



UKKz. Angie Motshetka,
nguNqgonqgotjhe
weFundu-Sisekelo



UNom. Enver Surty,
nguSekela
kaNqgonqgotjhe
weFundu-Sisekelo

Iincwadi lezi zenzelwe abentwana beSewula Afrika ngaphasi koburholi bakaNqgonqgotjhe wezeFundu-Sisekelo, uMma u-Angie Motshetka, kanye neSekela lakaNqgonqgotjhe wezeFundu-Sisekelo, uNom. Enver Surty.

Iincwadi zokuSebenzela zakwaRainbow ziyingceny yeendlela ezinengi zomNyango wezeFundu-Sisekelo wokungelela onqophe ukuthuthukisa ukusebenza ngcono kwabafundi beSewula Afrika kumagreyidi wokuthoma asithandathu. Njengamanye wamaHlelo womBuso aphuma phambili. Iphrojekthi le isekelwe ngeemali ezbuya esiKhwaneni seeMali seLizweloke. Lokhu kusize umNyango ukukhupha iincwadi zokusebenzela lezi ngawo woke amalimi asemthethweni ngaphandle kweendleko. Siyathemba kobana nizokufunyana iincwadi zokusebenzela lezi zilisizo khulu ekufundiseni kwenu kwangamalanga kanye nokuqinisekisa kobana abafundi benu bayayiqeda iharikhulamu.

Sitjheje khudlwana ukuhlahla abotitjhore komunye nomunye umsebenzi ngokusebenzisa iinthombe ezitjengisako bona ngikuphi umfundu amele akwenze.

Siyathemba kobana abentwana bazokuthabela ukusebenzisa iincwadi lezi njengombana bakhula bebefunda rje begodu wena titjhore uzokwabelana nabo ithabo lokufunda.

Sinifisela ipumelelo ekusebenziseni iincwadi lezi.

ISBN 978-1-4315-0278-3



LIFE SKILLS IN ISINDEBELE
GRADE 3 – BOOK 1
TERMS 1 & 2
ISBN 978-1-4315-0278-3

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NOT BE SOLD.

Ukubuyekeza,
ihlaliswe
ngokwesiTatimende
seKharukhulamu
nomThethomgomu
wokuhlola

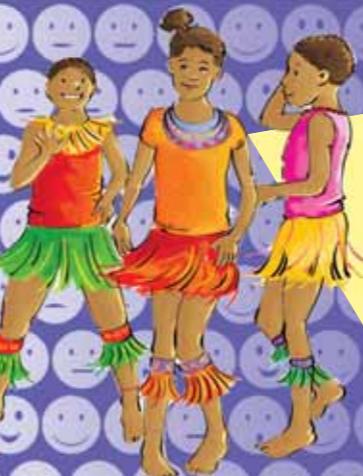
iGreyidi

3



AmaKghono wepilo ngesiNdebele

Incwadi
Ithemu 1&2



Iincwadi zokuSebenzela zikhona ngemilandelande le:

- llitheresi/llimi lekhaya iGreyidi 1 – 6
(Ngamalimi woke asemthethweni)
- limbalo iGreyidi 1 – 3
(Ngamalimi woke asemthethweni)
- limbalo iGreyidi 4 – 9
(Ngelimi lesiNgisi nelimi lesi bhunu)
- Amakghona bePilo iGreyidi 1 – 3
(Ngamalimi woke asemthethweni)

Ibizo:

Itlasi:



basic education
Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

Amalanga aqakathekileko 2016

AmaHolideyi weLizweloke weSewula Afrika:

Ilanga eliqakathekileko lesikhumbuzo samaJuda:

Ilanga eliqakathekileko lesikhumbuzo sama-Islamu:

Ilanga eliqakathekileko lesikhumbuzo sakaBahá'í:

AmaLanga weenTjhaba eziBumbeneko:



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Published by the Department of Basic Education
222 Struben Street
Pretoria
South Africa

© Department of Basic Education
Sixth edition 2016

ISBN 978-1-4315-0278-3

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UJanabari

Mhla li-1 kuTjhirkwenu ilanga lomNyaka omuTjha

Mhla ama-31kuTjhirkwenu iLangabeenTradeni

UFeberbari

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U-Apreli

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Mhla ali-4 kufika mhlama-11 kuSihlabantangana, leleNyuko

Mhla ali-5 kuSihlabantangana, ilanga lomkhosi wokuYukav

Mhla ali-6 kuSihlabantangana, liLangalomNdeni

Mhla ali-7 kuSihlabantangana, liLangalePhasi lezePilo

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Mhla ama-20-21 kuNtaka, liLangale-
lomNyaka omutjha wamaBahá'í
Mhla ama-22 kuNtaka, liLangalePhasi laManzi
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UJuni

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UOktoba

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Mhla ali-11 kuSewula, liLangaleenTjhabatjhaba lomNtwana womNtzazana

Mhla ali-14 kuSewula, liLangale-Al-Hijira (umNyaka omuTjha wama-Islamu)

Mhla ali-15 kuSewula, liLangaleenTjhabatjhabalaboMma bezAbelweni

UNovemba

Mhla ali-12 kuSewula, ilanga leDeepavali (Diwali)

Mhla ali-20 kuSewula, ilanga leVikram (UmNyaka omuTjha we-2072)

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UDisemba

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Mhla ama-3 kuNobayeni, ilanga leenTjhabatjhabalabonTu abaphila nokuKhubazeka
Mhla ali-5 kufika mhlali-14 kuNobayeni, ilanga leChanukah
Mhla ali-16 kuNobayeni, ilanga lakKresimusi
Mhla ama-25 kuNobayeni, ilanga lokuLibdelana



IGreyidi

3

AmaKghono wePilo
ngesiNdebele
Incwadi-l



Incwadi le ngeyaka:



Mayelana nami



Asitlole

Soke nasinje sehlukile begodu siqakathekile

Qedelela incwadi yokuzazisa le emayelana nave. Yenza istempe sakamazisi.
Nasele ukwenzile lokho, tjengisa umngani wakho ikarada.

Yini okufanako begodu yini umehluko hlangana
nawe kanye nomngani wakho?



Ukuzazisa

Ibizo:

Iminyaka: _____.

Ilanga lamabeletho:

_____ umnyaka inyanga ilanga

Indawo lapho wabelethelwa khona:

Umntazana nanyana umsana:

Ilimi lekhaya:

Umbala weenhluthu:

Ubude: _____ cm

Umbala wamehlo:

Ukutlikitla



Gwala isithombe sakho.



Asikhulume

Kwanje cabanga ngepilo
yakho bekube nje.

Ungakhumbula bekufike kuphi?

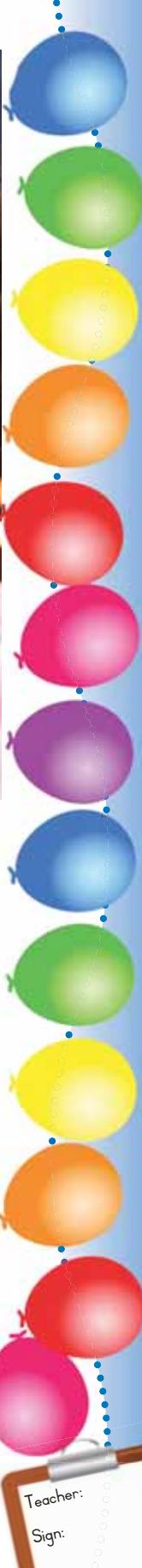
Ungakwazi ukukhumbula isikhathi lapho bewugidinga
khona kwesibili ilanga lakho lamabeletho.

Uyakhumbula lokha nawusathoma ukungena isikolo?



Asitlole

Zalisa ngeenkhathi
ezimayelana nawe.



Ngabelethwa
ngomnyaka ka-

Ngathomha
ukukhuluma
ngomnyaka ka-

Ngithome isikolo
ngomnyaka ka-

Ngithome
ukufunda igreyidi
3 ngomnyaka ka-

inyanga

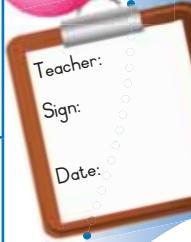
umnyaka

20 _____

20 _____

20 _____

20 _____



Isikolo sethu

Ithemu - I'veke - Iphetha lokusebenza



Asenzeni lokhu

Utitjhere wenu uzonisiza kobana nitlole iinkhathi zesikolo senu.

Sele sikuthomele lokho enizokuthoma ngakho.

Utitjhere wenu uzonitjela ezinye izehlakalo ekumele ningezelele ngazo.

Isikolo senu sathoma ngamuphi umnyaka?	Principali wenu wafika ngamuphi umnyaka esikolweni lesi?		



Asitlole

Uthini umlando wesikolo sakho? Thola iimpendulo zemibuzo bese uzitlola esikhalieni ngaphakathi kwekholumu lokuthoma. Gwala isithombe utjengise umlando.

Isikolo sakho savulwa
ngawuphi umnyaka?

Gwala isithombe sesikolo sakho.

Kwabe kungubani
prinsipali wokuthoma?

Yini isiqubulo sesikolo senu?
Ingabe isese ngiso leso?

Gwala ibheji yesikolo senu.

Bala okhunye okuqakathekileko ngesikolo senu. (Mhlamunye njengomfundu okhethekileko nanyana owafunyana unongorwana okhethekileko)

Gwala isithombe ukutjengisa okhunye okuthileko okuqakathekileko ngesikolo senu.



Asiphumele ngaphandle

Ngaphambi kobana nenze umsebenzana ngaphandle, kokuthoma ziluleni njengokatsu. Lokhu kuzokwenza imizimba yenu kobana iluleke beyinyakaze kuhle. Begodu nasele niqedile ukwenza umsebenzana lowo, zeluleni ukuze niledlhe benipholise imizimba. Lokhu kuzonisiza kobana ningewa ubuhlungu bemisipha. Kwanje yenzani lokhu abentwana laba abakwenzako.

Utitjhere wakho uzokubiza ibizo lakho bese uphosela ibholo phezulu. Wena kumele uyibambe ngaphambi kobana iwele phasi.

Kwanje linga ukubamba ibholo ngesikhwama lokha umngani wakho nakayiphosela kuwe.

Phosela umngani wakho ibholo ingesikhwameni ubone kobana uzoyibamba ngesikhwama na.

Zelule njengokatsu ubuye uledlhe.



Teacher: _____
Sign: _____
Date: _____

Koke ngami

Cabanga ngokuthileko okukarisako okwakuvelela kade bese utjela umngani wakho ukuze akwazi ngcono.



Lokha nangineminyaka
emihlanu, ngaya
elwandle.

Lokha nangineminyaka
e-4 ngawa eboden'i.

Cocela umngani wakho kobana umuntu lo utjhuguluke njani ukusuka
esaneni bewaba silukazi esilupheleko.

Asikhulume

isana	umntwana	umntwana wesikolo

udade	umuntu omdala	umuntu olupheleko

Asivumeni

Sebenzani ngesiqhema. Zitlameleni ingoma bese niyagida.

Eenqhemeni zenu, tlolani phasi amagama wengoma esikhali esilanelako.

Ngemva kwalapho, tjalani itlasi kobana ingoma ivunywa njani bese niyagida.



Teacher:
Sign:
Date:



Okukhulu kanye nokudala

Asikhulumo

Khulumanि ngomehluko wobudala okhona
ebantwaneni kanye nabanye abantu abadala.

Ithemu-1 - I'veke-2 - Iphepha lokusebenzela

Ekukhambeni kwesikhathi,
abantu bayakhula. Umbala
wenhluthu zabo uyatjhuguluka,
iphimbo labo liyatjhuguluka,
bathola amandla angezelweko
begodu babanelwazi nelemuko.

abantu batjhuguluka njani lokha nabakhulako?



Asitlole

Ngiziphi izinto ozenza ngokwehlukileko kubabelethi
bakho kilezi ezingenzasi.

	Mina	Ababelethi bami
Gijima ngaphandle kokuphela amandla		
Yeqa intambo		
Funda iphephandaba		
Tjhayela ikoloyi		
Khwelani emthini		



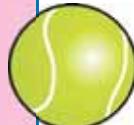
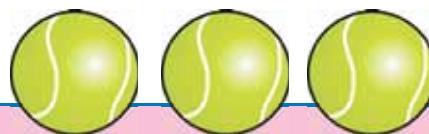
Asivumeni

Asilungeleni ukuvuma.
Lingisa amatjhada alandelako.



Asiphumele ngaphandle

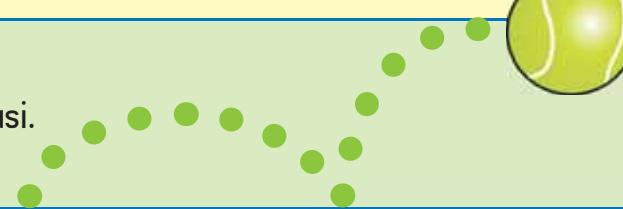
Ungauyigame ibholo?



Phosela ibholo yetenisi phezulu bese uyibambe ngezandla zombili.

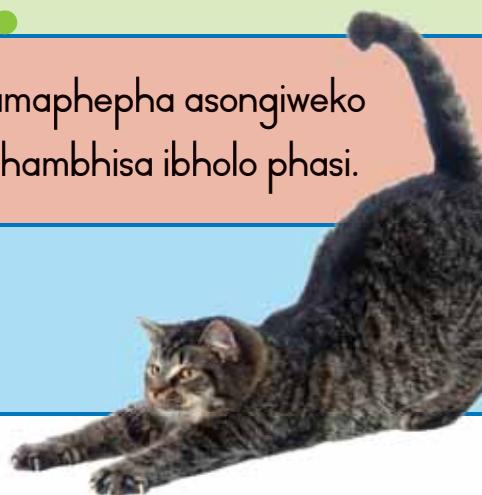
Phosela ibholo yetenisi phezulu bese uphaphatha izandla ngaphambi kobana uyibambe.

Betha ibholo yetenisi phasi.



Kwanje ibhethi/isigodo sokubetha usebenzisa amaphepha asongiweko nanyana isiqetjhana sesigodo. Isebenzise ukubhambhisa ibholo phasi.

Kwanje zelule njengokatsu.



Teacher:	:
Sign:	:
Date:	:

Imizwa

Ithemu - I - Ivuke - 3 - Iphepha lokusebenzela



Asikhulume

Qala iinthombe ezilandelako bese uyatjho kobana abentwana bazizwa njani. Ingabe nawe khewazizwa unjalo? Zalisa utjho kobana umntwana ngamunye uzizwa njani. Sebenzisa amagama alandelako azokusiza.

dana

thaba

zisole

yesaba

zikhakhazise

silingeka



Asiphumele ngaphandle

Dlala umdlalo wokuzijayeza umdlalo wetenisi,
nemijikijelo yangemuva.





Asikhulume

Yini lokho okukuthabisako?



Asitlole

Yini lokho okukwenza udane?

Yini lokho okukwenza wesabe?

Yini lokho okukwenza uthukuthele?



Tlola idayari yelanga mhlana owabe uthabile. Hlathulula kobana kwenzeka ini.

Dayari ethandekako

Tlola idayari yelanga mhlana owabe udanile. Hlathulula kobana kwenzeka ini.

Dayari ethandekako

Teacher:
Sign:
Date:

Izinto engizithandako

Ithemu - I - I'veke - 3 - Iphepha lokusebenzela



Asitlole

Kwanje sebenzisa umebhenqgondo ukutlola isigatjana ngemisebenzi owayithabelako nokobana kungani wayithabela.





LOKHO

ENGAKUTHABELAKO







Asigwaleni

Kwanjesi sebenzisa umebhengcondo wakho utlole indinyana ngalokho okuthabelako begodu utjho kobana kubayini uyithabela imisebenzi le.

Engikuthabelako



Asenzeni lokhu

Sebenzisa idaka lakho ubumbe ubuso obuthabileko nobuso obudanileko.



Asikhulume

Zalisa ngemisebenzi ehlukahlukeneko emudenin ongenzasi. Buza abangani aba-5 ngalokho abathanda ukwenza. Penda ibhlogo ngalinye lomsebenzi abawuthandako.

5					
4					
3					
2					
1					
	Ukuvuma	Ukufunda	Ukupenda	Umdlalo	Timbalo

Ngimuphi umsebenzi othandwa khulu?

Teacher:
Sign:
Date:

Imizwa

Asikhulumo

Qala esinye nesinye isithombe kezilandelako bese ukhuluma kobana ungabasiza njani abentwana ukwenza okufaneleko. Tshwaya ipendulo ekungiyo.

	<p>Angekhe wabona lapha unephoso khona!</p> <p>Awa, ngiyancancabeza! Ithi ngikusize sidobhe lokhu.</p>	
	<p>Ngilibalela! Nasi ibholo yakho.</p> <p>Ngilibalela! Khamba uyokudlalela engcanye!</p>	
	<p>Ngeyami begodu angekhe ngikunikele.</p> <p>Yiza, asabelane itjhokoledi.</p>	

Asitlole

Ingabe abangani abazwanako benza ini?

Nangabe kunelitho elimbi engilenzileko, ngiyancancabeza.



Nangabe ngibona umngani wami atlhaga ngokuthileko, ngiyamsiza.



Ilanga:

Tlola ezinye izinto 4 abangani abazwanako abazenza ndawonye.



Asikhulume

Qala iinthombe ezilandelako. Khulumani ngalokho enikubonako esithombeni ngasinye. Thathani isithombe esisodwa bese niyalinganisa. Nikelani isithombe senu isiphetho esinembako.



Tlola umdlalo wokulingisa. Zalisa amabizo wabalingisi ngaphakathi kwekholumu yokuthoma.



Asiphumele ngaphandle

Linga ukwenza izinto ezilandelako.

- Gijijima ekundleni yezemidlalo. Utijhere wenu nakathi "tjhugulukani" kumele niphenduke bese nigijima niqale ngakelinye ihlangothi.
- Kwanje betha phasi ibholo bese uya phambili.



Siyahlolisisa



Asitlole

Zihlole

Ngimngani omuhle.

Ngiyabatlhogomela abangani bami.

Nginobuntu begodu ngimngani wabentwana boke ngetlasini yami.

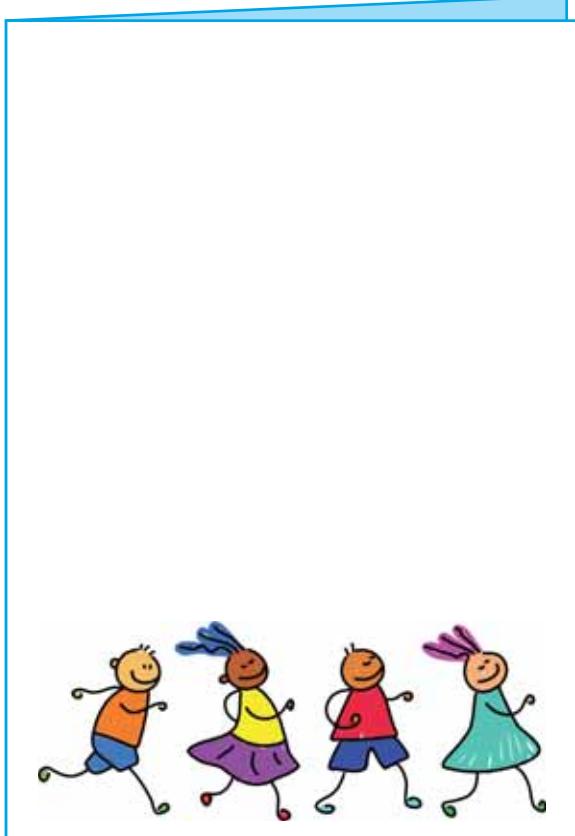
Inengi labentwana ngetlasini yami bayangithanda.

Ngiyazithoba kibo boke abantu.



Asiphumele ngaphandle

Yenzela omunye umuntu ikarada. Gwala isithombe ngaphambili ekaradeni besse utlola umlayezo okhethekileko ngaphakathi.





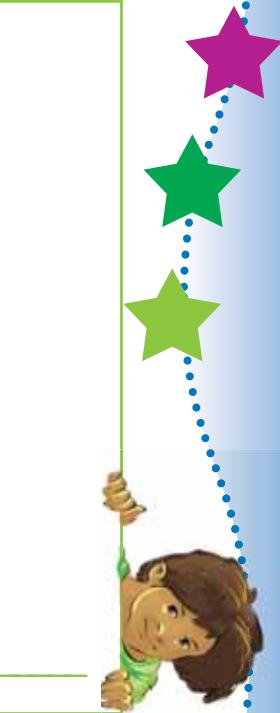
Asitlole

Gwala isithombe sabangani bakho nanyana sakatitjhhere
wakho nanyana samalunga womndenu wakwenu
owathandako. Tlola amabizo wakho.



Abantu engibathandako

nabakhethekileko epilweni yami



Kwanje tlola ihlathululo yabantu abalandelako nokobana kungani bakhethike kangako.





Asikhulume

Khulumani ngalokho
ekwenzeka esithombeni.



Ingabe khewaphuma umongola nanyana
ukhe waphophoza?

Ngikuphi ekumele ukwenze nawuthoma
ukuphuma umongola?

Ofanele ukukwenza nawuphophozako/nawuphuma umongola



1 Hlala phasi bese welulela ihloko yakho
phambili uqale phasi.



2 Vala ipumulo ephuma umongola imizuzu
emibili bese uphefumula ngomlomo.



3 Beka okuthileko okumakhaza ngemuva
kwentamo okufana nethawula emanzi
nanyana ama-ayisi aphuthelwe ngethawula.



4 Ungafinyi ngemva kokuphuma umongola.



5 Nangabe ummongo uragela phambili ngemva
kwemizuzu eli-15, bonana nodorhodere
nanyana inese.

Uthi uyazi kobana ibhoksi lakho
lesikolo lesizo lokuthoma likuphi?

Yitjho kobana likuphi. Lise

Hlala uthuliseke. Akusilo ibanga
lokuthi ungaahlangahlangana.
Khumbula ungathinti iingazi
zomunye umuntu.

Ukuphathwa kwamanceba



Asifunde

Asikwazi ukuyibona imilwana kodwana ikhona nanyana kukuphi. Nangabe ulimele, kumele ugcine isilonda sakho sihlanzekile ukuze singangeni imilwana.



Asikhulume

Hlathululela abangani bakho kobana isilonda sihlanzwa nanyana siphathwa njani. Tjengisa lokho okufanele ukwenze.

Ungaqeda njani ukuphuma kweengazi encebeni lokusikwa

Ungathomni uthinte iingazi zomunye umuntu.

Nangabe usiza omunye umuntu, kuhle kobana wemba the amadlhavu ngaso soke isikhathi.

Yenza kobana inceba lingasophi iingazi ngokuliphakamisela ngehla kweleveli yehliziyi.

Linga ukuqedo ummongo ngokuthi ugandelele itjhila elihlanzekileko phezu kwenceba.

Nangabe inceba likhulu, vakatjhela udonrhodere nanyana uvakatjhele itlinigi.

Thola kobana ngiziphi iinomboro zomtato ezirhabako ongazidosela. Umtato: _____



Teacher:
Sign:
Date:

Ukutjha

Nangabe uthinta into etjhisako, uzokutjha.

Kumele wenze ini nangabe omunye uyatjha?

- 1** Faka isitho esitjhileko somzimba ngemanzini imizuzu engaba li-IO. Lokho kwenzelwa ukupholisa isikhumba.
- 2** Nangabe itjhila linamathele esikhunjene sakho, ungalisusi ngamandla.
- 3** Bethisa inceba lokutjha ngommoya uyelele kobana alirageli phambili.
- 4** Nangabe inceba lokutjha liyatjhinga nanyana likhulu ukudlula intende yesandla sakho, bonana nodorhodera msinya.



Asiphumele ngaphandle

Yeqani ibanga elide. Thatha amaswazi amathathu nanyana iinqetjhana ezintathu zerobho. Ngemva kokweqa hlangana nazo, zisuse uzibeke kelinye ibanga elibanzi ngokwehlukana ukubona kobana ngubani ongeqa nazibekwe kude.



Meda kobana ungeqa afike kude kangangani.

Ingabe umngani wakho yena angeqa afike kude kangangani?



Asiphumele ngaphandle



Lingisani ukuba yikirivayi.

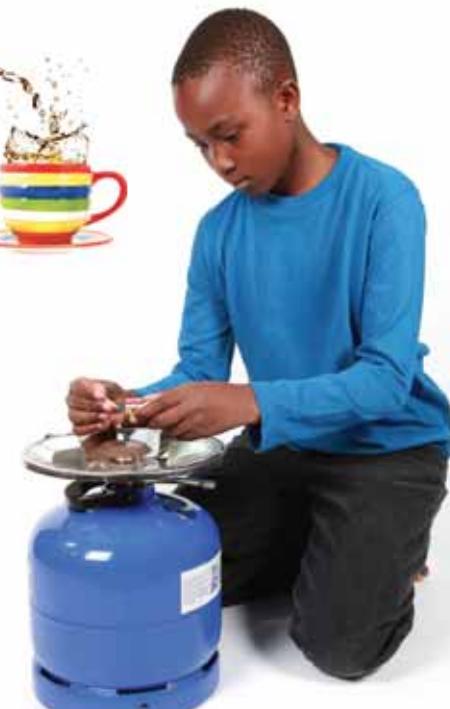
Dlheganani nomngani wakho ngokuba yikirivayi.



Dlheganani ukujuguja intambo ukuze umngani wakho akwazi ukweqa entanjeni.



Kwenzeka ini eenthombeni ezilandelako?
abantu bangatjha ngaziphi iindlela?



Tlola imithetho okufanele uyikhumbule lokha nakufanele usize ngalokhu okulandelako:

Ipumulo ephuma iingazi

Ukusikeka

Ukutjha



Teacher: _____
Sign: _____
Date: _____

Ukugcina umzimba wami uphephile



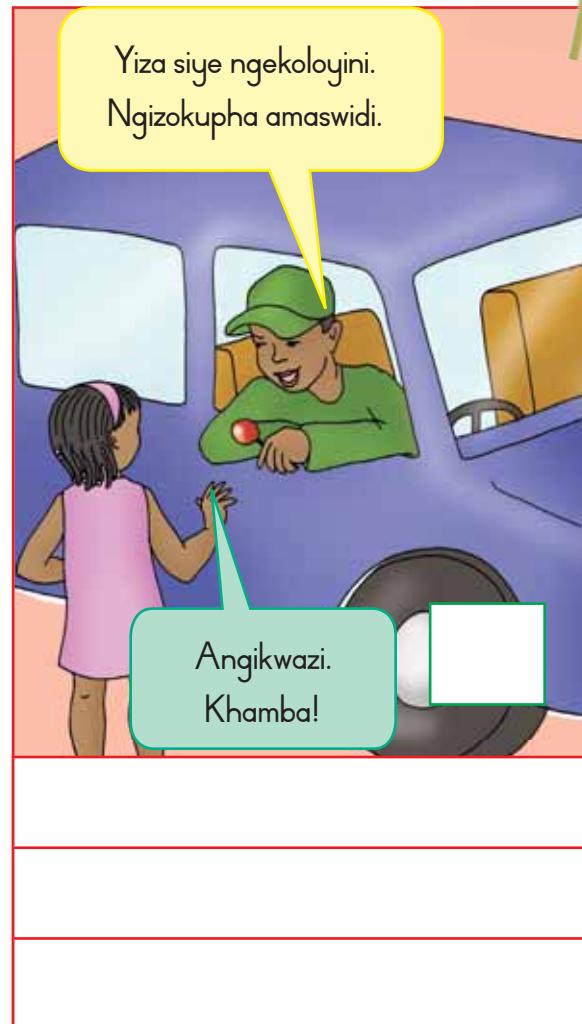
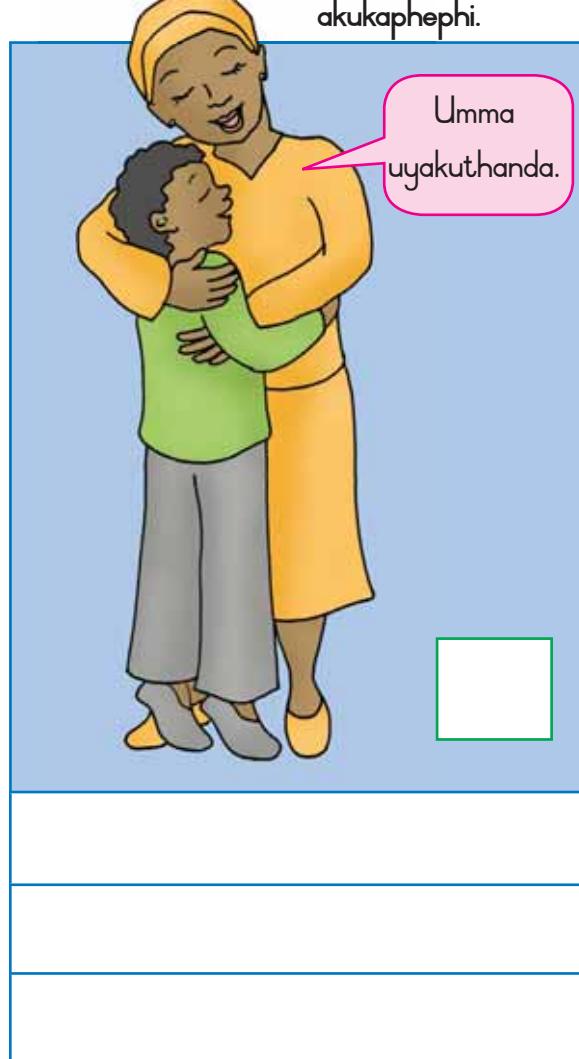
Asikhulume

Kumele siyitlhogomele imizimba yethu. Sifunyana umuzwa wokobana "kuhle" lokha nasithanda okuthileko begodu sizizwa kwangathi singaragela phambili. Sifunyana umuzwa wokobana "awa" lokha nasithola okuthileko okungasiphathi kuhle begodu sizizwa kwangathi singalisa ukuragela phambili.



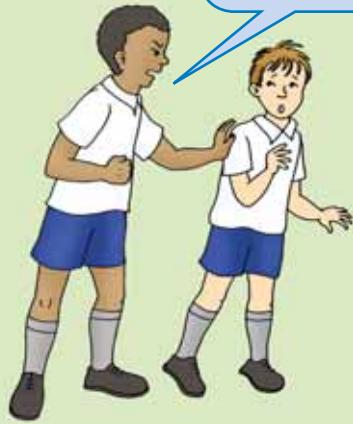
Asitlole

Zalisa ngetshwayo lokha ✓ nangabe isithombe sitjengisa ukuphepha nanyana nge ✗ lokha isithombe nasitjengisa okungakapheli. Tlola umutjho ngaphasi kesinye nesinye isithombe utjho kobana kubayini uthi kuphephile nanyana akukapheli.



Angikuthandi

Kwanje ubonakala
umuhle.



Ukwala uthi angifuni

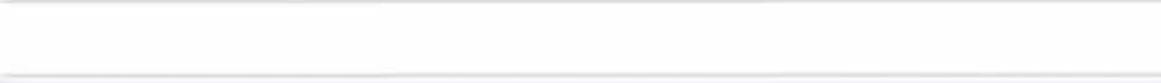
Kanengi akusilula ukuthi awa, kodwana kumele utjho kobana awa nangabe
into ayikuphathi kuhle.

Nangabe omunye umuntu ukunikela umuzwa othi "awa" bese wena uzizwa
ungakaphatheki kuhle, coca nomuntu omdala ngalokho.



Asitlole

Khetha abantu babebathathu obathembako bewutjho kobana kubayini ubathemba.



Tlola kobana ungambikela njani umuntu omthembako ngelemuko onalo ngokuthileko okungakalungi.



Ukuzitjheja/ Ukuzinakekela

Ithemu - I - Ivuke - 6 - Iphepha lokusebenzela

Asikhulume

Qalani iinthombe ezilandelako ngokuyelela okukhulu. Ingabe unga coca indatjana ngazo? Qedelela amabhamuza wekulomo.

Yiza. Ngizokuphekela esitolo.



Kwenzeke
ini?



Asikhulume

Hlathulula kobana umntazinyana wazizwa njani, wenzani nokuthi wena nabekunguwe uqalene nobujamo obunje, bewungenzani?



Asitlole

Tlola phasi imithetho emihlanu emayelana nokuphepha.

Abentwana abakafaneli uku-



Asiphumele ngaphandle

Yenza imaski ukutjengisa ukuphakama kwemizwa.

Quanta kobana kuphakama kwemizwa okunjani ongathanda
kobana imaski yakho ikutjengise.

Gwala ukuphakama komuzwa lowo utlhathlhabej ephepheni.

Sika.

Sika amehlo.

Kghabiso ngephepha elinombala.



Asiphumele ngaphandle

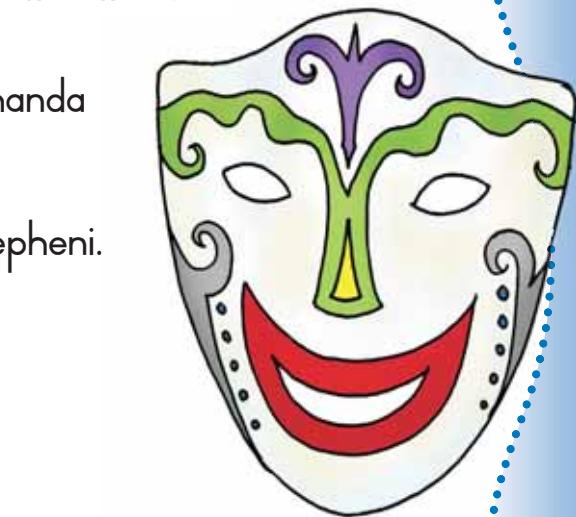
Zilungiselele umgijimo.

Guqa endaweni yokuthoma efaneleko.

Lalela utitjhore wakho nakathi:

"Emuden! Zilungisele! Gijima!"

Yenza isiqabo.



Ukugcina umzimba wami uphephile



Asikhulume

Soke sinesibopho sokugcina imizimba yethu inepilo.

Abentwana abalandelako benza ini ukugcina imizimba yabo kobana ihlale inepilo?



Ngiziphi ezinye izinto ezinganapilo abanyeabantu abazenzako?

Ingabe bewazi kobana ukubhema akuyifaneli imizimba yethu?

Ingabe bewazi kobana umuntu nakabhemela eduze kwakho, lokho kuyingozi?

Ingabe ukubhema kuyona njani imizimba yethu?



Asitlole

Tshwaya esinye nesinye isitatimende ngethiki nanyana ngesiphambano ukutjho kobana **siliqiniso** nanyana **simamala**.

	Isegerede sizwakala simnandi.
	Nangabe ngihlezi eqadi komunye obhemako, lokho kungalimaza oseduze kwakho.
	Ukubhema kungatjhugulula amazinyo wakhe abe sarulani.
	Ukubhema kungakubangela amalwele womlomo.
	Ukubhema kungenza kobana ukhohlele kumbi.
	Ukubhema kungakubangela ubulwele bekankere.



Imithetho emayelana nezepilo.

Kufanele ngihlambe amazinyo wami ngemva kokudla nangaphambili kokuyokulala. Kumele ngikame iinhluthu zami ngaphambi kobana ngiye esikolweni. Ngifanele ngibulunge iinzipho zami zihlale ziquntiwe begodu zihlwengekile. Ngifanele ngihlambe izandla zami ngemuva kokusebenzisa indlu yokuzithumela nangaphambili kokuthi ngingathinta ukudla.

Ngimele ngifake amathitjhu ebengifinya ngawo ngemqgonyini weenzibi.



Ukuzithabisa

Umele wembathe ini ukuze uphephe? Madanisa iinthombe ngokuthala umuda osuka esithombeni esisereyini elingehla uye esithombeni esisereyini elingenzasi.



Ukuzithabisa



Zibandakanye udlale umdlalo wekhrikhethe.

Utitjhere wakho uzokudlala umvumo. Lalelisisa bese ngemva kwalapho ubethe ngesandla sakho igido elikhambisana nomvumo phezu kwedeske lakho.



Teacher: _____
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Amalungelo kanye neembopho

Asifunde



Ngesinye isikhathi abentwana bafanele ukusiza ababelethi babo ngomsebenzi.

Kodwana abentwana akukameli kobana basebenze khulu njengabantu abadala.

Abentwana kumele babe nesikhathi sokudlala kanye nesikhathi sokuya esikolweni.



Qala iinthombe ezilandelako. Tshwaya imisebenzi elungele ukwenziwa bentwana.

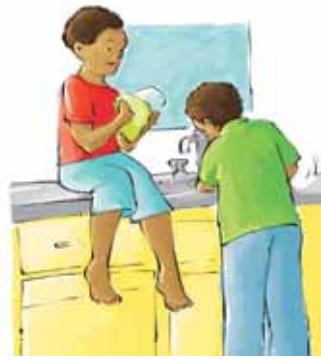
Bese utlola umutjho ngaphasi kwesithombe ngasinye utjho kobana kubayini uthi umsebenzi lo ulungele abentwana nanyana kubayini uthi awukalungeli abentwana.





UNomakhuwa uthengisa imirorho ilanga loke begodu akakwazi ukuya esikolweni.

Ngemva kokuphuma kwesikolo,
uSandile uthelelela esivandeni.



UDumi uthwala iintina ngombana
usebenza nomakhi.

UJabu noBongi basiza
ukuhlanza izembatho ezivaswako.



Asikhulumu

Ngiyiphi imisebenzi oyenza ekhaya?

Ngiyiphi imisebenzi oyenza esikolweni ukusiza utitjhore
wakho?



Asiphumele ngaphandle

Lingisa imisebenzi ehlukahlukeneko.
Isiqhema sakho asiqagele kobana wenza
muphi umsebenzi.



Bophelela inyawo
lakho komunye
bese niyagijima.

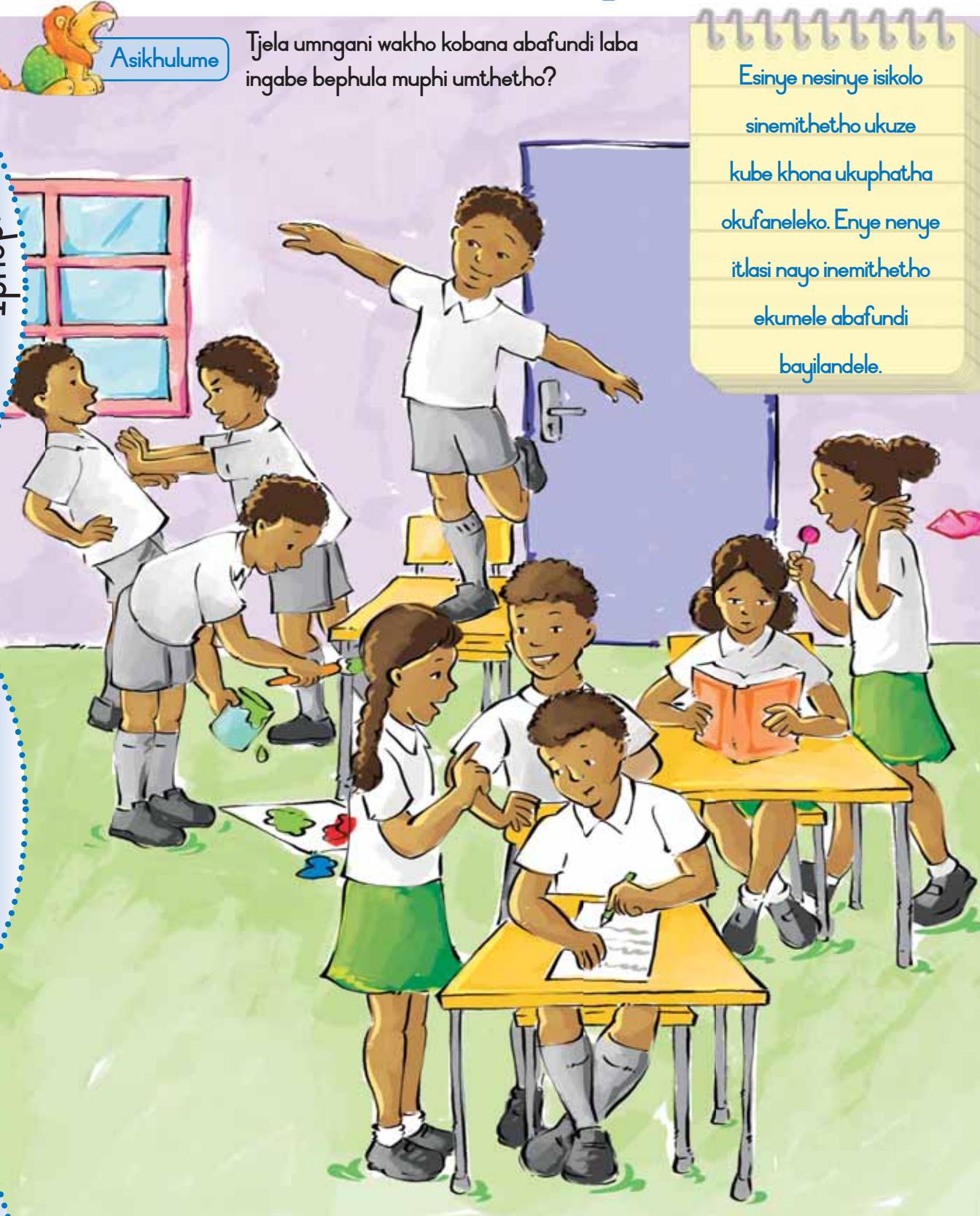


Zijayeze ukukhahlela
ibholo bese uyabona
kobana ungayikhahlelela
kude kangangani.



Amalungelo kanye neembopho

Ithemu - I - Ivuke - 8 - Iphepha lokusebenzela



Esinye nesinye isikolo
sinemithetho ukuze
kube khona ukuphatha
okufaneleko. Enye nenye
itlasi nayo inemithetho
ekumele abafundi
bayilande.



Asitlole

Tlola imithetho emine
yangetlasini lenu.



Asikhulumo

Funda amalungelo neembopho ezilandelako bese ucoca nomngani
wakho kobana isibopho nelungelo ngalinye litjho ukuthini.



IIMBOPHO ZELUTJHA

LESEWULA AFRIKA

Ukulingalingana

Phatha omunye
nomunye umuntu
ngokulingalingana
begodu ngendlela
efaneleko.
Ungambandulululi.



Isithunzi somuntu

Hlonipha nanyana
ngubani.
Yiba nomusa
bewuthogomele.



Ipilo

Enye nenye
ipilo iligugu.
Phatha ipilo
ngehlonipho.



Umndeni

Yazisa bewuhloniphe
ababelethi bakho.
Yiba nomusa
bewuthembeke
emndenini
wakweni.



Ifundo

Iya esikolweni,
funda
bewusebenze
ngamandla.
Namathela
emithethweni
yesikolo.



Seenza

Siza ekhaya
lokha nakwenziwa
eminye imisebenzi
ekhaya. Abentwana
akukameli kobana
bakatelelw
ukufunyana
umsebenzi.



Ikululeko kanye nokuphepha

Ungalimazi, uthelise
nanyana wethusela abanye
begodu ungavumeli
abanye kobana bakwense
lokho.
Rarululani ukungavumelani
ngendlela enokuthula.



Ipahla

Hlonipha ipahla
yomunye umuntu.
Ungayoni ipahla
begodu ungebi.



Ikolo, ikolelo kanye nombono

Hlonipha ikolelo
kanye nombono
wabanye abantu.



Ukuphepha

Tlhogomela iphasi/inarha.
Ungawoni amanzi kanye
negezi. Tlhogomela iinlwana
kanye neentjalo. Gcina
ikhaya lakwenu kanye
nomphakathi ohlala
kiwo uhlanzekile
begodu uphephile.



Ubulunga belizwe

Yiba sisakhamuzi esihle
nesihlobileko seSewula
Afrika. Laela
imithetho bese
uqinisekisa
nokobana abanye
bayayilandela.



Ikululeko yokuveza umbono

Ungakhambi urhatjha amala kanye
nezondo. Qinisekisa kobana abanye
abathukwa nanyana abalimali
imizwa.



Teacher: _____
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16a linkolo kanye namanye amalanga akhethekileko

Ithemu - I - Ivake - 8 - Iphepha lokusebenzela



Asikhulume

Khetha enye yekolo kilezi ezilandelako. Funyana elinye ilwazi elingezelelweko ngekolo leyo. Lungiselela kobana ilwazi olifunyeneko uzo lethulela njani abafundi betlasi yakho. Linga ukufunyana iinthombe nanyana iincwadi ukutjengisa ilwazi olifunyeneko.



yesiHindu



yesi-Islam



yesiJuda



yesiKrestu

Sifanele sihloniphe abantu beenkolo eza hlukeneko.

Ukholelwa kiyiphi ikolo?

Ngiyiphi ikolo yeqiniso?

Akhe siholisise



Asitlole

Qedeleta ikarada elilandelako mayelana nawe.

Ibizo lami _____

Isibongo sami _____

Ilanga lami lamabeletho _____

Igreyidi engilifundako _____

Isikolo sami _____

Inomboro yakwethu yomtato _____

Isiphande _____

Inomboro yobujamo oburhabekileko _____

Umdlalo engiwuthandako _____

Umbala engiwuthandako _____

Umngani wami omkhulu. _____

Ngikuphi okungithabisako _____

Ngikuphi okungenza ngidane _____

Ngikuphi okungithukuthelisako _____

Ngenza ini kwanje _____

Ithemu-1 - Ivake-8 - Iphepha lokusebenzela

Teacher:	Sign:
Date:	

Imikghwa emihle yokudla



Asikhulume

Qalani imikhakha yokudla okulandelako bese wena nomngani wakho nikhulume ngayo:

Kukudla okunjani okusemkakheni ngamunye?

Kungani umkhakha ngamunye ulungele umzimba wakho?

Amaphrotheyini

Amaphrotheyini akha amaseli
amatjha ukuze imizimba
yethu ikhule.



Amavithamini

Amavithamini namaminirali
asiza imizimba yethu kobana
ikwazi ukulwa nokutshwayeleka
ngamalwelwe bese sihlala siphilile.



Asiphumele ngaphandle

Bawa utijhere wakho kobana ungdllala njani
umdlalo "womtato ophukileko".

Ngemva kwalapho zijayeze ukuphosa ibholo.

Amakhabhohayidredi

Ukudla lokhu kusinikela amandla nomfutho.



Asitlole

Idayari

Ukudla kwemikhiqizo yebisi kuqinisa amathambo wethu, ikakhulu lokha nasisebancani namathambo wethu asakhula.

Yenza irhelo lokudla okudle ngayizolo. Ngekholumeni yokugcina, yitjho kobana ukudla kumaphrotheyini, amakhabhohayidredi, iinthelo nanyana imirorho.

Ukudla engikudle izolo	Umhlobo wokudla



18 Imikghwa yethu yokudla

Ithemu -2 – I'veke- / – Iphepha lokusebenzela



Asikhulume

Buza abangani abane kobana bathanda ukudla ini. Qala ukudla okwahlukeneko bese ubeka itshwayo (✓) nangabe uyakuthanda ukudla lokho begodu ubeke isiphambano (✗) nangabe awukuthandi ukudla lokho.

Qedelela ngokuzalisa
amabizo wabangani
bakho



Asitlole

Qala amatheyibula owazalisileko bese uphendula imibuzo elandelako.

Ngikuphi ukudla abangani bakho abakuthande kancani?

Ucabanga kobana abangani bakho balandela imikghwa emihle yokudla?

Kungani ucabanga njalo?



Ukuzithabisa

Bawa utitjhere wakho akutjengise kobana
ungadlala njani umdlalo womtato ophukileko.





Asitlole

Tlola irhelo lomhlobo wokudla ekufanele
siwudle qobe lilanga.



Asitlole

Tlola iresephi yokudla okuthandako.

Ngikuphi ekufanele sikukhandele?

Itswayi elinengi ngombana
lingasibangela ukugula
kweengazi nasele sikhulileko.
Itjhukela enengi ngombana
ingasibangela ukugula
kwetjhukela nasele sikhulileko.
Itjhukela enengi ibanga
ukukhuluphala. Iinselo
ezimakhaza ezinetjhukela
namakhekhe kunge
namatjhipsi.



Iresephi _____

Ngitlhoga iintlabagelo ziphi?

Ngiziphi iindlela ekufanele ngizilande?

Teacher:
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Date:



Imikghwa emihle yokudla



Asitlole

UThabo kanye noNomusa bay eKhefini lakwa Sunshine. Kumele bathenge ukudla abazokupheka ngesidlo santambama. Basize ukuze bapheke ukudla okunepilo nokufaneleko.



Asiphumele ngaphandle

Dlheganani ukujuguja intambo ukuze umngani akwazi ukweqa entanjeni.





Asitlole

Tlola izinto abafanele bazithenge kanye nenani lazo erhelweni lezinto eziyokuthengwa elingenzasi. UThabo noNomusa basebenzise imali engangani ezintweni abazithengileko?

IRHELO LEZINTO EZIYOKUTHENGWA INANI



Asitlole

Ingabe ulandela imikhuba yokudla efaneleko kangangani? Penda/Faka umbala ubuso obuthabileko emukghweni ngamunye ofaneleko.

Imikghwa yami yokudla

	Iye	Awa
Ngivame ukudla ngibukele i-umabonwakude.		
Ngithanda iinthelo kanye nemirorho.		
Ngithanda ukudla okunamafutha okufana namatjhipsi.		
Angiwathandi amanzi, ngithanda iinselo ezimakhaza.		
Angiyidli imirorho.		
Ngiyakuhlaufunyisisa ukudla kwami.		
Ngidla ukudla kwekuseni ngaphambi kokuya esikolweni.		

Bala kobana ukhalare ubuso obuthabileko obungaki.



20

Ukudla ngefanelo

Asenzeni lokhu

Gwala nanyana unamathisele iinthombe
zokudla evilini ukutjengisa ukudla okunepilo.

Ithemu-2 – I'veke-2 – Iphepha lokusebenzela

Imithetho yokudla okufaneleko

Vama ukuhlamba izandla zakho ngaphambi
kokuthinta ukudla.

Ungatjhiyi ukudla kungakasibekelwa.

Ungadli ukudla okudala nanyana okubolileko.

Sebenzisa amakari wemirorho ukwenza
ivundiso.

Tjala yakho imirorho.



Asenzeni lokhu

Gwala isithombe ukutjengisa owodwa wemithetho elandelako.

Teacher:
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linunwana

Ithemu-2 – Iweke-3 – Iphepha lokusebenzela

Asikhulume

Khulumani ngeengceny ezaahlukeneko zomzimba weenunwana.

Iinunwana zineengceny eziintathu: ihloko,
umzimba wangaphezelu nowangaphasi.

Begodu iinunwana zinemilenze esithandathu
kanye neempondo ezimbili.



Asenzeni lokhu

Leyibula inunwana.
Gwala umuda osuka
elejibuleni ngayinye
ukuya engcenyeni
ekungiyo yenunwana.

Ihloko

Umzimba
wangaphezelu

Inyawo



Iphondo

Ilihlo

Umzimba
wangaphasi



Asiphumele ngaphandle

Lila njengenyosi, phapha njengeviyaviyani bese weqa
njengentethe. Kwanje sele ulungele umdlalo webholo erarhwako!



Ilanga:.....



Asitlole

Gwala umuda ukumadanisa elinye nelinye igama nenunwana.
Yitjho kobana ngiziphi iinunwana eziyingozi begodu ngiziphi
iinunwana ezilisizo kithi.



Inyosi



Unompopoloza



Ipukani



Ubutjhontjhwanı

Intethe



Iviyaviyani



Unomabhonjwana



Iviyaviyani
eliphapha
ebusuku



Asitlole

Kwanje zalisa iinkhala ngamagama atlhayelako.

yenza iliju.

yenza ipholeni yamathuthumbo.

bandisa imalariya.

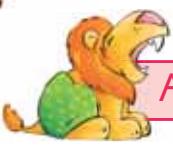
yandisa amalwele.

idla iintjalo zabalimi.



Okhunye okunengi ngeenunwana

Ithemu-2 – I'veke-3 – Iphepha lokusebenzela



Asikhulume

Qalani iinthombe ezilandelako bese ukhuluma nomngani wakho utjho kobana iinyosi zilisizo njani ebantwini.



Iinyosi zirhatjha ipholeni. Lokhu kunomphumela omuhle eenthelweni ukuze zikhule.



Iinyosi zikhqiza ilju.



Asitbole

Tlola elinye nelinye ibizo lenunwana esikhaleni esitjhiyiweko ukuze umutjho unembe.



_____ imunya
amanzana aneswigirana ethuthumbeni.



_____ inemilenze
eqinileko yangemva enza kobana yeqe ngepumelelo.



zisebenzisa iimpondo
zazo ukukhulumisana nezinye iinunwana.



irhatjha ipholeni ukusuka
kesinye isitjalo kuyiwe kesinye.

irhatjha imilwana.



Yenza kobana inunwana
yakho ikwazi ukukhamba.

- Sika iinunwana
ekhasini labosika
ekugcineni kwencwadi
yakho.
- Zibeke ehangereni
yejası.



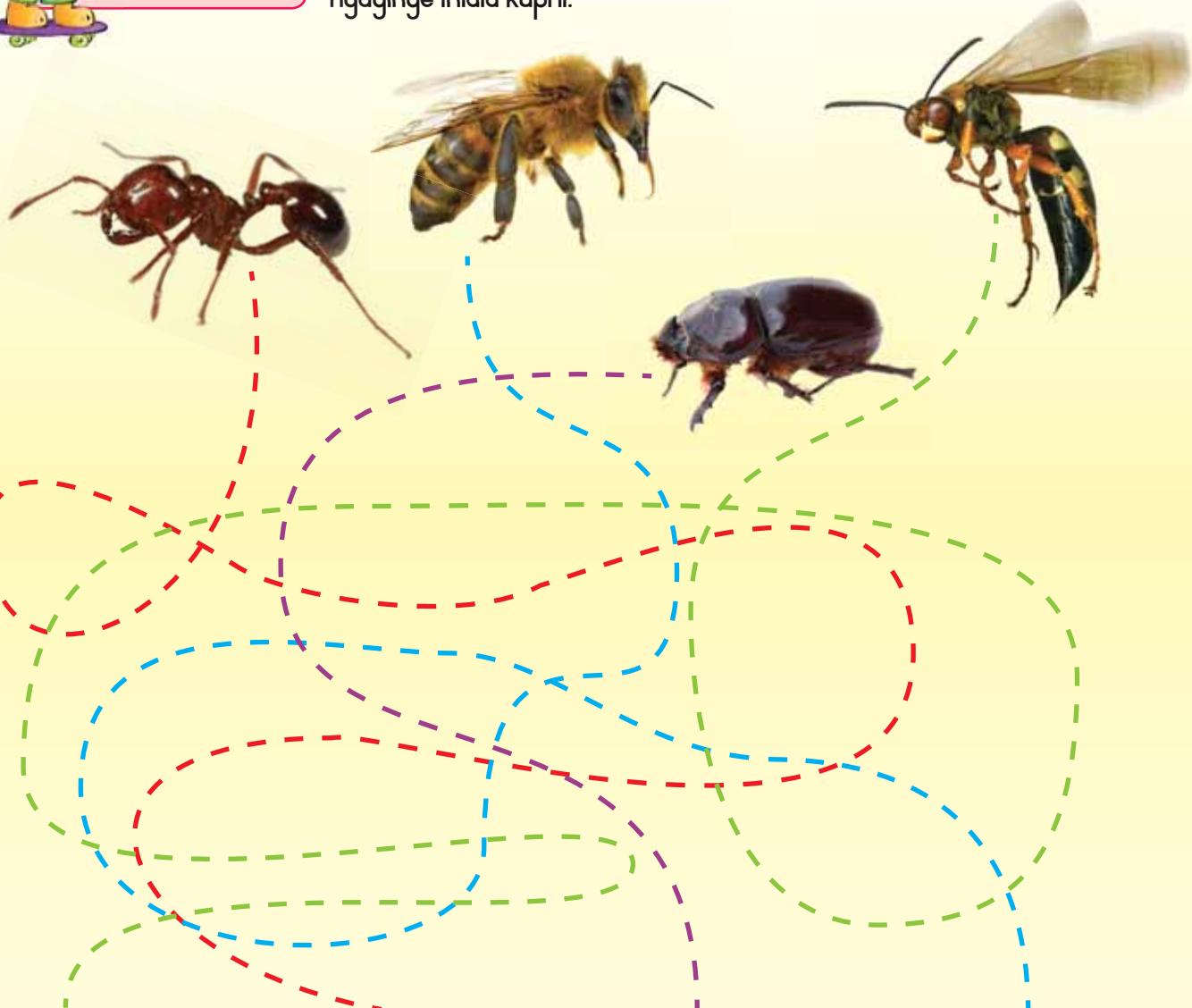
Teacher:
Sign:
Date:

23 Amakhaya weenunwana

Ithemu-2 – I'veke-4 – Iphepha lokusebenzela



Gadangisa phezu komtletlana ubone kobana inunwana ngayinye ihlala kuphi.





Asenzeni lokhu

Khambakhambani ngejaradeni lesikolo ukubona
kobana nizokufunyana iinunwana ezingaki.

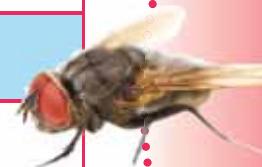


Asitlole

Ubone iinunwana ziphi ngaphandle? Khetha inunwana eyodwa bese utlola
ibizo layo ngenzasi lapha.



Inunwana le idla ukudla okunjani?



Ingabe inunwana yakho iyakhambisa nanyana ikhamba kabuthaka?

Ingabe inunwana yakho ilisizo? Kubayini utjho njalo?

Ngiziphi iindlela ngathi inunwana yakho iyingozi? Ungenzani nangabe ikulimaza?



Uku zithabisa



Kwanje dezayina

inunwana

engeyakho bese

uyjinikela ibizo.



24 Tjengisa ngobukghwari bakho

Asenzeni lokhu



Ithemu-2 - I'veke-4 - Iphepha lokusebenzela

Uzokutlhoga okulandelako:

Iphepha eliyi-A4.

Amakhrayoni wamafutha

Isikere

Idlhu

Iphayiphi lokuhlwendisa

Irolo engenalitho yephepha
elisetjenziswa ethoyilede

Gwala lakho iviyaviyani



Gwala iviyaviyani elitjengisa umzimba walo omude, omatsikani begodu neempiko zalo ezimbili. Kghabisa iimpiko zeviyaviyani ngamaphetheni anemibala eyahlukene.

Qinisekisa kobana iimpiko zombili ziyafana. Sika iviyaviyani. Namathisela umzimba weviyaviyani phezu kwerolo yephepha elingenalitho elisetjenziswa ngethoyilede. Kwanje yenza iimpondo usebenzisa iphayiphi lokuhlwendisa elibhincwe kabili. Linamathisese ehloko yeviyaviyani.





Asiphumele ngaphandle

Linga imidlalo elandelako.



Isitetjhi 1:

Umdlalo webhasketbholo:

Betha phasi ibholo lokha nawugijima ngephetheni mazombezombe.



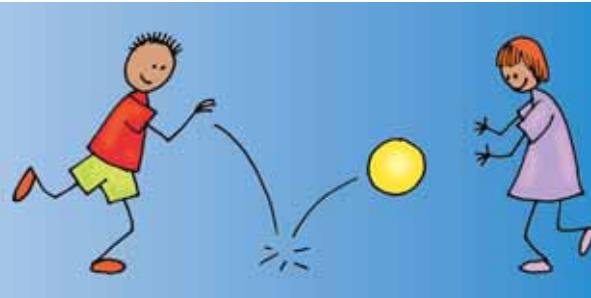
Isitetjhi 2:

Ihokhi: Sebenzisa isigojwana sokudlala ihokhi ukusunduzela ibholo emapaleni.



Isitetjhi 3:

Inetbholo: Betha phasi ibholo iye kumngani wakho lokha wena nawugijimako.



Isitetjhi 4:

Iragbhi: Gijima nebholo bese uyindlulisela phambili.



Isitetjhi 5:

Ibholo erarhwako: Dribula ibholo iye emapaleni.

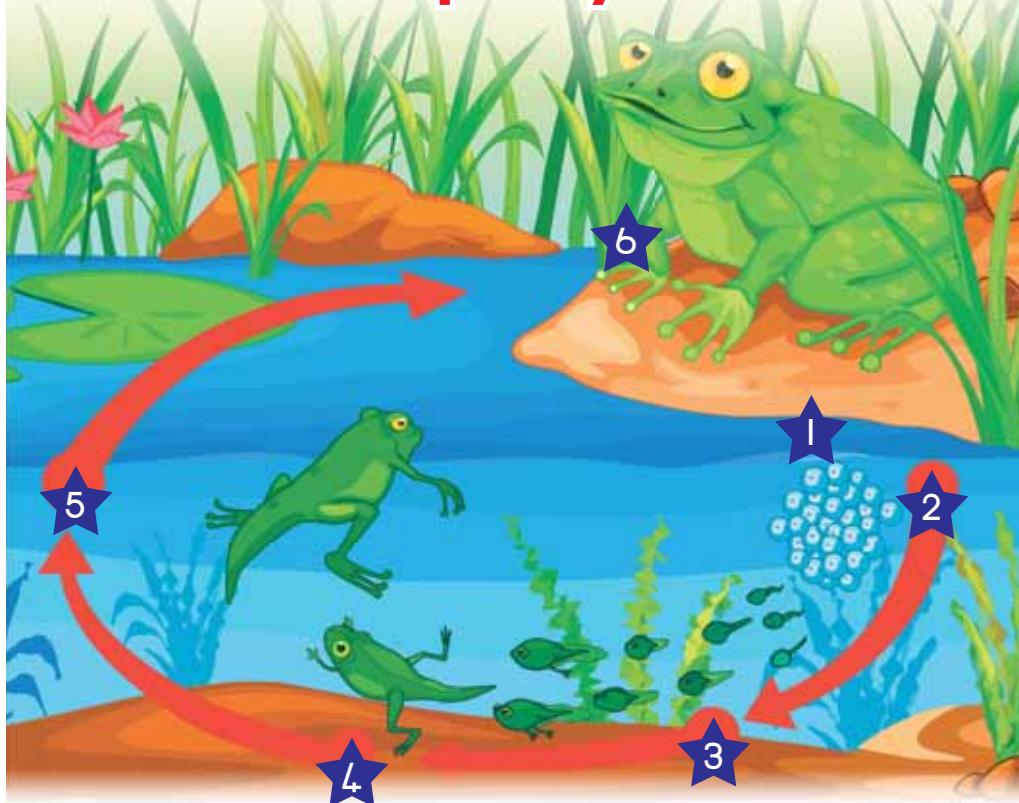


Teacher:	Sign:
Date:	

Imizombe yepilo

Umzombe wepilo utjengisa iingaba ezahlukeneko zokukhula. Tingaba zilamana ngendlela ethileko. Qala umzombe wepilo yesirhwarhwa neweviyaviyani bese nicoca ngeengaba lezi ezihlukeneko.

Umzombe wepilo yesirhwarhwa



Asikhulume

Qala iinthombe bese utjela umngani wakho kobana isirhwarhwa sitjhuguluke njani emzombeni waso wepilo.

- 1 Inrhwarhwa ezimbili ziyahlangana ukunothisa amaqanda.
- 2 Isirhwarhwa esisikazi sibekela amaqanda.
- 3 Ikolobejani encani enezitho zokuphefumula ezingaphandle nomsila osasigwedlo.
- 4 Ikolobejani ikhula imilenzana.
- 5 Umsila uyanyamalala.
- 6 Isirhwarhwa esikhulileko siba namaphaphu namajili amanengi.

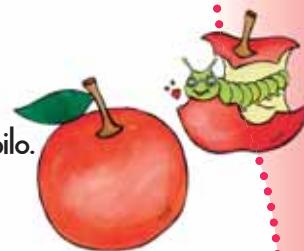


Asenzeni lokhu

Kwanje qalisisa umzombe weviyaviyani

Qedeleta kobana kwenzeka ini emgwalweni womzombe wepilo.

Sesikusizile ngeengaba ezimbili.

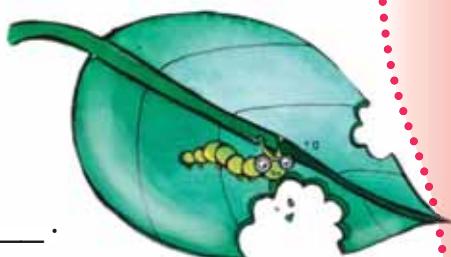


Umzombe wepilo weviyaviyani

2



3



1



2

Iviyaviyani libekela amaqanda.

6



3

_____.

4

_____.

5

Isibungu nephupha

6

_____.



5



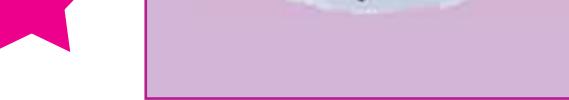
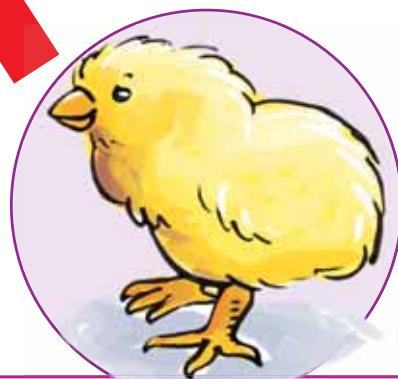
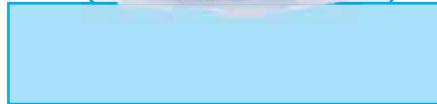
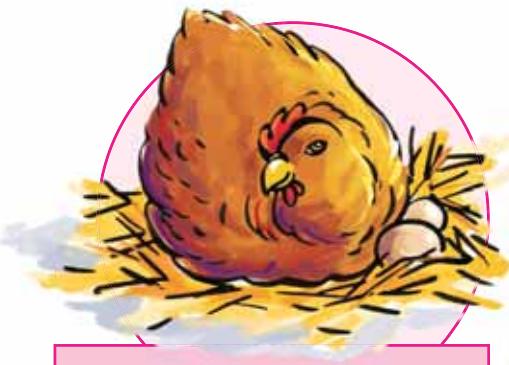
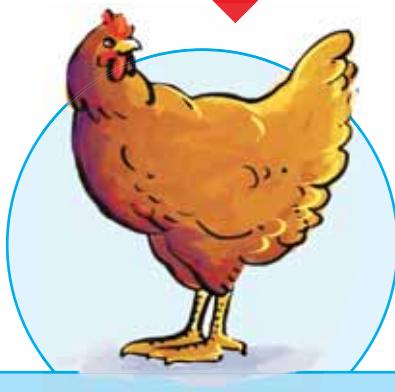
Imizombe yepilo

Asikhulume

Qalani iinthombe bese ukhuluma nomngani wakho ngomzombe wekukhu. Ngemva kwalapho tlola kobana kwenzeaka ini esigabeni ngasinye.

Umzombe wepilo yekukhu

Ithemu-2 – Iweke-5 – Iphepha lokusebenza





Asenzeni lokhu

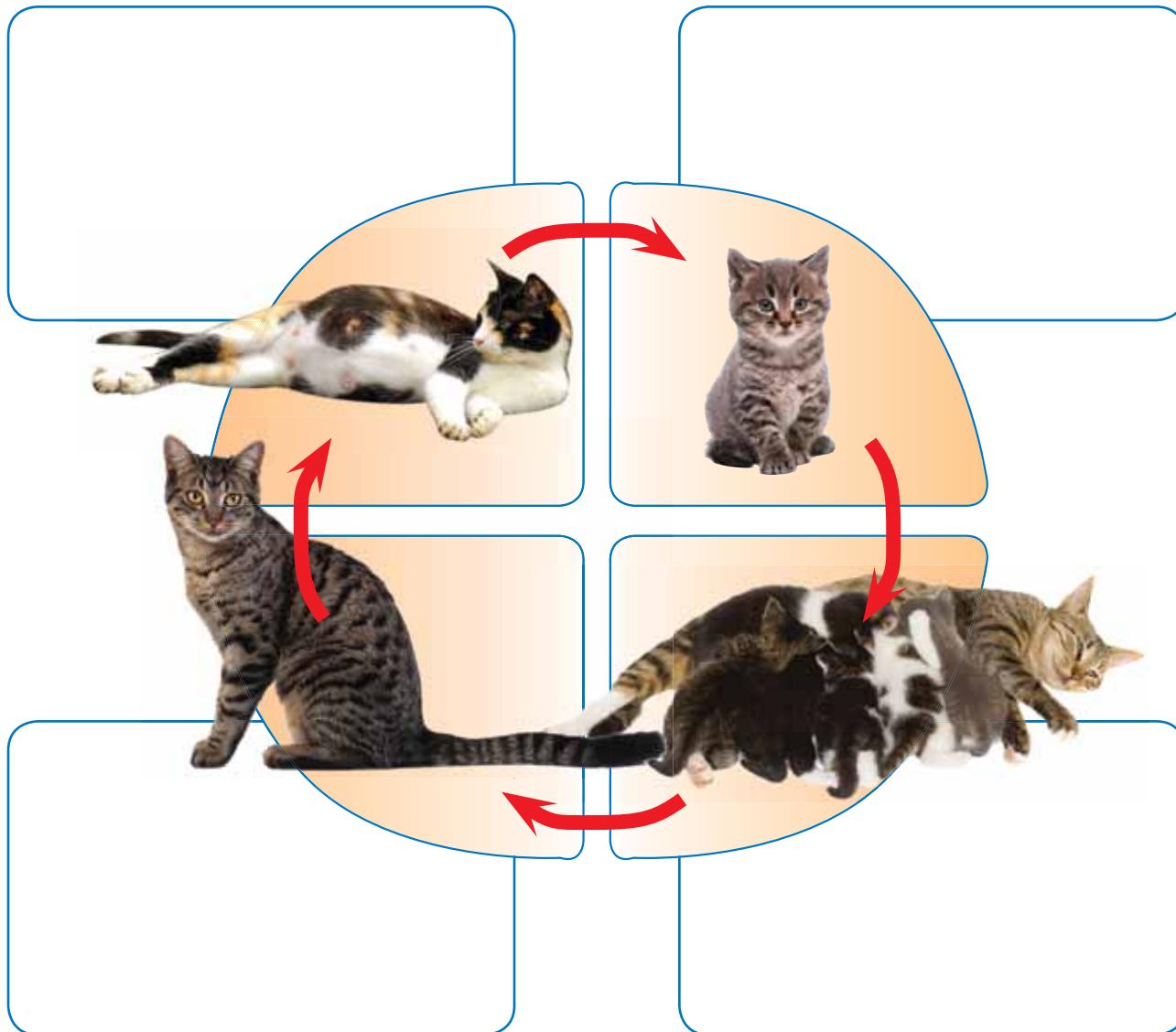
Kwanje zenzele wakho umzombe wepilo.

Leyibula esinye nesinye isithombe endatjaneni esevelini elingenzasi ukutjengisa umzombe wepilo wakakatsu. Sebenzisa iinhlokwana ezingenzasi zizokusiza.

Nombora iingaba kusuka ku-1 kuye ku-4 bese uzisebenzisa endatjaneni yakho yevili.

	Ukatswana uyabelethwa		Ukatswana okhulileko
	Umma, unina lakakatswana uba sidisi iimveke ezibunane (9)		Unina labokatswana akhotha abokatswana bakhe.

Umzombe wepilo wakakatsu



Teacher: _____
Sign: _____
Date: _____

Ifuyosithandwa yami



Asenzeni lokhu

Yenza imaski yefuyosithandwa.

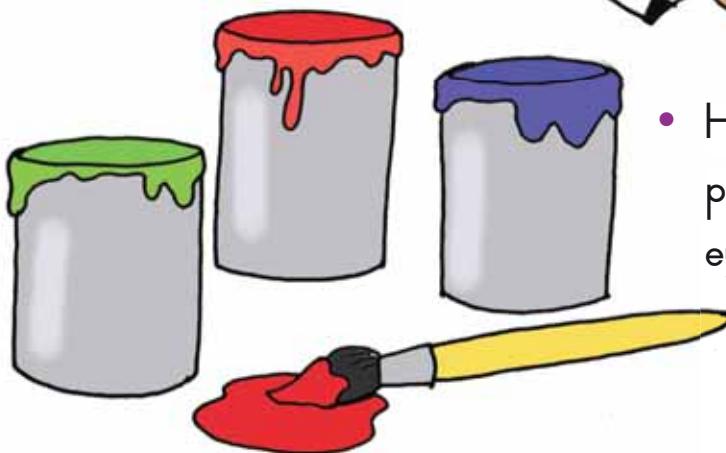
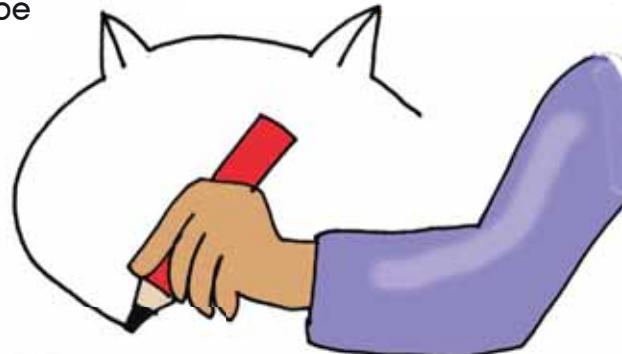
Ozokutlhoga ngilokhu:

Iphepha elinobukhulu obuyi-A4

Ipensela

Ipende eyipuyere namanzi

Iingojwana zokukotakota iindlebe



- Gwala umqoqo wobuso bakakatsu ephepheni.
- Hlanganisa ipende ukwenza pheze imibala emithathu eyehlukene.



- Sebenzisa isigojwana sokuzikotakota ependeni ngayinye.



- Kghabisa ubuso bakakatsu ngamacaphazi ahlukeneko.





Asikhulume

Cocela umngani wakho ngefuyosithandwa
yakho nanyana yomunye umuntu omaziko.
Yitjho kobana uzoyitlhogomela njani.



Asenzeni lokhu

Gwala izinto ezi-4 ozozitlhoga ukutjheja
ifuyosithandwa yakho. Bese utlola ihlathululo
ngaphasi kwesinye nesinye isihlokwana.



Teacher: _____
Sign: _____
Date: _____

Ukuthlhogomela ibhoduluko



Asikhulumo

Qala amaphosta alandelako bese ucoca nomngani wakho kobana amaphosta la atjho ukuthini.

Qala isiqubulo sokwenza kabutjha.

Ukhe wasibona kuphi isiqubulo esifana nalesi?



Siyakubawa, sisebenzisa kabutjha!



Asiphumele ngaphandle

Ungakghona ukusungula umdanso usebenzise amahupsi neenribhoni?





Asifundeni

Ibhoduluko singaligcina njani lihlanzekile?



Kumele sikhumbule u-**PSS**.



Phungula: Kumele siphungule ukusilaphazeka.

Sebenzisa godu: Sizisebenzise godu izinto kanengi ngaphambi kobana sizilahle.

Sebenzisa kabutjha: Sitlhoga ukufunyana iindlela zokusebenzisa iphepha,

amakotikoti kanye namabhodlelo.



Asitlole

Etheyibuleni ellandelako, tlola amabizo
wezinto ezingasetjenziswa kabutjha.
Unikelwe erhelweni ngalinye lokho
ozokuthoma ngakho.



Sebenzisa kabutjha amarhalasi	Sebenzisa kabutjha amoplastiki	Sebenzisa kabutjha amaphepha	Yenza ivundiso
Amabhodlelo wakade	Imigodlana yamoplastiki	Amaphephandaba	Amakelo wemirorho



Ukwenza kabutjha

Ithemu-2 – Iweke-7 – Iphepha lokusebenza



Asitlole

Gwala umuda osuka ezintweni ezingesandleni sesincele uye ngesandleni sokudla, ukutjengisa kobana zingasetjenziswa njani ukwenza izinto ezinye ezingasetjenziswa kuhle.



Kwanje dizajina bewuleyibile into ongayenza usebenzise izinto ezibuyeletweko ebegade zilahliweko.

Ibizo lento

Gwala isithombe sento yakho.

Yenziwe



Asitlole

Izinto ezingenza ivundiso ehle. Tlola elinye nelinye igama kalandela ngenzasi endaweni yalo efaneleko ukuqedelela itheyibula. Kumele ucabange nangezinye izinto ozaziko bese uyzahlela uzibeka ngemakholomini afaneleko.

iinkhwanyana zamaplastiki

amakari wemirorho

amazipho

amakotikoti weenselo

amaqephe wamaqanda

Izinto ezingekhe zabola

Izinto ezingabola



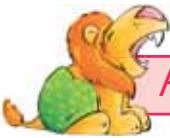
Asenzeni lokhu

Gwala iphosta
ubawe abantu
kobana
bangasasilaphaza.
Gwala isithombe
bewutlolole nomyalezo.



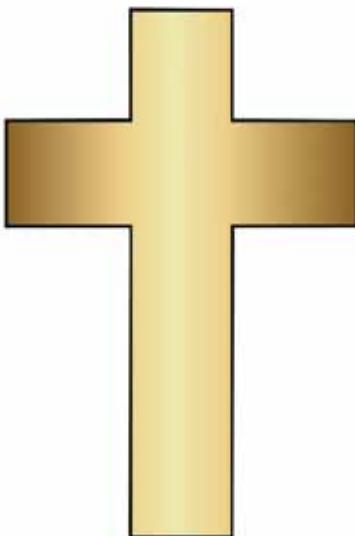
30 linkolo kanye namanye amalanga akhethekileko

Ithemu-2 – I'veke-7 – Iphephä lokusebenza



Asikhulume

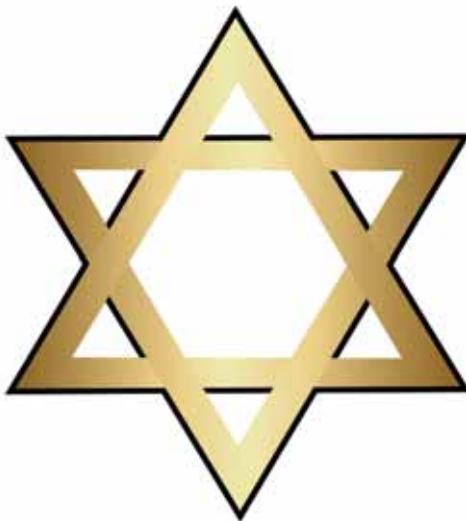
Khuluma nomngani wakho ngamatshwayo wekolo. Yitjho kobana ikolo yakho isebeenzisa liphi itshwayo. Nawungaliboniko itshwayo lekolo yakho, ligwale ukuze umngani wakho alazi.



Isiphambano litshwayo lamaKrestu.



Inyanya eyihlendla nekwekwezi zakha itshwayo lama-Islamu.



Itshwayo lamaJuda yiKwekwezi yakaDavida. IKosi uDavida yabe iyikosi yama-Israyeli.



Itshwayo lamaHindu litshwayo u-om, elitlolwa ngelimi lamaSanskrit we-Indiya

lindawo ezahlukeneko lapha kudunyiswa khona



Asenzeni lokhu

Gwala umuda ukuhlanganisa ikolo ngayinye nendawo lapha
kuhlanganyelwa khona nakudunyiswako. Tlola ibizo lomakhiwo
ngaphasi kwesithombe ngasinye.

itempeli

isinagogo

indlu yesondo labakholelw kuMahomed

isondo

Ikolo

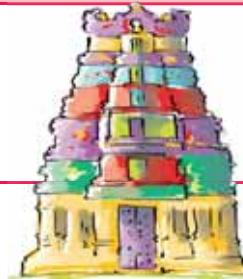
Ama-Islamu

AmaHindu

AmaKrestu

Abakholelw
kuJuddyizimu

Indawo yokukhonza



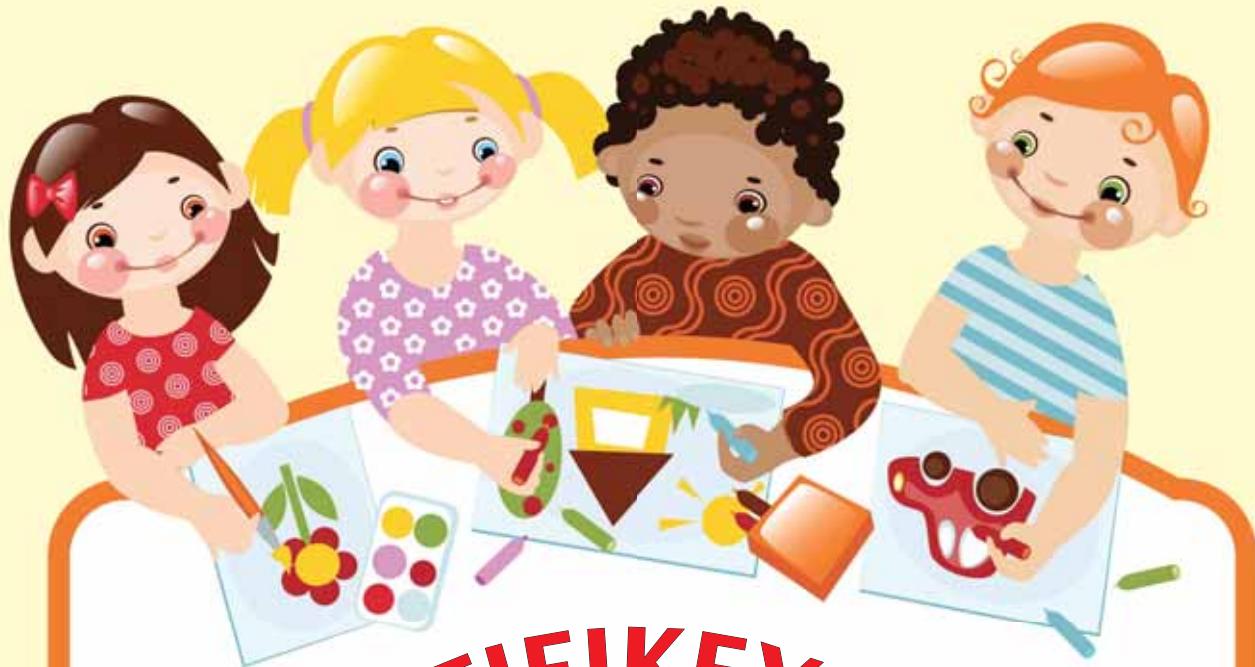
Asenzeni lokhu

Buza abangani abane (4) kobana ngimaphi amatshwayo atjengisa ikolo
yabo. Buyelela utlole amatshwayo lawo eduze kwamabizo wabo.

Ibizo lomngami

Itshwayo labo





ISITIFIKEYIDI

Sokuphumelela iGreyidi lesi-3

AmaKghono wezepilo incwadi yoku-1

sinikelwa u-

Tlola ibizo lakho.

Ilanga _____

Utitjhore _____

Isihlathululi-magama sami

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Isihlathululi-magama sami

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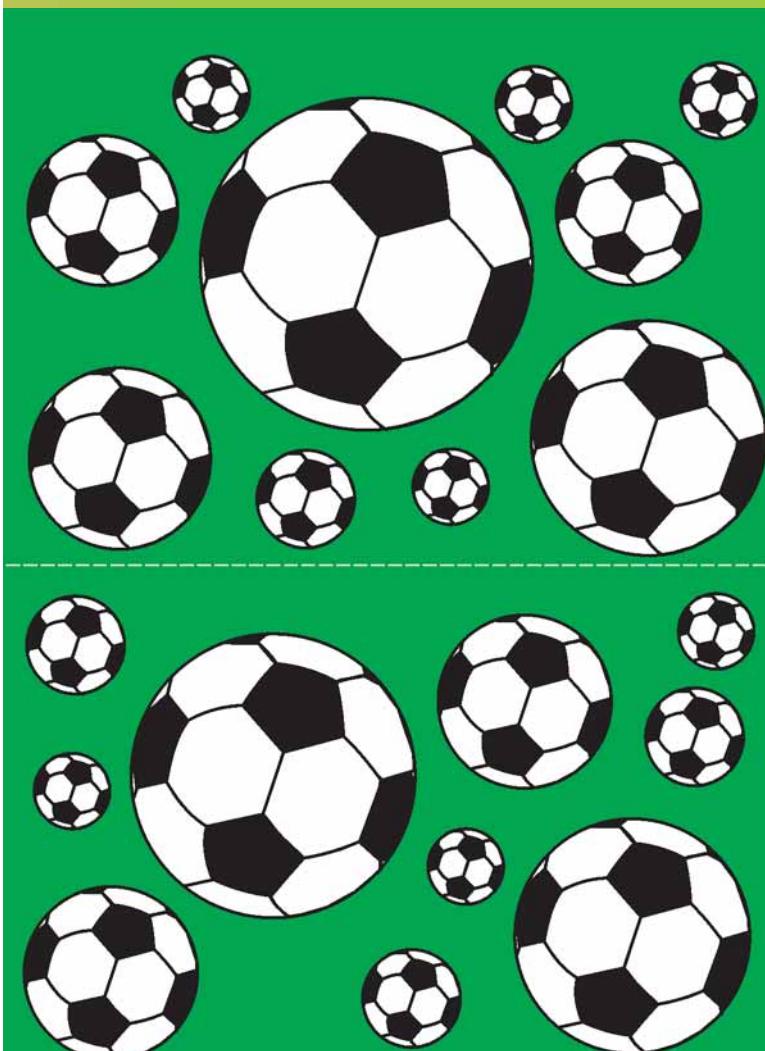
w

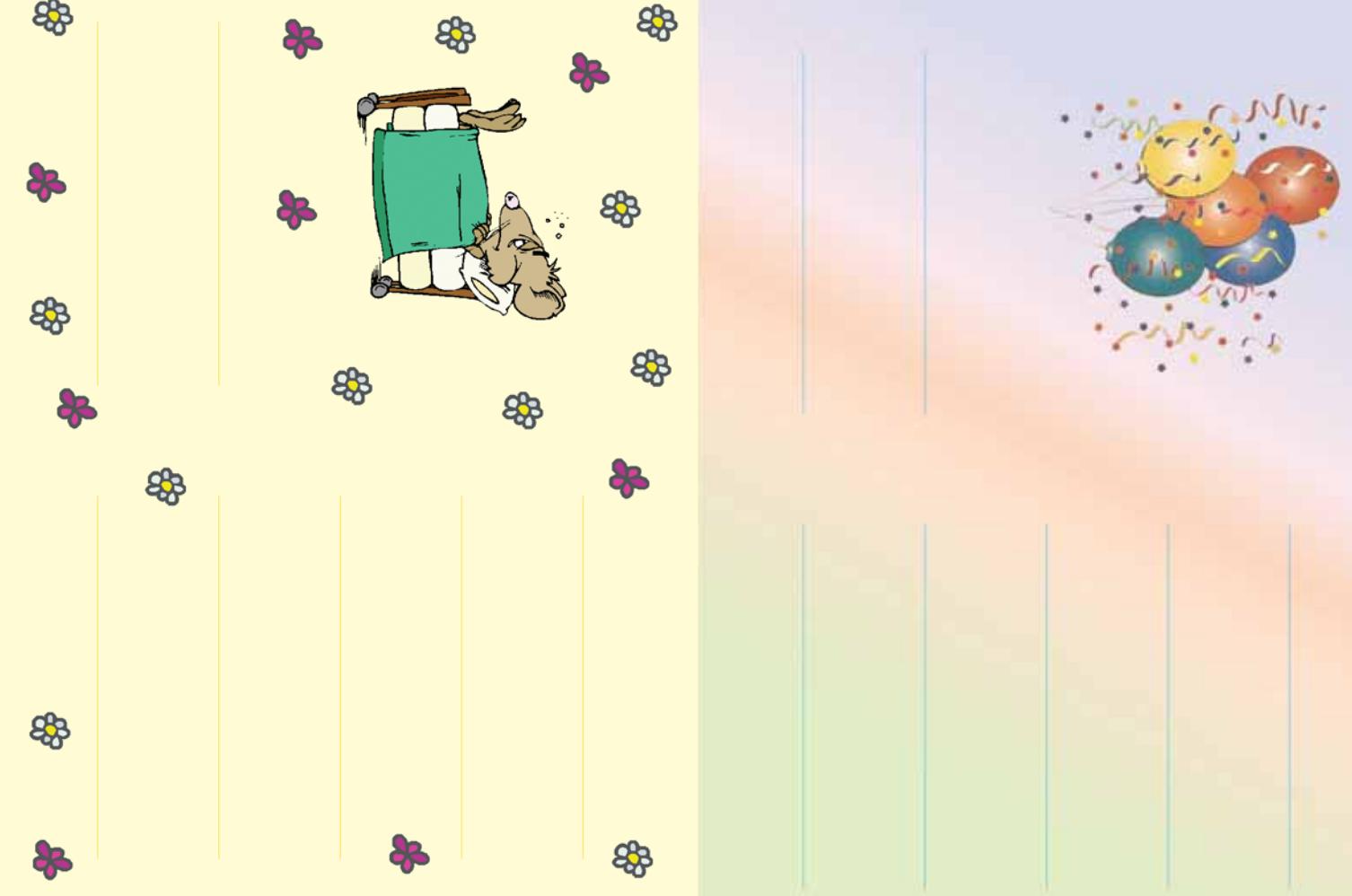
R

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X - Z

x - z





P.45

