

BUKA YA SESOTHO

Buka
3
Kotara 3



E hlopisitswe ho
latela lenane thuto la
CAPS

Sehlopha sa **BUKA 3**

Lebitso:

Phapusi:



basic education

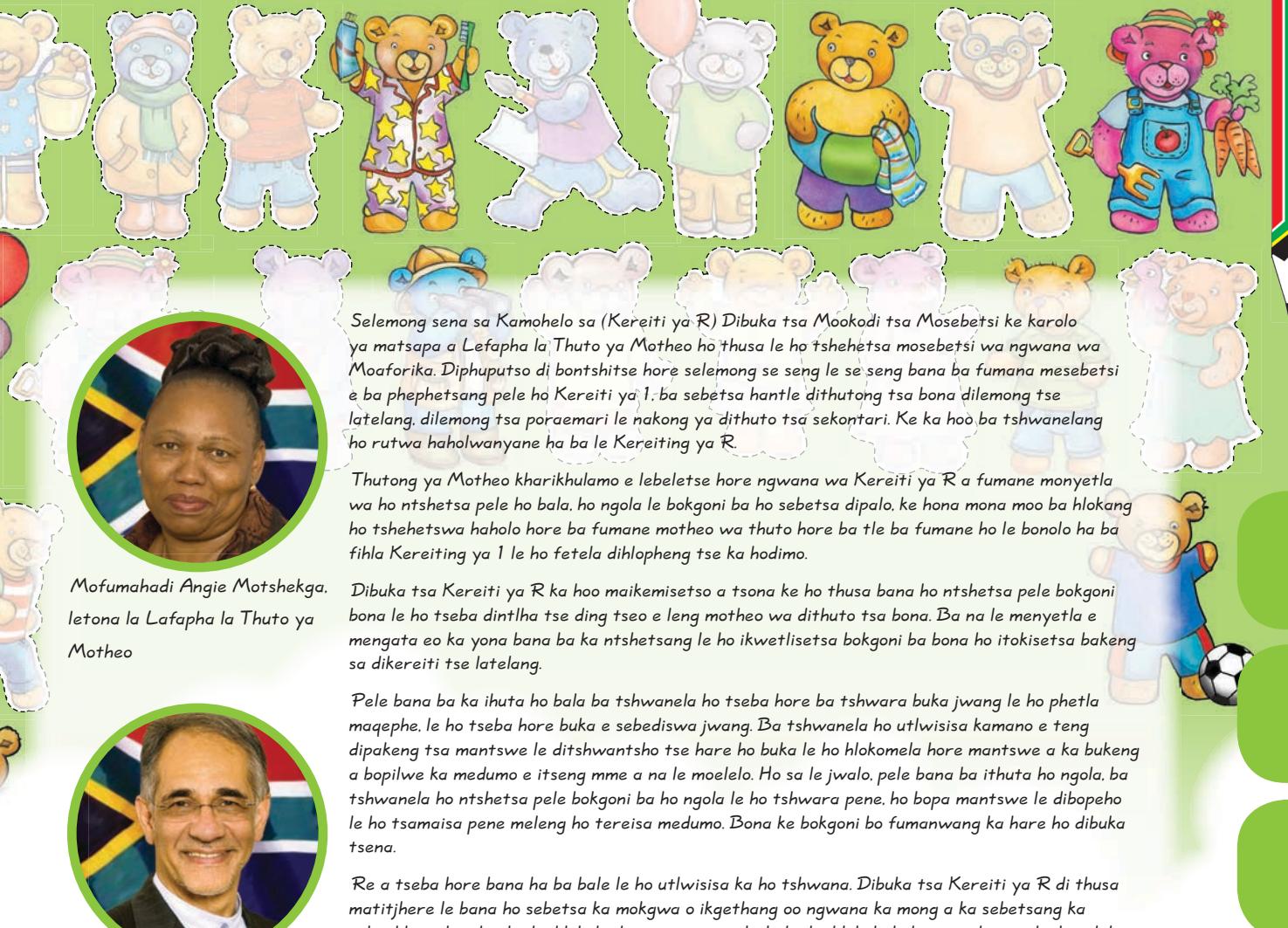
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Basic Education
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Gg Hh Ii Jj Kk Ll Mm
Nn Oo Pp Qq Rr Ss Tt
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TERM 3
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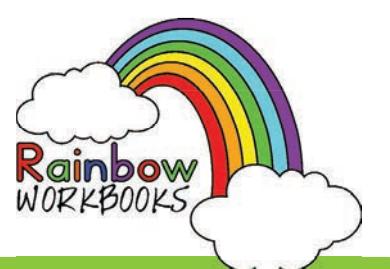
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Mofumahadi Angie Motshekga.
letona la Lafapha la Thuto ya
Motheo

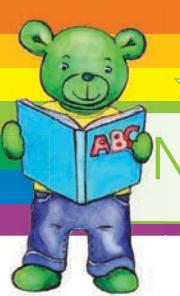


Mong. Enver Surty.
Motlatsi wa Letona la
Thuto ya Motheo

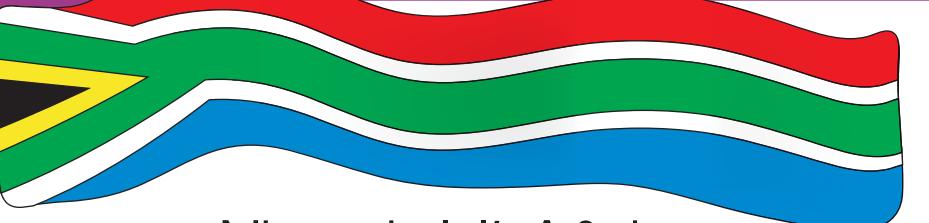


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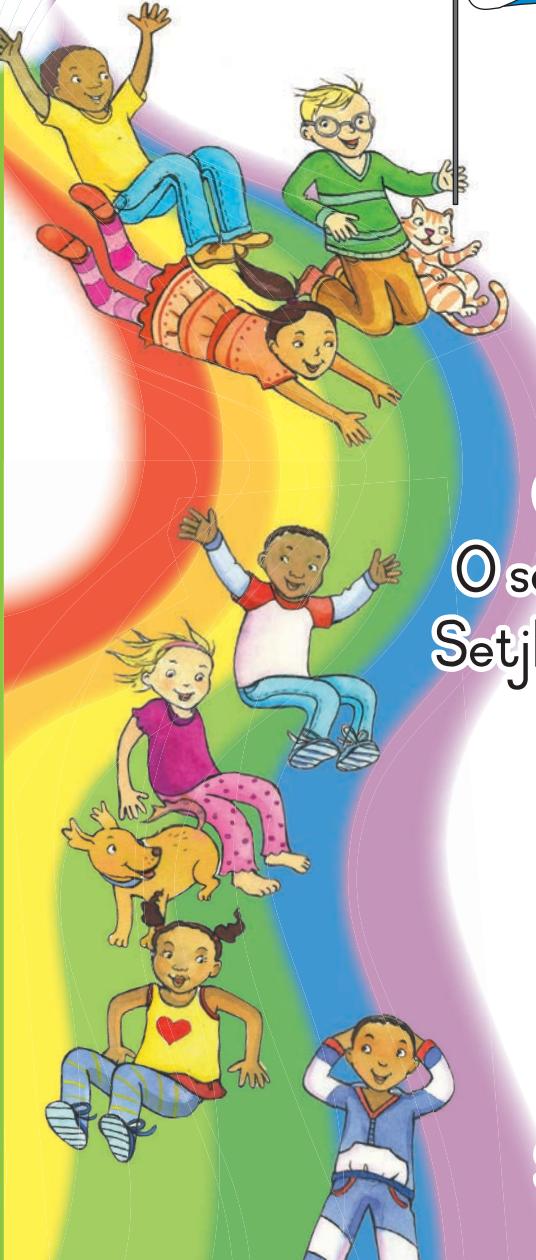
Ha re bineng



Nteterwana



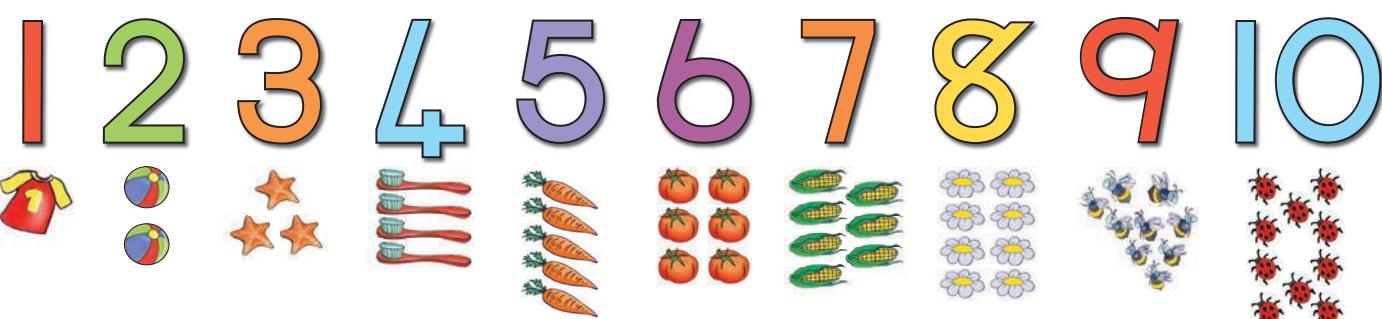
Nkosi sikelel' iAfrika
Maluphakanyisw' uphondo lwayo,
Yizwa imithandazo yethu,
Nkosi sikelela, thina lusapho lwayo.



Morena boloka setjhaba sa heso,
O fedise dintwa le matshwenyeho,
O se boloke, O se boloke setjhaba sa heso,
Setjhaba sa South Afrika – South Afrika.

Uit die blou van onse hemel,
Uit die diepte van ons see,
Oor ons ewige gebergtes,
Waar die kranse antwoord gee,

Sounds the call to come together,
And united we shall stand,
Let us live and strive for freedom,
In South Africa our land.



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South Africa

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Sehlopha sa R

TSE KOPANENG

- Ho bala le ho ngola
- Dipalo
- Bokgoni ho tsa bophelo



ya SESOTHO

1	Dipalangwang	2
2	Mesebetsi eo batho ba e etsang.....	12
3	Metsi	22
4	Polasing	32
5	Tikoloho elwekileng	42



Ditaelo tsa disehwa di
qetellong ya buka.



Buka ena ke ya:

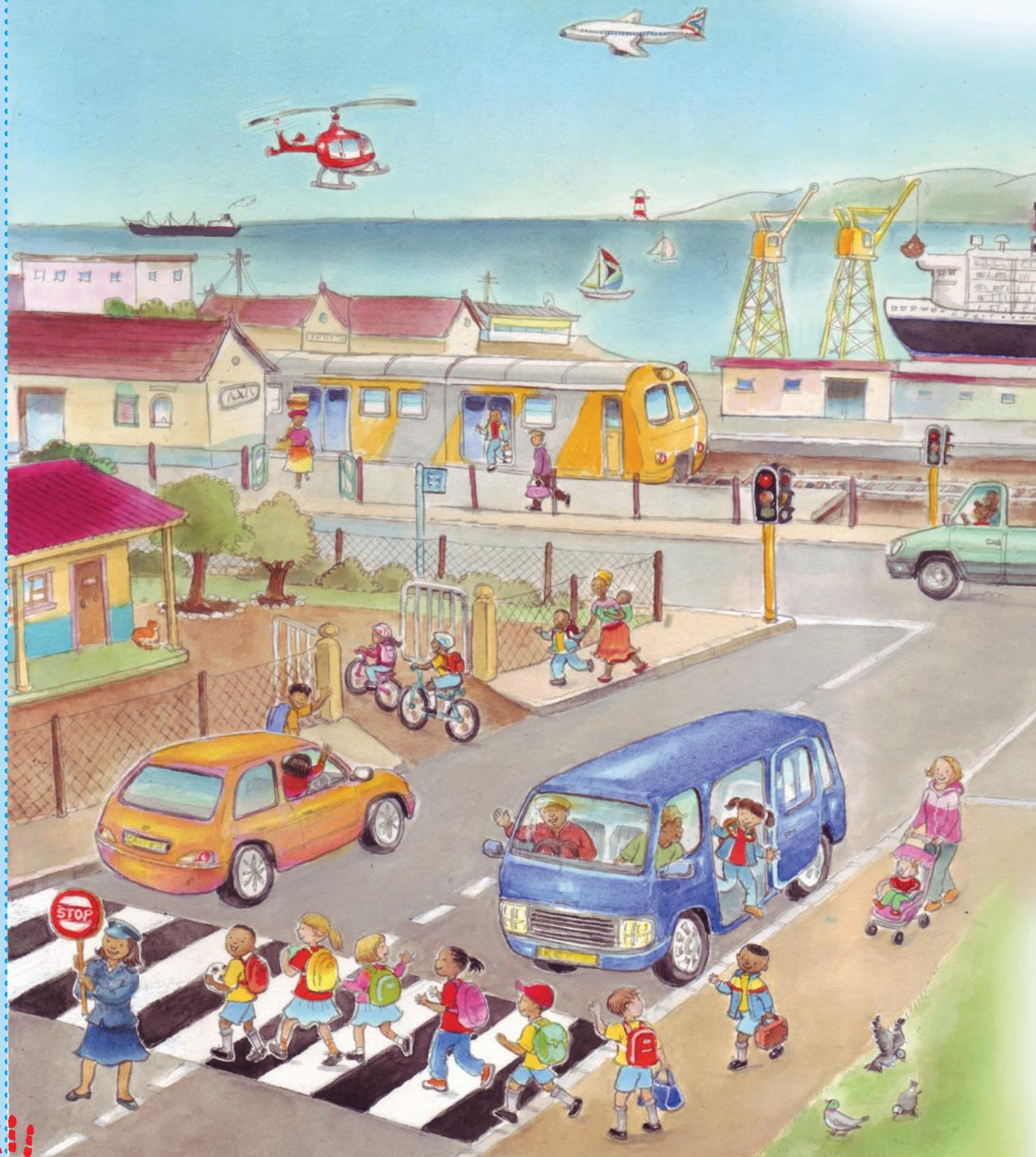
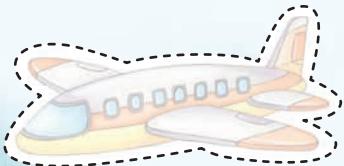


Buka
3
kotara 3

SESOTHO



Dipalangwang



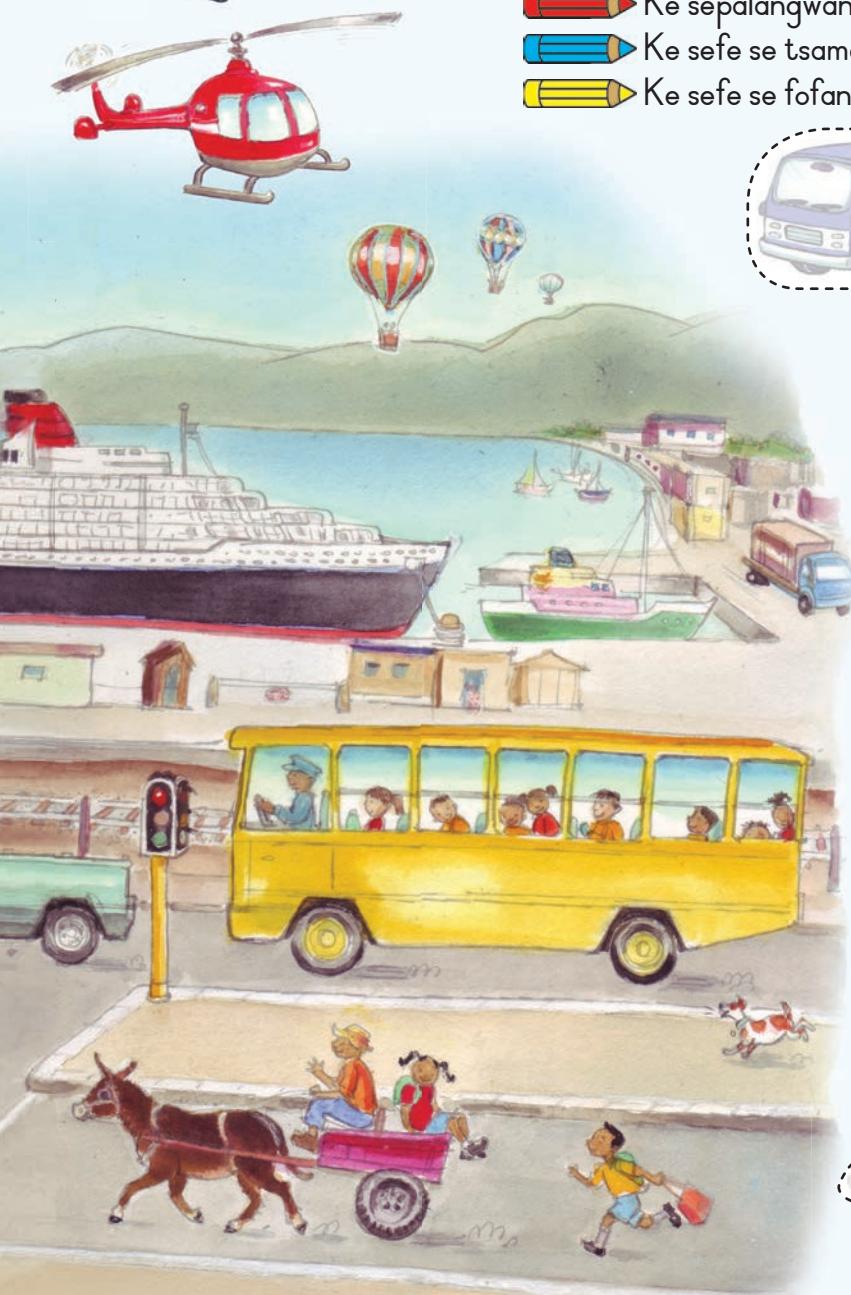


Ha re etseng

Etsetsa ditshwantsho sedikadikwe ka mmala
o nepahetseng.

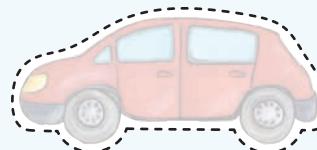
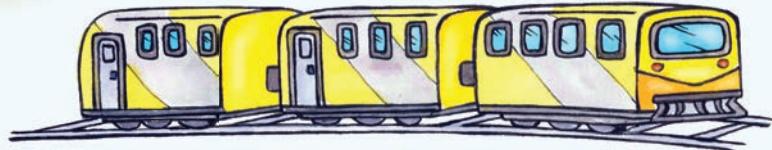
Mamarisetsa
ditikara
dibakeng tse
nepahetseng.

- Ke sepalangwang sefe se tsamayang lefatsheng?
- Ke sefe se tsamayang metsing?
- Ke sefe se fofang moyeng?



Ha re bueng

Tadima ditshwantsho mme o bue ka seo o se boneng.
O bona mefuta e mekae ya dipalangwang?
Ke bana ba bakae ba tshelang metserong?
O sebedisa sepalangwang sefe ho tla sekolong?
Ke bana ba bakae tlelaseng ya hao ba tlang ka maoto sekolong?



TEACHER: Sign

Date



Ha re ngoleng

Taka setshwantsho ho bontsha hore o tlajwang sekolong.

Kotara 3 – Beke 1–5

Ke ya sekolong ka:



I.2



Lebitso la ka ke:

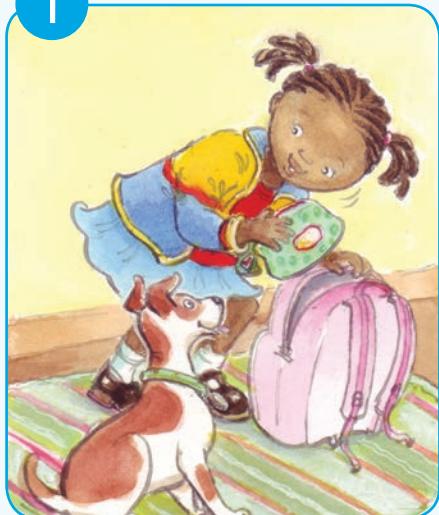


Ha re baleng

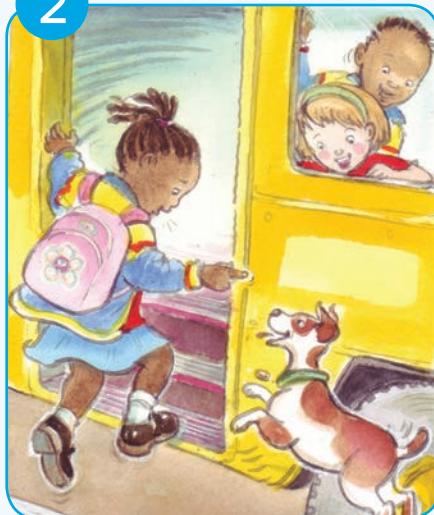
Tadima ditshwantsho ka hloko mme o bolelle motswalle wa hao hore ho etsahala eng setshantshong ka seng. Jwale nahana ka se tlang ho etsahala qetellong mme o take setshwantsho sa ho qetela.

Ntja ya Nomsa e batla ho ya sekolong le yena mme e a mo latela.

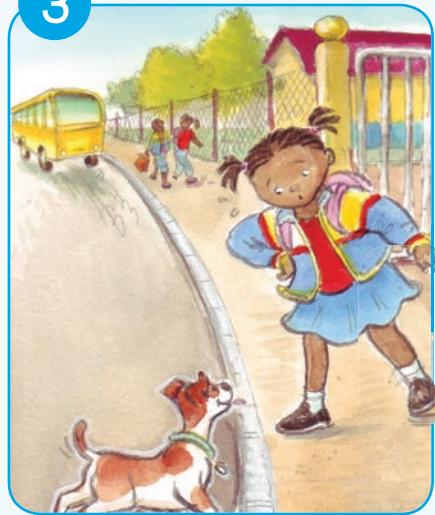
1



2



3



4



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Date

I.3



Ha re ngoleng

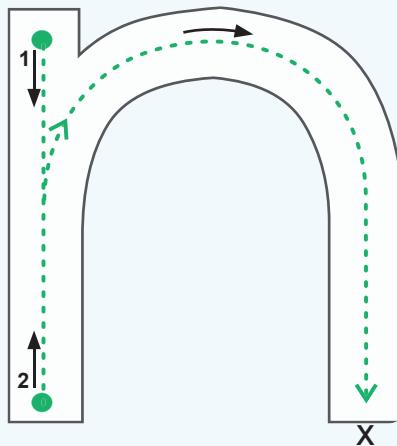
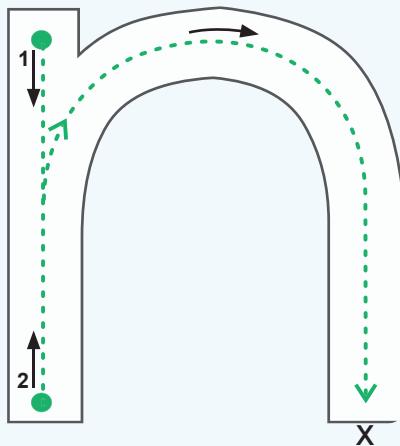
n

Kotara 3 – Beke 1–5



ntja

Tereisa tlhaku ka monwana mme ka phensele.
Qala lethebeng.



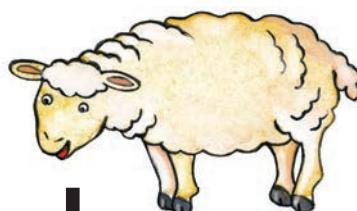
Tereisa tlhaku.





Ha re ngoleng

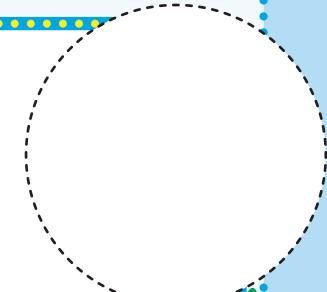
Tlatsa tlhaku mme o mamele modumo ha o bitsa mantswe haholo.

nkun tlon kongon kgon tjan ama

Ngola lebitso la hao mme o mamarisetse setikara bakeng sa mosebetsi omotle.



Lebitso la ka ke:

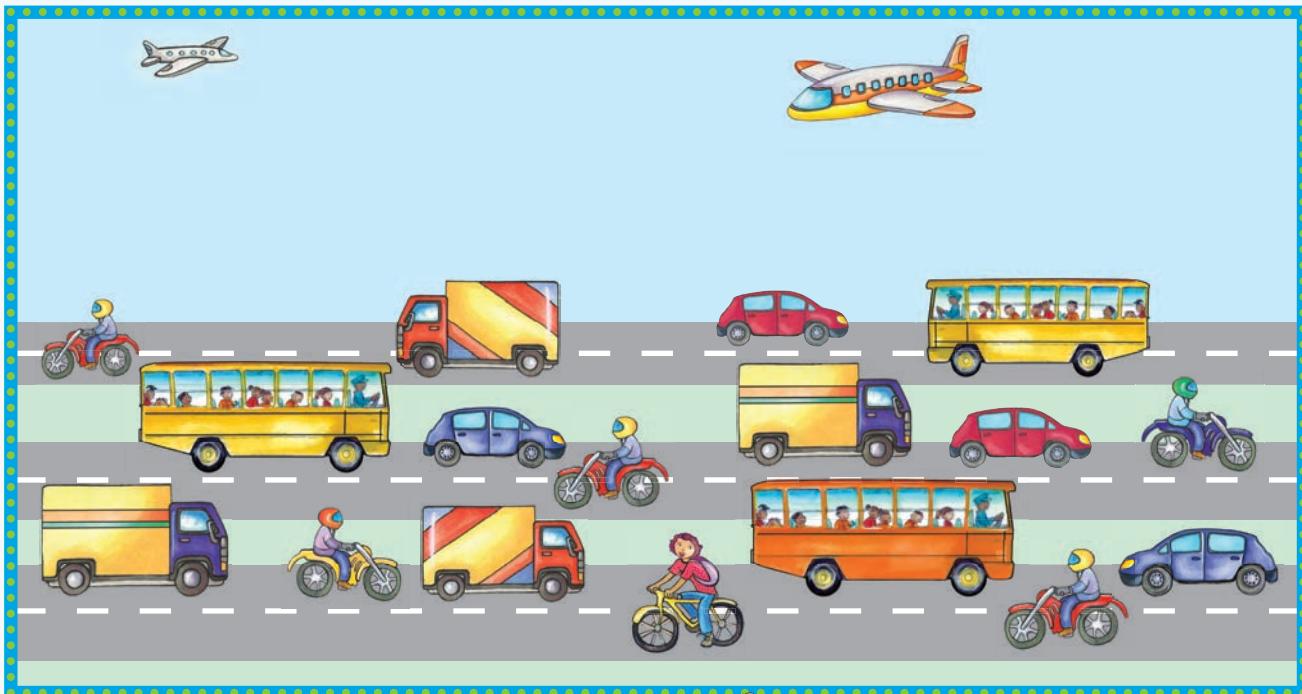


1.5



Ha ne baleng dipalo

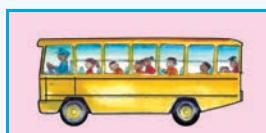
Tadima setshwantsho mme o bone hore difofane, dikoloi, dilori,
dibaesekele, dithuthuthu ledibese di kae ka palo.



1	2	3	4	5
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1	2	3	4	5
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1	2	3	4	5
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1	2	3	4	5
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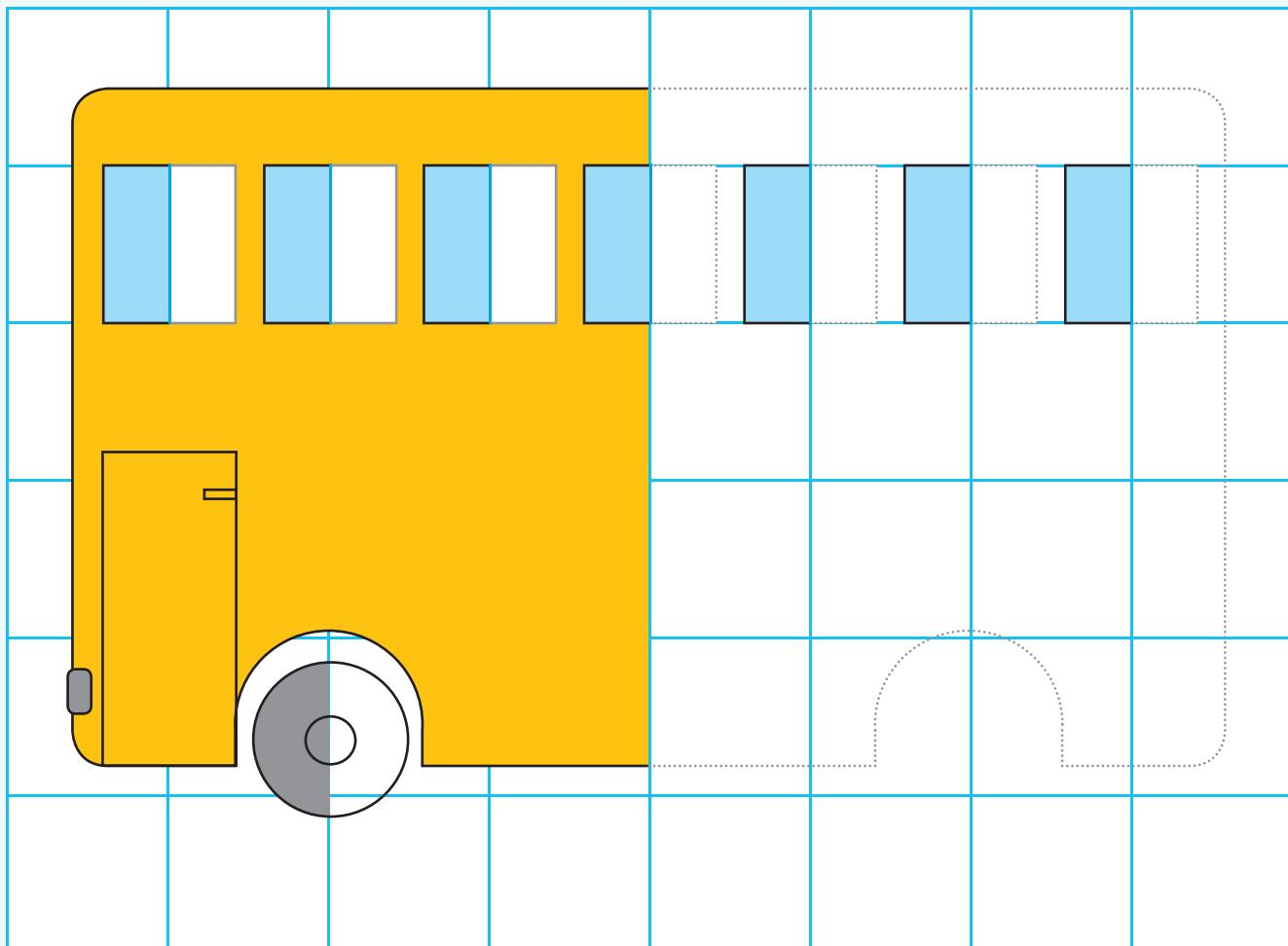
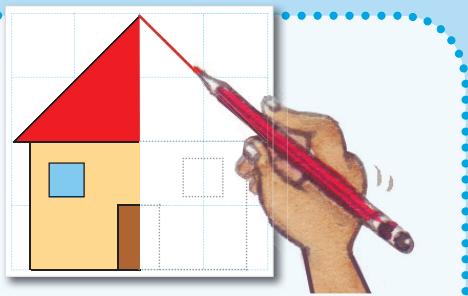
1	2	3	4	5
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I.6



Ha re etseng

Phethela ho taka bese, mme
o e khalare.



Ngola lebitso la hao mme o mamarisetse setikara bakeng sa mosebetsi omotle.



Lebitso la ka ke:

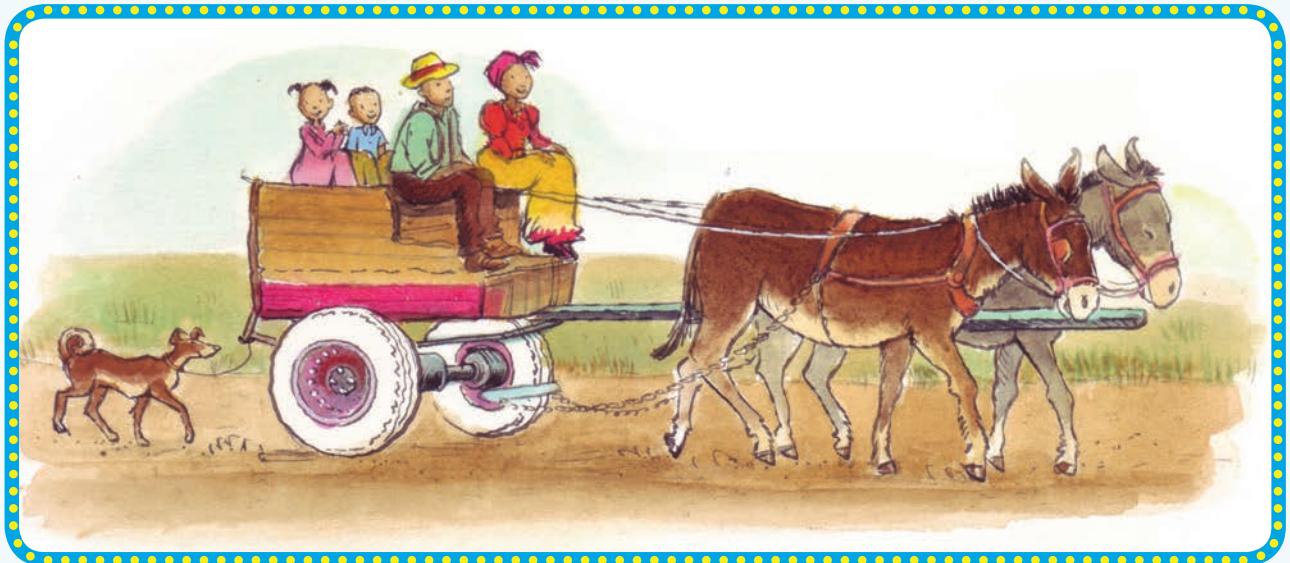
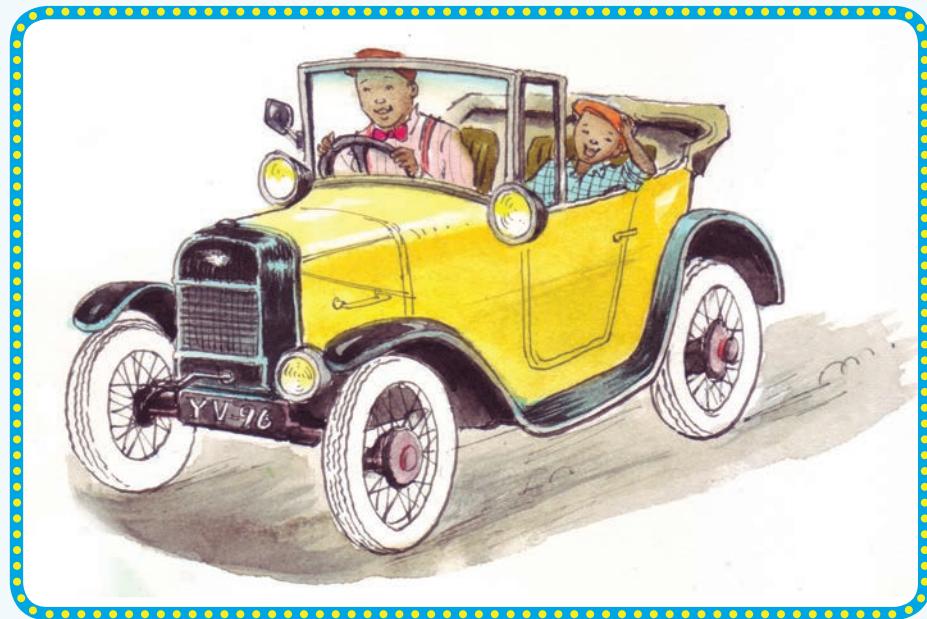
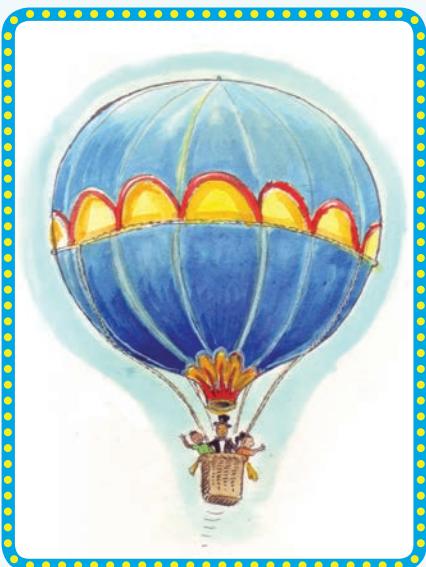
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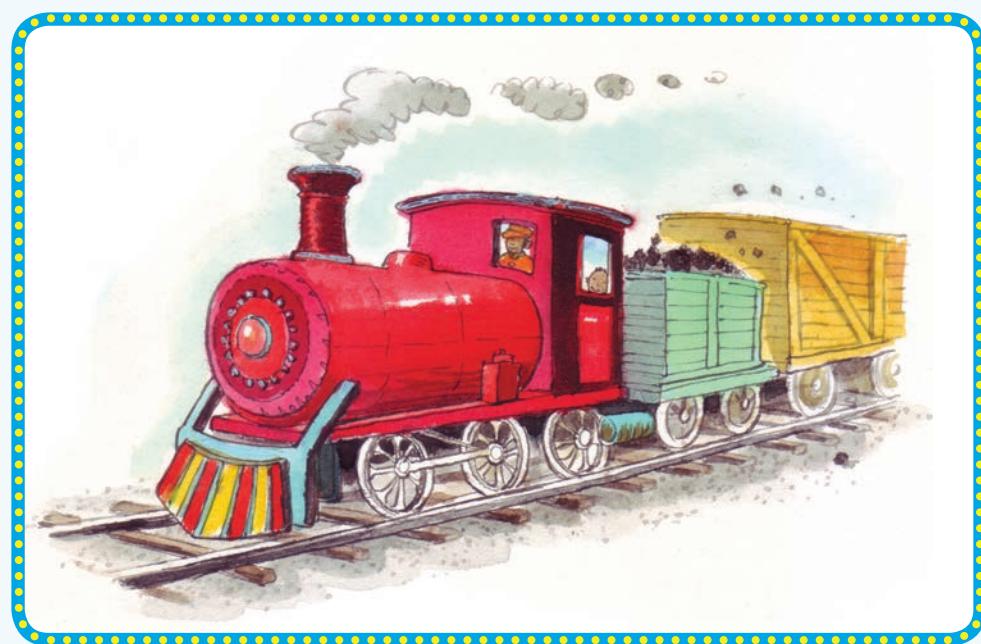
Date



Ha re bueng

Tadima ditshwantsho mme o bue ka seo o se bonang.
 Dipalangwang tsena di fetohile jwang ho tsa mehla e fetileng?
 Ke dipalangwang dife tse sebediswang lefatsheng, metsing le moyeng?
 Ke dipalangwang dife tse nang le mabidi?
 Tereisa mme o khalare mabidi.





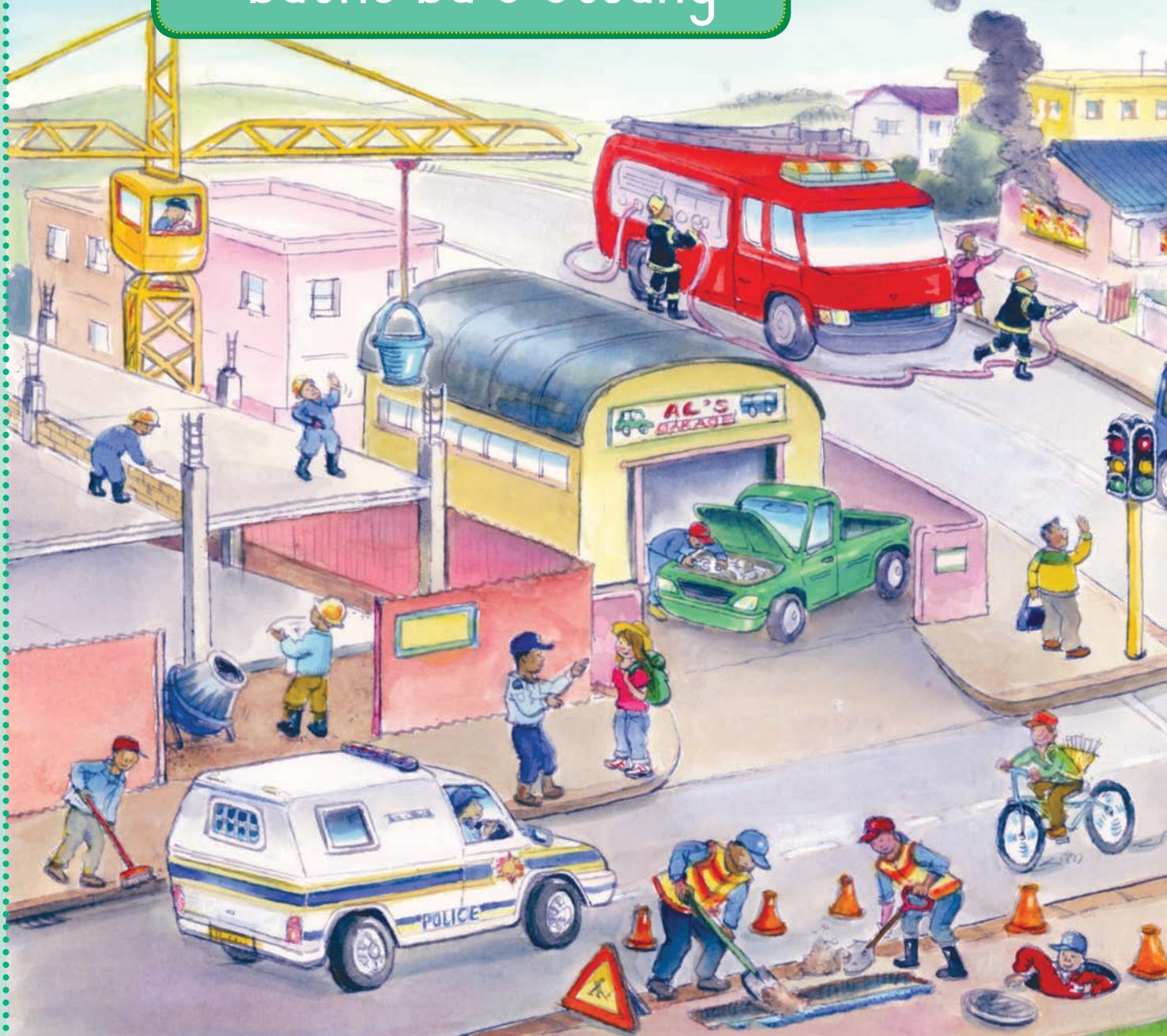
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Date



2

Mesebetsi eo batho ba e etsang



boraditimamollo



mokganni wa
tekesi



ngaka le mooki



makheniki

Mamarisetsa
ditikara
dibakeng tse
nepahetseng.



basebetsi ba
tseleng



Ha re bueng

Tadima setshwantsho se seholo mme o qolla
batho bohle ba re thusang.
Bolela hore ba etsang ho re thusa.
O ka tshela tsela kae?
Ke sepalangwang sefe seo o ka se bonang
setshwantshong?

TEACHER: Sign

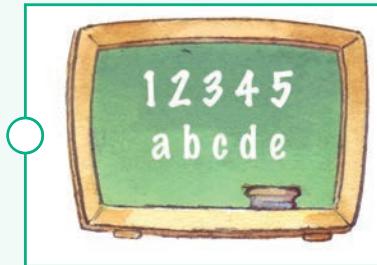
Date





Ha re etseng

Tadima setshwantsho mme o bue ka seo o se bonang.
Jwale taka mola ho bontsha seo motho ka mong a se etsang.
Batho baa ba re thusa jwang?





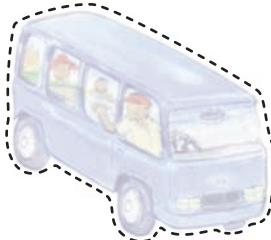
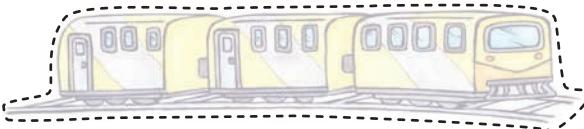
Ha re bueng

Ke bafe bathong ba

- ba sebetsang ka dipalangwang?
- ba sebetsang ka ho aha kapa ho lokisa?
- hlokomseng bophelo ba rona?
- ba sebetsang ka dijo?

Mamarisetsa
ditikara
dibakeng tse
nepahetseng.

Dipalangwang



Mesebetsi



Bophelo bo bottle



Dijo



Ngola lebitso la hao mme o iphe naledi bakeng sa mosebetsi o motle.



Lebitso la ka ke:

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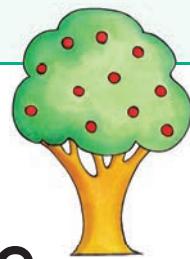
Date



Ha re baleng

Tereisa tlhaku ya pele mme o bale mantswe.

s



sefate

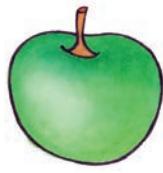


seeta



sekolo

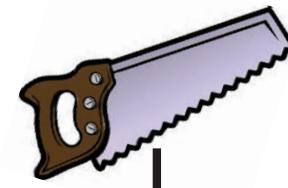
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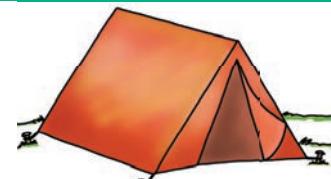


sakga

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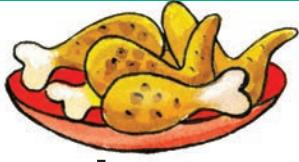


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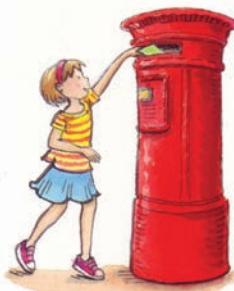
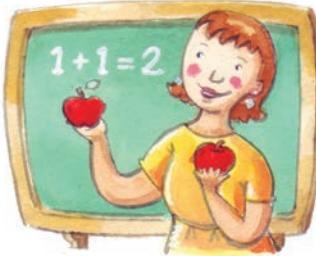
pane

2.4



Ha re baleng

Tadima setshwantsho kholomong ya pele mme o bolelle motswalle hore bothata ke bofe ho se seng ka seng. Jwale taka mola ho bontsha hore ke mang ya ka thusang ka bothata batho ba setshwantshong ka seng.



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Date

2.5



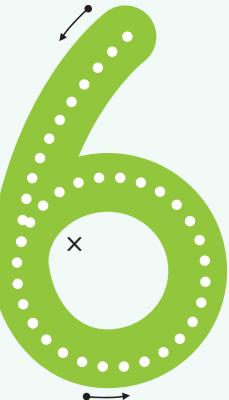
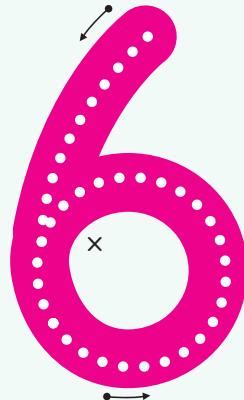
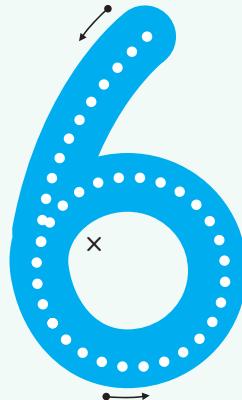
Ha re baleng dipalo

Tshwaya diboloko tse nang le dintho tse b.

Kotara 3 – Bekke 1–5



Kwetlisa palo b.



2.6

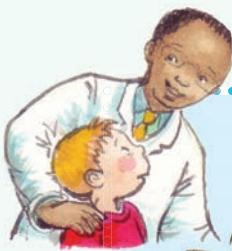


Lebitso la ka ke:



Ha re etseng

Opela mantswe ana diatla.



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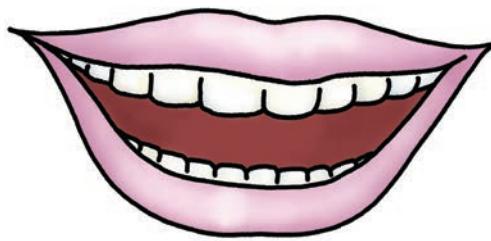
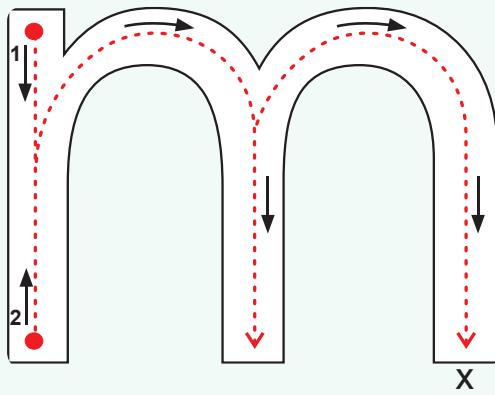
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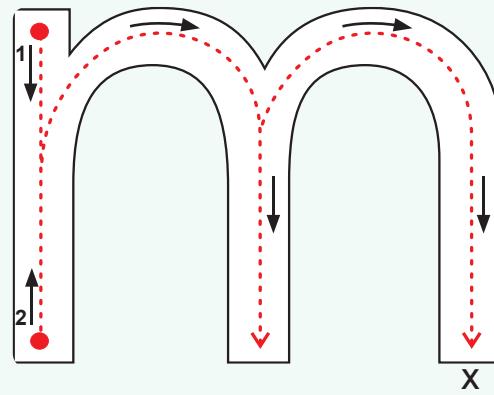
Ha re ngoleng

m

Tereisa lentswe ka monwana wa hao mme ka phensele. Qala lethebeng.



meno



Tereisa tlhaku.

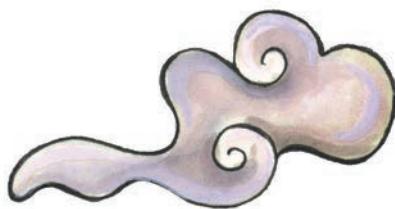


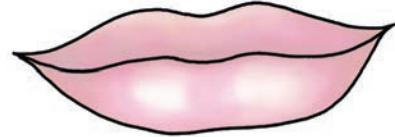
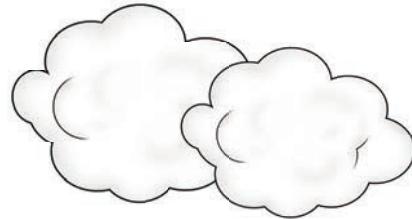


Ha re ngoleng

Tlatsa tlhaku mme o mamele modumo ha o bitsa lentswe haholo.


mose

metsi

musi

monna

molomo

mose

Ngola lebitso la hao mme o mamarisetse setikara bakeng sa mosebetsi o motle.



Lebitso la ka ke:

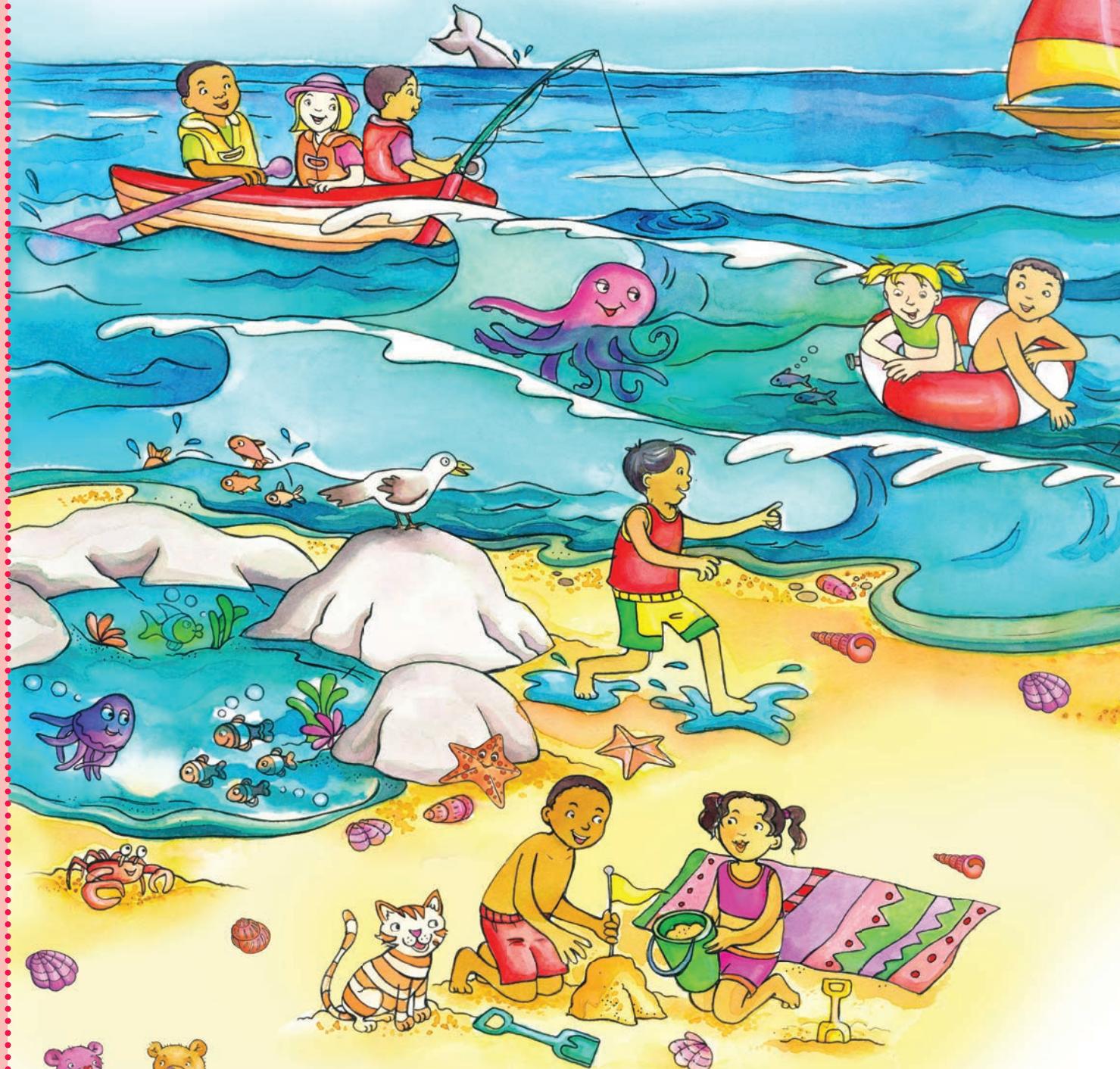
TEACHER: Sign

Date

3



Metsi



Ha re bueng

Ke diphoofolo dife tse dulang metsing?

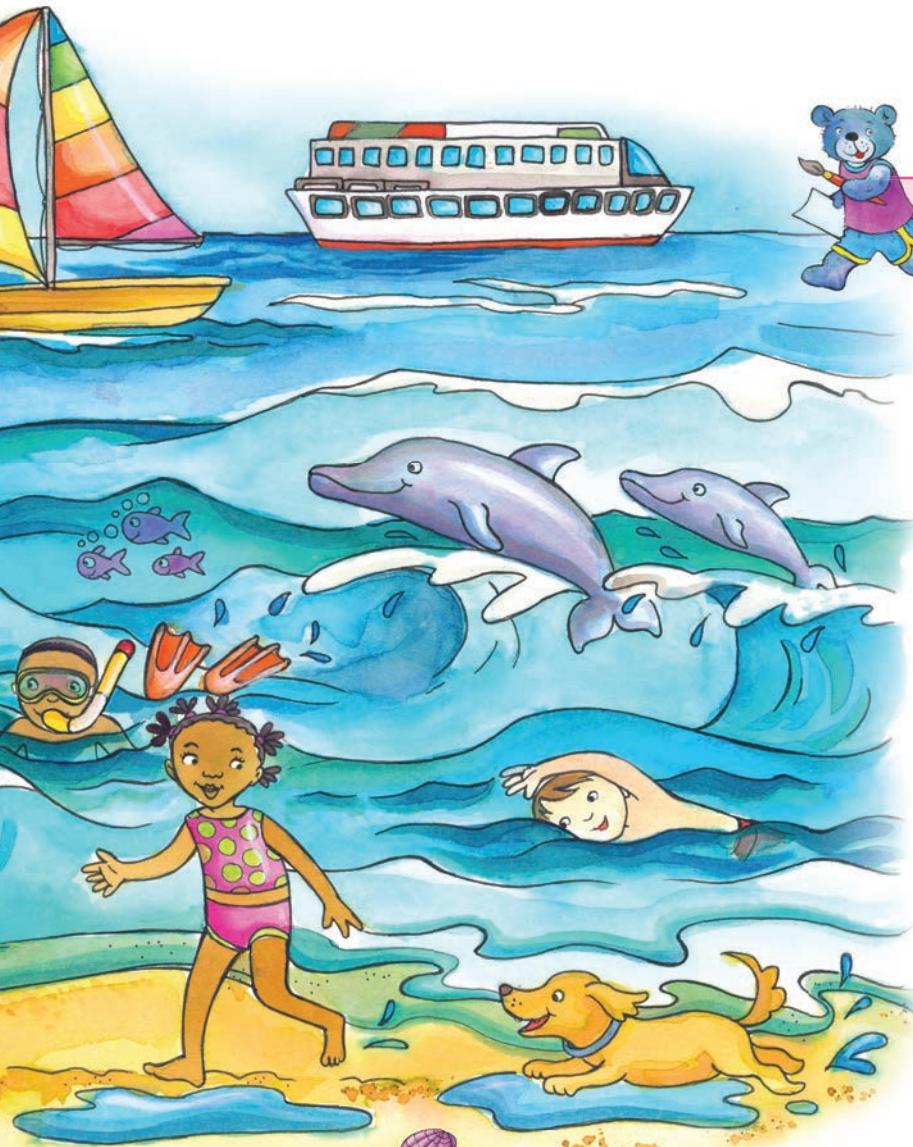
Ke sepalangwang sefe sa metsing seo o se bonang?

Bana ba sebedisa eng ho phaphalla?

Ke dintho dife tseo o di tsebang tse phaphallang?

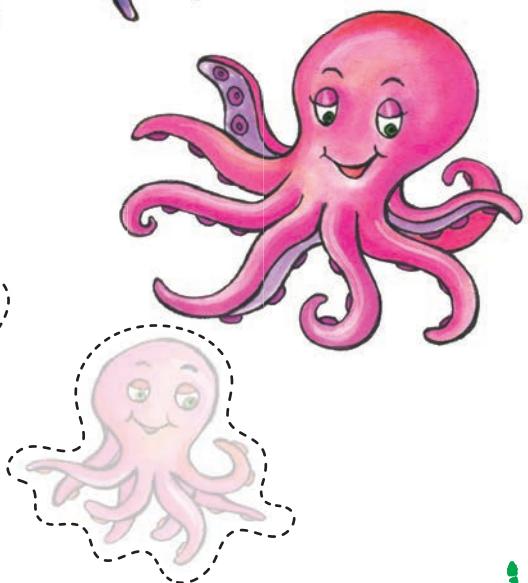
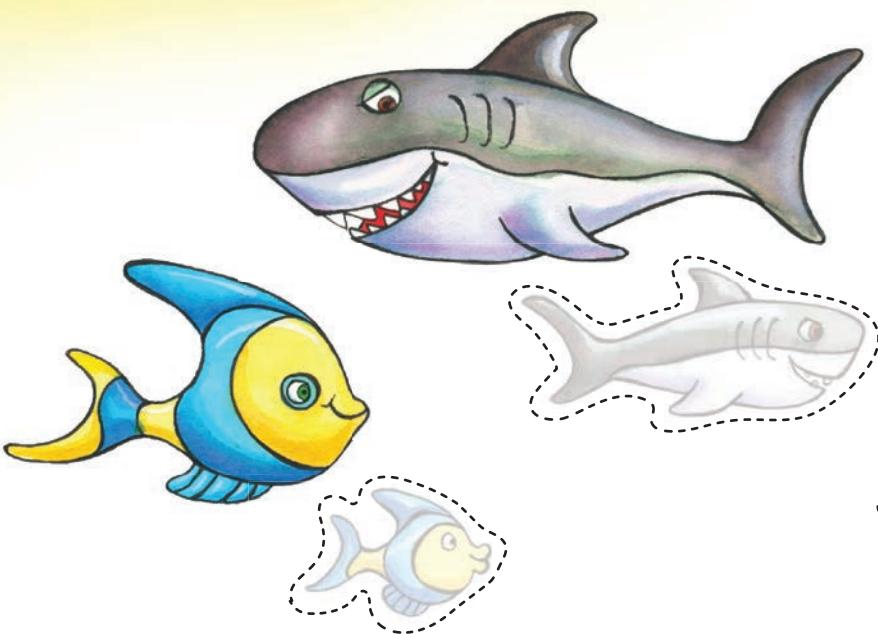
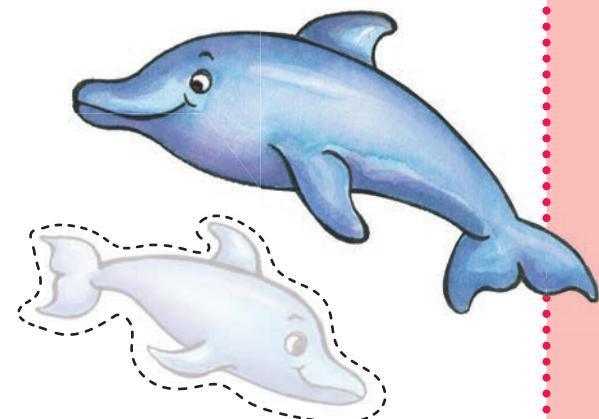
Ke dintho dife tse ke keng tsa phaphalla?

Mamarisetsa
ditikara
dibakeng tse
nepahetseng.



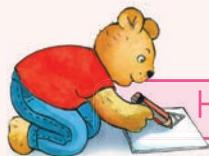
Ha re etseng

Sebedisa ditikara ho
mamarisetsa bana thoko
ho bo mme ba bona.



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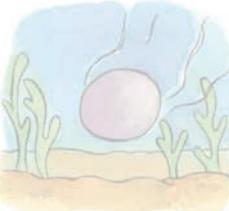
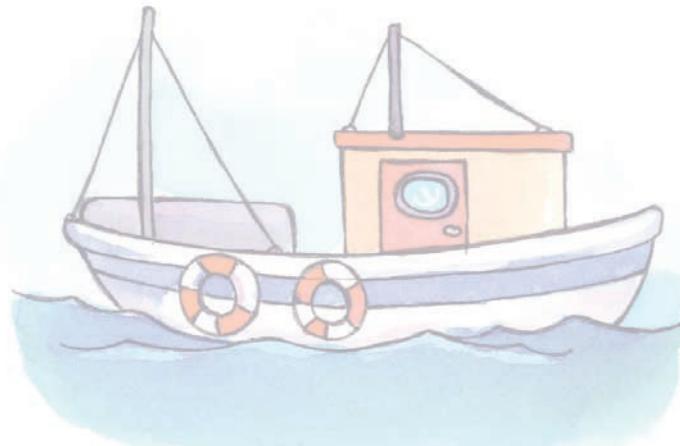
Date



Ha re ngoleng

Mamarisetsa ditikara dibakeng tse nepahetseng.
Jwale bolela hore e a teba kapa e a phaphalla.

Mamarisetsa
ditikara
dibakeng tse
nepahetseng.

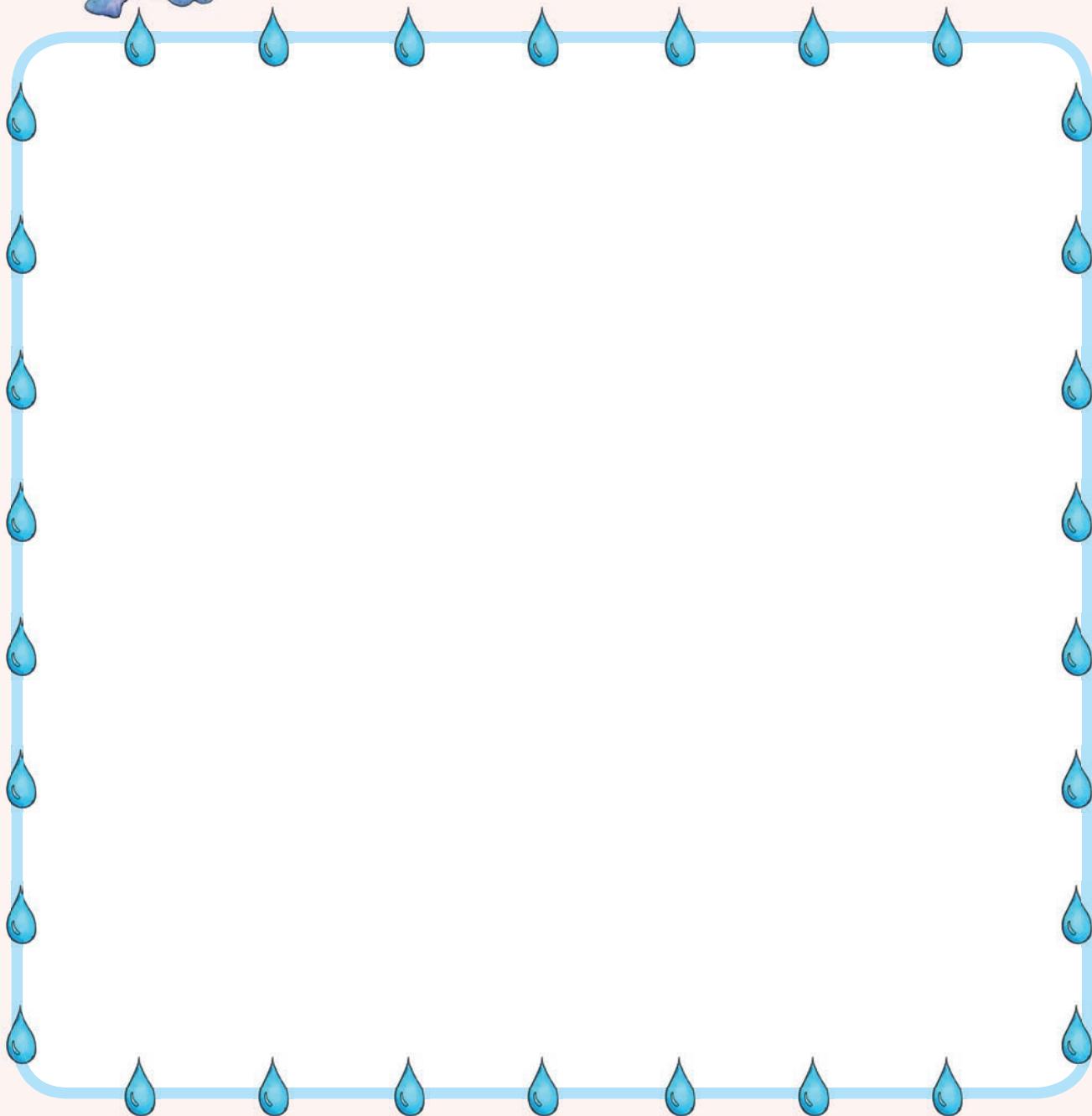


3.2



Ha re etseng

Taka setshwantsho sa hao o sesa, o tola, o qhoba seketswana
kapa o ithabisa pela metsi?



Lebitso la ka ke:

TEACHER: Sign

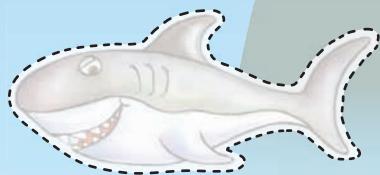
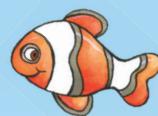
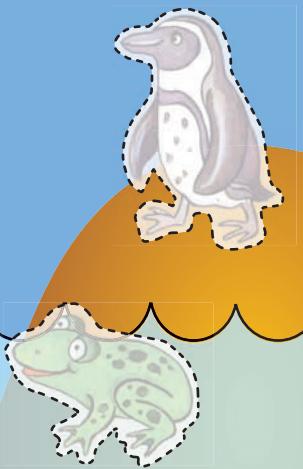
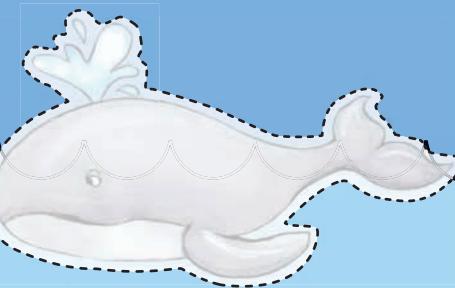
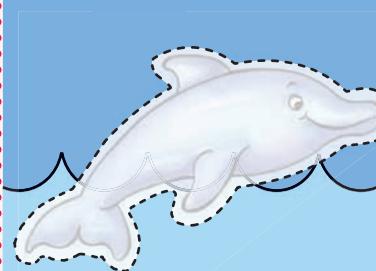
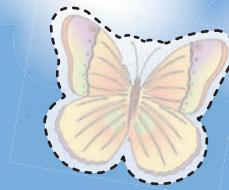
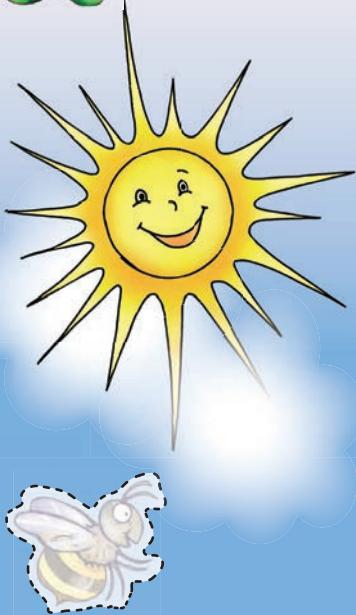
Date



Ha re baleng

Ke efe ya diphoofolo tsena e ka sesang mme ke efe e ka fofang? Mamarisetsa setikara ho bontsha hore ke phoofolo efe e ka sesang mme ke efe e ka fofang moyeng.

Mamarisetsa
ditikara
dibakeng tse
nepahetseng.

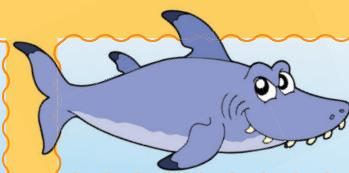


3.4



Ha re baleng dipalo

Latela dinomoro ho tloha ho 1-10 mme o thuse mokganni ho fumana letlotlo.



5



6



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10



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Date

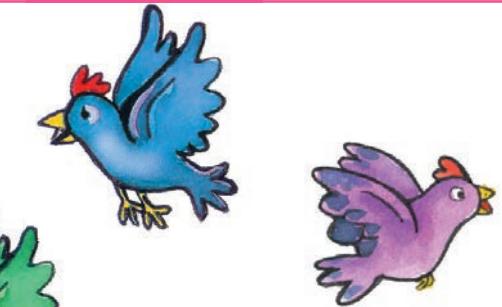
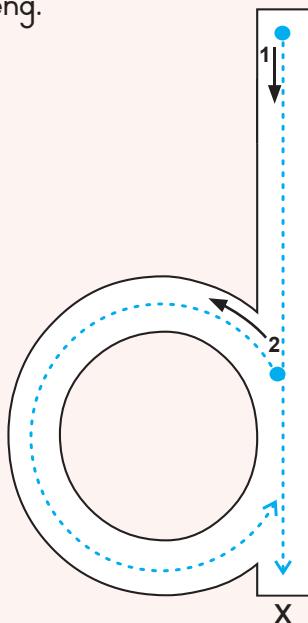
3.5



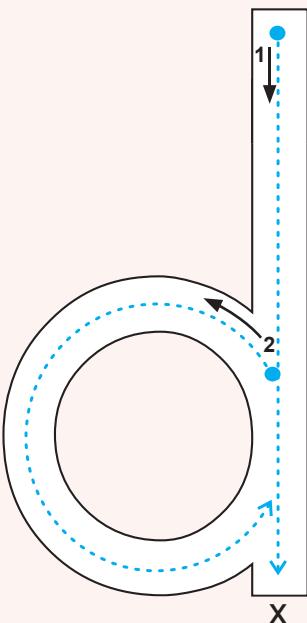
Ha re ngoleng

d

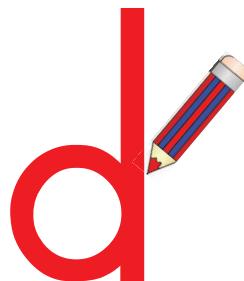
Tereisa tlhaku ka monwana mme ka phensele.
Qala mathebeng.



dinonyana



Tereisa tlhaku.





Ha re ngoleng

Tlatsa tlhaku mme o mamele modumo ha o bitsa lentswe haholo.

dipalesa



dieta



ditsebe



dinawa

dierekisi



diborele



Ngola lebitso la hao mme o mamarisetse setikara bakeng sa mosebetsi o motle.



Lebitso la ka ke:

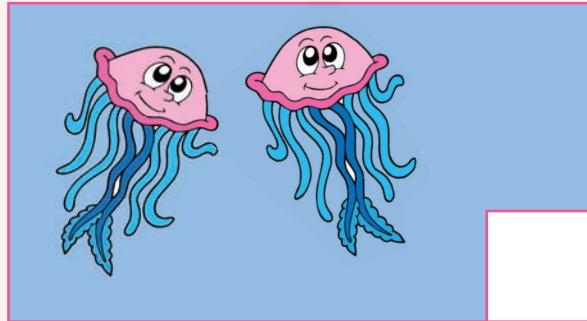
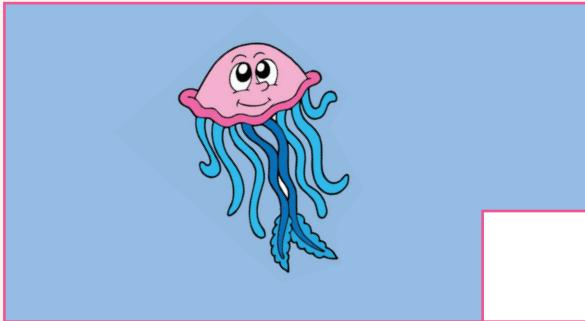
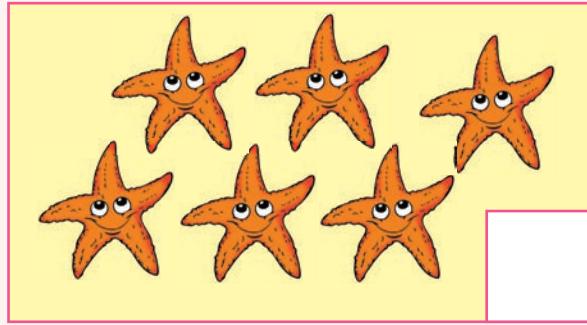
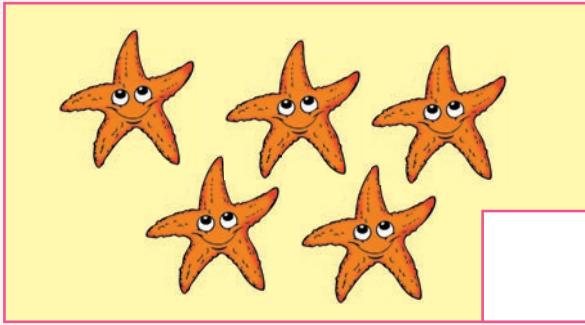
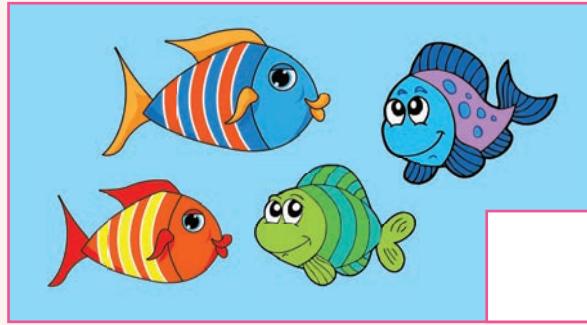
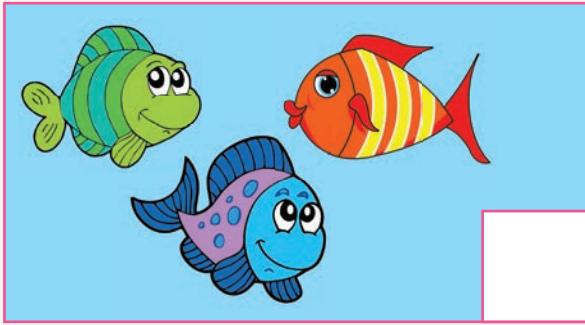
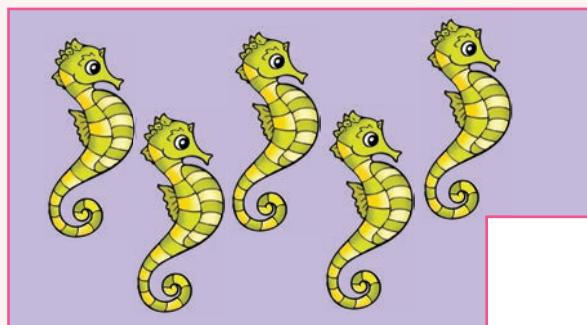
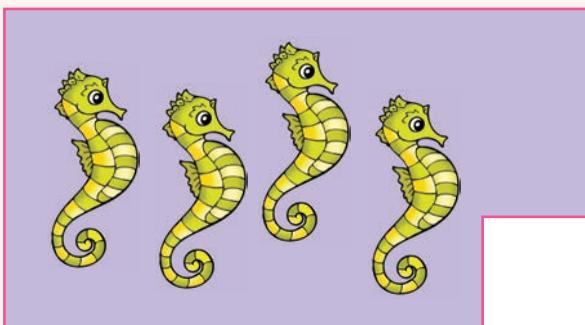
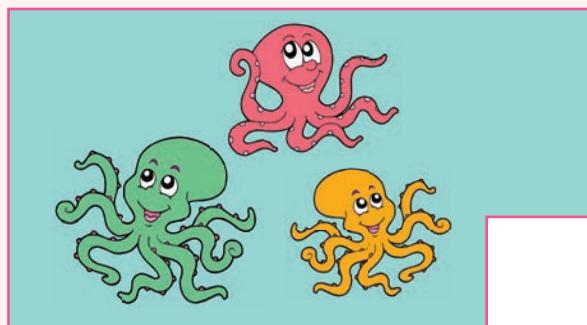
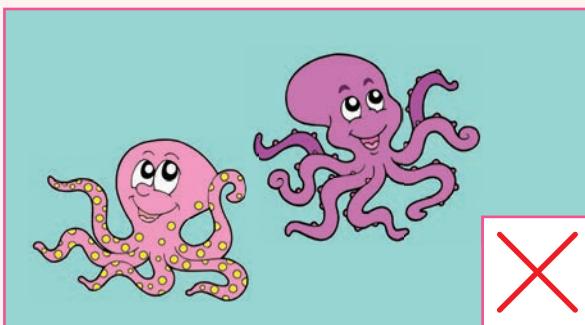
TEACHER: Sign

Date



Ha re baleng dipalo

Moleng ka mong taka X lebokoseng le nang le palo e tlaase
ya dintho.



3.8



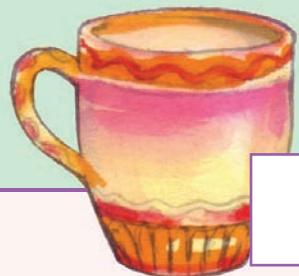
Ha re baleng dipalo



Tshwaya jeke e
nang le lebese le
lengata.



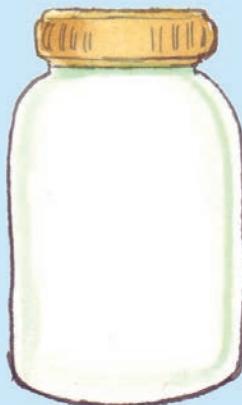
Tshwaya kopi e
nang le lebese le
lengata.



Tshwaya botlolo
e nang le oli e
nnjane.



Khalara di botlolwana tsena ho di etsa di tlale.



tletse

halofo

letho

TEACHER: Sign

Date



4

Polasing



Mamarisetsa
ditikara
dibakeng tse
nepahetseng.



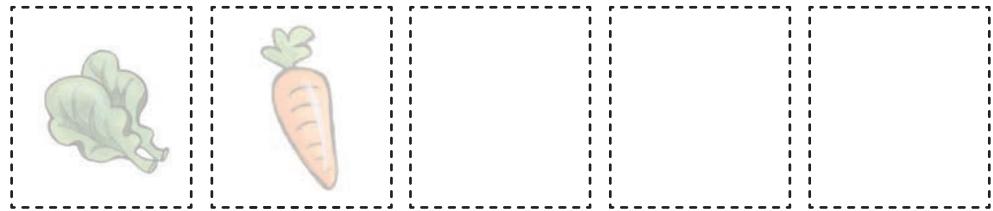
Ha re bueng

Tadima setshwantsho mme o bue ka seo o se bonang.
Na o kile wa ya polasing?
O bona tholwana efe setshwantshong?
O bona moroho ofe setshwantshong?
Na o jala meroho lapeng?
Ngwana ka mong o etsang?



Ha re etseng

Sebedisa ditikara tsa hao ho phethela paterone.



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Date





Ha re etseng

Mamarisetsa ditholwana le meroho kholomong enepahetseng. Bua kamoo tholwana le moroho ka mong o latswehang le ho tshwareha. Bolela mabitso a tsona mme o a opele diatla (kha/be/she) > khabeshe.

Mamarisetsa
ditikara
dibakeng tse
nepahetseng.

ditholwana	
apole	lamunu
morara	panana
peniapole	pere
popo	perekisi

meroho	
dinawa	khabeshe
dierekisi	sepenishe
tapole	dihwete
poone	mokopu

4.2

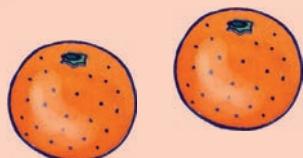


Ha re baleng dipalo

Bala palo ya ditholwana le meroho ena mme o tereise
palo e nepahetseng.



3



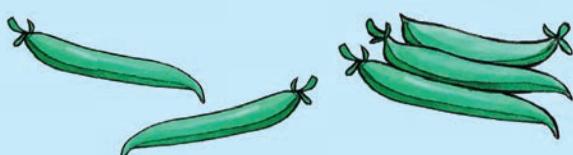
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2



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3



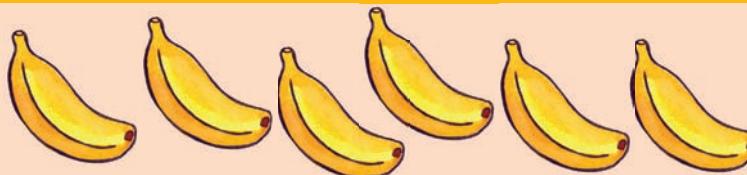
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1



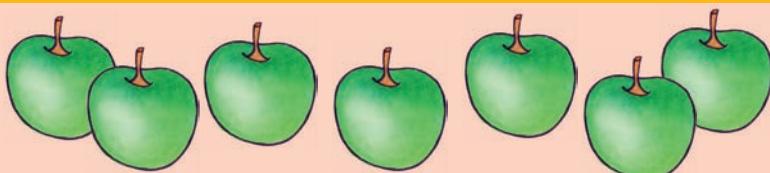
4

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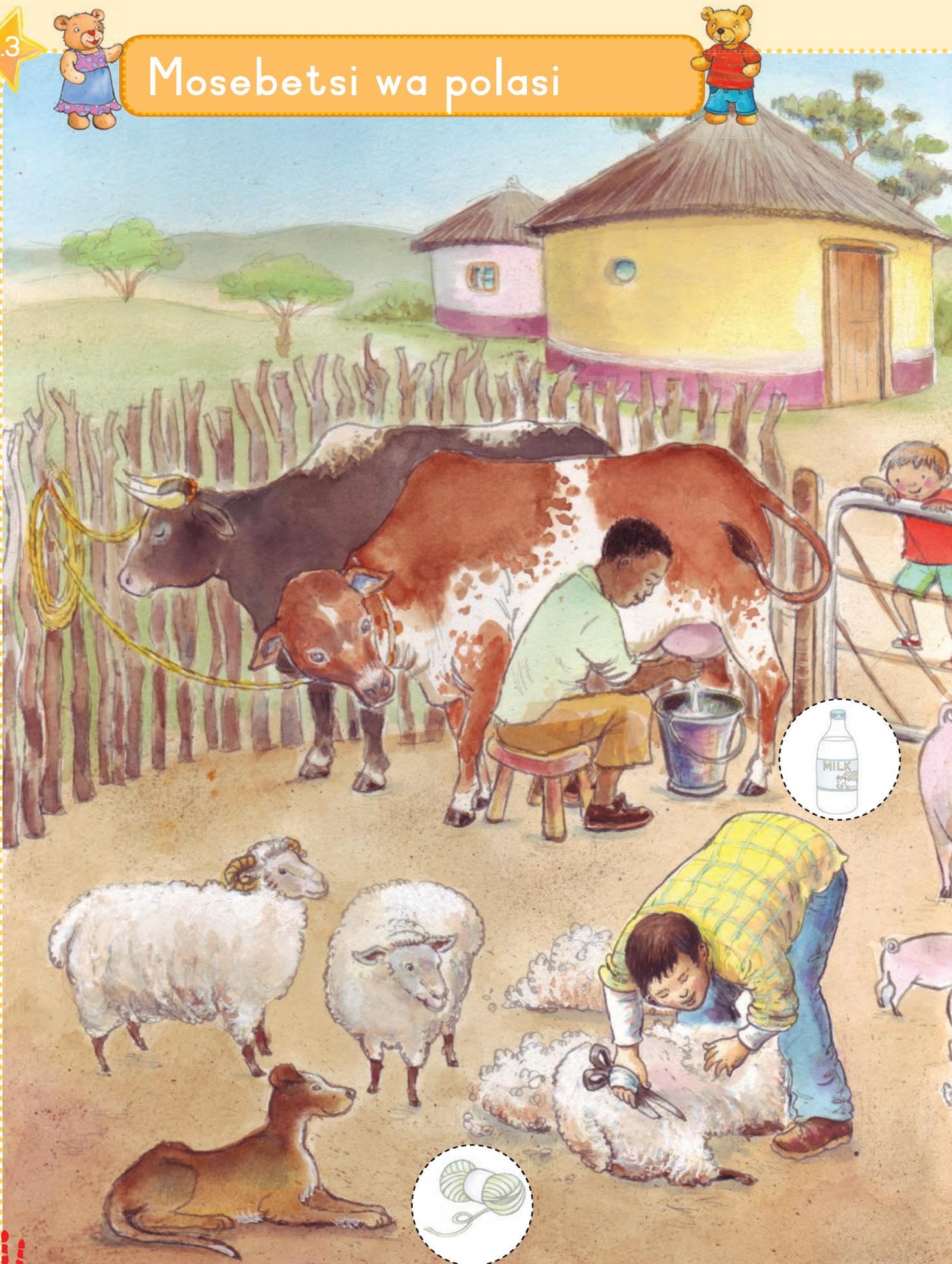
6



6

7

Mosebetsi wa polasi



Mamarisetsa
ditikara
dibakeng tse
nepahetseng.



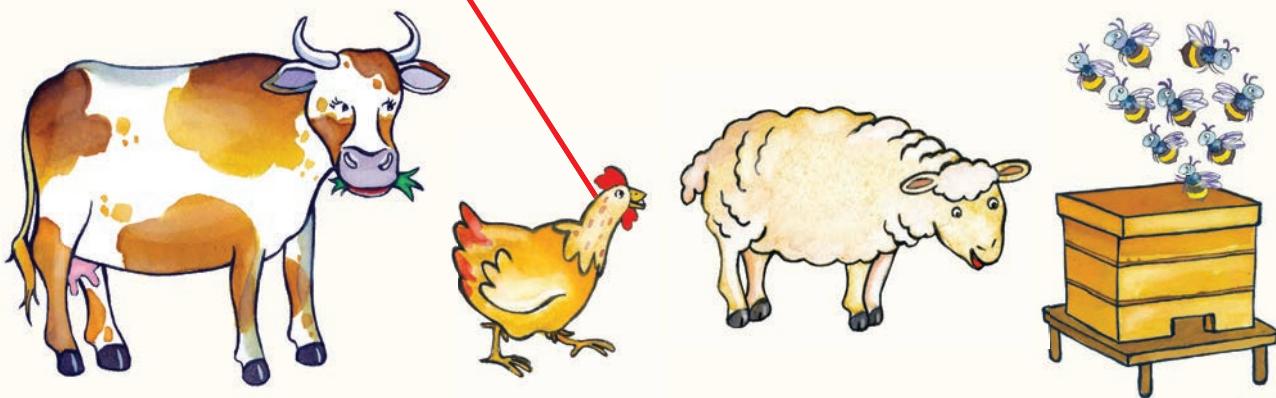
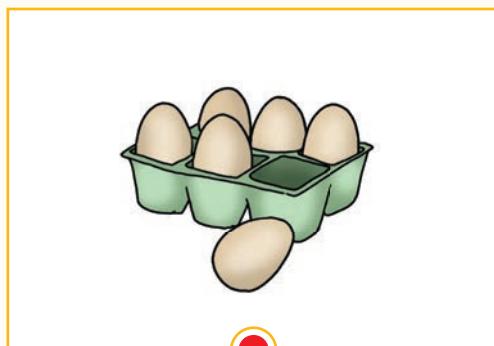
Ha re bueng

Tadima setshwantsho mme o bue ka seo o se bonang.
Batho ba etsang?
Re fumana dihlahiswa dife tse fapaneng polasing ena?
Re fumana lebese kae?
Re ka etsa dijo dife ho hlaha lebeseng?
Re fumana wulu kae?
Re sebedisa wulu bakeng sa eng?
Re fumana mahe kae?
Re fumana manyepe kae?



Ha re baleng

Taka mola ho bontsha seo re se fumanang ho tswa diphoofolong tsena.

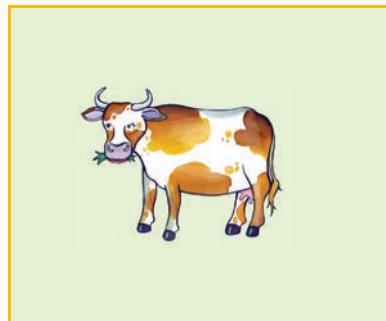


4.6

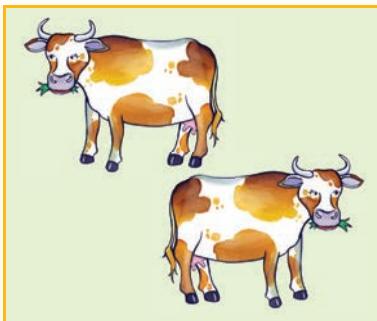


Ha re baleng dipalo

Thusa rapolasi ho bala diphofolo tsa hae.

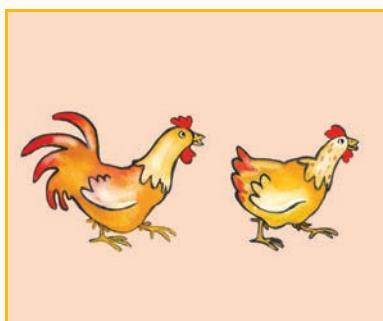


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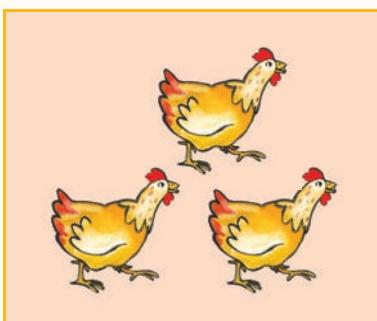


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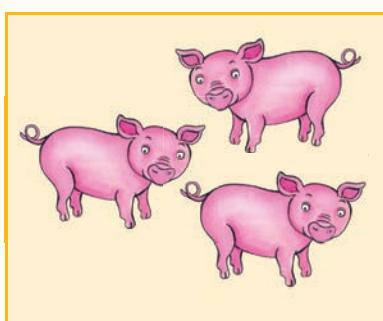
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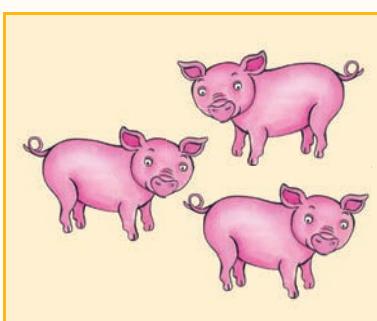
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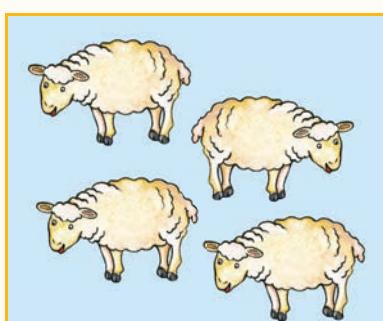
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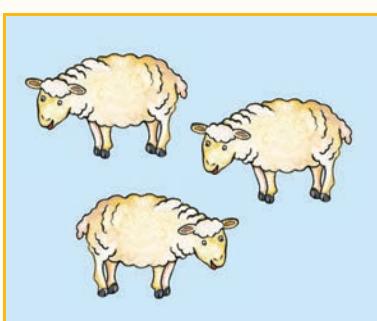
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Lebitso la ka ke;

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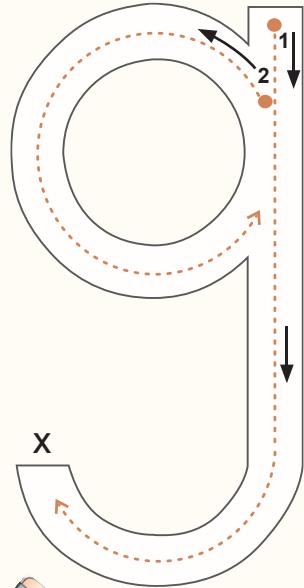
Date



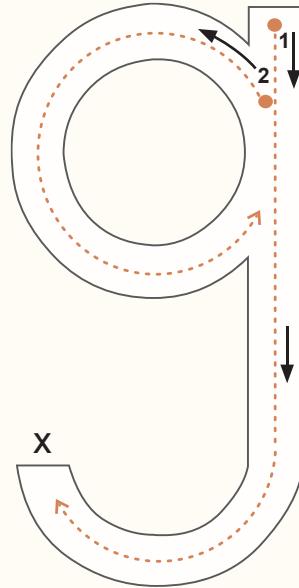
Ha re ngoleng

g

Tereisa tlhaku ka monwana wa hao
mme ka phensele.
Qala mathebeng.

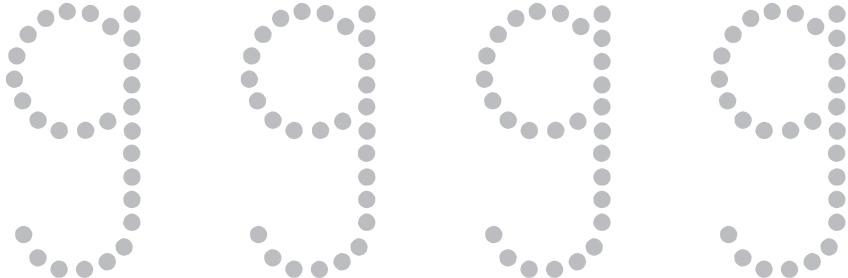


galase



Tereisa tlhaku.

g



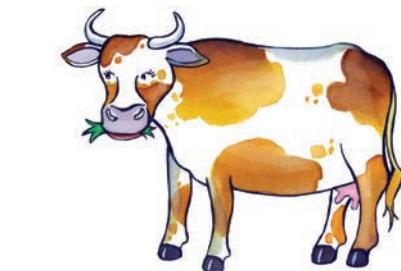


Ha re ngoleng

Tlatsa tlhaku g mme o mamele modumo ha o ntse o bitsa
mantswe haholo.



gauta



kgomo



kgaba



kgaretene



galase

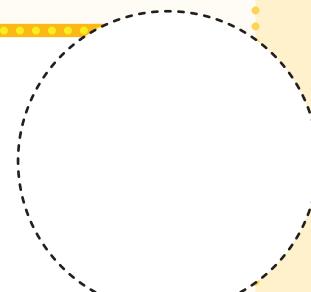


kgubedu

Ngola lebitso la hao mme o mamarisetse setikara bakeng sa mosebetsi o motle.



Lebitso la ka ke:



Tikolocho e hlwekileng



Mamarisetsa
ditikara
dibakeng tse
nepahetseng.



Ha re bueng

Tadima setshwantsho mme o bue ka bohlokwa ba
tikoloho e hlwekileng.

Bana ba etsang ho hlwekisa sebaka sa ho bapalla?

Re ka boela ra sebedisa makotikoti le pampiri ya
kgale jwang??

5.I

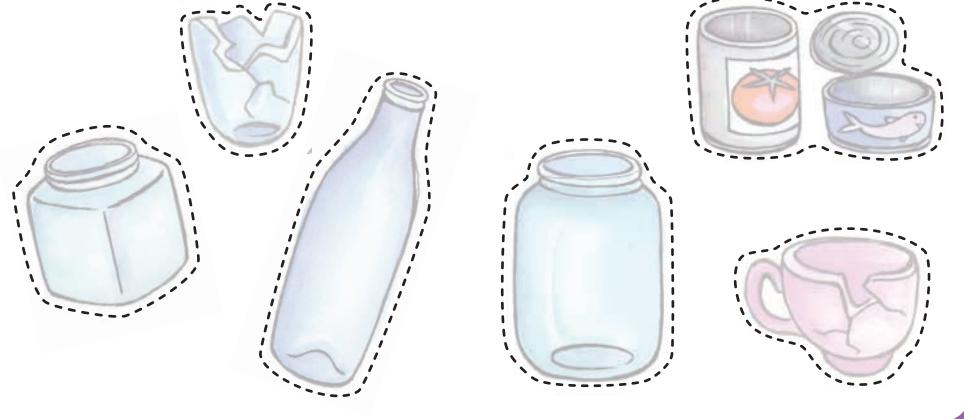


Ha re etseng

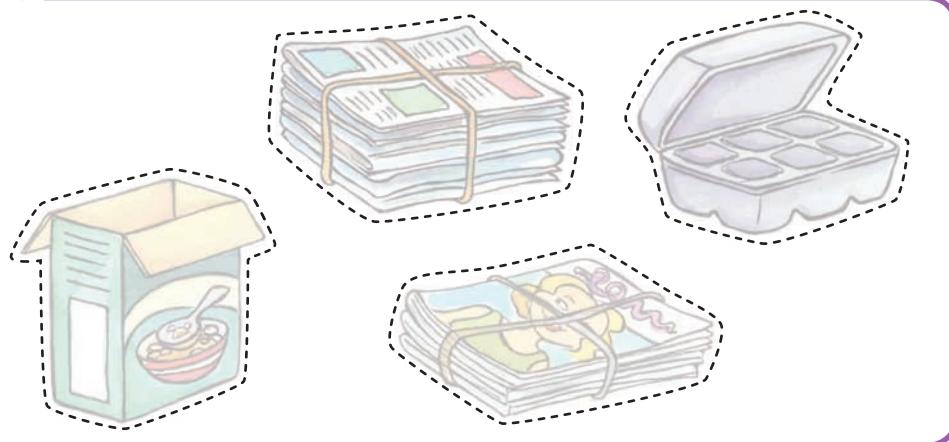
Ke dintho dife tseo o ka di etsang ka polasetiki le pampiri ya kgale? Sebedisa ditikara tsa hao ho bontsha kamoo o ka kgethollang pampiri, polasetiki le galase tsa kgale meqomong e fapaneng hore di tle di sebediswe hape.

Mamarisetsa
ditikara
dibakeng tse
nepahetseng.

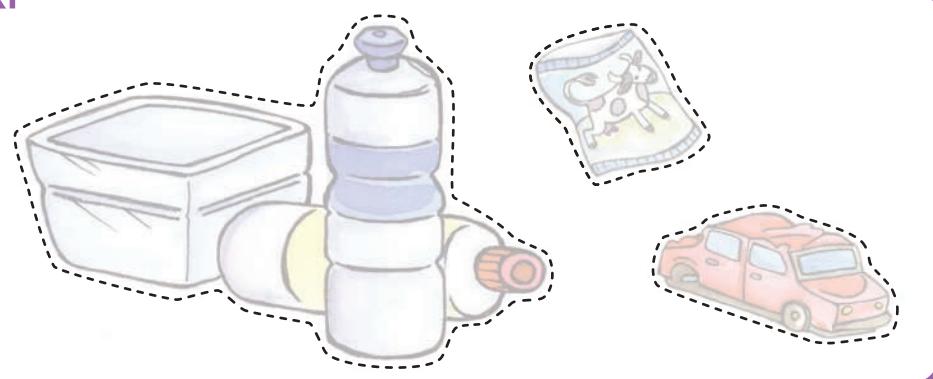
Galase



Pampiri



Polasetiki

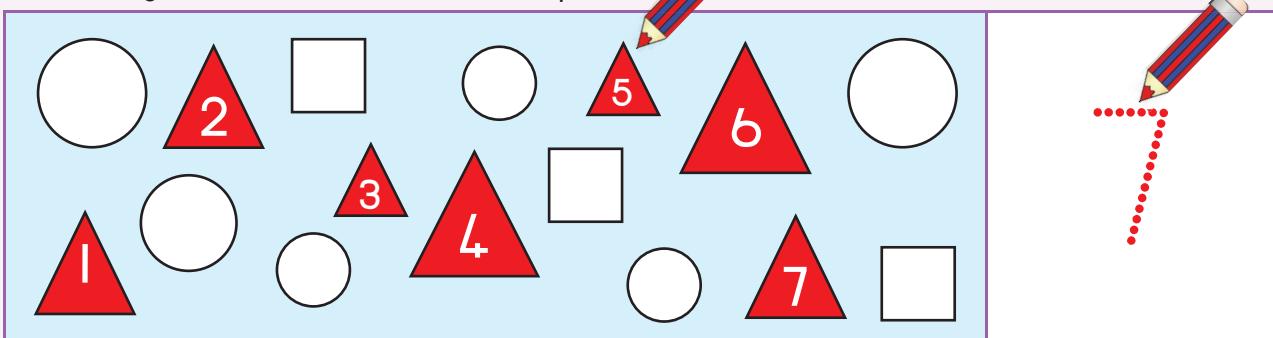


5.2

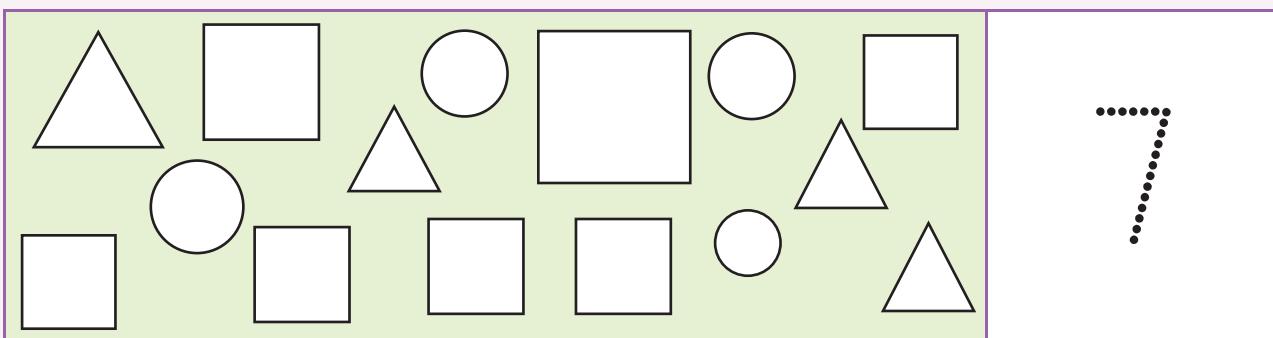


Ha re baleng dipalo

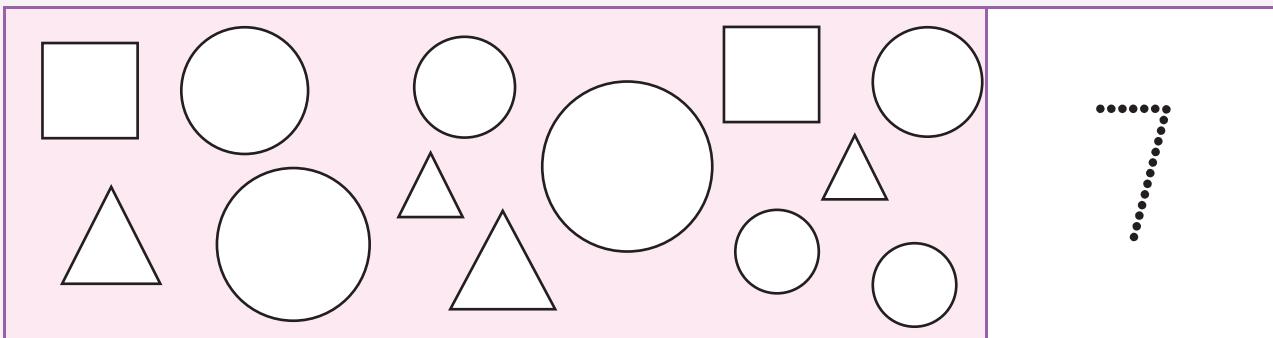
Tlotsa dikgutlotharo tse 7 mme o tereise palo.



Tlotsa dikwere tse 7 mme o tereise palo.



Tlotsa didikadikwe tse 7 mme o tereise palo.



Kwetlisa palo 7.



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Date

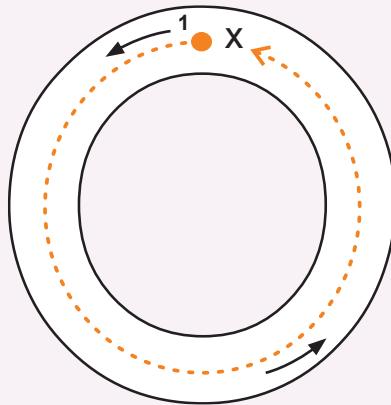
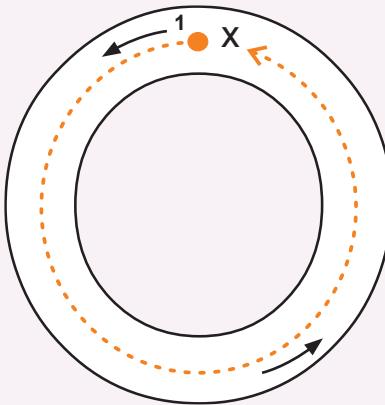
5.3



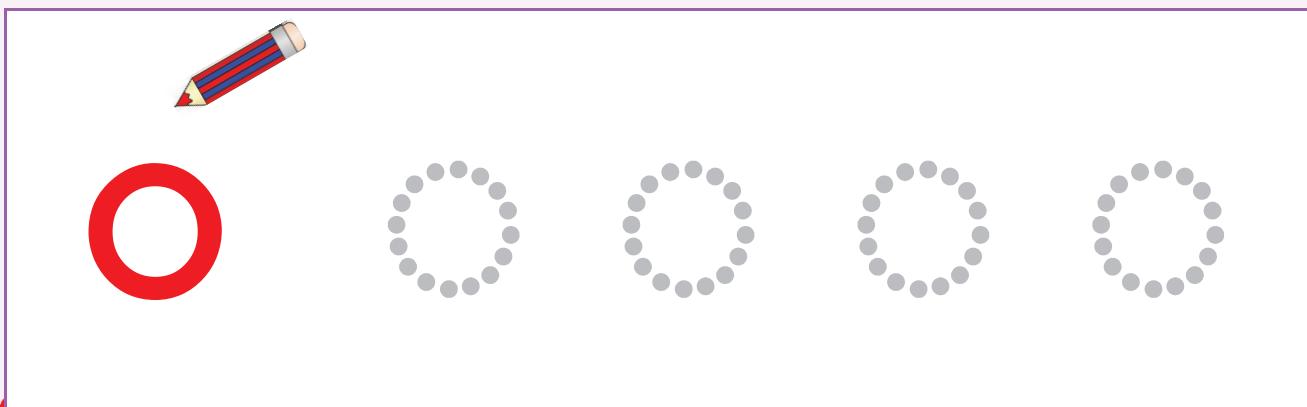
Ha re ngoleng



Tereisa tlhaku ka monwana wa hao.
Qala mathebeng.



Tereisa tlhaku.





Ha re ngoleng

Tlatsa tlhaku o mme o mamele modumo ha o ntse o bitsa mantswe haholo.



bolo



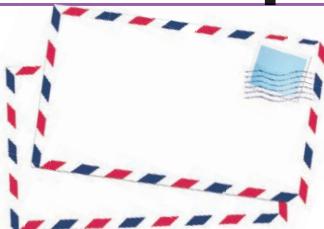
topo



roto



okethopase



hlooho

onfolopo

Ngola lebitso la hao mme o mamarisetse setikara bakeng sa mosebetsi o motle.



Lebitso la ka ke:

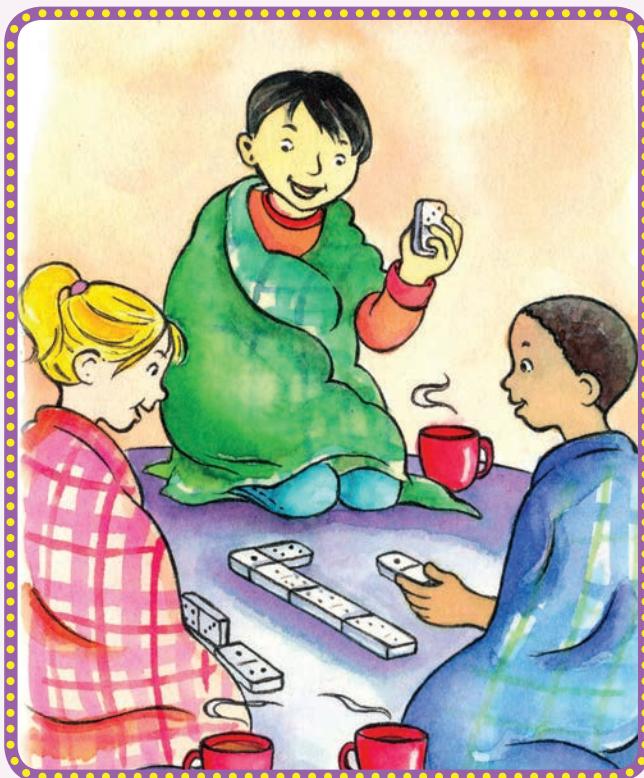
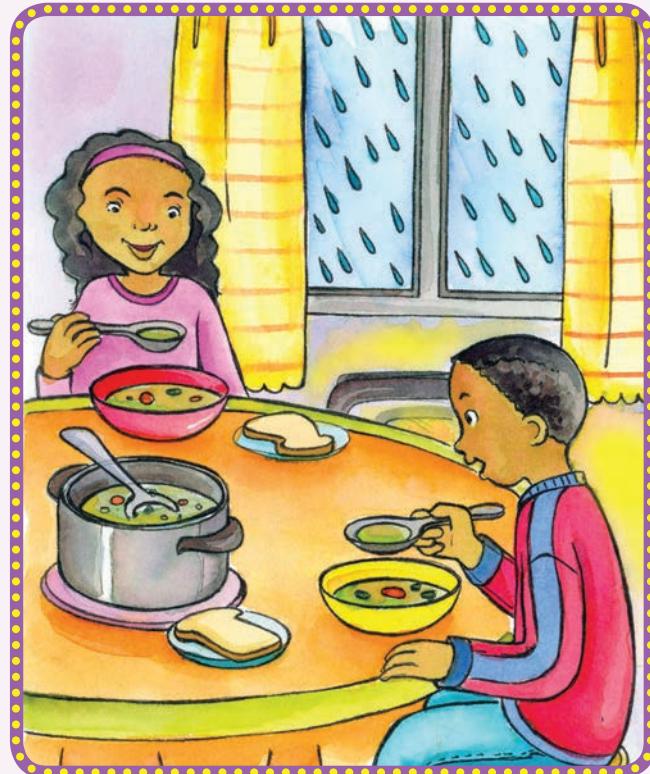
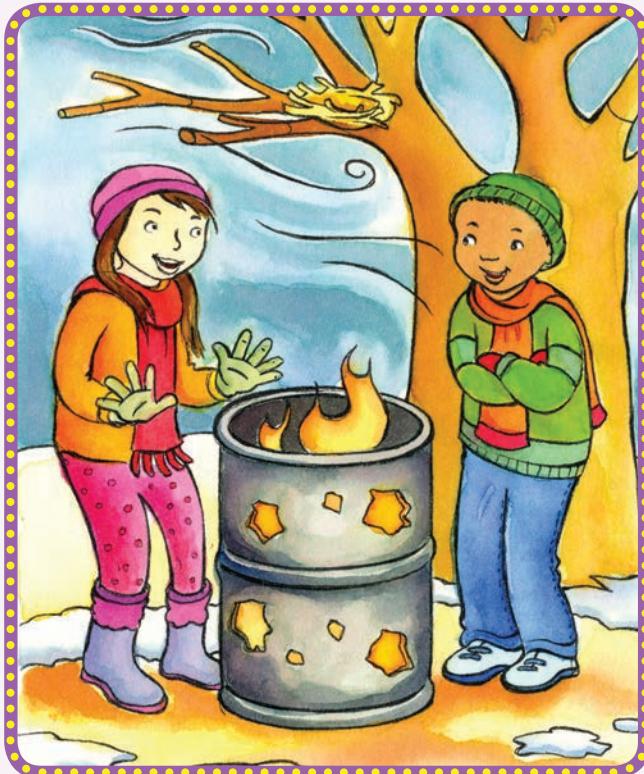
TEACHER: Sign

Date



Ha re bueng

Tadima ditshwantsho mme o bue ka se etsahalang mariha.
 O etsang ho dula o futhumetse?
 Dijalo di angwa jwang ke serame?
 Diphoofolo di angwa jwang ke serame?
 Re ja eng, re bapala eng le ho apara eng mariha?

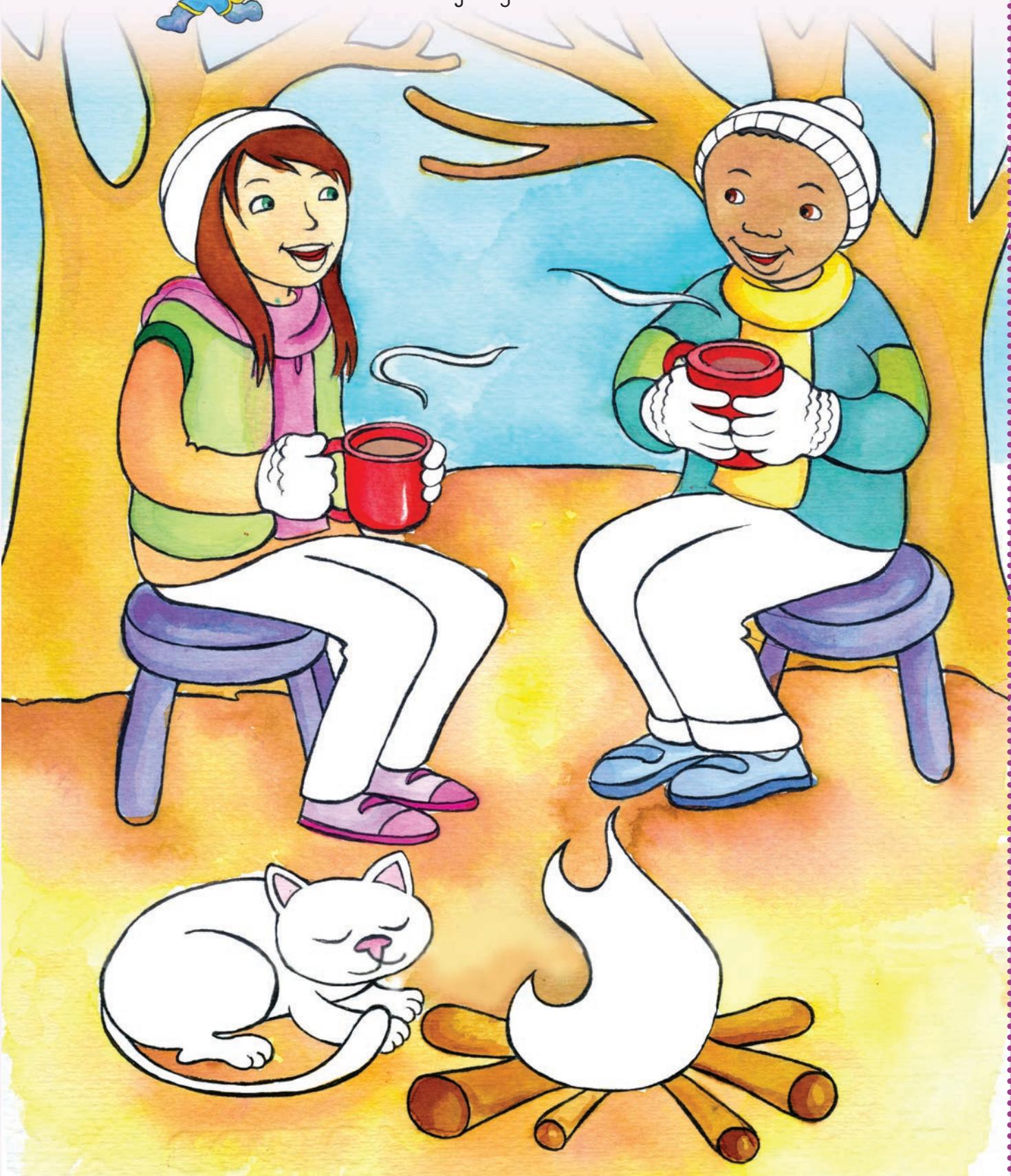


5.6



Ha re etseng

Khalara setshwantsho sena.
O tseba jwang hore ke letsatsi la mariha?



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Date

5.7

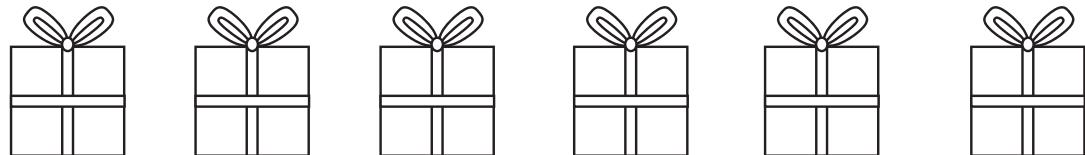


Ha re baleng dipalo

Tereisa nomoro.

Jwale khalara palo e nepahetseng ya dintho moleng ka mong.

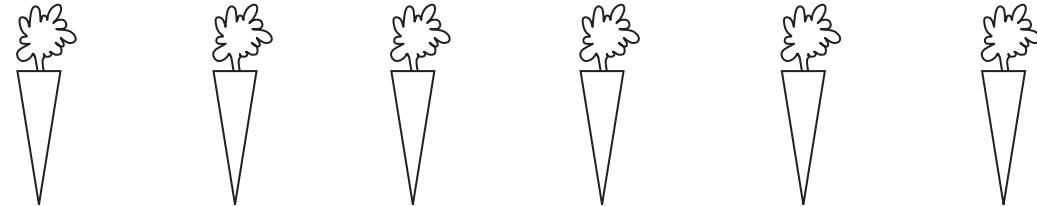
1



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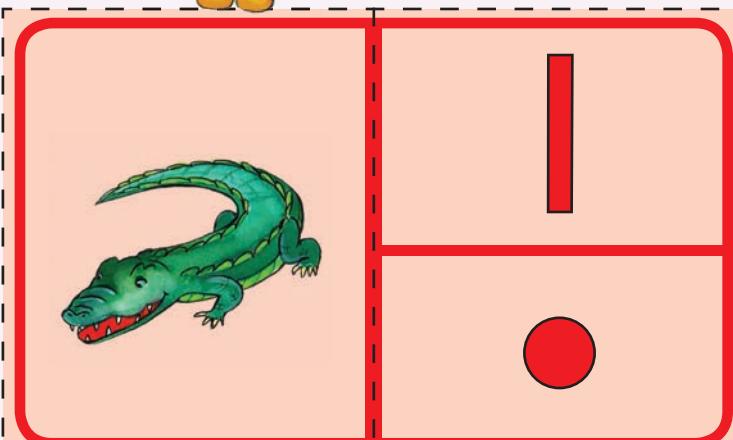
5.8



Ha re baleng dipalo

Seha dikarete tsena mathebeng mme o bone
hore o ka nyalanya setshwantsho le palo
e nepahetseng.

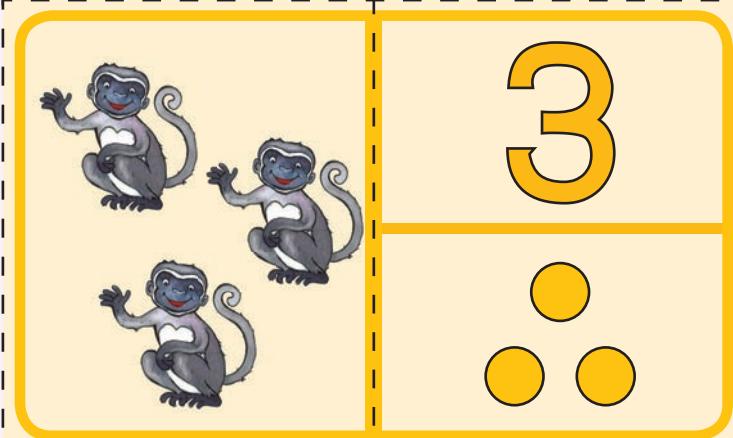
Hlokomela
hore dikarete
tsena di a
fetolelwā.



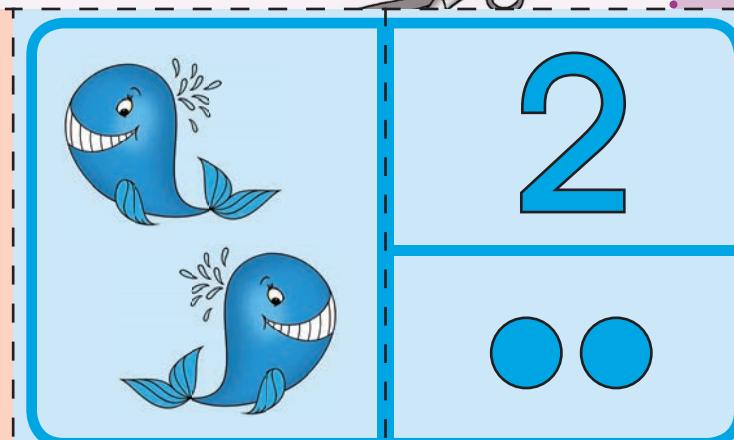
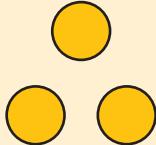
1



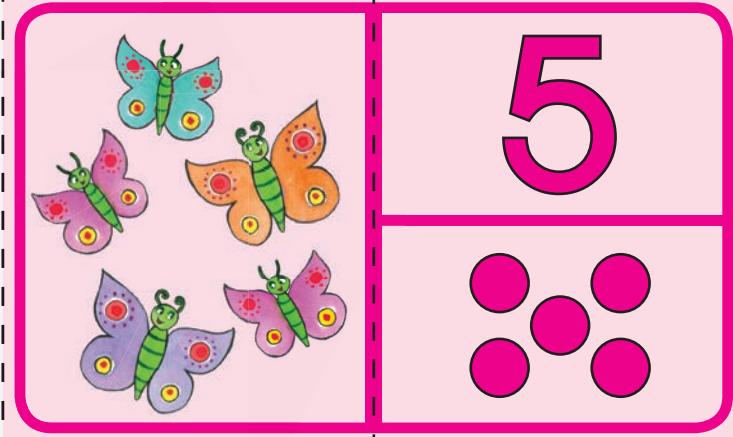
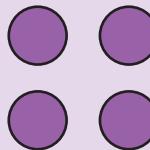
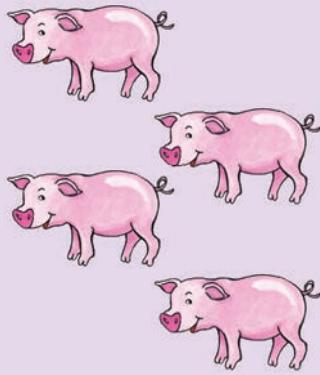
2



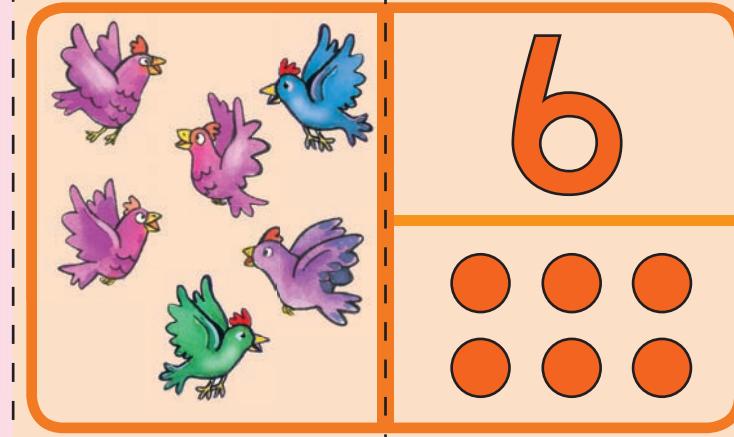
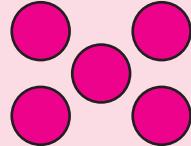
3



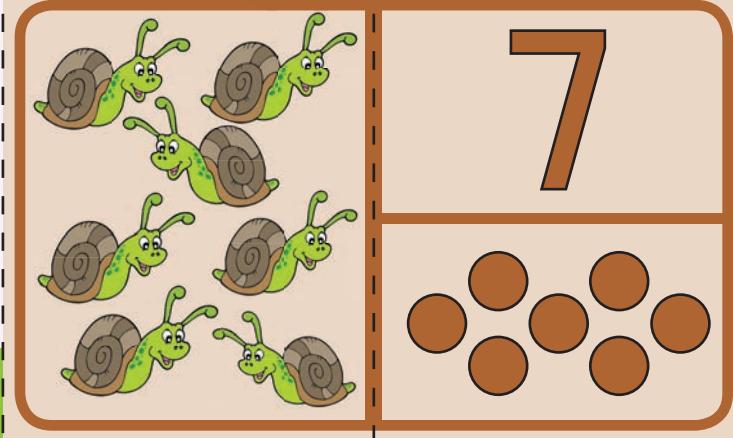
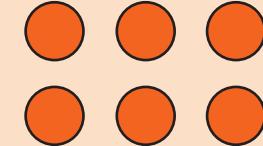
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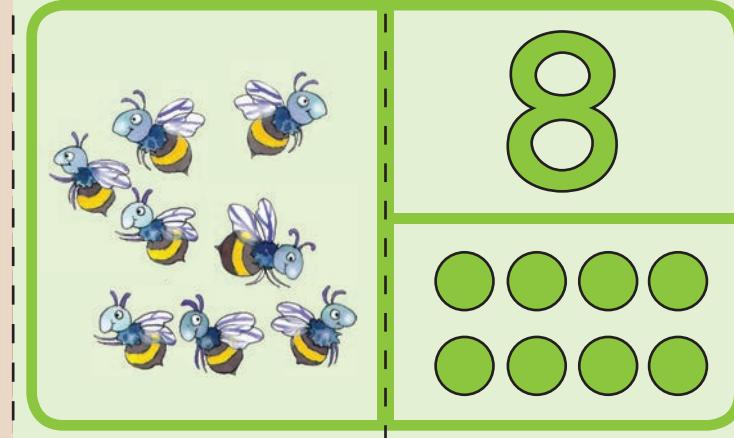
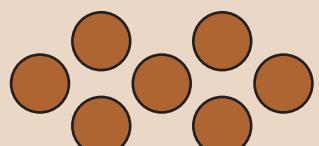
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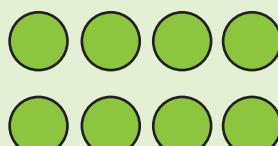
6



7



8





Ha re etseng

Seha dikarete tsena meleng ya ho seha e metsho
mme o nyalanye tlhaku le setshwantsho se
nepahetseng.

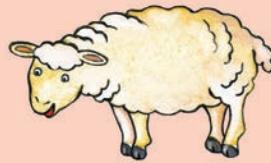
Hlokomela
hore dikarete
tsena di a
fetolelwa.

a



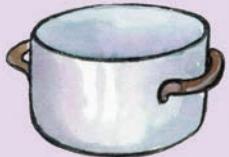
apole

n



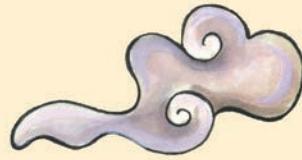
nku

p



pitsa

m



musi

o



topo

d



dula

t



tae

s



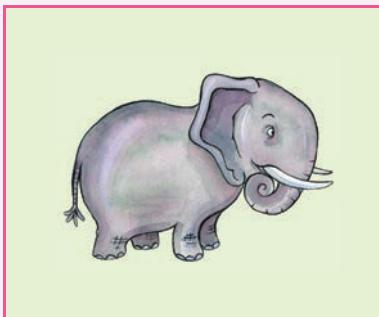
seeta

5.9

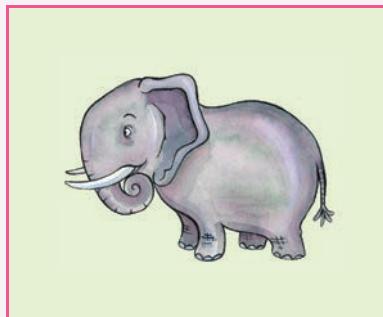


Ha re baleng dipalo

Thusa mohlokemedi wa diphoo folo ho bala palo ya diphoo folo.

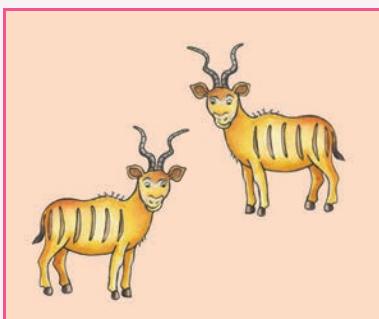


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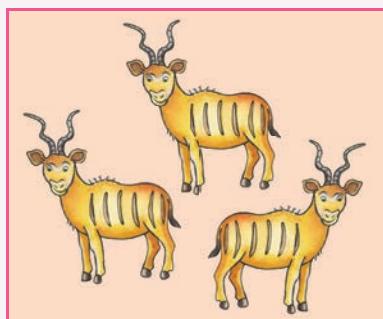


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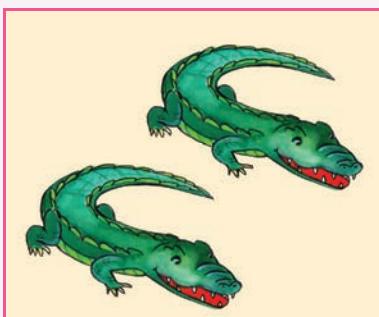
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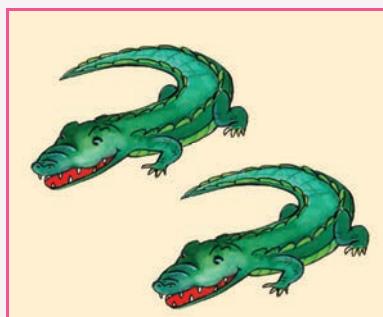
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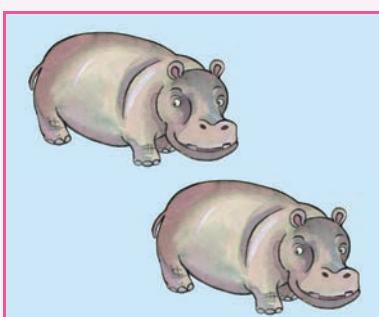
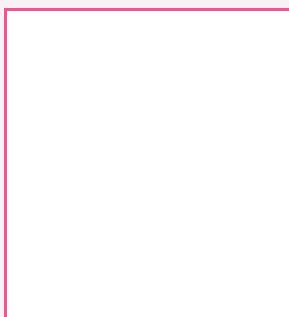
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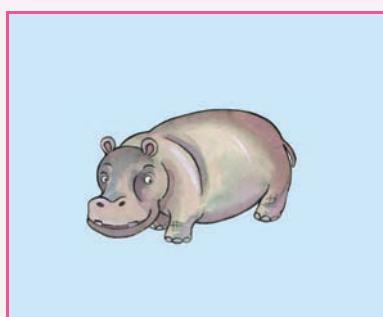
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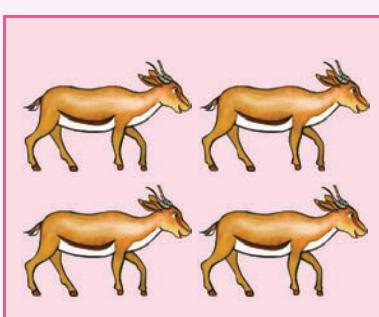
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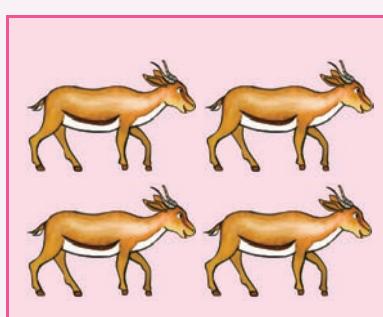
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TEACHER: Sign

Date





Disehwa

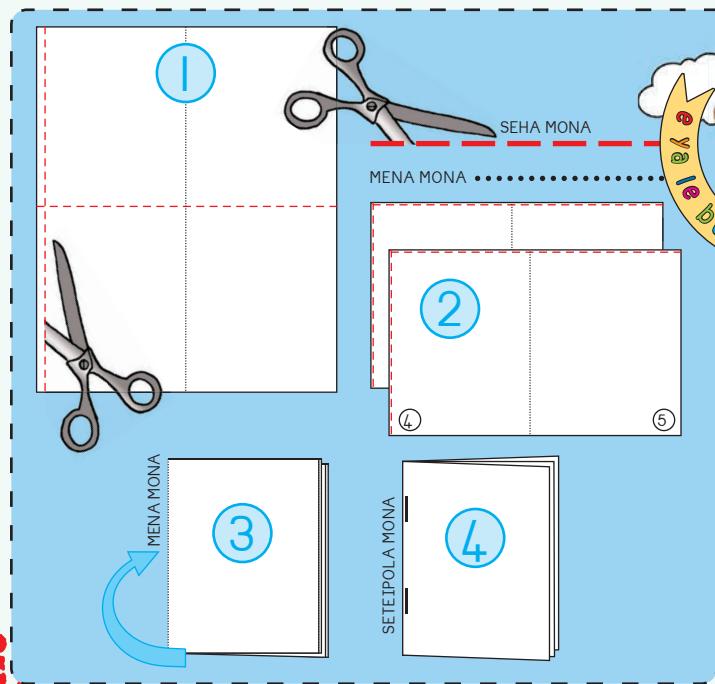


Papadi ya boikgopotso:

Seha dikarete meleng e metsho ya matheba. Tjhofa dikarete mme o di behe tafoleng di shebile fatshe. Jwale phetla dikarete tse pedi ka nako e le nngwe. Haeba di tshwana o ka di behella ka thoko. Shebang hore ke mang ya ka qetang pele ho bokella dikarete. Jwale sebedisa dikarete tsa hao tsa boikgopotso mme le bapale le metswalle wa hao.

Dikarete tsa tatellano:

Seha dikarete tsena mme o di behe ka tatellano e nepahetseng mme o bolele pale ya se etsahalang tatellanong ka nngwe.



Buka ya ho bala:

Latela ditaelo mme o etse buka ena ya disehwa. E ya le yona lapeng mme o e balle metswalle le lelapa.



DISEHWA TSA KA



Ha re etseng

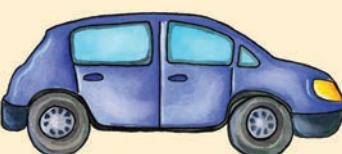
Seha leqephe moo ho nang le mola wa matheba mme o
manamise leqephe khafareng e ka morao ho etsa phokhotho.
Boloka tseo o di sehileng ka mona hore di se ke tsa lahleha.

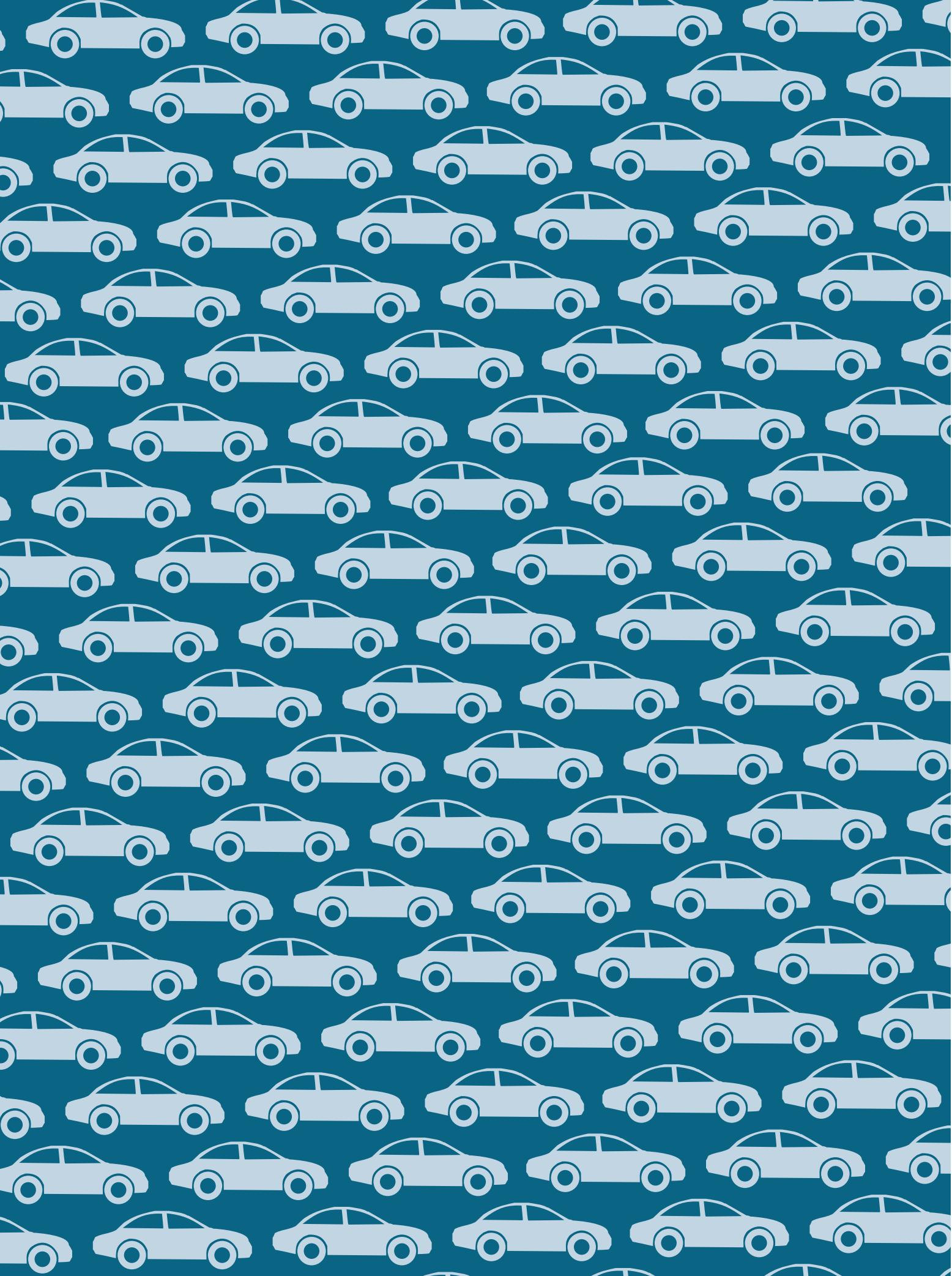
MANAMISA MONA

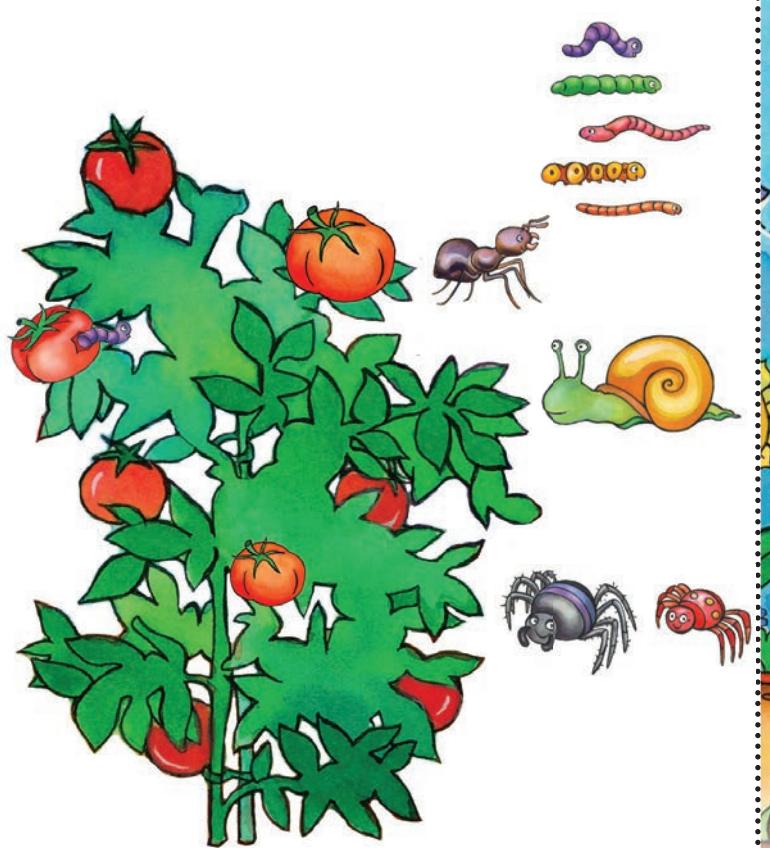
MANAMISA MONA

MANAMISA MONA

MANAMISA MONA

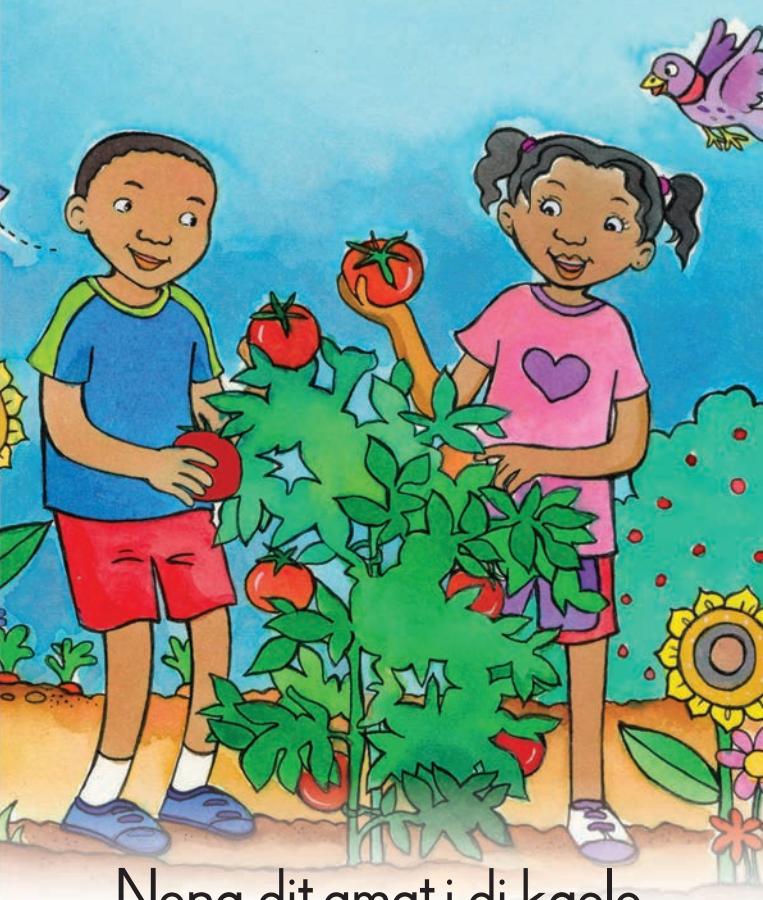






Diphoofto di batla ho
ja dijalo.

4



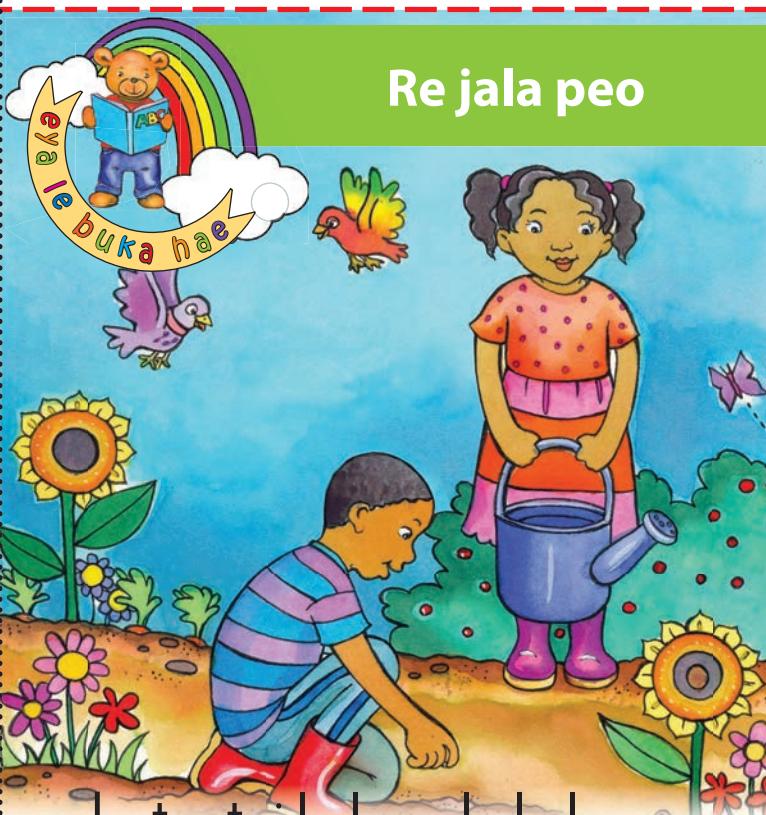
Neng ditamati di kgolo
ebile di kgubedu.

5



Re na le meroho e mengata ho
rekisa mmarakeng.

8



Letsatsi le leng le le leng
Nomsa le Sam ba sebetsa
serapeng sa meroho.

1



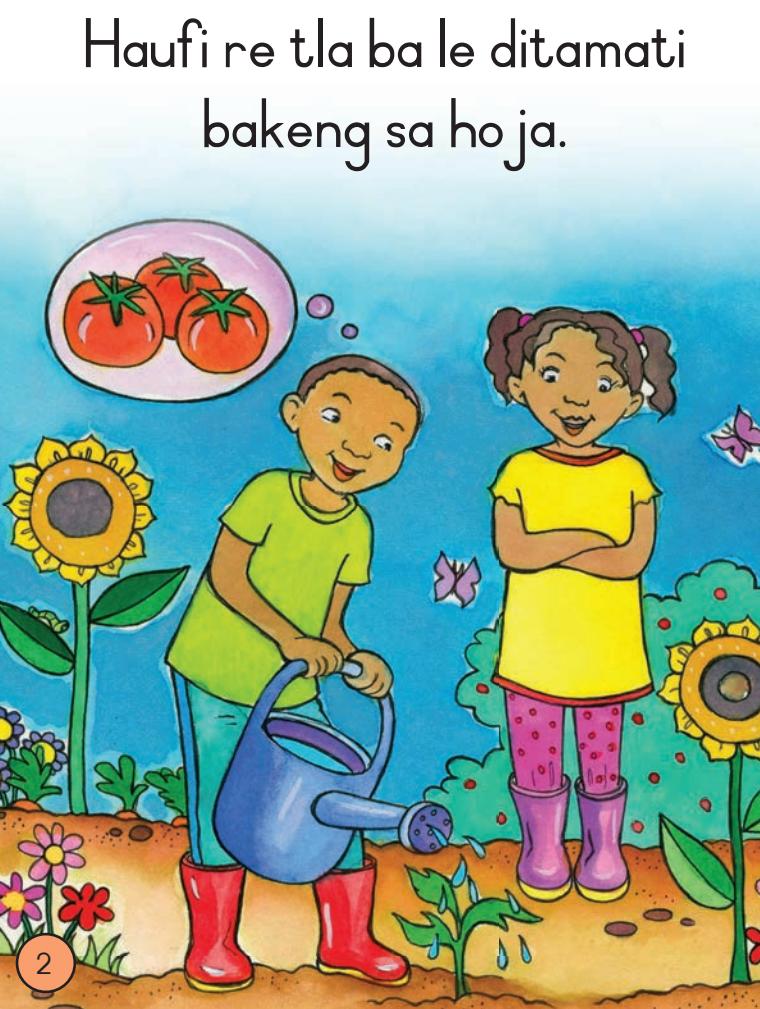
Ke tla ja tamati bakeng sa dijo
tsa motshehare.

6



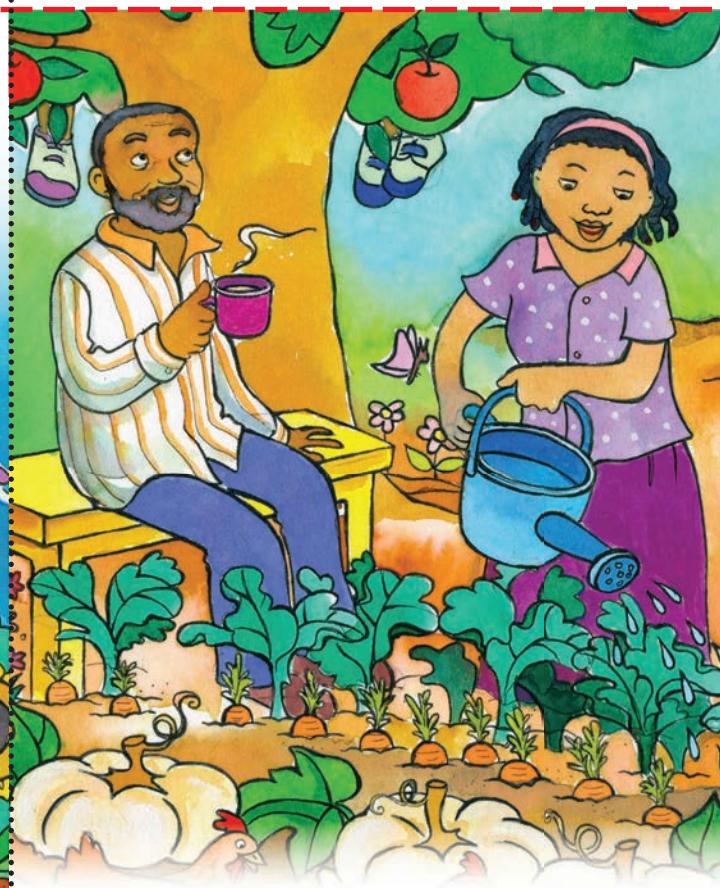
Nomsa o nosetsa dijalo.

3



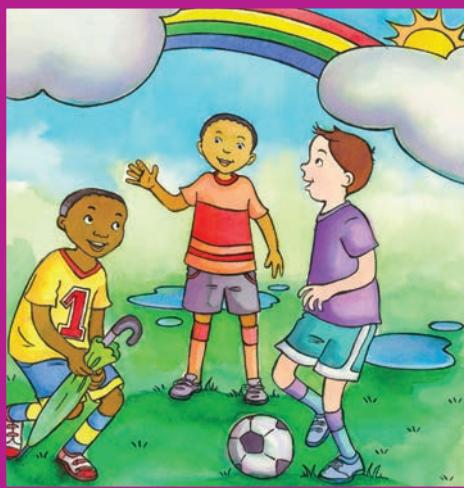
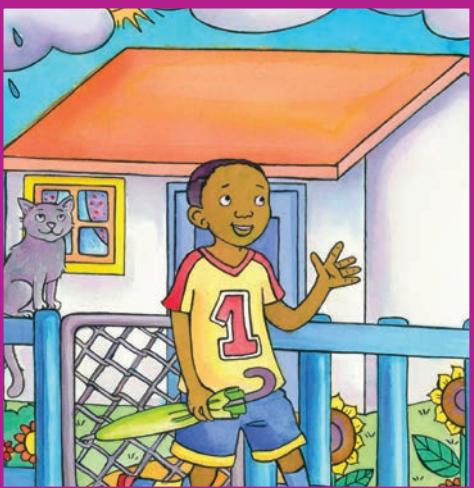
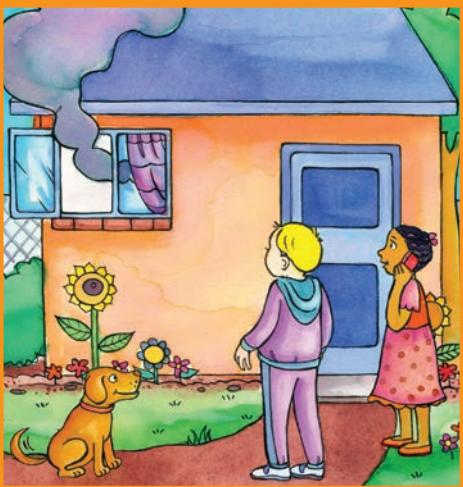
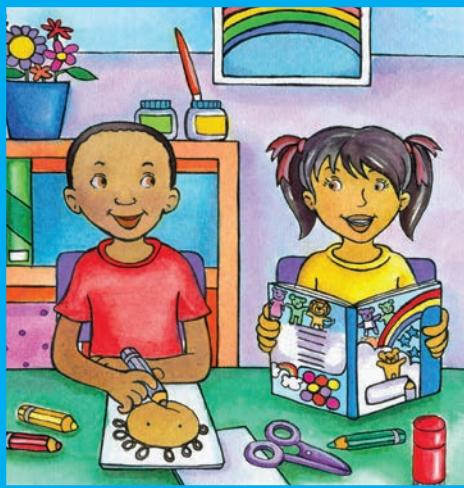
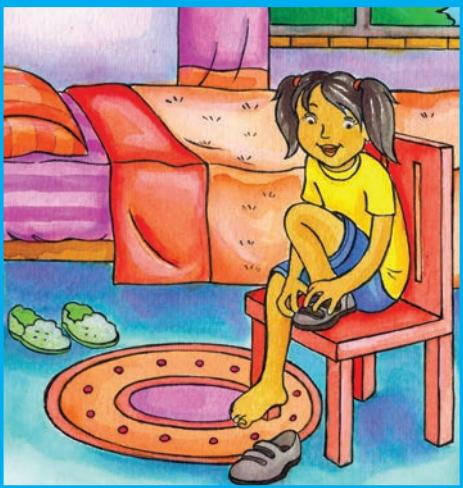
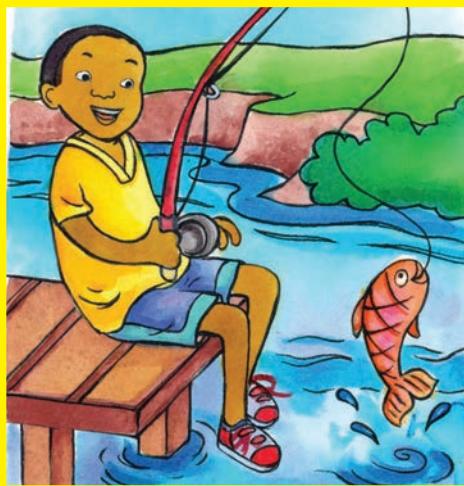
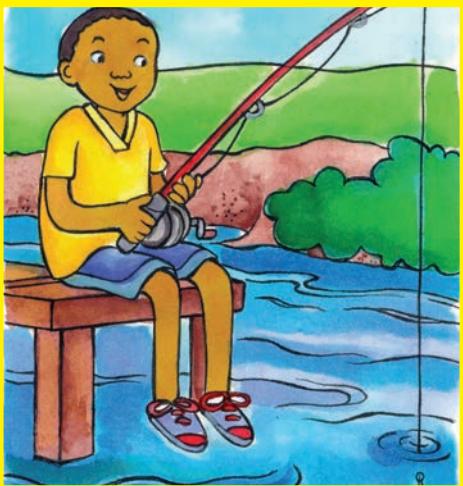
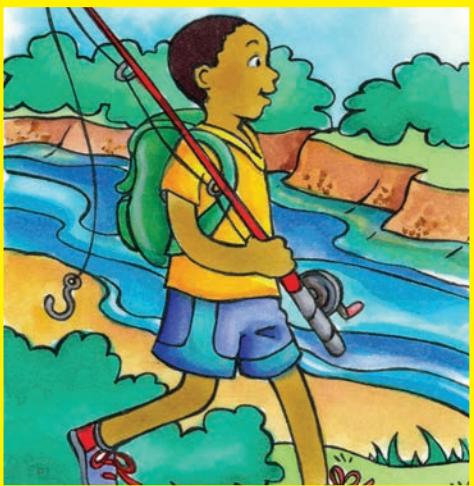
Haufi re tla ba le ditamati
bakeng sa ho ja.

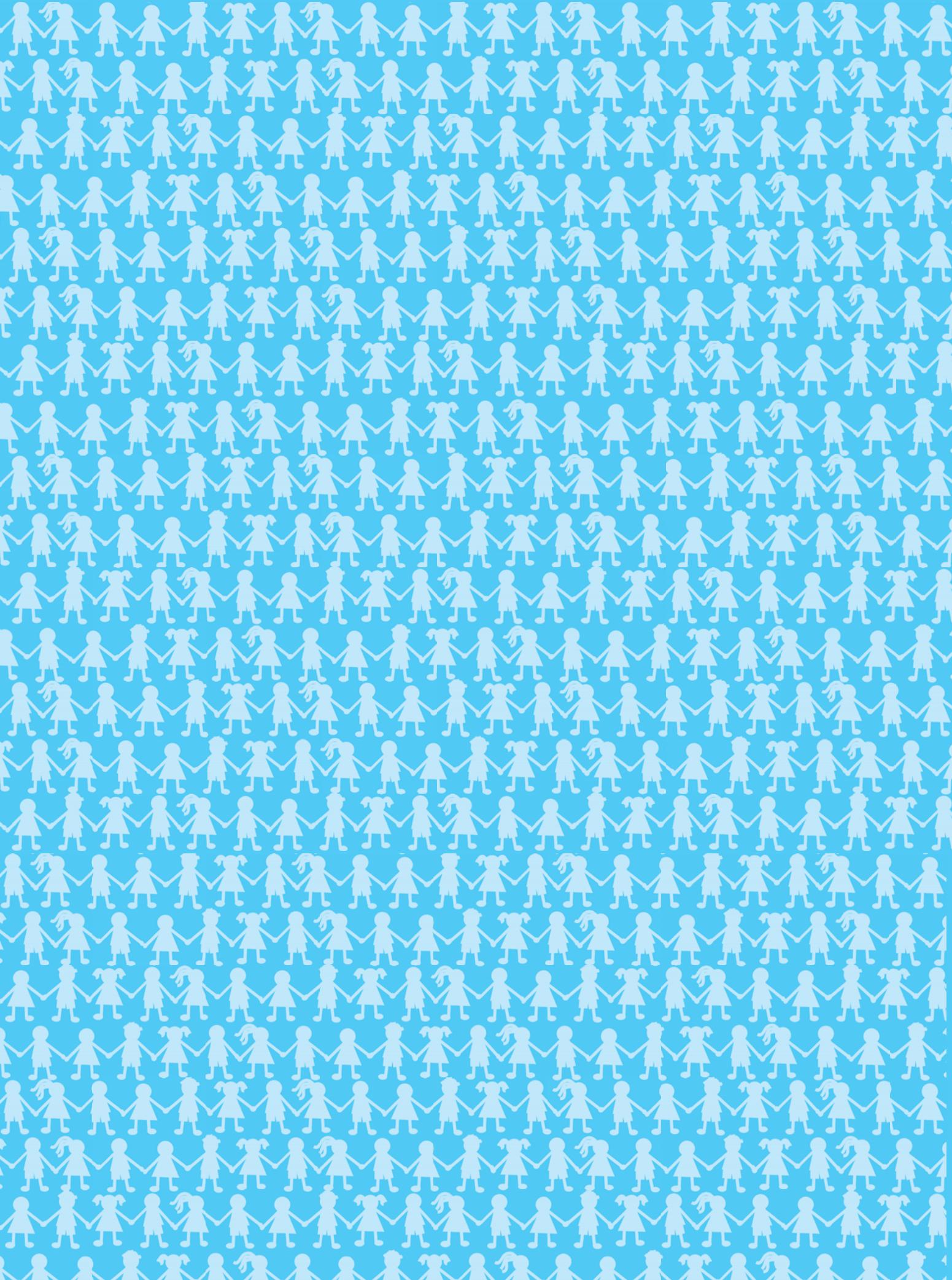
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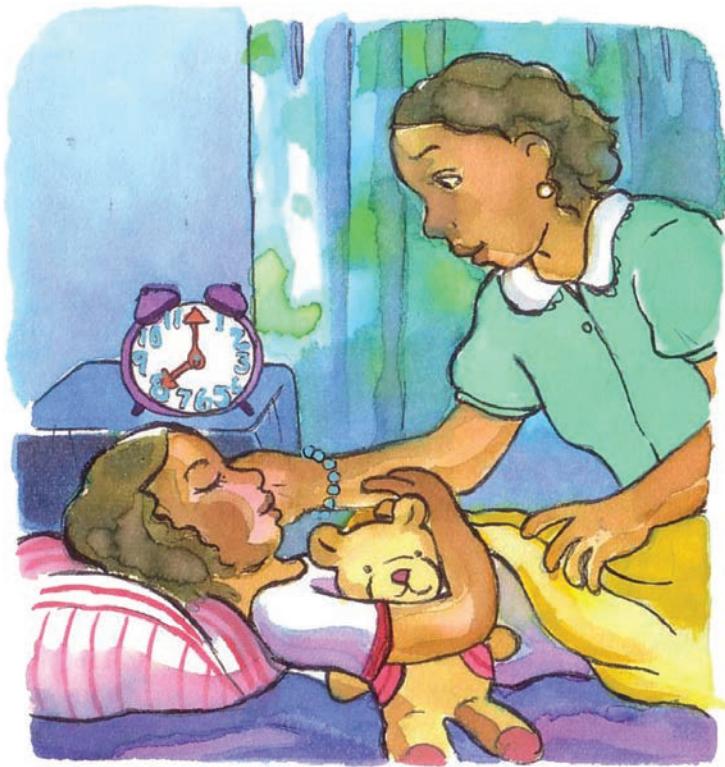


Bohle ba tlide ho boha serapa.

7

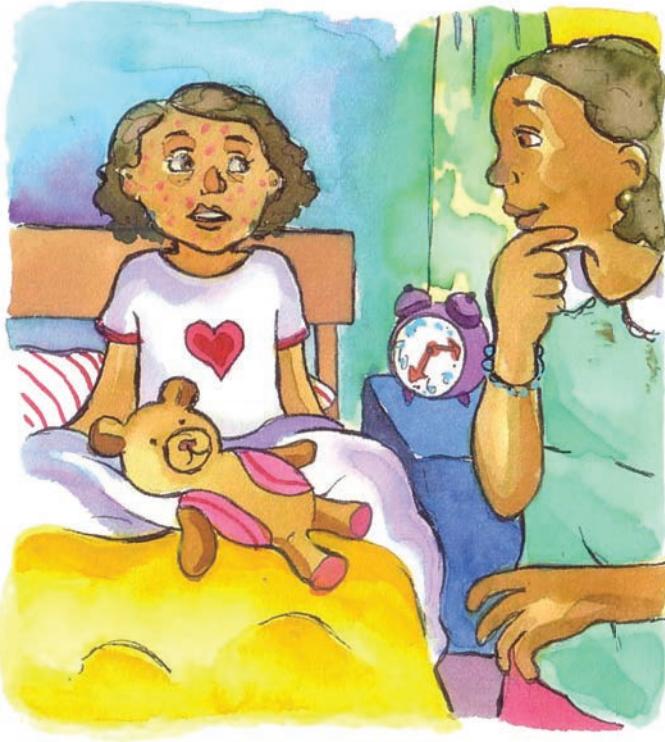






Sara o tlamehile hoba dikobong.
O ikutlwa a tjhesa.

4



Sara o na le lefu la Tjhikine
Phokose. O na le matheba a
mangata.

5



Sara o phetse hantle hape.
A ka kgutlela sekolong. Jwale
a ka bapala le metswalle.

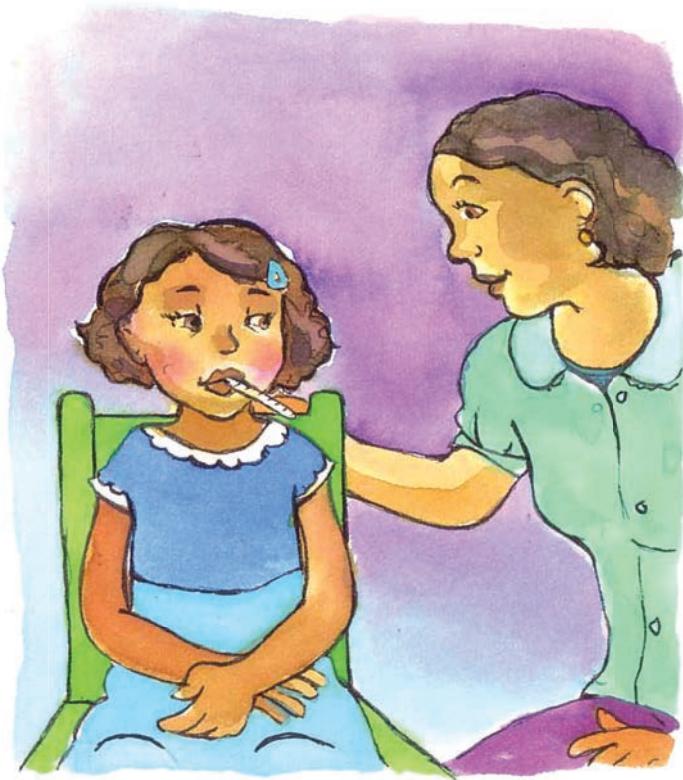
8



Ho ya bona
ngaka



1

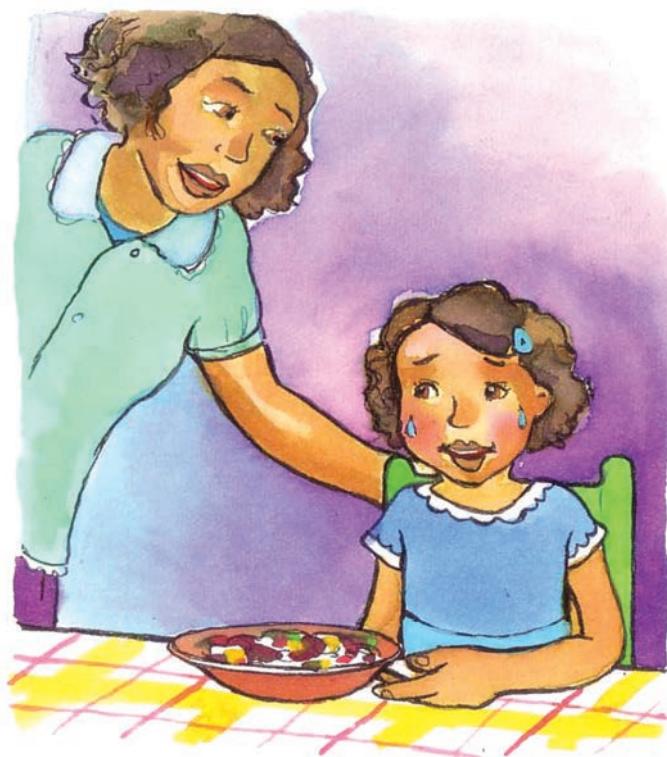


Sara o ya ngakeng. Ngaka e re
Sara a dule hae.

6

Sara o na le motjheso. O kula
haholo ho ka ya sekolong.

3



Sara o ikutlwa a kula ho ka ja
dijo tsa hae tsa hoseng.

2

Sara o nwa moriana wa hae.

7