



Nkhskt. Angie Motshekga,  
iNdvuna yeMfundvo  
yeSisekelo



UMnu Enver Surty,  
Liphini leNdvuna  
yeMfundvo yeSisekelo

Letincwadzi tekusebentela tikhicitelwe bantfwana baseNingizimu Afrika ngekuholwa yiNdvuna yeTemfundvo yeSisekelo. Nkhskt Angie Motshekga akanye neLiphini lakhe uMnu Enver Surty.

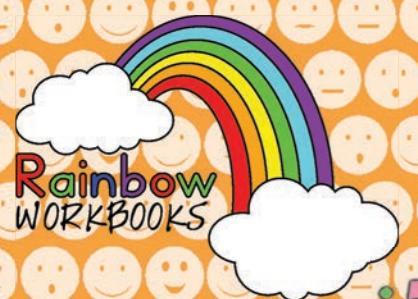
LeTincwadzi Tekusebentela takaRainbow tiyincenye yemitamo yaleLitiko leTemfundvo yeSisekelo yekutfutfukisa bafundzi baseNingizimu Afrika emabangeni ekucala lasitfupha ekufundza. Njengalomunye wemigomo lehamba embili elUhlelwensi IweKusebenta IwaHulumende, lomsebenti ukhokhelwe ngesihle Silulu seTimali saVelonkhe. Ngenca yalokusekelwa ngetimali, leLitiko leTemfundvo liphumelele kwakha letincwadzi ngato tonkhe letilwimi letisemtsetfweni kulelive.

Siyetsemba kutsi bothishela batatitfola tilusito kakhulu letincwadzi tekusebentela basafundzisa malanga onkhe kute bafundzi bakhone kucedza luhlelo lwabo lwekufundza. Setame, ngekucophelela lokukhulu, kusita thishela kuleyo naleyo ncenye yemsebenti, ngekusebentisa timphawu letitifombe kukhombisa umfundzi loko lokumele akwente.

Siyetsemba bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhula nekufundza, nekutsi bothishela batawutfokota kanye nabo.

Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.

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LIFE SKILLS IN SISWATI  
GRADE 3 – BOOK 1  
TERMS 1 & 2

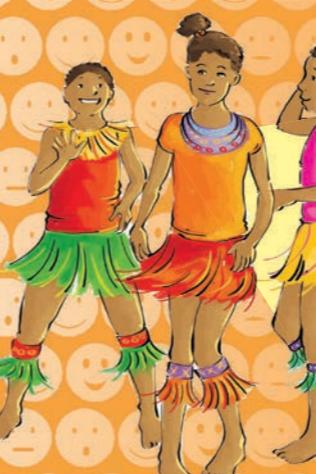
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THIS BOOK MAY  
NOT BE SOLD.

Kubuyeketiwe  
futsi kwahlelenjiswa  
ngekwema-CAPS

Libanga

3



# Emakhono eMphilo ngeSISWATI

Incwadzi 1  
Emathemu 1 & 2



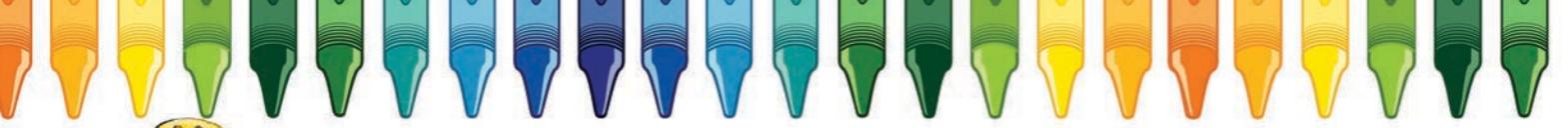
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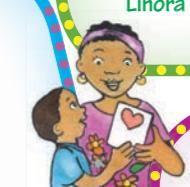
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Liholide Lesive leNingizimu Afrika:

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Lusuku Lolumcoka Lwesikhumbuto sebuMozilemu:

Lusuku Lolumcoka Lwesikhumbuto sebuBhahayi:

Tinsuku Temhlabawonke takaMhlabuhlangene:

# Libanga

3



Emakhono eMphilo  
SISWATI  
Incwadzi I



Lencwadzi ya:



# Bungimi



Asibhale

Ngamunye wetfu wehlukile futsi sonkhe simcoka.  
Gewalisa lomatisi ngawe. Dizayina sitembu saMatisi (ID).  
Nase ukwentile loko khombisa umngani wakho likhadi.

Yini lokufanako nalokwehlukile emkhatsini  
wakho nemngani wakho?



## Incwadzi yamatisi

Libito:

Budzala:

Lusuku lwekulatalwa:

umnyaka      inyanga      lilanga

Indzawo lowatalelwa kuyo:

Intfombatana noma umfana:

Lulwimi lwasekhaya:

Umbala wetinwele:

Budze: \_\_\_\_\_ cm

Umbala wemehlo:

Sayina



Dweba sitfombe sakho.



Asikhulume

Nyalo cabanga ngemphilo  
yakho kufika kulesikhatsi.

Ulikhumbula kufika kuphi limuva?

Usalukhumbula nje lusuku lwakho  
lwekutalwa lwsibili?

Uyakhumbula kutsi wacala nini esikolweni?



Asibhale

Gcwalisa lomugca-sikhatsi  
ngemphilo yakho.



Ngatalwa nga...

Ngacula  
kukhuluma nga...

Ngacula sikolo  
nga...

Ngefika ebangeni  
lesi-3 nga...

inyanga

umnyaka

20 \_\_\_\_\_

20 \_\_\_\_\_

20 \_\_\_\_\_

20 \_\_\_\_\_



# Sikolo sami



Asente loku

Thishela wakho utakusita kudvweba umugca-sikhatsi wesikolo sakho. Sesikucalele. Thishela wakho utakutjela lokunye lokwenteka lokumcoka longakwengeta.

Sacala ngamuphi umnyaka sikolo sakho.	Thishelanhloko wefika ngamuphi umnyaka kulesikolo?		



Asibhale

Utsini umlandvo wesikolo sakho? Tfola timphendvulo talemibuto utibhale etikhalieni kukholamu yekucala. Nyalo-ke dvweba titfombe kukhombisa umlandvo.

Savulwa ngamuphi umnyaka sikolo sakho?	Dvweba sitfombe sesikolo sakho.
Bekungubani umphatsisikolo wekucala?	
Lusuku: .....	

Besitsini sicubulo sesikolo?  
Ngabe solo sisenzalo nalamuhla?

Dvweba imbeji yesikolo.

Phawula ngentfo lekhetskile  
ngesikolo. (Mhlawumbe  
bekunemfundzi lokhetsekile  
kumbe intfo letsite leyazuzwa.)

Dvweba sitfombe kakhombisa intfo  
lekhetskile ngesikolo.



Phuma

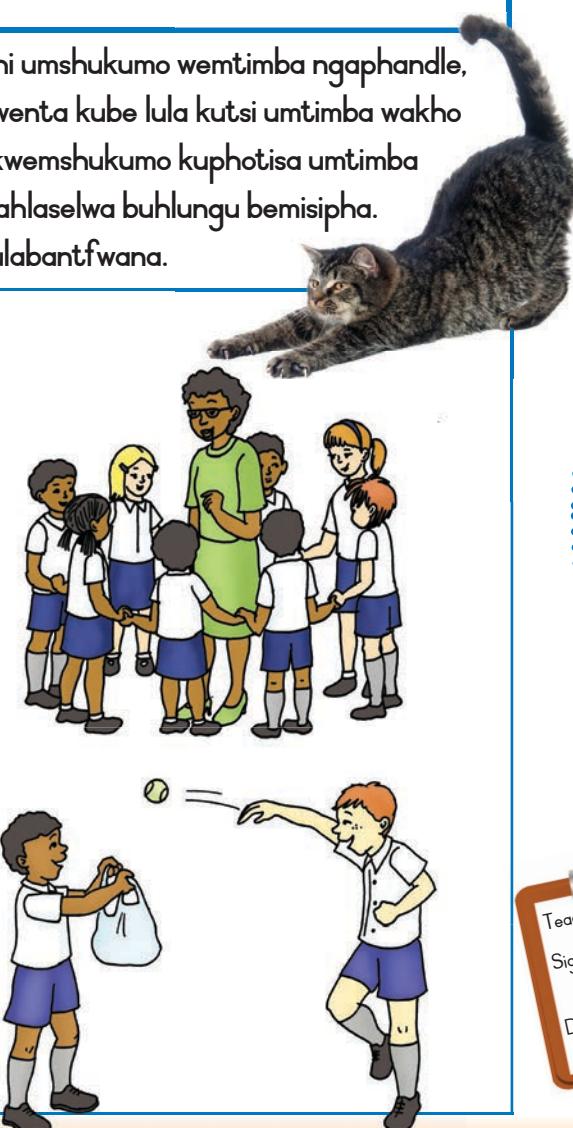
Embi kwekutsi wente noma ngumuphi umshukumo wemtimba ngaphandle,  
cale telule njengelikati. Loku kutakwenta kube lula kutsi umtimba wakho  
unyakate. Phindza utenwebe emva kwemshukumo kuphotisa umtimba  
uthulele. Loku kutakusita kutsi ungahlaselwa buhlungu bemisipha.  
Nyalo-ke yenta loku lokwentiwa ngulabantfwana.

Thishela utawubita libito lakho akujikele  
ibhola. Bamba ibhola ingakawi.

Manje yetama kubamba ibhola  
ngesikhwama asakujikela umngani wakho.

Jikela umngani wakho ibhola ubone kutsi  
angayibamba yini ngesikhwama.

Telule njengelikati kute uphumule.



# Konkhe lokuphat selene nami



Asikhulume

Cabanga ngalokwakujabulisa etikhatsini letengcile, bese utjela umngani wakho ngako kute akwati kancono.

Nangineminyaka le-5  
ngaya elwandle.

Nangineminyaka le-4  
ngawa elubondzeni.



Asente loku

Tjela umngani wakho kutsi lomuntfu wagucuka njani kusukela  
ebuswaneni ate abe ngumfati.



luswane



uyagijima



umntfwana wesikolo



litjitji



mdzala



logugile



Asikhulume



Sebenta ecenjini. Cambani ingoma kanye nemnyakato wayo.  
Ecenjini lenu, bhalani emagama alengoma kulesikhala lesingentasi.  
Nyalo-ke khombisani likilasi kutsi niyihlabela njani ingoma nibe  
niyidansela futsi.



Teacher:	.....
Sign:	.....
Date:	.....



# Kukhudlwana futsi kudzadlana



Asikhulume

Khuluma ngekutsi bantfwana labadzala kunawe  
nebantfu labadzala behluke ngani kuwe.

Bagucuka njani bantfu basakhula?

Ngekuhamba kwesikhatsi  
bantfu bayaguga.  
Umbala wetinwele tabo  
uyagucuka, emaphimbo  
abo ayagucuka, batfola  
imisipha kantsi futsi baba  
nekuhlakanipha.



Asibhale



Ngukuphi kuloku lokulandzelako lokwenta  
ngendlela leyehlukile kubatali bakho?

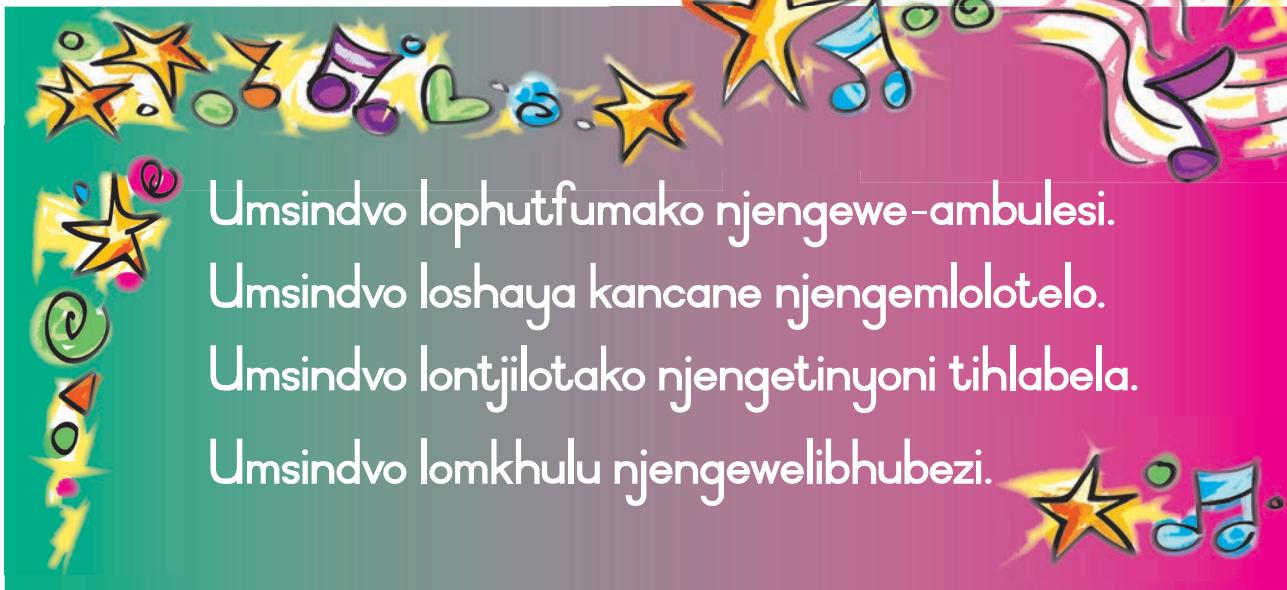
	Mine	Batali bami
Kugijima ungakhatsali.		
Kuzuba		
Kufundza liphephandzaba.		
Kushayela imoto.		
Kudlala esihlahleni.		



Asihlabele

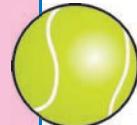
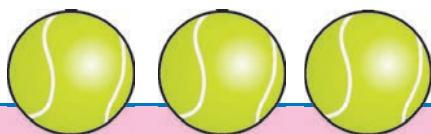
Asilungele kuhlabela.

Yenta lemisindvo.



Phuma

Ungayigendza ibhola?



Jika ibhola yemphebeto emoyeni bese uyigendza ngetandla totimbili.

Yijike etulu bese ushaya tandla ungakayigendzi.

Yigcumise emhlabeni.

Nyalo-ke yenta indvuku yekudlala usebentisa liphepha leligocowe  
noma sicut selukhuni. Wusebentise kugcumisa ibhola ibhola phansi.

Manje tenwebe njengelikati.



# Imiva

Buka letitfombe bese uyasho kutsi labantfwana beva kunjani.  
Wake weva kanje? Gcwalisa kutsi utiva njani umntfwana ngamunye.  
Sebentisa lamagama kukusita.

akajabuli

ujabulile

ukhatsatekile

uyesaba

uyatigcabha

utfukutsele



Phuma

Dlala umdlalo lomncane webhola yemphebeto  
utetayete kushaya ibhola ngemalingemuva  
nelingembili lesandla.





Asikhulume

Yini lekwenta ujabule?

Yini leyenta ungajabuli?

Yini lekwenta wesabe?



Asibhale

Yini lekwenta ukwate?



Bhala umbhalo wedayari wangelilanga utivela ujabulile. Chaza lokwenteka kuwe.

*Dayari Lotsandzekako*

Bhala umbhalo wedayari wangelilanga utivela ujabhile. Shano kutsi kwentekani leyabanga kutsi ujabhe.

*Dayari Lotsandzekako*



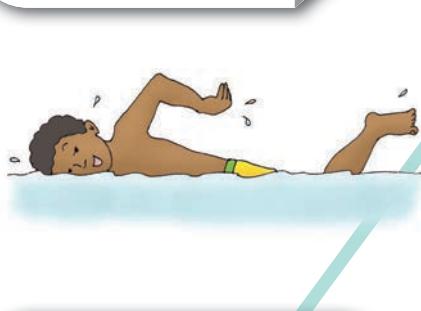
# Tintfo lengitsandzako

Asibhale

Coca ngemisebenti loyijabulela kakhulu. Nyalo yibhale kuletikhala teluhlaka-mcondvo.




## LENGIJABULELA KUKWENTA





Asidvwebe

Nyalo sebentisa luhlaka-mcondvo lwakho kubhala indzima ngaloko lojabulela kukwenta nekutsi Kungani uyyjabulela lemisebenti.



## Lengikujabulela kakhulukati



Asente loku

Sebentisa inhlama yakho yekudlala ubumbe buso lobudzangeme nalobo lobutsakasile.



Asikhulume

Gwalisa tinhlobo letehlukene temisebenti eluheleni lwekugcina lapha phansi. Nyalo-ke buta bangani labasi-5 kutsi bona batsandza kwentani. Faka umbala ebbulokini li-l njalo-nje nabatsandza umsebenti lotsite.

5					
4					
3					
2					
1					
	Kuhlabela	Kufundza	Kupenda	Umdlalo	Tibalo

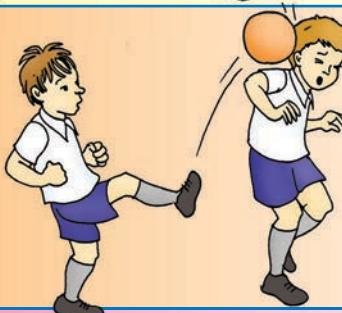
Ngumuphi umsebenti lodvume kakhulukati?

Teacher:  
Sign:  
Date:

# Imiva

Asikhulume

Buka sitfombe ngasinye bese ukhuluma ngekutsi ungabasita njani labantfwana kwenta lokungiko. Faka lumphawu timphendvulo letingito.

	Awukhoni kubuka lapho uya khona!	
	Ha, ncesi! Angikusite sibutse loku!	
	Ekhu! Nayi ibhola yakho.	
	Ekhu! Hamba uyowudlala encenye!	
	Kwami, ngeke utfole lutfo.	
	Wota, asihlephulelane leshokolethi.	

Asibhale

Bangani labakahle bentani?

Nangenta lokungasiko  
ngiyacolisa.



Nangibona umngani  
wami azabalaza  
ngiyamsita.



Lusuku: .....

Bhala letinye tintfo leti-4 letentiwa bangani labakahle.

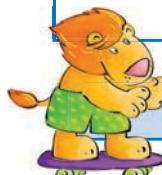


Asikhulume

Buka letitfombe. Khuluma ngalokubona kuleso naleso sitfombe bese utsatsa sinye wente umdlalo ngaso. Niketa indzaba yakho siphetfo.



Bhala silinganiso semdlalo. Gcwalisa emagama ebalingisi kukholamu yekucala.

Phuma

Zama kwenta letintfo.

- Gijima ugege inkundla. Nakatsi thishela wakho "gucuka", gucuka ugijime ubheke lapho ubuya khona.
- Gcumisa ibhola uchubekele embili usenta njalo.



# Asihlole nje



Asibhale

Ase utihlole

<input checked="" type="checkbox"/>	<input type="checkbox"/>

Ngungumngani lokahle.

Ngiyabakhatsalela bangani bami.

Ngikhombisa bungani kubantfwana labasekilasini lami.

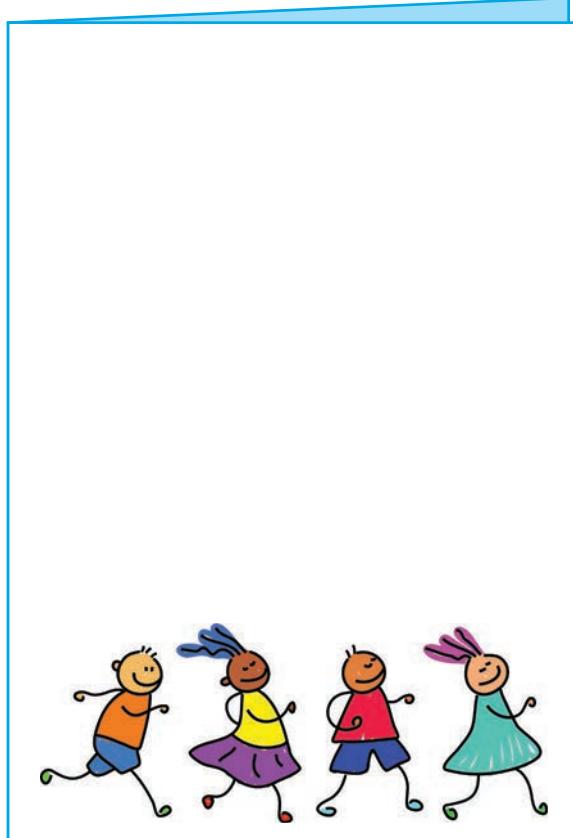
Bantfwana labanyenti bayangitsandza.

Nginemoya lomuhle kubantfu.



Asente loku

Yentela umuntfu lomtsandzako likhadi. Dvweba sitfombe ngephandle bese ubhala umbiko lomcoka ngekhatsi kwelikhadi.






Asibhale

Dwweba sitfombe sebangani, noma thishela wakho, noma emalunga emndeni wakho lamcoka kuwe. Bhala emagama abo.



## ★ Bantfu labamcoka emphilweni yami

\_\_\_\_\_



\_\_\_\_\_



Nyalo-ke bhala uchaze laba bantfu nekutsi kungani babaluleke kangaka.

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# Kufundza ngetemphilo



Asikhulume

Coca ngalokwente ka kulesitfombe.

Wake waba nemmongotiya?

Kufanele wente njani  
nawuphatfwa ngummongotiya?



Uyati kutsi libhokisi leLusito  
Lwekucala lesikolo sakho  
likuphi? Shano kutsi kuphi. Lise

## Wenta njani nawunemmongotiya

Thulisa.  
Kuvamise kubate sizatfu  
sekwetfuka. Khumbula kungatsints  
ingati yalomunye umuntfu.

1 Hlala kungatsi uya embili ubhekise  
inhloko phasi.

2 Bamba imphumulo uyivale imizuzu  
le-2 uphefumula ngemlomo.



3 Beka intfo lebendzako ngemuva  
kwentsamo yakho njengelithawula  
lelimanti noma ematje emakhata  
lagocotelwe ngelithawula.



4 Ungafinyi emuva kwemmongotiya.



5 Nakungancamuki kophha emuva  
kwemizuzu le-15, bona dokotela noma  
nesi.



# Kwelapha silondza sekusikeka



Singeke siwabone emagciwane ngeliso, kepha akhona yonkhe indzawo. Nakwenteka sitisika kumele sigcine silondza sihlobile kute sivimbe kungena kwemagciwane.



Chazela bangani bakho kutsi sigezwa njani silondza sekusikeka. Yetfula siboniso kutsi yini lokufute yentiwe.

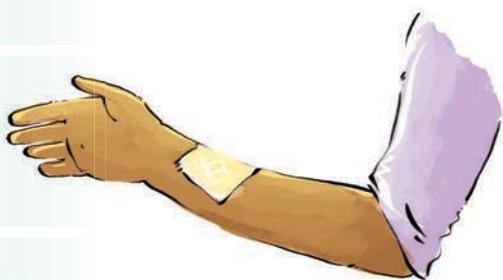


## Indlela yekuvimba kopha esilondzeni sekusikwa

Ungayitsintsi ingati yalomunye umuntfu.



Nawusita lomunye umuntfu, gcoka emagilavu ngaso sonkhe sikhatsi.



Misa kopha ngekuphakamisa indzawo lelimele ngetulu kwenhlitiyo.

Yetama kumisa kopha ngekucindzetela indvwangu lehlobile yekubhandisha esilondzeni.



Nangabe silondza sigubhile sichubeka futsi ngekopha, bona dokotela noma uye emtfolamphilo.

Tfola kutsi nguyiphi inombolo lephutfumako longayishayela. Lucingo: \_\_\_\_\_

# Kusha



Ase sifundze

Nawutsintsa intfo lehisako utawusha.  
Kumele wente njani umuntfu nakashile?



Yakata kusha emantini labandzako imizuzu lalishumi. Loku kusita kutsi sikhumba sibandze.



Yembula silondza sekusha. Uma ngabe kwembatsa kunamatsele esilondzeni ungakukhumuli.



Yekela silondza sekusha sivulekile ugadze kutsi asiyi embili ngebubi.



Nangabe silondza sekusha sigubhile noma singetulu kwentsendze yesandla sakho bona dokotela masinyane.



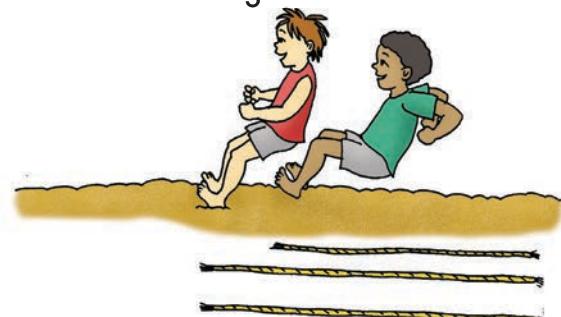
Phuma

Kwenta umgcumo lomudze.

Tsatsa tintsi letintsatfu noma tincu tentsambo letintsatfu. Emva kwekuzuba emkhatsini wato, tichelise tehlukane umkhatsi lobantana ubone kutsi unghona kuzuba umkhatsi lobanti kanganani.

Bekisa kutsi uzube kanganani.

Bona kutsi umngani wakho  
uzuba ngetulu kwakho yini.



Phuma

Yakha libhala.



Niketanani ematfuba nemngani  
wakho kutsi nguloyo abe libhala.



Niketanani ematfuba nijikitise  
indophi khona bangani benu  
batodlala incatfu.



Asikhulumé

Kwentekani kuletifombe?

Nguyiphi lenye indlela labangasha ngayo bantfu?



Bhala phansi imitsetfo lemcoka kukhunjulwa nawudzinga lusito mayelana naloku:

Kopha umongotiya


Kusikeka


Tilondza tekusha




# 11 Kugcina umtimba wami uphephile



Asikhulume

Kumele sinake imitimba yetfu.

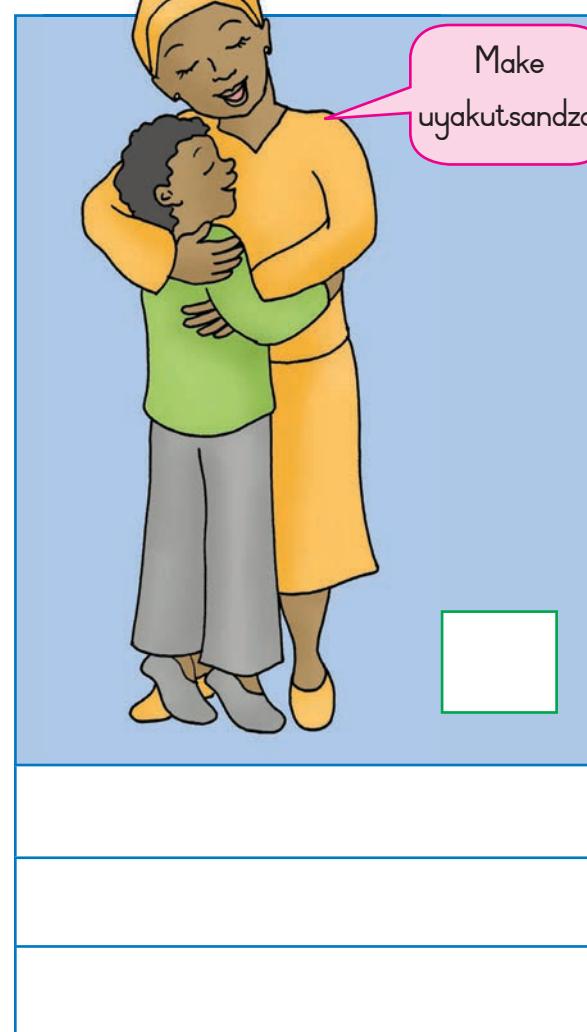
Siva kungatsi singatsi "yebo" nakunentfo  
lesiyitsandzako kani sifuna ichubeke.

Siva kungatsi singatsi "cha" nakunentfo  
lesenta singasimami kani sifuna ingachubeki.

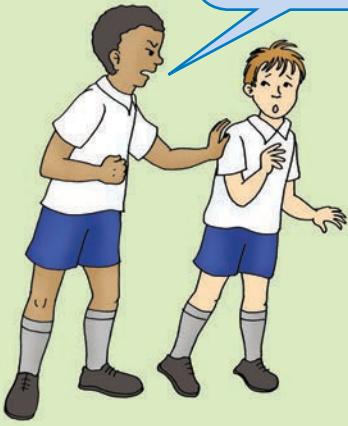


Asibhale

Faka luphawu  uma sitfombe sikhombisa umsebenti lophephile noma  
ufake luphawu  uma kukhonjisa umsebenti longakapheli.  
Nyalo-ke bhala umusho ngaphasi kwesitfombe ngasinye kusho kutsi  
kungani ucabanga kutsi kuphephile noma akukapheli.



Angikutsandzi.



Manje ubukeka umuhle.



## Tsani cha

Akusilula kutsi "cha", kepha kumele utsi "cha" nakukhona  
lokwenta ungahlaliseki.

Uma umuntfu akwenta ucabange kutsi "cha" kani futsi ukwenta  
ungahlaliseki, bikela umuntfu lomdzala lometsembako.

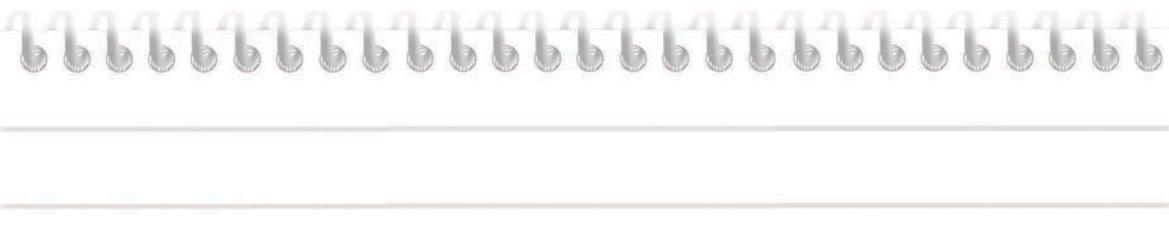


Asibhale

Khetsa bantfu la-3 longabetsema ubachazeke kutsi kungani ubetsema.



Bhala phansi kutsi ungasibika kanjani sigameko lesibi kumuntfu lometsembako.



# Kutinakekela

Ithemu I – Liviki 6 – Lishadi Lekusébentela



Asikhulume

Bukisia letitfombe. Ungayicoca ləndzaba?  
Gcwalisa emagwebu-nkhulumo.

Wota, ngitakuyisa  
esitolo.



Kwertenjani?



Asikhulume

Cocisanani kutsi intfombatana yeva njani, yentani nekutsi wena ungentani  
nawungaba sesimeni lesifana nalesi.

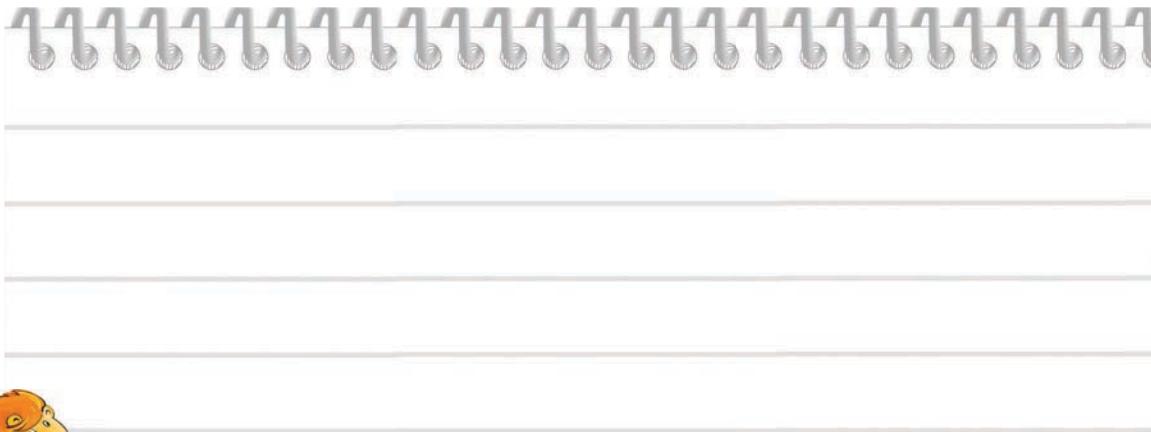
Lusuku: .....



Asibhale

Bhala phasi imitsetfo yekuphepha lesihlanu.  
Ucale umtsetfo ngamunye ngekutsi:

Bantfwana akumele ba...



Asente loku

Yakha simbonya-buso kukhombisa umuvo.

Khetsa kutsi ufuno simbonya-buso sakho sisho umuvo lotsini.

Dvweba umuvo ephepheni.

Juba kahle sitfombe.

Kupuluta emehlo.

Hlobisa sitfombe ngemibala loyitsandzako.



Phuma

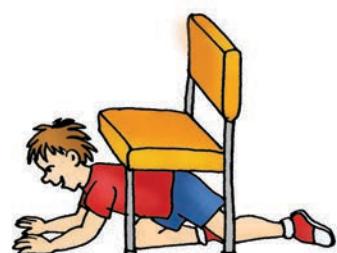
Lungela umcudzelwano.

Guca ulungele kugijima.

Lalela thishela wakho nakatsi:

"Enjobeni! Lunga! Hamba!"

Chubeka wente sihibe endleleni.





Asikhulume

Itthemu 1 – Liviki 7 – Lishadi Lekussebentela

# 13 Kugcina umtimba wami uphephile

Sonkhe sinensayea yekugcina imitimba yetfu iphilile.  
Bentani labantfwana lokulungele imitimba yabo?



## Nguyiphi imikhuba lemibi leyentiwa bantfu?

Bewati nje kutsi kubhema akuwulungeli umtimba wakho?

Bewati nje kutsi nangabe umuntfu abhema eceleni kwakho akuwulungeli umtimba wakho?

Kubhema kuwulimata njani umtimba wakho?



Asibhale

Faka luhawu (✓) kumusho ngamunye noma ufake siphambano (✗) kukhombisa kutsi umusho **uliciniso** noma **ungemanga**.

	Sikilidi unambitseka kahle.
	Uma ngihlala edvute nemuntfu lobhemako ngingalimata umtimba wami.
	Kubhema kungenta ematinyo akho abe mtfubi.
	Kubhema kubanga tifo temlomo.
	Ungaba nekukhwehlela lokubi nawubhema.
	Kubhema kungabanga umdlavuza.



## Imitsetfo yemphilo

Kufanele ngicubhe ematinyo ami emva kwekulala noma embi kwekutsi ngiyowulala.



Kumele ngikame tinwele tami ngingakayi esikolweni. Kumele ngigeze tingalo tami emuva kwekulala esihlabatsini. Kufanele ngigcine tingalo tami titimfisha futsi tihlobile.

Kumele ngigeze tandla nangibuya emthoyi.

Kumele ngilahle ithishu emgconyeni wetibi. Kufanele ngigeze tami nangibuya emthoyi nasembi kwekutsi ngitsintse kudla.



Asitijabulise

Kumele bagcoke ini kute baphephe? Condzanisa titfombe ngekudvweba umugca kulula esitfombeni lesisemgceni longenhlala kuye esitfombeni lesisemgceni longentasi lesihambisana naso.



Asitijabulise



Shukuma udiale umdlalo lomncane wekhiliktsi.

Thishela wakho utawudlala ingoma. Lalela lengoma emva kwaloko bese wenta sigi sengoma ngetingalao edesikini lakho.



# Emalungelo nalokumele ukwente



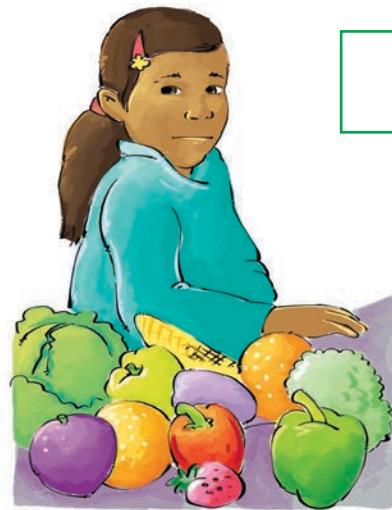
Asifundze

Kulesinye sikhatsi bantfwana kufanele basite iminden'i yabo ngemsebenti lotsite.

Bantfwana akumele basebente ngelizinga lelilingana nelalabadzala.

Bantfwana bafanele batfole litfuba lekudlala nelekuya esikolweni.

Bukisia letitfombe. Faka lumphawu (✓) emisebentini lefanele bantfwana. Nyalo-ke bhala umusho ngaphasi kwesitfombe ngasinye kusho kutsi Kungani ucabanga kutsi ubafanele noma awukabafaneli bantfwana.




Ana utsengisa tibhidvo lilanga lonkhe ngako akakhoni kuya esikolweni.



Emuva kwesikolo, Lisa unisela tibhidvo engadzeni.



Peter utfutsa titini ngoba  
usebentela umakhi.



BoJabu naBongi basita  
kugeza titja.



Asikhulume

Nguyiphi imisebenti loyenta ekhaya?

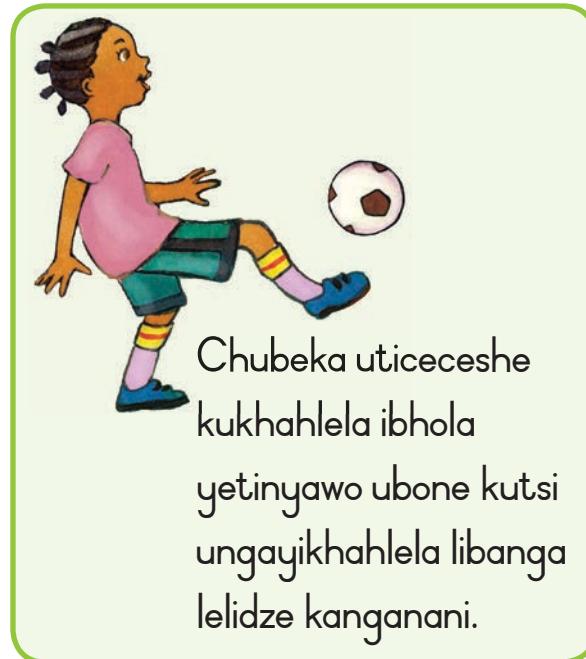
Nguyiphi imisebenti loyenta esikolweni kusita thishela?



Phuma

Yentani umdlalo-mnyakato ngemisebenti leyehlukene.  
Licembu lenu kufute licagele kutsi misesbenti mini lena  
leniyentako.

Bophelani  
imilente yenu  
ndzawonye  
nijijime.



Chubeka uticeceshe  
kukhahlela ibhola  
yetinyawo ubone kutsi  
ungayikhahlela libanga  
lelidze kanganani.



# Emalungelo nalokumele ukwente

Ithemu I – Livik; 8 – Lishadi Lekusebentela



Asikhulume

Tjela umngani wakho kutsi labantfwana  
bephula miph iimitsetfo.



Nguleso sikolo

sinemitsetfo kute

sisebente kahle. Nelikilasi

ngalinye linemitsetfo

lokumele liyilandzele.



Asibhale

Bhala imitsetfo le-4 yeliklasi  
lakho.



Asikhulume

Fundza lamalungelo nalokufanele kwentiwe bese ucoca  
nemngani wakho ngekutsi kukunye kushoni.

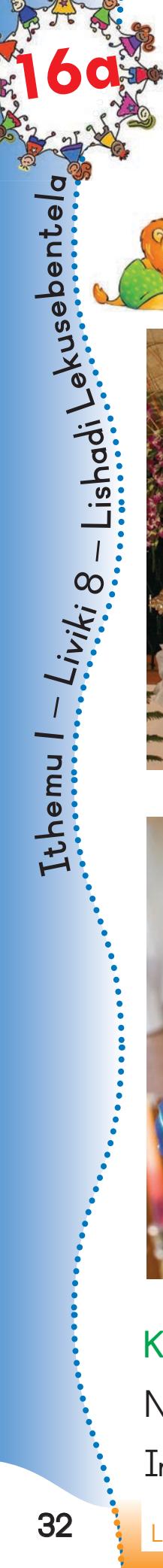
★ ★ ★ ★ ★

# UMTFWALO LOBUKENE NALABASHA BENINGIZIMU AFRIKA

★ ★ ★ ★ ★

Kulingana	Sifunti sebunfu	Imphilo	Umndeni
<p>Phatsa wonkhe munftu ngekulingana nebulungiswa. Musa kubandululula.</p> 	<p>Hlonipha wonkhe umntfu. Yiba nemusa unakekele.</p> 	<p>Yonkhe imphilo iligugu. Phatsa konkhe lokunemphilo ngenhloniphoo.</p> 	<p>Yatisa uhloniphe batali bakh. Yiba nemusa wetsembeke emndenini.</p> 
Imfundvo	Kusebenta	Inkhululeko nekuvikeleka	Impahala
<p>Ngena sikolo, fundza usebente ngekutikhandla. Yilandze ngco, imitsetfo yesikolo.</p> 	<p>Sita umndeni wakho kwenta umsebente wekhaya. Bantwana abasucindzelwelwa kutfola litho.</p> 	<p>Musa kuviswa buhlungu, uchwachwate kumbe wesabise labanye, futsi ungabavumeli labanye bente loko. Sombulula tincabano ngekuthula.</p> 	<p>Hlonipha imphahala yalabanye. Musa kulumata takhiwo, futsi ungebi.</p> 
Inkholelo, Inkholo, neMbono	Kuphepha	Kuba sakhamuti	Inkhululeko yekutefula imiva
<p>Hlonipha tinkholelo nemibono yalabanye.</p> 	<p>Nakekela umhlabo. Musa kusaphata emanti nagezi. Nakekela imphilo yetiwane neyalokuhlumako. Gcina likhaya hemmango wakho kuhlobile futsi kuphephile.</p> 	<p>Yiba sakhamuti saseNingizimu Afrika lesilungile nalesetsembekile. Tfobela imitsetfo, ucinisekisa kutsi nala-banye benta njalo.</p> 	<p>Musa kuceketsa emanga nenzondo. Cinisekisa kutsi labanye abefukwua kumbe imiva yabo kayihlukubeteki.</p> 





16a

# Tinsuku tenkholo naletinye letibalulekile

Asikhulume

Khetsa inkholelo yinye kuleti. Phenya kabanti ngayo. Lungisa setfulo lotasentela likilasi. Yetama kuta netincwadzi noma titfombe tekusekela setfulo sakho.



BuHindu



BuMozilemu



BuJuda



BuKhrestu

Kumele sihloniphe bantfu bato tonkhe tinkholo.

Nguyiphi inkholo yakho?

Inkholo yemngani wakho lomkhulu nguyiphi?

# Ase sibone kutsi sentanjani



Asibhale

Gewalisa lelikhadi ngawe.

Libito lami \_\_\_\_\_

Sibongo sami \_\_\_\_\_

Lusuku lwami lwekutalwa \_\_\_\_\_

Libanga lengilifundzako \_\_\_\_\_

Sikolo sami \_\_\_\_\_

Inombolo yami yelucingo \_\_\_\_\_

Ikheli yami \_\_\_\_\_

Inombolo yembiko lophutfumako \_\_\_\_\_

Umdlalo lengiwutsandza kakhulu \_\_\_\_\_

Umbala lengiwutsandza kakhulu \_\_\_\_\_

Umngani wami lomkhulu \_\_\_\_\_

Yini lokungenta ngijabule \_\_\_\_\_

Yini lokungenta ngingajabuli \_\_\_\_\_

Yini lokungenta ngitfukutsele \_\_\_\_\_

Lengikwati kukwenta kahle \_\_\_\_\_

Ithemu 1 – Liviki 8 – Lishadi Lekusebentela



# Imikhuba lemihle yekudla



Asikhulumo

Buka ngalinye lemacembu ekudla bese ucoca nemngani wakho ngekutsi:

Licembu ngalinye linakudla kuni?

Licembu lekudla ngalinye limcoka ngani?



## Emaphrotheni

Emaphrotheni ahlumisa emasotja lamasha kute imitimba yetfu ikhule.



## Emavithamini

Emavithamini netakhamtimba asita imitimba yetfu kulwa netifo nekutsi ihlale iphilile.



Phuma

Cela thishela wakho akukhombise kutsi umdlalo lotsi "lucingo lolwephukile" udlalwa njani. Emva kwaloko ticeceshe kujika ibhola.

# Tinikamandla

Lokudla loku kucinisa emtsambo.



## Kudla lokwentiwe ngelubisi

Kudla lokwentiwe ngelubisi kucinisa ematsambo, kakhulukati uma sisebancane nematsambo etfu asakhula.



Asibhale

Yenta luhla lwentinhlobo tekudla lokudle utolo. Kukholamu yekugcina, shano kutsi ngabe lokudla kuyiphrotheni, yikhabbhohadrethi, sitetselo noma tibhidvo.

Kudla lengikudle itolo	Luhlobo lwekudla



# 18 Imikhuba yetfu yekudla



Asikhulume

Gcwalisa emabito ebangani bakho.

Buta bangani bakho labane kutsi batsandza kudla ini. Buka letinhlobo tekudla letehlukene bese nawukutsandza lokudla fakab (✓) ufake siphambano (✗) nangabe ungakutsandzi.




Asibhale

Buka lelithebula lolicgwalisile bese uphendvula imibuto.

Ngukuphi kudla bangani bakho labakutsandza kancane.

Ucabanga kutsi bangani bakho banemikhuba lekahle yekudla?

Yini ucabange kanjalo?



Asitijabulise

Cela thishela wenu anikhombise kutsi udlalwa njani umdlalo welucingo lolwephukile.





Asibhale

Yakha luhla lwato tonkhe tinhlobo tekudla  
lokumele sikudle ngawo onkhe emalanga.



Asibhale

Bhala indlela yekupheka yekudla  
lokutsandza kakhulu.

Kufute sigweme ini?

Luswayi lolunyenti ngoba lungasidalela  
umfutfo-ngati lophakeme nase  
sikhulile.

Shukela lomnyenti ngoba angasidalela  
sii sashukela nase sikhulile.

Shukela lomnyenti ubuye abange  
budulla.

Kunatsa tinatfo letinashukela  
lomnyenti, emakheke nemaswidi  
lamanyent.



### Indlela yekhupheka \_\_\_\_\_

Ngidzinga tiphi titsako tekudla?

Nguyiphi indlela yekupheka  
lokufanele ngiyilandzele?

Teacher:  
Sign:  
Date:



Asibhale

# Imikhuba lemihle yekudla

BoThabo naNomsa baya eSunshine Café. Bafuna kutsenga kudla kwekupheka kusihlwa. Basite kwakha luhla lwekudla loluhle lwalokutawudliwa.



Phuma

Niketanani ematfuba nishaye indophu  
kute umngani wakho atowudlala incatfu.





Asibhale

Bhala tintfo labatatisenga nentsengo yato kuloluhla lwekutsenga ngentasi.  
Babhadale malini boThabo naNomsa ekudleni labakutsengile?

## LUHLA LWEKUTSENGA

## INTSENGO



Asibhale

Imikhuba yakho yekudla inemphilo kanganani?

Faka umbala esitfombeni lesimamatsekako eceleni kwemikhuba yekudla lenemphilo.

**Imikhuba yami yekudla**

Yebo	Cha
------	-----

Ngivame kudla ngibuka mabonakudze.



Ngiyatitsandza titselo netibhidvo.



Ngitsandza kudla lokunemafutsa njengemashibusi.



Angiwatsandzi emanti, ngitsandza kunatsa tinatfo letibandzako.



Angitidli tibhidvo.



Ngikuhlafuna kahle kudla kwami.

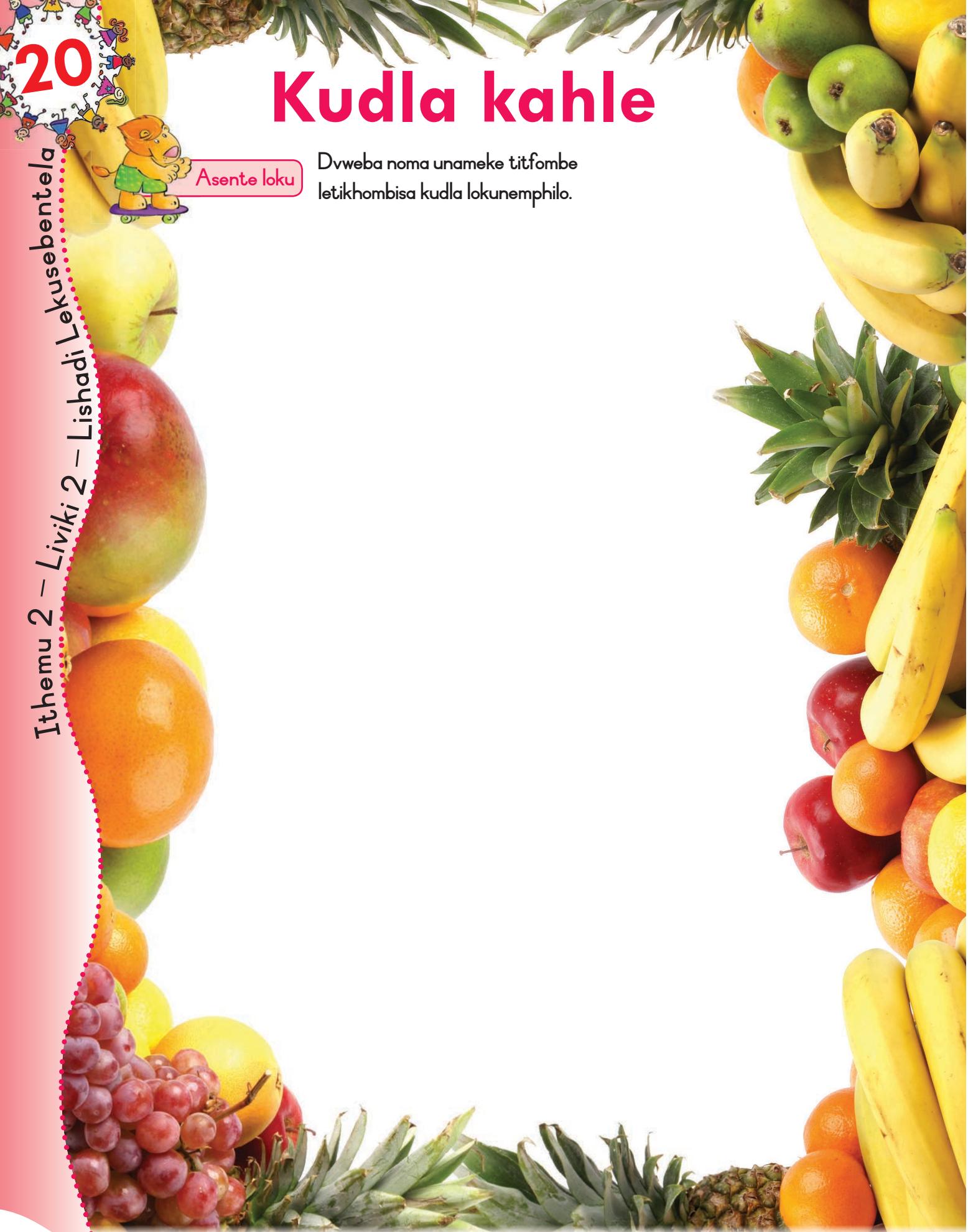


Ngidla kudla kwekusukusula ngingakayi esikolweni.



Bala buso lobumamatsekako lokufake umbala.





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Ithemu 2 – Liviki 2 – Lishadi Lekusebentela

# Kudla kahle

Asente loku

Dvweba noma unameke titfombe  
letikhombisa kudla lokunemphilo.



Asifundze

## Imitsetfo yekudla kahle

Geza tandla ngaso sonkhe sikhatsi  
ungakatsintsi kudla.

Ungashiyi kudla kungakambonywa.

Ungakudli kudla lokudzala noma  
lokubolile.

Sebentisa emacembe etibhidvo kwakha  
umcuba wasengadzeni.

Lima tibhidvo takho.



Asente loku

Dvweba sitfombe kukhombisa munye walemitsetfo.



# Tilokatana



Asikhulume

Khuluma ngeticu temtimba letehlukene tetilokatana.

Tilokatana tineticu temtimba letintsatfu:  
siku sangetulu, sasemkhatsini nesangentasi.  
Futsi tinemilente lesitfupha netimphondvo  
letimbili tekuhogela.



Asente loku

Faka ilebuli kulesilokatana.  
Dvweba umugca kusuka  
kuyinye ilebuli uye esicwini  
semtimba lesingiso.

Luphondvo  
Iwekuhogela



Inhloko

Liso

Sicu semtimba  
lesingetulu

Umlente

Sicu semtimba  
lesingephasi



Phuma

Yenta umsindvo lobhuza njengetinyosi, ndiza njengeluvivane bese uzuba  
njengentsetse. Nyalo-ke sewulungele umdlalo webhola letinyawo!



Asibhale

Dweba umugca ucatsanise libito nesilokatana lesifanele.  
Shano kutsi ngutiphi tilokatana letiluhlupho kantsi futsi  
ngutiphi letilusito kitsi.



Inyosi



Imbuzulwane



Imphungane



Intfutfwane



Intsetse



Luvivane



Libhungane



Luvivane sihlava



Asibhale

Manje gwalaisa emagama lashiyiwe.

yakha luju.

itselisa timbali.

yandzisa sifo samalaleveva.

yandzisa tifo.

Iudla tilimo tebalimi.





# 22 Kabanti ngetilokatana

Ithemu 2 – Liviki 3 – Lishadi Lekusebentela



Asikhulume

Buka letitfombe bese utjela umngani wakho kutsi kungani tnyosi tibe lusito kitsi.



Tnyosi titfutsa vololo. Loku kusita  
kutsi titselo tikhule.



Tnyosi takha luju.



Asibhale

Bhala libito lesilokatana ngasinye esikhaleni lesiniketiwe.



imunya inovi embalini.



sinemilente

lecinile yekuzuba.



tisebentisa  
timphondvo tato tekuhogela kukhuluma naletinye.



lutfutsa vololo lumuyise kuleso  
naleso sihlahla.

yandzisa emagciwane.



Asente loku

Yenta silokatana sihambe.

- Juba silokatana ekhasinilekujuba.
- Tilengise ngekhothenga.





23

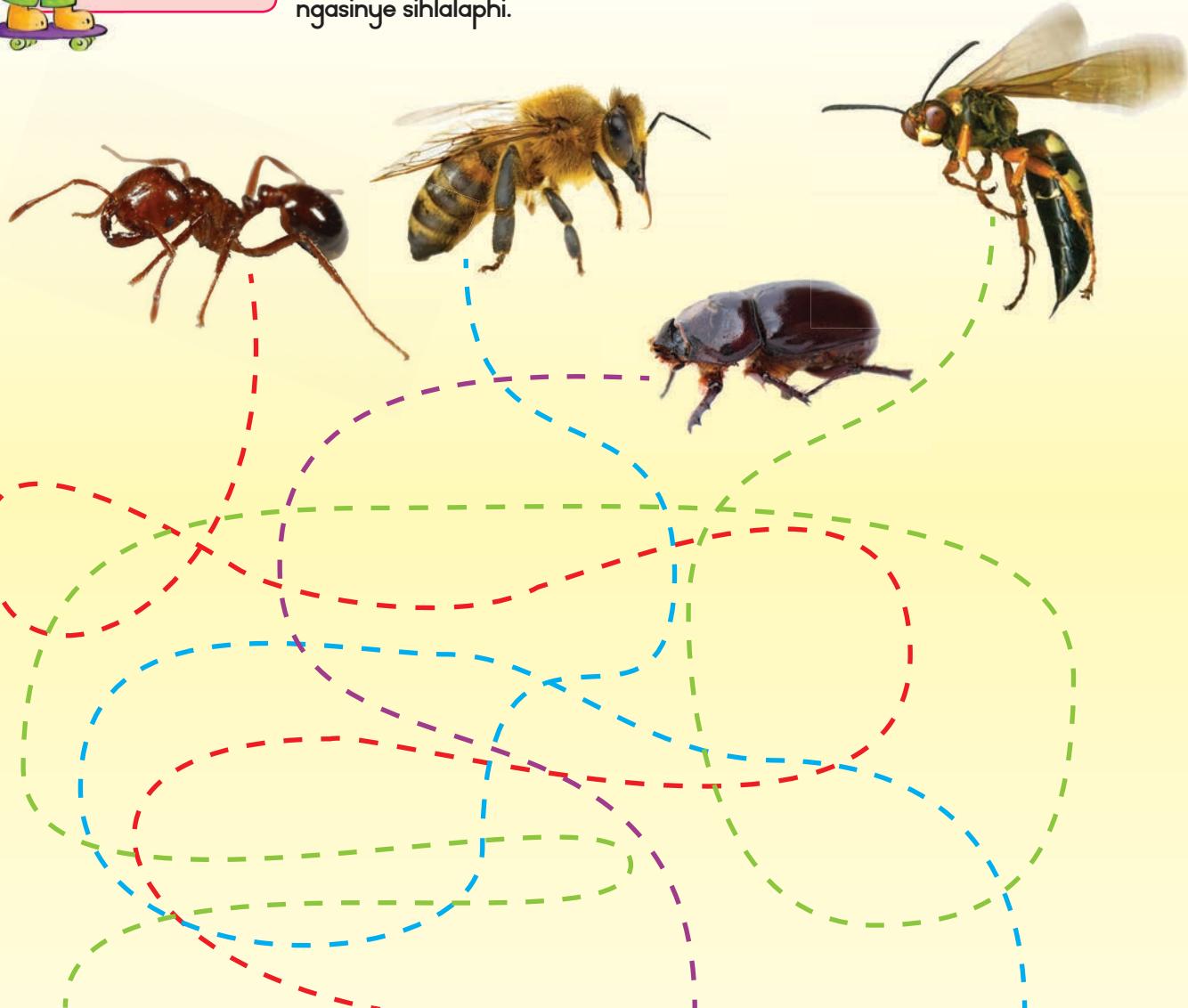
# Likhaya letilokatana



Asente loku

Landzela umkhondvo wentsambo utfole kutsi silokatana  
ngasinye sihlalaphi.

Ithemu 2 – Liviki 4 – Lishadi Lekusebentela





Asente loku



Asibhale

Buka emagcekeni esikolo ubone kutsi tingakhi  
tilokatana letehlukene longatitfola.



Ngutiphi tilokatana lotibone ngephandle? Khetsa sinye bese ubhala libito  
laso lapha.



Sidla kudla kuni lesilokatana?



Silokatana sakho sihamba kancane noma ngekushesha?

Silokatana sakho silusito yini? Ukusho ngani loko?

Siyingoti ngani silokatana sakho? Yini longayenta nasikulimata?



Asitijabulise



Dvweba sakho  
silokatane usetse  
ligama.





# 24 Khangisa likhono lakho



Asente loku

## Yakha Iwakho luvivane

Udzinga: Liphepha i-A4  
 Emakhilayoni emtfofu  
 Sikelo  
 Iglu  
 Lokuhlobisa liphayiphi  
 Sigwabugwabu seliphepha  
 lasemthoyi



Dvweba luvivane, ukhombise imilente yalo lemidze,  
 umtimba loncama netimphiko letimbili. Hlobisa  
 timphiko teluvivane ngemaphethini  
 emibala leyehlukene. Wente sicaniseko  
 kutsi timphiko tiyafanana. Juba  
 luvivane kahle. Namatsisela  
 umtimba walo esigwabugwabini  
 seliphepha lasemthoyi. Manje goba  
 kwekugeza liphayiphi emkhatsini  
 ukusebentise kwakha  
 kwekuhogela kweluvivane.  
 Kunamatsisele enhloko  
 yeluvivane.





Phuma

Ase wetame kudlala lemidlalo.



### Siteshi 1:

**Ibhola:** Zubisa ibhola

usagijima ngendlela  
lemazengezenge.



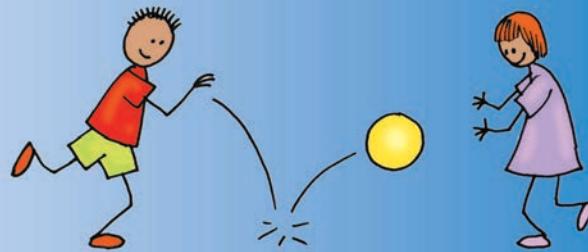
### Siteshi 2:

**Ihokhi:** Sebentisa intfonga  
yehokhi kushaya ibhola  
iye enethini.



### Siteshi 3:

**Ibhola yetandla:** Gcumisa ibhola  
iye kumngani wakho usagijima.



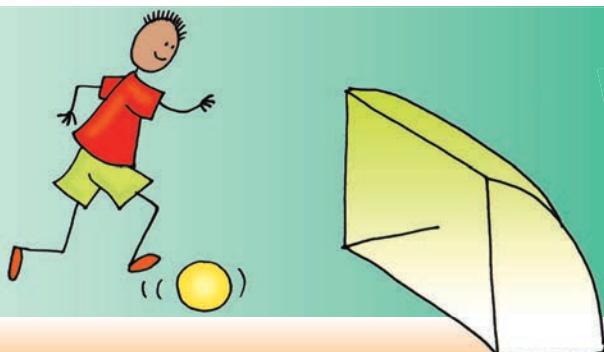
### Siteshi 4:

**Ibhola yembhoco:** Gijima nebhola  
uyijikele lomunye.



### Siteshi 5:

**Ibhola yetinyawo:** Dribula  
ibhola iye  
ngasenethini.





# Lisondvo lemphilo

Lisondvo-mphilo likhombisa tigaba letehlukene tekutfutfuka. Letigaba tilandzela luhlelo lolutste. Bukisia lelisonvo-mphilo lesicoco neleluvivane bese ucoca ngetigaba letehlukene.

## Imphilo lisondvo yesicoco



**Asikhulume**

Buka letifombe bese ucoca nemngani wakho ngekutsi sicoco sigucuka njani sisahamba ngelisondvo laso lemphilo.

- 1 Ticoco letimbili tiyahlangana kute takhe emacandza.
- 2 Sicoco sesifazane sitalela emacandza.
- 3 Imidlona ichamuselwa emacandzeni. Umdlonja unemphimbo wekuphefumula nemsila lofana newenhlanti.
- 4 Umdlonja uhluma imilente.
- 5 Umsila uyanyamalala.
- 6 Sicoco lesikhulile lesesinemaphaphu sesilahle umphimbo wekuphefumula.



Asente loku

Nyalo bukisisa lelisondvo-mphilo leluvivane.  
Gcawilisa loko lokwentekako emkhakheni ngamunye  
welisondvo-mphilo. Sikusitile ngemikhakha lemibili.

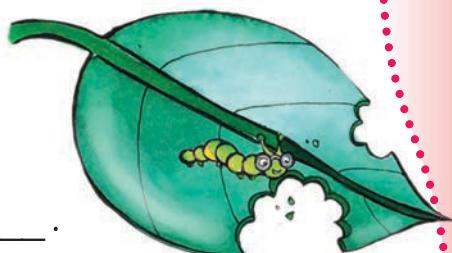


## Lisondvo lemphilo

2



3



1



2

Luvivane lutalela emacandza.

3

\_\_\_\_\_.

4

\_\_\_\_\_.

5

Sibungu sidala umbungu.

6

\_\_\_\_\_.



5



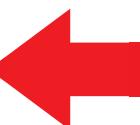
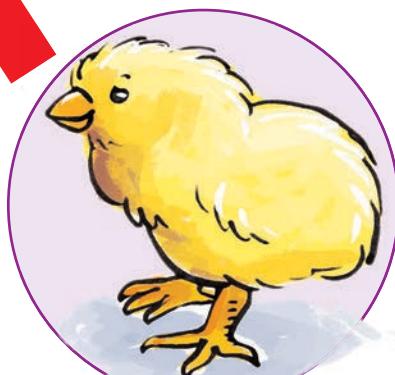
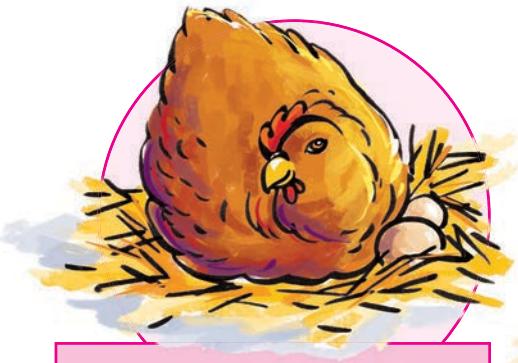
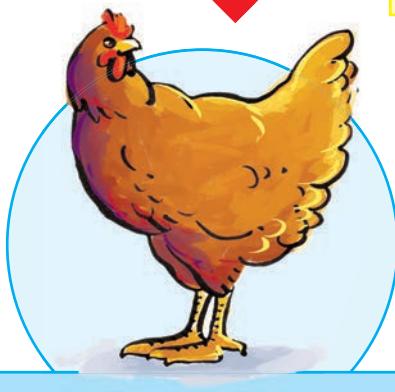
# Tigaba tekuphila



Asikhulume

Buka letitfombe bese ucoca nemngani wakho ngetigaba temphilo yenkhukhu. Sale ubhala lokwenteke emkhakhneni ngamunye.

## Tigaba temphilo yenkhukhu



Lusuku: .....



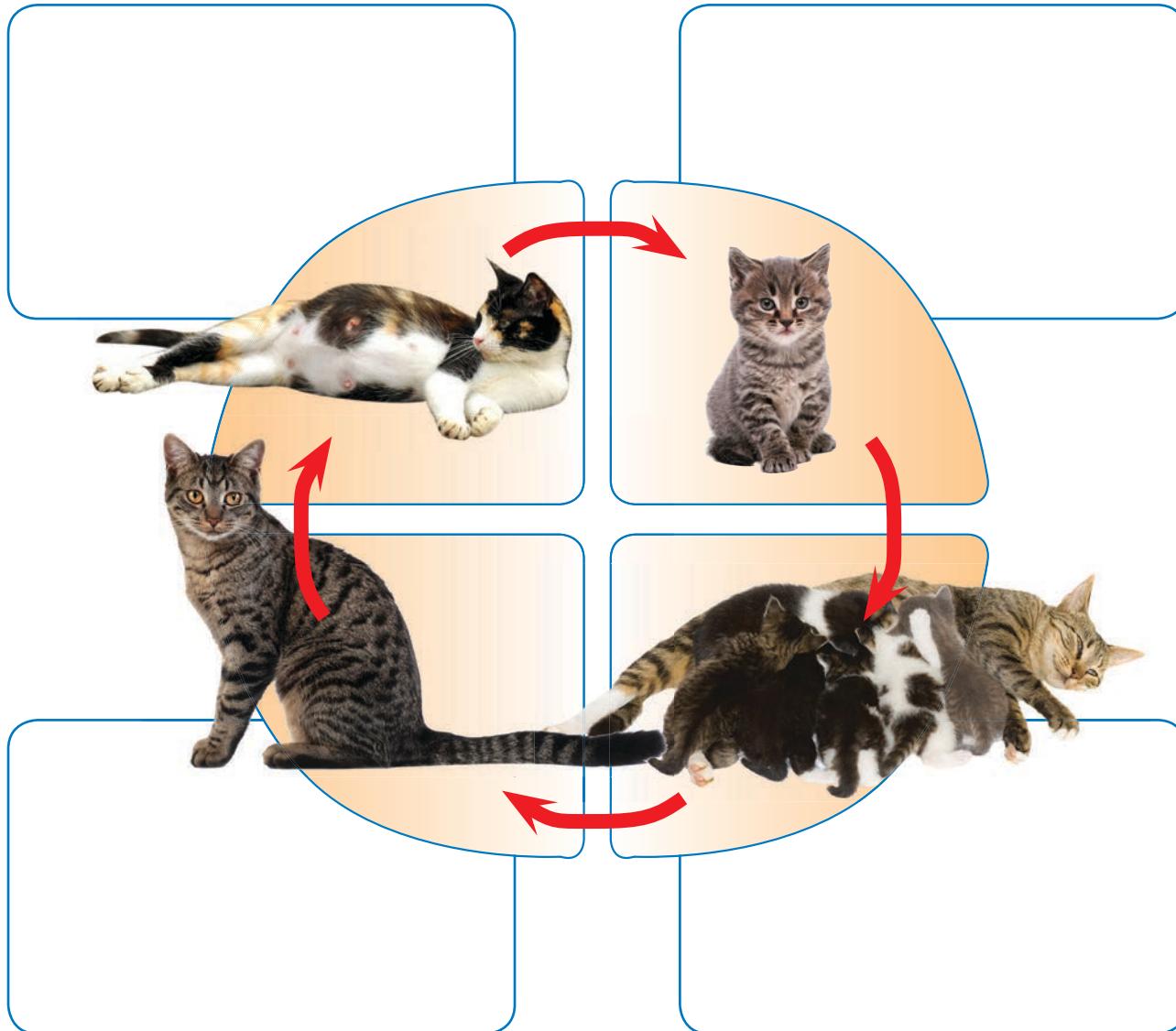
Asente loku

Manje akha tigaba temphilo yakho. Faka ilebuli esitfombeni ngasinye kulelisondvo-ndzaba kutjengisa tigaba temphilo yelikati. Sebentisa letihloko letingephasi kukusita.

Nika letigaba tinombolo I kuya ku 4 bese utisebentisa kulelisondvo-ndzaba lakho.

Likatana liyatalwa.		Likati liba lidzala.
Make welikati utetfwala emaviki layi-9.		Make welikati umunyisa likatana.

## Tigaba temphilo yakati



Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_



Asente loku

Yakha simbonyabuso sesilwane mafuywa.

Udzinga: Liphepha i-A4

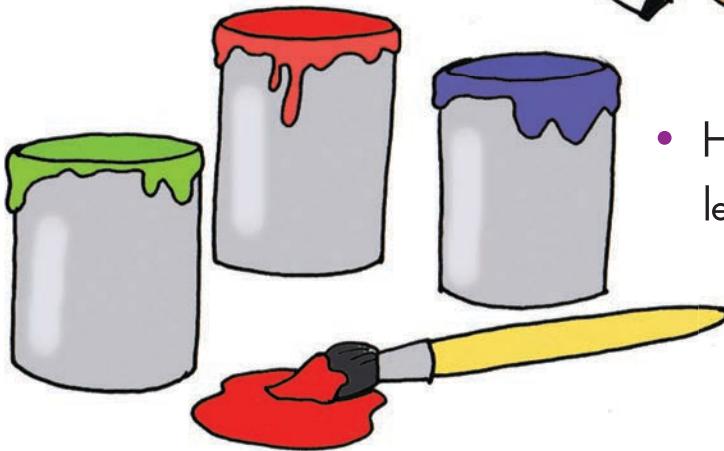
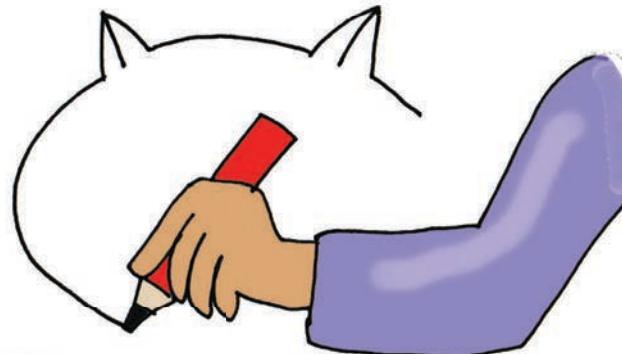
Ipeniseli

Pendi loyimphuphu nemanti

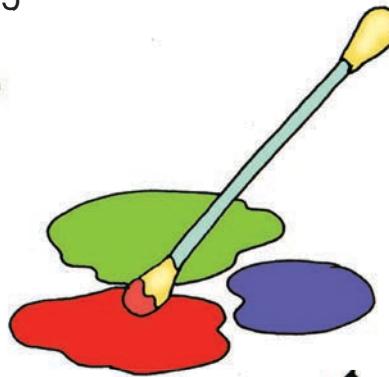
Kotini wekukhipa tigonagona  
endlebeni



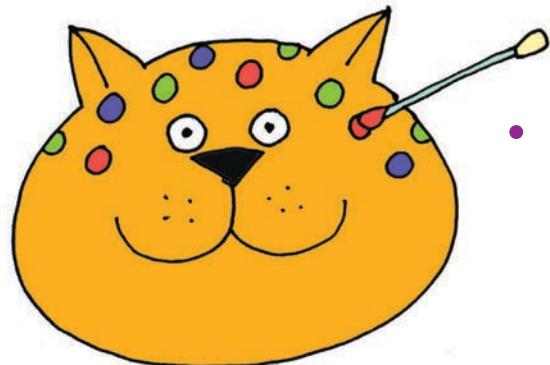
- Dvweba simo sebuso  
belikati ephepheni.



- Hlanganisa pendi wakhe imibala  
leyehlukene ibe mitsatfu.



- Sebentisa kotini wetigonagona  
kulowo nalowo mbala.



- Yakha emacashata  
lehlukene ngembala  
kuhlobisa buso  
bakati.





Asikhulume

Cocela umngani wakho ngesilwane mafuywa  
sakho noma salomunye umuntfu lomatiko.  
Shano kutsi udzingani kunakekela likati lakho.



Asente loku

Dvweba tintfo le-4 lotidzinga kunakekela likati  
lakho. Bhala umlayeto ngephasi kwesitfombe.



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Teacher:  
Sign:  
Date:



# Kunakekela indzawo lesihlala kuyo



Buka lamaphosita bese ucoca nemngani  
wakho ngaloko lasitjela kona.

Buka umdvwebo-mgomo (logo)  
wekusebentisa lokudzala ngendlela lensha.  
Uke wawubona kuphi lomdvwebo-mgomo?



## Sisebentise ngendlela lensha tsine!



Phuma

Ungawenta umdanso usebentisa  
emahuphu nemaribhoni?





Asifundze

Singayigcina njani imvelo ihlobile?

Asikhumbule letinhlavu **NPN**.



**Nciphisa:** Asinciphise kulahla tibi ngebudlabha.

**Phindza usebentise:** Phindza usebentise tintfo kanyenti ungakatilahli.

**Ngalenyen indlela:** Asitfole letinye tindlela tekusebentisa liphepha,

emabhodlela netikotela.



Asibhale

Kulelithebula ngentasi, bhala emabito etintfo letingaphindze tisebente ngalenyen indlela. Sikucalele luhla ngalunye.



Sebentisa ingilazi ngendlela lenye	Sebentisa lipulasitiki ngendlela lenye	Sebentisa liphepha ngendlela lenye	Yakha umcuba wengadze
Emabhodlela lamadzala	Tikhwama temapulasitiki	Emaphendzaba	Emacembe etibhidvo



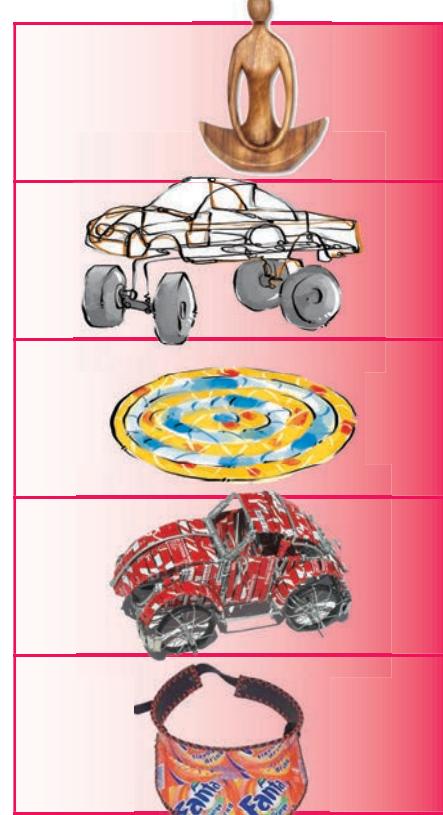


# Phindza usebentise ngendlela lensha



Asibhale

Dwuba umugca usuke kuyinye intfo ngesancele uye kulenyen gesekudla kukhomba kutsi tingasetjentiswa njani kutsi tibe lusito.



Nyalo dizajina ulebule lokutsite longakwenta ngekuphindze usebentise tintfo lese tisebentile.

Ligama lentfo

Dweba sitfombe sentfo yakho.

Yakhiwe isuselwa ku



**Asibhale**

Cabanga ngetintfo letingakha umcuba wengadze lokahle. Bhala ligama ngalinye kulawa lalandzelako eluhlwini lolufanele. Cabanga ngetintfo tekhomposi yakho utihlele kuletinhlu.

tikhwama temapulastiki

emacembe etibhidvo

tipikili

tikotela tetinatfo

tingebhuta temacandza

Tintfo letingaboli	Tintfo letibolako



**Asente loku**

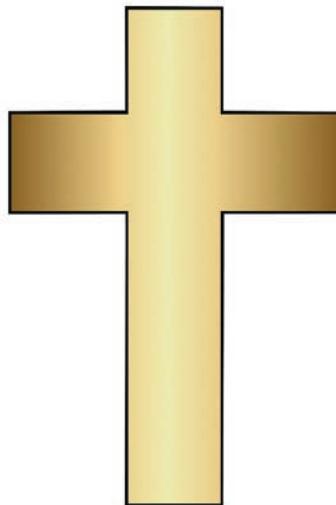
Yakha umdvwebo  
sitfombe lokhombisa  
kutsi kumele  
ungalahli kabi tibi.  
Dvweba sitfombe  
ubese ubhala umbiko.



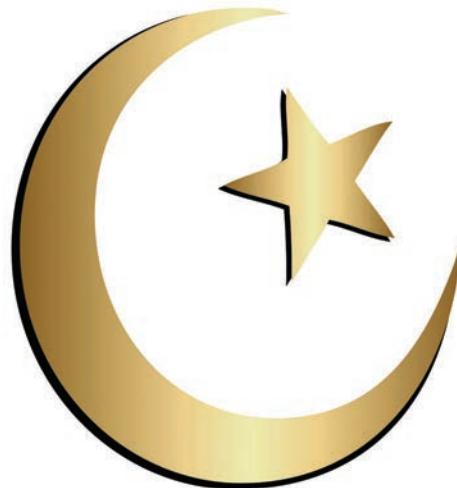


Asikhulume

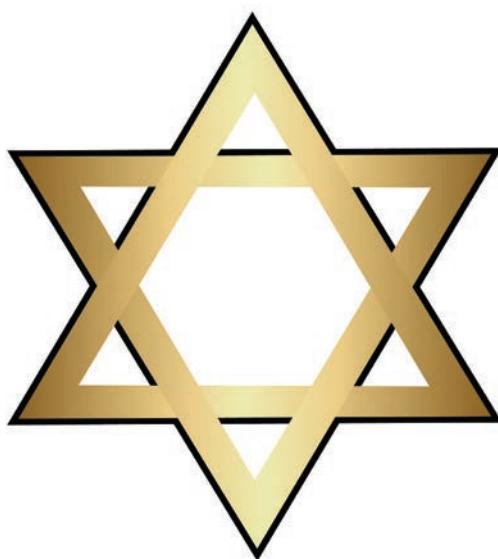
Coca nemngani wakho kutsi ngutiphi tinkholo letisebentisa letimphawu. Shano kutsi yakho inkholo nguyiphi. Uma ungaluboni lumphawu Iwenkholo yakho ludvwebe.



Siphambano lumphawu Iwenkholo yebukhrestu.



Lucetu Iwenyeti nenhanyeti lumphawu Iwenkholo yemamozilemu.



Lumphawu Iwenkholo yebujuda Yinkhanyeti ya Davide. Inkosi Davide bekuyinkosi yaka-Izrayeli.



Lumphawu Iwesi Hindu lubhalwa ngesi Sankrithi lesidzala lokululwimi lwase Ndiya.



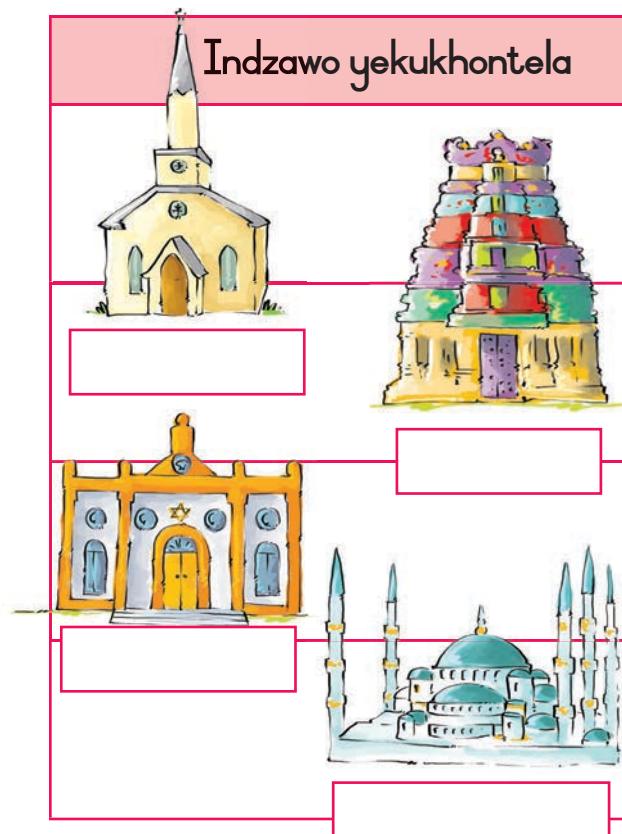
# Tindzawo tekukhontela letehlukene



Asente loku

Dweba umugca uhlanganise inkholo nendzawo yayo yekukhontela.  
Bhala libito lendzawo ngephasi kwesitfombe ngasinye.

liThempeli	iSinagogi	iMoski	liSontfo
Inkholo			Indzawo yekukhontela
BuMozilemu			
BuHindu			
BuKhrestu			
BuJuda			



Asente loku

Buta bangani bakho laba-4. kutsi nguluphi lumphau lwenkholo yabo.  
Lubhale eceleni kwemagama abo.

Libito lemngani wakho	Lumphau lwenkholo yakhe





# SITIFIKETI

**Sekucedza Libanga 3**

**Incwadzi yeMakhono eMphilo 1**

**siklonyeliswe**

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Gcwalisa ligama lakho.

Lusuku \_\_\_\_\_

Thishela \_\_\_\_\_

# Sichazamagama sami

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# Sichazamagama sami

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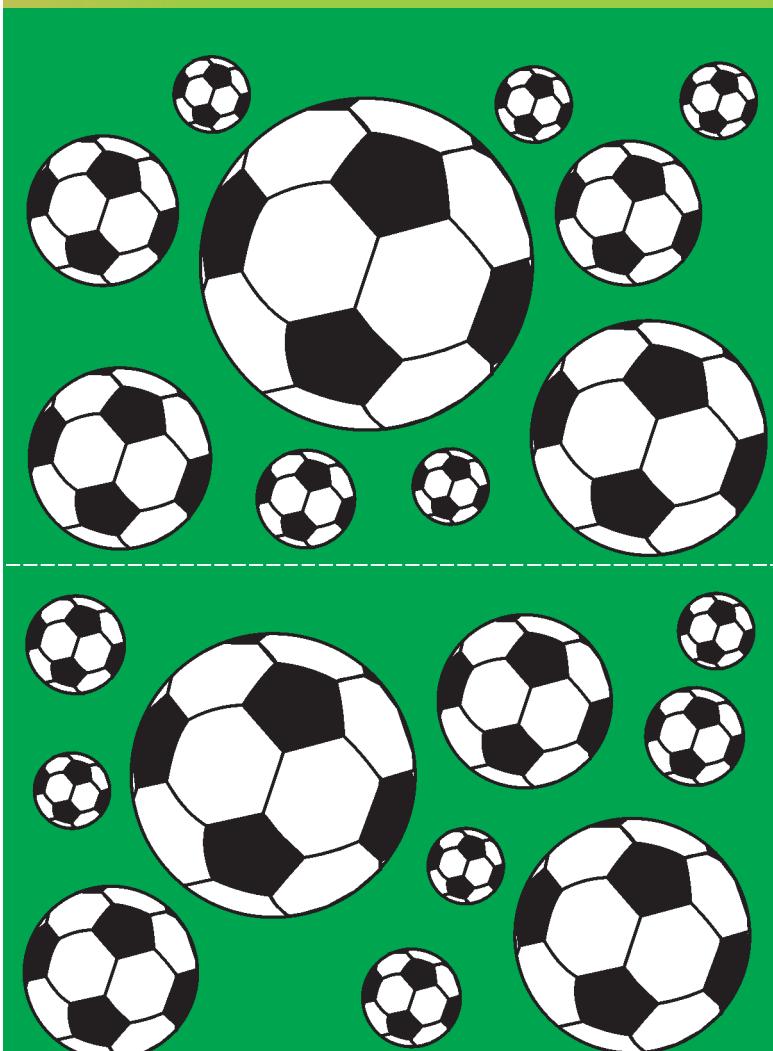
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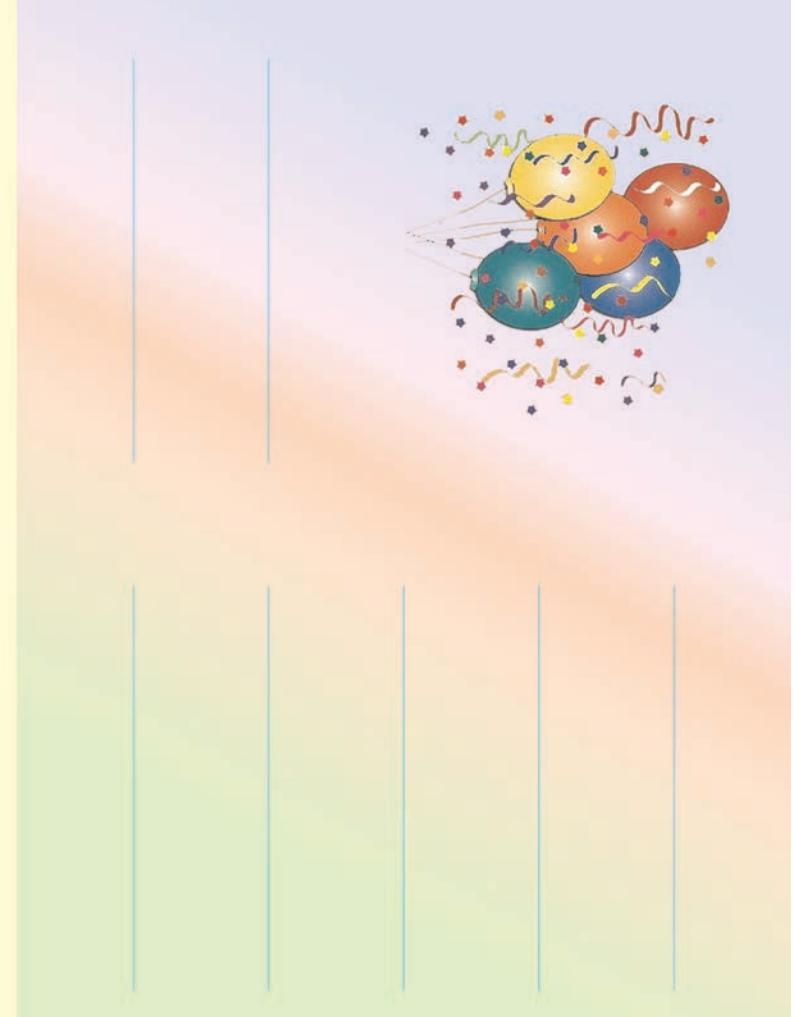
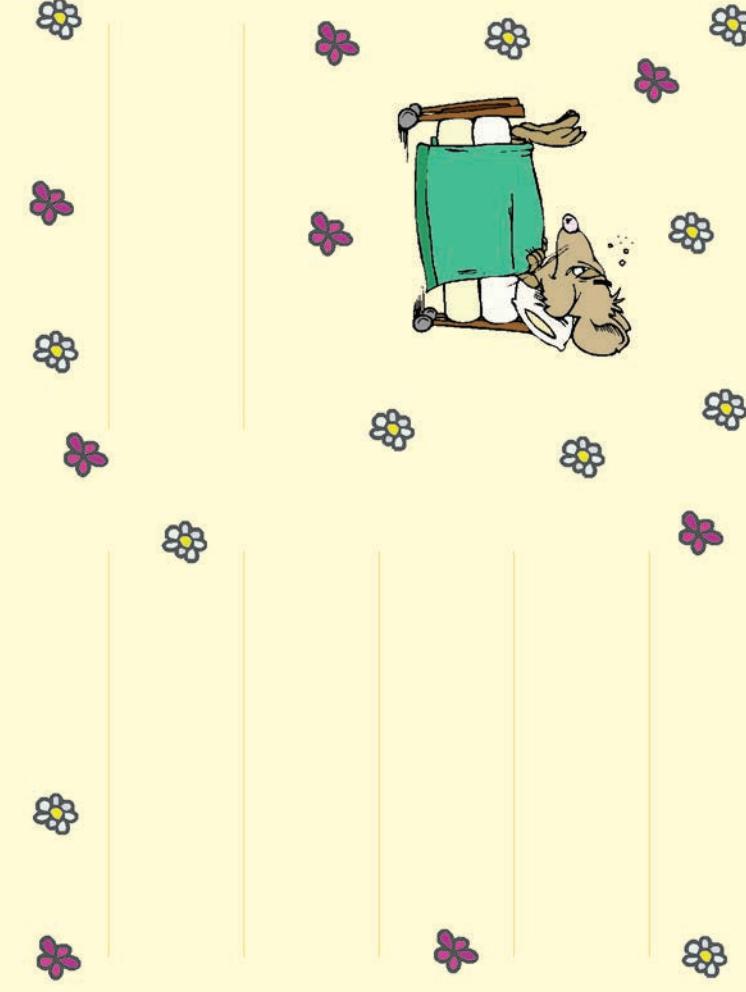
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