Kubuyeketiwe futsi kwahlelenjiswa ngekwema-CAPS

Libanga 3



Emakhono eMphilo nge SISWATI

Incwadzi 1
Emathemu 1&2

ISBN 978-1-4315-0282-0

Rainbow WORKBOOKS

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- *Kufundza/ Lulwimi Lwasekhaya Emabanga 1 – 6 (Ngato tonkhe tilwimi letisemtsetfweni)*
- *Tibalo Emabanga 1 – 3 (Ngato tonkhe tilwimi letisemtsetfweni)*
- *Tibalo Emabanga 4 – 9 (NgesiNgisi nesiBhunu)*
- *Emakhono eMphilo Emabanga 1 – 3 (Ngato tonkhe tilwimi letisemtsetfweni)*

LIFE SKILLS IN SISWATI
GRADE 3 – BOOK 1
TERMS 1 & 2
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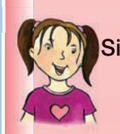
Ithemu 1		likhasi
1	Bungimi	2
2	Sikolo sami	4
3	Konkhe lokuphatselene nami	6
4	Kukhudlwana futsi kudzadlana	8
5	Imivo	10
6	Tintfo lengititsandzako	12
7	Imiva	14
8	Asihlole nje	16
9	Kufundza ngetemphilo	18
10	Kusha	20
11	Kugcina umtimba wami uphephile	22
12	Kutinakekela	24
13	Kugcina umtimba wami uphephile	26
14	Emalungelo nalokumele ukwente	28
15	Emalungelo nalokumele ukwente	30
16a	Tinsuku tenkholo naletinye letibalulekile	32
16b	Ase sibone kutsi sentanjani	33

Ithemu 2		likhasi
17	Imikhuba lemihle yekudla	34
18	Imikhuba yetfu yekudla	36
19	Imikhuba lemihle yekudla	38
20	Kudla kahle	40
21	Tilokatana	42
22	Kabanti ngetilokatana	44
23	Likhaya letilokatana	46
24	Khangisa likhono lakho	48
25	Lisondvo lemphilo	50
26	Tigaba tekuphila	52
27	Silwane mafuywa sami	54
28	Kunakekela indzawo lesihlala kuyo	56
29	Phindza usebentise ngendlela lensha	58
30	Tinsuku tenkholo kanye naletinye letibalulekile	60
31	Tindzawo tekukhontela letehlukene	61
	Sitifiketi	62
	Sichazamagama sami	63













Nkhskt. Angie Motshekga, iNdvuna yeMfundvo yeSisekelo



UMnu. Enver Surty, liphini leNdvuna yeMfundvo yeSisekelo

Letincwadzi tekusebentela tikhicitelwe bantfwana baseNingizimu Afrika ngekuholwa yiNdvuna yeTemfundvo yeSisekelo. Nkhskt Angie Motshekga akanye neLiphini lakhe uMnu Enver Surty.

LeTincwadzi Tekusebentela takaRainbow tiyincenye yemitamo yaleLitiko leTemfundvo yeSisekelo yekutfutfukisa bafundzi baseNingizimu Afrika emabangeni ekucala lasitfupha ekufundza. Njengalomunye wemigomo lehamba embili eLuhlelweni lweKusebenta lwaHulumende, lomsebenti ukhokhelwe ngesihle Silulu seTimali saVelonkhe. Ngenca yalokusekelwa ngetimali, leLitiko leTemfundvo liphumelele kwakha letincwadzi ngato tonkhe letilwimi letisemtsetfweni kulelive.

Siyetsemba kutsi bothishela batatitfola tilusito kakhulu letincwadzi tekusebentela basafundzisa malanga onkhe kute bafundzi bakhone kucedza luhlelo lwabo lwekufundza. Setame, ngekucophelela lokukhulu, kusita thishela kuleyo naleyo ncenye yemsebenti, ngekusebentisa timphawu letititfombe kukhombisa umfundzi loko lokumele akwente.

Siyetsemba bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhula nekufundza; nekutsi bothishela batawutfokota kanye nabo.

Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.

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Libanga 3



Emakhono eMphilo
SISWATI
Incwadzi I



Lencwadzi ya:

1

Bungimi



Asibhale

Ngamunye wetfu wehlukile futsi sonkhe simcoka.
Gcwalisa lomatisi ngawe. Dizayina sitembu saMatisi (ID).
Nase ukwentile loko khombisa umngani wakho likhadi.

Yini lokufanako nalokwehlukile emkhatsini wakho nemngani wakho?



Incwadzi yamatisi

Libito: _____.

Budzala: _____.

Lusuku lwekutalwa:

_____ _____ _____
umnyaka inyanga lilanga

Indzawo lowatalelwa kuyo:

_____

Intfombatana noma umfana:

_____.

Lulwimi lwasekhaya:

_____.

Umbala wetinwele:

_____.

Budze: _____cm

Umbala wemehlo:

_____.

_____
Sayina



Dvweba sitfombe sakho.

Lusuku: .....

Asikhulume

Nyalo cabanga ngemphilo yakho kufika kulesikhatsi.

Ulikhumbula kufika kuphi limuva?

Usalukhumbula nje lusuku lwakho lwekutalwa lwesibili?

Uyakhumbula kutsi wacala nini esikolweni?





Asibhale

Gcwalisa lomugca-sikhatsi ngemphilo yakho.

			
Ngatalwa nga...	Ngacala kukhuluma nga...	Ngacala sikolo nga...	Ngefika ebangeni lesi-3 nga...
inyanga			
umnyaka 20_____	20_____	20_____	20_____

Teacher:
Sign:
Date:



2

Sikolo sami



Asente loku

Thishela wakho utakusita kudvweba umugca-sikhatsi wesikolo sakho. Sesikucalele. Thishela wakho utakutjela lokunye lokwenteka lokumcoka longakwengeta.

Sacala ngamuphi umnyaka sikolo sakho.	Thishelanhloko wefika ngamuphi umnyaka kulesikolo?		



Asibhale

Utsini umlandvo wesikolo sakho? Tfola timphendvulo talemibuto utibhale etikhaleni kukholamu yekucala. Nyalo-ke dvweba titfombe kukhombisa umlandvo.

Savulwa ngamuphi umnyaka sikolo sakho?	Dvweba sitfombe sesikolo sakho.
Bekungubani umphatsisikolo wekucala?	

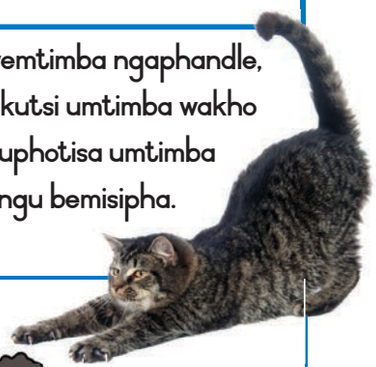
Lusuku: .....

Besitsini sicubulo sesikolo? Ngabe solo sisenjalo nalamuhla?	Dvweba imbeji yesikolo.
Phawula ngentfo lekhetsekile ngesikolo. (Mhlawumbe bekunemfundzi lokhetsekile kumbe intfo letsite leyazuzwa.)	Dvweba sitfombe kukhombisa intfo lekhetsekile ngesikolo.



Phuma

Embi kwekutsi wente noma ngumuphi umshukumo wemtimba ngaphandle, cale telule njengelikati. Loku kutakwenta kube lula kutsi umtimba wakho unyakate. Phindza utenwebe emva kwemshukumo kuphotisa umtimba uthulele. Loku kutakusita kutsi ungahlaselwa buhlungu bemisipha. Nyalo-ke yenta loku lokwentiwa ngulabantfwana.



Thishela utawubita libito lakho akujikele ibhola. Bamba ibhola ingakawi.	
Manje yetama kubamba ibhola ngesikhwama asakujikela umngani wakho.	
Jikela umngani wakho ibhola ubone kutsi angayibamba yini ngesikhwama.	
Telule njengelikati kute uphumule.	



3 Konkhe lokuphatselene nami

Asikhulume

Cabanga ngalokwakujabulisa etikhatsini letengcile, bese utjela umngani wakho ngako kute akwati kancono.



Asente loku

Tjela umngani wakho kutsi lomuntfu wagucuka njani kusukela ebuswaneni ate abe ngumfati.

 luswane	 uyagijima	 umntfwana wesikolo
 litjitji	 mdzala	 logugile

Lusuku: .....



Asikhulume





Sebenta ecenjini. Cambani ingoma kanye nemnyakato wayo. Ecenjini lenu, bhalani emagama alengoma kulesikhala lesingentasi. Nyalo-ke khombisani likilasi kutsi niyihlabela njani ingoma nibe niyidansela futsi.





4

Kukhudlwana futsi kudzadlana



Asikhulume

Khuluma ngekutsi bantfwana labadzala kunawe nebantfu labadzala behluke ngani kuwe.

Bagucuka njani bantfu basakhula?

Ngekuhamba kwesikhatsi bantfu bayaguga. Umbala wetinwele tabo uyagucuka, emaphimbo abo ayagucuka, batfola imisipha kantsi futsi baba nekuhlakanipha.



Asibhale



Ngukuphi kuloku lokulandzelako lokwenta ngendlela leyehlukile kubatali bakho?

	Mine		Batali bami	
Kugijima ungakhatsali.	☺	☹	☺	☹
Kuzuba	☺	☹	☺	☹
Kufundza liphephandzaba.	☺	☹	☺	☹
Kushayela imoto.	☺	☹	☺	☹
Kudlala esihlahleni.	☺	☹	☺	☹

Lusuku: .....

Asihlabele

Asilungele kuhlabela.
Yenta lemisindvo.

Umsindvo lophutfumako njengewe-ambulesi.
Umsindvo loshaya kancane njengemlolotelo.
Umsindvo lontjilotako njengetinyoni tihlabela.
Umsindvo lomkhulu njengewelibhubezi.

Phuma

Ungayigendza ibhola?

Jika ibhola yemphebeto emoyeni bese uyigendza ngetandla totimbili.

Yijike etulu bese ushaya tandla ungakayigendzi.

Yigcumise emhlabeni.

Nyalo-ke yenta indvuku yekudlala usebentisa liphepha leligocowe noma sicu selukhuni. Wusebentise kugcumisa ibhola ibhola phansi.

Manje tenwebe njengelikati.



Teacher:
Sign:
Date:

5

Imiva

Asikhulume

Buka letitfombe bese uyasho kutsi labantfwana beva kunjani.
Wake weva kanje? Gcwalisa kutsi utiva njani umntfwana ngamunye.
Sebentisa lamagama kukusita.

akajabuli	ujabulile	ukhatsatekile	uyesaba
	uyatigcabha	utfukutsele	













Phuma

Dlala umdlalo lomncane webhola yemphebeto utetayete kushaya ibhola ngemalingemuva nelingembili lesandla.



Lusuku: .....



Yini lekwenta ujabule?

Yini leyenta ungajabuli?

Yini lekwenta wesabe?

Yini lekwenta ukwate?





Bhala umbhalo wedayari wangelilanga utivela ujabulile. Chaza lokwenteka kuwe.

Dayari Lotsandzekako

Bhala umbhalo wedayari wangelilanga utivela ujabhile. Shano kutsi kwentekani leyabanga kutsi ujabhe.

Dayari Lotsandzekako

Teacher:

Sign:

Date:

6

Tintfo lengititsandzako

Asibhale Coca ngemisebenti loyijabulela kakhulu. Nyalo yibhale kuletikhala teluhlaka-mcondvo.







LENGIJABULELA KUKWENTA







Lusuku: .....



Asidvwebe

Nyalo sebentisa luhlaka-mcondvo lwakho kubhala indzima ngaloko lojabulela kukwenta nekutsi Kungani uyijabulela lemisebenti.



Lengikujabulela kakhulukati







Asente loku

Sebentisa inhlama yakho yekudlala ubumbe buso lobudzangeme nalobo lobutsakasile.









Asikhulume

Gcwalisa tinhlobo letehlukene temisebenti eluheleni lwekugcina lapha phansi. Nyalo-ke buta bangani labasi-5 kutsi bona batsandza kwentani. Faka umbala ebhulokini li-1 njalo-nje nabatsandza umsebenti lotsite.



5					
4					
3					
2					
1					
	Kuhlabela	Kufundza	Kupenda	Umdlalo	Tibalo





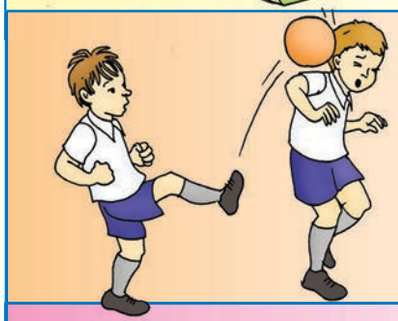
Ngumuphi umsebenti lodvume kakhulukati?



7

Imiva

Asikhulume Buka sitfombe ngasinye bese ukhuluma ngekutsi ungabasita njani labantfwana kwenta lokungiko. Faka luphawu timphendvulo letingito.

	Awukhoni kubuka lapho uya khona!	
	Ha, ncesi! Angikusite sibutse loku!	
	Ekhu! Nayi ibhola yakho.	
	Ekhu! Hamba uyowudlala encenye!	
	Kwami, ngeke utfole lutfo.	
	Wota, asihlephulelane leshokolethi.	

Asibhale Bangani labakahle bentani?





Lusuku: .....

Bhala letinye tintfo leti-4 letentiwa bangani labakahle.





Asikhulume Buka letitfombe. Khuluma ngalokubona kuleso naleso sitfombe bese utsatsa sinye wente umdlalo ngaso. Niketa indzaba yakho siphetfo.






Bhala silinganiso semdlalo. Gcwalisa emagama ebalingisi kukholamu yekucala.



Phuma Zama kwenta letintfo.

- Gijima ugege inkhundla. Nakatsi thishela wakho "gucuka", gucuka ugijime ubheke lapho ubuya khona.
- Gcumisa ibhola uchubekele embili usenta njalo.



Teacher:
Sign:
Date:

8

Asihlole nje



Asibhale

Ase utihlole	✔	✘
Ngingumngani lokahle.		
Ngiyabakhatsalela bangani bami.		
Ngikhombisa bungani kubantfwana labasekilasini lami.		
Bantfwana labanyenti bayangitsandza.		
Nginemoya lomuhle kubantfu.		



Asente loku

Yentela umuntfu lomtsandzako likhadi. Dvweba sitfombe ngephandle bese ubhala umbiko lomcoka ngekhatsi kwelikhadi.





Lusuku: .....



Asibhale Dvweba sitfombe sebangani, noma thishela wakho, noma emalunga emndeni wakho lamcoka kuwe. Bhala emagama abo.



Bantfu labamcoka emphilweni yami



Nyalo-ke bhala uchaze laba bantfu nekutsi kungani babaluleke kangaka.

Teacher:

Sign:

Date:

9 Kufundza ngetemphilo



Asikhulume

Coca ngalokwenteka kulesitfombe.



Wake waba nemmongotiya?

Kufanele wente njani nawuphatfwa ngummongotiya?

Uyati kutsi libhokisi leLusito Lwekucala lesikolo sakho likuphi? Shano kutsi kuphi. Lise

_____

Thulisa.
Kuvamise kubate sizatfu sekwetfuka. Khumbula kungatsintsi ingati yalomunye umuntfu.

Wenta njani nawunemmongotiya

1. Hlala kungatsi uya embili ubhekise inhloko phasi.
2. Bamba imphumulo uyivale imizuzu le-2 uphefumula ngemlomo.
3. Beka intfo lebendzako ngemuva kwentsamo yakho njengelithawula lelimanti noma ematje emakhata lagocotelwe ngelithawula.
4. Ungafinyi emuva kwemmongotiya.
5. Nakungancamuki kopha emuva kwemizuzu le-15, bona dokotela noma nesi.











Lusuku: .....

Kwelapha silondza sekusikeka





Ase sifundze

Singeke siwabone emagciwane ngeliso, kepha akhona yonkhe indzawo. Nakwenteka sitisika kumele sigcine silondza sihlobile kute sivimbe kungena kwemagciwane.

Asikhulume

Chazela bangani bakho kutsi sigezwa njani silondza sekusikeka. Yetfula siboniso kutsi yini lokufute yentiwe.



Indlela yekuvimba kopha esilondzeni sekusikwa

Ungayitsintsi ingati yalomunye umuntfu.

Nawusita lomunye umuntfu, gcoka emagilavu ngaso sonkhe sikhatsi.



Misa kopha ngekuphakamisa indzawo lelimele ngetulu kwenhlitiyo.

Yetama kumisa kopha ngekucindzetela indvwangu lehlobile yekubhandisha esilondzeni.



Nangabe silondza sigubhile sichubeka futsi ngekopha, bona dokotela noma uye emtfolamphilo.

Tfola kutsi nguyiphi inombolo lephutfumako longayishayela. Lucingo: _____



10

Kusha

Ase sifundze

Nawutsintsa intfo leshisako utawusha.
Kumele wente njani umuntfu nakashile?

1. Yakata kusha emantini labandzako imizuzu lalishumi. Loku kusita kutsi sikhumba sibandze.
2. Yembula silondza sekusha. Uma ngabe kwembatsa kunamatsele esilondzeni ungakukhumuli.
3. Yekela silondza sekusha sivulekile ugadze kutsi asiyi embili ngebubi.
4. Nangabe silondza sekusha sigubhile noma singetulu kwentsendze yesandla sakho bona dokotela masinyane.

Phuma

Kwenta umgcumo lomudze.
Tsatsa tintsi letintsatfu noma tincu tentsambo letintsatfu. Emva kwekuzuba emkhatsini wato, tichelise tehlukane umkhatsi lobantana ubone kutsi ungkhona kuzuba umkhatsi lobanti kanganani.



Bekisa kutsi uzube kanganani.

Bona kutsi umngani wakho uzuba ngetulu kwakho yini.





Phuma

Yakha libhala.

Niketanani ematfuba nemngani wakho kutsi nguloyo abe libhala.

Niketanani ematfuba nijikitise indophi khona bangani benu batodlala incatfu.

Lusuku: .....

Asikhulume

Kwentekani kuletitfombe?
Nguyiphi lenye indlela labangasha ngayo bantfu?







Bhala phansi imitsetfo lemcoka kukhunjulwa nawudzinga lusito mayelana naloku:

Kopha umongotiya

Kusikeka



Tilondza tekusha

Teacher:
Sign:
Date:

11 Kugcina umtimba wami uphephile



Asikhulume



Kumele sinake imitimba yetfu.

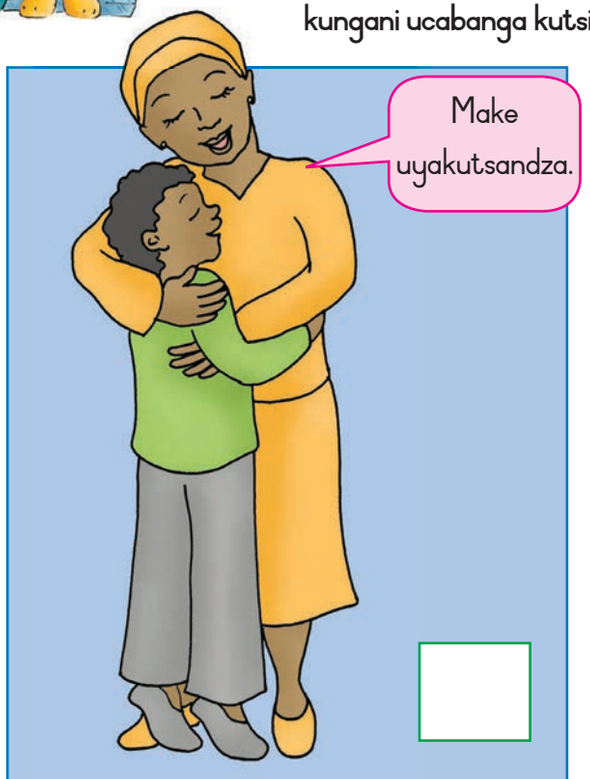
Siva kungatsi singatsi "yebo" nakunentfo lesiyitsandzako kani sifuna ichubeke.

Siva kungatsi singatsi "cha" nakunentfo lesenta singasimami kani sifuna ingachubeki.



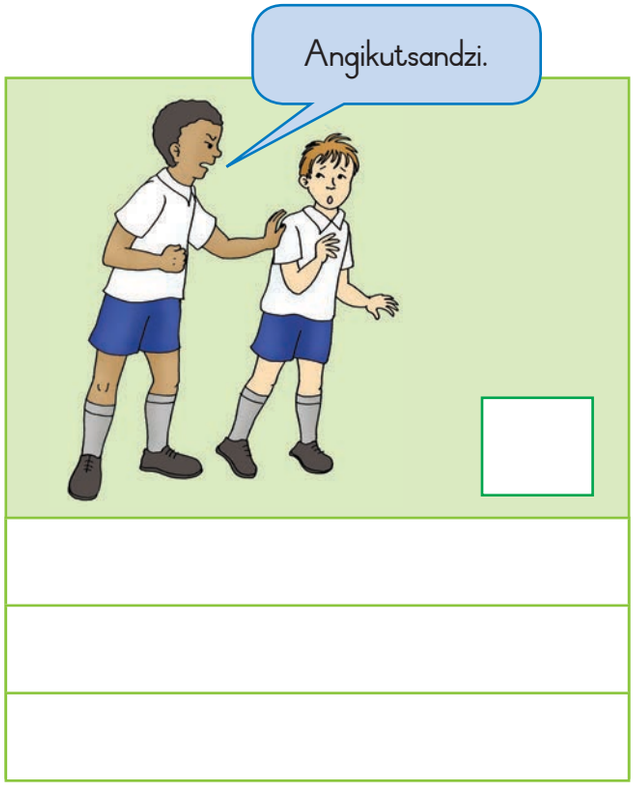
Asibhale

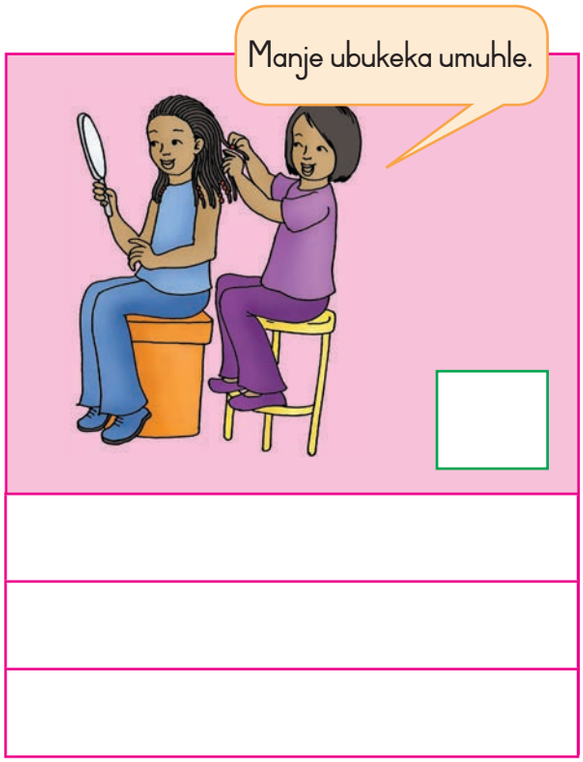
Faka luphawu ☐ uma sitfombe sikhombisa umsebenti lophephile noma ufake luphawu ☐ uma kukhonjiswa umsebenti longakaphephi. Nyalo-ke bhala umusho ngaphasi kwesitfombe ngasinye kusho kutsi kungani ucabanga kutsi kuphephile noma akukaphephi.





Lusuku: .....





Tsani cha

Akusilula kutsi "cha", kepha kumele utsi "cha" nakukhona lokwenta ungahlaliseki.

Uma umuntfu akwenta ucabange kutsi "cha" kani futsi ukwenta ungahlaliseki, bikela umuntfu lomdzala lometsembako.



Asibhale Khetsa bantfu la-3 longabetsemba ubachazeke kutsi kungani ubetsemba.



Bhala phansi kutsi ungasibika kanjani sigameko lesibi kumuntfu lometsembako.

Teacher:

Sign:

Date:

12

Kutinakekela

Asikhulume

Bukisisa letitfombe. Ungayicoca lendzaba?
Gcwalisa emagwebu-nkhulumo.











Asikhulume

Cocisanani kutsi intfombatana yeva njani, yentani nekutsi wena ungentani nawungaba sesimeni lesifana nalesi.

Lusuku: .....

Asibhale

Bhala phasi imitsetfo yekuphepha lesihlanu.
Ucale umtsetfo ngamunye ngekutsi:

Bantfwana akumele ba...



Asente loku

Yakha simbonya-buso kukhombisa umuvo.

Khetsa kutsi ufuna simbonya-buso sakho sisho umuvo lotsini.



Dvweba umuvo ephepheni.

Juba kahle sitfombe.

Kupuluta emehlo.

Hlobisa sitfombe ngemibala loyitsandzako.

Phuma

Lungela umcudzelwano.

Guca ulungele kugijima.

Lalela thishela wakho nakatsi:

"Enjobeni! Lunga! Hamba!"

Chubeka wente sihibe endleleni.





Teacher:
Sign:
Date:

13 Kugcina umtimba wami uphephile



Asikhulume

Sonkhe sinensayeya yekugcina imitimba yetfu iphilile.
Bentani labantfwana lokulungele imitimba yabo?






Nguyiphi imikhuba lemibi leyentiwa bantfu?

Bewati nje kutsi kubhema akuwulungeli umtimba wakho?

Bewati nje kutsi nangabe umuntfu abhema eceleni kwakho akuwulungeli umtimba wakho?

Kubhema kuwulimata njani umtimba wakho?



Asibhale

Faka luphawu (✔) kumusho ngamunye noma ufake siphambano (✘) kukhombisa kutsi umusho uliciniso noma ungemanga.

	Sikilidi unambitseka kahle.
	Uma ngihlala edvute nemuntfu lobhemako ngingalimata umtimba wami.
	Kubhema kungenta ematinyo akho abe mtfubi.
	Kubhema kubanga tifo temlomo.
	Ungaba nekukhwehlela lokubi nawubhema.
	Kubhema kungabanga umdlavuza.

Lusuku: .....



Imitsetfo yemphilo



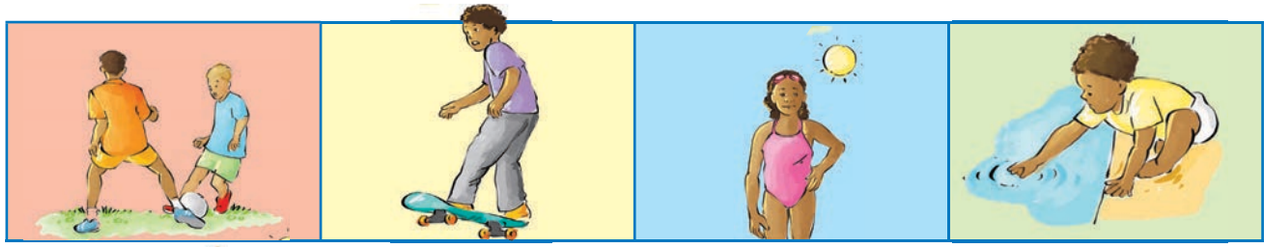
Kufanele ngicubhe ematinyo ami emva kwekudla noma embi kwekutsi ngiyowulala. Kumele ngikame tinwele tami ngingakayi esikolweni. Kumele ngigeze tingalo tami emuva kwekudlala esihlabatsini. Kufanele ngigcine tingalo tami titimfisha futsi tihlobile.
Kumele ngigeze tandla nangibuya emthoyi.
Kumele ngilahle ithishu emgconyeni wetibi. Kufanele ngigeze tami nangibuya emthoyi nasembi kwekutsi ngitsintse kudla.



Asitijabulise

Kumele bagcoke ini kute baphephe? Condzanisa titfombe ngekudvweba umugca kulula esitfombeni lesisemgceni longenhla kuye esitfombeni lesisemgceni longentasi lesihambisana naso.
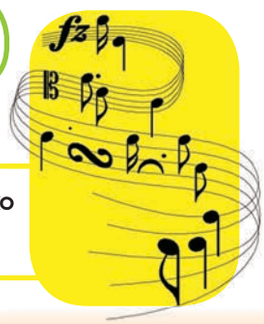






Asitijabulise



Shukuma udlale umdlalo lomncane wekhilikitsi.



Thishela wakho utawudlala ingoma. Lalela lengoma emva kwaloko bese wenta sigi sengoma ngetingalao edesikini lakho.



Emalungelo nalokumele ukwente

Asifundze

Kulesinye sikhatsi bantfwana kufanele basite imindeni yabo ngemsebenti lotsite.

Bantfwana akumele basebente ngelizinga lelilingana nelalabadzala.

Bantfwana bafanele batfole litfuba lekudlala nelekuya esikolweni.



Bukisisa letitfombe. Faka luphawu (✔) emisebentini lefanele bantfwana. Nyalo-ke bhala umusho ngaphasi kwesitfombe ngasinye kusho kutsi Kungani ucabanga kutsi ubafanele noma awukabafaneli bantfwana.

 Ana utsengisa tibhidvo lilanga lonkhe ngako akakhoni kuya esikolweni.	 Emuva kwesikolo, Lisa unisela tibhidvo engadzeni.

Lusuku: .....

 ☐ Peter utfutsa titini ngoba usebentela umakhi.	 ☐ BoJabu naBongi basita kugeza titja.



Asikhulume



Nguyiphi imisebenti loyenta ekhaya?

Nguyiphi imisebenti loyenta esikolweni kusita thishela?

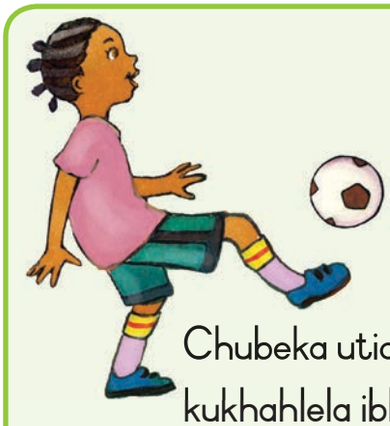


Phuma

Yentani umdlalo-mnyakato ngemisebenti leyehlukene. Licembu lenu kufute licagele kutsi misebenti mini lena leniyentako.

Bophelani imilente yenu ndzawonye nigijime.





Chubeka uticeceshe kukhahlela ibhola yetinyawo ubone kutsi ungayikhahlela libanga lelidze kanganani.



Emalungelo nalokumele ukwente

Asikhulume

Tjela umngani wakho kutsi labantfwana bephula miphi imitsetfo.

Nguleso sikolo sinemitsetfo kute sisebente kahle. Nelikilasi ngalinye linemitsetfo lokumele liyilandzele.



Lusuku: .....



Asibhale Bhala imitsetfo le-4 yeliklasi lakho.









Asikhulume Fundza lamalungelo nalokufanele kwentiwe bese ucoca nemngani wakho ngekutsi kukunye kushoni.

UMTFWALO LOBUKENE NALABASHA BÈNINGIZIMU AFRIKA

Kulingana	Sitfunti sebuntfu	Imphilo	Umndeni
Phatsa wonkhe muntfu ngekulingana nebulungiswa. Musa kubandlulula.	Hlonipha wonkhe umuntfu. Yiba nemusa unakekele.	Yonkhe imphilo iligugu. Phatsa konkhe lokunemphilo ngenhlonipho.	Yatisa uhloniphe batali bakho. Yiba nemusa wetsembeke emndenini.
Imfundvo	**Kusebenta**	**Inkhululeko nekuvikeleka**	**Imphahla**
Ngena sikolo, fundza usebente ngekutikhandla. Yilandzele ngco, imitsetfo yesikolo.	Sita umndeni wakho kwenta umsebenti wekhaya. Bantfwana abasucindzetelwa kutfola litoho.	Musa kuvisa buhlungu, uchwachwate kumbe wesabise labanye, futsi ungabavumeli labanye bente loko. Sombulula tincabano ngekuthula.	Hlonipha imphahla yalabanye. Musa kulimata takhiwo, futsi ungebi.
Inkholelo, Inkholo, neMbono	**Kuphepha**	**Kuba sakhamuti**	**Inkhululeko yekutetfula imiva**
Hlonipha tinkholelo nemibono yalabanye.	Nakekela umhlaba. Musa kusaphata emanti nagezi. Nakekela imphilo yetilwane neyalokuhlumako. Gcina likhaya nemmango wakho kuhlobile futsi kuphephile.	Yiba sakhamuti saseNingizimu Afrika lesilungile nalesetsembekile. Tfobela imitsetfo, ucinisekise kutsi nalabanye benta njalo.	Musa kuceketsa emanga nenzondo. Cinisekisa kutsi labanye abetfukwa kumbe imiva yabo kayihlukubeteki.



Tinsuku tenkholo naletinye letibalulekile

Asikhulume

Khetsa inkholelo yinye kuleti. Phenya kabanti ngayo. Lungisa setfulo lotasentela likilasi. Yetama kuta netincwadzi noma titfombe tekusekela setfulo sakho.



BuHindu



BuMozilemu



BuJuda



BuKhrestu

Kumele sihloniphe bantfu bato tonkhe tinkholo.

Nguyiphi inkholo yakho? _____

Inkholo yemngani wakho lomkhulu nguyiphi? _____

Lusuku: .....

Ase sibone kutsi sentanjani



Asibhale Gcwalisa lelikhadi ngawe.

Libito lami _____

Sibongo sami _____

Lusuku lwami lwekutalwa _____

Libanga lengilifundzako _____

Sikolo sami _____

Inombolo yami yelucingo _____

Ikheli yami _____

_____

_____

_____

Inombolo yembiko lophutfumako _____

Umdlalo lengiwutsandza kakhulu _____

Umbala lengiwutsandza kakhulu _____

Umngani wami lomkhulu _____

Yini lokungenta ngijabule _____

Yini lokungenta ngingajabuli _____

Yini lokungenta ngitfukutsele _____

Lengikwati kukwenta kahle _____

Teacher:

Sign:

Date:

Imikhuba lemihle yekudla

Asikhulume

Buka ngalinye lemacembu ekudla bese ucoca nemngani wakho ngekutsi:
Licembu ngalinye linakudla kuni?
Licembu lekudla ngalinye limcoka ngani?

Emaphrotheni

Emaphrotheni ahlumisa emasotja lamasha kute imitimba yetfu ikhule.





Emavithamini

Emavithamini netakhamtimba asita imitimba yetfu kulwa netifo nekutsi ihlale iphilile.



Phuma

Cela thishela wakho akukhombise kutsi umdlalo lotsi "lucingo lolwephukile" udlalwa njani. Emva kwaloko ticeceshe kujika ibhola.

Lusuku: .....

Tinikamandla

Lokudla loku kucinisa emtsambo.





Kudla lokwentiwe ngelubisi

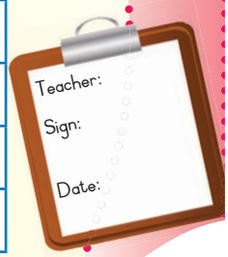
Kudla lokwentiwe ngelubisi kucinisa ematsambo, kakhulukati uma sisebancane nematsambo etfu asakhula.



Asibhale

Yenta luhla lwentinhlobo tekudla lokudle utolo. Kukholamu yekugcina, shano kutsi ngabe lokudla kuyiphrotheni, yikhabhohadrethi, sitetselo noma tibhidvo.

Kudla lengikudle itolo	Luhlobo lwekudla



18

Imikhuba yetfu yekudla



Asikhulume

Buta bangani bakho labane kutsi batsandza kudla ini. Buka letinhlobo tekudla letehlukene bese nawukutsandza lokudla fakab (✔) ufake siphambano (✘) nangabe ungakutsandzi.

Gcwalisa emabito ebangani bakho.





Asibhale

Buka lelithebula loligcwalisile bese uphendvula imibuto.

Ngukuphi kudla bangani bakho labakutsandza kancane.
Ucabanga kutsi bangani bakho banemikhuba lekahle yekudla?
Yini ucabange kanjalo?



Asitijabulise

Cela thishela wenu anikhombise kutsi udlalwa njani umdlalo welucingo lolwephukile.



Lusuku: .....

Asibhale

Yakha luhla lwato tonkhe tinhlobo tekudla lokumele sikudle ngawo onkhe emalanga.

Kufute sigweme ini?

Luswayi lolunyenti ngoba lungasidalela umfutfo-ngati lophakeme nase sikhulile.

Shukela lomnyenti ngoba angasidalela sii sashukela nase sikhulile.

Shukela lomnyenti ubuye abange bududla.

Kunatsa tinatfo letinashukela lomnyenti, emakheke nemaswidi lamanyent.



Asibhale

Bhala indlela yekupheka yekudla lokutsandza kakhulu.

Indlela yekhupheka _____

Ngidzinga tiphi titsako tekudla?	
Nguyiphi indlela yekupheka lokufanele ngiyilandzele?	

Teacher:

Sign:

Date:

19

Imikhuba lemihle yekudla



Asibhale

BoThabo naNomsa baya eSunshine Café. Bafuna kutsenga kudla kwekupheka kusihlwa. Basite kwakha luhla lwekudla loluhle lwalokutawudliwa.





Phuma

Niketanani ematfuba nishaye indophu kute umngani wakho atowudlala incatfu.



Lusuku: .....

Asibhale

Bhala tintfo labatatitsenga nentsengo yato kuloluhla lwekutsenga ngentasi.
Babhadale malini boThabo naNomsa ekudleni labakutsengile?

LUHLA LWEKUTSENGA	INTSENGO



Asibhale

Imikhuba yakho yekudla inemphilo kanganani?
Faka umbala esitfombeni lesimamatsekako eceleni kwemikhuba yekudla lenemphilo.

Imikhuba yami yekudla	Yebo	Cha
Ngivame kudla ngibuka mabonakudze.	☺	☹
Ngiyatitsandza titselo netibhidvo.	☺	☹
Ngitsandza kudla lokunemafutsa njengemashibusi.	☺	☹
Angiwatsandzi emanti, ngitsandza kunatsa tinatfo letibandzako.	☺	☹
Angitidli tibhidvo.	☺	☹
Ngikuhlafuna kahle kudla kwami.	☺	☹
Ngidla kudla kwekusukusula ngingakayi esikolweni.	☺	☹

Bala buso lobumamatsekako lokufake umbala. _____

Teacher:
Sign:
Date:

20

Kudla kahle



Asente loku

Dvweba noma unameke titfombe letikhombisa kudla lokunemphilo.

Lusuku: .....

Asifundze

Imitsetfo yekudla kahle

Geza tandla ngaso sonkhe sikhatsi ungakatsintsi kudla.

Ungashiyi kudla kungakambonywa.

Ungakudli kudla lokudzala noma lokubolile.

Sebentisa emacembe etibhidvo kwakha umcuba wasengadzeni.

Lima tibhidvo takho.



Asente loku Dvweba sitfombe kukhombisa munye walemitsetfo.

Teacher:

Sign:

Date:

21

Tilokatana

Asikhulume Khuluma ngeticu temtimba letehlukene tetilokatana.

Tilokatana tineticu temtimba letintsatfu:
sicu sangetulu, sasemkhatsini nesangentasi.

Futsi tinemilente lesitfupha netimphondvo letimbili tekuhogela.



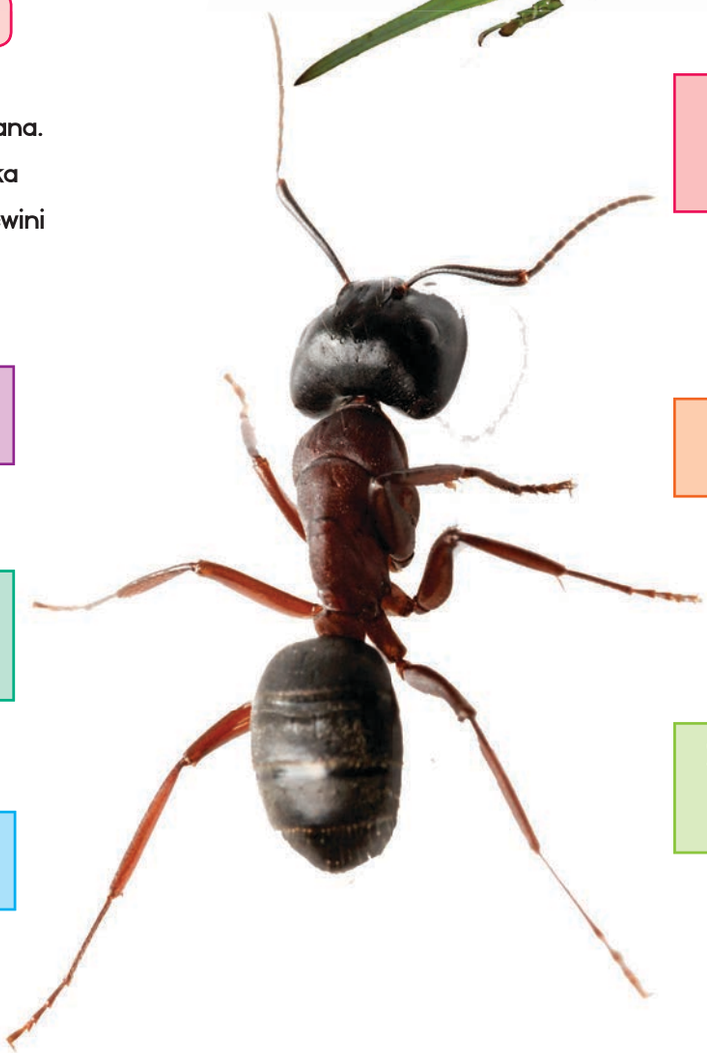
Asente loku

Faka ilebuli kulesilokatana. Dvweba umugca kusuka kuyinye ilebuli uye esicwini semtimba lesingiso.

Inhloko

Sicu semtimba lesingetulu

Umlente



Luphondvo lwekuhogela

Liso

Sicu semtimba lesingephasi

Phuma Yenta umsindvo lobhuza njengetinyosi, ndiza njengeluvivane bese uzuba njengentsetse. Nyalo-ke sewulungele umdlalo webhola letinyawo!

Lusuku: .....



Asibhale

Dvweba umugca ucatsanise libito nesilokatana lesifanele.
Shano kutsi ngutiphi tilokatana letiluhlupho kantsi futsi ngutiphi letilusito kitsi.









Inyosi
Imbuzulwane
Imphungane
Intfutfwane
Intsetse
Luvivane
Libhungane
Luvivane sihlava











Asibhale

Manje gcwalisa emagama lashiyiwe.

_____ yakha luju.

_____ itselisa timbali.

_____ yandzisa sifo samalaleveva.

_____ yandzisa tifo.

_____ ludla tilimo tebalimi.



Teacher:

Sign:

Date:

22 Kabanti ngetilokatana

Asikhulume Buka letitfombe bese utjela umngani wakho kutsi kungani tinyosi tibe lusito kitsi.

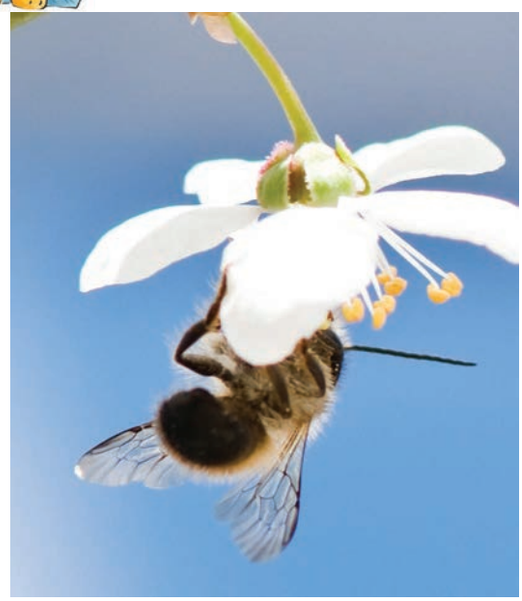


Tinyosi titfutsa vololo. Loku kusita kutsi titselo tikhule.



Tinyosi takha luju.

Asibhale Bhala libito lesilokatana ngasinye esikhaleni lesiniketiwe.



_____ imunya inovi embalini.



_____ sinemilente lecinile yekuzuba.

Lusuku: .....



_____ tisebentisa timphondvo tato tekuhogela kukhuluma naletinye.



_____ lutfutsa vololo lumuyise kuleso naleso sihlahla.



_____ yandzisa emagciwane.



Asente loku

Yenta silokatana sihambe.

- Juba silokatana ekhasini lekujuba.
- Tilengise ngekhothenga.



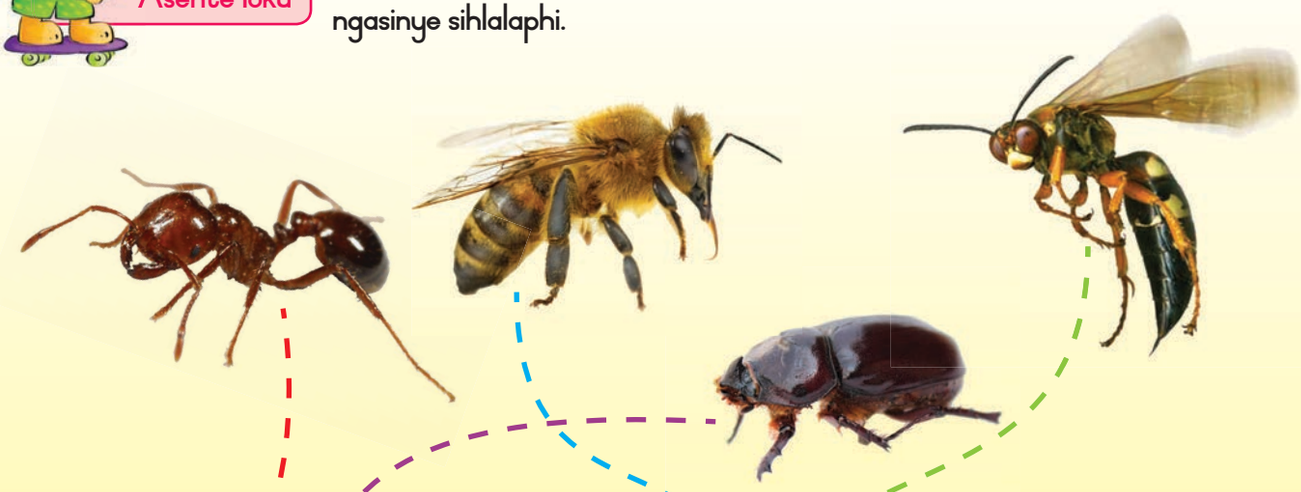
Teacher:
Sign:
Date:

23

Likhaya letilokatana

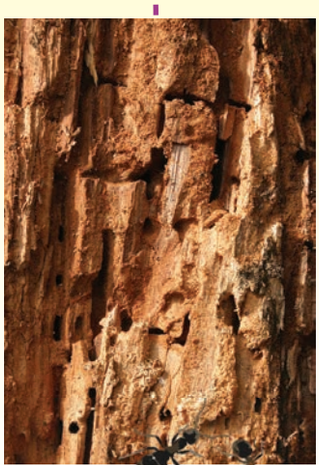
Asente loku

Landzela umkhondvo wentsambo utfole kutsi silokatana ngasinye sihlalaphi.













Lusuku: .....



Asente loku

Buka emagcekeni esikolo ubone kutsi tingakhi tilokatana letehlukene longatitfola.





Asibhale



Ngutiphi tilokatana lotibone ngephandle? Khetsa sinye bese ubhala libito laso lapha.

Sidla kudla kuni lesilokatana?



Silokatana sakho sihamba kancane noma ngekushesha?

Silokatana sakho silusito yini? Ukusho ngani loko?

Siyingoti ngani silokatana sakho? Yini longayenta nasikulimata?



Asitijabulise

Dvweba sakho silokatane usetse ligama.

Teacher:

Sign:

Date:

24 Khangisa likhono lakho

Asente loku

Yakha lwakho luvivane

Udzinga: Liphepha i-A4
Emakhilayoni emtfofu
Sikelo
Iglu
Lokuhlobisa liphayiphi
Sigwabugwabu seliphepha lasemthoyi



Dvweba luvivane, ukhombise imilente yalo lemidze, umtimba loncama netimphiko letimbili. Hlobisa timphiko teluvivane ngemaphethini emibala leyehlukene. Wente siciniseko kutsi timphiko tiyafanana. Juba luvivane kahle. Namatsisela umtimba walo esigwabugwabini seliphepha lasemthoyi. Manje goba kwekugeza liphayiphi emkhatsini ukusebentise kwakha kwekuhogela kweluvivane. Kunamatsisele enhloko yeluvivane.



Lusuku: .....



Phuma Ase wetame kudlala lemidlalo.



Siteshi 1:

Ibhola: Zubisa ibhola usagijima ngendlela lemazengezenge.



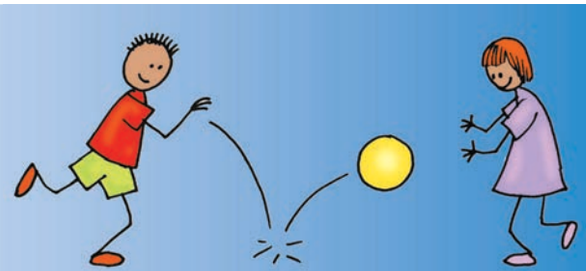
Siteshi 2:

Ihokhi: Sebentisa intfonga yehokhi kushaya ibhola iye enethini.



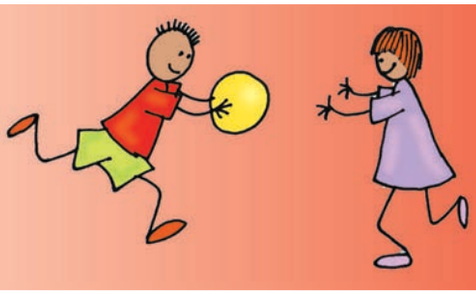
Siteshi 3:

Ibhola yetandla: Gcumisa ibhola iye kumngani wakho usagijima.



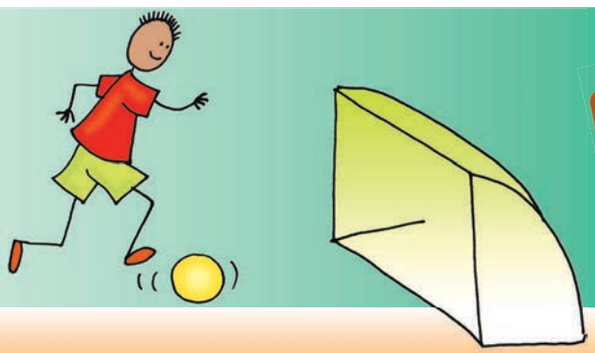
Siteshi 4:

Ibhola yembhoco: Gijima nebhola uyijikele lomunye.



Siteshi 5:

Ibhola yetinyawo: Dribula ibhola iye ngasenethini.



25

Lisondvo lemphilo

Lisondvo-mphilo likhombisa tigaba letehlukene tekutfutfuka. Letigaba tilandzela luhlelo lolutste. Bukisisa lelisonvo-mphilo lesicoco neleluvivane bese ucoca ngetigaba letehlukene.

Imphilo lisondvo yesicoco





Asikhulume Buka letitfombe bese ucoca nemngani wakho ngekutsi sicoco sigucuka njani sisahamba ngelisondvo laso lemphilo.

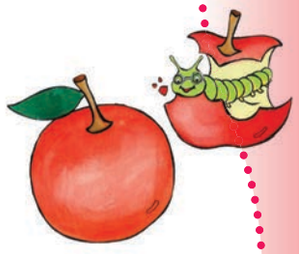
1. Ticoco letimbili tiyahlangana kute takhe emacandza.
2. Sicoco sesifazane sitalela emacandza.
3. Imidlonja ichamuselwa emacandzeni. Umdlonja unemphimbo wekuphefumula nemsila lofana newenhlanti.
4. Umdlonja uhluma imilente.
5. Umsila uyanyamalala.
6. Sicoco lesikhulile lesesinemaphaphu sesilahle umphimbo wekuphefumula.

Lusuku: .....



Asente loku

Nyalo bukisisa lelisondvo-mphilo leluvivane.
Gcawilisa loko lokwentekako emkhakheni ngamunye welisondvo-mphilo. Sikusitile ngemikhakha lemibili.



Lisondvo lemphilo





1 Luvivane lutalelela emacandza.

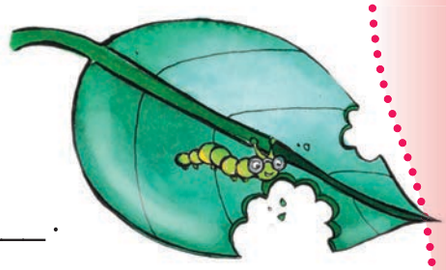
2 _____.

3 _____.

4 _____.

5 Sibungu sidala umbungu.

6 _____.









Teacher:
Sign:
Date:

26

Tigaba tekuphila

Asikhulume

Buka letitfombe bese ucoca nemngani wakho ngetigaba temphilo yenkhukhu. Sale ubhala lokwenteka emkhakheni ngamunye.

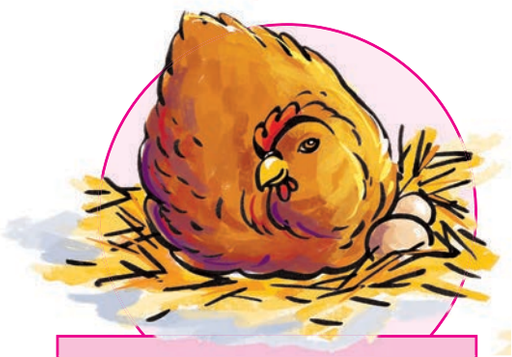
Tigaba temphilo yenkhukhu

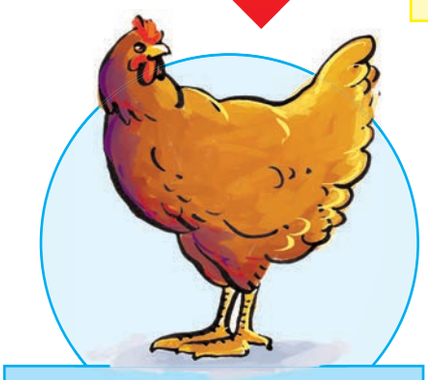
















Lusuku: .....



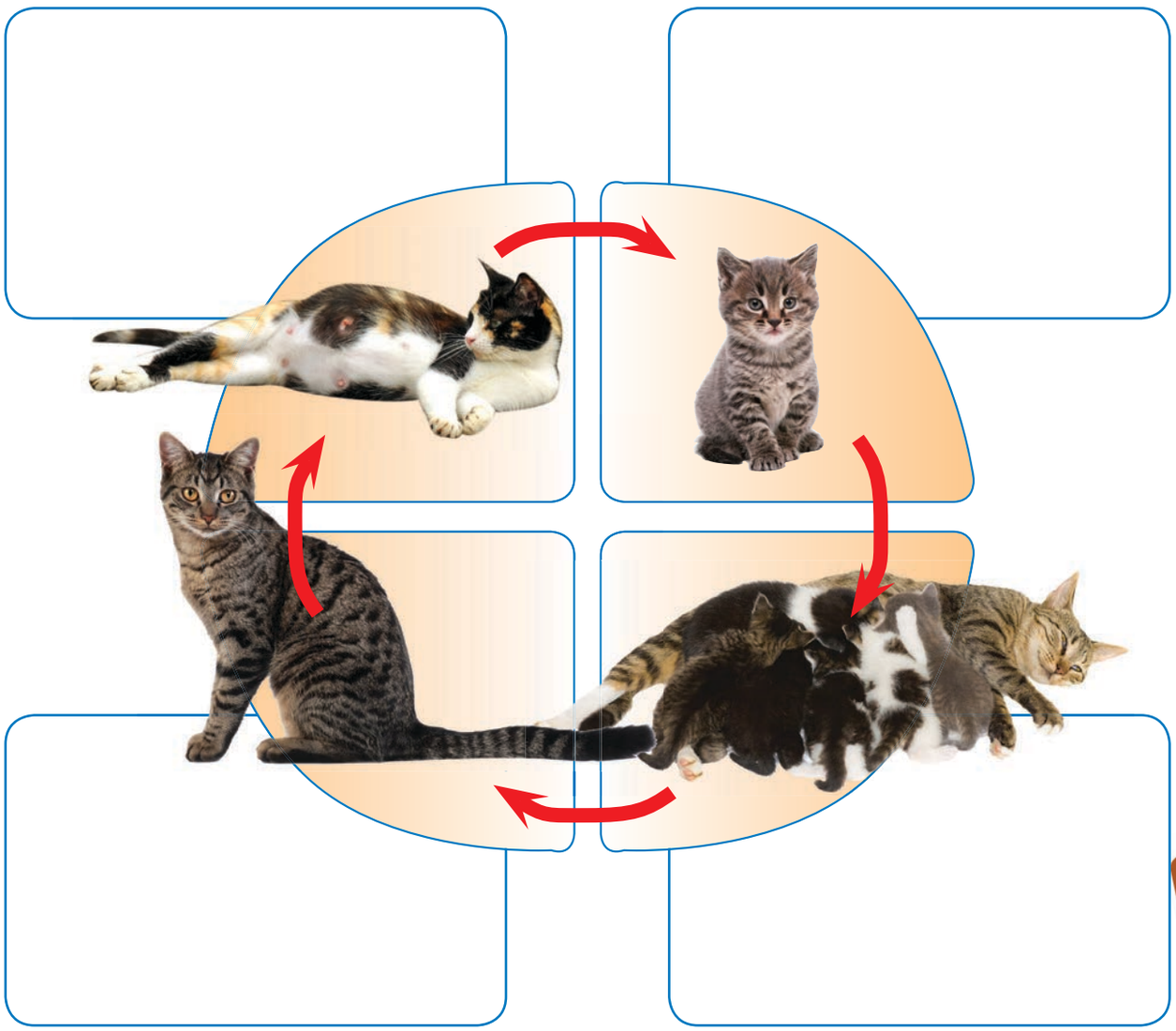
Asente loku

Manje akha tigaba temphilo yakho. Faka ilebuli esitfombeni ngasinye kulelisondvo-ndzaba kutjengisa tigaba temphilo yelikati.
Sebentisa letihloko letingephasi kukusita.

Nika letigaba tinombolo 1 kuya ku 4 bese utisebentisa kulelisondvo-ndzaba lakho.

	Likatana liyatalwa.		Likati liba lidzala.
	Make welikati utetfwala emaviki layi-9.		Make welikati umunyisa likatana.

Tigaba temphilo yakati





27 Silwane mafuywa sami

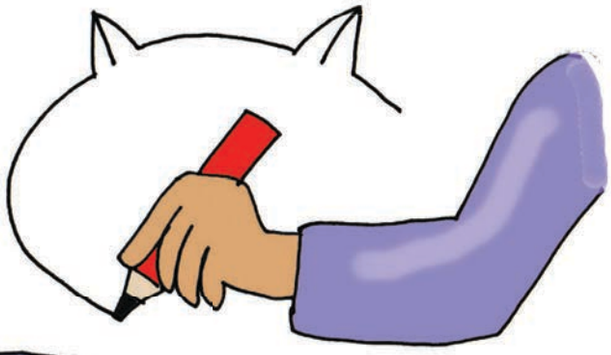
Asente loku

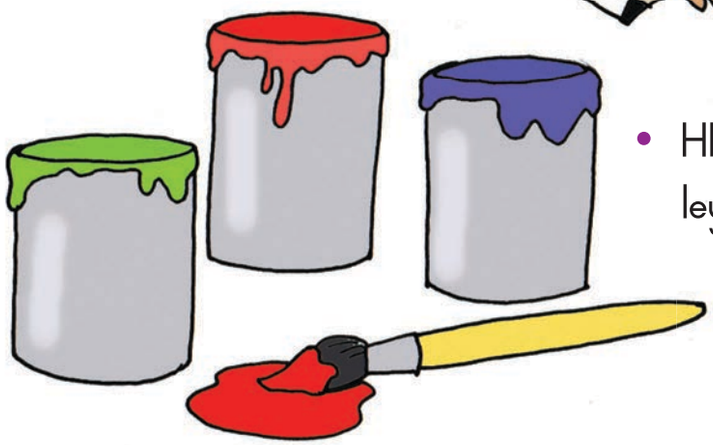
Yakha simbonyabuso sesilwane mafuywa.



Udzinga: Liphepha i-A4
Ipeniseli
Pendi loyimphuphu nemanti
Kotini wekukhipa tigonagona endlebeni

- Dvweba simo sebuso belikati ephepheni.

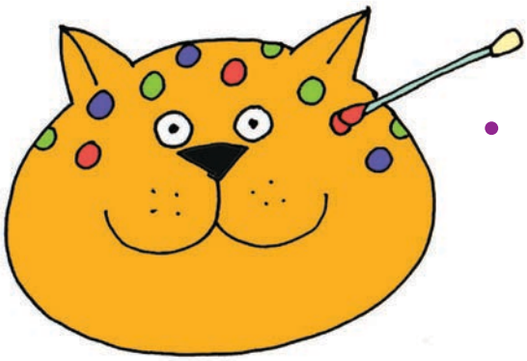




- Hlanganisa pendi wakhe imibala leyehlukene ibe mitsatfu.



- Sebentisa kotini wetigonagona kulowo nalowo mbala.



- Yakha emacashata lehlukene ngembala kuhlobisa buso bakati.



Lusuku: .....



Asikhulume

Cocela umngani wakho ngesilwane mafuywa sakho noma salomunye umuntfu lomatiko. Shano kutsi udzingani kunakekela likati lakho.





Asente loku

Dvweba tintfo le-4 lotidzinga kunakekela likati lakho. Bhala umlayeto ngephasi kwesitfombe.

Teacher:

Sign:

Date:

Kunakekela indzawo lesihlala kuyo



Asikhulume

Buka lamaphosita bese ucoca nemngani wakho ngaloko lasitjela kona.



Buka umdvwebo-mgomo (logo) wekusebentisa lokudzala ngendlela lensha. Uke wawubona kuphi lomdvwebo-mgomo?

Sisebentise ngendlela lensha tsine!





Phuma

Ungawenta umdanso usebentisa emahuphu nemaribhoni?



Lusuku: .....

Asifundze

Singayigcina njani imvelo ihlobile?

Asikhumbule letinhlavu **NPN**.

Nciphisa: Asinciphise kulahla tibi ngebudlabha.

Phindza usebentise: Phindza usebentise tintfo kanyenti ungakatilahli.

Ngalenye indlela: Asitfole letinye tindlela tekusebentisa liphepha, emabhodlela netikotela.

Asibhale

Kulelithebula ngentasi, bhala emabito etintfo letingaphindze tisebente ngalenye indlela. Sikucalele luhla ngalunye.



Sebentisa ingilazi ngendlela lenye	Sebentisa lipulasitiki ngendlela lenye	Sebentisa liphepha ngendlela lenye	Yakha umcuba wengadze
Emabhodlela lamadzala	Tikhwama temapulasitiki	Emaphephandzaba	Emacembe etibhidvo

Teacher:
Sign:
Date:

29

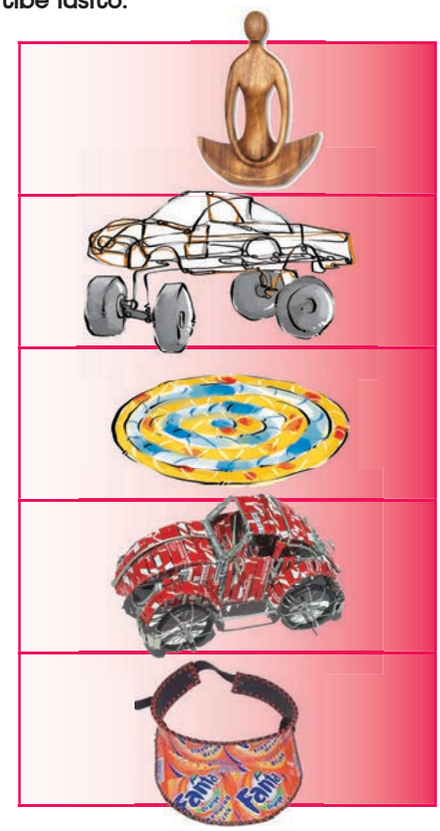
Phindza usebentise ngendlela lensha



Asibhale

Dvweba umugca usuke kuyinye intfo ngesancele uye kulenye ngesekudla kukhomba kutsi tingasetjentiswa njani kutsi tibe lusito.





Nyalo dizayina ulebule lokutsite longakwenta ngekuphindze usebentise tintfo lese tisebentile.

Ligama lentfo
Yakhiwe isuselwa ku

Dvweba sitfombe sentfo yakho.

Lusuku: .....



Asibhale

Cabanga ngetintfo letingakha umcuba wengadze lokahle. Bhala ligama ngalinye kulawa lalandzelako eluhlwini lolufanele. Cabanga ngetintfo tekhomposi yakho utihlele kuletinhlu.

tikhwama temapulastiki

emacembe etibhidvo

tipikili

tikotela tetinatfo

tingebhuta temacandza

Tintfo letingaboli	Tintfo letibolako



Asente loku

Yakha umdvwebo sitfombe lokhombisa kutsi kumele ungalahli kabi tibi. Dvweba sitfombe ubese ubhala umbiko.

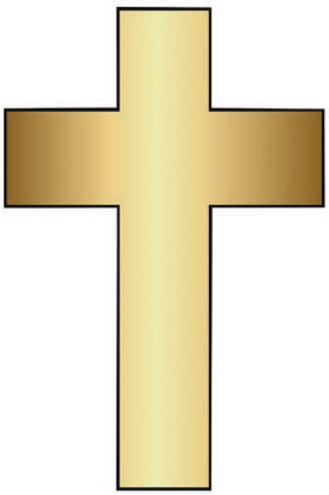


30 Tinsuku tenkholo kanye naletinye letibalulekile



Asikhulume

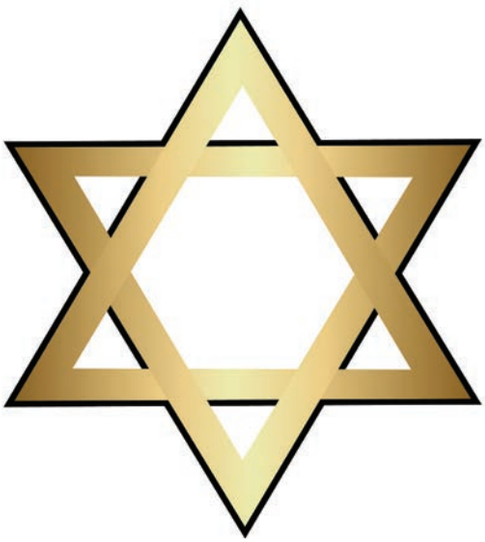
Coca nemngani wakho kutsi ngutiphi tinkholo letisebentisa letimphawu. Shano kutsi yakho inkholo nguyiphi. Uma ungaluboni luphawu lwenkholo yakho ludvwebe.



Siphambano luphawu lwenkholo yebuKhrestu.



Lucetu lwenyeti nenkhanyeti luphawu lwenkholo yemaMozilemu.



Luphawu lwenkholo yebuJuda Yinkhanyeti yaDavide. Inkhosi Davide bekuyinkhosi yaka-Izrayeli.



Luphawu lwesiHindu lubhalwa ngesiSankrithi lesidzala lokululwimi lwaseNdiya.

Lusuku: .....

Tindzawo tekukhontela letehlukene

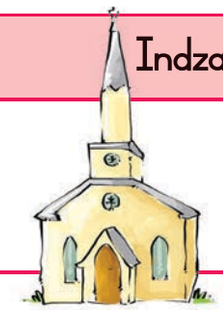


Asente loku

Dvweba umugca uhlanganise inkholo nendzawo yayo yekukhontela.
Bhala libito lendzawo ngephasi kwesitfombe ngasinye.

liThempeli	iSinagogi	iMoski	liSontfo

Inkholo
BuMozilemu
BuHindu
BuKhrestu
BuJuda

Indzawo yekukhontela







Asente loku

Buta bangani bakho laba-4 kutsi nguluphi luphawu lwenkholo yabo.
Lubhale eceleni kwemagama abo.

Libito lemngani wakho	Luphawu lwenkholo yakhe

Teacher:
Sign:
Date:



SITIFIKETI

Sekucedza Libanga 3

Incwadzi yeMakhono eMphilo 1

siklonyeliswe

_____

Gcwalisa ligama lakho.

Lusuku _____

Thishela _____

Sichazamagama sami



Sichazamagama sami



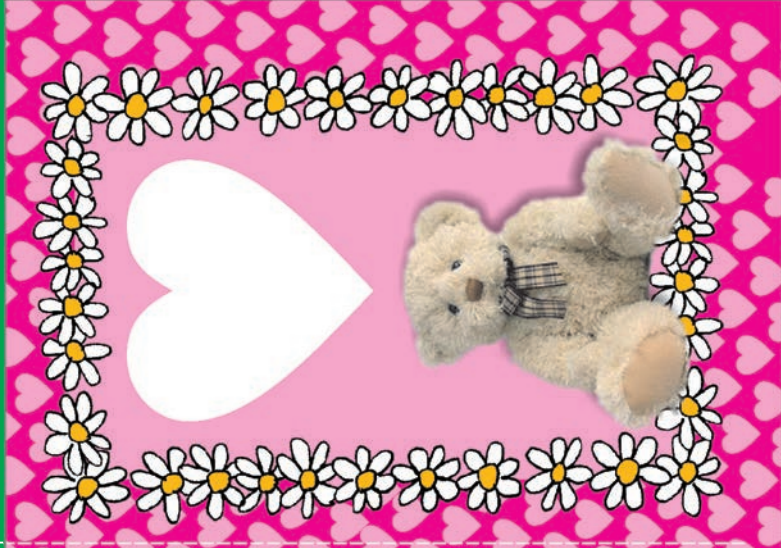


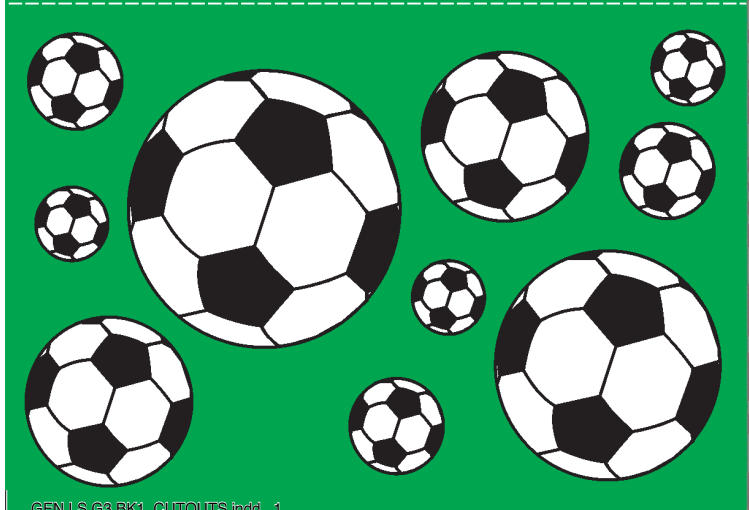

Get well soon





















P. 45

