



# basic education

Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

**NATIONAL  
SENIOR CERTIFICATE**

**GRADE 12**

**LIFE ORIENTATION  
COMMON ASSESSMENT TASK (SUPPLEMENTARY)**

**13 OCTOBER 2015**

**MARKS: 80**

**TIME: 2 hours**

**This question paper consists of 10 pages.**

**INSTRUCTIONS AND INFORMATION**

1. This question paper consists of three sections, namely SECTION A, SECTION B and SECTION C.
2. The questions in SECTION A and SECTION B are COMPULSORY.
3. Answer any TWO questions in SECTION C.
4. Read ALL the questions carefully.
5. Number the answers correctly according to the numbering system used in this question paper.
6. Write neatly and legibly.

**SECTION A (COMPULSORY)**

Answer ALL the questions in this section.

**QUESTION 1**

1.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question number (1.1.1–1.1.10) in the ANSWER BOOK, for example 1.1.11 D.

- 1.1.1 The following qualities are necessary for a successful, long-lasting relationship:
- A Respect, honesty, love and faithfulness
  - B Respect, wealth, faithfulness and status
  - C Love, looks, honesty and a sense of humour
  - D Honesty, respect, status and faithfulness
- 1.1.2 A physically fit and healthy person should have a body-mass index (BMI) of between ...
- A 16,5 and 24.
  - B 19,5 and 26.
  - C 18,5 and 25.
  - D 17,5 and 28.
- 1.1.3 Factors that contribute to lifestyle diseases include diet, sexual behaviour, ...
- A physical activity and substance abuse.
  - B hypertension and cultural practices.
  - C tuberculosis and substance abuse.
  - D cancer and cultural practices.
- 1.1.4 It is very important to obtain a National Senior Certificate (NSC) because it gives you the opportunity to ...
- A track your progress and shows what you need to focus on.
  - B use your time effectively and to focus on studying.
  - C receive feedback and to know your strengths and weaknesses.
  - D develop through further studies and to find employment.
- 1.1.5 One of the main benefits of an independent media in a country is that ...
- A it is free to conduct propaganda and incite violence.
  - B it can freely criticise the state's policies and activities.
  - C it will always report information that is accurate and unbiased.
  - D editors are paid by the state and all reporting is controlled.

- 1.1.6 An example of unfair discrimination in the workplace is discrimination based on the ...
- A implementation of affirmative action.
  - B requirements of a particular job.
  - C productivity of the employee.
  - D location of the employee's home.
- 1.1.7 The principles of equity and redress are implemented by considering qualifications, ...
- A ethnic group, competence and scarce skills.
  - B designated group, competence and scarce skills.
  - C gender, ethnic group and experience.
  - D race, scarce skills and experience.
- 1.1.8 Examples of good work ethics include dependability, ...
- A always working late, regular absenteeism and going the extra mile at all costs.
  - B working overtime, befriending the boss and minimal leave taking.
  - C working late when needed, taking leave of absence and going the extra mile.
  - D often working overtime, avoiding being caught when late and minimal leave taking.
- 1.1.9 A major academic change which students encounter in the post-school destination is that a student ...
- A is introduced to many temptations such as drugs and alcohol.
  - B has compulsory classes at irregular hours throughout the day.
  - C must be mature enough to handle personal freedom.
  - D must always complete and hand in assignments on time.
- 1.1.10 The word 'evaluate' in an examination instruction means to ...
- A take apart an idea, concept or statement and to examine or criticise its subparts in detail.
  - B place items side by side to consider their similarities and differences to formulate a balanced (objective) answer.
  - C provide an itemised series of parts, reasons or qualities, possibly in a table, and to draw a final conclusion.
  - D describe, give examples, state points for and against, then to analyse and make a judgement in the conclusion. (10 x 1) (10)

- 1.2 Answer the following questions by writing the answer next to the question number (1.2.1–1.2.6) in the ANSWER BOOK.
- 1.2.1 What term is used to describe journalists who aim to find information that is normally hidden from the public? (1)
- 1.2.2 Briefly explain the term *gender imbalance*. (2)
- 1.2.3 What do you call a person who reports illegal activities in any sector of society? (1)
- 1.2.4 Name the research conducted to determine the success of an intervention programme. (1)
- 1.2.5 In your own words, describe the difference between *health* and *fitness* in relation to physical education. (2)
- 1.2.6 State THREE purposes of a job/employment contract. (3)
- TOTAL SECTION A: 20**

**SECTION B (COMPULSORY)**

Answer ALL the questions in this section. Write your answers in full sentences.

**QUESTION 2**

Read the extract below and answer the questions that follow.

**SPORT AND RECREATION**

Sport and recreation is a significant area of priority for young women and men all over the world. It is no less important in South Africa. The \*UNESCO International Charter of Physical Education and Sport provides strong support for the need that young people have for sport, leisure and recreational services. Sports and recreation is a valuable means of personal development for young women and men. It has also played a major role in developing a socially united environment within indigenous communities. Many of the games you see today have evolved from traditional games of the past.

\***UNESCO:** United Nations Educational, Scientific and Cultural Organisation.

[Adapted from [www.home.intekom.com](http://www.home.intekom.com). Accessed on 11 April 2015.]

- 2.1 Explain TWO social benefits of participation in indigenous games for communities. (2 x 1) (2)
- 2.2 State and examine TWO factors that may prevent some youth from participating in physical activities. (2 x 2) (4)
- 2.3 Discuss how participating in physical activities and following a balanced diet can enhance self-esteem. (3)
- 2.4 Suggest THREE ways in which your school could work with community organisations to promote participation in physical activities among all learners. (3 x 2) (6)
- [15]**

**QUESTION 3**

Study the poster below and answer the questions that follow.



**Technology is today's language. Information is now widely available in the form of electronic and print media. Social media, as an example of electronic media, has rapidly become popular as a means of communication.**

[Adapted from [www.pcworld.com](http://www.pcworld.com). Accessed on 9 April 2015.]

- 3.1 Differentiate between *electronic* and *print media*. (1 + 1) (2)
- 3.2 Give THREE reasons why electronic media has become more accessible for poorer communities. (3 x 1) (3)
- 3.3 Discuss any TWO ways in which learners can benefit from social media when completing formal assessment tasks. (2 x 2) (4)
- 3.4 Suggest THREE ways in which social media can impact negatively on citizens making informed decisions about foreign-owned businesses in a country. (3 x 2) (6)
- [15]**
- TOTAL SECTION B: 30**

**SECTION C**

Answer any TWO questions in this section.

Your response must be in the form of an essay.

**QUESTION 4**

Read the extract below and answer the questions that follow.

**RECRUITMENT TRENDS**

When companies/organisations advertise a vacant position they want as many applicants as possible. Recruitment processes therefore need to be flexible and innovative if they want to attract the right candidates for vacant positions. There has been a change in the way companies/organisations recruit employees in the 21<sup>st</sup> century.

[Adapted from *Solutions for All*, 2013, p. 232]

Write an essay on the recruitment process and include the following:

- Briefly define the term *online recruitment* and state TWO ways in which it may assist companies/organisations to find suitable employees. (1 + 2) (3)
  - Discuss the recruitment process by explaining the following steps:
    - Finding suitable applicants (2)
    - Processing the applications (2)
    - Interviewing and appointing suitable candidates (2)
  - Explain THREE ways in which your online profile/posts could negatively influence a prospective employer's view of you during the recruitment process. (3 x 2) (6)
- [15]**

**QUESTION 5**

Read the statement below and answer the questions that follow.

**CONFLICT RESOLUTION SKILLS**

When confronted with interpersonal conflict people often assume that attitudes and behaviour such as 'avoiding conflict, competing with one another and compromising your viewpoint' are the best solutions to reduce stress and to get rid of the problem.

[Anonymous]

Write an essay on interpersonal conflict and include the following:

- Explain the difference between *positive* and *negative stress* and show how a personal life crisis can result in positive stress. (2 + 1) (3)
  - Evaluate how each of the following personality types deals with interpersonal conflict:
    - Passive/Introvert (2)
    - Aggressive/Bully (2)
    - Assertive/Extrovert (2)
  - Justify why each of the following attitudes and behaviour will be ineffective when dealing with interpersonal conflict:
    - Avoiding conflict (2)
    - Competing with one another (2)
    - Compromising your viewpoint (2)
- [15]**

**QUESTION 6**

Read the extract below and answer the questions that follow.

**ANOTHER CAMPAIGN CALLS ON SOUTH AFRICA'S  
WOMEN AND GIRLS TO \*ZAZI**

\*ZAZI is the name of a new campaign under the leadership of the SOUTH AFRICAN NATIONAL AIDS COUNCIL (SANAC). The campaign advocates for women to have greater access to key services and commodities that can help stop new HIV infections, minimise unwanted pregnancies, prevent mother to child transmission of HIV, ensure healthy lifestyles, early detection and management of chronic diseases and fight against gender-based violence. 'It aims to engage all sectors of society to tackle these challenges, including hosting community dialogues, talking to the youth through our campus tour programme and a very active mass media aspect to name a few,' Bronwyn Pearce explains.

\***ZAZI** is an Nguni word meaning 'know yourself'.

[Adapted from [www.zazi.org.za](http://www.zazi.org.za). Accessed on 4 April 2015.]

Write an essay on the evaluation of campaigns and include the following:

- Despite many existing campaigns addressing the challenges stated in the article above, the ZAZI campaign has been introduced.  
Give THREE reasons why you think another campaign, ZAZI, has been introduced to address the same challenges. (3 x 1) (3)
  - Assess whether the ZAZI campaign will manage to change individual behaviour in a positive or negative way and mobilise the public to take action. Consider the following criteria in your assessment:
    - Size and composition of its target group (3)
    - Number of objectives of the campaign (3)
  - Evaluate THREE ways in which the actions and behaviour of the youth may contribute to either the success or failure of such campaigns in communities. (3 x 2) (6)
- [15]**

**TOTAL SECTION C: 30**  
**GRAND TOTAL: 80**