



Ukubuyekzwa
ihlaliswe
ngokweisiTatimende
somThetho-kambiso
weKharikhyulamu
nokuHlola

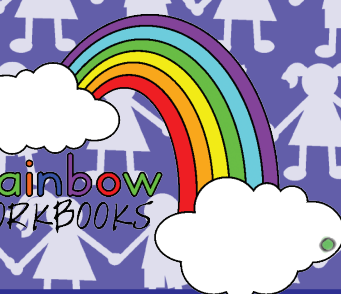
IGreyidi



AmaKghono wePilo ngesiNdebele Incwadi 1 Ithemu 1&2



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LIFE SKILLS IN ISINDEBELE
GRADE 1 – BOOK 1
TERMS 1 & 2
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UKkz. Angie Motshekga,
nguNgqongqotjhe
weFundo-Sisekelo



UNom. Enver Surty,
liSekela lakaNgqongqotjhe
weFundo-Sisekelo

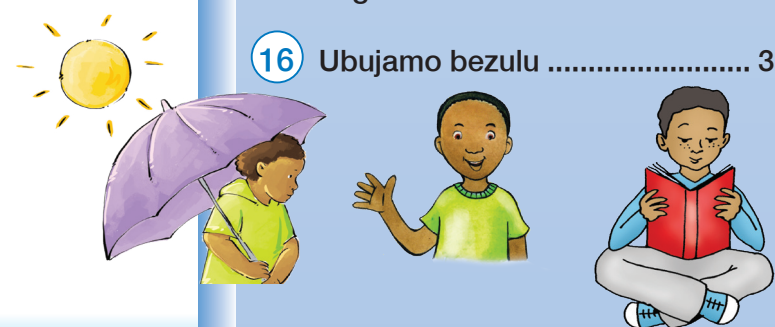
Iincwadi lezi zenzelwe abantwana beSewula Afrika ngaphasi koburholi bakaNgqongqotjhe wezeFundo-Sisekelo, uMma u-Angie Motshekga kanye neSekela lakaNgqongqotjhe wezeFundo-Sisekelo, uNom. Enver Surty.

Iincwadi zokuSebenzela zakwaRainbow ziyingcnyene yeendlela ezinengi zomNyango wezeFundo-Sisekelo wokungenelela onqophe ukuthuthukisa ukusebenza ngcono kwabafundi beSewula Afrika emagreyidini wokuthoma asithandathu. Njengamanye wamaHlelo womBuso aphuma phambili, iphrojekthi le isekelwe ngeemali ezibuya esiKhwameni seeMali seLizweloke. Lokhu kusize umNyango ukukhupha iincwadi zokusebenzela lezi ngawo woke amalimi asemthethweni ngaphandle kweendleko. Siyathemba kobana nizokufunana iincwadi zokusebenzela lezi zilisizo khulu ekufundiseni kwenu kwangamalanga nokuqinisekisa kobana abafundi benu bayayiqeda ikharikhyulamu.

Sitjheje khudlwana ukuhlahla abotitjhere komunye nomunye umsebenzi ngokusebenzisa iinthombe ezitjengisako bonyana ngikuphi umfundi amele akwenze.

Siyathemba kobana abantwana bazokuthabela ukusebenzisa iincwadi lezi njengombana bakhula bebefunda nje begodu wena titjhere uzokwabelana nabo ithabo lokufunda.

Sinifisela ipumelelo ekusebenziseni iincwadi lezi.



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IGreyidi 1



AmaKghono wePilo
ngesiNdebele
Incwadi yoku-I



Incwadi le ngeyaka:





Mina



Ithemu-1 – Iveke-1 – Iphepha lokusebenzela



Asenzi lokhu

Namathisela isithombe sakho
nofana ugwala isithombe
sakho ngapha.



Ibizo lami ngingu



_____.

Isibongo sami ngu

_____.

Ngineminyaka e _____
ubudala.

Amalunga womndeni wami

_____.

Inomboro ye khaya
yomtato ithi:

_____.

Isiphande sami sithi:



Ngiyazi ilanga lami
lamabeletho kobana linini.

iye

anginasiqiniseko

awa





USabelo udlala kuhle ibholo erarhwako.

Gwala okuthileko ozaziko kobana ukwenza kuhle.



Cocela abangani bakho kobana yini ongakghona ukuyenza kuhle. Penda ngaphakathi kweenkwekwezi ezingemabhoksini ukukhombisa kobana yini ongayenza kuhle.

Asikhulume



Ngiyakwazi ukufunda.



Ngiyakwazi ukuzembathisa.



Ngiyakwazi ukutlola.



Ngiyakwazi ukudansa.



Ngiyakwazi ukwenza itiye.



Ngiyakwazi ukutlubha nokuhlamba amazinyo wami.



Utijhere:
Thikila:
Ilanga:



Imibala nokudansa

Ithemu-1 – Iveke-1 – Iphepha lokusebenzela

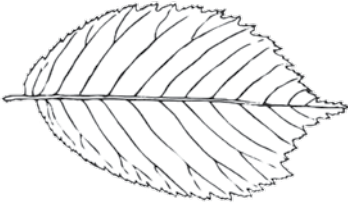


Asenzeni lokhu

Uyayazi na imibala elandelako? Tjela umngani wakho kobana ibizwa ini imibala elandelako le.



Kwanjesi penda isithombe ngasinye ngombala ofaneleko.

		
Ibhanana elisarulani	Ihabhula elibomvu	Ijeresi ehlaza kwesibhakabhaka
		
Isambreni semibalabala	Ilamune eli-orentji	Ikari elihlaza kotjani



Asithuthuke

Ngaphambi kobana nenze umsetjenzana wangaphandle, thomani ngokuzilula njengokatsu. Lokhu kuzokwenza imizimba yenu kobana iluleke beyisikinyeke kühle. Nasele niqedile ukwenza umsetjenzana lowo, ziluleni ukuze niledlhe benipholise imizimba. Lokhu kuzonisiza kobana ningezwa ubuhlungu bemisipha. Kwanjesi yenzani lokhu okwenziwa bantwana laba.

Vuma "Ihloko namahlombe" lokha nawu:

- yenza kwangathi udlala ipiyano.
- yenza kwangathi udlala igatara.



Ilanga:



Ukuzithabisa

Betha izandla zakho ngendlela elandelako.



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha



Ukubetha

Ukubetha Ukubetha Ukubetha Ukubetha Ukubetha



Asenzeni lokhu

Uyakwazi ukwenza izinto lezi ezilandelako? Tjengisa abangani bakho.

Ngiyakwazi ukugijimela mahlangothi woke
ngingatjhayisani nomuntu.



Ngiyakwazi ukweqa intambo yomdlalo
weqathulo.



Ngiyakwazi ukugeda ibholo ekulu ngiyigedele
emnganini wami.



Utityhere:
Tlikitla:
Ilanga:



Soke siqakathekile

Ithemu-1 – Iveke-2 – Iphepha lokusebenzela



Asikhulume

Qala isithombe bese ucocela abangani bakho ngomehluko owubona ebantwaneni laba.



Okukhulu nokuncani

Abanye bakhulu, abanye bancani.

Abanye bade, abanye bafityhanyi.

Abanye bayakwazi ukweqa, abanye bakwazi ukuvuma.

Kukhona okuthileko sisoke esingakwenza kuhle khulu?

Ngikuphi ongakwenza ngcono?



Asikhulume

Cocela abangani bakho kobana wazizwa bunjani ngelanga lakho lokuthoma esikolweni.

uthabile	udanile	uthabe khulu	usilingekile	uneenhloni



Asigwaleni

Cwala isithombe utjengise kobana **ungazizwa bunjani** lokha omunye nakangakupha ithoyisi. Tlola imizwa leyo esikhaleni esingenzasi.



Asikhulume

Tjela umngani wakho kobana kwenzakala ini esithombeni ngasinye. Yitjho kobana ungazizwa bunjani lokha lokhu nange kungenzeka kuwe. tshwaya ipendulo okungiyiyo.



Umntazana
omkhulu
ukwemuka izinto.



uthabile



uthabe khulu



uyalila

Wena nomngani wakho
nidlala ndawonye.



usilingekile



uthabile



uthukile



Uvula isipho.



uthukile



uthabe
khulu



uneenhloni

Umntwana wakwenu
wephule isidlalisi sakho
osithandako.



uneenhloni



uthabile



usilingekile



Asenzeni lokhu

Gadangisa umuno wakho phezu kwebhoksi lokuthoma, bese ubawa umngani wakho kobana naye agadangise umuno wakhe phezu kwebhoksi lesibili eliseduze.

Uthi bewazi na kobana akunamuntu ofana nawe ngemino egadangisiweko? Uqakathekile ngombana uwedwa tere ephasini mazombe. Namawele akanayo imino egadangisiweko efanako.



Ungakwazi ukubona bonyana imino egadangisiweko ayifani?

Ututjhere:
Thikila:
Ilanga:





Asikhulume

Qala isithombe sabantwana laba.
Abantwana bafana ngani?
Abantwana bahluke ngani?



Asenzeni lokhu

Qala isithombe lesi bese uyatjho kobana isitatimende lesi siliqiniso
nanyana simamala na.

Penda imitjho eliqiniso ngokuhlaza satjani.

Penda imitjho emamala ngokubomvu.



Boke banemikhono emi-2 nemilenze
emi-2.



Boke bantazana.

Boke bafake amanyathelo.



Boke bambethe amabhrugu.

Boke basese bentwana.



Boke baneenhluthu ezide.



Asigwaleni

Gwala isithombe sakho esikhaleni sokuthoma. Kwanjesi gwala isithombe somngani wakho omkhulu. Nasele ukwenzile lokho, qala eenthombeni ukuze ubone bonyana uhluke kangangani kunomngani wakho.

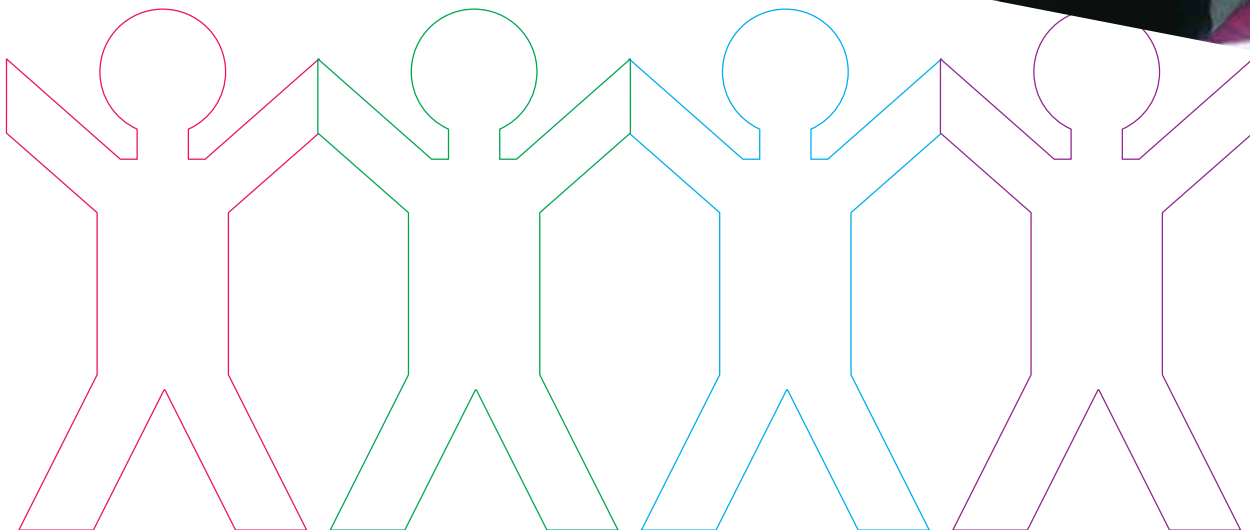


Mina	Umngani wami



Asenzeni lokhu

Penda ngaphakathi weketani le yobungani le utjengise kobana omunye nomunye uhlukile kunomunye. Nasele ukwenzile lokhu, ungasika ukhuphe iketani yobungani kibosika encwadini le.





Asivumeni

Ngaphambili kobana uvume ingoma yenza lokhu. Dosela umoya ngaphakathi khulu bese uwukhupha kancani kancani. Yenza kwangathi uvuthela ikeresi yekhekhe lelanga lakho lamabeletho. Yenza kwangathi uzwa amakhaza uthi, "tjhhhhhhhhhhh".



Imfenyana ezihlanu

Imfenyana ezihlanu, zeqayeqa embhedeni.

Enye yawa, yalimala ehloko.

Unina wabiza udorhoda.

Udorhoda wathi, "Akungasabi nefenyana ezokwegayega embhedeni!"

Imfenyana ezine, zeqayeqa embhedeni.

Enye yawa, yalimala ehloko.

Unina wabiza udorhoda.

Udorhoda wathi, "Akungasabi nefenyana ezokwegayega embhedeni!"

Imfenyana ezintathu, zeqayega embhedeni.

Enye yawa, yalimala ehloko.

Unina wabiza udorhoda.

Udorhoda wathi, "Akungasabi nefenyana ezokwegayega embhedeni!"

Imfenyana ezimbili, zeqayeqa embhedeni.

Enye yawa, yalimala ehloko.

Unina wabiza udorhoda.

Udorhoda wathi, "Akungasabi nefenyana ezokwegayega embhedeni!"

Ifenyana eyodwa, yeqayeqa embhedeni.

Yase iyawa, yalimala ehloko.

Unina wabiza udorhoderu.

Udorhoda wathi, "Akungasabi nefenyana ezokwegayega embhedeni!"

Khumbulani mfenyana kobana udorhoda utheni.
 "Akungasabi nefenyana ezokweqayega embhedeni!"





Asigwaleni

Gwala ubuso bakho.
Tjengisa amehlo wakho.
Tjela abangani bakho kobanyana uqaleka bunjani.



Asithuthuke

Yenzani isiqabo ngaphandle
kwetlasi njengalaso enisizana
kiso notitjhere.

Khwela phezulu kwesitulo
esinye weqele phezulu
kesinye.

Khasa ngamadolo ngaphasi
kwetafula.



Utitjhere:
Thikila:
Ilanga:



Ngiyazikhakhazisa ngesikolo sami



Asenzeni lokhu

Grwala isithombe sakho lapho wembethe khona ijiniyom yakho wesikolo. Zaliselela ngependulo okungiyi ngeenkhaleni.



Ngiya esikolweni nge

_____.

Isibongo sakatitjhere wami

_____.

Isibongo sakahlokokulu wami

_____.



Asitlale

Qalisisa iintombe. Ngemva kwalapho sika igama okungilo ulinamathisele eduze kwesithombe.











indlwana
yokuzithumela

itlasi

i-ofisi

umabhalana

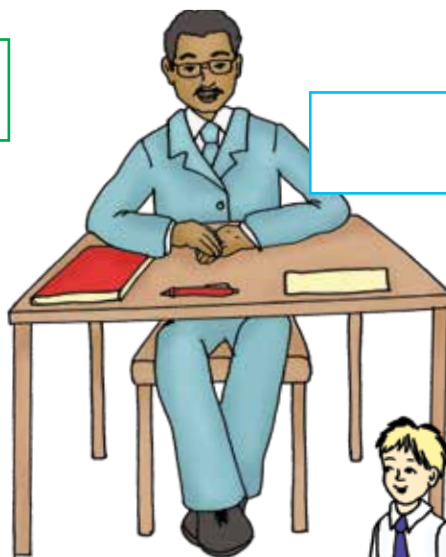
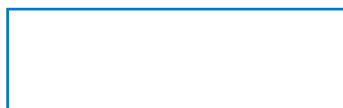
itatawu lokudlala





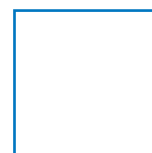
Asitlola

Bobani abantu abahlukeneko abasebenza esikolweni? Qalisani isithombe bese nicocisana ngokuthi bobani nokuthi benza miphhi imisebenzi. Ngemva kwalapho, sikani iinthombe okungizo bese nizinamathisela eduze kwesithombe okungiso. Hlathululela umngani wakho kobana ukhamba kunjani nawuya e-ofisini yaka hlokokulu, endlini yokuzithumela begodu nebaleni lokudlalala.



Ukuzithabisa

Isikhwama sakaJabu seempensela siwile. Bala kobana unamakhrayoni amangaki, bese utlola inomboro okungiyi ngebhoksini. Esiqetjhaneni sephepha, gwala isithombe usebenzise imibala ekhanyako. Utjengise kobana wena nomngani wakho nidlala kunjani. Gwala ifreyimu izombezele isithombe.



abentwana

ohlwengisako

utitjhere

uhlokokulu

Utitjhere:
Thikila:
Ilanga:



Ithemu-1 – Iveke-4 – Iphepha lokusebenzela

Iindawo ezihlukeneko



Asenzeni lokhu

Tjengisa abangani bakho bonyana uyakghona.

Zifihle ngaphasi kwento ethileko.



Ngizifihle ngaphasi kwetafula.



Sithela ngemuva kwento ethileko.



Jama phezulu kwento ethileko.



Jama eqadi kwento ethileko.



Asithuthuke

- Sebenzisa ibholo nanyana umgodlana onamatjana.
- Yiphosele phezulu bese uyayigenda.
- Kwanjesi thwala umgodlana onamatjana ehloko bese ukhamba phezulu komuda othaliweko.

Ngiyakwazi ukuphosa.				
Ngiyakwazi ukugeda.				
Ngiyakwazi ukuthwala umgodlana onamatjana ehloko.				





Asithuthuke

Gadangisa iinyawo zakho ngephetheni le elandelako.

Nc = Ngesinceleni

Si = Ngesidleni



Nc Si Nc Si Nc

Si Nc Si Si Nc Si Nc Si

Nc Nc Si Nc Nc Si Nc Si

Utijhere:
Thikila:
Ilanga:





8

Ithemu-1 – Iveke-5 – Iphepha lokusebenzela

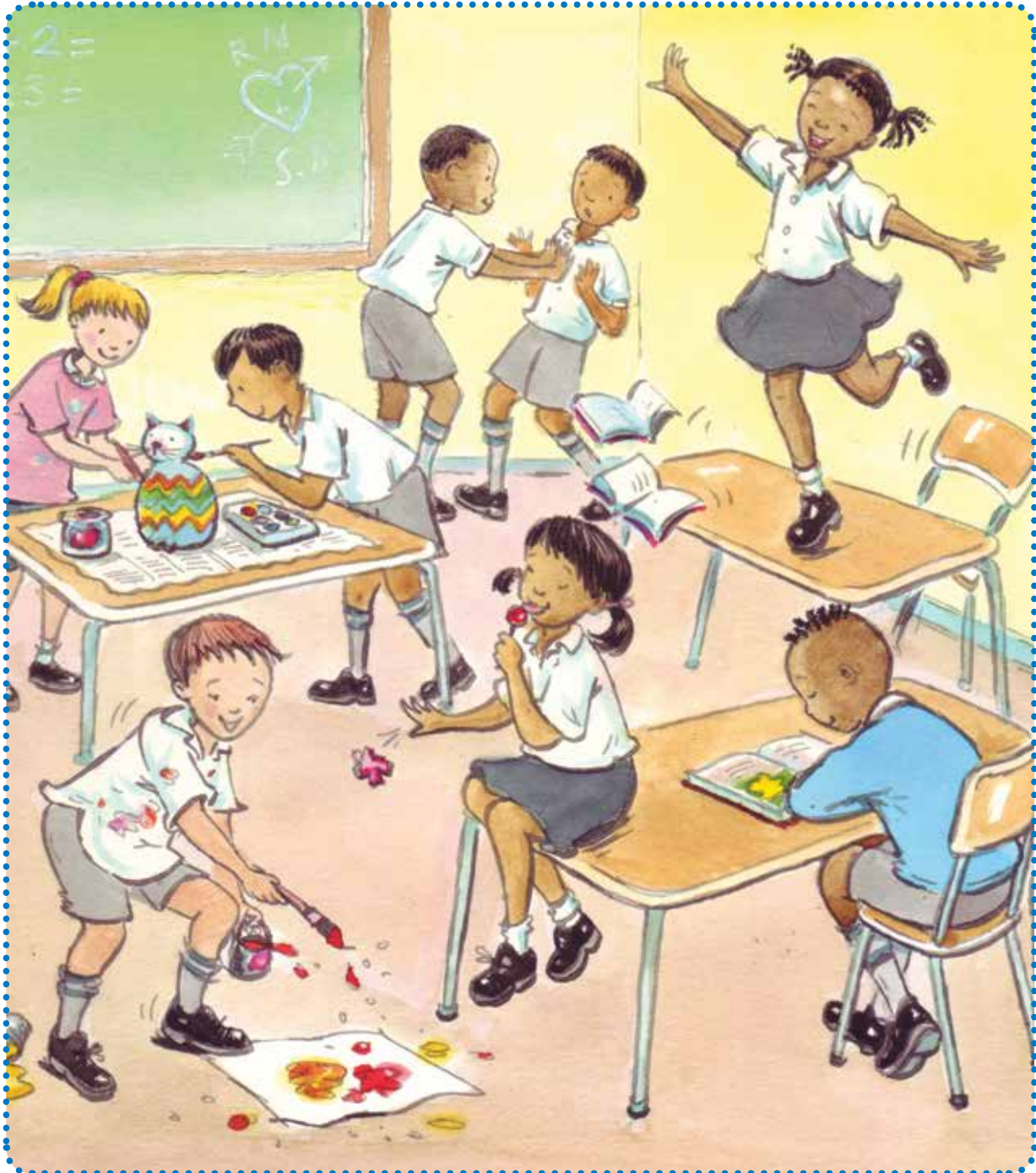


Asikhulume

Qalisisa isithombe lesi bese ucoca ngalokho okubonako.

Ngetlasini leli kunezinto ezimbi nezihle ezenzekako.

Ngimuphi umukghwa omuhle? Ngimuphi umukghwa omumbi?





Asikhulume

Gwala itshwayo lethiki eduze kwayo yoke imikghwa elungileko bese utlole isiphambano eduze kwayo yoke imikghwa emimbi eyenzeka esikolweni.



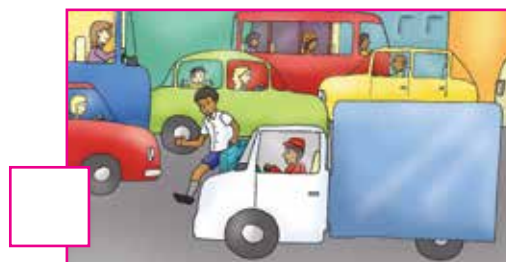
Indlela esikhamba ngayo nasiya esikolweni

Ithemu-1 – Iveke-5 – Iphepha lokusebenzela



Asikhulume

Uya bunjani esikolweni keline neline ilanga? Uphephile na? Kukhona iindlela ozaziko ezingakaphephi? Coca nabangani bakho kobana abentwana laba bakhamba bunjani nabaya esikolweni. ✓ Tshwaya ngethiki iindlela lezo eziphephileko eziya esikolweni. Beka isiphambano eendleni lezo ezingakaphephi ✗.



Ukhamba ngani nawuya esikolweni ekuseni? _____



Asenzeni lokhu

Kwanjesi buza abangani bakho babebahlanu kobana baya ngani esikolweni. Tshwaya ngethiki iindlela abazisebenzisako ekhadini elingenzasi.

Amabizo wabangani

ngeenyawo

ngebhesi

ngekoloyi/ngeveni



	1	2	3	4	5
ngeenyawo					
ngebhesi					
ngekoloyi/ngeveni					
				Iye	Awa



Asithuthuke

Ngingagijima umjikelezo wezig zeg.

Nangigijimako, ngingakghona ukutjhugulukela ngemahlangothini lapho utitjhere angilayela ngakhona.



Asenzeni lokhu

Gwala isithombe ukutjengisa kobana ukhamba bunjani nawuza esikolweni.



Asithuthuke

Lalela umvumo utitjhere wakho azokulalela wona.

Tjhideza umzimba wakho emdumeni womvumo.

Goba amadolo bese welula iinyawo zakho.

Sikinya amahlombe wakho aye phasi naphezulu.

Sikinya idini lakho liye ngesidleni liye nangesinceleni.



Asithuthuke

Wena nomngani wakho phosani benigede ibholo.

Sebenzisani izandla zenu eningakavamisi ukuzisebenzisa niphose ngazo ibholo.

Ngikwazile ukuphosa ibholo ngesandla sami
esingakavami ukusebenza?



Asithuthuke

Wena nomngani wakho lingisani
ingolovana nayikhambako.





10

Ngihlala ngihlwengekile



Asikhulume

Ingabe kuqathekile kobana ufundise imikghwa kabancani.
Lezi ngezinye zezinto ongazenza kobana uhlale uhlwengile begodu hlale uphilile.
Coca ngesinye nesinye isithombe.

Ithemu-1 – Iveke-6 – Iphepha lokusebenzela



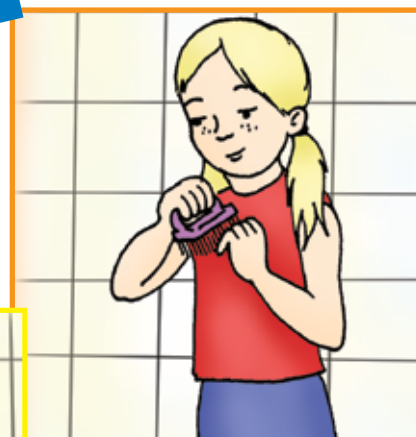
Ngitlubhe amazinyo.



Ngihlambe izandla zami.



Ngihlambe umzimba wami njalonjalo.



Ngigcine iinzopho zami zihlwengekile.



Ngisebenzisa ithitjhu lokha nangingendlwaneni yokuzithumela.



Ngihlanze isithelo ngaphambili kokusidla.



Sebenzise ithitjhu lokha nangifinyako nanyana ngithimula.

**Kufanele
ngi-**



Asitlolo

Ngikuphi okutlhogako kilokhu okulandelako ukuze uhlale uhlwengile?
Penda ngaphakathi kweenkwekwezi ezingemabhoksini ukutjengisa into
oyisebenzisako ukuze uhlale uhlwengile? Yitjho nokobana uyisebenzisa bunjani into
leyo ukuze uhlale uhlwengile?



Tshwaya utjengise kobana ungakghona ukwenza lokhu:	iye	awa
Ngingakhwelela isitepisi sejimi jangele.		
Ngingasebenzisa izandla zami ukutjhidela phambili.		
Ngingakhasa ngaphasi kwejimi jangele.		



Utijjhere:
Thikila:
Ilanga:



Imikghwa elungileko

Ithemu-1 – Iveke-6 – Iphepha lokusebenzela

Asifunde

Imikghwa elungileko yokusebenzisa indlwana yokuzithumela.

Khumbula



Nangabe usilaphazile, yihlanze ungayitjhiyi isilaphazekile.



Khumbula ukupula nanyana ukudosa ngemva kokusebenzisa indlwana yokuzithumela.



Vala umnyango njalo nawungendlwaneni yokuzithumela.



Ungasebenzisi ithitjhu enengi khulu.



Hlamba izandla zakho njalo njalo ngemva kokusebenzisa indlwana yokuzithumela.



Asitlola

Zungelezela igama elisitjela kobana sifanele ukusebenzisa nini izinto lezi ezilandelako.

Ukuhlamba iinhluthu zakho.



ngamalanga

ekuseni nantambama

kabili ngeveke

kanye ngeveke

Ukuhlamba amazinyo wakho.



ngamalanga

ekuseni nantambama

kabili ngeveke

kanye ngeveke

Ukuhlamba umzimba.



ngamalanga

ekuseni nantambama

kabili ngeveke

kanye ngeveke

Ukuhlamba ubuso.



ngamalanga

ekuseni nantambama

kabili ngeveke

kanye ngeveke

Utijhere:
Thikila:
Ilanga:





12

Ithemu-1 – Iveke-6 – Iphepha lokusebenzela

Ngiyazihlwengisa



Asithuthuke

Dlalani nilingise "uSimon uthi" notitjhere wakho.

Funyana indawo yakho ephephileko ukuze ungatjhayisani nabanye.

USimon uthi "thinta ihloko yakho".



Asitjengiseni

Tjengisa umngani wakho kobana ukwenza bunjani lokhu.

Hlamba izandla zakho.



Kama iinhluthu zakho.



Sula izandla zakho.



Hlamba amazinyo wakho.



Hlamba ubuso bakho.





Asithuthuke

Lingisa umdumo olandelako.

**Ngiyakwazi ukuwahla
izandla zami**

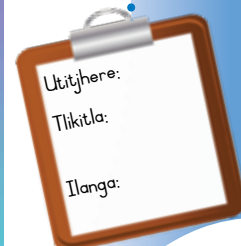
Nokubeka inyawo lami

**Ngiyakwazi ukusikinya ihloko
yami**

Nokujuguja imikhono yami

**Ngiyakwazi ukujama
ngamazwani**

Bengithinte ipumulo yami.



Asifunde

Khuyini esikutlhogako ukuze sihlale siphilile!

Ukudla
okunepiloUkuzithabulula
njalo njaloUkuhlala
sihlwengileUkubasendaweni
ebetha ummoyaUkulala okwaneleko
ingasikho
ukubukela khulu
umabonwakude!



Asitole

Khetha okukhambisana nemikghwa emihle yepilo ngokufaka itshwayo ithiki ✓ bese
ukhetha okukhambisana nemikghwa emimbi yepilo nangokufaka isiphambano. ✗





Asenzeni lokhu

Tjengisa kobana uzisebenzisa bunjani izinto ezilandelako.



isitlubho samazinyo



ibhratjhi yamazinyo

isibha



isizeso sezandla



itjhampu

ikama



ibhratjhi



ibhratjhi yamazipho



itlibhara yamazipho



Asithuthuke

Bambanani ngezandla nenze indulungu ekulu.

Kwanjesi dluliselanani ibholo endulungwini okungiyiyo.

Ngezelelani ngenye ibholo nayo niyidluliselane.

Ngezelelani ngebholo yesithathu nayo niyidluliselane.



Asikhulume

Yini eyenza indlu le isilaphazeke?

Yini okufanele uyenze ukuze uhlwengise indlu le?

Abantwana benza ini? Bafanele kobana benze ini ?



Utijhere:

Thikila:

Ilanga:



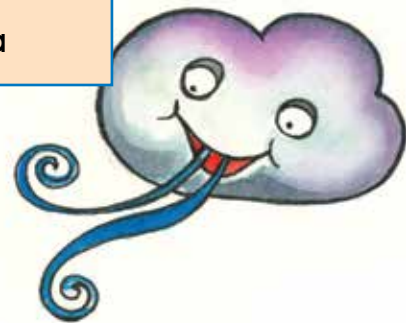
Ubujamo bezulu engibuthandako



Asikhulume

Qala ebujameni bezulu obuhlukahlukeneke bese ucocela umngani wakho kobana ngibuphi ubujamo bezulu obuthandako.

kunommoya



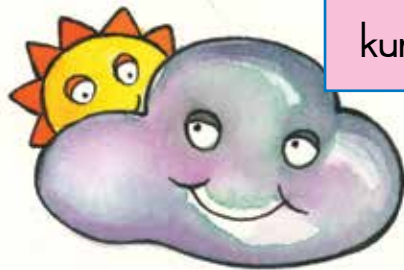
kunelanga



liyana



kunamafu bekumakhaza



Kezinye iindawo zephasi lekhethu ngezinye iinkhathi kubamakhaza belikhithike.

Kesinye isikhathi kubanommoya, ummoya onamandla, lokhu kubizwa ngokuthi ziinkhukhula.



Asenzeni lokhu

Gwala isithombe sakho lapho unethwa lizulu nanyana lokha nalikhithikako.

Gwala isithombe sakho phezulu kwephepha elikhulu, usebenzise amakhrayoni wamafutha.

Hlanganisa umbala ohlaza kwesibhakabhaka wokupenda ukudla bese upenda phezulu kwekhasi loke.

Thintithela ipende emhlophe phezulu kwesithombe.

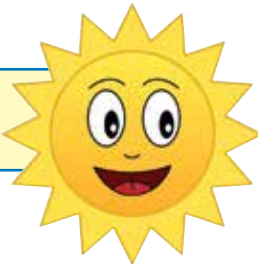


Asifunde

Sisebenzisa itjhadi yokutjengisa ubujamo bezulu kobana bunjani. Sisebenzisa amatshwayo ukuyelelisa kobana ubujamo bezulu obuhluahlukeneko bujani. Amatshwayo esiwasebenzisa ngilawa alandelako.



liyatjhisa



liyana



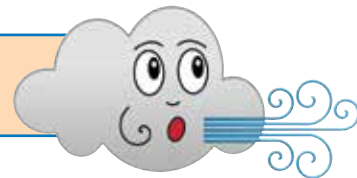
linamafu



lithe phara-phara ngamafu



kunomoya



liyakhithika



Asikhulume



Tjela umngani wakho kobana wembatha umhlobo onjani wezambatho ebujameni obunye nobunye bezulu.

Asenzeni lokhu



Gwala amatshwayo wobujamo bezulu ukuze wenze yakho itjhadi yobujamo bezulu beveke.

NgoMvulo

NgeLesibili

NgeLesithathu

NgeLesine

NgeLesihlanu

Asitlola



Ubjamo bezulu bebunjani iveke le?
Qedelela ngamagama atlhayelako.

Namhlanje ku _____

Izolo beku _____

Nginethemba lokobana kusasa kuzabe _____

Utijhere:
Thikila:
Ilanga:



16

Ithemu-1 – Iveke-8 – Iphepha lokusebenzela

Ubujamo bezulu



Asenzeni lokhu

Lingisa ubujamo bezulu obhlukahlukene.



Lula izandla zakho uzilulele ngehla kwehloko yakho wenze kwangathi ulifu elikhulu.



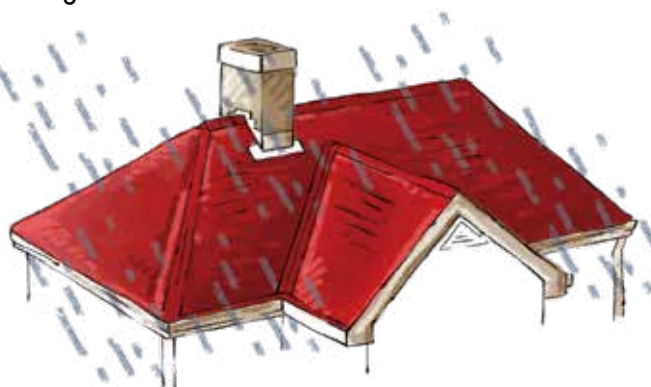
Unesambreni sokuzivikela elangeni.



Sikinyeka njengomuthi lokha nawuphephulwa mummoya.



Bamba isambreni sakho ngamandla ukuze singaphephulwa ummoya onamandla.



Lingisa amathosi wezulu lokha nakathontela phezulu kwamasenge.

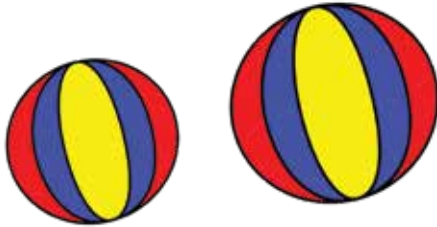




Asithuthuke

Bambanani ngezandla ukuze nenze indulungu ekulu.

Phoselanani ibholo beniyigende.



Cabanga iindlela ezahlukeneko zokukhamba ebhimini ngendlela efaneleko. Linga ukusebenzisa indlela ehlukileko kinalayo esetjenziswa ngabanye abafundi.



Ukuzithabisa

Dlalani umdlalo wehopskotjhi.

Gwalani amabhlogo neendulungu phasi esandeni.



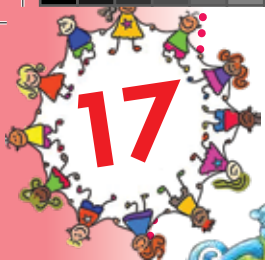
Asithuthuke

- Tjela umngani wakho kobana weqa bunjani lokha nawudlala umdlalo wokweqa intambo.
- Utitjhere wakho uzokutjengisa kobana udlala bunjani imidlalo yekadeni.



Utitjhere:
Thikila:
Ilanga:





17

Ithemu-2 – Iveke-1 – Iphepha lokusebenzela

Umndeni wakwethu

Asikhulume

Uthi bewusazi kobana imindeni eminengi ayifani?

Eminye imindeni mikhulu eminye mincani.

Eminye imindeni inabo abomma nabobaba eminye ayinabo.

Eminye imindeni ihlala nabogogo, abobamkhulu, abomalume, abokghari nabomzala.



Qala iinthombe ezilandelako bese ucocela umngani wakho kobana umehluko okhona esithombeni ngasinye ngimuphi. Sebenzisa amagama angemabhoksini la.

umma

ubaba

udadwethu

ubamkhulu

umnakwethu

umntwana

ugogo

umndeni





Asitlola

Nihlala nobani ekhenu?



Nihlala nobani emndenini wekhenu?

Emndenini wekhethu kunabantu _____.

Ngubani ongomncani emndenini wekhenu? _____.

Ngubani omdala ekhenu? _____.



Asikhulume

Soke sinemisebenzi yethu esiyenzako emakhaya. Qala isithombe ngasinye bese unikela ibizo laloyo owenza umsebenzi lo ekhaya.



Ngisiza ngani ekhaya.

Utijhere:
Thikila:
Ilanga:





Ithemu-2 – Iveke-1 – Iphepha lokusebenzela

Umndeni wakwethu



Ukuzithabisa

Grwala isithombe salokho enikwenza ninoke ngakwenu. Yitjho kobana ibizo lakhe ngubani. Sebenzisa amagama alandelako azokusiza.

umma

ubaba

udadwethu

ubamkhulu

umnakwethu

isana

ugogo

umndeni



Umndeni wakwethu



Sithogomela abanye

19



Asifunde

Amalunga womndeni kufanele athogomelane bekasizane ngaso soko isikhathi. Sitjengisa ithando ngokubambana sisingathane besisize ukutjengisa ithando netjhejo.

- sisiza omunye nakatlhoga isizo.
- sibenommoya ophasi besithobe khulu ebantwini abakhulu.
- senze imisebenzi yethu ngesikhathi.
- sithembeke.



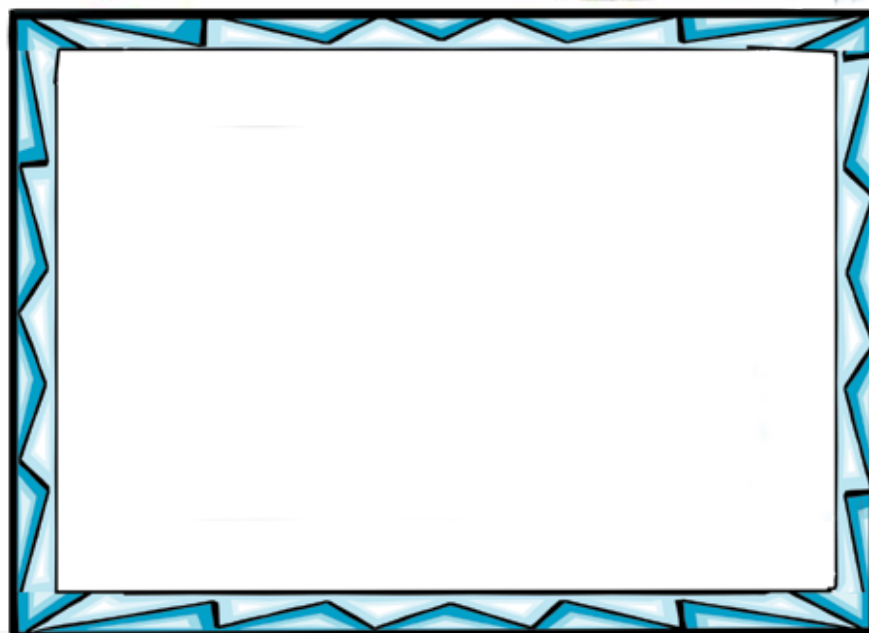
Asikhulume

Qala iinthombe ezilandelako bese uyatjho kobana abantwana laba batjengisa burjani ithando netjhejo abanalo emindenini yabo. Bese nenza umdlalo nilingise kobana kwenzeka ini esithombeni ngasinye.



Asenzeni lokhu

Gwala isithombe utjengise kobana yini oyenzako etjengisa kobana unethando lomndeni wakho. Cocela umngani wakho ngalokho okugwalileko.



Utijhere:
Thikila:
Ilanga:



Asikhulume

Coca ngokuthi amalunga la womndeni asiza kunjani emindenini.
Nikela iinthombe ezilandelako iinomboro ukusukela keyo-1 ukufika keye-4
ukutjengisa indlela ezilandelana ngayo.



Asifunde

Imisebenzi yethu yangantambama

Umma upheka ukudla.

Ubaba uhlanza iimpoto.

Mina nomnakwethu sisiza ubaba nomma.

Siyalekelela.

Sibutha sibeke ibisi noburotho.

Ngemuva kwalokho bese silungiselela ukuyokulala.

Sibawa usicocele inolwana yebusuku!





Asenzeni lokhu

Gwalela umuntu okuthhogomelako. Gwala isithombe bese utlole nebizo lomuntu loyo.



Asenzeni lokhu

Ungakwenza na lokhu okulandelayo?

	uyakghona ukudlulisela ibholo kiloyo odlala naye ngokuyiqhula.	iye	awa
	uyakghona ukweqisela ibholo kiloyo odlala naye.	iye	awa
	uyakghona ukuqhula ibholo isuke edolweni.	iye	awa
	uyakghona ukubetha ibholo ibe iyokungena ngemgodini.	iye	awa
	uyakghona ukudlulisa ibholo hlangana neengodo ezibadlali.	iye	awa
	ungakghona ukurarhela ibholo kude.	iye	awa



Ukuphepha ngaphakathi nangaphandle ekhaya (1)

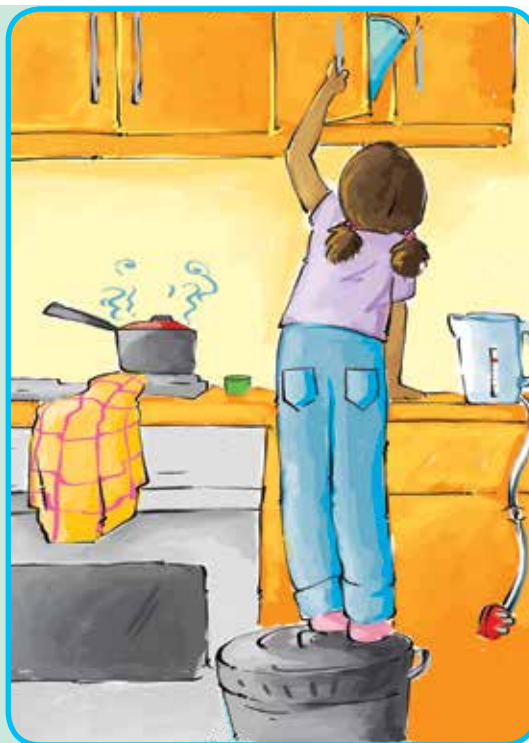


Asikhulume

Kufanele sizizwe siphephile ngaso soke isikhathi nasisekhaya.
Sinelemuko lokabana zikhona iingozi ezingenzeka ekhaya.
Qalani iinthombe bese nicoca nabangani bakho ngezinye zeengozi.

Ngekumbeni yokuphekela

- Ngasosoke isikhathi jikisa imikhono yeempoto namapani iye ngemuva kwesitofu.
- Ungatjhiyi imikhwa ebukhali nanyana kukuphi.
- Ukubeka ipharafeni neenhlahla endaweni ephephileko.
- Ungatjhiyi izinto zokudlala nanyana kukuphi.



Ngaphakathi kwekumba yokuhlambela

- Ungasebenzisi izinto ezisebenzisa igezi eduze namanzi.
- Izinto ezisebenza ngegezi ungazibeki eduze namanzi.
- Beka iinkere nemikhwa endaweni ephephileko ngekasini.
- Ungabolekani ibhratjhi yamazinyo nabanye abantu.

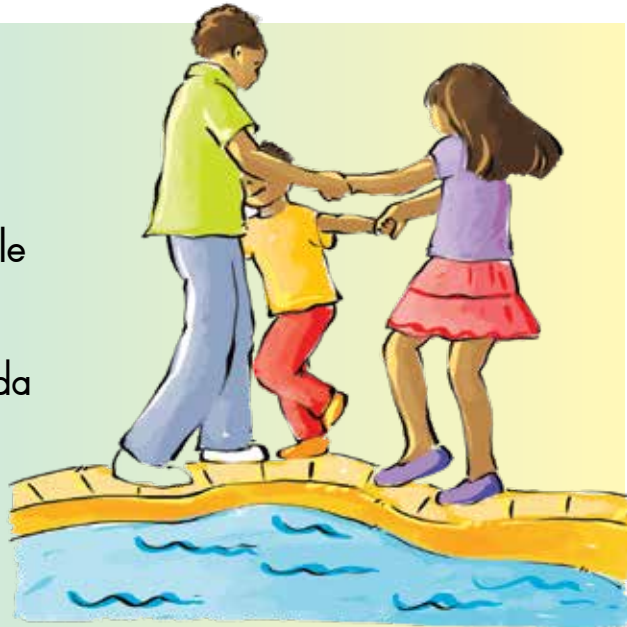


Amawuruwuru, ukuphazima negezi

- Ungajami ngaphasi komuthi nakunamawuruwuru.
- Ungafaki izinto ngaphakathi kweplaga elisebodeni. Bawa umuntu omdala ukusize.

Ngaphandle kwendlu

- Butha yoke into engakulimaza, njengamarhalasi aphukileko uwalahlele ngeemgqomini weenzibi.
- Ungadlaleli eduze kwendawo yokududa enamanzi kungekho umuntu omkhulu eduze kwakho.



Ngaphakathi ngendlini

- Ungatjhiyi izinto zokudlala nokhunye zirhatjhekile.
- Ungadlali ngepharafeni nanyana enye nenye into enetjhefu.
- Lokha nangabe intambo yeketlela nofana ye-ayina ephukileko, bawa umuntu omkhulu njengomma nofana ubaba kobana ayilungise.





22

Ithemu-2 – Iveke-3 – Iphepha lokusebenzela

Ukuphepha ngaphakathi nangaphandle ekhaya (2)



Asikhulume

Qalani iinthombe bese niyatjho kobana ngiziphi iinthombe ezitjengisa iindlela eziphephileko nalezo ezitjengisa iindlela ezingakaphephi. Tshwaya ✓ lezo ezinokuphepha bese kuthi lezo ezinganakho ukuphepha ubeke isiphambano ✗.





Asikhulume

Ingabe zikhona izinto ezingakaphephi ekhenu? Khuyini ongakwenza ngalokhu? Itjhefu, iinhlahla kunye namakhemikhali wokuhlwengisa kuyingozi khulu. Ungaseli nanyana yini nangabe awunaso isiqinisekiso sobana khuyini.



Itshwayo leli litjho kobana kunento enetjhefu ngaphakathi kwebhodlelo, ngebhoksini nofana ngebhlegeni. Wakhe walibona itshwayo leli ngaphambilini?



Asithuthuke

Utijhere wakho uzokudlalela umvumo.

- Khambisana negido lomvumo.
- Khetha umdosi phambili. Umdosi phambili kufanele akhambisane negido lomvumo. Omunye nomunye kufanele alingise umdosi phambili nikhambisane kanye kanye.
- Dzimelela ngenyawo elilodwa.
- Kwanjesi dzimelela ngelinye inyawo elilodwa.
- Ngiliphi inyawo eliqinileko?
- Beka intambo ede nofana nithale umuda omude phasi. Khamba phezulu kwentambo nofana phezulu komuda ulinge ukudzimelela ngawo.
- Kwanjesi tjhugulula intambo leyo nofana umuda loyo ube sebuja meneni obunye bese uyadzimelela ukhambe phezulu kwayo ungawi.





Ukuphepha lokha nangingedwa ekhaya



Asikhulume

Ufundile ngezinto ezingakulimaza ngaphakathi nangaphandle ekhenu. Ungenza ini ukuze uhlale uphephile lokha nangabe uwedwa ekhaya?

Lokha nawuwedwa ekhaya, ungenza lokhu okulandelako ukuze uhlale uphephile.



Ungavuleli abantu ongabaziko umnyango.



Lodlhela iminyako yoke ephumela ngaphandle.



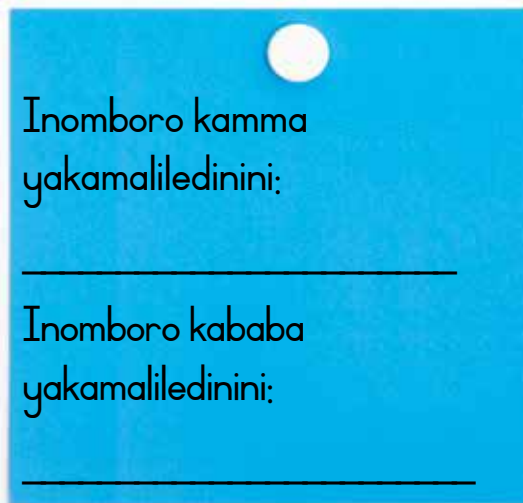


- Qinisekisa kobana uyazazi iinomboro zomtato zababelethi bakho nezabantu abahlala eduze kwekhenu.
- Tlola phasi irhelo leenomboro eziqakathekileko, wenzele lokha nangabe kukhona into engakalungi.



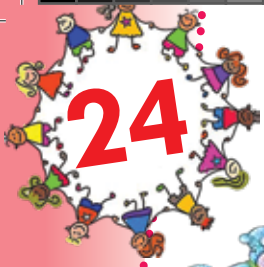
Asitlola

Yenza irhelo lakho leenomboro eziqakathekileko.



Ngubani omunye ongamosela lokha nawutlhoga isizo?





24

Ithemu-2 – Iveke-4 – Iphepha lokusebenzela



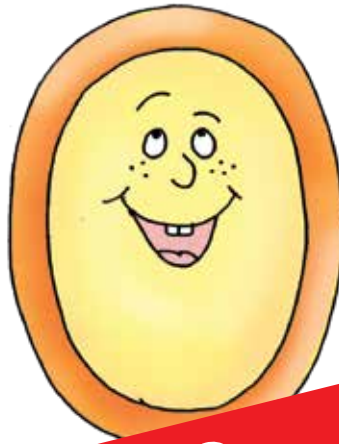
Asikhulume

Into ongayikhumbula

Le yindlela elula yokukhumbula inomboro yamapholisa. Qala isithombe bese utjela umngani wakho kobana isithombe sikukhumbuza bunjani iinomboro. Inomboro yamapholisa yi-10111. Ibuyelele kanengana ukuze uyibambe ngehloko.



1



0



111



Asithuthuke

Tjengisa kobana bewungenza ini lokha nangabe bekunguwe umntwana okesinye nesinye isithombe kilezi ezilandelako.



Bewungenza ini lokha umntu ongamaziko akugijimisa?



Bewungenza ini lokha nawusiza umma wakho ukuhlanganisa iintlabagelo zokubhaga ikhekhe?



Bewungenza ini lokha nawuzibona ujame phezulu kwerhalasi elephukileko?

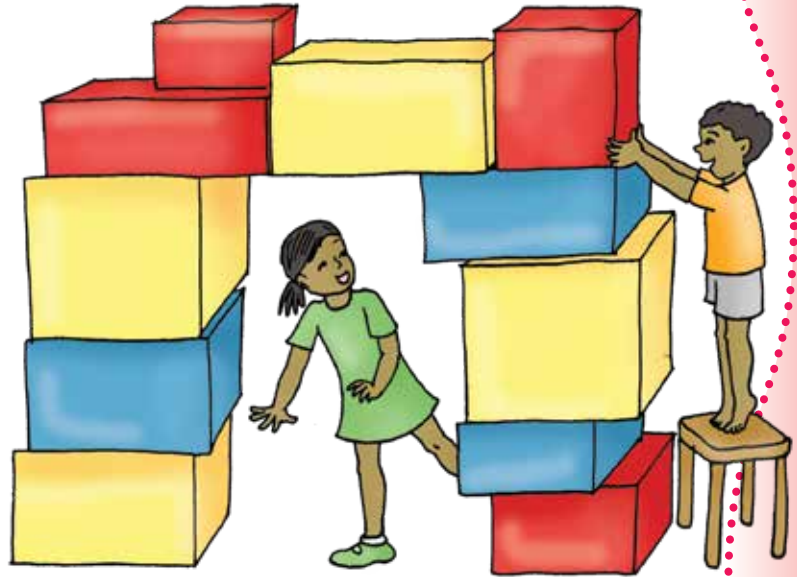




Asenzeni lokhu

Akhe ubone kobana ungakghona ukuzakhela indlu engeyakho.

- Funyana amabhoksi amadala bewakhe iboda lendlu bewuyifulele ngawo.
- Unganamithisela amabhoksi ndawonye. Indlu nasele iphelile, ungayipenda.
- Lokha nawehlulekako ukuthola amabhoksi, linga uthole okuthileko ongakusebenzisa kodwana ungasebenzisi amarhalasi nofana into engakulimaza.



Asithuthuke

Phosela ibholo phezulu bese ulinga ukuyibamba ngesandla sakho ongakavami ukusisebenzisa.

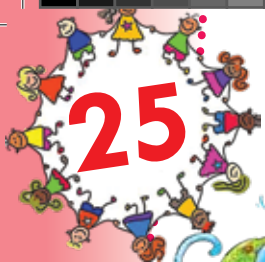
Siza utitjhere wakho ukutjhidisa iintulo, amatafula namabhoksi.

Khwela phezulu kweentulo, amatafula nanyana amabhoksi. Khasa ngaphasi kwetafula bese ulinga ukweqa.

Linga ukudzimelela ngenyawo elilodwa phezulu kwesitulo.



Utitjhere:
Thikila:
Ilanga:



Ithemu-2 – Iveke-5 – Iphepha lokusebenzela

Asitlola

Tlola amagama okungiwo ngeenkhaleni.

inyawo

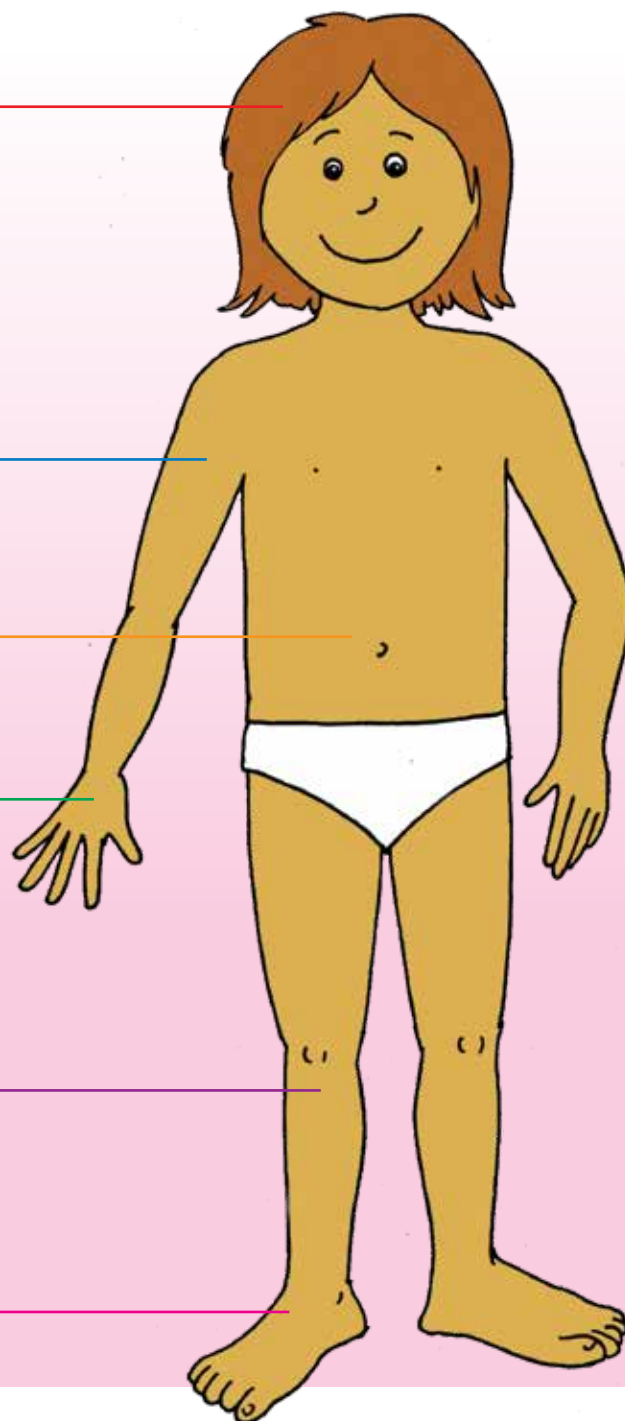
isandla

ihloko

amathumbu

inyawo

umkhono





Asigwaleni

Qedelela umgwalo wobuso lo.

Gwala iinhluthu. Linga ukukopulula ubuso bakho. Nangabe unamehlo abomvu, gwala amehlo abomvu. Nangabe uneenhluthu ezinzima, gwala iinhluthu ezinzima.

Gwala amatjhiya wakho, ipumulo nomlomo.

Ubuso busisitho esiqakathekileko somzimba.

Soke sinamehlo ama-2.



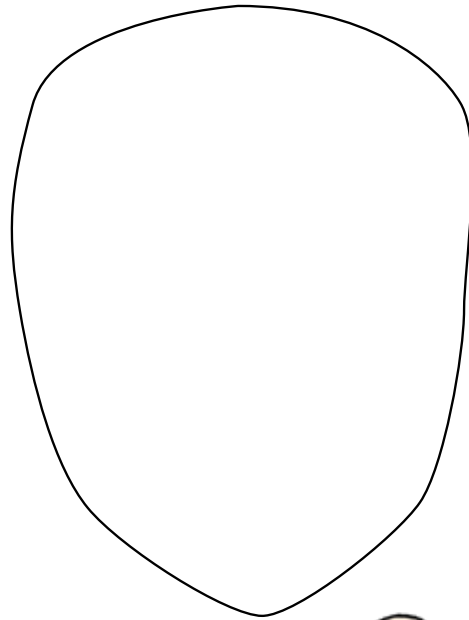
Soke sinepumulo eyo-1.



Soke sineendlebe ezi-2.



Soke sinomlomo owo-1.



Asivumeni

Vumani ingoma elandelako. Thinta isitho somzimba lokha nawuvuma ngaso.

Ihloko namahlombe

Ihloko namahlombe

Ihloko namahlombe, amadolo namazwani, amadolo namazwani

Ihloko namahlombe, amadolo namazwani

Ihloko namahlombe, amadolo namazwani, amadolo namazwani, amadolo namazwani.



Asithuthuke

Dlala umdlalo othi 'USimoni uthi'....



Asikhulume

Qala imizwa eyahlukahlukeneko bese uyatjho kobana siyisebenzisa nini.


 ukubona


 ukuzwa


 ukunambitha


 ukuthinta


 ukunukelela

Asifunde

Sisebenzisa imizwa yethu ngamalanga.

Sinukelela besinambithe ukudla kwethu. Siyakwazi ukuthinta sizwe kobana isiba lithambe kangangani. Siyakwazi ukubona kobana isibhakabhaka sihle kangangani ehlobo.

Siyakwazi ukulalela umvumo. Imizwa yethu iyakwazi ukusiphephisa. Siyakwazi ukunukelela lokha nakunomlilo.

Siyakwazi ukuthinta kobana ipuleyidi lesitofu litjhisa kangangani. Siyakwazi ukubona kobana akukaphephi ukweqa indlela. Siyakwazi ukulalela lokha i-alamu nayililako.





Asenzeni lokhu

Ukutlhogomela amehlo neendlebe zethu.

Kufanele kobana sitlhogomele imizwa yethu.
Lezi ziindlela ezimbili ongakwazi ukutlhogomela
ngazo amehlo neendlebe zakho.



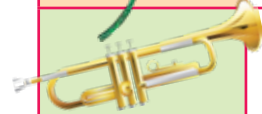
Tlhogomela iindlebe zakho
ngokungalaleli umvumo odumela
phezulu.

Tlhogomela amehlo wakho
ngokwembatha ingwani nanyana
ufake amarhalasi wamehlo
ungaliqali ilanga.

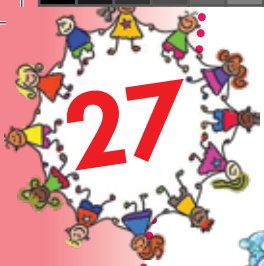


Asitlole

Qala ithebula engenzasi, kenye nenye ithebula tshwaya ✓ imizwa esingayisebenzisa.
Ungatshwaya owodwa nangaphezulu.

	 ukunukelela	 ukunambitha	 ukubona	 ukuzwa	 ukuthinta
					
					
					
					
					





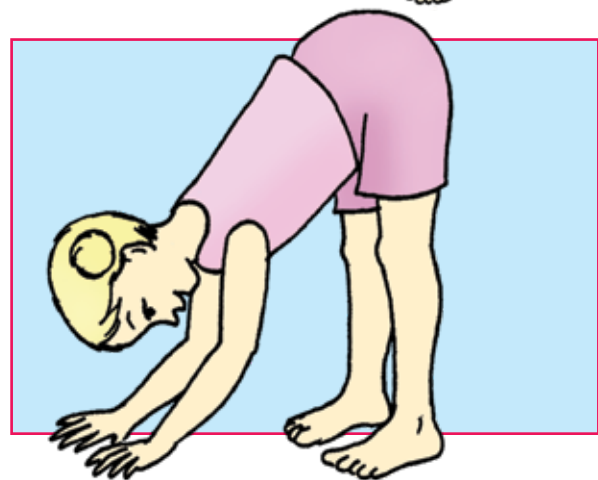
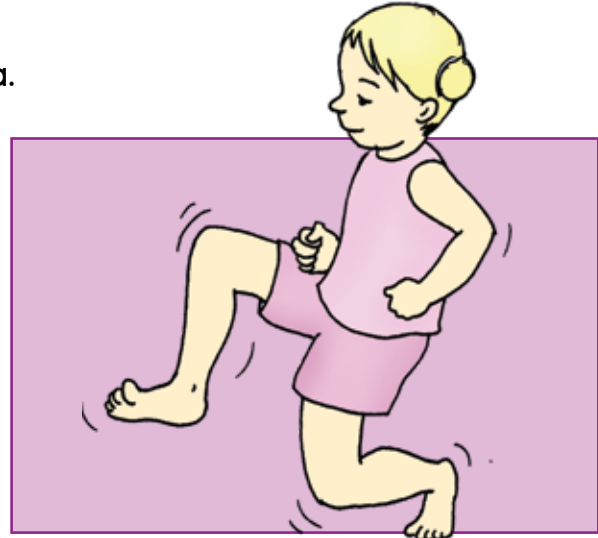
Ukuthabulula umzimba wami



Asikhulume

Qala iinthombe. Kesinye nesinye isithombe yitjho isitho somzimba nokobana singakusiza kunjani.

Sisebenzisa imizimba yethu ukukhamba.



Asitlole

Phendula imibuzo elandelako usizane nomngani wakho. Tlolela iimpendulo ngenzwadini yakho ngaphasi komunye nomunye umbuzo.

Ngiziphi izitho zomzimba ozisebenzisa lokha nawukhambako?

Ngisiphi isitho somzimba ozisebenzisako lokha nawudobha okuthileko?



Asithuthuke

Utijhere wakho uzokutjengisa kobana ningadlala kunjani 'ukatsu nekhondlo'.

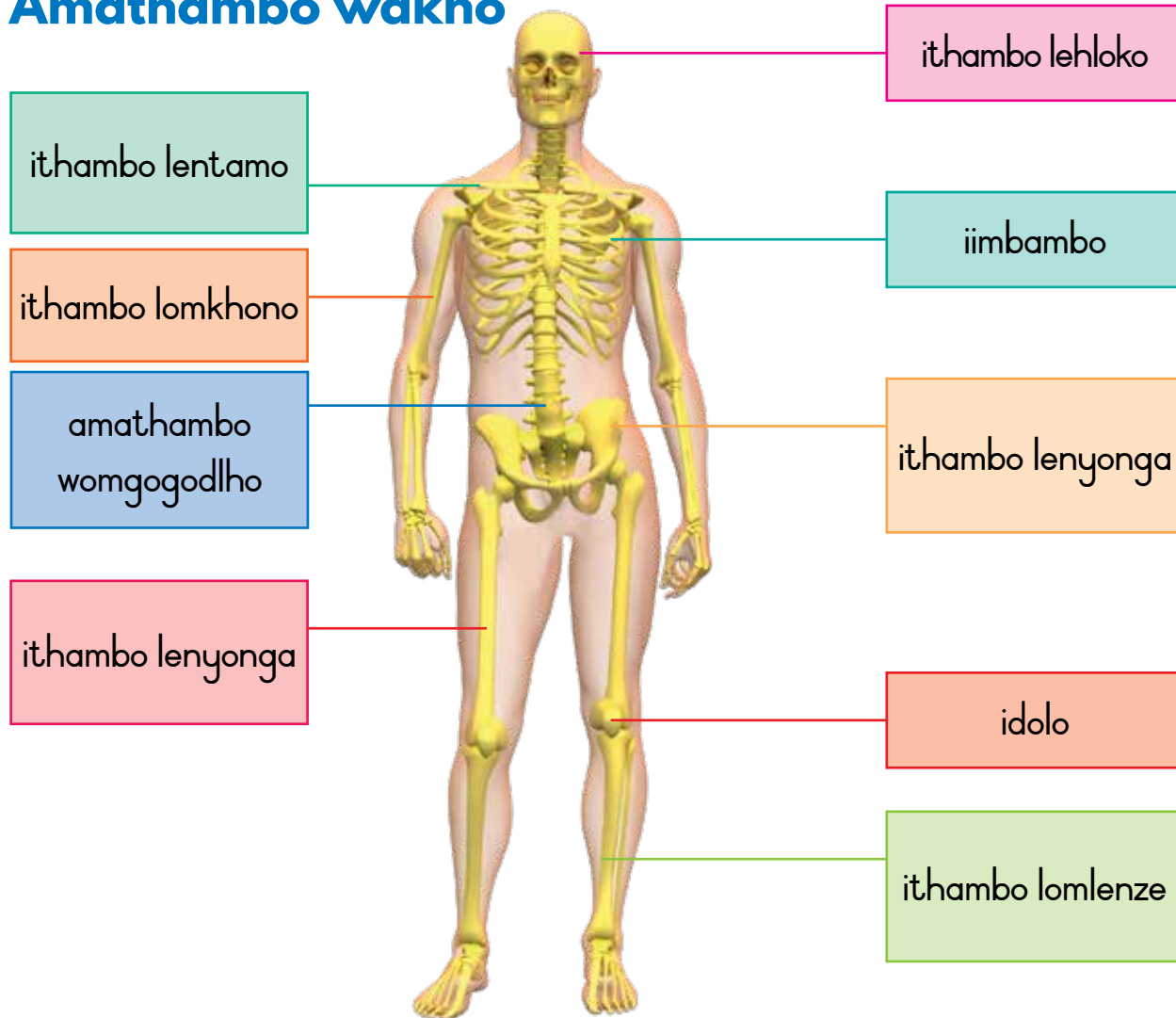




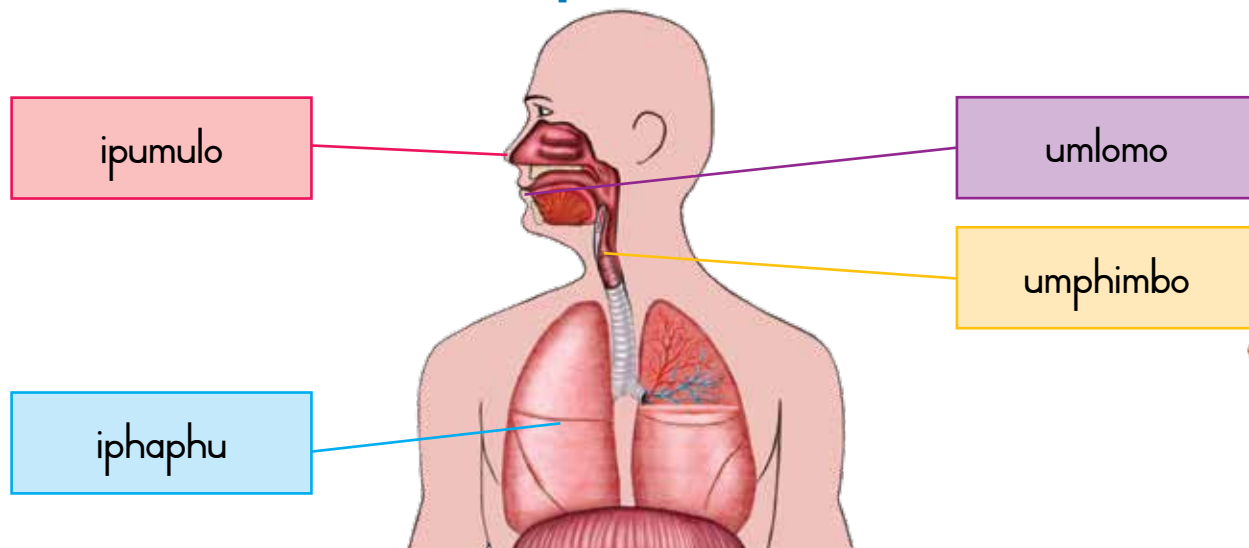
Asifunde

Zikhona izitho zomzimba ongakwazi ukuzibona.
Zizoke ziyasebenzisana ukukubulunga uphilile.

Amathambo wakho



Izitho zomzimba ezikusiza kobana ukwazi ukuphefumula





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Ukucabanga ngokuphepha

Ithemu-2 – Iveke-6 – Iphepha lokusebenzela



Asifunde

Qala iinthombe ezingenzasi, bese ucoca nomngani wakho kobana ubona ini. Mayelana nesinye nesinye isithombe yitjho kobana ungahlala kunjani uphephile.



Ubona umngani wakho ngale kwendlela.



Ulinde esitopeni sebhesi, uwedwa.



Umuntu ongamaziko ubawa bonyana ukhambe naye.



Ulahlekile esithabathabeni zeentolo



Sibanemizwa "evumako" lokha omunye umuntu nakasingatha ngendlela efaneleko. Kumnandi ukusingathwa mumuntu onobungani netjhejo epilweni yakho.



Yewize lapha mntazanyana.
Ngizokupha amaswidi kodwana
ungatjeli umuntu.

Kufanele "singavumi" lokha umuntu nakasithinta ngendlela esenza sesabe nanyana sisilingeke. Lokha nasizizwa sethukile nanyana sesaba, sisuka sinemizwa engavumiko.

Umzimba wakho uqakathekile begodu ungowakho. Ungatjho uthi "iye" nangabe umuntu akuthinta nofana uthi "awa" nangabe umuntu akuthinta uzizwa ungakaphephi.



Utijhere:
Thikila:
Ilanga:



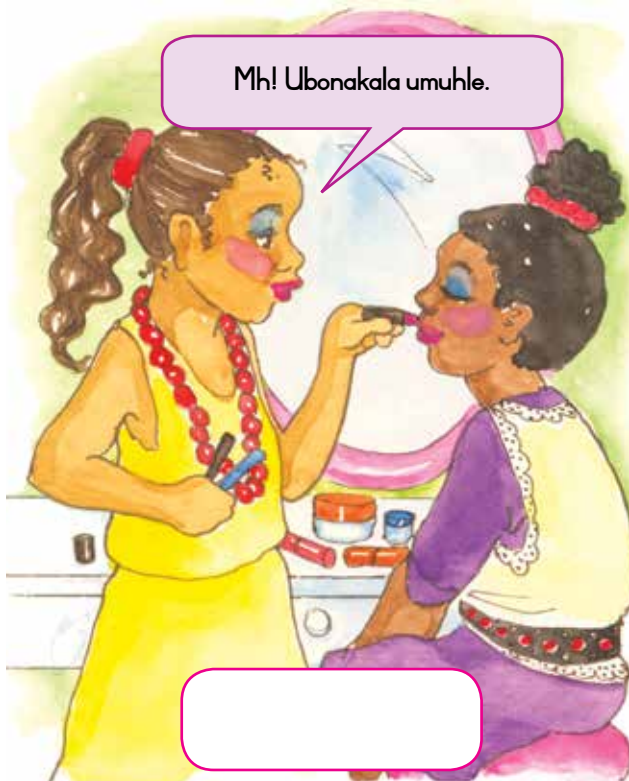
29

Ithemu-2 – Iveke-7 – Iphepha lokusebenzela

Asitlola

Qala iinthombe lezi ezingenzasi bese utlola u-iye emizweni elungileko nanyana utlola "u-awa" emizweni engakalungi. Ngemabhlogweni.

Ukuhlala uphephile





Asenzeni lokhu

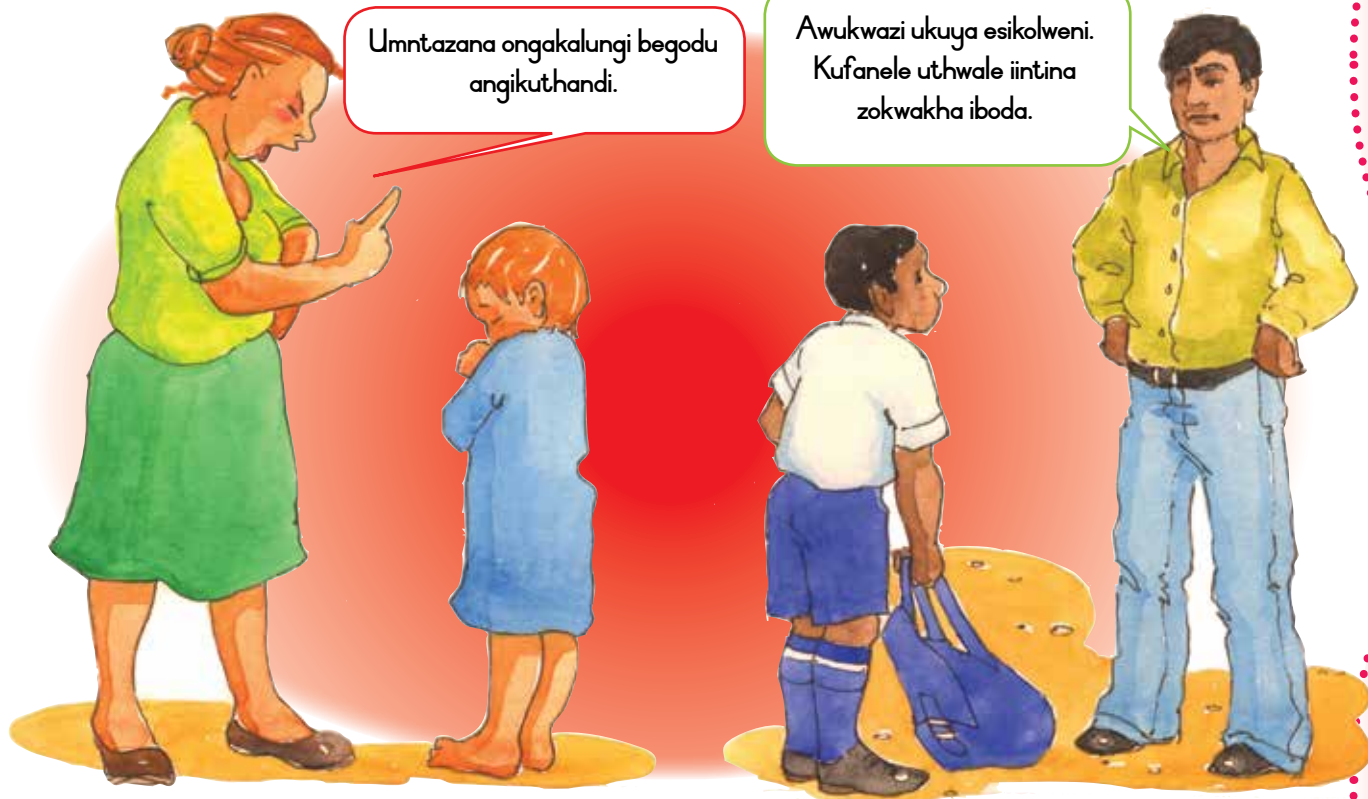
Zijayeze ukuthi "awa".

Yenzani umdlalo nilingise lokha umuntu ongaziwako afuna ukweba umntwana ngekoloyi yakhe nofana afuna ukuthinta umntwana lapha angafuni khona. Umntwana uphendula ngokuthi "awa".



Asikhulume

Abanye abantwana bahlala emakhaya lapho kunabantu ababatjhejako. Qala iinthombe. Coca kobana nangathana osesithombeni bekunguwe bewungazizwa bunjani. Yitjho lokho ongakwenza.



Umntazana ongakalungi begodu angikuthandi.

Awukwazi ukuya esikolweni. Kufanele uthwale iintina zokwakha iboda.



Asithuthuke

Dlalani umdlalo "unganyakazi".

Ungakhamba uye nanyana kukuphi kodwana lokha utitjhere nakalilisa ifengwana jama lapho ukhona. Ungasikinyeki kufikela lapho utitjhere athi ungasikinyeka. Uzokwazi ukudzimelela? Linga ukukhamba phezu kwentambo ebekwe ehlabathini.



Utitjhere:
Thikila:
Ilanga:

Ukugcina umzimba wami uphilile



Asifunde



Zinengi iindlela ezingenza kobana singenwe malwele. Esikhathini esinengi, sigula ngebanga lemilwana. Imilwana mincani begodu angekhe sayibona ngamehlo. Imilwana le ingena emizimbeni yethu isenze sigule.



Asikhulume

Khuyini ekwenziwa bantwana eentombeni ukuze bahlale baphilile? Bekuzo kwenzeka ini lokha nabangakakwenzi lokhu?





Asikhulume

Coca ngeenthombe ezilandelako. Yenza itshwayo ✓ ngemabhoksini utjengise indlela yokuhlala uphilile. Beka itshwayo ✗ lesiphambano ngemabhoksini weenthombe lezo.



Utijhere:
Thikila:
Ilanga:





Asikhulume

Khuyini okwenziwa bantwana esithombeni ukuze bahlale baphilile? Bekuzokwenzeka ini lokha nabangakakwenzi lokhu?

Ukugcina umzimba wami uphilile

Uthi bewazi kobana amanye amanzi ahlwengekile begodu amanye asilaphazekile? Ungaqinisekisa bunjani kobana amanzi ahlwengekile?

Ungabilisa amanzi asilaphazekileko ukubulala imilwana.



Ungasefa amanzi asilaphazekileko. Utitjhere wakho uzokutjengisa kobana ungakwenza bunjani lokhu.

Ungathela isigobho sinye ijavela ngemgqomini wamanzi asilaphazekileko. Gubuzesa ukuze kufe imilwana. Beka amanzi lawo ama-iri ama-28 ngaphambili kobana uwasele.





Asikhulume

Qala iinthombe lezi bese ucoca ngalokho abentwana abakwenzako ukuze bahlale baphile kuhle.

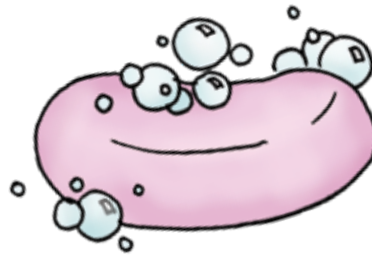
Lahlela ithitjhu esetjenzisweko ngemgomini weenzibi.



Hlamba izandla zakho ngaphambili kokudla.



Lokha nawusilaphaze indlu yokuzithumela, sula iinsila zakho bewuhlambe nezandla zakho.



Hlamba izandla zakho ngemva kokusebenzisa indlu yokuzithumela.



Vala umlomo wakho lokha nawukhohlelako nanyana uthimulako.





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Ithemu-2 – Iveke-8 – Iphepha lokusebenzela

Ukubuyelela sihlolisise



Asikhulume

Coca ngalokho okufundileko
emathemini amabili adlulileko



Ngingakhuluma ngomndeni wekhethu.

Ngingakghona ukukhamba phezulu komuda.

Ngiyazazi iinomboro zomtato zamapholisa.

Nginelwazi ngemizwa "iye" nanyana "awa".

Ngiyakwazi ukugeda ibholo.

Ngiyakwazi ukuhlala ngiphephe ekhaya.

Ngiyakwazi ukuzitlhogomela lokha nangisekhaya
ngingedwa.

Ngiyawusiza umndeni wekhethu.

Ngiyayazi indlela eya esikolweni.

Ngiyakwazi ukuhlala ngiphilile.

Ngiyakwazi kobana ngizokwenza ini ngezinto zoke
ezingesikhwameni sami sesikolo.

Ngifunde okunengi ngamaKghono wezePilos.





Isihlathululi-magama sami

A
a

Handwriting practice lines for the letter A.

G
g

Handwriting practice lines for the letter G.

B
b

Handwriting practice lines for the letter B.

H
h

Handwriting practice lines for the letter H.

C
c

Handwriting practice lines for the letter C.

I
i

Handwriting practice lines for the letter I.

D
d

Handwriting practice lines for the letter D.

J
j

Handwriting practice lines for the letter J.

E
e

Handwriting practice lines for the letter E.

K
k

Handwriting practice lines for the letter K.

F
f

Handwriting practice lines for the letter F.

L
l

Handwriting practice lines for the letter L.





Isihlathululi-magama sami

M
m

Handwriting practice lines for the letter M/m.

S
s

Handwriting practice lines for the letter S/s.

N
n

Handwriting practice lines for the letter N/n.

T
t

Handwriting practice lines for the letter T/t.

O
o

Handwriting practice lines for the letter O/o.

U
u

Handwriting practice lines for the letter U/u.

P
p

Handwriting practice lines for the letter P/p.

V
v

Handwriting practice lines for the letter V/v.

Q
q

Handwriting practice lines for the letter Q/q.

W
w

Handwriting practice lines for the letter W/w.

R
r

Handwriting practice lines for the letter R/r.

X-Z
x-z

Handwriting practice lines for the letters X, Y, and Z.

