

E thabolotswe e
bile e tsamaelana
le KPKT

Mophato



Bokgoni jwa Botshelo ka SETSWANA

Buka 2

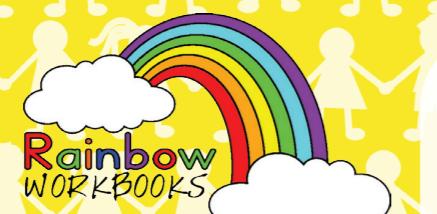
Kgweditharo 3 & 4



Leina:

Phaposi:

ISBN 978-1-4315-0248-6



LIFE SKILLS IN SETSWANA

GRADE 1 – BOOK 2

TERMS 3 & 4

ISBN 978-1-4315-0248-6

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8th Edition

Dibukatiro tse di fithelwang mo
metseletseng e. ke:

- Puotlaleletso ya Ntlha ya Setswana Mephato 1–3 (Ka dipuo tsotlhe tsa semmuso)
- Puotlaleletso ya Ntlha ya Setswana Mephato 4–6 (Ka Seesimane)
- Puogae ya Setswana Mephato 1–6 (Ka dipuo tsotlhe tsa semmuso)
- Matesisi (Mmetshe) Mephato 1–3 (Ka dipuo tsotlhe tsa semmuso)
- Matesisi (Mmetshe) Mephato 4–9 (Ka Seesimane le Seaforikanse)
- Bokgoni jwa Botshelo Mephato 1–3 (Ka dipuo tsotlhe tsa semmuso)



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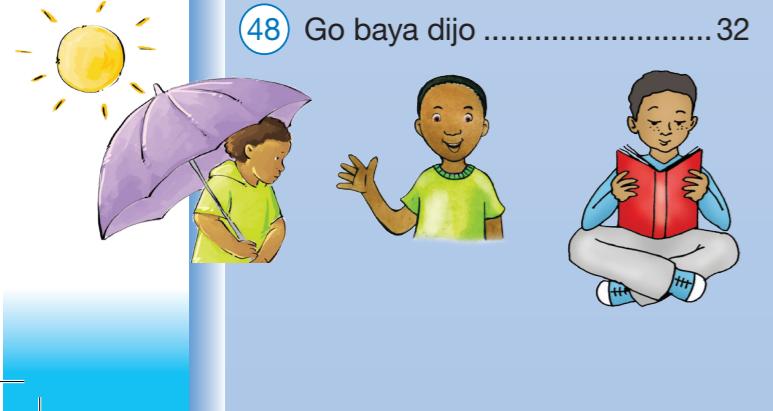
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Mme Angie Motshekga,
Tonakgolo ya
Thutotheo



Rre Enver Surty,
Motlatsatonakgolo ya
Thutotheo

Dibukatiro tse di kwaletswe barutwana ba Afrika Borwa ka fa tlase ga boeteledipele jwa ga Tonakgolo ya Lefapha la Thutotheo. Mme Angie Motshekga le Motlatsatonakgolo ya Lefapha la Thutotheo. Rre Enver Surty.

Dibukatiro tsa Rainbow ke karolo ya maiteko a mangwe a Lefapha la Thutotheo a a ikaeletsweng go tokafatsa bokgoni jwa barutwana kgotsa baithuti ba Afrika Borwa mo mephatong e merataro ya ntlha. Jaaka e le sengwe sa dilo tse di kwa godimo mo Lenaneotirong la Mmuso, porojeke e e etleediwa ke Letlotlo la Semmuso. Se se kgontshitse Lefapha go kwala dibukatiro tse ka dipuo tsotlhe tsa semmuso, mme ga di duelelwae.

Re solo fela gore dibukatiro tse di tlaa tswela barutabana mosola mo go ruteng ga bona ga letsatsi le letsatsi, le mo go netefatseng gore barutwana ba digela kharikhulamo ya bona. Re netefaditse gore re kaela morutabana sentle mo tirong nngwe le nngwe ka go tsenyeletsa mesupatsela go bontsha gore ke eng se morutwana a tshwanetseng go se dira.

Re solo fela gore bana ba tlaa itumelela go dira mo bukeng e fa ba ntse ba gola e bile ba ithuta, le gore wena jaaka morutabana, o tlaa abelana le bona boitumelo jwa bona.

Re go eleletsa katlego e kgolo mo tirisong ya dibukatiro tse, wena le barutwana ba gago.



Published by the Department of Basic Education
222 Struben Street
Pretoria
South Africa

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Eighth edition 2018

ISBN 978-1-4315-0248-6

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Mophato

1

Bokgoni jwa Botshelo
ya SETSWANA
Buka 2

Buka e ke ya ga:

33

Mafelo a a mo morafeng wa gaetsho

3 – Beke I

Kgweditharo

Akanya ka ga batho
ba o ba boning le go
bua le bona letsatsi
lengwe le lengwe –
batho ba ke morafe
wa gaeno. Ba ka
nna batho ba ba no
mobileng kgotsa b
aba tshelang gaufi
le fa o nnang teng.
Ba ka nna batho b
aba kwa kerekeng le
kwa sekolong sag ago,
maphodisa a a mo
tikologong ya gaeno,
dingaka, jalojalo.

A re buiseng

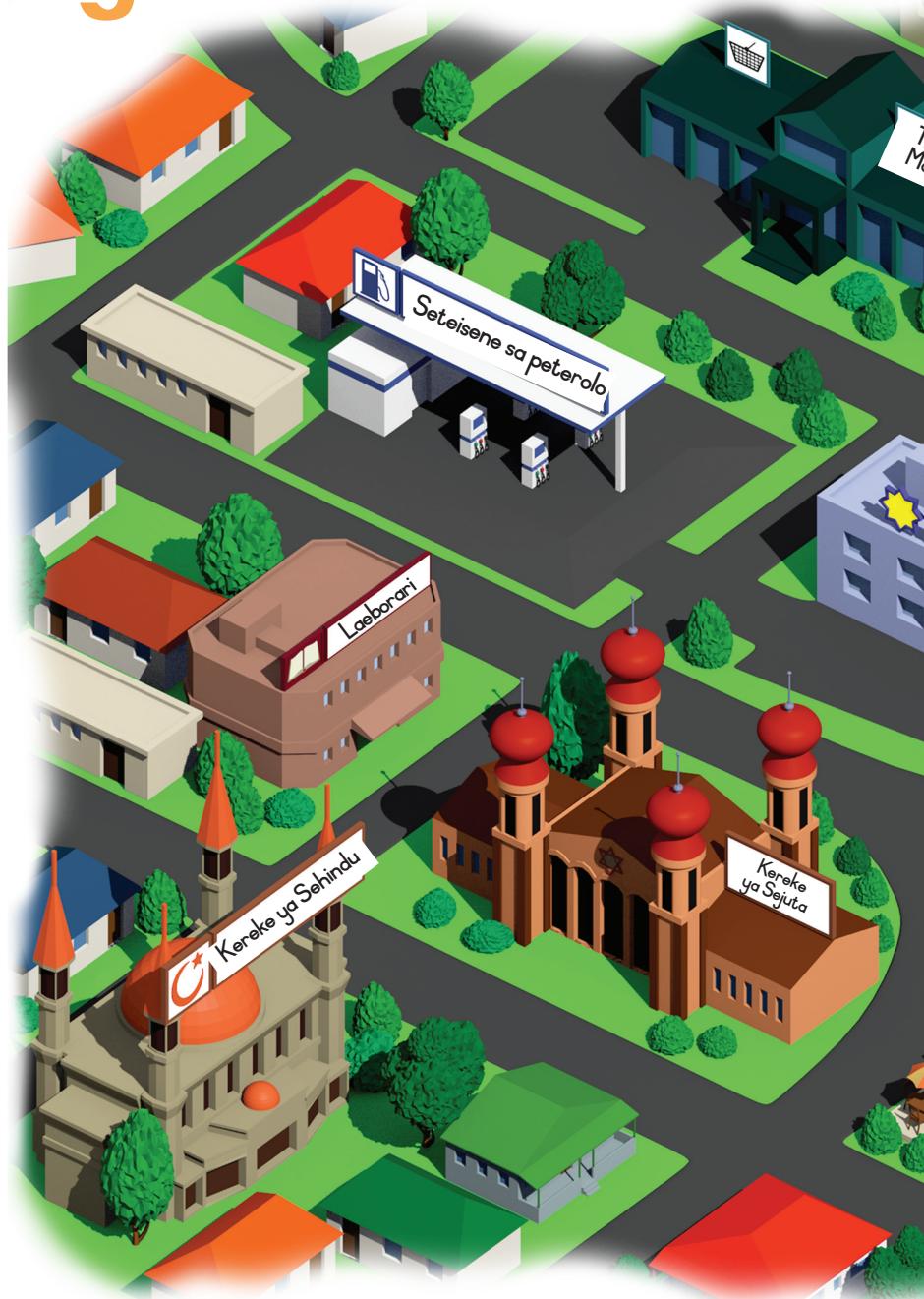


A re bueng

Bua le tsala ya gago ka ga setshwantsho se se mo ditsebeng tse pedi tse.

Ke mafelo afe a a mo setshwantshong a o a lemogang?

Batho ba kgobokana kgotsa ba kopana kwa mafelong afe mo go a?





A re direng

Letlha:

Ke afe a mafelo a a mo setshwantshong se se fa tlase a o a etetseng? Gatisa bokwantle jwa ona ka kheraeyone.



Tlotlela tsala ya gago gore a o ne wa etela mafelo a, le mongwe kgotsa o ne o le esi. Ke goreng o ne o a etela? A o akanya gore mafelo a o a etetseng ke mafelo a batho b aba bogole ba ka a fitlhelelang bonolo, ba a etela?

Teacher:
Sign:
Date:

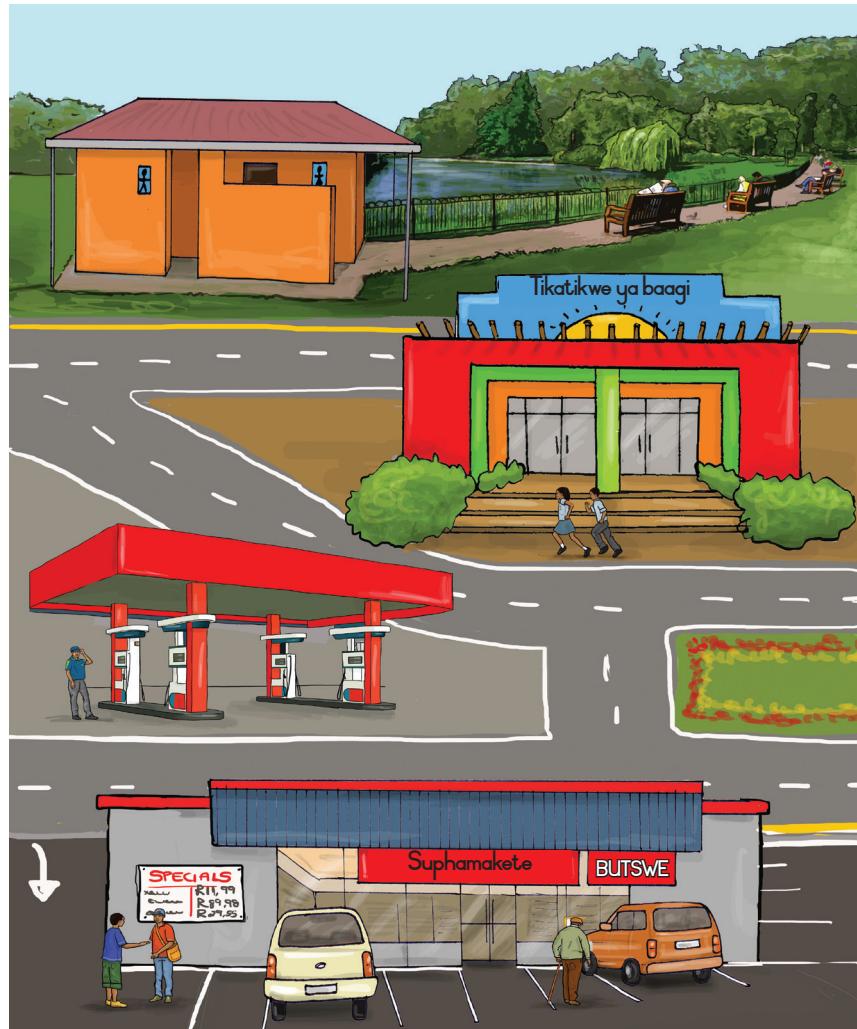
Go tlhokomela didirisiwa mo motseng

3 - Beke I



A re bueng

Mafelo a a mo metseng
ya rona a na le mefuta
e e farologaneng ya
didirisiwa tse mongwe le
mongwe a ka di dirisang.
Ditleliniki, dikolo, mabala
a metshameko le dikokelo
tsotlhe ke mafelo a
rothle re a dirisang. Re
tshwanetse go tlhokomela
mafelo otlhе mo motseng
wa rona. Gape re
tshwanetse go tshola
tikologo ya rona e le phepa
gore e natefele mongwe le
mongwe.



A re bueng

Bua le tsala ya gago ka ga setshwantsho.

- A o akanya gore batho ba rata go tshela fa?
- Ke goreng o akanya jalo?
- Motse le tikologo tsa gaeno di ka tokafadiwa jang?



A re direng

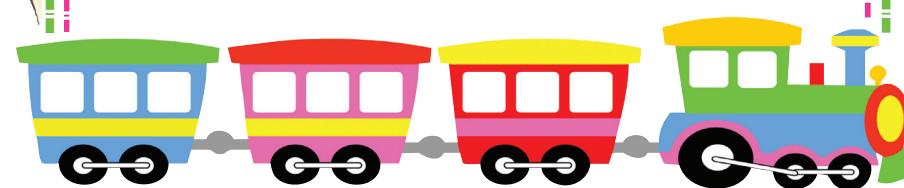
Itirele setshwantsho sa mebalabala o
dirisa mofuta mongwe wa sepalangwa
sa botlhe, se tshwana le terena,
besé kgotsa thekesi. Bontsha batho
ba bogolo jo bo farologaneng ba
na le wena- bangwe ba dutse ba
tlhamalatse, bangwe ba inametse
kwa pele kgotsa ba robaletse kwa
morago, bangwe ba le bagolo mme
bangwe ba le bannyé.



Letlha:



A re tsamayeng



Ikatise

- Ikatise ka go tsamaela kwa pele ka menwana ya maoto.
- Jaanong tsamaela kwa morago ka direthe tsa gago.
- Tsamaela kwa pele ka direthe tsa gago.
- Tsamaela kwa morago ka menwana ya maoto ya gago.



Bopa ditlhaka

Bopa ditlhophpha tsa 2. Dirisang mebele ya lona
go bopa ditlhaka. O ka nna wa ema o
itshegeditse ka lebota kgotsa o robetse.

Bona gore a wena le tsala ya gago le ka bopa
tlhaka e e ka se kang ya bopiwa ke ope.



A e siame kgotsa nnyaya?

Bekē 2

Kgweditharo 3

A re bueng

Lebelela ditshwantsho tse.

Mafelo otlhe a, kana didirisiwa tsotlhе tse, ke eng? Tlotlela tsala ya gago mokgwa o o nepagetseng wa go dirisa lefelo kana sedirisiwa sengwe le sengwe.





A re direng

Aga mmotlolo wa kago o dirisa materiale o o resaedilweng. O ka nna wa aga tleliniki, laeborari kgotsa kago efe kapa efe mo motseng wa gaeno. Gape le ka bereka mmogo ka ditlhophpha. Kgabisa kago ya gago go bontsha sentle gore ke kago efe e o e agileng.



A re tsamayeng



Letlha:

- Emisa dithaere o di beye ka lenaneo.
- Huhumela ka fa tlase ga dithaere.
- Robatsa dithaere fa fatshe.
- Ema ka maoto a mabedi mo thaereng.
- Jaanong balansa ka leoto le le lengwe mo thaereng.
- Dirisa dithaere mo metshamekong e mengwe ya motsamao.

Ela tlhoko gore o se ka wa ikgobatsa.



Teacher:
Sign:
Date:

Batho mo setšhabeng sa rona

Bekē 2



A re kwaleng

Kgweditharo 3 – Bekē 2



Lebelela ditshwantsho tse. Go tswa mo mabokosong a a ka fa mojeng, tlhopha leina le le siameng la setshwantsho sengwe le sengwe. Le kwale ka fa tlase ga setshwantsho seo.



Motshelaleokwane



Mmamabolomo



Mokgweetsi wa thekesi

Rapharakano

Ngaka

Morekisi wa maungo

Rasetimamolelo

Lepodisi

Lebelela ditshwantsho tse o di fileng maina mme o bue le tsala ya gago ka tsona.

A o bona batho ba mo motseng wa gaeno?

Ke bomang gape ba o ba bonang mo motseng wa gaeno?

A batho ba mo motseng wa gaeno ba a thusana? Ba dira eng?



A re kwaleng

Letlhah:



Thala mola go tswa mo tshimologong ya polelo nngwe le nngwe ka fa molemeng go ya kwa mafokong a a golaganang ka fa mojeng.

Rasetimamolelo

Tokololo ya Tirelo ya Sepodisi sa Aforikaborwa

Ngaka

Morekisi wa maungo

Motshelaleokwane

tshwara disenyi

tshela leokwane (Peterolo) mo dijanageng

rekisa maungo

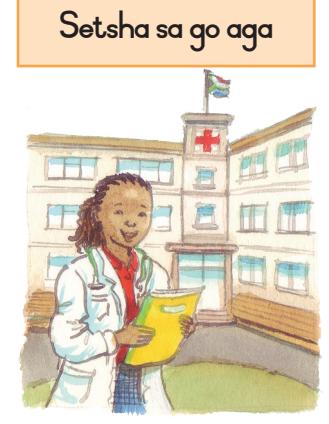
tima molelo

o a re fodisa

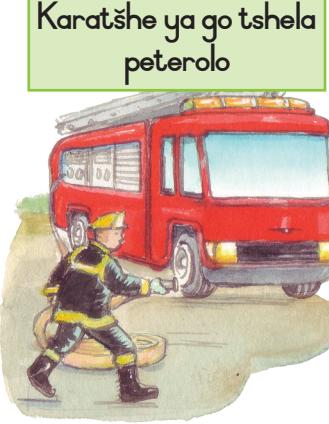


A re kwaleng

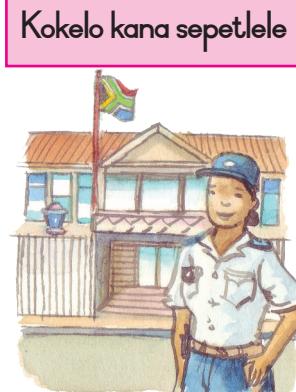
Lebelela ditshwantsho tse. Go tswa mo mafokong a a fa tlase, tlhopha leina le siameng la setshwantsho sengwe le sengwe. Le kwale ka fa tlase ga setshwantsho seo. Bapisa dikarabo tsa gago le tsa tsala ya gago.



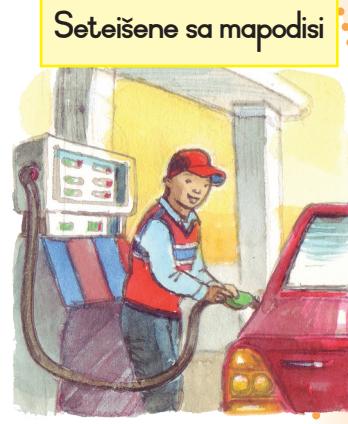
Setsha sa go aga



Karatšhe ya go tshela peterolo



Kokelo kana sepetlele



Setešene sa mapodisi



A re tsamayeng

Opela moribo o o o
utlwang diatla.

- Reetsa sentle fa moribo o fetoga.
- Dira se ka ditaele tse di farologaneng tsa mmino, go tloga ka tlelaseki go fitlha ka phopo.
- Opa diatla ka bonako kgotsa ka iketlo go tshola moribo sentle.

Kitsiso ya morutabana:
Reetsa mmino o morutabana wa gago a o tshamekang kgotsa meribo e morutabana wa gago a e tshamekang mo moropeng kgotsa mo diphekhašeneng tse dingwe.



Diphologolo tse re di ruang jaaka diotlwana



A re buiseng

Bontsi jwa rona bo na le diotlwana. Seotlwana sa gago ke tsala ya gago ya phologolo. O a e tlhokomela e bile e nna gaufi thata le wena – gongwe e nna le wena mo ntlong e o nnang mo go yona kgotsa mo ntlaneng ya yona mo segotlong.



A re bueng

Lebelela setshwantsho. Bua le tsala ya gago ka ga setshwantsho. Dirisa kheraeyone go sekeletsa diotlwana tsotlhe tse o kgonang go di bona. Ke diotlwana di le kae tse o kgonang go di bala? Bolelela morutabana wa gago.

- A o na le seotlwana? Fa o na le sona, tlottlela tsala ya gago ka ga sona.
- Fa o se na sona, tlottlela tsala ya gago gore o ka rata go nna le seotlwana sa mofuta mang kgotsa goreng o sa batle seotlwana.



A re kwaleng

Dirang lenaneo la mefuta yotlhé ya diotlwana tse o sa di boneng mo setshwantshong. Kopololela se morutabana wa gago a se kwalang mo botong fa.





A re direng

Thala seotlwana sengwe le
sengwe se o se ratang – o
ka nna wa akanya ka ga
mofuta ofe kapa ofe wa
seotlwana se o ka ratang go
nna le sona.



A re tsamayeng

Ikatise go latlhela le go kapa kgwele

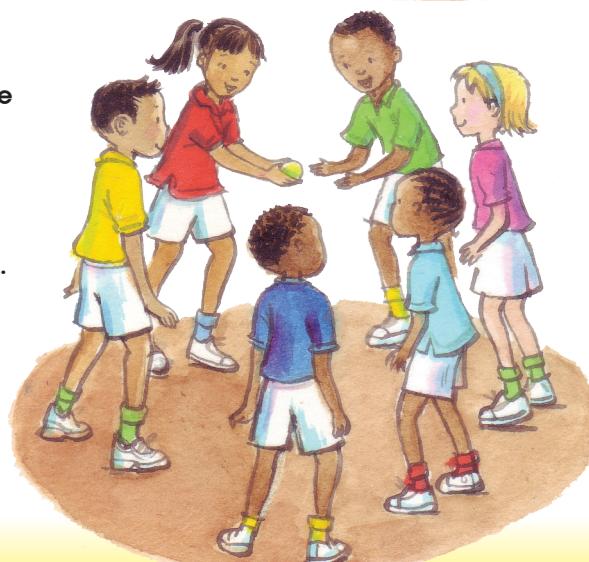
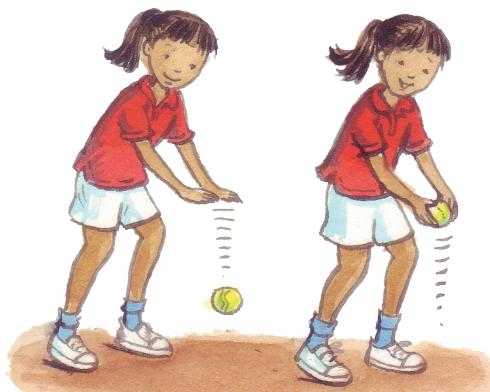
- Ka diatla tsoopedi latlhela bolo ya thenese mo moweng.
E tshware ka diatla tsoopedi.
- Jaanong e latlhele mo moweng ka letsogo le le lengwe mme o e kape gape ka letsogo le le lengwe.
- Jaanong latlhela bolo ya thenese ka seatla sa gago se se bokoa mo moweng o bo o e tshwara gape ka seatla sa gago se se bokoa.

Tampisa bolo ya thenese fa fatshe ka diatla tsoopedi o bo o e tshwara ka diatla tsoopedi

- Tampisa bolo ya thenese fa fatshe ka matsogo a mabedi mme o e tshware gape ka matsogo a mabedi.
- E tampise ka letsogo le le lengwe mme o e tshware gape ka lona letsogo leo.
- E tampise ka letsogo le lengwe mme o e tshware gape ka lona letsogo leo.
- Emang tshekeletsa mme o fetisetse kgwele kwa mothong yo o fa thoko ga gago ka matsogo a mabedi.
- Fetisetse kgwele kwa mothong yo o fa thoko ga gago ka letsogo le le lengwe.
- Dirisa letsogo le lengwe la gago mme o fetisetse kgwele kwa mothong yo o fa thoko ga gago ka fa letlhakoreng le le lengwe.

A o ne o itse?

Bontsi jwa diphologolo bo rata go tshameka ka kgwele. Mme gona o tshwanetse go nna bonako thata gonane dintšwa di rata go tshwara bolo le go tshaba ka yona.



38

Ka moo o tshwanetseng go tlhokomela diotlwana ka teng

3 - Beke 3

Kgweditharo



A re bueng

Go botlhokwa go tlhokomela diotlwana tsa rona.

Bua le tsala ya gago ka ga gore diotlwana di batla eng. Ipeye mo maemong a seotlwana se tsala ya gago e se thadileng mo tsebeng ya II. Akanya ka gore o ka tlhoka eng. O ka akanya ka ga dilo di tshwana le dijo le gore o ya go robala kwa kae. Jaanong bolelela tsala ya gago. Gape bua ka ga gore o tshwanetse go dira eng fa o ka lwala.



A re kwaleng

Tshwaya (✓) fa thoko ga selo sengwe le sengwe se seotlwana se se tlhokang.

Dijo

Metsi

Sesepa sa meno

Lefelo le le bothitho, le le omileng la go robala

Ngaka ya diphologolo fa e lwala

Letsatsi la boikhutso



A re direng

Thala dintlo le dijo tse diphologolo tse di di tlhokang. Morago o kwale leina le re le nayang bana ba tsona.

Phologolo	Ntlo	Leina la ngwana wa phologolo



A re direng

Buisa polelo nngwe le nngwe mme o akanye ka ga ka moo o ka ikutlwang ka teng le gore o ka dira eng wa bo wa bua eng. Morutabana wa gago o tlaa go bolelala se o tshwanetseng go se dira.

- O tshola seotlwana se sešwa.
- Katse ya gago e timetse.
- Ntšwa ya gago e jele setshamekisi sa gago se o se ratang.
- Tsala ya gago e tshwenya ntšwa.
- O bona ntšwa e tswaletswe mo sejanageng se se lotletsweng.



A re tsamayeng

Reetsa meribo e e farologaneng e morutabana wa gago a tlaa e tshamekang. Itire o ka re o phologolo e e tsamayang go ya ka moribo wa mmino.



Fa mmino o le bonako patakanya jaaka pitse.

Fa mmino o le bonolo, fofa jaaka serurubele.

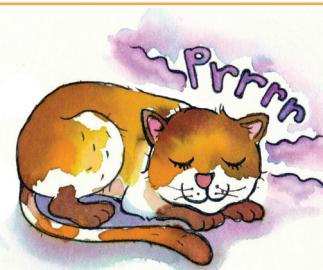


Fa mmino o le kwa godimo, tsamaya jaaka tlou.

Fa mmino o le bonya, tsamaya jaaka khudu.



A re bueng



Mmutla ke sekokoni. Meno a dikokoni ga a emise go gola.

Ngwaga o le mongwe wa motho o lekana le dingwaga tsa ntšwa di le 7. Fa ntšwa e na le dingwaga di le 3, e lekana le dingwaga tsa motho di le 21.

Fa katse e itumetse, e a ngaola.



Boithabiso

"Katse le Peba". Morutabana wa gago o tlaa le bolelala gore ke mang katse le gore ke mang peba. Refosanang diabe tsa lona morago ga sebakanyana.

Teacher:
Sign:
Date:

39

Maitseo le maikarabelo

Kgweditharo 3 – Beko 4



A re buiseng



Mafoko a a bontsha maitseo a a siameng. Maitseo a rona ke mokgwa oo re tsholang batho ba bangwe ka teng. Maitseo a rona a bontsha ka moo re tlotlang ba bangwe ka teng.

Re itumelela go bua le mongwe yo o nang le maitseo a a siameng. Gape go itumedisa go nna botsalano le mongwe yo o nang le maitseo a a siameng.

Re na le maikarabelo a go aga re tshola batho ba bangwe sentle. Ke ka moo mongwe le mongwe wa rona a tshwanetseng go itshola sentle.



A re bueng

Letlha:

Lebelela ditshwantsho. Gape buisa mafoko a a mo mabokosong. Bua le tsala ya gago ka ga ditshwantsho. Bua ka ga maitsholo a a siameng kgotsa a a maswe a bana ba a bontshang.

Dumela,
Mma.



Nna bonolo mo
bathong.

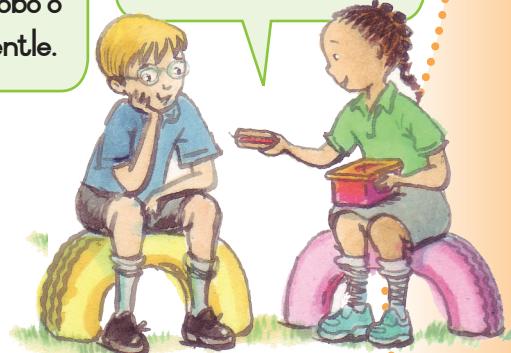
Emela tšhono ya
gago.



Arogana
dilo.

Ke lebogela gobo o
ntheeditse sentle.

A o lebetse disamusa?
Tsaya e nngwe ya me.



Intshwarele, Mma,
ke ne ke batla go
lebelela bolompoto
jwa gago jo bogologolo
mme morago ke ne ka
bo diga. Jaanong bo
thubegile!

Heela Meisie, ke
fitlhetsi kgetsana ya
gago e wetse kwa ntle.
Ke solo fela gore ga
go ope yo o tsereng
dikheraeyone tsa gago.

Reetsa batho ba
bangwe.



Tshepagala.



Go tlotla batho

Dumedisa batho ba o ba itseng gammogo le
ba o sa ba itseng.

Tlotla dilo tsa batho ba bangwe.



Maikarabelo a mantsinyana

Kgweditharo 3 – Beké 4



A re kwaleng

Lebelela ditshwantsho tse o bo o buisa dipolelo tse di mo mabokosong.
Thala mola go ya kwa maikarabelong a a tsamaelanang le setshwantsho
sengwe le sengwe.



Ke thusa go tshola ntlo ya
gaetsho e le phepa.



Ke tsala ya botlhokwa e bile
ke thusa batho ba bangwe.



Ke bontsha balelapa la
gaetsho gore ke a ba rata.

Ke tshameka monate ka
ditshamekisi tsa tsala ya me.

Ke a itlhokomela e bile ke
tlhokomela dilo tsa me.

Ke thusa ntate go baakanya
tafole.



A re tshamekeng

Dira tiragatso ka ga maitsholo a mantle le maikarabelo a mo go ona o:

- dumedisang batho ba o ba itseng le ba o sa ba itseng
- kgotsa o emelang tshono ya gago
- kgotsa o reetsang motho mongwe ka tlhoafalo
- kgotsa o aroganang sengwe le mongwe
- nna botsalano go mongwe
- nna boikanyego ka ga sengwe
- kgotsa o tlotlang dithoto tsa bangwe
- kgotsa o tlotlang bangwe.

Letlha:

Lo le mo ditlhopheng, etsisang maitsholo a mantle le maikarabelo mabapi le:

- lelapa la gaeno
- kgotsa tiro ya sekolo sa gago
- kgotsa ditiro tsa kwa gaeno
- kgotsa dijo tse o di amogelang letsatsi lengwe le lengwe
- kgotsa diaparo tse o di aparang
- kgotsa ditshamekisi tsa gago
- kgotsa ditsala tsa gago



A re direng

Thala setshwantsho sa gago o le botsalano mo bathong ba bangwe.



A re tsamayeng

Reetsa fa morutabana wa gago a re, tlola, taboga kgotsa gagaba.

O tlaa letsa phala pele ga taelo nngwe le nngwe e ntshwa.

Tsamaela ka bonakonyana kgotsa ka iketlonyana fa morutabana wa gago a go laela jalo.



A re tshamekeng

Tshameka hoposekotšhe ka leoto la gago le le bokoa. Ke maitseo afe a leng botlhokwa fa o tshameka hoposekotšhe?



Teacher:
Sign:
Date:

Ke goreng re tlhoka dijwalo?

Bekē 5



A re bueng



A re buiseng

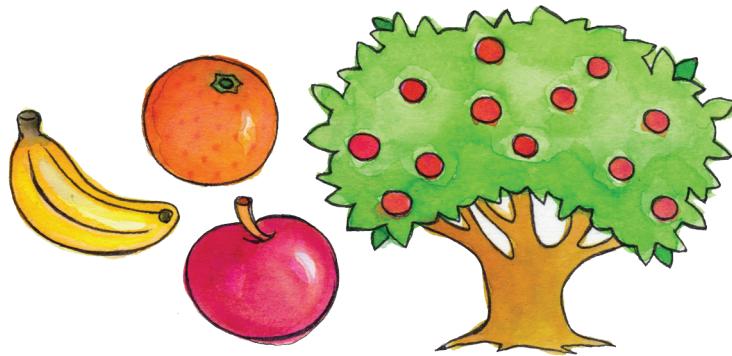


Kgweditharo 3 - Bekē 5



Dijwalo le ditlhare dingwe
di sireletsa diphologolo.

Lebelela go go dikologa. Ke dilo dife tse o di bonang tse di tswang mo dijwalong? Bua le tsala ya gago mme le bone gore lona le le babedi le ka akanya ka eng. Bolelelang morutabana wa lona gore le akantse ka dijwalo dife.



Dijwalo le ditlhare dingwe
di re naya moriti.



Dijwalo dingwe di re naya
matute le dijo



Dijwalo dingwe di re naya ditshese
kana mabolomo go kgabis magae.



Letlha:



Re tlhoka tlhaga go ala mo
mabaleng a metshameko.

Re dirisa letseta go
dira diaparo.



Re dirisa matlhaka go dira diroto kana
dimmanki le go khurumetsa dithulelo.

Re dirisa dijwalo le ditlhare go dira
fenitshara.



Wena le tsala ya gago, tlhophang mekgwa ya botlhokwa e
meraro e re dirisang dijwalo ka yona.

A re kgona go bolaya dijwalo fa re di dirisa thata?
Buang ka ga potso e lo le tlelase.



Ka moo dijwalo di lebegang ka teng

Kgweditharo 3 – Beke 5



A re kwaleng

Dijwalo di bopiwa ke dikarolo tse di farologaneng. Dirisa mafoko a a mo mabokosong go naya dijwalo tse maina. Bapisa mafoko a gago le a tsala ya gago.

medi

kutu

letlhare

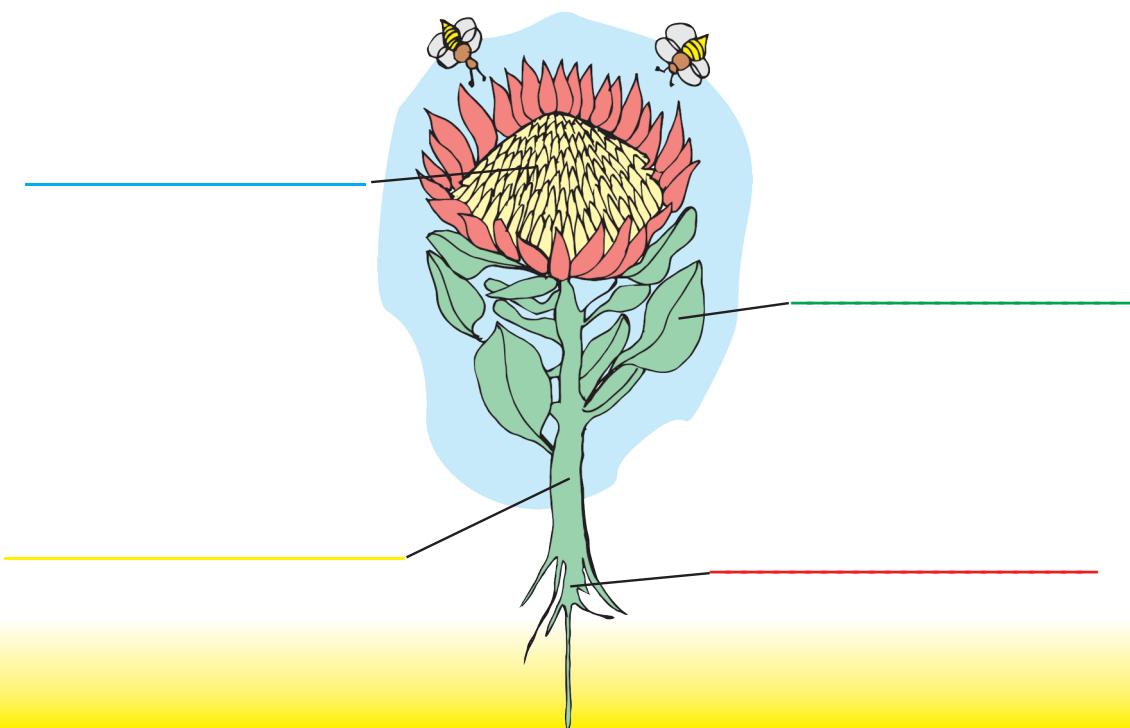
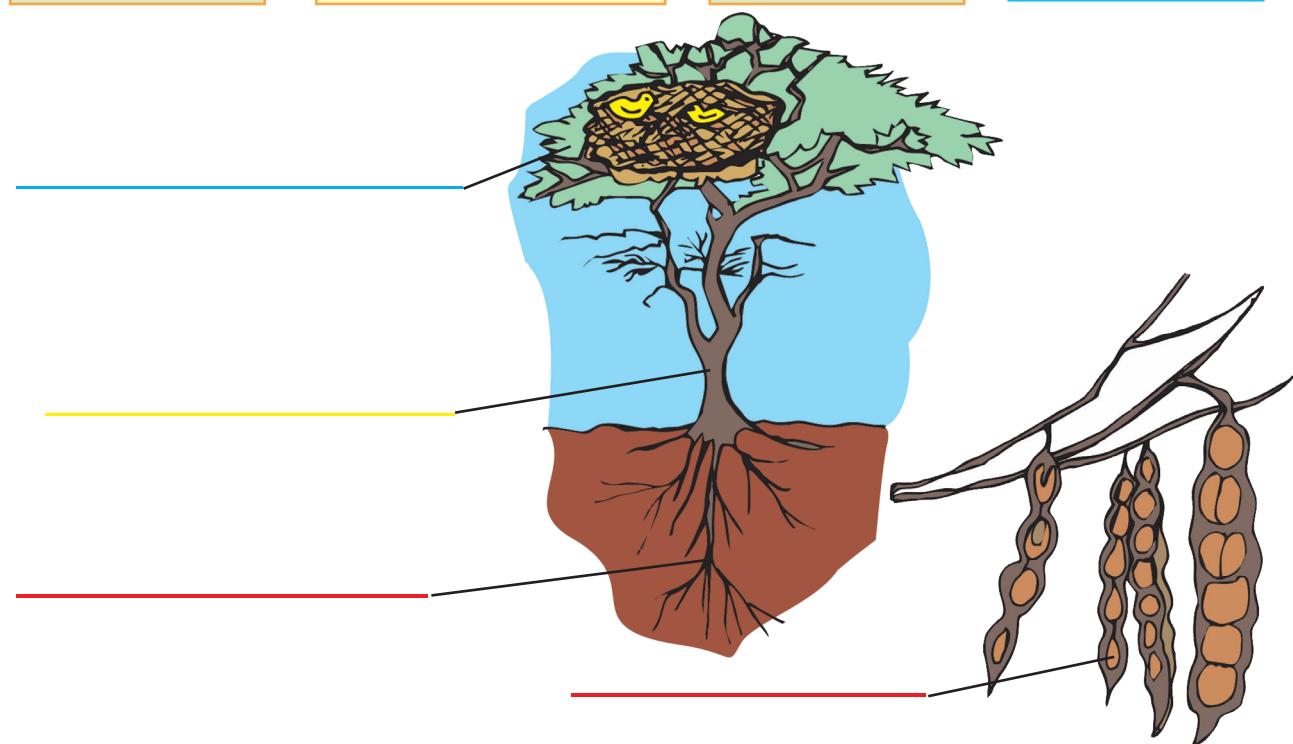
sentlhaga

lebolomo

Letangwana la dipeo

modi

peo





A re tsamayeng

Kgaoganya tlelase go ya ka dikhukhwane tsa
tshingwana le babereki ba tshingwana.

Letha:

- Babereki ba tshingwana ba tshwanetse go emisa kgotsa go tshwara dikhukhwane.
- Refosanang ditiro morago ga metsots e le 2.
- Boletsang se makgetlo a le mantsinyana.



A re tshamekeng

Tshamekang maiphitlhaphitlhwane.

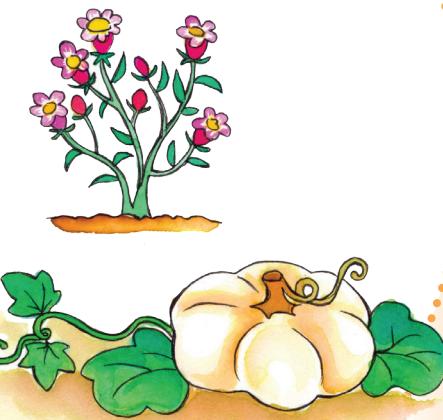
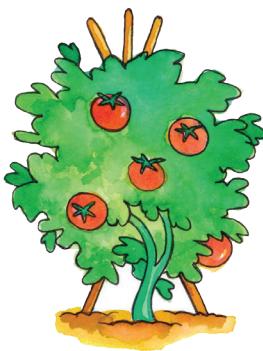


Dikhukhwane di iphitlhile ka fa tlase kgotsa ka fa morago ga dijwalo mme
badiratshingwaneng ba tshwanetse go di batla pele di ja dijwalo tsotlhhe.



A re bueng

Mefuta e e farologaneng ya dijwalo e bonala e farologana. Mme di tshwana ka
mekgwa e mentsi. Lebelela ditshwantsho tse. Bua le tsala ya gagoka ga dijwalo.
Di tshwana ka eng? Di farologana ka eng?



A re direng

Thala kgotsa o pente
tshenekegi kgotsa
sebopiwa se se batlang go
ja sejwalo sa gago sa nawa.
Ga go tlhokege gore e
nne tshenekegi ya nnete.
Dirisa boikakanyetsi
jwa gago. Thala kgotsa
o pente ka mela e e
bonalang, e e maatla le ka
dibopego tse di bonalang.





A re buiseng

Dipeo le kwa di tswang teng

Dijwalo dingwe di na le peo e e fitlhilweng mo mabolomong kgotsa mo maungong a tsona. Gape re ka nna rajwala dipeo tse gore e nne dijwalo tse dintšhwa. Dipeo di tlhotlhorega go tswa mo dijwalong go simolola dijwalo tse dintšhwa. Dipeo dingwe di phatlaladiwa ke phefo kgotsa batho, ditshenekegi le diphologolo tse dingwe. Matlapi a dipeo dingwe a jewa ke dinonyane mme matlapi a a thata a salela mo mantleng a tsona. Dipeo tse di phatlaladiwang ka mokgwa o di latlhelwa kwa mafelong mangwe mme di simolole go golela koo.



A re bueng

Dipeo di phasladiwa jang mo setshwantshong sengwe le sengwe sa tse?
Peo nngwe le nngwe e tshwanetse go nna jang go phasladiwa jaana?
Tlotla le tsala ya gago.



Fa o batla go jwala dijwalo tsa
gago go tswa mo dipeong, o ka
nna wa dirisa dipeo tsa dijwalo
tse di mo tshingwaneng ya gago.
Kgotsa o ka nna wa reka dipeo go
tswa kwa mabenkeleng.





A re bueng

Ithute leboko le le metsamao

Botshelo morago ga sejwalo

Letlha:

Se ke peo e nnyennyan:

A re e jwale ka bonako fa fatshe!

E godisa kutu le mabolomo

Ka lonko lo lo monate gotlhe.

Dinotshe di bobora go dikologa lebolomo –

Mme ka pejana lebolomo le lentle le sule.

Mme tsweetswee o se tshwenyege, o se lele



A re tsamayeng

Bontsha boitumelo ka metsamao e.

Tshwara lesela la mebala kgotsa ribone
ka seatla sa gago se segolo. O ntse o
tsamaisa letsogo la gago, bopa diphethene
tse di faroganeng mo moweng kgotsa
fa fatshe ka lesela kgotsa ribone ya gago.
La ntlha dirisa seatla sa gago se segolo
mme morago o dirise seatla se se bokoa.

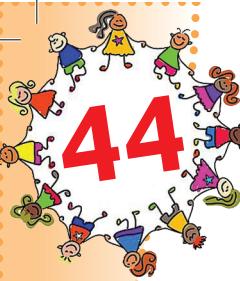
Gape o ka nna wa dira se go ya ka lebelo la mmino.

Fa go le setlhare se se teng, bona gore re ka se dirisa jang
go tshameka. Ikakge ka mogala o o bofeletsweng sentle
mo setlhareng. La ntlha dira jalo ka diatla tse pedi, mme
morago ka seatla se segolo mme morago ka seatla se se
bokoa.



Kitsiso ya morutabana.
Dirisa mogala, thapo le
ribone.





Ke dijwalo dife tse di tshwanetseng go gola?

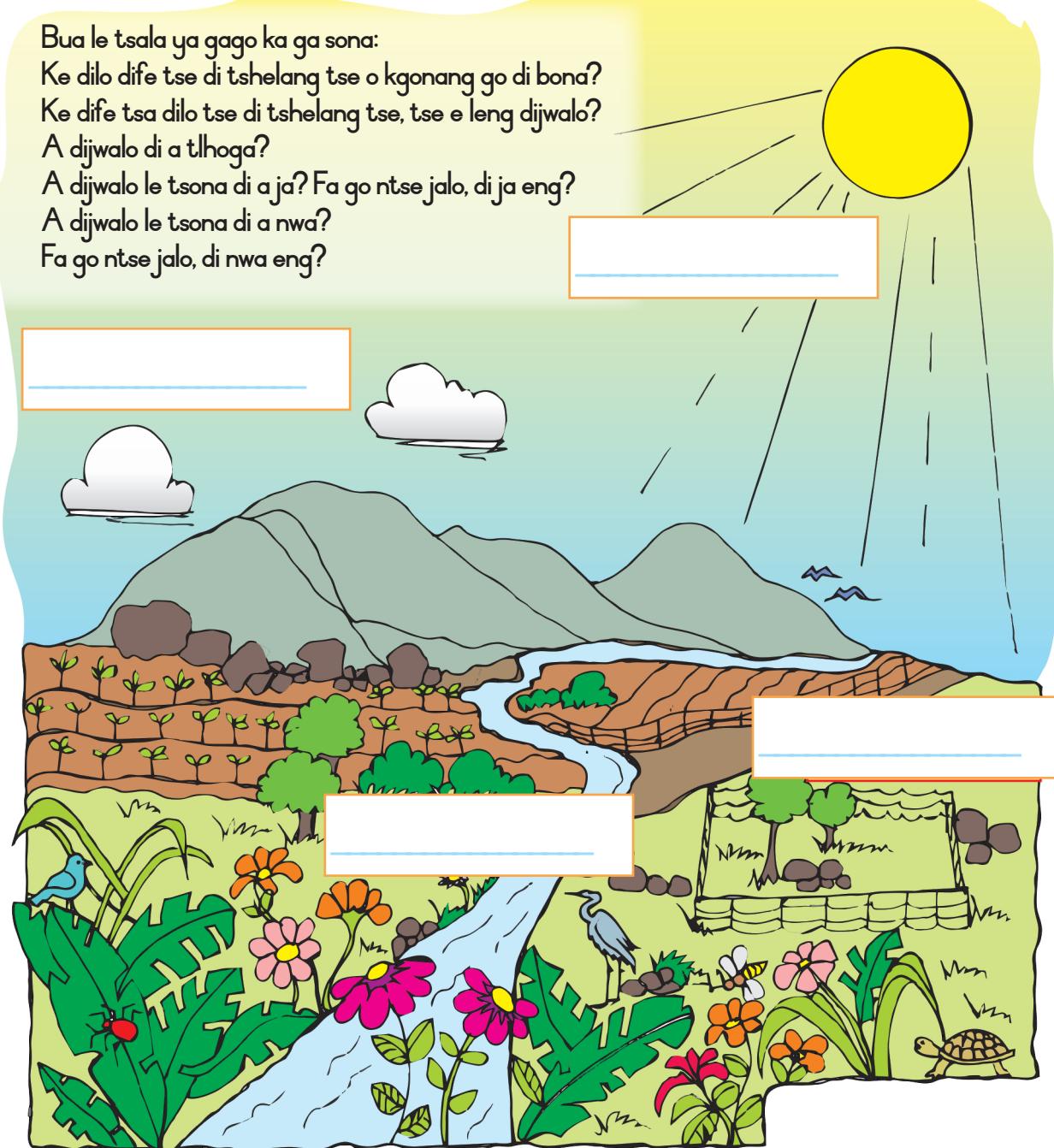
Kgweditharo 3 - Beket 6



A re bueng

Lebelela setshwantsho se. A sengwe le sengwe mo go sona se a tshela?

Bua le tsala ya gago ka ga sona:
 Ke dilo dife tse di tshelang tse o kgonang go di bona?
 Ke dife tsa dilo tse di tshelang tse, tse e leng dijwalo?
 A dijwalo di a tlhoga?
 A dijwalo le tsona di a ja? Fa go ntse jalo, di ja eng?
 A dijwalo le tsona di a nwa?
 Fa go ntse jalo, di nwa eng?



A re kwaleng

Jaanong kwala lengwe le lengwe la mafoko a a mo setshwantshong se se fa godimo go bontsha gore ke dijwalo dife tse di tlhokang go gola.

lesedi la letsatsi

metsi

dijo tse di nontshang

mowa



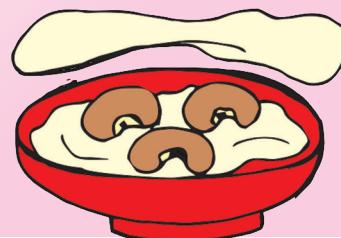
A re direng

Go bonolo go jwala sejwalo sa gago.
Jaanong o ya go jwala sejwalo sa nawa.

Sala morago dikgato tse:

Kgato ya 1:

Khurumetsa dinawa di le 3 fa gare ga dillaga di le 2
tsa wulu ya katunu. Di beye
mo porinking kgotsa mo
sejaneng se se lolea.



Kgato ya 2:

Tshela metsi mo
godimo ga wulu
ya katunu mme o
netefatse gore e
metsi gotlhe



Kgato ya 4:

Morago ga malatsi
a le mmalwa bona
gore sejwalo sa
gago se gola jang.
Metsi ke gangwe ka
beke.

Letsatsi 1



Letsatsi 2



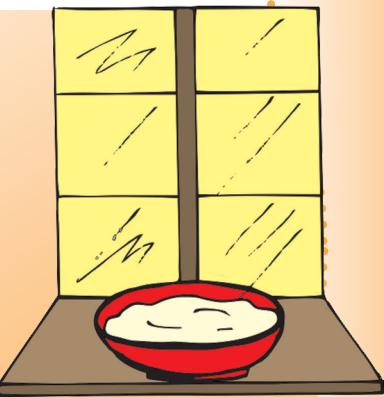
Letsatsi 3



Letsatsi 4

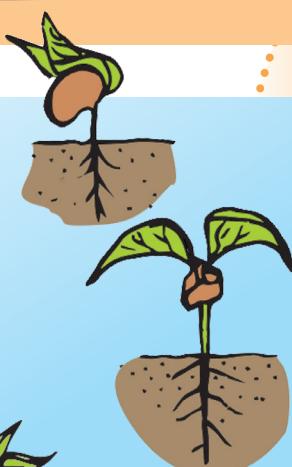
Kgato ya 3:

Bay a porinki kgotsa
sejana mo banking
ya letlhahabaphefo
kgotsa mo lifelong le
go nang le lesedi le le
lekanetseng.



Kgato ya 5:

Fa sejwalo sa gago se
sena go tlhoga medi, o
ka nna wa se jwala mo
mmung o o boletsa.



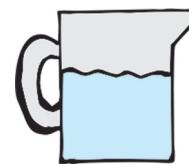
Kgato ya 6:

Nosetsa sejwalo sa gago
kgabetsakgabetsa. Morago ga
dibeke di le mmalwa, o tlaa kgon a go
kotula dinawa tsa gago.

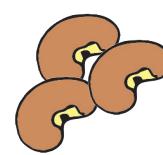


Letlha:

O tlaa tlhoka:



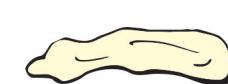
metsi



dinawa



sejana



Wulu ya katunu

Teacher:
Sign:
Date:

Dijo tse re di jang

3 - Bekè 7
Kgueditharo

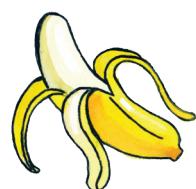
A re buiseng

Dijo tse di siameng di re dira gore re tsamaye jaaka peterolo e dira gore dikoloi di tsamaye. Re tlhoka dijo tse di itekanetseng gore re kgone go dira dilo tse re tshwanetseng go di dira le gore re nne re le maatlametlo. Dijo tse di itekanetseng di re naya maikatlapelo mme di re thusa go gola.



A re direng

Lebelela ditshwantsho tse. Kwala leina la mofuta mongwe le mongwe wa dijo fa tlase ga setshwantsho se se nepagetseng.



A re kwaleng

Ke dilo dife tse o ratang go di ja? Ke dijo dife tse o sa rateng go di ja?
Di kwale ka fa tlase ga ditlhogo tse di nepagetseng. Tlhophha go tswa mo ditshwantshong tse di fa godimo.

Dijo tse ke di ratang

Dijo tse ke sa di rateng

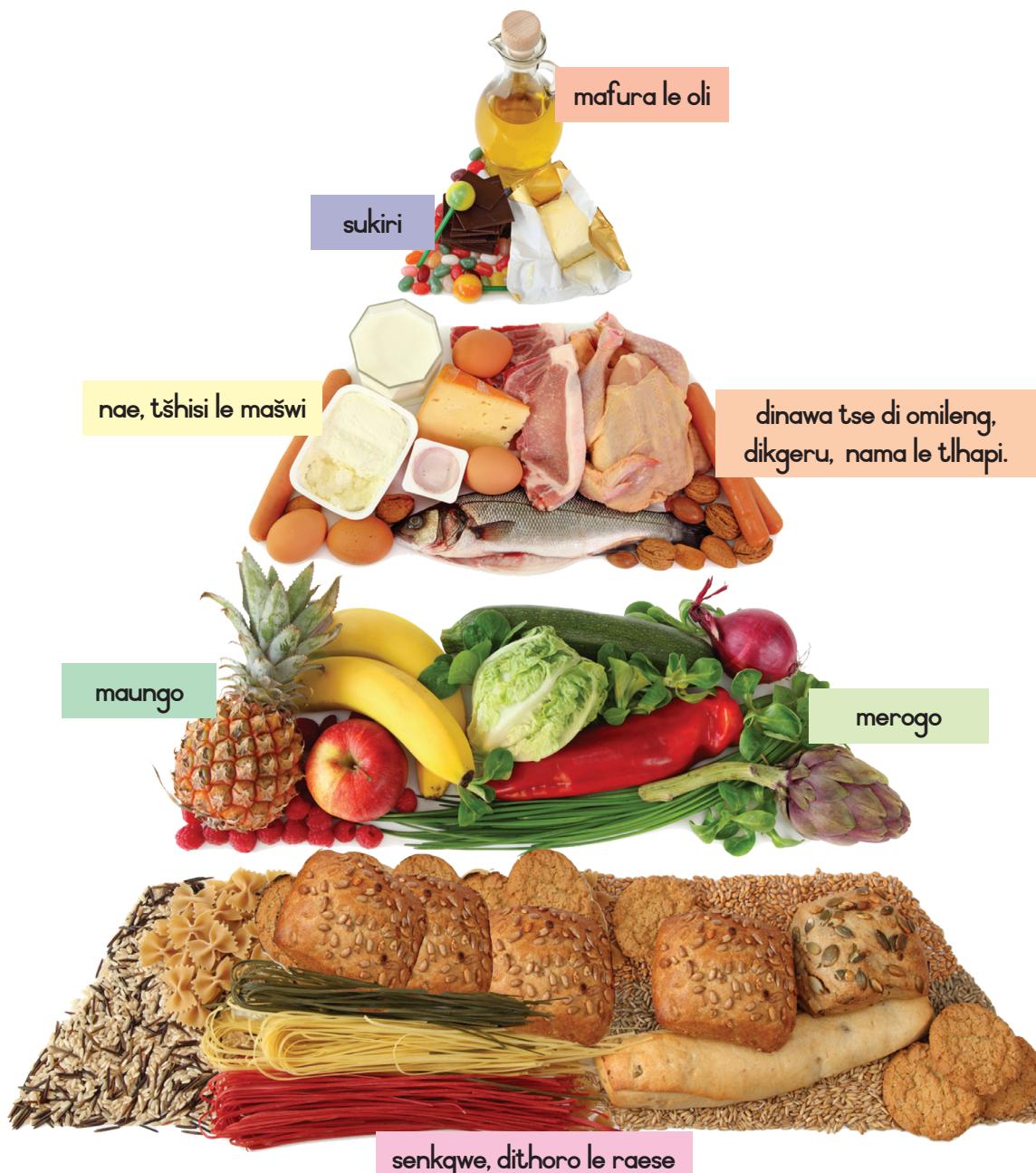
Letlha:



A re buiseng

Re kgonago kgaoganya dijo ka ditlhophpha di le 7.

O tshwanetse go ja dijo tse di kwa tlase kgabetsakgabetsa. Gape o ka nna wa ja dijo tse di kwa godimo, mme e seng gantsi.



A re bueng

Tlotlang jaaka tlelase.

Ke eng re tshwanetse go ja dijo tse dinnye go tswa kwa godimo ga setshwantsho le tse dintsi go tswa kwa tlase?

Teacher:
Sign:
Date:

Dijo tse di farologaneng di tswa kae?



A re buiseng

Bontsi jwa dijo bo tswa kwa dipolaseng. Dikumo tse di tlwaelegileng di ntshiwa kwa dipolaseng, mme morago di dirisiwa go dira dikumo tse dingwe tsa dijo.



Senkgwe le disirele
di tswa mo korong.



Re bona mae go
tswa mo dikgogong.



Re bona mašwi le nama
go tswa mo dikgomong.

Re dira yokate le tšhisi ka mašwi.



Maungo a tlhoga mo ditlhareng
le mo dijwalong.



Re dirisa mmidi go dira setampa
kana bopi jwa mosoko.

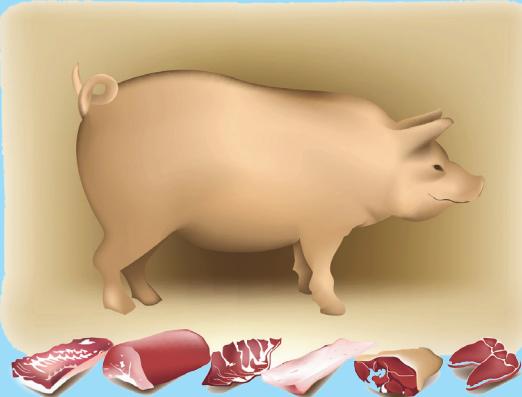
Lettha:



Tswina e tswa mo dinotsheng.



Sukiri e dirwa go tswa mo mmobeng.



Re bona nama le beikhone go
tswa mo dikolobeng.

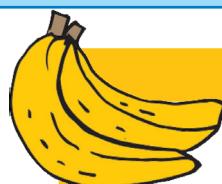


Re kgoni go jwala merogo mo
ditshingwaneng tsa rona.



A re direng

Opela pina e le
morutabana wa
gago.



Diapole, dikwaba, dipanana

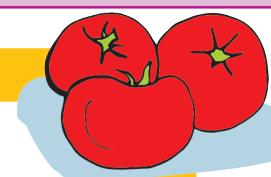
Dinawa le dipotata

Tsotlhe di godisa le go tiisa mebele ya rona.

Di re dira gore re itekanele go bereka

Ke ja fela dijo tse di itekanetseng!

Di ntshola ke itekanetse ke le maatla.





A re buiseng

Dijo tse re di ratang go le gantsi ga di a re siamela. Nako nngwe re kgon a go rata selo se se bosula mo go rona. Gape nako nngwe ga re rate selo se se re siametseng. Mme le gale bontsi jwa selo se se siameng ga bo a siama. Ka jalo, dijo tse dintsi tse di siameng ga se gantsi di go siametse.

Nako nngwe ga go a itekanel a go ja bontsi jwa sengwe le sengwe. Ja fela go fitlha o kgora. O se ka wa tswelela go ja fela ka ntliha ya gore o rata sengwe.



A re direng

Sega ditshwantsho tsa dijo tse di itekanetseng le tse di sa itekanelang go tswa mo dimakasining mme o di kgomaretse mo dithining tse di siameng. Fa o sa kgone go bona ditshwantsho tse di lebaneng, thala dijo.



Dijo tse di itekanetseng



Dijo tse di sa itekanelang



A re kwalenq

Dirisa se o se ithutileng ka ga dijo go kwala lenaneonjo
(menyu) la gago.

Letlha:

Difitholo

Dijotshegare

Dilalelo



Are direnq

Re ya go dira salate ya maungo. Wena sala morago ditaelo tse di fa tlase.

O tlaa tlhoka:

- Mefuta e e farologaneng ya maungo
 - Bebetsididi kgotsa lebebe
 - Sekotlolo se segolo



Sala dikqato tse moraqo:

- Tlhatswa maungo.
 - A obole fa go tlhokega (jaaka dinamune).
 - A sege dikarolwana tse dinnye (kopa mogolo go go thusa).
 - Tswakanya maungo mo sekotlolong.
 - A je monate jaaka a ntse kgotsa o tshele bebetsididi kgotsa lebebe.



Go baya dijo

Kgueditharo 3 - Beké 9

A re buiseng

Lebelela setshwantsho se.



100011001011



A re bueng

O lemoga eng ka ga matlha? A re sa ntse re kgona go ja dijo?
O akanya gore go diragetse eng ka ga dijo tse?



A re buiseng

Dijo tse dintšhwa ga di nnele dintšhwa ruri. Maungo mangwe le merogo mengwe di bola ka bonako. Nama, tlhapi le dikumo dingwe tsa mašwi di a senyega kgotsa di a bola. Morago ga re kgone go di ja. Re ka dira eng go tshola dijo di le dintšhwa sebaka se seleele? Lefelo le le siameng la go tshola dijo ke setsidifatsi.

Mme dijo dingwe di kgona go senyega fa di ka bewa sebaka se seleele mo setsidifatsing. Go na le mekgwa e mengwe ya go tshola dijo di le dintšhwa.





A re bueng

Lebelela ditshwantsho tse. Bua le tsala ya gago ka ga tsona. Ke mekgwa efe e farologaneng e dijo di ka bolokiwang ka yona?

A o kgona go akanya ka mekgwa e mengwe e dijo di ka bolokiwang ka yona gore di se ka tsa bola?

Bua le tsala ya gago ka ga yona.
Tlhagisang dikao mo tlelaseng.



A re kwaleng

Lebelela ditshwantsho tse di fa tlase o bo o buisa mafoko a a mo mabokosong. Morago o kwale lengwe la mafoko a a fa tlase go lebagana le setshwantsho sengwe le sengwe se se nyalanang le lefoko.

Ntšhwa

Mo thining

Omisitswe

Gatseditswe



Mefuta ya magae (1)

- Beke I



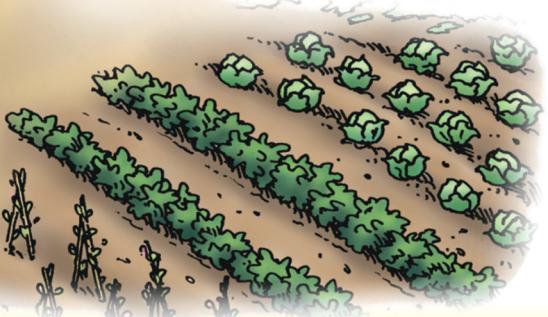
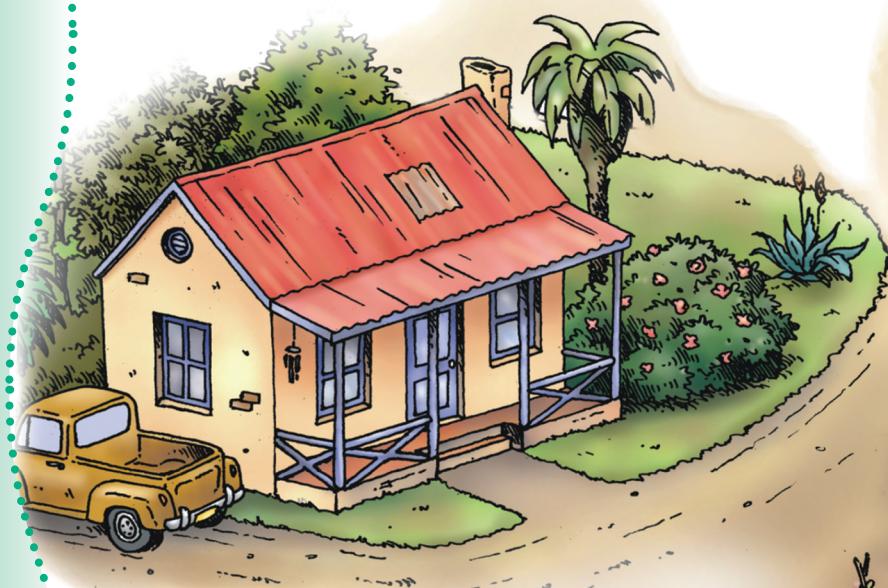
Are bueng

Legae la gago ke lefelo le
o nnang mo go lona.

Batho ba Aforikaborwa ba
nna mo magaeng a mefuta
e e farologaneng. O ka bona
lengwe le lengwe la magae
a kwa kae?



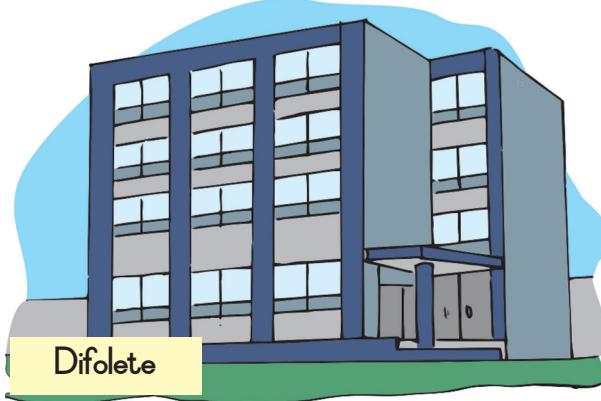
Kgweditharo





Letlha:

Lebelela ditshwantsho tse di fa tlase. Bua le tsala ya gago ka ga dilo tse di tshwanang mo magaeng otlhhe. Morago o bue ka ga dilo tse di farologanang. Ke dife tse dintsinyana: A ke dilo tse di tshwanang kgotsa tse di farologanang?



Berekang ka ditlhophha. Batlang lebokoso la ditlhako kgotsa mofuta mongwe wa lebokoso. Le pente gore le tshwane le ntlo. Bopa setshwantsho sa gago ka mmopa kgotsa mmopanyana o o tshamekisang o dira sengwe kwa ntle ga ntlo.

Teacher:
Sign:
Date:

Mefuta ya magae (2)

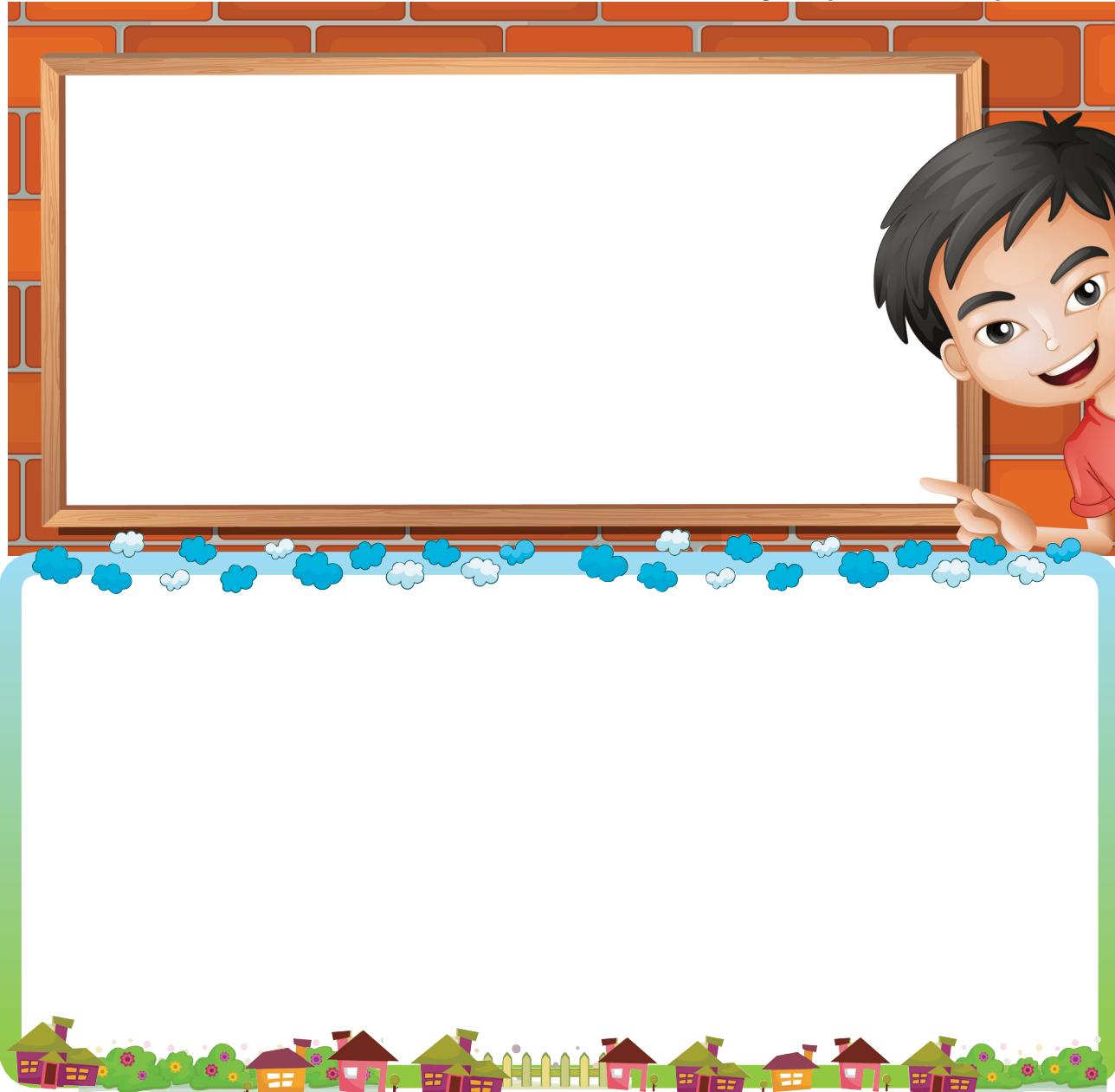
Kgueditharo L - Beke I



A re direng

Akanya ka ga magae a a farologaneng a o a bonang a o nnang mo go ona kgotsa kwa mafelong a o kileng wa a etela.

Thala ditshwantsho tsa mefuta e mebedi ya magae a o a boneng.



A re bueng

Fa re le mo ntlong e e siameng e e popota ga re gatsele e bile ga re ſwe. Ga re nelwe ke pula e bile ga re utlwalelwé ke phefo. Batho ba bantsi ga ba a sirelediwa jaana.

Bua le tsala ya gago ka ga ka moo batho ba itshireletsang ka teng fa ba sa tshele mo dintlong.

Kitsiso ya morutabana:
Morutabana wa gago o
tlaa reetsa dikakanyo
tsa gago.





A re tsamayeng

Letlha:

- Otlololela letsogo la gago kwa bogodimong jo o ka bo kgonang gore o kgone go penta marulelo a ntlo ya gaeno.
- Khubama ka mangole fa fatshe gore o kgone go jwala dijwalo mo tshingwaneng ya gaeno.
- Phutholola matsogo a gago ka bophara gore o kgone go buka matlhhabaphefo a ntlo ya gaeno. Morago o tswale matlhhabaphefo otlhe a ntlo.
- Inamela kwa tlase gore o ntshe mofero mo tshingwaneng ya gaeno.
- Feel a lebala ka lefeelo le lelelele.
- Tlhatswa matlhhabaphefo ka lesela.



Kitsiso ya morutabana:

Reetsa moribo o morutabana wa gago a o tshamekang mo moropeng. Tsamaisa mmele wa gago go ya ka morethetho. Fa morutabana wa gago a fetola morethetho, le wena o fetole lebelo la metsamao ya gago. Reetsa ka tlhwaafalo!



Teacher:
Sign:
Date:



51

Magae a a farologaneng a agilwe ka eng?

L - Beke 2



Re dirisa dimateriale tse di farologaneng go aga dintlo.
Lebelela ditshwantsho tse di fa tlase.



ditena



dithaele



disenke



samente



matlhaka



galase



dikota



legong



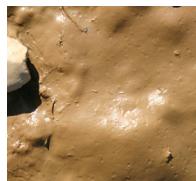
matlapa



khanvase



polasetiki



mmopa/seretse



dipekere



matlalo



motlhaba



Bua le tsala ya gago ka ga dimateriale tse di farologaneng

Ke dife tse di tswang kwa madirelong?

Tse dingwe tsona di tswa kwa kae?

Tlotlela tlelase gore dintlo tse o di bonang fa o tla sekolong di agilwe ka eng.

Kitsiso ya morutabana:
Morutabana wa gago a
ka nna a dira lenaneo
mo botong.





A re direng

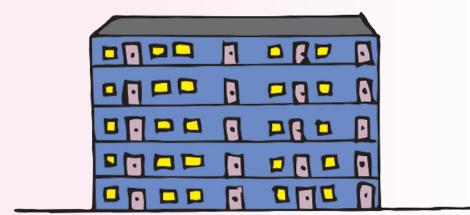
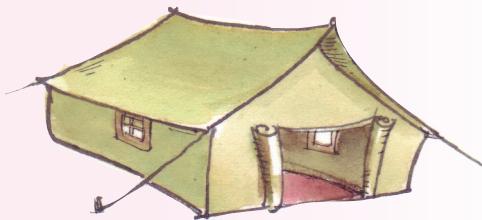
Mabapi le mofuta mongwe le mongwe wa ntlo,
thala dimateriale tse o agilweng ka tsona.

Letlha:

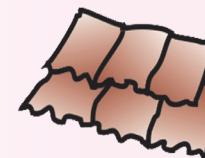
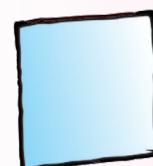
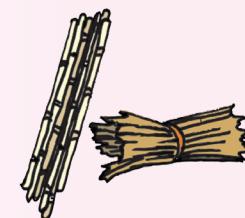
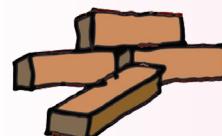
Kitsiso ya morutabana:
Morutabana wa gago o tlao
tsaya dibukatiro tsa lona go
di lebelela



Mofuta wa ntlo



Dimateriale tsa go aga



Teacher: _____
 Sign: _____
 Date: _____

Magae le maemo a bosa

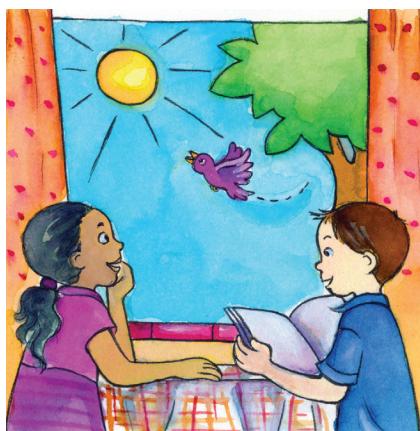
Bekē 2

Kgweditharo 4



A re buiseng

Magae a sireletsa batho kgatlhanong le maemo a a farologaneng a bosa. A re sireletsa kgatlhanong le marang a a mogote a letsatsi. Gape a kcona go re sireleletsa kgatlhanong le serame, diphefo le pula.



A o a itse gore batho ba kwa mafatsheng a a tsididi ba tshwanetse go aga mefuta e e kgethegileng ya magae go tshwana le legae le le fa tlase?

Se ke mmepe wa Greenland, lefatshe le le tsididitsididi.



Seno ke
ikeluu



Bangwe ba batho ba Mainuiti ba ba nnang kwa dikgaolong tsa Arctic tsa segagane le aese e ntsi ba aga matlo a bona a mariiga ka diboloko tsa aese. Dikgapetla di tshola serame se le kwa ntle. Dintlo tse di bidiwa diikeluu.



A re direng

Letlhah:

Mo setlhopheng sa lona diragatsang ka moo le ka agang ntlo ka teng.

Swetsang gore e tlaa nna ntlo ya mofuta mang.

lebatl

dintlo tsa mekhukhu

Le ya go dirisa dimateriale dife?

dintlo tsa
metlhlaganyane e
mebedi kgotsa tse e seng
metlhlaganyane

dintlo tsa setso

Ke mang yo o tlaa dirang eng?

dintlo tsa
matatše-a-kapa

Ke modumo ofe o o tlaa utlwlang?

Dirisang mangwe a mafoko a.

ditena

lebota

pente

difolete

marulelo

tšemele

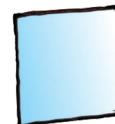
lefensetere/
letlhhabaphefo

samente

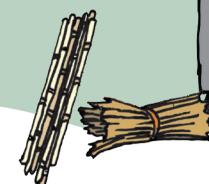
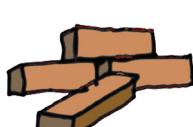


A re buiseng

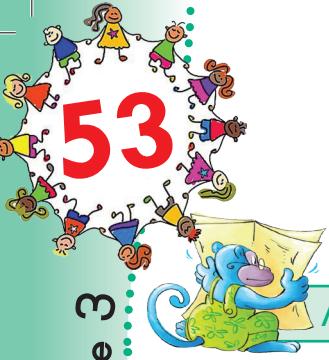
Bua leboko le jaaka karolo
ya tiragatso ya lona.



Aga, aga ntlo ya gago e ntšhwa!
 Tlisa ditena, lekanyetsa lebota leo
 Kokotela sepekere, kurufelela-
 Aga ntlo go itshireletsa mo letsatsing
 Aga, aga ntlo ya gago e ntšhwa!
 Tlisa mothhaba le mabati le dithaele
 Tlisa metsi, duba samente
 Aga ntlo go itshireletsa mo puleng



Teacher:
Sign:
Date:



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L - Biske 3

Kgweditharo

Go batla mafelo le dilo (1)

A re buiseng

Go na le mefuta e e farologaneng ya mebepe. Gore re tlhophe mmepe o o nepagetseng re tshwanetse go itse gore ke eng se re se batlang mo mmepeng. Mebepe e re thusa go batla mebila kana diterata le mafelo mo toropong le mo ditoropokgolong. Borapolase ba rata mebepe e e bontshang dilo di tshwana le matamo, dinoka le dithaba.



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A re direng

Letlha:

Wena le tsala ya gago tlollang ka ga dipotsotse. Thalang tshekeletsogadi kologo mafelo a a mo setshwantshong mo ditsebeng tse pedi tse.

O fitlhela dibuka tse di buisiwang kwa kae?

O ya go bega bogodu kwa kae?

O ka ya kwa kae fa o lwalat?

O ka kgona go reka dijo kwa kae?

O ka kgona go emela bese kwa kae?

O ka kgona go kgabaganya mmila ka pabalesego fa kae?

Kitsiso ya morutabana:

Morutabana wa gago o tlao di buisa ka bongwe ka bongwe, mme morago o ka bona karabo.



Teacher: _____
Sign: _____
Date: _____



Go batla mafelo le dilo (2)

Beké 3

Kgweditharo 4



A re bueng

Lebelela tsela e Jason a e salang morago go tloga kwa ntlong ya gaabo go ya kwa sekolong.

Tlhalosetsa tsala ya gago gore Jason o sala tsela efe morago. Dirisa mangwe a mafoko a:

kwa godimo

fetile

go bapa

mo godimo ga

fa tlase





A re tsamayeng

- Rulaganyang mogala o moleele fa fatshe.
- Tsamaela kwa pele, kwa morago le kwa matlhakoreng o bapile le mogala.
- Tsamaela kwa pele go bapa le mogala ka diatla tsa gago di le mo godimo ga tlhogo ya gago.
- Tsamaela kwa morago go bapa le mogala o beile diatla tsa gago kwa morago.
- Tsamaela kwa matlhakoreng go bapa le mogala ka diatla tsa gago di le mo dinokeng tsa gago.

Letha:



A re buiseng

O dirile jang? Fa o kgonne go dira metsamao yotlhe sentle, khalar a sefatlhego se se tshegang. Fa o sa kgona go dira metsamao gotlhellele, khalar a sefatlhego se se tlhontseng. Mme fa o kgonne go dira metsamao mengwe fela, khalar a sefatlhego se se fa gare.

Ke ne ke kgona go tsamaela kwa pele le kwa morago go bapa le mogala.			
Ke ne ke kgona go tsamaela kwa matlhakoreng go bapa le mogala.			
Ke ne ke kgona go tsamaela kwa pele go bapa le mogala ke beile diatla mo tlhogong ya me.			
Ke ne ke kgona go tsamaela kwa morago go bapa le mogala ke beile diatla tsa me kwa morago.			
Ke ne ke kgona go tsamaela kwa matlhakoreng go bapa le mogala ke beile diatla mo dinokeng tsa me.			

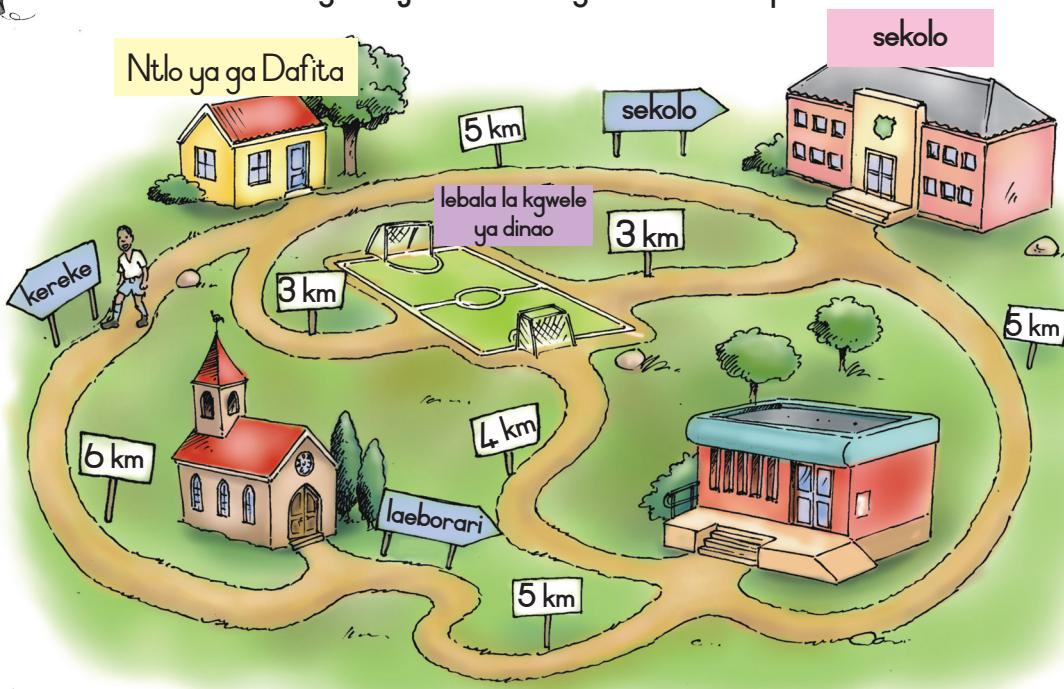


Go batla tsela

A re kwaleng

Mebepe ya ditshwantsho e re thusa go bona gore mafelo a atologane bokgakala jo bo kanakang. Lebelela mmepe o.

Kgwenditharo 4 - Beket 4



A re kwaleng

Araba dipotso tse. O ka nna wa kopa tsala ya gago go go thusa.

Thala sediko kwa o bonang **km**.

O na le didiko di le kae?

Dafita o tswa kwa sekolong o ya kwa laeboraring.

O bona eng fa thoko ga laeborari?

O bone letshwao lefe mo tseleng?

Dafita o tsamaile sekgala se se kanakang?

Ke kago efe e Dafita a kgonang go e bona go tswa mo lebating le le kwa pele la laeborari? Dafita o tshwerwe ke tlala. O batla go ya kwa gae. Batla tsela e khutshwakhutshwane go tswa kwa laeboraring go ya kwa gaabo.

A lebala la kgwele ya dinao ke lefelo le le gaufigaufi le legae la gaabo?

Kitsiso ya moratabana:
Moratabana wa gago o tlaa go bolelela gore kilomitara e le le bokgakala jo bo kanakang go tloga mo sekolong sa gago. Re bo kwala jaana: 1 km.

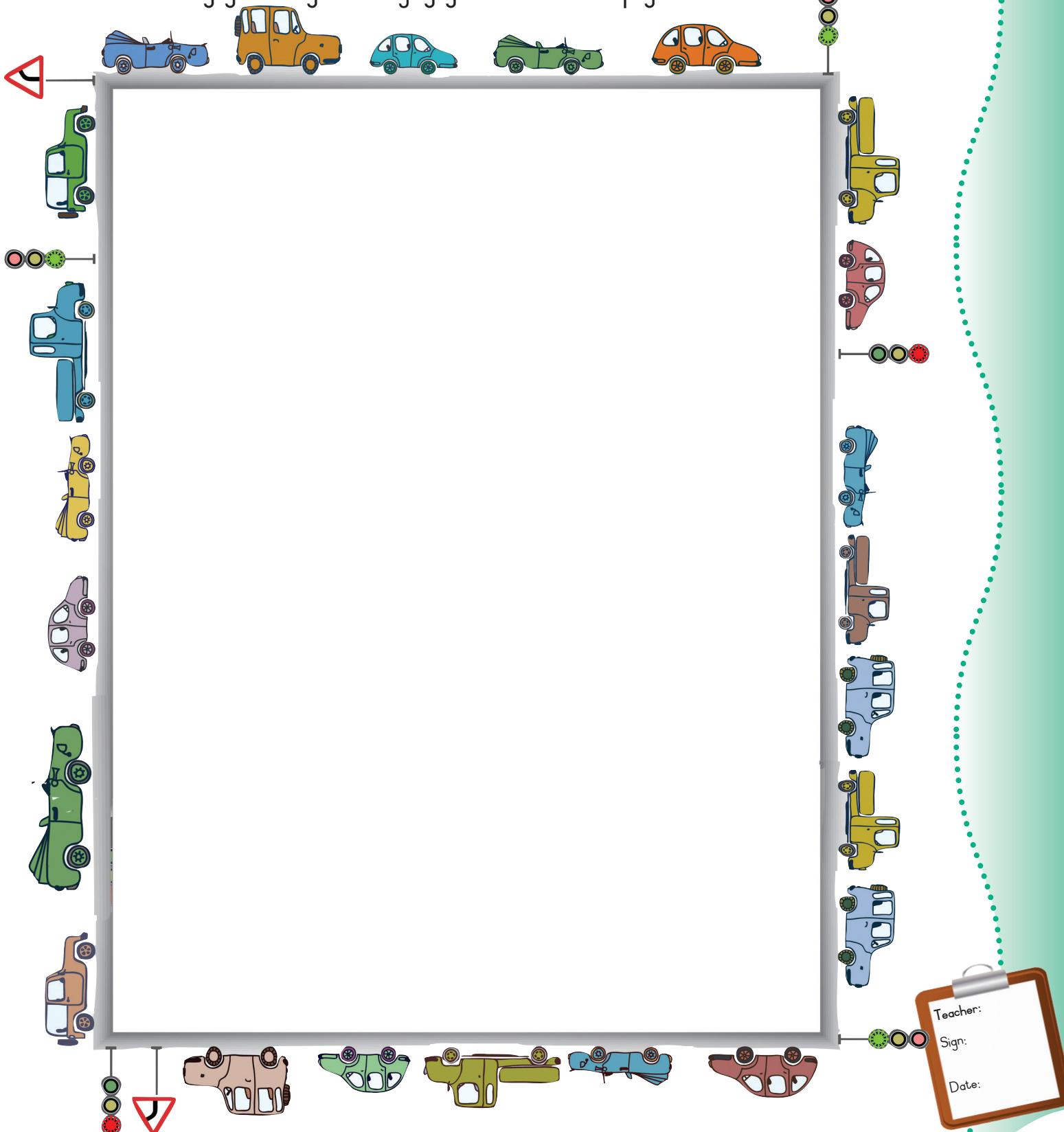


A re direng

Letlha:

Thala mmepe wa ditshwantsho wa gago wa tsela e o e salang morago
magareng ga mafelo a 2. O ka nna wa tlhopha mafelo afe kapa afe a 2.

Fa o fetsa, o ka nna wa bontsha ditsala tsa gago mmepe wa gago. Bontsha tsala ya gago mmepe
wa gago mme o mo letle go tlhalosa tsela ya gago. Bona gore a o e tlhalosa ka nepagalo. Bolelela
morutabana wa gago fa e le gore tsala ya gago e tlhalositse ka nepagalo.



Go batla ditiragalo mo kgannyeng



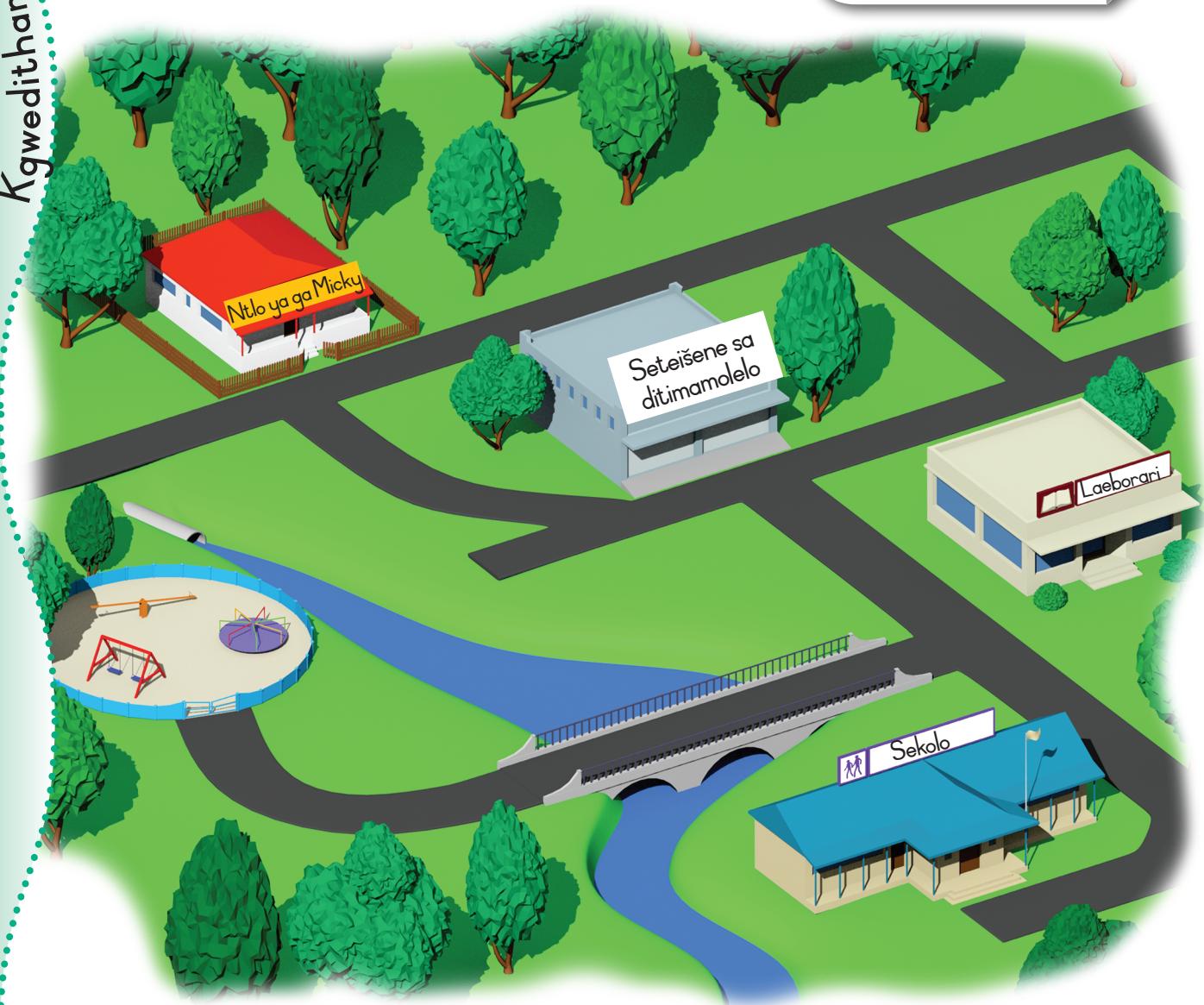
Kgwenditharo
4 - Beket 4



A re direng

Morutabana wa gago o tlaa go buisetsa
kgang ka ga Micky. Reetsa ka tlhwafalo.
Sala motlhala wa gagwe morago mo
mmepepeng mo bukeng ya gago.

Kitsiso ya morutabana:
Morutabana wa gago o tlaa e
buisa gape mme a go kopa go dira
dikhoroso (X) mo mafelong.



Ka boLamatlhatsso Mickey o tshameka le ditsala tsa gagwe kwa phakeng (X).

Phakela a moso mongwe mmaagwe a re: "Nkoko o a lwala. Tsweetswee, ke kopa o mo
isetse dijo tse." Mickey o isa kgetse e kgolo ya dijo. Mme fa a tswa ka heke (X)

Letlha:

o thulana le monna mongwe. A bua ka lentswe le le magwerefere: "Oo, ke a bona o rwele dijo. O di isetsa nkokoago, a ke re?"

Se sa tshosa Mickey thata. A kgokologa ka tsela ka bonako go ya kwa setešeneng sa ditimamolelo. Fa a fitlha teng a fapogela kwa molemeng (X).

Mme ya re fa a gadima kwa morago, a bona monna a ntse a mo setse morago.

Mmiki o swetsa go batla thuso mo ditsaleng tsa gagwe kwa phakeng. Fa a goroga kwa laeboraring, o ya kwa mojeng mme a bo a tswelela pele (X).

Ka fa molemeng a bona sekolo mme a se feta (X).

Mebila e ne e didimetse. Mickey jaanong a tabogela ka pele go bapa le tsela (X)

La bofelo a kgon a go bona phaka. A tsamaya mo godimo ga borogo (X) go ya go kopana le ditsala tsa gagwe kwa hekeng!



A re tsamayeng

Jaanong re ya go tshameka mabelo a go neletsana dithobane kana rilei.

- Baya setulo sa gago mo sedikong kana sekeleng. Tshameka "ditulo tsa mmivo" o tshwanetse go batla tsela e khutshwakhutshwane ya go ya kwa setulong.





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Tiriso ya metsi: kwa gae le kwa sekolong

Bekē 5

Kgweditharo 4



A re kwaleng

Re dirisa metsi letsatsi le letsatsi. Lebelela mekgwa e e farologaneng e
re dirisang metsi ka yona. Fa tlase ga setshwantsho sengwe le sengwe,
kwala gore metsi a dirisediwa eng. Dirisa ditlhogo tse.

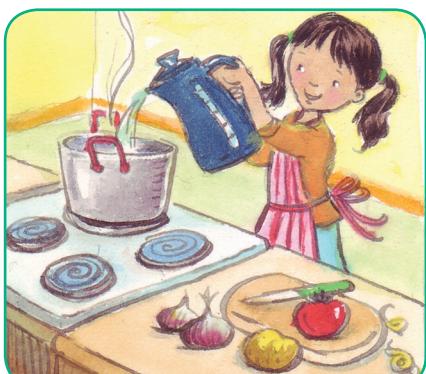
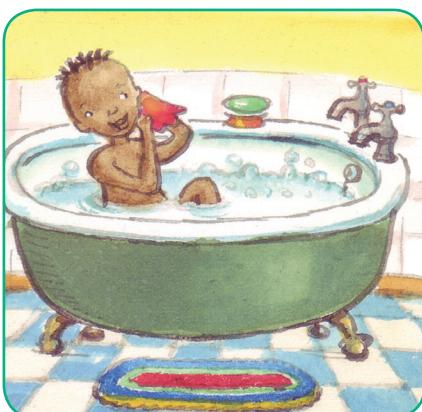
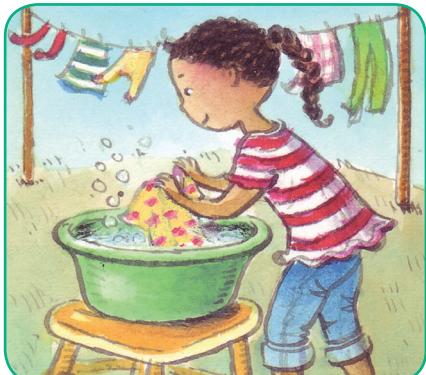
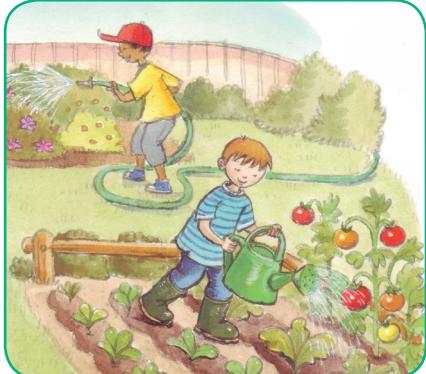
Go tima melelo

Go tlhapa

Go thusa dijwalo go gola

Go tlhatswa diaparo kgotsa dijana

Go apaya dijo





A re bueng

Bua ka ga mekgwa e mengwe e re ka
dirisang metsi ka yona.

Metsi a botlhokwa. Bua ka ga
tshenyo ya metsi. Go ne go ka
diragalang fa metsi a ka bo a se yo?
Abelana dikakanyo tsa gago
le tlelase.

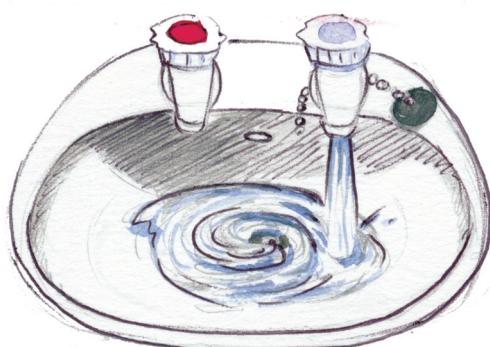


Letlhha:



A re tsamayeng

Etsisa tse di latelang:



Thepe e rothisetsa
metsi mo sekotlolong.



Maru a pula a a ikaga,
a nna magolo mme
pula kwa bokhutlong
e a na le maru a
phatlalala.



Noka e e elelang ka iketlo
mo godimo ga mafika mme
morago e elele ka bonolo mo
godimo ga motlhaba.



A re tshamekeng

- Tshameka "dikgamelō le marothodi a metsi".



Teacher:

Sign:

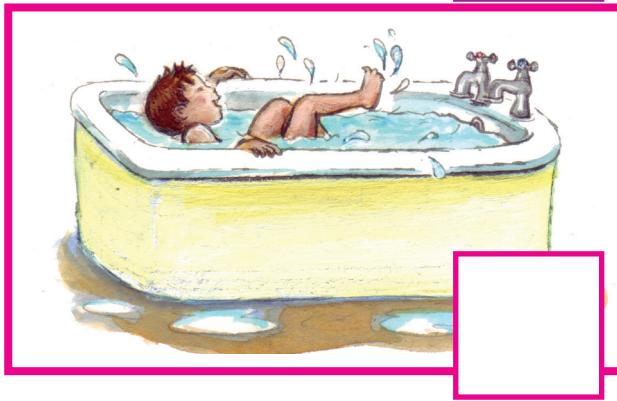
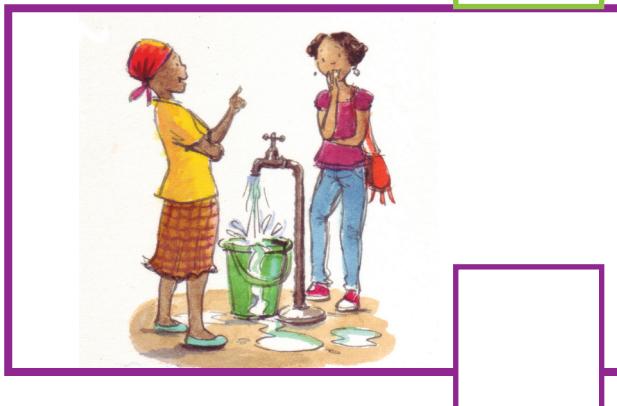
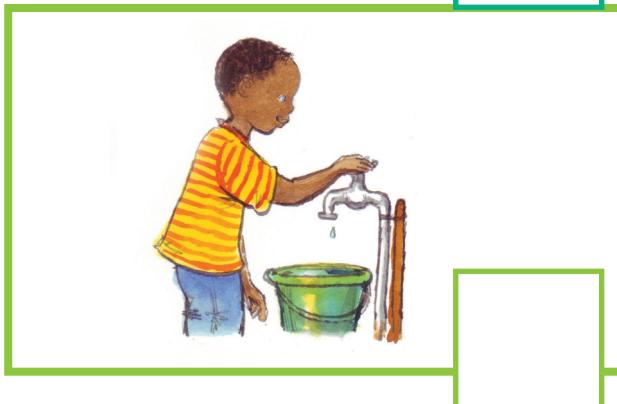
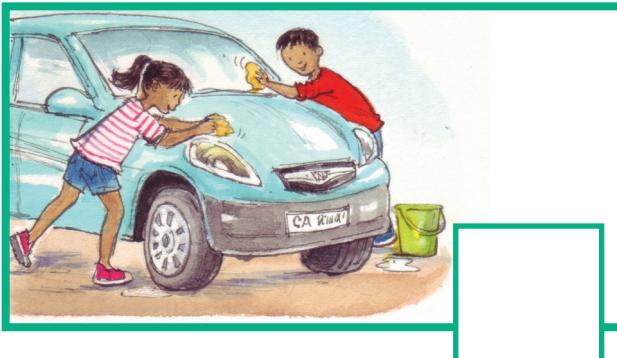
Date:

Mekgwa e metsi a senngwang ka yona



A re kwaleng

Lebelela ditshwantsho tse. Tshwaya (✓) fa thoko ga setshwantsho sengwe le sengwe se mo go sona metsi a somarelwang, mme o thale sekere (✗) fa thoko ga setshwantsho sengwe le sengwe se mo go sona metsi a senngwang.





A re bueng

Letlha:

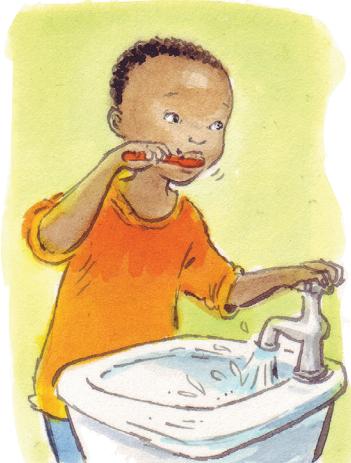
Lebelela ditshwantsho tse mo go tsona o khorositseng. Tlotlang jaaka tlelase ka ga se batho ba ba mo ditshwantshong ba se dirang. Bua ka moo ba ka somarelang metsi ka teng.



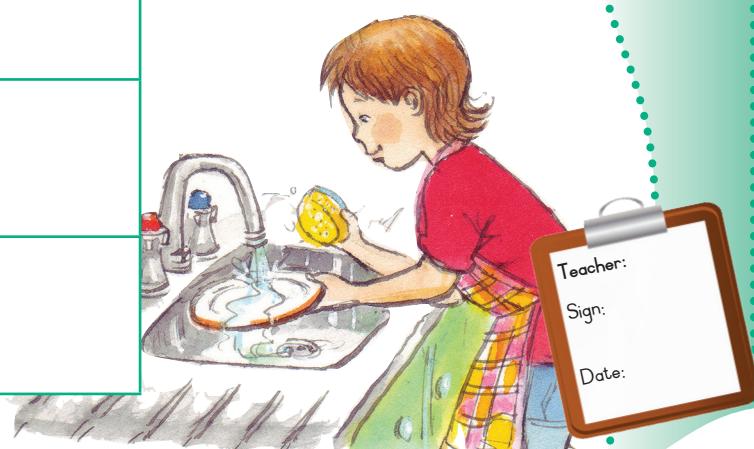
A re kwaleng

Bua ka g aka moo ba ka dirisang metsi ka botlhale ka teng.

Lebelela ditshwantsho. Buisa dipolelo tse di fa tlase. Tsenya letshwao (✓) mo tirong nngwe le nngwe e e re thusang go somarela metsi, le sekere (✗) mo go nngwe le nngwe e e senyang metsi.

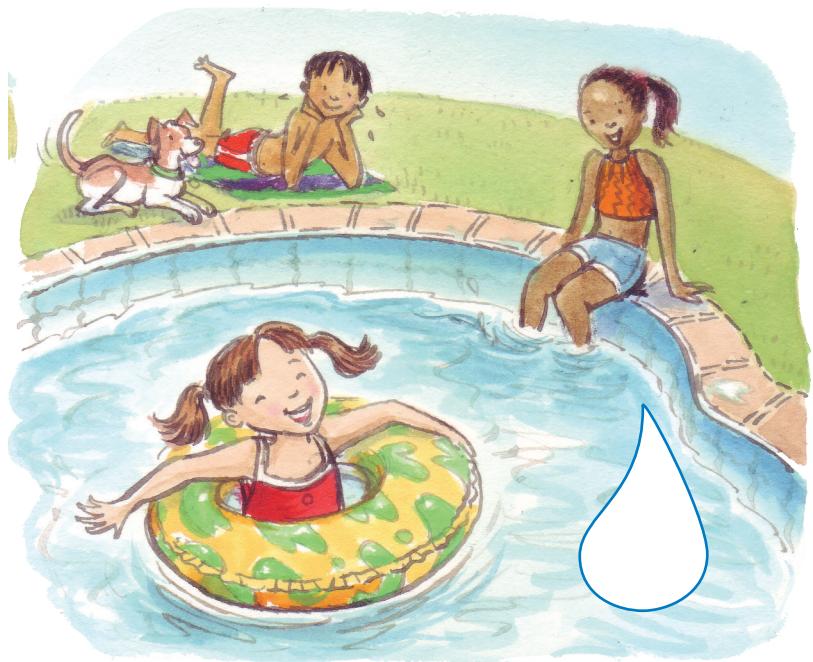
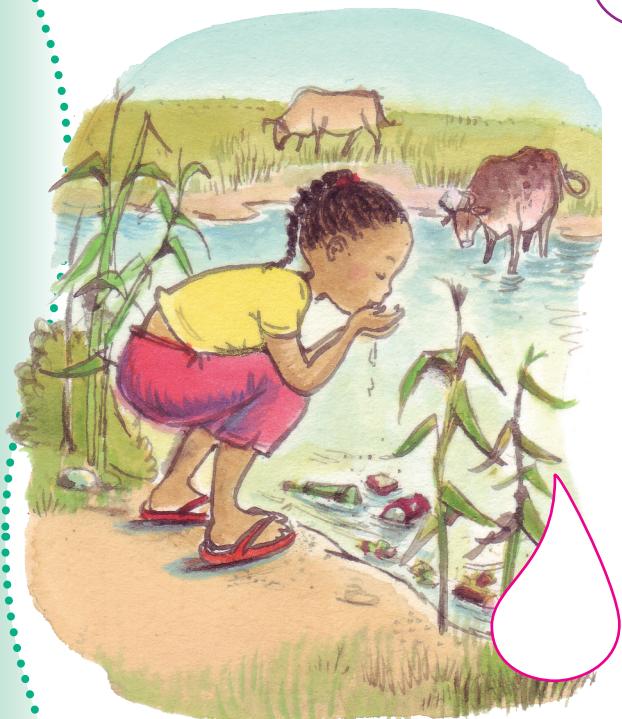
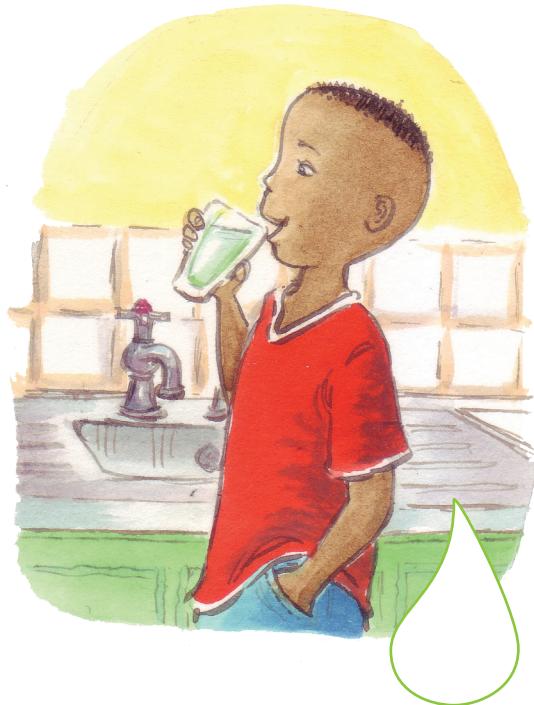
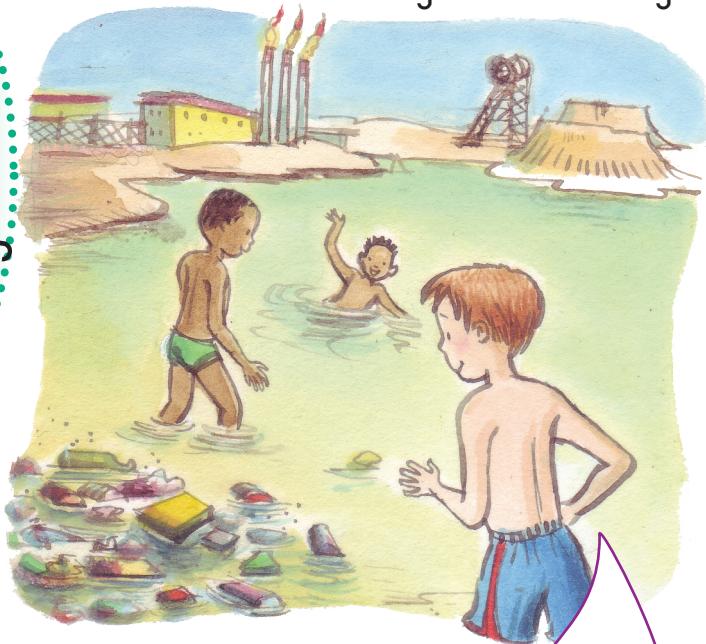


	✓ kgotsa ✗
Ke tlogela thepe e tsholola metsi ke ntse ke tlhapa meno.	
Re dirisa sesepa se se ratang tlhago. Ga ke tsholole metsi a ke tlhapileng ka ona, mme ke a dirisa go nosetsa tshingwana.	
Bosigo bongwe le bongwe ke tlhapa mo bateng ya metsi a a tletseng.	
Fa ke bona thepe e dutla, ke e tswala thata.	
Re tlhatsha dikotlolo mo metsing a a tshologang mo thepeng.	





Are kwaleng



Lebelela ditshwantsho tse. Tsenya letshwao (✓) fa thoko ga setshwantsho sengwe le sengwe se se bontshang ditiro tse di babalesegileng. Tsenya sekere (✗) fa thoko ga setshwantsho sengwe le sengwe se se bontshang ditiro tse di sa babalesegang.



A re kwaleng

Letlha:

Kwala lefoko "go babalesegile" kgotsa "ga go a babalesega" go feleletsa polelo.
Re go diretse ya ntlha.

Go nwa metsi a a leswe ga go a babalesega.

Go thuma mo metsing a a maswe, _____.

Go nwa metsi a a mo lebotlolong, _____.

Go nwa metsi go tswa mo nokeng e e kgotlelegileng ke, _____.

Go nwa metsi a thepe, _____.



A re tshamekeng



Tshameka le ba bangwe ba babedi.

- Opa diatla tsa gago nako nngwe le nngwe fa marothodi a metsi a rotha:
 - ka iketlo go tswa mo thepeng
 - ka bonako go tswa mo thepeng
 - ka bonakonako go tswa mo thepeng
 - otlhe a dula ka nako e le nngwe
- Tshameka motshameko ofe kapa ofe wa go opa diatla o o o itseng.



A re tsamayeng

- Tlolela kwa ntle ga metsi a a leswefetseng jaaka segwagwa.
- Tlolela mo metsing a a phepa jaaka segwagwa
- Patakanya jaaka pitse e e nyorilweng e tabogela kwa metsing a a nowang.
- Taboga ka lebelo le o ka le kgonang go tswa mo puleng e e tshologang.
- Tlola go tswa mo letlapeng go ya go le lengwe go kgabaganya noka. Thusa ba ba sa kgoneng go tsamaya.
- Dikologa mo lefelong le le lengwe jaaka metsi a elela go tswa mo bateng (o le esi gape o na le tsala).
- Morutabana wa gago o tlaa go supetsa (saenela) gore o tshwanetse go fetogela kwa motsamaong o o farologaneng. Reetsa ditshupetso tsa gagwe ka tlhwaafalo.



Go boloka metsi a a phepa

L - Biske 6



A re buiseng

Metsi a a maswe a a re lwatsa.

Re tshwanetse go nwa metsi a phepa.

Gape re tshwanetse go tshameka le go thuma mo metsing a a phepa.

Kgweditharo

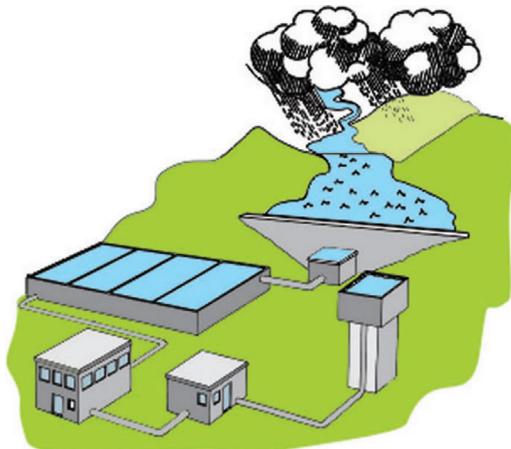


A re bueng

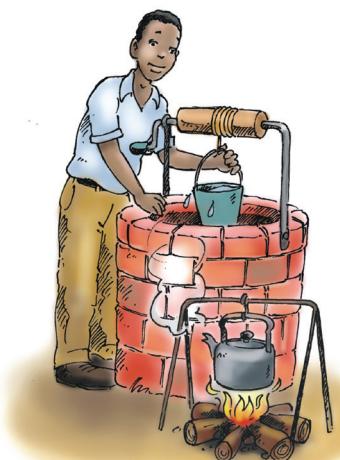
Lebelela ditshwantsho. Bua le tsala ya gago ka ga gore metsi a rona a a phepa a tswa kae. Tlotlela tlelase gore o akanya eng. Fa re phepfatsa kqotsa re tlhatswa metsi, re a a phepfatsa gore a siamele go nowa.



Re ka nna ra nwa metsi a pula fa e le gore marulelo a rona le ditanka tsa rona di phepa.



Mmasepala o phepfatsa le go boloka metsi a rona gore re kgone go a nwa.



Re kgona go bedisa metsi a rona go a phepfatsa.



Re kgona go sefa metsi a rona go a phepfatsa.

Letlha:



A re direng

Kopa morutabana wa gago go go bontsha gore o ka dira sefo ya metsi jang.

O tlaa tlhoka:

Lebotlolo la polasetiki la dilitara di le 2

Motlhaba o o phepa o o boleta

Motlhaba o o phepa, o o matlapatlapana

Matlapa a a phepa a mannye

Thipa e e bogale

Wulu ya katunu e e phepa



A re tsamayeng

- Dirisa kgetsana ya dinawa le hupu. Baya hupu fa fatshe mme barutwana ba eme mola o o ka nnang 5m go tswa fa hupung. O ka nna wa dirisa hupu ya bolotloa.
- Morutwana yo mongwe le yo mongwe o bona tshono ya go latlhela kgetsana ya dinawa mo hupung.

Teacher:
Sign:
Date:

Letsatsi le fetoga bosigo



A re buiseng

Letsatsi le bosigo di a farologana.

Di farologana ka tebego, re utlwa medumo e e farologaneng, e bile re dira dilo tse di farologaneng.

Motshegare re bona letsatsi le phatsima. Letsatsi le re fa lesedi le mogote. Batho ba bantsi ba bereka fa letsatsi le tlhabile, gape re ya sekolong fa letsatsi le tlhabile.



A re kwaleng

Lebelela ditshwantsho mme o bue le tsala ya gago ka ga tsona. Tse ke ditshwantsho tsa fa go le letsatsi kgotsa go le bosigo. Di farologana jang? Kwala "Letsatsi" kgotsa "Bosigo" fa godimo ga setshwantsho sengwe le sengwe.



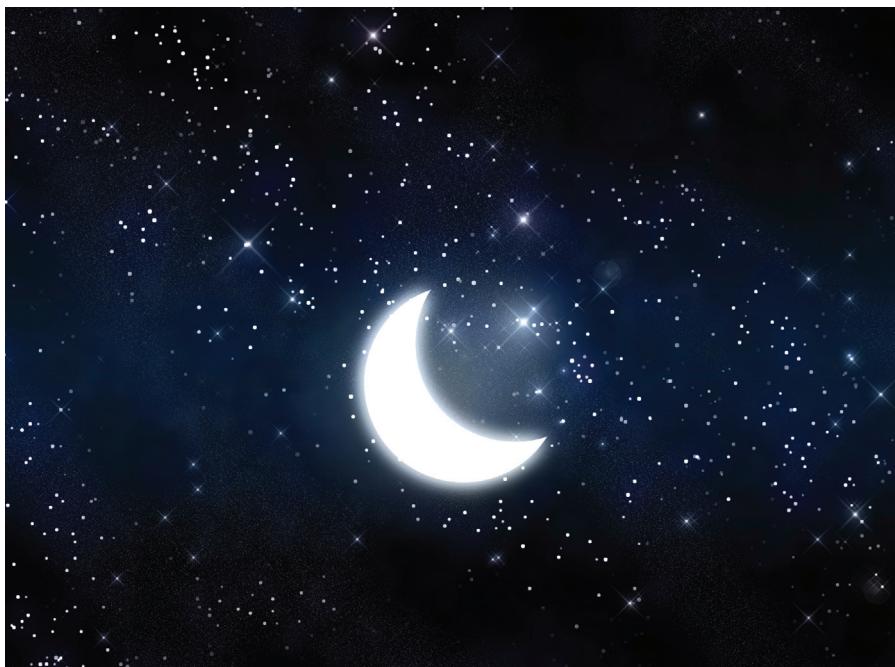


A re buiseng

Ka thapama letsatsi le a phirima.
 Go nna lefifi mme re kgonago
 bona ngwedi le dinaledi.
 Re tshwanetse go dirisa lesedi go
 bona se re se dirang.



Letlha:



A re tsamayeng



- Dirisa dipale tsa dino (kgotsa dibikhone jaaka dikhounu) le bolo.
- Baya dipale tsa dino (kgotsa dibikhone) dimmitara di le mmalwa go tswa mo barutwaneng.
- Dirisa bolo e kgolo jaaka kgwele ya dinao.
- Ragela bolo mo dipaleng tsa dino kgotsa fa gare ga dibikhone.
- La ntsha raga ka leoto la moja mme morago ka leoto la molema.
- O nositse dino tse kae?

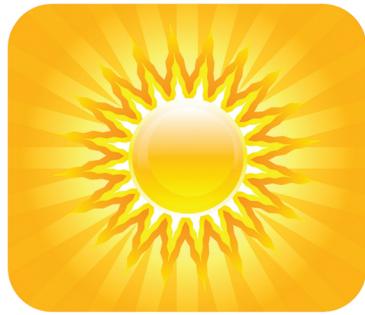




A re buiseng

Mo motshegareng, go le gantsi re kgon a go bona
loapi lo lo botala jwa legodimo le maru a mangwe. Sa
botlhokwa, re bona letsatsi. Sa botlhokwa, re bona
letsatsi.

Bosigo, re bona ngwedi le dinaledi tse dintsi.
Gape go na le dipolanete tse di lebegang
jaaka dinaledi.



Nako nngwe ngwedi o bonala mo loaping
motshegare. Ga re kgone go o bona sentle
gonne letsatsi le a bo le phatsima thata.
Leka go batla ngwedi motshegare.



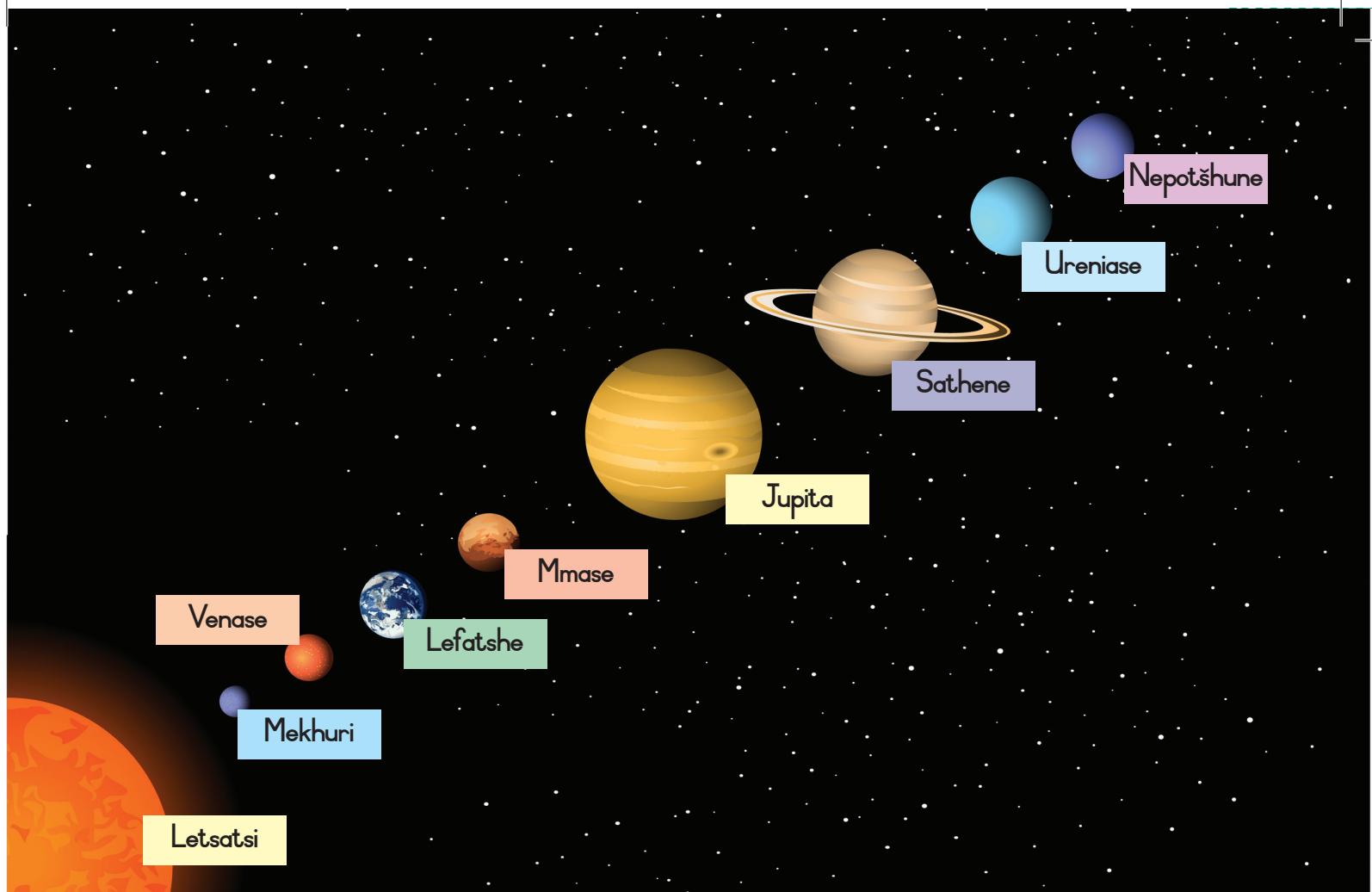
A re direng

Ngwedi ga o tshwane bosigo bongwe le bongwe.
Bogela ngwedi masigo a a latelang a le 5.
Mo mabokosong a a fa tlase, thala dibopego tse di farologaneng tsa ngwedi tse
o di boneng.

Bosigo jwa ntsha

Bosigo jwa boraro

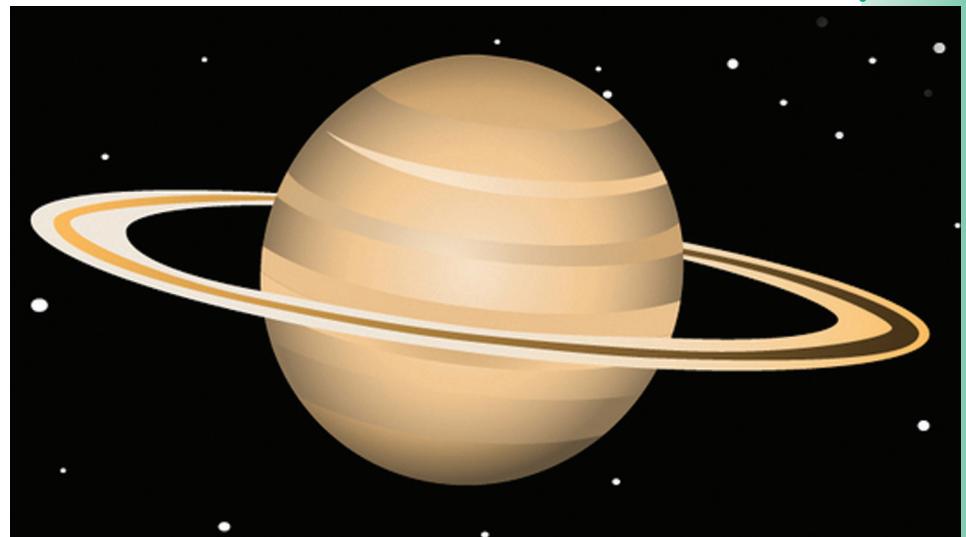
Bosigo jwa botlhano



Tse ke letsatsi le dipolanete tse di mo thulganyong ya letsatsi ya rona – ke baagisani ba rona mo lefaufaung. (Letsatsi le dipolanete di thadilwe go tsamaelana le sekale sa dimmepe.)



Se ke setshwantsho sa Sathene. E farologana le dipolanete tsotlhé gonne yona e na le direng go e dikologa. A o bona maronthorontho a masweu mo setshwantshong? O akanya gore ke eng? Lebelela setshwantsho se segolo fa godimo. A Sathene e kgolwane kgotsa e nnyanenyana go na le lefatshe? Ke polanete efe e kgolwane go na le Sathene?

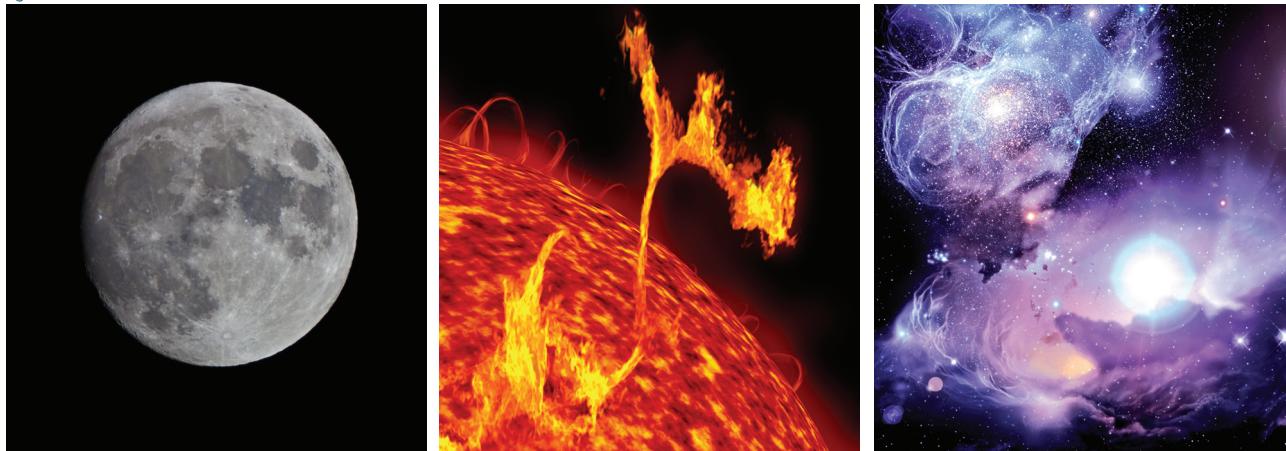


Letsatsi le ngwedi

Kgwedit haro
L - Beké 8

A re bueng

Lebelela ditshwantsho tse.



Bua le tsala ya gago. Di bontsha eng? O ka nna wa naya karabo efe kapa efe e e tläng mo tlhaloganyong ya gago.

Kitsiso ya morutabana:
Morutabana wa gago o tlaa reetsa dikakanya tsotlhe tsa gago mme morago o tlaa go bolelela gore ke ditshwantsho dife.



A re buiseng

Letsatsi ke naledi. Le tshwana le bolo ya molelo e kgolo e e ntshang mogote le lesedi matlhakore otlhe. Letsatsi le legolwane mo lefatsheng gadiketekete.

Ngwedi ke bolo e kgolo ya lefika le lerole e e sa ntsheng mogote. Ngwedi ga o na lesedi la ona. O tshwana le seipone se se busetsang matlhasedi a letsatsi kwa go rona. Ngwedi o monnyenyane thata go na le lefatshe.



A re bueng

Bua le tsala ya gago ka ga ka moo ngwedi o fetogileng ka teng mo masigong a matlhano. Morago o lebelele ditshwantsho tse. A ngwedi wa gago o ne o lebega jaaka monqwe wa tse?



Ngwedi o o tletseng



Ngwedi o o halofo



Ngwedi o o lengete



Dinaledi

Letsha:

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A re buiseng

Letsatsi ke naledi e e gaufigaufi le rona. Dinaledi tse dingwe di kgakalakgakala thata le rona. Fa o ka tsamaya ka lebelo thata go sa ntse go ya go go tsaya dingwaga tse dintsintsi go goroga kwa teng.



Kgweditharo 4 - Beke 8



A re bueng

Naledi ele ya mariberibe

Ribela kwa tlase

E ye go nwa metsi

Metsi ga a yo, a nolwe ke Kgaupe

Kgaupe ga ke mo rate

Ke rata Masilwane



A re buiseng

Pina e e opetswe dingwaga tse dintsitse di fetileng. Batho ba ne ba sa itse thata ka ga dinaledi. Gompieno re itse go le gontsi. Diaseteronote di sutlha lefaufau ka dirokete go batlisisa ka ga dinaledi.

Fa basutlhalefaufau ba etela lefaufau, ba apara disutu tse di kgethegileng tsa lefaufau. Ka ntla ya basutlhalefaufau ba ba dipelokgale le batho ba ba botlhale ba ba tsentseng mo lefaufaung, re ithutile go le gontsi ka ga dinaledi.



A re bueng



A go siame go ithuta go le gontsi ka ga dinaledi? Tlotla le tsala ya gago ka ga kgang e.

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O kgethegile.

Mmele wa gago otlhe o kgethegile.



Mmele wa gago ke wa gago!



OPE A SE
KAA
TSHWARA
MAPELE A
GAGO.

O tshwanetse go bolelala mongwe fa motho
ope fela a tshwara mapele a gago.

O tshwanetse go bolelala mongwe
fa motho ope fela a re o dire dilo
tse o sa di batleng.

O ka leletsa mang go
bona thuso:

Child Line: 0800 05 55 55

SAPS Crime Stop: 086 00 10111

SAPS Emergency Number: 10111

Life Line: 0861 322 322

Child Protection Unit: 012 393 2359/2362/2363



Make a placemat
Cut out the pictures you like and
paste them on to the opposite page to
make yourself a two-sided placemat.
Cover or laminate the placemat with
plastic and use it when you eat.





