

Kereiti
ya

R

TSE KOPANENG

- Ho bala le ho ngola
- Dipalo
- Bokgoni ho tsa bophelo



ka SESOTHO

1	Ditaba tse amanang le nna	2
2	Ka tlelaseng	12
3	Mmele wa ka.....	22
4	Phela bophelo bo botle	32
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Ditaelo tsa disehwa di
qetellong ya buka.

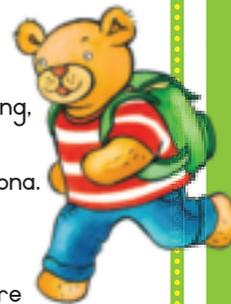


Ho titjhare:

Barutwana ba tshwanela ho kwetlisa mosebetsi wa bona pele ba leka ho o etsa dibukeng tsa bona. Mohlala:

- Ha barutwana ba tshwanela ho etsa sedikadikwe karabong e nepahetseng, ha ba qale ka ho tshwaya karabong e nepahetseng. Ba tshwanela ho fumana ho titjhare hore na e nepahetse pele ba e ngola dibukeng tsa bona.
- Ha mosebetsi o batla hore barutwana ba tereise se seng, ha ba etse ka menwana pele ebe hona ba ka e ngolang.

Ela hloko: Barutwana ba maemong a fapaneng a tswelopele. Ha o lemoha hore barutwana ba bang ba sa hloka thuso ho matlafatsa bokgoni ba dithokutlo, ha ba kwetlisa mosebetsi wa bona bukeng tsa bona tsa dihlakiso tse nang le mela ho fihlela ba itshepa hore ba ka ngola dibukatshebetsong tsa bona.



SESOTHO

Buka



Kotara I



Ditaba tse amanang le nna



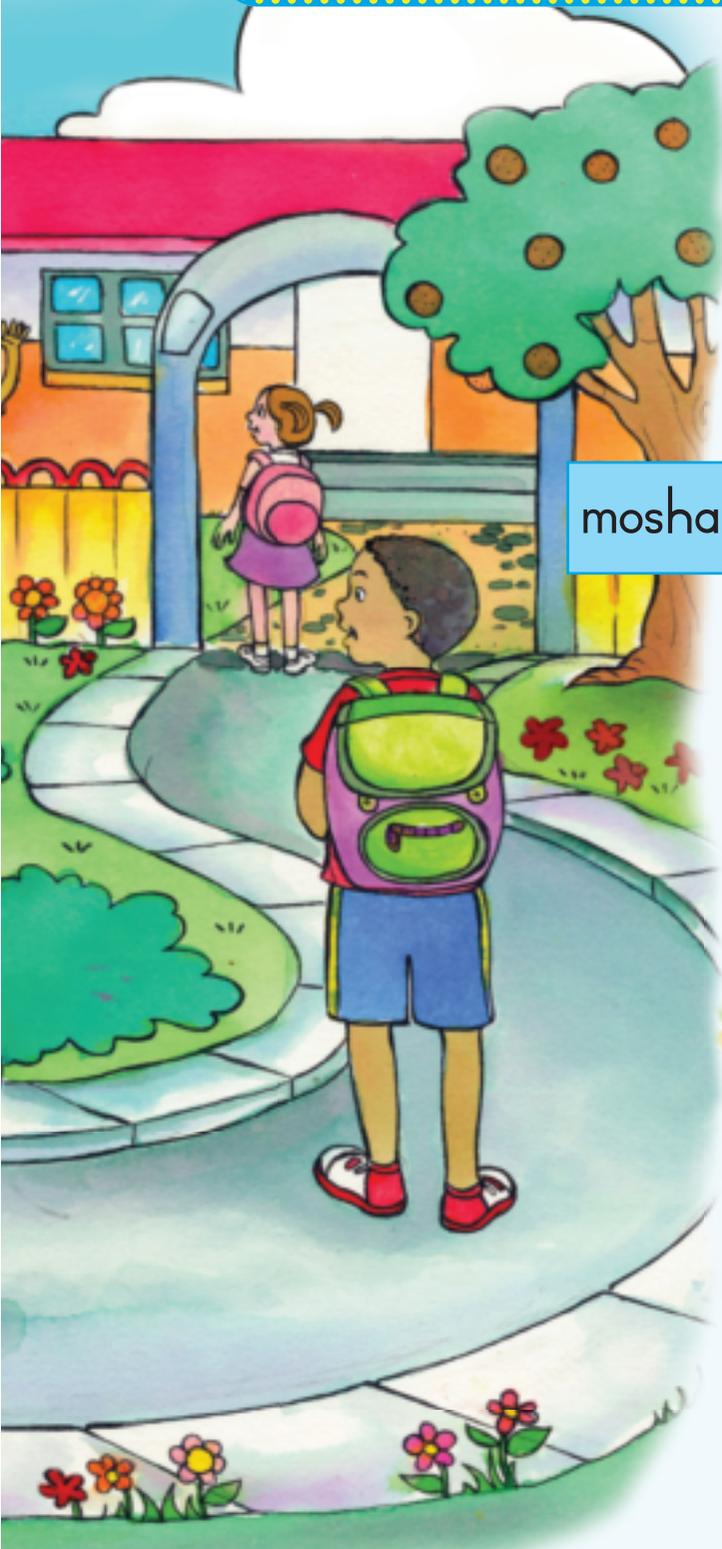
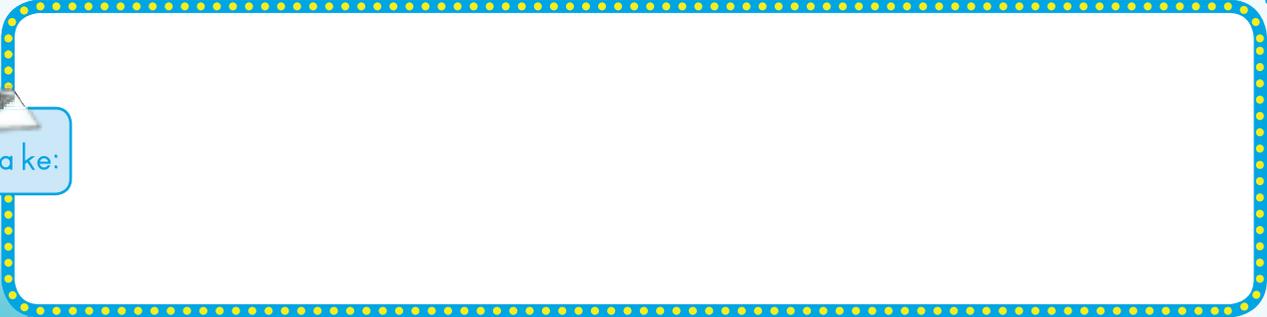
Kotara 1 – Beke 1–5

Ke ho kereiti ya R





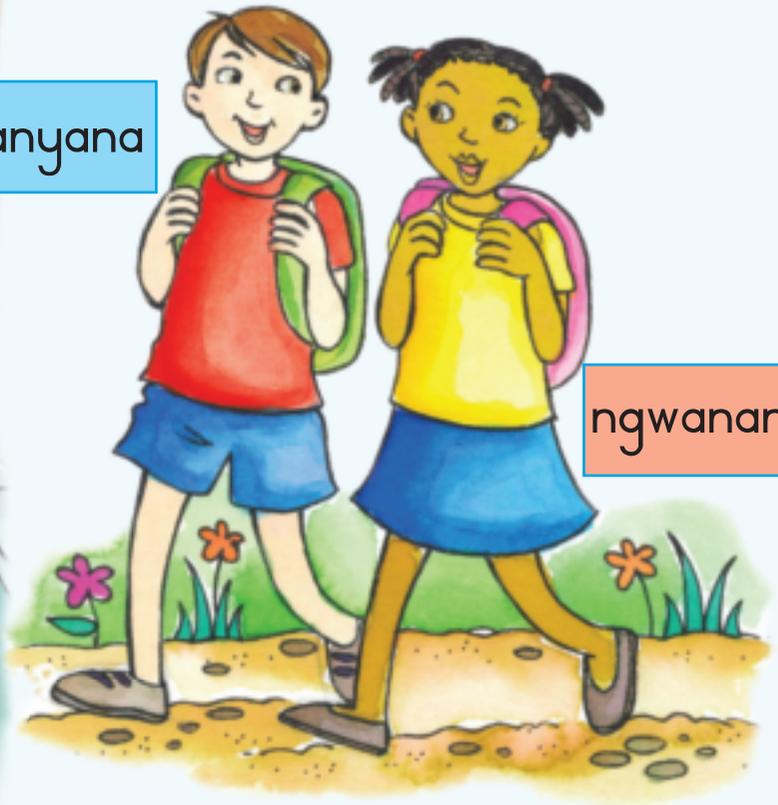
Lebisto la la ke:



Ke

moshanyana

moshanyana



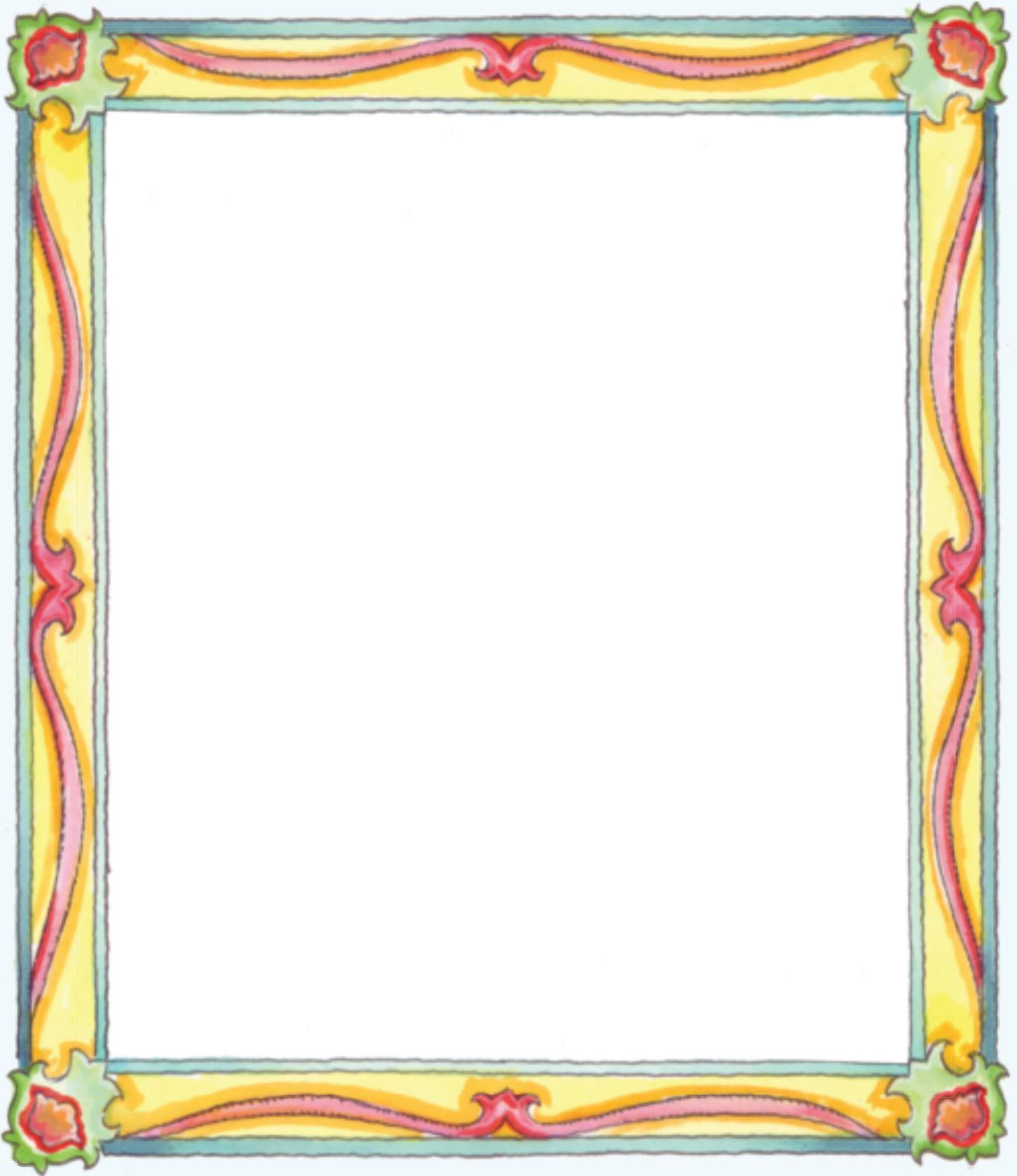
ngwanana

Ke

ngwanana



Ha re etseng Taka setshwantso sa hao.



1.2



Lebisto la la ke:

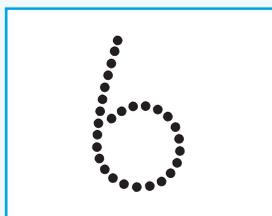
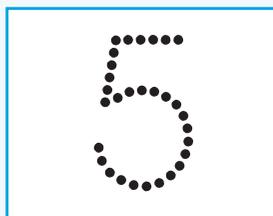


Ha re etseng

Khalara dinomoro tse nepahetseng tsa dikerese ho bontsha hore o dilemo di kae.



Ke dilemo tse



TEACHER: Sign

Date



Ha re ngoleng

Manamisa ditikara dibakeng tse nepahetseng.
Jwale tereisa mola ka monwana wa hao le ka pensele.

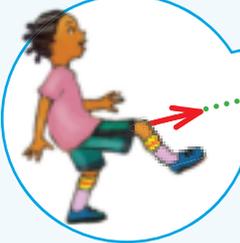
Manamisa ditikara dibakeng tse nepahetseng.



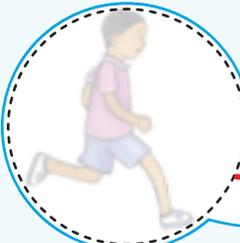
Thusa moshanyana ho fumana baesekele ya hae.



Thusa ngwanana ho fumana bolo ya hae.



Tereisa kgwele e khaetheng.



Kganna koloi ho ya sekolong le ho kgutlela hae hape.



Bakeng sa tlatsetso ya boikwetliso, laela bana ho tereisa mela ya bona makgetlo a mmalwa ba sebedisa mebala e fapaneng.



Ke boima bo bokae

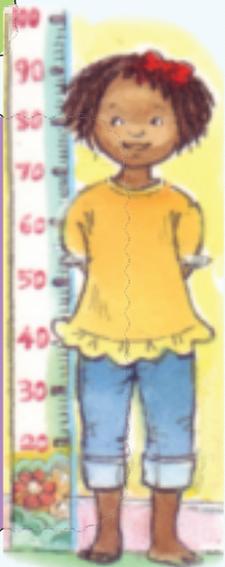
[Blank box for weight measurement]

kg

Ke bolelele bo bokae

[Blank box for height measurement]

cm



Mmala wa mahlo a ka

<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>

Mmala wa moriri wa ka

	<input checked="" type="checkbox"/>						



Ha re etseng

Maneha setikata sa naleli ho bontsha seo o ratang
ho se etsa.

Maneha
ditikara
sebakeng se
nepahetseng.

Ke rata ho:

tantsha



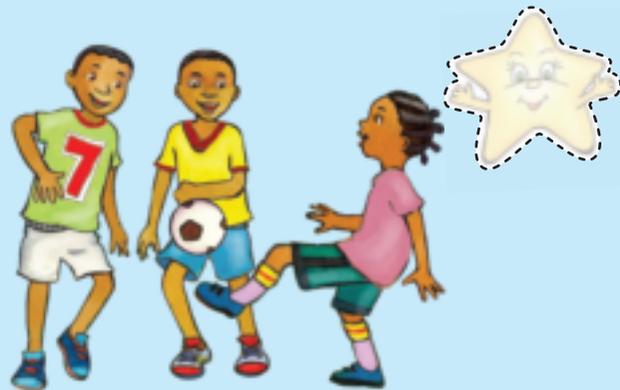
bala pale



bapala le metswalle ya ka



bapala ka bolo



aha ka diboloko



bina



1.6



Ha re ngoleng

Taka setshwantsho sa ntho eo o ratang ho e etsa.

A large rectangular box with a blue border decorated with yellow dots, intended for drawing or writing.



Lebisto la ka ke:

A horizontal rectangular box with a blue border decorated with yellow dots, intended for writing a signature.

TEACHER: Sign

Date





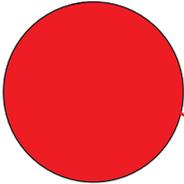
Lebisto la ka ke:

Large empty rectangular box with a dotted border for writing.

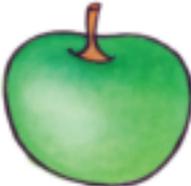


Ha re ngoleng

Bapisa ditshwantsho.

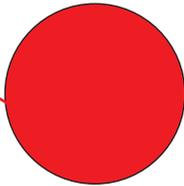










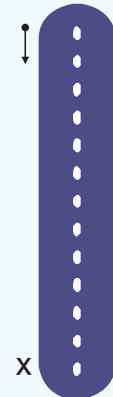





Ha re baleng

Tshwaya diboloko tse nang le ntho e le 1.
Opa diatla tsa hao hangwe nako le nako ha o bona ntho e le 1.

 Ithute ho ngola dipalo.



2

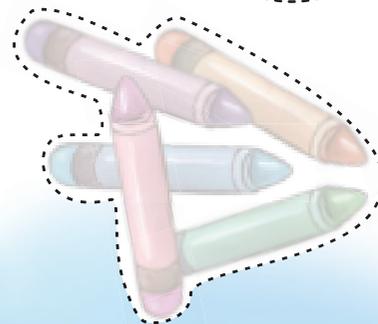
Ka tlelaseng

Maneha ditikara dibakeng tse nepahetseng.



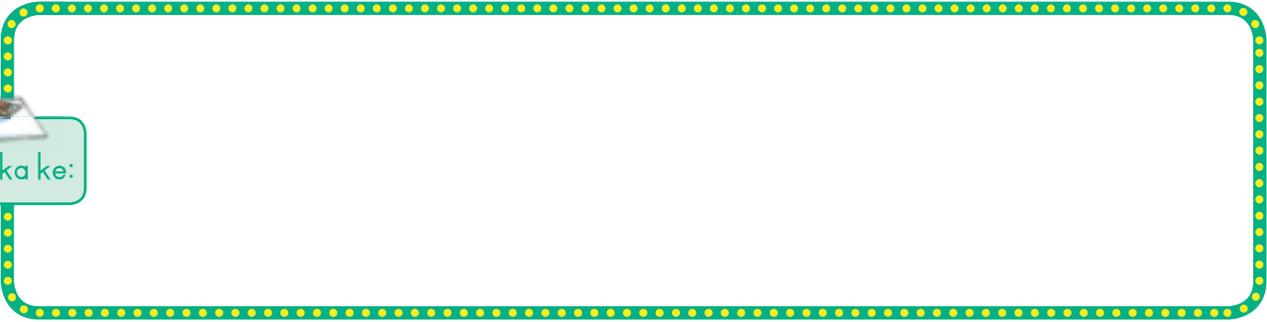
Ha re ngoleng

Sheba setshwantsho o bue ka seo bana ba se etsang. O rata ho etsang?





Lebitso la ka ke:

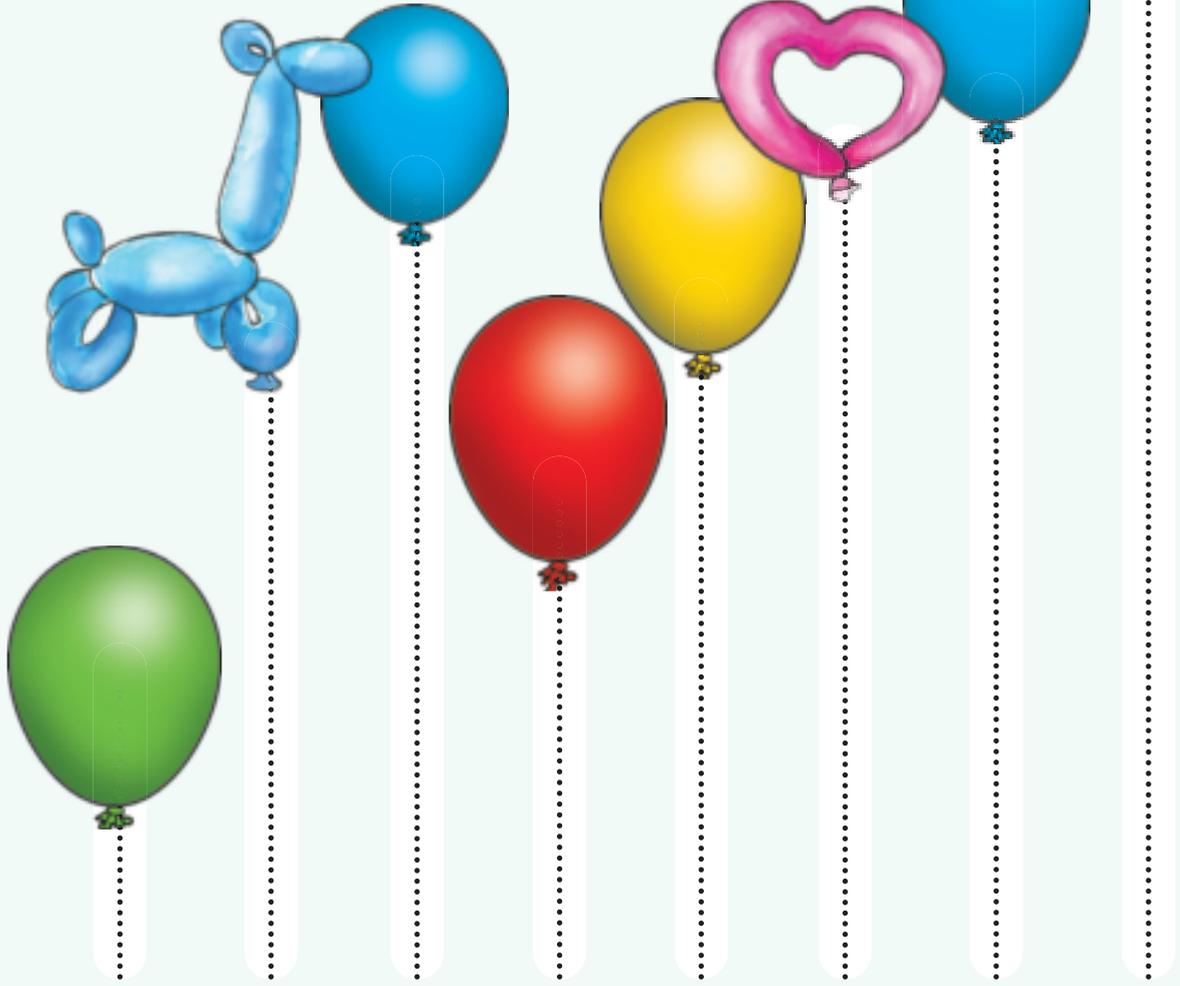
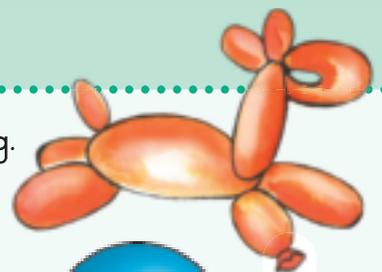


TEACHER: Sign Date

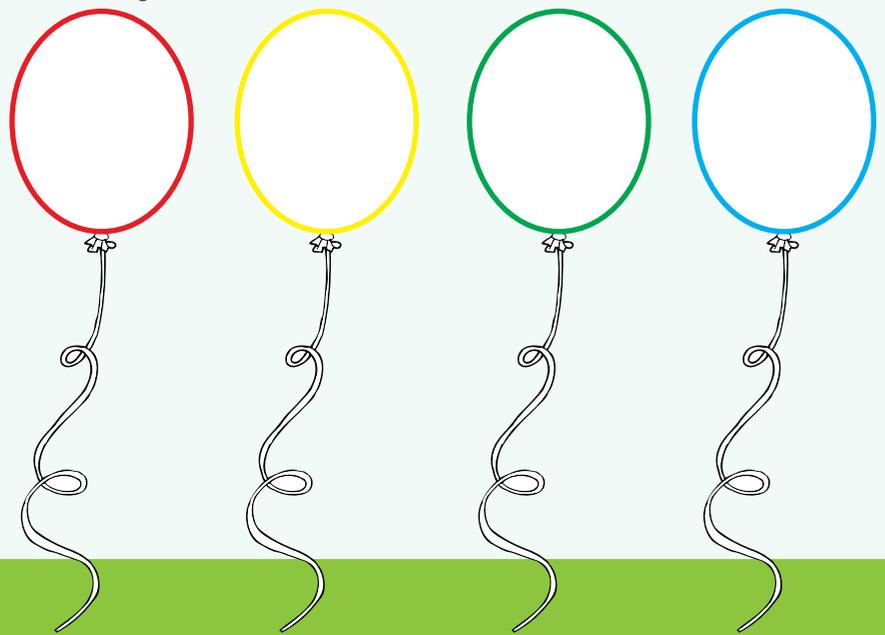


Ha re ngoleng

Etsa setshwantsho sa kgwele e balunung.
Ke balunu efe e nang le kgwele e
kgutshwanyane haholo?
Ke balunu efe e nang le kgwele e telele
haholo?



Kgabisa dibalunu ka mmala o mokgubedu o mosehla, o motala le o bolou.





Ha re ngoleng

Fumana difahleho tse bontshang maikutlo a tshwanang le a setshwantsho sa pele.



Ha re etseng

Bana bana ba shebile eng? Ntle le ho sisinya hloho ya hao, tsamaisa mahlo a hao hore a shebe mahlakoreng ao moshemane a shebileng ho ona.

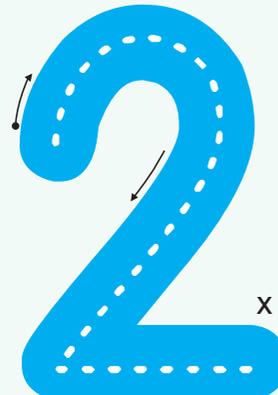
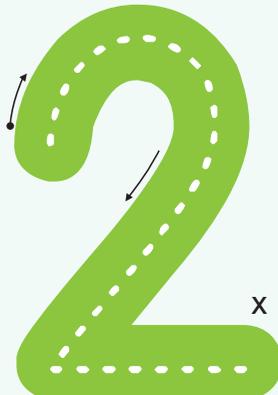
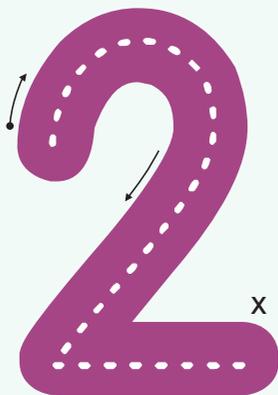


Ha re baleng

Etsetsa diboloko tse nang le dintho tse 2 didikadikwe.
Opa diatla habedi nako eo o bonang dintho tse 2.



Ithute ho ngola palo.

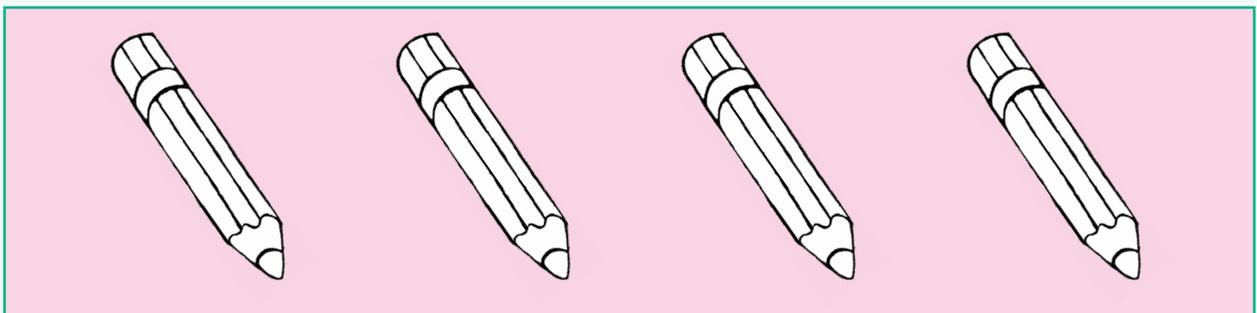
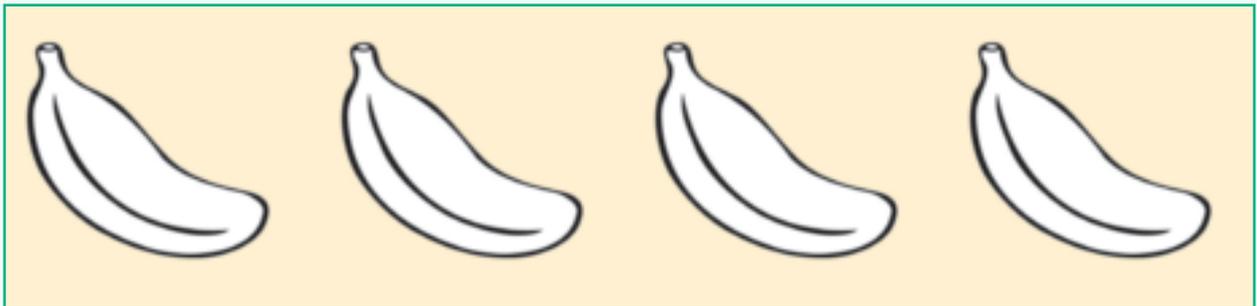
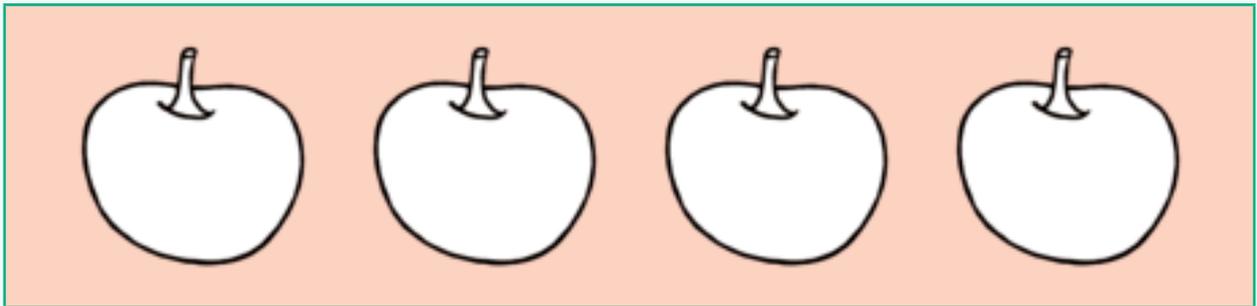
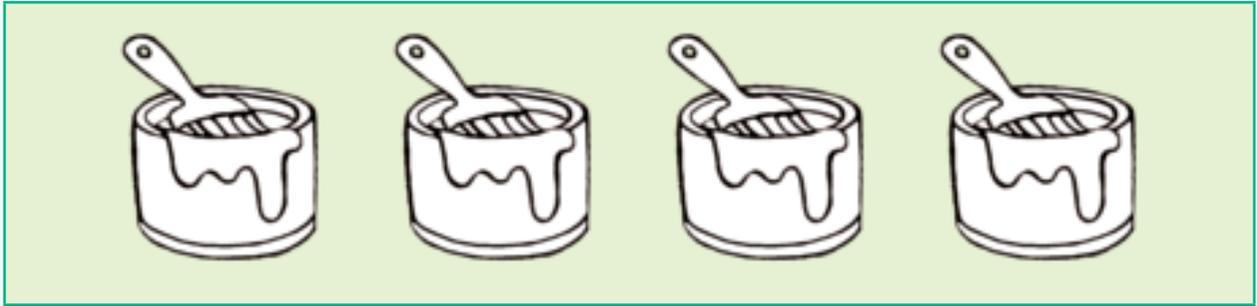


2.4



Ha re ngoleng

Kgabisa ditho tse pedi moleng ka mong ka mmala.



Lebitso la ka ke:

A large empty rectangular box with a decorative border of yellow and green dots, intended for writing the names of the objects shown in the rows above.



Ha re etseng

O kenya eng ka mokotlaneng wa hao wa sekolo?
Manamisa ditikara ho paka mokotlala wa hao.



phumula



seleotsi



dikeraone



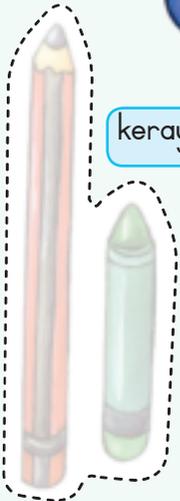
sekere



lebokosela dijo



rula



kerayone



lebokose la pensele

pensele



Ha re ngoleng

Ngola lebitso la hao mokotlaneng wa sekolo.

Lebitso:

2.6

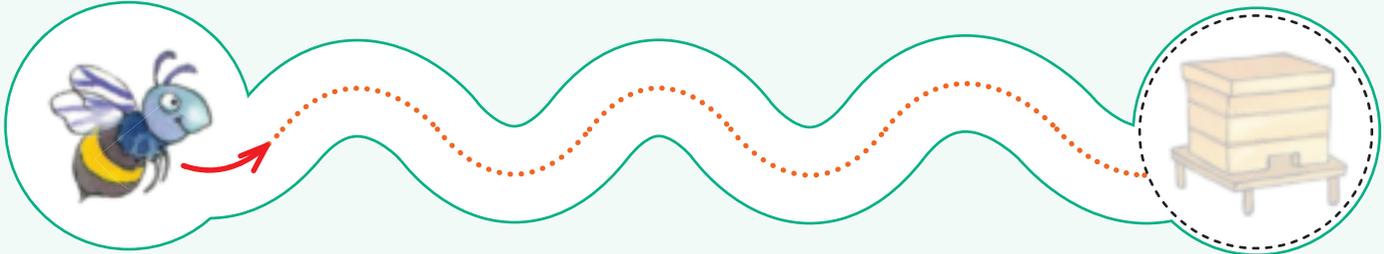


Ha re ngoleng

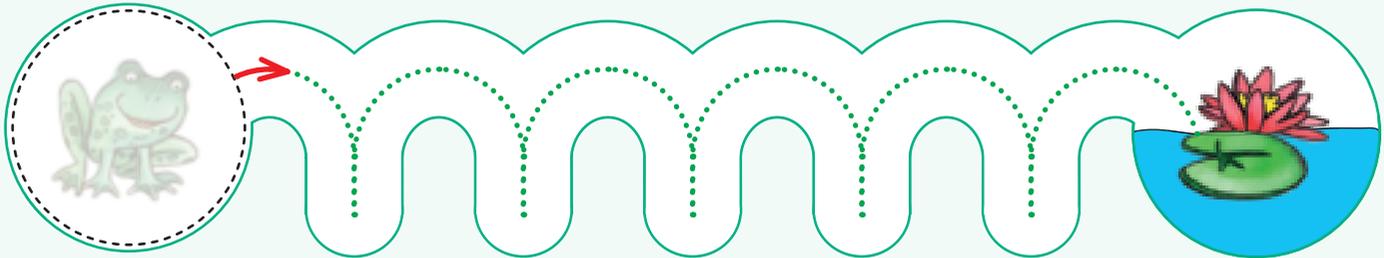
Manamisa ditikara dibakeng tse nepahetseng.
Jwale, tereisa mola ka monwana wa hao le ka pensele.

Manamisa ditikara dibakeng tse nepahetseng.

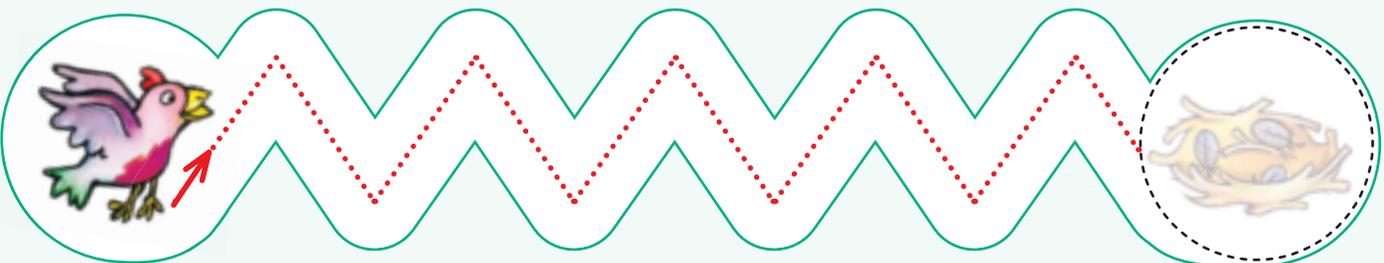
 Thusa notshi ho fumana sehlaha.



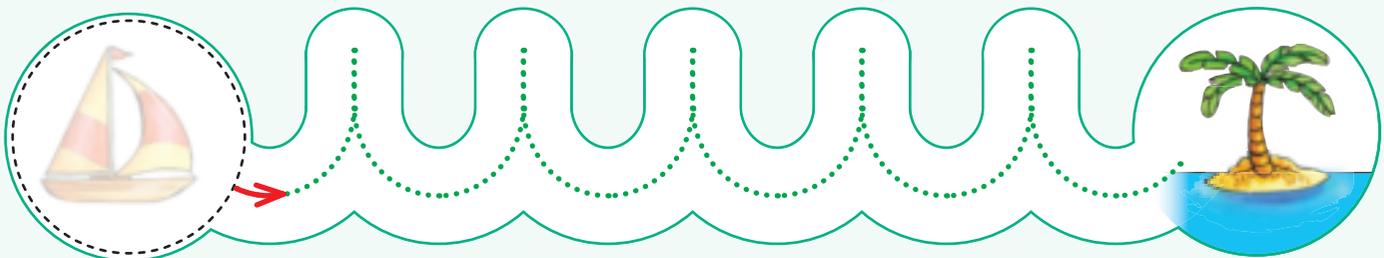
 Thusa senqaqana ho fumana letamo.



 Thusa nonyana ho fumana sehlaha.



 Thusa seketswana ho fihla sehlekehlekeng.



Bakeng sa boikwetliso ba tlatsetso, laela baithuti ho tereisa mela ba sebedisa mebala e fapaneng.

TEACHER: Sign

Date



Ha re etseng

Manamisa setikara sa naledi ho bontsha seo o ratang
ho se etsa sekolong

Manamisa
ditikara
dibakeng tse
nepahetseng.

Ke rata ho:

penta



taka



tsamaya le motswalle ho ya sekolong



bala pale



bala



seha ditshwantsho



2.8



Ha re ngoleng

Taka setshwantsho sa seo o ratang ho se etsa sekolong.

A large rectangular box with a decorative border of green dots and a yellow inner line, intended for drawing or writing.



Lebitso laka ke:

A horizontal rectangular box with a decorative border of green dots and a yellow inner line, intended for writing a name.

TEACHER: Sign

Date



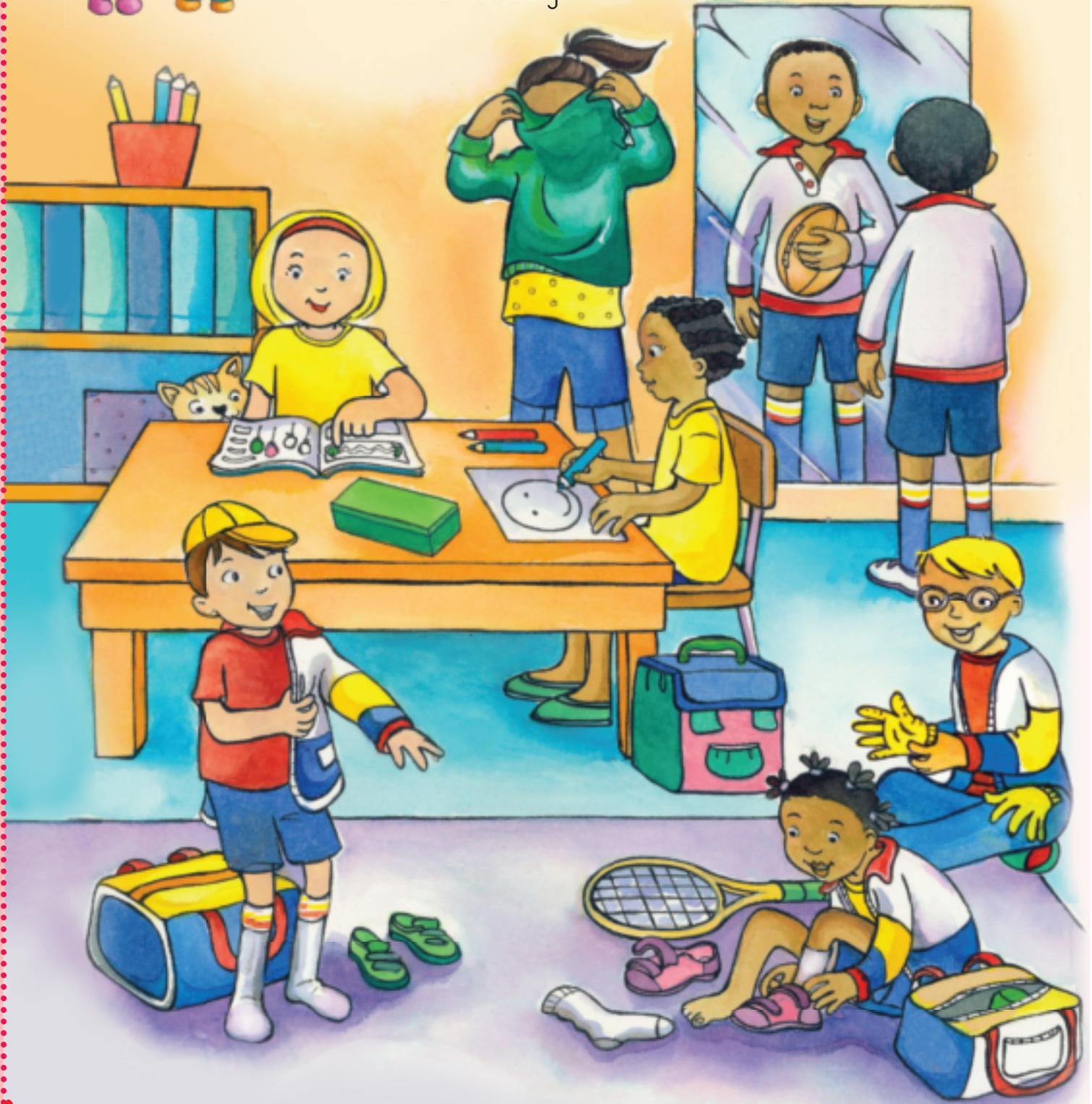
3

Mmele wa ka

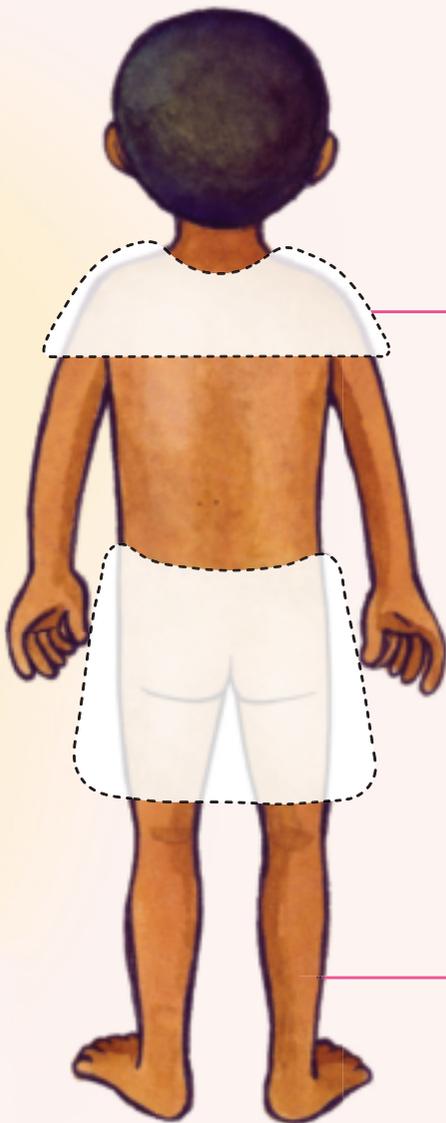


Ha re bueng

Sheba setshwantsho o bue ka seo bana ba se etsang.



Manamisa diitikara dibakeng tse nepahetseng.



hloho

mahetla

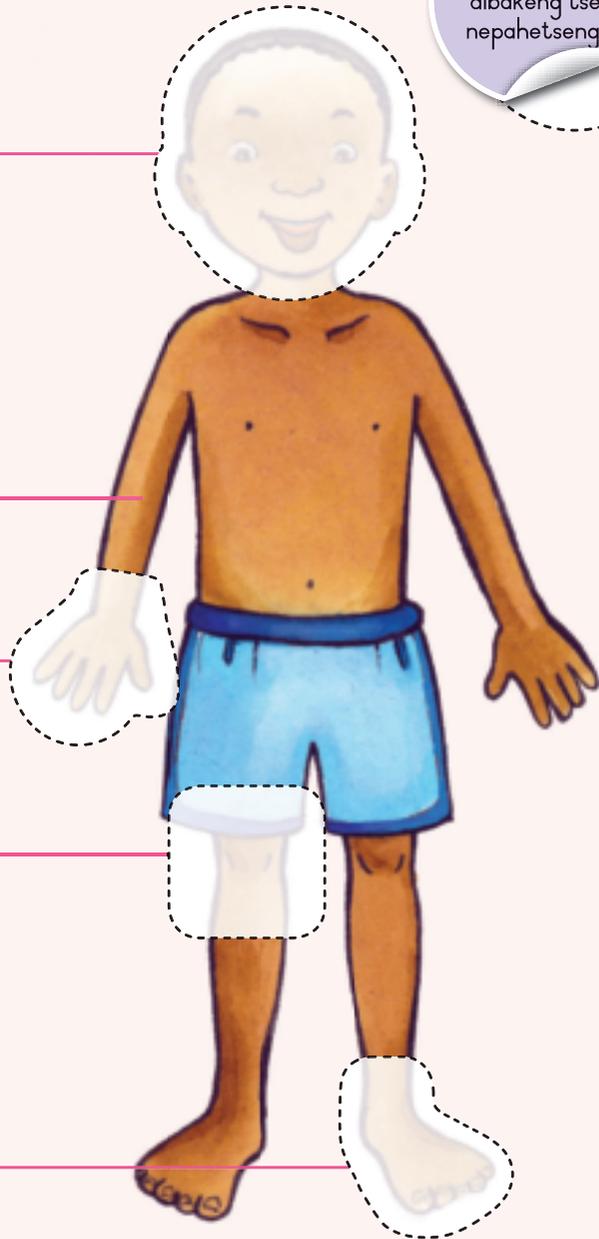
sephaka

letsoho

lengwele

tlhafu

leoto



Ha re bueng

Supa hloho, mahetla, mangwele le menwana ya hao
Jwale di supe setshwantshong.
Ke ditho dife tsa mmele tse tsamayang ka bongwe?
Ke ditho dife tsa mmele tse tsamayang ka bobedi?

Lebitso la ka ke:

Blank writing area for the student's name.

TEACHER: Sign

Date

3.1

Kotara 1 – Beke 1–5



Ha re ngoleng

Supa hloho, sephaka, ditlhafu le mmele ohle.
Etsa setshwantsho sa hao.

Ngola lebitso la hao mme o opele modumo.



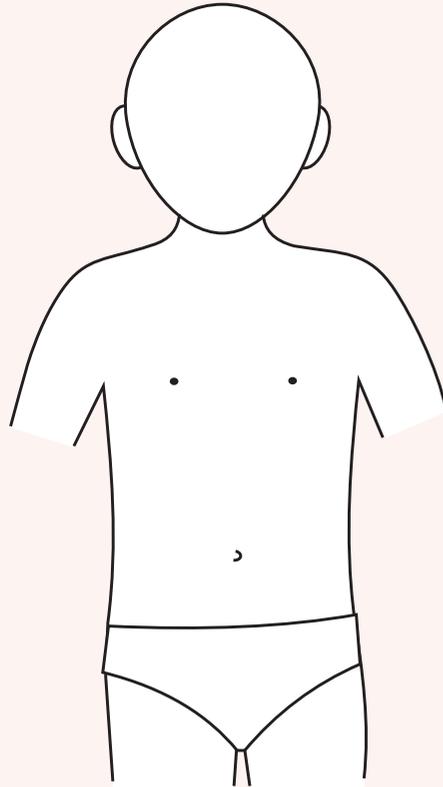
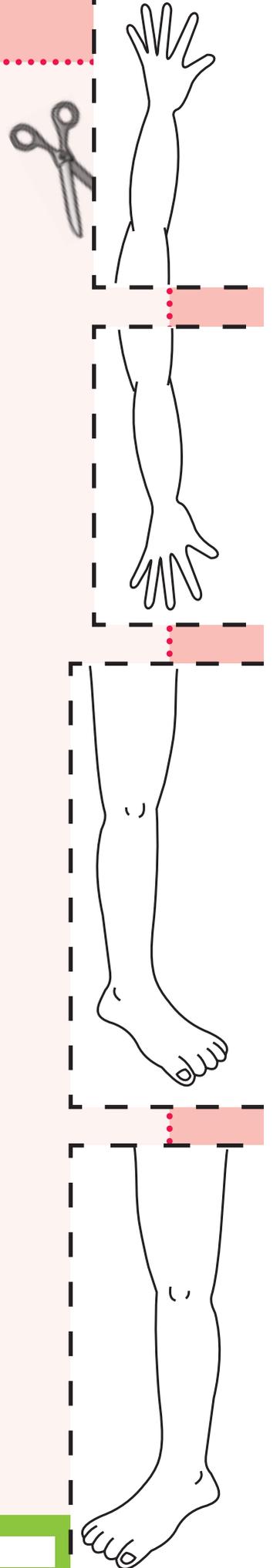
Lebitso laka ke:





Ha re ngoleng

Seha le ho manamisa diphaka le ditlhafu ho qetela setshwantsho sena. Jwale tlotsa setshwantsho sa hao ka mebala.



Ha re bineng



Ntatemoholo o tswa kae
kajeno?

Ke tswaa sepetelele sa
Mmanapo.

O tshwerwe ke eng?

Ke hloho, mahetla
Sefuba le letheka

Mangwele le menwana

Mangwele le menwana



TEACHER: Sign

Date



Ha re etseng

Éma jwaleka moshanyana le ngwanana ditshwantshong tsena.
Bontsha letsoho la hao le letona ebe o bontsha le letshehadi.
Hata ka leoto le letona ebe o hata ka le letshehadi.

moshanyana



letsoho le
letshehadi



letsoho le
letona

morao



leoto le
letshehadi



leoto le
letona



Lebitso la ka ke:

Empty rounded rectangular box for writing the name of the child.

ngwanana



pele



letsoho le letona



letsoho le letshehadi



leoto le letshehadi



leoto le letona

Manamisa ditikara dibakeng tse nepahetseng.



Ha re ngoleng

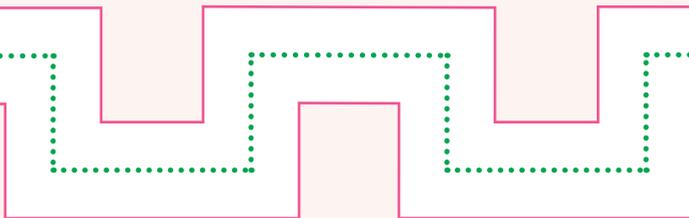
Manamisa ditikara dibakeng tse nepahetseng.
Jwale, tereisa mola ka monwana wa hao le ka pensele.



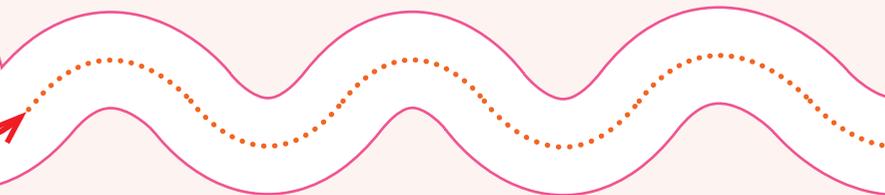
Thusa lesea ho fumana thedibere ya lona.



Thusa ntja ho fumana lesapo.



Thusa Ann ho fumana buka ya hae.



Thusa lesea ho kgasetsa ho mmalona.



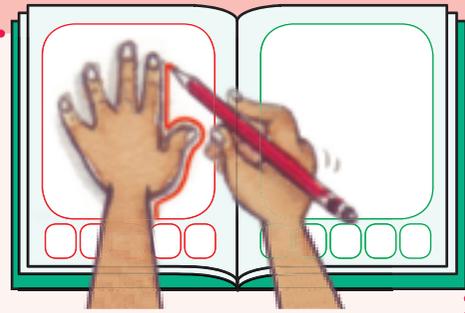
Bakeng sa boikwetliso ba tlatsetso, laela bana ho tereisa mela ya bona makgetlo a mmalwa ba sebedisa mebala e fapaneng.

36



Ha re ngoleng

Tereisa letsoho la hao le seng matla ebe o bala menwana ya hao.



Large empty rounded rectangular box for drawing or writing.



Sebedisa setlotsamolomo kapa pente ho ngola menwana ya hao.

Five empty rounded rectangular boxes for drawing or writing.



TEACHER: Sign _____ Date _____



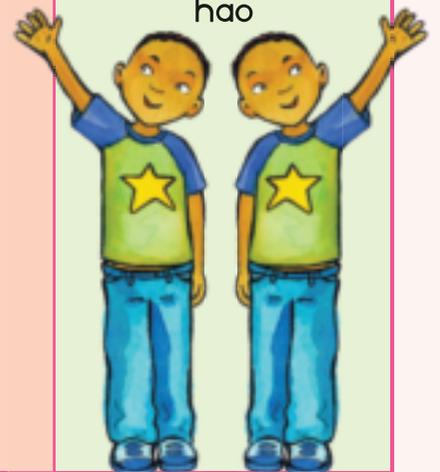
Ha re etseng

E tsa seo bana bana ba se etsang.

matsoho thekeng



tshwara mangwele

tshwara leoto le
lengtshwara lehetla le
lengfapanya
diphaka
tsa
haotshwara mpa ya
haotshwara nko ya
haotshwara menwana
ya haophahamisa
diphaka
tsa
haotshwara hloho ya
haotshwara mahetla
a haootlolla diphaka tsa
hao

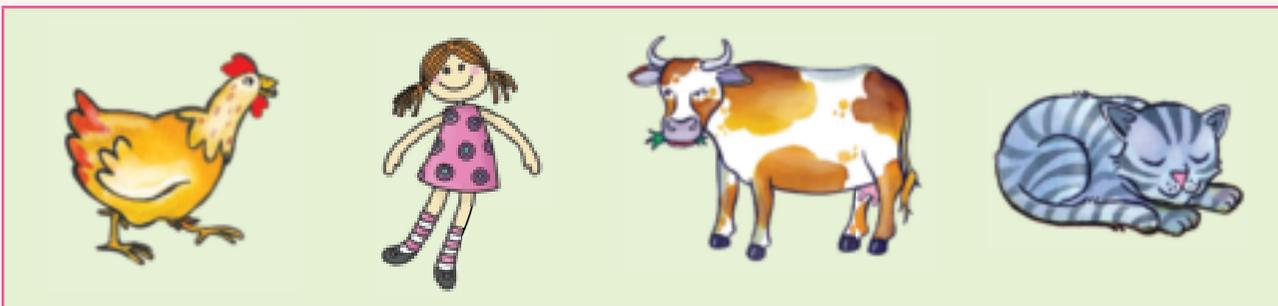
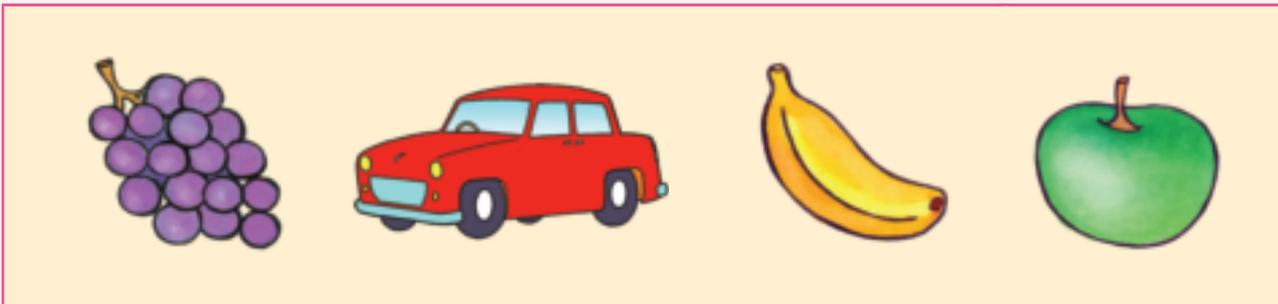


Lebitso laka ke:



Ha re ngoleng

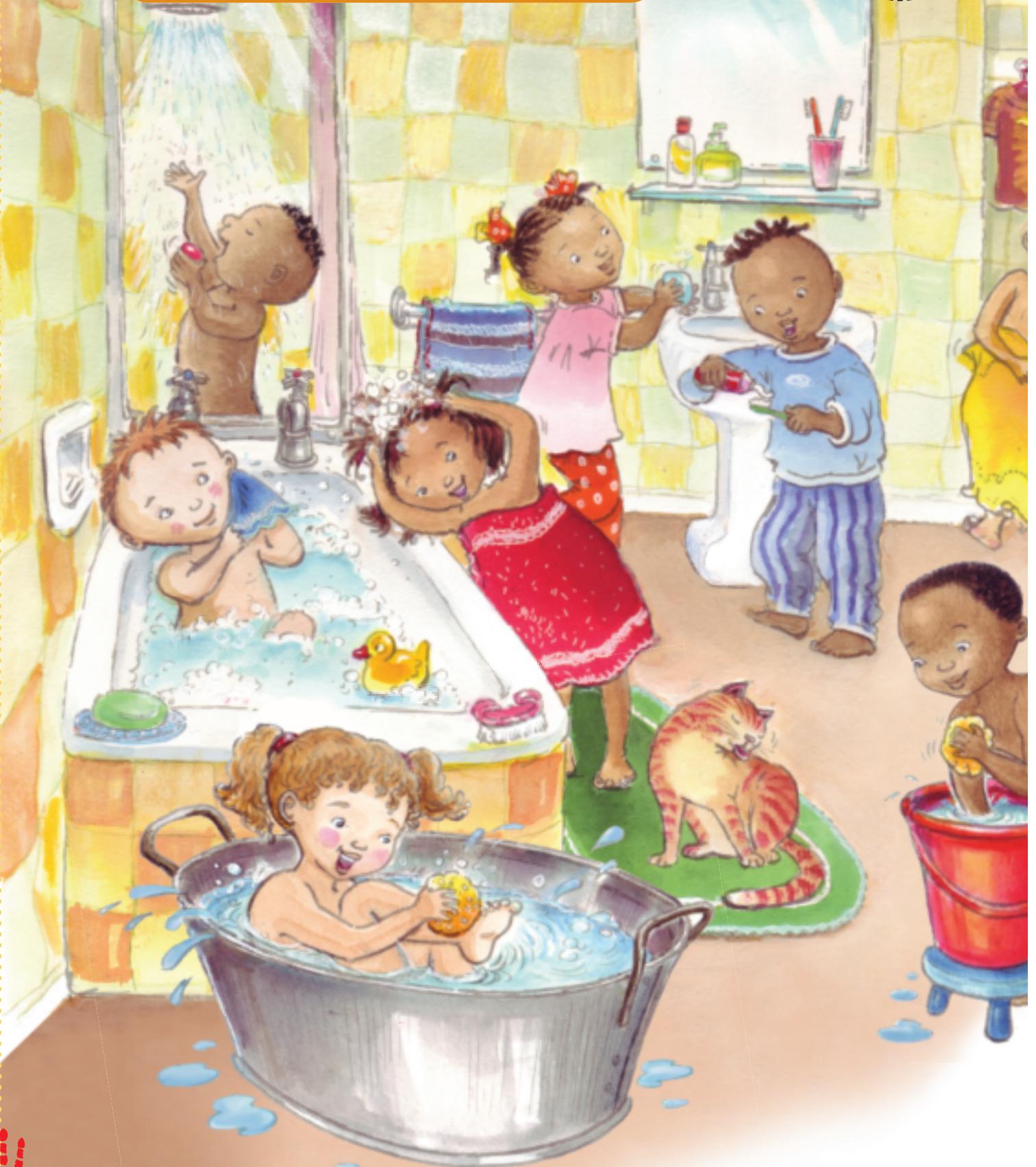
Etsa sedikadikwe ho potoloha setshwantsho seo e leng mokgelo moleng ona. Bolella motswalle wa hao hore ke hobaneng ha setshwantsho sena e le mokgelo.



Ho phela bophelo bo botle

Manamisa
ditikara
dibakeng tse
nepahetseng.

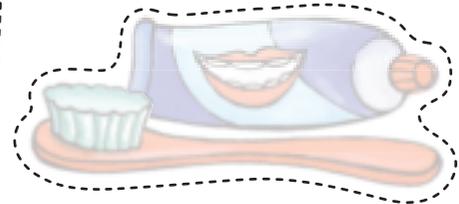
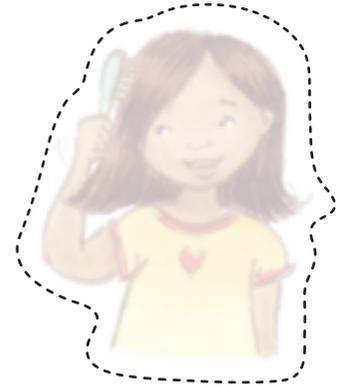
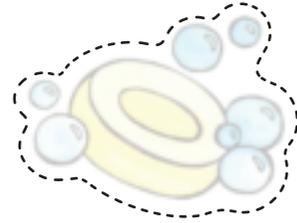
Kotara 1 – Beke 6–10





Ha re bueng

Sheba setshwantsho ebe o bolela seo ngwana ka mong a se etsang ho hlweka.



Lebitso la ka ke:

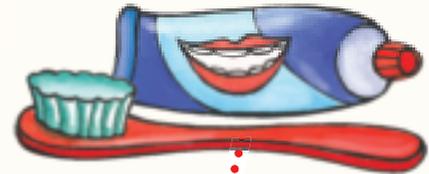
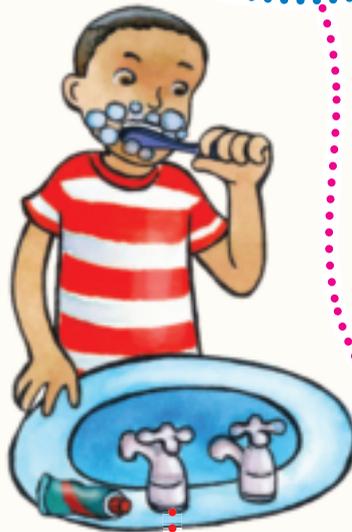
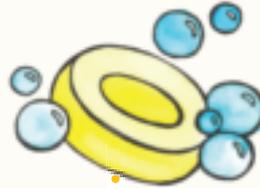
TEACHER: Sign

Date



Ha re ngoleng

Tereisa mola ho fumana hore bana bana
ba etsang hore ba dule ba hlwekile.



4.2



Ha re ngoleng

Etsa setshwantsho se bontshang hore o etsa eng ho dula o hlwekile.

A large empty rectangular box with a red border and a dotted orange inner border, intended for drawing a picture.



Lebitso la ka ke:

A large empty rectangular box with a yellow border and a dotted orange inner border, intended for writing a name.

TEACHER: Sign Date



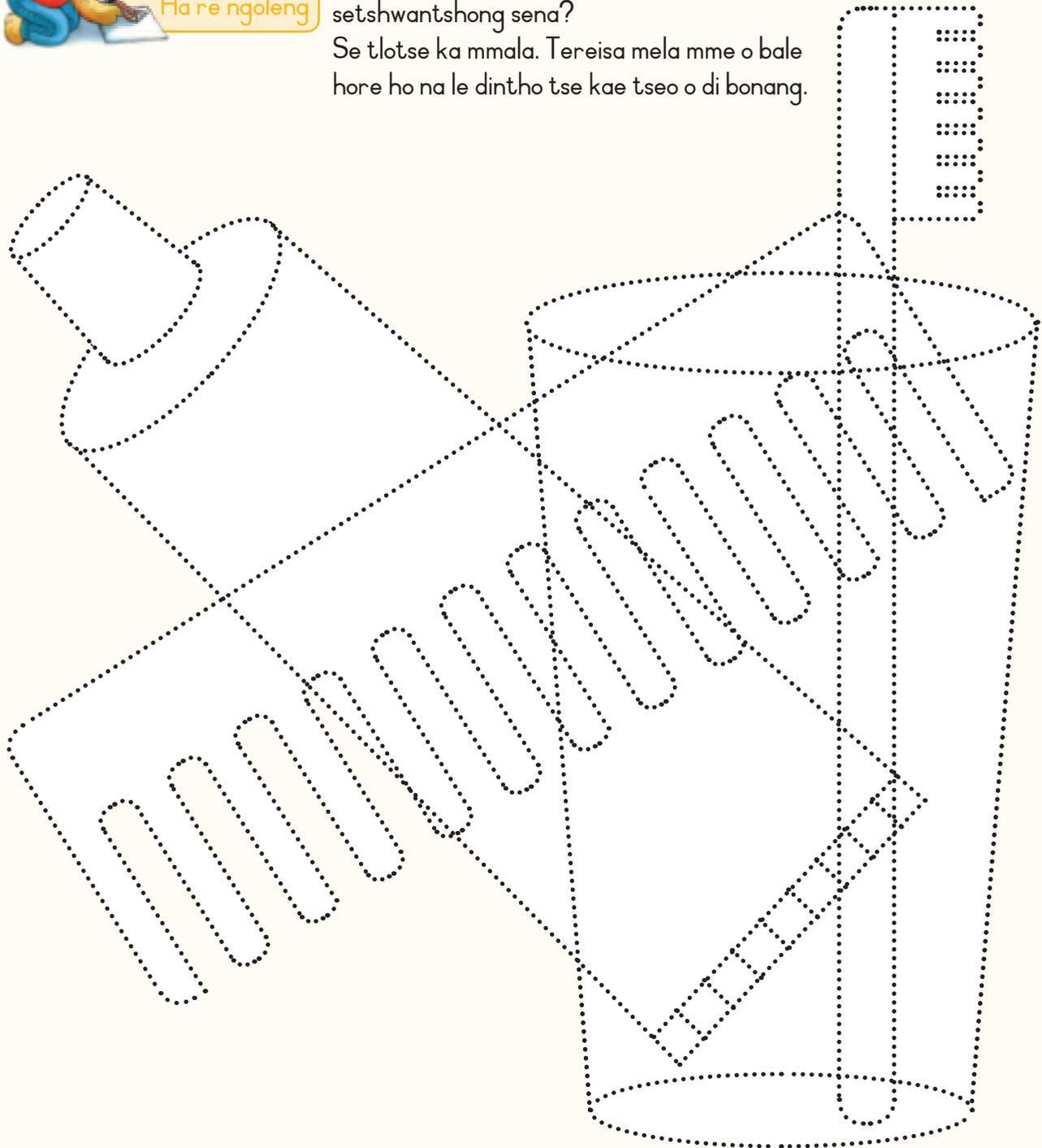


Lebitso la ka ke:



Ha re ngoleng

Na o ka fumana sesepa sa meno
setshwantshong sena?
Se tlotse ka mmala. Tereisa mela mme o bale
hore ho na le dintho tse kae tseo o di bonang.





Ha re ngoleng

Qhaqholla marangrang ana mme o boele o a kopanye hape.





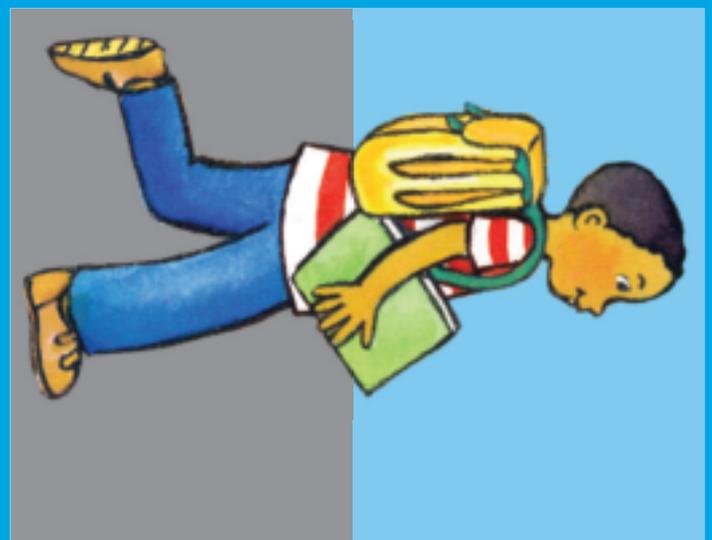
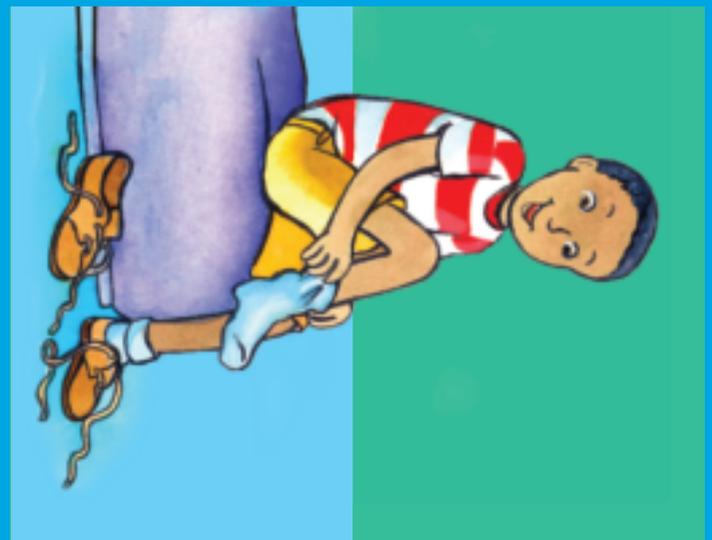
4.5





Ha re etseng

Seha ditshwantsho meleng e matheba ebe o di beha ka ho nepahala.



4.7



Lebitso la ka ke:



Ha re etseng Latellisa dinomoro.

1

1

2

2

3

3

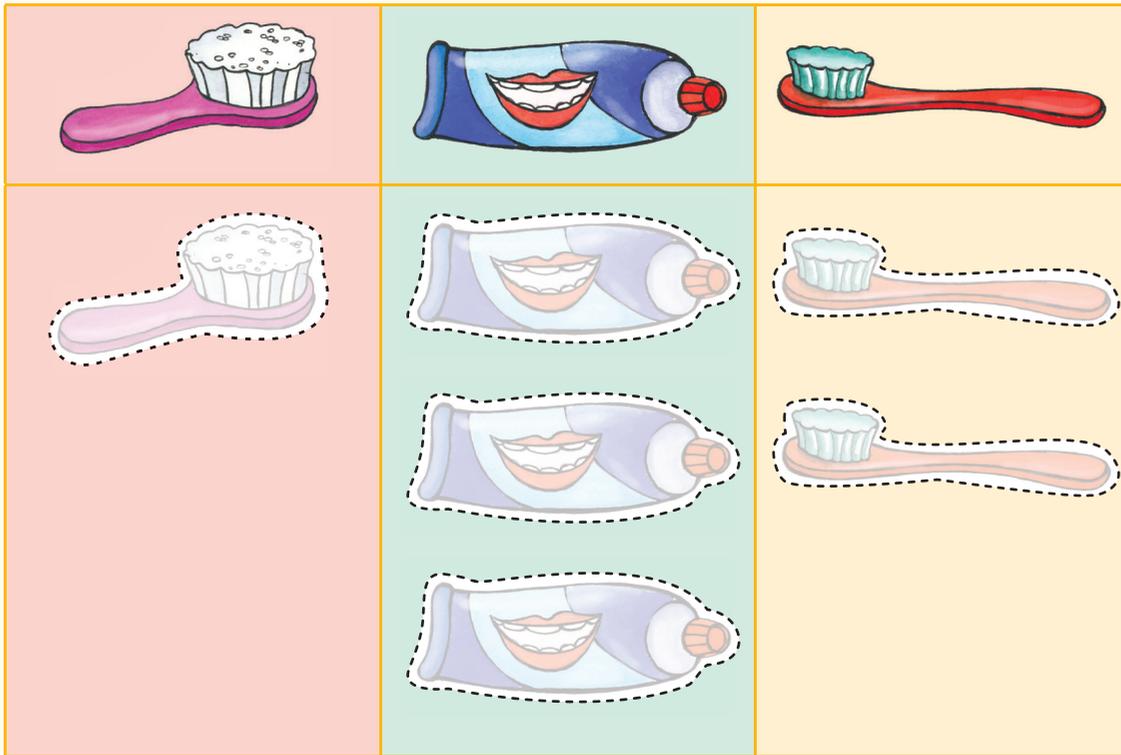
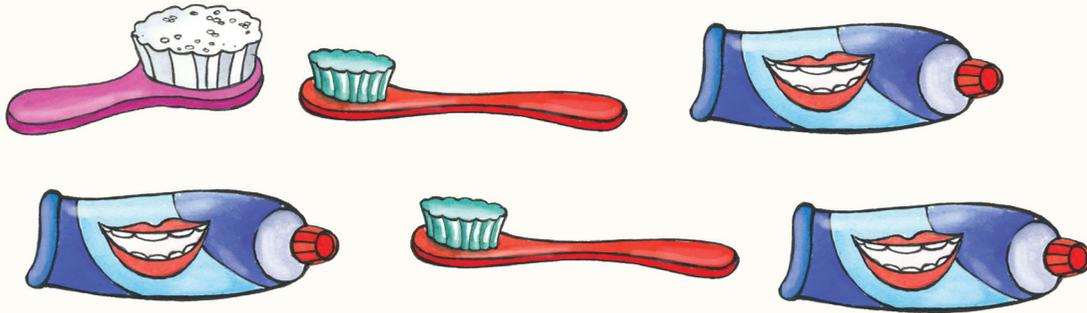
4.8



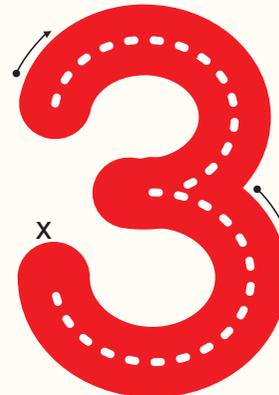
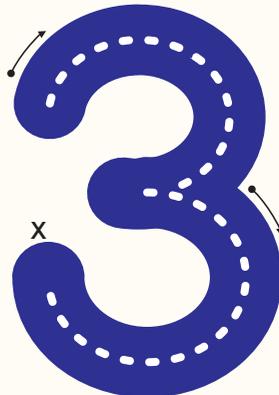
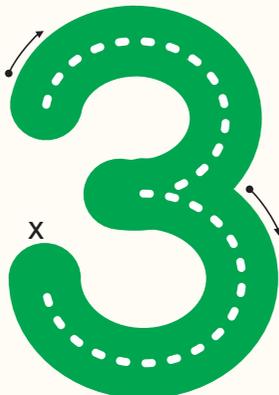
Ha re baleng

Manamisa ditikara dibakeng tse nepahehtseng.
Bala hore ke dintho tse kae ka palo.

Maneha ditikara dibakeng tse nepahehtseng.



 Ithute ho ngola palo 3.



TEACHER: Sign

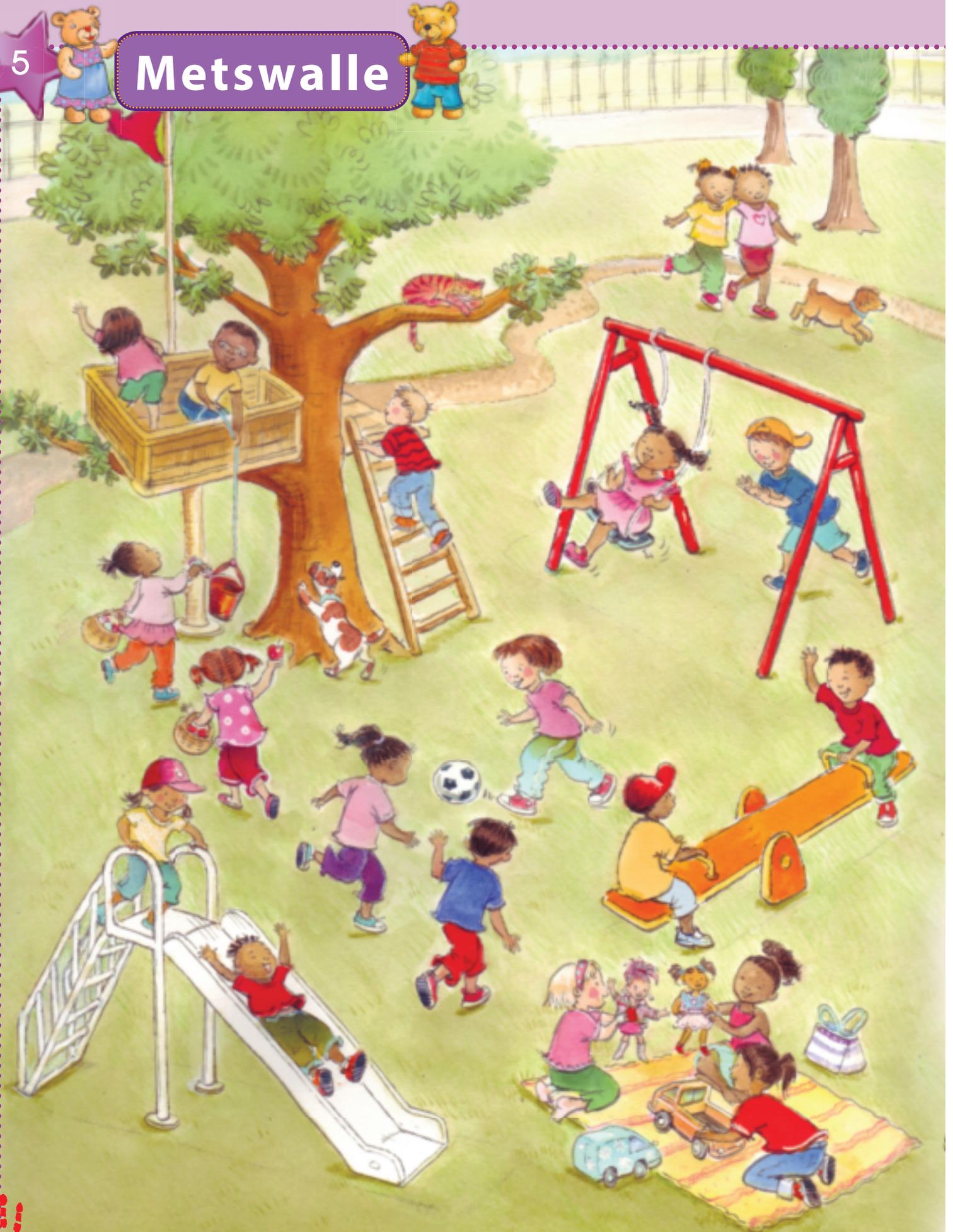
Date



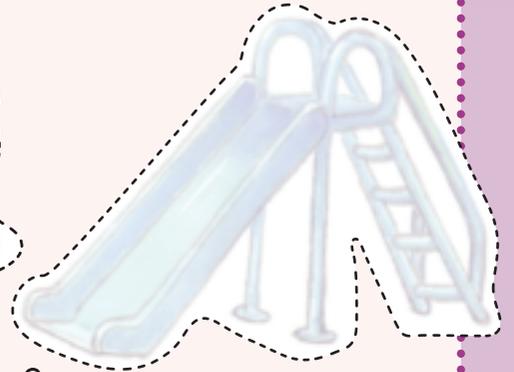
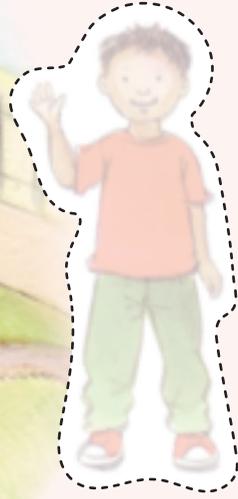
5

Metswalle

Kotara 1 – Beke 6–10



Manamisa ditikara sebakeng se nepahetseng.



Ha re bueng

Na o na le motswelle wa sebele?
Ke sefe se etsang motswalle wa bohlokwa?
Na o na le motswelle wa sebele?



Lebisto la ka ke:

Blank writing area with a decorative border.



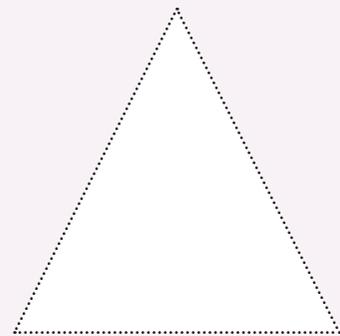
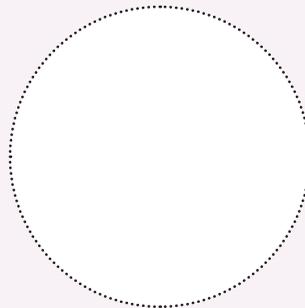
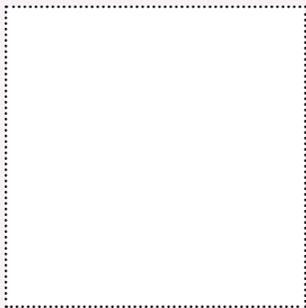
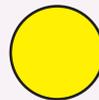
Ha re ngoleng

Etsa sedikadikwe ho potoloha setshwantsho se tshwanang le setshwantsho sa pele moleng o mong le o mong.



Ha re ngoleng

Tereisa dibopeho mme o di tlotse ka mmala jwalo ka ditshwantsho.





Ha re etseng

Etsa seo bana bana ba se etsang.

dula



tlola

qhoma



matha



tlolatlola



tantsha



phethoha



tsamaya





Ha re ngoleng

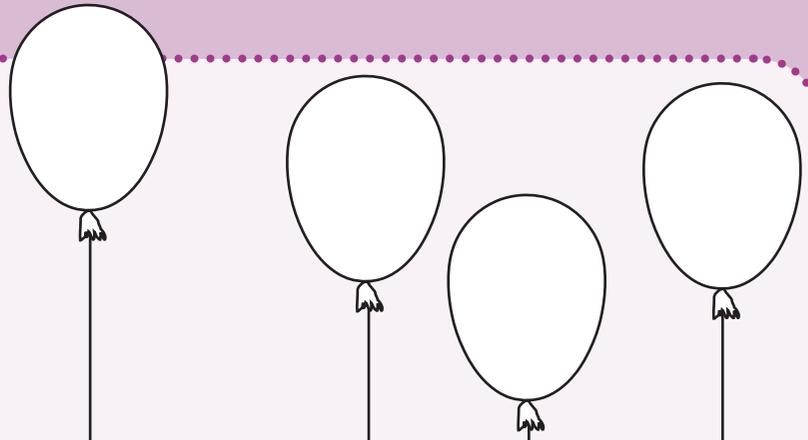
Tlotsa setshwantsho ka mmala.
Ngololla mebala ho tswa
setshwantshong se sennyane.





Ha re etseng

Tereisa mela ho fumana diaparo tseo ba di ratang, o nto tlotsa balunu ka mmala hore di tshwane.



Lebitso la ka ke:

A large rectangular box with a dotted border, intended for writing the children's names.

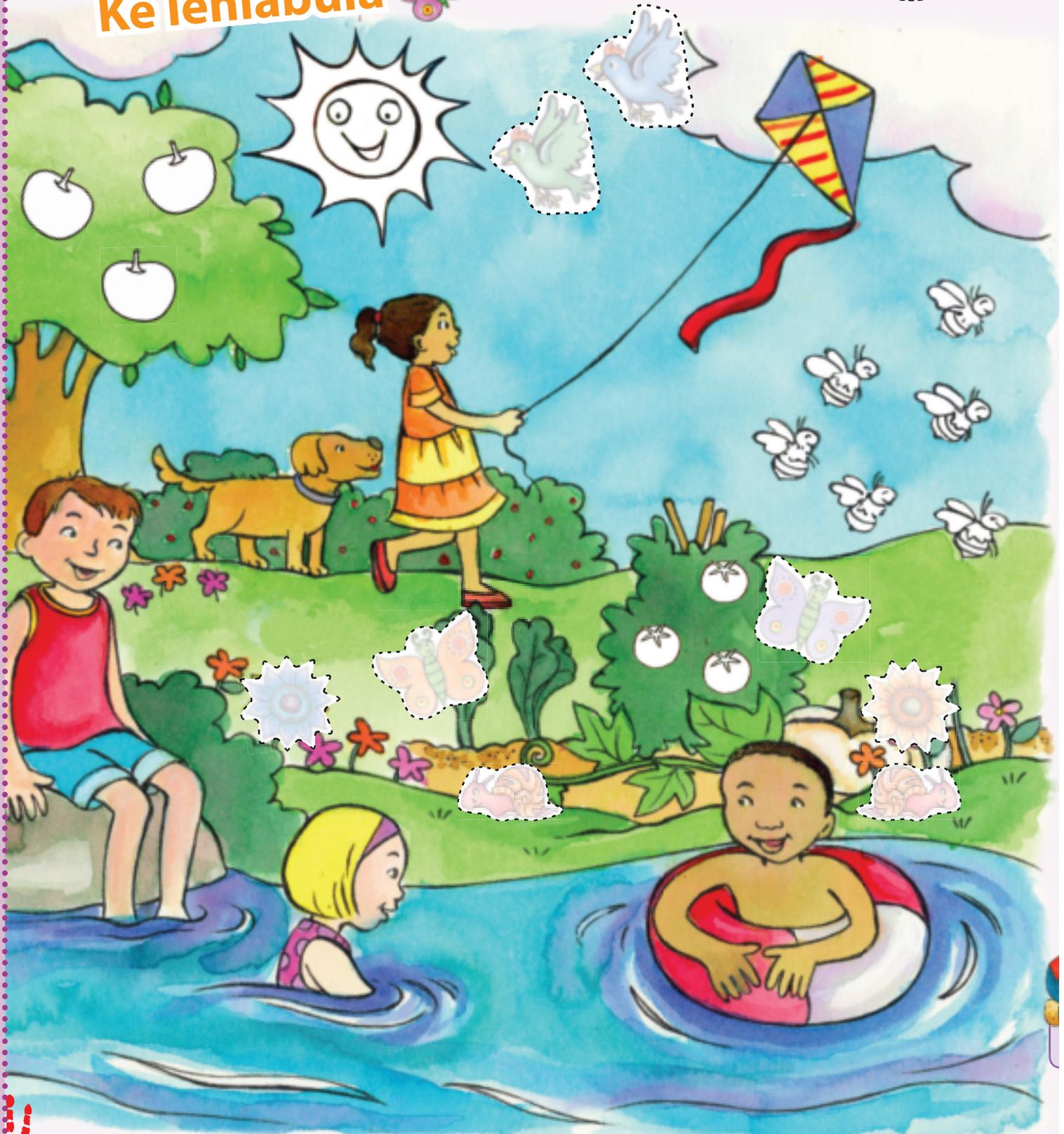


Ha re bueng

O rata ho etsang hlabula?
O apara eng ha ho tjhesa?

Manamisa
ditikara dibakeng tse
nepahetseng.
Kgabisa diapole tse 3,
ditamati 3 le letsatsi ka
mmala.

Ke lehlabula



5.6



Ha re ngoleng

Etsetsa ditshwantsho sedikadikwe o bontshe seo o ratang ho se etsa lehlabula.



Ngola lebitso la hao o opele modumo.



Lebitso la ka ke:

TEACHER: Sign

Date

5.7



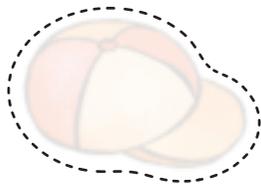
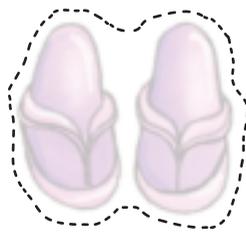
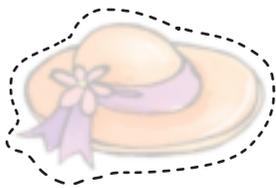
Ha re etseng

Sheba ditshwantsho o bue kamo boemo ba lehodimo bo fapaneng ka teng. Bua ka seo bana ba se etsang le seo ba se apereng.

Manamisa ditikara dibakeng tse nepahetseng.

Kotara 1 – Beke 6–10

tjhesa



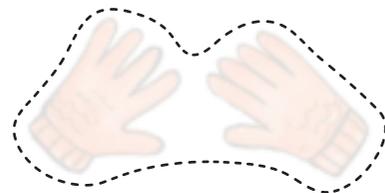
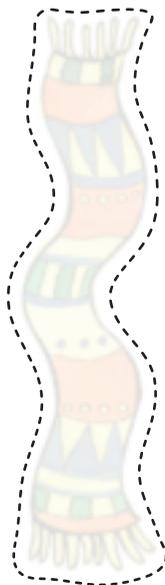
5.8



Ha re etseng

Etsetsa diaparo tse o di aparang ha ho tjhesa sedikadikwe kabo kgubedu, le tseo o di aparang ha ho bata ka bobolou.

bata



TEACHER: Sign

Date



Tse sehilweng



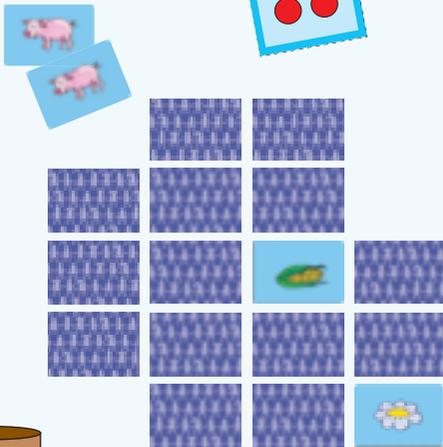
Ditshwantsho tsa menwana:

Kgetha phoofolo e le 1 mme o ngole letere ya pele ya lebitso la hao. Jwale ngola diletere tse 4 tsa tsa mabitso a metswalle ya hao ka lehlakoreng le leng.



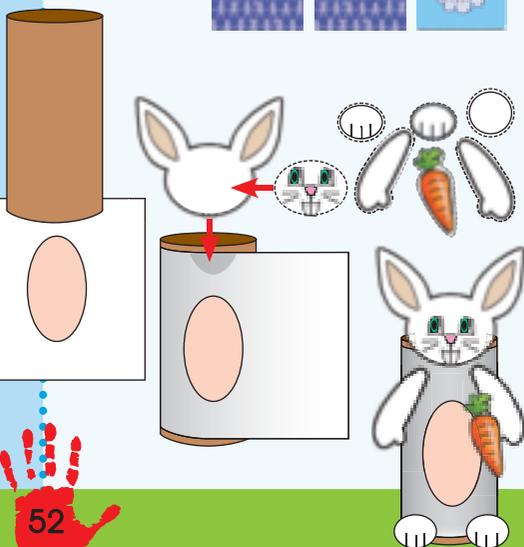
Diphazele tsa dipalo:

Seha meleng ya matheba ho etsa dikarete tsa dipalo tse tshwanang. Jwale apisa ditshwantsho le dipalo tse nepahetseng, kapa o di bapise le matheba a nepahetseng. O ka na wa sebedisa dibopeho ho o thusa.



Papadi ya boikgopotso:

Seha dikarete meleng e metsho ya matheba. Tjhofa dikarete mme o di behe tafoleng di shebile fatshe. Jwale phetla dikarete tse pedi ka nako e le nngwe. Haeba di tshwana o ka di behella ka thoko. Shebang hore ke mang ya ka qetang pele ho bokella dikarete. Sebedisa dikarete tsa hao tsa boikgopotso mme le bapale le motswalle wa hao.



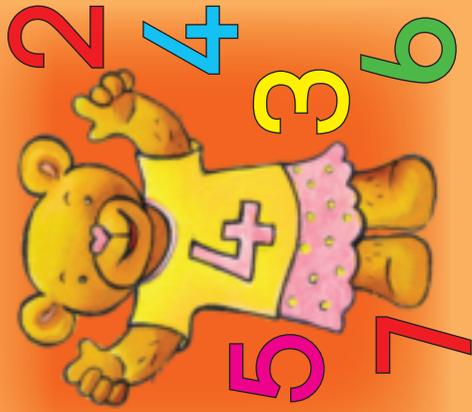
Phoofolo ya pampiri ya ntlwana:

Leka ho fumana pampiri ya ntlwana e fedileng. Seha dikgutlotharo mme o di manamise kgutlotharo e kgolo ho potoloha pampiri ya ntlwana ho kwahela tjhupu. Jwa le seha dihloho mme o di manamise hodima pampiri. Sebedisa ditikara tsa diphoofolo mme o manamise difahleho dihlohong ka moo o batlang. Manamisa matsoho, maoto, le mohatla phoofolong e nngwe le e nngwe. O ka nna wa boela wa etsa setshwantsho le ho iketsetsa phoofolo e nngwe ya hao.

Etsa dibuka tse matswedintsweke.
Mena mela e thata mme o sehe moo ho
nang le matheba.



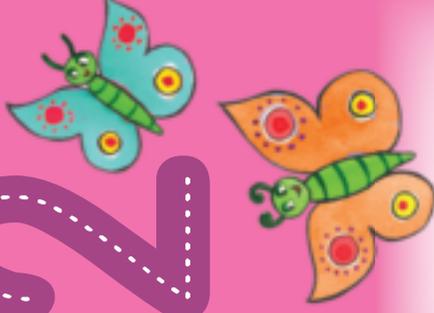
Dipalo



Diphoofolo
tsasetswalle



2



pedi

3



tharo



tlhapi

1



nngwe



ntja

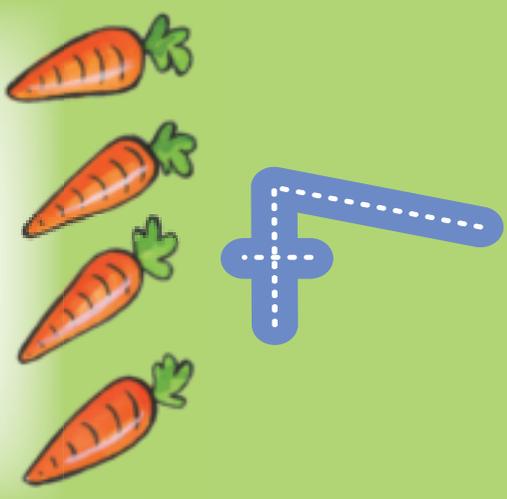


katse

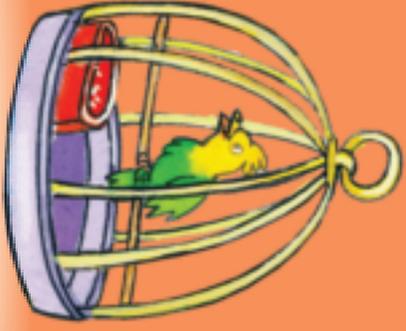
mokgodutswane



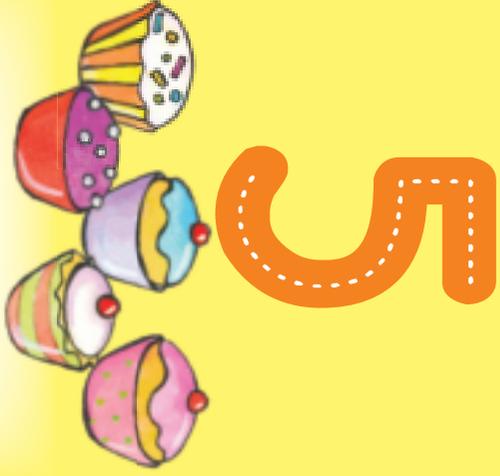
nne



nonyana



hlano



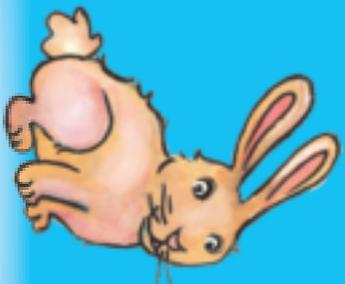
phoofotswana



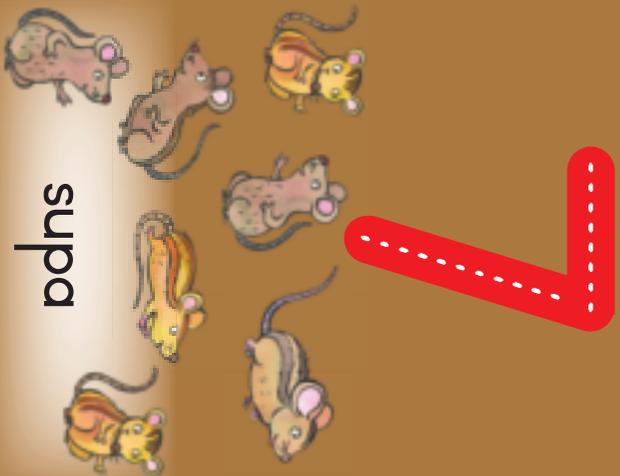
tshelela



pela



supa





Ha re etseng

Seha leqephe moo ho nang le mola wa matheba mme o manamise leqephe khafareng e ka morao ho etsa phokotho. Boloka tseo o di sehileng ka mona hore di se ke tsa lahleha.

DISEHWA TSA KA

MANAMISA MONA

MANAMISA MONA

MANAMISA MONA

MANAMISA MONA



Selemong sena sa Kamohelo sa (Kereiti ya R) Dibuka tsa Mookodi tsa Mosebetsi ke karolo ya matsapa a Lefapha la Thuto ya Motheo ho thusa le ho tshehetsa mosebetsi wa ngwana wa Moaforika. Diphuputso di bontshitse hore selemong se seng le se seng bana ba fumana mosebetsi e ba phephetsang pele ho Kereiti ya 1, ba sebetsa hantle dithutong tsa bona dilemong tse latelang, dilemong tsa poraemari le nakong ya dithuto tsa sekontari. Ke ka hoo ba tshwanelang ho rutwa haholwanyane ha ba le Kereiting ya R.

Thutong ya Motheo kharikhulamo e lebeletse hore ngwana wa Kereiti ya R a fumane monyetla wa ho ntshetsa pele ho bala, ho ngola le bokgoni ba ho sebetsa dipalo, ke hona mona moo ba hloking ho tshehetswa haholo hore ba fumane motheo wa thuto hore ba tle ba fumane ho le bonolo ha ba fiha Kereiting ya 1 le ho fetela dihlopheng tse ka hodimo.

Dibuka tsa Kereiti ya R ka hoo maikemisetso a tsona ke ho thusa bana ho ntshetsa pele bokgoni bona le ho tseba dintlha tse ding tseo e leng motheo wa dithuto tsa bona. Ba na le menyetla e mengata eo ka yona bana ba ka ntshetsang le ho ikwetlisetsa bokgoni ba bona ho itokisetsa bakeng sa dikereiti tse latelang.

Pele bana ba ka ihuta ho bala ba tshwanela ho tseba hore ba tshwara buka jwang le ho phetla maqephe, le ho tseba hore buka e sebediswa jwang. Ba tshwanela ho utlwisisa kamaano e teng dipakeng tsa mantswe le ditshwantsho tse hare ho buka le ho hlokomela hore mantswe a ka bukeng a bopilwe ka medumo e itseng mme a na le moelelo. Ho sa le jwalo, pele bana ba ithuta ho ngola, ba tshwanela ho ntshetsa pele bokgoni ba ho ngola le ho tshwara pene, ho bopa mantswe le dibopeho le ho tsamaisa pene meleng ho tereisa medumo. Bona ke bokgoni bo fumanwang ka hare ho dibuka tsena.

Re a tseba hore bana ha ba bale le ho utlwisisa ka ho tshwana. Dibuka tsa Kereiti ya R di thusa matitjhare le bana ho sebetsa ka mokgwa o ikgethang oo ngwana ka mong a ka sebetsang ka sekgahla sa hae haeba ho hlokeha hore a etse jwalo, le ha ho hloka hore matitjhare a ka kgutlela morao ho thusa ngwana moo a sa utlwisisang hantle ho latela maemo a kutlwisiso ya ngwana. Mosebetsi e tla thusa ngwana le matitjhare ho bona moo ho nang le dikgwaello e le hore matitjhare e tle e kgone ho thusa ho kwala dikgwaello tseo pele ngwana a fetela dikereiting tse ka pele.

Dibuka tse kenyeletsang thuto ya ho tseba ho bala le ho ngola, thuto ya dipalo le bokgoni ho tsa bophelo tseo kaofela ha tsona ho nang le mokotaba e ka bang 20 e sebedisang mekgwa e fapaneng ya ho hohela maikutlo a moithuti. Re a tshepa hore baithuti ba tla thabela le ho ananela ho sebedisa mosebetsi e fumanwang ka hare ho dibuka tsa mofuta ona ha ba ntshe ba tswela pele ka dithuto tsa bona, le hore wena jwalo ka matitjhare o tla natelwa le bona ho sebediseng dibuka tsena.



Mofumahadi Angie Motshekga, letona la Lefapha la Thuto ya Motheo



Mong. Enver Surty, Motlatsi wa Letona la Thuto ya Motheo



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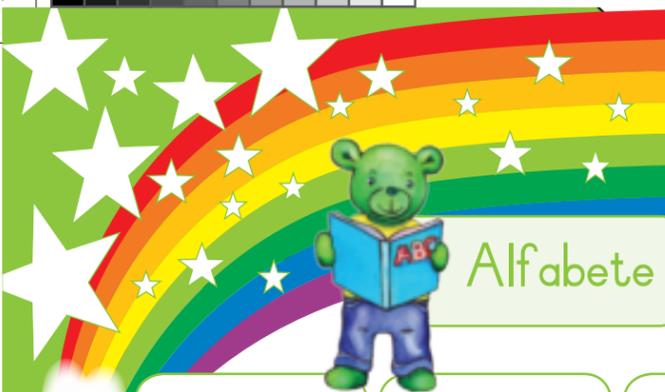
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Buka
Kotara I

KHALENTARA YA MATSATSI A TSWALO



Alfabeto

Aa



Bb 	Cc 	Dd 	Ee 	Ff
Gg 	Hh 	Ii 	Jj 	Kk
Ll 	Mm 	Nn 	Oo 	Pp
Qq 	Rr 	Ss 	Tt 	Uu
Vv 	Ww 	Xx 	Yy 	Zz

Pherekgong 	Hlakola 	Hlakubele
Mmesa 	Motsheanong 	Phupjane
Phupu 	Phato 	Lwetse
Mphalane 	Pudungwana 	Tshitwe



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