



Tekanyetso ya Sethatho: Sesotho Puo Ya Tlatsetso Ya Pele

Kereiti ya 3:

TITJHERE A ELE HLOKO NTLHA TSE LATELANG:

- Ela hloko hore tekanyetso ena e telele, mme ka hona, e seke ya etswe ka letsatsi le le leng.
- Arola nako e behetsweng tekanyetso ena pakeng tsa di karolo tse fapaneng tsa puo (Tekanyetso ena e ka etswa nakong ya tlaetso / ka nako ya ho phetha mosebetsi of fetileng bekeng ya 1 - 6).
- Netefatsa hore o qeta karolo e le nngwe ka botlalo pele o etsa tekanyetso ya karolo e latelang.
- Tekanyetso ena e etswa ho latela ditlhoko tsa kotara ka nngwe.
- Elellwa hore karolo tse ding di na le tekanyetso e itshetlehileng ho dikotara kaofela, ha karolo tse ding jwaloka ho ngola di itshetlehile kotareng ya 4 feela.
- Lenane tekolo le tla sebediswa bakeng tekanyetso ena ya sethatho, le kentswe ka hara **Moralo wa ho Ruta wa Selemo**.



HO MAMEMLA LE HO BUA.

- Tswela pele ho ntshetsa pele tlotlontswe ya molomo (ho mamela le ho bua) a sebedisa mookotaba kapa dihlooho tse kgethilweng.
- Mamela le pheta ditaba tse bonolo tse phetwang hape,
- Hlwaya ntho tlhalosong e bonolo ya molomo. Barutwana ba lokela ho nyalanya tlhaloso ena le setshwantsho se nepahetseng.

Mosebetsi wa 1:1

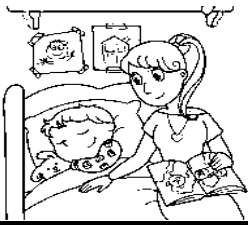


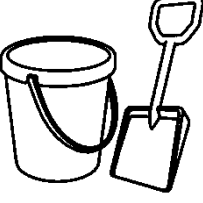
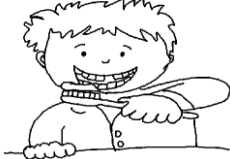

Bontsha kutlwisiso ya tlotlontswe e mmalwa ya motheo. Kgetha sehlooho se le seng sa tse latelang mme o re bolelle ka sona:

1. Mokete wa letsatsi la hao la tswalo,
2. Leeto la hoy a kampong,
3. Mohla o neng o thibelletswe ke pula e matla.

Ruburiki	1	2
O bua ka sehlooho		
O kgona ho bua a sa itukisa		
Bana ba mo mamela hofihlela a geta.		
O sebedisa puo ka tsela e nepahetseng.		
O bua ka ntle le ho tshoha.		

Mosebetsi wa 1.2.

Nyalanya dipolelo le ditshwantsho. Ngola nomoro ya setshwantsho ka thoko ho polelo e nepahetseng. E balle barutwana ba bang.

1		Kuku ya letsatsi la tswalo e bakiweng ka ontong.	E.g. 2
2		Ke bapala ka emere le kgarafu tsa ho bapala lehlabatheng la lewatle.	4
3		Mme o balla Sello pale pele a robala.	1
4		Sello o hlatswa meno a hae pele a ilo robala.	5
5		Ntlo yaka ya lehlabathe e na le folaga tse tharo.	6
6		Sello o matha ka lebelo le phahameng.	3

2. MEDUMO

- Elelwa didumannotshi tse tswakilweng.
- Bopa le ho arola mantswe a bonolo a qalang ka didumammoho
- Elellwa didumannotshi tse tswakilweng.

Mosebetsi wa 2.1:



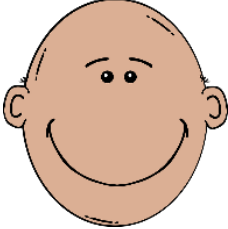



Sebedisa medumo ena: **ee, oo, aa.**

se <u>ee</u> ta		H <u>oo</u> ho	
mah <u>aa</u> hlela		t <u>ee</u>	
diph <u>oo</u> folo		t <u>aa</u> so	

Mosebetsi wa 2.2:


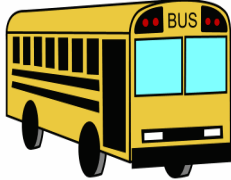



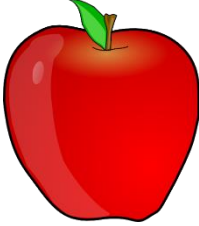
Bopa mantswa o sebedisa didumammoho tse latelang:

hl-	kg-	ng-	ts-	th-	ph-
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 <p><u>thaba</u></p>	 <p><u>tsebe</u></p>
 <p><u>hlooho</u></p>	 <p><u>kgoho</u></p>
 <p><u>ngola</u></p>	 <p><u>phala</u></p>

Mosebetsi wa 2.3:

Ngola mantswa a bonolo bakeng sa ditshwantsho tse na. Kgetha ho mantswa ao o a fuweng.

	<p><u>tau</u></p>		<p><u>bese</u></p>
	<p><u>bana</u></p>		<p><u>setulo</u></p>
	<p><u>folaga</u></p>		<p><u>apole</u></p>

Mosebetsi wa 3

3.1 HO BALA

- O sebedisa mawa a ho bala ao a ithutileng ona Puong Ya Lapeng ho utlwisisa seo a se balang le ho itekola ha a nste a bala.
- O bala ka ho lokoloha ho ekstsehileng le ka maikutlo.
- O bontsha kutlwisiso ya matshwao a puo ha a balla hodimo.
- Tswela pele ho aha kutlwisisao ya tlotlontswe e hlahellang kgafetsa.



Bala pale mme o arabe dipotso tse latelang.

Barutwana ba kereiti ya bobedi ba kgethile letsatsi la ho baka dikuku. Ba tlo baka dikuku tse ngata. Ba batla ho direkisetša barutwana bohle sekolong.

Ba tla hloka disebediswa tse latelang: botoro, tswekere, mahe le folouru. Titjhere wa bona Me. Mokoena o tlo ba thusa.

Qalong, ba tla tshela tsohle ka hara sekotlolo se seholo.

Ebe ba di fuduha ho duba hlama.

Ha ba geta ho duba hlama, ba tla e ale tafoleng hore ba e forome ho etsa dibopeho tse fapaneng.

Ba tla baka dikuku ka ontong bakeng sa metsotso e 10. Ha dikuku di se di butsuwe di loketse ho jewa, ba tla di rekisa.





Mosebetsi wa 3.2 Dipotso Kutlwisiso:

Etsa sedikadikwe ho potoloha tlhaku ya karabo e nepahetseng.

1. Barutwana ba kereiti ya bobedi ba tlo etsa eng?

- (a) Reka dibuka
- (b) Baka dikuku
- (c) Reka dikuku

2. Ke mang a tlo ba thusa ho baka dikuku?

- (a) Mme wa bona
- (b) Mosuwe-hlooho
- (c) Me. Mokoena

3. Ba batla ho etsa eng ka dikuku?

- (a) Ba batla ho di ja.
- (b) Ba ikemiseditse ho di rekisa.

4. Qetella dipolele tsena ka ho di tlatsa ka mantswe a nepahetseng hotswa paleng e ka hodimo.

- (a) Ba batla ho di rekisetsa barutwana bohle sekolong.
- (b) Ba tla hloka tse latelang: botoro, tswekere, mahe le folouru.
- (c) Ba tla baka dikuku ka ontong bakeng sa metso e 10.

5. Beha dipolelo ka tatellano e nepahetseng ho latela diketsahalo tsa pale. Ngola dinomoro 1 - 3 ka lebokosong.

2	Ebe ba di fuduha ho duba hlama
3	Ba tla baka dikuku ka ontong bakeng sa metsotso e 10
1	Ba tla tshela tsohle ka hara sekotlolo se seholo



Ho ntshetsa pele ho bala?

	<p>Ho bala ka bolokolohi Ho raroloha, ha thlaho le ka moretheto. O kgutsa moo ho lokelang ka nako tsohle.</p>
	<p>Ho bala ka ho hlaka O bua a utlwahala, mme o utlwa mantswe ohle. Mantswe a balwa ka nepo.</p>
	<p>Ho bala ka maikutlo Ho fetola lentswe ho bontsha lethabo, ho tshoha kapa ho toboketsa ntlha e bohlokwa.</p>
	<p>Modumo Ho bala ka lentswe le hohelang ebile le phahame hantle ho utlwahala.</p>
	<p>Lebelo Ho bala ka lebelo le nepahetseng.</p>



Mosebetsi wa 4:

HO NGOLA

- Beha dipolelo tse lobokaneng ka tatellano e nepahetseng le ho di kopisa.
- Ngola seratswana sa bonyane polelo tse 3 le ho se kopisa.
- Sebedisa matshwao a puo a seng a rutilwe Puong ya Lapeng.
- Hlophisa tlhahisoleseding ka dibopeho tse bonolo.
- Sebedisa mabitso le maetsi a mmalwa ha a ngola.
- Sebedisa lekgathe lejwale, lekgathe lejwale letswelli le lekgathe lefetile ha a ngola.

Mosebetsi wa 4.1

Hlophisa mantswe ana a lobokantsweng mme o a behe ka tatellano ho etsa dipolelo.

1. ya bohlale o bala Ngwana e kgolo. buka

Ngwana ya bohlale o bala buka e kgolo

2. Ntate e kgubedu. koloi o kganna

Ntate o kganna koloi e kgubedu.

3. Re ya Selemo. ka nako jala peo

Re jala peo ka nako ya Selemo.

4. e atametse. ho ja Nako ya

Nako ya ho ja e atametse.

Mosebetsi wa 4.2

HO NGOLA

Sheba setshwantsho mme o ngole seratswana sa bonyane dipolelo tse tharo. Ngola sehlooho sa moqogo wa hao. (O ka sebedisa mantswe a behilweng ka tlasa setshwantsho.)



dibalune, dipongpong, dikerese, dikuku, senomaphodi, metswalle, dimpho, dipapadi, kuku ya letsatsi la tswalo, ho babala, ho ja.

	1	2	3	4	5
Ho ngola dipolele	O ngola lentswe le le leng ka setshwantsho a thuswa.	O ngola polelo e le 1 ya manstwe a mararo a thuswa.	O ngola polelo e le 1 e bonolo ka setshwantsho ka boikemelo.	O ngola dipolelo tse 2 ka boikemelo.	O ngola dipolelo tse 3 kapa ho feta boikemelo.
Matshwao a puo	Ha a sebedisa matshwao a puo.	O sebedisa matshwao a puo a thuswa.	O sebedisa tlhaku tse kgolo kapa kgutlo.	O sebedisa tlhaku tse kgolo le dikgutlo.	O sebedisa matshwao a puo ohle ho akretsa , ! le ?



Mosebetsi wa 4.3

HO NGOLA

Hlophisa mefuta ena ya dijo ka nepo. (Etsa manane.)

mokopu, apole, sehwapu, lamunu, tlhapi, ditapole, dihwete, morara, kgoho.

Meroho.	Nama	Ditholwana
mokopu	sehwapu	apole
ditapole	tlhapi	lamunu
dihwete	kgoho	morara

Mosebetsi wa 4.4

HO NGOLA

Ngola polelo tsena o sebedisa matshwao a puo ka nepo.

1. thabiso le thabo ba bapala mmoho ka mantaha

Thabiso le Thabo ba bapala mmoho ka Mantaha.

2. Pulane le sellwane ba ile lebenkeleng la ntate mofokeng

Pulane le Sellwane ba ile lebenkeleng la ntate Mofokeng.



Mosebetsi wa 4.5

Sebedisa mantswe ana ho qetella dipolelo.

nna	wena	yona	bona	tsona
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1. Dikgomo tsona di fula naheng.
2. Ntja e loma mohatla wa yona.
3. Ngwana ha a lla nna ke ne ke robetse.
4. Bana ba apara diaparo tsa bona.
5. Wena le Thabo le rata ho bapala.

Mosebetsi wa 4.6

Qetella polelo tsena ka ho sehella mola ka tlasa lentse le nepahetseng.

1. Maobane Thabo o (raha/rahile) bolo.
2. Bana ba mametse ha Sello a ntse a (bina/binne).
3. Mme o tlo (tsamaya/tsamaile) le nna ho ya toropong.