



UNkk Angie
Motshekga.
uNgqongqoshe
weMfundu eyiSesekelo



UMnu Enver Suryt,
iSekela loMnyango
weMfundu eyiSesekelo

Lezi zincwadi zokusebenzela zenzelwe abantwana baseNingizimu Afrika ngaphansi kwasandla sikaNgqongqoshe weMfundu eyiSesekelo, uNkk Angie Motshekga, neSekela likaNgqongqoshe weMfundu eyiSesekelo, uMnu Enver Suryt.

Lezi zincwadi ezibizwa ngeRainbow Workbooks ziyingxene yoMnyango weMfundu eyiSesekelo lapho uMnyango uzama khona ukungelela ukuze kuthuthukiswe imfundu yabantwana bamabanga asuka kwelokuqala kuya kwelesithupha eNingizimu Afrika. UMnyango weZimali uxhase lo mkhankaso kaHulumeni njengento yokuqala uHulumeni azibekile yona ukuthi ayisumele. Uxhaso loMnyango weZimali lusize uMnyango wezeMfundu ukuthi ukwazi ukukhiqiza uphinde usabalalise ngaphandle kwenkokhelo lezi zincwadi zokusebenzela ngazo zonke izilimi zaseNingizimu Afrika ezisemthethwani.

Sinethemba lokuthi othisha bazozithanda basebenze kangcono ngazo lezi zincwadi ekufundiseni kwabo kwansuku zonke, baphinde bathole futhi isiqiniseko sokuthi abafundi baba bafundiswa konke abamelwe ukufundiswa khona njengoba kuvela kusilabhasi yabo. Sizamile ukuqiniseka ukuthi sifaka izithorjana (ama-icon) emisebenzini yokwenziwa ukuze uthisha akuthole kulula ukuyilandela nokuqonda ukuthi umfundi yini alindeleke ukuyenza.

Sinethemba futhi lokuthi abantwana ugobo lwabo bazokujabulela ukusebenzisa lezi zincwadi ekukhuleni kwabo bakhule nolwazi eziluqukethe, bese kuthi wena njengothisha wabo uthokoze kanye nabo ekugcineni.

Sifisela wena nomfundi omfundisayo impumelelo ngenkathi usebenzisa lezi zincwadi.

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Rainbow
WORKBOOKS

LIFE SKILLS IN ISIZULU
GRADE 1 – BOOK 2
TERMS 3 & 4

ISBN 978-1-4315-0244-8
THIS BOOK MAY
NOT BE SOLD.

Ukufunda ngomthethosisekelo waseNingizimu Afrika (1996)

Umhethosisekelo waseNingizimu Afrika (1996) uqukethe imithetho ephakeme kunayo yonke yezwe. Le mitetho ingaphezulu kukaMongameli, ingaphezulu kwezinkantolo futhi ingaphezulu kukaHulumeni.

Uchaza indlela okufanele abantu baphathane ngayo ezweni labo, nokuthi ayini amalungelo abo nemisebenzi yabo komunye nomunye. Umhethosisekelo wezwe wenzelwe ukuthi usivikele thina sonke kanye nekusasa lezingane zethu.

**Masiyazi
imvelaphi
yethu.**

**Masingawaphindi
amaphutha enzeka
enkathini eyedlule.**

**Umhethosisekelo uyasizisa
ukuba sibe nesithombe futhi sakhe
ikusasa elingcono lethu sonke.**

Thina, Bantu baseNingizimu Afrika –

Siyakukhumbula ukucekelwa phansi kwamalungelo okwenzeka eminyakeni eyadlula; Sibungaza labo abahluphekela ubulungiswa nenkululeko kulo mhlaba wethu; Sihlonipha labo abasebenzele ukwakha nokuthuthukisa izwe lethu; Futhi sikholelwla ekuthini iNingizimu Afrika ingeyabo bonke abahlala kuyo, sibumbene nakuba singefani.

Ngakho-ke, ngabameleli bethu esibakhetha ngokukhululeka, samukela lo Mthethosisekelo njengomthetho-ngqangi wezwe lethu, ukuze –

Silungise ukwehlukana kwsikhathi esedlule bese sakha umphakathi owesekelwe yinkolelo yenqubo yentando yeningi, ubulungiswa emphakathini, kanye namalungelo obuntu;

Sibeke isesekelo sokwakha umphakathi oqhuba ngendlela yentando yeningi; futhi ovulekile, lapho uHulumeni akhelwe khona phezu kwentando yabantu futhi lapho zonke izakhamuzi zivikelwe ngumthetho ngendlela efanayo;

Sithuthukise izinga lokuphila lazo zonke izakhamuzi futhi sikhulule amakhono omuntu ngamunye; futhi –

Sakhe iNingizimu Afrika ebumbene futhi eqhuba ngenqubo yentando yeningi ekwazi ukuthatha indawo yayo efanele njengezwe elizimele emazweni ngamazwe.

**Yazisa ilungelo lakho
njengesakhamuzi saseNingizimu
Afrika uzmissele ukuvikela
amalungelo abanye.**

**Yazi Umqulu
wamalunge kanye
Nomqulu wezinto
ezidinga ukwenziwa.**

Sengathi uNkulunkulu angabavikela abantu bakithi. Nkosi Sikele' iAfrika. Morena boloka setjhaba sa heso. God seën Suid-Afrika. God bless South Africa. Mudzimu fhatutshedza Afurika. Hosi katekisa Afrika.

Izincwadi zokusebenzela ezikhona kulolu hla lwezincwadi:

- Ulimi Lokuqala Olwengeziwe Amabanga 1 – 3 (Ngezilimi zonke ezisemthethwani)
- Ulimi Lokuqala Olwengeziwe Amabanga 4 – 6 (NgesiNgisi)
- Ulimi Iwasekhaya Amabanga 1 – 6 (Ngezilimi zonke ezisemthethwani)
- Izibalo Amabanga 1 – 3 (Ngezilimi zonke ezisemthethwani)
- Izibalo Amabanga 4 – 9 (NgesiNgisi nesiBhunu)
- Amakhono Empilo Amabanga 1 – 3 (Ngezilimi zonke ezisemthethwani)

**Ibuyekeziwe –
Ihambisana
ne-CAPS**

Ibanga loku-



**Amakhono Empilo
ngesizULU**
Incwadi yesi-2
Ithemu 3 & 4

Igama:

Iklasi:



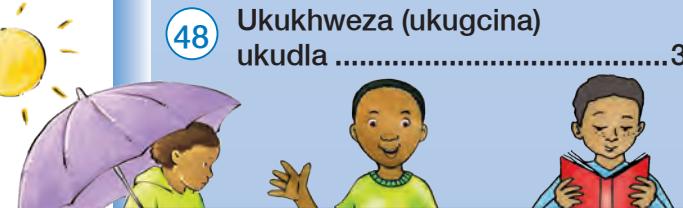
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Izinsuku ezibalulekile kowe - 2015

uJanuwari

- 1 kuMasingana Usuku Lonyaka Omusha 
31 kuMasingana Street Children's Day

- 2 kuNhlanja Usuku Lwe World Wetlands
14 kuNhlanja Usuku Lwe Valentine



uEpreli

- 3 KuMbasa uLwesihlanu Olumnyama 
4-11 KuMbasa iPhasika 
5 KuMbasa iPhasika 
6 KuMbasa Usuku Lweminden 
7 KuMbasa Usuku Lomhlaba Wonke Lwezempi 
22 KuMbasa Usuku Lomhlaba eMhlabeni Wonke 
27 KuMbasa Usuku Lwenkululeko 

uMeyi

- 1 KuNhlabu Usuku Lwabasebenzi 
10 KuNhlabu Usuku Lwawomama 
15 KuNhlabu Usuku Lomhlaba Wonke Lweminden 

uAgasti

- 9 KuNcwaba Usuku Lomama 
13 KuNcwaba Usuku Lwamanxele Emhlabeni Wonke Jikelele



uJulayi

- 17 KuNtulikazi Usuku Iwe-Eid-Ul-Fitr (kuphela iRamadan) 
18 KuNtulikazi Nelson Mandela Usuku luka Nelson Mandela eMhlabeni Wonke Jikelele 
30 KuNtulikazi Lwabangane eMhlabeni Wonke Jikelele 

uOkthoba

- 2 KuMfumfu Usuku Lokulwa Nokuhukunyeza eMhlabeni Wonke Jikelele 
5 KuMfumfu Usuku Lothisha eMhlabeni Wonke Jikelele 
11 KuMfumfu Usuku Lwabantwana Bamantombazane eMhlabeni Wonke Jikelele 
14 KuMfumfu Usuku Lwe-Al-Hijira (Uyaka Omusha wama-Islamic) 
15 KuMfumfu Usuku Lwamakhosikazi Asemakhaya eMhlabeni Wonke Jikelele 
16 KuMfumfu Usuku Lokudla eMhlabeni Wonke Jikelele 

uNovembra

- 11 KuMfumfu Usuku LweDeepavali (Diwali) 
12 KuMfumfu Usuku LweVikram (Uyaka Omusha we-2072)
20 kuLwezi Usuku Lwabantwana eMhlabeni Wonke Jikelele 

uMashi

- 5 kuNdasa Usuku LwePurim 
21 KuNdasa Usuku Lwamalungelo 
21 KuNdasa Usuku Lomhlaba Wonke Jikelele Lwamahlathi Nezihlahla 
20-21 KuNdasa Usuku LwNaw-Rúz (Uyaka Omusha We-Bahá'í) 
22 KuNdasa Usuku Lwamanzi eMhlabeni Jikelele 
28 KuNdasa 20:30-21:30 (isikhathi sakuleli) Ihora Lomhlaba 

uJuni

- 1 KuNhlangulana Usuku eMhlabeni Wonke Jikelele 
4 KuNhlabu Usuku Lomhlaba Wonke Lwabantwana Abalahlekile 
5 KuNhlangulana Usuku Lwe World Environment Day 
8 KuNhlangulana Usuku Lwe World Oceans Day 
12 KuNhlangulana Usuku Lwe World Day Against Child Labour 
16 KuNhlangulana Usuku Lwentsha 
18 KuNhlangulana Usuku LweRamadan (iyaqala) 
21 KuNhlangulana Usuku Lobaba 

uSepthemba

- 13-15 KuMandulo Usuku LweRosh Hashanah 
21 KuMandulo Lokuthula Usuku Lokuthula eMhlabeni Wonke Jikelele 
23 KuMfumfu Usuku LweYom Kippur 
24 KuMandulo Usuku Lwamasiko 

uDisemba

- 1 KuZibandlela Usuku LweSandulela Ngculazi eMhlabeni Wonke Jikelele 
3 KuZibandlela Usuku Lwabakhubazekile eMhlabeni Wonke Jikelele 
5-14 KuZibandlela Usuku Lukubujisana 
16 KuZibandlela Usuku Lukakhisimuzi 
25 KuZibandlela Usuku Lwesivumelwano 
26 KuZibandlela Usuku Lwesivumelwano 



Ibanga loku-

1

Amakhono Empilo
NGESIZULU
Incwadi yesi-2

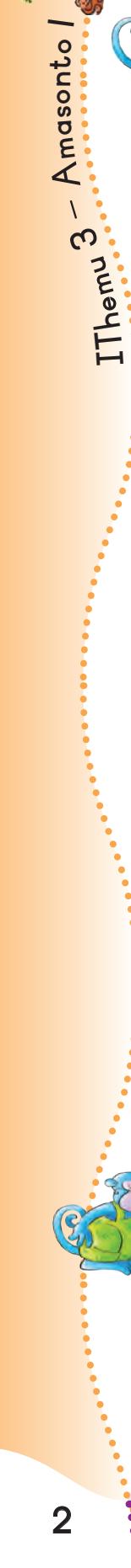


Le ncwadi ngeka:-





Izindawo zomphakathi wakithi



33

Amasondo I



Masifunde

Cabanga ngabo bonke
abantu obabonayo
futhi okhuluma nabo
zonke izinsuku – laba
antu bangumphakathi
wakho. Kungaba
abantu
abasemgwaqweni
noma abantu
abangomakhelwane
bakho. Kungaba
abantu basesontweni
lakho noma ofunda
nabo, amaphoyisa
alapho uhlala khona,
odokotela kanye
nabanye abaningi.

IThemba 3



Masikhulume

Xoxa nomngani wakho ngesithombe esikulamakhasi amabili.

Yiziphi izindawo ozaziyo kulezi zindawo ezisesithombeni?

Abantu bahlanganelu kuphi kulezi zindawo ezisesithombeni?



Masenzeni lokhu

Yiziphi izindawo oke wazivakashela kulezi zindawo ezisesithombeni? Dweba ngekhrayoni uzungeze imingcele yazo.



Masikhulume

Xoxela umngani wakho ukuthi wawunobani ngenkathi uvakashela lezi zindawo usho ukuthi ngabe wawuwedwa yini. Shono ukuthi kungani wazivakashela.

Ingabe ucabanga ukuthi izindawo ozivakashela abantu abakhubazekile bayakwazi ukufinyelela kuzo?

Teacher:
Sign:
Date:

34 Ukunakekelwa kwezinto zomphakathi

Amasonto /

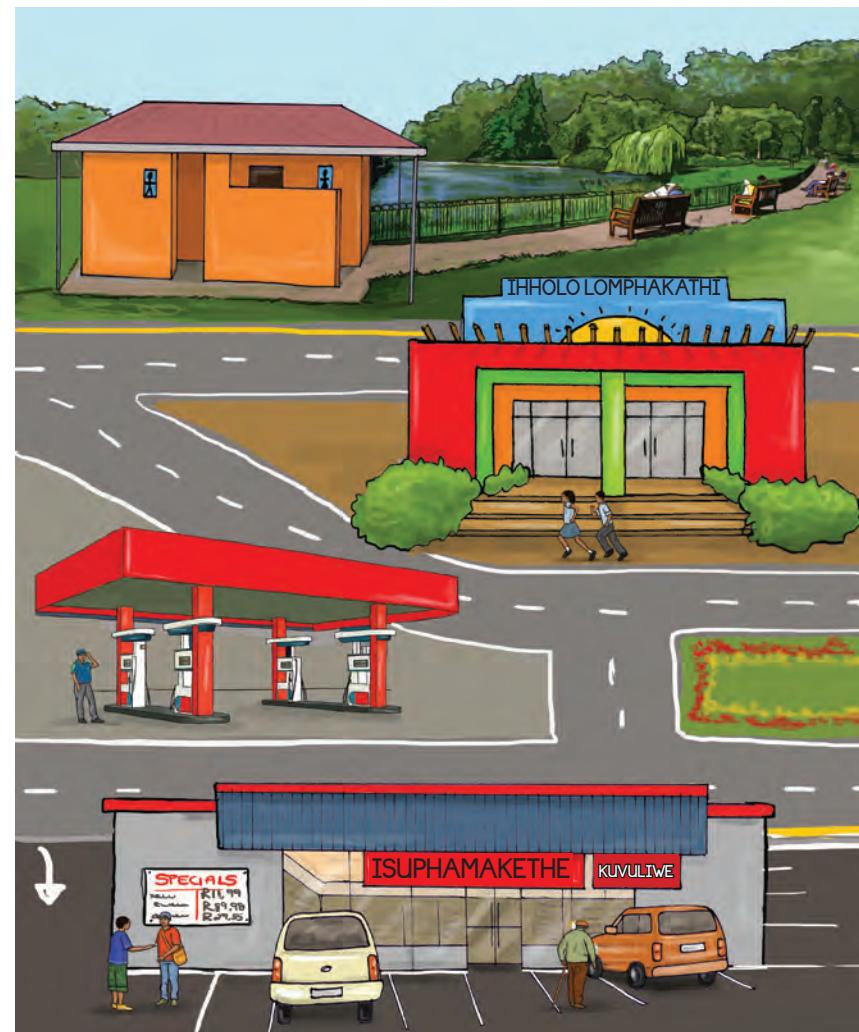
IThemba 3 -

Izindawo ezesemiphakathini
yethu zinezinsiza
ezingasetshenziswa
yibo bonke abantu.
Imitholampilo, izikole,
izinkundla zezemidlalo kanye
nezibhedlela yizindawo
esizisebenzisayo.

Kumele sizinakekele kakhulu
lezi zindawo zemiphakathi
yakithi.

Sidinga ukugcina izindawo
zethu zihlanzekile ukuze
kuthokoze wonke umuntu
ngazo.

Masikhulume



Masikhulume

Xoxa nomngani wakho ngalesi sithombe.

- Ngokwakho abantu bayathanda yini ukuhlala kule ndawo?
- UkuCATshangiswa yini lokho?
- Yini engenziwa ukuze umphakathi wakini nendawo yangakini kube ngcono?



Masenzeni lokhu

Dweba isithombe sakho
esimibalabala esiveza wena
usebenzisa izinto zokuthutha
umphakathi njengesitimela,
ibhasi noma itekisi. Veza
ukuhlukahlukana kwabantu
ngobukhulu – abanye bahlezi
phansi, abanye bagobile,
basemqgeni noma balele phansi,
abanye babheke emuva, abanye
bakhulu abanye bancane.



Masiqhubeke

- Ungazifudumeza ngokuhamba uye phambili ngamazonzwane.
- Hamba uhlehle unyathela ngezithende.
- Hamba uye phambili ngamazonzwane.
- Hamba uhlehle ngamazonzwane.



Yakha izinhlamvu

Sebenzisani imizimba yenu ukwakha izinhlamvu.
Yima uncike ngodonga noma ulale phansi.
Thola ukuthi wena nomngani wakho niyakwazi
yini ukwakha uhlamvu abangakakwazi abanye
ukulwakha.



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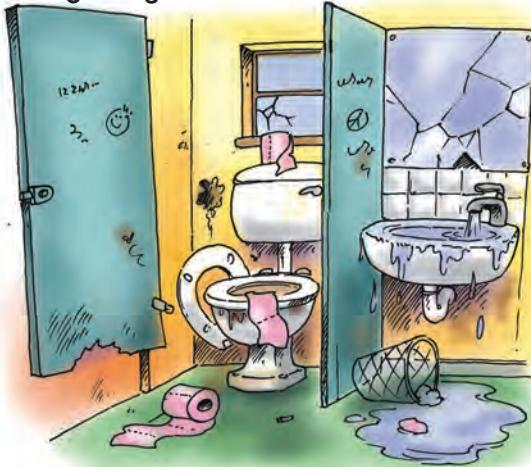
Kulungile noma cha



Masikhulume

Buka lezi zithombe.

Yizinto zokwenzani zonke lezi? Chazela umngani wakho ukuthi iyiphi indlela efanele yokusebenzisa lokhu ngakunye.





Masenzeni lokhu

Yenza umfanekiso
wesakhiwo ongasakha
ngokusebenzisa izinto
ezakhiwe kabusha.
Ungakha umtholampilo,
umtapo wezincwadi noma
isakhiwo nje somphakathi
wangakini. Hlobisa
isakhiwo sakho ngendlela
ezokhombisa ukuthi
luhlobo luni lvesakhiwo lolu
olwakhile. Ningasebenza
ngamaqembu.



Masiqhubeke

- Hlela amathayi ame enze umugqa.
- Gaqa ngamadolo uphume phansi kwawo wonke.
- Wabeke phansi enhlabathini uwalalise.
- Yima ngezinyawo zombili phezulu kwethayi.
- Yima ngomlenze owodwa-ke phezu kwethayi ungawi.
- Sebenzisa amathayi wenze eminye imidlalo ngawo.

Qaphela ungalimali.



Teacher:
Sign:
Date:

Abantu emphakathini wakithi



Masibhale



Umuntu osiza ukuthela uphetihiloli



Umshayeli wethekisi



Umthengisi wezithelo



Masikhulume

Buka lezi zithombe uzinike amagama bese uxoxa nomngani ngazo.

Ngabe ngobani abenza imisebenzi emphakathini wakini?

Ngubani osebenza okunye emphakathini ngaphandle kwalaba?

Bayasizana yini abantu emphakathini wangakini? Basizana ngokwenzani?



Masibhale

Dweba umugqa usuke ekuqaleni komusho ngamunye
ngakwesokunxele uwuqondanise namagama avela ngakwesokudla.

Usuku:



Umcishimlilo

Iphoyisa lomthetho

Udokotela

Umthengisi wezithelo

Osiza ukuthela uphethiloli

libamba izigebengu.

uthengisa izithelo.

uthela uphethiloli.

ucisha umlilo.

uyaselapha.



Masibhale

Buka lezi zithombe. Emagameni angezansi khetha igama elifanele
isithombe ngasinye. Bhala incazelo ngezansi kwegama elifanele.
Qhathanisa izimpendulo zakho nezomngani wakho.

Isicishamlilo



Igalaji likaphethiloli



Isibhedlela



Isiteshi samaphoyisa



Masiqhubeke

Shaya izandla uhambisane
nesiqqi osizwayo.

- Lalela uzwe uma isigqi sesiguquka.
- Kwenze lokhu ulandele izinhlobo ezingafani zomculo, usuke emculweni wamakhwaya uye kowomdanso.
- Shaya izandla masinyane noma ngokunensa uma kudingeka, kodwa ukhumbule ukulandela isigqi.

Okumele ukwenziwa nguthisha:
Lalela umculo nesiqqi okudlalwa
nguthisha.



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37 Izilwane ezingabangani bethu

Amasonto 3



Masifunde

Abanye bethu banezilwane ezingabangani. Lesi silwane usinakekela ngaphezu kwezinye usihlalise eduze kwakho njalo – kwesinye isikhathi size sihlale endlini noma endaweni oyakhele sona.



Masikhulume

Buka lesi sithombe. Xoxa nomngani wakho ngaso. Kokelezela zonke izilwane eziyaye zibe ngabangani babantu ngekhrayoni. Zingaki izilwane ozibonayo? Tshela uthisha wakho ngaso.

- Unaso isilwane esingumngani wakho? Uma unaso, xoxela umngani wakho ngaso.
- Uma ungenaso, tshela umngani wakho ukuthi yisiphi isilwane ongathanda ukuthi sibe ngumngani wakho.



Masibhale

Sebenzisanani nonke eklasini nibhale phansi uhla lwezilwane ezingaba ngabangani babantu ezingaveli esithombeni. Zikopisheni lapha ngenkathi uthisha ezibhala ebhodini.



Masenzeni lokhu

Dweba noma yisiphi
isilwane esingumngani.



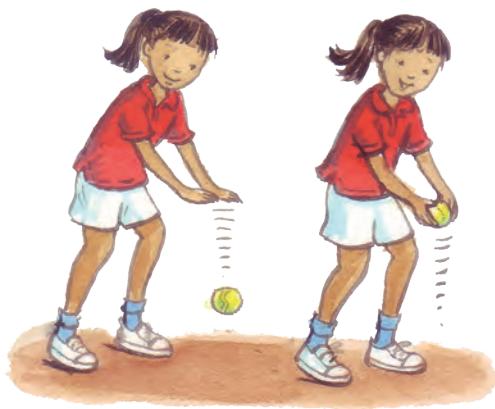
Masiqhubeke

Zjwayeze ukuphonsa uphinde unqake
ibhola.

- Jikijela phezulu ibhola lethenisi ngazo zombili izandla. Phinda ulibambe ngazo zombili izandla uma libuya.
- Lijikijele phezulu manje ngesandla esisodwa ulibambe ngesandla oljikijele ngaso.
- Jikijela ibhola lethenisi ngesinye owejwayele ukusisebenzisa liye emoyeni ulibambe ngesandla oljikijele ngaso.
- Bhampisa ibhola lethenisi enhlabathini ngazo zombili izandla uphinde ulibambe ngazo zombili futhi.
- Libhampise ngesinye isandla uphinde ulibambe ngaso.
- Libhampise ngesandla esisodwa uphinde ulibambe ngaso.
- Ymani isiyangi wena bese udlulisa ibhola lethenisi ngezandla zombili lisuke kuwe liye koseduze kwakho.
- Lidlulise lisuke kuwe liye komunye umuntu ngesandla esisodwa.
- Sebenzisa esinye isandla ukudlulisa ibhola liye kumuntu okulandelayo okolunye uhlangothi.

Uthi bewazi?

Cishe zonke izinja ziyathanda ukudlala ngebhola. Kodwa zidinga umuntu oggijimayo ngoba ziyathanda ukubaleka nalo ziliphethe ngomlomo.



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Masikhulume

Kubalulekile ukunakekela izilwane ezingabangani bethu.

Xoxa nomngani wakho mayelana nezidingo zesilwane esingumngani wakho. Ake uthathe sengathi

nguwe lesi silwane esidwetshwe ekhasini le-II. Yisho izintoocabanga ukuthi ungazidinga. Yisho ukudla ongakuthanda kanye nokuthi ungathanda ukulala kuphi. Tshela umngani wakho ngakho konke lokho. Xoxa futhi ngokuthi kumele umngani enzeni uma isilwane esingumngani wakhe sigula.



Masibhale

Thikha (✓) eduze kwazo zonke izinto ezidingwa yisilwane esingumngani wabantu.

Ukudla

Amanzi

Umuthi wokuxubha

Indawo yokulala efudumele eyomileyo

Udokotela wezilwane

Iholide



Masenzeni lokhu

Dweba zonke izindawo zokuhlala ezidingwa yizilwane ezingabangani babantu. Bese ubhala igama esilisebenzisa uma sibhekise ebantwaneni baleso silwane.

Isilwane	Indawo yokuhlala	Igama lomntwana wesilwane

**Masenzeni lokhu**

Funda umusho ngamunye bese ucabanga ukuthi ungaphatheka kanjani nokuthi ufunu ukuthini uphinde wenzeni emva kwalokho. Manje khombisa iklasi lakho. Uthisha uzokutshela ukuthi yenza kuphi.

- Uma uthola isilwane esisha esizoba ngumngani wakho.
- Uma kulahleke ikati.
- Uma injayakho ilume ithoyisi lakho olithandayo.
- Uma umngani wakho egconajayakho.
- Uma ubona injajavalelwemotweni evalwe yonke iminyango namafasitela.

**Masiqhubek'**

Lalela isigqi esinhlobonhlobo esidlalwa nguthisha wakho. Yenza sengathi uyisilwane esidansela lesosigqi somculo.



Uma umculo ushesha,
gijima njengehhashi.



Uma umculo usholo phansi,
ndiza njengovemvane.



Uma umculo uphakeme,
hamba njengendlovu.



Uma umculo uhamba
kancane, hamba
njengofudu.

**Masikhulume**

Funda okubhalwe ngaphansi kwemifanekiso emibili yokuqala. Emva kwalokho tshela umngani wakho okuthile okuphawulekayo ngamakati.



Unogwaja uwuhlobo
lwegundane. Amazinyo
egundane awayeki ukukhula.



Unyaka owodwa wobudala bomuntu
ulingana neminyaka eyisikhombisa yobudala
benja. Uma injajineminyaka emi-3, kumele
sithi jineminyaka engama-21.



Uma ikati lijabule lithi
nyawu.

**Dlala**

"Ikati negundane". Uthisha wakho uzoshoukuthi ngubani okumele abeyikati,
ngubani okumele abeyigundane. Shintshanani kubengabanye ababa yilezi
zilwane emva kwasikhashana. Abanye mabame isiyiingi babambane ngezandla.

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Ukuphatha abanye ngenhlionipho izinqumo (1)



La mazwi akhombisa ukuziphatha ngenhlionipho. Indlela esizophatha ngayo yile esiyikhombisa uma sikhuluma nabanye abantu. Yijo ekhombisa ukuthi sibahlonipha kangakanani abanye abantu.

Kumnandi ukukhuluma nomuntu onenhlionipho. Kumnandi futhi ukuba ngumngani womuntu onenhlionipho.

Yisibopho sethu ukuhlonipha nokuphatha abanye abantu kahle. Yikho sonke ngamunye ngamunye kumele siziphatho ngenhlionipho.



Masikhulumo

Buka izithombe. Manje funda amagama asemabhokisini. Xoxa nomngani wakho ngalezi zithombe. Khuluma ngemikhuba ekhonjiswa ngabantwana enenhlonipho nengenahlonipho.

Sawubona,
Mama!



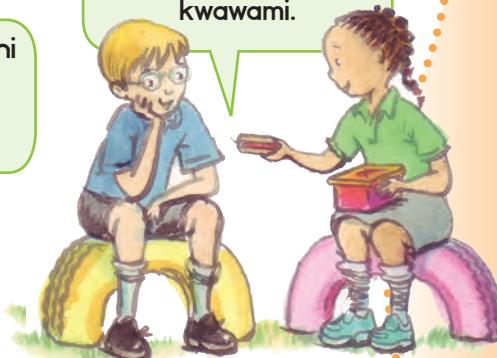
Khombisa umusa
kubo bonke.

Hlanganyela nabanye
abantu ezintweni.



Ngiyabonga ukuthi
ningilalele kahle
kangaka.

Ushiye amasemishi
akho ekhaya? Thatha
kwawami.

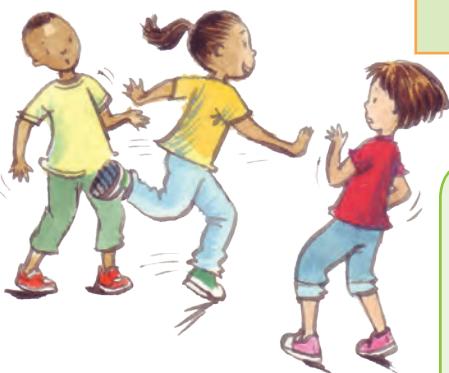


Linda kufike
isikhathi sakho.



Sawubona, Mashu,
ngithole isikhwama
sakho sisele emnyango.
Ngethemba ukuthi
akukho muntu
ontshontshe
amakhrayoni akho.

Lalela bonke abantu
uma bekhuluma nawe.



Ngiyaxolisa, Mama,
bengithi ngibuka
isitsha sakho
sezimbali ngasiwisa.
Sifile!

Yethembeka
sonke isikhathi.



Hlonipha abanye abantu.

Bingelela abantu obaziyo nalabo ongabazi.

Hlonipha izinto zabanye abantu.

Teacher:
Sign:
Date:

Ukuphatha abanye ngenhlonipho nezinqumo (2)

Masibhale

Buka lezi zithombe bese ufunda imisho esemabhokisini. Dweba umugqa usuke entweni eyisibopho ehambisana nesithombe.



Mina ngelekelela ekhaya
ukuhlanza indlu.



Ngingumngani omuhle osiza
bonkeabantu.



Ngiyawukhombisa umndeni
wami ukuthi ngiyawuthanda.

Ngidlala kahle ngamathoyisi
abangani bami.

Ngiyazinakekela mina kanye
nezinto zami.

Ngisiza ukwendlala itafula.



Masidhaleni

Dlalani umdlalo okhombisa ukuphatha abanye ngenhlonipho nokwazisa izibopho ngokuthi:

- nibingelele abantu enibaziyo neningabazi
- noma nilinde ukunikwa ithuba nani
- noma nilalele kahle uma umuntu ekhuluma nani
- noma wena wabelane nabanye abantu
- noma wena ube nomusa kwabanye abantu
- noma wethembeke ngakho konke
- noma ukhombise ukhlonipha izinto zabanye abantu
- noma uhloniphe abanye abantu.



Masenzeni lokhu

Dweba isithombe
sakho ubonakala
ukhombisa ubungani
kwabanye abantu.



Masiqhubeke

Lalelisisa uma uthisha ekutshela ukuthi gxuma, gjima noma gaqa.
Uthisha uzoshaya impempe ngaphambi kokukhipha umyalelo
ngamunye. Nyakaza masinya noma kancane njengokusho kukathisha.



Masidhaleni

Dlala u-abha-sikotshi ngomlenze ongavamile ukwenza izinto ngawo.

Yiziphi izindlela zokuzihlonipha ezibalulekile uma udlala u-abha-sikotshi?

Dlalani ngamaqembu umdlalo wokuzihlonipha nokuziibophezela kulokhu okulandelayo:

- emndenini
- noma emsebenzini wesikole
- noma emisebenzini yasekhaya
- noma ngokudla okunikwa zonke izinsuku
- noma izingubo ozigqokayo
- noma amathoyisi akho
- noma abangani bakho



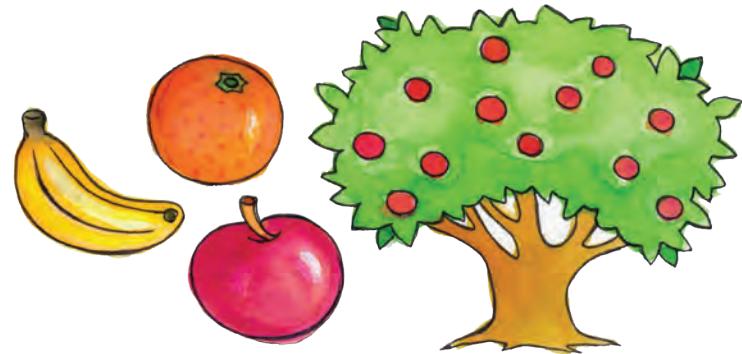
Kungani sizidingga izitshalo?



Buka izinto eziseduze kwakho. Yizini ozibonayo ezivela ezitshalweni? Xoxa nomngani wakho uthole ukuthi nicabanga ezingaki. Tshela uthisha wakho ukuthi yiziphi ezinye izitshalo enizicabangile.



Ezinye izitshalo nezihlahla zisinika umthunzi.



Ezinye izitshalo zisinika ijusti nokudla.



Ezinye izitshalo nezihlahla zinika izilwane umthunzi.



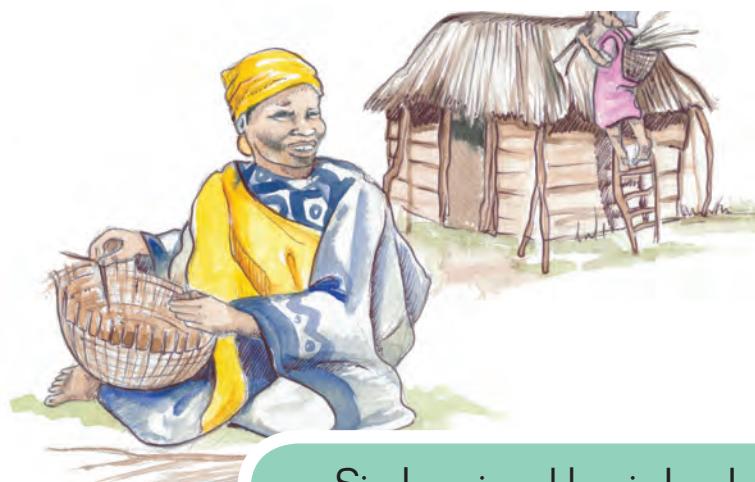
Ezinye izitshalo zisinika izimbali esihlobisa ngazo emakhaya.



Siyabudinga utshani
ezinkundleni zemidlalo.



Sisebenzisa ukotini
ukwenza izingubo.



Sisebenzisa umhlanga ukwenza
obhasikidi nokufulela uphahla.



Sisebenzisa ukhuni oluvela
emithini ukwenza ifenisha.



Wena nomngani wakho khethani izindlela
ezintathu ezibaluleke kunazo zonke esisebenzisa ngazo
izitshalo.

Kungenzeka yini sizishabalalise izitshalo uma sizisebenzisa
kakhulu? Xoxani eklasini ngalokhu.





Izitshalo zibukeka kanjani?

IThemu 3 – Amasonto 5



Izitshalo zakheke zaba nezingxene ezahlukene. Sebenzisa amagama asemabhokisini ukukusiza ukuthi ulebule izitshalo. Qhathanisa okushiwo nguwe nokushiwo ngumngani wakho.

izimpande

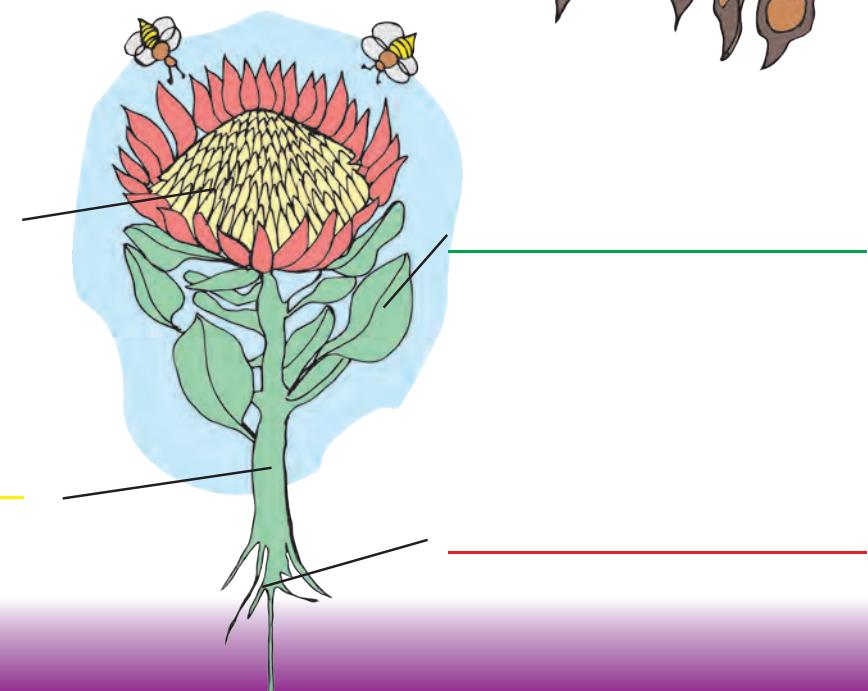
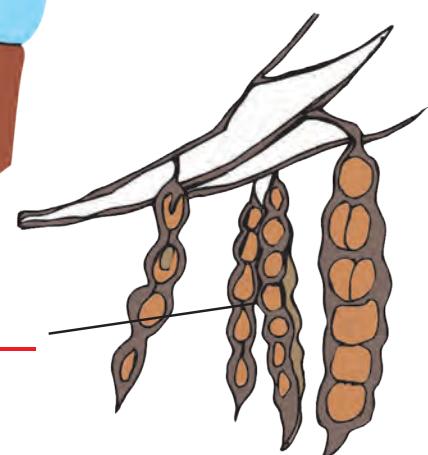
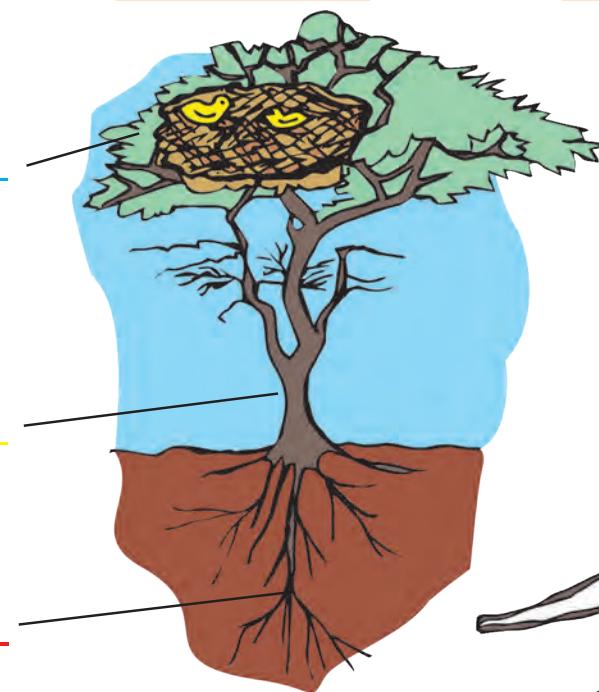
imbali

isiqu

umdumba

ikhasi

uthi





Masiqhubeke

Hlukanisa iklasi libe ngamabhungezi asengadini
kanye nabasebenzi basengadini.

- Abasebenzi basengadini mabazame ukubamba amabhungezi ahlupha engadini.
- Shintshanani emva kwemizuzu emi-2.
- Phindaphindani nidiale lo mdlalo izikhashana ezimbalwa.



Masidhaleni

Dlalani umacashelana.

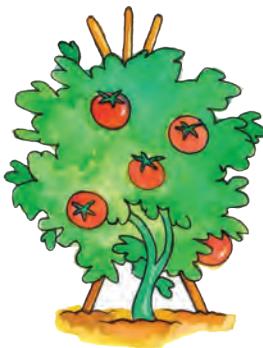


Amabhungezi acashe ngaphansi noma ngemva kwezitshalo bese kuthi
abasebenzi bazame ukuwathola ngaphambi kokuthi adle zonke izitshalo.



Masikhulume

Izitshalo ezahlukahlkene azibukeki ngokufana. Kodwa zinokufana ngezindlela
eziningi. Buka lezi zithombe. Xoxa nomngani wakho ngezitshalo. Yini efanayo,
yini engafaniyo?



Masenzeni lokhu

Dweba noma upende
isinambuzane noma isilwane
esifuna ukudla ubhontshisi.
Akudingeki ukuthi kube
yisinambuzane noma isilwane
sangempela. Cabanga noma
yisiphi isilwane. Dweba noma
usidwebe ngemigqa ecacile
naso ukuze usicacise impela.





Masifunde

Imbewu nalapho ivela khona

Ezinye izitshalo zinembewu ecashe ezimbalini noma ezithelweni. Siyakwazi ukuyitshala enye yale mbewu ukuthola izitshalo ezintsha.

Imbewu kumele iwe ezitshalweni ukuze imile ibe yizitshalo ezintsha. Enye imbewu isakazwa wumoya noma ngabantu, izinambuzane kanye nezilwane.

Enye imbewu idliwa yizinyoni bese kuthi ingxenye yayo elukhuni iphume nendle. Imbewu esakazeka ngale ndlela iwela kwezinye izindawo imile khona.



Masikhulume

Imbewu esithombeni ngasinye isabalala kanjeni? Ukuze isabalale ngale ndlela imbewu ngayinye kumele ibe njani? Xoxa nomngani wakho.



Uma ufunu ukuzitshalela izitshalo zakho ngembewu ungasebenzisa imbewu esengadini. Kokunye uyithenge esitolo bese uyitshala.





Masikhulumo

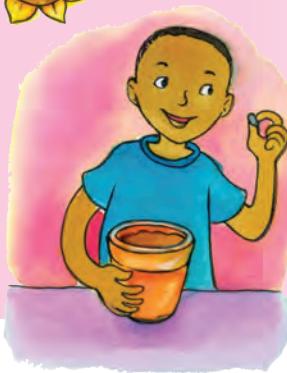
Funda le nkondlo neminyakazo.

Usuku:

Impilo yesitshalo

Lena yimbewu encane:
masiyitshaleni masinya enhlabathini!

Imila ibe nothi olunembali
ikhipha iphunga elimnandi njalo.
Izinyosi ziphuma zingena kuyo
Masinya imbali enhle seyifile.



Ungakukhaleli lokho, ungakhathazeki
Bheka, akukho lutho lwemvelo olukhalayo,
Lalela, nanku umlingo wenzeka:
imbali iyafa, bese ichitha isakaza
nasothini olufile namakhasi ansundu.
Imbewu ephilayo iyalinda enhlabathini!



Masiqhubeke

Khombisa ukuyijabulela le
minyakazo
Uma kunesihlahla endaweni
enhle, bheka ukuthi ngeke yini
siddale kuso. Bambelela entanjeni
eboshelwe kuso ujikele. Qala
ngokubambelela ngezandla
zombili, bese kuba yisandla
ovame ukusisebezisa, kugcine
ongavamile ukusisebenzisa.

Bamba okusantambo ngesandla osisebenzisa njalo. Nyakazisa
ingalo wenze amaphethini ahlukeni emoyeni noma enhlabathini
ngentambo leyo.



Okumele ukwensiwa
nguthisha:
Sebenzisa indophi
noma intambo.



Teacher:
Sign:
Date:

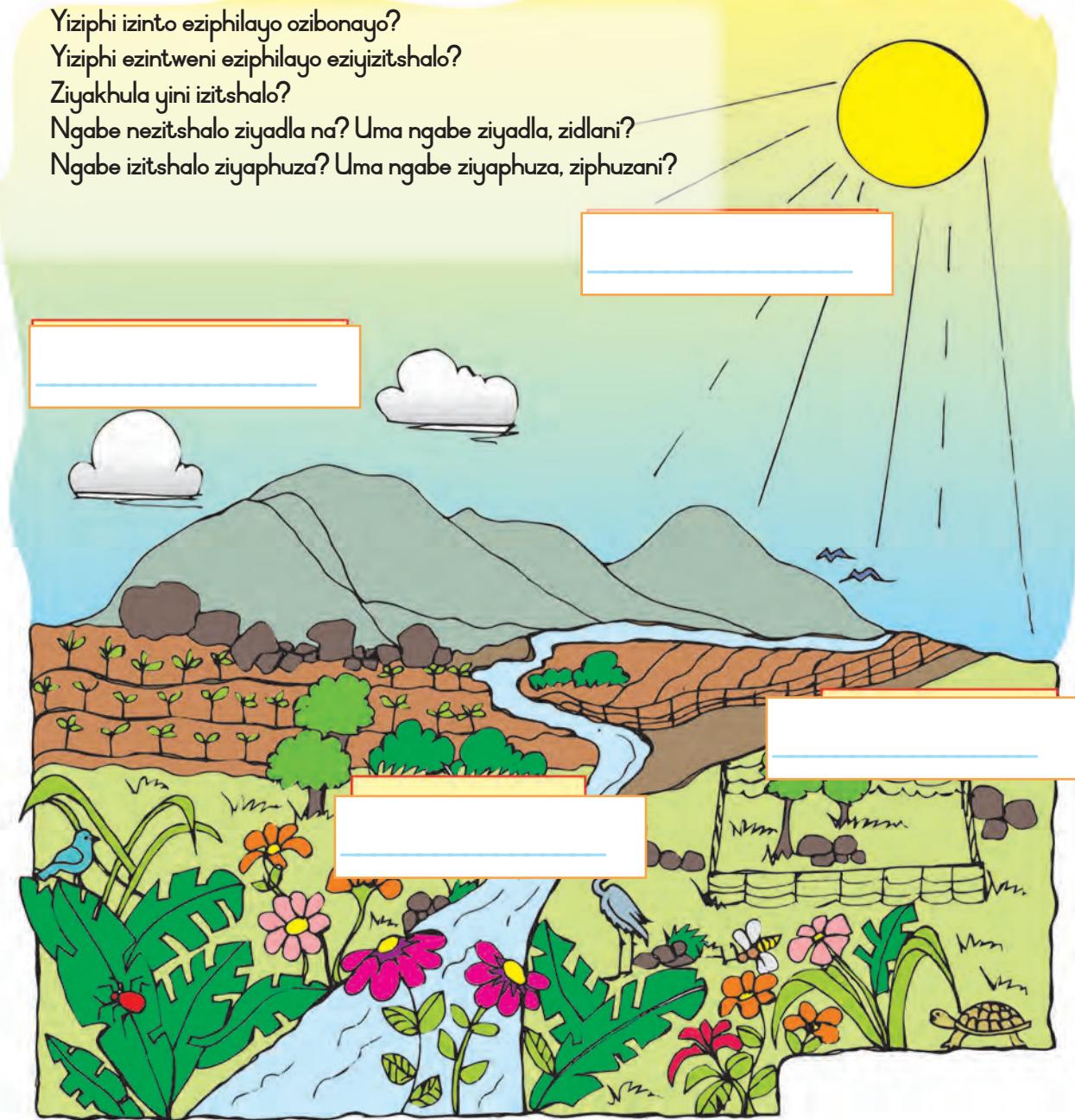
Okudingwa yizitshalo ukuze zikhule



Masikhulume

Buka lesi sithombe. Kuyaphila konke okukuso?

Yiziphi izinto eziphilayo ozibonayo?
 Yiziphi ezintweni eziphilayo eziyizitshalo?
 Ziyakhula yini izitshalo?
 Ngabe nezitshalo ziyadla na? Uma ngabe ziyadla, zidlani?
 Ngabe izitshalo ziyaphuza? Uma ngabe ziyaphuza, ziphuzani?



Masibhale

Bhala lawa magama-ke manje emabhokisini angenalutho esithombeni esingenhla ukukhombisa okudingwa yizitshalo ukuze zikhule. Khombisa uthisha okubhalile.

ukukhanya
kwelanga

amanzi

umsoco

umoya



Masenzeni lokhu

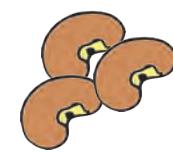
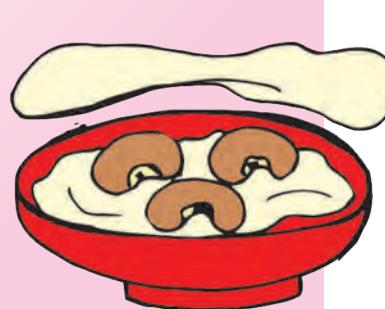
Kulula ukutshala ezakho izitshalo.
Uzotshala ubhontshisi-ke manje.

Usuku:

Funda nazi izinyathelo ongazilandela:

Isinyathelo soku-1:

Uzokwemboza izinhlamvu
ezi-3 zikabhontshisi phakathi
kovolo ababili. Zibeke
esosweni elingenalutho noma
esitsheni.



Isinyathelo sesi-2:

Uzothela amanzi
kuvolo uqiniseke
ukuthi uba manzi.



Isinyathelo sesi-3:

Beka isoso noma isitsha
onqenqemeni lwewindi
noma endaweni lapho
kunelanga elanele
khona.



Isinyathelo sesi-4:

Emva kwezinsuku
ezimbalwa bheka
ukuthi sikhula kanjani
isitshalo sakho. Sinisele
kanye ngesonto ukuze
ube nomswakama
uvolo.

Usuku 1



Usuku 2



Usuku 3



Usuku 4



Isinyathelo sesi-5:

Uma kuvela izimpande
esitshalweni sakho
sewungasisusa
uyositshala enhlabathini
ethambile.



Isinyathelo sesi-6:

Nisela isitshalo sakho njalo ukuze
inhlabathi ihlale iswakeme. Emva
kwamasonto ambalwa uzobe sewukwazi
ukuvuna ubhontshisi wakho.

Teacher:
Sign:
Date:

Ukudla esikudlayo

Masifunde

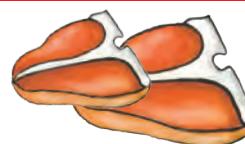
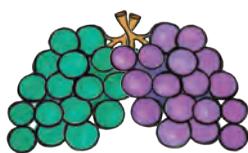
Ukudla okuhle kwenza sibe namandla okwenza zonke izinto.

Sidinga ukudla okunempilo ukuze sikwazi ukwenza kahle izinto esidinga ukuzenza. Ukudla okunempilo kusinika amandla kusisize ukuze sikhule.



Masibhale

Buka lezi zithombe. Bhala igama lokudla ngakunye ngezansi kwesithombe ngasinye.



Masibhale

Yini othanda kakhulu ukuyidla? Yikuphi ukudla ongakuthandisi kahle? Bhala phansi uhla lwalezi zinto ngaphansi kwesihloko esifanele. Khetha ezithombeni ezingenhlala.

Ukudla engikuthandayo

Ukudla engingakuthandi



Masifunde

Singakuhlukanisa amaqoqo ayisi-7 lokhu kudla.

Kumele udle ukudla okusezansi nesithombe njalo nje. Ungakudla nalokho okungenhla, kodwa ungakudli njalo.



Masikhulume

Xoxani njengeklasi.

Kungani sifanele ukudla kancane ukudla okusesithombeni esingenhla futhi sidle kancane ekudleni okungezansi kwesithombe?

Teacher:	
Sign:	
Date:	



Kuvelaphi ukudla okwahlukahlukene?

Masifunde

Abalimi batshala izinto bafuye izilwane ukuze sithole ukudla. Singakupheka ukudla. Singazixuba futhi izinhlobo ezahlukene zokudla.



Isinkwa namasiriyeli kuvela kukolweni.



Sithola amaqanda ezinkukhwini.



Sithola ubisi ezinkomeni kanye nenyama kuzo izinkomo futhi.
Senza iyogathi noshizi ngobisi.



Izithelo zimila ezihlahleni kanye nasezitshalweni.



Sisebenzisa ummbila ukwenza impuphu.

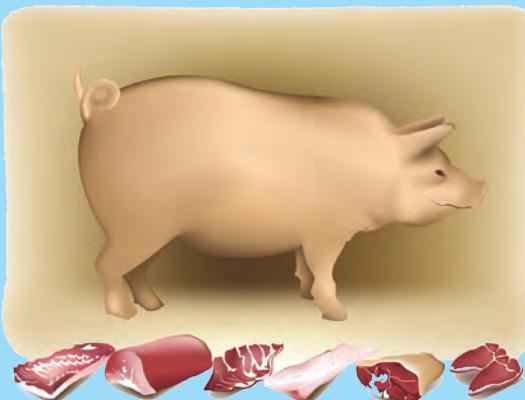
Usuku:



Uju luvela ezinyosini.



Ushukela wenziwa ngomoba.



Sithola ihemu nobhekeni ezingulubeni.

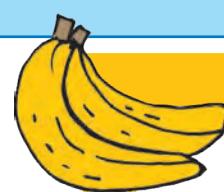


Sikwazi ukutshala izitshalo engadini.



Masenzeni lokhu

Culani leli culo
kanye nothisha.



Ama-aphula, ugwava, ubbanana,

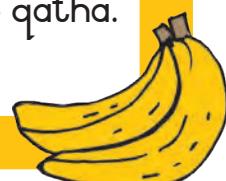
Ubhontshisi, uphizi, namazambane.

Konke lokhu kwenza imizimba yethu iqine.

Kusenza silungele ukusebenza.

Ngidla kuphela ukudla okunempilo!

Kungenza ngibe namandla, ngibe qatha.



Teacher:
Sign:
Date:



Ukudla okunempilo nokungenayo



Masifunde

Ukudla esikuthandayo akuvamile ukuthi konke kube nempilo. Ngesinye isikhathi singakuthanda ukudla kodwa kungabi nayo impilo. Kwesinye isikhathi futhi siyaye singakuthandi ukudla kutholakale ukuthi kunempilo lokho kudla.

Kodwa ukudla okuningi kakhulu kohlobo olulodwa akuvamile ukuthi kube kuhle empilweni yethu.

Akulungile ukukudla kakhulu. Idla uzwe ukuthi usuthi. Ungaqhubezi nokudla nje ngoba lokho kudla ukuthanda.



Masenzeni lokhu

Sika izithombe zokudla okunempilo kanye nokudla okungenayo impilo emaphephahukwini ukunamathisele emathinini afanele. Uma ungazitholi izithombe ozidingayo vele ukudwebe lokho kudla.



Ukudla okunempilo



Ukudla okungenayo impilo



Masibhale

Sebenzisa izinto ozifundile ngokudla ukubhala uhla lwakho lokudla.

Kwasekuseni

Kwasemini

Kwakusihlwa



Masenzeni lokhu

Manje ake senzeni isaladi yezithelo. Landela le miyalelo engezansi.



Uzodinga lokhu:

- Izithelo eziyizinhlobo ezahlukene
- Ummese nesipunu
- Indishi enkulu

Landela lezi zinyathelo:

- Washa izithelo.
- Susa isikhumba sesithelo (njengamawolintshi).
- Sika isithelo sibe yizingcezu ezincane. (Cela umuntu omdala akusize).
- Hlanganisa izithelo endishini.
- Kudle kunjalo ukuthokozele.





Masifunde

Buka lezi zithombe.



IKHALENDA 2015

SEPTEMBA

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
	15	16	17	18	19	20
			24	25	26	27



Masikhulume

Yini oyiphawulayo ngalezi zinsuku?

Uthi sisengakudla lokhu kudla?

Ucabanga ukuthi kwenzekeni kulokhu kudla?



Masifunde

Ukudla akuhlali kukuhle sonke isikhathi. Ezinye izithelo nemifino kuyaye kuqale ukubuna kubole. Inyama, inhlanzi kanye nemikhinqizo yobisi kuyonakala. Emva kwalokho asikwazi ukukudla. Kumele senzeni ukugcina ukudla kusebenziseka? Indawo ephephile enhle yokugcina ukudla yisiqandisi. Kodwa ukudla kuyonakala uma kubekwe esiqandisini isikhathi eside. Zikhona ezinye izindlela zokugcina ukudla kusebenziseka.



Masikhulume

Buka lezi zithombe.

Xoxisana nomngani wakho ngazo. Yiziphi izindlela ezahlukene zokugcina ukudla kusesimeni esihle?

Zikhona ezinye izindlela ozicabangayo? Xoxa nomngani wakho ngalokhu.

Chazela iklasi ngezibonelo onazo.

Usuku:



Masibhale

Kusesimeni esihle

Ukukugcina
emathinini

Ukukomisa

Ukukuqandisa

Teacher:
Sign:
Date:



49 Izinhlobo zamakhaya (1)

Amasonto /



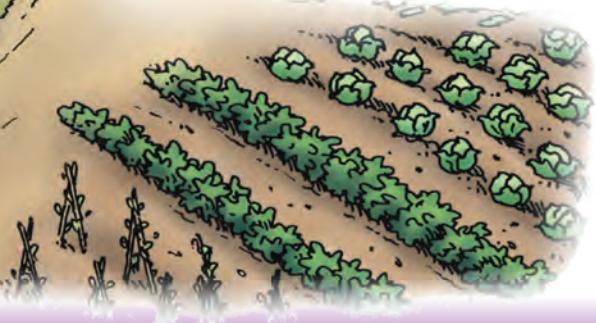
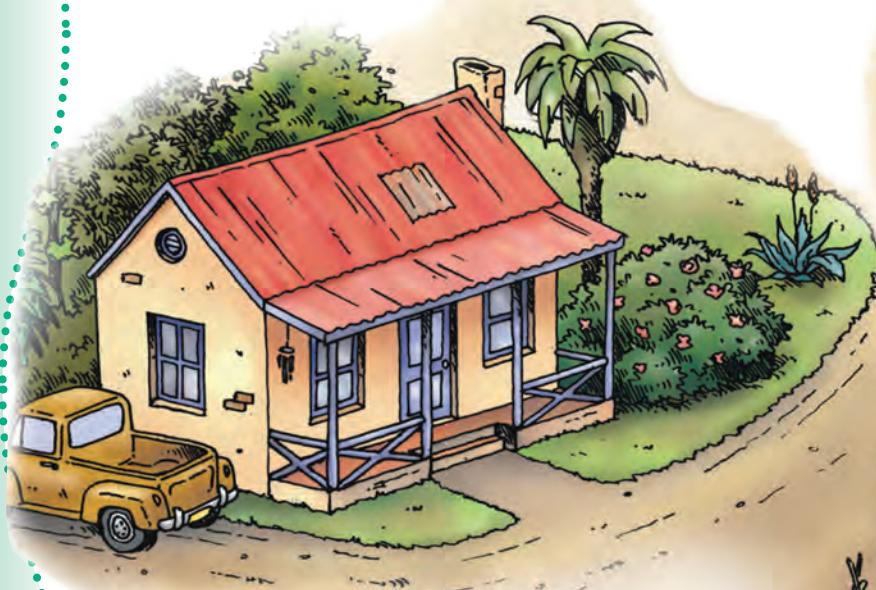
Masikhulume

IThemba

Ikhaya lakho yindawo ohlala
kuyo. Abantu baseNingizimu
Afrika bahlala ezindaweni eziningi
ezingamakhaya ahlukahlukene.

Kukuphi

Iapho ungathola khona
la makhaya?

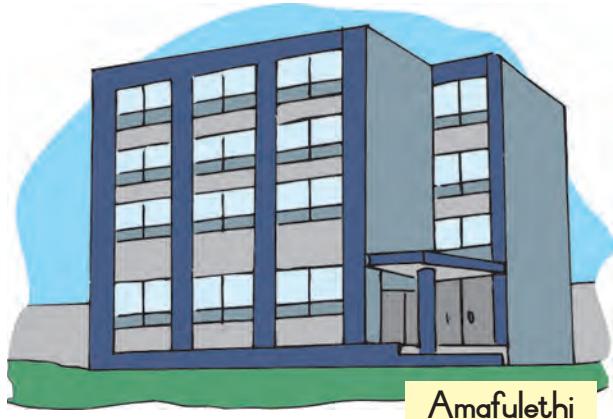


Usuku:



Masikhulumo

Buka lezi zithombe. Xoxa nomngani wakho ngezinto ezifanayo ezikhona emizini eminingi eyahlukene. Khuluma futhi ngezinto ezingafani emakhaya. Yikuphi okuningi? Kungabe ngokufanayo noma ngokungafani?



Amafulethi



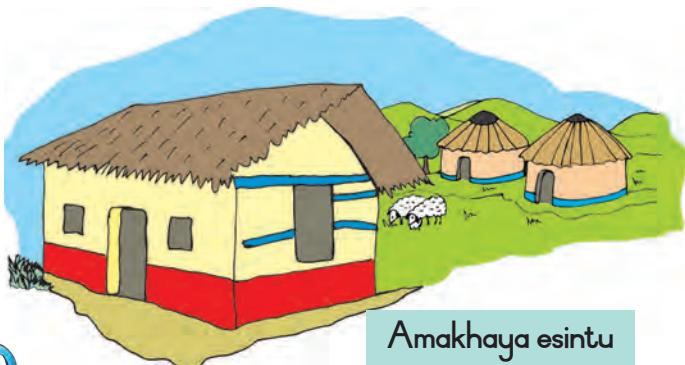
Izindlu ezinezitezi ezimbili



Amakhavarani namatende



Izindlu zasemijondolo



Amakhaya esintu



Izindlu ezinesitezi esisodwa



Masenzeni lokhu

Sebenzani ngamaqembu. Tholani ibhokisi lezicathulo, noma elinye nje ibhokisi. Lipendeni lifane nekhaya. Zibumbe wena ngobumba lokudlala, wenza okuthile ngaphandle kwaleli khaya.

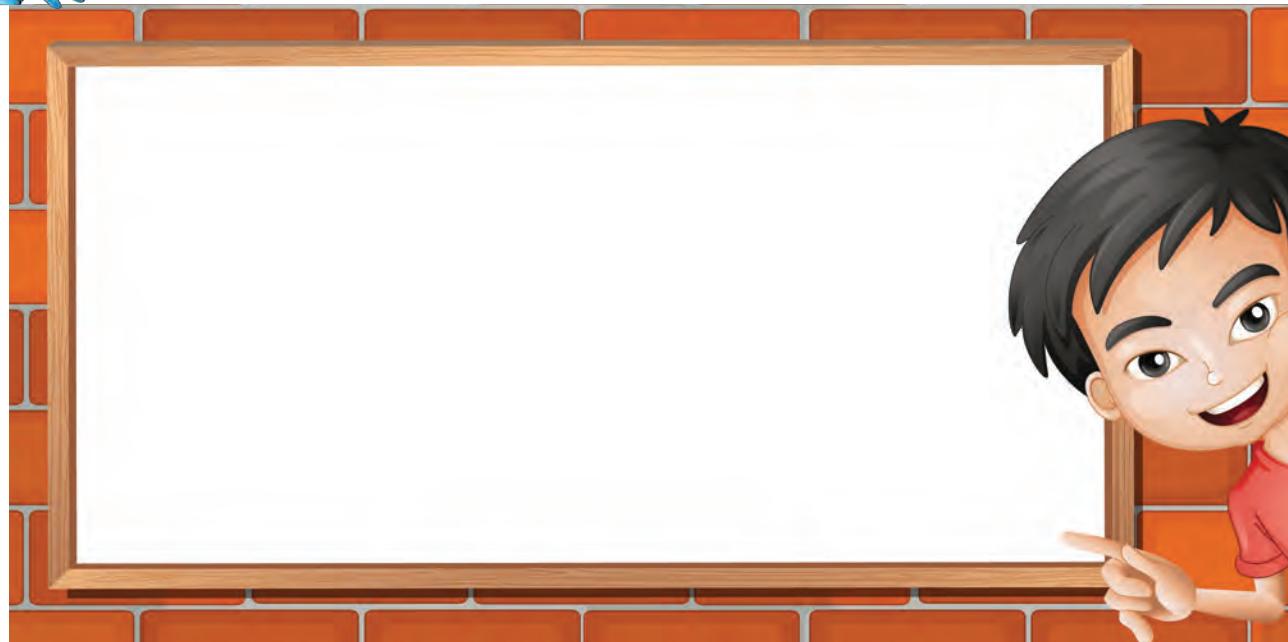
Teacher:
Sign:
Date:

50 Izinhlobo zamakhaya (2)

Ithemba - Amasonto /

Masenzeni lokhu

Ake ucabange amakhaya ahlukahlukene osuke wawabona. Dweba izithombe zamakhaya amabili angafani oke wawabona.



Masikhulume

Uma ikhaya lakhwi kahle asigodoli noma kushise kakhulu uma sihlezi kulo. Asiyizwa nemvula noma umoya omkhulu. Akubona bonke abantu abavikeleke kanjena.

Okumele ukwenziwa nguthisha:
Uthisha wenu uzonilalela uma
nethula imibono.

Xoxa nomngani wakho mayelana namasu enziwa abantu ukuzivikela uma bengahlali ezindlini.



Masiqhubeke

Usuku:

- Yelula izandla uziphakamise ukupenda uphahla lwendlu yakini.
- Guqa enhlabathini ukutshala izitshalo zasengadini.
- Yelula izingalo uvule amafasitela endlu yakho, bese uvala wonke amafasitela.
- Goba ususe ukhula engadini
- Shanelia phansi ngomshanelo omude.
- Washa amafasitela ngendwangu.



Okumele ukwenziwa nguthisha:

Lalela isigqi sesigubhu esidlalwa nguthisha wenu. Hambisana nesigqi. Uma uthisha eguqula isigqi, guqula ijubane lendlela onyakaza ngayo.
Lalelisisa!



Teacher:
Sign:
Date:

Izinto okwakhiwa ngazo amakhaya ahlukahlukene



Masikhulume

Sisebenzisa izinto ezahlukene ukwakha izindlu.
Bheka izithombe ngezansi.



izitini



amathayili



uthayela



usimende

utshani bokufulela/
umhlanga

ingilazi



izigxobo



ukhuni



amatshe



okokwakha amatende



iplastiki



ubumba/udaka



insimbi



izikhumba



isihlabathi



Xoxa nomngani wakho ngezinto ezahlukene zokwakha izindlu.

Yikuphi okuqhamuka efemini?

Zivelaphi ezinye izinto?

Tshela iklasi ukuthi izindlu ozibone uza esikoleni zakhiwe ngani.

Okumele ukwenziwa nguthisha:
Uthisha wenu uzokwenza uhlu
ebhodini.

Usuku:



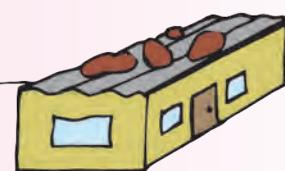
Masenzeni lokhu

Dweba umugqa usuke endlini ngayinye
uye entweni eyakhiwe ngayo.

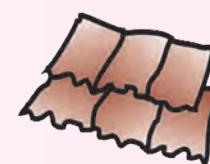
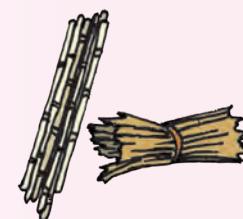
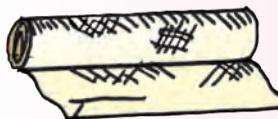
Okumele ukwenziva nguthisha:
Uthisha wenu uzothatha izincwadi
eniphendulele kuzo azihlole.



Uhlobo lwendlu



Izinto zokwakha



Teacher: _____
Sign: _____
Date: _____

Amakhaya nesimo sezulu



Masifunde

Amakhaya avikela abantu ezimeni ezahlukene zezulu. Asivikela emisebenzini eshisayo yelanga. Asivikela emakhazeni, emoyeni kanye nasemvuleni.



Uthi bewazi ukuthi abantu abahlala ezindaweni ezibandayo banendlela engajwayelekile abakha ngayo amakhaya abo? Bakha izindlu ezifudumalayo uma likhithika.

Leli yibalazwe lezwe lase Greenland, okuyizwe elibanda kakhulu.



Lena
yi-igloo



Abanye babantu ababizwa ngama-Inuit abahlala e-Arctic elineqhwani eliningi bakha izindlu ngalo. Iqhwa livimba amakhaza. Lezi zindlu zibizwa ngama-igloo.

Usuku:



Masenzeni lokhu

Egenjini lenu dlalani umdlalo wokukhombisa ukuthi
ningayakha kanjani indlu.

Khethani ukuthi luhlobo luni lwendlu enizolwakha.

amafulethi

Zinto zini enizozisebeniza?

Ubani ozokwenzani?

izindlu ezinesitezi esisodwa
noma eziningi

izindlu zesintu

Yini enizoqala ngayo?

Niyogcina ngani? Sebenzisa lawa magama alandelayo:

izitini

udonga

upende

umnyango

uphahla

ushimula

ifasitela

usimende



Masifunde

Yisho le nkondlo ibe
yingxene yomdlalo wenu:



Yakha, yakha indlu yakho entsha sha!

Letha izitini, kala lolo donga

Shayela isipikili, phendula isikulufu –

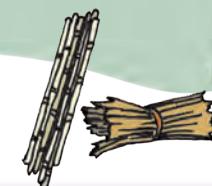
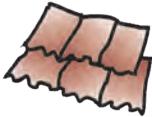
Yenza umpheme wokuvimba ilanga.

Yakha, yakha indlu yakho entsha sha!

Letha isihlabathi nezivalo namathayili

Letha amanzi, xova usimende –

Yenza umpheme wokuvimba imvula.



Teacher:
Sign:
Date:

Sizithola kanjani izindawo nezinto? (1)

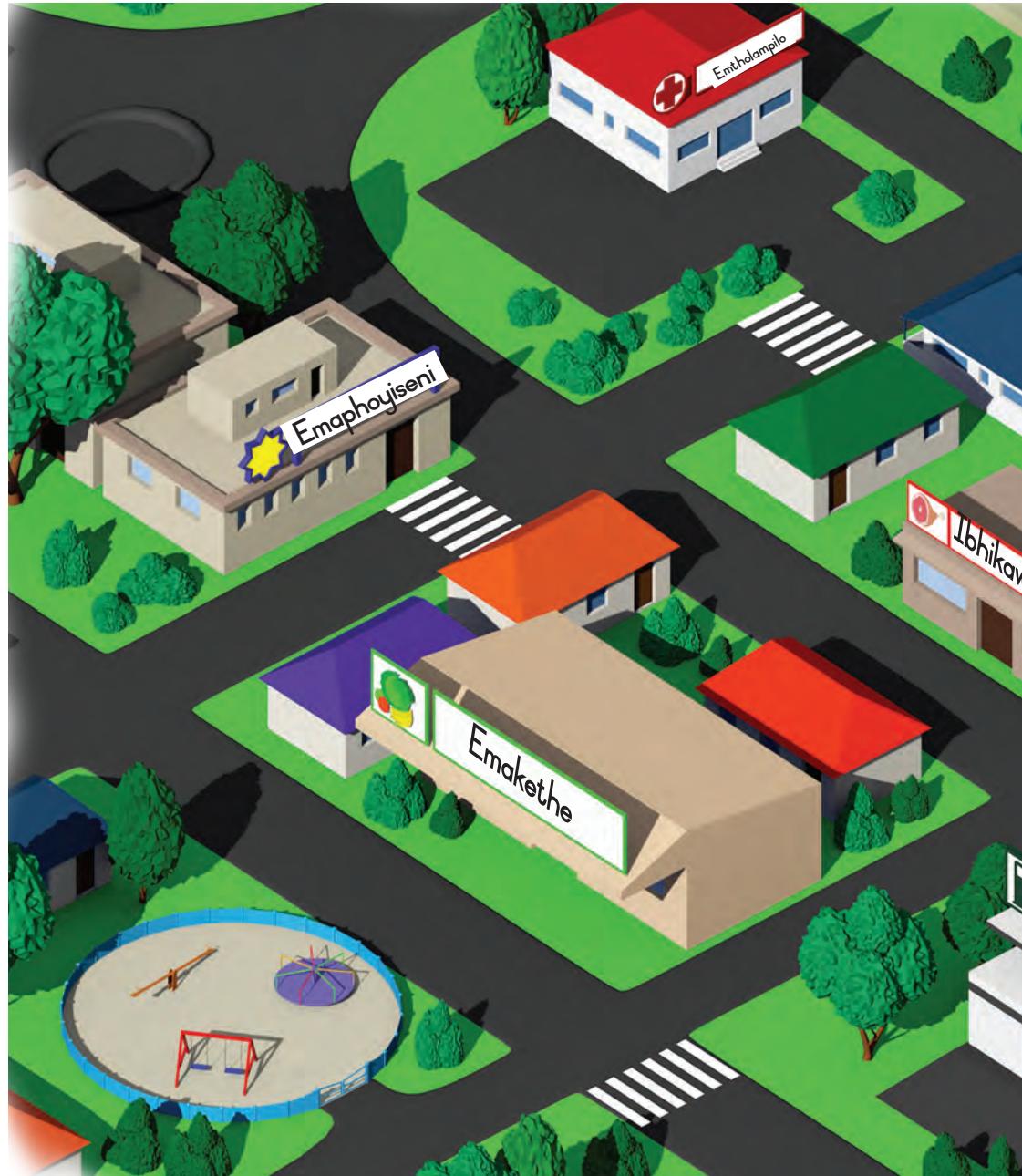


Masifunde

Kunezinhlobo ezahlukene zamabalazwe. Ukukhetha ibalazwe elifanele kumele wazi ukuthi kungani ufunu ukusebenzisa ibalazwe.

Amabalazwe akhombisa imigwaqo asisiza ukuthola izindawo nemigwaqo emadolobheni.

Abalimi bathanda amabalazwe akhombisa izinto ezinjengamadamu, imifula kanye nezintaba.





Masenzeni lokhu

Xoxa ngale mibuzo nomngani wakho. Kokelezela izindawo ezithile
ezisesithombeni emakhasini amabili alandelayo.

Uzozitholaphi izincwadi odinga ukuzifunda?

Uzolubika kuphi udaba lokwebelwa?

Ungaya kuphi uma ugula?

Ukuthengaphi ukudla?

Ulimela kuphi ibhasi?

Uuwela kuphi umgwaqo lapho kuphephe khona?

Okumele ukwenziwa nguthisha:
Uthisha uzofunda lokhu
ngakunye, wena uzofuna
izimpendulo uzithole.



Teacher:
Sign:
Date:

Sizithola kanjani izindawo nezinto? (2)



Masikhulume

Buka indlela elandelwa nguJason esuka ekhaya lakhe eya esikoleni.

Chazela umngani wakho ukuthi uJason ulandela yiphi indlela. Sebenzisa amanye alawa magama:

phezulu

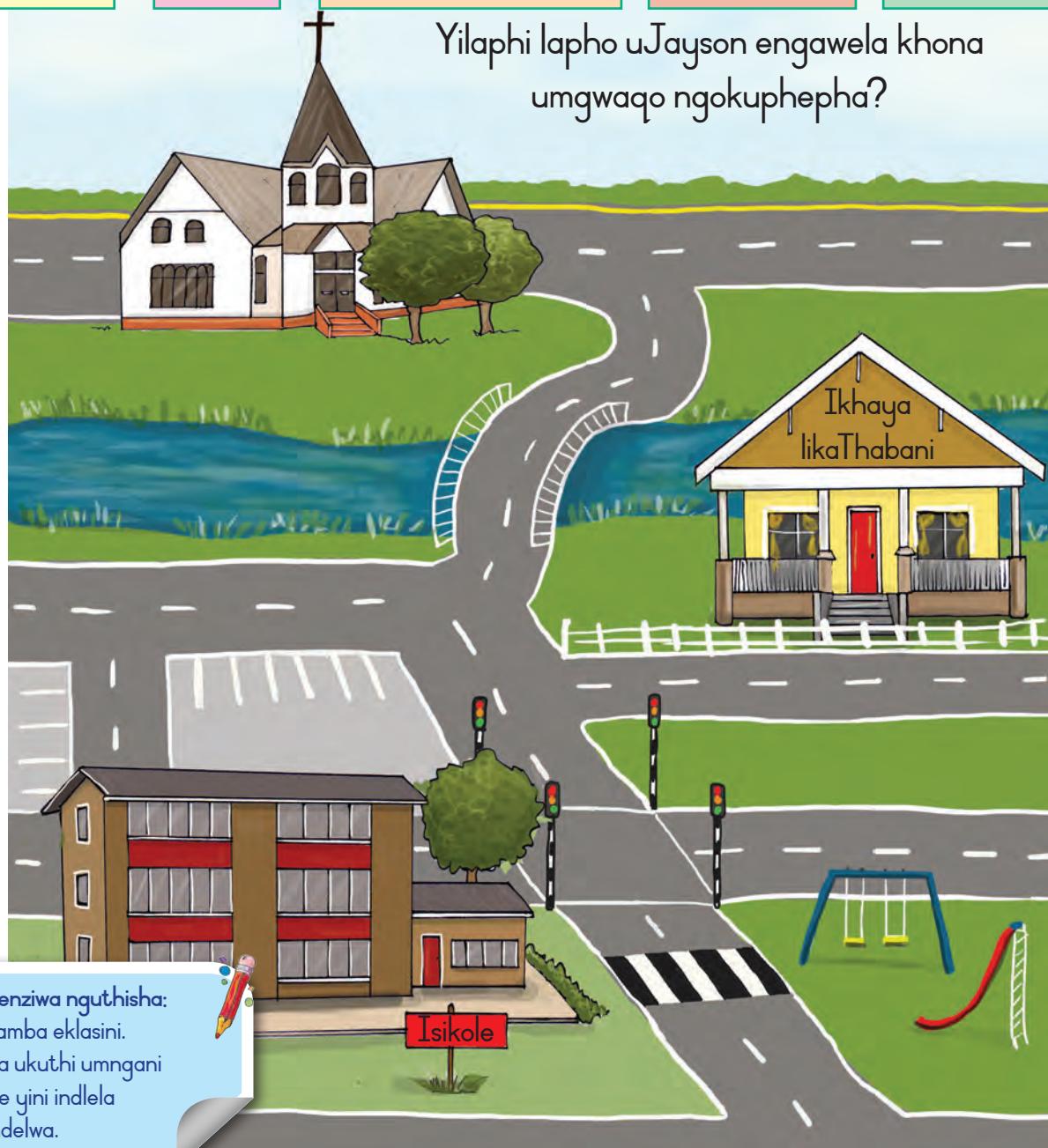
udlule

ukuhamba njalo

ngaleya

ngaphansi

Yilaphi lapho uJayson engawela khona
umgwaqo ngokuphepha?





Masiqhubeke

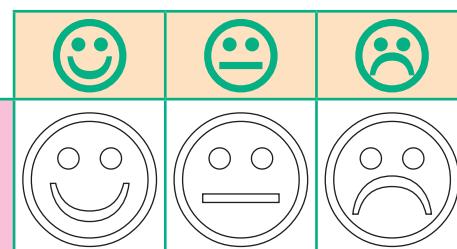
- Beka kahle intambo enhlabathini.
- Uwena ozohamba kule ntambo.
- Hamba uye phambili, uhlehle uphindle uye ngapha nangapha ulandele intambo.
- Hamba uye phambili ulandele intambo izandla uzibekel ekhanda.
- Hamba uhlehle ulandele intambo, izandla uzibekel emhlane wakho.
- Hamba uye le nale ulandele intambo, ubeke izandla ezinqlulwini.

Usuku:



Masifunde

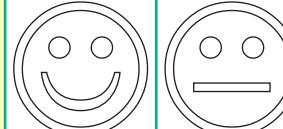
Wenze kahle kanjani? Uma kungukuthi ukwazile ukukwenza konke kahle, faka umbala ebusweni obumamathekayo. Uma kungukuthi awukwazanga ukwenza kahle, faka umbala ebusweni obuswacile. Uma ukwaze ukwenza okumbalwa kahle, faka umbala ebusweni obuphakathi nendawo.



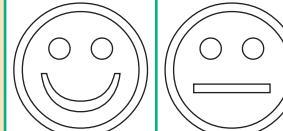
Ngikwazile ukuhamba ngiye emuva naphambili ngilandela intambo.



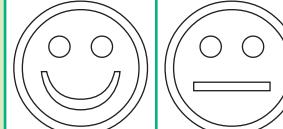
Ngikwazile ukuhamba ngiye ngapha nangapha ngilandela intambo.



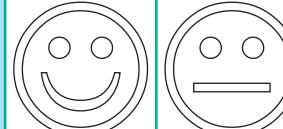
Ngikwazile ukuhamba ngiye phambili ngilandela intambo ngibeke izandla ekhanda.



Ngikwazile ukuhamba ngihlehle ngilandela intambo ngibeke izandla ngemuva.



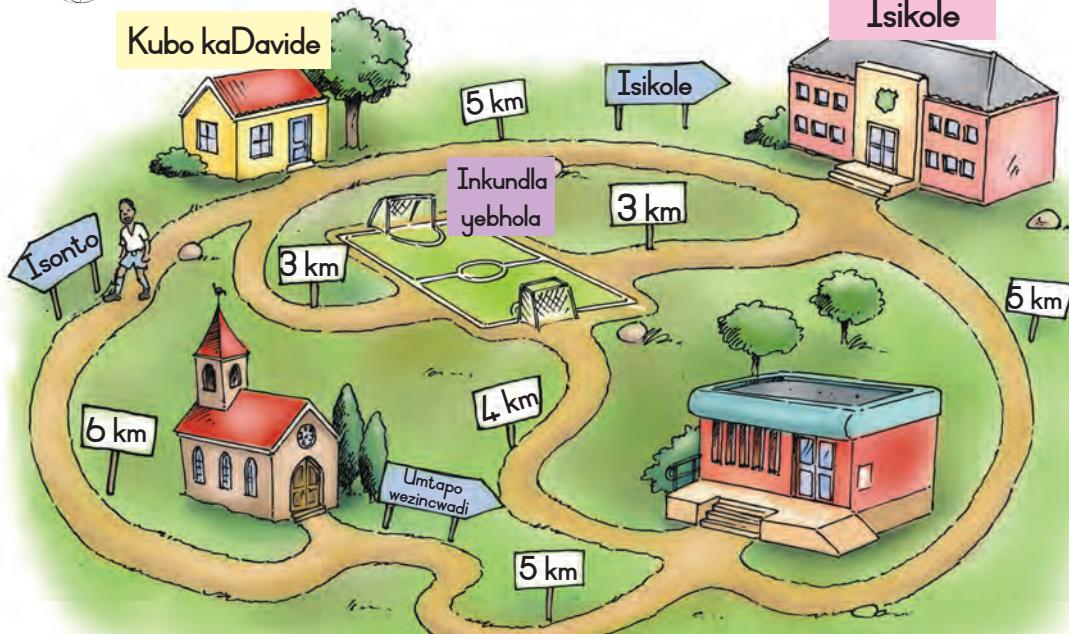
Ngikwazile ukuhamba ngiye ngapha nangapha ngilandela intambo ngibeke izandla ezinqlulwini.



Ukuthola indlela

Masibhale

Amabalazwe anezithombe asisiza ukubona ukuthi izindawo zigzagqene kangakanani. Buka leli balazwe.



Masibhale

Phendula le mibuzo. Ungamcela nomngani wakho akusize.

Yenza isiyingi lapho kukhona khona i-km.

Ugcine uneziyingi ezingaki?

UDavide uyahamba ukuya
emtatsheni wezincwadi.

Yini ayibona eduze komtapo wezincwadi?

Zimpawu zini azibona endleleni?

Uhambe ibanga elingakanani uDavide?

Yisiphi isakhiwo uDavide asibona engaphambi komtapo wezincwadi?

UDavide ulambile. Ufuna ukuya ekhaya. Thola umgwaqo omfushane kunayo yonke oya ekhaya.

Kungabe inkundla yebhola iseduze kwasekhaya lakhe?

Okumele ukwenziwa nguthisha:
Uthisha uzonitshela ukuthi
indawo eyikhilomitha elilodwa
iqhelelene kangakakanani
nesikole. Lokho sikubhala
kanje: 1 km.

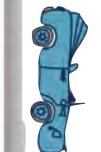


Usuku:



Masenzeni lokhu

Dweba isithombe sakho sebalazwe sendlela ephakathi kwezindawo ezimbili. Khetha noma yiziphi izindawo ezimbili. Uma sewuqedile, ungakhombisa abangani bakho ibalazwe. Khombisa umngani wakho ibalazwe bese umcela achaze ukuthi uhamba kanjani ngokwebalazwe omkhombise lona. Qiniseka ukuthi ukwenza ngokuyikho ukuchaza kwakhe. Tshela uthisha uma umngani wakho esekwenze kahle waqeda.



Teacher:
Sign:
Date:



Ukuthola izehlakalo endabeni



Masenzeni lokhu

Uthisha wakho uzofunda indaba ekhulumo ngoMicky.
Lalelisisa. Landela indlela esebalazweni elisencwadini yakho.



Okumele ukwenziwa nguthisha:
Uthisha wakho uzofunda aphinde
anicele ukuthi neze uphawu (X)
ezindaweni ezithile.



NgeMigqibelo uMicky uyaye adlale nabangani bakhe epaki (X).

Ekuseni ngelinye ilanga unina wamucela unina wathi: "Ugogo uyagula. Ngicela umhambisele ukudla."

UMicky uthatha isikhwama esikhulu sokudla. Kodwa uma eseyophuma ngesango (**X**) uhlangana nendoda ethile. Ikhuluma ngezwi elimahhadlahhadla ithi, "A, uthwele ukudla. Okukagogo, angithi?" Kwamethusa uMicky lokhu.

Wahamba washesha ebheke ezansi nomgwaqo ngasesiteshini sabacishimlilo.

Uma efika lapho wajika waya ngakwesokunxele (**X**). Kuthe uma ebheka emuva emgwaqweni, wabona yona leyo ndoda imlandela.

UMicky unquma ukuyofuna usizo kubangani bakhe epaki.

Uma efika emtatsheni wezincwadi, uya ngakwesokudla bese eqhubekela phambili (**X**). Kwesokunxele wabona ukuthi kunesikole wasidlula (**X**).

Kuthulile lapha, emigwaqweni yonke. UMicky washesha manje emgwaqweni (**X**).

Walibona ipaki ekugcineni. Wawela ibhuloho (**X**) waya wayofinyelela kubangani bakhe esangweni! (**X**)



Masiqhubeke

Sizodlala umdlalo wokunikezelana.

- Bekani izihlalo zenu zibe yisiyingga. Dlalani umdlalo othi "izihlalo zokucula" – lo mtlalo udinga nthole indlela emfushane kunazo zonke ukufinyelela esihhlalweni.



Teacher:	
Sign:	
Date:	



Masibhale

Indlela esisebenzisa ngayo amanzi emakhaya nasesikoleni

Sisebenzisa amanzi zonke izinsuku. Bona izindlela ezahlukene esisebenzisa ngazo amanzi. Bhala ngezansi kwesithombe usho ukuthi amanzi assetshenziselwani. Sebenzisa lezi zihloko.

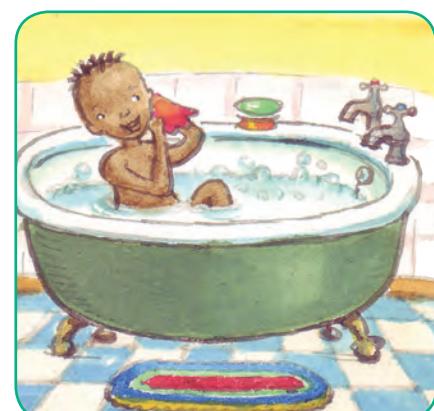
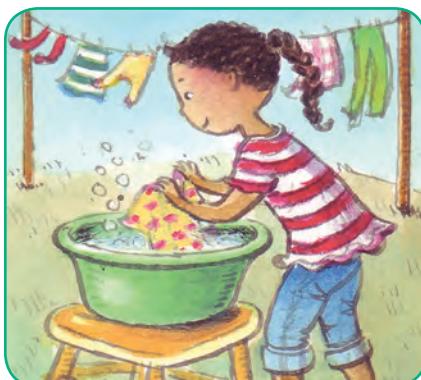
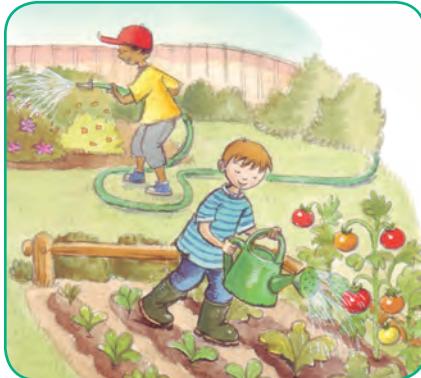
Ukucisha umlilo

Ukuzigiza thina

Ukusiza izitshalo zikwazi
ukukhula

Ukuwashsha izingubo nezitsha

Ukupheka ukudla





Masikhulume

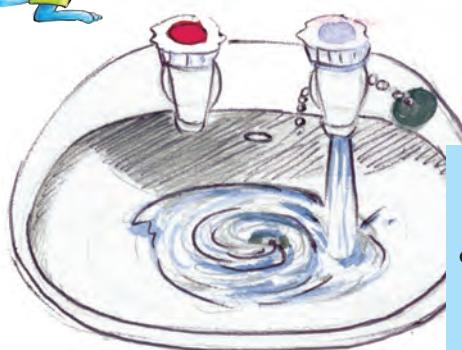
Khuluma ngezindlela eziningi esisebenzisa ngazo amanzi.

Ake uchaze ezinye izinto esizisebenzisela amanzi. Amanzi ayisidingo. Xoxa ngokuthi siwamosha kanjani. Yini engenzeka uma engaphela nje nya?
Yethula imibono yakho eklasini.



Masiqhubeke

Lingisela lokhu okulandelayo:



Umpompi ovuliwe,
amanzi ageleza angene
endishini enkulu.



Amfu ayahlangana,
lina kakhulu emva
kwalokho, bese kuthi
ekugcineni anyamalale.



Umfula uyagobhoza
emadwaleni wedlulela
endaweni enesihlabathi.



Masiddaleni

- Dlalani umdlalo othi "Amabhakede namaconsi amanzi".

Teacher: Sign:
Date:

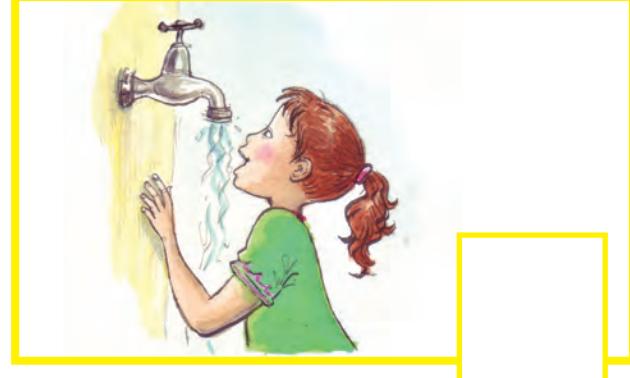
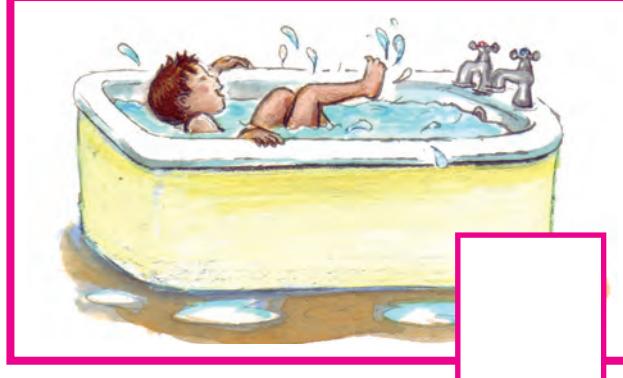
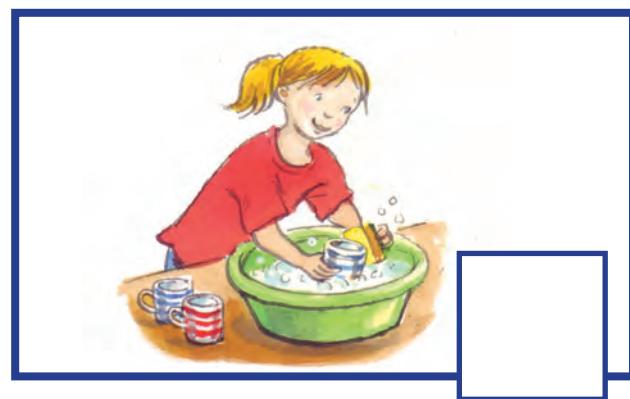
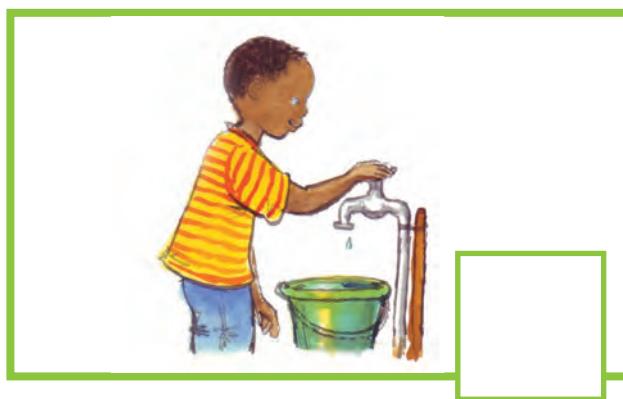
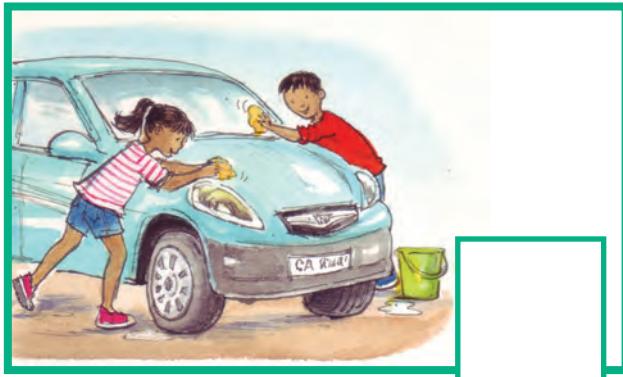
58 Indlela amanzi amosheka ngayo

Amasonto 5



Masibhale

Buka lezi zithombe. Beka uphawu lokuthikha (✓) eduze kwesithombe esiveza ukugcineka kwamanzi, ubeke isiphambano (✗) eduze kwesithombe esiveza ukumosheka kwamanzi.



**Masikhulume**

Buka izithombe ezinesiphambano. Xoxisana neklasi mayelana nokuthi abantu kulezi zithombe benzani. Xoxa ngokuthi bangawasebenzisa kanjani ngokuwonga amanzi.

**Masibhale**

Buka izithombe. Funda umusho ongezansi. Faka uphawu lokuthikha (✓) esenzweni ngasinye sokonga amanzi, ufake isiphambano (✗) esenzweni ngasinye esingukumosha amanzi.



	✓ noma ✗
Ngidedela amanzi aphume empompini ngenkathi ngixubha amazinyo.	
Angiwachithi amanzi ebengigeza ngawo, kunalokho ngichelela ngawo engadini.	
Ngigeza ngamanzi agcwele ubhavu njalo ebusuku.	
Ngiyawuvalisia umpompi uma ngiwubona uconsa amanzi.	
Sigeza izitsha ngamanzi aphuma angayeki empompini.	

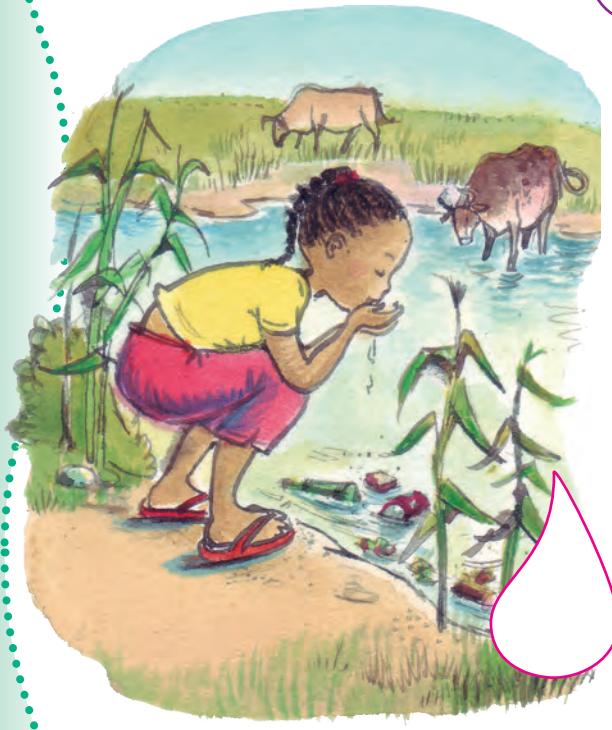
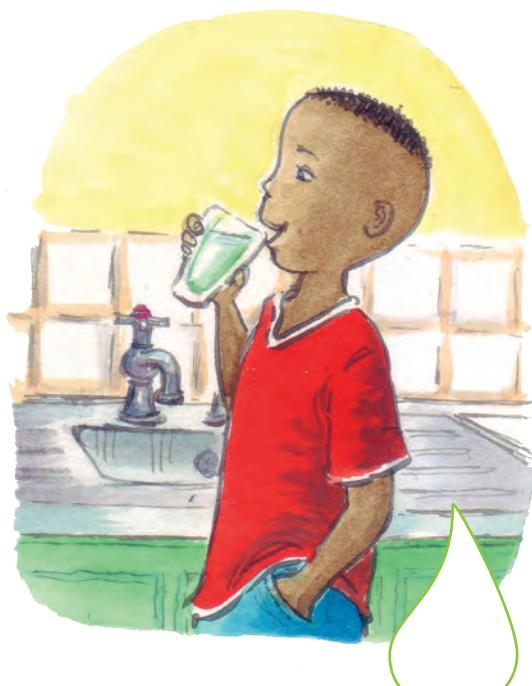
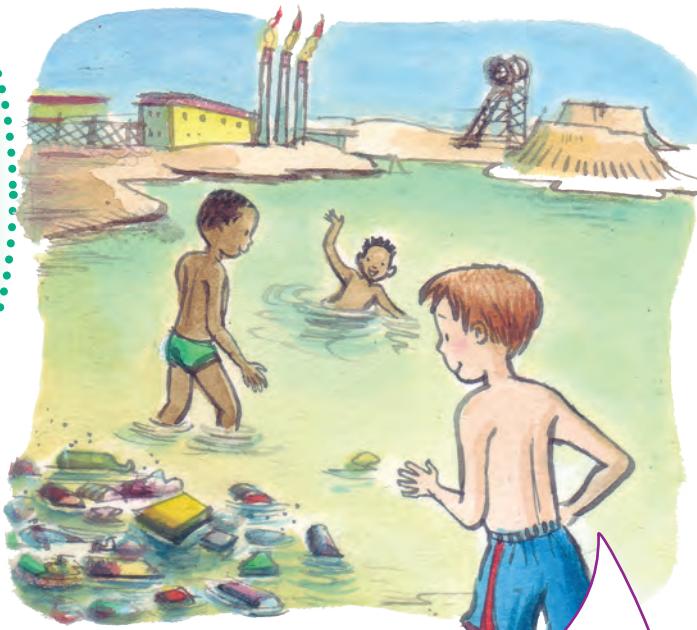


Teacher:
Sign:
Date:

Amanzi okuphuza aphephile nangaphephile



Buka lezi zithombe. Beka uphawu lokuthikha (✓) eduze kwasithombe esiveza ukwenza izinto eziphephile. Beka isiphambano (✗) eduze kwasithombe esikhombisa ukwenza izinto ezingaphephile.





Masibhale

Usuku:

Bhala igama "**kuphephile**" noma "**akuphephile**".
ukuqedela umusho ngamunye. Sikwenzele okokuqala.

Ukuphuza amanzi **angcolile akuphephile**.

Ukubhukuda emanzini **angcolile** _____.

Ukuphuza amanzi **abilisiwe** _____.

Ukuphuza amanzi **aphuma emfuleni ongcolile** _____.

Ukuphuza amanzi **ahlanzekile aphuma empompini** _____.



Dlala lo mdllalo nabanye ababili.

- Shayani izandla nilandelesigqi sokuconsa kwamanzi:
 - aconsa kancane empompini
 - aconsa masinya empompini
 - aphuma ngekubaza wonke.
- Dlalani noma yimuphi omunye umdlalo lapho nizoshaya khona izandla.



- Gxuma njengesele liphuma emanzini **angcolile**.
 - Gxuma njengesele lingene emanzini **ahlanzekile**.
 - Gijima njengehashi elomile liya emanzini agelezayo liyophuza.
 - Gijima kakhulu ubalekele imvula ena ngamandla.
 - Gxuma ematsheni uwele umfula. Siza nalabo abangawazi ukuhamba ukuthi bawele nabo.
 - Phenduphenduka endaweni eyodwa ulingise amanzi ephuma ebhavini (ube wedwa noma ube nomngani).
 - Uthisha uzoso uma esefuna niguqukele kwenye into.
- Lulaleleni uphawu alwenzayo.

Teacher:
Sign:
Date:



60 Ukugcina amanzi ehlanzekile

Amasonto 6



Masifunde

Kumele siphuze amanzi ahlanzekile.

Kumele siwagcine ngendlela ezokwenza
ahlale ehlanzekile.

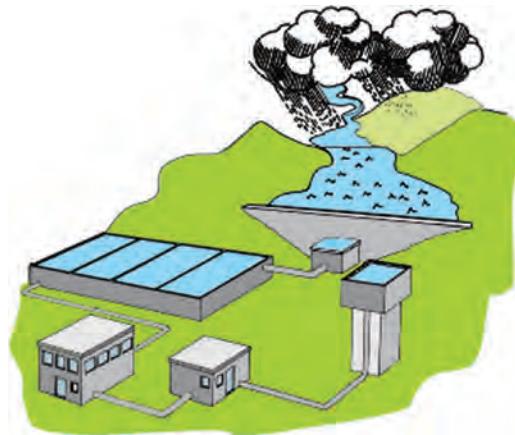


Masikhulume

Buka lezi zithombe. Xoxa nomngani wakho ngokuthi avela kuphi amanzi ahlanzekile. Xoxela iklasi ukuthi ubona ukuthi avela kuphi. Ngokuwahlanza siwenza aphephe ukuba angaphuzwa, siwenza ahlanzeke ukuze sikwazi ukuwaphuza.



Sivumelekile ukuphuza amanzi emvula asuka phezu kwendlu angene ethangeni.



Umasipala uyawahlanza amanzi awagcine enzele ukuthi sikwazi ukuwaphuza.



Thina simele ukuabilisa amanzi uma sifuna ukuwahlanza.



Singakwazi futhi ukuwasefa ukuze ahlanzeke.



Masenzeni lokhu

Cela uthisha anichazele ukuthi senziwa kanjani isisefo samanzi.

Nazi izinto ozozidinga:

Ibhodlela leplastiki elingamalitha ama-2

Isihlabathi esihlanzekile esicolisekile

Isihlabathi esihlanzekile esimahhadlahhadla

Amatshana amancane ahlanzekile

Ummese obukhali

Uvolo ohlanzekile



Masiqhubeke

- Sebenzisa isaka likabhontshisi nensimbi eyindilinga. Beka insimbi eyindilinga enhlabathini ngenkathi abafundi bemi umugqa osemamitheni ama-5 kude nensimbi leyo. Ungasebenzisa ibholo lensimbi lomnqakiswano kulokhu.
- Umfundsi ngamunye makathole ithuba lokuphonsa isaka likabhontshisi lingene ensimbini eyindilinga.



Ukushintsha kwemini iba wubusuku



Masifunde

Imini nobusuku kwehlukene.

Kubukeka kwehlukene, akunayo imisindo efanayo, kwenziwa izinto ezingafani kukho kokubili.

Emini kubonakala ukukhanya kwelanga. Ilanga lisinika ukukhanya nokushisa.

Bayasebenza abantu abanangi emini, thina bese siya esikoleni.



Buka izithombe bese uxoxa nomngani wakho ngazo. Kungabe yizithombe zemini noma ngezobusuku? Zihlukene ngani? Bhala "Imini" noma "Ubusuku" ngaphezu kwasithombe ngasinye.





Masifunde

Ntambama ilanga liyashona.
 Kuba mnyama bese kuphuma
 inyanga nezinkanyezi.
 Sisebenzisa izibani ukuze sibone
 ukuthi senzani.



Usuku:



Masiqhubeke

- Sebenzisa amapali ebhola (noma amakhoni abekwa emgwaqweni uma wakhiwa) nebhola.
- Bekä amapali noma amakhoni kube ngamamitha ambalwa kude nabafundi.
- Sebenzisa ibhola elikhulu elilingana nelezinyawo.
- Khahlelela ibhola emapalini lawa owabekile.
- Qala ukhahlele ngonyawo lwersokudla bese ukhahlela ngolwesobunxele.
- Ufake amagoli amangaki?



Teacher:	Sign:
Date:	



Masifunde

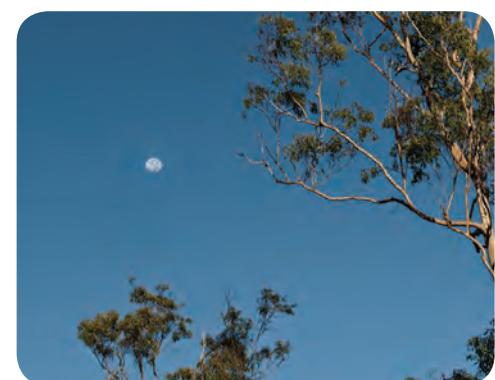
Emini sivame ukubona isibhakabhaka esiluhlaza kanye namafu. Okusemqoka, sibona ilanga.



Ebusuku kunenyanga nezinkanyezi eziningi. Kukhona namanye amaplanethi anjengezinkanyezi.



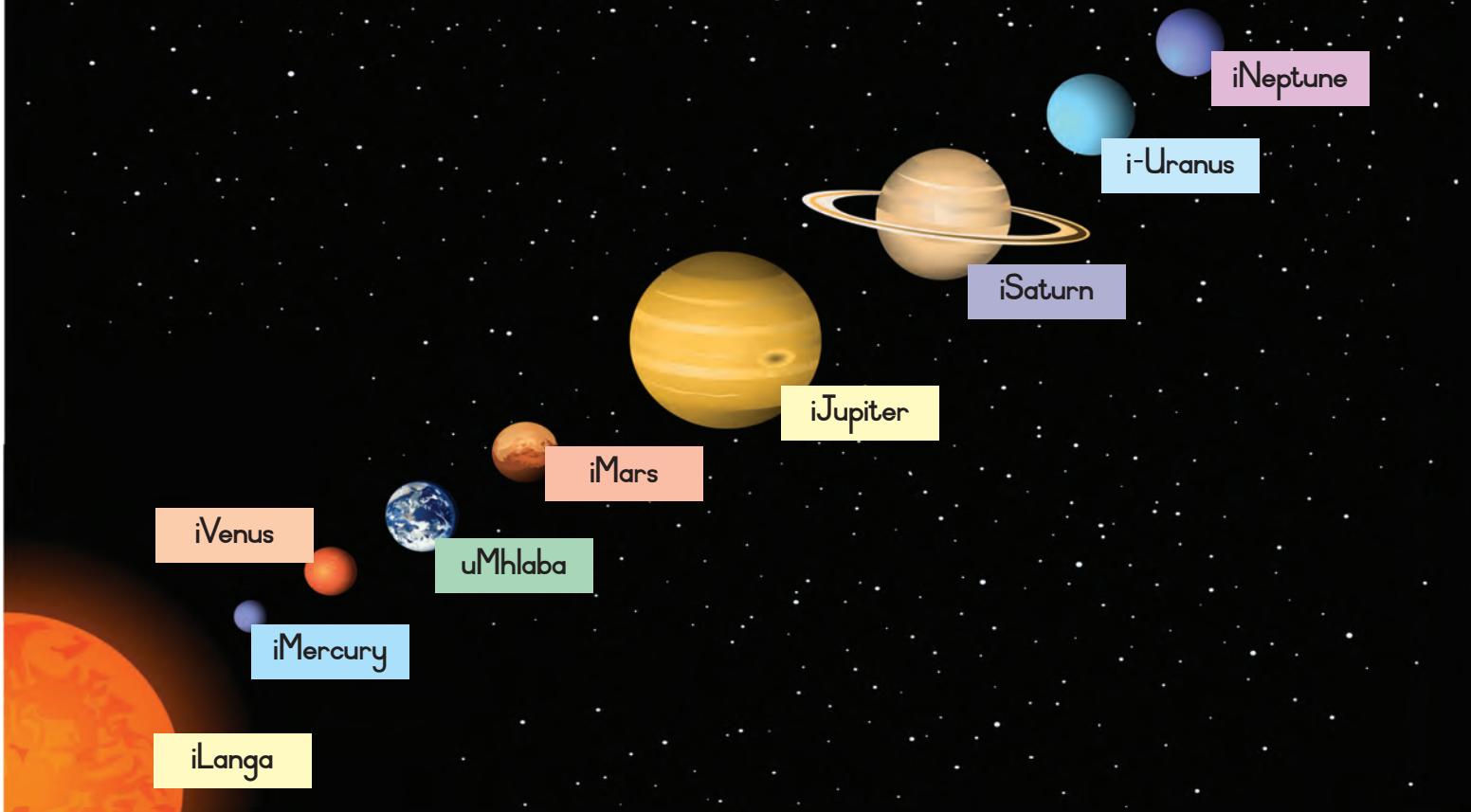
Ngesinye isikhathi inyanga iba sesibhakabhakeni noma kusemini. Asiyiboni kahle ngoba ilanga lisuke lisixhophe. Zama ukuthola ukuthi inyanga ikuphi kusemini.



Masenzeni lokhu

Inyanga ayifani ngalobo nalobo busuku. Phuma uyibuke ebusuku obuhlanu lapho izoveza khona izimo ezingafani. Ebhokisini elingezaansi dweba izinhlobo zenyanga ozibonile.

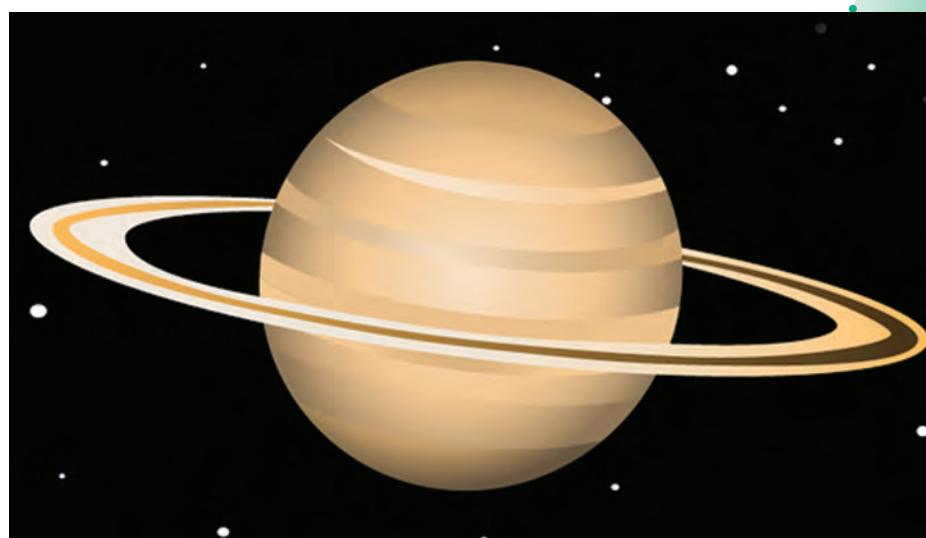
Ubusuku bokuqala	Ubusuku besithathu	Ubusuku besihlanu



Leli yilanga kanye namaplanethi esemkhathini – ngomakhelwane bethu laba abasemkhathini.
(Ilanga namaplanethi akudwetshiwe ngokulandela ubukhulu bakho bangempela.)



Lesi yisithombe seSaturn.
Ihlukile yona kuwo wonke
amaplanethi ngoba inamarangi
ayizungezile. Uyawabona
amabala amhlophe
esithombeni? Ucabanga
ukuthi ayini? Buka isithombe
esikhulu esingenhla. Kungabe
iSaturn yinkulu noma yincane kunomhlaba?
Iyiphi iplaneti enkulu kuneSaturn?



Ilanga nenyanga



Masikhulume

Buka lezi zithombe.



Xoxa nomngani wakho. Izithombe zisikhombisan? Yisho noma yini oyicabangayo.



Masifunde

Okumele ukwenziwa nguthisha:
Uthisha wakho uzoyilalela yonke imibono bese esho ukuthi yini eningakhulumanga ngayo.



Ilanga liyinkanyezi. Liyibhola elikhulu lomlilo elithumela ukushisa kuzo zonke izinhlangothi zalo. Ilanga likhulu kakhlulu kunomhlaba.

Inyanga iyibhola elikhulu eliyidwala elinothuli elingenakushisa. Inyanga ayikhanyi ngokwayo, ikhanyiswa yimisebe yelanga bese yenza njengesibuko ngokuthumela ukukhanya kithina emhlabeni. Yona yincane kunomhlaba.



Masikhulume

Xoxa nomngani wakho mayelana nokuguquguquka kwenyanga ebusuku obuhlanu. Bese nibuka lezi zithombe.

Inyanga iyafana nalokhu enikubona ezithombeni?



Inyanga igcwele



Inyanga iyisigamu



Inyanga entsha



Izinkanyezi

Masifunde

Ilanga iyona nkanyezi eseduzane kakhulu kwethu. Ezinye izinkanyezi zikude kakhulu impela nje.



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Masikhulume

Benye benye benye benye
Inkanyezana encane.
Nasi isimanga
Esabonwa yinkanyezi,
Nasi isimanga esabonwa yinkanyezi,
Inkanyezana encane!



IThemu 4 - Amasono 8



Masifunde

Leli culo labhalwa eminyakeni eminingi eyadlula. Abantu ngaleso sikhathi babengakazi kangako ngezinkanyezi. Namuhla sinolwazi oluningi. Ososayensi sebeye kaningi emkhathini ngemikhumbimkhathi bafunda okuningi ngezinkanyezi. Uma beya emkhathini bagqoka amasudi akhiwe ngokwehlukile. Uma ososayensi beya emkhathini bagqoka izingubo ezihlukile.

Ngenxa yabantu abanesibindi futhi abahlakaniphile abakwazi ukuthumela ososayensi emkhathini, sesifunde izinto eziningi ngezinkanyezi.



Masikhulume

Kungabe kuhle yini ukufunda izinto eziningi kangaka ngezinkanyezi? Xoxa nomngani wakho ngalokhu.





**Wena ubalulekile.
Umzimba wakho
wonke ubalulekile.**



Umzimba wakho ungowakho!



**Kufanele kubekhona umuntu omtshelayo
uma kukhona umuntu othinta izitho zakho
zangasesese.**

**Kufanele kubekhona umuntu
omtshelayo uma kukhona umuntu
okwenzisa izinto ongazifuni.**

**Lapho ungashayela khona
ucingo uma udinga usizo:**

Child Line: 0800 05 55 55

SAPS Crime Stop: 086 00 10111

SAPS Emergency Number: 10111

Life Line: 0861 322 322

Child Protection Unit: 012 393 2359/2362/2363



Make a placemat
Cut out the pictures you like and paste them on to the opposite page to make yourself a two-sided placemat. Cover or laminate the placemat with plastic and use it when you eat.





