

Yo vusuludzwa,  
i tevheda CAPS

# Gireidi ya

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Rainbow  
WORKBOOKS

LIFESKILLS IN TSHIVENDA  
GRADE 1 – BOOK 1  
TERMS 1 & 2  
ISBN 978-1-4315-0239-4  
8th Edition  
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Bugu dza u shumela dzi re kha tselano iyi:

- Litheresi ya Luambo lwa Hayani Gireidi 1–6  
(Nga nyambo dzothe dza tshiofisi)
- Mbalo Gireidi 1–3  
(Nga nyambo dzothe dza tshiofisi)
- Mbalo Gireidi 4–9  
(Luisimane na Afrikaans)
- Zwikili zwa Vhutshilo Gireidi 1–3  
(Nga nyambo dzothe dza tshiofisi)



## Zwikili zwa Vhutshilo nga Tshivenda

Bugu ya 1  
Themo 1&2



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Kilasi:



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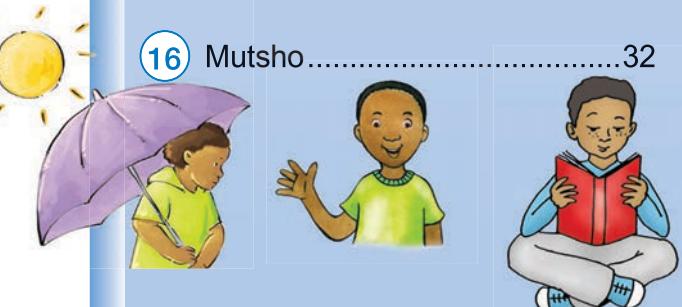
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Vho Angie Motshetka  
Minista wa Muhasho wa Pfunzo ya Muteo



Vho Enver Surty  
Muthusaminista wa Pfunzo ya Muteo

Bugu idzi dzo iñwalelwa vhana vha Afrika Tshipembe, mushumo wa hone wo rangiwa phanda nga Minista wa Pfunzo ya Muteo. Vho Angie Motshetka na Muthusaminista wa Pfunzo ya Muteo. Vho Enver Surty.

Bugu dza mishumo dza Rainbow ndi tshipida tsha zwe Muhasho wa Pfunzo ya Muteo wa ita zwa u khwi isa vhukoni ha vhagudi vha Afrika Tshipembe vha gireidi dza rathi dza u ranga. Sa tshīnwe tsha zwithu zwihulwane zwa Pulanetshumisi ya Muvhuso, thandela iyi yo konadzea nge ya lamedzwa lu sa vhudziswi nga Muhasho wa Gwama ja Lushaka.

Hezwi zwo ita uri Muhasho u kone u bveledza bugu idzi, dzi kha nyambo dzōthe dza tshiofisi, dzi tshi waniwa mahala.

Ri na fulufhelo ja uri bugu idzi dzi do thusa vhadededzi (vhagudisi) mushumoni wavho wa u funza wa duvha jañwe na jañwe khathihi na u vha na vhutanzi uri vha khunyeledze kharikhuñamu yōthe. Ro ita nga vhuronwane uri ri sumbedze ndila vhadededzi kha nyito nge ra shumisa aikhoni dzi no sumbedza uri mugudi u tea u ita zwifhio.

Ri na fulufhelo ja no bva ja mbiluni uri vhana vha do diphi a nga u shumisa bugu idzi zwenezwi vha tshi khou aluwa na u guda, khathihi na uri na vhonewho, sa mudededzi, vha do diphi a na vhana avha.

Ri ri kha vhone na vhagudi vhavho, ngavhe zwi tshi vha nakela musi vha tshi shumisa bugu idzi. Zwi pfumbe.



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# Gireidi ya

1



Zwikili zwa Vhutshilo  
nga **TSHIVENDA**  
Bugu ya |



Bugu iyi ndi ya:



1

# Nne

Themo ya I - Vhege ya I - Bammbiri ya u shumela ya

Kha ri ite nyito

Nambatedzani  
tshinepe tshañu kana ni  
diole haf'ha.



Direse ya hashu ndi:

---



---



---

Ndi a zwi ðivha uri ðuvha langa  
ja mabebo li ða lini.

Deithi: .....

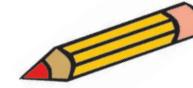
ee

a thi na  
vhutanzi

hai



Dzina langa ndi



Tshifani tshanga ndi

Ndi na miñwaha ya

Muñani wa hashu hu na  
vhatnu vha

Nomboro ya hashu  
ya lutingo ndi:



2



Kha ri nwale



Lutendo u a konesa bola.



Olani tshinwe tshithu tshine na konesa.



Vhudzani khonani dzañu zwine na konesa u ita. Ni koneha u khalara naledzi i  
 re tshibogisini tshi re tshone ni tshi sumbedza zwine na  
 konesa u ita.

Kha ri ambe



Ndi konesa u vhala.



Ndi konesa u diambadza.



Ndi a kona u nwala  
dzina langa.



Ndi konesa u dantsa.



Ndi konesa u ita tie.



Ndi kona u t̄amba mano.



# Mivhala na dantsi

Themo ya I – Vhege ya I – Bammbiri ja u shumela ja



Kha ri ite nyito

Iyi mivhala ni a i divhà?  
Vhudzani khonani yanu  
madzina a mivhala iyi.



Zwino khalarani tshifanyiso tshiñwe na tshiñwe nga muvhala u re wone.

Muomva wa tada	Apula litswuku	Dzhesi ya lutombo
Tshisambureni tsha mivhalavhala	Swiri ja tshitopane	Tari lidala



Kha ri tsukunyee

Musi ni sa athu u ya nn̄da u ya u ita ndowendowé, thomani ni onyolowe sa tshimange. Hezwi zwi do ni thusa uri muvhili u si konde u t̄haramuwa. Ni dovhe ni onyolowe hafhu musi no no fhedza ndowendowé u itela u digeda na u femuluwa. Hezwi zwi do ni thusa uri misipha i si vhabhe nga murahu. Zwino itani zwine a vha vhana vha khou ita.



Imbani luimbo lwa "Thoho na mahada" musi ni tshi khou:

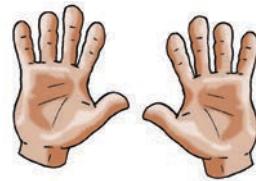
- diiteni u nga ni khou lidza murumba.
- diiteni u nga ni khou lidza katara.





Kha ri diphine

Vhandani zwanda ni tshi  
tevhedza phetheni idzi.



Pha



Kha ri ite nyito

Ni a kona u ita izwi zwithu. Sumbedzani khonani dzanu.

Ndi a kona u gidimela thungo dzot̄he ndi sa thulani na muthu.



Ndi a kona u tamba khadi.



Ndi a kona u kungulusela khonani yanga bola khulwane.



3

# Rōthe ri vha tshipentshela

Themo ya 1 - Vhege ya 2 - Bammbiri ya u shumela



Kha ri ambe

Lavhelesani tshifanyiso ni vhudze khonani dzañu nga phambano dici re vhukati ha vhana avha.



## Zwīhulwane na zwit̄uku

Vhañwe ndi vhahulwane, vhañwe vhashu ndi vhañuku. Vhañwe vhashu ndi vhapfufhi vhañwe vhashu ndi vhalapfu. Vhañwe vhashu vha kona u fhufha, vhañwe vhashu vha kona u imba. Rōthe ri na zwine ra konesa. Inwi ni konesa mini?



Kha ri ambe

Vhudzani khonani dzañu uri ni dipfa hani nga ñuvha ñanu ña u thoma tshikoloni.



no takala	no t̄unguf'halā	no nyanyuwa	no sinyuwa	ni na ðoni

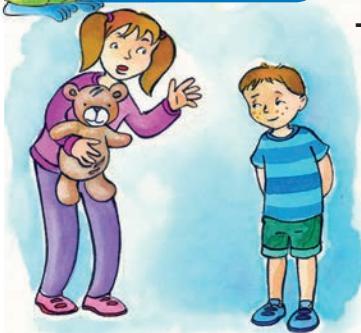


Kha ri ite nyito

Olaní tshifanyiso ni tshi sumbedza vhudipfi hanu musi no ñewa thoyi ntswa. Nwalani vhudipfi hanu tshikhali tshi re fhasi ha tshifanyiso.



Kha ri ambe



Vhudzani khonani yanu uri hu khou bvelela mini tshifanyisoni itshi. Bulani uri ni nga dipfa hani arali izwi zwithu zwa itwa inwi. Itani thiki kha tshifhatuwo tshi re tshone.

Dukana lihulwane kha  
inwi li ni dzhiela zwithu.

no takala	no nyanyuwa	no tungufhala

Inwi na khonani yanu ni  
tshi khou tamba nothe.

no sinyuwa	no takala	no tshuwa



Ni tshi putulula  
tshifhiwa.

no tshuwa	no nyanyuwa	ni na <u>t</u> honi

Mukomana wanu kana  
khaladzi anu o tshinya  
thoyi yanu.

ni na <u>t</u> honi	no takala	no sinyuwa



Ganndisani munwe wanu tshibogisini tsha u thoma, ni humbele munwe nga inwi kilasini uri a ganndise munwe wawe tshibogisini tshi no tevhela.

No vha ni tshi zwi divha uri a huna muthu na muthihi lifhasini lothe a re na mitalo ya minwe i no fana na yanu? Ni wa tshipentshela nga maanda, lune a huna munwe **inwi** lifhasini lothe. Na malwelavanda ha na mitalo ya minwe i no fana.

--	--

Ni a kona u zwi vhona uri iyi  
mitalo ya minwe yo fhambana?



# Rothe ro fhambana

Themo ya 1 – Vhege ya 2 – Bammbiri ya u shumela ya



Kha ri ambe

Lavhelesani avha vhana.  
Vha fana nga mini?  
Vha fhambana nga mini?



Kha ri ite nyito

Lavhelesani tshifanyiso ni kone u humbula uri aya mafhungo ndi ngoho  
kana a si ngoho naa.  
Khalarani mafhungo a re ngoho nga muvhala mudala.  
Khalarani mafhungo a si ngoho  
nga muvhala mutswuku.



Vhothe vha na zwanda zwivhili  
na milenzhe mivhili.



Vhothe ndi vhasidzana.

Vhothe vho ambara zwienda.



Vhothe vho ambara marukhu.



Vhothe ndi vhana.

Vhothe vha na mavhudzi malapfu.



### Kha ri nwale

Olani tshifanyiso tsha inwi muñe tshikhalani tsha u thoma.  
 Zwino olani tshifanyiso tsha khonani yanu ya mbiluni. Musi no no  
 fhedza, lavhelesani tshifanyiso tshanu ni ambe uri ni fhamana  
 hani na khonani yanu.

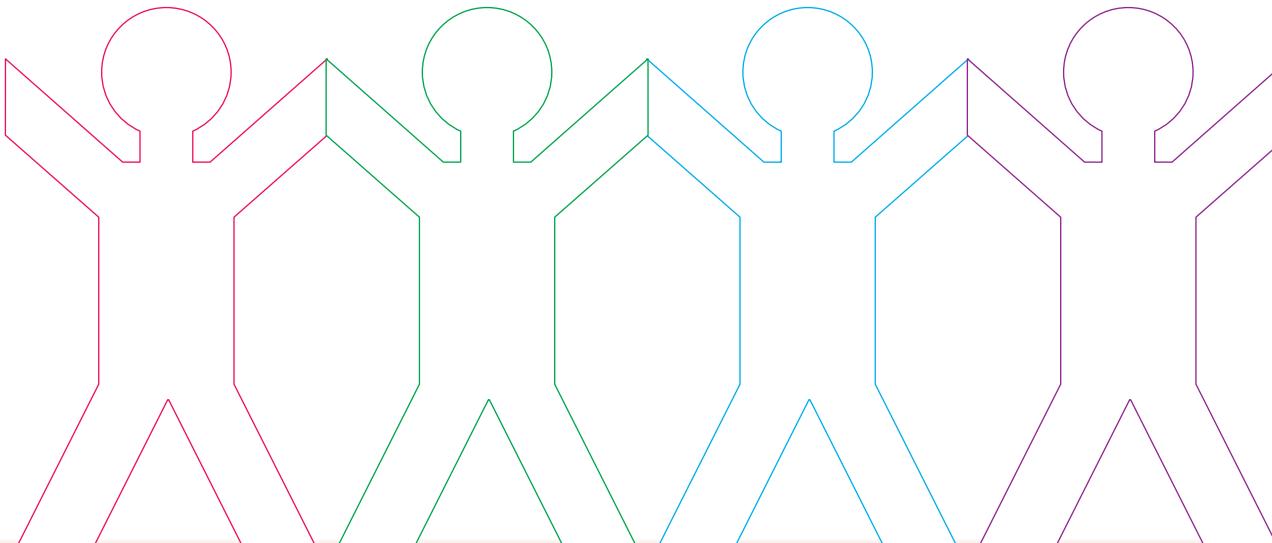


Nne	Khonani yanga



### Kha ri ite nyito

Khałarani tshaini iyi ya vhukonani ni  
 tshi sumbedza uri vhathu vho fhamana. Musi no  
 no fhedza ni nga kha di i gera kha khethekanyo  
 ya zwigeriwa buguni iyi  
 na i khavhisa.



# Kha ri imbe luimbo

Musi ni sa athu imba thomani ni ite ndowendowe dzi tevhelaho.

Femelani ngomu na nnda nga u ongolowa.

Diteni u nga ni khou vhudzula makhandela a re kha khekhe  
ya duvha ja mabebo.

Diteni u nga ni khou tetemela nga phepho, ni ri "Brrrrrrrrrrrrrrr".



**Kha ri ite nyito**



## Zwi<sup>ł</sup>oho zwia<sup>ł</sup>anu

Zwi<sup>ł</sup>oho zwia<sup>ł</sup>anu zwi khou thamukana n<sup>ł</sup>ha ha mmbete.

Ku<sup>ñ</sup>we kwa mbo wa kwa d<sup>ł</sup>igekha t<sup>ł</sup>hoho.

Mmawe vha mbo vhidza Vho Dokotela,

Vho Dokotela vha tshi swika vha ri,

"A hu tshee na ku<sup>ł</sup>oho ku no do thamukana n<sup>ł</sup>ha ha mmbete!"



Zwi<sup>ł</sup>oho zwia<sup>ł</sup>anu zwi khou thamukana n<sup>ł</sup>ha ha mmbete.

Ku<sup>ñ</sup>we kwa mbo wa kwa d<sup>ł</sup>igekha t<sup>ł</sup>hoho.

Mmawe vha mbo vhidza Vho Dokotela,

Vho Dokotela vha tshi swika vha ri,

"A hu tshee na ku<sup>ł</sup>oho ku no do thamukana n<sup>ł</sup>ha ha mmbete!"



Zwi<sup>ł</sup>oho zwiraru zwi khou thamukana n<sup>ł</sup>ha ha mmbete.

Ku<sup>ñ</sup>we kwa mbo wa kwa d<sup>ł</sup>igekha t<sup>ł</sup>hoho.

Mmawe vha mbo vhidza Vho Dokotela,

Vho Dokotela vha tshi swika vha ri,

"A hu tshee na ku<sup>ł</sup>oho ku no do thamukana n<sup>ł</sup>ha ha mmbete!"



Zwi<sup>ł</sup>oho zwivhili zwi khou thamukana n<sup>ł</sup>ha ha mmbete.

Ku<sup>ñ</sup>we kwa mbo wa kwa d<sup>ł</sup>igekha t<sup>ł</sup>hoho.

Mmawe vha mbo vhidza Vho Dokotela,

Vho Dokotela vha tshi swika vha ri,

"A hu tshee na ku<sup>ł</sup>oho ku no do thamukana n<sup>ł</sup>ha ha mmbete!"



Ku<sup>ł</sup>oho kuthihi ku khou thamukana n<sup>ł</sup>ha ha mmbete.

Kwa mbo wa kwa d<sup>ł</sup>igekha t<sup>ł</sup>hoho.

Mmawe vha mbo vhidza Vho Dokotela,

Vho Dokotela vha tshi swika vha ri,

"A hu tshee na ku<sup>ł</sup>oho ku no do

thamukana n<sup>ł</sup>ha ha mmbete!"





### Kha ri nwale

Dioleni tshifanyiso.

Sumbedzani mačo anu, ndevhe, ningó, mulomo na mavhudzi.

Vhudzani khonani dzañu uri ni vhonala nga ndilade.



### Kha ri tsukunyee

Phulaní ndila i re na  
zwikhukkulisi i no fana na  
iyi nga nn̄da ha kílasi ni tshi  
thusiwa nga mudededzi wañu.

Thamuwaní ni tshi bva  
kha tshidulo ni tshi ya  
kha tshiñwe.

Kokovhani fhasi ha ḥafula.



6

# Ndi a dihudza nga tshikolo tshanga

Themo ya 1 - Vhege ya 4 - Bammibiri la u shumela la



Kha ri ite nyito

Dioleni tshifanyiso no ambara yunifomo ya tshikolo. Ni kone u dzenisa phindulo dzi no khou tshela.

Ndi dzhena tshikolo tsha

\_\_\_\_\_.

Dzina la mudededzi wanga ndi

\_\_\_\_\_.

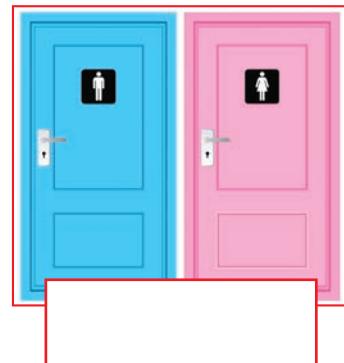
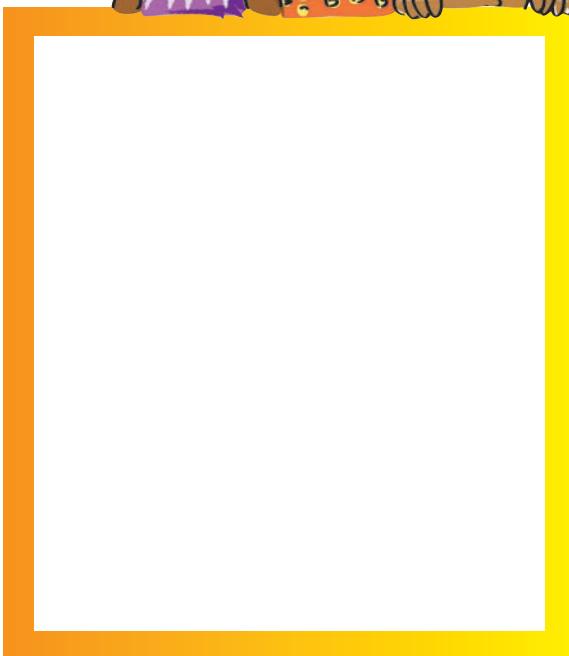
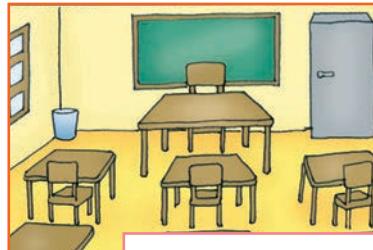
Phirintsipala washu ndi

\_\_\_\_\_.



Kha ri nwale

Lavhelesani zwifanyiso. Ni kone u gera maipfi one ane a yelana na tshifanyiso tshirwe na tshirwe ni a nambatedze tsini na zwifanyiso zwo teaho.



mudavhini wa u tambela

kilasirumu

ofisi

sekerethari

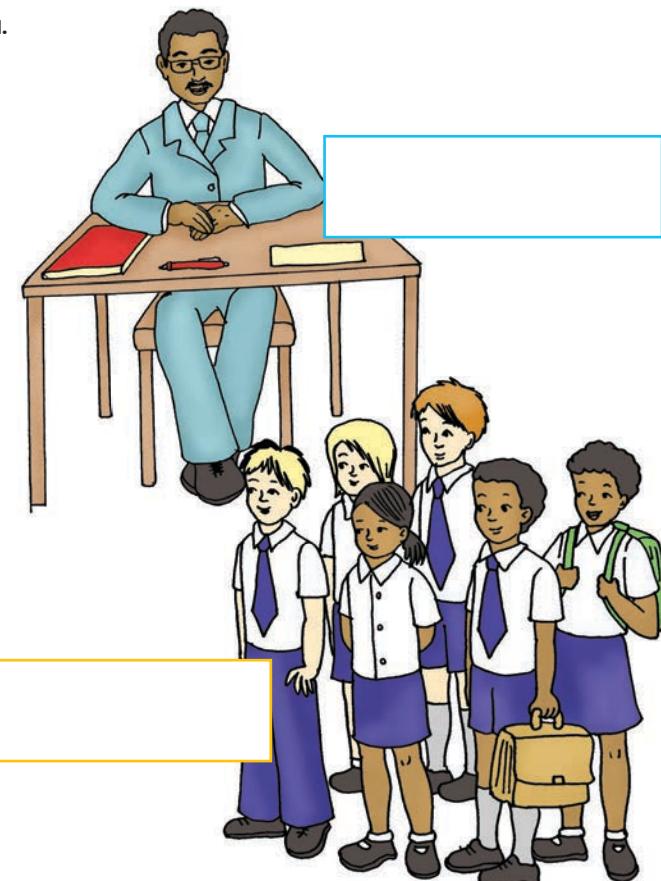
kulokurumu





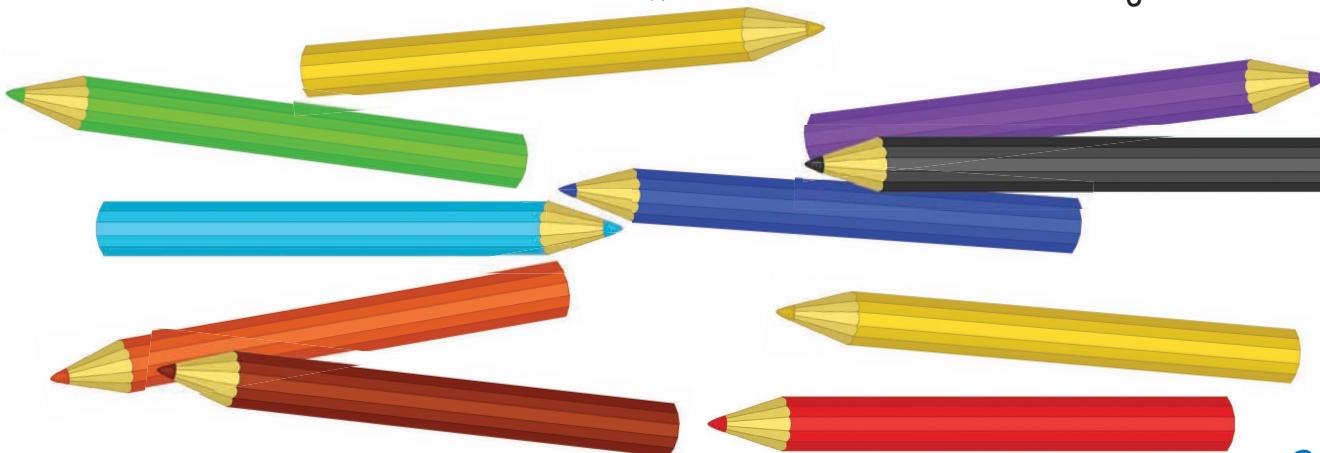
### Kha ri nwale

Vhathu vho fhambananaho vha re tshikoloni tsha vhoiwe ndi vhonnyi? Ambani ngauri ndi vhathe. Ni kone u gera maipfi one a tshi bva fhasi ha siatari ni a nambatedze tsini na tshifanyiso tshiñwe na tshiñwe. Vhudzani khonani uri avha vhathe vha ita zwifhio afho tshikoloni. Shumisani maipfi a re afho fhasi uri a ni thuse. Laedzani khonani yanu ndila ya u ya ofisini ya vhophirintsipala, dzithoilethe na luvhandeni lwa u tambela.



### Kha ri diphine

Tshibogisi tsha penisela tsha Mulalo tsho wa. Vhalani uri u na penisela na khirayoni nngana, nwalani tshivhalo tshibogisini. Kha bammbiri linwe, olani tshifanyiso ni tshi shumisa mivhala i no vatamedza, ni tshi sumbedza musi inwi na khonani yanu ni tshi khou tamba nothe. Ni ite fureme u mona na tshifanyiso.



vhana

mukunakisi

mudededzi

phirintsipala



# Fhethu ho fhambananaho

Themo ya 1 - Vhege ya 4 - Bammbiri ja u shumela ja



Kha ri ite nyito

Sumbedzani khonani yanu uri ni a kona ...

U dzumbama fhasi ha tshinwe tshithu.



U dzumbama murahu ha tshinwe tshithu.



Ndo dzumbama fhasi ha tafula.



U ima tsini na tshinwe tshithu.



U ima nthha ha tshinwe tshithu.



Kha ri tsukunyee

Shumisani bola kana tshisagana tsha nawa. I poseni nthha ni i gavhe. Zwino i tengenedzeni nthha ha thoho ni tshimbile nga u ongolowa. Zwino tengenedzani tshisagana tsha nawa nthha ha thoho musi ni tshi khou dadamala nthha ha danda ja u dadamala kana kha mutalo u re fhasi.

Ndi a kona u posa.



Ndi a kona u gavha.



Ndi a kona u tengenedza tshisagana tsha nawa kha thoho yanga.





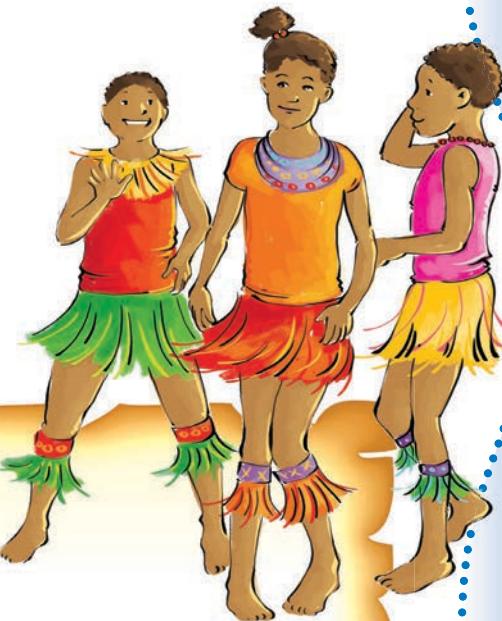
Kha ri tsukunyee

Tshinani nga milenzhe yanu nthā  
ha phetheni idzi.

TSM = Tsha monde



TSL̄ = Tsha u la



TSM

TSL̄

TSM

TSL̄

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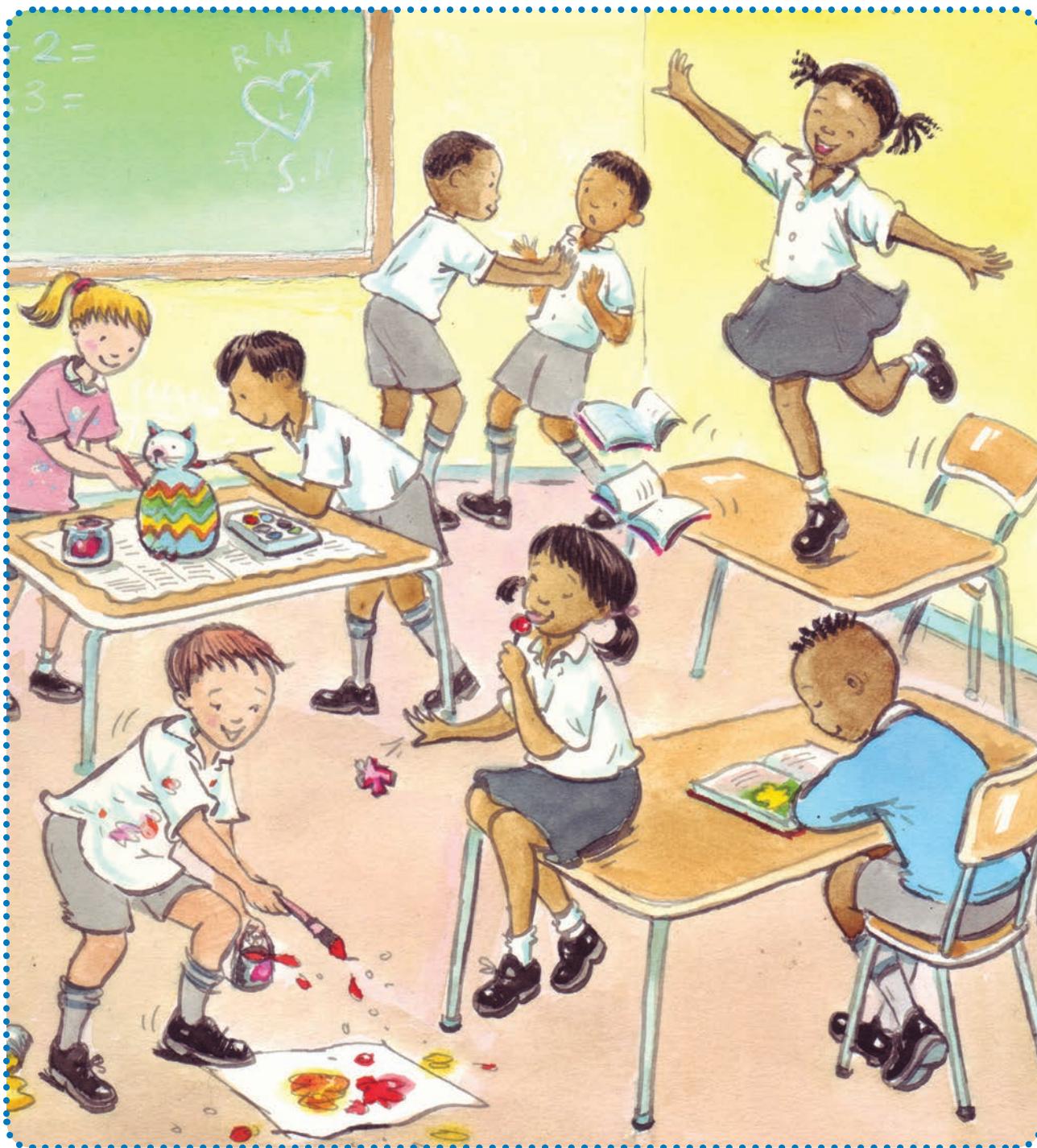
# Kilasirumu yashu

Themo ya 1 – Vhege ya 5 – Bammbiri la u shumela la



Lavhelesani tshifanyiso itshi nga vhuronwane ni ambe nga zwine na khou vhona.

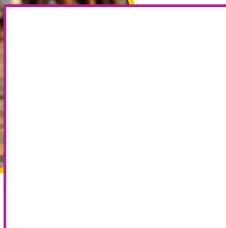
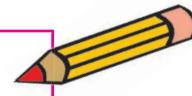
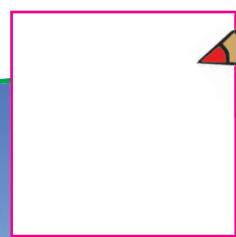
Afha kilasini hu khou itea zwithu zwavhu<sup>di</sup> na zwi si zwavhu<sup>di</sup>. Ndi mikhwa ifhio mivhuya ine na kona u i vhona? Ndi mikhwa ifhio mivhi ine na kona u i vhona?





Kha ri ambe

Itani thiki tsini na mikhwa mivhuya yoṭhe na tshifhambanu tsini na  
mikhwa mivhi ine ya nga bvelela tshikoloni. ✓ ✗



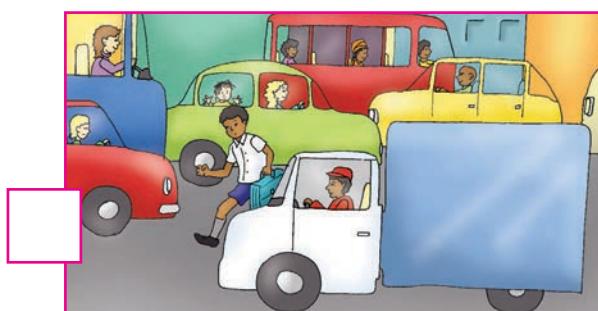
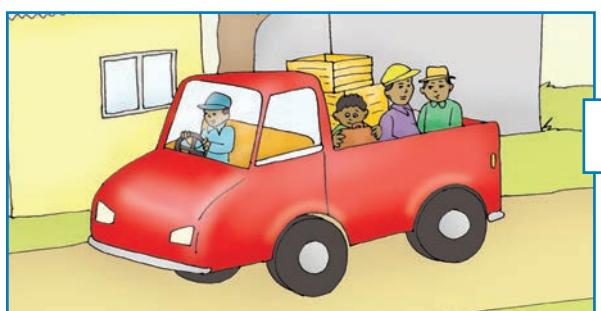
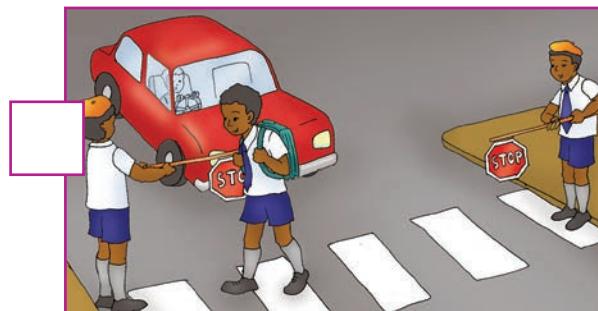
# Ri ya hani tshikoloni

Ni ya hani tshikoloni ḋuvha liñwe na liñwe? Ni vha no tsireledzea? Ni a ḋivha ndila dzo tsireledzeaho? Ambani na khonani yanu uri avha vhana vha ya tshikoloni nga ndilade. Itani thiki ✓ kha dzo tsireledzeaho dza u ya tshikoloni. Itani ✗ kha dzi songo tsireledzeaho.

Themo ya 1 - Vhege ya 5 - Bammbiri ya shumela



Kha ri ambe



Ni ya hani tshikoloni nga matsheloni?



Kha ri ite nyito

Zwino vhudzisani khonani t̄hanu uri dzi ya tshikoloni nga ndilade ḋuvha liñwe na liñwe. Dzi swayeni nga thiki kha tshati iyi.



Madzina a khonani

nga milenzhe				
nga bisi				
nga goloi/baki				

I      2      3      4      5



Kha ri tsukunyee

Ndi a kona u ita masongesonge.

Ee      Hai

Ndi a kona u shandula hune nda khou ya hone ndi tshi khou gima nge mudededzi vha amba.



Kha ri ite nyito

Olani tshifanyiso ni tshi sumbedza uri ni ḫa tshikoloni nga mini.



Kha ri tsukunyee

Thetshelesani muzika une mudededzi  
wanu a ḫo ni tambela.

Dzinginyeani ni tshi tevhedza muzika.

Khothani magona ni ḫaramudze zwanda.

Zuzani mahada anu.

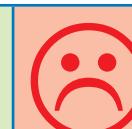
Monisani zwinungo zwa zwanda zwi ye kha tsha  
monde na kha tsha ula.



Kha ri tsukunyee

Inwi na khonani yanu ni tea u posa na u gavha bola.  
Shumisani tshanda tshi sa konesi kha u posela bola murahu.

Ndo kona u posa bola nga tshanda tshanga tshi  
sa konesi?



Kha ri tsukunyee

Kungulusanani sa bara ni na  
muñwe nga inwi.



# Ndi dzula ndo kuna

Themo ya 1 – Vhege ya 6 – Bammbiri | a u shumela | a

Kha ri ambe

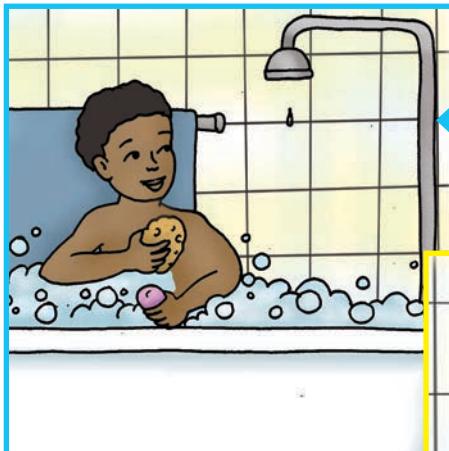
Ndi mafhungo mahulwane u guda mikhwa u tshee mutuku.  
Zwiñwe zwa zwithu zwine zwa nga ita uri ni dzule no kuna ni na mutakalo  
khezwi. Ambani nga tshifanyiso tshiñwe na tshiñwe.



U tamba mano.



U tamba zwanda ndi tshi bva  
bungani.

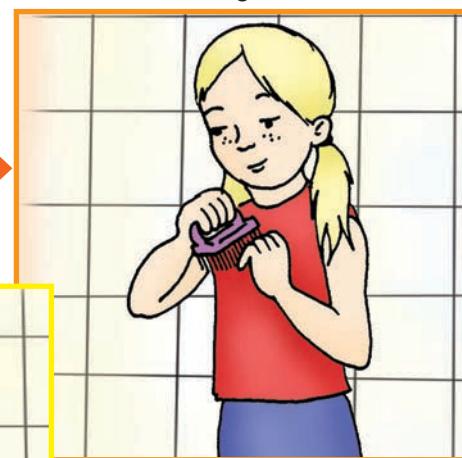


U tamba tshifhinga tshothe.

**Ndi tea**



U tanza mitshelo ndi sa  
athu i la.



U ita uri nala dici dzule dzo kuna.



U shumisa mabammbiri a thoiłethe.



U shumisa thishu ndi tshi atsamula  
na u fumula maduda.



Kha ri nwale

Ndi zwifhio zwa zwithu zwi tevhelaho zwine na zwi shumisa kha vhudele?

Khałarani ḥaledzi ni tshi sumbedza zwithu zwine na zwi shumisa kha vhudele.

Ni ite na u bula uri ni shumisa tshithu tshiñwe na tshiñwe nga ndilade kha vhudele.



Itani thiki ya u sumbedza uri:

ee

hai

Ndi a kona u gonya ḥeri kha dembetiti ḥa matanda.

Ndi kona u shumisa mikungelo ya zwanda ndi tshi ya phanda.

Ndi a kona u dodoma dembetitini ḥa matanda.



# Mikhwa mivhuya

Themo ya 1 – Vhege ya 6 – Bammbiri ya u shumela ya



Kha ri vhale

Miñwe ya mikhwa yavhudi ya  
u shumisa thoilethe.

**Elelwani**



Arali na nga ita vhuada  
thoilethe, ni elelwe u i kunakisa.



Ni songo hangwa u  
gwedzha thoilethe.



Ni vale muñango wa thoilethe  
tshifhinga tshothe musi ni ngomu.



Ni songo shumisa mabammbiri  
a thoilethe o kalulaho.



Ni tambe zwanda tshifhinga  
tshothe ni tshi bva thoilethe.



Kha ri nwale

Tangedzelani maipfi a re one ane a ni vhudza uri ni tea u ita zwithu zwi tevhelaho kangana.

U ḫamba mavhudzi.



duvha ḥinwe na ḥinwe

nga matsheloni na  
nga madekwana

luvhili nga vhege

luthihi nga vhege

U ḫamba mano.



duvha ḥinwe na ḥinwe

nga matsheloni na  
nga madekwana

luvhili nga vhege

luthihi nga vhege

U ḫamba muvhili.



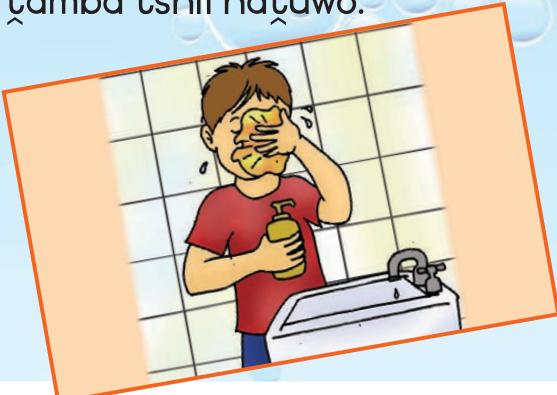
duvha ḥinwe na ḥinwe

nga matsheloni na  
nga madekwana

luvhili nga vhege

luthihi nga vhege

U ḫamba tshifhatuwo.



duvha ḥinwe na ḥinwe

nga matsheloni na  
nga madekwana

luvhili nga vhege

luthihi nga vhege



# A thi na tshika

Themo ya 1 – Vhege ya 6 – Bammbiri ya shumela



Kha ri tsukunyee



Kha ri sumbedze

Tambani na mudededzi wanu mutambo wa "Simoni uri".

Wanani hune na nga ima hone ni dovhe ni fhire hu si na u thulana.  
Simoni uri "farani tħohoh."

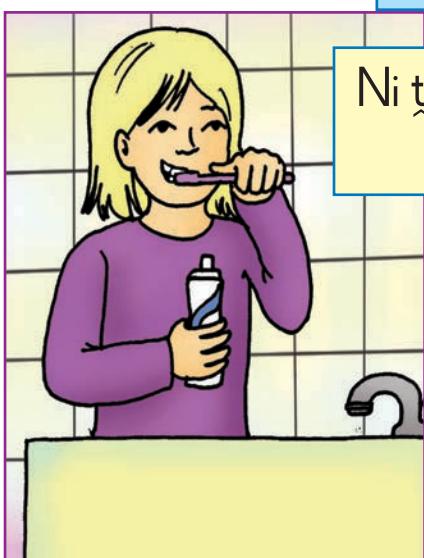
Sumbedzani khanani yanu uri ...



Ni tħamba zwanda nga ndilade.



Ni phumula zwanda  
nga ndilade.



Ni tħamba mano nga  
ndilade.

Ni tħamba  
tshifhatuwo nga  
ndilade.





Kha ri tsukunyee

Itani litambwa la tshidade itshi.

**Ndi a vhanda zwanda**

**nda giginya fhasi nga  
milenzhe**

**nda dzungudza thoho**

**nda dzungudza zwanda**

**nda dzungululwa nga  
zvikunwe**

**nda kwama ningo.**



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# Ndowelo i re na mutakalo

Themo ya 1 – Vhege ya 7 – Bammbiri ya u shumela



Kha ri vhale

Ri lila mini uri ri dzule ri na mutakalo?

Zwiliwa  
zwi re na  
mutakalo

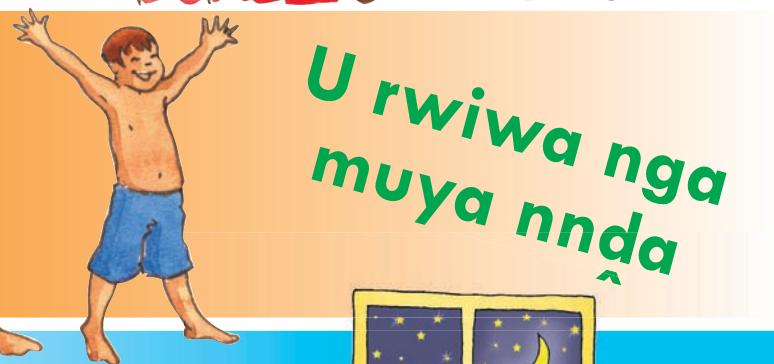


Ndowendowe  
yo linganelaho

U dzula ro  
kuna



U edela wa  
pfelela wa si  
vhonese TV!

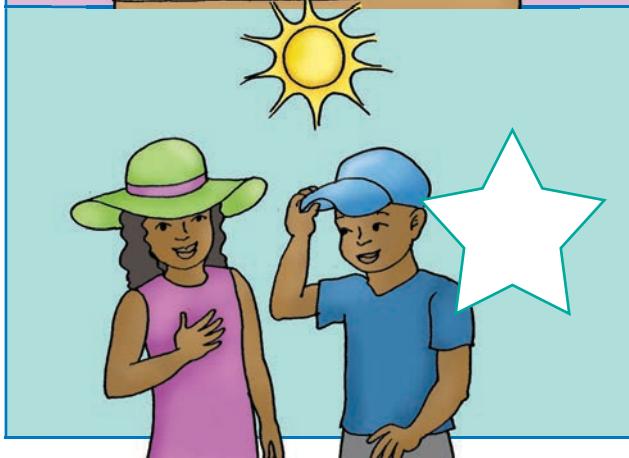


Urwiwa nga  
muya nnda



Kha ri nwale

Itani thiki ✓ kha ndowelo i re na mutakalo na ✗ kha ndowelo i si na mutakalo.



Teacher:  
Sign:  
Date:

# U kuna na vhudele



Kha ri ite nyito

Sumbedzani uri ni shumisa  
izwi zwithu nga ndilade.



buratsho ya mano

tshisibe



khirimu ya zwanda



shamphuu



gamu



buratsho



buratsho ya nala



zwigero zwa nala



Kha ri tsukunyee

Faranani nga zwanda ni ite danga.

Zwino ḥekedzanani bola ni dangani ili.

Engedzani iñwe bola ni ḥekedzane.

Engedzani iñwe bola hafhu ni lingedze u ḥekedzana bola tharu.



Kha ri ambe

Ndi zwifhio zwi no khou vhanga vhuada kamarani iyi?

Ni tea u ita mini uri ni kunakise kamara?

Vhana vha khou ita mini? Vha tea u ita mini zwe teaho?



Teacher:

Sign:

Date:

# Mutsho une nda u funesa

Themo ya 1 - Vhege ya 8 - Bammbiri

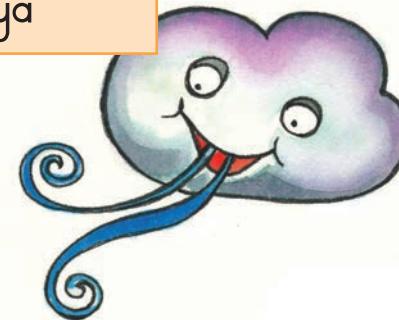
Kha ri ambe

Lavhelesani tshaka dzo fhambananaho dza mutsho ni vhudze khonani yanu uri ndi mutsho uf'lio une na u funesa.

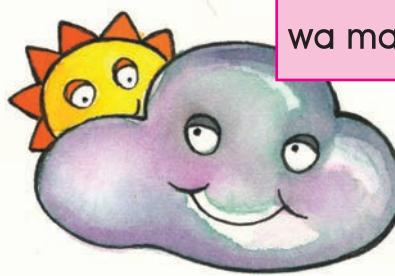
wa muya



wa masana



wa mvula



wa makole na phepho



Kha zwiñwe zwipiða zwa shango, tshiñwe  
tshifhinga hu a rothola lune ha wa na gambogo.

Tshiñwe tshifhinga hu vha na mutsho wa madumbu.

Madumbu a re na maanda a pfì ndi madumbumazikule.



Kha ri ite nyito

Dioleni tshifanyiso tsha musi ni mvulani kana hu na gambogo.

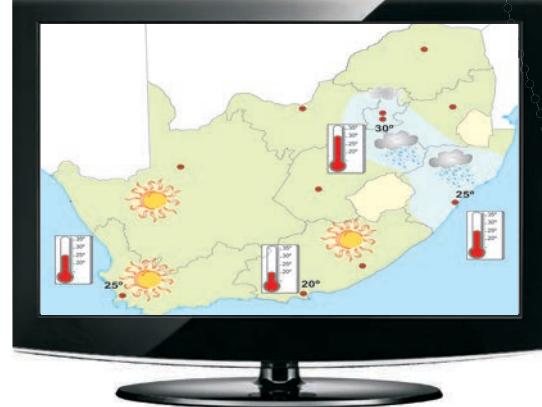
Dioleni tshifanyiso kha bammbiri lìhulwane, ni tshi shumisa  
khirayoni dza phula.

Tanganyisani madi na zwikhalari zwa lutombo zwa zwiliwa ni pennde  
siatari lothe. Hashani tshifanyiso itshi nga pennde tshena.

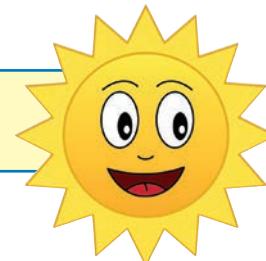


Kha ri vhole

Ri shumisa tshati ya mutsho kha u sumbedza uri mutsho wo ima nga ndilade. Ri shumisa tswayo kha u sumbedza tshaka dzo fhambananaho dza mutsho. Dzinwe dza tswayo idzi khedzi.



masana



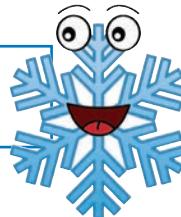
mvula



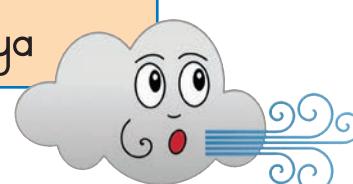
makole



gambogo



wa muya



Kha ri ambe

Talutshedzani khonani yanu uri ni ambara zwiambaro zwifhio kha mutsho muñwe na muñwe.



Kha ri ite nyito

Olani zwiga zwa mutsho u itela u fhedzisa tshati yanu ya mutsho ya vhege ino.

Musumbuluwo

Lavhuvhili

Lavhuraru

Lavhuña

Lavhuñanu



Kha ri nwale

Mutsho wo vha u nga ndilade ñamusi? Dzhenisani maipfi ane a khou tñahela.

Namusi hu na \_\_\_\_\_.

Mulovha ho vha hu na \_\_\_\_\_.

Ngavhe matshelo hu tshi vha hu na \_\_\_\_\_.



# Mutsho

Themo ya 1 – Vhege ya 8 – Bammbiri la u shumela la



Edziselani tshaka dzo fhambananaho dza mutsha.



Tharamudzani zwanda zwi nthha ha thoho yanu zwi nge gole lihuluhulu la kholekhole.



Ni na tshisamburenini tsha u ni tsireledza kha duvha.



Dzinginyeani sa muri u tshi khou dzinginyisa nga maya wa madumbu.



Kwambatelani tshisamburenini uri tshi si hwaliwe nga maya wa madumbu.



Deithi: .....



Itani thothotho sa marotha a mvula nthha ha thanga.



Kha ri tsukunyee

Faranani nga zwanda ni ite danga.

Posanani bola na u i gavha.



Humbulani nga ndila dzo  
fhambananaho dza u dadamala kha  
danda kana kha lutambo. Vhonani  
arali ni tshi nga kona u wana ndila  
ya u dadamala ine ya si fane na ya  
vharinwe afha kilasini.



Kha ri diphiñe

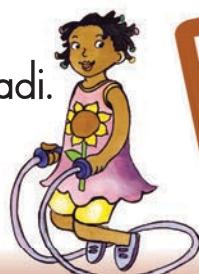
Tambani openi.

Olani zwibuloko na  
zwitendeleledzi mavuni.



Kha ri tsukunyee

- Sumbedzani khonani yanu kushumisele kwanu kwa khadi.
- Mudededzi wanu vha do ni sumbedza kutambelwe kwa mitambo ya sialala.



# Muṭa wa hashu



Kha ri ambe

No vha ni tshi zwi ḫivha uri miṭa a i fani?

Miñwe miṭa ndi mihulwane miñwe ndi mituku.

Miñwe i na vhomme na vhokhotsi ngeno miñwe i si na.

Miñwe miṭa i na vhomakhulutshisadzi na vhomakhulutshinna, vhomalume, makhotsimunene, vhomakhadzi na vhazwala.

• •

Lavhelesani zwifanyiso zwi tevhelaho ni vhudze khonani yanu uri miṭa iyi i f'hambana ngafhi.

mme

khotsi

khaladzitshisadzi

makhulutshinna

mukomanatshinna

rwana

makhulutshisadzi

muṭa





Kha ri nwale

Ni dzula na vhonnyi mudini wa hanu?



Ni dzula na vhonnyi mudini wa hanu?

Mudini wa hanu hu na vhatthu vha \_\_\_\_\_.

Ndi nnyi mutukusa mudini wa hanu? \_\_\_\_\_.

Ndi nnyi muhulwanesa mudini wa hanu? \_\_\_\_\_.



Kha ri ambe

Rothe ri na mishumo ine ra ita mahayani ashu. Lavhelesani zwifanyiso izwi ni bule dzina la muthu are a shuma mishumo iyi ha hanu.



Nwalani fhungo nga mushumo we na ita mulovha.



# Muṭa wa hashu



Kha ri diphine

Olani tshifanyiso tsha tshithu tshine muṭa woṭhe wa hanu wa tshi ita khathihi. Shumisani maipfi aya uri a ni thuse.

mme

khotsi

khaladzitshisadzi

makhulutshinna

mukomanatshinna

rwana

makhulutshisadzi

muṭa



# Ri a vhavhalelana (londana)

19



Kha ri vhale

Vhathu vha mudini muthihi vha tea u funana na u londana. Ri sumbedza u funana nga u kuvhatedzana khathihi na u thusana na u t̄honifhana. Ri tea ...

- u thusana.
- u vha na vhulenda kha vharinwe vhathu (nga maanda vhathu vhahulwane).

- u ita mishumo yashu nga tshifhinga.
- u vha na vhudifhinduleli.



Kha ri ambe

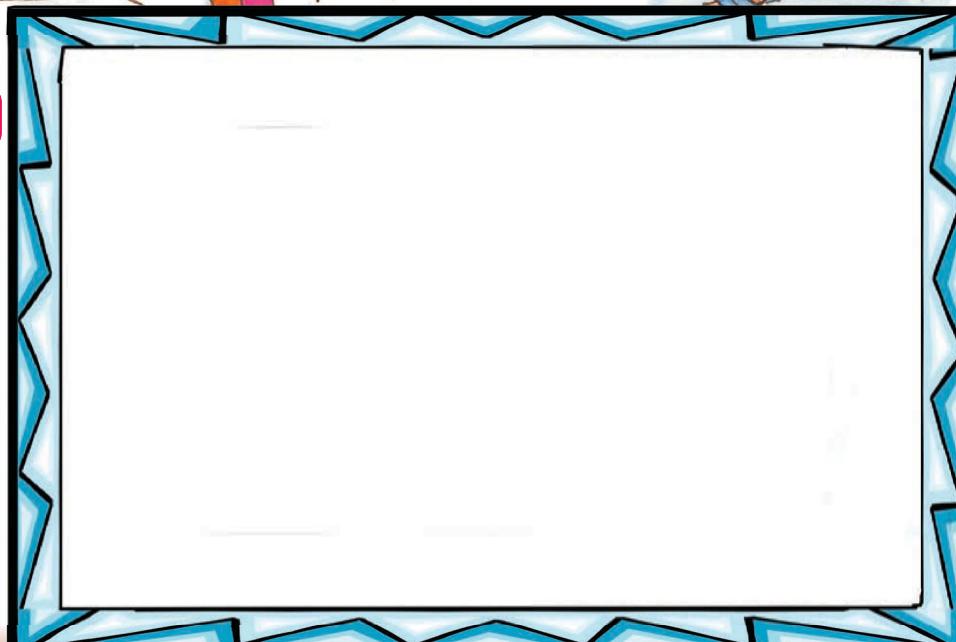
Lavhelesani zwifanyiso izwi ni ambe uri avha vhana vha sumbedza hani mut̄a wa havho uri vha na lufuno. Ni kone u ita litambwa ni tshi sumbedza uri hu khou bvelela mini tshifanyisoni tshiñwe na tshiñwe.



Kha ri ite nyito

Olani tshifanyiso tsha zwine na ita ni tshi sumbedza vha mut̄a wa hanu uri ni a vha funa.

Talutshedzani khonani yanu zwe na ola.



Themo ya 2 – Vhege ya 2 – Bammbiri ja u shumela ja

# U sumbedza u vhavhalela vhañwe

Themo ya 2 – Vhege ya 2 – Bammbiri ya u shumela ja

Kha ri ambe

Ambani ngauri avha vhathu vha uyu muča vha thusana hani. Nomborani zwifanyiso u bva kha l u swika kha 4 ni tshi sumbedza u tevhekana hazwo nga ngona.



Kha ri vhale

Mishumo yashu ya nga madekwana.

Mma vha bika zwiliwa.

Baba vha tanzwa pani.

Mukomana wanga na nne ri thusa

Mma na Baba.

Ri a thusa vhukuma.

Ri goda mafhi na vhurotho.

Ra kona u ya u edela.

Kha vha ri anetshelle tshitiori tsha vhusiku!





Kha ri ite nyito

Itelani garaṭa muthu ane a ni vhavhalela. Olani tshifanyiso ni ḥwale dzina ḥa uyu muthu.



Kha ri ite nyito

Ni a kona u ita zwi tevhelaho?

	ni a kona u fhirisa bola nga u i bammbisela muñwe nga inwi.	ee	hai
	ni a kona u fhirisa bola nga nth̄ha ha ḥhoho ya ya kha muñwe nga inwi.	ee	hai
	ni a kona u bammbisa bola nga magona.	ee	hai
	ni a kona u rwela bola kha dzikhounu.	ee	hai
	ni a kona u dirivhula bola vhukati ha tswayo (dzimaka).	ee	hai
	ni a kona u rahela bola kha tshiñwe tshithu na tshi rwa.	ee	hai



# U tsireledzea hayani na u mona na mudi (1)

shumela la

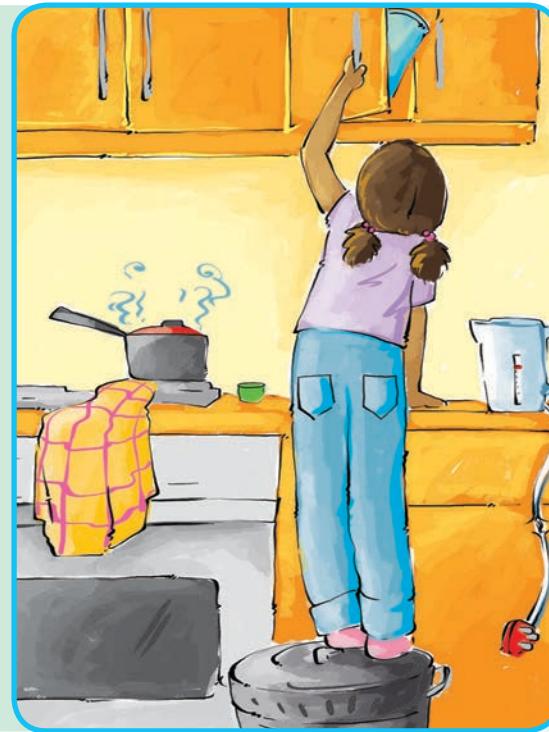


Kha ri ambe

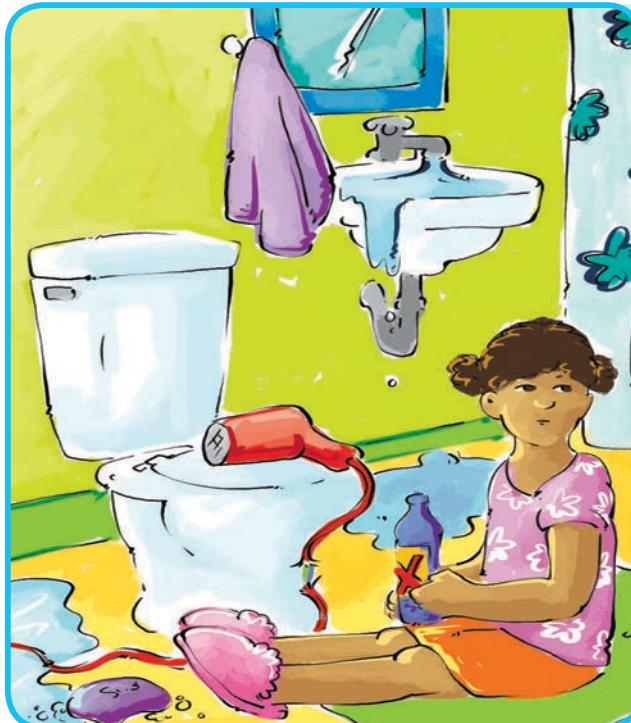
Ri tea u pfa ro tsireledzea tshifhinga tshot<sup>h</sup>e musi ri mahayani. Fhedziha, hu na khombo nnzhi mahayani ashu na u mona na m<sup>i</sup>di yashu. Lavhelesani tshifanyiso, ni ambe na khonani yanu nga dzi<sup>n</sup>we dza khombo idzi.

## Khishini

- Mikungelo ya bodo i tea u lavhelesa murahu ha tshitofu.
- Ni songo lakatedza phanga dici no fhira.
- Pharafeni na mishonga zwi hon<sup>h</sup>elwa vhethu ho tsireledzeaho.
- Ni songo lakatedza thoyi.



Themo ya 2 - Vhege ya 3 - Bammbiri ya u shumela la



## Bafurumu

- Ni songo shumisa zwishumiswa zwa mudagasi tsini na madi.
- Ni songo zwi sia tsini na madi.
- Vheani zwigero na zwi<sup>n</sup>we zwithu zwi no fhira ngomu khabodoni.
- Ni songo shumisa buratsho nthihi ya mano na mu<sup>n</sup>we muthu.

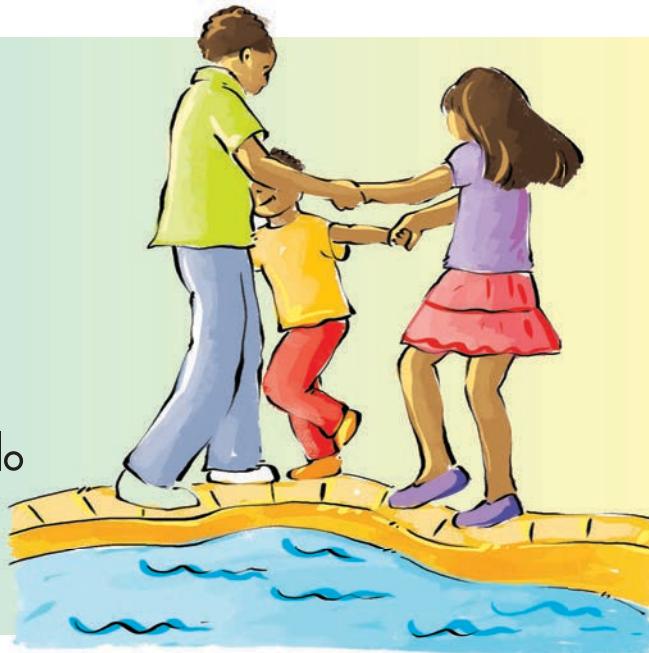


## Mađumbu a mithathabo, phenyo na muđagasi

- Ni songo vuwa no ima fhasi ha muri musi hu na mađumbu a mithathabo.
- Ni songo vuwa no panga zwithu kha sokhethe (pułaka) ya muđagasi. Humbelani muthu muhulwane a ni thuse.

## Nnda ha nnđu

- Dobelani zwithu zwine zwa nga ni huvhadza, sa mabodelo o pwasheaho, ni zwi pose binini ya tshika.
- Ni songo tamba tsini na bambelo (phulu) nga nnda ha musi hu na muthu muhulwane tsini.



## Ngomu nduni

- Ni songo lakatedza dzithoyi na zwiñwe zwithuvho.
- Ni songo tambisa zwithu zwa u kunakisa zwa pharafeni kana miñwe milimovho.
- Arali na nga vhona thambo ya aini kana gedela yo suđufhala, vhudzani Mma kana Baba uri vha i lugise.



# U tsireledzea hayani na u mona na mudi (2)

Themo ya 2 – Vhege ya 3 – Bammbiri ya u shumela la



## Utsireledzea

Lavhelesani zwifanyiso ni ambe uri ndi zwifhio zwi no sumbedza u sa vha na khombo na zwi no sumbedza u vha na khombo. Itani thikhi ✓ kha zwino sumbedza u sa na khombo na tshifhambano ✗ kha zwi no sumbedza khombo. Bulani uri zwo tsireledzea na kana zwi na khombo ngomu.





Kha ri ambe



Hu na zwithu zwine zwa nga vhanga khombo mudini wa hanu? Ni nga ita mini? Milimo, mishonga na zwiludi zwa u kunakisa zwi na khombo khulu ngomu. Ni songo fanywa no nwa tshithu tshire na si vhe na vhučanzi natsho.



Luswayo (tshiga) ulu lu sumbedza uri ngomu bodeleni, tshibogisini kana tshikotikotini hu na mulimo.

No no vhuya na vhona ulu luswayo?



Kha ri ite nyito

Mudededzi wanu vha khou ya u ni lidzela muzika.



- Tshinani ni tshi tevhedzela mutsindo wa muzika.
- Nangani murangaphanda. Murangaphanda a tevhedze mutsindo wa muzika.
- Imani nga mulenzhe muthihi.
- Zwino imani nga uła muñwe mulenzhe.
- Ndi mulenzhe ufhio une wa vha wo khwathaho?
- Tharamudzani lutambo lulapfu fhasi kana ni tou tala mutalo. Dadamalani nt̄ha na lutambo kana mutalo ni sa pepeleki.
- Zwino shandulani tshivhumbeo tsha lutambo kana mutalo ni dadamale nt̄ha ni sa pepeleki.



# U tsireledzea musi ndi ndothe hayani



Kha ri ambe

No guda nga zwithu  
zwine zwa nga ni  
huvhadza hayani kana u  
mona na mudi wa hanu.  
Ni nga ditsireledza nga  
ndilade musi ni nothe  
hayani?

Musi no sala ni nothe  
hayani, ni nga ita  
zwithu zwi tevhelaho  
uri ni tsireledzee.



Ni songo vulela  
munango vhatinda.

Honani mahothi othe  
a no bvela nnnda.



- Ivhani na vhutanzi uri nomboro dza lutingo dza vhabebi vhañu na dza vhahura vhañu ni a dzi divha.
- Itani mutevhe wa nomboro dzi re na ndeme, u itela musi wa khombo.



Kha ri nwale

Itani mutevhe wa nomborondeme

Mapholisa:

---



Ambuléntse:

---



Vhadzimamulilo:

---



Selefounu ya Mma:

---

Selefounu ya Baba:

---

Ndi nnyi muñwe ane na nga mu founela musi ni tshi ṭoda thuso?

---



# Tshiňwe hafhu tsho teaho u eleliwa

Themo ya 2 – Vhege ya 4 – Bammbiri ya u shumela ja



Kha ri ambe



1

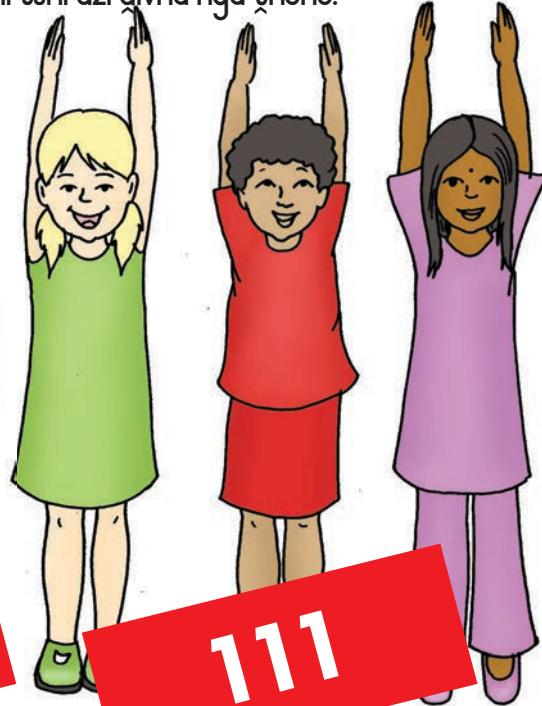
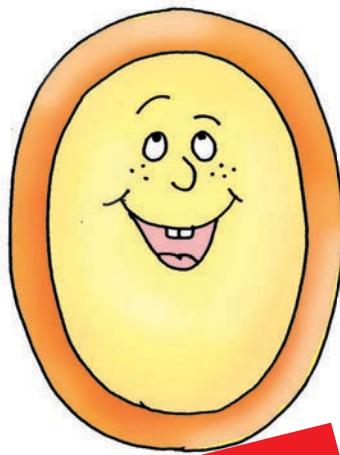


Kha ri tsukunyee



Ni nga shumisa mirado yanu nga ndilade arali ni tshi khou pandamedzwa?

Ndila i sa kondi ya u elelwa nomboro dza mapholisa khei. Lavhelesani tshifanyiso ni vhudze khonani yanu uri zwifanyiso izwi zwi ni thusa nga ndilade kha u elelwa nomboro idzi. 10111 ndi nomboro dza mapholisa. Dzi buleni lu re na tshivhalo u swika ni tshi dzi divha nga thoho.



111

Sumbedzani uri ni nga shumisa mirado yanu nga ndilade arali hu inwi nwana a re tshifanyisoni itshi.



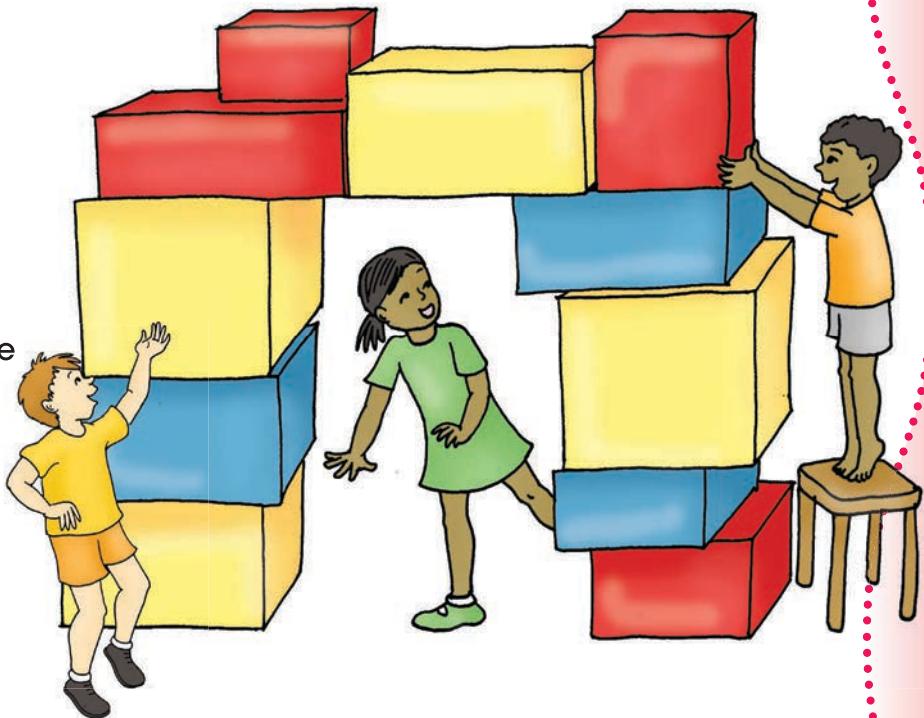
Ni nga shumisa mirado yanu nga ndilade arali ni tshi khou thusa mme anu u suka khekhe? Ni nga shumisa mirado yanu nga ndilade arali no kanda ngilasi yo pwasheaho bodelo lo pwasheaho?



### Kha ri ite nyito

Wanani uri ni nga kona u fhaṭa nnđu  
yanu inwi muñe naa.

- Wanani makhadibogisi a kale  
ni ite mbondo na ṭhangā.
- Ni nga nambatedza  
makhadibogisi nga gułuu.  
Musi nnđu yanu yo no f'heļa,  
ni nga i pennda.
- Arali ni sa koni u wana  
makhadibogisi, shumisani zwiňwe zwithuvho, f'hedzi ni songo shumisa ngilasi  
kana zwikot̄ikot̄i kana zwiňwe zwithuvho zwine zwa nga ni huvhadza.



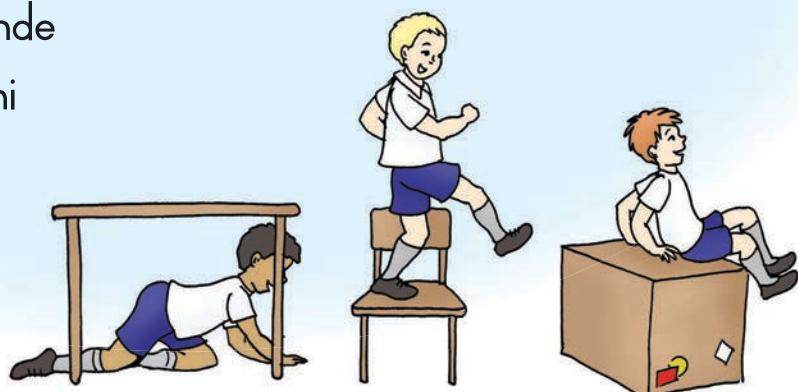
### Kha ri tsukunyee

Posani tshisagana tsha  
nawa kana bola muyani  
ni i gavhe nga tshanda  
tshañu tshine ni si  
anzele u tshi shumisa.

Thusani mudededzi wañu u  
sudzulusela nnđa ha kílasi zwidulo,  
ṭafula na mabogisi.

Dadamalani kha zwidulo,  
ṭafula na mabogisi, ni swende  
fhasi hazwo na u fhufha ni  
tshi tsa khazwo.

Lingedzani u ima  
nga mulenzhe muthihi  
kha tshidulo.



# Muvhili wanga

Themo ya 2 – Vhege ya 5 – Bammbiri ya u shumela



Kha ri nwale

Nwalani maipfi zwikhlanzi zwi re zwone.

mulenzhe

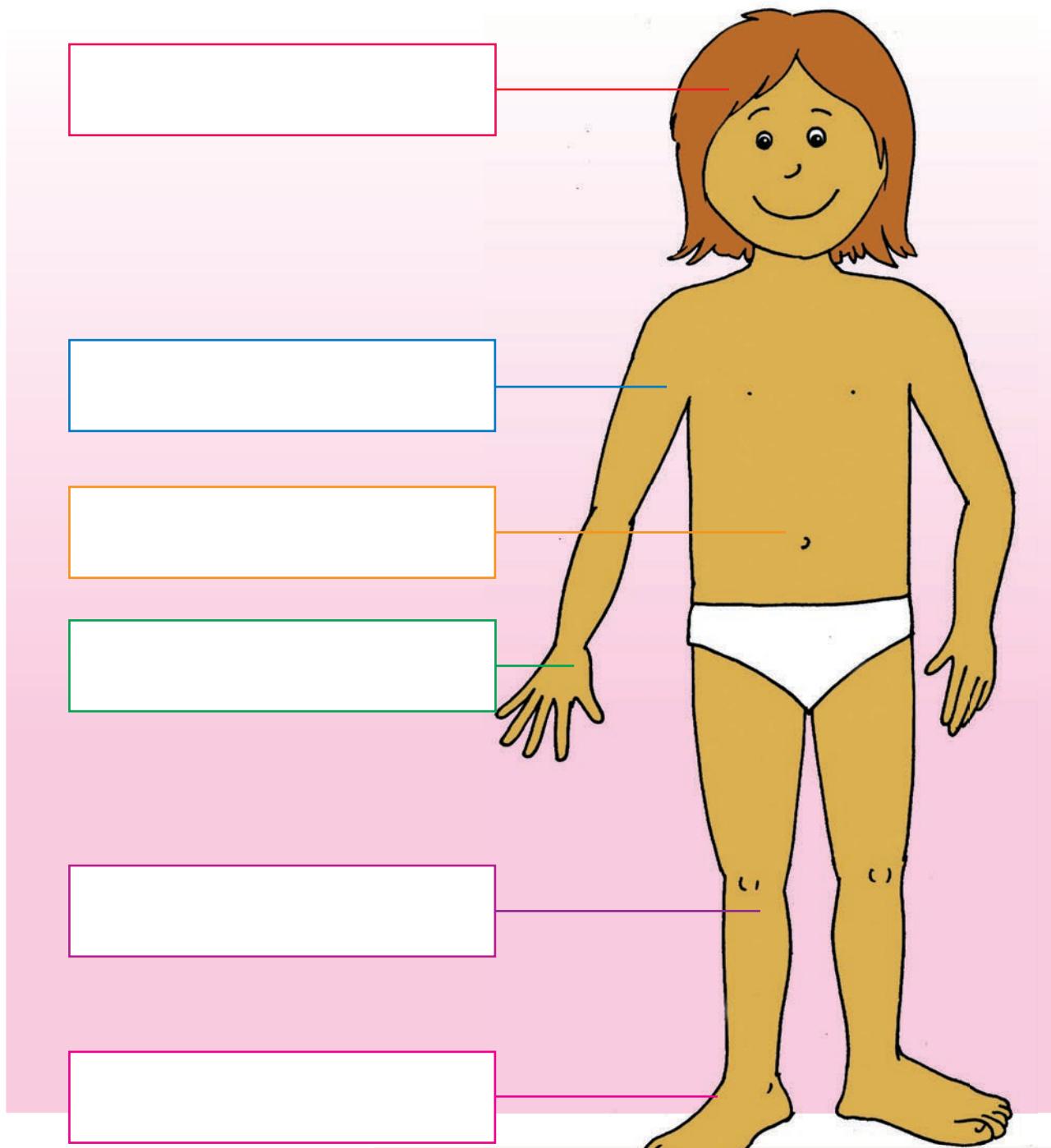
tshanda tsha fhasi

thoho

thumbuthumbu

mulenzhe

tshanda tsha ntsha

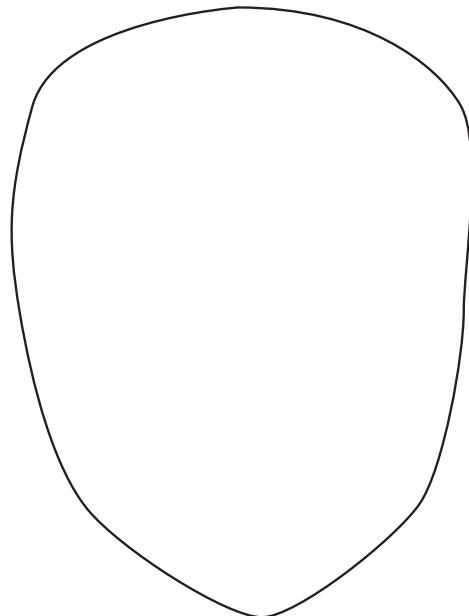




### Kha ri nwale

Fhedzisani tshifanyiso itshi tsha tshifhačuwo.

Olani mavhudzi. Lingedzani u edzisela tshifhačuwo tshaču. Arali ni na mačo a buraweni, olani mačo a buraweni. Arali ni na mavhudzi matswu, olani mavhudzi matswu. Olani tsie dzaču, ningi na mulomo.



Tshifhačuwo tshaču ndi tshipida tshihulwane tsha muvhili wanu.

Muňwe na muňwe u na mačo a 2.



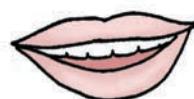
Muňwe na muňwe u na nđevhe dza 2.



Muňwe na muňwe u na ningi ya I.



Muňwe na muňwe u na mulomo.



### Kha ri ambe

Imbani luimbo ulu. Kwamani tshipida tsha muvhili tshine na khou tshi imba.

## Thoho mahada

**Thoho mahada, magona, zwikunwane, magona zwikunwane**

**Thoho mahada, magona, zwikunwane**

**Thoho mahada, magona, zwikunwane,**

**magona zwikunwane, magona zwikunwane**



### Kha ri tsukunyee

Tambani mutambo wa 'Simoni uri ...'



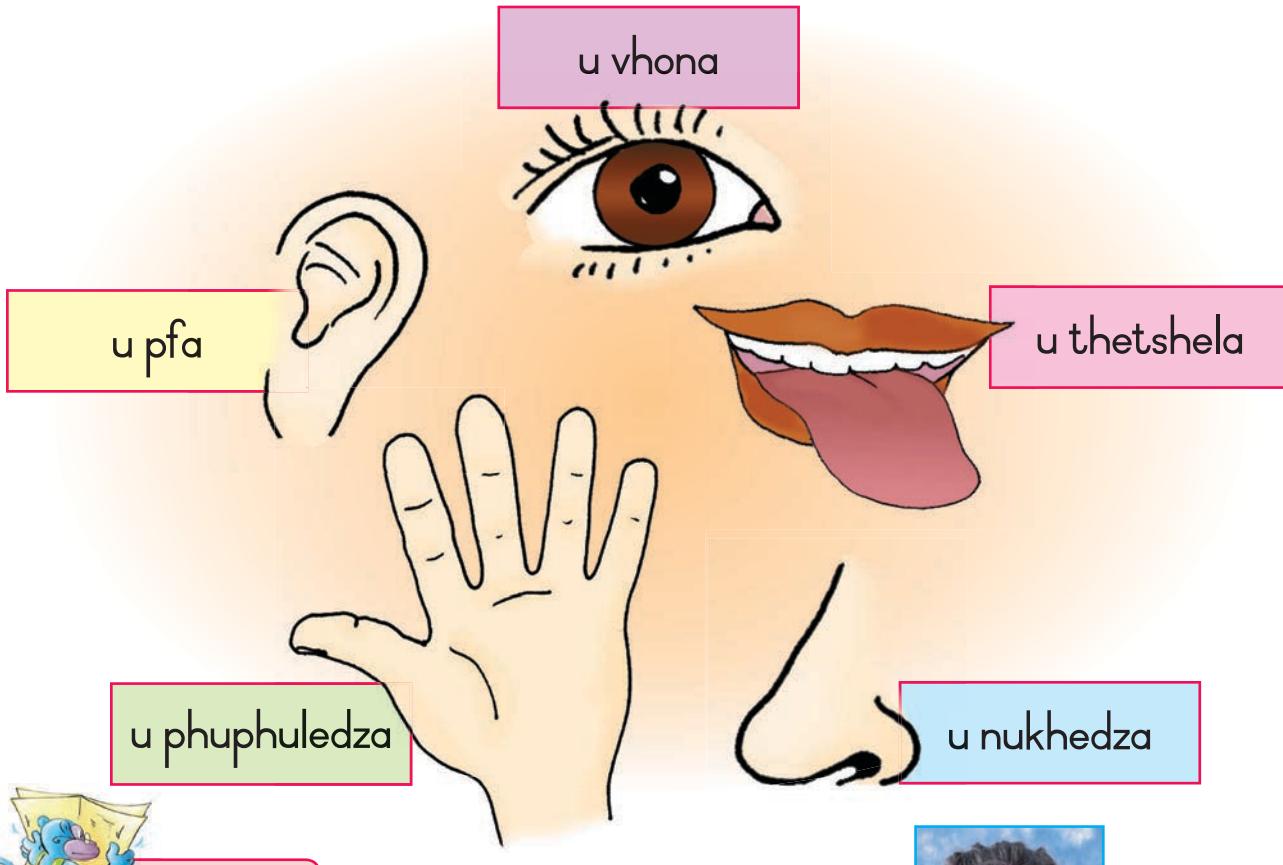
# Zwipfi zwanga

Themo ya 2 – Vhege ya 6 – Bammbiri ya u shumela ja



Kha ri ambe

Lavhelesani zwipfi zwe fhambanaho ni bule uri ri zwi shumisa kha mini.



Kha ri vhale

Ri shumisa zwipfi zwashu duvha linwe na linwe.

Zwiliwa ri a nukhedza na u thetshela.

Mithenga ri tou phuphuledza.

Lutombo tadalulu ri tou vhona nga mato.

Muzika ri u thetshelesa nga ndevhe.

Zwipfi zwashu zwi a ri tsireledzavho.

Mulilo ri u pfa na nga u nukhedza.

Tshitofu tsho fungiwaho ri tshi divha nga u tou phuphuledza.

Uri badani a hu pfukiwi ri zwi vhona nga mato.

Alamu i tshi lila ri i pfa nga ndevhe.





Kha ri ite nyito

U londola maṭo ashu na  
n̄devhe dzashu.

Ri tea u londola zwipfī zwashu.

Nāila mbili khedzi dza u londola maṭo  
aṇu na n̄devhe dzanu.



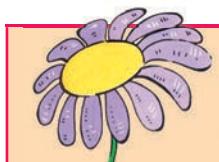
Londolani n̄devhe dzanu  
nga u sa thetshelesa  
muzika u re na phosho.

Londolani maṭo aṇu nga  
u ambara gebisi kana  
magogolosi.



Kha ri nwale

Lavhelesani thebuļu i re afho fhasi, kha mutalo muñwe na muñwe itani thiki  
kha tshipfī kana zwipfī zwine na do zwi shumisa kha nyito iñwe na iñwe.  
Ni nga swaya zwi no fhira tshithihi.



u nukhedza



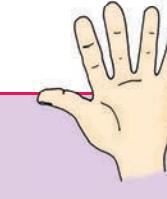
u thetshela



u vhona



u pfa



u phuphuledza



# Ndi shumisa muvhili wanga

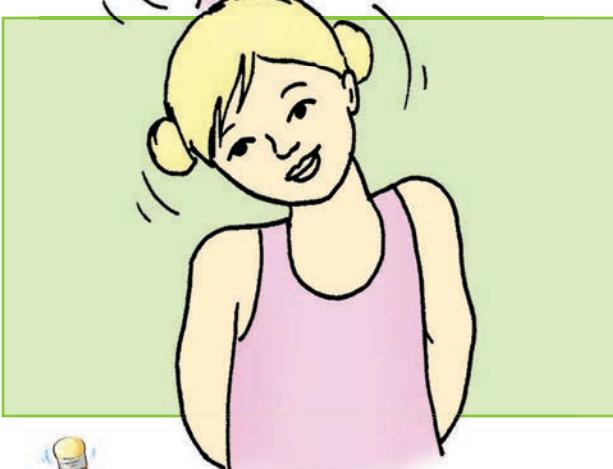
Themo ya 2 – Vhege ya 6 – Bammbiri ya u shumela ja



Kha ri ambe

Lavhelesani zwifanyiso. Bulani uri ndi zwipida zwifhio zwa muvhili zwi re kha tshiñwe na tshiñwe khathihi na uri zwi ni thusa u ita mini.

Ri dededzwa nga mivhili yashu.



Kha ri nwale

Inwi na khonani yanu fhindulani mbudziso idzi. Ni kone u nwala phindulo buguni yanu, fhasi ha mbudziso.

Ni shumisa zwipida zwifhio zwa muvhili kha u tshimbila?



Ni shumisa zwipida zwifhio zwa muvhili kha u doba zwithu?



Kha ri tsukunyee

Mudededzi wañu vha ño ni sumbedza kutambelwe kwa 'tshimange na mbevha'.

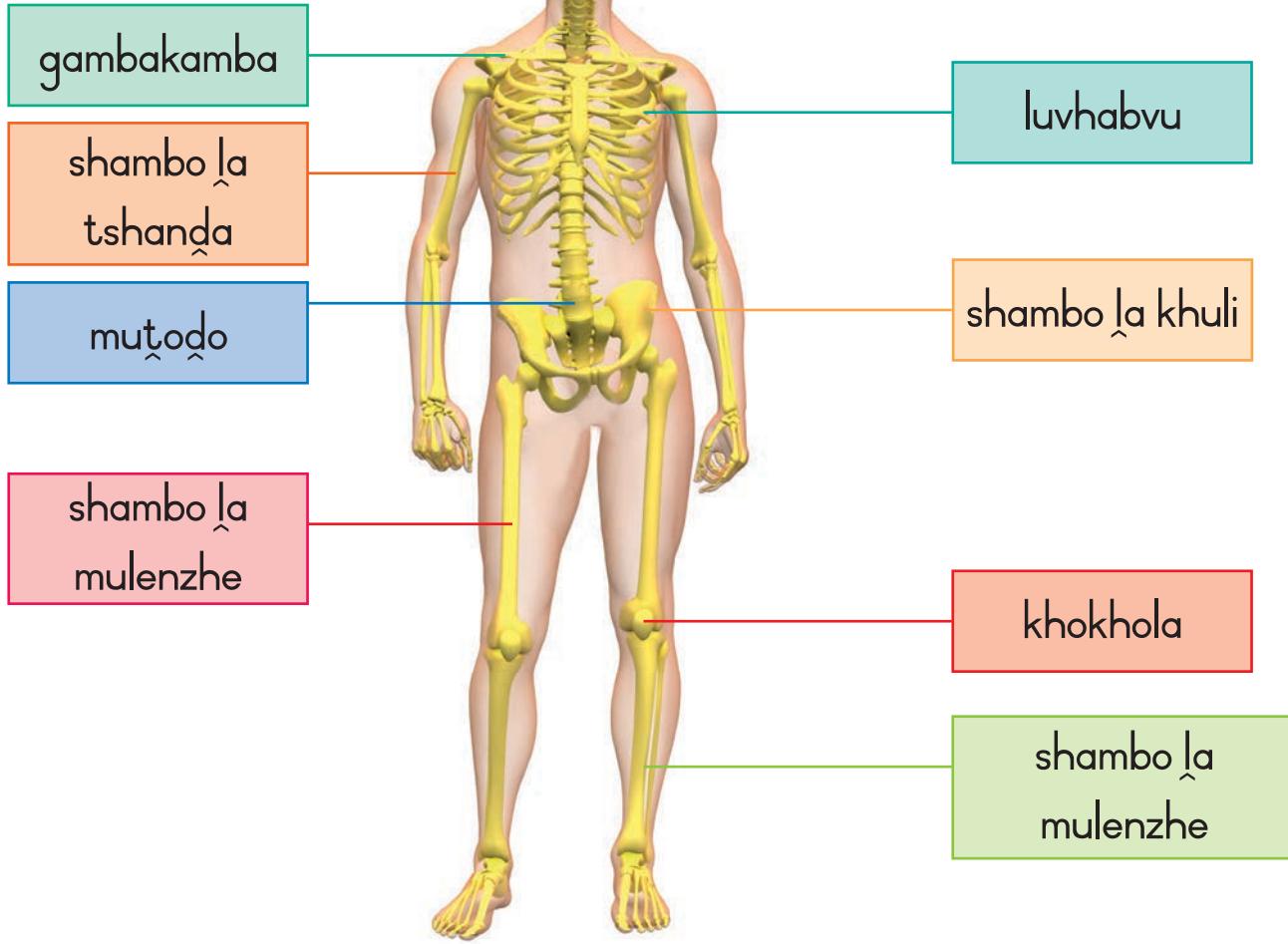




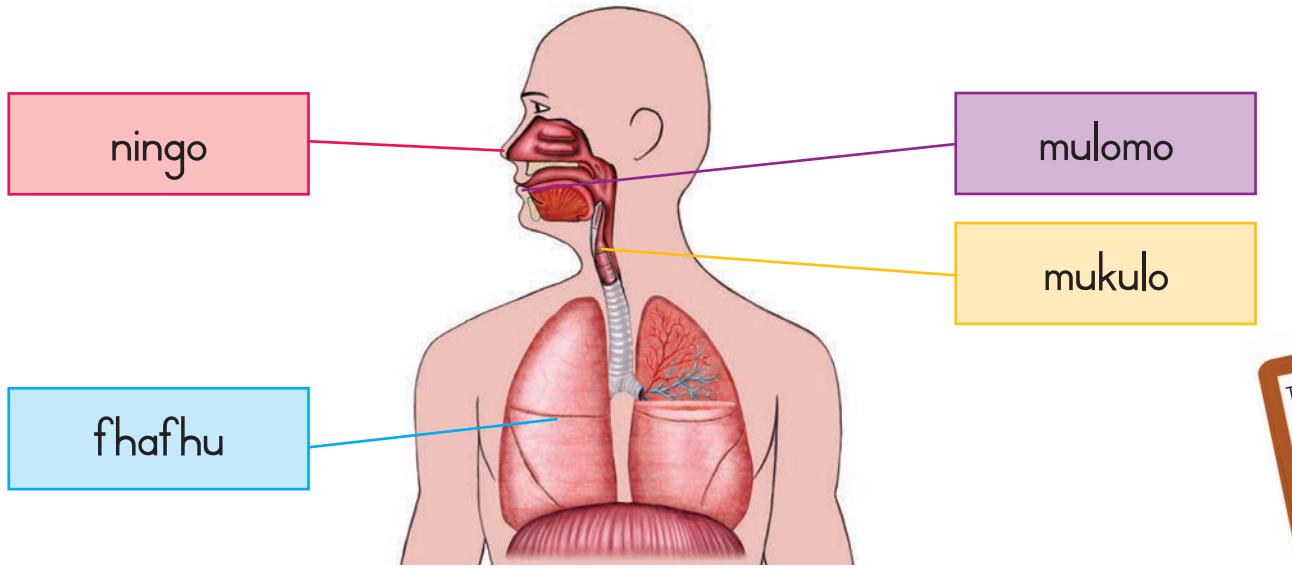
Kha ri vhale

Hu na zwipiða zwa muvhili zwine na si kone u zwi vhona.  
Zwi shuma zwothe khathihi kha u ita uri ni tshile.

## Marambo aṇu



## Zwipiða zwa muvhili zwi no ni thusa u fema

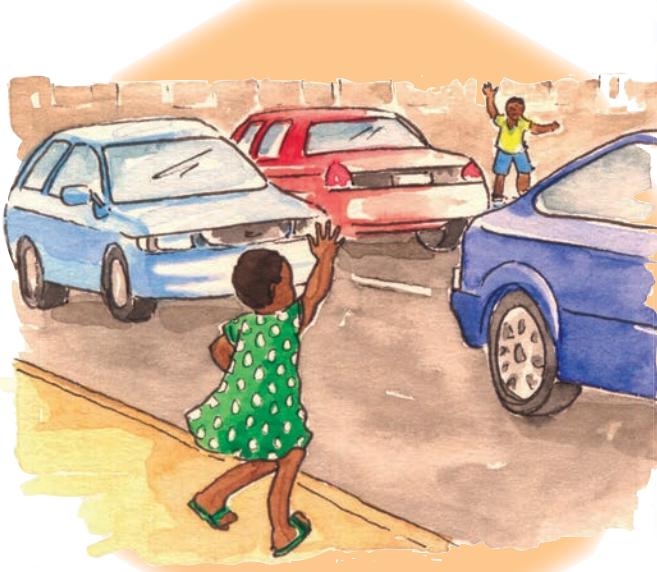




Kha ri ambe

# U elekanya nga u tsireledzea

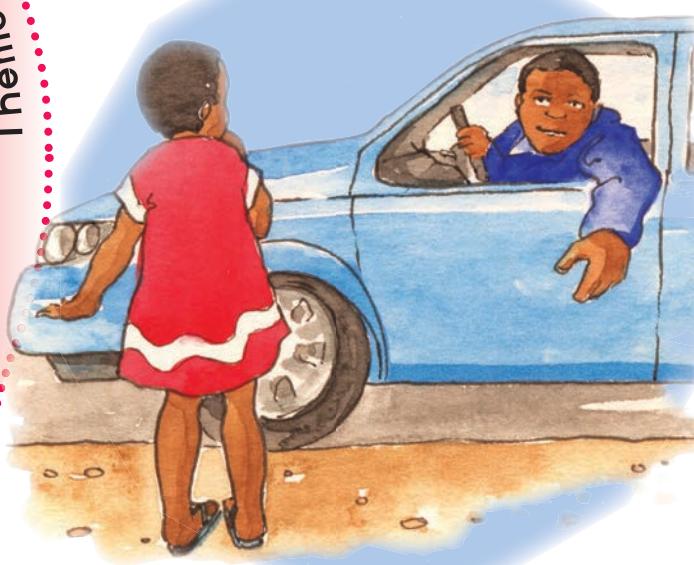
Lavhelesani zwifanyiso zwi re afho fhasi ni ambe na khonani yanu nga zwine na khou vhona. Bulani uri ni nga ditsireledza nga ndilade kha tshifanyiso tshiinwe na tshiinwe.



Ni khou vhona khonani yanu e seli ha bada.



No dzula ni nofhe vhuimabisi.

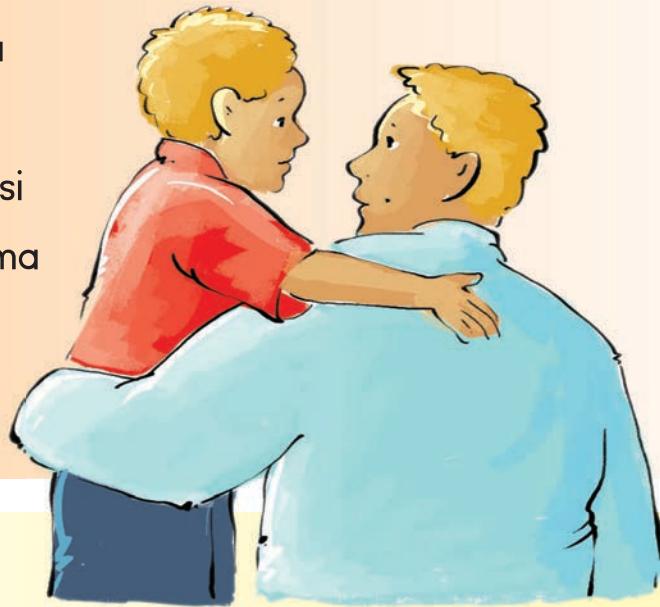


Muthu wa mutsinda u ri ni mu fhelekedze  
huriwe fhethu.



No xela mavhengeleni.

Musi muthu a tshi u kuvhatedza nga ndila i no takadza u vha na vhudipfi ha uri "ee" mbiluni. Zwi a takadza musi muthu ane wa mu funa a tshi u kwama nga ndila ya lufuno na vhulenda.



Kha de ngeno gombakomba ndi mu fhe malegere, fhedzi a songo vhudza muthu.

Musi muthu a tshi u kwama nga ndila i no tshuwisa na u sinyusa u vha na vhudipfi ha uri "hai". Musi ri tshi sinyuwa na u vhona khombo ri vha na vhudipfi ha uri "hai".

**Muvhili wañu ndi wa tshipentshela nahone ndi wañu ni noþhe. Ni fanela uri "ee" arali ni tshi zwi funa uri muñwe muthu a ni kwame, nahone ni tea uri "hai" arali ni sa zwi takaleli.**



# U tsireledzea

Themo ya 2 – Vhege ya 7 – Bammbiri ya u shumela ja



Lavhelesani zwifanyiso zwi re afho fhasi ni nwale Ee kha vhudipfi ha "ee"  
na Hai kha vhudipfi ha "hai" afho zwibulokoni.





**Kha ri ite nyito**

Itani ndowendowe ya uri "ebó!".

Itani litambwa line khalo muthu wa mutsinda a vha a tshi khou todou hwala nwana wa vhathe nga goloi kana a tshi todou mu farafara.

Uyu nwana u fhindula a ri "ebó!".



**Kha ri ambe**

Vhariwe vhana vha dzula midini ine vha si thogomelwe. Lavhelesani zwifanyiso izwi. Ambani uri no vha ni tshi nga dipfa hani arali no vha ni uyo nwana a re zwifanyisoni izwi. Bulani uri no vha ni tshi nga ita mini.

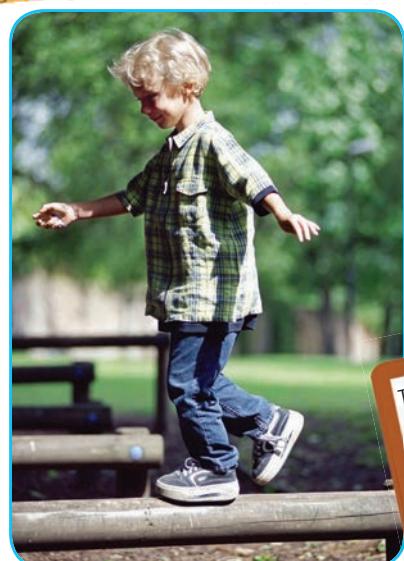


**Kha ri tsukunyee**

Tambani mutambo wa "dzidzidzi".

Sudzuluwani nga ndila ine na funa, musi mudededzi wanu vha tshi lidza tshitiriri (ndwevha), ni ime dzii heneffo hune na vha hone. Ni songo sudzuluwa na luthihi u swikela mudededzi vha tshi amba. Ni a kona u sa thengathenga?

Dadamalani kha danda la u dadamala li siho nthesa kana kha lutambo lwo vhewaho fhasi.



# Muvhili wanga u dzula wo takala

Themo ya 2 – Vhege ya 7 – Bammbiri ya u shumela ja



Kha ri vhale

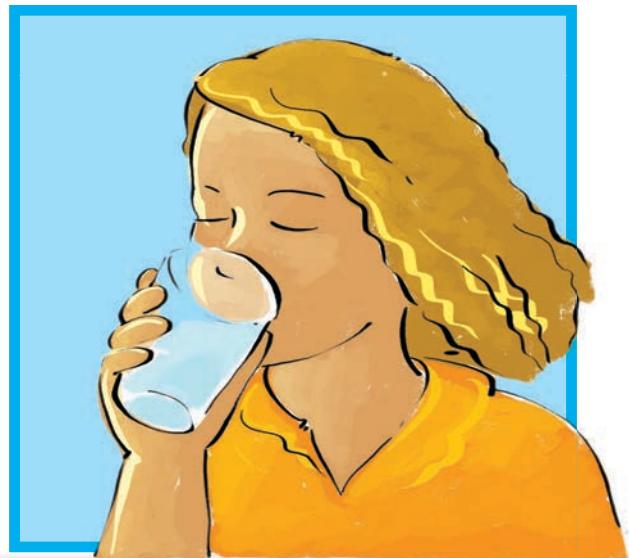
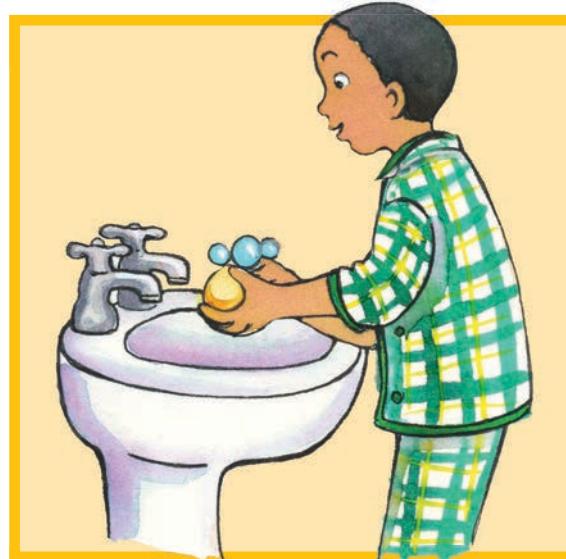


Hu na ndila nnzhi dzine na nga wana ngadzo malwadze. Kanzhi ri farwa nga malwadze nga nthani ha zwitshili (zwitzhili) na bakhitheria. Ndi zwithu zwițukutuku lune ra si kone u zwi vhona. Zwi dzhena mivhilini yashu zwa ri lwadza.



Kha ri ambe

Avha vhana vha re zwifanyisoni vha khou ita mini uri vha dzule vhe na mutakalo? Hu nga bvelela mini arali vha sa ita ngauralo?





Kha ri ambe

Zwino ambanı nga zwifanyiso izwi. Itani ✓ ni tshi sumbedza uri ni nga kona u dzula ni na mutakalo wavhuđi. Dzhenisani ✗ kha zwifanyiso zwine zwa nga ni lwadza.



Teacher:	○○○○○
Sign:	○○○○○
Date:	○○○○○

# Muvhili wanga u dzula wo takala

Themo ya 2 – Vhege ya 8 – Bammbiri ya u shumela la



Kha ri ambe

No vha ni tshi zwi divha uri hu na ndila nnzhi dza u kunakisa madi?

No vha ni tshi zwi divha uri manwe  
madi o kuna ngeno manwe e na tshika.  
Ni nga vha hani ha vhutanzi uri madi  
o kuna nahone a a nwea.

Ni nga vhilisa madi a muhulu nga  
gedela u itela u vhulaha zwitzhili.



Ni nga sefa madi a muhulu.

Mudededzi wañu vha do ni sumbedza  
kuitelwe kwazwo.

Ni nga shela kulebula kuçuku kwa  
bilitschi (sa Jik) baketeni la 20 litha la  
madi a muhulu. Tibani bakete u itela  
uri thunzi dzi si dzhene. Madi a tea u  
fhedza awara dza 28 a sa athu nwiwa.

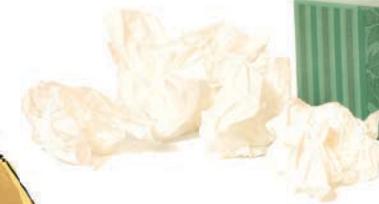




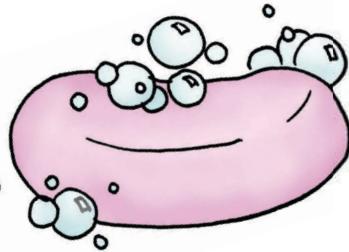
### Kha ri ambe

Lavhelesani zwifanyiso izwi ni  
ambe nga zwine vhana vha  
khou ita uri vha dzule vhe na  
mutakalo waghudi.

Posani thishu dzo shumaho  
ngomu thoilethe kana binini.



Ni ṭambe zwanda  
ni sa athu la.



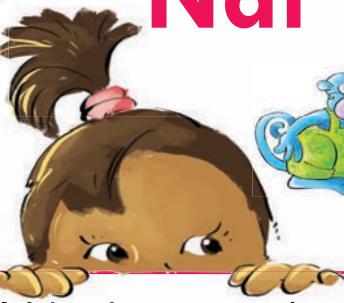
Arali na ita vhuada thoilethe, i  
kunakiseni ni kone u ṭamba zwanda.



Thivhani mulomo musi ni tshi  
atsamula kana u hotola.



# Ndi vho kona mini



Rerani nga zwe na  
guda kha themo mbili  
dzo fhiraho.



Ndi a kona u amba nga muta wa hashu.	
Ndi a kona u tshimbila kha mutalo musekene.	
Nomboro dza mapholisa ndi a dzi divha.	
Vhudipfi ha uri "ee" kana "hai" ndi a hu divha.	
Ndi a kona u gavha bola.	
Ndi a kona u dzula ndo tsireledzea hayani ha hashu.	
Ndi a kona u divha arali ndo sala ndi ndothé hayani.	
Ndi a thusa muta wa hashu.	
U mona na tshikolo ndi a hu talukanya.	
Ndi a talukanya u dzula ndi na mutakalo wavhuđi.	
Ndi a talukanya uri ndi ita mini nga zwithu zwi re begeni yanga.	
Ndi vho divha nga tshaka dzo fhambanamaho dza mita.	
Ndo guda zwithu zwinzhi kha Zwikili zwa Vhutshilo.	

# Dikishinari yanga

A  
a

G  
g

B  
b

H  
h

C  
c

I  
i

D  
d

J  
j

E  
e

K  
k

F  
f

L  
l

# Dikishinari yanga

M  
m

S  
s

N  
n

T  
t

O  
o

U  
u

P  
p

V  
v

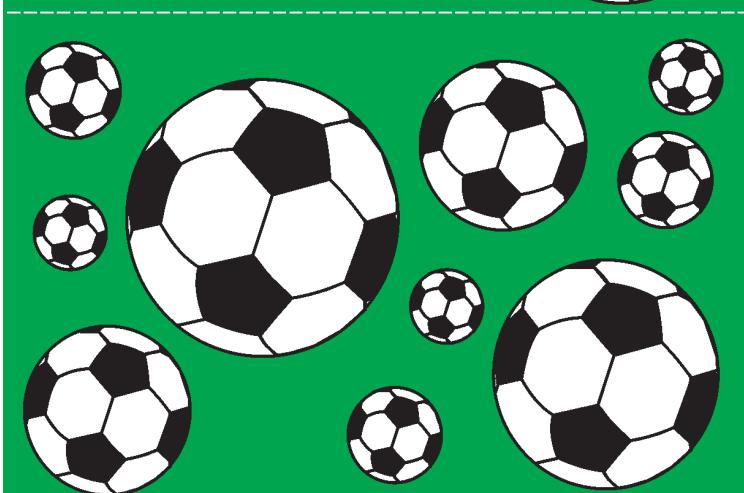
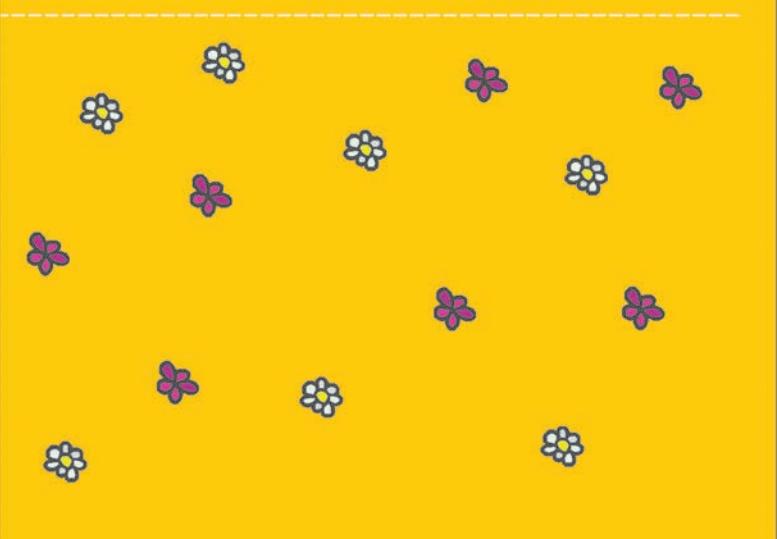
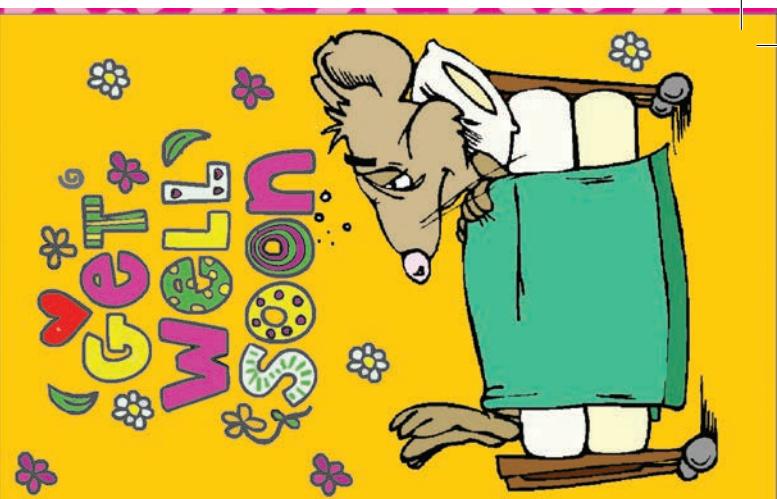
Q  
q

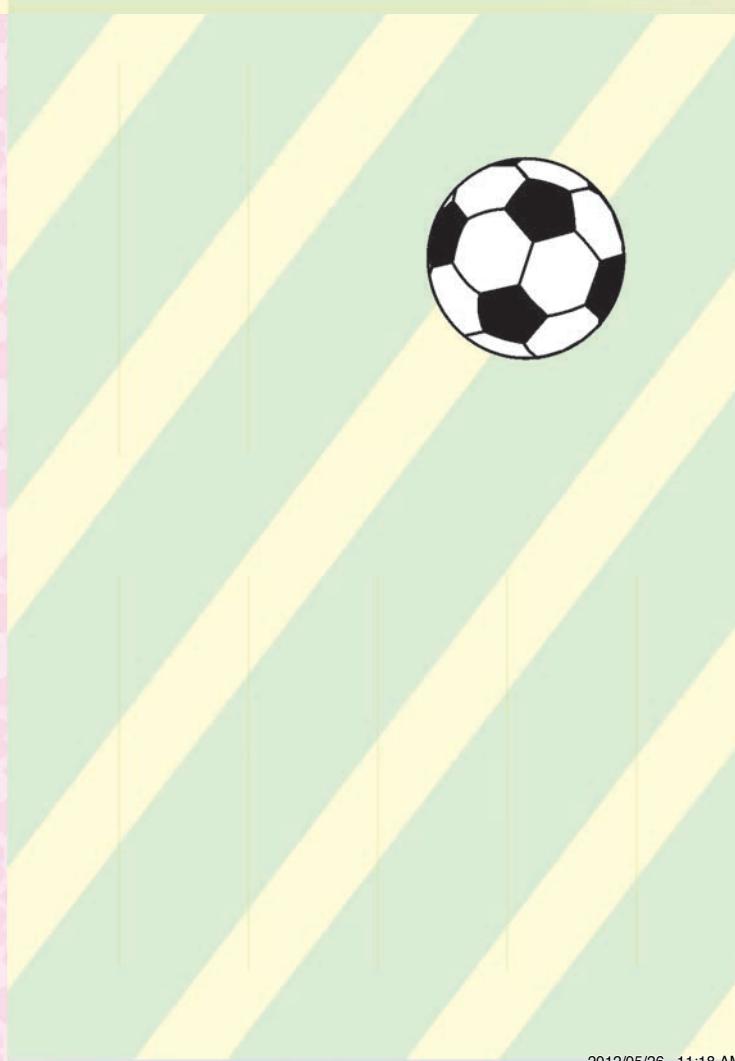
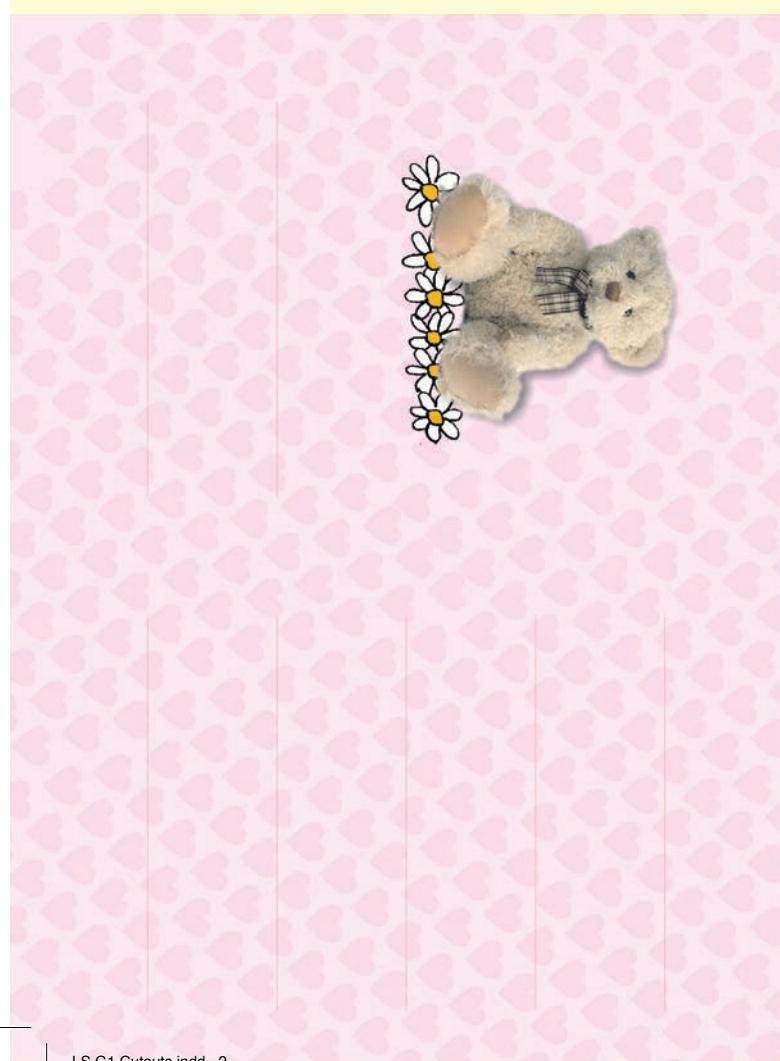
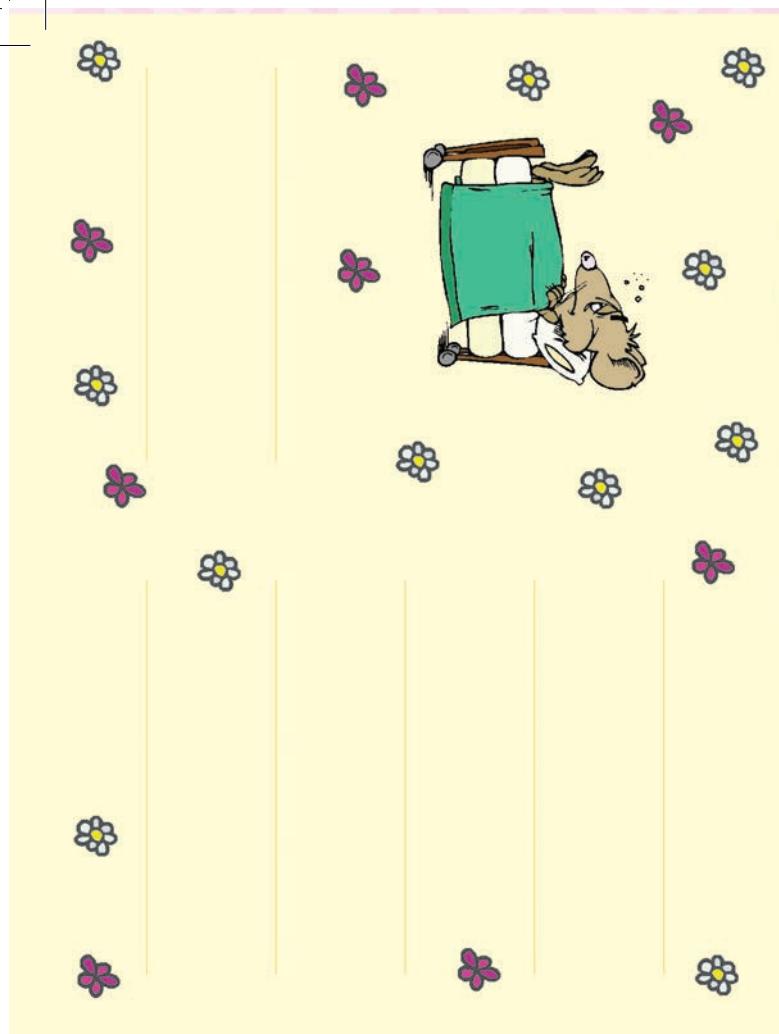
W  
w

R  
r

X - Z

x - z





## Masks

Cut out on  
the outside  
black line.  
Tie a string  
into the holes  
to make a  
face mask.

