



Rainbow WORKBOOKS

SESOTHO
GRADE R – BOOK 1
TERM 1
ISBN 978-1-4315-0695-8
THIS BOOK MAY NOT BE SOLD.
11th Edition



Sesotho Lit GrR Book 1 Cover.indd 3



Kereiti **R**

BUKA YA I

Lebitso:

Sehlopha:

basic education
Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

BUKA YA SESOTHO

Buka ya I

Kotara 1

2014-06-19 07:47:55 AM



Mofumahadi Angie Motshekga, letona la Lafapha la Thuto ya Motheo



Ngaka Reginah Mhaule, Motlatsi wa Letona la Thuto ya Motheo

Selemong sena sa Kamohelo sa (Sehlopha sa R) Dibuka tsa Mookodi tsa Mosebetsi ke karolo ya matsapa a Lefapha la Thuto ya Motheo ho thusa le ho tshehetsa mosebetsi wa ngwana wa Moaforika. Diphuputso di bontshitse hore selemong se seng le se seng bana ba fumana mesebetsi e ba phephetsang pele ho Sehlopha sa 1, ba sebetsa hantle dithutong tsa bona dilemong tse latelang, dilemong tsa poraemari le nakong ya dithuto tsa sekontari. Ke ka hoo ba tshwanelang ho rutwa haholwanyane ha ba le Sehlopheng sa R.

Thutong ya Motheo kharikhulamo e lebeletse hore ngwana wa Sehlopha sa R a fumane monyetla wa ho ntshetsa pele ho bala, ho ngola le bokgoni ba ho sebetsa dipalo, ke hona mona moo ba hlokang ho tshehetswa haholo hore ba fumane motheo wa thuto hore ba tle ba fumane ho le bonolo ha ba fihla Sehlopheng sa R 1 le ho fetela dihlopheng tse ka hodimo.

Dibuka tsa Sehlopha sa R ka hoo maikemisetso a tsona ke ho thusa bana ho ntshetsa pele bokgoni bona le ho tseba dintlha tse ding tseo e leng motheo wa dithuto tsa bona. Ba na le menyetla e mengata eo ka yona bana ba ka ntshetsang le ho ikwetlisetsa bokgoni ba bona ho itokisetsa bakeng sa dikereiti tse latelang.

Pele bana ba ka ihuta ho bala ba tshwanela ho tseba hore ba tshwara buka jwang le ho phetla maqephe, le ho tseba hore buka e sebediswa jwang. Ba tshwanela ho utlwisisa kamano e teng dipakeng tsa mantswe le ditshwantsho tse hare ho buka le ho hlokomela hore mantswe a ka bukeng a bopilwe ka medumo e itseng mme a na le moelelo. Ho sa le jwalo, pele bana ba ihuta ho ngola, ba tshwanela ho ntshetsa pele bokgoni ba ho ngola le ho tshwara pene, ho bopa mantswe le dibopeho le ho tsamaisa pene meleng ho tereisa medumo. Bona ke bokgoni bo fumanwang ka hare ho dibuka tsena.

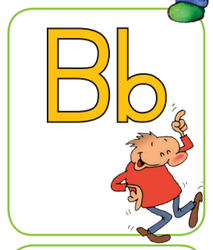
Re a tseba hore bana ha ba bale le ho utlwisisa ka ho tshwana. Dibuka tsa Sehlopha sa R di thusa matitjhere le bana ho sebetsa ka mokgwa o ikgethang oo ngwana ka mong a ka sebetsang ka sekgahla sa hae haeba ho hlokeha hore a etse jwalo, le ha ho hlokahala hore titjhere a ka kgutlela morao ho thusa ngwana moo a sa utlwisisang hantle ho latela maemo a kutlwisiso ya ngwana. Mesebetsi e tla thusa ngwana le titjhere ho bona moo ho nang le dikgwaello e le hore titjhere e tle e kgone ho thusa ho kwala dikgaello tseo pele ngwana a fetela dikereiting tse ka pele.

Dibuka tse kenyeletsang thuto ya ho tseba ho bala le ho ngola, thuto ya dipalo le bokgoni ho tsa bophelo tseo kaofela ha tsona ho nang le mokotaba e ka bang 20 e sebedisang mekgwa e fapaneng ya ho hohela maikutlo a moithuti. Re a tshepa hore baithuti ba tla thabela le ho ananela ho sebedisa mesebetsi e fumanwang ka hare ho dibuka tsa mofuta ona ha ba ntse ba tswela pele ka dithuto tsa bona, le hore wena jwalo ka titjhere o tla natefelwa le bona ho sebediseng dibuka tsena.

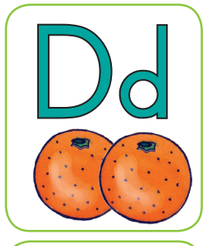


Alfabete

















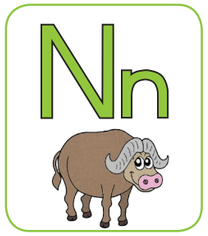


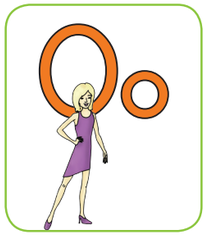


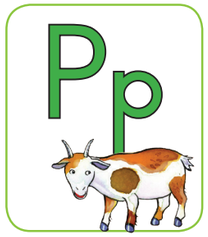








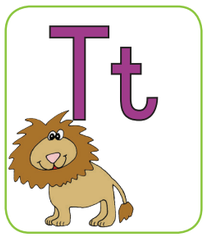












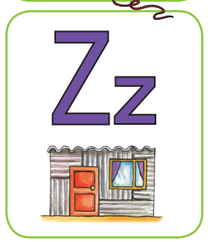












Published by the Department of Basic Education
222 Struben Street
Pretoria
South Africa

© Department of Basic Education
Eleventh edition 2021

ISBN 978-1-4315-0695-8

The Department of Basic Education has made every effort to trace copyright holders but if any have been inadvertently overlooked the Department will be pleased to make the necessary arrangements at the first opportunity.

This book may not be sold.

Kereiti **R**

TSE KOPANENG

- Ho bala le ho ngola
- Dipalo
- Bokgoni ho tsa bophelo

Buka ya SESOTHO

1	Ditaba tse amanang le nna	2
2	Ka tlelaseng	12
3	Mmele wa ka	22
4	Phela bophelo bo botle	32
5	Metswalle	42



Ditaelo tsa disehwa di qetellong ya buka.





Ho titjhere:
Barutwana ba tshwanela ho kwetlisa mosebetsi wa bona pele ba leka ho o etsa dibukeng tshebetso tsa bona. Mohlala:

- Ha barutwana ba tshwanela ho etsa letshwao la sedikadikwe karabong e nepahetseng, ha ba qale pele ka ho tshwaya karabo e nepahetseng. Ba tshwanela ho utlwa ho titjhere hore na e nepahetse e le ka nnete pele.
- Ha mosebetsi o batla hore barutwana ba thale ho hong, ha ba etse ka menwana pele ba nto ngola bukeng.

Ela hloko: Barutwana ba maemong a fapaneng a bokgoni. Ha o lemoha hore barutwana ba bang ba sa hloka thuso ho ikwetlisa bokgoni ba dithokutlo, barutwana ba ka ikwetlisetsa mesebetsi ya bona bukeng ya dihlakiso. Ba ka na monyetla wa ho sebedisa mela e bukeng ho fihlela ba itshepa ho ka ngola dibukeng tsa bona tsa tshebetso.



SESOTHO

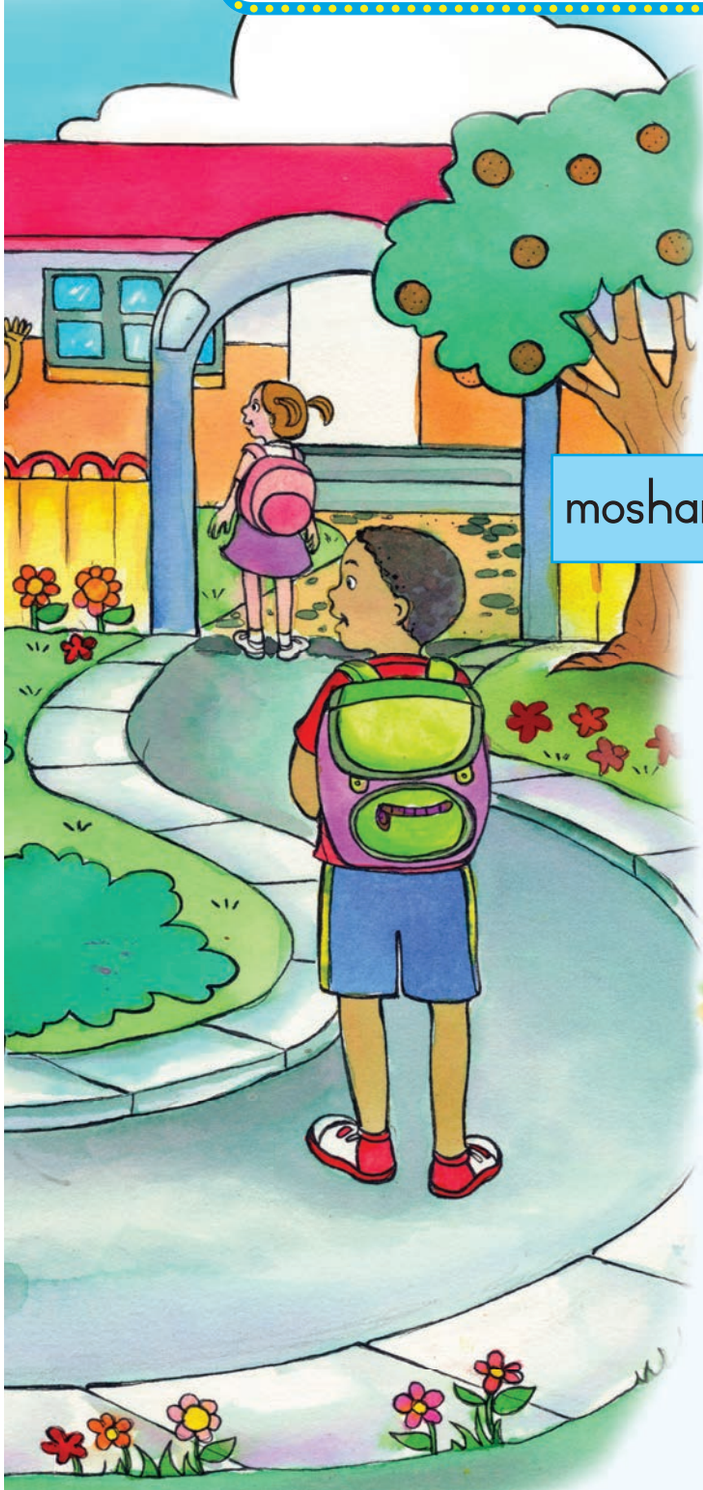
Buka 1

Kotara 1

1 Ditaba tse amanang le nna



Lebisto la la ke:



Ke moshanyana

moshanyana



ngwanana

Ke ngwanana

TEACHER: Sign _____ Date _____

1.1



Ha re etseng Taka setshwantso sa hao.



Lebisto la la ke:



Ha re etseng

Khalara dinomoro tse nepahetseng tsa dikerese ho bontsha hore o dilemo di kae.



Ke dilemo tse

5	6	7

.

TEACHER: Sign _____ Date _____

1.3

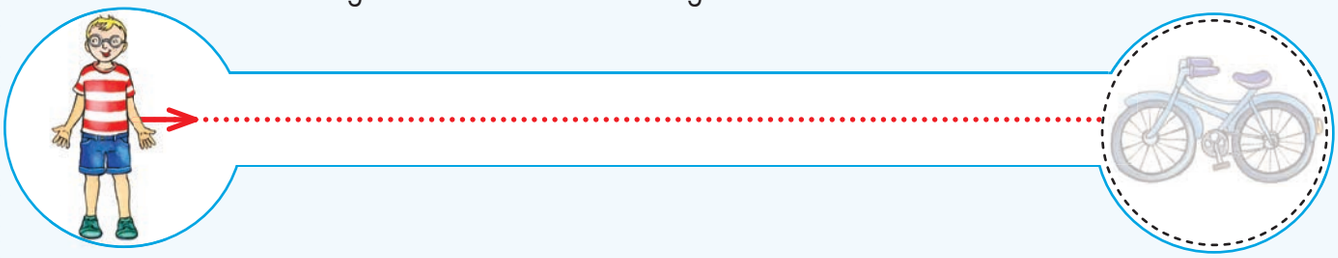
Manamisa ditikara dibakeng tse nepahetseng.



Ha re ngoleng

Manamisa ditikara dibakeng tse nepahetseng.
Jwale tereisa mola ka monwana wa hao le ka pensele.

Thusa moshanyana ho fumana baesekele ya hae.



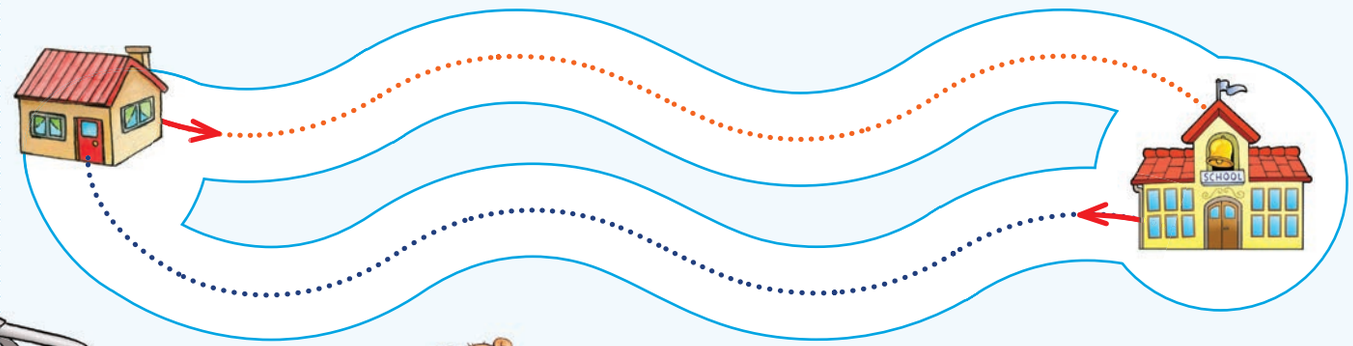
Thusa ngwanana ho fumana bolo ya hae.



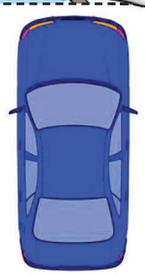
Tereisa kgwele e khaetheng.



Kganna koloi ho ya sekolong le ho kgutlela hae hape.



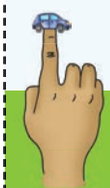








Bakeng sa tlatsetso ya boikwetliso, laela bana ho tereisa mela ya bona makgetlo a mmalwa ba sebedisa mebala e fapaneng.







Ha re ngoleng

Ke boima bo bokae

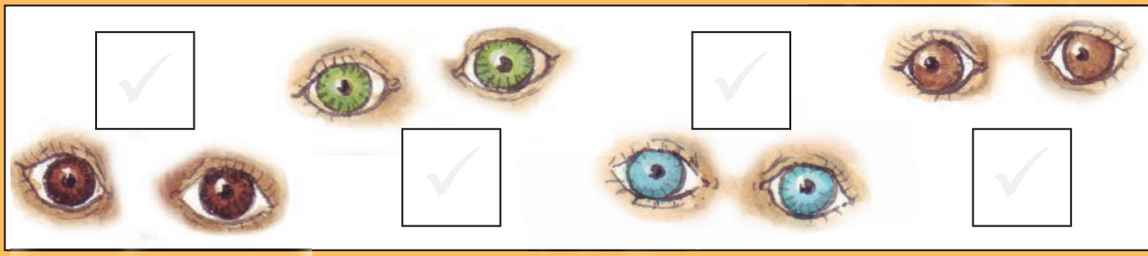
kg



Ke bolelele bo bokae

cm

Mmala wa mahlo a ka



Mmala wa moriri wa ka







TEACHER: Sign _____ Date _____

1.5



Ha re etseng

Maneha setikata sa naledi ho bontsha seo o ratang ho se etsa.

Maneha ditikara sebakeng se nepahetseng.

Ke rata ho:

tantsha



bala pale



bapala le metswalle ya ka



bapala ka bolo



aha ka diboloko



bina



1.6



Ha re ngoleng Taka setshwantsho sa ntho eo o ratang ho e etsa.



Lebisto la ka ke:

TEACHER: Sign Date

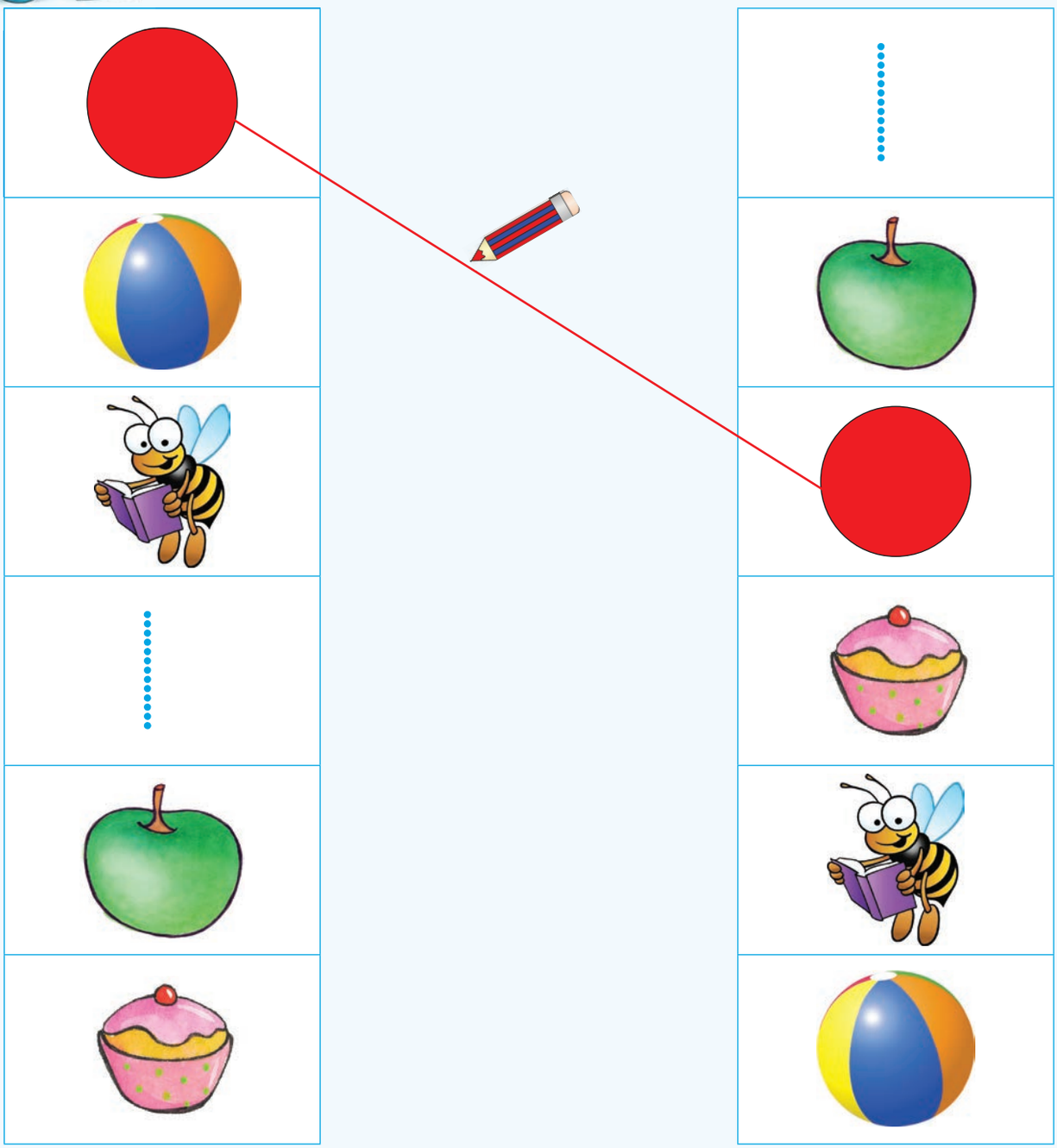
1.7



Lebisto la ka ke:



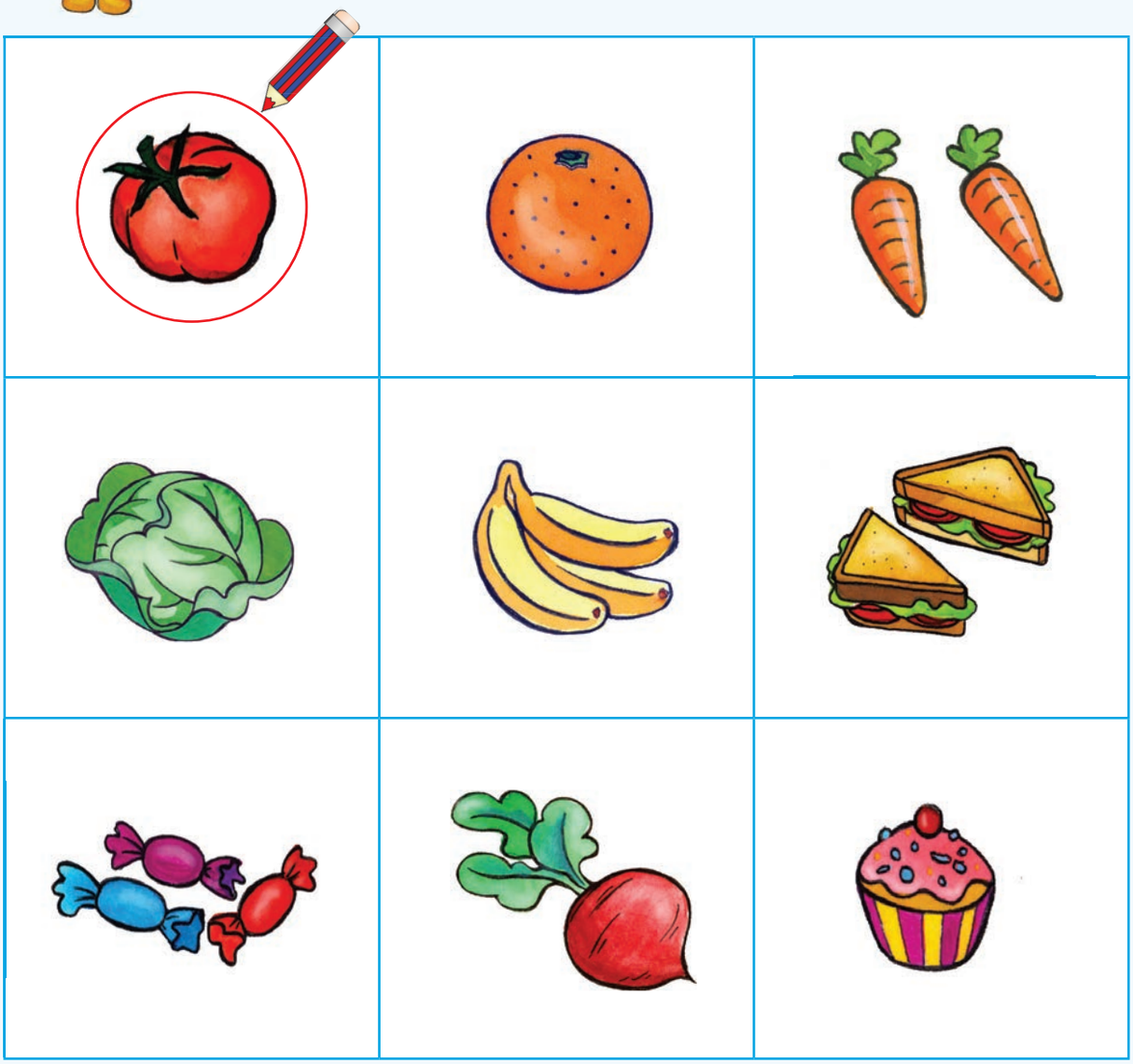
Ha re ngoleng Bapisa ditshwantsho.





Ha re baleng

Tshwaya diboloko tse nang le ntho e le 1.
Opa diatla tsa hao hanngwe nako le nako ha o bona ntho e le 1.





Ithute ho ngola dipalo.







2 Ka tlelaseng

Maneha ditikara dibakeng tse nepahetseng.

Ha re ngoleng

Sheba setshwantsho o bue ka seo bana ba se etsang.
O rata ho etsang?



Lebitso la ka ke:



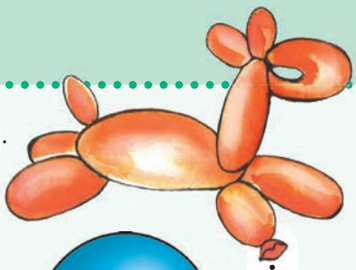
TEACHER: Sign _____ Date _____

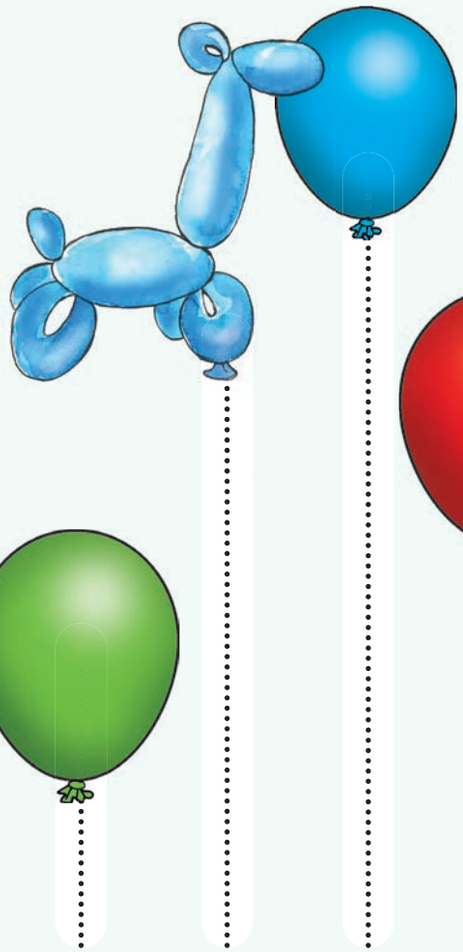
2.1

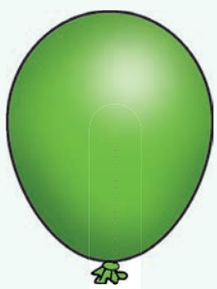


Ha re ngoleng

Etsa setshwantsho sa kgwele e balunung.
Ke balunu efe e nang le kgwele e kgutshwanyane haholo?
Ke balunu efe e nang le kgwele e telele haholo?

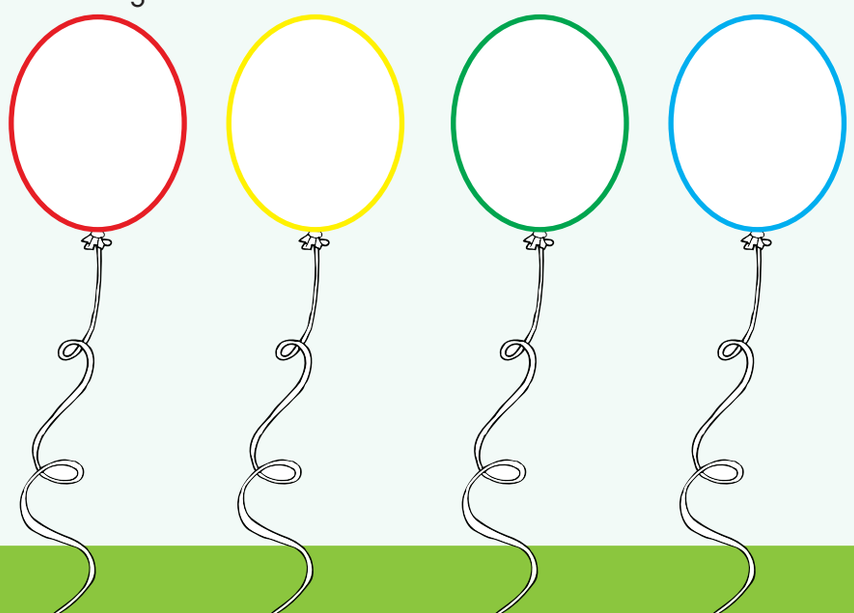








Kgabisa dibalunu ka mmala o mokgubedu o mosehla, o motala le o bolou.

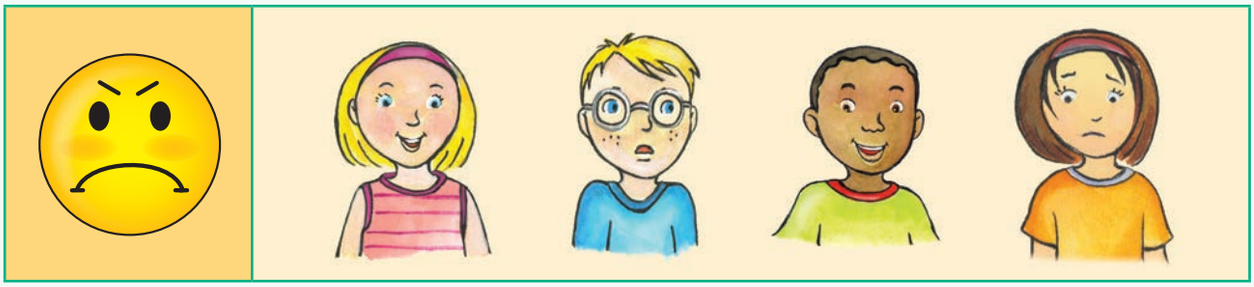


2.2

Ha re ngoleng

Fumana difahleho tse bontshang maikutlo a tshwanang le a setshwantsho sa pele.

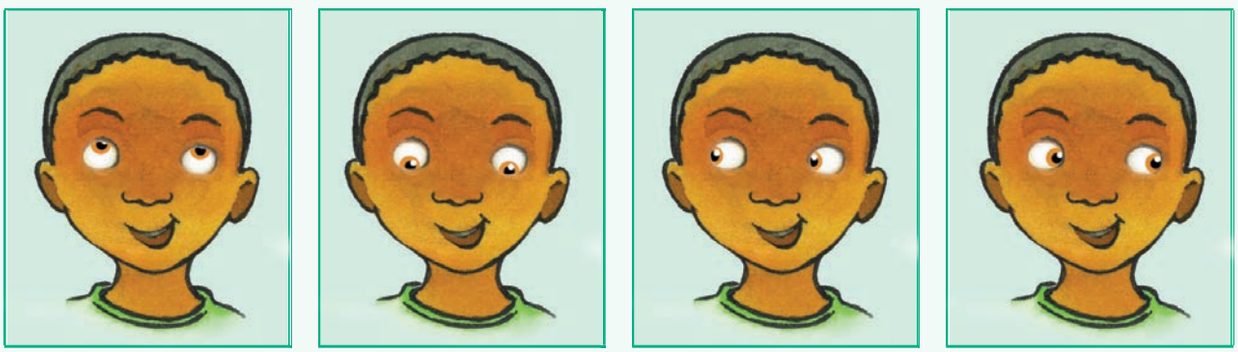






Ha re etseng

Bana bana ba shebile eng? Ntle le ho sisinya hloho ya hao, tsamaisa mahlo a hao hore a shebe mahlakoreng ao moshemane a shebileng ho ona.





2.3

Ha re baleng

Etsetsa diboloko tse nang le dintho tse 2 didikadikwe.
Opa diatla habedi nako eo o bonang dintho tse 2.



Ithute ho ngola palo.

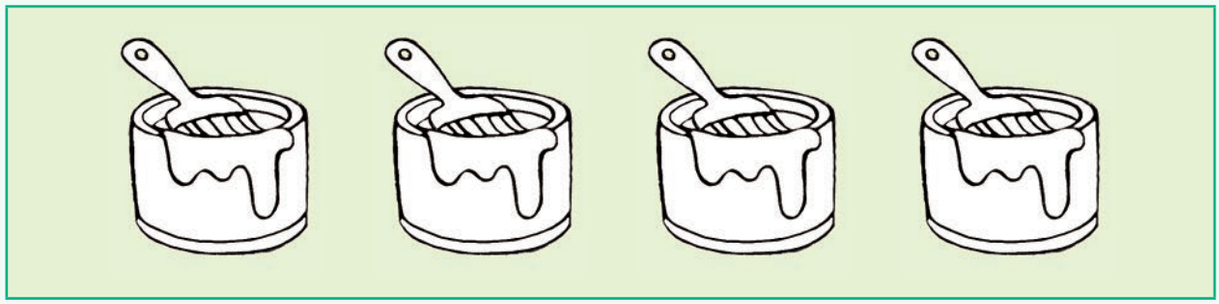
2 x

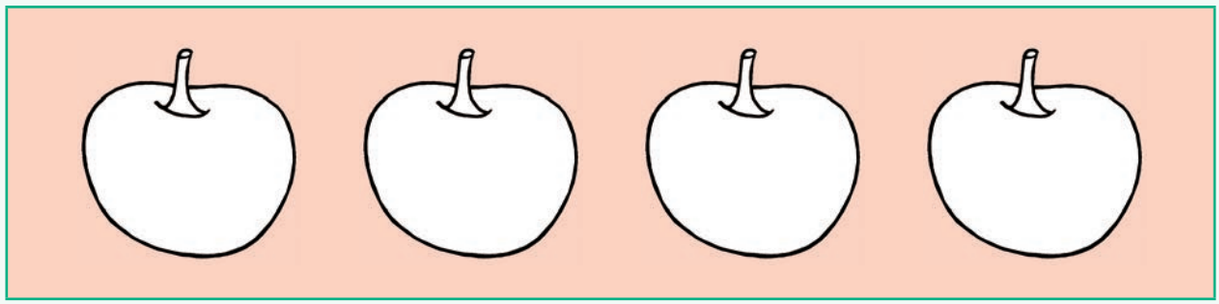
2 x

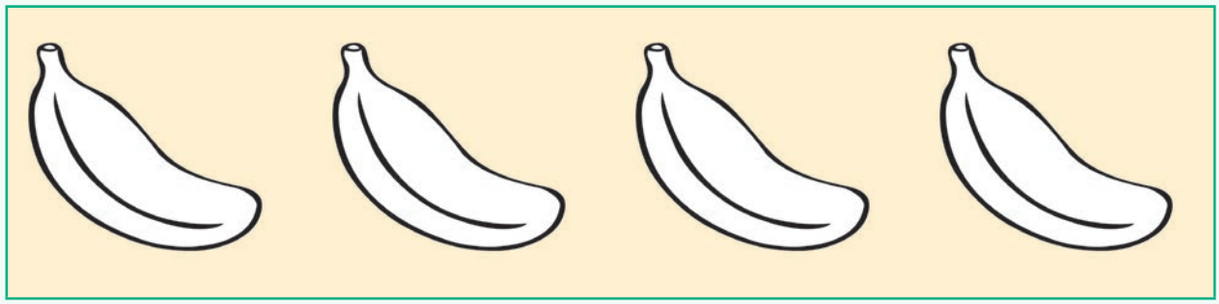
2 x

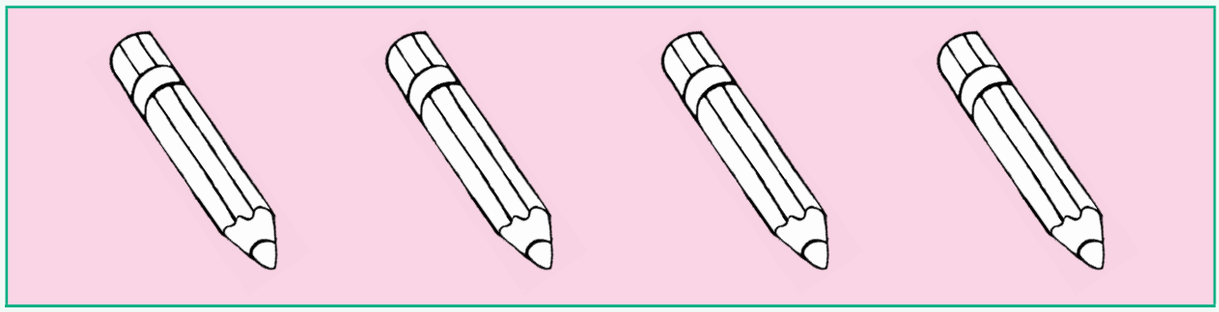
2.4

Ha re ngoleng Kgabisa ditho tse pedi moleng ka mong ka mmala.







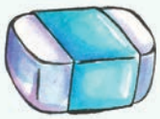


Lebitso la ka ke:



Ha re etseng

O kenya eng ka mokotlaneng wa hao wa sekolo?
Manamisa ditikara ho paka mokotlala wa hao.



phumula

sekere



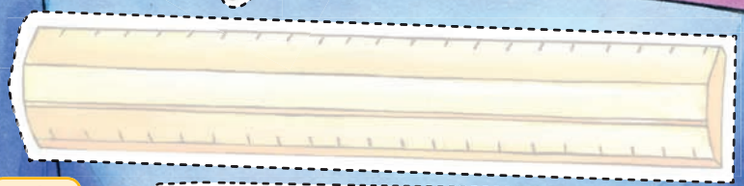
seleotsi



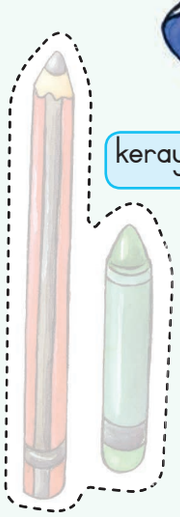
dikeraone



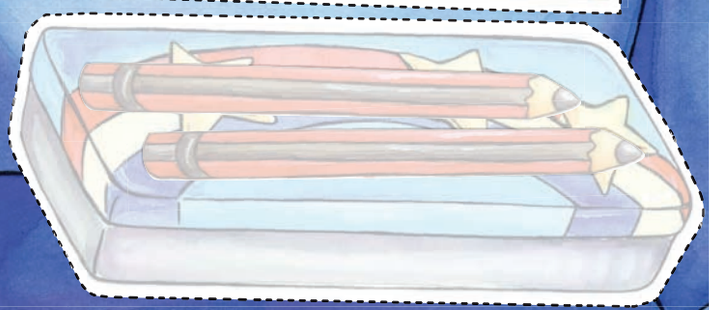
lebokosela dijo



rula



kerayone



lebokose la pensele

pensele



Ha re ngoleng

Ngola lebitso la hao mokotlaneng wa sekolo.

Lebitso:

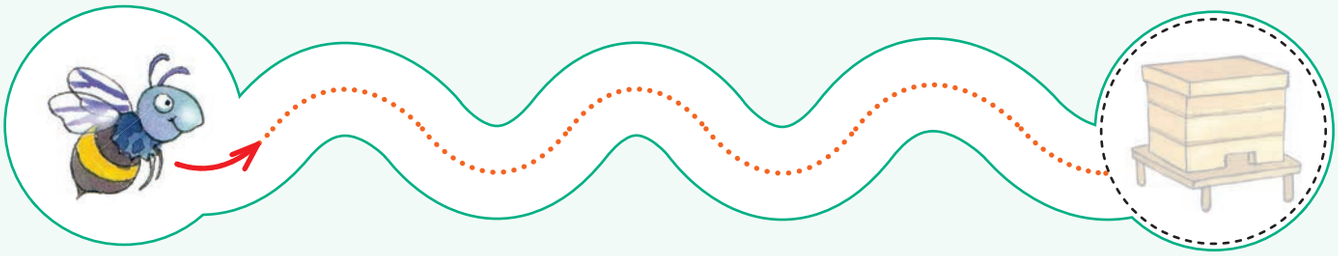
2.6

Manamisa ditikara dibakeng tse nepahetseng.

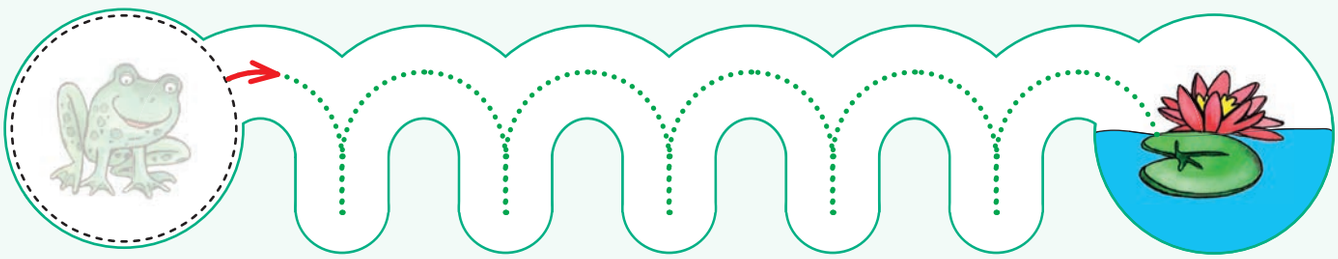
Ha re ngoleng

Manamisa ditikara dibakeng tse nepahetseng.
Jwale, tereisa mola ka monwana wa hao le ka pensele.

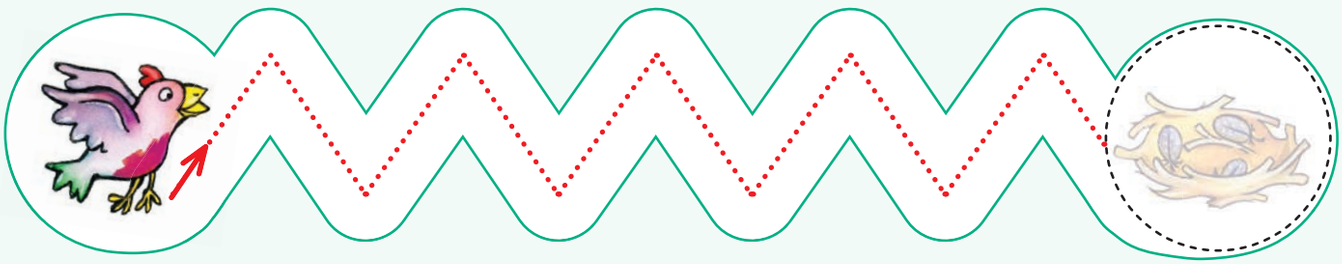
Thusa notshi ho fumana sehlaha.



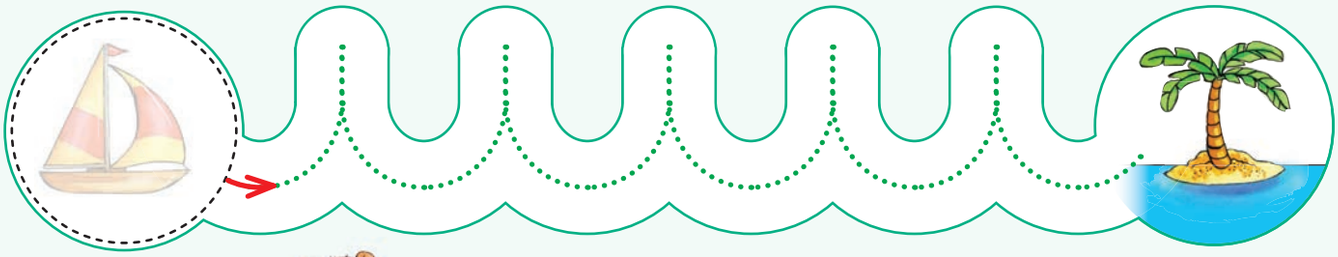
Thusa senqaqana ho fumana letamo.



Thusa nonyana ho fumana sehlaha.



Thusa seketswana ho fihla sehlekehlekeng.



Bakeng sa boikwetliso ba tlatsetso, laela baithuti ho tereisa mela ba sebedisa mebala e fapaneng.

TEACHER: Sign _____ Date _____

2.7

Manamisa ditikara dibakeng tse nepahetseng.



Ha re etseng

Manamisa setikara sa naledi ho bontsha seo o ratang ho se etsa sekolong

Ke rata ho:

penta



taka



tsamaya le motswalle ho ya sekolong



bala pale



bala



seha ditshwantsho



2.8



Ha re ngoleng Taka setshwantsho sa seo o ratang ho se etsa sekolong.

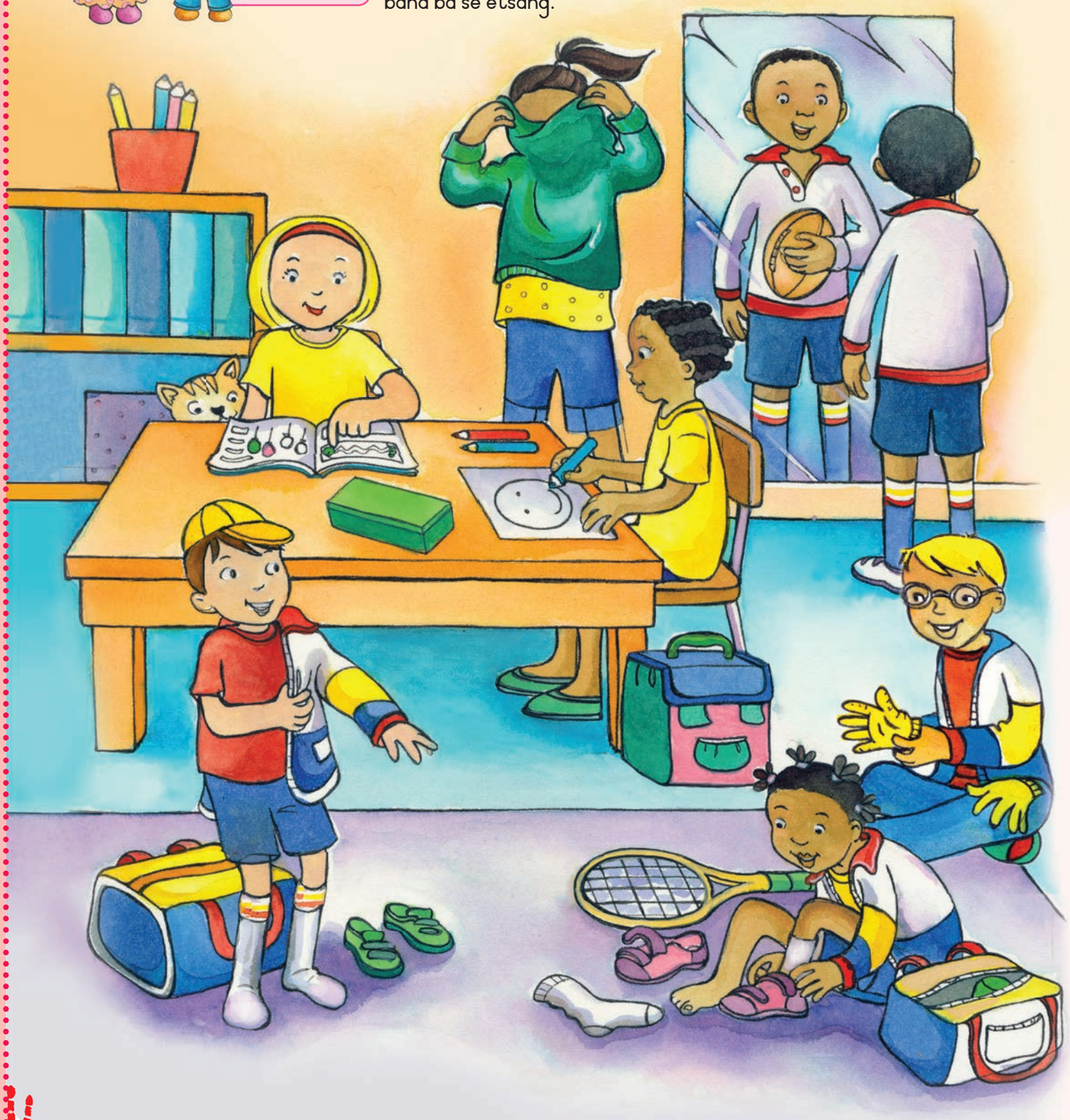


Lebitso laka ke:

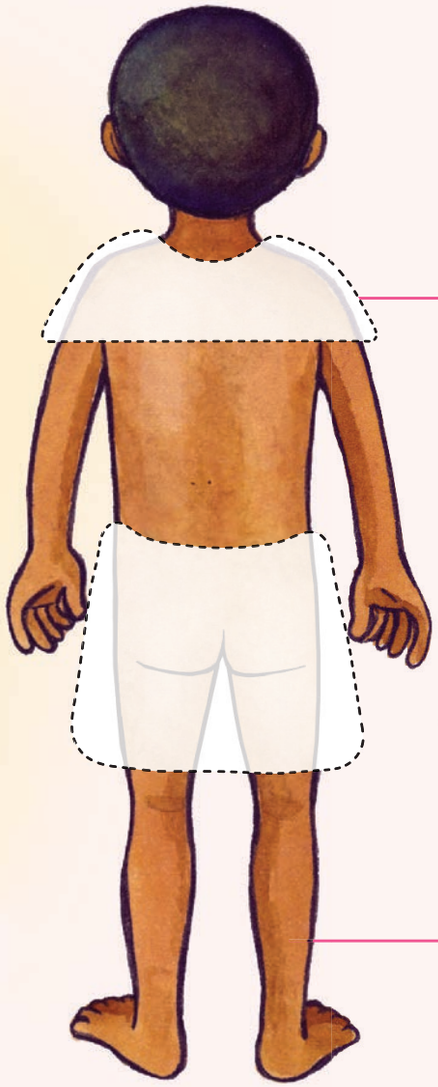
3 Mmele wa ka

Ha re bueng

Sheba setshwantsho o bue ka seo bana ba se etsang.



Manamisa diitikara dibakeng tse nepahetseng.



hloho

mahetla

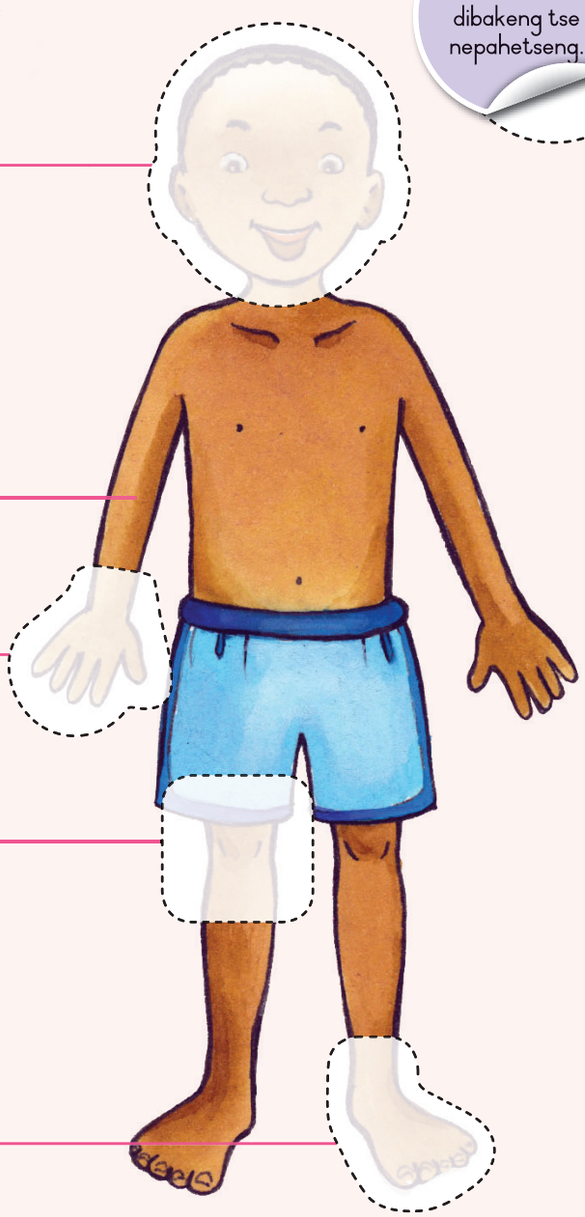
sephaka

letsoho

lengwele

tlhafu

leoto





Ha re bueng

Supa hloho,mahetla,mangwele le menwana ya hao
Jwale di supe setshwantshong.
Ke ditho dife tsa mmele tse tsamayang ka bonngwe?
Ke ditho dife tsa mmele tse tsamayang ka bobedi?



Lebitso la ka ke:

TEACHER: Sign _____ Date _____

3.1



Ha re ngoleng

Supa hloho, sephaka, ditlhaf'u le mmele ohle.
Etsa setshwantsho sa hao.

Ngola lebitso la hao mme o opele modumo.



Lebitso laka ke:

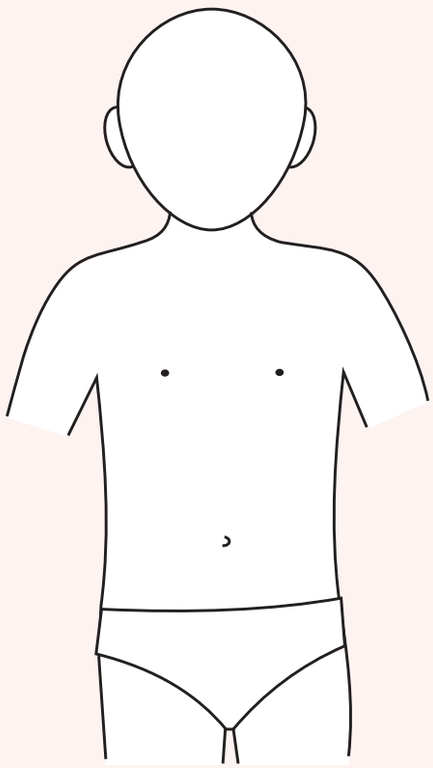


3.2



Ha re ngoleng

Seha le ho manamisa diphaka le ditlhafu ho qetela setshwantsho sena. Jwale tlotsa setshwantsho sa hao ka mebala.



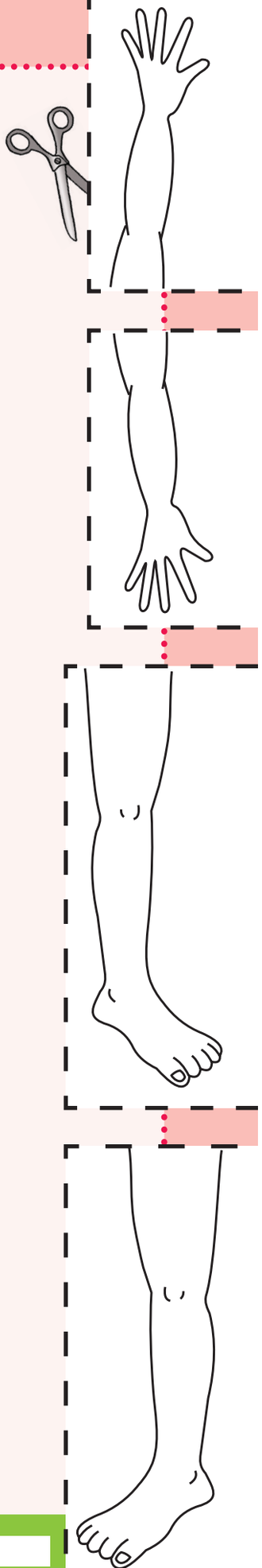


Ha re bineng



Ntatemoholo o tswa kae kajeno?
Ke tswaa sepetlele sa Mmanapo.
O tshwerwe ke eng?
Ke hloho, mahetla
Sefuba le letheka
Mangwele le menwana
Mangwele le menwana





TEACHER: Sign _____ Date _____



Ha re etseng

Ema jwaleka moshanyana le ngwanana ditshwantshong tsena.
Bontsha letsoho la hao le letona ebe o bontsha le letshehadi.
Hata ka leoto le letona ebe o hata ka le letshehadi.



3.4



Lebitso la ka ke:

ngwanana



pele

letsoho le letona

letsoho le letshehadi

leoto le letshehadi

leoto le letona

3.5

Manamisa ditikara dibakeng tse nepahetseng.



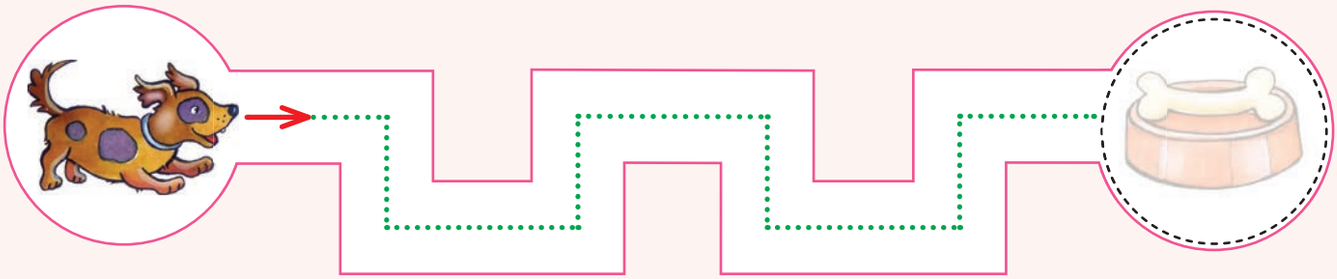
Ha re ngoleng

Manamisa ditikara dibakeng tse nepahetseng.
Jwale, tereisa mola ka monwana wa hao le ka pensele.

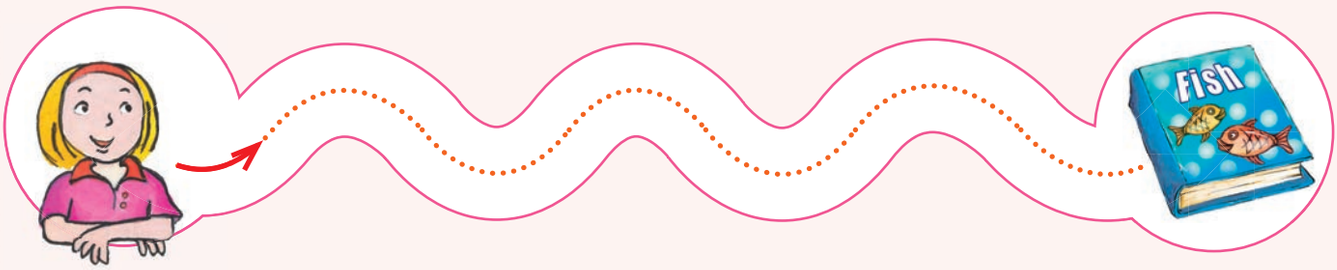
Thusa lesea ho fumana thedibere ya lona.



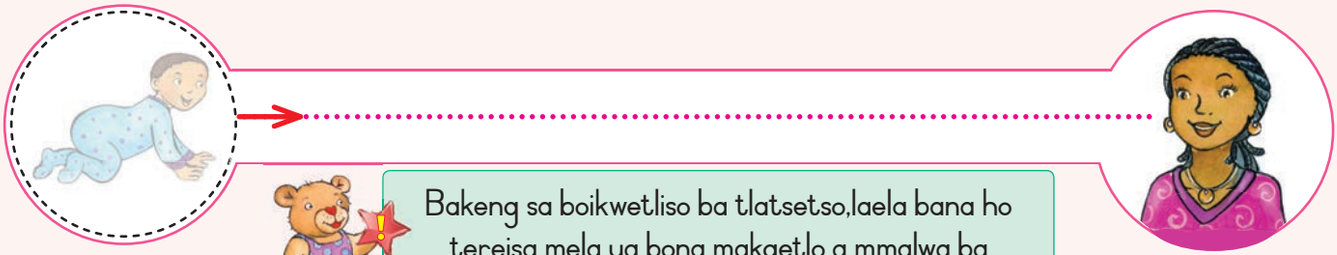
Thusa ntja ho fumana lesapo.



Thusa Ann ho fumana buka ya hae.



Thusa lesea ho kgasetsa ho mmalona.





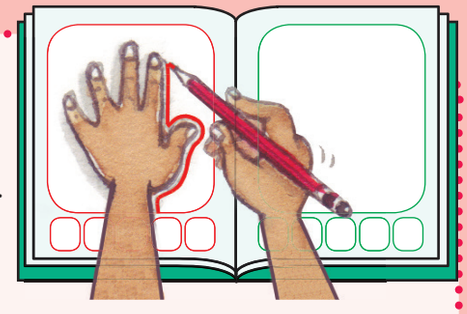
Bakeng sa boikwetliso ba tlatsetso,laela bana ho tereisa mela ya bona makgetlo a mmalwa ba sebedisa mebala e fapaneng.

3.6



Ha re ngoleng

Tereisa letsoho la hao le seng matla ebe o bala menwana ya hao.







Sebedisa setlotsamolomo kapa pente ho ngola menwana ya hao.

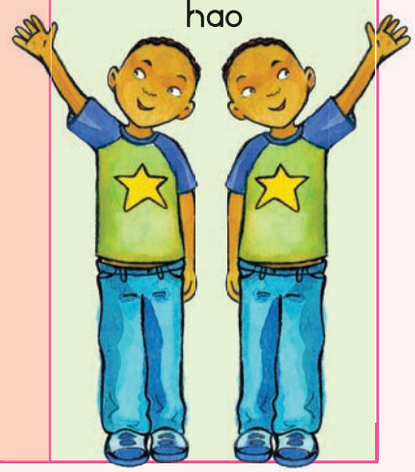




TEACHER: Sign _____ Date _____



Ha re etseng Etsa seo bana bana ba se etsang.

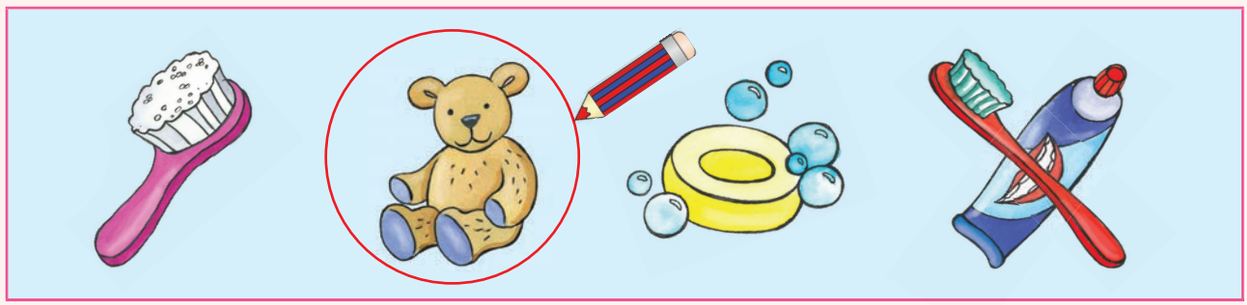
matsoho thekeng 	tshwara mangwele 	tshwara leoto le leng 	tshwara lehetla le leng
fapanya diphaka tsa hao 	tshwara mpa ya hao 	tshwara nko ya hao 	tshwara menwana ya hao 
phahamisa diphaka tsa hao 	tshwara hloho ya hao 	tshwara mahetla a hao 	otlolla diphaka tsa hao 

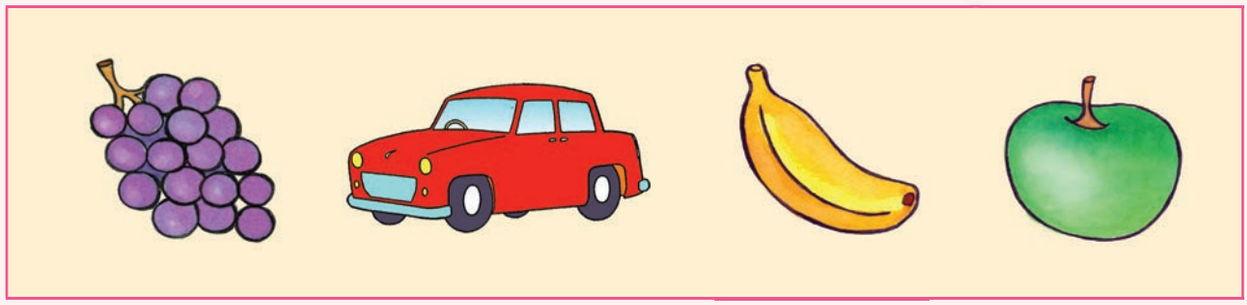
3.8

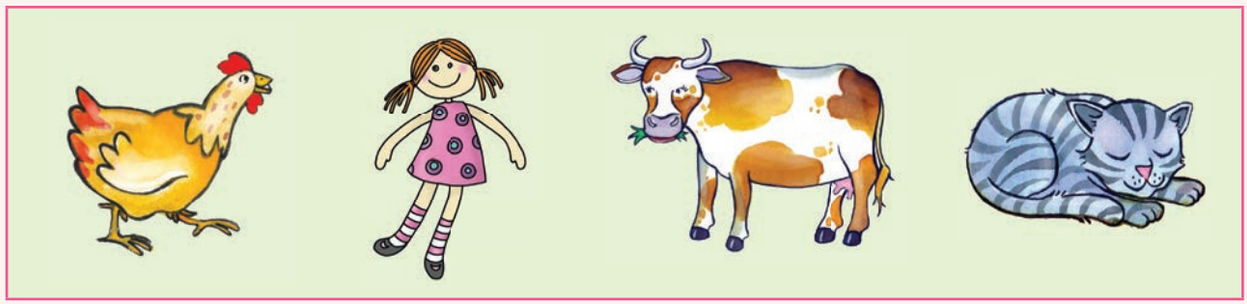
Lebitso laka ke:

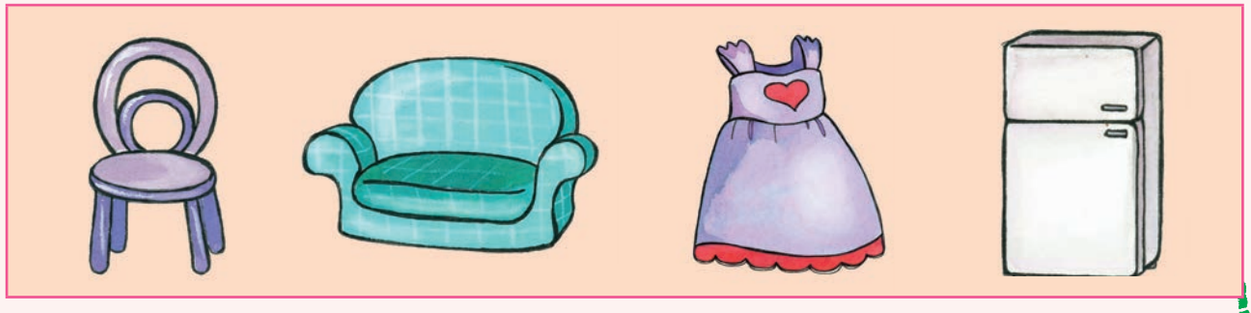
Ha re ngoleng

Etsa sedikadikwe ho potoloha setshwantsho seo e leng mokgelo moleng ona. Bolella motswalle wa hao hore ke hobaneng ha setshwantsho sena e le mokgelo.







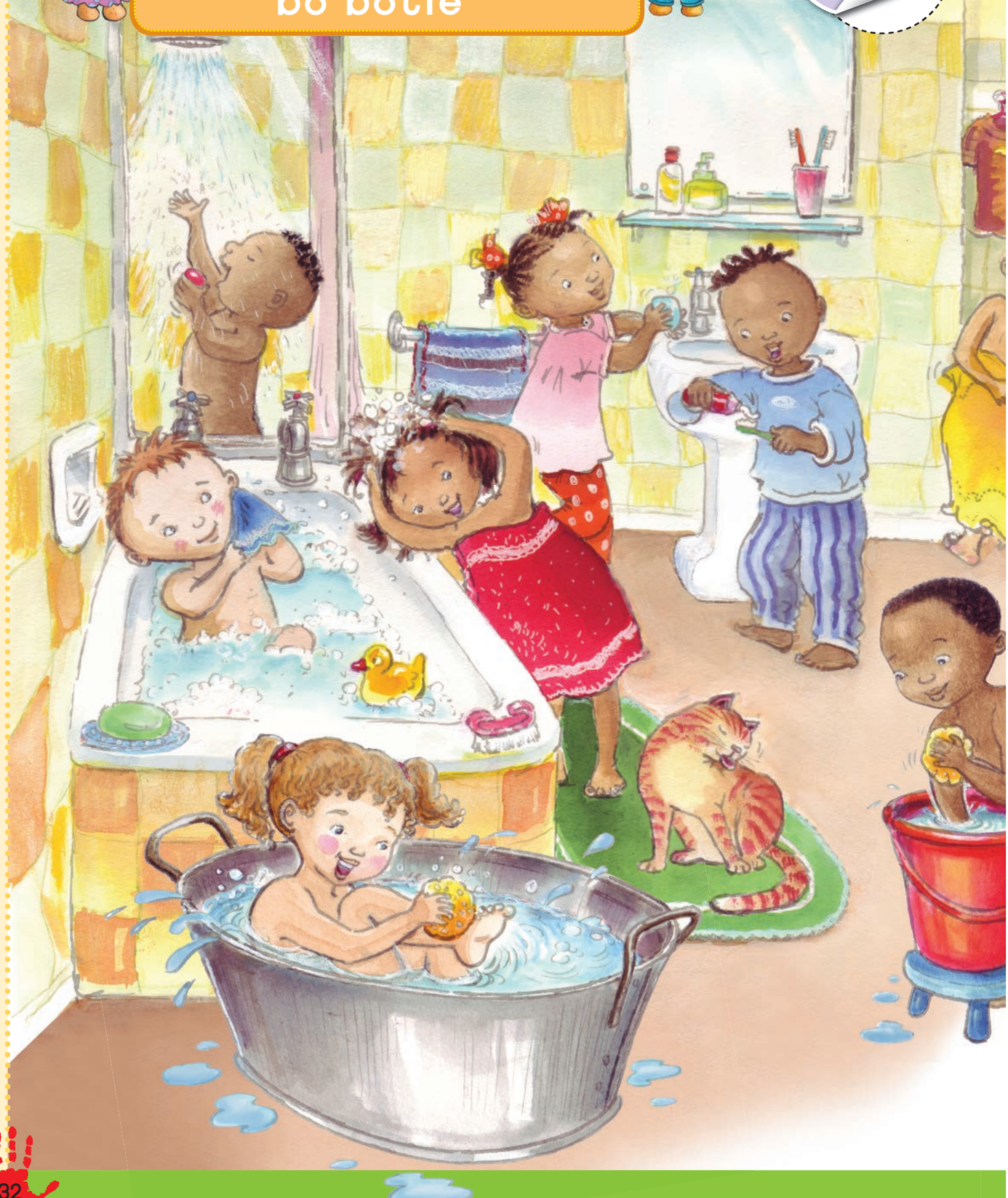


TEACHER: Sign _____ Date _____

4

Ho phela bophelo bo botle

Manamisa ditikara dibakeng tse nepahetseng.

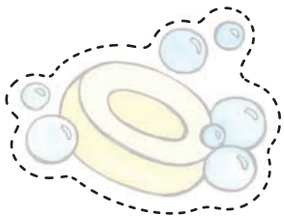




Ha re bueng

Sheba setshwantsho ebe o bolela seo ngwana ka mong a se etsang ho hlweka.



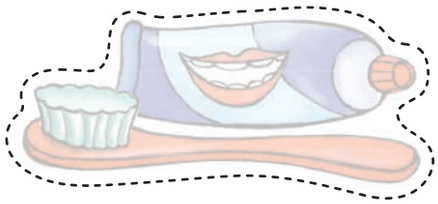












Lebitso la ka ke:

Ha re ngoleng

Tereisa mola ho fumana hore bana bana ba etsang hore ba dule ba hlwekile.



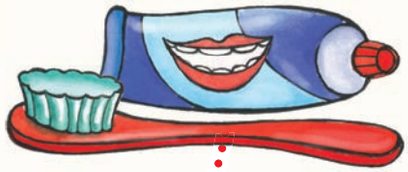
















4.2



Ha re ngoleng Etsa setshwantsho se bontshang hore o etsa eng ho dula o hlwekile.



Lebitso la ka ke:

TEACHER: Sign _____ Date _____

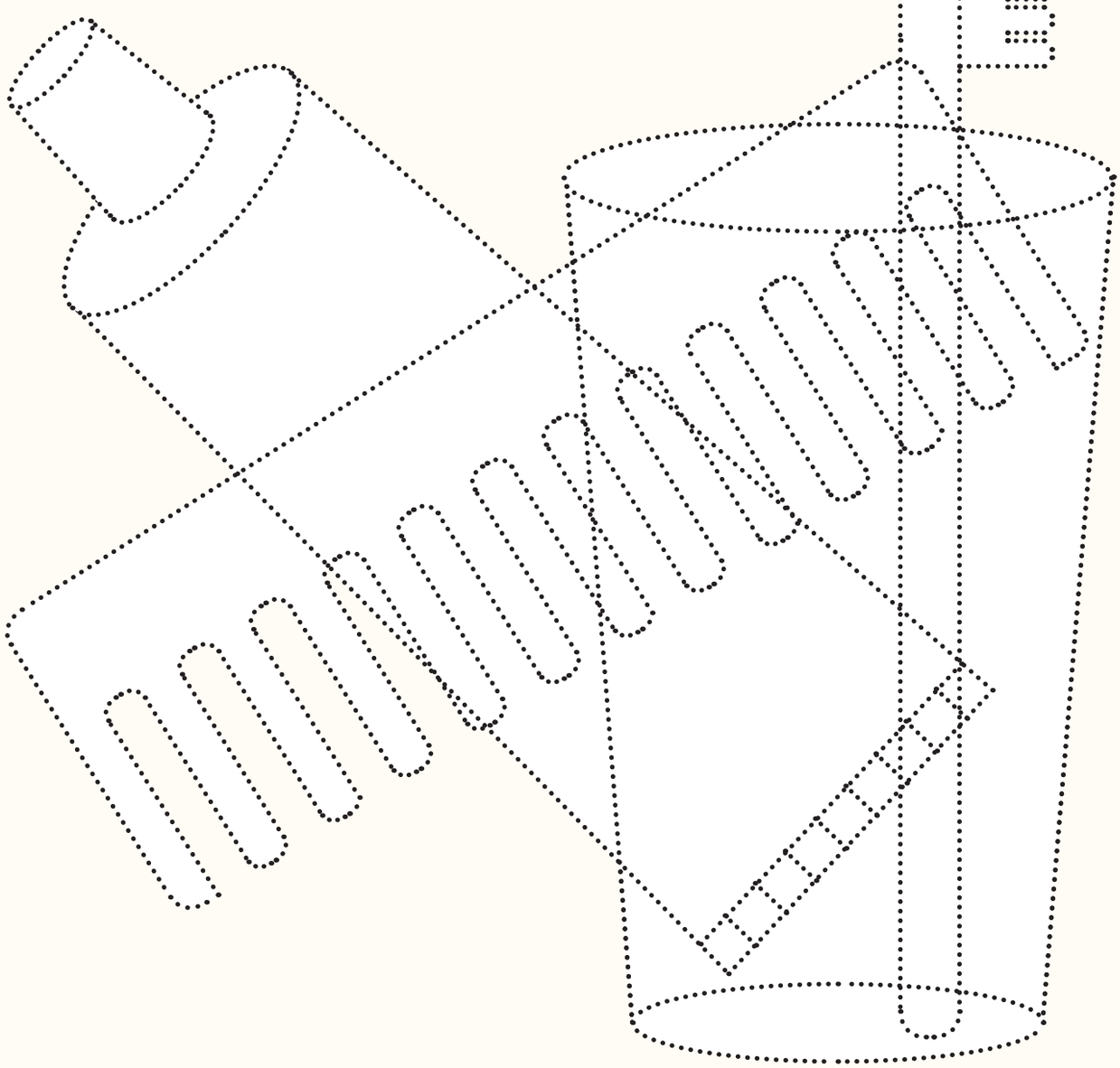


Lebitso la ka ke:



Ha re ngoleng

Na o ka fumana sesepa sa meno setshwantshong sena?
Se tlotse ka mmala. Tereisa mela mme o bale hore ho na le dintho tse kae tseo o di bonang.



4.4



Ha re ngoleng Qhaqholla marangrang ana mme o boele o a kopanye hape.







Ha re etseng Seha ditshwantsho meleng e matheba ebe o di beha ka ho nepahala.

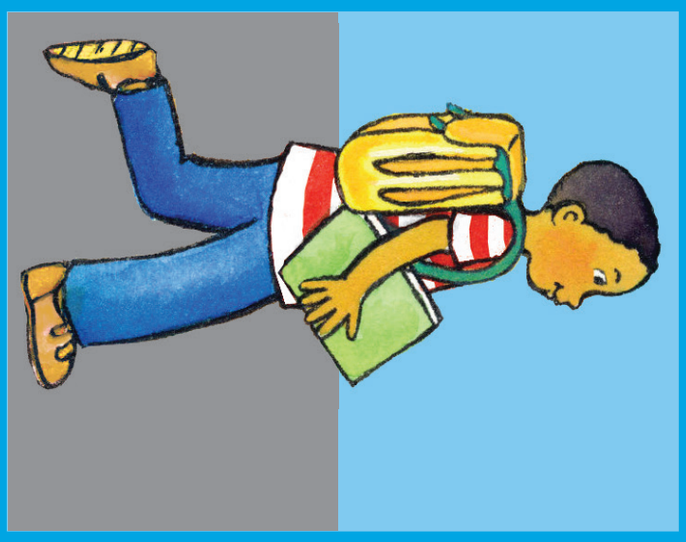












4.7



Lebitso la ka ke:



Ha re etseng Latellisa dinomoro.

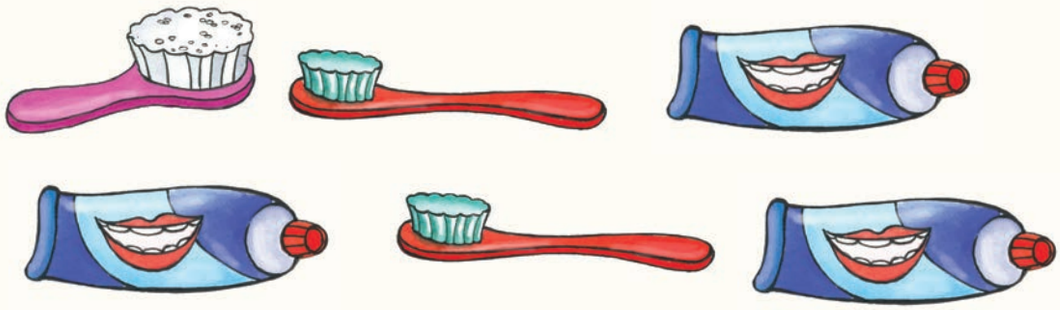
1	1
2	2
3	3

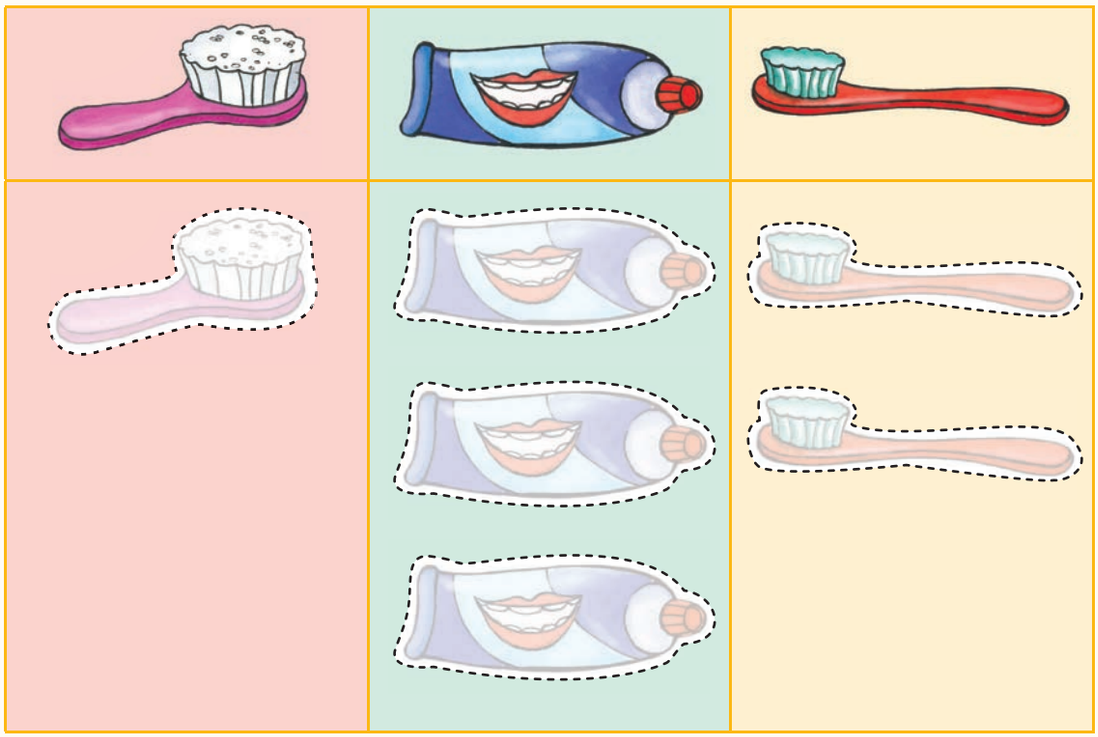
Maneha ditikara dibakeng tse nepahetseng.



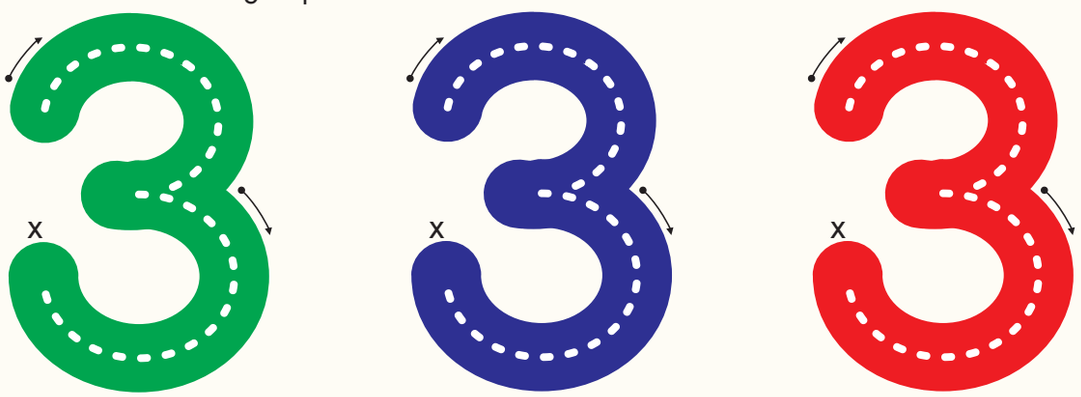
Ha re baleng

Manamisa ditikara dibakeng tse nepahehtseng.
Bala hore ke dintho tse kae ka palo.



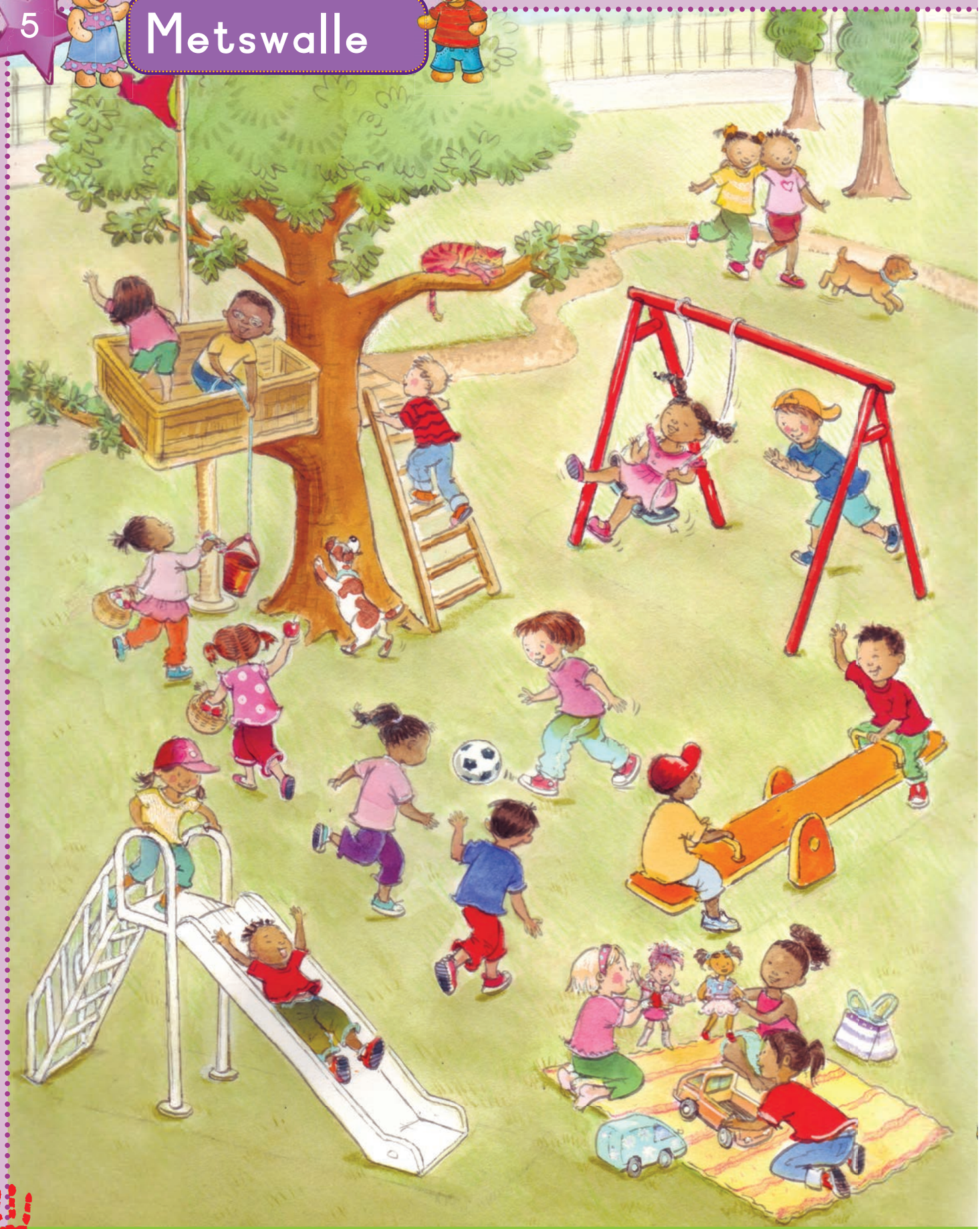


Ithute ho ngola palo 3.



5

Metswalle



Manamisa ditikara sebakeng se nepahetseng.







Ha re bueng

Na o na le motswelle wa sebele?
Ke sefe se etsang motswalle wa bohlokwa?
Na o na le motswelle wa sebele?



Lebisto la ka ke:

5.1



Ha re ngoleng

Etsa sedikadikwe ho potoloha setshwantsho se tshwanang le setshwantsho sa pele moleng o mong le o mong.



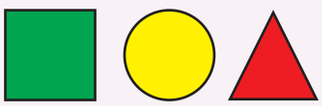


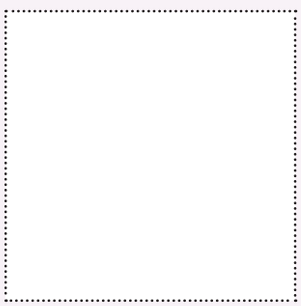


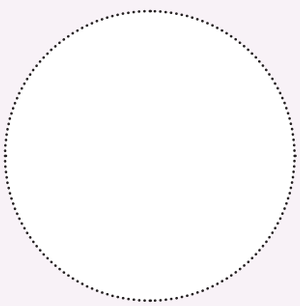


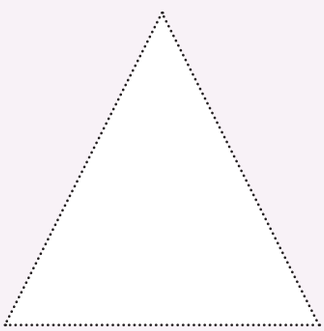
Ha re ngoleng

Tereisa dibopeho mme o di tlotse ka mmala jwalo ka ditshwantsho.









5.2

Ha re etseng

Etsa seo bana bana ba se etsang.

dula





tlola

qhoma



matha



tlolatlola



tantsha



phethoha



tsamaya



TEACHER: Sign _____ Date _____

5.3



Ha re ngoleng

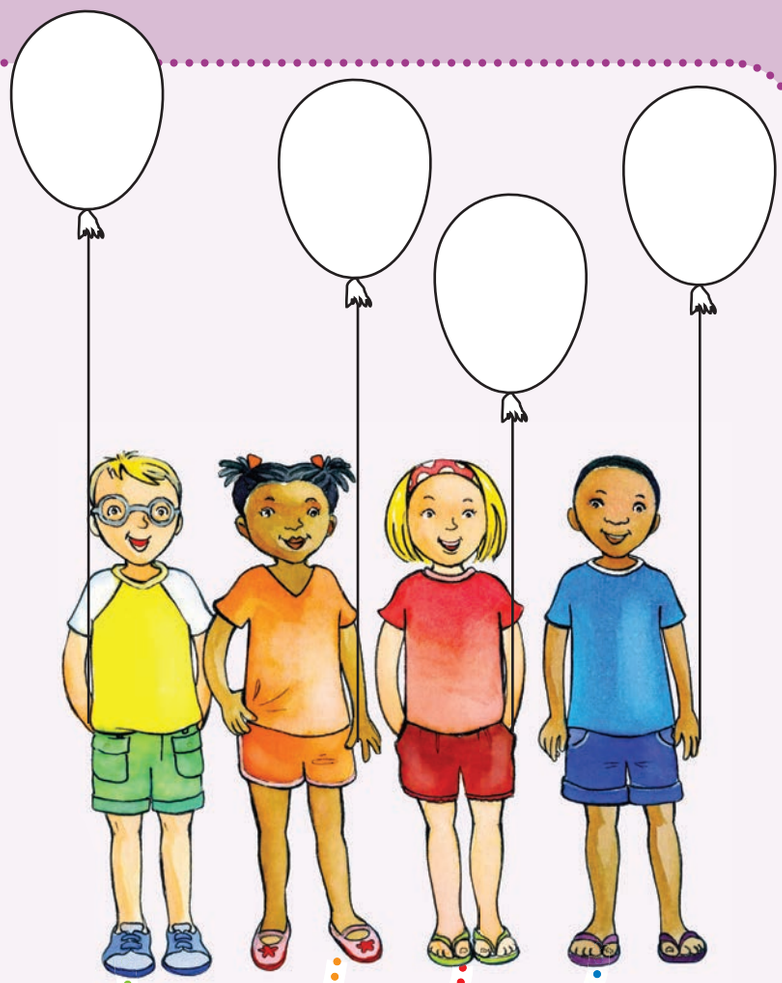
Tlotsa setshwantsho ka mmala.
Ngololla mebala ho tswa
setshwantshong se sennyane.



5.4

Ha re etseng

Tereisa mela ho fumana diaparo tseo ba di ratang, o nto tlotsa balunu ka mmala hore di tshwane.











Lebitso la ka ke:



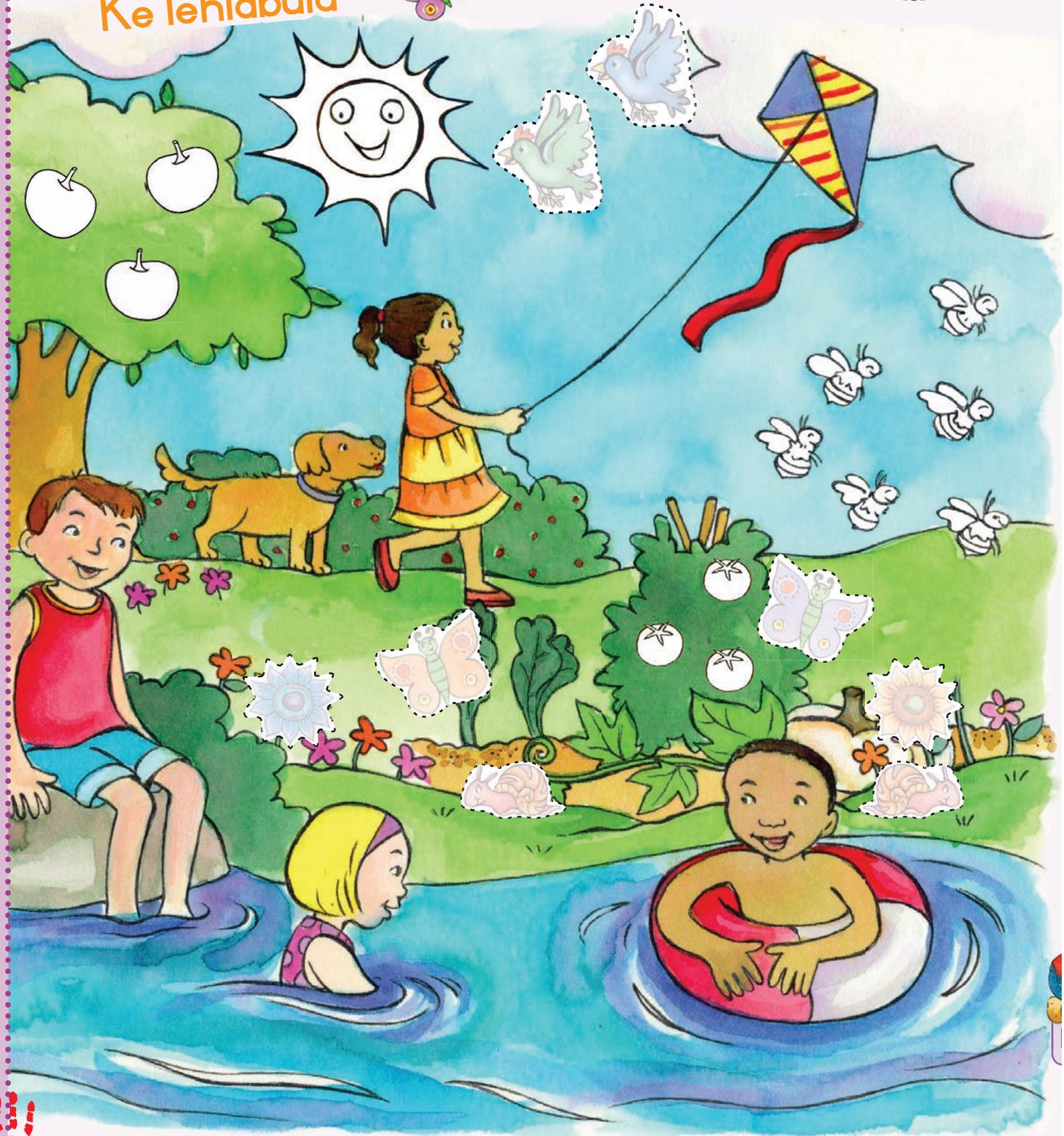
Ha re bueng

O rata ho etsang hlabula?
O apara eng ha ho tjhesa?

Manamisa ditikara dibakeng tse nepahetseng. Kgabisa diapole tse 3, ditamati 3 le letsatsi ka mmala.

Ke lehlabula





5.6

Ha re ngoleng

Etsetsa ditshwantsho sedikadikwe o bontshe seo o ratang ho se etsa lehlabula.



Ngola lebisto la hao o opele modumo.

Lebitso la ka ke:

TEACHER: Sign _____ Date _____

5.7

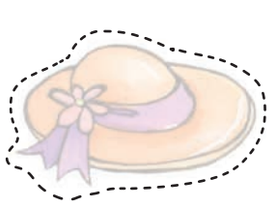
Ha re etseng

Sheba ditshwantsho o bue kamoo boemo ba lehodimo bo fapaneng ka teng. Bua ka seo bana ba se etsang le seo ba se apereng.

Manamisa ditikara dibakeng tse nepahetseng.

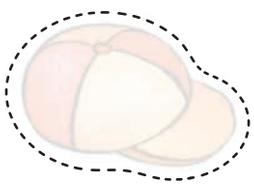
tjhesa















5.8

Ha re etseng

Etsetsa diaparo tse o di aparang ha ho tjhesa sedikadikwe kabo kgubedu, le tseo o di aparang ha ho bata ka bobolou.

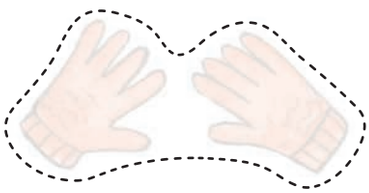
bata











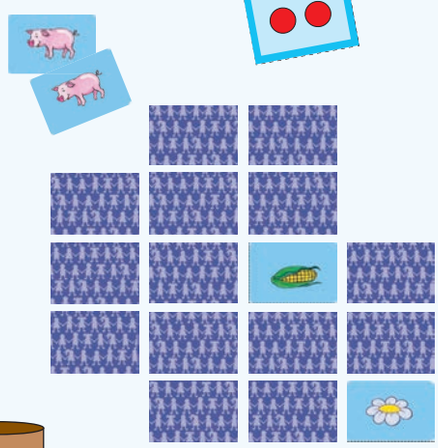
Tse sehilweng



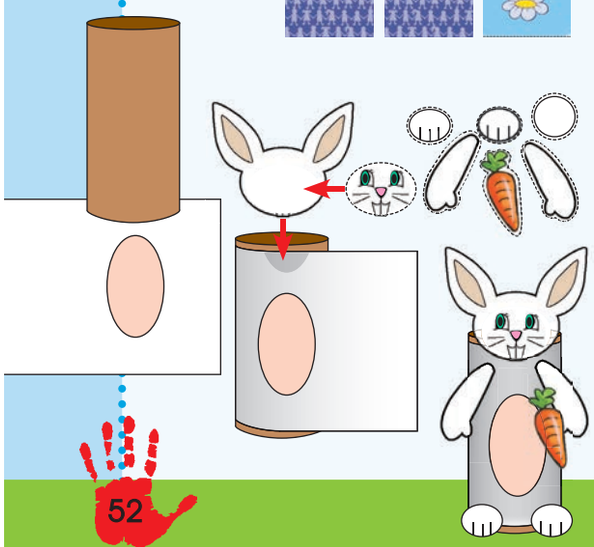
Ditshwantsho tsa menwana:
Kgetha phoofolo e le 1 mme o ngole letere ya pele ya lebitso la hao. Jwale ngola diletere tse 4 tsa tsa mabitso a metswalle ya hao ka lehlakoreng le leng.



Diphazele tsa dipalo:
Seha meleng ya matheba ho etsa dikarete tsa dipalo tse tshwanang. Jwale apisa ditshwantsho le dipalo tse nepahetseng, kapa o di bapise le matheba a nepahetseng. O ka na wa sebedisa dibopeho ho o thusa.



Papadi ya boikgopotso:
Seha dikarete meleng e metsho ya matheba. Tjhofa dikarete mme o di behe tafoleng di shebile fatshe. Jwale phetla dikarete tse pedi ka nako e le nngwe. Haeba di tshwana o ka di behella ka thoko. Shebang hore ke mang ya ka qetang pele ho bokella dikarete. Sebedisa dikarete tsa hao tsa boikgopotso mme le bapale le motswalle wa hao.



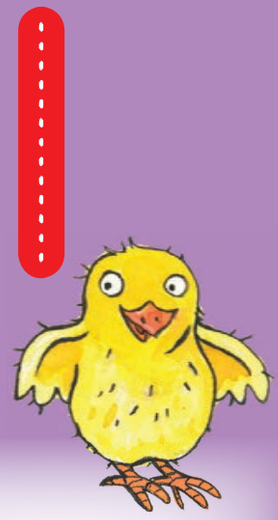
Phoofolo ya pampiri ya ntlwana:
Leka ho fumana pampiri ya ntlwana e fedileng. Seha dikgutlotharo mme o di manamise kgutlotharo e kgolo ho potoloha pampiri ya ntlwana ho kwahela tjhupu.jwa le seha dihloho mme o di manamise hodima pampiri. Sebedisa ditikara tsa diphoofolo mme o manamise difahleho dihlohong ka moo o batlang. Manamisa matsoho, maoto, le mohatla phoofolong e nngwe le e nngwe.O ka nna wa boela wa etsa setshwantsho le ho iketsetsa phoofolo e nngwe ya hao.



Etsa dibuka tse matswedintsweke.
Mena mela e thata mme o sehe moo ho nang le matheba.

Dipalo





nngwe

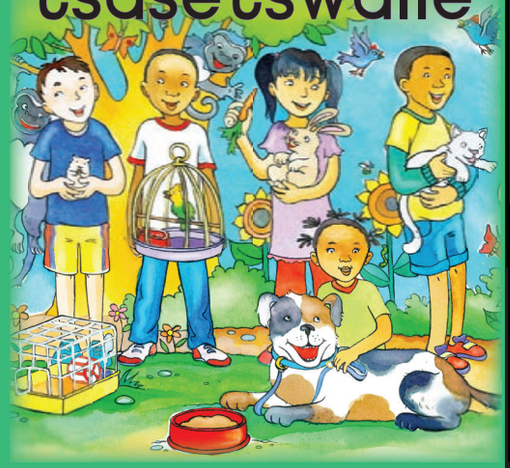


pedi



tharo

Diphoofolo tsasetswalle

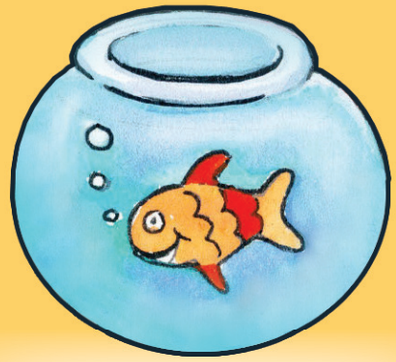




ntja



katse



tlhapi

4



nne

5



hlano

6



tshelela

7



supa



mokgodutswane



nonyana



phoofotswana



pela

DISEHWA TSA KA





Ha re etseng

Seha leqephe moo ho nang le mola wa matheba mme o manamise leqephe khafareng e ka morao ho etsa phokhotho. Boloka tseo o di sehileng ka mona hore di se ke tsa lahleha.

MANAMISA MONA

MANAMISA MONA

MANAMISA MONA

MANAMISA MONA