

Ihlaziwe yaze  
yalungelelaniswa  
neCAPS

# Ibanga loku-

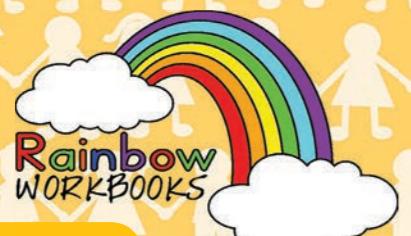
Izakhono zoBomi  
ngesiXHOUSA  
Incwadi yesi-2  
Ikota 3 & 4



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LIFE SKILLS IN ISIXHOSA  
GRADE 1 – BOOK 2  
TERMS 3 & 4

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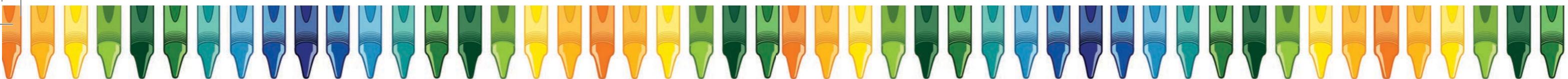
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uMphathiswa wemfundo  
esisiSeko



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Ezi ncwadi zilungiselelwe abantwana baseMzantsi Afrika phantsi kwephiko loMphathiswa weMfundu esisiSeko uNksk. Angie Motshekga kune noSekela Mphathiswa weMfundu esisiSeko uMnu. Enver Surty.

Ezi ncwadi zokusebenzela, iRainbow Workbooks, lelinye lamalinge ongenelelo eSebe leMfundu esisiSeko ajolise ekuphuculeni umgangatho wabafundi beloMzantsi Afrika abakumabanga amathandathu okuqala. Njengomnye wemiba ephambili yoMkhomba-ndlela kaRhulumente, eli phulo libe nempumelelo ngenxa yenkxaso-mali evela kuVimba weSizwe. Oku kuye kwenza ukuba iSebe likwazi ukuvelisa ezi ncwadi, zifumanekе ngazo zonke iilwimi ezisemthethweni ngexabiso eliphantsi.

Sinethemba lokuba ootitshala bay a kuzifumana ezi ncwadi zokusebenzela ziluncedo kakhlulu kwimfundu yemihla ngemihla, nasekuqinisekiseni ukuba abafundi bayifikelela yonke ikharityhulam. Ukuqinisekisa ukuba utitshala uyakhokelwa kuyo yonke imisetyenzana, sisebenzise izalathisi ezibonisa oko kufanele ukwenziwa ngumfundu.

Sinethemba lokwenene lokuba abantwana bay a kukonwabela ukusebenza kwezi ncwadi ekukhuleni nasekufundeni kwabo, kwanokuba nawe titshala uya kwabelana nabo kolu yolo.

Sinqwenela ukuba nibe nempumelelo ekusebenziseni ezi ncwadi.



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# Ibanga loku-

1



Izakhono zoBomi

NGESIXHOZA  
Incwadi yesi-2



Le ncwadi yeka-:



# 33

# lindawo zasekuhlaleni

Ikota 3 - Iweki I

Masifunde

Cinga ngabo bonke  
abantu obabonayo  
nothetha nabo  
yonke imihla –  
aba ngabantu  
basekuhlaleni.

Ingangabantu  
abahlala kwisitalato  
ohlala kuso

okanye abahlala  
kufuphi nakowenu.

Ingangabantu  
abakhonza nawe  
ecaweni okanye  
abasesikolweni sakho,  
amapolisa akwiningqi  
yakho, oogqirha  
nabanye abaninzi.

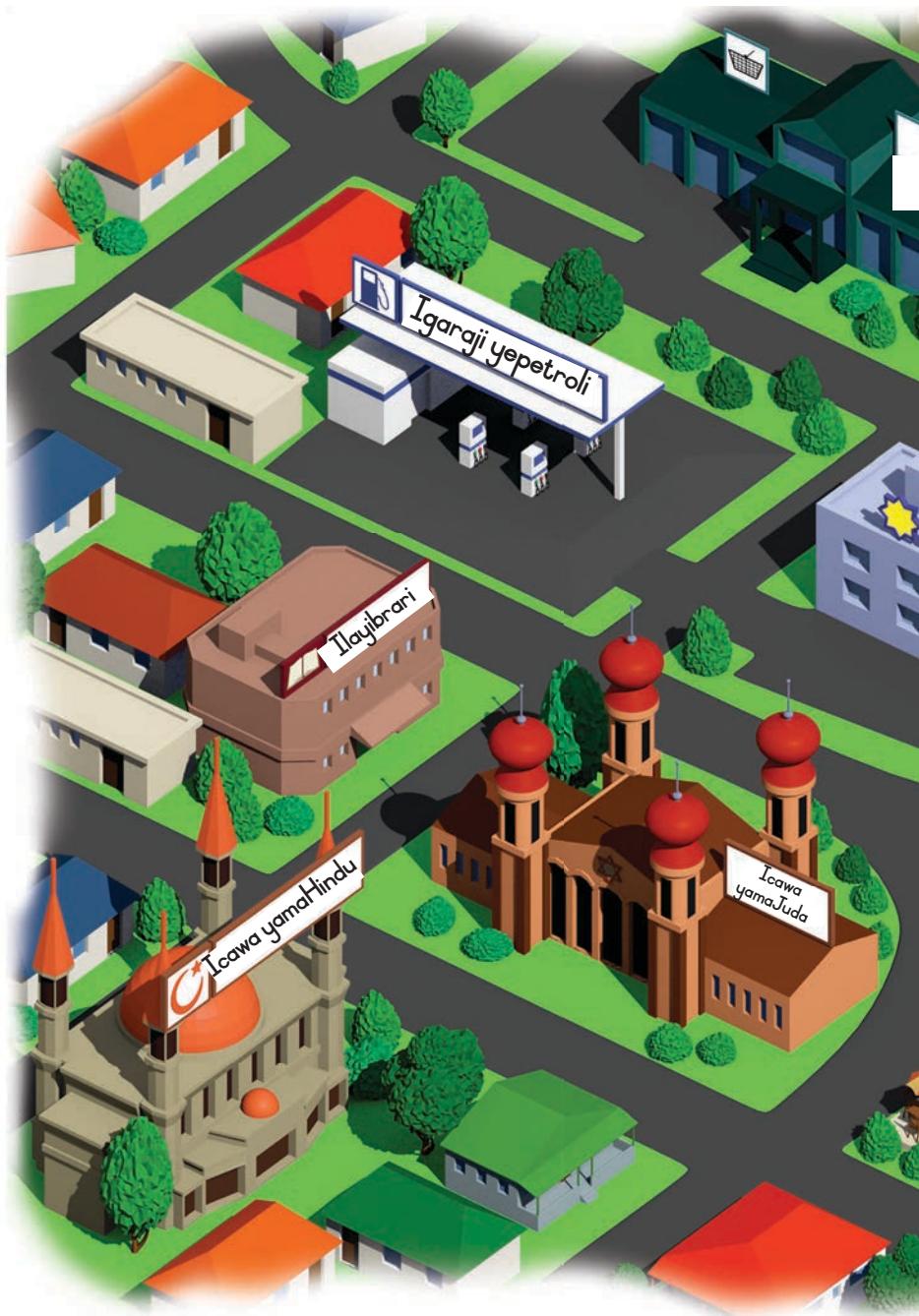


Masithethe

Thetha nomhlobo wakho ngemifanekiso ekula maphepha mabini.

Zeziphi iindawo ozaziyo kulo mfanekiso?

Zeziphi iindawo kwezi abahlanganelu kuzo abantu?





Umhla: .....

Zeziphi iindawo ezikulo mfanekiso ungezantsi owakhe wazindwendwela? Treyisa imiphandle yazo ngeekhrayoni.



Xelela umhlobo wakho ukuba ngaba ezi ndawo uzityelele nomnye umntu na okanye wedwa. Bekutheni ukuze uzityelele?

Ucinga ukuba iindawo okhe wazityelela zingandwendwelwa lula ngabantu abakhubazekileyo?



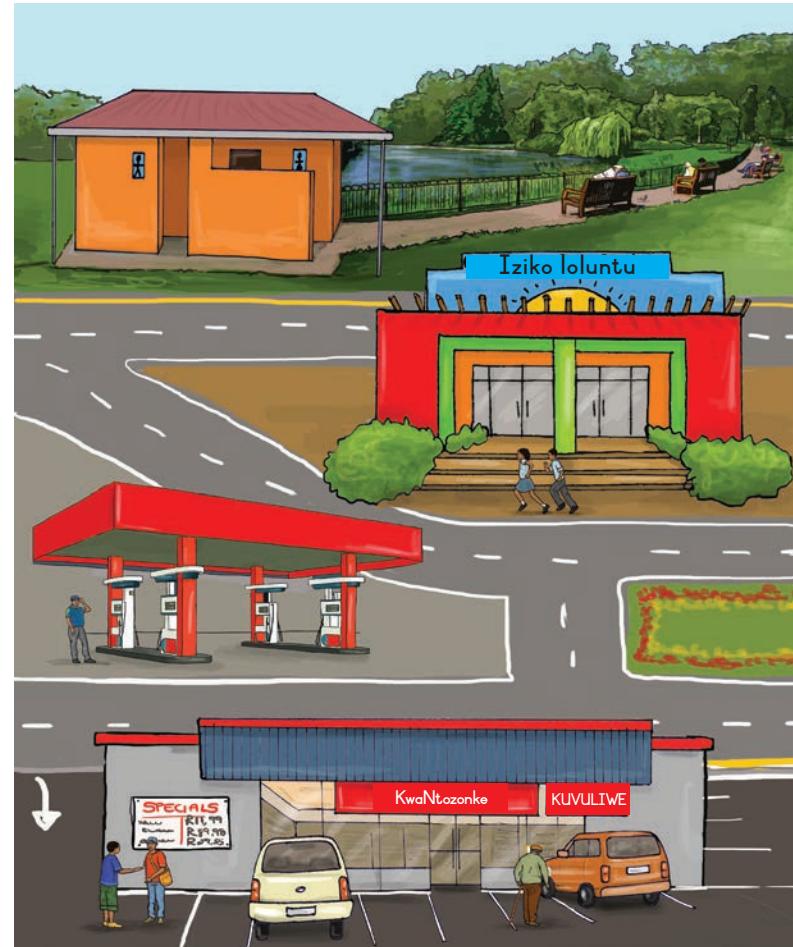
# Ukukhathalela iindawo eziluncedo ekuhlaleni



Iindawo ezisekuhlaleni zineendidi ezahlukenyoyezinto eziluncedo ezinokusetyenziswa nguye wonke ubani. Iiklinikhi, izikolo, amabala emidlalo nezibhedlele zizibonelelo esizisebenzisa sonke.

Sifanele ukuziphatha kakuhle zonke izibonelelo ezikwiindawo esihlala kuzo.

Kwakhona kufuneka sigcine indawo esingqongileyo icoekile ukuze wonke ubani ayonwabele.



Masithethe

Thetha nomhlobo wakho ngalo mfanekiso:

- Ucinga ukubaabantu bayakuthanda ukuhlala apha?
- Kutheni ucinga njalo nje?
- Ingaphuculwa njani indawoohlala kuyo wena?



Masenze

Zoba umfanekiso wakho onemibala  
usebenzisa isithuthi sikawonke-  
wonke esifana nololiwe, ibhasi  
okanye itekisi. Bonisa zonke iindidi  
zabantu okhwele nabo nezinto  
abazenzayo. Abanye bahleli  
bathe nkqo, abanye bagobile  
abanye baqethukile balele,  
abanye bakhulu abanye  
bancinci.

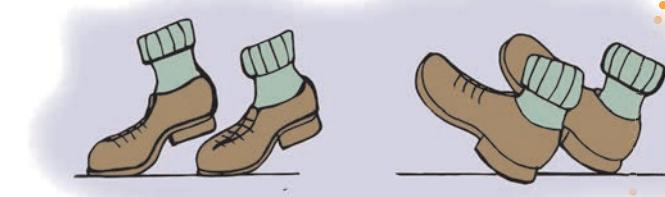


Masishukume



### Masizifudumeze

- Zifudumeze ngokuhamba uye phambili ngeenzwane.
- Ngoku hamba ubuye umva ngezithende.
- Yiya phambili uhambe ngezithende.
- Buya umva uhambe ngeenzwane.



### Yenza oonobumba

Yenza oku nomhlobo wakho. Sebenzisani imizimba yenu  
nenze oonobumba. Ningema, nayame ngodonga  
okanye nilale phantsi.

Khanikhangele ukuba wena nomhlobo wakho  
aninakwenza unobumba ongenakwenziwa ngomnye  
umntu na.

Umhla: .....



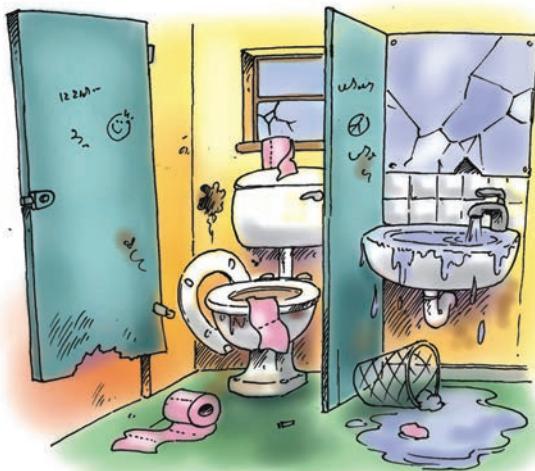


Masithethe

# Ilungile okanye ayilunganga?

Jonga le mifanekiso.

Zibonelelo zantoni ezi? Xelela umhlobo wakho indlela elungileyo yokusebenzisa isibonelelo ngasinye.



Umhla: .....



Masenze

Yakha umfuziselo  
wesakhwiwo usebenzise  
izinto ezinokuhlaziywa.  
Ungakha iklinikhi, ilayibrari  
okanye nasiphi na isakhwiwo  
esikwindawo yakho.  
Hombisa isakhwiwo sakho  
ubonise ukuba sesiphi  
esi sakhiwo usakhileyo.  
Ningasebenza kunye  
ningamaqela.



Masishukume

- Lungisa amavili ame enze imiqolo.
- Khasa uphumele kula mavili.
- Lalisa amavili phantsi.
- Yima ngemilenze yakho yomibini phezu kwevili.
- Ngoku yima ngomlenze omnye evilini.
- Sebenzisa amavili ukuze wenze eminye imidlalo yeentshukumo.

Qaphela ukuze ungazenzakalisi.



Teacher:

Sign:

Date:

# Abantu basekuhlaleni

Ikota 3 – Iweki 2

Masibhale

Jonga le mifanekiso. Kwiibhokisi ezingasekunene khetha igama elichanekileyo lomfanekiso ngamnye. Libhale phantsi kwaloo mfanekiso.



Umthi wepetroli

Umthengisi  
weentyatyambo

Umongikazi



Umqhubi wetekisi

Igosa lezendlela

Uggirha



Umthengisi  
weziqhamo

Umcimimlilo

Ipolisa

Masithethe

Jonga imifanekiso oyithiye amagama uze uthethe ngayo nomhlobo wakho.

Ingaba ukhe ubabone aba bantu kwindawo ohlala kuyo?

Ngubani omnye umntu ombonayo wendawo ohlala kuyo?

Ingaba abantu ohlala phakathi kwabo bayancedana? Benza ntoni?



Masibhale

Krwela umgca osuka ekuqaleni kwasivakalisi ngasinye esingasekhhohlo uye kumagama ahambelana naso angasekunene.

Umhla:



Umcimi-mlilo

Ilungu leNkonzo yamaPolisa eloMzantsi Afrika

Uggirha

Umthengisi weziqhamo

Umthi wepetroli

ubamba izaphuli-mthetho.

uthengisa iziqhamo.

ugalela ipetroli ezimotweni.

ucima umlilo.

uyasiphilisa.



Masibhale

Jonga le mifanekiso. Kumagama angasezantsi khetha inkcazel echanekileyo yomfanekiso ngamnye. Yibhale phantsi komfanekiso ngamnye. Thelekisa iimpendulo zakho kunye nezo zomhlobo wakho.

Inqwelo yabacimi-mlilo



Igaraji yepetroli



Isibhedlele



Isikhululo samapolisa



Mashukume

Qhwaba ngokwesinqisho osivayo.

- Mamela kakuhle xa sitshintsha isinqisho.
- Kwenze oku ngeentlobo zomculo ezahluka-hlukaneyo, ukususela kowamandulo ukuya kowekwayito.
- Qhwaba ngokukhawuleza okanye ngokucotha ugcine isinqisho.

Inqaku likatitshala:  
Mamela umculo kunye nesinqi esidlalwa ngutitshala.



# Izilwanyana esizigcina njengezilo-qabane



Masifunde

Abaninzi bethu banezilo-qabane. Isilo-qabane sakho sisihlobo sakho esisilwanyana. Usijonga ngononophelo kwaye sihlala sisondele kakhulu kuwe – mhlawumbi endlwini ohlala kuyo okanye kwishedi eyodwa eseyadini.



Masithethe

Jonga emfanekisweni. Thetha nomhlobo wakho ngomfanekiso lowo. Sebenzisa ikhrayoni ubiyele zonke izilwanyana ezithandwa emakhaya ozibonayo. Zingaphi onokuzibala? Xelela utisthala wakho.

- Unaso isilo-qabane? Ukuba unaso, xelela umhlobo wakho ngaso.
- Ukuba akunaso, xelela umhlobo wakho ukuba sesiphi isilo-qabane onqwenela ukuba naso. Okanye kutheni ungafuni ukuba nesilo-qabane nje.



Masibhale

Iklasi mayenze uludwe lwazo zonke iintlobo zezilwanyana ezithandwa ekhaya ongaziboniyo emfanekisweni. Khuphela apha okubhalwa ngutitshala ebhodini.

Umhla: .....



Masenze

Zoba nokuba sesiphi  
na isilo-qabane  
osithandayo.



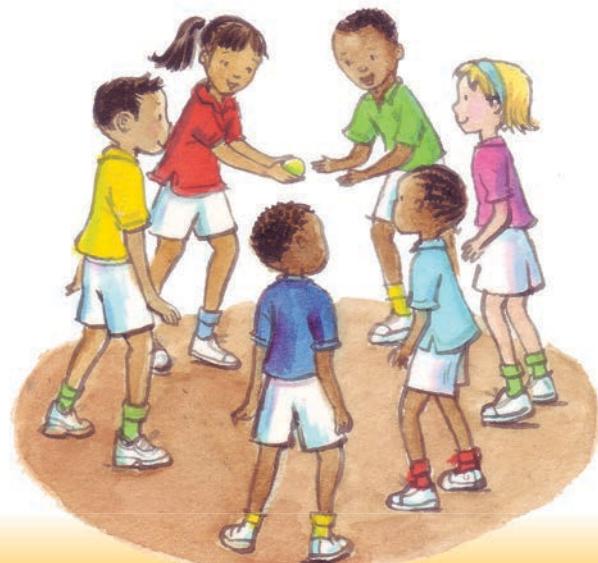
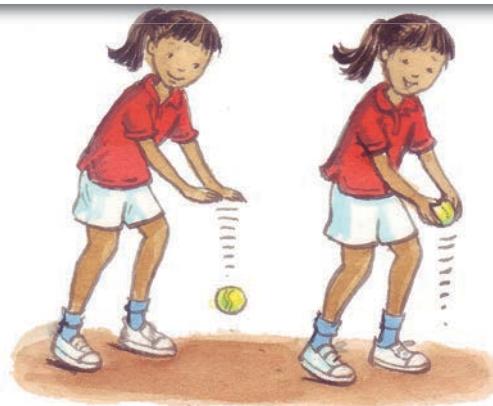
Masishukume

Ziqħelise ukuphosa nokubamba ibhola.

- Phosa ibhola yentenetya phezulu ngezandla zozibini. Yibambe ngezandla zozibini.
- Ngoku yiphosele emoyeni ngesandla esinye uphinde uyigange kwakhona kwangeso sandla.
- Yiphosele emoyeni ke ngoku ngesandla ongasisebenzisiyo uze uyigange kwangaso.
- Qakathisa ibhola yentenetya emħlabeni ngazo zozibini izandla uze uphinde uyibambe ngezandla zozibini.
- Yiqakathise ngesandla esinye uphinde uyibambe kwangeso sandla.
- Yiqakathise ngesinye isandla uphinde uyibambe kwangeso sandla.
- Yimani ngesangqa umntu agqithisele ibhola ngezandla zozibini emntwini osecaleni kwakhe.
- Gqithisela ibhola emntwini osecaleni kwakho usebenzise isandla esinye.
- Sebenzisa esinye isandla sakho uze ugqithisele ibhola emntwini osecaleni kwakho okwelinye icala.

### Ubusazi na?

Phantse zonke izinja ziyakuthanda ukudlala ngebhola. Kodwa kufuneka ukhawuleze kuba izinja ziyaħħanda ukuyibamba ibhola ze zibaleke nayo.



# Indlela yokukhathalela izilo-qabane

**Masithetho**

Kubalulekile ukuba sizikhathalele izilo-qabane zethu.

Thetha nomhlobo wakho malunga nokufunwa zizilo-qabane. Yiba ngathi usisilo-qabane esizotywe ngumhlobo wakho kwiphepha le-II. Cinga ngento onokuyifuna. Ungacinga ngezinto ezifana nokutya nendawo yokulala. Xeleta umhlobo wakho. Thetha nangento afanele ukuyenza ukuba uye wagula.

**Masibhale**

Fakela uphawu (✓) ecaleni kwento nganye efunwa sisilo-qabane.

Amanzi

Ukutya

Indawo eshushu neyomileyo yokulala

Intlama yamazinyo

Iholide

Ugqirha wezilwanyana xa sigula

**Masenze**

Zoba izindlu kunye nokutya okufunwa zezi zilwanyana. Bhala ke ngoku igama esilithiya abantwana bazo.

Isilwanyana	Ukutya	Igama lomntwana
		<hr/>
		<hr/>
		<hr/>



Masenze

Umhla: .....  
Funda isivakalisi ngasinye uze ucinge ngendlela obuya kuziva ngayo nento obuya kuyithetha uyenze. Bonisa iklesi ke ngoku. Utitshala wakho uza kukuxelela ukuba wenze eyiphi.

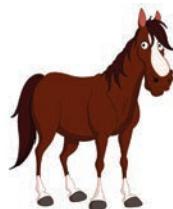
- Uzifunele isilo-qabane esitsha.
- Ikaty yakho ilahlekile.
- Inja yakho itye into yakho yokudlala oyithandayo.
- Umhlobo wakho ukorhola injá.
- Ubona injá etshixelwe emotweni.



Masishukume

Mamela izingqi ezahlukeneyo eziza kudlalwa ngutitshala wakho. Yenza ngathi usisilwanyana esilandela isingqi somculo.

Xa umculo ukhawuleza,  
qabadula okwehashe.



Xa umculo ungxola, hamba  
okwendlovu.



Xa umculo usezantsi  
bhabha okwebhabhathane.



Xa umculo ucotha, hamba  
okofudo.



Masithethe



Umvundla yimpuku.  
Amazinyo empuku  
awayeki ukukhula.

Unyaka omnye womtu ufana neminyaka  
esixhenxe (7) yenja. Xa injá ineminyaka  
emi-3 ubudala, ineminyaka engama-21  
yobudala bomntu.

Xa ikti yonwabile, yenza  
isandi esibonisa oko.



Masonwabe

Dlalani "Impuku nekati". Utitshala wakho uza kutsho ukuba ngubani na  
ikati nokuba ngubani impuku. Tshintshani iindima emva kwexesha. Abanye  
mabenze isangqa babambane ngezandla.





# Isimilo kune noxanduva



La mazwi abonisa isimilo. Isimilo yindlela esibaphatha ngayo abanye abantu.

Isimilo sethu sibonisa ukuba sibahlonela kangakanai na abanye abantu.

Siyakuthanda ukuthetha nabantu abanembeko.

Kumnandi ukuba ngumhlobo nomntu onembeko.

Sinoxanduva lokusoloko sibaphatha kakuhle abanye abantu.

Kungoko kufuneka umntu ngamnye abe nembeko.

Umhla: .....



Masithethethe

Jonga imifanekiso. Funda namagama asezibhokisini. Thetha nomhlobo wakho ngemifanekiso. Thetha nangemikhwa elungileyo nengalunganga eyenziwa ngaba bantwana.

Yabelana nabanye.

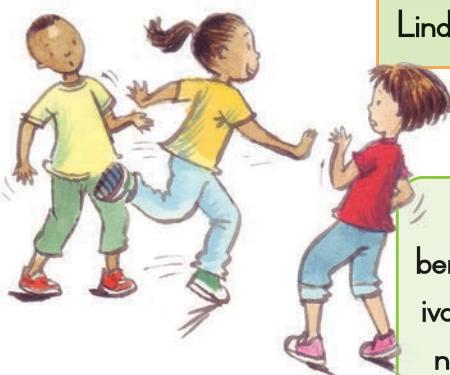
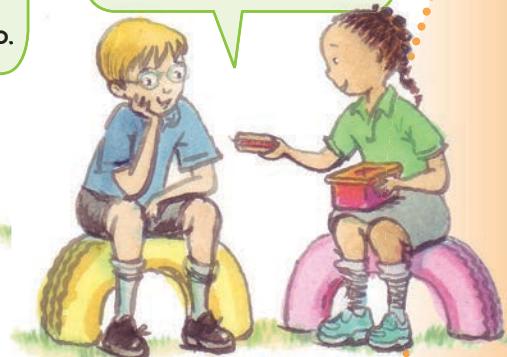
Molo  
Titshalakazi!



Yiba nobuntu.

Enkosi  
ngokundimamela  
kakuhle ngolu hlobo.

Usilibele isonka sakho?  
Thatha esinye sam.



Lindela elakho ithuba.

Molo Maisy, ndichole le  
bhogi yakho phandle.  
Ndiyathemba akukho  
mntu uthathe iikhrayoni  
zakho.

Bamamele abanye  
abantu.

Thembeka.



Bahloniphe abanye abantu.

Bulisa abantu obaziyo nongabaziyo.

Zihlonle izinto zabanye abantu.

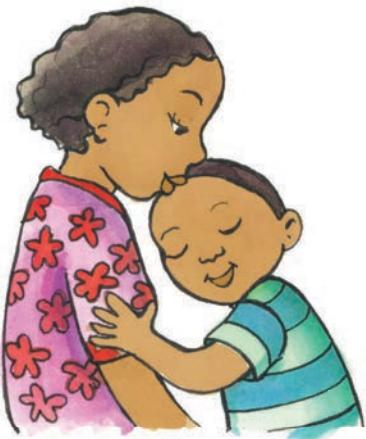


# Isimilo kunye noxanduva

Ikota 3 – Iyeki 4



Jonga le mifanekiso uze ufunde izivakalisi ezisezibhokisini. Krwela umgca uye kuxanduva oluhambelana nomfanekiso ngamnye.



Ndiyancedisa ngokugcina indlu yasekhayo ibukeka kakuhle.

Ndingumhlobo olungileyo kwaye ndiyabanceda abanye.

Ndiyababonisa abantu basekhaya ukuba ndiyabathanda.

Ndidllala kakuhle ngezinto zokudlala zabahlolo bam.

Ndiyazikhathalela mna nezinto zam.

Ndincedisa umama ukudeka itafile.



Masidiale

**Yenza umdlalo-linganiso omalunga nesimilo kanye noxanduva aphi wenza enye yezi zinto:**

- ubulisa abantu obaziyo nongabaziyo
- okanye ulinda kude kufike ithuba lakho
- okanye umamela ngononophelo komnye umntu
- okanye wabelana nomntu othile
- unobubele ebantwini
- uthembekile
- ubonisa ukuzihlonela izinto zabanye abantu
- ubonisa intlonipho kwabanye abantu.

Umhla: .....

**Ngokwamaqela, yenzani umdlalo-linganiso nibonise isimilo kanye noxanduva ngokubhekisele:**

- ebantwini bakowenu
- okanye kumsebenzi wesikolo
- okanye kwimisebenzi yasekhaya
- okanye ekutyeni okufumana yonke imihla
- okanye kwiimpahla ozinxibayo
- okanye izinto zakho zokudlala
- okanye kubahlolo bakho



Masenze

Zoba umfanekiso  
wakho ubonisa  
ubuhlobo kwabanye  
abantu.



Masishukume

Mamela xa utitshala wakho ekuxelela ukuba xhuma, baleka okanye khasa.

Uya kuvuthela impempe phambi komyalelo ngamnye omtsha.

Shukuma ngukhawuleza okanye ngokucothisisa xa esitsho utitshala wakho.



Masidiale

Dlala unochesi ngalo mlenze ungawusebenzisiyo.

Sesiphi isimilo esihle nesibalulekileyo xa udlala unochesi?



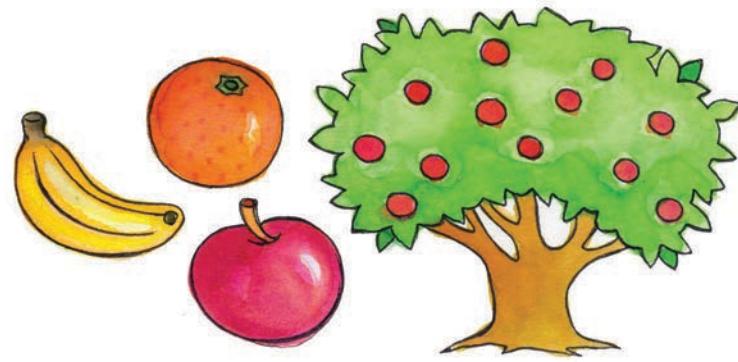
# Sizifunela ntoni izityalo



Jonga okukungqongileyo. Ziintoni ozibonayo ezivela kwizityalo? Thetha nomhlobo wakho nibone ukuba zingaphi eninokuzicinga ninbabini. Xeleta utitshala ukuba zeziphi izityalo enizingileyo.



Ezinye izityalo nemithi zisinika umthunzi.



Ezinye izityalo zisinika incindi kanye nokutya.

Ezinye izityalo nemithi ziba ngamakhaya ezilwanyana.



Ezinye izityalo zisinika iintyantyambo zokuhombisa emakhayeni ethu.



Umhla: .....

Sifuna ingca kumabala  
okudlala ezemidlalo.



Sisebenzisa umqaphu  
ukwenza iimpahla.



Sisebenzisa iingcongolo  
ukwenza iibhasikiti nokufulela  
izindlu.



Senza ifenitshala ngamaplanga  
avela emithini.



Ukunye nomhlobo wakho, khetha ezona ndlela  
zibalulekileyo ezintathu esizisebenzisa ngazo izityalo.

Singazibulala izityalo xa sizisebenzisa kakhulu?

Xoxani ngalo mbuzo niyiklasi.



# indlela ezikhangeleka ngayo izityalo

Ikota 3 – Iyeki 5



Masibhale

Izityalo zensiwe zanamalungu ahlukeneyo. Sebenzisa amagama asezibhokisini uphawule ezi zityalo. Thelekisa amagama akho nawomhlobo wakho.

iingcambu

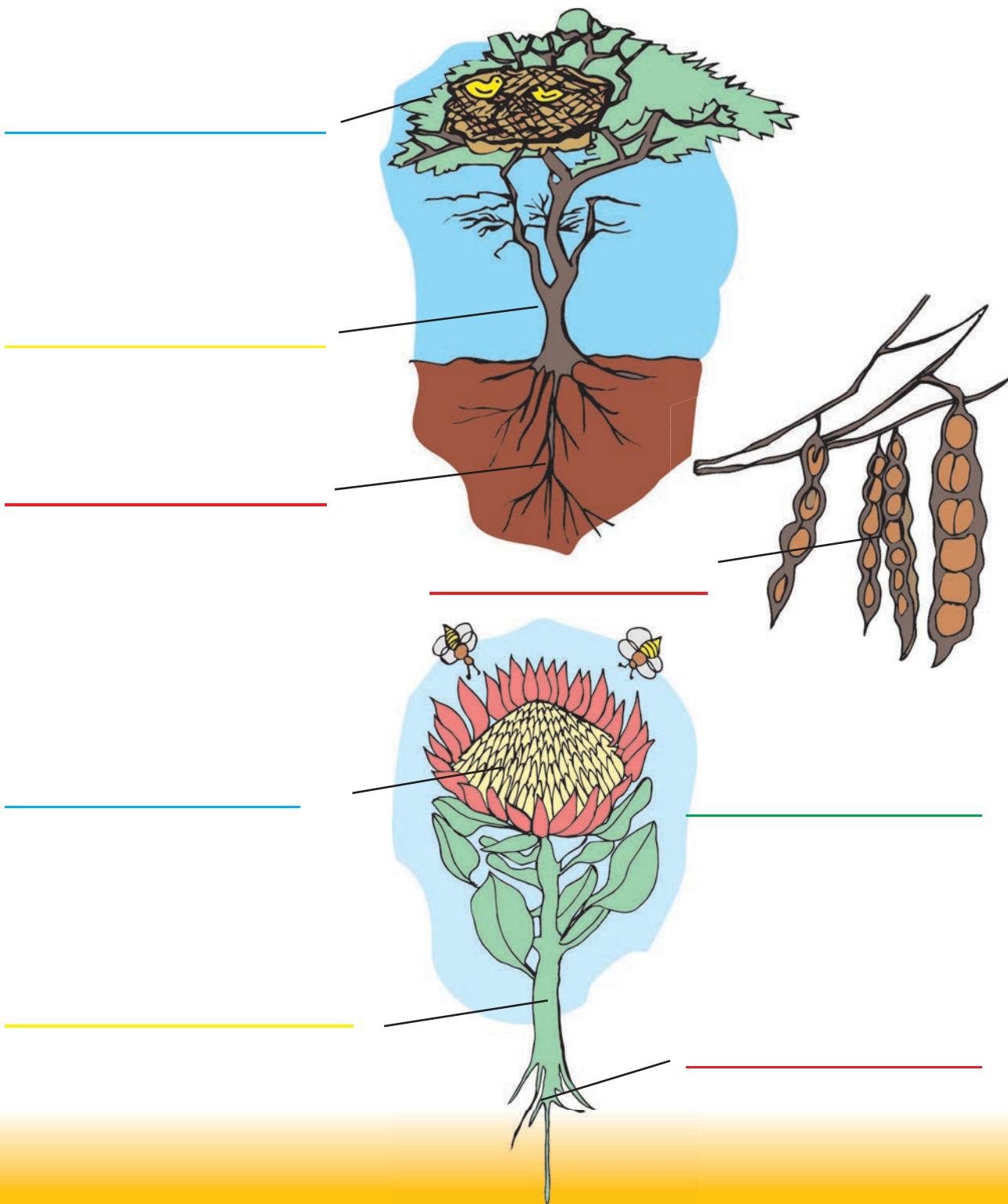
isiqu somthi

igqabi

intyatyambo

umdumba wembewu

isiqu



Umhla:



### Masishukume

Yahlula iklasi ibe ziirhorho ezitya izityalo kunye nabasebenzi besitiya.

- Abasebenzi besitiya kufuneka bazame ukunqanda okanye ukubamba ezi rhorho.
- Tshintsha iindima emva kwemizuzu emibini.
- Phinda oku amaxesha aliqela.



### Masidlale

Dlalani undize.

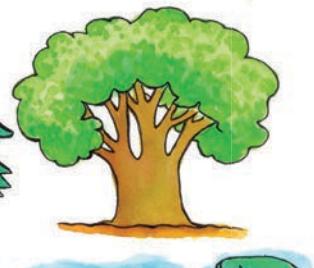


Imibungu izimela ngaphantsi okanye emva kwezityalo aze umlimi ayifune ayifumane ingekazityi zonke izityalo.



### Masithetho

Intlobo ezahluka-hlukileyo zezityalo zikhangeleka ngathi zahluke kakhulu. Kodwa zikwafana ngeendlela ezininzi. Jonga le mifanekiso. Thetha nomhloba wakho ngezityalo. Zifana ngantoni ziphinde zahluke ngantoni?



### Masenze

Zoba okanye peyinta  
isinambuzane okanye  
isilwanyana esifuna ukutya  
isityalo sakho sembotyi.  
Akunyanzelekanga ukuba ibe  
sisinambuzane sokwenyani.  
Khawube nombono. Zoba  
okanye peyinta wenze imigca  
neemilo ezicacileyo.





# limbewu nalapho zivela khona



Masifunde

Ezinye izityalo zineembewu ezifihlwe kwiintyatyambo okanye kwiziqhamo. Singazityala ezi mbewu ukuze sibe nezityalo ezitsha. Timbewu ziyavuthuluka kwizityalo ziwele emhlabeni ukuze kukhule izityalo ezitsha. Ezinye iimbewu zisasazwa ngumoya okanye ngabantu, izinambuzane kunye nezinye izilwanyana. Ezinye iimbewu zityiwa ziintaka ze ezi ndawo zilukhuni zishiyekwile lako. Timbewu ezisasazwa ngolu hlobo ziwa kwenye indawo ze zikhule apho.



Masithetho

Zisasazwa njani iimbewu ezikule mifanekiso? Kufuneka imbewu ibe njani ukuze isasazeke ngolu hlobo? Xoxa nomhlobo wakho.



Ukuba ufunu ukutyala ezakho  
izityalo ngokutyala imbewu,  
ungasebenzisa iimbewu zezityalo  
ezisegadini yakho. Okanye  
ungathenga imbewu evenkileni.





Masithethe

Funda lo mbongo nezi ntshukumo.

Umhla: .....

## Ubomi emva kwesityalo



Eli lisunswana lembewu:

Masiyityale ngokukhawuleza emhlabeni!

Ikhula isiqu kunye nentyatyambo

Enevumba elimnandi kwindawo yonke.

Iinyosi zibhubhuzela kule ntyatyambo –

Ngokukhawuleza intyatyambo iyafa.

Nceda ungakhathazeki kwaye sukukhala



Masishukume

Bonisa uvuyo lwakho ngezi ntshukumo

Bamba iribhoni ende okanye ilaphu

elinemibala ngesi sandla uqhele

ukusisebenzisa. Ushukumisa ingalo yakho

njalo, yenza iipatheni ezahlukeneyo

emoyeni okanye phantsi ngelaphu

okanye ngeribhoni yakho.

Ukuba kukho umthi okhoyo, masibone

ukuba singawusebenzisa njani ukuze sidlale.

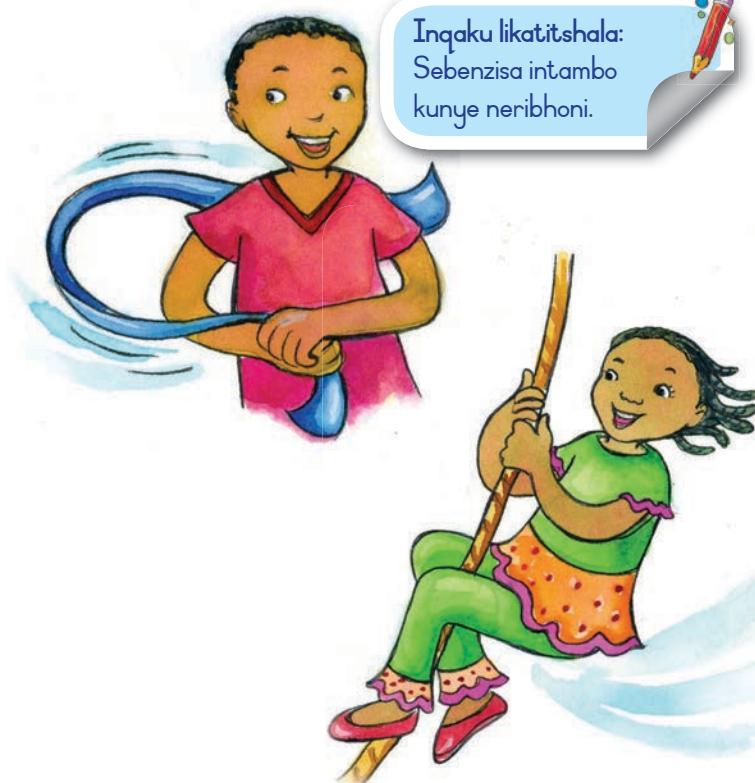
Jinga kwintambo ebotshelelw yaqiniswa.

Qala ngokusebenzisa izandla zozibini, uze

emva koko usebenzise esi sandla uqhele

ukusisebenzisa uze uphinde utshintshe

usebenzise esi singaqhelanga kusebenza.



Inqaku likatitshala:  
Sebenzisa intambo  
kunye neribhoni.



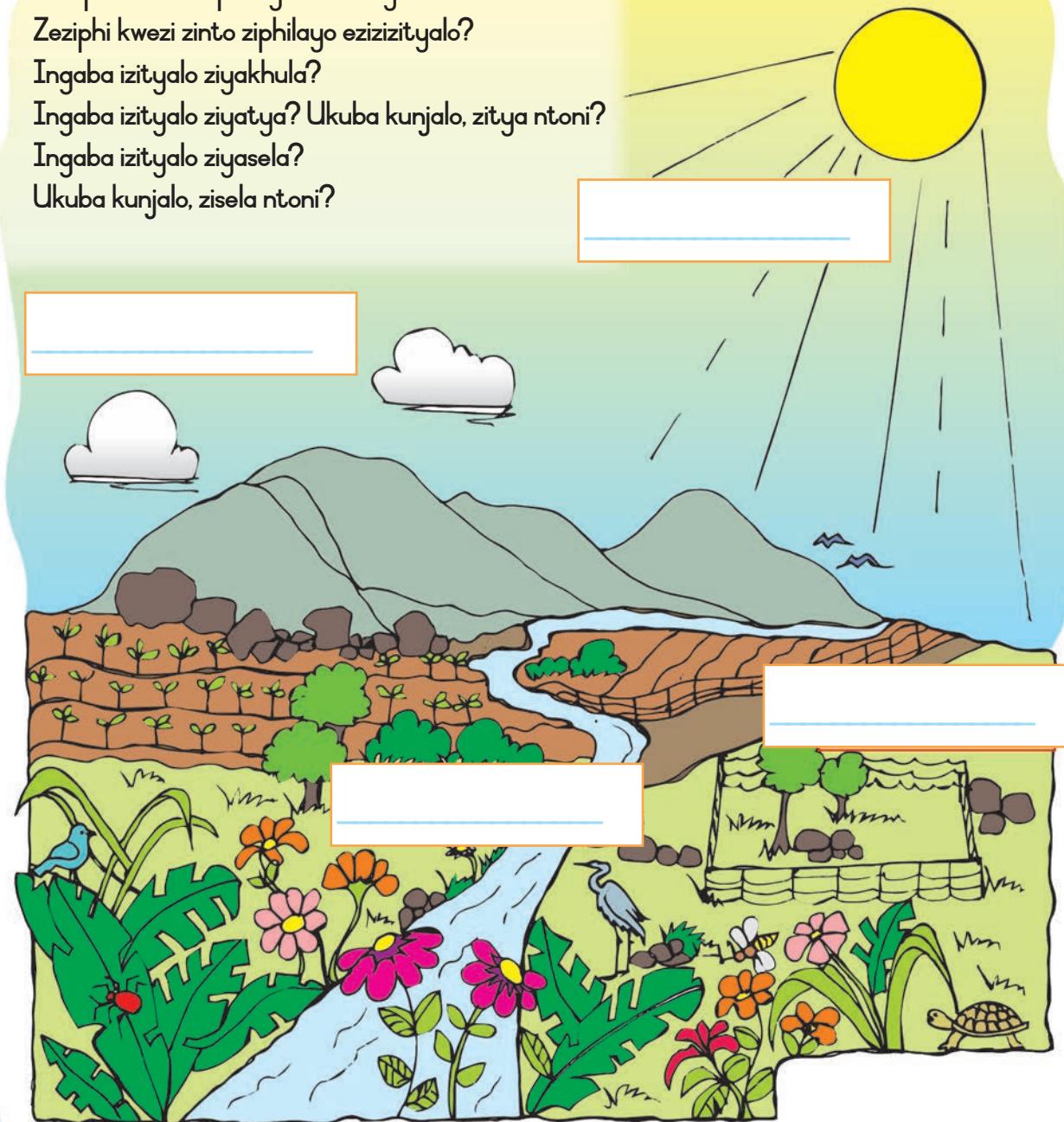
# Okunfunwa zizityalo ukuze zikhule

Ikota 3 – Iyeki b

Masithethe

Jonga lo mfanekiso. Ingaba iyaphila yonke into ekuwo?

Zeziphi izinto eziphilayo ozibonayo?  
 Zeziphi kwezi zinto ziphilayo ezizizityalo?  
 Ingaba izityalo ziakhula?  
 Ingaba izityalo ziyatya? Ukuba kunjalo, zitya ntoni?  
 Ingaba izityalo ziyasela?  
 Ukuba kunjalo, zisela ntoni?



Masibhale

Bhala ke ngoku igama ngalinye kula kwibhokisi ezsifanekisweni ongentla ubonise ukuba izityalo zifuna ntoni ukuze zikhule. Bonisa utitshala into oyibhalileyo.

ilanga

amanzi

izonddlo

umoya



Masenze

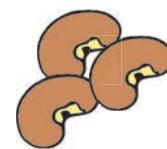
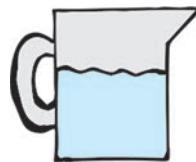
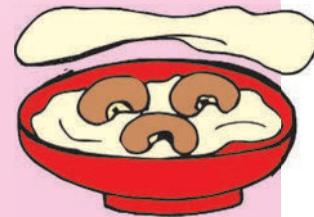
Kulula ukuzilimela isityalo sakho.  
Uza kulima isityalo sembotyi.

Umhla: .....

Landela la manyathelo:

Inyathelo 1:

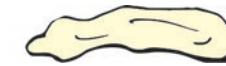
Beka iiimbotyi ezi-3 phakathi  
kwemicu emibini yoboya.  
Zibeke kwisosara engenanto  
okanye esityeni.



amanzi



iiimbotyi



isitya

uboya

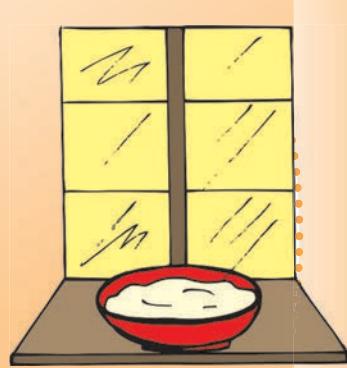
Inyathelo 2:

Galela amanzi phezu  
koboya kwaye uqiniseke  
ukuba bumanzi toxo.



Inyathelo 3:

Beka isosara okanye  
isitya phezu kodonga  
lwefesitile okanye  
kwindawo enelanga  
elaneleyo.



Inyathelo 4:

Emva kweentsuku  
ezimbalwa, jonga  
ukuba isityalo sakho  
sikhula njani na.  
Sinkcenkceshele  
kanye ngeveki.

Usuku 1



Usuku 2



Usuku 3



Usuku 4



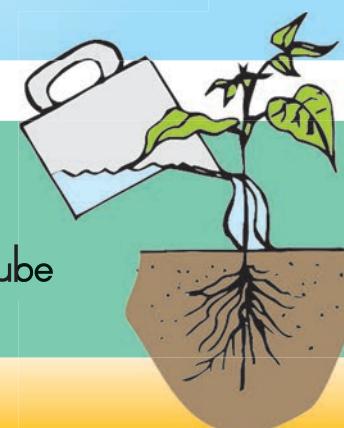
Inyathelo 5:

Xa isityalo sakho  
sikhule iingcambu,  
ungasilima emhlabeni  
othambileyo.



Inyathelo 6:

Sinkcenkceshele rhoqo isityalo sakho  
ukuze umhlaba uhlale ufumile. Emva  
kweeveki ezimbalwa, iiimbotyi zakho zakube  
zikulungele ukuvunwa.



# Ukutya esikutyayo

Masifunde

Ukutya okulungileyo kusenza sihambe okwemoto egalelwé ipetroli. Kufuneka sitye ukutya okunempilo ukuze sikwazi ukwenza izinto ekufuneka sizenzile nokuze sizenzisise.

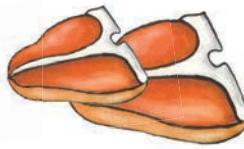
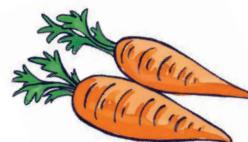
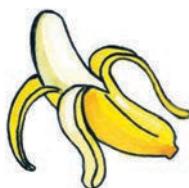
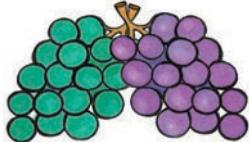


Ukutya okunempilo kusinika amandla kwaye kuyasinceda sikhule.



Masibhale

Jonga le mifanekiso. Bhala igama lohlobo lokutya ngalunye ezantsi komfanekiso ochanekileyo.



Masibhale

Zeziphi izinto othanda ukuzitya? Kokuphi okona kutya unga kuthandiyo? Kubhale phantsi kwesihloko esichanekileyo. Khetha kwimifanekiso engasentla.

Ukutya endikuthandayo	Ukutya endingakuthandiyo

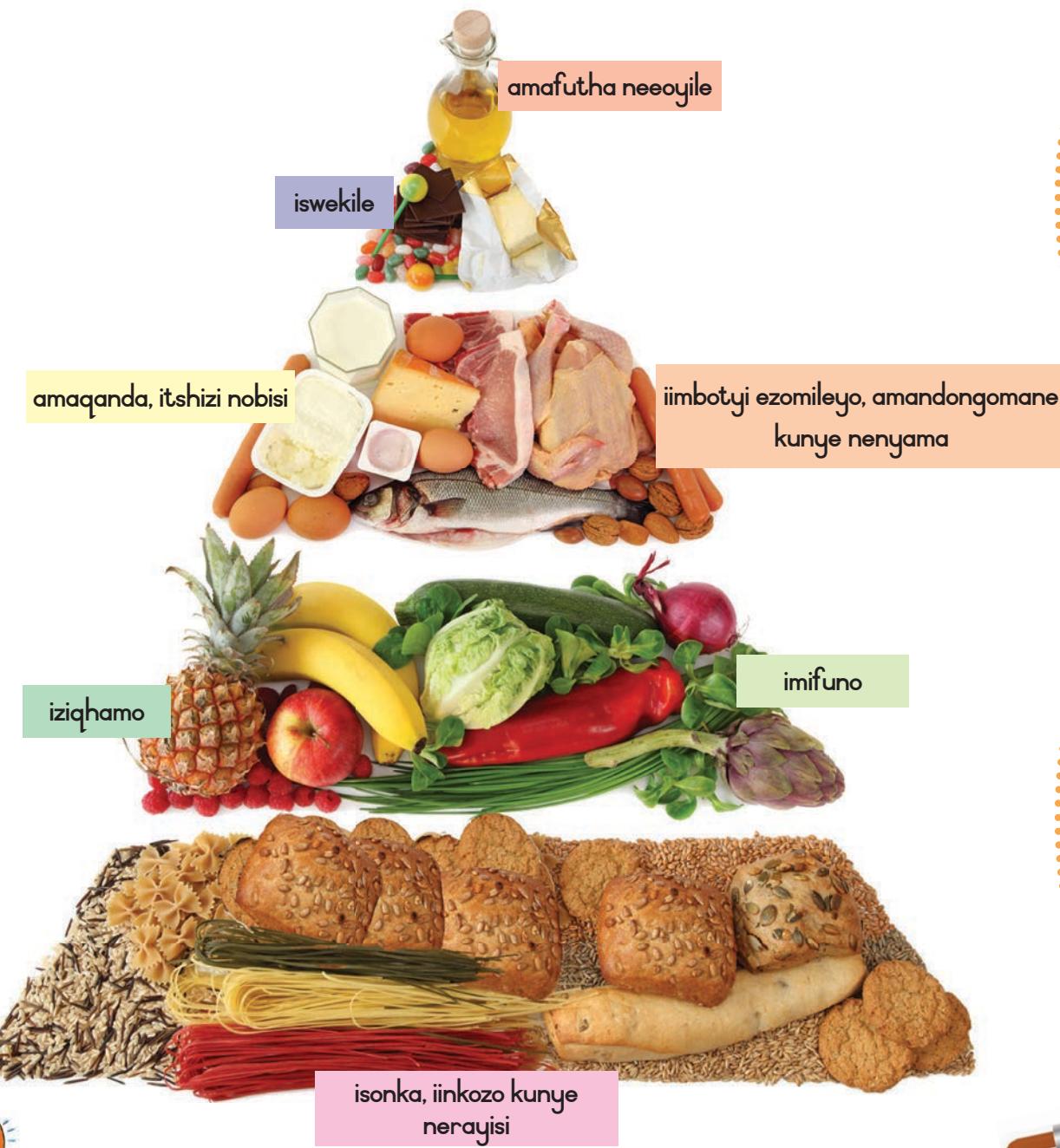


Masifunde

Umhla: .....

Ukutya singakwahlula kube ngamaqela asi-7.

Kufuneka utye ukutya okungezantsi rhoqo. Ungakutya nokutya okungentla, kodwa hayi rhoqo.



Masithetho

Xoxani niyiklasi.

Kutheni le nto kufuneka sitye kancinci kwiqela lokutya elingasentla emfanekisweni ze sitye kakhlulu kwelingasezantsi?



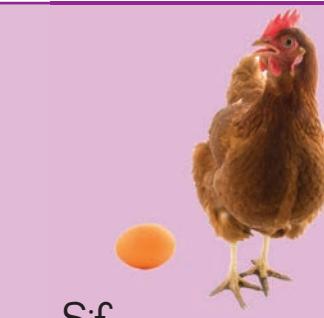
**Masifunde**

# Zivela phi iindidi zokutya?

Abalimi okanye amafama alima izityalo aze afuye izilwanyana ezisinika ukutya. Oku kutya siyakupheka. Siyakwazi nokudibana iindidi ezahlukeneyo zokutya.



Isonka neesiriyeli zivela kwinguolowa.



Sifumana amaqanda ezinkukhwini.



Sifumana ubisi  
nenyama ezinkomeni.  
Iyogathi netshizi  
sizenza ngobisi.



Iziqhamo zikhula emithini  
nakwezinye izityalo.



Umgubo wombona siwenza  
ngombona.

Umhla: .....



Ubusi buvela ezinyosini.



Iswekile ivela kumazele eswekile.



Sifumana inyama kunye  
nesipeke ezhagwini.



Imifuno siyityala  
ezigadini zethu.



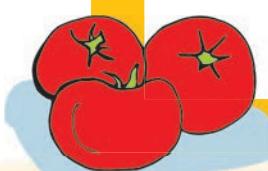
Cula le ngoma  
kunye notitshala  
wakho.



Ama-apile, iigwava, iibhana.

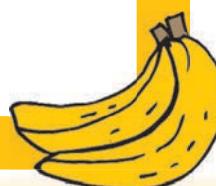


Iimbotyi nee-ertyisi neetapile.



Zikhulisa imizimba yethu yomelele.

Ukuze ndilungele umsebenzi



Nditya ukutya okunempilo kuphela!

Kundigcina ndomelele.



# Ukutya okunempilo nokungenampilo

Masifunde

Ukutya esikuthandayo akusoloko kulungile. Maxa wambi sithanda ukutya okungasilungelanga.

Maxa wambi siye singathandi oku kutya kusilungeleyo kanye. Kodwa noxa kunjalo, nantoni na ebaxe kileyo ayilunganga.

Ukutya okulungileyo okuninzi kakhulu akulunganga.

Akukho mpilweni ukutya nantoni na ngokugqithisileyo.

Yitya uhluthe kodwa ungaqqithisi.

Sukutya ungayeki kuba into uyithanda.



Masenze

Sika imifanekiso yokutya okunempilo nokungenampilo kwimagazini uze uujincamathisele kwiitoti ezichanekileyo. Ukuba akufumani mifanekiso, kuzobe oko kutya.



Ukutya okunempilo



Ukutya okungenampilo



Masibhale

Bhala eyakho imenu usebenzise ulwazi olufundileyo  
malunga nokutya.

Umhla: .....

Isidlo sakusasa

Isidlo sasemini

Isidlo sangokuhlwa



Masenze

Uza kwenza isaladi yeziqhamo.  
Landela le miyalelo ingezantsi



Uza kufuna oku:

- Iindidi ezahlukeneyo zeziqhamo
- Isitya esikhulu
- Imela necephé

Landela la manyathelo:



- Hlamba iziqhamo.
- Zichube ukuba oko kuyimfuneko (njengeeorenji).
- Zinqunqe zibe ngamaqhekeza amancinci.  
(Cela umntu omdala akuncedise.)
- Dibanisa iziqhamo esityeni.
- Yitya isaladi uyonwabele.



# Ukugcina ukutya

Ikota 3 – Iweki 9

Masifunde

Jonga le mifanekiso.



Masithethe

Uqaphela ntoni ngale mihla?

Singakutya oku kutya?

Ucinga ukuba kwenzeke ntoni koku kutya?



Masifunde

Ukutya okutsha akuhlali kunjalo ixesha elide. Ezinye iziqhamo nemifuno zikhawuleza zibole. Inyama, intlanzi kune nezinye iimveliso zobisi nazo ziyabola. Ngoko ke asikwazi ukuzitya. Singenza ntoni ukuze sigcine ukutya kukutsha ixesha elide? Indawo ekhuselekileyo yokugcina ukutya kusefrijini. Kodwa okunye ukutya kungonakala ukuba kukhenkcezwe okanye kugcinwe efrijini ithuba elide kakhulu. Zikhona ezinye iindlela zokugcina ukutya kukutsha.





### Masithethethe

Jonga le mifanekiso.  
Ncokola nomhlobo wakho  
ngayo. Zeziphi iindlela  
ezahlukeneyo zokugcina  
ukutya? Ungazicinga ezinye  
iindlela zokugcina ukutya  
kungonakali?  
Thetha nomhlobo wakho  
ngazo.  
Nika imizekelo eklasini.

Umhla: .....



### Masibhale

Jonga imifanekiso engezantsi uze ufunde amagama asezibhokisini. Wakugqiba  
bhala igama phantsi komfanekiso ngamnye ohambelana nelo gama.

kutsha

kunkonkxiwe

komisiwe

kukhenkceziwe



# lindidi zezindlu (1)

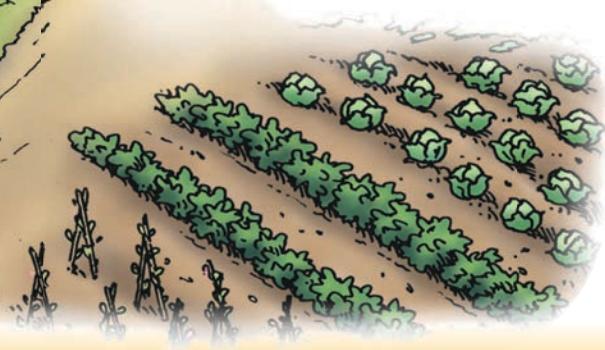
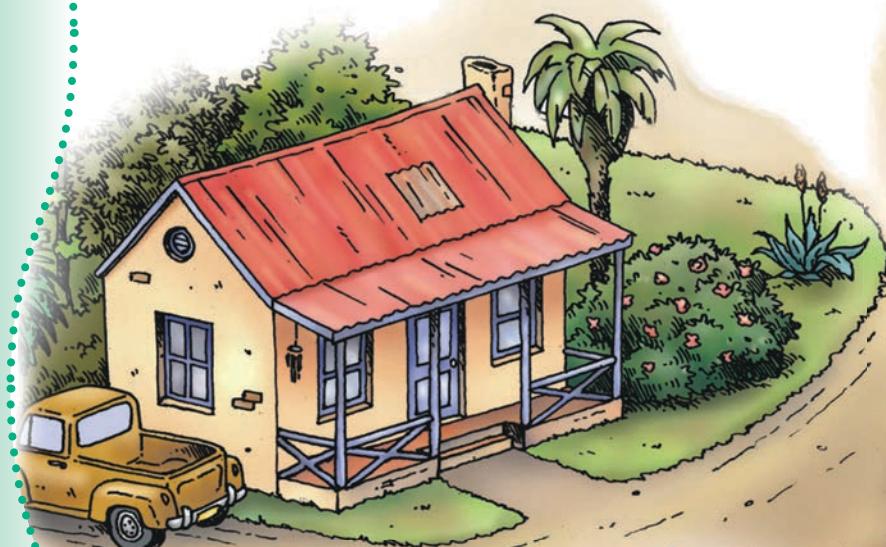
Masithethe

Ikhaya lakho kulapho uhlala khona.

abantu baseMzantsi

Afrika bahlala kumakhaya  
amaninzi ahlukeneyo.

Ungalfumana phi ikhaya  
ngalinye kula?

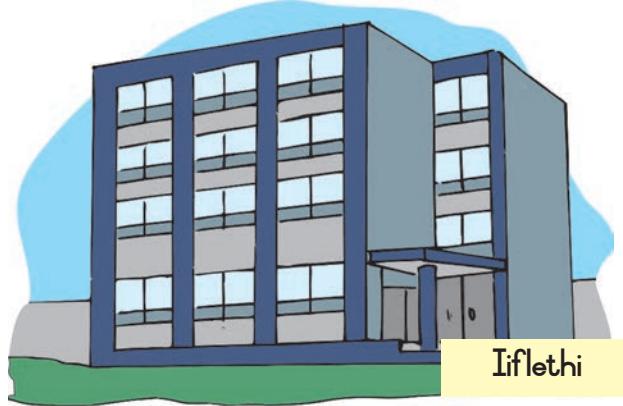


Umhla: .....



Masithetho

Jonga le mifanekiso ingezantsi. Thetha nomhlobo wakho ngezinto ezifanayo kumakhaya onke. Thethani ke ngoku ngezinto ezahlukileyo. Zeziphi ezininzi: zezifanayo okanye zezahlukileyo?



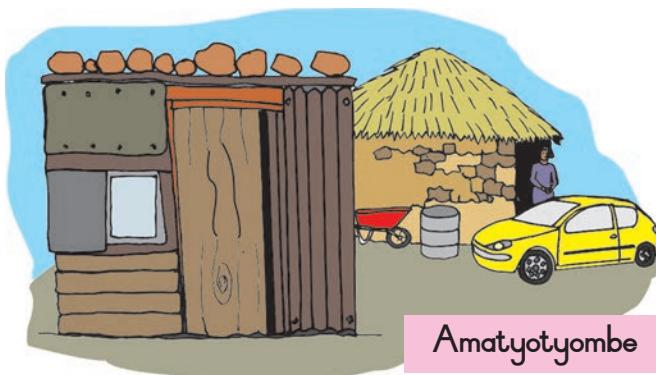
Iiflethi



Izindlu ezinemigangatho emibini



Iikharavani neentente



Amatyotyombe



Ooronta namaxande



Izindlu ezinomgangatho  
omnye



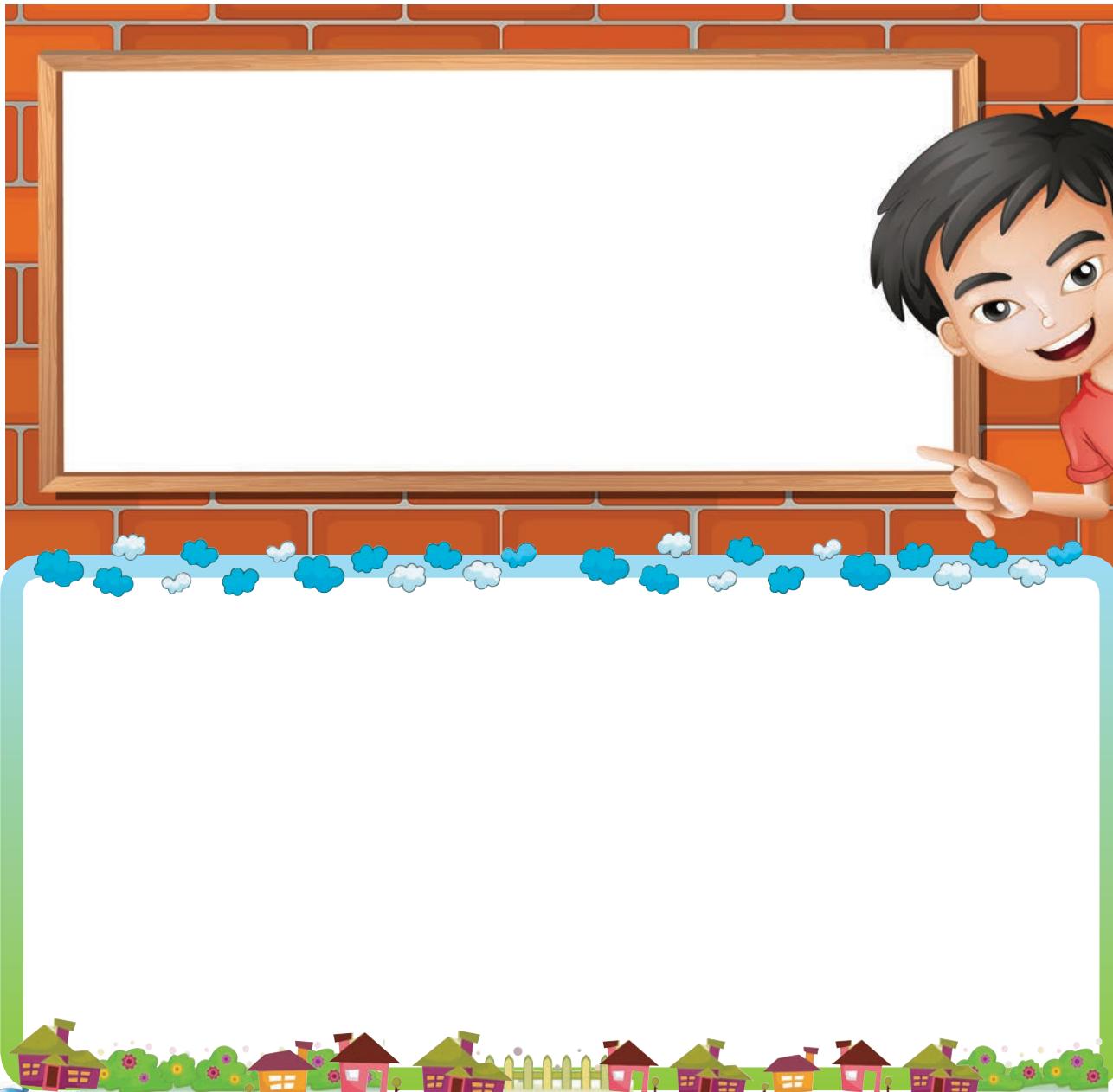
Masenze

Sebenza eqeleni. Yiza nebhokisi yezihlangu okanye olunye uhlolo lwebhokisi. Yipeyinte njengekhaya. Sebenzisa udongwe (okanye intlama yokudlalisa) uzibumbe wena usenza into ethile ecaleni kwendlu.



# lindidi zezindlu (2)

Cinga ngezindlu ezahlukeneyo okhe wazibona apho uhlala khona okanye kwiindawo okhe wazindwendwela. Zoba imifanekiso yeendidi ezimbini ezahlukeneyo zezindlu owakhe wazibona.



Masithetho

Endlwini elungileyo, eyomeleleyo asinakugodola kakhulu singenakuva nobushushu obugqithisileyo. Asiyiva nemvula okanye umoya ovuthuzayo. Baninzi abantu abangenalo olu khuseleko. Thetha nomhlobo wakho ngendlela abazikhusela ngayo abantu xa bengahlali zindlwini.

Inqaku likatitshala:  
Utitshala wakho uya  
kumamela izimvo  
zakho.





## Mashukume

- Zolule ube mde kangangoko unako ukuze upeyinte uphahlala lwendlu yasekhaya.
- Gaqa ngamadolo emhlabeni ukuze ulime izityalo esitiyeni sakho.
- Yolulela izandla zakho emacaleni kangangoko unako ukuze uvule iifestile zasekhaya. Emva koko vala zonke iifestile.
- Goba ukuze uncothule ukhula esitiyeni sakho.
- Tshayela umgangatho ngomtshayelo omde.
- Hlamba iifestile ngelaphu.

Umhla: .....



### Inqaku likatitshala:

Mamela isingqi esidlalwa ngutitshala kwigubu.  
Shukuma ngokwesinqi eso. Xa uitshala etshintsha isingqi, nawe tshintsha ukukhawuleza kweentshukumo zakho. Mamelisia kakuhle!



# Izinto ezakhiwe ngazo izindlu ezahlukeneyo



Sisebenzisa izinto ezahlukeneyo ukwakha izindlu.

Jonga le mifanekiso ingezantsi.



iziteni



iithayile



amazinki



isamente



ingca/iingcongolo



igilasi



iipali



amaplanga



amatye



iseyile



iplasitiki



udongwe/udaka



intsimbi



izikhumba



isanti



Thetha nomhlobo wakho ngezi zinto zokwakha zahlukeneyo.

Zeziphi ezivela efektri?

Zivela phi ezinye?

Xelela oogxa bakho ukuba zenziwe ngantoni izindlu odlula kuzo xa usiya esikolweni.



Masenze

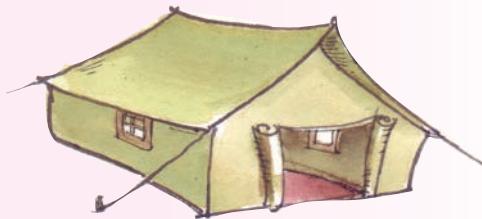
Kudidi ngalunye lwendlu krwela umgca oya kwinto eyenziwe ngayo.

Umhla: .....

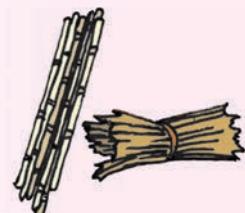
Inqaku likatitshala:  
Utitshala wakho uza kuzithatha  
iincwadi zenu azijonge.



### Uhlobo lwendlu



### Izinto zokwakha



Teacher:

Sign:

Date:

# Izindlu nemozulu

Masifunde

Izindlu zigcina abantu bekhuselekile kwiumeko ezahlukeneyo zemozulu. Zingasikhusesla kwimitha eqqatsileyo yelanga. Kanti zingasikhusesla nasengqeleni, emoyeni nasemvuleni.



Ubusazi na ukuba abantu abahlala kumazwe abandayo bakha izindlu ezizodwa ezifana nale ingasezantsi? La makhaya kufuneka abagcine befundumele xa kusiwa ikhephu.

Le yimephu yaseGreenland, ilizwe elibanda ngokugqithisileyo.

Le yindlu  
ekuthiya  
yi-igloo



Abanye abantu abangama-Inyuwiti abahlala kwimimandla ye-Arctic enekhephu nomkhenkce omninzi bakha izindlu zabo zasebusika ngomkhenkce.

Umkhenkce uayithintela ingqele. Ezi zindlu zibizwa ngokuba zii-igloo.

Umhla: .....



Masenze

Ngokwamaqela, yenzani umdlalo nibonise ukuba ningayakha njani na indlu. Yenzani isigqibo malunga nohlobo lwendlu eniza kuyakha.

Niza kusebenzisa eziphi izinto zokwakha?

ityotyombe

Ngubani oza kwenza ntoni?

ucango

Niza kuqala nenze ntoni?

izindlu zamandulo  
ooronta

Niza kugqibela ngantoni?

izindlu ezinomgangatho  
omnye okanye emibini

Sebenzisa amanye ala magama.

izindlu  
zamaplanga

izitena

udonga

ipeyinti

iiflethi

uphahla

itshimini

ifesitile

isamente



Masifunde

Yenza lo mbongo njengenxalenyen yomdlalo wakho:

Yakha, yakha indlu entsha kraca!

Yiza nezitena, linganisa udonga

Bethelela isikhonkwane, qinisa isikrufu –

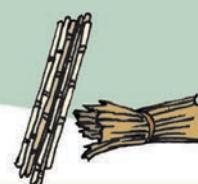
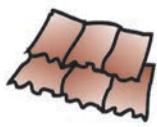
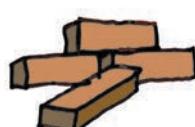
Zikhusele elangeni.

Yakha, yakha indlu entsha kraca!

Yiza nesanti neengcango neethayili

Yiza namanzi, xuba isamente –

Zikhusele emvuleni.

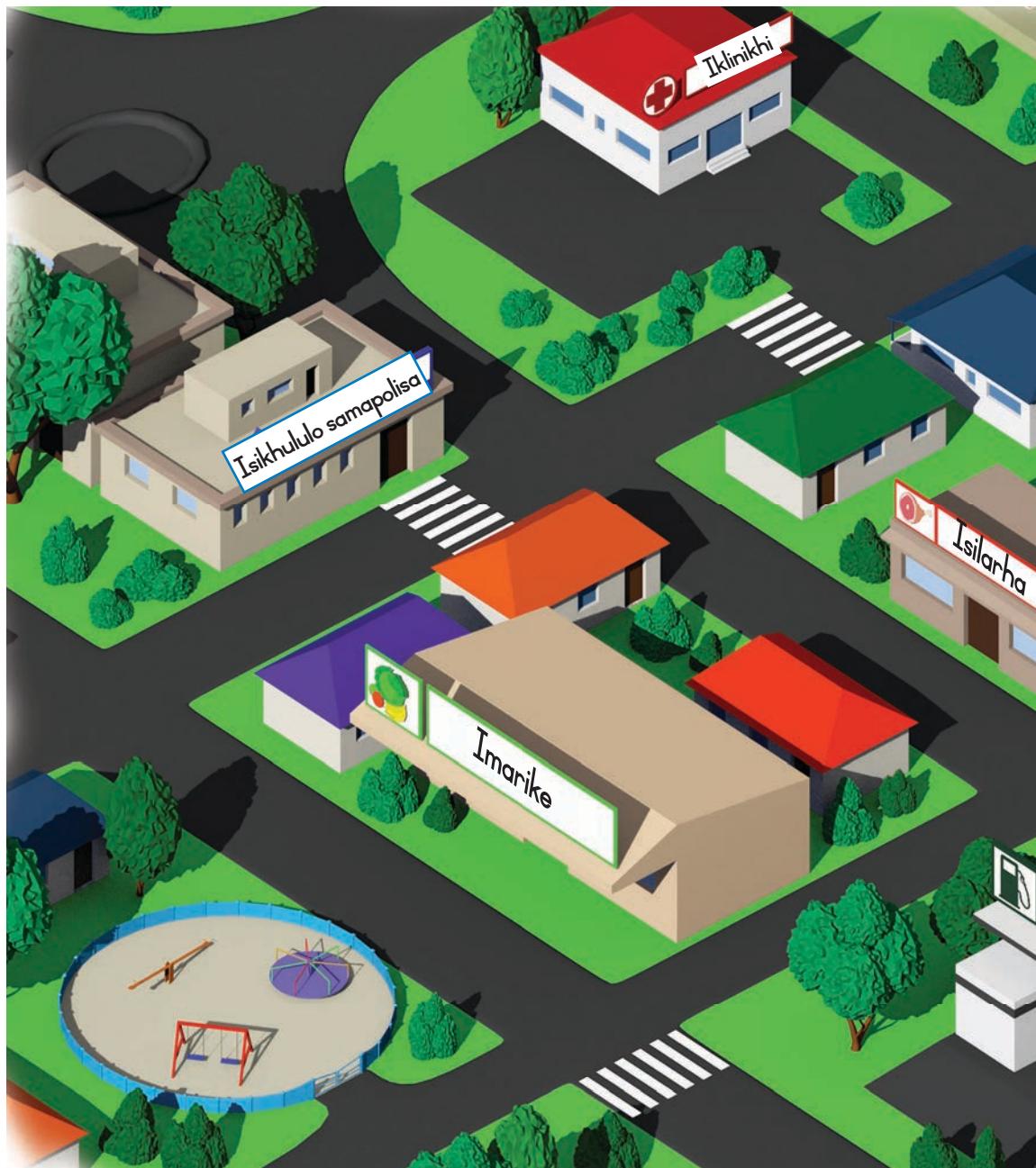




Masifunde

Kukho iindidi ezahlukeneyo zeemephu. Ukuze sikwazi ukukhetha imephu elungileyo kufuneka sazi ukuba siyifunela ntoni na imephu leyo.

Iimephu zezitalato zisinceda ukuba sifumane izitalato kunye neendawo ezithile edolphini okanye esixekweni. Abalimi bathanda iimephu ezibonisa izinto ezinjengamadama, imilambo neenduli.





Masenze

Umhla: .....

Wena nomhlobo wakho xoxani ngale mibuzo. Yenzani isangqa sijikeleze iindawo ezisemfanekisweni kula maphepha mabini.

Uza kuzifumana phi iincwadi zokufunda?

Ungabuxela phi ubusela?

Ukuba uyagula ungaya phi?

Ungakuthenga phi ukutya?

Ungayilindela phi ibhasi?

Ungasinqumla phi ngokukhuselekileyo isitalato?

Inqaku likatitshala:

Utitshala wakho uza kuzifunda nganye nganye, uze ufumane impendulo.



# Singazifumana phi? (2)


**Masithetho**

Jonga indlela ekule mephu ehanjwa ngu Jason xa esuka kowabo esiya esikolweni.

Chazela umhlobo wakho ukuba u Jason uhamba ngeyiphi indlela. Sebenzisa amanye ala magama.

ngasentla

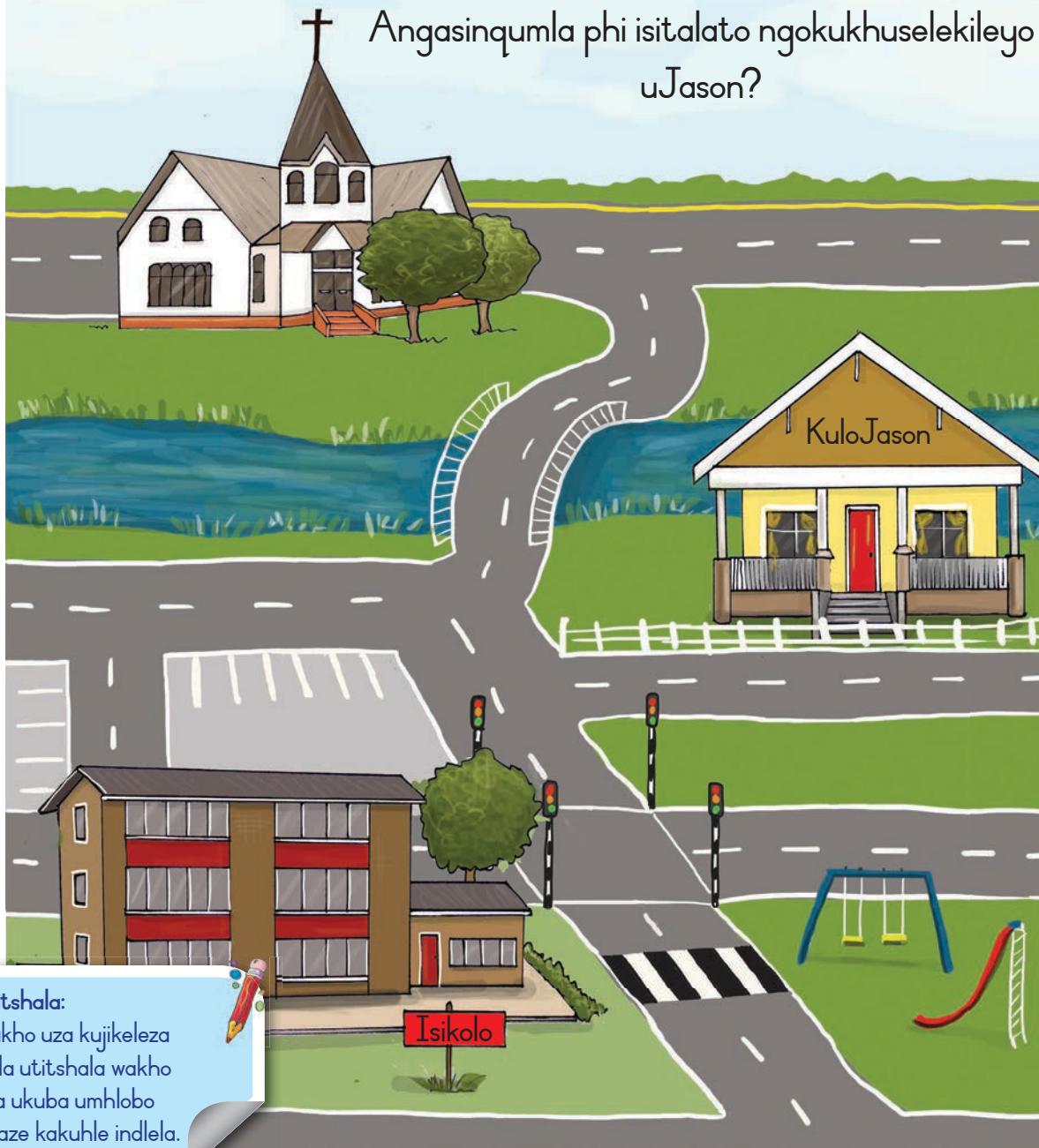
dlula

ecaleni

ngaphezulu

ngezantsi

Angasinqumla phi isitalato ngokukhuselekileyo  
u Jason?



Inqaku likatitshala:

Utitshala wakho iza kujikeleza iklesi. Chazela utitshala wakho ukuba ucinga ukuba umhlobo wakho uyichaze kakuhle indlela.



## Mashukume

- Beka intambo ende emhlaben.
- Uza kuhamba kule ntambo.
- Hamba uye phambili, ubuye umva uye nasemacaleni unxuse intambo.
- Yiya phambili ecaleni kwentambo, izandla zakho zibe sentloko.
- Buya umva uhamba ecaleni kwentambo izandla zakho zibe ngasemva.
- Hamba ngamacala izandla zakho zibe sesinqeni.

Umhla: .....



## Masifunde

Wenze njani? Ukuba ukwazile ukuzenza zonke iintshukumo kakuhle, fakela umbala kobi buso buncumileyo. Ukuba akukwazanga ukuzenza zonke iintshukumo, fakela umbala kubuso obulusizi. Ukuba kukho intshukumo okwazileyo ukuzenza, fakela umbala kubuso obuphakathi.

Ndikwazile ukuya phambili nokubuya umva ecaleni kwentambo.			
Ndikwazile ukuhamba ngamacala ecaleni kwentambo.			
Ndikwazile ukuya phambili ecaleni kwentambo izandla zam zisentloko.			
Ndikwazile ukuhamba ngomva ecaleni kwentambo izandla zam zisemqolo.			
Ndikwazile ukuhamba ngamacala ecaleni kwentambo izandla zam zisesinqeni.			

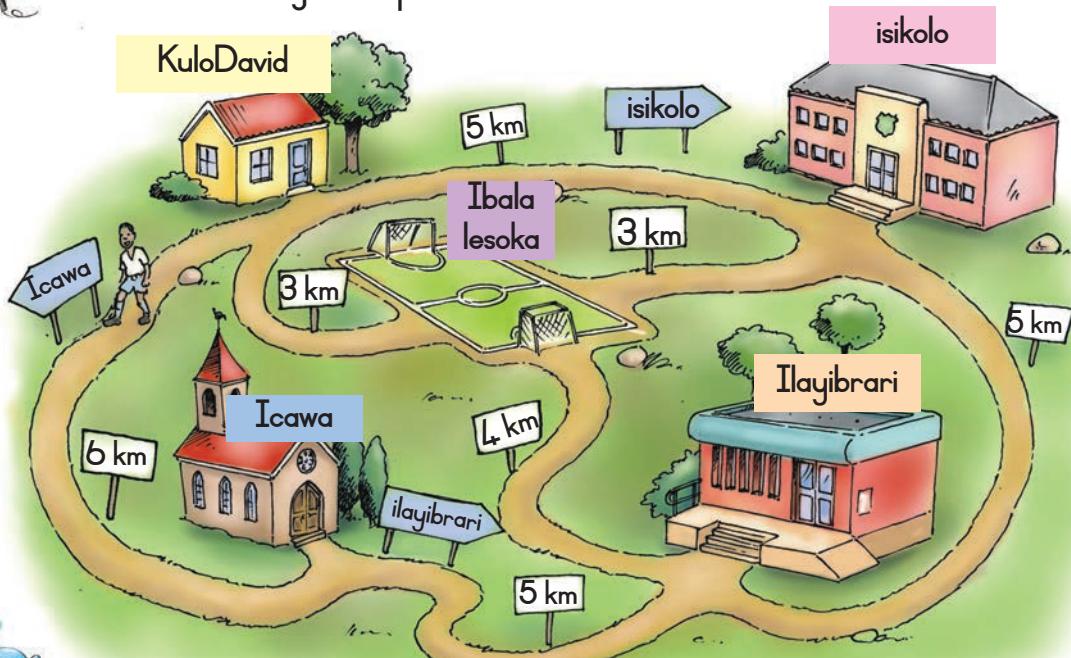


# Ukufumana indlela

Ikota 4 - Iyeki 4

Masibhale

Iimephu zemifanekiso zisinceda sibone ukuba zikude kangakanani na iindawo. Jonga le mephu.



Masibhale

Phendula le mibuzo. Ungacela umhlobo wakho akuncede.

Yenza isangqa apho ubona khona igama elingu-km

Zingaphi izangqa onazo?

UDavid uhamba ngeenyawo ukusuka esikolweni ukuya elayibrari.

Ubona ntoni ecaleni kwelayibrari?

Zeziphi iimpawu azibonileyo endleleni?

Uhambe umgama ongakanani uDavid?

Sesiphi isakhiwo akwaziyo ukusibona xa ekumnyango wangaphambili waselayibrari?

UDavid ulambil. Ufuna ukugoduka. Funa eyona ndlela imfutshane ukusuka elayibrari ukuya kowabo.

Ingaba ibala lebhola ekhatywayo yeyona ndawo ikufuphi kowabo?

Inqaku likatitshala:

Utitshala wakho uza kukuxelela ukuba ungakanani na umgama ongangekhilomitha usuka esikolweni sakho. Siwubhala ngolu hlobo: 1 km

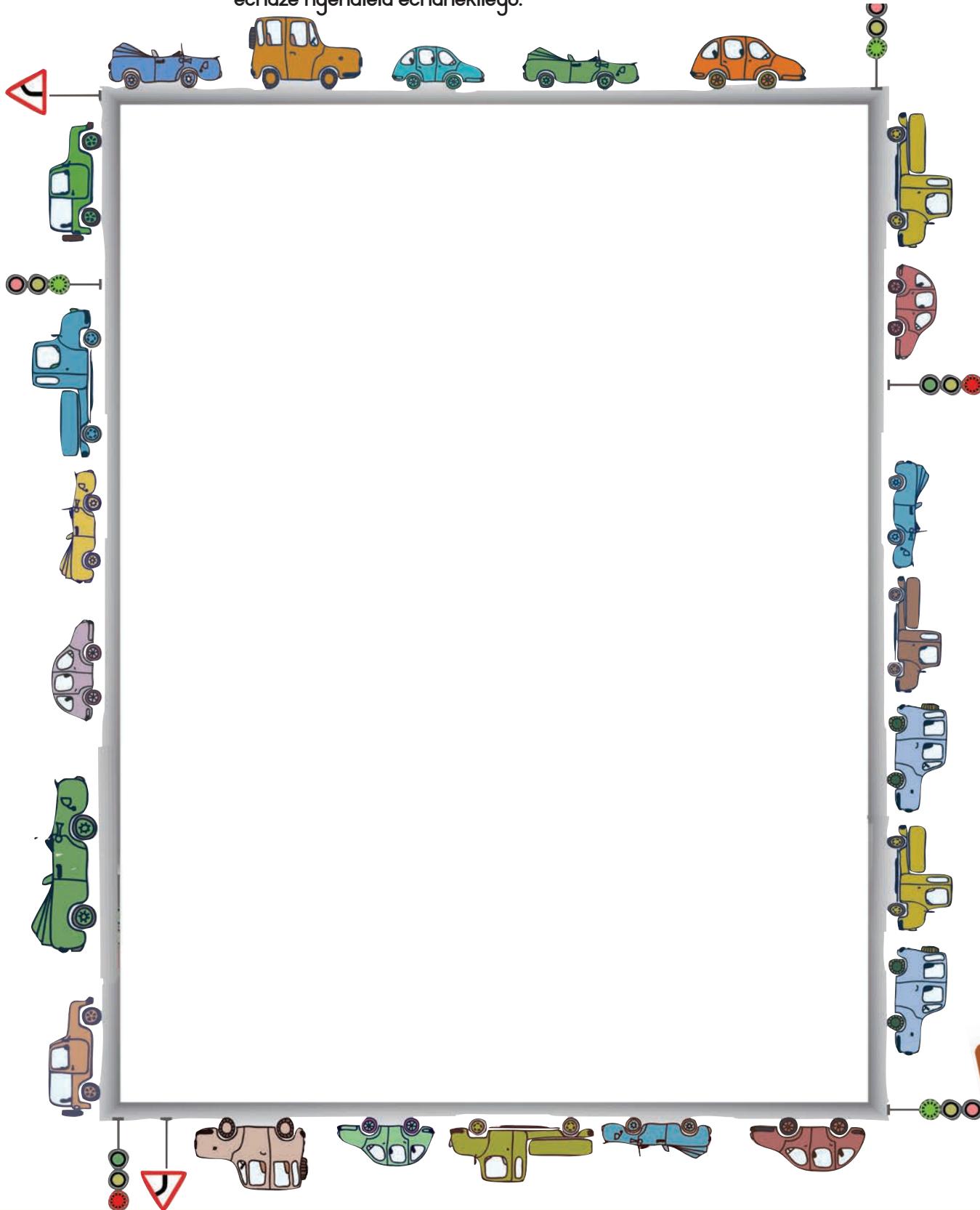


Masenze

Umhla: .....

Zoba imephu yemifanekiso yendlela oyithathayo phakathi kweendawo ezimbini.  
Khetha nokuba zeziphi iindawo ezimbini. Xa ugqibile bonisa imephu yakho  
kumhlobo wakho aze achaze indlela leyo yakho.

Qinisekisa ukuba ujichaza kakuhle. Xelela utitshala wakho xa umhlobo wakho  
echaze ngendlela echanekileyo.



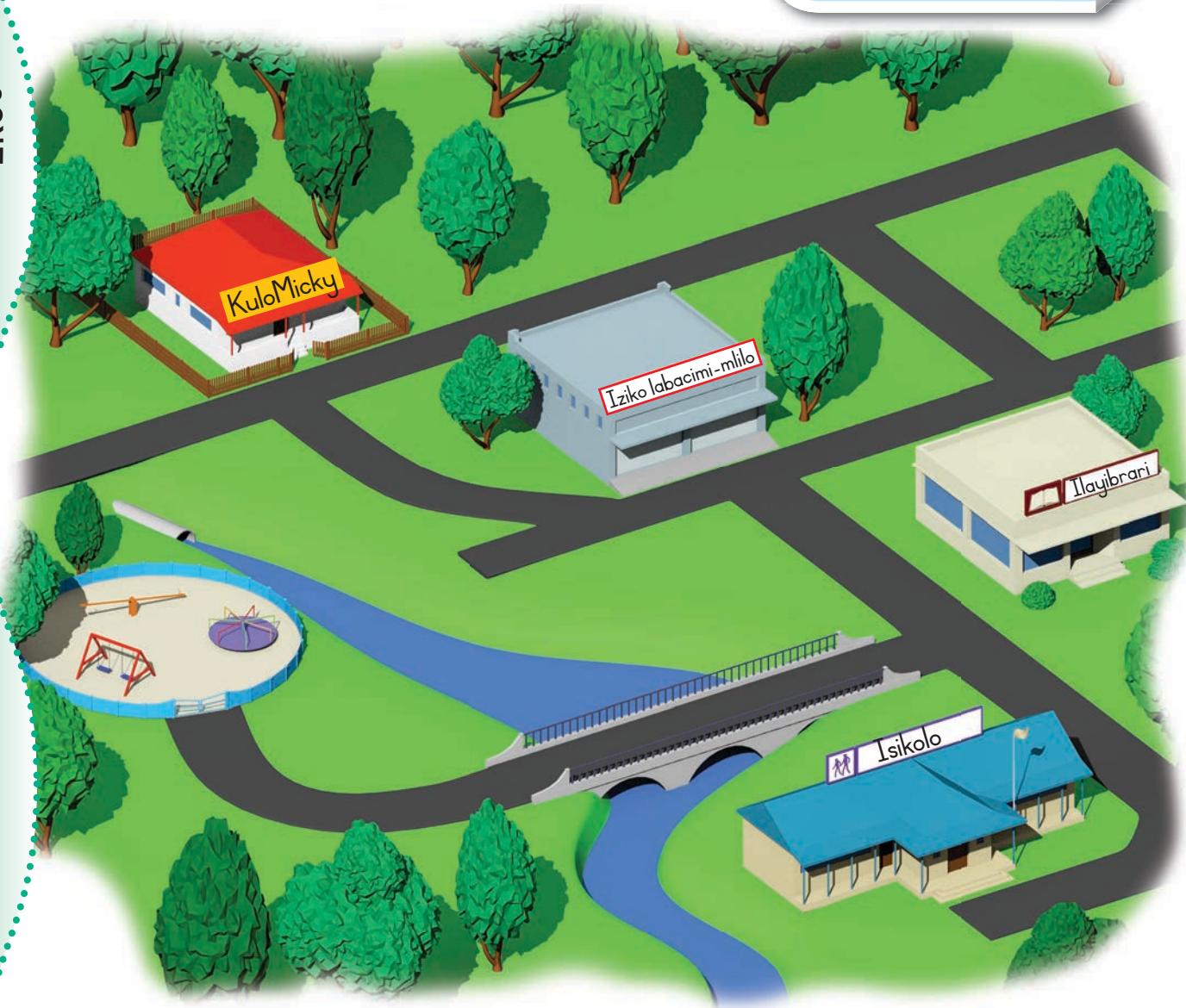
# Ukufumana iziganeko ebalini

Ikota 4 – Iweki 4



Utitshala wenu uza kunifundela ibali elingo Micky. Mamela ngononophelo. Landela indlela yakhe kwimephu esencwadini yenu.

Inqaku likatitshala:  
Utitshala wakho uza kulifunda kwakhona ibali aze akucele wenze unongxabalaza (X) kwezo ndawo.



NgeMiggibelo uMicky udlala nabahlobo bakhe epakeni (X).

Ekuseni ngenye imini umama wakhe uthe: Umakhulu uyagula. Unganceda umsele oku kutya?"

UMicky uthatha ingobozi enkulu enokutya. Ut he xa ephuma egeyithini (X) wagileka kwindoda ethile. Ngelizwi elirhabaxa yathi, "Heke, ndiyabona ukuba uphethe ukutya. Kokukamakhulu, anditsho?"

Yamoyikisa kakhulu uMicky le nto.

Wakhawuleza wahamba ngendlela eya ngakwiziko labamcimi-mlilo. Wajika ngasekhohlo (X). Wathi akubheka ngasemva wabona ukuba laa ndoda iyamlandela.

UMicky ugqibe kwelokuba aye kufuna uncedo kubahlolo bakhe abasepakeni. Uthi xa efika elayibrari ajike ngasekunene aze ahambe aye phambili (X). Ngasekhohlo ubona isikolo asidlule (X). Kuthe cwaka ezitalatweni. Nanko uMicky ehamba etsiba endleleni (X).

Ngelingeni wayibona ipaka. Nanko ehamba phezu kwebhulorho (X) ukuze adibane nabahlolo bakhe egeyithini. (X)



Masishukume

Ngoku siza kudlala umdlalo wokunikezelana.

- Bekani izitulo zenu zenze isangqa. Dlalani "izitulo zomculo" – kuza kufuneka ufuneyona ndlela imfutshane eya esitulweni.



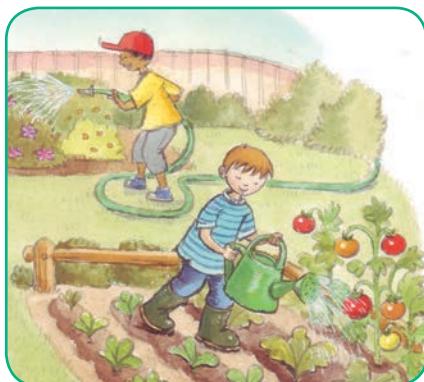
# Ukusetyenziswa kwamanzi ekhaya nasesikolweni



Sisebenzisa amanzi yonke imihla. Jonga iindlela ezahlukeneyo esiwasebenzisa ngazo amanzi. Ecaleni komfanekiso ngamnye, bhala ukuba asetyenziselwa ntoni na amanzi. Sebenzisa ezi zihloko.

Ukucima imililo

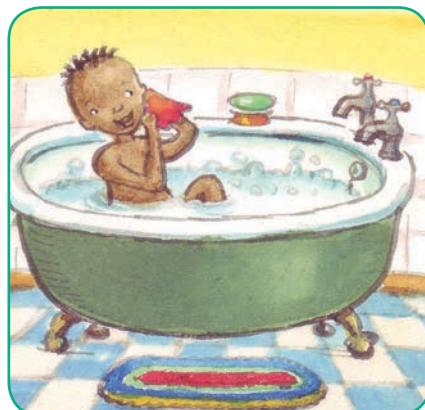
Ukunceda izityalo ukuze zikhule



Ukuhlamba iziqu zethu

Ukuhlamba iimpahla okanye izitya

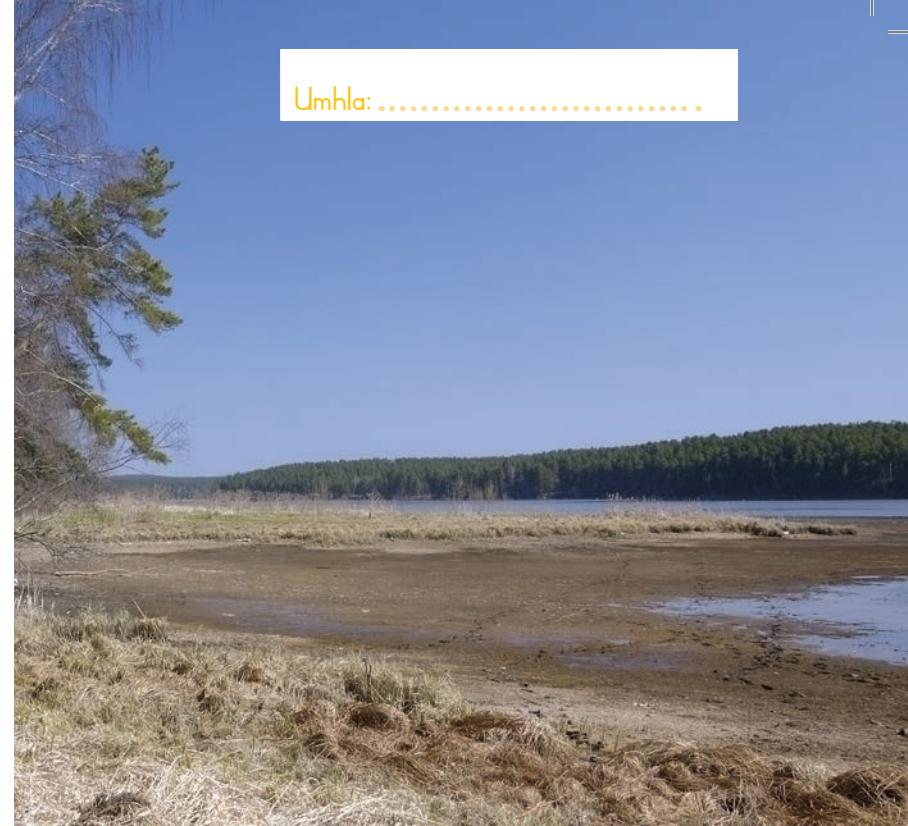
Ukupheka ukutya





Masithetho

Thetha ngeendlela esiwasebenzisa  
ngazo amanzi. Amanzi axabisekile.  
Thetha ngendlela esiwamosha ngayo  
amanzi. Kungenzeka ntoni ukuba  
anokuphela amanzi angabikho?  
Xelela iklasi izimvo zakho.

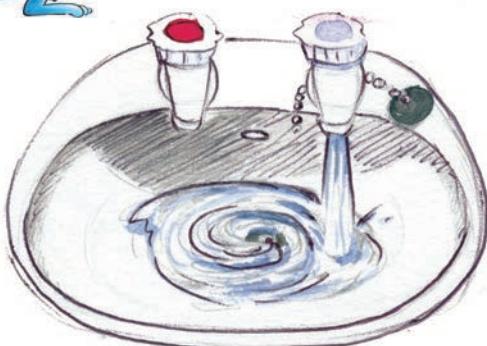


Umhla: .....



Masishukume

Linganisa oku kulandelayo.



Itephu evulelwego  
amanzi agaleleka  
esityeni.



Ilifu lemvula elikhula  
lide libe likhulu  
ligqabhuke ine imvula  
emva koko lithi shwaka.



Umlambo ohla ngokucotha  
phezu kwamatye amakhulu uze  
uqukuqele kuhle phezu kwesanti.



Masiddale

- Dlala umdlalo othi "Tiemele namachaphaza amanzi".

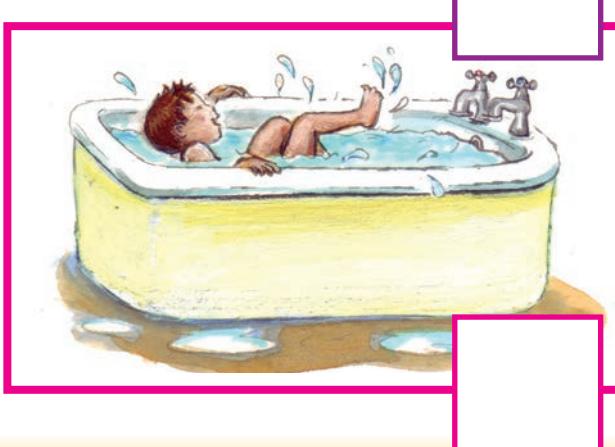
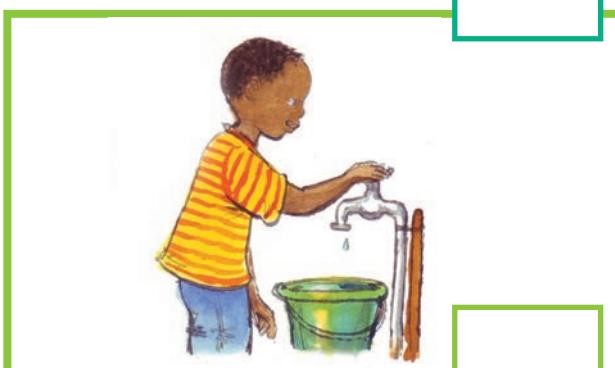
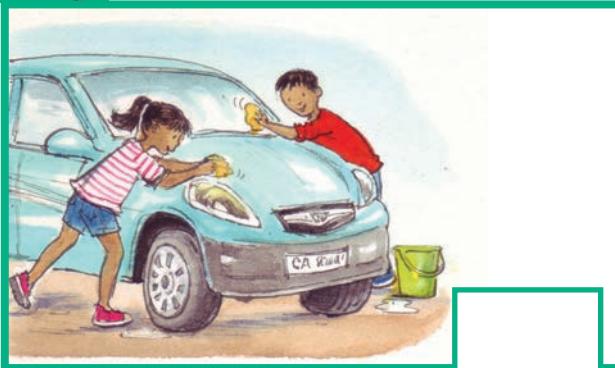


# Siwamosha njani amanzi?



Masibhale

Jonga le mifanekiso. Yenza uphawu (✓) ecaleni komfanekiso obonisa ukulondolozwa kwamanzi, uze ufake (✗) ecaleni komfanekiso obonisa amanzi amoshwayo.



Umhla: .....



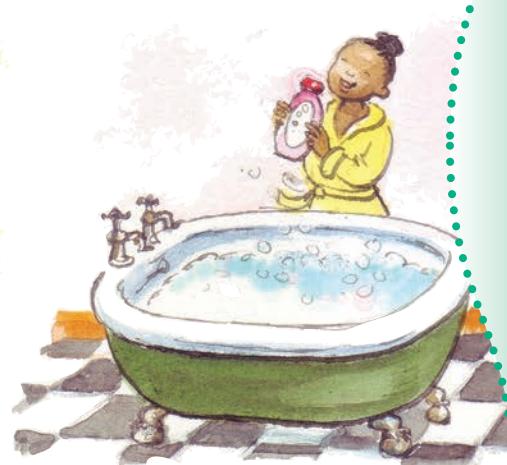
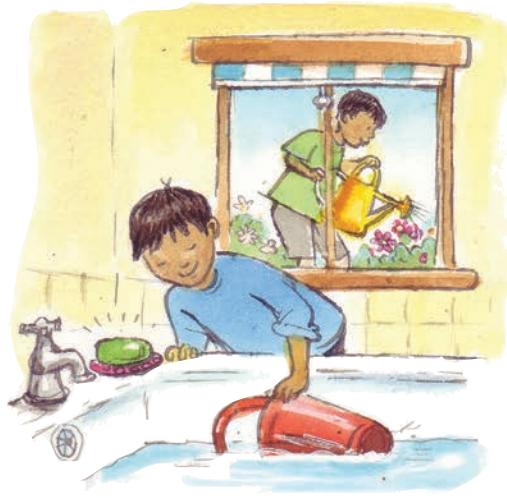
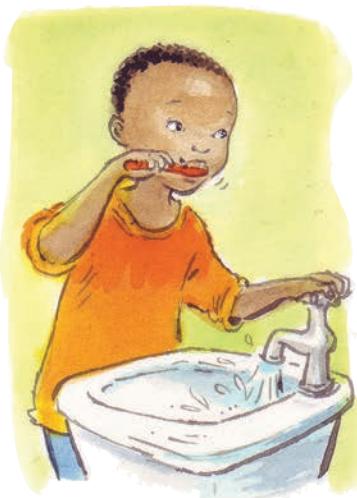
### Masithetho

Jonga imifanekiso ofake u (X) kuyo. Xoxani niyiklasi malunga nokwenziwa ngabantu abakuloo mifanekiso. Thetha ngendlela enobulumko abanokuwasebenzisa ngayo amanzi.



### Masibhale

Jonga imifanekiso. Funda izivakalisi ezingezantsi. Beka uphawu (✓) ecaleni kwesenzo ngasinye esincedisa ekulondolozeni amanzi, uze ubeke u-(X) kwisenzo ngasinye esimosha ngamanzi.



	okanye
Ndivulela itephu xa ndihlamba amazinyo am.	
Andiwachithi amanzi okuhlamba, kodwa ndiwasebenzisela ukuncenkceshela esitiyen.	
Ndihlamba ebhafini ezele ngamanzi rhoqo ebusuku.	
Xa ndibona itephu evuzayo ndiyayivala ndiyiqinise.	
Sihlamba izitya ngamanzi avulelwego.	



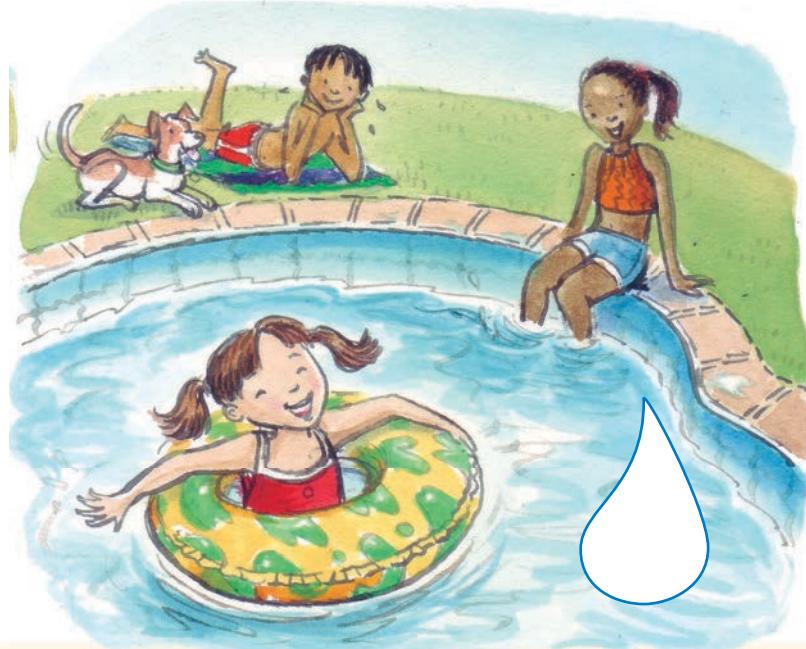
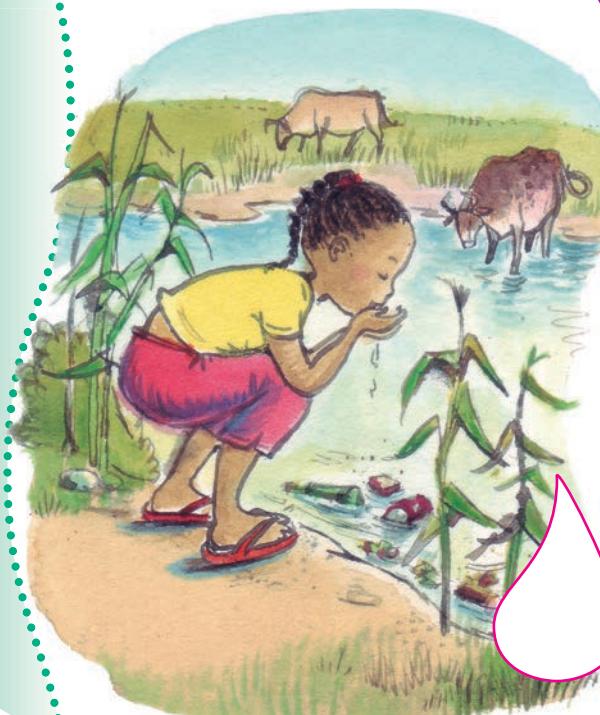
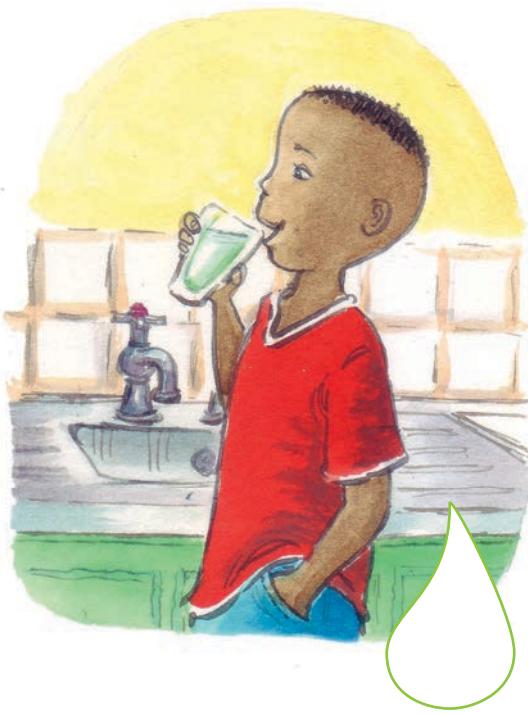
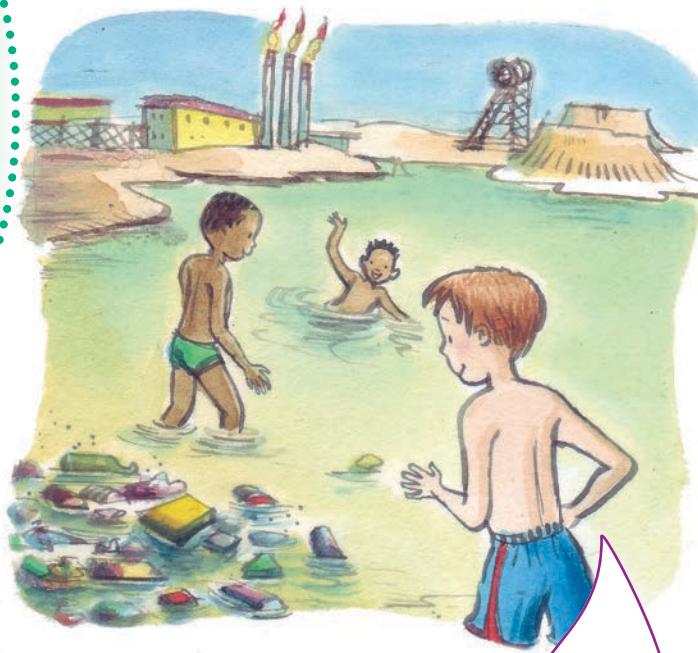
# Amanzi aselwayo akhuselekileyo nangakhuselekanga

Ikota 4 – Iyeki b



Masibale

Jonga le mifanekiso. Fakela uphawu lokukorekisha (✓) ecaleni komfanekiso ngamnye obonisa imisebenzi ekhuselekileyo. Fakela unongxabalaza (✗) ecaleni komfanekiso ngamnye obonisa imisebenzi engakhuselekanga.





Masibhale

Umhla: .....

Bhala igama elithi "kukhuselekile" okanye "akukhuselekanga" ugqibezele isivakalisi ngasinye. Sikwenzele esokuqala.

Ukusela amanzi amdaka akukhuselekanga.

Ukuqubha emanzini amdaka \_\_\_\_\_.

Ukusela amanzi abilisiweyo \_\_\_\_\_.

Ukusela amanzi avela emlanjeni onongcoliseko \_\_\_\_\_.

Ukusela amanzi acocekileyo etephu \_\_\_\_\_.



Masidale



Dlala nabanye ababini.

- Qhwaba izandla qho amanzi echiphiza:
  - ephuma ngokucotha etephini
  - ephuma ngokukhawuleza etephini
  - ephuma ngokukhawuleza kakhulu etephini
  - onke ngexesha elinye.
- Dlalani nokuba ngowuphi na umdlalo wokuqhewaba izandla eniwaziyo.



Masishukume

- Tsiba okwesele liphuma emanzini angcolileyo.
- Tsiba okwesele lingena emanzini acocekileyo
- Qabadula okwehashe elinxaniweyo libaleka lisiya kusela amanzi.
- Baleka ngamendu amakhulu kangangoko unakho umke emvuleni.
- Tsiba usuke kwelinye ilitye uye kwelinye elingaphaya komlambo. Nceda abo bangakwaziyo ukuhamba.
- Jikeleza ndaweninye okwamanzi asebhafini (uwedwa uphinde unomhlobo wakho).
- Utitshala wakho uya kukuxelela xa kufuneka utshintshe wenze enye intshukumo. Mamela ngobunono imiyalelo yakhe.



# Masigcine amanzi ecocekile



Masifunde

Kufuneka sisele amanzi acocekileyo.

Sineendlela ezahlukeneyo zokucoca amanzi.

Kufuneka sigcine amanzi ngeendlela  
ezinokuwagcina ecocekile.

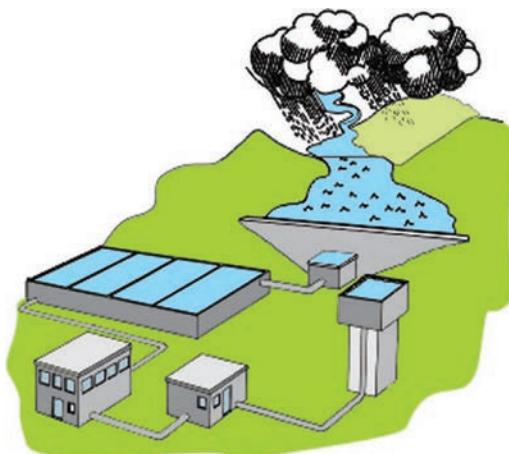


Masithetho

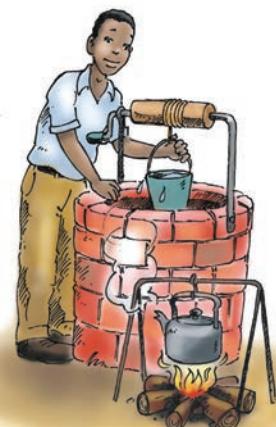
Jonga imifanekiso. Thetha nomhlobo wakho ngokuba avela phi amanzi ethu  
acocekileyo. Xeleta iklasi into oyicingayo. Xa sihlambulula amanzi, siyawacoca  
ukuze kukhuselike ukuwasela.



Singawasela amanzi emvula ukuba uphahla  
lwendlu kunye netanka zicocekile. Ukuba siyawacoca  
singawasela ngokukhuselkileyo.



Umasipala uyawacoca aze awagcine ecocekile  
amanzi ukuze sikwazi ukuwasela.



Singawacoca ngokuwabilisa amanzi



Singawacoca ngokuwahliza amanzi

Umhla: .....



Masenze

Cela utitshala wakho akubonise indlela yokwenza isihluzo samanzi.

Uza kufuna oku:

Ibhotile yeplasitikhi yeeelitha ezi-2

Isanti ecocekileyo, ecolekileyo

Uhlalutye olucocekileyo

Amatye acocekileyo, amancinane/igrabile

Imela ebukhali

Uboya obucocekileyo



Masishukume

- Sebenzisa ibhola kunye nohulahuphu. Beka uhulahuphu phantsi abafundi bame ngomgca malunga nee-5 m ukusuka kuye. Ungasebenzisa neringi yepali yebhola yomnyazi.
- Umfundi ngamnye ufumana ithuba lokuphosa ibhola eringini.



# Ukutshintsha kwemini ibe bubusuku



Imini nobusuku zahlukile.

Zikhangeleka zahlukile, siva izandi ezahlukileyo, kwaye senza izinto ezahlukileyo.

Emini sibona ilanga elikhanyayo. Ilanga linika ukukhanya nobushushu. Abantu abaninzi basebenza emini, nathi siya esikolweni.



Jonga imifanekso uze uthethe nomhlobo wakho ngayo. Ingaba yimifanekiso yasemini okanye yasebusuku? Yahluke njani? Bhala "Imini" okanye "Ubusuku" ngentla komfanekiso ngamnye.





## Masifunde

Liyatshona ilanga ebusuku.  
 Kuba mnyama kwaye siyakwazi  
 ukubona inyanga neenkwenkwezi.  
 Sisebenzisa izibane ukuze sibone  
 into esiyenzayo.



Umhla: .....



Ebusuku, kuyabanda  
 kunasemini.  
 Abaninzi bethu bayalala  
 ebusuku, kodwa bakhona  
 abanye abantu abasebenza  
 ebusuku. Kukho izilwanyana  
 eziphuma xa kumnyama  
 kuphela.



## Masishukume

- Sebenzisa ipali (okanye iibhakana ezinjengeekhowuni) kunye nebhola.
- Beka iipali (okanye iibhakana) zithi qelele kubafundi kangangeemitha ezimbalwa.
- Sebenzisa ibhola enkulu efana neyebhola ekhatywayo.
- Khabela ezipalini okanye phakathi kweebhakana.
- Qala ukhabe ngonyawo lwasekunene ulandele ngolwasekhohlo.
- Mangaphi amanqaku owafakileyo?



# Sinjani isibhakabhaka ebusuku?

Ikota 4 - Iweki 7



Masifunde

Emini sibona isibhakabhaka esiluhlaza  
kunye namafu. Okubaluleke kakhulu,  
kukuba sibona ilanga.



Ebusuku sibona inyanga neenkwenkwezi  
ezininzi. Kukho neeplanethi ezikhangeleka  
okweenkwenkwezi.



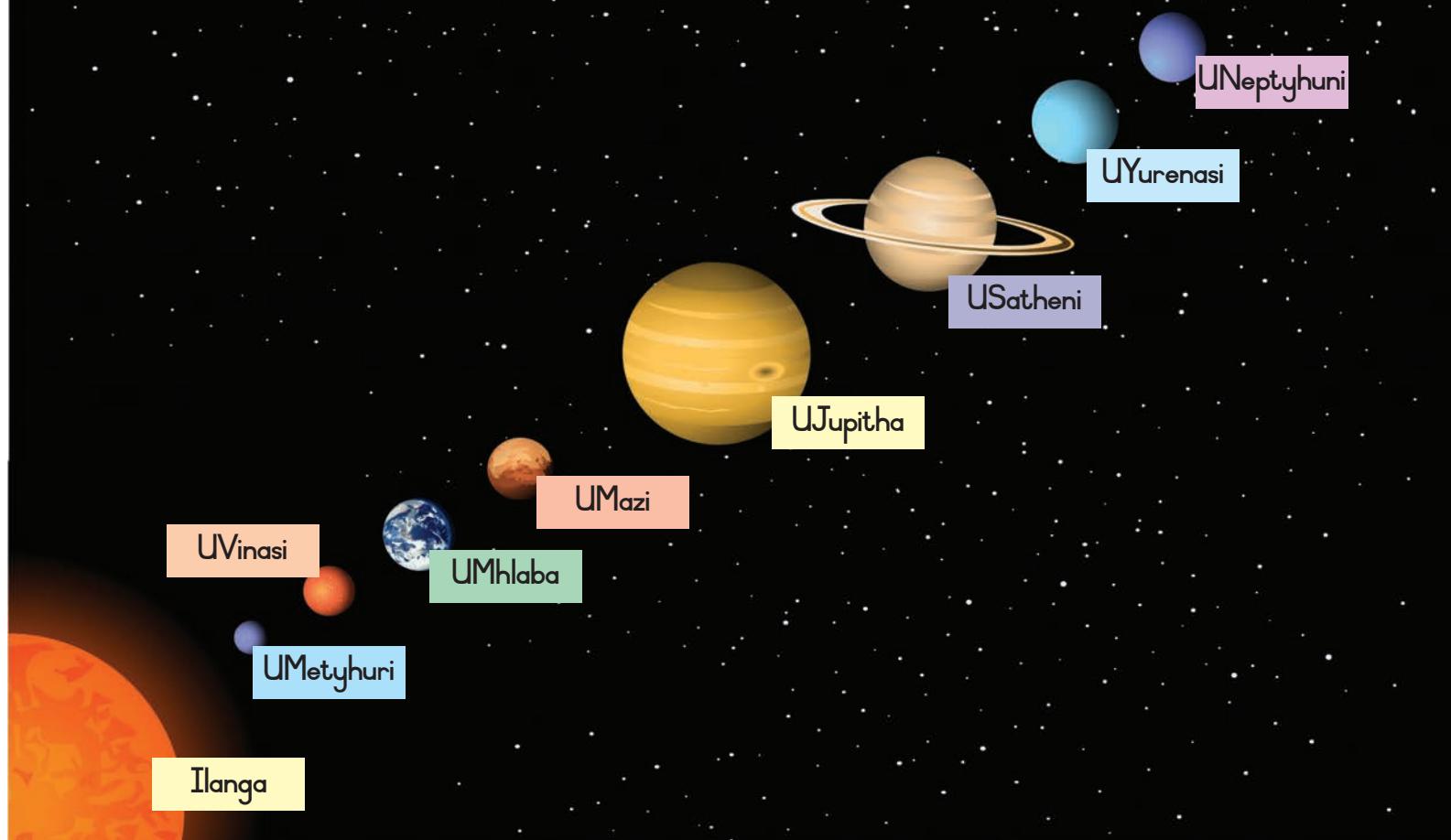
Ngamanye amaxesha inyanga ibonakala  
esibhakabhakeni nasemini. Phofu asiyiboni  
kakuhle ngenxa yokuqaqamba kwelanga.  
Zama ukufumana inyanga emini.



Masenze

Inyanga ayikhangeleki ngokufanayo ngobusuku ngabunye. Jonga inyanga ebusuku  
iiitsuku ezi-5 ezilandelayo. Kwiibhokisi ezingeantsi, zoba iimilo ozibonileyo  
ezahluka-hlukileyo zenyanga.

Ubusuku bokuqala	Ubusuku besithathu	Ubusuku besihlanu

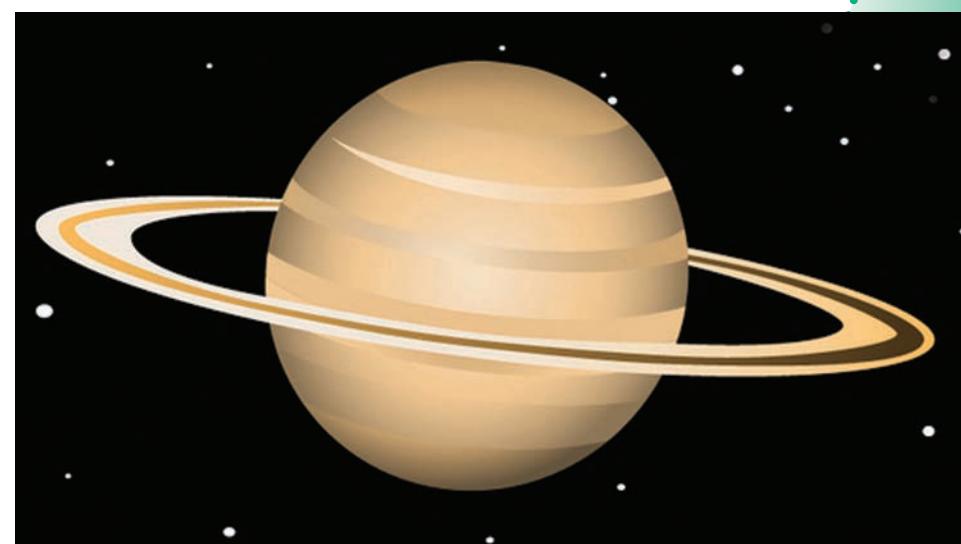


Ezi zinto lilanga kune neoplanethi ezikwisixokelelwano selanga – zingabamelwane bethu.  
(Ilanga kune neoplanethi azizotywanga ngokwemilinganiselo.)



Lo ngumfanekiso weSatheni.  
Yona yahlukile kuzo zonke  
iplanethi kuba inezangqa  
eziyjjikelezileyo. Uyawabona  
amachokoza amhlophe  
emfanekisweni? Ucinga ukuba  
ziintoni?

Jonga umfanekiso omkhulu  
ongasentla. Ngaba iSatheni inkulwana okanye incinanana kunoMhlaba?  
Yeyiphi iplanethi enkulu ngaphezu kweSatheni?

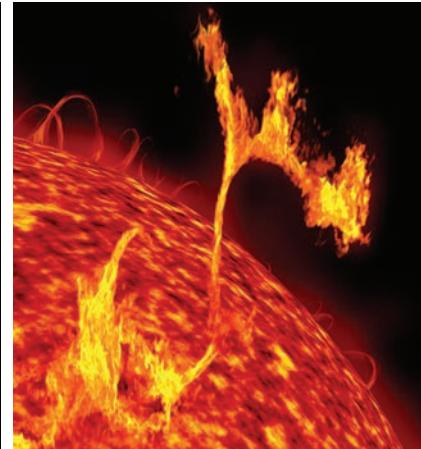


# Ilanga nenyanga

**Masithethe**

Jonga le mifanekiso.

Ikota 4 - Iyeki 8



Thetha nomhlobo wakho. Isibonisa ntonile mifanekiso? Nika nokuba yeyiphi impendulo efika kuqala engqondweni.



**Masifunde**

Inqaku likatitshala:  
Titshala wakho uza kuzimamela  
zonke izimvo zakho aze akuxelele  
ukuba yeyantoni imifanekiso.



Ilanga yinkwenkwezi. Lifana nebhola yomlilo enkulu ethumela ubushushu bayo nokukhanya kuwo onke amacala. Ilanga likhulu ngokuphinda-phindwe ngamawaka kunehlabathi.

Inyanga yibhola enkulu yeliwa nothuli engakhuphi bushushu.

Inyanga ayinakukhanya kukokwayo. Ifana nesipili esibonisa thina imitha yelanga. Inyanga incinane kakhulu kunehlabathi.



**Masithethe**

Thetha nomhlobo wakho malunga nendlela etshintshe ngayo inyanga kubusuku beentsuku ezintlanu. Emva koko jonga le mifanekiso. Ingaba inyanga yakho ibifana neny yezi?



Inyanga epheleleyo



Isiqingatha senyanga



Inyanga eliceba

# linkwenkwezi

64



Masifunde



Ilanga yeyona nkwenkwezi ikufutshane kuthi. Ezinye iinkwenkwezi zikude kakhulu kuthi. Nokuba ubunokuhamba ngokukhawuleza kangangoko unako usiya nakweyiphi kwezi nkwenkwezi, kungakuthatha iminyaka emininzi kakhulu ukufika apho zikhoyo.



Masithethethe

Balekani nonke  
Nants' inkwenkwez' enomsila  
Balekani nonke  
Nants' inkwenkwez' enomsila  
Ikude kangakanani phezu komhlaba  
Injengedayimani esibhakabhakeni  
Menye-menye, menye-menye inkwenkwez' enomsila  
Menye-menye, menye-menye inkwenkwez' enomsila  
Owu nas' isimang' esabonwa yinkwenkwezi  
Owu nas' isimang' esabonwa yinkwenkwezi



Masifunde

Le ngoma yabhalwa kudala kwiminyaka emininzi eyadlulayo.  
abantu ngoko babengazi nto malunga neenkwenkwezi.

Namhlanje kuninzi esikwaziyo. Oosomajukujuku bay  
emajukujukwini ngeziphekepheke ezizodwa ukuze bafunde  
ngakumbi ngeenkwenkwezi. Xa oosomajukujuku betyelela  
emajukujukwini, banxiba iisuti zohlobo olulodwa zasemajukujukwini.

Ngenxa yoosomajukujuku abakhali phileyo nabantu abangqondo zikrelekrele  
abahamba baye emajukujukwini, zininzi izinto esizifunde ngeenkwenkwezi.



Masithethethe

Ingaba kulungile ukuba sifunde kakhulu ngeenkwenkwezi? Thetha  
nomhlobo wakho ngalo mbuzo.



Ikota 4 - Ivelki 8





# Ukhethekile.

Umzimba wakho wonke  
ungokhethekileyo.



Nguwe kuphela onelungelo  
emzimbeni wakho!



**AKUKHO**  
namnye umntu  
onelungelo  
lokuphatha  
amalungu akho  
angasese.

**Kufuneka uxelele umntu ukuba kuye kwakho  
umntu okubamba amalungu akho angasese.**

**Kufuneka uxelele umntu ukuba kukho nabani na  
okwenzisa izinto ongathandiyo ukuzenza.**

**Tsalela kule minxeba xa ufunu uncedo:**

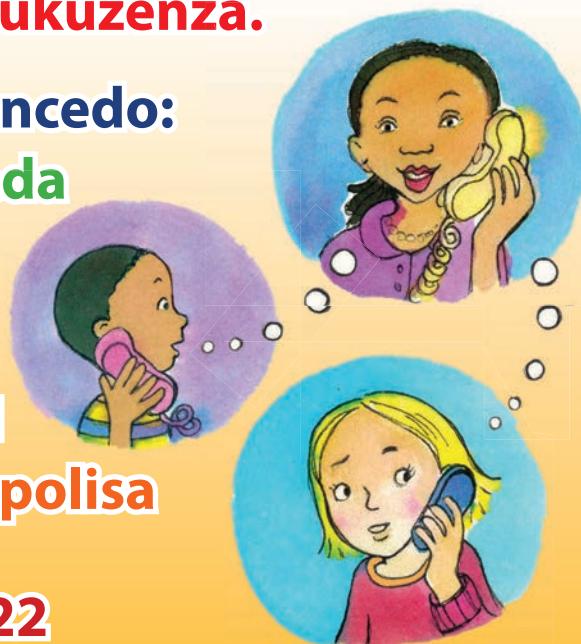
**Umnxeba olungiselelwe ukunceda  
abantwana: 0800 05 55 55**

**Umnxeba wokulwa nolwaphulo  
mthetho wamapolisa  
aseMzantsi Afrika: 086 00 10111**

**Umnxeba wongxamiseko wamapolisa  
aseMzantsi Afrika: 10111**

**Umnxeba woncedo: 0861 322 322**

**Iqela elikhusela abantwana: 012 393 2359/2362/2363**



**Make a placemat**  
Cut out the pictures you like and  
paste them on to the opposite page to  
make yourself a two-sided placemat.  
Cover or laminate the placemat with  
plastic and use it when you eat.





