



# basic education

Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

**NATIONAL  
SENIOR CERTIFICATE**

**GRADE 12**

**DANCE STUDIES  
FEBRUARY/MARCH 2015**

**MARKS: 100**

**Time: 3 hours**

**This question paper consists of 8 pages.**

**INSTRUCTIONS AND INFORMATION**

1. This question paper consists of 11 questions. Answer only NINE questions.
2. This question paper consists of TWO sections:  
  
SECTION A: Consists of FIVE questions. (QUESTIONS 1 to 5)  
Note that you have a choice between QUESTION 4 and QUESTION 5 in this section. If you answer both questions, only the first question answered will be marked.  
SECTION B: Consists of SIX questions. (QUESTIONS 6 to 11)  
Note that you have a choice between QUESTION 10 and QUESTION 11 in this section. If you answer both questions, only the first question answered will be marked.
3. Number the answers correctly according to the numbering system used in this question paper.
4. Read each question carefully and take note of what is required. Answer in full sentences except where one-word answers are required.
5. You may do rough planning in the ANSWER BOOK. Draw a line through any work that should NOT be marked.
6. You will be assessed on your ability to:
  - Use good English (write only in one language)
  - Organise and communicate information clearly
  - Use the specific format asked for in certain questions
  - Use specialist dance terminology where appropriate
7. Write neatly and legibly.
8. Use the table below as a guideline for the allocation of marks and time when each question is answered.

SECTION	QUESTION	MARKS	TIME (minutes)
A: Safe Dance Practice and Health Care (Choice between QUESTIONS 4 and 5)	1	10	60
	2	6	
	3	11	
	4	13	
	5	13	
B: Dance History and Literacy (Choice between QUESTIONS 10 and 11)	6	5	120
	7	10	
	8	12	
	9	18	
	10	18	
	11	15	
<b>TOTAL</b>		<b>100</b>	<b>180</b>

**SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE****QUESTION 1: FOOT CARE, SAFE LANDINGS AND INJURY**

- 1.1 Feet are used extensively in dancing. Describe how dancers should take special care of their feet with reference to:
- 1.1.1 Hygiene of the feet (1)
  - 1.1.2 Blisters/Cracks/Skin splits (1)
  - 1.1.3 Sweaty feet (1)
  - 1.1.4 Toe nails (1)
- 1.2 Write a paragraph (at least 60 words) explaining what is meant by *safe landings*. (3)
- 1.3 Explain THREE ways to prevent and treat shin splints. ( $\frac{1}{2} \times 6$ ) (3)  
**[10]**

**QUESTION 2: POSTURE AND ALIGNMENT**

- 2.1 Clearly explain to a new dance learner what *good posture and alignment* is. (3)
- 2.2 What are the benefits of good posture and alignment for a dancer? (3)
- 2.3 Why is kinaesthetic awareness vital for a dancer's performance? Support your answer with FOUR relevant reasons. (4)  
**[10]**

**QUESTION 3: COMPONENTS OF FITNESS**

- 3.1 Give a clear definition of the term *neuromuscular skills*. (1)
- 3.2 Clearly describe TWO ways how a dancer could develop neuromuscular skills (motor fitness) in the dance class. (4)
- 3.3 Explain the TWO types of endurance a dancer needs in the dance class. (2)
- 3.4 Evaluate how a dancer could develop muscular strength safely in the dance class. Give THREE examples. (3)  
**[10]**

**NOTE:** You have a choice between **QUESTION 4** and **QUESTION 5**. Answer only **ONE** of these questions.

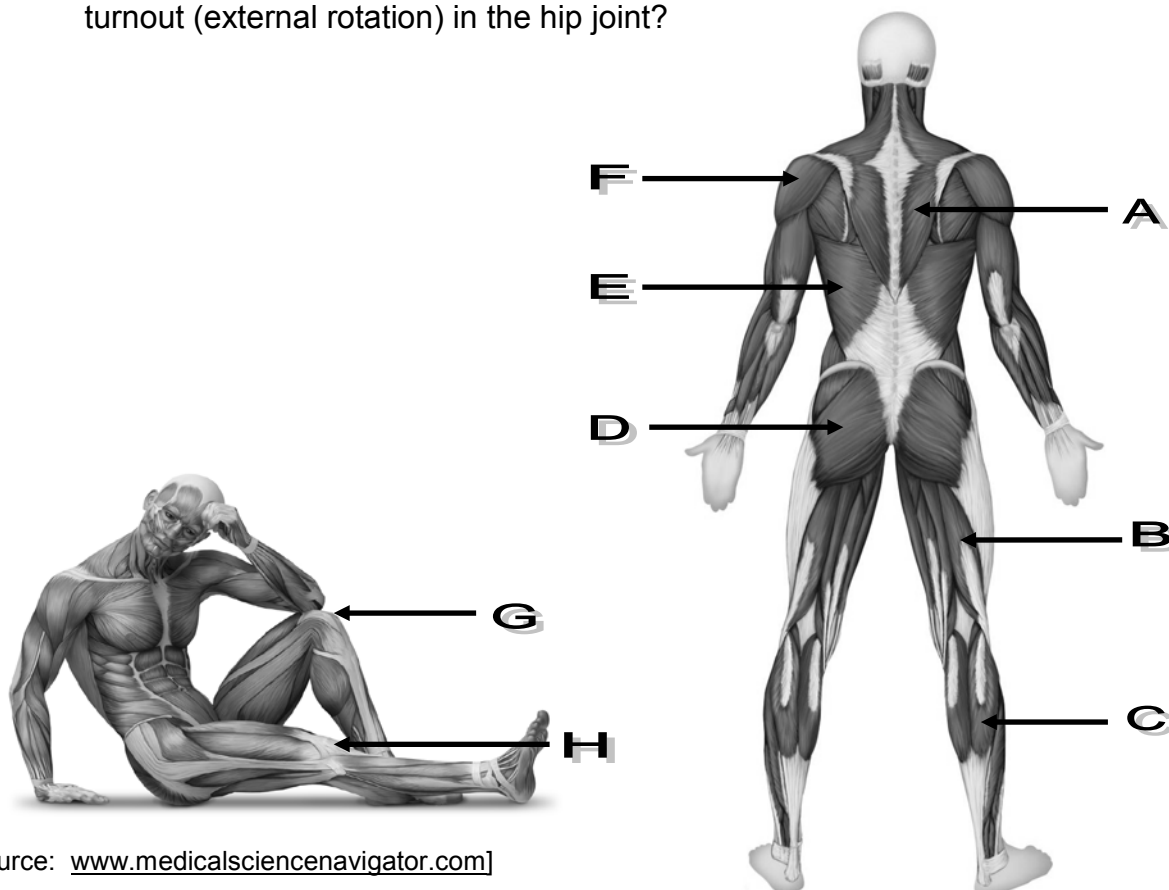
**QUESTION 4: SAFE DANCE PRACTICE AND INJURIES**

- 4.1 What are the requirements for a dance environment to prevent dancers from being injured? List **FOUR** requirements and give a reason for each choice. (4)
  - 4.2 Why is it important to have an understanding of safe dance practices? Give **THREE** examples and how they will affect your dance training. (3)
  - 4.3 In your opinion, what should a balanced practical dance class include? Justify your answer. (Write a paragraph of at least 60 words.) (3)
- [10]**

**OR**

**QUESTION 5: MUSCLES AND ACTIONS**

- 5.1 Label the muscles/muscle groups **A** to **F** in the picture below. State **ONE** main anatomical action of each muscle/muscle group. (6)
  - 5.2 What anatomical action is taking place in **G**, the dancer's left knee? (½)
  - 5.3 What anatomical action is taking place in **H**, the dancer's right knee? (½)
  - 5.4 Which muscles would need to be stretched if a dancer wanted to improve turnout (external rotation) in the hip joint? (3)
- [10]**



[Source: [www.medicalsciencenavigator.com](http://www.medicalsciencenavigator.com)]

**TOTAL SECTION A: 40**

**SECTION B: DANCE HISTORY AND LITERACY****QUESTION 6: IMPROVISATION AND COMPOSITION**

You have explored some of the following dance elements and terms during your improvisation and composition lessons.

- 6.1 Define the element of *space* and explain how it can be used to add interest to dance compositions. (2)
- 6.2 Define the element of *time* and state some of the aspects that affect a dance composition. (2)
- 6.3 How does the element of *force* contribute to the dynamics within a dance composition? (1)
- [5]**

**QUESTION 7: COMMUNITY CHOREOGRAPHY DANCE PROJECT**

You are planning a dance performance in a local community with high levels of criminal activities in the area.

- 7.1 Select ONE theme that particularly affects children in this area and give your project a name. What would you try to achieve through this performance and what would your key message be? (2)
- 7.2 Explain FOUR important steps you would take to gather information and ideas to prepare yourself for addressing your chosen theme. Support your answer with relevant reasons. (4)
- 7.3 Name FIVE essential resources you would need for this project. (5)
- 7.4 How would you involve the key community role players and organisations below? Select FIVE:
- Police service
  - Local businesses
  - Local municipality
  - Local religious organisations
  - Department of Welfare or social workers
  - Local press/media
  - Local artists/dancers/musicians/set designers (5)
- 7.5 How would you communicate this theme through movement? Give a detailed description of what your dance performance would involve. (Write a paragraph of at least 80 words.) (4)

*Plan your project carefully in rough before you write your final answer. Cross out any work you do NOT want marked in your answer book.*

**[20]**

**QUESTION 8: MUSIC ELEMENTS AND MUSICALITY**

8.1 Define the following musical elements:

- 8.1.1 Tempo (1)  
 8.1.2 Pitch (1)  
 8.1.3 Polyrhythm (1)

8.2 What is *musicality* and how can it be developed in the dance class? (2)  
**[5]**

**QUESTION 9: SOUTH AFRICAN DANCE WORK**

Select a dance work you have seen from the list below and give the following information:

<b>SOUTH AFRICAN CHOREOGRAPHERS</b>	<b>SOUTH AFRICAN DANCE WORKS</b>
Alfred Hinkel	<i>Last Dance (Bolero)</i> <i>I am Cinnamon</i> <i>Rain in a Dead Man's Footprints</i> <i>Cargo</i>
Carolyn Holden	<i>Imagenes</i>
Dada Masilo	<i>Swan Lake</i> <i>Romeo and Juliet</i>
Gary Gordon	<i>Bessie's Head</i>
Gregory Maqoma	<i>Beauty Trilogy</i> <i>Skeleton Dry</i> <i>Somehow Delightful</i> <i>Four Seasons</i>
Hazel Acosta	<i>Blood Wedding</i>
Mavis Becker	<i>Flamenco de Africa</i>
Sylvia Glasser	<i>Tranceformations</i>
Veronica Paeper	<i>Orpheus in the Underworld</i> <i>Carmen</i>
Vincent Mantsoe	<i>Gula Matari</i>

- 9.1 Give the name of the dance work and choreographer you have chosen.
- 9.2 Give the name of the composer/artist of the music/accompaniment used. (1)
- 9.3 Who performed this work and what dance genre(s) were used? (2)
- 9.4 What ideas/themes did the choreographer intend to communicate through this work? (3)
- 9.5 Explain in detail how the costumes were used in this dance work and comment on how effectively they enhanced the dance work. (4)

- 9.6 How did the choreographer use staging, movement style and vocabulary in this dance work? (4)
- 9.7 Name TWO of the choreographic structures used to communicate the intention/theme. Support your answer with relevant evidence from the dance work. (2)
- [16]**

**NOTE:** You have a choice between QUESTION 10 and QUESTION 11. Answer only ONE of these questions.

**QUESTION 10: COMPARISON OF INTERNATIONAL AND SOUTH AFRICAN CHOREOGRAPHERS**

Choose ONE international and ONE South African choreographer from the list below.

<b>SOUTH AFRICAN CHOREOGRAPHERS</b>	<b>INTERNATIONAL CHOREOGRAPHERS</b>
Alfred Hinkel	Alvin Ailey
Carolyn Holden	Christopher Bruce
Dada Masilo	William Forsythe
Gary Gordon	George Balanchine
Gregory Maqoma	Jiri Kylian
Hazel Acosta	Martha Graham
Mavis Becker	Matthew Bourne
Sylvia Glasser	Mats Ek
Veronica Paeper	Pina Bausch
Vincent Mantsoe	Rudi van Dantzig

Compare the TWO choreographers that you chose from the list with regard to the following:

- 10.1 Name the TWO choreographers that you have chosen.
- 10.2 Outline the early training and background of these two choreographers and how this could have influenced their professional careers. (2 + 2) (4)
- 10.3 Discuss TWO similarities/differences between the dance styles of these two choreographers. (4)
- 10.4 Elaborate on THREE contributions each of these choreographers has made to dance. (3 + 3) (6)
- [14]**

**OR**

**QUESTION 11: ALFRED HINKEL**

Answer the radio interview questions below as if you are the choreographer Alfred Hinkel.

- 11.1 Mr Hinkel, could you tell us about where you were born and about your early dance training? (4)
- 11.2 Mr Hinkel, you have developed a reputation for your unique teaching methods. Could you tell us what influenced your methods? (4)
- 11.3 Mr Hinkel, could you tell us about your career as a choreographer and as the director of the Jazzart Dance Theatre? (4)
- 11.4 Mr Hinkel, what would you say has been your biggest contribution to dance in South Africa both before and after it became a democratic country? (2)
- [14]**

**TOTAL SECTION B: 60**  
**GRAND TOTAL: 100**