

Ibuyekeziwe -  
Ihambisana  
ne-CAPS

Ibangalesi-

2



Amakhono Empilo  
ngesiZULU  
Incwadi yesi-2  
Ithemu 3 & 4



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LIFE SKILLS IN ISIZULU

GRADE 2 – BOOK 2

TERMS 3 & 4

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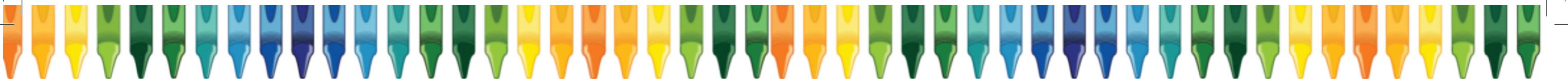
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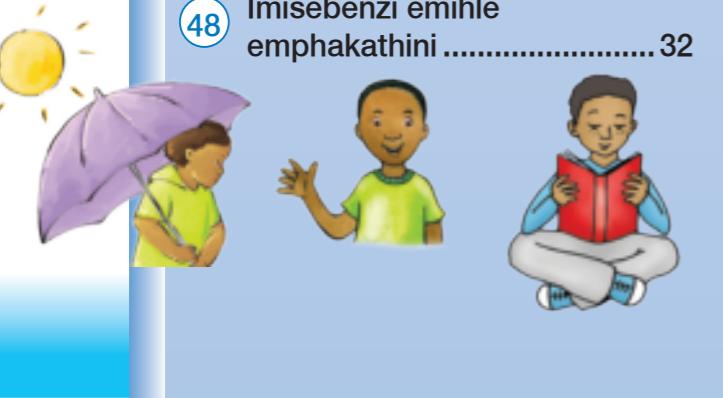


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UNKK Angie Motshekga,  
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weMfundu eyiSesekelo.



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Sinethemba futhi lokuthi abantwana uqobo lwabo bazokujabulela ukusebenzisa lezi zincwadi ekukhuleni kwabo bakhule nolwazi eziluqukethe, bese kuthi wena njengothisha wabo uthokoze kanye nabo ekugcineni.

Sifisela wena nomfundu omfundisayo impumelelo ngenkathi usebenzisa lezi zincwadi.



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# Ibanga lesi -

2



Amakhono Empilo  
**NGESIZULU**  
Incwadi yesi-2



Le ncwadi ngeka:-



# Inhlabathi ibaluleke ngani kithi?



abantu badinga inhlabathi ukuze baphile. Izwe esiphila kulo liyinhlabathi. Sakha izindlu zethu enhlabathini, sitshala izitshalo esizozidla enhlabathini. Izilwane ziyayidinga inhlabathi. Izimbuzi nezinkomo zidla utshani nezinye izitshalo ezimila enhlabathini. Ezinye izilwane ezincane njengawonogwaja namagundane, izinambuzane ezifana nezintuthane kanye nemisundu kuhlala enhlabathini. Cishe zonke izitshalo zidinga inhlabathi ekukhuleni kwazo.

Kunezinhlobo ezintathu ezahlukene zenhlabathi.

## Inhlabathi enesihlabathi

Uma ungazama ukuhlikihla iminwe yakho enhlabathini uzozwa ukuthi ilukhuni. Yomile inesihlabathi futhi. Kulula ukuthi umoya uyigugule ngokuyiphephula inhlabathi esasihlabathi. Uma uthela amanzi esihlabathini, amane angene kalula esihlabathini, futhi asigugule isihlabathi. Azikhuli kalula izitshalo kulolu hlobo lwenhlabathi ekhanyayo ngombala.

## Ewubumba

Enye inhlabathi iyaye izwakale iwubumba. Uma imanzi le nhlobo yenhlabathi iyanamathela ibumbane. Ziningi izinto ongazenza ngobumba olumanzi, izinkomishi, izitsha, nezilwane ezibunjiwe. Kulukhuni-ke ukutshala izitshalo enhlabathini ewubumba. Uma lina ubumba lubamba amanzi ahlale kulo isikhathi eside bese kuthi izitshalo ezimile kulo zibe manzi isikhathi eside kakhulu.



Umhlabathi ohlakazekile



Umhlabathi olubumba

## Eyingxube

Uhlubo esilubiza ngomhlabathi ojingxube luhle kakhulu, sitshala kulo imbewu nezitshalo. Awubi manzi kakhulu noma wome kakhulu. Lo mhlabathi unokudla okwanele ukugcina izitshalo zikhula ngendlela efanele. Umhlabathi uyinhlanganisela yomhlabathi owubumba kanye noyisihlabathi kanti uthe ukuba mnyama ngebalu.



Umhlabathi ojingxube



### Masenzeni lokhu

Ake uzame ukuthola ukuthi luhlubo luni lwenhlabathi olusesikoleni sakho.



- Zungeza isikole uhambe nasezinkundleni nomngani wakho uthole ukuthi kunesihlabathi noma ubumba noma inhlanganisela yini.
- Letha eklasini lakho izinhlobo ezintathu ezahlukene zenhlabathi ngamathini, noma izikhwama noma ngezinkomishi.
- Faka izinombolo eziqukathini oziphethe, njengo-1, 2 no-3.



### Masikhulume

Xoxa nomngani wakho ngenhlabathi ofike nayo oyithathe ezinkundleni zesikole. Phendula le mibuzo ngohlobo ngalunye lwenhlabathi.



### Masibhale

Gewalisa ngokubhala indawo lapho uthole khona loluhlobo lomhlabathi kukholamu yokuqala, bese ufaka umbala ezimpendulweni ezifanele.

Uwutholephi umhlabathi?	Uzwakala unjani?				Bezikhona izitshalo kuwo?	
	womile	omanzi oludaka	unamagabade	yebo	cha	
	womile	omanzi oludaka	unamagabade	yebo	cha	
	womile	omanzi oludaka	unamagabade	yebo	cha	

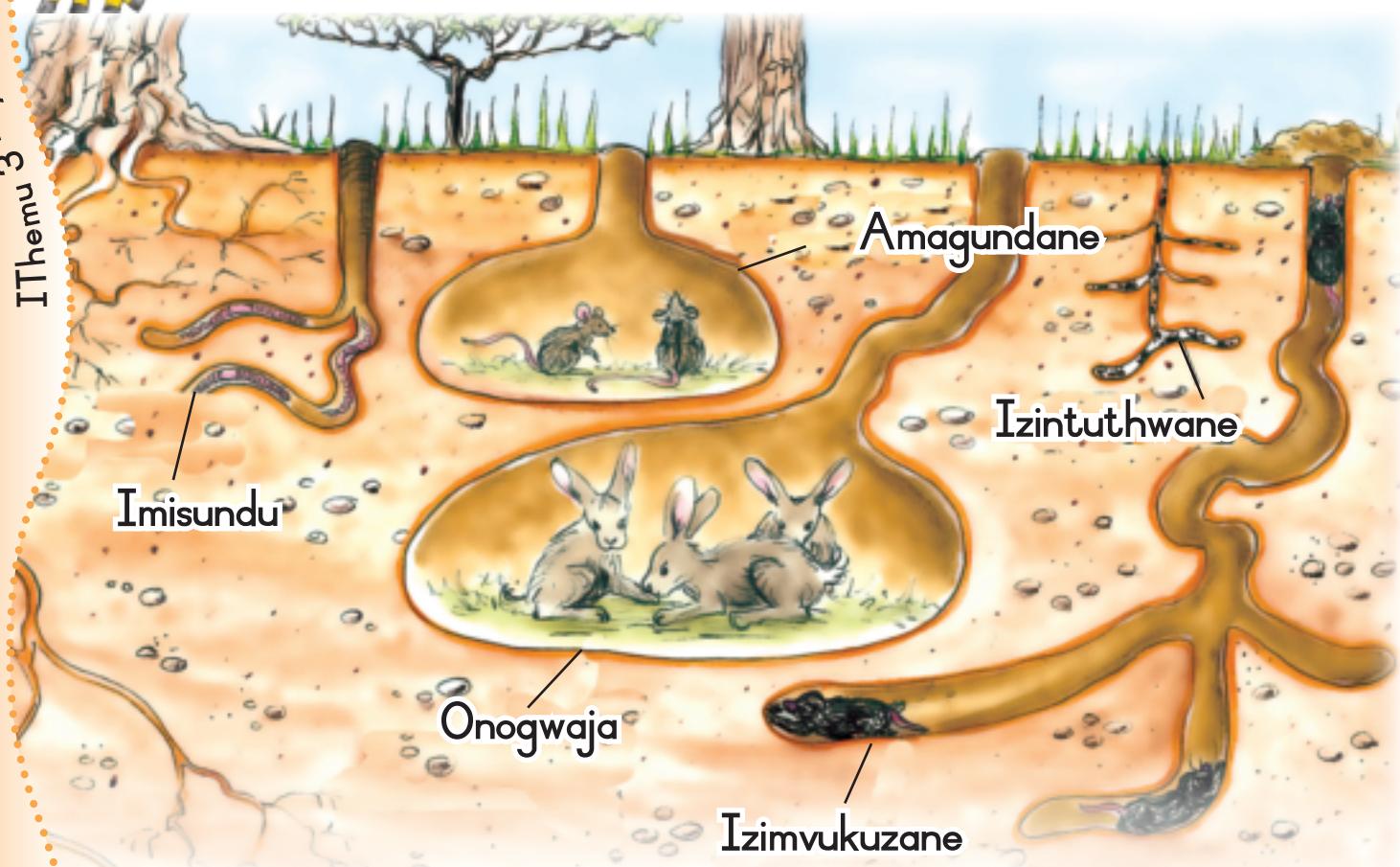


# Ukubaluleka kwenhlabathi

Ithemu 3 – Amasondo |

Masikhulumo

Buka lesi sithombe bese ukhuluma ngezilwane ezihlala enhlabathini.



Masikhulumo

Chazela umngani wakho ngezilwane ozibona esithombeni.

Zikhona ezinye izilwane ozikhumbulayo ezihlala enhlabathini?

Bhala amagama alezo zilwane.




Masenzeni lokhu

- Dweba noma upende isithombe sezinyoni, inhlanzi noma izinambuzane.  
Xoxa ngemibala nezimo zazo.
- Xoxa ngemibala, izimo kanye nokwakhaka kwaso.



Masibhale

Dweba umugqa uqondanise izinto ezisebhokisini elingakwesobunxele nobunjalo bazo – indlela ezizwakala ngayo uma uzithinta – kulezo ezikwesokudla.

Usuku: .....

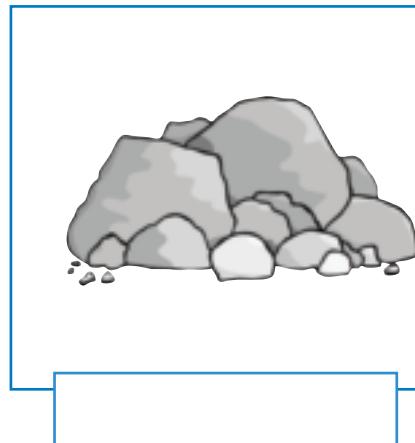
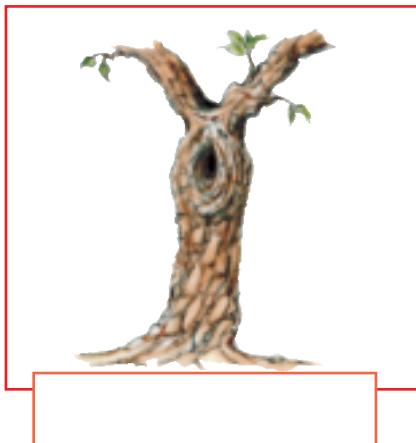
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kuthambile
kuyashelela
kucijile



Masibhale

Kunjani lokhu uma ukuthinta? Gcwalisa izimpendulo zakho.



Masiqhubeke

Yimani nenze isiyungi. Gijimani nibheke ohlangothini lwangakwesokunxele niphinde niguquke nigijime nibheke ohlangothini lwangakwesokudla.

Teacher: \_\_\_\_\_  
Sign: \_\_\_\_\_  
Date: \_\_\_\_\_

# Okunye ngenhlabathi



## Masifunde

Idinga ukunakekelwa inhlabathi

Ingxenye ebaluleke kakhulu kubantu nasezilwaneni enhlabathini yingxenye ephezulu. Le ngxenye iyona lapho izitshalo zimila khona. Izimpande zeztshalo ziyaye zivikele ukuguguleka kwomhlabathi ophezulu uma kunamanzi noma kunomoya. Ziyafa izitshalo uma imvula inganele, noma kunomlilo. Ziyafa futhi uma imvula isiningi kakhulu. Uma kungenazitshalo, umhlabathi wangaphezulu ugugulwa yimvula, noma upheshulwe umoya. Nabantu bayayenza inhlabathi ukuthi iguguleke. Uma singayiqapheli inhlabathi, igcina ihlulekile ukuba nokudla okwanele ezitshalweni, bese zifa. Ngenxa yalokhu, inhlabathi igcina ngokuguguleka noma ngokuphephetheka.



## Masikhulume

Xoxa nomngani wakho ngezindlela abantu ababanga ngazo ukuguguleka kwenhlabathi. Zama ukuphendula le mibuzo elandelayo:

Kwenzekani uma sigenca silalise izihlahla eziningi?

Kwenzekani uma sifuya izimbuzi eziningi, izimvu nezinkomo ezindaweni zethu?



## Masibhale

Buka lezi zithombe. Xoxa nomngani wakho ngokwenze ka emhlabathini. Bese uthikha (✓) impendulo efanele embuzweni ngamunye.

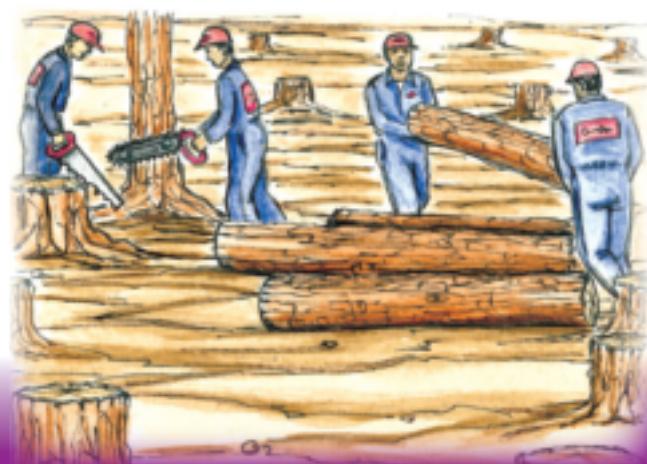
Ingabe ukuguguleka kwenhlabathi  
kudalwa yi

umoya	
umlilo	
yimvula enganele	



Ingabe ukuguguleka kwenhlabathi  
kudalwa yi

yilanga	
abantu	
wumoya	





### Masifunde

Izitshalo zidinga umhlabathi osesimeni esihle ukuze zikhule.

Usuku: .....

Izihlahla nezitshalo kuthola ukudla enhlabathini. Uma izihlahla nezitshalo ezahlukene zimile ndawonye, uhlobo ngalunye lusebenzisa uhlobo olwehlukile lokudla okusenhlabathini. Umhlabathi bese uthola ithuba lokuba sesimeni esihle. Uma umlimi etshala uhlobo olulodwa Iwesitshalo, mhlawumbe kube wummbila wodwa, ummbila uthatha ukudla okuwuhlobo olulodwa, bese lolo hlobo luyaphela. Abalimi bangawugcina umhlabathi wabo uphile kahle ngokutshala izitshalo ezisebenzisa izinhlobo ezahlukahlukene zokudla okuphuma emhlabathini. Singawugcina umhlabathi wezingadi zethu uphile kahle ngokufaka ikhomposti: noma imvundela. Nawe ungayenza imvundela yakho. Umquba unikeza izitshalo umsoco. Nansi ngezansi indlela yokwenza imvundela.



### Masenzeni lokhu

Indlela yokwenza imvundela

#### Uzodinga:

- amakhasi ezithelo nezitshalo
- amaphepha ayizicucu
- amagobolondo amaqanda
- amahlamvu notshani
- izikhwama zetiye
- ukhalibhodi

#### Okudinga ukwenze emva kwalokhu:

- Konke lokhu uyakuhlanganisa kube yinqumbi ukubeke ekhoneni elinomthunzi ekhaya.
- Thela inhlabathi encane.
- Lokhu ukuthela ngamanzi ukuze cube nomswakama (qaphela kungabi manzi kakhulu).
- Phendula lokhu ngemfoloko yasengadini njalo ngemuva kwesonto elilodwa noma amabili.
- Uma kuguquka kuba ngamagabade, kuthela engadini yakho.
- Izitshalo zakho zizokhula ziqine emva kwalokho!



#### Akufanele usebenzise:

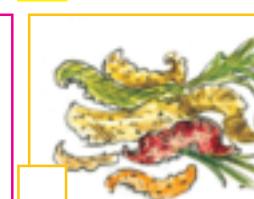
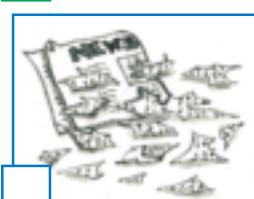
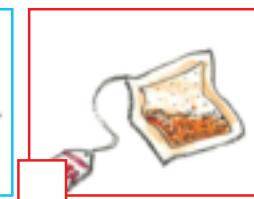
amathini, ingilazi, amapulastiki, ufishi, inyama, ubisi noshizi.



### Masibhale

Buka lezi  
zithombe bese  
uthikha (✓) izinto  
ongazisebenzisa  
ukwenza imvundela.

Beka isiphambano  
esikhulu  
ezintweni ongeke  
uzisebenzise.

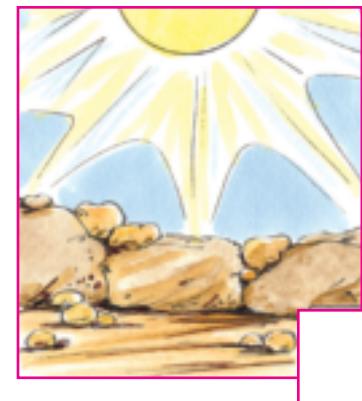
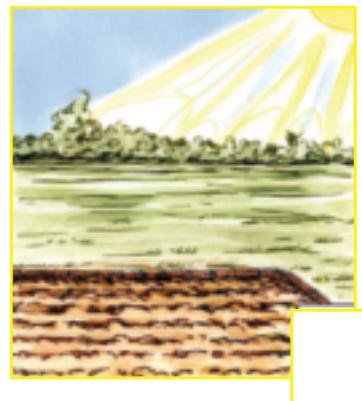
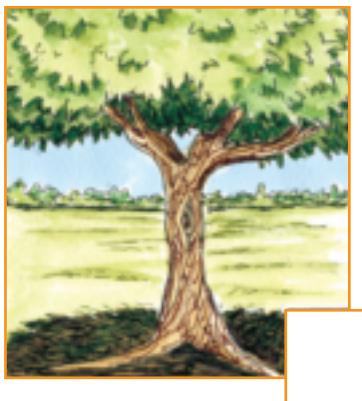


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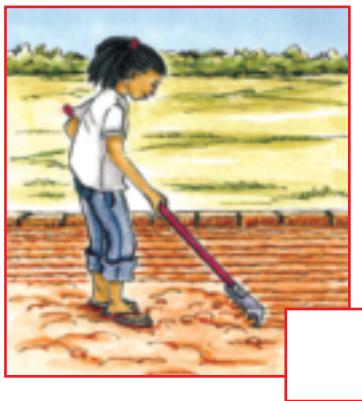


## Masifunde

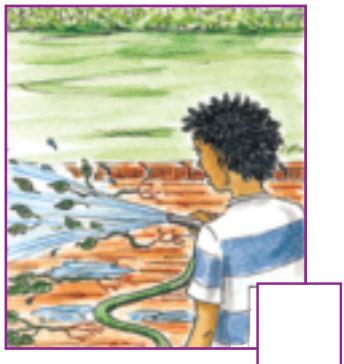
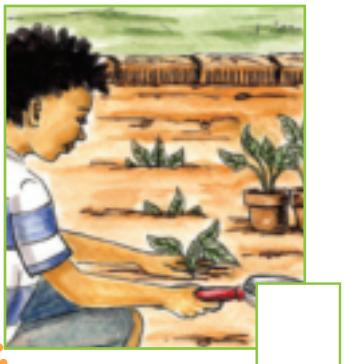
uDumisani nodadewabo uNtombi bafuna ukwenza ingadi. UNtombi ufunu ukutshala imifino kanti uDumisani ufunu ukutshala izimbali. Okokuqala kufanele bathathe isinqumo sokuthi iyiphi indawo efanele ukwenza kuyo ingadi. Ungabasiza kodwa wena? Buka lezi zithombe bese uthikha (✓) ibhokisi elifanele.



Yini elandelayo okumele bayenze? Bhala izinombolo ngokulandelana okufanele ezithombeni ezingezansi.



Kungabe ifanele le nto abayenzayo? Thikha (✓) izinto ezifanele ukwenziwa, ubeke isiphambano (✗) ezintweni ezingafanele ukwenziwa.





### Masikhulume

Xoxa nomngani wakho ngokuthi kunjani ukuba nengadi yemifino kanye nezithelo ekhaya. Kuyayonga yini imali lokhu kokubili? Kungabe imifino nezithelo kunambitheka kangcono? Kungani ucabanga kanjalo? Yiziphi izinhlobo zezithelo nemifino ongazitshala ekhaya? Yini ekhula kahle endaweni yangakini? Bheka ezinye izingadi namapulazi.

Usuku: .....



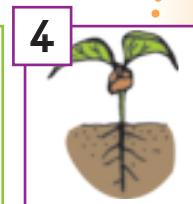
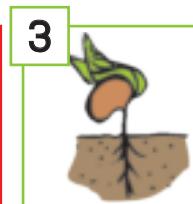
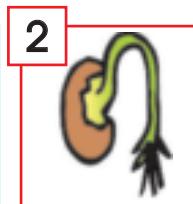
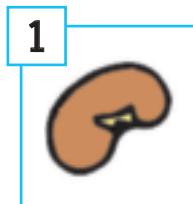
### Masibhale

Yenza uhlu lwezinhlobo zemifino ongathanda ukuyitshala. Bhala eduze kohlobo ngalunye usho ukuthi kungani ukhetha ukutshala lolu hlobo.




### Masenzeni lokhu

Bheka lezi zithombe bese utshela umngani wakho ukuthi kwenzekani esitshalweni sikabhontshisi ngasinye.



### Masiqhubeke

- Lalela kahle uthisha wakho, uma ethi gjijima, gxuma, yiwa noma jomba, yenza lokho masinyane.
- Yima ngomlenze owodwa. Yima ngomunye owodwa futhi.



Dweba umugqa phansi noma ubeke intambo.

- Bese uhamba phezu kwayo uthole ukuthi ungayilandela yini.
- Yelulela izingalo zakho emaceleni wesekele umzimba wakho ngokwenza njalo.
- Zama ukwenza lokhu uvale amehlo!



# Ezokuthutha ezweni: ezisebenzisa umgwaqo



Masifunde

Sisebenzisa izinhlobo ezehlukahlukene zezinto zokuhamba ukusuka endaweni ethile kuya kwenye kanye nokuthutha impahla ukusuka endaweni ethile kuya kwenye. Iningi lethu lihamba phansi emigwaqweni, ngesitimela kanye nangezindlela zezinyawo. Sibuye sisebenzise izinto zokuhamba ezifana namaloli kanye nezitimela ukuthutha impahla sisebenzisa izwe.



Masenzeni lokhu

Buka lezi zithombe. Zonke zisikhombisa izinto ezahlukahlukene zokuthutha kusetshenziswa umgwaqo. Dweba umugqa uqondanise isithombe negama elifanele.



inqola yezimbongolo



isithuthuthu



ibhasi



ibhayisikili



imoto



isikuta

iloli



Masikhulume

Xoxa nomngani wakho bese niphendula le mibuzo.

itekisi



Uhamba ngani uma uya esikoleni nsuku zonke? Uhamba ngani uma uya emtholampilo? Uhamba kanjani uma uyovakashela abangani bakho? Uhamba kanjani ukuya edolobheni?



### Masibhale

Bhala imisho emibili usho ukuthi uya kanjani esikoleni nsuku zonke.

Usuku: .....


Manje qedela le misho elandelayo.

Uthisha wami uza esikoleni nge-\_\_\_\_\_.

Ngihamba \_\_\_\_\_ uma ngiya emtholampilo.

Uma ngiya kubo kamngani wami, ngi-\_\_\_\_\_.



### Masikhulume

Kungabe usebenzisa uhlolo olulodwa  
lwesithuthi uma uya esikoleni?

Zinhlobo zini zezokuthutha ezisetshenziswa  
ngabanye abantwana baseklasini?

Buka le grafu bese uphendula imibuzo.

Ziya kanjani esikoleni izingane eziningi zeklasi lakho?

Bangaki abeza esikoleni ngezimoto?

Isibalo sezingane

5				
4				
3				
2				
1				
	Izinyawo	Itekisi	Ibhasi	Imoto



### Masifunde

Sewuyazi manje ukuthi kunezinhlobo ezahlukene zokuthutha  
ezisebenzisa umgwaqo. Kunezinhlobo ezahlukene futhi

zemigwaqo, isibonelo:

- imigwaqo ewubhuqu      • imigwaqo yetiyela.

Eminye imigwaqo, ikakhulu ex huma amadolobha, ibanzi kakhulu. Le migwaqo ike  
ibizwe ngemigwaqo yomendo noma othelawayeka ngoba izimoto zihamba zikhululeke  
kuyo. Ivame ukuba nemizila emibili ohlangothini ngalunye, ziba zine izimoto ezikwazi  
ukuhambisana ngesikhathi esisodwa. Eminye yemigwaqo emikhulu ingaba nemizila  
eminingana kunalokhu. Umgwaqo onguthela wayeka uthi awufane nomgwaqo  
omkhulu, kodwa izinhlangothi ezimbili zomgwaqo zihlukanisiwe. Ukwazi ukuhamba  
ohlangothini olulodwa olubheke endaweni eyodwa uma uhamba ngothelawayeka  
womgwaqo.



### Masikhulume

Uke waya emgwaqweni onguthelawayeka? Ukhona umgwaqo  
onguthelawayeka eduze kwakini? Imigwaqo yangakini iyitiyela noma  
iwuthuli? Yikuphi okuphephile – umgwaqo onguthelawayeka ojwayelekile  
noma oyi-freeway? Kungani usho kanje?



# Ezokuthutha ezweni – Izitimela



Masifunde

Ukusebenzisa umgwaqo akuyona kuphela indlela yokuthutha ezweni. Kukhona nololiwe. Lezi yizindlela okuxhunywe kuzo izinsimbi, ukwenza okuthiwa wujantshi lapho kuhamba khona amasondo esitimela. Izitimela zithwala konke impahla kanye nabantu okusuka emadolobheni athile ukuya kwamanye. Isitimela sithwala abantu abaningi ukwedlula izimoto namabhasi.



Masikhulume

Buka lezi zithombe bese uxoxa nomngani wakho ngezinhlolo ezihlukahlukene zezinto ezisebenzisa ujantshi.

Yiziphi kulezi ongazichaza uthi izitimela ezithutha abantu?

Yiziphi kulezi ongazichaza uthi izitimela ezithutha impahla?

Zinto zini ezithwalwa yizitimela?

Sikwazi nokuthwala izinto ezisindayo neziningi ezeddlula ezingathwalwa ngamaloli.

Isitimela esihambisa abantu sibizwa **ngesitimela sabantu**.  
**Isitimela esithwala impahla**, hhayi abantu, sibizwa **ngeguzu**.



Isitimela samalahle

Isitimela sikagesi



Isitimela sikadizili

Isitimela esinejubane eliphakeme





**Qhathanisa**

Usuku: .....

Dweba umugqa uqondanise uhlobo lwestimela  
esingakwesokudla namagama asichazayo angakwesobunxele.



Sisebenzisa udizili uma sihamba.

Sisebenzisa amalahle.

Sigijima kakhulu. Sisebenzisa ugesi. Sifinyelela ejubaneni lama-200 km ngehora. Isitimela sokuqala salolu hlobo eNingizimu Afrika siseGauteng, Sibizwa ngeGautrain.

Sisebenzisa ugesi. Kunezintambo ezisiphakela ugesi eziphezulu.



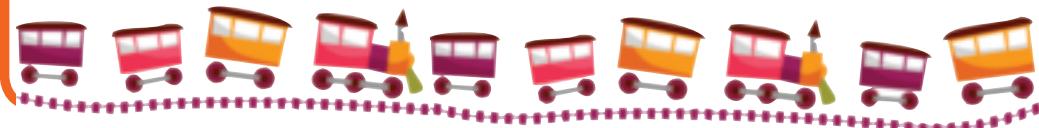
**Masenzeni lokhu**

Dweba isitimela sakho lapha esikhaleni esingezansi. Tshengisa abangani bakho isithombe sakho Xoxa ngezimo kanye nemibala.



**Masibhale**

Phendula le mibuzo:



Siluhlolo luni isitimela osidwabile?

Kubiza malini ukusebenzisa isitimela?

Sihamba sifikephi isitimela sakho?



**Yenza lokhu ngaphandle**

- Gxuma, yeqa, jomba uye phezulu naphansi, jombela phambili ngezinyawo zombili.

- Manje-ke yenza okuthile ezithiyweni ezibekwe nguthisha. Kumele ukhwele, ugaqe, ushushuluze noma weqe ukuze usuke esithiyweni esithile uye kwesinye. Zama ukwenza lokhu uthwele isaka likabkhontshisi ekhanda.



39

# Ezokuthutha ezihamba emoyeni

IThemu 3 - Amasondo 4

Masifunde

Okwamanje usafunde ngezinhlolo zezindlela zokuthutha ezisetshenziswa ezweni.

Kunezindlela ezahlukene futhi zokuthutha zasemoyeni. **1.** Sisebenzisa izindiza ukundizela ezindaweni ezikude. **2.** Imoto ikwazi ukugijima ngesivinini sama-120 km ngehora.

**3.** Isitimela esinesivinini esikhulu sigijima ama-200 km ngehora. **4.** Ibihanoyi lona lingagijima ngama-955 km ngehora! Izindiza ezijwayelekile kanye nalezo eziphephephela emhlane zinezinjini ezinamandla kakhulu. **5.** Amabhaluni ahamba ngomoya oshisayo kanye neziphekepheke (gliders) khona akunazinjini. Amabhaluni omoya oshisayo wona andizisa yiwo umoya oshisayo. Iziphekepheke kazinamaphiko azindizisayo. Abantu bavame ukusebenzisa amabhaluni omoya oshisayo neziphekepheke ukuzijabulisa nokudlala nje.

**6.** Osomkhathi bahamba ngomkhumbi mpkhathi uma beya emkhathini.



Masenzeni lokhu

Dweba umugqa usuke esithombeni uye egameni elifanele.

indiza enophephela emhlane



ibhanoyi eligitshelwa ngabantu



iziphekepheke



ibhaluni elihamba ngomoya oshisayo



ihangiglayida



umkhumbimkhathi



Masibhale

Yenza sengathi uphakama ngebhaluni lomoya oshisayo. Yini oyibona phansi njengoba uphezulu nje? Bhala izinto ezintathu ongase uzibone.





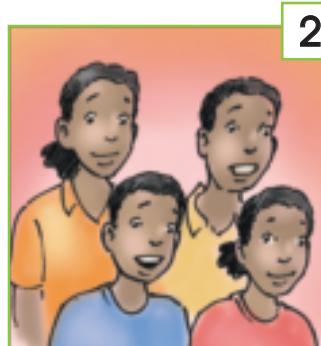

## Masikhulumu

Usuku: .....

USusana nomfowabo uNemba bazovakashela umzala wabo ohlala eGoli. Bazondiza besuka eKapa. Bheka isithombe bese ukhulumu nomngani wakho nisho ukuthi benzani.



1



2



3



4



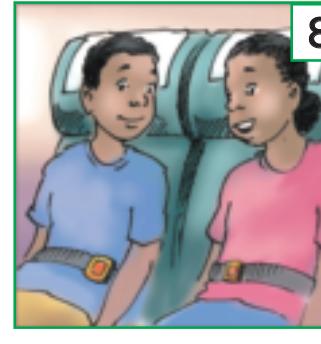
5



6



7



8



## Masibhale

Funda le misho. Buka lezi zithombe futhi, bese ulandelanisa le misho ngokulandelana kwendaba ujinike izinombolo ezisuka ku-1 kuya ku-8.

	Izikhwama zikaSusana noNemba ziyakalwa.
	Abazali bakaSusana noNemba babayisa ngemoto esikhumulweni sezindiza.
	Bathola izincwadi zokudlula emasangweni aya endizeni.
	Inkosazana yasezindizeni ihambisa oNemba noSusana kwabezokuphepha.
	OSusana noNemba bagibela izitebhisi bangena endizeni.
	USusana, uNemba nabazali baye ekhawunteni.
	Bonke bahlala phansi babopha amabhande.
	Bayathathaza kubazali.



# Ezokuthutha zasemanzini

Masifunde

I Thema 4 - Amasonto

I Thema 3 - Umkhumbi

Uhlobo lokugcina lwezokuthutha ngolusebenzisa amanzi. Sekungamakhulu eminyaka abantu besebenzisa amanzi ukuhamba nokuthutha izimpahla. Siyakwazi ukunqamula izilwandle sivakashele amanye amazwe sisebenzise imifula namadamukazi ukuya ezindaweni ezahlukene emazweni akithi.



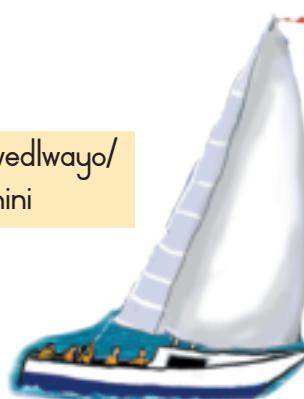
Masibhale

Sihamba kanjani emanzini? Buka izithombe ezingezansi bese uxoxa nomngani wakho ngezithombe zeziinhlobo zokuthutha esihamba ngazo emanzini.



Isikebhe esigwedlwayo/  
samaphini

Umkhumbi othwala abantu



Isikebhe esihamba  
ngomoya



Isikebhe esinenjini



Isihlenga

Yikuphi okusetshenziswa abantu ukuhamba ngomfula?

Yikuphi okusetshenziswa abantu uma behamba ngolwandle ukuya phesheyá?

Ucabanga ukuthi ngabe abantu basebenzisa isikebhe esinenjini ukuhamba uhambo olude noma olufushane?



Masibhale

Bhala umusho owodwa ngohlolo ngalunye lwalezi zikebhe usho ukuthi lungasetshenziselwa ukwenzani.




### Masikhulume

Khuluma nomngani wakho ngale mibuzo.

Usuku: .....

- Yiluphi uhlobo lokuthutha oluphuma phambili kuwena?  
Kungani usho njalo?
- Ndlela yini yokuthutha ehamba kancane?
- Ndlela yini yokuthutha esheshayo?
- Ndlela yini yokuthutha esetshenziswa wuthisha wakho ukuza esikoleni?
- Sitholakala kuphi isitimela esinejubane eliphakeme eNingizimu Afrika?



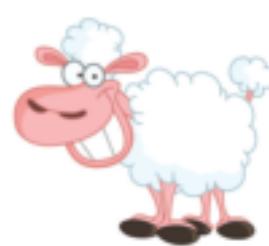
### Masenzeni lokhu

Dweba isithombe sohlobo lokuthutha oluthanda kakhulu. Yimoto, yisikebhe, indiza noma yibhayisikili? Ungadweba nehhashi uma kuyilo.



### Yenza lokhu ngaphandle

Dlala umdlalo wemvu nempisi. Hlukanisa abafundi babe ngamaqembu amabili: elilodwa libe yizimpisi, elinye libe yizimvu. Khombisa indawo lapho izimvu zibekwa khona uma zibanjiwe. Uthisha uzokwenza uphawu, izimpisi bese zizama ukubamba izimvu. Izimvu ezibanjiwe zingena kule ndawo elungisiwe. Izimvu ezisele zizama ukukhulula lezi ezibanjiwe. Izimvu ezikwaze ukuthintwa kumele zibuyele emdlalweni.





Buka lezi zithombe bese uxoxa  
nomngani wakho ngazo.

Wake wazibona izindlela zokuthutha ezifana  
nalezi?

Yini ekwazi ukuhamba ngaphansi kwamanzi?

Ingabe uyawazi yini amagama ezinye zalezi  
zinhlobo vezinto zokuhamba emanzini?



Masifunde

Funda imisho engezansi, bese ubuka izithombe. Qondanisa iquoqo ngalinye  
lemisho nesithombe esifanele. Bhala inombolo efanele eceleni kwesithombe.

- I. Feri yisikebhe esithutha abantu, izimoto kanye nezinye izimpahla iziwelisele ngaphesheya komfula. Kukhona iphonti enje eMalgas e-Western Cape. Ithatha izimoto kanye nabantu ibawezele ngaphesheya komfula iBreede.



2. ISabhumarini ihamba ngaphansi kwamanzi. Amasabhumarini amaningi makhulu futhi ayakwazi ukuthwala abantu abaningi. Isabhumarini enkulu kunawo onke iyakwazi ukuhlala ngaphansi kwamanzi izinyanga eziningi.



3. Abanye abantu bahlala ezindlini eziyizikebhe. Abavakashi abathatha amaholide ezindaweni ezifana neKariba, eZimbabwe bayakwazi ukuhlala endlini eyisikebhe bazulazule echibini.



Usuku: .....



### Masifunde

Usufundile ukuthi izitimela zisebenzisa izinhlobonhlobo zamandla ukuze zikwazi ukuhamba. Nezikebhe zisebenzisa izinhlobonhlobo zamandla. Ezinye zezikebhe zisebenzisa amandla abantu. Ezinye izikebhe zisebenzisa amandla kadizili noma amandla enjini yestimu. Izikebhe eziningi zisebenzisa umandla omoya.



### Masibhale

Thikha impendulo efanele ukuphendula imibuzo elandelayo.

Sisebenzisani isikebhe samaphini uma sihanjiswa?

idizili	
abantu	
umoya	



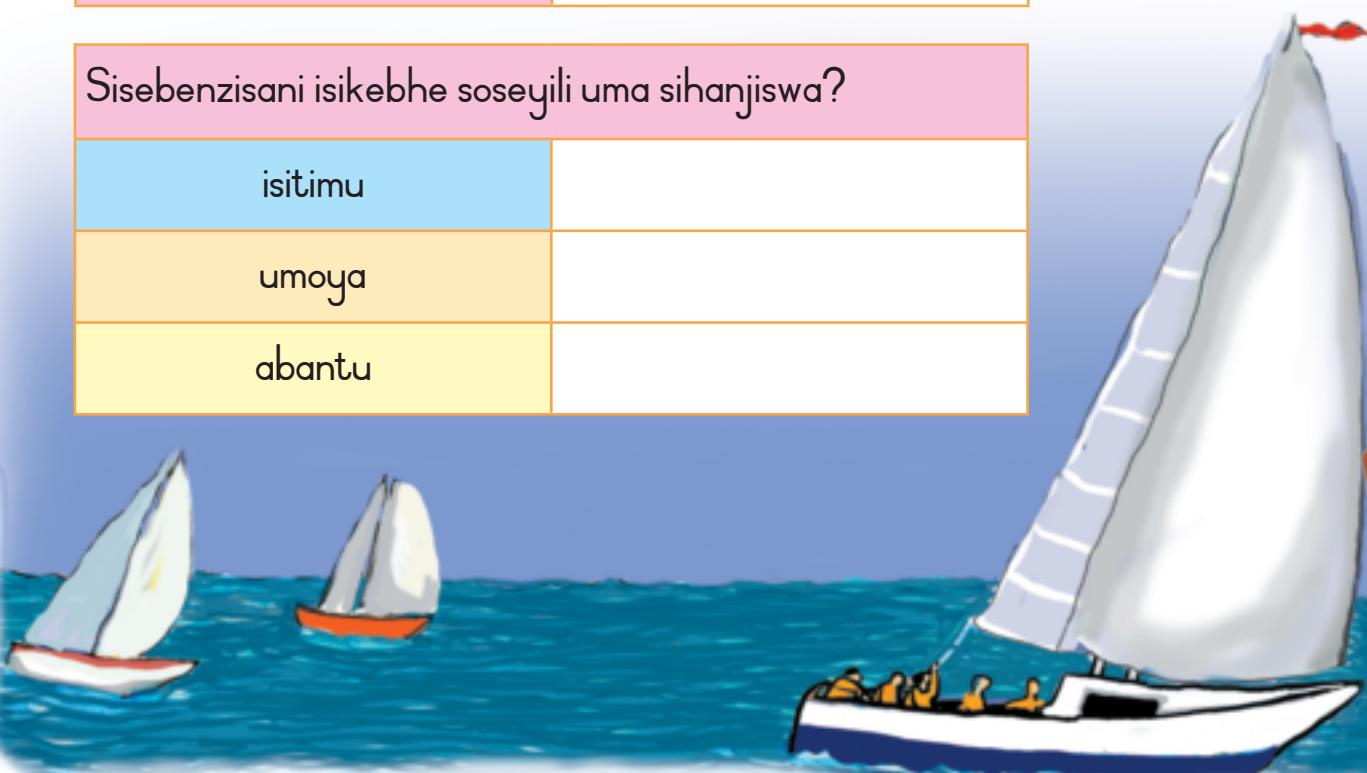
Sisebenzisani isikebhe esinenjini uma sihanjiswa?

umoya	
isitimu	
uphethiloli	



Sisebenzisani isikebhe soseyili uma sihanjiswa?

isitimu	
umoya	
abantu	



Teacher:  
Sign:  
Date:

# Izithuthi zomphakathi

## Masikhulume



Sisuke siqondeni ngezinto zokuthutha umphakathi? Ngabe imoto kathishanhloko wakho yisithuthi somphakathi? Ingabe ibhayisikili lothize yisithuthi somphakathi? Ngabe ibhasi liyisithuthi somphakathi?



## Masifunde

Izinto zokuthutha umphakathi zisetshenziswa ngumuntu wonke, kodwa kumele likhokhelwe ithikithi lokugibela. Izitimela, amabhasi, amabhanoyi, amatekisi kanye nezikebhe kuyasetshenziswa njengezinto zokuthutha.



## Masibhale

Yiluphi uhlobo Iwesithuthi somphakathi owake walusebenzisa?

Yini okumele uyenze ngaphambi kokusebenzisa izithuthi zomphakathi?

Bazisebenzisa nini abantu izithuthi zomphakathi?



## Masenzeni lokhu

Zama ukuthola eklasini lakho ukuthi yibaphi futhi bangaki abantwana abasebenzisa izithuthi zomphakathi. Faka umbala ebulokhini elisethebhuleni elingezansi ohlotsheni ngalunye Iwezinto zokuthutha umphakathi umuntu ngamunye alusebenzisile.

11				
10				
9				
8				
7				
6				
5				
4				
3				
2				
1				
	ITekisi	ISitimela	IBhasi	IBhanoyi



Usuku: .....



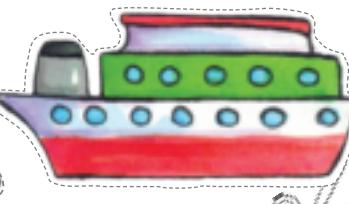
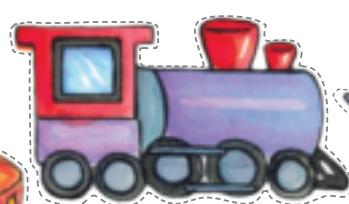
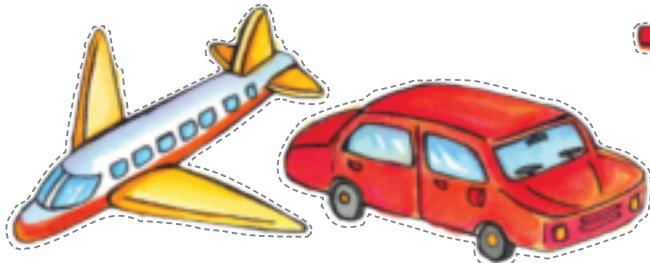
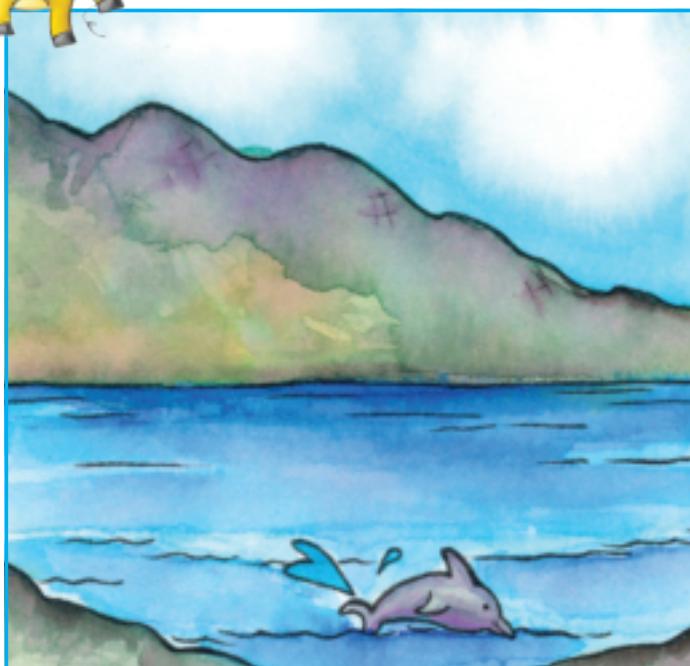
Masenzeni lokhu

- Sebenzisa izinto ezike zasebenza aseke asebenza ukwakha imoto ezokuba yisitsha sokuhlala amapensela.
- Yipende futhi uyilobise imoto yakho.



Masenzeni lokhu

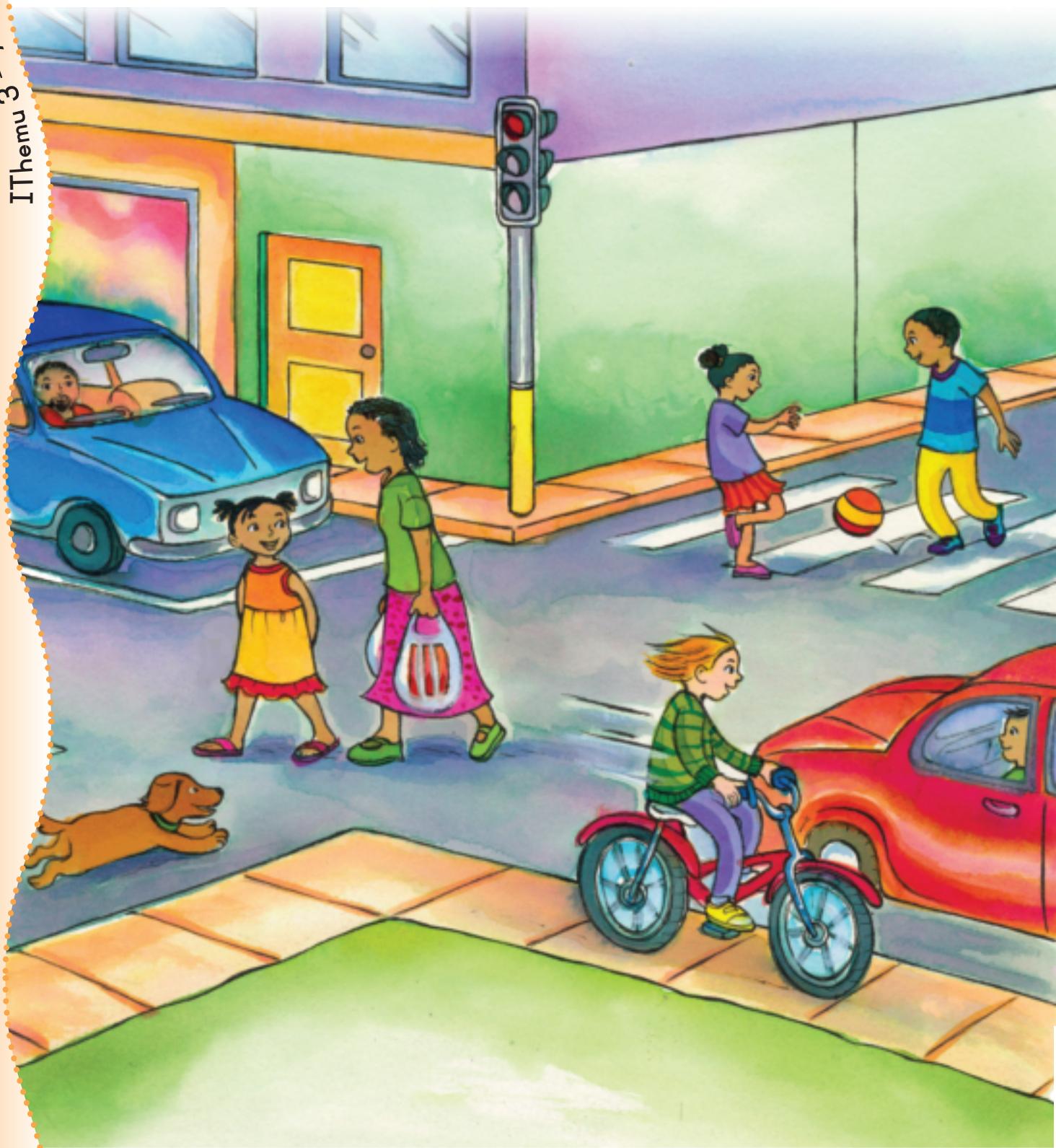
Sika izithombe zezinhlolo ezahlukene zezithuthi ngezansi kuleli khasi noma ephephendaben i noma ephephabukwini. Namathisela isithombe ngasinye endaweni efanele. Faka umbala kuzo zonke izithombe.





Masikhulume

abantu kulesi sithombe bephula imithetho yomgwaqo.  
Tshela umngani wakho ngalokho abangakwenzi ngendlela efanele.  
Kungani sidinga ukuhlonipha imithetho yomgwaqo?



Usuku: .....



### Masifunde



Cishe nyanga zonke sifunda futhi sizwe ngezingane zesikole ezishayiswa yizimoto uma zisendleleni eya esikoleni zihamba ngezinyawo noma amabhayisikili. Kunesiqiniseko sokuphepha emgwaqweni uma umuntu ehlonipha imithetho yomgwaqo.

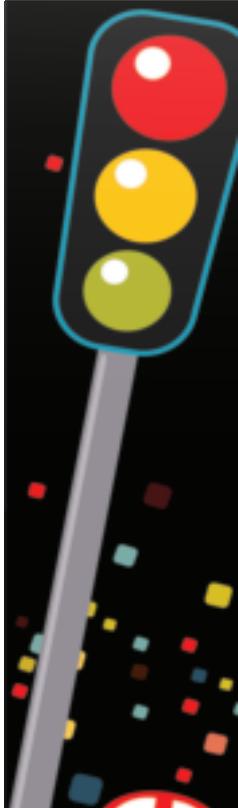
#### Imithetho yabahamba ngezinyawo

- Uma weqa umgwaqo, vama ukubheka ngakwesokudla, bese ubheka ngakwesokunxele, uphinde ubheke ngakwesokudla ukuqinisekisa ukuthi akunazimoto, mabhayisekili, matekisi noma amabhasi okuzayo.
- Uma umgwaqo usebenza kakhulu, thola indawo lapho kunophawu lokuma, noma irobhotti noma lapho umgwaqo unemiqqa bese uwela khona kodwa hhayi endaweni emaphakathi nomgwaqo.
- Kumele kube yindawo edwetshwe imigqa emhlophe yabantu abawela ngezinyawo, noma kube yilapho kunabawelisa abantwana khona. Lezi yizindawo eziphephile okungawelwa kuzo.
- Ungahambi phakathi emgwaqweni. Hamba endaweni eyenzelwe abahamba ngezinyawo. Uma ingekho, hamba kude nezimoto. Njalo nje hamba ngakwesokudla somgwaqo ukuze ubhekane nazo izimoto ezizayo uzibone kangcono.
- Akufanele udlale imidlalo eduze komgwaqo.
- Qaphelisia ngaphambili kokuba weqe umgwaqo endaweni lapho izimoto zingena noma zjika khona.



#### Imithetho yabamabhayisikili

- Qinisekisa ukuthi ibhayisikili lakho lisesimweni esifanele. Bheka amathayi, amabhuleki, amaphedali, iketango, izibambo, insimbi kanye nelambu ngaphambili kokuba ugibebe.
- Uma kusebusuku noma kungakhanyi kahle, udinga izibani ezikhanya kahle ebhayisikilini lakho, ngaphambili kanye nesitikha esicwebezelayo ngemuva.
- Njalo nje faka ihelimethi, isigqoko sokuzivikela. Izovikela ikhanda lakho lingalimali uma uwa noma kuba nengozi. Ihelimethi ingayiphephisa impilo yakho.
- Uma kunendlela ehlelelwu amabhayisikili, sebenzisa yona uyeke umgwaqo.
- Hlela ukuthi uzofinyelela kanjani lapho oya khona.
- Sebenzisa indlela ephephile hhayi indlela emfushane nje.
- Sebenzisa ngendlela efanele izimpawu zesandla kucace uma ujika.
- Ungalingi ugibebe ibhayisikili uhambe eduze komunye ohamba ngebhayisikili naye – landela ngemuva komunye njalo.
- Ungalingi wenze imigilingwane ngebhayisikili uma uligibebe.



### Yenza lokhu ngaphandle

Cela uthisa wakho ukuba akutshengise ukwenza unqimphothwe oya **phambili** noya **emuva**.



# Imithetho yomgwaqo



Masibhale

Phinda ubheke isithombe esisekhasini 22. Phendula le mibuzo.

Bangaki abantu abephula imithetho yemigwaqo?

Owesifazane ophethe isikhwama wephula muphi umthetho?

Intombazana egibele ibhayisikili yephula emingaki imithetho?

Yephula miphi imithetho?

Kungase kwenzekeni kumkhulu?

Yini okumele uyenze njalo ngaphambi kokweqa umgwaqo?



Masikhulume

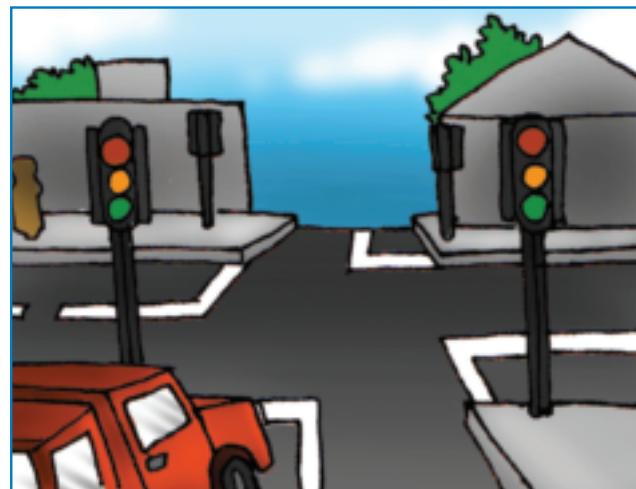
Amarobhothi anamalambu amathathu.

Anamibala mini?

Imibala isho ukuthini?

Mbala muni ophezulu?

Mbala muni ophakathi nendawo erobhoothini?

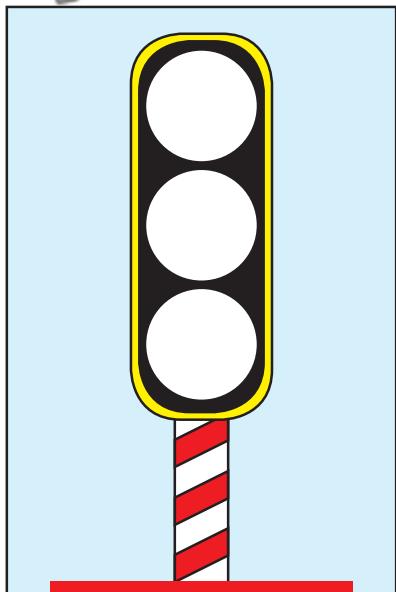




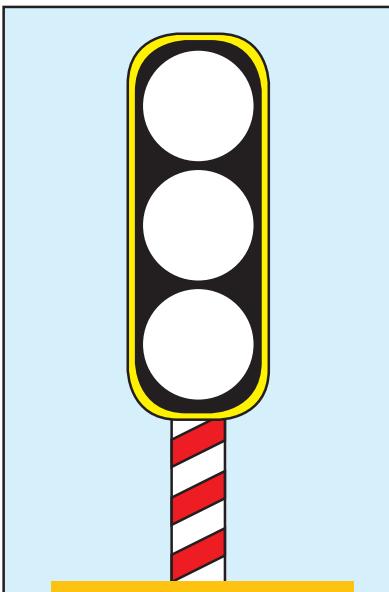
### Masenzeni lokhu

Usuku: .....

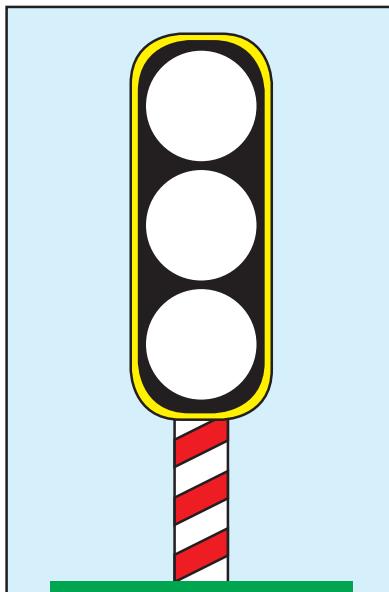
Hlikihla ngombala ofanele kulawa marobhotti ukuze ahambisane negama elingezansi. Bese usho ukuthi uphawu ngalunye lushe ukuthini.



**YIMA**

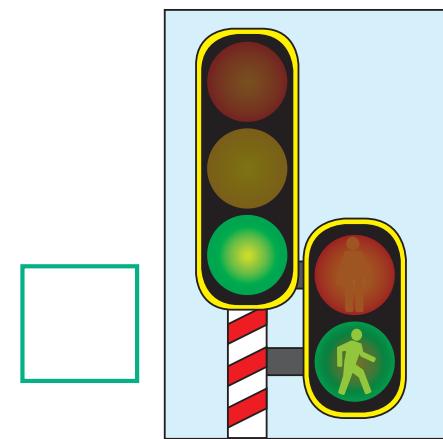
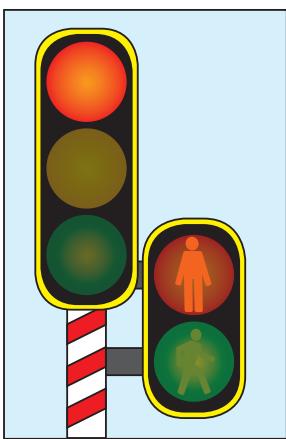


**QAPHELA**



**HAMBA**

Beka uphawu (✓) ebhokisini eliseceleni kwerobhotti elitshengisa ukuthi kuphephile ukweqa umgwaqo, nophawu (✗) uma kungaphephile ukuwela umgwaqo.



### Masiqhubeke

- Phonsa isaka likabhontshisi phezulu ulinqake. Manje-ke liphonse le phambilili kude impela.
- Sebenzani nibe babili. Shintshanani ngokuphonsa nokwenqaka isaka likabhontshisi.
- Sebenzani njengamathimba. Bheka ukuthi mangaki amasaka kabhontshisi ithimba lakho elikwazi ukuwaphonsa angene kubhasikidi esikhathini esingangemizuzwana engama-60.



Teacher:  
Sign:  
Date:

# Abawelisa izingane zesikole



Masikhulume

Buka isithombe bese uxoxa nomngani wakho ngaso.

- Kuchaza ukuthini ukuthi abawelisa izingane?
- Lokhu kubasiza kanjaniabantwana?
- Kubaluleke ngani kuwe?



Masibhale

Phendula le mibuzo.

Kuphephile yini ukuthi izingane ziziwelele zodwa emgwaqweni?

Kungani usho kanjalo?

Kumele babe khona nini abawelisa izingane emgwaqweni?

Ubonakala ngani umuntu oyilungu labawelisa izingane emgwaqweni?

Abawelisa izingane bazimisa kanjani izimoto?

Babavimbela kanjani abafundi ekweqeni umgwaqo?



Masenzeni lokhu

Usuku: .....

UDumisani nonina bay a emtatsheni wezincwadi.

Uma besendleleni babona izimpawu zomgwaqo. Zichaza ukuthini?

Qondanisa izimpawu nezincazelo zazo.



Abavunyelwe abahamba  
ngezinyawo.



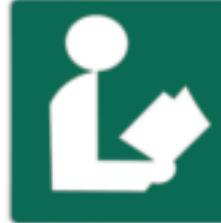
Kunophawu oluthi YIMA  
ngaphambili.



Kuwela abezinyawo lapha.

Masibhale

Umtapo wezincwadi.



Kunempambano yemigwaqo  
ngaphambili.



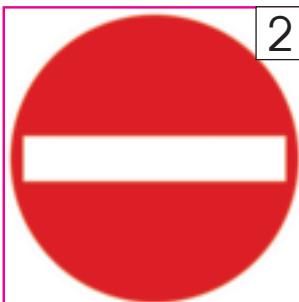
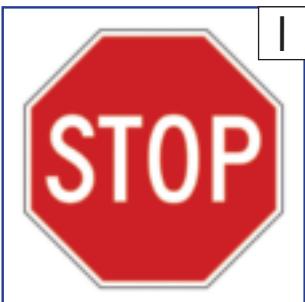
Kuvumeleke abezinyawo  
kuphela.



UNtombi noyise bahamba ngemoto bay edolobheni bayothenga. Babona izimpawu zomgwaqo.

UNtombi ubuza uyise ukuthi lezi zimpawu zichaza ukuthini. Uyazi wena ukuthi zisho ukuthini?

Sebenzisana nomngani wakho nibhale phansi ukuthi uyise kaNtombi kumele enzeni uma kuvela lezi zimpawu. Ukuqiniseka ukuthi izimpendulo zakho zilungile, phendula ibhuku ulibhekise phansi.



(1) Awavunyelwe ukusika imoto oyilandefay.

(2) Akungeenwa lapha. (3) Lungachambo lapha.

Izimpendulo:

# Idlela amaphoyisa omgwaqo asisiza ngayo



**Masikhulume**

Buka isithombe uphendule imibuzo elandelayo.

Yiliphi leli phoyisa ezinhlotsheni zamaphoyisa?

Yini oyaziyo ngamaphoyisa omgwaqo?



**Masibhale**

Phendula le mibuzo.

Lenzani iphoyisa lomgwaqo?

Lingakusiza kanjani iphoyisa lomgwaqo?

Ucabanga ukuthi kungani imoto yamaphoyisa imi kanje?



Masikhulume

Buka isithombe bese uxoxa nomngani wakho ngaso.

Usuku: .....



Masibhale

Phendula le mibuzo.

Yini eyenziwe umshayeli wemoto eluhlaza okwesibhakabhaka engafanele?

Ucabanga ukuthi yini okumele yenziwe yiphoyisa lomgwaqo?



Masenzeni lokhu

Sebenzisa isokisi elidala ukwenza iphaphethi yakho yesandla. Wena nomngani wakho ningasebenzisa amaphaphethi ukutshengisa umshayeli bhayisikile oweqa irobhothi libomvu. Oyedwa wenu abe ngumshayeli webhayisikiliomunye abe yiphoyisa lomgwaqo.



Masiqhubeke

1. Gijima uye noma yikuphi eklasini.
  - Uma uthisha ethi yima, ume lapho ukhona unganyakazi.
2. Uthisha wakho uzonehlukanisa anihlele nibe ngamaqembu azogijima anikane indukwana.
  - Nizodlala umdlalo wokunikana indukwana.
  - Iqembu elenze imigijimo eminingana yilonqa elinqobile.



# Abanye abantu abawusizo kithi



Masikhulume

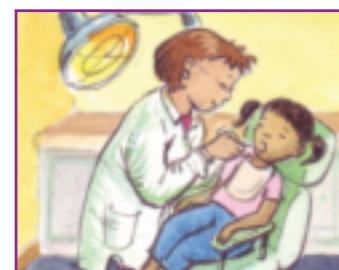
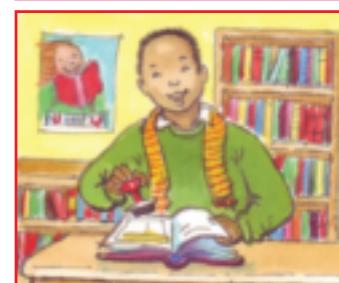
Xoxa nomngani wakho ngabo bonke abantu abangakusiza emphakathini wakho.



Qhathanisa

Dweba umugqa uxhume izithombe ezingakwesokudla nezincazelo ezingakwesokunxele.

Umsebenzi wami ukusiza abantu abavakashele umtapo wezincwadi ukuthola izincwadi. Kwenye inkathi ngiyaye ngithole ithuba lokuxoxela abantwana izindaba.



Ngiyazithanda izilwane. Ngisiza izilwane ezigulayo noma lezo ezilimele.

Ngisebenza ukuhambisa izincwadi ezivela eposini kubaninizo emakhaya.

Ngikusiza uma uphethwe yizinyo. Ngikutshengisa ukuthi uwanakekela kanjani amazinyo nokuthi uwagcine ephilile.

Ngisiza abantwana kanye nabantu abadala abagulayo. Ngibanika imithi bese ngibajova ukuze babe ngcono.

Ngihlanza imigwaqo. Masonto wonke ngithutha udoti wasemakhaya ngeloli.

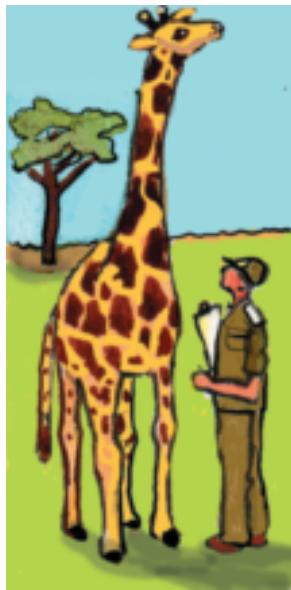


### Masenzeni lokhu

Dweba lapha isithombe  
somuntu owenza  
umsebenzi ofuna  
ukuwenza.

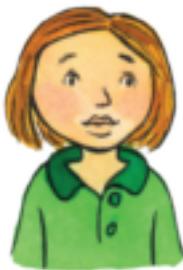
Usuku: .....

Uthanda ukwenza msebenzi muni uma usuqede isikole?  
Yisho ukuthi yini uthande lowo msebenzi.



### Yenza lokhu ngaphandle

- Lenga ngezinyawo kuzwingi zishwibe uya phambili.
- Wena nomngani wakho dlalani umdlalo webhala.  
Bonani ukuthi ningafika kuphi.
- Uthisha wakho uzoddala umculo othize. Uzizwa  
kanjani uma ulalele lo mcupo? Uzizwa ujabulile,  
udangele noma uphumulile.



Teacher:  
Sign:  
Date:

# Imisebenzi emihle emphakathini



Qhathanisa

Dweba umugqa usuke ohlotsheni lomsebenzi kwesokunxele uye egameni elifanele kwesokudla.

umthengisi wezimbali
umcimimlilo
udokotela
umpheki
umthungi
uthisha
umlungisizinwele
umbhali

ibhuku
isikele
ukudla
izimbali
umuthi
isicishamlilo
abafundi
izingubo



Masifunde

UNorman ube nosuku olumatasatasa namuhla. Uqale ngokuya emtapweni wezincwadi ukuyofuna incwadi efundisa ukudlala ikhilikithi. Ufike wacela usomtapo ukuba amusize. Ube esedlulela eposini ukuyothenga izitembu. Ut he uma esendleleni eya ekhaya wadlula emtholampilolo ukuyolanda imithi kagogo wakhe. Uye wadlula nasemahhovisi enkundla yebhola lezinyawo ukuyobuza ukuthi umdlalo olandelayo wabe uzokuba nini. Umphathi walendawo wabe esemcela ukuba abheke lapho kuhlonywa khona izaziso. Ekugcineni, uma uNorman efika ekhaya, wathola indlu igcwele amanzi. Kuye kwafuneka ukuba ashayele upulamba ucingo ngoba bekuqhume ipayipi endlini yokugeza.



Masibhale

Funda imibuzo elandelayo bese uba nombono wokuthi uzothini uNorman kwisimo ngasinye bese ubhala phansi.

Obani abantu abane abasize uNorman namhlanje?

Utheni uNorman kusomtapo?

Usuku: .....

Utheni uNorman kusokhemisi?

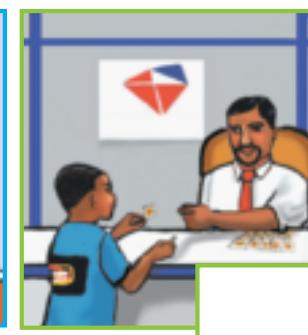
Utheni uNorman kumphathi wezinkundla zebhola?

Utheni uNorman kupulamba?



Masenzeni lokhu

Buka lezi zithombe. Zikhombisa uNemba enza zonke lezi zinto esithe uyazenza kodwa kazilandelani. Wena zinikeze izinombolo ukuze zilandelane kahle.



Masenzeni lokhu

Uma kufika ithuba lakho uthisha uzocela uthathe iphepha ebbokisini. Buka igama elisephpheni kodwa ungatsheli muntu ukuthi kubhalweni. Okubhalwe lapha wuhlobo lomsebenzi. Manje khombisa iklasi lakho ukuthi lo msebenzi uyini ngokulingisa ngaphandle kokukhuluma. Abanye abafundi kumele basho ukuthi utshengisa msebenzi muni.



Masiqhubeke

- Phonsa ibhola lethensi phezulu, ulenqake. Phinda uliphonse kakhudlwana manje, ulenqake futhi. Bese ubuye uliphonsa liphakame kukhudlwana kunokwesibili, ubuye ulenqake.

Uthisha uzokunika ibhola futhi.

- Libeke phansi enhlabathini. Bhampisa ibhola ngaphakathi kwehuphu ngesandla sakho sokudla bese ulibamba ngesandla sokunxele. Shintsha izandla ngenkathi uphinda ulibhampisa. Hamba ngaphandle kwehuphu, ubhampise ibhola ngaphakathi kwehuphu. Shintsha izandla ulibhampise futhi. Yima ngaphakathi kwehuphu ubhampise ibhola ngaphandle kwayo.
- Hamba ude uya ngapha nangapha phakathi komaka ngenkathi ubhampisa ibhola.



# Izwe lethu, iNingizimu Afrika



Masenzeni lokhu



**Masibhale**

Buka futhi ibalazwe bese uphendula imibuzo.

Usuku: .....

Uhlala kusiphi isifundazwe?

Yini igama lendawo ohlala kuyo?

Yiziphi izifundazwe ezingomakhelwane besakho?

Uma kunabavakashi esifundazweni sakho bayaye bafune ukubonani?

**Masibhale**

Yenza sengathi uzovakashela izifundazwe ezimbili. Yiziphi ofisa ukuzivakashela? Bhala izinto ezimbili ofuna ukuyozibona kulezo zifundazwe.

Yisho igama lesifundazwe	Izinto ofuna ukuzibona

ENingizimu Afrika sinezilimi eziyishumi nanye ezsenthethweni. Bhala amagama ezilimi ezine ozaziyo. Ngabe wena noma omunye wabangani bakho uyakwazi ukukhulumwa olunye lwalezi zilimi? Bhala amagama abo eduze kwezilimi abazikhulumayo.

	Ulimi Olusemthethweni	Abantu engibaziyo abakhulumwa ulimi
1.		
2.		
3.		
4.		



# Ifulegi lethu lesizwe

INingizimu Afrika yathola ifulegi ngomhla zi-27 ku-kuMbasu 1994.

Liyifulegi lesizwe sethu ngoba ngelaleli lizwe. Lifake imibala.

Sebenzisa le mibala ezinombolweni ezisesithombeni:

1 = kubomvu

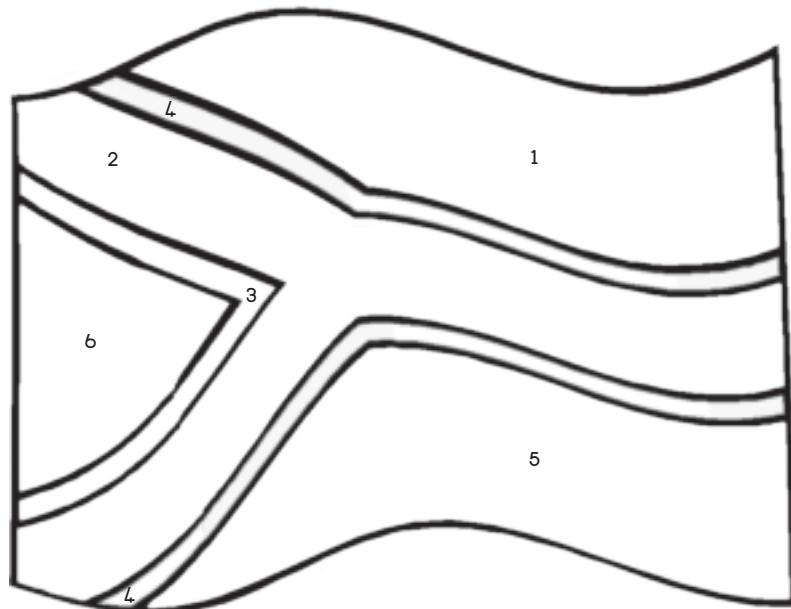
2 = kusatshani

3 = kuphuzi

4 = kumhlophe

5 = kusasibhakabhaka

6 = kumnyama



Masikhulume

Khuluma nabangani bakho ngezindawo lapho kubonakala khona ifulegi laseNingizimu Afrika.

Kungabe likhona ifulegi laseNingizimu Afrika esikoleni sakho?

Zikhona yini ezinye izindawo emphakathini wakini lapho okubonakala khona ifulegi laseNingizimu Afrika?

Ngabe sinalo yini ifulegi isiteshi samaphoyisa sangakini?

Masibhale

Yimiphi imicimbi lapho esibona khona Ifulegi Lesizwe?

Bhala imidlalo emi-3 noma emi-4 lapho ifulegi liphakanyiswa khona.

Usuku: .....



### Masibhale

Funda le misho. Thikha (✓) uma umusho uliqiniso ubeke isiphambano (✗) uma umusho ungelona iqiniso.

✓	✗
---	---

Ifulegi laphephezeliswa okokuqala ngomhla zingama-27 ku-Mbaso 1994.

Kunemibala emibili efulegini.

INingizimu Afrika ibe nefulegi kusukela zingama-27 ku-Mbaso 1994.

Uye ulibone yini ifulegi esiteshini samaphoyisa?



### Masikhulume

Buka lesi sithombe bese uxoxa nomngani wakho ngokuthi abadlali bebhola lezinyawo abasesithombeni benzani.

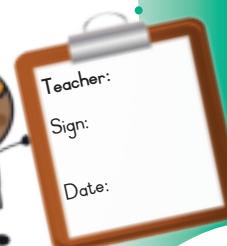


### Yenza lokhu ngaphandle

Yenzani isikokela ngokubambana ngezandla.

- Gxumanini endaweni eyodwa.
- Hambani amagxathu ayi-6 ukuya phambili.
- Gxumani amahlandla ayi-10 niya emuva.
- Gxuma ka-6 ngonyawo olulodwa
- Thatha amagxathu ama-3 uye ngakwesokunxele uphinde uthathe amagxathu ama-3 uye ngakwesokudla.
- Hamba lukeke uphambanise izinyawo
- Yima!

Amanothi kathisha:  
Bonisa imiyalelo kwi flash khadi.



# Iculo Lesizwe neSiphandla Sezwe lethu



Masifunde

Sineculo elimnandi kakhulu esilibiza ngeCulo Lesizwe. Igama leculo lesizwe ngu- "Nkosi Sikelel' iAfrika", okuchaza ukuthi "Nkosi Busisa i-Afrika". Amavesi alo okuqala angesiZulu, ngesiXhosa nangesiSotho. Amavesi amabili okugcina angesiBhunu nangesiNgisi.



Masiculeni

Nanka amagama eculo elithi Nkosi sikelel' iAfrika.  
Uyakwazi ukuwahlabelela? Ake sizame.

	Amazwi eCulo Lesizwe	Iculo ngesiNgisi
isiXhosa	Nkosi sikelel' iAfrika Maluphakanyisw' uphondo lwayo,	Lord, bless Africa May her spirit rise,
isiZulu	Yizwa imithandazo yethu, Nkosi sikelela, thina lusapho lwayo.	Hear our prayers, Lord bless us, her children.
isiSotho	Morena boloka setjhaba sa heso, O fedise dintwa le matshwenyeho, O se boloke, O se boloke setjhaba sa heso, Setjhaba sa, South Afrika, South Afrika.	Lord, we ask that our nation be protected, That all conflicts are ended. Protect us, protect our nation, our nation, South Africa, South Africa.
isiBhunu	Uit die blou van onse hemel, uit die diepte van ons see, Oor ons ewige gebergtes waar die kranse antwoord gee,	Ringing out from our blue heavens, From our deep seas breaking round, Over ever-lasting mountains, Where the echoing crags resound.
isiNgisi	Sounds the call to come together, And united we shall stand, Let us live and strive for freedom In South Africa our land.	

Usuku: .....



### Masibhale

Liculwa nini iCulo Lesizwe? Funda le misho. Faka uphawu (✓) uma umusho ulungile noma uphawu (✗) uma ungalungile.

<input checked="" type="checkbox"/>	<input type="checkbox"/>
-------------------------------------	--------------------------

abantu bayalicula iCulo Lesizwe esontweni.

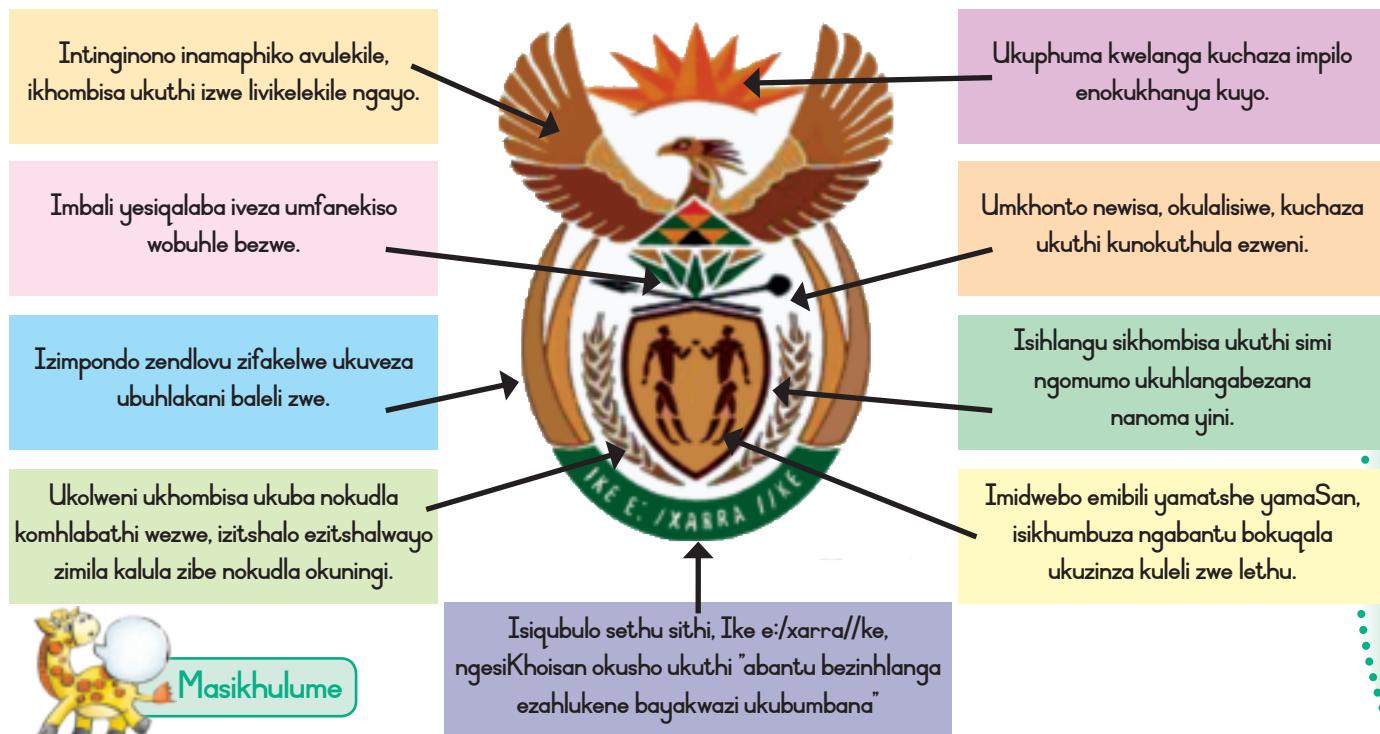
IBafana Bafana iyamcula uNkosi Sikelel' iAfrika ngaphambi kokudlala umdlalo.

Siyalicula iCulo Lesizwe esikoleni.



### Masifunde

Uma umuntu ebona isiginisha yakho (indlela ekhethekile obhala ngayo igama lakho) encwadini, uyazi ukuthi leyo ncwadi iphuma kuwe. **Isiphandla Sezwe** sifana nesiginesha yezwe. Uma ubona umdwebo oyisiphandla sezwe ebhukwini noma encwadini yombiko, uzokwazi ukuthi lowo mbhalo uvela kuhulumeni wase Ningizimu Afrika. Isiphandla Sezwe sethu sinezithombe phakathi. Isithombe ngasinye sinencazelo ekhethekile.



### Masikhulume

Xoxa nomngani wakho ngezindawo okukhona kuzo Isiphandla Sezwe lethu. Ungamkhombisa umngani wakho Isiphandla Sezwe njengamanje?



### Masibhale

Bhala izindawo ezi-2 noma ezi-3 lapho uke wabona khona Isiphandla Sezwe.




Teacher:

Sign:

Date:

# Izimpawu zesizwe



Masifunde

Buka lezi zithombe. Uphawu ngalunye kulezi ngolwe Ningizimu Afrika.  
Uphawu lumele into ethize. Zonke lezi zimpawu zimele iNingizimu Afrika.



Masibhale

Bhala isihloko ngesithombe ngasinye kwezingezansi eziwuphawu lwesizwe.  
Sebenzisa okukodwa kokulandelayo:

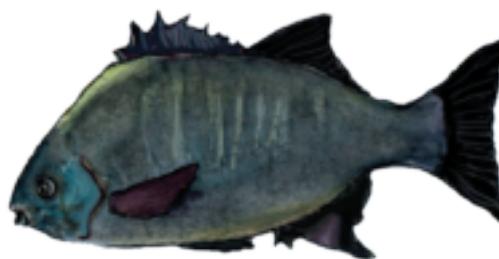
Insephe

iGaljuni

Umkhoba

Indwa

Isiqalaba



Masenzeni lokhu

Yenza umdwebo ophendiwe yolulodwa lwalezi zimpawu.  
Xoxa ngombala, ukwakheka nesimo sawo.



Masibhale

Qedela le misho. Sebenzisa lawa magama.

Usuku: .....



umkhoba



isiqalaba



iSpringbok



inhlanzi



amasenti  
amahlanu

5

ezinhlanu



inyamazane

Imbali yesizwe \_\_\_\_\_.

Isihlahla sesizwe \_\_\_\_\_.

Insephe yi \_\_\_\_\_.

Inyoni yesizwe yile esemalini \_\_\_\_\_.

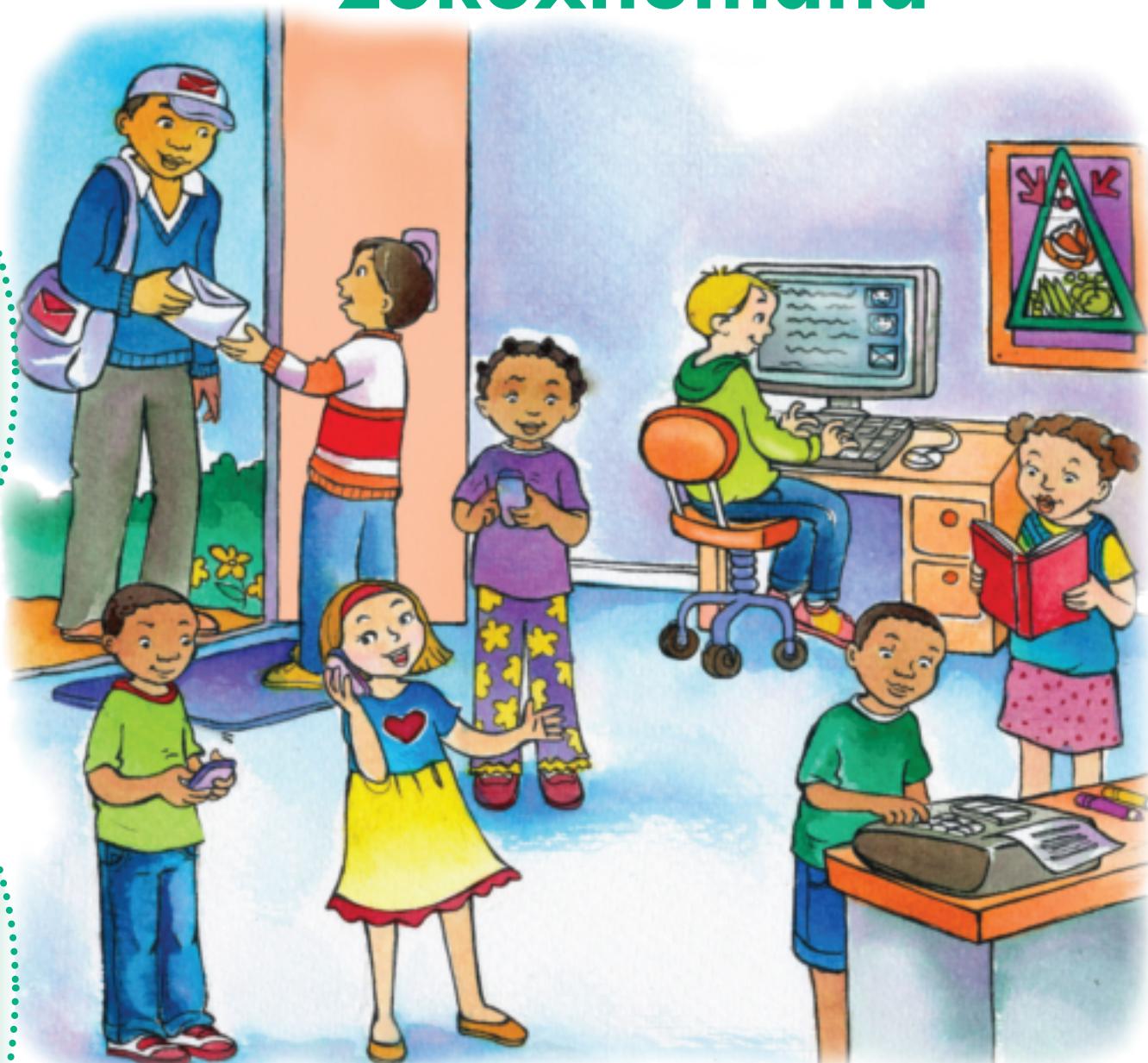
Isilwane sesizwe sisejezini leqembu i \_\_\_\_\_.

Kunezilimi \_\_\_\_\_ eCulweni Lesizwe.

Igaljuni \_\_\_\_\_ yesizwe.



# Izinhlobo ezahlukahlukene zokuxhumana



Masikhulume

Buka isithombe bese uxoxa nomngani wakho ngazo zonke izindlela zokuxhumana ozibona esithombeni.



Masifunde

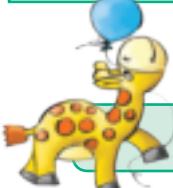
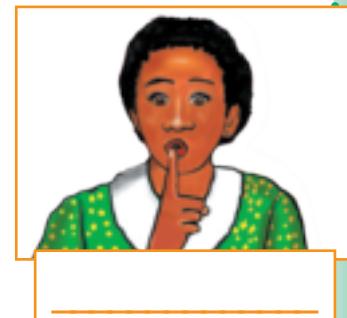
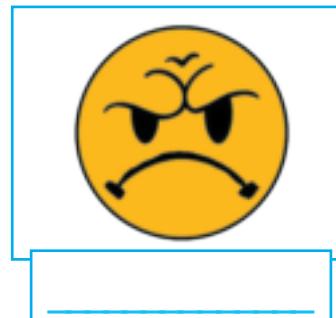
Ukukhuluma ngenye yezindlela zokuxhumana ezaziwayo. Siyakwazi futhi ukuxhumana ngokubhalelana. Kwenye inkathi sixhumana ngaphandle kolimi. Bheka izithombe ezisekhasini elilandelayo. Isithombe ngasinye sisitshela okuthize ngaphandle kokusebenzisa ulimi.



### Masibhale

Ezikhaleni ezingezansi kwezithombe, bhala usho ukuthi isithombe ngasinye sizama ukusitshelani.

Usuku: .....



### Masenzeni lokhu

Bheka le misho esemabhokisini.

Yebo.

Angazi.

Singatshela umuntu konke lokhu ngaphandle kokukhuluma.

Shintshanani nomngani nikhombise ukuthi lokhu ngakunye sikudluliselana kanjani komunye umuntu.

Hlala lapha nami.

Woza lapha.



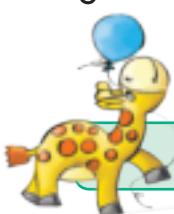
### Masifunde

Uma ukhuluma nomuntu ocingweni khumbula ukuthi akakuboni. Uma usebenzisa izimpawu zobuso nezandla, ngeke abone ukuthi uzama ukuthini. Ungalisebenzisa izwi. Ungalenza izwi lijabulise noma lidumale, uzokuzwa ukuthi uthini.

Cha.

Ngithukuthele.

Thula umsindo.



### Masenzeni lokhu

Phimisa umusho

Shintshana nomngani wakho nisho le misho. Khombisani ngobuso lokho enikushoyo. Ningazisebenzisa nezandla kanye namazwi.

Indlela ozizwa ngayo



Ubaba ungiyise emtatsheni wezincwadi.

ngijabulile



Siye edolobheni ngetekisi.

ngijabulile



Bengihlezi ekhaya ngoMgqibelo.

ngithukuthele



Ugogo uzobuya eze akhaya.

ngidumele



Bekunomsindo kakhulu.

ngiyesaba

Namuhla uLwesine.

ngijabulile

Manje phinda usho imisho. Manje, sebenzisa izwi lakho **KUPHELA** ukutshengisa imizwa yakho.



# Ukuxhumana ngokubhalelana kanye nangamazwi



Masibhale

Siyabhalelana uma sifuna ukuxhumana ngezindlela eziningi. Buka izithombe bese ubhala ilebuli elifanele ngezansi kwesithombe ngasinye.

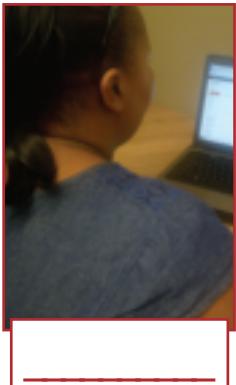
i-SMS

i-imeyili

incwadi

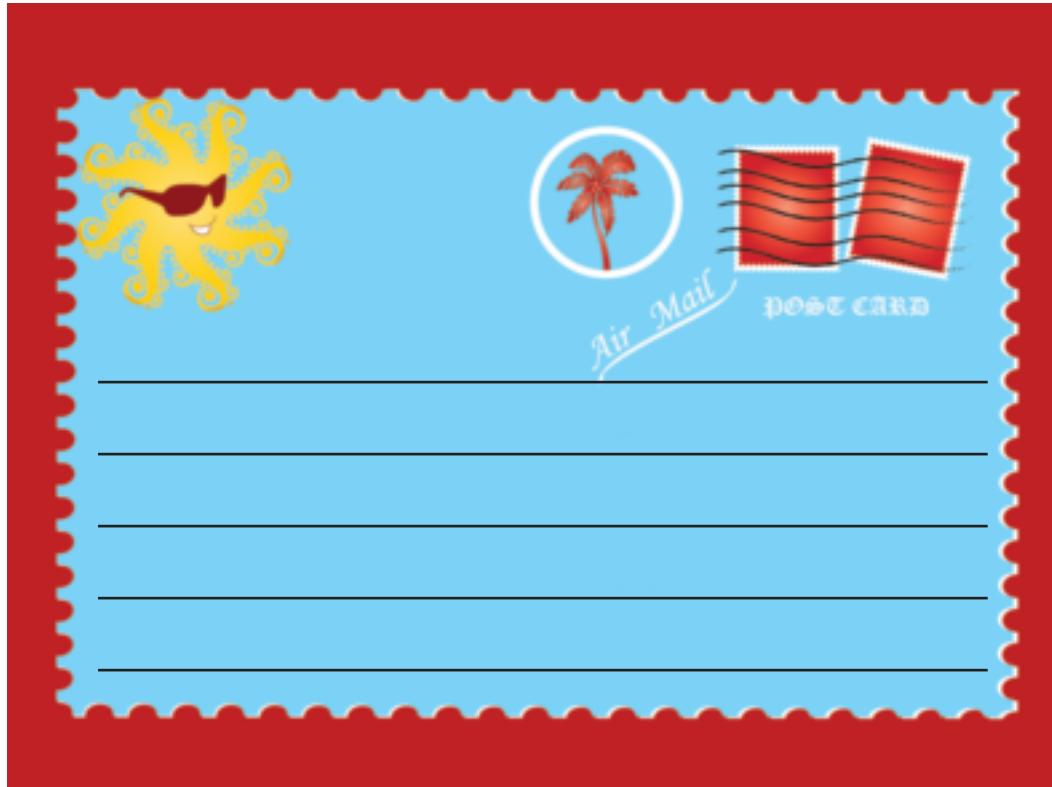
ifeksi

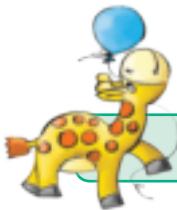
iphosikhadi



Masibhale

Yenza sengathi useholidini edolobheni ongakaze uye kulo. Bhala iphosikhadi ulibhekise kumngani wakho umtshele yonke into oyibonile noyenzile.





### Masenzeni lokhu

Sebenzisana nomngani wakho.

Usuku: .....

- Hlalani phansi nifulathelane bese nenza sengathi nikhuluma ocingweni.
- Xoxisanani ngokudedelana ngeholidi ebenikulo.
- Sebenzisa izwi lakho ukuzwakalisa imizwa yakho.



### Masikhulume

Buka isithombe bese uxoxa nomngani wakho. Ziwarebenzisa kanjani amazwi azo lezi zingane?

Khuluma ngezinye zezindlela zokuxhumana ngokusebenzisa izwi.



### Masiqhubeke

Masidhaleni ikhilikithi.

- Zehlukaniseni nibe ngamaqembu ekhilikithi amabili.
- Nqumani ukuthi yiliphi iqembu elizobhetha ibhola nokuthi yiliphi elizobhawula.
- Ingabe uayazi yini imithetho yekhilikithi?  
Uma ungayazi, uthisha wakho uzokusiza.



# Ezinye izindlela zokuxhumana

Masenzeni lokhu

Uyayazi yini indlela ezohanjwa yiposikhadi lakho uma liya kumngani? Funda lezi zinyathelo elizozithatha kuleyo ndlela. Manje-ke buka lezi zithombe. Zinikeze izinombolo ukuze zihambisane nezigaba ezisencazelweni.



1

Uyalibhala iposikhadi.



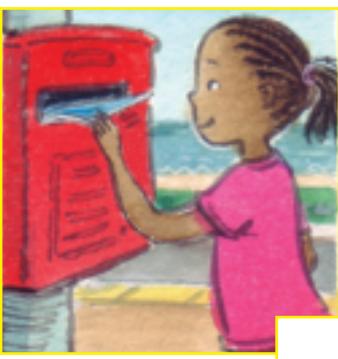
2

Uthenga isitembu usinamathisele eposikhadini.



3

Uyaliposa iposikhadi esigxotsheni seposi.



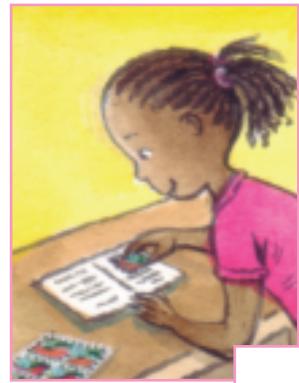
4

Imoto yeposi iyalithatha ilise ehhovisi leposi.



5

Ehhovisi leposi bayalihlela iposikhadi lakho balifake nezincwadi eziya endaweni efanayo nebhalwe eposikhadini lakho.



6

Manje iposikhadi lakho lihamba ngesitimela noma ngebhanoyi ukuya eposini lakulelo dolobha.



7

Indoda yeposi yakulelo hhovisi leposi ihambisa iposikhadi lakho kubo kamngani wakho.



Masikhulume

Usuku: .....

Buka lesi sithombe bese uxoxa nomngani wakho ngaso. Zingaki izindlela zokuxhumana ongazithola?



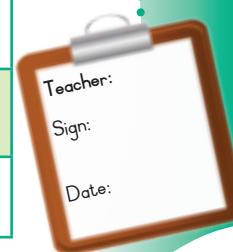
Masibhale

Buka lesi sithombe bese uphendula imibuzo.

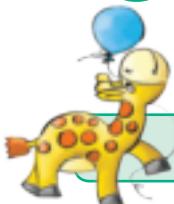
Bangakiabantu abafunda okuthile?

Yini esingayifunda uma sizidlalela noma sizijabulisa?

Yini esimelwe ukuyifunda nsuku zonke ukuze sithole ukuthi kwenzekani ezweni?



# Ukuxhumana ngezikhangisi nangomculo

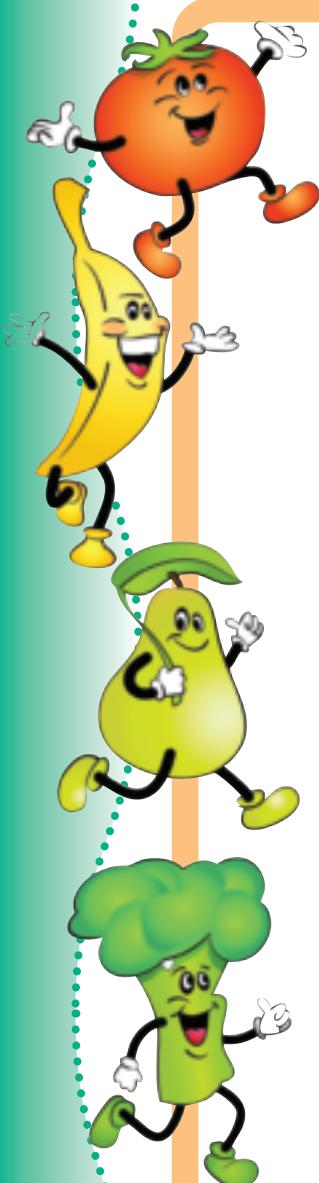


Masenzeni lokhu

Izikhangisi ziseyindlela yokuxhumana. Ungasibhala yini esakho isikhangisi ngendalela yephosta, sikhulume ngejusi yezithelo entsha? Bhala le phosta ufake lawa mazwi kuso:

- Igama lejusi yezithelo
- Inani lejusi yezithelo
- Isithombe sesithelo
- Ukuchazwa kwejusi yezithelo
- Ukuchazwa kwabantu abangayithanda ijusi yezithelo
- Indawo lapho ingathengwa khona ijusi yezithelo

Bonisa abangani bakho bese uxoxa ngemibala nezimo ozisebenzisile.

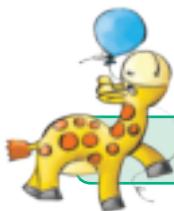
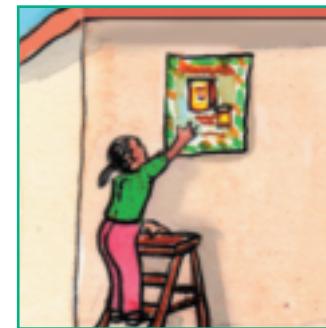




### Masikhulumé

Usuku: .....

- Xoxa nomngani wakho ngokuthi nizoyinamathisela kuphi iphosta yakho.
- Kumele kube yilapho abantu bezokwazi ukufinyelela kalula khona ukuze bayibone.



### Masenzeni lokhu

Nomculo uyindlela esixhumana ngayo futhi. Xoxa nomngani wakho ngamaculo ahlukahlukene owaziyo



- 🎵 Shintshanani niwacule la maculo anijabulisayo.
- 🎵 Manje culani iculo umuntu alicula uma ehamba.
- 🎵 Yiliphi eliyiculo lokuhamba?
- 🎵 Ucula nini esikoleni?
- 🎵 Cula iculo olithandayo.
- 🎵 Chazela umngani wakho ukuthi ulithandelani.



### Masiqhubeke

Hlukanani nibe ngamaqembu amane.

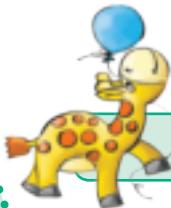
Nizogijima niphethe indukwana okuzothi uma ufika kwabalandelayo ujinike oweqembu lakho asuke agijime.

Lawa maqoqwana azonikezelana kuye kuyofika kwelokugcina.

Oyedwa owine kwabokugcina uwinele lonke iqembu ebelinikezelana ngendukwana.



# Sixhumana kanjani uma singabantu abangezwa ezindlebeni?



Masenzeni lokhu

Sisebenzisa izindlebe zethu uma kufanele sibe nokuxhumana. Dweba isithombe esikhombisa umuntu olalele. Bonisa ukuthi yini ayilalele.

IThemba - Amasonto 5



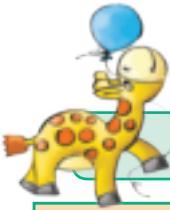
Masibhale

Phendula le mibuzo.

Yinto oyithandayo yini ukulalela umsakazo? Yisho ukuthi uwuthandelani.

Zinto zini eziwulwazi oyaye uzithole emsakazweni?

Msebenzi muni oyaye wenziwe nguDJ wasemsakazweni?



### Masenzeneni lokhu

Usuku: .....

Yenza sengathi ufundu izindaba emsakazweni. Sebenzisa izwi elizokwenza abalaleli bakuthande. Sebenzisa lawa mazwi:

iziphepho nezikhukhula

amaholidi ezikole

imigwaqo ephithizelayo

umntwana owenza  
iBanga lesi-2

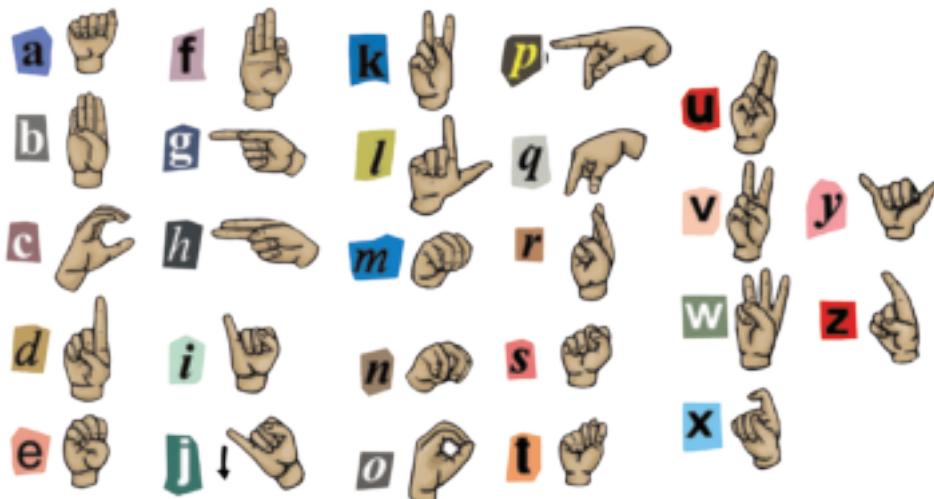
imiklomelo yabenze  
kahle ezibalweni

iBafana Bafana



### Masifunde

abantu abanokukhubazeka bavame ukuthola izindlela ezahlukene zokukhulumisana nabanye abantu. Isibonelo, abantu abaningi abangezwa abakwazi ukufunda ukukhuluma. Basebenzisa izandla noma iminwe ukwenza izimpawu bakwazi ukukhuluma nabanye abantu. Ukukhuluma kanje kubizwa ngokuthi ukukhuluma ngezimpawu. Kunezimpawu ezhelukahlukene ezinezincuzelo ezahlukahlukene. Ake ubuke izibonelo zalezi zimpawu ezilandelana ngokwe-alfabheti ngezansi. Zama ukusho igama lakho ngokusebenzisa izandla zakho. Manje sebenzisa ulimi lwezandla ukubingelela umngani wakho.



### Masibhale

Zihlole emsebenzini osanda kuwenza. Funda le mibuzo bese uthikha (✓) noma ufake isiphambano (✗) ebbokisini elifanele.

### Ukuzihlola

✓	✗

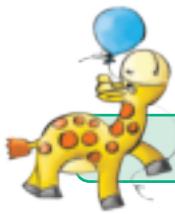
Kube lula ukusho igama lami ngolimi lwezimpawu.

Ngikwazile ukumqonda umngani wami ekhuluma ngolimi lwezimpawu.

Ngikuthokozele ukukhuluma ngisebenzisa ulimi lwezimpawu.



# Sikwazi kanjani ukuxhumana uma singaboni emehlweni?



Masenzeni lokhu

Vala amehlo uzame ukukhumbula  
izinto ongekwazi ukuzenza uma uvale  
amehlo womabili.  
Uyakwazi ukufunda incwadi uvale amehlo?  
Uyakwazi ukubhala?  
Uyakwazi yini ukuthi umngani  
wakho uyanamatheka?  
Ugqokeni namuhla umngani wakho?  
Vula amehlo umbheke. Uqagele kahle  
noma cha?



Masifunde

abantu abangaboni, basebenzisa  
izinhlamvu zebhrayili uma befunda noma  
bebhala.

abantu abakwazi ukufunda ibhrayili  
bayayithinta balandele amachashazi,  
basebenzise iminwe ukufunda  
amagama abhalwe ngamachashazi.  
Izinhlamvu zamagama yebhrayili  
zasungulwa yindoda ebizwa ngo Louis  
Braille, owayengaboni.



Usuku: .....



### Masifunde

Bheka i-alfabhethi yebhrayili.

•	•	• •	• •	• •	• •	• • •	• •	•
A	B	C	D	E	F	G	H	I
• •	•	• •	• •	• •	• •	• •	• • •	• •
J	K	L	M	N	O	P	Q	R
• •	• •	•	• •	• •	• •	• •	• •	• •
S	T	U	V	W	X	Y	Z	



### Masenzeni lokhu

Bhala igama lakho usebenzise izinhlamvu zebhrayili.

--	--	--	--	--	--	--	--	--	--

--	--	--	--	--	--	--	--	--	--



### Masibhale

Zivivinye ngomsebenzi owedlule. Funda imibuzo bese uthikha (✓) noma ufake isiphambano (✗) ebhokisini elifanele.

### Ukuzihlola

✓	✗

Ngingalikhombisa igama lami ngisebenzisa ulimi lwezimpawu.

Ngingalibhala igama lami ngebhrayili.



# Imini nobusuku



Masikhulume

Buka lezi zithombe bese uxoxa nomngani wakho ngazo.



Masibhale

Buka lezi zithombe futhi bese uphendula imibuzo.

Kukusiphi isithombe lapho kusebusuku khona?

Yisho ukuthi yini ucabange kanjalo.

Yisiphi isikhathi osithanda kakhulu – ngesasemini noma ebusuku?

Yisho ukuthi kungani.

Yini esingayisebenzisa ukukhanyisa uma kumnyama?



Masikhulume

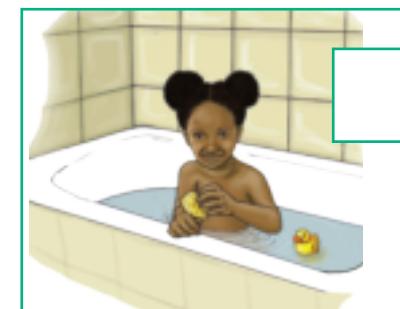
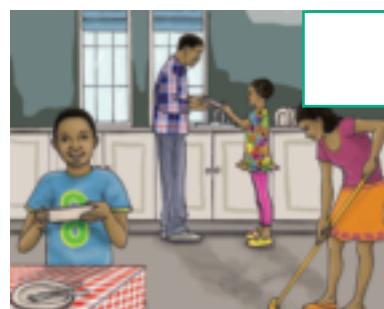
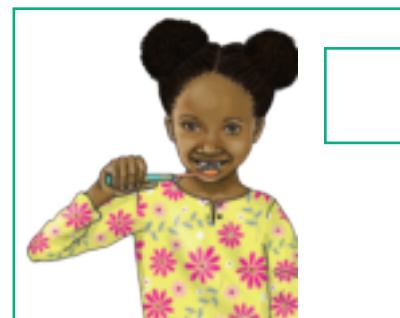
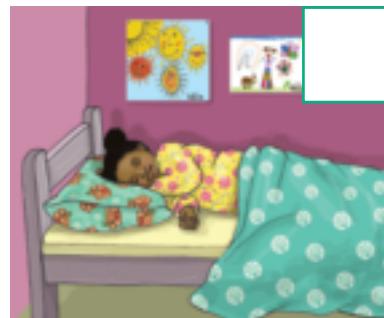
Usuku: .....

Bheka izithombe bese uxoxa nomngani wakho ngazo. Ithoshi lidingani ukuze lisebenze? Yini okumele uyenze ukukhanyisa ithoshi?



Masibhale

Bhala izinombolo kulezi zithombe ngokulandelana okufanele ukutshengisa lokho okwenziwa nguSandile ukusukela ngesikhathi sesidlo sakusihlwa kuze kufike isikhathi sokulala.



Khetha isihloko esifanele isithombe ngasinye ohlwini olukuleli thebhula.

Bhala inombolo yesithombe esifanele eduze kwesihloko.

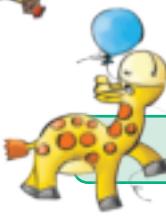
Ukhathele ngakho uyolala ngaphandle kokuchitha isikhathi.	
Ugeza umzimba.	
ULungile nomndeni wakhe bathanda ukuxoxa, badle isidlo sakusihlwa ndawonye, bese kuthi ebusuku baxoxelane izindaba.	
Manje sekuyisikhathi sokuthi uSiphiwe ayolala.	
Uxubha amazinyo.	
Emva kokudla kwakusihlwa bayasizana ukugeza izitsha nokulungisa ikhishi.	



60

# Amaphupho nezifiso ebusuku

IThemba - Amasonto b



Masenzeni lokhu

Yenza sengathi ube nephupho elingajwayelekile. Dweba isithombe esichaza lelo phupho.



Masibhale

Bhala imisho embalwa ngephupho lakho.

Kwenzeke ni ephusheni?

Uboneni?

Uzizwe unjani ngenkathi uphupha?

Usuku: .....



Masibhale

Abanye abantu bathi uma ubona inkanyezi intweza kufanele usho isifiso sakho.  
Yenza sengathi ubone le nkanyezi, bese ubhala phansi into oyifisayo.

Ngifisa ....

Ngifisa ukuphupha nge ....



Masenzeni lokhu

Penda isithombe  
sakho ulele.

Uzodinga lokhu:

- upende
- ibhulashi lokupenda
- ikhasi lephepha elimhlophe
- amanzi kujeke noma enkomishini okuhlanza  
ibhulashi lakho lokupenda.

Okumele ukwenze:

Fola ishidi lephepha libe uhafu, bese uphinda ulivula futhi. Ohlangothini olulodwa lwephepha dweba isithombe sakho ugqoke izimpahla zakho zokulala. Manje phinda ufole iphepha lakho libe wuhafu bese uhlikihla isandla sakho phezulu kwalo. Uma uphinda uvula iphepha uzobona iwele lakho komunye uhafu.



Masiqhubeke

Zifudumeze: nyakazisa amahlombe, xegisa izingalo, nyakazisa izandla. Shwiba ingalo yesokudla uyise phambili ubuye uyzungezise. Yenza kanjalo izikhathi eziyisithupha. Yenza kanjalo ngengalo yesokunxele. Shwiba ingalo yesokudla uyise emuva izikhathi eziyisithupha. Yenza kanjalo ngengalo yesokunxele. Shwiba izingalo zombili uzise phambili izikhathi eziyisithupha. Zishwibe uzise emuva. Shwiba ingalo eyodwa uyise emuva enye uyise phambili ngesikhathi esifanayo. Kwenze izikhathi eziyisithupha lokhu bese ushintsha izingalo. Zipholise: beka izandla esiswini. Donsa umoya uze ufike esiswini, kwenze kuze kufinyelele ekuthini izandla zinyakaze. Umoya obuwudonsile wuyekwe wehle kancane kancane. Kwenze lokhu izikhathi zize zibe zine.



Teacher:

Sign:

Date:

# Umsebenzi wasemini nowasebusuku



Masikhulume

Buka lezi zithombe bese  
ukhuluma nomngani  
wakho ngazo.  
Yibaphi abantu abasebenza  
ebusuku? Yibaphi  
abasebenza emini?



Masibhale

Yibaphi kulaba bantu abenza umsebenzi wabo emini nasebusuku?  
Thikha (✓) eduze kwezithombe ezifanele.

	Sisebenza emini nasebusuku.		

Usuku: .....



Masikhulume

Xoxani eqenjini lenu ngabo bonke abantu abasebenza ebusuku kuphela.

Kungabe othisha bayasebenza ebusuku?

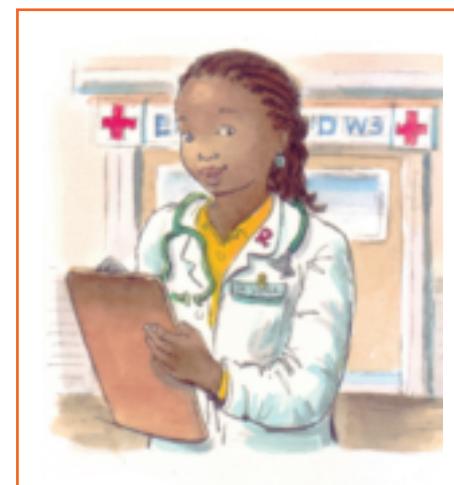
Kungabe onogada basebenza ebusuku kuphela?

Ukhona umuntu omaziyo osebenza ebusuku kuphela? Wenzani?

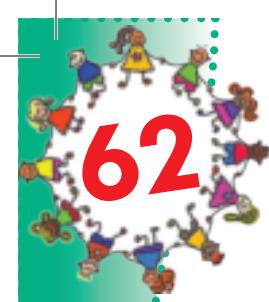


Masibhale

Bhala ngohlobo lomsebenzi owenziwa umuntu ngamunye ngezansi.



# Ukwenza umsebenzi omuhle ebusuku



Masikhulume

Buka lezi zithombe bese ukhuluma nomngani wakho ngazo. Ndaba yini oyitshelwa yisithombe esingezansi?





### Masibhale

Buka lesi sithombe futhi bese uphendula le mibuzo.

Usuku: .....

Ngokwakho udukotela utheni kumvukuzi?

Lo mvukuzi usebenzisani ukubona ngaphansi komhlaba?

Kungani kubekwe unogada esibhedlela?

Ukhona omaziyo osebenza ebusuku? Wenza msebenzi muni?

Kambe kuyenzeka yini ukuthi umuntu asebenze ubusuku nemini kulandelana?

Yisho ukuthi kungani usho kanjalo.



### Masiqhubeke

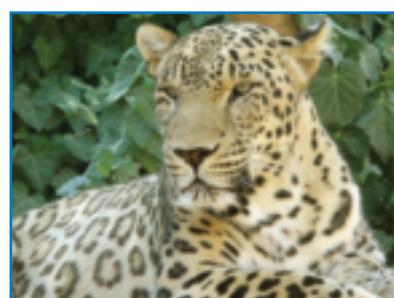
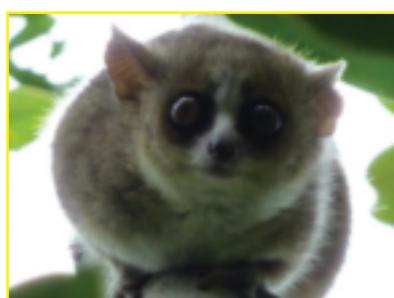
- Yehla uphinde ukhuphuke izitebhisi izikhathi ezilishumi. Yima uphefumule buthule.
- Yehla uphinde ukhuphuke izikhathi ezinye ezilishumi. Cula uphinde uvale izandla ngaleyonkathi.
- Yehla uphinde ukhuphuke ezinye izikhathi ezilishumi. Nyakazisa izingalo.
- Manje thatha amagxathu ayishumi ukuya phansi naphezulu. Shaya izandla uma wenza lokhu.



# Izilwane zasebusuku

Masikhulume

Bheka izithombe bese uxoxa nomngani wakho ngazo. Bheka ukuthi zingaki kulezi zilwane ongazisho amagama azo.



Masifunde

Izilwane eziningi ziyacasha zilale emini. Lezi zilwane sizibiza ngamanokthunali. Amanokthunali yizilwane ezilala emini bese ziphuma ebusuku. Ezinye zeziwlane ezingamanokthunali zihlala ezindaweni ezishisa kakhulu futhi ezomile emini. Ziyalinda kuze kuphole sekushone ilanga, ngaphambili kokuthi ziphumele ngaphandle. Ezinye zeziwlane ezingamanokthunali zicashela izilwane ezizingelayo emini. Kukhona futhi nezilwane ezingamanokthunali ezizingela ebusuku.



Masibhale

Ake uphendule le mibuzo.



Kungani kunezilwane ezizingela ebusuku?

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Yiziphi izilwane osuke wazizwa zibanga umsindo ebusuku?

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Masibhale

Usuku: .....

Funda le misho. Thikha (✓) ebhokisini uma ucabanga ukuthi umusho ulungile. Faka isiphambano (✗) uma ucabanga ukuthi awulungile.

Ukuzihlola

✓	✗

Ezinye zezilwane ezingamanokthunali zizwa kahle kakhulu.

Ezinye ziyalala emini zenzele ukuthola ukuphola.

Ezinye zezilwane ezingamanokthunali zibukhali ekuhogeleni.

Zonke izinyoni ziyizilwane zasemini.



Masifunde

Kodwa izikhova ziyalala emini zivuke ebusuku zizingele. Zinamehlo amakhulu abona phambili njengawabantu. Izikhova zibona kahle uma kukhanya inyanga. Aziboni kahle uma kumnyama ngempela.

Izikhova zinamazipho acijile aqinile. Ziwarebenzisa ukubamba izilwane ezincane ezizithola uma zizingela. Izimpiko zazo zinezinsiba ezithambile. Lezi zimpaphe ziyazisiza ukundiza ngokuthula ukuze izilwane ezizizingelayo zingazziza.



Masibhale

Funda indaba yesikhova futhi bese uphendula le mibuzo.

Isikhova sisibamba kanjani isilwane uma sizingela?

Zizingela izilwane ezingakanani izikhova?

Zinamazipho anjani izikhova?



Teacher: \_\_\_\_\_  
 Sign: \_\_\_\_\_  
 Date: \_\_\_\_\_

# Isilwane esihlale siphephile ebusuku



Masikhulume

Buka lesi sithombe ukhulume  
ngaso nomngani wakho. Uyalazi  
igama lalesi silwane?  
Wake wasibona?



Masifunde

Izingungumbane ziyalala emini. Zisebenzisa izinziphlo zazo ezinde ukumba izimpande nezigaxa ezizidlayo. Ziyathanda ukulala ngaphansi kwamadwala. Zinezinungu umzimba wonke. IZinungu zifana nezinaliti ezicijile. Uma kunesilwane esizama ukusondela kakhulu engungumbaneni, iyahlehlala ikhiphe izinungu ihlabe ngazo leso silwane. Ziyakwazi ukukhumuka futhi engungumbaneni izinungu uma ifuna ukugijima ibaleke. Umzingeli uvame ukuzwa ubuhlungu angabe esayixosha ingungumbane.



Masibhale

Ake uphendule le mibuzo.

Sibizwa ngokuthini lesi silwane?

Senzani uma kunesilwane esibonakala sisondela kuso kakhulu?

Sihlala kuphi?

Sidlani?

Ngabe naso siyisilwane esiyinokthuli?