



UKz Angie
Motshekga,
nguNgqongqotjhe
weFundo-Sisekelo



UNom Enver Suryt,
iSekela
lakaNgqongqotjhe
weFundo-Sisekelo

Iincwadi lezi zenzelwe abentwana beSewula Afrika ngaphasi koburholi bakaNqgonqotjhe wezeFundo-Sisekelo, uMma u-Angie Motshekga kanye neSekela lakaNqgonqotjhe wezeFundo-Sisekelo, uNom. Enver Suryt.

Iincwadi zokuSebenzela zakwaRainbow ziyingceny yeendlela ezinengi zomNyango wezeFundo-Sisekelo wokungelela onqopho ukuthuthukisa ukusebenza ngcono kwabafundi beSewula Afrika kumagreyidi wokuthoma asithandathu. Njengamanye wamaHlelo womBuso aphuma phambili. iphrojekthi le isikelwe ngeemali ezibuya esiKhwameni seeMali seLizwelo. Lokhu kusize umNyango ukukhupha iincwadi zokusebenzela lezi ngawo woke amalimi asemthethweni ngaphandle kweendleko. Siyathemba kobana nizokufunyana iincwadi zokusebenzela lezi zilisizo khulu ekufundiseni kwenu kwangamalanga kanye nokuqinisekisa kobana abafundi benu bayayiqeda ikarikhylamu.

Sitjheje khudlwana ukuhlala abotijhere komunye nomunye umsebenzi ngokusebenzisa iinthombe ezitjengisako bona ngikuphi umfundu amele akwenze.

Siyathemba kobana abentwana bazokuthabela ukusebenzisa iincwadi lezi njengombana bakhula bebefunda nje begodu wena titjhre uzokwabelana nabo ithabo lokufunda.

Sinifisela ipumelelo ekusebenziseni iincwadi lezi.

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Rainbow
WORKBOOKS

LIFE SKILLS IN ISINDEBELE
GRADE 3 – BOOK 2
TERMS 3 & 4

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THIS BOOK MAY
NOT BE SOLD.

Ukufunda ngoMthethosisekelo weRiphabliki yeSewula (1996)

UMthethosisekelo weSewula Afrika (1996) umumethi imithetho yenara eseqophelweni eliphezulu. Imithetho le kumele ilandelwe ngumongameli wenarha, abaphathi beenkundla zemithetho kanye nalabo abasembusweni.

Imithetho le ihlathulula kobana abantu benarha bafenele baphathane njani, nokuthi ngimaphi amalungelo wabo nokuthi ngiziphi iimbopho abanazo. UMthethosisekelo wenzelwe ukusivikela soke thina kanye nabentwana bethu ngomuso.

Kuqakathekile ukwazi izehlakalo zesikhathini esidlulileko.

Asingabuyeleti iimphoso zangesikhathini esidlulileko.

UMthethosisekelo usisiza ukucabanga nokwakha ilingomuso elingcono lethu soke.

Thina, abantu beSewula Afrika;

Siyakwazi ukungaphathei kwethu ngokomthetho esikhathini esidlulako; Siphathela phezulu abahlukunyeza ngebangla lokobana kubenokulunga begodu nekululeko enarheni yekhethu;

Sihlonipha labo abasebenze ekwakheni begodu nekuthuthukiseni iphasi lekhethu; begodu

Bakholelwa bonyana iSewula Afrika ngeyabo boke abahlala kyo, sibambene ngokwahluhalkhana kwethu.

Ngalakhoke, ngabajameli bethu abakhethwe ngokukhululekileko; samukela uMthetho-sisekelo lo njengoMthetho wokuthoma weRiphabliki oza—

Kugeda ukwahluhaka okwadlulako begodu sakhe umphakathi ozokudzimelela kuminqopho yentando yenengi ubulungiswa begodu namalungelo wangokomthetho wobuntu.

Ukubeka isisekelo sentando yenengi begodu nomphakathi onzinzileko lapho umbuso unzinze khona phezu kwentando yesitjhaba begodu lapho zoke izakhamuzi zivikelwe khona ngokomthetho.

Ukwenza ncono izinga lepilo yazo zoke izakhamuzi begodu nokuvezwazwe kwekgono lawo wokeni;

Ukwakha, iSewula Afrika ebumbeneko begodu nenentando yenengi ezokwazi ukuthatha indawo yayo njengenarha eziameleko emndenini weentjhabetjhaba.

Funa ngekani amalungelo wakho njengesakhamuzi seSewula Afrika bewube nesibopho sokuvikela amalungelo wabanye abantu.

Ukwazi umThethomlingwa wamalungelo KanyenomThethomlingwa weembopho.

UZimu akavikele abantu bekhethu.
Nkosi Sikele' iAfrika. Morena boloka setjhaba sa heso.
God seen Suid-Afrika. God bless South Africa.
Mudzimu fhatutshedza Afurika. Hosi katekisa Afrika.

Iincwadi zokusebenzela zikhona ngemilandelande elandelako:

- ILimi lokuThoma lokungezelela iGreyidi 1 – 6 (Ngamalimi wokeni asemthethweni)
- ILimi lokuThoma lokungezelela iGreyidi 4 – 6 (NgesiNgisi)
- ILimi lekhaya iGreyidi 1 – 6 (Ngamalimi wokeni asemthethweni)
- Iimbalo iGreyidi 1 – 3 (Ngamalimi wokeni asemthethweni)
- Iimbalo iGreyidi 4 – 9 (Ngelimi lesiNgisi nelimi lesiBhuru)
- Amakghono wePilo iGreyidi 1 – 3 (Ngamalimi wokeni asemthethweni)

Ukubuyekeza,
ihlaliwe
ngokwesiTatiende
seKharikhylamu
nomThethomgomo
wokuhlolola

iGreyidi

3



AmaKghono wePilo ngesiNDEBELE

Incwadi 2
Ithemu 3 & 4

Ibizo:



Itlasi:



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA



Ukhethekile.

Woke umzimba wakho ukhethekile.

Umzimba wakho ungewakho wedwa!



Ungavumeli
namunye umuntu
akuthinte ezithweni
ezifihlakeleko

**Kufanele ubike nangabe kukhona umuntu okuthinta
ezithweni zakho ezifihlakeleko.**

**Kufanele ubike nangabe kukhona umuntu
okwenzisa izinto ongafuniko ukuzenza.**



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IGreyidi

3



AmaKghono wepilo ngesiNdebele Incwadi 2



Incwadi le ngeyaka:-



lindawo eziyingozi ekudlalelwa kizo



Asitlole

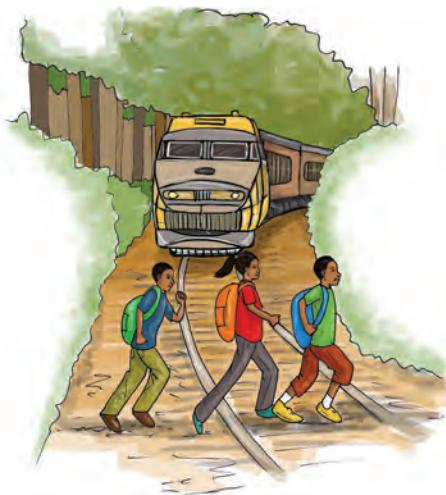
Uzizwa wamukelekile eendaweni eziphephileko ezifana nangetlasini. Lezi ziindawo ongathanda ukubuyela kizo. Akunamuntu ekumele akulimaze nanyana akuzwise ubuhlungu nawulapho. Indawo ephephileko emphakathini yindawo lapha nanyana ngubani azizwa amukelekile khona. Akunamuntu ozakulimala nanyana alinyazwe. Nasiqala "ukuphepha komphakathi" sitjho kobana woke umuntu unelungelo lokuphepha eendaweni ezivulekele woke umuntu, njengeentimeleni, emateksini nasemalwandle.



Asikhulume

Qala iinthombe ezilandelako bese ucocisana nomngani wakho ngazo.

Cocisana nomngani wakho ngokuthi kungani kungakaphapi ukudlalela eendaweni eziyingozi.



Ilanga:



Asitbole

Omunye nomunye umntwana ngesandleni sokudla kumele athathe isiqunto.

Basize ngokuthi baqedelele ikulomo engemabhamuzini wekulomo.

Yiza uzokuthatha ibholo wena. Yini oyisabako!



Awa, angikameli ngikwenze, nginga

Yiza uzokusela kanye!
Kumnandi. Wesaba ini?



Awa, angikameli ngikwenze, nginga



Asikhulume

Cocani nabanye abafundi ngemibuzo elandelako.

- Ngikuphi okuyingozi ongakuthola ecucwini elahliweko?
- Kungani abentwana bathanda ukudlalela emakhiweni wendlu egirikako nanyana elirubhi?
- Yipilo yabobani esengozini lokha abentwana badlalela endleleni ekhamba iinkoloyi ezinengi?
- Ngimaphi amatshwayo asiyelelisa kobana singadlaleli eduze kwesiporo?
- Ngiyiphi ingozi engabangwa yigezi kanye netlelezi elifana nepharafeni.



Asitbole

Khetha isithombe sinye ekhansi lesi-2 bese utlola iimpendulo zemibuzo elandelako.

- Sikutjela ini isithombe?

-
- Ungabona ngani kobana indawo le ayikaphephi ukuze ungadlalela kiyo?
-





lindawo eziyingozi zokudlalela



Asitlole

Qala iinthombe ezilandelako. Khetha sinye seenhlokwana usitlole ngaphasi kwesinye nesinye isithombe.

Ipharafeni ingavutha amalangabi esandleni sendoda.

Umntwana angafa ngemva kokusela itjhefu.

Abentwana bangafa ngombana abakwazi ukuphefumula.

Asikameli sisebenzise igezi endaweni eseduze namanzi.

Umntwana angatjhiswa mamanzi abilako.



Tjela: _____



Tjela: _____



Tjela: _____



Tjela: _____



Tjela: _____



Tjela: _____



Asenzeni lokhu

Gwala isithombe sakho nomngani wakho nidlalela endaweni ephephileko ephageni. Ningadlala ngani? Ngokwesibonelo, cabanga kobana ningadlala njani emjinkini. Kokuthoma sebenzisa amakhrayoni wamakoki nanyana ipensela ukwenza imiqoqo yomgwalo wakho. Penda ngaphakathi kwemiqoqo leyo usebenzise amakhrayoni afana netjhogo nanyana amakhrayoni.



Asikhambahambe

Ukuzithabulula: Hlanganisa izitho zomzimba, ngokwesibonelo yenza imisikinyeko yokuzigeda phasi ekhambisana kanye namahlakala kanye namadini. Isibonelo, khambani ngokugedeka begodu ngasikhathi sinye ngamahlakala kanye nangenyonga nanyana ngamahlombe kanye nangeengogoriyana.

Umsebenzi ekungiwo ophuma phambili: Ukubhalansa

- Khamba ngamazwani bese ukhambe ngeethente zakho.
- Khasa ngamadolo bese ubambelele ngezandla zakho phasi.
- Dzimelela lokha nawukhamba uya phambili nalokha nawubuyela emuva ukhamba phezu kwerobho ebekwe phasi. Linga godu ukukhamba phezu kwerobho ucimezile.
- Jama ngezandla, hloma ihloko phasi.

Ukuzipholisa: Yelula imikhono yakho kabuthaka.

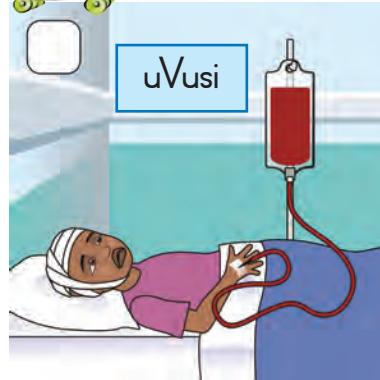
Nakukghonekako, lokho kwenze ulalele umvumo opholileko.

Teacher:
Sign:
Date:

linteksi neentimela kwezokuphepha



Asenzeni lokhu



Beka iinthombe ezilandelako ngokulamana kwazo ngalokho okwavelela uVusi. Nombora iinthombe kusuka ku-l bekufike ku-4.



Asikhulume

Qala iinthombe zakaVusi godu bese ucocisana nomngani wakho ngazo:

- Ingozi yenzeke ngephoso yakabani?
- UVusi nonina bekumele ngabe benze ini?



Asikhulume

Qalisisa iinthombe ezilandelako bese ucoca nomngani wakho ngazo. Khuyini okwenziwa babantu laba okungakalungi?



Asitlole

Tlola isihloko sesinye nesinye isithombe utjho kobana abakhweli ngikuphi abangakafaneli ukukwenza.



Amatshwayo asiyelelisa ngengozi



Asifunde



Amatshwayo wendlela kanye namatshwayo wesiporweni enzelwe kobana asiphephise. Amanye amatshwayo enzelwe kobana asivikele. Asiyelelisa ngengozi. Amanye amatshwayo asitjela kobana simele siziphathe njani hlangana neenkoloyi ezinengi nanyana asinikela ilwazi. Amatshwayo ayelelisako kanengi avame ukuba nombala obomvu owazombieko.



Asenzeni lokhu

Ukuphosa izinto ezibuya ngaphakathi kwesitimela esikhambako kungaba yingozi khulu. Izinto lezo zingalimaza abanye abantu kanye neenlwana lokha isitimela nasidlulako. Zitlamele lakho itshwayo eliyelisaka abantu kobana bangaphosi nanyana yini ngamafesidiri lokha isitimela nasikhambako.



Asenzeni lokhu

Qala iinthombe ezilandelako. Sika amatshwayo ekhasini labosika ngemuva ecwadini yakho bese uwanamathisela phezu kwesithombe esilandelako.



Teacher: _____
Sign: _____
Date: _____

Ukusilaphazeka: Yini ukusilaphazeka?



Qala isithombe esilandelako. Qala isithombe bese ucocisana nomngani wakho ngaso. Ingabe ikhona into esesithombeni oyijayeleko? Ngikuphi esithombeni ekubonakala kungakalungi? Kungani kungakalungi?



Asifunde

Kuyini ukusilaphazeka?

Ukusilaphazeka esikubangako kumbi khulu kithi begodu nakabanye. Ukusilaphazeka kumbi eenlwaneni kanye neentjalweni. Kusibangela ukugula begodu neentjalo azisakhuli begodu zingafa. Ukungezelela, ukusilaphazeka kungcolisa ibhoduluko lethu.

Ukusilaphazeka kwenzeka lokha nasingcolisa ihlabathi, singcolisa ummoya nalokha singcolisa amanzi. Ummoya, amanzi nelanga kuyasiza ukuhlanza ukusilaphazeka. Kodwana nakunokusilaphazeka okunengi khulu, iphasi angekhe lazihlwengisa ngokwalo.



**Asenzeni lokhu**

Sebenzani ngeenqhemza zabafundi abahlanu.

Isiqhema ngasinye sinikelwa iphrojekthi esifaneleko esimele siqalane nayo. Amalunga amane afuna iimbonelo zokusilaphazeka. Ilunga elilodwa ligcina ilwazi lalokhu okulandelako. Tlola kwaphela itshwayo (✓) nanyana ngayiphi into oyitholako ozoyifaka erhelweni. Utitjhore wenu uzokurhunyeza koke lokho enikufunyeneke. Ingabe itatawu lesikolo senu lihlanzeke kangangani?

**Asitlole**

Tlolani phasi izinto ezi-5 ezingcolileko enizifumene etatawini lesikolo.

1.	
2.	
3.	
4.	
5.	



Tlola itshwayo (✓) eduze kokusilaphazeka okuserhelweni okungabuya kusetjenziswe kabutjha. Tlola itshwayo (✗) eduze kokusilaphazeka okuserhelweni okungaba nomthelela omumbi eenlwaneni.

**Asikhulume**

Sebenzani ngeenqhemza zabafundi abalikhomba.



Niyokudlala iindima ezahlukenenko nilingisa; iphasi, amanzi, ihlabathi neenlwana. Indima yekhomba kuyokuba ngeyabantu. Abadlali bokuthoma abathandathu ngamunye uyokutjela umuntu kobana ukusilaphazeka kwenza ini kuye. Umuntu uyokuphendula omunye nomunye umdlali. Ninoke quntani kobana kungenziwa ini ngemiraro leyo. Qalani isithombe esingehla ukuze nifunyane imibono. Nangabe niyazethemba ngomdlalo wenu, ungabawa utitjhore kobana anivumele niwenzele abanye abafundi abangetlasini yenu.

Teacher:
Sign:
Date:

Ukusilaphazeka okwahlukahlukaneko



Asifunde

Ukusilaphazeka kommoya

Lokha nasisilaphaza ummoya,
singabuye siwufake itjhefu.
Sisilaphaza ummoya ngokutjhisa
amalahle amanengi, idizela, ipetroli,
irhasi kanye neenkuni. Intuthu
ephuma kilezi izinto inerhasi
engenapilo, kanengi eya phezulu emmoyeni.

Ummoya ubuye usilaphazwe lithuli, isanda, umlotha, intuthu nepholeni. Ummoya uba
netjhefu lokha nasigawula imithi eminengi. Imithi isiza ukususa irhasi eyingozi emmoyeni
bese ikhupha i-oksijini, okumummoya onepilo. Simele siphefumule ummoya ohlanzekileko
ukuze sihlale siphila.

Ummoya osilapheleko uyasigulisa, usibangela i-asma nobulwele bomphimbo namalwele
akhambisana namaphaphu.



Iinkoloyi amabubulo, iiimbaseli ezibuya emakhaya, zibangela
ukusilaphazeka kommoya eCape Town.



Ukusilaphazeka kommoya begodu
kutjhabalalisa ummoya omuhle
one-oksijini enengi ovikela ipilo
ePhasini emisebeni yelanga emimbi.
I-esidi enengi emomyeni engabuya
emabubulweni ingabangela izulu
le-esidi, elibulala iintjalo begodu
lone nemakhiwo.

Ukusilaphazeka kwehlabathi

Ukusilaphazeka kwehlabathi kwenzeka lokha
nakunamakhemikhali amanengi ayingozi ehlabathini.
Ukusilaphazeka kwehlabathi kungabangwa zizibi
nanyana lokho okulahlwa mabubulo kanye namamayini.
Iinzibi ezibuya emakhaya, eenkolweni, eebhedlela
kanye nema-ofisini zigcineka ngaphasi kwehlabathi.
Iinzibi lezi zingcolisa ihlabathi. Ukusilaphazeka kwehlabathi kungangcolisa amanzi
ekungathi ngokukhamba kwesikhathi angcolise ukudla abantu neenlwana ezikudlako.



Ukusilaphazeka kwamanzi

Amanzi asilapheleko abanga itjhefu emanzini
angaphasi kwehlabathi nalawo angaphezu
kwehlabathi emilanjeni, emachibini kanye
nemadamini. Lokhu kwenzeka lokha amabubulo
nakapompela amanzi asilapheleko ngemilanjeni.
Begodu lokhu kwenzeka lokha amaphayiphi athwala
amangcoliso bese athontele ngemachibini nanyana
ukungcoliseka okubuya lapha kwenjelwe khona
icucu kufinyelela emanzini angaphasi kwehlabathi.

Amanzi angcolileko nanyana asilapheleko angagulisa abantu begodu angabulala iinlwana kanye
neenhlambi. Neentjalo eziseduze kwamanzi zingafa.

Ukusilaphazeka kwetjhada

Ukusilaphazeka kwetjhada kubangelwa
ziinkoloyi ezifana namatraga amakhulu
kanye neenkoloyi ezipopozako namateksi,
imitjhini emabubulweni, umvumo ophezulu
nalapha kwakhiwa khona imakhiwo
emikhulu. Itjhada eliphezulu khulu
lingakwenza kobana ugcine ungasezwu.

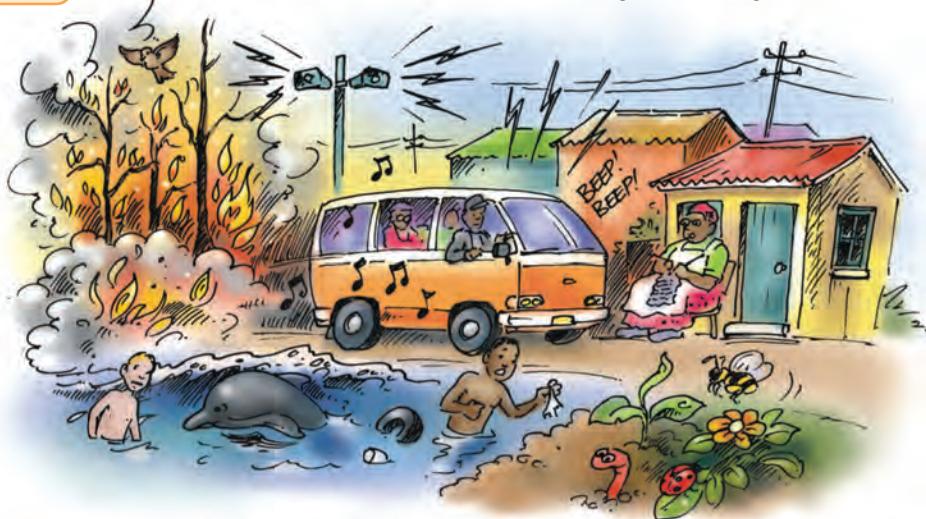


Teacher:
Sign:
Date:

Ukusilaphazeka: Imithelela yakho

Asikhulume

Qala isithombe esilandelako bese ucoca ngaso nomngani wakho.



Asitlole

abantu abalandelako neenlwana bazokuthini ngokusilaphazeka?

Qedelela umutjho lo ngemabhamuzeni wekulomo angenzasi.

"Ukusilaphazeka ... kumbi kimi ngombana ..."



Tlola lokho omunye nomunye walezi zinto ezingehla azokutjho ngokusilaphazeka.

Asikhambahambe



Kwanje zifunyanele iwulawubhu ozokudlala ngayo. Wena nomngani wakho kumele nidlhugane ukukhamba ngaphezu kwayo. Kokuthoma ngeenyawo bese kuthi kwesibili kube ngezandla. Ngemva kwalapho bamba iwulawubhu jjame ibe siyingi esiqale phezulu bese umngani wakho adlule ngaphakathi kwayo. Dlheganani ngokwenza lokho. Begodu tjekisa iwulawubhu ukwenza kobana kube budisi ukukhasa ngaphakathi kwayo.

Okhunye ngokusilaphazeka



Asenzeni lokhu

Amanowuthi wakatitjhere: Ngaphambilini nibone ukusilaphazeka etatawini lesikolo senu. Nangabe akhange nibuthe ukusilaphazeka enikubonileko, kwanje lithuba lokobana nenze njalo. Utitjhore wenu uzoninikela imigodlana yeemplastiki kanye namadlhluu weplastiki ukuze nivikele izandla zenu.

Sebenzisa amajamo wejiyomethri wakhe ilingaphandle lephosta. Cocisana nomngani wakho ngemithetho engalandelwa yokudizayina iphosta yakho:

- ukungafani
- ngokulingana ngobukhulu
- ukugandelela
- ukubhalansa



Teacher:
Sign:
Date:

Abantu bebaphila njani ekadeni



Asikhulume

Izinto esizenzako nangendlela esienza ngayo izinto lezo, kutjhuguluke khulu. Qala iinthombe ezilandelako:



Cocisana nomngani wakho ngalokho okutjhugulukileko nokuthi kutjhuguluke njani. Ungaqala nomhlobo womsebenzi abantu laba ebebawenza, lapha ebebasebenza khona kanye nezambatho ebebazembatha. Ucabanga kobana bebasebenza kude nemakhaya kanganganji? Kwanje buyelela uqale isithombe esingesinceleni bese ucoca ngezinto ezifanako. Ucabanga kobana bebadla ukudla okunjani? Bebakhamba ngani lokha nabebaya emsebenzini?



Asifunde

Abantu ebebaphila ekadeni bebaphila eduze kwezinto ebebazisebenzisa, isibonelo ukudla namanzi. Nanamhlanje sisazitlhoga izinto ezinjalo, kodwana ngebanga lethekhnoloji, sithola amanzi, ukudla kanye negezi ngeendlela ezilula.





Asitlole

Nasi esinye isikhathi neminyaka ongayebebenzisa lokha nawufunda okunengi ngokuthi abantu bekadeni bebaphila njani. Tlola ilanga owabelethwa ngalo kanye nebizo lakho.



Iminyaka eli-15 000
yamamiliyon
eyadlulako:

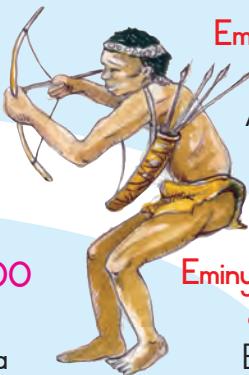
Iphasi lakkha



Iminyaka emamiliyon
ama-2,5 eyadlulako:
Iindalwa ezifana nalezi
zathoma ukukhamba



Ngeminyaka eli-100 000
eyadlulako:
Kwathoma ukubonakala
abantu bokuthoma



Eminyakeni ema-40 00
kwabonakala:

Abantu abama-San

Eminyakeni ezi-2015
eyadlulako:
Ekuthomeni
kxesikhathi esivamileko



Ngomnyaka we-1814

Kwatlanywa isitimela sokuthoma
esikhamba ngamalahle



Ngomnyaka we-1652

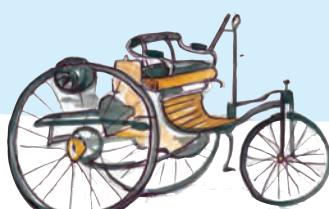
Ukfika kwabamhlophe
eSewula Afrika



Ngomnyaka we-1200
Kwakhiwa iMapungubwe
eLimpopo

Ngomnyaka we-1876

Kwatlanywa
umtato wokuthoma
wesimanjemanje



Ngomnyaka we-1879

Kwatlanywa ilampa
lokuthoma legezi



Ngomnyaka we-1895

Kwakhiwa umrhatjho/
irediyo yokuthoma



Ngomnyaka we-1994

uNelson Mandela waba
ngumengamel iwothoma
onzima eSewula Afrika



Ngomnyaka we-1975

Kwathonywa
ukusetjenziswa
ikhomphyutha



Ngomnyaka we-1973

Kwenziwa
ufunjathwako/iselula
yokuthoma



Ngomnyaka we-1969

Indoda yokuthoma
yakhamba enyangeni

Teacher:
Sign:
Date:

40 Abantu bebaphila njani eminyakeni eyadlulako



Asitlole

Kwanje qedelela ngamabizo,
amalanga wababelethi bakho kanye
nabokhokho bakho:

Ibizo lakabamkhulu ngu-:

Wabelethwa:

Ibizo lakababa ngu-:

Wabelethwa:

Ibizo lakabamkhulu ngu-:

Wabelethwa:

Ibizo lakagogo ngu-:

Wabelethwa:

Ibizo lakamma ngu-:

Wabelethwa:

Ibizo lakagogo ngu-:

Wabelethwa:

Ibizo lami ngingu-:

Ngabelethwa:

Buzani ababelethi benu imibuzo emi-5 ngabanye bekhabo abadala. Sebenzisani
amagama alandelako: **Nini? Kuphi? Kungani? Begodu njani?**



Asifunde

Abafundi besikolo esisedorobheni leKaroo, eGraaff-Reinet bamema uNomzana Johannes Maart ukuzokukhulumisana nabo. Nasi indatjana:

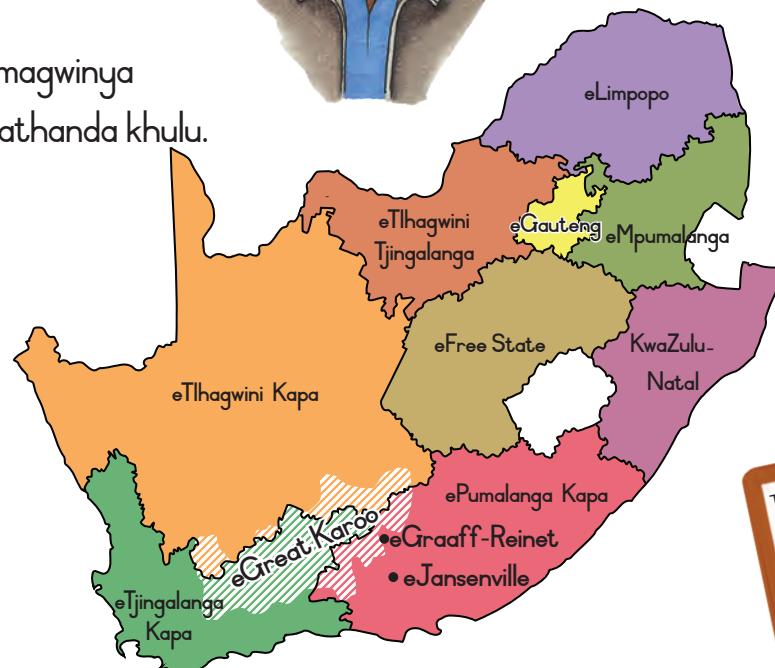
Ngabelethwa eplasini iKaroo, eGannaslaagte mhla ali-7 kuVelabahlinze ngomnyaka we-1922. Ubaba wabe asebenza eplasini begodu umma yena wabe asebenza endlini yomniniplasi. Njalo ngabolwesihlanu, umlimi wabe asipha inyama, esabe siyipheka siyidle ngepelaveke. Sabe singanayo indlela efaneleko yokuyigcina imakhaza. Ngokunjalo-ke,sabe siqeda iveke yoke ngaphandle kokudla inyama. Ngesinye isikhathi sabe siba nenyama enengi besiyibenge imirhwabha, khulukhulu nangabe umlimi udumuze ikudu nanyana iqina. Kanengi sasivame ukudla isiphila, kusilwe nepuphu nanyana shlanganiswe neembontjisi – ukudla lokho bekwaziwa njengomgqushu. Kanengi ubaba bekafunyana iflowuru emakaritjha eyabe ibuya esigayweni seJansenville. Ngokuyeleta okukhulu, umma wabe asibhagela uburotho ngepani eyabe ibudisi kwamambala ayibek phezu kwamalahle ngombana sabe singanaso isitofu.

Ngesinye isikhathi umma bekabhaga amagwinya nanyana amatjhatjhatjha engabe ngiwathanda khulu. Amagwinya la sabe siwadla ngeliju elabe lenjiwe ngedorofiya. Amaswidi wethu kwabe kubukghomu esabe sibukha emithini.



Ilanga:

Amanowuthi wakatitjhere: Nangabe utitjhere akaghoni ukumema omunye/ abanye kobana beze ngetlasini yenu, ningasebenzisa indatjana kaNomzana Johannes Maart.



Teacher:
Sign:
Date:



Ingabe bekumnandi ukuba mntwana esikhathini esidlulileko?



Asitlole

Qala enye nenyе into kilezi ezingenzasi bese uyatjho kobana ngeyakade nanyana ngeyanje. Tlola "Zanje" nanyana "Zakade" ngaphasi kwesinye nesinye isithombe. Bese ufaka umbala ngebhoksini elinezinto "Zakade" ezitjengisa izinto ezikarisa khulu ebezisetjenziswa esikhathini esedlulileko. Sebenzisa umbala owuthandako.



Asenzeni lokhu

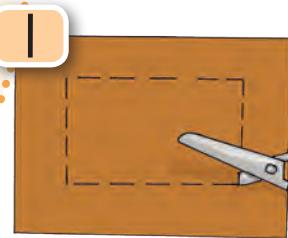
Yenza ifreyimu yesithombe.

Uzokutlhoga lokhu:

- Amakhabhksi wamaphepha amabili anemibala.
- Amakhrayoni wamanzi amabhombho anemibala eyahlukenecho
- Izinto ezahlukenecho ezingasetjenziswa kabutjha ongenza ngazo amaphetheni, isibonelo, itoliki yekoten, ikhokho, isiba kanye neemvalo ezahlukahlukenecho.

Amanowuthi wakatitjhere:

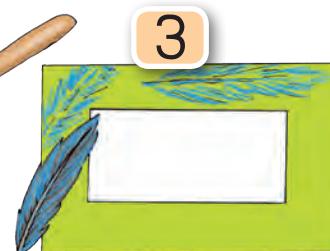
Kuneendlela ezinengi esingagcina ngazo izinto zakade ezeligugu. Enye yeendlela lezo kufreyimela iinthombe.



1. Sika ikhabhksi libe sikwere nanyana irekthengela ukulenza kobana libe yifreyimu yesithombe.



2. Penda ihlangothi langenzasi lento ofuna ukuyisebenzisa ukwenza iphetheni.



3. Kghabisu ifreyimu yakho ngokuthi ugandisele ihlangothi lento oyipendileko phezu kwekhabbksi.



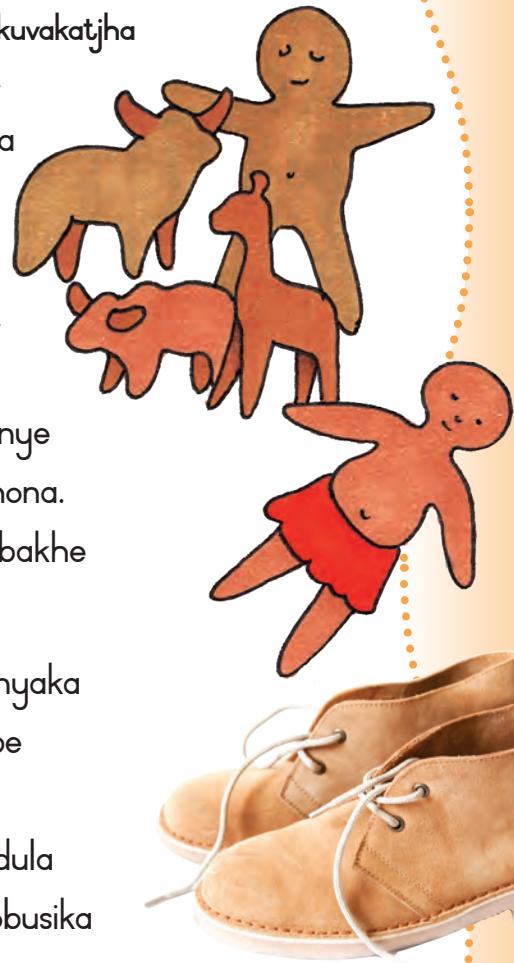
4. Lokha ifreyimu yakho nasele yomile, faka isithombe somndeni wakho bese upha ugogo nanyana umkhulu wakho njengesipho.

**Asifunde**

UNomzana Maart wabuya ngelanga lesibili wazokuvakatjha esikolweni. Waragela phambili nendatjana yakhe.

Sabe singabonani nabantu abanengi. Umma nobaba bebasebenza kabudisi begodu basebenza ama-iri amade. Ngabo Sondo sabe sivakatjhela abangani ebebahllala kamanye amaplaşı. Ngesinye isikhathi sabe sikhamba ngekoloyana yeenkabi nasiyokuvakatjha. Sabe sikuthabela lokhu ngombana sabe sikwazi nokudlala ngamathambo, umdaka, amaqephe wembewu yemithi yameva kanye nangamatje edamini elabe liseduze nezindlu zalapha ebeshlhala khona. Ngesinye isikhathi besidlala ngemlanjeni. Udadwethu nabangani bakhe bona bebakuthanda ukubumba abonopopi bomdaka.

Amanyathelo wami wokuthoma ngawathola lokha nangiqeda iminyaka eli-12. Ubaba wangenzela wona ngesikhumba esitjhukiweko. Kwabe kumnandi ngombana ngabe ngingasabuzwa ubuhlungu engabe ngibuzwa lokha nagade ngihlatjwa mameva lokha nagade ngibhadula ngenyawo phasi nanyana ekuseni ngamalanga "ebekanelothe" wobusika ngigadanga irhwaba.

**Asikhulume**

Cocisana nomgani wakho ngokuthi ingabe kwabe kuyinto ehle ukuba mntwana eminyakeni eyadlulako.

Ingabe bekungcono ukuba mntwana eenkhathi zakade kuneenkathini zanje? Sekela ipendulo yakho. Ungacabanga ngezinye iisetjenziswa esinazo nje nokuthi ingabe zisenza kobana sikghone ukwenza izinto lula begodu ngcono?

Asikhambakhambé

Zjayezeni okulandelako ngamunye nanyana ngeenqhemha zangababili.

- Ukujama ngezandla
- Ukujama ngehloko
- Ukugedekela phambili nemuva
- Ikoloyana yamavilo





Amathulusi neensemjenziswa

Ithemu -3 - Limveke 6



Asenzeni lokhu

Qala iinthombe ezilandelako zeensemjenziswa kade ngesandleni sesincele. Ngekholumeni engesandleni sokudla, gwala iinthombe nanyana usike iinthombe zeensemjenziswa ezisetjenziswa namhlanje.



Asikhulumo



Indlu yeminyakeni pheze ema-300 eyadlulako.



Indlu yeminyakeni pheze ema-200 eyadlulako.



Indlu yeminyakeni pheze eli-150 eyadlulako



Indlu yesikhathini sanje

Izindlu lezi zitjhuguluke njani ngokukhamba kweminyaka?

Kungani zitjhugulukile?

Ngiziphi izinto ezisetjenzisiweko kilezi izindlu?

Ngiziphi izinto ozithola esithombeni D ezingekho esithombeni A?



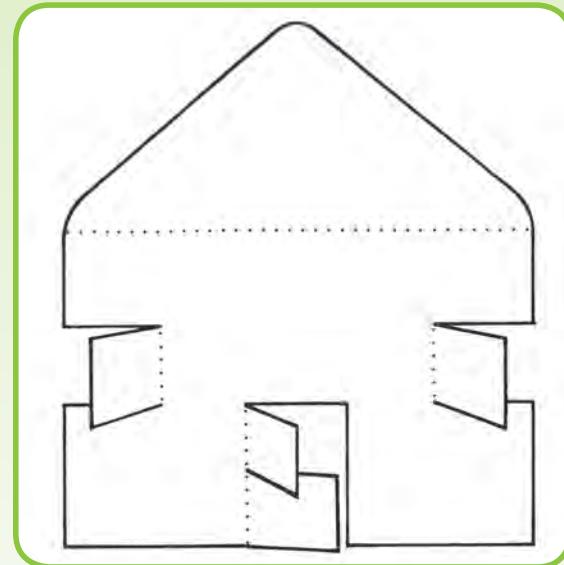
Asenzeni lokhu

Sesifundile kobana izindlu zatjhuguluka bezathuthuka njani ngokukhamba kwesikhathi/kweminyaka. ESewula Afrika, ezinye izindlu zikghatjiswe kuhle njengezindlu zesitjhaba samaNdebele. AmaNdebele aziwa khulu ngemibala yabo emihle nangendlela ebagwala ngayo izindlu zabo. Yenza kwangathi ulilunga lomndeni wesitjhaba samaNdebele begodu nguwe omele uqalane nomsebenzi wokugwala amaboda womndeni wakho.

Uzokutlhoga lokhu:

- Iphepha elinombala
- I-imvlobhu
- Isikere
- Amakhrayoni
- Idlh/iisinamathelisi

1. Sika iminyango kanye namafesidiri e-invlobhini yakho njengombana kutjengisiwe esibonelweni.
2. Vula lapha kunengceny ephephelako ukwakha umfulelo.
3. Kwanje sebenzisa amaphetheni ahlukahlukene, amabumbeko/amajamo nemida ubuye usebenzise imibala ekhanyako ukukghabis indlu yakho ejame njenge-imvlobhu.
4. Bawa utitjhere wakho akuhlathululele kobana kubayini kuqakathekile ukusebenzisa amabumbeko wejiyomethri namaphetheni.
5. Kwanje namathisela izindlu zakho phezu kwetjhidi lephepha elinombala.
6. Sebenzisa iinthombe ozifunyene kibomegazini ukukghabis isizinda seenthombe.



Asikhambahambe



- Lingisa lokha nawakha indlu. Sunduza, udose ngesandla sakho sangesinceleni njengalokho usarha okuthileko.
- Faka umkhono wakho wangesandleni sokudla emkhonweni womngani wakho wangesinceleni ojame eduze kwakho. Yenza kwangathi mgodla obudisi wesiphila esithalwe ngehlombe langesinceleni. Tjhugulula uthwale ngelinye ihlombe.
- Linga ukwemba imirabhu njengomma wamaSani lokha umngani wakho nakakwalelako.
- Yenza kwangathi umumuthi, phakamisela umkhono wakho ngehla kwehloko, ifeyisi yakhe iphezu kwesi qu somuthi. Umngani wakho adose ubukghomu esiqwini somuthi wena lokha nawalako.
- Khwelela ibhayisigili: abalingani balala phasi baqale phezulu bese kuthi iinyawo zabozithomane, bagobe amadolo bese iinyawo zithintane. Bese bayathoma bareye ibhayisigili imilenze idlhiegane ngokuya phambili nemuva

Teacher:
Sign:
Date:



43 Okhunye godu ngokuthi izinto bezenziwa njani ekadeni

Limveke 7

Ithemu-3



Asifunde

Leli bekulilanga lesithathu uNomzana
uMaart avakatjhele esikolweni. Uzokutjela
abafundi okhunye okunengi.

Ubusebenzelo beplasini bebunendawo
lapha abasebenzi batjhiselela khona
bebenze iinsetjenjiswa neenkhali. Sabe
senza amanyathelo weempera enziwe
ngeensimbi kanye namavilo weenkarana.

Kwathi lokha nangineminyaka pheze eli-
IO, sasahlelwa sisomiso esikhulu. Sabe
singanakho ukudla okwaneleko. Sabe
sithaba lokha izulu nalibuya lithome ukuna.



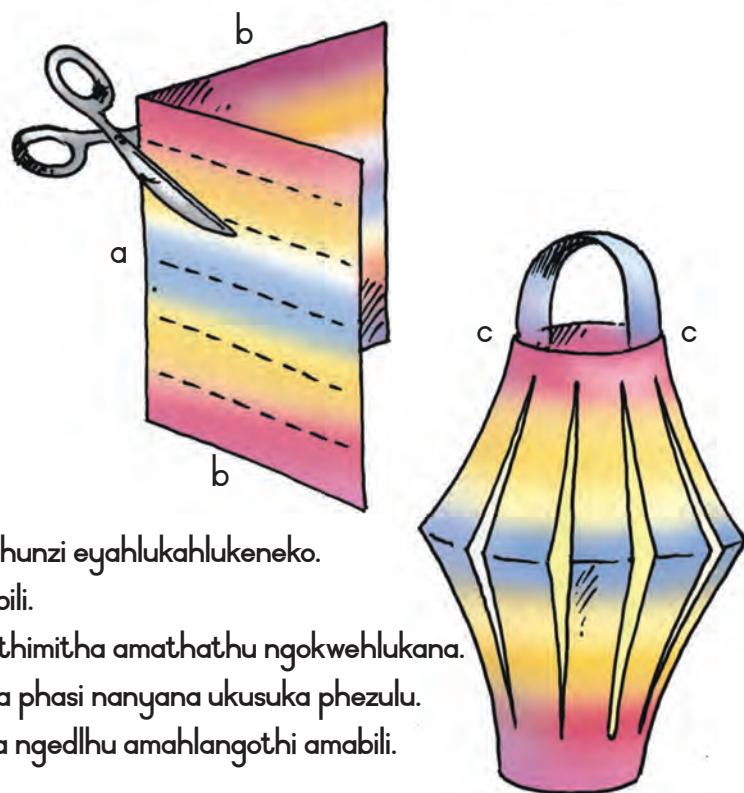
Asenzeni lokhu

Yenza ilantere
lakade.

Uzokutlhoga:

- Itjhidi lephepha elimhlophe elisikwere
- Amakhrayoni wamanzi
- Ikwasa/Ibhratjhi yokupenda
- Irula, ipensela, isikere
- Idlu/Isinamathelisi

1. Kghabiso iphepha lakho ngemibala yemithunzi eyahlukahlukene.
2. Bhinca iphepha lakho libe ziinquntu ezimbili.
3. Gwala umuda ephepheni pheze kumasenthimitha amathathu ngokwehlukana.
4. Sika emideni leyo, kodwana ingasi ukusuka phasi nanyana ukusuka phezulu.
5. Bhinca iphepha ulivule bese unamathisela ngedlu amahlangothi amabili.
6. Ungahle ufake nesibambo ngaphezulu.

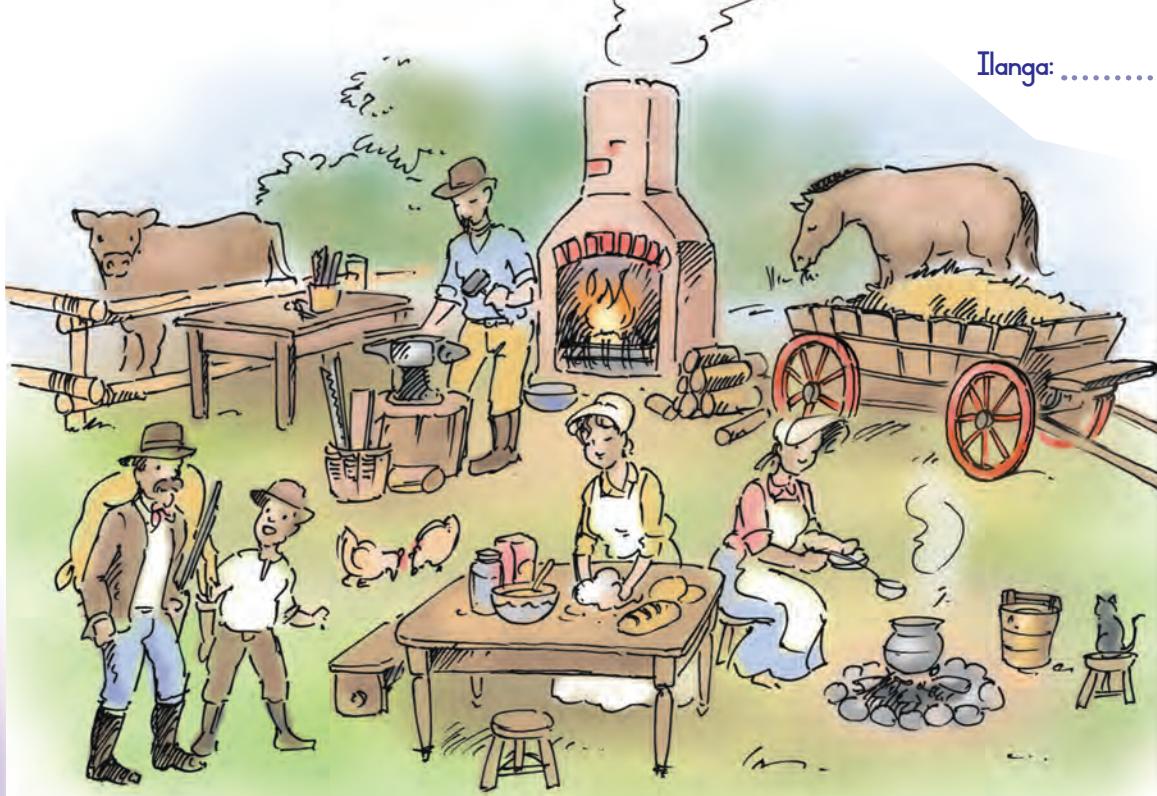


Ilanga:

Asikhulume



Qala isithombe ngepilo
yemaplasini pheze
eminayakeni engaba minyaka
ema-200 eyadlulako.
Cocisana nomngani wakho
ngalokho okwabe kukarisa.
Qala isibonelo sezambatho,
iiisetjenziswa kanye
nemihlobo eyahlukeneko
yeenthuthi. Ngemva
kwalapho tjalani utitjhore
nabanye abafundi ngalokho
ebenicoca ngakho.



Asitlole

Madanisa umsuka wokukhanya nesithombe esinembako. Begodu tlola
nebizo lomunye nomunye umsuka wokukhanya nesithombe. Khetha
emagameni onikelwe wona:

1 itotjhi



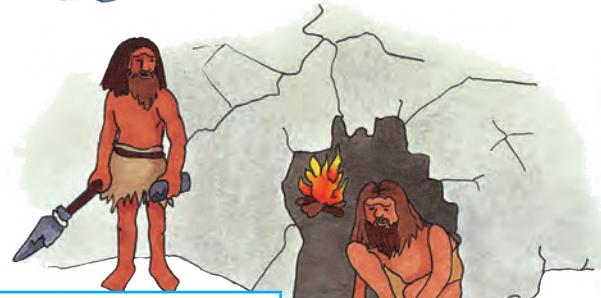
2 iglhowubhu



3 ikhandlela



4 ilampa eliphezulu



Teacher:
Sign:
Date:



Ukubhadelela izinto

abantu bekadeni bebazibhadelela njani izinto ebebazifuna?

Sebenzisa elinye lamagama alandelako ukuqedelela indatjana yemali elandelako. Unikelwe amaledere wokuthoma wamagama ukuze akusize.

ukubhadelo

igwayi

ukudla

isiliva

umncamo

iinhlavu zemali

igolide

ukuthengiselana

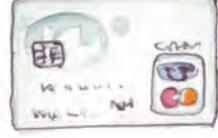
iinkhumba zeenlwana

Kade khulu abantu bebangasebenzisi _____ kanye
nemali emaphepha uku _____ izinto ebazithengako.

imali eliphepha

Emihleni leyo bekusetjenziswa _____ njengendlela yokutjhentjhisana
ngezinto. Nangabe abantu bebane _____ elinengi kodwana banganakho
ukudla abazo _____, bekumele bafunyane omunye umuntu ozotjhentjhisana
nabo yena athathe igwayi bese abanikele ukudla. Izinto ezifana _____,
itswayi, _____, iinkomo nazo _____ ngazo. Ngokukhamba
kwesikhathi, abantu bathoma ukubhadelo ngesiqetjhana se _____ kanye
_____ ukubhadelo izinto ezithengiweko.

Ngokukhamba kwesikhathi abantu base basebenzisa iinqetjhana zesimbi ukwenza
iinhlavu _____. Namhlanje sisebenzisa _____ kanye
nee _____ nanyana nawuthenga izinto ubhadela ngekarada lesikolodo.



Asenzeni lokhu

- Bekani amawulawubhu phasi nanyana nigwale iiyingi esanden.
- Utitjhore uzakuthi lokha nakanitjela kobana neqe, neqele ngesiyjingini ngeenyawo zombili.
- Utitjhore nakathi yeqani, yeqelani ngesiyjingini ngenyawo elilodwa.
- Dlalani umdlalo wokweqa ngenyawo linye benibuye neqe ngeenyawo ezimbili.
- Sebenzisa isiqetjhana setjhogo ukugwala iikwre neendulunga ehlabathini.



**Asifunde**

Le yindlela uNomzana Maart aqedelela indatjana yakhe lokha
nakavakatjhèle abafundi kokugcina.

"Kwanje njengombana sengithethe ipentjheni begodu ngihlala endaweni enepilo ethulileko, edorobheni yeGraaff-Reinet. Ngihlala ngicabanga ngepilo ebudisi kodwana ebimnandi. Sengikhohliwe ngeenkhathi ezibudisi. 'Izinto ezinengi sele zitjhugulukile – kunegezi yakwa-Eskom, omunye nomunye unofunjathwako, indlu yakade yeplasini sele yakhiwe kabutjha begodu seyifana njengezindlu ezakhiwa emadorobheni."

Kodwana ezinye izinto zisafana nekadeni. Izimvu zibonakala bezizwakala zisafana nekadeni begodu qobe ngantambama, umsebenzi usaphuma aphethe ibisi elihlaza elibuya endaweni yokusengela liya ngekhwitjhini. Abojakalasi kanye neempisi zisazibamba izimvu."

**Asikhulume**

Noke bafundi khulumani
ngezinto ezitjhugulukileko soloko
nabelethwako.

Kwanje khulumani ngezinto
enicabanga kobana zihlala zinjalo
iminyaka eminengi.





Asifunde

Iphasi yibholo ekulu nanyana isifyere esiphila kiso.

Enye nenye into esizombieko siyibiza ngesikhala nanyana ngephasi nezulu. Ulkusukela kwaphela eminyakeni ema-50 sesikwazi ukuqala nokubona iphasi kusuka esikhaleni.

Ungakwazi ukubona iphasi, ilwandle kanye namafu.

Cocisana nomngani wakho ngokuthi ngiyiphi ingceny e yesithombe ekuliphasi, ngiyiphi elilwandle begodu ngiyiphi emamafu. Emebheni ongehla, gadangisa/threyisa imiqoqo yeengceny eongazibona esilanganisweno sephasi yephasi. Sebenzisa amakhrayoni anemibala eyahlukeneneko engcenyeni ezahlukeneneko. Tlola phasi amabizo weengceny eazahlukeneneko:



Asenzeni lokhu

Emebheni, threyisa umqoqo weengceny e zephasi begodu ongazibona esithombeni.

Sebenzisa amakhrayoni anemibala eyahlukahlukeneko eendaweni ezahlakukueneko.

Tlola phasi amabizo weengceny e zephasi lawo.



Ukubonakala okuhle kwephasi, ikhaya lethu phezulu kude le emkayini.



Asifunde

Iphasi linelarha ematsikani yommoya elizombieko. Ummoya loyo ubizwa nge-atmosfiyera. Uyalibona iphasi esithombeni?

Amaplanedi kanye nalo loke irhelo eliphathelene nelanga



Asifunde

I-atmosfere yaphasi iya phezulu ubude obungaba li-120 km. Ngaphezu kwebanga eli-120 km, uba semkayini ongaphandle. Ngaleso isikhathi sele ukulindele ukuhlangana nabomakhelani bePhasi.



Asikhulume

Emkayini ongaphandle ayikho imini – busuku kwaphela. Kungani? Coca nomngani wakho ngokuthi khuyini lokho.

Abomakhelani abaseduze nathi khulu boke baku Solar System, okulihlelo elimayelana nelanga.

Amamithiyosi: La mamaqa wamatje. Athi lokha nakabetha i-atimosifyere yethu atjhise khulu. Amamithiyosi la akha umtletle omkhanyo ofifiyelako ebusuku phezulu esibhakabhakeni. Lokho kwaziwa njengeenkwekwezi ezaziwa "ngabomathukudla". Nangabe zibetha phezu kwephasi, sizibiza "ngamamithiyosi".

Inyanga: Lidwala lebholo emakhaza begodu efileko nethuli elijkajika lizomba iphasi. Inyanga yincani ngamahlandla abuyeelwe kane kunephasi.

ILanga: Yirhasi yebholo etjhisa khulu. Kude ngaphakathi kwelanga kutjhisa kwamambala bekwenze irhasi incibilike. Ukuncibilika nanyana ikambiso yokuhlangana isipha ukukhanya, umtjhiso namandla ephasini. Ilanga yikwekwezi begodu isendaweni ephakathi yerhelo lelanga.

Amaplanedi: Ziimbholo ezikulu zamadwala, zommongo wamamolteno – njengephasi – nanyana yirhasi kwaphela ejikajika izomba ilanga. Iphasi lona linamaplanedi abu-8.

Amakhomethi: ziingga ze-ayisi kanye nerhasi ekhamba phakathi nesibhakabhaka nerhelo eliphathelene nelanga ngerhelo lelanga. Ngesikhathi esifanako eza eduze kwelanga.



Asifunde



Amamithiyosi



Inyanga



ILanga



Amaplanedi



Anakhomethi

Teacher:
Sign:
Date:

linkwekwezi



Asitlole

I Phasi lethu linabomakhelani abakarisa khulu ehlelweni elimayelana nelanga, i Solar System. Ngimuphi umakhelani okarisa khulu? Tlola lokho okukhethileko ngenzasi. Tlola iinzathu ezimbili zalokho okukhethileko.

Ngikhetha: _____

Iinzathu zami ezimbili: _____



Asifunde

Lokha nasidlula amaplanedi amafitjhani siyalitjhiya ihlelo elimayelana nelanga, i Solar System. Kwanje sisesikhaleni esingeneleleko sangaphandle:

Inkwekwezi: Ziimbholo ezitjhisa khulu zerhasi, ziyafana nelanga kodwana zona zikude khulu nathi. Zinengi khulu, kunamabhiliyon i weekwekwezi – angekhe sakwazi ukuzibala siziqede. Iinkwekwezi ziyejhuka ngobukhulu – i Langa lona linobukhulu bekwekwezi obulingeneko.

Iphasi loke kanye nezulu kwamambala liyindawo ehle nemangaza khulu begodu kuncani khulu esikwaziko ngalo. Mhlawumbe into ehle khulu ephasini elihle nelimangaza kwamambala, yiPilo. Ngikho ekumele sibenegugu ngepilo besiyihloniphe.



Asenzeni lokhu

- Lalela ingoma ye Sewula Afrika utitjhore wakho azoyidlla.
- Wena nesiqhemu sakho sebenzani ngalokho enizokwethula ngengoma leyo.
- Ngeenqhemu zenu, sebenzani benitlole ingoma enizokurepha ngayo yomvumi othileko odumileko bese niyilingise ngaphambi kwabanye abafundi ngetlasini Asidlaneni
- Utitjhore uzokuhlukanisa itlasi lenu ngeenqhemu ezimbili. Dlalani umdlalo webholo erarhwako eddalelwa ngendlini.

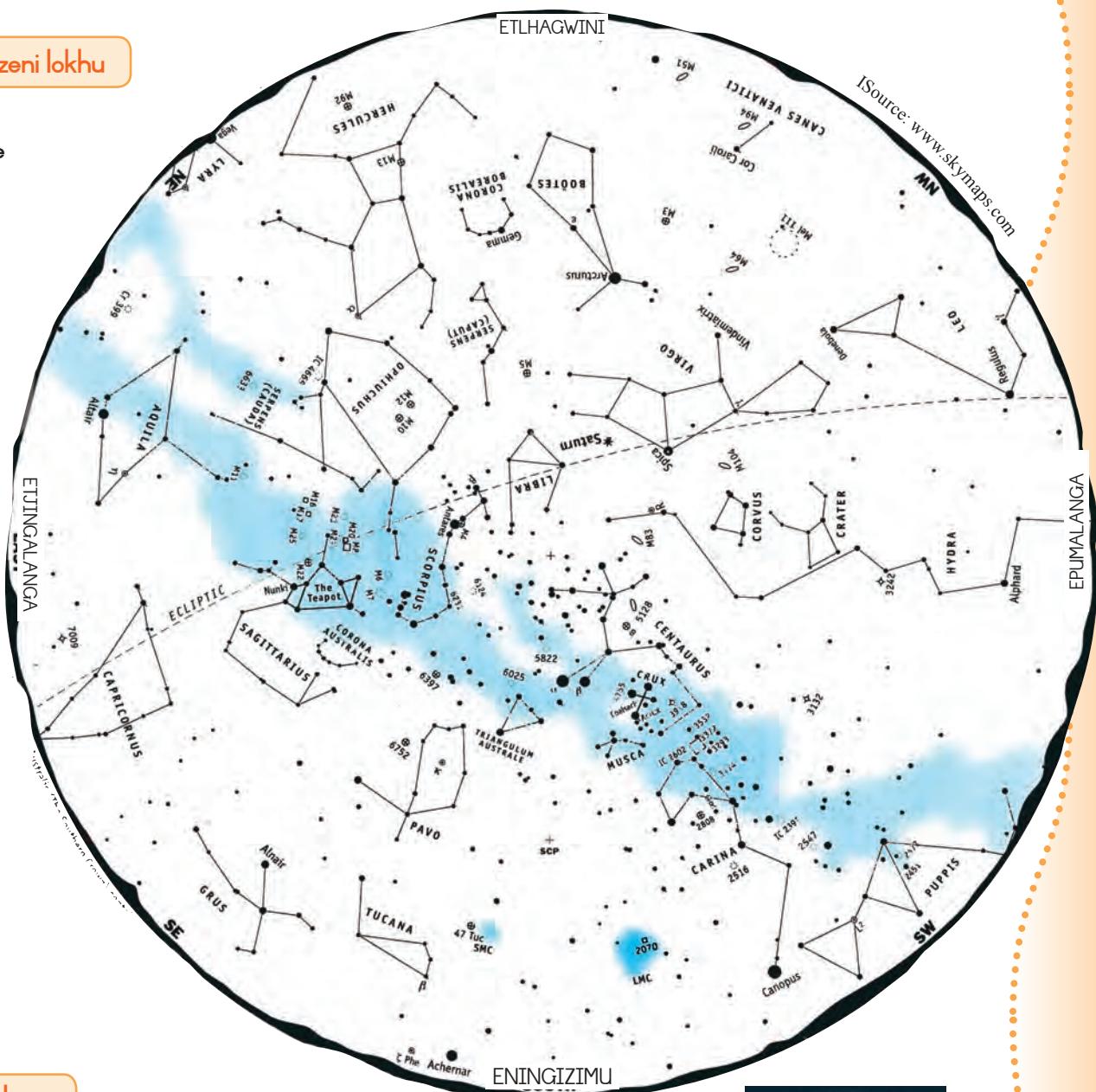


Amatheleskowuphu



Asenzeni lokhu

Sebenzisa umebhe
weenkwekwezi
olandelako
netotjhi
emnyameni bese
ulunga ukuthola
ibuthelelo
leenkwekwezi.
Tshwaya zoke
iinkwekwezi
ongazibona
emebheni
weenkwekwezi lo
ngetshwayo (✓).



Asikhulume

ISewula Afrika yakha itheleskowuphu yayo ekulu eduze kweSutherland. Kwanje sesinamatheleskowuphu akude le emkayini akghona ukusilethela iinthombe ezibuya kude le esikwazi ukuzibona silapha ephasini. Isibonelo yiHubble Telescope, esithumela iinthombe ezihle ezibuya emkayini. Abantu abafunda ngomkayi babizwa ngama-astronomia. Basebenzisa amatheleskowuphu ukufunda iinkwekwezi. Eminyakeni ezako, itheleskowuphu ekulukazi yeradiyo izokube sele yakhiwe eduze kweCarnarvon, eTlhagwini Kapa.



Inyezi ibonakala
ngetheleskowuphu

Teacher:
Sign:
Date:

Ukukhamba emkayini

Asifunde

abantu abalandelako ngibo iinkutani zalabo abakhamba emkayini.

Ithemu-3 - Limveke 9



UYuri Gagarin waba
mumuntu wokuthoma
ukuzomba iphasi
ngesiphaphamtjhini
semkayini (mhla ali-12 ku-
Apreli 1961).



UNeil Armstrong waba
mumuntu wokuthoma
ukujama enyangeni (mhla
ama-20 kuJulayi 1969).



UMark Shuttleworth
wabamSewula Afrika
wokuthoma ukuzomba
iphasi (ngo-Apreli
2002).



UChrista McAuliffe
waba ngutitjhere
wokuthoma
ukuba ngusolwazi
ngeenkwekwezi, kodwana
wabhubha ngengozi
lokha isithuthi sakhe
semkayini, iChallenger,
nasithuthumbako (mhla
ama-28 kuJanabari
1986).

Uthi bewazi? UManala Maseko
ohlala eSoshanguve, esifundi
seGauteng, uzokuba mumuntu
wokuthoma onzima eSewula Afrika
ukuya emkayini ngeLynx Mark II
Shuttle ngomnyaka we-2015.



Asikhulumo

Cocisana nomngani wakho kobana wena ufisa ukuyokuvakatjhela yiphi iplanedi.

Uzokufika njani eplanedini leyo?

Ingabe ngikuphi ozokuthatha ukhambe nakho?

Ungathanda ukuhlala lapho isikhathi esingangani?

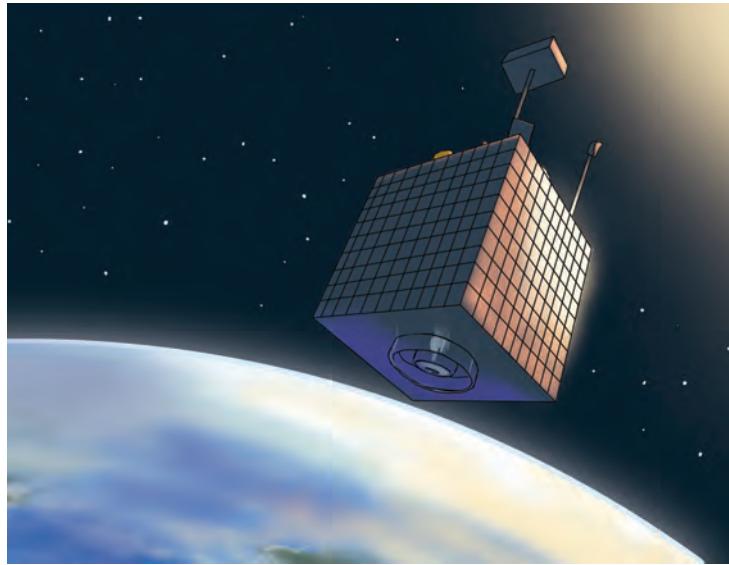


Amasathalayidi



Asifunde

Isathalayidi yinto ekhamba mazombe kenyé into. Inyanga yisathalayidi yemvelo yephasi. Ngemva kwesathalayidi yokuthoma yokuzenzela eyahlonywa ngomnyaka we-1957, abososayensi base babeka amasathalayidi amakhulu azomba iphasi. Itheleskowuphu iHubble ngenye yamasathalayidi lawo. IYunivesithi yeStellenbosch yatlama isathalayidi yokuthoma yeSewula Afrika ngoFebherbari ngomnyaka we-1999. Kunamanye amasathalayidi amihlobo eyahlukene. Afaka hlangana amasathalayidi abuthelela ilwazi ngomkayi, amasathalayidi wobujamo bezulu kanye namasathalayidi ekuthintanwa ngawo – cabanga ngamaditjhi wamasathalayidi asemakhaya wethu. Enza kubelula kobana abantu babone i-DSTV! Isathalayidi ekulu yi "International Space Station", lapha umsebenzi wokulingwa kanye nokutjhejwa kwenziwa khona.



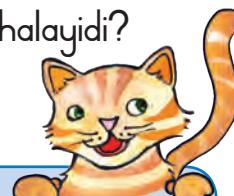
Asikhulume

Coca nomngani wakho ngemibuzo le. Ngemva kwalapho ungacocela itlasi ngalokho okucabangako.

- Inkoloyi ezinengi zine-satellite tracker, okuyindlela umtlhala wekoloyi leyo otholakala ngayo lokha nayilahlekileko ukukhandela kobana amasela angayebi. Irherho lelo lisebenza njani?
- AmaSathalayidi asetjenziselwa ukusiza abalimi/abosomaplesi. Ucabanga kobana ihlelo lelo liyasebenza?
- Ungakhe ucabange ngokusetjenziswa okutjha kwamasathalayidi?



Asikhambakkhambe
Utitjhore wakho uzokufundisa ukudlala ivolibholo kunye nomdlalo wakakatsu nekhondlo.



48 Amalanga akhethekileko

Imveke 10

Ithemu 3 - 1

Asifunde

Tshwaya amalanga la phezu kwekhala. Funyana kobana kuzokwenzeka nini emnyakeni lo bese uqedela ngamalanga eenkhaleni ezingenzasi.

Amanowuthi wakatitjhore:

Inkolo ezilandelako kanye namalanga akhethekileko azokufundwa ngethemu yesithathu. Kumele usebenzise ama-iri amatathu kuthemu yesithathu ufundise ngamalanga agidingwako, akhunjulwako neenkolo esizinikela kiwo. Ekumele nikwenze ninoke ngetlasini kuzokuya ngokuthi bangaki abafundi abalandela ikolo leyo begodu kuye nangomgomo wesikolo leso. Amaholideyi amabili womphakathi kumele ahlonitjhwe maSewula Afrika woke.

Mhla ama-21 kuJulayi (kuye

ngokuthi inyanga etja iyabonakala): Ekuthomeni kwenyanga yeRamaddaan – ilanga lekolo yama-Islamu. IRamadaan sikhathi sokuzila ukudla, imithandazo ekhethekileko kanye nokufundwa kweQua'an, ukugidinga ukuphela kokuzila ukudla, ukuphana, ukuhlanzwa ngokokomoya, ukukhanyiselwa kanye nesikhumbuzo sesambulo seQur'an kumPhorofidi uMohammad. Ilanga:

KuJulayi noArhosí: YiTisha B'av – Amalanga wekolo yamaJuda. AmaJuda azila ukudla ukulilela ukugirizwa kwamaThempeli wokuThoma newesiBili weJerusalema begodu nokukhumbula ezinye iingozi zamaJuda ezenzeka ngelanga lelo, khulukhulu ukuqotjhwa kwamaJuda eSpain ngomnyaka we-1942. Ilanga lelo laziwa ngokuthi "ilanga elidanisa khulu emlandweni wamaJuda". Ilanga:

KuJulayi no-Arhosi: YiRaksh Bandhan – Ifestivali yamaHindu.

AmaHindu agidinga ubudlelwano hlangana kwabafowabo (amasokana) kanye nabodadwabo (nabentazana). Udade uzokubophelela irakhi (intabo ecwengileko) edinini lomfowabo (lesokana) njengetshwayo lokumthanda nokumthandazela umfowabo loyo, begodu nomfowabo loyo uzokuthembisa ukumphephisa ipilo yakhe yoke. Ilanga:



Mhla ali-Q ku-Arhostesi: liLanga leLizweloke laboMma. yiHolideyi yomPhakathi. Mhla ali-Q ku-Arhostesi ngomnyaka we-1956, abomma abama-Afrika abazi-20 000 barhwanta baya e-Union Building, ePitori baphethe "iimpasa". Indima eyadllalwa bomma laba iyagidinwa eSewula Afrika. Ilanga:



KuArhosí noSeptemba: yiKrishna Janmashtami – Ifestivali yekolo yamaHindu. Ukubelethwa kwakaKrishna Janmashtami kugidingwa ngokuzila ukudla. UKrishna sithombe esiqakatheke khulu kumaHindu – ubonakala njengobukhona bakazimu uVishnu ephasini. AmaHindu begodu akholelwa kobana uKrishna mtloli weBhagavad Gita, umtlolo oqakathekileko kumaHindu. Ngelanga



leli abentwana kanengi bafanekisa ngeenqephу epilweni
yakaKrishna. Ilanga:



Mhla ali-19 ku-Arhostesi (kuye ngokuthi inyanga etja iyabonakala na): u-Eid-ul-Fitr – Lilanga lefestivali yama-Islamu. Umnyanya lo uyathokozelwa begodu ugidingwa ngendlela encamileko yokuphela kwenyanga yeRamadaan, okusikhathi sokuzila ukudla. UZimu uyadunyiswa, abadududu bayatlhogonyelwa abangani kanye nemindeni iyavakatjhelwa.

Ilanga:

Mhla li-17 kuSeptemba: YiVeke yeLizweloke yokuTjalwa kwemithi.

Ukuqakatheka kwemithi kuyagandelelwa. Ilanga:

Mhla abu-8 kuSeptemba: LiLanga leeNtjhhabatjhaba lokwAzi ukuFundu nokuTlola. Ilanga leli ligandelela ukuqakatheka kokwazi ukufunda ngamunye, kwezakhhamizi kanye nemiphakathi. Ilanga:



KuSeptemba: yiRosh Hashanah – Malanga wekolo yamaJuda. URosh Hashanah lilanga lomnyaka omutjha kumaJuda. Lilanga lokuzwakalisa itjhofa begodu nokudla ukudla okulitshwayo okufana nama-abhula afakwe ngaphakathi kweliju ukukhumbula labo abazibandakanyileko ngethemba lepilo emnandi ngomnyaka omutjha.



Mhla ama-24 kuSeptemba: iLanga lamaGugu. YiHolideyi yomPhakathi. Woke amaSewula Afrika angagidinga amasiko wawo kanye namasiko wabanye ngokwehlukahlukana kwabantu.

KuSeptemba no-Oktoba: yiYom Kippur – amalanga wekolo yamaJuda. Lawa malanga angcwele khulu kumaJuda begodu eza ngemva kwamalanga ali-10 weRosh Hashanah. Begodu aziwa ngelokuthi "lilanga lokuhlawulela". Amakholwa kulindeleke kobana asebenzise 'amalanga aziwa ngeleDays of Awe' ukucabanga ngezono zavo nokuphendula. Ngelanga leYom Kippur, uZimu ulibalela zoke izono, abantu bazila ukudla begodu babuyisana noZimu.



Mhla ama-30 kuSeptemba: yiPitr Paksha – Ifestivali yekolo yamaHindu. AmaHindu athandaza abezimu bawo abaziwa ngama-“pitrs”, khulukhulu ngeminikelo yokudla.

Teacher:
Sign:
Date:

49 lintjalo – Esikuthola kizo

Ithemu-l – Timveke I

Ithemu-l – Timveke I

Asifunde

Iphasi linezinto eziphilako ezinengi. Kuneenwana, abantu, izimvu kanye namagwababa, iintjalo ezifana nesiphila kanye nemithi yemidubi, kanye nokukghora, okufana namakaka wesirhwarrhwa.



Iintjalo kanengi amataka,
amakari, iziqu kanye nemirabhu.
Ziba namathuthumbo, iinthelo
kanye nembewu. Ezinengi
zinamakari anombala ohlaza.

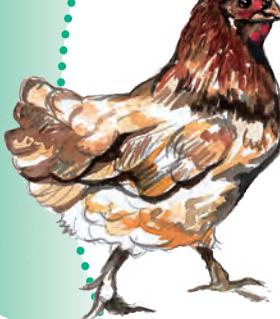


Asikhulume

Ukudla esikudlako kubuya kuphi?

Qala iinthombe bese ucoca nomngani wakho ngazo.
Ekhasinili eliandelako, kunerhelo lokudla. Okubili kwakho akubuyi
ezintweni eziseenthombeni. Ngikuphi ukudla lokho?

Senifundile ngokuthi ukudla
kwethu kubuya kuphi?
Akhe uqale kobana ngikuphi
okukhumbulako.





Asifunde

Iintjalo zisipha imihlobo eminengi yokudla. Yoke imirorho, iinthelo, amantongomani kubuya eentjalweni. Iintjalo zisenza sihlale siphilile begodu zinamavithamini, amaminerali, amaphrotheyini, amakhabhohayidredi, i-oli kanye nefayibhra. Nawo amatjhokoledi abuya emantonganini.



Asitlole

Tlola incwadi iye emuntwini ekunguye kanengi okwenzela ukudla. Sebenzisa amagama aserhelweni elingenzasi encwadini yakho. Sebenzisa ifreyimu elandelako:

ipuphu umratha ithanga izambana ikherothi iphinabhatha uburotho
ikhkhe ilethisi isaladi iperegisi ama-abhula ikhabe

Othandekako _____

Ngiyathokoza _____

Ngithanda ukudla _____

Angikuthandi _____ ngombana

Ingabe uzongenzela _____

Ukudla okubuya eentjalweni kuhle ngombana _____



Asikhulume

Qalisisa iinthombe ezilandelako bese ucocisana ngazo nomngani wakho mayela namajamo iintjalo ezingaba nawo.

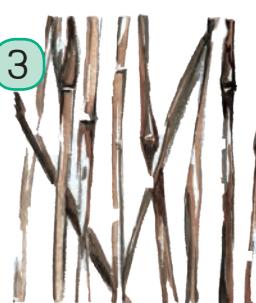
1



2



3



4



Teacher: _____
Sign: _____
Date: _____

lntjalo - Umoba ukuya etjhukeleni

Asifunde

Itjhukela ngokhunye kokudla esikutlhogako ukuze sihlale siphila. Kunemihlobo eyahlukeneko yetjhukela. Sithola itjhukela eenthelweni. Ibisi nalo linetjhukela. Isithombe esisendlalelo lapha ngenzasi sitjengisa isimu yomoba ekulu KwaZulu Natal.



Asifunde

Umoba uqakatheke khulu.

Umoba sitjalo eside esifana nefo. Ukhula endaweni emahlathi. Umoba udinga umkhanyo omnengi kanye nezulu elinengi. ESewula Afrika, isifunda saKwaZulu-Natal ngiso esifanele ukutjalwa komoba.

Asenzeni lokhu

1. Qalani iinliliswa zomvumo utitjhhere wenu azonitjengisa zona.

2. Lalelisani imihlobohlolo yomvumo ehlukeneko utitjhhere wenu azonidlalela wona.

Cocani ngalokhu:

- Igido lengoma
- Ingabe ingoma ibetha kabuthaka nanyana irhabile?
- Ingoma ililela phezulu nanyana phasi?
- Ingoma/Umvumo ukwenza uzizwe njani
- Ngiziphi iinliliswa ongazibala ezidlala engomeni Asikhambakhambé

Qedelela umdlalo onesiqabo utitjhhere wenu awakhileko. Utitjhhere wakho uzonikutjengisa kobana nigijima njani ephaliswaneni lemilenze emithathu.



Ilanga:

Qala isithombe esilandelako somoba. Yelela iingaba ezilandelako zesitjalo:

Isiqu eside esisagolide; Amakari amade amatsikani;

Isiqu sinamalungu; imirabhu esiqubuthu phasi ehlabathini

Umoba ukhula eenyangeni ezili-14 ukuya kezima-24 ngaphambi kobana ukulungele ukuvunwa. Isiqu sinetjhukela – isiraphu ezotho enamathelako – engafaniko netjhukela esiyisebenzisa emakhaya!



Asitlole

Nombora iinthombe ngokulandelana kwazo ukutjengisa kobana itjhukela ikhiqizwa njani.



Iintregere ziyatjala.



Esigayweni umoba uyagandelelwu bese kukghanywa isiraphu ezotho kiwo.

Itjhukela iyahlwengiswa bese ilungela ukuthengiswa.

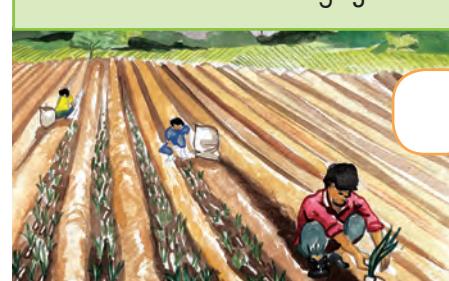


Umoba uyavunwa bese ubotjhwa iinyanda.

Amanzi ayasetjenzisa ukuthelelela umoba.



Amahlumela womoba ayatjala.



Umoba usiwa esigayweni.



Umoba uyafika esigayweni.



Iphasi – Ukusuka ehlabathini ukuya esitineni



Asifunde

Kuthemu ephelileko nifunde ngephasi.

Liplanedi esihlala kilo. Iphasi lisipha okunengi kwalokho esikutlhogako ukuze siphile.

Iphasi lizonjwe lilarha elimatsikani lommoya.

Ilarha leyo inommoya ohlanzekileko, i-oksijini, esiyitlhogako ukuze siphile.

Ilarha ematsikani yephasi ngileyo esihlala kiyo begodu siyibiza "ngelekhasti", inehlabathi ngaphezulu, esingayisebenzisa ukutjala ukudla kwethu. Ilarha yokuthoma yephasi begodu inamadwala aqinileko afana neentaba. Elarheni le sifunyana amaminerali afana negolide, idayjiman, ipetroliyamu namalahle.

Begodu elarheni ematsikani yamatje le sifunyana amalwandlekazi. Emalwandlekazini sifunyana ukudla okufana nehlambi. Ilwandle nalo liqakathekile ngombana imikhumbi eminengi isebeenzisa lona ukuthutha ipahla kanye nabakhweli.



Asenzeni lokhu



Sebenzisa ilwazi elingebla ukugwala isithombe sephasi. Sebenzisa izinto zokutlola ezahlukeneko ngendlela ongakghona ngayo. Ipensela, amakhrayoni, amakhrayoni wamafutha, i-enge nepende. Sebenzisa izinto zokutlola ongakhange uzisebenzise ngaphambilini. nanyana izinto ezingabonakala zizitja kuwe.



Ilanga:



Asikhulume

Senifundile kobana ukudla kubuya kuphi. Wena nomngani wakho tshwayani (✓) kobana ngikuphi ukudla okuphuma poro ehlabathini:

abhula	
yefarigi	
itjhizi	
ilamune	
amaqanda	
gem squash	
ibisi	
isipinitjhi	
inyama yemzu	
amaperegisi	
amabhontjisi	



Asikhambakhambane

- Vuthela amagwebu ngethungeni elinamanzi.
- Faka ubuso bakho ngethungeni elinamanzi imizuzwana emithathu ubambe ummoya, hlala uvule amehlo neempumulo.

Lingisa kwangathi uyaduda

- Lala ngomhlana urarhararhe iinyawo.
- Lala ngamathumbu urarhararhe iinyawo.
- Jama ngeenyawo uphaye izandla njengalokha ubuyela emuva.
- Kwanje phaya izandla zakho ziye phambili njengalokha nawududa uyaphambili.

Gwala umuda osuka egameni ngalinye uye esithombeni. Irhelo lakho litjho ini kuwe?



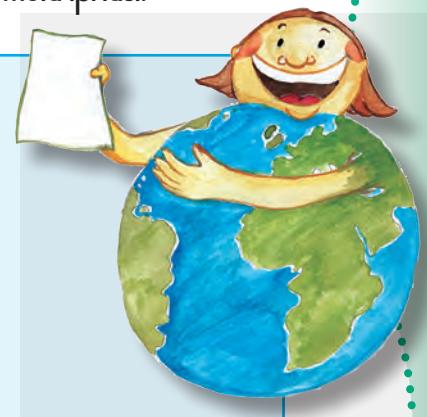
Asitlole

Tlola isigatjana usithumele ephasini ulithokoze ngalokho elisipha khona.
Ngezelela ngomutjho owodwa wethembise ukulitlhogomela iphasi.

Phasi elithandekako

Ngiyakuthokoza _____

Ngiyethembisa _____

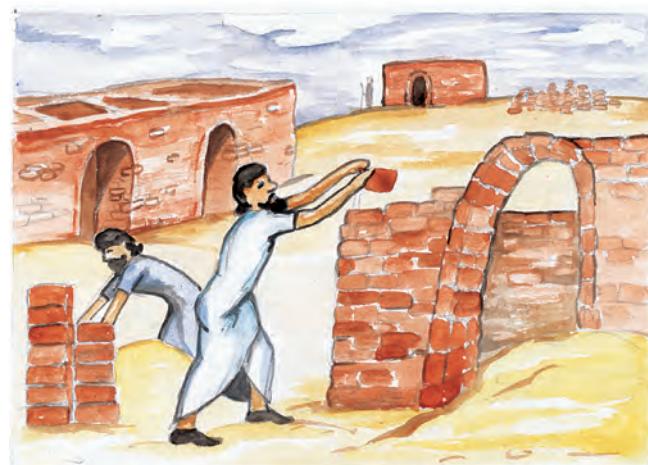


Iphasi – Ukusuka ehlabathini ukuya esitineni



Asifunde

Iphasi linemihlobo eyahlukeneko
yehlabathi. Umdaka ngomunye umhlobo
wehlabathi. Eminyakeni eminengi
edlulileko abantu bebasebenzisa umdaka
ukwenza iintina abakha ngazo izindlu.



Asenzeni lokhu

Gwala izinto
ezimbili esingazakha
ngeentina bese
unikela umgwalo
ngamunye isihloko.



Asitlole

Phendula imibuzo elandelako.

Kungani iintina zingafani ngemibala?



Ingabe iintina zenziwa kwaphela ngehlabathi?



Asitlole

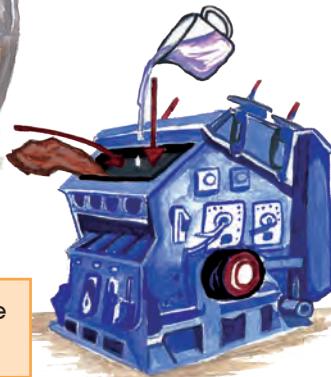
Nombora iinthombe ezilandelako ngokulamana kwazo utjengise kobana sizenza njani iintina.



Kwenjiwa idaka.



Ihlabathi iyendlalwa beyihlanganiswa namanzi.

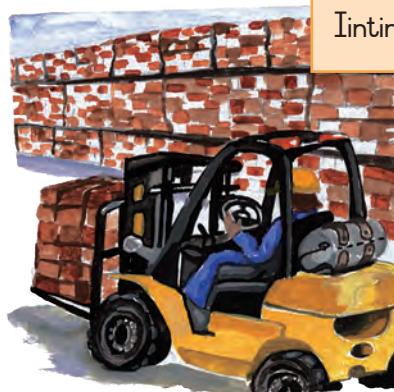


Umtjhini usika idaka libe mitletlana.

Umtjhini obhaga iintina



Iintina ziyomiswa, iintina ezomileko ziypakwa.



Iintina ziphuma emtjhini, ziypakwa



Iintina zibekwa phezu kwezinye ngamabuthelelo sezilungele ukuthengiswa.

Nombora imitjho engenzasi ukuze ilamane kuhle ukutjengisa kobana sizenza njani iintina.

	Kuthi lokha iintina nazikhutjhwa nge-ondweni yokomisa iintina bese ziakhethwa zibekwe kuhle.
	Ihlabathi isefiwa kuhle bese idutjwa ngamanzi.
	Kusetjenziswa umtjhini ukusika iintribhu zibe mabhlogo.
	Ihlabathi iyenjiwa kusetjenziswa imitjhini emikhulu.
	Iintina zibekwa phezu kwezinye ngamabuthelelo sezilungele ukuthengiswa.
	Inqetjhana zomdaka ziyabhagwa ngaphakathi kwe-ondo.
	Ihlabathi edutjiweko isikwa ngomtjhini.
	Amabhlogo womdaka ayomiswa.

Teacher:
Sign:
Date:

53 Ihlekelele nalokho esifanele ukukwenza - iinkhukhula

Limveke 3
Ithemu-lt



Asifunde

Ihlekelele

Ihlekelele yinto eyenzeka kungakalindeleki begodu engaba nomphumela omumbi khulu ebantwini naphezu kwemvelo. Ihlekelele ingabanga ukufa kwabantu abanengi bekubange nomonakalo.

Inhlekelele ezinengi zibangwa yimvelo njengommoya kanye nezulu. Ngokwesibonelo, iinkhukhula ngemva kokuna kwezulu elikhulu. Abantu nabo bangayibanga ihlekelele. Ngokwesibonelo, ukutjhiya ikerese ikhanya ubusuku boke kungabanga ukutjha komlilo.



Asikhulume

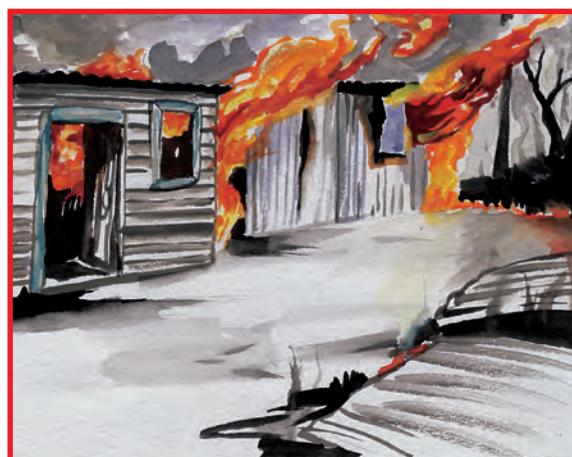
Qala iinthombe ezilandelako bese ucocisana nomngani wakho ngazo.

Cocani ngalokho enikubonako esithombeni ngasinye. Yitjhoni kobana isithombe ngasinye siveza muphi umhlobo wehlekelele.

Tlola phasi lokho okucabangako.

Utitjhere wakho uzokutlola irhelo leempendulo zomunye nomunye umfundis ebhodini.

Ngezelela ngeempendulo ezingafaniko nezakho.





Funda i-athikili yephephandaba elilandelako ngelekelele yeenkhukhula. Kokuthoma funda ngokwakho. Landelanisa ngokuhlala nomngani wakho bese nifundela phezulu. Gilheganani. Funda isigaba bese umngani wakho afunde esilandelako.

Linkhukhula zibanga ihlekelele

Schmidtsburg

ngoMgqibelo

14 kuJanabari 2011

Edorobheni leTlhagwini Kapa kubhubhe abantu abali-12 bekwathi abamatjhumi amane nahlanu baphephiswa sele bakhwele phezu kwemithi nemifulelo yezindlu.

Umonakalo wenzeke ngemva kokuna kwezulu elikhulu ngeLesihlanu. Izulu line khulu kwamambala ladlula ngendlela abantu bebalilindele ngakho.

Kube ziiwuruwuru ezimbi khulu edorobheni leli soloko kwangomnyaka we-1985. Abantu ababili babhubhile lokha nabe balanga ukweqa ibhlorho edorobheni ngeekoloyi. Iinkoloyi zabo zirhurhulwe mamanzi.

Iinsebenzi zamapholisa zobujamo oburhabekileko, beencima-mlilo namasotja ahlenga abantu. Amapholisa asaqalisisa nangabe boke abongazimbi batholakele. Abantu abanengi edorobheni balahlekelwe ngikho koke kwangendlini. Iindawo ezakhiwe eendaweni ezingenzasi eduze kwemilambo ngizo ezibetheke khulu. Abanye abongazimbi akhange balalele



iinyeleleliso ngamapholisa.

Abantu abanengi abanazambatho nokudla. Kwanje bahlala emaholweni wamasonto nanyana nabangani kanye neminden.

Kuzokuthatha iinyanga ezisithandathu ukulungisa nokwakha kabutjha koke. Umeyera ubawe boke abantu kobana babambisane.



Buyelela ufunde iphephandaba bese uphendula imibuzo elandelako.

Ingabe ihlekelele yenzeka kisiphi isifunda?

Izulu lana nini?

Ingabe bekuvamile kobana izulu line kangako edorobheni lelo?

Kwabangelwa yini kobana abantu abanengi bangabi nakho ukudla?



Umlilo

Asifunde

Umlilo ubakhona lokha nakuhlangana izinto ezintathu ndawonye. Izinto lezo ngilezi:

- isibaseli esingalumatha, njengekhuni elomileko
- umlilo ofana nesibaseli obuya elayidereni nanyana ethorwени yomlilo
- irhasi ememmoyeni eyaziwa nge-oksijini

Zoke izinto lezi ezintathu kumele zibe khona ndawonye ngasikhathi sinye. Bewazi nje kobana umlilo angekhe uvuthe nangabe i-oksijini ayikho?



Asitlole

Utitjhere wenu uzokukhanyisa ikerese bese uguba irhalasi ngaphezu kwayo. Qalani kobana kwenzeka ini.



Kungani lokho kwenzekile?

Tlola umutjho owodwa encwadini yakho yokutlolela umsebenzi.



Asikhulume

Wena nomngani wakho funani iimpendulo zemibuzo elandelako:

Kungani ilangabi lekhandlela licimile?

Kumele uyazi ipendulo yombuzo lo nangabe ukhe wacima umlilo? Kungani?

Utitjhere wakho uzokulalela zoke iimpendulo bese uyaqunta kobana ngiziphi ezinembako kanye neziphuma phambili.



Asikhulume

Noke ngetlasini khulumani ngezinto ezingatjha. Begodu khulumani ngezinye zezinto lezi eningazifunyana emakhaya. Ekukhulumeni kweni, ngiwuphi umlayezo ongawuphatheba abasemakhaya ngokuphepha emlilweni?



Asitlole

Tlola iimpendulo zakho eenkhaleni ezingakatlololelwu ethayibuleni elilandelako.

Ilanga:

Umlilo uqakatheke ngani?



Umlilo usipha	Singawusebenzisa njani umlilo
Ukutjhisa	Ipendulo yakho:
Ukukhanya	Ipendulo yakho:



Asifunde

Nikela utijhere incwadi yakho
ukuze aqale iimpendulo zakho.

Ihlekelele yomlilo ingabanga umonakalo omkhulu kanye
nokubhubha kwabantu.

Umlilo wommango ngesinye isikhathi ufanele ngombana
usiza iintjalo kobana zikhule. Kodwana umlilo wommango
omkhulu ungoni iintjalo bewubulale neenlwana.

Umlilo wommango godu ungabanga
nokurhurhuleka kwehlabathi kanye
nokusilaphazeka kommoya.

Kuyadanisa kobana abantu abamatjhapha
babanga

pheze umonakalo womlilo ali-9 keli-10
(ongaphezu kwama-90%).

Soke kumele sifunde ukukhandela umonakalo
womlilo begodu sazi nokobana simele senze ini
lokha nakunomlilo omkhulu. Ngijiphi ingozi ethusela
umsana ongesandleni sokudla? Ngikuphi angakakwenzi
ngefanelo?



Asenzeni lokhu

- Sikani iinthombe zabantu kibomegazini.
- Yenzani ikholaji yesinthombe lapha izitho zabantu zomzimba zivela khona.

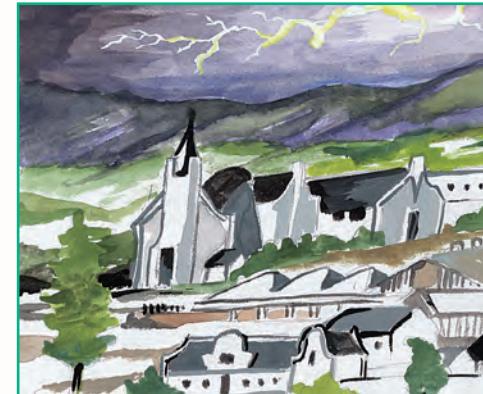


Umbani

Asifunde



Ngesinye isikhathi nawuthinta into eseduze kwento ethileko eyenziwe ngemethali efana nefreyimu yomnyango, uzwa itjhada elihlabako elichwarhazako ngemva kwalapho uzwe utjhowugeka kancani. Lokhu kungombana enye igezi yakhele emizimbeni yethu begodu idluliselwa ezintweni eziyimethali lokha nawuzithintako.



Ukukhanya esikubonako nakuduma bekubetha umbani kuyafana. Igezi iyakheka elifini phezulu bese "idluliselwa" kelinye ilifu nanyana ephasini.

Ukuthuthumba okukhulu okuzwako ngemva kokuphazima kombani kufana netjhada lalokha uthinta into eyimethali. Qobe mnyaka, eSewula Afrika kubhubha abantu abangaphezu kwamatjhumi amathathu babethwa lizulu nanyana mphezulu.



Nasi imiyalo yokuphepha lokha nakuduma izulu.

Izulu nalingaduma usendleleni, khumbula:

- Ungathomni uhlale ngaphasi komuthi nanyana eduze kwedrada.
- Ungazifhli phasi ngemgodini.
- Nangabe usemlanjeni nanyana edamini nanyana echibini, phuma msinya!





Asikhulume

Cocisana nomngani wakho ngokuthi kungani ukuhlala ngaphasi komuthi lokha nalidumako kungakalungi.



Asenzeni lokhu



Buyelela ufunde imiyalo yokuphepha lokha nakuduma izulu. Khetha umyalo owodwa.



Gwala iphosta uyelelise abantu ngokuphepha lokha nakuduma izulu. Iphosta yakho kumele:

- ibe namagama atloliweko
- ibe neendlela ezimbili zokwakheka
- ifundekе beyizwakale msinya

Asenzeni lokhu



- Lingisa ngomzimba wakho ukwakheka kombani okusekhasini 46. Jama njalo imizuzwana eli-10.
- Jama ubo ngomunye "umbani" bese ujama njalo imizuzwana ema-20. Jama uqalane nomngani wakho, uzokutjhuguluka kabuthaka ujame njengomunye umbani. Nawujame ngaphambi kwesiboniboni, kopa yoke imisikinyeko leyo.
- Buyelela uziijamele uwedwa godu.
- Kwanje khambisani imizimba yenu msinya khulu kwangathi nimisebe yombani.
- Buyelani imisikinyeko leyo.



Asikhulume

Kwanje zithabiseni ngomdlalo wetenisi nisebenzise isandla ukuya ngaphambili nokuya ngemuba.

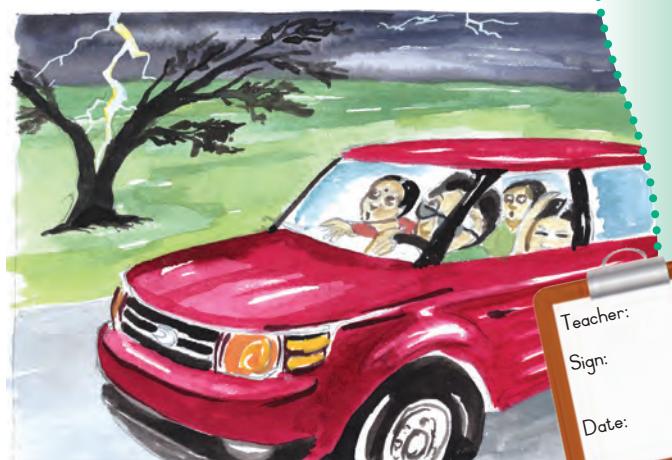
Ingabe uzobe uphephile lokha nakuduma bekuphazima izulu wena ungekoloyini?

Cocisana nomngani wakho ngalokho.

Ingabe kuyakghoneka kobana umbani ubuyelete ubethe endaweni eyodwa?

Cocani ngombuzo lo ngetlasini nabanye abafundi.

Ilanga:



Teacher:
Sign:
Date:



Asifunde

Funda ngalemuko laka Maisy leewuruwuru.

Ilemuko lami elimbi khulu

Amafu anzima abuthana msinya mhlokho. Ubaba wabe alalele iindaba emrhatjhweni. Umrhatjho wabe ulokhu uyelelisaabantu ngemimmoya enamandla ezokukhambisana nezulu elikhulu khulu. Amapholisa nawo afika azositjela kobana kumele senze ini lokha nasele kufike iiwuruwuru.

Ubaba ugawule ingaa yomuthi omkhulu ebegade wengamele phezu kwendlu. Umma yena wabutha wafakela ngesikhwameni omunye nomunye izembatho zamalanga amabili. Ugogo naye wabutha bewafaka amapilisi wakhe wobulwele be-high blood ngesikhwameni esincani asibophelela edinini. Sazalisa namabhodlelo wamanzi esingawaphatha.

Ubaba wagawula ingaja lomuthi owabe ungapezu kwendlu yakwethu. Savala amafesidere bese ubaba wanamathisela itheyiphu emarhalasini wamafesidere bewawabethelela nangeempikiri.

Kwathi nakulokhu kuba nzima njalo, lathomakuna ngamandla. Ummoya wavunguza ngamandla khulu.

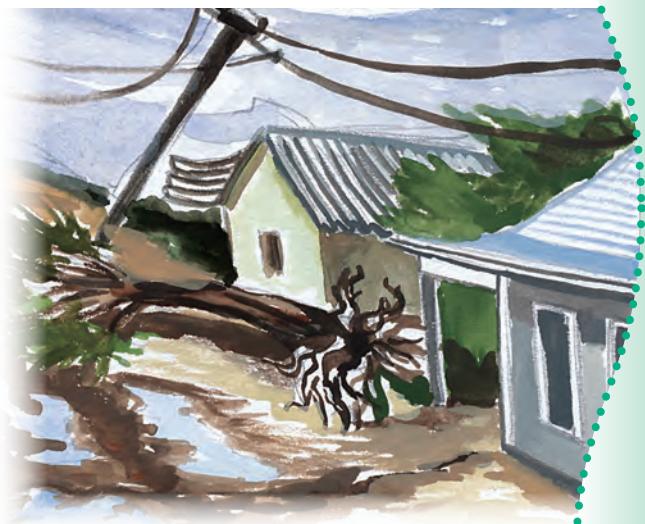
Kwathi lokha amanzi nakathoma ukugeleza ngaphambi komnyango wakwethu wangaphambili, abasebenzi bakwamasipala bathoma babeka imigodla yesanda bebasipha



neemplastiki ezinzima ezikulu kobana sizisebenzise njengeenjasi zokukhandela izulu. Sabe sesaba kwamanikelela. Amasenge atjhida kwase kuvuza amanzi yoke indawo. Umzuzu omunye nomunye, bekuba nokhunye ebekubetha phezu kwendlu. Kwaba netjhada elikhulu lokutlebhuka kanye nokubetha ngamandla okwabe kuvala iindlebe. Indlu yakwethu ngemva kwalapho yasele ingasesenamfulelo!

Sathwala iimplastiki ezinzima ehloko sikhandela izulu lokha nasiphuma ngendlini sibaleka. Sabe siphepha nezinto ezabe ziphephulwa mummoya. Umkayi wabe ukhanyiswe ngomkhanyo wemibani. Sagijima edakeni sesiya esentheni yomphakathi. Abantu abanengi abanye besele babuthene lapho.

Ngakusasa, ngaphandle kwabe kubonakala kuyindawo yesehlakalo somonakalo omkhulu. Inkukhu zakwethu zabe zingasabonwa nangelihlo, begodu neenkomo zabaleka. Isiwuruwuru saba yihlekelele ekulu besabanga umonakalo emadorobheni amanengi abomakhelani. Sabe sinetjhudu lokha nasisaphilako.



Asikhulume

Lingisanu indatjana elandelako. Amagama alandelako ahlathulula imihlobo eyahlukeneko yeewuruwuru:

Iharikheyini: mummoya omkhulu ongabanga umonakalo omkhulu

Isayitloni: mummoya ovunguza uziphotha endaweni eyodwa

Ithonado: mummoya onesivunguvungu esiyingozi khulu okhamba endaweni encazana

Ucabanga kobana ngisiphi isiwuruwuru esasahlela umndeni?

Ngikuphi ekwenziwa mndeni ukuziphephisa esiwuruwurwini?

Teacher:
Sign:
Date:

Asifunde

Ukusikinyeka kwephasi kwenzeka lokha ingcanye yekhrasti nayitjhida msinya beyidengezele nanyana ihlengezele.

Umsikinyeko omsinya ubangela amagagasi akhamba ngaphakathi kwekhrasti yephasi. Amagagasi lawo asikinya iphasi kanye nezinto ezinengi eziphezu kwalo – ngikho esikwazi ukukuzwa nokukubona.

Ukusikinyeka kwephasi kungabanga ukubhubha nokulimala kwabantu okunengi bese kube nokonakala okhukhulu khulu kwemakhiwo.



Asifunde

Naka amanye amaphuzu aliqiniso ngokusikinyeka kwephasi. Hhalani ngeenqhema zabafundi abane. Dlheganani ngokuwafundela phezulu.

- Qobe myaka kubhubha abantu abazi-10 000 ngokusikinyeka kwephasi.
- Ukusikinyeka kwephasi okubunane kokulityhumi kwenzeka eendaweni ezibhode iLwandlekazi iPacific.
- Ukusikinyeka kwephasi ngaphasi kwamalwandlekazi ngesinye isikhathhi kubangwa magagasi wamalwandle amakhulu nanyana amatsunami.
- Amatsunami akhamba ngaphetjheya kwamalwandlekazi ngebelo eliphezulu. Amanye afika ebelweni elimakhilomitha ali-190 nge-iri.
- Amanye amatsunami abubude obumamitha ali-15.
- Itsunami engekulukazi yenzeka mhla ama-26 kuDisemba 2004.
- Yathinta kabuhlungu iinarha ezi-II eziseduze kwelandlekazi i-Indian ocean. Kwenzeka enye godu iTsunami embi eJapan ngomhlaka II kuMatjhi 2011.
- Ukubhubha kungakhandelwa nangabe abantu bangahlela



- ihlekelele yokusikinyeka kwephasi. Bangadizayina imakhiwo ejikela ngemahlangothini woke lokha nakunokusikinyeka kwephasi kunokuthi iqephuke nanyana yephuke.
- Mhla ama-29 kuSeptemba ngomnyaka we-1969, ukusikinyeka kwephasi okunamandla kwasikinya iCeres, iTiulbagh neWolseley eTjingalanga Kapa.
- Ukusikinyeka kwephasi okunjalo akwenzeki eSewula Afrika.
- Amadorhobhakazi alandelako, iDurban, iPietermaritzburg kanye neCape Town madorhobhakazi weSewula Afrika asengozini yokwehlakalelwu kusikinyeka kwephasi.
- Kusuka ngenyanga yakaFebherbari ngomnyaka we-2010, irijini ye-Augrabies, eseTiaghwi Kapa yahlaselwa kusikinyeka kwephasi.
- ESewula Afrka kuneentetjhi ezima-26 ezisiyelelisa ngeengozi zokusikinyeka kwephasi.



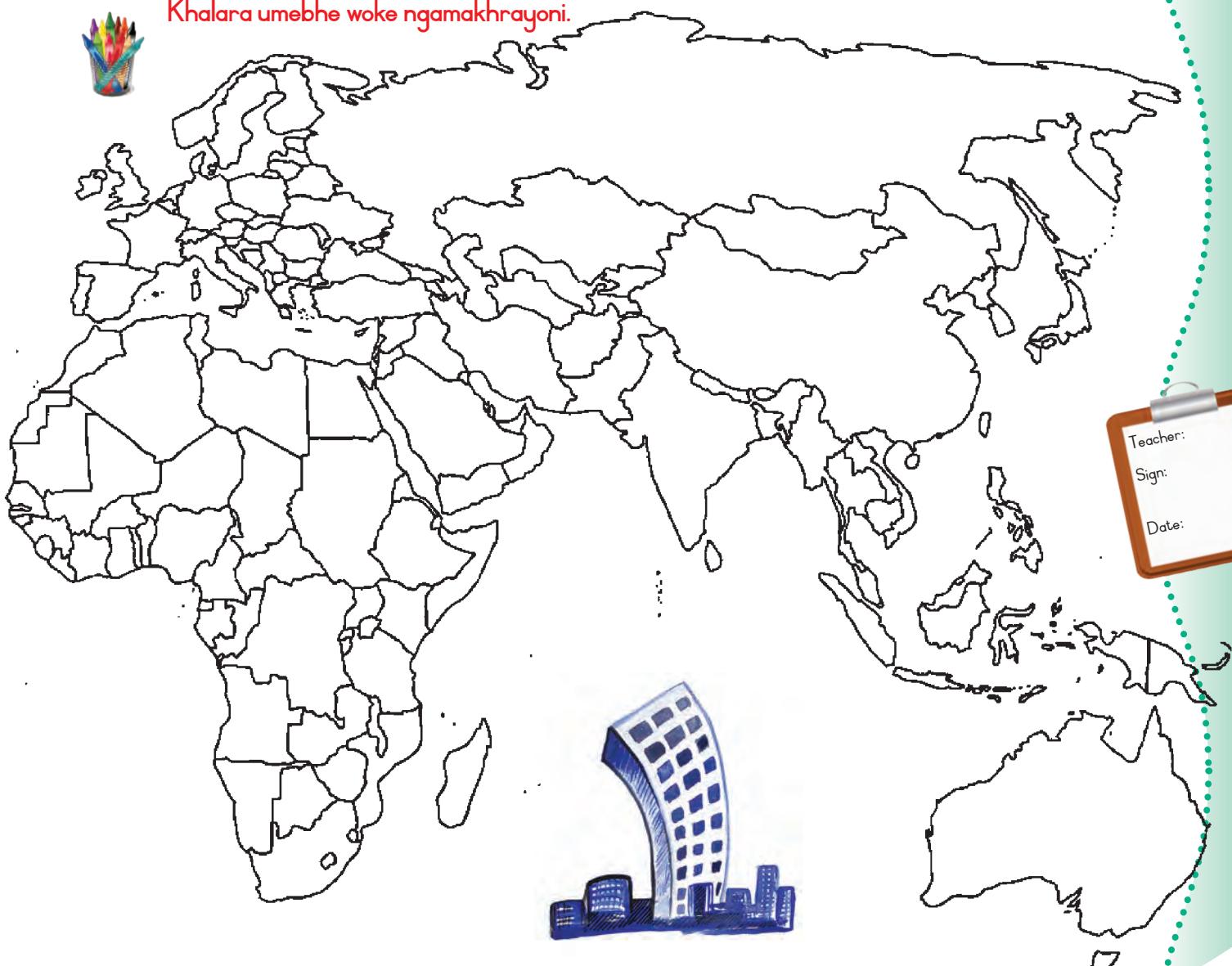
Asenzeni lokhu

Ilanga:

Qala umebhe wephasi. Ngemva kwalapho tshwaya nanyana utbole okulandelako phezu komebhe:

- 1 Ilwandlekazi lapha kwasikinyeka khona iphasi.
- 2 Irijini lapha kwasahlela khona iTsunami ngoDisemba we-2004.
- 3 Inarha lapha itsunami yahlasela khona mhla ali-II kuMatjhi ngomnyaka we-2011.
- 4 Idorobhokazi eTjingalanga Kapa elingahle libe nesehlakalo sokusikinyeka kwephasi
- 5 Idorobhakazi elilodwa KwaZulu-Natal elingathintwa kusikinyeka kwephasi.
- 6 Indawo eseThiaghwini Kapa, enokusikinyeka kwephasi okuphethuzelako.

Khalara umebhe woke ngamakhrayoni.



Iinlwana ezisisizako: Isaziso

Ithemu-lt - Limveke 6



Asikhulume

Qala iinthombe ezilandelako. Iinlwana ezilandelako zisisiza ngani.



Asifunde

Kade khulu, abantu bathoma ukusebenzisa iinkhumba zeenlwana njengezambatho ukuzivikela emakhazeni nemmoyeni.



Ngokukhamba kwesikhathi abantu babona kobana bangasebenzisa newulu ebuya ezimvini nakwezinye iinlwana ezifana nama-Ilama ukwenza izembatho. Izambatho lezi zabe zilula begodu zifuthumele khulu kuneenkhumba.



Sitjhuka iinkhumba zeenlwana ukwenza imihlobohlobo eyahlukeneko yemikhiqizo efana neenkhwama, iinkhwanyana/amaphesi namanyathelo. Begodu sifunyana inyama eenyamazaneni. Kodwana abantu abanengi abayidli inyama ngebunga lekolelo yabo nanyana ngebunga lokobana babona kungakalungi ukudla inyama yeenyamazana.



Namhlanje, sifunyana imikhiqizo eyahlukeneko ebuya eenlwaneni esiyisebenzisela ukwenza izembatho. Sifunyana ikoteni ezimvini neembuzini ezaziwa ngama-angora. Cabanga ngamajezi neenkhafu ezhile esingazeluka ngekoteni ye-angora, ebizwa ngesiyeni kobana ui-mohair.



Esibungwini esimhlophe esaziwa ngecimbi sifunyana isiliga. Isiliga isetjenziselwa ukwenza izinto zetjhila elibuthakathaka ezithambileko.



Teacher:
Sign:
Date:

linlwana nezisinikela khona: linyosi



Asifunde



Ilinyosi zenza iliju lazo nekhokho lelijus begodu zisiza abalimi kobana bakhiqize isithelo. Ilinyosi zihlala endaweni eyaziwa ngeenhlakaneni. Ezinye zeenyosi ziyaphuma ziyokubutha ipova nenektha emathuthumbeni. Zibuya nalokho ezikutholilelo zikuse ngeenhlakaneni. Ipova iphiwa iinyosi ezincani begodu inektha iyatjhugululwa ukwenza iliju elizokudliwa ziinyosi ezidala. Ilinyosi zigcina iliju bese kuthi ipova igcinwe ngaphakathi kwekhekhebana leenyosi.

Ikhekhebana leenyosi lenziwe ngekhokho elikhutjhwa ziinyosi emizimbeni yazo.



abantu abaphila ngokuthapha iinyosi bathapha iliju elingezelelwoko lelo iinyosi engekhe zalisebenzisa njengokudla kwalo. Iliju kukudla okunepilo kwamambala, silitjhatajha eburothweni begodu sidle ngalo umdoko.

Begodu ikhokho lelijus leenyosi lisetjenziselwa ukwenza imikhiqizo eminengi eyahlukeneko, efana nelandelako:

- amakerese
- iporitjhi yefenitjhara
- isizeso somlomo kanye neenzeso zobuso
- into engangeni amanzi yesikhumba
- iporitjhi yemikhiqizo yesikhumba, njengeyamanyathelo.
- isibha
- amakhrayoni

Ilanga:

Iinyosi nazo ziqakatheke khulu kithi, njengombana zisiza nje iintjalo zokudla okulinywa balimi ukwenza imbewu etja kanye nokukhulisa iinthelo iintjalo ezitja ezingazikhulisa. Iinyosi zenza lokhu ngokuthwala ipova. Ipova isuka kesinye isitjalo iye kesinye lokha nazibuthelela ipova namanzana amnanjana, inektha.

Pheze isiquntu sesithathu sokudla esikudlako kuyazuza ekwenziweni kwepova ziinyosi. Kodwana kwanje sele kuneenyosi ezincani khulu nakumadanisa nakade ngebanga lamalwele nokusetjenziswa kweenhlahla ezibulala iinunwana. Yelela nawubona iinyosi. Lokha nazingakutinyela, kubuhlungu khulu.



Asitlole

Ingabe imitjho elandelako iliqliiso nanyana imamala?
Tshwaya ibhoksi elinembako ngetshwayo (✓).

	Liqiniso	Mamala
Ukutinyelwa yinyosi kubuhlungu khulu.		
Iinyosi zilahla ipova lokha naziphaphela eendlwaneni zazo.		
Abalimi bathathela iinyosi iliju loke ezinalo.		
Iinyosi ezakha iliju, zaziwa ngokuhlala eduze nabantu		
Ilij linetjhefu nalisetjenziswa ekudleni okutjhisako.		
Ikghomu yeliju iyasiza ukuphazimisa amanyathelo.		
Ikghomu yeenyosi ayikwazi ukubamba amanzi emanyathelweni wesikhumba.		
Ilij liyababa.		
Isibalo seenyosi siyanzeleleka.		
Iinyosi zisebenzisa iliju njengokudla.		



linlwana nezisinikela khona: linkukhu



Asifunde

Iinkukhu nazo ziwela ngaphasi komkhakha weenlwana owaziwa ngeenlwana ezineempiko.



Ifuyo eziinyoni efuywa emakhaya ziinyoni ejijayela abantu.

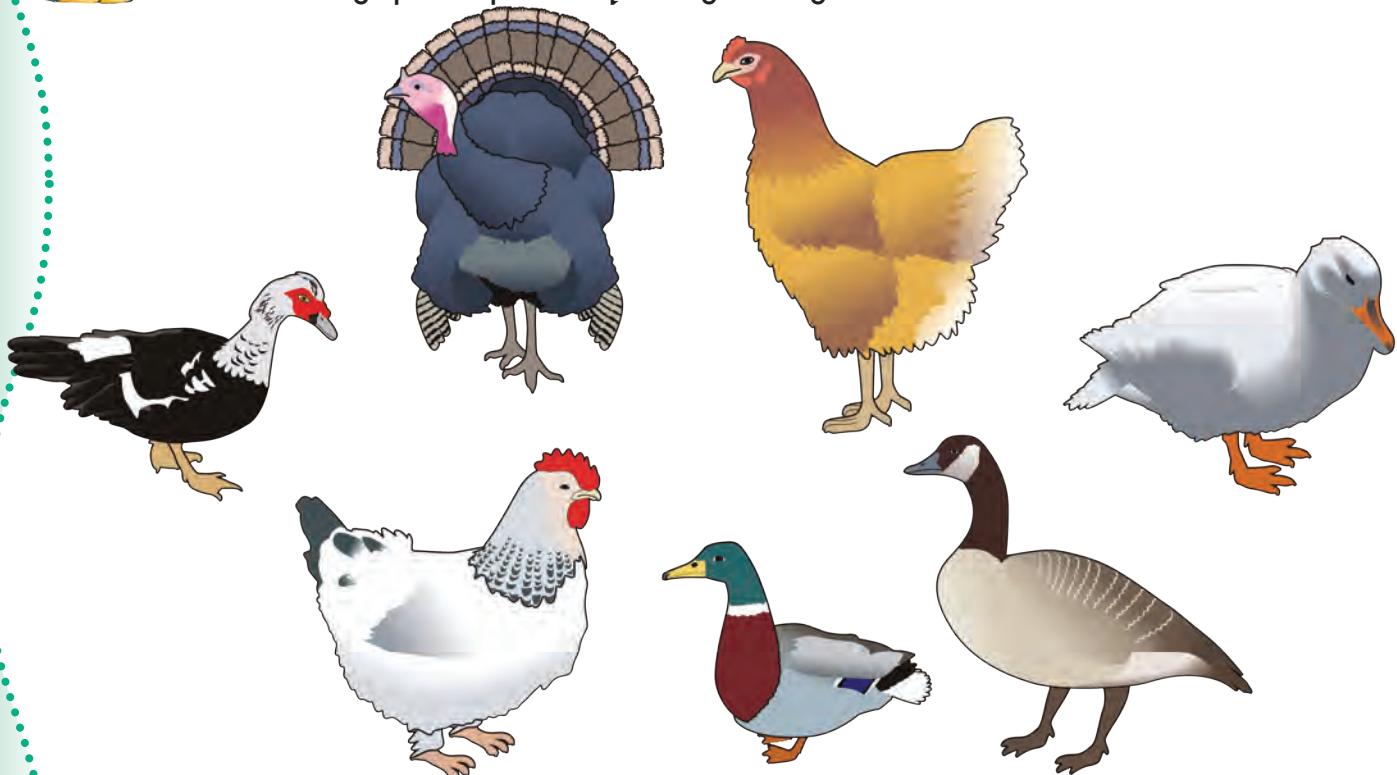
Enyonini ezifuywa emakhaya sifunyana amaqanda, inyama neensiba. Iinyoni ezifuywa emakhaya lezi zifaka hlangana iinkukhu, amazuba, iinkwali, amagalagune namathendele begodu "neenyoni ezithanda amanzi" ezifana namadada kanye namarhansi.

ESewula Afrika, qobe mnyaka kufuywa pheze iinkukhu zenyama nezamaqanda ezimamiliyonu ama-950. Isibalo lesi sidlula isibalo sabafundi boke bamaGreyjidi 3 eSewula Afrika ngokubuyeletwe kali-100.



Asikhulume

Qala iinthombe ezilandelako bese ucoca ngazo wena nomngani wakho. Ngiziphi ezsipha amaqanda ngobunengi adliwako.





Asitlole

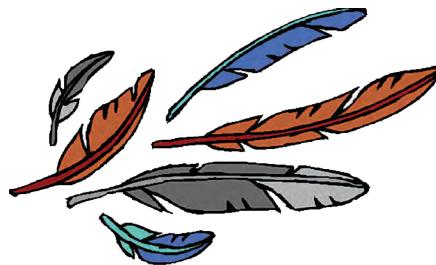
Qala iinthombe bese undulungela koke ukudla okuthola ekukhwini.
Qala ukudla okuseleko bese uyatjho kobana kubuya kisiphi isilwana.



Asenzeni lokhu

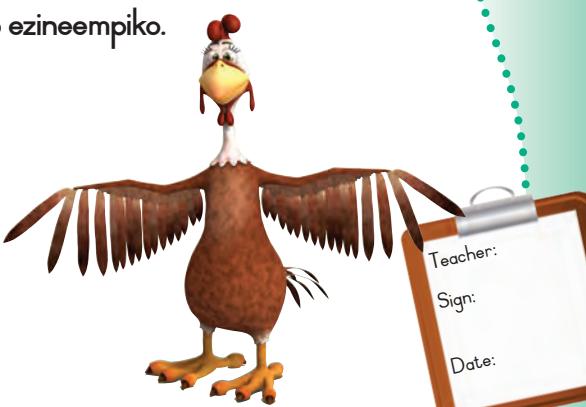
Khetha isilwana esineempiko ongasenza ngephephametjhi. Qala imibala eyahlukeneko namajamo weensiba zaso. Begodu wala umzimba waso nezitho zaso ezahlukeneko.

Quanta kobana ufunu ukuveza kubonakale kiso.



Asikhambahambe

- Zelule njengomkukurumbu ngaphambi kobana ulile.
- Wahla bese uphakamisa imikhono yakho njengeenlwana ezifuyiweko ezineempiko.
- Khamba njengeenyoni ezahlukeneko ezifuyiweko ezineempiko.
- Dzimelela njengeenyoni lokha nayihlezi edradeni.
- Hlukanani ngeenqhemu ezimbili. Esinye isiqhema asibe madzinyani bese esinye sibe ngukholo ogijima enze isizunguzungwani alinga ukudzwebula amadzinyani begodu elule nemikhono yakhe. Amadzinyani ayagijima ayozihiла kunina.
- Dlheganani ngokudlala iindima ezahlukeneko.



linlwana nezisinikela khona: linkomo



Asifunde

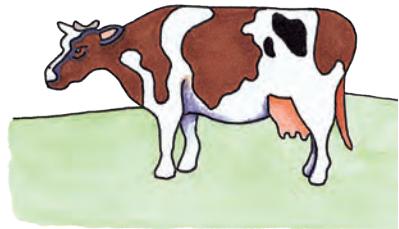
Ibisi libuya kuphi?

Uyazi nje kobana ibisi esilisebenzisa emakhaya ngamalanga lifika njani kithi? Funda ngomzombe nendlela yekambiso yebisi.

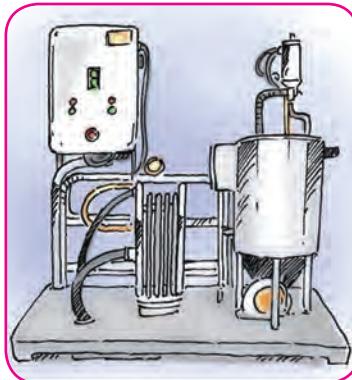
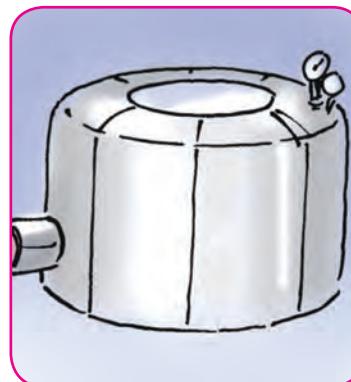
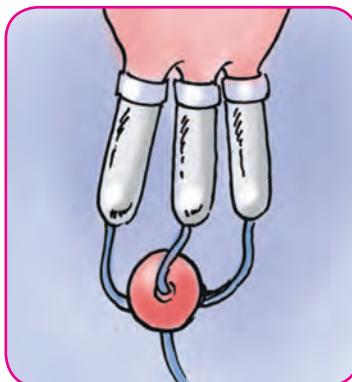
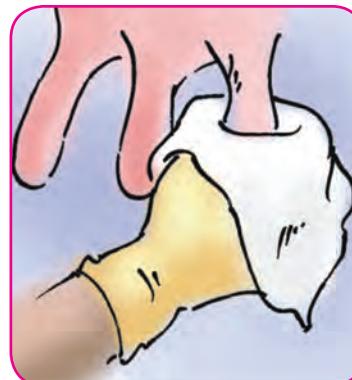
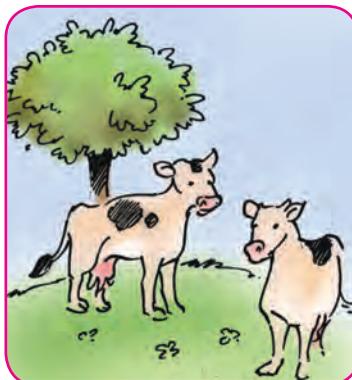


Asikhulume

Qala iinthombe ezilandelako bese ucocisana ngazo nomngani wakho.



Silithola njani ibisi





Asikhulumo

Ibisi akusilo lodwa esilifunyana ekomeni. Ngimiphi eminye imikhiqizo esiyifunyana eenkomeni. Yabelana ngalokho okutlolileko nabanye abafundi.



Asenzeni lokhu

Efreyimini ngayinye, tlola umkhiqizo owenziwe ngebisi. Tlola ibizo lomkhiqizo ngenzasi kwesithombe osigwalileko.





linlwana nezisinikela khona: Izimvu



Asifunde

Iwulu

Nakuphela ubusika, izimvu azisayitlhogi ingubo yazo yoboya ekulu eyenza kobana zifuthumale. Leso-ke sikhathi esihle khulu sokobana buphungulwe! Lokho kwaziwa ngokuthi kurhuna. Iketeni isetjenziselwa ukwenza imihlolo eminengi yezambatho ezenza kobana sifuthumele. Singaluka amajezi ngewulu begodu ikoteni ingaphothwa ukwenza imatheriyali ebuthakathaka efuthumelako.

Kunemihlolo eyahlukeneko yekoteni esiyifunyana ezimvini. ESewula Afrika, izimvu esithola kizo ikoteni zibizwa ngamaMerino, amaBlinkhaa-ronderib adabuka e-Afrika, amaDorper kanye namaDormer. Inthombe ezisekhasini leli ziya veza kobana izimvu lezi zibonakala njani.



Imerino yimvu efuywa khulu eSewula Afrika.



abantu beSewula Afrika bafuye izimvu ezaziwa ngamaBlinkhaar-ronderib. Umhlolo lo wezimvu uqinile begodu uphila kuhle nangaphasi kobujamo obudisi.



Izimvu ezaziwa ngamaDorper, zifuywa khulu eSewula Afrika.

Izimvu ezaziwa ngamaDormer ziyafuywa eSewula Afrika. Uboya bazo bumarhororhoro.



Indlela esifunyana ngayo iwulu.

1. Umlimi kanye nabasizi bakhe barhuna izimvu ngezandla nanyana ngomtjhini.



2. Uboya bubekwa etafuleni buhlelwe ukuya ngobunjalo babo kanye nobude.



3. Uboya bezimvu buyagandeletwa benziwe amabheyila bese buyathengiswa.



4. Kwanje uboya buyahlanzwa bukhitjhwe woke amafutha, isanda nokhunye okubuya eentjalweni.



5. Uboya obubotjhiweko buyahlanzwa bese bulungiseletwa ukujikajikisa ngemtjhini.



6. Emzombeni wokujikajikisa uboya ngemtjhini, imicu iyeluleka .



7. Ikoteni kwanje sele ilungele ukwelukwa.



8. Okulandelako, iyadaywa ikoteni



9. Ikoteni isetjenziselwa ukweluka amajezi.



10. Ijezi ithengiswa esitolo.



Cocisana nomngani wakho. Ngiziphi ezinye iindlela izimvu ezingaba lisizo ebantwini?

Asiddlaleni
• Titjhore wakho uzonifundisa ukudlala ikhrikhethe.

Teacher:
Sign:
Date:

linlwana ezisisebenzelako: Izinja



Asimadanise



Izinja ezinengi ziyifuyo-sithandwa begodu sabelana nazo amakhaya wethu. Begodu izinja zinemisebenzi eminengana eziyenzako. Gwala umuda ukuhlanganisa injia ngayinje nomnikazi wayo.



Izinja zamapholisa zisiza amapholisa kobana afunyanie iindakamizwa nanyana alandelele umtlhala weenlelesi.



Izinja ezihlahla abaphopheleko ziabasiza kobana babone lapha baya khona.



Izinja ezumako zisiza abazumi kobana babambe iinyoni nanyana iinyamazana abazumako.

Izinja ezelusa izimvu zelusa beziqinisekise kobana umhlambi wezimvu uhlala undawonye.

Izinja eziqaphako zisivikela emisebenzini emimbi eyenziwa ziinlelesi.





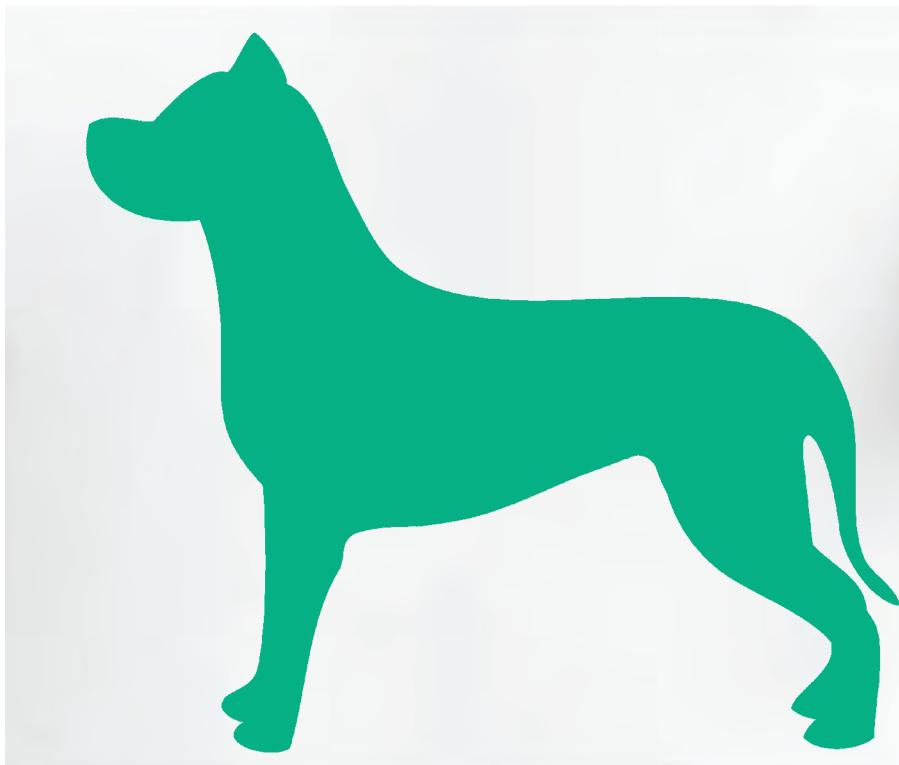
Asenzeni lokhu

Gwala umthunzi wesithombe somngani
omkhulu wabantu: inja.

Ilanga:

Uzokutlhoga okulandelako:

- iphepha elimibala emibili
- isikere
- ipensela
- iglu



- Gwala inja ekulu ephepheni linye. Qinisekisa kobana uvala iphepha loke.
- Kwanje sika inja yakho kuhle begodu ngokuyelela.
- Namathisela inja yakho esikiweko kelinye iphepha.
- Gwala amehlo, ipumulo, umlomo kunye namazinyo enjeni yakho.
- Kghabisa kuhle isithombe sakho ngendlela ofisa ngayo. Khumbula kobana umbala onzima phezu ko-orentji, ojama hlangana nomunye, usebenza ngcono ukwenza umthunzi wesithombe.



linlwana ezisisebenzelako: Abodumbana



Asifunde

Abodumbana basiza abantu pheze eminyakeni eziinkulungwa ezisi-6 eyadlulako. Abodumbana bayasithwala nemithwalo yethu ebudisi emihlana yabo. Siyabapana siyokukha ngabo amanzi besilime ngabo.

Koke lokhu nanamhlanje kusenzeka. Ephasini loke kunabodumbana abamamiliyon ama-41. Lokhu kutjho kobana omunye nomunye umntwana eSewula Afrika unabodumbana abathathu.



Asitlole

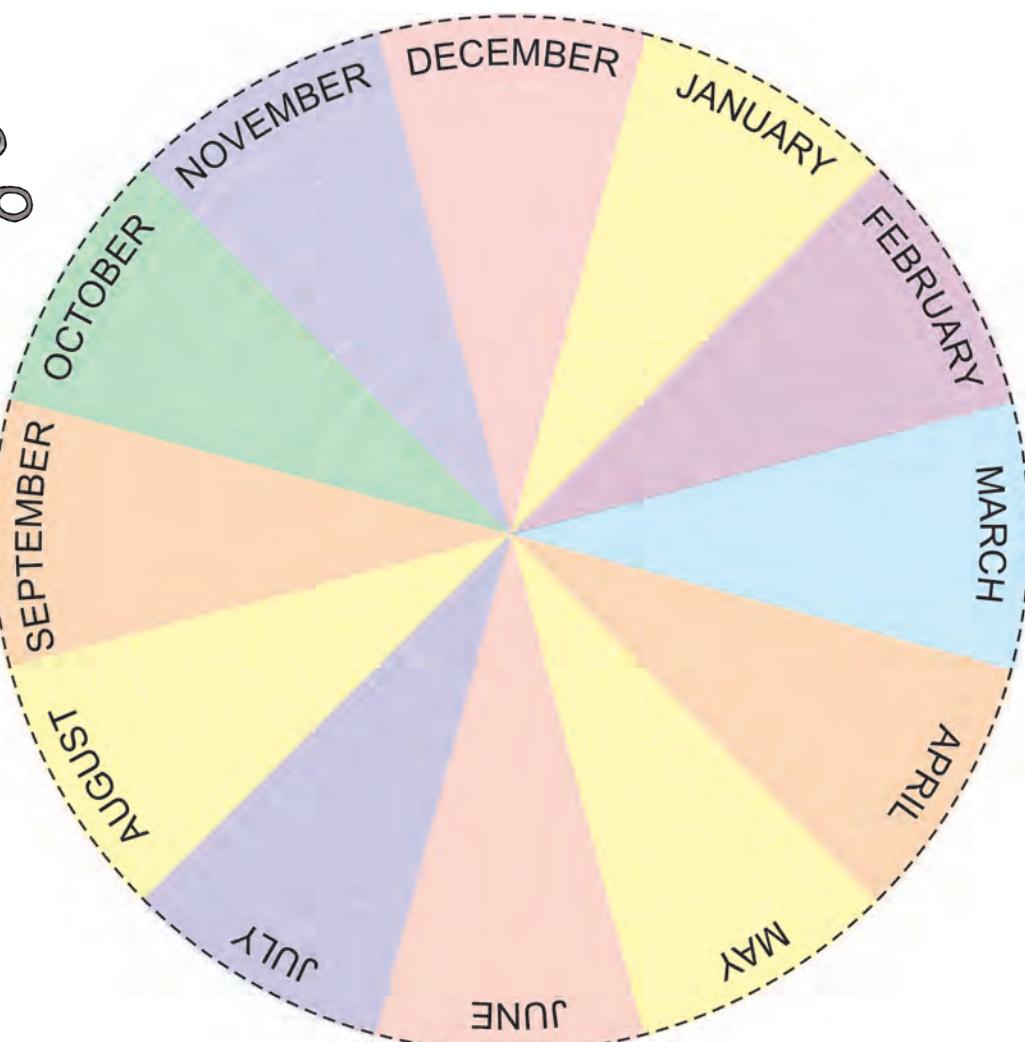
Qala iirthombe bese utlola umutjho ngokobana abodumbana basetjenziselwa ini.



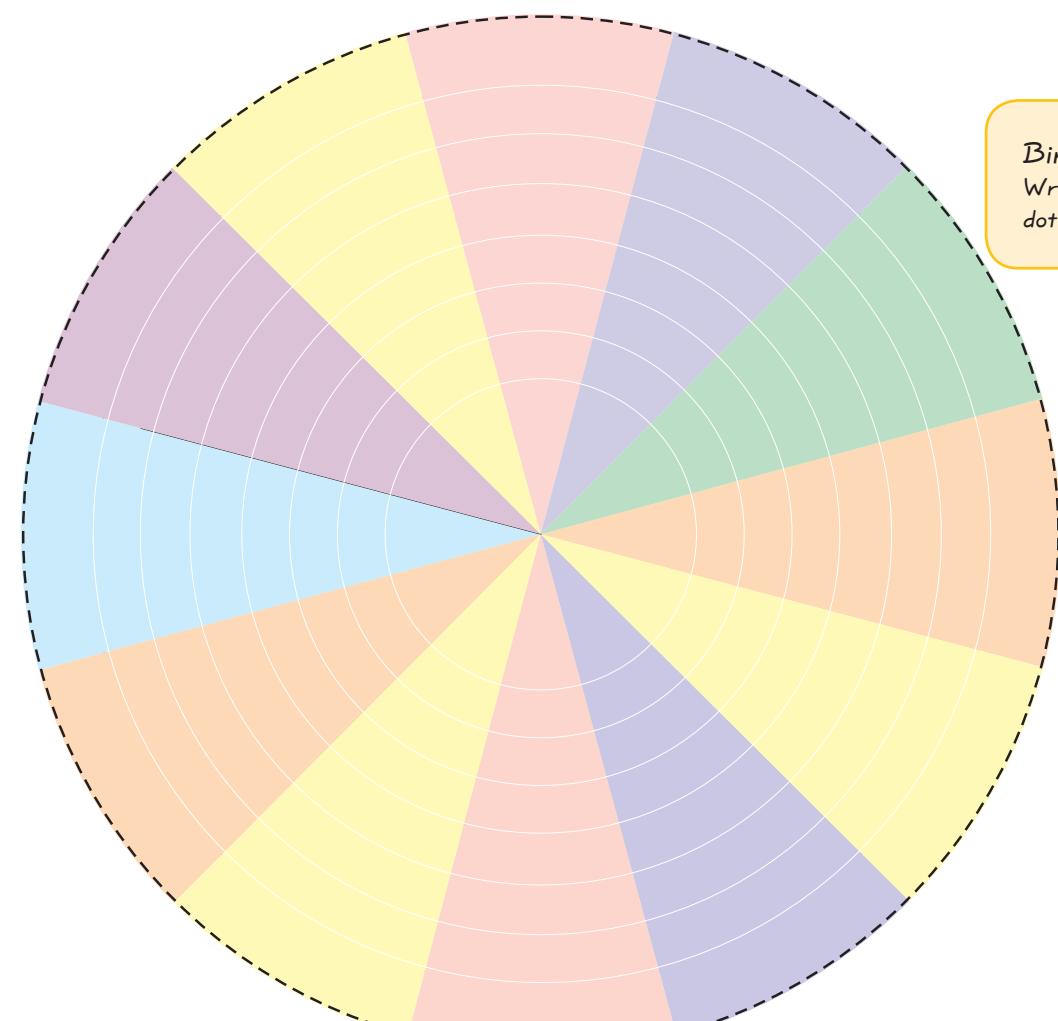


Birthday Wheel:
Cut out the two circles and the wedge shape. Put the top and bottom together using a split pin. Write the birthdays of your family and friends in the correct months on the birthday wheel.

On the back you can write the months in your first language.



Birthday Wheel:
Write the 12 months on the
dotted white line.



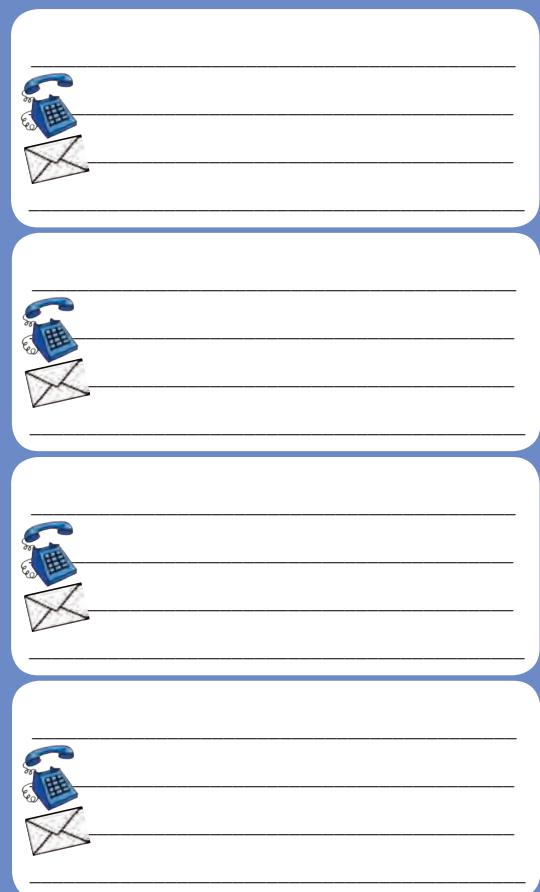
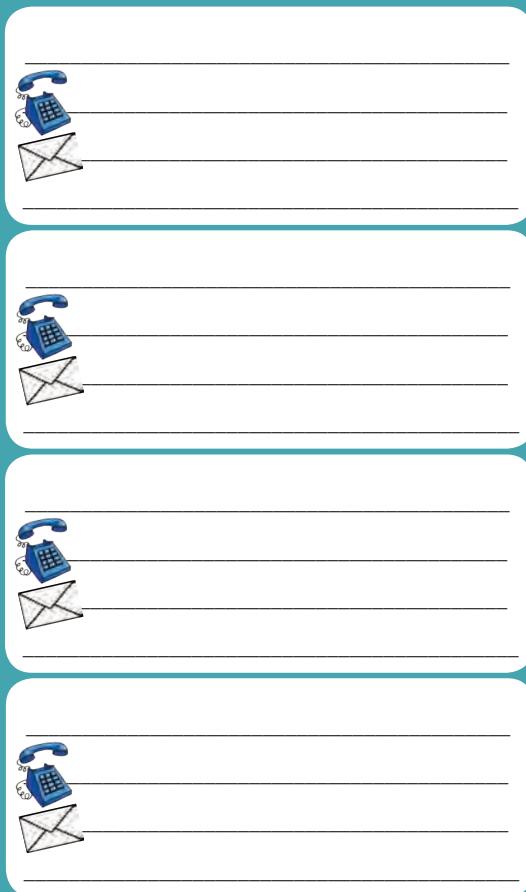
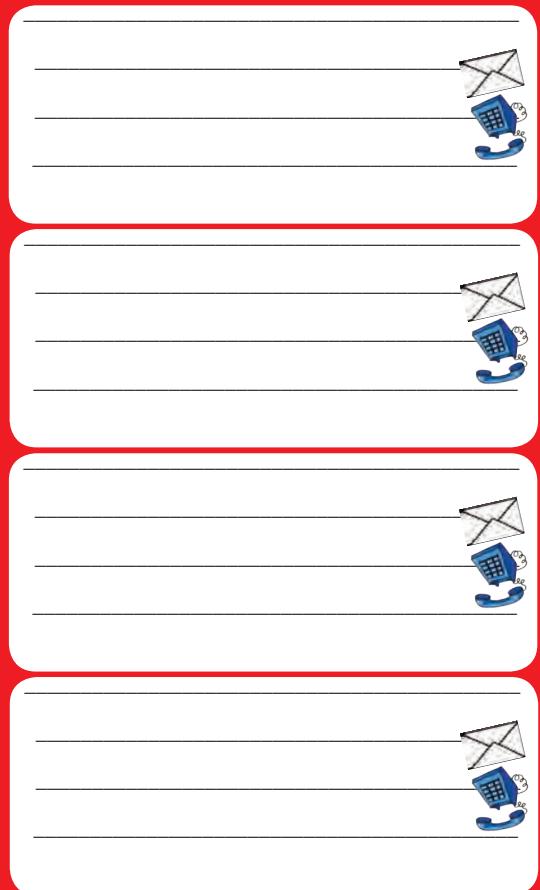
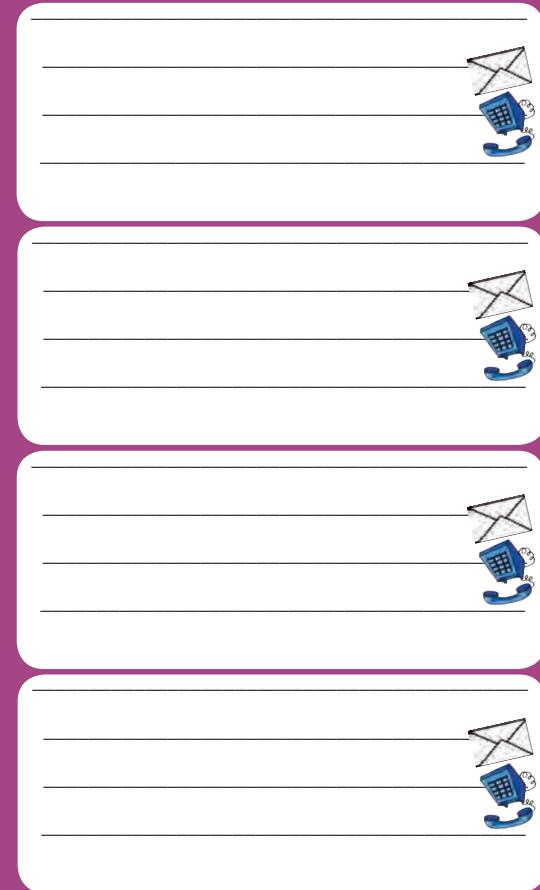
Step 1: Cut all around on the black line

DEF

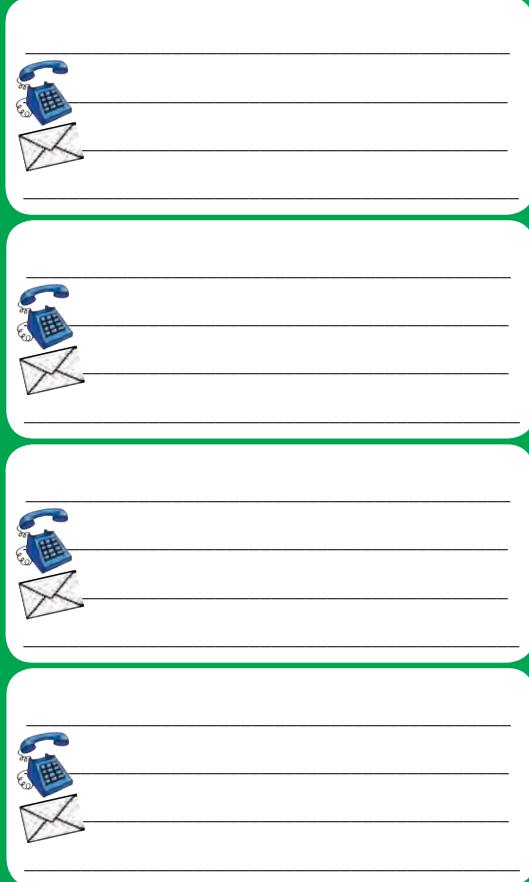
ABC

OPQR

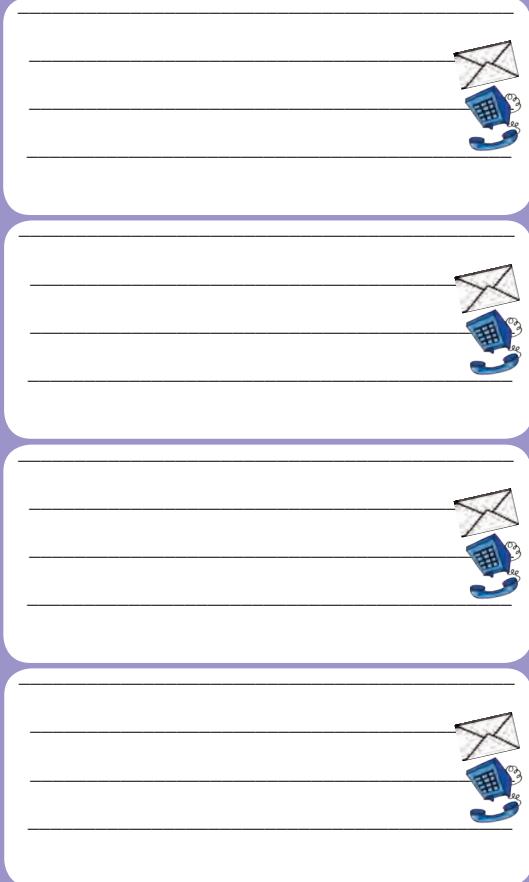
STUV



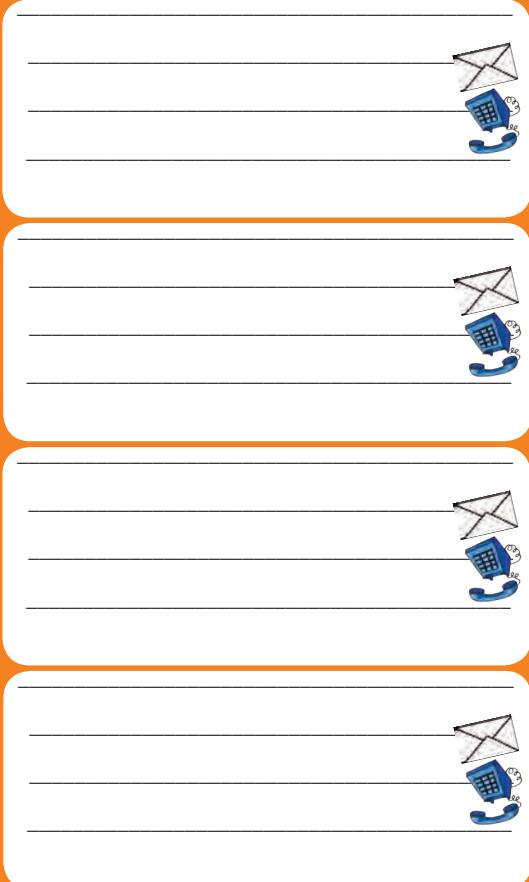
KLMN



ZYXW



3
H
G



My Telephone and Address Book



This book belongs to: