



Ukubuyekwenzwa
Kuhlalisiwe
ngokwezsiTatimende
somThetho-kambiso
weKharikhyulamu
nokuHola

|Greyidi|



AmaKghono wepilo
ngesiNdebele
Incwadi 2
Ithemu 3 & 4



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LIFE SKILLS IN ISINDEBELE
GRADE 1 – BOOK 2
TERMS 3 & 4

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basic education

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Basic Education
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Okumumethweko

Ithemu 3 Ikhasi

33	lindawo emphakathini wekhethu	2
34	Ukunakekela iisetjenjiswa emphakathini.....	4
35	Okulungilekonofanaokungakalungi.....	6
36	abantu emphakathini wekhethu	8
37	Ifuyo-sithandwa.....	10
38	Singazithogomela njani iinlwana ezifuywako	12
39	Imikghwa neembopho.....	14
40	limbopho.....	16
41	Kungani sitlhoga iintjalo.....	18
42	Kungabe iintjalo zinjani?	20
43	Imbewu nalapha ibuya khona....	22
44	Okutlhogwa ziintjalo ukuze zikhule	24
45	Ukudla esikudlako	26
46	Ukudla okuhlukeneko kubuya kuphi?	28
47	Ukudla okunepilo nokudla okunganapilo.....	30
48	Ukugcina ukudla.....	32



Ithemu 4 Ikhasi

49	Imihlobo yamakhaya (1)	34
50	Imihlobo yezindlu (2)	36
51	Izinto zokwakha izindlu	38
52	Izindlu ezizokujamelana nobujamo bezulu obuhlukahlukene ko	40
53	Ukuthola iindawo nezinto (1).....	42
54	Ukuthola iindawo nezinto (2)	44
55	Ukufumana indlela	46
56	Ukuthola izehlakalo endatjaneni	48
57	Amanzi siwasebenzia bunjani: emakhaya nesikolweni	50
58	lindlela amanzi onakala ngayo	52
59	Amanzi aphephileko wokusela nangakaphephi	54
60	Ukubeka amanzi ahlwengekileko.....	56
61	Ukutjhuguluka kusuka emini kuye ebusuku	58
62	Ubusuku bubonakala bunjani?	60
63	llanga nenyanga	62
64	linkwekwezi	63



UKkz. Angie
Motshekga,
nguNqgonqgotjhe
weFundoso-Sisekelo



UNom. Enver Surty,
nguSekela
kaNqgonqgotjhe
weFundoso-Sisekelo

Iincwadi lezi zenzelwe abantwana beSewula Afrika ngaphasi koburholi bakaNqgonqgotjhe wezeFundoso-Sisekelo, uMma u-Angie Motshekga, kanye neSekela lakaNqgonqgotjhe wezeFundoso-Sisekelo, uNom. Enver Surty.

Iincwadi zokuSebenzela zakwaRainbow ziyingcenyeyeedlela ezinengi zomNyango wezeFundoso-Sisekelo wokungelela onqophe ukuthuthukisa ukusebenza ngcono kwabafundi beSewula Afrika emagreyidini wokuthoma asithandathu. Njengamanye wamaHlelo womBuso aphuma phambili, iphrojekthi le isekelwe ngeemali ezibuya esiKhwameni seeMali seLizweloke. Lokhu kusize umNyango ukukhupha iincwadi zokusebenzela lezi ngawo woke amalimi asemthethweni ngaphandle kweendleko. Siyathemba kobana nizokufumana iincwadi zokusebenzela lezi zilisizo khulu ekufundiseni kwenu kwangamalanga nokuqinisekisa kobana abafundi benu bayaiqedu ikharikhyulamu.

Sitjheje khudlwana ukuhlahla abotitjhore komunye nomunye umsebenzi ngokusebenzia iinthombe ezitjengisako bona ngikuphi umfundu ame akwenze.

Siyathemba kobana abantwana bazokuthabela ukusebenzia iincwadi lezi njengombana bakhula bebefunda nje begodu wena titjhore uzokwabelana nabo ithabo lokufunda.

Sinifisela ipumelelo ekusebenziseni iincwadi lezi.



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I Greyidi

1

AmaKghono
wepilo

ngesiNdebele
Incwadi 2



Incwadi le ngeyaka:-

lindawo emphakathini wekhethu



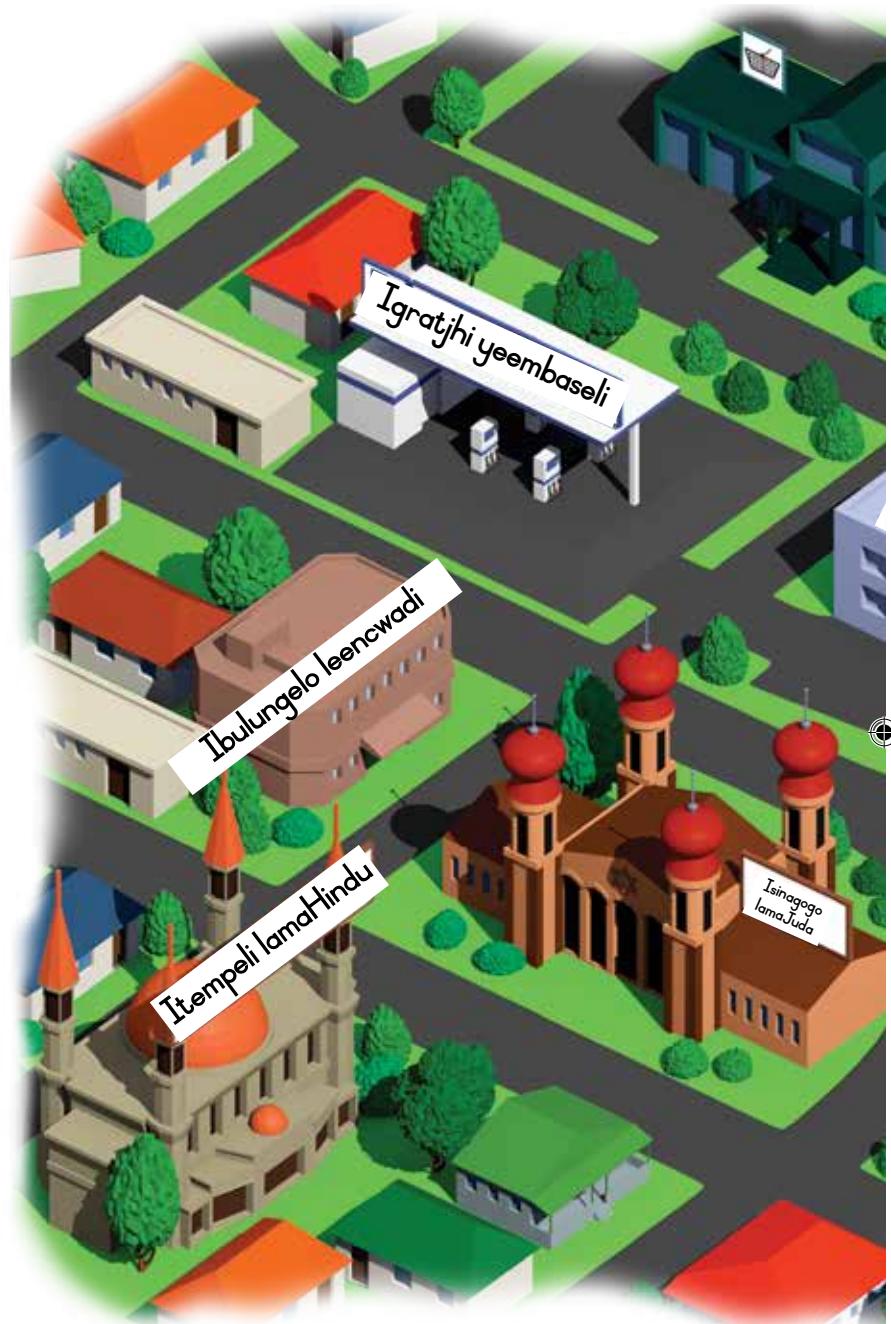
Asifunde

Cabanga ngabo boke
abantu obabonako
nokhuluma nabo
ngamalanga. Abantu labo
bamalunga womphakathi.
Kungaba babantu
abaseentradeni nanyana
abahlala eduze kwalapho
uhlala khona. Kungaba
babantu abasesondweni,
esikolweni, amapholisa
endaweni yangekhenu,
abodorhodere nabanye
abantu abanengi
emphakathini.



Asikhulume

Cocisana nomngani wakho ngesithombe esisemakhasini amabili alandelako.
Nawuqala isithombe, ngiziphi iindawo ozikhumbulako?
Eendaweni lezi, kukuphi lapha abantu bahlanganyela khona.





Ilanga:



Asenzeni lokhu

Ngiziphi iindawo esithombeni esingenzasi owakhe
wazivakatjhela? Gadangisa umqoqo wazo
ngamakhrayoni.



Asikhulume

Cocela umngani wakho kobana wakhe wazivakatjhela
enye yeendawo lezi ukhamba nomunye nanyana Ukhamba uwedwa. Kubayini
wazivakatjhela? Ucabanga kobana iindawo ozivakatjheleko kulula kobana
zivakatjhelwe nababantu abakhubazekileko?

Utitjhore:
Tlikitla:
Ilanga:

Ukunakekela iisetjenziswa emiphakathini

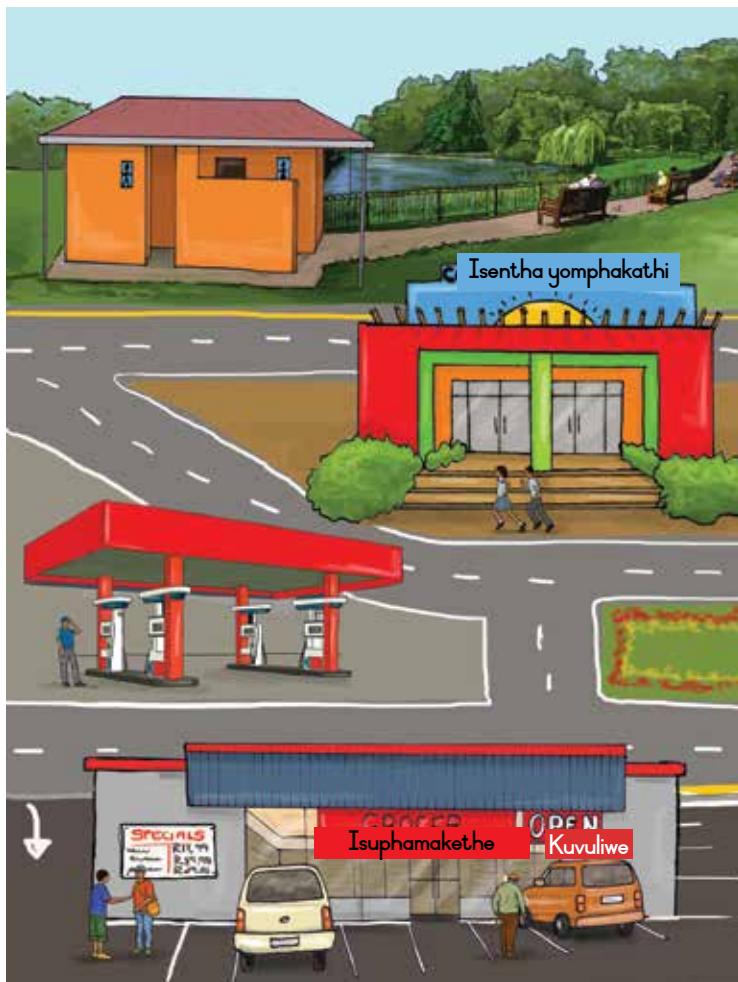
Itihemu-3 – Limveke-1



Iindawo ezinengi
emiphakathini yangekhethu
zineensetjenziswa
ezihlukahlukeneko
ezingasetjenziswa nanyana
ngubani. Amatlinigi,
iinkolo, amatatawu
wokudlalela neembhedlela,
ziisetjenziswa soke
esizisebenzisako.

Kufanele sitlhogomele
iindawo emiphakathini
yangekhethu.

Kumele sizihloniphe
zoke iisetjenziswa
ezisemiphakathini wekhethu.
Begodu kufanele sigcine
ibhoduluko lekhethu
lihlwengekile ukuze woke
umuntu akwazi ukuzithabisa.



Cocisana nomngani wakho ngesithombe esingehla:

- Ucabanga kobana abantu bayathanda ukuhlala lapha?
- Kungani ucabange bunjalo?
- Imiphakathi nebhoduluko kungenziwa bunjani ngcono?



Ilanga:

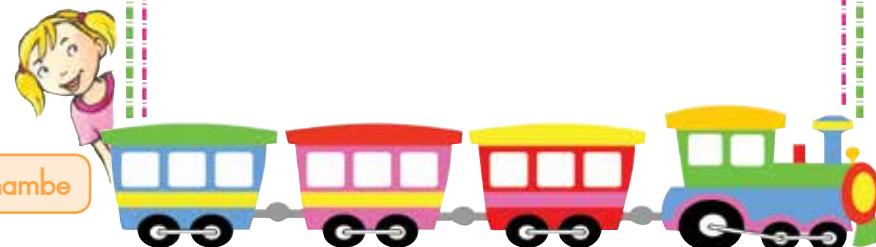


Asenzeni lokhu

Zenzele umgwalo omuhle wakho
usebenzisa ezinye zeenthuthi
zomphakathi, njengebhesi, isitimela
nanyana iteksi. Begodu tjengisa
nabantu beminyaka eyehlukeneko
kuneyakho – abanye bahlezi kuhle,
abanye bagugubalele ngaphambili
nanyana abanye balele ngomhlana
abanye badala abanye bancani.

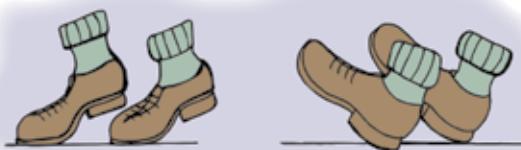


Asikhambahambe



Ukuzithabulula

- Zithabululeni ngokuthi nikhambe ngamazwani niye phambili.
- Kwanjesi khambani ngeenthende niye emuva.
- Khambani ngeenthende niye phambili.
- Khambani ngamazwani niye emuva.



Yakhani amaledere

Hlukanani ngeenqhema zangababili. Sebenzisa umzimba wakho ukwakha amaledere. Ungajama usame ngeboda nanyana ulale phasi. Abantu abasebenzela umasipala bazakuzisulela bona iboda lelo! Akhe uqale nange wena nomngani wakho ningakghona ukwakha iledere abanye abafundi abangakaghoni ukulakha.





35

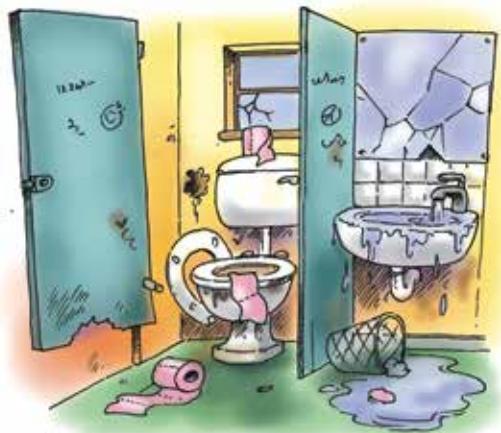
Itthemu-3 - Iimveke-2

Okulungileko nofana okungakalungi



Qala iinthombe ezilandelako.

Ziinsetjenziswa ziphi lezi? Cocela umngani wakho indlela efaneleko yokusebenzisa isisetjenziswa ngasinye.





Ilanga:



Asenzeni lokhu

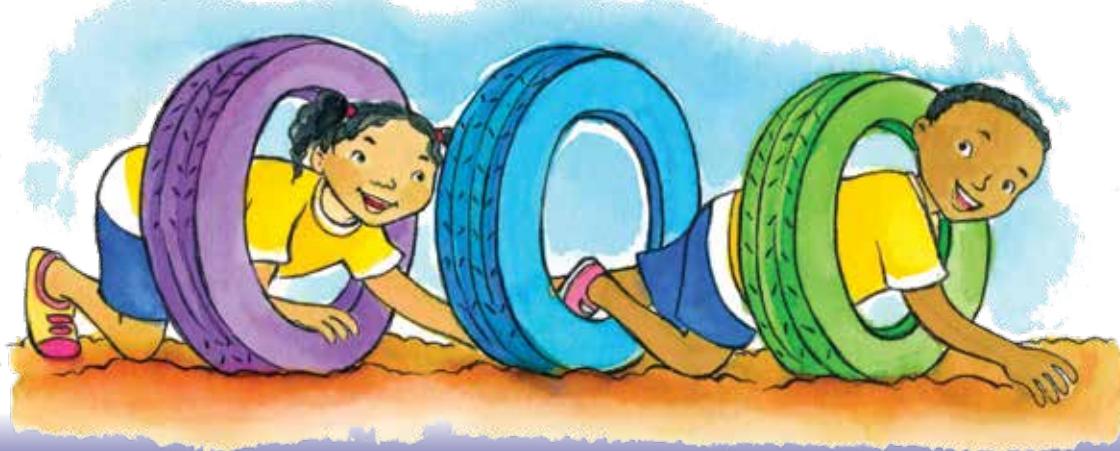
Yakhani imodlhela yomakhiwo usebenzise izinto ezisetjenziswe kabutjha. Ungakha itlinigi, ibulungelo leencwadi nanyana ngimuphi umakhiwo okhona emphakathini wangekhenu. Ungasebenza nabanye nibe ziinqhemha ezihlukeneko. Kghabisani umakhiwo wenu ukuze kubonakale kobana mhlobo muphi womakhiwo.



Asikhambahambe

- Bekani amatayere ajame emudeni.
- Khasani ngaphakathi kwamatayere.
- Lalisanu amatayere phasi.
- Dzimelela ngeenyawo zombili phezu kwetayere.
- Jama ngeenyawo zombili phezulu kwetayere.
- Sebenzisani amatayere nenze umsikinyeko nanyana ngiwuphi womdlalo.

Tlhogomela ungazilimazi.



Utitjhore:
Tlikitla::
Ilanga:

Abantu emphakathini wekhethu



Asitlole

Qala iinthombe ezilandelako. Ebhoksini elingesandleni sokudla, khetha igama/ amagama okungiwo wesithombe ngasinye. Tlola igama nofana amagama lawo ngaphasi kwesithombe.



Umuntu othela iiimbaselis

Umthengisi wamathuthumbo

Inese/Umongikazi



Umtjhayeli weteksi

Isikhulu sezendlela

Udorhodera



Umuntu othengisa iinthelo endleleni

Umcimimilo

Ipholisa



Asikhulume

Qala iinthombe bese ucocisana nomngani wakho ngazo.

Ingabe uyababona abantu laba eemphakathini wangekhenu?

Ngibaphi abanye abantu obabonako emphakathini wangekhenu?

Abantu bomphakathi wangekhenu bayasizana? Basizana njani?



Ilanga:



Asitbole

Gwala umuda osuka ekuthomeni komutjho ngesandleni sangesinceleni uyomadana negama elinembako ngesandleni sesinceleni.



Umuntu ocima umlilo

Ilunga lesisebenzi sezamapholisa we Sewula Afrika

Udorhodere

Umuntu othengisa iinthelo endleleni

Umuntu othela iimbaseli

libamba iingebengu.

Uthengisa iinthelo.

Uthelela abantu iimbaseli.

Ucima umlilo.

Uyaselapha.



Asitbole

Qala iinthombe ezilandelako. Emagameni angenzasi, khetha igama okungilo lesithombe ngasinye. Tlola ihlathululo leyo ngaphasi kwesinye nesinye. Madanisa iimpendulo zakho nalezo zomngani wakho.

Ilori yesicimamlilo



Isitetjhi seembaseli



Isibhedlela



Isitetjhi samapholisa



Asikhambahkhambe

Betha izandla lokha nawuzwa
itjhuni ethileko.

Amanowuthi wakatijhere:
Lalela umvumo odalwa ngutijhere
wakho nanyana igido utijhere wakho
alibethako esigubheni nanyana
esillisweni somvumo.

- Lalelisisa kuhle lokha nakutjhuguluka itjhuni.
- Yenza lokhu ngeendlela ezihlukeneko zomvumo, ukusukela emvumeni wetlasiki ukuya emvumeni we-pop.
- Betha izandla ngokurhabako nanyana kabuthaka ukuze ukhambisane netjhuni.



Ifuyo-sithandwa



Asifunde

Inengi lethu sinazo iinlwana esizifuyileko esizibiza ngeemfuyo-sithandwa.

Ifuyo-sithandwa mngani wakho. Iyakutlhogomela begodu ihlala iseduze nawe – mhlawumbe uhlala nayo ngendlini eyodwa nangejaradeni eyodwa.



Asikhulume

Qala isithombe. Cocsana nomngani wakho ngaso. Ndlungela iinlwana esizibiza ngefuyo-sithandwa ozibonako ngekhrayoni. Ubale iinlwana ezingaki esizibiza ngefuyosithandwa? Tjela utitjhere wakho.

- Unayo ifuyo-sithandwa? Nangabe unayo, tjela abangani bakho ngayo.
- Nangabe awunayo, tjela umngani wakho kobana ngiyiphi ifuyo-sithandwa ofisa ukuba nayo nanyana kubayini wena ungafuni ukuba nefuyo-sithandwa.
- .



Asitlole

Noke ngetlasi yenzani irherho layo yoke ifuyo-sithandwa engekho esithombeni. Kopa lokhu utitjhere wakho azokutlola etjhokbhodini.



Ilanga:



Asenzeni lokhu

Gwala nanyana ngiyiphi
ifuyo-sithandwa oyithandako –
ungacabanga nanyana ngiyiphi
ifuyosithandwa ongafisa ukuba
nayo.



Sebenzisa umdaka
ukuzibumbela ifuyosithandwa.



Asikhambahambe

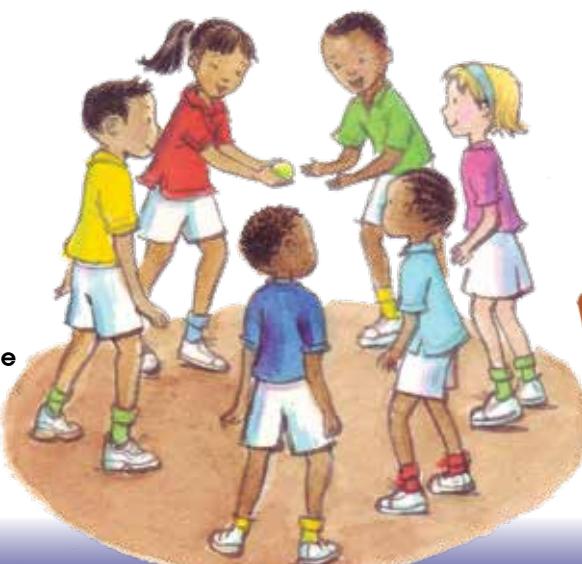
Zijayeze ukuphosela ibholo phezulu bewuyigbambe.

- Ngezandla ezimbili phosela ibholo eyitenisi phezulu emoyeni.
Ibambe ngazo izandla ezimbili lezo.
- Phosela ibholo phezulu emoyeni ngesandla esinamandla khulu
bese uyibambe ngaso sona isandla leso.
- Phosela ibholo eyitenisi phezulu emoyeni ngesandla
esinganamandla khulu bese uyibamba ngesandla
esinganamandla khulu
- Phosela itenesi ngezandla zombili phasi bese uayigenda
ngezandla zombili.
- Iphosele phasi ngesandla esisodwa bese uayigenda ngesandla
esisodwa.
- Iphosele godu ngesinye isandla esisodwa bese
uayigenda ngesandla esisodwa.
- Jamani nenze izungu bese niphoselana ibholo
ngezandla ezimbili beniyigede ngezandla ezimbili.
- Dlulisela ibholo kiloyo oseduze nawe usebenzise
isandla esisodwa
- Sebenzisa esinye isandla udlulisele ibholo komunye
oseduze nawe usebenzise esinye isandla.



Uthi bewazi?

Pheze zoke izinja ziyakuthanda ukudlala ngebholo.
Kodwana-ke : kufanele bonyana ube msinuya
ngombana izinja ziyanthanda ukuhluthula ibholo
msinuya bese zigijime zibaleke nayo.



Utitjhore
Tlikitla:
Ilanga::

Singazitlhogomela bunjani iinlwana ezifuywako



Kuqakathekile kobana sizitlhogomele iinlwana esizifuyileko nesizithandako.

Cocisana nomngani wakho ngalokho ifuyo-sithandwa ekutlhogako. Cabanga sele uyifuyo-sithandwa umngani wakho ayitlole ekhasini le-II. Cabanga ngalokho ozokutlhoga. Ungacabanga ngezinto ezifana nokudla nokuthi uzokulala kuphi. Kwanjesi tjela umngani wakho. Begodu mtjèle kobana yini ekumele ayenze lokha nawugulako.



Faka itshwayo (✓) eduze kwalokho okutlhogwa yifuyo-sithandwa.

Ukudla

Amanzi

Isibha sokutlubha amazinyo

Indawo efuthumeleko,
eyomileko yokulala

Kumele sisiwe kudorhodera
weenlwana lokha nasigulako

Ukunikelwa iholideyi



Gwala iindawo zokuhlala nokudla iinlwana ezilandelako ezikutlhogako.
Begodu tlola nokobana umntwana wesilwana ngasinye ubizwa ini.

Isilwana	Indawo yokuhlala	Ukudla	Ibizo lomntwana



Ilanga:



Asenzeni lokhu

Funda umutjho munye utjho kobana ungazizwa
bunjani begodu ungathini bese wenza ini.

- Uzidobhele ifuyo-sithandwa etja.
- Ukatsu wakho unyamalele.
- Inja idla isidlalisi sakho osithandako.
- Umngani wakho urhuga inja yakho.
- Ubona inja ivalelwwe ngekolojini iqalaqala ngaphandle.



Asikhambahhambe

Lalela igido elihlukahlukeneko utitjhore azokudlalela lona.
Yenza kwangathi usilwana esikhamba ngegido lomvumo.

Akuthi umvumo nawudlala
ngokurhabako , nirholobhe
njengeempera.



Lokha umvumo
nawuphezulu, khamba
njengendlovu.



Lokha umvumo
nawupholileko, phapha
njengeviyaviyani.

Lokha umvumo
nawudlalela phasi, khamba
njengekghuru.



Asikhulume

Funda okutlolwe ngeenthombe ezimbili ezingenzasi.Cocela umngani
wakho ngalokho okuthabisako ngokatsu.



Intenetjha silwana
esiququda amazinyo.
Amazinyo wesilwana
esiququda amazinyo
akhula njalo.

Umnyaka munye womuntu ulingana
neminyaka yenja elikhomba. Lokha
inja nayineminyaka emithathu
ubudala, umuntu yena usuke
aneminyaka ema-21.



Ukuzithabisa

"Ukatsu nekhondlo". Utitjhore wakho uzokubuza kobana ngubani ukatsu
begodu ngubani ikhondlo. Abafundi abadlhegane ngokuba ngukatsu
nokuba likhondlo isikhatjhana.

Utitjhore:	Tlikitla:
Ilanga::	



39

Ithemu-3 - Imveke-4

Imikghwa neembopho



Amagama la atjengisa imikghwa emihle. Indlela esiphatha ngayo abantu itjengisa ukuziphatha kuhle. Imikghwa yethu itjengisa indlela esihlonipha ngayo abanye.

Siyakuthabela ukukhuluma nomuntu onemikghwa emihle. Kuhle kangangani ukuba nomngani nomuntu onemikghwa emihle kungalokho.

Sinesibopho sokuphatha abanye abantu kuhle. Kungakho-ke omunye nomunye wethu kufuze abe nemikghwa.



Ilanga:



Asikhulumo

Qala iinthombe. Funda amagama angemabhoksini. Cocisana nomngani wakho ngeenthombe. Cocani ngokuziphatha okuhle nokumbi okwenziwa bantwana.



Ngilabilela mma,
bengifuna ukuqala
ngaphakathi
kwevasi yakho
yamathuthumbo
ngase
ngiyayithinta
yaphuka!

Akhe ujame Maisy,
ngithole isikhwama
sakho seencwadi
sitjhijiye ngaphandle.
Ngiyathembra
kobana akekho owebe
amakhrayoni wakho.



Thembeka



Ukulotjhisa abantu obaziko nongabaziko.

Hlonipha izinto zabanye.





40

Ithemu-3 - Limveke-4

limbopho



Qala iinthombe bese ufunda imitjho ngaphakathi kwamabhoksi.
Gwala umuda uye esibophweni esikhambisana nesithombe.



Ngiyasiza ukubulunga ikhaya
lethu lihlale libuthekile.



Ngimngani omuhle osiza abanye
abantu.



Ngiyawatjengisa amalunga
womndeni wakwethu kobana
ngiyawathanda.

Ngidlala kuhle ngeendlalisi
zomngani wami.

Ngiyazitlhogomela mina nezinto
zami.

Ngisiza ubaba ukulungisa
itafula.



Ilanga:



Asidlaleni

Lingisani ukuba nemikghwa neembopho ngalapha nihlala khona:

- lotjhisi abantu enibaziko nalabo eningabaziko
- nofana dlheganani ngokukhuluma
- nofana lalelisisa omunye
- nofana yabelana nomunye
- nofana tjengisa umusa komunye
- nofana yethembeka ngokuthileko
- nofana hlonipha ipahla yabanye abantu
- nofana yiba nehlonipho kabanye.

Ngeenqhemha, lingisani imikghwa emihle neembopho:

- emndenini wakwenu
- emsebenzini wakho wesikolo
- emsebenzini wakho wekhaya owenza ngamalanga
- ekudleni okufunyana ngamalanga
- ezambathweni ozembathako
- iindlalisi
- abangani



Asenzeni lokhu

Gwala isithombe sakho esitjengisa ukuba nomusa kabanye.



Asikhambahhambe

Lalela lokha utitjhere nakakutjela kobana weqe, ujjime nanyana ukhase ngamadolo. Utitjhere uzokubetha ifengwana ngaphambili kobana anikele umyalelo. Khamba ngokurhabako nanyana kabuthaka lokha utitjhere wakho nakakutjela kobana wenze bunjalo.



Asidlaleni

Dlala umdlalo wokweqayeqa ngenyawo elinganamandla khulu.

Mimikghwa miph iemihle eqakathekileko nawudlala umdlalo wehop-scotch.

Kungani sitlhoga iintjalo



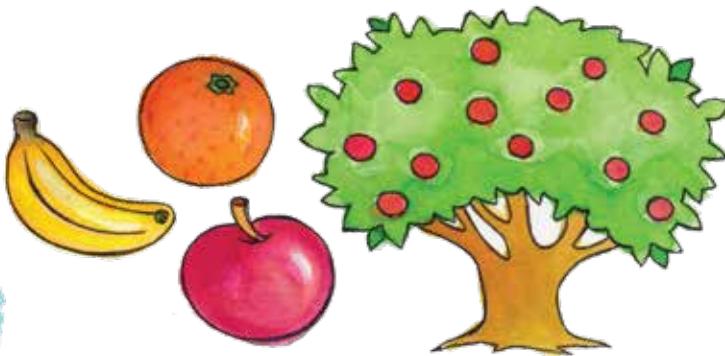
Asikhulume



Asifunde



Ezinye iintjalo
nemithi zisipha umthunzi.



Ezinye iintjalo senza ngazo
ijuzi ezinye siyazidla.



Ezinye iintjalo zenza
amathuthumbo esikghabisa
ngawo emakhaya.



Ezinye iintjalo nemithi ziba
makhaya weenyamazana.



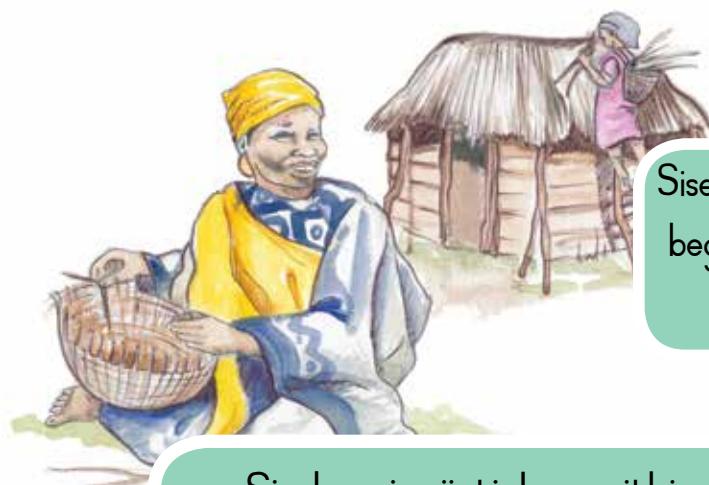


Ilanga:

Sitlhoga utjani ekundleni
yezemidlalo.



Sisebenzisa ikoteni
ukwenza izambatho.



Sisebenzisa umhlanga ukwenza abomantji
begodu siwubeka naphezulu emfulelwini
yemakhaya.

Sisebenzisa iintjalo nemithi
ukubaza ifenitjhara.



Wena nomngani wakho, khethani iindlela ezintathu
eziqakatheke khulu zokusebenzisa iintjalo.

Kungabe singabulala iintjalo lokha nasizisebenzisa khulu?
Cocani ngombuzo njengetlasi.



Kungabe iintjalo zinjani?

Iintjalo zenziwe ngamalunga ahlukenecho. Sebenzisa amagama angebhoksini ukulebulu iintjalo ezilandelako. Madanisa iimpendulo zakho nezomngani wakho.



imirabhu

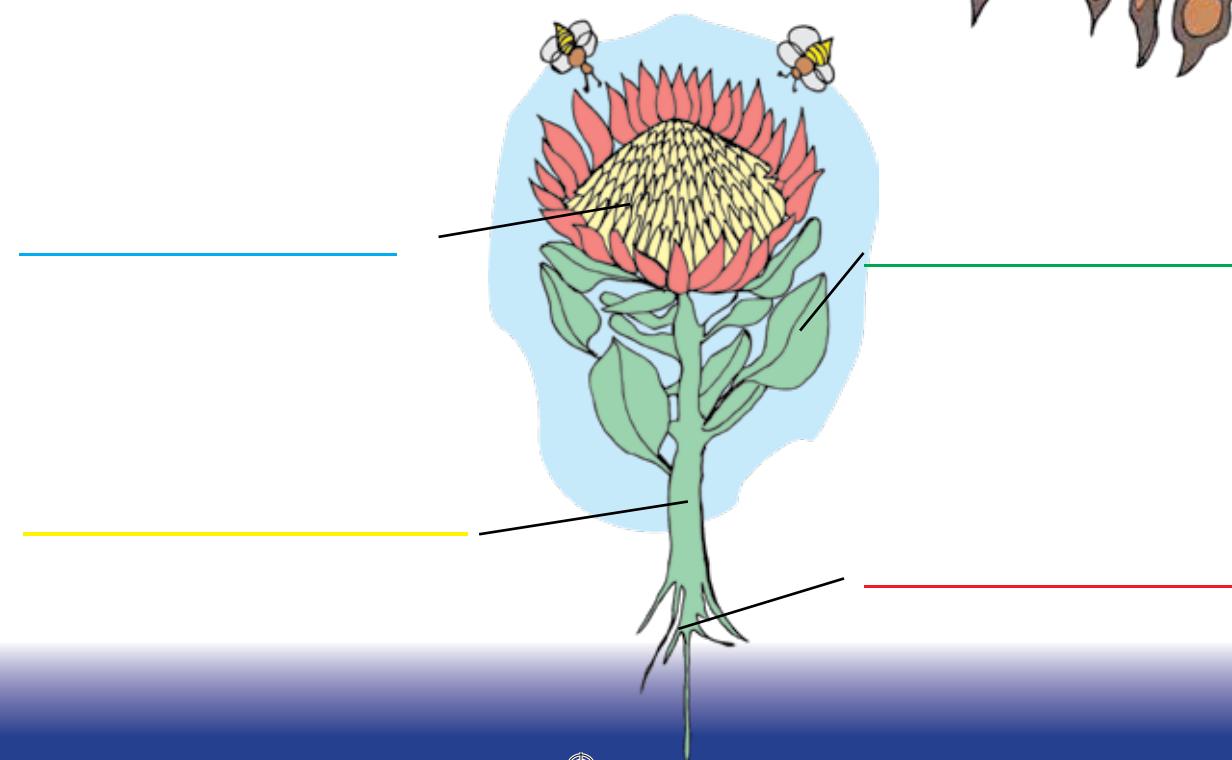
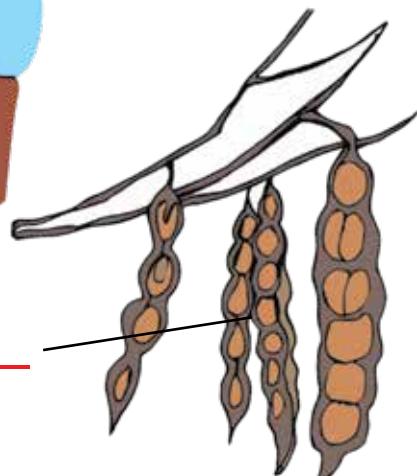
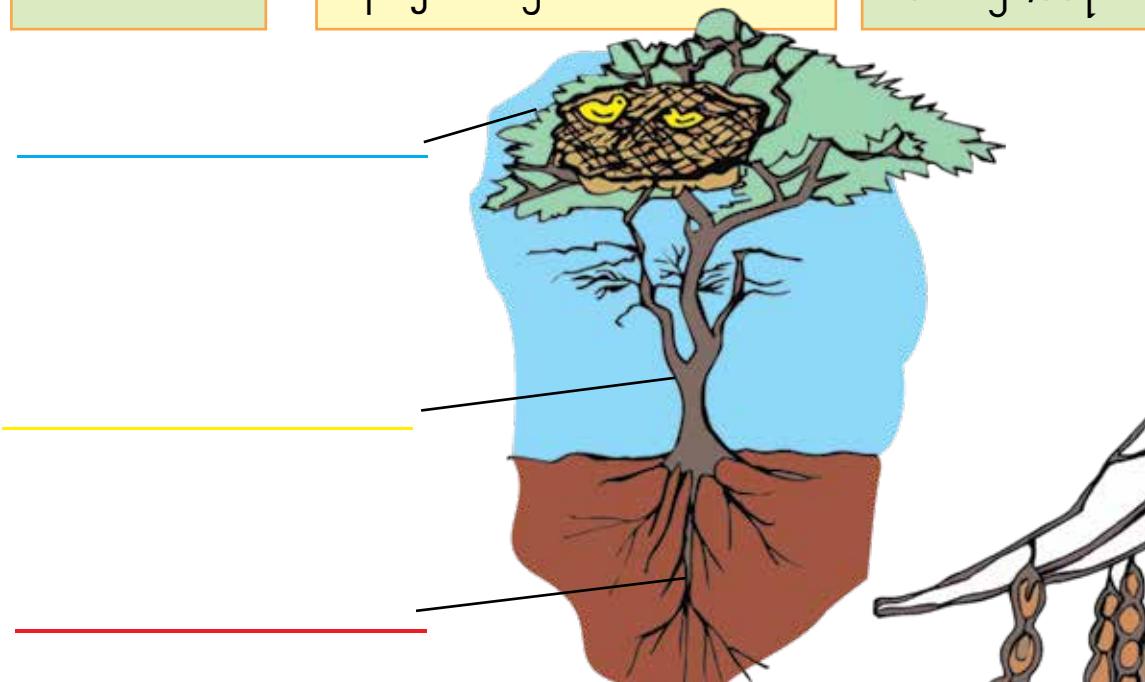
ithuthumbo

isiqu

ipotjwana yamathuthumbo

ikari

ihlanga/isiqu





Ilanga:



Asikhambahambe

Hlukanisa itlasi kibili abanye abafundi babe ziinunwana
zesivandeni abanye babe basebenzi besivandeni.

- Abasebenzi besivandeni abalinge ukukhandelanofana ukubamba iinunwana zesivandeni.
- Dlheganani ngemva kwemizuzu emibili ngokuba basebenzi neenunwana zesivandeni.
- Buyelelani kambalwa.



Asidllalen

Dlalani umabhaqelana.

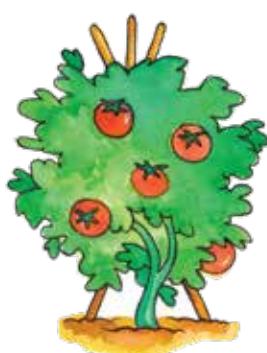


Iinunwana zesivandeni zizifihla kiyo yoke indawo ngaphasi nofana ngemuva kweentjalo bese
abasebenzi besivandeni balinga ukuzivimba ngaphambili kobana zidle zoke iintjalo.



Asikhulume

Imihlobohlobo yeentjalo ibonakala ihlukahlukene kodwana iyafana.
Qala iinthombe. Coca nomngani wakho ngeentjalo.
Khuyini okufanako begodu khuyini okungafaniko?



Asenzeni lokhu

Gwala nanyana upende inunwana
nanyana ingogwana efuna ukudla
iimbontjisi zakho.

Akukafaneli kobana kube
yinunwana yamambala. Cabanga
nje kwaphela. Gwala nanyana
upende ngemida ebonakala kuhle
nesakhiwo esihle.



Utitjhore:
Tlikitla:
Ilanga:

Imbewu nalapho ibuya khona



Asifunde

Ezinye iintjalo zinembewu efihlwe mathuthumbo nanyana sithelo. Begodu singatjala imbewu ukuze ikhiqize iintjalo ezitja. Imbewu ikhithika ukusuka eentjalweni ukuyokuba sitjalo esitjha.

Enye imbewu irhatjhwa mummoya nanyana babantu, iinunwana neenlwana.

Enye imbewu idliwa ziinyoni bese enye eqinileko engasilekiko lokha nayizithumako. Imbewu irhatjhaka ngaleyo indlela iwele nanyana kukuphi bese iyamila khona lapho.



Asikhulume

Imbewu le eseenthombeni ezingenzasi irhatjhaka bunjani? Imbewu eyodwa ifanele ukuba njani ukuze irhatjhaka ngendlela le? Cocisana nomngani wakho.



Nangabe ufunu ukutjala isitjalo
ekungesakho ngembewu,
ungasebenzisa imbewu yeentjalo
esesivandeni. Ungayithenga nesitolo
imbewu nawuthandako.





Ilanga:

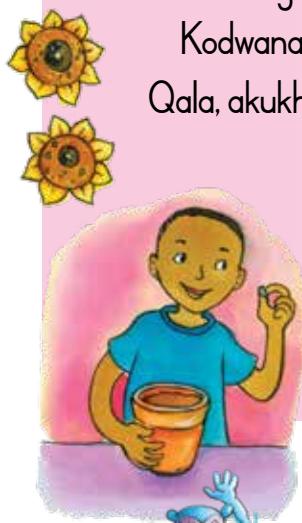


Asikhulume

Funda ikondlo le nemisikinyeko.

Ipilo ngemuva kwesitjalo

Le yimbewu encancazana:
Asiyitjale masinya ngaphasi kwehlabathi!
Iyakhula ibe nesiqu nethuthumbo
Inephunga elimnandi kilo.
Inyosi etinyelako naso ethuthumbeni
Masinya ithuthumbo elihle liyafa.
Kodwana unga tshwenyeka bewulile.
Qala, akukho nokukodwa kumvelo elilako.



Qalisisa, qala kwenzeka ikarisomraro:
Ithuthumbo lfile kodwana lirhatjheke
iindawo zoke.
Esiqwini salo begodu nangaphasi kwamakari
azotho.
Imbewu ephilako ilindile phasi!



Asikhambakhambé

Phola bese wenza kwangathi usitjalo
esincani khulu esikhula elangen elitjhisako.
Kokuthoma isitjalo nanyana ithuthumbo
liphila belikhula linqophe phezulu. Ngemuva
kwalapho isitjalo nanyana ithuthumbo
lithoma ukutjhwaba.
Kungabe kunomuthi oseduze.

Bona-ke kobana singadlala ngawo bunjani.
jinkani ngerobho ebotjhelelwe kiwo yaqina.
Kokuthoma jinka ubambelele ngezandla
zombili, bese ujinka ngesandla sakho
esinamandla ugcine ngokujinka ngesandla
sakho esinganawo amandla.



Amanowuthi wakatjhere:
Sebenzisa irobho, isetjhi
kanye neribhoni.



Utitjhere:
Tlikitla:
Ilanga:



44

Ithemu-3 - Iimveke-6

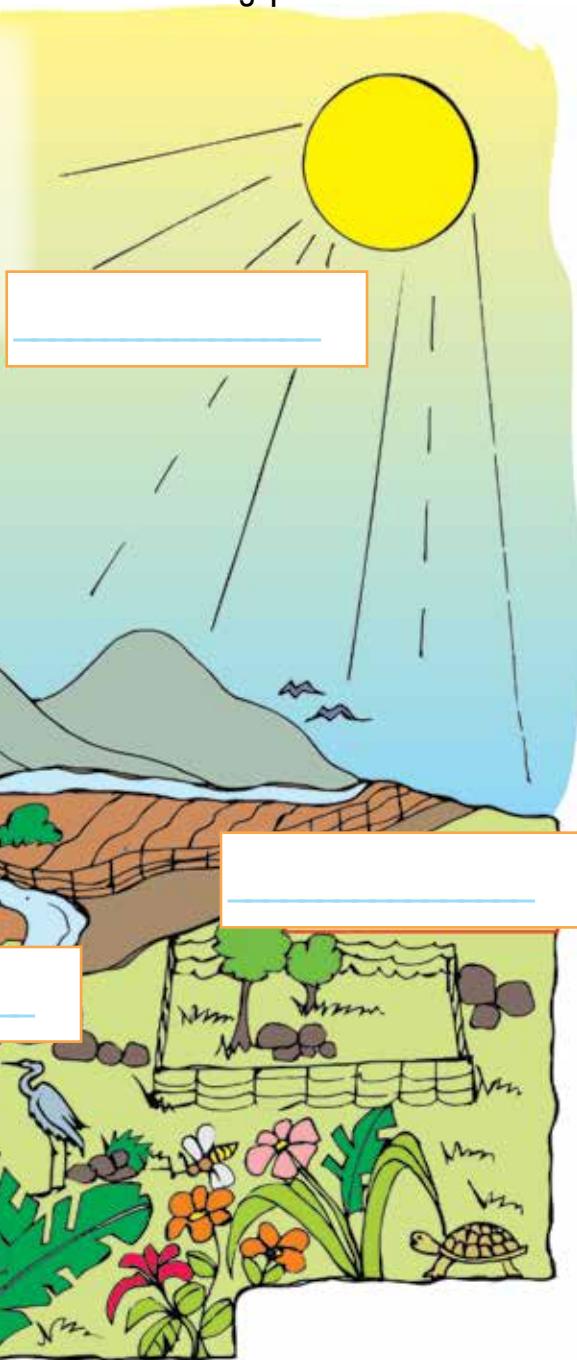
Okutlhogwa ziintjalo ukuze zikhule



Asikhulume

Qala isithombe. Kungabe koke ekukiso kuyaphila?

Cocisana nomngani wakho ngaso: ngiziphi izinto eziphilako ongazibona? Ngiziphi izinto eziphilako ekuziintjalo. Kungabe iintjalo ziyakhula? Kungabe iintjalo ziyadla? Kungabe iintjalo nazo ziyadla? Nangabe kunjalo, zidla ini? Kungabe iintjalo ziyasela? Nangabe kunjalo, zisela ini?



Asitlole

Kwanjesi tlola elinye nelinye igama esithombeni esingehla ukutjengisa kobana ngikuphi okutlhogwa ziintjalo ukuze zikhule.

umkhanyo welanga

amanzi

amanyutriyensi

umoya



Ilanga:



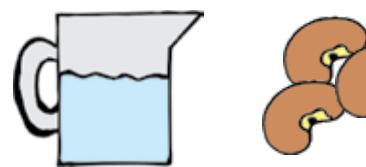
Asenzeni lokhu

Kulula ukutjala isitjalo ekungesakho.

Landela amagadango alandelako:

Igadango loku-l:

Gubuzesa iiimbontjisi ezi-3 hlangana
ivolo yekoten i emalarha amabili. Zifake
naphakathi kwesimumathi nofana
ngebhawulini elinganalitho



amanzi

iiimbontjisi



ibhawula



ivolo yekoten i



Igadango lesi-3:

Igadango lesi-2:

Thela amanzi phezulu
kwevolo yekoten i bese
uqinisekisa kobana
ithambile.



Beka isimumathi
nanyana ibhawuli
leyo phezulu kfefesidere nanyana
endaweni lapho kunomkhanyo welanga
khona.

Igadango lesi-4:

Ilanga-1



Igadango lesi-5:

Ngemva
kwamalangana, qala
ubone kobana isitjalo
sakho sikhula njani.

Sithelele kanye
ngeveke.

Ilanga-2



Ilanga-3



Ilanga-4



Nasele isitjalo sakho

sesinemirabhu,
ungasitjala-ke ehlabathini
ethambileko.



Igadango
le-6:

Thelelela isitjalo sakho njalo. Ngemva
kweemveke ezimbalwa, uzokwazi ukukha
iiimbontjisi ozitjalele wena ngokwakho.



Ukudla esikudlako



Asifunde

Ukudla okunepilo kusenza kobana sikhambé njengeembaseli nazenza ikoloyi kobana ikhambe. Sitlhoga ukudla okunepilo ukuze sikhwazi ukwenza izinto ngendlela okungiyo ngamalanaga. Ukudla okunepilo kusipha amandla begodu kwenza kobana sikhule.



Asenzeni lokhu

Qala iinthombe lezi. Tlola ibizo lokudla ngakunye ngaphasi kwesithombe ngasinye.



Asitlole

Uthanda ukudla okunjani? Ngikuphi ukudla ongakuthandi khulu? Tlola ukudla lokho ngaphasi kweshloko esingenzasi. Khetha esithombeni esingehla iimpendulo zakho.

Ukudla engikuthandako	Ukudla engingakuthandiko



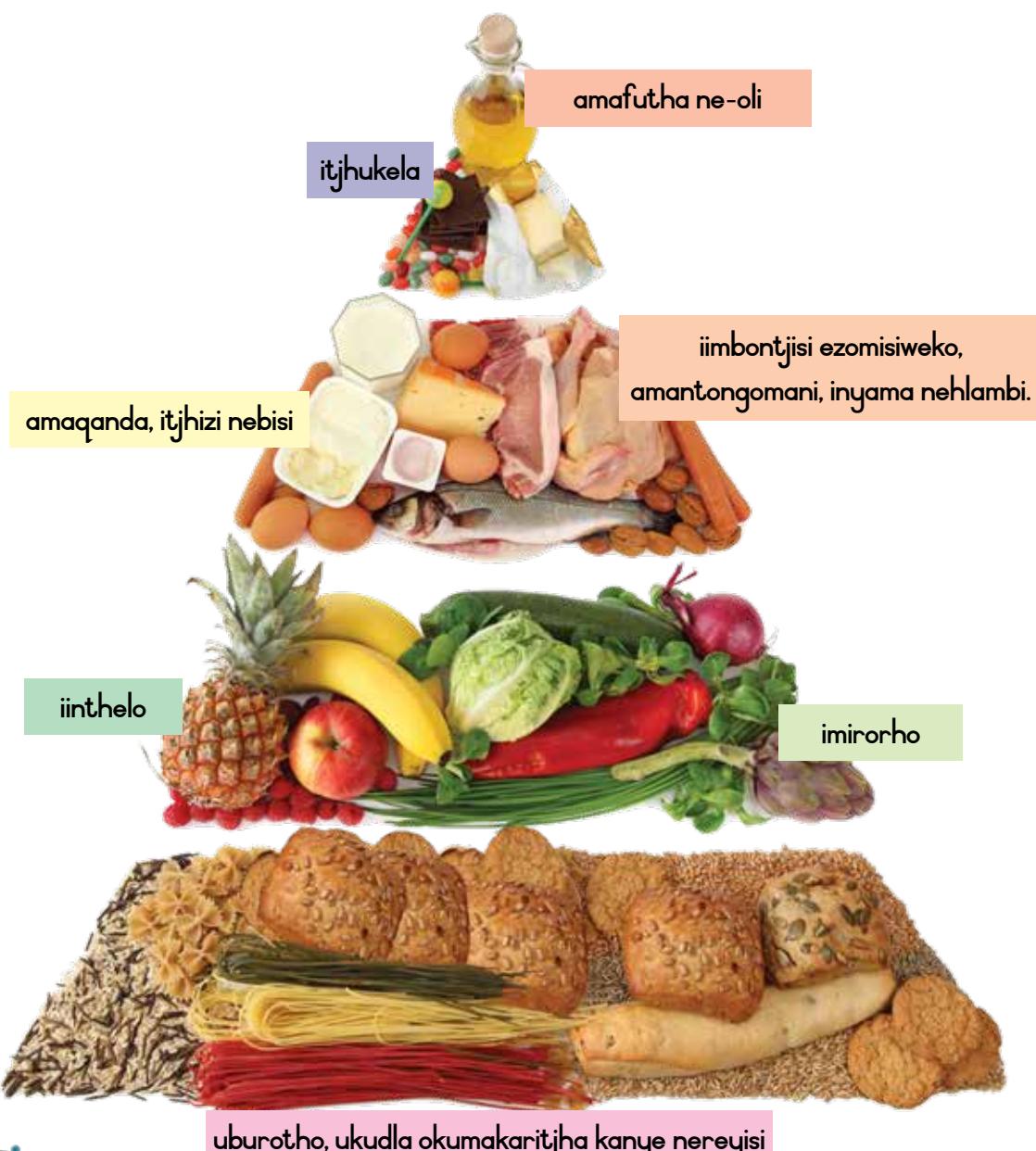
Ilanga:



Asifunde

Ukudla singakuhlukanisa ngemikhakha eli-7. Ukudla okungenzasi kufanele ukudle ngamalanga.

Ungakudla ukudla okungehla kodwana ingasi ngamalanga.



Asikhulume

Cocisanani ngetlasini.

Kungani kufanele sikudle kancani ukudla okubekwe phezulu esithombeni esingehla begodu sidle okunengi okubekwe esithombeni esingenzasi?

Utitjhore:	
Tlikitla:	
Ilanga:	

Ukudla okuhlukeneko kubuya kuphi?

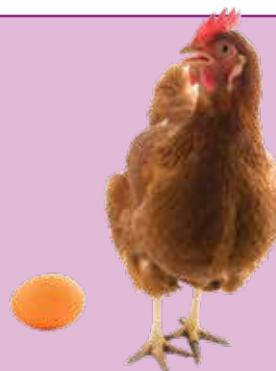


Asifunde

Ukudla okunengi kubuya emaplasini. Umkhinqizo osisekelo ukhinqizwa emaplasini bese uyasetjenziswa ukwenza eminye eminengi.



Uburotho namasiriyela kubuya ekoroyini.



Ekukhwini sithola amaqanda.



Ekomeni sithola ibisi nenyama. Senza iyogathi netjhizi ngebisi.



Iinthelo zikhula emithini neentjalweni.



Sisebenzisa isiphila ukwenza ipuphu.



Ilanga:



Iliju libuya eenyosini.



Umoba senza ngawo itjhukela.



Efaragini sifunyana inyama
nebheyikhoni.



Sitjala besivune imirorho eemvandeni
zethu.



Asenzeni lokhu

Vumani ingoma elandelako
notitjhere wenu.



Amahabhula, amagwava, amabhanana

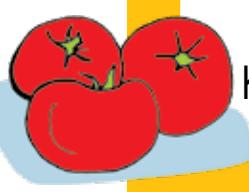
Iimbontjisi ama-erikisi namazambana

Koke kwenza kobana imizimba yethu
ikhule beyiqine.

Kungenza ngikwazi ukuqalana nomsebenzi

Ngidla kwaphela ukudla okunepilo!

Kungenza ngiphile bengibe namandla.





47

Ithemu - 3 - Limveke - 8

Ukudla okunepilo nokudla okunganapilo



Kanengi ukudla esikuthandako akusikho ukudla okunepilo. Ngesinye isikhathi sithanda ukudla okungakawulungeli umzimba wethu. Begodu ngesinye isikhathi asikuthandi khulu ukudla okuthileko okuwulungele khulu umzimba wethu. Kuvamile-ke kobana into esiyidla ngobunengi khulu itholakale ingakalungi. Ngalokho-ke ukudla ukudla okunengi khulu okumnandi akukalungi. Kungenzeka akunapilo ukudla ukudla okunengi khulu kwananyana yini. Yidla bewusuthe. Ungadli khulu ngesizathu sokuthi uthanda ukudla.



Sika iinthombe zokudla okunepilo nezokudla okunganapilo kibomagazini bese uzinamathisele emabhlegeni okungiwo. Nawungakwaziko ukuthola isithombe, kugwale ukudla lokho.





Ilanga:



Asitole

Isidlo sekuseni

Sebenzisa okufundileko ngokudla bese uzitlolela yakho imenu.

Isidlo semini

Isidlo santambama



Asenzeni lokhu

Uzokutlhoga lokhu:

- Iinthelo ezhilukahlukene
- Ijuzi yeenthelo
- Isikotlelo esikhulu esingumakupuru

Siyokwenza isaladi yeenthelo. Landela imiyalo engenzasi:



Landela amagadango alandelako:



- Hlanza iinthelo.
- Zikele lokha nakutlhogekako (njengama-orentji).
- Sika koke kube ziintokana ezincani (bawa omunye omkhulu akusize)
- Hlanganisela iinthelo ngaphakathi kwesikotlelo esingumakupuru.
- Thabela isaladi yakho nanyana ine-ayjisikhrimu nanyana ikhrimu.



Ukugcina ukudla

Qala iinthombe bese uphendula imibuzo.



Asifunde



IKHALENDÀ						
UKhukhulamungu 2015						
Mvl	Lsb	Lst	Lsn	Lsh	Mgq	Snd
		1	2	3	4	5
7	8	9	10	11	12	13
14	15	16	17	18	19	20
		22	24	25	26	27



Asikhulume



Ngikuphi okuyelelako ngamadadamunofana ngamalanga?

Singakghona ukukudla ukudla lokho?

Ucabanga kobana kwenzeke ini ngokudla lokhu?



Asifunde

Ukudla okutjha akuhlali kukutjha njalo. Okhunye ukudla okufana nemirorho neenthelo kuyathoma kutjhawabe bese kugcine ngokuthi kubole. Inyama, ihlambi nokhunye ukudla okutholakala ederini kuyakghora begodu angekhe sisakghona ukukudla. Singenza ini ukugcina ukudla isikhathi eside khulu? Indawo ephephileko yokugcina ukudla ukukufaka ngesiqandisini. Kodwana okhunye ukudla kungonakala nangekuhlala kuqandisiwe isikhathi eside. Kuneendlela ezimbili zokugcina ukudla kukutjha.



Ilanga:



Asikhulume

Qala iinthombe ezilandelako.

Cocisana nomngani wakho ngazo. Ngiziphi iindlela ukudla ekugcinwa ngakho isikhathi eside?

Ungocabanga ngezinye iindlela ezingenza ukudla kobana kungaboli? Cocisana nomngani wakho ngazo.

Tjela itlasi iimbonelo zalokho.

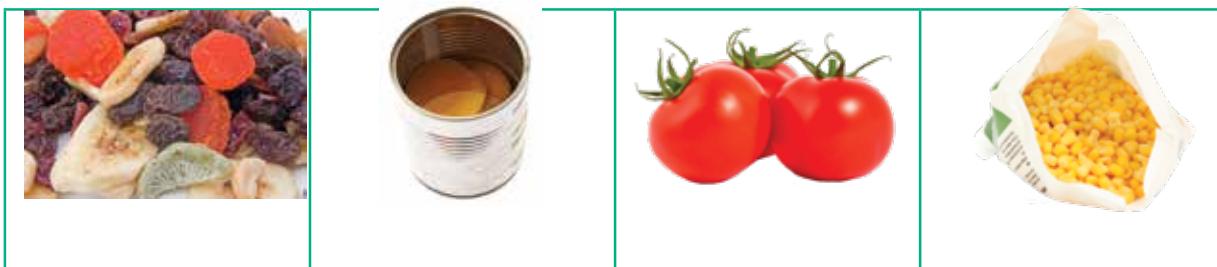


Asitbole

Qala iinthombe ezingenzasi bese ufundu amagama angemabhoksini.

Ngemuva kwalapho, tlola elinye lamagama alandelako ngaphasi kwesinye nesinye isithombe esikhambisana negama.

Okutjha	okungemabhlegeni	Okomisiweko	Okubekwa ngesiqandisini/ fritjhini
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49

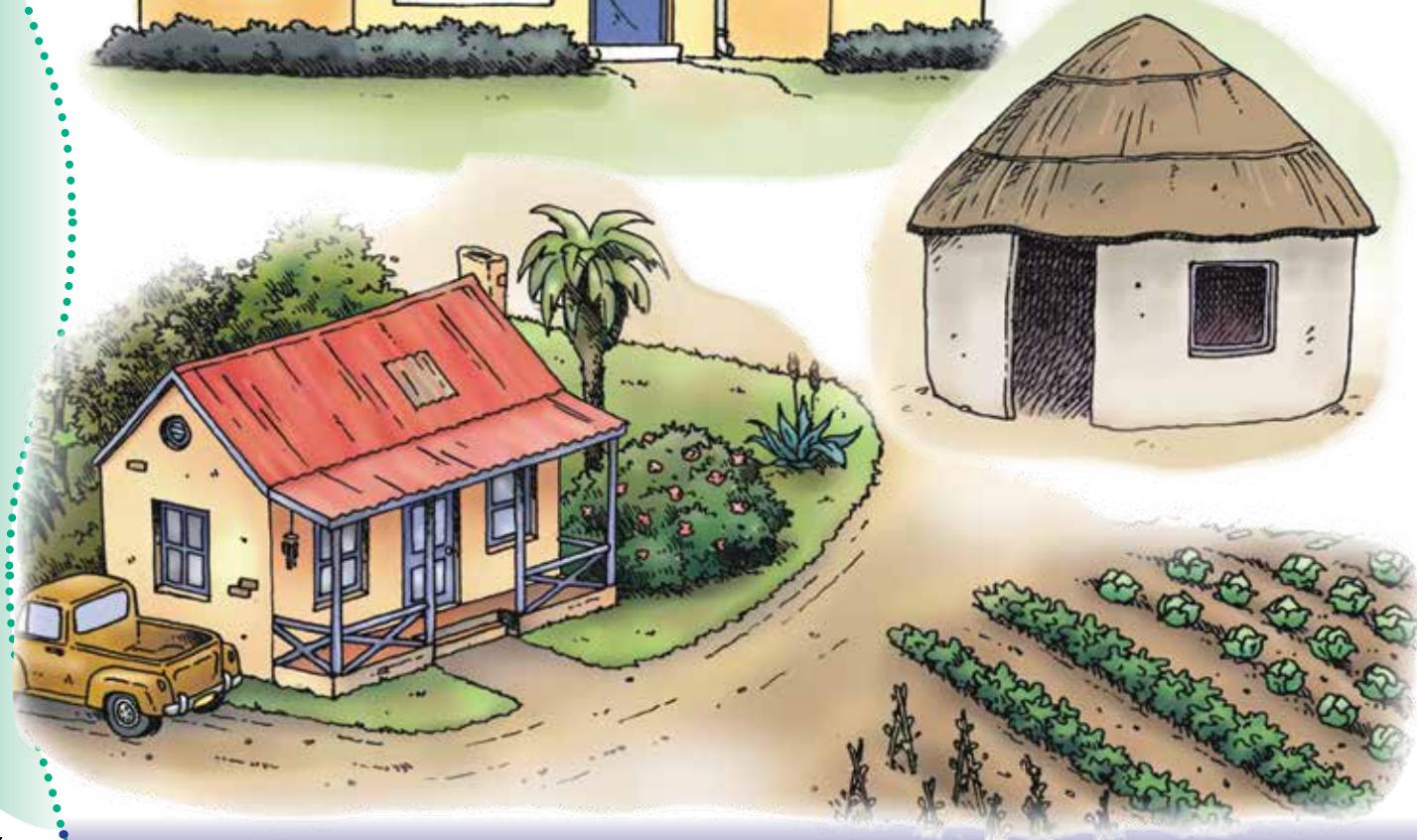
Imihlobo yamakhaya (1)

Timveke - I

Ithemu - 4

Asikhulume

Ikhaya lakho kulapha
uhlala khona. Abantu
abahlala eSewula Afrika
banemihlobo eyahlukene
yezindlu abahlala kizo.
Ungawathola kuphi
amakhaya alandelako?





Ilanga:



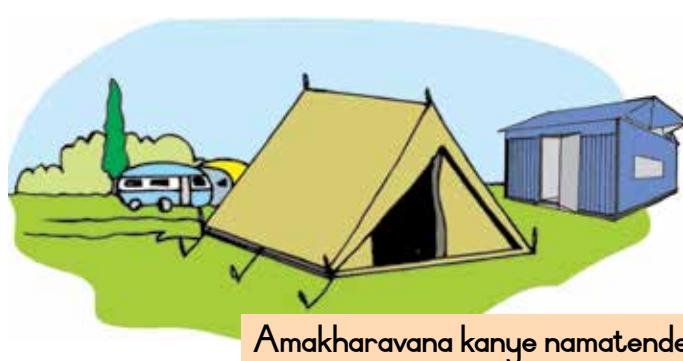
Asikhulume

Qala iirthombe ezingenzasi. Cocsana nomngani wakho ngezinto ezifanako ezindlini zoke. Bese niyabuya nicocisana ngezinto ezingafaniko. Ngiziphi izinto ezinengi khulu ezifanako begodu ngiziphi izinto ezinengi khulu ezihlukileko.

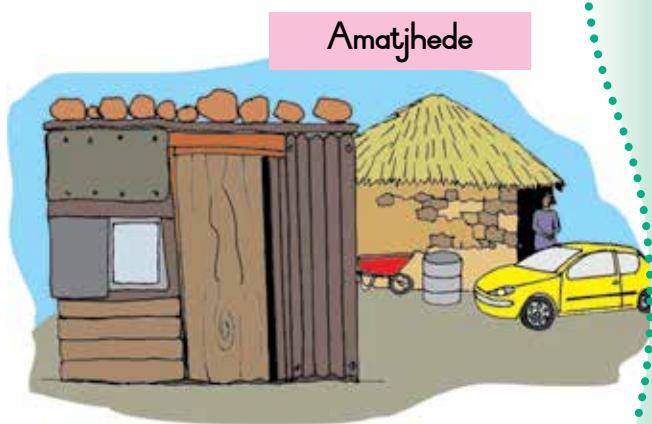


Amafledzi

Izindlu ezinomqaqado munye nanyana emibili



Amakharavana kanye namatende



Amatjhede



Izindlu zemakhaya



Izindlu ezaziwa ngamaCape-Dutch



Asenzeni lokhu

Sebenzani ngeenqhema. Thola ibhoksi lenyathelo nanyana elinye nelinye ibhoksi. Lipende ukuze liqaleke njengomuzi. Sebenzisa ibumba ubumbe isithombe sakho sibe ngaphandle kwendlu.

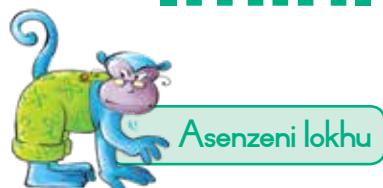




50

Imihlolo yezindlu (2)

It hemu-4 - Timveke-1



Cabanga ngezindlu ezihlukeneko wakhe wazibona endaweni
ohlala kiyo nanyana lapha wakhe wavakatjhela khona. Gwala
iinthombe ezimbili zezindlu ezihlukeneko owakhe wazibona.



Amanowuthi wakatitjhore:
Utitjhore wakho uzokulalela
imibono yenu.

Nasingaphakathi kwendlu eyakhiwe kuhle, asitjhi khulu
nanyana asigodoli khulu. Asinethwa begodu asiphetjhulwa
mummoya.

Abantu abanengi abakavikeleki ngendlela esikhuluma ngayo.

Coca nomngani wakho nikhulume ngendlela abantu
abazivikela ngayo nabanganawo amakhaya.



Ilanga:



Asikhambahambeni

- Yelula isandla sakho ngendlela ongakghona ngayo uthinte indawo efulelwoko yendlu yekhenu.
- Guqa phasi ngamadolo utjale iintjalo esivandeni.
- Lula izandla zakho khulu uvule amafesidere wendlu yakho. Bese ubuye uwavale.
- Kothama bese uhlawule esivandeni sakho.
- Thanyela phasi ngomthanyelo.
- Hlanza amafesidere ngetjhila.



Amanowuthi wakatitjhere:

Lalela igido utitjhere azokudlalela lona esigubheni asibethako. Khamba ngejido lelo. Lokha utitjhere nakatjhugulula igido, nawe tjhugulula ibelo lokukhamba lokusikinyeka kwakho.
Lalelisisa.



Utitjhere:
Tlikila:
Ilanga:



51

Izinto zokwakha izindlu

It hemu-4 - Timveke-2



Sisebenzisa izinto ezihlukeneko ukwakha izindlu. Qala iinthombe ezingenzasi.



iintina



amathayili



amasenke



isamende



umhlanga



irhalasi



amapala /iingodo



ikhuni/amaplanka



amatje



amatende



iplastiki

idaka/
ihlabathi

iiinsimbi



iiinkhumba



isanda



Cocisana nomngani wakho ngezinto ezihlukahlukeneko zokwakha izindlu.

Ngiziphi ezibuya efemini?

Ezinye izinto zibuya kuphi?

Tjela abantwana abanye kobana wena izindlu ozibonako nawuza esikolweni zakhiwe ngani.

Amanowuthi wakatitjhore:
Utitjhore angatlola
irherho lezinto
ebhodini.



Ilanga:



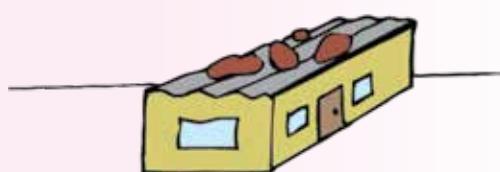
Asenzeni lokhu

Emhlobeni ngamunye wendlu, thala
umuda uye kilokho akhiwe ngakho.

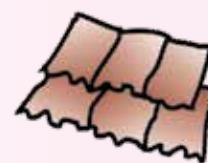
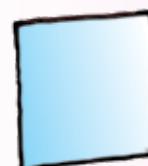
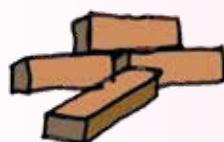
Amanowuthi wakatitjhore:
Utitjhore uzokuthatha iincwadi
zenu zokusebenzela ayoziqala.



Imihlubo yezindlu



Izinto zokwakha



Utitjhore:
Tlikila:
Ilanga:



Izindlu ezizokujamelana nobujamo bezulu obahlukahlukene



Asifunde

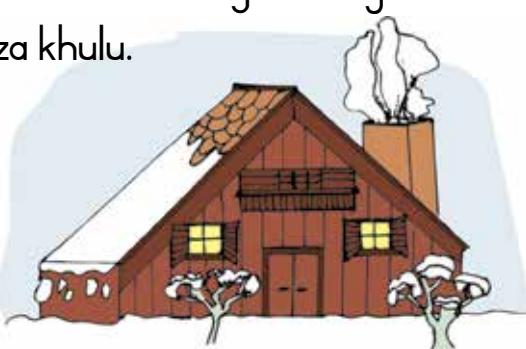
Izindlu zivikela abantu ebujameni obahlukahlukene bezulu. Zingasivikela emisebeni yelanga etjhisa khulu. Zingasivikela godu nemakhazeni , izulu nalinako nalokha kunomoya.



Bewazi kobana abantu abahlala eendaweni ezimakhaza kufanele bakhe izindlu zabo ngendalela ekhethekileko njengalezi ezingenzasi? Izindlu lezi kufanele zibabulunge bafuthumele lokha nakukhithika igabhogo.

Lo mumebhe wendawo ebizwa ngokuthi yi-Greenland.
Yindawo emakhaza khulu.

Le yi-gloo



abantu abahlala eplanedini ebizwa nge-Artic enerhwaba elinengi, bakha izindlu zabo ngerhwaba.

Igabhogo liqotha amakhaza. Izindlwana lezi zibizwa ngokuthi yi-gloo.



Ilanga:



Asenzeni lokhu

Ngeenqhem, lingisani kobana ningakha bunjani indlu.
Zikhetheleni kobana nizokwakha indlu enjani.

Nizokusebenzisa izinto zokwakha ezinjani?

izindlu ezingakakhwa
ngeplani

Yabelanani imisebenzi. Kuzokuzwakala

umnyango/
umbadi

maphi amatjhada?

izindlu zemakhaya

Sebenzisani amanye wamagama

alandelako.

izindlu ezilakanyeneko
nofana kibili.

izindlu zamaCape-Dutch

iintina

umthangala

ipende

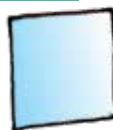
amafledzi

amafulelo

itjhimela

ifesidiri

isamende



Asifunde

Yitjho ikondlo elandelako
njengengcenyé yakho yokulingisa:

Yakha, yakha indlu yakho etja!

Yiza neentina, meda iboda

Bethelela isipikiri leso, qinisa isikrufu leso

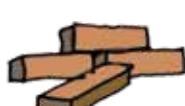
—
Zivikele elangeni

Yakha, yakha indlu yakho etja!

Yiza nesanda neminyango
namathayili.

Yiza namanzi, hlanganisa nesamende —

Zivikele ezulwini.

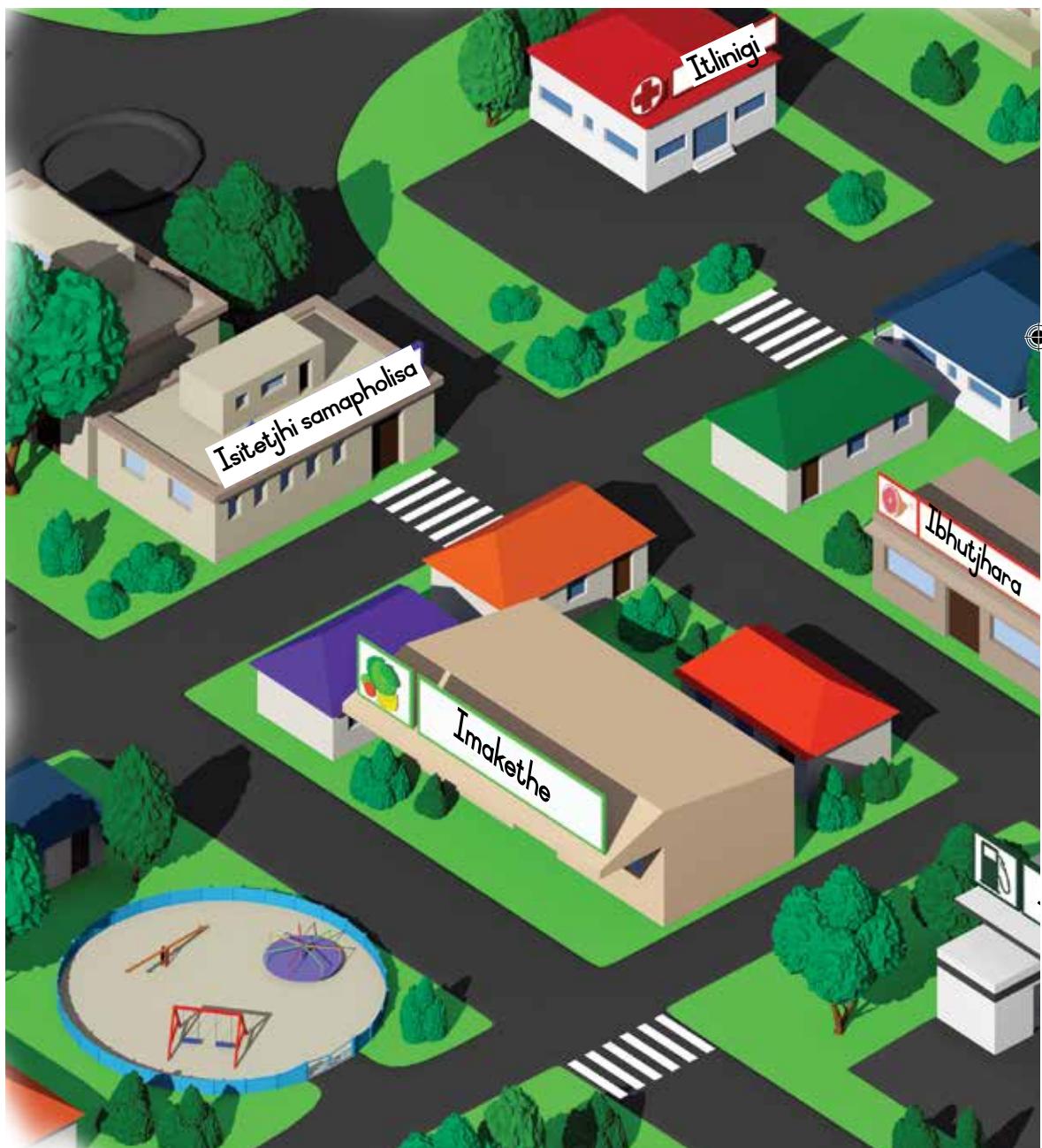




Ukuthola iindawo nezinto (1)

Kunemebhe eyahlukahlukeneko. Ukukhetha umebhe wakho okungiwo, kufanele sazi umebhe lowo uyowusebenzisela ukwenza ini. Umebhe weendlela ukusiza ukuthola iindlela/iintrada neendawo edorobheni nanyana edorobhokazini.

Abalimi bathanda iindawo ezinomebhe otjengisa amadamu, imilambo neentaba.





Ilanga:



Asenzeni lokhu

Wena nomngani wakho, cocani ngemibuzo elandelako. Gwala isiyingi undulungele iindawo esithombeni emakhasini amabili la.

Ungazithola kuphi iincwadi ongazifunda?

Ungawubika kuphi umlandu wokwetjiwa kokuthileko?

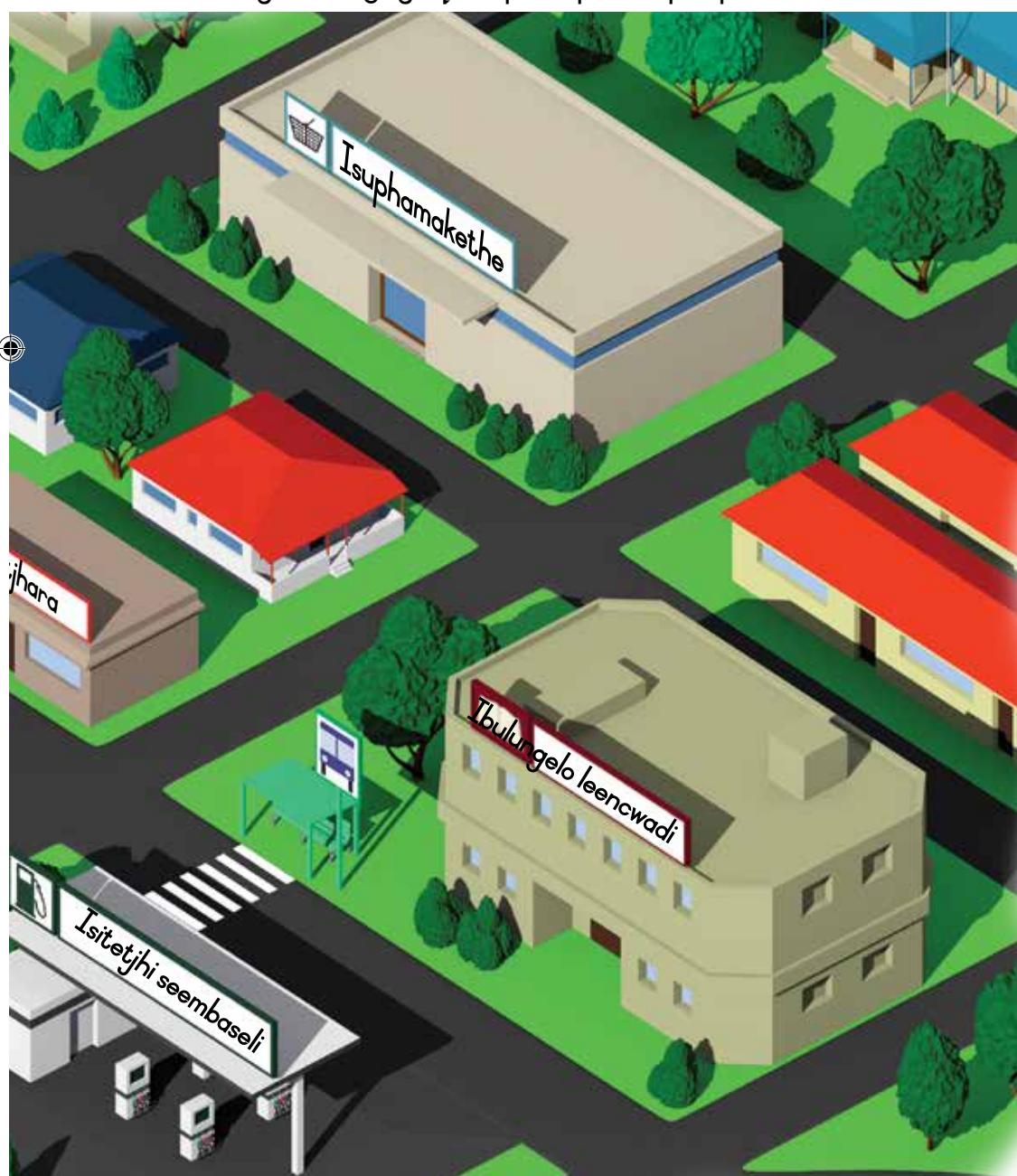
Ungaya kuphi lokha nawugulako?

Ukudla ungakuthenga kuphi?

Ungaya kuphi nawufuna ukujamela ibhesi?

Indlela yona ungayeqa kuphi lapha kuphephileko?

Amanowuthi wakatitjhere:
Utitjhere wakho uzoyifunda
ngayinje ngayinje, ngemva
kwalapho ningafunyana
iimpendulo.





It hemu - 4 - Timveke - 3

44

Ukuthola iindawo nezinto (2)



Qala indlela emebheni wendlela u Jason awulandelako ukusuka kwabo nakaya esikolweni.

Hlathululela umngani wakho kobana u Jason indlela ayilandelako nakasuka ekhaya aya esikolweni. Naka amanye amagama ongawasebenzisa.

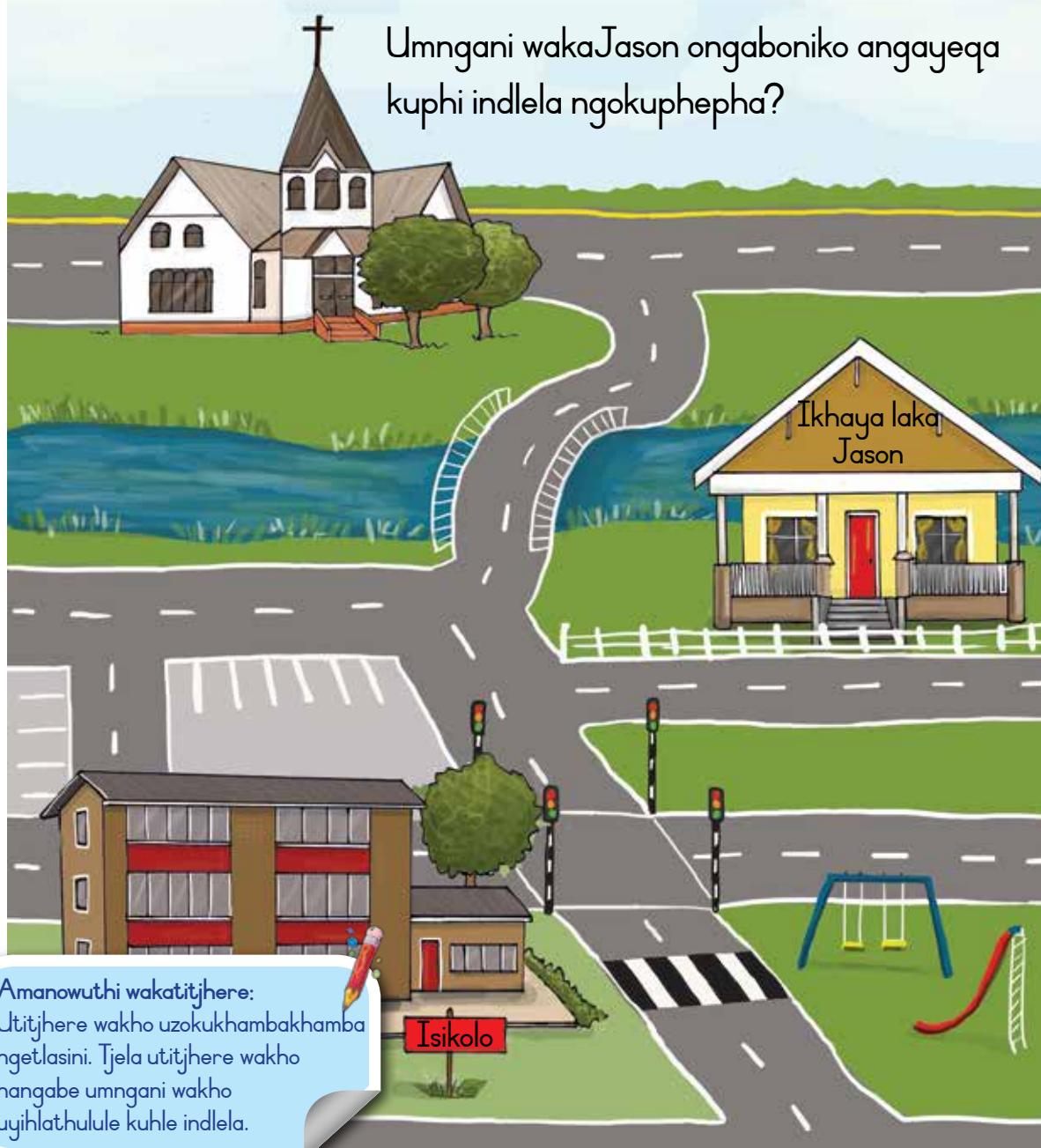
ngehla

udlula

eqadi

ngaphezulu

ngaphasi





Ilanga:



Asikhambahambe

- Yizani nerobho ede niyibekе phasi.
- Niyokukhamba "endleleni" le.
- Khambani niye phambili, emuva ngemaqadi ngokulinganisa nerobho.
- Khambani niye phambili nilinganise nerobho nithwеле izandla zenu ehloko.
- Khambani nibuyele emuva nilinganise nerobho nibeke izandla zenu ngemuva.
- Khambani ngitjhinge ngemaqadi nilinganise nerobho, nibeke izandla zenu emadinini.



Asifunde

Uyenze ngepumelelo engangani imisikinyeko engehla? Nangabe ungayenza kuhle yoke imisikinyeko, penda ebusweni obumomothekako.

Nangabe awukaphumeleli ukuyenza yoke imisikinyeko, penda ebusweni obudanileko. Nangabe ukghonile ukwenza eminye yemisikinyeko, penda ebusweni obuphakathi.

Ngingakhamba ngitjhinge phambili nemuva ngilinganise nerobho.			
Ngingakhamba ngiye ngemaqadi ngilinganise nerobho.			
Ngingakhamba ngitjhinge phambili ngilinganise nerobho ngibeke izandla zami phezu kwehloko.			
Ngingakhamba ngitjhinge phambili ngilinganise nerobho ngibeke izandla zami ngemuva.			
Ngingakhamba ngitjhinge ngemaqadi ngilinganise nerobho ngibeke izandla zami phezu kwedini.			





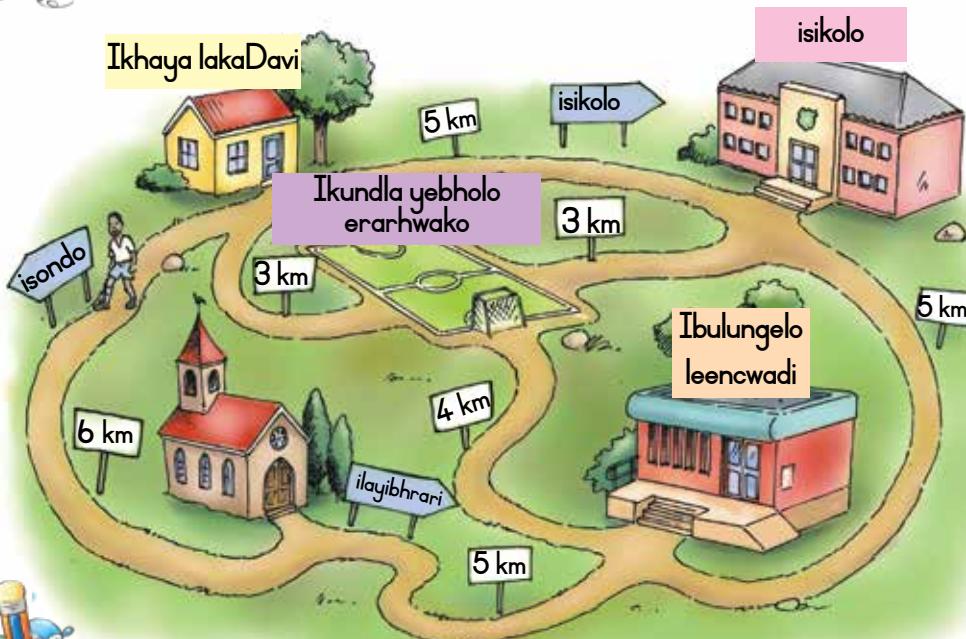
55

Ukufumana indlela

Ithemu-4 - Timveke-4



Imebhe enesithombe iyasisiza kobana iindawo zikude kangangani ukusuka kenyeyue kenyey. Qala umebhe olandelako.



Phendula imibuzo elandelako. Ungabawa umngani wakho kobana akusize.

Gwala isiyiingi nanyana indulungu lapha ubona kutlolwe **km**.

Uneeyiingi ezingaki?

uDavi ukhamba ukusuka esikolweni ukuya ebulungelweni leencwadi.

uDavi ubona ini eduze kwebulungelo leencwadi?

Ubone liphi itshwayo endleleni?

Ukhambe ibanga elide kangangani?

Amanowuthi wakatijhere:
Vama ukuqinisekisa kobana
uqinisekile ukutjela utitjhere
wakho lokha nawungaboni
litho kuhle.

Nakajame emnyango wangaphambili webulungelo leencwadi, uDavi ubona muphi umakhiwo?

uDavi ulambile. Ufuna ukubuyela kwabo. Penda indlela efitjhani khulu esuka ebulungelweni leencwadi eya kwabo.

Phendula ngo-Iye nofana ngo-Awa:

Ingabe ikundla yebholo erarhwako iseduze khulu nakwabo?

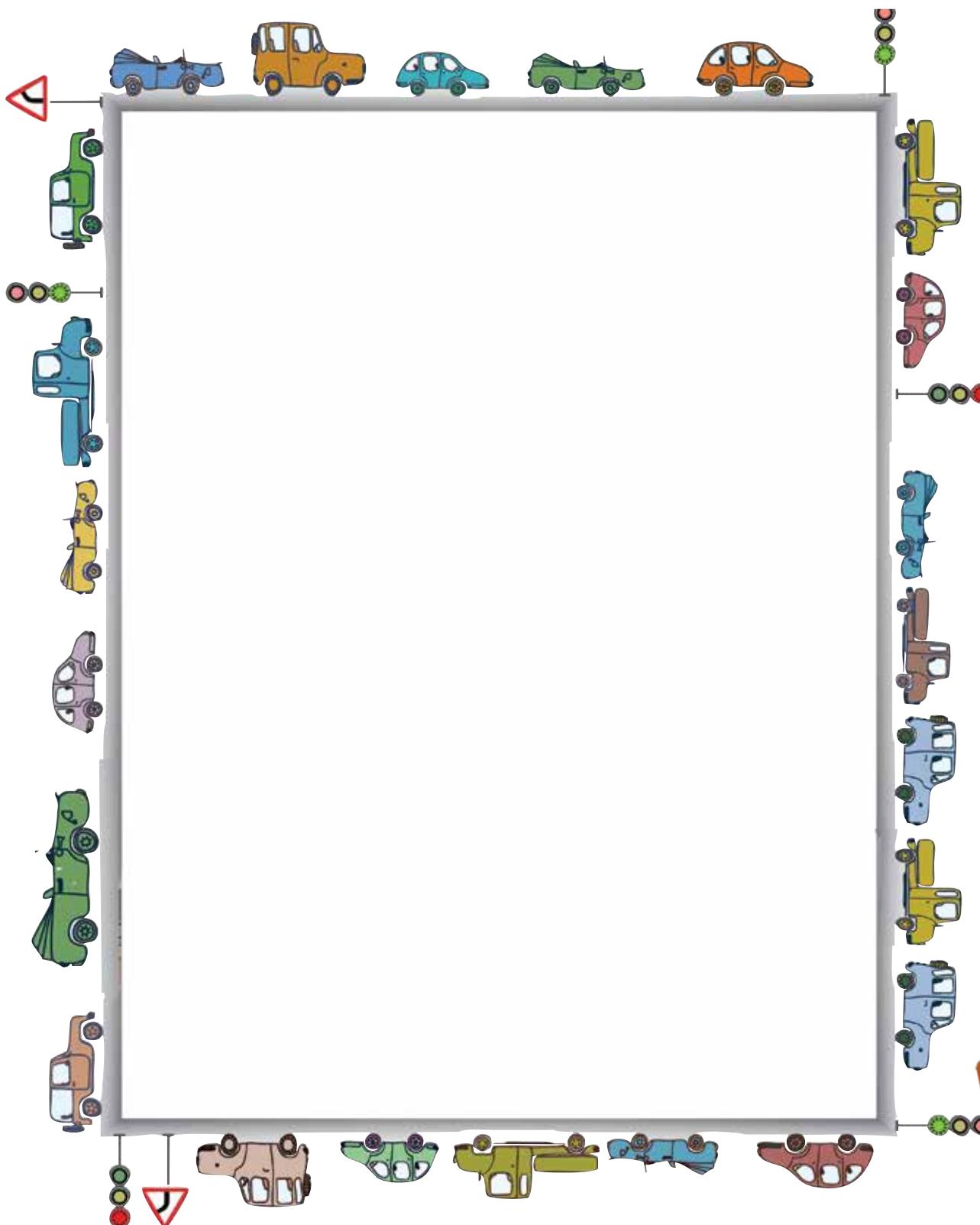


Ilanga:



Asenzeni lokhu

Gwala umebhe wakho wendlela oyilandela hlangana neendawo ezimbili. Ungakhetha nanyana ngiziphi iindawo ezimbili. Nasele uqedile, unga tjemisa abangani bakho umebhe wakho. Nikela umngani wakho umebhe ukuze ahlathulule indlela ozoyikhamba. Yewutjheje nangabe uhlathulula ngendlela okungiyo. Tjela utitjhere wakho lokha umngani wakho nakahlathulule ngendlela okungiyo.





56

It hemu-4 - Timveke-4

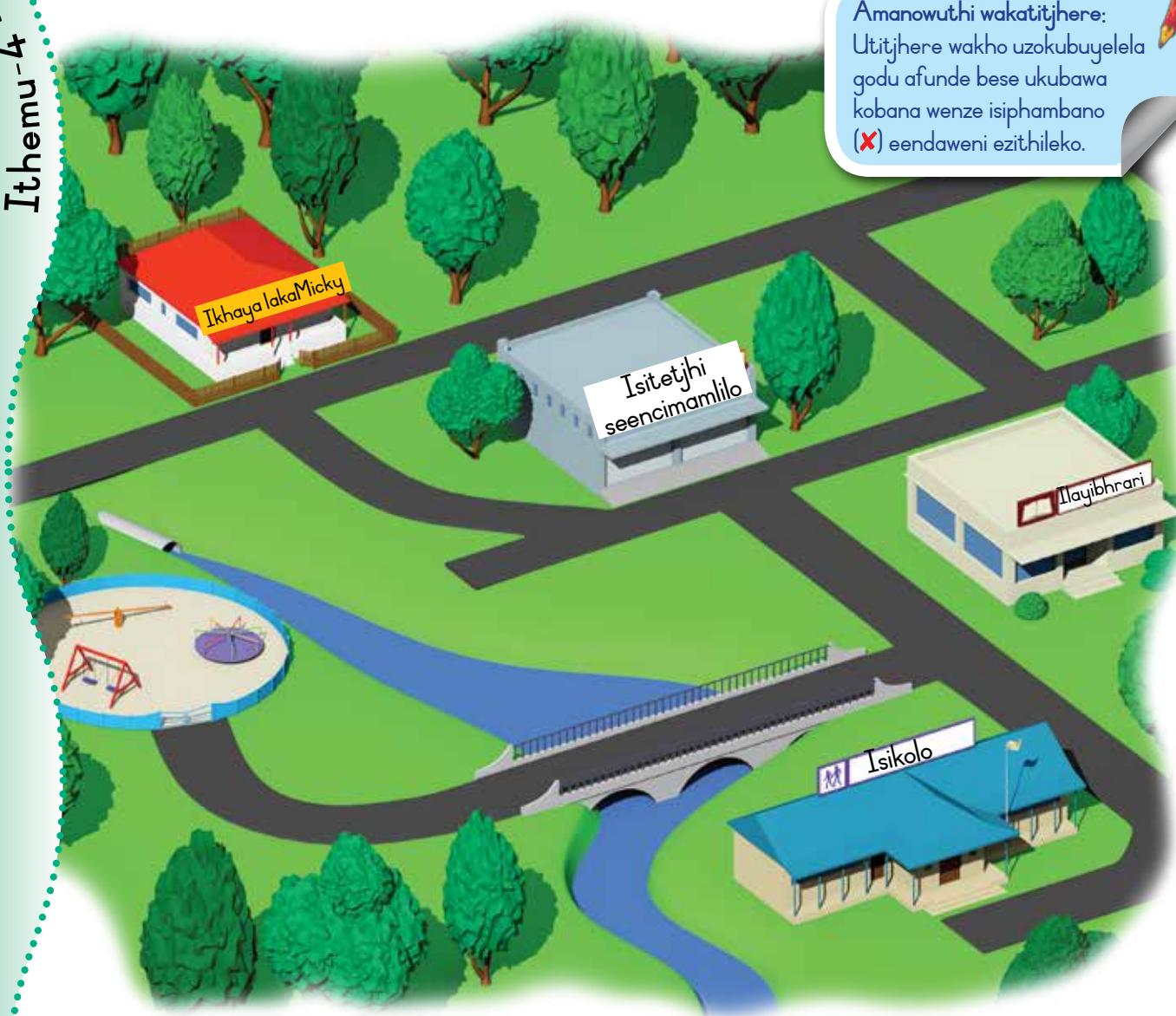
Ukuthola izehlakalo endatjaneni



Asenzeni lokhu

Utitjhore wakho uzokufunda indatjana ekhuluma ngoMicky.
Lalelisisa kuhle. Landela indledlana yakhe emebheni encwadini yakho.

Amanowuthi wakatitjhore:
Utitjhore wakho uzokubuyelela
godu afunde bese ukubawa
kobana wenze isiphambano
(✗) eendaweni ezithileko.



NgoMgqibelo uMicky udlala ephageni nabangani bakhe (✗).

Namhlanje ekuseni, unina umbuzile, "Ugogo wakho uyagula, ngiyakubawa,
akhe uyomnikela ukudla lokhu?" UMicky uthatha isikhwama esikhulu
esinokudla. Uthe lokha nakaphuma ehegeni wahlangana nendoda.



Ilanga:

Indoda yatjho ngephimbo elirhorozelako yathi, "Arha, ngiyakubona uthwele ukudla. Uphathele ugogo wakho angithi?" Lokho kwamethusa khulu uMicky. Wakhambisa khulu ehla ngendlela sele anqophe lapha kunesicimamlilo khona. Lapho ujikela ngesandleni sokudla (X).

Kodwana uthe nakaqala emuva, wabona indoda leya imlandela.

UMicky ukhetha ukuyokuthola isizo ebanganini bakhe ephageni. Ut he nakafika ebulungelweni leencwadi, ngesandleni sakhe sesidleni . (X).

Ngesandleni sakhe sesincele wabona isikolo wabe wasidlula (X).

lindlela zithule du. UMicky kwanjesi weqa indlela masinyana/ngokurhabako (X).

Ekugcineni wabona iphaga. Wakhamba ngaphezu kwebhlorho (X) ukuyokuhlangana nabangani bakhe ehegeni! (X)



Asikhambahambeni

Kwanjesi siyokudlala umdlalo wokugijima umgijimo werileyi.

- Kwanjesi bekani iinhlalo zenu zenze isiyangi. Dlalani "umvumo weenhlalo" – nifanele nifumane indlela efitjhani eya esihlalweni.



Utitjhene:
Tlikitla:
Ilanga:



57

Amanzi siwasebenzisa bunjani: emakhaya nesikolweni

Ithemu-4 – Timveke-5



Asitlole

Amanzi siwasebenzisa pheze ngamalanga. Qala iindlela ezahlukeneko esizisebenzisela amanzi. Ngenzasi kesinye nesinye isithombe, tlola kobana amanzi asetjenziselwa ukwenza ini. Sebenzisa iinhlokwana lezi.

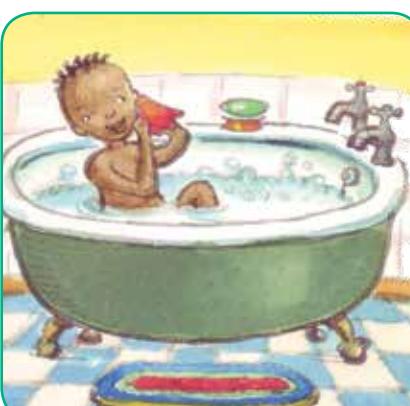
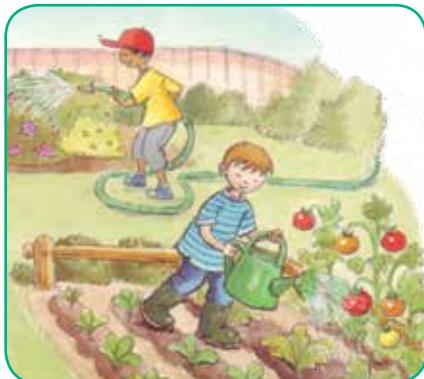
Ukwenza umlilo.

Ukuhlamba imizimba yethu.

Ukusiza iintjalo zimile.

Ukuhlanza izembatho nezitja.

Ukupheka ukudla.





Asikhulume

ngendlela eyongako.

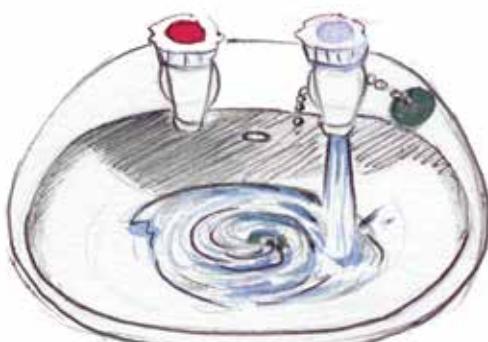
Khuluma ngeendlela ezinye
zokusebenzia amanzi

Amanzi ayakarisa! Singahlathulula
izinto ezinengi ezenziwa ngamanzi.

Cocisanani ngezinye iindlela lapha amanzi
angasetjenziswa ngazo khona. Amanzi yinto
eqakatheke khulu. Khulumani ngokuthi
siwona bunjani amanzi. Kungenzeka ini lokha
nasingenawo amanzi? Yabelana ngemibono
nabanye abafundi.



Asikhambakhambeni



Lingisa okulandelako.

Amanzi aphuma
epompeni athontela
ngesitjeni sokuhlambela.

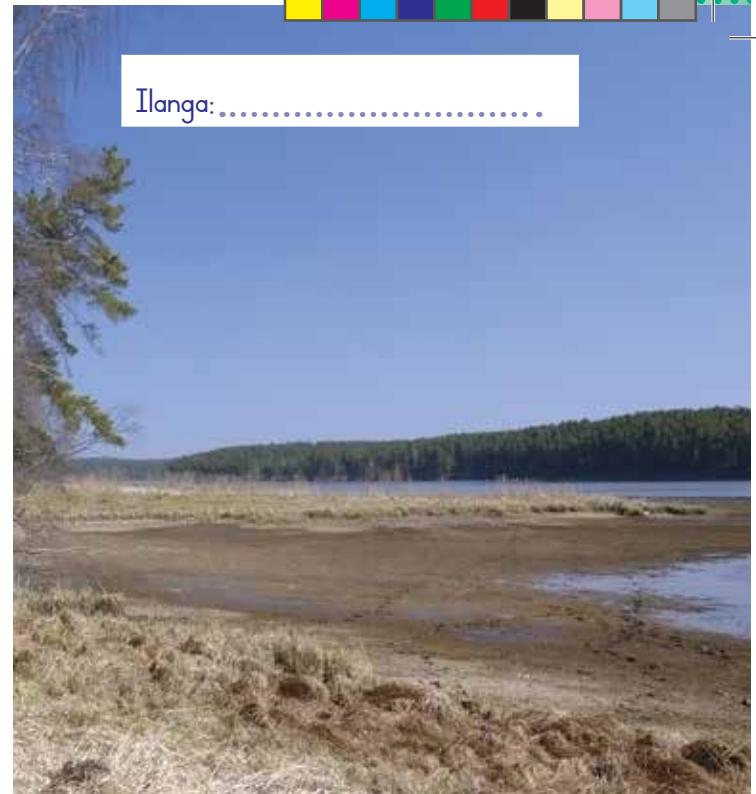


Ilifu lezulu lakheka,
laba likhulu kuthi
ekugcineni izulu
line bese ilifu
liyanyamalala.

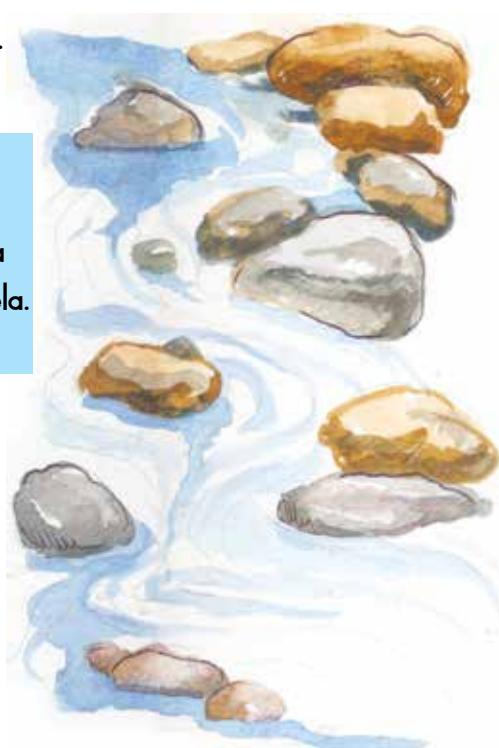


Asidllaleni

- Dlalani "Umgqomu namathosi wamanzi".



Ilanga:



Umlambo ogeleza kancani
ematjeni nomlambo ogeleza
phezulu kwesanda.





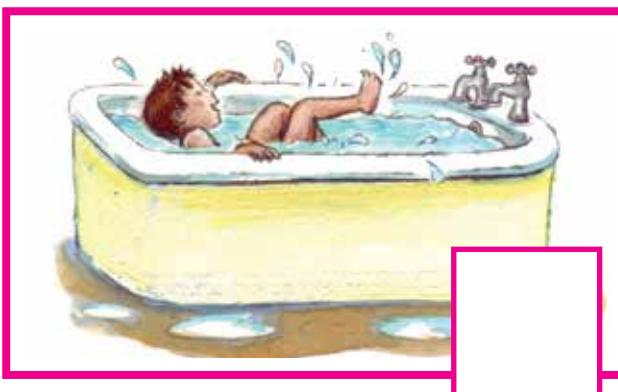
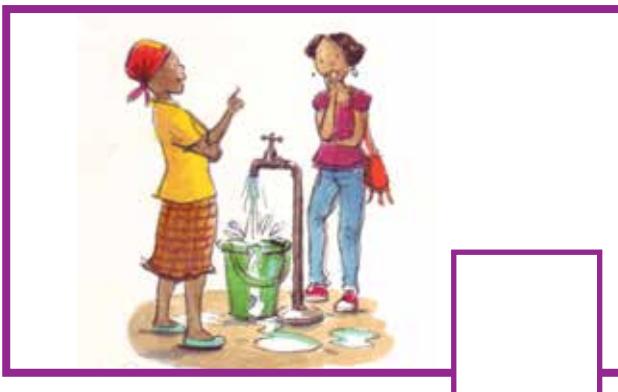
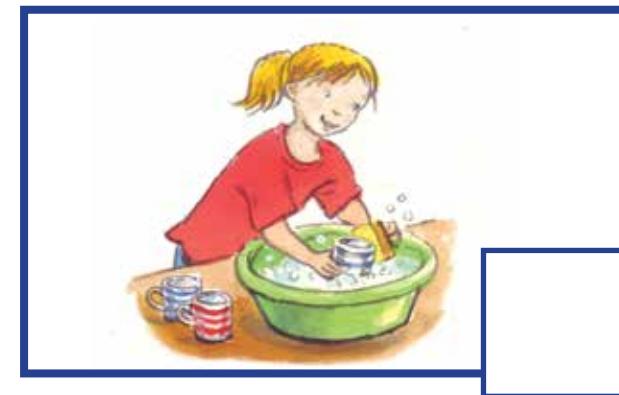
58

Ithemu-4 - Timveke-5



lindlela amanzi onakala ngayo

Qalani iinthombe ezilandelako. Tlola itshwayo (✓) eduze kwestithombe lapha amanzi ongeka khona bese utlola isiphambano (✗) lapha amanzi oniwa khona





Ilanga:



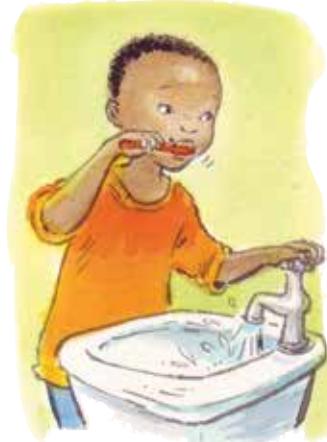
Asikhulume

Qala iinthombe lapha utlole khona isiphambano. Cocisanani ngazo ngetlasini niveze kobana esithombeni ngasinye benza ini. Coca ngokuthi bangasebenzisa bunjani amanzi ngokuwonga.

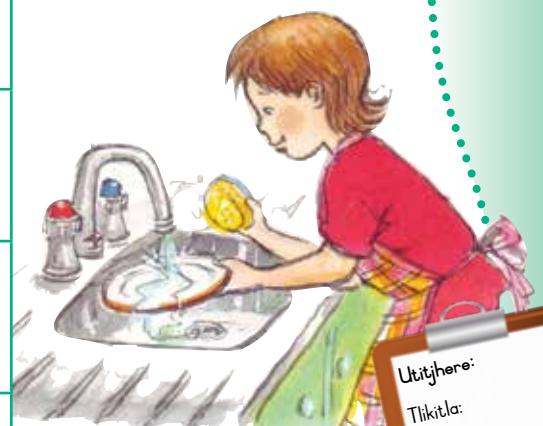


Asitbole

Qala iinthombe. Funda imitjho engenzasi. Faka itshwayo (✓) kesinye nesinye isenzo esingasisiza ukonga amanzi, bese ubeka isiphambano (✗) kesinye nesinye esingongi amanzi.



	✓ nanyana ✗
Ngivulela amanzi epompeni lokha nangitlubha amazinyo wami.	
Sisebenzisa isibha esingayoniko imvelo. Angiwathululi amanzi ebengihlamba ngawo kodwana ngithelelela ngawo esivanden.	
Njalo ebusuku ngihlamba umzimba ngamanzi azele swi ibhada.	
Nangibona ipompi ivuza, ngiyayivalisisa.	
Sihlanza izitja epompini ngaphandle lapha amanzi agijima khona.	



Utitjhere:
Tlikila:
Ilanga:

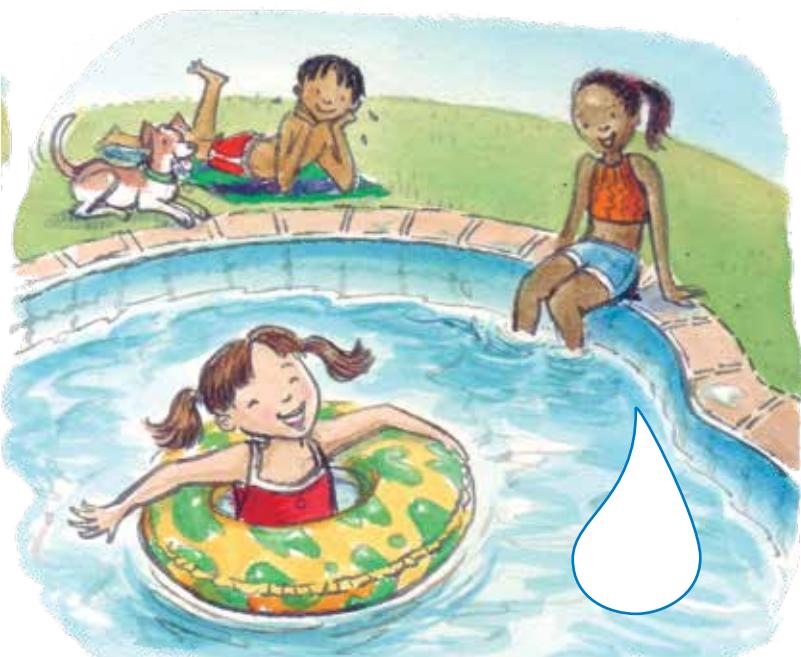
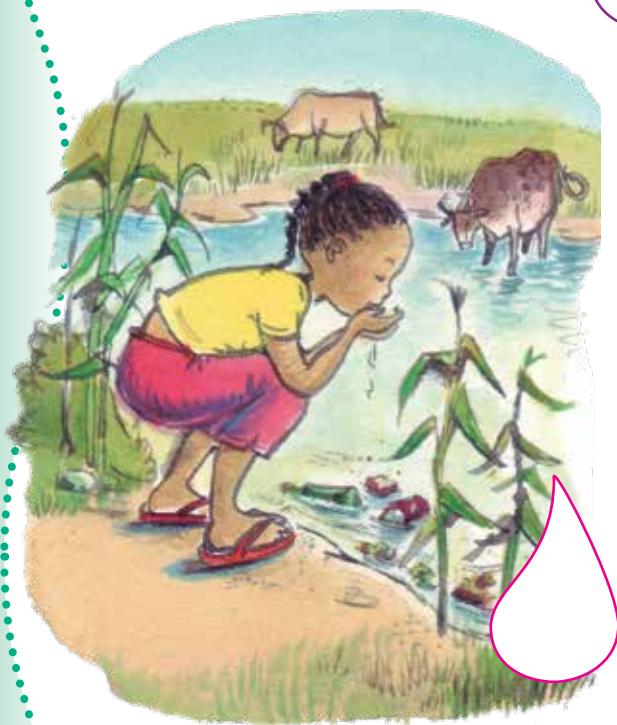
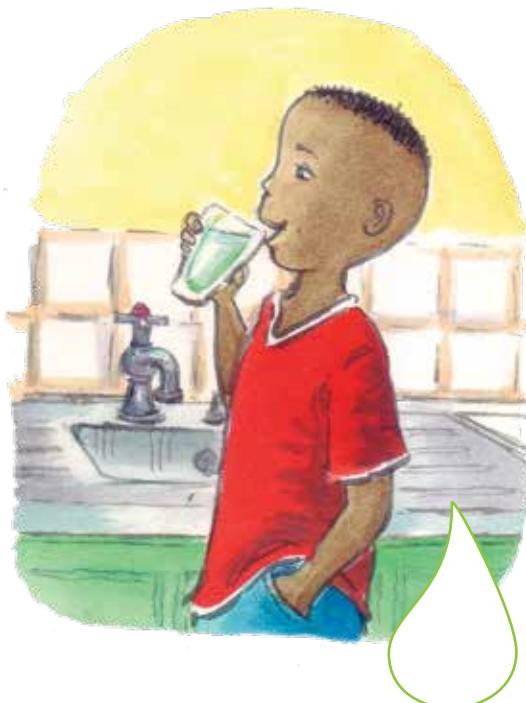
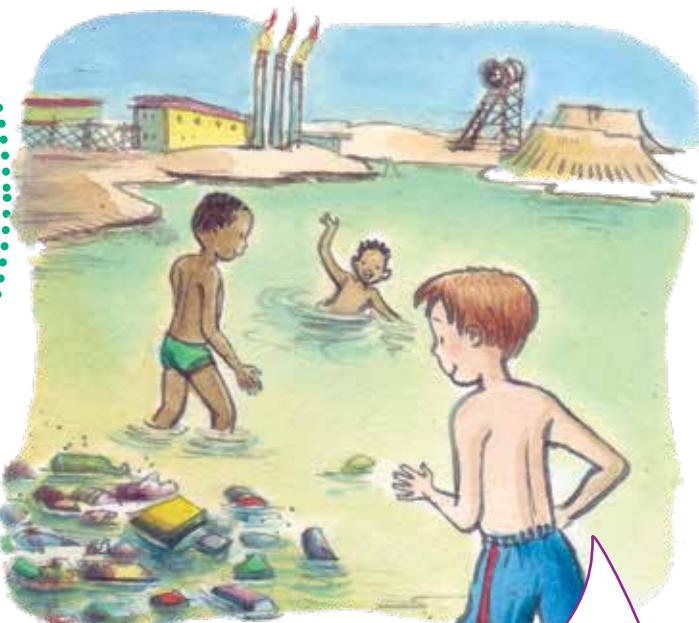


Amanzi aphephileko wokusela nangakaphephi

It hemu-4 - Timveke-6



Qala iinthombe lezi. Beka ithiki (✓) esithombeni esitjengisa ukuphepha.
Beka itshwayo isiphambano (✗) esithombeni esitjengisa ukungapheli.





Ilanga:



Asitlole

Tlola igama "**kuphephile**" nofana "**akukaphephi**" uqedeletele umutjho ngamunye.
Ipendulo yokuthoma inikelwe.

Ukusela amanzi asilaphazekileko **akukaphephi**.

Ukududa emanzini aneensila _____.

Ukusela amanzi agcinwa ngemabhodlelwani _____.

Ukusela amanzi avela emlanjeni osilaphazekileko ku _____.

Ukusela amanzi ahlwengileko abuya epompeni _____.



Asidlateni



Dlala nabanye ababili.

- Wahlani izandla zenu kanye kanye lokha ithosi lamanzi lehla:
 - kabuthaka epompeni yamanzi.
 - masinya epompeni yamanzi.
 - masinya khulu epompeni yamanzi
 - noke hlalani ngesikhathi esifanako.
- Dlalani omunye umdlalo wokuwahla izandla eniwaziko.



Asikhambahambeni

- Yeqa njengesirhwarhwa nasiphuma ngemanzini angcolileko.
- Yeqa njengesirhwarhwa naseqela emanzini ahlwengileko.
- Rholobha njengepera eyomileko ejijimela ukuyokusela amanzi.
- Gijima ngendalela ongakghona ngayo ubalekеле izulu elina ngamandla khulu.
- Yeqa ukusuka kelinye ilitje uye kelinye lokha naweqa umlambo. Siza nabanye abangakghoniko ukukhamba.
- Jikajika njengamanzi aphuma ngebhadeni (uwedwa begodu unomngani).
- Utitjhere uzokutjho ngetshwayo nakufanele wenze omunye umsikinyeko. Lalelisisa bewutjhejisise amatshwayo wakhe.





60

Timveke - 6

Ithemu - 4

Ukubeka amanzi ahlwengileko



Asifunde

Amanzi asilaphazekileko ayasigulisa.

Sifanele sisele amanzi ahlwengileko.

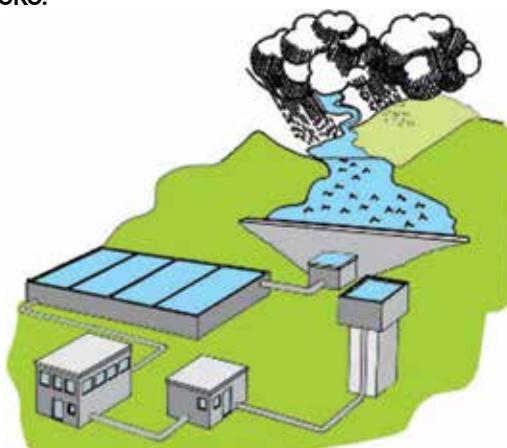
Sifanele sidlale besidue emanzini ahlwengileko.



Qala iinthombe. Coca nomngani wakho kobana amanzi aphephileko abuya kuphi. Cocela itlasi kobana wena ucabanga ini. Nasihlwengisa amanzi siwenza bonyana ahlwengeke ukuze sikwazi ukusela amanzi aphephileko.



Singawesela amanzi wezulu abekelelweko nangabe phezulu emasenkeni kuhlwendekile nalokha amatanka neenfaji esibekelile ngazo zihlwengekile.



Umasipala uyawahlanza amanzi bekawabekendaweni ephephileko ukuze siwasele.



Amanzi singawabilisa ukuze ahlanzeke



Singawasefa amanzi ukuze ahlwengeke.



Ilanga:



Asenzeni lokhu

Bawa utijhere wakho akutjengise kobana amanzi ah lengiswa bunjani.

Uzokutlhoga lokhu:

Ibhodlela leplastiki le-2 l

Isanda ehlwengileko

Amatjana ahlwengileko

Umukhwa obukhali

Iwulu ehlwengileko

Irhalasi lamanzi



Asikhambakhbeni

- Sebenzisa umgodlana onamatjana newulawubhu. Beka iwulawubhu phasi. Abafundi abajame umjeje ongaba mamitha ama-5 ukusuka ewulawubbini. Begodu ungasebenzisa iwulawubhu yenetbholo.
- Omunye nomunye umfundi uzokufunyana ithuba lokuphosela umgodlana wamatjana ngewulawubbini

Utijhere:
Tlikila:
Ilanga:



Ukutjhuguluka ukusuka emini kuye ebusuku



Asifunde

Ubusuku nemini zizinto ezimbili ezingafaniko.

Ubusuku buhlukile kunemini, sizwa amatjhada angafaniko begodu senza nezinto ezingafaniko.

Emini sibona ilanga elikhanyako. Ilanga lenza kobana kutjhise begodu liyasikhanyisela. Inengi labantu lisebenza emini. Thina bantwana siya esikolweni emini.



Asitlole

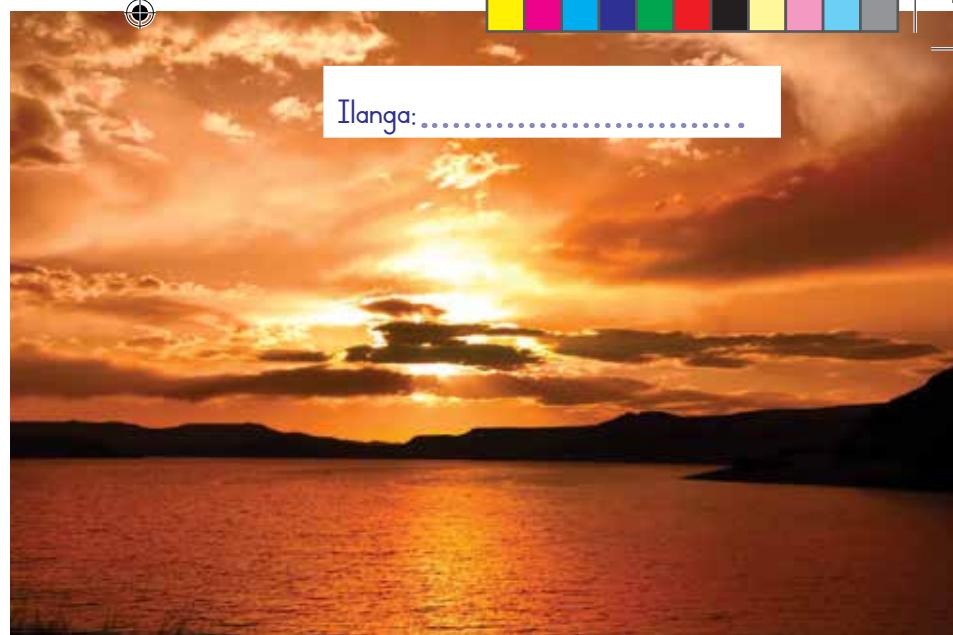
Qala iinthombe bese ucocisana nomngani wakho ngazo. Kungabe lezi ziinthombe zemini nebusuku? Zihlukana bunjani? Tlola "Emini" nanyana "Ebusuku" eduze kesinye nesinye isithombe.





Asifunde

Ntambama ilanga liyatjhinga.
Kuba nzima begodu sikwazi
ukubona inyanga/inyezi
neenkwekwezi. Ebusuku kufanele
sikhanyise ukuze sibone kobana
senza ini.



Ilanga:



Ebusuku kumakhaza
kancani kunemini. Inengi
lethu liyalala ebusuku
kodwana abanye abantu
bayasebenza. Kunezinye
iinlwana eziphumako
ebusuku ngomnyama
ziyokuzuma.



Asikhambahambeni

- Sebenzisa amapala nanyana amakhowuni nebhola ekulu erarhwako.
- Beka amapala nanyana amakhowuni.
- Sebenzisa ibholo ekulu efana nebhola erarhwako.
- Rarhela ibholo hlangana namapala nanyana hlangana namakhowuni abekiweko.
- Kokuthoma rarha ngenyawo lakho langesidleni bese urarha ngenyawo langesinceleni.
- Nifake amagondelo amangaki?



Utitjhere:
Tlikitla:
Ilanga:



It hemu-4 - Timveke-7

Ubusuku bubonakala njengani?



Asifunde

Emini, singabona umkayi ohlaza kwesibhakabhaka namafu. Khulukhulu sibona ilanga.



Ebusuku sibona inyanga neenkwekwezi ezinengi. Kunamaplanethi abonakala njengeenkwekwezi. Kesinye isikhathi inyezi ibakhona nemini.



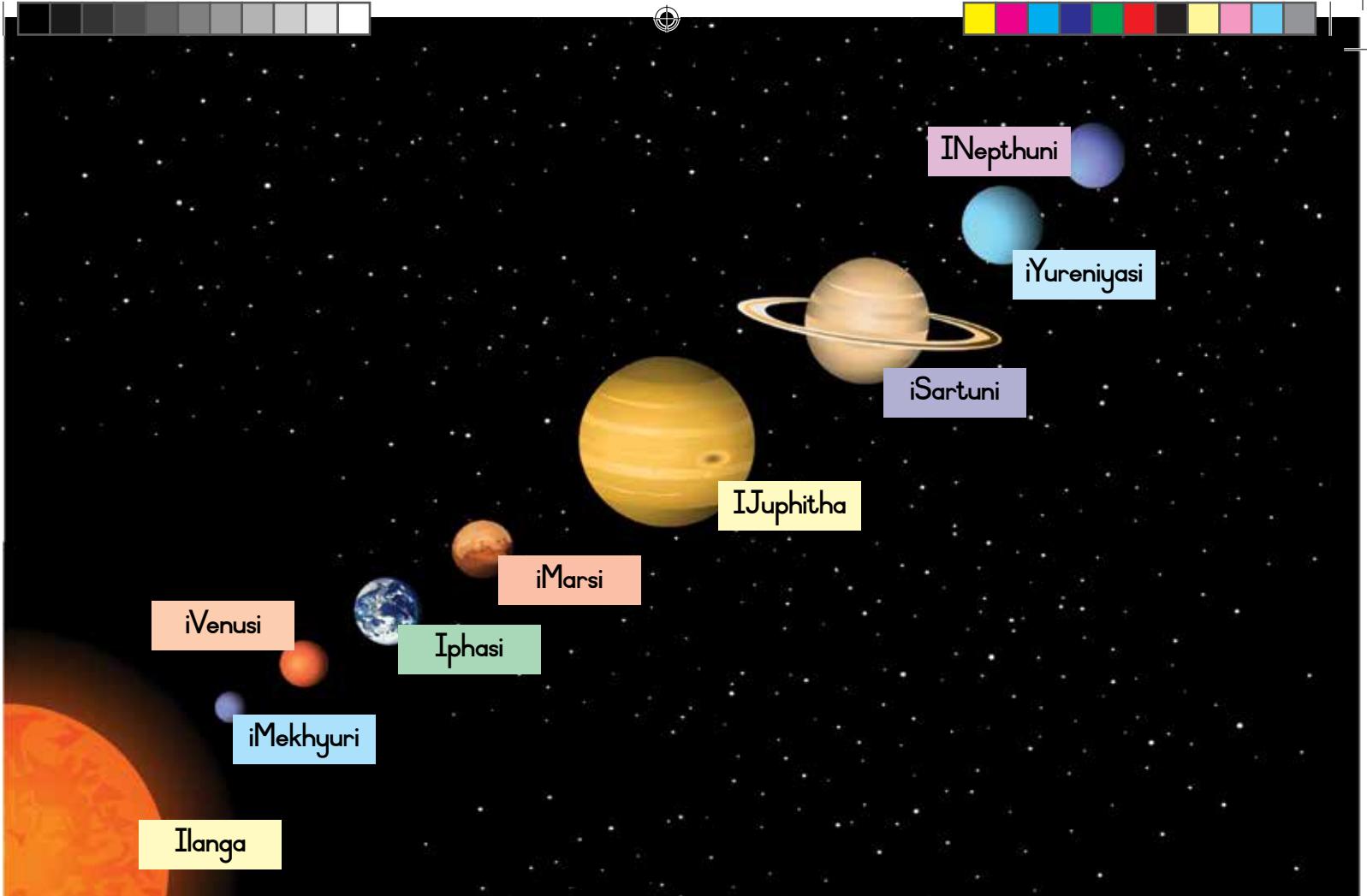
Angekhe sikwazi ukuyibona ngombana ilanga likhanya khulu. Linga ukubona inyezi emini.



Asenzeni lokhu

Inyanga ayihlali ifana njalo ngamalanga ebusuku. Bukela inyezi ngamalanga amahlanu alandelanako. Ngemabhoksini angenzasi la, gwala ubujamo benyanga obuhlukeneko.

Ubusuku bokuthoma	Ubusuku besithathu	Ubusuku besihlanu
-------------------	--------------------	-------------------

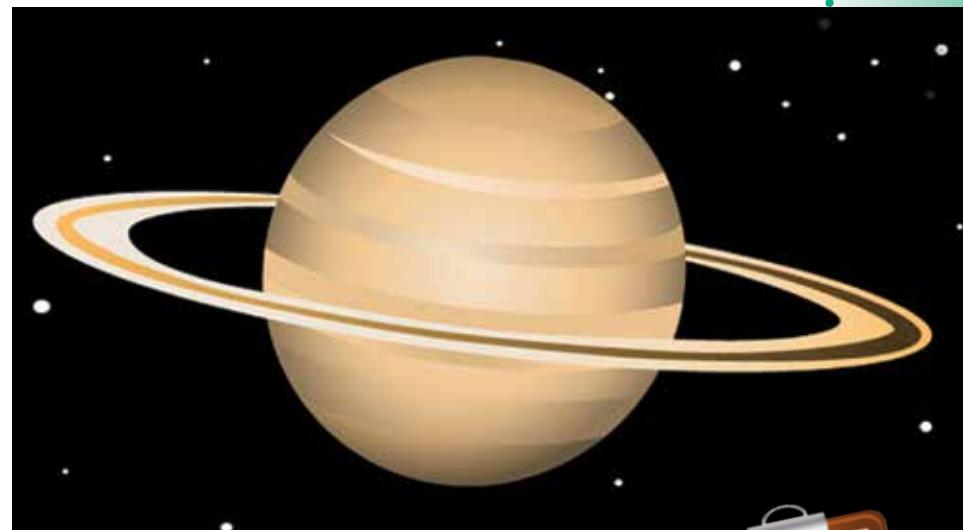


Leli lilanga namaplanedi erhelweni elimayelana nelanga-Zibomakhelwane bethu bemkayini. (Ilanga namanye amaplanethi azikagwalwa ukuya ngesikeyili.)



Lesi sithombe se-Saturn. Yahlukile kunamanye amaplanethi ngombana inendulunga eziyizombelezako.
Uyalibona ithosi elimhlophe esithombeni? Ucabanga bonyana khuyini?

Qala isithombe esikhulu ngehla. I-Saturn ingabe yikulu nanyana yincani kunephasi? Ngiyiphi iplanethi ekulu kune-Saturn?



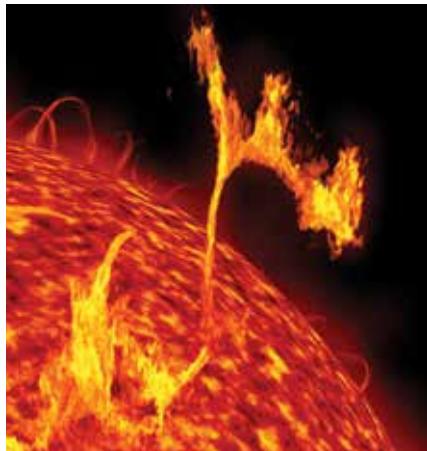
Ilanga nenyanga

It hēmu-4 - Timveke-8



Asikhulume

Qalani iinthombe ezilandelako.



Cocisana nomngani wakho. Zisitjela ini iinthombe lezi? Ungaveza nanyana ngiyiphi ipendulo efikako engqondweni yakho.

Amanowuthi wakatitjhore
Utijhere wenu uzokulalela imibono
yenu yoke abuye anitjele kobana
iinthombe zimayelana nani.



Asifunde

Ilanga liyikwekwezi. Lifana nebholo ekulu yomlilo ethumela umkhanyo mahlangothi woke. Ilanga likhulu ngokubuyeletwe ngeenkulungwana ukudlula iphasi. Inyezi yibholo ekulu emamatje nethuli engathumeli ukutjhisa. Inyezi ayinakho ukukhanya okungekwayo. Ifana nesiboniboni esibuyisela ukukhanya kwelanga kithi. Inyanga yincani kunephasi.



Asikhulume

Cocisana nomngani wakho ngokuthi inyanga itjhugutjhuguluka bunjani ebusukwini bamalanga amahlanu. Begodu ubuyelele uqale iinthombe. kungabe inyanga yakho beyibonakala njengalokhu okulandelako?



Inyanga ezeleko



Inyanga elicephe



Inyanga eyihlendla



Asifunde

linkwekwezi

Ilanga:

64



Ithemu-4 - I'mveke-8

Ilanga yikwekwezi eseduze nathi. Ezinye iinkwekwezi zikude khulu nathi. Nange kungenzeka ukhambele kizo iinkwekwezi lezi, kungakuthatha iminyaka eminengi khulu ukufika kizo.



Asikhulume

Benye, benye kwekwezana,
Ngiyamangala kobana uyini.
Phezulu ngaphezu kwephasi,
Njengedayimani emkayini.
Benye, benye kwekwezana,
Ngiyamangala kobana uyini!



Asifunde

Ingoma le yatlolwa eminyakeni eminengi eyadlulako. Ngesikhathi leso abantu bebanganalo ilwazi elaneleko ngeenkwekwezi. Namhlanje sinelwazi elinengi.



Abosolwazi ngeenkwekwezi baya emkayini ngamarokhethi akhethekileko ukuyokufunisa ngelwazi leenkwekwezi. Bathi nabavakatjhele emkayini, bampathe amasudu akhethekileko wemkayini. Kungebunga lalabo abanesibindi nabahlakaniphileko abazibeka emkayini, sesifunde okunengi ngeenkwekwezi.



Asikhulume



Kungabe yinto ehle na kobana sesifunde okuthileko ngeenkwekwezi? Coca ngalokhu nabangani bakho.



63



Ukhethekile.



Woke umzimba wakho ukhethekile.

Umzimba wakho ungewakho wedwa!



Ungavumeli
noyedwa umuntu
akuthinte ezithweni
ezisemsithelweni

**Kufanele ubike nangabe kukhona umuntu okuthinta
ezithweni zakho ezifhlakeleko.**

**Kufanele ubike nangabe kukhona umuntu
okwenzisa izinto ongafuniko ukuzenza.**

Inomboro ongazidosela ukufunyana isizo:

**Ukubika izehlakalo ezithinta
abantwana: 0800 05 55 55**

**Inomboro yamapholisa yokuqedo
ubulelesi: 086 00 10111**

Inomboro yamapholisa erhabekileko: 10111

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