

Kubuyeketiwe
futsi kwahelenjiswa
ngekwema-CAPS

Libanga

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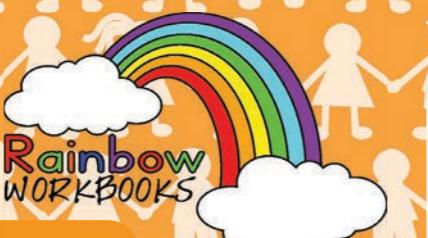
LIFE SKILLS IN SISWATI
GRADE 1 – BOOK 2

TERMS 3 & 4

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Ligama:

Liklasi:

Emakhono eMphilo
SISWATI
Incwadzi 2
Emathemu 3 & 4



basic education

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Nkhskt. Angie
Motshekga, iNdvuna
yeMfundvo yeSisekelo



UMnu. Enver Surty,
liphini leNdvuna
yeMfundvo yeSisekelo

Letincwadzi tekusebentela tikhicitelwe bantfwana baseNingizimu Afrika ngekuholwa yiNdvuna yeTemfundvo yeSisekelo. Nkhskt Angie Motshekga akanye neLiphini lakhe uMnu Enver Surty.

LeTincwadzi Tekusebentela takaRainbow tiyincenyemitamo yaleLitiko leTemfundvo yeSisekelo yekutfutfukisa bafundzi baseNingizimu Afrika emabangeni ekucala lasitfupha ekufundza. Njengalomunye wemigomo lehamba embili eLuhlelweni IweKusebenta IwaHulumende, lomsebenti ukhokhelwe ngesihle Silulu seTimali saVelonkhe. Ngenca yalokusekelwa ngetimali, leLitiko leTemfundvo liphumelele kwakha letincwadzi ngato tonkhe letilwimi letisemtsetfweni kulelive.

Siyetsema kutsi bothishela batatitfola tilusito kakhulu letincwadzi tekusebentela basafundzisa malanga onkhe kute bafundzi bakhone kucedza luhlelo lwabo Iwekufundza. Setame, ngekucohelela lokukhulu, kusita thishela kuleyo naleyo ncenye yemsebenti, ngekusebentisa timphawu letitifombe kukhombisa umfundzi loko lokumele akwente.

Siyetsema bantfwana nabo batakujabulela kusebentisa letincwadzi basachubeka nekukhula nekufundza; nekutsi bothishela batawutfokota kanye nabo.

Sifisela bothishela nebafundzi imphumelelo basachubeka nekusebentisa letincwadzi tekusebentela.



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Libanga

1

Emakhono eMphilo
ngeSISWATI
Incwadzi 2

Lencwadzi ya:



33

Tindzawo emmangweni wami

Ithemu 3 – Liviki I

Ase ucabange ngabo
bonkhe labantfu
lobabonako nalokhuluma
nabo emalanga onkhe –
laba bantfu
bangummango wakho.

Bangaba bantfu
labasesitaladini sakho
noma labahlala madvute
nalapho uhlala khona.

Bangaba bantfu
basenkonzweni noma
esikolweni sakho,
emaphoyisa emmango,
bodokotela kanye
nalabanye nje.

Asifundze



Asikhulume

Coca nemngani wakho ngaletitfombe kulamakhasi lamibili.

Tindzawo tini lotibonako kulesitfombe?

Ngukutiphi taletindzawo lapho bantfu babutsana khona?



Lusuku:.....



Asente loku

Ngutiphi, kuletindzawo esitfombeni ngentasi, loke
wativakashela? Landzelela utsatsise titfunti-mugca tato
ngemakhilayoni.



Asikhulume

Cocela umngani wakho kutsi ngabe letindzawo wativakashela uhamba
nemuntfu noma wedvwana. Kwaya ngani kutsi uvakashele letindzawo?

Ucabanga kutsi letindzawo lowativakashela kulula kutsi tivakashelwe
bantfu labakhubatekile?



Kunakekela tinsita emmangweni wami

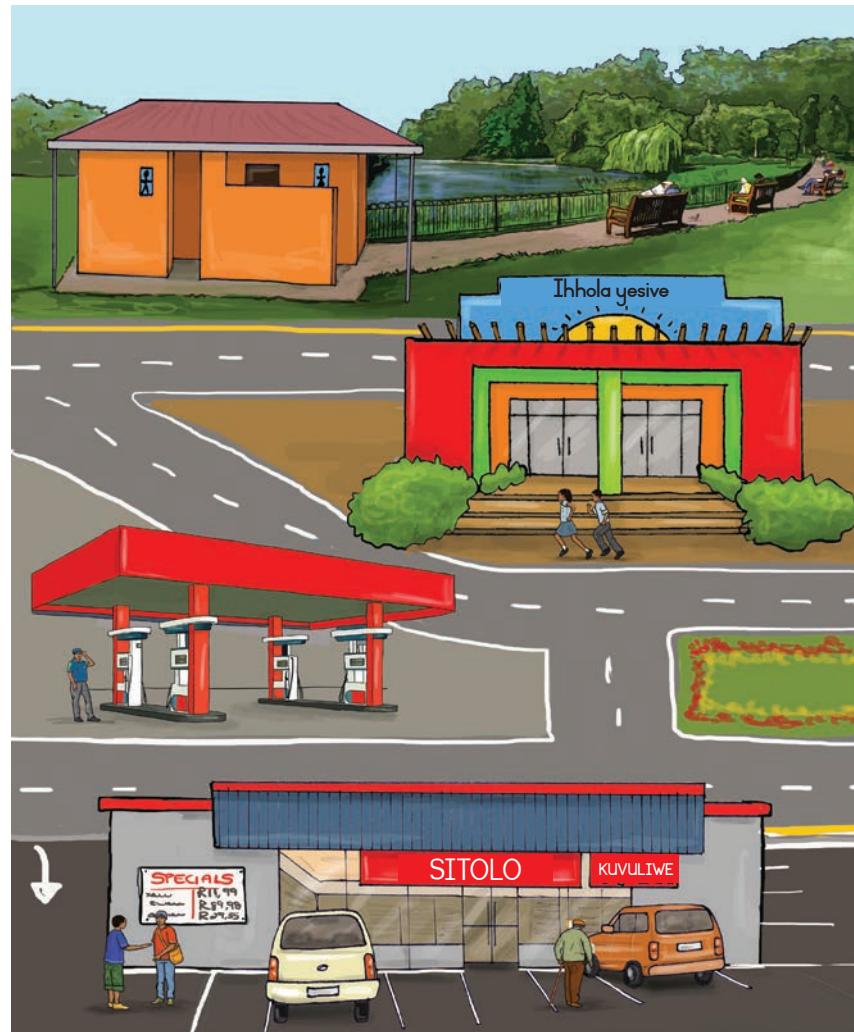


Asikhulume

Tindzawo emimangweni
yakitsi tinetinsita
letehlukene
letingasetjentiswa
nguwonkhe wonkhe.
Imitfolamphilo, tikolo,
tinkhundla tekudlala
netibhedlela. Tonkhe leti
tinsita lesingatisebentisa.

Sidzinga kunakekela
tonkhe letinsita
emmangweni wakitsi.

Futsi sidzinga kugcina
simondalo sakitsi sihlobile,
khona wonkhe muntfu
atosissebentisa.



Asikhulume

Coca nemngani wakho ngalesitfombe.

- Ucabanga kutsi bayatsandza yini bantfu kuhlala lapha?
- Kungani ucabanga kanjalo?
- Ungentiwa njani ummango nesimondalo sakini kuba ncono?



Asente loku

Yenta umdvwebo wakho
wemibalabala usebentisa luhlobo
lwesitfutsi sesive, njengesitimela,
ibhasi noma itekisi. Khombisa
bantfu labanebukhulu lobehlukene
labanawe – labanye bahleti
bacondze mpo, labanye bagobe
babheka embili noma balele phansi
babheke emuva, labanye bakhulu
kani labanye bancane.

Lusuku:



Asinyakate

Tifutfumete

- Tifutfumete ngekuhamba uye embili mantontolwane.
- Nyalo hamba sinyova ngetitsendze.
- Yani embili ngetitsendze.
- Hamba sinyova mantontolwane.



Bumba tinhlavu

Yakhani emacembu aba-2. Sebentisani
imitimba yenu kwakha tinhlavu. Ningema neyame
lubondza noma nilale phansi.

Ase ubone kutsi wena nemngani wakho
ningete nalwakha luhlavu labanye
labangakhoni kulwakha.



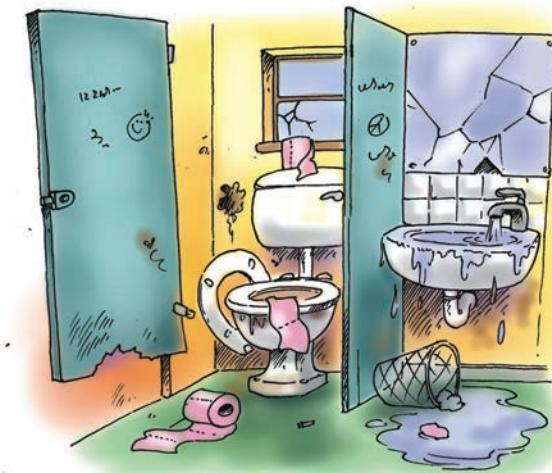
Kulungile noma cha



Asikhulume

Buka letifombe.

Ithemu 3 - Liviki 2





Asente loku

Yakha sitfombe-bunjwa
sesakhiko lesincane usebentisa
tintfo letivusetelwe. Ungakha
umtfolamphilo, umtaponcwadzi
noma-ke ngusiphi nje
sakhiwo emmangweni wakho.
Ningabuye nisebente
ndzawonye ngemacembu.
Hlobisani sakhiwo senu
kukhombisa kahle kutsi nakhe
sakhiwo sini.

Lusuku:



Asinyakate

- Hlelembisa lamasondvo eme mpo alandzelane.
- Khasa uphume kulamasondvo.
- Beka emasondvo cababa, phansi.
- Mani ngemilente yomibili etu kwelisondvo lemoto.
- Nyalo-ke sima ngamlente munye etu kwelisondvo.
- Sebentisa lamasondvo nakunobe ngumuphi lomunye umdlalo wekunyakata.

Caphela ungate utilimate.



Teacher:
Sign:
Date:

Bantfu emmangweni wami

Itthemu 3 – Liviki 2

Asibhale

Buka letitfombe. Emabhokisini langesekudla, khetsa ligama lelilungela sitfombe ngasinye. Libhale ngephansi kwesitfombe.



Umetsi wephethiloli

Umdayisi timbali

Umongi



Umshayeli mathekisi

Liphoyisa lemgwaco

Dokotela



Umtsengisi titselo

Socimamlilo

Liphoyisa

Asikhulume

Buka letitfombe loticambile bese ucoca nemngani wakho ngato.

Uyababona labantfu emmangweni wakho?

Bobani lobabona emmangweni wakho?

Ngabe bantfu emmangweni wakini bayasitana yini? Yini labayentako?



Asibhale

Dvweba umugca kusuka ekucaleni kwemusho ngamunye ngesancele
kuya emagameni lahambisanako ngesekudla.

Lusuku:



Socimamlilo

Lilunga leMkhandlu weMaphoyisa
eNingizimu Afrika

Dokotela

Umtsengisi titselo

Umetsi wephethiloli

libamba tigebengu.

utsengisa titselo.

wetsa phethiloli etimotweni.

ucisha umlilo.

usenta siphile.



Asibhale

Buka letifombe. Emagameni langentasi, ligama lelingilo lesitfombe
ngasinye libhale ngaphansi kwesitfombe ngasinye. Catsanisa
timphendvulo takho netemngani wakho.

Iloli yesicimamlilo



Endzaweni yekwetsa
phethiloli



Sibhedlela



Emaphoyiseni



Asinyakate

Betsa tandla ngesigi losivako.

- Lalelisisa uma sigi sigucuka.
- Yenta loku ngetinhlobo letehlukene tetingoma, kusuka kutakudzala kuya kutesimanje.
- Betsa tandla ngesivinini noma ngesiye kuhambisana nesigi.

Emanotsi athishela:

Lalela umculo thishela wakho
lawudlalako kumbe tigi thishela
wakho latidlalako ngesigubhu
kumbe lolunye lugubhu lwengoma.



Tilwane lesitifuyela ekhaya



Asifundze

Linyenti letfu linetilwane tasekhaya. Silwane sakho sasekhaya ngumngani wakho. Uyasinakekela futsi sihlala madvute nawe – mhlawumbe ekhatsi endlini yinye nawe kumbe esakhiveni lesikhettse kile ebeleni lakini.



Asikhulume

Buka lesitfombe. Coca nemngani wakho ngalesitfombe. Sebentisa ikhilayoni kubiyela tonkhe tilwane tasekhaya lotibonako. Tingaki tilwane tekhaya longatibala? Tjela thishela wakho.

- Unaso wena silwane sekhaya?
Uma unaso, cocela umngani wakho ngaso.
- Uma ute, cocela umngani wakho kutsi luhlobo luni lwesilwane sekhaya longatsanza kuba naso kumbe-ke usho kutsi kungani ute silwane sekhaya.



Asibhale

Nilikilasi yentani luhlu lwato tonkhe tinhlobo tetilwane tekufuywa leningatiboni esitfombeni. Kopela lapha loko thishela wakho lakubhalako ebhodini.



Asente loku

Dvweba noma ngusiphi
silwane sekhaya
lositsandzako-ungabuye
uticambele nje leso
silwane longatsandza
kuba naso.



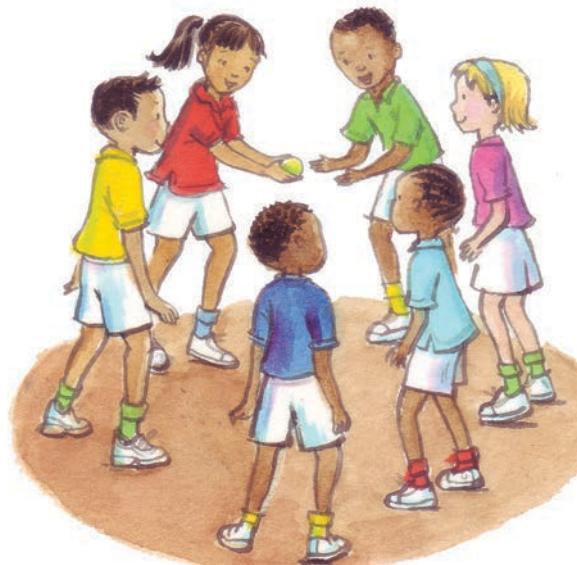
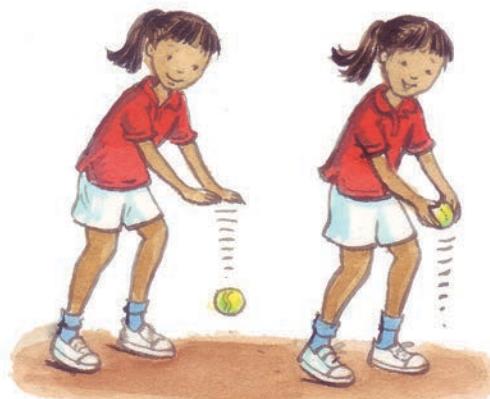
Asinyakate

Tifundzise kujika nekugendza ibhola.

- Ngetandla totimbili jika ibhola yethenisi etulu emoyeni. Yigendze ngetandla totimbili.
- Manje yijike etulu emoyeni ngesandla sinye bese uyajigendza futsi ngaleso sandla.
- Nyalo-ke jika ibhola yethenisi ngesandla sakho lesibutsakatsaka etulu emoyeni uyigendze futsi ngesandla sakho lesibutsakatsaka.
- Gicumisa ibhola yethenisi phansi ngetandla totimbili ubuye uyibambe futsi ngetandla totimbili.
- Yigcumise ngesandla sinye ubuye uyibambe futsi ngaleso sandla.
- Yigcumise ngalesa lesinye sandla ubuye uyibambe futsi ngaleso sandla.
- Mani endilingeni. Jika ibhola yethenisi
- Mani endilingeni wendlulisele ibhola kulomuntfu loseceleni kwakho usebentisa tandla totimbili.
- Yendlulisela ibhola kulomuntfu loseceleni kwakho usebentisa sandla sinye.
- Sebentisa sandla sakho lesinye wendlulise ibhola iye kulomuntfu loseceleni kwakho kulela lelinye licala.

Bewati-nje?

Cishe tonkhe tinja titsandza kudlala ngebhola.
Kodvwa kufute uphutfume ngoba tinja tiyatsanda
kubamba ibhola tigijime nayo tibaleke.



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Kunakekela tilwane tekhaya

Ithemu 3 - Liviki 3

Asikhulume



Kumcoka kunakekela tilwane tetfu tekhaya.

Coca nemngani wakho ngalokudzingwa tilwane tekhaya. Ticabange ungulesilwane sekhaya umngani wakho lasidvwebe ekhasini 11. Cabanga ngalongakudzinga. Ungacabanga ngalokufana nekulda nendzawo yekulala. Nyalo-ke cocela umngani wakho. Phindza ukhulume ngaloko langakwenta nakwenteke ugula.



Asibhale

Faka lumphawu (✓) edvute kwentfo ngayinye ledzingwa silwane sekhaya.

Kudla

Emanti

Inhlama yekucubha

Indzawo letfokomele, leyomile yekulala

Dokotela wesilwane
nasigula

Liholide



Asente loku

Dvweba emagumbi ekuhlala netinhlobo tekudla lokungadzingwa nguletilwane.
Chubeka ubhale ligama lesibita ngalo bantfwabato.

Silwane	Kudla	Ligama lemntfwanaso

Lusuku:



Asente loku

Fundza umusho ngamunye ucabange ngekutsi ungaativa njani nekutsi ungatsini futsi wenteni. Khombisa loko longakuva naloko longakusho. Thishela wakho utakutjela kutsi wente kuphi.

- Utitsatsele silwane sekhaya lesisha.
- Likati lakho linyamalele.
- Inja yakho seyidle intsandvokati yelithoyizi lakho.
- Umngani wakho ucalia injia.
- Ubona injia ikhiyelwe emotweni levaliwe.



Asinyakate

Lalela letigi letehlukene thishela wakho latatidlla. Yenta shengatsi usilwane lesihamba ngesigi salengoma.

Uma ingoma igijima, cocoma njengelihhashi.



Uma ingoma ipholile, ntjentjemuka njengeluvivane.

Uma ingoma imemeta, hamba njengendlovu.



Uma ingoma ibina, hamba njengelufudvu.



Asikhulumbe



Logwaja nguSagundvwane. Ematinyo abosagundvwane akayekeli kukhula.

Umnyaka munye wemuntfu ulingana neminyaka lesi-7 yenja. Uma injia ineminyaka lemi-3, kufana nekutsi ineminyaka lengema-21 emuntfu.

Uma likati lijabulile litsi, mmnyaawu!



Asitijabulise

"Likati neLigundvwane". Thishela wakho utanitjela kutsi ngubani likati ngubani ligundvwane. Ntjintjanisa tikhundla emva kwesikhatsi.



Inhlonipho nekunakekelana



Lamagama akhomba imbeko lenhle. Imbeko yetfu yindlela lesiphatsa ngayo labanye bantfu. Imbeko yetfu ikhomba kutsi sibahlonipha kanganani labanye bantfu.

Siyakutsakasela kukhuluma nalomunye umuntfu lonembeko lenhle.
Kumnandzi futsi kuba ngumngani wemuntfu lonembeko lenhle.

Sinemtfwalo wekuhlala siphatsa labanye bantfu kahle. Kungako sonkhe ngamunye kufute sibe nembeko lenhle.



Asikhulume

Bukisisa letifombe. Chubeka ufundze emagama emabhokisini. Coca nemngani wakho ngaletifombe. Cocani ngekutiphatsa kahle noma kabi labantfwana labakukhombisako.

Kusile
Make!



Yabelana
nabalanye.

Ngabe ukhohlwe
ipeniseli yakho?
Ungasebentisa yinye
yetami.

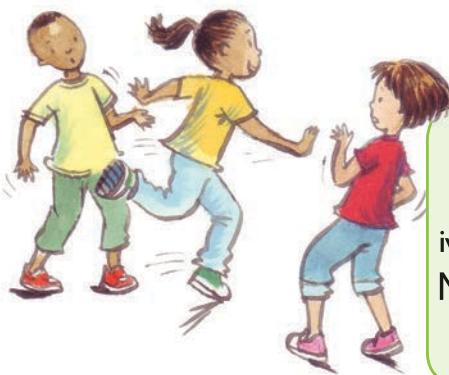


Khombisa umusa.

Ngibonga kakhulu
kungilalela
ngesizotsa.



Lindza lihlandla
lakakho.



Ngicolele Make,
bengifuna kubuka
ivasi yakho lendzala.
Ngibese ngiyayiwisa
nyalo seyephukile

Kunjani, Busi. Ngitfole
sikhwama sakho sishiyewe
ngephandle. Asetsembe
kutsi kute lotsetse
emakhilayoni akho.

Bani
nekwetsembaka.



Kuhlonipha labanye bantfu

Bingeleta bantfu lobatiko kanjalo netihambi.

Hlonipha tintfo talabanye bantfu.



Siyachubeka ngekunakekelana

Itthemu 3 – Liviki 4



Asibhale

Bukisia letitfombe bese ufundza lemisho emabhokisini.



Ngiyasita kugcina indlu
yakitsi ihlobile.

Ngingumngani lolungile
ngisita labanye.

Ngikhombisa
umndeni wami kutsi
ngiyawutsandza.

Ngidlala kahle
ngemathoyizi emngani
wami.

Ngiyatinakekela mine
netintfo tami.

Ngisita babe wami
kudeka litafula.



Ase siddale

Yenta silinganiso-mdlalo ngembeko lenhle
nemitfwalo lapho khona:

- ubingelela bantfu lobatiko nalongabati
- noma ulindza lihlandla lakakho
- noma ulalela lomunye ngekucikelela
- noma wabelana nalomunye
- uba ngumngani nalomunye
- wetsembekile ngalokutsite
- noma ukhombisa kuhlonipha tintfo talabanye
- noma ukhombisa kuhlonipha labanye.

Lusuku:

Ngemacembu, yentani silinganiso-mdlalo
sembeke lenhle nemitfwalo yenu macondzana
naloku:

- umndeni wakho
- noma umsebenti wenu wesikolo
- noma imisebenti yenu yasekhaya
- noma kudla lenikutfola mihla
yonkhe
- noma kwembatsa lenikugcokako
- noma emathoyizi enu
- noma bangani bakho



Asente loku

Dvweba sitfombe
sakho ukhombisa
bungani kulabanye.



Asinyakate

Lalela uma thishela wakho akutjela kutsi zuba, gjijima noma khasa.

Thishela utawushaya indweba embi kwemlayeto lomusha ngamunye.

Nyakata ngesivinini noma ngesiye uma thishela wakho akutjela loko.



Ase siddale

Dlala mkoko ngemlente wakho lobutsakatsaka.

Mbeko yini lenhle lemcoka uma udlala mkoko?



Kungani sidzinga tilimo

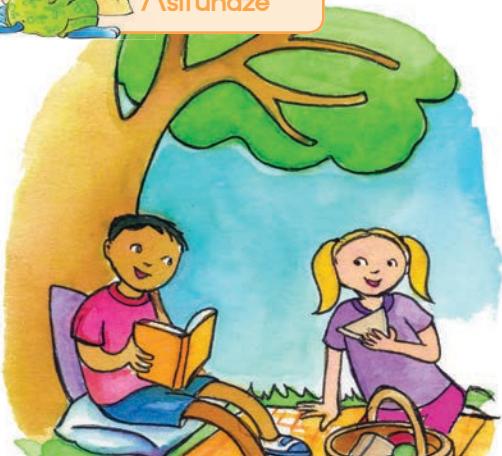


Asikhulume

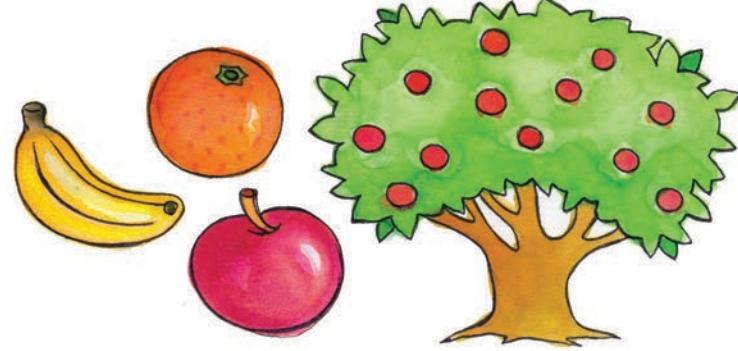
Buka lapho uhleti khona. Ngutiphi tintfo lotibona tipuma etintfweni letitilimo? Coca nemngani wakho nibone kutsi nine nobabili ningacabanga tingaki. Tjela thishela wakho kutsi nicabange tingaki tilimo.



Asifundze



Letinye tilimo tisinika
ijusi nekudla.



Letinye tilimo netihlahla
tisipha umtfunti.



Letinye tilimo netihlahla
tiniketa umtfunti etilwaneni.



Letinye tilimo tisipha timbalii
lesitibeka emakhaya etfu.



Lusuku:



Sidzinga tjani benkhundla
yetfu yemdlalo.



Sisebentisa kotini
kwenta timphahla.



Sisebentisa umhlanga kwakha
emabhasikidi nekufulela
luphahla.



Sisebentisa tilimo netihlahla
kwakha ifenisha.



Unemngani wakho, khetsani tindlela letintsatfu letimcoka
kakhulu lokusetjentiswa ngato tilimo.

Singatenta yini tihlahla kutsi tife uma sitisebentisa
kakhulu? Cocisanani ngalombuto nilikilasi.



Indlela tilimo letibukeka ngayo



Asibhale

Ithemu 3 - Liviki 5

Tilimo takhiwa tincenye letehlukene. Sebentisa emagama lasemabhokisini kukhomba tincenye taletilimo. Catsanisa emagama akho newemngani wakho.

timphandze

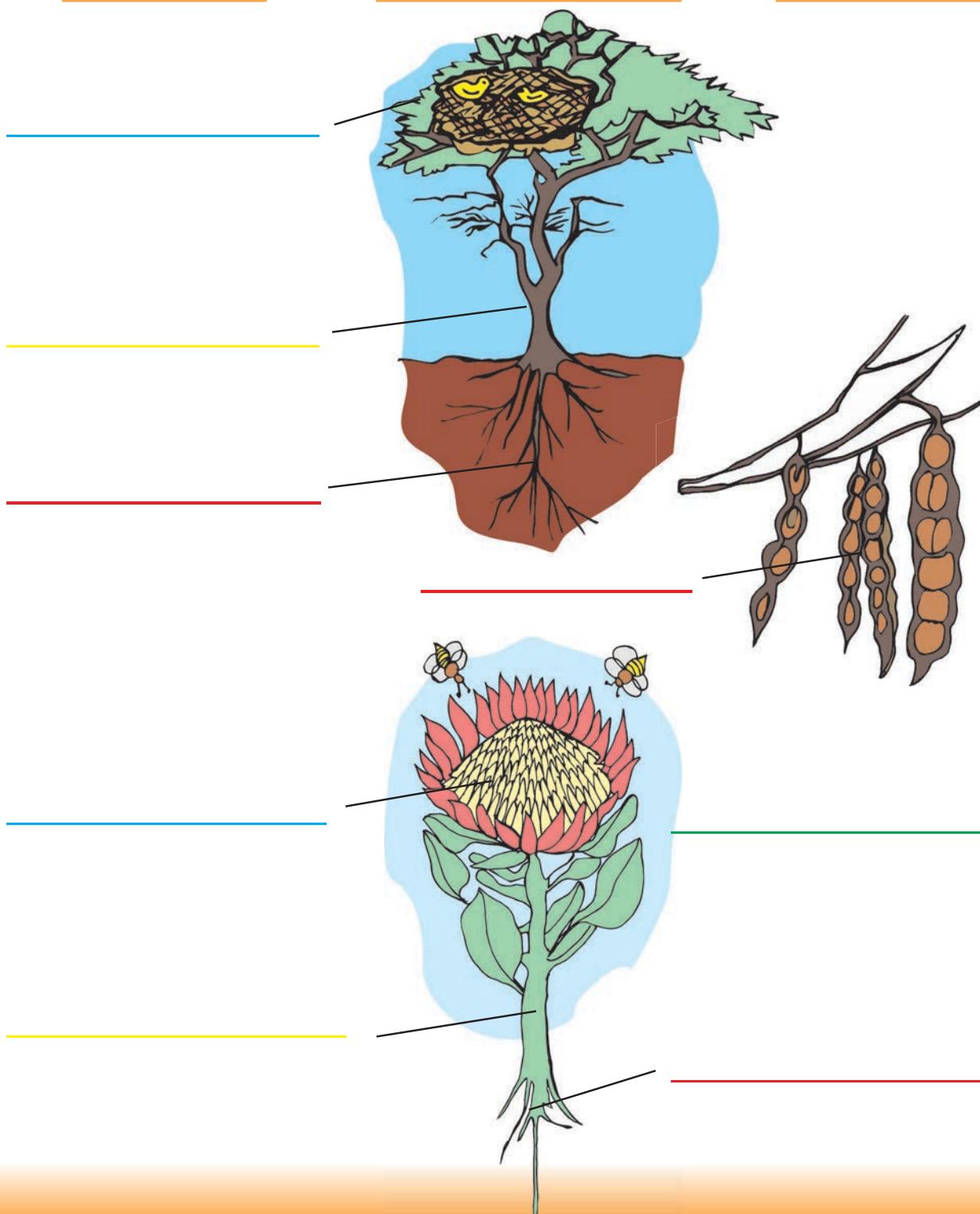
sicu sesihlahla

licembe

imbali

umbhedze wembewu

sicu



Lusuku:



Asinyakate

Yehlukanisa likilasi ngemacembu emabhungane ensimi nebalimi-ngadze.

- Balimi-ngadze kufute betame kuvimba noma kubamba emabhungane.
- Ntjintjanisa tindzima tekudlala emva kwemizuzu lemi-2.
- Phindza tikhatsi letimbalwa.



Ase sidlale

Dlala mabhacelana.

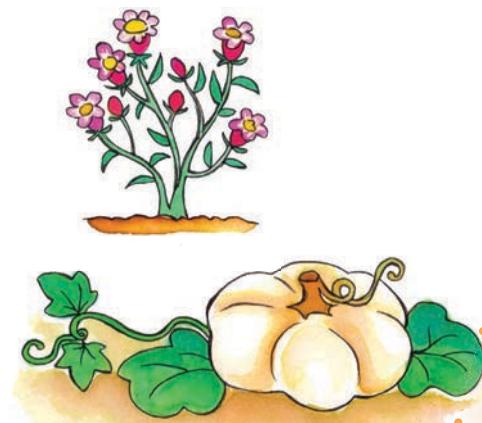
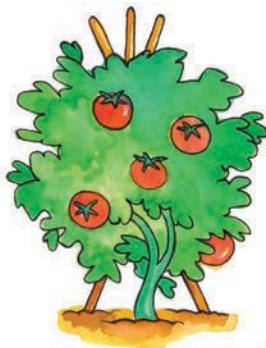


Tilokatana tibhaca ngephansi noma emva kwetilimo ngako-ke balimi kufute batitfole embi kwekuba tidle tonkhe tilimo.



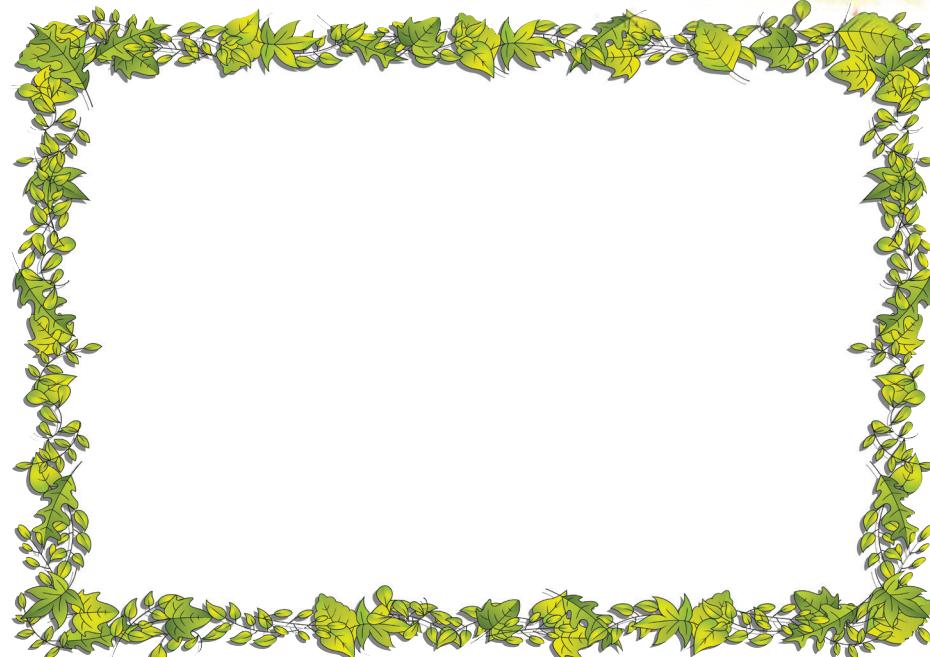
Asikhulume

Tinhlobo letehlukene tetilimo tibukeka ngekwehlukana. Kodvwa tibuye tifane futsi ngetindlela letinyenti. Ase ubuke letifombe. Coca nemngani wakho ngaletilimo Yini lefanako futsi yini leyehlukile?



Asente loku

Dwweba noma penda
silokatana noma
silwanyana lesifuna
kudla sihlahla sakho
selibhontjisi. Akudzingeki
kube silokatana mbamba.
Sebentisa umcondvo
wakho-nje. Dwweba noma
upende titfombe nemigca
lekhanyako, nalegcamile.



Ivelaphi imbewu

Liviki b

Ithemu 3 - Lihemba



Asifundze

Letinye tilimo tinetimbewu letibhace etimbalini noma etitselweni.

Singayihlanyela lembewu kutjala tilimo letinsha. Imbewu iyahhohloka isuke kulesilimo kusungula silimo lesisha. Lenye imbewu isakatwa ngumoya noma bantfu, tilokatana naletinye tilwane. Letinye tingwabu tembewu tidliwa tinyoni bese tincenyenye tato letilukhuni tisala emangcolisweni etinyoni.



Timbewu tihamba njani esitfombeni ngasinye? Kumele imbewu ibe njani kute ihambe ngalendlela? Coca nemngani wakho.



Uma ufunu kuhlanyela takho
tilimo usebentisa imbewu,
ungasebentisa imbewu yetilimo
letisengadzeni yakho. Noma
ungatsenga imbewu esitolo.





Asikhulume

Fundza lenkondlo nemnyakato.

Lusuku:

Imphilo emva kwesilimo

Lena yimbewana:

Ase sijitjale ngekushesha emhlabatsini!

Ichuma sicutu nembali

Ineliphunga lelimnandzi yonkhana.

Bonyosi manyakata bandiza embalini

Masinyane, yafa nje imbali lenhle.

Kodvwa, ungetfuki, ungakhali futsi.



Asinyakate

Khombisa injabulo yakho ngaleminyakato

Bamba iseshi lenembala noma iribhoni lendze ngesandla sakho lesisebenta ncono. Uhambisa umkhono wakho, yenta emaphethini lehlukene emoyeni noma phansi ngeseshi noma ngeribhoni yakho. Cala usebentise sandla sakho lesisebenta ncono bese uya kulesibutsakatsaka. Ungabuye ukwente ngesigi sengoma loku.

Uma kukhona sihlahlala, buka kutsi sisisebentisa njani kudlala. Jiketa ngendophi leboshwe nko. Cale ukwente ngetandla totimbili, bese kuba ngesandla sakho lesisebenta ncono futsi kube ngesandla sakho lesibutsakatsaka.



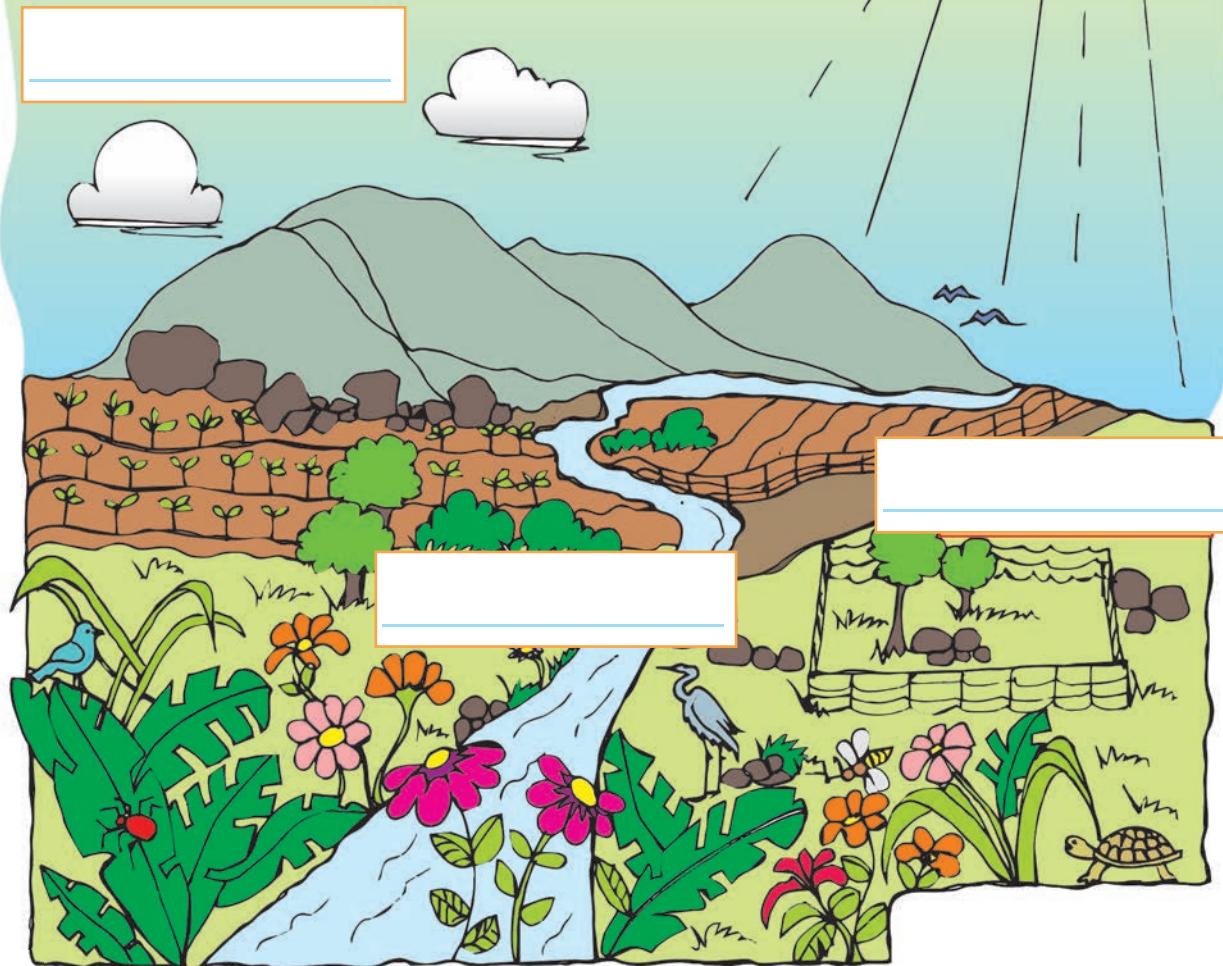
Lokudzingwa tilimo kute tikhule

Asikhulume

Buka lesitfombe. Ngabe konkhe lokulapha kuyaphila?

Coca nemngani wakho ngaso: ngutiphi tintfo letiphilako longatibona? Ngutiphi lokutilimo kuletintfo letiphilako? Tiyakhula yini tilimo?

Ngabe tilimo nato tiyadla? Uma tidla, yini letiyidlako?
Ngabe tilimo tiyanatsa? Uma tinatsa,
yini letiyinatsako?



Asibhale

Nyalo-ke bhala ligama ngalinye lalawa esitfombeni ngetulu kukhombisa kutsi ngutiphi tilimo lokufute tikhule.

kukhanya kwelilanga

emanti

tinsita-mtimba

umoya



Asente loku

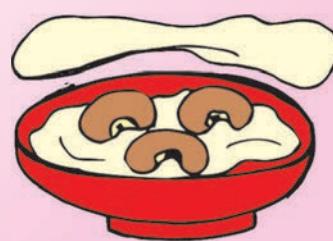
Kumalula kutjala tilimo takho.
Utawutjala silimo selibhontjisi.

Lusuku:

Landzela letinyatselo:

Sinyatselo 1:

Mbonya emabhontjisi
lama-3 emkhatsini
wematsapho lama-2 akotini
wavolo. Kubeke esosweni noma endishini
lengenalutfo ekhatsi.



Sinyatselo 2:

Tsela emanti etu
kwakotini wavolo
ucinisekise kutsi
uba manti chi!



Sinyatselo 4:

Emva
kwemalangana,
bona kutsi sikhula
njani silimo sakho.
Nisela kanye
ngeliviki.

Lilanga 1



Lilanga 2



Lilanga 3

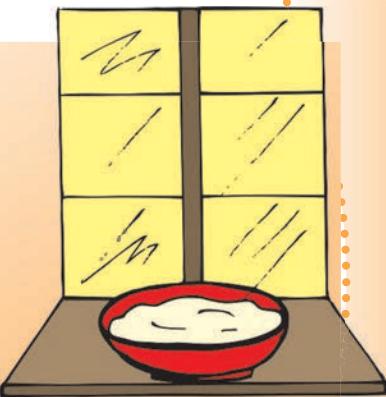


Lilanga 4



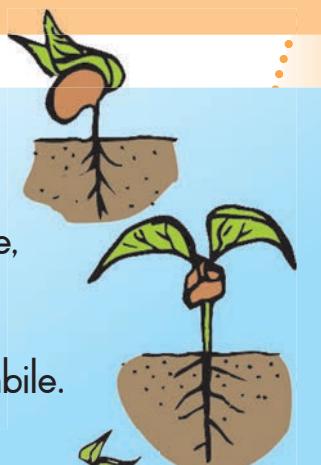
Sinyatselo 3:

Beka lelisoso kumbe
indishi entsendzeni
yelifasitelo noma
endzaweni lapho
kufinyelela kahle
khona lilanga.



Sinyatselo 5:

Nase silimo sakho
sichuma timphandze,
sewungasitjala-ke
emhlabatsini lotsambile.



Sinyatselo 6:

Nisela silimo sakho kanyentana nje. Emva
kwemaviki lambalwa, utawukhona kukhulula
emabhontjisi akakho nawe.



Kudla lesikudlako

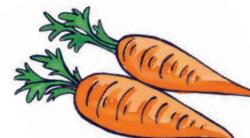
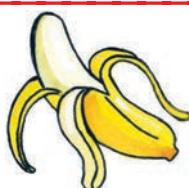
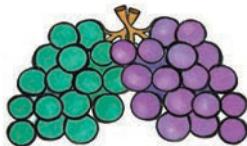
Asifundze

Kudla lokuhle kusipha emandla njengaphethiloli lowenta imoto ihambe. Sidzinga kudla lokunemphilo kukhona kwenta loko lesidzinga kukwenta nekuba sesimeni leshile kakhulu. Kudla lokunemphilo kusinika emandla futsi kusisite sikhule.



Asibhale

Ase ubuke letitfombe. Bhala ligama lenhlobo ngayinye yekudla ngentasi kwesitfombe lesingiso.



Asibhale

Kudla kuni wena lokutsanza kakhulu? Ngukuphi-ke longakutsandzi kangako? Kubhale ngaphansi kwetihloko letifanele. Khetsa kuletitfombe letingenhla.

Kudla lengikutsandzako

Kudla lengingakutsandzi



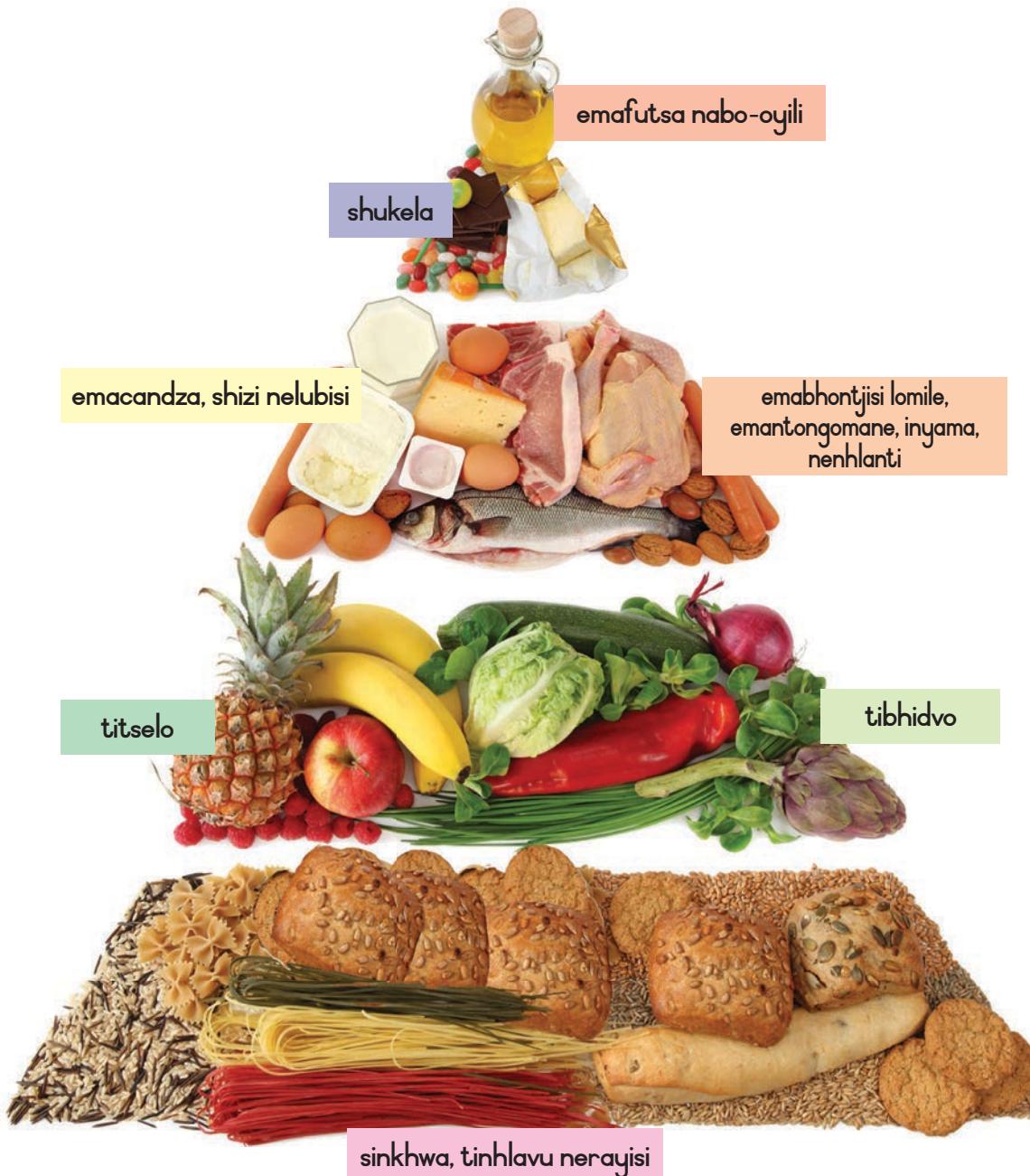
Asifundze

Lusuku:

Kudla singakwehlukanisa ngemacembu la-7.

Ngephansi kulesitfombe kudla longakudla emahlandla lamanyentana.

Ungakudla nekudla lokungetulu, kodvwa hhayi ngekuphindzelela.



Asikhulume

Cocani nilikilasi.

Kungani sifanele kukudla kancane kudla lokusetulu eluhleni lwestfombe bese sikudla kakhulu lokungephasi?

Teacher:	<input type="text"/>
Sign:	<input type="text"/>
Date:	<input type="text"/>

Lapho kuvela khona kudla lokwehlukene



Asifundze

Kudla lokunyenti kuvela emapulazini. Umkhicito wekudla ukhicitwa epulazini, ubese uyasetjentiswa kwenta tinhlobo tekudla letinyenti.



Sinkhwa nemasireli
abuya kukolo.



Emacandza siwatfola
etinkhukhwini.



Sitfola lubisi etinkhomani.
Sakha iyogathi nashizi ngelubisi.



Titselo tihluma etihlahleni nakutilimo.



Sisebentisa ummbila
kwenta imphuphu.

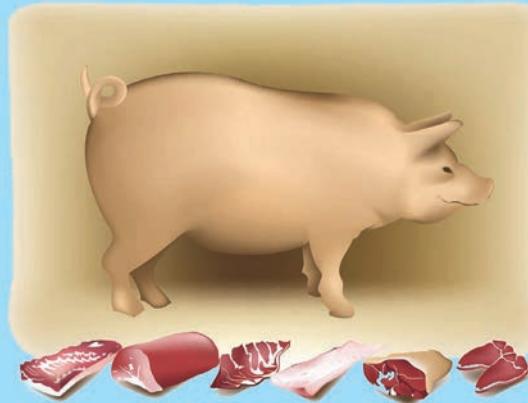
Lusuku:



Luju lona lubuya etinyosini.



Shukela wentiwa
ngemfe yemoba.



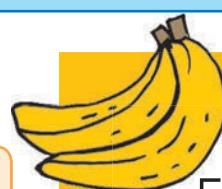
Inyama nebhekhoni siyitfola
etingulubeni.



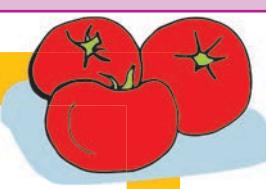
Tibhidvo singatitjala
etingadzeni tetfu.



Hlabela lengoma
nathishela wakho.



Emahhabhula, emagwava nabbanana

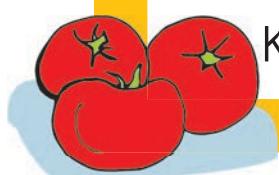


Emabhontjisi emaphizi nemazambane

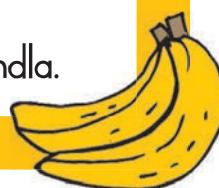
Kukkulisa imitimba yetfu icine.

Kungenta ngilungele kusebenta

Ngidla kudla lokunemphilo!



Kungigcina njicinile nginemandla.





Kudla lokunemphilo nalokute



Asifundze

It'hemu 3 - Liviki 8

Kudla lesikutsandzako akuhlali kungulokusilungele. Kulesinye sikhatsi singatsandza lokutsite kantsi akukasilungeli. Kantsi kulesinye sikhatsi asikutsandzi lokutsite kube kantsi kusilungele kakhulu.

Kodvwa-ke, indathane yetintfo letinhle ayivami kuba ngulokusilungele. Ngako-ke, indvodla yekudla lokuhle ayihlali ikulungele njalo. Kungabate imphilo kulibala kudla kakhulu kudla uhofute nobe yini nje.

Ubodla ute utive sewesutsi bese uyema. Ungabolibala kuhofuta kudla nje ngoba wena uyakutsandza.



Asente loku

Sika titfombe tekudla lokunemphilo nalokute imphilo kubomagazini utinamatsisele etikoteleni letifanele. Uma wehluleka kutfola titfombe, kudvwebe lokudla.



Kudla lokunemphilo



Kudla lokute imphilo



Asibhale

Lusuku:

Sebentisa lokufundze ngekudla kubhala luhlelo lwakho lwekudla.

Kudla kwekuseni

Kudla kwemini

Kudla kwakusihlwa



Asente loku

Sitakwenta isaladi yetitselo. Landzela lemilayeto lengentasi.



Utawudzinga loku:

- Titselo letehlukene
- Indishi lenkhulu
- Umukhwa nesipunu

Landzela letinyatselo:



- Geza titselo.
- Ticate nakunesidzingo (njengemawolintji).
- Ticobe ticucu letincane. (Cela lomdzala akusite.)
- Didiyela titselo endishini.



Kulondza kudla

It'hemu 3 - Liviki 9

Asifundze

Buka lesitfombe.



Asikhulume

Yini lojinakako ngaletinsuku? Sisengakudla lokudla? Ucabanga kutsi kutakwentekani kulokudla?



Asifundze

Kudla lokusha akuhlali kukusha sikhatsi lesidze. Letinye titselo netibhidvo tisheshe tibune bese tiyabola. Inyama, inhlanti naleminye imikhicito yelubisi kusheshe kubole. Ngeke sikhone-ke kukudla. Yini lesingayenta kugcina kudla kukusha sikhatsi lesijana?

Indzawo lephephile yekonga kudla kusefrijini. Kodvwa lokunye kudla kungonakala nanoma komiswe ngelichwa noma kusefrijini sikhatsi lesidze kakhulu. Kunetindlela tekugcina kudla lokunye kukusha.



Asikhulumé

Buka letifombe. Coca
nemngani wakho ngato.
Tindlela tini letehlukene kudla
lokungalondvwa ngato?

Ungaticabanga nje letinye
tindlela kudla lokungavijnwa
ngato kubola? Coca
nemngani wakho ngato.
Shano tibonelo utjеле liklasi.

Lusuku:



Asibhale

Bukisisa letifombe ngentasi bese ufundza emagama emabhokisini. Chubeka
ubhale linye lalamagama ngentasi kwesitfombe ngasinye lesihambisana neligama.

Lokusha

Esikoteleni

Kukomisa

Kukomisa ngelichwa



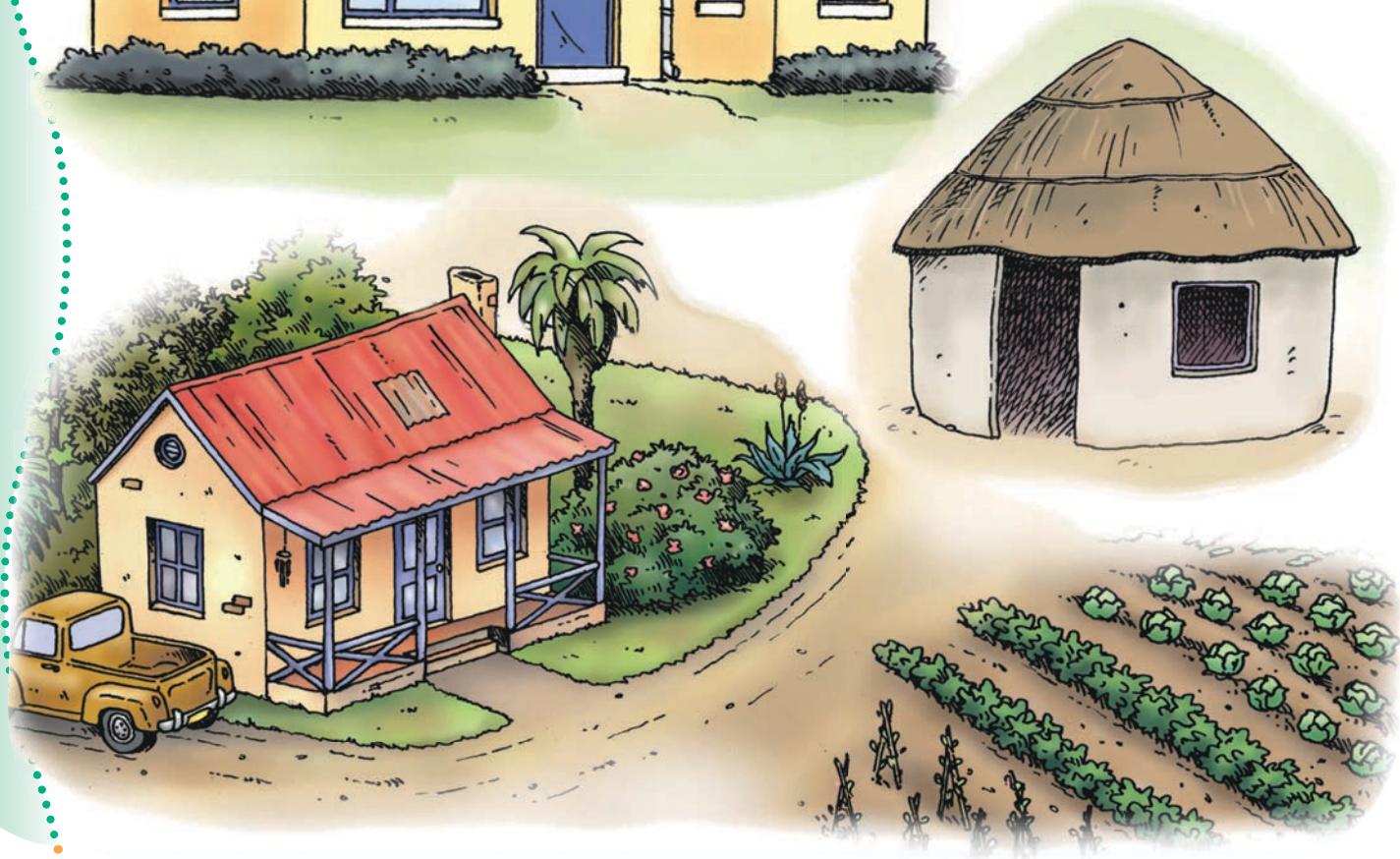
Tinhlobo temakhaya (1)

Liviki I
Ithemu L

Asikhulume

Likhaya lakho yindzawo
lohlala kuyo.

ENingizimu Afrika bantfu
bahllala etinhlotjeni
lethlukene temakhaya.
Ungalitfolaphi lelo nalelo
khaya kulawa?

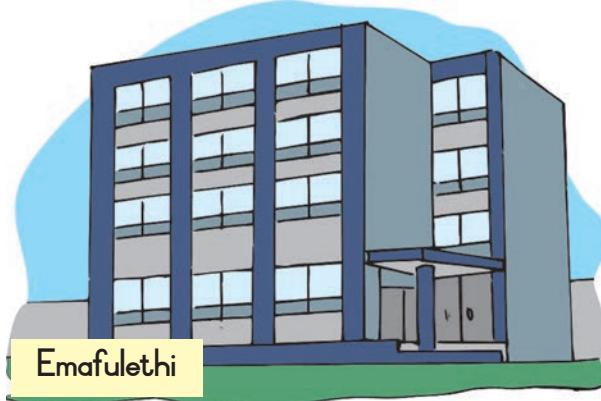


Lusuku:



Asikhulume

Buka letitfombe ngentasi. Coca nemngani wakho ngetintfo letifanako kuwo onkhe emakhaya. Ubese-ke ukhuluma ngaletintfo letehlukile. Ngukuphi lokunyentu: tintfo letifanako noma tintfo letehlukene?



Emafulethi



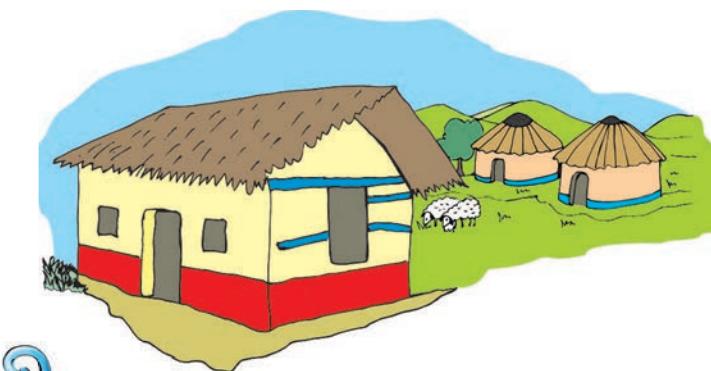
Tindlu tasiyilo sinye noma tiyilo letimbili



EmakhalaVani nemathende



Tindlu letingakahlewa



Emakhaya esintfu



Asente loku



Emakhaya lasiyilo-sinye

Sebentani emacenjini. Tfolani libhokisi lesicatfulo, noma lenye inhlobo yelibhokisi. Lipendeni libukeke njengendlu. Yakha umfanekiso wakho ngelubumba (noma lubumba lwekulalala) wente lokutsite ngephandle dvute kwendlu.



Tinhlobo temakhaya (2)

Liviki I

Asente loku

Ase ucabange ngetinhlobo letehlukene temakhaya loke watibona lapho uhlala khona noma etindzaweni loke wativakashela. Dvweba titfombe tetinhlobo letimbili letehlukene temakhaya loke watibona.



Asikhulume

Emanotsi athishela:
Thishela wakho utawulalela
imibono yenu.

Endlini lekahle lecinile asivami kuva kubandza kakhulu kumbe kushisa kakhulu. Asiyiva imvula noma umoya.
Bantfu labanyenti abakavikeleki kanje.
Khuluma nemngani wakho ngekutsi bantfu bativikela njani uma bangahlali etindlini.



Asinyakate

Lusuku:

- Yelula sandla kufika ekugcineni kute upende lumphahla lwendlu yakho.
- Guca phansi utjale tilimo engadzeni yakho.
- Yelula imikhono yakho kabanti kuvula emafasitelo endlu yakini. Ubese uvala onkhe emafasitelo.
- Gobondzela ususe lukhula engadzeni yakho.
- Shanyela siyilo ngemshanyelo lomudze.
- Geza emafasitelo ngendvwangu.



Emanotsi atishela:

Lalela lesigi thishela wakho lasidlala esigujini.
Hambisana nesigi. Uma thishela wakho agucula
sigi, gucula sivinini semnyakato wakho.
Lalelisia!



Teacher:

Sign:

Date:

Tintfo letakha emakhaya lehlukene

Ithemu L - Liviki 2



Asikhulume

Sisebentisa tintfo letehlukene kwakha tindlu. Buka letitfombe ngentasi.



titini



emathayili



ngcwengcwe



semende



lucungwa/umhlanga



emagilasi

tingodvo

emapulango

ematje

iseyili yelithende



ipulasitiki

lubumba/ludzaka

insimbi

tikhumba

sihlabatsi



Coca nemngani wakho ngaletintfo letehlukene.

Ngukuphi lokubuya efekitri?

Kubuyaphi loku lokunye?

Cocela likilasi kutsi letindlu lotibona endleleni nawuya esikolweni takhiwe ngani.

Emanotsi athishela:
Thishela wakho angenta
luhla ebhodini.





Asente loku

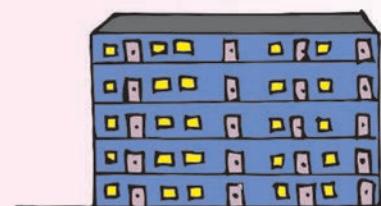
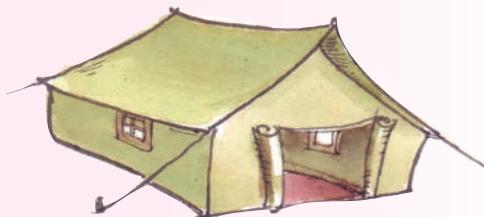
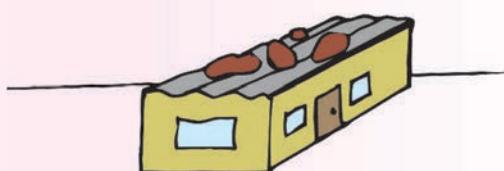
Kulolo nalolo luhlobo lwendlu dvweba umugca
uye entfweni lolwakhiwe ngayo.

Lusuku:

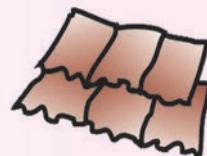
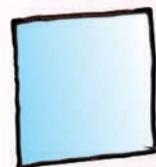
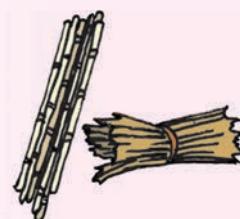
Emanotsi athishela:
Thishela wakho utawutsatsa
tincwadzi tenu
tekusebentela atibukete.



Luhlobo lwendlu



Tintfo tekwakha



Teacher:

Sign:

Date:



Emakhaya lalungela tinhlobo letehlukene tesimo selitulu

Asifundze

Emakhaya agcina bantfu baphephile etinhlotjeni letehlekene tesimo selitulu.

Tingasivikela emisebeni lehisako yelilanga. Tibuye tisivikele emakhateni, emoyeni nasetimvuleni.

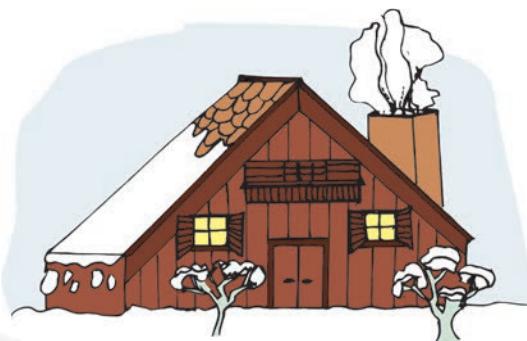


Bewati nje kutsi bantfu emaveni labanzako badzinga kwakha tinhlobo letikhettsekile temakhaya njengaleli lelingentasi?

Leli libalave leGreenland, lokulive
lelibandza hleke.



Lena
yi-ayiglu



Labanye besive sema-Inuwithi labahlala etindzaweni letinetindodla nje tambayiyane nelichwa-tje bakha imipheme yebusika ngeditini telichwa-tje.

Lichwa-tje phela liliguma lekuvika emakhata.

Lena mipheme ibitwa ngekutsi ngema-ayiglu.

Lusuku:



Asente loku

Ecenjini, yentani silinganiso-mdlalo kutsi ungayakha njani
indlu. Khetsani kutsi kutawuba yindlu lenjani.

Nitawusebentisa tintfo tini tekwakha?

tindlu letingakahlelwa

Bani utakwenta ini?

sivalo

Kutawuvakala msindvo muni?

emakhaya esintfu

Sebentisa lamanye alamagama.

indlu yesiyilo sinye
noma timbili

tindlu tesiKapa-Dashi

titini

lubondza

pendi

emafulethi

luphahla

shimela

lifasitelo

semende



Asifundze

Shanoni lenkondlo njengencenyе
yemdlalo-mbukiso wenu:

Yakha, yakha indlu yakho lensha-sha!



Letsa titini, kala lolwa bondza

Betsela leso sipikili, shwila leso sikulufelo –

Letsa umpheme sibhacele lilanga.

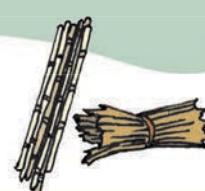
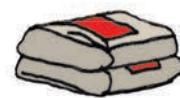
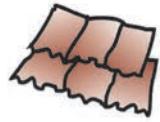
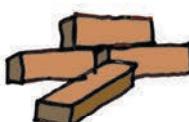


Yakha, yakha indlu yakho lensha-sha!

Letsa sihlabatsi netivalo nemathayili

Letsa emanti, bhuca semende –

Letsa umpheme sibhacele imvula.



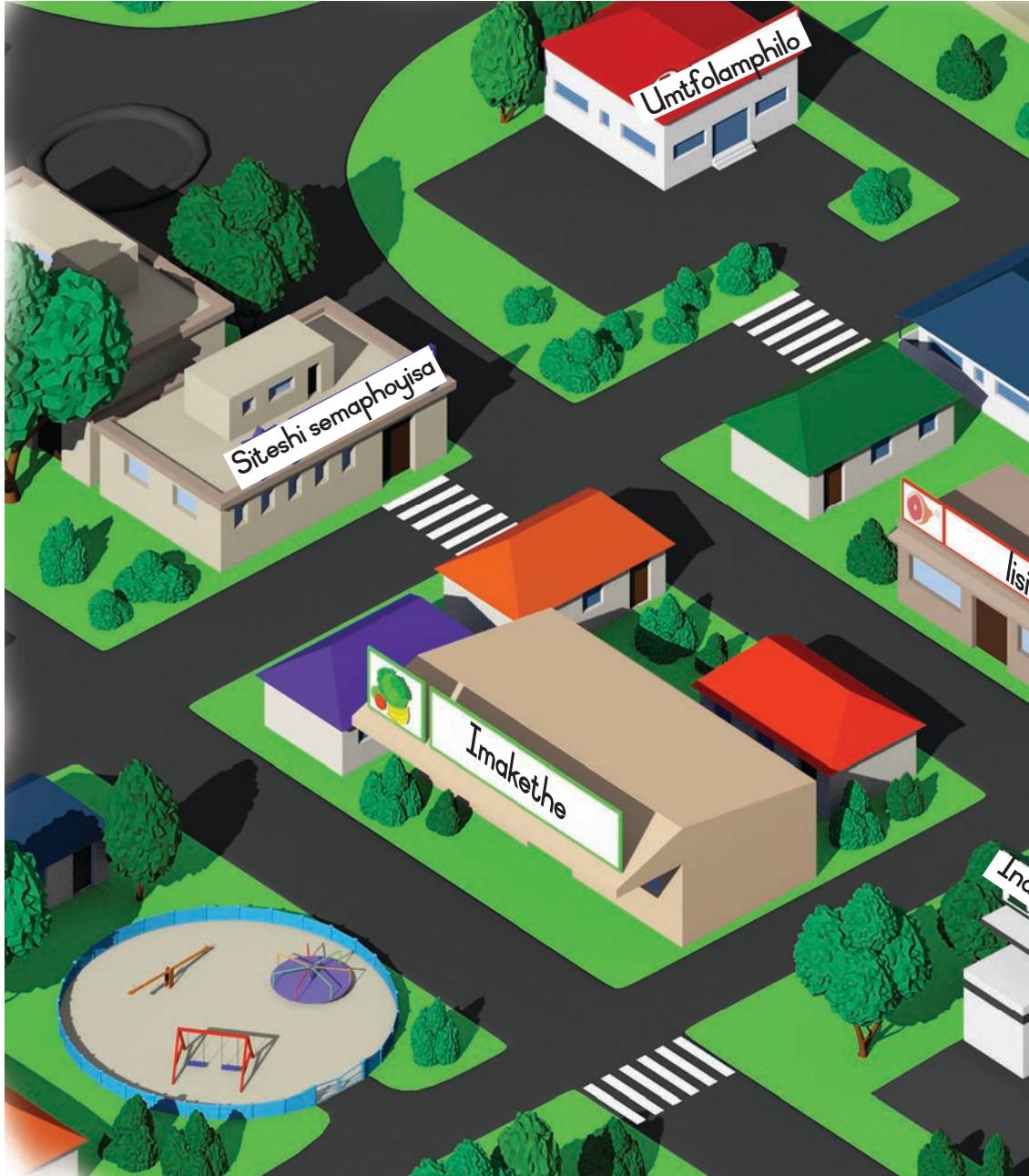
Kutfola tindzawo netintfo (1)



Asifundze

Kunetinhlobo-nhlobo temabalave. Kukhetsa libalave lelingilo kufute sati kutsi sifuna kulisebentisela ini lelibalave. Emabalave emgwaco asisita kutfola titaladi netindzawo edolobheni noma edolobhenikhulu.

Balimi batsandza emabalave lakhombisa tintfo letinjengemadamu, imifula nemagcuma.





Asente loku

Lusuku:

Ninemngani wakho, cocani ngalemibuto. Dvwebani indilinga ibiyele letindzawo kulesitfombe kulamakhasi lamabili.

Ungatitfola kuphi tincwadzi tekufundza?

Ungabika kuphi nakuntjontjiwe?

Ungaya kuphi nawugula?

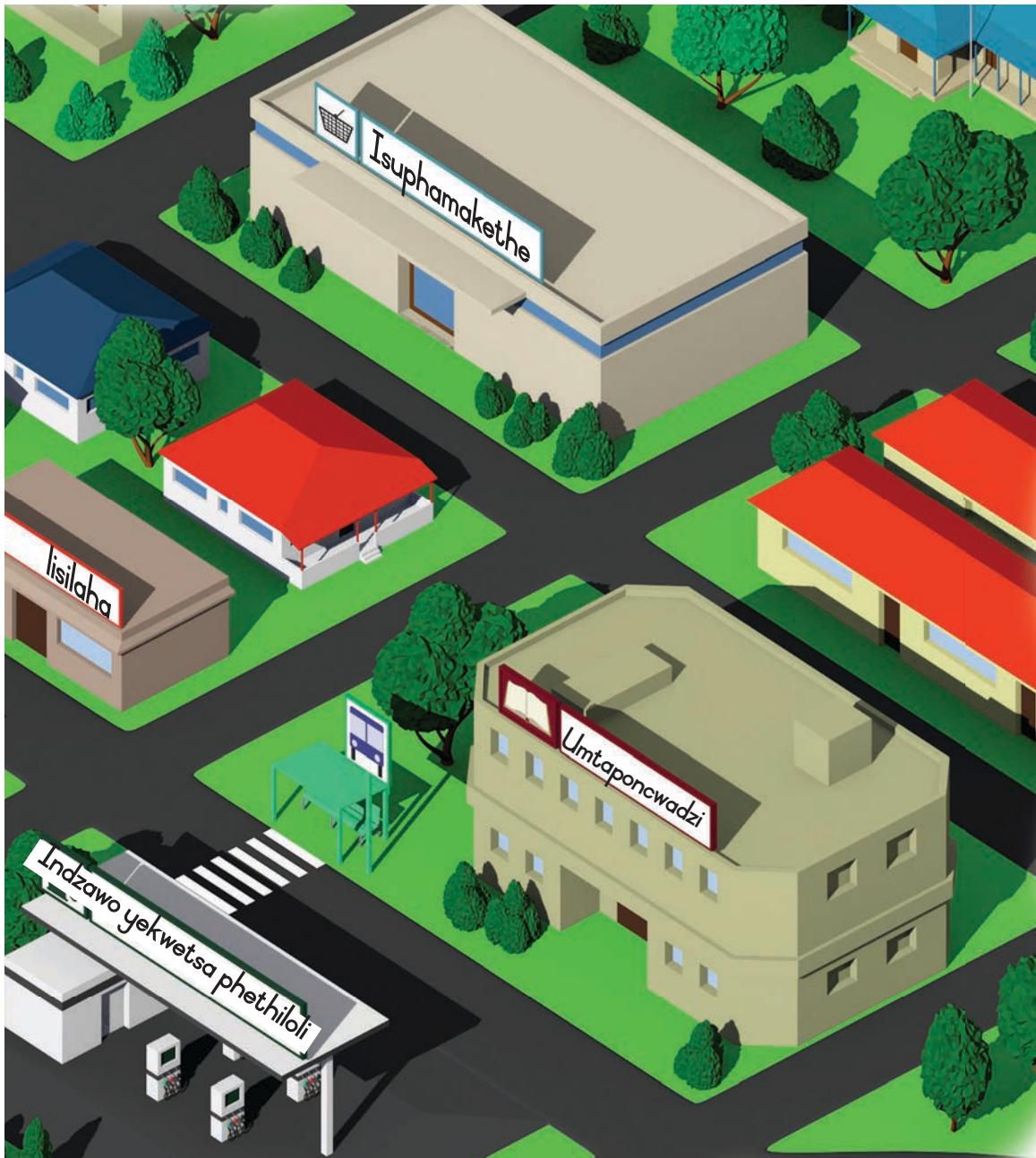
Ungakutsenga kuphi kudla?

Ungayimela kuphi ibhasi?

Ungaweca kuphi umgwaco lapho kuphephe khona?

Emanotsi athishela:

Thishela wakho utawufundza umbuto ngamunye, bese nitfola imphendvulo.



Kutfolo tindzawo netintfo (2)



Buka lomvila esitfombeni selibalave lemgwaco Jama lawulandzelako kusuka ekhaya kubo kuya esikolweni sakhe.

Chazela umngani wakho kutsi Jama ulandzela umvila muphi.

Sebentisa lamanye alamagama:

ngetulu

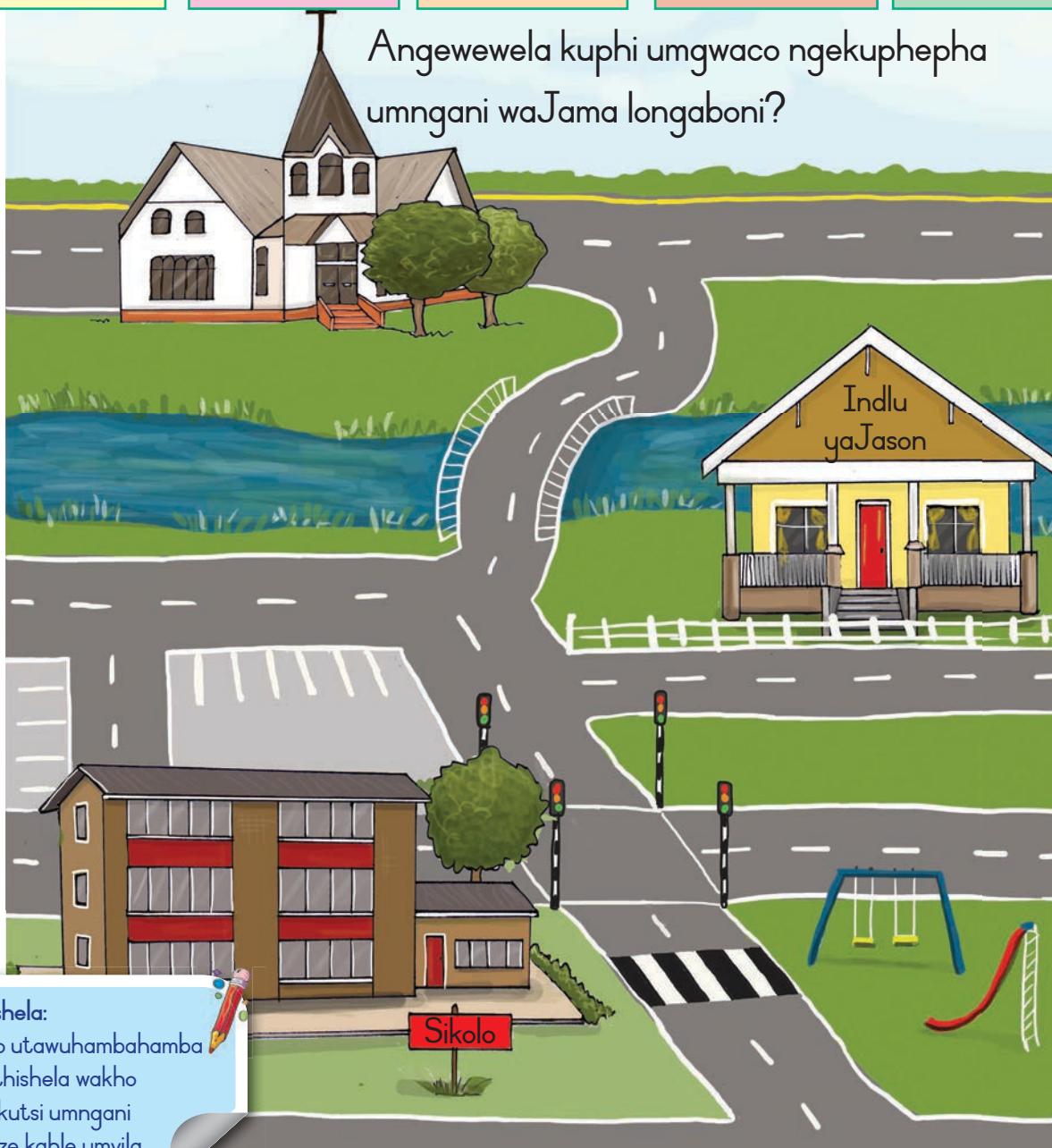
kwengca

nge

ngetulu kwe

ngaphansi

Angewewela kuphi umgwaco ngekuphepha
umngani waJama longaboni?



Emanotsi athishela:

Thisela wakho utawuhambahamba
ekilasini. Tjela thisela wakho
nawucabanga kutsi umngani
wakho uwuchaze kahle umvila.



Asinyakate

- Hlelembisa intsambo lendze phansi.
- Utawuhamba kulo "mgwaco."
- Yani embili, emuva nasemaceleni uhamba ngendophi.
- Yani embili uhamba ngendophi ubeke tandla takho etu kwenhloko.
- Hamba sinyova ngendophi, ubeke tandla takho ngemuva emhlane.
- Hamba uye emaceleni ngendophi, ubeke tandla takho elukhalo.

Lusuku:



Asifundze

Usebente njani? Uma ukhonile kwenta yonkhe iminyakato kahle, faka umbala ebusweni bekumamatseka. Uma ungakhonanga sanhlobo nje kwenta iminyakato, faka umbala ebusweni lobudzambile.

Kantsi nawukhone kwenta leminye iminyakato, faka umbala ebusweni lobusemkhatsini.



Ngikhonile kuya embili nasemuva ngendophi.



Ngikhonile kuhamba ngiye emaceleni ngendophi.



Ngikhonile kuya embili ngendophi ngibeke tandla tami enhloko yami.



Ngikhonile kuhamba sinyova ngendophi ngibeke tandla tami ngemuva emhlane.



Ngikhonile kuhamba ngiye emaceleni ngendophi ngibeke tandla tami elukhalo.



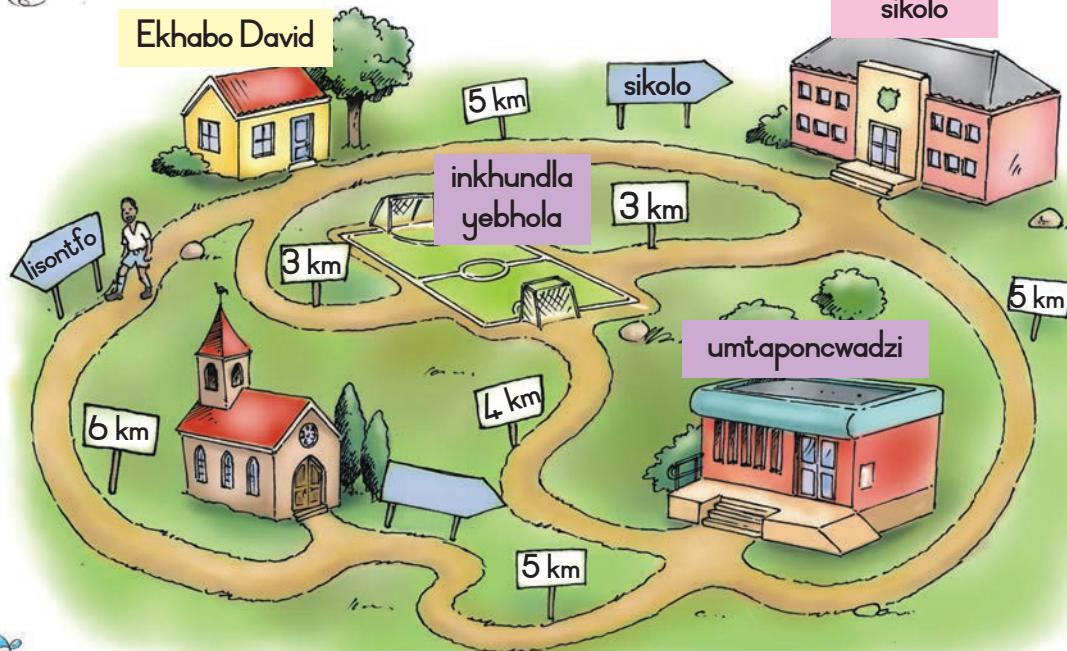
Kutfola indlela

Asibhale

Emabalave etifombe asisita kubona kutsi tindzawo tikhashane kanganani lenye kuleny. Buka lelibalave.

Ekhabo David

sikolo



Asibhale

Phendvula lemibuto. Ungacela umngani wakho akusite.

Dwweba indilinga lapho ubona khona **km**.

Tingaki tindilinga lonato?

David uhamba kusuka esikolweni aye kumtaponcwadzi.

Ubonani madvute nemtaponcwadzi?

Ubone luphawo luni endleleni?

David uhambe libanga lelidze kanganani?

Emanotsi athishela:
Njalo, tivele unesibindzi
kutjela thishela wakho uma
kukhona longakuboni
kahle.

Ngusiphi sakhiwo langasibona David nakasembi kwesivalo semtaponcwadzi?

David ulambile. Ufuna kufika ekhaya. Tfola indlela lemfisha kakhulu kusuka emtaponcwadzi kufika ekhaya lakubo.

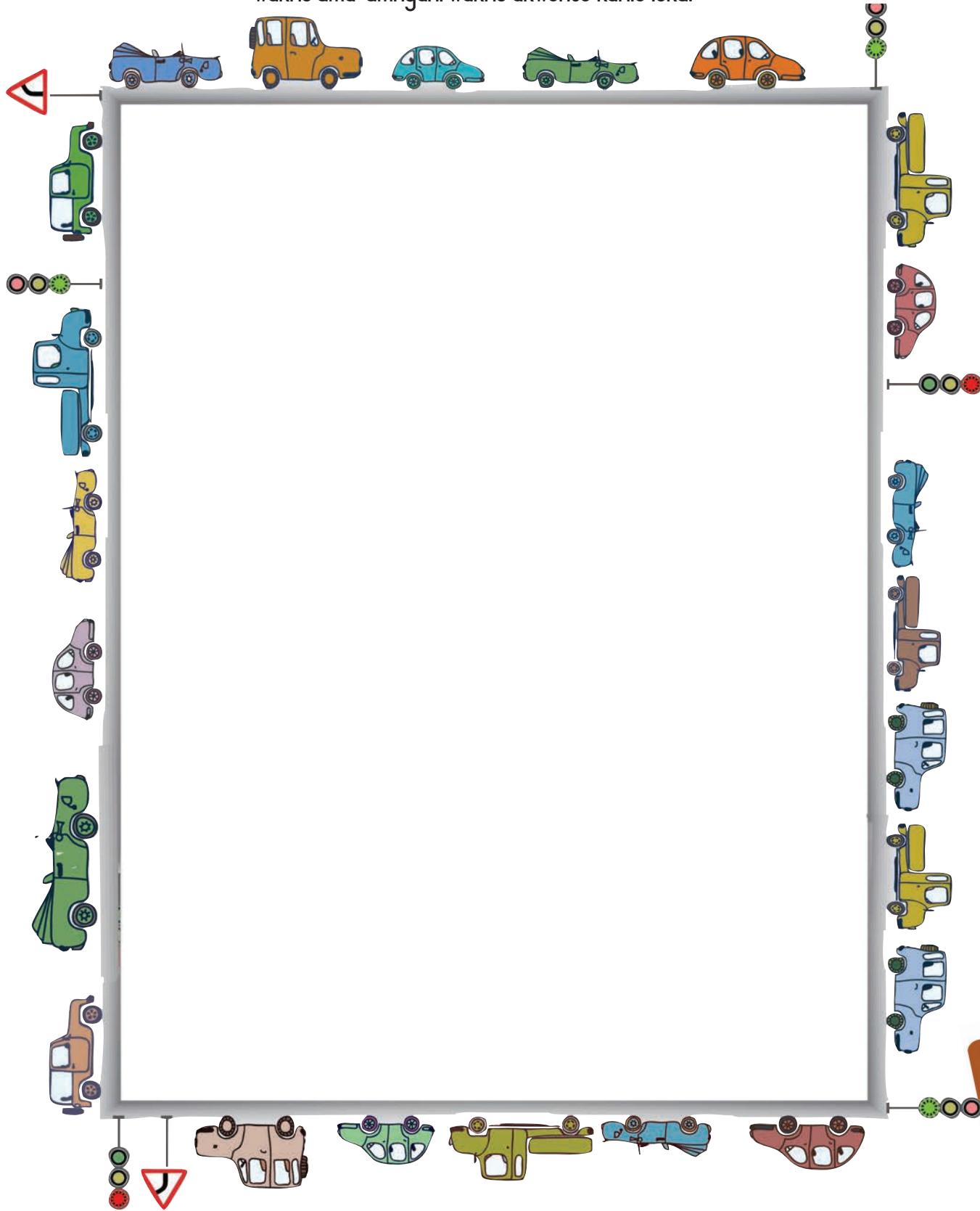
Ngabe inkhundla yebhola yindzawo lesedvute kakhulu
nelikhaya lakubo?

Lusuku:



Asente loku

Dvweba lakakho libalave-sitfombe lemvila lowuhambako emkhatsini wetindzawo leti-2. Ungakhetsa noma tiphi nje tindzawo leti-2. Nawucedza, ungakhombisa bangani bakho libalave lakho. Khombisa umngani wakho libalave lakho umcele akuchazele lomvila lowuhambako. Bona kutsi ukwenta kahle yini loku. Tjela thishela wakho uma umngani wakho akwente kahle loku.



Teacher: _____
Sign: _____
Date: _____

Kutfolo tigameko endzabeni



Asente loku

Thishela wakho utanifundzela indzaba ngaGundi. Lalelisa. Landzela umvila wakhe kubalave encwadzini yakho.

Emanotsi athishela:

Thishela wakho utayifundza futsi bese ubhala tiphambano (X) etindzaweni.



NgaboMgcibelo Gundu udlala nebangani bakhe epaki (X).

Langa limbe ekuseni unina utsi: "Gogo uyagula. Ungasita ummikisele naku kudla?"

Gundi utsetse sikhwama sakhe lesikhulukati sekudla. Kodvwa utsite nakaphuma

nje esangweni (X) watitsela endvodzeni. Yabhavumula ngelivi lemaholoholo yatsi, "Yaa, ngiyabona uphetse kudla. Kwagogo wakho, angitsi?" Gundi wetfuka wachucha. Wahamba washakutela ehla ngemgwaco abheke etindlini tesicimamlilo. Wefika lapha wajikela ngesancele (X). Kodvwa utsite ubuka emuva nemgwaco, yabe itile indvodza imlandzela.

Gundi ancume kuvele ayowufuna lusito kubangani bakhe epaki. Utsite nakefika nje emtaponcwadzi, wajikela ngesekudla futsi wachubeka wahamba (X). Ngesancele ubona sikolo, kodvwa achubeke asengce (X). Etitaladini kuthulile kakhulu. Gundi nyalo sewuyagijima masinyane wehla ngemgwaco (X). Ngelikadze, ayibone ipaki. Ahambe etu kwelibhuloho (X) kuhlangana nebangani bakhe esangweni! (X)



Asinyakate

Nyalo sitawudlala umdlalo wekwemuketelana.

- Bekani tihlalo tenu tibe yindilinga. Dlalani "titulo-ngoma" – kutawufuneka nitfole indlela lemfisha kakhulu leya esihlalweni.



Siwasebentisa njani emanti: ekhaya nasesikolweni



Asibhale

Sisebentisa emanti malanga onkhe. Buka tindlela letehlukene lesisebentisa ngato emanti. Ngaphansi kwesitfombe ngasinye, bhala kutsi emanti asetjentiselwani sebentisa tinchazelo-sitfombe.

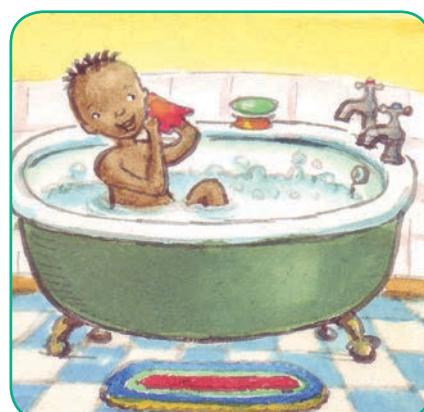
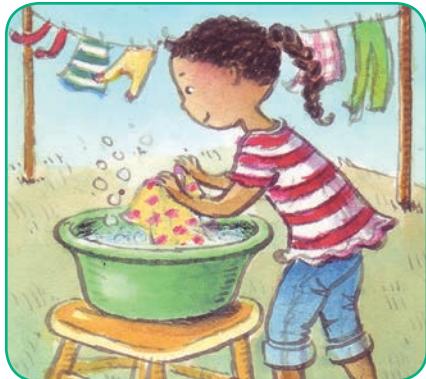
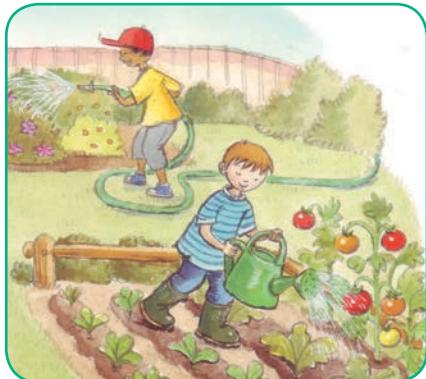
Kucima umlilo

Kutigeza tsine

Kugeza titja noma kuhlamba
timphahla

Kusita tilimo kukhula

Kupheka kudla





Asikhulume

Emanti ayamangalisa! Singacoca
lokunyenti ngemanti. Cocani
ngetindlela letinye lesisebentisa
ngato emanti. Emanti aligugu.
Cocani ngekutsi emanti
siwamosha njani. Bekungentekani
kube besingabate emanti?
Yabelana ngemibono yakho
nelikilasi.

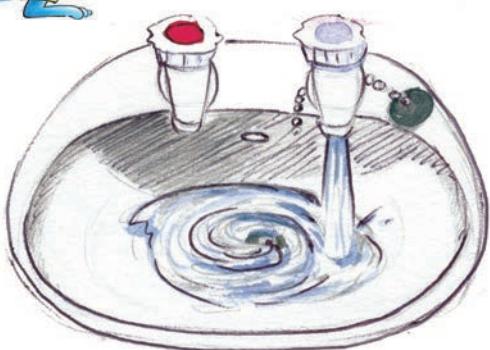


Lusuku:



Asinyakate

Lingisela loku lokulandzelako:



Impompi levova
emanti ahushukela
kubhesini.



Lifu lemula
letfwala, liba likhulu
limumatsa imvula
legcina ihhohloka
ina, nelifu liya
ngekunyamalala.



Umfula logeleta ngesineke etu
kwemadvwala bese futsi ugeleta
sakushelela etu kwesihlabatsi.



Ase sidale

- Dlala "Emabhakede nematfonsi emanti".

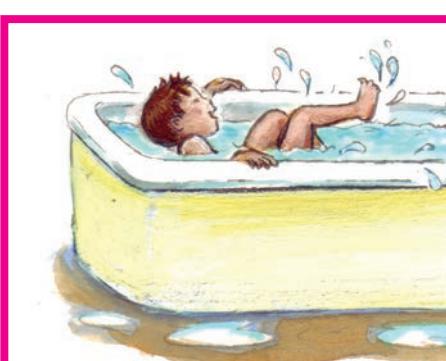
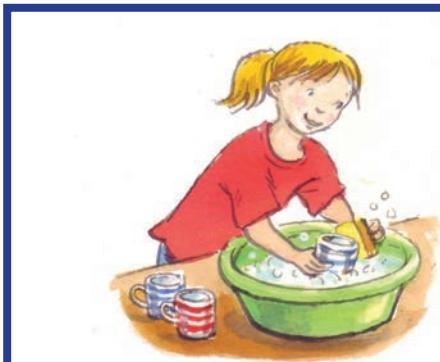
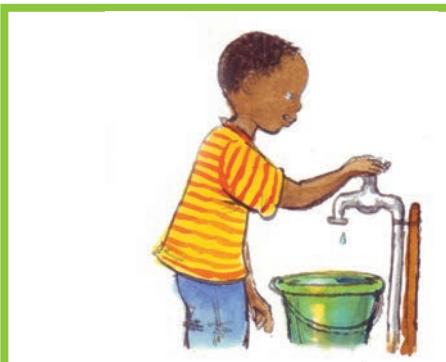
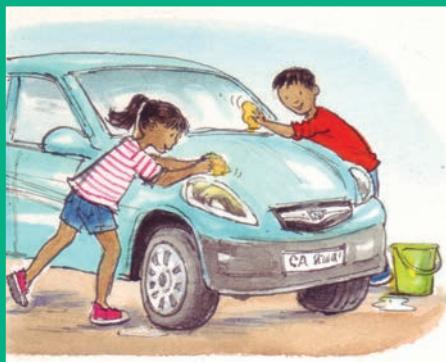


Tindlela letimosa emanti

Ithemu 4 - Liviki b

Asibhale

Buka letitfombe faka lumphawu (✓) madvute nesitfombe ngasinye lesinekongeka kwemanti, nesiphambano (✗) madvute nesitfombe ngasinye lesinemanti lamosakalako.





Asikhulume

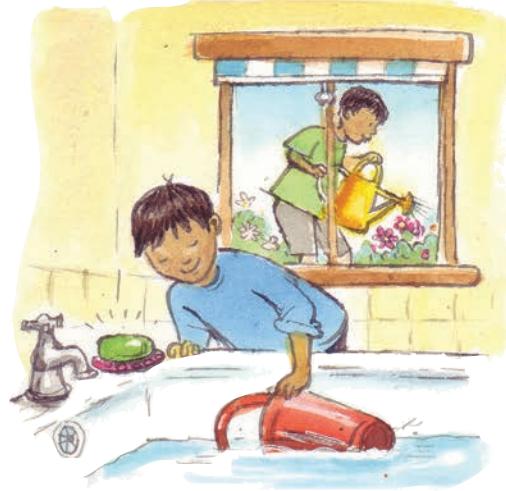
Lusuku:

Buka letifombe lofake siphambano kuto. Cocisanani ekilasini ngaloko lokwentiwa bantfu esitfombeni. Cocani ngendlela labebangonga ngayo emanti. Cocani ngekutsi bangawasebentisa kanjani emanti ngenhlakanipho.



Asibhale

Bukisisa letifombe. Fundza lemisho ngentasi. Faka lumphawu (✓) kusenteko ngasinye lesisisitako konga emanti, nesiphambano (✗) kuleso lesimosha emanti.



	noma
Ngiyekela impompi itfulule emanti nangicubha.	
Sisebentisa insipho lenekuvelela indalo. Angiwacitsi emanti lasebhavini , kodvwa ngiwasebentisa kunisela ingadze.	
Njalo ebusuku, ngigeza ngemanti lagcwele nswi ebhavini.	
Nangibona impompi ivova, ngiyivala icine nko.	
Sigeza titja ngemanti lageletako.	

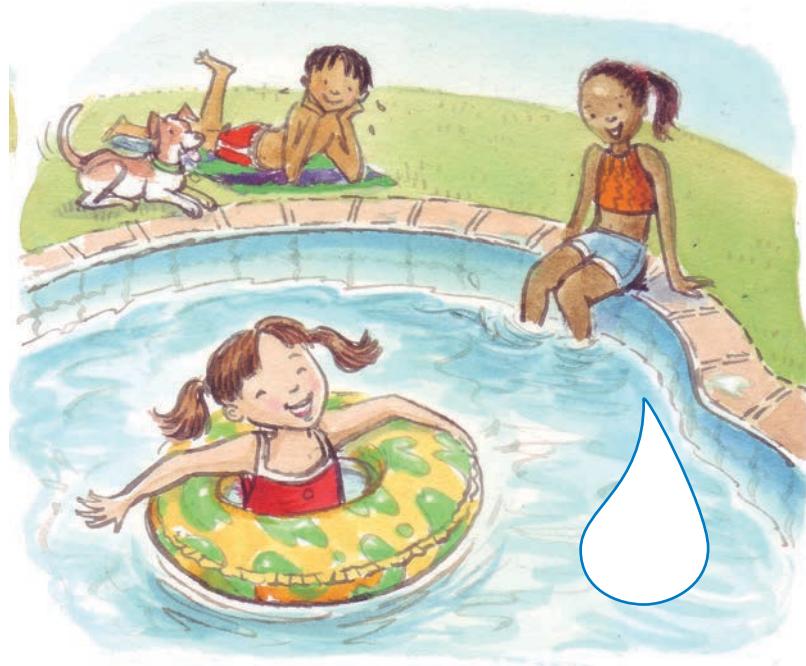
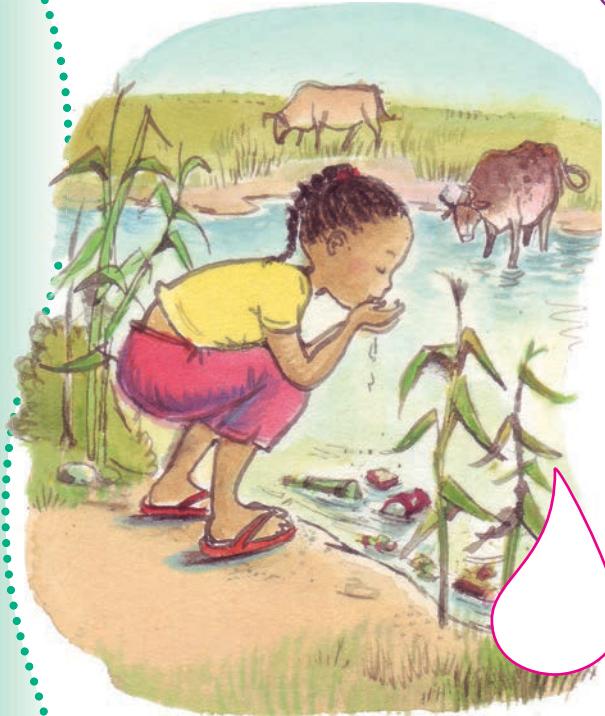
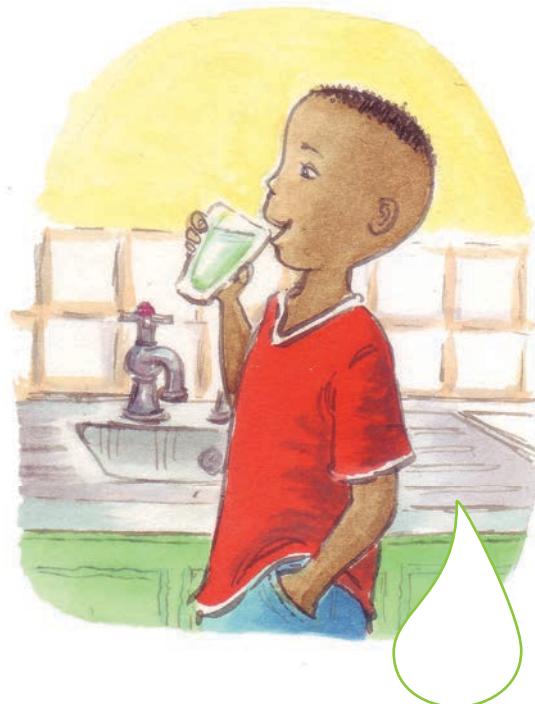
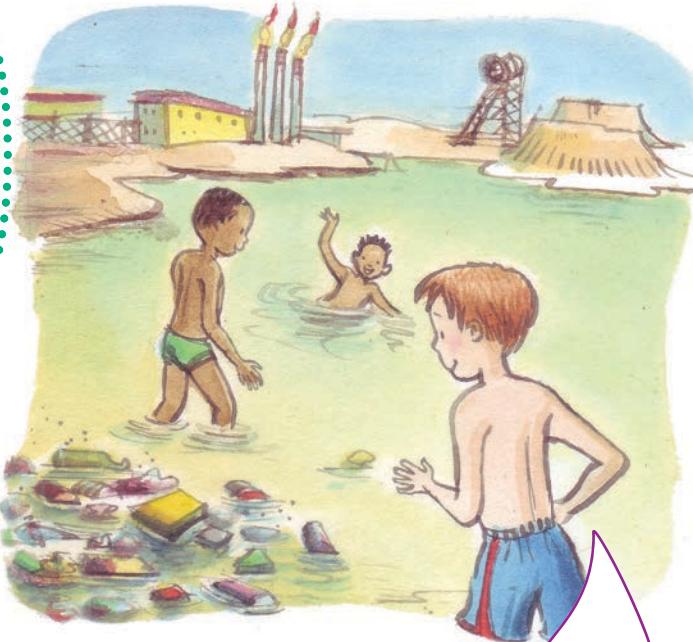


Emanti ekunatsa laphephile nalangakaphephi



Asibhale

Ase ubuke letifombe. Faka lumphawu (✓) madvute nesitfombe ngasinye kukhombisa imisebenti lephephile. Faka siphambano (✗) madvute nesitfombe ngasinye kukhombisa imisebenti lengakaphephi.





Asibhale

Bhala ligama "kuphephile" noma "akukaphephi" kucedzela umusho ngamunye. Sesikwentele wekucala.

Lusuku:

Kunatsa emanti langcolile akukaphephi.

Kubhukusha emantini langcolile _____.

Kunatsa emanti lasebhodleleni

Kunatsa emanti labuya emfuleni longcolile ku _____

Kunatsa emanti empompi lahlobile



Ase sidlage



Dlala nalabanye lababili.

- Shaya tandla ngesikhatsi ematfonsi emanti lakehla ngaso:
 - ngekunyonyoba empompini
 - ngelitubane empompini
 - ngesivinini lesikhulu empompini
 - nonkhe nihlala sikhatsi sinye.
 - Dlalani noma ngumuphi nje lomunye umdlalo wekubetsa tandla leniwatiko.



Asinyakate

- Zuba njengesicoco uphume emantini langcolisekile.
 - Zuba njengesicoco ungene emantini lahlobile.
 - Gadvula njengelihhashi lelomile ligijimela kuyowunatsa emanti.
 - Gijima ngelitubane lakho lonkhe ubaleka emvuleni letseleka njengelibhudlo.
 - Cocoma lidvwala ngelidvwala wewelete umfula. Sita labo labangakhoni kuhamba.
 - Shwilana ndzawonye njengemanti atfuluka aphuma ebhavini (uwedvwa bese uba nemngani).
 - Thishela wakho utanikhombisa nase kufanele niqucukele emnyakatweni lowehlukile.





Kulondvolota emanti lahlobile

Liviki 7



Asifundze

Emanti langcolile ayasigulisa.

Kufute sinatse emanti lahlobile.

Futsi kufute sidlale sibuye sibhukushe emantini lahlobile.



Ithemu

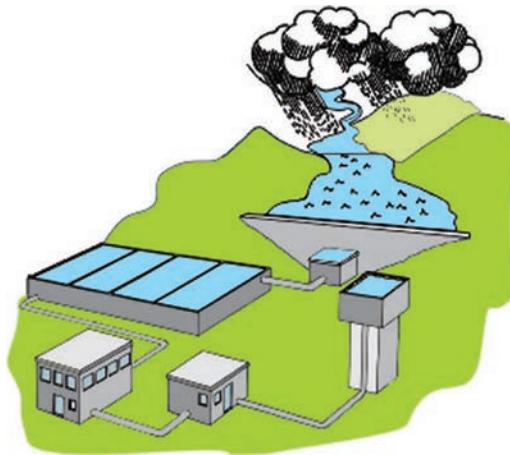


Asikhulume

Ase ubuke titfombe. Khuluma nemngani wakho ngekutsi abuyaphi emanti etfu lahlobile. Tjela likilasi ngaloko wena lokucabangako. Nasihlobisa emanti, siwenta acwenqeke ahlobe khona kutowuphepha kuwanatsa.



Singawanatsa emanti emvula uma luhphahla
lwetfu nelithange kuhlobile.



Masipala uyawahlobisa emanti etfu awacine
kahle khona sitowukhona kuwanatsa.



Emanti etfu singawabilisa kuwahlobisa.



Singawasefa kuwahlobisa.

Lusuku:



Asente loku

Cela thishela wakho anikhombise kutsi sentiwa njani sisefo semanti.

Utawudzinga loku:

Libhodlela lepulasitiki lemalitha lama-2

Sihlabatsi lesicolisakele, lesihlobile

Sihlabatsi lesihhayekile, lesihlobile

Ematje lamancane/lukhetse, loluhlobile

Umukhwa lokhaliphile

Sigadlana savolo lohlobile

Ingilazi yemanti



Asinyakate

- Sebentisa sikhwama sekahlala nelisondvo lekukola ihuphu. Beka lehuphu phansi, bafundzi babe beme ngemugca 5 m kusuka kulehuphu. Ungasebentisa sikhala sekukola senethibholi.
- Umfundzi ngamunye utfola lihlandla lekujika sikhwama sekahlala esikhahleni sekukola, ihuphu.



Kusuka emini kuya ebusuku



Asifundze

Imini nebusuku kwehlukene.

Kubukeka ngekwehlukana, siva nemisindvo leyehlukene, futsi senta tintfo letehlukene.

Emini sibona lilanga likhanya. Lilanga lisiniketa kukhanya nekushisa. Bantfu labanyenti basebenta emini, tsine siya esikolweni.



Asibhale

Buka letitfombe bese ucoca nemngani wakho ngato. Ngabe titfombe tasemini noma tasebusuku? Tehlukana njani? Bhala “Imini” noma “Busuku” ngetulu kwesitfombe ngasinye.





Asifundze

Kusihlwa lilanga liyashona. Kuba
mnyama bese sibona inyeti
netinkhanyeti.

Kufute sisibentise emalambu
kubona kutsi sentani.



Lusuku:



Ebusuku, kuyabandza
kunasemini.
Labanyenti betfu bayalala
ebusuku, kodvwa labanye
bantfu basebenta ebusuku.
Kunetilwane letiphuma
kuphela nakumnyama.



Asinyakate

- Sebentisa emapali ekubekisa (noma timphawu-siboniso njengemakhoni) nebhola.
- Beka lipali lekubekisa (noma timphawu-siboniso) emamitha lambalwa kusuka kubafundzi.
- Sebentisa ibhola lenkhulu njengeyetinyawo.
- Khahlela lebhola ingene emapalini noma emkhatsini netimphawu-siboniso.
- Cale ukhahlele ngelunyawo lwakho lwesekudla bese kuba lwesancele.
- Mangaki emagoli leniwafakile?



Sibhakabhaka sebusuku sibukeka kanje



Asifundze

Emini, sivamile kubona sibhakabhaka
lesiluhlata cwe nemafu. Kakhulukati, sibona
lilanga.



Ebusuku, sibona inyeti netinkhanyeti
letinyenti. Tinyenti netichingi-mhlaba
letifana netinkhanyeti.



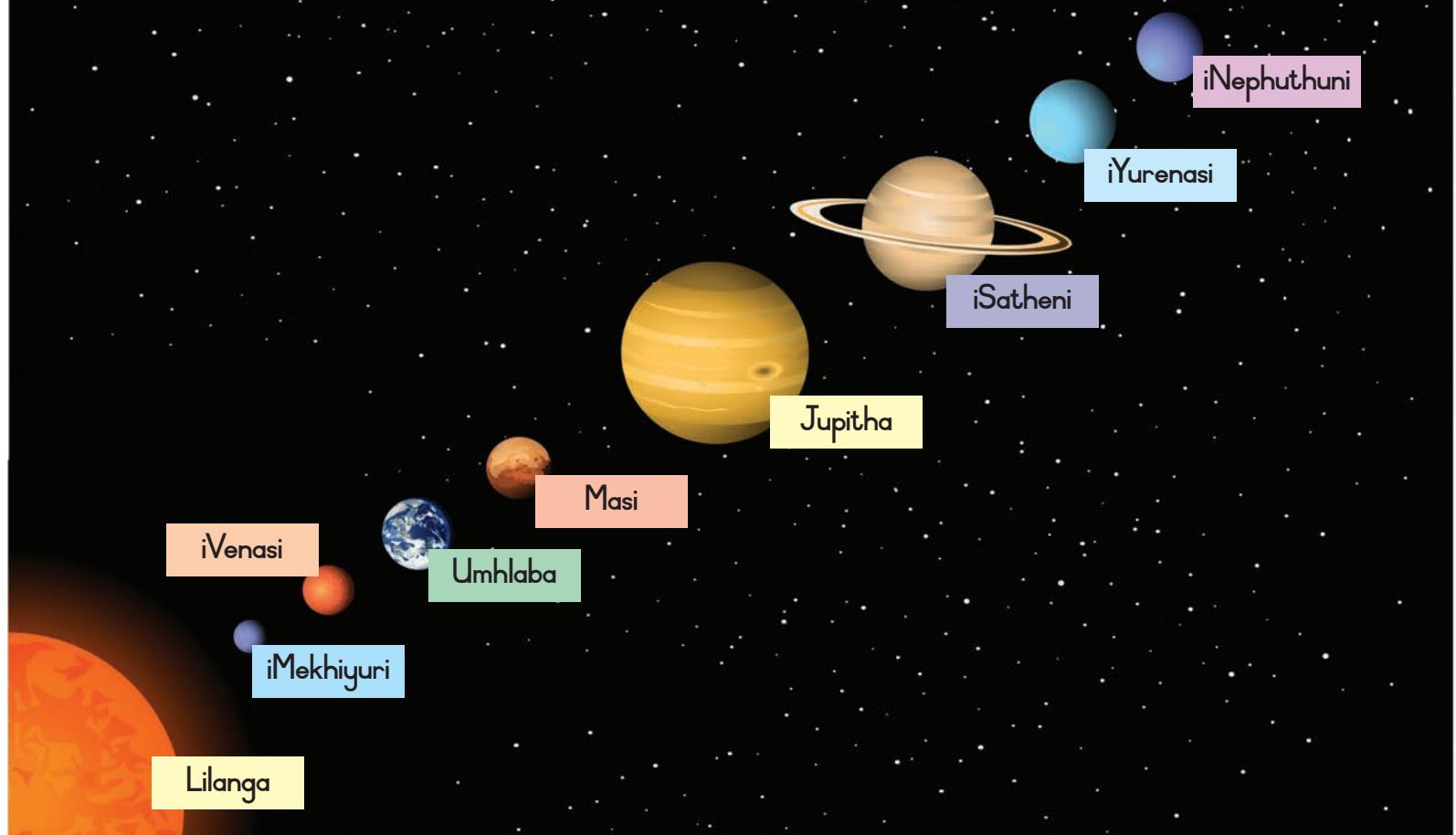
Kulesinye sikhatsi inyeti iba
sesibhakabhakeni nasemini nje. Asikhoni
kuyibona kahle ngoba lilanga libhokile
ngekukhanya. Yetama kutfola inyeti
ngesikhatsi sasemini.



Asente loku

Inyeti kayibukeki ngekufana busuku ngebusuku. Caphela inyeti kulobusuku
lobu-5 lobutako. Kulamabhokisi ngentasi, dvweba tinhlobo letehlukene
tabobunjwa benyeti lotibonile.

Busuku bekucala	Busuku besitsatfu	Busuku besihlanu



Loku-ke lilanga netichingimhlaba letiseluhlelweni lwelilanga endalwени yetfu – laba bomakhelwane betfu emkhatsini. (Lilanga netichingi-mhlaba akukadvetjwa ngebukhulu bako-ngco.)



Asikhulume

Lesi sitfombe seSatheni.

Yehlukile kuto tonkhe

letinye tichingimhlaba ngoba
inetindilinga letiyigegeletile.

Uyawabona lamacashata

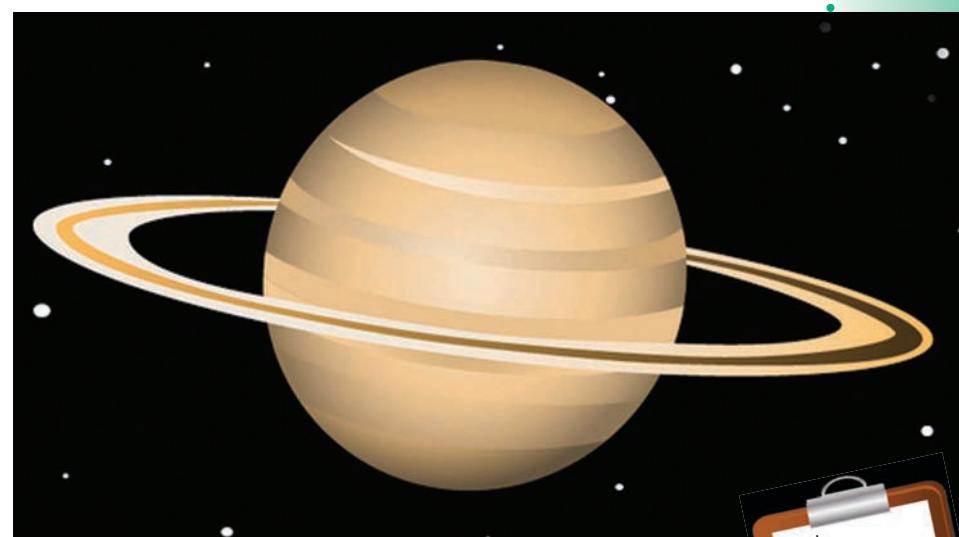
Iamhlophe esitfombeni?

Ucabanga kutsi ayini vele?

Ase ubuke lesitfombe lesikhulu

ngetulu. Ngabe iSatheni

yinkhudlwana noma yincanyana kunemhlaba? Ngusiphi sicingimhlaba
lesikhudlwana kuneSatheni?

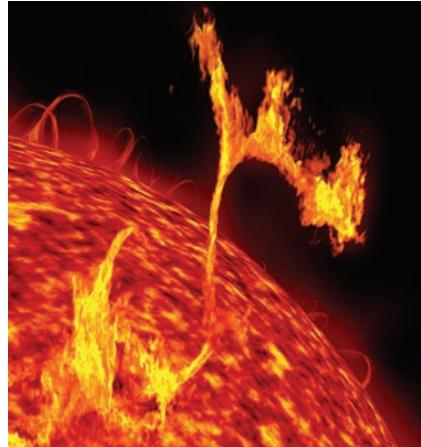


Lilanga nenyeti

Asikhulume

Buka letifombe.

Ithemu 4 - Liviki 8



Coca nemngani wakho. Tisikhombisani?
Unganiketa noma yiphi imphendvulo lefika
emcondvweni wakho.

Emanotsi athishela:
Thishela wakho utawulalela yonkhe
imibono yenu bese uyanatisa kutsi
tiyini letifombe.



Asifundze

Lilanga yinkhanyeti. Lifana nebhola-mlilo lenkhulukati lephonsa kushisa kwayo
nekukhanya macala onkhe. Lilanga lingaphindzeka emahlandla latigidzigidzi
ngebukhulu kwengca umhlaba.

Inyeti ilidvwala lelitje netintfuli lelikhulukati noko alikuphonsi kushisa. Inyeti ite
kwakayo kukhanya. Ifana nesibuko lesiphonsa imisebe yelilanga ite ngakitsi.
Inyeti yincane kakhulu kabi kunemhlaba.



Asikhulume

Coca nemngani wakho ngekutsi igucuke njani inyeti ebusukwini lobusihlanu.
Chubeka ubuke letifombe. Ngabe inyeti yakho ibe nako kufana nalenyenya yaleti?



Inyeti legcwele



Inyeti lelucetu



Inyeti ledvulungile



Tinkhanyeti



Asifundze



64

Ithemu 4 – Liviki 8

Lilanga ngulona nkhanyeti lesondzele kakhudlwana kitsi. Leti letinye tinkhanyeti tikudze le khashane natsi. Kube bewungahamba ngesivinini lesikhulu uye kunoma nguyiphi yaletinkhanyeti, bekungakutsatsa iminyaka-nyaka kufika lapho.



Asikhulume

Lenkhanyeti leya Mantentekazana,
Ngitamtjela Babe Mantentekazana
Ayishayashaye Mantentekazana,
Ngendvukwana yakhe
Mantentekazana.



Asifundze

Emagiligombo Mantentekazana,
Bhekan' phansi Bhekhan' etulu!



Lengoma yacanjwa kadzeni endvulo. Bantfu bebangati lokunyenti kangako ngetinkhanyeti kuleto tikhatsi.

Lamuhla noko sesati lokunyenti. Ema-Astronothi antjwiza aye emkhatsini ngetintjwiza-mkhatsi telikhetselo kutfola kabanti ngetinkhanyeti. Uma bantjwizi-mkhatsi – ema-ostronothi bavakashela umkhatsi, bagcoka tembatfo telikhetselo, emasudu-mkhatsi. Ngesizatfu sebantjwizi-mkhatsi labanesibindzi-nebantfu labahlakaniphile lababayisa emkhatsini, sesifundze lokunyenti kabi ngetinkhanyeti.



Asikhulume



Kuyintfo lenhle yini kutsi sesifundze kabanti ngetinkhanyeti?

Cocani ngaloku wena nemngani wakho.





Ukhetsekile, Umtimba wakho wonkhe ungulokhetsekile.



Umtimba wakho, wakho wedvwa!



KUTE
lokumele
akutsintse titfo
temtimba
letifihlekile.

Kumele utjele lomunye nangabe kukhona
lokutsintsa titfo temtimba wakho
letifihlekile.

Kumele utjele lomunye
nangabe kukhona lokwentisa
tintfo longatitsandzi.

Longamshayela akusite:

Inombolo yemphilo: 0861 322 322

Inombolo yeBantfwana: 0800 05 55 55

SAPS Inombolo lephutfumako: 10111

YeMaphoyisa eKucedza Bugebengu: 086 00 10111

Luhlangotsi IweKuvikela Bantfwana:
012 393 2359/2362/2363



Make a placemat
Cut out the pictures you like and
paste them on to the opposite page to
make yourself a two-sided placemat.
Cover or laminate the placemat with
plastic and use it when you eat.





