



Vho Angie Mutshekga  
Minista wa Muhasho  
wa Pfunzo ya Muteo



Vho Enver Surty  
Muthusaminista wa  
Pfunzo ya Muteo

Bugu idzi dzo iñwalelwa vhana vha Afrika Tshipembe, mushumo wa hone wo rangiwa phanđa nga Minista wa Pfunzo ya Muteo. Vho Angie Motshekga na Muthusaminista wa Pfunzo ya Muteo. Vho Enver Surty.

Bugu dza u shumela dza Rainbow ndi tshipida tsha zwe Muhasho wa Pfunzo ya Muteo wa ita zwa u khwiñisa vhukoni ha vhagudi vha Afrika Tshipembe vha gireidi dza rathi dza u ranga. Sa tshinwe tsha zwithu zwihiwlwane zwa Pulanetshumisi ya Muvhuso, thandela iyi yo konadzea nge ya lamedzwa lu sa vhudziswi nga Muhasho wa Gwama ja Lushaka.

Hezwi zwe ita uri Muhasho u kone u bveledza bugu idzi, dzi kha nyambo dzothé dza tshiofisi, dzi tshi waniwa mahala.

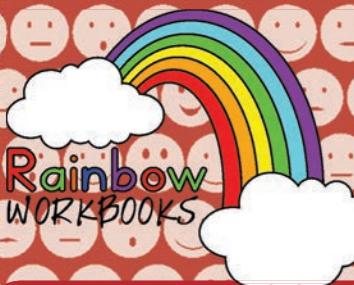
Ri na fulufhelo !auri bugu idzi dzi do thusa vhadededzi (vhagudisi) mushumoni wavho wa u funza wa ḫuvha !inwe na !inwe khathihi na u vha na vhuñanzi uri vha khunyeledze kharikhulamu yothe. Ro ita nga vhuronwane uri ri sumbedze ndila vhadededzi kha nyito nge ra shumisa aikhoni dzi no sumbedza uri mugudi u tea u ita zwifhio.

Ri na fulufhelo !i no bva !i mbiluni uri vhana vha do diphina nga u shumisa bugu idzi zwenezwi vha tshi khou aluwa na u guda, khathihi na uri na vhonevho, sa mudededzi, vha do diphina na vhana avha.

Ri ri kha vhone na vhagudi vhavho, ngavhe zwi tshi vha nakela musi vha tshi shumisa bugu idzi. Zwi pfumbe.



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LIFESKILLS IN TSHIVENDA  
GRADE 3 – BOOK 1

TERMS 1 & 2

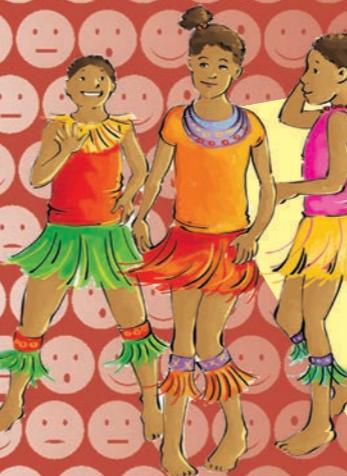
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Yo vusuludzwa,  
i tevheda CAPS

Gireidi ya

3



# Zwikili zwa Vhutshilo nga Tshivenda

Bugu ya 1  
Themo 1 & 2



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Kilasi:



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# Maduvha mahulwane a 2016

## Phando

La 1 Duvha la Nwaha Muswa  
La 31 Duvha la Vhana vha  
Zwiataranani

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La 14 Duvha la St Valentine

## Lambamai

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La 4-11 Passover  
La 5 Paseka  
La 6 Duvha la Mita  
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La 22 Duvha la Tshaka Dzothe la Mme  
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Vhukonani

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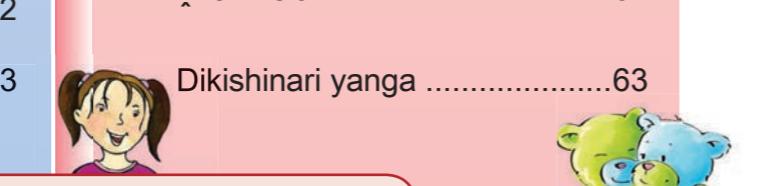
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Holodei ya Lushaka ya Afrika Tshipembe:

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Duvha lihulwane la nyelelo la Tshiisilamu:

Duvha lihulwane la nyelelo la Tshibahá'í:

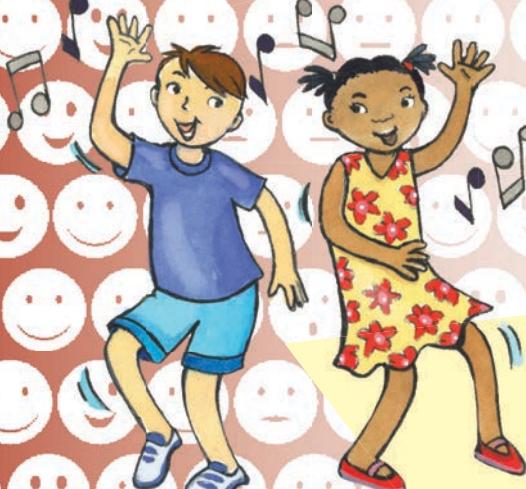


Maðuvha a Mbumbano ya Dzitshaka a Tshaka Dzoþe:



# Gireidi ya

3



Zwikili zwa Vhutshilo  
nga **TSHIVENDA**  
Bugu ya !



Bugu iyi ndi ya:



# Nñe

shulela la

Themo ya I – Vhege ya I – Bammbiri la u



Kha ri nwale

Muñwe na muñwe washu ha fani na muñwe nahone rōthe ri vhathe.  
 Dadzani linwalo la vhuñe li no amba nga inwi. Itani tshit̄embe tsha ID.  
 Musi no no fhedza, ni sumbedze khonani yanu.

Inwi na khonani yanu ni fana nga mini na  
 fhambana nga mini?



## Linwalo la vhuñe

Dzina:

Miñwaha:

Deithi ya Mabebo:

nwaha nwedzi duvha

He wa bebelwa hone:

Mutukana kana musidzana:

Luambo lwa hayani:

Muvhala wa mavhudzi:

Vhuntha: \_\_\_\_\_ cm dza

Muvhala wa maṭo:

Tsaino



Dioleni tshifanyiso.



Kha ri ambe

Lingedzani u elelwa  
vhutshilo hanu u swika zwino

Ni elelwa u swika ngafhi?

Ni klha di humbula ḫuvha lanu la mabebo  
la vhuvhili?

Ni kha di humbula musi ni tshi thoma  
tshikolo?



Kha ri nwale

Nwalani mutalotshifhinga  
wa vhutshilo hanu.



Ndo bebwa nga

Ndo thoma u  
amba nga

Ndo thoma  
tshikolo nga

Ndo phasela kha  
gireidi 3 nga

ñwedzi

ñwaha

20 \_\_\_\_\_

20 \_\_\_\_\_

20 \_\_\_\_\_

20 \_\_\_\_\_



# Tshikoloni tsha hashu



Kha ri ite nyito

Mudededzi (mugudisi) wañu vha ño ni thusa u ñwala mutalotshifhinga wa tshikolo tsha vhoiwe. Ro dzula ro ni thomela wone. Mudededzi wañu vha ño ni vhudza zwiñwe zwithu zwiñwane zwine na nga dzhenisa.

Themo ya I – Vhege ya I – Bammbiri I – shulela ja

Tshikolo tsha vhoiwe tsho thoma lini?	Vhophirintsipala vha vhoiwe vho thoma u shuma lini?		



Kha ri ñwale

Divhazwakale ya tshikolo tsha hanu ndi ifhio? Wanani phindulo ya mbudziso dzi re afho fhasi ni dzi ñwale zwikhalani zwi re kha kholomo ya u thoma. Olani zwifanyiso ni tshi sumbedza divhazwakale iyi.

Tshikolo tsha hanu tsho thoma nga ñwaha ufhio?	Olani tshifanyiso tsha tshikolo tsha hanu.
Phirintsipala (thohoyatshikolo) wa u thoma o vha e nnyi?	

Muano wa tshikolo wo vha u uf hio?

U kha di vha wo ralo?

Olani betsho ya tshikolo.

Bulani tshinwe tshithu tsha tshipentshela tshi no kwama tshikolo tsha hanu. (Thamusi ho vhuya ha vha na mugudi wa tshipentshela kana vhukoni ha tshipentshela he ha itwa.)

Olani tshifanyiso tshi no sumbedza uri tshikolo itshi ndi tsha tshipentshela nga mini.

Bvelani nnda

Musi ni sa athu u ya nnda u ya u ita ndowendowe, thomani ni onyolowe sa tshimange. Hezwi zwi do ni thusa uri muvhili u si kondé u tharamuwa. Ni dovhe ni onyolowe hafhu musi no no fhedza ndowendowe u itela u digeda na u femuluwa. Hezwi zwi do ni thusa uri misipha i si vhavhe nga murahu. Zwino itani zwine a vha vhana vha khou ita.

Mudededzi wanu vha do vhidzelela dzina lanu vha ni posa bola. I gavheni i sa athu wela fhasi.

Zwino lingedzani u gavha bola nga mukhwama musi khonani yanu a tshi ni posa yone.

Posani bola kha khonani yanu ni vhone arali a tshi nga i gavha nga mukhwama.

Onyolowani sa tshimange ni awele.



Teacher:  
Sign:  
Date:

# Zwothe nga ne

Themo ya 1 – Vhege ya 2 – Bammbiri ya u shulela ja

Kha ri ambe

Humbulani nga tshinwe tshithu tshi no takadza tshe tsha bvelela kha inwi kale ni vhudze khonani yanu u itela uri a kone u ni ɏalukanya zwavhudı.

Ndo vha ndi na miñwaha  
mitanu musi ndi tshi ya  
lwanzhe lwa u thoma.

Ndo wa kha luvhondo  
ndi na minwaha mina



Kha ri ambe

Vhudzani khonani yanu uri uyu muthu o shanduka hani u bva a tshee tshixele u swika a tshi vha mulala.

tshixele	ñwana	ñwana wa tshikolo

khomba	mualuwa	mulala



Bvelani nn̄da



Zwi iteni ni kha tshigwada. Disikeleni luimbo ni tshine.

Musi ni kha tshigwada, n̄walani maipf̄i a luimbo ulu tshikhali tshi re afho f̄hasi. Zwino sumbedzani kilasi yanu uri luimbo lwanu lu imbiswa hani zwenezwi ni tshi khou tshina.



Teacher:	.....
Sign:	.....
Date:	.....



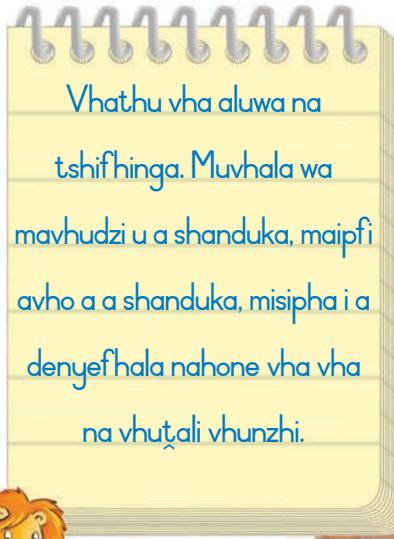
# Vhahulwane na vhatuku

Themo ya 1 – Vhege ya 2 – Bammbiri la u shulela la



Kha ri ambe

Ambani ngauri vhana vhahulwane na vhaaluwa vha fhambana hani na vhoiwe.



Kha ri nwale

Vhathu vha shanduka nga ndilade musi vha tshi aluwa?



Ndi zwifhio kha zwi tevhelaho zwine na zwi ita nga ndila i sa fani na ya vhabebi vhanu.

	Nne	Vhabebi vhang'a
U gidima ni sa dinetisi.		
U tamba khadi.		
U vhala gurannda.		
U reila goloi.		
U tamba nthaha miri.		



Kha ri imbe

Kha ri dilugisele u imba.

Itani miungo iyi.



Muungo u no ṭavhanyedza sa wa saireni ya ambulentse.

Muungo u no ongolowa sa luimbo lwa u luludzela ንwana.

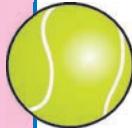
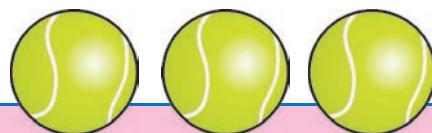
Muungo u re nṭha sa wa tshinoni tshi tshi lila.

Muungo u re fhasi sa ndau i tshi vhomba.

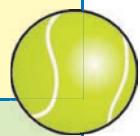


Bvelani nn̄da

Ni nga gavha bola?



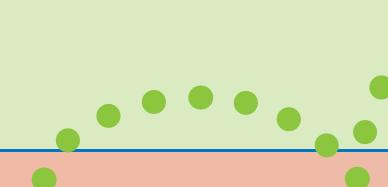
Posani bola ya thenisi muyani ni i gavhe nga zwanda zwivhili.



I poseni nṭha ni phaphathe zwanda ni sa athu i gavha.



Bammbisani bola ya  
thenisi fhasi.



Zwino itani bethe ni tshi shumisa mabammbiri o pombiwaho kana  
thanda. Zwi shumiseni kha u bammbisa bola fhasi.



Zwino navhani sa tshimange.



# Vhudipfi

Themo ya I – Vhege ya 3 – Bammbiri la u shulela la



Kha ri ambe

Lavhelesani zwifanyiso izwi ni bule uri avha vhana vha khou dipfa nga ndilade. No no vhuya na dipfa nga iyi ndila? Nwalani uri vhana vha dipfa hani. Shumisani maipli aya uri a ni thuse.

vho ḥungufhala

vho takala

vha khou disola

vho tshuwa

vha a dihudza

vho sinyuwa



Bvelani nnđa

Tambani mutambo wathenisi ni tshi ita ndowendowe ya u rwa nga tshaphanda na nga tshamurahu.





# Kha ri ambe

## Ndi mini zwi no ni takadza?

Ndi mini zwi no ni tungufhadza?



Kharinwale

## Ni shushedzwa nga zwithude?

## Ndi mini zwi no ni sinyusa?



Nwalani zwi nwalwaho kha dayari zwa duvha lithihi musi we na pfa no takala. Anetshelani zwe zwa bvelela kha inwi.

## Dayari yanga

Nwalani zwi nwalwaho kha dayari zwa duvha lithihi musi we na pfa no tungufhala. Anetshelani zwe zwa bvelela zwe zwa ni tungufhadza.

## Dayari yanga



# Zwithu zwine nda zwi funesa

Themo ya I – Vhege ya 3 – Bammbiri la u shulela la

Kha ri nwale

Talutshedzani tshigwada tshañu uri ndi nyito dzifhio dzine na takalelesa u ita.  
Zwino nwalanai madzina a nyito idzi zwikhalani zwi re kha mepe wa mihumbulo.




**ZWINE NDA  
TAKALELESA  
U ITA.**

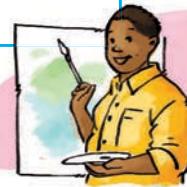




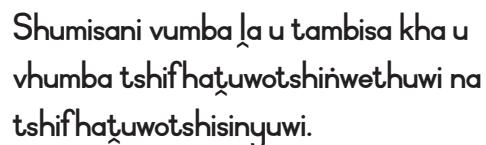
## Kha ri ole

Zwino shumisani mepe wañu wa mihumbulo kha u ñwala phara i no amba nga zwine na takalelesa u ita nauri ndi nga mini ni tshi takalelesa nyito idzi.

## Zwine zwa ntakadzesia



Kha ri ite nyito



## Kharimbe

Vhudzisani khonani ḫhanu uri dzi takalela u ita zwifhio. Khałarani tshibuloko tshithihi misi yo᷑he musi vha tshi sumbedza u takalela nyito nngede.

5					
4					
3					
2					
1					

Ndi nyito ifhio ine ya takaleleswa?



Teacher  
Sign:

Date:

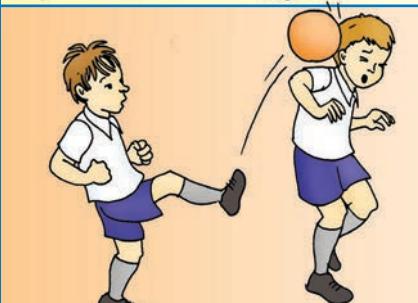
Date:

# Vhudipfi

Lavhelesani tshirinwe na tshirinwe tsha hezwi zwifanyiso ni ambe ngauri ni nga thusa avha vhana nga ndilade uri vha ite zwe teaho. Itani thiki kha phindulo i re yone.

Themo ya 1 – Vhege ya 4 – Bammbiri ya shulela ja

Kha ri ambe

	<p>A ni koni u tshimbila ni songo bonya matō!</p> <p>Tshukhwil! Litshani ndi ni thuse u tshi doba!</p>	
	<p>Eish! Kheiha bola yanu.</p>	
	<p>Ohoo! Iyani u tambela kule hangei!</p> <p>Ndi yanga nahone ndi nga si ni fhe.</p> <p>Iđani mungana wanga ri le rothe tshokoleithi.</p>	

Kha ri nwale

Khonani dza mbiluni ndi khonanide?

Arali nda khakhela  
muřwe muthu ndi a  
humbela pfarelo.



Arali nda vhona  
khonani yanga a tshi  
khou kundelwa ndi a  
mu thusa.



Deithi: .....

Nwalani zwiṁwe zwithu zwivhili hafhu zwine khonani dza mbiluni dza itelana.



### Kha ri ambe

Lavhelesani tshirinwe na tshirinwe tsha hezwi zwifanyiso. Ambani ngazwo. Zwino nangani tshifanyiso ni ite litambwa ngatsho. Zwino nangani tshifanyiso tshithihi ni ite litambwa latsho ni tshi sumbedza zwe zwa bvelela.



Zwino nwalani litambwa li no amba nga tshifanyiso tshe na nanga. Nwalani madzina a vhabvumbedza kha kholomo ya u thoma.




### Bvelani nnda

Edzisani hezwi zwithu.

- Gidimani ni tshi mona na mudavhi. Musi mudededzi vha tshi ri "shanduka" ni a rembuluwa na gidima ni tshi humela murahu.
- Zwino bammbisani bola ni tshi khou tshimbila nga tshaphanda.



# U ditola

Themo ya I – Vhege ya I – Bammbiri – Kha ri ite nyito



Kha ri nwale

Ditoleni

Ndi khonani ya mbiluni.

Ndi a vhavhalela khonani dzanga.

Ndi a sea na vharwe vhana vha kilasini yanga.

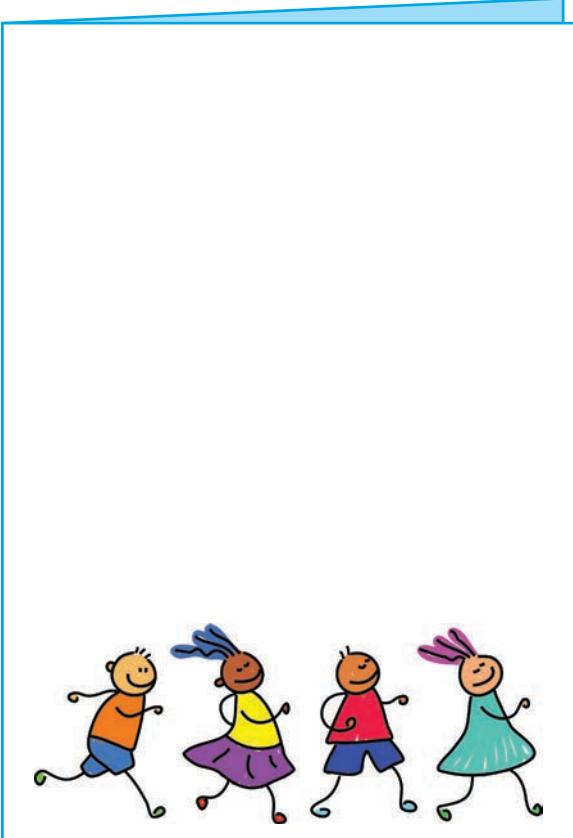
Vhunzhi ha vhana vha kilasini yanga vha a mpfuna.

Tshifhinga tshothe ndi na vhulenda kha vharwe vhatu.




Kha ri ite nyito

Itelani muriwe muthu ane na mu takalela garata. Olani tshifanyiso nga nnda hayo na mulaedza wa tshipentshela nga ngomu.






Kha ri ንwale

Olani tshifanyiso tsha khonani dzañu, kana mudededzi wanu, kana mashaka ane a vha a tshipentshela kha inwi. ኔwalani madzina avho.



## Vhatu vhane nda tshila navho vha tshipentshela



Zwino ንwalani ተhalutshedzo ya avha vhatu na uri ndi nga mini vhe vha tshipentshela.







# Mutakalo na Thusothanzi



Kha ri ambe

Ambani nga zwine zwa  
khou bvelela tshifanyisoni.



No no vhuya na bva mikota?

Ni tea u ita mini arali na nga  
thoma u bva mikota?

Ni a ḫivha hune bogisi ḥa  
Thusothanzi ḥa dzula hone?  
Bulani uri ḥi ngafhi. Ḫi

Tokomelwani.

Kanzhi u tshuwa a ho ngo tea.  
Ni elelwe u sa fanywa no kwama  
malofha a muriwe muthu.

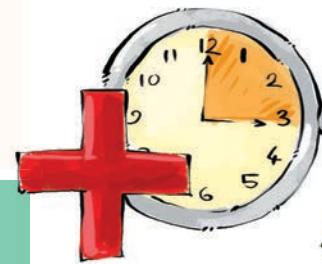
## Zwine na nga ita arali ni tshi khou bva mikota



1 Dzulelani phanda no kotamisa ḫoho.



2 Pwatulani ningi lwa minete ya 2 ni  
feme nga mulomo.



3 Vheyani tshinwe tshithu tshi no khou  
rothola kha mutsinga sa thavhula  
yo nukalaho kana matombo a a aisi o  
putelwa kha thavhula.



4 Ni songo fumula ningi musi mikota  
yo no ima.



5 Arali mikota ya sa ima nga murahu ha  
minete ya 15, iyani ha dokotela kana  
muongi (nese).

# U londa zwilonda



Kha ri vhale

Zwitzhili a ri koni u zwi vhona ngeno zwi ho<sup>ł</sup>heho<sup>ł</sup>he. Arali ra nga dihuvhadza ri tea u ita uri zwilonda zwashu zwi dzule zwe kuna u itela uri zwi si dzhene zwitzhili.



Kha ri ambe

Talutshedzani khonani dzanu uri tshilonda tshi t<sup>ł</sup>anzwiswa hani. Vha sumbedzeni uri vha tea u ita mini.

## U katudza malofha a mbonzhe

Ni songo vuwa no fara malofha a muñwe muthu.

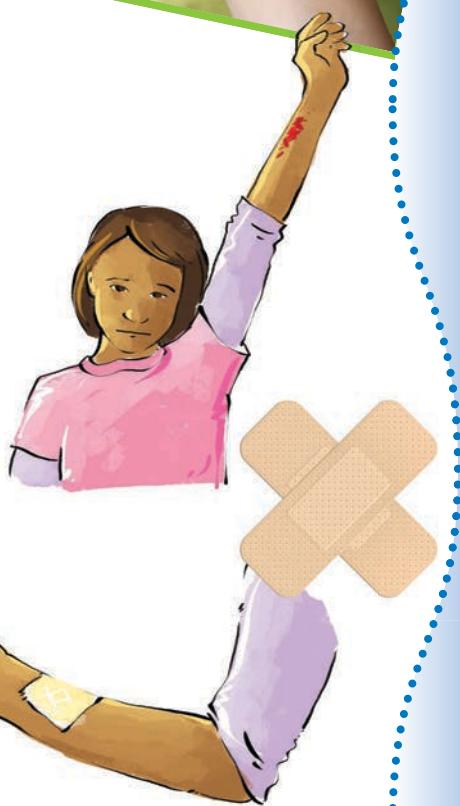
Arali ni tshi khou thusa muñwe muthu o huvhalaho, ni shumise magilavu tshifhinga tsho<sup>ł</sup>he.

Katudzani u bva ha malofha nga u vhea mbonzhe i nthha ha lelevé ya mbilu.

Lingedzani u katudza u bva ha malofha nga u ndondomedza banditshi i si na tshika kha mbonzhe.

Arali mbonzhe yo tsesa nahone malofha a sa imi u bva, iyani ha dokotela kana kiliniki.

Wanani nomboro ya shishi ine na nga founela khayo. Lutingo: \_\_\_\_\_



Teacher:
Sign:
Date:

## U swa



Kha ri vhale

Arali na nga fara tshiñwe tshithu tshi no fhis a ni do swa.  
Ni nga ita mini arali muñwe muthu a tshi nga swa?

- 1** Rothodzani afho he ha swa nga madi a no rothola lwa minete ya IO.  
Hezwi zwi thusa uri lukanda lu rothodzwe.
- 2** Pombololani kana khurumululani afho he ha swa.  
Ni songo bvula tshiambaro arali tsho nambatela lukanda.
- 3** Ni songo pomba he ha swa ni vhe na vhutanzi uri a hu rungunyi.
- 4** Arali he ha swa ho tsesa nahone hu hu hulwane u fhira tshanda  
tshañu tsha fhasi, iyani ha dokotela nga u t̄avhanya.



Bvelani nn̄da

Fhufhani nzambo ya fhasi.

Dzhiani vhutanda vhuraru kana zwipida zwiraru zwa thambo. Musi no no  
fhufhela vhukati hazwo, zwi vheeni zwe no vha kule na kule ni vhone uri  
ndi nnyi ane a nga fhufha u fhira vharinwe.



Kalani he na lavhutshela hone.

Sedzani ni vhone arali khonani  
yanu a tshi nga lavhuwa u  
fhira inwi.



Bvelani nn̄da

Itani bara.



Inwi na khonani dzañu  
sielisanani u vha bara.



Zwino sielisanani u dzungudza  
thambo uri khonani dzañu  
tshi i fhufhe.



Kha ri ambe

Hu khou bvelela mini zwifanyisoni izwi?  
Vhathu vha swa nga ndila dziñwe dzifhio?



Nwalani milayo i re na ndeme ine na tea u elelwa musi ni tshi tea u thusa musi:

Muthu a tshi khou bva mikota


Muthu e na tshilonda


Muthu o swa




# Ndi tsireledza muvhili wanga

Kha ri ambe

Themo ya 1 – Vhege ya 6 – Bammbiri la u shulela la



Ri tea u tsireledza mivhili yashu.

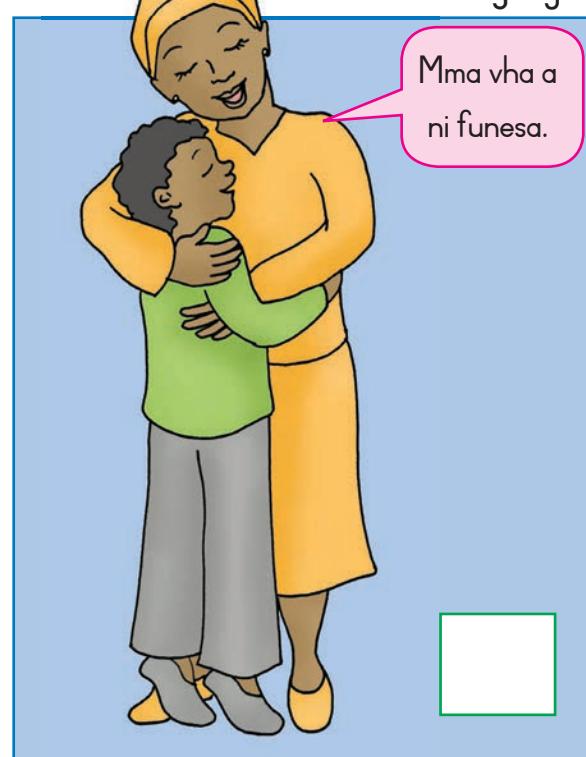
Musi ri tshi takalela tshinwe tshithu ri vha na vhudipfi ha uri "ee" mbiluni dzashu, ra tama zwi sa swiki hune zwa fhela.

Musi tshinwe tshithu tshi tshi ita uri ri pfe ri songo digeda ri vha na vhudipfi ha "hai" mbiluni dzashu, ra tama itsyo tshithu tshi tshi ima.



Kha ri nwale

Dzhenisani thiki □ arali tshifanyiso tshi tshi sumbedza nyito yo tsireledzeaho kana □ arali nyito i na khombo ngomu. Zwino rwalani fhungo nga fhasi ha tshifanyiso tshinwe na tshinwe ni tshi bula uri ndi nga mini ni tshi vhona u nga nyito yo tsireledzea kana i na khombo ngomu.



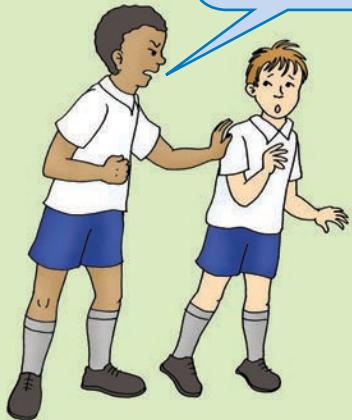
Mma vha a ni funesa.



Kha dzhene goloini ri tuwe rothe. Ndi do mu fha malegere.

A thi vha divhi nne.  
Kha vha do tuwa!

A thi ni funi na  
luthihi.



Zwino no nakelela hani  
ngoho.



## U buluuri hai

Zwi a konda uri hai, fhedzi no tea u amba uri hai arali muñwe muthu a tshi  
ita uri ni pfe ni songo digeda.

Arali muthu a tshi ita uri ni vhe na vhudipfi ha "hai" nahone a tshi ita uri ni  
pfe ni songo digeda, vhudzani muthu muhulwane ane na mu fulufhela.



Kha ri ñwale

Nangani vhathu vhararu vhane na nga vha fulufhela ni ṭalutshedze uri  
ndi nga mini ni tshi vha fulufhela.

Ñwalani ndila ine na nga vhudza ngayo muthu ane na mu fulufhela zwithu zwi sa takadzi zwe na  
ṭangana nazwo.



# U q̄itsireledza

Lavhelesani zwifanyiso izwi nga vhuronwane. Ni vhone arali ni tshi nga anetshela tshitor. Nwalani maipfi kha bulo la maipfi la u fhedza.

Themo ya! – Vhege ya b – Bammbiri la u shulela la

Kha ri ambe



Ho itea  
mini?



Kha ri ambe

Kha de, ndi do  
mu fheletshedza  
vhengeleni.

Rerani nga vhudipfi ha musidzana uyu, zwe a ita na uri vhoiwe no vha ni tshi  
nga ita zwifhio kha nzulele yo raloho.



Kha ri nwale

Nwalani milayo mitanu ya u ditsireledza.

Ni thome munwe na munwe ngauri:

Vhana vha songo vuwa vho...



Kha ri ite nyito

Itani masiki wa u sumbedza vhudipfi.

Khethani uri ndi vhudipfi hufhio hune na tama masiki wanu u tshi sumbedza.

Zwi oleni kha bammbiri la u vetaveta (la rafu).

Li gereni.

Gerani maṭo.

Li khavhiseni nga bammbiri li re na muvhala.



Bvelani nnnda

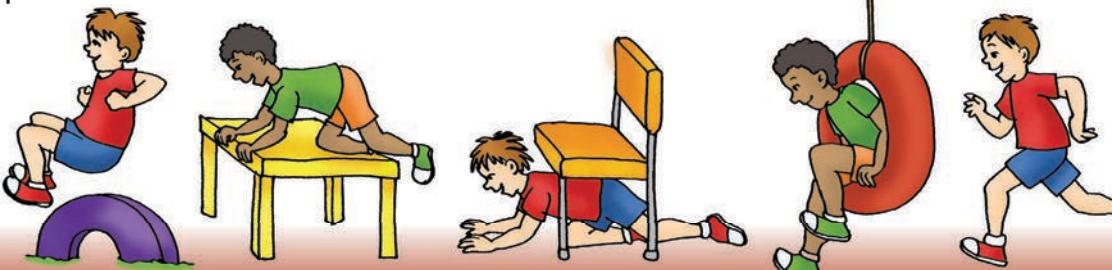
Dilugiseleni mutatisano wa mugidimo.

Govhani (tumbani) fhethu ho teaho u thomiwa hone.

Thetshelesani mudededzi wanu vha tshi ri:

"Gona fhasi! Redii! Goo!"

Ni phule ndila i re na zwikhukhulisi.



# Muvhili wanga, mutakalo wanga



Kha ri ambe

Roḥhe ri na vhudifhinduleli ha u ita uri mivhili yashu i dzule yo takala.  
Avha vhana vha khou ita mini zwine zwa vha zwavhudı kha mivhili yavho?



## Ndi zwifhio zwiñwe zwithu zwi si na mutakalo ngomu zwine vhathu vha ita?

No vha ni tshi zwi ñivha uri u daha hu vhaisa mivhili yashu?

No vha ni tshi zwi ñivha uri arali muñwe muthu a tshi khou daha tsini na inwi  
zwi nga vhaisa muvhili wañu?

U daha hu vhaisa mivhili yashu nga ndilade?



Kha ri ñwale

Itani thiki ✓ kana tshifhambano ✗ kha tshitatamennde tshiñwe na  
tshiñwe ni tshi sumbedza uri **ndi zwone** kana **a si zwone**.

	Segerete i a ñifha.
	Arali nda dzula tsini na muthu ane a khou daha, fola li nga vhaisa muvhili wanga.
	U daha hu nga ita uri maño aña a birime.
	U daha hu vhanga malwadze a mulomoni.
	U daha hu nga vhanga tshihotola.
	U daha hu nga vhanga khentsa.



## Milayo ya mutakalo

Ndi tea u t̄amba mano ndi tshi fhedza u la na musi ndi sa athu u edela. Ndi tea u gama mavhudzi ndi sa athu ya tshikoloni.

Ndi tea u nongola nala arali ndo t̄amba mavuni. Ndi tea u t̄amba mano ndi tshi fhedza u la na musi ndi sa athu u edela. Nala dzanga dzi tea u dzula dzo geriwa na u kuna tshifhinga tshot̄he.

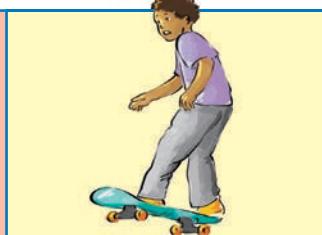
Ndi tea u t̄amba zwanda tshifhinga tshot̄he ndi tshi bva thoilethe, ndi sa athu fara zwiliwa.

Ndi tea u lāta thishu dzi re na tshika binini.



Kha ri diphiñe

Vha tea u ambara mini uri vha tsireledzee? Livhanyani zwifanyiso nga u tala mutalo u tshi bva kha zwifanyiso zwi re kha muduba wa nth̄a u tshi ya kha tshifanyiso tsho teaho tshi re kha mudumba wa fhasi.



Kha ri diphiñe



Dionyoloseni nga u t̄amba mutambo wa khirikhethhe mafanedza.

Mudededzi wañu vha do t̄amba muzika. Thetshelesani ni kone u edzisela mudivhithe wawo nga minwe kha desike.



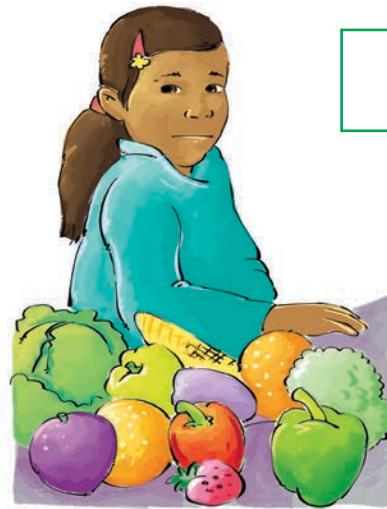
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# Pfanelo na vhuđifhinduleli

Kha ri vhale

Tshifhinga tshočhe vhana vha tea u thusa nga u shuma mishumo mičani ya havho. Fhedzi vhana a vho ngo tea u shuma mishumo i no lemela sa ya vhahulwane. Vhana vha tea u wana tshifhinga tsha u tamba na u dzhena tshikolo.

Lavhelesani zwifanyiso. Itani thiki kha mishumo yo teaho vhana. Zwino ūwalani fhungo nga fhasi ha tshifanyiso tshiinwe na tshiinwe ni tshi amba uri ndi zwifhio zwine na vhona zwe tea kana zwi songo tea vhana.



Mulalo u rengisa mitshelo đuvha ĥočhe a fhedza a si tsha dzhena tshikolo.



Musi tshikolo tshi tshi bva Mulanga u sheledza ngade ya miroho.

Themo ya I - Vhege ya 8 - Bammbiri ja - Themo ya I - shulela ja



Tshifhiwa u hwala zwidina ngauri u  
shuma kha mufhati.



Ntakadzeni na Bongi vha thusa  
kha u tanzwa zwigedelo.



Kha ri ambe

Ndi mishumo ifhio ine na ita hayani?

Ndi mishumo ifhio ine na ita tshikoloni ni tshi thusa  
mudededzi wanu?



Bvelani nnnda

Edziselani kushumelwe kwa mishumo yo fhambananaho.  
Tshigwada tsha vhoiwe tshi tea u humbulela uri ni khou  
shuma mushumo ufhio.

Vhofhanani  
milenzhi ni ite  
mbambe.



# Pfanelo na vhudifhindleli

Themo ya I – Vhege ya 8 – Bammbiri | a u shulela | a



Vhudzani khonani yanu uri avha  
vhana vha khou pfuka milayo if hio.

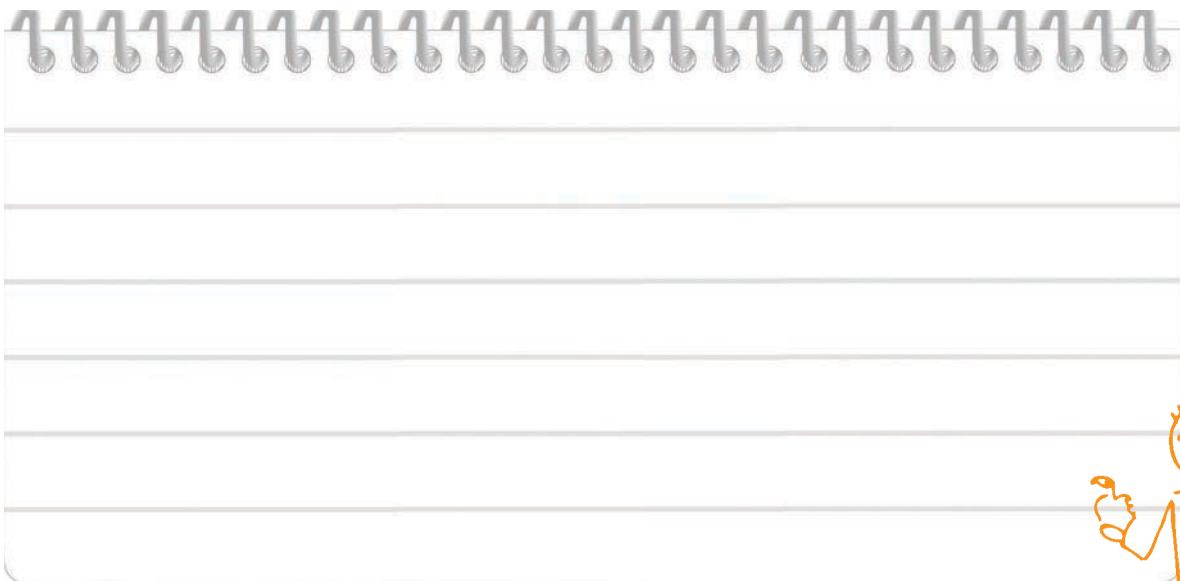
Tshikolo tshiinwe na tshiinwe

tshi na milayo u itela  
uri zwithu zwi tshimbile  
zwavhudzi. Kilasi iñwe na iñwe  
na yone i na milayo ine ra  
tea u i tevhedza.



Kha ri nwale

Nwalelani kilasi yanu milayo ya 4.



Kha ri ambe

Vhalani pfanelo na vhudifhinduleli ni ambe na khonani yanu uri zwiñwe na zwiñwe zwi amba mini.



## VHUDIFHINDULELI HA VHASWA VHA AFRIKA TSHIPEMBE

Ndingano	Tshirunzi tsha muthu	Vhutshilo	Hayani
<p>Faranji muthu muñwe na muñwe nga u linganana na u fana. Ni songo jałula</p> 	<p>Thonifhani muthu muñwe na muñwe. Ni vhe na vhuhwaho na u vhavhalela.</p> 	<p>Hulisani na u ḥonifha vhabebi vhanu. Funananī na u fulufhedzea muñani wa hanu. Vhutshilo hoñhe ndi mpo. Vhu ṭhonifheni.</p> 	<p>Thusani kha mishumo ya hayani.</p> 
Pfunzo	U shuma	Mbofholowo na tsireledzo	Ndaka
<p>Dzhenani tshikolo, ni gude ni shumese. Tevhedzani milayo ya tshikolo.</p> 	<p>Vhana vha songo kombetshedza u ḥoda mishumo.</p> 	<p>Ni songo vhaisa, u shengedza kana u shushedza vhariñe, nahone ni songo tenda vhariñe vha tshi zwi ita. Tandululani phambano nga mulalo.</p> 	<p>Thonifhani ndaka ya vhaiñe vhathe. Ni songo tshinyadza ndaka nahone ni songo tswa.</p> 
Vhurereli, lutendo na mihumbulo	Tsireledzo	Vhudzulapo	Mbofholowo ya u amba
<p>Thonifhani lutendo na mihumbulo ya vhariñe vhathe.</p> 	<p>Vhavhalelani ḥifhasi. Ni songo tambisa mađi na mudagasi. Tsireledzani zwipuka na zwimela. Kunakisani mijì ya hanu na zwitshavha zwa hanu.</p> 	<p>Ivhani mudzulapo wa Afrika Tshipembe wa vhukuma na u fulufhedzea. Tevhedzani milayo, ni vhe na vhuñanziuri na vhariñe vha ita ngauralo.</p> 	<p>Ni songo ḥuwedza mazwifhi na vengo. Ivhana na vhuñanziuri vhariñe vhathe vha songo nyadziva kana u vhaiswa.</p> 

Teacher:  
Sign:  
Date:



# 16a Mađuvha a tshipentshela a vhurereli na zwiňwevho



Kha ri ambe

Nangani vhuňwe ha vhurereli uhu. Wanani zwinzhi nga vhurereli uhu. Dilugiseleni u ita mukumedzo kílasini. Ni lengedze u ña na bugu kana zwifanyiso zwa u tikedza mukumedzo wanu.



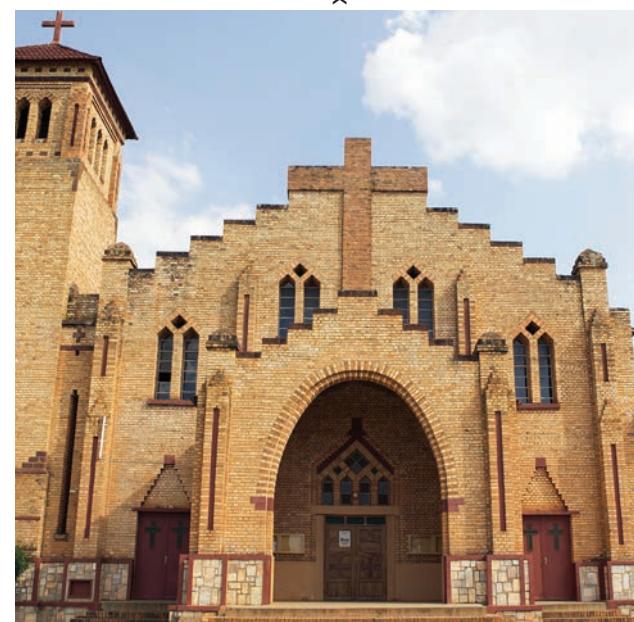
Tshihindu



Tshiisílamu



Tshiyuda



Tshikhristé

Ri tea u tphonifha vhatu vha vhurereli hothe.

Vhurereli hanu ndi hufhio?

Vhurereli ha khonani yanu ya mbiluni ndi hufhio?

Deithi: .....

# Ndi a ditola hafhu



Kha ri nwale

Ñwalani zwi no ni kwama kha garaña iyi.



Themo ya I – Vhege ydg 8 – Bammbiri ja u shulela ja

Teacher:	Sign:
Date:	

Dzina langa \_\_\_\_\_

Tshifani tshanga \_\_\_\_\_

Duvha ja mabebo anga \_\_\_\_\_

Gireidi yanga \_\_\_\_\_

Tshikolo tshashu \_\_\_\_\_

Nomboro yanga ya lutingo (founu) \_\_\_\_\_

Direse yanga \_\_\_\_\_

Nomboro ya shishi \_\_\_\_\_

Mutambo une nda u funesa \_\_\_\_\_

Muvhala une nda u funesa \_\_\_\_\_

Khonani yanga ya mbiluni \_\_\_\_\_

Zwine zwa ntakadza \_\_\_\_\_

Zwine zwa ntungufhadza \_\_\_\_\_

Zwine zwa ntsinyusa \_\_\_\_\_

Zwine nda zwi konesa \_\_\_\_\_

# Kulele ku re na mutakalo

Lavhelesani tshiñwe na tshiñwe tsha zwigwada zwa zwiliwa ni  
ambe na khonani yañu ngazwo:



Kha ri ambe

Ndi zwiliwa zwifhio zwi re kha tshigwada tshiñwe na tshiñwe?

Ndi nga mini tshigwada tshiñwe na  
tshiñwe tsha zwiliwa tshi  
tshavhuđi kha riñe?



## Phurotheini

Phuretheini dzi fhađa sele  
ntswa u itela uri mivhili  
yashu i aluwe.



## Vithamini

Vithamini na miminerala zwi  
thusa mivhili yashu kha u  
lwa na pfukelo ya zwitzhili  
zwa thusa uri ri dzule ri na  
mutakalo.



Bvelani nnđa

Humbelani mudededzi wañu vha ni sumbedze  
kutambelwe kwa mutambo wa "founu i sa shumi".  
Ni tshi fhedza ni ite ndowendowé ya u posa bola.

# Khabohadireithi

Hezwi zwiliwa zwi ri fha nungo  
(mafulufulu).



Kha ri nwale

Itani mutevhe wa zwiliwa zwe na la mulovha. Kha kholomo ya u fhedza, bulani uri izwi zwiliwa ndi phurotheini, khabohadireithi, mitshelo kana miroho naa.

Zwiliwa zwe nda la mulovha	Lushaka lwa zwiliwa



# Kulele kwashu

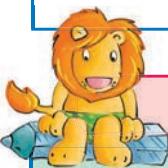
**Kha ri ambe**

shulela ja



Dzhenisani madzina a  
mirado ya tshigwada  
tshanu.

Vhudzisani khonani dzanu nna uri vha takalela u ja mini. Lavhelesani zwiliwa zwe fhambananaho ni ite thiki (✓) arali ni tshi zwi takalela, kana tshifhambano (✗) arali ni sa zwi takaleli.

**Kha ri nwale**

Lavhelesani thebulu ye na i dadza ni kone u fhindula mbudziso idzi.

Ndi zwiliwa zwifhio zwe khonani dzanu dzi si zwi takalese?

Ni vhona u nga kulele kwa khonani dzanu ku na mutakalo ngomu?

Ndi nga mini ni tshi ralo?



**Kha ri diphine**

Humbelani mudededzi vhangu vha ni sumbedze  
kutambelwe kwa founu i sa shumi.





Kha ri nwale

Itani mutevhe wa tshaka dza zwiliwa zwine ra  
tea u zwi ja duvha linwe na linwe.



Kha ri nwale

Nwalani risipi ya zwiliwa zwine na zwi funesa.

Ri tea u tinya mini?

Muñó wo kalulaho ngauri u nga  
ri vhangela mutsiko wa malofha  
u re nthá musi ro no aluwa.

Swigiri yo kalulaho ngauri i nga  
ri vhangela daibetisi musi ro no  
aluwa.

Swigiri yo kalulaho i dovha ya  
vhangla mivhili yo kalulaho.

Nyamunaithi (dirinkhi), khekhe  
na matshipisi zwe kalulaho.



Risipi ya \_\_\_\_\_

Ndi do shumisa thinganywa dzifhio?


Ndi tevhedza kubikele kufhio?


Teacher:  
Sign:  
Date:

# Kulele ku re na mutakalo ngomu

Themo ya 2 – Vhege ya 2 – Bammbiri la u shulela la



Kha ri nwale

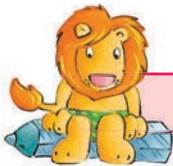
Shumani na Malindi vha khou ya Khefini ya Sunshine. Vha khou tea u renga zwiliwa zwa u bika tshilalelo. Vha thuseni uri vha ite menu wa zwiliwa zwi re na mutakalo.



Bvelani nnda

Sielisanani u dzungudza thambo uri khonani dzanu tshi i fhufhe.





Kha ri nwale

Nwalani zwithu zwine vha tea u renga na mitengo ya hone kha mutevhe wa zwirengwa u re afho fhasi. Shumanini na Malindi vho badela vhugai kha zwiliwa zwe vha renga?

## MUTEVHE WA ZWIRENGWA

## MUTENGO



Kha ri nwale

Kulele kwañu ku na mutakalo ngomu u swika ngafhi? Khañarani tshifhañuwotshiñwethuwi kha kulele kuriwe na kuriwe ku re na mutakalo.

### Kulele kwanga

	Ee	Hai
Ndi anzela u la ndi Thiviini.		
Ndi pfana na mitshelo na miroho.		
Ndi pfana na zwiliwa zwa mapfura sa matshipisi.		
A thi pfani na u nwa madi, ndi funesa dirinkhi.		
I thi li miroho ye nda sevhedzwa.		
Ndi tafuna zwiliwa zwanga nga ngona.		
Ndi la burekifasi (vhuragane) ndi sa athu ya tshikoloni.		

Vhalani uri ndi zwifhañuwotshiñwethuwi zwingana.





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# U la zwavhuđi

Olani kana ni nambatedze zwifanyiso zwa zwiliwa ni  
tshi sumbedza mulo u re na mutakalo ngomu.

Kha ri ite nyito

Themo ya 2 – Vhege ya 2 – Bammbiri | a u shulela | a

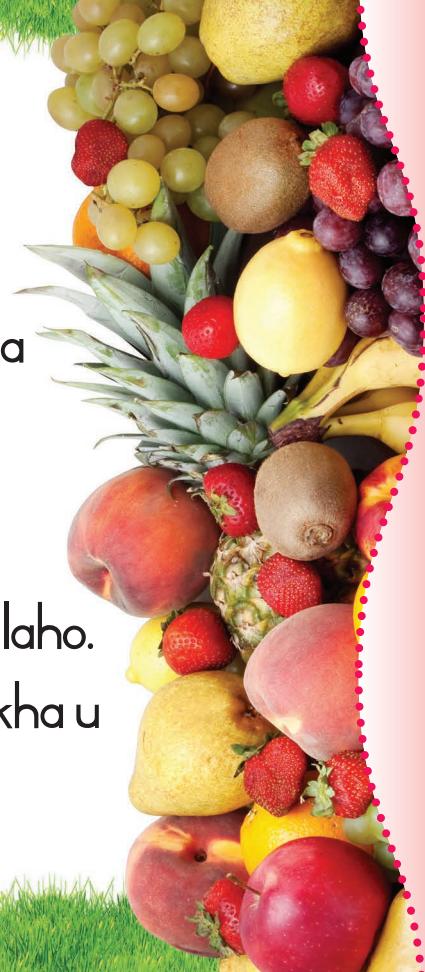
## Milayo ya kulele ku re na mutakalo ngomu

Ni tambe zwanda tshif hinga tshothe ni sa  
athu fara zwiliwa.

Ni songo litsha zwiliwa zwi songo tibiwa/  
khurumedzwa.

Ni songo la zwiliwa zwa kale kana zwe tshinyalaho.  
Shumisani makanda na makhwathi a miroho kha u  
ita pfudzethukhwi (khomphosi) ngadeni.

Tavhani miroho yanu inwi mune.



# Zwikhokhonono

Themo ya 2 – Vhege  
ya 3 – Bammbiri  
ya 4 – shulela ja



Kha ri ambe

Ambani nga zwipida zwo fhambananaho zwa zwikhokhonono.

Zwikhokhonono zwi na zwipida zwiraru zwa muhili thoho, mutumbu wa nt̄ha na mutumbu wa fhasi.

Zwi dovha zwa vha na milenzhe ya rathi na tshiphuphuledzi.



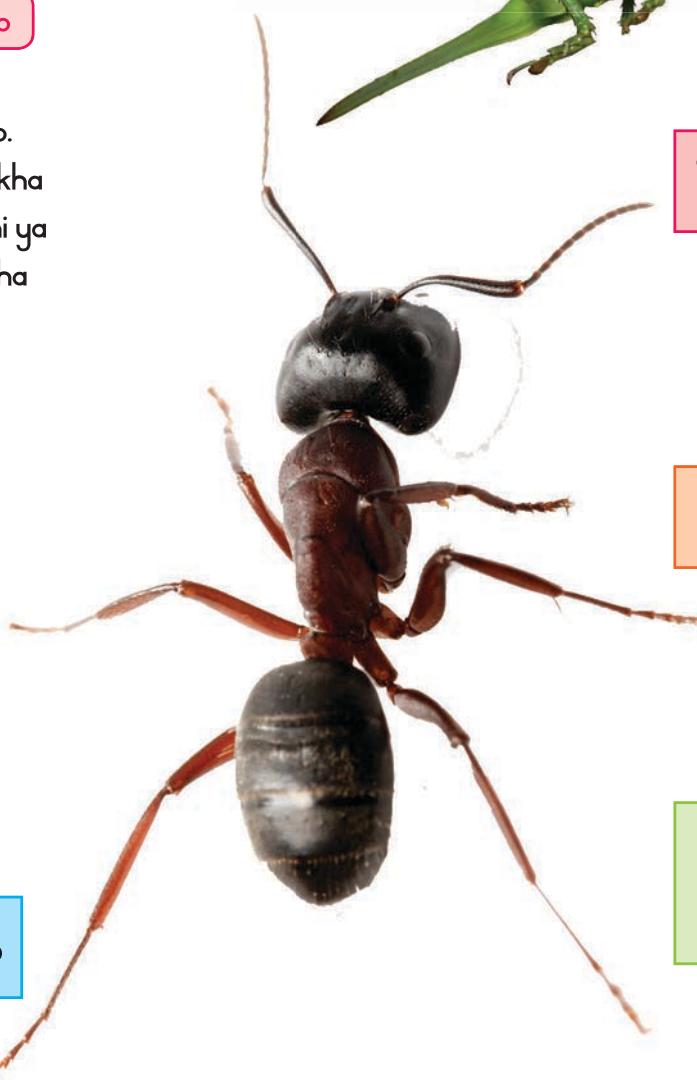
Kha ri ite nyito

Lebułani tshikhokhonono.  
Talani mutalo u tshi bva kha lebułu iñwe na iñwe u tshi ya kha tshipida tsho tea tsha tshikhokhonono.

Thoho



Tshiphuphuledzi



Lito

Muthumbu wa nt̄ha

Mulenzo/gwendo

Mutumbu wa fhasi



Bvelani nn̄da

Noñani sa ńotshi, fhufhani sa tshisu ni thamuwe sa nzie.  
Zwino no no lugela u tamba bola ya milenzhe!



# Kha ri nwale

Talani mutalo ni tshi livhanya dzina linwe na linwe na tshikhokhonono tsho teaho. Bulani uri ndi zwikhokhonono zwifhio zwine zwa ri thusa na zwine zwa ri tshinyadza.



Kha ri nwale

Zwino dzenisani (ñwalani) maipfi  
ane a khou t̄ahela.

dzi ita mutoli.

dzi andadza muvula.

vhu andadza dali (malaria).

vhu andadza malwadze.

**zwi | a zwilińwa zwa vhalimi.**



22

# Zwiñwe hafhu nga zwikhokhonono

shulela ja



Kha ri ambe

Lavhelesani zwifanyiso ni vhudze khonani yanu uri ndi ngani notshi dzi na mushumo.



Notshi dzi andadza muvula. Muvula u shuma u anwisa mitshelo.



Notshi dzi ita mutoli.

Themo ya 2 - Vhege ya 3 - Bammbiri!



Kha ri nwale

Nwalani dzina ja tshikhokhonono tshiñwe na tshiñwe zwikalani zwe na newa.



nzwonzwa muñunzu kha dzuvha.

Nzie i na magwendo  
o khwathha a u thamuwa ngao.

Deithi: .....



shumisa

tshipuphuledzi kha u davhidzana.



zwi andadza muvula kha zwimela.

andadza zwitzhili.



U ita tshikhavisi nga zwikhokhonono.

- Gerani zwikhokhonono zwi re kha siatari la zwigeriwa nga murahu ha bugu.
- Zwinembeledzeni kha henara.



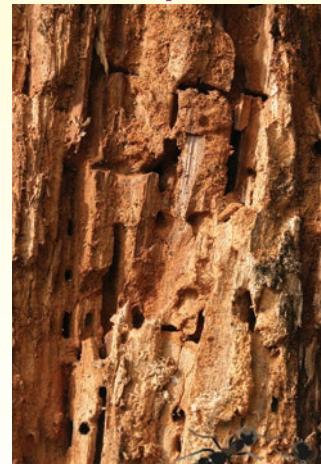
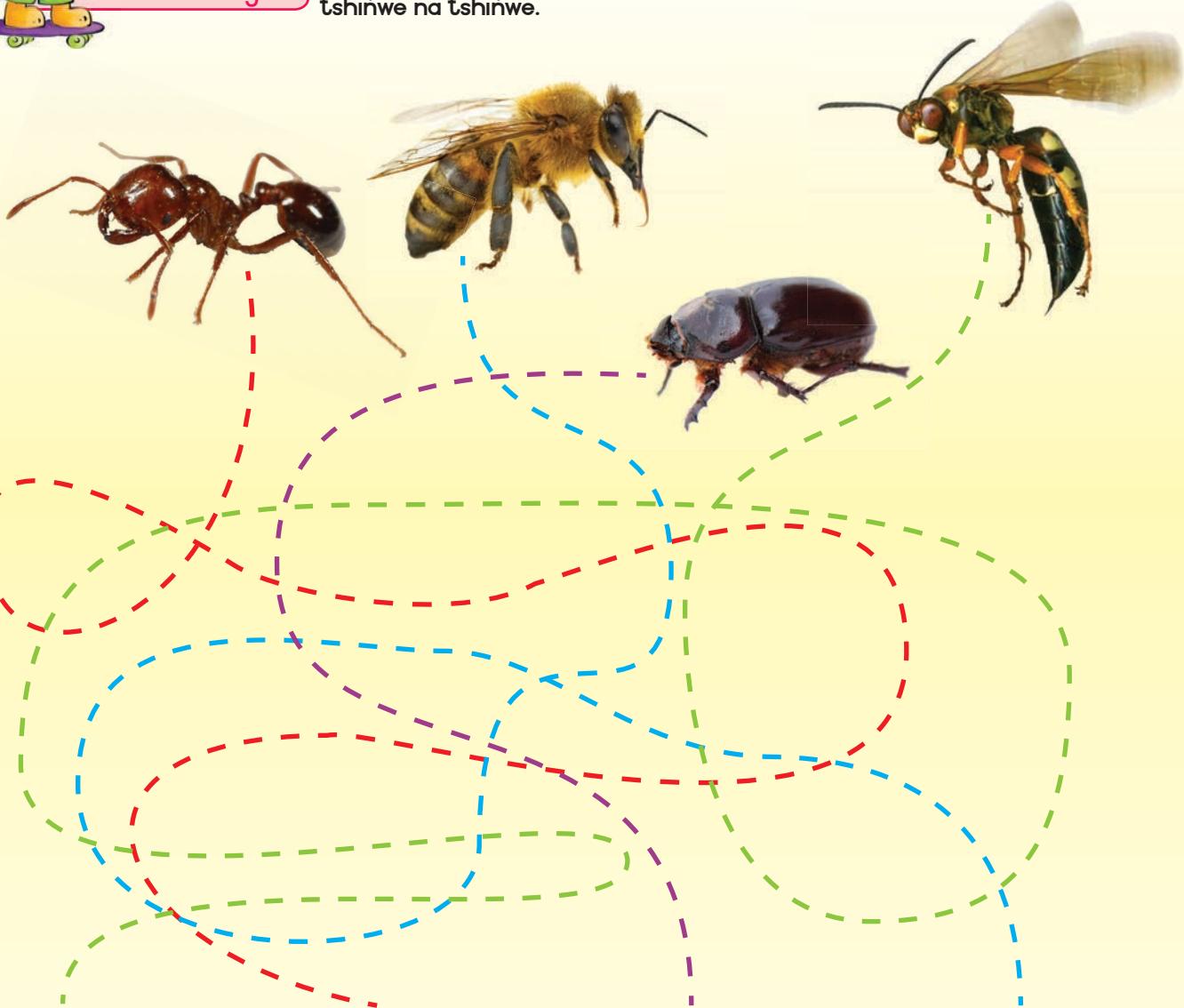
# 23 Haya ha zwikhokhonono



Kha ri ite nyito

Tevhedzelani lutambo ni wane haya ha tshikhokhonono  
tshiñwe na tshiñwe.

Themo ya 2 – Vhege ya 4 – Bammbiri! ya shulela | a





Kha ri ite nyito

Monamonani na dzharaṭa ya tshikolo ni vhone  
uri ndi tshaka nngana dza zwikhokhonono dzine  
na nga dzi wana.



Kha ri ንwale

Ndi zwikhokhonono zwifhio zwe na zwi vhona ngei nn̄da. Nangani tshithihi  
ni tshi ንwale hafha.



Itshi tshikhokhonono tshi ሁላ zwiliwade?



Itshi tshikhokhonono tshi tshimbila nga u ongolowa kana nga u ታవհanya?

Tshikhokhonono tshanu tshi na mushumo? Ndi nga mini ni tshi ralo?

Tshikhokhonono tshanu tshi a huvhadza? Ni nga ita mini arali tsha nga ni  
huvhudza?



Kha ri diphine



Zwino dizainani  
na u ola  
tshikhokhonono  
tshanu inwi  
muñe ni tshi  
rine dzina.



# Tongisani vhutsila he na ita



Kha ri ite nyito

## Itani tshisu su tshañu inwi muñé

Ni do tea u vha na: Bammbiri la A4

Khirayoni dza phula (wakisi)

Tshigero

Guluu

Tshifhuñabibi

Gwati la thoilethepheipha



Olani tshisu su, ni tshi sumbedza muvhili watsho mulapfu, musekene na mabesu. Khavhisani mabesu a tshisu su tshañu nga phetheni (makolo) dza mivhala yo fhambananaho. Ni vhe na vhutanzi uri mabesu aya vhuvhili hao a a fana na u lingana. Gerani tshisu su itshi. Nambatedzani muvhili uyu kha gwati la thoilethepheipha. Zwino itani zwiphuphuledzi nga tshifhuñabibi tsho khothiwaho.

Tshi ḥomeni kha ḥoho ya tshisu su.





Bvelani nnda

Edzisani mitambo iyi.

## Tshititschi tsha 1:

**Basiketebolo:** Bammbisan bola ni tshi khou gidima nga masongesonge.



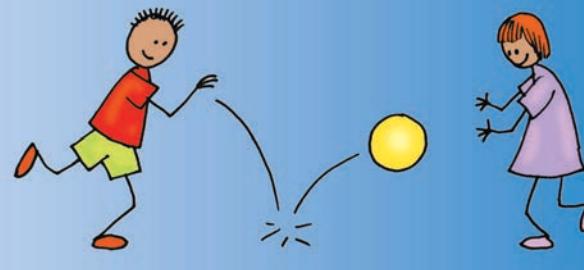
## Tshititschi tsha 2:

**Hokhi:** Shumisani thanda ya hokhi kha u sukumedza bola i tshi ya mapalani.



## Tshititschi tsha 3:

**Netibolo:** Bammbisan bola i tshi ya ha khonani yanu zwenezwi ni tshi khou gidima.



## Tshititschi tsha 4:

**Ragibii:** Gidimani na bola ni i fhirisele kha vharwe.



## Tshititschi tsha 5:

**Bola ya milenzhe:** Dirivhulani bola i tshi ya mapalani.



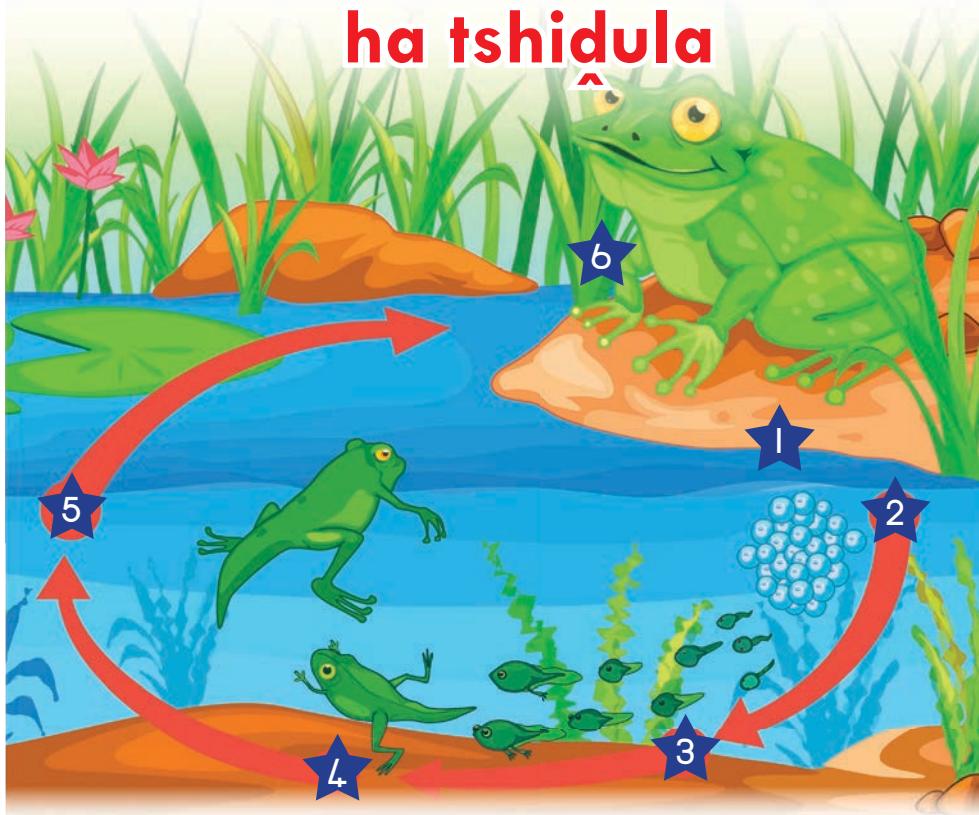


shulela | a  
Themo ya | a 2 - Vhege ya 5 - Bammbiri | a u

# Tshitendeledzi tsha vhutshilo

Tshitendeledzi tsha vhutshilo tshi na maga ane a tevhedza thevhokano nngede. Lavhelesani tshitendeledzi tsha vhutshilo ha tshidula na tsha tshisu ni ambe nga maga o fhambananaho.

## Tshitendeledzi tsha vhutshilo ha tshidula



**Kha ri ambe**

Lavhelesani zwifanyiso ni vhudze khonani yanu uri tshidula tshi shandukisa hani kha tshitendeledzi tsha vhutshilo hatsho.

- 1 Zwidula zwivhili zwi a gombana u itela u andedza makumba.
- 2 Tshidula tsha tshisadzi tshi kudzela makumba.
- 3 Buluvhulu li re na mapwiti na mveki ya mutshila.
- 4 Buluvhulu li mela milenzhe.
- 5 Mutshila u thoma u fohela.
- 6 Tshidula tsho vhinaho tshi re na mafhafhu nahone mapwiti ha tsheho.

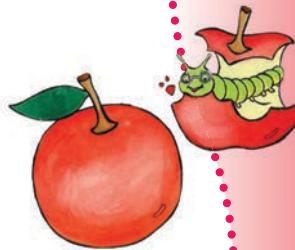
Deithi: .....



Kha ri ite nyito

Zwino lavhelesani tshitendeledzi tsha vhutshilo ha tshisu.

Nwalani zwine zwa bvelela kha liga linwe na linwe la  
tshitendeledzi tsha vhutshilo. Ro dzula ro ni itela maga mavhili.

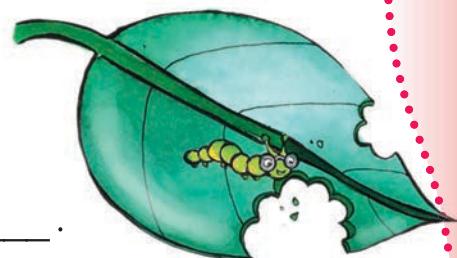


## Tshitendeledzi tsha vhutshilo ha tshisu

2



3



1



2

Tshisu tshi kudzela makumba.

3

\_\_\_\_\_.

4

\_\_\_\_\_.

5

Shonza li vha sumbandlila.

6

\_\_\_\_\_.



5



Teacher:  
Sign:  
Date:

# Zwitendeledzi zwa vhutshilo

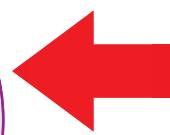
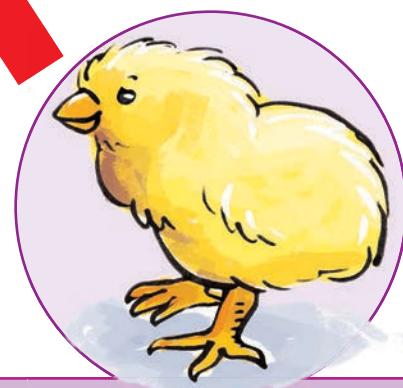
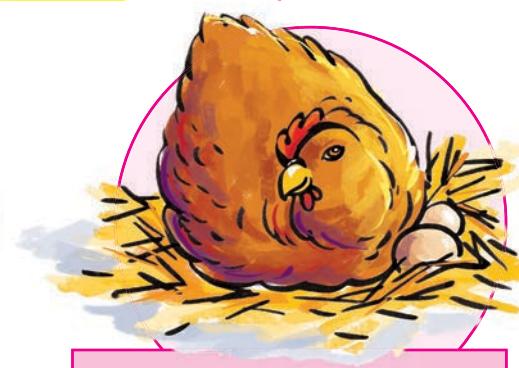
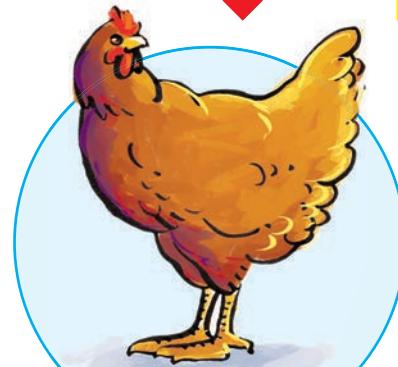


Kha ri ambe

shulela la

Lavhelesani zwifanyiso izwi ni ambe na khonani yanu nga tshitendeledzi tsha vhutshilo ha khuhu. Nwalani nga zwine zwa bvelela kha liga linwe na linwe.

## Tshitendeledzi tsha vhutshilo ha khuhu



Deithi: .....



Kha ri ite nyito

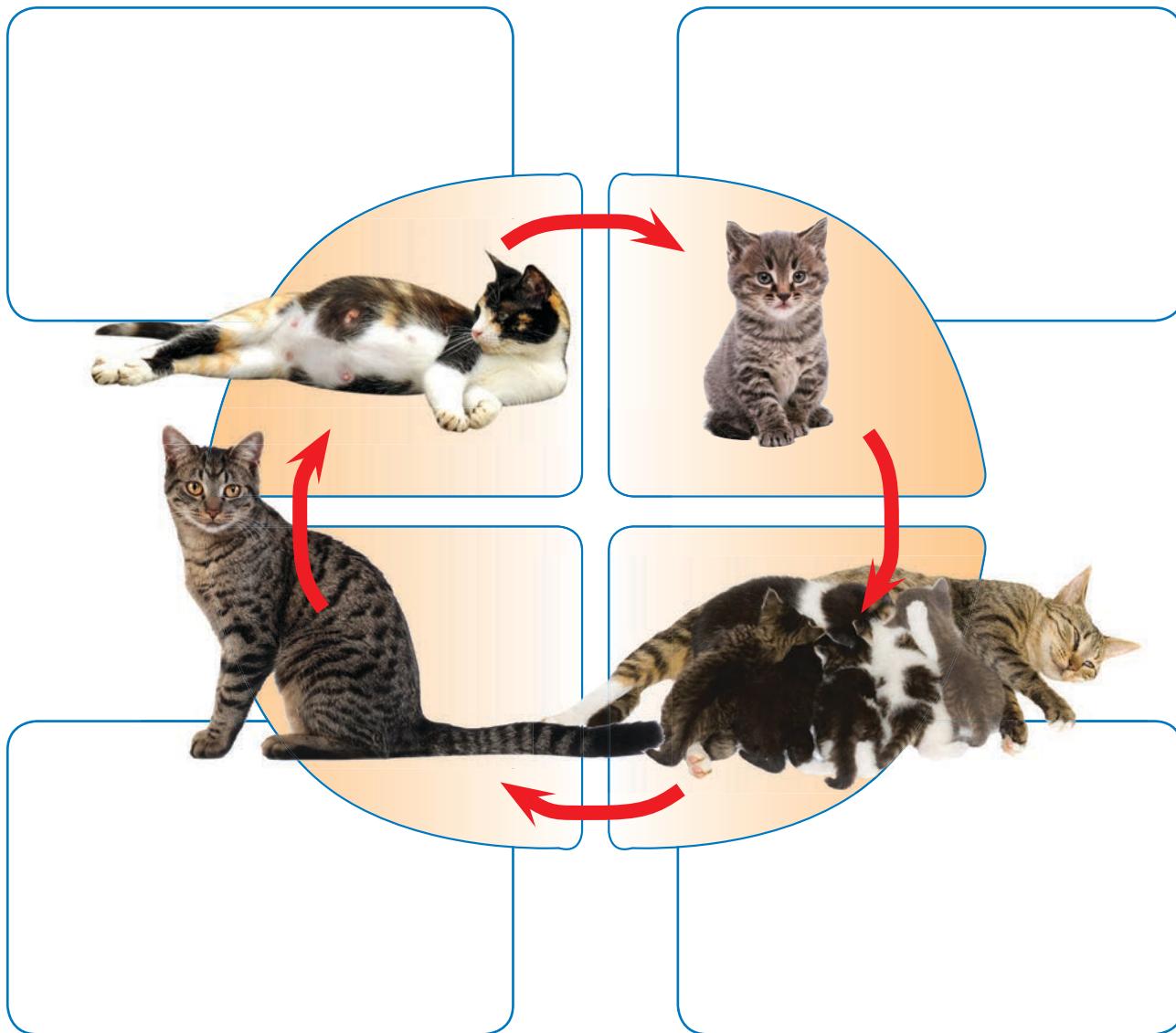
Itani tshitendeledzi tsha vhutshilo ha inwi muñé.

Lebuñani tshifanyiso tshiñwe na tshiñwe tshi re kha vhili la nganetshelo ni tshi sumbedza tshitendeledzi tsha vhutshilo tsha tshimange.

Nomborani maga a u bva kha l u swika kha 4 ni a shumise kha vhili lanu la nganetshelo.

Tshimangana tshi a tanziwa (bebwa).	Tshimange tsho vhinaho (tshihulwane).
Mme atsho u vha na luvhuli vhege dza tahe dzothé.	Tshimange tshi mamisa zwimangana zwatsho.

## Tshitendeledzi tsha vhutshilo ha tshimange



Teacher:	Sign:
Date:	(Handwriting practice area)

# Tshifuwohaya tshanga

Kharite nyita

Itani masiki wa tshifuwohaya.

## Ni do tea u vha na: Bammbiri la A4

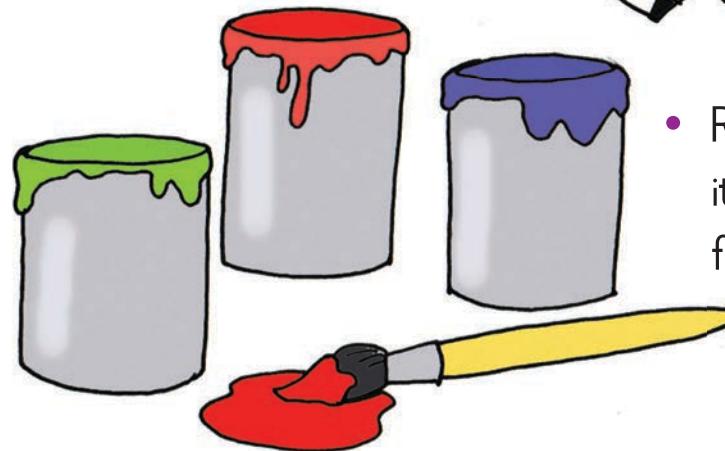
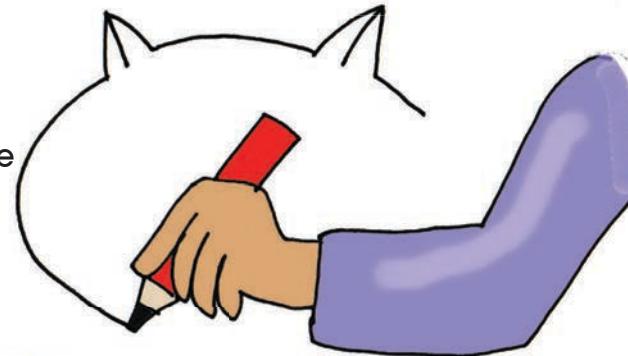
Penisela

## Pennde ya luvhanda na madi

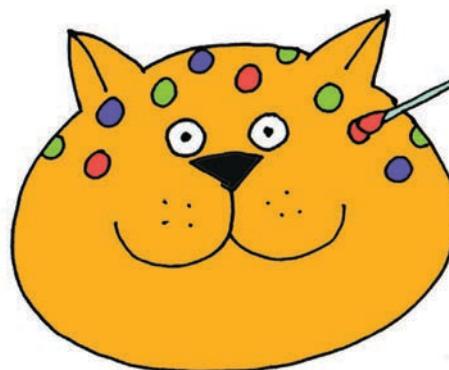
## Iyebadi (zwif hut and evhe)



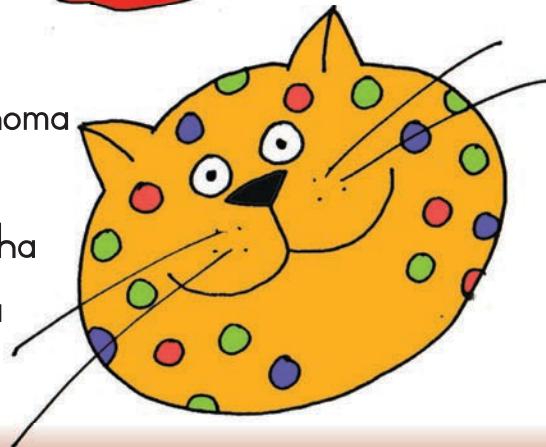
- Olani tshifhatuwo tsha  
nga nnda tsha tshimange  
kha bammbiri.



- Rithani pennde uri ni kone u ita pennde ya mivhala ya 3 yo fhambananaho.



- Itani zwithomathoma  
zwa mivhala yo  
fhambananaho kha  
tshifhatuwo tsha  
tshimange.





Kha ri ambe

Talutshedzani khonani yanu nga  
tshifuwohaya tshanu kana tsha muñwe  
muthuvho ane na mu ñivha.  
Bulani uri ni ño tshi ñhogomela nga ndilade.



Kha ri ite nyito

Olani zwithu zwiña zwine na tea u ita musi ni tshi  
ñhogomela tshifuwo tshanu.



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# U vhavhalela vhupo hashu



Kha ri ambe

Lavhelesani phosītara khedzi ni ambe na khonani dzañu nga zwine dza ri vhudza.



Lavhelesani logo ya mvusuludzamalat̄wa.

No no vhuya na vhona ngafhi logo yo raliho?

## Ri vusuludzeni wee!



Bvelani nn̄da

Ni nga dithomela mutshino wañu ni tshi shumisa dzihupu na riboni?





Kha ri vhale

Ri nga thusa hani uri vhupo vhu dzule ho kuna?



Ri tea u elelwa **FDV**.



**Fhungudzani:** Ri tea u fhungudza u lakatedza.

**Dovholosani:** Kha ri dovholole u shumisa zwithu lunzhi ri sa athu zwi lača.

**Vusuludzani:** Ri tea u wana ndila dza u shumisa hafhu mabammbiri,

mabodelo na zwikotikoti.



Kha ri nwale

Kha theбуļu i re afho fhasi, nwalani madzina a zwithu zwine zwa nga vusuludzwa. Ro ni thomela mutevhe muňwe na muňwe.



Vusuludzani ngilasi	Vusuludzani pułasitiki	Vusuludzani mabammbiri	Itani mupfudzethukhwi (khomposi)
Mabodelo a kale	Mapułasitiki	Gurannda	Makanda/makhwathi a miroho



# Mvusuludzamalaṭwa

Themo ya 2 – Vhege ya 7 – Bammbiri la u shulela ja



Kha ri nwale

Talani mutalo u tshi bva kha tshirwe na tshirwe tsha zwithu zwi re kha tsha monde u tshi ya kha tshithu tshi re kha tsha u ja, ni tshi sumbedza uri zwi nga shumiswa hani kha u ita zwithu zwi re na mushumo.



Zwino dizainani ni lebuje tshirwe tshithu tshine na nga tshi ita ni tshi shumisa zwithu zwo vusuludzwaho.

Dzina ja tshithu

Olani tshifanyiso tsha itsho tshithu tshanu.

Tsho itwa nga



Kha ri ñwale

Elekanyani nga zwithu zwine zwa nga ita khomposi yavhuđi. Nwalani ipfi linwe na linwe kha kholomo yone afho fhasi uri ni fhedzise thebulu. Ni nga kha di elekanya nga zwiñwe zwithuvho zwañu ni kone u zwi vhekanya kha kholomo dzone.

mapulasitiki

makanda/makhwathi a miroho

zwibigiri

zwickotikoči zwa nyamunaithi (dirinkhi)

makanda a makumba

Zwithu zwi sa sini	Zwithu zwi no sina



Kha ri ite nyito

Itani phositaraya u  
kaidza u lakatedza.

Olani tshifanyiso ni  
ñwale mulaedza.





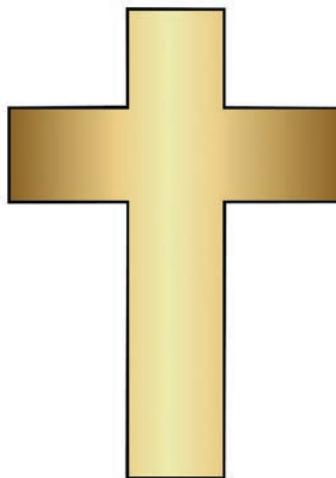
30  
 shulela ja  
 Themo ya 2 – Vhege ya 7 – Bammbiri ja  
 shulela ja

# Mađuvha a tshipentshêla a vhurereli na zwiñwevho

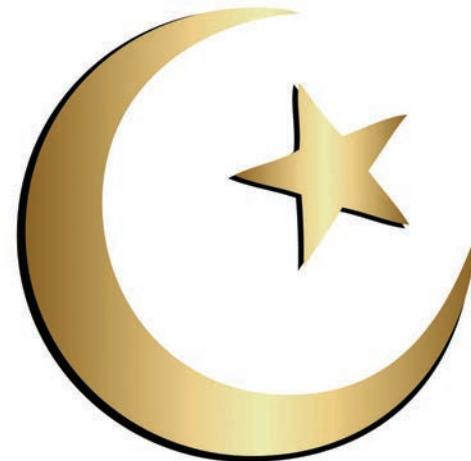


Kha ri ambe

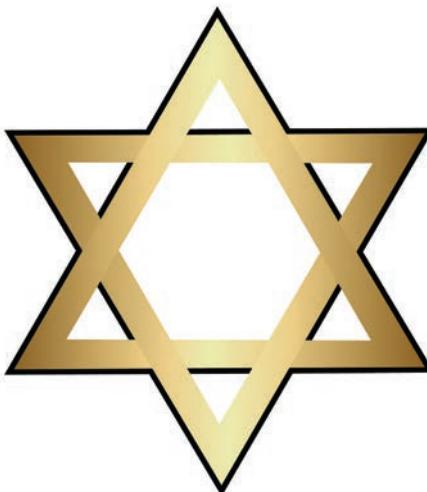
Ambani na khonani yanu uri ndi vhurereli hufhio hu no shumisa zwiga izwi. Bulani uri ndi tshiga tshifhio tshi no shumiswa kha vhurereli hanu. Arali ni sa tshi wani, tshi oleleni khonani yanu.



Tshifhambano ndi tshiga tsha Tshikhiresite. Jesu, Murwa wa Mudzimu, o fela zwivhi zwashu tshifhambanoni.



Luhedzhegu lwa nwedzi na naledzi ndi tshiga tsha Tshiisilamu. Vhamoslem vha rabela lutangu nga duvha.



Tshiga tsha Vhayuda ndi Naledzi ya Dafita. Khosi Dafita o vha e khosi ya Vhaisiraele.



Tshiga tsha Vhahindu ndi Om, tshine tsha wanala tsho nwalwa kha luambo lwa kale lwa Sanskrit lwa India.

# Fhethu ho fhambananaho 31 ha u rabela



Kha ri ite nyito

Olani mutalo u tshi ḥanganya vhurereli vhuñwe na vhuñwe na fhethu hune ha rerelwa hone.

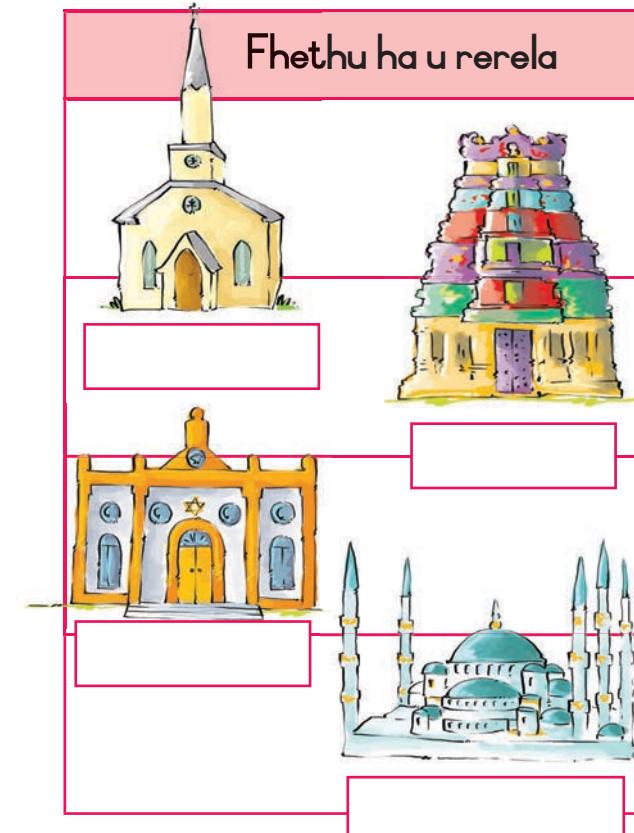
thembele

sinagogo

mosiki

kereke

Vhurereli
Tshiisilamu
Tshihindu
Tshikhirisite
Tshiyuda



Kha ri ite nyito

Vhudzisani khonani nña uri ndi tshiga tshifhio tshi no sumbedza vhurereli havho. Tshikopololeni tsini na madzina avho.

Madzina a khonani dzanu	Zwiga





# Thanziela

ya u khunyeledza Bugu ya 1 ya

Zwikili zwa Vhutshilo ya Gireidi

ya 3 yo ḥnewa

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Nwalani dzina laṇu.

Deithi \_\_\_\_\_

Mudededzi \_\_\_\_\_

# Dikishinari yanga

A

a

G

g

B

b

H

h

C

c

I

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D

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J

j

E

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# Dikishinari yanga

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X - Z  
x - z

