



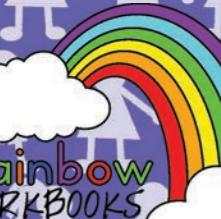
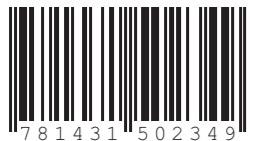
Iincwadi lezi zenzelwe abentwana beSewula Afrika ngaphasi koburholi bakaNqgonqgotjhe wezeFundo-Sisekelo, uMma u-Angie Motshkga, kanye neSekela lakaNqgonqgotjhe wezeFundo-Sisekelo, uNom. Enver Surty.

UKKz. Angie Motshkga,  
nguNqgonqgotjhe  
weFundu-Sisekelo



UNom. Enver Surty,  
nguSekela  
kaNqgonqgotjhe  
weFundu-Sisekelo

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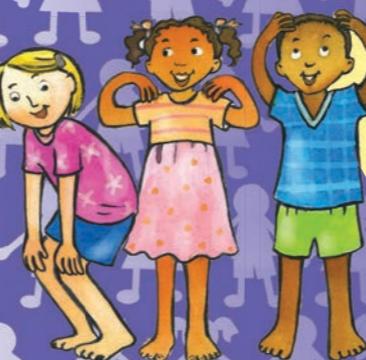
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GRADE 1 – BOOK 1  
TERMS 1 & 2

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ihlalise  
ngokwesiTatimende  
seKharukhyulamu  
nomThethomgomu  
wokuhlola

## iGreyidi



# AmaKghono wepilo NGESINdebele

Incwadi 1  
Ithemu 1&2



Ibizo:

Itlasi:
---------



**basic education**

Department:  
Basic Education  
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# Amalanga aqakathekileko 2015

AmaHolideyi weLizweloke weSewula Afrika:

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Ilanga eliqakathekileko lesikhumbuzo sama-Islamu:

Ilanga eliqakathekileko lesikhumbuzo sakaBahá'í:

AmaLanga weenTjhaba eziBumbeneko:



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Published by the Department of Basic Education  
222 Struben Street  
Pretoria  
South Africa

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Sixth edition 2016

ISBN 978-1-4315-0234-9

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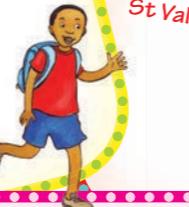
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liLanga labeNtwana beenTradeni



## UFeberbari

Mhla ama-2 kuMhlolanja liLanga  
lePhasi lamaChaphozi   
Mhla ali-14 kuMhlolanja, liLanga le-  
St Valentine



## U-Apreli

Mhla ali-3 kuSihlabantanga, liLanga  
leGudi   
Mhla ali-4 kufika mhla ama-11  
kuSihlabantanga, leleNyuko   
Mhla ali-5 kuSihlabantanga, lilanga lomkhosi  
wokuVukav   
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lomDeni   
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lezePilo   
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leenTjhabatjhaba laboMma emHlabeni   
Mhla ama-27 kuSihlabantanga, liLanga  
leKululeko



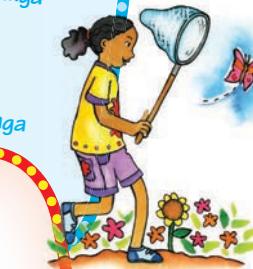
## UMeyi

Mhla li-1 kuMrhayili, liLanga  
lezabaSebenzi   
Mhla ali-10 kuMrhayili, liLanga  
laboMma   
Mhla ali-15 kuMrhayili, liLanga  
leenTjhabatjhaba lezeminiDneni



## UJuni

Mhla li-01 kuMgwengweni, liLanga labaBelethi  
iPhasiloke   
Mhla ali-4 kuMrhayili, liLanga leentjhabatjhaba  
labeNtwana abalAlekko   
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yi-Eid-Ul-Fitr (kuphela  
kwamalanga weRamadan)  
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Mandela   
Mhla ama-30 kuVelabahlinze,  
lobuNgani



## UArhostesi

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laboMma   
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liLanga leenTjhabatjhaba  
abantu abasebenzisa izandla  
zangesinceleni



## UOktoba

Mhla ama-2 kuSewula, liLanga leenTjhabatjhaba  
lokuNgabinenturu   
Mhla ama-5 kuSewula, liLanga lePhasiloke  
laboTitjhore   
Mhla ali-11 kuSewula, liLanga leenTjhabatjhaba  
lomNtwana womNtazana   
Mhla ali-14 kuSewula, liLanga le-Al-Hijira  
(umNyaka omuTjha wama-Islamu)   
Mhla ali-15 kuSewula, liLanga  
leenTjhabatjhaba laboMma  
bezAbelweni



## UNovemba

Mhla ali-11 kuSewula, lilanga  
leDeepavali (iDiwali)   
Mhla ali-12 kuSewula, lilanga  
leVikram (UmNyaka omuTjha  
we-2072)   
Mhla ama-20 kuSikinyikhaba,  
liLanga Zombelele



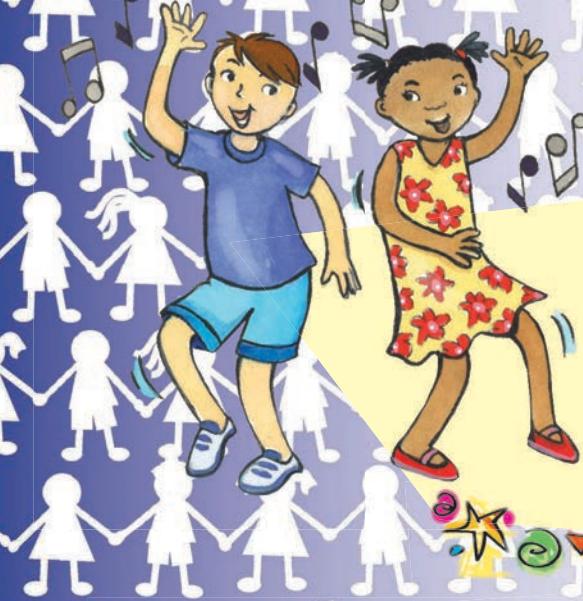
## UDisemba

Mhla li-01 kuNobayeni, lilanga  
lePhasiloke leNtumbantonga   
Mhla ama-3 kuNobayeni, liLanga  
leenTjhabatjhaba labanTu abaphila  
nokuKhubaze   
Mhla ali-5 kufika mhla ali-14 kuNobayeni  
lilanga leChanukah   
Mhla ali-16 kuNobayeni, liLanga  
lokuBuyisana   
Mhla ama-25 kuNobayeni, liLanga  
lakaKresimusi   
Mhla ama-26 kuNobayeni, liLanga  
lokuLibalelana



# IGreyidi

1



AmaKghono wePilo  
**NGESINdebele**  
Incwadi yoku-I



Incwadi le ngeyaka:

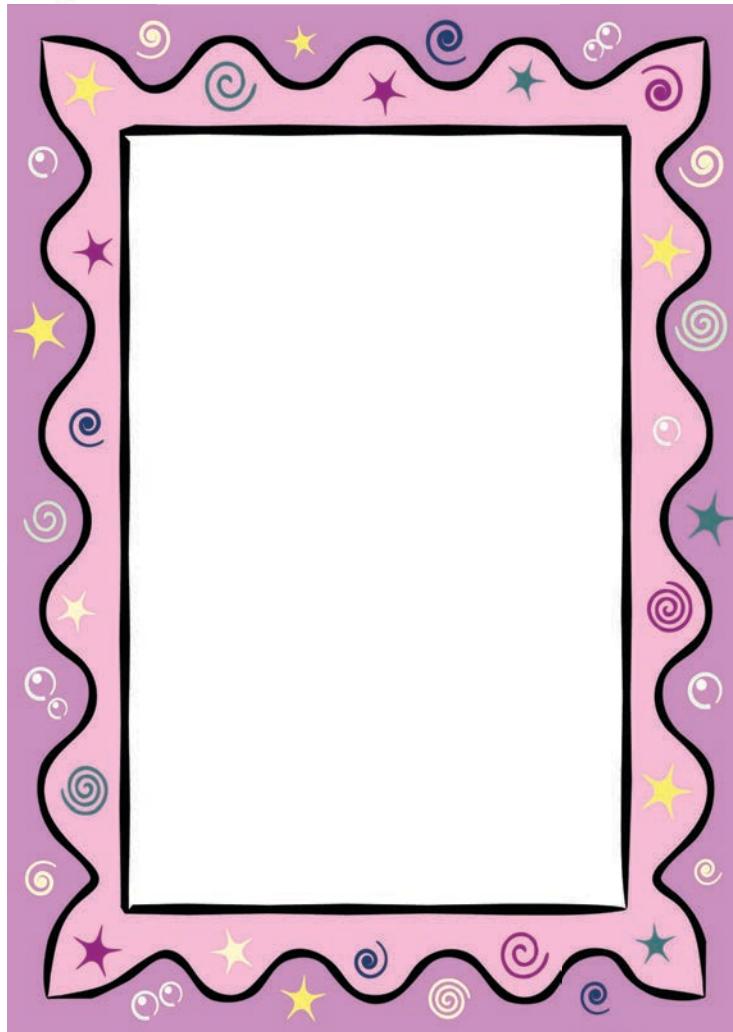


Ithemu - I - Iweke - I - Iphepha lokusebenzela



Asenzeni lokhu

Namathisela isithombe sakho  
nanyana gwala isithombe  
sakho lapha.



Isiphande sakwethu sithi;:

---



---



---

Ngiyazi kobana ilanga lami  
lamabeletho linini.

Ilanga: .....

iye	anginasiqiniseko	awa
-----	------------------	-----



Ibizo lami ngingu



Isibongo sami ngesa kwa

---

Ngineminyaka e \_\_\_\_\_  
ubudala.

Amalunga womndeni  
wekhethu si

---

Inomboro ye khaya  
yomtato ithi:

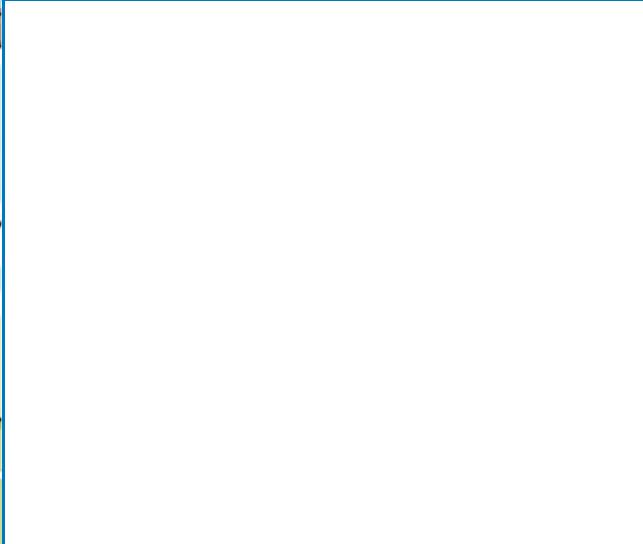
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USabelo udlala kuhle ibholo erarhwako.

Gwala okuthileko ozaziko kobana ukwenza kuhle.

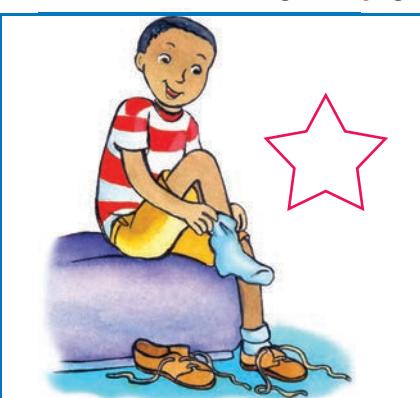


Cocela abangani bakho kobana yini ongakghona ukuyenza kuhle. Penda ngaphakathi kwekwekwezi engebhoksini ukukhombisa kobana yini ongayenza kuhle.

Asikhulumo



Ngiyakwazi ukufunda.



Ngiyakwazi ukuzembathisa.



Ngiyakwazi ukutlola.



Ngiyakwazi ukudansa.



Ngiyakwazi ukwenza itiye.



Ngiyakwazi ukutlubha nokuhlamba amazinyo wami.



# Imibala nokudansa

Ithemu - I - Iweke - I - Iphepha lokusebenzela



Asenzeni lokhu

Uyayazi imibala elandelako? Tjela umngani wakho kobanyana ibizwani imibala elandelako le.



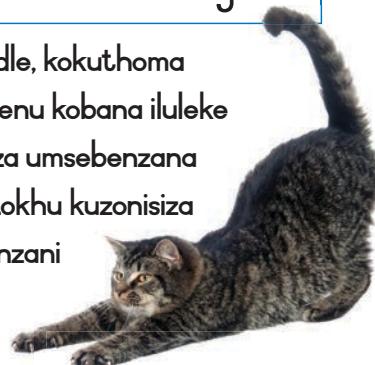
Kwanjesi Penda isithombe ngasinye ngombala ofaneleko.

Ibhanana elisarulani	I-abhula elibomvu	Ijersi ehlaza kwesibhakabhaka
Isambreli semibalabala	Ilamune eli-orientji	Ikari elihlaza kotjani



Asithuthuke

Ngaphambi kobana nenze umsebenzana ngaphandle, kokuthoma ziluleni njengokatsu. Lokhu kuzokwenza imizimba yenu kobana iluleke beyinyakaze kuhle. Begodu nasele niqedile ukwenza umsebenzana lowo, zeluleni ukuze niledlhe benipholise imizimba. Lokhu kuzonisiza kobana ningewza ubuhlungu bemisipha. Kwanje yenzani lokhu abentwana laba abakwenzako.



Vuma "Ihloko namahlombe" lokha nawu:

- yenza sengathi udlala ipiyano.
- yenza sengathi udlala igatara.





Ukuzithabisa

Betha izandla zakho ngendlela elandelako.



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha

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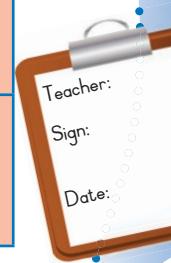
Asenzeni lokhu

Uyakwazi ukwenza izinto lezi ezilandelako? Tjengisa abangani bakho.

Ngiyakwazi ukugijimela mahlangothi woke ngingatjhayisani nomuntu.

Ngiyakwazi ukweqa intambo yomdlalo weqathulo.

Ngiyakwazi ukugeda ibholo ekulu ngiyigedele kumngani wami.



# Soke siqakathekile

Ithemu - I - Iweke - 2 - Iphepha lokusebenzela



Asikhulume

Qala isithombe bese ucocela  
abangani bakho ngomehluko  
owubonako ngabentwana laba.



## Okukhulu nokuncani

Abanye bethu bakhulu, abanye sibancani.

Abanye bethu bade, abanye bafitjhani.

Abanye bethu bayakwazi ukweqa, abanye bethu  
bakwazi ukuvuma.

Kukhona okuthileko sisoke esingakwenza  
kuhle khulu?

Ngikuphi ongakwenza ngcono?



Asikhulume

Cocela abangani bakho kobanya  
wazizwa njani ngelanga lakho  
lokuthoma esokolweni.

uthabile	udanile	uthabe khulu	usilingekile	unamahloni



Asigwaleni

Gwala isithombe utjengise kobana **ungazizwa njani** lokha omunye  
nakangakupha ithoyi. Tlola imizwa leyo esikhale ni esingenzasi.



## Asikhulume

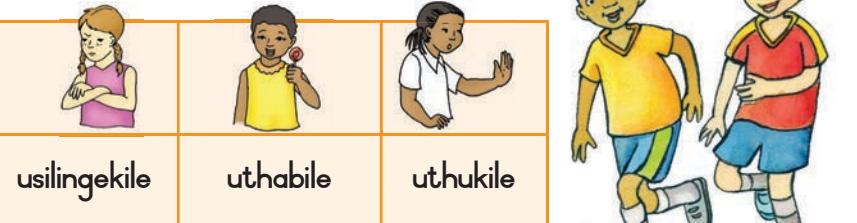
Tjela umngani wakho kobana kwenzekani esithombeni ngasinye.  
Yitjho kobana ungazizwa njani lokha lokhu nange kungenzeka kuwe.  
tshwaya ipendulo enembako.



Umsana omkhulu  
ukwemuka izinto.

uthabile	uthabe khulu	udanile

Wena nomngani wakho  
nidlala ndawonye.



Uvula isipho.

uthukile	uthabe khulu	unamahloni

Umntwana wakwenu  
wephule isidlalisi sakho  
osithandako.

unamahloni	uthabile	usilingekile



## Asenzeni lokhu

Gadangisa umuno wakho phezu kwebhoksi lokuthoma, bese ubawa  
umngani wakho kobana naye agadangise umuno wakhe phezu  
kwebhoksi lesibili eliseduze.

Uthi bewazi kobana akunamuntu  
ofana nawe nemino egadangisiweko?  
Uqakathekile ngombana uwedwa tere  
ephasini mazombe. Namawele akanayo  
imino egadangisiweko efanako.

--	--

Ungakwazi ukubona bonyana  
imino egadangisiweko ayifani?



# Soke sehlukile begodu asifani



Qala abentwana laba.  
Bafana ngani?  
Bahluke ngani?



Qala isithombe lesi bese uyatjho kobana isitatimende lesi **siliqiniso**  
nanyana **simamala** na.

Penda imitjho eliqiniso ngokuhlaza satjani.

Penda imitjho emamala ngokubomvu.



Boke banemikhono emi-2 nemilenze  
emi-2.



Boke bentazana.

Boke bambethe  
amanyathelo.



Boke bambethe amabhrugu.

Boke basese bentwana.



Boke baneenhluthu ezide.



Asigwaleni

Gwala isithombe sakho esikhali sokuthoma. Kwanjesi gwala isithombe somngani wakho omkhulu. Nasele ukwenzile lokho, qala eenthombeni ukuze ubone bonyana wehluke kangangani kunomngani wakho.

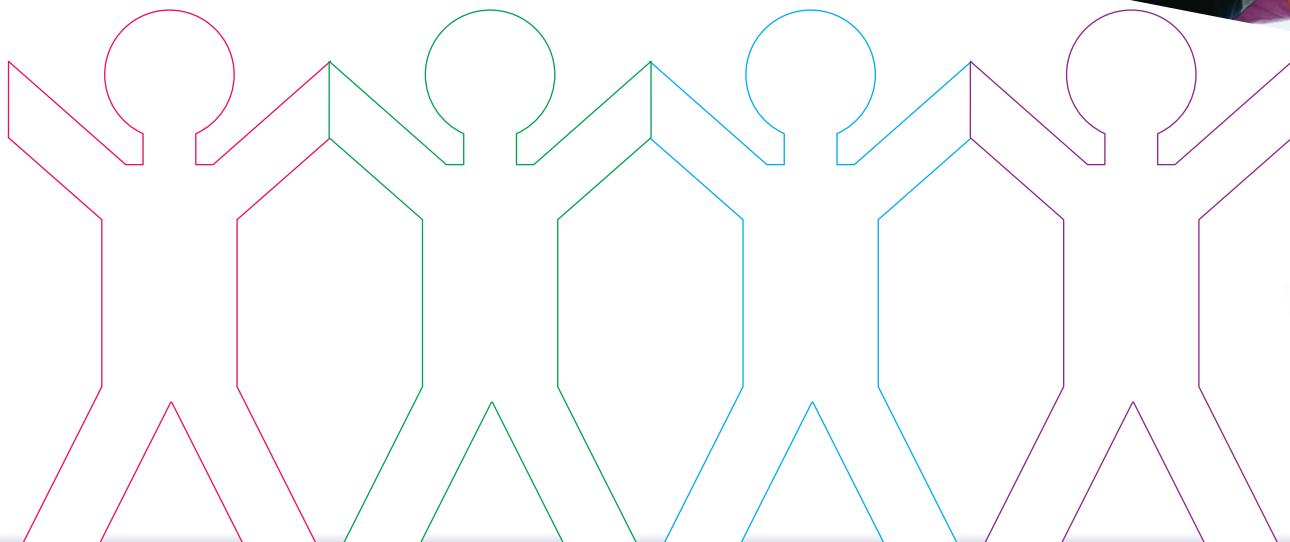


Mina	Umngani wami



Asenzeni lokhu

Penda ngaphakathi kwetjheyini le yobungani utjengise kobana omunye nomunye wehlukile kunomunye. Nasele ukwenzile lokhu, ungasika ukhuphe iketani yobungani kibosika encwadini le.



Teacher:  
Sign:  
Date:

# Vuma ingoma

Ithemu - I - Iweke - 3 - Iphhepha lokusebenzela



Ngaphambi kokuthi uvume yenza lokhu. Dosela umoya khulu ngaphakathi bese uyawukhipha kancani kancani. Yenza sengathi uvuthela ikeresi yekhekhe ngelanga lakho lamabeletho. Yenza sengathi uzwa amakhaza uthi, "Brrrrrrrrrrrrrrr".



## Iimfenyana ezihanu

Iimfenyana ezihanu, zeqayeqa embhedeni.

Enye yawa, yalimal 'ehloko.  
Unina wabiz' uدورهودرہ.

Uدورهودرہ wathi, "Akungasabi nefenyana ezokweqayeqa embhedeni!"

Iimfenyana ezine, zeqayeqa embhedeni.

Enye yawa, yalimal 'ehloko.  
Unina wabiz' uدورهودرہ.

Uدورهودرہ wathi, "Akungasabi nefenyana ezokweqayeqa embhedeni!"

Iimfenyana ezintathu, zeqayeqa embhedeni.

Enye yawa, yalimal 'ehloko.  
Unina wabiz' uدورهودرہ.

Uدورهودرہ wathi, "Akungasabi nefenyana ezokweqayeqa embhedeni!"

Iimfenyana ezimbili, zeqayeqa embhedeni.

Enye yawa, yalimal 'ehloko.  
Unina wabiz' uدورهودرہ.

Uدورهودرہ wathi, "Akungasabi nefenyana ezokweqayeqa embhedeni!"

Ifenyana eyodwa, yeqayeqa embhedeni.

Yase iyawa, yalimal 'ehloko.  
Unina wabiz' uدورهودرہ.

Uدورهودرہ wathi, "Akungasabi nefenyana ezokweqayeqa embhedeni!"

Khumbulani mfenyana kobana uدورهودرہ utheni.

"Akungasabi nefenyana ezokweqayeqa embhedeni!"





## Asigwaleni

Gwala ubuso bakho.  
Tjengisa amehlo wakho.  
Tjela abangani bakho kobanyana uqaleka njani.



## Asithuthuke

Yenzani isiqabo  
ngaphandle kwetlasi  
njengalesi nisizana  
notitjhhere.

Khwela phezu kwesihlalo  
weqelete phezu kwesinye.

Khasa ngamadololo  
ngaphasi kwetafula.



Teacher:
Sign:
Date:

# Ngiyazikhakhzisa ngesikolo sami

Ithemu - 1 - Iweke - 4 - 5 - Iphepha lokusebenzela



Asenzeni lokhu

Gwala isithombe sakho lapho wembethe khona ijinifomu yakho wesikolo. Zaliselela ngependulo eenkhaleni.



Ngiya esikolweni nge

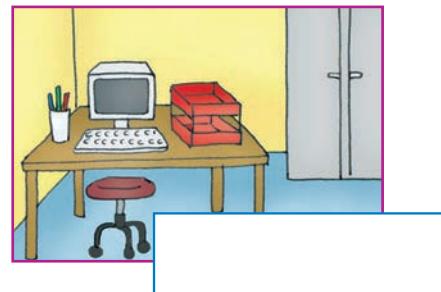
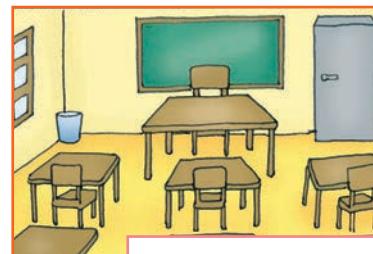
Isibongo sakatitjhere wami

Isibongo uprinsipali wami



Asitlole

Qalisisa iinthombe. Ngemva kwalapho sika igama elinembako ulinamathisele eduze kwesithombe.



ikamera  
lokulondoloza  
ipahla  
yeemvakatjhi

itlasi

i-ofisi

umabhalana

itatawu  
lokudlala





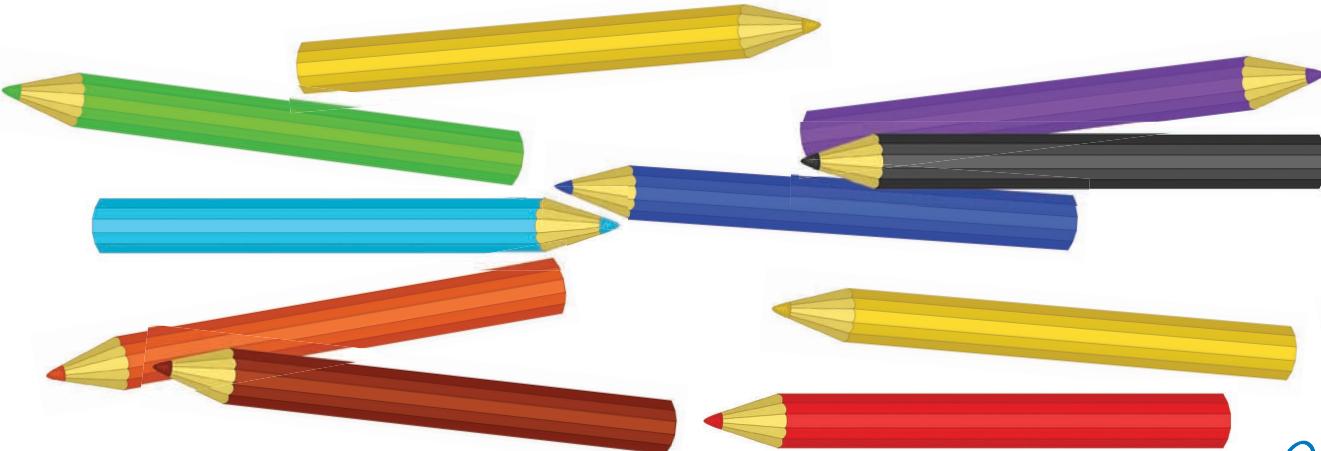
### Axitlolo

Bobaniabantu abahlukeneko abasebenza esikolweni? Qalisisani isithombe bese nicocisana ngokuthi bobani nokuthi benza miphimisebenzi. Ngemva kwalapho, sikani iinthombe ezinemba bese nizinamathisela eduze kwestithombe esinemba. Hlathululela mngani wakho kobana ukhamba njani nawuya e-ofisini yakaprinsipala, endlini yokuzithumela kunye nebaleni lokudlala.



### Ukuzithabisa

Isikhwama saka Jabu seempensela siwile. Bala kobanyana unamakhrayoni amangaki, bese utlola inomboro enembako ngebhoksini. Esiqetjhaneni sephepha, gwala isithombe usebenzise iimbala ekhanyako. Utjengise kobana wena nomngani wakho nidlala njani. Gwala ifreyimu izombeleze isithombe.



abentwana

ohlwengisako

utitjhhere

uprinsipali

# lindawo ezihlukeneko

Itthemu-1 – I'veke-4 – Iphepha lokusebenzela

Asenzeni lokhu

Tjengisa abangani bakho kobana  
uyakghona.

Ngizifihle ngaphasi  
kwetafula.

Zifihle ngaphasi  
kwento ethileko.



Sithela ngemuva  
kwento ethileko.



Jama eqadi kwento ethileko.



Jama phezulu kwento ethileko.

Asithuthuke

- Sebenzisa ibholo nanyana umgodlana onamatjana.
- Yiphosele phezulu bese uayigenda.
- Kwanjesi thwala umgodlana onamatjana ehloko bese ukhamba phezulu komuda othaliweko.

Ngiyakwazi ukuphosa.



Ngiyakwazi ukugeda.



Ngiyakwazi ukuthwala  
umgodlana onamatjana ehloko.





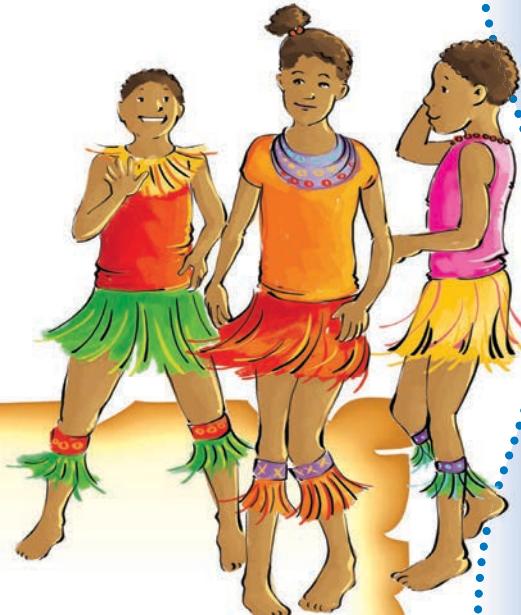
Asithuthuke

Gadangisa iinyawo zakho  
ngephetheni le elandelako.

Nc = Ngesincele ni



Si = Ngesidleni

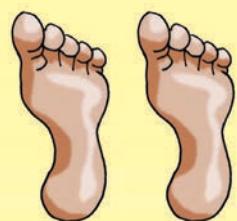


Nc Si

Nc

Si

Nc



Si Nc

Si Si

Nc

Si

Nc

Si



Nc Nc Si

Nc Nc

Si Si Nc

Si

Teacher:  
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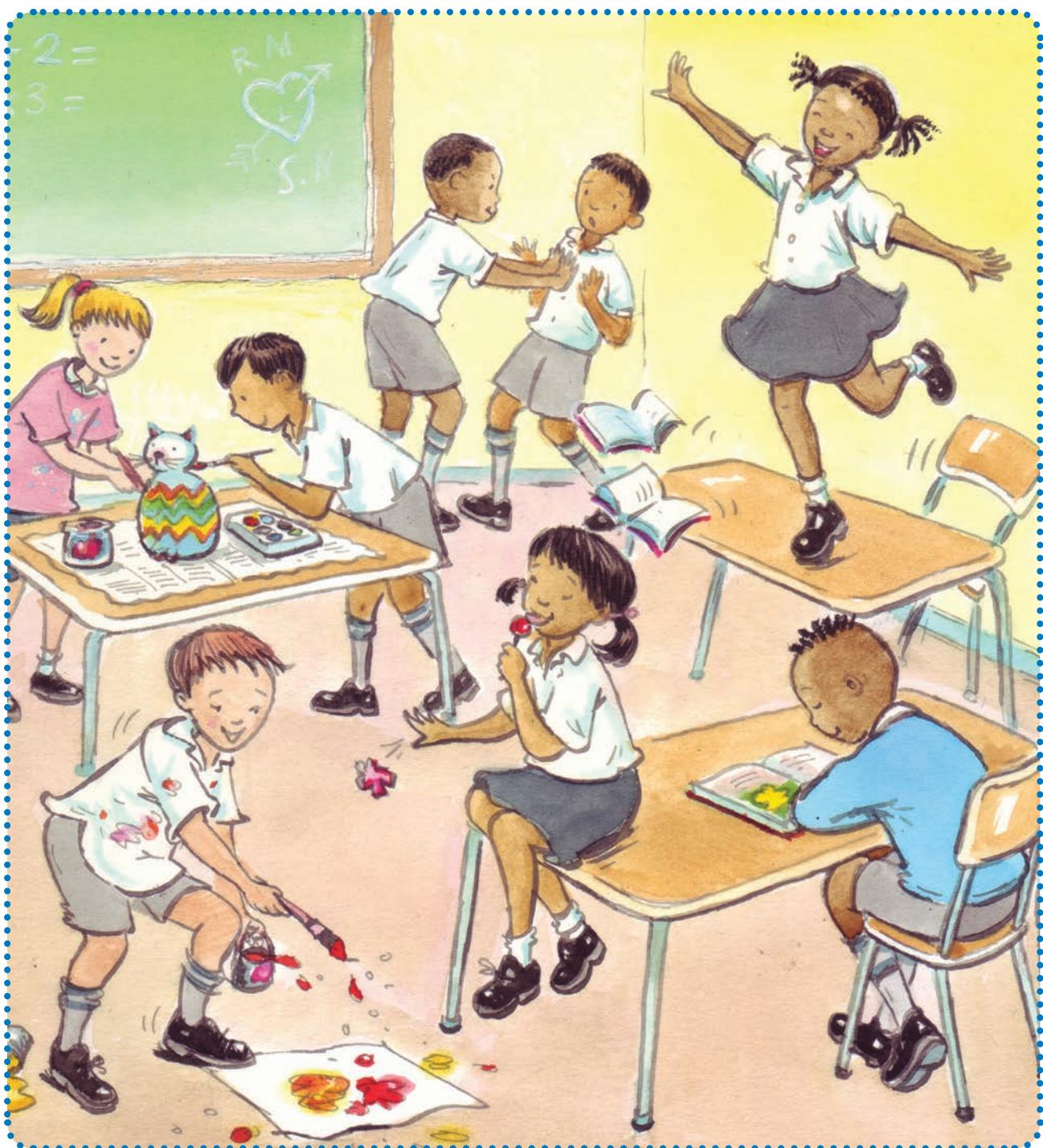
# Itlasi lami

Asikhulume

Qalisisa isithombe lesi bese ucoca ngalokho okubonako.

Ngetlasini leli izinto ezimbi nezhle ziyanze ka.

Ubona muphi umukghwa omuhle? Ubona muphi umukghwa omumbi?

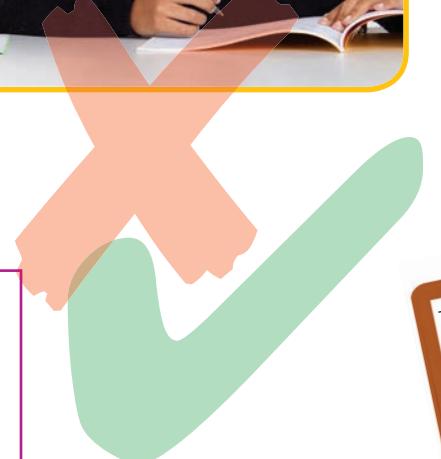
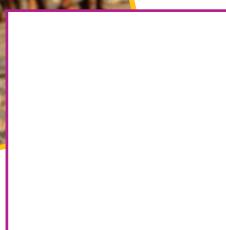




Asikhulume

Gwala ithiki

eduze kwayo yoke imikghwa elungileko bese utlole isiphambano  
eduze kwayo yoke imikghwa emimbi engenzeka esikolweni.



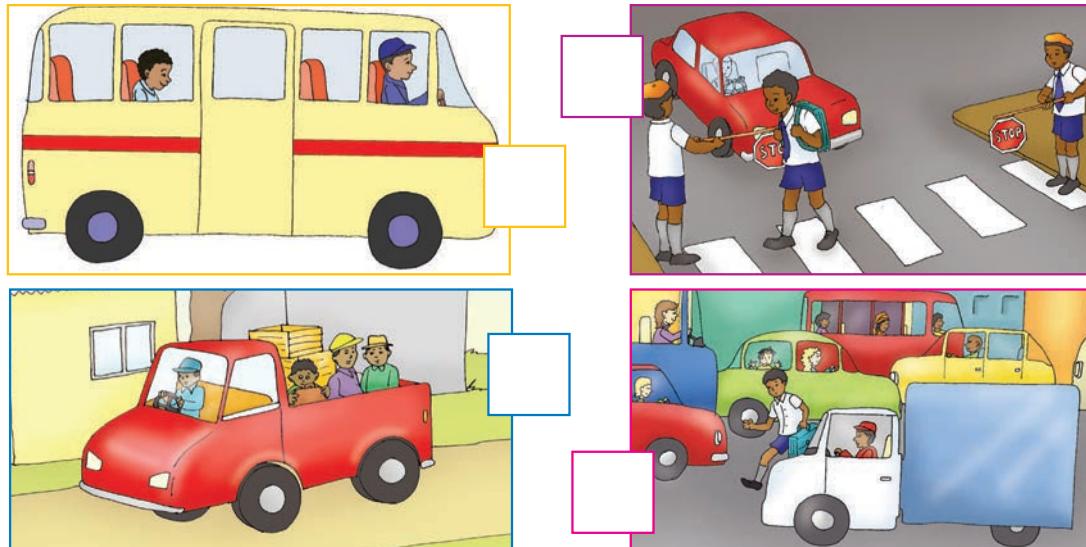
Teacher:	.....
Sign:	.....
Date:	.....

# Idlela esikhamba ngayo nasiya esikolweni



Asikhulume

Uya njani esikolweni kwelinye nelinye ilanga? Uphephile na? Kukhona iidlela ozaziko ezingakaphephi? Coca nabangani bakho kobana abentwana laba bakhamba njani nabaya esikolweni. ✓ Thika iidlela lezo eziphephileko eziya esikolweni. Beka isiphambano eendleni lezo ezingakaphephi ✗.



Ukhamba ngani nawuya esikolweni ekuseni?



Asenzeni lokhu

Kwanjesi buza abangani bakho babebahlanu kobana baya ngani esikolweni. Tshwaya iidlela abazisebenzisako ekhadini elingenzasi.

ngeenyawo	
ngebhesi	
ngekoloyi/ngeveni	

Amabizo wabangani



1	2	3	4	5



Asithuthuke

Ngingagijima umjikelezo wezig zeg.

Iye

Awa

Nangijimako, ngingakghona ukutjhugulukela ngemahlangothini lapho utitjhhere angilayela ngakhona.



Asenzeni lokhu

Gwala isithombe ukutjengisa kobana ukhamba njani nawuza esikolweni.



Asithuthuke

Lalela umvumo utitjhene wakho azokudlalela wona.

Tjhideza umzimba wakho emdumeni womvumo.

Goba amadolo bese welula iinyawo zakho.

Sikinya amahlombe wakho aye phasi naphezulu.

Sikinya idini lakho liye ngesidleni liye nangesincqeleni.



Asithuthuke

Wena nomngani wakho phosani benigede ibholo.

Sebenzisani isandla senu eningakavamisi ukusisebenzisa niphose ngaso ibholo.

Ngikwazile ukuphosa ibholo ngesandla sami  
esingakavami ukusebenza?



Asithuthuke

Wena nomngani wakho lingisani  
ingolovana nayikhambako.



# Ngihlala ngihlwengekile

Ithemu - I - I'veke - b - Iphēpha lokusebenza



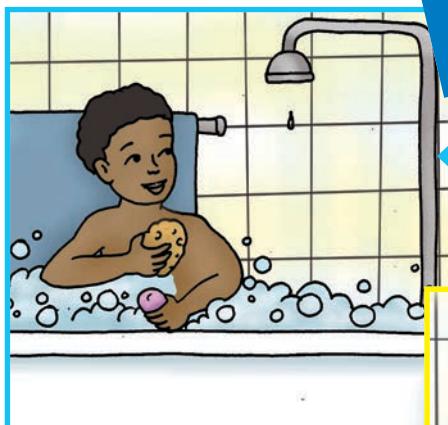
Ingabe kuqakathekile na kobana ufunde imikghwa kabancani.  
Lezi ngezinye zezinto ongazenza kobana uhlale uhlwengile begodu hlale  
uphilile. Coca ngesinye nesinye isithombe.



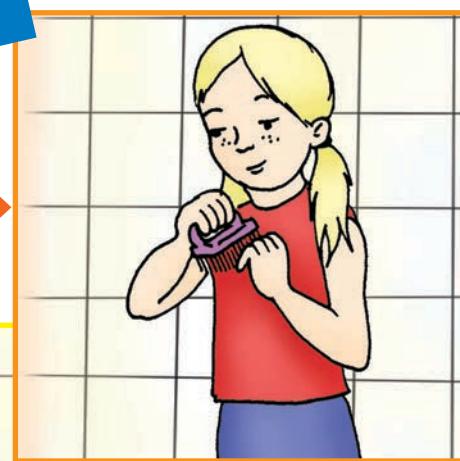
Ngitlubhe amazinyo.



Ngihlambe izandla zami.



Ngihlambe umzimba wami  
njalonjalo.



Ngigcine iinzipho zami  
zihlanzekile.



Ngisebenzie ithitjhü lokha  
nangingendlwani yokuzithumela.



Ngihlanze isithelo  
ngaphambi kokusidla.



Sebenzise ithitjhü lokha  
nangifinyako nanyana ngithimula.

**Kufanele  
ngi-**



Asitlole

Ngikuphi okutlhogako kilokhu okulandelako ukuze uhlale uhlwengile? Penda ngaphakathi kwekwekwezi ukutjengisa into oyisebenzisa ko ukuze uhlale uhlwengile? Yitjho nokobana uyisebenzisa njani into leyo ukuze uhlale uhlwengile?



Tshwaya utjengise kobana ungakghona ukwenza lokhu:

iye      awa

Ngingakhwelela isitepisi ejimini yejangele.

Ngingsebenzisa izandla zami ukutjhidela phambili.

Ngingakhasa ngaphasi kwejimini yejangela.



# Imikghwa elungileko

Ithemu - I - I've kee - b - I phepha lokusebenzela



Asifunde

Imikghwa elungileko  
yokusebenzisa indlwana  
yokuzithumela.

**Khumbula**



Nangabe ungcōlisile, yihlanze  
ungayitjhiyi ingcolile.



Khumbula ukupula  
nanyana ukudosa ngemva  
kokusebenzisa indlwana  
yokuzithumela.



Vala umnyango njalo  
nawungendlwaneni yokuzithumela.



Ungasebenzisi ithitjhū  
enengi khulu.



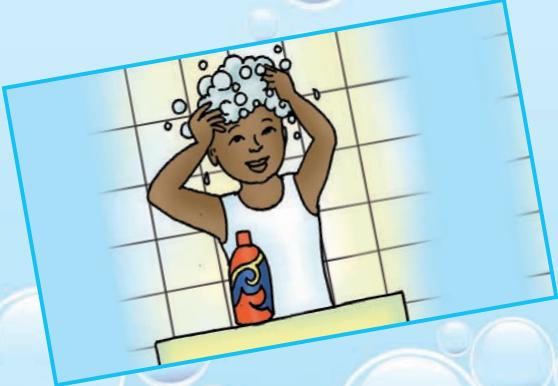
Hlamba izandla zakho njalo njalo ngemva  
kokusebenzisa indlwana yokuzithumela.



Asitlole

Ndulungela igama elisitjela kobana sifanele ukusebenzisa nini izinto  
lezi ezilandelako.

## Ukuhlamba iinhluthu zakho.



malanga woke

ekuseni nantambama

kabili ngeveke

kanye ngeveke

## Ukuhlamba amazinyo.



malanga woke

ekuseni nantambama

kabili ngeveke

kanye ngeveke

## Ukuhlamba umzimba.



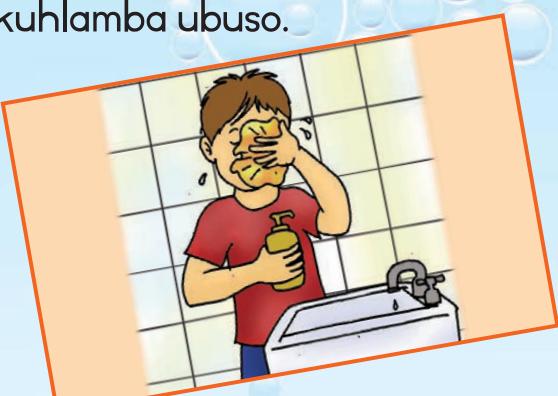
malanga woke

ekuseni nantambama

kabili ngeveke

kanye ngeveke

## Ukuhlamba ubuso.



malanga woke

ekuseni nantambama

kabili ngeveke

kanye ngeveke



Teacher:

Sign:

Date:

# Ngiyazahlwengisa

Ithemu - I - I've ke - b - Iphepha lokusebenzela



Dlalani nilingise "uSimon uthi" notitjhhere wakho.

Funyana indawo yakho ephephileko ukuze unga tjhayisani nabanye.  
USimon uthi "**thinta ihloko yakho**".



Tjengisa umngani wakho kobana  
ukwenza njani lokhu...

Hlamba izandla zakho.



Kama iinhluthu zakho.



Sula izandla zakho.



Hlamba amazinyo  
wakho.

Hlamba ubuso bakho.





Asithuthuke

Lingisa umdumo olandelako.

**Ngiyakwazi ukuwahla izandla zami**

**Begodu nokubeka inyawo lami**

**Ngiyakwazi ukusikinya ihloko yami**

**Nokujuguja imikhono yami**

**Ngiyakwazi ukujama ngamazwani**

**Bengithinte ipumulo yami.**



Teacher:
Sign:
Date:

# Imikghwa emihle yepilo

Ithemu - I - I'veke - 7 - Iphēpha lokusebenzela



Asifunde

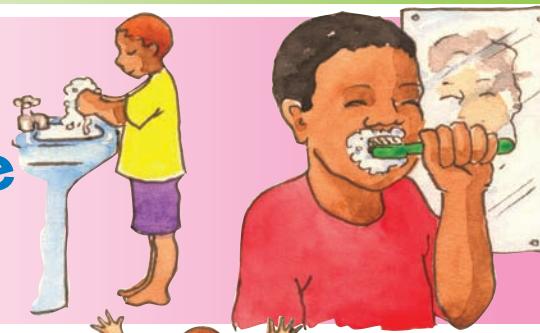
Khuyini esikuthlhogako ukuze sihlale siphilille!

**Ukudla  
okunepilo**



**Ukuzithabulula  
njalo njalo**

**Ukuhlala  
sihlwengile**



**Ukubasendaweni  
ebetha ummoya**

**Ukulala okwaneleko  
ingasikho  
ukubukela khulu  
umabonwakude!**





✓ Khetha okukhambisana nemikghwa emihle yepilo ehle bese ukhetha  
okukhambisana nemikghwa emimbi yepilo embi. X



Teacher:
Sign:
Date:

# Ukuhlwengisa nokubutha

Ithemu-1 – Iweke-7 – Iphepha lokusebenzela



Asenzeni lokhu

Khombisa kobana uzisebenzisa  
njani izinto ezilandelako.



ibhratjhi yamazinyo

isibha



isizeso sezandla



ikama



ibhratjhi yamazipho



isitlubho samazinyo



itjhampu



ibhratjhi



itlibhara yamazipho



## Asithuthuke

Bambanani ngezandla nenze isiyinqi esikhulu.

Kwanjesi dluliselanani ibholo esiyinqini enikiso.

Ngezelani ngenye ibholo nayo niyidluliselelane.

Ngezelani ngebholo yesithathu nayo niyidluliselelane.



## Asikhulume

Yini eyenza indlu le isilaphazeke?

Yini ekufanele uyenze ukuze uhlwengise indlu le?

Abentwana benzani? Bafanele kobana benze ini ?



Teacher:
Sign:
Date:

# Ubujamo bezulu engibuthandako

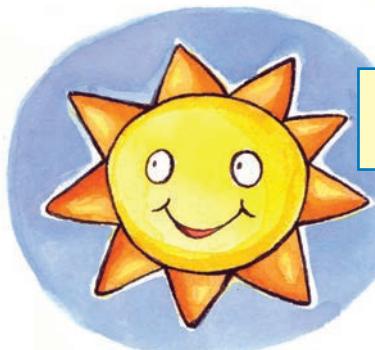
Ithemu - I - I've ke - 8 - Iphephä lokusebenzela



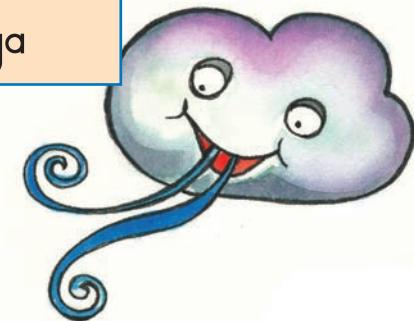
Asikhulume

Qala ebujameni bezulu obuhlukahlukeneko bese ucocela umngani wakho kobana ngibuphi ubujamo bezulu obuthandako.

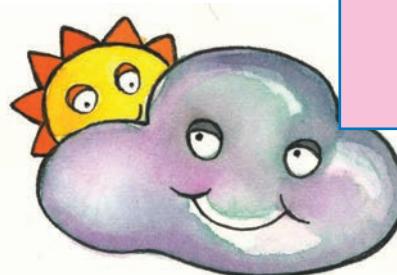
kunommoya



kunelanga



liyana



kunamafu  
bekumakhaza



Kezinye iindawo zephasi lekhethu ngezinye iinkhathi kubamakhaza belikhithike.

Kesinye isikhathi kubanommoya, ummoya onamandla, lokhu kubizwa ngokuthiwa yi-harikheyini.



Asenzeni lokhu

Gwala isithombe sakho unethwa lizulu nanyana lokha nalikhithikako.

Gwala isithombe sakho phezu kwephepha elikhulu, usebenzise amakhrayoni wewax.

Hlanganisa umbala ohlaza kwesibhakabhaka wokupenda ukudla bese upenda phezu kwekhasi loke.

Thintithela ipende emhlophe phezu kwesithombe.

Ilanga: .....



Asifunde

Sisebenzisa itjhadi yokutjengisa ubujamo bezulu kobana bunjani. Sisebenzisa amatshwayo ukuyelelisa kobana ubujamo bezulu obuhlukahlukene ko bujani. Amatshwayo esiwasebenzisa ngilawa alandelako.

liyatjhisa



linamafu

liyakhithika



Asikhulume



Asenzeni lokhu

Tjela umngani wakho kobana wembatha umhlobo onjani wezambatho ebujameni obunye nobunye bezulu.

Gwala amatshwayo wobujamo bezulu ukuze wenze yakho itjhadi yobujamo bezulu beveke.

NgoMvulo

NgeLesibili

NgeLesithathu

NgeLesine

NgeLesihlanu



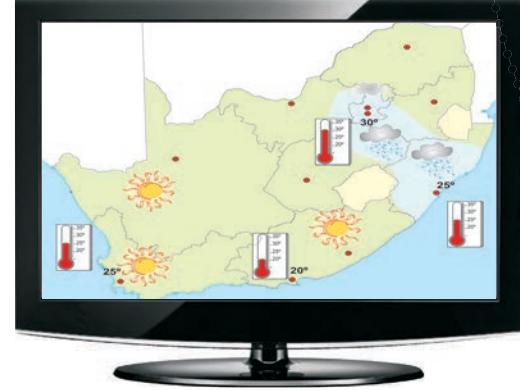
Asitlole

Ubujamo bezulu be bunjani iveke le?  
Qedelela ngamagama atlhayelako.

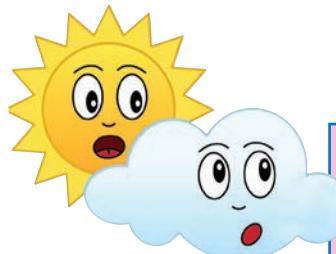
Namhlanje ku \_\_\_\_\_.

Izolo beku \_\_\_\_\_.

Nginethemba lokobana kusasa kuzabe \_\_\_\_\_.

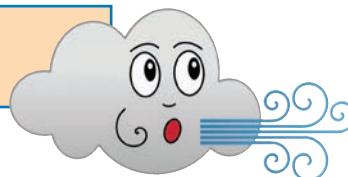


liyana



lithe phara-phara  
ngamafu

kunomoya



# Ubujamo bezulu

Ithemu - I - Ivéke - 8 - Iphepha | okusebenzela



Asenzeni lokhu

Lingisa ubujamo bezulu obuhlukahlukeneko.



Lula izandla zakho uzelulele ngehla kwehloko yakho wenze sengathi ulilifu elikhulu.



Unesambrela ukuze uzivikele elangeni.



Sikinyeka njengomuthi lokha nawuphephulwa mummoya.



Bamba isambrela sakho ngamandla ukuze singaphephulwa mumoya onamandla.



Ilanga: .....

Lingisa amathosi  
wezulu lokha  
nakathontela phezulu  
kwamasenge.

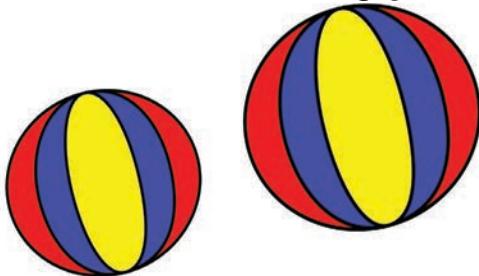




### Asithuthuke

Bambanani ngezandla ukuze nenze  
isiyungi esikhulu.

Phoselanani ibholo beniyigende.



Cabanga iindlela ezahlukeneko  
zokukhambisa ibhimu ngendalela  
efaneleko. Linga ukusebenzisa indlela  
ehlukileko kinaleylo esetjenziswa  
ngabanye abafundi.



### Ukuzithabisa

Dlalani umdlalo wehopskotjhi.

Gwalani amabhlogo neendulungu  
phasi esanden.



### Asithuthuke

- Tjela umngani wakho kobana weqa njani lokha nawudlala umdlalo wokweqa intambo.
- Utitjhere wakho uzokutjengisa kobana udlala njani imidlalo yakadeni.



# Umndeni wakwethu



**Asikhulume**

Uthi bewusazi kobana imindenि eminengi ayifani?

Eminye imindenि mikhulu eminye mincani.

Eminye imindenि inabo abomma nabobaba eminye ayinabo.

Eminye imindenि ihlala nabogogo, abomkhulu, abomalume, abokghari nabomzala.



Qala iinthombe ezilandelako bese ucocela umngani wakho kobana umehluko okhona esithombeni ngasinye ngimuphi. Sebenzisa amagama la angebhoksini.

umma

ubaba

udade

umkhulu

umfowethu

umntwana

ugogo

umndeni





Asitlole

Ngubani ohlala nani kwenu?

Nihlala nobani emndenini wakwenu?



Emndenini wekhethu kunabantu \_\_\_\_\_.

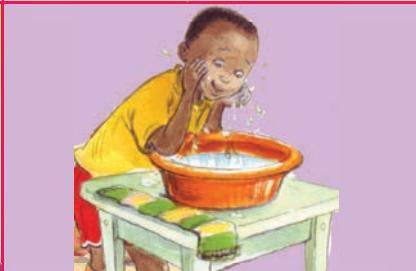
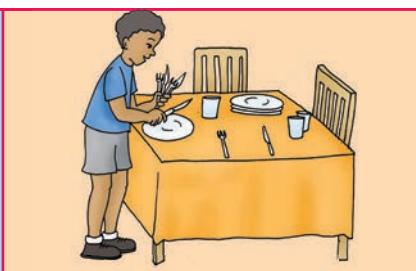
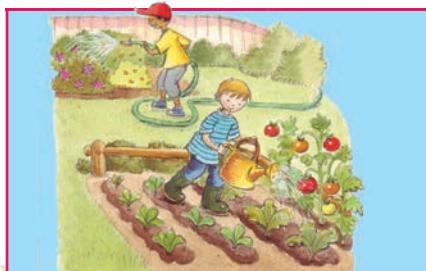
Ngubani ongomncani emndenini wekhenu? \_\_\_\_\_

Ngubani omdala kwenu? \_\_\_\_\_



Asikhulumo

Soke sinemisebenzi yethu esiyenzako emakhaya. Qala isithombe bese unikela ibizo laloyo owenza umsebenzi lo ekhaya.



Ngisiza ngani ekhaya.

Teacher: \_\_\_\_\_  
 Sign: \_\_\_\_\_  
 Date: \_\_\_\_\_

# Umndeni wakwethu



Ukuzithabisa

Gwala isithombe salokho enikwenza ninoke kwenu. Yitjho kobana ibizo lakhe ngubani. Sebenzisa amagama alandelako azokusiza.

umma

ubaba

udade

umkhulu

umfowethu

isana

ugogo

umndeni



**Umndeni wakwethu**

# Sitlhogomela abanye



**Asifunde**

Amalunga womndeni kufanele atlhogomelane bekasizane ngaso soke isikhathi. Sikhombisa ithando ngokubambana sigonane besisize ukutjengisa ithando netjhejo.

- sisize omunye nakatlhoga isizo.
- sibenomoya ophasi besithobelane khulu ebantwini abadala.
- senze imisebenzi yethu ngesikhathi.
- sithembeke.



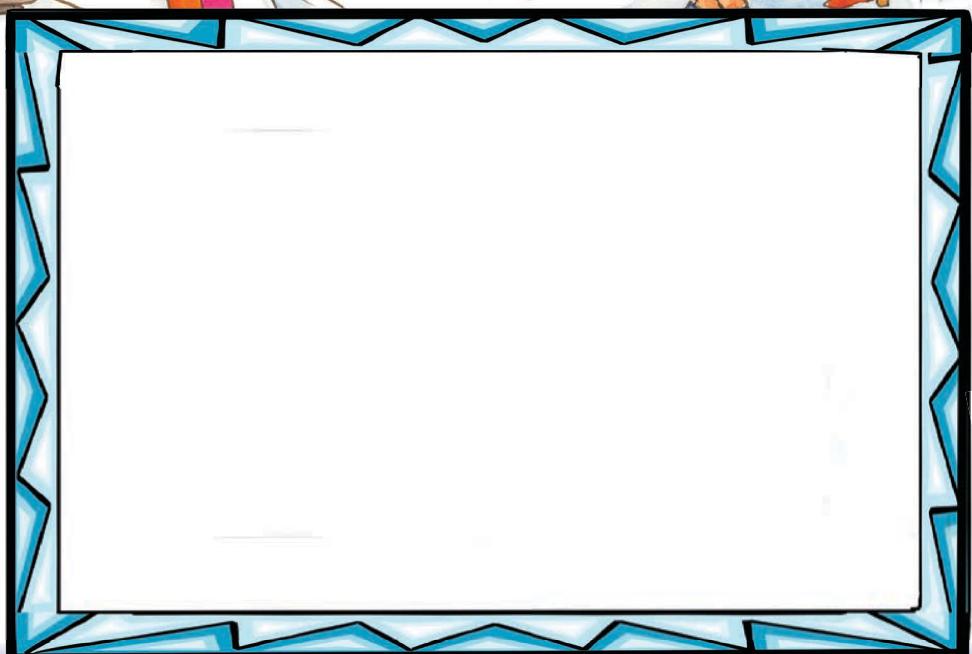
**Asikhulumu**

Qala iinthombe ezilandelako bese uyatjho kobana abentwana laba batjengisa njani ithando netjhejo abanalo emindenini yabo. Bese nenza umdlalo nilingise kobana kwenzekani esithombeni ngasinye.



**Asenzeni lokhu**

Gwala isithombe utjengise kobana yini oyenzako etjengisako kobana unethando lomndeni wakho. Cocela umngani wakho ngalokho okugwalileko.



# Tjengisa itjhejo onalo



**Asikhulume**

Coca ngokuthi amalunga la womndeni asiza njani emindenini.  
Nikela iinthombe ezilandelako iinomboro kusukela kweyo-l ukufika kweye-4  
ukutjengisa indlela ezilandelana ngayo.



**Asifunde**

Imisebenzi yethu yangantambama

Umma upheka ukudla.

Ubaba uhlanza iimpoto.

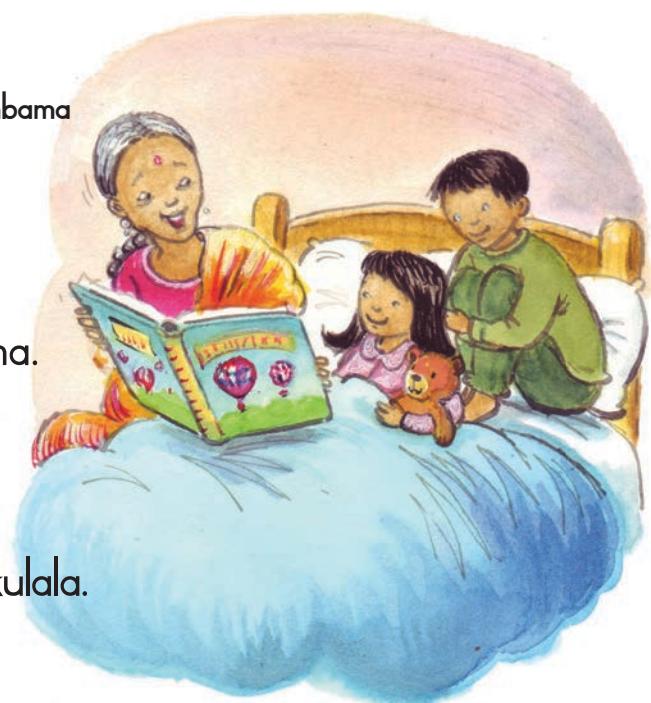
Mina nomnakwethu sisiza ubaba nomma.

Siyalekelela.

Sibutha sibeke ibisi noburotho.

Ngemva kwalokho bese silungela ukuyokulala.

Sibawa usicocele inolwana yebusuku!





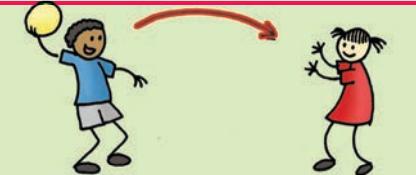
**Asenzeni lokhu**

Gwalela umuntu okutlhogomelako. Gwala isithombe bese utole nebizo lomuntu loyo.



**Asenzeni lokhu**

Ungakwenza lokhu okulandelako?

	uyakghona ukudluliselā ibholo kiloyo odlala naye ngokuyiqhula.	iye	awa
	uyakghona ukweqisa ibholo kiloyo odlala naye.	iye	awa
	uyakghona ukuqhula ibholo isuke emlotheni.	iye	awa
	uyakghona ukuqhula ibholo ibe iyokungena emgodini.	iye	awa
	uyakghona ukudlulisa ibholo hlangana neengodo ezibadlali.	iye	awa
	ungakghona ukurarhela kude ibholo.	iye	awa



# Ukuphepha ngaphakathi nangaphandle ekhaya (1)



**Asikhulume**

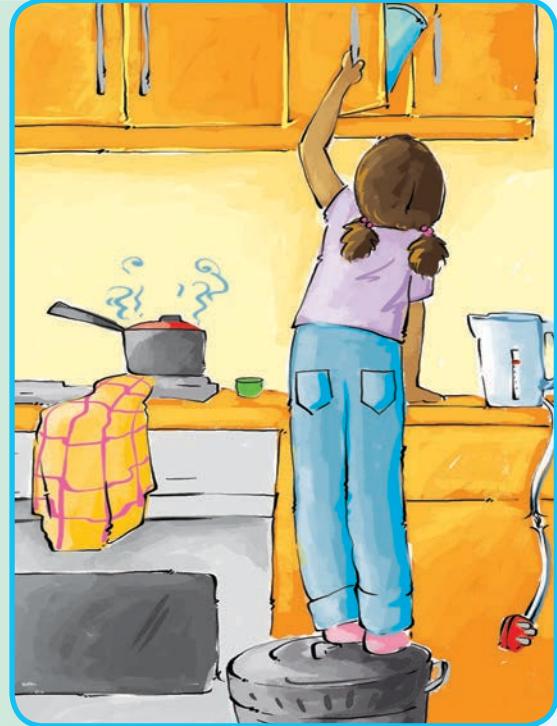
Kufanele sizizwe siphephile ngaso soke isikhathi nasisekhaya.

Sinelemuko lokabana zikhona iingozi ezingenzeka ekhaya.

Qalani iinthombe bese nicoca ngezinye zeengozi nabangani bakho.

## Ngekumbeni yokuphekela

- Ngasosoke isikhathi jikisa imikhono yeempoto namapani iye ngemuva kwesitofu.
- Ungatjhiyi imikhwa ebukhali nanyana kukuphi.
- Ukubeka ipharafini neenhlahla endaweni ephephileko.
- Ungatjhiyi izinto zokudlala nanyana kukuphi.



## Ngaphakathi kwekumba yokuhlambela

- Ungasebenzisi izinto ezisebenzisa igezi eduze namanzi.
- Izinto ezisebenza ngegezi ungazibeki eduze namanzi.
- Beka iinkere nemikhwa endaweni ephephileko ngekasini.
- Ungabolekani ibhratjhi yamazinyo nabanye abantu.

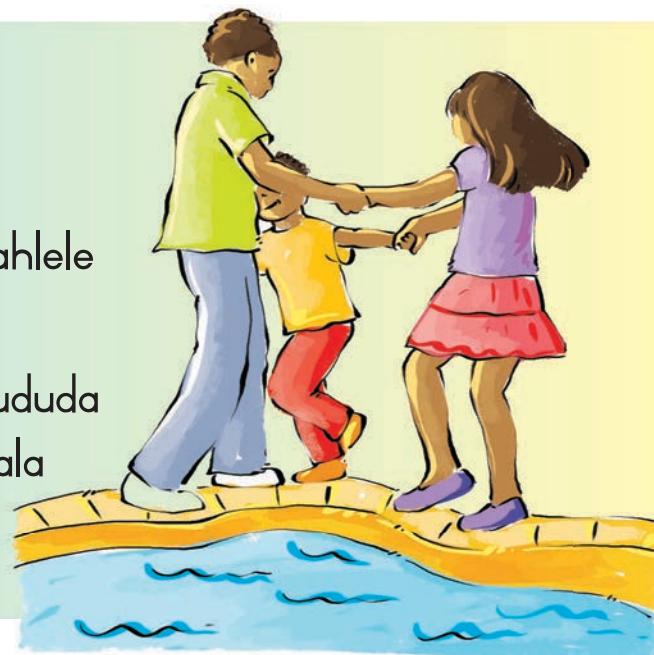


## Amawuruwuru, ukuphazima negezi

- Ungajami ngaphasi komuthi nakunamawuruwuru.
- Ungafaki izinto ngaphakathi kweplaga elisebodeni. Bawa umuntu omdala ukusize.

## Ngaphandle kwendlu

- Butha yoke into engakulimaza, njengamarhalasi aphukileko uwalahlele ngemqqonyini weenzibi.
- Ungadlaleli eduze kwendawo yokududa enamanzi kungekho umuntu omdala eduze kwakho.



## Ngaphakathi ngendlini

- Ungatjhiyi izinto zokudlala nokhunye ngaphandle.
- Ungadlali ngepharafini nanyana enye nenye into enetjhefu.
- Lokha nangabe intambo yeketlela nanyana ye-ayini ilimele, bawa umuntu omdala njengomma nanyana ubaba kobana ayilungise.



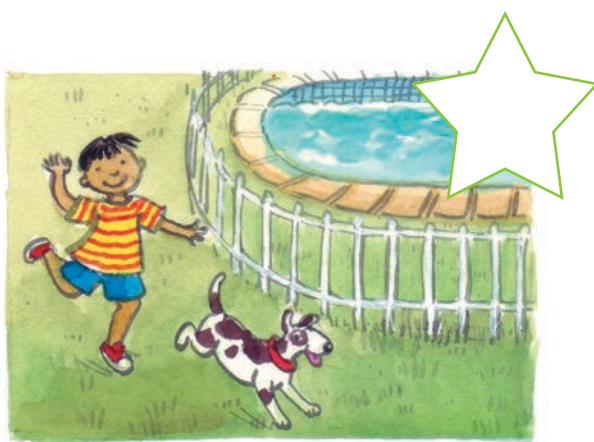


# Ukuphepha ngaphakathi nangaphandle ekhaya (2)



Asikhulume

Qalani iinthombe bese niyatjho kobana ngiziphi iinthombe ezitjengisa iindlela ephephileko nalezo ezitjengisa iindlela engakaphephi. Tshwaya ✓ lezo ezinokuphepha bese kuthi lezo ezinganakho ukuphepha ubekisiphambano ✗.





### Asikhulume

Ingabe zikhona izinto ezingaphephi ekhaya lako? Khuyini ongakwenza ngalokhu? Iphoyizeni, iinhlahla kunye namakhemikhali wokuhlwengisa kuyingozi khulu. Ungaseli nanyana yini nangabe unaso isiqiseko sobana khuyini.



Itshwayo leli litjho kobana kunento enetjhefu ngaphakathi kwebhodlelo, ibhoksi nanyana ibhlege. Ukhe walibona itshwayo leli ngaphambilini?



Utitjhore wakho uzokudlalela umvumo.



- Khambisana negido lomvumo.
- Khetha umdosi phambili. Umdosi phambili kufanele akhambisane negido lomvumo.  
Omunye nomunye kufanele alingise umdosи phambili nikhambisane kanye kanye.
- Dzimelela ngenyawo elilodwa.
- Kwanje dzimelela ngelinye inyawo elilodwa.
- Ngiliphi inyawo eliqinileko?
- Beka intambo ede nanyana nidwebe umuda omude phasi. Khamba phezulu kwentambo nanyana phezu komuda ulinge ukudzimelela ngawo.
- Kwanjesi tjhugulula intambo leyo nanyana umuda loyo ube sebujameni obunye bese uyadzimelela ukhambe phezulu kwayo ungawi.



# Ukuphepha lokha nangingedwa ekhaya



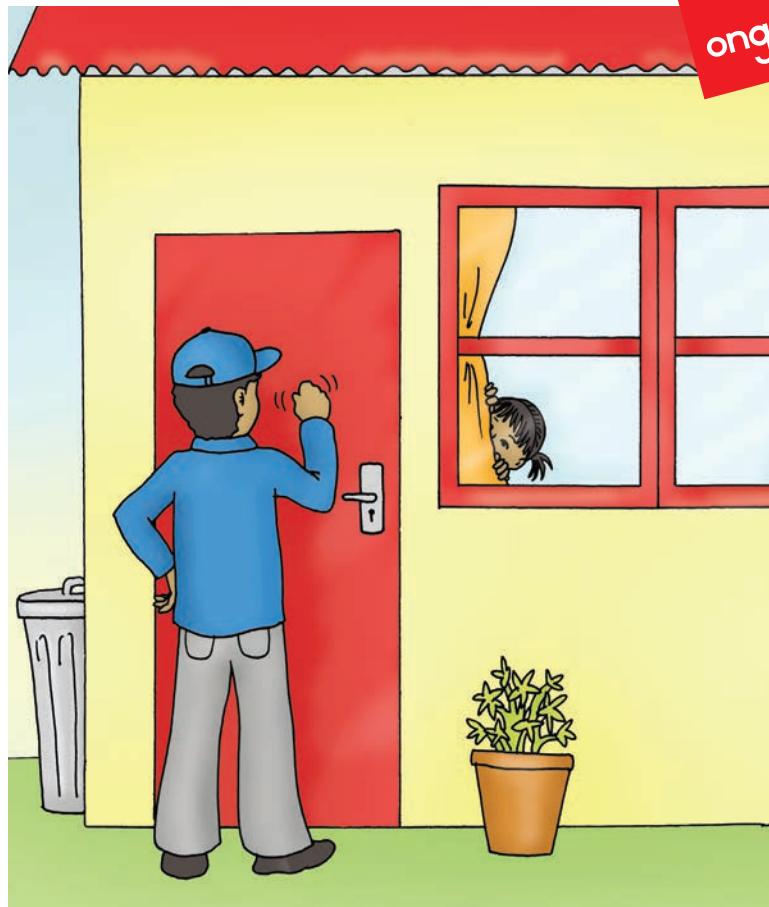
Asikhulumé

Ufundile ngezinto  
ezingakulimaza ngaphakathi  
nangaphandle kwenu.  
Ungenzani ukuze uhlale  
uphephile lokha nangabe  
uwedwa ekhaya?

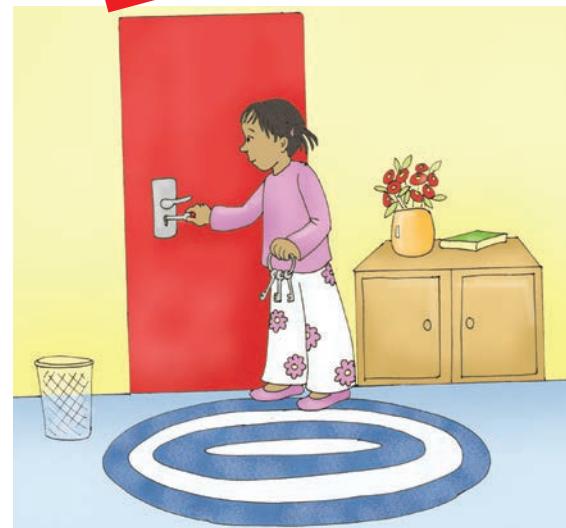
Lokha nawuwedwa  
ekhaya, ungenza lokhu  
okulandelako ukuze uhlale  
uphephile.



Ungavuleli abantu  
ongabaziko umnyango.



Lodlhela iminyako yoke  
ephumela ngaphandle.



- Qinisekisa kobana uyzazi iinomboro zomtato zababelethi bakho kanye nabantu abahlala eduze nakwenu.
- Tlola phasi irhelo leenomboro eziqakathekileko, wenzele lokha nangabe kukhona into engakalungi.



**Asitlole**

Yenza irhelo lakho leenomboro eziqakathekileko.

Zamapholisa:



Besicimamlilo:



Ze-ambulensi:



Inomboro kamma yakamaliledinini:

Inomboro kababa yakamaliledinini:

Ngubani omunye ongamosela lokha nawutlhoga isizo?





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# Into ongayikhumbula

Ithemu-2 - I'veke-4 - Iphepha lokusebenzela

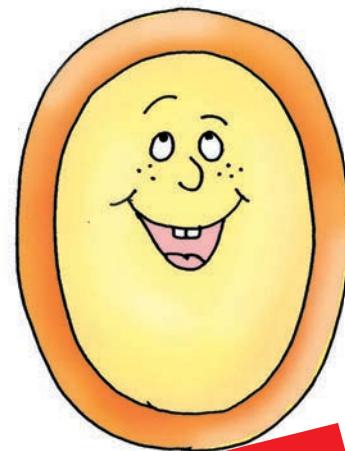


Asikhulume

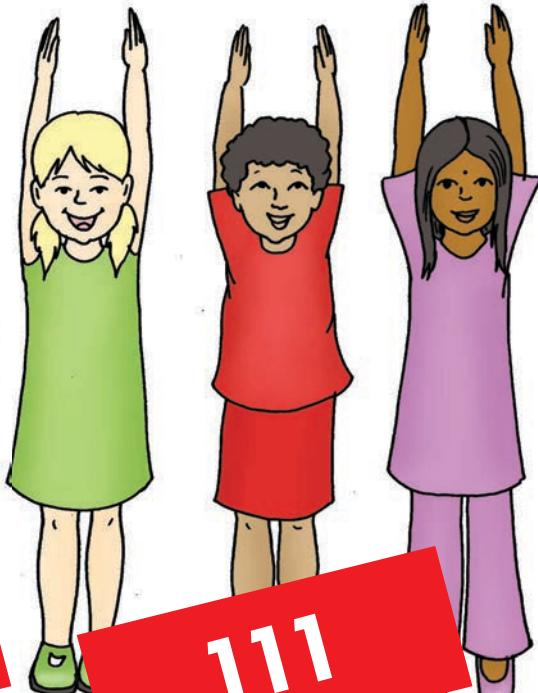
Le yindlela elula yokukhumbula inomboro yamapholisa. Qala isithombe bese utjela umngani wakho kobana isithombe sikukhumbuza njani iinomboro. Inomboro yamapholisa yi-10111. Ibuyebole kanengana ukuze uyibambe ngehloko.



1



0



111



Asithuthuke

Khombisa kobana bewungenzani lokha nabe kunguwe umntwana kesinye nesinye isithombe kilezi ezilandelako.



Bewungenzani lokha umuntu ongamaziko akugijimisa?



Bewungenzani lokha nawusiza ummakho ukuhlanganisa iintlabagelo zokubhaga ikhekhe?

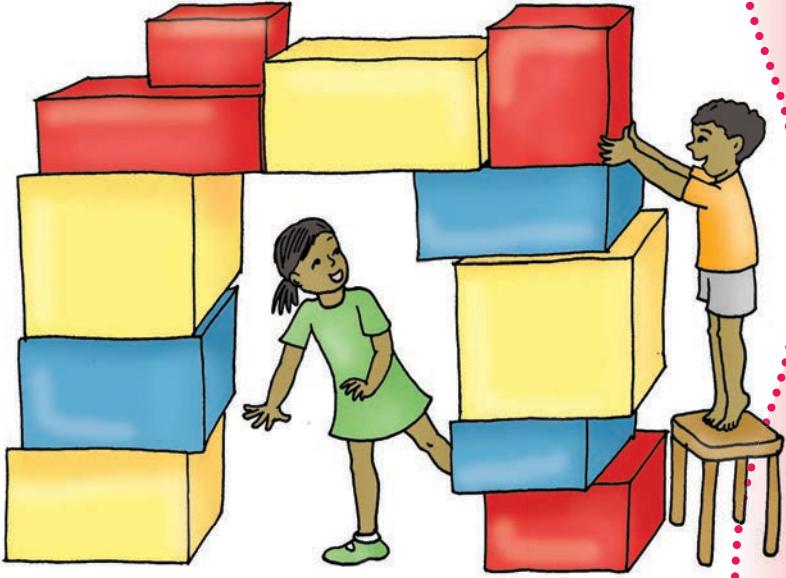


Bewungenzani lokha nawuzibona ujame phezu kwerhalasi elephukileko?



### Asenzeni lokhu

Akhe ubone kobana ungakghona ukuzakhela  
indlu engeyakho.



- Funyana  
amakhabhoksi amadala  
bewakhe amaboda wendlu  
bewuyifulele ngawo.
- Unganamithisela amabhoksi  
ndawonye. Indlu nasele iphelileko, ungayipenda.
- Lokha nawehlulekako ukuthola amakhabhoksi, linga uthole okuthileko  
ongakusebenzisa kodwana ungasebenzisi amarhalasi nanyana into  
engakulimaza.



### Asithuthuke

Phosela ibholo phezulu bese ulinga  
ukuyibamba ngesandla sakho  
ongakavamisi ukusisebenzisa.



Siza utitjhere wakho  
ukutjhidisa iinhlalo, amatafula  
namabhoksi.

Khwela phezulu kweenhlalo,  
amatafula nanyana amabhoksi.

Khasa ngaphasi kwetafula bese  
ulinga ukweqa.

Linga ukudzimelela ngenyawo  
elilodwa phezulu kwesitulo.



Teacher:
Sign:
Date:



# Umzimba wami



Tlola amagama anembako eenkhaleni.

inyawo

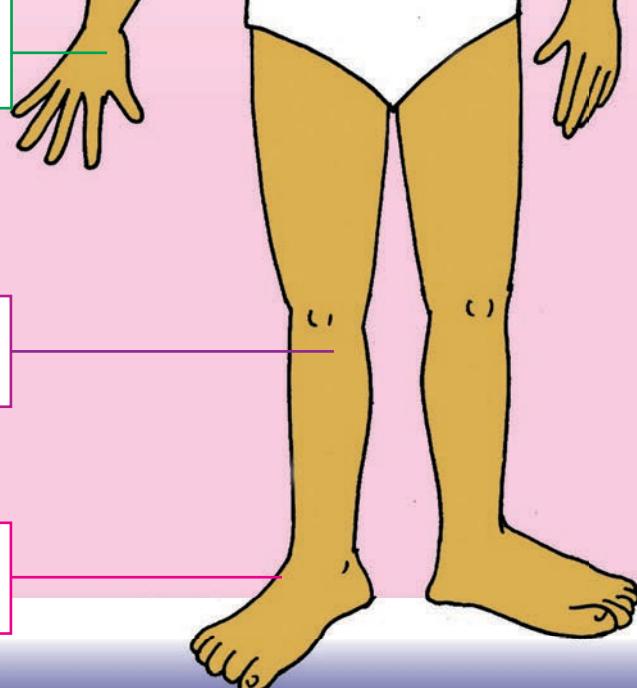
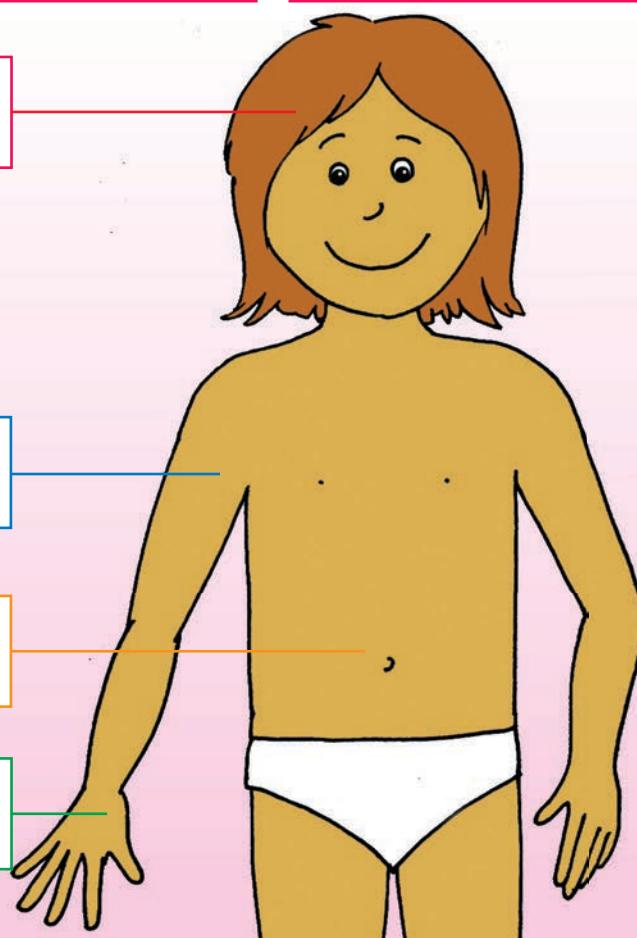
isandla

ihloko

amathumbu

inyawo

umkhono



Ithemu-2 – Ivelke-5 – Iphepha lokusebenza



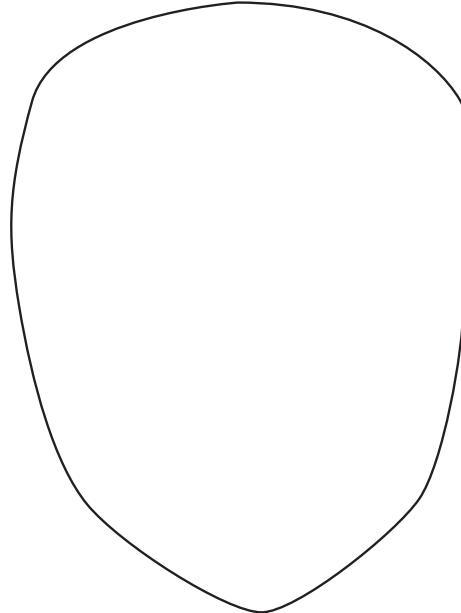
## Asigwaleni

Qedeleta umgwalo lo wobuso.

Gwala iinhluthu. Linga ukukopulula  
bakho ubuso. Nangabe unamehlo  
abomvu, gwala amehlo abomvu.

Nangabe uneenhluthu ezinzima,  
gwala inhluthu ezinzima.

Gwala amatjhiya wakho, ipumulo  
kanye nomlomo.



Ubuso busisitho esiqakathekileko somzimba.

Soke sinamehlo ama-2.

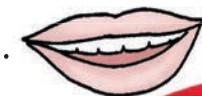


Soke sineendlebe ezi-2.



Soke sinepumulo eyo-l.

Soke sinomlomo owo-l.



## Asivumeni

Vumani ingoma elandelako. Thinta isitho somzimba lokha  
nawuvuma ngaso.

## Ihloko namahlombe

**Ihloko namahlombe**

**Ihloko namahlombe, amadolo namazwani, amadolo  
namazwani**

**Ihloko namahlombe, amadolo namazwani**

**Ihloko namahlombe, amadolo namazwani, amadolo namazwani,  
amadolo namazwani**



## Asithuthuke

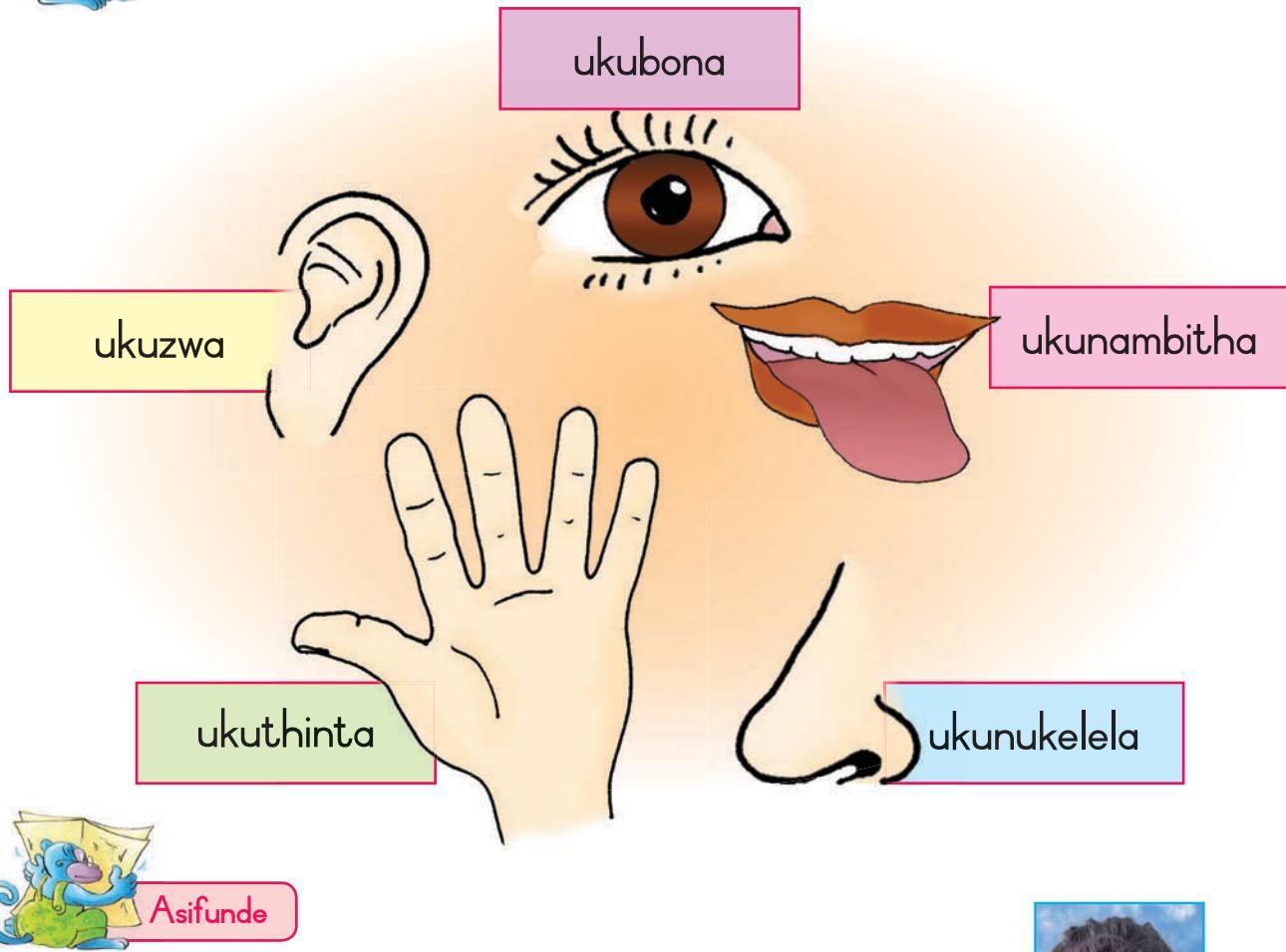
Dlala umdlalo othi 'USimoni uthi'....



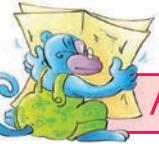


# Imizwa yami

Qala imizwa eyahlukahlukeneko bese uyatjho kobana siyisebenzisa nini.



Asifunde



Sisebenzisa imizwa yethu malanga woke.

Sinukelela besinambithe ukudla kwethu. Siyakwazi ukuthinta sizwe kobana isiba lithambe kangangani.

Siyakwazi ukubona kobana isibhakabhaka sihle kangangani ehlobo.

Siyakwazi ukulalela umvumo. Imizwa yethu iyakwazi ukusiphephisa. Siyakwazi ukunuukelela lokha nakunomlilo.

Siyakwazi ukuthinta kobana ipuleyidi lesitofu litjhisa kangangani. Siyakwazi ukubona kobana akukaphephi ukweqa indlela. Siyakwazi ukulalela lokha i-alamu nayililako.





**Asenzeni lokhu**

Ukutlhogomela amehlo  
neendlebe zethu.

Kufanele kobana sitlhogomele imizwa yethu.  
Lezi ziindlela ezimbili ongakwazi ukutlhogomela  
ngazo amehlo neendlebe zakho.



Tlhogomela iindlebe zakho  
ngokungalaleli umvumo  
odumela phezulu.

Tlhogomela amehlo wakho  
ngokwembatha ingwani nanyana  
wembathe amarhalasi wamehlo  
ungaliqali ilanga.



**Asitlole**

Qala itheyibula engenzasi, kenyenye itheyibula tshwaya ✓ imizwa  
esingayisebenzisa. Ungatshwaya owodwa nangaphezulu.

ukunukelela	ukunambitha	ukubona	ukuzwa	ukuthinta



Teacher:  
Sign:  
Date:

# Ukuthabulula umzimba wami

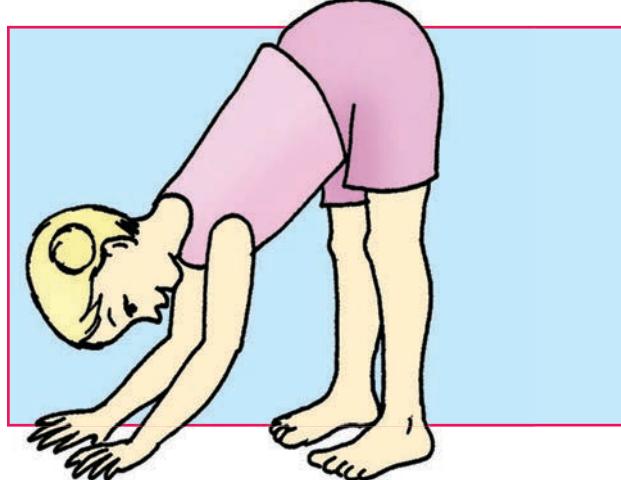
Ithemu-2 – Iweke-6 – Iphepha lokusebenzela



Asikhulumu

Qala iinthombe. Kesinye nesinye isithombe yitjho isitho somzimba nokobana singakusiza njani.

Sisebenzisa imizimba yethu ukukhamba.



Asitlole

Phendula imibuzo elandelako usizane nomngani wakho. Tlolela iimpendulo ngenowadini yakho ngaphasi komunye nomunye umbuzo.

Ngiziphi izitho zomzimba ozisebenzisa lokha nawukhambako?



Ngisiphi isitho somzimba ozisebenzisako lokha nawudobha okuthileko?



Asithuthuke

Utitjhore akho uzokutjengisa kobana ningadlala njani 'ukatsu nekhondlo'.

Ilanga: .....





Asifunde

Zikhona izitho zomzimba ongakwazi ukuzibona.  
Zizoke ziyasebenzisana ukukubulunga uphilile.

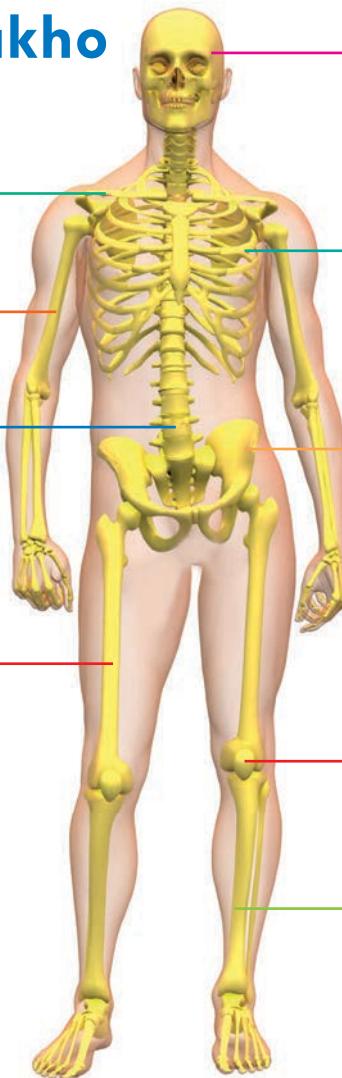
## Amathambo wakho

ithambo  
lentamo

ithambo  
lomkhono

amathambo  
womgogodlho

ithambo  
lenyonga



ithambo lehloko

iimbambo

ithambo  
lenyonga

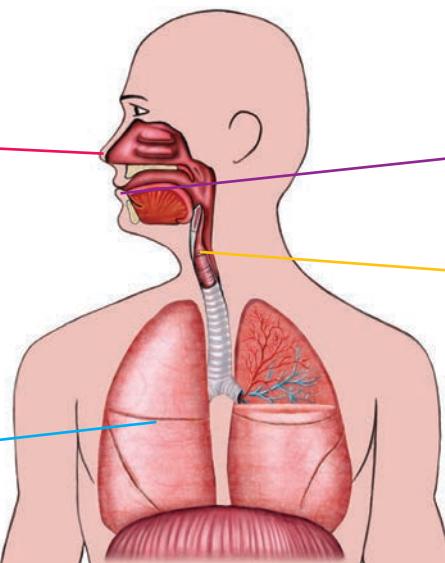
idolo

ithambo  
lomlenze

## Izitho zomzimba ezikusiza kobana ukwazi ukuphefumula

ipumulo

iphaphu



umlomo

umphimbo



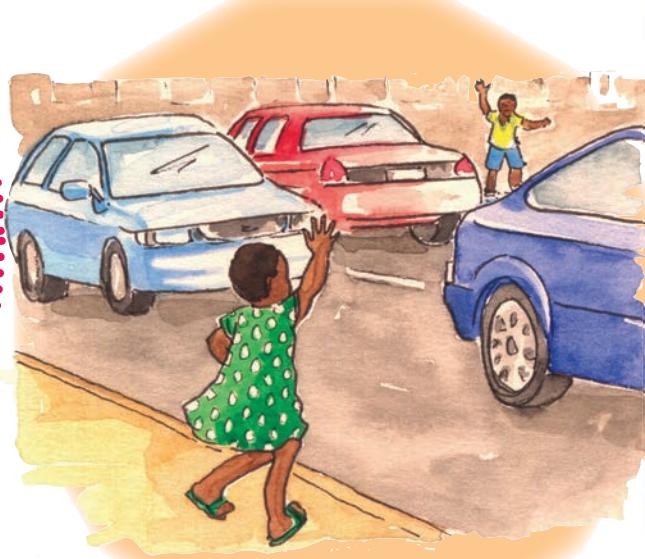
# Ukucabanga ngokuphepha

Ithemu-2 – Iweke-6 – Iphepha lokusebenzela



Asifunde

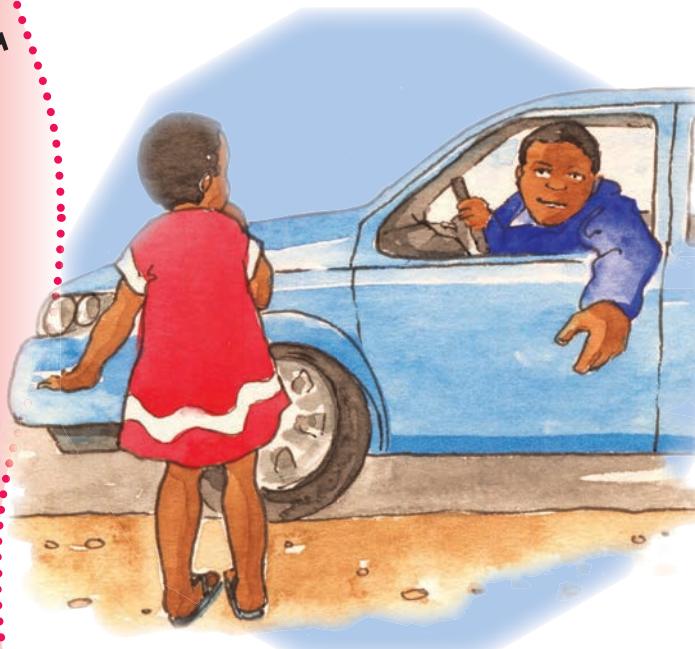
Qala iinthombe ezingenzasi, bese ucoca nomngani wakho kobana ubona ini.  
Mayelana nesinye nesinye isithombe yitjho kobana unghahlala njani uphephile.



Ubona umngani wakho ngale kwendlela.



Ulinde esitopeni sebhesi, uwedwa.

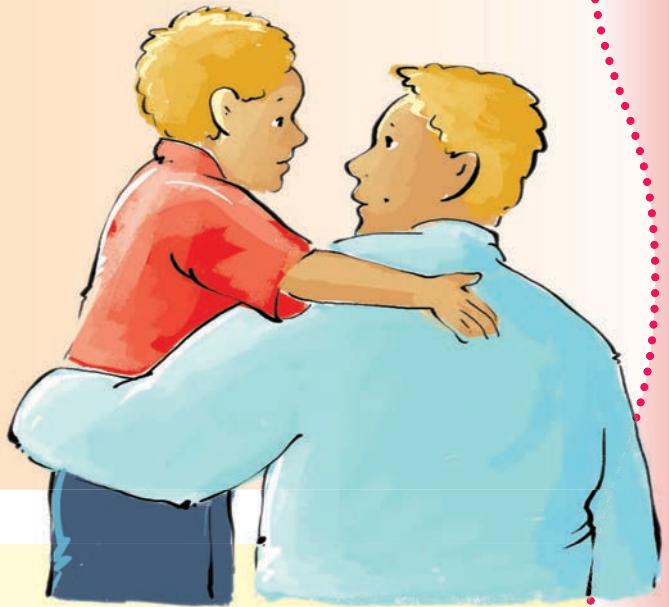


Umuntu ongamaziko ubawa bonyana ukhambe naye.



Ulahlekile esithabathabenzi zeentolo

Sibanemizwa "evumako" lokha omunye umuntu nagona ngendlela efaneleko. Kumnandi ukugonwa mumuntu onobungani netjhejo epilweni yakho.



Yewize lapha mntazanyana.  
Ngizokupha amaswidi  
kodwana ungtjeli umuntu.

Kufanele "singavumi" lokha umuntu nakasithinta ngendlela esenza sesabe nanyana sidineke. Lokha nasizizwa sethukile nanyana sesaba, sisuka sinemizwa engavumiko.

Umzimba wakho uqakathekile begodu ungowakho. Ungatjho uthi "iye" nangabe umuntu akuthinta nanyana uthi "awa" nangabe umuntu akuthinta uzizwa ungakaphephi.



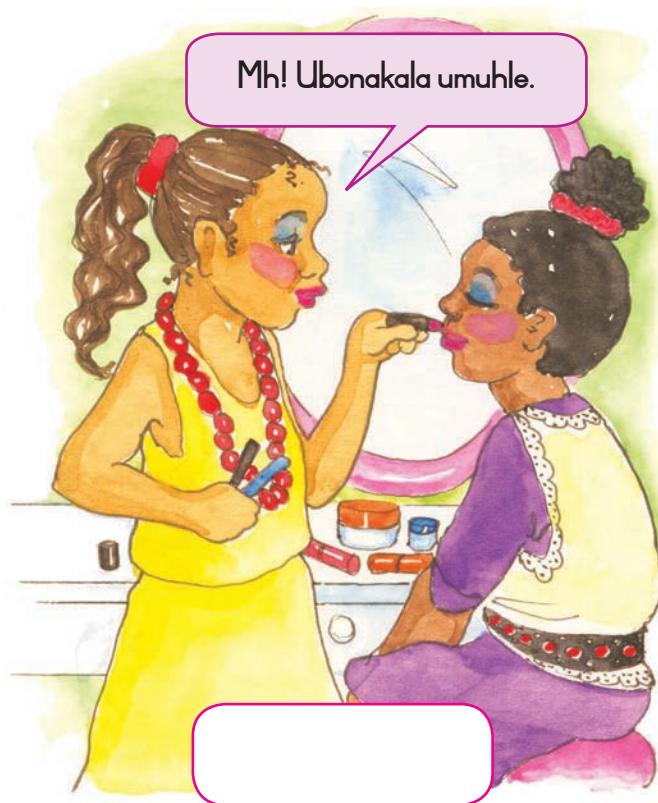
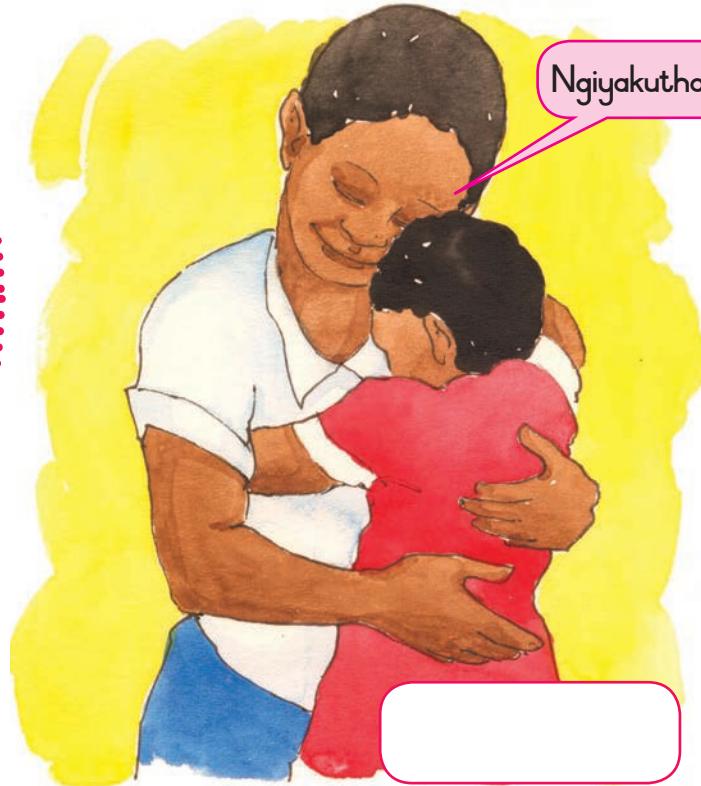
Teacher:	<input type="text"/>
Sign:	<input type="text"/>
Date:	<input type="text"/>

# Ukuhlala uphephile



Asitlole

Qala iinthombe lezi ezingenzasi bese utlola u-iye emizweni elungileko nanyana utlole "u-awa" emizweni engakalungi. Emabhlogweni.





**Asenzeni lokhu**

Zijayeze ukuthi "awa".

Yenzani umdlalo nilingise lokha umuntu ongaziwako afuna ukweba umntwana ngekoloyi yakhe nanyana afuna ukuthinta umntwana lapha angafuni khona. Umntwana uphendula ngokuthi "awa".



**Asikhulume**

Abanye abentwana bahlala emakhaya lapho kunabantu ababatjhejako. Qala iinthombe. Coca kobana nangathana osesithombeni bekunguwe bewungaziza njani. Yitjho lokho ongakwenza.



**Asithuthuke**

Dlalani umdlalo "unganyakazi".

Ungakhamba uye nanyana kungakuphi kodwana lokha utitjhere nakalilisa ifengwana jama lapho ukhona. Unganyakazi kufikela lapho utitjhere athi unganyakaza. Uzokwazi ukudzimelela?

Linga ukukhamba phezu kwentambo ebekwe ehlabathini.



# Ukugcina umzimba wami upholile



Asifunde

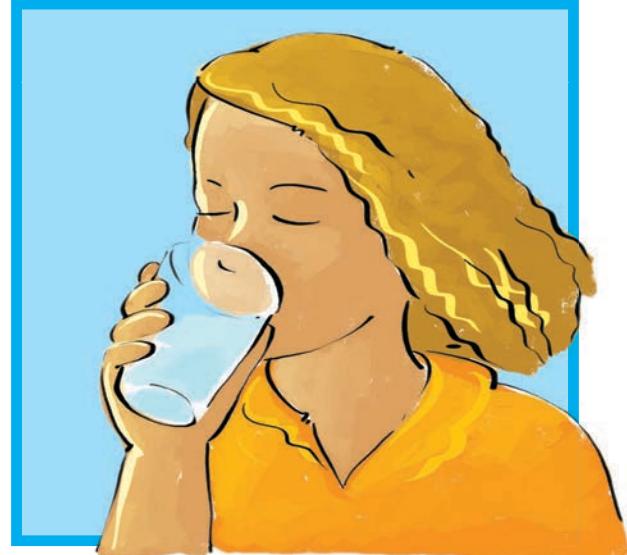


Zinengi iindlela ezingenza kobana singenwe malwele. Esikhathini esinengi, sigula ngebunga lemilwana. Imilwana mincani begodu angekhe sayibona ngamehlo. Imilwana le ingena emizimbeni yethu isenze sigule. They can come into our bodies and make us ill.



Asikhulume

Khujini ekwenziwa bentwana esithombeni ukuze bahlale baphilile?  
Bekuzo kwenzeka ini lokha nabangakakwenzi lokhu?



Ilanga: .....



## Asikhulume

Coca ngeenthombe ezilandelako. Yenza thika ✓ utjengise indlela yokuhlala uphilile. Beka isiphambano ✗ eenthombeni lezo ezingakwenza ugule.



Teacher:
Sign:
Date:

# Ukugcina umzimba wami upholile



Asikhulume

Khujini okwenziwa bentwana esithombeni ukuze bahlale baphilile?  
Bekuzokwenzekani lokha nabangakakwenzi lokhu?

Uthi bewazi kobana amanye amanzi  
ahlwengileko begodu amanye  
asilaphazekileko? Ungaqinisekisa njani kobana  
amanzi ahlanzekile?

**Ungabilisa amanzi asilaphazekileko  
ukubulala amagciwane.**



**Ungasefa amanzi asilaphazekileko.  
Utitjhere wakho uzokutjengisa kobana  
ungakwenza njani lokhu.**



**Ungathela isigobho sinye  
sejigi ngemqonyini wamanzi  
asilaphazekileko. Gubuza ukuze kufe  
imilwana. Beka amanzi lawo ama-iri  
ama-28 ngaphambili kokuthi uwasele.**





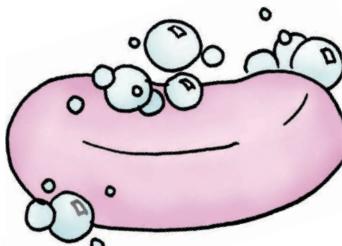
Asikhulume

Qala iinthombe lezi bese ucoca  
ngalokho abentwana abakwenzako  
ukuze bahlale baphile kuhle.

Lahlela ithitjhu esetjenzisweko  
ngemgqonyini wezibi.



Hlamba izandla zakho  
ngaphambi kokudla.



Hlamba izandla zakho ngemva  
kokusebenzisa indlu yokuzithumela.

Lokha nawusilaphaze indlu  
yokuzithumela, sula iinsila zakho  
bewuhlambe nezandla zakho.



Vala umlomo wakho lokha  
nawukhohlelako nanyana uthimula.





Coca ngalokho  
okufundileko emathemini  
amabili adlulileko

Ngingakhuluma ngomndeni wakwethu.

Ngingakghona ukukhamba phezulu komuda.

Ngiyazazi iinomboro zomtato zamapholisa.

Nginelwazi ngemizwa "iye" nanyana "awa".

Ngiyakwazi ukugeda ibholo.

Ngiyakwazi ukuhlala ngiphephe ekhaya.

Ngiyakwazi ukuzitlhogomela lokha nangisekhaya  
ngingedwa.

Ngiyawusiza umndeni wakwethu.

Ngiyayazi indlela eya esikolweni.

Ngiyakwazi ukuhlala ngiphilile.

Ngiyakwazi kobana ngizokwenzani ngezinto zoke  
ezingesikhwameni sami sesikolo.

Ngifunde okunengi ngamakghono wezepilo.

# Isihlathululi-magama sami

A

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# Isihlathululi-magama sami

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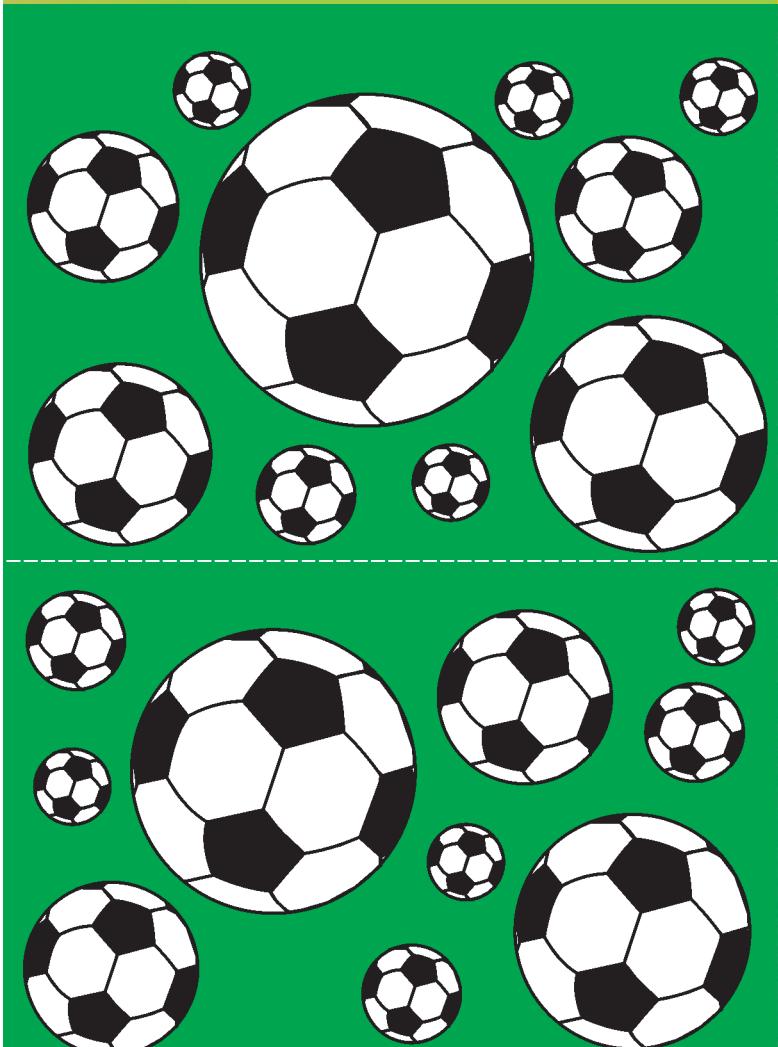
w

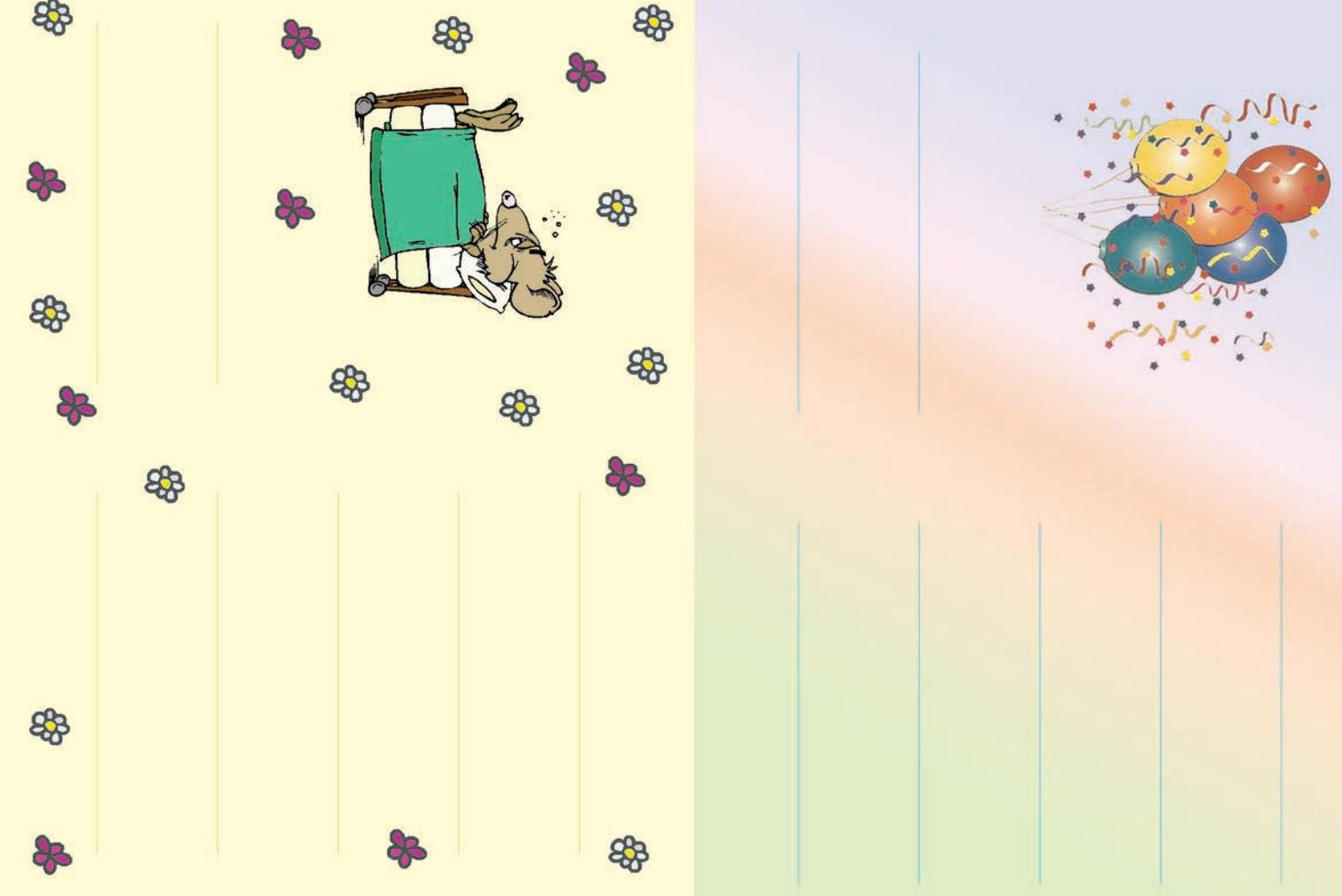
R

r

X - Z

x - z





## Masks

Cut out on  
the outside  
black line.

Tie a string  
into the holes  
to make a  
face mask.

