalokho usarha okuthileko.
- Faka umkhono wakho wangesandleni sokudla emkhonweni womngani wakho wangesinceleni ejame eduze kwakho. Yenza kwangathi mgodla obudisi wesiphila esithalwe ngehlombe langesinceleni. Tjhugulula uthwale ngelinye ihlombe.
- Linga ukwemba imirabhu njengomma wamaSani lokha umngani wakho nakakwalelako.
- Yenza kwangathi umumuthi, phakamisela umkhono wakho ngehla kwehloko, ifeyisi yakhe iphezu kwesiqu somuthi. Umngani wakho adose ubukghomu esiqwini somuthi wena lokha nawalako.
- Khwelela ibhayisigili: abalingani balala phasi baqale phezulu bese kuthi iinyawo zabozithomane, bagobe amadolo bese iinyawo zithintane. Bese bayathoma bareye ibhayisigili imilenze idlhegane ngokuya phambili nemuva





43 Okhunye godu ngokuthi izinto bezenziwa njani ekadeni

Timveke 7



Asifunde

Ithemu 3

Leli bekulilanga lesithathu uNomzana
uMaart avakatjhele esikolweni. Uzokutjela
abafundi okhunye okunengi.

Ulbusebenzelo beplasini bebunendawo
lapha abasebenzi batjhiselela khona
bebenze iinsetjenjiswa neenkhali. Sabe
senza amanyathelo weempera enziwe
ngeensimbi kanye namavilo weenkarana.

Kwathi lokha nangineminyaka pheze eli-
IO, sasahlelwa sisomiso esikhulu. Sabe
singanakho ukudla okwaneleko. Sabe
sithaba lokha izulu nalibuya lithome ukuna.



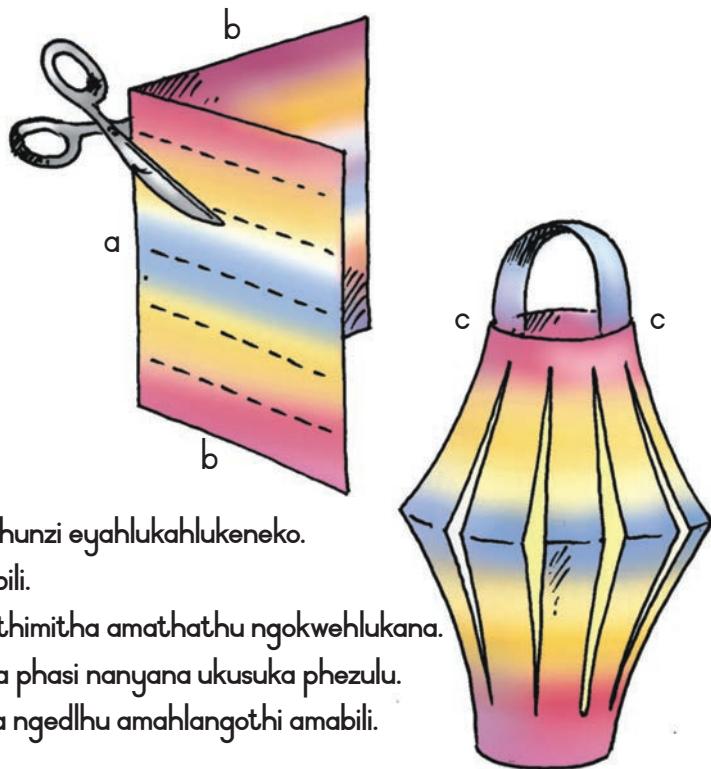
Asenzeni lokhu

Yenza ilantere
lakade.

Uzokutlhoga:

- Itjhidi lephepha elimhlopho elisikwero
- Amakhrayoni wamanzi
- Ikwasa/Ibhratjhi yokupenda
- Irula, ipensela, isikere
- Idlu/Isinamathelisi

1. Kghabiso iphepha lakho ngemibala yemithunzi eyahlukahlukeneko.
2. Bhinca iphepha lakho libe ziinquntu ezimbili.
3. Gwala umuda ephepheni pheze kumasenthimitha amathathu ngokwehlukana.
4. Sika emideni leyo, kodwana ingasi ukusuka phasi nanyana ukusuka phezulu.
5. Bhinca iphepha ulivule bese unamathisela ngedlu amahlangothi amabili.
6. Ungahle ufake nesibambo ngaphezulu.

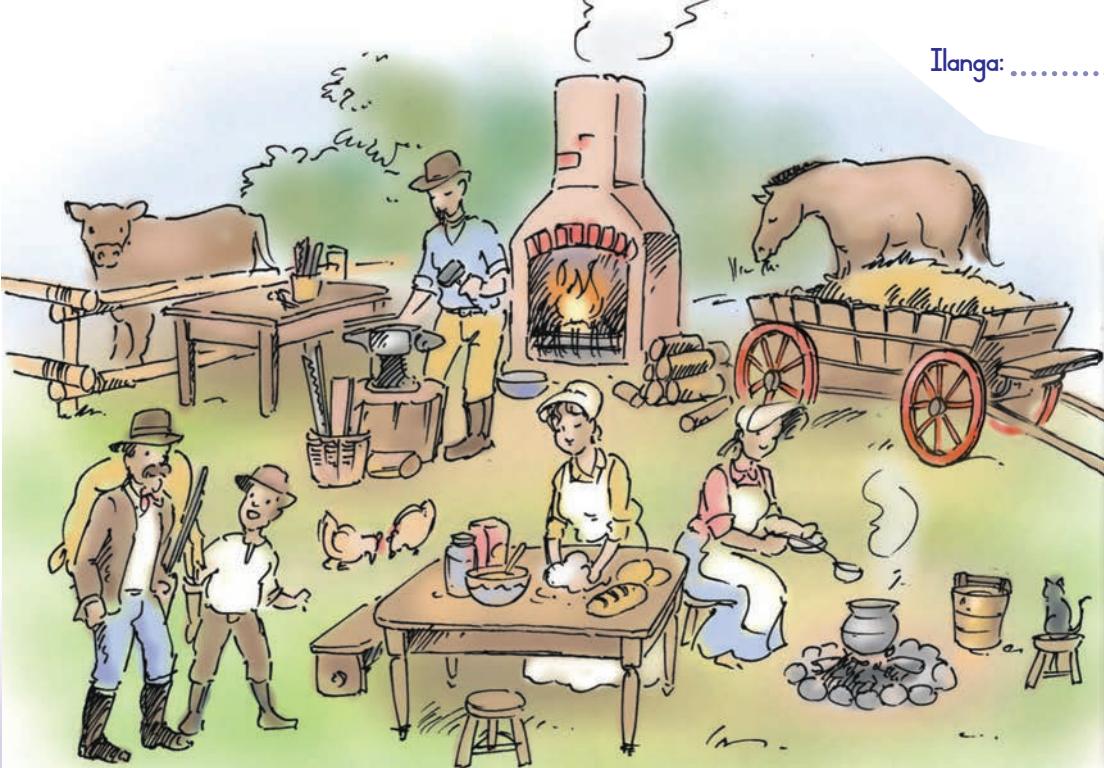


Ilanga:



Asikhulume

Qala isithombe ngepilo yemaplasini pheze eminyakeni engaba minyaka ema-200 eyadlulako. Cocsana nomngani wakho ngalokho okwabe kukarisa. Qala isibonelo sezambatho, iisetjenziswa kanye nemihlobo eyahlukeneko yeenthuthi. Ngemva kwalapho tjalani utitjhore nabanye abafundi ngalokho ebenicoca ngakho.



Asitlole

Madanisa umsuka wokukhanya nesithombe esinembako. Begodu tlola nebizo lomunye nomunye umsuka wokukhanya nesithombe. Khetha emagameni onikelwe wona:

1 itotjhi



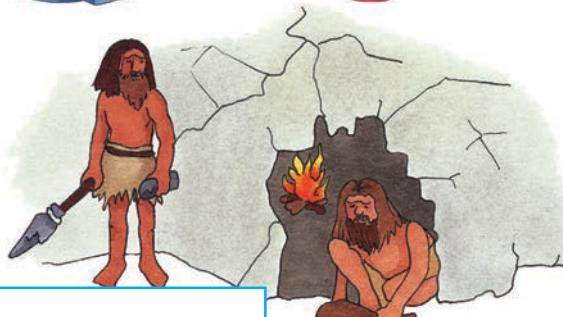
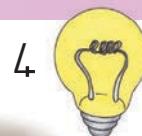
2 iglhowubhu



3 ikhandlela



4 ilampa eliphezulu



Teacher:
Sign:
Date:

Ukubhadelela izinto



Asitlole

abantu bekadeni bebazibhadelela njani izinto ebebazifuna?

Sebenzisa elinye lamagama alandelako ukuqedelela indatjana yemali elandelako. Unikelwe amaledere wokuthoma wamagama ukuze akusize.

ukubhadela

igwayi

ukudla

isiliva

umncamo

iinhlavu zemali

igolide

ukuthengiselana

iinkhumba zeenlwana

Timveke 7

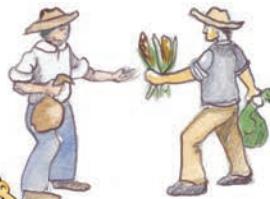
Ithemu-3

Kade khulu abantu bebangasebenzisi _____ kanye
nemali emaphepha uku _____ izinto ebazithengako.

imali eliphepha

Emihleni leyo bekusetjenziswa _____ njengendlela yokutjhentjhisana
ngezinto. Nangabe abantu bebane _____ elinengi kodwana banganakho
ukudla abazo _____, bekumele bafunyane omunye umuntu ozotjhentjhisana
nabo yena athathe igwayi bese abanikele ukudla. Izinto ezifana _____,
itswayi, _____, iinkomo nazo _____ ngazo. Ngokukhamba
kwesikhathi, abantu bathoma ukubhadela ngesiqetjhana se _____ kanye
_____ ukubhadela izinto ezithengiweko.

Ngokukhamba kwesikhathi abantu base basebenzisa iinqetjhana zesimbi ukwenza
iinhlavu _____. Namhlanje sisebenzisa _____ kanye
nee _____ nanyana nawuthenga izinto ubhadela ngekarada lesikolodo.



Asenzeni lokhu

- Bekani amawulawubhu phasi nanyana nigwale iiyingi esanden.
- Utijhere uzakuthi lokha nakanitjela kobana neqe, neqele ngesiyingini ngeonyawo zombili.
- Utijhere nakathi yeqani, yeqelani ngesiyingini ngenyawo elilodwa.
- Dlalani umdlalo wokweqa ngenyawo elilodwa benibuye neqe ngeonyawo ezimbili.
- Sebenzisa isiqetjhana setjhogo ukugwala iikwere neendulunga ehlabathini.





Asifunde

Le yindlela uNomzana Maart aqedelela indatjana yakhe lokha nakavakatjhele abafundi kokugcina.

"Kwanje njengombana sengithethe ipentjheni begodu ngihlala endaweni enepilo ethulileko, edorobheni yeGraaff-Reinet. Ngihlala ngicabanga ngepilo ebudisi kodwana ebimnandi. Sengikhohliwe ngeenkhathi ezibudisi. 'Izinto ezinengi sele zitjhugulukile – kunegezi yakwa-Eskom, omunye nomunye unofunjathwako, indlu yakade yeplasini sele yakhiwe kabutjha begodu seyifana njengezindlu ezakhwiwa emadorobheni."

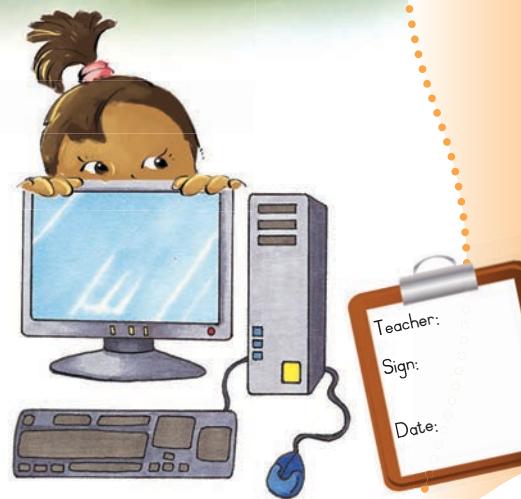
Kodwana ezinye izinto zisafana nekadeni. Izimvu zibonakala bezizwakala zisafana nekadeni begodu qobe ngantambama, umsebenzi usaphuma aphethe ibisi elihlaza elibuya endaweni yokusengela liya ngekhwitjhini. Abojakalasi kanye neempisi zisazibamba izimvu."



Asikhulume

Noke bafundi khulumani
ngezinto ezitjhugulukileko soloko
nabelethwako.

Kwanje khulumani ngezinto
enicabanga kobana zihlala zinjalo
iminyaka eminengi.



45 Umkayi – Iphasi kusuka emkayini

Ithemu 3 – Iimveke 8



Asifunde

Iphasi yibholo ekulu nanyana isifyere esiphila kiso.

Enye nenyе into esizombieko siyibiza ngesikhala nanyana ngephasi nezulu. Ukusukela kwaphela eminyakeni ema-50 sesikwazi ukuqala nokubona iphasi kusuka esikhali.

Ungakwazi ukubona iphasi, ilwandle kanye namafu.

Cocisana nomngani wakho ngokuthi ngiyiphi ingcenyе yesithombe ekuliphasi, ngiyiphi elilwandle begodu ngiyiphi emamafu. Emebheni ongehla, gadangisa/threyisa imiqoqо yeengcenyе ongazibona eglhwowubhini yephasi. Sebenzisa amakhrayoni anemibala eyahlukeneneko engcenyeni ezahlukeneneko. Tlola phasi amabizo weengcenyе ezahlukeneneko:



Ukubonakala okuhle kwephasi, ikhaya lethu phezulu kude le emkayini.



Asenzeni lokhu

Emebheni, threyisa umqoqо weengcenyе zephasi begodu ongazibona esithombeni.

Sebenzisa amakhrayoni anemibala eyahlukahlukeneko eendaweni ezahlakukene.

Tlola phasi amabizo weengcenyе zephasi lawo.



Asifunde

Iphasi linelarha ematsikani yommoya elizombieko. Ummoya loyo ubizwa nge-atmosfiyera. Uyalibona iphasi esithombeni?

Amaplanedi kanye nalo loke irhelo eliphathelene nelanga



Asifunde

I-atmosfere yaphasi iya phezulu ubude obungaba li-I20 km. Ngaphezu kwebanga eli-I20 km, uba semkayini ongaphandle. Ngaleso isikhathi sele ukulindele ukuhlangana nabomakhelani bePhasi.



Asikhulume

Emkayini ongaphandle ayikho imini – busuku kwaphela. Kungani? Coca nomngani wakho ngokuthi khuyini lokho.

Abomakhelani abaseduze nathi khulu boke baku Solar System, okulihlelo elimayelana nelanga.

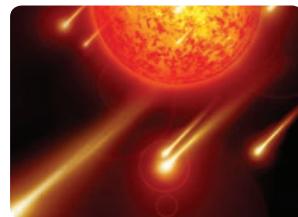
Amamithiyosi: La mamaqa wamatje. Athi lokha nakabetha i-atimofyere yethu atjhise khulu. Amamithiyosi la akha umtletle omkhanyo ofifiyelako ebusuku phezulu esibhakabhakeni. Lokho kwaziwa njengeenkwezi ezaziwa "ngabomathukudla". Nangabe zibetha phezu kwephasi, sizibiza "ngamamithiyosi".

Inyanga: Lidwala lebholo emakhaza begodu efileko nethuli elijikajika lizomba iphasi. Inyanga yincani ngamahlandla abuyeletwe kane kunephasi.

Ilanga: Yirhasi yebholo etjhisa khulu. Kude ngaphakathi kwelanga kutjhisa kwamambala bekwenze irhasi incibili. Ukuncibilika nanyana ikambiso yokuhlangana isipha ukukhanya, umtjhiso namandla ephasini. Ilanga yikwekwezi begodu isendaweni ephakathi yerhelo lelanga.

Amaplanedi: Ziimbholo ezikulu zamadwala, zommongo wamamolteno – njengephasi – nanyana yirhasi kwaphela ejikajika izomba ilanga. Iphasi lona linamaplanedi abu-8.

Amakhomethi: ziingaqa ze-ayisi kanye nerhasi ekhamba phakathi nesibhakabhaka nerhelo eliphathelene nelanga ngerhelo lelanga. Ngesikhathi esifanako eza eduze kwelanga.



Amamithiyosi

Inyanga

Ilanga

Amaplanedi

Amakhomethi



linkwekwezi

Ithemu 8

- 3 -



Asitlole

Iphasi lethu linabomakhelani abakarisa khulu ehlelwani elimayelana nelanga, iSolar System. Ngimuphi umakhelani okarisa khulu? Tlola lokho okukhethileko ngenzasi. Tlola iinzathu ezimbili zalokho okukhethileko.

Ngikhetha:

Iinzathu zami ezimbili:



Asifunde

Lokha nasidlula amaplanedi amafitjhani siyalitjhiya ihlelo elimayelana nelanga, iSolar System. Kwanje sisesikhaleni esingeneleleko sangaphandle:

Inkwekwezi: Ziimbholo ezitjhisa khulu zerhasi, ziya fana nelanga kodwana zona zikude khulu nathi. Zinengi khulu, kunamabhiliyoni weekwekwezi – angekhe sakwazi ukuzibala siziqede. Inkwekwezi ziye hluka ngobukhulu – iLanga lona linobukhulu bekwekwezi obulingeneko.

Iphasi loke kanye nezulu kwamambala liyindawo ehle nemangaza khulu begodu kuncani khulu esikwaziko ngalo. Mhlawumbe into ehle khulu ephasini elihle nelimangaza kwamambala, yiPilo. Ngikho ekumele sibenegugu ngepilo besiyihloniphe.



Asenzeni lokhu

- Lalela ingoma ye Sewula Afrika utitjhhere wakho azoyidlla.
- Wena nesiqhema sakho sebenzani ngalokho enizokwethula ngengoma leyo.
- Ngeenqhema zenu, sebenzani benitlole ingoma enizokurepha ngayo yomvumi othileko odumileko bese niyilingise ngaphambi kwabanye abafundi ngetlasini Asidlaleni
- Utitjhhere uzokuhlukanisa itlasi lenu ngeenqhema ezimbili. Dlalani umdlalo webholo erarhwako edlalelwa ngendlini.

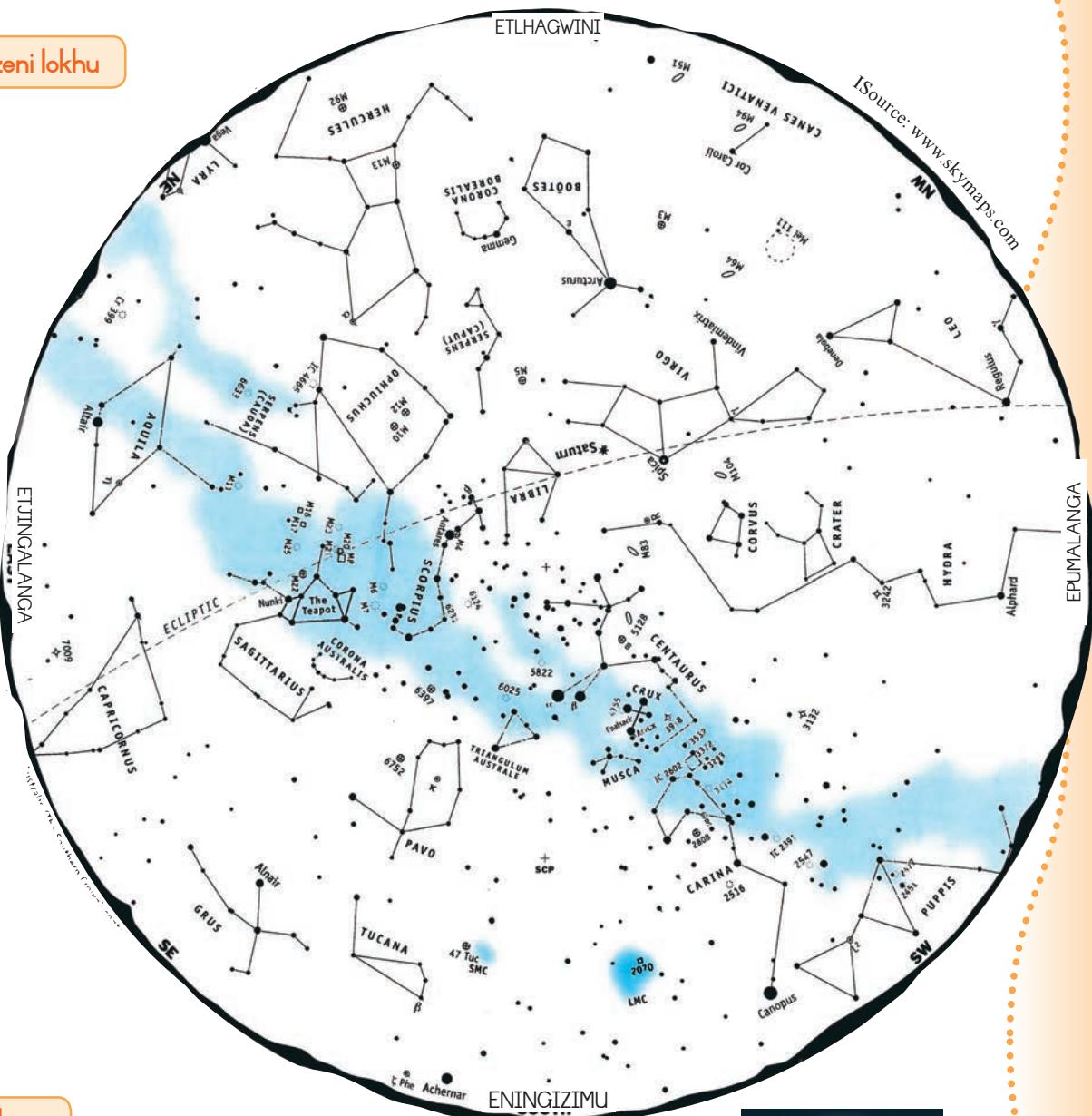


Amatheleskowuphu



Asenzeni lokhu

Sebenzisa umebhe
weenkwekwezi
olandelako
netotjhi
emnyameni bese
ulinga ukuthola
ibuthelelo
leenkwekwezi.
Tshwaya zoke
iinkwekwezi
ongazibona
emebheni
weenkwekwezi lo
ngetshwayo (✓).



Asikhulumo

ISewula Afrika yakha itheleskowuphu yayo ekulu eduze kweSutherland. Kwanje sesinamatheleskowuphu akude le emkayini akghona ukusilethela iinthombe ezibuya kude le esikwazi ukuzibona silapha ephasini. Isibonelo yiHubble Telescope, esithumela iinthombe ezihle ezibuya emkayini. Abantu abafunda ngomkayi babizwa ngama-astronomia. Basebenzisa amatheleskowuphu ukufunda iinkwekwezi. Eminyakeni ezako, itheleskowuphu ekulukazi yeradiyo izokube sele yakhiwe eduze kweCarnarvon, eThlagwini Kapa.



Inyezi ibonakala
ngetheleskowuphu

Teacher:
Sign:
Date:



47

Ukukhamba emkayini

Ithemu 3 – Timveke 9

Asifunde

abantu abalandelako ngibo iinkutani zalabo abakhamba emkayini.



UYuri Gagarin waba mumuntu wokuthoma ukuzomba iphasi ngesiphaphamtjhini semkayini (mhla ali-l2 ku-Apreli 1961).



UNeil Armstrong waba mumuntu wokuthoma ukujama enyangeni (mhla ama-20 kuJulayi 1969).



UMark Shuttleworth wabamSewula Afrika wokuthoma ukuzomba iphasi (ngo-Apreli 2002).



UChrista McAuliffe waba ngutitjhere wokuthoma ukuba ngusolwazi ngeenkwekwezi, kodwana wabhubha ngengozi lokha isithuthi sakhe semkayini, iChallenger, nasithuthumbako (mhla ama-28 kuJanabari 1986).

Uthi bewazi? UMandla Maseko ohlala eSoshanguve, esifundeni seGauteng, uzokuba mumuntu wokuthoma onzima eSewula Afrika ukuya emkayini ngeLynx Mark II Shuttle ngomnyaka we-2015.



Asikhulume

Cocisana nomngani wakho kobana wena ufisa ukuyokuvakatjhela yiphi iplanedi.

Uzokufika njani eplanedini leyo?

Ingabe ngikuphi ozokuthatha ukhambe nakho?

Ungathanda ukuhlala lapho isikhathi esingangani?



Amasathalayidi



Asifunde

Isathalayidi yinto ekhamba mazombe kenyé into. Inyanga yisathalayidi yemvelo yephasi. Ngemva kwesathalayidi yokuthoma yokuzenzela eyahlonywa ngomnyaka we-1957, abososayensi base babeka amasathalayidi amakhulu azomba iphasi. Itheleskowuphu iHubble ngenye yamasathalayidi lawo. IYunivesithi yeStellenbosch yatlama isathalayidi yokuthoma yeSewula Afrika ngoFebherbari ngomnyaka we-1999. Kunamanye amasathalayidi amihlobo eyahlukene. Afaka hlangana amasathalayidi abuthelela ilwazi ngomkayi, amasathalayidi wobujamo bezulu kanye namasathalayidi ekuthintanwa ngawo – cabanga ngamaditjhi wamasathalayidi asemakhaya wethu. Enza kubelula kobanaabantu babone i-DSTV! Isathalayidi ekulu yi "International Space Station", lapha umsebenzi wokulingwa kanye nokutjhejwa kwenziwa khona.



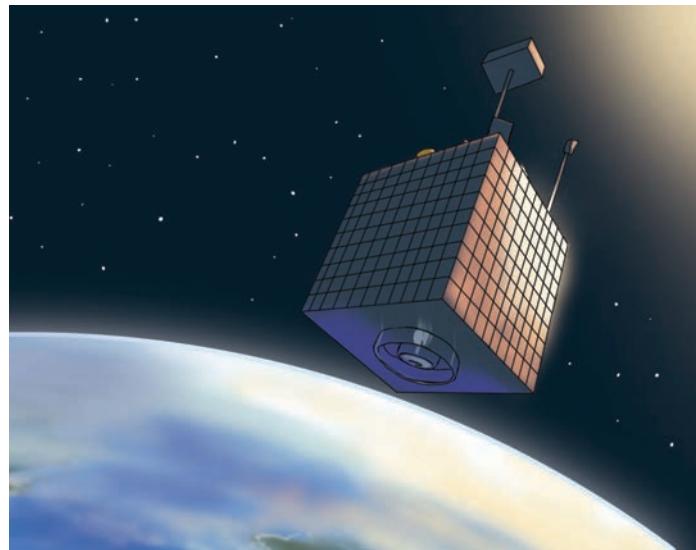
Asikhulume

Coca nomngani wakho ngemibuzo le. Ngemva kwalapho ungacocela itlasi ngalokho okucabangako.

- Inkoloyi ezinengi zine-*satellite tracker*, okuyindlela umtlhala wekoloyi leyo otholakala ngayo lokha nayilahlekileko ukukhandela kobana amasela angayebi. Irherho lelo lisebenza njani?
- AmaSathalayidi asetjenziselwa ukusiza abalimi/abosomaplasti. Ucabanga kobana ihlelo lelo liyasebenza?
- Ungakhe ucabange ngokusetjenziswa okutjha kwamasathalayidi?



Asikhambakhambe
Utijhere wakho uzokufundisa ukudlala ivolibholo kune nomdlalo wakakatsu nekhondlo.



48 Amalanga akhethekileko

Timveke 10



Asifunde

Tshwaya amalanga la phezu kwekhala. Funyana kobana kuzokwenzeka nini emnyakeni lo bese uqedela ngamalanga eenkhaleni ezingenzasi.

Amanowuthi wakatijhere:

Inkolo ezilandelako kanye namalanga akhethekileko azokufundwa ngethemu yesithathu. Kumele usebenzise ama-iri amathathu kuthemu yesithathu ufundise ngamalanga agidingwako, akhunjulwako neenkolo esizinikela kiwo. Ekumele nikwenze ninoke getlasini kuzokuya ngokuthi bangaki abafundi abalandela ikolo leyo begodu kuye nangomgommo wesikolo leso. Amaholideyi amabili womphakathi kumele ahlonijjhwe maSewula Afrika woke.

Itthemu-3 –

Mhla ama-21 kuJulayi (kuye

ngokuthi inyanga etja iyabonakala): Ekuthomeni kwenyanga yeRamaddaan – ilanga lekolo yama-Islamu. IRamadaan sikhathi sokuzila ukudla, imithandazo ekhethekileko kanye nokufundwa kweQu'aan, ukugidinga ukuphela kokuzila ukudla, ukuphana, ukuhlanzwa ngokokomoya, ukukhanyiselwa kanye nesikhumbuzo sesambulo seQur'an kumPhorofidi uMohammad. Ilanga:

KuJulayi noArhosi: YiTisha B'av – Amalanga wekolo yamaJuda. AmaJuda azila ukudla ukulilela ukugirizwa kwamaThempeli wokuThoma newesiBili weJerusalema begodu nokukhumbula ezinye iingozi zamaJuda ezenzeka ngelanga lelo, khulukhulu ukuqotjhwa kwamaJuda eSpain ngomnyaka we-1942. Ilanga lelo laziwa ngokuthi "ilanga elidanisa khulu emlandweni wamaJuda". Ilanga:

KuJulayi no-Arhosi: YiRaksh Bandhan – Ifestivali yamaHindu.

AmaHindu agidinga ubudlelwano hlangana kwabafowabo (amasokana) kanye nabodadwabo (nabentazana). Udale uzokubophelela irakhi (intabo ecwengileko) edinini lomfowabo (lesokana) njengetshwayo lokumthanda nokumthandazela umfowabo loyo, begodu nomfowabo loyo uzokuthembisa ukumphephisa ipilo yakhe yoke. Ilanga:



Mhla ali-9 ku-Arhostesi: liLanga leLizwelo ke laboMma. yiHolideyi yomPhakathi. Mhla ali-9 ku-Arhostesi ngomnyaka we-1956, abomma abama-Afrika abazi-20 000 barhwanta baye e-Union Building, ePitori baphethe "iimpasa". Indima eyadlalwa bomma laba iyagidinwa eSewula Afrika. Ilanga:



KuArhosi noSeptemba: yiKrishna Janmashtami – Ifestivali yekolo yamaHindu. Ukubelethwa kwakaKrishna Janmashtami kugidingwa ngokuzila ukudla. UKrishna sithombe esiqakatheke khulu kumaHindu – ubonakala njengobukhona bakazimu uVishnu ephasini. AmaHindu begodu akholelwaa kobana uKrishna mtloli weBhagavad Gita, umtlolo oqakathekileko kumaHindu. Ngelanga



leli abentwana kanengi bafanekisa ngeenqephu epilweni
yakaKrishna. Ilanga:

Mhla ali-19 ku-Arhostesi (kuye ngokuthi inyanga etja iyabonakala na): u-Eid-ul-Fitr – Lilanga lefestivali yama-Islamu. Umnyanya lo uyathokozelwa begodu ugidingwa ngendlela encamileko yokuphela kwenyanga yeRamadaan, okusikhathi sokuzila ukudla. UZimu uyadunyiswa, abadududu bayatlhogonyelwa abangani kanye neminden iyangatjhelwa.

Ilanga:

Mhla li-1-7 kuSeptemba: YiVeke yeLizweloke yokuTjalwa kwemithi.

Ukuqakatheka kwemithi kuyagandelelwa. Ilanga:



Mhla abu-8 kuSeptemba: LiLanga leeNtjhabatjhaba lokwAzi ukuFundu nokuTlola. Ilanga leli ligandelela ukuqakatheka kokwazi ukufunda ngamunye, kwezakhamizi kanye nemiphakathi. Ilanga:

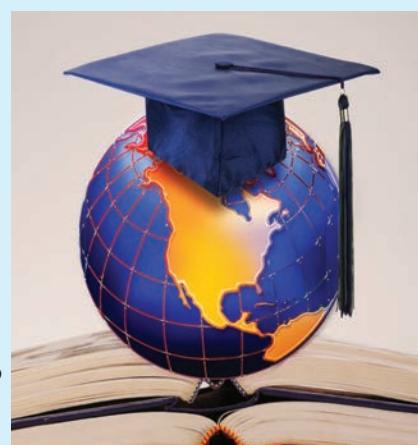
KuSeptemba: yiRosh Hashanah – Malanga wekolo yamaJuda. URosh Hashanah lilanga lomnyaka omutjha kumaJuda. Lilanga lokuzwakalisa itjhofa begodu nokudla ukudla okulitshwayo okufana nama-apula afakwe ngaphakathi kweliju ukukhumbula labo abazibandakanyileko ngethemba lepilo emnandi ngomnyaka omutjha.



Mhla ama-24 kuSeptemba: iLanga lamaGugu. YiHolideyi yomPhakathi. Woke amaSewula Afrika angagidinga amasiko wawo kanye namasiko wabanye ngokwehlukahlukana kwabantu.



KuSeptemba no-Oktoba: yiYom Kippur – amalanga wekolo yamaJuda. Lawa malanga angcwele khulu kumaJuda begodu eza ngemva kwamalanga ali-10 weRosh Hashanah. Begodu aziwa ngelokuthi "lilanga lokuhlawulela". Amakkholwa kulindeleke kobana asebenzise 'amalanga aziwa ngeleDays of Awe' ukucabanga ngezono zawo nokuphendula. Ngelanga leYom Kippur, uZimu ulibalela zoke izono, abantu bazila ukudla begodu babuyisana noZimu.



Mhla ama-30 kuSeptemba: yiPitr Paksha – Ifestivali yekolo yamaHindu. AmaHindu athandaza abezimu bawo abaziwa ngama-“pitrs”, khulukhulu ngeminikelo yokudla.





49 lintjalo – Esikuthola kizo

Timveke I



Asifunde

Iphasi linezinto eziphilako ezinengi. Kuneenlwana, abantu, izimvu kanye namagwababa, iintjalo ezifana nesiphila kanye nemithi yemidubi, kanye nokukghora, okufana namakaka wesirhwarrha.



Iintjalo kanengi amataka,
amakari, iziqu kanye nemirabhu.
Ziba namathuthumbo, iinthelo
kanye nembewu. Ezinengi
zinamakari anombala ohlaza.



Asikhulume

Ukulla esikudlako kubuya kuphi?

Qala iinthombe bese ucoca nomngani wakho ngazo.
Ekhasinii elilandelako, kunerhelo lokudla. Okubili kwakho akubuyi
ezintweni eziseenthombeni. Ngikuphi ukulla lokho?

Senifundile ngokuthi ukudla
kwethu kubuya kuphi?
Akhe uqale kobana ngikuphi
okukhumbulako.





Asifunde

Ilanga:

Iintjalo zisipha imihlobo eminengi yokudla. Yoke imirorho, iinthelo, amantongomani kubuya eentjalweni. Iintjalo zisenza sihlale siphilile begodu zinamavithamini, amaminerali, amaphrotheyini, amakhabhohayidredi, i-oli kanye nefayibhra. Nawo amatjhokoledi abuya emantongomanini.



Asitlole

Tlola incwadi iye emuntwini ekunguye kanengi okwenzela ukudla. Sebenzisa amagama aserhelweni elingenzasi encwadini yakho. Sebenzisa ifreyimu elandelako:

ipuphu umratha ithanga izambana ikherothi iphinabhatha uburotho
ikhekhe ilethisi isaladi iperegisi ama-apula ikhabe



Othandekako _____

Ngiyathokoza _____

Ngithanda ukudla _____

Angikuthandi _____ ngombana

Ingabe uzongenzela _____.

Ukudla okubuya eentjalweni kuhle ngombana _____.



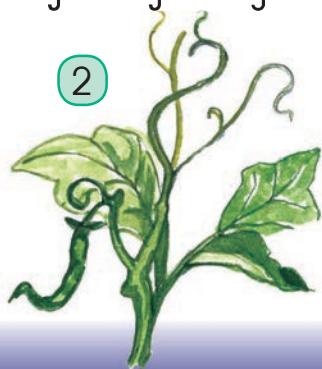
Asikhulume

Qalisisa iinthombe ezilandelako bese ucocisana ngazo nomngani wakho mayela namajamo iintjalo ezingaba nawo.

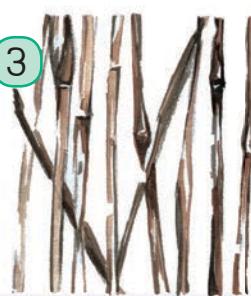
1



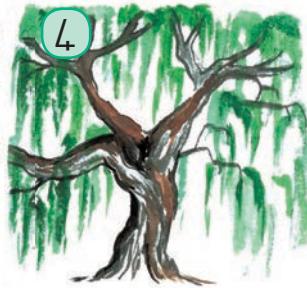
2



3



4



lintjalo - Umoba ukuya etjhukeleni

Timveke I



Asifunde

Itjhukela ngokhunye kokudla esikutlhogako ukuze sihlale siphila. Kunemihlobo eyahlukeneko yetjhukela. Sithola itjhukela eenthelweni. Ibisi nalo linetjhukela. Isithombe esisendlalelo lapha ngenzasi sitjengisa isimu yomoba ekulu KwaZulu Natal.



Asifunde

Umoba uqakatheke khulu.

Umoba sitjalo eside esifana nefe. Ukhula endaweni emahlathi. Umoba udinga umkhanyo omnengi kanye nezulu elinengi. E Sewula Afrika, isifunda sa KwaZulu-Natal ngiso esifanele ukutjalwa komoba.

Asenzeni lokhu

1. Qalani iinliliswa zomvumo utitjhere wenu azonitjengisa zona.

2. Lalelisani imihlobohlobo yomvumo ehlukeneko utitjhere wenu azonidlalela wona.

Cocani ngalokhu:

- Igido lengoma
- Ingabe ingoma ibetha kabuthaka nanyana irhbabile?
- Ingoma ililela phezulu nanyana phasi?
- Ingoma/Umvumo ukwenza uziwe njani
- Ngiziphi iinliliswa ongazibala ezidlala engomeni Asikhambakhambé

Qedelela umdlalo onesiqabo utitjhere wenu awakhileko. Utitjhere wakho uzonikutjengisa kobana nigijima njani ephaliswaneni lemilenze emithathu.



Ilanga:

Qala isithombe esilandelako somoba. Yelela iingaba ezilandelako zesitjalo:

Isiqu eside esisagolide; Amakari amade amatsikani;
Isiqu sinamalungu; imirabhu esiqubuthu phasi ehlabathini

Umoba ukhula eenyangeni ezili-14 ukuya kezima-24 ngaphambi kobana ukulungele ukuvunwa. Isiqu sinetjhukela – isiraphu ezotho enamathelako – engafaniko netjhukela esiyisebenzisa emakhaya!



Asitlole

Nombora iiinthombe ngokulandelana kwazo ukutjengisa kobana itjhukela ikhiqizwa njani.



Iintregere ziyatjala.

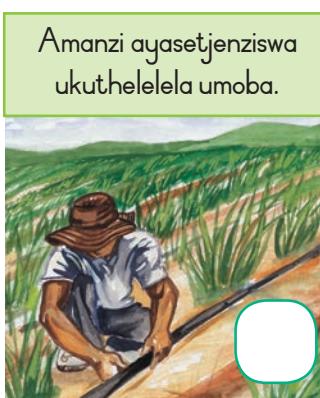


Esigayweni umoba uyagandelelw bese kukghanywa isiraphu ezotho kiwo.

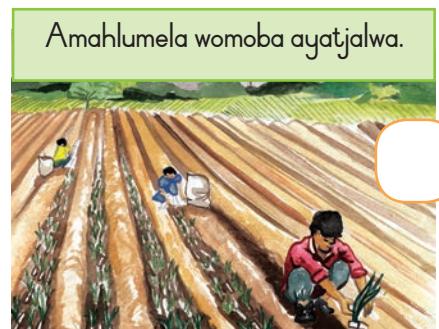
Itjhukela iyahlwengiswa bese ilungela ukuthengiswa.



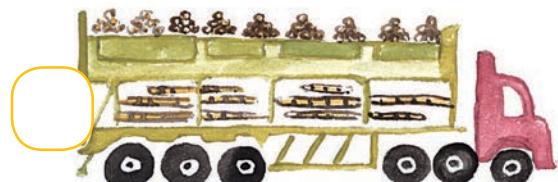
Umoba uyavunwa bese ubotjhwa iinyanda.



Amanzi ayasetjenziswa ukuthelela umoba.



Amahlumela womoba ayatjalwa.



Umoba usiwa esigayweni.



Umoba uyafika esigayweni.



Iphasi – Ukusuka ehlabathini ukuya esitineni



Asifunde

Kuthemu ephelileko nifunde ngephasi.

Liplanedi esihlala kilo. Iphasi lisipha okunengi kwalokho esikutlhogako ukuze siphile.

Iphasi lizonjwe lilarha elimatsikani lommoya.

Ilarha leyo inomoya ohlanzekileko, i-oksijini, esiyitlhogako ukuze siphile.

Ilarha ematsikani yephasi ngileyo esihlala kiyu begodu siyibiza "ngelekhasti", inehlabathi ngaphezulu, esingayisebenzisa ukutjala ukudla kwethu. Ilarha yokuthoma yephasi begodu inamadwala aqinileko afana neentaba. Elarheni le sifunyana amaminerali afana negolide, idayimani, ipetroliyamu namalahle.

Begodu elarheni ematsikani yamatje le sifunyana amalwandlekazi. Emalwandlekazini sifunyana ukudla okufana nehlambi. Ilwandle nalo liqakathekile ngombana imikhumbi eminengi isebeenzisa lona ukuthutha ipahla kanye nabakhweli.



Asenzeni lokhu



Sebenzisa ilwazi elingebla ukugwala isithombe sephasi. Sebenzisa izinto zokutlola ezahlukeneko ngendlela ongakghona ngayo. Ipensela, amakhrayoni, amakhrayoni wamafutha, i-enge nepende. Sebenzisa izinto zokutlola ongakhange uzisebenzise ngaphambilini. nanyana izinto ezingabonakala zizitja kuwe.



Ilanga:



Asikhulume

Senifundile kobana ukudla kubuya kuphi. Wena nomngani wakho tshwayani (✓) kobana ngikuphi ukudla okuphuma poro ehlabathini:

apples	
bacon	
cheese	
oranges	
eggs	
gem squash	
amasi	
spinach	
chops	
peaches	
peas	



Gwala umuda osuka egameni ngalinye uye esithombeni. Irhelo lakho litjho ini kuwe?



Asitlole

Tlola isigatjana usithumele ephasini ulithokoze ngalokho elisipha khona.
Ngezelela ngomutjho owodwa wethembise ukulitlhogomela iphasi.

Phasi elithandekako

Ngiyakuthokoza _____

Ngiyethembisa _____

Asikhambakhambé

- Vuthela amagwebu ngethungeni elinamanzi.
- Faka ubuso bakho ngethungeni elinamanzi imizuzwana emithathu ubambe ummoya, hlala uvule amehlo neempumulo.

Lingisa kwangathi uydada

- Lala ngomhlana urarhararhe iinyawo.
- Lala ngamathumbu urarhararhe iinyawo.
- Jama ngeenyawo uphaye izandla njengalokha ubuyela emuva.
- Kwanje phaya izandla zakho ziye phambili njengalokha nawududa uyaphambili.





52 Iphasi – Ukusuka ehlabathini ukuya esitineni

Ithemu-L – Imveke 2



Asifunde

Iphasi linemihlobo eyahlukeneko
yehlabathi. Umdaka ngomunye umhlobo
wehlabathi. Eminyakeni eminengi
edlulileko abantu bebasebenzisa umdaka
ukwenza iintina abakha ngazo izindlu.



Asenzeni lokhu

Gwala izinto
ezimbili esingazakha
ngeentina bese
unikela umgwalo
ngamunye isihloko.



Asitlole

Phendula imibuzo elandelako.

Kungani iintina zingafani ngemibala?

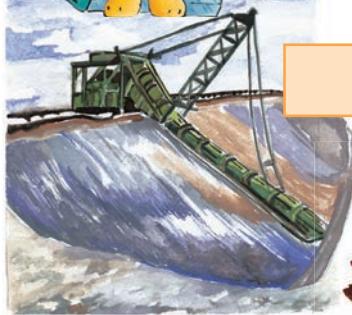
Ingabe iintina zenziwa kwaphela ngehlabathi?



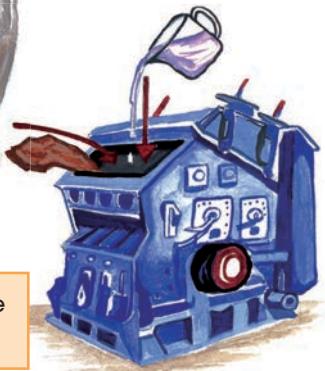


Asitlole

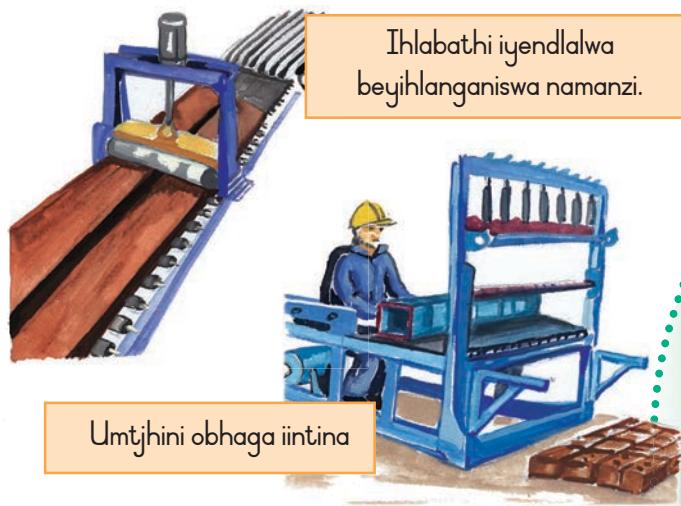
Nombora iinthombe ezilandelako ngokulamana kwazo utjengise kobana sizenza njani iintina.



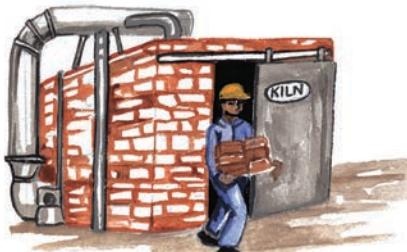
Kwenjiwa idaka.



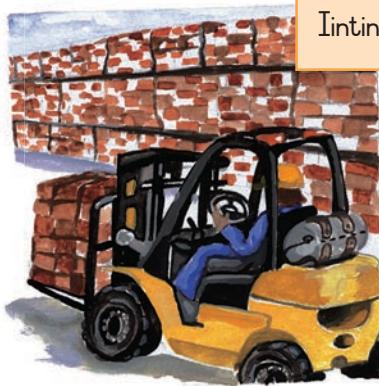
Umtjhini usika idaka libe mitletlana.



Ihlabathi iyendlalwa beyihlanganiswa namanzi.



Iintina ziyomiswa, iintina ezomileko ziyapakwa.



Iintina ziphuma emtjhini, ziyapakwa



Iintina zibekwa phezu kwezinye ngamabuthelelo sezilungele ukuthengiswa.

Nombora imitjho engenzasi ukuze ilamane kuhle ukutjengisa kobana sizenza njani iintina.

	Kuthi lokha iintina nazikhutjhwa nge-ondweni yokomisa iintina bese ziyakhethwa zibekwe kuhle.
	Ihlabathi isefiwa kuhle bese idutjwa ngamanzi.
	Kusetjenziswa umtjhini ukusika iintribhu zibe mabhlogo.
	Ihlabathi iyenjiwa kusetjenziswa imitjhini emikhulu.
	Iintina zibekwa phezu kwezinye ngamabuthelelo sezilungele ukuthengiswa.
	Iinqetjhana zomdaka ziyabhagwa ngaphakathi kwe-ondo.
	Ihlabathi edutjiweko isikwa ngomtjhini.
	Amabhlogo womdaka ayomiswa.



53 Ihlekelele nalokho esifanele ukukwenza - iinkhukhula

Limveke 3



Asifunde

Ihlekelele

Ihlekelele yinto eyenzeka kungakalindeleki begodu engaba nomphumela omumbi khulu ebantwini naphezu kwemvelo. Ihlekelele ingabanga ukufa kwabantu abanengi bekubange nomonakalo.



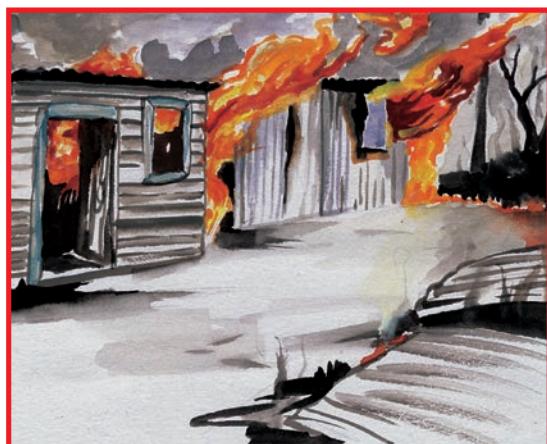
Inhlekelele ezinengi zibangwa yimvelo njengommoya kanye nezulu. Ngokwesibonelo, iinkhukhula ngemva kokuna kwezulu elikhulu. Abantu nabo bangayibanga ihlekelele. Ngokwesibonelo, ukutjhiya ikerese ikhanya ubusuku boke kungabanga ukutjha komlilo.



Asikhulume

Qala iinthombe ezilandelako bese ucocisana nomngani wakho ngazo.

Cocani ngalokho enikubonako esithombeni ngasinye. Yitjhoni kobana isithombe ngasinye siveza muphi umhlobo wehlekelele.



Tlola phasi lokho okucabangako.

Utitjhere wakho uzokutlola irhelo leempendulo zomunye nomunye umfundu ebhodini.



Ngezelela ngeempendulo ezingafaniko nezakho.



Asifunde

Funda i-athikili yephephandaba elilandelako ngehlekelele yeenkhukhula. Kokuthoma funda ngokwakho. Landelanisa ngokuhlala nomngani wakho bese nifundela phezulu. Gilheganani. Funda isigaba bese umngani wakho afunde esilandelako.

Iinkhukhula zibanga ihlekelele

Schmidtsburg

ngoMgqibelo

14 kuJanabari 2011

Edorobheni leTlhagwini Kapa kubhubhe abantu abali-12 bekwathi abamatjhumi amane nahlanu baphephiswa sele bakhwele phezu kwemithi nemifulelo yezindlu.

Umonakalo wenzeke ngemva kokuna kwezulu elikhulu ngeLesihlanu. Izulu line khulu kwamambala ladlula ngendlela abantu bebalilindle ngakho.

Kube ziiwuruwuru ezimbi khulu edorobheni leli soloko kwangomnyaka we-1985. Abantu ababili babhubhile lokha nabe balinga ukweqa ibhlorho edorobheni ngeekoloyi. Iinkoloyi zabo zirhurhulwe mamanzi.

Iinsebenzi zamapholisa zobujamo oburhabekileko, beencima-mlilo namasotja ahlenga abantu. Amapholisa asaqalisisa nangabe boke abongazimbi batholakele. Abantu abanengi edorobheni balahlekelwe ngikho koke



kwangendlini. Iindawo ezakhiwe eendaweni ezingenzasi eduze kwemilambo ngizo ezibetheke khulu. Abanye abongazimbi akhange balalele iinyeleliso ngamapholisa.

Abantu abanengi abanazambatho nokudla. Kwanje bahlala emaholweni wamasonto nanyana nabangani kanye neminden.

Kuzokuthatha iinyanga ezisithandathu ukulungisa nokwakha kabutjha koke. Umeyera ubawe boke abantu kobana babambisane.



Asitlole

Buyelela ufunde iphephandaba bese uphendula imibuzo elandelako.

Ingabe ihlekelele yenzeka kisiphi isifunda?

Izulu lana nini?

Ingabe bekuvamile kobana izulu line kangako edorobheni lelo?

Kwabangelwa yini kobana abantu abanengi bangabi nakho ukudla?



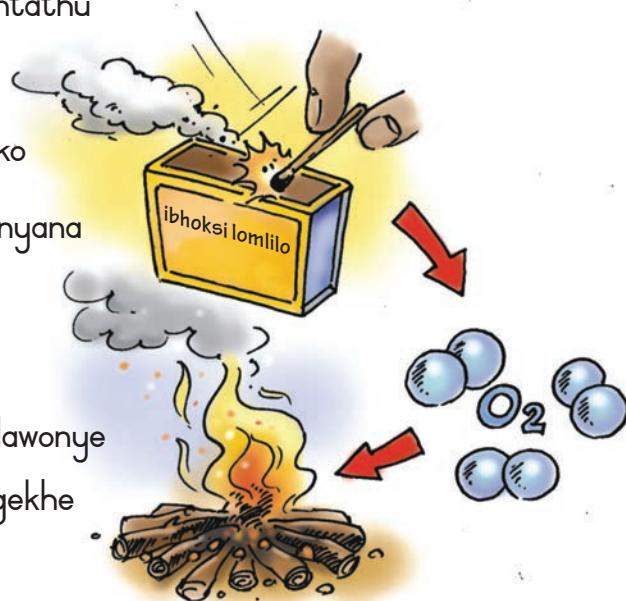
Umlilo

Asifunde

Umlilo ubakhona lokha nakuhlangana izinto ezintathu ndawonye. Izinto lezo ngilezi:

- isibaseli esingalumatha, njengekhuni elomileko
- umlilo ofana nesibaseli obuya elayidereni nanyana ethorweni yomlilo
- irhasi esemoyeni eyaziwa nge-oksijini

Zoke izinto lezi ezintathu kumele zibe khona ndawonye ngasikhathi sinye. Bewazi nje kobana umlilo angekhe uvuthe nangabe i-oksijini ayikho?



Asitbole

Utitjhere wenu uzokukhanyisa ikerese bese ugubuza irhalasi ngaphezu kwayo. Qalani kobana kwenzekwa ini.



Kungani lokho kwenzekile?

Tlola umutjho owodwa encwadini yakho yokutlolela umsebenzi.



Asikhulume

Wena nomngani wakho funani iimpendulo zemibuzo elandelako:

Kungani ilangabi lekhandlela licimile?

Kumele uyazi ipendulo yombuzo lo nangabe ukhe wacima umlilo? Kungani?

Utitjhere wakho uzokulalela zoke iimpendulo bese uyaqunta kobana ngiziphi ezinembako kanye neziphuma phambili.



Asikhulume

Noke ngetlasini khulumani ngezinto ezingatjha. Begodu khulumani ngezinye zezinto lezi eningazifunyana emakhaya. Ekukhulumeni kweni, ngiwuphi umlayezo ongawuphatheba abasemakhaya ngokuphepha emlilweni?



Asitlole

Tlola iimpendulo zakho eenkhaleni ezingakatlolelw ethheyibuleni elilandelako.

Ilanga:

Umlilo uqakatheke ngani?



Umlilo usipha	Singawusebenzisa njani umlilo
Ukutjhisa	Ipendulo yakho:
Ukukhanya	Ipendulo yakho:



Asifunde

Nikela utitjhere incwadi yakho
ukuze aqale iimpendulo zakho.

Ihlekelele yomlilo ingabanga umonakalo omkhulu kanye
nokubhubha kwabantu.

Umlilo wommango ngesinye isikhathi ufanele ngombana
usiza iintjalo kobana zikhule. Kodwana umlilo wommango
omkhulu ungoni iintjalo bewubulale neenlwana.

Umlilo wommango godu ungabanga
nokurhurhuleka kwehlabathi kanye
nokusilaphazeka kommoya.

Kuyadanisa kobana abantu abamatjhapha
babanga

pheze umonakalo womlilo ali-9 keli-10
(ongaphezu kwama-90%).

Soke kumele sifunde ukukhandela umonakalo
womlilo begodu sazi nokobana simele senze ini
lokha nakunomlilo omkhulu. Ngiyiphi ingozi ethusela
umsana ongesandleni sokudla? Ngikuphi angakakwenzi
ngefanelo?

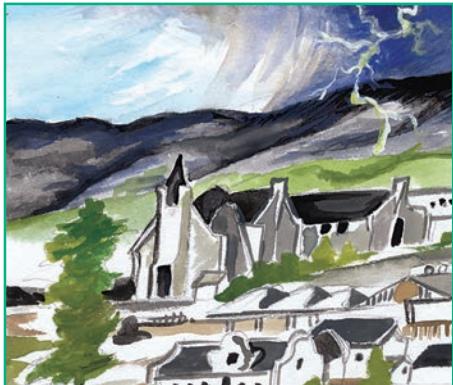


Asenzeni lokhu

- Sikani iinthombe zabantu kibomegazini.
- Yenzani ikholaji yesinthombe lapha izitho zabantu zomzimba zivelwa khona.



Ngesinye isikhathi nawuthinta into eseduze kwento ethileko eyenziwe ngemethali efana nefreyimu yomnyango, uzwa itjhada elihlabako elichwarhazako ngemva kwalapho uwwe utjhowugeka kancani. Lokhu kungombana enye igezi yakhele emizimbeni yethu begodu idluliselwa ezintweni eziyimethali lokha nawuzithintako.



Ukukhanya esikubonako nakuduma bekubetha umbani kuyafana. Igezi iyakheka elifini phezulu bese "idluliselwa" kelinye ilifu nanyana ephasini.

Ukuthuthumba okukhulu okuzwako ngemva kokuphazima kombani kufana netjhada lalokha uthinta into eyimethali. Qobe mnyaka, eSewula Afrika kubhubha abantu abangaphezu kwamatjhumi amathathu babethwa lizulu nanyana mphezulu.



Nasi imiyalo yokuphepha lokha nakuduma izulu.

Izulu nalingaduma usendleleni, khumbula:

- Ungathomni uhlale ngaphasi komuthi nanyana eduze kwedrada.
- Ungazifihli phasi ngemgodini.
- Nangabe usemlanjeni nanyana edamini nanyana echibini, phuma msinya!





Asikhulume

Cocisana nomngani wakho ngokuthi kungani ukuhlala ngaphasi komuthi lokha nalidumako kungakalungi.



Asenzeni lokhu



Buyelela ufunde imiyalo yokuphepha lokha nakuduma izulu. Khetha umyalo owodwa.

Gwala iphosta uyelelise abantu ngokuphepha lokha nakuduma izulu. Iphosta yakho kumele:

- ibe namagama atloliweko
- ibe neendlela ezimbili zokwakheka
- ifundekе beyizwakale msinya



- Lingisa ngomzimba wakho ukwakheka kombani okusekhasini 46. Jama njalo imizuzwana eli-10.
- Jama ubе ngomunye "umbani" bese ujama njalo imizuzwana ema-20. Jama uqalane nomngani wakho, uzokutjhuguluka kabuthaka ujame njengomunye umbani. Nawujame ngaphambi kwesiboniboni, kopa yoke imisikinyeko leyo.
- Buyelela uzijamele uwedwa godu.
- Kwanje khambisani imizimba yenu msinya khulu kwangathi nimisebe yombani.
- Buyelani imisikinyeko leyo.



Asikhulume

Kwanje zithabiseni ngomdlalo wetenisi nisebenzise isandla ukuya ngaphambili nokuya ngemuva.

Ingabe uzobe uphephile lokha nakuduma bekuphazima izulu wena ungekoloyini?

Cocisana nomngani wakho ngalokho.

Ingabe kuyakghoneka kobana umbani ubuyelele ubethe endaweni eyodwa?

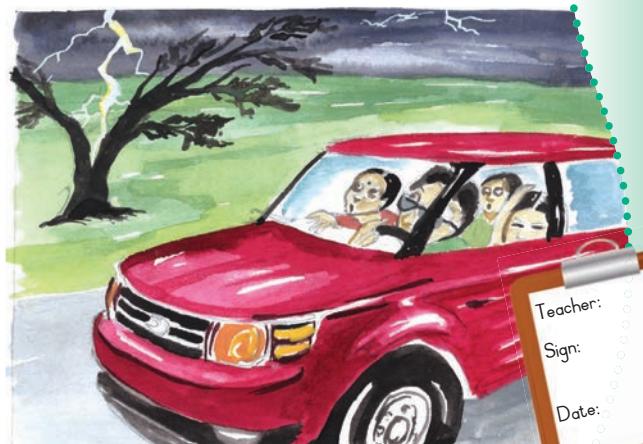
Cocani ngombuzo lo ngetlasini nabanye abafundi.



Ilanga:



Asenzeni lokhu



Teacher:
Sign:
Date:



Asifunde

Funda ngelemuko laka Maisy leewuruwuru.

Timveke 4

Ithemu - L

Amafu anzima abuthana msinya mhlokho. Ubaba wabe alalele iindaba emrhatjhweni.

Umrhatjho wabe ulokhu uyelelisa abantu ngemimoya enamandla ezokukhambisana nezulu elikhulu khulu. Amapholisa nawo afika azositjela kobana kumele senze ini lokha nasele kufike iiwuruwuru.

Ubaba ugawule ingala yomuthi omkhulu ebegade wengamele phezu kwendlu. Umma yena wabutha wafakela ngesikhwameni omunye nomunye izembatho zamalanga amabili. Ugogo naye wabutha bewafaka amapilisi wakhe wobulwele be-high blood ngesikhwameni esincani asibophelela edinini. Sazalisa namabhodlelo wamanzi esingawaphatha.

Ubaba wagawula ingala yomuthi owabe ungaphezu kwendlu yakwethu. Savala amafesidere bese ubaba wanamathisela itheyiphu emarhalasini wamafesidere bewawabethelela nangeempikiri.

Kwathi nakulokhu kuba nzima njalo, lathoma ukuna ngamandla. Ummoya wavunguza ngamandla khulu.

Kwathi lokha amanzi nakathoma ukugeleza ngaphambi komnyango wakwethu wangaphambili, abasebenzi bakwamasipala bathoma babeka imigodla yesanda bebasipha

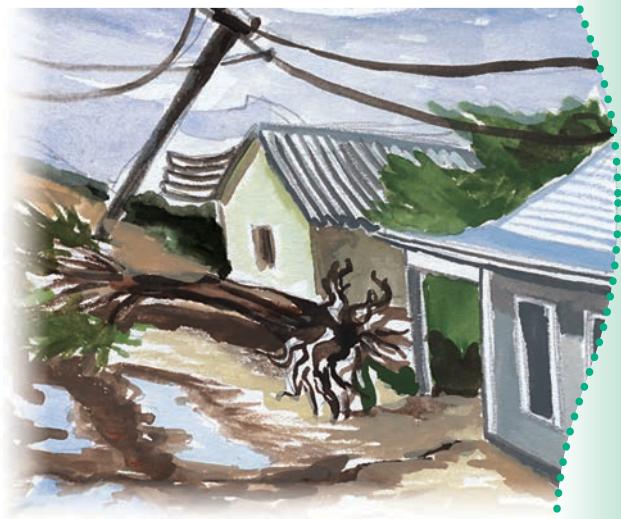


neemplastiki ezinzima ezikulu kobana sizisebenzise njengeenjas i zokukhandela izulu. Sabe sesaba kwamanikelela. Amasenge atjhida kwase kuvuza amanzi yoke indawo. Umzuzu omunye nomunye, bekuba nokhunye ebekubetha phezu kwendlu. Kwaba netjhada elikhulu lokutlebhuka kanye nokubetha ngamandla okwabe kuvala iindlebe. Indlu yakwethu ngemva kwalapho yasele ingasesenamfulelo!

Sathwala iimplastiki ezinzima ehloko sikhandela izulu lokha nasiphuma ngendlini sibaleka. Sabe siphepha nezinto ezabe ziphephulwa mumoya. Umkayi wabe ukhanyiswe ngomkhanyo wemibani. Sagijima edakeni sesiya esentheni yomphakathi. Abantu abanengi abanye besele babuthene lapho.

Ngakusasa, ngaphandle kwabe kubonakala kuyindawo yesehlakalo somonakalo omkhulu. Iinkukhu zakwethu zabe zingasabonwa nangelihi, begodu neenkomu zabaleka.

Isiwuruwuru saba yihlekelele ekulu besabanga umonakalo emadorobheni amanengi abomakhelani. Sabe sinetjhudu lokha nasisaphilako.



Asikhulumu

Lingisani indatjana elandelako. Amagama alandelako ahlathulula imihlolo eyahlukeneko yewuruwuru:

Iharikheyini: mumoya omkhulu ongabanga umonakalo omkhulu

Isayitloni: mumoya ovunguza uziphotha endaweni eyodwa

Ithonado: mumoya onesivunguvungu esijingozi khulu okhamba endaweni encazana

Ucabanga kobana ngisiphi isiwuruwuru esasahlela umndeni?

Ngikuphi ekwenziwa mndeni ukuziphephisa esiwuruwurwini?





Asifunde

Ukusikinyeka kwephasi kwenzeka lokha ingcenye yekhrasti nayitjhida msinya beyidengezele nanyana ihlengezele.

Umsikinyeko omsinya ubangela amagagasi akhamba ngaphakathi kwekhrasti yephasi. Amagagasi lawo asikinya iphasi kanye nezinto ezinengi eziphezu kwalo – ngikho esikwazi ukukuzwa nokukubona.

Ukusikinyeka kwephasi kungabanga ukubhubha nokulimala kwabantu okunengi bese kube nokonakala okhukhulu khulu kwemakhiwo.



Asifunde

Naka amanye amaphuzu aliqiniso ngokusikinyeka kwephasi. Hlalani ngeenqhemza zabafundi abane. Dlheganani ngokuwafundela phezulu.

- Qobe myaka kubhubha abantu abazi-10 000 ngokusikinyeka kwephasi.
- Ukusikinyeka kwephasi okubunane kokultijumi kwenzeka eendaweni ezibhode iLwandlekazi iPacific.
- Ukusikinyeka kwephasi ngaphasi kwamalwandlekazi ngesinje isikhathi kubangwa magagasi wamalwandle amakhulu nanyana amatsunami.
- Amatsunami akhamba ngaphetjheya kwamalwandlekazi ngebelo eliphezulu. Amanye afika ebelweni elimakhilomitha ali-190 nge-iri.
- Amanye amatsunami abubude obumamitha ali-15.
- Itsunami engekulukazi yenzeka mhla ama-26 kuDisemba 2004.
- Yathinta kabuhlungu iinarha ezi-II eziseduze kwelandekazi i-Indian ocean. Kwenzeka enye godu iTsunami embi eJapan ngomhlaka II kuMatjhi 20II.
- Ukubhubha kungakhandelwa nangabe abantu bangahlela



- ihlekelele yokusikinyeka kwephasi. Bangadizajina imakhiwo ejikela ngemahlangothini woke lokha nakunokusikinyeka kwephasi kunokuthi iqephuke nanyana yephuke.
- Mhla ama-29 kuSeptember ngomnyaka we-1969, ukusikinyeka kwephasi okunamandla kwasikinya iCeres, iTiulbagh neWolseley eTjingalanga Kapa.
- Ukusikinyeka kwephasi okunjalo akwenzeki eSewula Afrika.
- Amadorhobhakazi alandelako, iDurban, iPietermaritzburg kanye neCape Town madorobhakazi weSewula Afrika asengozini yokwehlakalelwu kusikinyeka kwephasi.
- Kusuka ngenyanga yakFebherbari ngomnyaka we-2010, irijini ye-Augrabies, eseThagwini Kapa yahlaselwu kusikinyeka kwephasi.
- ESewula Afrika kuneentetjhi ezima-26 ezisiyelelisa ngeengozi zokusikinyeka kwephasi.



Asenzeni lokhu

Ilanga:

Qala umebhe wephasi. Ngemva kwalapho tshwaya nanyana utlole okulandelako phezu komebhe:

- 1 Ilwandlekazi lapha kwasikinyeka khona iphasi.
- 2 Irjjini lapha kwasahlela khona iTsunami ngoDisemba we-2004.
- 3 Inarha lapha itsunami yahlasela khona mhla ali-II kuMatjhi ngomnyaka we-2011.
- 4 Idorobhokazi eTjingalanga Kapa elingahle libe nesehlakalo sokusikinyeka kwephasi
- 5 Idorobhakazi elilodwa KwaZulu-Natal elingathintwa kusikinyeka kwephasi.
- 6 Indawo eseThlagwini Kapa, enokusikinyeka kwephasi okuphethuzelako.



Khalara umebhe woke ngamakhrayoni.



linlwana ezisisizako: Isaziso

Ithemu-L - Iimveke 6



Asikhulume

Qala iinthombe ezilandelako. Linlwana ezilandelako zisisiza ngani.



Asifunde

Kade khulu, abantu bathoma ukusebenzisa iinkhumba zeenlwana njengezambatho ukuzivikela emakhazeni nemoyeni.



Ngokukhamba kwesikhathi abantu babona kobana bangasebenzisa newulu ebuya ezimvini nakwezinye iinlwana ezifana nama-Ilama ukwenza izembatho. Izambatho lezi zabe zilula begodu zifuthumele khulu kuneenkhuba.



Sitjhuka iinkhumba zeenlwana ukwenza imihlobohlobo eyahlukeneko yemikhiqizo efana neenkhwama, iinkhwanyana/amaphesi namanyathelo. Begodu sifunyana inyama eenyamazaneni. Kodwana abantu abanengi abayidli inyama ngebanga lekolelo yabo nanyana ngebanga lokobana babona kungakalungi ukudla inyama yeenyamazana.



Namhlanje, sifunyana imikhiqizo eyahlukeneko ebuya eenlwaneni esiyisebenzisela ukwenza izembatho. Sifunyana iwulu ezimvini neembuzini ezaziwa ngama-angora. Cabanga ngamajezi neenkhafu ezhle esingazeluka ngewulu ye-angora, ebizwa ngesiyeni kobana yi-mohair.



Esibungwini esimhlophe esaziwa ngecimbi sifunyana isiliga. Isiliga isetjenziselwa ukwenza izinto zetjhila elibuthakathaka ezithambileko.



linlwana nezisinikela khona: linyosi



Asifunde



Iinyosi zenza iliju lazo nekhokho lelijus begodu zisiza abalimi kobana bakhiqize isithelo. Iinyosi zihlala endaweni eyaziwa ngeenhlakaneni. Ezinye zeenyosi ziyaphuma ziyokubutha ipova nenektha emathuthumbeni. Zibuya nalokho ezikutholilelo zikuse ngeenhlakaneni. Ipova iphiwa iinyosi ezincani begodu inektha iyatjhugululwa ukwenza iliju elizokudliwa ziinyosi ezidala. Iinyosi zigcina iliju bese kuthi ipova igcinwe ngaphakathi kwekhekhebana leenyosi. Ikhekhebana leenyosi lenziwe ngekhokho elikhutjhwa ziinyosi emizimbeni yazo.



abantu abaphila ngokuthapha iinyosi bathapha iliju elingezelelweko lelo iinyosi engekhe zalisebenzisa njengokudla kwalo. Iliju kukudla okunepilo kwamambala, silitjhajha eburothweni begodu sidle ngalo umdoko.

Begodu ikhokho lelijus leenyosi lisetjenziselwa ukwenza imikhiqizo eminengi eyahlukene, efana nelandelako:



- amakerese
- iporitjhi yefenitjhara
- isizeso somlomo kanye neenzeso zobuso
- into engangeni amanzi yesikhumba
- iporitjhi yemikhiqizo yesikhumba, njengetyamanyathelo.
- isibha
- amakhrayoni

Ilanga:

Iinyosi nazo ziqakathike khulu kithi, njengombana zisiza nje iintjalo zokudla okulinywa balimi ukwenza imbewu etja kanye nokukhulisa iinthelo iintjalo ezitja ezingazikhulisa. Iinyosi zenza lokhu ngokuthwala ipova. Ipova isuka kesinye isitjalo iye kesinye lokha nazibuthelela ipova namanzana amnanjana, inektha.

Pheze isiquntu sesithathu sokudla esikudlako kuyazuza ekwenziweni kwepova ziinyosi. Kodwana kwanje sele kuneenyosi ezincani khulu nakumadaniswa nakade ngebangalamaalwele nokusetjenziswa kweenhlahla ezibulala iinunwana. Yelela nawubona iinyosi. Lokha nazingakutinyela, kubuhlungu khulu.



Asitlole

Ingabe imitjho elandelako iliqiniso nanyana imamala?
Tshwaya ibhoksi elinembako ngetshwayo (✓).

	Liqiniso	Mamala
Ukutinyelwa yinyosi kubuhlungu khulu.		
Iinyosi zilahla ipova lokha naziphaphela eendlwaneni zazo.		
Abalimi bathathela iinyosi iliju loke ezinalo.		
Iinyosi ezakha iliju, zaziwa ngokuhlala eduze nabantu		
Iliju linetjhefu nalisetjenziswa ekudleni okutjhishako.		
Ikghomu yeliju iyasiza ukuphazimisa amanyathelo.		
Ikghomu yeenyosi ayikwazi ukubamba amanzi emanyathelweni wesikhumba.		
Iliju liyababa.		
Isibalo seenyosi siyanzeleleka.		
Iinyosi zisebenzisa iliju njengokudla.		



linlwana nezisinikela khona: linkukhu



Asifunde

Iinkukhu nazo ziwela ngaphasi komkhakha weenlwana owaziwa ngeenlwana ezineempiko.



Ifuyo eziinyoni efuywa emakhaya ziinyoni ezijayela abantu.

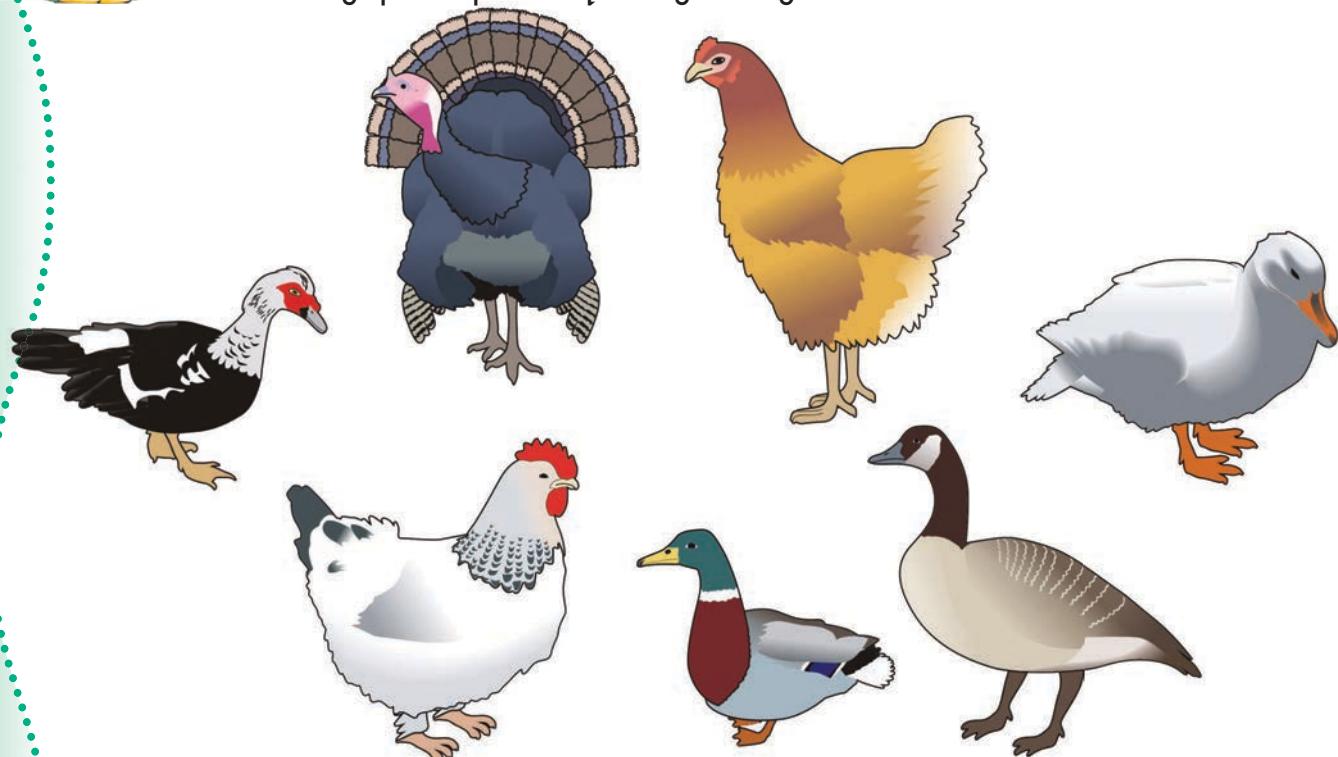
Enyonini ezifuywa emakhaya sifunyana amaqanda, inyama neensiba. Iinyoni ezifuywa emakhaya lezi zifaka hlangana iinkukhu, amazuba, iinkwali, amagalagune namathendele begodu "neenyoni ezithanda amanzi" ezifana namadada kanye namarhansi.

ESewula Afrika, qobe mnyaka kufuywa pheze iinkukhu zenyama nezamaqanda ezimamiliyonu ama-950. Isibalo lesi sidlula isibalo sabafundi boke bamaGreyidi 3 eSewula Afrika ngokubuyeletwe kali-100.



Asikhulume

Qala iinthombe ezilandelako bese ucoca ngazo wena nomngani wakho. Ngiziphi ezsipha amaqanda ngobunengi adliwako.





Asitlole

Qala iirthombe bese undulungela koke ukudla okuthola ekukhwini.

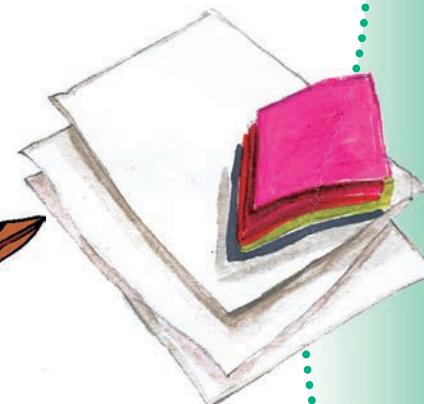
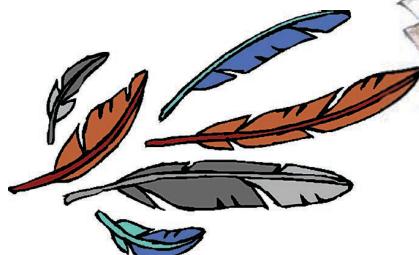
Qala ukudla okuseleko bese uyatjho kobana kubuya kisiphi isilwana.



Asenzeni lokhu

Khetha isilwana esineempiko ongasenza ngephephametjhi. Qala imibala eyahlukeneko namajamo weensiba zaso. Begodu wala umzimba waso nezitho zaso ezahlukeneko.

Quanta kobana ufunu ukuveza kubonakale kiso.

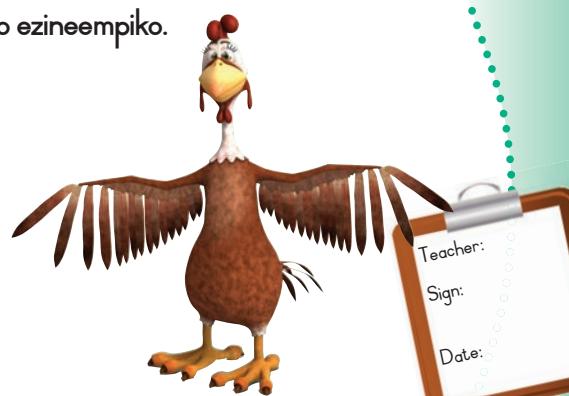


Asikhambahambe

- Zelule njengomkukurumbu ngaphambi kobana ulile.
- Wahla bese uphakamisa imikhono yakho njengeenlwana ezifuyiweko ezineempiko.
- Khamba njengeenyoni ezahlukeneko ezifuyiweko ezineempiko.
- Dzimelela njengenyoni lokha nayihlezi edradeni.
- Hlukanani ngeenqhemha ezimbili. Esinye isiqhemha asibe madzinyani bese esinye sibe ngukholo ogijima enze isizunguzungwani alinga ukudzwebula amadzinyani begodu elule nemikhono yakhe.

Amadzinyani ayagijima ayozifihla kurina.

Dlheganani ngokudlala iindima ezahlukeneko.



Teacher:
Sign:
Date:

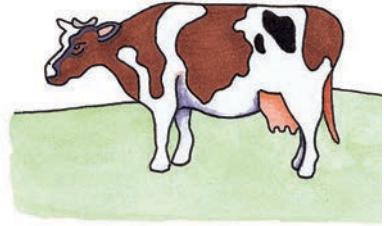
linlwana nezisinikela khona: linkomo



Asifunde

Ibisi libuya kuphi?

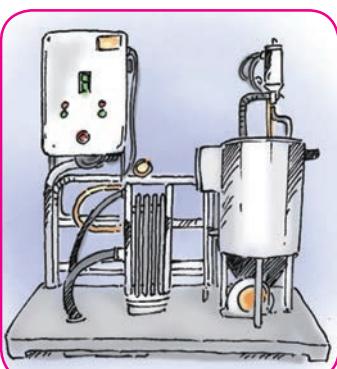
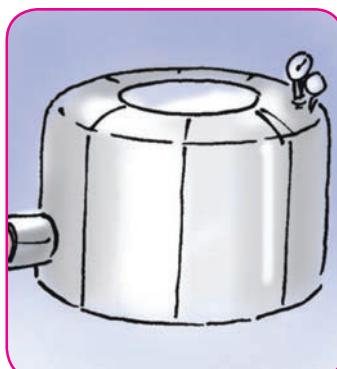
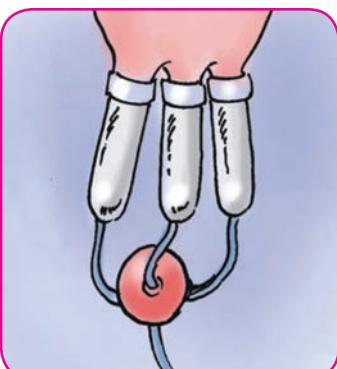
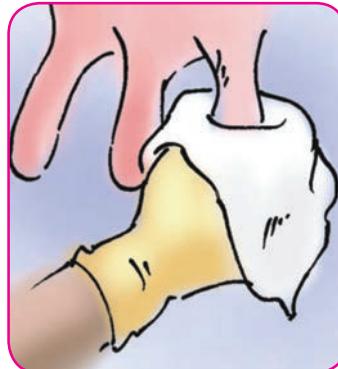
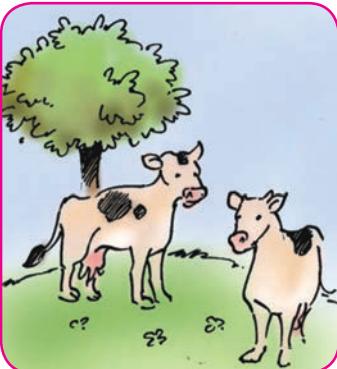
Uyazi nje kobana ibisi esilisebenzisa emakhaya ngamalanga lifika njani kithi? Funda ngomzombe nendlela yekambiso yebisi.



Asikhulume

Qala iinthombe ezilandelako bese ucocisana ngazo nomngani wakho.

Silithola njani ibisi



Ilanga:



Asikhulume

Ibisi akusilo lodwa esilifunyana ekomeni. Ngimiphi eminye imikhiqizo esiyifunyana eenkomeni. Yabelana ngalokho okutlolileko nabanye abafundi.



Asenzeni lokhu

Efreyimini ngayinye, tlola umkhiqizo owenziwe ngebisi. Tlola ibizo lomkhiqizo ngenzasi kwesithombe osigwalileko.



linlwana nezisinikela khona: Izimvu



Asifunde

Iwulu

Nakuphela ubusika, izimvu azisayitlhogi ingubo yazo yoboya ekulu eyenza kobana zifuthumale. Leso-ke sikhathi esihle khulu sokobana buphungulwe! Lokho kwaziwa ngokuthi kurhuna. Iwulu isetjenziselwa ukwenza imihlolo eminengi yezambatho ezenza kobana sifuthumele. Singaluka amajezi ngewulu begodu iwulu ingaphothwa ukwenza imatheriyali ebuthakathaka efuthumelako.

Kunemihlolo eyahlukeneko yewulu esiyifunyana ezimvini. ESewula Afrika, izimvu esithola kizo iwulu zibizwa ngamaMerino, amaBlinkhaar-ronderib adabuka e-Afrika, amaDorper kanye namaDormer. Iinthombe ezisekhasini leli ziya veza kobana izimvu lezi zibonakala njani.



Imerino yimvu efuywa khulu eSewula Afrika.



abantu beSewula Afrika bafuye izimvu ezaziwa ngamaBlinkhaar-ronderib. Umhlolo lo wezimvu uqinile begodu uphila kuhle nangaphasi kobujamo obudisi.



Izimvu ezaziwa ngamaDorper, zifuywa khulu eSewula Afrika.

Izimvu ezaziwa ngamaDormer ziya fuywa eSewula Afrika. Uboya bazo bumarhororhoro.



Indlela esifunyana ngayo iwulu.

1. Umlimi kanye nabasizi bakhe barhuna izimvu ngezandla nanyana ngomtjhini.



2. Uboya bubekwa etafuleni buhlelwe ukuya ngobunjalo babo kanye nobude.



3. Uboya bezimvu buyagandelelwu benziwe amabhejila bese buyathengiswa.



4. Kwanje uboya buyahlanzwa bukhitjhwe woke amafutha, isanda nokhunye okubuya eentjalweni.



5. Uboya obubotjhiweko buyahlanzwa bese bulungiselelwu ukujikajikisa ngemtjhini.



6. Emzombeni wokujikajikisa uboya ngemtjhini, imicu iyeluleka.



7. Iwulu kwanje sele ilungele ukwelukwa.



8. Okulandelako, iyadaywa iwulu.



9. Iwulu isetjenziselwa ukweluka amajezi.



10. Ijezi ithengiswa esitolo.



Asikhulume

Cocisana nomngani wakho. Ngiziphi ezinye iindlela izimvu ezingaba lisizo ebantwini?

Asidlateni
• Titjhore wakho uzonifundisa ukudlala ikhrikkhethé.

Teacher:	Sign:
Date:	

linlwana ezisisebenzelako: Izinja



Asimadanise



Izinja zamapholisa zisiza amapholisa kobana afunyane iindakamizwa nanyana alandelele umtlhala weenlelesi.



Izinja ezhlahla abaphopheleko ziyanabasa kobana babone lapha baya khona.



Izinja ezelusa izimvu zelusa beziqinisekise kobana umhlambi wezimvu uhlala undawonye.



Izinja eziqaphako zisivikela emisebenzini emimbi eyenzwi ziinlelesi.

Izinja ezizumako zisiza abazumi kobana babambe iinyoni nanyana iinyamazana abazumako.



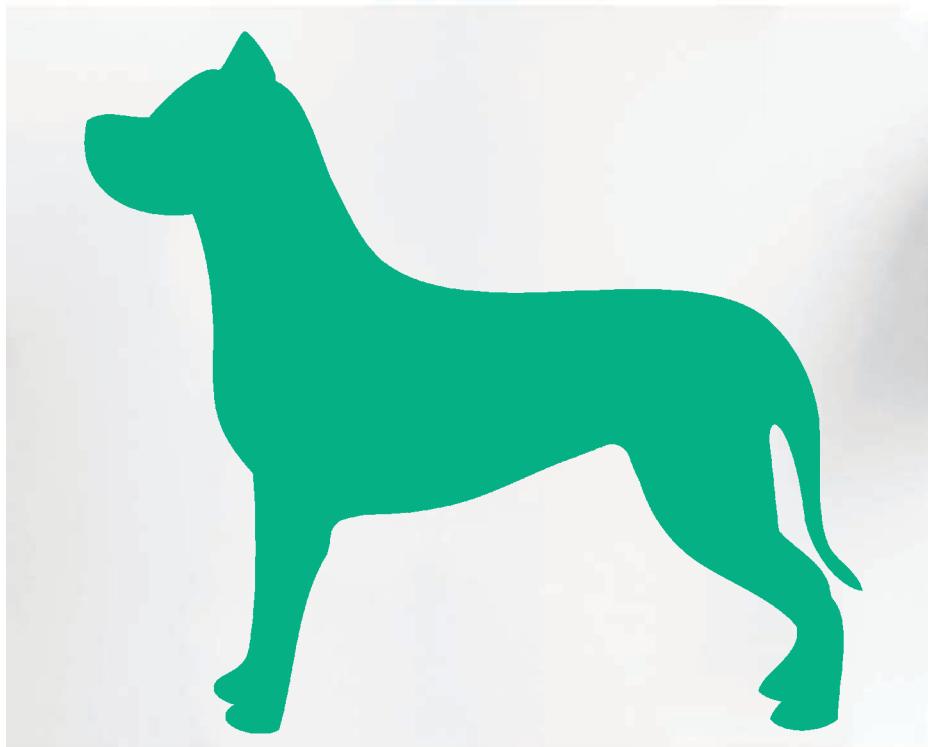


Asenzeni lokhu

Gwala umthunzi wesithombe somngani
omkhulu wabantu: injá.

Uzokutlhoga okulandelako:

- iphepha elimibala emibili
- isikere
- ipensela
- iglhu



- Gwala injá ekulu ephepheni elilodwa. Qinisekisa kobana uvala iphepha loke.
- Kwanje sika injá yakho kuhle begodu ngokuyelela.
- Namathisela injá yakho esikiweko kelinye iphepha.
- Gwala amehlo, ipumulo, umlomo kanye namazinyo enjeni yakho.
- Kghabiso kuhle isithombe sakho ngendlela ofisa ngayo. Khumbula kobana umbala onzima phezu ko-orentji, ojama hlangana nomunye, usebenza ngcono ukwenza umthunzi wesithombe.



64 Ilinwana ezisisebenzelako: Abodumbana

Ilinveke 8

Ithemu -4



Asifunde

Abodumbana basiza abantu pheze eminyakeni eziinkulungwa ezisi-6 eyadlulako. Abodumbana bayasithwala nemithwalo yethu ebudisi emihlana yabo. Siyabapana siyokukha ngabo amanzi besilime ngabo.

Koke lokhu nanamhlanje kusenzeka. Ephasini loke kunabodumbana abamamiliyon ama-41. Lokhu kutjho kobana omunye nomunye umntwana eSewula Afrika unabodumbana abathathu.



Asitlole

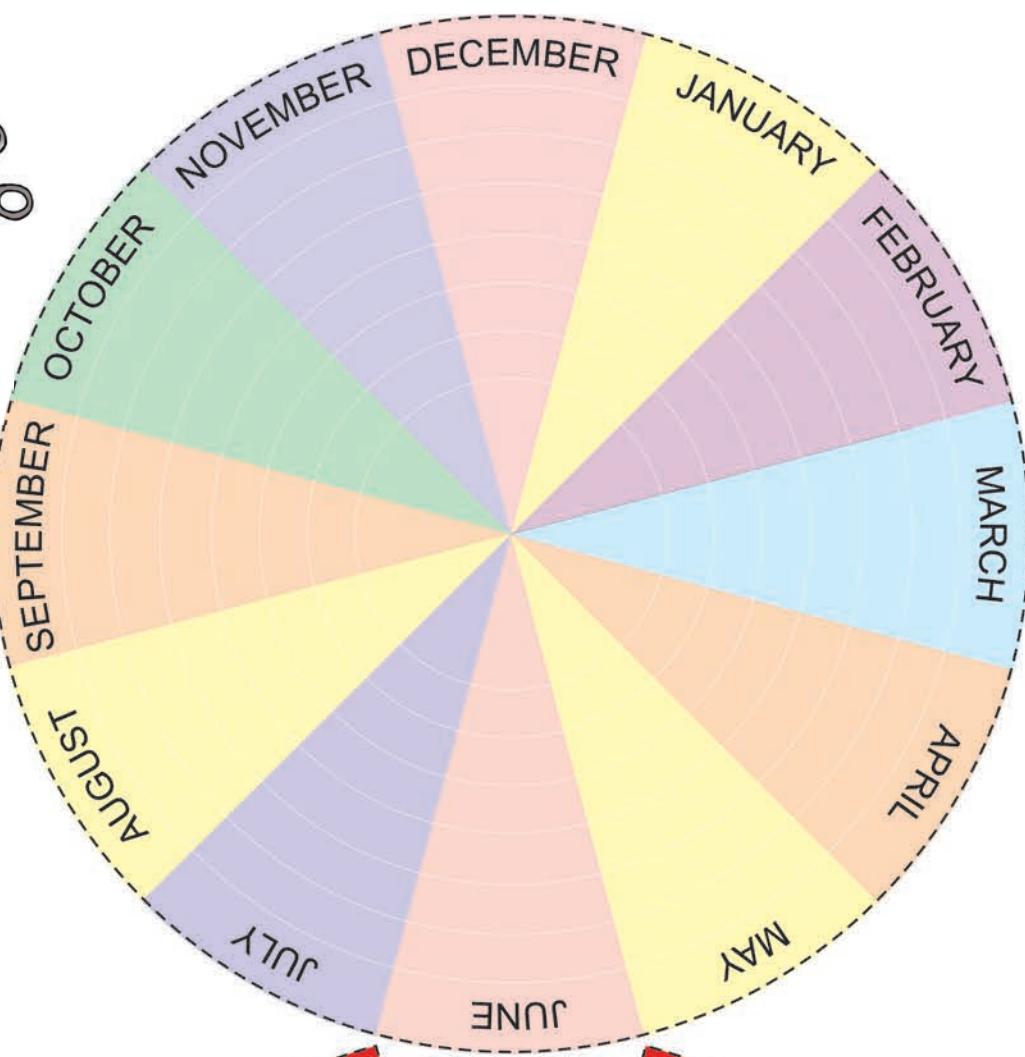
Qala iinthombe bese utlola umutjho ngokobana abodumbana basetjenziselwa ini.



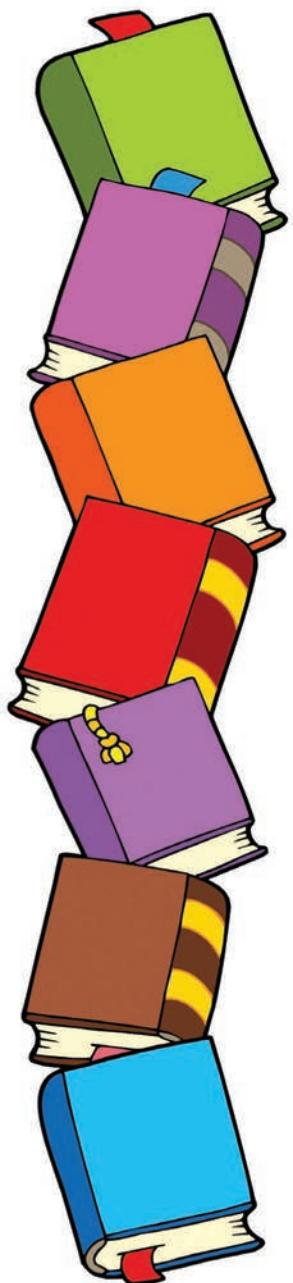
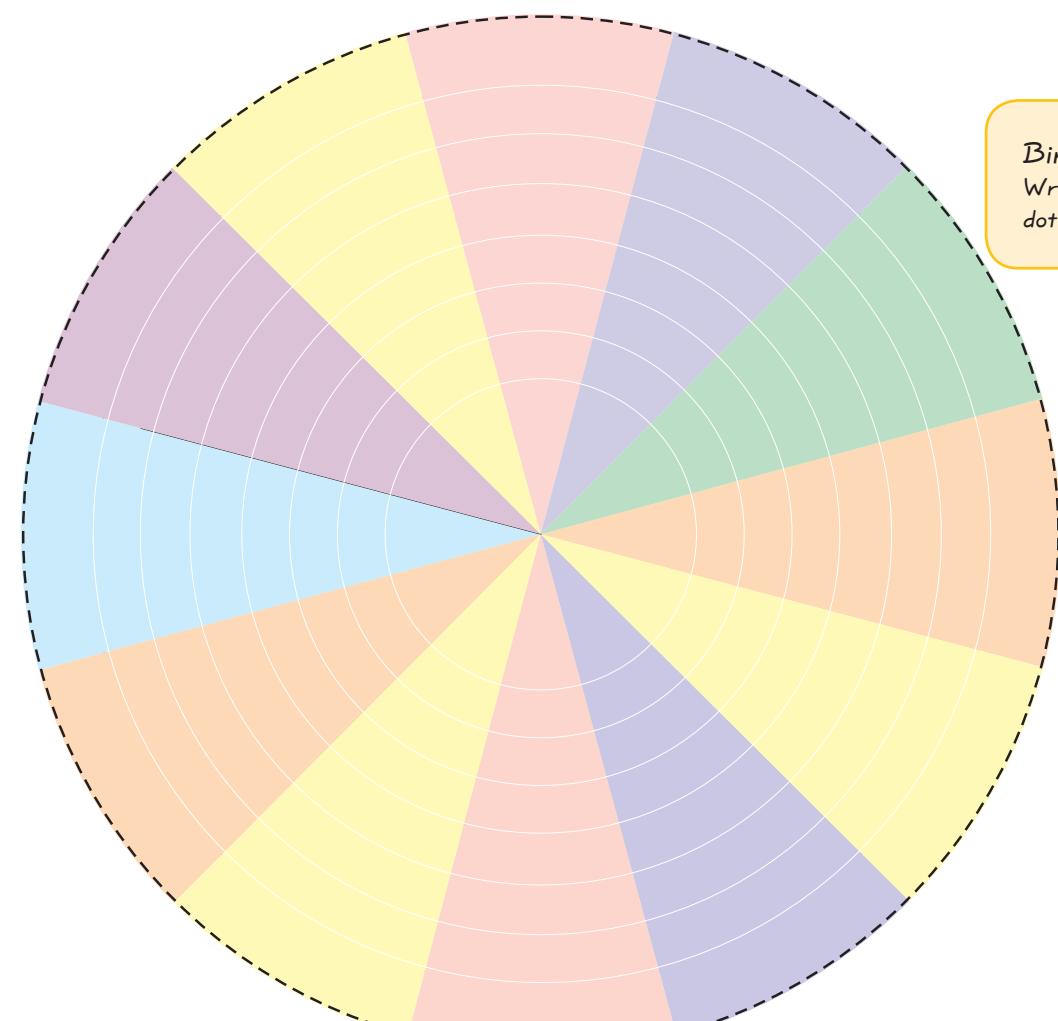


Birthday Wheel:
Cut out the two circles and the wedge shape. Put the top and bottom together using a split pin. Write the birthdays of your family and friends in the correct months on the birthday wheel.

On the back you can write the months in your first language.



Birthday Wheel:
Write the 12 months on the
dotted white line.



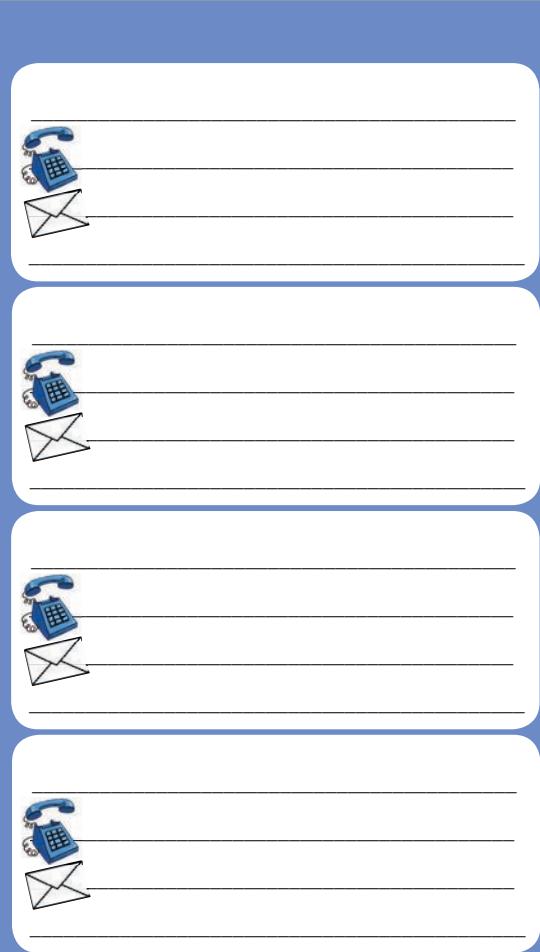
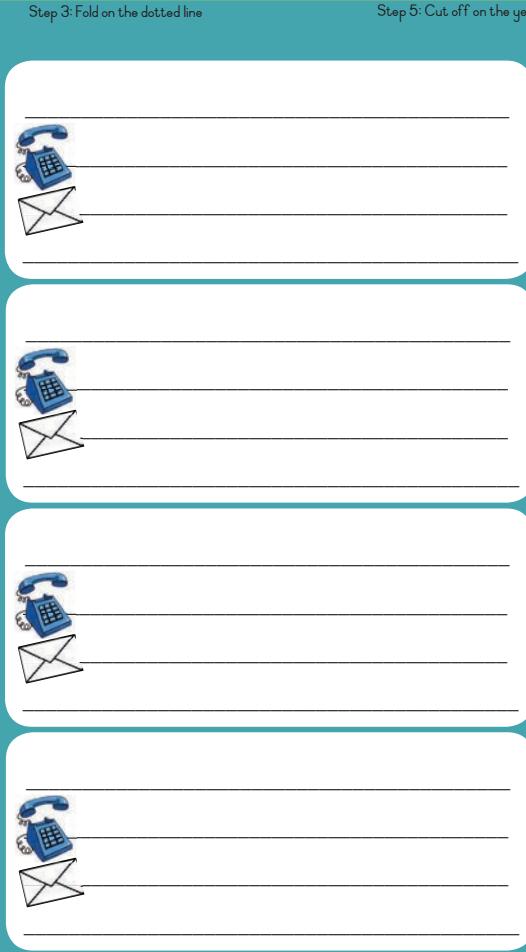
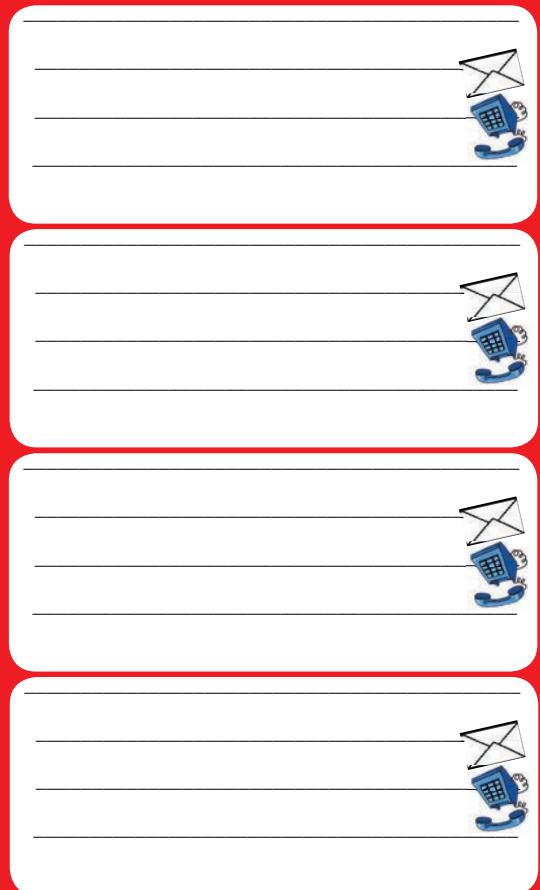
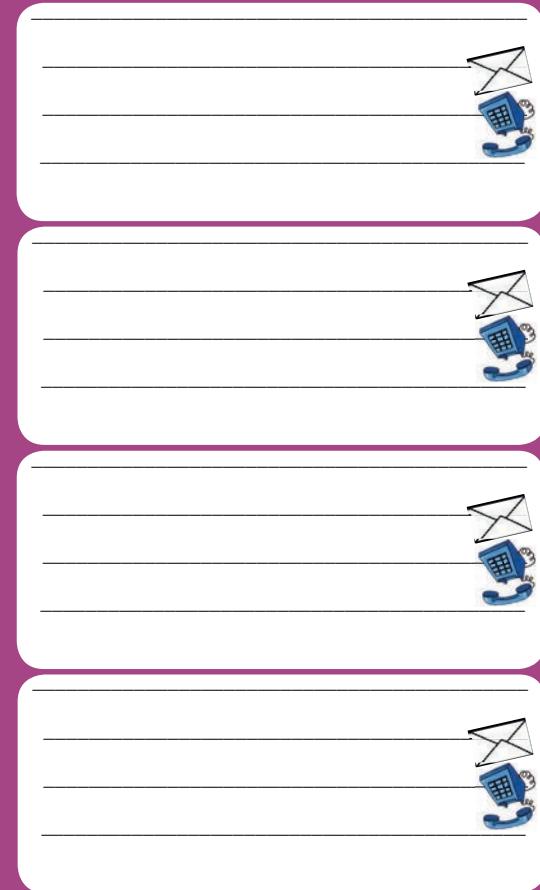
Step 1: Cut all around on the black line

DEF

ABC

OPQR

STUV



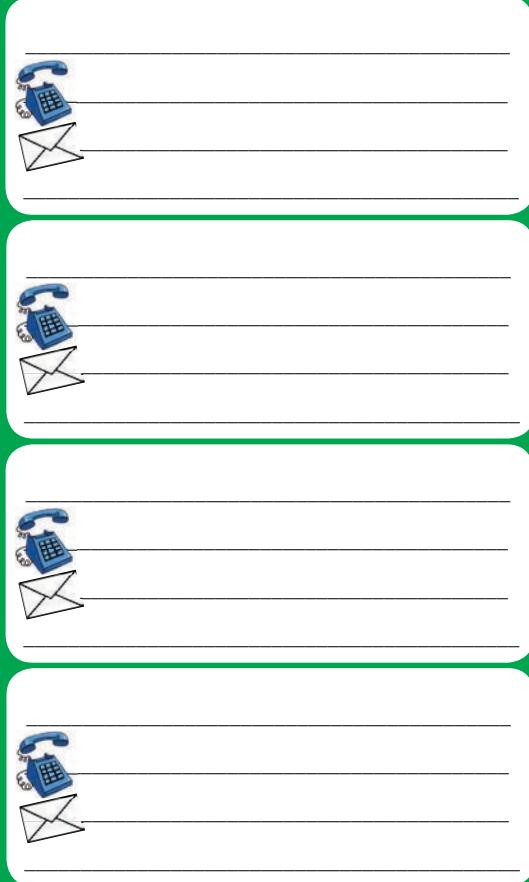
Step 2: Fold on the dotted line

Step 3: Fold on the dotted line

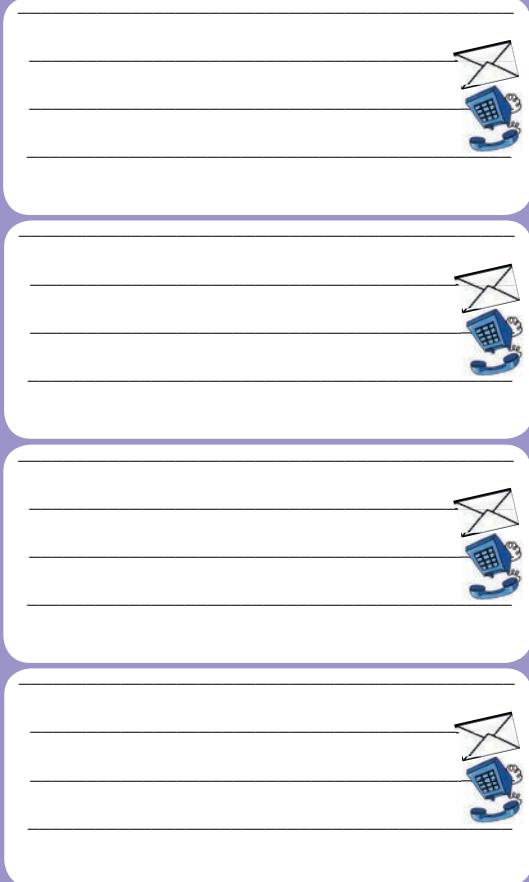
Step 5: Cut off on the yellow line

Step 7: staple your book in the middle

KLMN



ZYXW



三
H
G



My Telephone and Address Book



This book belongs to: