



Ukubuyekezwa  
ihlaliwe  
ngokweisiTatimende  
somThetho-kambiso  
weKharikhyulamu  
nokuHlola

IGreyidi

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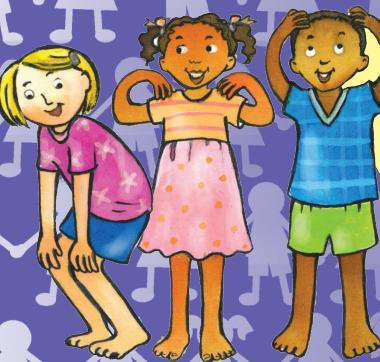
**LIFE SKILLS IN ISINDEBELE  
GRADE 1 – BOOK 1  
TERMS 1 & 2  
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# AmaKghono wePilo ngesiNdebele

Incwadi 1  
Ithemu 1&2



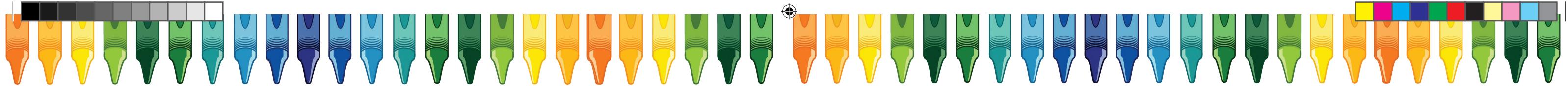
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weFundu-Sisekelo

Iincwadi lezi zenzelwe abantwana beSewula Afrika ngaphasi koburholi bakaNqgonqgotjhe wezeFundu-Sisekelo uMma u-Angie Motshekga kanye neSekela lakhe Dorh. Reginah Mhaule.

Iincwadi zokuSebenzela zakwaRainbow ziyingceny yeendlela ezinengi zomNyango wezeFundu-Sisekelo wokungelela ongophe ukuthuthukisa ukusebenza ngcono kwabafundi beSewula Afrika emagreyidini wokuthoma asithandathu. Njengamanye wamaHlelo womBuso aphuma phambili. iphrojekthi le isekelwe ngeemali ezibuya esiKhwameni seeMali seLizweloke. Lokhu kusize umNyango ukukhupha iincwadi zokusebenzela lezi ngawo woke amalimi asemthethweni ngaphandle kweendleko. Siyathemba kobana nizokufunana iincwadi zokusebenzela lezi zilisizo khulu ekufundiseni kwenu kwangamalanga nokuqinisekisa kobana abafundi benu bayayiqeda ikhariKhyulamu.

Sitjheje khudlwana ukuhlahla abotitjhore komunye nomunye umsebenzi ngokusebenzisa iinthombe ezitjengisako bonyana ngikuphi umfundu amele akwenze.

Siyathemba kobana abantwana bazokuthabela ukusebenzisa iincwadi lezi njengombana bakhula bebefunda nje begodu wena titjhore uzokwabelana nabo ithabo lokufunda.

Sinifisela ipumelelo ekusebenziseni iincwadi lezi.

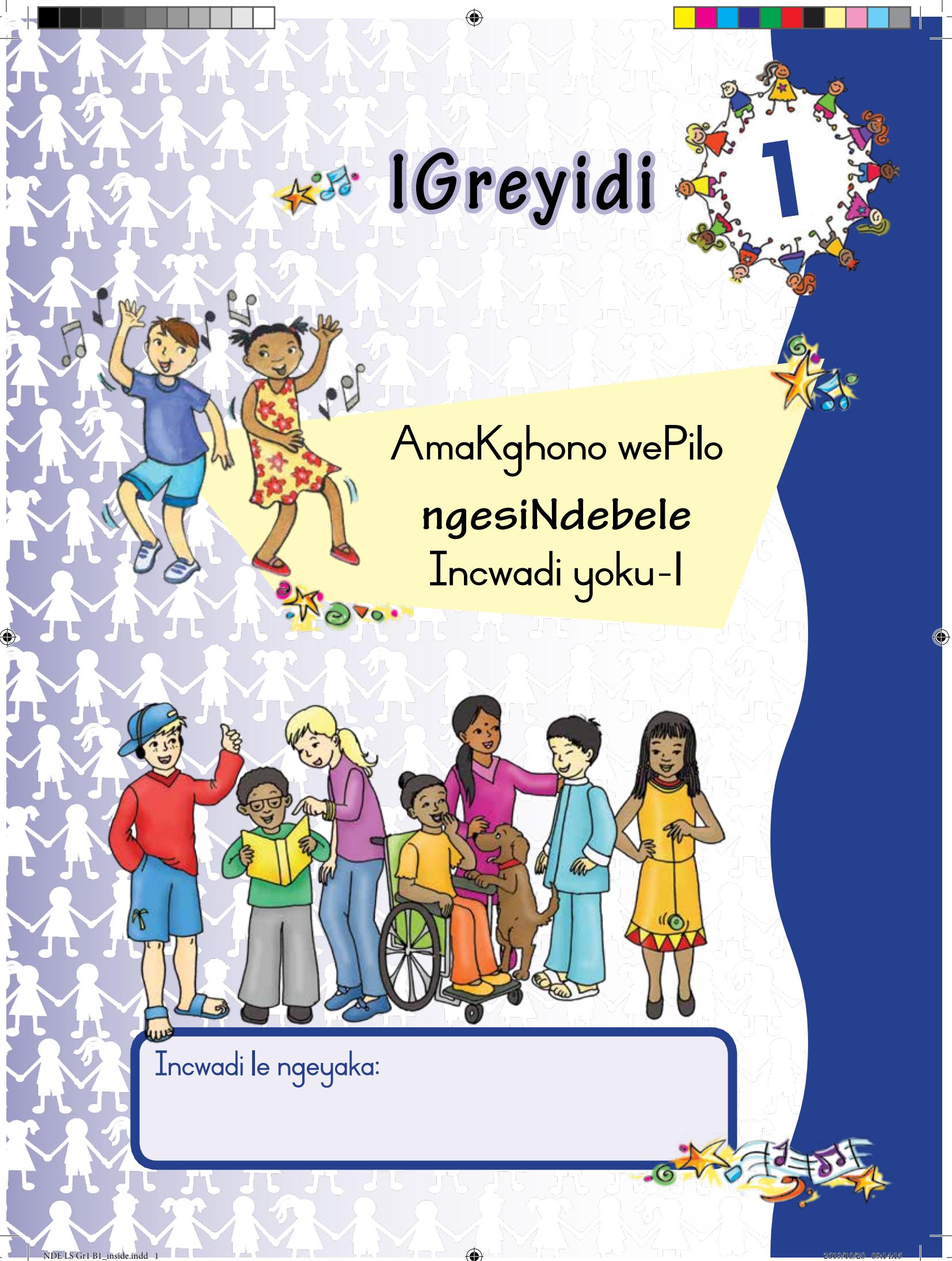
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# Mina

1



Ithemu - I - Ivéke - I - Iphepha lokusebenzela

Namathisela isithombe sakho  
nofana ugwala isithombe  
sakho ngapha.



Ibizo lami ngingu



Isibongo sami ngu

Ngineminyaka e \_\_\_\_\_  
ubudala.

Amalunga womndeni wami

Inomboro ye khaya  
yomtato ithi:

Isiphande sami sithi:

---

---

---



Ngiyazi ilanga lami  
lamabeletho kobana linini.

iye	anginasiqiniseko	awa
-----	------------------	-----

2

Ilanga: .....



USabelo udlala kuhle ibholo erarhwako.

Gwala okuthileko ozaziko kobana ukwenza kuhle.



Cocela abangani bakho kobana yini ongakghona ukuyenza kuhle. Penda ngaphakathi kweenkwekwezi ezingemabhoksini ukukhombisa kobana yini ongayenza kuhle.

Asikhulumo



Ngiyakwazi ukufunda.



Ngiyakwazi ukuzembathisa.



Ngiyakwazi ukutlola.



Ngiyakwazi ukudansa.



Ngiyakwazi ukwenza itiye.



Ngiyakwazi ukutlubha nokuhlamba amazinyo wami.





2

# Imibala nokudansa

Ithemu -I - I'veke -I - Iphepha lokusebenzela



Asenzeni lokhu

Uuyazi na imibala elandelako? Tjela umngani wakho kobana ibizwa ini imibala elandelako le.



Kwanjesi penda isithombe ngasinye ngombala ofaneleko.

Ibhanana elisarulani	Ihabhula elibomvu	Ijeresi ehlaza kwsibhakabhaka

Isambreni semibalabala	Ilamune eli-orientji	Ikari elihlaza kotjani



Asithuthuke

Ngaphambi kobana nenze umsetjenzana wangaphandle, thomani ngokuzilula njengokatsu. Lokhu kuzokwenza imizimba yenu kobana iluleke beyisikinyekе kuhle. Nasele niqedile ukwenza umsetjenzana lowo, ziluleni ukuze niledlhe benipholise imizimba. Lokhu kuzonisiza kobana ningezwa ubuhlungu bemsipha. Kwanjesi yenzani lokhu okwensiwa bantwana laba.



Vuma "Ihloko namahlombe" lokha nawu:

- yenza kwangathi udlala ipiyano.
- yenza kwangathi udlala igatara.





Ukuzithabisa

Betha izandla zakho ngendlela elandelako.



Ukubetha

Ukubetha

Ukubetha

Ukubetha



Ukubetha

Ukubetha

Ukubetha



Ukubetha

Ukubetha

Ukubetha

Ukubetha

Ukubetha Ukubetha Ukubetha Ukubetha Ukubetha



Asenzeni lokhu

Uyakwazi ukwenza izinto lezi ezilandelako? Tjengisa abangani bakho.

Ngiyakwazi ukugijimela mahlangothi woke ngingatjhayisani nomuntu.



Ngiyakwazi ukweqa intambo yomdlalo weqathulo.



Ngiyakwazi ukugeda ibholo ekulu ngijigedele emnganini wami.





3



# Asikhulume

Qala isithombe bese ucocela  
abangani bakho ngomehluko  
owubona ebantwaneni laba.

# Okukhulu nokuncani

Abanye bakhulu, abanye bancani.

Abanye bade, abanye bafitjhani.

Abanye bayakwazi ukweqa, abanye bakwazi ukuvuma.

Kukhona okuthileko sisoke esingakwenza  
kuhle khulu?

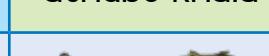
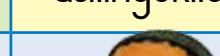
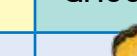
## Ngikuphi ongakwenza ngcono?



# Asikhulume

Cocela abangani bakho kobana wazizwa  
bunjani ngelanya lakho lokuthoma esikolweni.



uthabile	udanile	uthabe khulu	usilingekile	uneenhloni
				



Asiqwalehi

Gwala isithombe utjengise kobana **ungazizwa bunjani** lokha omunye nakangakupha ithoyisi. Tlola imizwa leyo esikhaleni esingenzasi.

6

Ilanga: .....



## Asikhulume

Tjela umngani wakho kobana kwenzakala ini esithombeni ngasinye. Yitjho kobana ungaiziza burjani lokha lokhu nange kungenze ka kuwe. tshwaya ipendulo okungiyo.



Umntazana  
omkhulu  
ukwemuka izinto.

uthabile	uthabe khulu	uyalila

Wena nomngani wakho  
nidlala ndawonye.

usilingekile	uthabile	uthukile



Uvula isipho.

uthukile	uthabe khulu	uneenhloni

Umntwana wakwenu  
wephule isidlalisi sakho  
osithandako.

uneenhloni	uthabile	usilingekile



## Asenzeni lokhu

Gadangisa umuno wakho phezu kwebhoksi lokuthoma, bese ubawa  
umngani wakho kobana naye agadangise umuno wakhe phezu kwebhoksi  
lesibili eliseduze.

Uthi bewazi na kobana akunamuntu  
ofana nawe ngemino egadangisiweko?  
Uqakathekile ngombana uwedwa tere  
ephasini mazombe. Namawele akanayo  
imino egadangisiweko efanako.

--	--

Ungakwazi ukubona bonyana imino  
egadangisiweko ayifani?

Utijhere:  
Tlikitla:  
Ilanga:



4

# Soke sehlukile begodu asifani

Ithemu - I - I've ke-2 - Iphetha lokusebenzela



Asikhulume

Qala isithombe sabantwana laba.  
Abantwana bafana ngani?  
Abantwana bahluke ngani?



Asenzeni lokhu

Qala isithombe lesi bese uyatjho kobana isitativende lesi **siliqiniso**  
nanyana **simamala** na.

Penda imitjho eliqiniso ngokuhlaza satjani.

Penda imitjho emamala ngokubomvu.



Boke banemikhono emi-2 nemilenze  
emi-2.



Boke bantazana.

Boke bafake amanyathelo.



Boke bambethe amabhrugu.

Boke basese bentwana.



Boke baneenhluthu ezide.



## Asigwaleni

Gwala isithombe sakho esikhali sokuthoma. Kwanjesi gwala isithombe somngani wakho omkhulu. Nasele ukwenzile lokho, qala eenthombeni ukuze ubone bonyana uhluke kangangani kunomngani wakho.

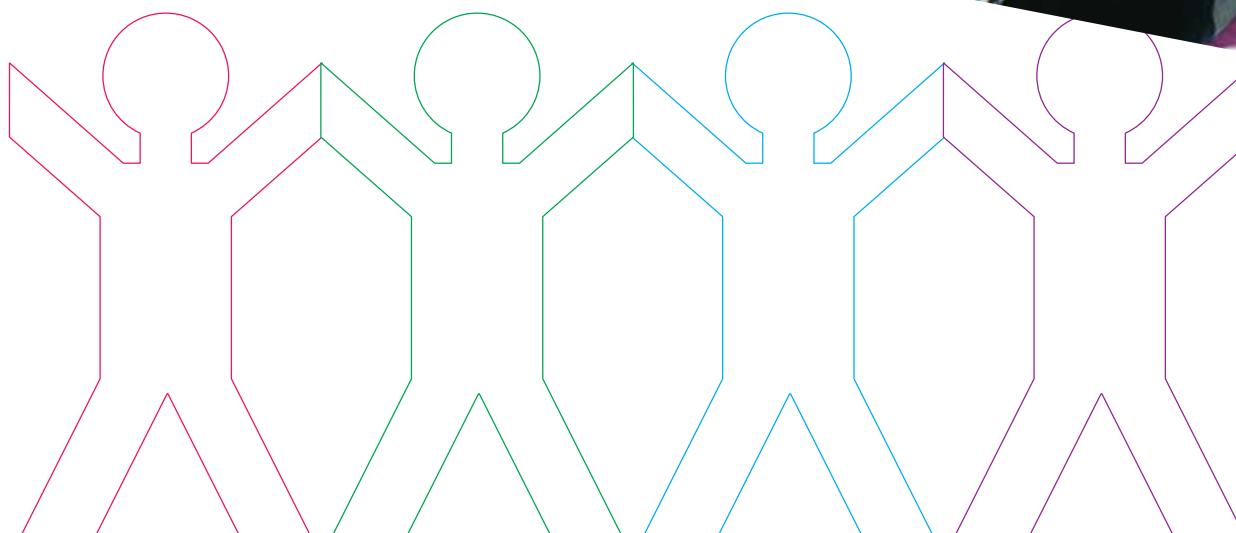


Mina	Umngani wami



## Asenzeni lokhu

Penda ngaphakathi weketani le yobungani le utjengise kobana omunye nomunye uhlukile kunomunye. Nasele ukwenzile lokhu, ungasika ukhuphe iketani yobungani kibosika encwadini le.



q



5

# Vuma ingoma

Ithemu - I - I'veke - 3 - Iphophā lokusebenza

Asivumeni

Ngaphambili kobana uvume ingoma yenza lokhu. Dosela umoya ngaphakathi khulu bese uwukhupha kancani kancani. Yenza kwangathi uvuthela ikeresi yekhekhe lelanga lakho lamabeletho. Yenza kwangathi uzwa amakhaza uthi, "tjhhhhhhhhhhh".



## Imfenyana ezhlanu

Imfenyana ezhlanu, zeqayeqa embhedeni.

Enye yawa, yalimala ehloko.

Unina wabiza udonhodera.

Udonhodera wathi, "Akungasabi nefenyana ezokweqayeqa embhedeni!"



Imfenyana ezine, zeqayeqa embhedeni.

Enye yawa, yalimala ehloko.

Unina wabiza udonhodera.

Udonhodera wathi, "Akungasabi nefenyana ezokweqayeqa embhedeni!"



Imfenyana ezintathu, zeqayeqa embhedeni.

Enye yawa, yalimala ehloko.

Unina wabiza udonhodera.

Udonhodera wathi, "Akungasabi nefenyana ezokweqayeqa embhedeni!"



Imfenyana ezimbili, zeqayeqa embhedeni.

Enye yawa, yalimala ehloko.

Unina wabiza udonhodera.

Udonhodera wathi, "Akungasabi nefenyana ezokweqayeqa embhedeni!"



Ifenyana eyodwa, yeqayeqa embhedeni.

Yase iyawa, yalimala ehloko.

Unina wabiza udonhodera.

Udonhodera wathi, "Akungasabi nefenyana ezokweqayeqa embhedeni!"

Khumbulani mfenyana kobana udonhodera utheni.

"Akungasabi nefenyana ezokweqayeqa embhedeni!"



Ilanga: .....



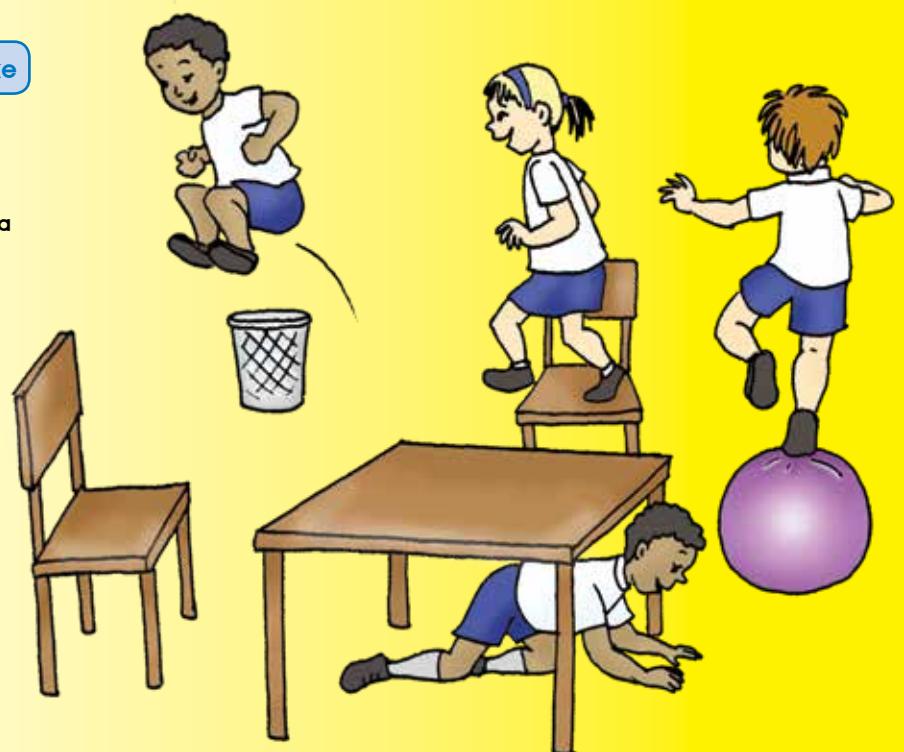
Gwala ubuso bakho.  
Tjengisa amehlo wakho.  
Tjela abangani bakho kobanyana uqaleka bunjani.



Yenzani isiqabo ngaphandle  
kwetlasi njengalaso enisizana  
kiso notitjhore.

Khwela phezulu kwesitulo  
esinye weqele phezulu  
kesinye.

Khasa ngamadolo ngaphasi  
kwetafula.



# Ngiyazikhakazisa ngesikolo sami

Ithemu - I - I'veke - 4 - 5 - Iphepha lokusebenza



Gwala isithombe sakho lapho wembethe khona ijinifomu yakho wesikolo. Zaliselela ngependulo okungiyo ngeenkhaleni.

Ngiya esikolweni nge

---

Isibongo sakatitjhere wami

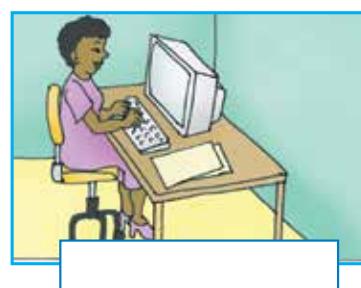
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Isibongo sakahlokokulu wami

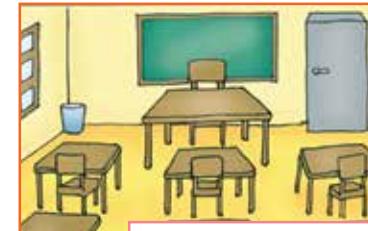
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Qalisisa iinthombe. Ngemva kwalapho sika igama okungilo ulinamathisele eduze kwesithombe.



indlwana  
yokuzithumela










itlasi

i-ofisi

umabhalana

itatawu lokudlala

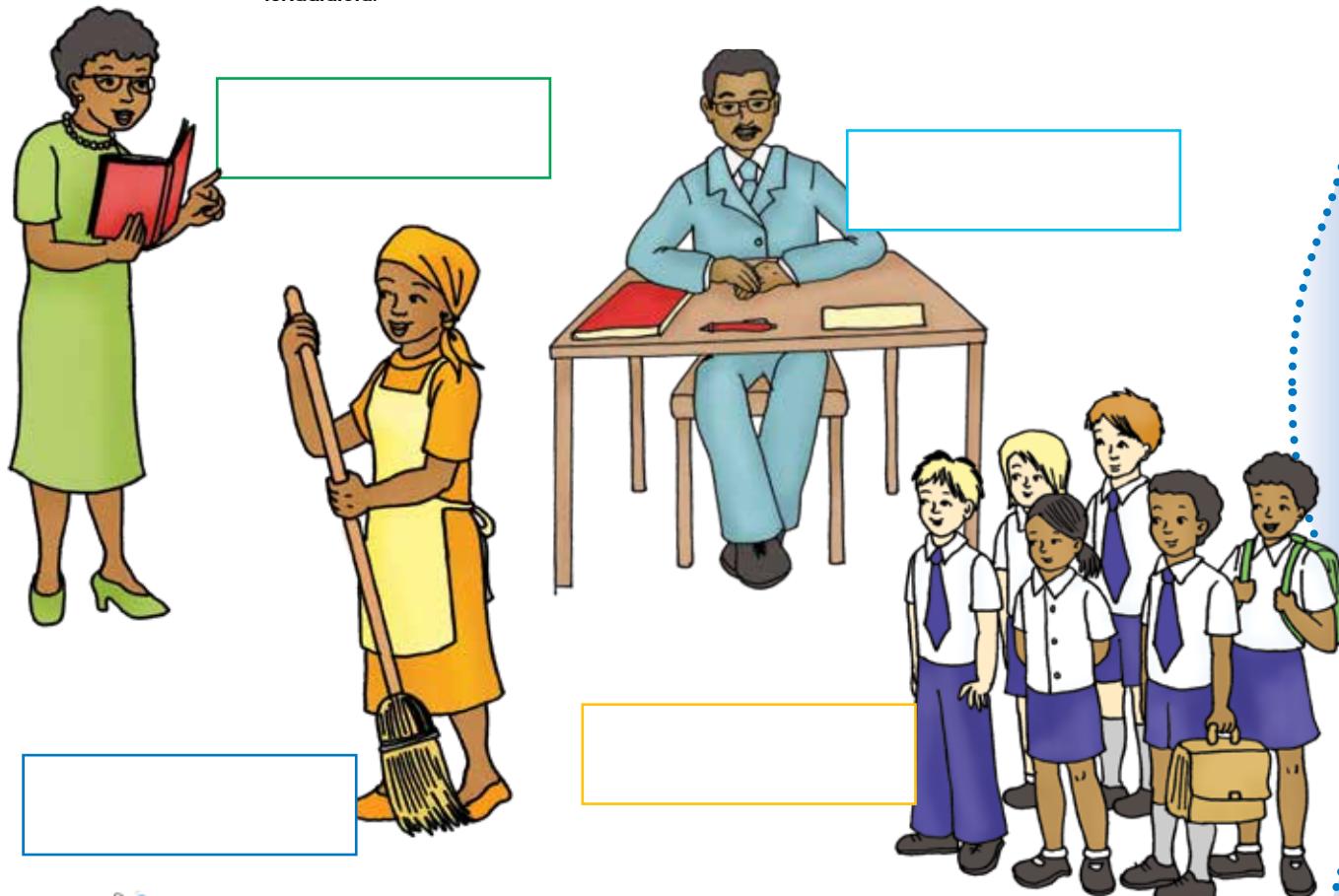


Ilanga: .....



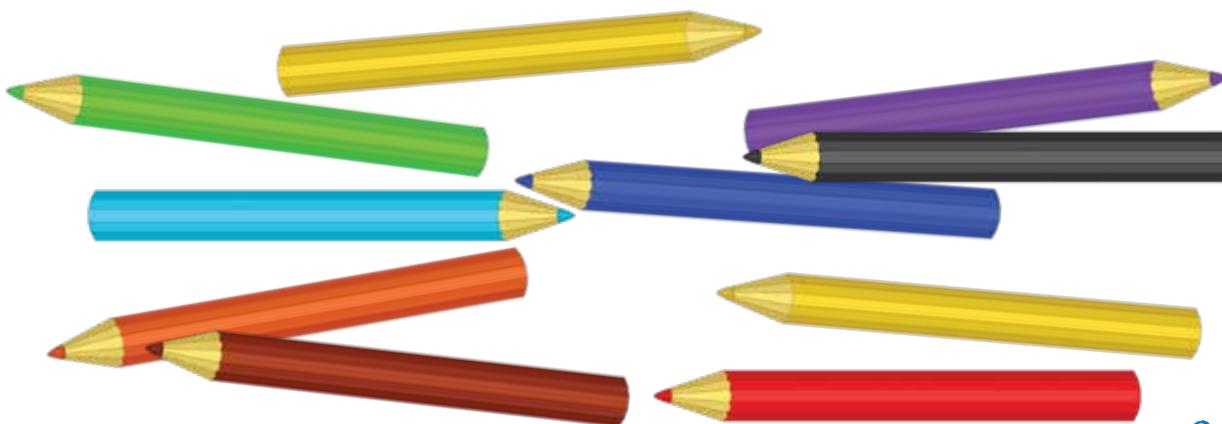
Asitlole

Bobaniabantu abahlukeneko abasebenza esikolweni? Qalisani isithombe bese nicocisana ngokuthi bobani nokuthi benza miphimisebenzi. Ngemva kwalapho, sikani iinthombe okungizo bese nizinamathisela eduze kwasithombe okungiso. Hlathululela umngani wakho kobana ukhamba bunjani nawuya e-ofisini yaka hlokokulu, endlini yokuzithumela begodu nebaleni lokudlalela.



Ukuzithabisa

Isikhwama saka Jabu seempensela siwile. Bala kobana unamakhrayoni amangaki, bese utlola inomboro okungiyo ngebhoksini. Esiqetjhaneni sephepha, gwala isithombe usebenzise imibala ekhanyako. Utjengise kobana wena nomngani wakho nidlala bunjani. Gwala ifreyimu izombeleze isithombe.



abentwana

ohlwengisako

utijhere

uhlokokulu

Utijhere:  
Tlikitla:  
Ilanga:



7

# lindawo ezihlukeneko

Ithemu - I – Iweke-4 – Iphepha lokusebenza



Tjengisa abangani bakho bonyana uyakghona.

Zifihle ngaphasi kwento ethileko.



Sithela ngemuva kwento ethileko.



Ngizifihle ngaphasi kwetafula.



Jama eqadi kwento ethileko.



Jama phezulu kwento ethileko.



- Sebenzisa ibholo nanyana umgodlana onamatjana.
- Yiphosele phezulu bese uyayigenda.
- Kwanjesi thwala umgodlana onamatjana ehloko bese ukhamba phezulu komuda othaliweko.

Ngiyakwazi ukuphosa.				
Ngiyakwazi ukugeda.				
Ngiyakwazi ukuthwala umgodlana onamatjana ehloko.				



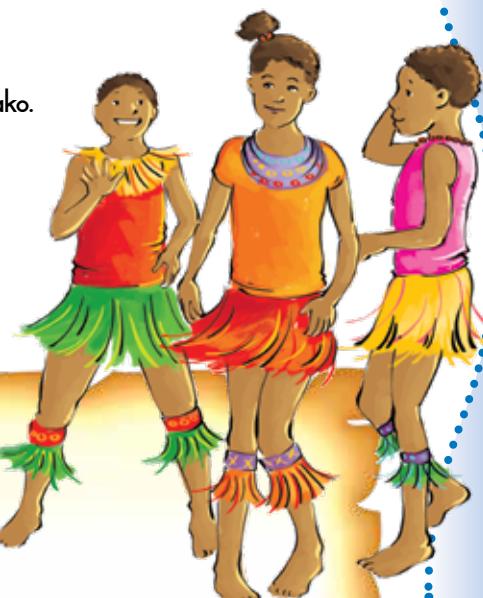
Asithuthuke

Gadangisa iinyawo zakho ngephetheni le elandelako.

Nc = Ngesinceleni



Si = Ngesidleni



Nc Si

Nc Si

Si Nc

Si Si

Nc

Si Nc

Si

Nc

Nc

Si

Nc

Si

Nc

Utitjhere:  
Tlikitla:  
Ilanga:



8

# Itlasi lami

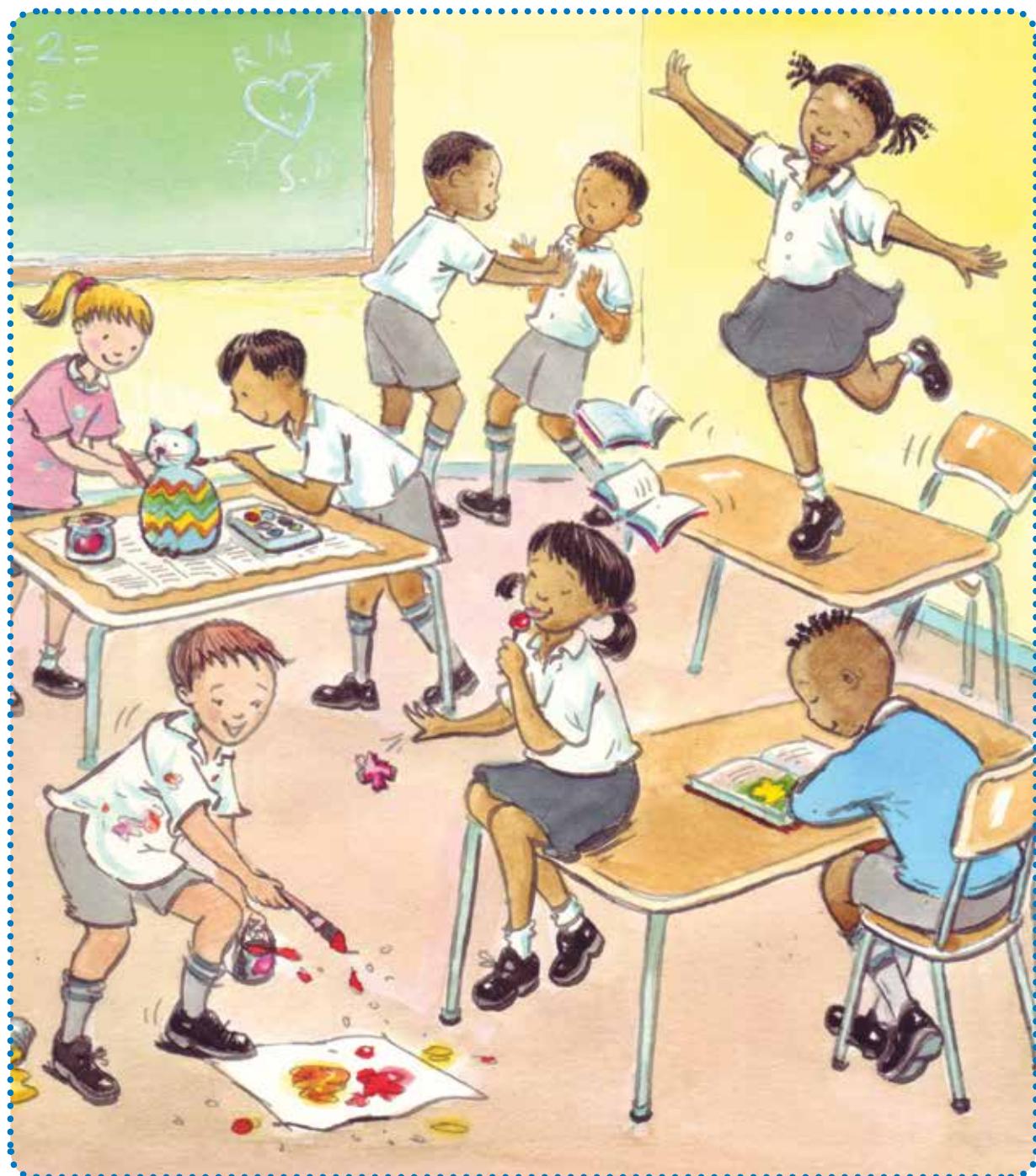
Itthemu - I - I've ke - 5 - Iphepha lokusebenzela



Qalisisa isithombe lesi bese ucoca ngalokho okubonako.

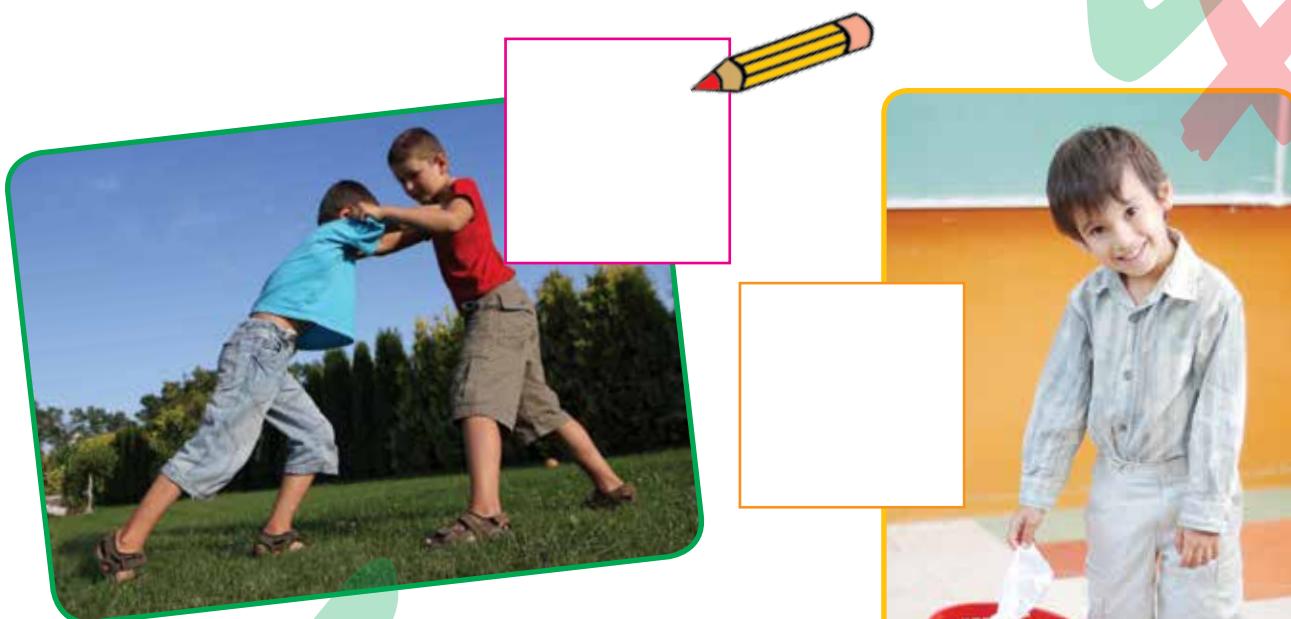
Ngetlasini leli kunezinto ezimbi nezhle ezenzekako.

Ngimuphi umukghwa omuhle? Ngimuphi umukghwa omumbi?





Gwala itshwayo lethiki eduze kwayo yoke imikghwa elungileko bese utlole isiphambanu eduze kwayo yoke imikghwa emimbi eyenzeka esikolweni.





9

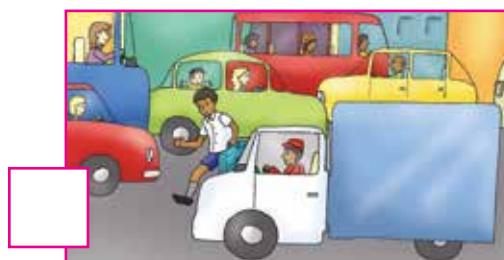
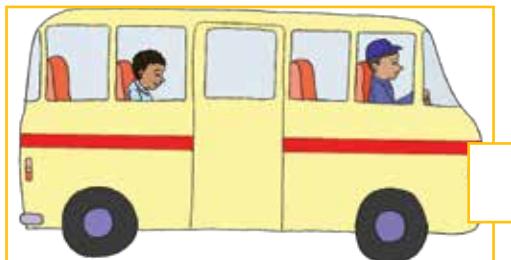
# Indlela esikhamba ngayo nasiya esikolweni

Ithemu - I - Iweke - 5 - Iphepha lokusebenza



Asikhulume

Uya bunjani esikolweni kelinye nelinye ilanga? Uphephile na? Kukhona iindlela ozaziko ezingakaphephi? Coca nabangani bakho kobana abentwana laba bakhamba bunjani nabaya esikolweni. ✓ Tshwaya ngethiki iindlela lezo eziphephileko eziya esikolweni. Beka isiphambano eendleni lezo ezingakaphephi ✗.



Ukhamba ngani nawuya esikolweni ekuseni? \_\_\_\_\_



Asenzeni lokhu

Kwanjesi buza abangani bakho babebahlalu kobana baya ngani esikolweni. Tshwaya ngethiki iindlela abazisembenza ekhadini elingenza.

ngeenyawo



Amabizo wabangani



1	2	3	4	5

ngebhesi



ngekologyi/ngeveni



Ngingagijima umjikelezo wezig zeg.

Iye Awa



Asithuthuke

Nangijimako, ngingakghona ukutjhugulukela ngemahlangothini lapho utitjhhere angilayela ngakhona.

Ilanga: .....



### Asenzeni lokhu

Gwala isithombe ukutjengisa kobana ukhamba bunjani nawuza esikolweni.



### Asithuthuke

Lalela umvumo utitjhene wakho azokudlalela wona.

Tjhideza umzimba wakho emdumeni womvumo.

Goba amadolo bese welula iinyawo zakho.

Sikinya amahlombe wakho aye phasi naphezulu.

Sikinya idini lakho liye ngesidleni liye nangesinceleni.



### Asithuthuke

Wena nomngani wakho phosani benigede ibholo.

Sebenzisani izandla zenu eningakavamisi ukuzisebenzisa niphose ngazo ibholo.



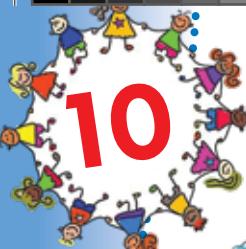
Ngikwazile ukuphosa ibholo ngesandla sami  
esingakavami ukusebenza?



### Asithuthuke

Wena nomngani wakho lingisani  
ingolovana nayikhambako.





10

# Ngihlala ngihlwengekile

Ithemu - I - I'veke - b - Iphepha lokusebenza



Ingabe kuqakathekile kobana ufundise imikghwa kabancani.  
Lezi ngezinye zezinto ongazenza kobana uhlale uhlwengile begodu hlale uphilile.  
Coca ngesinye nesinye isithombe.



Ngitlubhe amazinyo.



Ngihlambe izandla zami.



Ngihlambe umzimba wami njalonjalo.



Ngigcine iinzipho zami zihlwengekile.



Ngisebenzisa ithitjhу lokha nangingendlwani yokuzithumela.



Ngihlanze isithelo ngaphambili kokusidla.



Sebenzise ithitjhу lokha nangifinyako nanyana ngithimula.





Ngikuphi okutlhogako kilokhu okulandelako ukuze uhlale uhlwengile?  
Penda ngaphakathi kweenkwekwezi ezingemabhoksini ukutjengisa into  
oyisebenzisako ukuze uhlale uhlwengile? Yitjho nokobana uyisebenzisa bunjani into  
leyo ukuze uhlale uhlwengile?



Tshwaya utjengise kobana ungakghona ukwenza lokhu:	iye	awa
Ngingakhwelela isitepisi sejimi jangele.		
Ngingasebenzisa izandla zami ukutjhidela phambili.		
Ngingakhosa ngaphasi kwejimi jangele.		





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# Imikghwa elungileko

Ithemu - I - I've - I - Iphophha lokusebenzela

Asifunde

Imikghwa elungileko yokusebenzisa  
indlwana yokuzithumela.

## Khumbula



Nangabe usilaphazile, yihlanze  
ungayitjhiyi isilaphazekile.



Khumbula ukupula  
nanyana ukudosa ngemva  
kokusebenzisa indlwana  
yokuzithumela.

Ilanga: .....



Vala umnyango njalo  
nawungendlwaneni yokuzithumela.



Ungasebenzisi ithitjh  
enengi khulu.



Hlamba izandla zakho njalo njalo ngemva  
kokusebenzisa indlwana yokuzithumela.



Asitlole

Zungelezela igama elisitjela kobana sifanele ukusebenzisa nini izinto lezi ezilandelako.

Ukuhlamba iinhluthu zakho.



ngamalanga

ekuseni nantambama

kabili ngeveke

kanye ngeveke

Ukuhlamba amazinyo wakho.



ngamalanga

ekuseni nantambama

kabili ngeveke

kanye ngeveke

Ukuhlamba umzimba.



ngamalanga

ekuseni nantambama

kabili ngeveke

kanye ngeveke

Ukuhlamba ubuso.



ngamalanga

ekuseni nantambama

kabili ngeveke

kanye ngeveke



# Ngiyazahlwengisa

Ithemu - I - I'veke - b - Iphepha lokusebenzela

Asithuthuke



Asitjengiseni

Dlalani nilingise "uSimon uthi" notitjhhere wakho.  
Funyana indawo yakho ephephileko ukuze ungtjhayisani nabanye.  
USimon uthi "thinta ihloko yakho".

Tjengisa umngani wakho kobana  
ukwenza bunjani lokhu.



Sula izandla zakho.



Kama iinhluthu zakho.



Hlamba amazinyo wakho.



Hlamba ubuso bakho.



Asithuthuke

Lingisa umdumo olandelako.

## Ngiyakwazi ukuwahla izandla zami

**Nokubeka inyawo lami**

**Ngiyakwazi ukusikinya ihloko  
yami**

**Nokujuguja imikhono yami**

**Ngiyakwazi ukujama  
ngamazwani**

**Bengithinte ipumulo yami.**



Utitjhere:  
Tlikitla:  
Ilanga:

# Imikghwa emihle yepilo

Ithemu - I – I'veke - 7 – Iphepha lokusebenza



Asifunde

Khuyini esikutlhogako ukuze sihlale siphilille!

**Ukudla  
okunepilo**



**Ukuzithabulula  
njalo njalo**

**Ukuhlala  
sihwengile**



**Ukubasendaweni  
ebetha ummoya**

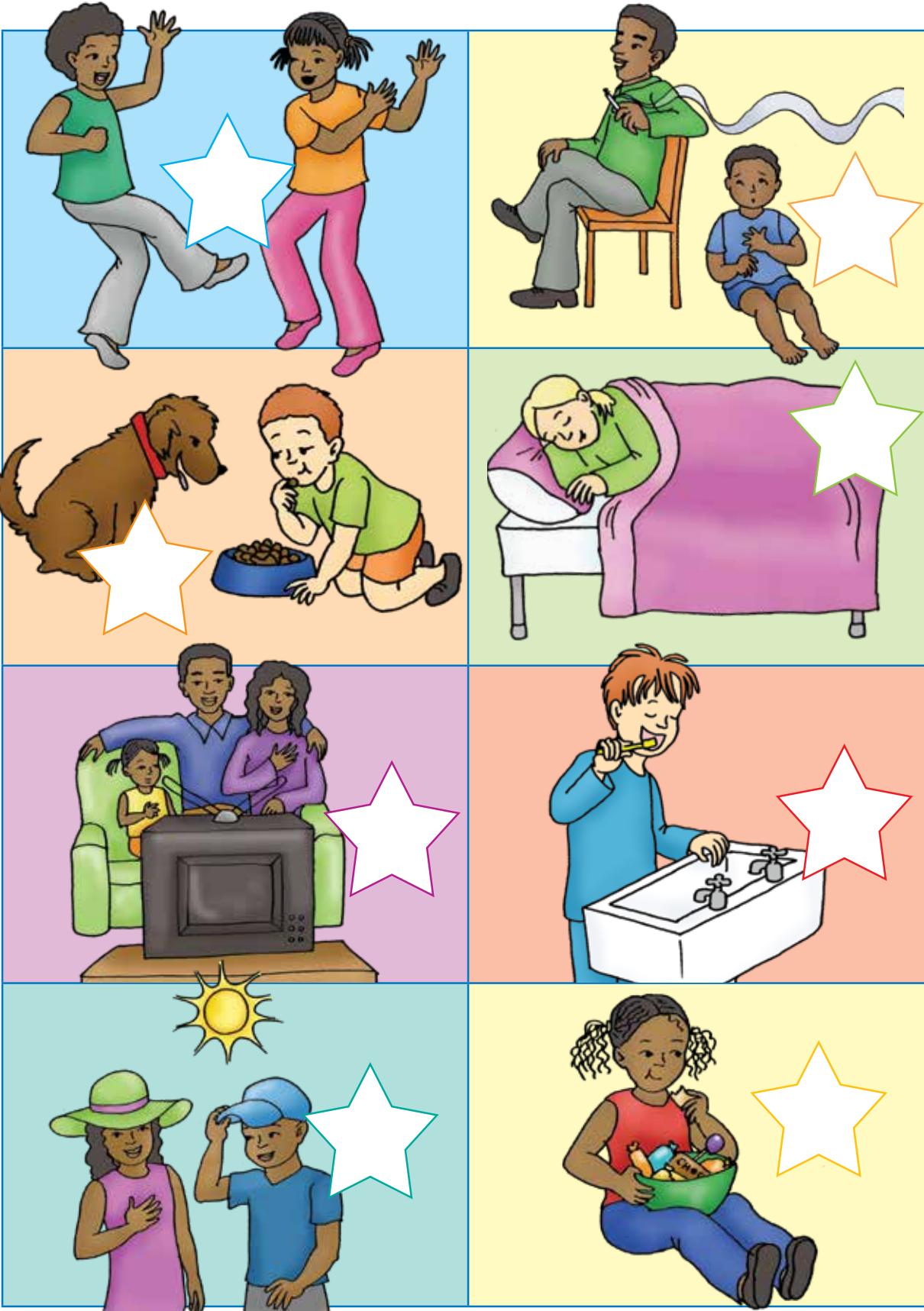
**Ukulala okwaneleko  
ingasikho  
ukubukela khulu  
umabonwakude!**





Asitlole

Khetha okukhambisana nemikghwa emihle yepilo ngokufaka itshwayo ithiki ✓ bese  
ukhetha okukhambisana nemikghwa emimbi yepilo nangokufaka isiphambano. ✗



Utijhere:  
Tlikila:  
Ilanga:



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# Ukuhlwengisa nokubutha

Ithemu - I – Iweke-7 – Iphepha lokusebenza



Tjengisa kobana uzisebenzisa bunjani izinto ezilandelako.



isitlubho samazinyo



itjhampu



Ilanga: .....





### Asithuthuke

Bambanani ngezandla nenze indulungu ekulu.

Kwanjesi dluliselanani ibholo endulungwini okungiyo.

Ngezelelani ngenye ibholo nayo niyidluliselane.

Ngezelelani ngebholo yesithathu nayo niyidluliselane.



### Asikhulume

Yini eyenza indlu le isilaphazeke?

Yini okufanele uyenze ukuze uhlwengise indlu le?

Abantwana benza ini? Bafanele kobana benze ini ?



Utitjhere:
Tlikitla:
Ilanga:



# Ubujamo bezulu engibuthandako

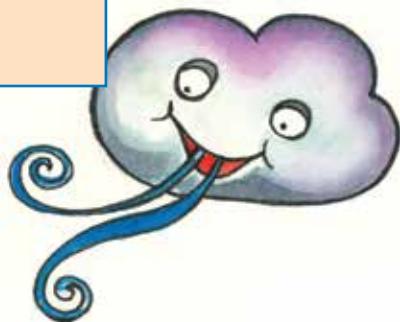


Qala ebujameni bezulu obuhlu kahlukenko bese ucocela umngani wakho kobana ngibuphi ubujamo bezulu obuthandako.

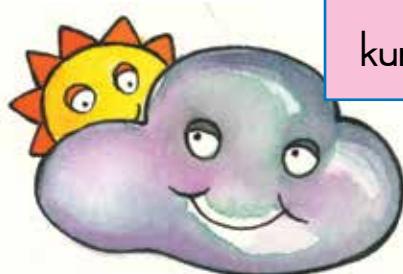
kunommoya



kunelanga



liyana



kunamafu bekumakhaza



Kezinye iindawo zephasi lekhethu ngezinye  
iinkhathi kubamakhaza belikhithike.

Kesinye isikhathi kubanommoya, ummoya  
onamandla, lokhu kubizwa ngokuthi  
ziinkhukhula.



Gwala isithombe sakho lapho unethwa lizulu nanyana lokha nalikhithikako.

Gwala isithombe sakho phezulu kwephapha elikhulu, usebenzise amakhrayoni wamafutha.

Hllanganisa umbala ohlaza kwesibhakabhaka wokupenda ukudla bese upenda phezulu kwekhasi loke.

Thintithela ipende emhlophe phezulu kwesithombe.

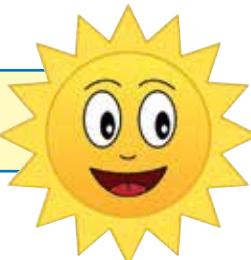


Asifunde

Sisebenzisa itjhadi yokutjengisa ubujamo bezulu kobana bunjani. Sisebenzisa amatshwayo ukuyelelisa kobana ubujamo bezulu obuhluwahlukene ko bujani. Amatshwayo esiwasebenzisa ngilawa alandelako.



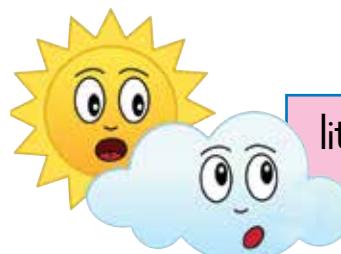
liyatjhisa



liyana



linamafu

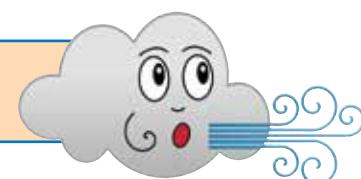


lithe phara-phara  
ngamafu

liyakhithika



kunomoya



Tjela umngani wakho kobana wembatha umhlubo onjani wezambatho ebujameni obunye nobunye bezulu.



Asenzeni lokhu

Gwala amatshwayo wobujamo bezulu ukuze wenze yakho itjhadi yobujamo bezulu beveke.

NgoMvulo

NgeLesibili

NgeLesithathu

NgeLesine

NgeLesihlanu



Asitlole

Ubujamo bezulu be bunjani iveke le?  
Qedelela ngamagama atlhayelako.

Namhlanje ku \_\_\_\_\_.

Izolo beku \_\_\_\_\_.

Nginethemba lokobana kusasa kuzabe \_\_\_\_\_.





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# Ubujamo bezulu

Ithemu - I – I'veke - 8 – Iphephä lokusebenzela



Asenzeni lokhu

Lingisa ubujamo bezulu obuhlukahlukeneko.



Lula izandla zakho uzelulele ngehla kwehloko yakho wenze kwangathi ulilifu elikhulu.



Unesambreni sokuzivikela elangeni.



Sikinyeka njengomuthi lokha nawuphephulwa mummoya.



Bamba isambreni sakho ngamandla ukuze singaphephulwa ummoya onamandla.



Lingisa amathosi wezulu lokha nakathontela phezulu kwamasenge.

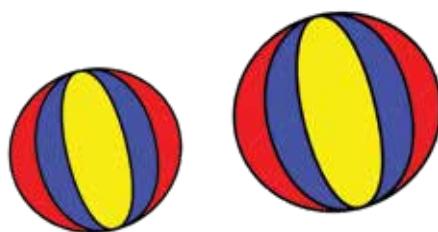




### Asithuthuke

Bambanani ngezandla ukuze nenze  
indulungu ekulu.

Phoselanani ibholo beniyigende.



Cabanga iindlela ezahlukeneko  
zokukhamba ebhimini ngindlela  
efaneleko. Linga ukusebenzisa indlela  
ehlukileko kinaleyoy esetjenziswa  
ngabanye abafundi.



### Ukuzithabisa

Dlalani umdlalo wehopskotjhi.  
Gwalani amabhlogo neendulungu  
phasi esanden.



### Asithuthuke

- Tjela umngani wakho kobana weqa bunjani lokha nawudlala umdlalo wokweqa intambo.
- Utitjhere wakho uzokutjengisa kobana udlala bunjani imidlalo yekadeni.





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# Umndeni wakwethu

Ithemu-2 – Iwekele – Iphepha lokusebenzela



Asikhulumo

Uthi bewusazi kobana imindenि eminenyi ayifani?

Eminye imindenि mikhulu eminye mincani.

Eminye imindenि inabo abomma nabobaba eminye ayinabo.

Eminye imindenि ihlala nabogogo, abobamkhulu, abomalume, abokghari nabomzala.



Qala iinthombe ezilandelako bese ucocela umngani wakho kobana umehluko okhona esithombeni ngasinye ngimuphi. Sebenzisa amagama angemabhoksini la.

umma

ubaba

udadwethu

ubamkhulu

umnakwethu

umntwana

ugogo

umndeni





Asitlole

Nihlala nobani ekhenu?



Nihlala nobani emndenini wekhenu?

Emndenini wekhethu kunabantu

Ngubani ongomncani emndenini wekhenu?

Ngubani omdala ekhenu?



Asikhulumo

Soke sinemisebenzi yethu esiyenzako emakhaya. Qala isithombe ngasinye bese unikela ibizo laloyo owenza umsebenzi lo ekhaya.



Ngisiza ngani ekhaya.



# Umndeni wakwethu

Ithemu-2 – I'veke-I – Iphepha lokusebenzela

Ukuzithabisa

Gwala isithombe salokho enikwenza ninoke ngakwenu. Yitjho kobana ibizo lakte ngubani. Sebenzisa amagama alandelako azokusiza.

umma

ubaba

udadwethu

ubamkhulu

umnakwethu

isana

ugogo

umndeni



**Umndeni wakwethu**



# Sitlhogomela abanye

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Asifunde

Amalunga womndeni kufanele atlhogomelane bekasizane ngaso soke isikhathi. Sitjengisa ithando ngokubambana sisingathane besizise ukutjengisa ithando netjhejo.

- sisiza omunye nakatlhoga isizo.
- sibenommoya ophasi besithobe khulu ebantwini abakhulu.
- senze imisebenzi yethu ngesikhathi.
- sithembeke.



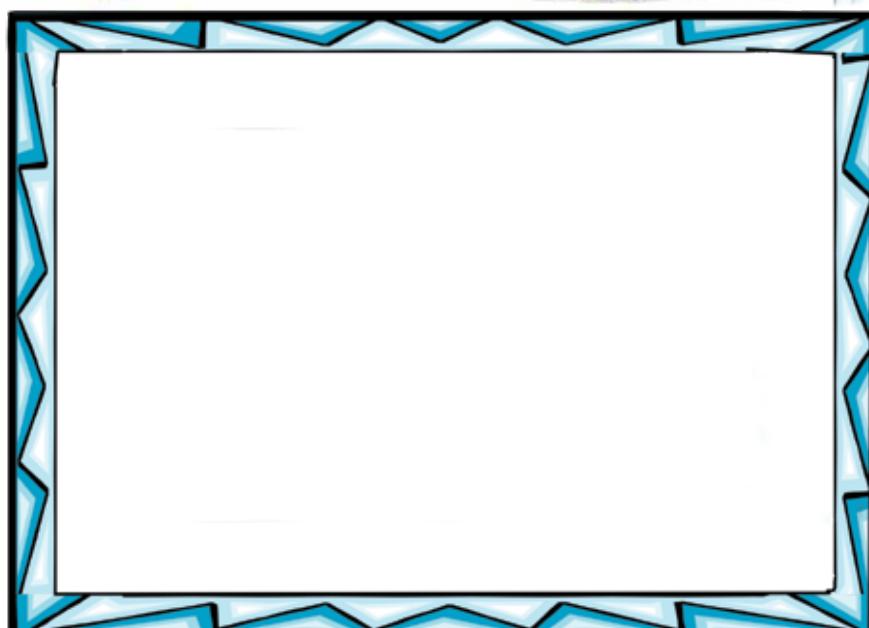
Asikhulumo

Qala iinthombe ezilandelako bese uyatjho kobana abantwana laba batjengisa bunjani ithando netjhejo abanalo emindenini yabo. Bese nenza umdlalo nilingise kobana kwenzeka ini esithombeni ngasinye.



Asenzeni lokhu

Gwala isithombe utjengise kobana yini oyenzako etjengisa kobana unethando lomndeni wakho. Cocela umngani wakho ngalokho okugwalileko.



Utitjhere:

Tlikitla:

Ilanga:

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# Tjengisa itjhejo onalo

Ithemu-2 – Iweke-2 – Iphepha lokusebenza



Asikhulume

Coca ngokuthi amalunga la womndeni asiza bunjani emindenini.  
Nikela iinthombe ezilandelako iinomboro ukusukela keyo-1 ukufika keye-4  
ukutjengisa indlela ezilandelana ngayo.



Asifunde

Imisebenzi yethu yangantambama

Umma upheka ukudla.

Ubaba uhlanza iimpoto.

Mina nomnakwethu sisiza ubaba nomma.

Siyalekelela.

Sibutha sibeke ibisi noburotho.

Ngemuva kwalokho bese silungiselela ukuyokulala.

Sibawa usicocele inolwana yebusuku!





### Asenzeni lokhu

Gwalela umuntu okutlhogomelako. Gwala isithombe bese utole nebizo lomuntu loyo.



### Asenzeni lokhu

Ungakwenza na lokhu okulandelako?

	uyakghona ukudlulisela ibholo kiloyo odlala naye ngokuyiqhula.	iye	awa
	uyakghona ukweqisela ibholo kiloyo odlala naye.	iye	awa
	uyakghona ukuqhula ibholo isuke edolweni.	iye	awa
	uyakghona ukubetha ibholo ibe iyokungena ngemgodini.	iye	awa
	uyakghona ukudlulisa ibholo hlangana neengodo ezibadlali.	iye	awa
	ungakghona ukurarhela ibholo kude.	iye	awa





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Ithemu-2 - Iweke-3 - Iphepha lokusebenzela

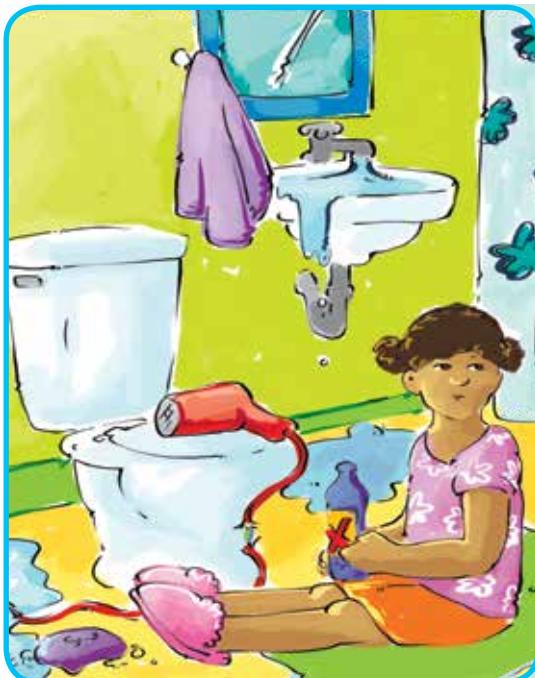
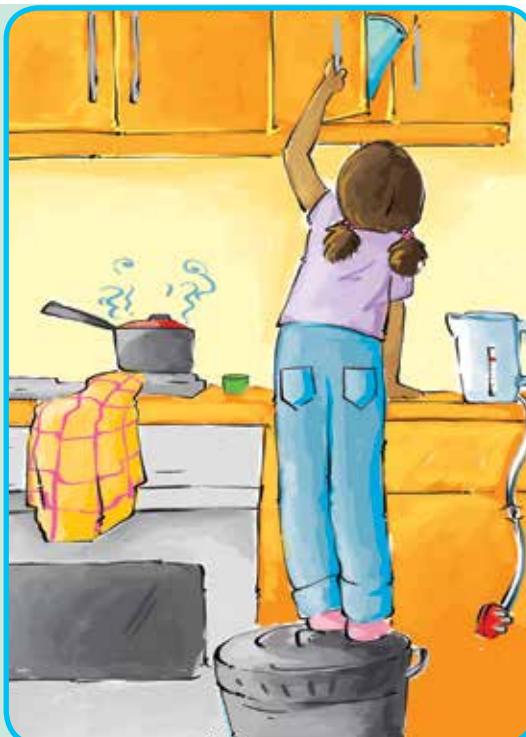


# Ukuphepha ngaphakathi nangaphandle ekhaya (1)

Kufanele sizizwe siphephile ngaso soke isikhathi nasisekhaya.  
Sinelemuko lokabana zikhona iingozi ezingenzeka ekhaya.  
Qalani iinthombe bese nicoca nabangani bakho ngezinye zeengozi.

## Ngekumbeni yokuphekela

- Ngasosoke isikhathi jikisa imikhono yeempoto namapani iye ngemuva kwesitofu.
- Ungatjhiyi imikhwa ebukhali nanyana kukuphi.
- Ukubeka ipharafeni neenhlahla endaweni ephephileko.
- Ungatjhiyi izinto zokudlala nanyana kukuphi.



## Ngaphakathi kwekumba yokuhlambela

- Ungasebenzisi izinto ezisebenzisa igezi eduze namanzi.
- Izinto ezisebenza ngegezi ungazibeki eduze namanzi.
- Beka iinkere nemikhwa endaweni ephephileko ngekasini.
- Ungabolekani ibhratjhi yamazinyo nabanye abantu.

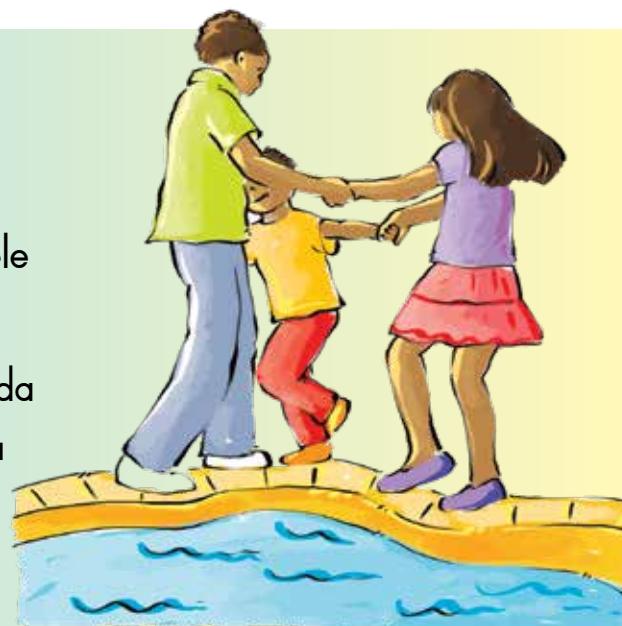


### Amawuruwuru, ukuphazima negezi

- Ungajami ngaphasi komuthi nakunamawuruwuru.
- Ungafaki izinto ngaphakathi kweplaga eliseboden. Bawa umuntu omdala ukusize.

### Ngaphandle kwendlu

- Butha yoke into engakulimaza, njengamarhalasi aphukileko uwalahlele ngeemgqomini weenzibi.
- Ungadlaleli eduze kwendawo yokududa enamanzi kungekho umuntu omkhulu eduze kwakho.



### Ngaphakathi ngendlini

- Ungatjhiyi izinto zokudlala nokhunye zirhatjhekile.
- Ungadlali ngepharafeni nanyana enye nenye into enetjhefu.
- Lokha nangabe intambo yeketlelanofana ye-ayina ephukileko, bawa umuntu omkhulu njengommanofana ubaba kobana ayilungise.



# Ukuphepha ngaphakathi nangaphandle ekhaya (2)

Ithemu-2 – Ivetke-3 – Iphepha lokusebenza



Asikhulume

Qalani iinthombe bese niyatjho kobana ngiziphi iinthombe ezitjengisa iindlela eziphephileko nalezo ezitjengisa iindlela ezingakaphephi. Tshwaya ✓ lezo ezinokuphepha bese kuthi lezo ezinganakho ukuphepha ubeke isiphambano ✗.





### Asikhulume

Ingabe zikhona izinto ezingakaphephi ekhenu? Khujini ongakwenza ngalokhu? Itjhēfu, iinhlahla kune namakkhemikhali wokuhlwengisa kuyingozi khulu. Ungaseli nanyana yini nangabe awunaso isiqinisekiso sobana khujini.



Itshwayo leli litjho kobana kunento enetjhēfu ngaphakathi kwebhodlelo, ngebhoksininofana ngebhlegeni. Wakhe walibona itshwayo leli ngaphambilini?



### Asithuthuke

Utitjhēre wakho uzokudlalela umvumo.

- Khambisana negido lomvumo.
- Khetha umdosi phambili. Umdosi phambili kufanele akhambisane negido lomvumo.  
Omunye nomunye kufanele alingise umdosi phambili nikhambisane kanye kanye.
- Dzimelela ngenyawo elilodwa.
- Kwanjesi dzimelela ngelinye inyawo elilodwa.
- Ngiliphi inyawo eliqinileko?
- Beka intambo edenofana nithale umuda omude phasi. Khamba phezulu kwentambonofana phezulu komuda ulinge ukudzimelela ngawo.
- Kwanjesi tjhugulula intambo leyonofana umuda loyo ube sebujameni obunye bese uyadzimelela ukhambe phezulu kwayo ungawi.





# Ukuphepha lokha nangingedwa ekhaya



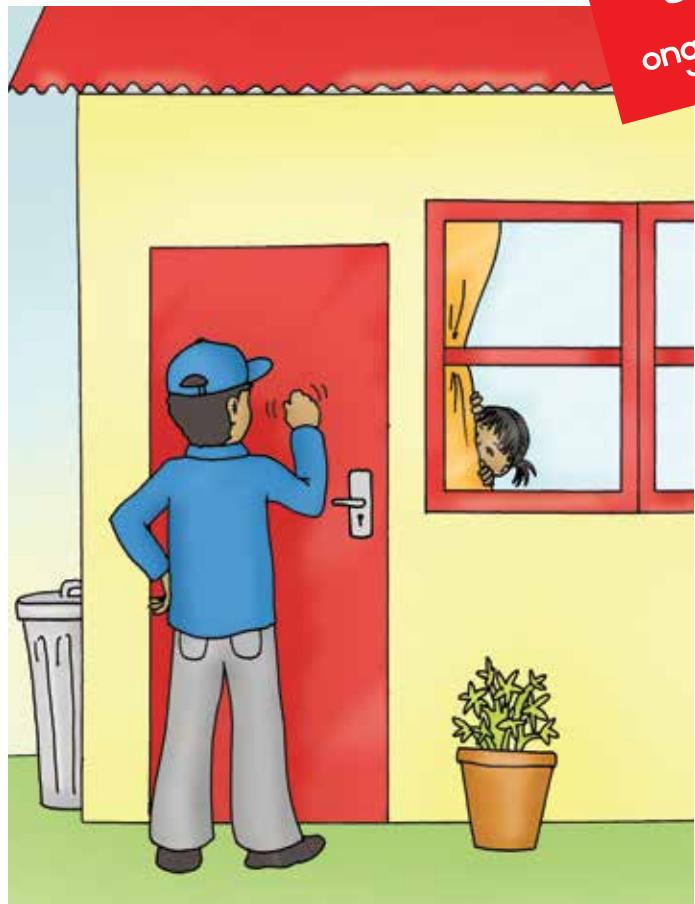
Asikhulume

Ufundile ngezinto ezingakulimaza ngaphakathi nangaphandle ekhenu. Ungenza ini ukuze uhlale uphephile lokha nangabe uwedwa ekhaya?



Lokha nawuwedwa ekhaya,  
ungenza lokhu okulandelako  
ukuze uhlale uphephile.

Ungavuleli abantu  
ongabaziko umnyango.



Lodlhela iminyako yoke  
ephumela ngaphandle.





- Qinisekisa kobana uyzazi iinomboro zomtato zababelethi bakho nezabantu abahlala eduze kwekhenu.
- Tlola phasi irhelo leenomboro eziqakathekileko, wenzele lokha nangabe kukhona into engakalungi.



Asitlole

Yenza irhelo lakho leenomboro eziqakathekileko.

The whiteboard has four cards:

- Zamapholisa:** (Police Car) - Green card with a police car drawing.
- Ze-ambulensi:** (Ambulance) - Light blue card with an ambulance drawing.
- Zesicimamlilo:** (Fire Truck) - Light blue card with a fire truck drawing.
- Inomboro kamma yakamaliledinini:** (Inomboro kababa yakamaliledinini) - Blue card with a ladder truck drawing.

Ngubani omunye ongamosela lokha nawutlhoga isizo?



# Into ongayikhumbula

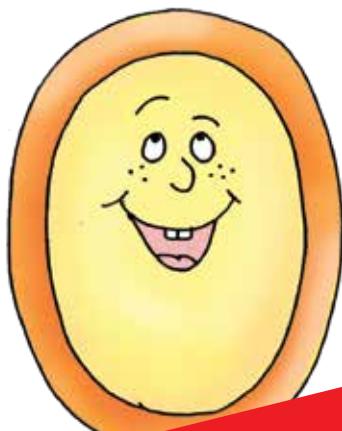
Ithemu-2 – I'veke-4 – Iphepha lokusebenza

Asikhulume

Le yindlela elula yokukhumbula inomboro yamapholisa. Qala isithombe bese utjela umngani wakho kobana isithombe sikukhumbuza bunjani iinomboro. Inomboro yamapholisa yi-10111. Ibuyelete kanengana ukuze uyibambe ngehloko.



1



0



111



Asithuthuke

Tjengisa kobana bewungenza ini lokha nangabe bekunguwe umntwana okesinye nesinye isithombe kilezi ezilandelako.



Bewungenza ini lokha umuntu ongamaziko akuqijimisa?



Bewungenza ini lokha nawusiza umma wakho ukuhlanganisa iintlabagelo zokubhaga ikhekhe?



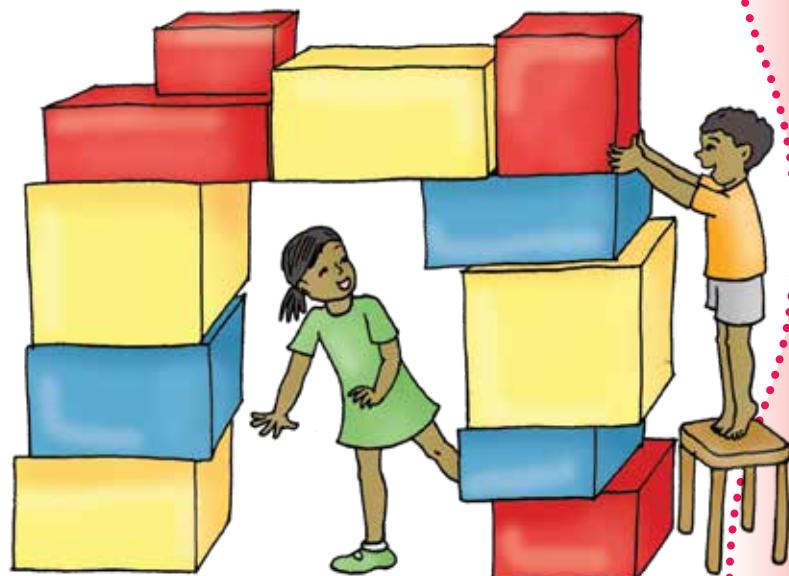
Bewungenza ini lokha nawuzibona ujame phezulu kwerhalasi elephukileko?



### Asenzeni lokhu

Akhe ubone kobana ungakghona ukuzakhela indlu engeyakho.

- Funyana amabhoksi amadala bewakhe iboda lendlu bewuyifulele ngawo.
- Unganamithisela amabhoksi ndawonye. Indlu nasele iphelile, ungayipenda.
- Lokha nawehlulekako ukuthola amabhoksi, linga uthole okuthileko ongakusebenzisa kodwana ungasebenzisi amarhalasinofana into engakulimaza.



### Asithuthuke

Phosela ibholo phezulu bese ulinga ukuyibamba ngesandla sakho ongakavami ukusisebenzisa.



Siza utitjhere wakho ukutjhidis iintulo, amatafula namabhoksi.

Khwela phezulu kweentulo, amatafula nanyana amabhoksi. Khasa ngaphasi kwetafula bese ulinga ukweqa.

Linga ukudzimelela ngenyawo elilodwa phezulu kwesitulo.



# Umzimba wami

Ithemu-2 – Iweke-5 – Iphepha lokusebenzela

Asitlole

Tlola amagama okungiwo ngeenkhaleni.

inyawo

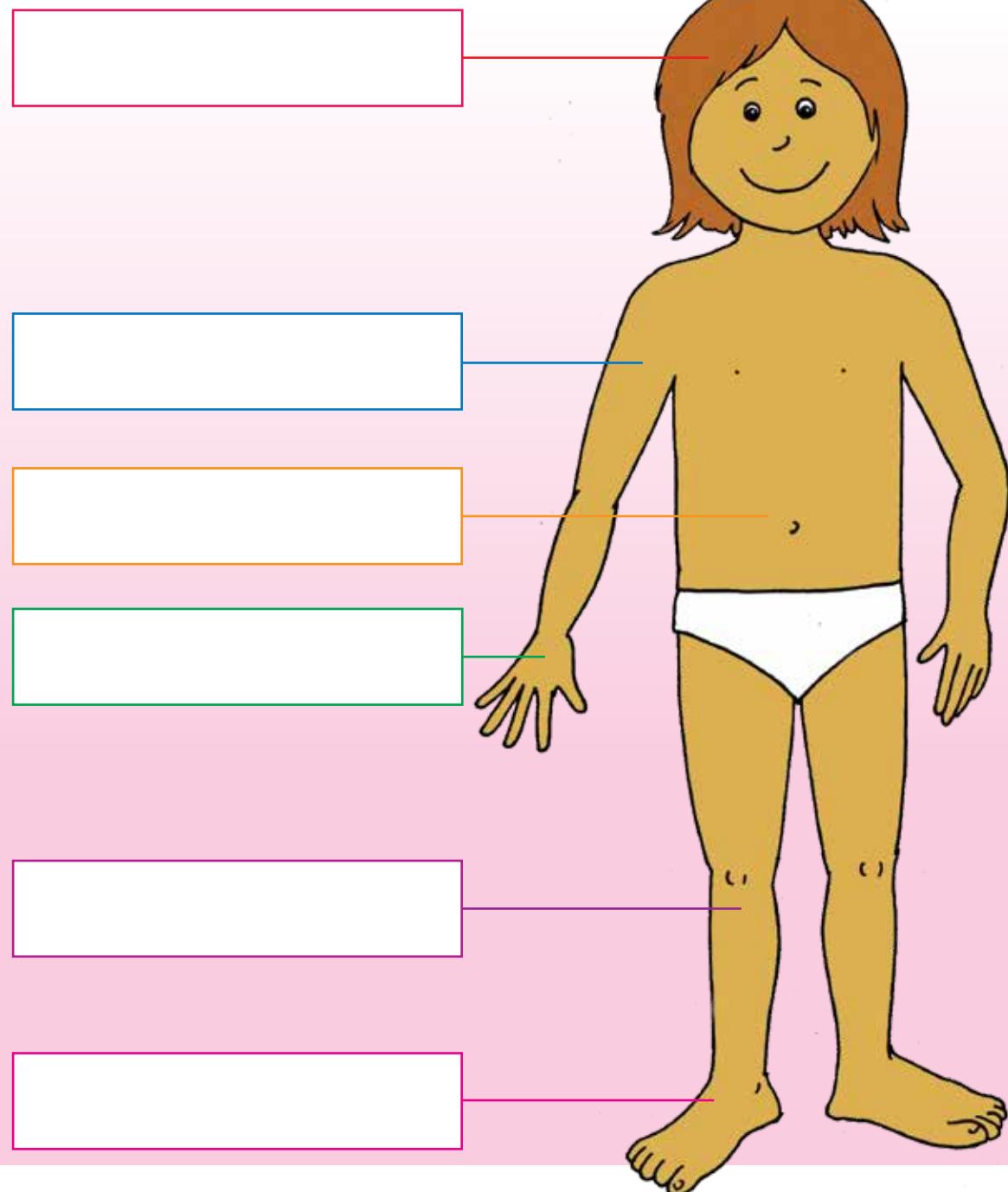
isandla

ihloko

amathumbu

inyawo

umkhono



Ilanga: .....

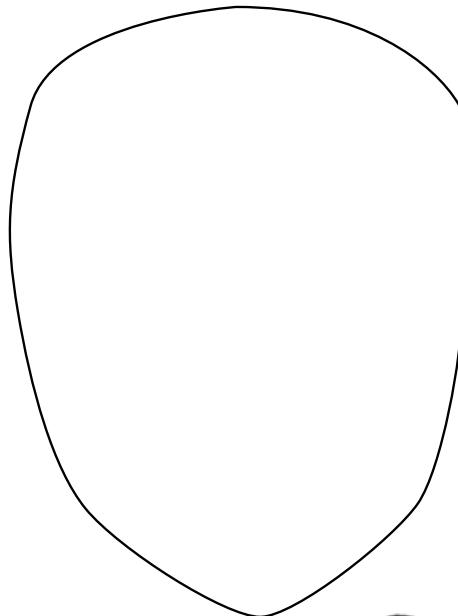


Asigwaleni

Qedelela umgwalwo wobuso lo.

Gwala iinhluthu. Linga ukukopulula ubuso bakho. Nangabe unamehlo abomvu, gwala amehlo abomvu. Nangabe uneenhluthu ezinzima, gwala iinhluthu ezinzima.

Gwala amatjhiya wakho, ipumulo nomlomo.



Ubuso busisitho esiqakathekileko somzimba.

Soke sinamehlo ama-2.



Soke sineendlebe ezi-2.



Soke sinepumulo eyo-1.



Soke sinomlomo owo-1.



Asivumeni

Vumani ingoma elandelako. Thinta isitho somzimba lokha nawuvuma ngaso.

## Ihloko namahlombe

**Ihloko namahlombe**

**Ihloko namahlombe, amadolo namazwani, amadolo namazwani**

**Ihloko namahlombe, amadolo namazwani**

**Ihloko namahlombe, amadolo namazwani, amadolo namazwani, amadolo namazwani.**



Asithuthuke

Dlala umdlalo othi 'USimoni uthi'....

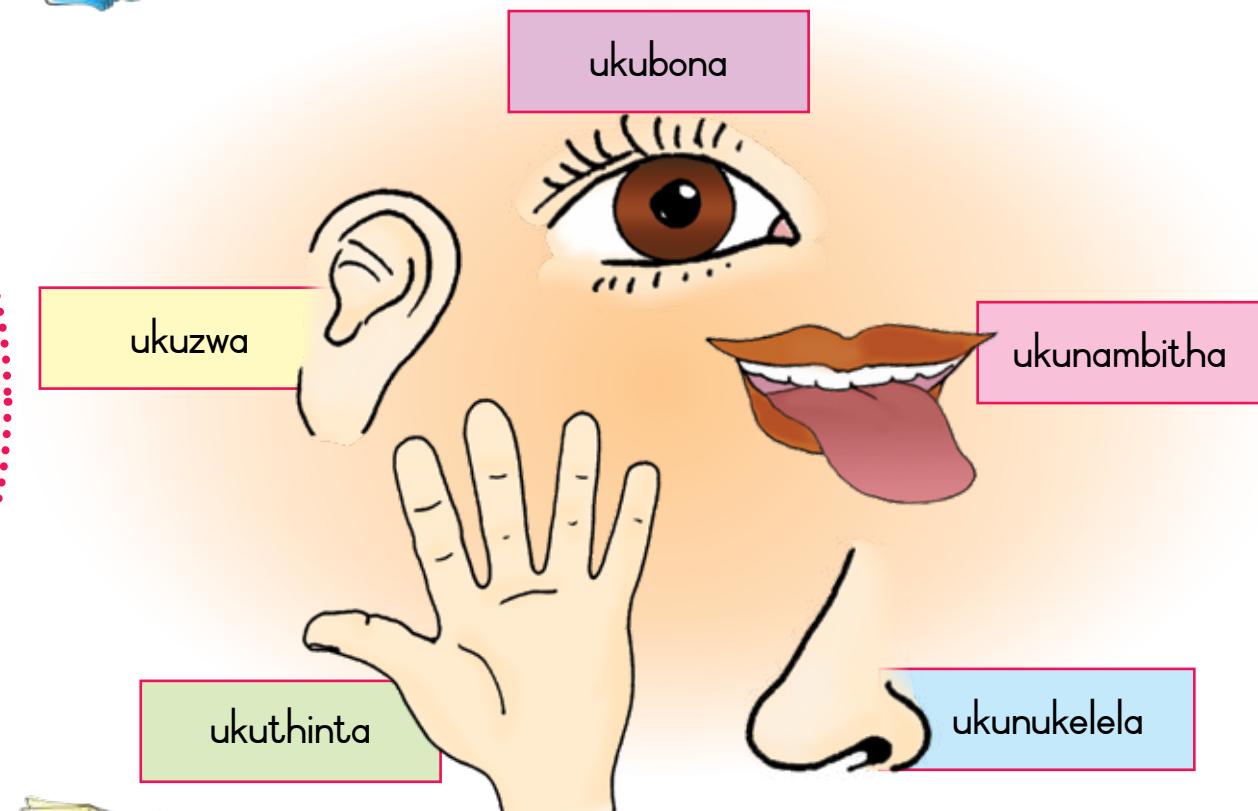


# Imizwa yami

Ithemu-2 – Iweke-6 – Iphepha lokusebenzela

Asikhulume

Qala imizwa eyahlukahlukeneko bese uyatjho kobana siyisebenzisa nini.



Asifunde

Sisebenzisa imizwa yethu ngamalanga.

Sinukelela besinambithe ukudla kwethu. Siyakwazi ukuthinta sizwe kobana isiba lithambe kangangani. Siyakwazi ukubona kobana isibhakabhaka sihle kangangani ehlolo.

Siyakwazi ukulalela umvumo. Imizwa yethu iyakwazi ukusiphephisa. Siyakwazi ukunuukelela lokha nakunomlilo.

Siyakwazi ukuthinta kobana ipuleyidi lesitofu litjhisa kangangani. Siyakwazi ukubona kobana akukaphephi ukweqa indlela. Siyakwazi ukulalela lokha i-alamu nayililako.





### Asenzeni lokhu

Ukutlhogomela amehlo neendlebe zethu.

Kufanele kobana sitlhogomele imizwa yethu.  
Lezi ziindlela ezimbili ongakwazi ukutlhogomela  
ngazo amehlo neendlebe zakho.



Tlhogomela iindlebe zakho  
ngokungalaleli umvumo odumela  
phezulu.

Tlhogomela amehlo wakho  
ngokwembatha ingwani nanyana  
ufake amarhalasi wamehlo  
ungaliqali ilanga.



### Asitlolo

Qala ithebula engenzasi, kenyenye ithebula tshwaya ✓ imizwa esingayisebenzisa.  
Ungatshwaya owodwa nangaphezulu.



ukunukelela	ukunambitha	ukubona	ukuzwa	ukuthinta
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# Ukuthabulula umzimba wami

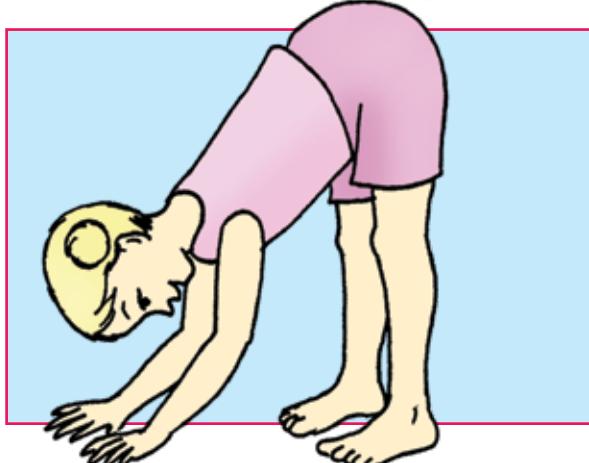
Ithemu-2 – Ivuke-6 – Iphepha lokusebenza



Asikhulume

Qala iinthombe. Kesinye nesinye isithombe yitjho isitho somzimba nokobana singakusiza bunjani.

Sisebenzisa imizimba yethu ukukhamba.



Asitlole

Phendula imibuzo elandelako usizane nomngani wakho. Tlolela iimpendulo ngencwadini yakho ngaphasi komunye nomunye umbuzo.

Ngiziphi izitho zomzimba ozisebenzisa lokha nawukhambako?



Ngisiphi isitho somzimba ozisebenzisako lokha nawudobha okuthileko?



Asithuthuke

Utitjhore wakho uzokutjengisa kobana ningadlala bunjani 'ukatsu nekhondlo'.



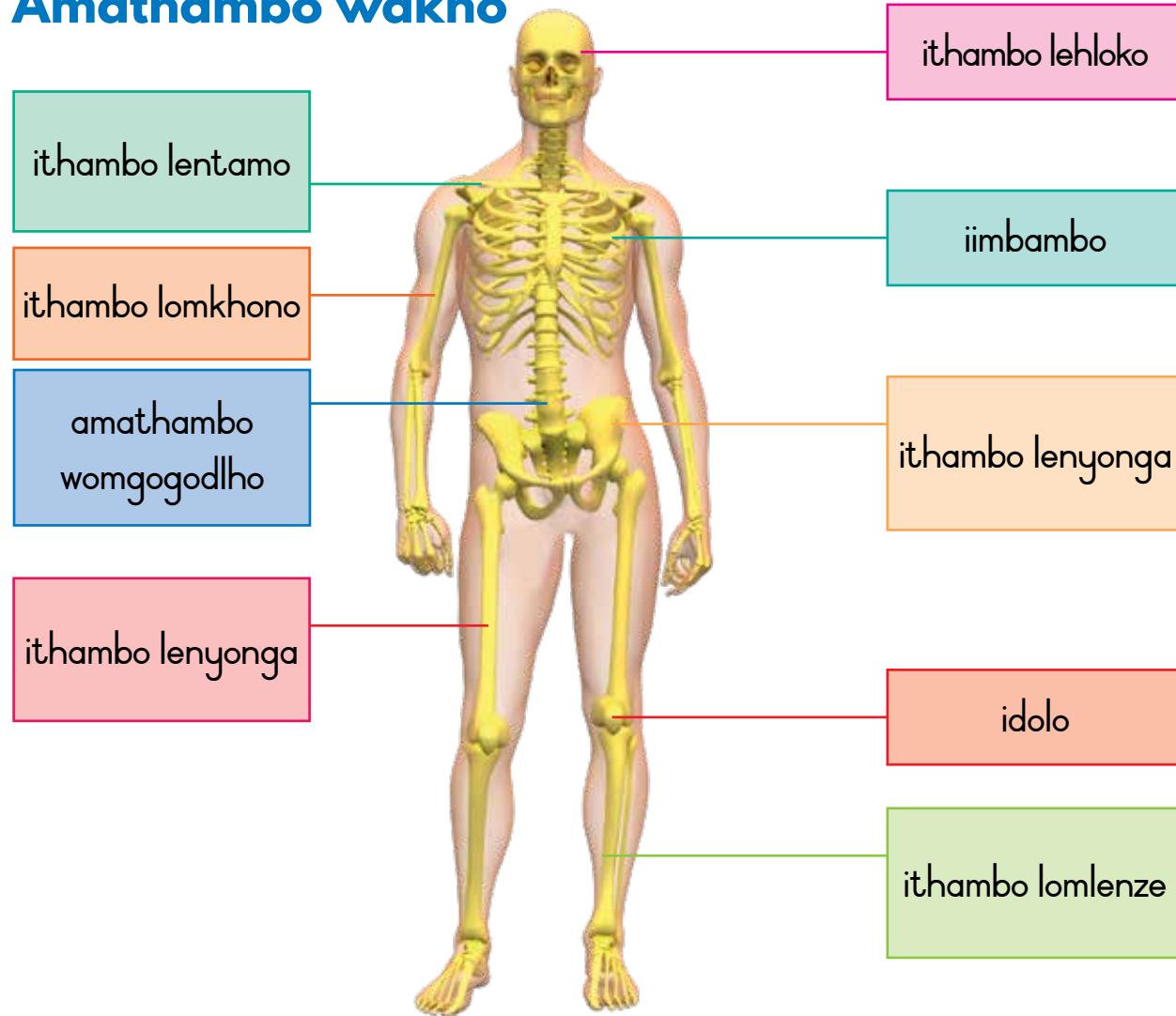
Ilanga: .....



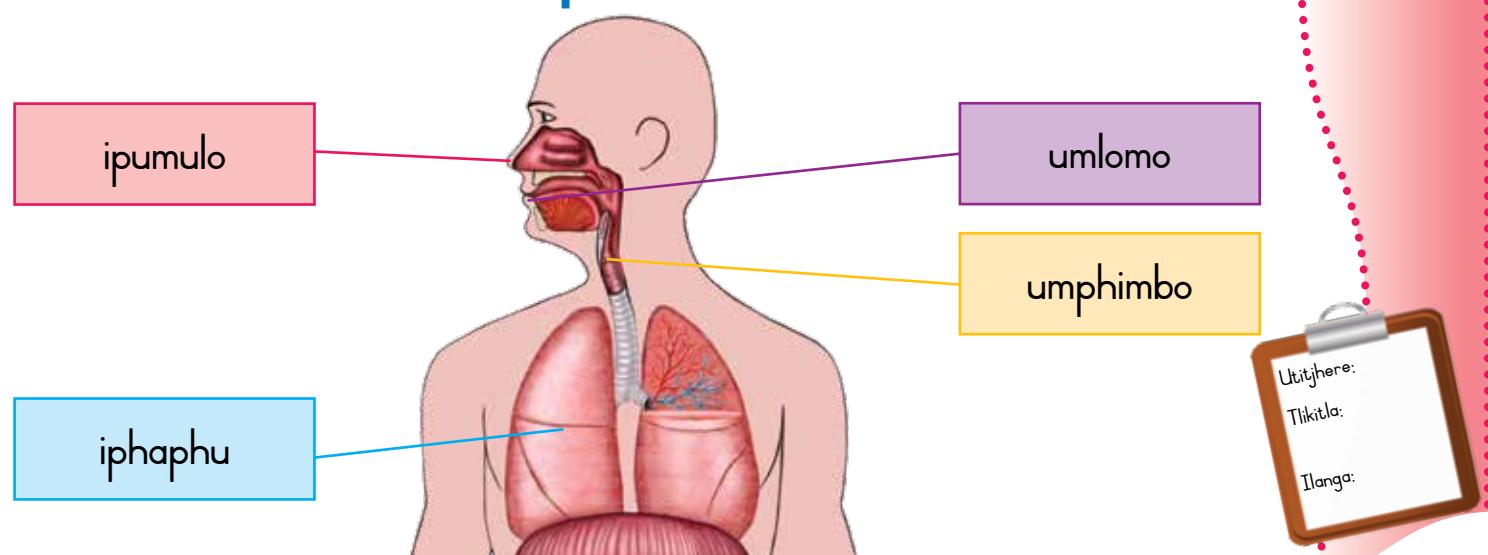
Asifunde

Zikhona izitho zomzimba ongakwazi ukuzibona.  
Zizoke ziyasezbenzisana ukukubulunga uphilile.

## Amathambo wakho



## Izitho zomzimba ezikusiza kobana ukwazi ukuphefumula





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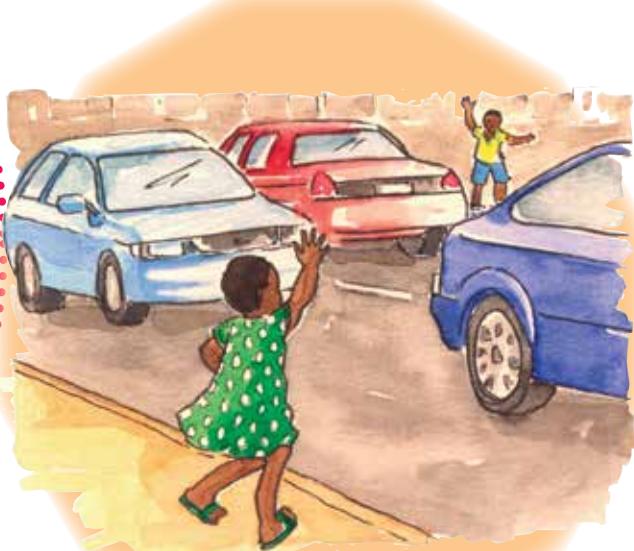
# Ukucabanga ngokuphepha

Ithemu-2 – Iweke-6 – Iphepha lokusebenzela



Asifunde

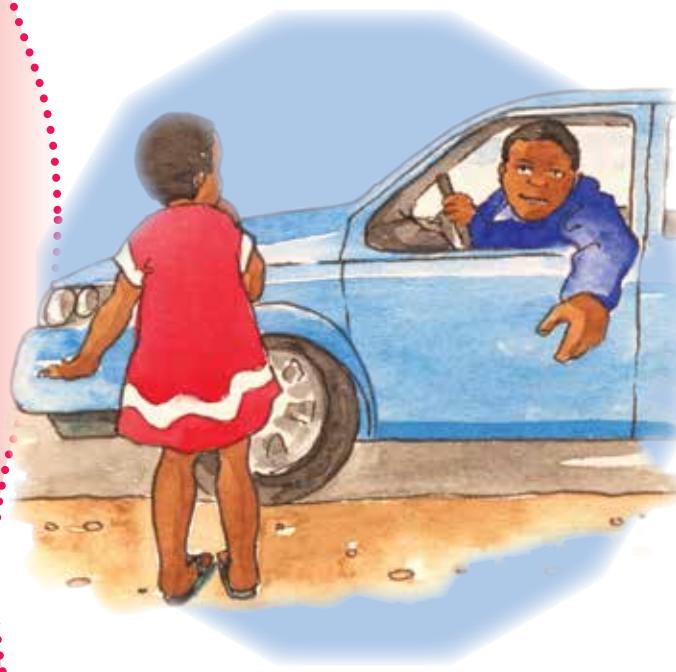
Qala iinthombe ezingenzasi, bese ucoca nomngani wakho kobana ubona ini.  
Mayelana nesinye nesinye isithombe yitjho kobana ungahlala bunjani uphephile.



Ubona umngani wakho ngale kwendlela.



Ulinde esitopeni sebhesi, uwedwa.



Umuntu ongamaziko ubawa bonyana ukhambe naye.

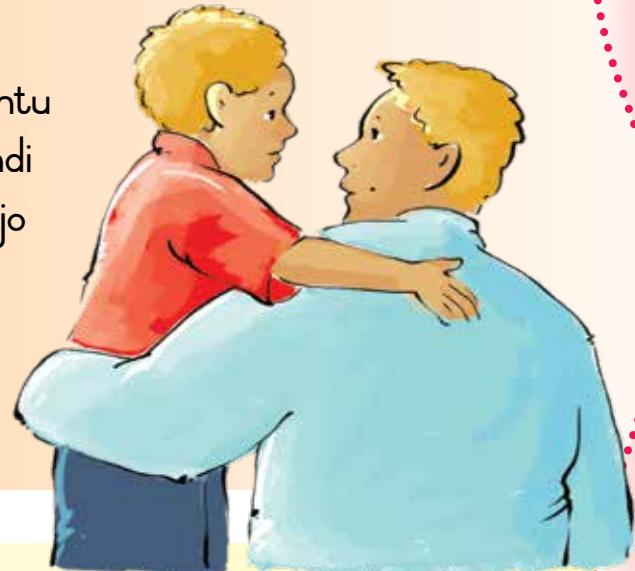


Ulahlekile esithabathabeni zeentolo

Ilanga: .....



Sibanemizwa "evumako" lokha omunye umuntu nakasingatha ngendlela efaneleko. Kumnandi ukusingathwa mumuntu onobungani netjhejo epilweni yakho.



Kufanele "singavumi" lokha umuntu nakasithinta ngendlela esenza sesabe nanyana sisilingeke. Lokha nasizizwa sethukile nanyana sesaba, sisuka sinemizwa engavumiko.

Umzimba wakho uqakathekile begodu ungowakho. Ungatjho uthi "iye" nangabe umuntu akuthintanofana uthi "awa" nangabe umuntu akuthinta uzizwa ungakaphephi.

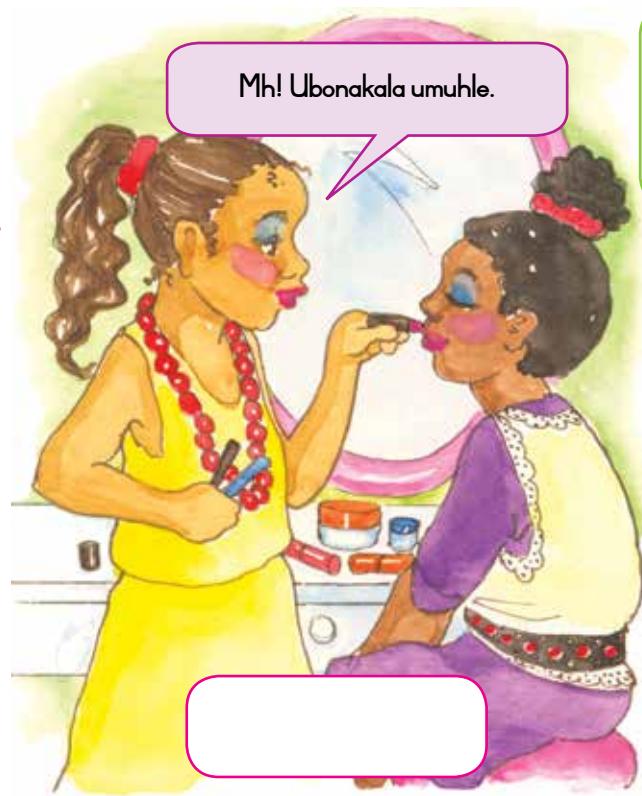


# Ukuhlala uphephile

Ithemu-2 – Ivetke-7 – Iphepha lokusebenza

Asitlole

Qala iinthombe lezi ezingenzasi bese utlola u-iye emizweni elungileko nanyana utlole "u-awa" emizweni engakalungi. Ngemabhlogweni.



Ilanga: .....



Asenzeni lokhu

Zijayeze ukuthi "awa".

Yenzani umdlalo nilingise lokha umuntu ongaziwako afuna ukweba umntwana ngekoloyi yakhenofana afuna ukuthinta umntwana lapha angafuni khona. Umntwana uphendula ngokuthi "awa".



Asikhulume

Abanye abantwana bahlala emakhaya lapho kunabantu ababatjhejako. Qala iinthombe. Coca kobana nangathana osesithombeni bekunguwé bewungazizwa bunjani. Yitjho lokho ongakwenza.



Asithuthuke

Dlalani umdlalo "unganyakazi".

Ungakhamba uye nanyana kukuphi kodwana lokha utitjhere nakalilisa ifengwana jama lapho ukhona. Ungasikinyeki kufikela lapho utitjhere athi ungasikinyeka. Uzokwazi ukudzimelela?

Linga ukukhamba phezu kwentambo ebekwe ehlabathini.





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# Ukugcina umzimba wami upholile

Ithemu-2 – Ivetke-7 – Iphepha lokusebenzela



Asifunde

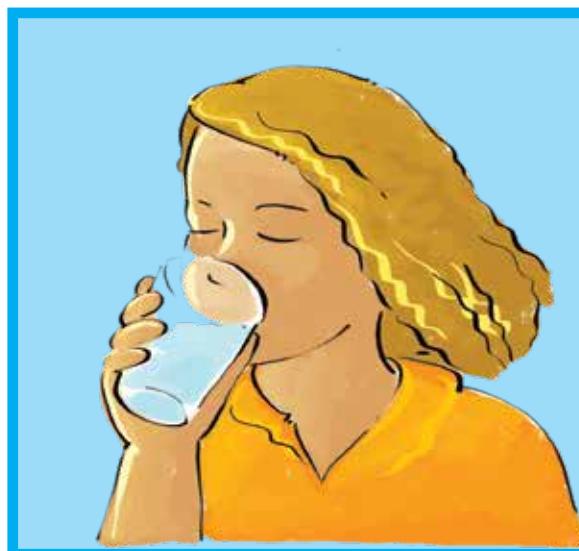


Zinengi iindlela ezingenza kobana singenwe malwele. Esikhathini esinengi, sigula ngebanga lemilwana. Imilwana mincani begodu angekhe sayibona ngamehlo. Imilwana le ingena emizimbeni yethu isenze sigule.



Asikhulume

Khujini ekwenziwa bantwana eenthombeni ukuze bahlale baphilile?  
Bekuzo kwenzeka ini lokha nabangakwenzi lokhu?

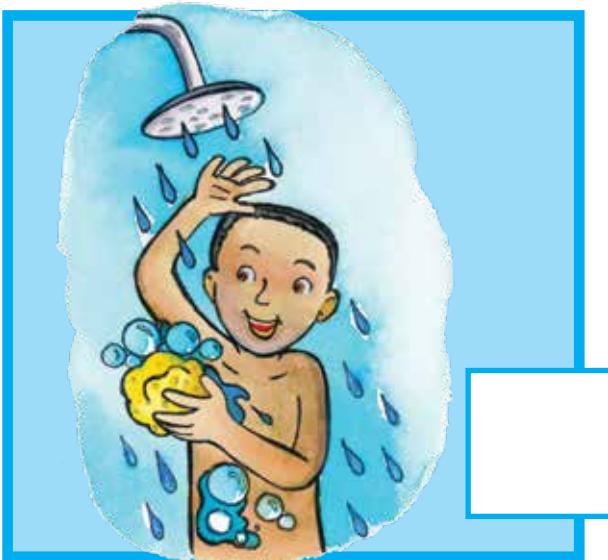


Ilanga: .....



Asikhulume

Coca ngeenthombe ezilandelako. Yenza itshwayo ✓ ngemabhoksini utjengise indlela yokuhlala uphilile. Beka itshwayo ✗ lesiphambano ngemabhoksini weenthombe lezo.



Utijhere:	Tlikitla:
Ilanga:	



# Ukugcina umzimba wami upholile



Asikhulume

Khuyini okwensiwa bantwana esithombeni ukuze bahlale baphilile? Bekuzokwenzeka ini lokha nabangakakwenzi lokhu?

Uthi bewazi kobana amanye amanzi ahlwengekile begodu amanye asilaphazekile? Ungaqinisekisa bunjani kobana amanzi ahlwengekile?

**Ungabilisa amanzi asilaphazekileko ukubulala imilwana.**



**Ungasefa amanzi asilaphazekileko. Utitjhore wakho uzokutjengisa kobana ungakwenza bunjani lokhu.**

**Ungathela isigobho sinye ijavela ngemqqomini wamanzi asilaphazekileko. Gubuzesa ukuze kufe imilwana. Beka amanzi lawo ama-iri ama-28 ngaphambili kobana uwasele.**



Ilanga: .....



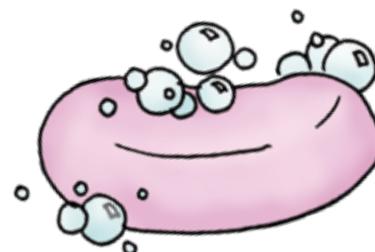
### Asikhulume

Qala iinthombe lezi bese ucoca ngalokho abentwana abakwenzako ukuze bahlale baphile kuhle.

Lahlela ithitjhu esetjenzisweko ngemqgomini weenzibi.



Hlamba izandla zakho ngaphambili kokudla.



Hlamba izandla zakho ngemva kokusebenzisa indlu yokuzithumela.

Lokha nawusilaphaze indlu yokuzithumela, sula iisila zakho bewuhlambe nezandla zakho.



Vala umlomo wakho lokha nawukhohlelako nanyana uthimulako.

# Ukubuyelela sihlolisise



Coca ngalokho okufundileko  
emathemini amabili adlulileko



Ngingakhuluma ngomndeni wekhethu.

Ngingakghona ukukhamba phezulu komuda.

Ngiyazazi iinomboro zomtato zamapholisa.

Nginelwazi ngemizwa "iye" nanyana "awa".

Ngiyakwazi ukugeda ibholo.

Ngiyakwazi ukuhlala ngiphephe ekhaya.

Ngiyakwazi ukuzitlhogomela lokha nangisekhaya  
ngingedwa.

Ngiyawusiza umndeni wekhethu.

Ngiyayazi indlela eya esikolweni.

Ngiyakwazi ukuhlala ngiphilile.

Ngiyakwazi kobana ngizokwenza ini ngezinto zoke  
ezingesikhwameni sami sesikolo.

Ngifunde okunengi ngamaKghono wezePilos.



# Isihlathululi-magama sami

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# Isihlathululi-magama sami

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N n	T t
O o	U u
P p	V v
Q q	W w
R r	X - Z x - z

