

Ibuyekeziwe –
Ihambisana
ne-CAPS

Ibanga loku-



Amakhono Empilo ISIZULU

Incwadi yoku-1
Ithemu 1&2



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Izincwadi zokusebenzela ezikhona kulolu hla lwezincwadi:

- Ulimi/Ulimi lwasekhaya Amabanga 1 – 6
(Ngezilimi zonke ezisemthethweni)
- Izibalo Amabanga 1 – 3
(Ngezilimi zonke ezisemthethweni)
- Izibalo Amabanga 4 – 9
(NgesiNgesi nesiBhunu)
- Amakhono Empilo Amabanga 1 – 3
(Ngezilimi zonke ezisemthethweni)

Igama:

Iklasi:

LIFE SKILLS IN ISIZULU
GRADE 1 – BOOK 1
TERMS 1 & 2

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Isihlalo sabakhubazekile

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UNK Angie Motshekga,
uNgqongqoshe weMfundo
eyiSesekelo



UMnu Enver Surty,
iSekela loMnyango
weMfundo eyiSesekelo

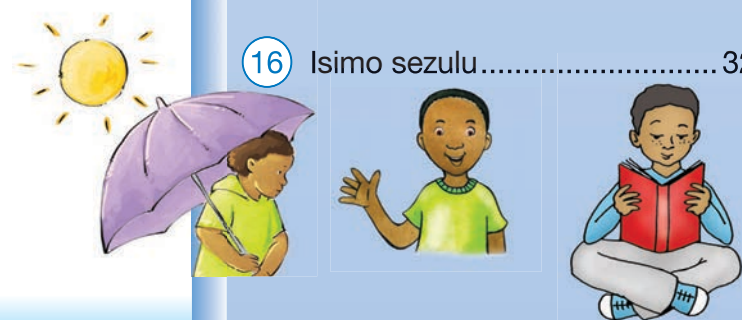
Lezi zincwadi zokusebenzela zenzelwe abantwana baseNingizimu Afrika ngaphansi kwesandla sikaNgqongqoshe weMfundo eyiSesekelo, uNkk Angie Motshekga, neSekela likaNgqongqoshe weMfundo eyiSesekelo, uMnu Enver Surty.

Lezi zincwadi ezibizwa ngeRainbow Workbooks ziyingxenywe yoMnyango weMfundo eyiSesekelo lapho uMnyango uzama khona ukungenelela ukuze kuthuthukiswe imfundo yabantwana bamabanga asuka kwelokuqala kuya kwelesithupha eNingizimu Afrika. UMnyango weZimali uxhase lo mkhankaso kaHulumeni njengento yokuqala uHulumeni azibekela yona ukuthi ayisukumele. Uxhaso loMnyango weZimali lusize uMnyango wezeMfundo ukuthi ukwazi ukukhiqiza uphinde usabalalise ngaphandle kwenkokhelo lezi zincwadi zokusebenzela ngazo zonke izilimi zaseNingizimu Afrika ezisemthethweni.

Sinethemba lokuthi othisha bazozithanda basebenze kangcono ngazo lezi zincwadi ekufundiseni kwabo kwansuku zonke, baphinde bathole futhi isiqiniseko sokuthi abafundi babo bafundiswa konke abamelwe ukufundiswa khona njengoba kuvela kusilabhasi yabo. Sizamile ukuqiniseka ukuthi sifaka izithonjana (ama-icon) emisebenzini yokwenziwa ukuze uthisha akuthole kulula ukuyilandela nokuqonda ukuthi umfundi yini alindeleke ukuyenza.

Sinethemba futhi lokuthi abantwana uqobo lwabo bazokujabulela ukusebenzisa lezi zincwadi ekukhuleni kwabo bakhule nolwazi ezilukukethe, bese kuthi wena njengothisha wabo uthokoze kanye nabo ekuqcineni.

Sifisela wena nomfundi omfundisayo impumelelo ngenkathi usebenzisa lezi zincwadi.



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Ibanga loku-

1



Amakhono Empilo
NGESIZULU
Incwadi yoku-I



Le ncwadi ngeka –



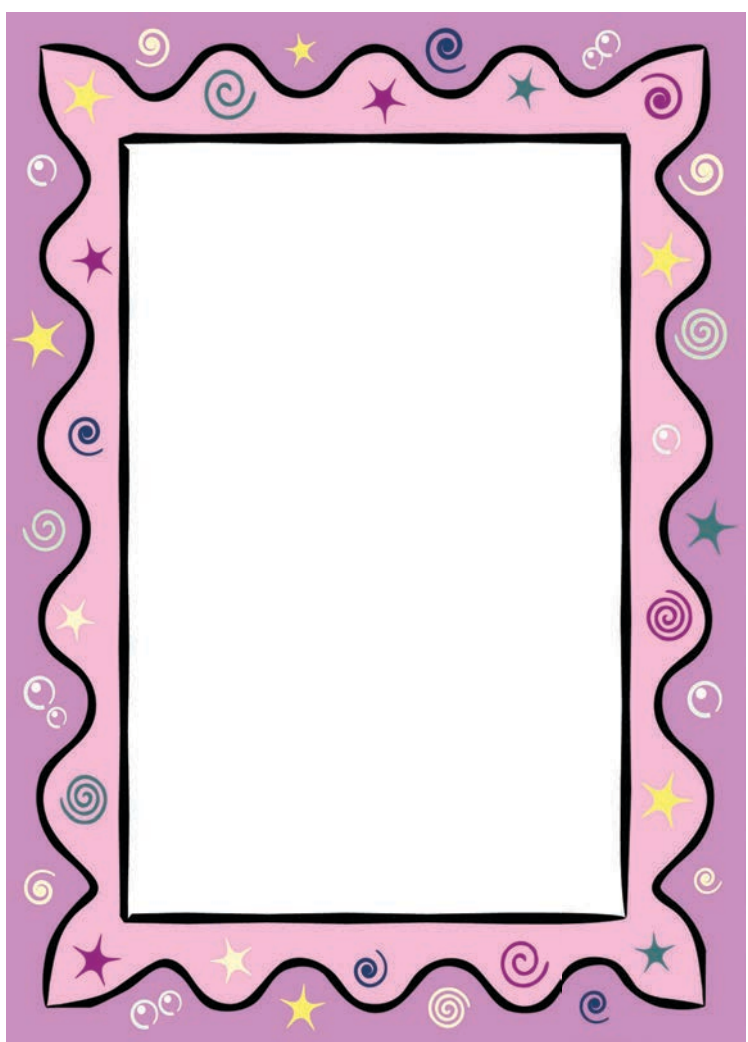
Mina

IThemu I – ISonto I – Ikhasi lokusebenzela



Masenze lokhu

Namathisela isithombe sakho kumbe uzidwebe wena lapha.



Igama lami ngingu 

_____.

Isibongo sami ngingu

_____.

Ngineminyaka e _____
ubudala.

Umndeni wami unamalungu a

_____.

Inombolo yethu yocingo ithi:

_____.

Ikheli lethu lithi:



Ngiyalwazi usuku lwami
lokuzalwa.

yebo	angazi kahle	cha
------	-----------------	-----

Usuku:



Masidwebe



UJoe ulidlala kahle ibhola lezinyawo.

Dweba into okwazi ukuyenza kahle.



Tshela abangane bakho ukuthi yini okwazi ukuyenza kahle. Landelisa ngokufaka umbala enkanyezini ukukhombisa ukuthi yini okwazi ukuyenza.



Masikhulume



Ngiyakwazi ukufunda.



Ngiyakwazi ukuzigqokisa.



Ngiyakwazi ukubhala igama lami.



Ngiyakwazi ukudansa.



Ngiyakwazi ukwenza itiye.



Ngiyakwazi ukuxubha amazingo ami.

Teacher: _____
Sign: _____
Date: _____

Imibala nomdanso



Masenze lokhu

Uyayazi le mibala? Tshela abangane bakho amagama emibala.



Faka umbala ofanele esithombeni ngasinye.



Ubhanana ophuzi



I-apula elibomvu



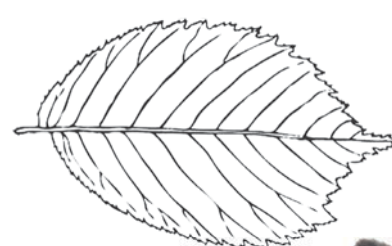
Ijezi elisasibhakabhaka



Isambulela esimibalabala



Iwolintshi elinombala wewolintshi



Icembe eliluhlaza



Masiqhubeke

Ngaphambi kokwenza noma yini ngaphandle, qala ngokuzelula njengekati. Lokhu kuzokwenza umzimba unyakaze kalula. Zelule ngemuva kokwenza okuthile ngokuthi uphumule uphole. Lokhu khona kukusiza ukuthi ungabi nobuhlungu bezicubu zomzimba. Enza-ke manje lokhu okwenziwa yilezi zingane.



Cula iculo elithi "ikhanda namahlombe" ngenkathi:

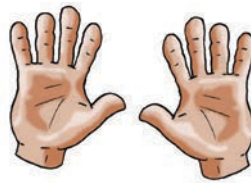
- wenza sengathi udlala isigubhu.
- wenza sengathi udlala isigingci.





Masizijabulise

Shayani izandla ngendlela elandelayo.



Khwehle Khwehle Khwehle Khwehle



Khwehle Khwehle Khwehle



Khwehle Khwehle Khwehle Khwehle

KhwehleKhwehleKhwehleKhwehleKhwehle



Masenze lokhu

Ungakwazi ukwenza lezi zinto? Khombisa abangane bakho.

Ngiyakwazi ukugijima ngiye le nale nale ngingashayisani namuntu.			
Ngiyakwazi ukudlala ingqathu.			
Ngiyakwazi ukugingqela ibhola elikhulu kumngane wami.			



Sonke sehlukile



Masikhulume

Buka isithombe utshele umngane wakho ukuthi laba bantwana behlukene ngani nani.



Kukhulu kuncane

Abanye bethu bakhulu, abanye bancane.

Abanye bethu bafushane kanti abanye bade.

Abanye bakwazi ukugxuma, abanye bakwazi ukucula.

Sonke sinento esikwazi ukuyenza kahle.

Yini wena okwazi ukuyenza kahle?



Masikhulume

Tshela abangane bakho ukuthi kube njani ngenkathi uqala esikoleni esisha.

ujabulile	ukhathazekile	weneme	uthukuthele	unamahloni



Dweba

Dweba isithombe usho ukuthi **ungaba njani** uma uphiwa ithoyizi elisha. Bhala igama elifanele esikhaleni ngezansi bese udweba uveze ukuthi ungaba njani uma kwenzeka lokhu.



Masikhulume



Tshela umngane wakho ukuthi kwenzekani esithombeni ngasinye. Yisho ukuthi ungaba njani uma lezi zinto zingenzeka kuwe. Beka uphawu ebusweni obufanele.

Uma umfana
omkhulu kunawe
ethatha izinto
zakho.



ngingajabula



ngingaba
ngothakasile



ngingakhathazeka

Uma wena nomngane
wakho nihlala phansi
nidlale.



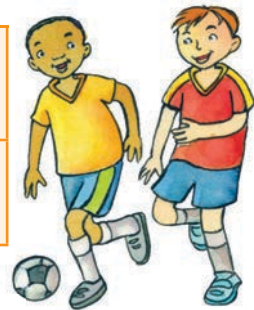
ngingathukuthela



ngingajabula



ngingethuka



Uma uqaqa isipho.



ngingethuka



ngingaba
ngothakasile



ngingaba
namahloni

Uma umfowenu noma
udadewenu ephula
ithoyizi olithandayo.



ngingaba
namahloni



ngingathokoza



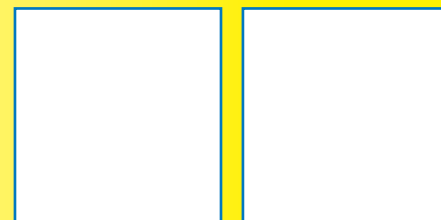
ngingathukuthela



Masenze lokhu

Ngcolisa umunwe wakho ngopende, bese uthinta iphepha ngalowo munwe. Cela umngane wakho enze njalo naye. Kuzosalela iminwe ephepheni.

Uthi bewazi ukuthi akekho umuntu oneminwe enjengeyakho emhlabeni? Ungokhethekileyo, nguwe kuphela oyilo muntu **onguye** emhlabeni wonke. Ngisho amawele awanayo iminwe efanayo.



Uyabona ukuthi iminwe
kayifani?



Asifani sonke singabantu



Masikhulume

Buka laba bantwana.
Ubona sengathi bayafana?
Bahlukene ngani?



Masenze lokhu

Buka lesi sithombe bese ubheka ukuthi okushiwoyo **kuliqiniso**
noma **akulona yini**.
Faka umbala osatshani emishweni eliqiniso.
Faka umbala obomvu emishweni engesilo iqiniso.



Bonke banezingalo ezimbili
nemilenze emibili.

Bonke bangamantombazane.

Bonke bagqoke izicathulo.



Bonke bagqoke
amabhulukwe.

Bonke bayizingane.



Bonke banezinwele ezinde.



Masidwebe

Dweba isithombe sakho esikhaleni sokuqala. Bese udweba isithombe somngane wakho omkhulu. Emva kwalokho ubuke izithombe zombili ubheke ukuthi yini eningafani ngayo ninomngane wakho.

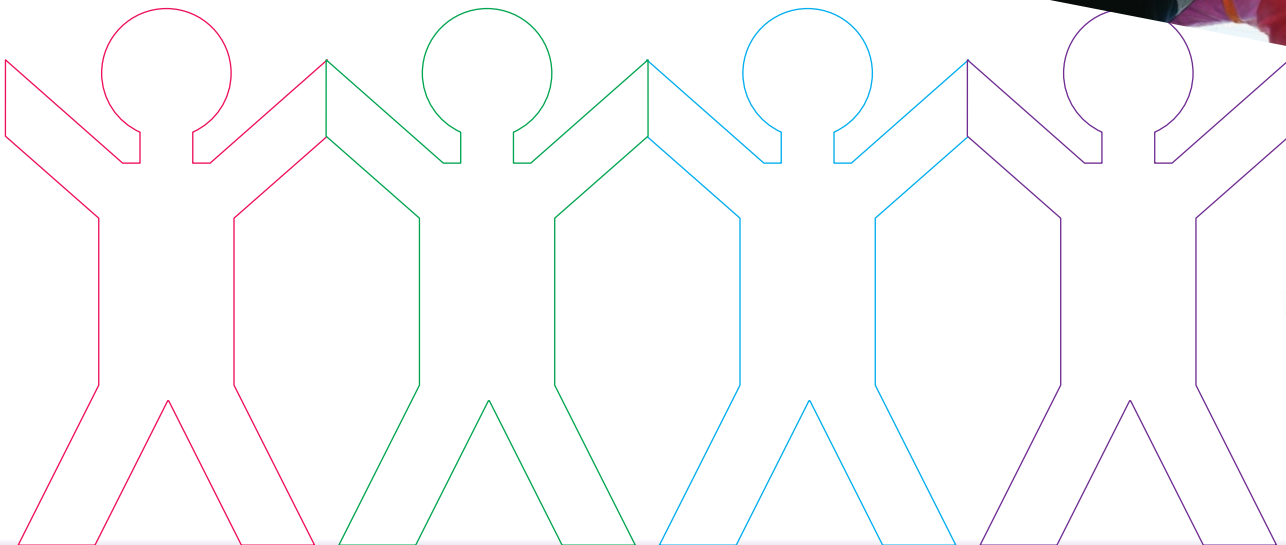


Mina	Umngane wami



Masenze lokhu

Faka umbala kuleli ketanga lobungani ukukhombisa ukuthi abantu abafani. Uma sewuqedile ulisike iketanga uhlobise ngalo indawo okusikwa kuyo kule ncwadi.



Teacher: _____
 Sign: _____
 Date: _____



Masicule

Cula iculo



Ngaphambi kokuthi ucule, zivocavoce kanje:
Donsa umoya kakhulu uwuphefumule ngokuwuyeka
kancane kancane.
Enza sengathi ucisha amakhandlela ekhekheni losuku
lwakho lokuzalwa. "hl-hl-hl-hl-hl".

Izinkawana ezincane ezinhlanu

Zagxumagxuma phezu kombhede.

Eyodwa yawa yalimala ikhanda.

Umama wabiza udokotela, udokotela wathi,

"Zinkawana akume nsi ukugxuma phezu kombhede!"

Izinkawana ezincane ezine

Zagxumagxuma phezu kombhede.

Eyodwa yawa yalimala ikhanda.

Umama wabiza udokotela, udokotela wathi,

"Zinkawana akume nsi ukugxuma phezu kombhede!"

Izinkawana ezincane ezintathu

Zagxumagxuma phezu kombhede.

Eyodwa yawa yalimala ikhanda.

Umama wabiza udokotela, udokotela wathi,

"Zinkawana akume nsi ukugxuma phezu kombhede!"

Izinkawana ezincane ezimbili

Zagxumagxuma phezu kombhede.

Eyodwa yawa yalimala ikhanda.

Umama wabiza udokotela, udokotela wathi,

"Zinkawana akume nsi ukugxuma phezu kombhede!"

Inkawana encane eyodwa

Yagxumagxuma phezu kombhede.

Yona yodwa yawa yalimala ikhanda.

Umama wabiza udokotela, udokotela wathi,

"Nkawana akume nsi
ukugxuma phezu kombhede!"





Masidwebe

Dweba ubuso bakho.

Budwebe bube namehlo, izindlebe, umlomo nezinwele.

Tshela abangane bakho ukuthi ubukeka kanjani.

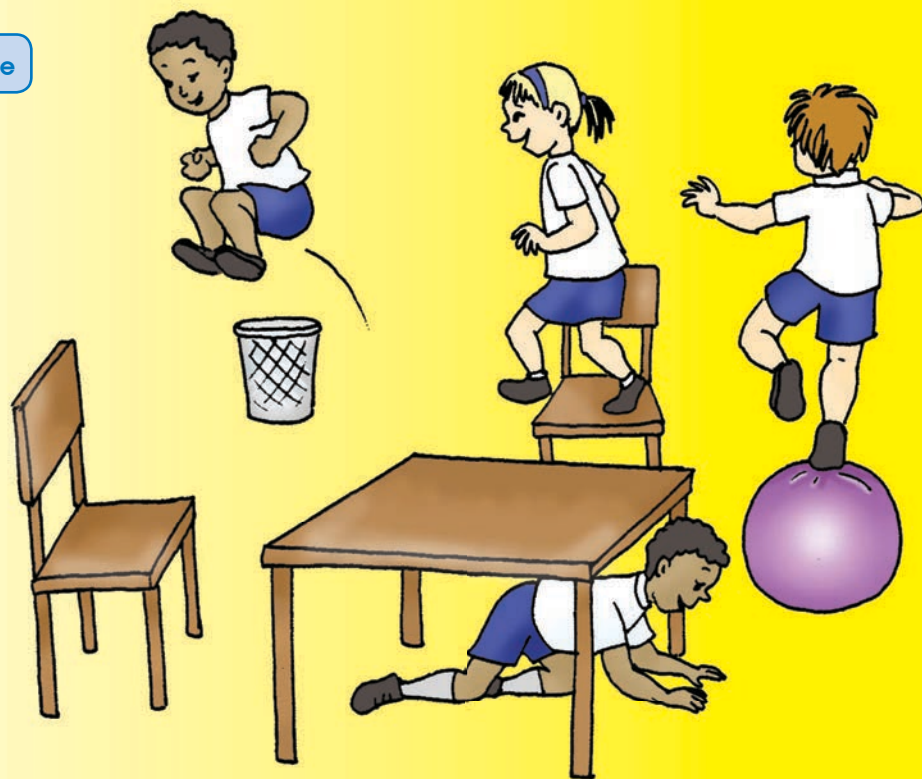


Masiqhubeke

Beka izinto
ezithikamezayo
ngaphandle kweklasi
ezifana nalezi. Uzokusiza
uthisha wakho.

Eqa usuke esihlalweni
uye kwesinye.

Gaqa ngamadolo uphume
ngaphansi kwamatafula.



Teacher: _____
Sign: _____
Date: _____

Ngiyaziqhenya ngesikole sami



Masenze lokhu

Dweba isithombe sakho ugqoke izingubo zesikole. Emva kwalokho ugwalise izimpendulo lapho kufanele khona. Ngiya esikoleni

_____.

Isibongo sikathisha wami ngu –

_____.

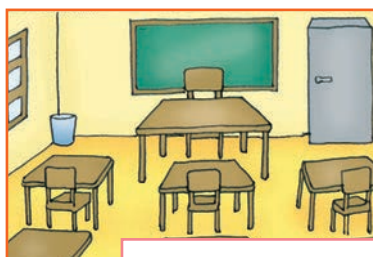
Isibongo sikathishomkhulu ngu –

_____.



Bhala

Bhaka izithombe. Sika igama elihambisana nesithombe ulinamathisele eceleni kwesithombe.











inkundla yebhola

iklasi

ihhovisi

umabhalane

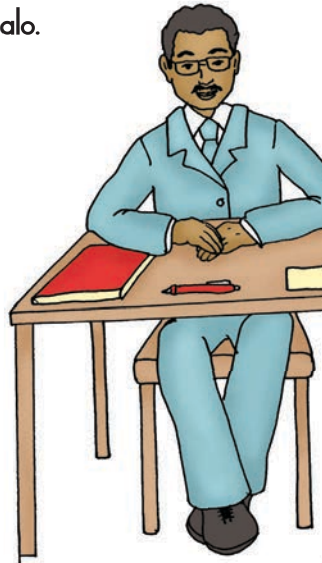
indlu encane

Usuku:



Bhala

Ngobani la bantu abahlukahlukene abasesikoleni? Buka isithombe ukhulume ngokuthi bangobani nokuthi benzani laba bantu. Sika igama elifanele emagameni angezansi kuleli khasi ulinamathisele eceleni kwesithombe esifanele. Yalela umngane indlela eya ehhovisi likathisha omkhulu, endlini encane kanye nasezinkundleni zemidlalo.



Masizijabulise

Ibhokisi likaJona alithandayo liwile. Yisho ukuthi unamakhrayoni amangaki, bese ubhala inani lawo ebhokisini. Dweba isithombe esinemibala ekhanyayo kwelinye iphepha, ukhombise ukuthi wena nomngani wakho nidlala kanjani. Dweba ifulemu izungeze isithombe.



abantwana

umhlanzi
wendlu

uthisha

uthishomkhulu

Teacher:
Sign:
Date:



7

IThemu 1 – ISonto 4 – Ikhasi lokusebenzela

Izindawo ezahlukahluken



Masenze lokhu

Khombisa umngane wakho ukuthi wena uyakwazi.

Ukucasha ngaphansi kwento ethile.



Casha ngemva kwento ethile.



Ngicashe ngaphansi kwetafula.



Yima eduze kwento ethile.



Yima phezu kwento ethile.



Masiqhubeke

Sebenzisa ibhola kumbe isaka likabhontshisi. Lijikijele phezulu bese ulingaka. Lithwale isaka uliyekelele ekhanda bese uzulazula nalo kancane. Lithwale-ke manje uliyekelele bese uhambahamba phezu kwento ethile kumbe phezu kwentambo encane ebekwe phansi enhlabathini.

Ngiyakwazi ukujikijela.



Ngiyakwazi ukunqaka.



Ngiyakwazi ukuthwala isaka likabhontshisi ngiliyekelele.





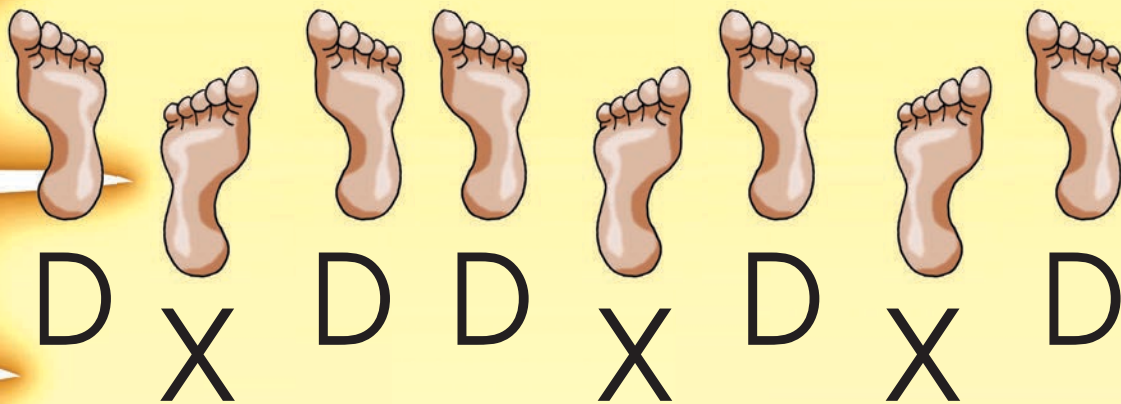
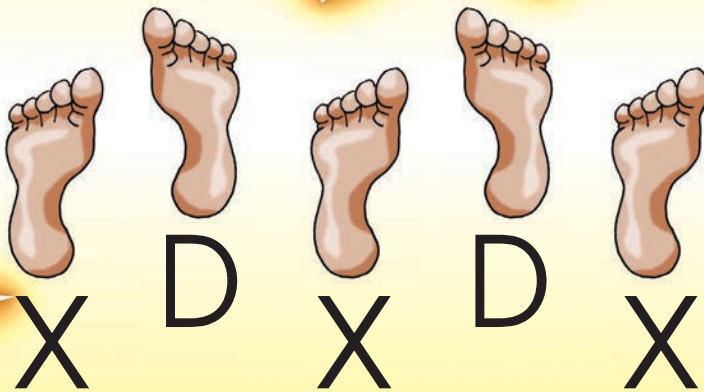
Masiqhubeke

Shaya phansi ngezinyawo kanje.

X = Ngesokunxele



D = Ngesokudla

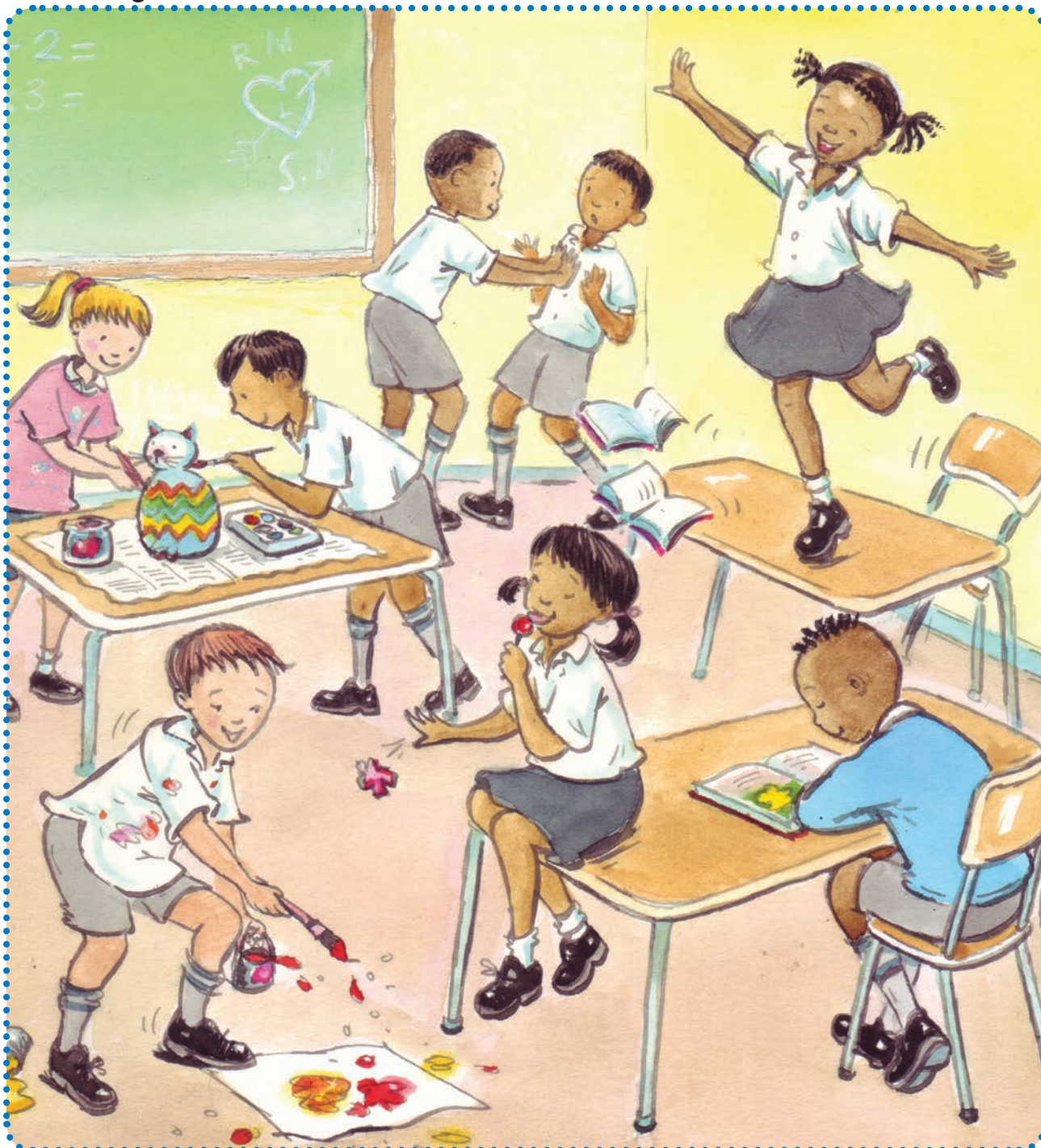


Masikhulume

Bukisisa lesi sithombe bese ukhuluma ngalokho okubonayo.

Kuleli klasi kwenzeka izinto ezimbi nezinhle.

Ubona kuphi ukuziphatha okuhle? Yikuphi ukuziphatha okubi okubonayo?





Masikhulume

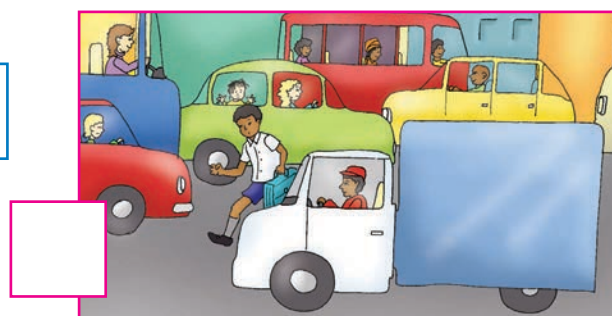
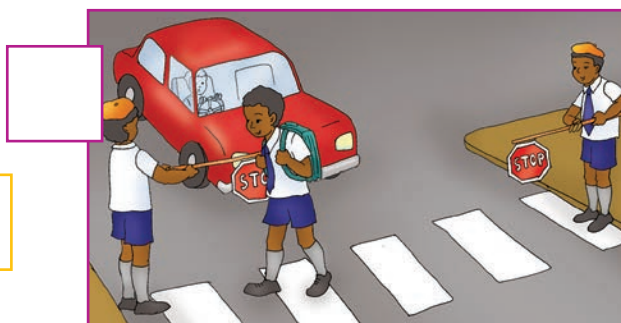
Thikha ✓ eceleni kwakho konke ukuziphatha okuhle bese ubeka
isiphambano ✗ eceleni kwakho konke ukuziphatha okubi.



Teacher: _____
Sign: _____
Date: _____

Masikhulume

Uya kanjani esikoleni nsuku zonke? Uphephile? Zikhona izindlela zokuya esikoleni ezingaphephile? Xoxa nomngane wakho nisho ukuthi lezi zingane ziya kanjani esikoleni. Beka uphawu ✓ kwizindlela eziphephile zokuya esikoleni. Beka uphawu ✗ kulezo ezingaphephile.



Uya kanjani esikoleni ekuseni?



Masenze lokhu

Buza abangane bakho aba-5 ukuthi baya kanjani esikoleni nsuku zonke. Beka uphawu kuleli shadi elenzelwe bona.

ngezinyawo



ngebhasi



ngemoto/ngeveni



Amagama abangane

1	2	3	4	5

gciza uma ngigijima.

Yebo Cha

Ngiyakwazi ukugwinciza uma ngiqijima.

Yebo

Cha

Ngiyakwazi ukushintsha izindlela uma ngigijima ngoba ngitshelwe nguthisha wami.



Masighubeke

Usuku:



Masenze lokhu

Dweba isithombe esikhombisa ukuthi uhamba kanjani uma uya esikoleni.



Masiqhubeke

Lalela umculo ozodlalwa nguthisha wakho.

Wudansele umculo lowo.

Gobisa amadolo welule imilenze yakho.

Dlalisa amahlombe uwehlise uwaphakamise.

Yisa izihlakala kwesokunxele ubuye uziyise kwesokudla.



Masiqhubeke

Nqakisanani ngebhola wena nomngane wakho.

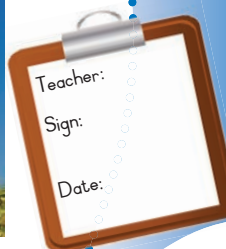
Sebenzisa ingalo ongajwayele ukuyisebenzisa ukujikijela ibhola ulibuyisele emuva.

Kungabe ngikwazile ukujikijela ibhola ngilibuyisele emuva ngengalo engingajwayele ukuyisebenzisa?



Masiqhubeke

Qhuba umngane wakho sengathi uqhuba ibhala.



Ngihlala ngihlanzekile



Masikhulume

Kubalulekile ukujwayela imikhuba emihle usemncane.

Nazi izinto ongazenza ukuhlala uhlanzekile.

Xoxa ngesithombe ngasinye.



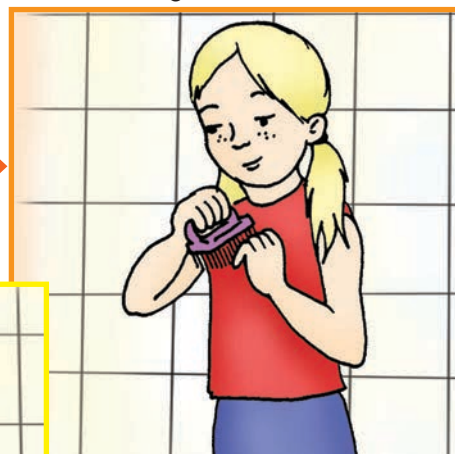
Ngixubha amazinyo ami.



Ngihlanze izandla zami njalo uma kade ngisendlini encane.



Ngigeze njalo nje.



Ngihlanze izinzipho njalo.



Ngisebenzise indlu encane.



Ngihlanze izithelo njalo ngaphambi kokuzidla.



Ngisebenzise iduku uma ngithimula, ngikhwehlela noma ngisula ikhala.

Mina kumele

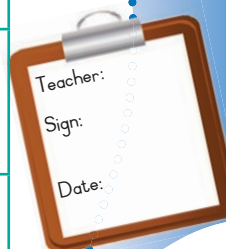


Bhala

Yiziphi izinto okumele uzisebenzisa ukuze uhlale uhlanzekile ngazo?
Faka umbala enkanyezini ukhombise ukuthi usebenzisani ukuzigcina uhlanzekile. Usho futhi ukuthi uzisebenzisa kanjani ukuzihlanza wena ngazo.



Thikha ukhombise ukuthi ungakwenza yini okulandelayo:	yebo	cha
Ngiyakwazi ukugibela isikhwelo sejangele -jimu.		
Ngiyakwazi ukuhamba ngokubambelela ngezandla kujangele -jimu.		
Ngiyakwazi ukugaqqa ngamadolo kujangele -jimu.		





Masifunde

Omunye umkhuba omuhle
wokusebenzisa indlu encane
ngendlela efanele.

Khumbula



Uma kwenzeka ungcolisa
endlini encane, hlikihla.



Khumbula ukuvulela amanzi
uma kade usendlini encane.



Vala umnyango uma usendlini
encane.



Ungalimoshi iphepha lasendlini
encane.



Hlanza izandla njalo uma ukade
usendlini encane.



Bhala

Kokelezela amagama asitshela ukuthi kumele sizenze kangaki lezi zinto.

Ukugeza izinwele.



nsuku zonke

ekuseni nantambama

kabili ngesonto

kanye ngesonto

Ukuxubha amazinyo.



nsuku zonke

ekuseni nantambama

kabili ngesonto

kanye ngesonto

Ukugeza umzimba.



nsuku zonke

ekuseni nantambama

kabili ngesonto

kanye ngesonto

Ukugeza ubuso.



nsuku zonke

ekuseni nantambama

kabili ngesonto

kanye ngesonto



Ngihlanzekile



Masiqhubeke

Dlala umdlalo othi "USimoni uthi" uwudlale nothisha.
Hambahambani eklasini ningashayisani nakancane.
USimoni uthi "**thinta ikhanda lakho.**"



Khombisa lokhu

Khombisa umngane wakho ukuthi
ukwenza kanjani lokhu.

Geza izingalo zakho.



kama izinwele.



sula izandla



xubha amazinyo.



geza ubuso.





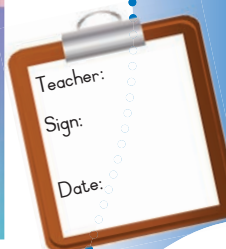
**Ngiyakwazi shaya izandla
nokushaya ngezinyawo phansi**

**Ngiyakwazi ukunqekuzisa
ikhanda**

nokushwibha izingalo

**Ngiyakwazi ukuhamba
ngamazonzwane**

ngithinte ikhala lami.



Izenzo ezinempilo



Masifunde

Sidingani ukuze sihlale siphilile?

**Ukudla
okunempilo**



**Ukuzivocavoca
ngokwanele**

**Ukuhlala
sihlanzekile**



**Ukuba lapho
kunomoya
ohlanzekile khona**

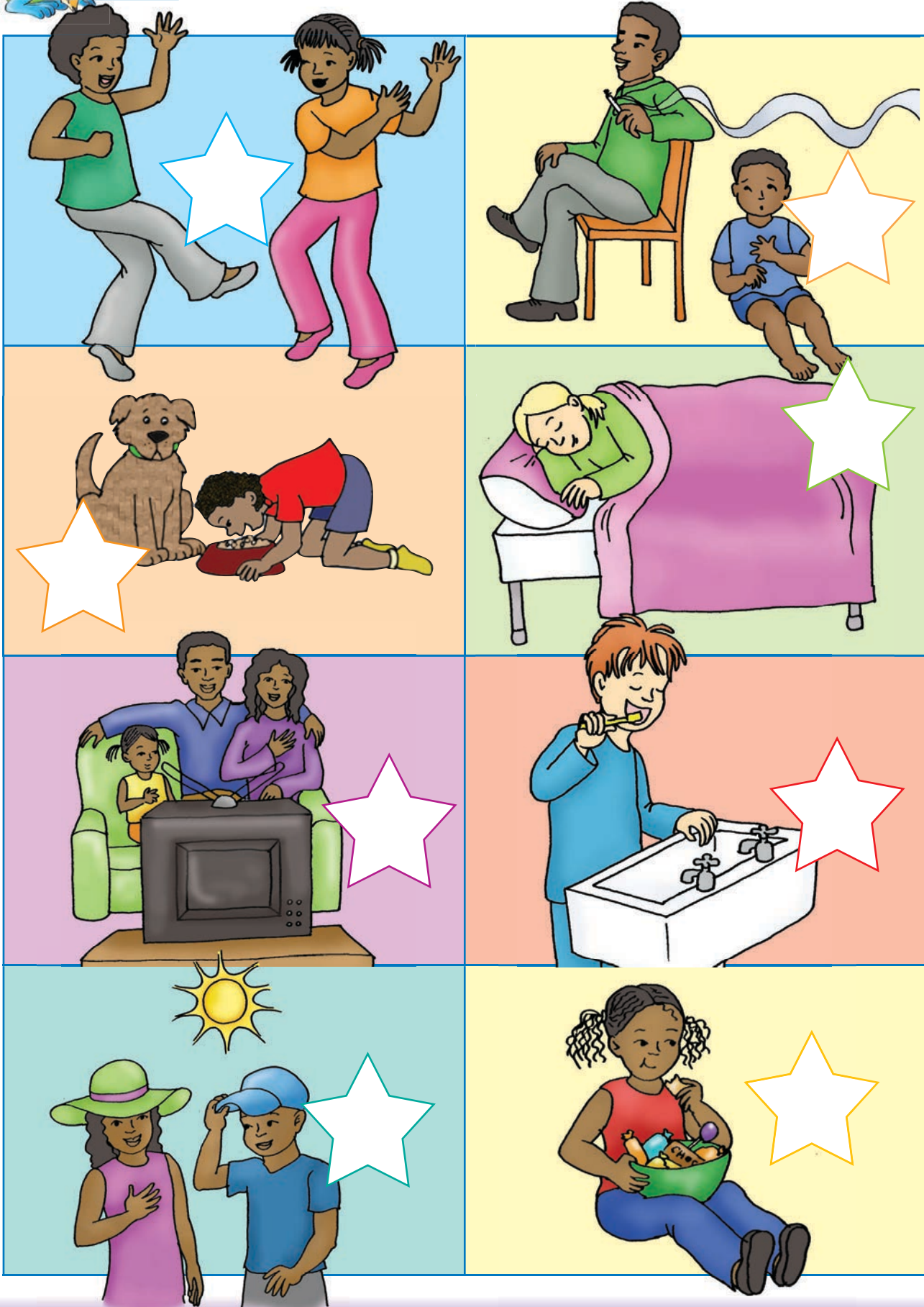
**Ukulala
ngokwanele
nokungabuki iTV
njalo!**





Bhala

Beka uphawu ✓ emikhubeni emihle kanye ne ✗ kwemibi.



Teacher: _____
Sign: _____
Date: _____

Ukuhlanzeka



Masenze lokhu

Izinto esizisebenzisayo
ukusigcina sihlanzekile.



umuthi wokuxubha



isixubho



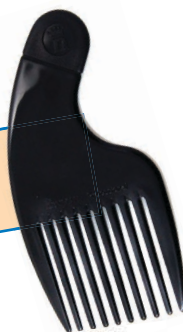
insipho



ukhilimu wezandla



ishampu



ikama



ibhulashi



ibhulashi lezinzipho



umshini wokunquma izinzipho



Masiqhubeke

Bambanani ngezandla nime indilinga.

Nikezelanani ngebhola ngokujikijelelana.

Engezani ngebhola njalo nje ngenkathi ninikezelana.

Engezani ibhola lesithathu niqhubeke nokunikezelana.



Masikhulume

Yini engaqoqekile egunjini lokulala?

Kumele wenzeni ukuze kuqoqeke egunjini lokulala?

Zenzani izingane? Yini okumele ziyenze empeleni?



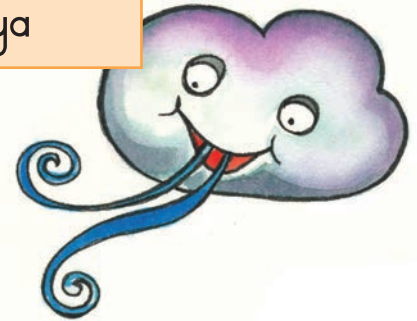
Isimo sezulu engisithandayo



Masikhulume

Buka izimo ezahlukene zezulu utshele umngane wakho ukuthi yisiphi isimo osithanda kakhulu.

kunomoya



libalele



imvula



liguqubele kuyabanda



Kwezinye izingxenye zezwe kuyaye kubande ngendlela yokuthi ligcine likhithika.

Kwesinye isikhathi kuba nesichotho.

Imimoya evunguza ngamandla ibizwa ngesiphepho.



Masenze lokhu

Dweba isithombe sakho usemvuleni noma eqhweni.

Dweba isithombe sakho ephepheni elikhulu usebenzise amakhrayoni eweksi.

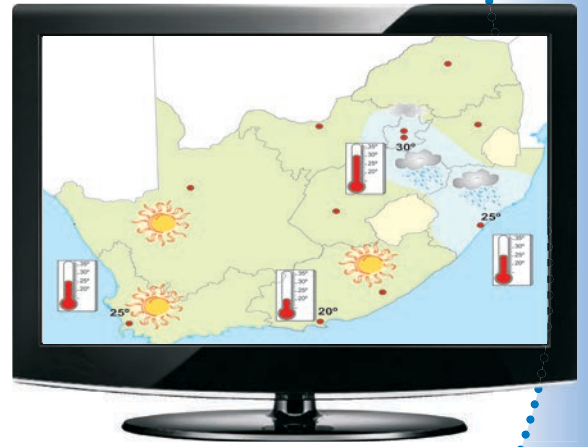
Xuba amanzi nokokuguqula umbala wokudla nopende ekhasini lonke.

Thela upende omhlophe phezu kwesithombe.

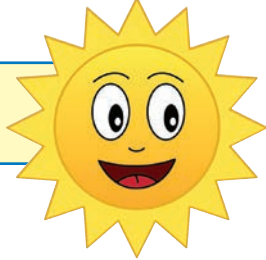


Masifunde

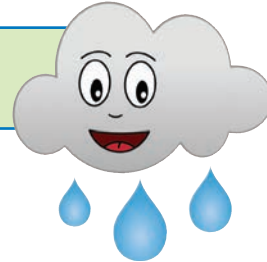
Sisebenzisa ishadi lesimo sezulu ukusho ukuthi izulu linjani. Sisebenzisa izimpawu ukukhombisa izinhlobo ezahlukene zesimo sezulu.



libalele



liyana



liguqubele

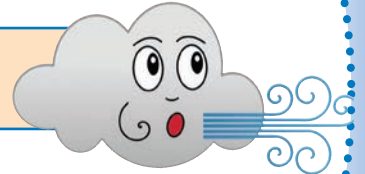


lithe gqwa-gqwa ngamafu

kuneqhwa



linomoya



Masikhulume

Tshela abangane bakho ukuthi ugqoka luhlobo luni lwezimpahla esimweni ngasinye sezulu.



Masenze lokhu

Dweba izimpawu zesimo sezulu wenze ishadi lakho eliveza isimo sezulu sesonto lonke.

uMsombuluko

uLwesibili

uLwesithathu

uLwesine

uLwesihlanu



Bhala

Belinjani izulu kuleli sonto?
Gcwalisa amagama adingekayo.

Namuhla li- _____.

Izolo beli- _____.

Ngethemba ukuthi kusasa lizobe li- _____.



Isimo sezulu



Masenze lokhu

Lingisa izimo ezahlukene zezulu.



Vula izingalo uziphakamisele ngaphezu kwekhanda wenze isimo sefu elikhulu.



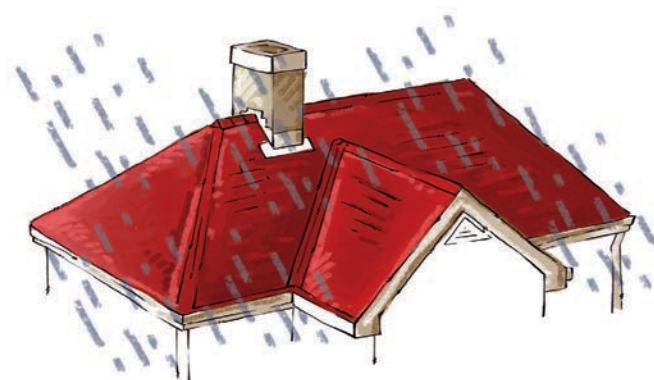
Sebenzisa isambulela ukuzivikela elangeni.



Sebenzisa izandla ukulingisa umoya omkhulu.



Phakamisa isambulela ukhombise ukuvika ukududulwa wumoya omkhulu.



Lingisa amaconsi emvula enkulu asuka ophahleni.

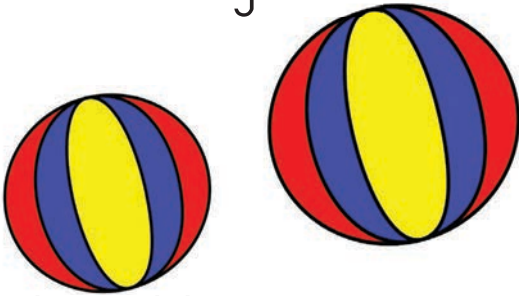




Masiqhubeke

Bambanani ngezandla nenze indilinga.

Phonselanani ngebhola.



Thola izindlela eziningi zokuzama
ukuhamba entanjeni ungawi ingawi.
Thola izindlela ongazisebenzisa
ezahlukene zokuhambahamba uya
kubangane ofunda nabo.



Masizijabulise

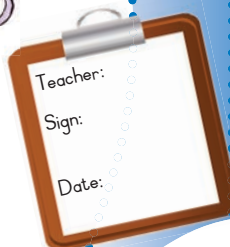
Dlala u-gxa.

Dweba izikwele neziyingi
enhlabathini.



Masiqhubeke

- Tshengisa umgani wakho ukuthi ungayisebenzisa kanjani ingqathu.
- Uthisha wakho uzokukhombisa ukuthi idlalwa kanjani imidlalo yesintu.





Umndeni wami



Masikhulume

Uthi bewazi ukuthi imindeni ayifani?

Eminye imindeni mikhulu eminye mincane.

Eminye inawomama nawobaba kanti eminye kayinabo.

Eminye imindeni ihlala nawogogo nawomkhulu, nawomalume, nawomamncane kanye nabazala.

Buka lezi zithombe utshale umngane wakho ukuthi le mindeni ihlukene ngani omunye komunye. Sebenzisa amagama akuleli bhokisi.

umama

ubaba

udadewethu

umkhulu

umfowethu

umntwana

ugogo

umndeni





Bhala

Uhlala nobani ekhaya lakho?



Uhlala nobani ekhaya?

Ekhaya kunabantu aba- _____.

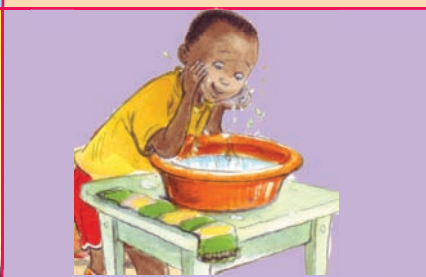
Ngubani omncane kunabo bonke abantu ekhaya? _____.

Ngubani omdala kunabo bonke? _____.



Masikhulume

Sonke sinemisebenzi esiyezayo emakhaya ethu. Bheka izithombe ezingezansi, bese usho ukuthi ngubani owenza le misebenzi ekhaya kini.



Bhala umusho owodwa ngomsebenzi owenze izolo ekhaya.

Teacher:
Sign:
Date:

Umndeni wami



Masizijabulise

Dweba isithombe sento eniyenza ndawonye nomndeni wakho. Yisho ukuthi ngubani lo muntu. Sebenzisa lawa magama, azokusiza.

umama

ubaba

udadewethu

umkhulu

umfowethu

umntwana

ugogo

umndeni



Umndeni wami

Siyanakekelana



Masifunde

Imindeni kumele ithandane inakekelane. Siyakhombisa ukuthi siyathandana, sikhombisa ngokubambana ngothando/ngokuhagana kanye nokusizana nokuhloniphana. Sidinga ukwenza lokhu ...

- ukusizana.
- ukwenza imisebenzi esiynikeziwe ngesikhathi.
- ukuhloniphana (ikakhulu ukuhlonipha abantu abadala).
- ukuzinikela emisebenzini yethu.



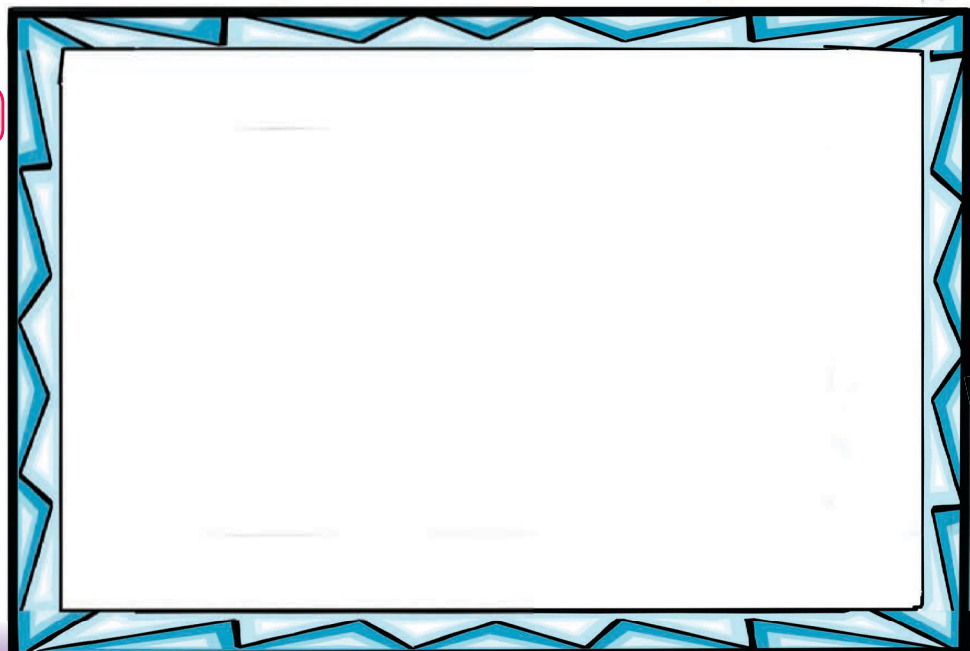
Masikhulume

Buka lezi zithombe bese usho ukuthi laba bantwana bayakhombisa ukuthi bayayinakekela imindeni yabo. Manje yenza umdlalo ukubonisa lokho okwenzeka esithombeni ngasinye.



Masenze lokhu

Dweba isithombe sento oyenzayo ukukhombisa ukuthi uyawunakekela umndeni wakho. Tshela umngane wakho ukuthi udwebeni.



Ukukhombisa inkathalo



Masikhulume

Xoxa ngokuthi anakekelana kanjani lawa malungu omndeni. Nikeza izithombe izinombolo usukele koku-1 uye kowe-4 ukukhombisa ukulandelana kwezinto.



Masifunde

Imisebenzi yantambama

Umama upheka ukudla.
 Ubaba ugeza izitsha.
 Umfowethu nami sisiza umama nobaba.
 Sisiza kakhulu.
 Sisusa ubisi nesinkwa siyakukhweza.
 Sesilungele ukuyolala.
 Sixoxele izindaba zakusihlwa!





Masenze lokhu

Dwebela umuntu okuthandayo ikhadi. Dweba isithombe bese ubhala igama lalowo muntu.



Masenze lokhu

Ungakwenza yini okulandelayo?

	ukudlulisa ibhola ngokulishaya phansi liye kumngane.	yebo	cha
	ukudlulisa ibhola ngokulijikijela lidlulele kumngane.	yebo	cha
	ukushaya ibhola ngamadolo.	yebo	cha
	ukushaya ibhola liye emapalini.	yebo	cha
	ukudlulisa abakuvimbayo.	yebo	cha
	ukukhahlela ibhola lishaye amapali.	yebo	cha

Teacher:
Sign:
Date:

Ukuphepha ekhaya kanye nasezindaweni ezizungezile (1)



Masikhulume

Kumele sihlale siphephile njalo uma sisekhaya. Kodwa kunezinto eziningi eziyizingozi emakhaya. Buka lesi sithombe, khuluma nomngane wakho ngezinguzi ezingaba khona emakhaya uxoxe ngazo.

Ekhishini

- Phendula izibambo zamabhodwe zibheke emuva esitofini.
- Ungabeki imibese ebukhali noma yikuphi nje.
- Khiyela upharafini nemithi endaweni ephephile.
- Ungabeki amathoyizi noma yikuphi endlini.



Ekamelweni lokugezela

- Ungasebenzisi izinto zikagesi ngoba aziwafuni amanzi.
- Ungazishiya eduze kwamanzi.
- Foka izikele nezinye izinto ezibukhali ekhabetheni.
- Ungahlanganyeli isixubho sakho nabanye abantu.



Ukuduma kwezulu, umbani nogesi.

- Uma liduma ungalingi ume ngaphansi kwesihlahla.
- Unganamathiseli lutho kugesi osodongeni. Cela umuntu omdala akusize.

Ngaphandle

- Cosha zonke izinto ezilimazayo, ezifana namabhodlela afile, ukufake emgqonyeni kadoti.
- Ungadlali eduze kwedamu lokubhukuda kungekho umuntu omdala eduze kwakho.



Ekhaya ngaphakathi

- Ungabeki amathoyisi noma kuphi endlini.
- Ungadlali ngopharafini kanye nezinto eziwushevu.
- Uma ubona ukuthi intambo kagesi yeketela kumbe ye-ayini ihlubekile, cela umama noma ubaba ayilungise.



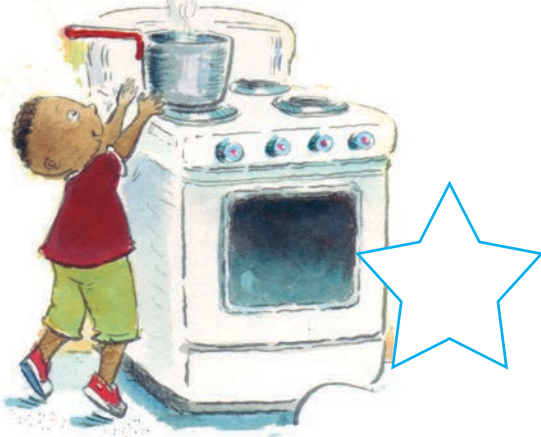
22 Ukuphepha ngaphakathi nangaphandle kwekhaya (2)



Masikhulume

Keeping safe

Buka lezi zithombe usho ukuthi yisiphi esinokuphepha yisiphi esingenakho. Beka uphawu (✓) kulezo ezinokuphepha ubeke uphawu lwesiphambano (✗) kulezo ezingenakho ukuphepha. Yisho ukuthi kungani kuphephile noma kungaphephile.





Masikhulume

Ingabe zikhona yini izinto ezingaphephile ekhaya lakho? Yini ongayenza ngalokho? Ushevu, imithi, kanye nezinye izinto zokuhlaza indlu zingaba nobungozi kakhulu. Ungalingi uphuze into ongenasiqiniseko sokuthi iyini.



Lolu phawu luchaza ukuthi kunento ewushevu ebhodloleni, ebhokisini kumbe ethinini. Uke walubona lolu phawu ngelinye ilanga?



Masinyakaze

Uthisha wakho uzokudlalela umculo aelele.

- Dansa uhambisane nesigqi somculo wakhe.
- Khethani umholi. Lo mholi kumele naye adanse ahambisane nesigqi somculo. Wonke umuntu makalandele umholi enze akwenzayo ngendlela efanayo.
- Yima ngomlenze owodwa.
- Yima ngalona omunye umlenze owodwa futhi.
- Yimuphi umlenze osebenziseka kangcono?
- Beka intambo ende phansi enhlabathini kumbe udwebe umugqa phansi. Hamba ulandele intambo kumbe umugqa, uzame ukungagudluki kuwo.
- Guqula-ke manje indlela intambo emi ngayo noma umugqa owudwebile, phinda uhambe phezu kwawo ungagudluki.



Ukuphepha uma ngisele ngedwa ekhaya



Masikhulume

Sewufundile ngezinto ezingakulimaza ekhaya kanye nasendaweni ezungeze ikhaya lakho. Ungazigcina kanjani uphephile uma usele wedwa ekhaya.

Uma uwedwa ekhaya, zama ukwenza lezi zinto ezilandelayo ukuze uhlale uphephile.



Ungabavuleli abantu ongabazi uma bengqongqoza.

Khiya zonke izicabha ezinkulu.



- Qiniseka ukuthi unocingo nezinombolo zabazali bakho eduze. Yiba nezinombolo zawomakhelwane futhi.
- Yenza uhlu lwezinombolo ezibalulekile, wenzele ukuthi uma udinga usizo.



Bhala

Zakhele uhla lwakho lwezinombolo ezibalulekile.

Eyamaphoyisa:



Eye-ambulance:



Eyabacishimlilo:



Ekamakhalekhukhwini
wamama:

Ekamakhalekhukhwini
wababa:

Ngubani omunye ongamshayela uma udinga usizo?

Teacher:
Sign:
Date:

Okunye ofanele ukukhumbule

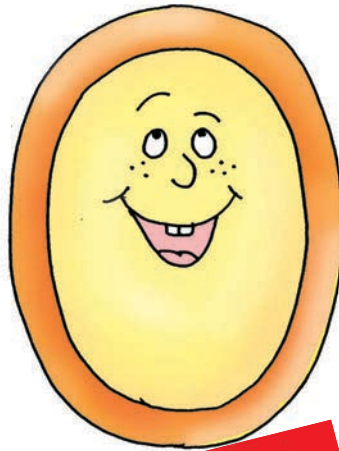


Masikhulume

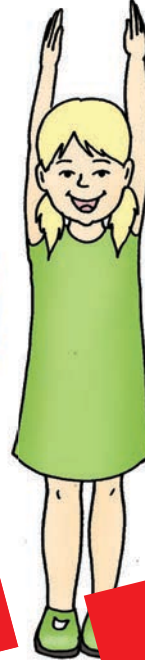
Nansi indlela elula yokukhumbula inombolo yamaphiyisa. Buka isithombe utshele umngane wakho ukuthi izithombe ozibonayo zikusiza kanjani ukukhumbula izinombolo zocingo. U-10111 yinombolo yamaphoyisa. Yisho izikhathi ezingingana kulandelana uze uyazi ngekhandha.



1



0



111



Masiqhubeke

Khombisa ukuthi ungenzani uma uyingane ubona lezi zithombe.



Ungenzani uma ulandelwa noma usukelwa wumuntu ongamazi?



Ungenzani uma uzama ukusiza umama ukuthi axove inhlama yokubhaka amakhekhe?



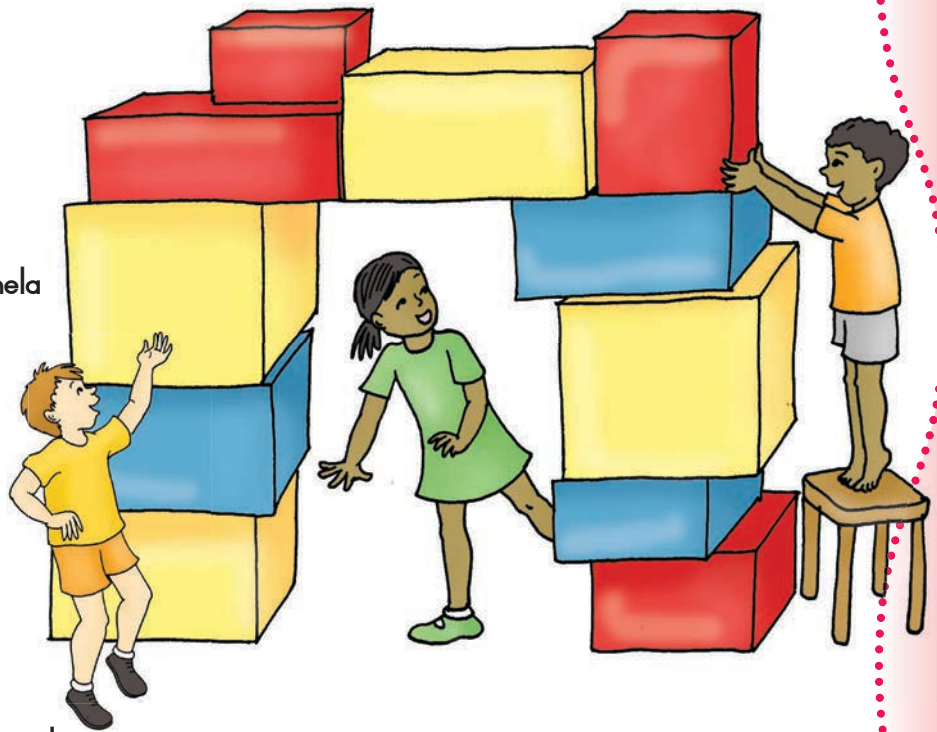
Ungenzani uma uzithole unyathela ibhodlela elifile?



Masenze lokhu

Bheka ukuthi ungakwazi yini ukuzakhela indlu yakho.

- Funa amabhokisi wakhe ngawo izindonga nophahla.
- Ungahlanganisa amabhokisi ngeglue. Uma indlu isiphelile, uyipende.
- Uma ungawatholi amabhokisi ongakha ngawo, sebenzisa noma yini enye ngaphandle kwengilazi namathini ngoba kona kungakulimaza.



Masiqhubeke

Phonsa isaka noma ibhola phezulu ukunqake ngesandla ongavamile ukusisebenzisa.

Siza uthisha wakho nikhiphele ngaphandle kweklasi izihlalo, amatafula kanye namabhokisi.

Gibela esihlalweni noma etafuleni nasebhokisini, gaqa ngamadolo uphume ngaphansi kwazo, ugxume usuke kokunye uye kokunye. Zama ukuma ngonyawo olulodwa phezulu kwesihlalo.



Teacher:
Sign:
Date:

Umzimba wami



Bhala

Bhala amagama ezikhaleni ezifanele.

umlenze

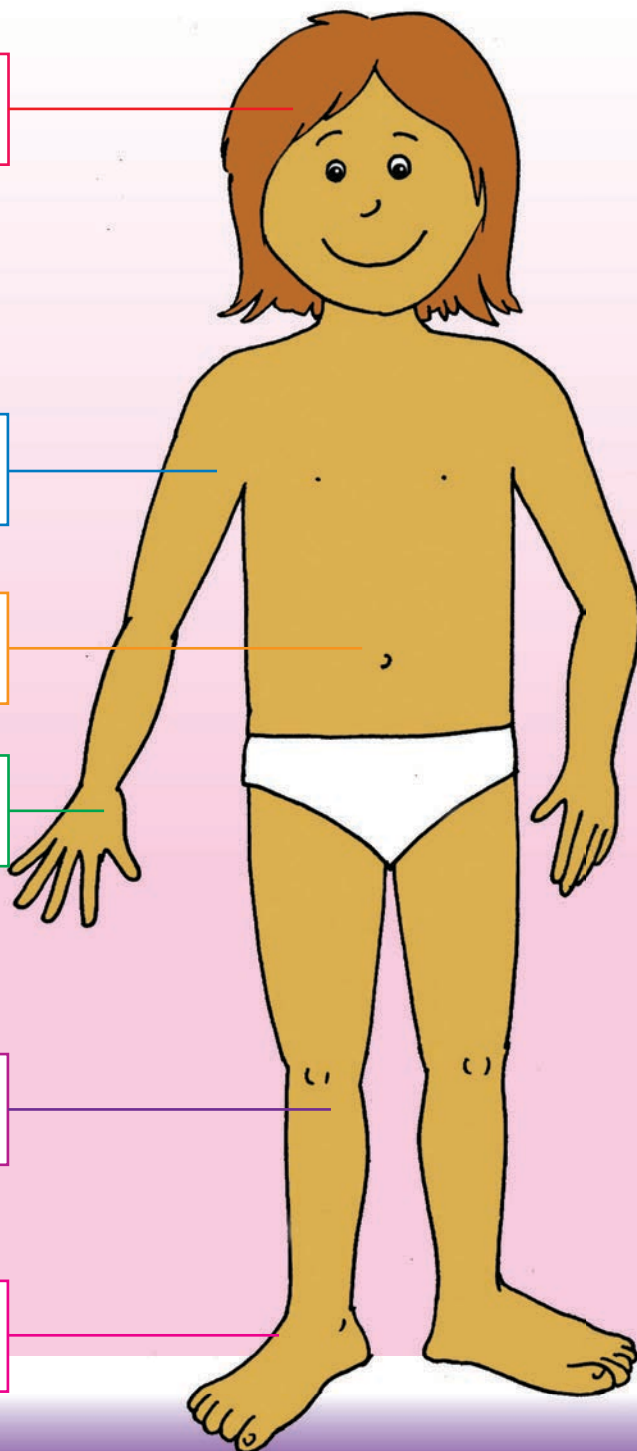
isandla

ikhanda

isisu

unyawo

ingalo





Masidwebe

Qedela lo mdwebo wobuso.

Dweba izinwele. Zama ukukopisha ubuso bakho. Uma unamehlo amnyama, zidwebe unamehlo amnyama. Uma unezinwele ezimnyama, dweba izinwele zibe mnyama.

Dweba amashiya, ikhala nomlomo wakho.

Ubuso yingxenye ebalulekile emzimbeni wakho.

Umuntu ngamunye unamehlo ama-2.



Umtuntu ngamunye unezindlebe ezi-2.



Umuntu ngamunye unekhala eli-1.



Umuntu ngamunye unomlomo o-1.



Masicule

Cula leli culo. hinta ingxenye yomzimba obiza igama layo.

Ikhanda namahlombe

Ikhanda namahlombe, amadolo nezinzwane,
amadolo nezinzwane

Ikhanda namahlombe, amadolo nezinzwane

Ikhanda namahlombe, amadolo nezinzwane,
amadolo nezinzwane, amadolo nezinzwane



Masiqhubeka

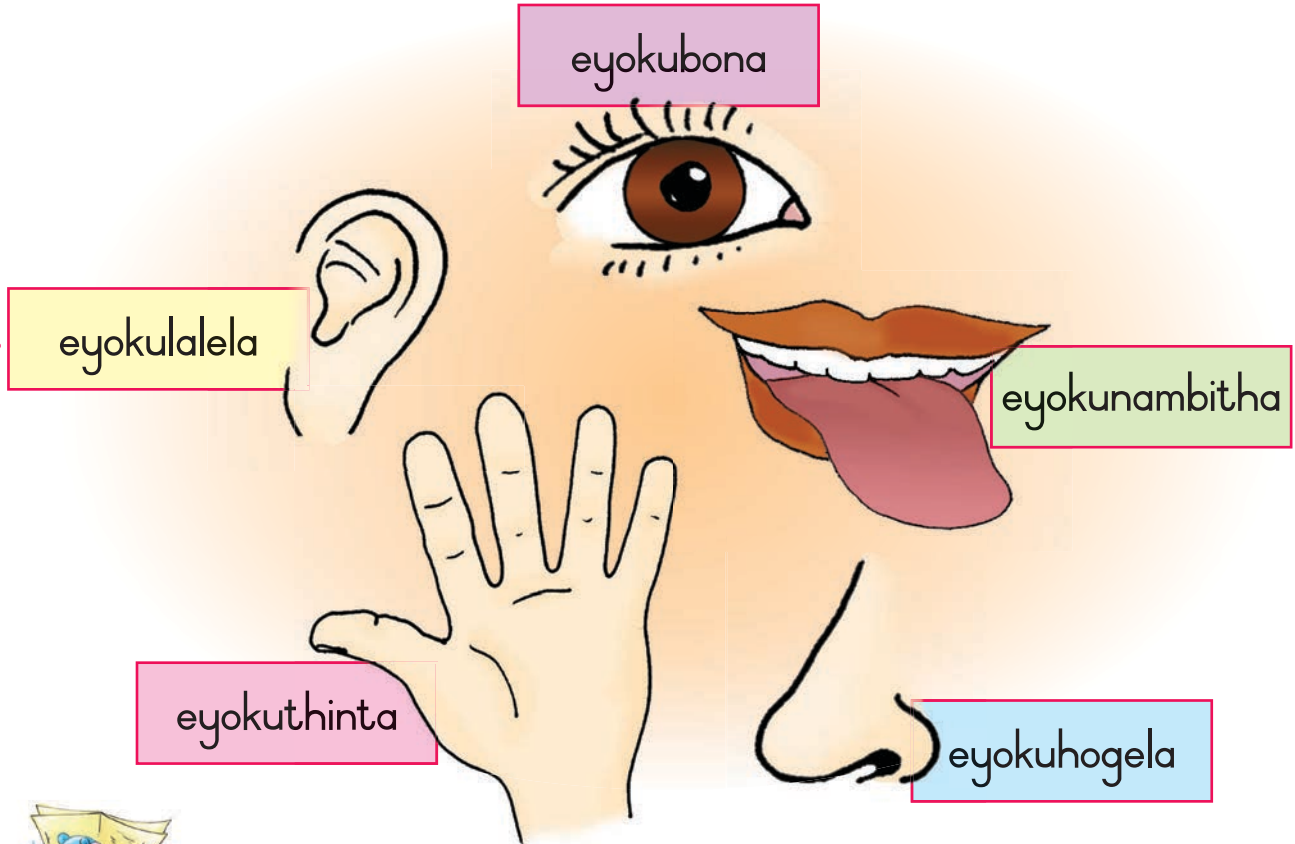
Dlala umdlalo othi "uSimoni uthi..."

Izinzwazami



Masikhulume

Buka izinhlobo ezahlukene zezinzwa bese usho ukuthi sizisebenzisela ukuzwa ini.



Masifunde

Sisebenzisa izinzwane zethu nsuku zonke.

Siyakunuka siphinde sikunambithe ukudla. Siyakwazi ukuzwa ukuthi usiba luthambe kangakanani.

Siyabona ukuthi isibhakabhaka siluhlaza ehlobo.

Siyawulalela umculo.

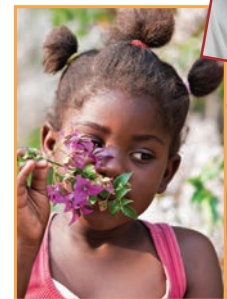
Izinzwazami zethu ziyasenza siphephe futhi.

Siyawunuka umlilo uma useduzane.

Siyasithinta isitofu ukuzwa ukuthi siyashisa yini.

Siyabona uma kungaphephile ukuwela umgwaqo.

Siyezwa uma kukhala i-alamu esixwayisa ngengozi.





Masenze lokhu

Ukunakekela amehlo nezindlebe.

Sidinga ukuzinakekela izinzwa zethu.

Nazi izindlela zokunakekela amehlo akho nezindlebe.



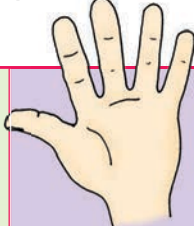
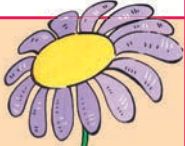
Nakekela izindlebe
ngokuvika ukulalela
umculo ophakeme.

Nakekela amehlo ngokugqoka
ikepisi kumbe izibuko zamehlo.
Ungalibuki ilanga ngqo.



Bhala

Buka ithebula elingezansi, beka uphawu ✓ kuleyo nzwa kumbe izinzwa
ozisebenzisayo. Ungabeka uphawu ezinzweni eziningi uma uthanda.

	 ukunuka	 ukunambitha	 ukubona	 ukulalela	 ukuthinta
					
					
					
					
					



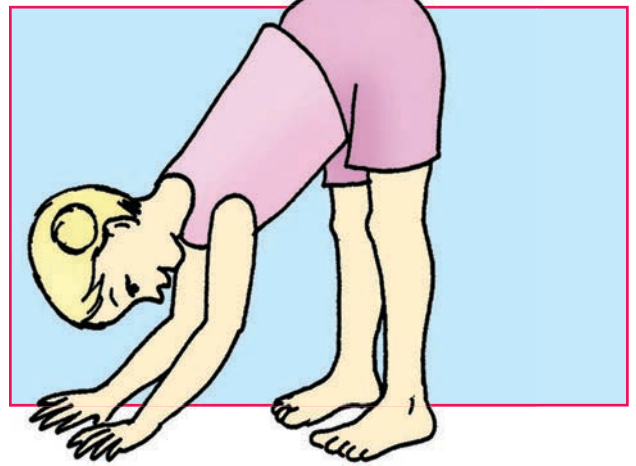
Ukunyakazisa umzimba wami



Masikhulume

Buka lezi zithombe. Yisho ingxenye ngayinye yomzimba ukuthi kuthiwa yini futhi ikusiza ukwenzani.

Sisebenzisa imizimba yethu ukuya le nale.



Bhala

Phendula le mibuzo ndawonye nomngane wakho. Bhala izimpendulo encwadini yakho ngaphansi kwemibuzo.

Iyiphi ingxenye yomzimba oyisebenzisa uma uhamba?

Usebenzisa ziphi izitho zomzimba uma ufuna ukucosha okuthize?



Masiqhubeke

Uthisha wakho uzokutshengisa ukuthi umdlalo "wekati negundane" udlalwa kanjani.

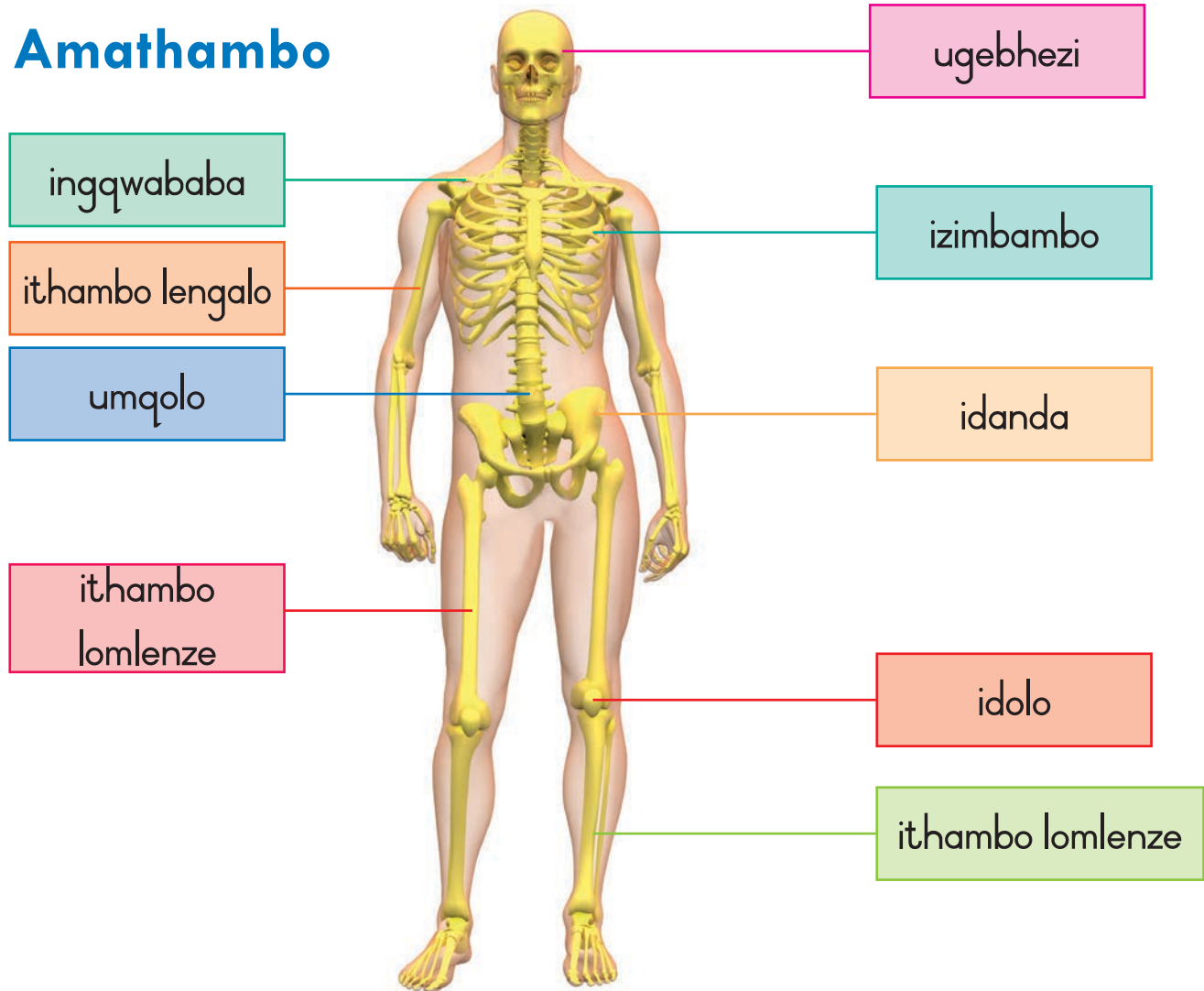




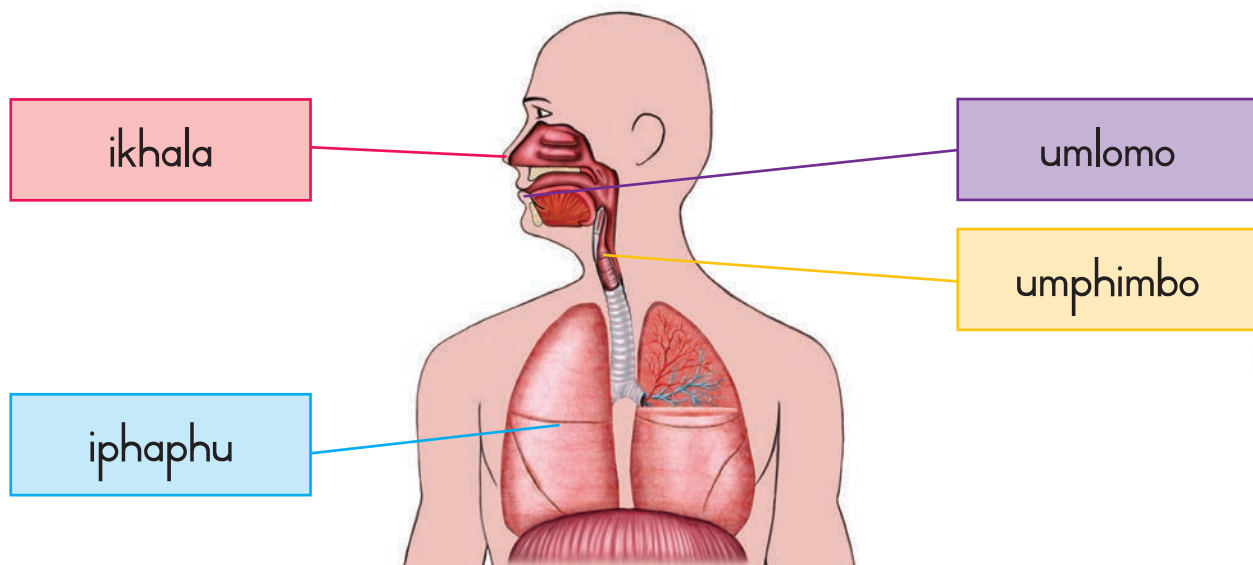
Masifunde

Kunezingxenywe zomzimba wakho ongeke ukwazi ukuzibona.
Zonke ziyasebenzisana ukwenza ukuthi uphile.

Amathambo



Izingxenywe zomzimba ezikusiza ukuthi uphefumule



Teacher:
Sign:
Date:

Cabanga ngokushesha



Masikhulume

Buka lezi zithombe ezingezansi bese utshela umngane wakho ukuthi ubonani. Chaza ukuthi isithombe ngasinye sithi ungenzanjani ukuthi uphephe.



Ubona umngane wakho ngaphesheya komgwaqo.



Ulinde ibhasi esitobhini.



Umntu ongamazi ucela ukuthi uhambe naye.



Ulahlekile ezitolo.

Sizizwa sithi “yebo” uma umuntu esigona,
lokhu kuzwakala kulungile. Kumnandi
ukugonwa ngumuntu omthanda
ngendlela enobungani nothando.



Woza lapha ntombazane.
Ngizokuthengela uswidi.

Asibi nemizwa emihle uma umuntu
esithinta ngendlela eyethusayo
neyesabisayo. Uma sethuka noma
sizwa sesaba silahlekelwa yimizwa.

Umzimba wakho ubalulekile ngowakho.
Kumele uthi “yebo” kuphela uma KUKUHLA
ukuthintwa omunye umuntu, uthi “cha” uma
KUNGEKUHLE.



Teacher:
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Ukuzigcina uphaphile



Bhala

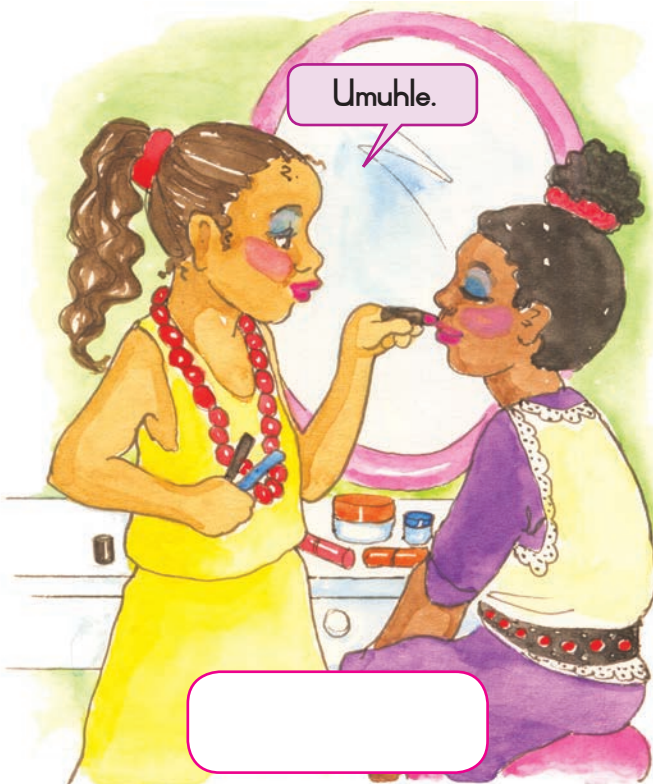
Buka lezi zithombe ezingezansi bese ubhala Yebo uma kufanele uthi "yebo" ngalokho okuzwayo, ubhale "cha" uma kungafanele lokho okuzwayo.



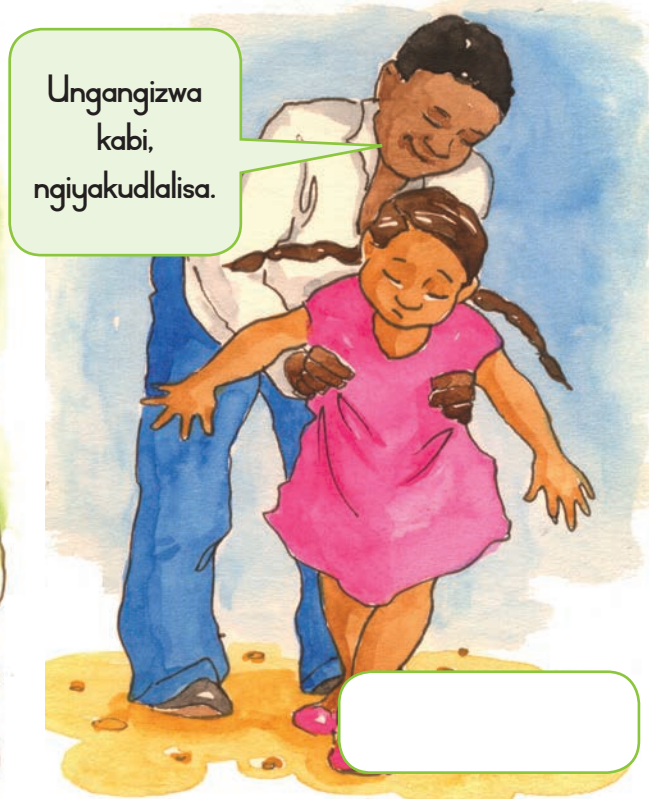
Ngiyakuthanda



Yekela ukumemeza! Umdala ukuthi ungenza lokho.



Umhle.



Ungangizwa kabi, ngiyakudlalisa.



Masenze lokhu

Zijwayeze ukuthi "Cha" ngokusho uphindaphinde.

Dlalani umdlalo lapho nizokwenza omunye wenu abe ngumuntu eningamazi khona ofuna ukuthatha umntwana ngemoto. Lowo mntwana makathi "cha".



Masikhulume

Abanye abantwana banamakhaya abahlala kuwo benganakekelwe muntu. Buka lezi zithombe. Xoxa usho ukuthi ungathini uma uyingane oyibona esithombeni. Yisho ukuthi wena ungenzanjani.



Uyintombazane embi, angikuthandi.

Ngeke uye esikoleni. Thwala lezi zitini zokwakha indlu.



Masiqhubeka

Dlala umdlalo "wokuma unganyakazi".

Nyakaza uye noma yikuphi, kodwa uma uthisha eshaya impempe, yima unganyakazi. Kumele unganyakazi kuze kusho uthisha ukuthi sewunganyakaza. Uyakwazi ukuma unganyakazi ngempela?

Hamba ulandele intambo ebekwe phansi enhlabathini ubone ukuthi uyakwazi yini ukuyilandela ungaphumi nakancane.



Teacher:

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Ukwenza umzimba wami uhlale uphilile



Masifunde



Kunezindlela eziningi esingazithola sesigula ngazo. Ezikhathini eziningi sigula ngoba singenwe ngamagciwane. Amagciwane mancane, asikwazi ukuwabona. Angena emzimbeni asigulise. Kungangena emizimbeni yethu kusigulise.



Masikhulume

Zenzani izingane ozibona esithombeni ukuzigcina ziphilile? Yini engenzeka uma zingayeka ukwenza lokhu ezikwenzayo?





Masikhulume

Khuluma ngalezi zithombe. Faka uphawu ✓ azithombeni ezikwenza uhlale uphilile. Faka uphawu ✗ ezithombeni ezikwenza uzizwe ugula.



Teacher: _____
Sign: _____
Date: _____

Ukwenza umzimba wami uhlale uphilile



Masikhulume

Izindlela zokuhlaza amanzi?

Uthi bewazi ukuthi kunamanzi angcolile nangangcolile? Ungaqiniseka kanjani ukuthi amanzi owaphuzayo alungile noma awalungile?

Ungabilisa amanzi angcolile ngeketela ukubulala amagciwane.



Ungakucwenga ukungcola. Uthisha wakho angakubonisa ukuthi lokhu kwenziwa kanjani.

Ungafaka ithisipuni lebhishi (njengeJik) ebhakedeni elingamalitha angama-20 amanzi. Livale ibhakede ukuze kungangeni izimpukane. Makuphele amahora angama-28 bese uwaphuza-ke lawo manzi.





Masikhulume

Buka lezi zithombe bese uxoxa ngalokho okubona kwenziwa yizingane ukuze zihlale ziphilile.

Lahla amathishu asetshenzisiwe emgqonyeni kadoti kumbe endlini encane.



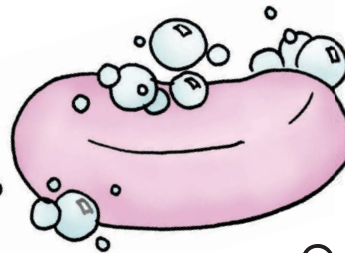
Geza izandla ngaphambi kokuthi udle.



Geza izandla emva kokuya endlini encane.



Uma ungcolisile endlini encane, hlikihla bese ugeza izandla.



Vala umlomo uma ukhwehlela noma uthimula.



Teacher:

Sign:

Date:

Make sibone-ke



Masikhulume

Chaza ukuthi yini
oyifundile kumathemu
amabili adlulile.



	✓	✗
Ngiyakwazi ukukhuluma ngomndeni wami.		
Ngiyakwazi ukuhamba ngilandele intambo encane.		
Ngiyakwazi ukushayela amaphoyisa.		
Ngiyakwazi ukuthi "yebo" noma "cha" uma kufanele.		
Ngiyakwazi ukunqaka ibhola.		
Ngiyakwazi ukuhlala ngiphephile ekhaya.		
Ngiyakwazi ukuzinakekela uma ngingedwa ekhaya.		
Ngiyawusiza umndeni wami.		
Ngiyasazi isikole sami ngaphakathi nangaphandle.		
Ngiyakwazi ukuzigcina ngiphilile.		
Ngiyakwazi ukusebenzisa zonke izinto ezisesikhwameni sami sesikole.		
Ngiyazazi izinhlobo ezikhona ezahlukeni zemindeni.		
Ngifunde izinto eziningi esifundweni Amakhono Empilo.		

Isichazamazwi sami

A
a

Handwriting practice lines for the letter A.

G
g

Handwriting practice lines for the letter G.

B
b

Handwriting practice lines for the letter B.

H
h

Handwriting practice lines for the letter H.

C
c

Handwriting practice lines for the letter C.

I
i

Handwriting practice lines for the letter I.

D
d

Handwriting practice lines for the letter D.

J
j

Handwriting practice lines for the letter J.

E
e

Handwriting practice lines for the letter E.

K
k

Handwriting practice lines for the letter K.

F
f

Handwriting practice lines for the letter F.

L
l

Handwriting practice lines for the letter L.

Isichazamazwi sami

M
m

S
s

N
n

T
t

O
o

U
u

P
p

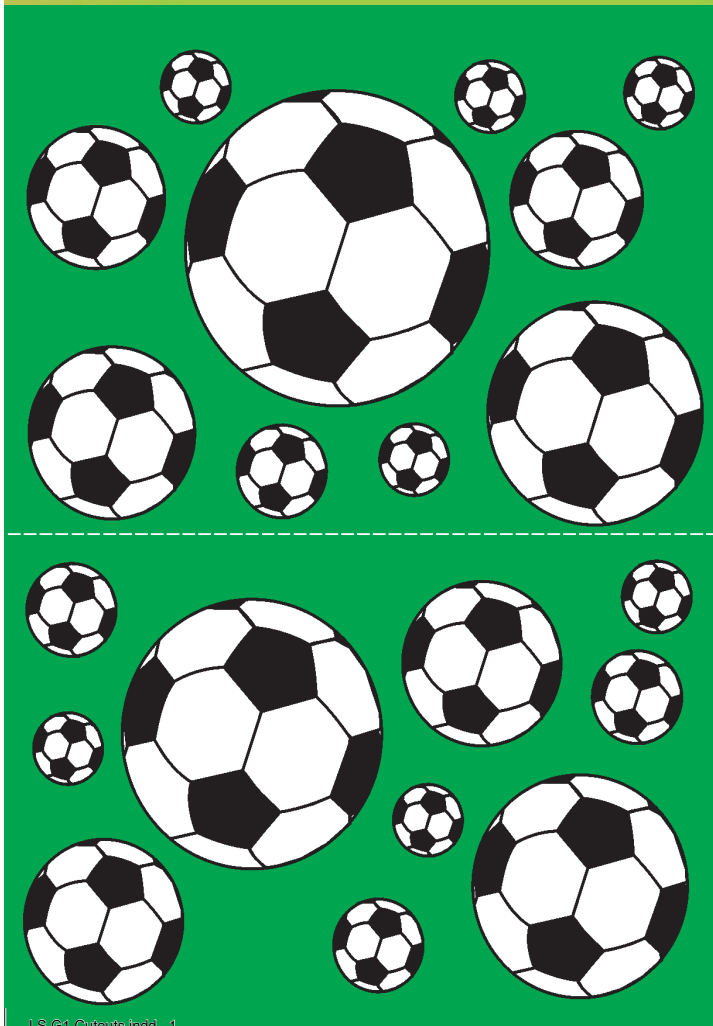
V
v

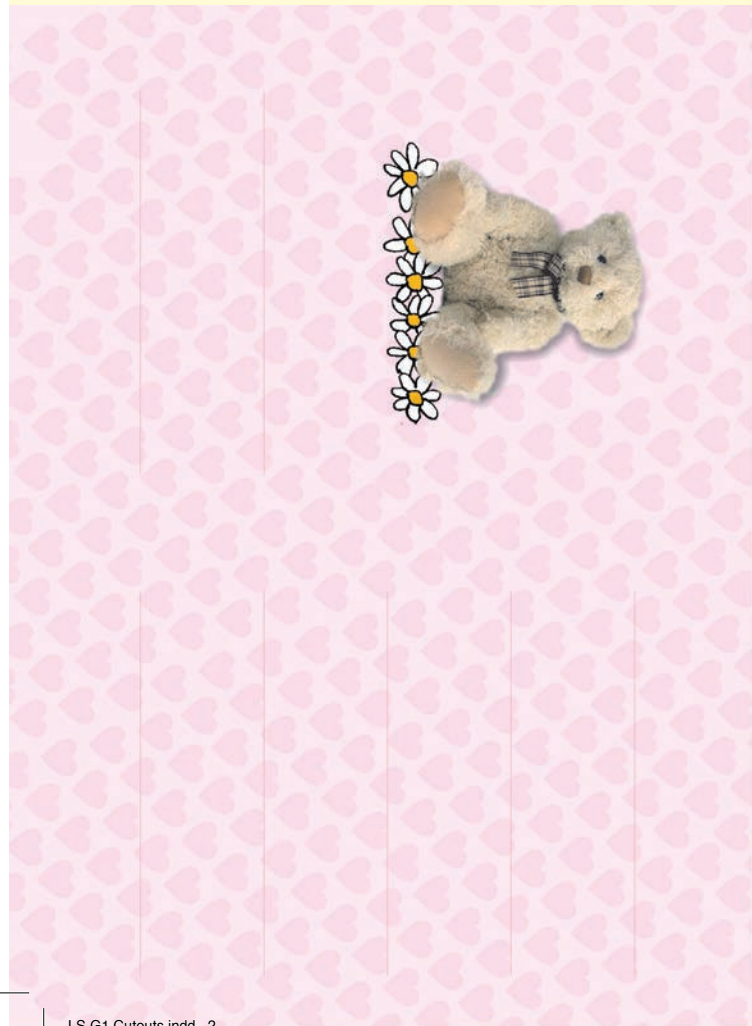
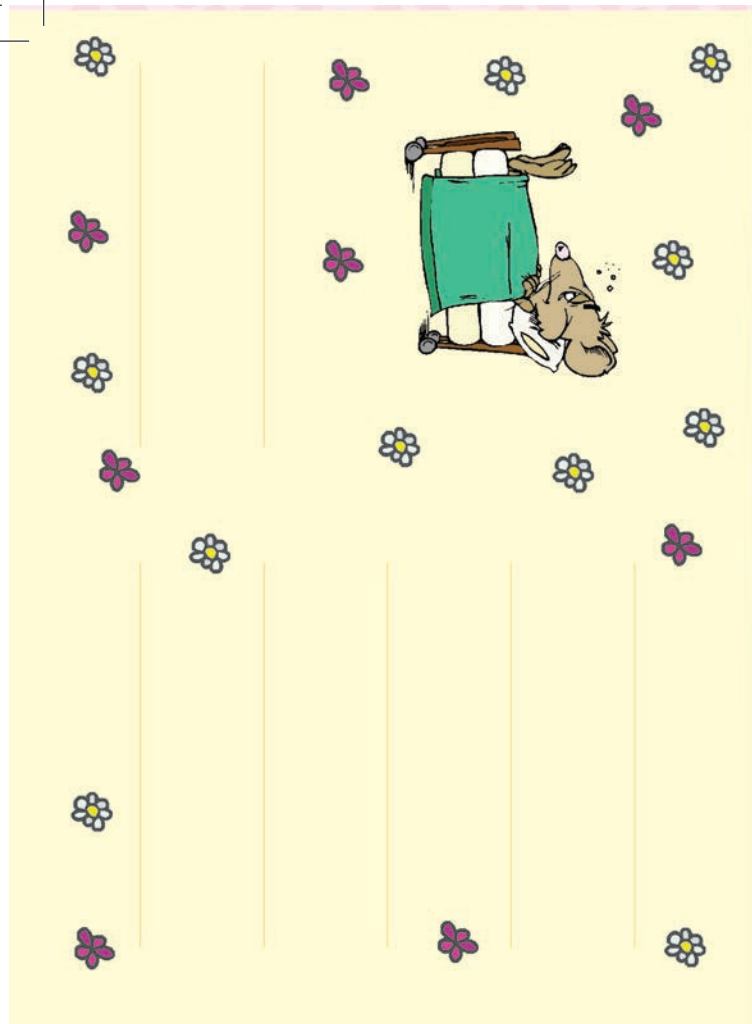
Q
q

W
w

R
r

X-Z
x-z





Masks

Cut out on
the outside
black line.
Tie a string
into the holes
to make a
face mask.

