



Nkhskt. Angie
Motshekga. iNduna
yeMfundvo yeSisekelo



UMnu. Enver Surty.
liphini leNduna
yeMfundvo yeSisekelo

Letincwadzi tekusebentela tikhicitelwe bantfwana baseNingizimu Afrika ngekuholwa yiNduna yeMfundvo yeSisekelo. Nkhskt Angie Motshekga akanye neLiphini lakhe uMnu Enver Surty.

LeTincwadzi Tekusebentela takaRainbow tiyincenye yemitamo yaleLitiko leMfundvo yeSisekelo yekutfutukisa bafundzi baseNingizimu Afrika emabangeni ekucala lasitfupha ekufundza. Njengalomunye wemigomo lehamba embili eLuhlelweni lweKusebenta lwaHulumende. lomsebenzi ukhokhelwe ngesihle Silulu seTimali saVelonkhe. Ngenca yalokusekelwa ngetimali. leLitiko leMfundvo liphumelele kwakha letincwadzi ngato tonkhe letilwimi letisemtsetfweni kulelive.

Siyetsemba kutsi bothishela batatitfolo tilusito kakhulu letincwadzi tekusebentela basafundzisa malanga onkhe kute bafundzi bakhone kucedza luhlelo lwabo lwekufundza. Setame, ngekuqophelela lokukhulu, kusita thishela kuleyo naleyo ncnene yemsebenzi, ngekuqobanisa timhawu letitfombe kukhombisa umfundzi loko lokumele akwente.

Siyetsemba bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhula nekufundza; nekutsi bothishela batawutfokota kanye nabo.

Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.

Kufundza ngeMtsetfo Sisekelo weNingizimu Afrika (1996)

UMtsetfo-sisekelo waseNingizimu Afrika (1996) ucuketse imitsetfo lesetulu yelive. Lemitsetfo ingetulu ngisho kwamengameli welive, tinkantolo kanye nahulumende. Ichaza kutsi bantfu belive kumele baphatsane njani, nekutsi ayini emalungelo abo kanye nemitfwalo labanayo ngalabanye. UMtsetfo Sisekelo welive ukhonela kusivikela sonkhe nyalo kanye nebantfwabetfu ngakusasa.

**Kufute sati
ngelimuva
letfu.**

**Asingawaphindzi
emaphutsa
ayitolo.**

**uMtsetfo Sisekelo usisita
kutsi sicabange futsi sakhe
likusasa lelihle lakhe
wonkhe umuntfu.**

Tsine, bantfu baseNingizimu Afrika;

Siyakubona kungabi khona kwebulungiswa esikhatsini lesengcile; Setfulela sigcoko labo labahlukunyetwa kuze sitfole bulungiswa nenkhululeko eveni letfu;

Sihlonipha labo labasebentile kwakha nekutfutukisa live letfu; Siyakholwa futsi kutsi iNingizimu Afrika yabo bonkhe labahlala kuyo, sihlange nekwehlukahlukana kwetfu.

Ngaloko-ke, ngetitfunywa lesitikhetsela tona ngenkhululeko, siyawemukela loMtsetfo-sisekelo njengemtsetfo lophakeme kunayo yonkhe eRiphabhulikhi kuze—

Kupheliswe kwehlukana kwayitolo futsi kwakhiwe umphakatsi losekelwe yintsandvo yelinyenti, bulungiswa ekuphileni kanye nemalungelo-sisekelo ebuntfu; Kubekwe sisekelo semphakatsi wentsandvo yelinyenti, longenamfihlo lapho khona hulumente abekwe ngetifiso tebantfu futsi sonkhe sakhamuti ngalokulinganako sivikelwe ngumtsetfo;

Kwentiwe ncono lizinga lemphilu yetakhamuti tonkhe futsi kukhululwe emakhono emuntfu ngamunye; futsi



Kwakhiwe iNingizimu Afrika lehlange ne futsi yentsandvo yelinyenti lekwati kutsatsa indzawo yayo leyiyifanele njengelive lelitibusako njengawo onkhe emave latibusako.

**Tsatsa lilungelo
lakho njengemuntfu
waseNingizimu Afrika
bese utsatsa sigaba sakho
kuvikela emalungelo
alabanye.**

**Wati uMtsetfo
Hlongotwako
wemalungelo akho kanye
neMtsetfo Hlongotwako
weMtfwalo lobhekene
nemuntfu.**

Nkulunkulu akabusise bantfu bakitsi
Nkosi Sikelel' i-Afrika. Morena boloka setjhaba sa heso.
God seën Suid-Afrika. God bless South Africa.
Mudzimu fhatutshedza Afurika. Hosi katekisa Afrika.

Tincwadzi letitfolakala kulelimfomfo:

- Lulwimi Lwekucala Lolwengetiwe Emabanga 1 – 3 (Ngato tonkhe tilwimi letisemtsetfweni)
- Lulwimi Lwekucala Lolwengetiwe Emabanga 4 – 6 (NgesiNgesi)
- Lulwimi Lwasekhaya Emabanga 1 – 6 (Ngato tonkhe tilwimi letisemtsetfweni)
- Tibalo Emabanga 1 – 3 (Ngato tonkhe tilwimi letisemtsetfweni)
- Tibalo Emabanga 4 – 9 (NgesiNgesi nesiBhunu)
- Emakhono eMphilo Emabanga 1 – 3 (Ngato tonkhe tilwimi letisemtsetfweni)

Kubuyeketiwe
futsi kwahleleniswa
ngekwema-CAPS

Libanga



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Libanga

1

Emakhono eMphilo
ngeSISWATI
Incwadzi 2



Lencwadzi ya:



33 Tindzawo emmangweni wami

Ithemu 3 – Liviki 1



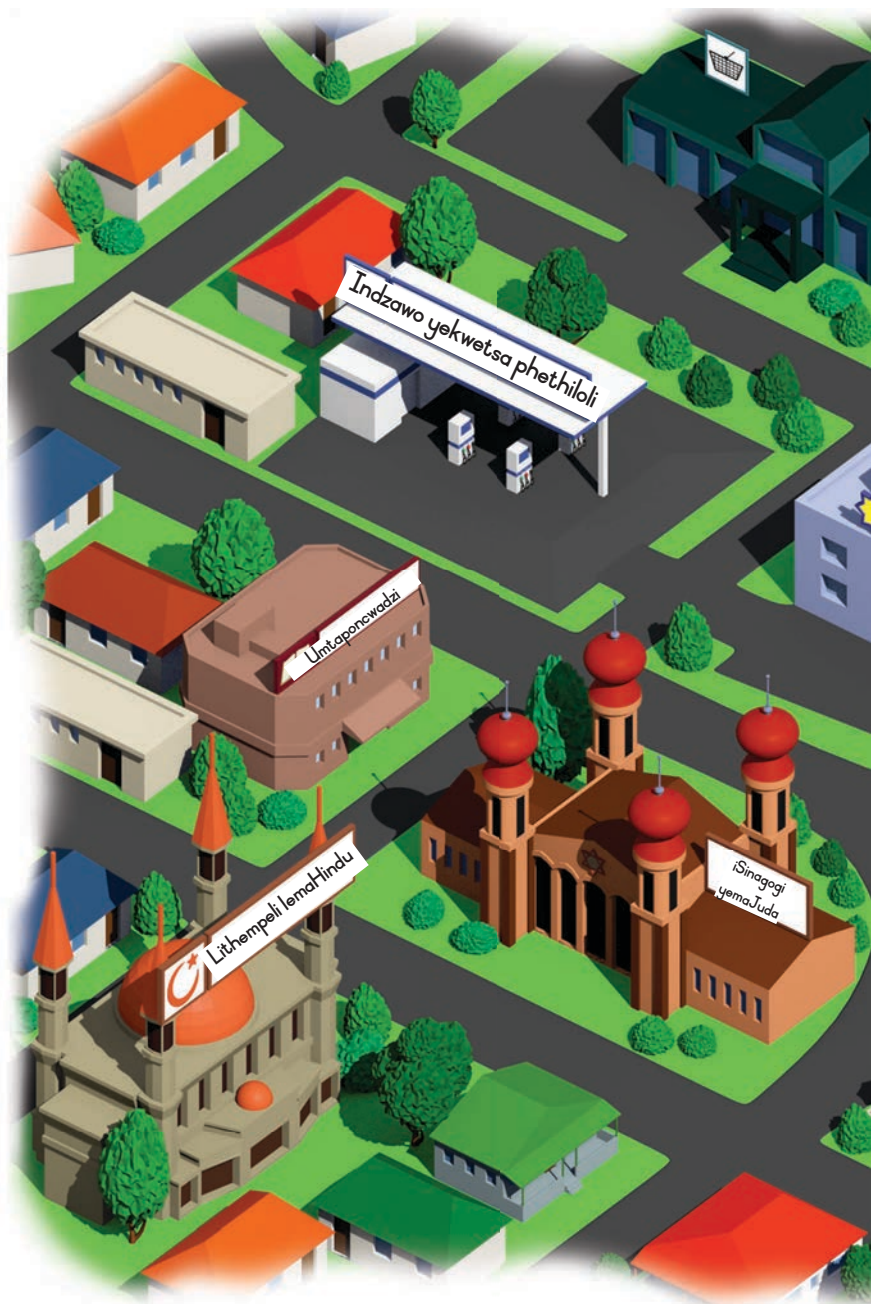
Ase sifundze

Ase ucabange ngabo
 bonkhe labantfu
 lobabonako nalokhuluma
 nabo malanga onkhe –
 laba bantfu
 bangummango wakho.
 Bangaba bantfu
 labasesitaladini sakho
 noma labahlala madvute
 nalapho uhlala khona.
 Bangaba bantfu
 basenkonzweni noma
 esikolweni sakho,
 emaphoyisa emmango,
 bodokotela kanye
 nalabanye nje.



Asikhulume

Coca nemngani wakho ngaletitfombe kulamakhasi lamabili.
 Tindzawo tini lotibonako kulesitfombe?
 Ngukutiphi taletindzawo lapho bantfu babutsana khona?





Asente loku

Lusuku:

Ngutiphi, kuletindzawo esitfombeni ngentasi, loko wativakashela? Landzelela utsatsise titfunti-mugca tato ngemakhilayoni.



Asikhulume

Cocela umngani wakho kutsi ngabe letindzawo wativakashela uhamba nemuntfu noma wedvwana. Kwaya ngani kutsi uvakashela letindzawo? Ucabanga kutsi letindzawo lowativakashela kulula kutsi tivakashelwe bantfu labakhubatekile?



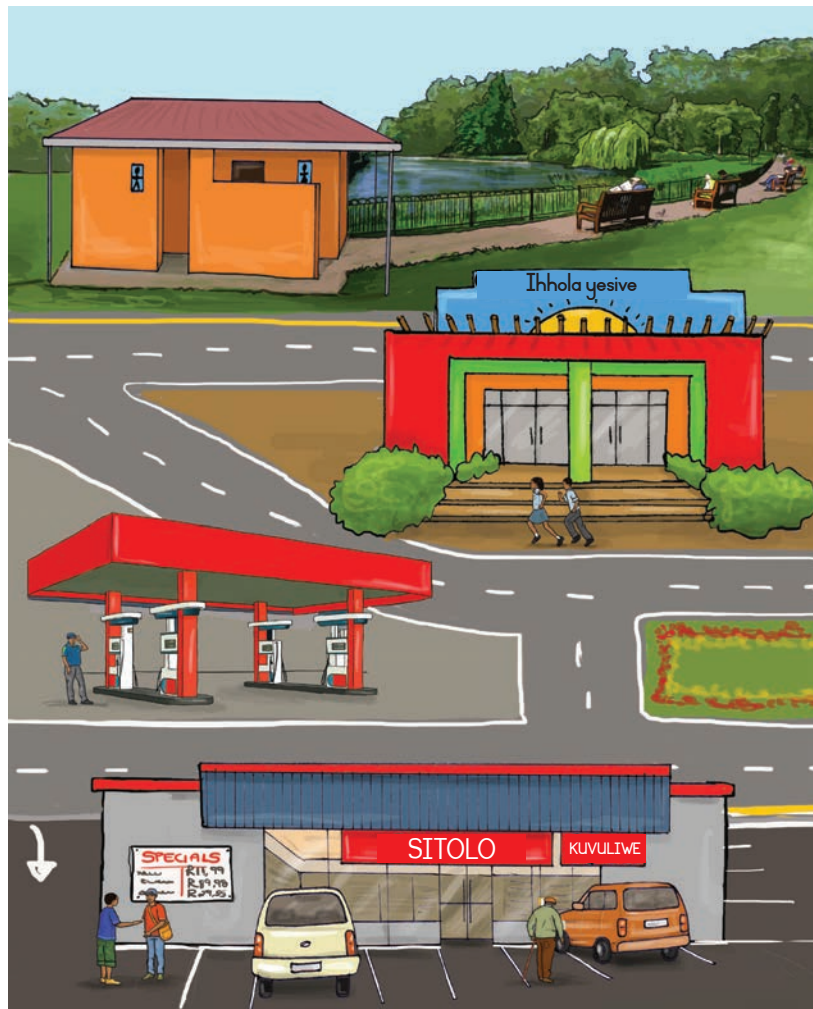


Kunakekela tinsita emmangweni wami



Asikhulume

Tindzawo emimangweni yakitsi tinetinsita letehlukene letingasetjentiswa nguwonkhe wonkhe. Imitfolamphilo, tikolo, tinkhundla tekudlala netibhedlela. Tonkhe leti tinsita lesingatisebentisa. Sidzinga kunakekela tonkhe letinsita emmangweni wakitsi. Futsi sidzinga kugcina simondalo sakitsi sihlobile, khona wonkhe muntfu atosisebentisa.



Asikhulume

Coca nemngani wakho ngalesitfombe.

- Ucabanga kutsi bayatsandza yini bantfu kuhlala lapha?
- Kungani ucabanga kanjalo?
- Ungentiwa njani ummango nesimondalo sakini kuba ncono?



Asente loku

Yenta umdvwebo wakho
wemibalabala usebentisa luhlobo
lwesitfutsi sesive, njengesitimela,
ibhasi noma itekisi. Khombisa
bantfu labanebukhulu lobehlukene
labanawe – labanye bahleti
bacondze mpo, labanye bagobe
babheka embili noma balele phansi
babheke emuva, labanye bakhulu
kani labanye bancane.



Asinyakate

Tifutfumete

- Tifutfumete ngekuhamba uye embili mantontolwane.
- Nyalo hamba sinyova ngetitsendze.
- Yani embili ngetitsendze.
- Hamba sinyova mantontolwane.



Bumba tinhlavu

Yakhani emacembu aba-2. Sebentisani
imitimba yenu kwakha tinhlavu. Ningema neyame
lubondza noma nilale phansi.

Ase ubone kutsi wena nemngani wakho
ningete nalwakha luhlavu labanye
labangakhoni kulwakha.



Asikhulume

Buka letitfombe.

Tiyini vele tonkhe letinsita? Tjela umngani wakho indlela lengiyo yekusebentisa insita ngayinye.





Asente loku

Yakha sitfombe-bunjwa
sesakhiwo lesincane usebentisa
tintfo letivusetelwe. Ungakha
umtfolamphilo, umtaponcwadzi
noma-ke ngusiphi nje
sakhiwo emmangweni wakho.
Ningabuye nisebente
ndzawonye ngemacembu.
Hlobisani sakhiwo senu
kukhombisa kahle kutsi nakhe
sakhiwo sini.



Lusuku:



Asinyakate

- Hlembisa lamasondvo eme mpo alandzelane.
- Khasa uphume kulamasondvo.
- Beka emasondvo cababa, phansi.
- Mani ngemilente yomibili etu kwelisondvo lemoto.
- Nyalo-ke sima ngamlente munye etu kwelisondvo.
- Sebentisa lamasondvo nakunobe ngumuphi lomunye umdlalo wekunyakata.

Caphela ungate utilimate.



Bantfu emmangweni wami

Asibhale

Buka letitfombe. Emabhokisini langesekudla, khetsa ligama lelilungela sitfombe ngasinye. Libhale ngephansi kwesitfombe.



Umetsi wephethiloli

Umdayisi timbali

Umongi



Umshayeli mathekisi

Liphoyisa lemgwaco

Dokotela



Umtsengisi titselo

Socimamlilo

Liphoyisa

Asikhulume

Buka letitfombe loticambile bese ucoca nemngani wakho ngato.

Uyababona labantfu emmangweni wakho?

Bobani lobabona emmangweni wakho?

Ngabe bantfu emmangweni wakini bayasitana yini? Yini labayentako?



Asibhale

Dvweba umugca kusuka ekucaleni kwemusho ngamunye ngesancele kuya emagameni lahambisanako ngesekudla.

Lusuku:



Socimamlilo

Lilunga leMkhandlu weMaphoyisa
eNingizimu Afrika

Dokotela

Umtsengisi titselo

Umetsi wephethiloli

libamba tigebengu.

utsengisa titselo.

wetsa phethiloli etimotweni.

ucisha umlilo.

usenta siphile.



Asibhale

Buka letitfombe. Emagameni langentasi, ligama lelingilo lesitfombe ngasinye libhale ngaphansi kwesitfombe ngasinye. Catsanisa timphendvulo takho netemngani wakho.

Iloli yesicimamlilo



Endzaweni yekwetsa
phethiloli



Sibhedlela



Emaphoyiseni



Asinyakate

Betsa tandla ngesigi losivako.

- Lalelisa uma sigi sigucuka.
- Yenta loku ngetinhlobo letehlukene tetingoma, kusuka kutakudzala kuya kutesimanje.
- Betsa tandla ngesivinini noma ngesiye kuhambisana nesigi.

Emanotsi athishela:

Lalela umculo thishela wakho
lawudlalako kumbe tigi thishela
wakho latidlalako ngesigubhu
kumbe lolunye lugubhu lwengoma.



Teacher:
Sign:
Date:

Tilwane lesitifuyela ekhaya

Ase sifundze

Linyenti letfu linetilwane tasekhaya. Silwane sakho sasekhaya ngumngani wakho. Uyasinakekela futsi sihlala madvute nawe – mhlawumbe ekhatsi endlini yinye nawe kumbe esakhiweni lesikhetsekile ebaleni lakini.



Asikhulume

Buka lesitfombe. Coca nemngani wakho ngalesitfombe. Sebentisa ikhilayoni kubiyela tonkhe tilwane tasekhaya lotibonako. Tingaki tilwane tekhaya longatibala? Tjela thishela wakho.

- Unaso wena silwane sekhaya? Uma unaso, cocela umngani wakho ngaso.
- Uma ute, cocela umngani wakho kutsi luhlobo luni lwesilwane sekhaya longatsandza kuba naso kumbe-ke usho kutsi kungani ute silwane sekhaya.



Asibhale

Nilikilasi yentani luhlu lwato tonkhe tinhlobo tetilwane tekufuywa leningatiboni esitfombeni. Kopela lapha loko thishela wakho lakubhalako ebhodini.



Asente loku

Dvweba noma ngusiphi
silwane sekhaya
lositsandzako-ungabuye
uticambe nje leso
silwane longatsandza
kuba naso.

Sebentisa lubumba
kwakha lesilwane
sekhaya.



Asinyakate

Tifundzise kujika nekugendza ibhola.

- Ngetandla totimbili jika ibhola yethenisi etulu emoyeni. Yigendze ngetandla totimbili.
- Manje yijike etulu emoyeni ngesandla sinje bese uyayigendza futsi ngaleso sandla.
- Nyalo-ke jika ibhola yethenisi ngesandla sakho lesibutsakatsaka etulu emoyeni uyigendze futsi ngesandla sakho lesibutsakatsaka.
- Gcumisa ibhola yethenisi phansi ngetandla totimbili ubuye uyibambe futsi ngetandla totimbili.
- Yigcumise ngesandla sinje ubuye uyibambe futsi ngaleso sandla.
- Yigcumise ngalesa lesinye sandla ubuye uyibambe futsi ngaleso sandla.
- Mani endilingeni. Jika ibhola yethenisi
- Mani endilingeni wendlulisele ibhola kulomuntfu loseceleni kwakho usebentisa tandla totimbili.
- Yendlulisele ibhola kulomuntfu loseceleni kwakho usebentisa sandla sinje.
- Sebentisa sandla sakho lesinye wendlulise ibhola iye kulomuntfu loseceleni kwakho kulela lelinye licala.

Lusuku:



Bewati-nje?

Cishe tonkhe tinja titsandza kudlala ngebhola.
Kodvwa kufute uphutfume ngoba tinja tiyatsandza
kubamba ibhola tigijime nayo tibaleke.



Teacher: _____
Sign: _____
Date: _____

Kunakekela tilwane tekhaya



Asikhulume Kumcoka kunakekela tilwane tetfu tekhaya.

Coca nemngani wakho ngalokudzingwa tilwane tekhaya. Ticabange ungulesilwane sekhaya umngani wakho lasidvwebe ekhasini 11. Cabanga ngalongakudzinga. Ungacabanga ngalokufana nekudla nendzawo yekulala. Nyalo-ke cocela umngani wakho. Phindza ukhulume ngaloko langakwenta nakwenteka ugula.



Asibhale Faka luphawu (✓) edvute kwentfo ngayinye ledzingwa silwane sekhaya.

Kudla

☐

Emanti

☐

Inhlama yekucubha

☐

Indzawo letfokomele, leyomile yekulala

☐

Dokotela wesilwane nasigula

☐

Liholide

☐


Asente loku Dvweba emagumbi ekuhlala netinhlobo tekudla lokungadzingwa nguletilwane. Chubeka ubhale ligama lesibita ngalo bantfwabato.

Silwane	Kudla	Ligama lemntfwanaso
		
		
		



Asente loku

Fundza umusho ngamunye ucabange ngekutsi ungatwa njani nekutsi ungatsini futsi wenteni. Khombisa loko longakuva naloko longakusho. Thishela wakho utakutjela kutsi wente kuphi.

- Utitsatsele silwane sekhaya lesisha.
- Likati lakho linyamalele.
- Inja yakho seyidle intsandvokati yelithoyizi lakho.
- Umngani wakho ucalainja.
- Ubonainja ikhiyelwe emotweni levaliwe.



Asinyakate

Lalela letigi letehlukene thishela wakho latatidlala. Yenta shengatsi usilwane lesihamba ngesigi salengoma.

Uma ingoma igijima, cocoma njengelihhashi.



Uma ingoma ipholile, ntjentjemuka njengeluvivane.

Uma ingoma imemeta, hamba njengendlovu.



Uma ingoma ibina, hamba njengelufudvu.



Asikhulume



Logwaja nguSagundwane. Ematinyo abosagundwane akayekeli kukhula.



Umnyaka munye wemuntfu ulingana neminyaka lesi-7 yenja. Umainja ineminyaka lemi-3, kufana nekutsi ineminyaka lengema-21 emuntfu.



Uma likati lijabulile litsi, mmnyaawu!



Asitjabulise

"Likati neLigundwane". Thishela wakho utanitjela kutsi ngubani likati ngubani ligundwane. Ntjintjanisa tikhundla emva kwesikhatsi.



Teacher:
Sign:
Date:



Ase sifundze

Imbeko nemitfwalo



Lamagama akhomba imbeko lenhle. Imbeko yetfu yindlela lesiphatsa ngayo labanye bantfu. Imbeko yetfu ikhomba kutsi sibahlonipha kanganani labanye bantfu.

Siyakutsakasela kukhuluma nalomunye umuntfu lonembeko lenhle. Kumnandzi futsi kuba ngumngani wemuntfu lonembeko lenhle.

Sinemtfwalo wekuhlala siphatsa labanye bantfu kahle. Kungako sonkhe ngamunye kufute sibe nembeko lenhle.



Asikhulume

Bukisisa letitfombe. Chubeka ufundze emagama emabhokisini. Coca nemngani wakho ngaletitfombe. Cocani ngekutiphatsa kahle noma kabi labantfwana labakukhombisako.



Kusile
Make!

Khombisa umusa.

Lindza lihlandla
lakakho.



Yabelana
nalabanye.

Ngibonga kakhulu
kungilalela
ngesizotsa.



Ngabe ukhohlwe
ipeniseli yakho?
Ungasebentisa yinye
yetami.



Ngicolele Make,
bengifuna kubuka
ivasi yakho lendzala.
Ngibese ngiyayiwisa
nyalo seyephukile

Kunjani, Busi. Ngitfole
sikhwama sakho sishiywe
ngephandle. Asetsembe
kutsi kute lotsetse
emakhilayoni akho.



Lalela labanye.

Bani
nekwetsembeka.



Kuhlonipha labanye bantfu

Hlonipha tintfo talabanye bantfu.

Bingelela bantfu lobatiko kanjalo netihambi.

Teacher:

Sign:

Date:



40

Ithemu 3 – Liviki 4



Asibhale

Siyachubeka ngemitfwalo

Bukisisa letitfombe bese ufundza lemisho emabhokisini.



Ngiyasita kugcina indlu yakitsi ihlobile.

Ngingumngani lolungile ngisita labanye.

Ngikhombisa umndeni wami kutsi ngiyawutsandza.

Ngidlala kahle ngemathoyizi emngani wami.

Ngiyatinakekela mine netintfo tami.

Ngisita babe wami kudeka litafula.





Ase sidlale

Yenta silinganiso-mdlalo ngembeko lenhle
nemitfwalo lapho khona:

- ubingelela bantfu lobatiko nalongabati
- noma ulindza lihlandla lakakho
- noma ulalela lomunye ngekucikelela
- noma wabelana nalomunye
- uba ngumngani nalomunye
- wetsembekile ngalokutsite
- noma ukhombisa kuhlonipha tintfo talabanye
- noma ukhombisa kuhlonipha labanye.

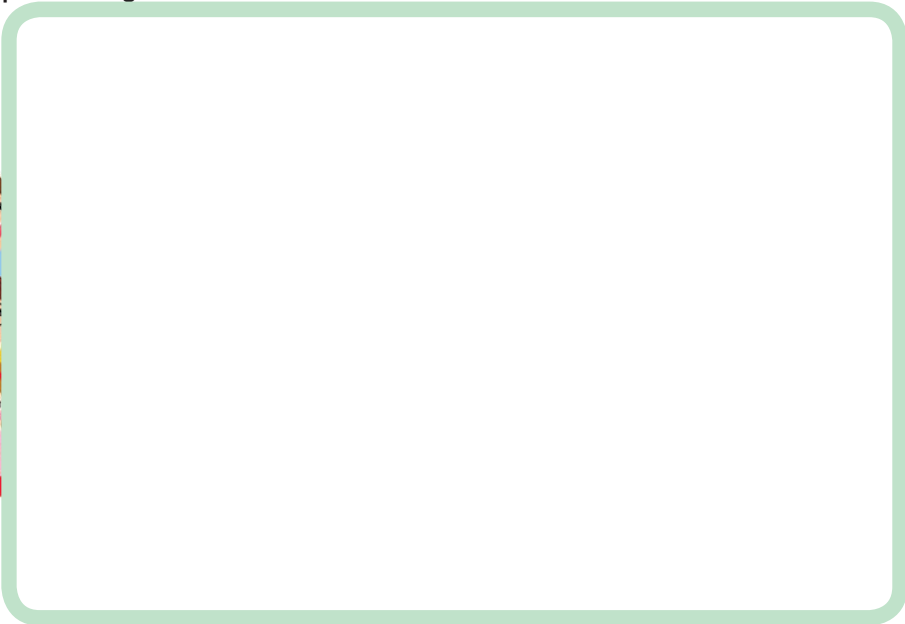
Ngemacembu, yentani silinganiso-mdlalo
sembeko lenhle nemitfwalo yenu macondzana
naloku:

- umndeni wakho
- noma umsebenti wenu wesikolo
- noma imisebenti yenu yasekhaya
- noma kudla lenikutfola mihla yonkhe
- noma kwembatsa lenikugcokako
- noma emathoyizi enu
- noma bangani bakho



Asente loku

Dvweba sitfombe
sakho ukhombisa
bungani kulabanye.



Asinyakate

Lalela uma thishela wakho akutjela kutsi zuba, gijima noma khasa.
Thishela utawushaya indweba embi kwemlayeto lomusha ngamunye.
Nyakata ngesivinini noma ngesiye uma thishela wakho akutjela loko.



Ase sidlale

Dlala mkoko ngemlente wakho lobutsakatsaka.
Mbeko yini lenhle lemcoka uma udlala mkoko?



Kungani sidzinga tilimo

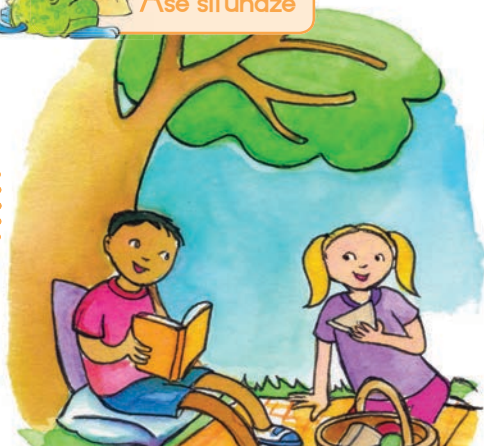


Asikhulume

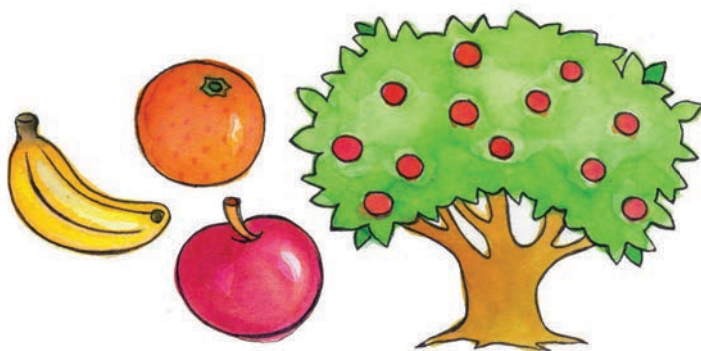
Buka lapho uhleti khona. Ngutiphi tintfo lotibona tiphuma etintfweni letitilimo? Coca nemngani wakho nibone kutsi nine nobabili ningacabanga tingaki. Tjela thishela wakho kutsi nicabange tingaki tilimo.



Ase sifundze



Letinye tilimo tisinika
ijusi nekudla.



Letinye tilimo netihlahla
tisipha umtfunti.

Letinye tilimo netihlahla
tiniketa umtfunti etilwaneni.



Letinye tilimo tisipha timbali
lesitibeka emakhaya etfu.





Sidzinga tjani benkhundla
yetfu yemdlalo.

Sisebentisa kotini
kwenta timphahla.



Sisebentisa umhlanga kwakha
emabhasikidi nekufulela
luphahla.



Sisebentisa tilimo netihlahla
kwakha ifenisha.



Asikhulume

Unemngani wakho, khetsani tindlela letintsatfu letimcoka
kakhulu lokusetjentiswa ngato tilimo.

Singatenta yini tihlahla kutsi tife uma sitisebentisa
kakhulu? Cocisanani ngalombuto nilikilasi.



Indlela tilimo letibukeka ngayo

Asibhale

Tilimo takhiwa tincenye letehlukene. Sebentisa emagama lasemabhokisini kukhomba tincenye taletilimo. Catsanisa emagama akho newemngani wakho.

timphandze

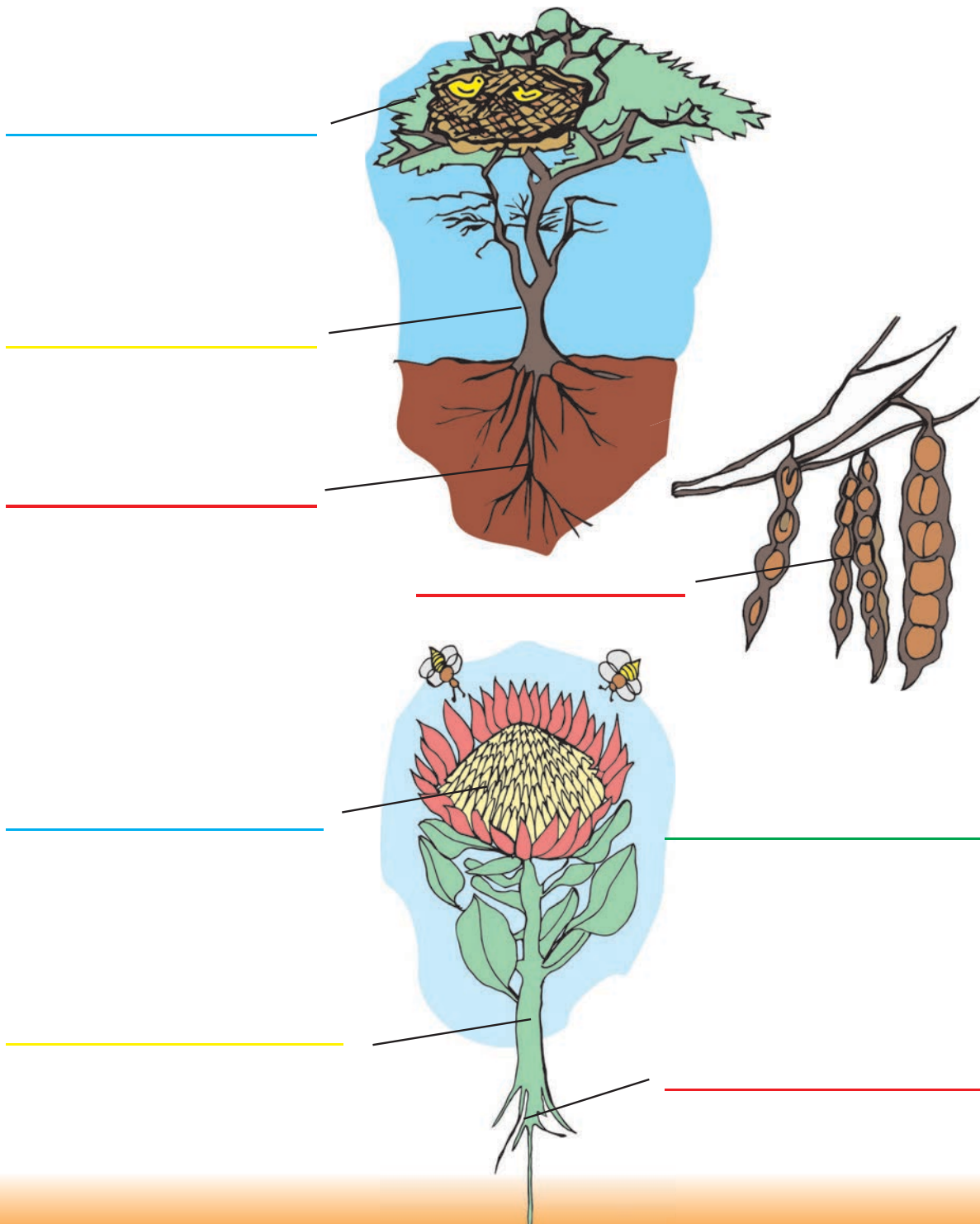
sicu sesihlahla

licembe

imbali

umbhedze wembewu

sicu





Asinyakate

Yehlukanisa likilasi ngemacembu emabhungane ensimi nebalimi-ngadze.

- Balimi-ngadze kufute betame kuvimba noma kubamba emabhungane.
- Ntjintjanisa tindzima tekudlala emva kwemizuzu lemi-2.
- Phindza tikhatsi letimbalwa.



Ase sidlale

Dlala mabhacelana.

Tilokatana tibhaca ngephansi noma emva kwetilimo ngako-ke balimi kufute batitfole embi kwekuba tidle tonkhe tilimo.



Asikhulume

Tinhlobo letehlukene tetilimo tibukeka ngekwehlukana. Kodvwa tibuye tifane futsi ngetindlela letinyenti. Ase ubuke letitfombe. Coca nemngani wakho ngaletilimo Yini lefanako futsi yini leyehlukile?



Asente loku

Dvweba noma penda silokatana noma silwanyana lesifuna kudla sihlahla sakho selibhontjisi. Akudzingeki kube silokatana mbamba. Sebentisa umcondvo wakho-nje. Dvweba noma upende titfombe nemigca lekhanyako, nalegcamile.



Ivelaphi imbewu



Ase sifundze

Letinye tilimo tinetimbewu letibhace etimbalini noma etitselweni.

Singayihlanyela lembewu kutjala tilimo letinsha. Imbewu iyahhohloka isuke kulesilimo kusungula silimo lesisha. Lenye imbewu isakatwa ngumoya noma bantfu, tilokatana naletinye tilwane. Letinye tingwabu tembewu tidliwa tinyoni bese tincenye tato letilukhuni tisala emangcolisweni etinyoni.



Asikhulume

Timbewu tihamba njani esitfombeni ngasinye? Kumele imbewu ibe njani kute ihambe ngalendlela? Coca nemngani wakho.



Uma ufuna kuhlanyela takho tilimo usebentisa imbewu, ungasebentisa imbewu yetilimo letisengadzeni yakho. Noma ungatsenga imbewu esitolo.





Imphilo emva kwesilimo

Lena yimbewana lencanyana:

Ase siyitjale ngekushesha emhlabatsini!

Ichuma sicu nembali

Ineliphunga lelimnandzi yonkhana.

Bonyosi manyakata bandiza embalini

Masingane, yafa nje imbali lenhle.

Kodvwa, ungetfuki, ungakhali futsi.



Khombisa injabulo yakho ngaleminyakato

Bamba iseshi lenembala noma iribhoni lendze ngesandla sakho lesisebenta ncono. Uhambisa umkhono wakho, yenta emaphethini lehlukene emoyeni noma phansi ngeseshi noma ngeribhoni yakho. Cala usebentise sandla sakho lesisebenta ncono bese uya kulesibutsakatsaka. Ungabuye ukwente ngesigi sengoma loku.

Uma kukhona sihlahlala, buka kutsi sisisebentisa njani kudlala. Jiketa ngendophi leboshwe nko. Cale ukwente ngetandla totimbili, bese kuba ngesandla sakho lesisebenta ncono futsi kube ngesandla sakho lesibutsakatsaka.



Emanotsi athishela:
Sebentisa indophi,
iseshi neribhoni.



Lokudzingwa tilimo kukhula



Asikhulume

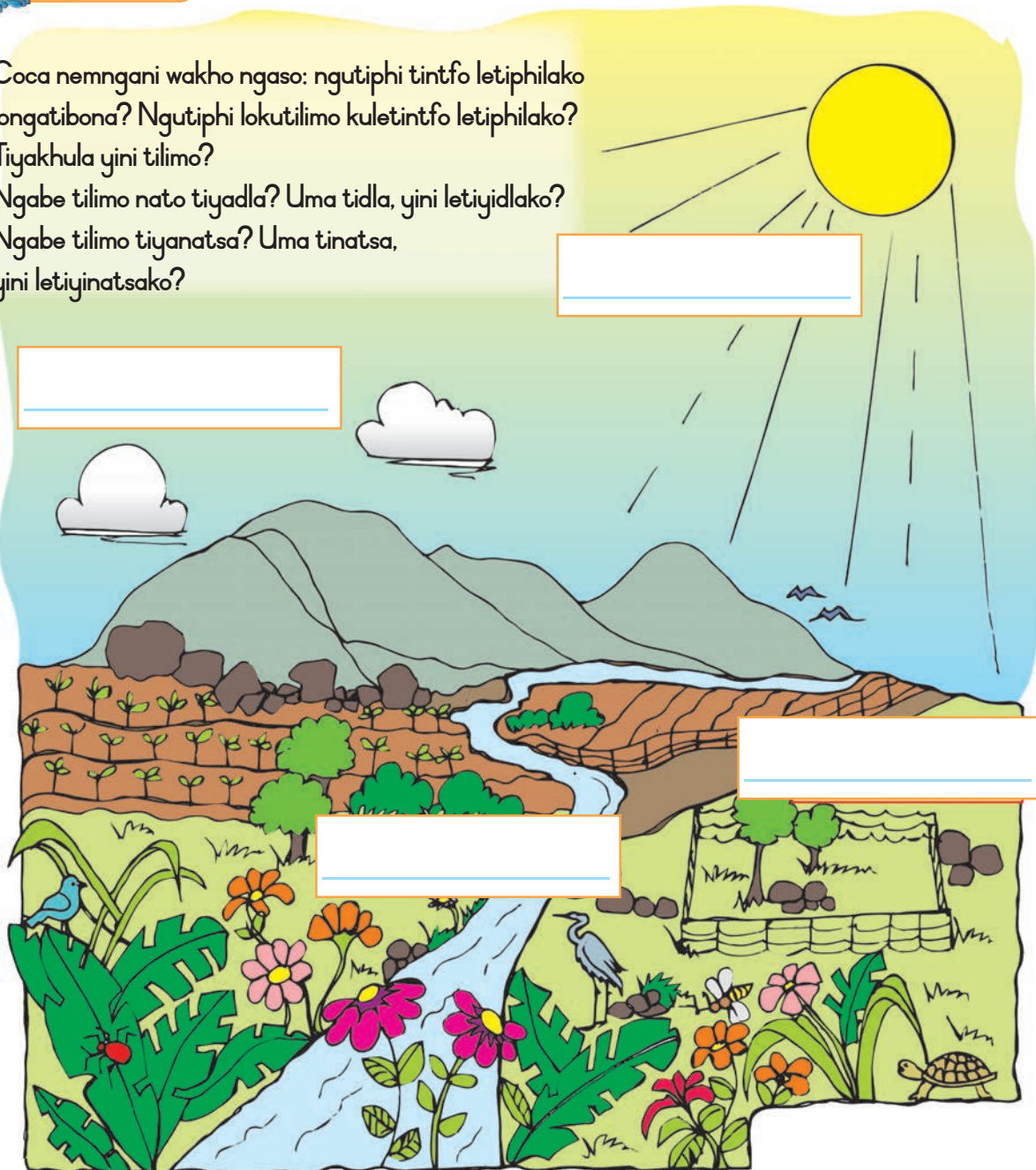
Buka lesitfombe. Ngabe konkhe lokulapha kuyaphila?

Coca nemngani wakho ngaso: ngutiphi tintfo letiphilako longatibona? Ngutiphi lokutilimo kuletintfo letiphilako?

Tiyakhula yini tilimo?

Ngabe tilimo nato tiyadla? Uma tidla, yini letiyidlako?

Ngabe tilimo tiyanatsa? Uma tinatsa, yini letiyinatsako?



Asibhale

Nyalo-ke bhala ligama ngalinye lalawa esitfombeni ngetulu kukhombisa kutsi ngutiphi tilimo lokufute tikhule.

kukhanya kwelilanga

emanti

tinsita-mtimba

umoya



Asente loku

Kumalula kutjala tilimo takho.
Utawutjala silimo selibhontjisi.

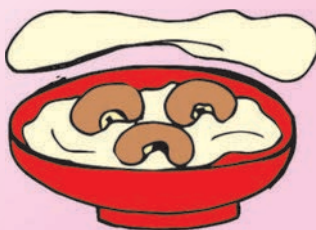
Lusuku:

Utawudzinga:

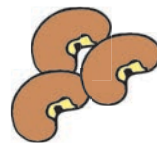
Landzela letinyatselo:

Sinyatselo 1:

Mbonya emabhontjisi
lama-3 emkhatsini
wematsapho lama-2 akotini
wavolo. Kubeke esosweni noma endishini
lengenalutfo ekhatsi.



emanti



emabhontjisi



indishi
yekuphatsa



kotini wavolo

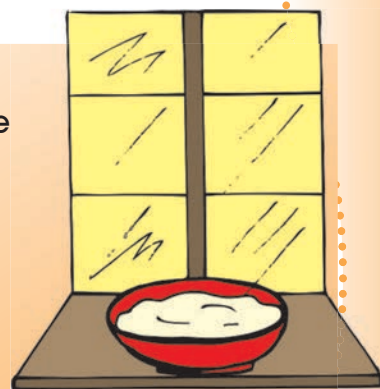
Sinyatselo 2:

Tsela emanti etu
kwakotini wavolo
ucinisekise kutsi
uba manti chi!



Sinyatselo 3:

Beka lelisoso kumbe
indishi entsendzeni
yelifasitelo noma
endzaweni lapho
kufinyelela kahle
khona lilanga.



Sinyatselo 4:

Emva
kwemalangana,
bona kutsi sikhula
njani silimo sakho.
Nisela kanye
ngeliviki.

Lilanga 1



Lilanga 2



Lilanga 3



Lilanga 4



Sinyatselo 5:

Nase silimo sakho
sichuma timphandze,
sewungasitjala-ke
emhlabatsini lotsambile.



Sinyatselo 6:

Nisela silimo sakho kanyentana nje. Emva
kwemaviki lambalwa, utawukhona kukhulula
emabhontjisi akakho nawe.

Teacher:

Sign:

Date:

Kudla lesikudlako

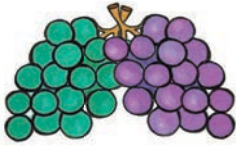
Ase sifundze

Kudla lokuhle kusipha emandla njengaphethiloli lowenta imoto ihambe. Sidzinga kudla lokunemphilo kukhona kwenta loko lesidzinga kukwenta nekuba sesimeni lesihle kakhulu. Kudla lokunemphilo kusinika emandla futsi kuisite sikhule.



Asibhale

Ase ubuke letitfombe. Bhala ligama lenhlobo ngayinye yekudla ngentasi kwesitfombe lesingiso.



Asibhale

Kudla kuni wena lokutsandza kakhulu? Ngukuphi-ke longakutsandzi kangako? Kubhale ngaphansi kwetihloko letifanele. Khetsa kuletitfombe letingenhla.

Kudla lengikutsandzako

Kudla lengingakutsandzi



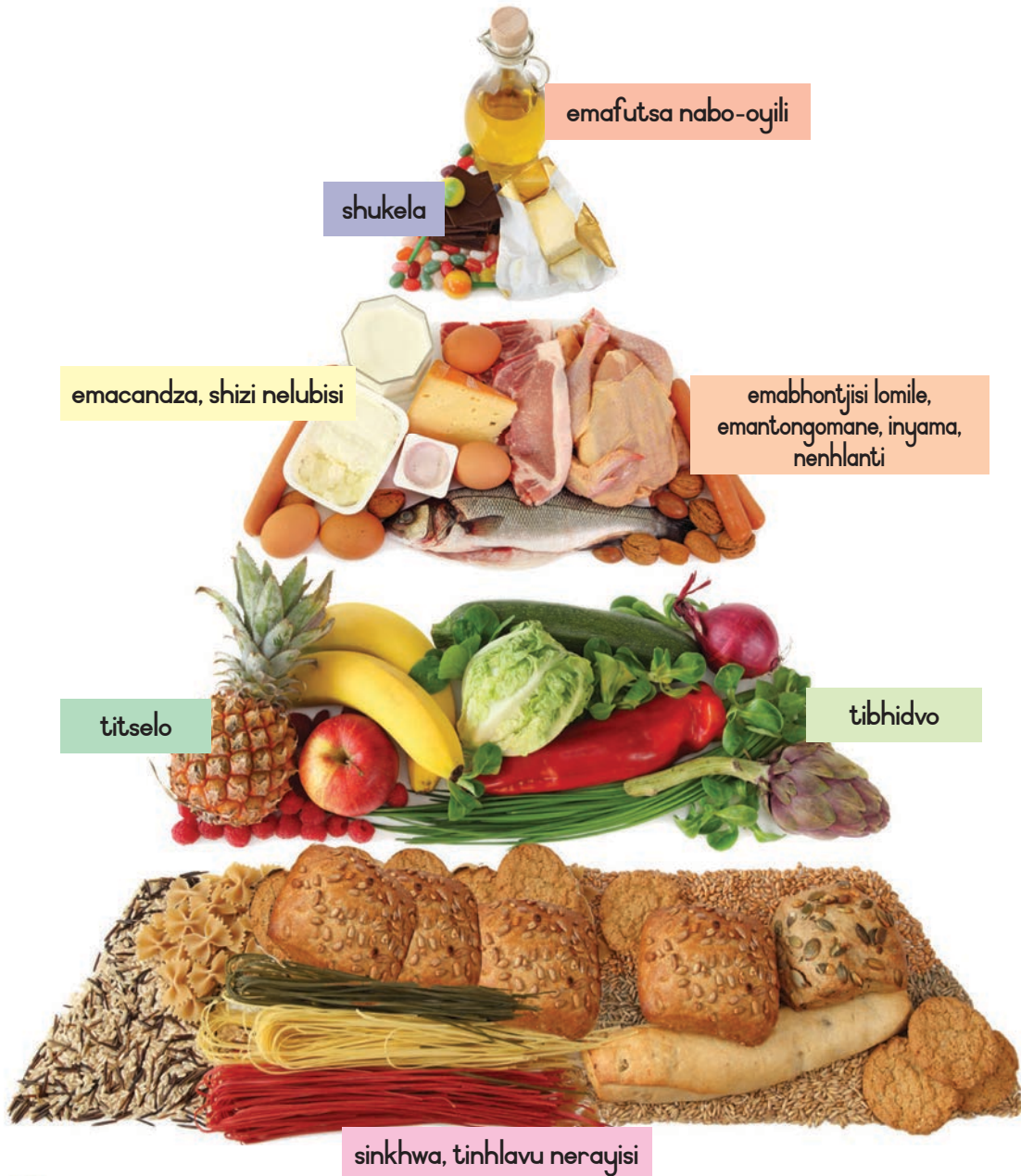
Ase sifundze

Lusuku:

Kudla singakwehlukana ngemacembu lasi-7.

Ngephansi kulesitfombe kudla longakudla emahlandla lamanyentana.

Ungakudla nekudla lokungetulu, kodvwa hhayi ngekuphindzelela.



Asikhulume

Cocani nilikilasi.

Kungani sifanele kukudla kancane kudla lokusetulu eluhleni lwesitfombe bese sikudla kakhulu lokungephasi?





Lapho kuvela khona kudla lokwehlukene

Ase sifundze

Kudla lokungenti kuvela emapulazini. Umkhicito wekudla ukhicitwa epulazini, ubese uyasetjentiswa kwenta tihlobo tekudla letinyenti.



Sinkhwa nemasireli
abuya kukolo.



Emacandza siwatfolo
etinkhukhwini.



Titsele tihluma etihlahleni nakutilimo.



Sitfolo lubisi etinkhomeni.
Sakha iyogathi nashizi ngelubisi.



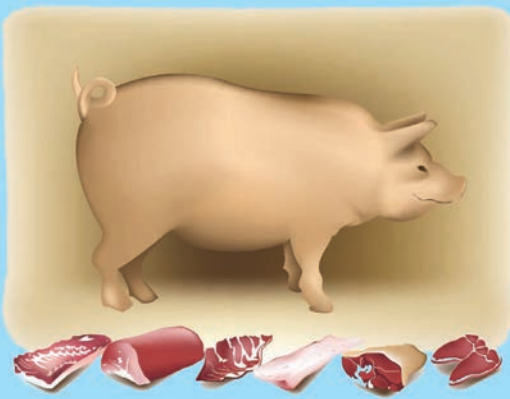
Sisebentisa ummbila
kwenta imphuphu.



Luju lona lubuya etingosini.



Shukela wentiwa
ngemfe yemoba.



Inyama nebhekhoni siyitfolo
etingulubeni.



Tibhidvo singatitjala
etingadzeni tetfu.



Asente loku

Hlabela lengoma
nathishela wakho.



Emahhabhula, emagwava nabhanana

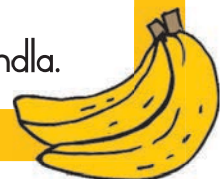
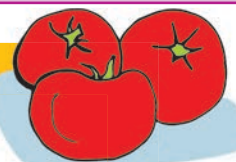
Emabhontjisi emaphizi nemazambane

Kukhulisa imitimba yetfu icine.

Kungenta ngilungele kusebenta

Ngidla kudla lokunemphilo!

Kungigcina ngicinile nginemandla.



Teacher:
Sign:
Date:

Kudla lokunemphilo nalokute



Ase sifundze

Kudla lesikutsandzako akuhlali kungulokusilungele. Kulesinye sikhatsi singatsandza lokutsite kantsi akukasilungeli. Kantsi kulesinye sikhatsi asikutsandzi lokutsite kube kantsi kusilungele kakhulu.

Kodvwa-ke, indathane yetintfo letinhle ayivami kuba ngulokusilungele. Ngako-ke, indvodla yekudla lokuhle ayihlali ikulungele njalo. Kungabate imphilo kulibala kudla kakhulu kudla uhofute nobe yini nje.

Ubodla ute utive sewesutsi bese uyema. Ungabolibala kuhofuta kudla nje ngoba wena uyakutsandza.



Asente loku

Sika titfombe tekudla lokunemphilo nalokute imphilo kubomagazini utinamatsisele etikoteleni letifanele. Uma wehluleka kutfola titfombe, kudvwebe lokudla.



Kudla lokunemphilo



Kudla lokute imphilo



Asibhale

Lusuku:

Sebentisa lokufundze ngekudla kubhala luhlelo lwakho lwekudla.

Kudla kwekuseni

Kudla kwemini

Kudla kwakusihlwa



Asente loku

Sitakwenta isaladi yetitselo. Landzela lemilayeto lengentasi.

Utawudzinga loku:

- Titselo letehlukene
- Indishi lenkhulu
- Umukhwa nesipunu



Landzela letinyatselo:

- Geza titselo.
- Ticate nakunesidzingo (njengemawolintji).
- Ticobe ticucu letincane. (Cela lomdzala akusite.)
- Didiyela titselo endishini.



Kulondza kudla

Ase sifundze

Buka lesitfombe.



IKHALENDI 2015

INYONI

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
			24	25	26	27



Asikhulume

Yini loyinakako ngaletinsuku? Sisengakudla lokudla? Ucabanga kutsi kutakwentekani kulokudla?

Ase sifundze

Kudla lokusha akuhlali kukusha sikhatsi lesidze. Letinye titselo netibhidvo tisheshe tibune bese tiyabola. Inyama, inhlanti naleminye imikhicito yelubisi kusheshe kubole. Ngeke sikhone-ke kukudla. Yini lesingayenta kugcina kudla kukusha sikhatsi lesijana?

Indzawo lephephile yekonga kudla kusefrijini. Kodvwa lokunye kudla kungonakala nanoma komiswe ngelichwa noma kusefrijini sikhatsi lesidze kakhulu. Kunetindlela tekugcina kudla lokunye kukusha.





Asikhulume

Buka letitfombe. Coca
nemngani wakho ngato.
Tindlela tini letehlukene kudla
lokungalondvwa ngato?
Ungaticabanga nje letinye
tindlela kudla lokungavinjwa
ngato kubola? Coca
nemngani wakho ngato.
Shano tibonelo utjele likilasi.

Lusuku:



Asibhale

Bukisisa letitfombe ngentasi bese ufundza emagama emabhokisini. Chubeka
ubhale linye lalamagama ngentasi kwesitfombe ngasinye lesihambisana neligama.

Lokusha

Esikoteleni

Kukomisa

Kukomisa ngelichwa

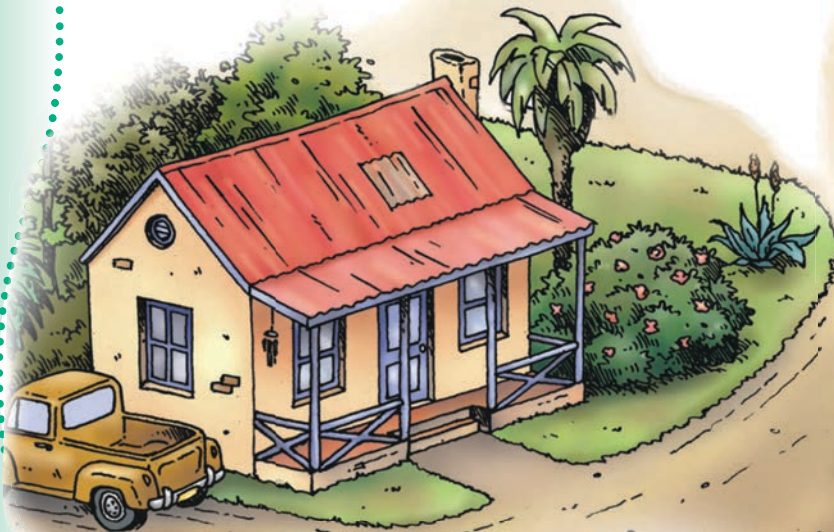


Teacher:
Sign:
Date:

Asikhulume

Likhaya lakho yindzawo
lohlala kuyo.

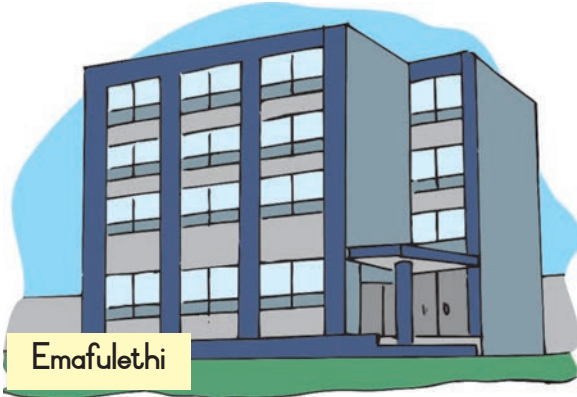
ENingizimu Afrika bantfu
bahlala etinhlotjeni
letehlukene temakhaya.
Ungalitfolaphi lelo nalelo
khaya kulawa?





Asikhulume

Buka letitfombe ngentasi. Coca nemngani wakho ngetintfo letifanako kuwo onkhe emakhaya. Ubese-ke ukhuluma ngaletintfo letehlukile. Ngukuphi lokunyenti: tintfo letifanako noma tintfo letehlukene?



Emafulethi



Tindlu tasiyilo sinye noma tiyilo letimbili



Emakhalavani nemathende



Tindlu letingakahlelwa



Emakhaya esintfu



Emakhaya lasiyilo-sinye



Asente loku

Sebentani emacenjini. Tfolani libhokisi lesicatfulo, noma lenye inhlobo yelibhokisi. Lipendeni libukeke njengendlu. Yakha umfanekiso wakho ngelubumba (noma lubumba lwekudlala) wente lokutsite ngephandle dvute kwendlu.



Teacher:

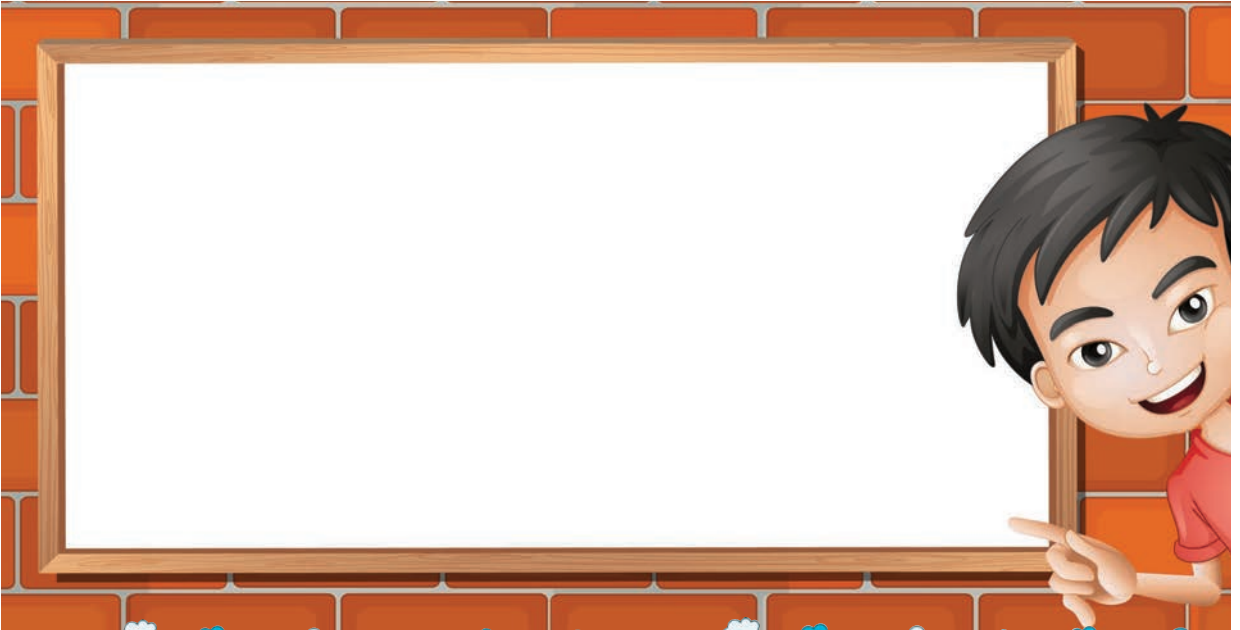
Sign:

Date:

Tinhlobo temakhaya (2)

Ase ucabange ngetinhlobo letehlukene temakhaya loke watibona lapho uhlala khona noma etindzaweni loke wativakashela. Dvweba titfombe tetinhlobo letimbili letehlukene temakhaya loke watibona.

Asente loku



Asikhulume

Endlini lekahle lecinile asivami kuva kubandza kakhulu kumbe kushisa kakhulu. Asiyiva invula noma umoya. Bantfu labanyenti abakavikeleki kanje. Khuluma nemngani wakho ngekutsi bantfu bativikela njani uma bangahlali etindlini.

Emanotsi athishela:
Thishela wakho utawulalela imibono yenu.



Asinyakate

Lusuku:

- Yelula sandla kufika ekugcineni kute upende luphahla lwendlu yakho.
- Guca phansi utjale tilimo engadzeni yakho.
- Yelula imikhono yakho kabanti kuvula emafasitelo endlu yakini. Ubese uvala onkhe emafasitelo.
- Gobondzela ususe lukhula engadzeni yakho.
- Shanyela siyilo ngemshanyelo lomudze.
- Geza emafasitelo ngendvwangu.



Emanotsi athishela:

Lalela lesigi thishela wakho lasidlala esigujini.
Hambisana nesigi. Uma thishela wakho agucula
sigi, gucula sivinini semnyakato wakho.
Lalelisisa!



Teacher: _____
Sign: _____
Date: _____

Tintfo letakha emakhaya lehlukene



Asikhulume

Sisebentisa tintfo lehlukene kwakha tindlu. Buka letitfombe ngentasi.



titini



emathayili



ngcwengcwe



semende



lucungwa/umhlanga



emagilasi



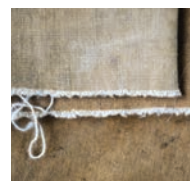
tingodvo



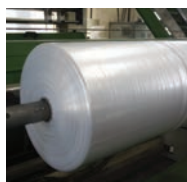
emapulango



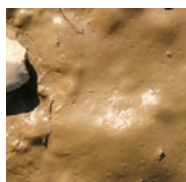
ematje



iseyili yelithende



ipulasitiki



lubumba/ludzaka



insimbi



tikhumba



sihlabatsi



Coca nemngani wakho ngaletintfo lehlukene.

Ngukuphi lokubuya efekitri?

Kubuyaphi loku lokunye?

Cocela likilasi kutsi letindlu lotibona endleleni nawuya esikolweni takhiwe ngani.

Emanotsi athishela:
Thishela wakho angenta
luhla ebhodini.





Asente loku

Kulolo nalolo luhlobo lwendlu dwweba umugca uye entfweni lolwakihiwe ngayo.

Lusuku:

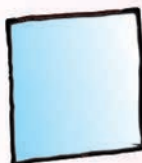
Emanotsi athishela:

Thishela wakho utawutsatsa tincwadzi tenu tekusebentela atibukete.

Luhlobo lwendlu



Tintfo tekwakha



Teacher:

Sign:

Date:

Emakhaya lalungela tinhlobo letehlukene tesimo selitulu



Ase sifundze

Emakhaya agcina bantfu baphephile etinhlotjeni letehlukene tesimo selitulu. Tingasivikela emisebeni leshisako yelilanga. Tibuye tisivikele emakhateni, emoyeni nasetimvuleni.



Bewati nje kutsi bantfu emaveni labandzako badzinga kwakha tinhlobo letikhethsekile temakhaya njengaleli lelingentasi?

Leli libalave leGreenland, lokulive lelibandza hleke.

Lena
yi-ayiglu



Labanye besive sema-Inuwithi labahlala etindzaweni letinetindodla nje tambayiyane nelichwa-tje bakha imipheme yebusika ngetitini telichwa-tje. Lichwa-tje phela liliguma lekuvika emakhata. Lena mipheme ibitwa ngekutsi ngema-ayiglu.



Asente loku

Ecenjini, yentani silinganiso-mdlalo kutsi ungayakha njani indlu. Khetsani kutsi kutawuba yindlu lenjani.

Nitawusebentisa tintfo tini tekwakha?

Bani utakwenta ini?

Kutawuvakala msindvo muni?

Sebentisa lamanye alamagama.

tindlu letingakahlelwa

sivalo

emakhaya esintfu

indlu yesiyilo sinye
noma timbili

tindlu tesika-Dashi

titini

lubondza

pendi

emafulethi

luphahla

shimela

lifasitelo

semende



Ase sifundze

Shanoni lenkondlo njengencenye yemdlalo-mbukiso wenu:

Yakha, yakha indlu yakho lensha-sha!

Letsa titini, kala lolwa bondza

Betsela leso sipikili, shwila leso sikulufelo –

Letsa umpheme sibhacele lilanga.

Yakha, yakha indlu yakho lensha-sha!

Letsa sihlabatsi netivalo nemathayili

Letsa emanti, bhuca semende –

Letsa umpheme sibhacele invula.



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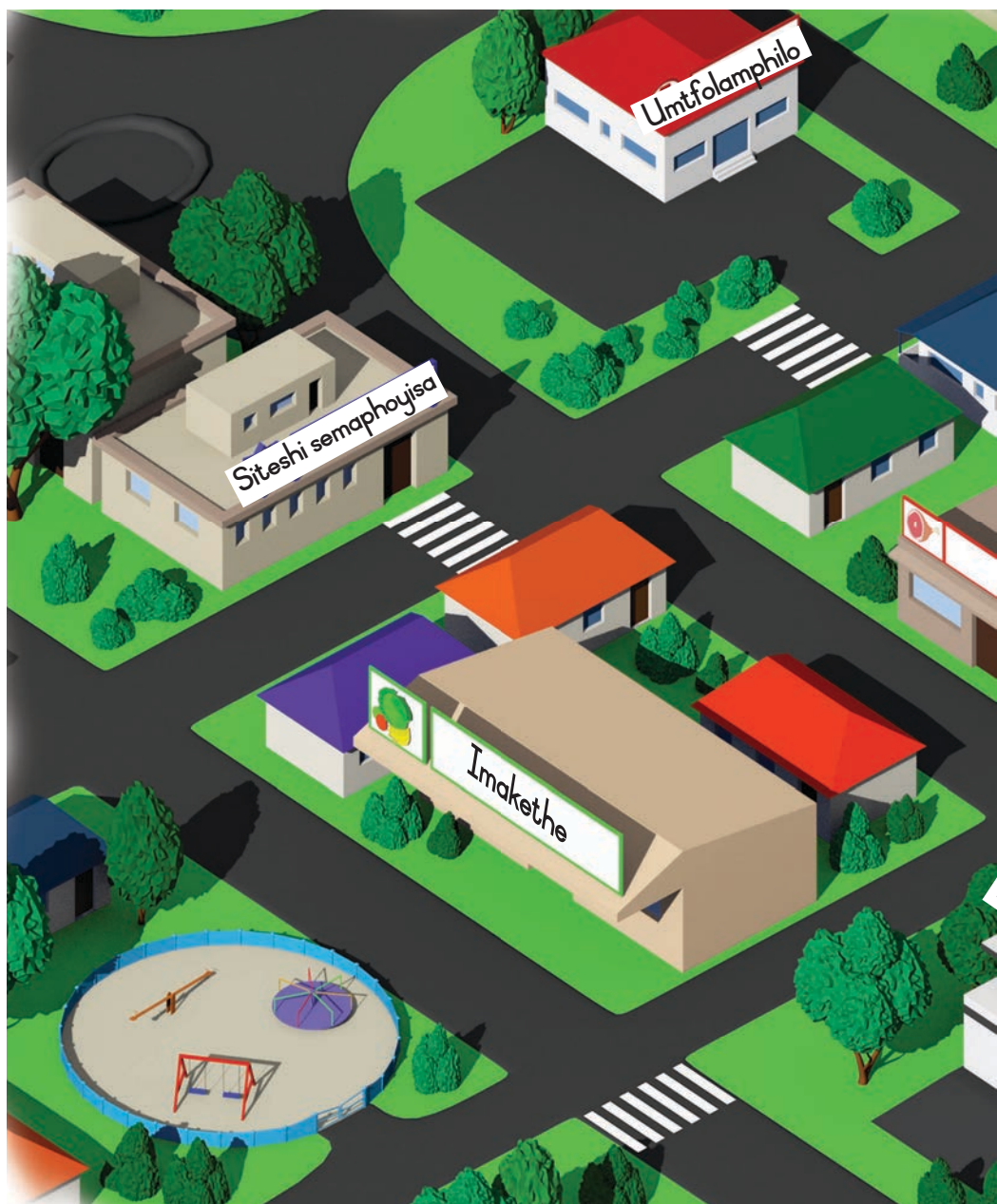


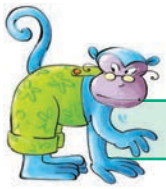
Ase sifundze

Kutfola tindzawo netintfo (1)

Kunetinhlobo-nhlobo temabalave. Kukhetsa libalave lelingilo kufute sati kutsi sifuna kulisebentisela ini lelibalave. Emabalave emgwaco asisita kutfola titaladi netindzawo edolobheni noma edolobhenikhulu.

Balimi batsandza emabalave lakhombisa tintfo letinjengemadamu, imifula nemagcuma.





Asente loku

Ninemngani wakho, cocani ngalemibuto. Dvwebani indilinga ibiyele letindzawo kulesitfombe kulamakhasi lamabili.

Ungatitfoli kuphi tincwadzi tekufundza?

Ungabika kuphi nakuntjontjiwe?

Ungaya kuphi nawugula?

Ungakutsenga kuphi kudla?

Ungayimela kuphi ibhasi?

Ungaweca kuphi umgwaco lapho kuphephe khona?

Emanotsi athishela:

Thishela wakho utawufundza umbuto ngamunye, bese nitfoli imphendvulo.



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Liviki 3

Ithemu 4

Kutfola tindzawo netintfo (2)



Asikhulume

Buka lomvila esitfombeni selibalave lemgwaco Jama lawulandzelako kusuka ekhaya kubo kuya esikolweni sakhe.

Chazela umngani wakho kutsi Jama ulandzela umvila muphi.
Sebentisa lamanye alamagama:

ngetulu

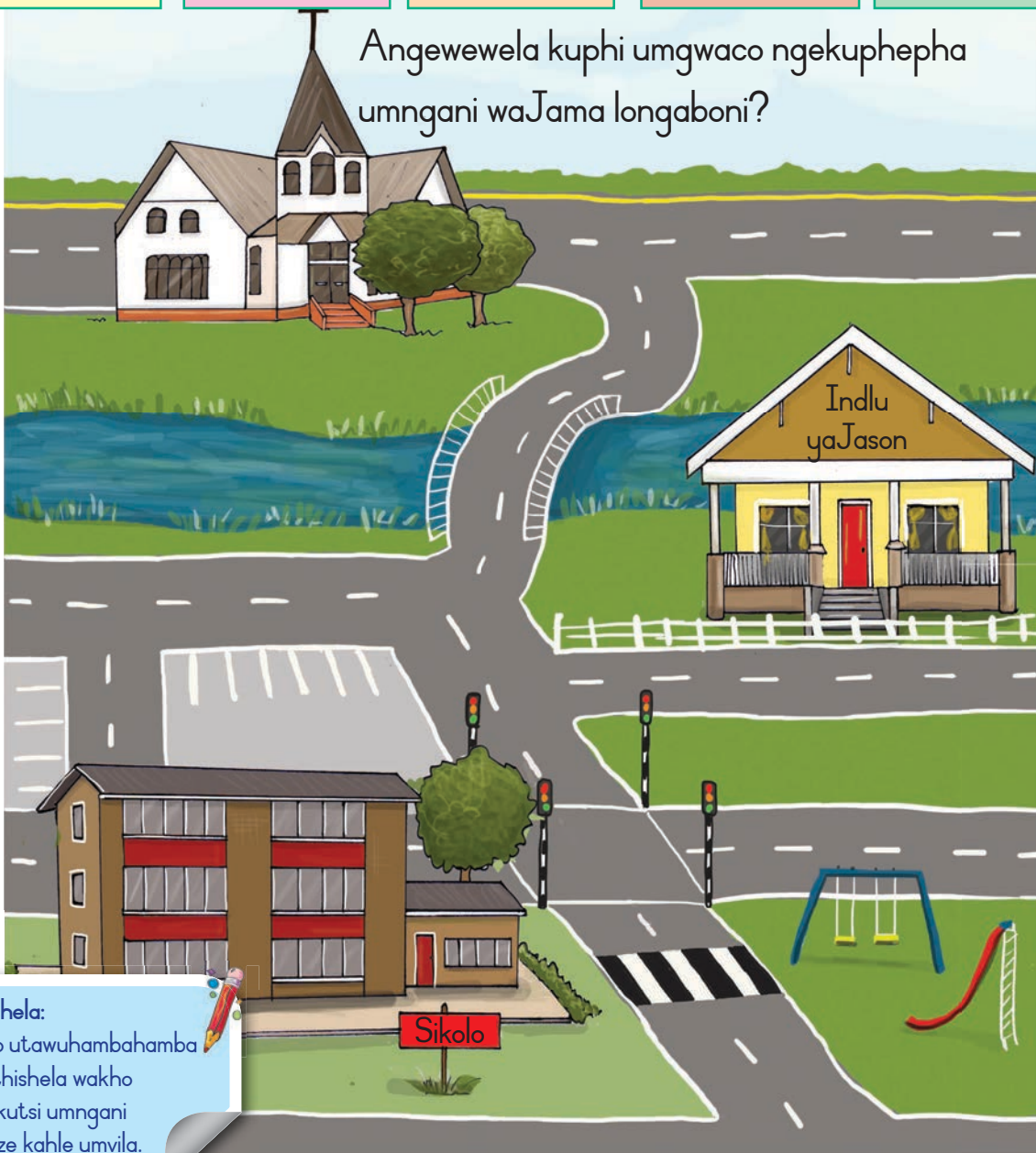
kwengca

nge

ngetulu kwe

ngaphansi

Angewewela kuphi umgwaco ngekuphepha umngani waJama longaboni?



Emanotsi athishela:

Thishela wakho utawuhambahamba ekilasini. Tjela thishela wakho nawucabanga kutsi umngani wakho uwuchaze kahle umvila.



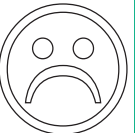
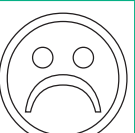
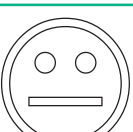
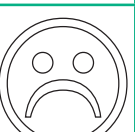
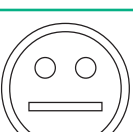
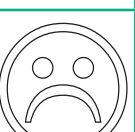
- Hlembisa intsambo lendze phansi.
- Utawuhamba kulo "ngwaco."
- Yani embili, emuva nasemaceleni uhamba ngendophi.
- Yani embili uhamba ngendophi ubeke tandla takho etu kwenhloko.
- Hamba sinyova ngendophi, ubeke tandla takho ngemuva emhlane.
- Hamba uye emaceleni ngendophi, ubeke tandla takho elukhalo.

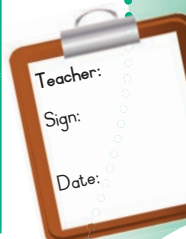
Lusuku:



Usebente njani? Uma ukhonile kwenta yonkhe iminyakato kahle, faka umbala ebusweni bekumamatseka. Uma ungakhonanga sanhlobo nje kwenta iminyakato, faka umbala ebusweni lobudzambile.

Kantsi nawukhone kwenta leminyeye iminyakato, faka umbala ebusweni lobusemkhatsini.

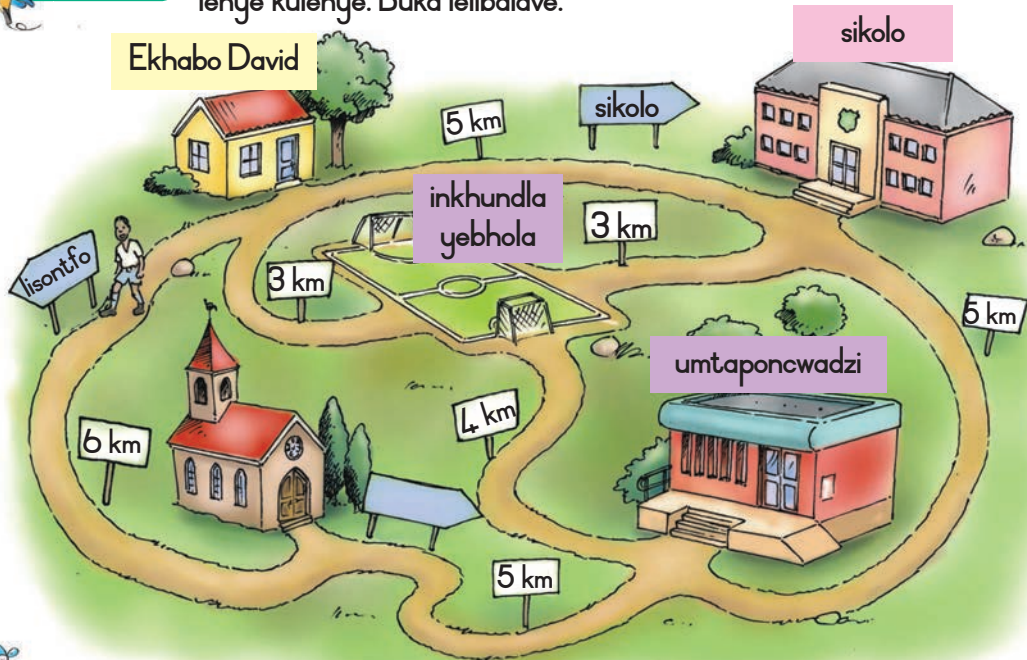
			
Ngikhonile kuya embili nasemuva ngendophi.			
Ngikhonile kuhamba ngiye emaceleni ngendophi.			
Ngikhonile kuya embili ngendophi ngibeke tandla tami enhloko yami.			
Ngikhonile kuhamba sinyova ngendophi ngibeke tandla tami ngemuva emhlane.			
Ngikhonile kuhamba ngiye emaceleni ngendophi ngibeke tandla tami elukhalo.			



Kutfola indlela

Asibhale

Emabalave etitfombe asisita kubona kutsi tindzawo tikhashane kangani lenye kulenye. Buka lelibalave.



Asibhale

Phendvula lemibuto. Ungacela umngani wakho akusite.

Dvweba indilinga lapho ubona khona km.

Tingaki tindilinga lonato?

David uhamba kusuka esikolweni aye kumtaponcwadzi.

Ubonani madvute nemtaponcwadzi?

Ubone luphawo luni endleleni?

David uhambe libanga lelidze kangani?

Ngusiphi sakhiwo langasibona David nakasembi kwesivalo semtaponcwadzi?

David ulambile. Ufuna kufika ekhaya. Tfola indlela lemfisha kakhulu kusuka emtaponcwadzi kufika ekhaya lakubo.

Ngabe inkhundla yebhola yindzawo lesedvute kakhulu nelikhaya lakubo?

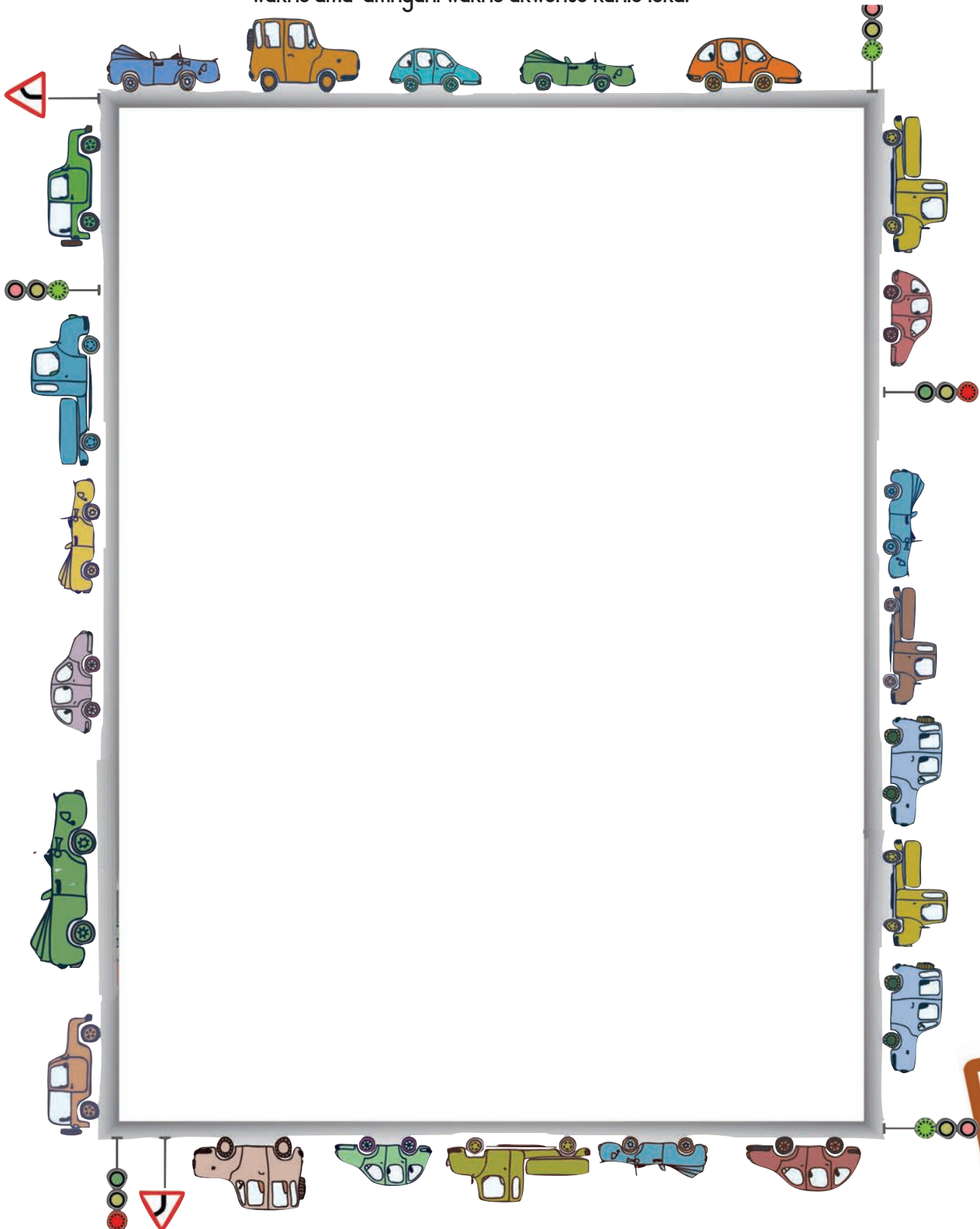
Emanotsi athishela:

Njalo, tivele unesibindzi kutjela thishela wakho uma kukhona longakuboni kahle.



Asente loku

Dvweba lakakho libalave-sitfombe lemvila lowuhambako emkhatsini wetindzawo leti-2. Ungakhetsa noma tiphi nje tindzawo leti-2. Nawucedza, ungakhombisa bangani bakho libalave lakho. Khombisa umngani wakho libalave lakho umcele akuchazele lomvila lowuhambako. Bona kutsi ukwenta kahle yini loku. Tjela thishela wakho uma umngani wakho akwente kahle loku.



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Date: _____

Kutfola tigrameko endzabeni

Ithemu 4 – Liviki 4



Asente loku

Thishela wakho utanifundzela indzaba ngaGundi. Lalelisisa. Landzela umvila wakhe kubalave encwadzini yakho.

Emanotsi athishela:

Thishela wakho utayifundza futsi bese ubhala tiphambano (X) etindzaweni.



NgaboMgcibelo Gundi udlala nebangani bakhe epaki (X).

Langa limbe ekuseni unina utsi: "Gogo uyagula. Ungasita ummikisele naku kudla?"

Gundi utsetse sikhwama sakhe lesikhulukati sekudla. Kodwa utsite nakaphuma

nje esangweni (X) watitsela endvodzeni. Yabhavumula ngelivi lemaholoholo yatsi, "Yaa, ngiyabona uphetse kudla. Kwagogo wakho, angitsi?" Gundi wetfuka wachucha. Wahamba washakutela ehla ngemgwaco abheke etindlini tesicimamlilo. Wefika lapha wajikela ngesancele (X). Kodvwa utsite ubuka emuva nemgwaco, yabe itile indvodza imlandzela.

Gundi ancume kuvele ayowufuna lusito kubangani bakhe epaki. Utsite nakefika nje emtaponcwadzi, wajikela ngesekudla futsi wachubeka wahamba (X). Ngesancele ubona sikolo, kodvwa achubeke asengce (X). Etitaladini kuthulile kakhulu. Gundi nyalo sewuyagijima masinyane wehla ngemgwaco (X). Ngelikadze, ayibone ipaki. Ahambe etu kwelibhuloho (X) kuhlanguana nebangani bakhe esangweni! (X)



Asinyakate

Nyalo sitawudlala umdlalo wekwemuketelana.

- Bekani tihlalo tenu tibe yindilinga. Dlalani "titulo-ngoma" – kutawufuneka nitfole indlela lemfisha kakhulu leya esihlalweni.



Siwasebentisa njani emanti: ekhaya nasesikolweni



Asibhale

Sisebentisa emanti malanga onkhe. Buka tindlela letehlukene lesisebentisa ngato emanti. Ngaphansi kwesitfombe ngasinye, bhala kutsi emanti asetjentiselwani sebentisa tinchazelo-sitfombe.

Kucima umlilo

Kutigeza tsine

Kugeza titja noma kuhlamba
timphahla

Kusita tilimo kukhula

Kupheka kudla





Asikhulume

Emanti ayamangalisa! Singacoca lokunyenti ngemanti. Cocani ngetindlela letinye lesisebentisa ngato emanti. Emanti aligugu. Cocani ngekutsi emanti siwamosha njani. Bekungentekani kube besingabate emanti? Yabelana ngemibono yakho nelikilasi.

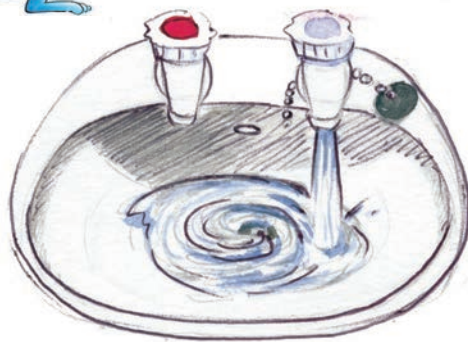


Lusuku:



Asinyakate

Lingisela loku lokulandzelako:



Impompi levova emanti ahushukela kubhesini.



Lifu lemvula letfwala, liba likhulu limumatsa imvula legcina ihhohloka ina, nelifu liya ngekungyamalala.



Umfula logeleta ngesineke etu kwemadvwala bese futsi ugeleta sakushelela etu kwesihlabatsi.



Ase sidlale

- Dlala "Emabhakede nematfonsi emanti".



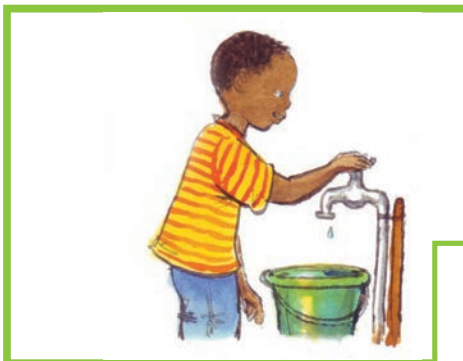
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Asibhale

Buka letitfombe faka luphawu (✓) madvute nesitfombe ngasinye lesinekongeka kwemanti, nesiphambano (✗) madvute nesitfombe ngasinye lesinemanti lamosakalako.





Asikhulume

Buka letitfombe lofaka siphambano kuto. Cocisanani ekilasini ngaloko lokwentiwa bantfu esitfombeni. Cocani ngendlela labebangonga ngayo emanti. Cocani ngekutsi bangawasebentisa kanjani emanti ngenhlakanipho.



Asibhale

Bukisisa letitfombe. Fundza lemisho ngentasi. Faka luphawu (✓) kusenteko ngasinye lesisisitako konga emanti, nesiphambano (✗) kuleso lesimosha emanti.



	✓ noma ✗
Ngijekela impompi itfulule emanti nangicubha.	
Sisebentisa insipho lenekuvela indalo. Angiwacitsi emanti lasebhavini, kodvwa ngiwasebentisa kunisela ingadze.	
Njalo ebusuku, ngigeza ngemanti lagcwele nswi ebhavini.	
Nangibona impompi ivova, ngiyivala icine nko.	
Sigeza titja ngemanti lageletako.	



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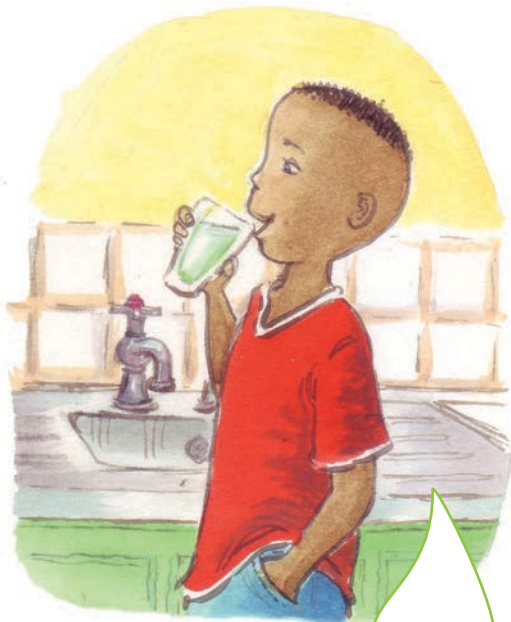
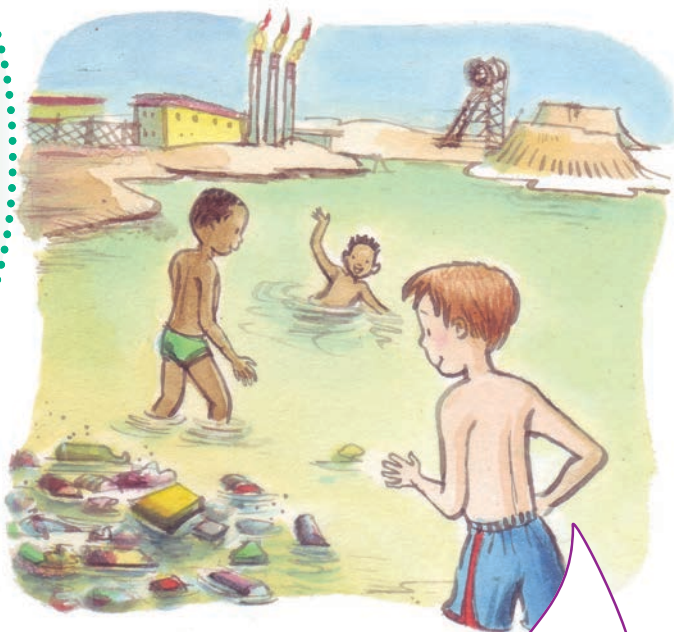


Emanti ekunatsa laphephile nalangakaphephi



Asibhale

Ase ubuke letitfombe. Faka luphawu (✓) madvute nesitfombe ngasinye kukhombisa imisebenti lephephile. Faka siphambano (✗) madvute nesitfombe ngasinye kukhombisa imisebenti lengakaphephi.





Asibhale

Lusuku:

Bhala ligama "kuphephile" noma "akukaphephi" kucedzela umusho ngamunye. Sesikwentele wekucala.

Kunatsa emanti langcolile akukaphephi.

Kubhukusha emantini langcolile _____.

Kunatsa emanti lasebhodloleni _____.

Kunatsa emanti labuya emfuleni longcolile ku _____.

Kunatsa emanti empompi lahlobile _____.



Ase sidlale



Dlala nalabanye lababili.

- Shaya tandla ngesikhatsi ematfonsi emanti lakehla ngaso:
 - ngekunyonyoba empompini
 - ngelitubane empompini
 - ngesivinini lesikhulu empompini
 - nonkhe nihlala sikhatsi singe.
- Dlalani noma ngumuphi nje lomunye umdlalo wekubetsa tandla leniwatiko.



Asinyakate

- Zuba njengelicoco uphume emantini langcolisekile.
- Zuba njengelicoco ungene emantini lahlobile.
- Gadvula njengelihashi lelomile ligijimela kuyowunatsa emanti.
- Gijima ngelitubane lakho lonkhe ubaleka emvuleni letseleka njengelibhudlo.
- Cocoma lidwala ngelidwala wewe umfula. Sita labo labangakhoni kuhamba.
- Shwilana ndzawonye njengemanti atfuluka aphuma ebhavini (uwedvwa bese uba nemngani).
- Thishela wakho utanikhombisa nase kufanele nigucukele emnyakatweni lowehlukile.



Kulondvolota emanti lahlobile

Ase sifundze

Emanti langcolile ayasigulisa.

Kufute sinatse emanti lahlobile.

Futsi kufute sidlale sibuye sibhukushe emantini lahlobile.

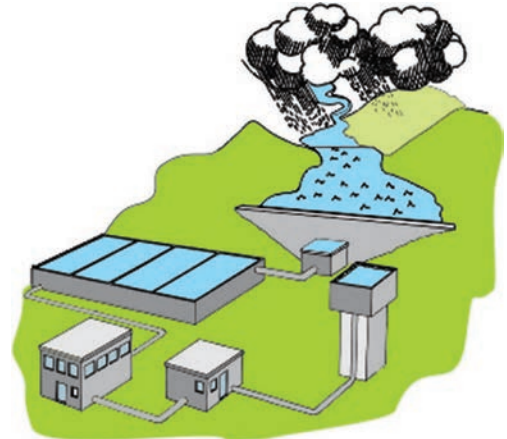


Asikhulume

Ase ubuke titfombe. Khuluma nemngani wakho ngekutsi abuyaphi emanti etfu lahlobile. Tjela likilasi ngaloko wena lokucabangako. Nasihlobisa emanti, siwenta acwenqeke ahlobe khona kutowuphepha kuwanatsa.



Singawanatsa emanti emvula uma luphahla lwetfu nelithange kuhlobile.



Masipala uyawahlobisa emanti etfu awagcine kahle khona sitowukhona kuwanatsa.



Emanti etfu singawabilisa kuwahlobisa.



Singawasefa kuwahlobisa.



Asente loku

Lusuku:

Cela thishela wakho anikhombise kutsi sentiwa njani sisefo semanti.

Utawudzinga loku:

Libhodlela lepulasitiki lemalitha lama-2

Sihlabatsi lesicolisakele, lesihlobile

Sihlabatsi lesihhayekile, lesihlobile

Ematje lamancane/lukhetse, loluhlobile

Umukhwa lokhaliphile

Sigadlana savolo lohlobile

Ingilazi yemanti



Asinyakate

- Sebentisa sikhwama sekuhlala nelisondvo lekukola ihuphu. Beka lehuphu phansi, bafundzi babe beme ngemugca 5 m kusuka kulehuphu. Ungasebentisa sikhala sekukola senethibholi.
- Umfundzi ngamunye utfola lihlandla lekujika sikhwama sekuhlala esikhaleni sekukola, ihuphu.



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Kusuka emini kuya ebusuku



Ase sifundze

Imini nebusuku kwehlukene.

Kubukeka ngekwehlukana, siva nemisindvo leyehlukene, futsi senta tintfo letehlukene.

Emini sibona lilanga likhanya. Lilanga lisiniketa kukhanya nekushisa. Bantfu labanyenti basebenta emini, tsine siya esikolweni.



Asibhale

Buka letitfombe bese ucoca nemngani wakho ngato. Ngabe titfombe tasemini noma tasebusuku? Tehlukana njani? Bhala "Imini" noma "Busuku" ngetulu kwesitfombe ngasinye.





Ase sifundze

Kusihlwa lilanga liyashona. Kuba mnyama bese sibona inyeti netinkhanyeti.

Kufute sisebentise emalambu kubona kutsi sentani.



Lusuku:



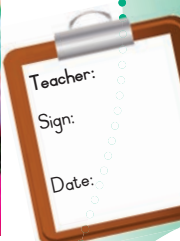
Ebusuku, kuyabandza kunasemini.

Labanyenti betfu bayalala ebusuku, kodvwa labanye bantfu basebenta ebusuku. Kunetilwane letiphuma kuphela nakumnyama.



Asinyakate

- Sebentisa emapali ekubekisa (noma timphawu-siboniso njengemakhoni) nebhola.
- Beka lipali lekubekisa (noma timphawu-siboniso) emamitha lambalwa kusuka kubafundzi.
- Sebentisa ibhola lenkhulu njengeyetinyawo.
- Khahlela lebhola ingene emapalini noma emkhatsini netimphawu-siboniso.
- Cale ukhahlele ngelunyawo lwakho lwesekudla bese kuba lwesancele.
- Mangaki emagoli leniwafakile?





Sibhakabhaka sebusuku sibukeka kanje



Ase sifundze

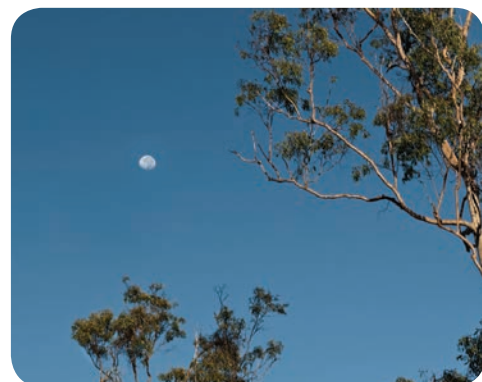
Emini, sivamile kubona sibhakabhaka lesiluhlata cwe nemafu. Kakhulukati, sibona lilanga.



Ebusuku, sibona inyeti netinkhanyeti letinyenti. Tinyenti netichingi-mhlaba letifana netinkhanyeti.



Kulesinye sikhatsi inyeti iba sesibhakabhakeni nasemini nje. Asikhoni kuyibona kahle ngoba lilanga libhokile ngekukhanya. Yetama kutfolo inyeti ngesikhatsi sasemini.



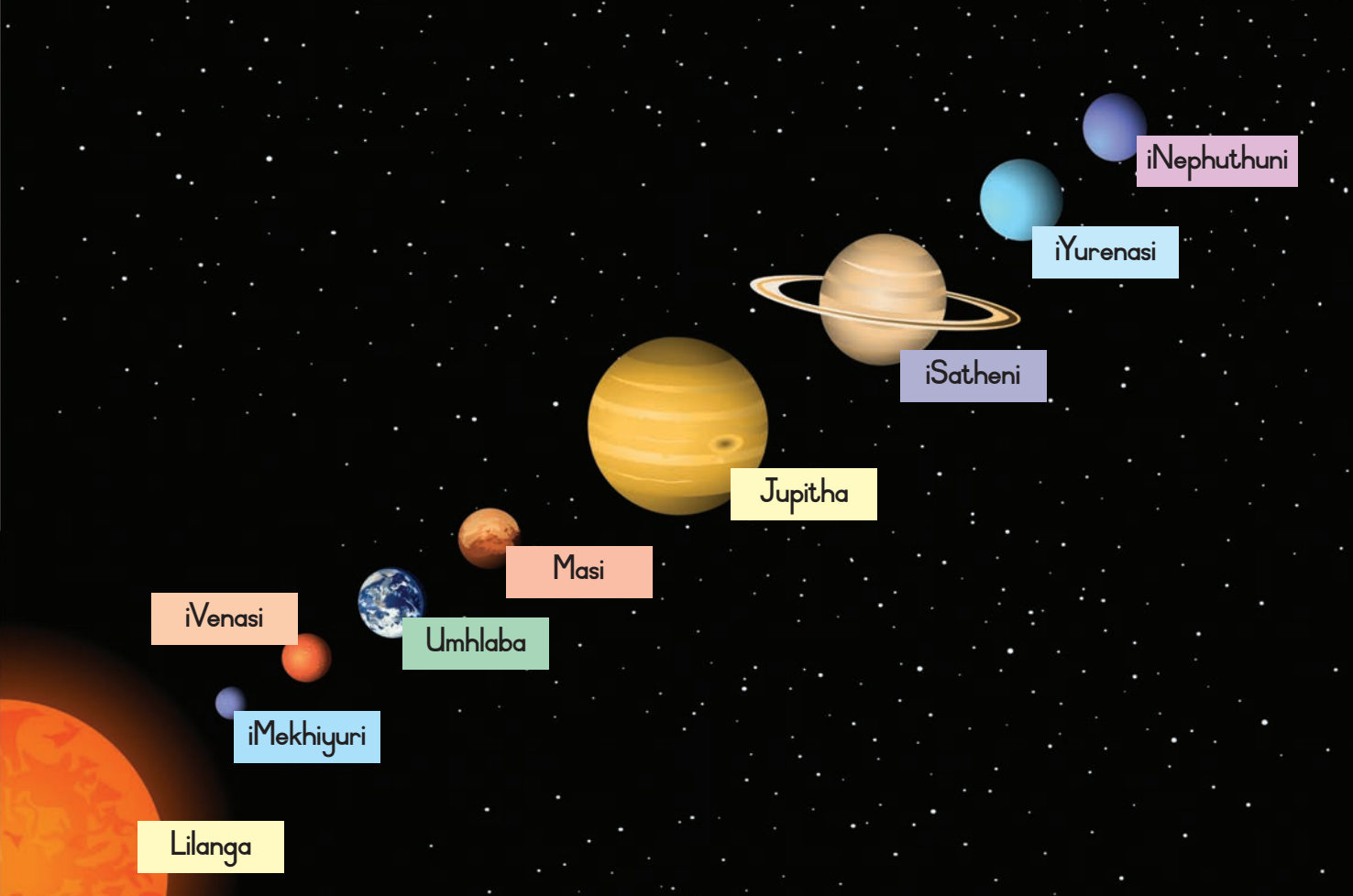
Asente loku

Inyeti kayibukeki ngekufana busuku ngebusuku. Caphela inyeti kulobusuku lobusi-5 lobutako. Kulamabhokisi ngentasi, dvweba tinhlobo letehlukene tabobunjwa benyeti lotibonile.

Busuku bekucala

Busuku besitsatfu

Busuku besihlanu



Loku-ke lilanga netichingimhlaba letiseluhlelweni lwelilanga endalweni yetfu – laba bomakhelwane betfu emkhatsini. (Lilanga netichingi-mhlaba akukadvwetjwa ngebukhulu bako-ngco.)



Asikhulume

Lesi sitfombe seSatheni.

Yehlukile kuto tonkhe

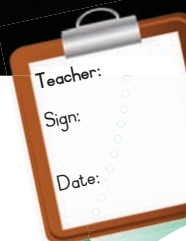
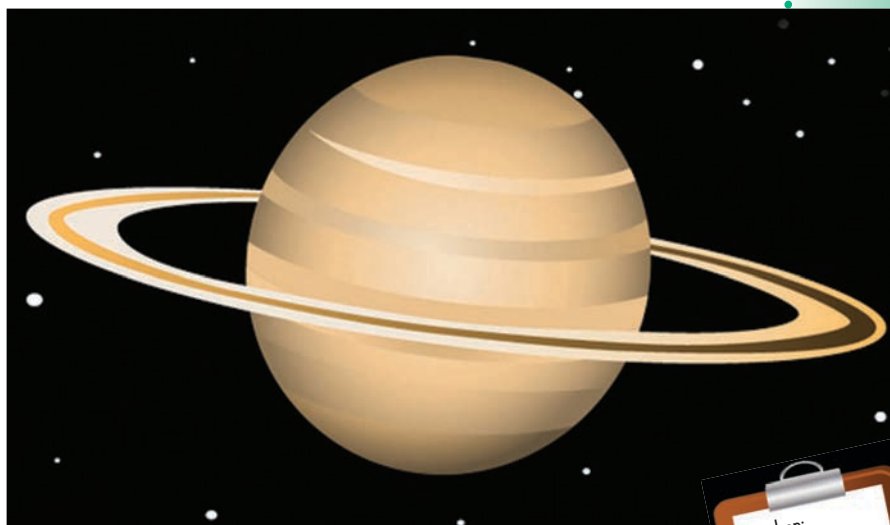
letinye tichingimhlaba ngoba
inetindilinga letiyigegetile.

Uyawabona lamacashata
lamhlophe esitfombeni?

Ucabanga kutsi ayini vele?

Ase ubuke lesitfombe lesikhulu
ngetulu. Ngabe iSatheni

yinkhudlwana noma yincanyana kunemhlaba? Ngusiphi sichingimhlaba
lesikhudlwana kuneSatheni?

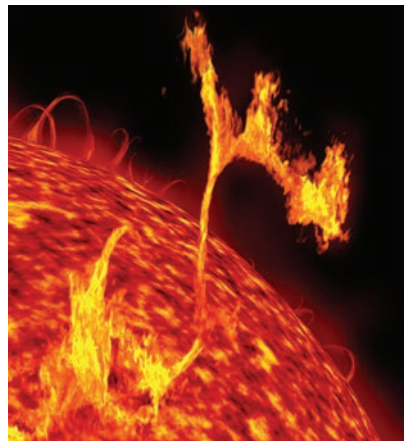




Asikhulume

Buka letitfombe.

Lilanga nenyeti



Coca nemngani wakho. Tisikhombisani?
Unganiketa noma yiphi imphendvulo lefika
emcondvweni wakho.

Emanotsi athishela:

Thishela wakho utawulalela yonkhe
imibono yenu bese uyanatisa kutsi
tiyini letitfombe.



Ase sifundze

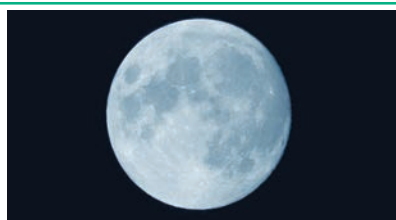
Lilanga yinkhanyeti. Lifana nebholam-lilo lenkhulukati lephonsa kushisa kwayo
nekukhanya macala onkhe. Lilanga lingaphindzeka emahlandla latigidzigidzi
ngebukhulu kwengca umhlaba.

Inyeti ilidvwala lelitje netintfuli lelikhulukati noko alikuphonsi kushisa. Inyeti ite
kwakayo kukhanya. Ifana nesibuko lesiphonsa imisebe yelilanga ite ngakitsi.
Inyeti yincane kakhulu kabi kunemhlaba.

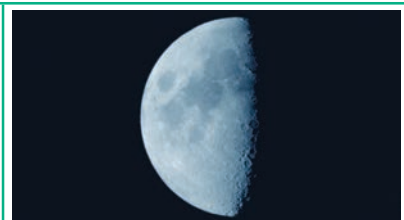


Asikhulume

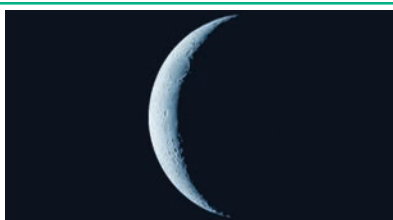
Coca nemngani wakho ngekutsi igucuke njani inyeti ebusukwini lobusihlanu.
Chubeka ubuke letitfombe. Ngabe inyeti yakho ibe nako kufana nalenye yaleti?



Inyeti legcwele



Inyeti lelucetu



Inyeti ledvulungile



Tinkhanyeti



Ase sifundze

Lilanga ngulona nkhangyeti lesondzele kakhudlwana kitsi. Leti letinye tinkhangyeti tikudze le khashane natsi. Kube bewungahamba ngesivinini lesikhulu uye kunoma nguyiphi yaletinkhangyeti, bekungakutsatsa iminyaka-nyaka kufika lapho.



Asikhulume

Lenkhangyeti leya Mantentekazana,
Ngitamtjela Babe Mantentekazana
Ayishayashaye Mantentekazana,
Ngendvukwana yakhe
Mantentekazana.

Emagiligombo Mantentekazana,
Bhekan' phansi Bhekan' etulu!



Ase sifundze

Lengoma yacanjwa kadzeni endvulo. Bantfu bebangati lokunyenti kangako ngetinkhangyeti kuleto tikhatsi.

Lamuhla noko sesati lokunyenti. Ema-Astronothi antjwiza aye emkhatsini ngetintjwiza-mkhatsi telikhetselo kutfolo

kabanti ngetinkhangyeti. Uma bantjwizi-mkhatsi – ema-ostronothi bavakashela umkhatsi, bagcoka tembatfo telikhetselo, emasudu-mkhatsi. Ngesizatfu sebantjwizi-mkhatsi labanesibindzi-nebantfu labahlakaniphile lababayisa emkhatsini, sesifundze lokunyenti kabi ngetinkhangyeti.



Asikhulume

Kuyintfo lenhle yini kutsi sesifundze kabanti ngetinkhangyeti?

Cocani ngaloku wena nemngani wakho.





Ukhetsekile.

**Umtimba wakho wonkhe
ungulokhetsekile.**

Umtimba wakho, wakho wedvwa!



**KUTE
lokumele
akutsintse titfo
temtimba
letifihlekile.**

**Kumele utjele lomunye nangabe kukhona
lokutsintsa titfo temtimba wakho
letifihlekile.**

**Kumele utjele lomunye
nangabe kukhona lokwentisa
tintfo longatitsandzi.**

Longamshayela akusite:

Inombolo yemphilo: 0861 322 322

Inombolo yeBantfwana: 0800 05 55 55

SAPS Inombolo lephutfumako: 10111

YeMaphoyisa eKucedza Bugebengu: 086 00 10111

**Luhlangotsi lweKuvikela Bantfwana:
012 393 2359/2362/2363**



Make a placemat
Cut out the pictures you like and
paste them on to the opposite page to
make yourself a two-sided placemat.
Cover or laminate the placemat with
plastic and use it when you eat.





