



Bugu idzi dzo iwalelwa vhana vha Afrika Tshipembe, mushumo wa hone wo rangiwa phanda nga Minista wa Pfunzo ya Muteo. Vho Angie Motshekga na Muthusaminista wa Pfunzo ya Muteo. Vho Enver Suryt.

Vho Angie Motshekga
Minista wa Muhasho
wa Pfunzo ya Muteo

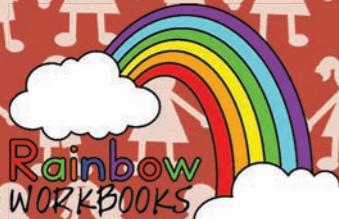


Ri na fulufhelo lauri bugu idzi dzo do thusa vhadededzi (vhagudisi) mushumoni wavho wa u funza wa duvha linwe na linwe khathihi na u vha na vhuhanzi uri vha khunyeledze kharikhulamu yothe. Ro ita nga vhuronwane uri ri sumbedze ndila vhadededzi kha nyito nge ra shumisa aikhoni dzi no sumbedza uri mugudi u tea u ita zwifhio.

Ri na fulufhelo li no bva li mibiluni uri vhana vha do diphiña nga u shumisa bugu idzi zwenezwi vha tshi khou aluwa na u guda, khathihi na uri na vhonevho, sa mudededzi, vha do diphiña na vhana avha.

Ri ri kha vhona na vhagudi vhavho, ngavhe zwi tshi vha nakela musi vha tshi shumisa bugu idzi. Zwi pfumbe.

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LIFESKILLS IN TSHIVENDA

GRADE 1 – BOOK 1

TERMS 1 & 2

ISBN 978-1-4315-0239-4

THIS BOOK MAY
NOT BE SOLD.

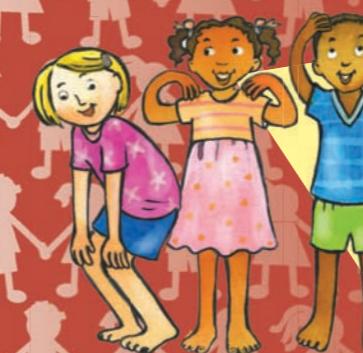
Yo vusuludzwa,
i tevhedza CAPS

Gireidi ya



Zwikili zwa Vhutshilo nga Tshivenda

Bugu ya 1
Themo 1 & 2



Bugu dza u shumela dzi re kha tselano iyi:

- Litheresi ya Luambo lwa Hayani Gireidi 1–6
(Nga nyambo dzothe dza tshiofisi)
- Mbalo Gireidi 1–3
(Nga nyambo dzothe dza tshiofisi)
- Mbalo Gireidi 4–9
(Luisimane na Afrikaans)
- Zwikili zwa Vhutshilo Gireidi 1–3
(Nga nyambo dzothe dza tshiofisi)

Dzina:

Kilasi:



basic education

Department:
Basic Education
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Zwi re ngomu

Themo ya 1 Siatari

- 1 Nne 2
- 2 Mivhala na dantsi 4
- 3 Rōhe ri vha tshipentshela 6
- 4 Rōhe ro fhambana 8
- 5 Kha ri imbe luimbo 10
- 6 Ndi a ȏihudza nga tshikolo tshanga 12
- 7 Fhethu ho fhambananaho 14
- 8 Kilasirumu yashu 16
- 9 Ri ya hani tshikoloni 18
- 10 Ndi dzula ndo kuna 20
- 11 Mikhwa mivhuya 22
- 12 A thi na tshika 24
- 13 Ndowelo i re na mutakalo 26
- 14 U kuna na vhudele 28
- 15 Mutsho une nda u funesa 30
- 16 Mutsho 32



Themo ya 2 Siatari

- 17 Mūta wa hashu 34
- 18 Mūta wa hashu 36
- 19 Ri a vhavhalelana (londana) 37
- 20 U sumbedza u vhavhalela vhanwe 38
- 21 U tsireledzea hayani na u mona na mūdi (1) 40
- 22 U tsireledzea hayani na u mona na mūdi (2) 42
- 23 U tsireledzea musi ndi ndōthe hayani 44
- 24 Tshinwe hafhu tsho teaho u eleliwa 46
- 25 Muvhili wanga 48
- 26 Zwigfi zwanga 50
- 27 Ndi shumisa muvhili wanga 52
- 28 U elekanya nga u tsireledzea 54
- 29 U tsireledzea 56
- 30 Muvhili wanga u dzula wo takala 58
- 31 Muvhili wanga u dzula wo takala 60
- 32 Ndi vho kona mini 62



Maduvha mahulwane a 2015

Phando

La 1 Duvha la Nwaha Muswa
La 31 Duvha la Vhana vha
Zwīsarati



Luhuhi

La 2 Duvha la Maroroma la Liphasi
La 14 Duvha la St Valentine



Lambamai

La 3 Lavhutšanu Likhethwa
La 4-11 Passover
La 5 Paseka
La 6 Duvha la Mīta
La 7 Duvha la Mutakalo la Liphasi
La 22 Duvha la Tshaka Dzōhe la Mme Liphasi
La 27 Duvha la Mbopholowo



Shundunthule

La 1 Duvha la Vhashumi
La 10 Duvha la Vhomme
La 15 Duvha la Tshaka Dzōhe
la Mita



Thafamuhwe

La 5 Purim

La 21 Duvha la Phanelo dza Vhathu

La 21 Duvha la Liphasi la Mātaka na Miri

(Nwaha Muswa wa Bahá'í)

La 22 Duvha la Madja Liphasi

La 28 Awara ya Liphasi (20:30-21:30 tshifhinga tshapo)



Fulwi

La 1 Duvha la Liphasi la Vhabebi
La 4 Duvha la Tshaka Dzōhe la Vhana vho ngalangalaho
La 5 Duvha la Liphasi la Vhupo
La 8 Duvha la Liphasi la Madanzhe
La 12 Duvha la Liphasi la Uwa na Usuma ha Vhana
La 16 Fulwi Duvha la Vhaswa
La 18 Fulwi Ramadan (u thoma hayo)
La 21 Fulwi Duvha la Vhokhotsi



Fulwana

La 17 Eid-Ul-Fitr
(u thela ha Ramadan)
La 18 Duvha la Tshaka Dzōhe la Vho Nelson Mandela
La 30 Duvha la Tshaka Dzōhe la Vhukonani



Thangule

La 9 Duvha la Vhafumakadzi
La 13 Duvha la Tshaka Dzōhe la Vhashumisamonde



Khubvumedzi

La 13-15 Rosh Hashana
La 21 Duvha la Tshaka Dzōhe la Mulalo
La 23 Yom Kippur
La 24 Duvha la Vhufa



Tshimedzi

La 2 Duvha la Tshaka Dzōhe la U sa tshuphana
La 5 Duvha la Vhadededzi
La 11 Duvha la Tshaka Dzōhe la Vhana Vha Vhasidzana
La 14 Al-Hijira (Duvha la Nwaha Muswa la Tshiisilamu)
La 15 Duvha la Tshaka Dzōhe la Vhafumakadzi vha Vhupohaya
La 16 Duvha la Liphasi la Zwiliwa



Lara

La 11 Deepavali (Diwali)
La 12 Vikram (Nwaha Muswa wa 2072)
La 20 Duvha la Liphasi la Vhana



Nyendavhusiku

La 1 Duvha la Liphasi la AIDS
La 3 Duvha la Liphasi la Vhaholefhalu
La 5-14 Chanukah
La 16 Duvha la Vhupomedzani
La 25 Duvha la Khirisimusi
La 26 Duvha la Mbavhalelano



Holodei ya Lushaka ya Afrika Tshipembe :



Duvha liphulwane la nyelelo la Tshiyuda:



Duvha liphulwane la nyelelo la Tshiisilamu:



Duvha liphulwane la nyelelo la Tshibahá'í :



Maduvha a Mbumbano ya Dzitshaka a Tshaka Dzōhe:



Gireidi ya

1



Zwikili zwa Vhutshilo
nga **TSHIVENDA**
Bugu ya I

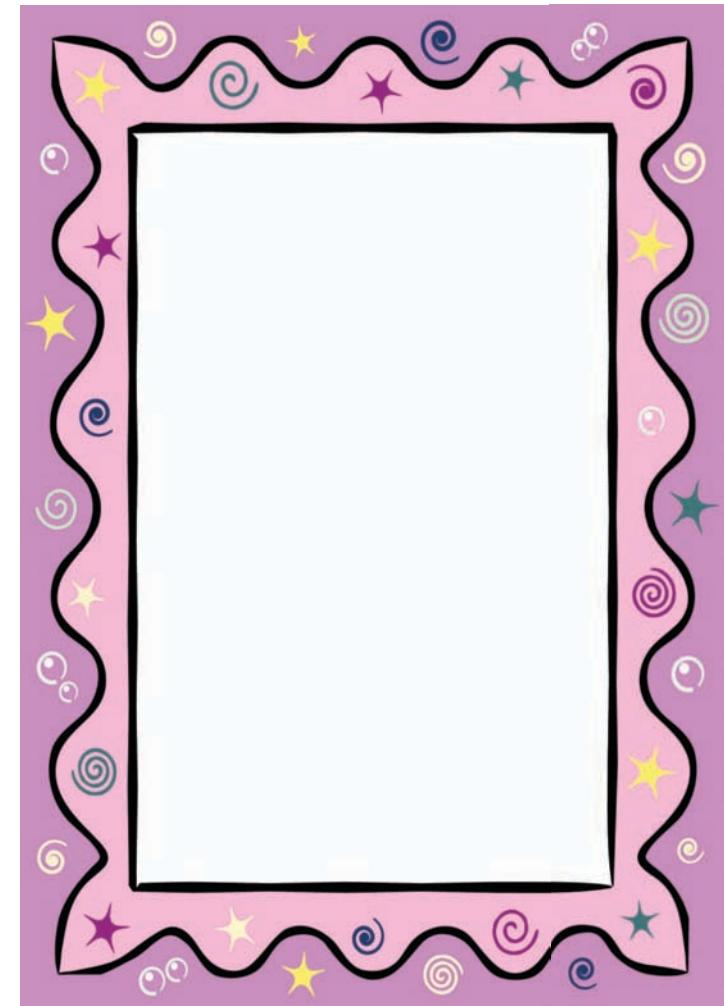


Bugu iyi ndi ya:



Nne

Themo ya! - Vhege ya! - Bammibiri ya u shumela ya



Kha ri ite nyito

Nambatedzani tshinepe
tshanu kana ni diole haf ha.



Dzina langa ndi



Tshifani tshanga ndi

Ndi na miywaha ya

Mutani wa hashu hu na
vhatu vha _____.

Nomboro ya hashu
ya lutingo ndi:

Direse ya hashu ndi:



Ndi a zwi diwha uri duvha langa
la mabebo li da lini.

ee

a thi na
vhutanzi

hai



Kha ri nwale



Lutendo u a konesa bola.



Olani tshiñwe tshithu tshine na konesa.



Vhudzani khonani dzañu zwine na konesa u ita. Ni koneha u khalara ñaledzi i
 re tshibogisini tshi re tshone ni tshi sumbedza zwine na
Kha ri ambe
 konesa u ita.



Ndi konesa u vhala.



Ndi konesa u ñiambadza.



Ndi a kona u nwala
dzina langa.



Ndi konesa u dantsa.



Ndi konesa u ita tie.



Ndi kona u tampa mano.



Teacher:

Sign:

Date:

Mivhala na dantsi

Themo ya l - Vhege ya l - Bammbiri ja u shumela ja

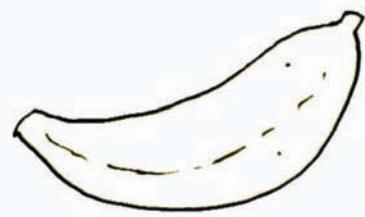


Kha ri ite nyito

Iyi mivhala ni a i diwha?
Vhudzani khonani yanu
madzina a mivhala iyi.



Zwino khalaranu tshifanyiso tshinwe na tshinwe nga muvhala u re won.



Muomva wa tada



Apula litswuku



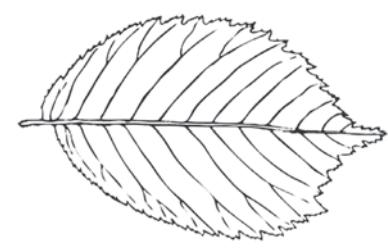
Dzhesi ya lutombo



Tshisamburenii tsha
mivhalavhala



Swiri ja tshitopane



Tari lidala



Kha ri tsukunyee

Musi ni sa athu u ya nnda u ya u ita ndowendowe, thomani ni onyolowe sa tshimange. Hezwi zwi do ni thusa uri muvhili u si kondé u tharamuwa. Ni dovhe ni onyolowe hafhu musi no no fhedza ndowendowe u itela u digeda na u femuluwa. Hezwi zwi do ni thusa uri misipha i si vhavhe nga murahu. Zwino itani zwine a vha vhana vha khou ita.



Imbani luimbo lwa "Thoho na mahada" musi ni tshi khou:

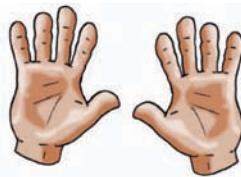
- diiteni u nga ni khou lidza murumba.
- diiteni u nga ni khou lidza katara.





Kha ri diphine

Vhandani zwanda ni tshi
tevhedza phetheni idzi.



Pha



Kha ri ite nyito

Ni a kona u ita izwi zwithu. Sumbedzani khonani dzanu.

Ndi a kona u gidimela thungo dzot̄he ndi sa thulani na muthu.			
Ndi a kona u tamba khadi.			
Ndi a kona u kungulusela khonani yanga bola khulwane.			



Ro^{the} ri vha tshipentshela



Kha ri ambe

Lavhelesani tshifanyiso ni vhudze khonani dzanu nga phambano dzi re vhukati ha vhana avha.



Zwi^{hulwane} na zwi^{luku}

Vhai^{nwe} ndi vhahulwane, vhai^{nwe} vhashu ndi vhat^{luku}. Vhai^{nwe} vhashu ndi vhapfufhi vhai^{nwe} vhashu ndi vhalapfu. Vhai^{nwe} vhashu vha kona u fhufha, vhai^{nwe} vhashu vha kona u imba. Ro^{the} ri na zwine ra konesa. Inwi ni konesa mini?



Kha ri ambe

Vhudzani khonani dzanu uri ni dipfa hani nga duvha lanu la u thoma tshikoloni.

no takala	no tungufhala	no nyanyuwa	no sinyuwa	ni na thoni



Kha ri ite nyito

Olani tshifanyiso ni tshi sumbedza vhudipfi hanu musi no newa thoyi ntswa. Nwalani vhudipfi hanu tshikhali tshi re fhasi ha tshifanyiso.



Kha ri ambe



Vhudzani khonani yanu uri hu khou bvelela mini tshifanyisoni itshi.
Bulani uri ni nga diphfa hani arali izwi zwithu zwa itwa inwi.
Itani thiki kha tshifhañuwo tshi re tshone.

Dukana lìhulwane kha
inwi li ni dzhiela zwithu.

no takala	no nyanyuwa	no tħungħħala

Inwi na khonani yanu ni
tshi khou tamba noħe.

no sinyuwa	no takala	no tħuwa



Ni tshi putulula
tshifhiwa.

no tħuwa	no nyanyuwa	ni na tħoni

Mukomana wanu kana
khaladzi anu o tshinya
thoyi yanu.

ni na tħoni	no takala	no sinyuwa



Kha ri ite nyito

Ganndisani munwe wanu tshibogisini tsha u thoma, ni humbele muñwe
nga inwi kīlasini uri a ganndise munwe wawé tshibogisini tshi no tevhela.

No vha ni tshi zwi diphha uri a huna muthu
na muthihi liphasini lothe a re na mitalo ya
minwe i no fana na yanu? Ni wa tshipentshela
nga maanda, lune a huna muñwe inwi liphasini
lothe. Na malwelavanda ha na mitalo ya
minwe i no fana.

--	--

Ni a kona u zwi vhona uri iyi
mitalo ya minwe yo fhambana?



Ro[^]the ro fhambana



Kha ri ambe

Lavhelesani avha vhana.
Vha fana nga mini?
Vha fhambana nga mini?



Kha ri ite nyito

Lavhelesani tshifanyiso ni kone u humbula uri aya mafhungo ndi ngoho
kana a si ngoho naa.
Khalarani mafhungo a re ngoho nga muvhala mudala.
Khalarani mafhungo a si ngoho
nga muvhala mutswuku.



Vhothe vha na zwanda zwivhili
na milenzhe mivhili.



Vhothe ndi vhasidzana.

Vhothe vho ambara zwienda.



Vhothe vho ambara marukhu.

Vhothe ndi vhana.



Vhothe vha na mavhudzi malapfu.



Kha ri nwale

Olaní tshifanyiso tsha inwi muñé tshikhalani tsha u thoma. Zwino olaní tshifanyiso tsha khonani yanu ya mbiluni. Musi no no f'chedza, lavhelesani tshifanyiso tsha yanu ni ambe uri ni f'hambana hani na khonani yanu.

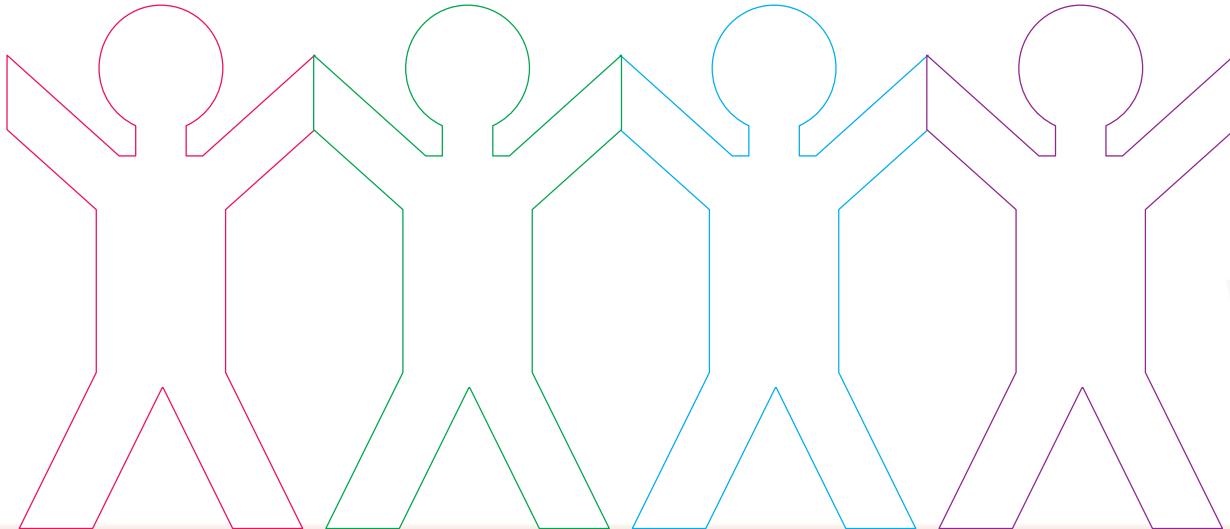


Nñe	Khonani yanga



Kha ri ite nyito

Khalarani tshaini iyi ya vhukonani ni tshi sumbedza uri vhathe vho f'hambana. Musi no no f'chedza ni nga kha ñi i gera kha khethékanyo ya zwigeriwa buguni iyi na i khavhisa.



Teacher: _____
 Sign: _____
 Date: _____

Kha ri imbe luimbo

Themo ya 1 – Vhege ya 3 – Bammbiri ja u shumela ja



Kha ri ite nyito

Musi ni sa athu imba thomani ni ite ndowendowe dzi tevhelaho.
Femelani ngomu na nnda nga u ongolowa.
Diiteni u nga ni khou vhudzula makhandela a re kha khekhe
ya duvha ja mabebo.
Diiteni u nga ni khou tetemela nga phepho, ni ri "Brrrrrrrrrrrrrrr".



Zwičoho zwičanu



Zwičoho zwičanu zwi khou thamukana nt̄ha ha mmbete.

Kuńwe kwa mbo wa kwa dígekha t̄hoho.
Mmawe vha mbo vhidza Vho Dokotela,
Vho Dokotela vha tshi swika vha ri,

"A hu tshee na kučoho ku no do thamukana nt̄ha ha mmbete!"

Zwičoho zwičanu zwi khou thamukana nt̄ha ha mmbete.

Kuńwe kwa mbo wa kwa dígekha t̄hoho.
Mmawe vha mbo vhidza Vho Dokotela,
Vho Dokotela vha tshi swika vha ri,

"A hu tshee na kučoho ku no do thamukana nt̄ha ha mmbete!"

Zwičoho zwiraru zwi khou thamukana nt̄ha ha mmbete.

Kuńwe kwa mbo wa kwa dígekha t̄hoho.
Mmawe vha mbo vhidza Vho Dokotela,
Vho Dokotela vha tshi swika vha ri,

"A hu tshee na kučoho ku no do thamukana nt̄ha ha mmbete!"

Zwičoho zwivhili zwi khou thamukana nt̄ha ha mmbete.

Kuńwe kwa mbo wa kwa dígekha t̄hoho.
Mmawe vha mbo vhidza Vho Dokotela,
Vho Dokotela vha tshi swika vha ri,

"A hu tshee na kučoho ku no do thamukana nt̄ha ha mmbete!"

Kučoho kuthihi ku khou thamukana nt̄ha ha mmbete.

Kwa mbo wa kwa dígekha t̄hoho.
Mmawe vha mbo vhidza Vho Dokotela,
Vho Dokotela vha tshi swika vha ri,

"A hu tshee na kučoho ku no do
thamukana nt̄ha ha mmbete!"





Kha ri nwale

Dioleni tshifanyiso.

Sumbedzani mačo anu, ndevhe, ningo, mulomo na mavhudzi.

Vhudzani khonani dzañu uri ni vhonala nga ndilade.



Kha ri tsukunyee

Phulani ndila i re na
zwikhukhulisi i no fana na
iyi nga nnda ha kílasi ni tshi
thusiwa nga mudededzi wañu.

Thamuwani ni tshi bva
kha tshidulo ni tshi ya
kha tshiñwe.

Kokovhani fhasi ha ḥafula.



Teacher:
Sign:
Date:

Ndi a dihudza nga tshikolo tshanga



Kha ri ite nyito

Dioleni tshifanyiso no ambara yunifomo ya tshikolo. Ni kone u dzenisa phindulo dzi no khou tshela.



Ndi dzhena tshikolo tsha

_____.

Dzina la mudededzi wanga ndi

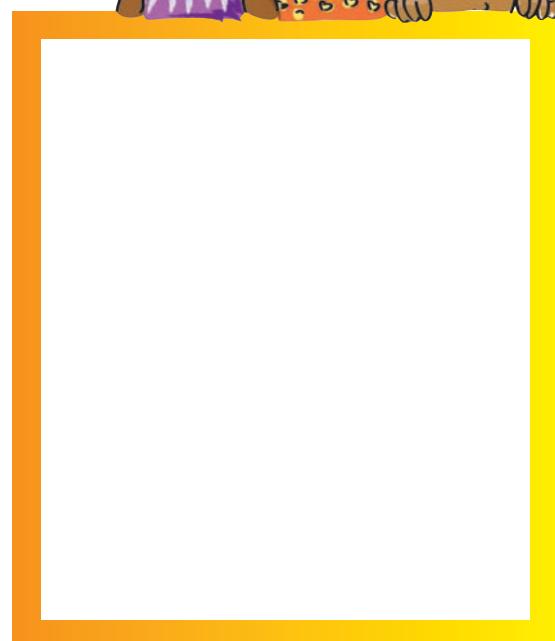
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Phirintsipa la washu ndi

_____.

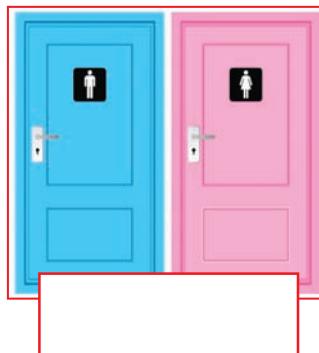
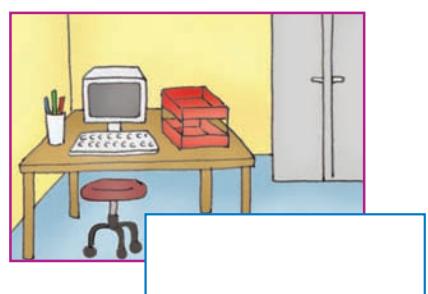
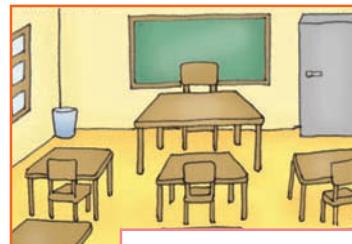


Kha ri nwale



Themo ya 4 - Bammbiri la u shumela la

Lavhelesani zwifanyiso. Ni kone u gera maipfi one ane a yelana na tshifanyiso tshiñwe na tshiñwe ni a nambatedze tsini na zwifanyiso zwo teaho.



mudavhini wa u tambela

kilasirumu

ofisi

sekerethari

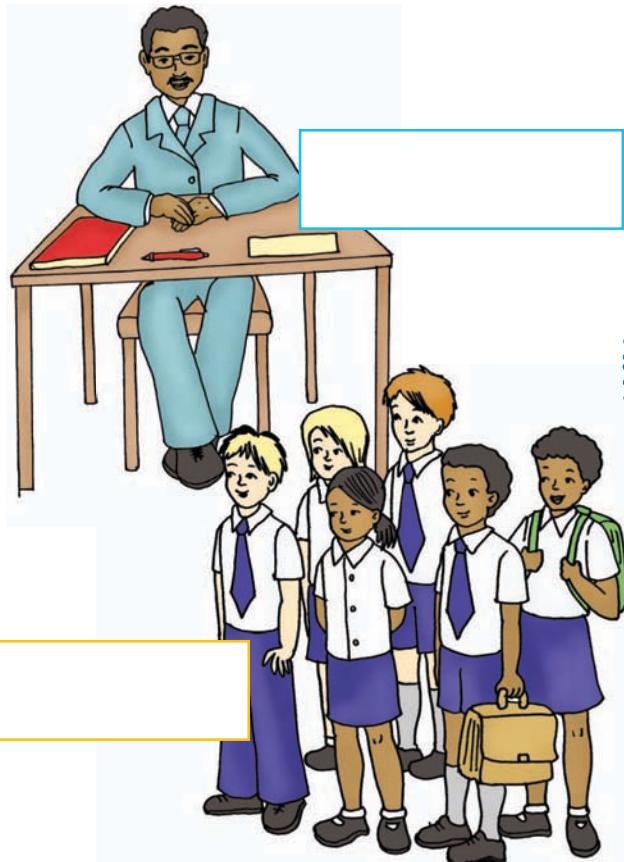
kulokurumu





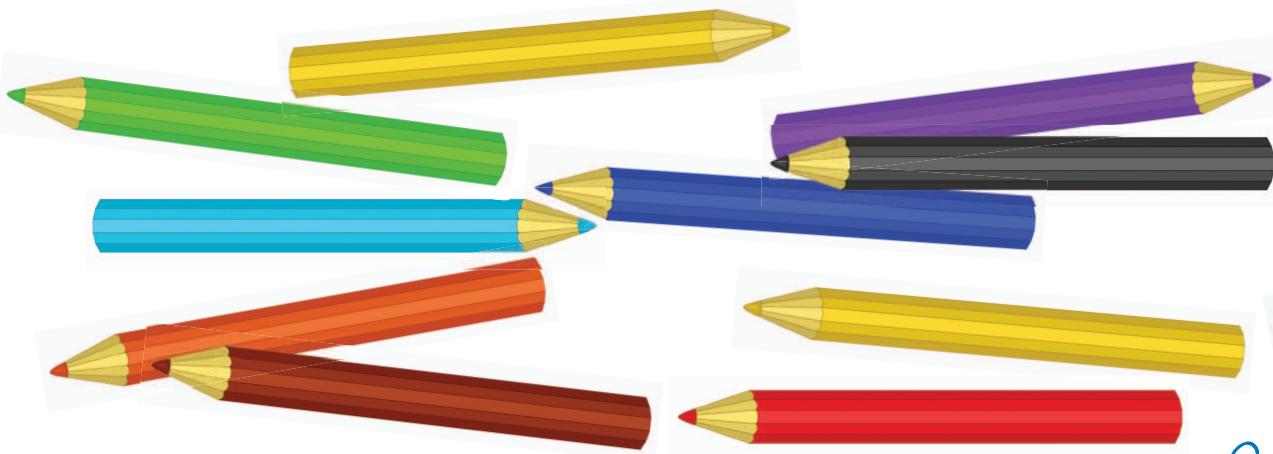
Kha ri ñwale

Vhatu vho fhambananaho vha re tshikoloni tsha vhoiwe ndi vhonnyi? Ambani ngauri ndi vhatuhude. Ni kone u gera maipfi one a tshi bva fhasi ha siatari ni a nambatedze tsini na tshifanyiso tshiñwe na tshiñwe. Vhudzani khonani uri avha vhatu vha ita zwif hio afho tshikoloni. Shumisani maipfi a re afho fhasi uri a ni thuse. Laedzani khonani yanu ndila ya u ya of isini ya vrophirintsipala, dzithoilethe na luvhandeni lwa u tambela.



Kha ri diphine

Tshibogisi tsha penisela tsha Mulalo tsho wa. Vhalani uri u na penisela na khirayoni nngana, ñwalani tshivhalo tshibogisini. Kha bammbiri liñwe, olani tshifanyiso ni tshi shumisa mivhala i no vatamedza, ni tshi sumbedza musi inwi na khonani yanu ni tshi khou tamba noñhe. Ni ite fureme u mona na tshifanyiso.



vhana

mukunakisi

mudededzi

phirintsipala



Fhethu ho fhambananaho

Vhege ya 4 - Bammbiri ja u shumela ja



Kha ri ite nyito

Sumbedzani khonani yanu uri ni a kona ...

U dzumbama fhasi ha tshinwe tshithu.



U dzumbama murahu ha tshinwe tshithu.



Ndo dzumbama fhasi ha tafula.



U ima tsini na tshinwe tshithu.



U ima nthha ha tshinwe tshithu.

Themo ya



Kha ri tsukunyee

Shumisani bola kana tshisagana tsha nawa. I poseni nthha ni i gavhe. Zwino i tengenedzeni nthha ha thoho ni tshimbile nga u ongolowa. Zwino tengenedzani tshisagana tsha nawa nthha ha thoho musi ni tshi khou dadamala nthha ha danda ja u dadamala kana kha mutalo u re fhasi.

Ndi a kona u posa.



Ndi a kona u gavha.



Ndi a kona u tengenedza tshisagana tsha nawa kha thoho yanga.





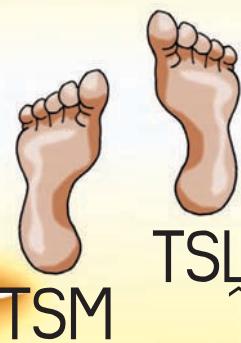
Kha ri tsukunyee

Tshinani nga milenzhe yanu nt̄ha
ha phetheni idzi.

TSM = Tsha monde



TSL[˘] = Tsha u la



TSL[˘]



TSM



TSL[˘]



TSM



TSL[˘]



TSM



TSL[˘]



TSL[˘]



TSM



TSL[˘]



TSM



TSL[˘]



TSM



TSM



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TSM



TSM



TSL[˘]



TSM



TSL[˘]

Teacher: _____
Sign: _____
Date: _____

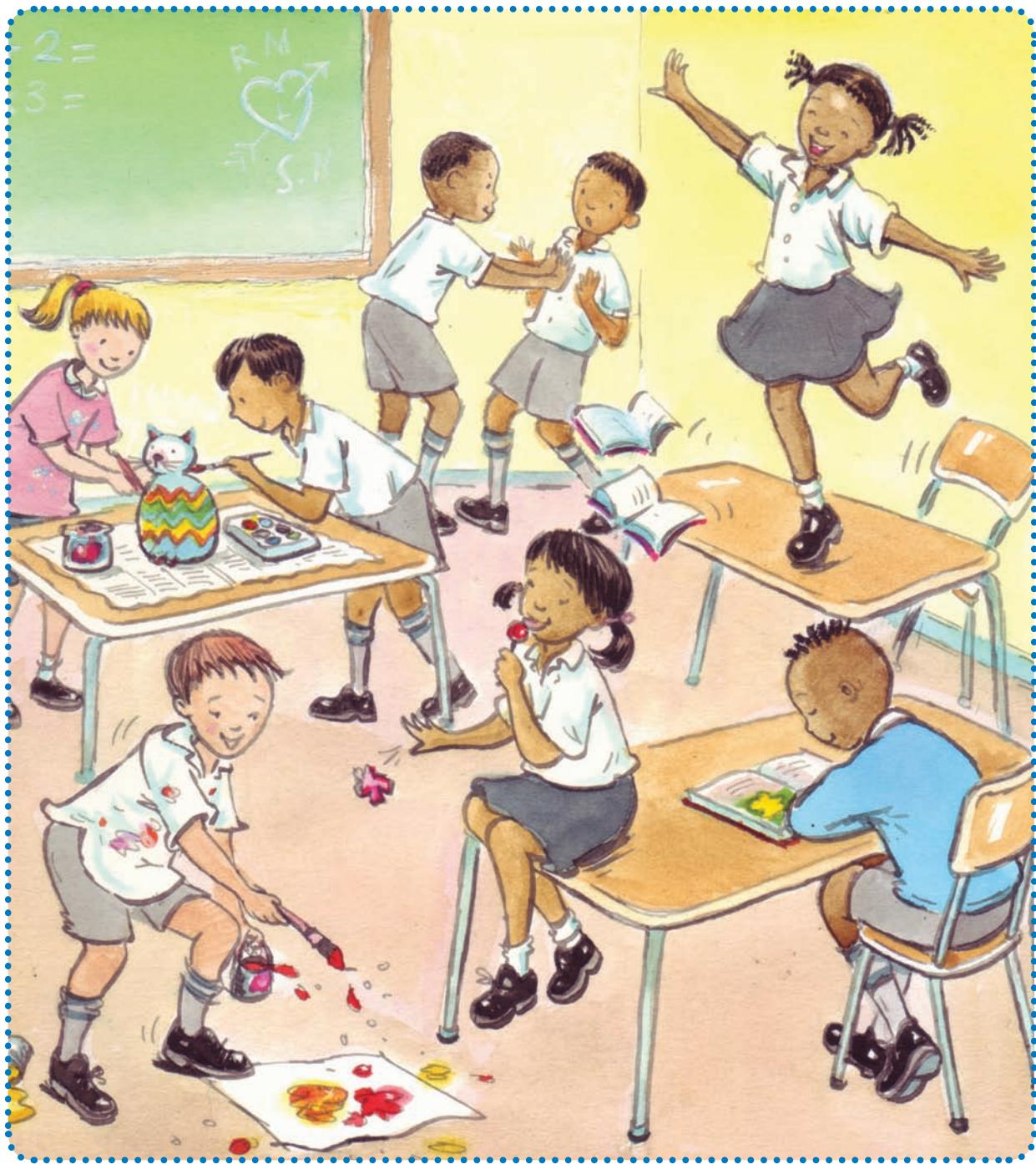
Kilasirumu yashu



Kha ri ambe

Lavhelesani tshifanyiso itshi nga vhuronwane ni ambe nga zwine na khou vhona.

Afha kilasini hu khou itea zwithu zwavhuđi na zwi si zwavhuđi. Ndi mikhwa ifhio mivhuya ine na kona u i vhona? Ndi mikhwa ifhio mivhi ine na kona u i vhona?

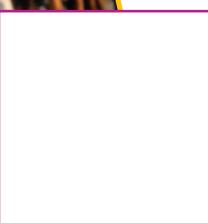
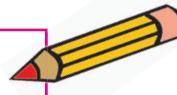


Themo ya | – Vhege ya 5 – Bammbiri ja u shumela ja



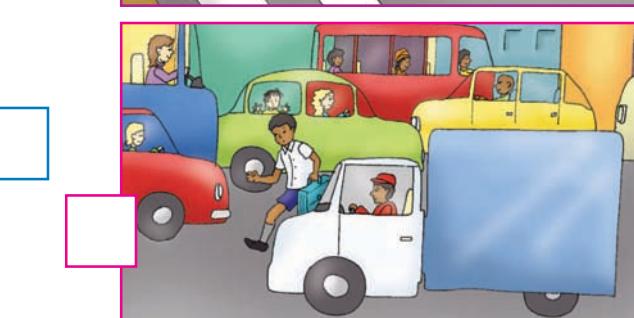
Kha ri ambe

Itani thiki tsini na mikhwa mivhuya yo^he na tshif'hambano tsini na mikhwa mivhi ine ya nga bvelela tshikoloni. ✓ ✗



Ri ya hani tshikoloni

Ni ya hani tshikoloni ḋuvha līnwe na līnwe? Ni vha no tsireledzea? Ni a ḋivha ndila dzo tsireledzeaho? Ambani na khonani yanu uri avha vhana vha ya tshikoloni nga ndilade. Itani thiki ✓ kha dzo tsireledzeaho dza u ya tshikoloni. Itani ✗ kha dzi songo tsireledzeaho.



Ni ya hani tshikoloni nga matsheloni?



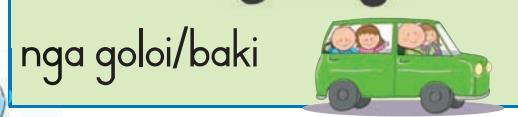
Themo ya 1 – Vhege ya 5 – Bammbiri ja u shumela ja

Zwino vhudzisani khonani thanu uri dzi ya tshikoloni nga ndilade ḋuvha līnwe na līnwe. Dzi swayeni nga thiki kha tshati iyi.



Madzina a khonani

1	2	3	4	5



Kha ri tsukunyee

Ndi a kona u ita masongesonge.

Ee Hai

Ndi a kona u shandula hune nda khou ya hone ndi tshi khou gima nge mudededzi vha amba.

Deithi:



Kha ri ite nyito

Olani tshifanyiso ni tshi sumbedza uri ni ḋa tshikoloni nga mini.



Kha ri tsukunyee

Thetshellesani muzika une mudededzi
wañu a ḋo ni tambela.

Dzinginyeani ni tshi tevhedza muzika.

Khothani magona ni ḫaramudze zwanda.

Zuzani mahada añu.

Monisani zwinungo zwa zwanda zwi ye kha tsha
monde na kha tsha uña.



Kha ri tsukunyee

Inwi na khonani yañu ni tea u posa na u gavha bola.

Shumisani tshanda tshi sa konesi kha u posela bola murahu.

Ndo kona u posa bola nga tshanda tshanga tshi
sa konesi?



Kha ri tsukunyee

Kungulusanani sa bara ni na
muñwe nga inwi.



Ndi dzula ndo kuna

Kha ri ambe

Ndi mafhungo mahulwane u guda mikhwa u tshee mutuku.

Zwiñwe zwa zwithu zwine zwa nga ita uri ni dzule no kuna ni na mutakalo khezwi. Ambani nga tshifanyiso tshiñwe na tshiñwe.

Themo ya 1 – Vhege ya 6 – Bammbiri la u shumela la



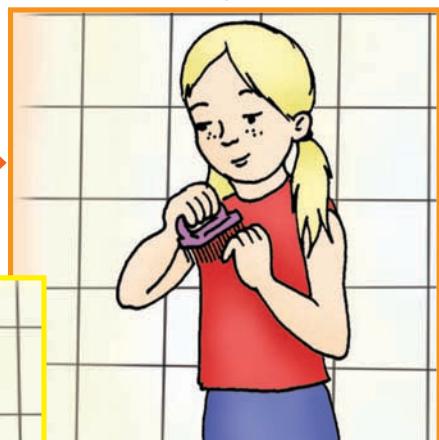
U t̄amba mano.



U t̄amba zwanda ndi tshi bva bungani.



U t̄amba tshifhinga tshothe.



U ita uri nala dici dzule dzo kuna.



U shumisa mabammbiri a thoilethe.



U t̄anzwa mitshelo ndi sa athu i la.



U shumisa thishu ndi tshi atsamula na u fumula maduda.

Ndi tea



Kha ri nwale

Ndi zwifhio zwa zwithu zwi tevhelaho zwine na zwi shumisa kha vhudele?
 Khalarani ɻaledzi ni tshi sumbedza zwithu zwine na zwi shumisa kha vhudele.
 Ni ite na u bula uri ni shumisa tshithu tshiñwe na tshiñwe nga ndilade
 kha vhudele.



Itani thiki ya u sumbedza uri:	ee	hai
Ndi a kona u gonya leri kha dembetiti la matanda.		
Ndi kona u shumisa mikungelo ya zwanda ndi tshi ya phanda.		
Ndi a kona u dodoma dembetitini la matanda.		



Mikhwa mivhuya

Themo ya 1 – Vhege ya 6 – Bammbiri la u shumela la



Kha ri vhale

Miñwe ya mikhwa yavhuđi ya
u shumisa thołethe.

Elelwani



Arali na nga ita vhuada
thołethe, ni elelwe u i kunakisa.



Ni songo hangwa u
gwedzha thołethe.



Ni vale muñango wa thołethe
tshifhinga tshołthe musi ni ngomu.



Ni songo shumisa mabammbiri
a thołethe o kalulaho.



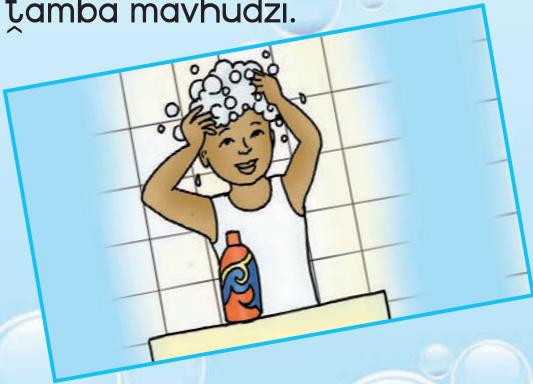
Ni ḥambe zwanda tshifhinga
tshołthe ni tshi bva thołethe.



Kha ri nwale

Tangedzelani maipfi a re one ane a ni vhudza uri ni tea u ita zwithu zwi tevhelaho kangana.

U t̄amba mavhudzi.



duvha l̄inwe na l̄inwe

nga matsheloni na
nga madekwana

luvhili nga vh̄ege

luthihi nga vh̄ege

U t̄amba mano.



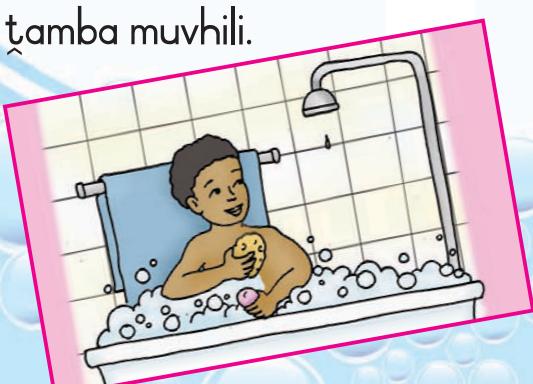
duvha l̄inwe na l̄inwe

nga matsheloni na
nga madekwana

luvhili nga vh̄ege

luthihi nga vh̄ege

U t̄amba muvhili.



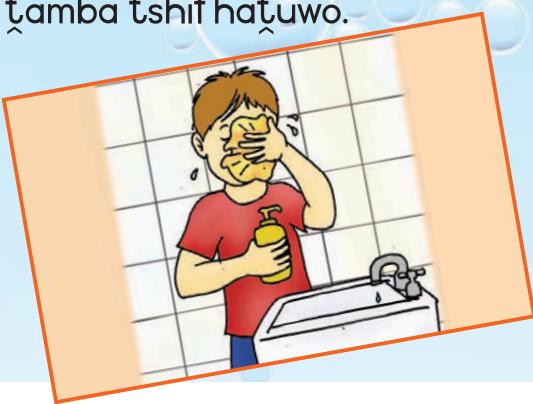
duvha l̄inwe na l̄inwe

nga matsheloni na
nga madekwana

luvhili nga vh̄ege

luthihi nga vh̄ege

U t̄amba tshifhatuwo.



duvha l̄inwe na l̄inwe

nga matsheloni na
nga madekwana

luvhili nga vh̄ege

luthihi nga vh̄ege



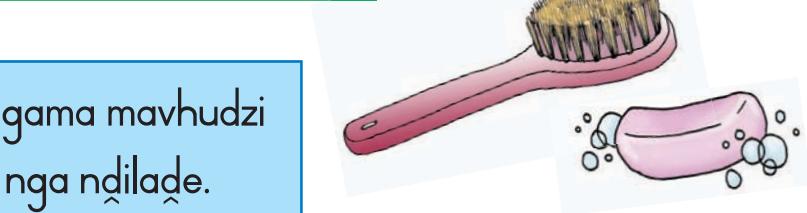
A thi na tshika

Themo ya 1 – Vhege ya 6 – Bammbiri ya u shumela ja



Tambani na mudededzi wañu mutambo wa "Simoni uri".
Wanani hune na nga ima hone ni dovhe ni fhire hu si na u thulana.
Simoni uri "farani tsho.".

Sumbedzani khanani yañu uri ...





Kha ri tsukunyee

Itani litambwa la tshidade itshi.

Ndi a vhanda zwanda

**nda giginya fhasi nga
milenzhe**

nda dzungudza thoho

nda dzungudza zwanda

**nda dzungululwa nga
zwikunwe**

nda kwama ning.



13 Ndowelo i re na mutakalo

Themo ya 1 – Vhege ya 7 – Bammbiri la u shumela ja



Kha ri vhale

Ri lila mini uri ri dzule ri na mutakalo?

Zwīliwa
zwī re na
mutakalo



Ndowendowe
yō linganelaho

U dzula ro
kuna



Urwiwa nga
muya nnda

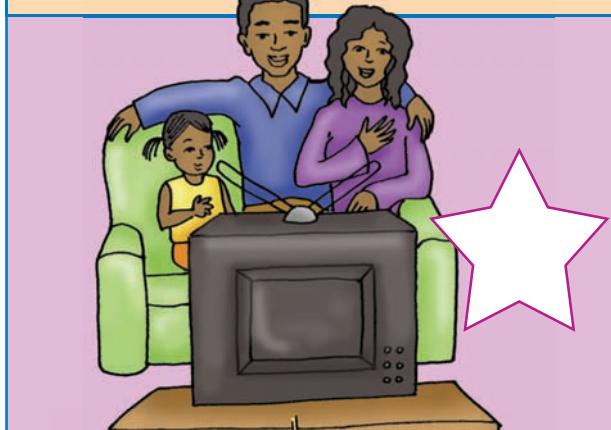
U edela wa
pfelēla wa si
vhoneše TV!





Kha ri nwale

Itani thiki ✓ kha ndowelo i re na mutakalo na ✗ kha ndowelo i si na mutakalo.



Teacher:
Sign:
Date:

U kuna na vhudele

Themo ya 1 – Vhege ya 7 – Bammbiri la u shumela la



Kha ri ite nyito

Sumbedzani uri ni shumisa izwi
zwithu nga ndilade.



buratsho ya mano



tshisibe tsha mano



tshisibe



khirimu ya zwanda

khirimu ya zwanda



shamphuu



gamu



buratsho



buratsho ya nala



zwigero zwa nala



Kha ri tsukunyee

Faranani nga zwanda ni ite danga.

Zwino ḥekedzanani bola ni dangani ili.

Engedzani iñwe bola ni ḥekedzane.

Engedzani iñwe bola hafhu ni lingedze u ḥekedzana bola tharu.



Kha ri ambe

Ndi zwifhio zwi no khou vhanga vhuada kamarani iyi?

Ni tea u ita mini uri ni kunakise kamara?

Vhana vha khou ita mini? Vha tea u ita mini zwo teaho?



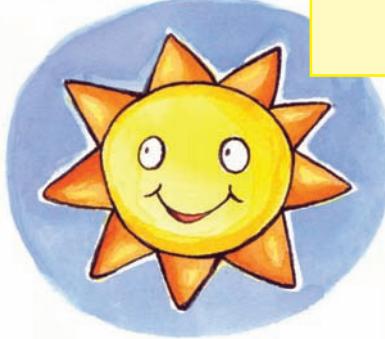
Teacher:
Sign:
Date:

15 Mutsho une nda u funesa

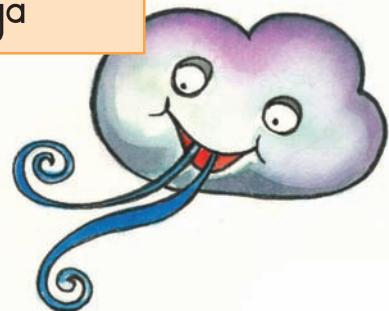
Kha ri ambe

Lavhelesani tshaka dzo fhambananaho dza mutsho ni vhudze khonani yanu uri ndi mutsho uf'ho une na u funesa.

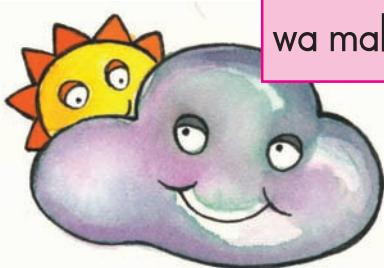
wa muya



wa masana



wa mvula



wa makole na phepho



Kha zwiñwe zwipida zwa shango, tshinwe
tshifhinga hu a rothola lune ha wa na gambogo.
Tshinwe tshifhinga hu vha na mutsho wa madumbu.
Madumbu a re na maanda a pfì ndi madumbumazikule.

Kha ri ite nyito



Dioleni tshifanyiso tsha musi ni mvulanani kana hu na gambogo.

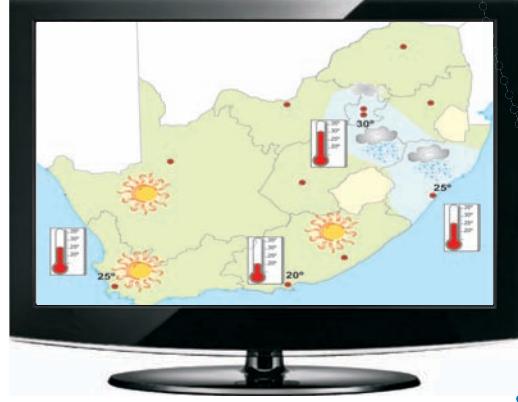
Dioleni tshifanyiso kha bammbiri ljhulwane, ni tshi shumisa
khirayoni dza phula.

Tanganyisani mađi na zwikhalari zwa lutombo zwa zwiliwa ni pennde
siatari lothe. Hashani tshifanyiso itshi nga pennde tshena.

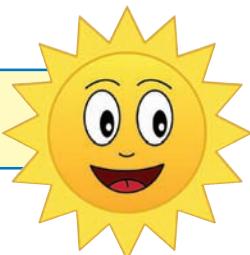


Kha ri vhale

Ri shumisa tshati ya mutsho kha u sumbedza uri mutsho wo ima nga ndilade. Ri shumisa tswayo kha u sumbedza tshaka dzo fhambananaho dza mutsho. Dziñwe dza tswayo idzi khedzi.



masana



mvula



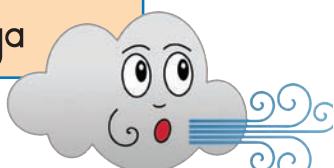
makole



gambogo



wa muya



Kha ri ambe



Talutshedzani khonani yanu uri ni ambara zwiambaro zwifhio kha mutsho muriwe na muñwe.

Kha ri ite nyito



Olani zwiga zwa mutsho u itela u fhedzisa tshati yanu ya mutsho ya vhege ino.

Musumbuluwo

Lavhuvhili

Lavhuraru

Lavhuña

Lavhutanu



Kha ri ñwale

Mutsho wo vha u nga ndilade ñamusi? Dzhenisani maipfi ane a khou tñahela.

Namusi hu na _____.

Mulovha ho vha hu na _____.

Ngavhe matshelo hu tshi vha hu na _____.

Teacher:	Sign:
Date:	

Mutsho

Themo ya 1 – Vhege ya 8 – Bammbiri la u shumela la

Kha ri ite nyito

Edziselani tshaka dzo fhambananaho dza mutsho.



Tharamudzani zwanda zwi nt̄ha ha t̄hoho yanu zwi nge gole lihuluhulu la kholekhole.



Ni na tthisamburenini tsha u ni tsireledza kha duvha.



Dzinginyeani sa muri u tshi khou dzinginyiswa nga maya wa madumbu.



Kwambateleni tthisamburenini uri tshi si hwaliwe nga maya wa madumbu.



Itani thothotho sa marotha a mvula nt̄ha ha t̄hangana.

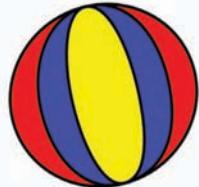
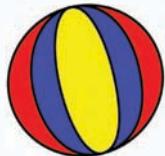




Kha ri tsukunyee

Faranani nga zwanda ni ite danga.

Posanani bola na u i gavha.



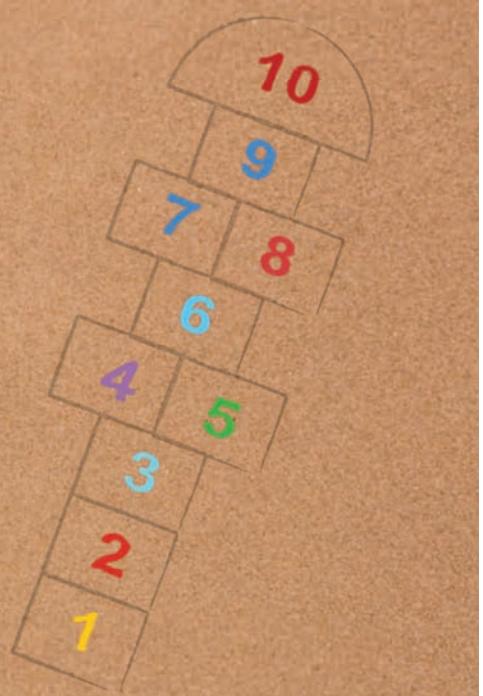
Humbulani nga ndila dzo
fhambananaho dza u dadamala kha
danda kana kha lutambo. Vhonani
arali ni tshi nga kona u wana ndila
ya u dadamala ine ya si fane na ya
vhañwe afha kilasini.



Kha ri diphine

Tambani openi.

Olani zwibuloko na
zwitendeledzi mavuni.



Kha ri tsukunyee

- Sumbedzani khonani yanu kushumisele kwanu kwa khadi.
- Mudededzi wanu vha ðo ni sumbedza kutambelwe kwa mitambo ya sialala.



Muta wa hashu



Kha ri ambe

No vha ni tshi zwi ðivha uri miṭa a i fani?

Minwe miṭa ndi mihulwane minwe ndi mituku.

Minwe i na vhomme na vhokhotsi ngeno minwe i si na.

Minwe miṭa i na vhomakhulutshisadzi na vhomakhulutshinna, vhomalume, makhotsimunene, vhomakhadzi na vhazwala.

Lavhelesani zwifanyiso zwi tevhelaho ni vhudze khonani yanu uri miṭa iyi i fhambana ngafhi.

mme

khotsi

khaladzitshisadzi

makhulutshinna

mukomanatshinna

rwana

makhulutshisadzi

muta





Kha ri nwale

Ni dzula na vhonnyi mudini wa hanu?

Ni dzula na vhonnyi mudini wa hanu?



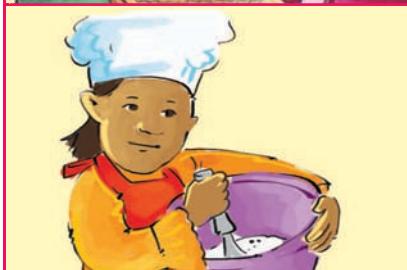
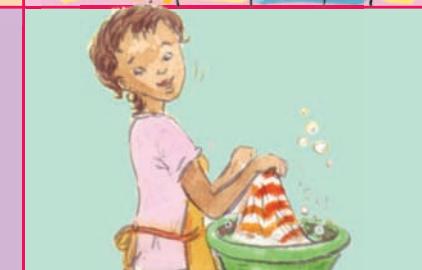
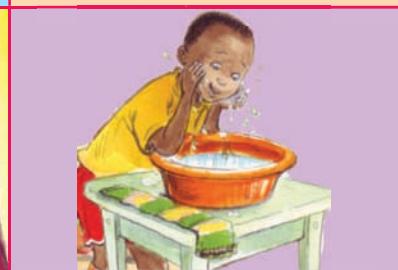
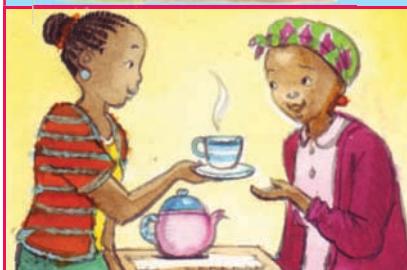
Mudini wa hanu hu na vhatthu vha _____.

Ndi nnyi mułukusa mudini wa hanu? _____.

Ndi nnyi muhulwanesa mudini wa hanu? _____.

Kha ri ambe

Rołhe ri na mishumo ine ra ita mahayani ashu. Lavhelesani zwifanyiso izwi ni bule dzina la muthu ane a shuma mishumo iyi ha hanu.



Nwalani fhungo nga mushumo we na ita mulovha.



Muṭa wa hashu



Kha ri diphine

Olanī tshifanyiso tsha tshithu tshine muṭa woṭhe wa hanu wa tshi ita khathihi. Shumisani maipfi aya uri a ni thuse.

mme

khotsi

khaladzitshisadzi

makhulutshinna

mukomanatshinna

rwana

makhulutshisadzi

muṭa



Muṭa wa hashu

Themo ya 2 – Vhege ya / - Bammbiri / - shumela / a

Ri a vhavhalelana (londana) 19



Kha ri vhale

Vhatu vha muđini muthihi vha tea u funana na u londana. Ri sumbedza u funana nga u kuvhatedzana khathihi na u thusana na u t̄honifhana. Ri tea ...

- u thusana.
- u vha na vhulenda kha vhanwe vhatu (nga maanda vhatu vhahulwane).

- u ita mishumo yashu nga tshifhinga.
- u vha na vhudifhinduleli.



Kha ri ambe

Lavhelesani zwifanyiso izwi ni ambe uri avha vhana vha sumbedza hani muća wa havho uri vha na lufuno. Ni kone u ita litambwa ni tshi sumbedza uri hu khou bvelela mini tshifanyisoni tshirnwe na tshirnwe.

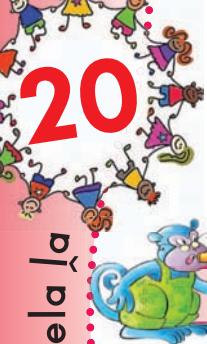


Kha ri ite nyito

Olani tshifanyiso tsha zwine na ita ni tshi sumbedza vha muća wa hanu uri ni a vha funa. Talutshedzani khonani yanu zwe na ola.



Teacher:
Sign:
Date:



20
shumela ja
Themo ya 2 – Vhege ya 2 – Bammbiri ja u shumela ja

U sumbedza u vhavhalela vhañwe

Kha ri ambe

Ambani ngauri avha vhatu vha uyu muña vha thusana hani. Nomborani zwifanyiso u bva kha l u swika kha 4 ni tshi sumbedza u tevhekana hazwo nga ngona.



Kha ri vhale

Mishumo yashu ya nga madekwana.

Mma vha bika zwiñwa.

Baba vha tanzwa pani.

Mukomana wanga na nñe ri thusa

Mma na Baba.

Ri a thusa vhukuma.

Ri goda mafhi na vhurotho.

Ra kona u ya u edela.

Kha vha ri anetshele tshitiori tsha vhusiku!





Kha ri ite nyito

Itelani garaṭa muthu ane a ni vhavhalela. Olani tshifanyiso ni ḥwale dzina ḥa uyu muthu.



Kha ri ite nyito

Ni a kona u ita zwi tevhelaho?

	ni a kona u fhirisa bola nga u i bammbisela muřwe nga inwi.	ee	hai
	ni a kona u fhirisa bola nga n̄tha ha ṫhoho ya ya kha muřwe nga inwi.	ee	hai
	ni a kona u bammbisa bola nga magona.	ee	hai
	ni a kona u rwela bola kha dzikhounu.	ee	hai
	ni a kona u ḫirihula bola vhukati ha tswayo (dzimaka).	ee	hai
	ni a kona u rahela bola kha tshiřwe tshithu na tshi rwa.	ee	hai



U tsireledzea hayani na u mona na mudi (1)

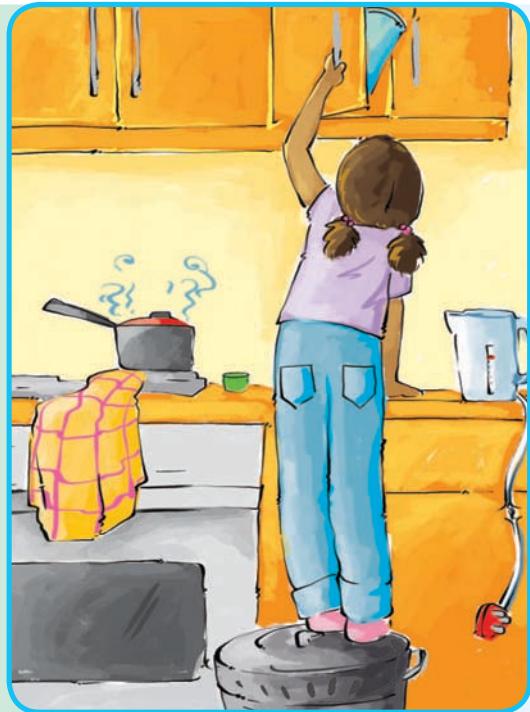


Kha ri ambe

Ri tea u pfa ro tsireledzea tshifhinga tshothe musi ri mahayani. Fhedziha, hu na khombo nnzhi mahayani ashu na u mona na midi yashu. Lavhelesani tshifanyiso, ni ambe na khonani yanu nga dzirwe dza khombo idzi.

Khishini

- Mikungelo ya bodo i tea u lavhelesa murahu ha tshitofu.
- Ni songo lakatedza phanga dici no fhira.
- Pharafeni na mishonga zwi honelwa vhethu ho tsireledzeaho.
- Ni songo lakatedza thoyi.



Bafurumu

- Ni songo shumisa zwishumiswa zwa mudagasi tsini na madi.
- Ni songo zwi sia tsini na madi.
- Vheani zwigero na zwinwe zwithu zwi no fhira ngomu khabodon.
- Ni songo shumisa buratsho nthihi ya mano na muinwe muthu.

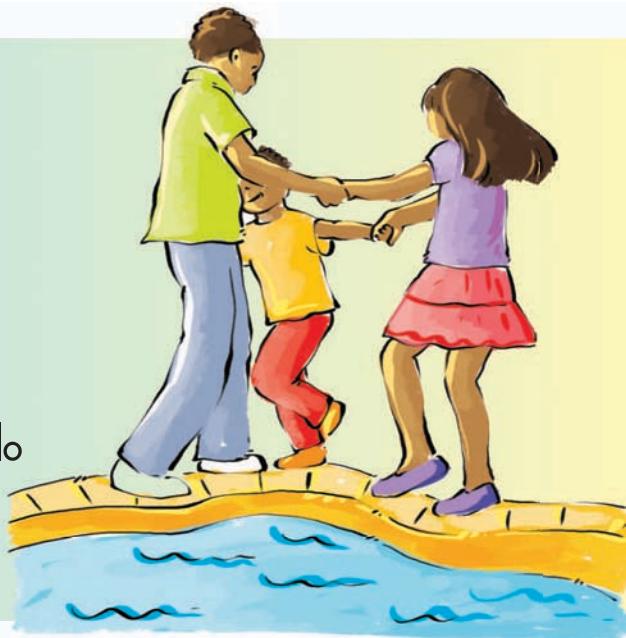


Madumbu a mithathabo, phenyo na mudagasi

- Ni songo vuwa no ima fhasi ha muri musi hu na madumbu a mithathabo.
- Ni songo vuwa no panga zwithu kha sokhethe (pulaka) ya mudagasi. Humbelani muthu muhulwane a ni thuse.

Nnda ha nndu

- Dobelani zwithu zwine zwa nga ni huvhadza, sa mabodelo o pwashéahó, ni zwi pose binini ya tshika.
- Ni songo tamba tsini na bambelo (phulu) nga nnda ha musi hu na muthu muhulwane tsini.



Ngomu nduni

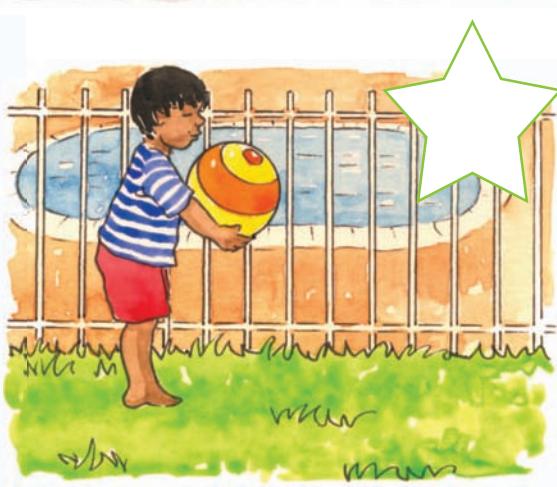
- Ni songo lakatedza dzithoyi na zwiñwe zwithuvho.
- Ni songo tambisa zwithu zwa u kunakisa zwa pharafeni kana miñwe milimovho.
- Arali na nga vhona thambo ya aini kana gedela yo sudufhala, vhudzani Mma kana Baba uri vha i lugise.



U tsireledzea hayani na u mona na mudi (2)

U tsireledzea

Kha ri ambe



shumela la

Themo ya 2 – Vhege ya 3 – Bammbiri la u shumela la



Kha ri ambe

Hu na zwithu zwine zwa nga vhanga khombo mudini wa hanu? Ni nga ita mini? Milimo, mishonga na zwiludi zwa u kunakisa zwi na khombo khulu ngomu. Ni songo fanywa no nwa tshithu tshire na si vhe na vhutanzi natsho.



Luswayo (tshiga) ulu lu sumbedza uri ngomu bodeleni, tshibogisini kana tshikotikotini hu na mulimo.



No no vhuya na vhona ulu luswayo?



Kha ri ite nyito

Mudededzi wañu vha khou ya u ni lidzela muzika.



- Tshinani ni tshi tevhedzela mutsindo wa muzika.
- Nangani murangaphanda. Murangaphanda a tevhedze mutsindo wa muzika.
- Imani nga mulenzhe muthihi.
- Zwino imani nga ula muñwe mulenzhe.
- Ndi mulenzhe ufhio une wa vha wo khwathaho?
- Tharamudzani lutambo lulapfu fhasi kana ni tou tala mutalo. Dadamalani nt̄ha na lutambo kana mutalo ni sa pepeleki.
- Zwino shandulani tshivhumbeo tsha lutambo kana mutalo ni dadamale nt̄ha ni sa pepeleki.



Teacher:
Sign:
Date:

U tsireledzea musi ndi ndothe hayani



Kha ri ambe

No guda nga zwithu zwine
zwa nga ni huvhadza hayani
kana u mona na muđi wa
hanu. Ni nga ditsireledza
nga ndilade musi ni nođhe
hayani?

Musi no sala ni nođhe
hayani, ni nga ita
zwithu zwi tevhelaho
uri ni tsireledzee.



Ni songo vulela
muñango vhatsinda.

Honđani mahothi ođhe
a no bvela nnda.



- Ivhani na vhutanzi uri nomboro dza lutingo dza vhabebi vhanu na dza vhahura vhanu ni a dzi givha.
- Itani mutevhe wa nomboro dzi re na ndeme, u itela musi wa khombo.



Kha ri nwale

Itani mutevhe wa nomborondeme



Mapholisa:



Ambulentse:



Vhadzimamulilo:



Selefounu ya Mma:

Selefounu ya Baba:

Ndi nnyi munwe ane na nga mu founela musi ni tshi ḥoda thuso?

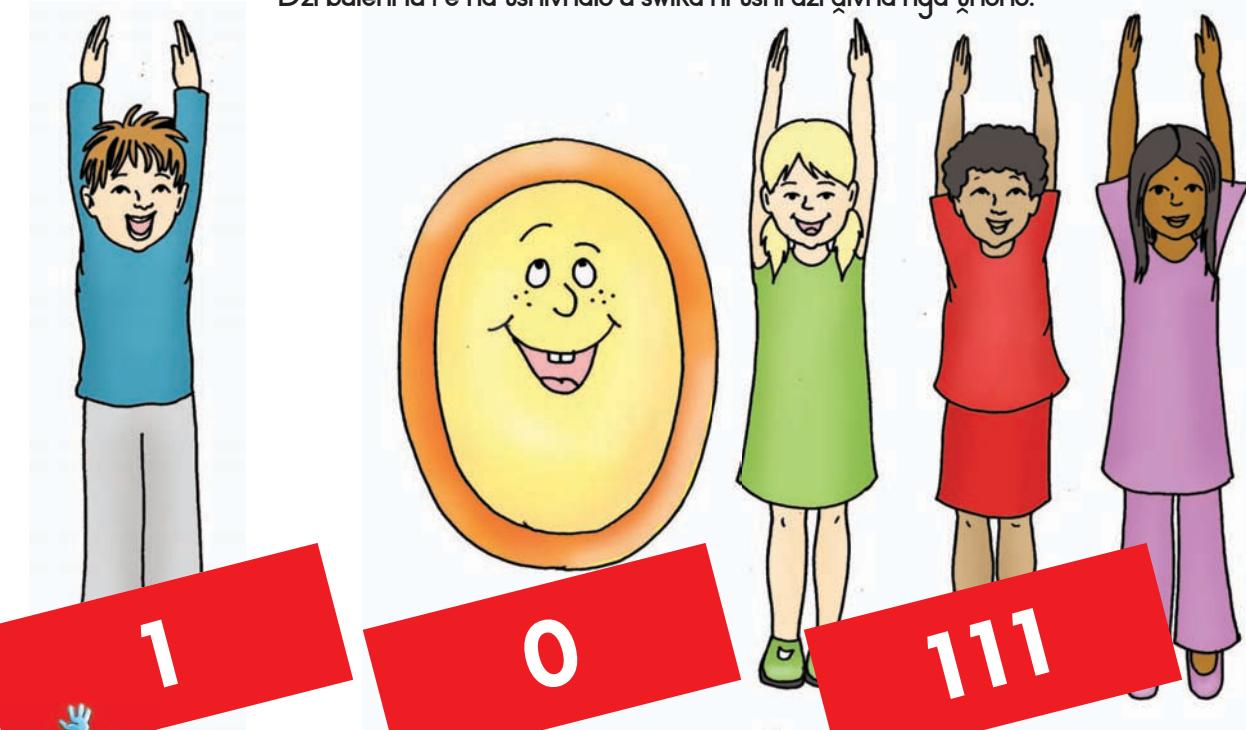




24
Themo ya 2 – Vhege ya 4 – Bammbiri ja u shumela ja

Tshiñwe hafhu tsho teaho u eleliwa

Ndila i sa kondi ya u elelwa nomboro dza mapholisa khei. Lavhelesani tshifanyiso ni vhudze khonani yanu uri zwifanyiso izwi zwi ni thusa nga ndilade kha u elelwa nomboro idzi. 10111 ndi nomboro dza mapholisa. Dzi buleni lu re na tshivhalo u swika ni tshi dzi divha nga thoho.



Sumbedzani uri ni nga shumisa mirado yanu nga ndilade arali hu inwi nwana a re tshifanyisoni itshi.



Ni nga shumisa mirado yanu nga ndilade arali ni tshi khou pandamedzwa?



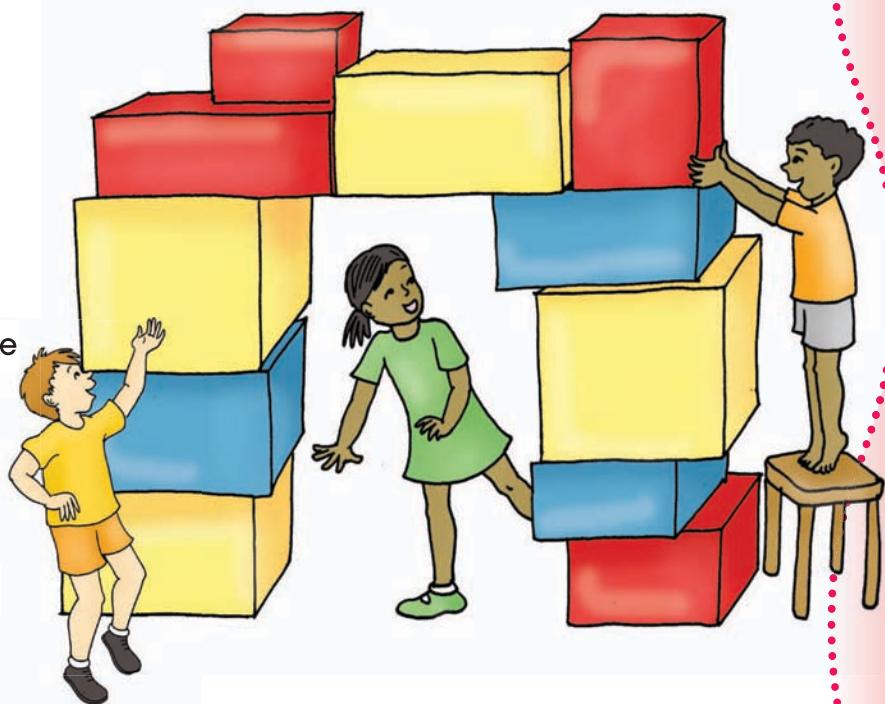
Ni nga shumisa mirado yanu nga ndilade arali ni tshi khou ndilade arali no kanda ngilasi yo thusa mme anu u suka khekhe? pwasheaho bodelo lo pwasheaho?



Kha ri ite nyito

Wanani uri ni nga kona u fhaṭa nndu
yanu inwi muṇe naa.

- Wanani makhadibogisi a kale ni ite mbondo na ṭhangā.
- Ni nga nambatedza makhadibogisi nga guluu. Musi nndu yantu yo no fhela, ni nga i pennda.
- Arali ni sa koni u wana makhadibogisi, shumisani zwiñwe zwithuvho, fhedzi ni songo shumisa ngilasi kana zwikotikoti kana zwiñwe zwithuvho zwine nga ni huvhadza.



Kha ri tsukunyee

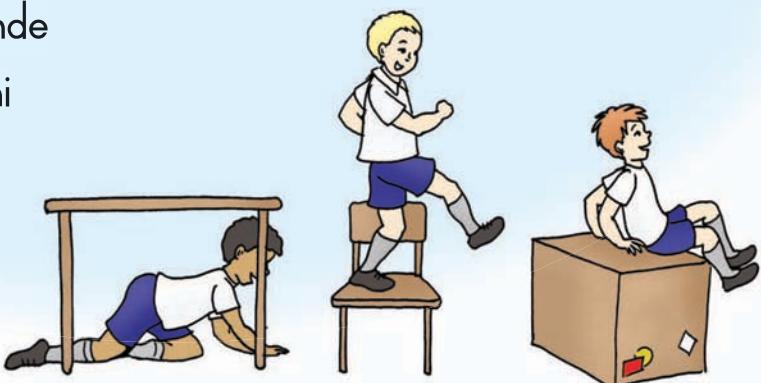
Posani tshisagana tsha
nawa kana bola muyani
ni i gavhe nga tshanda
tshanu tshine ni si
anzele u tshi shumisa.



Thusani mudededzi waṇu u
sudzulusela nn̄da ha kilasi zwidulo,
ṭafula na mabogisi.

Dadamalani kha zwidulo,
ṭafula na mabogisi, ni swende
fhasi hazwo na u fhufha ni
tshi tsa khazwo.

Lingedzani u ima
nga mulenzhe muthihi
kha tshidulo.



Teacher:	<input type="text"/>
Sign:	<input type="text"/>
Date:	<input type="text"/>



25

Muvhili wanga



Kha ri nwale

Nwalani maipfi zwikhlanzi zwi re zwone.

Themo ya 2 – Vhege ya 5 – Bammbiri ya u shumela la

mulenzhe

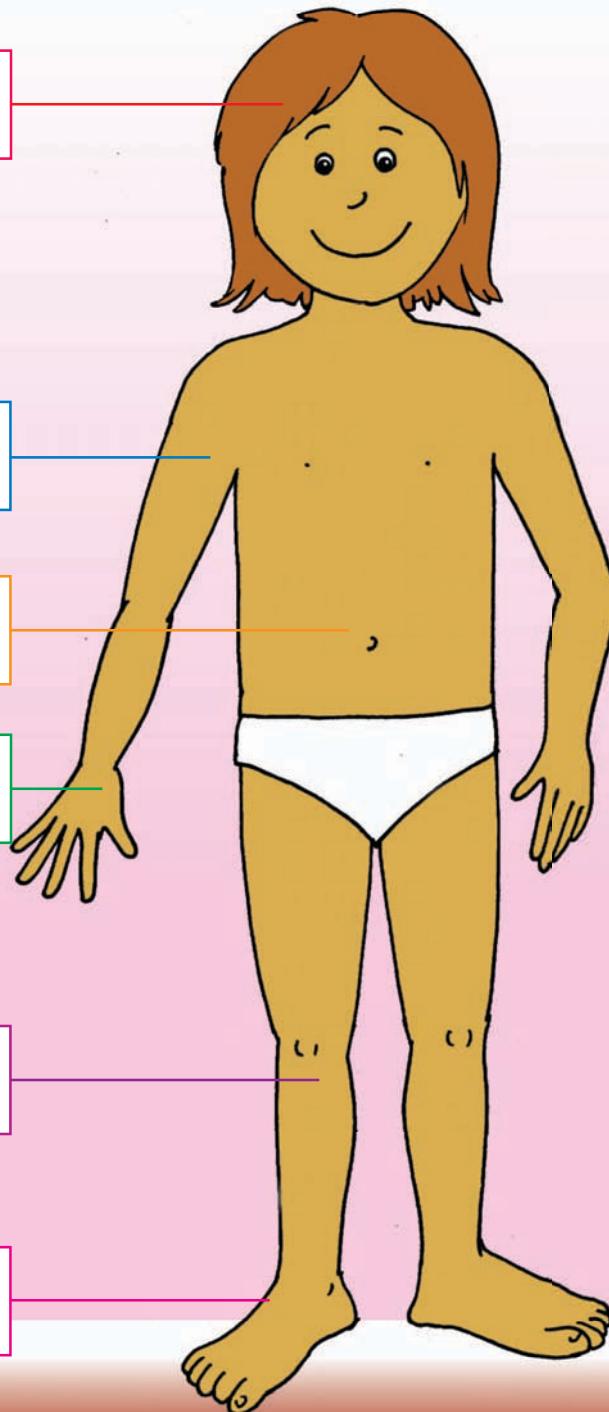
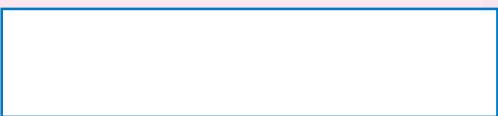
tshanda tsha fhasi

thoho

thumbuthumbu

mulenzhe

tshanda tsha nthha

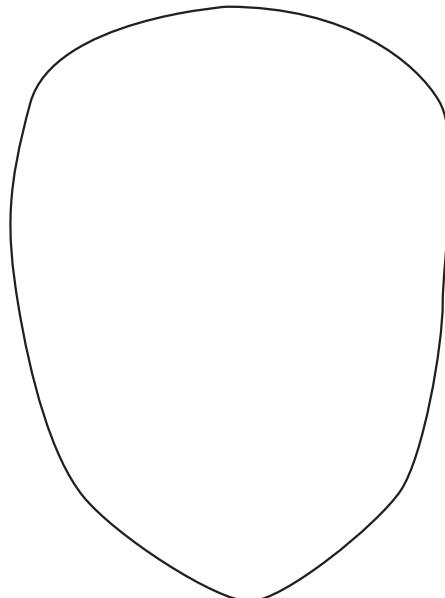


Deithi:

 Kha ri nwale

Fhedzisani tshifanyiso itshi tsha tshifhatuwo.

Olani mavhudzi. Lingedzani u edzisela tshifhatuwo tshanu. Arali ni na mat̄o a buraweni, olani mat̄o a buraweni. Arali ni na mavhudzi matswu, olani mavhudzi matswu. Olani tsie dzanu, ningo na mulomo.



Tshifhatuwo tshanu ndi tshipida tshihulwane tsha muvhili wanu.

Muriwe na muriwe u na mat̄o a 2.



Muriwe na muriwe u na ndevhe dza 2.



Muriwe na muriwe u na ningo ya l.



Muriwe na muriwe u na mulomo.



 Kha ri ambe

Imbani luimbo ulu. Kwamani tshipida tsha muvhili tshine na khou tshi imba.

Thoho mahada

Thoho mahada, magona, zwikunwane, magona zwikunwane

Thoho mahada, magona, zwikunwane

Thoho mahada, magona, zwikunwane,

magona zwikunwane, magona zwikunwane



 Kha ri tsukunyee

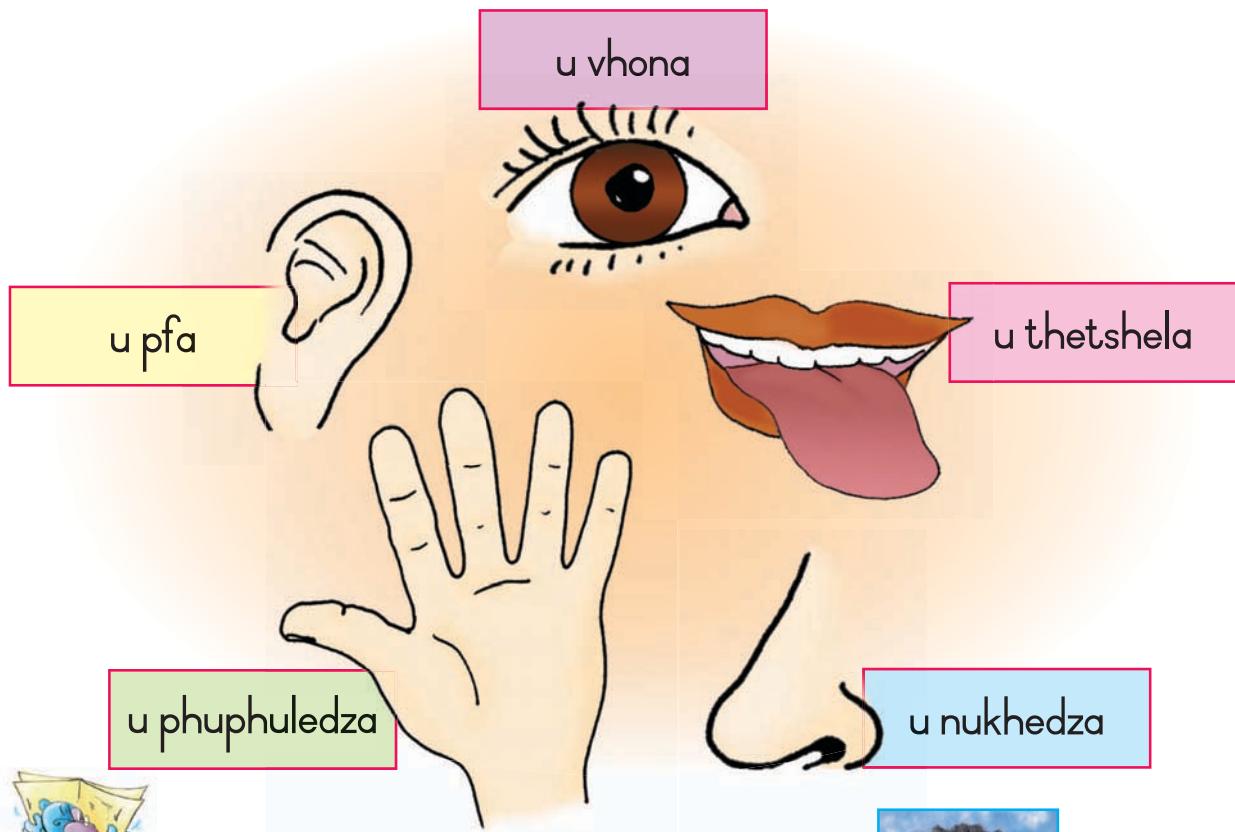
Tambani mutambo wa 'Simoni uri ...'



Zwipfi zwanga

Kha ri ambe

Lavhelesani zwipfi swo fhambananaho ni bule uri ri zwi shumisa kha mini.



Kha ri vhale

Themo ya 2 – Vhege ya 6 – Bammbiri la u shumela ja

Ri shumisa zwipfi zwashu ḫuvha liniwe na liniwe.

Zwiliwa ri a nukhedza na u thetshela.

Mithenga ri tou phuphuledza.

Lutombo ṭadulu ri tou vhona nga maṭo.

Muzika ri u thetshelesa nga n̄devhe.

Zwipfi zwashu zwi a ri tsireledzavho.

Mulilo ri u pfa na nga u nukhedza.

Tshiṭofu tsho fungiwaho ri tshi ḫivha nga u tou phuphuledza.

Uri badani a hu pfukiwi ri zwi vhona nga maṭo.

Alamu i tshi lila ri i pfa nga n̄devhe.





Kha ri ite nyito

U londola maṭo ashu na ndevhe
dzashu.

Ri tea u londola zwipfī zwashu.

Ndila mbili khedzi dza u londola maṭo
anu na ndevhe dzanu.



Londolani ndevhe dzanu
nga u sa thetshelesa
muzika u re na phosho.

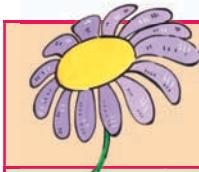
Londolani maṭo anu nga
u ambara gebisi kana
magogolosi.



Kha ri nwale

Lavhelesani thebulu i re afho fhasi, kha mutalo muriwe na muñwe itani thiki
kha tshipfī kana zwipfī zwine na do zwi shumisa kha nyito iñwe na iñwe.
Ni nga swaya zwi no fhira tshithihi.

u nukhedza	u thetshela	u vhona	u pfa	u phuphuledza



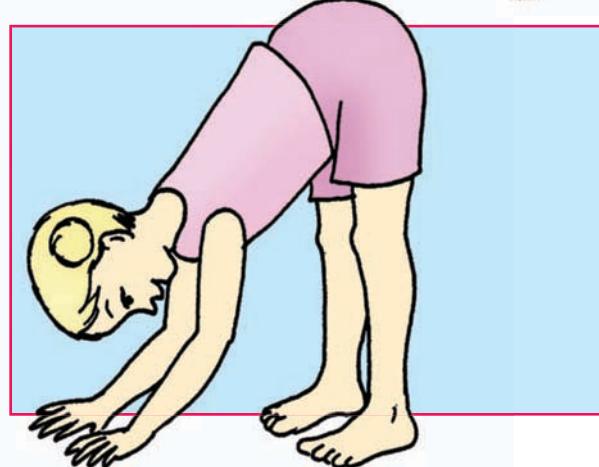
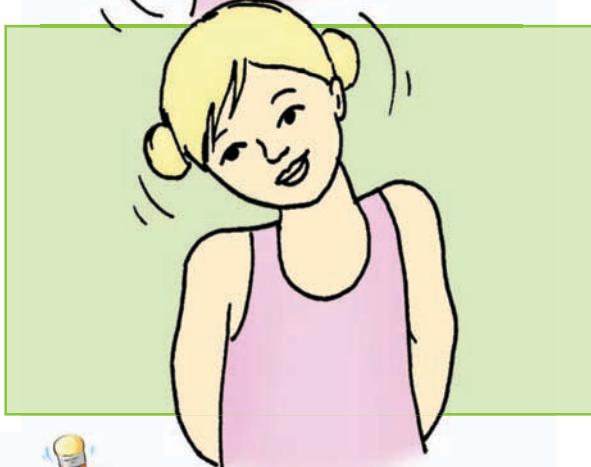
Ndi shumisa muvhili wanga

Themo ya 2 – Vhege ya 6 – Bammbiri la u shumela la

Kha ri ambe

Lavhelesani zwifanyiso. Bulani uri ndi zwipida zwifhio zwa muvhili zwi re kha tshiñwe na tshiñwe khathihhi na uri zwi ni thusa u ita mini.

Ri dededzwa nga mivhili yashu.



Kha ri ñwale

Inwi na khonani yanu fhindulani mbudziso idzi. Ni kone u ñwala phindulo buguni yanu, fhasi ha mbudziso.

Ni shumisa zwipida zwifhio zwa muvhili kha u tshimbila?



Ni shumisa zwipida zwifhio zwa muvhili kha u doba zwithu?



Kha ri tsukunyee

Mudededzi wanu vha do ni sumbedza kutambelwe kwa 'tshimange na mbevha'.

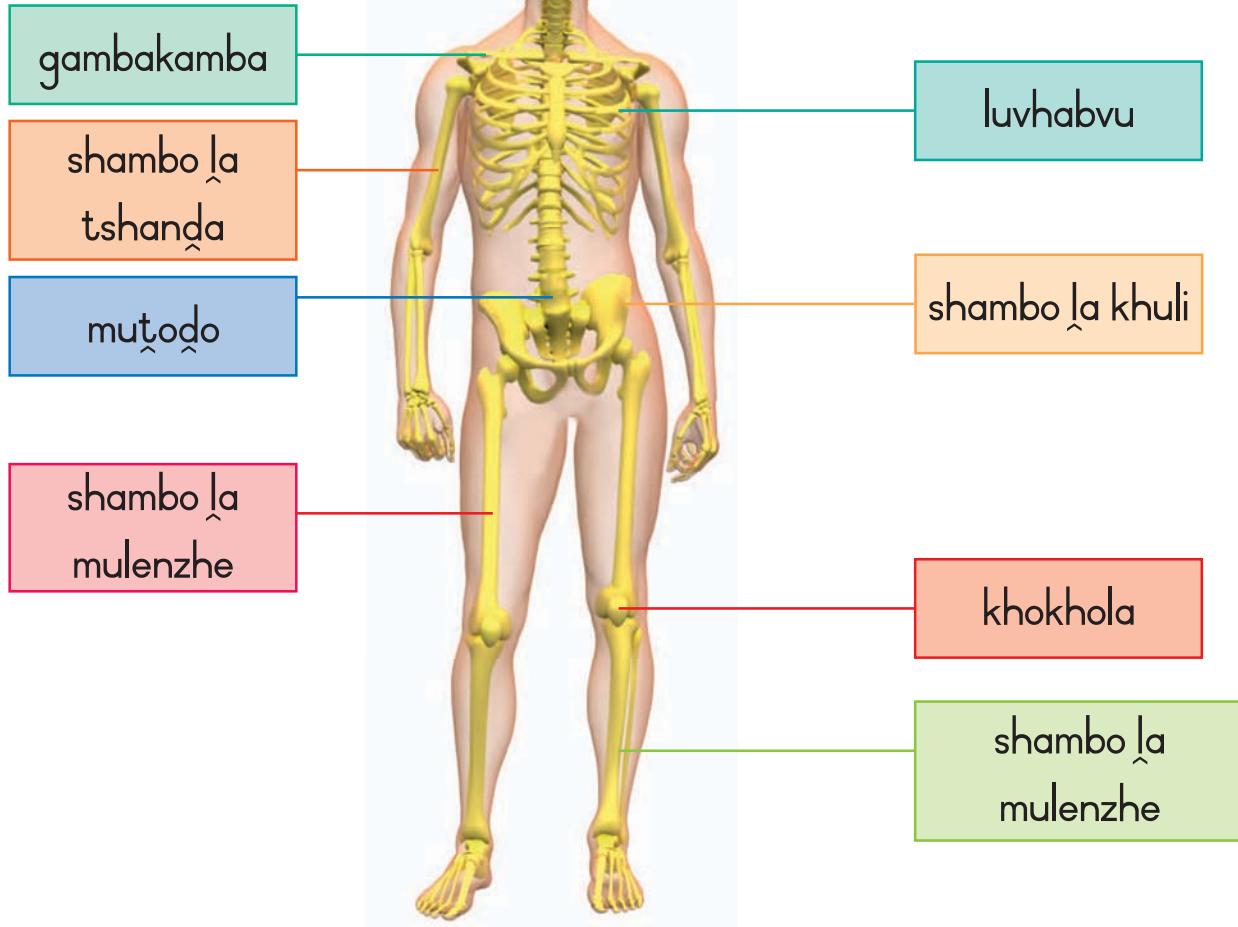




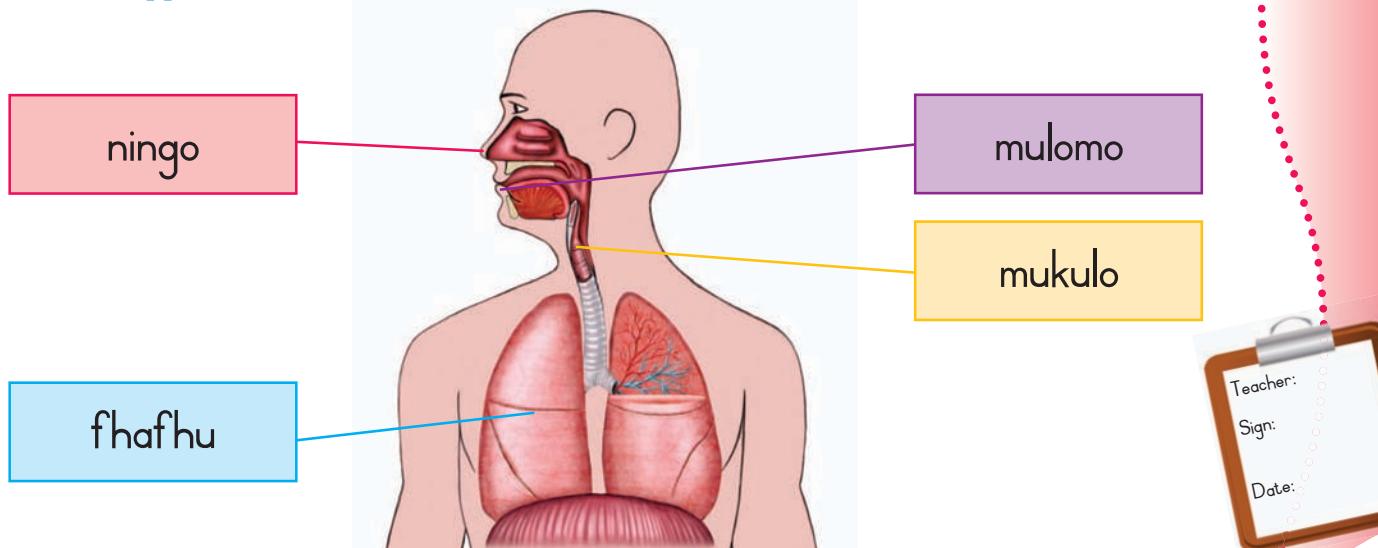
Kha ri vhale

Hu na zwpida zwa muvhili zwine na si kone u zwi vhona.
Zwi shuma zwothe khathihi kha u ita uri ni tshile.

Marambo anu



Zwipida zwa muvhili zwi no ni thusa u fema



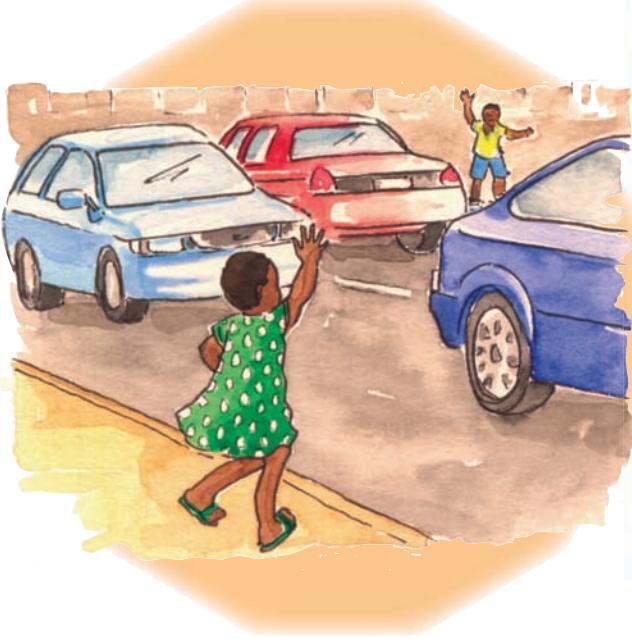
Teacher: _____
Sign: _____
Date: _____



Kha ri ambe

U elekanya nga u tsireledzea

Lavhelesani zwifanyiso zwi re af'ho fhasi ni ambe na khonani yanu nga zwine na khou vhona. Bulani uri ni nga ditsireledza nga ndilade kha tshifanyiso tshirinwe na tshirinwe.



Ni khou vhona khonani yanu e seli ha bada.



No dzula ni nothe vhuimabisi.



Muthu wa mutsinda u ri ni mu fhelekedze huriwe fhetu.



No xela mavhengeleni.

Musi muthu a tshi u kuvhatedza nga ndila i no takadza u vha na vhudipfi ha uri "ee" mbiluni. Zwi a takadza musi muthu ane wa mu funa a tshi u kwama nga ndila ya lufuno na vhulenda.



Kha de ngeno gombakomba ndi mu fhe malegere, fhedzi a songo vhudza muthu.

Musi muthu a tshi u kwama nga ndila i no tshuwisa na u sinyusa u vha na vhudipfi ha uri "hai". Musi ri tshi sinyuwa na u vhona khombo ri vha na vhudipfi ha uri "hai".

Muvhili wanu ndi wa tshipentshela nahone ndi wanu ni nothe. Ni fanela uri "ee" arali ni tshi zwi funa uri munwe muthu a ni kwame, nahone ni tea uri "hai" arali ni sa zwi takaleli.

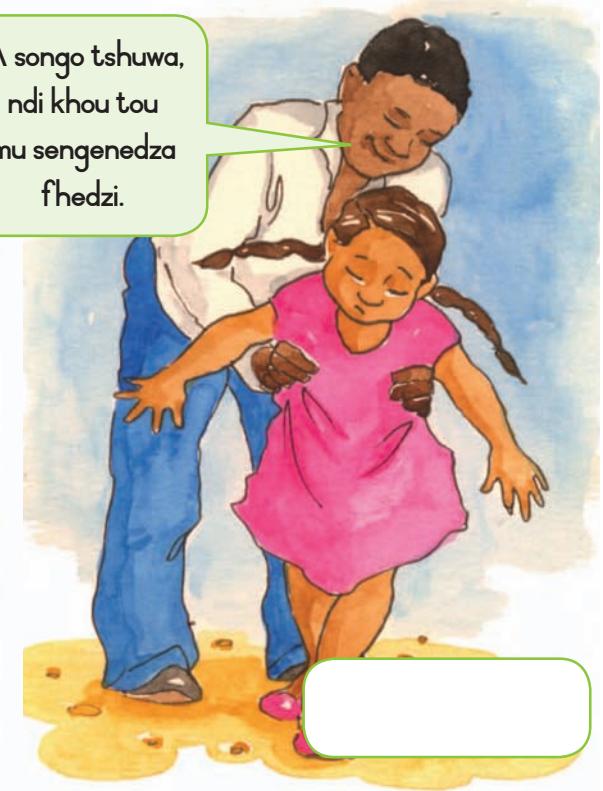
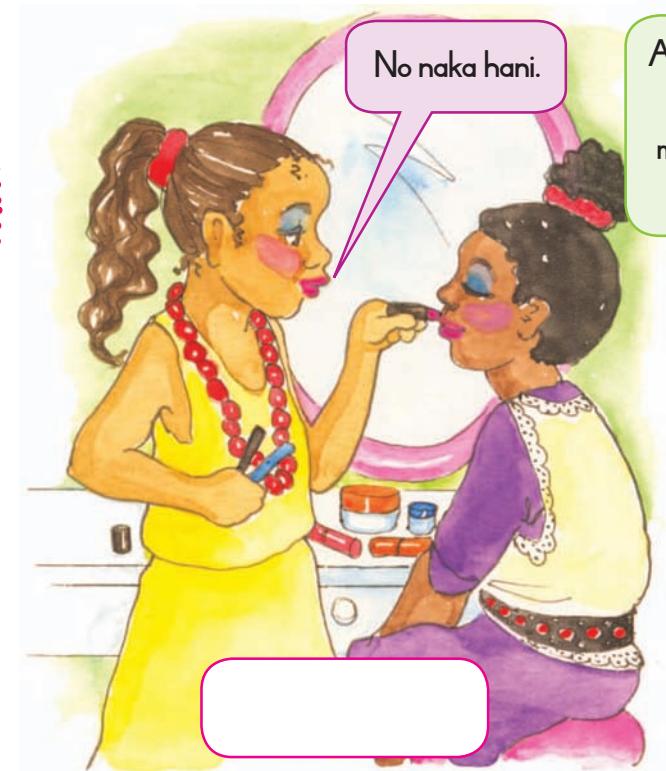


U tsireledzea



Kha ri nwale

Lavhelesani zwifanyiso zwi re afho fhasi ni nwale Ee kha vhudipfi ha "ee" na Hai kha vhudipfi ha "hai" afho zwibulokoni.



Themo ya 2 – Vhege ya 7 – Bammbiri la u shumela ja



Kha ri ite nyito

Itani ndowendowe ya uri "ebo!".

Itani litambwa line khalo muthu wa mutsinda a vha a tshi khou todou hwala nwana wa vhathe nga goloi kana a tshi todou mu farafara.

Uyu nwana u fhindula a ri "ebo!".



Kha ri ambe

Vhariwe vhana vha dzula midini ine vha si thogomelwe. Lavhelesani zwifanyiso izwi. Ambani uri no vha ni tshi nga dipfa hani arali no vha ni uyo nwana a re zwifanyisoni izwi. Bulani uri no vha ni tshi nga ita mini.



U dana livhi na hone
a thi u funi.

A wo ngo tea u dzhena tshikolo.
U fanela u hwalela hezwi zwidina
zwa u fhat'a luvhondo.



Kha ri tsukunyee

Tambani mutambo wa "dzidzidzi".

Sudzuluwani nga ndila ine na funa, musi mudededzi wanu vha tshi lidza tshitiriri (ndwevha), ni ime dzii henefho hune na vha hone. Ni songo sudzuluwa na luthihi u swikela mudededzi vha tshi amba. Ni a kona u sa thengathenga?

Dadamalani kha danda la u dadamala li siho ntthesa kana kha lutambo lwo vhewaho fhasi.



Teacher:
Sign:
Date:



shumela ja
shumela ja

58

Muvhili wanga u dzula wo takala



Kha ri vhale



Hu na ndila nnzhi dzine na nga wana ngadzo malwadze. Kanzhi ri farwa nga malwadze nga nthani ha zwitshili (zwitzhili) na bakhitheria. Ndi zwithu zwitukutuku lune ra si kone u zwi vhona. Zwi dzhena mivhilini yashu zwa ri lwadza.



Kha ri ambe

Avha vhana vha re zwifanyisoni vha khou ita mini uri vha dzule vhe na mutakalo? Hu nga bvelela mini arali vha sa ita ngauralo?

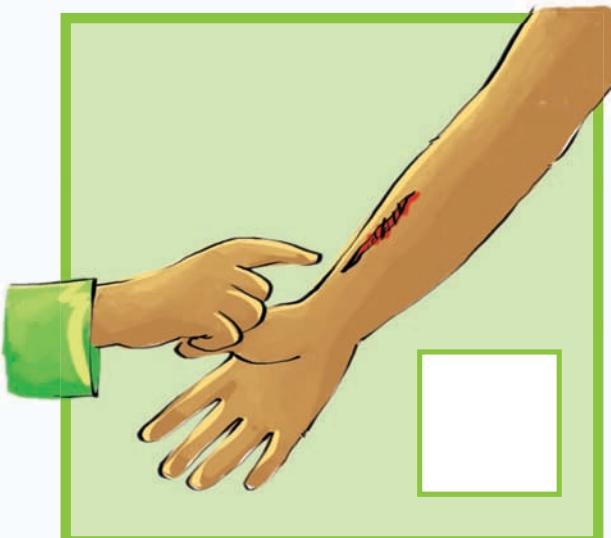


Deithi:



Kha ri ambe

Zwino ambanu nga zwifanyiso izwi. Itani ✓ ni tshi sumbedza uri ni nga kona u dzula ni na mutakalo wavhudzi. Dzhenisani ✗ kha zwifanyiso zwine zwa nga ni lwadza.



Teacher:
Sign:
Date:

Muvhili wanga u dzula wo takala

shumela la

Bammibiri la

Themo ya 2 - Vhege ya 8 - Bammibiri la



Kha ri ambe

No vha ni tshi zwi divha uri hu na ndila nnzhi dza u kunakisa madi?

No vha ni tshi zwi divha uri manwe
madi o kuna ngeno manwe e na tshika.
Ni nga vha hani ha vhutanzi uri madi
o kuna nahone a a nwea.

Ni nga vhilisa madi a muhulu nga
gedela u itela u vhulaha zwitzhili.



Ni nga sefa madi a muhulu.
Mudededzi wañu vha ño ni sumbedza
kuitelwe kwazwo.



Ni nga shela kulebula kutuku kwa
bilitshi (sa Jik) baketeni la 20 litha la
madi a muhulu. Tibani bakete u itela
uri thunzi dzi si dzhene. Madi a tea u
fhedza awara dza 28 a sa athu nwiwa.



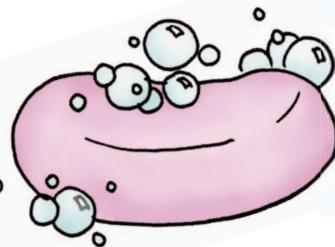
Kha ri ambe

Lavhelesani zwifanyiso izwi ni
ambe nga zwine vhana vha
khou ita uri vha dzule vhe na
mutakalo wavhudzi.

Posani thishu dzo shumaho
ngomu thoilethe kana binini.



Ni ṭambe zwanda
ni sa athu la.



Ni ṭambe zwanda ni
tshi bva thoilethe.



Arali na ita vhuada thoilethe, i
kunakiseni ni kone u ṭamba zwanda.



Thivhani mulomo musi ni tshi
atsamula kana u hotola.



Ndi vho kona mini



Kha ri ambe

Rerani nga zwe na
guda kha themo mbili
dzo fhiraho.



Ndi a kona u amba nga muta wa hashu.

Ndi a kona u tshimbila kha mutalo musekene.

Nomboro dza mapholisa ndi a dzi divha.

Vhudipfi ha uri "ee" kana "hai" ndi a hu divha.

Ndi a kona u gavha bola.

Ndi a kona u dzula ndo tsireledzea hayani ha hashu.

Ndi a kona u ditsireledza arali ndo sala ndi ndothe
hayani.

Ndi a thusa muta wa hashu.

U mona na tshikolo ndi a hu talukanya.

Ndi a talukanya u dzula ndi na mutakalo wavhudji.

Ndi a talukanya uri ndi ita mini nga zwithu zwi re
begeni yanga.

Ndi vho divha nga tshaka dzo fhambanamaho dza
mita.

Ndo guda zwithu zwinzhi kha Zwikili zwa Vhutshilo.

Dikishinari yanga

A

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Dikishinari yanga

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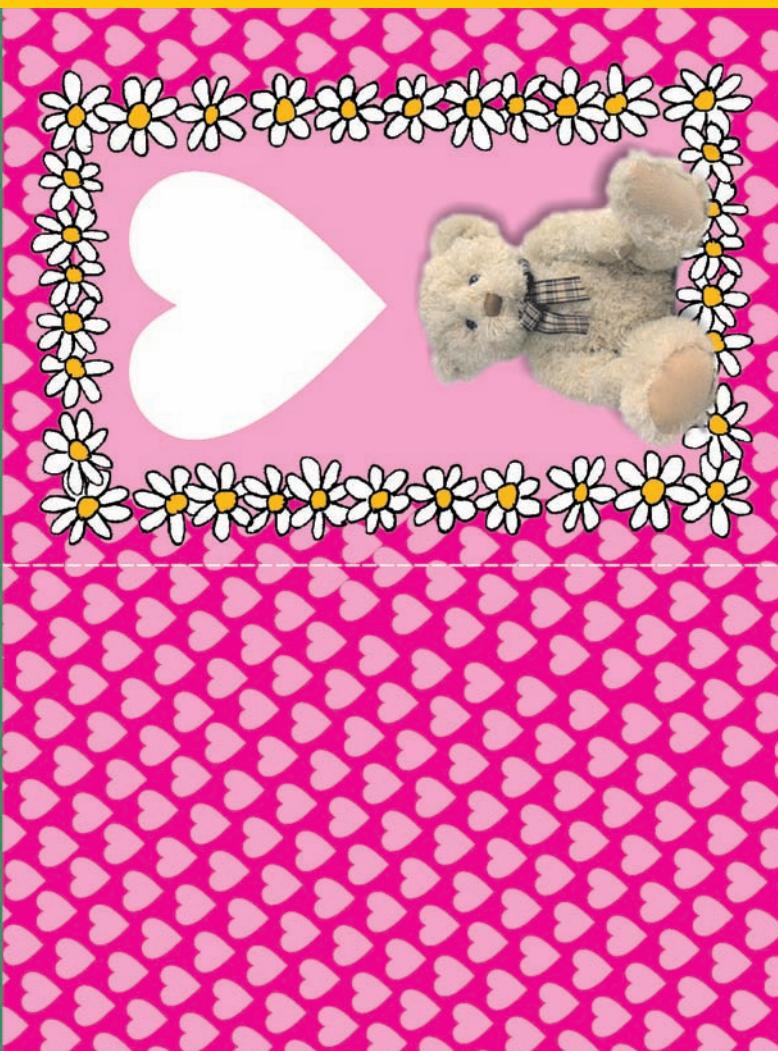
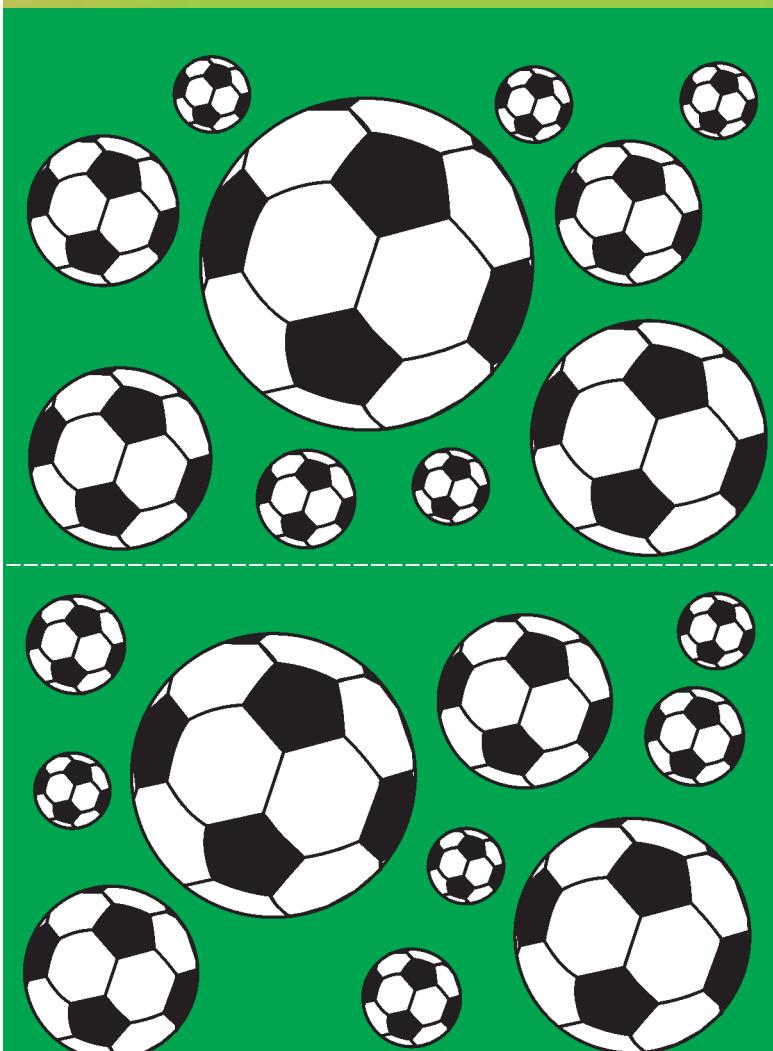
V
v

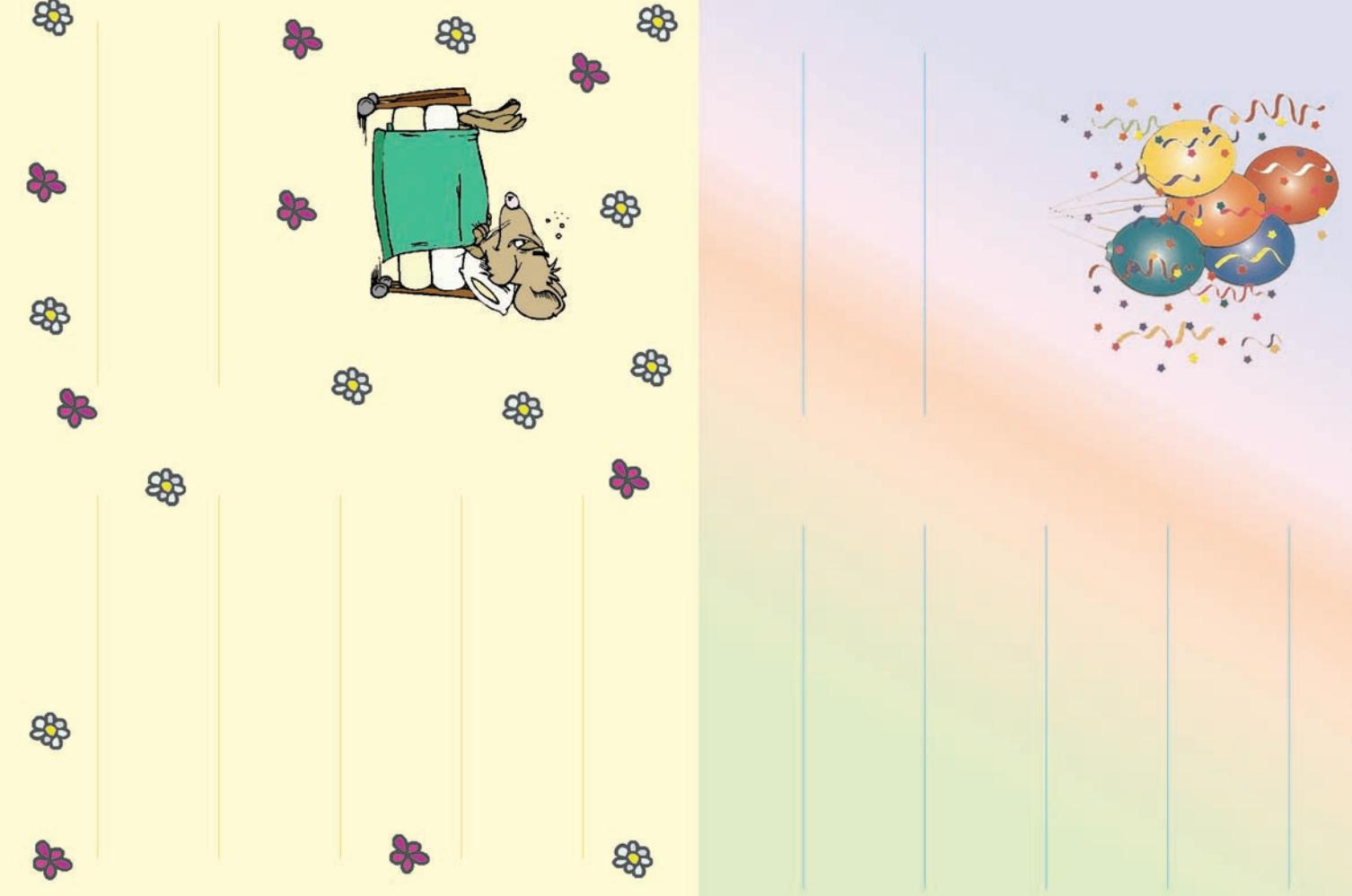
Q
q

W
w

R
r

X - Z
x - z





Masks

Cut out on
the outside
black line.

Tie a string
into the holes
to make a
face mask.

