

Ibuyekeziwe –
Ihambisana
ne-CAPS

Ibanga lesi-

3



Amakhono Empilo
ISIZULU

Incwadi yoku-1
Ithemu 1 & 2

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ISBN 978-1-4315-0277-6



9 781431 502776



LIFE SKILLS IN ISIZULU
GRADE 3 – BOOK 1
TERMS 1 & 2
ISBN 978-1-4315-0277-6
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13th Edition

Igama:

Iklasi:



basic education
Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



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UNkk Angie Motshekga,
uNgqongqoshe weMfundo
Eyisisekelo



UDkt Reginah Mhaule,
iSekela loMnyango
weMfundo Eyisisekelo

Lezi zincwadi zokusebenzela zenzelwe abantwana baseNingizimu Afrika ngaphansi kwesandla sikaNgqongqoshe weMfundo Eyisisekelo, uNkk Angie Motshekga, neSekela likaNgqongqoshe weMfundo Eyisisekelo, uDkt Reginah Mhaule.

Lezi zincwadi ezibizwa ngeRainbow Workbooks ziyingxenywe yoMnyango weMfundo Eyisisekelo lapho uMnyango uzama khona ukungenelela ukuze kuthuthukiswe imfundo yabantwana bamabanga asuka kwelokuqala kuya kwelesithupha eNingizimu Afrika. UMnyango weZimali uxhase lo mkhankaso kaHulumeni njengento yokuqala uHulumeni azibekela yona ukuthi ayisukumele. Uxhaso loMnyango weZimali lusize uMnyango wezeMfundo ukuthi ukwazi ukukhiqiza uphinde usabalalise ngaphandle kwenkokhelo lezi zincwadi zokusebenzela ngazo zonke izilimi zaseNingizimu Afrika ezisemthethweni.

Sinethemba lokuthi othisha bazozithanda basebenze kangcono ngazo lezi zincwadi ekufundiseni kwabo kwansuku zonke, baphinde bathole futhi isiqiniseko sokuthi abafundi babo bafundiswa konke abamelwe ukufundiswa khona njengoba kuvela kusilabhasi yabo. Sizamile ukuqiniseka ukuthi sifaka izithonjana (ama-icon) emisebenzini yokwenziwa ukuze uthisha akuthole kulula ukuyilandela nokuqonda ukuthi umfundi yini alindeleke ukuyenza.

Sinethemba futhi lokuthi abantwana uqobo lwabo bazokujabulela ukusebenzisa lezi zincwadi ekukhuleni kwabo bakhule nolwazi ezilukethe, bese kuthi wena njengothisha wabo uthokoze kanye nabo ekugcineni.

Sifisela wena nomfundi omfundisayo impumelelo ngenkathi usebenzisa lezi zincwadi.

Published by the Department of Basic Education
222 Struben Street
Pretoria
South Africa

© Department of Basic Education
Thirteenth edition 2023

ISBN 978-1-4315-0277-6

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3

Ibanga lesi-



Amakhono Empilo
NGESIZULU
Incwadi yoku-



Le ncwadi ngeka-





1

Impilo yami

Masibhale

Sonke sehlukile komunye nomunye futhi sibalulekile.
Gcwalisa lo mazisi ngempilo yakho. Zakhele isitembu sakho sikamazisi.
Uma usukwenzile lokhu bese utshengisa umngani wakho ikhadi lakho.

Yikuphi okufanayo futhi yikuphi owehluke ngakho kumngani wakho?



Umazisi

Igama: _____

Iminyaka yokuzalwa: _____

Usuku lokuzalwa:

_____ unyaka _____ inyanga _____ usuku

Indawo owazalelwa kuyo: _____

Intombazana noma umfana: _____

Ulimi lwasekhaya: _____

Umbala wezinwele: _____

Ubude: _____ cm

Umbala wamehlo: _____

Ukusayina _____

Dweba isithombe sakho.



IThemu 1 – ISonto 1 – Ikhasi Lokusebenzela



Masixoxe

Cabanga ngempilo yakho yonke kuze kube manje.

Ukhumbula ufike kuphi?

Ingabe uyalukhumbula yini usuku lwakho lokuzalwa lonyaka wesibili?

Usakhumbula usaqala isikole?



Masibhale

Cicwalisa lo mlando wempilo yakho.

			
Ngazalelwa e-	Ngaqala ukukhuluma ngo-	Ngaqala isikole e-	Ngaqala ibanga lesibili -3
inyanga			
unyaka 20 _____	20 _____	20 _____	20 _____





Isikole sami



Masenze loku

Uthisha wakho uzokusiza ukudweba umlando wesikole sakho .
Sikuqalele. Uthisha wakho uzokutshela ngezinye zezehlakalo ezisemqoka angazengeza.

Savulwa ngamuphi unyaka isikole sakho?	Wafika ngamuphi unyaka uthishomkhulu wakho?	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____



Masibhale

Uthini umlando wesikole sakho? Thola izimpendulo zemibuzo ebuziwe bese uzibhala ezikhaleni kukholamu yokuqala. Dweba isithombe ukhombise umlando.

Savulwa ngamuphi unyaka isikole sakho? _____	Dweba isithombe sesikole sakho.
Kwakungubani uthishomkhulu wokuqala? _____	



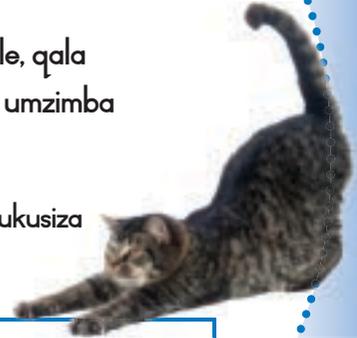


<p>Sasithini isiqubulo sesikole? Ngabe sisenjalo namanje?</p> <p>_____</p> <p>_____</p>	<p>Dweba ibheji lesikole.</p>
<p>Yisho okuthile okukhethekile ngesikole. (Mhlawumbe kwakunomfundi noma impumelelo ekhethele.)</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p>Dweba isithombe ukhombise okukodwa okukhethekile ngesikole.</p>



Masiphumele ngaphandle

Ngaphambi kokwenza noma yini ngaphandle, qala ngokuzelula njengekati. Lokhu kuzokwenza umzimba unyakaze kalula.



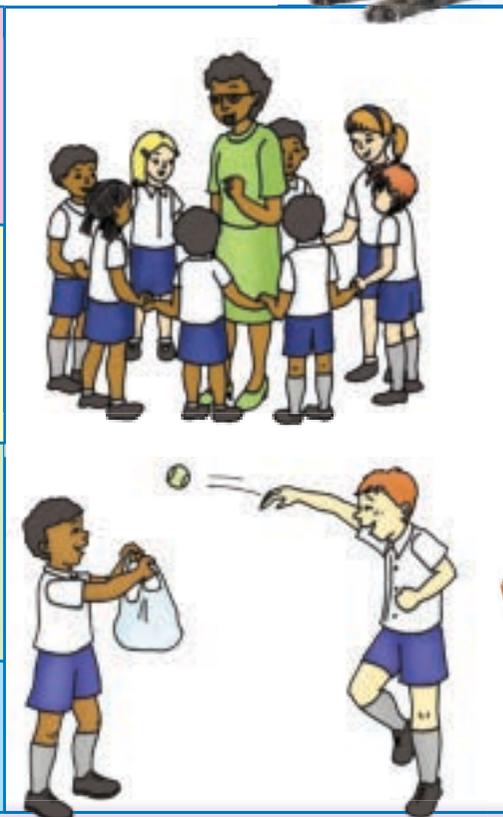
Zelule nangemva kokwenza okuthile ngokuthi uphumule uphole. Lokhu khona kukusiza ukuthi ungabi nobuhlungu bezicubu. Yenza-ke manje lokhu okwenziwa yilezi zingane.

Uthisha wakho uzobiza igama lakho bese ejikijela ibhola kuwena. Nqaka ibhola ngaphambi kokuba liwe.

Manje zama ukunqaka ibhola ngesikhwama uma umngani wakho eliphonsa.

Phonsela umngani wakho ibhola bese ubheka ukuthi angalingqaka yini ngesikhwama.

Zinwebe njengekati ukuze ukhululeke.



Konke ngami

Masixoxe

Cabanga ngento ejabulisayo eyake yakwehlela ngaphambilini.
Xoxela umngani wakho ukuze akwazi kangcono.

Ngenkathi
ngineminyaka emi-5
ngavakashela olwandle.

Ngenkathi ngineminyaka
emi-4 ngawa
odongeni.



Masenze loku

Tshela umngani wakho ukuthi lo muntu ushintshe kanjani esuka
ebuntwaneni eba yinkosikazi endala.



Usana



Umntwana



Umntwana wesikole



ijongosi



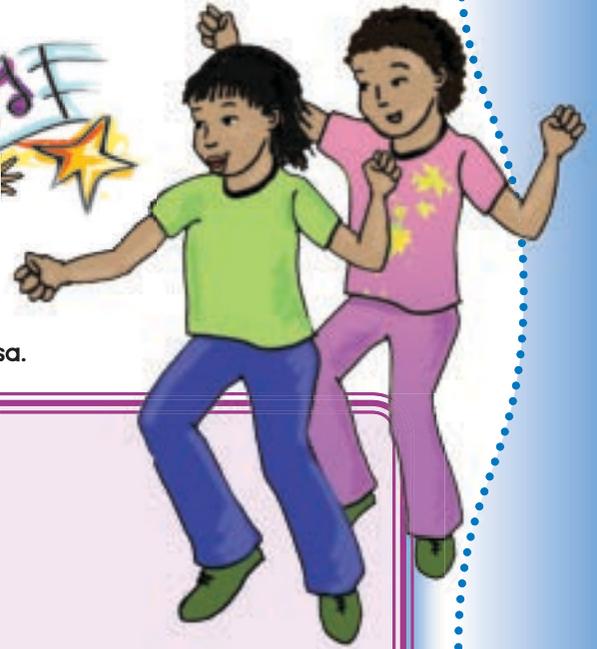
Umntu omdala



Isalukazi



Masicule



Akhani iqembu bese nisebenza. Qambani iculo nidanse.
 Eqenjini lakho, bhala amagama eculo esikhaleni esingezansi.
 Khombisa ikilasi lakho ukuthi ulicula kanjani iculo ngenkathi udansa.

A large, empty rectangular box with a purple border, intended for students to write their lyrics and draw their dance movements.





4

Okukhulu nokudala

Masixoxe

Xoxa ngokuthi abantwana abadala nabantu abadala bahluke kanjani kuwena?

IThemu 1 – ISonto 2 – Ikhasi Lokusebenzela

Ngokuhamba kwesikhathi
abantu bayakhula.
Umbala wezinwele zabo
uyashintsha, amazwi abo
ashintshe, izicubu zabo
ziyanda bese behlakanipha
kakhulu.

Bashintsha kanjani abantu ngenkathi bekhula.



Masibhale

Yikuphi kokulandelayo okwenza ngendlela eyahlukile kuleyo abazali bakho abakwenza ngayo (✓).

		Mina		Abazali bami	
Ukugijima ngaphandle kokukhathala					
Gxuma					
Funda iphephandaba					
Shayela imoto					
Dlala esihlahleni					

Usuku:



Masicule

Masizilungisele ukucula.
Yenza imisindo elandelayo.

Umsindo osheshayo we-ambulense.
 Umsindo onensayo njengeculo lokulalisa umntwana.
 Umsindo ophakeme njengenyoni icula.
 Umsindo ophansi njengebhubesi livungama.



Masiphumele ngaphandle

Ungalingaka ibhola?



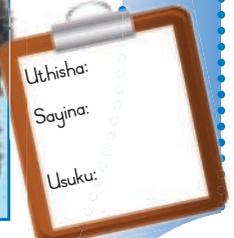
Phosa ibhola lomphebezo emoyeni uphinde ulinqake ngezandla zombili.

Liphose phezulu bese ushaya izandla zakho ngaphambi kokuba ulinqake ibhola.

Shaya ibhola lomphebezo phansi.

Manje yakha induku yokushaya ibhola usebenzise iphepha eligoqiwe noma ucezu lokhuni. Sebenzisa le nduku ukushaya ibhola phansi.

Manje zelule njengekati.





5

Imizwa

IThemu 1 – ISonto 3 – Ikhasi Lokusebenzela



Masixoxe

Bheka lezi zithombe bese usho ukuthi izingane ziphatheke kanjani. Wake waphatheka kanje? Bhala usho ukuthi ingane ngayinye iphatheke kanjani. Sebenzisa amagama alandelayo ukuze akusize.

ujabhile

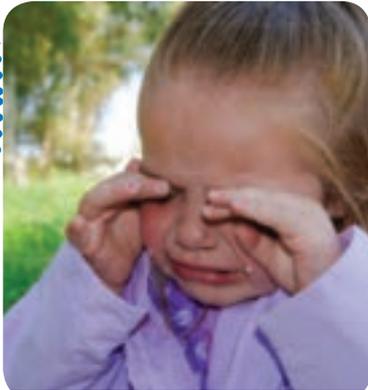
ujabulile

uyakhala

uyesaba

uyaziqhenya

ucasukile



Masiphumele ngaphandle

Dlala umdlalo webhola lomphebezo ulongxe ikhono lakho lokuphebeza ibhola isandla sibheke phambili futhi sibheke nangemuva.





Masixoxe

Yini ekujabulisayo?

Yini ekujabhisayo?

Yini ekwenza wesabe?



Masibhale

Yini ekucasulayo?



Bhala kudayari mayelana nosuku ozizwe ngalo ujabulile. Chaza ukuthi kwenzekeni.

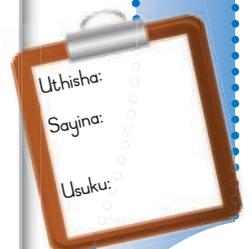
Dayari ethandekayo

Lined writing area for the first activity.

Bhala kwidayari ngosuku ozizwe ngalo ujabhile. Chaza ukuthi yini ekwenze wjabha.

Dayari ethandekayo

Lined writing area for the second activity.





6

Izinto engizithandayo

IThemu 1 – ISonto 3 – Ikhasi Lokusebenzela

Masibhale

Tshela iqembu lakho ukuthi yimuphi umsebenzi ojabulela kakhulu ukuwenza, bese ubhala amagama emisebenzi ezikhaleni ozinikiwe.

Blank pink note with two horizontal lines for writing.



Blank yellow note with two horizontal lines for writing.



ENGIJABULELA
UKUKWENZA

Blank purple note with two horizontal lines for writing.

Blank green note with two horizontal lines for writing.



Blank teal note with two horizontal lines for writing.

Blank light blue note with two horizontal lines for writing.

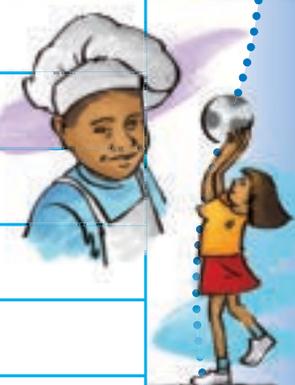




Masibhale

Manje sebezisa amagama owabhale ezikheleni ukubhala isigaba ngalokho ojabulela ukukwenza nokuthi kungani ukujabulela ukwenza le misebenzi.

Engijabula kakhulu uma ngikwenza



Masenze loku

Sebezisa inhlama yokudlala ukubumba ubuso obujabulile nobuso obudangele.



Masixoxe

Buza abangani bakho aba-5 ngalokho abathanda ukukwenza. Hlikihla ngombala esikheleni esifanele ngaso sonke isikhathi lapho besho umsebenzi abawuthandayo.

5					
4					
3					
2					
1					
	Ukucula	Ukufunda	Ukupenda	Umdlalo	Izibalo



Yimuphi umsebenzi othandwa kakhulu?





7

Imizwa

IThemu 1 – ISonto 4 – Ikhasi Lokusebenzela

Masixoxe

Bheka lezi zithombe bese usho ukuthi ungazisiza kanjani lezi zingane ukuthi zenze into efanele. Beka uphawu (✓) eduze kwempendulo efanele.

	Awukwazi yini ukubheka lapho uya khona?	
	O! Nxese! Awuthi ngikusize ukucosha lokhu!	
	Ohho! Nanti ibhola lakho!	
	Hamba uyodlalela kwenye indawo!	
	Okwami lokhu futhi ngeke ngikuphe.	
	Woza khona sizohlukaniselana ngoshokoledi.	

Masibhale

Benzani abangani abalungile?



Uma ngenza okungalungile, ngiyaxolisa.



Uma ngibona abangani bami bexakekile, ngiyabasiza.



Bhala okunye oku-4 abangani abalungile abakwenzayo.





Masixoxe

Buka lezi zithombe. Khuluma ngalokho okubona esithombeni ngasinye. Khetha sibe sinye usidlale njengomdlalo ukhombise okwenzekayo.



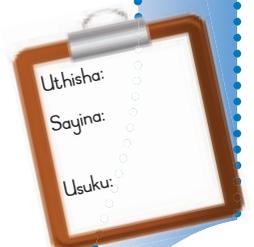
Manje bhala umdlalo ngesithombe osikhethile. Gcwalisa amagama abalingiswa kwikholamu lokuqala.



Masiphumele ngaphandle

Zama ukwenza okulandelayo.

- Gijima uzungeze inkundla. Uma uthisha wakho ethi "shintsha", jika bese ugijima ubheke ngakolunye uhlangothi.
- Manje shaya ibhola phansi futhi uhambe ubheke phambili.





8

Ngiyazihlola



Masibhale

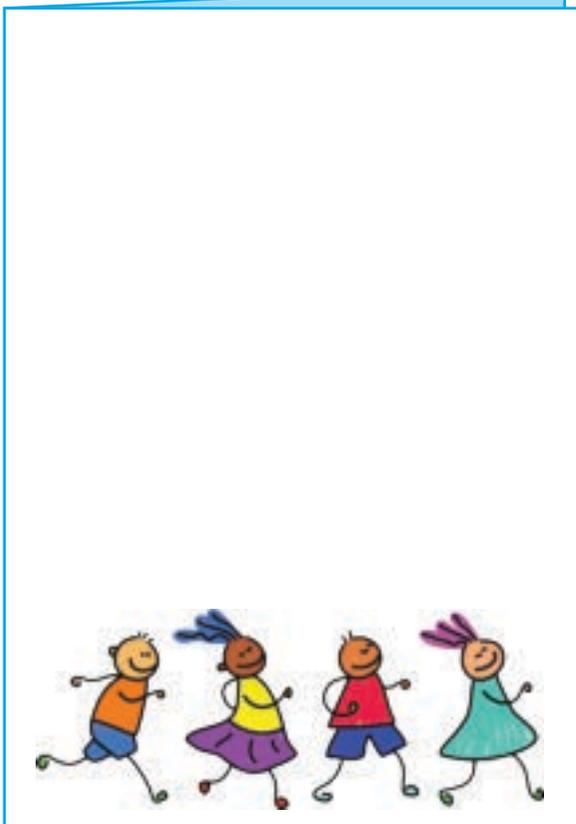
Beka uphawu (✓) noma (✗) eduze kwempendulo efanele.

	✓	✗
Yisho ukuthi wena unjani		
Ngingumngani olungile.		
Ngiyabakhathalela abangani bami.		
Nginobungani ezinganeni engifunda nazo.		
Izingane eziningi ekilasini lami ziyangithanda.		
Ngikhuluma kahle nabanye abantu.		



Masenze loku

Yenzela umuntu omthandayo ikhadi. Dweba isithombe ngemuva kwekhadi bese ubhala umyalezo ngaphakathi.







Masibhale

Dweba isithombe sabangani bakho noma sikathisha noma selungu lomndeni elibalulekile kuwena. Bhala amagama abo.



★ Abantu ababalulekile empilweni yami



Manje bhala incazelo yala bantu nokuthi kungani ucabanga ukuthi bakhethekile.



Ezempilo nosizo lokuqala

Masixoxe

Xoxa ngalokho okwenzeka kulesi sithombe.



Ingabe uyalazi ukuthi lihlala kuphi ibhokisi lesikole sakho losizo lokuqala? Yisho ukuthi lihlala kuphi. Lihlala

Wake waba nomongozima? Kufanele wenzeni uma uqala ukuphuma umongozima?

Okufanele ukwenze uma uphuma umongozima

1

Hlalela maphambili ugobise ikhanda.

2

Vala amakhala akho imizuzu emibili bese uphefumula ngomlomo.

3

Beka into ebandayo ngemuva emqaleni wakho njengethawula elimanzi noma iqhwa elembozwe ngethawula.

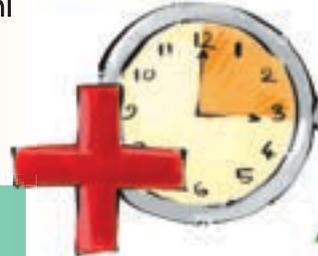
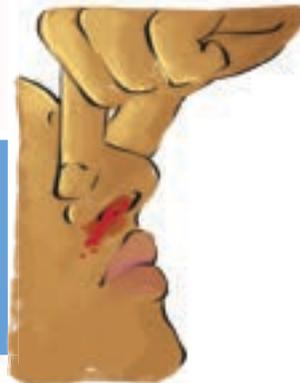
4

Ungafinyi uma umongozima usumile ukuphuma.

5

Uma ukopha kunganqamuki emizuzwini eyi-15, kufanele ubone udokotela noma umhlengikazi.

Yehlisa umoya.
Asikho isidingo sokutatazela.
Ukhumbule ukuthi akufanele uthinte igazi lomunye umuntu.



Ukusikeka



Masifunde

Asikwazi ukuwabona amagciwane kodwa wona agcwele yonke indawo. Uma kwenzeka sizisika kufanele sigcine isilonda sihlanzekile ukuze singangenwa amagciwane.



Masixoxe

Chazela abangani bakho ukuthi ihlanzwa kanjani ingozi yokusikeka. Batshengise ukuthi kwenziwa kanjani.

Indlela okuvinjelwa ngayo ukopha kolimele

Ungalingi uthinte igazi lomunye umuntu.

Uma usiza umuntu olimele ubohlala njalo ufake amaglavu.

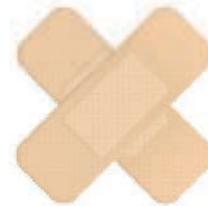
Nqamula ukopha ngokuphakamisa ingalo ibe ngenhla kwenhliziyo.

Zama ukumisa ukopha ngokubopha inxeba ngebhandishi elihlanzekile.

Uma inxeba lijulile futhi liqhubeka nokopha, kufanele ubone udokotela noma uye emtholampilo.

Bheka ukuthi iyiphi inombolo yocingo oluphuthumayo ongayishayela.

Inombolo yocingo: _____



Uthisha:

Sayina:

Usuku:



10

Ukusha

IThemu 1 – ISonto 5 – Ikhasi Lokusebenzela



Masifunde

Uma uthinta into eshisayo, uzokusha.
Kufanele wenzeni uma kuba khona umuntu oshayo?



Vulela amanzi abandayo lapho eshe khona imizuzu engaba yi-10.
Lokhu kusiza ukupholisa isikhumba.



Qaqa amabhandishi abophe isilonda sokusha. Uma indwangu
inamathele esikhumbeni, ungayisusi.



Kuyeke ukusha kuvulekile uqaphele ukuthi akubi sesimweni esibi.



Uma isilonda sokusha sijulile noma sisikhulu ukudlula intende yesandla
sakho kumele ubonane nodokotela masinyane.

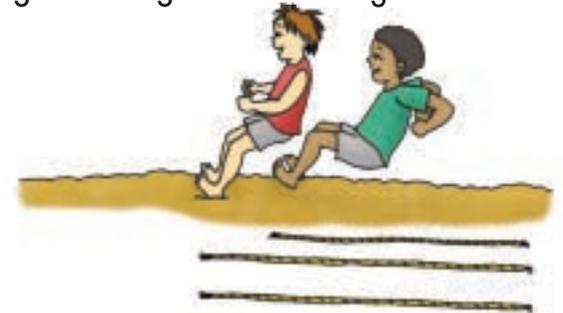
Gxumela phambili ibanga elide. Thatha izinti ezintathu
noma izintambo ezintathu. Emva kokugxuma phakathi
kwazo, vula izikhala ezibanzi wenzele ukuzehlukanisa
ukubona ukuthi ubani ogxuma ibanga elide kunabanye.



Masiphumele ngaphandle

Beka uphawu lokuthi ujomba
ubude obungakanani.

Bheka ukuthi angakwazi
yini umngani wakho
ukujomba akudlule.



Masiphumele ngaphandle

Yenza ibhala.
Shintshana nomngani
wakho ngokuba yibhala.



Shintshanani ngokushwiba
ingqathu ukuze abangane
bakho nabo bagxume.





Masixoxe

Kwenzekani kulesi sithombe?
Yikuphi okunye okungenza ukuba abantu bashe?

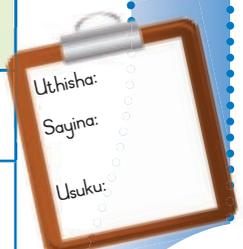


Bhala phansi imithetho ebalulekile uma kufanele usize:

Ukopha kwamakhala / Umongozima

Ukusikeka

Ukusha



Uthisha:
Sayina:
Usuku:





IThemu 1 – ISonto 6 – Ikhasi Lokusebenzela

11

Ukugcina umzimba uphephile



Masixoxe

Kufanele sinakekele imizimba yethu.

Siba nomuzwa wokuvuma uma sithanda okuthile futhi sifuna kuqhubeka.

Bese siba nomuzwa wokunqaba uma okuthile kungasijabulisi futhi sifuna kume kungaqhubeki.



Masibhale

Beka uphawu ✓ uma isithombe sibonisa umsebenzi wezokuphepha noma ubeke uphawu ✗ uma isithombe sibonisa umsebenzi ongenakuphepha. Manje bhala umusho ngezansi kwesithombe ngasinye ukusho ukuthi kungani isithombe siphephile noma singaphephile.







Angikuthandi.



Three horizontal lines for writing, corresponding to the illustration above.

Manje sewumuhle.



Three horizontal lines for writing, corresponding to the illustration above.

Ukuthi cha

Akuvamile ukuba lula ukuthi cha. Kodwa kufanele uthi cha uma omunye umuntu ekwenza ungakhululeki.

Uma kukhona umuntu owenza ube nomuzwa wokunqaba futhi ekwenza ungakhululeki, khulumisana nomuntu omdala omethembayo ngalokhu.



Masibhale

Khetha abantu aba-3 obathembayo bese uchaza ukuthi kungani ubathemba.



Bhala phansi uchaze ukuthi ungambikela kanjani umuntu omethembayo ngento embi ekwehlele.

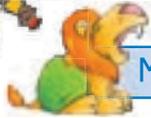


Three horizontal lines for writing, corresponding to the illustration above.



Ukuzinakekela

IThemu 1 – ISonto 6 – Ikhasi Lokusebenzela



Masixoxe

Bhekisisa lezi zithombe. Bheka ukuthi ungakwazi yini ukuxoxa ngendaba ekulesi sithombe. Civalisa ibhamuza lokugcina lenkulumo.

Woza, ngizokuyisa esitolo.



Cha, ngiyekele!



Kwenzekeni?



Blank writing area with horizontal lines.



Masixoxe

Chaza ukuthi intombazana yaphatheka kanjani, yenzani, nokuthi ungenzanjani uma ungaba sesimweni esifanayo.



Masibhale

Bhala imithetho emihlanu yokuphepha, iqale yonke ngokuthi:

Abantwana akumele nakanye ...

Handwriting practice area with a decorative top border and five horizontal lines for writing.



Masenze loku

Yenza imaski ukutshengisa imizwa yakho.

Uthanda ukuthi imaski yakho ikhombise miphi imizwa?

Dweba ephepheni.

Sika.

Sika amehlo.

Hlobisa ngephepha elimibalabala.



Masiphumule ngaphandle

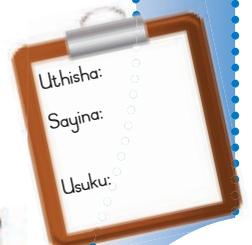
Zilungiselele umjaho.

Guqa endaweni efanele yokuqala.

Lalela uma uthisa ethi:

“Guqani! Lindani! Sukani-ke!”

Bese ubeka into ezophazamisa endleleni.



Uthisha:

Sayina:

Usuku:



Ukugcina umzimba wami uphilile



Masixoxe

Sonke sifanele ukugcina imizimba yethu iphile kahle.

Yini eyenziwa yilezi zingane ukugcina imizimba yazo isesimweni esifanele?



Yiziphi ezinye zezinto ezingenampilo ezenziwa ngabantu?

Uthi bewazi nje ukuthi ukubhema kuyinto embi emizimbeni yethu?

Uthi bewazi ukuthi uma umuntu ebhema eduze kwakho akuwulungele umzimba wakho?

Kuyilimaza kanjani imizimba yethu ukubhema?



Masibhale

Beka uphawu ✓ eduze kwesitatimende ukutshengisa ukuthi yikuphi okuyiqiniso nophawu ✗ ukutshengisa ukuthi yikuphi okungesilo iqiniso.

	Ugwayi unambitheka kamnandi
	Uma ngihlala eduze komuntu obhemayo lokhu kungalimaza umzimba wami.
	Ukubhema kungenza amazinyo akho abe phuzi.
	Ukubhema kudala izifo zomlomo.
	Ungazithola unokukhwehlela okubi uma ubhema.
	Ukubhema kudala isifo somdlavuza.



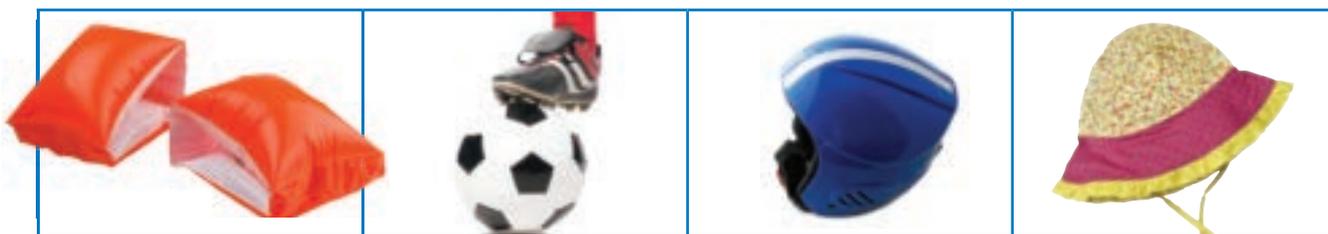
Imithetho yezempilo

Kufanele ngixubhe amazinyo ami emva kokudla nangaphambili kokuba ngilale. Kufanele ngikame izinwele zami ngaphambi kokuya esikoleni. Kumele ngigcine izinzipho zami zimfushane futhi zihlanzekile. Kufanele ngigeze izandla emva kokuya endlini encane nangaphambili kokuthinta ukudla. Kufanele ngilahle amathishu angcolile emgqonyeni wezibi.



Ukuzijabulisa

Kufanele bagqokeni ukuzivikela? Qondanisa izithombe ngokudweba umugqa usuke ezithombeni ezisohlwini olungenhla uye ezithombeni ezifanele ohlwini lwezithombe ezingezansi.



Ukuzijabulisa



Yiba nomdlandla udlale umdlalo wekhilikithi.

Uthisha wakho uzodlala umculo. Wulalele bese ngemva kwalokho udlala isigqi somculo ngomunwe edeskini lakho.





14

Amalungelo kanye nokulindeleke kimi

IThemu 1 – ISonto 7 – Ikhasi Lokusebenzela



Masifunde

Ngesinye isikhathi izingane kufanele zisize imindeni yazo emisebenzini yasekhaya.

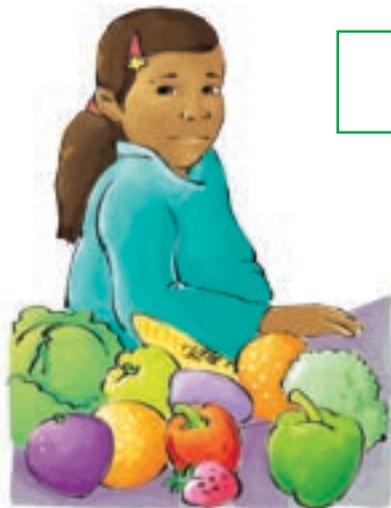
Kodwa akufanele ukuba izingane zisebenze kanzima njengabantu abadala.

Izingane kufanele zibe nesikhathi sokudlala nokuya esikoleni.



Buka lezi zithombe. Beka uphawu ✓ emisebenzini elungele izingane.

Bhala umusho ngezansi kwesithombe ngasinye bese usho ukuthi kungani ucabanga ukuthi umsebenzi uzilungele noma awuzilungele izingane.



UZinhle udayisa izitshalo usuku lonke, akakwazi ukuya esikoleni.



ULungi uchelela ingadi yezitshalo ngemuva kwesikole.





 <div data-bbox="616 290 736 396" style="border: 1px solid green; width: 69px; height: 47px; margin-left: 10px;"></div> <p data-bbox="239 573 743 682">UThemba uthwala izitini ngoba usebenzela umakhi.</p>	 <div data-bbox="1270 281 1390 387" style="border: 1px solid green; width: 69px; height: 47px; margin-left: 10px;"></div> <p data-bbox="951 573 1315 682">UJabu noBongi basiza ngokugeza izitsha.</p>



Masixoxe

Yimiphi imisebenzi oyenza ekhaya?

Yiziphi izinto ozenza esikoleni ukusiza uthisha wakho?



Masiphumele ngaphandle

Yenza umdlalo wokulingisa ngaphandle kokukhuluma kube wumdlalo olingisa ukwenza imisebenzi eyehlukahlukeni. Iqembu lakho kumele liqagale ukuthi wenza msebenzi muni.



Hlanganisani imilenze ngentambo, bese nigijjima.





Zilolonge ngokukhahlela ibhola lezinyawo. Bheka ukuthi ungalikhahlela ibanga elingakanani ibhola.





15

Amalungelo kanye nokulindeleke kimi

IThemu 1 – ISonto 8 – Ikhasi Lokusebenzela



Masixoxe

Tshela umngani wakho ukuthi lezi zingane zephula mphi imithetho.

Zonke izikole zinemithetho ukuze zihambise ngendlela efanele. Igumbi lokufundela ngalinye linemithetho okufanele ilandelwe.





Masibhale

Bhala imithetho emine yekilasi lakho.



A large spiral-bound notebook with several blank lines for writing.



Masixoxe

Funda lawa malungelo nokulindekile bese uxoxa nomngani wakho ukuthi kusho ukuthini ngakunye.

AMALUNGELO KANYE NOKULINDELEKILE ENTSHENI YASENINGIZIMU AFRIKA

<p>Ilungelo lokulingana</p> <p>Phatha bonke abantu ngokufanayo nangokwamukelekayo. Ungacwasi.</p>	<p>Isithunzi sobuntu</p> <p>Kumele uhloniphe wonke umuntu. Yiba nomusa ube nokunakekela.</p>	<p>Ilungelo lokuphila</p> <p>Impilo ibalulekile. Hlonipha konke okuphilayo.</p>	<p>Umndeni</p> <p>Hlonipha abazali abakho. Yiba nomusa wethembeke emalungwini omndeni.</p>
<p>Imfundo</p> <p>Iya esikoleni ufunde futhi, usebenze kanzima ekufundeni kwakho. Hlonipha imithetho yesikole.</p>	<p>Ilungelo lokusebenza</p> <p>Siza umndeni wakho ekhaya ngayo yonke imisebenzi. Abantwana kumele bavikeleke ekusetshenzisweni bebancane.</p>	<p>Ilungelo lokukhuleleka nokuvikeleka</p> <p>Ungalimazi, ungahlukumezi kumbe wesabise abanye abantu, ungabavumeli nabanye abantu ukuthi bakwenze lokhu. Xazulula ingxabano ngokuthula.</p>	<p>Ilungelo lobunini-mpahla</p> <p>Hlonipha impahla yabanye abantu. Ungalimazi impahla futhi ungantshontshi.</p>
<p>Ilungelo leNkolo, ukuKholwa neMibono</p> <p>Hlonipha inkolo nemibono yabanye abantu.</p>	<p>Ukuphepha</p> <p>Vikela umhlaba. Ungasaphazi amanzi umoshe ugesi. Vikela izilwane nezitshalo. Gcina ikhaya lakho namakhaya omphakathi ehlanzekile futhi ephaphile.</p>	<p>Ilungelo lokuba yisakhamuzi</p> <p>Yiba yisakhamuzi saseNingizimu Afrika esethembekile. Hlonipha imithetho, uqiniseke ukuthi nabanye abantu benza kanjalo.</p>	<p>Ukukhuluma ngokukhuleleka</p> <p>Ungawandisi amanga nenzondo. Qiniseka ukuthi abanye bantu abedelelwa, ayilinyazwa futhi imizwa yabo.</p>





16a
 IThemu 1 – ISonto 8 – Ikhasi Lokusebenzela

Izinsuku zenkolo nezinye ezibalulekile



Masixoxe

Khetha eyodwa yezinkolo ezintathu. Thola ulwazi olwanele ngayo. Lungisa ingxoxo ozoyenza eklasini. Uzame futhi nokuletha izincwadi noma izithombe ukuchaza ingxoxo yakho.



amaHindu



ama-Islamu



Inkolo yobuJuda



amaKhrestu

Kufanele sihloniphe abantu bezinkolo ezahlukahlukene.

Iyiphi inkolo yakho? _____

Iyiphi inkolo yomngani wakho omkhulu? _____



Ngiyazihlola

16b



Masibhale

Gcwalisa lolu qwembe ngawe.

Igama lami _____

Isibongo sami _____

Usuku lwami lokuzalwa _____

Ibanga lami lesikole _____

Isikole sami _____

Inombolo yami yocingo _____

Ikheli lami _____

Inombolo ephuthumayo _____

Umdlalo engiwuthandayo _____

Umbala engiwuthandayo _____

Umngani wami omkhulu _____

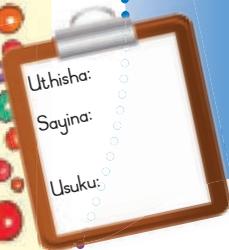
Okungijabulisayo _____

Okungijabhisayo _____

Okungicasulayo _____

Engikwazi ukukwenza kahle _____

IThemu 1 – ISonto 8 – Ikhasi Lokusebenzela



Uthisha:

Sayina:

Usuku:

Ukudla ngendlela enempilo



Masixoxe

Buka ukudla ngakunye kula maqoqo bese ukhuluma nomngani wakho ngalokhu okulandelayo:
Yikuphi ukudla okuseqoqweni ngalinye?
Kungani iqoqo ngalinye lokudla liyimpilo kithi?

Amaphrotheni

Amaphrotheni akha izicubu zomzimba yethu ukuze imizimba yethu ikhule.



Amavithamini

Amavithamini kanye namaminerali kusiza imizimba yethu ukuthi ilwe nezifo futhi ihlale iphilile.



Masiphumele ngaphandle

Cela uthisha wakho ukuthi akukhombise ukudlala umdlalo wokudlulisa umlayezo (broken telephone)
Emva kwalokhu zilolonge ngokuphonsa ibhola.

Amakhabhohayidrethi

Lezi zinhlobo zokudla zisinika amandla.



Imikhiqizo yobisi

Imikhiqizo yobisi yenza amathambo ethu aqine ikakhulukazi uma sisebancane amathambo ethu esakhula.



Masibhale

Yenza uhlu lwakho konke ukudla okudle izolo. Ohlwini lokugcina, shono ukuthi ukudla kungabe kungamaprotheni, amakhabhohayidrethi, izithelo noma izitshalo.

Ukudla engikudle izolo	Uhlobo lokudla



Izindlela esidla ngazo



Masixoxe

Buza abangani bakho ukuthi badlani. Kubuke lokho kudla okwehlukahlukene bese ubeka uphawu (✓) kulokho okuthandayo, ubeke uphawu (✗) kulokho kudla ongakuthandi.

Gcwalisa amagama amalungu eqembu labangani bakho.





Masibhale

Buka ithebula oligcwalisile bese uphendula imibuzo elandelayo.

Yikuphi ukudla abangakuthandi kahle abangani bakho?

Ucabanga ukuthi abangani bakho badla ngendlela enempilo?

Ukusho ngani lokho?



Masizijabulise

Cela uthisha wakho ukuba akubonise ukuthi ungawudlala kanjani umdlalo wokudlulisa umyalezo (broken telephone)

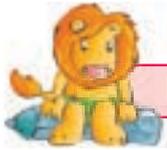




Masibhale

Yenza uhla lwezinhlobo zokudla okumele sikudle nsuku zonke.

Yini esifanele ukuyigwema?
 Usawoti omningi ngoba ungenza ukuba sibe nokuphakama komfutho wegazi uma sesibadala.
 Ushukela omningi ngoba ungasibangela isifo sikashukela uma sesibadala.
 Ushukela omningi wenza futhi ukuba umuntu abe nesisindo somzimba eseqile kwesifanele.
 Ukuphuza unemenayidi omningi, amakhekhe kanye namashipsi.



Masibhale

Bhala indlela yokupheka ukudla okuthanda kakhulu.



Indlela yokupheka _____

Ngidinga ziphi izithako?	
Kufanele ngilandele yiphi indlela?	

Utshisa: _____
 Sayina: _____
 Usuku: _____



19

Ukudla ngendlela enempilo

IThemu 2 – ISonto 2 – Ikhasi Lokusebenzela



Masibhale

UThabo noNomsa baya esitolo sokudla esibizwa nge-Sunshine. Badinga ukudla abazokupheka ntambama. Basize bakhe uhlu lokudla okunempilo.



Masiphumele ngaphandle

Shintshanani ngokushwiba ingqathu ukuze abangani bakho nabo bagxume.





Masibhale

Bhala into ngayinye ulandelise ngenani lentengo yayo ohlwini lwezinto zokuthengwa ngezansi. Bakukhokhele malini oThabo benoNomsa ukudla abakuthengile?

UHLU LWEZINTO EZIZOTHENGWA **AMANANI**



Masibhale

Kunempilo kangakanani ukudla okudlayo? Faka umbala ebusweni ngabunye obunokudla okunempilo.

Indlela engidla ngayo mina

	Yebo	Cha
Ngivame ukudlela phambi kweTV.		
Ngithanda izithelo nemifino.		
Ngithanda ukudla okunamafutha njengamashipsi.		
Angiwathandi amanzi, ngithanda iziphuzo ezibandayo.		
Angithandi ukudla imifino.		
Ngikuhlafuna ngendlela efanele ukudla.		
Ngidla isidlo sasekuseni ngaphambi kokuya esikoleni.		

Bala imidwebo yobuso obuhlekayo obufake imibala. _____

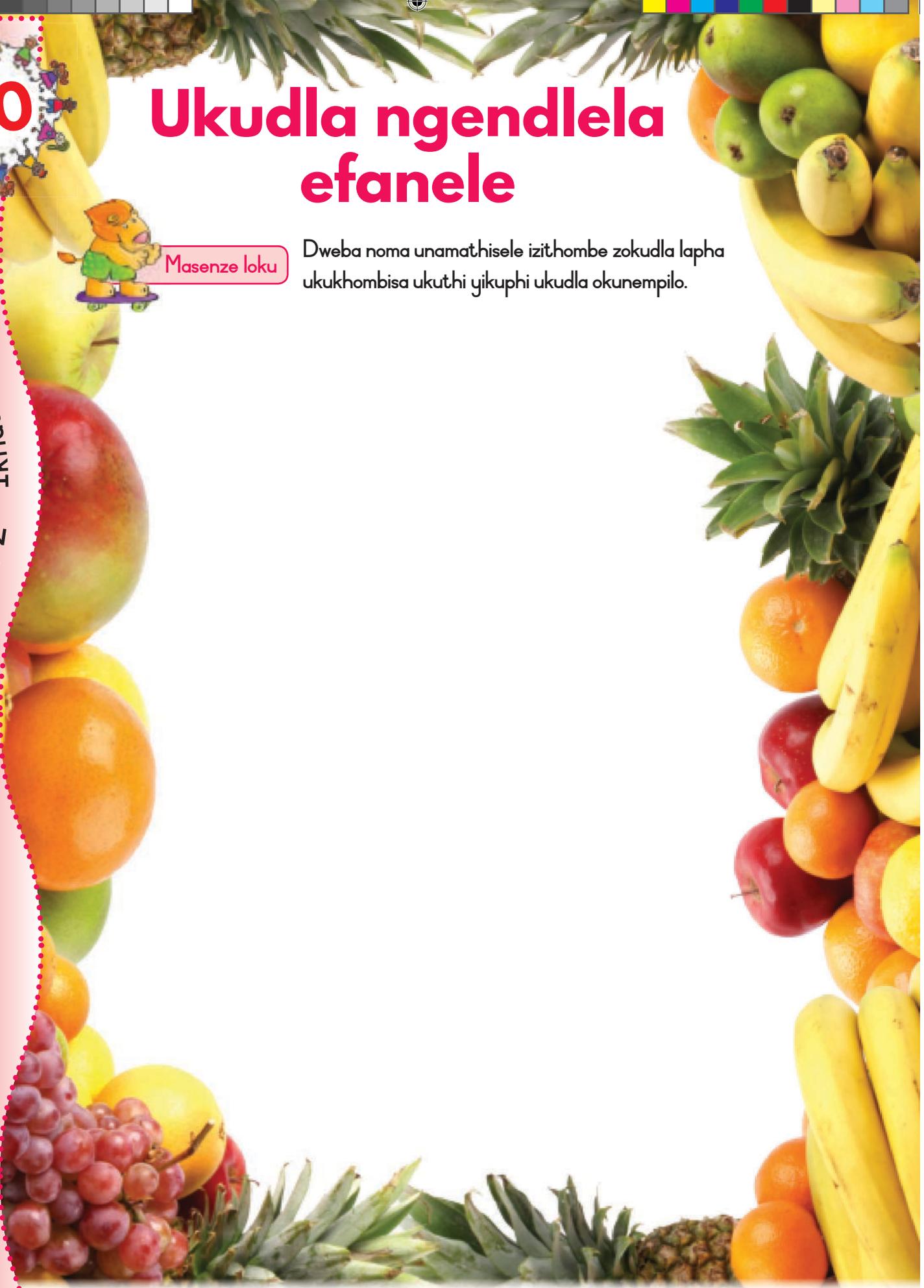


Ukudla ngendlela efanele



Masenze loku

Dweba noma unamathisele izithombe zokudla lapha ukukhombisa ukuthi yikuphi ukudla okunempilo.





Masifunde

Imithetho yokudla kahle

Hlanza izandla njalo ngaphambi kokuthinta ukudla.

Ungalingi ushiye ukudla kungamboziwe.

Akufanele udle ukudla okudala noma okubolile. Sebenzisa amakhasi emifino ukwakha imvundela yesivande.

Tshala imifino yakho.



Masenze loku

Dweba isithombe ukhombise owodwa wemithetho.



Uthisha:

Sayina:

Usuku:

Izinambuzane



Masixoxe

Khuluma ngezingxenye ezahlukene zomzimba wezinambuzane.

Izinambuzane zinezingxenye ezintathu emizimbeni yazo: ikhanda, ingenhla lomzimba kanye nengezansi lomzimba.

Zinemilenze eyisithupha kanye nezimpondo ezimbili.



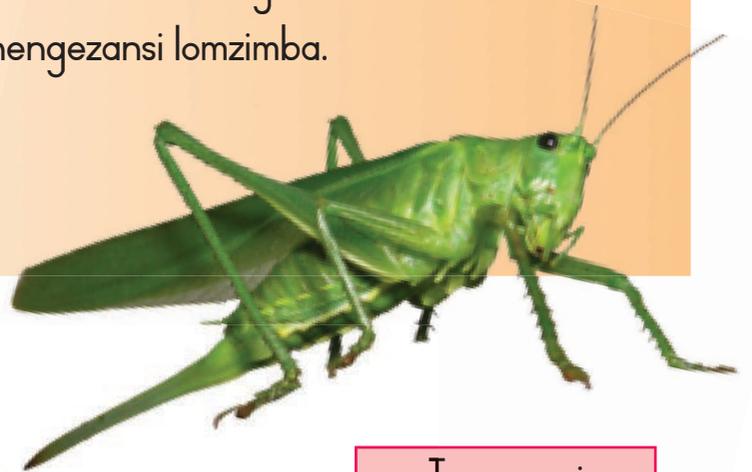
Masenze loku

Dweba umugqa usuke kulebuli uye engxenyeni efanele yomzimba wesinambuzane.

Umlenze

Ingenhla lomzimba

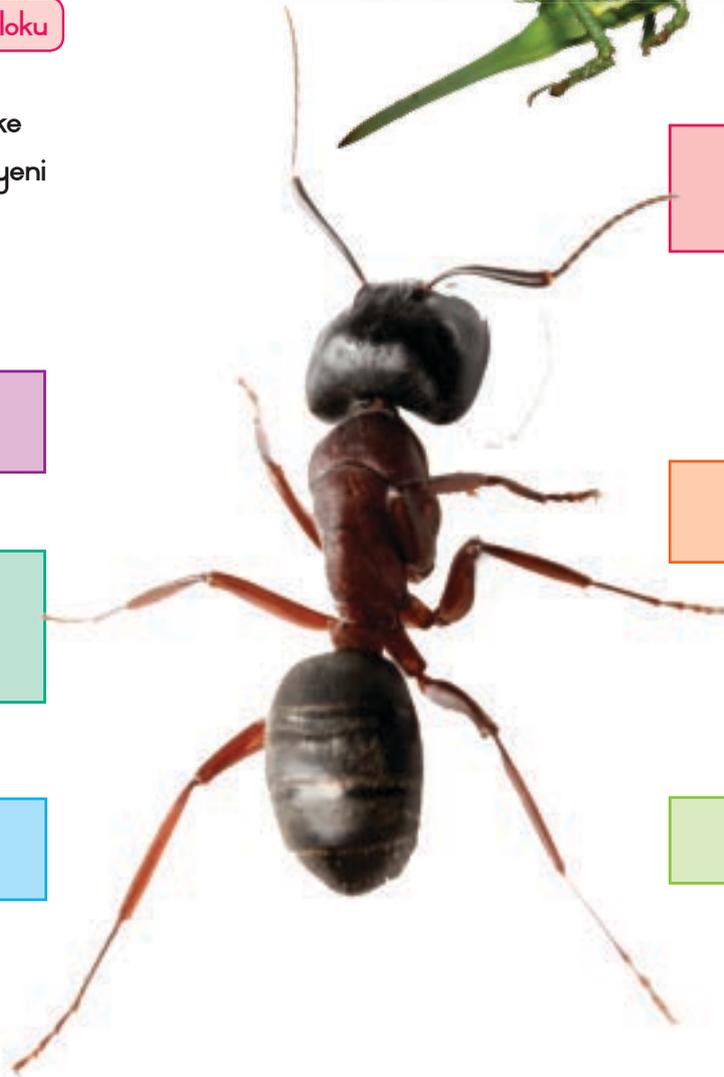
Ikhanda



Ingezansi lomzimba

Ihlo

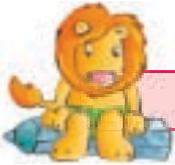
Uphondo



Masiphumele ngaphandle

Yenza umsindo ofana nowenyosi, ndiza njengovemvane bese ugxuma njengentothoviyane. Manje usuwulungele umdlalo webhola lezinyawo!

Usuku:



Masibhale

Dweba umugqa ukuqondanisa igama ngalinye nesinambuzane esifanele. Yisho ukuthi yiziphi izinambuzane eziyingozi neziwusizo.



Inyosi



Umiyane

Impukane

Intuthwane

Intethe



Uvemvane

Ibhungane



Ibhu



Masibhale

Gcwalisa izikhala ngamagama ezinambuzane ezingenhla.

_____ zakha uju.

_____ zidlulisa imbewu ezimbalini.

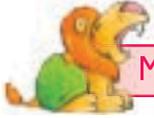
_____ zandisa umalaleveva.

_____ zandisa izifo.

_____ zidla izitshalo.



Okunye ngezinambuzane



Masixoxe

Buka lezi zithombe bese uxoxela umngani wakho ukuthi kungani izinyosi ziwusizo kithina.



Izinyosi zidlulisa imbewu ezimbalini. Lokhu kusiza izithelo ukuthi zikwazi ukukhula.



Izinyosi zakha uju.



Masibhale

Bhala igama lesinambuzane ngasinye esikhaleni esibekiwe.



Lokhu _____
kumunca inektha embalini.



_____ inemilenze yangemuva
eqinile eyenza ukuba ikwazi ukugxuma.



_____ zisebenzisa
izimpondo ukudlulisa umlayezo.

_____ luhambisa imbewu ezitshalweni.



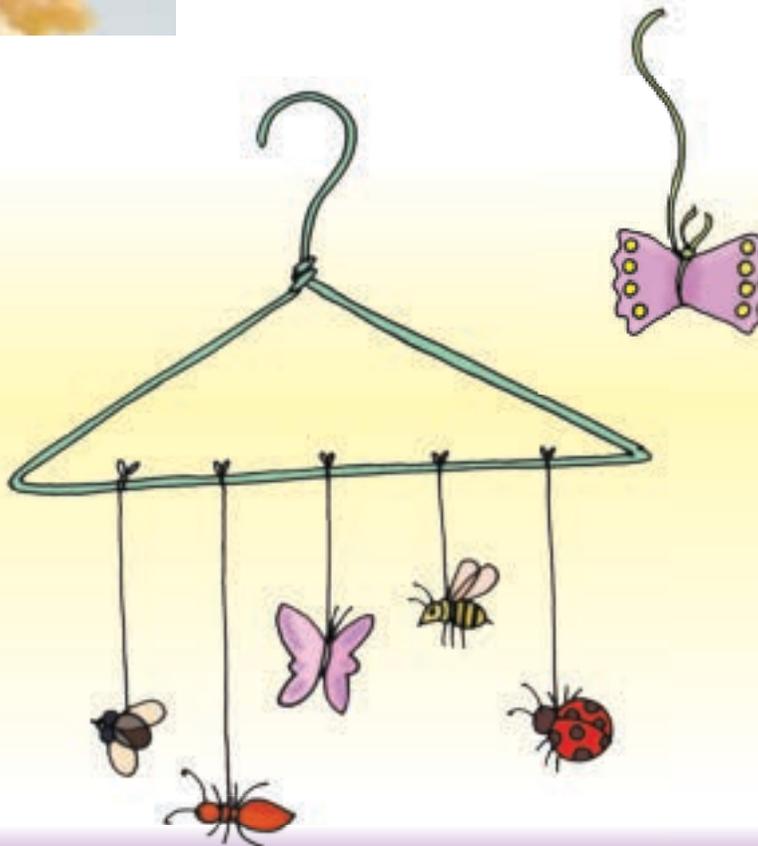
_____ yandisa amagciwane.



Masenze loku

Akha isinambuzane esinyakazayo.

- Sika izinambuzane ekhasini lezinto ezisikwayo ngemuva encwadini.
- Kulengise lokhu ehengeni yezingubo.





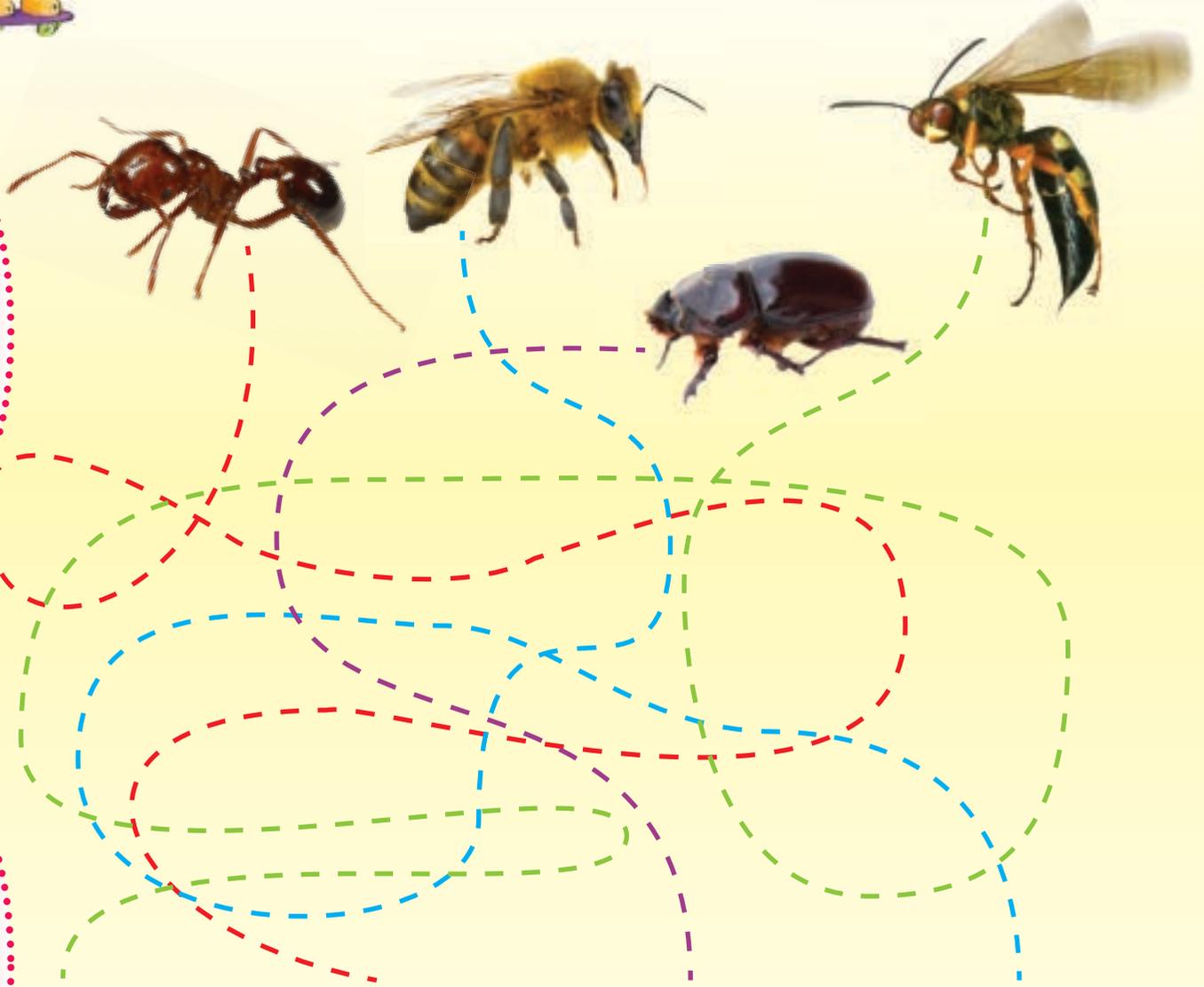
23

Amakhaya ezinambuzane

IThemu 2 – ISonto 4 – Ikhasi Lokusebenzela

Masenze loku

Landela intambo uze uthole ukuthi isinambuzane ngasinye sihlalaphi.



46

Usuku:





Masenze loku

Zungeza isikole uthole ukuthi kunezinhlobo ezingaki zezinambuzane ongazithola.



Masibhale

Yiziphi izinambuzane ozibonile ngaphandle? Khetha esisodwa ubhale igama laso lapha.



Luhlobo luni lokudla okudliwa yizinambuzane lesa?



Kungabe lesi sinambuzane sihamba kancane noma siyashesha?

Ingabe isinambuzane sakho sinosizo na? Kungani usho njalo?

Siyingozi kanjani isinambuzane sakho? Yini ongayenza uma sikulimaza?



Ukuzijabulisa

Manje zakhele futhi udwebe isinambuzane sakho bese usipha negama.



Masenze loku

Khombisa izinto ozenzile

Yakha uvemvane lwakho

Uzodinga: iphepha eliwu-A4

.Amakhilayoni anamafutha

Isikele

Okokunamathisela

Okokuhlanza ipayipi

Igobolondo lephepha lasendlini encane



Dweba uvemvane ukhombise umzimba walo ozacile omude onezimpiko ezimbili. Hlobisa izimpiko zovemvane lwakho ngamaphethini emibala engafani. Qiniseka ukuthi zombili izimpiko zihlobiseke ngendlela efanayo. Sika uvemvane lwakho ulunamathisele egobolondweni lwephepha lasendlini encane. Gobisa isihlanzi sepayipi wakhe ngaso izimpondo zovemvane. Namathisela izimpondo ekhanda lovemvane.





Masiphumele ngaphandle

Zama ukudlala le midlalo.



Isiteshi soku-1:

Ibhola lomnqakiswano: Gxuma njengebhola ugijime uye le nale.



Isiteshi sesi-2:

Ihokhi: Sebenzisa induku yehokhi ukushaya ibhola uye nalo emapalini.



Isiteshi sesi-3:

Ibhola lomnqakiswano: Gxuma njengebhola uye kumngani wakho ugijima.



Isiteshi sesi-4:

Ibhola lombhoxo: Gijima nebhola uliphonsele omunye nomunye wenu.



Isiteshi sesi-5:

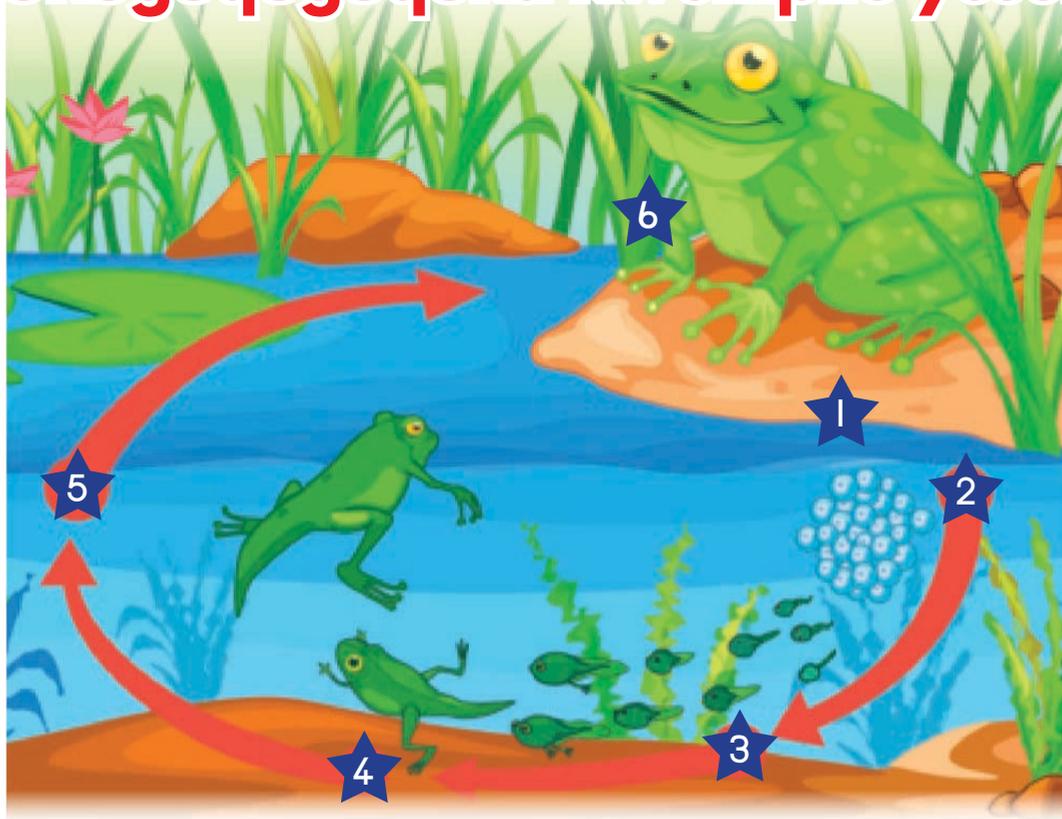
Ibhola lezinyawo: Enza sengathi udlulisa abadlali uye nebhola emapalini.



Ukuguquguquka kwempilo

Ukuguquguquka kwempilo kukhombisa izigaba ezahlukene zokukhula. Izigaba zilandela indlela ethile. Buka ukuguquguquka kwempilo yesele novemvane bese ukhuluma ngezigaba ezahlukene impilo edlula kuzo.

Ukuguquguquka kwempilo yesele



Masixoxe

Buka izithombe ezilandelayo bese uxoxela umngani wakho ukuthi isele liguquguquka kanjani empilweni yalo.

- 1 Amasele amabili ayahlangana ukuze kwakheke amaqanda.
- 2 Isele lesifazane lizalela amaqanda.
- 3 Onoshobishobi bayachanyiselwa. Unoshobishobi uba nezimbobo zokuphefumula kanye nesisila.
- 4 Unoshobishobi umila imilenze.
- 5 Umsila uyaqala ukunyamalala .
- 6 Isele eselikhulile limila amaphaphu zinyamalale nezimbobo zokuphefumula.

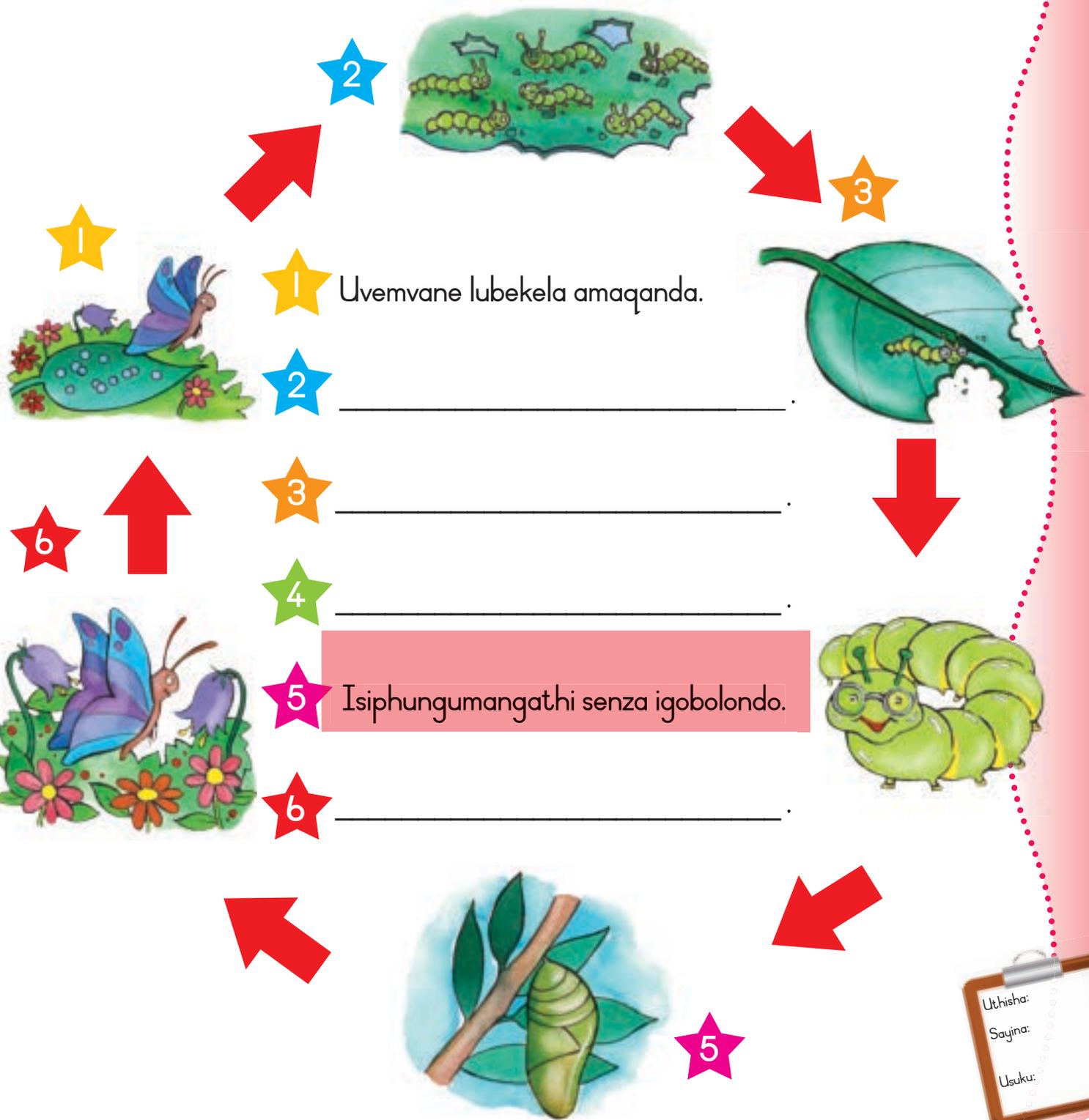


Masenze loku

Buka-ke manje izigaba zokukhula kovemvane. Gcwalisa lokho okwenzekayo kwisimo ngasinye ezigabeni zokukhula kwayo. Sikunikezile izibonelo zezigaba ezimbili.



Ukuguquguquka kwempilo yovemvane

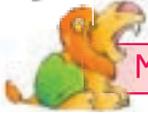




26

Ukuguquguquka kwempilo yechwane lenkukhu.

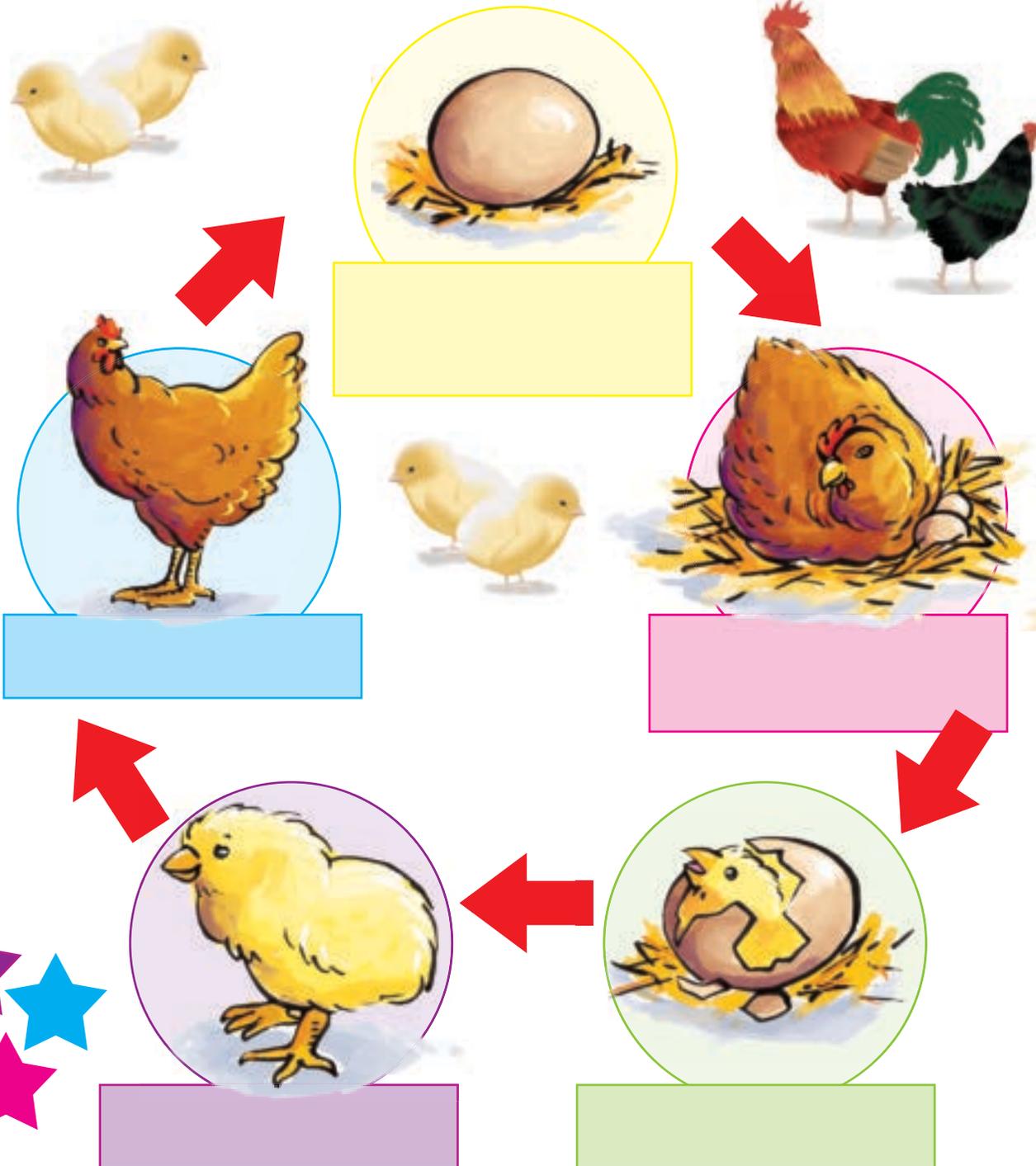
IThemu 2 – ISonto 5 – Ikhasi Lokusebenzela



Masixoxe

Buka izithombe ukhulume nomngani wakho mayelana nokuguquguquka kwempilo yechwane lenkukhu. Manje bhala usho ukuthi kwenzekani esigabeni ngasinye.

Ukuguquguquka kwempilo yechwane lenkukhu





Masenze loku

Yenza okwakho ukuguquguquka kwempilo.

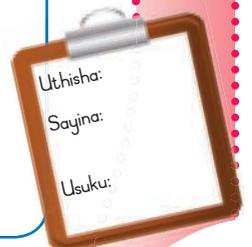
Lebula isithombe ngasinye endabeni eyisondo ukuveza ukuguquguquka kwempilo yekati. Sebenzisa izihloko ezilandelayo.

Nikeza izigaba izinombolo 1 – 4 bese uzisebenzisa ukwakha isondo lalezi zigaba.

	Kuzalwa ikati elincane.		Ikati elikhulile.
	Umama wekati ukhulelwa amasonto ayisi-9.		Umama wekati uyabancelisa abantwana bakhe.

Ukuguquguquka kwempilo yekati

The puzzle consists of four panels arranged in a 2x2 grid. The top-left panel shows a tortoiseshell cat lying down. The top-right panel shows a small grey tabby kitten sitting. The bottom-left panel shows a larger grey tabby cat sitting. The bottom-right panel shows a tortoiseshell cat lying down with a small grey tabby kitten in front of it. Red curved arrows indicate the sequence of moves: from the top-left panel to the top-right panel, from the top-right panel to the bottom-right panel, from the bottom-right panel to the bottom-left panel, and from the bottom-left panel back to the top-left panel.



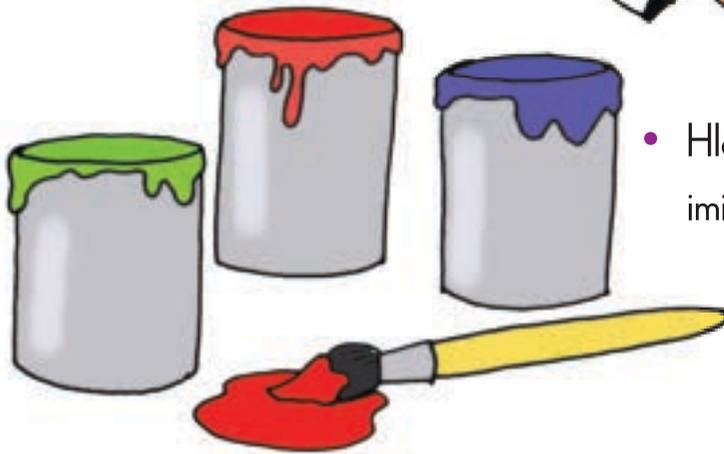
Isilwane esingumngani wami

Masenze loku Yenza imaski yesilwane sakho.

Udinga iphepha eliwu-A4
Ipensela
Upende oyimpuphu kanye namanzi
Okokuhlansa izindlebe



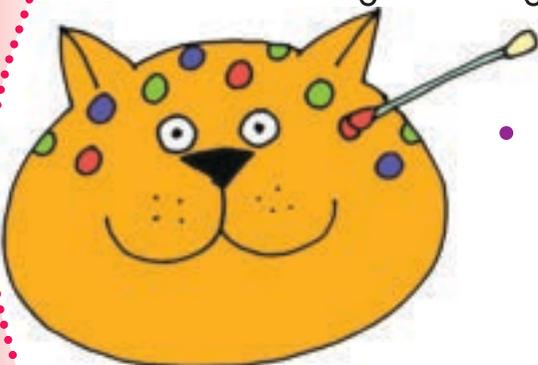
- Dweba ubuso bekati ephepheni.



- Hlanganisa uxube upende ukwenza imibala emithathu ehlukene.

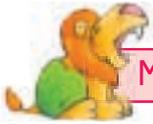


- Sebenzisa lokhu esihlanza ngakho izindlebe ngombala ngamunye.



- Enza amachashazi ukhlobisa ubuso bekati.





Masixoxe

Chazela umngani wakho ngesilwane esiwumngani wakho noma esiwumngani womunye umuntu omaziyo.



Masenze loku

Dweba izinto ezi-4 ozidinga ukunakekela isilwane sakho. Sewungabhala isihloko semidwebo yakho ngezansi.

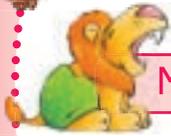
Empty rectangular box with a pink border and a horizontal line at the bottom for writing.

Empty rectangular box with a green border and a horizontal line at the bottom for writing.

Empty rectangular box with an orange border and a horizontal line at the bottom for writing.

Empty rectangular box with a purple border and a horizontal line at the bottom for writing.





Masixoxe

Buka lawa maphosta ukhulume nabangani bakho ngokuthi amaphosta athini.

Buka ilogo yokusetshenziswa kwezinto kabusha. Uke wayibona kuphi ilogo efana nalena?



Sicela usisebenzise kabusha!



Yenza lokhu ngaphandle

Ungawuqamba yini umdanso usebenzisa amahuphu namaribhini?





Masifunde

Yini esingayenza ukugcina izindawo zethu zihlanzekile?

Sidinga ukukhumbula izinhlamvu ezi-3 ezibalulekile okungu-**NPS**.

Nciphisa: Kumele sinciphise izinto esizilahlayo.



Phindelela: Kumele sisebenzise ngokuphindelela izinto eziningi ngaphambi kokuthi sizilahle.

Sebenzisa kabusha: Sidinga ukuthola izindlela zokuphinde sisebenzise kabusha amaphepha, amabhodlela kanye namathini / ukwakha izinto ezintsha.



Masibhale

Ethebuleni ngezansi, bhala amagama ezinto ongaphinde uzisebenzise ukwakha izinto ezintsha. Sikwenzele isiqalo sohlu.



Sebenzisa kabusha ingilazi	Sebenzisa kabusha iplastiki	Sebenzisa kabusha amaphepha	Yenza imvundela / umquba
Amabhodlela amadala	Izikhwama zeplastiki	Amaphephandaba	Amakhasi emifino



Masibhale

Ukuphinde usebenzise izinto ukwakha okusha

Dweba umugqa usuke entweni ngayinye kwesokunxele uye entweni ekwesokudla ukukhombisa ukuthi zingasetshenziswa kanjani zibe wusizo.



Manje zakhele futhi udwebe okuthile ongakwenza ngezinto esezike zasebenza.

Dweba isithombe sento yakho.

Igama lokuthile / lento
Yenziwe nge



Masibhale

Zama ukukhumbula izinto ezingenza imvundela / umquba. Bhala amagama angezansi ezikhaleni ezifanele ukuqedela ithebula. Ungazicabangela ezinye izinto zakho uzilandelanise ngokwezikhala ezenziwe ngezansi.

amabhodlela amadala

izikhwama zeplastiki

izipikili

amathini eziphuzo

amagobolondo amaqanda

Izinto ezingaboli	Izinto ezibolayo

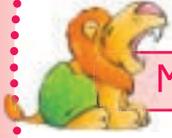


Masenze loku

Yenza iphosta ukuvimbela ukungcolisa ngodoti. Dweba isithombe bese ubhala umlayezo.



Izinsuku zenkolo nezinye ezibalulekile



Masixoxe

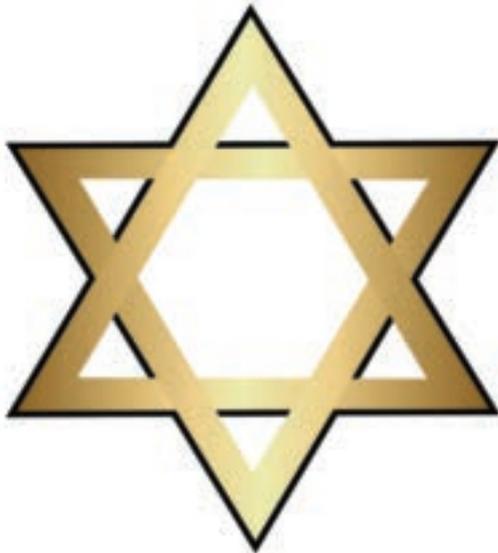
Khuluma nomngani wakho mayelana nezimpawu ezisetshenziswa yizinkolo ezithile. Yisho ukuthi yiluphi uphawu olusetshenziswa yizinkolo ezahlukene. Uma ungaluboni uphawu, ludwebe bese ukhombisa umngani wakho.



Isiphambano ngesamaKhrestu. UKhrestu owasifela ezonweni.



Inyanga ewucezu kanye nenkanyezi wuphawu lwamaSulumane.



Uphawu lwamaJuda yiNkanyezi kaDavide. INkosi uDavide wayebusa ama-Israyeli.



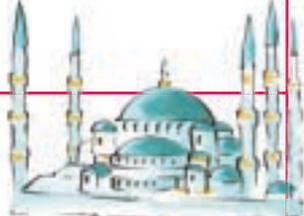
OlwamaHindu uphawu lubhalwe ngolimi oludala lwaseNdiya olwaziwa nge-Devanagari.

Izindawo zokukhonza



Masenze loku

Dweba umugqa ukuqondanisa inkolo nendawo yayo yokukhonzela. Bhala igama lesakhiwa ngaphansi kwesithombe ngasinye.

ithempeli	isinagoge	imoskhi	isonto
Inkolo	Indawo yokukhonzela		
Ubu-Islamu			
UbuHindu	<input type="text"/>	<input type="text"/>	
ubuKhrestu		<input type="text"/>	
UbuJuda	<input type="text"/>		<input type="text"/>



Masenze loku

Buza abangani bakho aba-4 ukuthi yiluphi uphawu olukhombisa uhlobo lwenkolo yabo. Lubhale eduze kwegama.

Igama lomngani	Uphawu lwenkolo yakhe



Uthisha:
Sayina:
Usuku:

IThemu 2 – ISonto 8 – Ikhasi Lokusebenzela



ISITIFIKETI

Sokuphothula ibanga lesi-3

Incwadi yoku-1 Amakhono Empilo

siklonyeliswa u-

Gcwalisa igama lakho.

Usuku _____

Uthisha _____



Isichazamazwi sami

A
a

G
g

B
b

H
h

C
c

I
i

D
d

J
j

E
e

K
k

F
f

L
l





Isichazamazwi sami

M
m

Blank writing lines for the letter M.

S
s

Blank writing lines for the letter S.

N
n

Blank writing lines for the letter N.

T
t

Blank writing lines for the letter T.

O
o

Blank writing lines for the letter O.

U
u

Blank writing lines for the letter U.

P
p

Blank writing lines for the letter P.

V
v

Blank writing lines for the letter V.

Q
q

Blank writing lines for the letter Q.

W
w

Blank writing lines for the letter W.

R
r

Blank writing lines for the letter R.

X-Z
x-z

Blank writing lines for the letters X, Y, and Z.



