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uNgqongqoshe
weMfundu eyiSesekelo



UMnu Enver Suryt,
iSekela loMnyango
weMfundu eyiSesekelo

Lezi zincwadi zokusebenzela zenzelwe abantwana baseNingizimu Afrika ngaphansi kwesandla sikaNgqongqoshe weMfundu eyiSesekelo, uNkk Angie Motsekga, neSekela likaNgqongqoshe weMfundu eyiSesekelo, uMnu Enver Suryt.

Lezi zincwadi ezibizwa ngeRainbow Workbooks ziyingxene yoMnyango weMfundu eyiSesekelo lapho uMnyango uzama khona ukungenelela ukze kuthuthukiswe imfundu yabantwana bamabanga asuka kwelokuqala kuya kwel'esithupha eNingizimu Afrika. UMnyango weZimali uxhase lo mkhaksoso kaHulumeni njengento yokuqala uHulumeni azibekela yona ukuthi ayisukumele. Uxhase loMnyango weZimali lusize uMnyango wezeMfundu ukuthi ukwazi ukukhiqiza uphinde usabalalise ngaphandle kwenkokhelo lezi zincwadi zokusebenzela ngazo zonke izilimi zaseNingizimu Afrika ezisemthethweni.

Sinethemba lokuthi othisha bazozithanda basebenze kangcono ngazo lezi zincwadi ekufundiseni kwabo kwansuku zonke, baphinde bathole futhi isiqiniseko sokuthi abafundi babo bafundiswa konke abamelwe ukufundiswa khona njengoba kuvela kusilabhasi yabo. Sizamile ukuqiniseka ukuthi sifaka izithonjana (ama-icon) emisebenzini yokwenziwa ukuze uthisha akuthole kulula ukuyilandela nokuqonda ukuthi umfundu yini alindeleke ukuyenza.

Sinethemba futhi lokuthi abantwana uqobo lwabo bazokujabulela ukusebenzisa lezi zincwadi ekukhuleni kwabo bakhule nolwazi eziluqukethe, bese kuthi wena njengothisha wabo uthokoze kanye nabo ekugcineni.

Sifisela wena nomfundi omfundisayo impumelelo ngenkathi usebenzisa lezi zincwadi.

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Rainbow
WORKBOOKS

**LIFE SKILLS IN ISIZULU
GRADE 1 – BOOK 2
TERMS 3 & 4**

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NOT BE SOLD.**

Ukufunda ngomthethosisekelo waseNingizimu Afrika (1996)

Umthethosisekelo waseNingizimu Afrika (1996) uqukethe imithetho ephakeme kunayo yonke yezwe. Le mithetho ingaphezulu kukaMongameli, ingaphezulu kwezinkantolo futhi ingaphezulu kukaHulumeni.

Uchaza indlela okufanele abantu baphathane ngayo ezweni labo, nokuthi ayini amalungelo abo nemisebenzi yabo komunye nomunye. Umthethosisekelo wezwe wenzelwe ukuthi usivikele thina sonke kanye nekusasa lezingane zethu.

Masiyazi
imvelaphi
yethu.

Masingawaphindi
amaphutha enzeka
enkathini eyedlule.

Umthethosisekelo uyasisiza
ukuba sibe nesithombe futhi sakhe
ikusasa elingcono lethu sonke.

Thina, Bantu baseNingizimu Afrika –

Siyakukhumbula ukucekelwa phansi kwamalungelo okwenzeka eminyakeni eyadlu; Sibungaza labo abahluphekela ubulungiswa nenkululeko kulo mhlaba wethu; Sihlonipha labo abasebenzele ukwakha nokuthuthukisa izwe lethu; Futhi sikholelwya ekuthini iNingizimu Afrika ingeyabo bonke abahlala kuyo, sibumbene nakuba singefani.

Ngakho-ke, ngabameleli bethu esibakhetha ngokukhululeka, samukela lo Mthethosisekelo njengomthetho-ngaangi wezwe lethu, ukuze—

Silungise ukwehlukana kwesikhathi esedlule bese sakha umphakathi owesekelwe yinkolelo yenqubo yentando yeningi, ubulungiswa emphakathini, kanye namalungelo obuntu;

Sibeke isesekelo sokwakha umphakathi oqhuba ngendlela yentando yeningi; futhi ovulekile, lapho uHulumeni akhelwe khona phezu kwentando yabantu futhi lapho zonke izakhamuzi zivikelwe ngumthetho ngendlela efanayo;

Sithuthukise izinga lokuphila lazo zonke izakhamuzi futhi sikhulule amakhono omuntu ngamunye; futhi-

Sakhe iNingizimu Afrika ebumbene futhi eqhuba ngenqubo yentando yeningi ekwazi ukuthatha indawo yayo efanele njengezwe elizimele emazweni ngamazwe.

Yazisa ilungelo lakho
njengeskhamuzi saseNingizimu
Afrika uzimisele ukuvikela
amalungelo abanye.

Yazi Umqulu
wamalunge kanye
Nomqulu wezinto
ezidinga ukwenziwa.

Sengathi uNkulunkulu angabavikela abantu bakithi.
Nkosi Sikelel' iAfrika. Morena boloka setjhaba sa heso.
God seen Suid-Afrika. God bless South Africa.
Mudzimu fhatutshedza Afurika. Hosikatekisa Afrika.

Ibuyekeziwe –
Ihambisana
ne-CAPS

Ibanga loku-



Amakhono Empilo ngesiZULU

Incwadi yesi-2
Ithemu 3 & 4

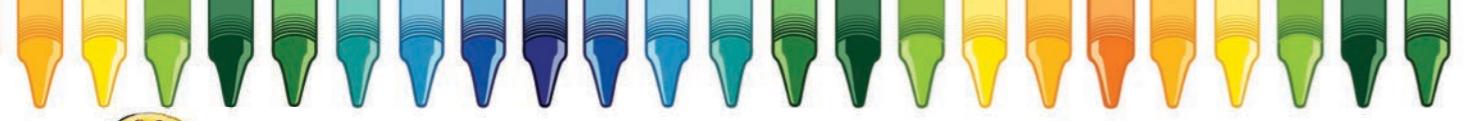
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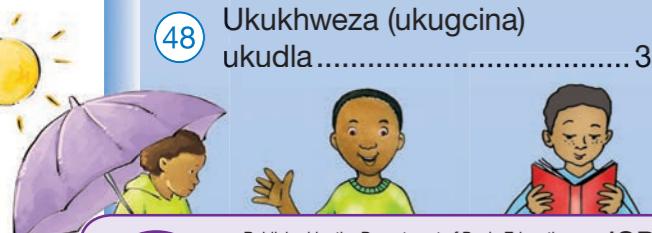
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Izinsuku ezibalulekile kowe -2015

uJanuwari

1 kuMasingana Usuku Lonyaka Omusha

31 kuMasingana Street Children's Day

2 kuNhlanja Usuku Lwe World Wetlands

14 kuNhlanja Usuku Lwe Valentine

uFebhuwari

5 kuNdasa Usuku Lwe Purim

21 KuNdasa Usuku Lwamalungelo

21 KuNdasa Usuku Lomhlaba Wonke Jikelele Lwamahlathi Nezihlahla

20-21 KuNdasa Usuku LwNaw-Rúz (Unyaka Omusha We-Bahá'í)

22 KuNdasa Usuku Lwamanzi eMhlabenji Jikelele

28 KuNdasa 20:30-21:30 (isikhathi sakuleli) Ihora Lomhlaba

uEpreli

3 KuMbasa uLwesihlanu Olumnyama

4-11 KuMbasa iPhasika

5 KuMbasa iPhasika

6 KuMbasa Usuku Lweminden

7 KuMbasa Usuku Lomhlaba Wonke Lwezempi

22 KuMbasa Usuku Lomhlaba eMhlabenji Wonke

27 KuMbasa Usuku Lwenkululeko

uMeyi

1 KuNhlabu Usuku Lwabasebenzi

10 KuNhlabu Usuku Lwawomama

15 KuNhlabu Usuku Lomhlaba Wonke Lweminden

uJulayi

17 KuNtulikazi Usuku Iwe-Eid-Ul-Fitr (kuphela iRamadan)

18 KuNtulikazi Nelson Mandela Usuku lukaNelson Mandela eMhlabenji Wonke Jikelele

30 KuNtulikazi Lwabangane eMhlabenji Wonke Jikelele

uAgasti

9 KuNcwaba Usuku Lomama

13 KuNcwaba Usuku Lwamanxele Emhlabenji Wonke Jikelele

uOkthoba

2 KuMfumfu Usuku Lokulta Nokuhlunkunyeza eMhlabenji Wonke Jikelele

5 KuMfumfu Usuku Lothisha eMhlabenji Wonke Jikelele

11 KuMfumfu Usuku Lwabantwana Bamantombazane eMhlabenji Wonke Jikelele

14 KuMfumfu Usuku Lwe-Al-Hijira (Unyaka Omusha wama-Islamic)

15 KuMfumfu Usuku Lwamakhosikazi Asemakhaya eMhlabenji Wonke Jikelele

16 KuMfumfu Usuku Lukulda eMhlabenji Wonke Jikelele

uNovembra

11 KuMfumfu Usuku Lwe Deepavali (Diwali)

12 KuMfumfu Usuku Lwe Vikram (Unyaka Omusha we-2072)

20 kuLwezi Usuku Lwabantwana eMhlabenji Wonke Jikelele

21 KuZibandlela Usuku Lwe Chanukah

22 KuZibandlela Usuku Lwabkhubazekile eMhlabenji Wonke Jikelele

23 KuMfumfu Usuku Lwe Yom Kippur

24 KuMandulo Usuku Lwamasik

Iholide Lesizwe ENingizimu Afrika:

Usuku Olubarulekile Oluysikhumbuzo Samajuda:



Usuku Olubarulekile Oluysikhumbuzo Sama-Islam:



Usuku Olubarulekile Oluysikhumbuzo Samabahá'í:



Izinsuku Zomhlaba Jikelele Ngokwenhlangano Yezizwe:



uMashi

5 kuNdasa Usuku Lwe Purim

21 KuNdasa Usuku Lwamalungelo

21 KuNdasa Usuku Lomhlaba Wonke Jikelele Lwamahlathi Nezihlahla

20-21 KuNdasa Usuku LwNaw-Rúz (Unyaka Omusha We-Bahá'í)

22 KuNdasa Usuku Lwamanzi eMhlabenji Jikelele

28 KuNdasa 20:30-21:30 (isikhathi sakuleli) Ihora Lomhlaba

uJuni

1 KuNhlangulana Usuku eMhlabenji Wonke Jikelele

4 KuNhlabu Usuku Lomhlaba Wonke Lwabantwana Abalahlekile

5 KuNhlangulana Usuku Lwe World Environment Day

8 KuNhlangulana Usuku Lwe World Oceans Day

12 KuNhlangulana Usuku Lwe World Day Against Child Labour

16 KuNhlangulana Usuku Lwentsha

18 KuNhlangulana Usuku Lwe Ramadan (iyaqala)

21 KuNhlangulana Usuku Lobaba

uSepthemba

13-15 KuMandulo Usuku Lwe Rosh Hashanah

21 KuMandulo Lokuthula Usuku Lokuthula eMhlabenji Wonke Jikelele

23 KuMfumfu Usuku Lwe Yom Kippur

24 KuMandulo Usuku Lwamasik



uDiseomba

1 KuZibandlela Usuku Lwe Sandulela Ngcalazi eMhlabenji Wonke Jikelele

3 KuZibandlela Usuku Lwabkhubazekile eMhlabenji Wonke Jikelele

5-14 KuZibandlela Usuku Lwe Chanukah

16 KuZibandlela Usuku Lokubuyisana

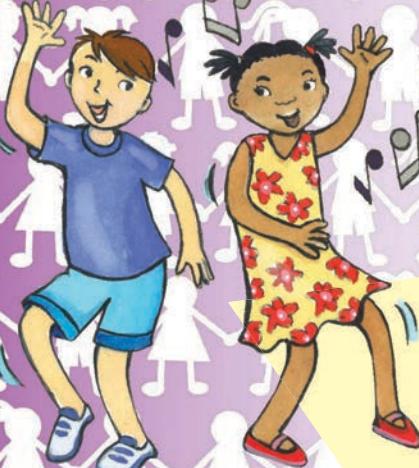
25 KuZibandlela Usuku Luka Khismuzi

26 KuZibandlela Usuku Lwesivumelwano



Ibanga loku-

1



Amakhono Empilo
NGESIZULU
Incwadi yesi-2



Le ncwadi ngeka-:



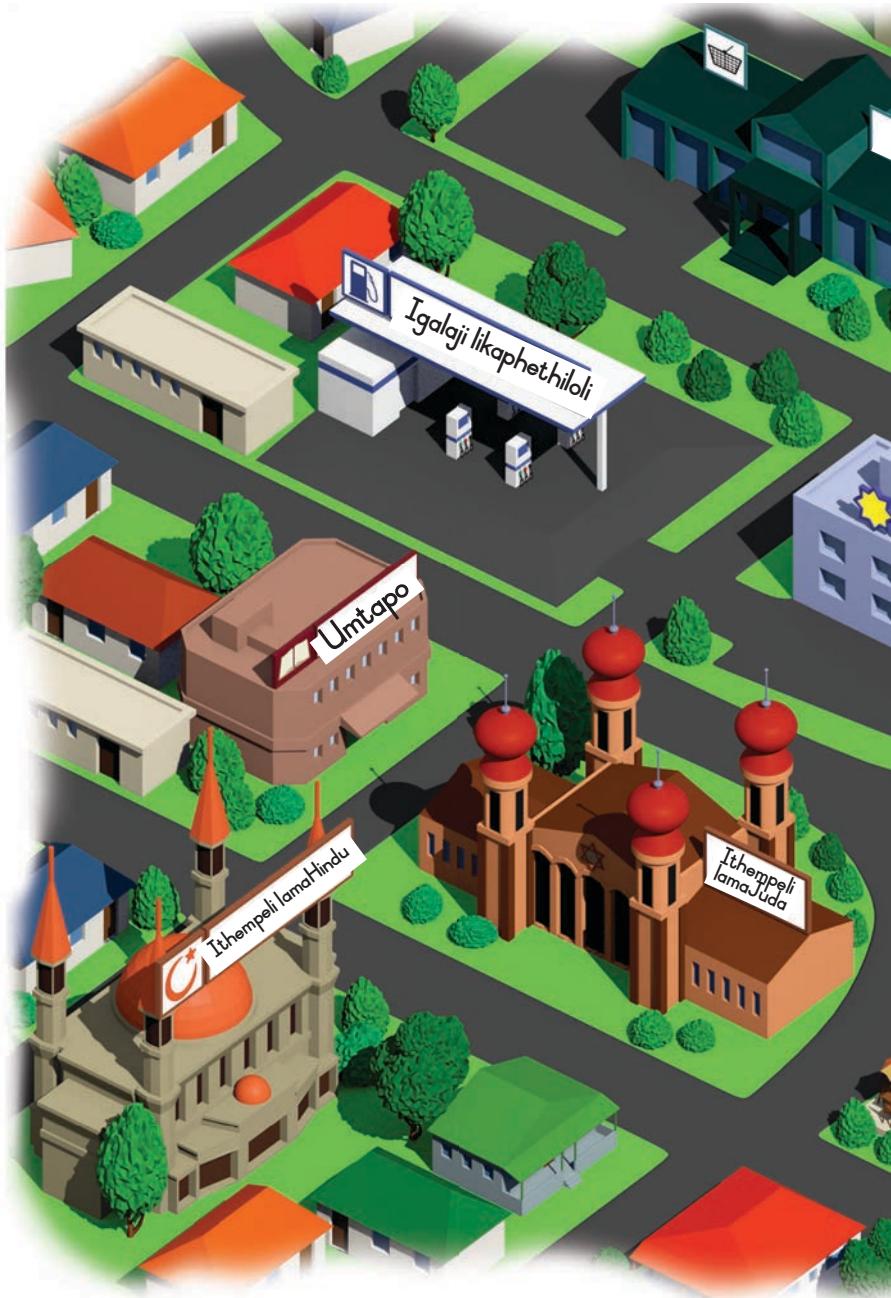


33 Izindawo zomphakathi wakithi

Amasondo /
Ithemu 3 -

Cabanga ngabo bonke
abantu obabonayo
futhi okhuluma naboo
zonke izinsuku – laba
bantu bangumphakathi
wakho. Kungaba
abantu
abasemgwaqweni
noma abantu
abangomakhelwane
bakho. Kungaba
abantu basesontweni
lakho noma ofunda
nabo, amaphoyisa
alapho uhlala khona,
odokotela kanye
nabanye abaningi.

Masifunde



Masikhulumo

Xoxa nomngani wakho ngesithombe esikula makhasi amabili.
Yiziphi izindawo ozaziyo kulezi zindawo ezisesithombeni?
Abantu bahlanganelo kuphi kulezi zindawo ezisesithombeni?



Masenzeni lokhu

Yiziphi izindawo oke wazivakashela kulezi zindawo ezisesithombeni? Dweba ngekhrayoni uzungeze imingcele yazo.



Masikhulume

Xoxela umngani wakho ukuthi wawunobani ngenkathi uvakashela lezi zindawo usho ukuthi ngabe wawuwedwa yini. Shono ukuthi kungani wazivakashela.

Ingabe ucabanga ukuthi izindawo ozivakashele ziyafinyeleleka kubantu abakhubazekile?

Teacher:	
Sign:	
Date:	

34 Ukunakekelwa kwezinto zomphakathi

Amasonto /

3 -

Ithemu

Izindawo ezisemiphakathini
yethu zinezinsiza
ezingasetshenziswa
yibo bonke abantu.
Imitholampilo, izikole,
izinkundla zezemidlalo kanye
nezibhedlela yizindawo
esizisebenzisayo.

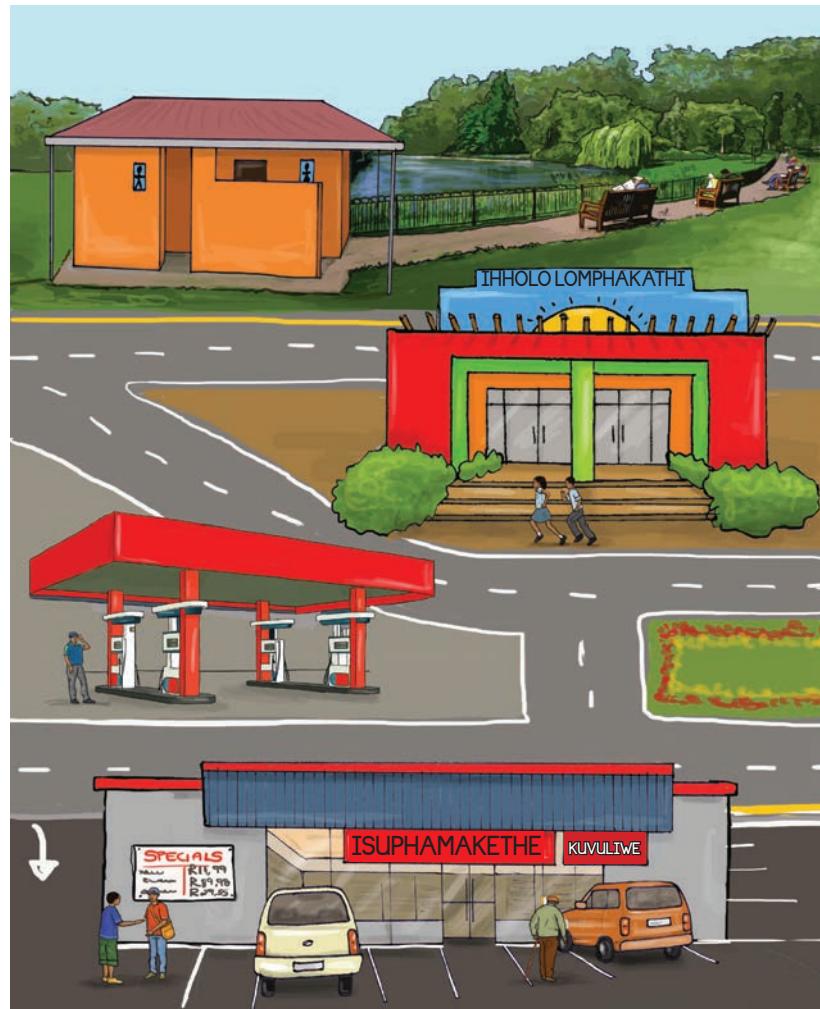
Kumele sizinakekele kakhulu
lezi zindawo zemiphakathi
yakithi.

Sidinga ukugcina izindawo
zethu zihlanzekile ukuze
kuthokoze wonke umuntu
ngazo.

Masikhulume

Xoxa nomngani wakho ngalesi sithombe.

- Ngokwakho abantu bayathanda yini ukuhlala kule ndawo?
- Ukuclatshangiswa yini lokho?
- Yini engenziwa ukuthi umphakathi wakini nendawo yangakini kube ngcono?



Masikhulume

Xoxa nomngani wakho ngalesi sithombe.



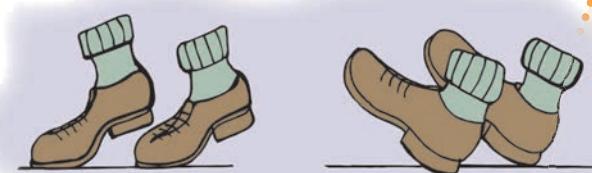
Masenzeni lokhu

Dweba isithombe sakho
esimibalabala esiveza wena
usebenzisa izinto zokuthutha
umphakathi njengesitimela,
ibhasi noma itekisi. Veza
ukuhlukahlukana kwabantu
ngobukhulu – abanye bahlezi
phansi, abanye bagobile, bafolile
noma balele phansi, abanye
babheke emuva, abanye
bakhulu abanye bancane.



Masiqhubeke

- Ungazifudumeza ngokuhamba uye phambili ngamazonzwane.
- Hamba uhlehle unyathela ngezithende.
- Hamba uye phambili ngamazonzwane.
- Hamba uhlehle ngamazonzwane.



Yakha izinhlamvu

Sebenzisani imizimba yenu ukwakha izinhlamvu.
Yima uncike ngodonga noma ulale phansi.
Thola ukuthi wena nomngani wakho niyakwazi
yini ukwakha uhlamvu abangakakwazi abanye
ukulwakha.



Kulungile noma cha

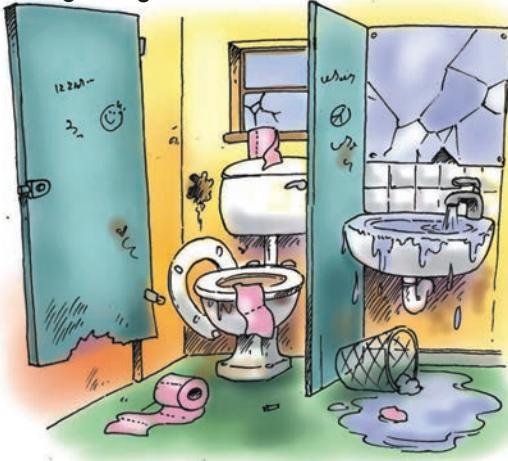
Amasondo 2

I Themu 3 -

Masikhulume

Buka lezi zithombe.

Yizinto zokwenzani zonke lezi? Chazela umngani wakho ukuthi iyiphi indlela efanele yokusebenzisa lokhu ngakunye.





Masenzeni lokhu

Yenza umfanekiso
wesakhiwo ngokusebenzisa
izinto ezivuselelwe.
Ungakha umtholampilo,
umtapo wezincwadi noma
isakhiwo nje somphakathi
wangakini. Hlobisa
isakhiwo sakho ngendlela
ezokhombisa ukuthi
luhlobo luni lwesakhiwo lolu
olwakhile. Ningasebenza
ngamaqembu.



Masiqhubeke

- Hlela amathayi ame enze umugqa.
- Gaqa ngamadolo uphume phansi kwawo wonke.
- Wabeke phansi enhlabathini uwalalise.
- Yima ngezinyawo zombili phezulu kwethayi.
- Yima ngomlenze owodwa-ke phezu kwethayi ungawi.
- Sebenzisa amathayi wenze eminye imidlalo ngawo.

Qaphela ungalimali.



Teacher:
Sign:
Date:

Abantu emphakathini wakithi



Masibhale



Umuntu osiza ukuthela uphethiloli

Umthengisi wezimbali

Umhlengikazi



Umshayeli wethekisi

Iphoyisa longwaqo

Udokotela



Umthengisi wezithelo

Umcishimlilo

Iphoyisa



Masikhulume

Buka lezi zithombe uzinike amagama bese uxoxa nomngani ngawo.

Ngabe ngobani abenza imisebenzi emphakathini wakini?

Ngubani osebenza okunye emphakathini ngaphandle kwalaba?

Bayasizana yini abantu emphakathini wangakini? Basizana ngokwenzani?



Masibhale

Dweba umugqa usuke ekuqaleni komusho ngamunye
ngakwesokunxele uwuqondanise namagama avela ngakwesokudla.

Usuku:



Umcishimlilo

Iphoyisa lomthetho

Udokotela

Umthengisi wezithelo

Osiza ukuthela uphethiloli

libamba izigebengu.

uthengisa izithelo.

uthela uphethiloli.

ucisha umlilo.

uyaselapha.



Masibhale

Buka lezi zithombe. Emagameni angezansi khetha igama elifanele
isithombe ngasinye. Bhala incazelo ngezansi kwegama elifanele.
Qhathanisa izimpendulo zakho nezomngani wakho.

Isicishamlilo



Igalaji likaphethiloli



Isibhedlela



Isiteshi samaphoyisa

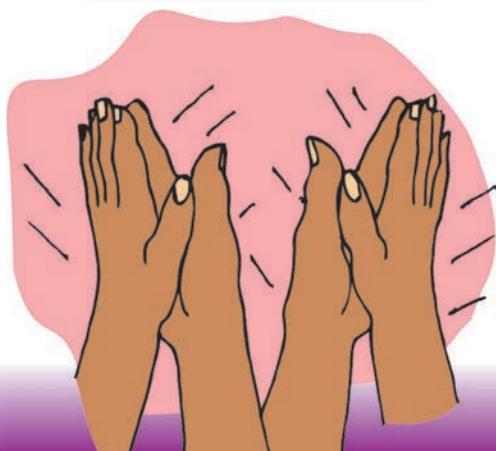


Masiqhubeke

Shaya izandla uhambisane
nesiqqi osizwayo.

- Lalela uzwe uma isiqqi sesiguquka.
- Kwenze lokhu ulandele izinhlobo ezingafani zomculo, usuke emculweni wamakhwaya uye kowomdanso.
- Shaya izandla masinyane noma ngokunensa uma kudingeka, kodwa ukhumbule ukulandela isiqqi.

Okumele ukwenziwa nguthisha:
Lalela umculo nesiqqi okudlalwa
nguthisha.



Teacher:
Sign:
Date:

Izilwane ezingabangani bethu



Masifunde

Abanye bethu banezilwane ezingabangani. Lesi silwane usinakekela ngaphezu kwezinye usihlalise eduze kwakho njalo – kwesinye isikhathi size sihlale endlini noma endaweni oyakhele sona.



Masikhulume

Buka lesi sithombe. Xoxa nomngani wakho ngaso. Kokelezela zonke izilwane eziyaye zibe ngabangani babantu ngekhrayoni. Zingaki izilwane ozibonayo? Tshela uthisha wakho ngaso.

- Unaso isilwane esingumngani wakho? Uma unaso, xoxela umngani wakho ngaso.
- Uma ungenaso, tshela umngani wakho ukuthi yisiphi isilwane ongathanda ukuthi sibe ngumngani wakho.



Masibhale

Sebenzisanani nonke eklasini nibhale phansi uhla lwezilwane eziba ngabangani babantu ezingaveli esithombeni. Zikopisheni lapha ngenkathi uthisha ezibhala ebhodini.



Masenzeni lokhu

Dweba noma yisiphi
isilwane esingumngani.



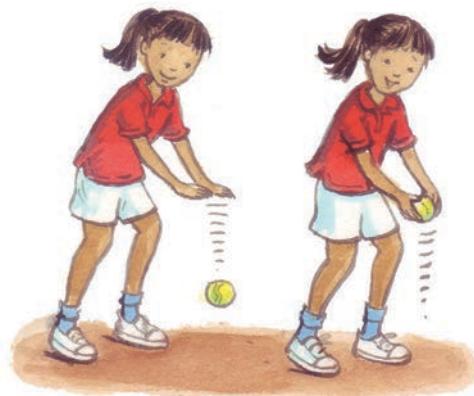
Masiqhubeke

Zjijwayeze ukuphonsa uphinde unqake
ibhola.

- Jikijela phezulu ibhola lethenisi ngazo zombili izandla. Phinda ulibambe ngazo zombili izandla uma libuya.
- Lijikijele phezulu manje ngesandla esisodwa ulibambe ngesandla oljikijele ngaso.
- Jikijela ibhola lethenisi ngesinye owejwayele ukusisebenzisa liye emoyeni ulibambe ngesandla oljikijele ngaso.
- Bhampisa ibhola lethenisi enhlabathini ngazo zombili izandla uphinde ulibambe ngazo zombili futhi.
- Libhampise ngesinye isandla uphinde ulibambe ngaso.
- Libhampise ngesandla esisodwa uphinde ulibambe ngaso.
- Yimani isiyengi wena bese udlulisa ibhola lethenisi ngezandla zombili lisuke kuwe liye koseduze kwakho.
- Lidlulise lisuke kuwe liye komunye umuntu ngesandla esisodwa.
- Sebenzisa esinye isandla ukudlulisa ibhola liye kumuntu okulandelayo okolunye uhlangothi.

Uthi bewazi?

Cishe zonke izinja ziyathanda ukudlala ngebhol. Kodwa zidinga umuntu ogijimayo ngoba ziyathanda ukubaleka nalo ziliphethe ngomlomo.



Sinakekela izilwane ezingabangani

Masikhulume

Kubalulekile ukunakekela izilwane ezingabangani bethu.



Xoxa nomngani wakho mayelana nezidingo zesilwane ezingumngani wakho. Ake uthathe sengathi nguwe lesi silwane esidwetshwe ekhasini le-II. Yisho izintoocabanga ukuthi ungazidinga. Yisho ukudla ongakuthanda kanye nokuthi ungathanda ukulala kuphi. Tshela umngani wakho ngakho konke lokho. Xoxa futhi ngokuthi kumele umngani enzeni uma isilwane esingumngani wakhe sigula.



Masibhale

Thikha (✓) eduze kwazo zonke izinto ezidingwa yisilwane esingumngani wabantu.

Ukudla

Amanzi

Umuthi wokuxubha

Indawo yokulala efudumele eyomileyo

Udokotela wezilwane

Iholide



Masenzeni lokhu

Dweba zonke izindawo zokuhlala ezidingwa yizilwane ezingabangani babantu. Bese ubhala igama esilisebenzisa uma sibhekise ebantwaneni baleso silwane.

Isilwane	Indawo yokuhlala	Igama lomntwana wesilwane

Usuku:



Masenzeni lokhu

Funda umusho ngamunye bese ucabanga ukuthi ungaphatheka kanjani nokuthi ufunu ukuthini uphinde wenzeni emva kwalokho. Manje khombisa iklasi lakho. Uthisha uzokutshela ukuthi yenza kuphi.

- Uma uthola isilwane esisha esizoba ngumngani wakho.
- Uma kulahleke ikati.
- Uma injá yakho ilume ithoyisi lakho olithandayo.
- Uma umngani wakho egcona injá yakho.
- Uma ubona injá ivalelwé emotweni evalwe yonke iminyango namafasitela.



Masiqhubeke

Lalela isigqi esinhlobonhlobo esidhalwa nguthisha wakho. Yenza sengathi uyisilwane esidansela leso sigqi sor nulo.



Uma umculo ushelo phansi, ndiza njengovemvane.



Uma umculo uhamba kancane, hamba njengofudu.



Masikhulume

Funda okubhalwe ngaphansi kwemifanekiso emibili yokuqala. Emva kwalokho tshela umngani wakho okuthile okuphawulekayo ngamakati.



Unogwaja uwuhlobo lwegundane. Amazinyo egundane awayeki ukukhula.



Unyaka owodwa wobudala bomuntu ulingana neminyaka eyisikhombisa yobudala benja. Uma injá ineminyaka emi-3, kumele sithi ineminyaka engama-21.

Uma ikati lijabule lithi nyawu.



Dlala

"Ikti negundane". Uthisha wakho uzosho ukuthi ngubani okumele abe yikati, ngubani okumele abe yigundane. Shintshanani kube ngabanye ababa yilezi zilwane emva kwesikhashana. Abanye mabame isiyangi babambane ngezandla.





Ukuphatha abanye ngenhloni pho nezibopho (1)



Lawa mazwi akhombisa ukuziphatha ngenhloni pho. Indlela esiziphatha ngayo yile esiyikhombisa uma sikhuluma nabanyeabantu. Yijo ekhombisa ukuthi sibahloni pha kangakanani abanyeabantu.

Kumnandi ukukhuluma nomuntu onenhloni pho. Kumnandi futhi ukuba ngumngani womuntu onenhloni pho.

Yisibopho sethu ukuhloni pha nokuphatha abanyeabantu kahle. Yikho sonke ngamunye ngamunye kumele siziphatho ngenhloni pho.

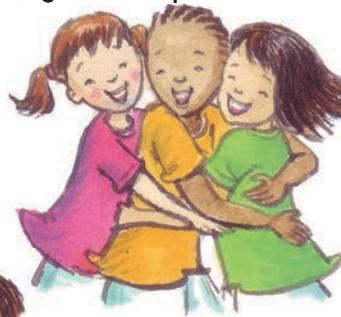


Masikhulume

Buka izithombe. Manje funda amagama asemabhokisini. Xoxa nomngani wakho ngalezi zithombe. Khuluma ngemikhuba ekhonjiswa ngabantwana enenhlonipho nengenanhlonipho.

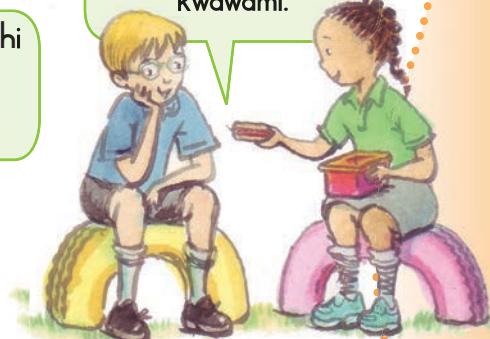


Sawubona,
Mama!



Hlanganyela nabanye
abantu ezintweni.

Ushiye amasemishi
akho ekhaya? Thatha
kwawami.



Khombisa umusa
kubo bonke.



Ngiyabonga ukuthi
ningilalele kahle
kangaka.



Linda kufike
isikhathi sakho.



Sawubona, Mashu,
ngithole isikhwama
sakho sisele emnyango.
Ngethemba ukuthi
akukho muntu
ontshontshe
amakhrayoni akho.

Lalela bonke abantu
uma bekhuluma nawe.

Yethembeka
sonke isikhathi.



Ngiyaxolisa, Mama,
bengithi ngibuka
isitsha sakho
sezimbali ngasiwisa.
Sifile!



Hlonipha abanye abantu.

Bingelela abantu obaziyo nalabo ongabazi.

Hlonipha izinto zabanye abantu.

Teacher:
Sign:
Date:



40 Ukuphatha abanye ngenhlonipho nezibopho (2)

I Thema 3 - Amasonto 4



Masibhale

Buka lezi zithombe bese ufunda imisho esemabhokisini. Dweba umugqa usuke entweni eyisibopho ehambisana nesithombe.



Mina ngelekelela ekhaya
ukuhlanza indlu.



Ngingumngani omuhle osiza
bonke abantu.



Ngiyawukhombisa umndeni
wami ukuthi ngiyawuthanda.

Ngidlala kahle ngamathoyisi
abangani bami.

Ngiyazinakekela mina kanye
nezinto zami.

Ngisiza ukwendlala itafula.



Masidlaleni

Dlalani umdlalo okhombisa ukuphatha abanye ngenhlonipho nokwazisa izibopho ngokuthi:

- nibingelele abantu enibaziyo neningabazi
- noma nilinde ukunikwa ithuba nani
- noma nilalele kahle uma umuntu ekhulumu nani
- noma wena wabelane nabanye abantu
- noma wena ube nomusa kwabanye abantu
- noma wethembeke ngakho konke
- noma ukhombise ukuhlonipha izinto zabanye abantu
- noma uhloniphe abanye abantu.



Masenzeni lokhu

Dweba isithombe
sakho ubonakala
ukhombisa ubungani
kwabanye abantu.



Masiqhubeke

Lalelisisa uma uthisha ekutshela ukuthi gxuma, gjijima noma gaqa.
Uthisha uzoshaya impempe ngaphambi kokukhipha umyalelo
ngamunye. Nyakaza masinya noma kancane njengokusho kukathisha.



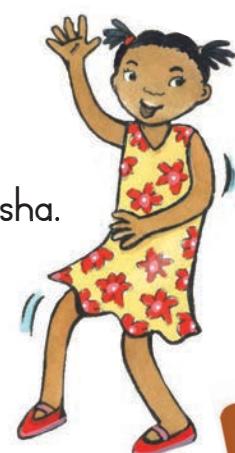
Masidlaleni

Dlala u-abha-sikotshi ngomlenze ongavamile ukwenza izinto ngawo.

Yiziphi izindlela zokuzihlonipha ezibalulekile uma udlala u-abha-sikotshi?

Dlalani ngamaqembu umdlalo wokuzihlonipha
nokuibophela kulokhu okulandelayo:

- emndenini
- noma emsebenzini wesikole
- noma emisebenzini yasekhaya
- noma ngokudla okunikwa zonke izinsuku
- noma izingubo ozigqokayo
- noma amathoyisi akho
- noma abangani bakho



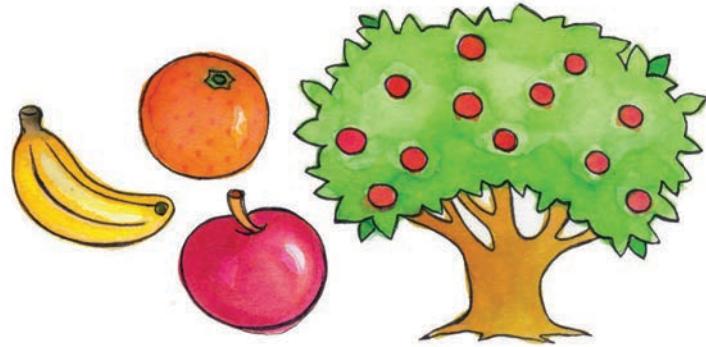
Kungani sizidingga izitshalo?



Buka izinto eziseduze kwakho. Yizini ozibonayo ezivela ezitshalweni? Xoxa nomngani wakho uthole ukuthi nicabanga ezingaki. Tshela uthisha wakho ukuthi yiziphi ezinye izitshalo enizicabangile.



Ezinye izitshalo nezihlahla zisinika umthunzi.



Ezinye izitshalo zisinika ijustu nokudla.



Ezinye izitshalo nezihlahla zinika izilwane umthunzi.



Ezinye izitshalo zisinika izimbali esihlobisa ngazo emakhaya.

Usuku:



Siyabudinga utshani
ezinkundleni zemidlalo.



Sisebenzisa ukotini
ukwenza izingubo.



Sisebenzisa umhlanga ukwenza
obhasikidi nokufulela uphahla.



Sisebenzisa ukhuni oluvela
emithini ukwenza ifenisha.



Wena nomngani wakho khethani izindlela
ezintathu ezibaluleke kunazo zonke esisebenzisa ngazo
izitshalo.

Kungenzeka yini sizishabalalise izitshalo uma sizisebenzisa
kakhulu? Xoxani eklasini ngalokhu.



Teacher:
Sign:
Date:



Izitshalo zibukeka kanjani?

IThemu 3 - Amasondo 5



Izitshalo zakheke zaba nezingxenye ezahlukene. Sebenzisa amagama asemabhokisini ukukusiza ukuthi ulebule izitshalo. Qhathanisa okushiwo nguwe nokushiwo ngumngani wakho.

izimpande

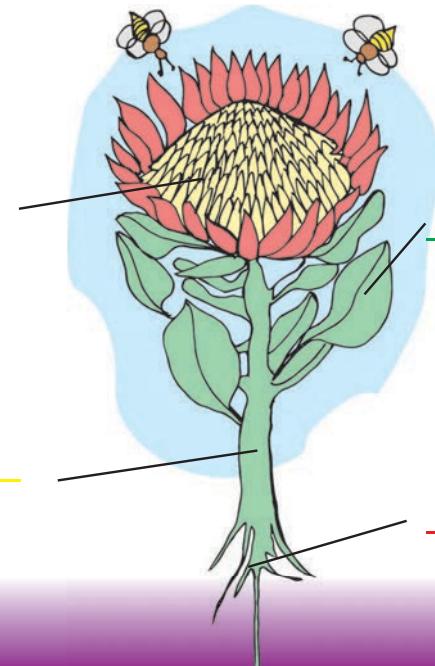
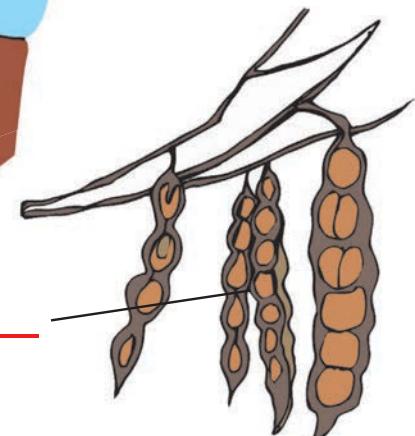
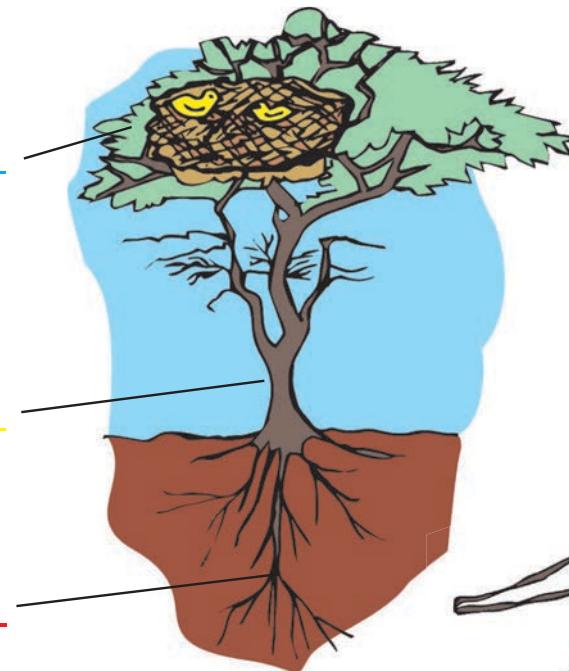
imbali

isiqu

umdumba

ikhasi

uthi





Masiqhubeka

Hlukanisa iklesi libe ngamabhungezi asengadini
kanye nabasebenzi basengadini.

- Abasebenzi basengadini mabazame ukubamba amabhungezi ahlupha engadini.
- Shintshanani emva kwemizuzu emi-2.
- Phindaphindani nidiale lo mdlalo izikhashana ezimbalwa.



Masiddlaleni

Dlalani umacashelana.

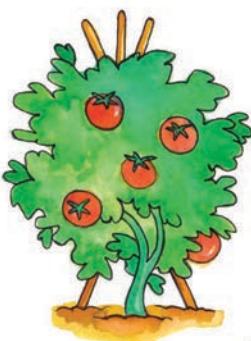


Amabhungezi acashe ngaphansi noma ngemva kwezitshalo bese kuthi
abasebenzi bazame ukuwathola ngaphambi kokuthi adle zonke izitshalo.



Masikhulume

Izitshalo ezahlukahlukene azibukeki ngokufana. Kodwa zinokufana ngezindlela
eziningi. Buka lezi zithombe. Xoxa nomngani wakho ngezitshalo. Yini efanayo,
yini engafaniyo?



Masenzeni lokhu

Dweba noma upende
isinambuzane noma isilwane
esifuna ukudla ubhontshisi.
Akudingeki ukuthi kube
yisinambuzane noma isilwane
sangempela. Cabanga noma
yisiphi isilwane. Dweba noma
usidwebe ngemigqa ecacile
naso ukuze usicacise impela.



Teacher:
Sign:
Date:



Masifunde

Imbewu nalapho ivela khona

Ezinye izitshalo zinembewu ecashe ezimbalini noma ezithelweni. Siyakwazi ukuyitshala enye yale mbewu ukuthola izitshalo ezintsha.

Imbewu kumele iwe ezitshalweni ukuze imile ibe yizitshalo ezintsha. Enye imbewu isakazwa wumoya noma ngabantu, izinambuzane kanye nezilwane.

Enye imbewu idliwa yizinyoni bese kuthi ingxenye yayo elukhuni iphume nendle. Imbewu esakazeka ngale ndlela iwela kwezinye izindawo imile khona.



Masikhulume

Imbewu esithombeni ngasinye isabalala kanjani? Ukuze isabalale ngale ndlela imbewu ngayinye kumele ibe njani? Xoxa nomngani wakho.



Uma ufunu ukuzitshalela izitshalo zakho ngembewu ungasebenzisa imbewu esengadini. Kokunye uyithenge esitolo bese uyitshala.



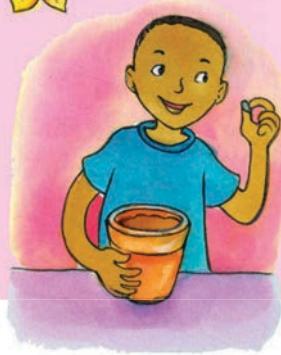
**Masikhulume**

Funda le nkondlo neminyakazo.

Impilo yesitshalo

Lena yimbewana encanyana:
masiyitshaleni masinya enhlabathini!

Imila ibe nothi olunembali
ikhipha iphunga eliminandi njalo.
Izinyosi ziphuma zingena kuyo
Masinya imbali enhle seyifile.



Ungakhaleli lokho, ungakhathazeki
Bheka, akukho lutho lwemvelo olukhalayo,
Lalela, nanku umlingo wenzeka:
imbali iyafa, bese ichitha isakaza
nasothini olufile namakhasi ansundu.
Imbewu ephilayo iyalinda enhlabathini!

**Masiqhubeke**

Khombisa ukuyijabulela le
minyakazo

Uma kunesihlahla endaweni
enhle, bheka ukuthi ngeke yini
sidlale kuso. Bambelela entanjeni
eboshelwe kuso yikaze. Qala
ngokubambelela ngezandla
zombili, bese kuba yisandla
ovame ukusisebezisa, kugcine
ongavamile ukusisebenzisa.

Bamba okusantambo ngesandla osisebenzisa njalo. Nyakazisa
ingalo wenze amaphethini ahlukene emoyeni noma enhlabathini
ngentambo leyo.



Okumele ukwenziwa
nguthisha:
Sebenzisa indophi
noma intambo.



Teacher:
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Date:



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Okudingwa yizitshalo ukuze zikhule

Amasondo 6

IThemba 3



Masikhulume

Buka lesi sithombe. Kuyaphila konke okukuso?

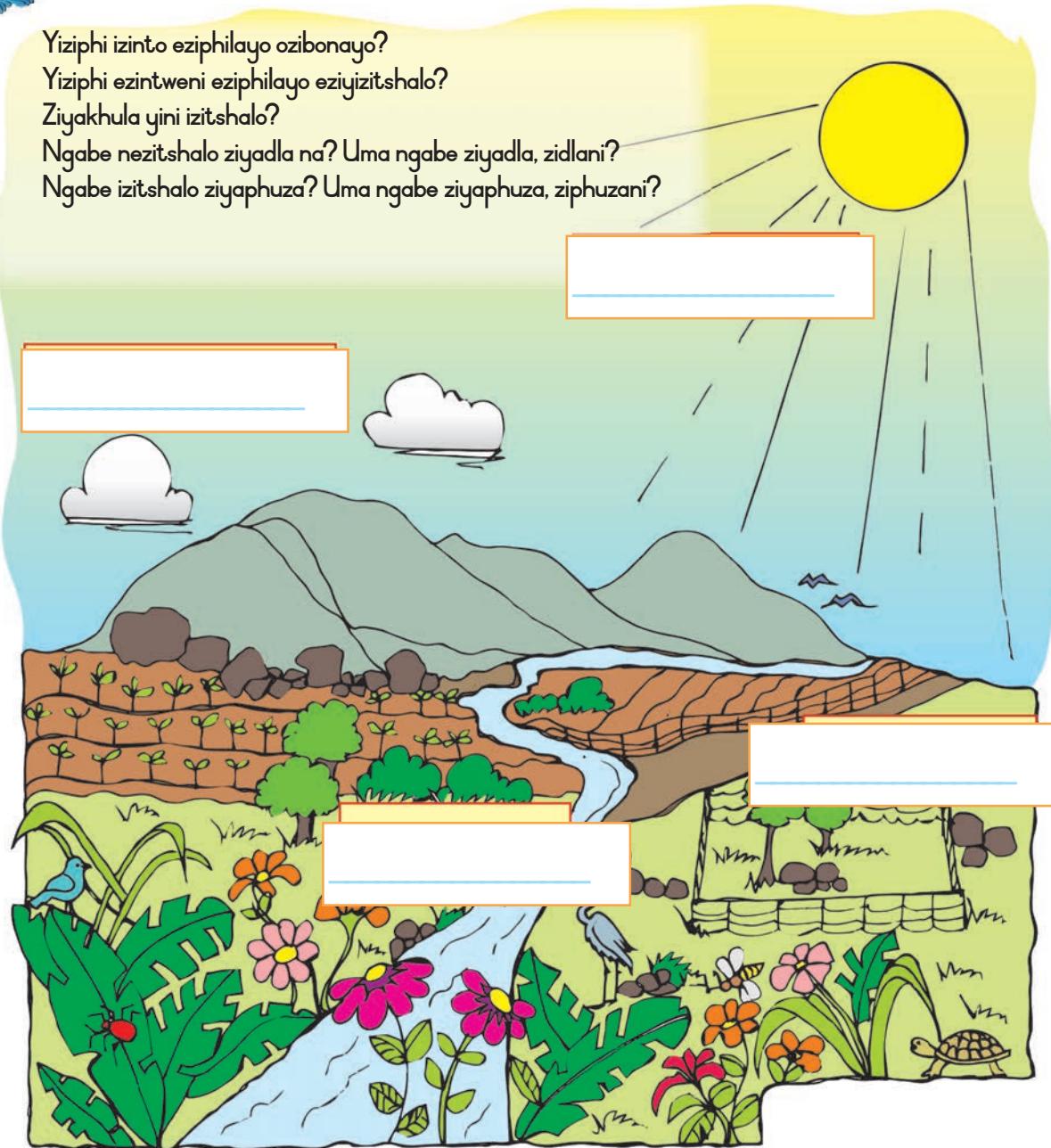
Yiziphi izinto eziphilayo ozibonayo?

Yiziphi ezintweni eziphilayo eziyizitshalo?

Ziyakhula yini izitshalo?

Ngabe nezitshalo ziyadla na? Uma ngabe ziyadla, zidlani?

Ngabe izitshalo ziaphuza? Uma ngabe ziaphuza, ziphuzani?



Masibhale

Bhala lawa magama-ke manje emabhokisini angenalutho esithombeni esingenhla ukukhombisa okudingwa yizitshalo ukuze zikhule. Khombisa uthisha okubhalile.

ukukhanya
kwelanga

amanzi

umsoco

umoya



Masenzeni lokhu

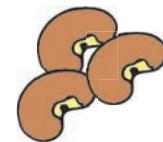
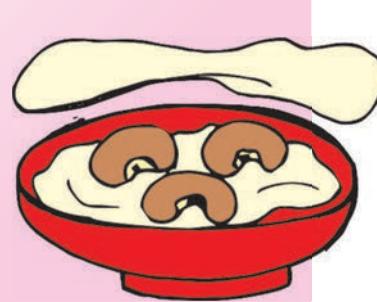
Kulula ukutshala ezakho izitshalo.
Uzotshala ubhontshisi-ke manje.

Usuku:

Funda nazi izinyathelo ongazilandela:

Isinyathelo soku-1:

Uzokwemboza izinhlamvu
ezi-3 zikabhontshisi phakathi
kovolo ababili. Zibeke
esosweni elingenalutho noma
esitsheni.



amanzi



ubhontshisi



isitsha

uvolo

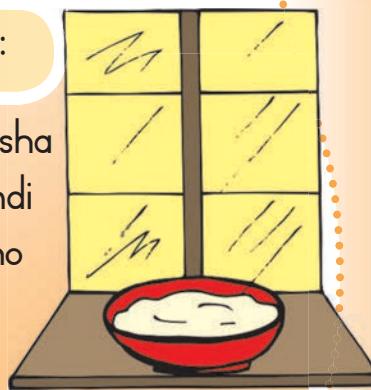
Isinyathelo sesi-2:

Uzothela amanzi
kuvolo uqiniseke
ukuthi uba manzi.



Isinyathelo sesi-3:

Beka isoso noma isitsha
onqenqemeni lwewindi
noma endaweni lapho
kunelanga elanele
khona.



Isinyathelo sesi-4:

Emva kwezinsuku
ezimbalwa bheka
ukuthi sikhula kanjani
isitshalo sakho. Sinisele
kanye ngesonto ukuze
ube nomswakama
uvolo.

Usuku 1



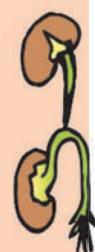
Usuku 2



Usuku 3

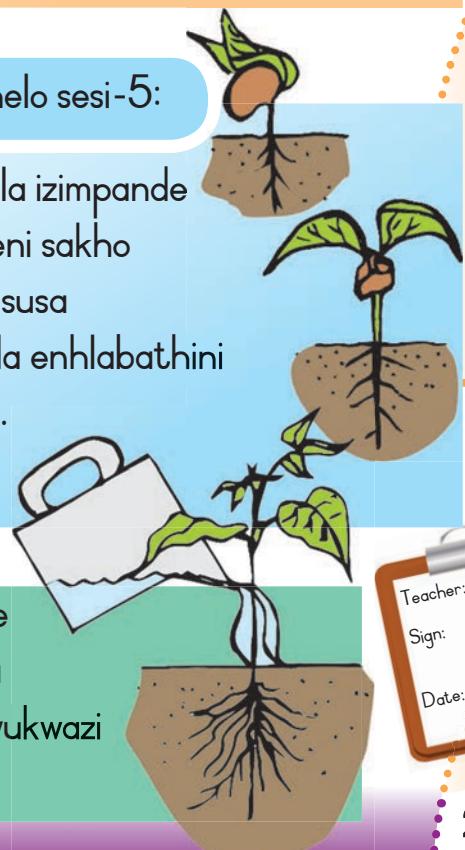


Usuku 4



Isinyathelo sesi-5:

Uma kuvela izimpande
esitshalweni sakho
sewungasisusa
uyositshala enhlabathini
ethambile.



Isinyathelo sesi-6:

Nisela isitshalo sakho njalo ukuze
inhlabathi ihlale iswakeme. Emva
kwamasono ambalwa uzobe sewukwazi
ukuvuna ubhontshisi wakho.

Teacher:
Sign:
Date:

Ukudla esikudlayo

Masifunde

Ukudla okuhle kwenza sibe namandla okwenza zonke izinto.

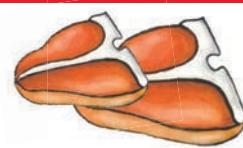
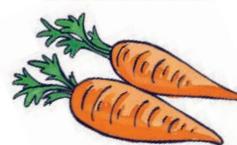
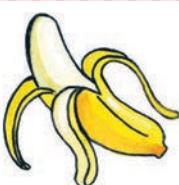
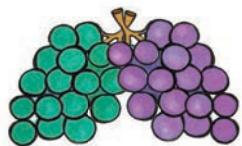
Kufana nophethiloli. Sidinga ukudla okunempilo
ukuze sikwazi ukwenza kahle izinto esidinga ukuzenza.

Ukudla okunempilo kusinika amandla kusisize ukuthi sikhule.



Masibhale

Buka lezi zithombe. Bhala igama lokudla ngakunye ngezansi
kwasithombe ngasinye.



Masibhale

Yini othanda kakhulu ukuyidla? Yikuphi ukudla ongakuthandisi kahle? Bhala phansi
uhla lwalezi zinto ngaphansi kwasihloko esifanele. Khetha ezithombeni ezingenhla.

Ukudla engikuthandayo	Ukudla engingakuthandi

**Masifunde**

Singakuhlukanisa amaqoqo ayisi-7 lokhu kudla.

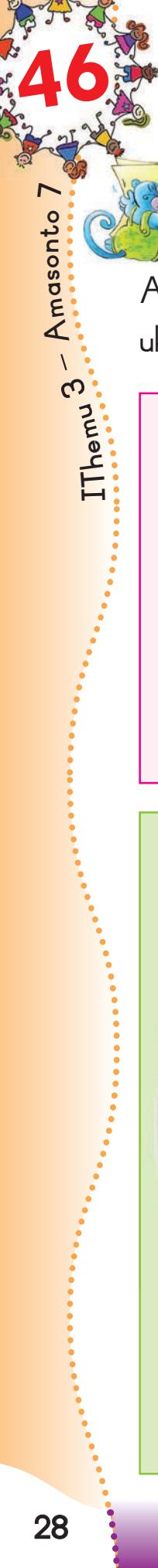
Kumele udle ukudla okusezansi nesithombe njalo nje. Ungakudla nalokho okungenhla, kodwa ungakudli njalo.

**Masikhulume**

Xoxani njengeklasi.

Kungani sifanele ukudla kancane ukudla okusesithombeni esingenhla futhi sidle kancane ekudleni okungezansi kwesithombe?

Teacher:	
Sign:	
Date:	



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I Thema 3 - Amasondo 7

Kuvelaphi ukudla okwahlukahlukene?

Masifunde

Abalimi batshala izinto bafuye izilwane ukuze sithole ukudla. Singakupheka ukudla. Singazixuba futhi izinhlobo ezahlukene zokudla.



Isinkwa namasiriyeli kuvela kukolweni.



Sithola amaqanda ezinkukhwini.



Sithola ubisi ezinkomeni kanye nenyama kuzo izinkomo futhi.
Senza iyogathi noshizi ngobisi.



Izithelo zimila ezihlahleni kanye nasezitshalweni.



Sisebenzisa ummbila ukwenza impuphu.

Usuku:



Uju luvela ezinyosini.



Ushukela wenziwa ngomoba.



Sithola ihemu nobhekeni ezingulubeni.



Sikwazi ukutshala izitshalo engadini.



Masenzeni lokhu

Culanî leli culo
kanye nothisha.

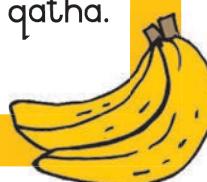
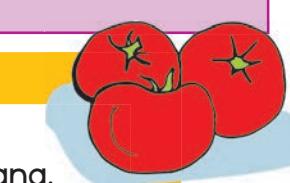
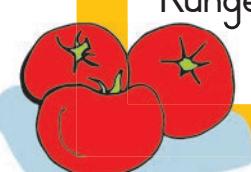


Ama-aphula, ugwava, ubbanana,
Ubhontshisi, uphizi, namazambane.

Konke lokhu kwenza imizimba yethu iqine.
Kusenza silungele ukusebenza.

Ngidla kuphela ukudla okunempilo!

Kungenza ngibe namandla, ngibe qatha.





Masifunde

Ukudla esikuthandayo akuvamile ukuthi konke kube nempilo. Ngesinye isikhathi singakuthanda ukudla kodwa kungabi nayo impilo. Kwasinye isikhathi futhi siyaye singakuthandi ukudla kutholakale ukuthi kunempilo lokho kudla.

Kodwa ukudla okuningi kakhulu kohlobo olulodwa akuvamile ukuthi kube kuhle empilweni yethu.

Akulungile ukukudla kakhulu. Idla uzwe ukuthi usuthi. Ungaqhubezi nokudla nje ngoba lokho kudla ukuthanda.



Masenzeni lokhu

Sika izithombe zokudla okunempilo kanye nokudla okungenayo impilo emaphephahukwini ukunamathisele emathinini afanele. Uma ungazitholi izithombe ozidingayo vele ukudwebe lokho kudla.



Ukudla okunempilo

Ukudla okungenayo impilo



Masibhale

Sebenzisa izinto ozifundile ngokudla ukubhala uhla lwakho lokudla.

Kwasekuseni

Kwasemini

Kwakusihlwa



Masenzeni lokhu

Manje ake senzeni isaladi yezithelo. Landela le miyalelo engezansi.

Uzodinga lokhu:

- Izithelo eziyizinhlobo ezahlukene
- Ummese nesipunu
- Indishi enkulu



Landela lezi zinyathelo:

- Washa izithelo.
- Susa isikhumba sesithelo (njengamawolintshi).
- Sika isithelo sibe yizingcezu ezincane.
(Cela umuntu omdala akusize).
- Hlanganisa izithelo endishini.
- Kudle kunjalo ukuthokozele.



Teacher: _____
Sign: _____
Date: _____

Ukukhweza (ukugcina) ukudla

Amasondo q



Masifunde

Buka lezi zithombe.



Masikhulume



Yini oyiphawulayo ngalezi zinsuku?

Uthi sisengakudla lokhu kudla?

Ucabanga ukuthi kwenzekeni kulokhu kudla?



Masifunde

Ukudla akuhlali kukuhle sonke isikhathi. Ezinye izithelo nemifino kuyaye kuqale ukubuna kubole. Inyama, inhlanzi kanye nemikhiqizo yobisi kuyonakala. Emva kwalokho asikwazi ukukudla. Kumele senzeni ukugcina ukudla kusebenziseka? Indawo ephephile enhle yokugcina ukudla yisiqandisi. Kodwa ukudla kuyonakala uma kubekwe esiqandisini isikhathi eside. Zikhona ezinye izindlela zokugcina ukudla kusebenziseka.

IKHALENDA 2015

SEPTEMBA

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
15	16	17	18	19	20	
24	25	26	27			



Masikhulumé

Buka lezi zithombe.

Xoxisana nomngani wakho ngazo. Yiziphi izindlela ezahlukene zokugcina ukudla kusesimeni esihle?

Zikhona ezinye izindlela ozicabangayo? Xoxa nomngani wakho ngalokhu. Chazela iklasi ngezibonelo onazo.



Masibhale

Buka izithombe ezingezansi bese ufunda amagama asemabhokisini. Manje bhala eliodwa lalawa magama ngezansi kwesithombe ngasinye esihambisana negama.

Kusesimeni esihle

Ukukugcina emathinini

Ukukomisa

Ukukuqandisa

Usuku:

Teacher:	Sign:
Date:	



49 Izinhlobo zamakhaya (1)

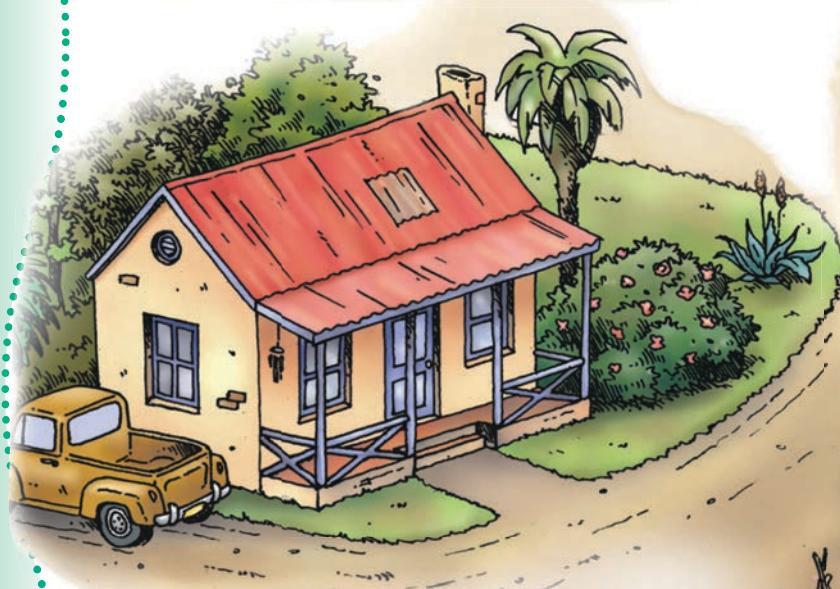
Amasonto /

It henu /

Masikhulume

Ikhaya lakho yindawo ohlala
kuyo. Abantu baseNingizimu
Afrika bahlala ezindaweni eziningi
ezingamakhaya ahlukahlukene.

Kukuphi
lapho ungathola khona
la makhaya?

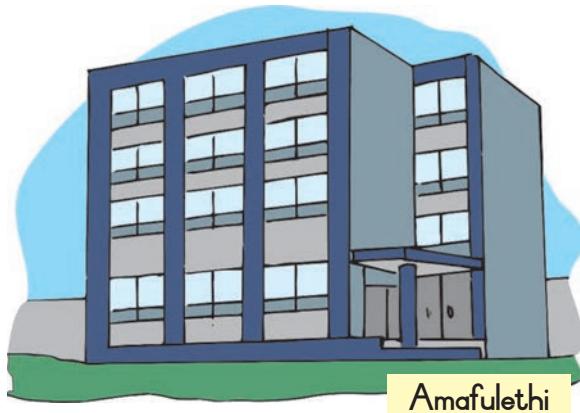


Usuku:



Masikhulume

Buka lezi zithombe. Xoxa nomngani wakho ngezinto ezifanayo ezikhona emizini eminingi eyahlukene. Khuluma futhi ngezinto ezingafani emakhaya. Yikuphi okuningi? Kungabe ngokufanayo noma ngokungafani?



Amafulethi



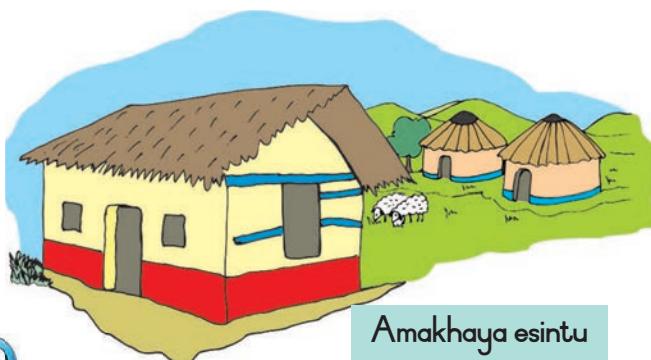
Izindlu ezinezitezi ezimbili



Amakharavani namatende



Izindlu zasemjondolo



Amakhaya esintu



Masenzeni lokhu



Izindlu ezinezitezi esisodwa

Sebenzani ngamaqembu. Tholani ibhokisi lezicathulo, noma elinye nje ibhokisi. Lipendeni lifane nekhaya. Zibumbe wena ngobumba lokudlala, wenza okuthile ngaphandle kwaleli khaya.

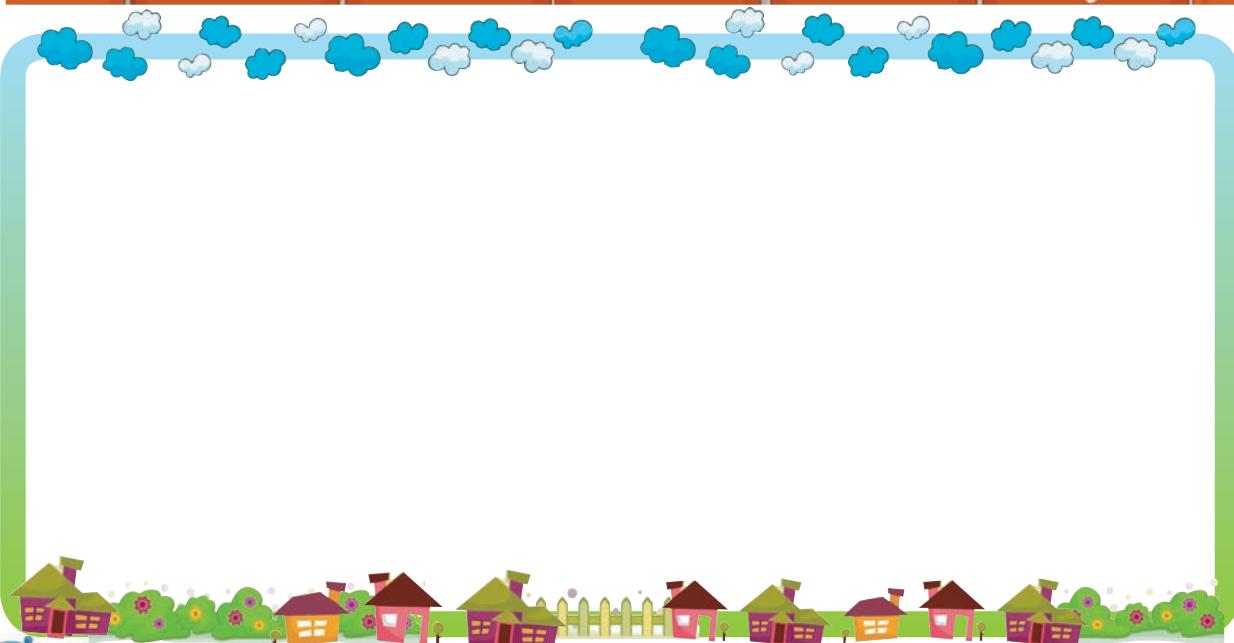
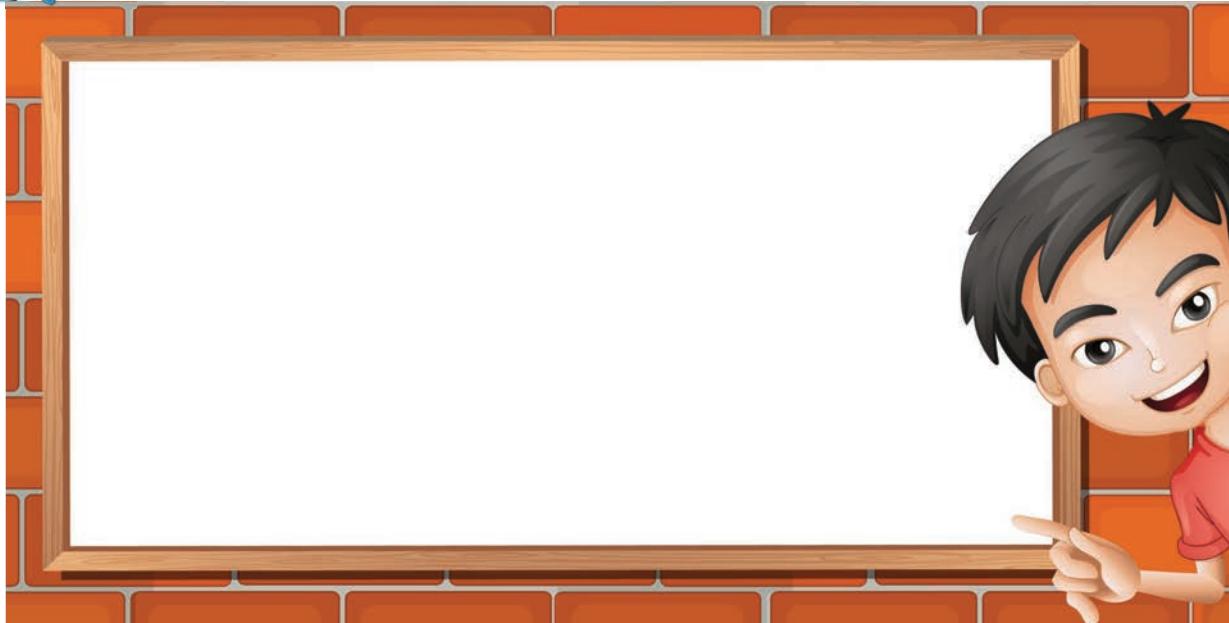


50 Izinhlobo zamakhaya (2)

Ithemba - Amasono /

Masenzeni lokhu

Ake ucabange amakhaya ahlukahlukene osuke wawabona. Dweba izithombe zamakhaya amabili angafani oke wawabona.



Masikhulumu

Okumele ukwenziwa nguthisha:
Uthisha wenu uzonilalela uma
nethula imibono.

Uma ikhaya lakkhiwe kahle asigodoli noma kushise kakhulu uma sihlezi kulo. Asiyizwa nemvula noma umoya omkhulu. Akubona bonke abantu abavikeleke kanjena.

Xoxa nomngani wakho mayelana namasu enziwa abantu ukuzivikela uma bengahlali ezindlini.



- Yelula izandla uziphakamise ukupenda uphahla lwendlu yakini.
- Guqa enhlabathini ukutshala izitshalo zasengadini.
- Yelula izingalo uvule amafasitela endlu yakho, bese uvala wonke amafasitela.
- Goba ususe ukhula engadini
- Shaneli phansi ngomshanelo omude.
- Washa amafasitela ngendwangu.



Okumele ukwenziwa nguthisha:

Lalela isigqi sesigubhu esidhalwa nguthisha wenu. Hambisana nesigqi. Uma uthisha eguqula isigqi, guqla ijubane lendlela onyakaza ngayo.
Lalelisisa!



Teacher:
Sign:
Date:



Izinto okwakhiwa ngazo amakhaya ahlukahlukene

Amasondo 2

IThemba



Masikhulume

Sisebenzisa izinto ezahlukene ukwakha izindlu.
Bheka izithombe ngezansi.



izitini



amathayili



uthayela



usimende

utshani bokufulela/
umhlanga

ingilazi



izigxobo



ukhuni



amatshe



okokwakha amatende



iplastiki



ubumba/udaka



insimbi



izikhumba



isihlabathi



Xoxa nomngani wakho ngezinto ezahlukene zokwakha izindlu.

Yikuphi okuqhamuka efemini?

Zivelaphi ezinye izinto?

Tshela iklesi ukuthi izindlu ozibone uza esikoleni zakhiwe ngani.

Okumele ukwenziwa nguthisha:
Uthisha wenu uzokwenza uhu
ebhodini.



Usuku:



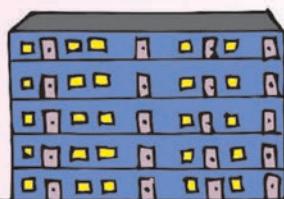
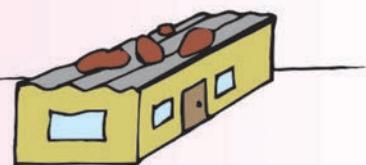
Masenzeni lokhu

Dweba umugqa usuke endlini ngayinye
uye entweni eyakhiwe ngayo.

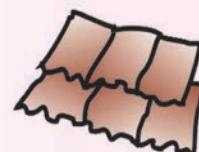
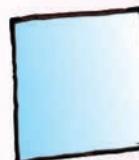
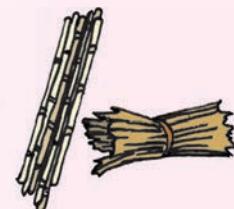
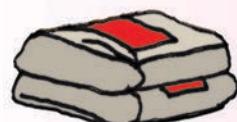
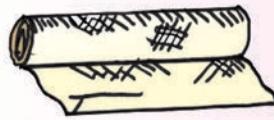
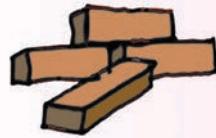
Okumele ukwenziwa nguthisha:
Uthisha wenu uzothatha izincwadi
eniphendulele kuzo azihlole.



Uhlobo lwendlu



Izinto zokwakha



Teacher: _____
Sign: _____
Date: _____



Amakhaya nesimo sezulu

Masifunde

Amasondo 2

IThemba

Amakhaya avikela abantu ezimeni ezahlukene zezulu. Asivikela emisebeni eshisayo yelanga. Asivikela emakhazeni, emoyeni kanye nasemvuleni.



Uthi bewazi ukuthi abantu abahlala ezindaweni ezibandayo banendlela engajwayelekile abakha ngayo amakhaya abo? Bakha izindlu ezifudumalayo uma likhithika.

Leli yibalazwe lezwe laseGreenland, okuyizwe elibanda kakhulu.

Lena
yi-igloo



Abanye babantu ababizwa ngama-Inuit abahlala e-Arctic elineqhwani eliningi bakha izindlu ngalo. Iqhwa livimba amakhaza. Lezi zindlu zibizwa ngama-igloo.



Usuku:



Masenzeni lokhu

Eqenjini lenu dlalani umdlalo wokukhombisa ukuthi ningayakha kanjani indlu.

Khethani ukuthi luhlobo luni lwendlu enizolwakha.

amafulethi

Zinto zini enizozisebeniza?

Ubani ozokwenzani?

izindlu zesintu

Yini enizoqala ngayo?

izindlu ezinesitezi esisodwa

noma eziningi

Niyogcina ngani? Sebenzisa lawa magama alandelayo:

izindlu zaseKapa

izitini

udonga

upende

umnyango

uphahla

ushimula

ifasitela

usimende



Masifunde

Yisho le nkondlo ibe
yingxene yomdlalo wenu:



Yakha, yakha indlu yakho entsha sha!

Letha izitini, kala lolo donga

Shayela isipikili, phendula isikulufu –

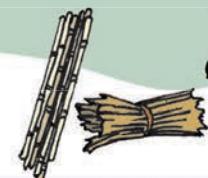
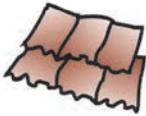
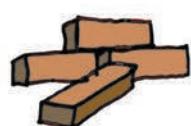
Yenza umpheme wokuvimba ilanga.

Yakha, yakha indlu yakho entsha sha!

Letha isihlabathi nezivalo namathayili

Letha amanzi, xova usimende –

Yenza umpheme wokuvimba imvula.





53

Sizithola kanjani izindawo nezinto? (1)

Amasonto 3

L

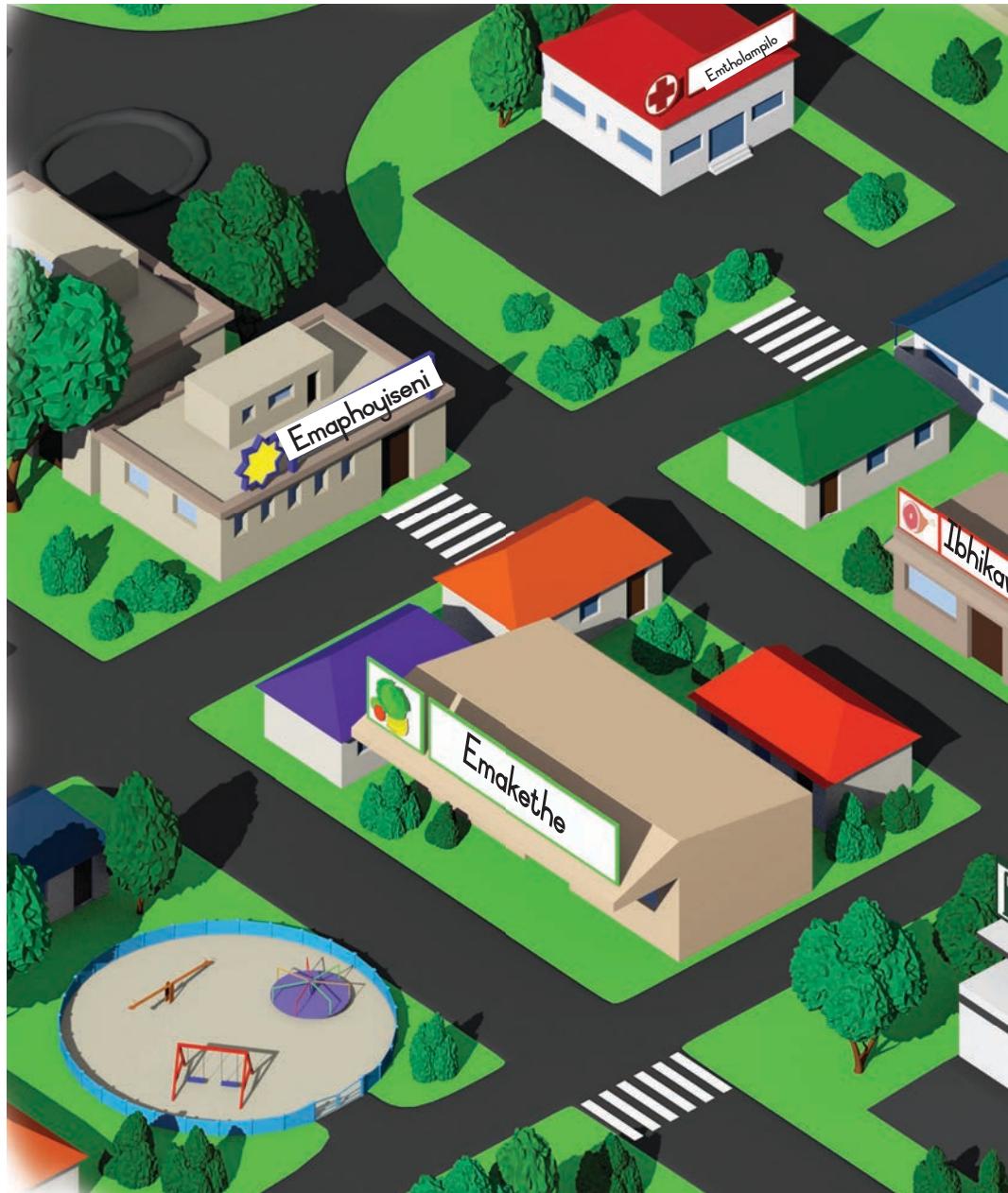
IThemba

Masifunde

Kunezinhlobo ezahlukene zamabalazwe. Ukukhetha ibalazwe elifanele kumele wazi ukuthi kungani ufunza ukusebenzisa ibalazwe.

Amabalazwe akhombisa imigwaqo asisiza ukuthola izindawo nemigwaqo emadolobheni.

Abalimi bathanda amabalazwe akhombisa izinto ezinjengamadamu, imifula kanye nezintaba.





Masenzeni lokhu

Xoxa ngale mibuzo nomngani wakho. Kokelezela izindawo ezithile ezisesithombeni emakhasini amabili alandelayo.

Uzozitholaphi izincwadi odinga ukuzifunda?

Uzolubika kuphi udaba lokwebelwa?

Ungaya kuphi uma ugula?

Ukuthengaphi ukudla?

Ulimela kuphi ibhasi?

Uuwela kuphi umgwaqo lapho kuphephe khona?

Okumele ukwenziwa nguthisha:
Uthisha uzofunda lokhu
ngakunye, wena uzofuna
izimpendulo uzithole.



Teacher:
Sign:
Date:



Sizithola kanjani izindawo nezinto? (2)



Masikhulume

Buka indlela elandelwa ngu Jason esuka ekhaya lakhe eya esikoleni.

Chazela umngani wakho ukuthi u Jason ulandela yiphi indlela. Sebenzisa amanye alawa magama:

phezulu

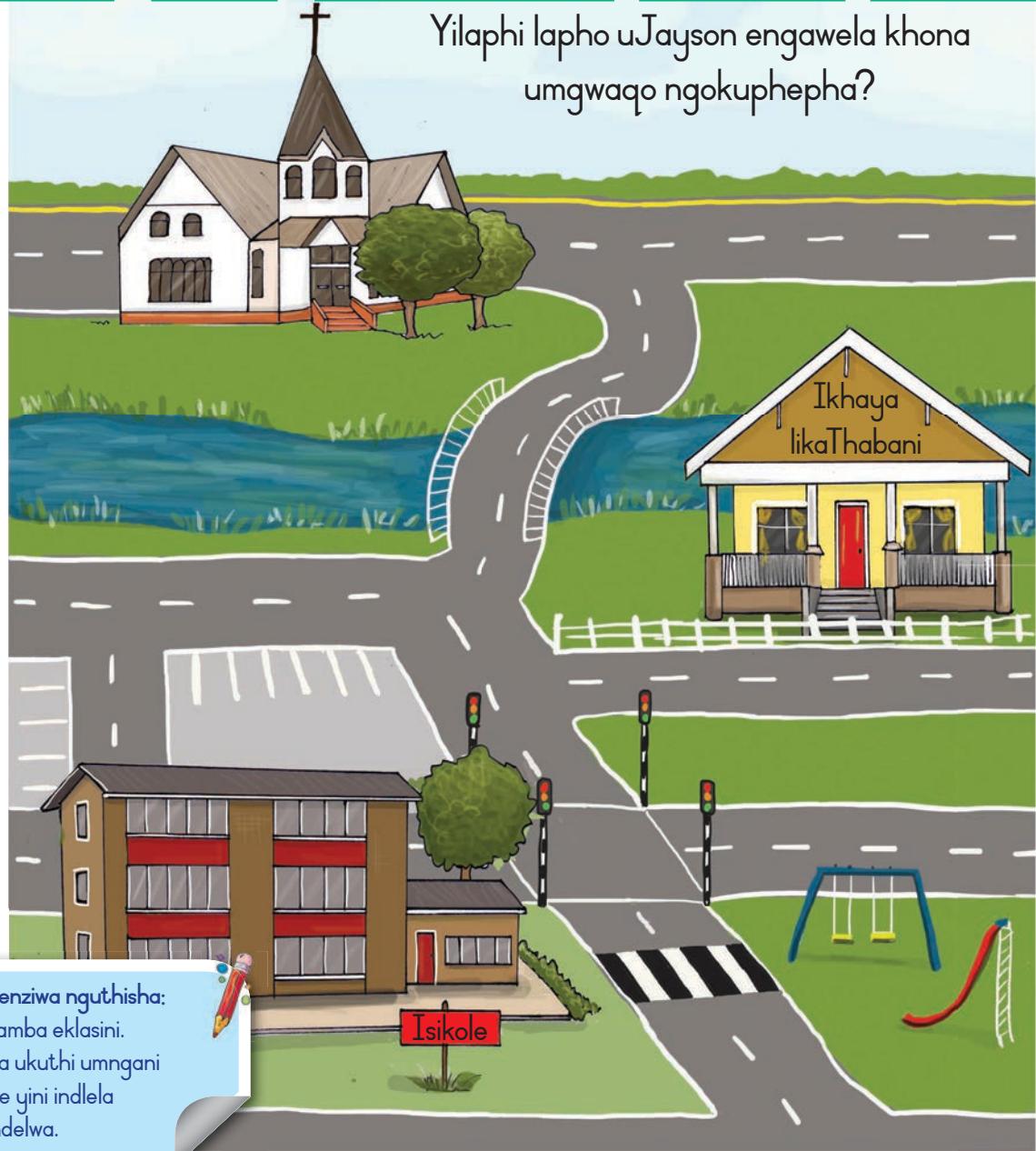
udlule

ukuhamba njalo

ngaleya

ngaphansi

Yilaphi lapho u Jayson engawela khona
umgwaqo ngokuphepha?

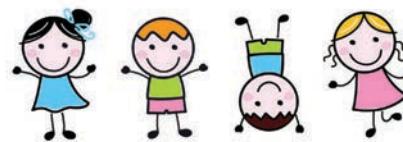




Masiqhubeka

- Beka kahle intambo enhlabathini.
- Uwena ozohamba kule ntambo.
- Hamba uye phambili, uhlehle uphinde uye ngapha nangapha ulandele intambo.
- Hamba uye phambili ulandele intambo izandla uzibekе ekhanda.
- Hamba uhlehle ulandele intambo, izandla uzibekе emhlane wakho.
- Hamba uye le nale ulandele intambo, ubekе izandla ezinqulwini.

Usuku:



Masifunde

Wenze kahle kanjani? Uma kungukuthi ukwazile ukukwenza konke kahle, faka umbala ebusweni obumamathekayo. Uma kungukuthi awukwazanga ukwenza kahle, faka umbala ebusweni obuswacile. Uma ukwaze ukwenza okumbalwa kahle, faka umbala ebusweni obuphakathi nendawo.

Ngikwazile ukuhamba ngiye emuva naphambili ngilandela intambo.



Ngikwazile ukuhamba ngiye ngapha nangapha ngilandela intambo.



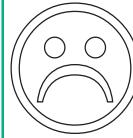
Ngikwazile ukuhamba ngiye phambili ngilandela intambo ngibeke izandla ekhanda.



Ngikwazile ukuhamba ngiye nighlehle ngilandela intambo ngibeke izandla ngemuva.



Ngikwazile ukuhamba ngiye ngapha nangapha ngilandela intambo ngibeke izandla ezinqulwini.

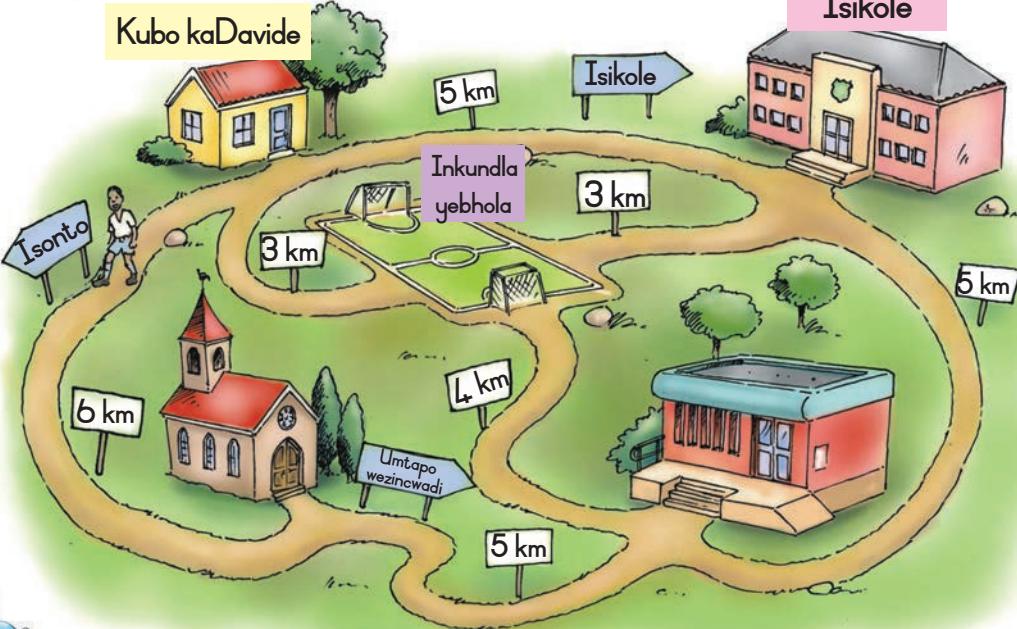


Ukuthola indlela

Masibhale

Amabalazwe anezithombe asisiza ukubona ukuthi izindawo zigzagqene kangakanani. Buka leli balazwe.

Amasondo 4



Masibhale

Phendula le mibuzo. Ungamcela nomngani wakho akusize.

Yenza isiyungi lapho kukhona khona **i-km**.

Ugcine uneziyungi ezingaki?

UDavide uyahamba ukuya
emtatsheni wezincwadi.

Yini ayibona eduze komtapo wezincwadi?

Zimpawu zini azibona endleleni?

Uhambe ibanga elingakanani uDavide?

Yisiphi isakhiwo uDavide asibona engaphambi komtapo wezincwadi?

UDavide ulambile. Ufuna ukuya ekhaya. Thola umgwaqo omfushane kunayo yonke oya ekhaya.

Kungabe inkundla yebhola iseduze kwasekhaya lakhe?

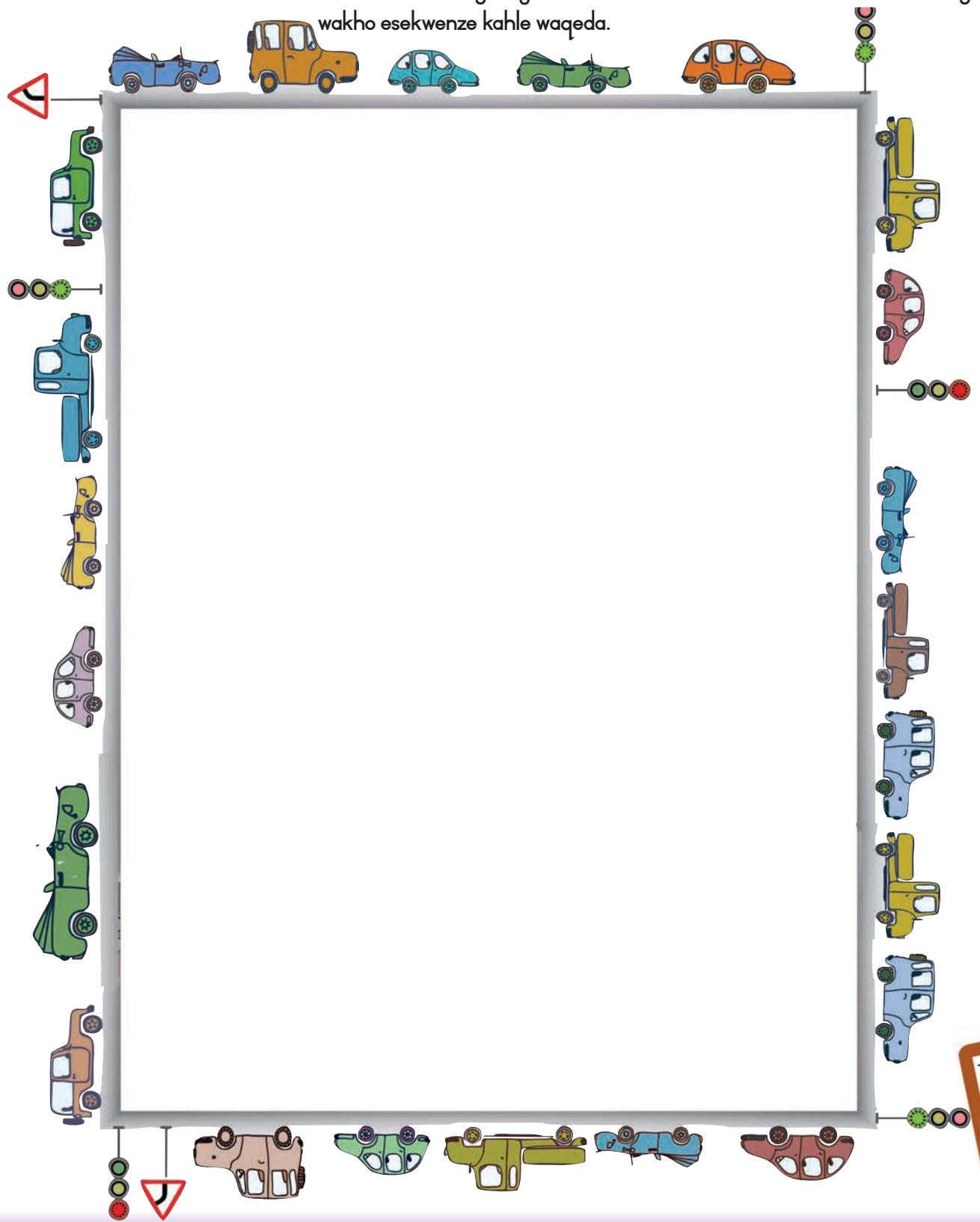
Okumele ukwenziwa nguthisha:
Uthisha uzonitshela ukuthi
indawo eyikhilomitha elilodwa
iqhelelene kangakakani
nesikole. Lokho sikubhala
kanje: 1 km.

Usuku:



Masenzeni lokhu

Dweba isithombe sakho sebalazwe sendlela ephakathi kwezindawo ezimbili. Khetha noma yiziphi izindawo ezimbili. Uma sewuqedile, ungakhombisa abangani bakho ibalazwe. Khombisa umngani wakho ibalazwe bese umcela achaze ukuthi uhamba kanjani ngokwebalazwe omkhombise lona. Qiniseka ukuthi ukwenza ngokuyikho ukuchaza kwakhe. Tshela uthisha uma umngani wakho esekwenze kahle waqeda.



Teacher:
Sign:
Date:

Ukuthola izehlakalo endabeni

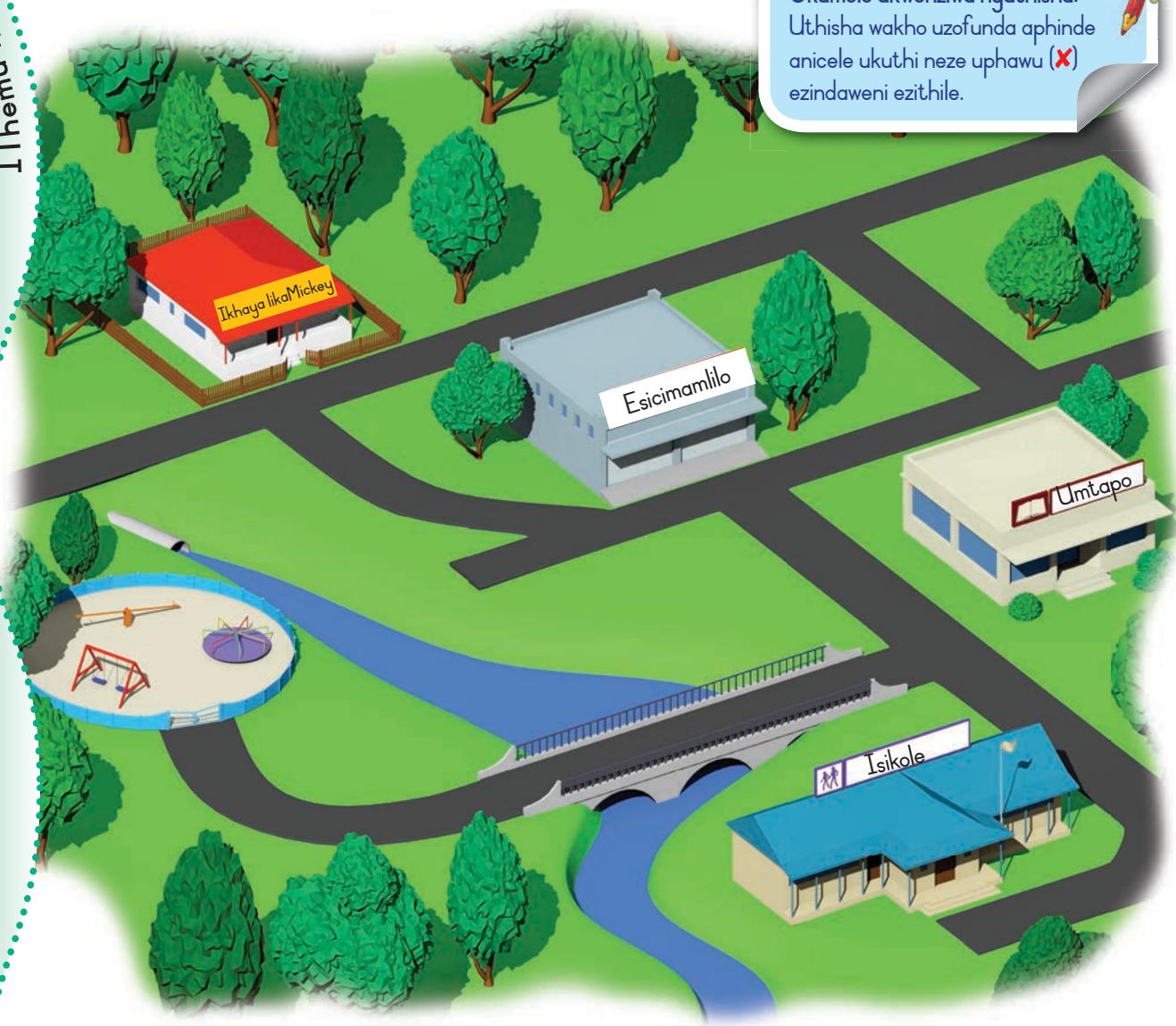
Amasondo 4



Masenzeni lokhu

Uthisha wakho uzofunda indaba ekhulumo ngoMicky.
Lalelisisa. Landela indlela esebalazweni elisencwadini yakho.

Okumele ukwensiwa nguthisha:
Uthisha wakho uzofunda aphinde
anicele ukuthi neze uphawu (X)
ezindaweni ezithile.



NgeMiggibelo uMicky uyaye adlale nabangani bakhe epaki (X).

Ekuseni ngelinye ilanga unina wamucela unina wathi: "Ugogo uyagula. Ngicela umhambisele ukudla."

UMicky uthatha isikhwama esikhulu sokudla. Kodwa uma eseyophuma ngesango (X) uhlangana nendoda ethile. Ikhulumma ngezwi elimahhadlahhadla ithi, "A, uthwele ukudla. Okukagogo, angithi?" Kwamethusa uMicky lokhu.

Wahamba washesha ebheke ezansi nomgwaqo ngasesiteshini sabacishimlilo.

Uma efika lapho wajika waya ngakwesokunxele (X). Kuthe uma ebheka emuva emgwaqweni, wabona yona leyo ndoda imlandela.

UMicky unquma ukuyofuna usizo kubangani bakhe epaki.

Uma efika emtatsheni wezincwadi, uya ngakwesokudla bese eqhubekela phambili (X). Kwesokunxele wabona ukuthi kunesikole wasidlula (X).

Kuthulile lapha, emigwaqweni yonke. UMicky washesha manje emgwaqweni (X).

Walibona ipaki ekugcineni. Wawela ibhuloho (X) waya wayofinyelela kubangani bakhe esangweni! (X)



Masiqhubeke

Sizoddala umdlalo wokunikezelana.

- Bekani izihlalo zenu zibe yisiyungi. Dlalani umdlalo othi "izihlalo zokucula" – lo mdlalo udinga nthole indlela emfushane kunazo zonke ukufinyelela esihlalweni.



Teacher:
Sign:
Date:



Indlela esisebenzisa ngayo amanzi emakhaya nasesikoleni



Masibhale

Sisebenzisa amanzi zonke izinsuku. Bona izindlela ezahlukene esisebenzisa ngazo amanzi. Bhala ngezansi kwasithombe usho ukuthi amanzi asetshenziselwani. Sebenzisa lezi zihloko.

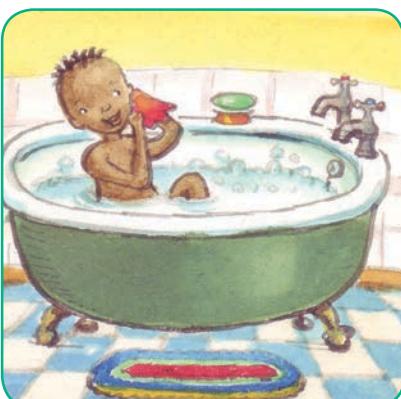
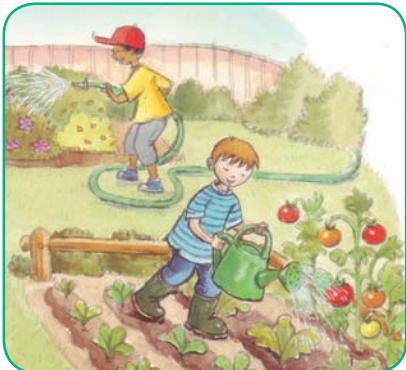
Ukucisha umlilo

Ukuzigiza thina

Ukusiza izitshalo zikwazi
ukukhula

Ukuwashsha izingubo nezitsha

Ukupheka ukudla





Masikhulume

Khuluma ngezindlela eziningi esisebenzisa ngazo amanzi.

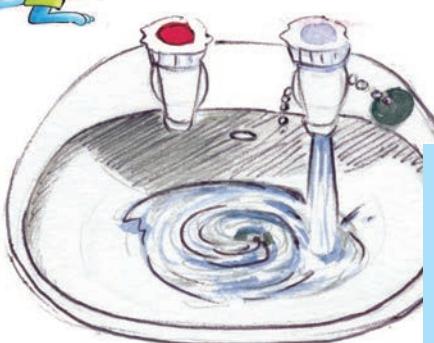
Ake uchaze ezinye izinto esizisebenzisela amanzi. Amanzi ayisidingo. Xoxa ngokuthi siwamosha kanjani. Yini engenzeka uma engaphela nje nya?

Yethula imibono yakho eklasini.



Masiqhubeke

Lingisela lokhu okulandelayo:



Umpompi ovuliwe,
amanzi ageleza angene
endishini enkulu.



Amafú ayahlangana,
lina kakhulu emva
kwalokho, bese kuthi
ekugcineni anyamalale.



Masidlaleni

- Dlalani umdlalo othi "Amabhakede namaconsi amanzi".



Umfula uyagobhoza
emadwaleni wedlulela
endaweni enesihlabathi.

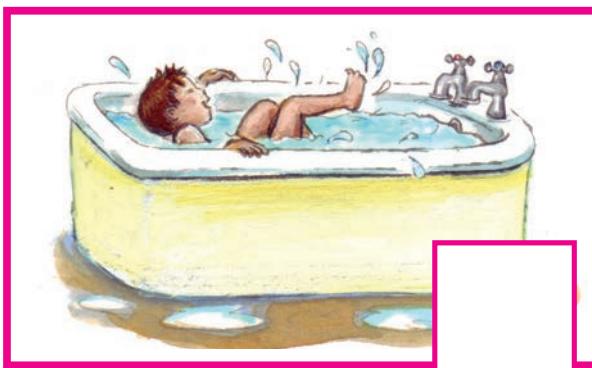
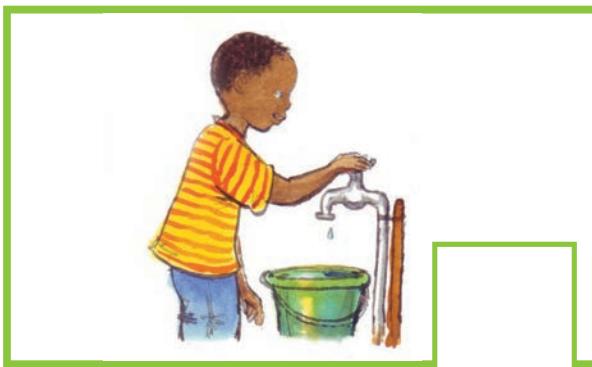


58. Indlela amanzi amosheka ngayo

Ithemu L - Amasondo 5

Masibhale

Buka lezi zithombe. Beka uphawu lokuthikha (✓) eduze kwsithombe esiveza ukugcineka kwamanzi, ubeke isiphambano (✗) eduze kwsithombe esiveza ukumosheka kwamanzi.



Usuku:



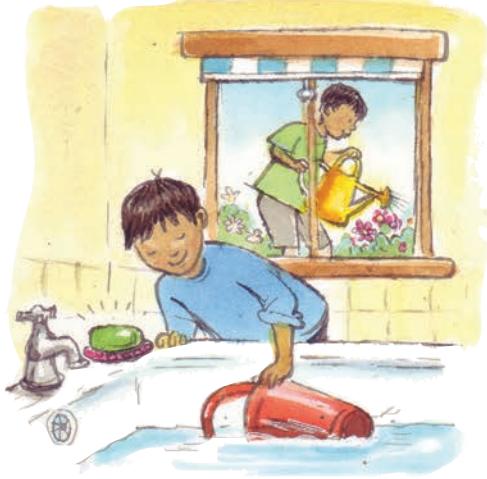
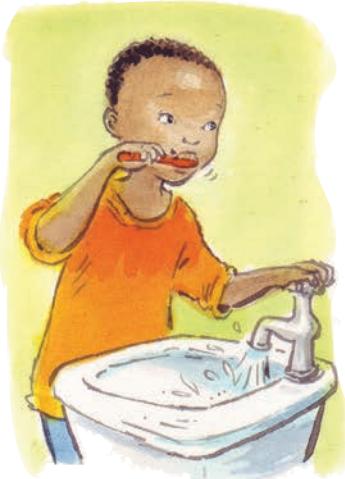
Masikhulume

Buka izithombe ezinesiphambano. Xoxisana neklasi mayelana nokuthi abantu kulezi zithombe benzani. Xoxa ngokuthi bangawasebenzisa kanjani ngokuwonga amanzi.

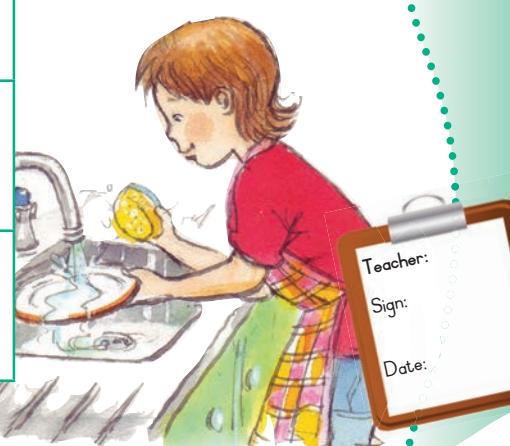


Masibhale

Buka izithombe. Funda umusho ongezansi. Faka uphawu lokuthikha (✓) esenzweni ngasinye sokonga amanzi, ufade isiphambano (✗) esenzweni ngasinye esingukumosha amanzi.



	noma
Ngidedela amanzi aphume empompini ngenkathi ngixubha amazinyo.	
Angiwachithi amanzi ebengizeza ngawo, kunalokho ngichelela ngawo engadini.	
Ngigeza ngamanzi agcwele ubhavu njalo ebusuku.	
Ngiyawuvalisisa umpompi uma ngiwubona uconsa amanzi.	
Sigeza izitsha ngamanzi aphuma angayeki empompini.	





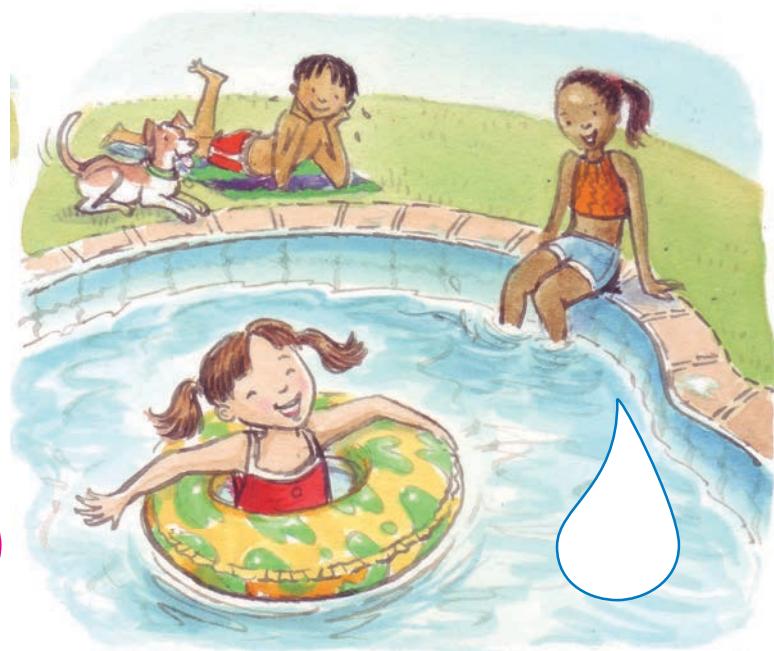
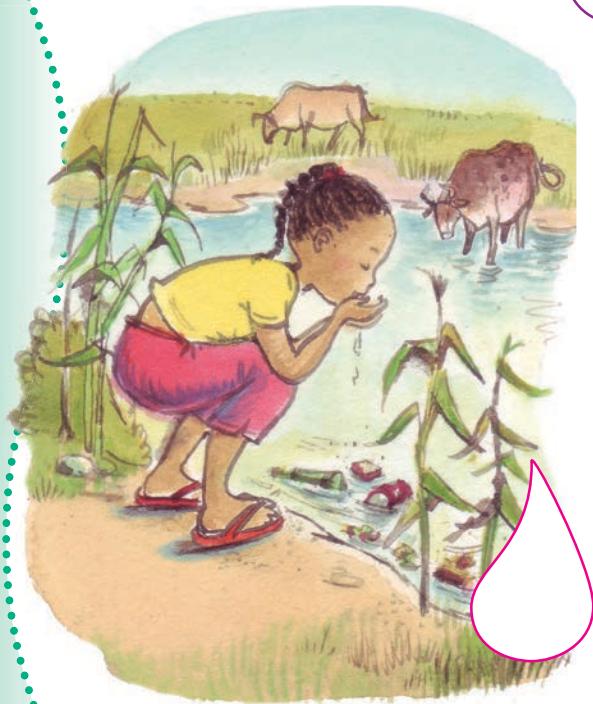
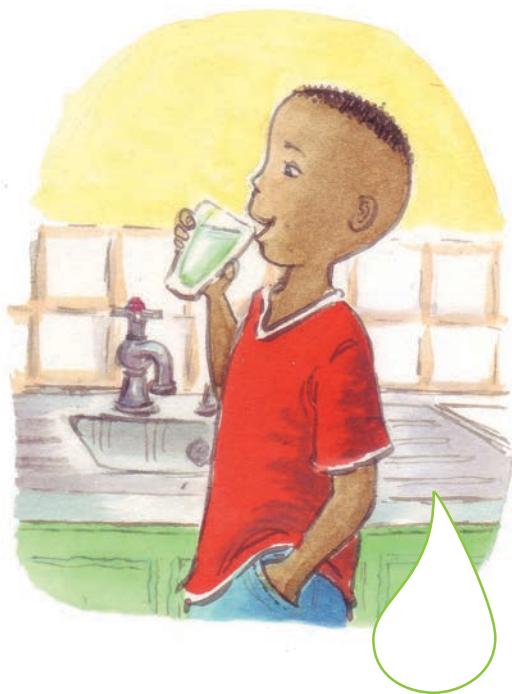
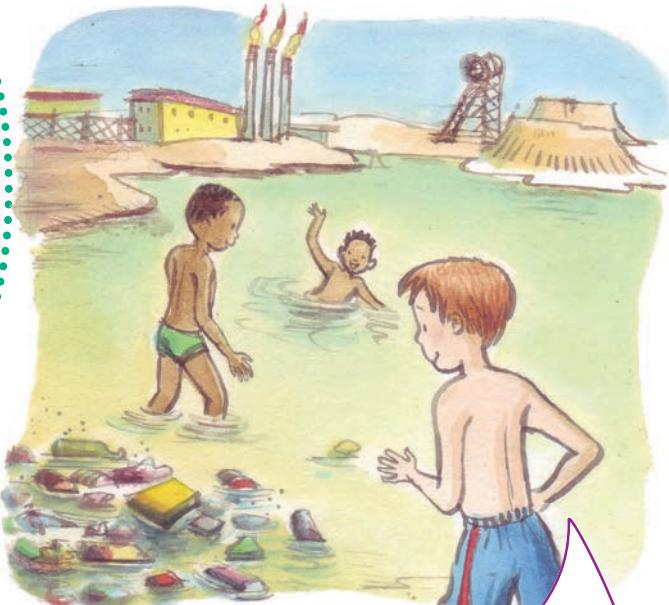
59 Amanzi okuphuzwa aphephile nangaphephile

Amasonto 6

Ithemba
4



Buka lezi zithombe. Beka uphawu lokuthikha (✓) eduze kwesithombe esiveza ukwenza izinto eziphephile. Beka isiphambano (✗) eduze kwesithombe esikhombisa ukwenza izinto ezingaphophile.





Masibhale

Bhalo igama "kuphephile" noma "akuphephile".
ukuqedela umusho ngamunye. Sikwenzele okokuqala.

Usuku:

Ukuphuza amanzi angcolile akuphephile.

Ukubhukuda emanzini angcolile _____.

Ukuphuza amanzi abilisiwe _____.

Ukuphuza amanzi aphuma emfuleni ongcolile _____.

Ukuphuza amanzi ahlanzekile aphuma empompini _____.



Dlala lo mdlalo nabanye ababili.

- Shayani izandla nilandelesiigqi sokuconsa kwamanzi:
 - aconsa kancane empompini
 - aconsa masinya empompini
 - aconsa ngejubane empompini
 - aphuma kanyekanye wonke.
- Dlalani noma yimuphi omunye umdlalo lapho nizoshaya khona izandla.



- Gxuma njengesele liphuma emanzini angcolile.
- Gxuma njengesele lingene emanzini ahlanzekile.
- Gijima njengethashi elomile liya emanzini agelezayo liyophuza.
- Gijima kakhulu ubalekele imvula ena ngamandla.
- Gxuma ematsheni uwele umfula. Siza nalabo abangawkazi ukuhamba ukuthi bawele nabo.
- Phenduphenduka endaweni eyodwa ulingise amanzi ephuma ebhavini (ube wedwa noma ube nomngani).
- Uthisha uzoso uma esefuna niguqukele kwenye into.
Lulaleleni uphawu alwenzayo.



60 Ukugcina amanzi ehlanzekile

Amasonto 6

IThemeu L



Masifunde

Kumele siphuze amanzi ahlanzekile.

Kumele siwagcine ngenddlela ezokwenza
ahlale ehlanzekile.

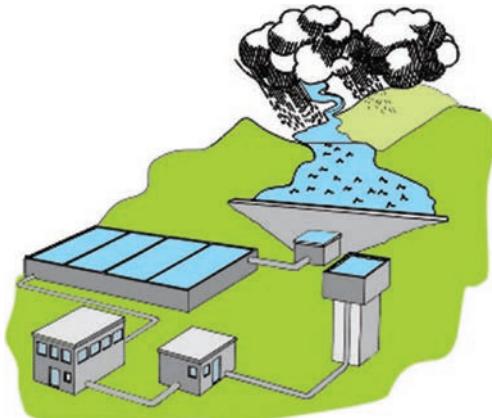


Masikhulume

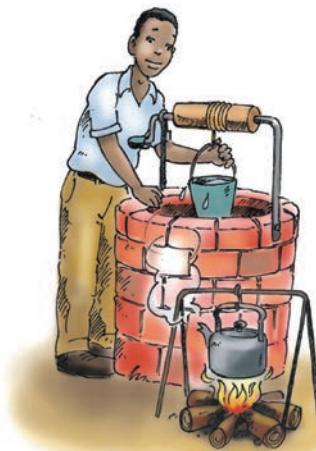
Buka lezi zithombe. Xoxa nomngani wakho ngokuthi avela kuphi amanzi
ahlanzekile. Xoxela iklasi ukuthi ubona ukuthi avela kuphi. Ngokuwahlanza
siwenza aphephe ukuba angaphuzwa, siwenza ahlanzeke ukuze sikwazi
ukuwaphuza.



Sivumelekile ukuphuza amanzi emvula asuka
ophahleni lwendlu angene ethangeni.



Umasipala uyawahlanza amanzi awagcine enzele
ukuthi sikwazi ukuwaphuza.



Thina simele ukuabilisa amanzi uma
sifuna ukuwahlanza.



Singakwazi futhi ukuwasefa ukuze ahlanzeke.



Masenzeni lokhu

Cela uthisha anichazele ukuthi senziwa kanjani isisefo samanzi.

Nazi izinto ozozidinga:

Ibhodlela leplastiki elingamalitha ama-2

Isihlabathi esihlanzekile esicolisekile

Isihlabathi esihlanzekile esimahhadlahhadla

Amatshana amancane ahlanzekile

Ummese obukhali

Uvolo ohlanzekile



Masiqhubeke

- Sebenzisa isaka likabhontshisi nensimbi eyindilinga. Beka insimbi eyindilinga enhlabathini ngenkathi abafundi bemi umugqa osemamitheni ama-5 kude nensimbi leyo. Ungasebenzisa insimbi yebhola lomnqakiswano eyisiyingi kulokhu.
- Umfundi ngamunye makathole ithuba lokuphonsa isaka likabhontshisi lingene ensimbini eyindilinga.



Ukushintsha kwemini iba wubusuku



Imini nobusuku kwehlukene.

Kubukeka kwehlukene, akunayo imisindo efanayo, kwenziwa izinto ezingafani kukho kokubili.

Emini kubonakala ukukhanya kwelanga. Ilanga lisinika ukukhanya nokushisa.

Bayasebenza abantu abanangi emini, thina bese siya esikoleni.



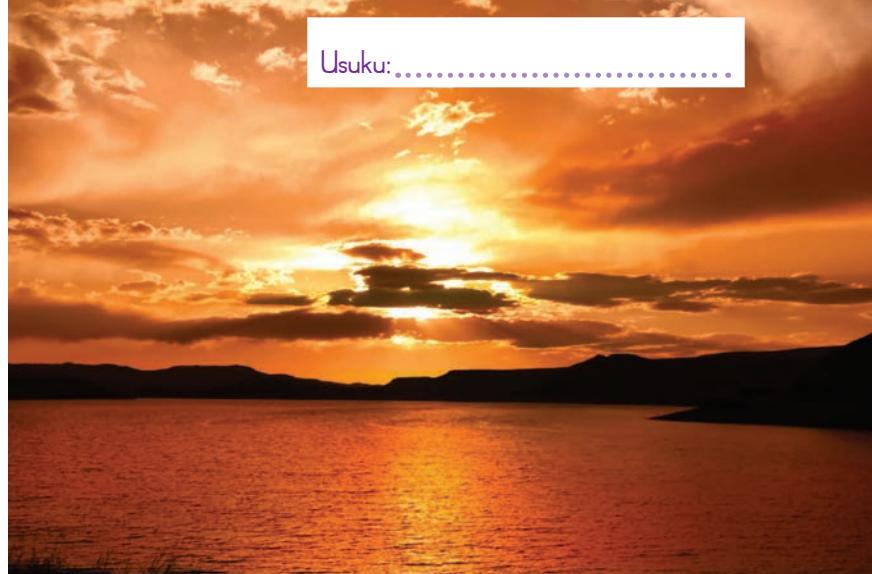
Buka izithombe bese uxoxa nomngani wakho ngazo. Kungabe yizithombe zemini noma ngezobusuku? Zihlukene ngani? Bhala "Imini" noma "Ubusuku" ngaphezu kwesithombe ngasinye.





Masifunde

Ntambama ilanga liyashona.
 Kuba mnyama bese kuphuma
 inyanga nezinkanyezi.
 Sisebenzisa izibani ukuze sibone
 ukuthi senzani.



Usuku:



Masiqhubeke

- Sebenzisa amapali ebbola (noma amakhoni abekwa emgwaqweni uma wakhiwa) nebholo.
- Beka amapali noma amakhoni kube ngamamitha ambalwa kude nabafundi.
- Sebenzisa ibhola elikhulu elilingana nelezinyawo.
- Khahlelela ibhola emapalini lawa owabekile.
- Qala ukhahlele ngonyawo lwesokudla bese ukhahlela ngolwesobunxele.
- Ufake amagoli amangaki?



Teacher:
Sign:
Date:



Indlela isibhakabhaka esibukeka ngayo ebusuku



Masifunde

Emini sivame ukubona isibhakabhaka esiluhlaza kanye namafu. Okusemqoka, sibona ilanga.



Ebusuku kunenya ngezinkanyezi eziningi. Kukhona namanye amaplanethi anjengezinkanyezi.



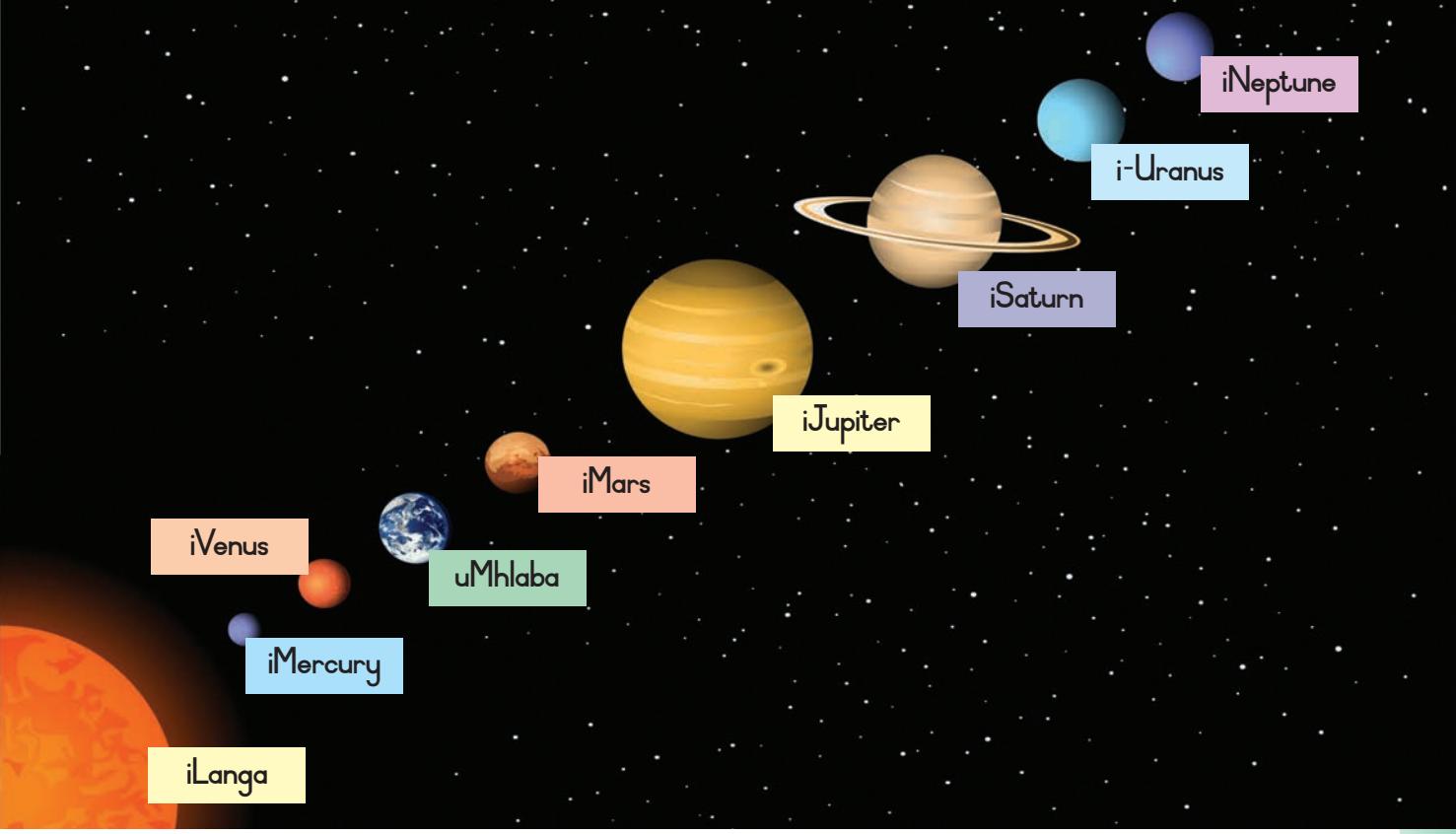
Ngesinye isikhathi inyanga iba sesibhakabhakeni noma kusemini. Asiyiboni kahle ngoba ilanga lisuke lisixhophe. Zama ukuthola ukuthi inyanga ikuphi kusemini.



Masenzeni lokhu

Inyanga ayifani ngalobo nalobo busuku. Phuma uyibuke ebusuku obuhlanu lapho izoveza khona izimo ezingafani. Ebhokisini elinge zansi dweba izinhlobo zenyanga ozibonile.

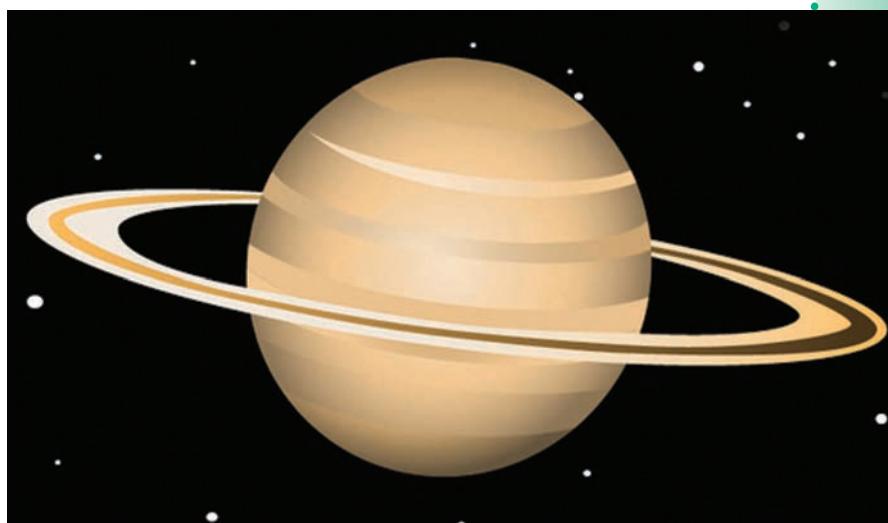
Ubusuku bokuqala	Ubusuku besithathu	Ubusuku besihlanu
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Leli yilanga kanye namaplanethi esemkhathini – ngomakhelwane bethu laba abasemkhathini.
(Ilanga namaplanethi akudwetshiwe ngokulandela ubukhulu bakho bangempela.)



Lesi yisithombe seSaturn.
Ihlukile yona kuwo wonke
amaplanethi ngoba inamarangi
ayizungezile. Uyawabona
amabala amhlophe
esithombeni? Ucabanga
ukuthi ayini? Buka isithombe
esikhulu esingenhla. Kungabe
iSaturn yinkulu noma yincane kunomhlabo?
Iyiphi iplanethi enkulu kuneSaturn?



Ilanga nenyanga

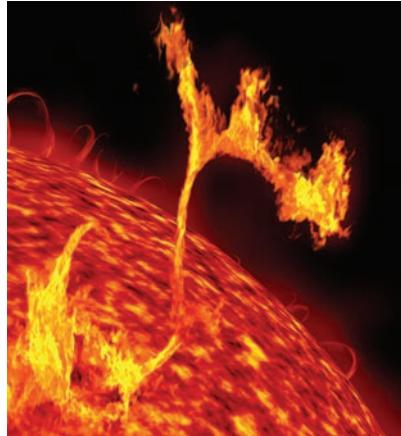
Masikhulume

Buka lezi zithombe.

Amasondo 8



I themu



Xoxa nomngani wakho. Izithombe zisikhombisani? Yisho noma yini oyicabangayo.



Masifunde

Okumele ukwenziwa nguthisha:
Uthisha wakho uzoyilalela yonke imibono bese esho ukuthi yini eningakhulumanga ngayo.



Ilanga liyinkanyezi. Liyibhola elikhulu lomlilo elithumela ukushisa kuzo zonke izinhlangothi zalo. Ilanga likhulu kakhulu kunomhlaba.

Inyanga iyibhola elikhulu eliyidwala elinothuli elingenakushisa. Inyanga ayikhanyi ngokwayo, ikhanyiswa yimisebe yelanga bese yenza njengesibuko ngokuthumela ukukhanya kithina emhlabeni. Yona yincane kunomhlaba.



Masikhulume

Xoxa nomngani wakho mayelana nokuguquguquka kwenyanga ebusuku obuhlanu. Bese nibuka lezi zithombe.

Inyanga iyafana nalokhu enikubona ezithombeni?



Inyanga igcwele



Inyanga iyisigamu



Inyanga entsha



Izinkanyezi

64



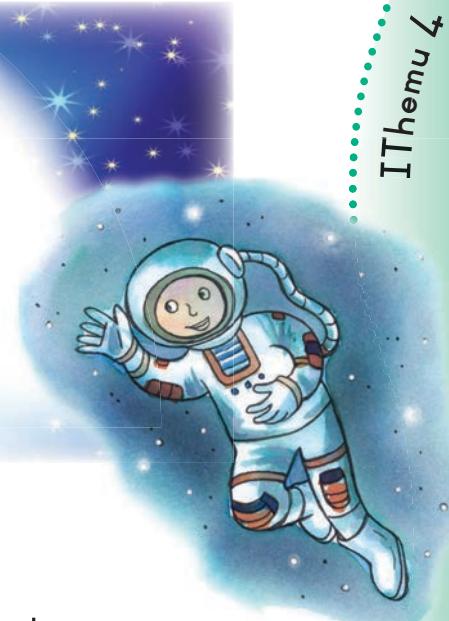
Masifunde

Ilanga iyona nkanyezi eseduzane kakhulu kwethu. Ezinye izinkanyezi zikude kakhulu impela nje.



Masikhulume

Benye benye benye benye
Inkanyeza encane.
Nasi isimanga
Esabonwa yinkanyezi,
Nasi isimanga esabonwa yinkanyezi,
Inkanyeza encane!



Masifunde

Leli culo labhalwa eminyakeni eminingi eyadlula. Abantu ngaleso sikhathi babengakazi kangako ngezinkanyezi. Namuhla sinolwazi oluningi. Ososayensi sebeye kaningi emkhathini ngemikhumbimkhathi bafunda okuningi ngezinkanyezi. Uma beya emkhathini bagqoka amasudi akhiwe ngokwehlukile. Uma ososayensi beya emkhathini bagqoka izingubo ezihlukile.

Ngenxa yabantu abanesibindi futhi abahlakaniphile abakwazi ukuthumela ososayensi emkhathini, sesifunde izinto eziningi ngezinkanyezi.



Masikhulume



Kungabe kuhle yini ukufunda izinto eziningi kangaka ngezinkanyezi? Xoxa nomngani wakho ngalokhu.





**Wena ubalulekile.
Umzimba wakho
wonke ubalulekile.**

Umzimba wakho ungowakho!



**AKEKHO
UMUNTU
okufanele athinte
izitho zakho
zangasese.**

**Kufanele kubekhona umuntu omtshelayo
uma kukhona umuntu othinta izitho zakho
zangasese.**

**Kufanele kubekhona umuntu
omtshelayo uma kukhona umuntu
okwenzisa izinto ongazifuni.**

**Lapho ungashayela khona
ucingo uma udinga usizo:**

Child Line: 0800 05 55 55

SAPS Crime Stop: 086 00 10111

SAPS Emergency Number: 10111

Life Line: 0861 322 322

Child Protection Unit: 012 393 2359/2362/2363



Make a placemat
Cut out the pictures you like and
paste them on to the opposite page to
make yourself a two-sided placemat.
Cover or laminate the placemat with
plastic and use it when you eat.





