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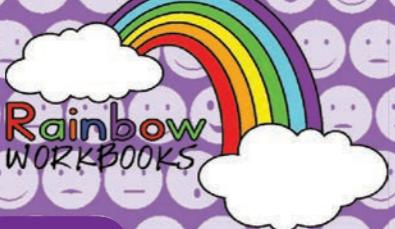
LIFE SKILLS IN ISIZULU
GRADE 3 – BOOK 2

TERMS 3 & 4

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9th Edition



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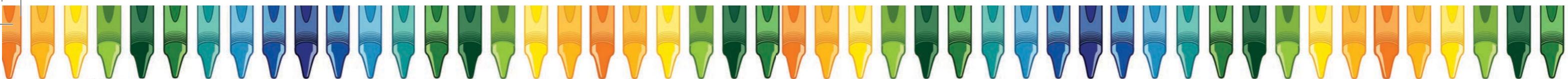


Amakhono Empilo
ngesiZULU
Incwadi yesi-2
Ithemu 3 & 4



basic education

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Basic Education
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UNkk Angie Motshekga,
uNgqongqoshe weMfundu
eyiSesekelo.



UMnu Enver Surty,
iSekela loMnyango
weMfundu eyiSesekelo.

Lezi zincwadi zokusebenzela zenzelwe abantwana baseNingizimu Afrika ngaphansi kwesandla sikaNgqongqoshe weMfundu eyiSesekelo, uNkk Angie Motshekga, neSekela likaNgqongqoshe weMfundu eyiSesekelo, uMnu Enver Surty.

Lezi zincwadi ezibizwa ngeRainbow Workbooks ziyingxenyeye yoMnyango weMfundu eyiSesekelo lapho uMnyango uzama khona ukungelela ukuze kuthuthukiswe imfundu yabantwana bamabanga asuka kwelokuqala kuya kwelesithupha eNingizimu Afrika. UMnyango weZimali uxhase lo mkhankaso kaHulumeni njengento yokuqala uHulumeni azibekele yona ukuthi ayisukumele. Uxaso loMnyango weZimali lusize uMnyango wezeMfundu ukuthi ukwazi ukukhiqiza uphinde usabalalise ngaphandle kwenkokhelo lezi zincwadi zokusebenzela ngazo zonke izilimi zaseNingizimu Afrika ezisemthethweni.

Sinethemba lokuthi othisha bazozithanda basebenze kangcono ngazo lezi zincwadi ekufundiseni kwabo kwansuku zonke, baphinde bathole futhi isiqiniseko sokuthi abafundi babo bafundiswa konke abamelwe ukufundiswa khona njengoba kuvela kusilabhasi yabo. Sizamile ukuqiniseka ukuthi sifaka izithonjana (am-icon) emisebenzini yokwenziwa ukuze uthisha akuthole kulula ukuyilandela nokuqonda ukuthi umfundi yini alindeleke ukuyenza.

Sinethemba futhi lokuthi abantwana uqobo lwabo bazokujabulela ukusebenzisa lezi zincwadi ekukhulenii kwabo bakhule nolwazi eziluqukethe, bese kuthi wena njengothisha wabo uthokoze kanye nabo ekugcineni.

Sifisela wena nomfundu omfundisayo impumelelo ngenkathi usebenzisa lezi zincwadi.



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Ibanga lesi- 3

Amakhono Empilo

NGESIZULU

Incwadi yesi-2



Le ncwadi ngeka-:

33

Imidlalo engaphophile

Amasondo 1

**Masifunde**

Umuntu uyakhululeka uma esendaweni ephephile njengaseklasini lakhe. Yizindawo lezi oyaye ufise ukubuyela kuzo ngoba uzizwa uphephile uma ukuzo. Akekho umuntu ongakulimaza uma ulapho.

IThemu 3 -

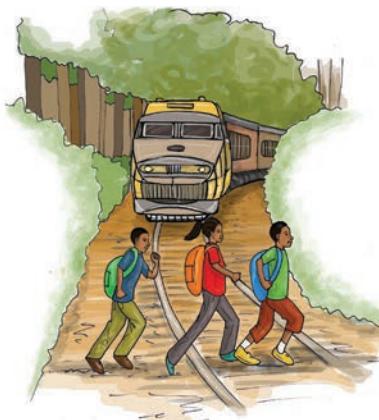
Indawo ethathwa njengethephile emphakathini yileyo eyenza abantu bonke bakhululeke uma befika kuyo. Wonke umuntu uyazi ukuthi ngeke alimale uma elapho.

"Ukuphepha komphakathi" ngamazwi asho ukuthi wonke umuntu unelungelo lokuhlala ephephile uma esendaweni esetshenziswa wumphakathi njengasezitimeleni, ematekisini kanye nasezindaweni zokubhukuda.

**Masikhulume**

Buka lezi zithombe bese uxoxa nomngani wakho ngazo.

Xoxa nomngani wakho ngezizathu ezenza kube yingozi ukudlalela ezindaweni ezingaphophile.



Usuku:



Ingane engakwesokudla esithombeni kufanele ikhethe. Yisize ukugcwalisa amabhamuza enkulumo.

Hhayi suka, landa ibhola! Wesabani?

Angifuni, uyabona ukuthi ngingahle

Yeyi wena, phuza kanye nje! Ayikho inkinga. Wesabani?

Ngeke ngikwenze lokho, uyabona ukuthi ngingahle



Masikhulume

Xoxani ngale mibuzo eklasini:

- Zinto zini ezingaba yingozi umuntu angazithola endaweni kadoti?
- Kungani abantwana bethanda ukudlalela emagebedwini?
- Ngubani ongangena engozini uma abantwana bedlalela emgwaqweni ophithizelayo?
- Yiziphi izimpawu ezisixwayisa ngokudlala kujantshi wesitimela?
- Yiziphi izingozi zoketshezi olufana nopharafini?



Masibhale

Khetha isithombe esisodwa ekhasini lesi-2 bese ubhala izimpendulo zale mibuzo.

- Sizama ukuthini kuwena lesi sithombe?

- Ungabona kanjani ukuthi akuphephile ukudlalela lapha? Bhala imisho emibili?



Imidlalo engaphophile

Amasondo 1

IThemu 3



Masibhale

Buka lezi zithombe.

Khetha esithombeni izihloko ezimbili ozobhala ngazo:

Upharafini ungagqamuka amalangabi esandleni somuntu.

Abantwana bebengafa nokufa uma bephuze ushevu.

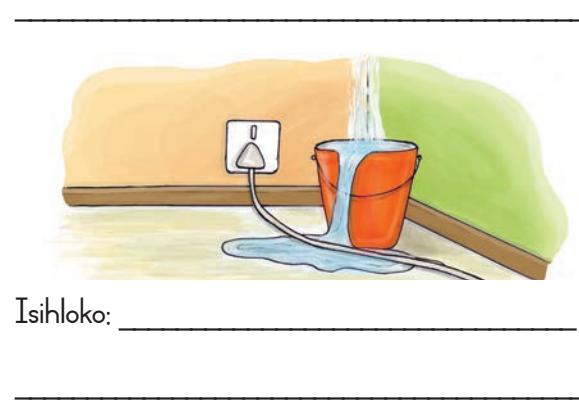
Bebengafa abantwana ngoba bebengeke bakwazi ukuphefumula umoya.

Ingane ingabanjwa wugesi.

Ungawusebenzisi ugesi uma useduze kwamanzi.

Amanzi abilayo kanye nomhwamuko
kungayishisa ingane.

Isihloko: _____



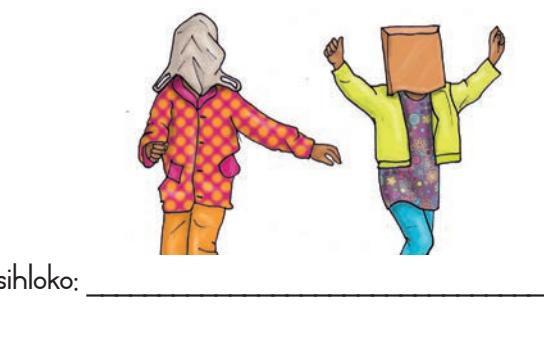
Isihloko: _____



Isihloko: _____



Isihloko: _____



Isihloko: _____



Isihloko: _____



Masenzeni lokhu

Dweba isithombe sakho nabangani bakho nidlala epaki lapho kuphephe khona. Nizodlalani? Cabanga izinto ezinjengokudlala ujika. Sebenzisa ipeni lekoki noma ipensela ukuqala umdwebo wesithombe sakho. Emva kwalokho faka imibala usebenzisa amakhrayoni.

Usuku:



Masiqhubeke

Zifudumeze: Nyakazisa izitho zakho ezahlukene zomzimba ngesikhathi esisodwa. Isibonelo, phenduphendula ngasikhathi sinye izihlakala nedanda noma namahlombe kanye namaqakala.

Okumele ukwenziwa: Ukuvika ukuwa

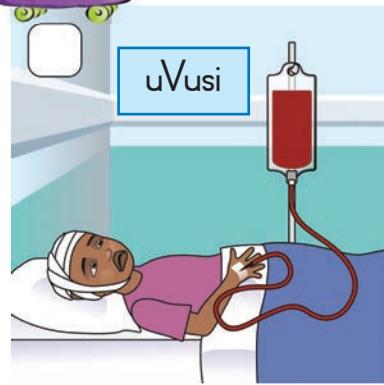
- Hamba ngamazonzwane bese futhi uhamba ngezithende.
- Khasa/gaqa ngezandla nangamadolo.
- Zama ukuhamba phezu kwentambo uya phambilibese uphinda emuva.
- Zama ukwenza lokhu uvale amehlo.
- Yima ngekhanda, ume ngezandl bese nuhlala isithanga.

Zipholise: Zelule kancane kancane. Uma kuvuma, thola umculo okhalela phansi opholile.



Amatekisi nezitimela

IThemeu 3 – Amasono 2



Bhala izinombolo ezithombeni ngalokho okwenzeka kuVusi ukutshengisa ukulandelana okufanele.



Buka lezi zithombe zikaVusi futhi bese uxoxa nomngani wakho ngazo.

- Le ngozi yenziwa yiphutha likabani?
- Yini okungabe bayenza oVusi benonina?

Bheka izithombe ezilandelayo bese uxoxa nomngani wakho ngazo.
Yini eyenziwa yilaba abantu engalungile?



Bhala isihloko sesithombe ngasinye usho ukuthi yini ekungafane yenziwe yilaba bagibeli.



Usuku:

Izimpawu ezisixwayisa ngengozi



Masifunde

Izimpawu ezisemigaqweni nakojantshi zibekelwe ukuvikela thina.

Ezinye zibekelwe ukuthi siphephe. Zisixwayisa ngengozi.

Izimpawu zokuqwashisa emgwaqweni zivame ukuba nomugqa obomvu ozizungezile.

Ezinye izimpawu zisitshela ukuthi kumele siziphathet kajani uma sisendaweni enezimoto noma zisiphe imidati yowlazi.



Masenzeni lokhu

Ukujikijela izinto ngefasitela lesitimela kungalimaza abantu noma izilwane ngenkathi isitimela sndlula kuzo. Yenza uphawu oluxwayisa abantu ukuthi bangajikijeli izinto ngefasitela lesitimela.



Masenzeni lokhu

Buka lezi zithombe. Bese usika izimpawu ekhasini lezinto ezsikwayo ngasemuva kule ncwadi uzinamathisele phezu kwezithombe ezifanele.



Teacher:

Sign:

Date:

Ukunukubezeka kwemvelo: kuyini?



Masikhulume

Buka isithombe bese uxoxa nomngani wakho ngaso. Ngabe ikhona ekulesi sithombe owake wayibona ngaphambili? Yiziphi izinto ezisesithombeni ezibukeka zingafanele noma ezimbi kuwe? Kungani zibukeka zingafanele?



Masifunde

Kuyini ukunukubezeka komhlaba?

Ukunukubeza imvelo kulimaza thina nezilwane kanye nezitshalo.

Kuyagulisa, bese izinto zingakwazi ukukhula, mhlawumbe zife. Phezu kwalokho, ukunukubezeka kwemvelo kwenza izindawo zethu zibe zimbi.

Ukunukubezeka kwemvelo kwenzeka uma singcolisa umhlaba wethu. Sisuke singcolisa umoya, amanzi kanye nenhlabathi. Umoya, amanzi kanye nelanga kusiza ukulwa nokunukubezeka kwemvelo. Ukunukubezeka kwemvelo kuba kubi uma singcolisa umhlaba ngendlela yokuthi ungakwazi ukuzihlanza wona ngokwawo.





Masenzeni lokhu

Yakhani iqembu labahamba ngabahlanu.

Usuku:

Uthisha wenu uzonika iqembu ngalinye isihloko elizosicwaninga.

Amalunga amane eqembu ngalinye azobheka izibonelo zokungcola komhlaba emagcekeni esikole. Ilunga lesihlanu kufanele libhale phansi konke okutholwa yiqembu. Oyedwa kumele enze ithebhula abhale izinto athikhe (✓)ngakunye ezintweni ezilokhu zitholakala. Uma seniwuqekile lo msebenzi, uthisha wenu uzokwenza iquoqo lezinto enizitholile. Impilo ungathi yinhle kangakanani emagcekeni esikole sakho?



Masibhale

Bhala phansi izinhlobo ezi-5 zikadoti ezitholakele emagcekeni esikole.

Ukhumbule
ukugenza izandla
uma usuqedile.



1.

2.

3.

4.

5.



Yenza uphawu (✓) eduze kwalokho okunakele ohlwini okusenokuvuselelwa. Beka isiphambano (✗) eceleni kwalokho okunakele kulolu luhlu okungaba yingozi ezilwaneni.



Masikhulume

Yakhani amaqembu ayi-7.



Uzolingisa izinto ezahlukene: umhlaba, amanzi, inhlabathi, umoya, isitshalo, isilwane kanye nomuntu. Abalingisi abayisithupha bokuqala kufanele batshela umuntu ngalokho okwensiwa ukungcola komhlaba kubo. Umuntu kufanele aphendule bonke abalingiswa ngamunye ngamunye. Kufanele nonke nithathe isinqumo sokuthi kufanele kwensiwe ini ngalesi simo. Uma sewuzilungiselele ngokwanele, sewungalingisa uphambi kweklasi lakho.



Teacher:
Sign:
Date:

Izinhlobo zokunukubezeka kwemvelo

Amasono 3

IThemu 3

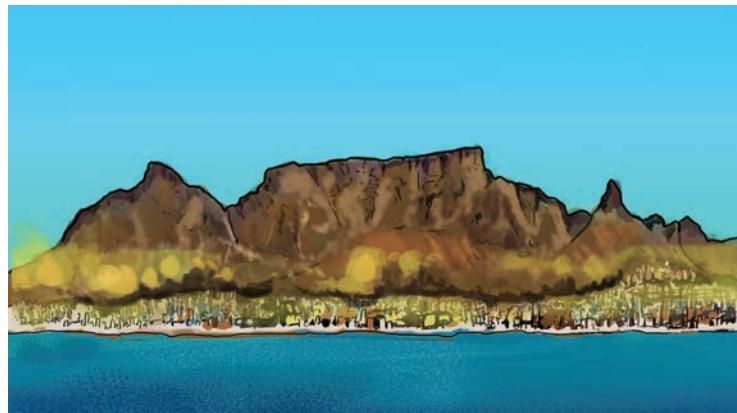


Masifunde

Ukunukubezeka komoya

Uma singcolisa umoya ungangenwa nawushev. Siwungcolisa ngokushisa amalahle amaningi, udizili, uphethiloli, igesi kanye nezinkuni. Intuthu yalokhu inamagesi angaphephile avame ukukhuphukela emoyeni.

Sivame ukushisa iphethroliyamu, igesi kanye nezinkuni. Izihlahla ziyaniza ukususa igesi elinoshev emoyeni bese zifaka i-oksijini ehlanzekile emoyeni. Uma sigawula izihlahla eziningi, igesi elinoshev liqhubeka nokuhlala emoyeni bese kuya i-oksijini encane emoyeni. Phezu kwalokho, siyawulimaza umoya uma sigenca izihlahla eziningi. Izihlahla zinekhono lokwehlisa izinga likashev emoyeni ngokudedela i-oksijini eningi iye emoyeni. Ukuphefumula umoya ongcolile kwandisa izifo zamaphaphu. Kunamazwe lapha emhlabeni lapho abantu kufanele bagqoke imaskhi ebusweni uma bephumela ngaphandle, ngoba umoya ungcole kakhulu ukuthi bangawuphefumula.



Izimoto, amafemu nezinto ezishiswayo emakhaya yizona zinto ezibanga ukunukubuzeka kwemvelo eKapa.

Ukunukubezeka komoya kuphinda kone umoya wonke nje, kanti lo moyo uvikele impilo ekhona emhlabeni emisebeni yelanga engaphephile kangako. I-esidi uma iningi emoyeni, iphuma emafemini, ingenza imvula ibe ne-esidi, bese kulimala izitshalo nezakhiwo.

Usuku:

Ukunukubezeka kwenhlabathi

Inhlabathi inukubezeka uma sifaka izinto ezinamakhemikhali eziningi kuyo. Ukunukubezeka kwenhlabathi kwensiwa nayizinto ezilahlwa ngamafemu nezimayini. Udoti ovela emakhaya, ezikoleni, ezibhedlela kanye nasemahhovisi sivame ukuwuggiba enhlabathini. Lokhu kunukubeza inhlabathi. Inhlabathi enukubezekile ivame ukufaka ushevu emanzini le ngaphansi kwayo, bese kulimala ukudla kwabantu kanye nokwezilwane.



Ukunukubezeka kwamanzi kwenzeka uma amanzi angaphansi kwenhlabathi kanye naphezulu, njengemifula namadamu, kuthola ushevu.

Lokhu kwenzeka uma amafemu ededela amanzi angcolile angene emfuleni. Kwenzeka futhi uma amaphayiphi avela ezindlini zangasese ededela amanzi ayongena emadamini, noma afinyelele emanzini angaphansi kwenhlabathi.

Amanzi anukubezekile abagulisa kakhulu abantu, izinhlanzi kanye nezinye izilwane. Iztishalo eziseduze nalawo manzi zingafa futhi.

Umsindo onukubezayo

Umsindo unukubeza imvelo njengoba usuka emalolini amakhulu, ekuhutheni kwezimoto kanye namatekisi, imishini yamafemu, umculo ophakeme kanye nezinsimbi ezakha amabhilidi amakhulu. Umsindo omkhulu ungakwenza ukuthi ulahlekelwe yinzwa yokulalela.



Teacher:
Sign:
Date:

Imiphumela yokunukubezeka

Masikhulume

Buka lesi sithombe bese uxoxa nomngani wakho ngaso.



Masibhale

Bangathini laba bantu nezilwane ngokunukubezeka kwemvelo okubangwa wumsindo? Qedela lo musho ebhamuzeni ngalinye lenkulomo ngezansi. Sitshekise futhi isiyingi wenze kube lukhuni ukugaqa uphume ngaphansi kwayo.

"Ukunukubezeka kwemvelo akulungile, ngi ..."



Tholani into eyindilinga enizoddala ngayo

Masiqhubeke

Wena nomngani wakho shintshanani nihambe kule ndilinga, niqale ngokuhamba kuyo ngezinyawo bese nihamba ngezandla.

Bambani indilinga niyimise ukuze umngane agaqe aphume kuyo.
Shintshanani ngalokhu.

Usuku:

Okunye ukunukubezeka kwemvelo



Masenzeni lokhu

Usanda kucwaninga ukunukubezeka kwemvelo esikoleni sakho. Uma kungukuthi udoti awucoshwa esikoleni, kuhle kuqalwe manje ucoshwe. Uthisha wakho uzokunika izikhwama zeplastiki namaglavu okuzivikela.

Yenza iphosta ezogqugquzel aabantu ukuthi bavikele imvelo ekunukubezekeni. Sebenzisa izimo zezibalo bese wakha unqenqema oluzungeze iphosta yakho. Xoxela umngani wakho ngokwakheka kweposter yakhongokusbenzisa izindlela ezilandelayo:

- ukuqhathaniseka kwemibala
- ukuhleleka
- ukuqqama
- ukulinganiseka





Masikhulume

Izinto esizenzayo kanye nendlela esizenza ngayo ziyashintsha ngokuhamba kwesikhathi.

abantu ababephila kudalo



Masifunde

Kudalo abantu babehlala eduze kwezinto ababezidinga, isibonelo nje, ukudla namanzi kwakuseduze. Namuhla siyazidinga lezo zinto, kodwa ubuchwepheshe bamanje busilethela ukudla, amanzi kanye nogesi.

Xoxa nomngani wakho ngalokho okushintshile. Cabanga ngezinhlobo zomsebenzi ezazeniwa ngabantu abasesithombeni sokuqala, lapho babesebenza khona kanye nezimpahla ababezigqoka. Usola ukuthi babesebenzela kude kangakanani namakhaya? Buka isithombe esikwesokunxele ukhulume ngezinto ezifanayo. Kudla kuni ababekudla? Babeya kanjani emsebenzini?





Masibhale

Usuku:

Nalu uhlelo Iwesikhathi ozolusebenzisa ngenkathi ufunda okunye ngabantu ababephila kudalo. Bhala igama lakho nosuku owazalwa ngalo ohlelweni lwakho Iwesikhathi.



15 000 wezigidi zeminyaka eyadlula: Kwakheka umhlaba.



2,5 000 wezigidi zeminyaka eyadlula: Izidalwa zokuqala eziqala ukufana nabantu.



100 000 wezigidi zeminyaka eyadlula: Abantu bokuqala



40 000 weminyaka eyadlula: AmaSan



2015 weminyaka eyadlula: Ukuqala kwesikhathi esijwayelekile



1814

Isitimela sokuqala samalahle

1652

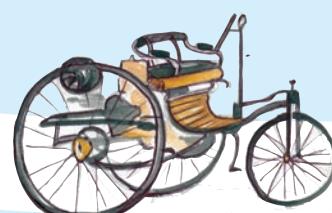
Kufika abamhlophe bokuqala eNingizimu Afrika



1876
Itelefoni yokuqala



1879
Amalambu kagesi okuqala



1885

Imoto yokuqala yesimanjemanje



1895

Umsakazo wokuqala



1903
Indiza yokuqala



1994

20 ___
Usuku lwakho lokuzalwa



1975

Kuqala amakhompiyutha



1973

Umakhalekhukhwini wokuqala



1969

Abantu bafika enyangeni



Abantu ababephila kudalo

IThemu 3 – Amasonto 5



Masibhale

Bhala manje amagama kanye
nezinsuku zokuzalwa kwabazali
bakho nabazali babo kulesi sihlahla
namagatsha esizukulwane.

Uthisha wakho uzokucela ukuba ukhulume nabantu abadala
ekhaya, noma umeme abantu ebadala emphakathini ukuba
bavakashele iklasi lakho. Yimiphi imibuzo ongathanda ukubabuza
yona ngempilo yabo?

Igamalikhulu:

Usuku azalwa ngalo:

Igamalikagogo:

Usuku azalwa ngalo:

Igama likababa:

Usuku azalwa ngalo:

Igama likamama:

Usuku azalwa ngalo:

Igama lami:

Usuku engazalwa ngalo:

Igama likamkhulu:

Usuku azalwa ngalo:

Igama likagogo:

Usuku azalwa ngalo:

Buza abazali bakho imibuzo emi-5 ngawokhokho bakho. Sebenzisa la magama emibuzweni
yakho. **Nini, kuphi, ini, ngani, kanjani.**



Masifunde

Abafundi basesikoleni edolobheni elise Karoo eGraaff-Reinet bamema uMnu Joli Mazeka ukuba afike esikoleni sabo bazoxoxa naye. Nansi indaba yakhe:

Ngazalwa mhla ziyisi-7 kuJulayi 1922 epulazini lase Gannaslaagte eKaroo. Ubaba wayesebenza epulazini. Umama wayesebenza ekhishini khona epulazini. Njalo ngoLwesihlanu sasiphiwa inyama ngumninipulazi bese siyipheka ngempelasonto ngokuthi sasingenazo izinto zokuyigcina ibanda. Ngaleyo ndlela sasingabi nayo inyama phakathi nesonto. Enye sasiyenza umqwayiba, ikakhulu uma umninipulazi edubule umgankla noma imbabala.

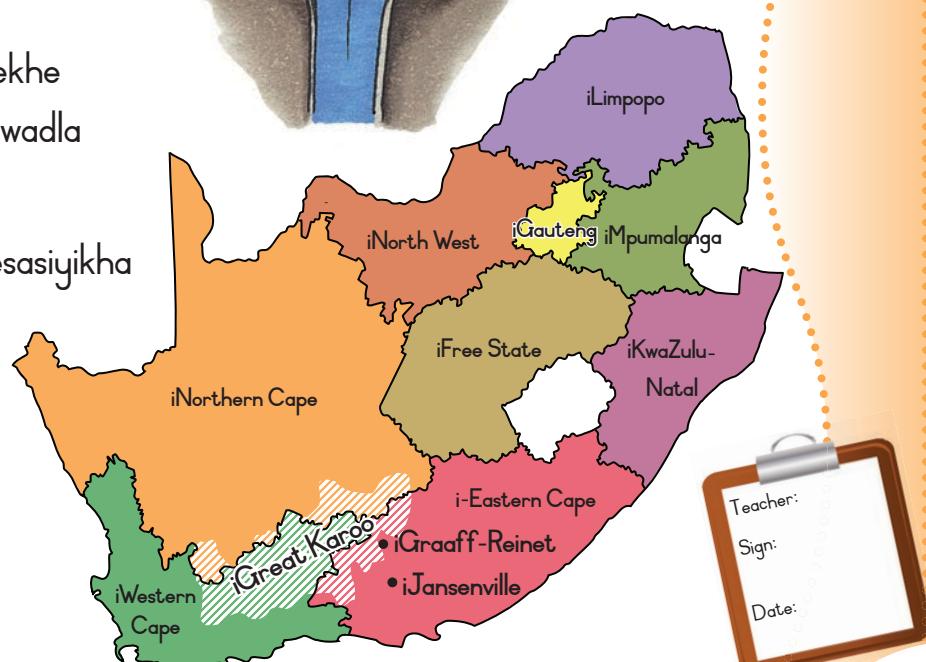
Sasipheka ukudla kwempuphu yommbila kanye nobhontshisi owomisiwe – sasikubiza ngomngquшу lokhu. Ubaba wayaye anikwe ufulawa ogaywe waba mahhadlahhadla ugaywa emshinini wokugaya eJansenville. Umama wayebhaka isinkwa asipheke ebhodweni elisindayo alibasele ngamalahle phandle, ngoba sasingenaso isitofu. Kunokudla engangikuthanda ayekwenza: amakhekhe agazingiwe okwakungamakhekhe abhakwe ngomlilo oshisayo. Wona-ke sasiwadla nosulubha wamadolofiya.

Ukudla okunoshukela kwakuba yinhlaka esasiyikha ezihlahleni zikagamthilini kanye nakwezinye ezinameva.



Usuku:

Uma uthisha engammemanga umuntu, sebenzisa indaba kaMnu Mazeka.



Teacher:
Sign:
Date:

Abantwana kudalo

Amasonto 6



Masibhale

IThemu 3 – Amasonto



Masenzeni lokhu

Yenza ifulemu yesithombe.



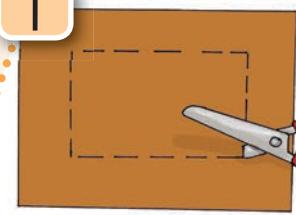
Nakhu ozokudinga:

- Amashidi amabili oqwembe olunemibala
- Upende wamanzi oshubile omibalabala
- Izinhlobonhlobo zezinto ezindala ezinokuvuselelwa kabusha, isibonelo itolishi likakotini elidala, ukhokho, uphaphe, nezinhlobonhlobo zezivalo zamabhodlela.

Okumele ukwenziwa nguthisha:

Ziningi izindlela esingazisebenzisa ukucina izinto zakudala. Eyokuqala ukuthi sibe nefulemu yesithombe.

1



1. Sika isikwele noma unxande oqwembeni wenze ifulemu yesithombe.

2



2. Penda ingaphansi lalokho ofuna ukukusebenzisa ukwenza amaphethini.

3



3. Hlobisa ifulemu yakho ngokunamathisela uqwembe oluhlotshiswe ngopende.

4



4. Uma ifulemu seyomile, faka isithombe sikagogo wakho nomkhulu bese unika umama noma ubaba kube yisipho.

Usuku:



Masifunde

UMnu Mazeka uvakashela isikole okwesibili.

Uqhubeka nendaba yakhe.

Sasingakwazi ukubona abanye abantu. Ubaba nomama babesebenza kanzima besebenza isikhathi eside. Babevakashela abantu basepulazini kuphela. Noma yiluphi uhambo lwaluhanjwa ngezinyawo. Umninipulazi wayesiboleka inqola yezinkabi uma sizoya lapho kugujwa khona usuku lomuntu lokuzalwa.

Ngangidlala nabantwana babanye abasebenzi basepulazini, siddale usuku lonke. Sasithanda ukudlala ngamathambo, ubumba, siddale ngembewu yezihlahla eziinameva, sijikijele amatshe edamini elaliseduze komfula. Udadewethu nabangani bakhe babeye bakhe onodoli ngobumba.

Ngaqala ukuba nezicathulo uma ngifinyelela eminyakeni eyi-12 ubudala – ubaba wazakha ngesikhumba esiddala senkomo. Namanje ngisabukhumbula ubuhlungu engangibuzwa ngihlatshwa ngameva ezihlahla ngoba ngangihamba ngingafake zicathulo. Uma kunesithwathwa ngangifudumeza izinyawo ngokuzifaka ebulongweni benkomo obusebusha.



Masikhulume

Xoxa nomngani wakho ngokuthi izingane zaziphila impilo emnandi yini kudala.

Ngabe kwakungcono yini ukuba yingane kudala kunamanje? Kungani usho kanjalo?

Cabanga ngezinto zamanje esikwazi ukwenza ngazo ezinye izinto masinya nakangcono.

Masiqhubeke

Yenzani lokhu ngamunye noma ngababili.

- Ukuma ngezandla
- Ukuma ngekhanda
- Ungqimphothwe
- Ukuqhubana sabhala



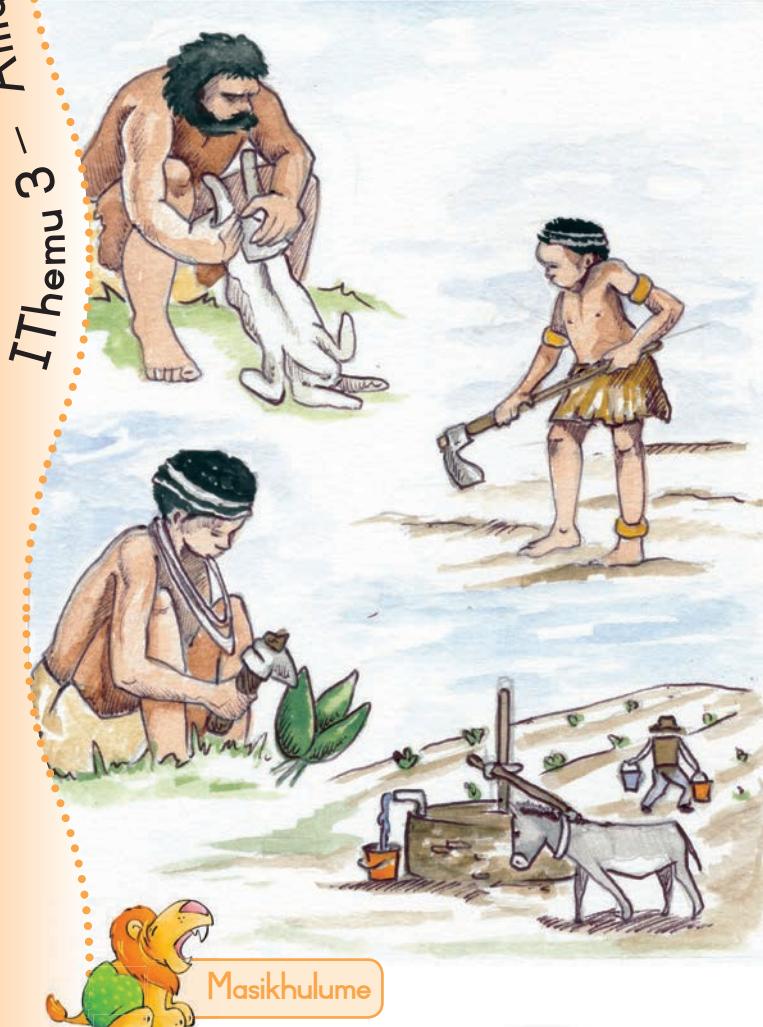
Izinto ezazisetshenziswa

Amasondo 6



Masenzeni lokhu

Buka izithombe ezingakwesokunxele samathuluzi ayesetshenziswa kudala. Ohlangothini lwasokudla, dweba uphinde usike izithombe zamathuluzi esiwasebenzisa esikhathini samanje.



Masikhulume



Indlu eminyakeni engama-300 edlule



Indlu eminyakeni engama-200 edlule



Indlu eminyakeni eyi-150 edlule.



Indlu yanamuhla

Zishintshe kangakanani izindlu ngokuhamba kweminyaka?

Zishintshiswe yini?

Kwasetshenziswani ukwakha lezi zindlu?

Yiziphi izinto ozithola endlini D ezazingekho endlini A?

Usuku:



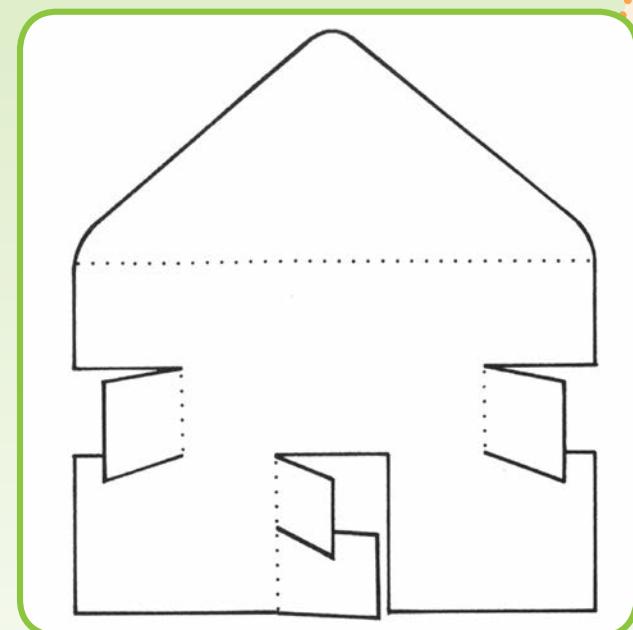
Masenzeni lokhu

Usufundile ukuthi izindlu zishintshe futhi zathuthuka kanjani ngokuhamba kweminyaka. ENingizimu Afrika kunezindlu ezihlotshiswe kahle njengezindlu zakwaNdebele. Imihlobiso yazo idumile ngobuhle kanye nangobuchwepheshes bayo. Yenza sengathi ungumuntu wakwaNdebele, unikwe umsebenzi wokuhlobisa izindonga zomuzi ekhaya.

Nakhu ozokudinga:

- iphepha elinemibala
- imvulophi emhlophe
- isikele
- amakhrayoni
- iglu

1. Sika imvulophi wakhe umnyango namafasitela, njengoba ubona esibonelweni.
2. Yelula uhlangothi oluvulekayo lwemvulophi ukwenza uphahlala.
3. Sebenzisa amaphethini, izimo kanye nemigqa ehambisana nemibala enhlobonhlobo ukuhlobisa indlu yakho.
4. Cela uthisha wakho ukuba akuchazele ukuthi kubaluleke ngani ukusebenzisa izimo namaphethini ejiyometri.
5. Namathisela indlu yakho eshidini lephepha elinombala othile.
6. Sebenzisa izithombe ozithole ephephabhukwini ukuhlobisa indawo ezungezile.



Masiqhubeke



- Yenza sengathi usebenza ukhuni lokwakha indlu. Dudula udonse ngengalo yakho yesandla sokudla bese ushntshela esandleni sobunxele.
- Yima eduze komngani wakho.
- Yenza sengathi uyisihlahla. Yelula ingalo yakho uyise phezulu kwekhanda lakho. Fumbatha isibhakela wenze sengathi ubambe inomfi enamathele esihlahleni. Umngani wakho kufanele azame ukudonsa inomfi ngenkathi wena uyibambile.
- Lingisa ukugibela ibhayisikili. Lala phansi ngomhlane maqondana nomngani wakho. Gobisa amadolo akho bese uqondanisa izinyawo zakho nezomngani wakho. Qala ushove ibhayisikili ngemilenzé yakho.





Masifunde

Kwase kuwusuku lwasithathu uMnu Mazeka esesikoleni. Indaba yakhe beyingakapheli:

Besinendawo enomlilo oshisa kakhulu lapho kwakushiselewa khona amathuluzi aphulwe yinhlabathi elukhuni eseduze kwedamu.

Kwakuye kwakhiwe insimbi yokugqokisa izinselo zehhashi, noma kwakhiwe amasondo enqola.

Kuthe uma ngineminyaka eyi-10 ubudala, kwafika isomiso esikhulu. Ukudla kwancipha. Sajabula uma kubuya imvula.



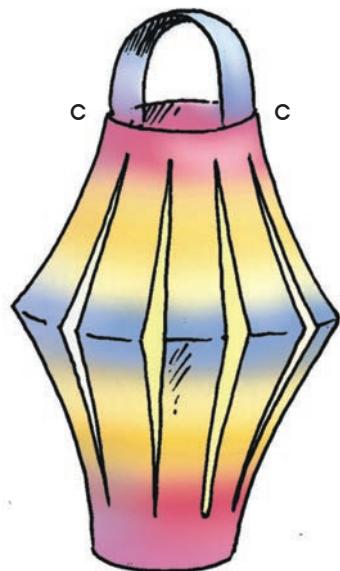
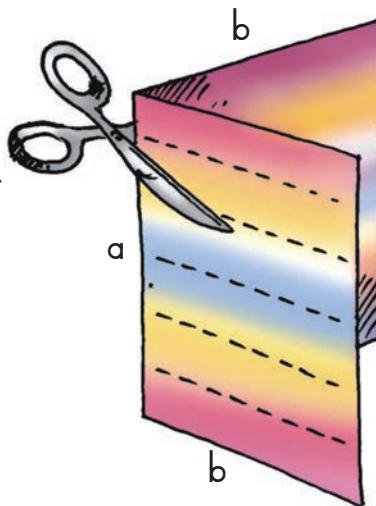
Masenzeni lokhu

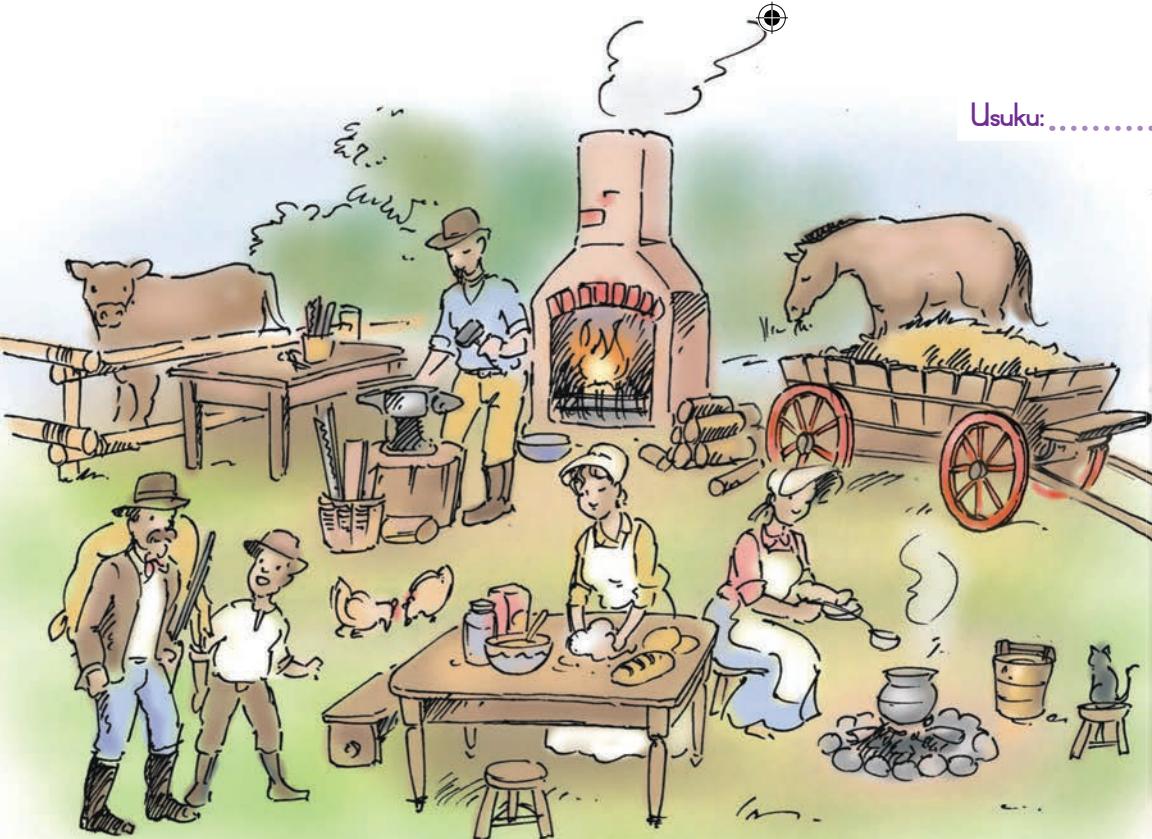
Yakha isiketekete.

Nakhu ozokudinga:

- Iphepha elimhlophe eliyisikwele
- Upende wamanzi omibalabala
- Ibhulashi lokupenda
- Irula, ipensela, isikele
- Iglu

1. Hlobisa iphepha lakho ngemibala eyahlukahlukene.
2. Goqa iphepha lakho libe wuhhafu.
3. Dweba imigqa ehlukene ngamasentimitha amathathu ephepheni.
4. Sika eceleni komugqa kodwa ungfiki ekugcineni.
5. Goqa iphepha ulivule, bese unamathisela amachopho amabili ndawonye.
6. Sebenzisa umucwi wephepha ukwenza isibambo phezulu.





Usuku:



Masikhulume

Bheka isithombe esitshengisa impilo yasepulazini eminyakeni engama-200 edlule. Yisho ukuthi yini ekujabulisayo, ngabe yizimpahla zokuggoka, amathuluzi noma yizinto zokuthutha? Emva kwalokho xoxela uthisha wakho kanye nabafundi ukuthi benikhuluma ngani ninomngani wakho.



Masibhale

Qondanisa ukukhanya nesithombe esifanele. Bhala ngezansi kwesithombe igama lalapho kuvela khona ukukhanya.

ithoshi

1



iglobhu

2



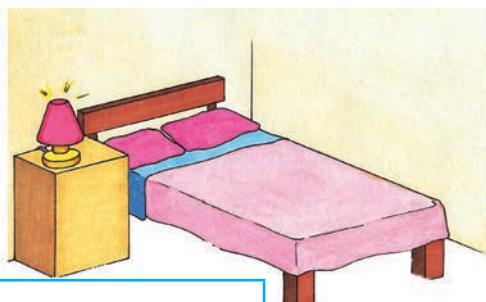
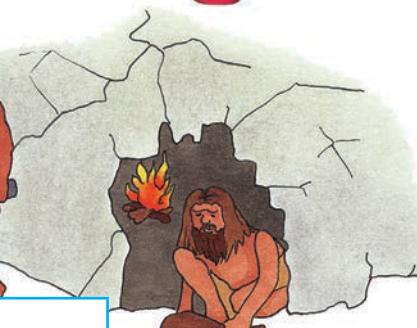
ikhandlela

3



amalambu

4



Ukukhokhela izinto

Amasono 7



Masibhale

Babezikhokhela kanjani izinto abazidingayoabantu? Sebenzisa amanye ala magama ukupedela indaba yemali engezansi. Sinikeze izinhlamvu zokuqala zamagama ukukusiza.

ukukhokhela

nogwayi

abazokudla

isiliva

ubuhlalu

ewuhlweza

igolide

ukushintshisana

izikhumba

imali

IThemu 3 -

Kudalo, abantu babengayisebenzisi imali ewu- _____ nemali

engamaphepha ukuk- _____ izinto.

Ngalezo zinsuku babesebenzisa ukus- _____ uma bethengiselana.

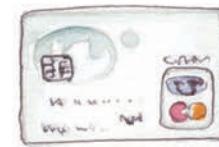
Uma kwenzeka beba nog- _____ omningi, kodwa bephelelwa

abazo- _____, bebefuna umuntu abazomnika ubu- _____

izinkomo nogwayi. Kamuva abantu baqala ukusebenzisa ig- _____,

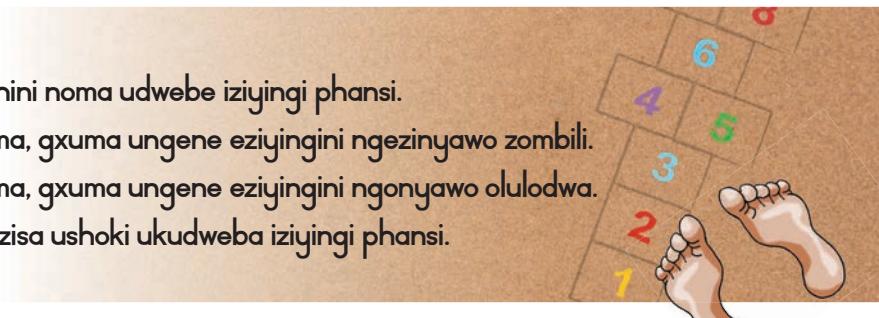
nes- _____ uma bethenga izinto. Namuhla sisebenzisa im-

_____ ukukhokhela izinto.



Masiqhubek

- Beka into eyisiyingi enhlabathini noma udwebe iziyungi phansi.
- Uma uthisha wakho ethi gxuma, gxuma ungene eziyingini ngezinyawo zombili.
- Uma uthisha wakho ethi gxuma, gxuma ungene eziyingini ngonyawo olulodwa.
- Dlala u-abha-sikotshi. Sebenzisa ushoki ukudweba iziyungi phansi.



Usuku:



Nansi indlela uMnu Mazeka aphethe ngayo indaba yakhe ngosuku lokugcina enabafundi:

Sengimdala manje, ngithathe umhlalaphansi, ngiseGraaff-Reinet, nginesikhathi sonke sokucabanga ngempiло endala emnandi kodwa elukhuni. Ngifuna ukukhohlwa yizikhathi ezinzima nokho.

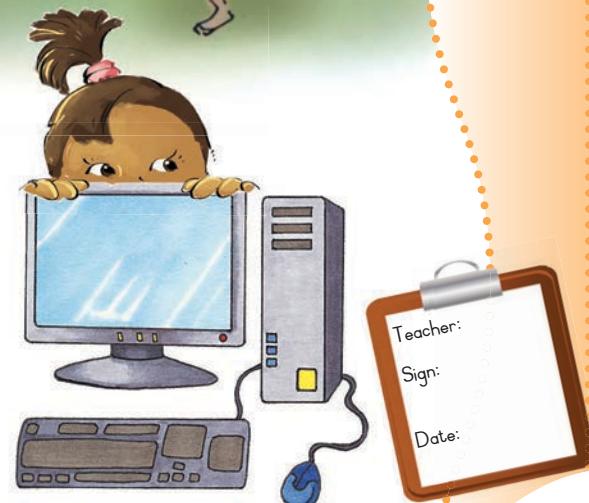
Ziguqukile izinto eziningi manje, kunogesi ovela kwa-Eskom, abantu banawomakhalekhukhwini, indlu yasepulazini seyakhiwa kabusha seyifana nendlu yasedolobheni.

Zisenjalo kodwa ezinye izinto: amankokane asakhala kanjalo, asandizela phezulu kwedamu, kunomoya omusha ongangcolile, izingane zisadlala ngamathambo – kodwa sezinezimoto zocingo. Izimvu zisenjalo zikhala kanjalo, njalo ntambama izisebenzi zisathutha ubisi zisuka esibayeni zilusa endlini. Izimpungushe nezimpisi zisabulala izimvu namanje.



Khulumani eklasini ngezinto enicabanga ukuthi seziguqukile kusukela nazalwa.

Khulumani futhi ngezinto enicabanga ukuthi zisalokhu zinjalo kusukela eminyakeni eminingi eyadlula.



45

Umhlaba uma uwubuka usemekhathini

Amasonto 8

I-Themu 3 -



Masifunde

Umhlaba uyibhola elikhulu eliyindawo esihlala kuyo.

Konke okuseceleni komhlaba sikubiza ngomkhathi. Siqale eminyakeni engama-50 eyedlule ukucwaninga umhlaba sisemkhathini.

Buka isithombe somhlaba wethu ngakwesokudla.

Uyakwazi ukubona izwe, ulwandle kanye namafu. Khulumfa nomngani wakho ngezingxenye zesithombe umtshengise izwe, ulwandle kanye namafu.



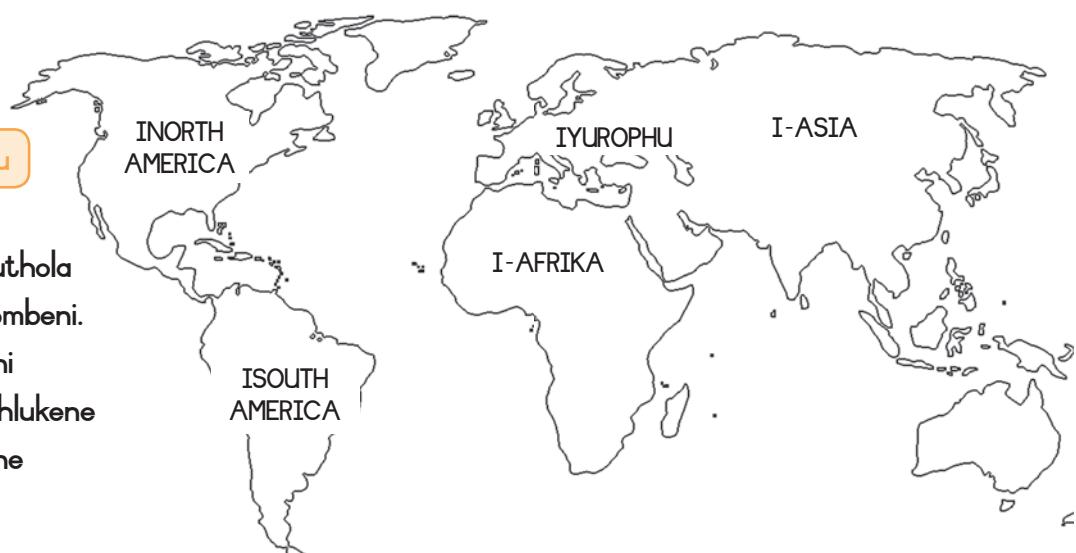
Umhlaba uma ubukwa uveliswa
emkhathini



Masenzeni lokhu

Sebenzisa ibalazwe ukuthola izindawo ozibona esithombeni.

Sebenzisa amakhayoni ukufaka imibala ehlukahlukene ezingxenyeni ezahlukene zomhlaba.



Bhala phansi amagama alezi zingxenye zezwe.



Masifunde

Umhlaba unengubo ewumoya ewuzungezile. Lokhu sikubiza ngomkhathi.

Uyawubona umkhathi esithombeni?

Amaplanethi nokunye okusemkhathini



Masifunde

Umhlaba wembethe ugqinsi lomoya olungamakhilomitha angama-120.

Uma uhamba ibanga elingamakhilomitha angama-120 ushiya umhlaba, ufinyelela emkhathini.

Kulapho sithola khona omakhelwane bomhlaba wethu: eminye imihlabu nezinkanyezi.



Masikhulume

Emkhathini akukho lusuku – kunobusuku kuphela. Xoxa nomngani wakho nisho ukuthi kungani kunjalo.

Omakhelwane abaseduze kwethu emkhathini:

Ilanga: Lishisa kakhulu. Yibhola elakhiwe ngamagesi.

Ngaphakathi kulo linamagesi ashisa ngendlela yokuthi "ayancibilika" anamathele. Lokhu kubumbana yikhona okusinika ukukhanya, ukufudumala kanye namandla emhlabeni. Ilanga liyinkanyezi efana nezinye kulezi esizibona ebusuku. Ilanga liyinkanyezi ephakathi nomkhathi.

Amaplanethi: Ngamabhola amakhulu angamatshe anoketshezi ngaphakathi – afana nomhlaba. Amaplanethi angaba futhi ngamabhola anamagesi azungeza umhlaba nelanga. Sinamaplanethi ayisi-8 uma sibala nomhlaba.

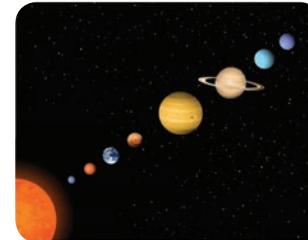
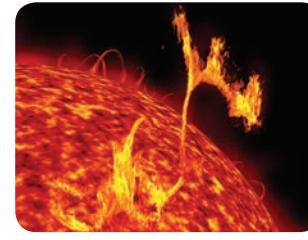
Amamithiyo: Lezi yizingcezu zamatshe. Uma zithuke zingena emoyeni womhlaba ziayafudumala bese zishisa kakhulu. Lokhu kubanga ukuthi zicwebezele zikhona esibhakabhakeni bese sizibiza "ngezinkanyezi ezitshuzayo". Uma zifinyelela emhlabeni, sizibiza "ngamamithiyo".

Inyanga: Iyabanda, ifana nedwala elifile. Inothuli, ihamba izungeze umhlaba. Iyikota yomhlaba ngobukhulu.

Amakhomethi: Ngamabhola amakhulu ayigesi neqhwa, ahamba amabanga amade emkhathini. Ngesinye isikhathini adlula eduze nelanga.



Masifunde



Ilanga

Amaplanethi
Inyanga

Amamithiyo

Amakhomethi



Izinkanyezi

Amasonto 8



Masibhale

Umhlaba wethu unawomakhelwane abaningi abamangazayo emkhathini esiwubiza ngesola sistimu. Yimuphi umakhelwane othanda ukufunda okuningi ngaye? Bhala phansi lokho okukhethayo ngezansi. Lokhu okukhethile ukukhethiswe yiziphi izizathu ezimbili?

Iplanethi engiyikhethayo:

Izizathu zami ezimbili:



Masifunde

Uma sidlula kula maplanethi amancane siyawushiya **umkhathi wethu**. Sesisemkhathini ongaphandle. Nazi izinto ezitholakala kuwona:

Izinkanyezi: Lawa ngamabholo ashisa kakhulu akhiwe ngamagesi afana nawelanga, kodwa akude kakhulu kunathi. Kunezigidigidi zezinkanyezi esingeke size sikhazi ukuzibala nakanye. Zinobukhulu obungafani obuningi – ilanga lethu lona likhulu ngokulingene.

Lo mkhathi oseduze kwethu siwubiza ngeYunivesi.

IYunivesi iyikho konke okudaliwe kepha kuncane esikwaziyo ngayo.

Ngabe ucabanga ukuthi zikhona yini ezinye izindawo ezifana nomhlaba wethu kwiyunivesi, lapho kunempilo khona?



Masenze

- Lalela iculo lesizwe LaseNingizimu Afrika elizodlalwa uthisha.
- Wena neqembu lakho qambani umdanso eningawudansela leli culo.
- Egenjini lenu, qambani Iculo lohlobo "Iwe Rap" bese nilicula eklassini lenu.

Masidlale

- Uthisha wenu uzokwehlukanisa iklasi lenu amaqembu amabili. Dlalani ibhola lezinyawo labancane.



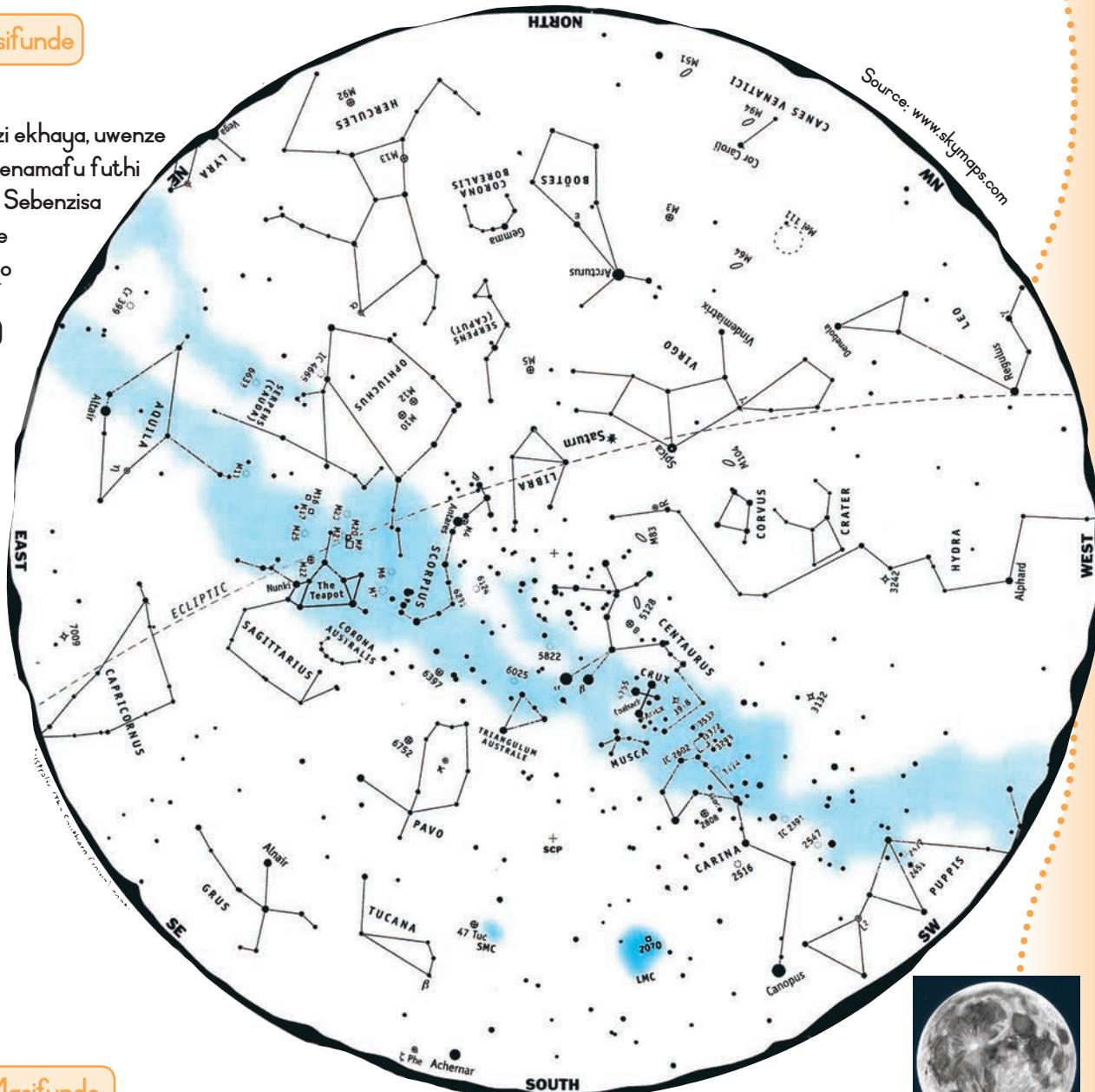
Usuku:

Amatheleskophu



Masifunde

Yenza lo msebenzi ekhaya, uwenze kusebusuku, kungenamafu futhi esibhakabhakeni. Sebenzisa leli balazwe uzame ukuthola amaqoqo ezinkanyezi kulo. Beka uphawu (✓) ebalazweni elingezansi eduze kwazo zonke izinkanyezi ozibonayo.



Masifunde

Abantu abatadisha umkhathi babizwa ngama-astronomia. Basebenzisa amatheleskophu Inyanga ukutadisha izinkanyezi. Eminyakeni ezayo kunesiteshi esikhulu somsakazo esizokwakhawa eduze kwase Carnavon, e Northern Cape. Namuhla sinetheleskophu ebona kude emkhathini, ekwazi ukusithumelela izithombe zezingxenye zomkhathi esingakwazi ukuzibona uma silapha emhlabeni wethu. Le theleskophu ibizwa nge Hubble telescope, ithumela izithombe ezinhle ezithatha emkhathini. INingizimu Afrika yazakhela eyayo itheleskophu enkulu eyakhwiwe eduze kwase Sutherland e Northern Cape.

Teacher:
Sign:
Date:

Ukutshuza emkhathini

IThemu 3 – Amasonto 9

Masifunde

La magama angezansi ngawabantu abaqale okuthile ngokuya emkhathini.



Owomdabu waseRussia
owaziwa ngelikaYuri Gagarin,
ngumuntu wokuqala
ozungeze umhlaba wethu
ngomkhumbimkhathi (12
Mbasaa 1961)



UNeil Armstrong
waseMelika yena waba
ngumuntu wokuqala
ukubeka unyawo lwakhe
enyangeni (20 Ntulikazi
1969).



UMark Shuttleworth waba
ngowokuqala eNingizimu
Afrika ukuzungeza umhlaba
(Mbasaa 2002).



UChrista McAuliffe
waba nguthisha wokuqala
ukuba ngusosayensi
wezinkanyezi, kodwa wafa
kabuhlungu ngenkathi
umkhumbimkhathi,
iChallenger, uqhuma (28
Masingana 1986).



Masikhulume

Xoxa nomngani wakho ngeplanethi ofisa ukuyivakashela.

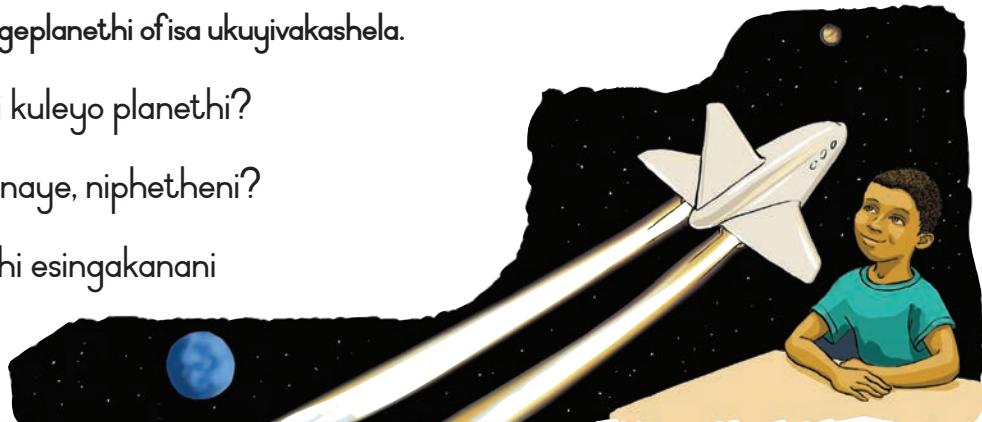
Ungafinyelela kanjani kuleyo planethi?

Ngubani ongahamba naye, niphetheni?

Ufisa ukuhlala isikhathini esingakanani

kuleyo planethi?

Ubuwazi nje? Ukuthi uMandla
Maseko waseSoshanguve eGaut-
eng, uzokuba ngowomdabu wokuqala
waseNingizimu Afrika ukuvakashela
emkhathini ngomkhumbi mkhathi
uLynx II Shuttle ngonyaka ka2015.



Amasathelayithi



Masifunde

Uthi bewazi ukuthi inyanga ihamba izungeze umhlaba? Into ehamba izungeze okuthile emkhathini ibizwa ngeSathelayithi (Satellite), ngakho-ke inyanga iyisathelayithi emhlabeni wethu.

Indlela yesathelayithi ibizwa ngokuthi yi-Obhithi. Kuningi-ke okuzishaya samasathelayithi okuthunyelwe emkhathini ngabantu basemhlabeni wethu.

Okokuqala okuzishaya sasathelayithi kwathunyelwa emkhathini ngonyaka we-1957. Itheleskophu iHubble ingenye yamasathelayithi. INyuvesi yaseStellenbosch iyona eyakha isathelayithi lokuqala eNingizimu Afrika elibizwa ngokuthi nguSunSat.

Lahlonywa ngoNhlanjwa we-1999. Kunezinhlobonhlobo zamasathelayithi. Ezinye izinhlobo zihlanganisa ulwazi ngomkhathi, ezinye zihlanganisa ulwazi ngesimo sezulu, kanti ezinye ngezokuxhumana ezithumela izithombe nolwazi kusuka emhlabeni kuya kuya kweminye. Isathelayithi elikhulu kunawo wonke liyisiteshi somhlaba wonke, lapho ososayensi benza khona ucwaningo.



Masikhulume

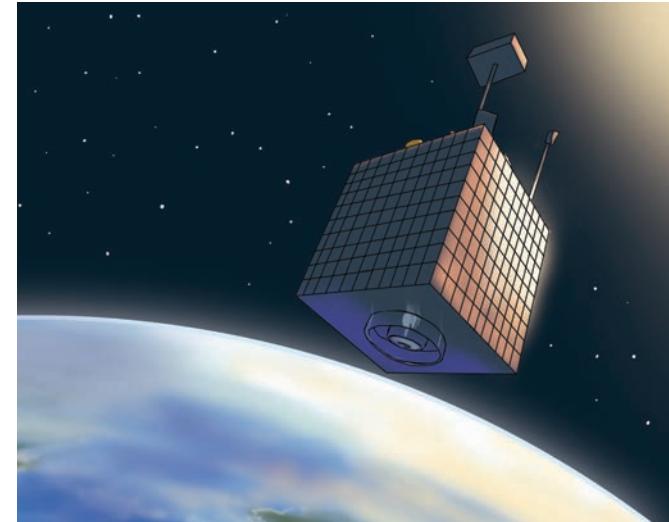
Xoxa ngale mibuzo nomngani wakho. Emva kwalokho tshela uthisha neklasi ukuthi ucabangani.

- Izimoto eziningi zinamasathelayithi ananyathiselwa ezimotweni ukuze zingantshontshwa. Ngabe lokhu kusebenza kanjani?
- Ucabanga ukuthi lwazi luni olutholwa ngabalimi kumasathelayithi?
- Zikhona izindlela ezintsha ongazicabanga angasetshenziswa ngazo amasathelayithi?



Masiqhubeke

UThisha wakho uzokufundisa ukudlala iVolleyball kanye nomdlalo wekati negundwane.



Masifunde

Ezinye zalezi zinsuku zenkolo ziba sezinyangeni ezahlukahlu kene zonyaka. Thola imininingwane yokuthi le midlalo izokuba kuphi kulonyaka bese ugcwalisa izinsuku zawo esikhali esinikeziwe.

Amanothi kathisha:

Okumele ukwenziwa nguthisha: Izinsuku zenkolo kanye nezinye ezibalulekile zidinga ukufundwa ngethemu yesithathu. Kumele usebenzise amahora amathathu ngethemu ukukhuluma ngalezi zinsuku. Lokho enizokwenza kuyoya nokuthi iklasi linabantwana bayiphi inkolo. Kumele niphinde nilandele inqubomgomu yesikole. Kunamaholidi amabili ahlonishwa yibo bonke abantu base Ningizimu Afrika.



21 Ntulikazi: (kuya nokuthi inyanga entsha seyibonakele yini) kuqala inyanga ye Ramadaan ngalolu suku – wusuku Iwama-Islam. IRamadaan yisikhathi sokuzila ukudla, kukhulekwe kufundwe iQur'an. Usuku:

19 Ncwaba: (kuya nokuthi inyanga entsha seyibonakele yini futhi): I-Eid-ul-Fitr – umkhosi wama-Islam. Wumgubho othandekayo kodwa ojulile wokuzila ukudla inyanga yonke ogujwa uma iphela inyanga. Kudunyiswa uNkulunkulu kunakekelwe abampofu nabangane kuvakashelwe iminden. Usuku:

NgoNtulikazi noma ngoNcwaba: IRaksha Bandhan – ngumkhosi wamaHindu. AmaHindu agubha ubuhlobo bamantombazane nabafana. Intombazane ibopha umfowabo into okuthiwa yi-rakhi (intambo engcwele) esihlakaleni ukukhombisa uthando nomkhuleko ovela kudadewabo, umfowabo ethembise ukuvikela udadewabo impilo yakhe yonke.

Usuku:



NgoNcwaba noma ngoMandulo: IKrishna Janmashtami – yifestivali yamaHindu. Kugujwa ukuzalwa kukaKrishna Janmashtami ngokuzila ukudla. UKrishna ubalulekile enkolweni yamaHindu. Ngalolu suku abantwana bayaye badlale izinto ezenzeka empilweni kaKrishna.

Usuku:



NgoMandulo: IPitr Paksha – wusuku IwamaHindu. AmaHindu ahlonipha amadlozi awo abizwa ngawo "pitrs" ngokunikela ngokudla. Usuku:



Usuku:

NgoNtulikazi nangoNcwaba: Wusuku IweTisha B'av – ezinsukwini zenkolo yamaJuda. Kuzilwa ukudla kulilelwé ukudilizwa kweThempeli Okokuqala noKwesibili eJerusalema, bese kuhlonishwa izinto ezechlakalela amaJuda ngalolu suku. Lolu suku lubizwa "ngosuku losizi olukhulu emlandweni wamaJuda".

Usuku:

NgoMandulo: IRosh Hashanah – usuku lwamaJuda nenkolo yawo. IRosh Hashanah wuNcibijane wamaJuda. Kudlalwa i-shofar kudliwe ukudla okuwuphawu olubalulekile njengama-aphula acwilwe ojwini ngokwethemba ukuthi abawadlile bazoba nempilo efana noju onyakeni omusha.

Usuku:



NgoMandulo nangoMfumfu: IYom Kippur – usuku lwamaJuda nenkolo yawo. Wusuku olungcwéle kakhlú kumaJuda lolu oluza ezinsukwini eziyi-10 emva kweRosh Hashanah. Lubizwa futhi nge "Day of Atonement". Usuku:



9 Ncwaba: USuku IwaMakhosikazi KuZwelonke – yiHolidi Lomphakathi. Ngomhla ziyi-9 kuNcwaba 1956, 20 000 wamakhosikazi abhikisha aya e-Union Building ePitoli ebhikishela "udompasi" wabantu abamnyama. Iqhaza elabanjwa ngabesifazane eNingizimu Afrika yilo eligujwa ngalolu suku.

1–7 Mandulo: ISonto leNational Arbor. Wonke umuntu uyagquqquzelwa ukuthi atshale isihlahla.

8 Mandulo: Usuku lokuFunda eMhlabenı. Lolu suku lubalula ukubaluleka kokuthi abantu bafunde.

24 Mandulo: USuku IwaMagugu – YiHolidi loMphakathi. Bonke abantu baseNingizimu Afrika bayalugubha lolu suku ngokwamasiko abo ahlukahlukene.



Izitshalo zisnikani?

Amasono /



Masifunde

Umhlaba uphuphuma izinto eziphila kuwo. Kunezilwane, abantu, izimvu kanye nezinyoni, nezitshalo ezifana nommbila, izihlahla, iminyezane, ifangi kanye namaselesele.



Izitshalo zivame ukuba namagatsha, amakhasi, iziqu kanye nezimpande. Ziba nezimbali, izithelo nembewu. Eziningi zazo zinamakhasi aluhlaza.



Masikhulume

Kuvelaphi ukudla kwethu?

Bheka izithombe bese uxoa nomngani wakho ngazo. Ekhansi elilandelayo kunohlu lokudla. Okubili kwakho akuphumi ezintweni ezisesithombeni. Yikuphi lokho okubili?



Sewufundile ukuthi ukudla kwethu kuvelaphi. Zama ukuthola ukuthi yikuphi okukhumbulayo.



Usuku:



Masifunde

Izitshalo zisipha izinhlobo eziningi zokudla. Yonke imifino, izithelo nokusanhlamvu kuvela ezitshalweni. Zisisiza ukuhlala siphila ngoba zinamavithamini, amaminerali, amaphroteni, amakhabhohayidrethi, uwoyela nefayibha. Ngisho ishokoledi ivela ezitshalweni ezisanhlamvu.



Masibhale

Bhala incwadi uyibhekise kulowo ovame ukukwenzela ukudla. Sebenzisa amagama avela ohlwini olusencwadini yakho:

impuphu iphalishi ithanga izambane ibhotela lamantongomane
isinkwa ikhekhe uletisi isaladi amapetshisi ama-aphula ikhabe



othandekayo

Ngiyabonga _____

Ngithanda ukudla _____

Angithandi ukudla _____

ngoba _____.

Uzokwazi yini ukungenzela _____.

Ukudla okuvela ezitshalweni kuhle ngoba _____.



Masikhulume

Buka lezi zithombe ukhulume nomngani ngokwakheka kwezitshalo.

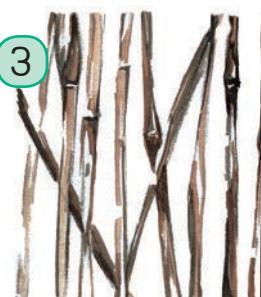
1



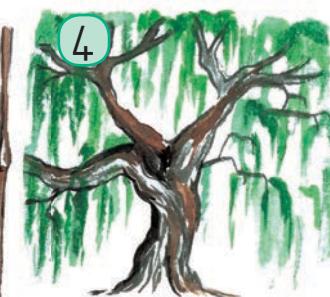
2



3



4



Izitshalo – umoba noshukela

Amasonto /



Masifunde

Ushukela uwukudla esikudingayo ukuze sihlale siphilile. Kunezinhlobo ezahlukahlukene zikashukela esizithola ezithelweni. Isithombe esingemuva ngezansi sikhombisa amasimu amakhulu omoba KwaZulu-Natali.



Masifunde

Umoba yisitshalo eside esibukeka njengoqalo.

Ukhula kahle esimeni sezulu esingasolwandle. Umoba udinga ilanga eliningi nemvula. ENingizimu Afrika, esifundazweni iKwaZulu-Natali kunalolu hlubo lwasimo sezulu lapho umoba ukhula khona kahle.



Masenze lokhu

- Bheka izithombe zezinsimbi zomculo uthisha wakho azokukhombisa zona.
- Lalela izitayela ezahlukahlukene zaseNingizimu Afrikauthisha wakho azozidlala. Chaza okulandelayo:

- Isigqi samaculo
- Ingabe siyashesha noma siyanensa
- Ukwenyuka komculo
- Umculo ukwenza uzipwe kanjani
- Yiziphi izinsimbi zomculo ongazihlonza



Masiqhubekе

Qeda isifundo somdlalo wenselelo owakhiwe nguthisha wakho. Uthisha wakho uzokukhombisa ukuthi ungawujijima kanjani umdlalo wokugijima ngemilenze emithathu.

Usuku:

Buka lesi sithombe somoba. Qaphela lezi zingxenye zesitshalo:

Isiqu eside esinombala wegolide; amakhasi amancane amade; isiqu esinamalunga; izimpande eziyisixha ezingaphansi enhlabathini.

Umoba uthatha izinyanga eziyi-14 kuya kwezingama-24 ukhula ngaphambi kokuthi ulungele ukuvunwa. Isiqu sawo sinoshukela ongafani uma usesesiqwini nalo esiwusebenzisa emakhaya!



Nikeza lezi zithombe izinombolo ukuze zilandelane zikhombise ukuthi ushukela ukhiqizwa kanjani.



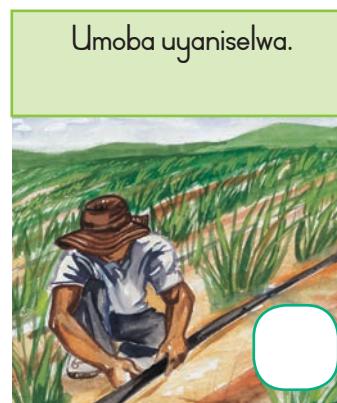
Amasimu alinywa ngawogandaganda.



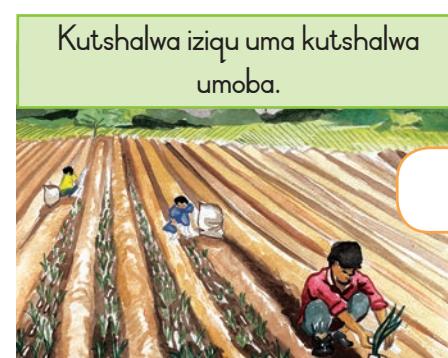
Esigayweni umoba ukhanywa eziqwini ukhishwe uju. Ushukela uyahlanzwa ulungele ukuthi siwuthenge.



Umoba uyavunwa uboshwe izinyanda.



Umoba uyaniselwa.



Kutshalwa iziqu uma kutshalwa umoba.



Umoba uyathuthwa usiwa esigayweni.



Umoba uyafika esigayweni.



Umhlaba – esikuthola kuwo

Amasondo 2

IThemba 4



Masifunde

Ethemini edlule ufunde ngomhlaba.

Uyiplanethi esihlala kuyo.

Umhlaba usinika eziningi izinto
kwasizidingayo.

Umhlaba wembozwe wumoya. Lo moya
une-oksijini esiyidingayo ukuze siphile.

Umhlaba unengxenye okuyiyo esihlala kuyo
eyinhlabathi esiyibiza "ngoqweqwe" lomhlabathi ophezulu
esitshala kulo ngoba lunokudla kwezitshalo. Inhlabathi lena inezinye izingxenye
eziyitshe, izintaba. Enhlabathini sithola igolide, idayimane, iphetroliyamu kanye
namalahle.

Phezu kwalolu qweqwe kunezilwandle. Olwandle sithola izilwane ezifana nezinhanzi.
Lubalulekile futhi ulwandle ngoba kulo kuhamba imikhumbi ethwala impahla nabantu.



Masenzeni lokhu



Sebenzisa ulwazi olungenhla ukudweba isithombe somhlaba.

Sebenzisa noma luhlobo luni lokubhala – ungabhalo ngepensela,
ngamakhrayoni, ngoyinki kanye nangopende. Cabanga futhi izinto
ongazisebenzisa ezifana nephepha, izinkinobho, amagobolondo,
amakhasi omile kanye nezimbali. Ungasebenzisa nezinto ongakaze
uzisebenzise nakanye, ezintsha nje empilweni yakho.





Masikhulumu

Sewufundile ukuthi ukudla kuvelaphi. Ninomngani wakho fakani uphawu (✓) ekudleni kokulandelayo okuphuma enhlabathini ngqo:

ama-aphula	
ubhekeni	
ushizi	
inyama yemvu	
amaqanda	
isikwashi	
amasi	
imifino	
amawolintshi	
amapetshisi	
uphisi	

Dweba umugqa usuke egameni uye esithombeni esifanele. Yini ongayisho ngohlu lwakho?



Masiqhubeke

- Yakha amagwebu ebhakedeni lamanzi.
- Faka ikhanda lakho emanzini imizuzwana emi -3 ngenkathi ubambe umoya, Vula amakhala namehlo akho.

Yenza sengathi uyabhukuda

- Lala ngomhlane bese ukhahlela izinyawo
- Lala ngesisu bese ukhahlela izinyawo
- Yima ngezinyawo bese ushwiba izandla sengathi ubhukuda ngomhlane
- Manje shwiba izandla kube segathi ubhukuda ngesifuba.



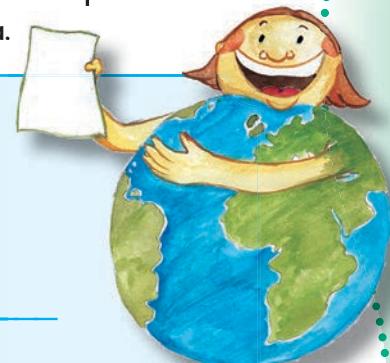
Masibhale

Bhala ipharagrafu uyibhekise emhlabeni uwubonge ngezinto okupha zona.

Bhala umusho owodwa uwethembise ukuthi uzowunakekela.

Mhlaba othandekayo

Ngiyakubonga _____



Ngiyethembisa ukuthi _____



Umhlabo – ubumba nezitini



Masifunde

Umhlabo unezinhlobo eziningi
zenhlabathi. Kukhona ewubumba.
Eminyakeni eyizinkulungwane abantu
basebenzisa inhlabathi ewubumba
ukwakha izitini abakha ngazo imizi.



Masenzeni lokhu

Dweba izinto
ezimbili ezakhwa
ngezitini.



Masibhale

Phendula le mibuzo.

Kungani izitini zingafani ngombala?



Kungabe izitini zakhiwa ngobumba kuphela?



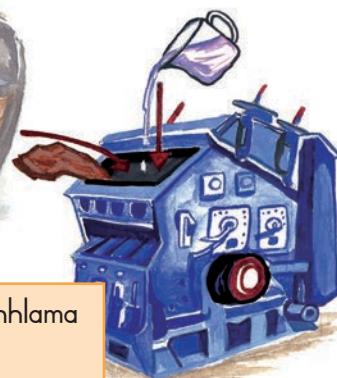
Masibhale

Nikeza lezi zithombe izinombolo ezilandelana ngokufanele ukukhombisa ukuthi sizakha kanjani izitini.

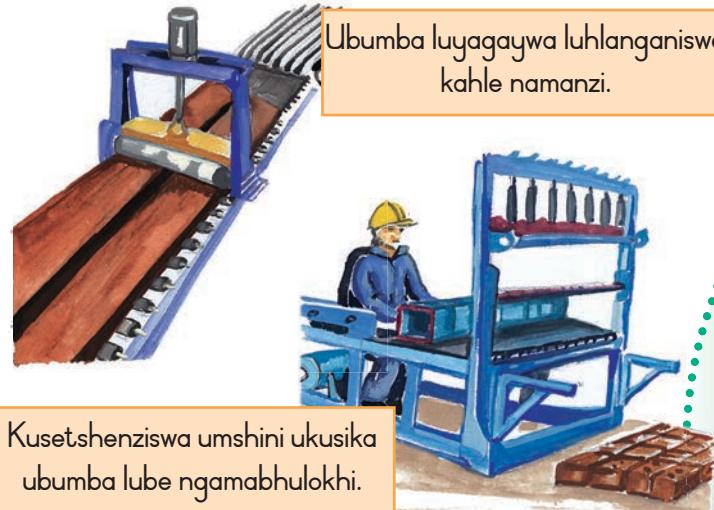
Usuku:



Ubumba luyambiwa.



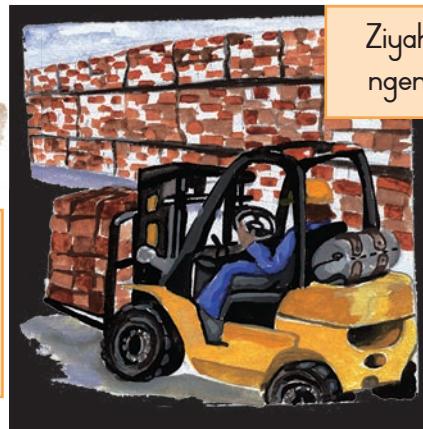
Umeshini usika imicwi yenhlama yobumba.



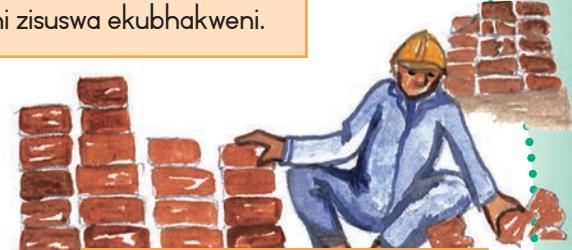
Kusetshenziswa umshini ukusika ubumba lube ngamabhulokhi.



Izitini esezomile zibhakwa endaweni yokubhaka. Ubumba olungamabhulokhi luyomiswa.



Ziyahlungwa zihlelwe kahle izitini ngenkathi zisuswa ekubhakweni.



Izitini zibekwa esinye phezulu kwesinye zilungiselelwa ukuthengiswa.

Nikeza le miso izinombolo ukuze ilandelane kahle ikhombise ukuthi sizakha kanjani izitini.

	Ziyahlungwa zihlelwe kahle izitini ngenkathi zisuswa ekubhakweni.
	Ubumba luyagaywa luhlanganiswe kahle namanzi.
	Kusetshenziswa umshini ukusika ubumba lube nagmabhulokhi.
	Ubumba lumbiwa ngemishini.
	Izitini zibekwa ngendlela efanele zilungiselwa ukuthengiswa.
	Izitini esezomile zisendaweni yokubhaka ziyabhakwa.
	Kunomshini olusikayo ubumba oluhalanganisiwe.
	Ubumba olungamabhulokhi luyomiswa.



Izikhukhula nokudinga sikwenze

Amasono 3

IThemba

Inhlekelele yinto emané yenzeke enomthelela ongemuhle kubantu nakwindalo. Inhlekelele ingadala ukufa kwabantu abanigi nomonakalo omkhulu. Izinhlekelele eziningi zidalwa yimvelo njengomoya nemvula. Singenza isibonelo ngezikhukhula eziza ngemuva kwezimvula ezinkulu.

Nabantu bayakwazi ukudala inhlekelele. Isibonelo, ukushiya ikhandlela livutha ubusuku bonke kungaholela emlilweni omkhulu.



Masikhulume

Buka lezi zithombe uxoxe nomngani wakho ngazo. Esithombeni ngasinye yisho ukuthi kungani okwenzekayo ufanele ukukubiza ngenhlekelele.

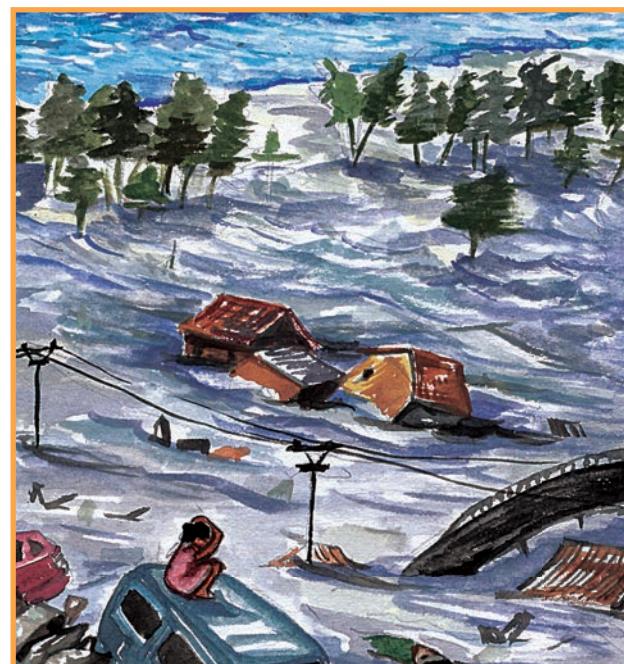
Yibhale phansi imibono yakho.

Uthisha wakho uzobhala uhlu lwezimpendulo zenu nonke ebhodini.

Khuluma ngalokho okubona esithombeni. Shono ukuthi luhlobo luni lwenhlekelele etshengiswa esithombeni.

Masifunde

Izinhlekelele



Usuku:



Masifunde

Funda udaba lwehlekelele yezikhukhula kuleli phephandaba. Zifundele uwedwa kuqala. Fundani ipharagrafu ngamunye ngamunye ninomngani wakho niphimisele. Shintshanani ngokufunda. Uma ufunde ipharagrafu, umngani akafunde enye.

Izikhukhula zenza umonakalo

ESchmidtsburg

ngoMgqibelo

14 Masingana 2011

Kufe abantu abayi-14, kwatakulwa abangama-45 behliswa ezhlahleni nasophahleni enyakatho yedolobha laseCape Town.

Le nhlekelele yenzeke emva kwemvula enkulu ene ngoLwesihlanu. Line kakhulu kunendlela abantu abebelindele ngayo.

Bekuyisichothe esikhulu kunazo zonke kusukela ngowe-1985. Kufe abantu ababili ngenkathi bezama ukuwela ebhulohweni lapho izimoto zabo ziye zemuka khona.

Amaphoyisa, abacishimlilo kanye nabezempi basebenze kanzima betakula abantu. Amaphoyisa asazama ukuthola izihlobo zabatholakele namanje.

Banigi abalahlekewi yikho konke abanakho emakhaya abo. Izindlu ezisezindaweni eziphansi eduze nemifula zihlangabezane nomonakalo omkhulu.

Abanye kwabathintekile bekuyilabo abangazange bathobezi izexwayiso zamaphoyisa.



Iningi kalinakudla kalinazingubo. Bonke bahlezi emasontweni nasemahholo noma nabangani neminden iemye yabo.

Kuzothatha izinyanga eziyisithupha ukulungisa umonakalo. IMeya yendawo icele bonke abantu ukuthi babambisane.



Masibhale

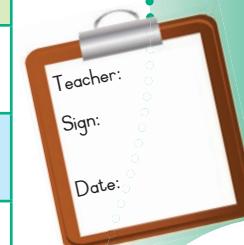
Phinda ulufunde udaba ephephandaben. Sewungaphendula le mibuzo.

Yenzeke kusiphi isifundazwe inhlekelele?

Iqale nini imvula?

Ngabe livamile izulu ukuna kuleli dolobha?

Kungani abantu abanigi bengenakho ukudla?



Teacher:
Sign:
Date:

Masifunde

Umlilo uba khona uma kuhlangana izinto ezintathu, okuyilezi:

- into ebamba umlilo, kungaba wukhuni olomile
- ukushisa okungaba yilangabi elivelu kumentshiso
- igesi ebizwa nge-oksijini esemoyeni



Zonke lezi zinto ezintathu kufanele zibekhona ngesikhathi esisodwa. Uthi bewazi ukuthi umlilo ngeke uqhubeka nokuvutha uma ungekho umoya ohlanzekile one-oksijini?



Masibhale

Uthisha wakho uzokhanyisa ikhandlela bese ebeka ingilazi engenalutho phezulu kwalo. Bheka ukuthi kuzokwenzekani.



Kwenzeka kanjani lokhu?
Bhala umusho owodwa
encwadini yakho yokubhalela.



Masikhulume

Wena nomngani wakho tholani izimpendulo zale mibuzo:

Kungani ilangabi licishile ekhandleleni?

Kuzofanelu ukuthi wazi impendulo yalo mbuzo uma kufanele wenze umlilo. Kungani?

Uthisha wakho uzolalela zonke izimpendulo asho ukuthi yiziphi ezinhle kakhulu.



Masikhulume

Khulumani eklasini ngezinto ezishayo uma kunomlilo. Khulumani futhi ngezitholakala ekhaya kulezi ezishayo. Yimuphi umyalezo eniwuthola kule nkulomo eningawuyisa emakhaya mayelana nokuphepha emlilweni?

Usuku:



Masibhale

Bhala phansi izimpendulo esikhali esivulekile kuleli thebhula:



Izinto esizithola emlilweni

Esikwenzelwa wumlilo:	Indlela esingakusebenzisa ngayo:
Ukushisa	Impendulo yakho:
Ukukhanya	Impendulo yakho:



Masifunde

Imililo ingalimaza ibulale izinto eziningi.

Nikeza uthisha wakho incwadi ophendulele kuyo abone izimpendulo.

Imililo yasesigangeni mihle ngesinye isikhathi, ngoba isiza izitshalo ukuthi zikhule. Kodwa emibi yileyo elimaza izitshalo nezilwane. Ivama ukuholela ekugugulekeni kwenhlabathi kanye nasekunukubezenkeni komoya.



Kubuhlungu ukwazi ukuthi ngabantu abanganaki laba abashisa imililo abavame ukuba yi-9 kwabayo-10 (abangaphezulu kwama-90%).



Sonke sidinga ukufunda ukuthi singayivimbela kanjani nokuthi singenzani uma kunemililo eyingozi. Ngozi yini engavelela umfana okwesokudla?

Wenzeni engafanele?

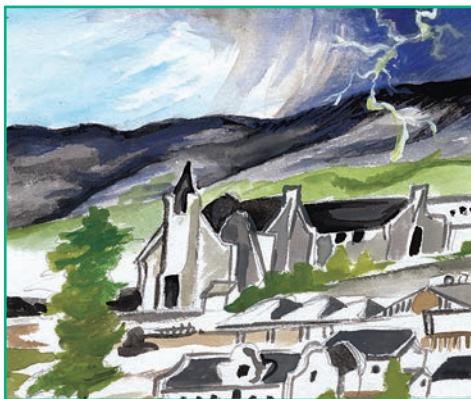
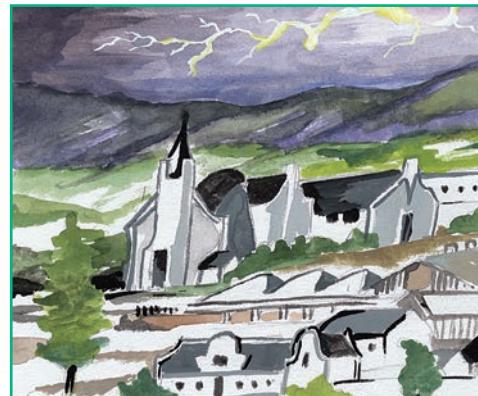
Masenze lokhu

- Sika izithombe zabantu emaphapha bhukwini.
- Yakha isithombe se kholaji lapho izitho zemizimba yabantu zidluladlulana.





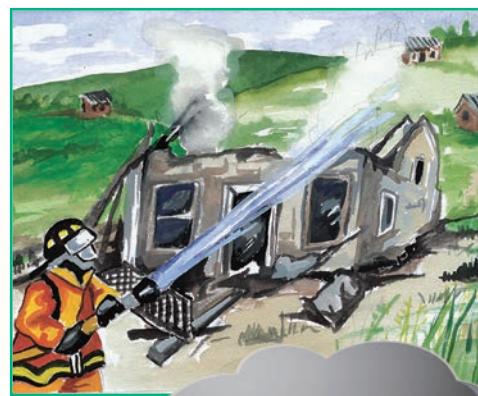
Ngesinye isikhathi uma uthinta into eyinsimbi njengesivalo, ungezwa umsinjwana kanye nokubanjwa wugesi kancane. Kungenxa kagesi owakheka emzimbeni wakho bese udlulela entweni eyinsimbi uma uyithinta.



Imibani esiyibona uma kuduma izulu iyingozi ngokufanayo. Kwakheka ugesi emafini, bese udlulela kwelinye ifu (buka isithombe ngenhla) noma udlulele emhlabeni (buka isithombe kwesobunxele).

Ukuduma okuzwa emva kombani umsindo ofanalalo owuzwa uma uthinta insimbi bese kudlula ugesi osemzimbeni wakho. Owezulu mkhulu.

Minyaka yonke kunabantu abangama-30 ababulawa wumbani eNingizimu Afrika.



Nansi imithetho emithathu yokuzibeka ethubenilokuphepha uma kuduma izulu.

Uma utholwa yisichotho esinokuduma kwezulu khumbula lokhu:

- Ungalingi ucashe ngaphansi kwesihlahla noma eduze kocingo olubiyile.
- Ungacashi emgedeni.
- Uma usemfuleni, edamini noma edamini lokubhukuda, phuma masishane uma ukwazi!



Masikhulume

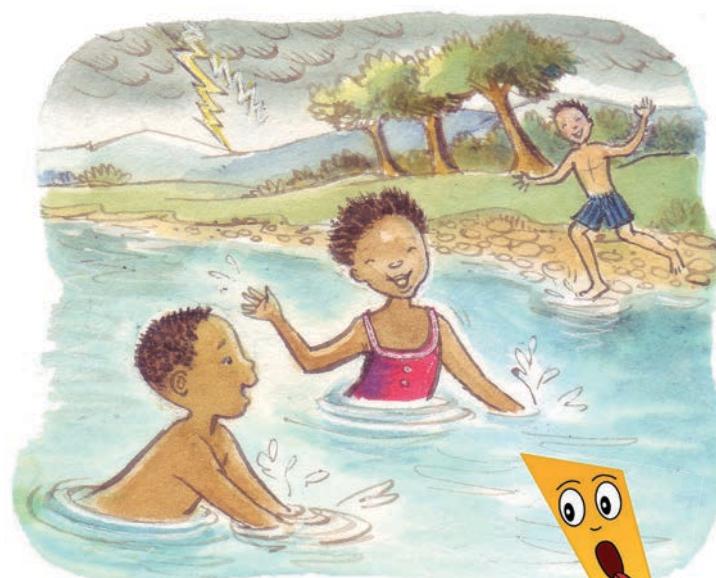
Xoxa nomngani wakho ngesithombe.
Yisho ukuthi kuyingozi ukuba kulezi
zinto ezibaliwe uma kuduma izulu.



Masenzeni lokhu



Phinda ubhekisise imithetho
emithathu yokuphepha uma
kuduma izulu. Khetha owodwa.



Yenza iphosta etshela abantu ukuthi bangaphepha kanjani kulokho uma kuduma izulu.

Iphosta yakho kumele:

- ibe namagama
- ibe nemihlobiso okungenani emibili
- kuzwakale kalula okushoyo



- Lingisela ngomzimba wakho izinhlobo zombani ezisethombeni. Yima kanjalo imizuzwana eyi-10.
- Guquka ulingisele olunye uhlolo lombani, ume kulo imizuzwana engama-20. Yima ubhekane ubuso nobuso nomngani wakho, yena uzobe eguquka kancane kancane elingisa izinhlobo zemibani. Yenza akwenzayo kube sengathi umi esibukweni.
- Zimele wedwa futhi.
- Nyakazisani imizimba yenu masinya kube sengathi niyimbani vele. Ziphindaphindeni lezi zinto enizenzayo.



Masikhulume

Manje zithokozise ngomdlalo webhola lomphebezo, uphebeze ibhola isandla sivulekile uphinde uliphebeze isandla sivalekile.

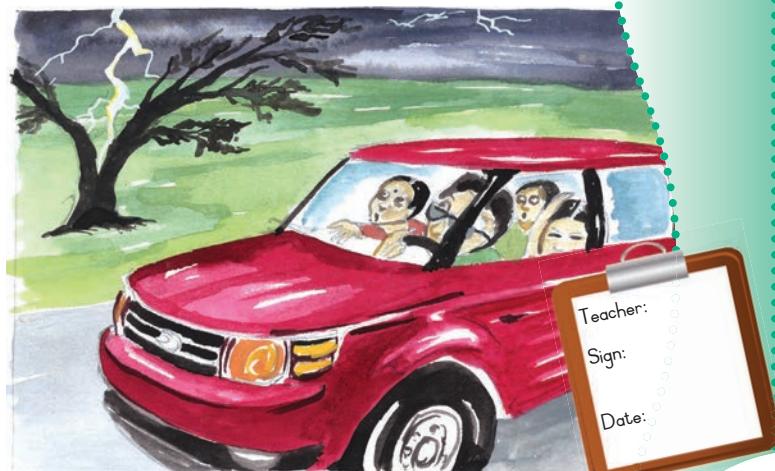
Kungabe kuphephile ukuba semotweni uma liduma izulu? Xoxa nomngani wakho ngalokhu.

Ucabanga ukuthi izulu liyashaya kibili endaweni eyodwa?

Xoxani ngale mibuzo eklasini.

Usuku:

Masiqhubeke



Teacher:
Sign:
Date:



Isichotho nesivunguvungu

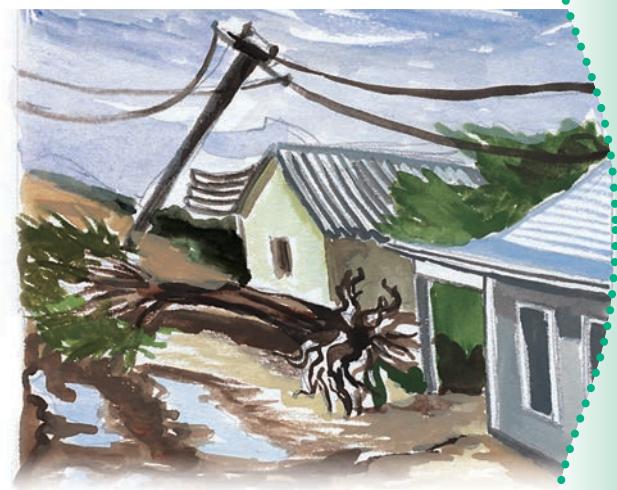
Ngakubona okukhulu!

Kwahlangana amafu ayethusa athatha usuku lonke ebumbana. Ubaba ngambona elalela izindaba emsakazweni. Sezwa ukuthi kuzoba nomoya omkhulu nemvula enkulu. Kwafika amaphoyisa ezosifundisa ukuthi kumele senzeni uma kufika isichotho esikhulu. Ubaba wathatha isikhwama seplastiki wafaka ithoshi lakhe, umsakazo omncane kanye namaphepha akhe. Umama wapakisha izingubo ezanele izinsuku ezimbili, wazipakisha esikhwameni. Ugogo wafaka amaphilisi akhe esikhwameni esincane, wayesesilengisa esihlakaleni. Saphatha amanzi enele ngamabhodlela.

UBaba wasika igatsha elikhulu lesihlahla ebelilengela phezulu kwendlu. Savala amafasitela, kwathi ubaba wanamathisela amaphhepha ezingilazini zamafasitela, washayela amapulangwe ngezinye izipikili. Kuthe uma kuhlwa, laqala ukuna imvula enkulu. Umoya wavunguza kakhudlwana, uzwakala ukuthi unejubane.



Usuku:



Kuthe uma sibona amanzi eseqala ukudlula ngejubane emnyango, kwafika abasebenza kwaMasipala namasaka enhlabathi begqoke amajazi emvula. Sasingasethukile lapho, suka! Uphahla Iwezwakala luklayeka, aqala ukuvuza amanzi. Kwakudlula umzuzu ube munye kuwe okuthile ophahleni.

Kwathi kusuka kwakuzwakala into iphahlazeka ngomkhulu umsindo. Asazi ukuthi uphahla Iwasuka nini, sabona selungasekho!

Sazemboza ngamasaka amnyama emakhanda, saphuma endlini sabaleka. Sasihamba sicashela izinto ezazipheshulwa wumoya. Isibhakabhaka sasilokhu sibenyezelwa ngenxa yombani.

Sagijima odakeni saphikelela ehhola lomphakathi. Baningiabantu esabafica sebebuthene khona.

Ekuseni ngakusasa, kwakubonakala umonakalo wodwa ngaphandle.

Izinkukhu zethu zazingaziwa ukuthi zikuphi, inkomo nayo ibalekile.

Leso sichotho sashiya kukhalwa ezindaweni eziningi ngenxa yomonakalo. Nasedolobheni kwakuphihlizeke izinto. Saba nenhlanhla ukuthi sisinde.



Masikhulume

Yenzani lendaba umdlalo.

La magama alandelayo ayincazelo yezinhlobo zezulu elinomoya:

Isichotho: wumoya onamandla olimaza yonke into

Isivunguvungu: wumoya ozungezayo, phakathi kuwo kuthulile

Inkanyamba: wumoya onenkani ophendukayo endaweni encane

Yiluphi uhlobo kuleziocabanga ukuthi yilo oluhlasele iminden?

Yenzeni iminden ukuzivikela singakaqali isichotho?



Ukunyikima komhlaba

Amasonto 5

IThemba

Masifunde

Ukunyikima komhlaba kwenzeka uma ingxenye ethile yoqweqwe lomhlaba inyakaza masinya ize ivevezele.

Lokhu kuvevezela kwakha amagagasi agijima oqweqweni lomhlaba adale ukuthi kube khona ukuvevezela kwenhlabathi nezinto ezikuwo – yikho-ke lokhu kunyikima komhlaba esiyaye sikuzwe futhi sikubone.

Ukunyikima komhlaba kuyalimaza kubulale kwenze umonakalo omkhulu nasezakhiweni.

**Masifunde**

Nazi izinto ezibalulekile ngokunyikima komhlaba. Hlalani ngamaqembu abahamba ngaba-4. Shintshanani ngokuthi nifunde niphimisele.

- Kunabantu abayi-10 000 abafa ngokunyikima komhlaba minyaka yonke.
- Kuyisi-8 kokuyi-10 ukunyikima komhlaba okwenzeka ezindaweni ezisondele olwandle iPacific.
- Ukunyikima komhlaba ngaphansi kolwandle kuvame ukuholela emagagasini amakhulu agijima ngesivinini esikhulu aholela kwitsunami.
- Itsunami ihamba ibanga elide ngejubane elingaba ngama- 960 km ngehora ihamba ngaphansi kwamanzi.
- Amanye amatsunami angaphakama abe ngamamitha ayi-15.
- Itsunami enkulu kunowo wonke yenzeka zingama-26 kuDisemba 2004.
- Yalimaza amazwe ayi-11 asondelene nolwandlekazi i-Indian.
- Kwaba nenyi ngomhla ziyi-11 kuMashi 2011 eJaphani.
- Ukufa kungavinja uma abantu bebanohlelo lwezinhlakelele zokuzamazama komhlaba. Bangakha izakhiwo ezishibekela ezinhlangothini uma



- kunokuzamazama komhlaba kunalezo ezidilikayo.
- Kungaveka ukufa kwabantu uma bengahlala bekulindele ukunyikima komhlaba, noma uma bengakha izakhiwo ezivuma ukutenga kunokuphiliha.
- Ngomhla zingama-29 kuSeptemba 1969 kwaba khona ukunyikima komhlaba okwakkahlameza iCeres, iTulbagh kanye neWolseley eNtshonalanga Kapa.
- Ukunyikima komhlaba okukhulu kangako akuvamile kuleli laseNingizimu Afrika.
- ITheku, uMgungundlovu kanye neKapa ngamadoloba aseNingizimu Afrika lapho ukunyikima komhlaba kwenzeka kambalwa khona.
- Kusukela ngoFebhuwari ngowe-2010 isifunda sase-Augrabies eCharthern Cape sesihlaselwe izikhashana eziningana wukunyikima komhlaba okuncane. Kuneziteshi ezibhekene nokunyikima komhlaba ezingama-26 eNingizimu Afrika ezimsebenzi wazo ngukusiqwashisa ngezingozi zokunyikima komhlaba.



Masenzeni lokhu

Usuku:

Buka ibalazwe lomhlaba. Bhala lokhu okulandelayo ebalazweni.

- 1 Ulwandlekazi lapho kunokunyikima komhlaba okwenzeka khona.
- 2 Isifunda lapho kwaba netsunami enkulu khona ngoDisemba 2004.
- 3 Izwe lapho itsunami yahlasela khona ngomhla ziyi-11.
- 4 Idolobha eNyakatho Kapa eliyaye libe nokunyikima komhlaba.
- 5 Elilodwa emadolobheni aKwaZulu-Natali eliyaye libe nokunyikima komhlaba.
- 6 Indawo eCharthern Cape enohlobo oluncane lokunyikima komhlaba.

Ungalifaka imibala lonke ibalazwe ngamakhrayoni.



Teacher:
Sign:
Date:

Izilwane ezisisizayo: isingeniso

Amasono 6



Masikhulume

Buka lezi zithombe ubone ukuthi ziwusizo kanjani lezi zilwane.



IThemba -



Masifunde

Kudalo, abantu baqala ukusebenzisa izikhumba zeziwane ukwakha izingubo zokuzivikela emoyeni kanye nasemakhazeni.



Kamuva bathola ukuthi bangawusebenzisa uvolu ovela ezimvini nakwezinye izilwane ukwakha izingubo. Lezi zingubo zazithe ukuba lula nokuba ngcono kunezesikhumba. Kamuva bathola ukuthi bangawusebenzisa uvolu ovela ezimvini nakwezinye izilwane ukwakha izingubo.



Usuku:

Sisebenzisa izikhumba zezilwane ezahlukahlukene sakhe izinto ezifana nezikhwama, izikhwama zemali kanye nezicathulo.



Ezinkulungwaneni ezedlule zeminyaka izilwane zaziyimidlwembe. Eminyakeni eminingi izilwane ezifana nezinja, amakati, izimvu, amahhashi nezinkomo kwayeka ukuba yimidlwembe. Namuhla izilwane zasepulazini zinemikhqizo eminingi ezisinika yona.



Iminenke kasilika isipha usilika, ezenza ngawo indwangu ekhethekile nethambile.





Izinyosi zisinika ukudla nezingubo

Amasono 6



Masifunde

IThemba



I

Themu

L -
numu

Izinyosi zenza uju nekhekheba lezinyosi bese zisiza abalimi ukukhiqiza izithelo. Izinyosi zihlala ezidlekeni zazo. Ezinye zezinyosi ziyahamba ziyolanda impova (ipholeni) nompe (inektha) ephuma ezimbalini. Lokhu ziyakuthatha zikuyise esidlekeni sezinyosi.

Umpe luphiwa izinyosi ezincane, bese kuthi umpe kwensiwe ngalo uju oludliwa yizinyosi ezindla. Izinyosi zigcina uju nempova ekhekhebeni loju.

Ikhekheba loju lenziwa ngamafushana asakhandlela aphuma emzinjeni wezinyosi.

Abafuyi bezinyosi bona baqoqa uju olungakwazi ukusetshenziswa yizinyosi njengokudla.

Uju lunempilo futhi siludla nesinkwa noma ngephalishi.



Sisebenzisa amafutha ezinyosi ukwenza imikhqizo eyahlukahlukene njengalena:

- amakhandlela
- amakhrayoni
- insipho
- upholishi wefenisha
- izimonyo
- okokuvikela isikhumba
- upholishi wemikhqizo yesikhumba njengezicathulo.

Usuku:

Izinyosi ziwusizo kakhulu nazo kithi, njengoba zilekelela
izitshalo eziningi zabalimi ukuthi zenze ukudla okusha
kanye nembewu entsha, ziphinde ziveze izithelo
okumila kuzo ezinye izitshalo futhi.

Cishe izingxene ezintathu zokudla esikudlayo
ziyazuza uma izinyosi zithutha imbewu
ezitshalweni. Okukodwa kokuthathu ekudleni
esikudlayo kwakheka uma izinyosi nezinye
izinambuzane zithungatha umpe. Kumele
uziqapheli izinyosi. Uma zikuntinyela kuba buhlungu kakhulu.



Masibhale

Ngabe lawa mazwi aliqiniso noma aliphutha? Beka uphawu (✓) esikhaleni
esifanele. Uthisha wakho uzokunika izimpendulo.

	liQiniso	yiPhutha
Udosi lwenyosi alubuhlungu.		
Izinyosi ziyayisakaza impuphu yezimbali ngenkathi zindiza.		
Abalimi bantshontsha yju eziludingayo izinyosi.		
Izinyosi zoju sezijwayele ukuhlalisana nabantu.		
Uju luwushev uma lufakwa ekudleni okushisayo.		
Isitaputapu sezinyosi siyazicwebezelisa icicathulo.		
Isitaputapu sezinyosi asiwavimbi amanzi angangeni ezicathulweni.		
Uju luyababa.		
Uma izinyosi sezilwenzile uju ziyasichitha isitaputapu.		
Izinyosi ziyanda manje ngenani.		





Izinkukhu zisinika ukudla nezingubo



Masifunde

Izinkukhu zingaphansi kweqembu lezilwane ezibizwa ngokuthi iPoltri.



Lezi yizilwane ezinamaphiko esezipajwayele abantu.

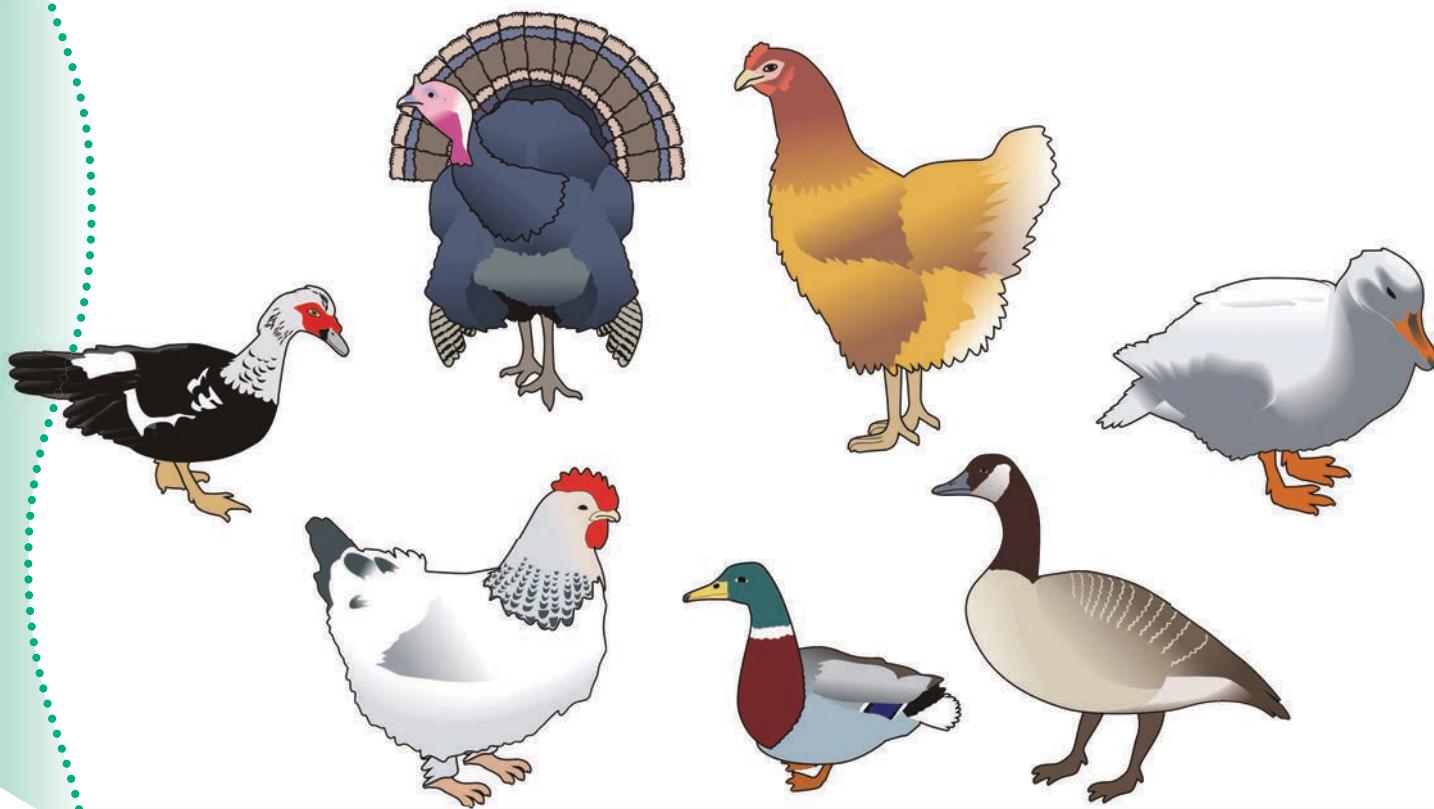
Sithola amaqanda, inyama kanye nezinsiba ezilwaneni ezinamaphiko ezifuywayo. IPoltri ixube izinkukhu, amakalikuni namajuba, izinkwali, kanye nezinyoni zamanzi njengamadada namahansi.

ENingizimu Afrika kunezinkukhu ezingama-950 ezigidi ezikhinqizwa minyaka yonke zikhinqizelwa amaqanda nenyama. Abantwana baseNingizimu Afrika abenza ibanga lesi-3 bangaphindwa ka-1000 ukufinyelela kuleli nani.



Masikhulume

Bheka lezi zithombe bese uxoxa nomngani wakho ngazo.
Yiziphi ezisipha amaqanda esiwadlayo?





Masibhale

Usuku:

Buka lezi zithombe bese ukokelezela ukudla esikuthola ezinkukhwini.
Manje bheka ukudla okusala ngaphandle usho ukuthi kuvela kuziphi izilwane.



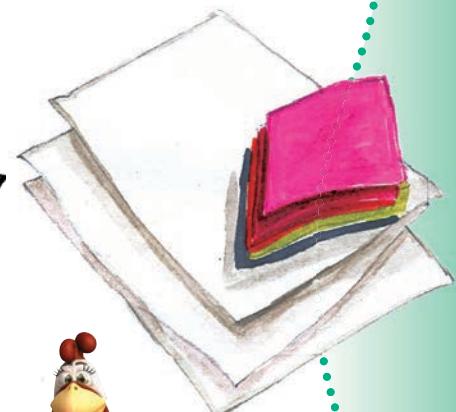
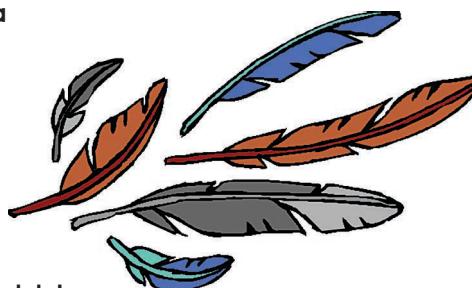
Masenzeni lokhu

Khetha uhlobo lwenyoni ongayenza ngokuhlanganisa amaphepha. Bheka imibalabala eyahlukahlukene

kanye nokuma kwamaphiko ayo. Bheka umzimba wayo futhi ubheke nezitho ezahlukene zomzimba wayo. Khetha ukuthi yikuphi ofuna ukukugqamisa.



Masiqhubeke



- Zelule njengeqhude uma lizilungiselela ukukikiliga.
- Shaya futhi ubhakuze amaphiko njengezinyoni ezahlukahlukene.
- Hamba njengezinhlolo ezahlukahlukene zezinyoni.
- Zihlukaniseni ngamaqembu amabili.
- Iqembu eliodwa eloheshane elinye iqembu elamazinyane. Oheshane bagijima benze izikokela ezinkulu bevule amaphiko, bezama ukuhlwitha amachwane. Amachwane abalekela esikhukhukazini esingunina. Shintshanani ngokulingisa.



Izinkomo zisinika ukudla nezingubo

Amasonto 7

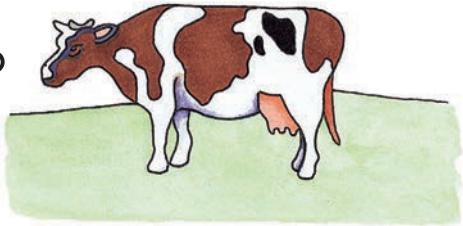


Masifunde

Luelaphi ubisi lwethu?

Ngabe uyazi ukuthi ubisi lufika kanjani emakhaya ethu?

Make sifunde lokhu ngalo.



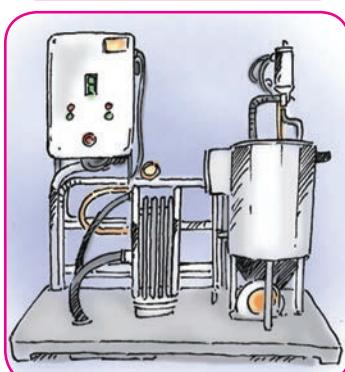
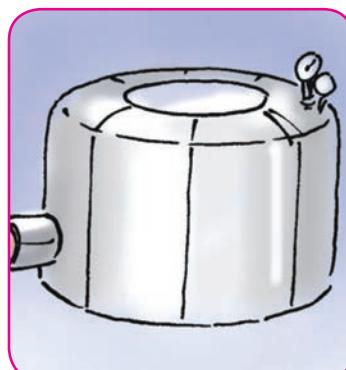
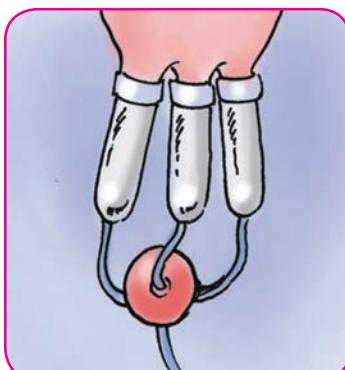
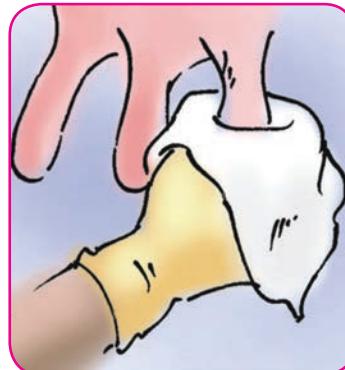
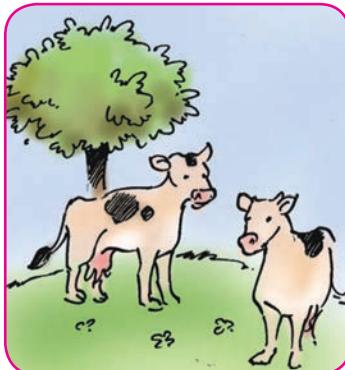
IThemu 4



Masikhulume

Buka lezi zithombe bese uxoxa nomngani wakho ngazo.

Indlela esithola ngayo ubisi





Masikhulume

Usuku:

Ukusenga akukuphela kwento esiyenza enkomeni. Yiziphi ezinye izinto esizithola ezinkomeni? Wena neklasi bukani uhlu lwakho.



Masenzeni lokhu

Efreyimini ngayinye, dweba umkh iqizo owenziwe ngobisi.
Bhala igama lomkh iqizo ngezansi k wesithombe ngasinye
osidwebayo.







Uma kudlula ubusika, izimvu azibudingi uboya bazo obuluqqinsi ukuzigcina zifudumele. Ngakho-ke lesi yisikhathi esihle kakhulu sokuzigunda! Uboa bemvu sibusebenzisela izinhlobonhlobo zeziimpahla zokuggoka ezisifudumezayo. Sikwazi ukweluka amajezi ngewuli, futhi siyakwazi ukusebenzisa iwuli ukwenza izindwangu ezithambile, ezifudumele.

Sinezinhlobo eziningi zeziimvu eNingizimu Afrika; uhlobo olubaluleke kakhulu yiMerino, yiBlinkhaar-ronderib Afrikaner, iDorper kanye neDormer. Isithombe esikuleli khasi siyaziveza ukuthi zinjani.



Uhlobo lwemu yeMarino luningi eNingizimu Afrika.

Izimvu zisinika ukudla nezingubo



iBlinkhaar-ronderib Afrikaner iluhlobo lwemu yaseNingizimu Afrika. Iqinile, ihlala iphile kahle ngisho nasesimweni esingesihle.



iDorper yimvu etholakala eNingizimu Afrika

iDormer itholakala eNingizimu Afrika.
Iwuli yayo ithanda ukuqina.



Siwenza kanjani uvolو

1. Umlimi nabasizi bakhe bagunda izimvu ngesandla noma ngomshini.		2. Uvolو ubekwa etafuleni uhlelwe ngobude nokuthi muhle kanjani.	
3. Uvolو uyelulwa bese wenziwa amabhele.		4. Uyawashwa ukuze uhlanzekе.	
5. Uyaphothwa.		6. Uphinde songwe, welulwе, welukwе.	
7. Manje sewulungele ukwenziwa indwangu.		8. Ufakwa udayi.	
9. Wenziwa iwuli enganithwa ibe amajezi.		10. Amajezi asezothengiswa ezitolo.	



Xoxa nomngani wakho. Yiziphi ezinye izinto izimvu ezinokusisiza ngazo thina bantu?

Masidlale
• Uthisha wakho uzokufundisa ukudlala ikhilikithi yabancane.



Izinja ziyasisebenzela

Amasonto 8

IThemba - L



Qhathanisa

Izinja eziningi zingabangani babantu, zihlala nathi emakhaya. Empeleni kunemisebenzi eminingana eziyenzayo. Dweba umugqa uqondanise inji nomniniyo.



Izinja zamaphoyisa zihogela izidakamizwa zilandele umkhondo wezigebengu ukusiza amaphoyisa.



Izinja ezhola abantu zibakhombisa indlela abantu abangaboni.



Izinja zezimvu ziyelusa zenze izimvu ukuthi zingahlukani.



Izinja eziqaphayo zivimba izigebengu.

Izinja ezizingelayo zitholela abazingeli izinyoni nezinyamazane.

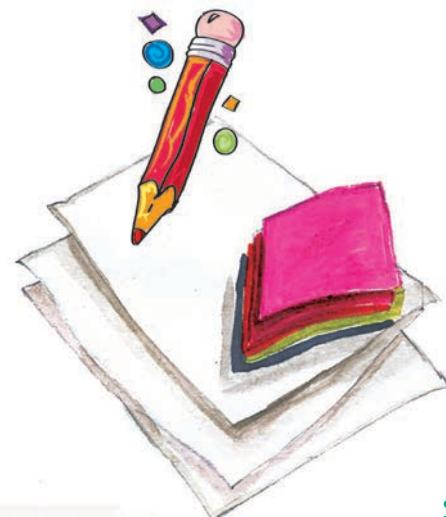




Masenzeni lokhu

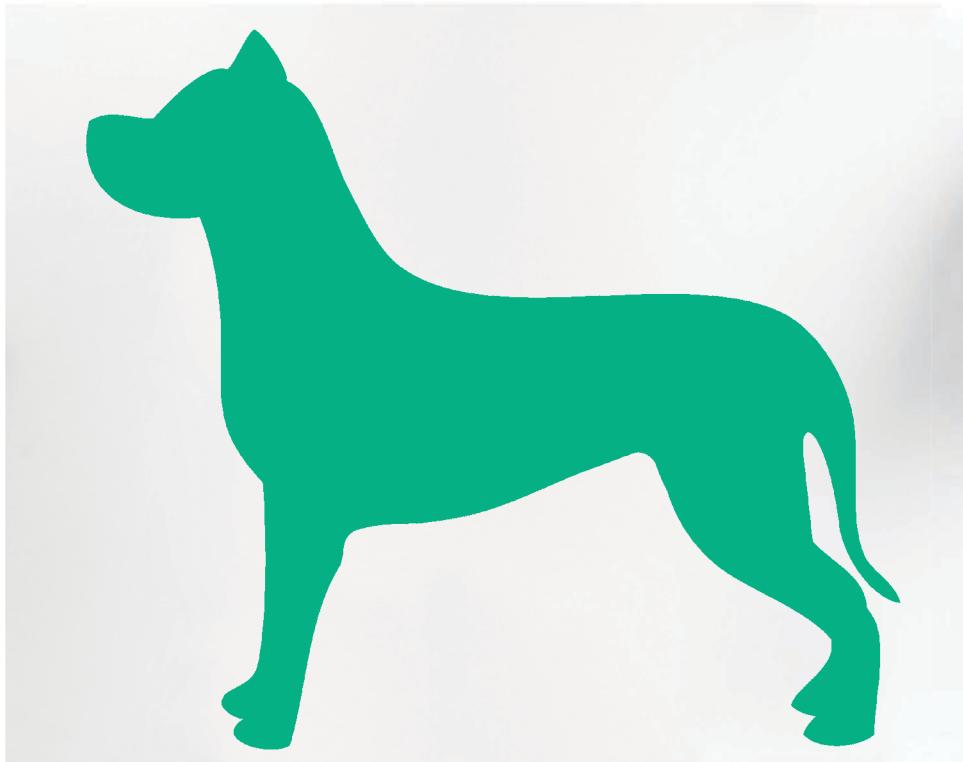
Yenza isithombe esiyisithunzi somngani
womuntu oyinja.

Usuku:



Udinga lokhu:

- iphepha eliyimibala emibili engafani
- isikele
- ipensela
- iglu



- Dweba inja enkulu kwelilodwa lamaphepha. Qiniseka ukuthi isithombe sigcwalisa lonke iphepha.
- Sewungayisika inja yakho uykhiphe ephepheni.
- Yinamathisele manje kuleli elinye iphepha.
- Dweba amehlo enja, ufake ikhala nomlomo namazinyo ngamakhrayoni.
- Hlobisa isithombe sakho ngendlela oyithandayo. Khumbula ukuthi umbala omnyama nowolintshi iyafanelana, isebenza kahle ukwenza isithombe sibe nesigqi.



Izimbongolo ziyasisebenzela

Amasonto 8

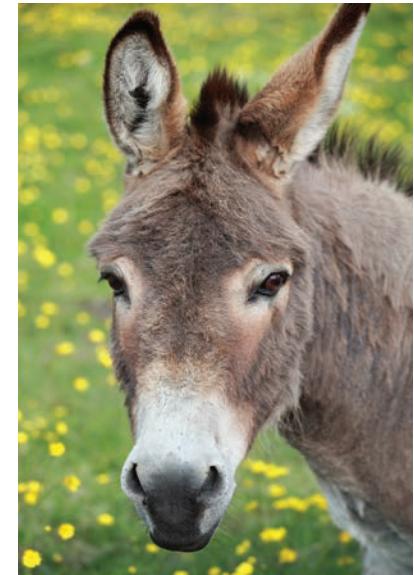
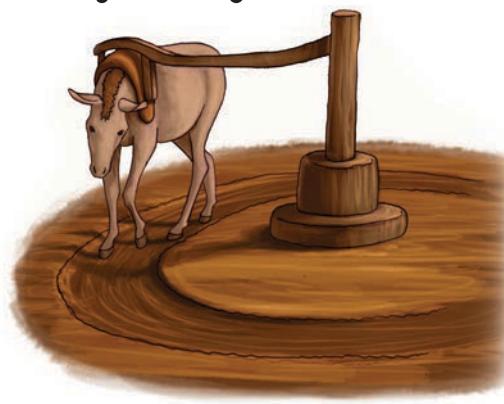
IThemba



Masibhale



Bheka izithombe bese ubhala umusho ngesithombe ngasinye usho ukuthi isetshenziswa kanjani imbongolo.



Masifunde

Izimbongolo zaqala ukusiza abantu eminyakeni eyizinkulungwane eziyisi-6 edlule. Zithwala abantu emhlane nezinto zabo ezisindayo.

Ziyalima emasimini. Ziphampa amanzi.

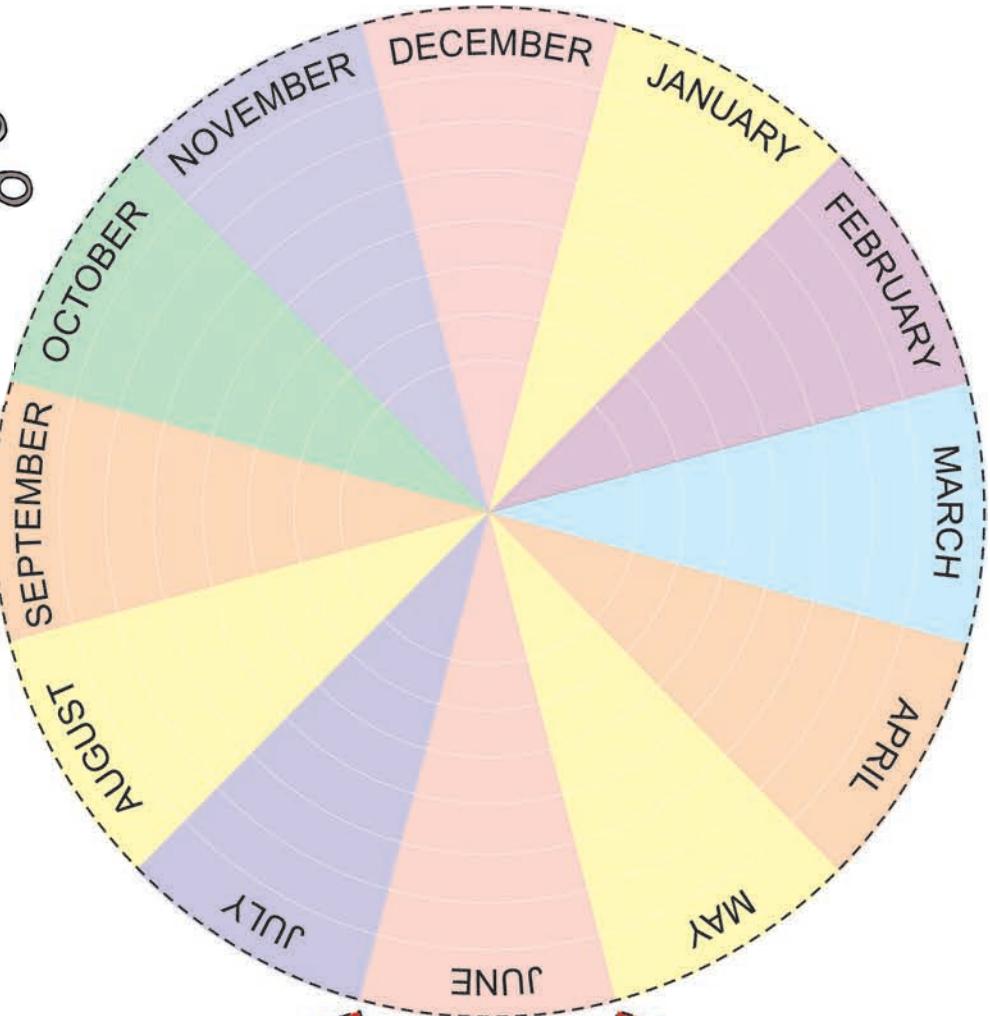
Zonke lezi zinto zisenzeka nanamuhla. Kunezimbongolo eziyizigidi ezingama-41 emhlabeni. Lokhu kusho ukuthi ingane nengane eNingizimu Afrika ingaba nezimbongolo ezintathu iyinje.



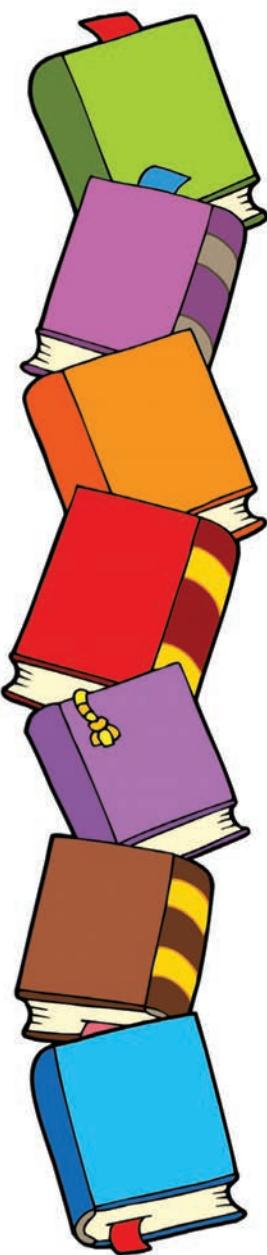
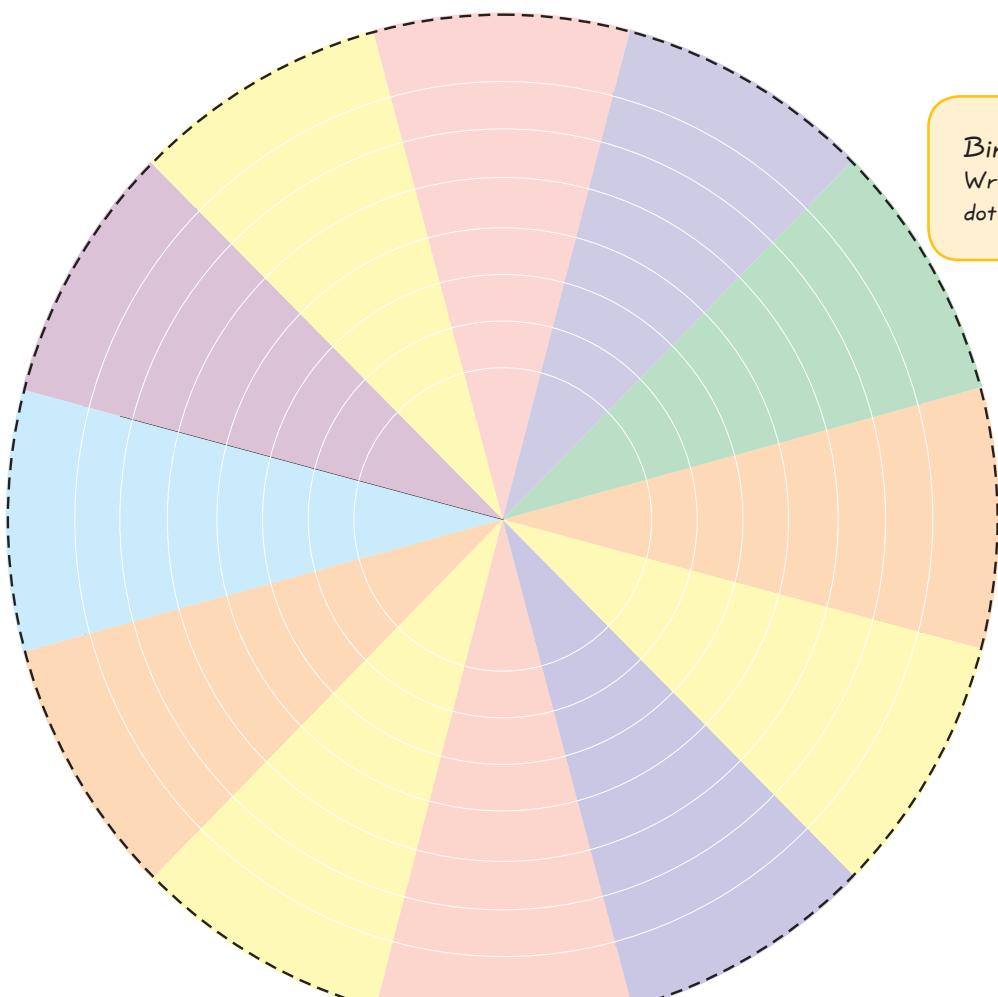
Birthday Wheel:

Cut out the two circles and the wedge shape. Put the top and bottom together using a split pin. Write the birthdays of your family and friends in the correct months on the birthday wheel.

On the back you can write the months in your first language.



Birthday Wheel:
Write the 12 months on the
dotted white line.



Step 1: Cut all around on the black line

DEF



ABC

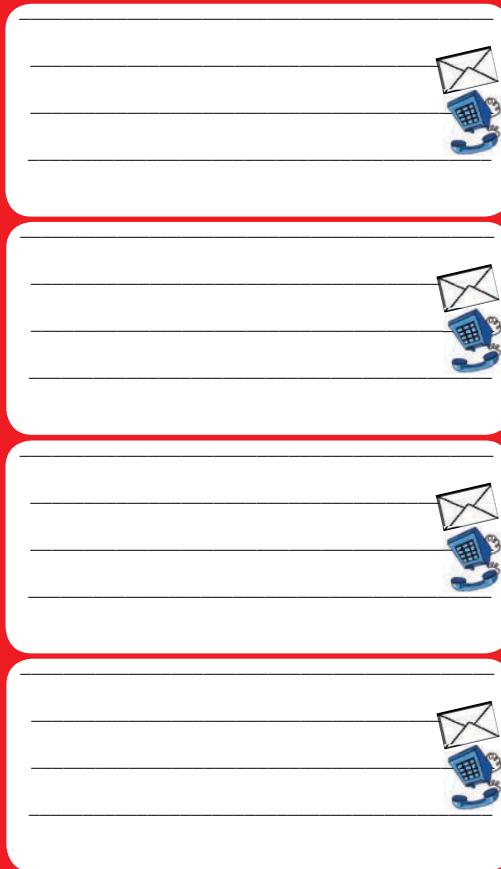


Step 2: Fold on the dotted line

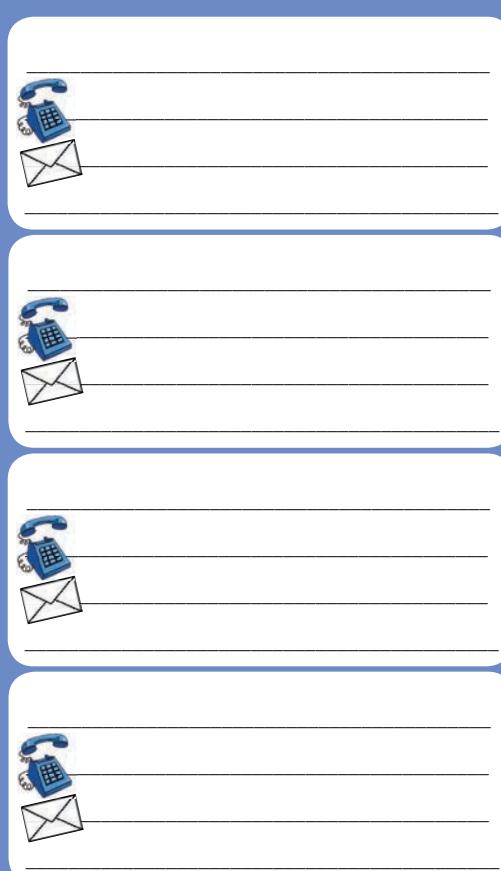
Step 5: Cut off on the yellow line

Step 7: staple your book in the middle

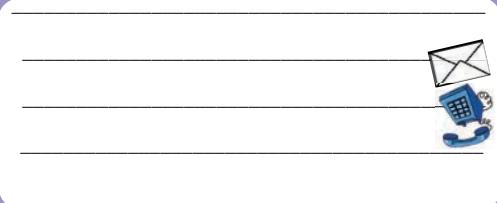
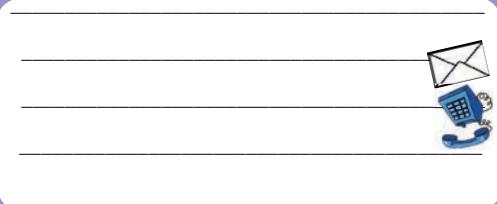
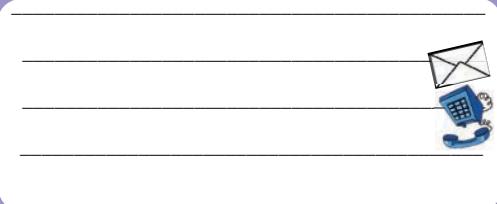
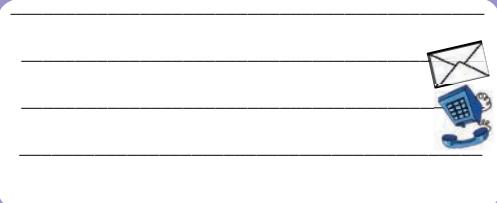
OPQR



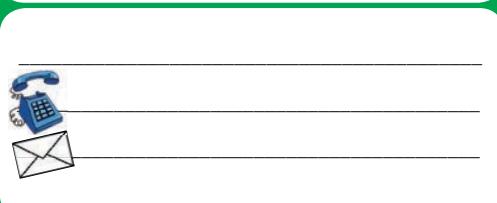
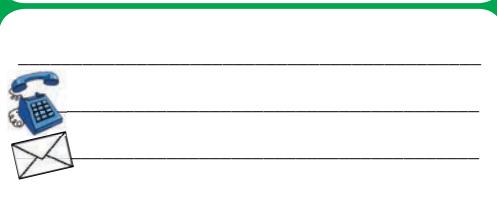
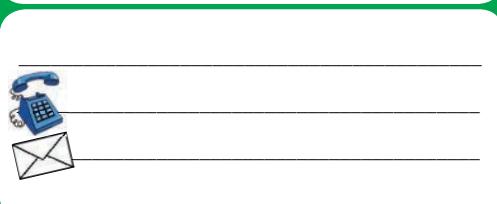
STUV



KLMN



ZYYW



三
H
G

My Telephone and Address Book



This book belongs to: