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LIFE SKILLS IN ISINDEBELE
GRADE 1 – BOOK 2
TERMS 3 & 4

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THIS BOOK MAY
NOT BE SOLD.

Ukufunda ngoMthethosisekelo weRiphabliko yeSewula (1996)

UMthethosisekelo weSewula Afrika (1996) umumetho imithetho yenarha eseqophelweni eliphezulu. Imithetho le kumele ilandelwe ngumongameli wenarha, abaphathi beenkundla zemithetho kanye nalabo abasembusweni. Imithetho le ihlathulula kobana abantu benarha bafenele baphathane njani, nokuthi ngimaphi amalungelo wabo nokuthi ngiziphi iimbopho abanazo. UMthethosisekelo wenzelwe ukusivikela soke thina kanye nabentwana bethu ngomuso.

Kuqakathekile ukwazi izehlakalo zesikhathini esidlulileko.

Asingabuyeeli iimphoso zangesikhathi esidlulileko.

UMthethosisekelo usisiza ukucabanga nokwakha ilingomuso elingcono lethu soke.

Thina, abantu beSewula Afrika;

Siyakwazi ukungaphatheki kwethu ngokomthetho esikhathini esadlulako; Siphathela phezulu abahlukunyeza ngebunga lokobana kubenokulunga begodu nekululeko enarheni yekhethu;

Sihlonipha labo abasebenze ekwakheni begodu nekuthuthukiseni iphasi lekhethu; begodu

Bakholelwana bonyana iSewula Afrika ngeyabo boke abahlala kiyo, sibambene ngokwahluhukhana kwethu.

Ngalakhoke, ngabajameli bethu abakhethwe ngokukhululekileko; samukela uMthetho-sisekelo lo njengoMthetho wokuthoma weRiphabliko oza—

Kuqedu ukwahluhukhana okwadlulako begodu sakhe umphakathi ozokudzimelela kuminqopho yentando yenengi ubulungiswa begodu namalungelo wangokomthetho wobuntu.

Ukubeka isisekelo sentando yenengi begodu nomphakathi onzinzileko lapho umbuso unzinze khona phezu kwentando yesitjhaba begodu lapho zoke izakhamuzi zivikelwe khona ngokomthetho.

Ukwenza ncono izinga lepilo yazo zoke izakhamuzi begodu nokuvezwa kwekgono lawo woke umuntu;

Ukwakha, iSewula Afrika ebumbeneko begodu nenentando yenengi ezokwazi ukuthatha indawo yayo njengenarha eziJameleko emndenini weentjhatabatjhaba.

Funa ngekani amalungelo wakho njengesakhamuzi seSewula Afrika bewube nesibopho sokuvikela amalungelo wabanye abantu.

Ukwazi umThethomlingwa wamalungelo KanyenomThethomlingwa weembopho.

UZimu akavikele abantu behethu.
Nkosi Sikele' iAfrika. Morena boloka setjhaba sa heso.
God seën Suid-Afrika. God bless South Africa.
Mudzimu fhatutshedza Afurika. Hosi katekisa Afrika.

Iincwadi zokusebenzela zikhona ngemilandelande elandelako:

- ILimi lokuThoma lokungezelela iGreyidi 1 – 6 (Ngamalimi woke asemthethweni)
- ILimi lokuThoma lokungezelela iGreyidi 4 – 6 (NgesiNgisi)
- ILimi lekhaya iGreyidi 1 – 6 (Ngamalimi woke asemthethweni)
- limbalo iGreyidi 1 – 3 (Ngamalimi woke asemthethweni)
- limbalo iGreyidi 4 – 9 (Ngelimi lesiNgisi nelimi lesiBhuru)
- Amakghono wezePilo iGreyidi 1 – 3 (Ngamalimi woke asemthethweni)

Ukubuyekeza,
ihlalise
ngokwesiTatimende
sekharikhylamu
nomThethomgom
wokuhlolola

iGreyidi



AmaKghono Wepilo ngesiNDEBELE Incwadi 2 Ithemu 3 & 4

Ibizo:

Itlasi:



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Okumumethweko

Ithemu 3	Ikhasi
33 lindawo emphakathini wekhethu	2
34 Ukunakekela iisetjenziswa emphakathini	4
35 Okulungileko nanyana awa	6
36 Abantu emphakathini wekhethu	8
37 Ifuyo-sithandwa	10
38 Singazithogomela njani iinlwana ezifuywako	12
39 Imikghwa kanye neembopho	14
40 limbopho	16
41 Kungani sitlhoga iintjalo	18
42 Ingabe iintjalo zinjani?	20
43 Imbewu nalapha ibuya khona	22
44 Okutlhogwa ziintjalo ukuze zikhule	24
45 Ukudla esikudlako	26
46 Ukudla okwehlukene ko kubuya kuphi?	28
47 Ukudla okunepilo kanye nokudla okunganapilo	30
48 Ukugcina ukudla	32



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Ithemu 4	Ikhasi
49 Imihlobo yamakhaya (1)	34
50 Imihlobo yezindlu (2)	36
51 Izinto zokwakha izindlu	38
52 Izindlu ezizokujamelana nobujamo bezulu obahlukahlukene ko	40
53 Ukuthola iindawo kanye nezinto (1)	42
54 Ukuthola iindawo kanye nezinto (2)	44
55 Ukufunyana indlela	46
56 Ukuthola izehlakalo endatjaneni	48
57 Amanzi siwasebenzisa njani: emakhaya nesikolweni	50
58 lindlela amanzi onakala ngayo	52
59 Amanzi aphephileko wokusela nangakaphephi	54
60 Ukubeka amanzi ahlanzekileko	56
61 Ukutjhuguluka kusuka emini kuye ebusuku	58
62 Ubusuku buponakala njengani?	60
63 llanga nenyazi	62
64 linkwekwezi	63



UTjhirkhweni

Mhla li-1 kuTjhirkhweni lilanga lomNyaka omuTjha

Mhla ama-3 kuTjhirkhweni lilanga labeNtwana beenTradeni St Valentine

UMhholanja

Mhla ama-2 kuMhholanja lilanga lePhasi lamaChaphoz

Mhla ali-14 kuMhholanja, lilanga le-

UNtaka

Mhla ama-5 kuNtaka, lilanga lePurim

Mhla ama-21 kuNtaka, lilanga lamaLungelo wobuNtu

Mhla ama-21 kuNtaka, lilanga leeNtjhabetjhaba lamaHlathi kanye nemithi

Mhla ama-20-21 kuNtaka, lilanga lomNyaka omuTjha wamaBahá'í

Mhla ama-22 kuNtaka, lilanga lePhasi laManzi

Mhla ama-28 kuNtaka: li-Iri leHlabathi (20:30-21:30 (ngesikhathi sendawo yekhethu))

USihlabantangana

Mhla ama-3 kuSihlabantangana, lilanga leGudi

Mhla ama-4 kufika mhla ali-11 kuSihlabantangana, leleNyuko

Mhla ama-5 kuSihlabantangana, lilanga lomkhosi wokuVukav

Mhla asi-6 kuSihlabantangana, lilanga lomNdeni

Mhla ama-7 kuSihlabantangana, lilanga lePhasi lezePilo

Mhla ama-22 kuSihlabantangana, lilanga leenTjhabetjhaba laboMma emHlaben

Mhla ama-27 kuSihlabantangana, lilanga leKululeko

UMrhayili

Mhla li-1 kuMrhayili, lilanga lezabaSebenzi

Mhla ali-10 kuMrhayili, lilanga laboMma

Mhla ali-15 kuMrhayili, lilanga leenTjhabetjhaba lezeminiDneni

UMgwengweni

Mhla li-01 kuMgwengweni, lilanga labaBelethi iPhasiloke

Mhla ama-4 kuMrhayili, lilanga leentjhabetjhaba labentwana abalalekako

Mhla ama-5 kuMgwengweni, lilanga lePhasiloke lezeBhoduluk

Mhla abu-8 kuMgwengweni, lilanga lePhasiloke lamaWlandiekazi

Mhla ali-12 kuMgwengweni, lilanga lePhasiloke lokungaSetjenziswa kwabentwana kabuDisi

Mhla ali-16 kuMgwengweni, lilanga leluTjha weRamadan

Mhla ali-18 kuMgwengweni, kuthoma kwamalanga Mhla ama-21 kuMgwengweni, lilanga laboBaba

UVelabahlinze

Mhla ali-17 kuVelabahlinze, yi-Eid-Ul-Fitr (kuphela kwamalanga weRamadan)

Mhla ali-18 kuVelabahlinze, lilanga leenTjhabetjhaba lakaNelson Mandela

Mhla ama-30 kuVelabahlinze, lobuNgani

URhoboyi

Mhla ali-9 kuRhoboyi, lilanga laboMma

Mhla ali-13 kuRhoboyi, lilanga leenTjhabetjhaba labantu abasebenzisa izandla zangesinceleni

uKhukhulamungu

Mhla ali-13 bekube mhla ali-15 kuKhukhulamungu, lilanga leRosh Hashanah

Mhla ama-21 kuKhukhulamungu, lilanga leenTjhabetjhaba lokuThula

Mhla ama-23 bekube malanga weYom Kippur

Mhla ama-24 kuKhukhulamungu, lilanga lezamaGugu

Usewula

Mhla ama-2 kuSewula, lilanga leenTjhabetjhaba lokuNgabineturhu

Mhla ama-5 kuSewula, lilanga lePhasiloke laboTitjhhere

Mhla ali-11 kuSewula, lilanga leenTjhabetjhaba lomNtwana womNtazana

Mhla ali-14 kuSewula, lilanga leAl-Hijira (umNyaka omuTjha wama-Islamu)

Mhla ali-15 kuSewula, lilanga leenTjhabetjhaba laboMma bezAbelweni

16: World Food Day

USikinyikhaba

Mhla ali-11 kuSikinyikhaba, lilanga leDeepavali (iDiwali)

Mhla ali-12 kuSikinyikhaba, lilanga leVikram (UmNyaka omuTjha we-2072)

Mhla ama-20 kuSikinyikhaba, lilanga Zombelele

UNobayeni

Mhla li-01 kuNobayeni, Mhla ali-14 kuNobayeni lePhasiloke leNtumbantonga

Mhla ama-3 kuNobayeni, lilanga leenTjhabetjhaba labanTu abaphila nokuKhbazeka

Mhla ali-5 kufika mhla ali-14 kuNobayeni lilanga leChanukah

Mhla ama-16 kuNobayeni, lilanga leBuyisana

Mhla ama-25 kuNobayeni, lilanga lakaKresimusi

Mhla ama-26 kuNobayeni, lilanga lokuLibaledana

AmaHolideyi weLizweloke weSewula Afrika:

Ilanga eliqakathekileko lesikhumbuzo samaJuda:

Ilanga eliqakathekileko lesikhumbuzo sama-Islamu:

Ilanga eliqakathekileko lesikhumbuzo sakaBahá'í:

AmaLanga weenTjhaba eziBumbeneko:



IGreyidi

1

AmaKghono
Wepilo

ngesiNdebele
Incwadi 2



Incwadi le ngeyaka:-



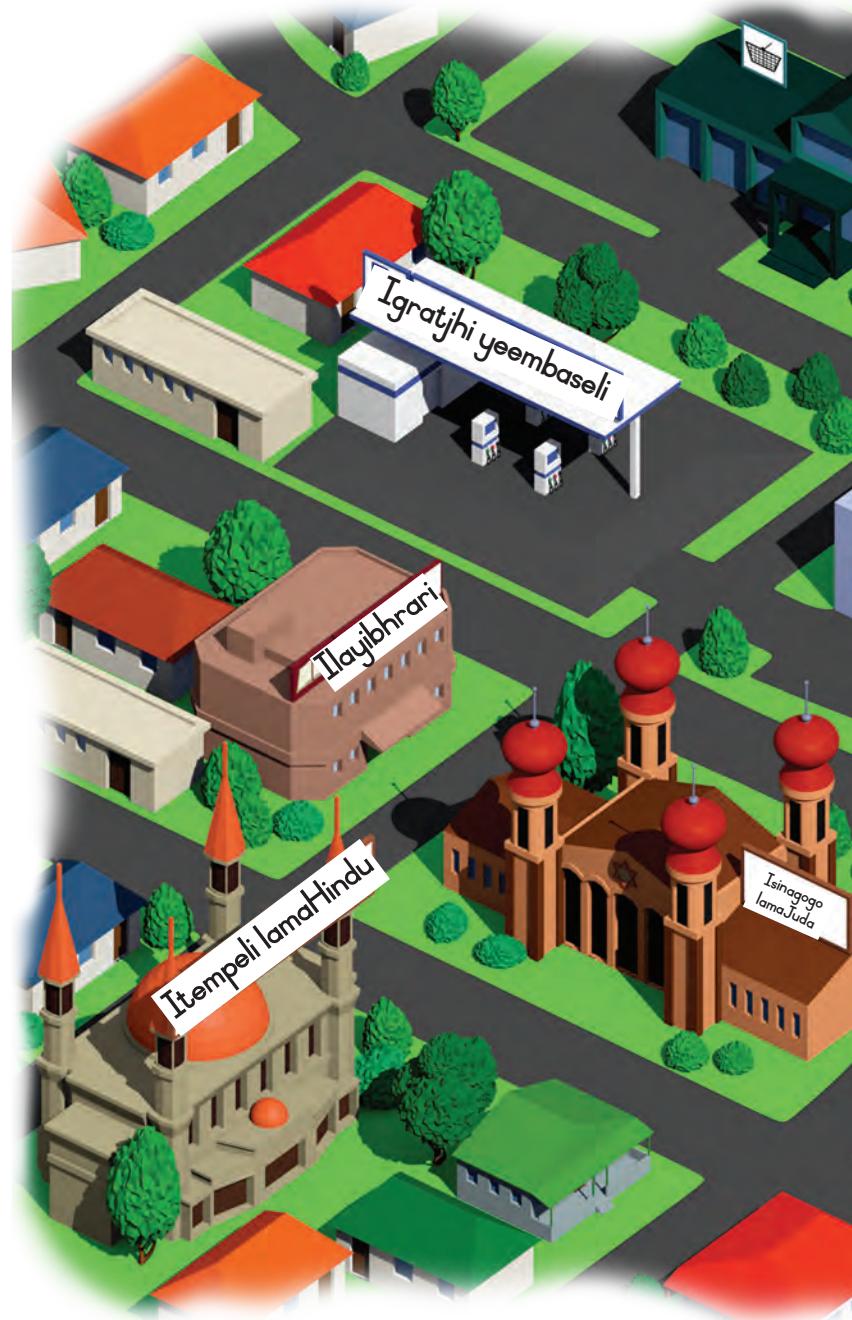
33 lindawo emphakathini wekhethu

Imveke-1
Ithemu 3 - 3



Asifunde

Cabanga ngabo boke
abantu obabonako
nokhulumu nabo
ngamalanga. Abantu
labo bamalunga
womphakathi. Kungaba
babantu abaseentradeni
nanyana abahlala
eduze kwalapho uhlala
khona. Kungaba
babantu abasesondweni,
esikolweni, amapholisa
endaweni yangekhenu,
abodorhodere kanye
nabanye abantu
abanengi emphakathini.



Asikhulume

Cocisana nomngani wakho ngesithombe esisemakhasini amabili alandelako.
Nawuqala isithombe, ngiziphi iindawo ozikhumbulako?
Eendaweni lezi, kukuphi lapha abantu bahlanganyela khona.

Ilanga:



Asenzeni lokhu

Ngiziphi iindawo esithombeni esingenzazi ekhe
wazivakatjhela? Gadangisa umqoqo wazo ngamakhrayoni.



Asikhulume

Cocela umngani wakho kobana ukhe wavakatjhela
enye yeendawo lezi ukhamba nomunye nanyana ukhamba wedwa.
Kubayini wazivakatjhela? Ucabanga kobana iindawo ozivakatjheleko kulula
zivakatjhelwe nangani babantu abakhubazekileko?

Teacher:
Sign:
Date:



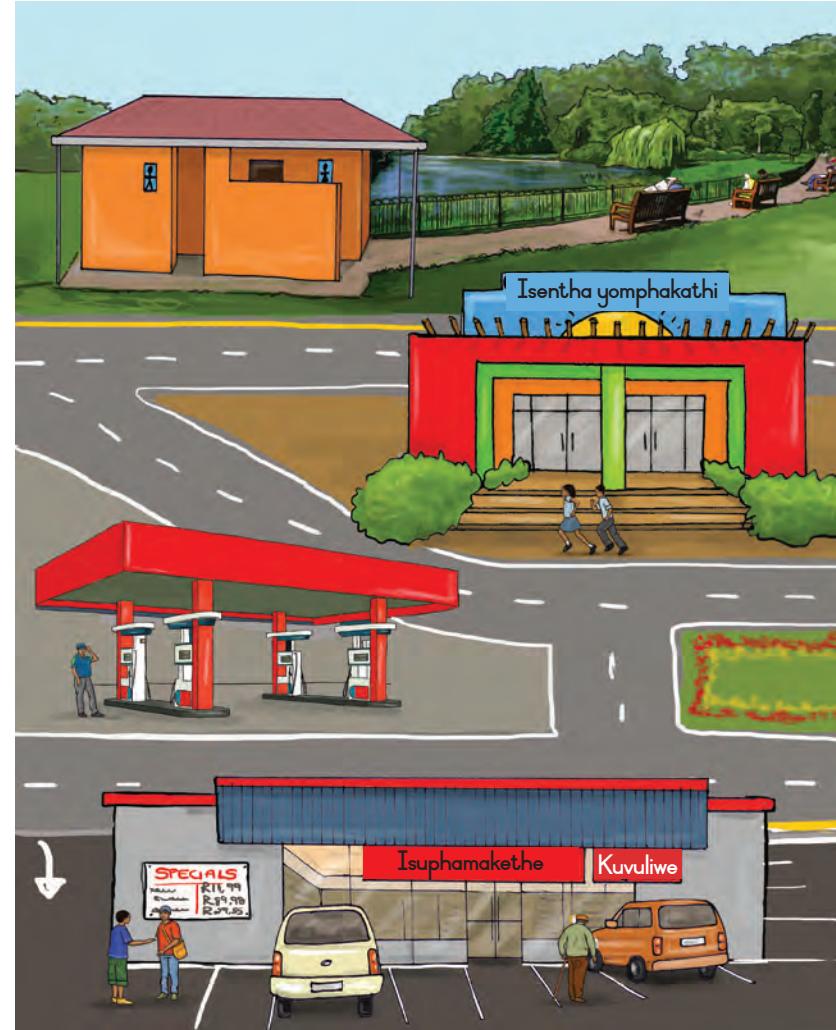
Asikhulume

Ukunakekela iinsetjenziswa emphakathini

Iindawo ezinengi
emiphakathini yangekhethu
zineensetjenziswa
ezihlukahlukaneko
ezingasetjenziswa nanyana
ngubani. Amatlinigi, iinkolo,
amatatawu wokudlalela
kunye neembhedlela,
ziinsetjenziswa soke
esizisebenzisako.

Kufanele sitlhogomele
iindawo emiphakathini
yangekhethu.

Kumele sizihloniphe
zoke iinsetjenziswa
ezisemphakathini wekhethu.
Begodu kumele sigcine
ibhoduluko lekhethu
lihlanzekile ukuze woke
umuntu akwazi ukuzithabisa.



Asikhulume

Cocisana nomngani wakho ngesithombe esingehla:

- Ucabanga kobana abantu bayathanda ukuhlala lapha?
- Kungani ucabange njalo?
- Imiphakathi kanye nebholuluko kungenziwa njani ngcono?



Asenzeni lokhu

Zenzele umgwalo omuhle wakho
usebenzisa ezinye zeenthuthi
zomphakathi, njengebhesi,
isitimela nanyana iteksi. Begodu
tjengisa nabantu beminyaka
eyahlukenko kunawe – abanye
bahlezi kuhle, abanye bagugubele
phambili nanyana abanye balele
ngemigogodlha, abanye badala
abanye bancani.



Asikhambahambe

Ukuzithabulula



- Zithabululeni ngokuthi nikhambe ngamazwani niye phambili.
- Kwanje khambani ngeenthende niye emuva.
- Khambani ngeenthende niye phambili.
- Khambani ngamazwani niye emuva.



Yakhani amaledere

Hlukanani ngeenqhemza zangababili. Sebenzisa umzimba wakho ukwakha amaledere. Ungajama weyame ngeboda nanyana ulale phasi. Abantu abasebenzela umasipala bazakuzisulela bona iboda lelo! Akhe uqale nange wena nomngani wakho ningakha iledere abanye abafundi abangakghoniko ukulakha.



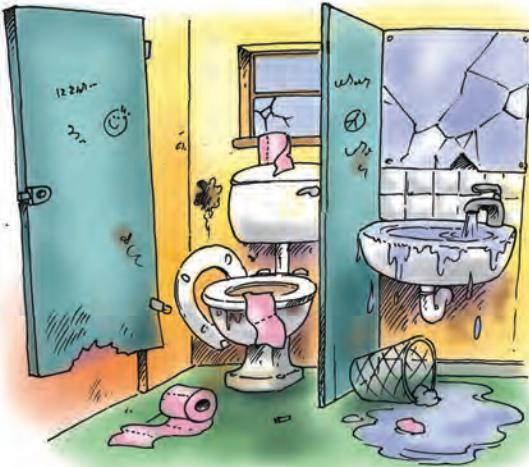


Asikhulume

Okulungileko nanyana awa

Qala iinthombe ezilandelako.

Ziinsetjenziswa ziphi lezi? Cocela umngani wakho indlela efaneleko yokusebenzisa isisetjenziswa ngasinye.





Asenzeni lokhu

Yakhani imodlhela yomakhiwo usebenzise izinto ezisetjenziswe kabutjha. Ungakha itlinigi, ilayibhrari nanyana ngimuphi umakhiwo okhona emphakathini wangekhenu. Ungasebenza nabanye nibi ziinqhema ezahlukeneko. Kghabisani umakhiwo wenu ukuze kubonakale kobana mhlobo muphi womakhiwo.



Asikhambahambe

- Bekani amatayere ajame emudeni.
- Khasani ngaphakathi kwamatayere.
- Lalisanu amatayere phasi.
- Bhalansa ngeenyawo zombili phezu kwetayere.
- Jama ngeenyawo zombili phezulu kwetayere.
- Sebenzisani amatayere nenze umsikinyeko nanyana ngiwuphi womdlalo.

Tlhogomela ungazilimazi.



Teacher:
Sign:
Date:

Abantu emphakathini wekhethu



Asitlole

Qala iinthombe ezilandelako. Ebhoksini elingesandleni sokudla, khetha igama/amagama anemba isithombe ngasinye. Tlola igama nanyana amagama lawo ngaphasi kwesithombe.



Umuntu othela iiimbaselı

Umthengisi wamathuthumbo

Inese/Umongikazi



Umtjhayeli weteksi

Isikhulu sezendlela

Udorhodera



Umuntu othengisa iinthelo endleleni

Umcimimililo

Ipholisa



Asikhulume

Qala iinthombe bese ucocisana nomngani wakho ngazo.

Ingabe uyababona abantu laba eemphakathini wangekhenu?

Ngibaphi abanye abantu obabonako emphakathini wangekhenu?

Abantu bomphakathi wangekhenu bayasizana? Basizana njani?



Asitlole

Gwala umuda osuka ekuthomeni komutjho ngsandleni sangesinceleni uyomadana negama elinembako ngesandleni.



Umuntu ocima umlilo

Ilunga lesisebenzi sezamapholisa weSewula Afrika

Udorhodere

Umuntu othengisa iinthelo endleleni

Umuntu othela iimbaseli

libamba iingebengu.

Uthengisa iinthelo.

Uthelela abantu iimbaseli.

Ucima umlilo.

Uyaselapha.



Asitlole

Qala iinthombe ezilandelako. Emagameni angenzasi, khetha igama elinembako lesithombe ngasinye. Tlola ihlathululo leyo ngaphasi kwesinye nesinye. Madanisa iimpendulo zakho nalezo zomngani wakho.

Ilori yesicimamlilo



Isitetjhi seembaseli



Isibhedlela



Isitetjhi samapholisa



Asikhambahambe

Betha izandla lokha nawuzwa itjhuni ethileko.

- Lalelisisa kuhle lokha nakutjhuguluka itjhuni.
- Yenza lokhu ngeendlela ezihlukeneko zomvumo, kusukela emvumeni wetlasiki kuya emvumeni we-pop.
- Betha izandla masinya nanyana kabuthaka ukuze ukhambisane netjhuni.

Amanowuthi wakatitjhere:
Lalela umvumo odlalwa ngutitjhere wakho nanyana igido utitjhere wakho alibethako esigubheni nanyana esililisweni somvumo.



Teacher: _____
 Sign: _____
 Date: _____

Ifuyo-sithandwa

Asifunde

Inengi lethu sinazo iinlwana esizifuyileko esizibiza ngeemfuyo-sithandwa. Ifuyo-sithandwa mngani wakho. Iyakutlhogomela begodu ihlala iseduze nawe – mhlawumbe uhlala nayo ngendlini eyodwa nangejaradeni eyodwa.



Asikhulume

Qala isithombe. Cocsana nomngani wakho ngaso. Ndulungela iinlwana esizibiza ngefuyo-sithandwa ozibonako ngekhrayoni. Ubale iinlwana ezingaki esizibiza ngefuyosithandwa? Tjela utitjhore wakho.

- Unayo ifuyo-sithandwa?
Nangabe unayo, tjela abangani bakho ngayo.
- Nangabe awunayo, tjela umngani wakho kobana ngiyiphi ifuyo-sithandwa ofisa ukuba nayo nanyana kungani wena ungafuni ukuba nefuyo-sithandwa.



Asitlole

Noke ngelasi yenzani irherho layo yoke ifuyo-sithandwa engekho esithombeni. Kopa lokhu utitjhore wakho azokutlolola etjokbhodi.



Asenzeni lokhu



Gwala nanyana ngiyiphi
ifuyo-sithandwa oyithandako
– ungacabanga godu nanyana
ngayiphi ifuyosithandwa
ongafisa ukuba nayo.

Sebenzisa umdaka
ukuzibumbela ifuyosithandwa.



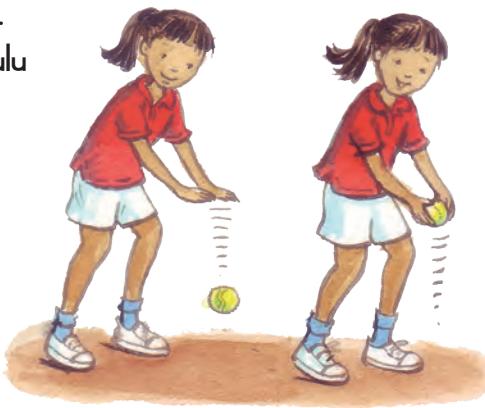
Asikhambahambe

Zijayeze ukuphosela ibholo phezulu
bewuyibambe.

- Ngezandla ezimbili phosela ibholo eyitenisi phezulu emoyeni. Ibambe ngazo izandla ezimbili lezo.
- Phosela ibholo phezulu emoyeni ngesandla esinamandla khulu bese uyibambe ngaso sona isandla leso.
- Phosela ibholo eyitenisi phezulu emoyeni ngesandla esinganamandla khulu bese uyayibambe ngesandla esinganamandla khulu
- Phosela itenesi ngezandla zombili phasi bese uyayigenda ngezandla zombili.
- Iphosele phasi ngesandla esisodwa bese uyayigenda ngesandla esisodwa.
- Iphosele godu ngesinye isandla esisodwa bese uyayigenda ngesandla esisodwa.
- Jamani nenze izungu bese niphoselana ibholo ngezandla ezimbili beniyigede ngezandla ezimbili.
- Dlulisela ibholo kiloyo oseduze nawe usebenzise isandla esisodwa
- Sebenzisa esinye isandla udlulisele ibholo komunye oseduze nawe usebenzise esinye isandla.

Uthi bewazi?

Pheze zoke izinja ziyakuthanda ukudlala ngebholo. Kodwana-ke kumele kobana ube msinya ngombana izinja ziyathanda ukuhluthula ibholo msinya bese zigijime zibaleke nayo.



Teacher:
Sign:
Date:

Singazitlhogomela njani iinlwana ezifuywako

Asikhulume

Kuqakathekile kobana sizitlhogomele iinlwana esizifuyileko nesizithandako.

Cocisana nomngani wakho ngalokho ifuyo-sithandwa ekutlhogako. Cabanga sele uyifuyo-sithandwa umngani wakho ayitlole ekhasini le-II. Cabanga ngalokho ozokutlhoga. Ungacabanga ngezinto ezifana nokudla nokuthi uzokulala kuphi. Kwanje tjela umngani wakho. Begodu mtjèle kobana yini ekumele ayenze lokha nawugulako.



Asitlole

Faka itshwayo (✓) eduze kwalokho okutlhogwa yifuyo-sithandwa.

Ukudla

Amanzi

Isibha sokutlubha amazinyo

Indawo efuthumeleko,
eyomileko yokulala

Kumele sisiwe kudorhodera
weenlwana lokha nasigulako

Ukunikelwa iholideyi



Asenzeni lokhu

Gwala iindawo zokuhlala kanye nokudla iinlwana ezilandelako ezikutlhogako.
Begodu tlola nokobana umntwana wesilwana ngasinye ubizwa ini.

Isilwana	Indawo yokuhlala	Ukudla	Ibizo lomntwana



Asenzeni lokhu

Funda umutjho munye utjho kobana ungazizwa
njani begodu ungathini bese wenzani.

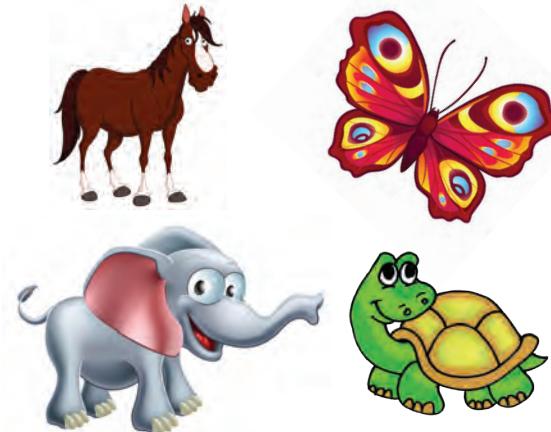
- Uzidobhele ifuyo-sithandwa etja.
- Ukatsu wakho unyamalele.
- Inja idla isidlalisi sakho osithandako.
- Umngani wakho urhuga inja yakho.
- Ubona inja ivalelwe ngekoloyini iqalaqala ngaphandle.



Asikhambahambe

Akuthi umvumo nawudlala
msinya, nirholobhe
njengeempera.

Lokha umvumo
nawuphezulu, khamba
njengendlovu.



Asikhulume



Intenetjha silwana
esiququa amazinyo.
Amazinyo wesilwana
esiququa amazinyo
akhula njalo.



Umnyaka munye womuntu ulingana
neminyaka yezinja ezilikomba.
Lokha inja nayineminyaka emithathu
ubudala, umuntu yena usuke
aneminyaka ema-21.



Lokha ukatsu nakajabulileko
uthi nya-a-awu!



Ukuzithabisa

"Ukatsu nekhondlo". Utitjhore wakho uzokubuza kobana ngubani ukatsu
begodu ngubani ikhondlo. Abafundi abadlhiegane ngokuba ngukatsu
nokuba likhondlo isikhatjhana.

Teacher:
Sign:
Date:

Imikghwa kanye neembopho

Asifunde



Amagama la atjengisa imikghwa emihle. Indlela esiphatha ngayo abantu itjengisa ukuziphatha kuhle. Imikghwa yethu itjengisa indlela esihlonipha ngayo abanye.

Siyakuthabela ukukhuluma nomuntu onemikghwa emihle. Kuhle kangangani ukuba nomngani nomuntu onemikghwa.

Sinesibopho sokuphatha abanye abantu kuhle. Kungakho-ke omunye nomunye wethu kufuze abe nemikghwa.



Asikhulume

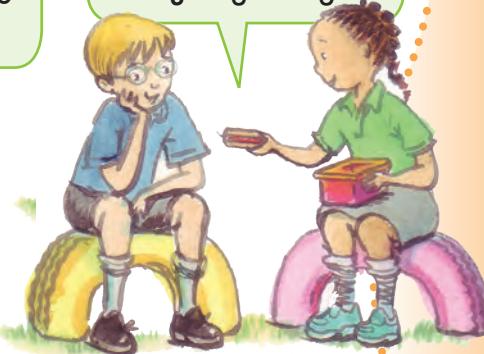
Qala iinthombe. Funda amagama angemabhoksini. Cocisana nomngani wakho ngeenthombe. Cocani ngokuziphatha okuhle nokumbi okwenziwa bentwana.



Yabelana

Ngiyathokoza ukungilalela kuhle kangaka.

Ukhohlwe amasametjisi wakho? Ithi ngikuphe isametjisi eyodwa yami.



Lindela idlhego lakho.



Ngilibalela mma, bengifuna ukuqala ngaphakathi kwevasi yakho yamathuthumbo ngase niyayithinta yaphuka!

Akhe ujame Maisy, ngithole isikhwama sakho seencwadi sitjhiywe ngaphandle. Ngiyathemba kobana akekho owebe amakhrayoni wakho.



Lalela abanye abantu.

Thembeka



Ukuhlonipha abanye abantu.

Ukulotjhisa abantu obaziko kanye nongabaziko.

Hlonipha izinto zabanye.

Teacher:
Sign:
Date:

limbopho

Ithemu -3 - Timveke -4

Asitlole

Qala iinthombe bese ufunda imitjho ngaphakathi kwamabhoksi. Gwala umuda uye esibophweni esikhambisana nesithombe.



Ngiyasiza ukubulunga ikhaya lethu lihlale libuthekile.



Ngimngani omuhle osiza abanyeabantu.



Ngiyawatjengisa amalunga womndeni wakwethu kobana ngiyawathanda.

Ngidlala kuhle ngeendlalisi zomngani wami.

Ngiyazitlhogomela mina kunye nezinto zami.

Ngiyamsiza ubaba ukulungisa itafula.



Asidlaleni

Lingisani ukuba nemikghwa kanye neembopho ngalapha nihlala khona:

- lotjhisi abantu enibaziko nalabo eningabaziko
- nanyana dlheganani ngokukhulumu
- nanyana lalelisisa omunye
- nanyana yabelana nomunye
- nanyana tjengisa umusa komunye
- nanyana yethembeka ngokuthileko
- nanyana hlonipha ipahla yabanye abantu
- nanyana yiba nehlonipho kabanye.



Ngeenqhemha, lingisani imikghwa emihle kanye neembopho:

- emndenini wakwenu
- emsebenzini wakho wesikolo
- emsebenzini wakho wekhaya owenza ngamalanga
- ekudleni okufunyana ngamalanga
- ezambathweni ozembathako
- iindlalisi
- abangani



Asenzeni lokhu

Gwala isithombe sakho esitjengisa ukuba nomusa kabanye.



Asikhambahambe

Lalela lokha utitjhere nakakutjela kobana weqe, ugijime nanyana ukhase ngamadolo. Utitjhere uzokubetha ifengwana ngaphambi kokuthi anikele umyalelo. Khamba masinyana nanyana kabuthaka lokha utitjhere wakho nakakutjela kobana wenze njalo.



Asidlaleni

Dlala umdlalo wokweqayeqa ngenyawo elinganamandla khulu.

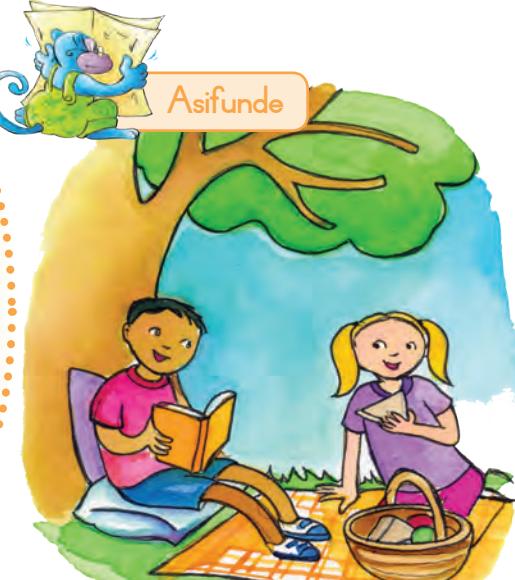
Mimikghwa miphi emihle eqakathekileko nawudlala umdlalo wehop-scotch.



Kungani sitlhoga iintjalo



Asikhulume

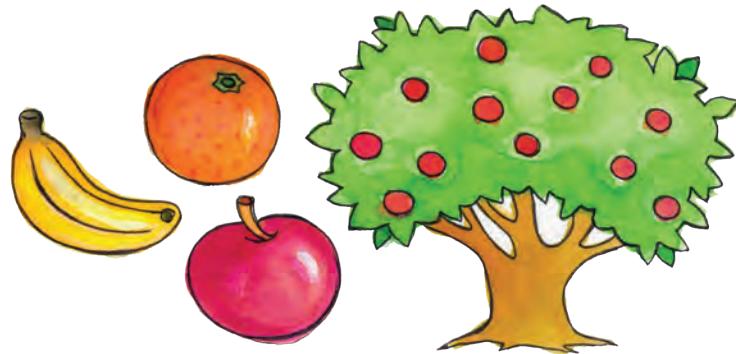


Ezinye iintjalo kanye nemithi zisipha umthunzi.

Qala mahlangothi woke. Ngikuphi okubonako okubuya eentjalweni? Cocsana nomngani wakho ngazo benibone kobana ningacabanga ngezinto ezingaki. Tjelani utitjhere wenu kobana nicabange ngaziphji iintjalo?



Asifunde



Ezinye iintjalo senza ngazo ijuzi ezinye siyazidla.



Ezinye iintjalo kanye nemithi ziba makhaya weenyamazana.



Ezinye iintjalo zenza amathuthumbo esikghabiswa ngawo emakhaya.





Sitlhoga utjani ekundleni
yezemidlalo.



Sisebenzisa ikoteni
ukwenza izambatho.



Sisebenzisa umhlanga ukwenza
abomantji begodu siwubeka naphezulu
emfulelwini yemakhaya.



Sisebenzisa iintjalo kanye
nemithi ukubaza ifenitjhara.



Asikhulume

Wena nomngani wakho, khethani iindlela ezintathu
eziqakatheke khulu zokusebenzisa iintjalo.

Ingabe singabulala iintjalo lokha nasizisebenzisa khulu?
Cocani ngombuzo njengetlasi.



Teacher:
Sign:
Date:

Ingabe iintjalo zinjani?

Iintjalo zensiwe ngamalunga ahlukeneko. Sebenzisa amagama angebhoksini ukuleyibula iintjalo ezilandelako. Madanisa iimpendulo zakho nezomngani wakho.

imirabhu

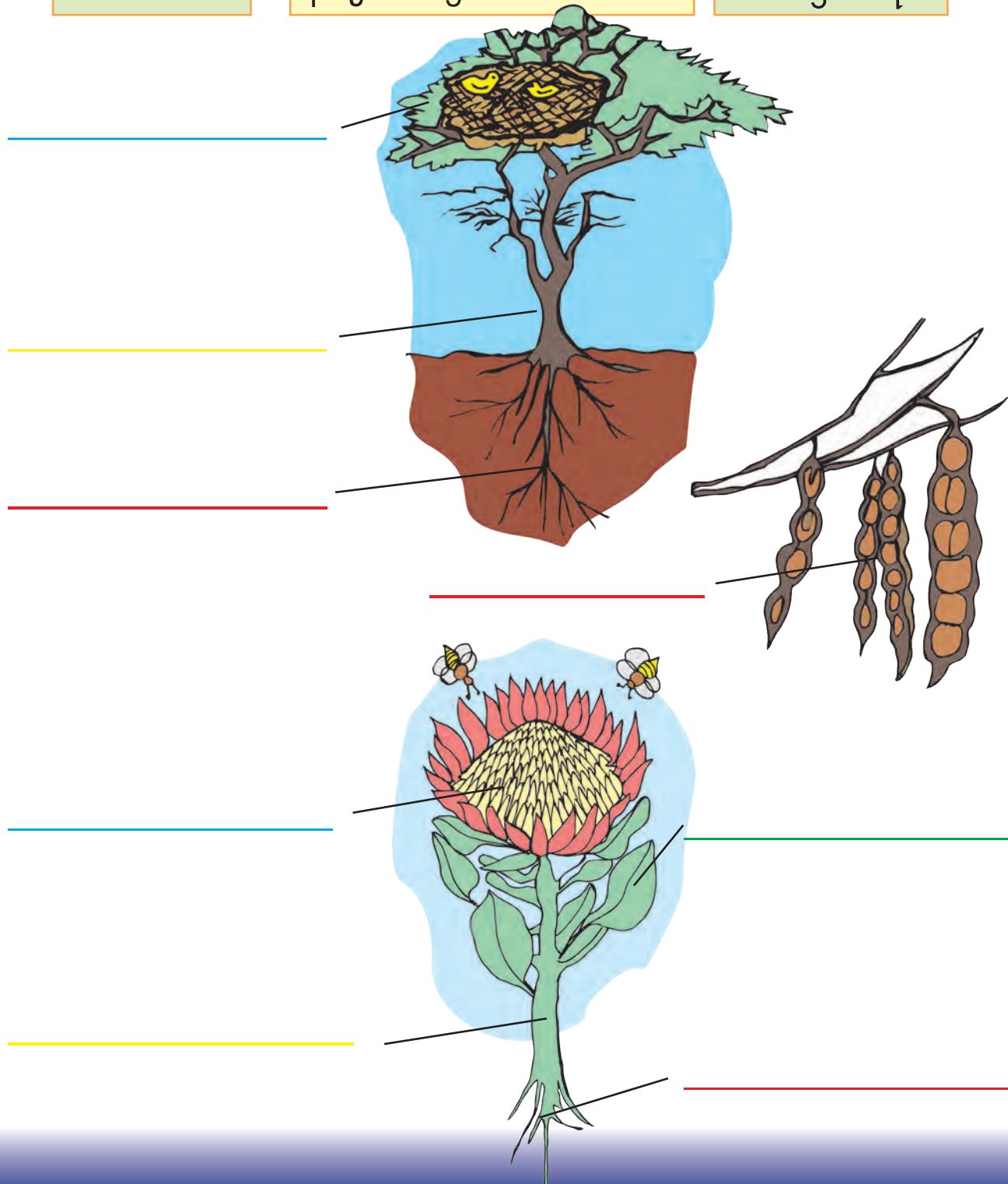
ithuthumbo

isiqu

ipotjwana yamathuthumbo

ikari

ihlanga/isiqu





Asikhambakhambé

Hlukanisa itlasi abanye abafundi babe ziinunwana
zesivandeni abanye babe basebenzi besivandeni.

- Abasebenzi besivandeni abalinge ukukhandela nanyana ukubamba iinunwana zesivandeni.
- Dlheganani ngemva kwemizuzu emibili ngokuba basebenzi kanye neenunwana zesivandeni.
- Buyelelani kambalwa.



Asidhaleni

Dlalani umabhalcelana.



Iinunwana zesivandeni zizifihla kiyo yoke indawo ngaphasi nanyana ngemuva
kweentjalo bese abasebenzi besivandeni balinga ngaphambi kobana zidle zoke iintjalo.

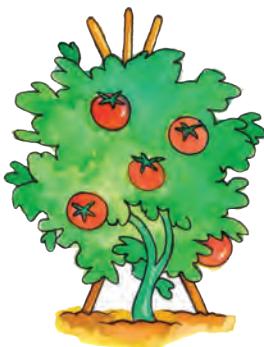


Asikhulumé

Imihlobohlobo yeentjalo ibonakala ihlukahlukene kodwana ziyafana.

Qala iinthombe. Coca nomngani wakho ngeentjalo.

Khujini okufanako begodu khujini okungafaniko?



Asenzeni lokhu

Gwala nanyana upende inunwana
nanyana isidalwa esifuna ukudla
iimbontjisi zakho.

Akukameli kobana kube
yinunwana yamambala. Cabanga
nje kwaphela. Gwala nanyana
upende ngemida ebonakala kuhle
kanye nesakhiwo esihle.



Teacher:
Sign:
Date:



Imbewu nalapha ibuya khona

Asifunde

Ezinye iintjalo zinembewu efihlwe mathuthumbo nanyana sithelo.

Begodu singatjala imbewu ukuze ikhiqize iintjalo ezitja. Imbewu ikhithika kusuka eentjalweni ukuyokuba sitjalo esitjha.

Enye imbewu irhatjhwa mummoya nanyana babantu, iinunwana kanye neenlwana. Enye imbewu idliwa ziinyoni bese enye-ke eqinileko engasileki lokha nayikakako. Imbewu erhatjheke ngaleyo indlela iwela nanyana kukuphi bese iyamila khona lapho.



Imbewu le eseenthombni ezingenzasi irhatjheka njani? Imbewu eyodwa ifanele ukuba njani ukuze irhatjheke ngendlela le? Cocsana nomngani wakho.



Nangabe ufunu ukutjala isitjalo
ekungesakho ngembewu,
ungasebenzisa imbewu yeentjalo
esesivandeni. Ungayithenga
esitolo imbewu nawuthandako.





Asikhulume

Funda ikondlo le nemisikinyeko.

Ilanga:

Ipilo ngemva kwesitjalo

Le yimbewu encancazana:

Asiyitjale msinya ngaphasi kwehlabathi!

Iyakhula ibe nesiqu kanye
nethuthumbo

Inomnuko omnajanana kiyo.

Inyosi etinyelako naso ethuthumbeni

Msinyana ithuthumbo elihle liyafa.

Kodwana ungarshwenyeka bewulile.



Qala, ayikho neyodwa kumvelo elilako.

Qalisisa, qala kwenzeka umkarisomraro:

Ithuthumbo lifile kodwana lirhatjheke
iindawo zoke.

Esiqwini salo begodu ngaphasi
kwamakari azotho.

Imbewu ephilako ilindile phasi!



Asikhambakhambé

Phola bese wenza kwangathi usitjalo
esincani khulu esikhula elangen i litjhisa.

Kokuthoma isitjalo nanyana ithuthumbo
liphilila belikhula linqombe phezulu. Ngemva
kwalapho isitjalo nanyana ithuthumbo
lithoma ukutjhawa.

Ingabe kunomuthi oseduze.

Bona-ke kobana singadlala ngawo njani.

Jingani ngerobho ebotjhelelwe kiwo yaqina.

Kokuthoma jinga ubambelele ngezandla
zombili, bese ujinga ngesandla sakho
esinamandla ugcine ngokujinga ngesandla
sakho esinganawo amandla.



Amanowuthi wakatitjhore:
Sebenzisa irobho, isetjhi
kanye neribboni.

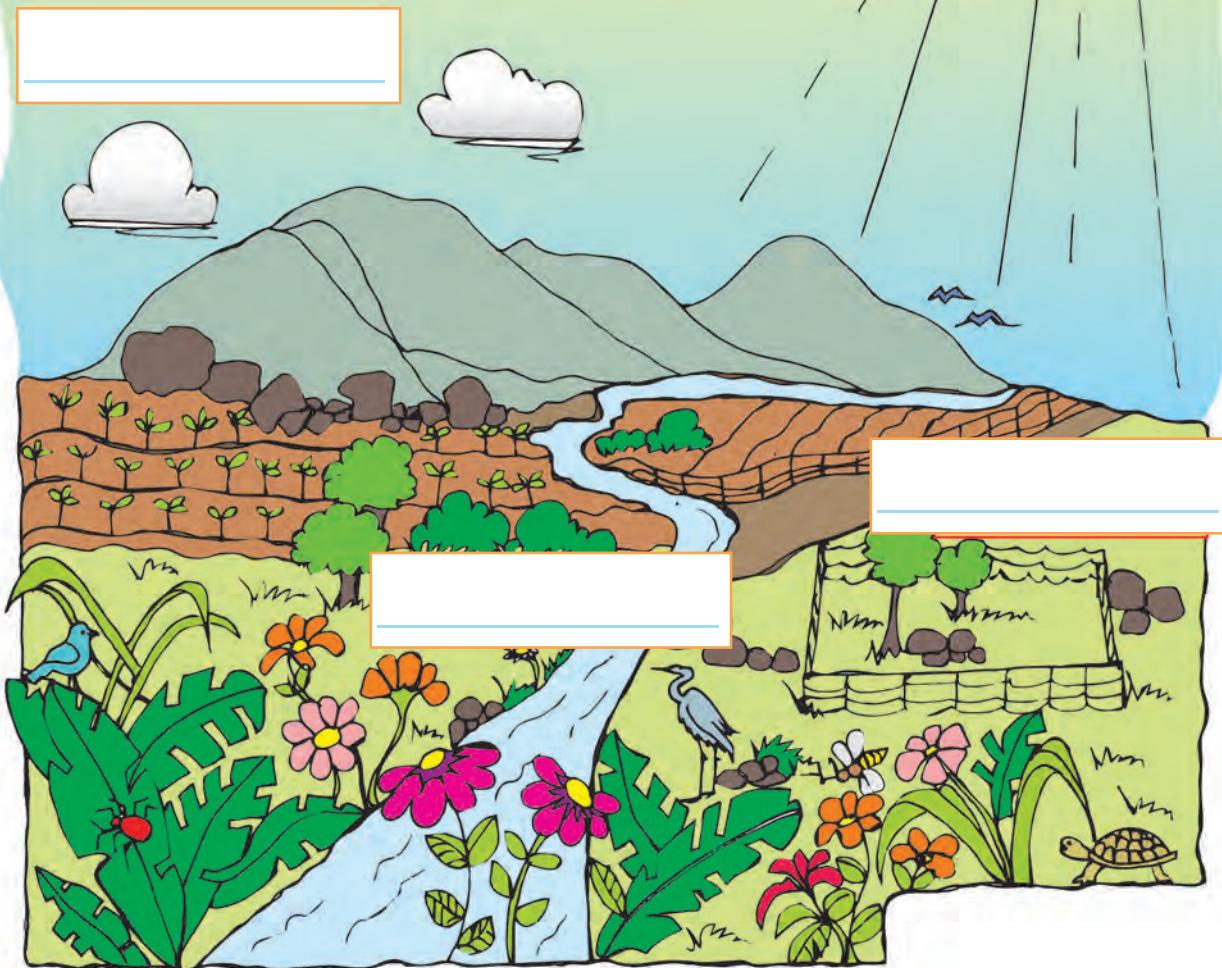
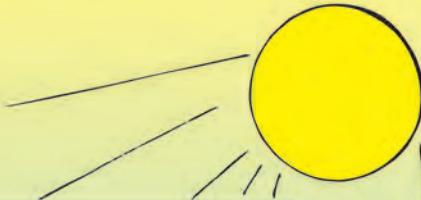
Teacher:
Sign:
Date:

Okutlhogwa ziintjalo ukuze zikhule

Asikhulume

Qala isithombe. Ingabe koke ekukiso kuyaphila?

Cocisana nomngani wakho ngaso: ngiziphi izinto
eziphilako ongazibona? Ngiziphi izinto
eziphilako ekuziintjalo. Ingabe iintjalo ziyakhula?
Ingabe iintjalo ziyadla? Ingabe iintjalo nazo
ziyadla? Nangabe kunjalo, zidla ini? Ingabe
iintjalo ziyasela? Nangabe kunjalo, zisela ini?



Asitlole

Kwanje tlola elinye nelinye igama esithombeni esingehla ukutjengisa kobana
ngikuphi okutlhogwa ziintjalo ukuze zikhule.

umkhanyo welanga

amanzi

amanyutriyensi

umoya





Asenzeni lokhu

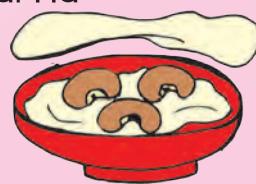
Kulula ukutjala isitjalo ekungesakho.

Ilanga:

Landela amagadango alandelako:

Igadango loku-1:

Gubuzesa iimbontjisi ezi-3
hlangana nekhothiniwulu emalarha
amabili. Zifake ngaphakathi
kwesimumathi esinganalitho
nanyana ibhawuli.



amanzi

iimbontjisi



ibhawula

ivolo yekoteni

Igadango lesi-2:

Thela amanzi phezu
ivolo yekoteni
bese uqinisekisa
kobana ithambile.



Igadango lesi-3:

Beka isimumathi
nanyana ibhawuli
leyo phezu kwefesidere nanyana
endaweni lapho kunomkhanyo
welanga khona.



Igadango lesi-4:

Ngemva
kwamalangana, qala
ubone kobana isitjalo
sakho sikhula njani.
Sithelele kanye
ngeveke.

Ilanga-1



Ilanga-2



Ilanga-3



Ilanga-4



Igadango lesi-5:

Nasele isitjalo sakho
sinemirabhu,
ungasitjala-ke
ehlabathini ethambileko.



Igadango
le-6:

Thelelela isitjalo sakho njalo. Ngemva
kweemveke ezimbalwa, uzokwazi ukukha
zakho iimbontjisi ozitjalele wena ngokwakho.



Ukudla esikudlako

Asifunde

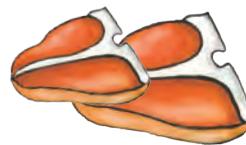
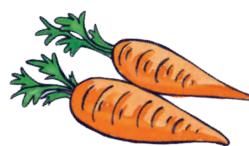
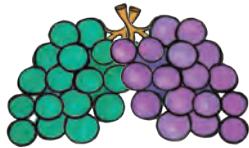


Ukudla okunepilo kusenza kobana sikhambé njengeembaseli nazenza ikoloyi kobana ikhambe. Sitlhoga ukudla okunepilo ukuze sikwazi ukwenza lokho esikufisako kanye nokukwenza kuhle. Ukudla okunepilo kusipha amandla begodu kwenza kobana sikhule.



Asenzeni lokhu

Qala iinthombe lezi. Tlola ibizo lokudla ngakunye ngaphasi kwesithombe ngasinye.



Asitlole

Uthanda ukudla okunjani? Ngikuphi ukudla ongakuthandi khulu? Tlola ukudla lokho ngaphasi kwesihloko esingenzasi. Khetha esithombeni esingehla iimpendulo zakho.

Ukudla engikuthandako

Ukudla engingakuthandiko



Asifunde

Ukudla singakwehlukanisa ngemikhakha eli-7. Ukudla okungenzasi kumele ukudle njalo.

Ungakudla ukudla okungehla kodwana ingasi ngamalanga.



Asikhulume

Cocisanani ngetlasini.

Kungani kumele sikudle kancani ukudla okubekwe phezulu esithombeni esingehla begodu sidle okunengi okubekwe esithombeni esingenzas?

Teacher:	
Sign:	
Date:	

Ukudla okwehlukeneko kubuya kuphi?



Asifunde

Ukudla okunengi kubuya emaplasini. Umkhiqizo osisekelo ukhiqizwa emaplasini bese uyasetjenziswa ukwenza eminye eminengi.



Uburotho namasiriyela kubuya ekoroyini.



Ekukhwini sithola amaqanda.



Iinthelo zikhula emithini kanye neentjalweni.



Ekomeni sithola ibisi nenyama. Senza iyogathi netjhizi ngebisi.



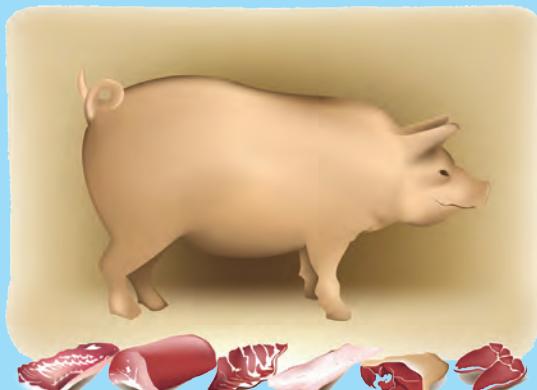
Sisebenzisa isiphila ukwenza ipuphu.



Iliju libuya eenyosini.



Umoba senza ngawo itjhukela.



Enguluben i sifunyana inyama
kanye nebheyikhoni.

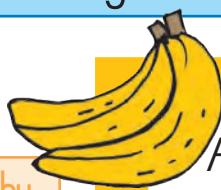


Sitjala besivune imirorho
eemvandeni zethu.



Asenzeni lokhu

Vumani ingoma elandelako
notitjhere wenu.



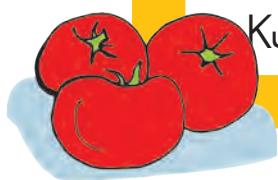
Ama-abhula, amagwava, amabhanana

Imbontjisi ama-erekisi kanye namazambana

Koke kwenza kobana imizimba yethu
ikhule beyiqine.

Ingenza ngikwazi ukuqalana nomsebenzi

Ngidla kwaphela ukudla okunepilo!



Kungenza ngiphile bengibe namandla.



Teacher:
Sign:
Date:



Asifunde

Ukudla okunepilo kanye nokudla okunganapilo

Ithemu - 3

Kanengi ukudla esikuthandako akusikho ukudla okunepilo.

Ngesinye isikhathi sithanda ukudla okungakawulungeli umzimba wethu. Begodu ngesinye isikhathi asikuthandi khulu ukudla okuthileko okuwulungele khulu umzimba wethu.

Kuvamile-ke kobana into esiyidla ngobunengi khulu itholakale ingakalungi. Ngakho-ke ukudla ukudla okunengi khulu okumnandi akukalungi. Kungenzeka akunapilo ukudla ukudla okunengi khulu kwananyana yini. Yidla bewusuthe. Ungadli khulu ngesizathu sokuthi uthanda ukudla.



Asenzeni lokhu

Sika iinthombe zokudla okunepilo nezokudla okunganapilo kibomegazini bese uzinamathisele emakotikotini ekungiwo. Nawungakwaziko ukuthola isithombe, kugwale ukudla lokho.



Ukudla okunepilo



Ukudla okunganapilo



Asitlole

Sebenzisa okufundileko ngokudla bese uzitlolela
yakho imenu.

Isidlo sekuseni

Isidlo semini

Isidlo santambama



Asenzeni lokhu

Siyokwenza isaladi yeenthelo. Landela imiyalo
engenzasi:



Uzokutlhoga lokhu:

- Iinthelo ezahlukahlukene
- Ijuzi yeenthelo
- Isikotlelo esikhulu esingumakupuru

Landela amagadango

alandelako:



- Hlanza iinthelo.
- Zikele lokha nakutlhogekako (njengama-orentji).
- Sika koke kube ziintokana ezincani (bawa omunye omdala akusize)
- Hlanganisela iinthelo ngaphakathi kwesikotlelo esingumakupuru.
- Thabela isaladi yakho nanyana ine-ayisikhrimu nanyana ikhrimu.

Teacher:
Sign:
Date:

Ukugcina ukudla

Ithemu-3 - Timveke-9



Asifunde

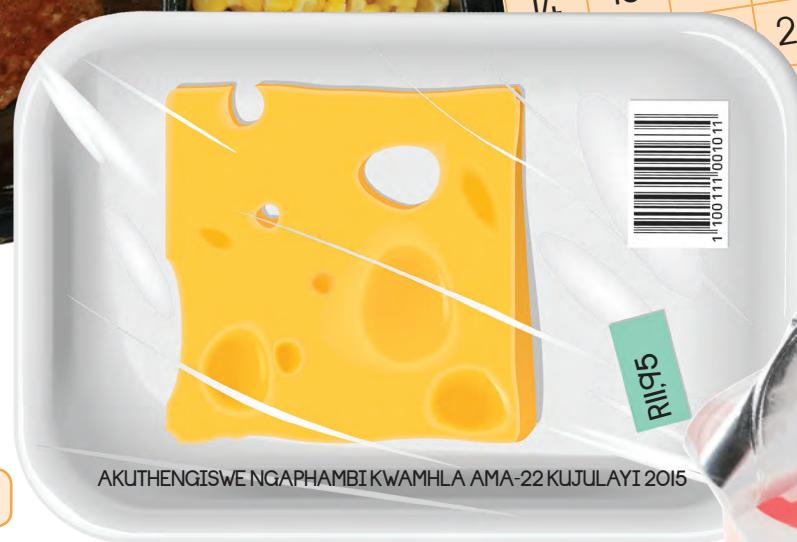
Qala isithome bese uphendula imibuzo.



IKHALENDAA

UKhukhulamungu 2015

Mvl	Lsb	Lst	Lsn	Lsh	Mgq	Snd
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
			24	25	26	27



AKUTHENGISWE NGAPHAMBI KWAMHLA AMA-22 KUJULAYI 2015



Asikhulumu

Ngikuphi okuyeletlako ngamadadamu?

Singakghona ukukudla ukudla lokho?

Ucabanga kobana kwenzeke ni ngokudla lokhu?

AKUTHENGISWE
NGAPHAMBI
KWAMHLA AMA-22
KUJUNI 2015

Ukudla okutjha akuhlali kukutjha njalo. Okhunye ukudla okufana nemirorho kanye neenthelo kuyathoma kutjhawabe bese kugcine ngokuthi kubole. Inyama, ihlambi kanye nokhunye ukudla okutholakala ederini kuyakghora begodu angekhe sisakghona ukukudla. Singenza ini ukugcina ukudla isikhathi eside khulu? Indawo ephephileko yokugcina ukudla kukufaka ngesiqandisini. Kodwana okhunye ukudla kungonakala nangekuhlala kuqandisiwe isikhathi eside. Kuneendlela ezimbili zokugcina ukudla kukutjha.

**Asikhulumé**

Qala iinthombe ezilandelako.

Cocisana nomngani wakho ngazo. Ngiziphi iindlela ukudla ekugcinwa ngakho isikhathi eside?

Ungacabanga ngezinye iindlela ezingenza ukudla kobana kungaboli? Cocisana nomngani wakho ngazo.

Tjela itlasi iimbonelo zalokho.

**Asitlôle**

Qala iinthombe ezingenzasi bese ufundu amagama angemabhoksini.

Ngemva kwalapho, tlola elinye lamagama alandelako ngaphasi kwesinye nesinye isithombe esikhambisana negama.

Okutjha**Okungemakotikotini****Okomisiweko****Okubekwa ngefrijini**

Teacher:
Sign:
Date:



49 Imihlolo yamakhaya (1)

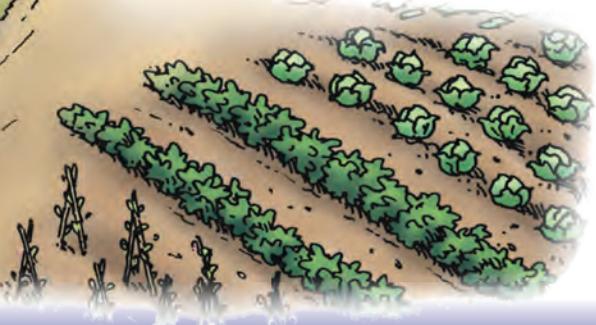
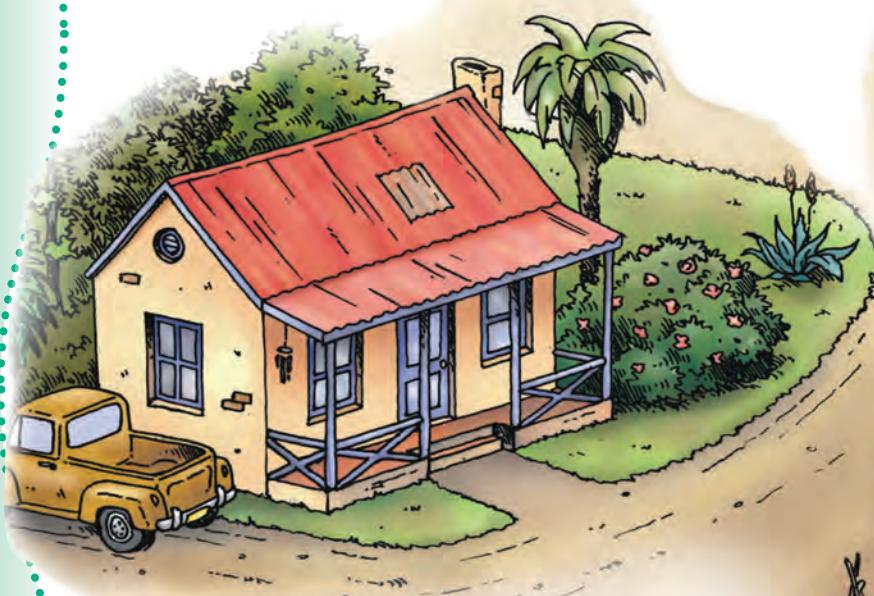
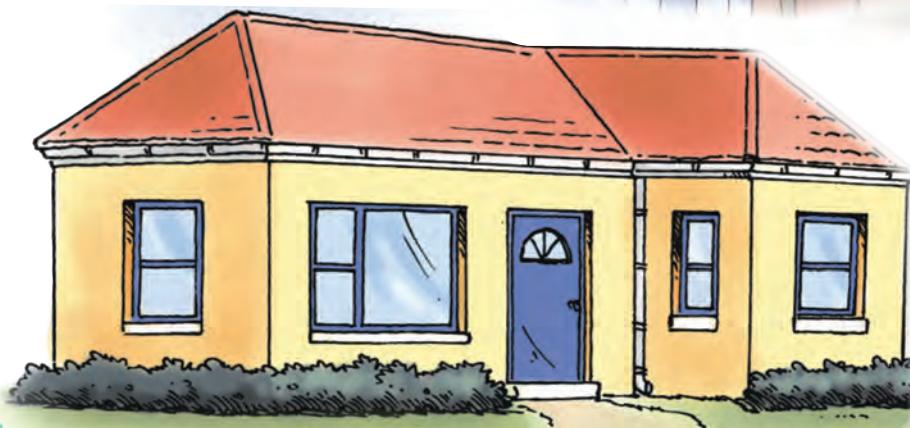
Limveke - I

Ithemu - L



Asikhulume

Ikhaya lakho kulapha
uhlala khona. Abantu
abahlala eSewula Afrika
banemihlolo eyahlukeneko
yezindlu abahlala kizo.
Ungawathola kuphi
amakhaya alandelako?

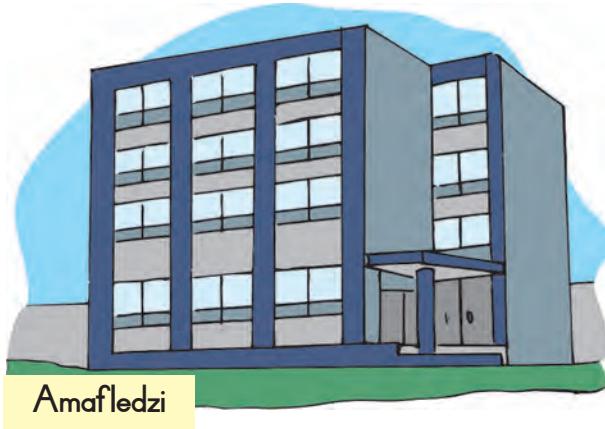


Ilanga:



Asikhulume

Qala iinthombe ezingenzasi. Cocsana nomngani wakho ngezinto ezifanako ezindlini zoke. Bese niyabuya nicocsana ngezinto ezingafaniko. Ngiziphi izinto ezinengi khulu ezifanako begodu ngiziphi izinto ezinengi khulu ezahlukileko.



Amafledzi



Izindlu ezinomqaqado munye nanyana emibili



Amakharavana kanye namatende



Amatjhede



Izindlu zemakhaya



Izindlu ezaziwa ngamaCape-Dutch



Asenzeni lokhu

Sebenzani ngeenqema. Thola ibhoksi lenyathelo nanyana elinye nelinye ibhoksi. Lipende ukuze liqaleke njengomuzi. Sebenzisa ibumba ubumbe isithombe sakho sibe ngaphandle kwendlu.

Teacher:
Sign:
Date:

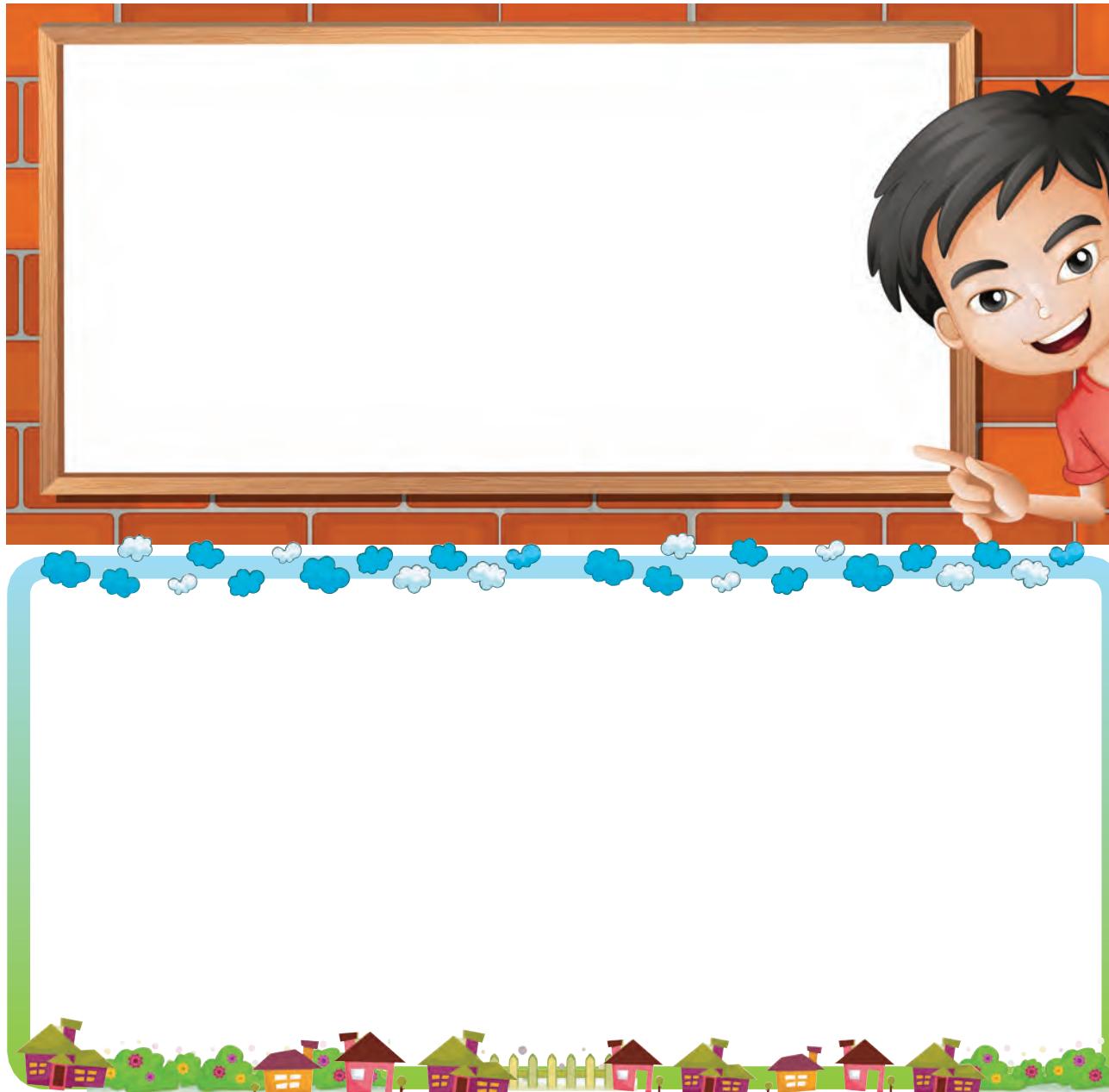
Imihlubo yezindlu (2)

Ithemu - I
Imveke - I



Asenzeni lokhu

Cabanga ngezindlu ezahlukeneko okhe wazibona endaweni ohlala kiyo nanyana lapha ukhe wavakatjhela khona. Gwala iinthombe ezimbili zezindlu ezahlukeneko okhe wazibona.



Asikhulume

Nasingaphakathi kwendlu eyakhiwe kuhle, asitjhi khulu nanyana asigodoli khulu. Asinethwa begodu asiphetjhulwa mummoya.

Abantu abanengi abakavikeleki ngendlela esikhuluma ngayo.

Coca nomngani wakho nikhulume ngendlela abantu abazivikela ngayo nabanganawo amakhaya.

Amanowuthi wakatitjhore:
Utitjhore wakho uzokulalela
imibono yenu.





Asikhambahkhambeni

Ilanga:

- Yelula isandla sakho ngendlela ongakghona ngayo uthinte indawo efulelweko yendlu yakwenu.
- Guqa phasi ngamadolo utjale iintjalo esivanden.
- Lula izandla zakho khulu uvule amafesidere wendlu yakho. Bese ubuye uwavale.
- Kothama bese uhlawule endlini yakho.
- Thanyela phasi ngomthanyelo.
- Hlanza amafesidere ngetjhila.



Amanowuthi wakatitjhere:

Lalela igido utitjhere azokudlalela lona esigubheni asibethako. Khamba ngegido lelo. Lokha utitjhere nakatjhugulula igido, nawe tjhugulula ibelo lokukhamba/lokunyakaza kwakho.
Lalelisisa.



Teacher: _____
Sign: _____
Date: _____

Izinto zokwakha izindlu



Sisebenzisa izinto ezahlukeneko ukwakha izindlu.
Qala iinthombe ezingenzasi.



iintina



amathayili



amasenge



isamende



umhlanga



irhalasi



amapala / iingodo



ikhuni/ amaplanka



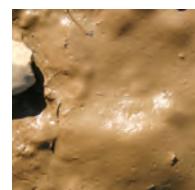
amatje



amatende



iplastiki

umdaka/
ihlabathi

iinsimbi



iiinkhumba



isanda



Cocisana nomngani wakho ngezinto ezahlukahlukeneko zokwakha izindlu.

Ngiziphi ezibuya efekthrini?

Ezinye izinto zibuya kuphi?

Tjela abentwana abanye kobana wena izindlu ozibonako nawuza esikolweni zakhiwe ngani.

Amanowuthi wakatijhere:
Utitjhore angatlola
irherho lezinto
ebhodini.





Asenzeni lokhu

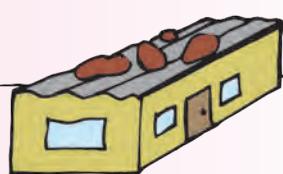
Emhlobeni ngamunye wendlu, gwala umuda
uye kilokho eyenziwe ngakho.

Ilanga:

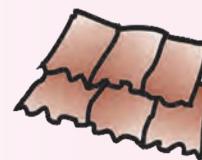
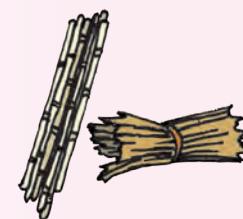
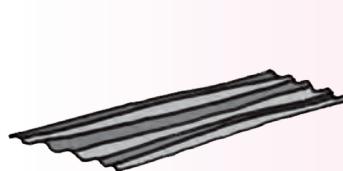
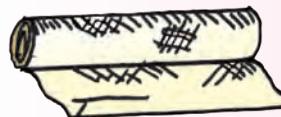
Amanowuthi wakatitjhere:
Utitjhere uzokuthatha iincwadi
zenu zokusebenzela ayoziqala.



Imihlolo yezindlu



Izinto zokwakha



Teacher: _____
Sign: _____
Date: _____

52 Izindlu ezizokujamelana nobujamo bezulu obahlukahlukene

Limveke-2

Ithemu-4



Asifunde

Izindlu zivikela abantu ebujameni obahlukahlukene bezulu. Zingasivikela emisebeni etjhisa khulu yelanga. Zingasivikela godu nakumakhaza, izulu nalinako nalokha kunomoya.



Bewazi kobana abantu abahlala eendaweni ezimakhaza kufanele bakhe izindlu zabo ngendalela ekhethekileko njengalezi ezingenzasi? Izindlu lezi kufanele zibabulunge bafuthumele lokha nakukhithika igabhogo.

Lo mumbhe wendawo ebizwa ngokuthi yi-Greenland.

Yindawo emakhaza khulu.

Le yi-gloo



abantu abahlala eplanedini ebizwa nge-Artic enerhwaba elinengi, bakha izindlu zabo ngerhwaba.

Igabhogo liqotha amakhaza. Izindlwana lezi zibizwa ngokuthi yi-gloo.



Asenzeni lokhu

Ngeenqhemha, lingisani kobana ningakha njani indlu.
Zikhetheleni kobana nizokwakha indlu enjani.

Nizokusebenzisa izinto zokwakha ezinjani?

Yabelanani imisebenzi. Kuzokuzwakala
maphi amatjhada?

Sebenzisani amanye wamagama
alandelako.

umnyango/
umbadiizindlu ezingakakhiwa
ngeplani

izindlu zemakhaya

izindlu zamaCape-Dutch

iintina

umthangala

ipende

amafledzi

amafulelo

itjhimela

ifesidiri

isamende



Asifunde

Yitjho ikondlo elandelako
njengengcenyeyakho yokulingisa:

Yakha, yakha indlu yakho etja!

Yiza neentina, meda iboda

Bethelela isipikiri leso, qinisa isikrufu leso –

Zivikele elangeni



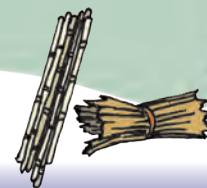
Teacher:
Sign:
Date:

Yakha, yakha indlu yakho etja!

Yiza nesanda kanye neminyango
kanye namathayili.

Yiza namanzi, hlanganisa nesamende –

Zivikele ezulwini.

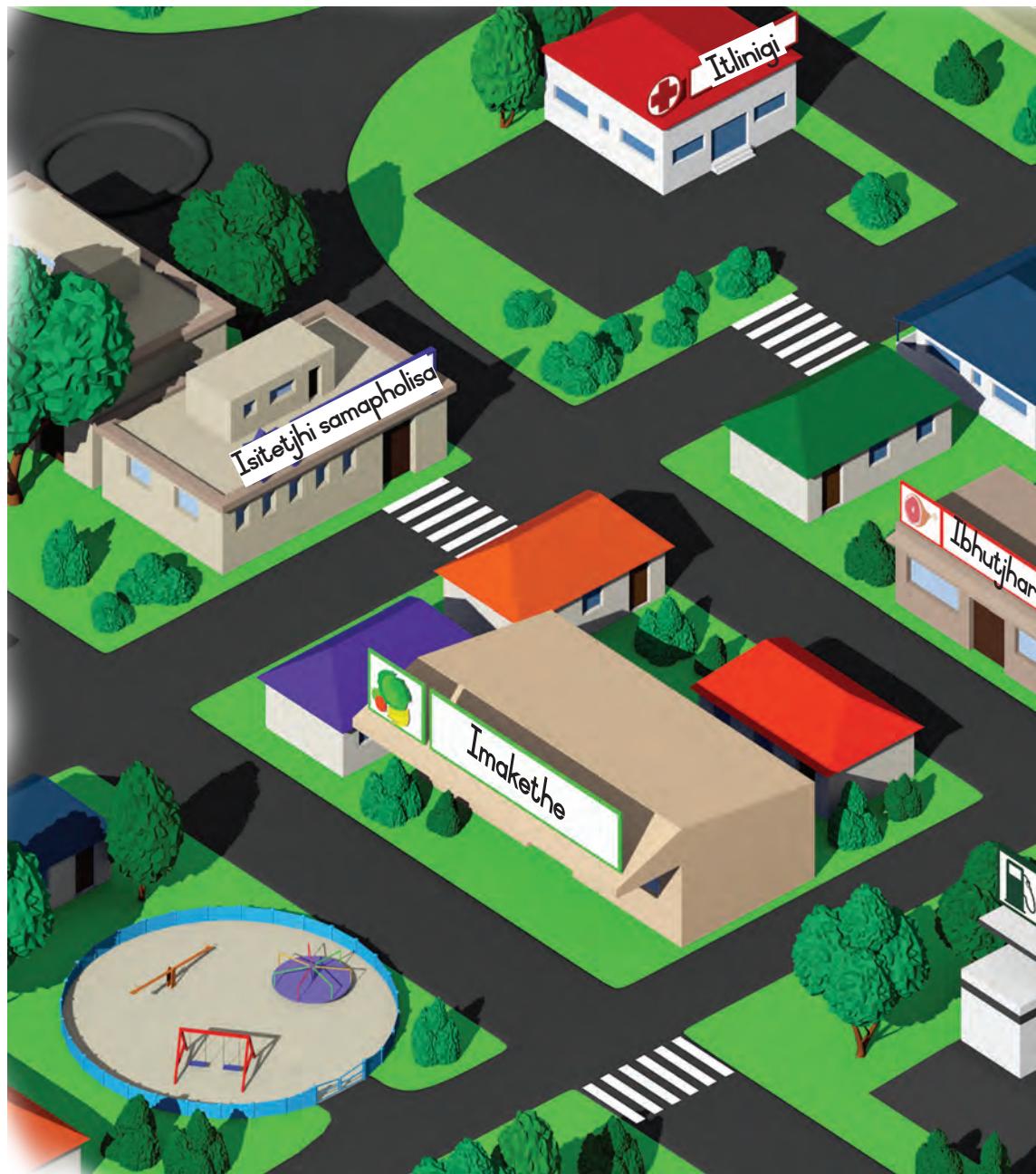




Ukuthola iindawo kanye nezinto (1)

Kunemebhe eyahlukahlukene. Ukukhetha umebhe wakho onembako, kumele sazi umebhe lowo uyowusebenzisela ukwenza ini. Umebhe weendlela ukusiza ukuthola iindlela/iintrada kanye neendawo edorobheni nanyana edorobhokazini.

Abalimi bathanda iindawo ezinomebhe otjengisa amadamu, imilambo kanye neentaba.





Asenzeni lokhu

Ilanga:

Wena nomngani wakho, cocani ngemibuzo elandelako. Gwala isiyingi undulungele iindawo esithombeni emakhasini amabili la.

Ungazithola kuphi iincwadi ongazifunda?

Ungalibika kuphi icala lokwetjiwa kokuthileko?

Ungaya kuphi lokha nawugulako?

Ukudla ungakuthenga kuphi?

Ungaya kuphi nawufuna ukujamela ibhesi?

Indlela yona ungayeqa kuphi lapha kuphephileko?

Amanowuthi wakatitjhere:
Utitjhere wakho uzoyifunda
ngajinye ngajinye, ngemva
kwalapho ningafunyana
iimpendulo.



Teacher: _____
Sign: _____
Date: _____



Ukuthola iindawo kanye nezinto (2)

Qala indlela emebheni wendlela uJason awulanelako ukusuka kwabo nakaya esikolweni.

Hlathululela umngani wakho kobana uJason indlela akayilanelako nakasuka ekhaya aya esikolweni. Naka amanye amagama ongawasebenzisa.

ngehla

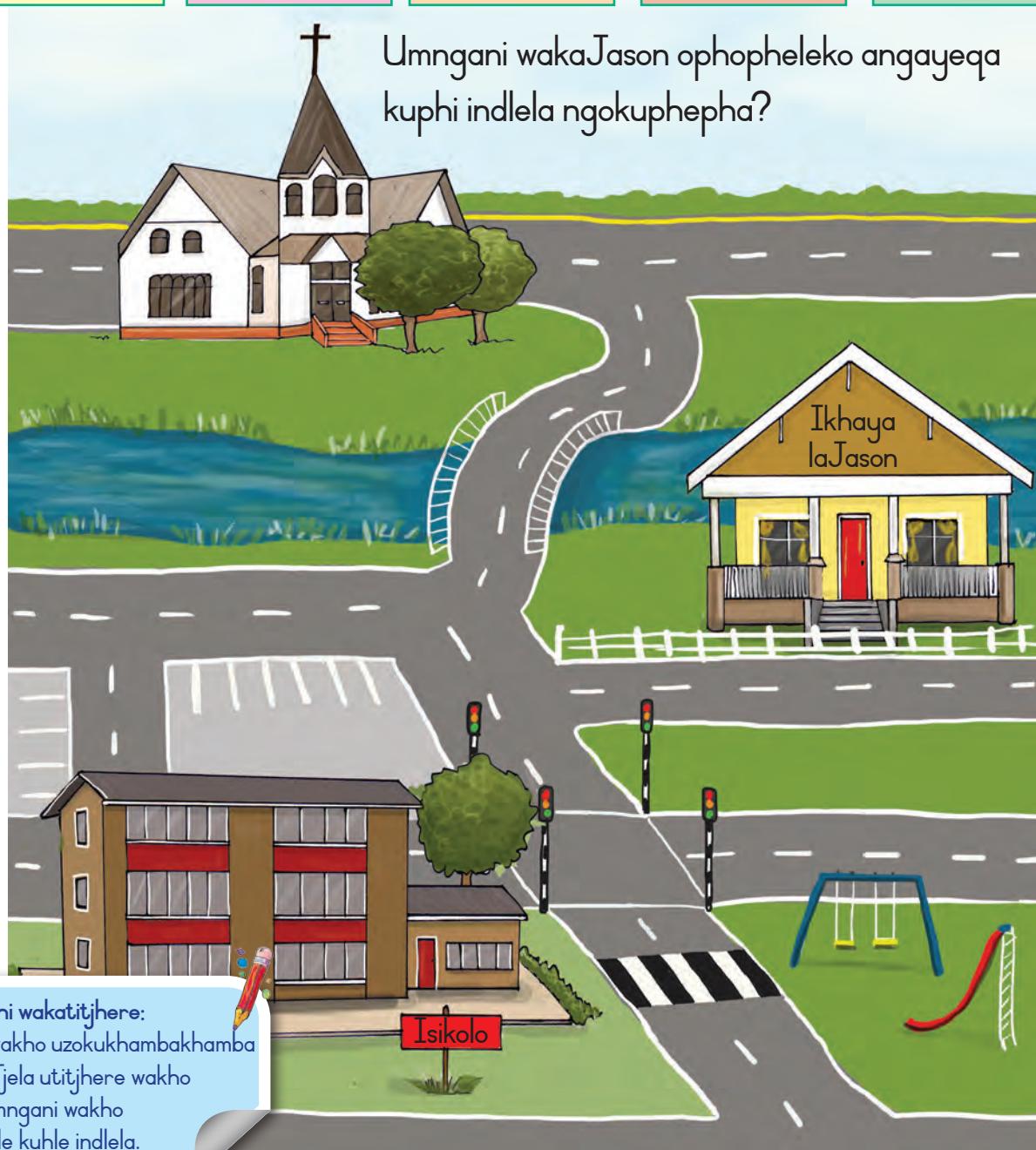
udlula

eqadi

ngaphezulu

ngaphasi

Umngani wakaJason ophopheleko angayeqa kuphi indlela ngokuphepha?



Amanowuthi wakatitjhere:

Utitjhore wakho uzokukhambakhamba ngetlasini. Tjela utitjhore wakho nangabe umngani wakho uyihlathulule kuhle indlela.



Asikhambahambe

- Yizani nerobho ede niyibeke phasi.
- Niyokukhamba "endleleni" le.
- Khambani niye phambili, emuva ngemaqadi ngokulunganisa nerobho.
- Khambani niye phambili nilinganise nerobho nithwele izandla zenu ehloko.
- Khambani nibuyele emuva nilinganise nerobho nibeke izandla zenu ngemuva.
- Khambani nitjhinge ngemaqadi nilinganise nerobho, nibeke izandla zenu emadinini.

Ilanga:



Asifunde

Uyenze ngepumelelo engangani imisikinyeko engehla? Nangabe ungayenza kuhle yoke imisikinyeko, penda ebusweni obumamathekako.

Nangabe awukaphumeleli ukuyenza yoke imisikinyeko, penda ebusweni obudanileko. Nangabe ukghonile ukwenza eminye yemisikinyeko, penda ebusweni obuphakathi.

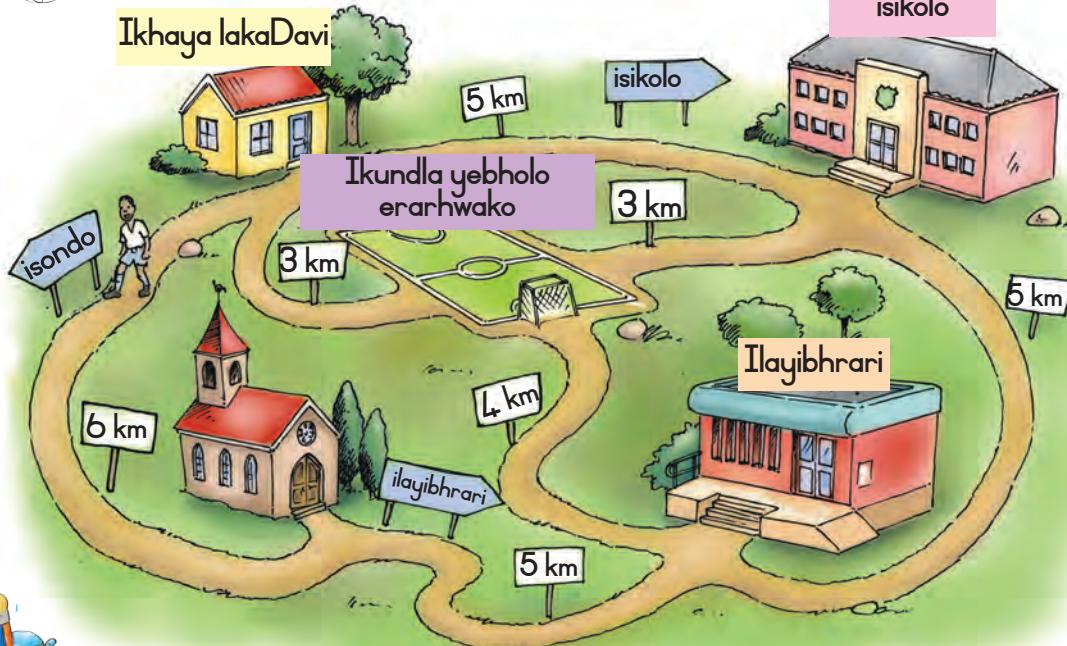
Ngingakhamba ngitjhinge phambili nemuva ngilinganise nerobho.			
Ngingakhamba ngiye ngemaqadi ngilinganise nerobho.			
Ngingakhamba ngitjhinge phambili ngilinganise nerobho ngibeke izandla zami phezu kwehloko.			
Ngingakhamba ngitjhinge phambili ngilinganise nerobho ngibeke izandla zami ngemuva.			
Ngingakhamba ngitjhinge ngemaqadi ngilinganise nerobho ngibeke izandla zami phezu kwedini.			



Ukufunyana indlela

Asitlole

Imebhe enesithombe iyasisiza kobana iindawo zikude kangangani ukusuka kenyey uye kenyey. Qala umebhe olandelako.



Asitlole

Phendula imibuzo elandelako. Ungabawa umngani wakho kobana akusize.



Gwala isiyingi nanyana indulungu lapha ubona kutlolwe **km**.

Uneeyingi ezingaki?

uDavi ukhamba kusuka esikolweni ukuya elayibhrari.

uDavi ubona ini eduze kwelayibhrari?

Ubone liphi itshwayo endleleni?

Ukhambe ibanga elide kangangani?

Nakajame emnyango wangaphambili welayibhrari, uDavi ubona muphi umakhiwo?

uDavi ulambil. Ufuna ukubuyela kwabo. Penda indlela efitjhani khulu esuka elayibhrari eya kwabo.

Phendula ngo-Iye nanyana ngo-Awa:

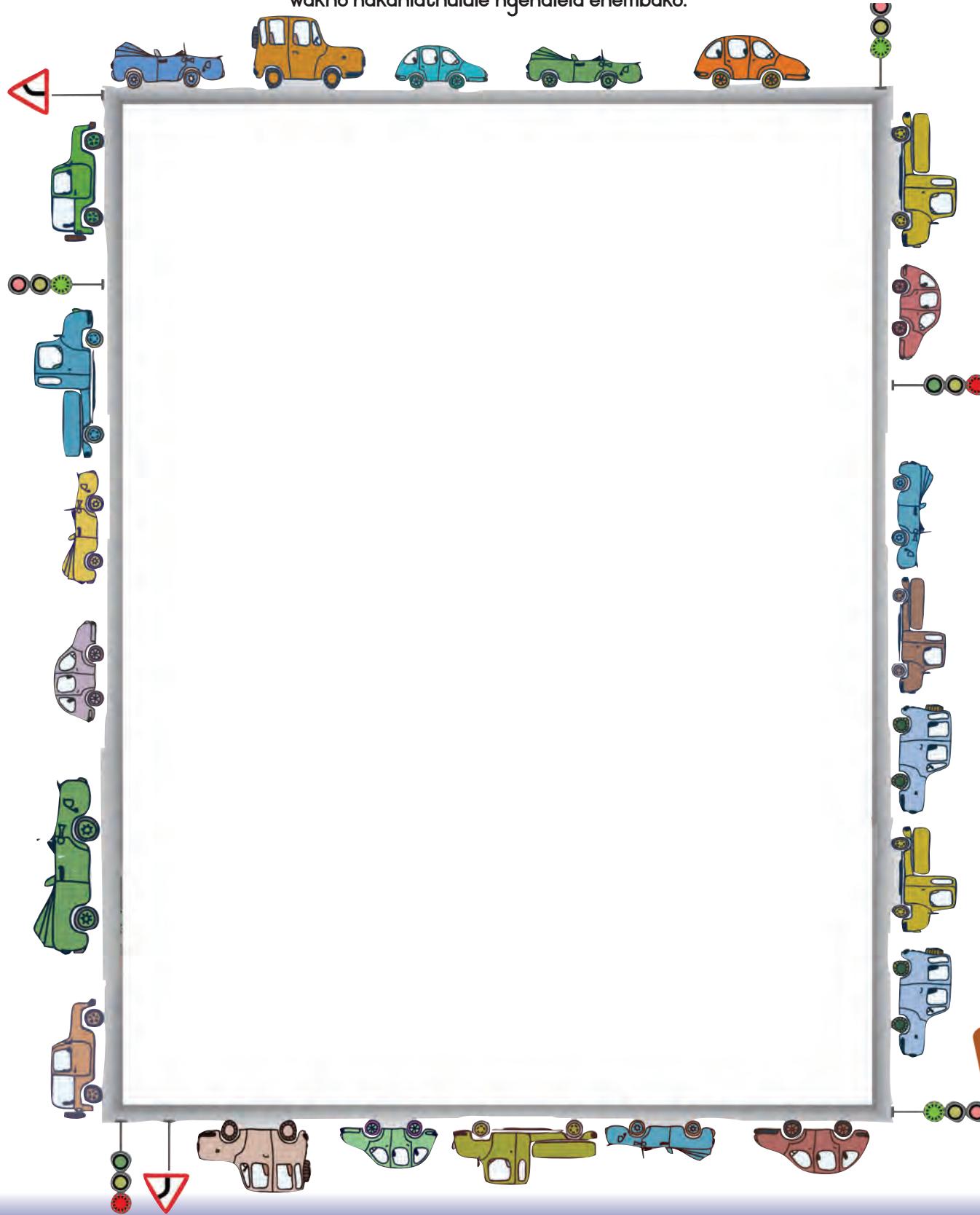
Ingabe ikundla yebholo erarhwako iseduze khulu nakwabo?

Amanowuthi wakatitjhore:
Vama ukuqinisekisa kobana uqinisekile ukutjela utitjhore wakho lokha nawungaboni litho kuhle.




Asenzeni lokhu

Gwala umebhe wakho wendlela oyilandelako hlangana neendawo ezimbili. Ungakhetha nanyana ngiziphi iindawo ezimbili. Nasele uqedile, unga tjenjisa abangani bakho umebhe wakho. Nikela umngani wakho umebhe ukuze ahlathulule indlela ozoyikhamba. Yewutjheje nangabe uhlathulula ngendlela enembako. Tjela utitjhore wakho lokha umngani wakho nakahlathulule ngendlela enembako.

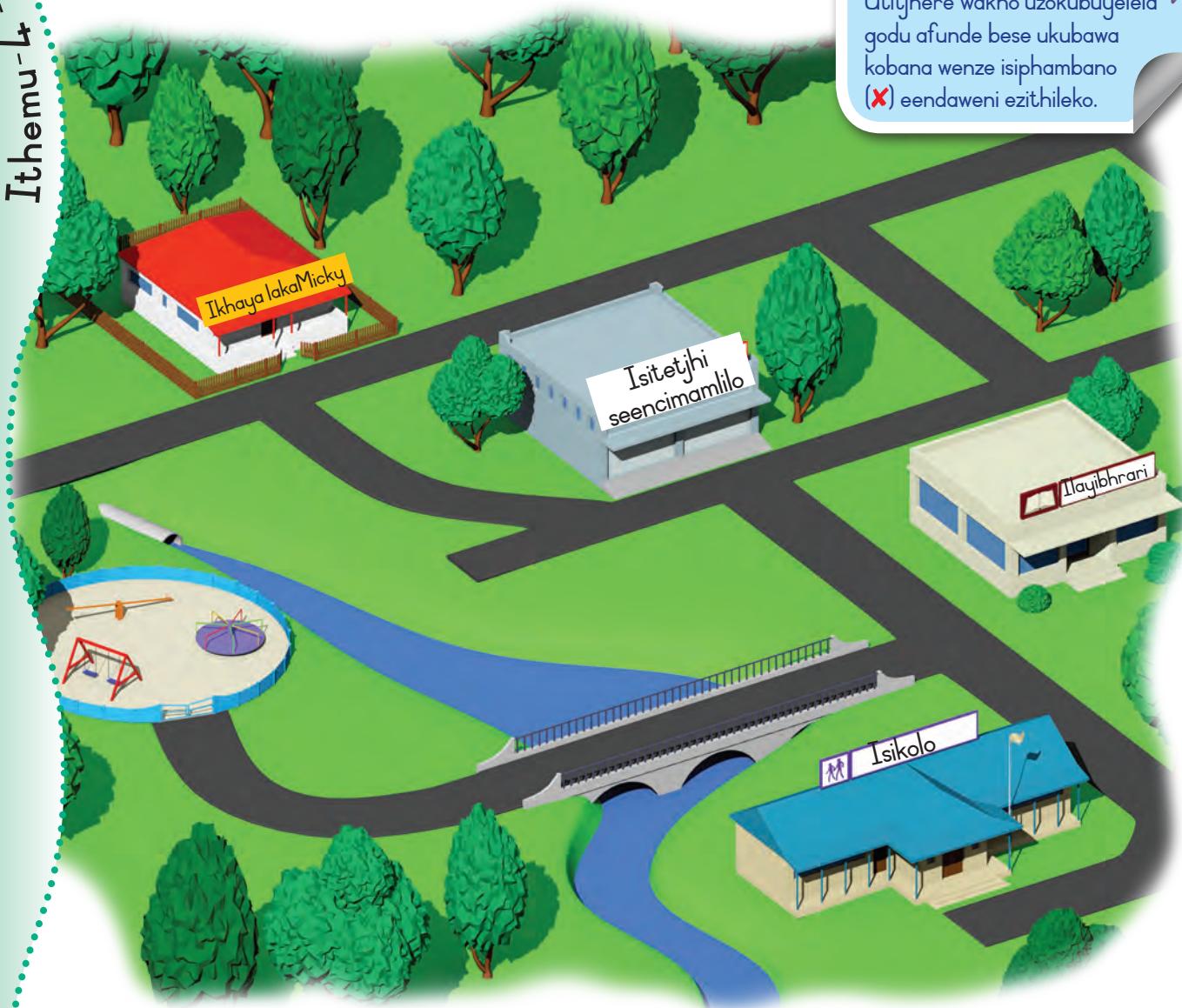


Ukuthola izehlakalo endatjaneni

Asenzeni lokhu

Utitjhore wakho uzokufunda indatjana ekhulumo ngoMicky.
Lalelisa kuhle. Landela indledlana yakhe emebheni encwadini yakho.

Amanowuthi wakatitjhore:
Utitjhore wakho uzokubuyeleta
godu afunde bese ukubawa
kobana wenze isiphambano
(X) eendaweni ezithileko.



NgoMgqibelo uMicky udlala ephageni nabangani bakhe (X).

Namhlanje ekuseni, unina umbuzile, "Ugogwakho uyagula, ngiyakubawa, akhe uyomnikela ukudla lokhu?" UMicky uthatha isikhwama esikhulu esinokudla. Uthe lokha nakaphuma ehegeni wahlangana nendoda. Indoda yatjho ngephimbo

elimarhororhoro yathi, "Arha, ngiyakubona uthwele ukudla. Uphathele ugogwakho angithi?" Lokho kwamethusa khulu uMicky. Wakhambisa khulu ehla ngendlela sele anqombe lapha kunesicimamlilo khona. Lapha ujikela ngesandleni sokudla (X).

Kodwana uthe nakaqala emuva, wabona indoda leya imlandela.

UMicky ukhetha ukuyokuthola isizo ebanganini bakhe ephageni. Uthe nakafika elayibhrari, utjhinge ngesidleni wangena. (X).

Ngesandleni sakhe sesincele wabona isikolo wabe wasidlula (X).

Iintrada zithule du. UMicky kwanje weqa indlela msinya (X).

Ekugcineni wabona iphaga. Wakhamba ngaphezu kwebhlorho (X) ukuyokuhlangana nabangani bakhe ehegeni! (X)



Asikhambahambeni

Kwanje siyokudlala umdlalo wokujima umgijimo werileyi.

- Kwanje bekani iinhlalo zenu zenze isiyungi. Dlalani "umvumo weenhlalo" – nimele nifunyane indlela efitjhani eya esihlalweni.



Teacher:	
Sign:	
Date:	



Asitlole

Amanzi siwasebenzisa njani: emakhaya nesikolweni

Amanzi siwasebenzisa pheze ngamalanga. Qala iindlela ezahlukeneko esizisebenzisela amanzi. Ngenzasi kwesinye nesinye isithombe, tlola kobana amanzi asetjenziselwa ukwenza ini. Sebenzisa iinhlokwana lezi.

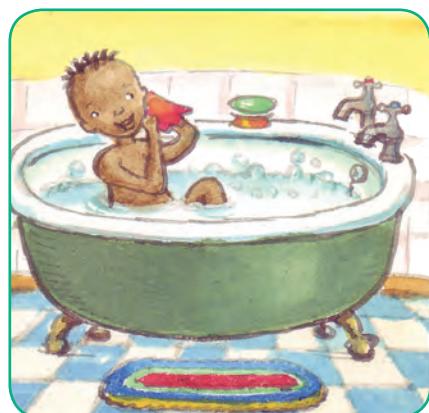
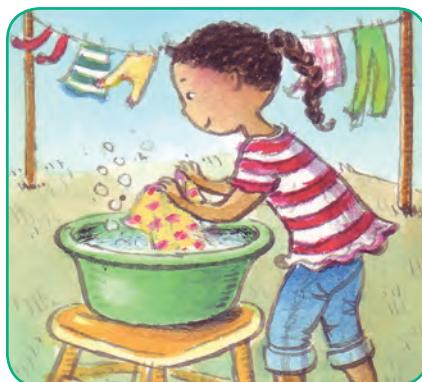
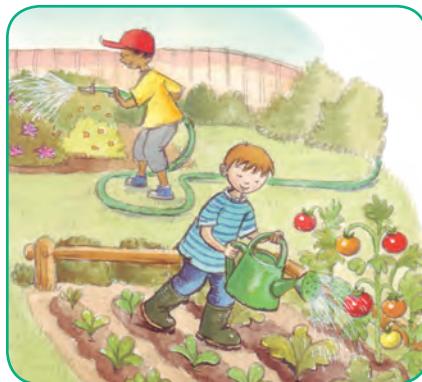
Ukwenza umlilo.

Ukuhlanza imizimba yethu.

Ukusiza iintjalo zimile.

Ukuhlanza izembatho kanye nezitja.

Ukupheka ukudla.



Ilanga:



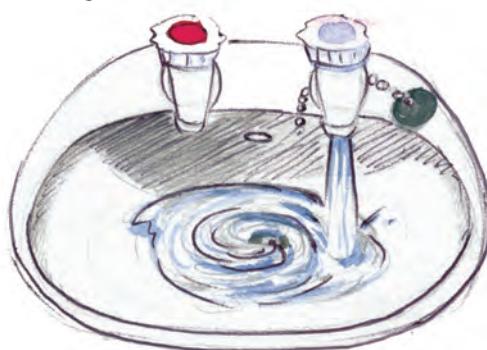
Asikhulume

Khuluma
ngeendlela ezinye
zokusebenzisa amanzi ngendlela eyongako.
Amanzi ayakarisa! Singahlathulula
izinto ezinengi ezenziwa ngamanzi.
Cocisanani ngezinye iindlela lapha
amanzi angasetjenziswa ngazo
khona. Amanzi yinto eqakatheke
khulu. Khulumani ngokuthi siwona
njani amanzi. Kungenzekani lokha
nasingenawo amanzi? Yabelana
ngemibono nabanye abafundi.



Asikhambakhambeni

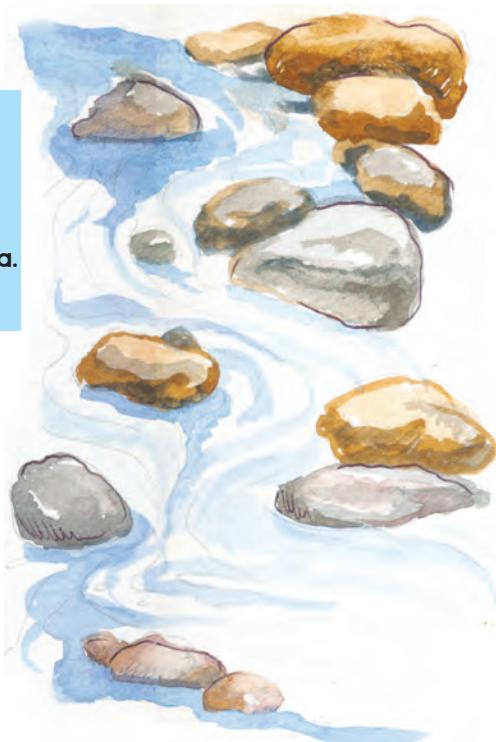
Lingisa okulandelako.



Amanzi aphuma
epompeni athontela
ngesitjeni sokuhlambela.



Ilifu lezulu lakhekha,
laba likhulu kuthi
ekugcineni izulu
line bese ilifu
liyanyamalala.



Umlambo ogeleza kancani
ematjeni nomlambo ogeleza
phezu kwesanda.



Asidlaleni

- Dlalani "Umgqomu namathosi wamanzi".

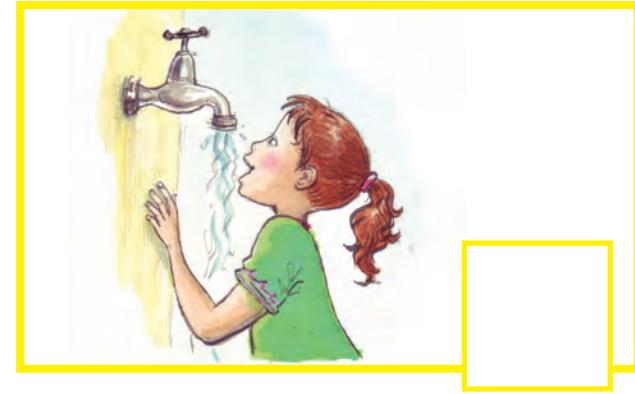
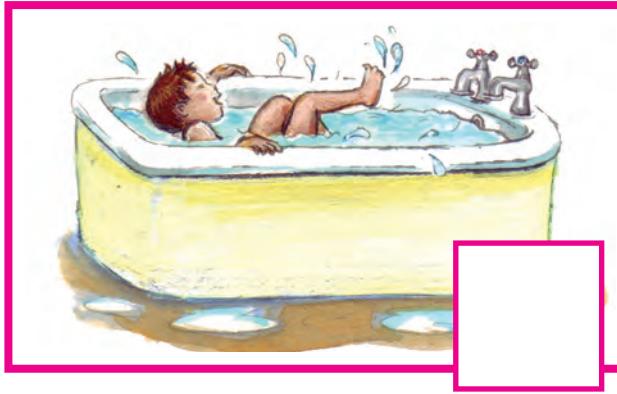
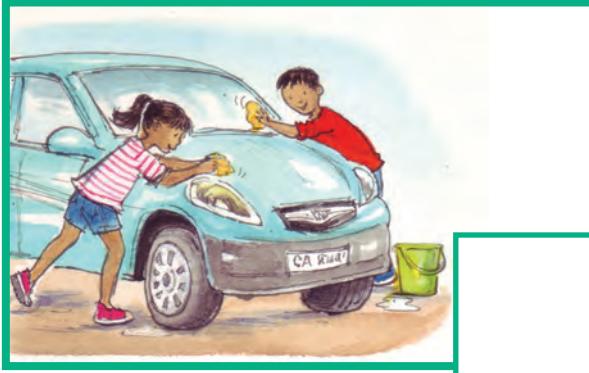
Teacher:
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Date:

lindlela amanzi onakala ngayo

Asitlole

Qalani iinthombe ezilandelako. Tlola itswayo (✓) eduze kwesthombe lapha amanzi ongeka khona bese utlola isiphambano (✗) lapha amanzi oniwa khona

Ithemu - 4 - Iimveke - 5





Asikhulume

Qala iinthombe lapha utole khona isiphambano. Cocisanani ngazo ngetlasini niveze kobana esithombeni ngasinye benzani. Coca ngokuthi bangasebenzisa njani amanzi ngokuwonga.

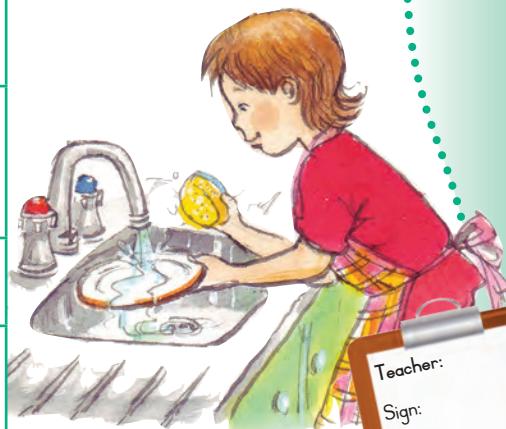


Asitlole

Qala iinthombe. Funda imitjho engenzasi. Faka itsihwayo (✓) kesinye nesinye isenzo esingasisiza ukonga amanzi, bese ubeka isiphambano (✗) kesinye nesinye esingongi amanzi.



	✓ nanyana ✗
Ngivulela amanzi epompeni lokha nangitlubha amazinyo wami.	
Sisebenzisa isibha esingayoniko imvelo. Angiwathululi amanzi ebengihlamba ngawo kodwana ngithelelela ngawo esivandeni.	
Njalo ebusuku ngihlamba umzimba ngamanzi azele swi ibhada.	
Nangibona ipompi ivuza, ngiyayivalisisa.	
Sihlanza izitja epompini ngaphandle lapha amanzi agijima khona.	



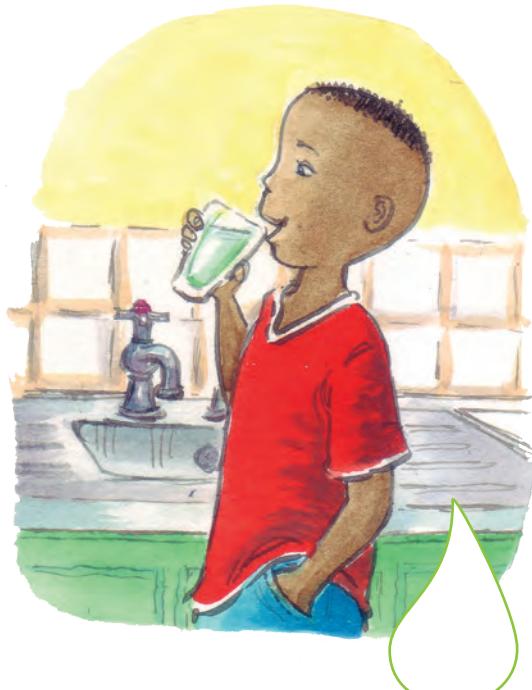
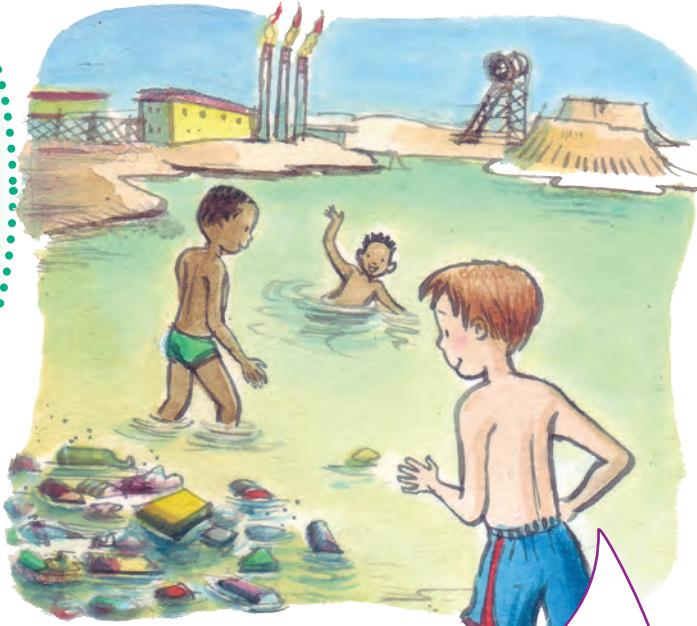
Teacher:
Sign:
Date:

Amanzi aphephileko wokusela nangakaphephi



Asitlole

Qala iinthombe lezi. Beka ithiki (✓) esithombeni otjengisa ukuphepha. Beka itshwayo isiphambano (✗) esithombeni esitjengisa ukungaphephi.





Asitlole

Tlola igama "**kuphephile**" nanyana "**akukaphephi**" uqedelele umutjho ngamunye. Ipendulo yokuthoma inikelwe.

Ukusela amanzi asilaphazekileko **akukaphephi**.

Ukududa emanzini aneensila _____.

Ukusela amanzi agcinwa ngemabhoddelweni _____.

Ukusela amanzi avela emlanjeni osilaphazekileko ku _____.

Ukusela amanzi ahlanzekileko abuya epompeni _____.



Asidlaleni

Dlala nabanye ababili.

- Wahlani izandla zenu kanye kanye lokha ithosi lamanzi lehla:
 - kabuthaka epompeni yamanzi.
 - msinya epompeni yamanzi.
 - msinya khulu epompeni yamanzi
 - noke hhalani ngesikhathi esifanako.
- Dlalani omunye umdlalo wokuwahla izandla eniwaziko.



Asikhambahambeni

- Yeqa njengesirhwarhwa nasiphuma ngemanzini angcolileko.
- Yeqa njengesirhwarhwa naseqela emanzini ahlanzekileko.
- Rholobha njengepera eyomileko egijimela ukuyokusela amanzi.
- Gijima ngendlela ongakghona ngayo ubalekele izulu elina ngamandla khulu.
- Yeqa ukusuka kelinye ilitje uye kelinye lokha naweqa umlambo. Siza nabanye abangakghoniko ukukhamba.
- Jikajika njengamanzi aphuma ngebhadeni (uwedwa begodu unomngani).
- Utitjhore uzokutjho ngetshwayo nakumele wenze omunye umsikinyeko. Lalelisia bewutjhejisise amatshwayo wakhe.



Teacher:
Sign:
Date:

Ukubeka amanzi ahlanzekileko

Asifunde

Ithemu-l - limveke-6

Amanzi angcolileko ayasigulisa.

Simele sisele amanzi ahlanzekileko.

Simele sidlale besidude emanzini ahlanzekileko.

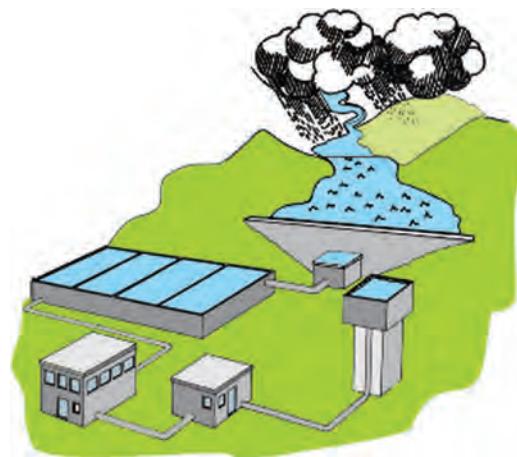


Asikhulume

Qala iinthombe. Coca nomngani wakho kobana amanzi aphephileko abuya kuphi. Cocela itlasi kobana wena ucabanga ini. Nasihlwengisa amanzi siwenza bonyana ahlwengeke ukuze sikhazi ukusela amanzi aphephileko.



Singawesela amanzi wezulu abekelelweko nangabe phezulu emasengeni kuhlanzekile nalokha amatanka neenfaji esibekelele ngazo zihlanzekile.



Umasipala uyawahlanza amanzi bekawabeke endaweni ephephileko ukuze siwasele.



Amanzi singawabilisa ukuze ahlanzekileko



Singawesefaa amanzi ukuze ahlanzekileko.



Asenzeni lokhu

Bawa utitjhere wakho akutjengise kobana amanzi ahlanzwa njani.

Uzokutlhoga lokhu:

Ibhodlela leplastiki le-2 l

Isanda ehlwengileko

Amatjana ahlwengileko

Umukhwa obukhali

Iwulu ehlwengileko

Irhalasi lamanzi



Asikhambahkhambeni

- Sebenzisa umgodlana onamatjana kanye newulahuphu. Beka iwulahuphi phasi. Abafundi abajame umjeje ongaba mamitha ama-5 ukusuka ewulahuphini. Begodu ungasebenzisa iwulahuphi yenetbholo.
- Omunye nomunye umfundi uzokufunya ithuba lokuphosela umgodlana wamatjana ngewulahuphini.

Teacher:
Sign:
Date:

Ukutjhuguluka kusuka emini kuye ebusuku



Asifunde

Ubusuku nemini zizinto ezimbili ezingafaniko.

Ubusuku behlukile kunemini, sizwa amatjhada angafaniko begodu senza nezinto ezingafaniko.

Emini sibona ilanga elikhanyako. Ilanga lenza kobana kutjhise begodu liyasikhanyisela. Inengi labantu lisebenza emini. Thina bentwana siya esikolweni emini.



Asitlole

Qala iinthombe bese ucocisana nomngani wakho ngazo. Ingabe lezi ziinthombe zemini nebusuku? Zehlukana njani? Tlola "Emini" nanyana "Ebusuku" eduze kwesinye nesinye isithombe.



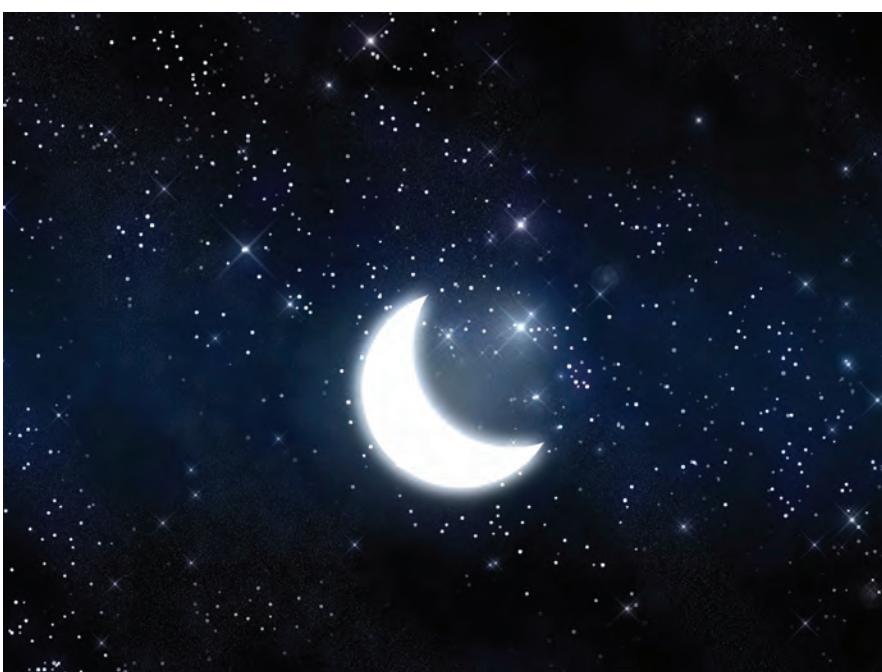


Asifunde

Ntambama ilanga liyatjhinga.
Kuba nzima begodu sikwazi
ukubona inyanga/inyezi kanye
neenkwekwezi. Ebusuku kumele
sikhanyise ukuze sibone kobana
senza ini.



Ilanga:



Asikhambahambeni

- Sebenzisa amapala nanyana amakhowni kanye nebholo ekulu erarhwako.
- Beka amapala nanyana amakhowni.
- Sebenzisa ibholo ekulu efana nebholo erarhwako.
- Rarhela ibholo hlangana namapala nanyana hlangana namakhowni abekiweko.
- Kokuthoma rarha ngenyawo lakho langesidleni bese urarha ngenyawo langesinceleni.
- Nifake amagondelo amangaki?



Teacher:
Sign:
Date:

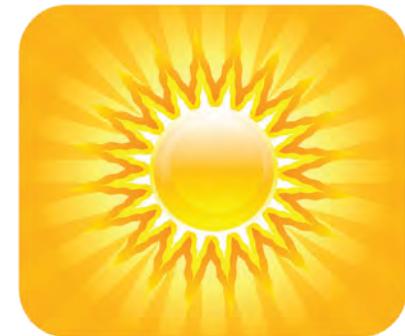
Ubusuku bubonakala njengani?

Iimveke - 7



Asifunde

Emini, singabona umkayi ohlaza kwesibhakabhaka namafu. Khulukhulu sibona ilanga.

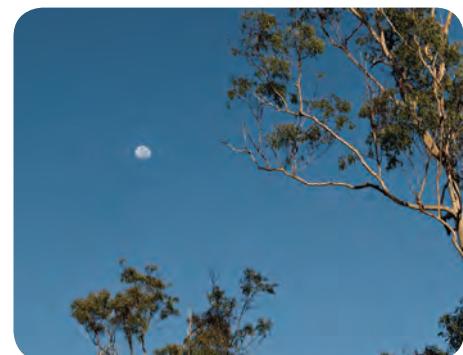


Ithemu - 4

Ebusuku sibona ilanga kanye neenkwekwezi ezinengi. Kunamaplanedi abonakala njengeenkwekwezi. Kesinye isikhathi inyezi ibakhona nemini.



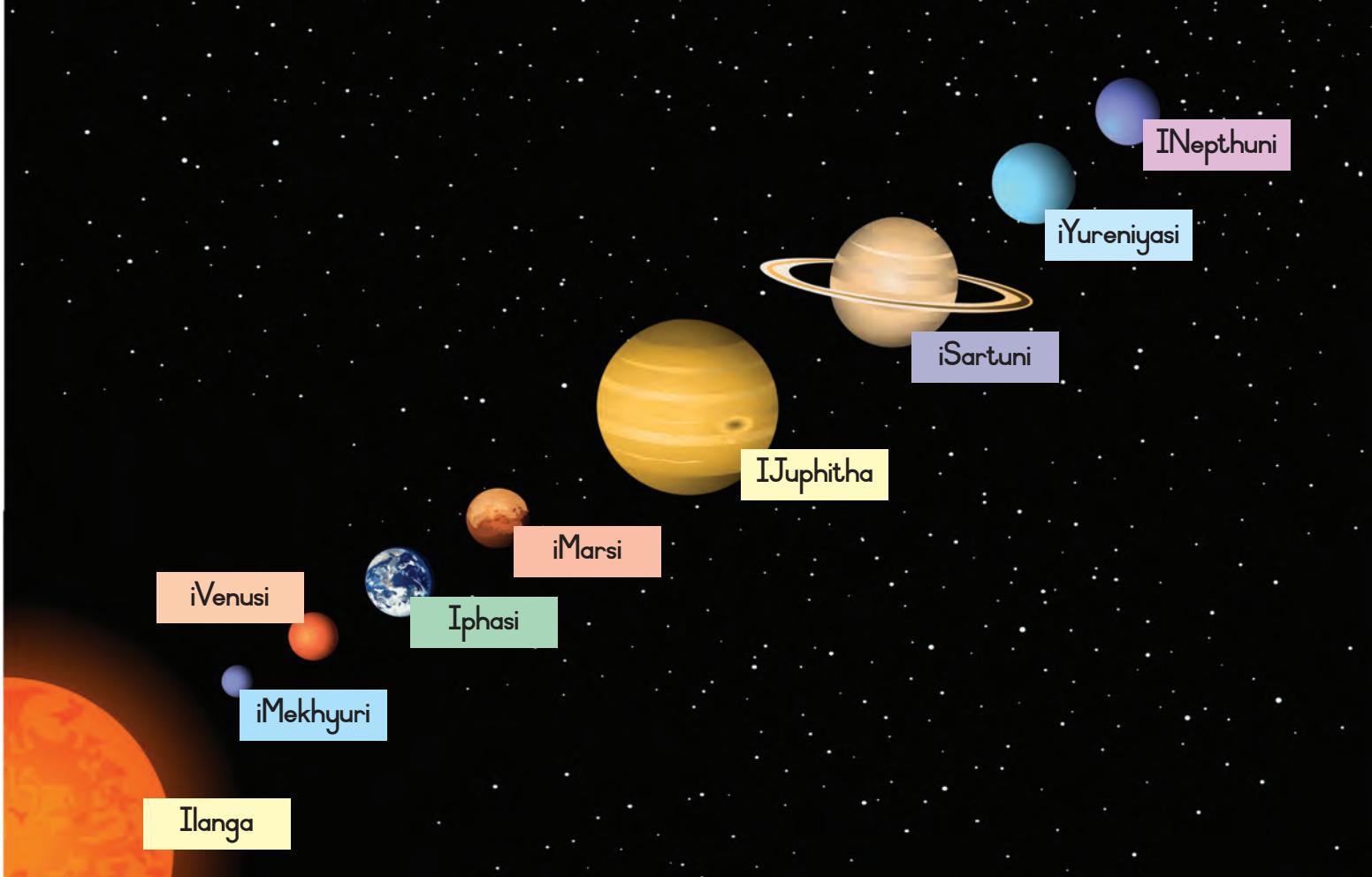
Angekhe sikwazi ukuyibona ngombana ilanga likhanya khulu. Linga ukubona inyezi emini.



Asenzeni lokhu

Inyanga ayihlali ifana njalo ngamalanga ebusuku. Bukela inyezi ngamalanga amahlanu alandelanako. Emabhoksini angenzasi la, gwala ubujamo benyanga obuhlukaneko.

Ubusuku bokuthoma	Ubusuku besithathu	Ubusuku besihlanu



Leli lilanga namaplanedi erhelweni elimayelana nelanga-Zibomakhelwane bethu bemkayini. (Ilanga namanye amaplanedi azikagwalwa ukuya ngesikeyili.)



Asikhulume

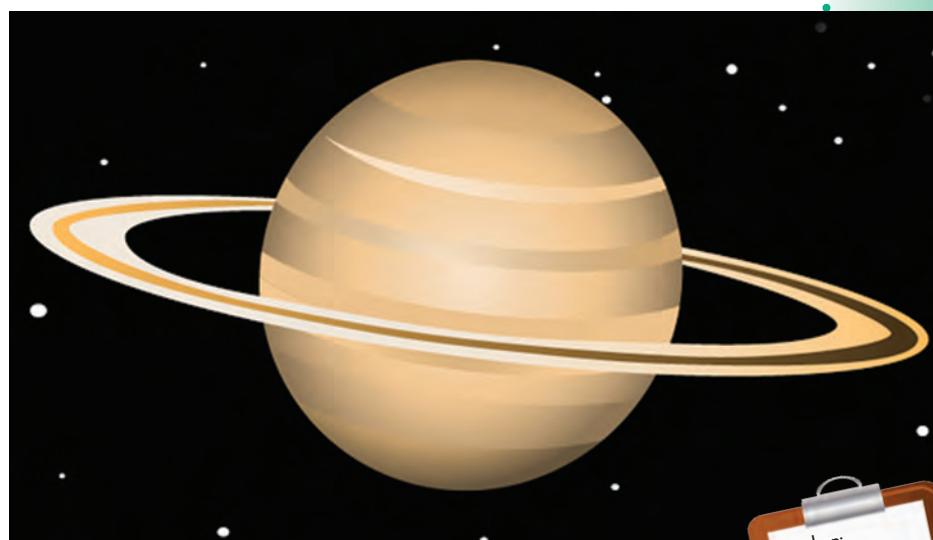
Lesi sithombe se-Saturn.

Yehlukile kunamanye
amaplanedi ngombana
inendulunga eziyizombelezako.

Uyalibona ichaphazi
elimhlophe esithombeni?

Ucabanga bonyana khuyini?

Qala isithombe esikhulu
ngehla. I-Saturn ingabe yikulu
nanyana yincani kunephasi? Ngiyiphi iplanedi ekulu kune-Saturn?



Teacher:
Sign:
Date:

Ilanga nenyеzi

Asikhulume

Qalani iinthobe ezilandelako.



Cocisana nomngani wakho. Zisitjela ini iinthombe?
Ungaveza nanyana ngiyiphi ipendulo efikako
engqondweni yakho.

Amanowuthi wakatijhere
Utitjhere wenu uzokulalela imibono
yenu yoke abuye anitjele kobana
iinthombe zimayelana nani.



Asifunde

Ilanga liyikwekwezi. Lifana nebholo ekulu yomlilo ethumela umkhanyo mahlangothi woke. Ilanga likhulu ngokubuyeletwe ngeenkulungwana ukudlula iphasi. Inyezi yibholo ekulu emamatje nethuli engathumeli ukutjhisa. Inyezi ayinakho ukukhanya okungekwayo. Ifana nesiboniboni esibuyisela ukukhanya kwelanga kithi. Inyanga yincani kunephasi.

Asikhulume

Cocisana nomngani wakho ngokuthi inyanga itjhugutjhuguluka njani ebusukwini bamalanga amahlanu. Begodu ubuyeletele uqale iinthombe. Ingabe inyanga yakho beyibonakala njengalokhu okulandelako?



Inyanga ezeleko



Inyanga elicephe



Inyanga eyihlendla



linkwekwezi

Ilanga:



Asifunde

Ilanga yikwekwezi eseduze nathi. Ezinye iinkwekwezi zikude khulu nathi. Nangekungenzeka ukhambele kizo iinkwekwezi lezi, kungakuthatha iminyaka eminengi khulu ukufika kizo.



Asikhulume

Benye, benye kwekwezana,
Ngiyamangala kobana uyini.
Phezulu ngaphezu kwephasi,
Njengedayimani emkayini.
Benye, benye kwekwezana,
Ngiyamangala kobana uyini!



Asifunde

Ingoma le yatlolwa eminyakeni eminengi eyadlulako. Ngesikhathi leso abantu bebanganalo ilwazi elaneleko ngeenkwekwezi. Namhlanje sinelwazi elinengi.

Abosolwazi ngeenkwekwezi bayo emkayini ngamarokhethi akhethekileko ukuyokufunisa ngelwazi leenkwekwezi. Bathi nabavakatjhele emkayini, bambathe amasudu akhethekileko wemkayini.

Kungebangana lalabo abanesibindi nabahlakaniphileko abazibeka emkayini, sesifunde okunengi ngeenkwekwezi.

Asikhulume



Ingabe yinto ehle na kobana sesifunde okuthileko ngeenkwekwezi? Coca ngalokhu nabangani bakho.



64

Itihemu - 4 - Iimveke - 8

Ukhethekile.

Woke umzimba wakho ukhethekile.

Umzimba wakho ungewakho wedwa!



*Ungavumeli
noyedwa umuntu
akuthinte ezithweni
ezifhlakeleko*

**Kufanele ubike nangabe kukhona umuntu okuthinta
ezithweni zakho ezifhlakeleko.**

**Kufanele ubike nangabe kukhona umuntu
okwenzisa izinto ongafuniko ukuzenza.**

Inomboro ongazidosela ukufunyana isizo:

**Ukubika izehlakalo ezithinta
abentwana: 0800 05 55 55**

**Inomboro yamapholisa yokuqedo
ubulelesi: 086 00 10111**

Inomboro yamapholisa erhabekileko: 10111

Inomboro ephephisa ipilo yabentwana: 0861 322 322

**Inomboro yeYunidi eqalene nokuVikelwa kwabeNtwana:
012 393 2359/2362/2363**



Make a placemat
Cut out the pictures you like and paste them on to the opposite page to make yourself a two-sided placemat. Cover or laminate the placemat with plastic and use it when you eat.





